

LOCAL NEWS

Graffiti gang

FOUR youths aged between 18 and 20 have been arrested by Local Police after they allegedly daubed an enormous anti-Nazi slogan across the breakwater in Javea port. Visible from various parts of the municipality due to its size, the two-word message demonstrated that the perpetrators have a fine understanding of English profanities.

That sucks

ALICANTE Province can expect a mosquito population explosion later this year following recent torrential rainfall. Water that has accumulated in no longer drought-ridden wetlands and agricultural land will provide a perfect breeding ground and hasten the insects' biological cycle, according to local biologists.

Optical express

FINESTRAT is continuing with its plans to install fibre optics for its many residents. The town already has 45 kilometres of the high speed telephone and internet service and town centre installations are due to begin in March. In June urbanisations such as Balcon de Finestrat and Sierra Cortina benefited from the new network.

Hundreds enter EWN Win a Car competition

HUNDREDS of entries have been flooding in for *EWN's* fabulous 'Win a Car' competition.

To enter is as easy as slipping behind the steering wheel of a new car!

The prize is a Dacia Sandero Ambiance, a fivedoor offering from the French-owned brand that has become a global success story.

The car is $\in 10,456$ in the showroom and hundreds of you have been filling in our *EWN* 2017 Win-a-Car survey.

You not only win the car, but Abbeygate will insure it for 12 months and to top your day off there's a celebratory lunch or dinner for two people courtesy of La Sala Banus.

Our survey is in every one of the six editions, and will

not take you long - we estimate around eight minutes!

You can enter through the paper using good old snail mail, or you can hand-deliver your entry as many of you are, or there's the online version which is attracting most of our entrants because it's simple, quick and easy.

For the price of a stamp and a few minutes of your time, or go online and you could be helping us further improve Spain's leading English-language newspaper.

So why not give it a go? You have until March 23 and could be in with a chance of winning a wonderful prize.

> WIN A CAR: Why not give it a go?





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Guilty verdict cast in cement

ORXETA'S former mayor was found guilty of allowing a cement factory to function in a protected area for 10 years.

Vicente Llinares received a suspended three-month prison term and was barred from holding public office for 42 months. The factory owner also received a threemonth sentence and a €1,080 fine.

He bought the land belonging to the then mayor for the equivalent of €60,000. Although the owner did not have a licence he had expected to receive this in the near future, the judge said.

Instead, Llinares turned down the application and initiated an enquiry but took no further steps, allowing the plant to function despite unsuccessful attempts at legalising it.

Llinares also ignored repeated complaints from a neighbour who finally brought the case against the ex-mayor.

The courts ordered the cement works to close in 2007 and it was finally demolished in 2009

Gone with the wind

THE Valencian community is facing yet another clear-up operation due to bad weather, after strong winds lashed the region, bringing rain and hail.

Trees were uprooted and walls and roofs tumbled, while many public parks and gardens were temporarily closed.

In Benitachell, a 50-year-old man was wounded after a wooden advertising board crashed into his stomach after flying through the air, injuring several others.

Further down the coast, homes and businesses in Alicante City centre were left without internet after a particularly strong blast of air pulled up exposed cables in an area where two buildings are being demolished.

Pirates piped down

OFFICERS from the Guardia Civil have arrested five Bulgarians, four men and a woman, who were involved in the theft of exhaust pipes and catalytic converters from cars in France and Spain.

The group would park next to their target car before removing the exhaust and transporting it to a warehouse in the Valencian town of Quartell. Once there, they crushed the ceramic discs in the catalytic converters to extract valu-

Spanish or English.

lish

ALTEA Town Hall has introduced a WhatsApp warning service. Subscribers with WhatsApp on their smartphones can

receive urgent town hall alerts with emergency messages in

list and then send a WhatsApp message with the word ALTA

for Spanish alerts or JOIN for those preferring them in Eng-

Cancelling the service is equally easy, requiring only an-

All they need to do is add 673 170 140 to their Contacts

SPANISH FACTS OF LIFE...3

Views differ greatly over whether the Spanish are more loving than the Brits. But rest assured on Valentine's Day next Tuesday millions of locals and expats will be revealing their love to special ones.

Viva el amor!

ALTHOUGH not a traditional fiesta, St Valentine's Day is known as San Valentin in Spain, and is celebrated the same way as in the UK. Many Spaniards are convinced that it was only created to boost consumerism, though, and have dubbed Valentine's Day as the Dia de El Corte Ingles (El Corte Ingles Day) in a sarcastic reference to the famous department store.

Certain Spanish regions also celebrate their love on different days of the year. In Valencia, for example, October 9 is the most romantic day, when the Day of the Valencian Community coincides with the Day of Saint Dionysius, the patron saint of lovers. It is customary for

Latin lovers

LATIN countries dominate the ranking of the most romantic nationalities in the world, with Spain coming in fourth behind the sensual samba of Brazil, the ooh la la of France, and the legendary passion of Europe's most convincing Casanovas, Italy.

The UK does not make the current top 10, which also features Argentina, the Lebanon, United States, Sweden, Ireland and India.

A recent history

THE Anglo-Saxon tradition of giving flowers, sweets or other gifts to a loved one was introduced to Spain in 1948 by Jose 'Pepin' Fernandez Rodriguez,

able platinum, rhodium and palladium.

Hazardous highway

GATA Town Hall is taking steps to solve its N-332 problem.

There is no bypass and the road, one of the busiest and most dangerous in Spain, slices the town in half. There have been serious accidents, and in the most recent an 86-year-old woman was killed by a heavy lorry. The local council voted unanimously to ask the Ministry of Pub-

EXCLUDE.



Diada de Sant Jordi, Barcelona.

wrapped in a silk scarf.

men to gift their loved one a Mocadora, consisting of

marzipan sweets handcrafted by local confectioners and

In Catalonia, couples celebrate their love on April 23,

St George's Day, known locally as La Diada de Sant Jor-

di. Men present their sweetheart with a red rose while re-

ceiving a book in return, and a myriad of stalls selling

the symbolic items spring up across the region.

GIFT GIVING: Was introduced to Spain in 1948.

founder of department store chain Ga-

His idea was promoted in a provocative article by journalist Cesar Gonzalez-Ruano, and Galerias Preciados followed this up with a Valentine's Day-themed advert in the newspaper ABC

lic Works in Madrid to 'take appropriate measures' to find a solution.

Burst of burglaries

THIEVES have returned to the area known as Pino Holandeses in San Vicente del Raspeig, with two bars raided. In addition to causing material damage, the looters snaffled money from the slot machines and tills. The latest incidents follow an attempted break-in at the petrol station on the Castalla road two weeks

ago which was caught on security camera, the footage showing the would-be robbers wearing ski masks.

This was accompanied by text prais-

ing "a pleasure of the spirit, a way to

distinguish who we appreciate and, ul-

The campaign continued in the

weeks leading up to February 14, call-

ing on the wealthy to enjoy 'the social

elegance of a gift,' the rest is history.

timately, a feeling of culture."

A load of bull

BOU EMBOLAT bull-running, increasingly dropped from fiestas' programmes, still has its fans.

Agost Council, following the lead of coastal towns like Javea, Pedreguer and Benitachell, has banned the variant whereby burning torches are fixed to the animal's horns.

The town's Asociacion Taurina criticised the move and claimed that the veto



What's up via WhatsApp would directly affect local businesses. other message to the same number with the word BAJA or

This is a one-way service, explained the town hall's Communications and New Technologies councillor Pere Barber, and subscribers' messages to the town hall number are not answered.

"The WhatsApp service will only be used for important alerts, like the recent water restrictions or storm warnings," the councillor said.

Postscript to ponder



The number of active fishing vessels in Spain, forming the third largest fleet in the EU. Around 50 per cent of these are based in Galicia, with 19 per cent in Andalucia.

lerias Preciados.

≫ From Front page

Virtually abducted

POLICE managed to stop a father from Zaragoza paying \in 10,000 to a criminal gang in Chile who falsely told him his son had been kidnapped. They said virtual kidnappings will start with a phone call to the anxious relative who may even hear a third party pretending to be the victim and to have been hurt by the gang.

The kidnappers usually demand immediate payment and victims are often chosen at random with the gang acting aggressively to provoke an emotional reaction. Spain's National Police say telltale signs can be a hidden or concealed telephone number or one beginning with +56, the STD for Chile from where many of these calls have originated.

Murder accused

A NIGHTCLUB janitor accused of shooting dead a man in the Portuguese city of Coimbra has been found hiding in a shelter for the homeless in Galicia.

Spanish police with their Portuguese counterparts swooped on the hostel in Vigo and arrested the man using a European Arrest Warrant.



ITUREN is a town and tiny municipality in northern Spain in the Pyrenees. It's made up of four small hamlets, one of them, also called Ituren, had just 518 inhabitants in 2012.

That's not a lot by any stretch of the imagination. But once a year it leaps to the top of any index measuring the oddest of local customs. Remember Morris dancers? Men with bells, ribbons and pigs' bladders? Well, this lot knock them into a cocked hat. On the first Monday and Tuesday of February its men and boys take part in a procession through the locality dressed in sheepskins and conical hats with ribbons, while carrying whips. But that's not all. Giant cowbells are strapped to their backs.

And as they progress they are confronted by other villagers dressed as witches and demons who must scatter as they walk through. The ceremony, not surprisingly, has a lot to do with good and evil, light and darkness and so on. You may think it's just quaint or done only for the tourists. But some researchers evidently think it could be one of the oldest carnival events in the whole of Europe. It's certainly one of the strangest....

Train crash

RELATIVES of 81 people killed in a high-speed train crash in Spain have received the backing of a highlevel group of MEPs. The Spanish inquiry into the 2013 crash in Santiago de Compostela was not independent, they said. Around 150 people were also injured in the accident. The MEPs said a fresh inquiry should be ordered.

Heroin gang

TWENTY-NINE people have been arrested in the Spanish cities of Madrd, Pontevedra and Ourense as police cracked down on a gang responsible for heroin trafficking in Galicia. Officers found a laboratory where a high-grade drug was mixed before being sold on the streets.

The heroin had come largely from the Balkans, Turkey and the Netherlands, police said. Among those arrested was a Spaniard who will be transferred to prison to serve a 14 year sentence and a Madrid surgeon who hid the drugs when it arrived in Spain.

Bowing out

A BULLFIGHTER'S final departure if it comes in the ring can make national headlines. But the latest sad statistic is the death of a timber salesman from the Wirral in England's north-west who fell in love with the sport and became known as El Niño. Peter Jones fought several times in the summer of 2001 after attending a festival in Salamanca. He finished his short-lived career without serious injury and remained deeply committed to the sport. His death at age 49 was revealed by colleagues at his local golf club.

Horrific

cat deaths

SHOCKED residents are demanding police take action to find a cat killer who has been hanging the animals from trees on a Benidorm urbanisation.

After a spate of poisonings, those responsible have now used wire or fishing line on at least two occasions to hang the cats.

In the most recent attack at the Rincon de Loix urbanisation, the animal was left hanging from an olive tree in full view of children passing the horrific scene.

Police were called but the animal was not taken down for at least 36 hours, according to one animal charity.

The death of the cat is the second in a month from hanging. In the first incident it is claimed the animal had been tortured before being killed.

Residents claim the hangings follow the deaths over the last two years of numerous cats which were found poisoned to death.

One woman said while two of her pets had been poisoned, one cat had been shot in the leg. The animal was operated on by vets who managed to save its leg but the cat's mobility has been left seriously impaired by the injury.

Who is behind the cat killings is not known, but another resident told an animal charity worker that she had previously been verbally abused by a neighbour for feeding cats in the area.

Residents are now demanding police and the Civil Guard's nature protection service, Seprona, find whoever is responsible.

Doctors held in false limb scam

DOCTORS are among 22 people arrested in Cadiz accused of defrauding more than €250,000 from the Andalucian Health Service. They face charges of embezzlement, fraud and falsifying documents. Police said false claims for prosthetic limbs and other items were made and the equipment often sold on at inflated prices. Many people went without their limbs because of the scam, according to police, who say it operated from 2012 to 2014. Those arrested include a number of medical staff from the Puerto Real and Puerta del Mar de Cadiz Hospitals.



Murderer caught in El Campello

By Caroline Tyszka

GUARDIA CIVIL officers have arrested a Moldovan national in El Campello who was wanted for murder in his own country.

The 39-year-old man, who had been living in Torrevieja since 2015, was intercepted by the police whilst travelling on a bus

NEWS EXTRA

New centre

A NEW day centre in La Xara, Denia will open in June 2017 with a capacity for 20 users, this increases the regions places by 60 per cent.

Profitable Benidorm

HOTELS in Benidorm are among the most profitable in Spain, exceeding 6 per cent on average with €55.65 per room being sold in 2016 compared to the national average of €51.90.

Taste bud teasers

GUADALEST will host its gastronomic week from February 28 until March 8. The inauguration ceremony will be at the El Castell de Guadalest parking area. Full details are available at www.guadalest.es.

from Alicante to Paris.

Officers stopped the bus, which was heading north towards Valencia, at a checkpoint on the AP-7 El Campello exit.

They proceeded to check on all passengers and came across the man who was using false documents, which raised their suspicions.

During a detailed search of his belongings the officers discovered the man's true identity along with €3,500 in cash.

The man was wanted on two international arrest warrants issued by Interpol, one for shooting a fellow national and then beating him to death, the other for embezzlement.



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SAFE STYLE SPAIN

NEWS EXTRA Big chance

A LOCAL rock group will be included in MONT-GOROCK next May. Three finalists chosen online will perform at a concert next April organised by Javea's Youth department.

Road repair

ALTEA must meet the entire cost of repairing the seafront road damaged by last month's storms. The Alicante Provincial Council ceded its upkeep last year, despite the council's objections.

Green golf

OLIVA NOVA's golf course, designed by Severiano Ballesteros, was awarded the Golf Environment Organisation's sustainability certificate. This is the second Valencian Community golf course to obtain this recognition. A COSTA BLANCA vicar and a leading churchman had the chance to voice concerns about the British government's plans for Brexit at a top level meeting in Brussels.

Father Richard Seabrook, Chaplain for the Costa Blanca South and Andrew Johnson, Warden for Costa Blanca North, were representing the Church of England here in Spain.

They were among 17 volunteer delegates joined by Bishop Robert at a meeting facilitated by the Anglican church's Diocese in Europe and the UK Ambassador to Belgium, Alison Rose, using a videoconference link to the embassy in Brussels for Lord George Bridges, a Minister in the UK government's Brexit Department, who was able to hear and respond to concerns.

Major concerns centred on future health provision abroad and in the UK, pensions affected by the lower rate of exchange for sterling, clergy recruitment and the problems of families with dual nationality.



VOICING CONCERNS: About the British government's Brexit plans.

The Venerable Richard Seabrook from Torrevieja spoke of a deep fear about the future among older church members in Spain and France. He said this was already affecting peoples' emotional and mental health.

Brexit blueprint

debate in Brussels

"Up until now people have received excellent medical treatment under the Spanish healthcare system" he said. "But are having to make personal choices now, based on other decisions which have yet to be made. They already face uncertainty because the value of pensions are reduced by 20 per cent because of the fall in the pound's value since Brexit , their homes are worth less because of the state of the property market and they're worried if they sell and return to Britain they may not be able to afford a home there."

Lord Bridges and the Ambassador assured of the Prime Minister's wish to settle the issue of reciprocal rights for UK nationals quickly after Article 50 is triggered.

OUR VIEW Sapphire anniversary

MANY people look to retire at the age of 65 but Her Majesty Queen Elizabeth II at the age of 90 has served an incredible 65 years as monarch which is now a record from any British ruler although amazingly she is only the 43rd longest reigning monarch of all time.

King Sobhuza of Swaziland who was born in the 19th century and lived until 1982 served an amazing 82 years and 254 days but looking at 20th century European dynasties, Her Majesty actually faces no competition.

Quite understandably, she is cutting back on her public duties and it must be remembered that Prince Philip is now closing in on his 96th birthday, so it is clearly important that the royal couple take care of each other's health as they draw nearer to their platinum (70th) wedding anniversary in November of this year.

There is no question the couple have enjoyed a life of privilege but equally, they (or more correctly the Queen) have been incredible ambassadors for Britain and have been in the public eye for so very long.

We at *Euro Weekly News* salute and congratulate Her Majesty on this incredible achievement.

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For and against Pativel

By Linda Hall

ALICANTE Province resorts are rebelling against new legislation protecting the region's unbuilt coastal land.

The Generalitat's Territorial Action Plan for Green Coastal Infrastructure (Pativel) covers 6,500 hectares of undeveloped coastline in the Valencian Region.

Thirty-seven per cent of this land is located in Alicante Province and some tourist municipalities are lodging formal complaints against Pativel conditions. These, they claim, will diminish their tourism income by curtailing further development.

With very limited exceptions, no new constructions will be allowed on a 500-metre strip measured from the shore.

Campsites that blend with their surroundings, golf courses without housing and boutique hotels that occupy little land would be considered on the next 500-metre strip. Benitachell, Teulada-Moraira and Calpe have formally appealed against the consequences of Pavitel to their development plans. So, too, has Benidorm where the project to develop Armanello, its only remaining prime site, is affected. Campello is no happier about the Pavitel limitations at the Rio Seco rivermouth. Lanuza and Reixes.

Others municipalities are less hostile although Javea mayor Jose Chulvi, who welcomed the protection that Pavitel provides, announced that the council would also protect the town's interests. Alfaz has few complaints and Altea welcomed the new regulations.

Maria Jose Salvador, head of the Generalitat's Territorial department, has stated that 6,700 hectares of Valencian Community land inside the one-kilometre strip are zoned for development.

"That is enough to satisfy the demand for homes and economic activity for many years," she declared. No new constructions will be allowed on a 500-metre strip.



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Buxton English teacher running length of Europe

By Joanna Quaintmere

IN August 2016 Aleks Kashefi, a science teacher from Buxton in Derbyshire, started what was to be an epic 6.200km solo adventure to run the entire length of Europe, a distance of almost

150 ultra-marathons. His incredible journey be-

gan at the most northern point of mainland Europe, Nordkapp in Norway, deep within the Arctic Circle and will finish at the southernmost tip of Europe, the Punta de Tarifa in

Hearing Aids



Spain on February 18.

Now three-quarters of the way along and running up to 50km a day, Aleks' self-supported journey has taken him through freezing cold conditions, rough terrain, pouring rain (but of course some days of sun!) with him sleeping outside almost the entire way; literally running into new and often tough challenges at every step, each of which he has faced with charm, good grace and humour, but more importantly amazing courage.

Aleks has been lucky to have had the support and generosity of several strangers along his route so far, be it with an offer of a place to rest, food, company on a run or simply a cup of coffee, and all who without hesitation have showed kindness and compassion to someone they have never met - something he is deeply grateful for.

Aleks has maintained a blog throughout his trip complete with wonderful photography to share his experience in thoughtful, witty and insightful posts, beautifully told snippets of his



ALEKS KASHEFI: Keen to share his story to provide inspiration to other people.

various challenges, including his tent breaking on the first day of his adventure to falling

and certainly not one who needs or likes the fanfare, he is keen to share his story in the hope that he will provide inspiration to people, especially his former students; to encourage them and others to be brave, to step out of their comfort zones

and take on more challenges. In his own words "where these actions lead isn't important, but the inspiration it may provide others to get outside, to have less and do more, that ordinary people can achieve extraordi-

He is also hoping to raise awareness and donations for three incredible charities: The Stroke Association, The Thomas Theyer Foundation, and Mountain Rescue England and Wales. Currently running through Spain, Aleks expects to pass through Granada, Velez-Malaga and Malaga during the last legs of his journey before finally arriving in Tarifa.

Please support him in his incredible and amazing adventure by donating on his Virgin Money Giving page at: tinyurl.com/DonateRunEurope



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in a river and injuring his leg. Though a very humble man,

nary things."

EWN Exclusive British Ambassador Simon Manley speaks to EWN

By John Smith

THE British Ambassador to Spain, Simon Manley holds an incredibly important position now that Britain intends to leave the European Union as he represents the UK in one of its most important European trading partners and whilst in Malaga on Friday February 3 granted *Euro Weekly News* an exclusive interview.

Mr Manley spent the day travelling between Madrid, Malaga and Marbella firstly to visit the English Cemetery and then to discuss Brexit at a special event organised by the British Chamber of Commerce in Spain.

He is often mentioned in the media but generally articles concentrate on what he is saying today and in this interview, he agreed to give more of an insight to the man himself and his history prior to his appointment as well as his current role.

He entered service with the Foreign and Commonwealth Office in King Charles Street, London in 1990 and has worked his way through the service with two postings to the Embassy in Brussels, one to the British Consulate in New York, two periods of secondment to the European Union and most recently a return to London where he was Director of European Affairs and Head of Counter Terrorism in the FCO.

Whilst one might assume that the role of counter terrorism would sit with the Police and Security Services, the Foreign Office also has to have a very close involvement in such matters especially when British citizens suffered as happened in both Bali and Mumbai.

In the days when the government would simply pick a new Ambassador to post overseas,



many were the times when the 'old boy network' came into play, but for several years the majority of such posts have been advertised as new jobs and candidates appointed on merit.

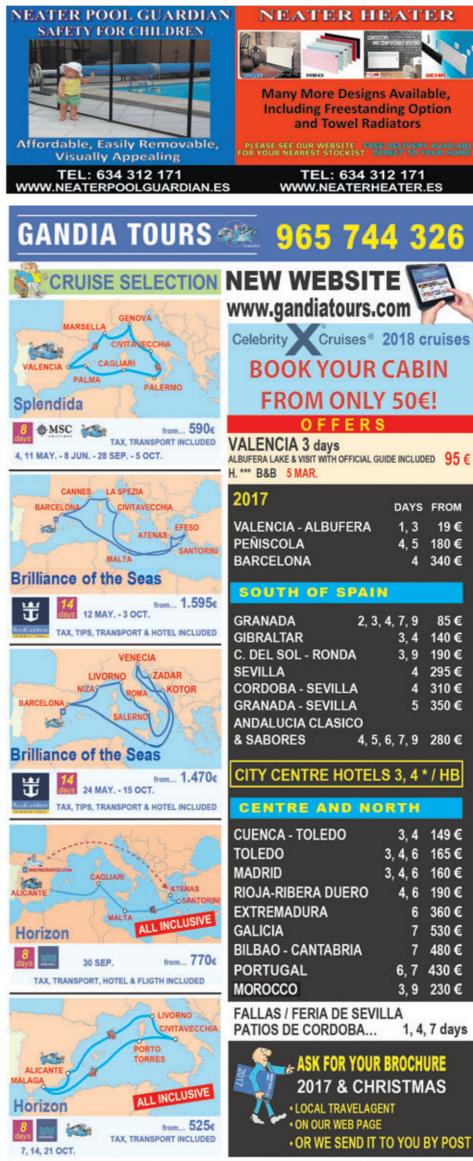
This was the case with Simon Manley who had to spend four months in a language laboratory to ensure that his Spanish was completely up to date.

Spain is one of the most important positions in the diplomatic service worldwide, with more consulates than any other country because of the size of the expatriate population and the enormous amount of trade which occurs between our two countries.

His role is just not just a commercial one nor indeed as an observer of expatriate and tourist needs, as a lot of this is dealt with at ground level with the consulates, but because of his background he has close relationships with the Spanish government over matters of security and there is also considerable co-operation in matters of criminality.

Putting words into his mouth, a general conversation confirmed that it is a little frustrating for him to be unable to give any guaranteed information concerning Brexit and how it will affect Britons in Spain as until negotiations are completed no one knows what the results will be, although it is government policy to try to have the case of expatriates agreed at the earliest opportunity.

Part of his role is to try to explain to the government and civil servants in the UK, the hopes, expectations and fears of those British passport holders living in Spain and the need for their wishes to be incorporated into any Brexit negotiations.



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No employees of EWN Media Group can enter. The winner will be announced on April 20, 2017.	Tablet		www.euroweeklynews.com website?	ADSL
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EWN offices in Benalmadena. Any expenses incurred by the winner in collecting the car will	What time do you n browse the internet	-	on social media – Select those	Never
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WELCOME to the 2017 Euro Weekly News Reader Survey. We are continuously examining ways to further improve Spain's leading English-language newspaper and we want you, the reader, to take part.

Fill in this simple survey which will help us make decisions about the content and structure of the EWN in the future.

It does not matter whether you are a regular or casual reader, nor do you have to agree with our firm belief that we are the best. All of your opinions will help us to improve what we offer both readers and advertisers in the future across all six editions of the newspaper widely distributed each week from Valencia to Costa del Sol, as well as Mallorca and inland.

What's more, if you fully complete the survey in today's issue, which will be republished until March 23, 2017, or answer it online and send it back to us no later than March 30, 2017, then you stand the chance of winning this brand new car in our prize draw. So what are you waiting for?

Grab your pen or log on to our website and say what you like, want to read about, and how you would like the Euro Weekly News to improve.



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Consolidating tourism markets

CALPE is hoping to build better links with its popular Belgian tourist market.

The Department of Tourism councillor Jan Van Parijs has detailed objectives which will promote events specifically for the Belgium market. Forming links with tour operators, attending tourism fairs and working closely with industry professionals the town aims to entice more visitors by showcasing the resort as a good destination for cycling and weekend tourism.



WASTE WATER: Benitachell mayor Josep Femenia (second left) inspects the plant.





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to the playground and will

allow members of the

public to practice football

Mayor Toni Pérez said:

"This new facility is to

meet a local demand for

L'Aigüera by providing

more leisure areas for our young people. It also im-

proves the status and im-

age of this area of the

park, we have completed this recreational space

which will be open to all

The investment of

€60.000 in the new out-

door area firstly involved

the ground being levelled,

as it was on a significant

sloped area, the base was

users."

and basketball.

The way insurance should be.

By Caroline Tyszka

THE Benidorm town council has added to its sports facilities by constructing a multisport track at the L'Aigüera Park.

The new area, which is 24 by 12 metres, has been built at the top of the recreational park next





constructed using concrete and natural stone. The goalposts and basketball posts were installed before being surrounded by a wooden fence which was deemed to integrate better within the environment.

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Whilst the construction work has been completed those wishing to use the new area will have to wait until the end of February for the concrete to set firm and the court lines to be painted.

Pérez said: "In addition to final touches we will place specific lighting for the track to be used during the opening hours of the park."



AUDITIONS for the latest, and what may be the last, series of ITV hit comedy Benidorm are to take place at the Hotel Melia Benidorm on February 24.

Those interested to be an extra on the show must live in the Benidorm area, and the show's producers are not looking for any specific age profile.

In their words: "It doesn't matter your age, race, colour or your weight!

"We want to see every one!"

Auditions take place from 10am to 2pm, and from 4pm to 7.30pm on the day.

Applicants must bring both NIE and social security numbers to the hotel, located at Av. Dr. Severo Ochoa 1.



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Here to stay

FLAMINGOS: No longer take off for warmer climates.

By Linda Hall

THE 50 flamingos living year-round in Calpe were central to its World Wetlands Day events.

Mild winter temperatures make the Calpe Salinas an ideal permanent habitat and for several years now the flamingos no longer take off for warmer climates as winter approaches.

Although they come and go the birds, who are all ringed, forgo migration to the French Camargue and

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onwards to Garaa Ezzemoul in Algeria.

To celebrate the recent World Wetlands Day, Calpe Town Hall set up an information point and observation post at the Salinas where the public could watch the birds at close quarters.

Each year this day marks the date of the Wetlands Convention that was signed in February 1971 on the shores of the Caspian Sea in Ramsar (Iran).

The theme for 2017 was

the vital role that wetlands play in preventing environmental disasters, acting as natural buffers when they are located on the coast.

Inland they function like sponges, absorbing and storing excess rainfall and reducing the risk of flooding.

When well-managed they help communities, particularly those in developing countries, to prepare for and cope with natural disasters, the Ramsar Organisation explained. UK TAX REFUND, registered AGENT with HMRC, is the only company able to deal with UK and Spanish personal tax affairs, giving you peace of mind that you are doing things right.

UK TAX REFUND is able to guide and assist you offering a wide variety of services, including the following:

- UK Tax Exemption Claim
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- Spanish Resident and Non Resident Tax Return
- Tax Efficient Wills
- Inheritance Tax
- Property Conveyancing

Have you been thinking that something could be wrong with the way your tax affairs are being handled? Or are you one of those unable yet to decide whether to take the step forward or just bury your head in the sand?

One phone call will help you to get a better understanding and moving in the right direction.

You deserve to be given an explanation about Why? and How? you should put your tax affairs in order.

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Advertising feature

Everybody can reclaim mortgage costs even if the mortgage is paid off

Q. Dear Lawyer,

I have been reading with interest your articles about the possibility of claiming for the costs of the notary, land registry etc for Spanish mortgages. We paid our mortgage off some years ago, but could we also claim for these costs back? What is the time limit?

A. Dear reader, thank you for your email.

Yes, the Spanish Supreme Court has confirmed the clauses inserted by the banks on the mortgage deeds are null and void, stating that all the costs and expenses of any kind regarding the mortgage must be paid by the debtor-consumer, as the consumer could not be obliged to pay costs that by law should be paid by the lender, in this case, the bank, as per Spanish General Consumer Law.

As explained, 100 per cent of the mortgages that we have seen in our professional capacity include this clause, so unless the bank stated on the deed that they will pay for the costs they should pay by law, then one can claim.

The amount of money you can claim for is high, as mentioned in previous articles. For a mortgage loan of about 150,000 Euros, the expenses claimed would be between 3,000 Euros and 3,500 Euros and if we include the taxes (AJD), the expenses can amount up to $7,000 \in$. However it should be pointed out not all courts understand that the taxes could be claimed for.

Mortgages already cancelled, paid off, foreclosed, etc.

I can confirm that we understand it is possible to claim the expenses back, even if your mortgage has been cancelled, paid off, etc, because we claim for the nullity of the clause, and a clause declared null and void must be considered as though it never existed, therefore, there is no time limit to claim for it. That said, some other legal interpretations understand there could be a deadline of four years from when the Supreme Court ruled about it.

In any case, we understand that you are able to claim even if you cancelled your mortgage some time ago, even if you signed the transfer of your property to your bank in payment of the loan, etc.

No Win No Fees: we also help our clients to claim, and we do not charge them unless we win the court case, and in the majority of these kinds of court cases, the bank is asked by the judge to pay the legal fees of the consumer (if we in 100 per cent of our claim), meaning our fees would be paid by the bank, so we would not charge any percentage of the money refunded.

If you have or had a mortgage, contact us, we can help.

The information provided in this article is not intended to be formal legal advice, but merely conveys general information related to legal issues.

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Britain beyond Brexit



BREXIT PAGE By John Smith

THE British Ambassador to Madrid, Simon Manley, visited Marbella on Friday February 3 as a guest of the British Chamber of Commerce in Spain (BCC) to present his view on the topic 'Britain beyond Brexit.'

A packed room at the Marbella Country Club listened to representatives of the BCC, and Marbella Mayor Bernal before Mr Manley rose to give his address.

As was to be expected, he was not in a position to give any concrete information concerning the British government's negotiating position nor could he confirm the future of expatriates in Spain, but he was very upbeat and confident in his expectations and explanations.

He commenced by saying that the government had made it clear it intends to respect the will of the people, as the majority had voted to leave the European Union and now that the initial White Paper giving the government the right to invoke Article 50 has been passed, the next step will be to obtain a final vote from the Houses of Commons and Lords.

The next two years are important to all Britons and whilst we have to face change, this is the chance to cre-

ate a new future in a respected and tol-

erant Global Britain.

The Ambassador acknowledged that negotiations will be difficult as we are all sailing in uncharted waters and we need to remember that any negotiation will have to take into account not just what we want, but what the rest of EU wants as well.

AMBASSADOR Manley taking questions.

We share the same values and will continue to work together both in business and on a personal basis. Free trade is important and it is worth reflecting on the fact that Britain has done much to help the creation of Spain in the past, both through investment, industrialisation and as allies during a number of wars in the 19th century in particular.

One thing that the British government is committed to is to settle the situation of expatriates and the EU as quickly as possible, as it understands how worrying this lack of knowledge can be.

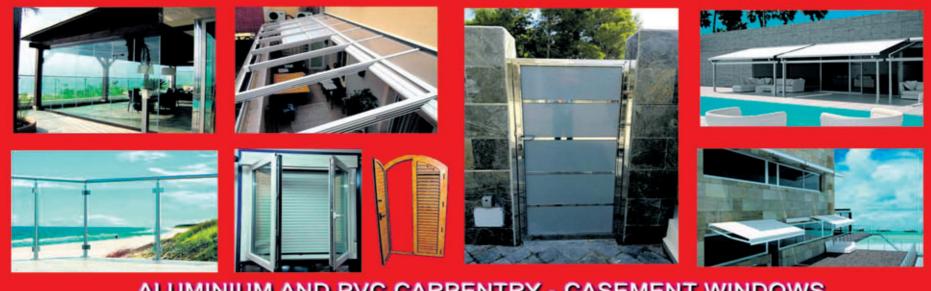
With 18 million tourists from the UK spending €16 billion a year in Spain, coupled with British purchases which show a €10 billion imbalance in favour of Spain, there is no question that Britain is an incredibly important market and trading partner, especially as it has such a large population of expatriates as well.

According to Mr Manley, capitalism is about the share of wealth and neither country needs new trade barriers to make relationships difficult and with British companies investing $\in 66$ billion in Spain and employing 250,000 people, there is every reason to expect Spain to want to negotiate a decent agreement.

The government understands that many people felt let down when they were unable to vote in the referendum, but that is changing for future general elections and the Embassy and its consulates around Spain are reporting feedback from expats to the government which will help to inform negotiations.



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Many happy returns!

EVERYONE at the *Euro Weekly News* would like to wish Lynn and Christine at Vacation Villas, Denia, a very happy 18th birthday!

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VACATION VILLAS: Celebrates its 18th anniversary, a well-deserved achievement.

Sports hall budget more than doubles

COSTS for a new sports facility in San Vicente del Raspeig have spiralled out of control and now stand at €6.5 million compared to the original €3 million.

The planned sports centre to be built on land next to the towns Faculty of Education has come under fire from Mariló Jorda, town planning, who believes that the project should be more modest and not duplicate similar facilities nearby.

However Jose Luis Lorenzo, councillor for sport has defended the original plans because he believes that it is what the town needs. Highlighting that the building would have a central area with three courts where three games could be played simultaneously he also emphasised that an annex building would enable rhythmic gymnasts to practice.

He said: "It is not an excessive plan, it is practical and moves away from expensive ones like that of La Nucia."

The town planning believe costs could be reduced by removing the proposed velodrome and office space, neither of which it considers to be necessary.

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Tasha Lynch appeal fund

PAUL CUNNINGHAM NURSES CHARITY has been attending to the nursing care of a very brave and positive young lady, Tasha Lynch for the past four months.

Tasha, sadly at the age of 23, is suffering two very rare viruses, Myasthenia Gravis and Transverse Myelitis. With Myasthenia Gravis, the immune system blocks the communication between nerves and the muscles. Both these incurable diseases attack the autoimmune system by attacking its own body and healthy tissue and in simple terms the nerves are not telling the muscles what to do. This then can lead to issues with mobility, eating, swallowing breathing and speaking. Tasha is currently being fed through a tube and also has a tracheostomy which allows her to breath.

Tasha has these long term illnesses, and has now been discharged from the hospital and will require a far more prolonged and specialist nursing care than is normally required with our other patients. The charity does not normally deal with long term care. With this in mind we are appealing to the general public to help raise much-needed funds to enable PCN to continue with Tasha's particular nursing costs.

We have added the Tasha Appeal collection tins

within our shops in Quesada, La Marina, Playa Flamenca and Almoradi. We will also be holding events in Tasha's name to help raise some extra funding, which is required urgently.

Should you wish to donate to this very special lady, please drop by one of our shops. Or telephone the office on 966 790 363 to make your donation, or organise an event.

PCN have prepared two special events for the Tasha appeal. The first will be a Paul Cunningham Event at The Club, Quesada on February 18 with Abba Elite and will have the Tasha Appeal collection tins available for all who wish to donate. Should you wish to reserve a seat for this event, please telephone the Club on 966 717 028.

The second event organised will be a charity fun quiz night on March 28 at MJs Bar and Restaurant, Quesada at 7.30pm. Ticket price will be €7.50 to include a one-course dinner. There will also be a raffle during the evening and all monies raised will be for the Tasha Appeal Fund. Telephone 865 665 231

PCN would like to thank the Euro Weekly News for their continued help and we wish to thank everyone for their generous support for the charity and for this special Appeal.

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Model 720: Declaration of assets and ownership overseas

For those who are fiscal resident, please find below a reminder, in case you need to complete the 720 form this year.

When does it apply?

The period for presenting the model 720: declaration of assets and rights located abroad (for the year 2016) is from 1 January to 31 March 2017.

What information is needed?

Three distinct groups define this declaration:

1) Bank accounts.

2) All types of financial assets.

3) Real estate.

Who is obliged to submit the Model 720?

Those who have overseas assets that fit into any of these three groups and amount to or exceed 50,000€, and only for the group in which this amount is exceeded.

Do I need to submit it every year?

Once you have made the 720 declaration, regarding your assets overseas, you then only need to declare your overseas assets in subsequent years, when:

1) any of the above 3 distinct sectors experiences an increase in value greater than $20,000 \in$.

2) you are no longer the owner of the aforementioned assets (sale, transfer, etc... even if you made a loss).

3) in any of the 3 sectors, you did not previously have to declare that you had assets to the value of 50,000€, if you NOW (2014 YEAR) do have assets to the value of, or exceeding 50,000€.

Failure to meet this tax liability might be penalised by the Spanish tax office.

Remember it is important for all residents to be fiscally resident in Spain and make their annual tax return known as Declaracion de Renta.

If you require further legal advice on any tax, legal or administrative matters please contact us and any of our secretaries will make arrangements to organise an appointment.

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Braving the elements in support of cancer

By Caroline Tyszka

THOUSANDS of people braved the howling gales and rainfall on Sunday morning in La Nucia and Calpe to march in support against cancer.

In Calpe an estimated 700 took to the streets and in La Nucia more than 2,500 walked a 5km course despite the atrocious weather conditions.

Amongst those supporting the two charities in La Nucia - AECC and Anemona – was Sharon Bell, a teacher at Elians British School and her work colleague Julie who, along with other friends, wanted to show support having lost someone a few months ago to cancer.

The group were sponsored by work colleagues and friends, raising around €140.

Sharon said: "It was a great day despite the rain, mud and gusts and we were all given ribbon hearts to wear which was a lovely touch, thank you to everyone who supported us." An estimated 500 more participated in La Nucia this year compared to 2016 raising a total of \in 5,430 with walkers of all ages and abilities taking part.

Bernabe Cano, mayor for La Nucia said: "This is the eighth time we have held this and despite the bad weather it has been amazing how everyone continued despite the rain."

FUNDRAISING STALWARTS: Sharon, Julie and friends.



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NEWS EXTRA School drugs

TWENTY-SEVEN per cent of pupils at Gandia high schools smoke cannabis an official survey revealed. This coincided with a drugs awareness campaign directed at the young last November.

Too costly

PEGO Town Hall belongs to the Consorcio Mare rubbish-collection combine but is reluctant to cede land for an ecopark. Modifying the site would cost too much, municipal sources said.

Caring shop

BENITACHELL Social Services received educational toys for disadvantaged children from a newly-opened babywear shop. The grateful town hall urged other businesses to similarly assist the needy.

Rainfall will reduce costs

By Caroline Tyszka

SEVEN towns in the Marina Baixa region will see a reduction in their water costs for 2017.

The consortium responsible for setting the rates has reduced the cost of supply by 32 per cent following the recent heavy rains which have refilled reservoirs and underground supplies.

Originally rates for the year, set in November 2016, had been calculated on the basis of alleviating the drought conditions that were still considered to be in place.

With the heavy rainfall, particularly that which fell between January 18 and 24, the water consortium has adjusted and guaranteed the new rate for the whole of the coming year.

The Amadorio reservoir in Orcheta is already at 65 per cent capacity with further rainfall expected to increase its reserves over the next month or two.

The seven towns benefiting from this adjustment are Benidorm, Villajoyosa, Fines-



trat, Altea, Alfaz del Pi , La Nucia and Polop.

The rebate will make the price of a cubic metre go from 0.48 to 0.29 cents, so for example Benidorm will save an estimated €2 million with other towns also making huge savings.

It is unlikely that individuals will benefit from the reduction as many of the towns had already planned to bear the costs themselves rather than pass it onto customers.

Toni Perez, the Benidorm mayor has warned that water supply needs to be improved following the ban on drinking tap water in several towns recently. He invited the neighbouring towns to allocate the monies set to be saved into investing and improving supply.

He said: "We must continue to invest in improving our water supply, collection and general water systems so that, when there are times as good as the current ones or as bad as those we have experienced recently, we can guarantee the supply." Library success

EXTRA opening hours at the La Nucia Caravana library have been a huge success with 3,200 people taking advantage of the extended hours in January.

As reported previously in the *Euro Weekly News* the opening hours at the facility were extended from January 9 to 31 to allow students access to extra study facilities and time in preparation for their winter exams.

The library hours will be extended again in June opening from 9am until 9pm without closure.





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THE first CrossRoads of 2017 was launched with grand style with a fabulous group of talented performers and friends.

The group had been asked to try and revive the signature song of the 60's TV hit The Doris Day Show. That song was Que Sera Sera, sung by Doris Day of course. It is A



beautiful song with profound philosophical meaning which has been covered by many performers over the years.

The songbird of the day was Doreen who was obviously a professional. The group were more than pleased that she took up the challenge and gave a lovely version of this legendary song. She also sang a rendition of Sentimental Journey, again a hit for Doris Day.

A big thank you goes out to Roger who was able to accompany Doreen and others on his guitar. John was also on hand to do introductions of the open mic performers.

It was great to see and hear the Roots music man Mr Andy Boal who was visiting from France.

There was a nice gathering



of non-performers too and they were very supportive. Afterwards, 16 of the group had a community lunch, caught up on good times and got to know new friends better.

Remember there will be an all-star tribute to Chicago blues at the matinee party on Saturday February 18 at El Cid's, Benidoleig. There will be food available at 1.30pm and the show starts at 3pm.

The cost is €25 for the food and show or €10 for the show only. Book online at www.CBBlues.com or call 648 156 066.

International Bridge Club of Calpe

THE AGM of the International Bridge Club of Calpe was held on January 27 with election of officers, reports and updates on the club.

Fred Sleight was elected president and Toni Strong and Pearl Claydon were reelected as treasurer and secretary respectively. This friendly multi-national club of mixed abilities welcomes new members and visitors. Meetings are held on Friday afternoons at 2pm and Sunday evening at 6pm in Edificio Santa Marta, Avenida Rosa de la Vientos, Calpe. This is an excellent way to meet new people

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and integrate into the local community. New members and visitors are welcome.

Further details are available from Fred on 965 839 237 and Toni on 965 874 340 / 669 984 227. Partners will be arranged when possible.

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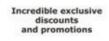


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THE game of bridge is indeed a very social game, many new friendships are formed in bridge clubs, and like any other club, bridge players are made welcome at most clubs anywhere in the world, the rules and the game do not change anywhere.

Often described as the greatest card game of all time, anyone who ever handled a deck of cards cannot help but be fascinated by this challenging game.

No two games are the same, but the ability to keep the mind totally focused at all times, the sense of huge achievement after a good game certainly keeps the grey cells in good order, and the unrelenting desire to return to do better after a not so good game is always there.

Whilst bridge can be played as a social game amongst four people, it is also played by millions of people worldwide as a regular tournament competition which in itself creates a social environment, as well as with current technological opportunities to play online, again opening up a new

Est.1992

A bridge insight

group of friends worldwide. Anyone who has ever played card games such as whist will soon understand the requirement to win tricks to beat your opponents; it is the process by which you

achieve this that differs.

Bridge is a partnership game, played by two people against the opposition, another partnership of two. The main object of the game is to create an auction against your

opposition as to who wins the contract and indeed plays the cards.

During this auction by means of different bidding of the suits, you describe as fully as you can the 13 cards



BRIDGE: Often described as the greatest card game of all time.

from the deck that you have been dealt, and along with your hand, and the information conveyed to you by your partner, you can decide between you if the contract falls your way, or it belongs to the opposition and therefore you must defend their play, the object being to score by a standard scoring system a better result than they do.

Do you think this appeals to you? If it sounds like a challenge that you would like to take on, the Javea School of Bridge and Social Club is

Bridge players are welcome at most clubs in the world.

starting a 10-week block of lessons on Tuesday February 14 at 2.30pm in the clubhouse on Avenida Tamaritis (just before and under Sandra's Tea Room on the Arenal). The cost for 10 sessions is €30, or you can 'pay as you go' at €4 a session.

For more information or to register your interest, please contact the secretary Colin Bond at secretaryjsbsc@mail.com or by calling 610 335 142. For more information about the club, visit www.bridgewebs.com/iaveascho olsocial.



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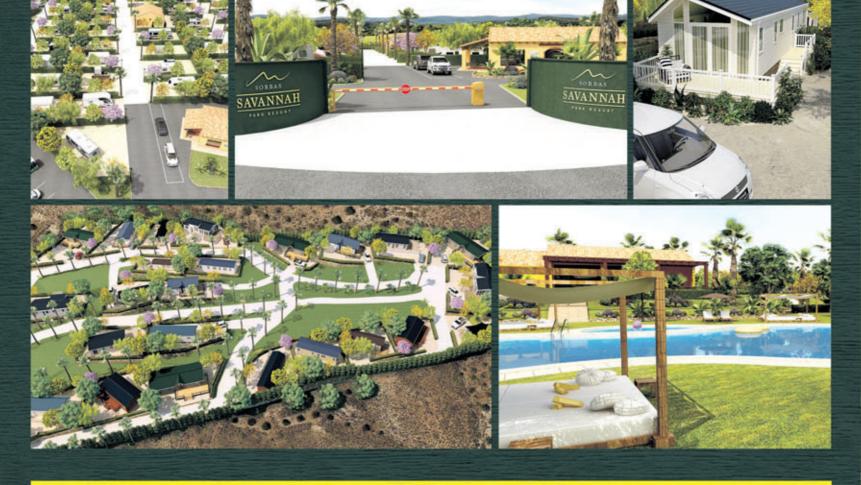
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claimed German-born painter who died in 2014 had owned a home in Altea since 1956 and the bulk of his paintings, engravings and drawings remain there. Exhibitions of temporary loans at Fundacion Frax are intended to give Schlotter's work greater visibility but will also free up vital space at the Altea foundation.



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STORM DAMAGE: Alfaz councillors evaluate situation.

Taking stock of storm damage

ALTHOUGH last month's storms did not affect Albir as disastrously as some areas, the seafront needs urgent attention.

Councillors Rocio Guijarro and Oscar Perez, respective councillors for Beaches and Maintenance, have taken stock of works carried out so far and what remains to be done.

"Right now, restoring the beach and repairing the damage before Easter week is the most pressing issue," Guijarro said.

Municipal employees and the street-cleaning concessionary cleaned up the Paseo de las Estrellas promenade as soon as the storm abated and within hours had removed all the debris brought in by the sea, Perez added. Heavy seas pounding

the beach wrecked ramps and beach accesses as well as the footbaths and litter bins. The sand on the beach volleyball area and the children's play zones has disappeared entirely, Guijarro said: "The waves uncovered large rocks and damaged the Raco wall which will need rebuilding."

Oscar Perez's department is now estimating the cost of repairs, which was likely to be "sizeable" he admitted. Levelling the beach is a priority and like Guijarro he agreed Albir must be in perfect condition before the tourists start to arrive.

Once completed Alfaz Town Hall will submit their reports to the Ministry of the Environment's Coastal Authority.

Muddy



ALFAZ TAP WATER: Problem

By Linda Hall

THE PSPV-PSOE party in Alfaz accused the Partido Popular and its local leader Maite Huerta of manipulating the truth.

The party claims that she used a photograph from the Asturias newspaper Nueva España that was taken more than three years ago to criticise the temporary cloudiness of Alfaz's tap water.

The photographs showed

Get to grips withValenciano

FREE Valenciano lessons have commenced at the Casa Cultura

Given by a fully qualified teacher with a degree in Cata-

lan, they are held from 5.30 to 7.30pm on Tuesdays (Elementary grade) and Wednesdays (Intermediate grade).

The lessons cover conversa-



tional and written Valenciano and serve as preparation for the Junta Qualificadora de Coneiximents del Valencia exams. Passing these is necessary for obtaining employment in the Valencian Community Administration or public sector although the lessons will also assist parents with children of school age.

A knowledge of Valenciano is particularly useful for parents born outside Spain, making it easier to orientate their children's studies, Alfaz's Education department pointed out.

It is still possible to register for the classes at the town hall's Education department on the ground floor at the Casa de Cultura.



ing the waters



two glasses of tap water, one of them clear and the other extraordinarily turbid, from the village of Anes. The PSPV-PSOE spokesman Toni Such condemned the lack of scruples of both the PP and Huerta in trying to "confuse and alarm" the local population.

Neither had they hesitated to distort and manipulate the truth by using an image that had nothing to do with Alfaz, Such alleged.

The PP used the photo to



DEMOLITION: To help with improving public spaces. Improving facilities

tre.

THE refurbishment of Park Escoles Velles in Alfaz del Pi will see the demolition of a council-owned property to further improve the nearby facilities

The project, funded by the Provincial Council of Alicante at a cost of €250.000, will transform an area currently used as parking into a public space linked to the new Espai Cultural Escoles Velles.

Councillor for Planning Toni Such said: "The aim of the project is to reconvert the degraded environment into a space of enjoyment for our residents."

The demolition will provide a better space near the Casa de Cultura with the groups currently using the building being moved to other facilities.

Included in the improvements will be better ecological

Health destination study

accompany a press release

criticising the recent restric-

tions on using Alfaz's domes-

tic water supply. These were

imposed owing to excessive

cloudiness in the water from

Guadalest reservoir caused by

Such called on Huerta to

show a greater degree of re-

sponsibility and seriousness in

"It's not a case of 'anything

goes' in politics, Señora Huer-

the January storms.

her opposition role.

ta," Such declared.

THE University of Alicante (UA) is to conduct a study of Alfaz del Pi to determine how healthy it is.

The UA study will evaluate the existing assets of the locality with a view to strengthening them and therefore the town as a location that focuses on the health and quality of life for its residents and tourists.

Mayor Vicente Arques and other council representatives met with the directors of the UA Institute for Tourism Research to initiate the collaborative project. It is hoped that the study will provide guidance on

areas that can be improved. Argues said: "This is one of the commitments that

we have made for our residents, to incorporate any findings within our action plans and policies to benefit the health of our residents."

Particular attention will be made to the varying nationalities that make up the town's population, with nearly 100 different nations making up more than 50



WORKING: To make Alfaz better for all.

per cent of the registered residents. The study will evaluate what conditions attracted the foreign nationals to settle in Alfaz del Pi and what changes they would like to see to improve their quality of life.

Sports associations, health professionals and those working in the tourism sector will be invited to participate with the study.

pavements, ramps to help those with reduced mobility and further parking spaces for the nearby public sports cen-

A deadline has been set of three months, to include the planting of new trees and shrubs with their own watering system and better lighting.



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Three-way welding of the arts

SCULPTOR Quico Torres and celebrity chef Manuel Alonso joined dancer-choreographer Igor Yebra in a Teulada-Moraira workshop. Held in the Auditorium, this was a Trilogia3Arts project, based on combining different

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UNION: Three art disciplines

linked by sculpture.

disciplines united by Torres's sculptures using Krion, a material of great purity and beauty created by the Spanish firm Porcelanosa.

Igor Yebra explained the techniques that are necessary to establish a balance between the body and the mind.

"Dance is a compendium of all the arts," he said. "Dancers should tell stories like poets and make sculptures with their bodies.

Michelin-starred Manuel Alonso from Daimus explained the secrets of a good diet. "Healthy eating isn't boring, the human body is a perfect machine that should be looked after, indulged and listened to," Alonso said.

Quico Torres explained how he sculpts stone, wood, iron and Krion and where he finds inspiration. "Sculpture and dance speak the same language," Torres said. "You have to learn how to do it, investigate materials and transmit what you feel with the movement of every work."

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SWORN IN: Teulada-Moraira's junior council.

Young people given a voice

By Linda Hall

TEULADA-MORAIRA'S young people now have a Youth Council.

Thirteen members and 13 deputies aged between 12 and 14 were sworn in at Teulada Town Hall's council chamber.

The initiative is the creation of the town hall's Participation and Education departments, although the young council members were elected by their peers at the Sant Vicent Ferrer and

Bag-snatchers on the loose

MORAIRA'S Guardia Civil are looking for two Algerians who snatched a handbag from a car in a Teulada service station.

Using the so-called Peruvian Trick, they distracted the car-owner telling her she had a flat tyre and offering their assistance. While one helped her, the other leant in and took the bag before making off.

Cap d'Or primary schools and Teulada's high school.

They will meet once a month to discuss their ideas and proposals for improving the town. They can take an active part in decisions on infrastructure, public safety, sustainability, sport, culture and other issues that affect their lives.

Findings will be compiled in a document that is to be finished by June.

"What you are doing is very important because you will face the difficult task of

in." Tourism priorities

communicating your vision

of the town," acting mayor

Raul Llobell told the young

David Ibanco, who heads

the Youth and Participation

departments thanked the ap-

prentice councillors in ad-

vance for their efforts.

"Since we all share the mu-

nicipality it's important that

vou should be able to con-

tribute your ideas and con-

cerns to continue making

Teulada-Moraira a good

place to live and grow up

people.

THE latest seminar organised by Teulada-Moraira's Tourism department centres on putting the client first.

Held today Thursday February 9 from 5pm until 9pm at Espai la Senieta in Moraira it is entitled 'El cliente es lo primero' and illustrates the importance of the social media in tourist marketing.

Talks are led by experts in fields that include tourist communications, social media, video-marketing, hotel management and revenue management in the hospitality industry.

the men were identified and are known to the police.

Both of

The episode was caught on CCTV and officers from the Moraira post soon identified the men, both of whom are

known to the police.



Port needs patching up

By Linda Hall

EMERGENCY repairs will start soon on the eastern pier at Javea port which was affected during last month's storms.

Pilar Alvarez from the region's Ports Authority and Julio Marin, head of Ports Operations, accompanied by Javea mayor Jose Chulvi, inspected the damage and confirmed that work will begin shortly.

Repairs will also be carried out at the Tango beach and the cement platform that runs between the breakwater and the restaurant.



"This is emergency action that has to be carried out before more storms can inflict definitive damage on the structure and put people's lives at risk," Jose Chulvi explained. The work will be carried out by the Generalitat's Infrastructure department and will involve only the breakwater's outer side.

No action will be taken inside the harbour to avoid users' normal activities, Chulvi said.





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GENERALITAT president Ximo Puig visited the Marina Alta recently to meet mayors from storm-damaged municipalities.

The gathering, held in Denia, was attended by Javea mayor Jose Chulvi who set out the town's needs, requesting that help from the regional and national Administrations reached his own and other town halls as soon as possible. "We are the ones who have to find rapid

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and effective solutions for residents," Chulvi said.

The regional government pledged that €18 million would be available "with particular attention to the beaches and coastline of waterfront towns." The latter would need the coop-

eration of the Environment Ministry, said Puig, assuring the mayors that this was guaranteed.

An €18 million promise for damages

It was not only important that the money should arrive, Javea's mayor pointed out. It was vital that town halls should be allowed to spend it according to their needs. "This is an emergency and exceptional measures are required and this includes not having to submit to the obstacles that Hacienda constantly puts in our path," Chulvi said, in reference to the Administration's Rationalisation and Sustainability regulations.



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Thirsty allotment users

JAVEA Council has cut off the water supply to the town's Arenal allotments following a bill of \in 17,000.

Councillor for the Environment Doris Courcelles explained that whilst they supported helping residents grow their own fruit and vegetables it was impossible to continue to supply the allotments with a free water supply.

Allotment users now face having to move to another area as the Arenal is to be closed. New plots will be supplied next to the Trenc d'Alba School with each being fitted with a water meter which the individual will be

170 m² C. 1,100 m² P.



CROPS: Can be harvested before being moved.

617 m² C. 3,350 m² P.

responsible for paying. Since the announcement was made, only a fraction of

those at the Arenal have voiced an interest in moving to the new allotment site

where they would pay for water. It has been surmised that this could be because users were taking water home from the Arenal supply and had also left taps on during the summer months to ensure the ground was wet, giving the council a bill of \in 5,000 for this period alone.

The contracts with the council for the Arenal area have already expired and will be legally finalised. The new area will have around 50 plots and those moving from one site to another will be allowed time to collect their harvests before switching.

Large family fears eviction

PEDRO GARCIA, his wife Dolores, and their four children face eviction from their home.

The 49-year-old is unable to continue paying the mortgage on the $\[mathcal{e}136,000$ apartment he bought in 2007. Times were good for the fishing-boat owner and Dolores who between them earned $\[mathcal{e}5,000\]$ per month but disaster struck in 2008.

Pedro had two heart attacks in quick succession and after working all his life as a fisherman and paying into Social Security for 30 years, he could no longer go to sea.

He sold his boat at a loss and Dolores continued working, but later lost her job as a cleaner. "I've been trying to find work for the last three years, but there's nothing," she told a Spanish interviewer.

They now live on Pedro's €500 a month disability pen-

They are resigned to the eviction that their Legal Aid lawyer has warned will arrive sooner or later. Pedro has since had another heart attack and with hip and spine problems, he can no longer manage the stairs as the apartment building has no lift.

Pedro is hoping for some form of social housing. "We couldn't pay the \notin 200 or \notin 300 of a normal rent, as the children wouldn't eat," he pointed out.

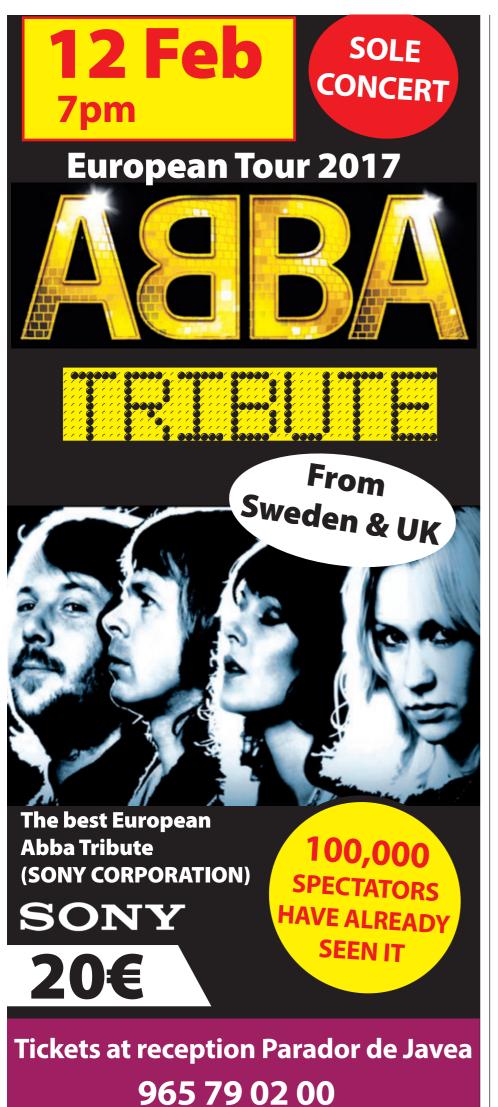
Meanwhile, if the bank decides to start the eviction process, the town hall will seek help available under the regional government's social welfare legislation.

258 m² C. 2,159m² P.



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XABIA CLASICA

Royal British looking to the

By Caroline Tyszka

THE governing body of the Royal British Legion have held their annual conference at Ciudad Patricia in Benidorm.

The retiring chairman for the north district, Nigel Hails, gave a strong speech to all of those who work within the Legion in Spain before handing over the reins to Don Cubban.

Nigel said: "We have a successful district in Spain because of the great spirit of comradeship that exists within our community. It must never be forgotten that virtually everybody who dedicates a great deal of their time is part of a special breed that believes in service and not self.

"They are volunteers and are appreciative of what our service personnel have done and will always workers are probably the first point of contact that someone in need meets from the Legion and provide an invaluable service. Amongst them there are individuals who will always go the extra mile to help. I am gratified to note that there is now closer contact and cooperation between our branches which strengthens our community. Thank you all." Mr Hails also thanked the Nation-

do, making sacrifices. Our case-

Mr Hais also thanked the National Chairman of the RBL who had travelled from the UK to give an interesting and comprehensive speech to the conference.

Benidorm mayor Toni Perez was also in attendance and the Chairman thanked the town for its support in all areas, particularly for allowing the annual poppy appeal launch and helping to raise the profile of the Legion.



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COMMUNITY www.euroweeklynews.com

Legion e future



ANNUAL CONFERENCE: The Chairman thanked the town for its support.

Toni Perez said: "The Royal British Legion is an example that the only possible way forward is that of fraternity among peoples and friendship. We encourage you to continue working in defense of those values that unite us and define us as civilised societies: the value of freedom, the value of equality and the value of personal growth. I congratulate you also for the celebration of this meeting. I wish you a happy stay among us and I encourage you to continue working to preserve your traditions and deepen

the brotherhood of the peoples." The conference concluded by giving an outline of the plan for the next three years and all aspects of the Legion's work with special emphasis on Community Support.

Good start for charity PEPA

JANUARY got off to a good start for the charity which saw 12 dogs and two cats adopted.

There were 32 people who attended the monthly lunch at Bar L'Irlandes which raised a fantastic €187.

Quiz events held at Honey Dukes Bar in Oliva, Bar El Parque in Oliva and the White Swan in Palma de Gandia raised almost €300 for the charity. Thanks to everyone who helped to organise and host these events.

In February a Valentine's monthly lunch will be held on February 14 at Bar Restaurant El Pelut in Oliva from 1.30pm. Costing €11 please book by Friday February 10 on *lenwinbolt@yahoo.co. uk* or call 962 852 869 or 699 156 304.

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Going once, going twice... SOLD!

By Caroline Tyszka

IT'S time to have a spring clean as Giving4Giving has announced that they are to open up a charity auction house in La Nucia.

The new venture at the Alberca industrial estate is due to be opened very shortly with goods now being accepted for the first auction.

Giving4Giving's Gary said: "We are very excited about our new project and are looking forward to helping the community and charities at the same time."

The good news for buyers and sellers is that because it is a charity auction house no one will be charged IVA unlike other similar auction businesses, plus those using the Giving4Giving facility will re-



GARY has a lot of space to fill.

ceive a voucher that can be used at any of the four charity shops in La Nucia, Finestrat and Altea, which has two.

The auction house will also offer property clearances with all proceeds going to good causes.

This is where Euro Weekly News readers can help.

Do you have any experience in the auction field, or can you volunteer some time to help? If so please contact Gary either via the Giving4Giving Facebook page or on 672 065 058.

The auction house numbers for the public are 604 383 702 (Spanish) or 0044 7949 718 562 (UK).

^{CC} WELLBEING - the

state of being

comfortable,

healthy or happy! >>

Welcome to The Wellbeing Group Spring Programme

and You'.

Potential'

Crystals'

Mickel Therapy'.

Our Biology'.

Bio-energy Therapy.

Commencing 14 February The Wellbeing Group will be providing an abundance of motivation and inspiration for you to share!

Now in its Third Season the programme of Talks and Workshops includes 25 events at a choice of three venues. New this year is The Gaia Retreat in Jalon, The Hotel Gran Sol in Calpe as well as Ouo Vadis Cafe in Javea. Hosted by Louise Catterall, Patricia Piper and Jacquelyn Berry, the Group is the brainchild of Debbie Hull who wanted to create a showcase for holistic and wellness services in Spain. All Talks begin at 11am. Doors open 10.30am. The entry fee of 7 euros includes refreshments and healthy cake and a Raffle

Book your seat! email us at: costablancawellbeing@gmail.com













14th February: La Gaia Retreat, Jalon. 'Love, The Law of Attraction,

21st February: Hotel Gran Sol, Calpe. 'Improving Health with

28th February: Quovadis Cafe, Javea. 'Soul Goals - Unlock Your

7th March: La Gaia Retreat, Jalon. 'Energise Your Life with Crystals'.

10th March: Hotel Gran Sol, Calpe. 'Energise Your Life with

14th March: Quovadis Cafe, Javea. 'The Healthy Messages of

28th March: La Gaia Retreat, Jalon. 'How Emotions & Beliefs Affect

31st March: Hotel Gran Sol. Calpe. 'The Benefits of Using Aloe Vera'

21st March: Quovadis Cafe, Javea. 'Declutter Your Life!'.



4th April: Quovadis Cafe, Javea. 'Designing an Extraordinary Life'. 11th April: Hotel Gran Sol, Calpe. 'The 4 Key Steps for Change and Empowerment'

18th April: Quovadis Cafe, Javea. 'How to Deal with Difficult People'.

25th April: La Gaia Retreat, Jalon. 'N.L.P. - What It Is and Isn't!'

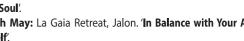
25th April: Hotel Gran Sol, Calpe. 'The Healing Power of Chakra Dance'

5th May: Quovadis Cafe, Javea. 'Life Enhancing Methods for Body & Soul

9th May: La Gaia Retreat, Jalon. 'In Balance with Your Authentic Self.

Creative Writing Rituals





16th May: Hotel Gran Sol, Calpe. 'Authors at Work Present:









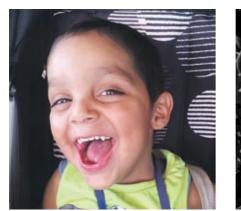
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ш Spanish account

- AT Bank: Banco Sabadell
- Account Name: Leo James Bermejo Ζ
- Account Number: ES69 0081 0597 0900 0602 1116 0
- Swift: BSAB ESBB

gofundme.com/

Tony Christie shares Leo's story 🛧 Thanks fo

A LONG-TIME resident of Mojacar showed up for the busking efforts organised by the Bradley family. Tony Christie, best-known for his recording of 'Is this the way to Amarillo,' helped support Fin and Richard Devlin.

So Fin & Rich Devlin busked today for Leo the Lion. Tony Christie called by and very kindly donated and offered to share Leo's story on his social media

Fin & Rich raised £412 for Leo!! Get well soon brave Leo!

Former Real Madrid footballer supports Leo

FORMER Real Madrid defender and Spanish youth team player, Leo Bermejo, is the latest celebrity to support the fight against cancer of his four-year-old namesake, Leo 'the lion' Bermejo.

As well as sharing the player's name, young Leo loves football and his favourite team also happens to be Real Madrid.

Bermejo, the player, a tough leftback in the 90's, shared a tweet posted by the Euro Weekly News asking him to help the youngster in his fight against cancer.

The tweet said: 'Could you RT (retweet) to help a young football fan like yourself? His favourite team is Real Madrid!'





Leo Bermejo (left) with striker Sergio Leon.

a fighting

By Simon Firth

LITTLE Leo Bermejo is made of the right stuff. He cannot talk but he is a happy, energetic four-year-old who just a day ago underwent a long operation at Merseyside's famous Alder Hey Hospital.

The surgeons' task was to cut away the tumours in young Leo's brain that have hampered every step of a life that has barely started.

As his mother Karen says, Leo is a fighter. "He is so happy and when you see him he is playing and laughing. He does everything."

But the tumours Leo is battling are caused by a rare cancer that mostly attacks children, boys in particular and often those under four.

And when they grow they grow very fast. This is why this brave voungster can't speak because they have already damaged that part of his brain.

But Leo, who has fought back after one major operation now faces his toughest battle of all.

Once the Alder Hey surgeons have done their work, there is no more that can be done for him anywhere in the UK. Conventional radiotherapy would be too damaging to his young brain.

His only hope, and the option that offers him the chance of ridding himself of the tumours once and for all, is a treatment called proton therapy.

And the specialist unit which has worked on SPNET tumours before, is in the US, in the Mid-

SPNET tumours and tu

THE cancer that is attacking Leo goes by the acronym SP-NET. Its victims are children. often boys, and those under four years of age.

The characteristic is that the tumours grow and grow fast. They are located in the cerebrum, the part of the brain that governs Leo's speech, his emotions, his voluntary muscular movements and even his ability to reason and solve problems.

SPNET tumours are extremely malignant. After Leo's first operation in Pamplona, the







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or giving Leo chance!

leothelion3

western state of Oklahoma.

"It's Leo's best chance," says Karen. "Proton beam therapy is his only remaining option.

"Oklahoma is the best possible place for this kind of treatment so I have to do everything I can to get him there."

US specialist Dr Andrew Chang has already been in touch with Alder Hey and is waiting for Leo to recover sufficient strength to make the trip to the US.

"With proton therapy," says Karen "Leo can still progress. He will have the chance to learn again, to move his right side and regain some speech.

"And he won't have the problems that will affect his organs in the future.

"This is Leo's last hope for a

life and we have to take it."

The other hurdle that the family need to cross, with the help of an army of supporters from Spain, the UK and in some cases, far flung parts of the world, is the money. And that is where you, our readers and advertisers, come in.

To pay for his stay and the several bouts of treatment he needs, team Leo - that's mum, dad Jose and sister Sofia, along with their family friends and his supporters like every one of us - they need to raise €175,000.

The plight of this little boy, who will not give up, has touched the hearts of thousands. When *Euro Weekly News* found out we began featuring the plight of this brave family in our papers and on the web. the communit

Along

with advertisers who have so generously answered the call, the total on Leo's gofundme page is climbing inexorably towards the €175,000 total.

But we still have some way to go. And that is where you come in. If you can help Leo get the treatment that could mean the gift of life, then all the details are on these pages. Together we can get Leo the treatment he so deserves. Any donation, big or small, will make a huge difference.

Remember, you can use Leo's bank account if you want him to receive every bit of your donation or visit www.go fundme.com/leothelion3.

reating them with proton therapy

signs that they were re-emerging took just nine weeks. And they do not stay in the same place. Once the tumours have been removed, conventional radiation on a young brain is damaging. So for Leo the answer is proton therapy. At high energies, the positively charged protons can destroy cancer cells without being so damaging to Leo's body.

The treatment allows the surgeon greater control when delivering the right dose. There are thought to be less than 40 such specialist units in the world and there is nowhere in the UK with such a facility.

One of the few such treatment centres is in Oklahoma where you, our readers and advertisers, are helping to send Leo!



Answering the call for little Leo

HUNDREDS of you have been answering the call to help Leo win this fight against such an aggressive cancer.

Leo's mum Karen told *EWN*: "I do not even know what to say, except thank you, to each and every one of you, whether it was by donating, helping me manage things to take the weight off, delivering tins, posters, publishing Leo's story, sharing his page, tweeting... every single thing, big or small, has made this happen."

She added: "I feel so much stronger with all of this support behind our family."

Celebrities have been helping out, many of them retweeting to keep Leo's profile as high as possible.

Comedian Keith Lemmon, boy band 911 and mixed martial arts world champion Michael Bisping are just a few of those getting involved. Closer to



home, everyone has been pulling the stops out.

Here's just a few who deserve a thank you:

team at La Sala: Solutions Marbella: Terry at Premier Heating: Shaun from Planet Positive: a generous donation from Matt in England: Ian at Cocina Plus: Gary at Expats in Villajoyosa

Faustina: Manuela from Higueron Spa: not forgetting the readers of *EWN* and the listeners of Spectrum FM: the community of Mojacar all of whom put donations in ranging from \in 5 to \in 5,000 and finally the people from other parts of Spain who are following Leo on our Facebook page.

Norway

Church marriages

GAY COUPLES: Can now be married in church.

GAY couples can now have church weddings in Norway with each pastor now free to c h o o s e whether to marry samesex couples.

Natural growth

THE Telenor Group reported revenue growth of 1.1 per cent for 2016. Telenor is one of the

on suspicion of plotting attacks on

refugees and Jews. Police made the

arrests during a series of raids in-

vestigating a potential right wing

FRITZ is the newest member of the

family at Berlin zoo. The little po-

lar bear was named Fritz after a lo-

extremist organisation.

Welcome Fritz



world's largest mobile telecommunications companies and last year saw 214 million mobile accesses.

No entry

TWO senior MPs were refused visas to Russia resulting in the cancellation of a two-day trip to Moscow. Norway wants answers on why the visas were refused.

Air bases

AIRLINE SAS has announced plans to set up bases in Ireland, London and Spain, allowing it to keep up with low-cost rivals and be more competitive.



cal radio station ran a competition to name the bundle of fluff.

Tagging plans

THE German government has approved plans to use ankle tags to monitor extremists who are considered potentially dangerous. The proposal will now need to be passed by parliament.

Sweden Bus concern

Extremist arrests

GERMANY

Shed tragedy

CARBON monoxide poisoning is

believed to have been the cause of

death of six teenagers found dead

in a shed after a garden party. The

owner of the shed found the young-

sters. His son and daughter were

POLICE have detained two people

among the victims.

VOLVO is looking into claims its buses are being used to transport prisoners in the occupied West Bank. The company produces reinforced buses in Israel for use of transporting passengers and had an agreement they should not be used for prisoner transport.

Ikea's help

THE boss of Ikea's stores in the US has urged staff impacted by President Trump's controversial travel ban to contact the company which has offered free legal advice for those who may need it.

Top names

FIGURES just released show that Alice was the most popular baby girl name in Sweden in 2015 for the fifth year running, with Oscar the top name for boys.

Climate goals

SWEDEN has set its climate goals for up to 2045, introducing a new climate law that will come into force in 2018. It aims to have zero net emissions by 2045. HOLLAND Passports cancelled

AROUND 300 Dutch nationals have seen their passports cancelled since autumn 2014, as part of the country's counter terrorism plans.

Part timers

MORE Dutch women work part time hours than anywhere else in Europe. The preference for part time starts early on with many women in their 20's and without children going part time.

Dangerous dive

DUTCH television presenter Freek Vonk required a three-hour operation and more than 100 stitches after being bitten by a shark whilst diving with reef sharks off the Bahamas coastline for a new television programme.

Trump's discrimination

PRIME MINISTER Mark Rutte has called US president Donald Trump's ban on people from seven Muslim countries entering America "discriminatory." He said the decision conflicts with western values.

FRANCE Racist crimes

THE number of racist incidents fell last year in France according to the latest figures by the interior ministry. Whilst anti-Semitic and anti-Muslim crimes fell, crimes committed against Christian places of worship rose in 2016.

Forced out?

PRESIDENTIAL hopeful François Fillon may have to step down as more investigations are launched into claims he gave fake jobs to his wife and children. He is falling in the opin-

BELGIUM

Poor babies

OVER 40 per cent of babies in Brussels are born in poverty and families earning below €867 per month. The figures come from births between 2004 and 2010.

Sparkling industry

ANTWERP'S diamond sector increased last year dealing in 5 per cent more diamonds; some 202 million carats valued at around \$48 billion. The industry's recovery is expected to increase in 2017.

DENMARK Rape rise

THE number of rapes reported last year doubled from the number in 2014, to 744 rapes according to figures. The Danish National Police said this rise was partly due to the better recording of rape incidents.

Going renewable

ENERGY giant Dong has announced it will stop coal use and switch to renewable energy sources. Dong is currently the biggest wind power producer in Europe. They reported a net profit of 12.8 billion kroner (≤ 1.7 billion) for 2016.

ion polls following the allegations.

Spanish head

SPANISH film director Pedro Almodovar, has been named a head of the jury at this year's Cannes film festival.

Top spot

NANTES has been named the best city to work in France. A study by a national newspaper ranked it the best city out of 98 towns and cities apart from Paris.



Old age

THE eldest living person in Belgium has been named as Fernande De Raeve who is aged 110. It comes following the death of Alicia Van den Berghe-Corveleyn, who was 112.

Costly power

ELECTRICITY in Belgium is set to double in costs by 2030. This was the conclusion of an investigation produced by the federation of industrial electricity consumers.



Mixed swimming

SEPARATED swimming for men and women has been scrapped by Aarhus City Council after offering female only swimming sessions for nearly 10 years. It was mainly used by Muslim women.

Underage marriage

DENMARK is banning marriage under the age of 18. The new bill also states that youngsters under the age of 18 who marry abroad will not have their marriages recognised in Denmark.



€463 million is the amount that Facebook and subsidiary Oculus have been fined in the US for using software for its virtual reality headset without obtaining approval from the developer. A EURO WEEKLY NEWS 6 PAGE SPECIAL SECTION // WWW.E<u>WNBUSINESS.Com</u>

US firm invests in Spain

By John Smith

THE success of Grand Theft Auto, one of the best-selling computer games of all time which was created by a team of two Scotsmen and an Englishman saw their company Rock Star Games become a subsidiary of Take-Two Interactive which has an annual turnover of €2.2 billion.

Now Take-Two, the Nasdaq listed company has announced that it will be taking over Spain's privately owned Social Point which produces games for mobile phones and tablets and will be paying €163 million with

€231 million

is the total amount that Take-Two Interactive will be paying to take over Spanish company Social Point.

the balance in Take-Two shares.

Horacio Martos and Andrés Bou co-founded Social Point in Barcelona 2008. The company has gone on to become one of the world's leading developers of online social games.

Since Social Point's inception, Horacio and Andrés have remained faithful to their original vision of connecting players through social gaming, and providing the most enjoyable, immersive playing experience. Prior to

founding Social Point, they qualified at the same universities before working as computer analysts and consultants in the tech sector.

One of their games, Dragon City has become extremely popular and some 50 per cent of all downloads and revenue comes from the USA which is why the company appealed to Take-Two, especially as it has 50 million followers worldwide.

This is a major step into the mobile gaming world for the American company as it looks to continue its growth and market domination.

Bartering in Asturias

THANKS to the decline of the coal mining industry in the autonomous community of Asturias in northern Spain, unemployment rocketed with few opportunities for the younger generation unless they moved to larger and more prosperous areas.

Those who have remained however have looked to the past and are producing various food and drink products in the traditional ways and have developed a form of bartering which allows them to move their products on, even if finances are strained.

There is even an online bartering community known as Rastru which allows members to offer their goods in exchange for those that they need.

Quote of the Week If you mop the floor, or you're the managing director, a nice pat on the head goes down well occasionally. Just as a kick up the backside is required sometimes." The late Sir Ken Morrison founder of the supermarket chain.

Phones used for Olympic medals



OLYMPIC MEDALS: Some of the winners.

AN idea originally raised last year has been turned into reality as the Tokyo 2020 Olympic Committee has announced that its medals will be made from metals obtained from the recycling of old and obsolete mobile phones.

They expect to need to produce 5,000 gold, silver and bronze medals and with a need for two tons of metal to allow this, they hope to obtain as much scrap material as possible, especially as Japan does not have

large deposits of minerals and metals.

Anxious to show that it is committed to sustainable production, the committee hopes to reduce costs by collecting these old phones from offices and stores starting in April of this year.

One saving already in place is that the gold medals are no longer made from gold, but are silver which is gold plated as silver costs around $\in 16$ per troy ounce, whilst gold costs €1,100 per troy ounce.

» BUSINESS EXTRA Discovery channels

rounds of negotiation, Sky and Discovery channel have reached an agreement so that the 12 channels which include Eurosport and TLC will continue to be screened by the satellite broadcaster.

Inflation up

Mercadona expansion

study the local market.

Insider trading investigation

AFTER announcing the German and London Stock Exchanges were considering a merger, financial investigators flagged up the fact Deutsche Boerse CEO Carsten Kengeter purchased stock in the Boerse to the value of €4.5 million prior to the

announcement. This now means German prosecutors are investigating Herr Kengeter on suspicion of insider trading although he and the Boerse insist he was simply exercising a right to purchase the shares before the merger had been discussed.



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AFTER some fairly robust

THE Spanish National Institute of Statistics has revealed that inflation in January 2017 was 3 per cent, which is up from 1.6 per cent in the previous month and was caused mainly by the increase in the cost of electricity and fuel oil.

IN anticipation of the opening of its first stores in Portugal, super market chain Mercadona has announced that it will first build what it refers to as an innovative centre in Matosinhos within the next six months to allow it to

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LONDON - FTSE 100

CLOSING PRICES FEBRUA	PV 06				AT LEAST AC
		CHANGE(P)	% Снс.	NET VOL	
3i Group PLC	696.50	1.85	0.27	42.92	Land Securities Group PLC
Admiral Group PLC	1841.00	6.00	0.33	59.99	Legal & General Group PLC
Anglo American PLC	1342.50	10.00	0.75	305.62	Lloyds Banking Group PLC
Antofagasta PLC	815.00	1.50	0.18	204.88	London Stock Exchange Gr
Ashtead Group PLC	1614.00	-8.63	-0.53	79.71	Marks & Spencer Group PLC
Associated British Foods PLC	2395.50	-11.00	-0.46	67.92	Mediclinic International PLC
AstraZeneca PLC	4372.50	14.50	0.33	346.49	Merlin Entertainments PLC
Aviva PLC	494.60	1.53	0.31	473.74	Micro Focus International PL
Babcock International Gr	888.00	0.00	0.00	28.16	Mondi PLC
BAE Systems PLC	587.25	3.58	0.61	504.08	Morrison (Wm) Supermarket
Barclays PLC	230.85	2.00	0.87	6,139.69	National Grid PLC
Barratt Developments PLC	496.80	-4.50	-0.90	400.39	Next PLC
BHP Billiton PLC	1404.25	6.50	0.47	564.18	Old Mutual PLC
BP PLC	479.00	0.30	0.47	1,228.09	Paddy Power Betfair PLC
British American Tobacco PLC			0.08		Pearson PLC
British Land Co PLC	586.75	14.50	0.29	218.42	Persimmon PLC
					Provident Financial PLC
BT Group PLC	306.78	-0.51	-0.17	1,034.85	Prudential PLC
Bunzl PLC	2127.50	-2.00	-0.09	14.69	Randgold Resources Ltd
Burberry Group PLC	1642.50	1.00	0.06	62.68	Reckitt Benckiser Group PLC
Capita PLC	484.00	-2.20	-0.45	488.46	RELX PLC
Carnival PLC	4282.00	-7.00	-0.16	17.98	Rio Tinto PLC
Centrica PLC	225.70	-1.10	-0.49	1,661.99	
Coca-Cola HBC AG	1791.50	-3.00	-0.17	21.05	Rolls-Royce Holdings PLC
Compass Group PLC	1437.50	-6.00	-0.42	190.49	Royal Bank of Scotland Gr
ConvaTec Group PLC	247.75	0.29	0.12	53.77	Royal Dutch Shell PLC
CRH PLC	2836.00	-13.00	-0.46	93.35	Royal Mail PLC
Croda International PLC	3347.00	-12.00	-0.36	14.43	RSA Insurance Group PLC
DCC PLC	6352.50	-65.00	-1.01	11.53	Sage Group (The) PLC
Diageo PLC	2211.25		-0.07	237.75	Sainsbury (J) PLC
Direct Line Insurance Gr	354.20	-2.30	-0.65	171.16	Schroders PLC
Dixons Carphone PLC	299.75	-4.90	-1.61	526.25	Severn Trent PLC
easyJet PLC	932.00	-7.00	-0.74	264.45	Shire PLC
Experian PLC	1556.50	1.00	0.06	62.41	Sky PLC
Fresnillo PLC	1486.00	17.00	1.16	93.53	Smith & Nephew PLC
GKN PLC	345.00	-2.10	-0.61	143.80	Smiths Group PLC
GlaxoSmithKline PLC	1552.25	5.00	0.32	380.96	Smurfit Kappa Group PLC
Glencore PLC	312.65	3.15	1.02	3,071.32	SSE PLC
Hammerson PLC	550.25	0.00	0.00	88.61	Standard Chartered PLC
Hargreaves Lansdown PLC	1373.00	-7.00	-0.51	66.88	Standard Life PLC
Hikma Pharmaceuticals PLC	1922.50	-6.00	-0.31	31.17	St James's Place PLC
HSBC Holdings PLC	684.30	-0.90	-0.13	1,687.70	Taylor Wimpey PLC
Imperial Brands PLC	3766.50	29.00	0.78	150.66	Tesco PLC
Informa PLC	656.75	-4.50	-0.68	99.12	TUI AG
InterContinental Hotels Gr	3748.50	8.00	0.21	19.15	Unilever PLC
International Consolidated	478.20	-6.30	-1.30	448.31	United Utilities Group PLC
Intertek Group PLC	3457.00	0.00	0.00	9.53	Vodafone Group PLC
Intu Properties PLC	268.10	-0.60	-0.22	96.89	Whitbread PLC
ITV PLC	204.20	-1.40	-0.68	975.79	Wolseley PLC
Johnson Matthey PLC	3161.50	-21.00	-0.66	36.08	Worldpay Group PLC
Kingfisher PLC	337.65	-1.00	-0.30	224.20	WPP PLC

COMPANY PRICE(P) CHANGE(P) %0 CHG. NET VOL Land Securities Group PLC 1000.50 -3.00 -0.30 50.68 Legal & General Group PLC 237.60 -0.50 -0.21 750.67 Lloyds Banking Group PLC 66.33 0.46 0.70 18,805.60 London Stock Exchange Gr 3188.00 -11.00 -0.34 14.69 Marks & Spencer Group PLC 236.20 3.90 -1.15 436.76 Medicinic International PLC 279.00 8.50 1.08 101.23 Merin Entertainments PLC 479.80 -1.70 -0.35 94.26 Micro Focus International PLC 239.55 -1.00 -0.42 1,060.36 National Grid PLC 933.15 5.06 0.55 307.71 Next PLC 3864.00 -22.00 0.07 19.49 Old Mutual PLC 209.30 -0.10 -0.05 124.93 Paddy Power Betfair PLC 8535.00 0.00 0.00 3.61 Pearson PLC 1956.50	1911 NP NC		1121000		
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	WPP PLC	1833.50	-13.00	-0.70	158.13



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COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	177,48	0,37%	0,66	106M
3M	175,04	0,49%	0,86	104M
AMERICAN EXPRESS	78,04	2,00%	1,53	70M
APPLE	129,08	0,43%	0,55	676M
BOEING CO	162,4	0,09%	0,14	100M
CATERPILLAR	93,28	-0,52%	-0,49	54M
CHEVRON	113,57	1,21%	1,36	214M
CISCO SYSTEMS	31,32	0,45%	0,14	157M
COCA-COLA	41,54	0,34%	0,14	179M
DU PONT(EI) DE NMR	76,43	0,34%	0,26	65M
EXXON MOBIL	83,54	0,11%	0,09	346M
GENERAL ELECTRIC	29,7	0,07%	0,02	262M
GOLDMAN SACHS	240,95	4,57%	10,54	95M
HOME DEPOT	137,98	0,75%	1,03	167M
IBM	175,82	0,71%	1,24	167M
INTEL CORP	36,52	-0,44%	-0,16	172M
J.P.MORGAN CHASE	87,18	3,06%	2,59	311M
JOHNSON & JOHNSON	113,64	0,06%	0,07	308M
MC DONALD'S CORP	124,24	0,83%	1,02	101M
MERCK AND CO. NEW	64,29	0,17%	0,11	176M
MICROSOFT	63,68	0,81%	0,51	491M
NIKE	52,36	-0,83%	-0,44	69M
PFIZER	32,09	1,13%	0,36	194M
PROCTER AND GAMBLE	87,41	-0,40%	-0,35	224M
TRAVELERS CIES	117,78	0,13%	0,15	32M
UNITED TECHNOLOGIE	109,65	1,19%	1,29	90M
UNITEDHEALTH GROUP	161,87	0,69%	1,11	153M
VERIZON COMMS	48,58	0,62%	0,3	197M
VISA	86,08	4,59%	3,78	160M
WAL-MART STORES	66,5	-0,30%	-0,2	204M
WALT DISNEY CO	110,3	-0,28%	-0,31	174M

Kleinwort Benson Elite PCC Ltd

DEALING

Distributing Funds

EUR Fixed Income B Sterling Fixed Income B

Accumulating Fun

GBP Currency B EUR Currency B Multi Asset Conservative B Multi Asset Conservative B Multi Asset Balanced B GBF Multi Asset Balanced B EUF **Multi Asset Growth B GBP Multi Asset Growth B EUR**

PRICE	Movement
€0.9573	 €0.0117
£0.9345	 £0.0095

nds	DEALING PRICE	Price Movement
		£0.0002 €0.0003
GBP	£1.1291	£0.0002
EUR	€1.0642	€0.0003
Ρ	£1.2505	£0.0024
R	€1.1688	€0.0024
	£1.3607	£0.0043
	€1.2785	€0.0044

	The Medicines Company
	Collectors Universe, Inc.
Price ovement	Paylocity Holding Corporation
ovement	Orexigen Therapeutics, Inc.
€0.0117	Fortinet, Inc.
£0.0095	Pixelworks, Inc.
2010000	Beasley Broadcast Group, Inc.

GoPro, Inc.

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0.41 🛦 13.06% \$ 3.55 0.95 🛦 12.75% \$ 8.40 LEAP THERAPEUTICS, INC. \$ 6.79 0.76 🛦 12.60% \$ 16.14 1.72 🛦 11.93% Tabula Rasa HealthCare, Inc Flex Pharma, Inc. \$ 4.46 0.46 11.50% Most Declined Pulmatrix, Inc. \$ 3.86 1.24 24.31% Vanguard Natural Resources LLC \$ 2.75 0.72 20.75% Pernix Therapeutics Holdings, Inc. \$ 2.44 0.54 🔻 18.12% 3.20 ▼ 16.96% Aceto Corporation \$ 15.67 Vanguard Natural Resources LLC \$ 2.96 0.59 ▼ 16.62% \$ 10.93 2.04 🔻 15.73% FireEye, Inc. \$ 11.60 1.99 ▼ 14.64% Kirkland's. Inc. Vanguard Natural Resources LLC \$ 3.04 0.50 **v** 14.12% 17.74 **v** 14.01% athenahealth, Inc. \$ 108.90 0.75 ▼ 12.93% \$ 5.05 Neos Therapeutics, Inc.

PRICE

\$ 16.44

\$ 45.96

\$ 24.92

\$ 34.98

\$ 4.10

\$ 37.72

\$ 9.58

CHANGE NET / %

3.72 🛦 29.25%

7.96 ▲ 20.95%

4.13 🛦 19.87%

5.06 🛦 16.91% 0.56 🛦 15.82%

4.54 🛦 13.68%

1.39 12.67%

Prices correct as at 01/02/2017

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Paul and Michelle Currencies Direct customers since 2013, Calpe,Spain

Bank of England rethinks forecasts

By John Smith

THOSE who predicted that the UK economy would not be adversely affected by the Brexit decision were dealt a blow by the Bank of England which gave a very gloomy forecast immediately following the referendum decision.

The Bank expects the economy to sustain reasonable growth over the next three years.

Now just over six months later, the situation is definitely reversed with the Bank having to completely review its growth forecast upwards yet again to a figure of 2 per cent for 2017 which is only marginally lower than the forecast in May 2016 when it was assumed that Britain would remain in the EU.

The Bank had previously said that following the referendum result, its actions had done a great deal to stave off a possible disaster and now suggests that higher internal spending by



BANK OF ENGLAND: The Monetary Policy committee.

the government as revealed in the Chancellor's last budget review has helped to make the figures look better than expected.

Looking further forward the Bank also expects the economy to sustain reasonable growth over the next three years thanks to a stronger than expected world economy, cheaper credit options and a decision by the British public to reduce savings as borrowing is cheaper.

These revelations therefore accounted for the fact that there was no hike in the interest rates which continue at a low of 0.25 per cent, although many analysts expect this to be increased sooner rather than later.

Wages have not increased according to expectations so that any cut in unemployment is currently unlikely to see an increase in inflation which is still at an acceptable level, but this is subject to the pound recovering further against the dollar and euro and with the expectation that consumer spending will begin to tail off.

Should inflation begin to increase above acceptable levels then there is little doubt that a speedy increase in the base rate will be implemented.

In many ways these announcements come as something of an embarrassment for both the Bank of England and Governor Mark Carney who recently indicated that he would not leave his post until Brexit has been completed.

If the government and industry cannot rely upon forecasts from the most influential of financial institutions in the UK, then the economy itself could be damaged, especially at a time when Britain is trying to negotiate itself out of the EU and into new trade deals with countries worldwide.

Now that approval has been given in Parliament for the government to proceed to invoke Article 50, the next step will be to review the contents of the White Paper covering the government's overall strategy for Brexit and market reaction to that may well give a strong pointer to how accurate these latest forecasts may be.

Saving their bacon

AFTER reports that due to the appalling weather in parts of Spain there would be a shortage of a number of vegetables and fruit in British supermarkets, news is now coming in of a bacon shortage in the USA.

There may well be a sudden surge in downloads of the video game Aporkalypse - Pigs of Doom, but there has been something of an online panic as Twitter users worry about the latest news from the US Department of Agriculture that reserves of frozen pork bellies had fallen significantly.

It appears that despite President Trump's fear that the country is being swamped by Muslims, that sales of pork bellies from which American Bacon is mainly produced have risen considerably.

America has been experimenting with bacon recently and the advent of bacon cheesecake, ice cream, smoothies, cupcakes, doughnuts and popcorn coupled with the introduction of all-day breakfasts by major chains has meant that most fresh pork meat has been sold rather than frozen and put into storage.

According to the Department of Agriculture report, stocks have dropped from 22 million kilos to just over eight million kilos in a year which has triggered some fear about prices and scarcity of tasty porcine comestible.



BACON SHORTAGE: This little piggy went to market.

Whilst it is possible that Danish producers will be looking to increase their production, representatives of American pig councils have acted swiftly to advise that the number of pigs in America is greater than ever, although there may be some short term price increases,

On a more serious note, any shortage

which results in price rises must be considered counter-productive and in Zambia several years ago, there were a number of deaths when one particular type of maize was in short supply and many people refused to consume an alternative and different coloured maize which was supplied as aid by the US Government.

A different fashion connection

NOW that Sports Direct seems to have ridden out the tide of negative publicity about its treatment of staff, owner Mike Ashley is reported to have gained control over an 11 per cent stake in fashion chain French Connection.

It would appear that he now has access to 10.7 million shares in the company which may be ripe for a takeover by using an unusual form of investment known as a 'contract for difference' which gives him a very strong position to either benefit from a sale to a third party or if he wishes to make an offer himself.

The bulk of his new shareholding came from asset managers Schroders and it is known that Sports Direct which owns a number of clothing brands such as Lonsdale and Everlast offers a number of French Connection items in its stores.

The main shareholder of French Connection with 42 per cent is founder Stephen Marks, but he has been under considerable pressure from a consortium of business shareholders as the company has been making consistent losses for the last five years.

The introduction of Mike Ashley could mean that French Connection could well be ripe for a significant change in its fortunes in the not too distant future.

Sala Group presents new CEO

THE prestigious hospitality company Sala Group has announced ambitious expansion plans and the appointment of a new CEO.

The expansion will include further beach clubs and a possible strategic alliance with a prominent global hospitality group, taking the company into the next phase of its very ambitious growth plans.

Sala Group currently operates six locations worldwide.

The new CEO, Federico González, took up the position on February 6. He holds a law and economics degree from Deusto University in Bilbao and an MBA from INSEAD business school in France.

He brings his extensive corporate experience to the group, having worked previously for Audi UK, among others, as well as his broad experience as an entrepreneur and property developer.



FEDERICO GONZÁLEZ: Brings extensive corporate experience to the group.

Commenting on his appointment he said, "I'm honoured to have been chosen for this very exciting opportunity. This is a group that has achieved unparalleled success since its foundation. To be offered the chance to lead our 300 employees to greater success is a challenge I am greatly looking forward to."

Steve Hampson who has been CEO since 2012 commented, "Fede is an excellent fit for our business, his local and international experience will prove invaluable as the group formalises our expansion plans for 2017/18."

Hampson will remain with the business as a director focusing on International and Strategic Affairs.

Sala Group currently operates six locations worldwide, with a pipeline of proposed projects for 2018. It has gained acknowledgement as one of the premier hospitality groups in Spain and Europe.

Photo Credit: Sala Group.

Bla Bla Car says ha ha

A COMPANY which was founded in France and has offices around the world, Bla Bla Car has just fought off a claim made in court by the Spanish Confederation for Bus Transport (Confebus) which asserted that it was improperly acting as a transport company.

It argued that car sharing of this type was helping to depress the market for bus and coach journeys and therefore should be banned in Spain.

Bla Bla Car, however denied it was a transport company but simply a social network that brings together drivers and passengers who wish to share the cost of their journey and it makes a charge for the introduction.

The matter was heard before a Madrid court which ruled those drivers using Bla Bla Car are not employees of that company, nor are they in the main professional drivers touting their business for hire and reward.

In addition, it ruled they were not looking to make a profit from the journey but were simply sharing the costs incurred.

Confebus does have the right of appeal against this service and city councils who feel that this business undermines their local bus services could also decide to take action against the company in the future.

Losing mental capacity whilst living abroad



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attorneys to act for you when you are no longer able to act for yourself. Your attorney can be a professional, such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain? Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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It's a big and nasty world out there folks

LEAPY LEE SAYS IT OTHERS THINK IT

CAN'T quite believe I'm doing Trump again this week but the man is such wonderful column fodder, I find him almost impossible to resist.

At least the court order, reversing his blanket ban on travellers from seven Muslim countries proved one thing. That no man, even the president of the United States, is in fact an island.

Hopefully the overruling by the federal judge, finally convinced the naïve whingers ('one dangerous finger hovering over the red button' etc) that there are a considerable number of factors involved before decisions of this magnitude can be implemented, even in a retaliatory mode. Dr Strangelove he ain't! more blatant, and somewhat less subtle, I also agree with Trump that, if the situation calls for it, most countries are very capable and do most certainly engage in assassinations, including the UK.

Although Russia may be a little



To my mind there is no doubt that Stephen Ward, who featured in the Christine Keeler/Mandy Rice scandal of the 60's was topped, before he could blow the whistle on one or two characters (highly rumoured to be royalty) being participants in the sex orgies involved. I am also convinced that the tragic Dr Kelly was murdered on orders from the government, prior to revealing the lies and false information concerned in the weapons of destruction issues that ultimately led us into the war on Iraq.

James Bond and his licence to kill appointment is actually not far from the truth. I think the assassins of the CIA and British secret service, are far more lethal and mercenary than the romantic 007 ever was. So full marks to PDT for once

again speaking out. However shocking his statements may seem, my message to the so-called patriots, who think their countries are whiter than white and couldn't possibly be involved in such unacceptable practices, I say get a life.

It's a big nasty world out there, and we just may need big and nasty people to make sure we survive in it.

Keep the Faith. Love Leapy. Leapylee2002@gmail.com

> JAMES BOND: His licence to kill is not far from the truth.



BBC	one	BBC	OWT	BBC	FOUR	СНА	NNEL 🦺	СНА	NNEL 5		4	sky s	PORTS 1
					100 Days		-11-			7,00,			
7:00am 10:15am	Breakfast Food: Truth or Scare	7:00am 7:30am	Flog it! Trade Secrets Wanted Down Under		Top of the Pops	7:00am 7:45am	Countdown King of Queens	9:15am 9:25am	Wissper Peppa Pig	7:00am	Rude(Ish) Tube Shorts	7:00am 8:00am	Football Gold WWE SmackDown!
	Homes Under the	7.500111	Revisited		Britain's Ancient		King of Queens	9:50am	Toot the Tiny Tugboat	7:10am	Made in Chelsea	9:00am	Premier League
	Hammer	8:15am	Royal Recipes		Capital: Secrets of	8:35am	King of Queens	10:00am	Toby's Travelling	8:00am	Hollyoaks		Legends
12:00pm	Wanted Down	9:00am	An Island Parish		Orkney	9:00am	Everybody Loves	40.45	Circus	8:30am	Coach Trip	9:30am	Premier League
12:15nm	Under Revisited Oxford Street	9:30am	Great British Railway Journeys		British History's Biggest Fibs with	9:30am	Raymond Everybody Loves		The Wright Stuff Cowboy Builders and	9:00am 9:30am	Brooklyn Nine-Nine Brooklyn Nine-Nine	10:00am	Legends Barclays Premier
	Revealed	10:00am	Victoria Derbyshire		Lucy Worsley	9.30am	Raymond	12.15011	Bodge Jobs		Rules of Engagement	10.00411	League World
1:15pm	Bargain Hunt		BBC Newsroom Live		Love and Betrayal in	10:00am		1:10pm	5 News Lunchtime		Rules of Engagement	10:30am	One2eleven
	BBC News at One	1:00pm	The Daily Politics		India			1:15pm	Police Interceptors:		Baby Daddy	11:30am	Barclays Premier
	BBC London News	2:00pm	Cash in the Attic	12:00am		11:00am			Smash and Grab		Baby Daddy Charmod	12:00pm	League World
	Doctors Father Brown	2:25pm 2:55pm	Beat the Brain Landward at the		Warning From History	11:50am	Ramsay's Kitchen Nightmares USA	2:15pm	Special Home and Away	12:00pm 1:00pm	Charmed	12:00pm	The Premier League Years
	I Escaped to the	2.5500	Royal Highland Show	12:50am	Attenborough and	12:30pm	Four in a Bed	2:45pm	Neighbours	2:00pm	How I Met Your	2:00pm	One2eleven
	Country	3:25pm	Italy Unpacked		the Giant Egg		Channel 4 News	3:15pm	NCIS		Mother	3:00pm	Premier League
	Royal Recipes	4:25pm	Tropic of Capricorn		David Attenborough		Four in a Bed	4:15pm	The Vanished Family:	3:00pm	The Big Bang Theory		Legends
•	Antiques Road Trip Pointless	5:25pm	A Place to Call Home		returns to the island of Madagascar on a		Four in a Bed Countdown		Aurora Teagarden Mystery 4	3:30pm 4:00pm	The Big Bang Theory Baby Daddy	3:30pm	Premier League Legends
	BBC News at Six	6:15pm	Flog It!		very personal quest.		A New Life in the	6:00pm	5 News at 5	4:30pm	Baby Daddy Baby Daddy	4:00pm	One2eleven
•	BBC London News	7:00pm	Eggheads		Top of the Pops		Sun	6:30pm	Neighbours	5:00pm	How I Met Your	5:00pm	20 Years of Super
	The One Show	7:30pm	Great American	2:25am	Britain's Ancient		A Place in the Sun	7:00pm	Home and Away		Mother		League
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	Would I Lie to You? EastEnders	8:00pm	Put Your Money Where Your Mouth Is	3:25am	Orkney British History's		The Simpsons Hollyoaks	8:00pm	Loch Lomond: A Year in the Wild	6:30pm 7:00pm	Brooklyn Nine-Nine The Big Bang Theory	7:00pm	Super League Final Gold
	Death in Paradise	9:00pm	The Great Pottery	5.254111	Biggest Fibs with		Channel 4 News	9:00pm	Bargain Loving Brits	7:30pm	The Big Bang Theory	7:45pm	Super League Final
	BBC News at Ten		Throw Down		Lucy Worsley		The Secret Life of 5		in the Sun	8:00pm	Hollyoaks	•	Highlights 2016
	BBC London News	10:00pm	After Brexit: The	4:25am	This is BBC Four		Year Olds	10:00pm	The Great British	8:30pm	Coach Trip	8:00pm	Rugby League
	Question Time	11.00mm	Battle for Europe		BBC Four is the BBC		Escape to the Wild		Benefits Handout	9:00pm	The Big Bang Theory	11:30pm	Premier League
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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BBC	one	BBC	TWO	BBC	FOUR	СНА	NNEL 🦺	СНА	NNEL 5		4	sky S	PORTS
10:15am	Food: Truth or Scare	7:00am	Flog it! Trade Secrets	8:00pm	World News Today	7:00am	Countdown	9:00am	Ben and Holly's Little	7:00am	Rude(Ish) Tube	9:30am	Premier League
	Homes Under the	7:30am	Wanted Down Under		The latest national	7:45am	King of Queens		Kingdom		Shorts		Legends
	Hammer		Revisited		and international	8:10am	King of Queens	9:15am	Wissper	7:10am	Made in Chelsea	10:00am	One2eleven
2:00pm	Wanted Down Under	8:15am	Royal Recipes		news, exploring the	8:35am	King of Queens	9:25am	Peppa Pig	8:00am	Hollyoaks	11:00am	Barclays Premier
	Revisited		School Swap		day's events from a	9:00am	Everybody Loves	9:50am	Toot the Tiny Tugboat	8:30am	Coach Trip		League World
2:45pm	Oxford Street		Victoria Derbyshire		global perspective.		Raymond	10:00am	Toby's Travelling	9:00am	Brooklyn Nine-Nine	11:30am	Premier League
. 1	Revealed		BBC Newsroom Live	8:30pm	Top of the Pops	9:30am	Everybody Loves		Circus	9:30am	Brooklyn Nine-Nine		Matchpack
15pm	Bargain Hunt		The Daily Politics		Tony Blackburn and		Raymond	10:15am	The Wright Stuff	10:00am	Rules of Engagement	12:00pm	Football's Greate
	BBC News at One		Cash in the Attic		Gary Davies present	10:00am		12:15pm	Cowboy Builders and	11:00am	Baby Daddy	1:00pm	One2eleven
	BBC London News	2:25pm	Beat the Brain		the weekly chart	10:30am	Frasier		Bodge Jobs	11:30am	Baby Daddy		Barclays Premier
	Doctors		Landward		show, first broadcast	11:30am	Ramsay's Kitchen	1:10pm	5 News Lunchtime	12:00pm			League World
	Father Brown	3:25pm	Italy Unpacked		on 17th March		Nightmares USA	1:15pm	Benefit House: Me		Charmed	2:30pm	Premier League
00pm	I Escaped to the	4:25pm	Tropic of Capricorn		1983.	12:30pm	Four in a Bed		and My 26 Kids		How I Met Your		Matchpack
[Country	5:25pm	A Place to Call	9:00pm	The Good Old Days	1:00pm	Channel 4 News	2:15pm	Home and Away		Mother	3:00pm	Premier League
45pm	Royal Recipes	••p	Home	1	Leonard Sachs chairs		Four in a Bed	2:45pm	Neighbours	2:30pm	How I Met Your		Legends
30pm	Antiques Road Trip	6:15pm	Flog It!		the old-time music		Countdown	3:20pm	NCIS		Mother	4:00pm	One2eleven
15pm	Pointless	7:00pm	Eggheads		hall programme, first		A New Life in the	4:20pm	A Teacher's	3:00pm	The Big Bang Theory	5:00pm	Premier League
	BBC News at Six		Great American		broadcast on 17th		Sun		Obsession		Baby Daddy		Legends
	BBC London News	, io opin	Railroad Journeys		January 1978.	5:00pm	A Place in the Sun	6:00pm	5 News at 5		Baby Daddy	6:00pm	Premier League
	The One Show	8:00nm	Big Dreams Small	10:00pm			Come Dine with Me	6:30pm	Neighbours		How I Met Your	c.copiii	Matchpack
	A Question of Sport	oroopin	Spaces		Girl in a Band: Tales		The Simpsons	7:00pm	Home and Away		Mother	6:30pm	Barclays Premie
	EastEnders	9.00nm	Mastermind		From the Rock 'N'		Hollyoaks	7:30pm	5 News Tonight	5:30pm	How I Met Your	0.500	League World
	Room 101		Only Connect		Roll Front Line		Channel 4 News	8:00pm	Loch Lomond: A Year	510 00111	Mother	7:00pm	The Fantasy Foc
	Not Going Out		Birds of Paradise		Girls in Bands at the		Jamie and Jimmy's	oroopin	in the Wild	7:00pm	The Big Bang Theory	7.00pm	Club
	Tracey Ullman's	11:00pm		12.000	BBC		Friday Night Feast	9:00pm	Celebrity Carry on		Hollyoaks	8:00pm	Football
	Show		Newsnight	1:00am	Top of the Pops		8 Out of 10 Cats	5.00pm	Barging		Coach Trip		Barclays Premie
	BBC News at Ten		Further Back in Time		Arena		Does Countdown	10.00nm	Cruising with Jane		The Big Bang Theory	11.13hiii	League Preview
	BBC London News	12.05411	for Dinner		Girl in a Band: Tales		The Last Leg	10.00pm	McDonald		This Means War	11:45nm	The Fantasy Foo
	The Graham Norton	1.0Eam		2.304111	From the Rock 'N'		The Fake News	11:00nm	When Live TV Goes		The Big Bang Theory	тт.4эрш	Club
:22011	The Granam Norton	1:05am	Francis Bacon: A					11.00pm			5 5 7		
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2:25am	Show Uncle		Brush with Violence The Cult Next Door		Roll Front Line	12:40am	Show First Dates Hotel	1:00am	Horribly Wrong Super Casino	1:00am	The Big Bang Theory Tattoo Fixers		Barclays Premier League Preview
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Advertising feature

See Joe Longthorne with his full band live in concert

JOE LONGTHORNE was born into a show business family: his parents were both travelling show people. When he was six he came first in a talent show and his prize was a toy motor car. At 14 he landed a part in Yorkshire Television's series, Junior Showtime, and remained with the show for over two years.

He then turned professional and earned a living in northern working men's clubs. It was through the London Weekend Television series Search For a Star in 1981 that Longthorne was first launched onto the British televiewing public as a singer and impressionist and his success on the show led to appearances at the London Palladium and a month-long season at London's Talk of the Town.

The following year Longthorne received the Variety Club's award for most promising artiste. In 1985 he was invited to headline a season at the Drury Lane Theatre in Chicago, Illinois. He made a further breakthrough on British television in 1987, starring in Live From The Palladium and Des O'Connor Tonight. Longthorne also released three platinum albums for Telstar, The Joe Longthorne Songbook, Especially for You and the Joe Longthorne Christmas Album.

It was around the time of his appearance at the Royal Variety Performance in 1989 that he was diagnosed with lymphoma. After responding to treatment Longthorne embarked on a tour of Australia and appeared on The Mike Walsh Show.

Longthorne continued performing into the early 1990s with sell-out performances at the Royal Albert Hall, the Sydney Opera House and the London Palladium. His music videos Live in Concert and A Man and His Music were steady sellers in the 1990s but financial problems from past mismanagement led him to bankruptcy in the latter part of the decade.

His illness degenerated into leukaemia and he underwent a bone marrow transplant. In 2006 Longthorne performed again at the London Palladium and in 2007 the Variety Club awarded him their Lifetime Achievement Award, which placed him amongst past recipients such as Frank Sinatra, Judy Garland, Ella Fitzgerald, Wayne Dobson, Freddie Parrot Faced Davies and Gary Wilmotts. In August 2009, Longthorne appeared in a tribute show to Don Black at the London Palladium. He currently lives in his adopted hometown of Blackpool.

Joe with his full band will be playing at the Benidorm Palace on April 9, with special guest support by Rebecca Holt. For tickets and information contact the Benidorm Palace Box Office on 965 851 660 or www.heatwavepromo tions.com or call 629 056 720.

JOE LONGTHORNE: Will play at Benidorm Palace.



ARE you a skilled and driven expat looking for lucrative job opportunities in the UK that will allow you to live out your dreams of a life in Spain? Have you had trouble finding a position that offers proper wages for the hard work you put in?

Fortunately Cambs Contractors is well aware of the tough environment many expats find themselves in while living in Spain.

It has dedicated itself to helping people like you unleash your potential, and earn good money while you're at it.

A family-run business based in the UK with more than 40 years' experience in haulage and recruitment, Cambs Contractors is looking for drivers.

It wants to hear from people interested in guaranteed, flexible and profitable work at a location which suits them.

Having lived in Spain



themselves, owner Steve Ambrose and his family, are all too familiar with the financial plight many expats can find themselves in.

That is why they have developed a driver-friendly employment programme designed to benefit you.

Average weekly earnings in the UK are between £800 and £1,000 per week and many drivers who choose Cambs Contractors go for a few weeks or months, earn their money while based near their family back home, and then return to Spain with enough cash to support a life in the sun.

Interested? Contact Cambs Contractors today on +44 1487 842165 or +44 7846624312, email them on info@cambscontractors.co.uk or visit their website www.cambscontractors.co.uk



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Release the Hounds

Shopping from home.

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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Advertising feature

Be wise and protect your eyes at Interoptics

SO Fay, let's talk about eye care, what's the most important advice you can give to people about eye care?

The most important thing to remember is get a complete eye test at least once a year. Apart from checking your prescription they are very important for preventing pathologies such as glaucoma, cataracts, retina problems and more. They are vitally important for people with health problems such as diabetes, high blood pressure, blood circulation problems... they should check their eye health at least once a year. Many problems can be detected and even prevented by a complete eye test.

At Interoptics eye tests are free and a reminder will be sent to you so you don't forget.

Regarding our eyes, is there anything special that people should be aware about when they come to live in Spain?

The sun is the reason most of us come to live here but please don't wear cheap sunglasses! People should be aware of the damage the



ANNUAL EYE TESTS: Are important to help prevent and detect problems.

sun can cause to their eyesight. Problems such as cataracts, macular degeneration, pterygium, are caused mostly by the sun so it is very important to use eye protection even in the winter months here in Spain. We all slap on sun cream but forget about our eyes and like skin cancer problems caused by sun damage only appear as we get older.

If you do sports Interoptics offer a wide range of sports glasses with the correct protection, and yes, you can have your prescription in sunglasses, even varifocal lenses. There is a large range of lenses for sun protection to pick from at reasonable prices.

Call Interoptics on 965 033 038 for an appointment or call in for more information. Interoptics is located 50 meters from the Medical Centre Alfaz Del Pi, opposite the Casa del Cultura on the number 10 bus route.

Albir Market – the store with more

ALBIR MARKET is a convenience store located in Albir that has everything you need and more.

Whether you need milk for a cup of tea at breakfast or want a snack after midnight this store is open seven days a week from 8am until 1am.

Selling products from England, Spain, Norway and Romania they are popular with residents and tourists who prefer a convenience store rather than a supermarket where queues can be long and time-consuming.

The store is fully stocked and carefully laid out with regular groceries including fresh fruit and vegetables, a chiller with cold meats and cheeses as well as household items and pet food. There is also an extensive beer and wine section, sun tan lotions, perfumes and gift ideas such as boxes of Thorntons chocolates.

Also in-store is a fresh bakery where you can smell the delicious aromas of bread, croissants, muffins, empanadillas and other wonderful pastries. There is also a fresh cake selection where the cakes are far too tempting to ignore and should you need a cake for a special occasion, Albir Market will be happy to take your order.

Another side to the business is a take-away service of freshly prepared food all made on



the premises. Here you can get a nice lunch or dinner to have at home and with no pangs of guilt that you are having another take-away. There is a great selection to choose from such as lasagne, turkey legs, ribs

etc and a variety of side dishes including mushrooms cooked in garlic, boiled rice and green beans. This is not available on Sunday, although the pastry counter is open all week. The store has a post box where letters are collected twice a week and you can also pick up the free local newspapers.

All the staff speak English and if you are having any difficulties then they are on hand to answer any questions.

Find Albir Market at C/ Pau Casals, Edificio Mistral, Local 8, 03581 Albir or call 966 868 624 / 672 776 259.

ALBIR MARKET: Everything you need, plus a fresh bakery.

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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

LEGALLY SPEAKING **Clamping down on** repeat offenders

AS part of the series, we answer some common driving questions and keep you updated on the latest driving and road news kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



OURENSE: The DGT has seized vehicles from repeat road safety offenders.

A TOTAL of 22 vehicles have been seized in Ourense, in Galicia, north western Spain.

The DGT took the vehicles from repeat road safety offenders. Although seemingly extreme, the action was taken on account of the severity of the repeat offences. The public prosecutor said each of the owners would have potentially had their vehicles seized for accumulating at least three consecutive convictions in a two year period for various crimes, such as drink and drug driving, or driving without a valid licence.

Of the vehicles seized, 19 have been scrapped. The remaining three are being held as evidence on account of continued investigations being carried out.

The Guardia Civil arrested 362 people in Ourense in 2016, all for serious offences against road safety. The majority were related to alcohol with 204 drivers arrested for driving whilst over the alcohol limit.

As well as clamping down on offenders, it is hoped it will enhance road safety for users. Last year, across the Spanish road network system, there were 1,038 fatal incidents in which 1,160 people lost their lives. A further 5,067 people needed hospital treatment as a result of a traffic accident.

problem was minor, but the President said

he would look into it. No vote was taken. I

wanted this situation to be written into the

Minutes book, but the President refused.

S D (Costa del Sol)

and those against. Only

those members who are

recorded as voting against a

proposal can later challenge

it in court. Other details of

discussions or points of

view are optional.

For more news and articles visit www.n332.es or search N332 on Facebook.

Can he get it in Minutes?

Can he do this?

At the last AGM of our Community, 0. in the discussion at the end of the meeting, I brought up an issue about a member of the Committee, who has hired a family member to work on the maintenance. I feel that this is incorrect. After some comments, the sense of the meeting was that the

Yes, he can. By law, the official Minutes book of the AGM must record the members who attended, either in person or by proxy, and the decisions taken as a result of those who voted in favour



the voting, with a list of

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Befuddled by English language



COMPUTERS are now such an integral part of everyday life you can't imagine being without them but they can also be annoying so and sos when they decide to go wrong. Well not even when they go wrong, just when they do not do what you want them to do.

I have an iPhone and use iCloud to store my photos and other bits and they are meant to automatically download to my PC which is quite new and runs on Windows 10. This means that I should have all my photos available on all my devices ... except I haven't because, for some reason, they won't show up on my PC. I've tried everything. I've installed the latest updates of everything.

I then checked on the internet and it told me to uninstall everything and do this, that and the other but still it doesn't work. I got in touch with Apple and they said it was a Windows problem and guess what Microsoft said? Yup, spot on, they said it's an Apple problem. So after all that I am no better off.

I've probably spent a month trying to sort it out (not all day everyday) but I've basically given up on it because, to be honest, I can't be arsed anymore.

The English language befuddles me sometimes. For instance, what's the difference between a serviette and a napkin? They are both the same aren't they? The dictionary says they are, so why have two words for the same thing? And, of course, a napkin is also what we put babies in. How about afters, dessert, pudding, sweet? Is it a class thing? I have 'afters' and the snotty cow that lives over the road has dessert? Just wondering...

I often get grumpy with restaurants as you know. I make no apology for it as they continue to do the most stupid things to wind me up. One of my favourite places closes in November and reopens again in February so we popped in for something to eat. When I looked at the menu the prices on quite a few items had gone up. Now, of course you are wondering, how would you know?

You wouldn't remember the prices of stuff on a menu and you are quite right I don't. In fact, I didn't have a clue what the prices were except instead of having new menus printed in their break, the idiots just tippexed out the old price and wrote the new one in. Seriously, how dumb is that? I would never have known but now I've got the hump, not because the price has gone up, but because of their laziness in disguising their increases.

I will be on Talk Radio Europe Friday 10 at 11.30am having a bit of a Trump grump. Listen, call in or email mikesenker@gmail.com.



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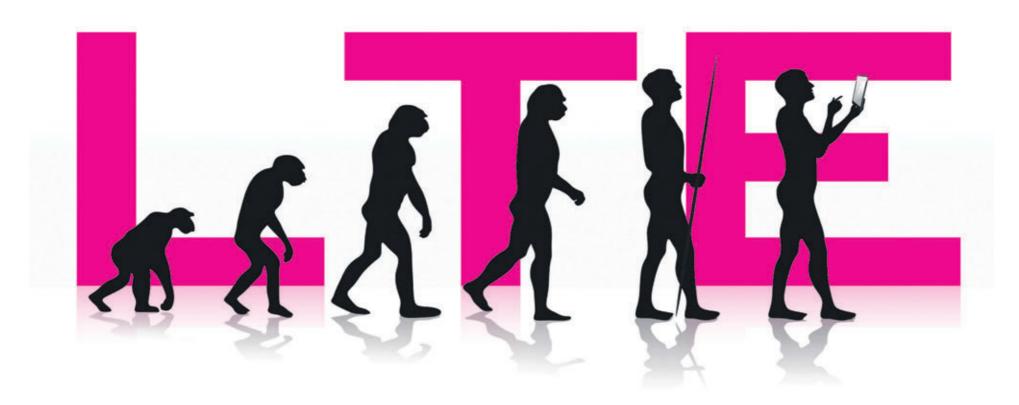
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:00am :30am 0:25am 1:30am :30pm :30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Regional News and Weather	7:00am 7:25am 8:15am 9:00am 9:30am 10:35am 11:25am	You've Been Framed! Who's Doing the Dishes? The Ellen DeGeneres Show Emmerdale The Cube Psych Scorpion Who's Doing the Dishes?	7:00am 7:25am 8:25am 9:30am 10:30am 11:00am 11:30am 11:55am 2:10pm 3:10pm 4:10pm	In Loving Memory Heartbeat Where the Heart is The Royal Judge Judy Judge Judy Judge Judy Inspector Morse Heartbeat The Royal Where the Heart is	7:00am 7:55am 8:45am 9:20am 9:50am 10:50am 11:55am 1:30pm 1:30pm 2:25pm	Gunsmoke The Saint Hogan's Heroes Hogan's Heroes The Professionals Ironside Gunsmoke Storage Wars Texas Storage Wars Texas Pawn Stars Pawn Stars	7:10am 8:50am 10:45am 12:20pm 2:40pm 4:50pm	Cellular AVP: Alien vs. Predator Extraction Star Wars: Episode VII - The Force Awakens Tomorrowland The Mummy	sky 8:40am 10:20am 12:05pm	Mojave A troubled Hollywood star retreats to the desert and has a run-in with a homicidal drifter. Friend Request The Angry Birds	9:00am 10:00am 10:30am 11:00am 12:00pm 2:00pm 2:30pm	Sky Sports Years Cricket's Greatest Cricket's Greatest Time of Our Lives The Premier Leagu Years Football's Greatest Football's Greatest Premier League Legends Premier League
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:00am :30am 0:25am 1:30am :30pm :30pm :55pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Regional News and Weather Up to the minute regional news and weather updates.	7:00am 7:25am 8:15am 9:00am 9:30am 10:35am 11:25am 1:25pm 1:25pm	You've Been Framed! Who's Doing the Dishes? The Ellen DeGeneres Show Emmerdale The Cube Psych Scorpion Who's Doing the Dishes? Emmerdale You've Been Framed! The Ellen DeGeneres	7:00am 7:25am 8:25am 9:30am 10:30am 11:00am 11:30am 11:55am 2:10pm 3:10pm 4:10pm 5:20pm 5:55pm 6:20pm	In Loving Memory Heartbeat Where the Heart is The Royal Judge Judy Judge Judy Judge Judy Inspector Morse Heartbeat The Royal Where the Heart is In Loving Memory Rising Damp On the Buses	7:00am 7:55am 8:45am 9:20am 9:50am 10:50am 11:55am 1:00pm 1:30pm 1:55pm 2:25pm 2:50pm 3:25pm	Gunsmoke The Saint Hogan's Heroes Hogan's Heroes The Professionals Ironside Gunsmoke Storage Wars Texas Storage Wars Texas Storage Wars Texas Pawn Stars Pawn Stars Hogan's Heroes Hogan's Heroes Ironside	7:10am 8:50am 10:45am 12:20pm 2:40pm 4:50pm 6:55pm 9:00pm	Cellular AVP: Alien vs. Predator Extraction Star Wars: Episode VII - The Force Awakens Tomorrowland The Mummy Everest Star Wars: Episode VII - The Force	sky 8:40am 10:20am 12:05pm 1:50pm 5:35pm	Mojave A troubled Hollywood star retreats to the desert and has a run-in with a homicidal drifter. Friend Request The Angry Birds Movie Miracles From Heaven Anything for Love The Landlord	9:00am 10:00am 10:30am 11:00am 12:00pm 2:00pm 2:30pm 3:00pm 3:30pm 4:00pm 4:15pm	Sky Sports Years Cricket's Greatest Cricket's Greatest Time of Our Lives The Premier Leagu Years Football's Greatest Football's Greatest Premier League Legends Premier League Legends One2eleven One2eleven
2:00am 0:25am 1:30am 1:30pm 2:30pm 2:55pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Regional News and Weather Up to the minute regional news and weather updates. Judge Rinder	7:00am 7:25am 8:15am 9:00am 9:30am 10:35am 11:25am 12:25pm 1:25pm 3:00pm	You've Been Framed! Who's Doing the Dishes? The Ellen DeGeneres Show Emmerdale The Cube Psych Scorpion Who's Doing the Dishes? Emmerdale You've Been Framed! The Ellen DeGeneres Show	7:00am 7:25am 8:25am 9:30am 10:30am 11:30am 11:55am 2:10pm 3:10pm 4:10pm 5:20pm 5:55pm 6:20pm 6:55pm	In Loving Memory Heartbeat Where the Heart is The Royal Judge Judy Judge Judy Judge Judy Inspector Morse Heartbeat The Royal Where the Heart is In Loving Memory Rising Damp On the Buses Heartbeat	7:00am 7:55am 8:45am 9:20am 9:50am 10:50am 11:55am 1:00pm 1:30pm 1:55pm 2:25pm 2:50pm 3:55pm 5:00pm	Gunsmoke The Saint Hogan's Heroes Hogan's Heroes The Professionals Ironside Gunsmoke Storage Wars Texas Storage Wars Texas Storage Wars Texas Pawn Stars Pawn Stars Hogan's Heroes Hogan's Heroes Ironside The Professionals	7:10am 8:50am 10:45am 12:20pm 2:40pm 4:50pm 6:55pm 9:00pm 11:25pm	Cellular AVP: Alien vs. Predator Extraction Star Wars: Episode VII - The Force Awakens Tomorrowland The Mummy Everest Star Wars: Episode VII - The Force Awakens Precious Cargo	sky 8:40am 10:20am 12:05pm 1:50pm 5:35pm	Mojave A troubled Hollywood star retreats to the desert and has a run-in with a homicidal drifter. Friend Request The Angry Birds Movie Miracles From Heaven Anything for Love The Landlord The Angry Birds	9:00am 10:00am 10:30am 11:00am 12:00pm 2:00pm 2:30pm 3:00pm 3:30pm 4:00pm 4:15pm 4:30pm	Sky Sports Years Cricket's Greatest Cricket's Greatest Time of Our Lives The Premier Leagu Years Football's Greatest Football's Greatest Premier League Legends Premier League Legends One2eleven One2eleven One2eleven
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2:00am 0:25am 0:25am 1:30am 1:30pm 2:30pm 2:55pm 2:55pm 2:00pm 1:00pm 5:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Regional News and Weather <i>Up to the minute</i> <i>regional news and</i> <i>weather updates.</i> Judge Rinder James Martin's French Adventure Tipping Point	7:00am 7:25am 8:15am 9:00am 9:30am 10:35am 11:25am 12:25pm 1:25pm 3:00pm	You've Been Framed! Who's Doing the Dishes? The Ellen DeGeneres Show Emmerdale The Cube Psych Scorpion Who's Doing the Dishes? Emmerdale You've Been Framed! The Ellen DeGeneres Show The Jeremy Kyle	7:00am 7:25am 8:25am 9:30am 10:30am 11:00am 11:00am 11:55am 2:10pm 3:10pm 4:10pm 5:20pm 5:55pm 6:20pm 6:55pm 8:00pm 9:00pm	In Loving Memory Heartbeat Where the Heart is The Royal Judge Judy Judge Judy Judge Judy Inspector Morse Heartbeat The Royal Where the Heart is In Loving Memory Rising Damp On the Buses Heartbeat Murder, She Wrote Paul O'Grady: For The Love of Dogs	7:00am 7:55am 8:45am 9:20am 9:50am 10:50am 11:55am 1:00pm 1:30pm 1:30pm 2:25pm 2:50pm 3:25pm 3:25pm 3:55pm 5:00pm 7:05pm 7:35pm	Gunsmoke The Saint Hogan's Heroes Hogan's Heroes The Professionals Ironside Gunsmoke Storage Wars Texas Storage Wars Texas Pawn Stars Hogan's Heroes Hogan's Heroes Ironside The Professionals The Saint Storage Wars Texas Storage Wars Texas	Sky 7:10am 8:50am 10:45am 12:20pm 2:40pm 4:50pm 6:55pm 9:00pm 11:25pm	Cellular AVP: Alien vs. Predator Extraction Star Wars: Episode VII - The Force Awakens Tomorrowland The Mummy Everest Star Wars: Episode VII - The Force Awakens Precious Cargo	8:40am 8:40am 10:20am 12:05pm 1:50pm 5:35pm 7:15pm 9:00pm 10:45pm	Mojave A troubled Hollywood star retreats to the desert and has a run-in with a homicidal drifter. Friend Request The Angry Birds Movie Miracles From Heaven Anything for Love The Landlord The Angry Birds Movie Friend Request Up for Love	9:00am 10:00am 10:30am 11:00am 12:00pm 2:00pm 2:30pm 3:00pm 3:30pm 4:00pm 4:15pm 4:30pm 4:45pm 5:00pm 5:30pm	Sky Sports Years Cricket's Greatest Cricket's Greatest Time of Our Lives The Premier Leagu Years Football's Greatess Premier League Legends Premier League Legends One2eleven One2eleven One2eleven One2eleven Cricket's Greatest Cricket's Greatest
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Hospitals make mistakes as well

MY wife died early last year after being treated with chemo at a Spanish hospital.

My wife was very well before the last treatment, she was strong and apart from the breast cancer very healthy. On the day of her treatment I sat with her, she was well. The following day she was gardening, cleaning, cooking and she was well. The next day my wife got ill, was taken to hospital, when I was allowed in the medico said there was no point going to her bed as she was dead.

He said they had done their best to save her but the chemo was too strong for her heart, he asked me if I wished to see her body and that is all he said. I was told I could collect the body at any time and to get an undertaker.

There was no inquest, my wife at her family's request was sent to the UK for burial. I am very concerned as the chemo should not have been so strong, a mistake was made and there should have been an inquest as my wife died very suddenly. Killed, I believe, by the medication.

I know whatever I say will never bring my wife back, but I write this letter to inform others that a hospital that can kill without any comeback is very frightening: the hospital can be very cavalier in their treatment and not worry about the results. In the UK with all its faults if a person dies suddenly there is always an inquest, but here there seems to be no concern.

Stephen (Almeria)

No sympathy

I FEAR the Palma Airport taxi drivers are on the road to nowhere with their protests over the planned new bus routes to tourist resorts.

As a dad who frequently travels from the UK with a family of five, and is fleeced for two taxis as a result, I have little sympathy with the drivers. Not when they trouser the thick end of £100 for two taxis to Magaluf one way. Not when some of them bid skywards of €300,000 for a Calvia taxi plate this summer - a record I'm told.

I applaud the extra choice people will now have as to how to get to their holiday destination. Taxi drivers would be far better served exploring ways of meeting the needs of their everyday punters - rather than robbing them. >> Photographs for possible publication should be sent by email with a full caption to: photonews@euroweeklynews.com



TRAINING PROGRAMME: Is needed to inform cyclists how to behave on the roads.

Cyclists have to abide by the rules

IT appears that Mojacar wants to promote cyclist groups for winter training. Not a bad idea for the local economy, but there needs to be a training programme for these cyclists and a set of rules published for them on how to behave on the local roads.

The groups do not obey some of the basic rules of the road: give way at roundabouts, overtake on the left, keep to the speed limit, give way at pedestrian crossings.

Top of that wishlist is having taxis and private hire cars that seat more than four persons. Of course, the real fun and games will start when the super consumer-friendly Uber hit Mallorca. I - and many of your readers I suspect - can't wait,

> Richard Chew (Calvia and Yorkshire)

Just jealous

AN article recently stated motorhome users avoid campsite fees by wild camping along coastal areas. The article referred to Aguilas and San Juan.

What the critics fail to comprehend is we motorhomers contribute to the local economy by patronising supermarkets, restaurants, bars, and fuel stations etc., all along the Spanish coast. This also contributes to Spanish taxes!

When we need to empty and refill our services, we pay small fees at the local service stations. The majority of us are considerate by not parking in front of local residences. We dispose of our refuse at the dedicated collection points, clean-up our pet faeces, and generally leave the areas as we find them. We enjoy the freedom that our vehicles allow us.

Campsites are congested, expensive, and do not obey health and safety regulations, to name a few! Perhaps the people that object to our presence are jealous of our way of life, they are certainly NOT local businesses.

Yes there are the Coastal laws that do not allow camping on the playas. However, if we do not erect awnings, or put out tables and chairs, we are not breaking camping regulations. Many towns and villages all over Spain provide free facilities to encourage motorhomes to stay in their area.

I own a motorhome and live locally. My pleasure is exploring different provinces all over Spain. I also spend

30+ passed behind and in front of him and only inches away.Yes, let them train here, but they should also respect other road users especially whilst on the town's roads. I

Last season I saw in Garrucha an elderly gentleman

stranded in the middle of a crossing whilst a group of

other road users especially whilst on the town's roads. I asked a local cycling tour guide why groups disregarded the rules. His answer was a Gallic shrug.

Stan Black

many weekends in my vehicle, along the local coastal areas with our friends. If you have a valid complaint, I suggest you call the local authorities so they can deal with the culprits, not print biased objections!!

Dave (Turre)

Anti-Mr T

DON'T be fooled. Trump is a long long way from being squeaky clean. I have dug very deeply in to his past and there are so many things in there that lead me to believe he is no better than the Clintons.

He has had dealings with organised crime in the past and more recently many people are still wondering why a rape case against him was so suddenly dropped. Of course Trump denies everything. But as a notorious lady once said several years ago about a certain prominent member of the government accused of an indiscretion, "Well he would wouldn't he?" Vivienne Pimm

Pro-Mr T

WE should be thankful to those who gave the hacked emails to Wikileaks, otherwise the general public would have had no idea about the extent of the corruption and the dubious donations to the Clintons. The Clinton Foundation even accepted \$25 million from the terrorist funding Saudis.

There was the Whitewater property investigation during which Vince Foster mysteriously died before he could help with enquiries, etc etc. CNN even rigged the debate in Hilary's favour.

No doubt these revelations contributed to her loss, though of course the Russians are blamed! At least with Trump what you see is what you get and he could even avert WW3.

Robert Segal (Palma, Mallorca)

Do we care?

OH how I love reading the Letters page in the *EWN* every week. RJ Dworakowski lamented like a modern day Mr Chips about incorrect grammar in a speech from Theresa May. Very commendable, but do we care about pronouns after prepositions, whatever they are? No!!

The content is the key and making the point understood surely. No doubt he will be berating me about this little piece. Don't bother sir. Secondary Modern was my final college of knowledge.

Then there's another letter from (Mr Name Withheld) telling us all to stand up and be counted. Embrace it he says. Stand high enough and it will now make a difference. OK Mr Name Withheld. I'll show you mine if you will show me yours!!

Philip (San Fulgencio)

WHEN YOU WRITE

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited. Readers who have missed earlier correspondence can see all letters posted on: www.euroweeklynews.com

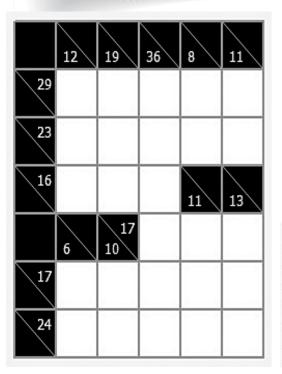
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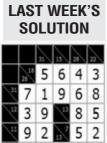
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Kakuro



Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the

same block more than once.



8 5 3 4

YOUR STARS FOR 7 DAYS

6 8 2

2

5

MADDOCKS' VIEW ON LIFE

'CAN THE TRUMP PEN CONTINUE TO BE MIGHTIER THAN THE SWORD?'

Women's wit

I do not admire young actresses whose foreheads cannot move."

> Kathleen Turner, Actress

Famous quote

Everybody you fight is not your enemy and everybody who helps you is not your friend." *Mike Tyson, Boxer*

World of

English

In just two days from

now, tomorrow will be

esterday."

PISCES 🔀 (February 20 - March 20)

There may not be enough time to do everything you want, so why can't you just reorganise your life so there is? Not as easy as it sounds, Pisces, unless you learn the magic word: no. Know your limits and stick to them. If you've got this far with a partner you will know it's meant to be.

ARIES (March 21 - April 20)

Extra pressures at work leave you feeling less than energetic. Check on your health and don't go overboard with the physical activities. Set out to become more active, socially, and maximise on relaxation. With an eye to the summer and holidays, start planning a getaway. Who will you take with you?

TAURUS 🗡

(April 21 - May 21) Social activities are likely to change at AQUARIUS 🗱 (January 21 - February 19)

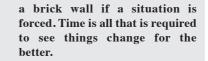
902 123 309

A feeling that you should totally commit yourself to something or someone this week should be avoided. You will come up against

the last minute. If energy levels are not as high as normal, use this week for planning. With holidays in mind, the summer seems far away but maybe a weekend trip will fill the gap. Spending time with an old friend reminds you of how things used to be.

GEMINI I (May 22 - June 21)

Although health should be good, energy may be a little low. A bit of a mystery surrounds a close friend and your opinion may be sought. Hold fire until all the facts are known and you are sure a person has been honest with you because someone may try to keep you in the dark



to get the right answer.

CANCER (June 22 - July 23)

The temptation to run round like a headless chicken is strong this week. There seem to be so many demands on your time that things become confusing. Be sure you are getting enough rest because this time of the year can be fraught for you.

(July 24 - August 23)

A situation could become complicated if you do not plan ahead. With a little thought and planning, matters can be kept simple which is always desirable. Be choosy about the company you keep because a bad character could taint by association.

VIRGO

(August 24 - September 23)

A lost cause tries to demand your attention, but you must try to see the situation for what it is. Sentimentality should not come into business or be allowed to upset your home life. What is past should remain so, do not torture yourself. Bring your mind and spirits up by looking forward to summer holidays.

(September 24 - October 23) Ruts are awful things to get into but even more difficult to get out of. Being cosy is one thing, but getting bogged down, mentally and physically, is another. All you need is to keep your optimism alive and use your imagination. Perhaps you are spending too much time with an older person or someone who has a dim outlook on life.

SCORPIO (October 24 - November 22)

Are you suffering from winter blues? Although it is a common feeling at this time of the year, keep optimistic. There is so much to look forward to, in fact, that you are spoilt for choice. Although your social life may be in a bit of a rut, some sparkling moves from you will get things moving.

SAGITTARIUS 🗡

(November 23 - December 21) Recent events have perhaps left a gap in your social life that is hard to fill. Patience is needed because it would be foolish to rush into something new if your heart is involved. Concentrating on work and other people will alleviate any loneliness.

CAPRICORN **b** (December 22 - January 20)

A loss of patience with a situation shows this week but is not to your advantage. Whatever you feel, be subtle in your approach. Try to see your position clearly and the result will be that you realise you have more control than you thought. Seeking advice while being honest and telling the full story serves best.

			uvides are intery			reep you in the dail
	UK NATIONAL Lottery	IRISH LOTTO	EURO N	IILLIONS	LA PRIMITIVA	EL GORDO DE La primitiva
⊁	٢	National Lottery		RON3		\bigcirc
	Saturday February 4	Saturday February 4	Tuesday January 31	Friday February 3	Saturday February 4	Sunday February 5
LT0	69(27)(30)	(10) (21) (22) (26)	(3) (17) (4)	(3) (15) (4)	(8) (26) (31) (32)	
			23	46		
	(40) (50)	(42) (46)	44	50	(39) (42)	37)
	BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	REINTEGRO
	(22)	(35)	69	59	(18) (5)	3

es, unless you o. Know your you've got this will know it's the last minute. high as norm planning. With summer seems weekend trip v time with an c

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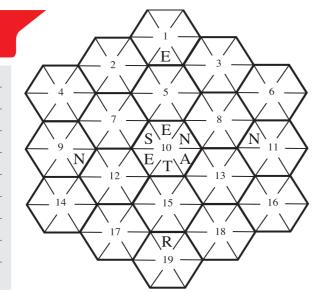
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Hexagram

ATTIRE	RAISIN
BURDEN	RETAIN
CANNOT	SENATE (10)
DELETE	SLATER
FILTER	TEETER
GAIETY	TOILET
INTERN	TRAVEL
LEADEN	TRUANT
LETTER	TYRANT
LIQUOR	



The purpose of the Hexagram puzzle is to place the 19 sixletter words into the 19 cells. The letters at the edges of interlocking cells MUST BE THE SAME. The letters in the words must be written CLOCKWISE The word in cell 10 (SENATE) and one letter in four other cells are given as clues.

E.

902 123 309

Alicante

Sat - 15

Sun - 17

Mon - 17

Tues - 17

Wed - 16

Fri -15

TODAY: MAX 15, MIN 8 - C

10

11

12

10

10

10

С

Sh

С

С

С

С

LAST WEEK'S SOLUTION

1 Limbic 2 Inside 3 Stream 4 Shifty 5 Barred 6 Gantry 7 Feeble 8 Tenure 9 Borate 10 Bruise 11 Bitten 12 Nimble 13 Winter 14 Diatom 15 Answer 16 Wretch 17 Zodiac 18 Sierra 19 Crises

weather

Bilbao

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter a Each word MUST CONTAIN THE CENTRE LETTER (in this case R) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed



TARGET: • Average: 9 • Good: 12 • Very good: 18• Excellent: 23

LAST WEEK'S SOLUTION

cede cedi deft dice diet dive edit feed iced teed tide tied vide vied cited edict feted fetid deceit defect device deceive evicted DEFECTIVE

NEW ON DVD Deepwater Horizon

Directed by: Peter Berg Starring: Mark Wahlbert, Kurt Russell, Kate Hudson, John Malkovich



HiFX Europe Limited Sucur

The story is based on the real events of the Deepwater Horizon drilling rig catastrophe in the Gulf of Mexico. A technical failure causes a disastrous blowout as burning oil spreads fire across the deck leaving the crew on board the rig fighting for their survival. Electrician Mike Williams risks his own life to help his colleagues as they struggle through the debris in their attempt to get off the rig. Mike's distraught wife Felicia watches helplessly as events are transmitted live on television leaving her uncertain as to whether her husband will make it out alive.

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TODAY: MAX 14, MIN 5 - C Fri -14 5 С Sat - 13 5 С Sun - 15 8 С **Mon -** 15 8 С 7 **Tues -** 15 С Wed - 15 7 CI

Almeria			Madrid						
TODAY: MAX	17, Mi	19 - Cl	TODAY: MAX	11, M	in 0 - C				
Fri - 16	9	С	Fri - 10	2	с				
Sat - 16	11	с	Sat - 10	4	Sh				
Sun - 18	11	с	Sun - 14	5	Sh				
Mon - 18	11	с	Mon - 13	5	Sh				
Tues - 18	11	с	Tues - 13	4	С				
Wed - 17	11	С	Wed - 13	5	с				

Barce	lona			Malaga					
TODAY:	Max 1	3, Min -	4 - S	TODAY: MAX 1	7, Min	11 - Cl			
Fri -	12	8	Sh	Fri - 14	8	Sh			
Sat -	13	9	Sh	Sat - 15	12	С			
Sun -	14	11	Sh	Sun - 18	12	Sh			
Mon -	14	12	Sh	Mon - 17	10	Sh			
Tues -	12	10	Sh	Tues - 18	9	С			
Wed -	13	9	Sh	Wed - 19	9	С			

Benidorm			Mallorca	Mallorca				
TODAY: MAX	(15, Mir	17 - Cl	TODAY: MAX	13, Mi	v 4 - S			
Fri - 15	10	CI	Fri - 15	8	С			
Sat - 15	11	Sh	Sat - 15	10	С			
Sun - 18	12	с	Sun - 17	10	С			
Mon - 17	11	Sh	Mon - 17	10	С			
Tues - 17	11	Sh	Tues - 17	9	С			
Wed - 16	10	с	Wed - 16	8	С			
Euro	Maakhu M	louve etrivor	for accuracy but	cannat h	a hald			

Euro Weekly News strives for accuracy, but cannot be held responsible for the accuracy of published forecasts

This week **Costa Blanca** in history

1809 - Charles Darwin, author and nat uralist, was born in Shrewsbury. 1847 - Thomas Edison, the American who invented the electric light bulb, phonograph and motion picture camera. was born in Ohio.

1929 - The Italian dictator Benito Mussolini gave political independence to the Vatican City and granted sovereignty of the area to the Pope.

1966 - The UK government announced it was to build a new nuclear reactor at Dounreay power station in the north of Scotland.

1971 - The British Government launched the new decimal currency 1975 - Margaret Thatcher was chosen

by the Conservative Party as its new leade 1978 - Anna Ford became the first fe-

male newsreader to join ITN. 1979 - Nottingham Forest signed Trevor

Francis in Britain's first £1 million transfer dea

1983 - Prized stallion and derby winning horse Shergar was stolen from stables in Ireland

1984 - British ice dancing couple Javne Torvill and Christopher Dean won the Olympic gold after scoring maximum points for their Bolero performance.

1990 - Nelson Mandela, aged 71, was released from prison having served 27 years after he was given a life sentence for attempting to overthrow the apartheid government

1993 - The dead body of two-year-old James Bulger was found on a railway embankment in Mersevside after he was murdered by Robert Thompson and John Venables, both aged 10.

1995 - The first British-born American, Michael Foale, and first black astronaut, Dr Bernard Harris, walked in space as they tested out a modified space suit. 1996 - The IRA planted a bomb that exploded in the London docklands area. 1999 - US President Bill Clinton was acquitted of perjury and obstruction of justice at his impeachment trial.



TOMORROW

畿 3 Ķ S: Sun Cl: Clear F: Fog C: Cloudy Sh: Sho

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Crossword

Crvptic Across

1 Work is about, employ a partner (6) 4 Endures ultimate on Saturday (5) 8 College head is impolite and vulgar (5) 9 Fuming, angered, confused (7) 10 Voter changes role, etc (7) 11 Carry On comedian facing Egghead (4) 12 Cossack's hidden purse (3) 14 You'll get this eye infection in the first year of school

(4) 15 A lair in an Arabian seaport (4)18 She's an official prosecutor in the States (3) 21 Tom's initial request for a job (4)
23 Outflow from newly formed lake takes time (7) **25** Telling off could start a beating (7) 26 Fruit begins another pleasant picnic, let's eat (5) $\ensuremath{\textbf{27}}$ Go through the letters for something charming (5) 28 Tom Daley possibly having little time to entertain (6)

Down 1 Arcane religious order embraces returning queen (6)

2 Let up on nouveau rich (7)

3 Mixed paste around small plant (8) 4 Old stringed instrument from hilly region (4)

5 A letter for Socrates (5)

6 Doctor should end nude's rash (6) 7 Accepts big furry beasts (5)

A State of the second

13 Squid generating a calm air (8)16 Model, a former girlfriend, has sufficient (7) 17 Fastens twigs (6)

Code Breaker

14 15 19 22 23 25 26

902 123 309

19 Side with gal in trouble (5) 20 Give in about fast time (6) 22 Turbulent times for pound (5) 24 A herb that makes many sick (4)

page

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 3 represents B and 23 represents X, so fill in B every time the figure 3 appears and X every time the figure 23 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

22	25	17	12		15	19	4	17		13	22	15	1	17
4		21		3		20		19		3		21		19
19	4	19	3	19	20	15	25	8		20	15	25	25	8
16		1		14		8		26		25		20		25
15	13	8	22	25	26	13		20	10	8	22	19	20	20
21				4		5				7		10		
1	³ B	25	²³		17	19	15	15	4	25		8	19	9
5		23		25		10		8		8		10		10
14	10	15		6	10	15	10	19	4		10	20	25	26
		25		22				22		21				14
20	1	5	14	4	25	15		22	8	25	17	25	26	25
18		20		13		13		1		19		4		6
10	5	1	11	16		22	10	5	17	15	10	19	15	25
19		7		25		19		14		21		15		5
15	2	25	25	26		24	25	20	15		3	25	19	15

1	2	³ В	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	²³	24	25	26

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Enjoy filling in the following puzzles and check the answers in next week's edition Quick

linea directa

LAST WEEK'S SOLUTIONS

CRYPTIC

Across:

1 Ailed, 4 Hamper, 9 Gadwall, 10 Panic, 11 Reed, 12 Spanner, 13 Cot, 14 Ammo, 16 Stem, 18 Sue, 20 Illicit, 21 Urge, 24 Spire, 25 Leisure, 26 Diesel, 27 Sheet.

Do

1 Angers, 2 Lodge, 3 Drab, 5 Appraise, 6 Penance, 7 Record, 8 Blast, 13 Concrete, 15 Malaise, 17 Missed, 18 Still, 19 Resent, 22 Rouse, 23 Bias.

QUICK

Across:

1 Plenty, 4 Cover, 8 Recur, 9 Regular, 10 Stories, 11 Pail, 12 Ski, 14 Peru, 15 Nick, 18 Sob, 21 Afar, 23 Outrage, 25 Impress, 26 Alike, 27 Guess, 28 Permit.

Dov

1 Peruse, 2 Enclose, 3 Terminus, 4 Cage, 5 Villa, 6 Rarely, 7 Cross, 13 Initiate, 16 Cranium 17 Daring, 19 Boost, 20 Detect, 22 Ample, 24 Fees.

ENGLISH-SPANISH

1 Lifeboat, 7 Dress, 8 Piece, 9 Lombrices, 11 Viaje, 12 Italy, 14 Painless.

Down:

1 Lid, 2 Fregonas, 3 Bisabuela, 4 Amphibian, 5 Deer, 6 Delegate, 10 Uvas, 13 Yes.

CODE BREAKER





Costa del Sol

Across

1 Boot (4)

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17 Worthless material that is to be disposed of (5) 20 Make docile (4) 21 Showing reason or sound

4 Detachment used for security (6)

judgment (8) 25 Circular stringed instrument (5) **26** Person working in the service of

another (7) 27 Capable of being farmed productively (6)

28 Rely upon (6)

Across

1 Culmination (6)

9 Regard highly (7)

11 Irritating (8)

10 Yellow citrus fruit (5)

13 Prejudice (4) **14** Latin American music (5)

English - Spanish

Down

1 Cattle pen (6)

5 Friendly state (4)

7 Connections (5)

15 Colourless gas (7)

6 Leftovers (7)

8 Astonish (4)

12 Acquired (3)

16 Donkey (3)

18 Hold back (7)

correct (6)

20 Shin bone (5)

23 Courageous (5)

22 Posing no difficulty (4)

2 Norwegian playwright (5)

3 Madagascan lemurs (3-4)

19 Tried and proven to be useful or

24 Neither warm nor very cold (4)

The clues are mixed, some clues are in Spanish and some are in English.

13 15 16

3 Spark (from fire, electricity) (6) 7 Envolver (con papel) Down

5 Científico (9) 6 También (4) 9 Hembra (6) **11** Those (4) 12 Ciervo (4)

14 Sabio (acción. techo, persona) (6) decisión) (4) 15 Raffle (draw) (6) 16 Remover (sopa) (4)

1 Tazón (cuenco) (4) 2 Viaiero (9) 4 Altura (de edificio,

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Valentine's Day Facts

SPONSORED BY EURO WEEKLY'S SPACE FOR YOU TO TAKE A **BREAK, BE INFORMED AND ENJOY A CHALLENGE**

BOOKS

SWIMMING

LESSONS

Claire Fuller

By Claire Fuller

AFTER a month of writ-

ing letters to her husband

and hiding them in the

many books he has

around the house Ingrid

Coleman goes missing

Left behind husband

from a beach in Dorset.

Gil and their two daugh

ters Flora and Nan are left

wondering what happened

It is presumed that In-

grid drowned, however Flora never believed this

and when Gil sees a

woman through a shop

window 12 years later, who he thinks may have

been Ingrid, the family

start to question whether

As Flora attempts to

find out what happened to

her mum will she discover her hidden letters and

would their content help

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths

her to uncover the truth?

she really is dead.

to her.

Swimming THE annual celebration of love, Valentine's

Day on February 14, is once again upon us. Are you a hopeless romantic who goes all Lessons out or a staunch cynic who lets the event pass by? Whether you celebrate the event or not here's a look at some interesting facts Andrew of the Decement Direct Price-winning Appl CARLESS ADMRC/2022 Burys

1. Say it with flowers

you are bound to 'love.'

A trend started by the Victorian, red roses are the traditional flowers people often associate with Valentine's Day. The colour red is synonymous with love, romance, passion and desire. The favourite flower of Venus, the Roman goddess of love, an estimated 198 million roses are produced for Valentine's Day each

2. Saint Valentine of Rome

According to legend Emperor Claudius II had banned marriage and Saint Valentine, a priest from Rome, was imprisoned and sentenced to death for performing weddings in secret. Whilst in prison he healed Julia, the blind daughter of his jailer, and was said to have wrote her a Valentine card which he had signed 'Your Valentine.' Will you marry me?

Valentine's Day is one of the most popular days of the year for marriage proposals with around 10 per cent happening on that date. According to a recent survey by Chillisauce 51 per cent of women want their partners to simply ask "Will you marry me?" however 15 per cent want a 'techie proposal' from their partner using some sort of device to ask the question and/or record the occasion.

Boggled How many English words can you find in the Boggled grid, according to the following rules? · The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally. Words must contain at least four letters and may include singular and plural or other derived forms. No letter may be used more than once within a

single word, unless it appears twice.

No vulgarities or proper nouns are permitted.

		AN	Real	
	- st	PHI		
	2 c	1 Car		
			3	S. 842
		ON	134	
ST.	WITH LOVE:	Red roses are	traditional Va	entine flowers.

4. Love poems

902 123 309

A poem written by Geoffrey Chaucer, author of The Canterbury Tales, is believed to have been the first written connection between Valentine's Day and love. He wrote a 700-line poem in honour of King Richard II and Anne of Bohemia which included the line 'For this was Saint Valentine's day, when every bird of every kind that men can imagine comes to this place to choose his mate.'

5. Top gifts

A survey by Chillisauce has revealed what the women they surveyed thought would be their ideal gift for Valentine's Day. Their favourite gifts included a holiday (27 per cent), car (17 per cent), spa treatment (15 per cent) and jewellery (13 per cent).

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The beginning of the year is not popular for weddings. According to the Office for National Statistics between 1995 and 2013 there was on average 313 number of week day weddings (not a Saturday) but when St Valentine's Day fell on a week day the average number of weddings more than trebled to an average of 1,039. Celebrity couples who got hitched on St Valentine's Day include Liam Gallagher and Nicole Appleton, Meg Ryan and Dennis Quaid and Sharon Stone and Phil Bronstein.

Sent with love

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The sending of Valentine's cards can be traced back to the 15th century Frenchman Charles, the Duke of Orleans. Imprisoned in the Tower of London after the Battle of Agincourt he wrote to

his wife 'Je suis desja d'amour tanne, Ma tres doulce Valentinee' (I am already sick of love, my very gentle Valentine). Believed to be the oldest existing Valentine card it is held in the manuscript collections of the British Library. Around one billion cards are sent every year worldwide.

8. For the love of chocolate

Chocolate has long been a Valentine gift favourite and in the late 1800's Richard Cadbury created 'eating chocolates' from the pure cocoa butter left over from the extraction process of their palatable drinking chocolate. The marketing genius then packaged them in lovely heartshaped boxes that had cupid and rosebud designs on them.

Heart on your sleeve

Have you ever heard the expression 'to wear your heart on your sleeve?' It hails from the Middle Ages where young men would pluck the name of a young woman from a bowl in order to decide who their Valentine would be. They would then pin the name onto their sleeve where they would wear it for a week so that everyone could see it

10. All by myself

Not everyone has found their true love so how will singletons spend Valentine's Day? According to a Chillisauce survey 68 per cent of women will hit the town with their friends with only 32 per cent spending it alone. In stark contrast only 31 per cent of men will hit the town whilst 69 per cent will spend it alone. The majority of single men spending it alone said they would stay in and watch TV or play video games.

SCORING:

4 letters: 1 point

5 letters: 2 points

6 letters: 3 points

TARGET:

• Average: 16 • Good: 22

- Very good: 31
- Excellent: 40

7 letters: 5 points 8 or more letters: 11 points

LAST WEEK'S SOLUTION

docs dove doves extra extant eaves earn etna entrant entrants entrap enrapt cove coves covet covets coat cess avow avocet avocets aves arms arts arty eaten anew ante antra antes ants item items cite cites cists

	Word	Ladde	r					
	PART	Move from th word (PART) t end word (LC the same num steps as there	to the DAD) in Inber of					
9		steps as there are rungs on the Word Ladder. You must only change one letter at a time.						
2								
		CHIb CHIb	ol CHIb CHOb SHOb					
	LOAD	aria STOB STOD MOTS	MOHS MOTS MOTS					

Solution

BLOW

invo	involved. You solve the puzzle with reasoning and logic.										
		1	3	2	9	8	5	7	4	6	
7		8	5	6	4	3	7	1	9	2	
TION		7	9	4	1	6	2	5	8	3	
SOLU		9	2	1	5	7	8	3	6	4	
K'S 9		5	7	3	6	2	4	8	1	9	
LAST WEEK'S SOLUTION		4	6	8	3	9	1	2	7	5	
AST		3	8	9	2	1	6	4	5	7	
-		6	1	5	7	4	3	9	2	8	
		2	4	7	8	5	9	6	3	1	

5 9 8 6 2 3 2 7 5 6 9 7 7 8 5 1 2 3 5 7 6 1

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alentine's SPECIAL

Love and intimacy

VALENTINE'S Day might not be Christmas or Easter, or all that big in Spain, but it has something very special that may make February 14 the best day of the year. Valentine's Day is about love, intimacy and sharing them with the person you care about most. Your soul mate, other half, significant other, or whatever cheeky nickname you have for each other when you're all alone.

Because Valentine's Day is about spending time with the person you love, or perhaps are simply trying to get with, so many incredible options are on the table. You don't have to see the in-laws, or spend huge amounts of money, or go somewhere you don't want to. All you should do is what makes you as a couple happy. And fortunately there's as many different types of couples as there are stars in the sky.

So buy chocolates and flowers, eat, drink, and dance by all means. But Valentine's Day is also your chance to be creative, to set surprises, and let magic happen. On February 14 more than any other it's the little things that count. Whether that's dressing up nice, going somewhere posh, taking a stroll down memory lane, or just offering a giant hug.

And for all you singletons out there, Valentine's is about love whoever you are. So celebrate it with anyone you care about! There's never too much love to go around.



Advertising feature

Il Giardino Nova Bussola

IL GIARDINO NOVA BUSSOLA is a traditional Italian restaurant with a modern twist that plays with flavours, colours and textures.

When you think of Italian cooking you think of straightforward, tasty ingredients based on the country's wonderful regional diversity. In the hands of our skilled chefs they rightly form some of the world's most famous dishes.

If Italian cuisine is characterised by its simplicity, with many dishes having only four ingredients, it is the quality of those ingredients that makes for truly superb food and wonderful meals.

Because of the high quality of the produce used, Italian cooking is often seasonal in nature. But at Il Giardino Nova Bussola we guarantee to bring you food that will make you think you were deep in the heart of Italy herself.

Paired with our welcoming, elegant and cosmopolitan setting, Altea Vella 'Giardino' becomes a truly unique experience.



ITALIAN CUISINE: With a modern twist that plays with flavours, colours and textures.

The stunning terrace has picturesque sunset views of the mountain range, or if you would prefer, the intimate interior that is the essence of elegance. In January 2017 Vita and Mariano De la Fuente along with their team, restored the restaurant

whilst maintaining its original feel in order to provide its growing clientele an unforgettable evening.



Monday: 1pm-3.15pm and

- Tuesday: closed
- Wednesday: 7pm-11 pm Thursday to Sunday: 1pm-
- 3.15pm and 7pm-11pm
- Booking recommended Tel. 965 845 839 Mobile : 673 287 598

Be the best Valentine

By Eleanor Hawkins

COUPLES all over the world are preparing to celebrate Valentine's Day once again and those of us lucky enough to live in Spain have more options than most when it comes to romantic, memorable ways to mark the day.

Whereas in the UK for example the weather will condition any plans for a special day, the Mediterranean climate means, while definitely not bikini weather, an outdoor celebration is likely to be possible.

From a romantic walk or picnic on the beach or a boat ride to a skiing trip or a hot air balloon flight, just about anything is possible here when it comes to making your beloved's day a perfect one.

Yet before you start splashing out on roses and cava and booking that helicopter ride, stop and think about your sweetheart's tastes and possible desires. It's oh so very easy to make a big, clichéd gesture and leave her (or him,



ROMANTIC DINNER: A perfect way to mark the day.

come on ladies if we want equality we need to do our bit too!) cold and clammy if she's scared of flying for example and you go for the above.

It may well be that your other half would prefer something smaller that shows you put some thought and work in rather than a characterless, expensive gift. In the run-up to the day, try to look for hints of what could go down well. If in doubt, you can always rope a close friend or family member (sworn to secrecy, obviously!) in to help with ideas. Of course, you can never go wrong with the old faithfully flowers areas abacelete

fuls: flowers, cards, chocolate, teddy bears, perfume, jewellery, dinner or a hotel stay. Once you have an idea of what they would really appreciate, check out this paper for the best places to wine and dine her (or him!), have a relaxing getaway or buy that special gift.



REBEL A LITTLE: And do whatever the two of you do best.

Alternate Valentine's treats

YES there's the chocolates, the cards, the dinner date, flowers, dressing up and dancing. But surely there are ways to make Valentine's Day a little bit more individual. Something special to the two of you, rather than the billions of other couples celebrating February 14.

One of the best things about being a couple is those little peculiarities, favourite things, word plays and looks that nobody in the world understands but you. So why not embrace them on Valentine's Day instead of falling in line with someone else's vision of fun? It could be that silly film, berated by the critics but beloved by you. A card game you used to play when you were young and too skint to go out. The song you played on the jukebox, or sung at karaoke, when you'd cobbled together enough for a night on the town.

It could be anything, something that only the two of you could imagine. One of the millions of little things that make you a proper couple, not just a pair of individuals.

This is love after all, so rebel a little and do whatever the two of you do best, with all the laughter in the world.



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Valentine's Day Menu









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Valentine's Day - the or

By Eleanor Hawkins

THOUGH many may believe today that Valentine's Day was invented by makers of chocolates, greetings cards, jewellers and florists, the origins go back way beyond the times of modern retail.

There are two main theories on how Valentine's Day came into existence and both date back to Ancient Roman times.

The first, more popular and romantic of the two revolves around a bishop, Bishop Valentine. Emperor Claudius II is said to have banned Roman men from marrying during wartime, and the bishop was arrested, jailed and eventually executed on February 14 for performing secret weddings. Legend has it that he signed a letter written to his jailer's daughter 'from your Valentine.'

The second, meanwhile, believes it to have evolved from a raucous Roman pagan fertility festival, Lupercalia, celebrated on February 15 which involved men stripping naked and spanking young maidens with the skins of previously sacrificed animals in hopes of boosting their fertility.

King Henry VIII officially declared February 14 as the holiday of Saint Valentine's Day in 1537 and it became a generally honoured day of celebration of love (minus the blood, dead animals and spankings, in public at least.) <complex-block>

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Valentine's in numbers

• MORE than 35 million heart-shaped boxes of chocolates are sold each year for Valentine's Day.

• Seventy-three per cent of people who buy flowers for Valentine's Day are men. However, in the US 15 per cent of women send themselves flowers on Valentine's Day.

• Valentine's Day is often said to be the best day of the year for florists, and is also the second best holiday for greetings card producers. About one billion Valentine's cards are exchanged each year.

• Around 3 per cent of pet owners will give Valentine's Day gifts to their pets according to retail statistics.

• Women buy about 85 per cent of all Valentine's Day gifts.

• On average there are 220,000 wedding proposals every Valentine's Day.

• An average of 11,000 children are conceived on Valentine's Day each year. Durex reports that condom sales rise 20-30 per cent around

February 14, while home pregnancy test purchases peak in March.

The language of love

By John Smith

FOR those who have discovered love with someone who doesn't speak the same language, we thought that it might be helpful to translate the phrase 'I love you' into 10 different languages and hope that they may of assistance to at least some of our readers.

Amharic	Afekrishalehou
Bengali	Ami tomake bhalobashi.
Cantonese	Moi oiy neya
Esperanto	Mi amas vin
Gaelic	Ta gra agam ort
Gujrati	Hoon tane pyar karoochhoon.
Japanese	Ora omee no koto ga suki d
Korean	Tangshin-i cho-a-yo
Philipino	Mahal ka ta
Thai	Phom Rak Khun
In case your	love is out of this world, in

In case your love is out of this world, Klingon the phrase is qamuSHa'

Euro Weekly News accepts no responsibility for the accuracy of the translations, the way in which a person addressed by any of these phrases may react and specifically disassociates itself in the event of any face slapping.



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Getting the same crack of the whip

Guest Columnist



IN 1969 my youngest son Dan went to try to defuse a situation on a street in Bristol. He saw a young man being assaulted by three thugs and the result of his intervention was him waking up from a coma to discover he had lost his sight. I wrote a book called The Wind Beneath My Wings which described the knock-on effects to the whole family of this terrible moment in our lives.

Dan has moved on and now runs a charity called Have Stick Will Travel, which raises money to help people with poor eyesight in the West Country

Thirteen years ago Dan bought a place in Villamartin, a bolt-hole for us all. Over the years we have spent more and more time there and last year my husband and I made the decision that we also wanted to own a place in Villamartin having developed a good group of friends over the years. Dan spends a few weeks of the year in Spain and has always felt perfectly safe, which is more than he can say about England. People stop and offer him a lift in Villamartin, he is treated like a regular guy



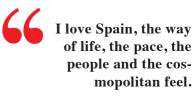
A SAFE PLACE: Perhaps the sunshine makes people better humoured.

and not someone to be pitied and this has done a lot for his confidence. I do not know if it is the sunshine that makes people better humoured. I do know that if you smile at some-

one in the street in Bristol they are likely to assume you are care in the community, whereas here, everyone just smiles back.

Another thing I like is everyone is treated

equally. I am sure there are a lot of people running away from something who are living in the area, maybe a bad marriage, debts, even homelessness. No-one cares, you get the same crack of the whip. No-one asks questions but there is always someone to listen. There are a lot of widows, widowers, lonely people that do not feel so lonely here in the sun. If you go somewhere regularly, there is always someone to talk to. If you go to a quiz evening and there are just two of you, very often another couple will ask to join you. This is unheard of in England.



Ok, there is litter and dog mess, isn't that universal, but all in all the vibe is a good one. I have even found time to write a novel, The Poet's Trap, published in England but on Kindle, in the shops and through Amazon as well. The peace and the sun inspired me to fulfil my ambition to write seriously. Everything and everyone was always in a hurry in England. I love Spain, the way of life, the pace, the people and the cosmopolitan feel.

Advertising feature

Giving your dream a home

JAVEA HOME FINDERS are independent estate agents who, over the years, have built up an excellent reputation for being hard-working, honest, reliable and dedicated to assisting those buying and selling property in Javea and surrounding areas.

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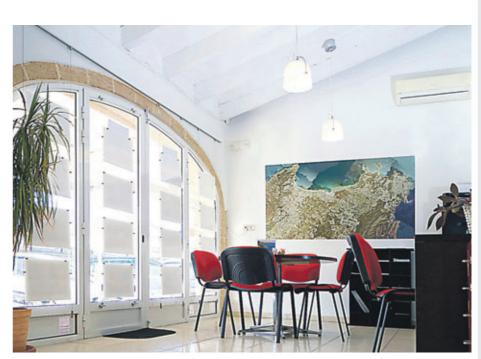
There are many steps to selling a property, the first being a valuation - they have made getting a free, instant, no obligation valuation of a property only a click of a button away. By going to www.javea homefinders.com and selecting 'free valuation' you can be just moments away from finding the approximate value of your home. It is simple to use and by filling in

a few questions online you can have your valuation instantly, hassle-free and without commitment to sell.

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Trump's state visits will fit in nicely

Nora Johnson Breaking Views

Nora is the author of popular psycl ione threads and a freelance journalist. o comment on any of the issues raised in her co o to www.euroweeklynews.com/3.0.15/nora-jol

DONALD TRUMP has provoked massive hysteria recently, particularly concerning his proposed state visit. However, as Brexit Britain prepares to launch itself back into the big wide world of global commerce, isn't it time to take a more pragmatic view - just as we did with the state visits of the leaders of China and Saudi Arabia?

And as for Her Majesty who has been asked over the decades to host tyrants, dictators and despots such as Presidents Mobuto (Zaire) and Ceausescu (Romania), she'll take a brash billionaire from New York effortlessly in her stride.

However, one question remains for the future: what happens when Trump's burnt through all his political capital and his frustration

about his isolation starts to show? Will he accept the limitations of his position, or go down a slippery, more authoritarian slope?

And if he does, should the UK condone it by pretending nothing's happened?

The answer to that surely lies in his campaign. When the Republican Party 'ditched' him, he just turned on them and kept going, seemingly incapable of backing down

On this side of the pond, someone else who seems unlikely to back down is the former Portuguese police chief, Goncalo Amaral, who falsely accused Kate and Gerry McCann of covering up their daughter's death.

With Portugal's Supreme Court throwing out their libel case against him, Amaral could now sue them for extensive damages.

Nonetheless, it seems we are no nearer to discovering the truth about Madeleine. Just as in my latest crime thriller, No Way Back, (as you know, all profits to Costa del Sol Cudeca cancer charity), a Kate McCann-like figure is so obsessed with closure and peace of mind in her unending search for the truth about her own missing daughter she'd maybe contemplate blackmail, even murder. Whatever the outcome. Kate McCann surely needs closure, too. Whether she finds it only time will tell. Who knows what the future holds ...

And, finally, to return to Trumpland on foretelling the future, one former news anchor who appeared on Sky News during US election night coverage declared: "I couldn't foresee this result." Her name? Krystal Ball.

Nora Johnson's psychological/ suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.norajohnson.com) available from Amazon in paperback/eBook ($\notin 0.99$; £0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

DONALD TRUMP: Has provoked massive hysteria recently.



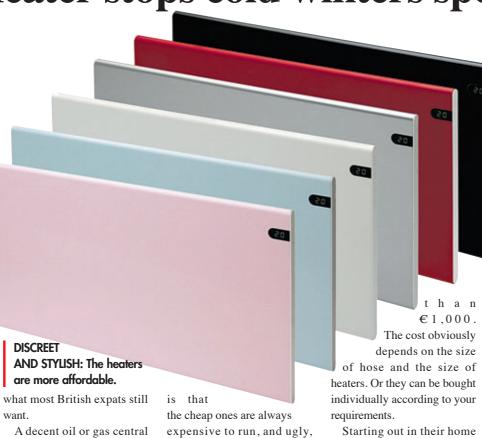
Neater Heater stops cold winters spoiling your dream

NINE years ago two British expats, Richard and Tony, were looking for affordable heating when they stumbled, accidentally, on a brand of Norwegian convector heater that couldn't be bought in Spain.

Not only were these wall-mounted heaters discreet and stylish, but they were also packed with 'Es': efficient, effective and economical.

Recognising a huge gap in the market that these attractive affordable heaters would fill. Richard and Tony established Neater Heater which has been heating the Casas and Apartments of shivering expats ever since then

"We all come out to Spain for the good weather and lifestyle," says Tony "yet everyone is caught out by the cold winter nights in their spectacularly non-insulated Spanish homes. We all come from the UK where we had radiators and fires, and that is



expensive to run, and ugly, heating system is going to set whereas any decent ones always cost a fortune to install.

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just to install it, so most people

opt for unhealthy gas estuffas,

or electric heaters. The prob-

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Neater Heater can have most homes up and running with affordable, stylish, economic Neater Heaters, for less

Starting out in their home region of the Costa Blanca Richard and Tony searched for.

and found, businesses that were happy to become agents for Neater Heater.

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Heaters also available for purchase at our online shop with free home delivery. WWW.NEATERHEATER.ES or Tel. 634 312 171

types of Customer." explains Richard "Some people are comfortable with computers. and are quite happy to buy from our online shop, with free delivery. But many want to shop in the traditional way, look at the heaters and talk to someone about their requirements.

These customers can go to one of our numerous outlets from Javea, Moraira, Calpe, all the way down through Benidorm, to several around Torrevieja, Murcia, Antas and now, we are happy to say, our

latest outlets in the Costa Del Sol, and in Portugal.

If you live in certain parts of the Marina Alta, Torrevieja, or Murcia, we even have agents who can visit your home and offer advice, sales and an installation service."

"Our website will let you know all about our products, and the FAO section (Frequently Asked Questions) will hopefully clear up some questions you may have. It has an online shop, and also tells you the location of the outlet, or agent, nearest to you.

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Advertising feature

Valentine's Day pampering for you or your loved ones...

MEDCARE doesn't just offer medical and dental services - it also offers other luxurious treatments which can make vou feel better about vourself. Why not have a look through our wish list below and contact us for more information if anything catches your eye or to buy gift vouchers for friends or family.

Teeth whitening

Nothing says 'I love you' like a beautiful, warm smile; so let your smile shine this Valentine's Day with Medcare's special offer on teeth whitening at the reduced price of €195 which is valid for the whole month of February.

Teeth whitening really can make a dramatic difference to your overall appearance and confidence, so whether vou are sharing special moments with a long-standing spouse or trying to impress a new partner, you will feel your

best on Valentine's Day and beyond.

A lovely smile is so important that dating website match.com found that nearly 60 per cent of men said the most attractive feature in a woman is a beautiful smile, with 71 per cent of women saying nice teeth is the most important feature in a man. So, it's such a shame that so many adults are unhappy with their stained, crooked or missing teeth.

Ann, one of Medcare's patients says: I smoked heavily for more than 20 years and once I stopped I started to really notice how stained my teeth were. I knew from a friend that Medcare were offering a teeth whitening service, so booked an appointment. It only took about 45 minutes and, I must admit, I am amazed at the results.

Have a look at our video for more information https://youtu.be/x96h3ytktXA.

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Beauty products

Why not treat yourself or your partner to Medcare's recommended medical-grade skin care products and beauty make-up. Medcare stocks both Glo and ZO products which are dermatologically-developed, offering medicalgrade skincare. Available only through doctors, these products are producing excellent results for all skin conditions. types, ages and genders

Good daily skincare will complement any facial treatments you choose to have, or can make a difference even if used alone. However, most over-thecounter skincare products do very little to prevent aging or rejuvenate skin. Usually, they will do little more than provide temporary hydration which will have a slight plumping effect.

The best skincare products contain

ingredients such as retinol in strengths and formulations often only available from medical aesthetic clinics. These will work on skin at a cellular level and make real and lasting changes to the skin's structure, treat various skin conditions and have a long-term anti-aging effect.

With Valentine's Day being about matters of the heart, why not book in for Medcare's heart health check promotion for the special price of just \in 75. Heart disease is one of the biggest killers in the developed world, yet with early screening it can be prevented.

Medcare's heart check includes blood tests to check for cholesterol, a blood pressure check, BMI assessment and consultation with the Practice Nurse. Patients will also be offered an ECG which records the rhythm and

electrical activity of your heart - it's painless and only takes a few minutes. Call our Practice to make an appointment on 966 860 258 or email doc tors@medcarespain.com.

HEALTH

And what about a few more tips to make Valentine's Day special - dark chocolate has been shown to help prevent heart disease as it contains flavonols. Spice up your Valentine's Day meal by adding some chilli. Researchers have found that compounds in chilli peppers can lead to lower levels of bad cholesterol and therefore reduce the risk of heart disease. A bad relationship can be bad for your heart with stress increasing the risk of heart attack by 34 per cent, so make sure you take care of each other.

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Symptoms of my MS have dramatically improved, I'm sleeping, I look amazing and I finally have my life back. I cannot thank Lifetime Health enough and highly recommend anyone suffering with a chronic illness to contact them as I did."

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surance becomes complicated due to age or the development of some diseases.

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Theatre trips could prevent dementia

ENJOYING activities such as going to the theatre could help prevent dementia.

Scientists claim that engaging activities help cut the risk of mental decline as they stimulate the brain more, helping to protect against and prevent mild cognitive impairment (MCI) which is the stage between decline from aging and dementia. Symptoms

include becoming forgetful, repeating yourself and problems with reasoning and problem-solving.

The new study followed almost 2,000 adults over the age of 70 who were were cognitively normal at the start and were monitored until they showed signs of developing MCI.

During this time their activities and hobbies were analysed and it was found that regular theatre goers developed MCI symptoms later in life.

Meanwhile. another study has reported that women's brains start going downhill in their 50's and not in their 60's as previously thought.

The findings were based on a study that followed more than 2,000 healthy women in their 40's, for 10 years.



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Ask The

App to predict illness

IT seems there is an app for everything nowadays, particularly relating to your health from checking your blood pressure, to predicting the best times to try and conceive. But what if an app on your phone could warn you if you were about to get ill?

Well this could soon become a reality as scientists in America are working on a smart device that can warn you up to half a day in advance gathering information from wearable health trackers which monitor heart rate and body temperature.

The team at California's Stanford

University is working on the app, and have tested the theory on 43 volunteers who wore a smart watch for up to 11 months. Analysing the data they found

they found that as people start to become ill



their heart rate and skin temperature went up and their blood oxygen levels dropped. By using this information it can give the user a first warning that something isn't quite right.

By getting this heads up people could plan better and prevent aggravating the illness and hopefully have a quicker recovery.

The app could also be used to track the health of the elderly or those with chronic illnesses, such as diabetes and act as a warning system for carers or family members.

The scientists are confident the app will be on the market within the next few years.

NEW APP: Could be used to track the health of the elderly.

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SPECIALIST: Doctor Luis Perez Belmonte.

THIS week we've asked the doctor about hip pain, a common problem for many especially in the colder months.

-What are the most common causes of hip pain?

There are many things which can cause hip pain. The most common is osteoarthritis of the hip, when the components of the joints like bones and tendons degenerate over time. Other common causes are infections or injuries.

-Are there any specific exercises to help prevent or improve the pain?

There are different exercise routines which can help to control the pain and stop it from progressing. Yoga and pilates exercises and certain exercises in the swimming pool, especially low impact ones, can help a lot.

-Many elderly people seem to suffer from hip pain. Is it something which we will all suffer in the end, in other words, is there no way to avoid it? Over time deterioration

of the hips is inevitable and osteoarthritis is bound to appear. This appearance can, however, be delayed or the severity reduced with certain rehabilitation exercises and by avoiding being overweight and following a balanced diet.

-How can hip pain be cured, is there any medication?

Pain-killers, anti-inflammatory medication and muscle relaxers can be used to help keep the pain under control. Physiotherapy is also vital to help control the symptoms.

-Will surgery be necessary in the end?

Sometimes and with the pass of time the damage produced is so severe and causes so many symptoms, especially pain and mobility limitations, that surgical intervention is required. This often consists of implanting a prosthesis.

If you have any questions for Dr Perez Belmonte, please send them to: jefemedico@helicopterossanitarios.com

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Are you scared of going to the doctors' surgery?

DO you put off that trip to the doctor for fear of bad news? If you do, it seems you are not alone. A report suggests that a third of us delay appointments with middle-aged men being the worse culprits.

Smokers, drinkers and those overweight are less likely to want to hear bad news about their health.

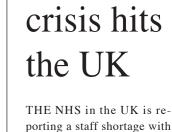
Women in general are more likely to attend screenings and seek medical help, with men more likely to suffer symptoms for longer.

The report by 2020 health said many had fears of the physical examination and the hospital and medical environment and around a third of those questioned avoided the doctors because they had a fear of finding out they may have serious illnesses such as cancer.

Researchers said smokers, heavy drinkers and those who are overweight, were less likely to want to hear bad news about their health and feared they would be told to change their lifestyle.



DOCTORS' SURGERY: Many people have fears of a physical examination.



Nursing

THE NHS in the UK is reporting a staff shortage with some 24,000 nursing vacancies currently available across the country.

It comes as the number of European nurses moving to the UK to work has fallen by more than 90 per cent since the Brexit vote in June last year.

The Royal College of Nursing said it relied on EU nurses and was calling for guarantees that EU nationals within the NHS can remain working in Britain after Brexit.

At the end of last year, plans were also announced by the government that posts will be filled with some 2,000 apprentice nurses as part of a new nursing scheme that will see young people combine on the job training with studying for a degree.



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Sparring partners

Cassandra Nash

A weekly look - and not entirely impartial reaction to the Spanish political scene

ALBERTO GARZON is the leader of what remains of Spain's defunct Communist party, Izquierda Unida.

He protested recently at "intolerable" criticism of IU from some sectors of Podemos. There is a patent lack of respect for IU and the party is constantly belittled, Garzon said.

He complained with good reason, as there is little love lost between either side.

The two parties ran on the same ticket as Unidos Podemos in the June 2016 general election - an election that Podemos practically engineered.

Podemos secretary general Pablo Iglesias and Garzon had assumed that combining their votes would make Podemos Unidos the second-most voted party.

They were over-optimistic and were edged into third place with recriminations on both sides, a classic case of one plus one making something disappointingly less than two.

Second attempt

PEDRO SANCHEZ, ex-PSOE secretary general, will compete in the May primaries.

He announced this in Dos Hermanas in Sevilla, a double provocation.

He was on the home ground of his principal rival, Andalucia's regional president Susana Diaz. He was also cosying up to the sizeable faction of party members in the area still unhappy that Mariano Rajoy was allowed to govern.

"I've demonstrated that I don't hide in difficult moments and this is the moment to commit," said Sanchez who disappeared from sight after resigning as secretary general and vacating his parliamentary seat.

He called Sevilla "the heart of Andaluz and Spanish socialism" but although Sanchez's brand of socialism might suit some parts of Andalucia, an ersatz Podemos is the last thing most PSOE voters want.

Centrepiece

ALBERT RIVERA was comfortably re-elected as president of Ciudadanos after the party's last assembly. All he needs now are

All sliced up

PABLO IGLESIAS and Podemos co-founder Iñigo Errejon continue to spar and disagree on party structure and organisation. The party supremo grumbles that Errejon wants to share out Podemos "like a cake" and there's the rub. Iglesias wants all the cake and he wants to eat it, too.

voters. It is curious and unfair that a truly centre party has comparatively little support when elections come round.

Rivera's pragmatism and flexibility are lost on the very people they should attract.

After all, it is the voters in the central middle ground with no particular political orientation who decide elections, not paid-up members of the Left or Right.

Alberto Garzon

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Advertising feature

Indian-Nepalese cuisine in the heart of Javea

ONE of the finest Indian-Nepalese restaurants in Javea has to be Gurkha Palace which has been serving its delicious dishes for a number of years.

Gurkha Palace is a family-owned and run restaurant and is dedicated to offering Indian-Nepalese cuisine in plush surroundings, decorated with Nepalese culture and tradition, to its loyal customers and new diners.

There are over 150 dishes prepared by the chef who has over 15 years experience within the food industry. All the food is prepared using a combination of Indian and Himalayan herbs with fresh, natural ingredients giving each dish its own exotic flavour.

The Gurkha Palace is probably best known for its traditional thalies, curries and naan breads but has recently updated the menu and while still providing the wide choice of dishes there is now a Nepalese set meal Thali to tantalise the tastebuds with chicken bhuna, lamb curry, daal, cucumber salad or raita, pilau rice, naan bread and a choice of dessert.

All the dishes prepared by the chef can be modified to suit individual palates and whether you like it mild, medium or hot, the chef will be happy to adapt so you can enjoy a fabulous lunch or dinner with friends, family and loved ones.

The restaurant is ideal for intimate meals and with Valentine's Day coming up this is a perfect place to have a romantic evening (booking advised) but is also a great venue for private parties or larger groups making a birthday or celebration something to remember. The Gurkha Palace has special menus starting from 9.95€, discounts on take-away meals and a loyalty card.

All the offers can be found on the website *www.gurkhapalace.es*.



Gurkha Palace are open six days a week (closed Tuesday) from midday to 3.30pm and 6pm to 11pm. Visit them at Av Arenal 7, Loal K-L, Centro Comercial Arenal, Javea or to reserve a table call 966 463 072 / 600 286 222.

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SKIING TRIP: Has been organised in March to Andorra.

Catering for the younger residents

By Caroline Tyszka

VILLAJOYOSA has a packed programme of events for 2017 specifically aimed at including the younger generation.

The Department of Youth has announced a comprehensive calendar of activities including both cultural and educational courses and trips, with February offering the opportunity to study for a Norwegian level A2 course.

In March a skiing trip to Andorra has been organised along with a training and work placement scheme, a dog training course and an engraving workshop.

April will see the town host its second Zombie event and in August a musical extravaganza with performances from local groups will take place.

Other activities planned for the year are courses in gardening, typing, digital photography, traditional cuisine, English level A1 and the decoration of Christmas cakes.

Full details of the 2017 calendar can be found at *www.villajoyosa.com*.



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CANTERBURY TALES: Performed by a British cast. **Chaucer classic** hits the Costa

NEXT Sunday, February 12, Altea will be host to the Canterbury Tales, a children's musical in English, performed by a British cast.

The Canterbury Tales are thought to be the first novel written in English, and now the British companies Parlon Film and Cup of Theatre, with Spanish director Rebeca Cobos, bring the classic tales of Chaucer to life through song,

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dance and audience participation.

This is the fourth tour of this British spectacular, and it is travelling across Spain, stopping on February 12 at the Palau Altea (Alicante) at 6pm. The play has been deliberately developed to appeal to children of all ages (including a few jokes just for the adults!) and includes puppets, singing and live music played by the cast themselves (Piano, Cello, Clarinet, Accordian, Mandolin, Guitar, Saxophone, and more).

The Canterbury Tales is a lot of fun, but also has some educational value, including a fable where animals teach us the dangers of arrogance, and a comedy about a misbehaving Knight who is sent on a quest to learn about respect.

The director, Rebeca Cobos, has produced this play in collaboration with Rick Limentani, who first came to Spain with his play Freedom in 2013 after its success in London's Arcola theatre. Both later launched their play Dear Darwin at the Canal Theatre in Madrid, a mixed-media play for teens about the dangers of bullving.

Parlon Film Company is a British production company created in 2006 and together with the Spanish Cup of Theatre has created plays in Spain such as Canterbury Tales, Dear Darwin and Royal Flush, all with the dual objective of educating young people around values of social importance, and giving them experience of dramatic arts and creative story-telling, all in the English language.



Good Food, Good Wine and Good Friends

WITH GARRY WAITE

HANKS to the client that contacted me a couple of weeks ago.

A year or so ago he came to Spain to buy a restaurant/pub. He succeeded in buying a relatively well-established premises and has run it (under management) with some success, but is not happy with the way things are now going. Having been open since the beginning of last year he has reached stagnation and wanted my help to revitalise the operation if possible.

We sat down to discuss where he felt that things were going wrong. Most clients come back with the same answer, "We need more clients!" Often that is not the main problem. Costs are normally the base problems of most businesses. Overstaffing, wrong type of staff, no control over food and beverage costs/sales.

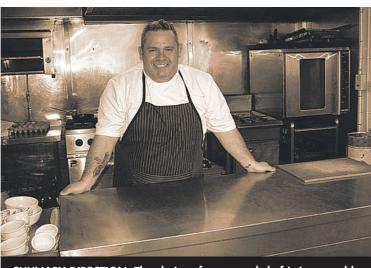
The problem with opening a business without knowledge can be dangerous. Even if you have some experience in the industry in your home country, you soon find out it is different in a foreign country.

After all you need an Indian scout in Indian country!!

We started with his figures. I asked him if he was making money and he said yes. But a closer look showed me that this was not the case.

Without doing a full stock take I did a guestimate based on purchases and sales and a rough idea of stock-in-hand. It showed that sale of food had cost 45 per cent. Ideally it should be around 35 per cent or lower. Wine sales were good, but again with his prices he should have been making 75- 80 per cent. The bar was much the same.

Analysing these figures would help to understand where the losses were.



CULINARY DIRECTION: The choice of menu and chef is inseparable.

Kitchen management was the first area to look at. The Chef was not passionate about what he was doing. Therefore he had no care for his product. His costings were wrong and his wastage too high.

FOR MY WINE spot this week, I'm travelling further than the Ribera and Rioja wine producing areas. How many of you were aware that India produces wines?

Viticulture was believed to

have been introduced to India by Persian traders some time in the fourth millennium BC. Historians believe that these early plantings were used mostly for a style of grape juice rather than the production of an alcoholic beverage. Some religious text mentions at least one alcoholic drink that may have been wine related - Sura - which seems to have been a type of rice wine that was fermented with honey. The first known mention of grape-based wines was in the late fourth century BC.

The modern wine market in India is small; annual per capita consumption of wine in the country is a mere nine millilitres, approximately 1/8000th that of France. Winemaking has existed throughout most of India's history but was particularly encouraged during the time of the Portuguese and British colonisation of the subcontinent. The end of the 19th century saw the phylloxera louse take its toll on the Indian wine industry followed by religious and public opinion moving towards the prohibition of alcohol. Following the country's independence from the British Empire, the Constitution of India declared one of the government's aims was the total prohibition of alcohol.

Several states went dry and the government encouraged vineyards to convert to table grape and raisin production. In the 1980s and 1990s, a revival in the Indian wine industry took

Instead of utilising his ingredients he would throw away items that could make money in the right hands. One of the problems was that the owner, while not having any kitchen experience, enforced a

TASTING NOTES: A big brooding boisterous red, the kind that makes steaks melt. The fruit is present but sits beneath the oak which imparts rich chocolate-coffee-toasty primary notes. With a name like Chêne (French for oak) one wouldn't expect anything else.

menu that he thought was commercially viable, on to the Chef who had a lot more to offer and had ex-

plained to his boss that the food he was being made to serve had little artistic content, very high costs and little room to increase on profitability.

I had decided that the problems were not all down to bad kitchen management - although this certainly needs looking at - but more a lack of culinary direction.

We are at this moment in deep discussion on how to improve the quality and performance of this operation and I will keep you informed on our progress every week in this column.

• WHILE I can see what London's Mayor, Sadiq Khan, is trying to do by imposing a 'bed tax' on the Capital's hotels, I tend to agree with Ufi Ibrahim, the Chief

> place as international influences and the growing middle class increased, so increasing demand for the beverage. By the turn of the 21st century, demand was increasing at a rate of 20-30 per cent a year. The city of Nashik in

the state of Maharashtra geographically in the middle of the country, is called the 'Wine Capital of India.'

The wine producing areas tend to be in the middle to the south of the continent although the Punjab and Kashmir in the north, are quite prolific producers. India produces Sparkling wines, Whites and of course Reds. While there are locally grown grapes, the majority of the reds are Caber-

net Sauvignon, Malbec and Shiraz. There is a wine maker who makes white wines from red grapes, one of only three producers in the world who do this.

• Would Ghandi have approved? Grover-Zampa

Chêne.

The picture is of one of India's top red wines. Most of them need decanting as they can pack a punch.

There is no love sincerer than the love of food." George Bernard Shaw

Executive of the British Hospitality Association, that a bed tax in London would be an "absolute folly" and said that it would add additional costs for tourists, as well as harm already hard-pressed hospitality and tourism businesses, making it even harder for them to compete with overseas operators. Already one of the most expensive cities in the world, London could lose even more of its competitiveness.

• ON THE OTHER SIDE of the coin, there is a restaurant in Madrid that really lives up to its' name. The Robin Hood. Its mission is simple - to charge the rich and feed the poor. Paying customers at breakfast and lunch foot the bill for the restaurant to serve dinner to homeless people, free of charge! The restaurant opened in early December, and is run by an 80-year-old Catholic priest, Ángel García Rodriguez, whom everyone knows simply as 'Padre Ángel.'

Outside, there's a sign listing the house rules: Patrons are allowed to sing as they please, as long as it doesn't disturb other customers. They can use the free wi-fi and borrow a cell phone if they need to make a call. They're free to bring their own food and order only drinks, if they prefer. Or they can take over the kitchen for a birthday party or other special celebration.

You see there are still a few good people in this world!!

• ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

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PROPERTY 9 - 15 February 2017

TO READ MORE

Property heaven for investors

By Matthew Elliott

FOR the seventh year in a row, Hong Kong has been declared the least affordable city in the world when it comes to buying a property. An apartment in the skyscraper city costs more than 18 times the annual income of an average household.

That shocking statistic has actually improved since 2015 when a flat would cost 19 times a salary, but the relationship between income and property prices remains the worst in the world.

The findings were published after an extensive survey of over 400 cities by Demographia. They followed World Bank data and terminology. The economic organisation considers a place where property prices are over 5.1 times the average salary to be 'severely unaffordable.'

Hong Kong has some of the most expensive apartments to be found in Asia, given its prime location near China, but free from the strict regulations of the People's Republic. There is vast wealth but also millions of people who pay more than 50 per cent of their income to live in tiny toilet sized capsules on a rooftop paying over €400 per month.

Hong Kong is way ahead of the competition



in the disparity games, Sydney is a distant but nonetheless concerning second. The Australian

city has prices 12 times the average annual income, just ahead of Vancouver where the ratio is 11.8. Hell for inhabitants, but heaven for investors.

Action finally taken after European ruling

MAJOR Spanish lender Bankia will be among the first institutions to act on a recent European ruling declaring so-called 'floor clauses' to be abusive.

Well over one million bank customers across Spain were affected by the clauses, which imposed a lower limit on mortgage repayments, regardless of interest rate fluctuations.

Bankia has seen the writing on the wall from the hugely significant European Court of Justice decision late last year. They have announced that they will refund all of their affected customers with the help of a giant $\in 200$ million kitty they have set aside.

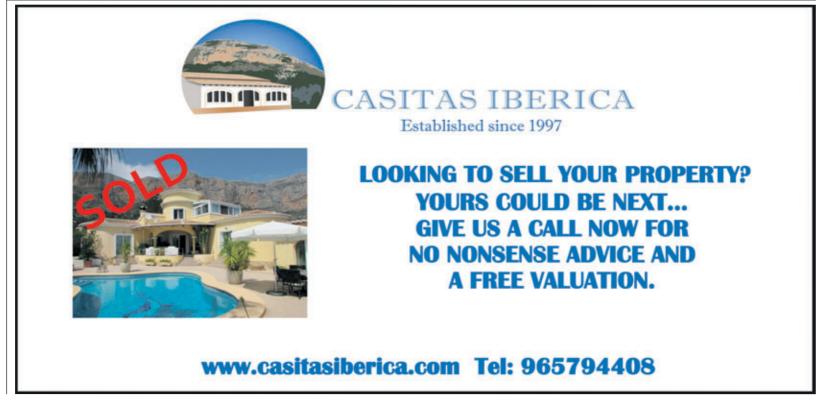
It's not completely due to a sense of fair play or responsibility. The bank has openly recognised that they will probably have to pay out even more in legal fees and bureaucracy further down the line if they drag their heels over repayment. People due refunds will have the choice between a one-off payment straight into the bank account, or the due amount being wiped from their larger mortgage debt.

Various schemes across

different banks are set to be rolled out across the country as the government approved new legislation set to guarantee that people get their money back.

Banks will be expected to not only pay back what they overcharged, but to do so with interest attached. Billions of euros are expected to be paid back to property owners in the coming years as a direct consequence of the decision.





By Matthew Elliott

CASH buyers are still a major force in Spain. In fact in the third quarter of the year they formed quite a substantial majority. Buying with cash over mortgages became the dominant mode of doing business in Spain after the recession.

Interestingly the trend has contin-

Property cash and golden visa

ued despite the property market being well and truly back on its feet. That is primarily due to the dominance of foreign buyers, who may not be in the majority, but are the country's most powerful property contingent in

the residential market.

Sellers on coastal areas will be pleased to hear that foreign investors with cash money are expected to show even more interest in Spain this year. In 2016 they accounted for around a fifth of all buyers in the country, but especially in the Costas and Balearic Islands.

This year the trend will become even more pronounced as the increasing number of buyers from outwith the EU looks set to be the story of the year. Spain's Golden Visa scheme is attracting wealthy Russian, Arab and Asian investors looking for a bright property prospect coupled with an entry to Europe.

Coastal prices can be expected to rise to accommodate this new crop of elite investors. Good news for all property owners in coastal Spain.

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Watering with the right techniques

SPAIN may not be the easiest spot in the world to think of a small lawn, but when you can and you have access to water, then it's very rewarding. Lawns, unfortunately, take a lot of the clear stuff, something like an inch or more of water a week. The factors that decide how often you'll need to water it depend on soil type, the type of grass you have, the climate where you live - hopefully warm - and the amount of sunlight.

Watering a lawn can bring the authorities down on your head if you're not careful, so using the right techniques is vital. Make the most efficient use of the water at your disposal so don't water an area that isn't grass. Using a timer which is programmable and smart helps moderate water usage.

Check out the local guidelines to conserve water so you can get it deep into the roots meaning irrigation does not have to happen so often. Set your timer to water during low water-use hours but not at



CONSERVE WATER: Check out the local guidelines.

night. Every so often you'll need to check how far the water is going into the root system. You may then need to aerate the soil if the grass roots are not deep enough. A lawn is rewarding but like every-

thing in your garden it needs TLC. Don't neglect it or you'll end up with something that is dry, parched, brown and unsightly. And rescuing that will take a long time!



VERTICAL: Grow plants, herbs or vegetables.

Wall garden ideas

VERTICAL gardens are a very useful resource for those who would like to grow plants (or herbs, or vegetables) on their balconies or terraces while using as little space as possible.

There are various options to house your vertical garden, from expensive ready-made frames and planters to cheap or even free recycled ones you can make yourself.

Old wooden pallets can be fixed to the wall and plant pots incorporated, or for even less hassle screw old guttering to the wall and plant directly into it. All sorts of bits of wood can be attached to the wall and various types of hooks used to hang plant pots from them.

For those who would rather not have their vertical garden right up against the wall, an old ladder is another good option. Either lean a ladder against a wall and place plant pots on the steps, or for a novel approach place an old step ladder in the middle of a terrace and hang plants from either side to create a pyramid of greenery.



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Organise and conquer

By Eleanor Hawkins

WHEN it comes to getting the house clean and tidy and shaving time off routines, there's nothing like a few good hacks or tricks. While

many seem obvious once discovered, they can make all the difference and combining a few can save valuable time for other things.

using hooks shaped like their initials.

• Encourage children to hang their towels back up by

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side of the vanity unit to store your hairdryer, tongs, etc in a convenient, easy to reach place.

• For super-sparkly, streak-free windows, add a few drops of dishwasher rinse aid to the water when you wash them.

• Hang a basket on the

• Save time hunting for matching sets when changing bedding by storing each set folded inside its pillowcase.

• Line the bottom of plastic bin bags with a few sheets of old newspaper to absorb liquids and avoid drips.

• To dust venetian blinds. put a sock over your hand, dampen slightly and run over each slat. To clean, simply put the sock in the washing machine.

• Save elbow grease by using a baby or facial wipe to wipe down shower doors and screens. This helps prevent limescale building up.

without hot

summers and the fruit fails if

the frost bites them, but the

tree is hardy. In the warmer

Mediterranean climate they

will flower and produce deli-

cious fruit. The small white

flowers are heavily perfumed.

autumn, displayed in bunches

in a grape like fashion. This

gave rise to their botanical

name Eriobotrya which refers

in Greek to the woolly grape

cluster appearance of the flower panicles forming in

The yellow to orange

coloured fruit individually re-

groups.

They flower prolifically in

An ornamental tree with fruit

By Graeme Tyrrell

IF you want an attractive ornamental tree that also provides fruit, you may consider growing a loquat tree. Loquats are a handsome tree with wellstructured branching easily maintained with minimal pruning. The large thick leathery feather shaped glossy leaves are attractive all year round. They flower in autumn under the right conditions and the fruit forms over winter.

I have several different varieties growing for the fresh loquat fruit that ripens in spring. Spring is a time when few other fresh fruits are available off the tree.

Different varieties ripen a little earlier and later allowing the harvest season to be extended. They are hardy when established, needing minimal watering in summer and provide a heavenly scent throughout the garden in autumn.

They are not usually a large tree, tending to be three to five metres high at maturity with an equal spread but they can grow to 10 metres in good soil conditions. They grow well in natural soils with some compost added and mixed into the surface soil at planting time.

In colder climates the tree is grown as an ornamental species. It will not flower



FRESH FRUIT: Harvesting the Loquats.

semble an apricot. They grow in bunches however that usually ripen progressively rather than all at one time. Different varieties have varying characteristics in colour, size and taste, but in general they have a smooth skin with delicious

flesh, sometimes frustratingly thin, surrounded by a very large seed or multiple seeds in the centre.

There is an art to eating them. The easiest way I have found is to pull or cut off the stem and squeeze the other end so the inner fruit pops out without the skin. It takes practice and juicy varieties can be messy for the beginner but handy to learn if you have a big harvest. The taste of the fruit is like a scented tropical flavour. There are various recipes for using the fruit that have been developed in China, India and Japan where it has been popular for centuries. The fruit can be used in pie recipes, as jam or jelly, for sweet sauces, chutneys, and even to make fruity wine and liqueurs.

The leaves are also used in herbal medicine for various health benefits taken as a tea and much research has been done on the leaves' healing properties.

Trees are readily available in Spain and are known as nisperos. They are a well-accepted exotic fruit popular in the Mediterranean region and they grace many country homes and urban landscapes in Spain.



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By Eleanor Hawkins

YUCCA is a genus of perennial shrubs and trees of the Agavoideae subfamily. There are more than 50 different varieties, the most suitable of which for indoor use is yucca elephantipes or spineless yucca.

Another common and popular variety for decorative purposes is the vucca aloifolia, however this is more suitable for the garden as its leaves end in

Decorative yuccas

hard spikes. Originally from the American tropics, it grows perfectly well in Mediterranean climes.

Yuccas are characterised by their woody, erect stems and large green lanced leaves. There is a variety with a lighter-coloured band on the sides of the leaves which is very eye-catching. Although unlikely to sprout flowers

when grown indoors, yuccas can have very pretty bell-shaped white, cream or pink flowers at the top.

Yuccas resist lack of water well as their leaves economise when necessary

and their roots, when grown outdoors. can go down as far as two metres into the earth in search of water.

Grown as houseplants yuccas can reach heights of between two and four metres and outdoors they can grow up to eight metres.

They are best planted between March and August and need moving to larger pots regularly over the first three or four years.

To keep yuccas happy, make sure they get plenty of natural light. They thrive in temperatures between 16 and 38 degrees. Water every 15 to 20 days in winter and once a week in spring and summer. Be careful not to overwater as drowning will kill the yucca.

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Top tips to stop your dog biting



David THE Dogman Listen to David on TRE every Saturday 10am to 11am Costa del Sol (Gibraltar/Sotogrande) 98.7fm (San Roque to Calahonda) 91.9fm (Calahonda to Motril) 88.9, Costa Calida 92.7fm Costa Blanca (Torrevieja to Elche) 105.1fm (Elche to Calpe) 88.2fm, (Calpe to Gandia & Ibiza) 104.6fm, (Denia to Valencia) 95.3fm Malforca 103.9fm

PERSONALLY I believe that all dogs can bite, but they do not really want to! Here are 10 top tips to prevent a dog biting you, or anyone else for that matter!

1. Read the dog's body signals - licking, yawning, shaking as if wet. A dog will do these things if they begin to get a bit unsettled. Give your dog the chance to get away, settle down, have a quiet mo-



READ THE SIGNS: Dogs can have bad days too!

ment and things are less likely to escalate.

2. Do not expect a growl. Many dogs decide that growling is a waste of time. Why? Because when they growl, they get punished. Instead, they don't bother to growl and just bite anyway.

3. Biting is a sign of patience pushed too far. Some dogs have lower tolerance than others, of course, but unless a dog has learned to bite they would rather get away from a situation. Let them take themselves off to a quiet place if they want to.

4. Teach your children well! Use the free Kennel Club Safe and Sound game, or buy the Blue Dog DVD. Get Kendal Shepherd's book The Canine Commandments, a book to help children understand and be understood by dogs. Children cannot read dog warning signals until they are well into their teenage years! Do not leave them unsupervised together.

5. If a dog has bitten once, they are likely to do it again. This doesn't mean you should panic and rush for euthanasia or rehoming. Be aware of the situation that caused the bite. Get professional help from a qualified behaviourist immediately.

6. Hugging and kissing can be threatening to a dog. Obvi-

ous? Not to many. Even if your dog is used to your loving attention they may not see it that way one day.

7. Always read the signs. Dogs can have bad days too! How can we tell if a dog is in pain, has a bad tummy, or is really tired or achy? Usually dogs will not show the signs until the pain is extreme. Be ready to help your dog by taking them to the vet if you see signs of unusual or grumpy behaviour. bite then? A snap is often a deliberate miss. Take action by getting professional help now. Your dog was clearly feeling under pressure and needs help to feel less stressed.

9. Socialise, socialise, socialise. Get your dog used to people and their weird ways from early puppyhood, and keep practising!

10. Do not assume that your dog would never bite. They all can if they are put in the right (or wrong!) circumstances.

8. He only nipped. Not a dog

Shakira - (German Shepherd) This beautiful German Shepherd is looking for a loving home. She is good with people, house trained, walks well on a lead and loves to play ball. She is very affectionate and would make a fabulous companion. If you can give Shakira a forever home, please contact Bev and Alan at the K9 Animal Shelter on **600 845 420**





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Scooby, Thomas and Jason are moving to Denmark

AFTER spending much of their lives near Adra in Spain, Scooby, Thomas and Jason are moving with their homeowners to spend more time in Denmark on the Western coast. The three pure white German Shepherds -Scooby aged eight years, Thomas aged four years, Jason aged three years - are some of the domestic pets of a Danish couple who live partly in Spain.

Last year the dogs met Bragi, one of our experienced housesitters and after spending two months with him caring for them at the Spanish villa they became very fond of him. This year when owner Maggie decided to move them to Denmark as their more permanent home she wanted them to be cared for by an experienced sitter.

She was happy that Bragi one of the HouseSitMatch housesitters was available to care for the dogs while she travelled abroad. Having a familiar housesitter at home with them. meant that she could relax in the knowledge they were with an experienced petsitter who knows them well. Bragi loves the dogs, and tells me they are real characters each one -"They're great fun to care for!" he said.



Scooby, Thomas and Jason.

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Dog Marleys want reggae

A NEW study carried out in Scotland by the SPCA and the University of Glasgow has revealed that reggae and soft rock are the preferred sounds of dogs in shelters.

Heart monitors were used on shelter dogs to keep track



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piped through the kennels. Although in a similar way to BRAKO humans the results showed that

different dogs preferred different musical styles, hinting that hounds have their own tastes

of their stress levels while dif-

ferent musical genres, includ-

ing Motown, pop, soft rock,

classical and reggae were

for more than just lamb chops, reggae came top of the list for reducing stress levels. Professor Nell Evans said:

"Overall, the response to different genres was mixed highlighting the possibility that our canine friends have their own individual preferences. That being said, reggae and soft rock showed the highest positive changes in behaviour."

Following the study, the SPCA is planning to install sound systems in its kennels.

As Evans pointed out, this will help dogs cope better with the stress of institutionalisation.

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ROAD TEST by Nick Fletcher ross 1711

SUZUKI'S original S-Cross just didn't look as sharp or as classy as its main rival, the Nissan Qashqai. But now a new version of the S-Cross is available, and Suzuki has addressed those styling issues.

New S-Cross has a bigger, bolder and much more noticeable front end, giving the model greater road presence, and inside there is a softer feel and more classy look to the dashboard and upgraded fabrics for the seats. The revised styling comes together well and widens the market for this type of car, which tends to appeal to more image-conscious buyers.

Under the bonnet, the old 1.6 litre petrol engine has gone, replaced by turbocharged 1.0 or 1.4 litre units, with the smaller one offering less horsepower yet delivering better performance, and with reduced emissions and fuel consumption.

The new 1.4 does better still in the pulling power stakes as well as offering 138 hp and a little more economy than the

previous 1.6 litre engine. There is also a 1.6 litre 118 hp diesel and four wheel drive is available as an option with all the engines.

Costa Blanca North

S-Cross prices start at €17,612 (£14,999) for a 1.0 litre in SZ4 trim that comes with Bluetooth, digital radio, air conditioning, 16 inch alloy wheels, heated door mirrors and seven airbags. The midrange SZ-T level adds satellite navigation, dual zone climate control, front and rear parking sensors, rear parking camera, rear privacy glass, bigger alloys and LED headlights.

The top-spec S-Cross SZ5 features extra kit including leather trim, heated front seats, large opening glass sunroof and alloy roof rails among an extensive standard features list. My SZ5 4x4 test model cost €27,332 (£23,279) and had the 1.0 litre engine and 6-speed manual gearbox.

I found the S-Cross very pleasant to drive - smooth, quiet and responsive, with composed cornering, a comfortable ride.



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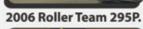
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TMGS play La Manga

WOW! What a difference a week makes here on the Costas, last Wednesday TMGS couldn't play because of the snow, this week they played in short sleeve shirts at La Manga!

The course was in excellent condition including the superfast greens. It's curious that this course is not any longer than any of the others TMGS play at, in fact the fairways are more than generously wide and yet on each visit it seems that players fail to score well, therefore the conclusion is it must be the speed and undulating greens that are the reason for this.

An example is a recently retired school teacher managed to just reach double figures in his



Stableford round until he reached the 16th on which he managed to make the green in regulation but left him a 35 foot downhill putt. With the water hazard lingering close to the edge of the green his fellow competitors commented "if this doesn't hit the hole Derek it's going swimming!" Of course it was the only putt he made all day but it was worth four points to him.

Results: NTP's Jim Davidson, Joe Dean, Arne Fagerold and Ian Sutehall. Joe Dean was the only player to make a '2' so the €37 in the pot went to him.

Bronze category results: 3rd J Hillier 19 pts, 2nd L Jernberg 20 pts, 1st D Kirkham 29 pts. Silver category: 3rd M Kennedy 27 pts, 2nd S Sonesen 27 pts. L/H 1st A Kilnes 29 pts. Gold category: 3rd E Sheridan 28 pts, 2nd R Eiken 32 pts, 1st B Watson 34 pts.

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Orba Warblers report



FOGGY CONDITIONS: Certainly did not hold the players back.

A LOW fog leaves good weather and such was the case at La Sella when 32 Warblers started off early on Wednesday morning.

The first eight holes were played with visibility down to less than 30 meters but then everything cleared up after the ninth hole and everyone enjoyed a spectacular, sunny blue sky. Despite the foggy conditions, a number of players surged ahead as results show.

In division one, the unflappable Glyn Braidley (Hcap 7.8) came first with 34 points, followed by Steve Smith (Hcap 4.8) in second place with 31 points and Chris Hoare (Hcap 12.7) in third also with 31 points after count back.

In division two, Arthur Sullivan (Hcap 22.9) came home with 38 points - what's a

little fog to him??? Following closely in second place was Roger Vicars (Hcap 21.6) with 37 points – fog, what fog? Coming in third was David Edwards (Hcap 26.9) with 34 points.

There were two Nearest the Pins: David Knight on hole 8 and Peter Gibson on hole 15. The football card was won by Tony Dickenson who chose Derby.

Next week on Wednesday February 15 the Warblers meet at Oliva Nova for a Stableford competition. First tee is 10.48am so please arrive by 10am for registration.

Guests are welcome subject to available space and current handicap certification. To book please contact Michael at *mjt@stylepms.com* or *call 639 242 896*.

Benitachell Bowls Club

IN the BBC northern league the BBC Tigers played El Cid Sabres on Monday January 30.

The Tigers came closer in their challenge for the top spot with a 10-0 away win. They won on all four main rinks with a shot difference of 68 (104-36). The Challenge team had an excellent game taking 12 of the 18 ends to win comprehensively 30-9 to keep up their strong challenge for the title.

The BBC Lions also played on Monday at home against El Cid Swords. They won 8-2 keeping them in contention for the top spot in the northern league. The challenger team also had a good result remaining top of the challenger league.

On Thursday February 2 BBC Jaguars played JG Onyx, a close game which resulted in a 71-64 shots, 8-2 points, win for the home team. With the Challengers also winning by a single shot 20-19 and the Friendly winning 19-16 it was a good morning for the Jaguars.

Wins for England, Scotland and Wales

Tony Matthews

International Sports A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is al-so the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre Costa de Almeria

CALENDAR OF EVENTS:

• After last weekend's opening Six Nations Rugby Union wins by England (19-16 v France), Scotland (27-22 v Ireland) and Wales 33-7 v Italy), the second round matches feature Italy v Ireland and Wales v England on Saturday, followed 24 hours later by France v Scotland... all live on TV.

• Moving to the other code of rugby, and the 2017 Super League starts tonight with St Helens v Leeds Rhinos followed tomorrow by Castleford-Leigh and Widnes-Huddersfield with Salford-Wigan and Catalan Dragons-Warrington playing on Saturday.

•Meanwhile, the former Hull FC player and Hull KR chairman and coach, Colin Hutton, has died aged 90.

• Saturday's PL football matches include Arsenal (4th)

versus Hull City (18th), recent conquerors of Liverpool (5th) who play Spurs (2nd) and Burnley versus leaders and inform Chelsea, who comfortably beat the Gunners last Saturday to go 10 points clear at the top of the table.

On Sunday, it's Bournemouth, whose last game ended in a 6-3 defeat at Everton, against Manchester City (4th) who beat Swansea 2-1 last Sunday with a 92nd Jesus goal. Relegation-threatened Crystal Palace (19th) visit Stoke. Sunderland (bottom), who walloped hapless Crystal Palace 4-0 at Selhurst Park in their last game, meet Southampton and Swansea (17th) take on struggling Leicester who were outplayed when losing 3-0 to Manchester United last Sunday.

• In the Championship tomorrow night, Sheffield Wednesday (6th) play Birmingham, followed on Saturday by Brighton (2nd) v Burton Albion, Wolves v leaders Newcastle, Derby v Bristol City, Leeds (4th) v Cardiff, QPR v Huddersfield (5th) and Reading (3rd) v Barnsley.

• It's Peterborough v



SCOTLAND v IRELAND: Stuart Hogg's second try.

Sheffield United (top) and Scunthorpe (2nd) v Shrewsbury in FL2; there's a Devon derby in FL2 involving Plymouth (2nd) and Exeter and north of the border, Celtic play Inverness CT, Hearts meet holders Hibs and Morton take on Rangers in 5th round Scottish Cup-ties.

• Here in La Liga, Real Madrid (top by a point) visit Osasuna and Alaves welcome Barcelona (2nd) on Saturday,

and Sevilla (3rd) go to Las Palmas on Sunday.

• And don't forget that the first legs of eight Champions League quarter-final ties take place on February 14/15, with 16 first leg encounters in the round of 32 in the Europa League next Thursday.

• Two golf tournaments start today - the AT/T-Pro-am at Pebble Beach and the Maybank Championship in Kuala Lumpur

• Tomorrow, the first round of tennis's Federation Cup gets underway at venues all over the world while on Monday four WTT tour events commence in Argentina, Holland (Rotterdam), USA (Memphis/Tennessee) and Oatar (Doha).

• And the Swedish motor rally also begins tomorrow morning in Varmland

FACT FILE:

• The Williams sisters are now close to winning an incredible £100m in combined career prize money. Following her recent Australian victory, Serena has earned £67m while Venus has collected £29m.

• Of the 6,675 international cricket matches ever played, only New Zealand have scored fewer runs for the loss of that many wickets than England's recent collapse in India when eight players dismissed for just eight runs in the final T20 encounter last week. Back in 1979, England lost eight wickets for 11 runs against the West Indies.

• Gianfranco Zola has finally celebrated his first win as Birmingham City's manager... 1-0 over Fulham.

· Napoli have recorded their biggest-ever Serie 'A' away win... 7-1 at Bologna.

• Celtic are 27 points clear of Aberdeen at the top of the SPL (67-43); Inverness CT are bottom with just 18. The biggest points-margin by a championship winning team is 31, achieved by PSG in France last season. Celtic won the SPL in 2013-14 by 28 points.

• Cameroon beat Egypt 2-1 in the final of last Sunday's African Cup of Nations.

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