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Win a Car! YOU CAN STILL BE THE WINNER OF
A CAR! SEE PAGES 2 & 10 - 11

Squatter gangs

Thieves target second homes



by Simon Firth

Families have angrily complained about a lack of police patrols after a spate of break-ins in Mazarron, including one where a gang squatted for at least a week.

More than a dozen properties have been targeted at the Puerto Bahia urbanisation.

There are now claims that police do not have sufficient officers to maintain adequate patrols in the area.

One woman was allegedly told police were aware that squatters had been in her home.

Although the gang damaged the property getting inside it appears they did not steal anything of value, despite forcing the garage door

to check what was inside.

But in another incident, one resident said his home was ransacked.

"We don't know how many people there were, but they ate and drank everything they could lay their hands on," he said.

The thieves then made off with a television, a microwave and bedding which had only just been purchased.

The fact that no-one has been arrested has left one res-

ident feeling unsafe in her own home.

"You feel frightened to think someone can so easily get in. There is no security in the area."

Residents said they were aware that undercover officers had previously patrolled the area in an unmarked car, but this had stopped.

In other incidents, thieves broke into properties in Bolnuevo but it is not known if these are linked.

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LOCAL NEWS

Quick break

THE Liverpool FC squad and manager Jurgen Klopp are in La Manga for a short break following the club's successful home game against Spurs. The Reds, who beat Spurs 2-0, arrived in La Manga yesterday (Wednesday February 15) and will be staying for four nights before heading back to Merseyside on Sunday morning.

Double trouble

CARTAGENA fire brigade had to tackle simultaneous fires in Los Nietos and Los Dolores on Monday evening. The first fire was reported at 8pm on Plaza Cuatro Santos, Los Nietos and started in the stairwell of a block of flats, while the second was on Calle Martinez Navarro, Los Dolores, and was caused by an extractor fan.

Windy losses

FOR the third time since the start of the year, Cartagena's fishing fleet was forced to stay in port due to strong winds. The 33 ships moored in Cartagena and Cabo de Palos lost an estimated €20,000 in earnings in just one day, explained head of the Fishermen's Guild Bartolomé Navarro.

Urgent upgrade

ELCHE Town Council has confirmed an initial investment of €300,000 which will be used to purchase 12 new police vehicles, comprising five hybrid Toyota Auris' and seven Citroen C4s. The current municipal fleet is aging badly, and will be replaced entirely over the next five years at an estimated cost of €1 million.

Entries flow in for Win a Car competition

MOST of you are entering our great 'Win a Car' competition by filling in the form that's supplied online. It's quick and it's easy and you know it'll arrive.

That's not always the case with the post, but we're getting some coming in that way and we're happy to get them.

We don't discriminate between either - once you're in, you're in.

The prize is a Dacia Sandero Ambiance! It's a Romanian-made car from a manufacturer that's been French-owned since 1999. The car retails in the showrooms for nearly €10,500.

If your name is the first out of the hat, then the car is yours, it's as simple as that.

And if you haven't entered yet, then get that form off to us.

We're using the information to improve how we do things on Spain's leading English-language newspaper.

Our survey is in all editions and we estimate that the online version will take you all of eight minutes. That's not that long for such a glittering prize.

If you're the winner, the car isn't the only part of your prize.

Abbeygate will insure you for 12 months which means added piece of mind and to top off your winning day there's a celebratory lunch or dinner for two people at La Sala Banus.


Our survey is on our website at www.euroweeklynnews.com.

No matter how you enter, and some of you have hand-delivered your entries, you'll go into the draw. So why not give it a go?




You have until March 23 to spend a few minutes putting in your survey answers and you could be arriving at Euro Weekly News head office, to pick up a brand new car!

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BREAKING NEWS:

GEOFF GARTLAND has been Managing Director of the *Round Town News (RTN)* since its inception at the turn of the century, but he has never been one to rest on his laurels.

After almost 20 years running the northern Costa Blanca's most thriving expatriate newspaper, Geoff is loved across the region.

A prominent spokesman for the local LGBT community, Geoff is a major campaigner for gay rights and a co-organiser of the hugely popular Benidorm Pride event.

He is a charismatic businessman and leader, and his tenure at the helm of *RTN* has seen it become a respected voice for his readers' opinions which reaches the very heart of their communities.

There are thus many parallels between Geoff and *Euro Weekly News (EWN)* Publishers Michel and Steven Euesden.

While Geoff hails from Yorkshire, Michel and Steven also have strong northern roots, albeit from the western side of the country.

Both newspapers are regarded as highly trusted names in Spain, with the *EWN* now racking up 21 years of loyal readership and the *RTN* not far behind.

But for the first time ever, the latter will not be on the streets this Friday as it takes a week's breather in preparation for an exciting development.

Don't forget to pick up copies of **both** your favourite local newspapers on Thursday February 23 and Friday February 24, when all will be revealed.



GEOFF GARTLAND: The founder of the Round Town News.

Ninja grannies arrested for theft

TWO 59-year-old women from Pilar de la Horadada have been arrested for allegedly carrying out at least nine burglaries all over Alicante.

The two women were clearly captured on CCTV cameras at one of the homes they targeted, the Guardia Civil has reported, which allowed them to be arrested. Rather than sneaking about surreptitiously, the police force said, the women wandered residential complexes in daylight looking for homes with open doors. Once they found one, one woman stayed outside to keep watch while the other entered and quickly grabbed any small items of value, from cash and jewellery

to tablets and mobile phones.

If they were caught in the act, the Guardia Civil said, the alleged burglars were not averse to employing violence, leading to great citizen concern in the areas they targeted to the point that neighbourhood watch groups were set up on social media to alert locals of thefts.

Gear gang goosed

SPANISH police in Alicante have arrested 17 people and recovered around 400 high-value, stolen items such as latest generation mobile phones, jewellery, computers and tablets, valued at about €100,000.

The gang used sophisticated tools for weighing jewels, as well as acids, reagents and sandpaper to test the gold,

as well as laser devices and meters to determine the purity of precious stones.

All the items were later transferred to Algeria for resale by a network of mules.

Farmers fleeced migrants

A QUARTET of Murcian farmowners have been arrested and charged with crimes against workers' rights, moral integrity, harassment in the workplace and employing illegal foreign workers.

The National Police opened the investigation at the turn of the year and discovered that the farm in Librilla was employing undocumented immigrants who were forced to work 15-hour shifts for €40 per day.

Risk management was also being en-

tirely ignored, resulting in a number of accidents.

Slippery slope

THE Segura River is to have a ramp to facilitate passage of the critically-endangered European eel installed, the first of its kind in southern Spain. The structure will open up a 14-kilometre stretch of river for colonisation ahead of a planned reintroduction effort. Eels were considered locally extinct for years, but the discovery of a dozen individuals in 2014 sparked the new project.

Salty concerns

CONCERNS have been raised about the impact the flood waters have had on the lagoons of Torrevieja and La Mata, with excess water having been pumped in since the torrential rains of December and January. There are concerns that this increase is changing the salinity of the water, and this could affect the balance of the ecosystem.

Alleged money laundering scam

NATIONAL Police in Elche have arrested a 45-year-old Cameroonian man for alleged fraud using the so-called Wash-wash method.

The arrestee, the police force reported, was also found upon his arrest to be wanted by a court in Murcia. He is believed to be part of a criminal group which approached businessmen or property owners and convinced them that they were politicians or people of importance in their home countries who had large amounts of undeclared

money which they needed to get to Spain.

Elche police were alerted by a man who was approached about a property he had for sale. The informer said the man offered him a suspicious sounding deal to launder black money. These criminal groups, the police explain, mix large amounts of black cardboard with a few legal banknotes dyed black, then use chemical products to wash the dye off the real notes. Those who fall for the scam find themselves with a couple of banknotes and a pile of worthless cardboard.

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Postscript to ponder

17.5

Number of hours the world's longest non-stop commercial flight will take, with Qatar Airways - who fly to Madrid and Barcelona - with the marathon routing from its Doha home base to Auckland, New Zealand.

Armed forces

MORE than 2,000 Spanish military personnel are deployed on missions in 15 foreign countries.

Most are soldiers in the Army with the biggest contingent serving in the Lebanon with the UN's blue helmet force. Spain contributes nearly 500 troops to the fight against Daesh where they are deployed with the Iraqi Army.

Fourteen soldiers are attached to the UN mission in Colombia as peace observers while in Afghanistan, Spain has 20 personnel based in the capital, Kabul. More than 140 officers and men are serving in the Indian Ocean with the EU's anti-piracy initiative.

Weapons held

FIFTY-EIGHT people have been arrested in a major Spanish policed crackdown on illegal weapons coming out of the Balkans. Seventeen police forces across Europe were involved, including agents from the US. The joint operation to combat arms trafficking was coordinated from Europol's control centre in The Hague.

First 3D printed bridge

A PARK in Madrid has made history with the installation of the world's first bridge constructed using a 3D printer.

The 40ft concrete structure represents the first time such technology has been utilised on such a scale. Because 3D printers do not need any casts or moulds, the costs of making the bridge were kept to a minimum.

The design team behind the project said the structure "reflected the complexities of nature's forms" and its design meant waste had been kept to a minimum "by recycling the raw material during manufacture."

The bridge is also being hailed as a first by those who believe a whole range of structures could now be manufactured much more cheaply using the same technique.



Postcard

from

SALAMANCA



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HOME to the oldest university in Spain, Salamanca is an ancient Celtic city in the community of Castile and Leon. It was once besieged by Hannibal, he of the Alps and elephants fame.

During the Spanish Civil War it was a nationalist stronghold, Franco being named Generalissimo while in the city. It is also the site of an unusual festival day on February 5 when women, symbolically at least in years gone by, would take over the reins of power in civic venues including the town hall.

While this was going on they were supposed to leave their men at home doing the housework. Nowadays they're more likely to take to the streets for a party with dancing and music.

The festival is based on St Agatha, regarded as the protector of women, who was persecuted for her Christian faith. The women are consequently known as Aguedas. Her refusal to accept the romantic entreaties of a Roman official led to her death in a Roman prison.

Sea rescue

TWELVE fishermen were rescued when their vessel sank off the northern coast of Spain. All the men were suffering from hypothermia but were otherwise uninjured when they were plucked from the sea. Seven of the crew were taken to a hospital in Asturias and the other five to a hospital in Galicia. Three helicopters and three lifeboats were launched after distress signals were received.

Defiant trio

THREE former members of the Catalan government, including its ex-president Artur Mas, say they have nothing to apologise for over their symbolic independence vote three years ago.

They are accused of criminal disobedience and breach of trust. The court trying them could impose bans from public office of 10 years if convicted. Less than half of those eligible to vote actually took part.

Smash-and-grab over

POLICE have smashed another gang using explosives to blow up cash machines. At least 23 people, most of them from Chile, were arrested over several months but details are only now being released.

The gang were involved in numerous crimes including burglary, identity theft, vehicle theft and the use of gas and explosives to blast open cash machines in Catalonia, Valencia and Madrid. In one robbery at a cash machine nails were thrown across roads to hinder the chances of police following them.

Birthdays

• **June Brown, Actress, February 16, 90**

British soap opera actress famous for playing Dot Cotton in the BBC soap Eastenders. At the 2005 British Soap Awards she won Best Actress and also received the Lifetime Achievement award. She received an MBE in 2008 in the Queen's Birthday Honours.

• **Rebecca Addlington, Swimmer, February 17, 28**

Swimming star of the 2008 summer Olympics who won gold medals representing Great Britain in both the 400m and 800m freestyle events. She won bronze medals in the same events at the summer Olympics in 2012.

• **John Travolta, Actor/Producer, February 18, 63**

American actor and producer who has starred in films including Grease, Saturday Night Fever, Pulp Fiction and Get Shorty. He won an Emmy last year as a producer of American TV series American Crime Story. He is married to actress Kelly Preston.



• **Smokey Robinson, Singer, February 19, 77**

Motown singer from Amercia who founded the group The Miracles, whose hit songs include Tears of a Clown, I Second that Emotion and The Tracks of my Tears. He also had a solo career with hits such as Just to See Her and Being With You. Until 1988 he was vice president of Motown Records.

• **Gordon Brown, Politician, February 20, 66**

Former Labour Party leader who was the UK Prime Minister from 2007 until 2010. The recession hit during his term and the Labour Party fell out of favour with 91 seats lost in the 2010 general election which ended in a hung parliament.

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WET WEATHER: Has resulted in spectacular blossom.

Bloom is off the almonds

By Eleanor Hawkins

THE cold wet winter months of December and January have brought about a spectacular blossoming of the remaining almond trees in Vega Baja.

Although back in the days before the Tajo-Segura water diversion the area boasted many more almond trees than

it does now, those that remain still make a sight worth seeing at this time of year.

Ninety per cent of those left are spread between Orihuela, Pilar de la Horadada and San Miguel de las Salinas, according to the latest agricultural department census. There are currently just over 2,600 hectares of almonds in the

area, compared to 4,000 a decade ago.

Of the total, 1,565 hectares are in Orihuela, with Torre-mendo the only place to still have cooperatives dedicated exclusively to almonds.

Elsewhere, citrus fruit and vegetables gradually took over and replaced almonds on most of the cultivated land.

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Advertising Feature

Copper Heeler brings relief from arthritis

MANY people have suffered with arthritis over the years, finding no long-term solutions, turning to strong medication to try and ease the pain, and thus putting up with a lesser quality of life.

Malcolm Landsman, who had studied magnetic and copper therapy for years, realised he may have hit on the solution to easing the joint pain that so many people experience. Copper Heelers are a simple accessory placed inside the heel of the shoe that gives arthritis sufferers incredible results within weeks. This works by means of replacing the copper in the body that arthritis sufferers lack. We all need certain metal elements in order to thrive and one of those key elements is copper, it is an essential part of the minerals within the body. There are 25,000 sweat glands in the foot alone, and so this is a prime area to absorb copper and utilise its healing properties.

Copper also prevents inflammation around the joints, so there is a feeling of well-being all round.

Malcolm has been marketing the Copper Heelers in Spain for more than five years now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!" This miracle insole has brought joy to many who have been restricted with movement in the past.

For more information on the Copper Heelers, please visit the website at www.copperheeler.es or call Malcolm on 966 763 770.



Police finally tie up murder investigation

By Linda Hall

MIGUEL LOPEZ, son-in-law of wealthy Alicante City widow and businesswoman Maria del Carmen Martinez, has been remanded for her murder.

Wife of the late Vicente Sala, a former CAM bank president, and the mother of a son and three daughters, she was shot twice in the head at point-blank range while inside her car last December.

Outsiders at first assumed it was a contract killing carried out as Maria del Carmen collected her Porsche Cheyenne from the car-wash in the family-owned Novocar dealership. Employees later found her leaning against the vehicle and pathologists calculated that she died 20 minutes after being shot.

Police decided early on that this was not the work of a hitman but an amateur who botched the execution-style killing and left bullet casings behind afterwards.

Instead they centred their investigations on Maria del Carmen's closest relatives, aware of growing conflict over how the family's business concerns were run.

When arrested, Miguel Lopez allegedly told police, "I was expecting this," but has denied killing his mother-in-law.

Lopez, married to Fuensanta Sala Martinez, ran the Novocar. It was the only family company that lost money and despite €3.2 million losses in 2014 and 2015 Lopez had increased his salary from an annual €45,000 to €99,999.

This prompted his brother-in-law Vicente Sala Martinez's decision to stop paying dividends and put family members on salaries of €3,000 a month.

Maria del Carmen backed the decision and, although opposed by her daughters, intended to make over her "golden share" to her son, giving him the deciding vote in all business decisions.

OUR VIEW

Thank You

WITH all of the negative news coming from around the world, it is always heart-warming to know that there are so many kind, caring and generous people who will immediately react when their help is needed.

As soon as EWN became aware of the plight of four-year-old Leo Bermejo, we used every channel available to us to publicise his plight and to ask our readers and advertisers to help raise the funds to allow him to travel to Oklahoma for ground-breaking proton treatment.

After an appearance on Spectrum radio coupled with coverage on our website, the whole appeal was kick started and within a matter of days, much more than 50 per cent of the amount needed had been raised which meant that there was sufficient to allow for the first payment for treatment and accommodation to be made.

Soon after Leo travelled to the UK for a preparatory operation, the wonderful news arrived that an anonymous donation for the balance of the appeal had been received.

This reaction from our community in Spain is absolutely fantastic and this response is summed up in the words of the Dalai Lama, "Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

Now we want to hear your views.
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War declared on marine poachers

By Linda Hall

JAVEA'S Local Police have another ally in preventing marine poaching.

The town hall has contracted a drone to keep Javea's 25 kilometres of coastline under surveillance, including its most inaccessible spots. Patrols by the drone will be randomised to heighten the surprise factor and images will be sent to officers from the Special Tasks Unit (UCE) in real time, enabling a quick response. The drone's images will also serve as proof in prosecution proceedings.

Public Safety councillor Pepa Gisbert, accompanied by Local Police superintendent Jose Antonio Monfort, emphasised Javea's authorities are determined to stem poaching.

The drone will assist in stamping it out from the air as well as on land and at sea and make it possible to inspect previously inaccessible areas while freeing officers for other duties, they said.

Local mayor Jose Chulvi also stressed the town hall's commitment to putting an end to poaching and defending environmental, eco-



COASTLINE SURVEILLANCE: Drones will be used to help prevent poaching.

nomie and social sustainability. "With this initiative we can use 21st century technology to defend something as traditional as our fishing industry," Chulvi said, calling on the local population to collaborate over poaching.

Once current regulations are modified, the town hall also hopes to be able use the drone in fire extinction missions or locating people stranded on cliffs or other hard-to-reach areas.

Tears and despair for uncertain residents

LEGAL advice is being arranged for the affected neighbours of Playa Babilonia in Guardamar who are witnessing their houses collapse and slip further into the sea right in front of their eyes.

Residents have previously met with authorities and demanded both Costas and the City of Guardamar to take action and offer solutions following the catastrophic consequences of time and the storms with half the houses now collapsed or damaged.

The owners of the houses affected by the landslides have formed a neighbourhood association and held further meetings in Alicante which advised them to abandon their homes permanently.

However, unwilling to surrender their properties they agreed to enforce the judicial



PLAYA BABILONIA: Collapsed and damaged houses.

order that allows precautionary measures to remove the debris caused by landslides, and create a temporary replacement of the pavements as they seek further legal advice.

The group has also met with the National Platform of those Affected by the Coastal Law, with the aim of joining forces at a higher level.

President of the Neighbourhood Association, Manuel Lopez said at the meeting there were "tears, moments of despair and real uncertainty" amongst the neighbours who are "really going through it." He denounced the treatment they are receiving from Costas who are "treating us as terrorists who put their house there without permission."

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Biking dreams

WORK began this week on the new bike lane running from the centre of Alicante City to the headquarters of the EU Office of Intellectual Property (EUIPO).

Once completed, the Department of Mobility

and Accessibility estimates that around 200 cyclists will use the route daily, including in particular EQUIPO officials and residents of the La Florida, Babel and San Gabriel neighbourhoods.



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Having an input in tourism



DISCUSSING TOURISM: The main objective was to gather information.

By Caroline Tyszka

THE *Euro Weekly News* were delighted to be invited to represent their readers at a meeting in Alicante to discuss tourism.

The meeting, hosted by the AAPET (Association Journalists and Writers of Tourism of Alicante) was to discuss the importance of foreign media in the Alicante Region and what image they felt was portrayed from the tourism sector.

Also present at the meeting was the Generalitat Valencia General Director for Tourism Raquel Huete Nieves, a representative from the Hotels Association and representatives from other English and Spanish media and tourism organisations, including Richard Parkes from Big FM and Felipe Lozano from Tramuntana Adventura.

The main objective of the meeting, which was

held at the Melia Hotel in Alicante, was to gather information about how the region's tourism sector functioned, what were the good points and where could improvements be made.

Whilst safety in resorts was discussed, and linked to encouraging tourism, it was decided that another meeting to deal specifically with this issue would be convened at a later date.

The meeting discussed the impact that Brexit could have on British visitors, encouraging holidaymakers to visit the 'real Spain' and the importance of town halls and tourist offices to further improve their interaction with overseas visitors.

This, the first of many brainstorming meetings, concluded that tourism was vital, it matters and communication between all nationalities was important to improve promoting the services that are on offer for all visitors to the region.

NEWS EXTRA

Number 7

CARREFOUR has opened a new store in San Javier's Dos Mares centre, employing 141 people. It is the chain's seventh supermarket in the Murcia Region and 22.3 per cent of the store's fruit and vegetables will be local.

Beach day

LA RIBERA hosted a sports day on the beach to raise awareness about healthy living to coincide with the International Day Against Cancer.

Biker hurt

A MOTORCYCLIST was seriously injured after colliding with a guard rail on the A-7 motorway at the height of Torrellano, Elche. The 34-year-old suffered several fractures and a collapsed lung.

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Photo Credit Podemos Region de Murcia/Sergio Gonzalez.

ON THE MARCH: Campaigning to save the Mar Menor.

Recovery is possible

By Eleanor Hawkins

THE Mar Menor should start to show signs of recovery this summer according to scientists from the Spanish Oceanography Institute.

The scientists base their theory on the results of the first sample collecting campaign carried out in November and say that it should take between eight and 12 months from the halting of dumping of agricultural waste.

As the second sample collection campaign began this week, Eugenio Fraile from the oceanography institute stressed that the data obtained so far, while positive, is provisional

and a whole seasonal cycle will have to pass before definite conclusions can be reached.

The scientist was however optimistic and said that in his opinion the lagoon is probably capable of repairing itself as long as it suffers no more atrocities and all dumping or spillage, intentional or accident, is avoided.

This, Fraile said, would mean no additional artificial engineering measures such as opening new channels would be necessary. In fact, scientists point out that Encañizadas and Machamalo channels make a minimal contribution to the lagoon's renovation and believe

opening new channels could do more harm than good to the marine ecosystem.

"Nature is wise and always finds its way. I've seen other environmental crises like the eruption of the underwater volcano in El Hierro and my experience tells me that if we stop making the ecosystem suffer it can recover," Fraile stated.

Funnily enough the fact that 85 per cent of the marine vegetation on the floor of the lagoon has disappeared over recent years means sediment will be moved faster and waste will be eliminated quicker than would otherwise have happened, scientists believe.



OPTIMISTIC OUTLOOK: For La Manga del Mar Menor.

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Completed survey forms must reach Euro Weekly News by noon March 30, 2017 at the latest. Only FULLY completed forms received by the final deadline will be entered into the prize draw. All entrants must possess a current NIE number, hold a valid driving licence and must be aged 18 or over. Only one entry per person is allowed. Failure to meet these requirements will invalidate the entry. No cash alternatives.

No employees of EWN Media Group can enter.

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Euro Weekly News takes no responsibility should the car offered differ from that pictured here in any way.

Tick box if you do not wish your personal details to be shared with third parties or to receive promotional information or special offers.

You and the EWN

How often do you read the EWN?

- Every week
- Regularly
- Monthly
- On occasions
- Very rarely

Which sections of the EWN do you read?

- Local News
- General Features
- Business
- Leapy Lee
- Other columnists
- Television
- Horoscopes
- Time Out
- Letters
- Health & Beauty
- Food/Social Scene
- Homes & Gardens
- Community
- Classified
- Motoring
- Sport

What do you THINK of the EWN?

.....

What do you EXPECT from the EWN?

.....

What would you like to CHANGE about the EWN?

.....

How long do you spend reading the EWN?

- Up to 10 minutes
- Up to 30 minutes
- Up to 45 minutes
- One hour or more

Do you find it difficult or easy to pick up your copy?

.....

Where do you usually pick up your copy?

.....

Do you have a suggested new distribution point?

.....

You and the EWN Online

Where do you primarily get your daily news from?

- Television
- Radio
- Newspaper
- Internet

What device do you browse the internet on?

- Desktop computer
- Laptop
- Tablet
- Mobile phone
- Smart TV

What time do you normally browse the internet?

- Morning
- Afternoon
- Evening
- All day

How often do you visit the www.euroweeklynews.com website?

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- Once a day
- Once a week
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Q & A

Gender

- Female
- Male

How old are you?

- 18 – 21
- 22 – 35
- 36 – 50
- 51 – 70
- 71+

Status

- Single
- Married
- Separated/Divorced
- Widowed

Which other local newspapers do you read?

.....

How often do you eat out?

- Once a week
- More than once week
- Once a month
- Rarely

How long have you been reading the EWN?

.....

Do you have private health insurance?

- No
- Yes (specify).....

Have you ever used a currency exchange/money transfer company?

- No
- Yes (specify).....

Is your telephone

- Landline
- Mobile
- Both
- Name of your provider(s)

Is your mobile

- Contract
- Pay as you go
- Name of network provider

What kind of mobile telephone do you use?

- Android
- iPhone
- Windows
- Other (specify)

Is your internet

- Fibre Optic
- ADSL
- Other (specify)

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- Rarely
- Never

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It does not matter whether you are a regular or casual reader, nor do you have to agree with our firm belief that we are the best. All of your opinions will help us to improve what we offer both readers and advertisers in the future across all six editions of the newspaper widely distributed each week from Valencia to Costa del Sol, as well as Mallorca and inland.

What's more, if you fully complete the survey in today's issue, which will be republished until March 23, 2017, or answer it online and send it back to us no later than March 30, 2017, then you stand the chance of winning this brand new car in our prize draw.

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Murcia is heading across the Atlantic

CANADA is being seen as a strong business opportunity for the Murcia Region.

President of the Region, Pedro Antonio Sanchez, welcomed the Canadian ambassador, Matthew Levin this week as Murcia was the first Spanish community to take advantage of the future free trade agreement between the country and the European Union which comes into force in March.

Murcia is already eyeing up the potential business opportunities and wants to be one of the first regions to benefit from the liberalisation of economic relations between the two sides of the Atlantic.

Plans are also in place for President Sanchez to go to Canada at the end of April, or early May, to learn more about the country's new business opportunities and commercial activity.

Murcia currently has around 200 companies that export to Canada, with a value of around €35 million, a figure that is hoped will increase in the near future.

The ambassador of Canada called the agreement reached between his country and the European Union 'historic' saying it was the "most ambitious" because it "covers all sectors of interest" and marks the start of a "new model of doing international trade."



NEW OPPORTUNITIES: Pedro Antonio Sanchez is set to visit Canada.

NEWS EXTRA

Teacher petition

TEACHERS have gathered 4,000 signatures calling to keep their jobs as concerns arise over the future of concertada, or semi-private schools in the province.

Many thanks

THE Street Cats animal charity would like to express their thanks to the volunteers who arranged a fundraising event at Marjal Camping on February 9, raising €540.

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Fresh scrutiny for taxpayers in Spain

The Spanish tax office has announced new measures to crack down on tax fraud. Their tax inspections plan for 2017 revealed new IT tools and processes that will make it much easier to investigate the tax affairs of wealthy individuals.

More access to information

Now, the tax office (*Agencia Tributaria* or *Hacienda*) will be able to analyse and cross-reference data from a wide range of sources to detect possible tax fraud. This includes personal income and wealth tax returns, as well as *Modelo 720* declarations, etc.

Tax authorities are already benefiting from the new 'automatic exchange of information' regime, with Spain being one of over 100 countries that will share information on taxpayers' assets and income. Financial institutions reporting data across countries include banks, custodians, investment funds, certain insurance companies, trusts and foundations.



By Brett Hanson,
Partner,
Blevins Franks

Information being shared includes personal data such as your name and address, country of tax residence and tax identification number. Information about your accounts includes investment income you earned over the year, including interest, dividends, income from certain insurance contracts and annuities. Account balances are also reported, as are gross proceeds from the sale of financial assets.

With all this information combined, the new *Hacienda* system

will be capable of estimating the total wealth of each taxpayer in Spain.

Identifying 'fake' residency

One focus for the *Hacienda* will be identifying those who actually live in Spain but do not declare their income and assets here, usually claiming residency in a low taxation territory.

The tax office can now collect information from utility providers, as well as paperwork for vehicles and property ownership, to establish where individuals are effectively living. For example, they can check electricity bills to confirm whether a property is being lived in long enough to trigger residency. They can also identify if people have an income arising from letting out property without declaring it.

It is likely that they will look closely at those who have declared themselves resident in lower taxation territories like Gibraltar, Andorra and Portugal. This could also catch out expatriates who declare themselves

UK residents without realising they are actually tax resident in Spain.

Why the crackdown?

By penalising tax fraud, the Spanish government can recoup revenue to bring down budget deficits. Wealthy individuals are the latest target because the *Hacienda* sees them as more likely to use aggressive tax planning.

According to *Agencia Tributaria* chief, Santiago Menéndez, in the last five years, they collected €400 million from tax inspections of individuals with wealth over €10 million.

With all the latest tools, locally and internationally, the government has today, it is likely they will continue to profit in the future.

How might this affect you?

There should be little to worry about if you have been declaring your finances correctly. However, if you live in Spain but have assets or receive income abroad, it may be hard to determine what you should be

declaring and where tax is due. Getting it wrong may be easier than you think and result in costly fines and even prosecution.

With this fresh approach to tax evasion, it is more important than ever to take personalised, professional advice on your financial planning. As well as ensuring you meet your reporting obligations in Spain and anywhere else you have assets, your tax planning should aim to shelter your assets using tax compliant arrangements. For example, tax-efficient investment wrappers, offered through a Spanish compliant bond, could legitimately reduce tax on savings and investments.

An adviser with cross-border expertise can help you enjoy favourable tax treatment while offering peace of mind that you are meeting your tax obligations, here and in the UK.

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Robbers arrested for second time

SIX members of a criminal gang operating across Torrevieja, have been arrested.

The gang was mainly dedicated to robbery from houses in the urbanisations of La Siesta, El Chaparral, San Luis and El Limonar.

Police launched an enquiry last November following an increase in reported robberies on the urbanisations. Their investigations led them to the gang who were operating from two properties in Torrevieja.

Police searches found three plasma TV's, a laptop, keys to five vehicles and walkie talkies. Tools used to break in to properties cracking locks and accessing through windows, were also found. Around 140g of marijuana and hashish was also discovered.



ACTIVE GANG: Committed up to five robberies a night.

The five men and one woman, all Spaniards are aged between 22 and 43 and have been charged with a total of 10 burglaries and drug trafficking.

This is the second time, in less than a year, that the Guardia Civil of Torrevieja has clamped down on this

dangerous and active gang, which was capable of committing up to five robberies in a single night.

On the first occasion, one of its members was sent to prison but it seems has since resumed his criminal activities after being released.

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We have pinpointed the 10 most commonly used abusive clauses which are routinely used in mortgages across Spain, if you were not duly informed about these clauses and their consequences, you could be owed a substantial sum of money.

In recent years many mortgage clauses have been declared abusive. Of these clauses, the best known is the floor clause.

Here are the 10 most commonly used abusive clauses that you might find in your mortgage deed:

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2. **Expected maturity of the loan** allows the bank to declare the loan overdue before the agreed term and claim in advance the total amount of the debt in certain circumstances.
3. **Interest due to late payment of an instalment.**
4. **Purpose of the loan.**
5. **Jurisdiction.**
6. **Transfer of credit.**
7. **Rounding up the interest to a higher decimal.**
8. **Formula of calculation of interest 360/365 the calculation of the daily interest** for the commercial year of 360 days with the understanding that all the months have 30 days, with the result of 'giving 5 days of extra interest to the bank'.
9. **Assumption of costs and other expenses** imposing on the consumer all costs for the formalisation of the contract.
10. **Final fee** paying interest only and not paying any capital until the last instalment or in leaving a portion of the capital to be amortised in the last instalment.

To find out more about abusive mortgage clauses and to arrange an appointment with us to study your case, please feel free to contact us today! Our team of specialist lawyers are standing by ready to assist you.



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Disabled worker reinstated following unfair dismissal

A POSTAL worker has been reinstated in his job after a court ruled he was unfairly dismissed.

The Alicante court ruled that Correos must give the worker back his job and almost €20,000 in compensation for 'moral damages' after deciding he was discriminated against because of his mental disability.

The worker's disability was not hidden from his employers who knew of his illness and that he had a registered handicap of 34 per cent. He had worked for the company for 12 years taking antidepressants and anti-psychotic drugs without incident until he was sacked in April last year

whilst working for Correos in Torrevieja. It is reported the worker began to scream after getting upset and agitated over an electronic device that he then threw across the table. He physically struggled against a superior and the Local Police were called to defuse the situation. The behaviour led to disciplinary action and he was dismissed from the company.

However, the court said the incident was related to his mental health condition and aware of the disease, Correos should have taken action to "allow him to continue working in conditions appropriate to his disability."

Alicante fighting against drugs

A MAN in Alicante has been stopped with a suitcase containing 12 kilos of marijuana.

The Canine Unit of the Local Police of Alicante detained the Spanish national during routine checks being carried out at Alicante bus station, specifically on the Algeciras-Barcelona route.

The sniffer dog detected and marked one of the bags

and police located its 56 year-old owner who had boarded the bus in Granada. As the luggage was inspected, officers found several plastic containers sealed with silicone that contained marijuana.

Alicante police have also been involved in dismantling a shipment of drugs headed to Belgium.

During an investigation,

National Police detected a shipment of drugs from South America and alerted Europol that it was headed to Belgium.

Custom authorities were then able to intervene in the port of Antwerp and seize a stash of 170 kilos of cocaine. It was being transported in 150 packages hidden in a container from Peru that was carrying frozen broccoli.

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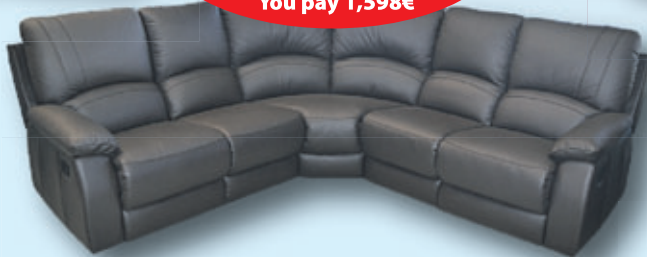


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TIME CAPSULE: Will be on display in the museum of La Festa.

Misteri d'Elx travels to 2074

HERE'S a date for your diary... 57 years from now. This will be when Elche's time capsule is opened, on August 10, 2074.

Mayor Carlos Gonzalez admitted he was "excited to do this" as he took part in the event to create a time capsule along with the rector of the Miguel Hernandez University of Elche and the president of the Misteri d'Elx.

The time capsule was

sealed with four nails and inside contains items related to Elche's famous Misteri d'Elx Mystery Play, making it even more immortal, as well as a euro coin, some stamps and a newspaper.

The time capsule was an initiative of the chair of the Misteri d'Elx of the UMH and its director, as part of events to mark the 20th anniversary of the Miguel Hernandez University and to fur-

ther safeguard the Misteri d'Elx.

The mayor commented that there is much fascination over how the world will look in 57 years from now but "in August 2074 the Mystery Play will be represented offering the paradox of certainty in the face of uncertainty."

The capsule will be displayed for everyone to see in the Museum of La Festa until it is opened in 2074.

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ON THE RUN: The attacker fled the scene after the incident.

Bar attack results in call for more police

A LATE night brawl in Albudeite, Murcia, resulted in two men requiring medical attention.

The attack took place on Avenida Principe de Asturias in the town, near the Aky Mysmo bar with one man being stabbed in the neck and side. He required emergency surgery at the Virgen de la Arrixaca Hospital and his condition is now stable. Another man, aged 20, suffered slight injuries when he stepped in to try and break up the fight.

The attacker has been named as a 30 year-old resident of Albudeite who fled the scene and is

now wanted by police.

As Mayor Jesus Garcia said he hoped the attacker will be "brought to justice as soon as possible," he demanded greater patrols and presence by the Guardia Civil, with such crimes "tarnishing the name of Albudeite."

In March 2013, a man was arrested for a fight that broke out at the same bar in which he attacked and assaulted three neighbours, breaking the fingers of one man, severing the tendons on the hand of another and leaving the third victim with a six-inch-long cut on his back.

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Fewer wait times for Vinalopo and Torrevieja

PATIENTS of the University Hospitals of Vinalopo and Torrevieja, wait an average 77 days less than other public hospitals in the Valencia Region, for surgical procedures.

Data has shown that the average waiting time across the Region is 115 days, but in the hospitals of Vinalopo and Torrevieja, the average wait is just 38 days. Specialities such as cardiac and thoracic surgery have an even lower

wait time with an average of 30 days.

Both public hospitals are privately managed with the management team saying "this data shows that the health concession model, in addition to being more efficient for the Public Administration, offering 21 per cent savings according to a recent audit, is also more advantageous for the citizen, by having fewer waiting lists and delays in care."

€5m to make homes more accessible

A COMMUNITY of owners in Calle Antonete Galvez in Murcia has invested over €100,000 to adapt their apartment building and make it more accessible for residents.

The work was possible thanks to a €58,000 subsidy from the Ministry of Development as part of aid available through the State Plan of Housing.

The money for the block in Calle Antonete Galvez is being used to improve ramps and reduce their steepness and replace ageing lifts making them larger to cope with wheelchairs. Around 70 people aged over 35 will benefit from the improvements.

The grants available through the government are

aimed at removing architectural barriers in housing, making them more accessible for all. In the last four years, some 2,900 families and 144 buildings in the Murcia Region have been able to benefit with around 500 jobs also created locally from carrying out the works needed.

"This was the objective" said Minister of Development, Pedro Rivera: "To give better quality of life to the neighbours because sometimes they are locked in their houses without decent exits."

The Ministry plans to allocate more than €5 million for works in buildings this year to make them more accessible.

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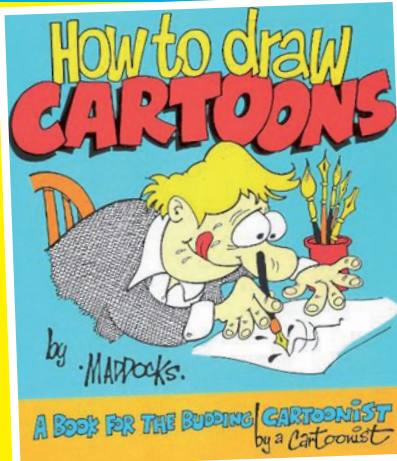
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Foreign students choose Cartagena

THE Polytechnic University of Cartagena, (UPCT) this week welcomed 156 international exchange students who will study at the University during this second term of the academic year.

The students come from 21 different countries and they enjoyed a number of welcome activities that aimed to introduce them to the university and its facilities and to help them integrate into their new surroundings.

A total of 93 students were from European countries on an exchange within the Erasmus programme, others were from Latin America and India.

Panga still on the menu



Photo by Jean-Pierre Dalbera

MEKONG RIVER: Preparing feed for a panga farm in Vietnam.

By Linda Hall

THE fish increasingly known as panga will continue to be served in state-run schools and hospitals.

Carrefour recently stopped selling panga owing to its negative environmental impact and lack of controls in Vietnam and other Asian countries where it is farmed.

The Association of Spanish Paediatricians (AEP) joined the fray by recommending that panga be substituted by other white fish in children's diets.

"Our country is surrounded by coast and more than likely other fish is available that is more nutritious and in keeping with our culinary traditions," said Dr Jose Manual Moreno

Villares, coordinator of the AEP's Nutrition Committee.

Despite the bad publicity the Generalitat's Health department said that it has no immediate plans to eliminate panga from school and hospital meals.

Panga enjoys the same hygiene guarantees as other species of commercially-marketed fish, the department argued. "No specific chemical or microbiological dangers have been identified and therefore there is no need to restrict its sale," an official statement declared.

The European Union and the Ministry of Health carry out checks in the countries where panga is produced and at EU entry points to ensure that panga exports comply with regulations, the Generalitat maintained.

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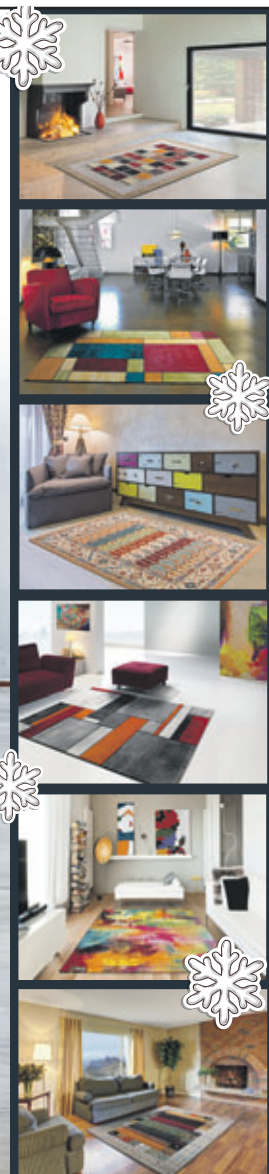
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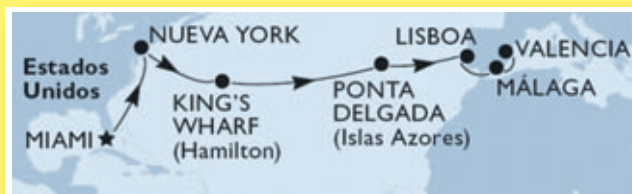
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Brexit negotiations could destabilise EU



BREXIT PAGE

By John Smith

NOT known to be a great fan of Britain, the President of the European Commission Jean-Claude Juncker has warned in a radio interview that the British are clever enough to make different promises to different countries over Brexit.

Rather than admit that individual member states within the European Union will do all that they can to secure a deal that suits them best, he has decided to accuse Britain of trying to manipulate those members by saying different things to different states.

He seems to have overlooked the number



NOT A FAN: John-Claude Juncker with Theresa May.

of cities who are vying to take over as headquarters of the European Medical Agency which is currently based in London and which will have to remove itself once Brexit is completed.

Denmark, Germany, Ireland, Spain and Sweden have all declared that they wish to be considered as the new home of that agency and the European Banking Agency will also be looking for a new

home in two years time.

Mr Juncker appears to think that Britain's future negotiations are likely to destabilise the European Union as members agree different deals, even though he insists that no deals should be done until after Britain has left.

He has also indicated however that he does intend to stand for re-election as president in 2019.

Brexit voting is still on course in the Commons

HAVING successfully sailed through the House of Commons with majority approval of the White Paper on triggering Article 50 to allow Britain to leave the European Union, Prime Minister Theresa May must be pleased with the ease of the vote.

With only Kenneth Clarke deviating from the Tory benches by voting against as he indicated at a very early stage, it was the Labour front bench which saw yet more unrest with five members of the Shadow Cabinet resigning as they would not bow down to a three line whip instructing them to vote in favour.

The resignations gave rise to yet another round of 'Corbyn stepping down' rumours which have been hurriedly denied and even the absence of staunch supporter Diane Abbott with a sudden migraine on the first round of voting caused a flurry of speculation, although she did turn up and follow the party line at the second vote.

Reports suggest however that when Brexit Secretary David Davies went to kiss her after congratulating her on the vote, she was horrified and expressed this with an expletive. He has since apologised to her for his initial lighthearted action.

Despite the government's statement it wanted to see the situation of expats in the UK and abroad resolved early, one amendment which covered this position was voted down which has caused some upset with British nationals living within the EU. All attempts at adding clauses were easily beaten but things may not be so tranquil when the Bill reaches the House of Lords where the government does not have a majority.

Whilst it is likely to pass in due course, any amendments agreed by the House would have to be referred back to the Commons on March 7 and these amendments could 'ping pong' backwards and forwards for some time.

Despite all this, it is still expected that the government will be able to trigger Article 50 by the planned date.

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BEACH SURVEY: Councillors Alvarez and Boné say survey shows greater satisfaction.

Questions over beach satisfaction survey

ORIHUELA has reported that user satisfaction of the beaches last year rose by six points to 79.61 per cent.

Councillor for Tourism, Sofia Alvarez, and councillor for Beaches, Luisa Boné, said the improvement on 2015's figures shows "users, whether tourists or residents, are more satisfied with the beaches now than in 2015." Councillor Alvarez added: "There is a clear trend towards improvement, according to the users' contributions."

As a result of the survey, the beaches of Cala Bosque, Cala Capitan, Aguamarina beach and Cala Mosca had higher

satisfaction figures compared to 2015.

Customer service scored an average score of 73.16 per cent; maintenance and cleaning 84.07 per cent; and the services of first aid and police surveillance 93.62 per cent.

20

per cent only were favourable to the state of the beaches

However, the Federation of Associations of Orihuela Costa (FAOC) contradicted the good data provided by the two councillors. They

pointed out that only 146 users were questioned and upon further inspection, only 20 per cent of these were favourable to the state of the beaches with 80 per cent claiming deficiencies in the removal of algae and 12 per cent commented there were an insufficient number of foot baths.

The FAOC pointed out that the reason the general satisfaction figures may have improved could have been due to asking the user about their overall impressions of the beach including natural factors such as the weather, temperatures, water quality as well as cleaning and maintenance and accessibility.

Eagle-eyed workers save bird of prey

MEMBERS of Friends of Sierra Escalona environmental association rescued a buzzard that was injured in a finca of Lo Hita, Torrevieja, near the border with San Miguel de Salinas.

Biologist Juan Antonio Pujol, and member of Friends of Sierra Escalona was able to rescue the female bird with a fellow member and the farm keeper.

It is believed the bird was in search of prey when it crashed into a fence and injured a wing. It is now being cared for at a recovery centre.

Pujol said the buzzard probably came from the Sierra Escalona and the Campoamor Dehesa area. It is an important species in the area with around 30 pairs nesting in the Sierra Escalona.

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INTEGRATE people with mental illness into activities within their neighbourhoods.

This is the objective of a project that has started at the Mental Health Unit of Campomor Health Centre in Alicante, with the support of the management of the Gen-

Plans for greater community integration

eral Hospital of Alicante.

The project involves mental health professionals, along with centres for training, innovation and educational resources to provide courses for neighbourhood

associations, NGOs and other entities.

“These associations in theory do activities for the whole community but often the participation of people with mental illness or dis-

ability is not included” said Francisco Javier Santos, a social worker at the health centre, “We want to remove any fears so that they know the reality of these people and their conditions, to help

facilitate their inclusion.”

The project launched this week with an information day attended by numerous associations, with training expected to start next month.

Santos said: “The purpose is not to do activities exclusively for people with mental illness, but to open the activities currently carried out to include participation of these groups that have been excluded so far. Everyone can benefit from the richness of difference.”

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Hospital expansion on track

WORK on Cartagena's Virgen de la Caridad medical centre is picking up pace with the management company saying expansion works of the facilities are progressing well.

Manager Jose Maria Ferrer said after suffering some small delays and solving these problems, “the work will pick up pace” with expectations that it will be equipped and launched in January.

Ferrovial is in charge of the works and has already begun to install the large structure which will house 38 individual rooms and a cafeteria. The plans also include extending the main building in Calle Jorge Juan with two more floors. The new building will be linked to the existing one through stairs and lifts.

Ferrer added that despite the presence



CENTRE EXPANSION: Will house 38 individual rooms and a cafeteria.

of machinery and workers, the 2,200 people who go through the centre daily, “are not suffering any discomfort.”

The expansion work has a budget of

€5.5 million and once opened will allow the Virgen de la Caridad to have the possibility of offering long-term hospitalisations.

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NEWS EXTRA

Farming death

A MAN died in Lorca after his tractor turned over trapping him underneath. The accident happened on the farm in Jarales where he worked in the municipality of Lorca.

Drugs gang

EIGHTEEN members of a drugs gang, based in Murcia and Alicante, have been arrested. They were trying to introduce large quantities of hashish into Spain from Morocco.

Free trip

TO mark International Women's Day on March 8, Guardamar Town Hall is offering a free trip to Cartagena, organised from the Social Services Department. For more information or to book a place call 965 729 014.

Traffic improvements before summer



LA MANGA: Measures to be made to speed up and improve access.

BUSINESSES in La Manga have called for urgent traffic and transport improvements to be made before the start of the summer season.

Meeting with the Minister of Fomento and Infrastructures, Pedro Rivera, entrepreneurs said they wanted measures put in place to improve traffic at the entrance of

the La Manga strip to avoid traffic jams, and to public transport, to speed up and improve access.

They complained of the continual traffic jams every summer and believe that better regulation of the traffic lights, eliminating roundabouts and greater police surveillance at peak times will help improve the traffic

flow. They also asked for more buses to service the route between Cabo de Palos and Venziola and a shuttle bus service between La Manga and San Javier airport.

Pedro Rivera said the Strategic Plan for the Revitalisation of La Manga del Mar Menor is underway and has been granted €8.5 million from European funds.

Asbestos removal top of agenda

IT was part of the government's mandate to remove asbestos from buildings in the shortest time possible. In Alicante Province, 17 schools and secondary institutes have already seen work carried out to remove the asbestos cement and work is planned on a further 11 centres as the Ministry of Education aims to end the toxic threat.

The Confederation of Parents of Students has been working with the authorities urging the immediate removal of the material that has been present for years.

Asbestos cement, or fibre cement, is a mixture of cement and asbestos often used as corrugated roofing. It was also used to make drainpipes, flues and water tanks and other products. It can be dangerous as it starts to degrade.

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REPAIR WORKS: Include improvements to the changing rooms.

Sports centre repairs to exceed €2 million

REPAIR work needed to Torrevieja's Palacio de los Deportes is expected to cost more than €2 million.

The sports centre needs the structure of the building reinforced in several places, waterproofing to the sides of the indoor pools and improvements to the changing rooms.

This job list, amongst other works needed, is expected

to cost more than €2 million, but the council has stressed that these repairs are not compromising the safety of users or the day-to-day activities at the sports centre.

The building of the Palacio de los Deportes (formerly known as Infanta Cristina) was built in the late 90's and opened in September 2000, after an investment of more than €9 million.

The town hall claims leaks and deficiencies were detected in an inspection carried out in 2012 under the mandate of the PP. In the last year of their term they assigned €200,000 to make repairs to the pool, but kept the facility open without addressing the problems and carrying out the work. However, the PP party has denied any record of the problems.

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WETLANDS IN PERIL: The record number of overwintering birds masks a grim reality.

By Matt Ford

Record wintering despite wetlands s

RECORD numbers of wetland birds are overwintering in Andalucía, with close to a million recorded during the 2016 annual census.

This represents an increase of 115,000 over the previous record, set in 2014.

Around 645,000 of the birds counted during the census, which included 230 wetland sites, were in Doñana National Park, which straddles parts of Huelva and Sevilla provinces and is the largest wetland in southern Spain.

Regional Environmental councillor, Jose Fiscal, said: "This increase is due in particu-

lar to the abundant rainfall that hit the Atlantic coast during autumn, which had led to excellent flooding in Doñana's natural marshland."

The councillor was speaking at a release of endangered species at the artificial Cañada de los Pajeros reserve in Puebla del Rio, Sevilla, in order to commemorate World Wetlands Day (WWD).

However, the positive news regarding the number of birds

present in the region came as a scathing WWD report by SEO/Birdlife International concluded that Doñana, the Ebro Delta and the Albufera de Valencia, Spain's three most important wetlands, are on the verge of environmental collapse.

The Executive Director of the organisation, Asuncion Ruiz, explained how wetlands in Spain, a country that "has the potential to become the desert



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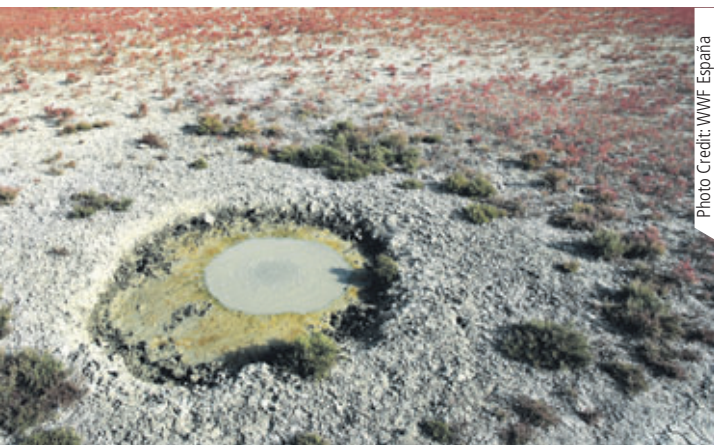


Photo Credit: WWF España

birds, suffering

of Europe,” are reaching “a point of no return that will not only endanger nature, but also society.”

WWD commemorates the signing of the Ramsar International Convention on Wetlands in 1971.

However, Ruiz said that Spain “should drop its bragging over its status as the country with the third largest number of Ramsar sites,” because “its poor conservation standards

may lead to its expulsion.”

She added that the chronic situation in Doñana, the Ebro and Valencia has forced her organisation to open an official investigation “to assess whether Spain meets the requirements to remain in the catalogue.”

Wetlands are among the most fragile ecosystems on the planet, with around 60 per cent having disappeared during the 20th century, 87 per cent since the year 1700.

In Spain, the conservation status of an estimated 80 per cent of freshwater habitats fails to meet standards, with decades of pollution, overexploitation and mismanagement having taken their toll.

NEWS EXTRA

Chained up

A WOMAN in Orihuela chained herself to a 50-year-old tree that was due to be cut down. Neighbours wanted it felled saying it brought more problems, but following intervention by police, the tree was just pruned.

Independent school

ORIHUELA'S language school has been officially recognised and approved and is now totally independent, without being linked to the official language school of Torrevieja.

House cracks

THE partial collapse of a house in Callosa de Segura forced the road to be closed and diversions put in place as Calle Salitre was blocked off for safety. Cracks in property had been detected for over a year in the street.

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Humanists of Murcia

Darwinian Gardeners
ON February 4, a group of 28 Darwinian gardeners visited José's nursery in La Majada to buy bedding plants, coming away with more plants than intended as it was hard to resist all the colourful plants.

The group then headed to Bar Puente in the village where Andrew Brown hosted a question and answer session after which followed lunch and lots of lively conversation.

The raffle raised over €50 which will go towards the Lions' 'Inoculate against Measles in the Third World' programme.

Threatening rain in the Espunas was enough to persuade the Easy Rambling group to postpone their planned walk on February 11.

No one likes to walk in soggy

boots, right?

However, the inclement weather did not put a damper on the annual Darwin Day celebrations which took

place a day early this year. Sixteen Humanists sat down to a delicious lunch at Restaurante El Mandola, near Aledo. After lunch Annie Busch gave a fascinating talk on Charles Darwin's epic voyage of discovery aboard The Beagle 1831-36. After a short pause for coffee in came the cake. Not quite big enough for 208 candles, but the group made do with a representation instead. This was followed by a somewhat unorthodox version of pass the parcel, involving a straw hat, false beard, and a pair of oven mitts with the winner receiving a small fossil. All good fun!



GOOD FUN: An alternative version of pass the parcel.

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TEL: 650 631 719 TONY SMITH

ASOKA win

ORIHUELA animal lovers breathed a sigh of relief recently, when the Partido Popular Town Hall reversed a decision to award the contract for the Animal Protection Centre in San Bartolome to a Waste Disposal Company from Murcia.

After promising the contract last November to the Alicante animal charity ASOKA, Mayor Emilio Bascuñana's minority council then claimed that the zero-kill animal association did not have sufficient financial backing to operate the centre, even though they had survived after the town hall were often months behind with their monthly payments to ASOKA during the previous contract.

After an impressive online petition gathered more than 6,000 signatures and a vocal campaign of newspaper, radio and TV coverage, the council looked again at the decision. ASOKA were concerned that the paperwork and figures had not all been taken into consideration and successfully asked for the decision to be reconsidered.

Nick Moore, a volunteer at ASOKA said, "We're relieved the decision went our way and we have a new two-year contract renewable after two years. Asoka's mission has always been to rehome and care for all abandoned animals in our area. We feed and treat them if they're ill. This is obviously not what a 'for profit' company would bother to do."

He added, "We're aware though that the work across Spain to get a zero kill policy in every animal pound/perrera continues. Centres like Los Infiernos, near Murcia, had an identical scenario to us but lost. We need to shame those town halls that allow businesses to run these centres for profit and let them know that in 2017 it is barbaric that abandoned animals are treated so badly."

Asoka currently house 160 dogs, 100 cats, eight pigs, two goats, two ponies and three pigeons. If you're interested in adoption, fostering or volunteering then please email voluntariosasoka@gmail.com.



ASOKA: Looking after abandoned animals. |

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Rojales Neighbourhood Watch

THE group will hold its Annual General Meeting on Monday March 6 at 11am in the Municipal Centre in Ciudad Quesada.

The purpose of this once a year reunion is to confirm that there is a need for neighbourhood watch in the Rojales and Ciudad Quesada areas, to appoint office holders, to exchange information about crime and anti-social behaviour in our area and ensure that as

many residents as possible are aware of these occurrences and also what they may or ought to do.

Membership of the Neighbourhood Watch Group is free and the aim of the group is to communicate with its members, and through them to their neighbours, by email so that as many people as possible are kept informed.

The group tries to promote good safety and secu-

rity around its homes and neighbourhood and has many useful tips to share with you.

The meeting is open to all people living in the 03170 postal area. Do go along and help the group to grow and improve the security in the area.

For more information please contact Helen Tudor on 663 316 310 or consult the Neighbourhood Watch in Spain website www.nhwin spain.com.

New dedicated LIFELINE number

LIFELINE, Age Concern Costa Blanca Sur's welfare section, has a new dedicated telephone number. The new number is 966 394 718 or mobile 697 176 149.

If you or someone you know needs assistance please call the new number. LIFELINE volunteers can offer support by:

- Making home visits and carrying out assessments.
- Advising on where to get nursing care.
- Liaising with social services.
- Matching volunteers to beneficiaries for long-

term support (subject to availability of volunteers).

- Giving advice on care aids.
- Giving information about residential care homes.
- Organising a monthly luncheon club for beneficiaries.

If you are interested in helping people who may need assistance, especially if you have nursing or care experience, please go along to the centre at C/Paganini s/n, Urb. La Siesta 03184 Torrevieja or call 966 786 887 for more details.



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Funds from those who cared

THE fundraisers who joined in the fight to reach Leo's financial target came from all walks of life.

Some gave only a few pounds or euros, hurriedly pulled out of a pocket at the last moment, while others managed events at which hundreds and hundreds were raised.

In Stockport, Greater Manchester, young girls at St Thomas Primary School held a cake sale in aid of Leo. They managed to raise a fantastic £792!

Susan Gutierrez said their Table Top Sale in Vera "was a complete and utter success. I'd like to give a big thanks especially to those who donated their money and time, to those who came and spent their euros and those who got generally involved with the event in one way or another. It just shows what a small community can do when there's a little boy's life at stake."

Among the biggest donors was a squash competition on the Isle of Man, from where Karen hails, which brought in £7,000.

In Karen's own words the family were humbled by the generosity of another little boy who had heard about Leo's plight.

"We just stopped somewhere for lunch now that Leo has been discharged. A mum and her little boy came up to us asking if this was Leo. Nathan, the little boy, wanted to give Leo all of his pocket money and gave him his £5. So, so lovely and generous. Such good people around xxx."



SUSAN GUTIERREZ: Table top sale was a success.



CAKE SALE: Raised a fantastic £792.



FACE PAINTING: Raised vital funds.



Leo the gets rea Oklah

By Simon Firth

LEO THE LION has had his surgery on Merseyside and the doctors are pleased. They have done their part, taking out the two tumours which were growing inside the four-year-old's brain and would have killed him. And after just two days in recovery he was being discharged. For his family especially, and his hundreds of well-wishers and supporters, it was the news everyone had been waiting for. It means the first hurdle has been crossed. Leo must now recover his strength and continue to get better ready for his date with a plane that will take him stateside.

That date is set for February 23 when Leo and mum Karen will fly to Oklahoma.

Before that, Leo was being reunited with his older sister, Sofia, who had to stay in Spain while he was undergoing his treatment at Alder Hey.

When the family arrived in the UK, they left their home with fundraising still going at break neck speed.

Hundreds of events, large and small, contributed to a rising total that was climbing faster and faster towards the magic €175,000. Eventually an anonymous donor stepped in to help, instantly taking the financial strain off the family and leaving them to concentrate on Leo.

Everyone has their theories about who it could be and certainly a lot of famously charitable names were bandied about. But the truth is we don't know. Maybe it's better that way, but Leo's fight against such massive odds, and his smiling face no matter what the cost, had moved thousands of people to donate towards his cause.

In a touching post on social media, Leo's mum Karen said: "Dad, I promise I will continue to do everything in my power to make sure Leo wins this battle. Cancer already took your life so quickly on Christmas Eve. We all miss you so much and our family has lost our rock... I haven't even had time to mourn you yet."

The first hurdle has been crossed for Leo.

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Leo ready for Oklahoma



She went on to say, "But I know you will be protecting and looking after him as he takes the next step on this horrendous journey to beat this deadly disease. Leo is going to do this for you. xxx"

When they arrived on Merseyside and a stay at the renowned Alder Hey Children's Hospital, it was clear Leo would need a new round of tests.

An MRI scan gave the surgeons their best view of their twin foes and crucially whether Leo's medical condition had deteriorated.

The extraordinary MRI technology revealed Leo's operation could go ahead but it also showed something new and deeper down that cannot be removed. The most likely option is that it's a new developing tumour, but this time it cannot be cut out.

Instead, Leo must recover his strength so the US-based experts can join in the battle to help him.

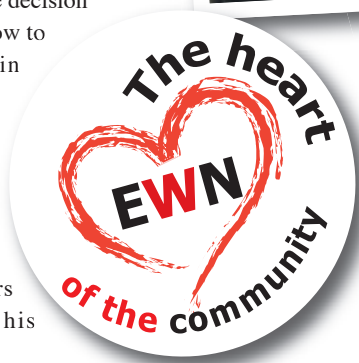
In Oklahoma Leo will undergo proton therapy treatment. It offers the chance to bombard the post-operative tumour sites with a fine proton beam.

This will limit as much as possible, any damage to the surrounding tissue in Leo's young brain.

With proton beam therapy he could recover a lot of the faculties he has lost. That would not be possible with conventional radiation.

When the treatment gets underway, under the guidance of Dr Andrew Chang at ProCure in Oklahoma City, the decision will then be made about how to treat the newest mass in Leo's brain.

His family and the rest of us have no alternative but to hope and pray that it responds to the treatment. Leo would then be free, at last, of the tumours that grow as a result of his very rare childhood cancer.



A children's hospital in a park

THERE are probably two children's hospitals which attract most attention in the UK. One, of course, is Great Ormond Street, probably because of its location in London, but the other is Alder Hey on Merseyside. Founded during the First World War, it is a centre of excellence for the treatment of children with cancer.

It is also Europe's first children's hospital built in a park. Construction of the new hospital, which has been going on since 2013, is still underway in some areas. Its managers insist that parts of the building were 'designed through the eyes of a child.'

“Designed through the eyes of a child.”

One of the hallmarks of the design has been the construction of rooms with single beds with sufficient space for parents to sleep there if required. The aim, say its designers, is to give every child who comes for treatment, a space where they can play and relax. Besides its emphasis on new technology, the hospital is designed to be one of the most environmentally friendly units of its type in the world.



The nurses with Leo.



ALDER HEY: A centre of excellence for cancer treatment.

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RUSSIAN PRESS

ARNIE:
Will star in new film **Aftermath.**

Arnie's back

■ ACTION hero Arnold Schwarzenegger plays a famous Russian killer in his new film. 'Aftermath' sees the Terminator star play Vitaly Kaloyev, who hunted down and murdered the air traffic controller he blamed for the death of his wife and children in the Uberlingen air crash in 2002.

Murky business

■ A KEY opposition leader has been given a five year suspended sentence for embezzlement. Alexei Navalny will also be forbidden from running in the 2018 presidential election. Navalny was convicted of embezzling money from a state timber company in 2013 and previously failed in a campaign to become Moscow mayor.

ALEXEI NAVALNY:
Has been convicted of embezzlement.

Toy kingpins

■ RUSSIA's biggest toy store was valued at almost €400 million when it hit the Russian Stock Exchange. Detskiy Mir (Children's World) has over 400 shops in different cities across Russia and Kazakhstan. Last year's profits were over one billion roubles (€16 million).

Poisoned chalice

■ DOCTORS revealed that a prominent Kremlin critic was poisoned. Vladimir Kara-Murza has been in a coma for weeks after mysteriously falling ill. The 35-year-old lives in America but visited Russia to show a documentary about opposition leader Boris Nemtsov who was executed outside the Kremlin in 2015.

Domestic discord

■ PRESIDENT Putin has

personally approved a new law that effectively decriminalises domestic violence. The controversial law removed mandatory prison sentences for violence towards spouses or children. The only caveat is that bones aren't broken and the abuse isn't frequent.

Island empire

■ A RUSSIAN millionaire is planning to set up a new Romanov empire on a remote Pacific island chain. Anton Bakov is in talks with the Kiribati government to buy three uninhab-

ited islands. If his offer is accepted he will build an 'alternative Russia' on the islands based on the deposed Romanov monarchy.

Night reading

■ THE Leo Tolstoy express train which runs from Moscow to Helsinki now has a public library for passengers. Both Russian and Finnish works will be translated from each language as part of a cultural exchange project. The overnight train runs almost every day and takes 13 hours to complete the 1,073km journey.

Cohabitants' pension benefits

By John Smith

OFTEN criticised for causing unnecessary bureaucracy and impinging on the British parliament's right to govern the country, the European convention on human rights could help a large number of people who are in long-term partnerships.

Denise Brewer from Northern Ireland had lived with her partner Lenny McMullan for 10 years and they were engaged to be married, but he died suddenly just a few

6 million
is the estimated number of unmarried but cohabiting people in the United Kingdom.

days after they had announced their plans.

Prior to his death he had worked for Translink, a company responsible for public transport in Northern Ireland for 15 years and as he

had not specifically named Ms Brewster as a cohabiting partner in the pension scheme of which he was a member, she was denied the right to receive any pension following his death.

Relying on a clause within the convention on human rights, her lawyers argued that it was discrimination and that she should have been paid the pension as if she had been named and the five Supreme Court judges agreed with this argument.

As much of UK law is based on precedence shaped by court opinion, this effectively means that those who cohabit should receive the same treatment as those who are married as far as pension rights are concerned.

Professional advice

IN order to try to persuade more people to obtain professional advice on their pension savings, the British government has decided that any saver can take up to £1,500 (€1,750) from their pension pots tax free to pay for professional advice.

The Pension Advice Allowance will be available from April of this year and those who take advantage of it, regardless of their age may use £500 (€585) on three separate occasions to pay for independent professional advice and those in the highest tax bracket will save £600 (€700) if they use the whole allowance.

Quote of the Week

"An all-out trade war with China would be damaging to Disney's business and to business in general." Disney's CEO Bob Iger on President Donald Trump's financial plans.



Spinal Tap reform



Photo Credit: Kainet flickr

VOLUME CONTROLS: Turn it up to 11.

By John Smith

SPINAL TAP and director Rob Reiner got together to sue media firm Vivendi for \$400 million (€375 million) in respect of unpaid royalties and damages.

For several years, the creators of the 'mockumentary' received decent royalty payments, but when Vivendi took over the rights to the movie in 1989, the revenue stream just dried up and between 1989 and 2006, total reported income from soundtrack music

sales was just \$98 (€92).

Harry Shearer first decided to sue Vivendi on his own but now his co-creators have decided to join in the action which will make their case much stronger.

"Such anti-competitive practices need to be exposed. I am hoping this lawsuit goes to 11," director Reiner is quoted as saying, alluding to the famous scene in the movie where the band have amplifiers with volume controls that go up to 11 so that they are louder than any other band.

» BUSINESS EXTRA

Renault Nissan

ONE in nine cars sold around the world (9,961,347 in 2016) were produced by an alliance between the car makers Renault of France and Nissan of Japan according to a press release issued by the alliance.

Rand coins

THOSE in the eurozone are being warned to keep an eye open when receiving change as the South African 5 Rand coin is bi-metal and looks very similar to the €2 coin but is worth just 35 euro cents.

Economic forecast

ANALYSTS working for BBVA Bank are now forecasting that economic growth in Spain will be greater than originally expected with GDP rising by 2.7 per cent whilst unemployment could fall to 17.5 per cent by the end of this year.

Greek economy still a worry

ALTHOUGH there has been little negative news concerning the state of the Greek economy over the past few months, a review from the International Monetary Fund (IMF) suggests it is far more vulnerable than initially assumed and that debt will

be much greater than forecast.

Shares on the Athens Stock Exchange fell accordingly and Ted Malloch who may become American Ambassador to the European Union again predicted the possible fall of the eurozone.

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Anglo American	1,352.50	0.00	0.00	18,166.07
Associated British Foods	2,525.00	25.00	1.00	19,712.69
Admiral Group	1,901.00	3.00	0.16	5,340.14
Ashtead Group	1,698.50	54.50	3.32	8,102.43
Antofagasta	917.75	51.75	5.98	8,157.96
Aviva	497.50	-2.50	-0.50	20,309.63
AstraZeneca	4,626.50	0.00	0.00	57,886.48
BAE Systems	612.00	0.00	0.00	19,058.38
Babcock International Group	910.25	29.25	3.32	4,449.25
Barclays	228.65	0.00	0.00	38,944.23
British American Tobacco	4,983.00	-25.00	-0.50	93,610.22
Barratt Developments	525.50	17.00	3.34	5,110.30
British Land Co	627.00	19.00	3.13	6,260.95
BHP Billiton	1,451.75	81.75	5.97	28,259.52
Bunzl	2,239.50	72.50	3.35	7,225.65
BP	448.53	-11.07	-2.41	89,350.04
Burberry Group	1,633.00	1.00	0.06	7,133.97
BT Group	306.25	0.00	0.00	30,706.20
Coca-Cola HBC	1,766.50	-59.50	-3.26	6,610.16
Carnival	4,195.00	-141.00	-3.25	9,270.29
Centrica	240.20	6.20	2.65	12,767.04
Compass Group	1,493.00	48.00	3.32	23,694.89
Capita Group (The)	527.50	1.50	0.29	3,422.43
Croda International	3,299.50	-94.50	-2.78	4,446.67
CRH	2,762.50	2.50	0.09	22,816.48
Convatec Group Ord 10p Wi	240.00	-0.30	-0.12	4,761.59
Dixons Carphone	309.45	0.25	0.08	3,587.54
DCC	6,755.00	-35.00	-0.52	6,013.98
Diageo	2,209.50	-45.00	-2.00	56,776.89
Direct Line Insurance Group	361.55	-6.45	-1.75	4,994.00
Experian	1,538.00	-27.00	-1.73	14,752.27
easylet	962.00	14.50	1.53	3,773.48
Fresnillo	1,458.00	-97.00	-6.24	11,267.10
GKN	350.55	9.65	2.83	5,860.24
Glencore	320.75	0.00	0.00	44,940.38
GlaxoSmithKline	1,583.25	-7.75	-0.49	77,436.91
Hikma Pharmaceuticals	1,938.50	1.50	0.08	4,691.43
Hargreaves Lansdown	1,377.50	11.50	0.84	6,417.53
Hammerson	565.50	0.50	0.09	4,501.34
HSBC Holdings	686.90	0.00	0.00	136,940.33
International Consolidated Airlines	487.40	0.40	0.08	10,373.33
InterContinental Hotels Grp	3,799.00	2.00	0.05	7,454.31
3i Group	715.00	0.50	0.07	7,008.98
Imperial Brands	3,770.00	0.00	0.00	36,378.28
Informa	666.00	-3.50	-0.52	5,529.07
Intu Properties	265.00	-6.20	-2.29	3,697.91
Intertek Group	3,649.50	117.50	3.33	5,650.15
ITV	215.95	6.95	3.33	8,437.26
Johnson Matthey	3,260.00	90.00	2.84	6,173.72
Kingfisher	350.35	21.85	6.65	7,346.91

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Land Securities Group	1,046.00	-2.00	-0.19	8,271.18
Legal & General Group	247.00	4.00	1.65	14,398.70
Lloyds Banking Group ORD	63.96	-1.68	-2.56	47,206.59
London Stock Exchange Grp	2,976.50	-94.50	-3.08	10,803.45
Micro Focus International	2,254.00	-6.00	-0.27	5,200.26
Mediclinic International	833.25	-2.25	-0.27	6,085.95
Merlin Entertainments	486.40	0.00	0.00	4,931.75
Marks & Spencer Group	341.80	0.00	0.00	5,559.82
Mondi	1,778.00	-24.00	-1.33	8,705.98
Morrison (Wm) Supermarkets	247.60	0.10	0.04	5,768.77
National Grid	950.45	-7.95	-0.83	35,938.36
Next	3,979.50	13.50	0.34	5,777.85
Old Mutual Group	211.35	0.15	0.07	10,229.62
Provident Financial	2,779.00	0.00	0.00	4,097.75
Paddy Power Betfair	8,707.50	7.50	0.09	7,295.08
Prudential	1,671.25	50.75	3.13	41,311.56
Persimmon	2,032.00	56.00	2.83	6,133.59
Pearson	638.25	-17.25	-2.63	5,429.05
Reckitt Benckiser Group	7,025.00	0.00	0.00	50,678.94
Royal Bank of Scotland Grp	230.00	1.10	0.48	27,559.85
Royal Dutch Shell	2,166.50	0.00	0.00	94,889.26
Royal Dutch Shell	2,267.50	0.00	0.00	83,955.09
RELX	1,515.00	46.00	3.13	15,867.15
Rio Tinto	3,650.50	78.00	2.18	46,499.58
Royal Mail	418.00	4.40	1.06	4,120.00
Rolls-Royce Group	770.00	37.50	5.12	13,202.70
Randgold Resources	7,500.00	50.00	0.67	6,956.40
RSA Insurance Group	593.00	-3.00	-0.50	6,081.97
Sainsbury (J)	260.65	-3.95	-1.49	5,832.37
Schroders	3,043.50	2.50	0.08	6,843.96
Sage Group (The)	638.25	-8.75	-1.35	6,881.19
Shire	4,572.00	-23.00	-0.50	41,358.51
Smurfit Kappa Group	2,116.50	1.50	0.07	5,022.56
Sky	1,005.00	5.00	0.50	17,190.17
Standard Life	363.90	-6.50	-1.75	7,231.38
Smiths Group	1,583.50	43.50	2.82	6,070.03
Smith & Nephew	1,189.50	3.50	0.30	10,495.02
SSE	1,545.00	8.00	0.52	15,626.46
Standard Chartered	817.45	22.25	2.80	26,173.66
St James's Place	1,084.00	1.00	0.09	5,707.58
Severn Trent	2,381.00	77.00	3.34	5,449.60
Tesco	191.58	-6.42	-3.24	16,177.99
TUI AG	1,196.50	38.50	3.32	6,839.00
Taylor Wimpey	171.05	-2.95	-1.70	5,685.19
Unilever	3,352.00	41.50	1.25	42,739.20
United Utilities Group	980.00	30.00	3.16	6,464.30
Vodafone Group	197.70	0.00	0.00	52,998.27
Wolseley	5,007.00	-3.00	-0.06	12,557.33
Worldpay Group	273.05	1.05	0.39	5,480.00
WPP Group	1,814.00	-61.00	-3.25	23,811.08
Whitbread	4,130.00	130.00	3.25	7,291.85

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CLOSING PRICES FEBRUARY 13

COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	179,000	+0.46%	0.820	106M
AMERICAN EXPRESS	78,480	+0.38%	0.300	70M
APPLE	132,120	-0.23%	-0.300	693M
BOEING CO	166,230	+1.19%	1.950	102M
CATERPILLAR	96,310	+2.50%	2.350	56M
CHEVRON	113,05	+0.70%	0.79	213M
CISCO SYSTEMS	31,510	+0.03%	0.010	158M
COCA-COLA	40,58	-1.62%	-0.67	175M
DU PONT(EI) DE NMR	77,2100	+1.10%	0.8400	66M
EXXON MOBIL	82,52	+0.83%	0.68	341M
GENERAL ELECTRIC	29,7200	+0.44%	0.1300	262M
GOLDMAN SACHS	242,72	+0.48%	1.17	96M
HOME DEPOT	139,8500	+0.82%	1.1400	170M
IBM	178,68	+0.83%	1.47	169M
INTEL CORP	35,3400	-0.34%	-0.1200	167M
J.P.MORGAN CHASE	87,0000	-0.23%	-0.2000	311M
JOHNSON & JOHNSON	115,2400	+1.02%	1.1600	313M
MC DONALD'S CORP	125,8200	+1.08%	1.3400	103M
MERCK AND CO. NEW	64,15	-0.37%	-0.24	176M
MICROSOFT	64,000	-0.09%	-0.060	494M
NIKE	56,22	+1.65%	0.91	74M
PFIZER	32,3500	-0.09%	-0.0300	196M
PROCTER AND GAMBLE	87,970	-0.79%	-0.700	225M
TRAVELERS CIES	119,73	+0.80%	0.95	33M
UNITED TECHNOLOGIE	111,05	+0.87%	0.96	91M
UNITEDHEALTH GROUP	160,75	+0.19%	0.31	152M
VERIZON COMMS	48,98	+0.35%	0.17	199M
VISA	85,90	+0.37%	0.32	159M
WAL-MART STORES	68,0200	-1.53%	-1.0600	208M
WALT DISNEY CO	109,2600	-0.21%	-0.2300	172M

NASDAQ

CLOSING PRICES FEBRUARY 13

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Sierra Wireless, Inc.	\$ 24.45	5.80 ▲ 31.10%
Sears Holdings Corporation	\$ 2.0935	0.4935 ▲ 30.84%
Infinera Corporation	\$ 11.96	2.56 ▲ 27.23%
Sears Holdings Corporation	\$ 6.96	1.42 ▲ 25.63%
Immunomedics, Inc.	\$ 5.23	0.93 ▲ 21.63%
Control4 Corporation	\$ 13.93	2.36 ▲ 20.40%
Activision Blizzard, Inc	\$ 47.23	7.50 ▲ 18.88%
Ocular Therapeutix, Inc.	\$ 8.45	1.27 ▲ 17.69%
Talend S.A.	\$ 26.90	3.81 ▲ 16.50%
Magal Security Systems Ltd.	\$ 7.41	0.96 ▲ 14.88%
Ra Pharmaceuticals, Inc.	\$ 22.15	2.84 ▲ 14.71%
Most Declined		
Ubiquiti Networks, Inc.	\$ 53.425	10.705 ▼ 16.69%
Organovo Holdings, Inc.	\$ 3.19	0.58 ▼ 15.38%
Eagle Bulk Shipping Inc.	\$ 5.50	0.96 ▼ 14.86%
Apptio, Inc.	\$ 14.54	2.50 ▼ 14.67%
TRACON Pharmaceuticals, Inc.	\$ 4.15	0.70 ▼ 14.43%
Concordia International Corp.	\$ 2.45	0.39 ▼ 13.73%
Noodles & Company	\$ 3.90	0.55 ▼ 12.36%
Cardtronics plc	\$ 45.49	5.40 ▼ 10.61%
Liberty Global plc	\$ 35.25	4.1628 ▼ 10.56%
Mimecast Limited	\$ 20.74	2.32 ▼ 10.06%
Cara Therapeutics, Inc.	\$ 14.85	1.48 ▼ 9.06%

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Sterling Fixed Income B

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€0.9430

Price Movement

€0.0056

€0.0085

Accumulating Funds

GBP Currency B

EUR Currency B

Multi Asset Conservative B GBP

Multi Asset Conservative B EUR

Multi Asset Balanced B GBP

Multi Asset Balanced B EUR

Multi Asset Growth B GBP

Multi Asset Growth B EUR

DEALING PRICE

€0.9853

€0.9650

£1.1360

€1.0696

£1.2622

€1.1787

£1.3761

€1.2920

Price Movement

-€0.0001

-€0.0001

£0.0069

€0.0054

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Passengers up, but profits down

By John Smith

BUDGET airline Ryanair has announced that the last three months trading saw an increase in passengers, thanks in part to a fall in airfares and a reduction in profits to €95 million.

Despite the fact that it is often accused of predatory pricing, charging for everything (including a fictitious claim that it would make people pay to use the toilet) it revealed that the average single fare paid by passengers was just €33 which is why its planes flew at 95 per cent capacity.

It did admit however that prices had fallen quicker than planned but it had to take action to protect its passenger loads following Brexit, the fall in sterling and the fact that charter competitors were moving out of North Africa and targeting Portugal and Spain.

Whilst it is cautious about future income, it still expects



Photo Credit: Ryanair

RYANAIR: Still expects to record a profit of between €1.3 and €1.35 billion.

to record a profit of between €1.3 and €1.35 billion when its financial year comes to an end in March 2017.

In a press statement, Ryanair CEO, the sometimes outspoken Michael O'Leary said "As previously guided, our fares this winter have

fallen sharply as Ryanair continues to grow traffic and load factors strongly in many European markets. These falling yields were exacerbated by the sharp decline in Sterling following the Brexit vote."

"Ryanair responded to this

weaker environment by continuing to improve our 'Always Getting Better' (AGB) customer experience, cutting costs, and stimulating demand through lower fares which has seen load factors jump to record levels."

It is however reviewing its

free second carry-on bag allowance because 'abuse' is contributing to flight delays as a number of passengers take on board grossly oversized bags.

"The airline is a victim of its own niceness," director Neil Sorahan commented.

Containers the new commercial fashion

By John Smith

AS it becomes more expensive to obtain quality retail or office space for start-up businesses in particular, it is becoming more and more attractive for London 'hipsters' to move into container cities.

Entrepreneurs are obtaining plots of land, purchasing numbers of containers which range in price from £1,000 (€1,150) to £2,500 (€2,900) depending on condition, renovating them, obtaining planning permission and adding mains utilities.

“Although more expensive than a permanent market, the containers are secure and protect from adverse weather.

Thus in a very short period of time and at relatively low cost a brand new specialist food quarter, light industrial estate or office complex can be opened and will quickly attract tenants willing to pay up to £20,000 (€23,000) per annum which is cheaper than almost any high street shop in a major city.

Admittedly the containers are more expensive than a permanent market stall, but they are secure and protected from adverse weather and in most cases have shared dining areas so size is not a problem.



Photo Credit: Akos Kokai flickr

NEW CONCEPT: A container shopping mall.

In the UK, London has the largest number of these parks but the concept is expanding with similar sites in University cities such as Bristol opening up and although storage is probably the most difficult problem to deal with, these companies which tend to attract young and relatively affluent clients create a new and trendy area to visit.

For those selling products or food, the most im-

portant thing is footfall and owners and tenants work together to present music and artistic events in order to attract more people to their premises.

The concept has taken off in the USA and parts of Europe but is particularly strong in Christchurch New Zealand following the devastating 2011 earthquake and harks back to the pre-fabs following the Second World War.

HBOS fraud will lead to compensation

WHEN complaints were made to the board of HBOS (Halifax Bank of Scotland) and Lloyds Banking Group after it took over HBOS about fraudulent activities by certain employees which ruined customers' lives, the complaints were rejected.

Now however, as six people including two senior former HBOS employees have been jailed for the scam which the banks denied, Lloyds Bank has finally admitted some liability and is to offer compensation.

It is estimated at least £28 million (€33 million) was made in loans which were never repaid and the HBOS officials involved received a percentage of not only these loans, but the overall value of all money fraudulently extracted from the bank and the companies involved.

Now the Lloyds Banking Group has confirmed it will appoint an independent consultant to review compensation for those who it believes were affected.

A family affair

MELANIA TRUMP, the new First Lady has decided to reopen a legal case against the *Daily Mail*, saying it cost her a 'once-in-a-lifetime opportunity' to profit from her brand because of the position she finds herself in.

She is now demanding compensation of \$150 million (€140 million) from the paper which accused her of being an 'escort' and then retracted the statement.

Her husband Donald has not yet joined in on this complaint but has tweeted expressing his dissatisfaction at clothing outlet Nordstrom for dropping his daughter Ivanka's fashion line commenting "Ivanka has been treated so unfairly."

This is the fifth company to drop her line saying that there was insufficient demand, but opponents of the President have suggested that he is abusing his position by commenting.

La Sala Group has major growth plans



Photo Credit: EWN

Wayne and Federico at La Sala Banus.

By John Smith

IN our last edition (1649) we reported the arrival of Federico González, new Chief Executive Officer at La Sala Group which operates some of the most iconic venues on the Costa del Sol and England.

Having been in the post for just two weeks, he agreed to give an exclusive interview to *Euro Weekly News* to explain his background and the ethos of this business which has grown from a 'start up' to a medium size, established business that is going to continue to grow.

He and Wayne Elliot, group commercial director epitomise the business which was founded by a group of friends in 2008 when they opened Buddha Beach and although in the background, Federico has been associated with the group since that time.

Having spent 10 years working in corporate business in the UK and much of the rest of his life setting up businesses in Spain, he brings a very important new perspective to La Sala in this new role as he combines knowledge of both the Spanish and the British ways of life and working.

The various properties in the La Sala Group mainly attract British customers and operate in Spain and despite the success of the organisation which has expanded to include six



“**La Sala Banus offers quality food, service and entertainment.**”

different properties in Gibraltar, Spain and the UK it became clear to the shareholders that they needed a Spanish voice on the board.

Federico is excited with this new role and explained that with 300 staff and new projects about to be launched including a new beach club in Marbella by Easter, he wants to ensure that the customers enjoy a great experience at every one of their properties and that staff feel part of a family and do their all to please the customers.

Both of them believe that the only way is up and they are proud of the way that they have introduced La Sala Gibraltar into the Sunborn Yacht Hotel experience and are always open to discussions with companies that would like to see a La Sala presence at their properties.

They have received ap-

proaches from other countries, inviting them to become involved in co-operative ventures but at the moment they want to concentrate on expanding their base businesses, although London is definitely calling.

Considering that La Sala Banus didn't open until 2010, it is amazing how quickly the name has become synonymous with quality of food, service and entertainment and with 120,000 names on their data base they have really become one the best-known spots on the Costa del Sol.

All of this has come at a price and the group invests huge amounts of money in marketing, but that is only the tip of the iceberg as their recent refurbishment of La Sala Banus cost €300,000.

Whilst 2016 was a great year for La Sala, they expect 2017 to be even better, but they don't take anything for granted and recognise that growth will come from investment coupled with their ability to offer a first class product at all price ranges.

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Are the do-gooders out there listening?

LEAPY LEE SAYS IT
OTHERS THINK IT



BEFORE the Trump immigrant ban was lifted, the media regaled us with harrowing airport pictures of families and individuals, devastated and often reduced to tears by the effect the new law was having on both them and their families. What they couldn't show of course, was the scowling confusion on the faces of any potential terrorists whose plans had been thwarted by the bill! Well, it's all now academic, and once again just about anybody is pouring through porous borders.

The sad truth is, that I fear it will take another attack of the magnitude of 9/11 to make the tree-hugging, luvvie brigade come to their senses and stop risking all our lives with their naïve, utterly misplaced sentiments toward the fanatical followers of a religious cult, that has no other purpose than to instill its primitive doctrine across the whole planet.

Are any of the do-gooders listening out there? Fanatical Islamists don't want to integrate. They are not like the Jews, who have embraced and enhanced the societies that gave them succour. They want to destroy the cultures and customs of the democratic West



Copyright Paper Cat

MISPLACED SENTIMENTS: The 9/11 memorial site in New York.

and replace it with their own barbarous teachings. They believe in stoning women to death. Beheading non-believers, marrying children to old men, destroying priceless artefacts, severing limbs and adorning the whole of the feminine gender in shrouds.

They have grabbed the welcoming hand of the West and bitten it off. The extremists of this belief have completely ruined any good faith that could have been enjoyed by the genuine souls among them who sought a better life. It is this majority who must stand up

and be counted. It is the genuine pacifists of Islam who must weed out and destroy the cancer that is eating away at any chance of a peaceful existence. But don't hold yer breath.

Keep the faith.

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2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Father Brown
4:00pm	Escape to the Country
4:45pm	The Farmers' Country Showdown
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:30pm	June Brown at 90
10:00pm	Death in Paradise
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	Up in the Air
2:30am	Weather for the Week Ahead
2:35am	BBC News

BBC TWO

7:00am	My Life in Books
7:30am	Wanted Down Under Revisited
8:15am	The Farmers' Country Showdown
9:00am	An Island Parish
9:30am	Great British Railway Journeys
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
2:00pm	Cash in the Attic
2:30pm	Beat the Brain
3:00pm	Landward
3:30pm	Wild Shepherdess with Kate Humble
4:30pm	The Blue Planet
5:25pm	A Place to Call Home
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Great American Railroad Journeys
8:00pm	The Hairy Bikers' Chicken and Egg
9:00pm	The Great Pottery Throw Down
10:00pm	Russia's Hooligan Army
11:00pm	Live at the Apollo
11:30pm	Newsnight
12:15am	Andrew Marr: My Brain and Me
1:15am	Panorama

BBC FOUR

8:00pm	100 Days
8:30pm	The Sky at Night
9:00pm	Britain's Ancient Capital: Secrets of Orkney
10:00pm	Notes on Blindness
11:20pm	The Nazis: A Warning From History
12:10am	Capability Brown's Unfinished Garden
1:10am	Leotards and Vests: The Great British Workout
2:10am	Britain's Ancient Capital: Secrets of Orkney
3:10am	Treasures of the Anglo Saxons <i>Art historian Dr Nina Ramirez reveals the codes and messages hidden in Anglo-Saxon art.</i>
4:10am	James May at the Edge of Space <i>James May always wanted to be an astronaut.</i>
4:40am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	A New Life in the Sun
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun: Winter Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Supertvet
10:00pm	Escape to the Wild
11:00pm	Parenting for Idiots
12:00am	24 Hours in A and E
1:00am	The Great British Skinny Dip
2:00am	Ramsay's Hotel Hell

CHANNEL 5

8:50am	Paw Patrol
9:00am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:40am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	Benefits: Can't Work, Won't Work
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	Dangerous Company
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Nightmare Tenants, Slum Landlords
9:00pm	Bargain Loving Brits in the Sun
10:00pm	The Great British Benefits Handout
11:00pm	When Kids Kill: Schoolboy Slayer
12:05am	The Nightmare Neighbour Next Door
1:00am	Super Casino

4

7:00am	Rude(Ish) Tube Shorts
7:10am	Made in Chelsea
8:00am	Hollyoaks
8:30am	Coach Trip
9:00am	Rude(Ish) Tube
9:30am	Rude(Ish) Tube
10:00am	Brooklyn Nine-Nine
10:30am	Brooklyn Nine-Nine
11:00am	Rules of Engagement
11:30am	Rules of Engagement
12:00pm	Charmed
1:00pm	Charmed
2:00pm	The Big Bang Theory
3:00pm	The Big Bang Theory
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	How I Met Your Mother
5:30pm	How I Met Your Mother
6:00pm	Brooklyn Nine-Nine
6:30pm	Brooklyn Nine-Nine
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Brooklyn Nine-Nine
11:00pm	Celebs Go Dating
12:00am	The Big Bang Theory
12:30am	The Big Bang Theory

sky SPORTS 1

7:00am	Football Gold
7:15am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	WWE SmackDown!
9:00am	Premier League Legends
9:30am	Premier League Legends
10:00am	One2eleven
10:15am	One2eleven
10:30am	One2eleven
10:45am	One2eleven
11:00am	Live Rotterdam 500 Tennis
5:00pm	Football's Greatest
5:30pm	Football's Greatest
6:00pm	Premier League Legends
6:30pm	Barclays Premier League World
7:00pm	Premier League Legends
7:30pm	Premier League Legends
8:00pm	Live Premier League Darts
11:00pm	La Liga Show
11:30pm	Barclays Premier League World
12:00am	Premier League Legends
12:30am	Premier League Legends

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	James Martin's French Adventure
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Bank of Mum and Dad - Tonight
9:00pm	Emmerdale
9:30pm	Coronation Street
10:00pm	Mafia Women with Trevor McDonald
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	UEFA Europa League Highlights
12:40am	Tipping Point
1:35am	Jackpot247
4:00am	Bank of Mum and Dad - Tonight

itv2

7:00am	You've Been Framed! Gold
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	You've Been Framed! Gold
10:35am	Psych
11:25am	Scorpion
12:25pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	You've Been Framed! Gold
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed! Gold
8:00pm	Funniest Ever You've Been Framed! Gold
9:00pm	Two and a Half Men
10:00pm	Release the Hounds
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Inspector Morse
2:05pm	Heartbeat
3:10pm	The Royal
4:15pm	Where the Heart is
5:20pm	In Loving Memory
5:55pm	Rising Damp
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Heartbeat
10:00pm	Ruth Rendell's Thirteen Steps Down
11:00pm	Ruth Rendell's Thirteen Steps Down
12:05am	Prime Suspect 2
2:25am	The Knock <i>Drama series following the dangerous investigations of an HM Customs and Excise unit.</i>
3:20am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping

itv4

7:00am	Gunsmoke
7:55am	The Saint
8:45am	Hogan's Heroes
9:20am	Hogan's Heroes
9:50am	The Professionals
10:50am	Ironsides
11:55am	Gunsmoke
1:00pm	Storage Wars Texas
1:30pm	Storage Wars Texas
2:00pm	Pawn Stars
2:30pm	Pawn Stars
2:55pm	Hogan's Heroes
3:30pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Saint
7:05pm	Storage Wars Texas
7:35pm	Storage Wars Texas
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:05pm	Conan the Destroyer
11:05pm	FYI Daily
11:10pm	Conan the Destroyer
12:10am	Eraser
1:10am	FYI Daily
1:15am	Eraser
2:30am	The Professionals
3:25am	Hogan's Heroes
3:55am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:00am	Lawrence of Arabia
10:45am	Hitman: Agent 47
12:35pm	Point Break
2:40pm	Once Upon a Time in Mexico
4:30pm	Serenity
6:40pm	Walking Tall
8:15pm	Hitman: Agent 47
10:00pm	Point Break
12:00am	Once Upon a Time in Mexico
2:00am	Rocky

sky CINEMA COMEDY

8:00am	Who's Harry Crumb?
9:35am	The Top Ten Show 2017
9:55am	Down Dog
11:40am	I-Spy
1:25pm	Hot Shots! Part Deux
3:00pm	Vacation
4:45pm	The Apartment
6:55pm	Wedding Crashers
9:00pm	The House Bunny
10:45pm	Vacation
12:30am	The Bad Education Movie
2:10am	Tenacious D in the Pick of Destiny
3:50am	The Frighteners
5:50am	Death Becomes Her

sky CINEMA PREMIERE

7:00am	Jenny's Wedding <i>After deciding to tie the knot with her long-term lesbian partner, a woman must finally open up to her conservative parents.</i>
8:50am	Anything for Love
10:35am	Fences: Special
11:05am	The Angry Birds Movie <i>Tetchy outsider Red just doesn't fit in among his chirpy island community, but he's the only one to smell a rat when a fleet of green pigs pitch up.</i>
12:55pm	Miracles From Heaven
3:00pm	Friend Request
4:50pm	The Landlord
6:35pm	Anything for Love
8:15pm	The Angry Birds Movie
10:00pm	Friend Request
11:35pm	Hacked
1:05am	The Landlord
2:40am	Miracles From Heaven
4:35am	The Culling

sky SPORTS 2

6:30am	Sporting Triumphs
6:45am	Sporting Triumphs
7:00am	Crickit Classics
8:00am	Time of Our Lives
9:00am	Sky Sports Years
10:00am	Crickit's Greatest
10:30am	Crickit's Greatest
11:00am	Barclays Premier League World
11:30am	Premier League Legends
12:00pm	The Premier League Years
2:00pm	Time of Our Lives
3:00pm	Premier League Legends
3:30pm	Premier League Legends
4:00pm	One2eleven
4:15pm	One2eleven
4:30pm	One2eleven
4:45pm	One2eleven
5:00pm	Crickit's Greatest
5:30pm	Crickit's Greatest
6:00pm	Sporting Greats
6:30pm	Carp Wars 2016
7:00pm	Fishing
7:30pm	World Rugby
8:00pm	Rugby League
11:30pm	World Rugby
12:00am	Rugby Gold
12:10am	Rugby Gold
12:20am	Rugby Gold



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BBC one

11:00am	Homes Under the Hammer
12:00pm	Wanted Down Under Revisited
12:45pm	Oxford Street Revealed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Father Brown
4:00pm	Escape to the Country
4:45pm	The Farmers' Country Showdown
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	A Question of Sport
9:00pm	EastEnders
9:30pm	Room 101
10:00pm	Not Going Out
10:30pm	Tracey Ullman's Show
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show
12:25am	Uncle

BBC TWO

7:00am	My Life in Books
7:30am	Wanted Down Under Revisited
8:15am	The Farmers' Country Showdown
9:00am	DIY SOS The Big Build
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
2:00pm	Cash in the Attic
2:30pm	Beat the Brain
3:00pm	Landward
3:30pm	Wild Shepherdess with Kate Humble
4:30pm	The Blue Planet
5:25pm	A Place to Call Home
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Great American Railroad Journeys
8:00pm	Big Dreams Small Spaces
9:00pm	Mastermind
9:30pm	Only Connect
10:00pm	The Lake District: A Wild Year
11:00pm	QI
11:30pm	Newsnight
12:05am	Further Back in Time for Dinner

BBC FOUR

8:00pm	World News Today <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops
9:00pm	The Good Old Days <i>Leonard Sachs chairs the old-time music hall programme, first broadcast on 31st January 1978.</i>
10:00pm	Great American Rock Anthems: Turn it Up to 11
11:00pm	Bruce Springsteen
12:00am	Bruce Springsteen and the E Street Band
12:55am	Bon Jovi in Concert <i>Stadium gods Bon Jovi rock London's tiny BBC Radio Theatre.</i>
1:55am	Top of the Pops
2:35am	Bruce Springsteen
3:30am	Bruce Springsteen and the E Street Band
4:30am	This is BBC Four

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
11:05am	Undercover Boss USA
12:05pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	A New Life in the Sun
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun: Winter Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Jamie and Jimmy's Friday Night Feast
10:00pm	8 Out of 10 Cats Does Countdown
11:00pm	The Last Leg
12:05am	First Dates
1:10am	Alan Carr Live: Spexy Beast

CHANNEL 5

8:50am	Paw Patrol
9:00am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	Winter Road Rescue
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	Forbidden Secrets
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Happy Campers: Caravanning
9:00pm	Celebrity Carry on Barging
10:00pm	Cruising with Jane McDonald
11:00pm	Bankrupt and Broke: When Celebs Go Bust
12:30am	Lip Sync Battle UK
1:00am	Super Casino

4

7:00am	Rude(Ish) Tube Shorts
7:10am	Made in Chelsea
8:00am	Hollyoaks
8:30am	Coach Trip
9:00am	Baby Daddy
10:00am	Brooklyn Nine-Nine
10:30am	Brooklyn Nine-Nine
11:00am	Rules of Engagement
12:00pm	Charmed
1:00pm	Charmed
2:00pm	How I Met Your Mother
2:30pm	How I Met Your Mother
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	How I Met Your Mother
5:30pm	How I Met Your Mother
6:00pm	Brooklyn Nine-Nine
6:30pm	Brooklyn Nine-Nine
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	Men in Black
11:00pm	Celebs Go Dating
12:00am	Tattoo Fixers

sky SPORTS 1

7:00am	Football Gold
8:00am	WWE Main Event
9:00am	Barclays Premier League World
9:30am	Premier League Legends
10:00am	One2eleven
11:00am	Premier League 100 Club
11:30am	Barclays Premier League World
12:00pm	Premier League Legends
12:30pm	Live Rotterdam 500 Tennis
4:30pm	One2eleven
4:45pm	One2eleven
5:00pm	Premier League 100 Club
5:30pm	Premier League 100 Club
6:00pm	Barclays Premier League World
6:30pm	Premier League Legends
7:30pm	The Fantasy Football Club
8:30pm	Rugby League
11:30pm	The Fantasy Football Club
12:30am	Barclays Premier League World

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	James Martin's French Adventure
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Best Walks with a View with Julia Bradbury
9:30pm	Coronation Street
10:00pm	Piers Morgan's Life Stories
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	Fishing Impossible
12:10am	The Wine Show
1:10am	Jackpot247

itv2

7:00am	You've Been Framed! Gold
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
10:00am	Coronation Street
10:35am	Psych
11:25am	Scorpion
12:25pm	Who's Doing the Dishes?
1:25pm	Emmerdale
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed! Gold
7:30pm	You've Been Framed! Gold
8:00pm	Funniest Ever You've Been Framed! Gold
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Shaun of the Dead
12:00am	Family Guy
12:30am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Inspector Morse
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	Where the Heart is
5:15pm	In Loving Memory
5:50pm	Rising Damp
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	Agatha Christie's Marple
12:00am	Prime Suspect 3
2:15am	Wycliffe <i>Drama series about a Cornish detective.</i>
3:15am	Inspector Morse
5:05am	Rory Bremner's Great British Views
5:55am	On the Buses <i>70s sitcom about a bus company.</i>

itv4

7:00am	Gunsmoke
7:55am	The Saint
8:50am	Hogan's Heroes
9:25am	Hogan's Heroes
9:55am	The Professionals
10:55am	Ironside
12:00pm	Gunsmoke
1:05pm	Storage Wars Texas
1:35pm	Storage Wars Texas
2:00pm	Pawn Stars
2:30pm	Pawn Stars
2:55pm	Hogan's Heroes
3:30pm	Hogan's Heroes
4:00pm	Ironside
5:00pm	The Professionals
6:05pm	The Saint
7:10pm	Storage Wars Texas
7:40pm	Storage Wars Texas
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:05pm	Counting Cars
9:35pm	Counting Cars
10:00pm	Last Man Standing
11:00pm	FYI Daily
11:05pm	Last Man Standing
12:05am	Transporter 3
1:05am	FYI Daily
1:10am	Transporter 3
2:15am	River Monsters
3:15am	Hogan's Heroes

sky CINEMA ACTION & ADVENTURE

9:00am	Hook
11:25am	Fantastic Four
1:10pm	The Huntsman: Winter's War
3:10pm	The Mummy: Tomb of the Dragon Emperor
5:10pm	The Great Escape
8:10pm	Fantastic Four
10:00pm	The Huntsman: Winter's War
12:00am	Taken

sky CINEMA COMEDY

9:30am	Analyze This
11:20am	Three Amigos!
1:15pm	The Top Ten Show 2017
1:35pm	Top Five
3:25pm	Pitch Perfect 2
5:25pm	Hot Pursuit
7:05pm	Click
9:00pm	Pixels
11:00pm	Pitch Perfect 2
1:00am	Dope
2:50am	The Overnight
4:20am	Best Defense

sky CINEMA PREMIERE

6:00am	The Lego Batman Movie: Special
6:30am	Everest: Special
7:00am	The Landlord
8:45am	Anything for Love
10:30am	The Angry Birds Movie <i>Tetchy outsider Red just doesn't fit in among his chirpy island community, but he's the only one to smell a rat when a fleet of green pigs pitch up.</i>
12:15pm	Bad Neighbours 2
1:55pm	Friend Request
3:40pm	Miracles From Heaven
5:40pm	The Angry Birds Movie
7:25pm	Anything for Love
9:00pm	Bad Neighbours 2
10:40pm	Friend Request
12:20am	Hacked
1:50am	The Culling
3:20am	Miracles From Heaven
5:15am	Anything for Love

sky SPORTS 2

7:00am	Cricket
11:00am	Cricket Classics
11:30am	Cricket Classics
12:00pm	Sporting Rivalries
12:30pm	Premier League 100 Club
1:00pm	Cricket Gold
1:10pm	Cricket Gold
1:20pm	One2eleven
1:35pm	One2eleven
1:50pm	Football Gold
2:05pm	Football Gold
2:20pm	Football Gold
2:35pm	Football Gold
2:50pm	Premier League Legends
3:20pm	Premier League Legends
3:50pm	One2eleven
4:05pm	One2eleven
4:20pm	One2eleven
4:30pm	ATP Tour Uncovered
5:00pm	Sporting Records
5:30pm	Sporting Greats
6:00pm	Sporting Greats
7:00pm	ATP Tour Uncovered
7:30pm	Live Rotterdam 500 Tennis
11:30pm	Cricket
3:30am	Sporting Rivalries

LEGALLY SPEAKING

Aging can seriously affect driving skills

AS part of the series, we answer some common driving questions and keep you updated on the latest driving and road news kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



DRIVE SAFELY: Medical check-ups and eye tests can ensure you keep your licence.

AS we all get older, our body gets older and all too often without us realising that gradual changes have been made including reduced vision, limited mobility, tremors and muscle spasms. All of these are natural age-related signs the body is slowing down, but they can affect the way you drive and have fatal consequences when mixed with road accidents.

In the event of being involved in an accident, the Guardia Civil traffic department has the authority to withdraw your licence at the roadside if they feel your health and status is a contributing factor in the accident. As a result, you may need to have medical proof to resolve the issue

and regain your licence.

In 2015, in the Ourense area of Spain, some 45 drivers had their licences withdrawn that year on suspicion of being unfit to drive on medical grounds. Most of those drivers have given up driving altogether, whilst others have taken to obtaining a certificate to prove they are able to drive by carrying out a fitness course and test. Three of those drivers failed.

During your medical check ups with the doctor or optician, it is vital that you mention that you are a driver so they can monitor your ability and the consequences of any treatments and conditions to ensure you remain fit to drive.

For more news and articles visit www.n332.es or search N332 on Facebook.

What does 'second call' mean?

Q. At the last AGM of our Community, it was announced that this AGM was held on the "second call". This term appeared in the notice for the meeting as well. So, we waited a few minutes and the President

announced the meeting would now start on the second call. I think it has something to do with how many people attend the meeting.

G M (Costa del Sol)

A. Assuming only a few staunch members of your Community attended the AGM in person, and a few others gave their proxy vote to some of the people who attended, this is the usual pattern for Community meetings. If there are 40 members, maybe only

David Searl
You and the Law in Spain



10 of them present. This means you can never get a majority vote of the total members and their participatory shares.

The law says that, in a meeting held on the 'second call,' a majority vote of those members and shares present at the meeting, either in person or by proxy, will suffice to make Community decisions that are legally valid. Absent members have 30 days to protest.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Something to be happy about!!

Mike Senker

In my opinion

Views of a Grumpy Old Man



I HAVE to go round supermarkets and department stores in a wheelchair so obviously I notice certain things like why do people turn their trolleys sideways across the whole aisle every time they want to look at something?

It's a pain for me and actually a pain for everyone really so don't do it! Also, the big department stores put things promoting special offers or the stuff they bought too much of in the middle of all their aisles and don't leave enough room for me to get past. It's really annoying. The thing is, if I ever say anything I get a blank look and the customary shrug of the shoulders which always winds me up even more.

It also amazes me the amount of shops and stores that I can't go into at all because they just don't have any wheelchair access. I was in Chelmsford in the UK and stopped to look in the window of a branch of Next and saw a shirt I fancied but there were steps up to door. I asked if they had a ramp and they said no.

They also informed me that the menswear department was on the first floor and they did not have a lift. I didn't even think that was allowed these days but obviously I was mistak-

en. It's just as bad here in Spain with a lot of the smaller stores being inaccessible. In this day and age it should be mandatory that every store, big or small, must have disabled access.

I had to phone my insurance company the other day. Now, I have unlimited calls and unlimited messages included in my tariff but I wanted to check that the free phone numbers offered are not free if dialled on your mobile phone. This is strange as all my calls are free except the free phone ones which I have to pay for. So now I know. How weird is that?

Anyway, remember I wrote about using up all my data allowance on my phone? They charged me two euros for extra data and another three euros for a deal they offered me. They said they would refund the two euros but I didn't get it. So, whilst I was on the phone the operator asked if there was anything else she could help me with. Bad move!

'Well as you are asking there are these two euros you owe me.' It's not about the money, it's the principle. Work it out. They have millions of punters and they nick a couple of euros all the time. They are copping millions for doing absolutely nothing. Well, an hour later and lots of to-ing and fro-ing with different departments and me telling them that I wasn't happy; I finished up getting 10 per cent discount on my bill for the next three months. So I finished up very happy. And that means I have nothing more to be grumpy about today!



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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Little Paris Kitchen
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	Athletics
5:30pm	Final Score
6:10pm	BBC News
6:20pm	Regional News
6:25pm	Weather
6:30pm	Who Dares Wins
7:10pm	Pointless
7:55pm	Let it Shine
8:55pm	Casualty
9:45pm	Let it Shine - The Results
10:15pm	Taboo
11:15pm	BBC News
11:28pm	Weather
11:30pm	Match of the Day: FA Cup Highlights
12:40am	This Country
1:05am	Having You
2:40am	Weather for the Week Ahead
2:45am	BBC News <i>The latest national and international news stories, followed by Weather.</i>

BBC TWO

7:30am	Stage Door
9:00am	Lucky Jim
10:30am	Coast
11:00am	Britain's Secret Seas
12:00pm	Homes Under the Hammer
1:00pm	A Cook Abroad
2:00pm	Talking Pictures
2:30pm	An Ideal Husband
4:05pm	Escape to He Country
4:45pm	Mastermind
5:15pm	University Challenge
5:45pm	Only Connect
6:15pm	Nature's Weirdest Events
7:00pm	Flog It!
8:00pm	The Lake District: A Wild Year
9:00pm	Grand Tours of the Scottish Islands
9:30pm	Dad's Army
10:00pm	Testament of Youth
12:05am	Safe Haven
1:55am	The White Ribbon
4:10am	This is BBC Two <i>Highlights of programmes on BBC Two.</i>

BBC FOUR

8:00pm	Indian Hill Railways <i>Three-part series looking at the little trains that have climbed through the Indian clouds for a hundred years, from the Himalayas in the north to the Nilgiris in the south.</i>
9:00pm	Ford's Dagenham Dream
10:00pm	Treasures of Ancient Egypt
11:00pm	Easter Island: Mysteries of a Lost World
12:30am	Top of the Pops
1:05am	Rock 'N' Roll America
2:05am	Rock 'N' Roll America
3:05am	Rock 'N' Roll America
4:05am	Sounds of the 70s <i>Anarchy in the UK. The mid-1970s saw the emergence of punk and new wave.</i>

CHANNEL 4

7:20am	King of Queens
7:45am	King of Queens
8:10am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:25am	The Big Bang Theory
10:55am	The Big Bang Theory
11:25am	The Big Bang Theory
11:55am	The Simpsons
12:25pm	The Simpsons
1:00pm	Jamie and Jimmy's Friday Night Feast
2:00pm	Come Dine with Me
2:30pm	Come Dine with Me
4:30pm	A Place in the Sun
5:30pm	Location, Location, Location
6:35pm	Grand Designs
7:30pm	Channel 4 News
8:00pm	The Restoration Man
9:00pm	Great Canal Journeys
10:00pm	Taken 2
11:50pm	The Bourne Legacy
2:20am	Ramsay's Kitchen Nightmares USA

CHANNEL 5

9:45am	Ben and Holly's Little Kingdom
10:00am	Shimmer and Shine
10:25am	Peppa Pig
10:35am	Peppa Pig
10:45am	Ben and Holly's Little Kingdom
11:00am	Teenage Mutant Ninja Turtles
11:35am	Access
11:40am	Police Interceptors
1:35pm	On Benefits: 26 Kids and Claiming
2:35pm	On Benefits: The Millionaire Shoplifter
3:35pm	The Nightmare Neighbour Next Door
4:35pm	The Nightmare Neighbour Next Door
5:30pm	5 News Weekend
5:35pm	Nightmare Tenants, Slum Landlords
6:30pm	Can't Pay? We'll Take it Away!
7:30pm	FIA Formula e Live: Buenos Aires
9:10pm	Secrets of the Great Train Robbery
10:00pm	Football on 5
11:30pm	NCIS
12:25am	NCIS: Los Angeles

4

7:00am	Rude(Ish) Tube
7:20am	Melissa and Joey
8:05am	How I Met Your Mother
9:00am	Young and Hungry
9:30am	Young and Hungry
10:00am	Baby Daddy
10:30am	Baby Daddy
11:00am	Melissa and Joey
11:30am	Melissa and Joey
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	Knight and Day
11:10pm	Gogglebox 2016
12:50am	Gogglebox

sky SPORTS 1

7:00am	Football Gold
7:15am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	Premier League Legends
8:30am	Premier League Legends
9:00am	Premier League 100 Club
9:30am	Premier League 100 Club
10:00am	The Fantasy Football Club
11:00am	Soccer A.M.
12:30pm	Premier League Gold
12:40pm	Spanish Football Gold
12:55pm	Football
3:00pm	Super League Gold
3:15pm	Super League Gold
3:30pm	Great Sporting Moments
3:45pm	Rugby Union
6:00pm	Rugby Union
8:15pm	Great Sporting Moments
8:30pm	Live World Club Series
11:30pm	Super League Gold
11:45pm	Super League Gold
12:00am	Super League Gold

itv

7:00am	CITV
10:25am	ITV News
10:30am	Alphabetical
11:30am	Guess This House
12:25pm	Judge Rinder
1:25pm	ITV News and Weather
1:35pm	River Monsters
2:05pm	Tipping Point
3:05pm	The Chase
4:10pm	Dance Dance Dance
5:45pm	Local News and Weather
5:55pm	ITV News and Weather
6:10pm	Despicable Me
8:00pm	Ninja Warrior UK
9:00pm	The Voice UK
10:20pm	Through the Keyhole
11:20pm	ITV News and Weather <i>A round-up of the latest news headlines and a national weather forecast.</i>
11:35pm	Knocked Up
1:50am	Jackpot247
4:00am	Who's Doing the Dishes?

itv2

7:00am	Emmerdale Omnibus
9:25am	Coronation Street Omnibus
12:20pm	Ninja Warrior UK
1:20pm	Take Me Out
2:35pm	You've Been Framed!
3:10pm	Honey
4:10pm	FYI Daily
4:15pm	Honey
5:05pm	St. Trinian's
6:05pm	FYI Daily
6:10pm	St. Trinian's
7:05pm	After Earth
8:05pm	FYI Daily
8:10pm	After Earth
9:00pm	Scorpion
10:00pm	Hot Fuzz
11:05pm	FYI Daily
11:10pm	Hot Fuzz
12:25am	Family Guy
12:55am	Family Guy
1:20am	Family Guy
1:50am	American Dad!
2:20am	American Dad!
2:50am	Release the Hounds
3:35am	Planet's Funniest Animals
4:00am	Teleshopping <i>Shopping from home.</i>

itv3

7:00am	Murder, She Wrote
7:50am	Murder, She Wrote
8:50am	Murder, She Wrote
9:50am	Sherlock Holmes
12:05pm	Columbo
2:05pm	Carry on Matron
3:05pm	FYI Daily
3:10pm	Carry on Matron
3:55pm	Carry on Follow That Camel
4:55pm	FYI Daily
5:00pm	Carry on Follow That Camel
5:55pm	Wycliffe
7:00pm	Midsomer Murders
9:00pm	Doc Martin
10:00pm	Midsomer Murders
12:00am	Law and Order: UK
1:00am	Wycliffe
2:05am	Marchlands <i>Chilling drama about three families who live in the same remote house in different time periods.</i>
3:00am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping

itv4

7:00am	Nijinsky's Triple Crown
7:05am	The Professionals
7:55am	The Professionals
8:55am	The Saint
10:00am	Bundesliga
11:00am	ITV Racing: The Opening Show
12:00pm	Counting Cars
12:35pm	Counting Cars
1:00pm	Pawn Stars
1:30pm	Pawn Stars
2:00pm	Pawn Stars
2:30pm	ITV Racing Live
5:00pm	Rio Bravo
6:05pm	FYI Daily
6:10pm	Rio Bravo
7:55pm	River Monsters
9:00pm	River Monsters
10:05pm	The Specialist
11:10pm	FYI Daily
11:15pm	The Specialist
12:20am	Exit Wounds
1:20am	FYI Daily
1:25am	Exit Wounds
2:30am	Hell on Wheels
3:25am	Hogan's Heroes
3:55am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:30am	John Wick
9:20am	The Matrix
11:40am	The Matrix Reloaded
2:00pm	The Matrix Revolutions
4:10pm	The Matrix
6:30pm	The Matrix Reloaded
9:00pm	John Wick
10:50pm	Info Not Available
11:05pm	San Andreas
1:10am	Terminator 3: Rise of the Machines

sky CINEMA COMEDY

8:05am	Walk Hard: The Dewey Cox Story
9:50am	Ghost Town
11:40am	Talladega Nights: The Ballad of Ricky Bobby
1:45pm	Dad's Army
3:30pm	Ted 2
5:30pm	Bruce Almighty
7:20pm	The Simpsons Movie
9:00pm	Dad's Army
10:45pm	Ted 2
12:45am	The Heartbreak Kid
2:50am	Superbad
4:50am	Ali G Indahouse

sky CINEMA PREMIERE

7:00am	Miracles From Heaven
8:50am	The Angry Birds Movie
10:30am	The Meddler
12:20pm	Bad Neighbours 2
2:00pm	Miracles From Heaven
3:55pm	Anything for Love
5:30pm	The Angry Birds Movie
7:10pm	The Meddler
9:00pm	Bad Neighbours 2
10:50pm	The Landlord
12:25am	Friend Request
2:10am	Hacked
3:40am	Up for Love
5:30am	Fast and Furious 7 Special <i>Alex Zane travels to LA to talk to Vin Diesel, Dwayne Johnson and Michelle Rodriguez about the seventh instalment of the hit, high-octane franchise.</i>

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Time of Our Lives
9:00am	Sky Sports Years
10:00am	Super League Highlights
10:15am	Super League Gold
10:30am	Cricket's Greatest
11:00am	Sporting Triumphs
11:15am	Sporting Triumphs
11:30am	Sporting Triumphs
11:45am	Sporting Triumphs
12:00pm	Cricket Classics
12:30pm	Sporting Triumphs
12:45pm	Super League Gold
1:00pm	The Fantasy Football Club
2:00pm	Premier League Gold
2:10pm	Premier League Gold
2:20pm	Premier League Gold
2:30pm	Super League Gold
2:45pm	Super League Gold
3:00pm	Live Rotterdam 500 Tennis
5:00pm	Cricket's Greatest
5:30pm	Cricket's Greatest
6:00pm	Sporting Greats
6:30pm	Football
9:00pm	Fight Night
11:00pm	Time of Our Lives
12:00am	Ashes Best Days

Advertising feature

Don't paint it, Andura it

EVERY homeowner on the Costa Blanca will be only too aware of the continual struggle to upkeep and retain the fresh, clean appearance of their Mediterranean home.

From pool and garden care to maintaining balustrades and grills, it can be a never-ending task, but you can now remove painting your house from the 'to-do' list.

Thanks to the Andura Abroad No Need To Paint system, repetitive house painting is a thing of the past, as this specialist exterior wall coating lasts up to 10 times longer than any ordinary paint.

The system has been in place since 1979 and has been on the Costa Blanca in Spain for 25 years, transforming the exterior appearance of thousands of homes.

Andura wall coatings offer numerous benefits over standard exterior paints. The coating is made from a flexible resin allowing it to expand and contract with the building, preventing cracks and blisters. It is 10 times thicker than paint offering an unrivalled coverage that resists strong sunlight and UV rays. The coating creates an impenetrable barrier which prevents any water getting into the fabric of the building, but



Before



After

also allows internal moisture to escape. It prevents mould and fungus and also acts as an insulator to the building. As well as vastly improving the appearance of your property, it also adds value.

The coating comes in a standard range of 12 colours and the professional team will offer the best service possible working on your home until it is completed. The service begins with the walls being cleaned to remove dirt and loose paint, and surface imperfections are carefully treated. Doors and windows are masked up and

plants and lawns are fully protected by tarpaulins before the primer and coating is applied.

Andura Abroad No Need To Paint is so confident of the long-lasting finish you will obtain, they offer a guarantee of 15 years, and an insurance backed guarantee is available.

Promotional homes are currently wanted across the Costa Blanca. For nearly 20 years the company has successfully used the open house/open day promotional homes concept to promote the products and services they offer as

the homeowner enjoys substantial discounts on the normal cost of the Andura coating.

So for more information or to arrange a free on site survey and assessment, contact the team today.

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Calle de la Goleta 6, Denia
Grupo San Roque Los Dolores
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ANDALUCIA: jayne.vale@helpinghands.co.uk (0034) 658 521 907

www.helpinghands.co.uk

GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

8:50am	Match of the Day: FA Cup Highlights
10:00am	The Andrew Marr Show
11:00am	The Big Questions
12:00pm	Bargain Hunt
1:00pm	BBC News
1:10pm	Weather for the Week Ahead
1:15pm	Shrek Forever After
2:40pm	Motd Live: Fulham v Tottenham Hotspur
5:05pm	Escape to the Country Lifeline
5:50pm	Songs of Praise
6:35pm	BBC News
6:50pm	Regional News
6:55pm	Weather
7:00pm	The Big Painting Challenge
8:00pm	Countryfile
9:00pm	Call the Midwife
10:00pm	Ss-GB
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Match of the Day: FA Cup Highlights
12:10am	American High School
12:55am	Celebrity Apprentice USA

BBC TWO

7:30am	Big Dreams Small Spaces
8:30am	An Island Parish
9:00am	Monty Don's French Gardens
10:00am	Countryfile
11:00am	Saturday Kitchen Best Bites
12:30pm	Nigel Slater's Dish of the Day
1:00pm	Nigelissima
1:30pm	A Cook Abroad
2:30pm	Talking Pictures
3:00pm	Funny Lady
5:15pm	Birds of Paradise
6:15pm	Ski Sunday
7:00pm	Oz: The Great and Powerful
9:00pm	Dragons' Den
10:00pm	Special Forces - Ultimate Hell Week
11:00pm	Being Ap
12:40am	Defiance
2:45am	Question Time
3:45am	Holby City
4:45am	This is BBC Two Highlights of programmes on BBC Two.

BBC FOUR

8:00pm	Sound of Song
9:00pm	Life of a Mountain: A Year on Blencathra
10:00pm	Tom Waits - Tales From a Cracked Jukebox
11:00pm	The Cult Next Door Documentary exploring the extraordinary story of a strange cult which only emerged after three women escaped from a flat in London, having been kept in there for decades.
12:00am	Phoenix
1:35am	Nelson's Caribbean Hell-Hole: An Eighteenth Century Navy Graveyard Uncovered
2:35am	Order and Disorder with Jim Al-Khalili Professor Jim Al-Khalili discovers the intriguing story of how we discovered the rules that drive the universe.

CHANNEL 4

7:15am	King of Queens
7:40am	King of Queens
8:10am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	George Clarke's Amazing Spaces
2:35pm	The Simpsons
3:05pm	The Simpsons
3:35pm	The Addams Family Values
5:30pm	Channel 4 News
6:00pm	The Karate Kid
8:30pm	The Jump
10:00pm	X-Men: Days of Future Past
12:40am	Lawless
2:40am	The Last Leg
3:35am	Phil: Secret Agent Down Under
4:30am	Phil: Secret Agent Down Under
5:25am	Kirstie's Fill Your House for Free
5:40am	Four in a Bed

CHANNEL 5

10:05am	Shimmer and Shine
10:35am	Peppa Pig
10:50am	Ben and Holly's Little Kingdom
11:00am	Teenage Mutant Ninja Turtles
11:35am	Football on 5
1:00pm	Inside Windsor Castle
1:55pm	Secrets of the National Trust with Alan Titchmarsh
2:55pm	Seabiscuit
5:30pm	5 News Weekend
5:35pm	National Lampoon's Vacation
6:35pm	5 News in Film
6:40pm	National Lampoon's Vacation
7:25pm	National Lampoon's European Vacation
8:25pm	5 News in Film
8:30pm	National Lampoon's European Vacation
9:10pm	That's So 1985
10:00pm	The Freddie Mercury Story: Who Wants to Live Forever?
12:05am	20 Moments That Rocked the 80s
1:35am	Lip Sync Battle
2:00am	Super Casino

4

7:00am	Rude(Ish) Tube
7:20am	How I Met Your Mother
7:45am	How I Met Your Mother
8:05am	Hollyoaks Omnibus
10:35am	Coach Trip
11:05am	Coach Trip
11:35am	Coach Trip
12:10pm	Coach Trip
12:40pm	Coach Trip
1:15pm	The Jump
2:50pm	The Big Bang Theory
3:20pm	The Big Bang Theory
3:45pm	The Big Bang Theory
4:20pm	The Big Bang Theory
4:50pm	The Big Bang Theory
5:20pm	The Big Bang Theory
5:50pm	The Big Bang Theory
6:15pm	The Big Bang Theory
6:45pm	The Big Bang Theory
7:15pm	The Big Bang Theory
7:45pm	The Big Bang Theory
8:15pm	Men in Black II
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	The Adjustment Bureau
1:05am	Celebs Go Dating
2:10am	Celebs Go Dating
3:15am	Celebs Go Dating

sky SPORTS 1

7:00am	Cricket
10:00am	The Sunday Supplement
11:30am	Goals on Sunday
1:30pm	Football
4:00pm	Football
6:30pm	Live World Pool Masters
10:30pm	Goals on Sunday
11:30pm	Football's Greatest
12:00am	Premier League 100 Club
12:30am	Premier League 100 Club
	A celebration of some of the finest goalscorers in Premier League history.
1:00am	World Pool Masters Day three of the World Pool Masters from Gibraltar.
5:00am	Football Gold A chance to relive some classic matches from English football's top flight.
5:15am	Football Gold
5:30am	Premier League 100 Club

itv

7:00am	CITV
10:25am	ITV News
10:30am	Countrywise
11:00am	Peston on Sunday
11:55am	Gino's Italian
	Escape: Hidden Italy
12:25pm	Chopping Block
1:30pm	ITV News and Weather
1:45pm	Carry on Jack
3:25pm	All Star Family Fortunes
4:10pm	Ninja Warrior UK
5:15pm	The Voice UK
6:30pm	Tipping Point
7:30pm	Local News and Weather
7:40pm	ITV News and Weather
8:00pm	Take Me Out
	Celebrity Special
9:00pm	Lion Country: Night and Day
10:00pm	The Good Karma Hospital
11:00pm	ITV News and Weather
11:20pm	Peston on Sunday
12:15am	Aviva Premiership Rugby Highlights

itv2

7:00am	Totally Bonkers Guinness World Records
7:10am	Emmerdale Omnibus
9:45am	Coronation Street
12:40pm	The Voice UK
2:00pm	Zawesome
2:05pm	Guidance
2:40pm	Fame High
3:00pm	Third Wheel
3:15pm	Third Wheel
3:30pm	La Story
3:50pm	The Hot Desk
4:05pm	The Haunted Mansion
5:05pm	FYI Daily
5:10pm	The Haunted Mansion
5:55pm	The Smurfs 2
6:55pm	FYI Daily
7:00pm	The Smurfs 2
8:00pm	Jack and Jill
9:00pm	FYI Daily
9:05pm	Jack and Jill
10:00pm	Ibiza Weekender
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!

itv3

7:00am	On the Buses This bold, bawdy and brash sitcom hit British screens in 1969.
7:30am	Wycliffe
8:25am	Murder, She Wrote
9:35am	Heartbeat
10:40am	Heartbeat
11:45am	Carry on Follow That Camel
12:45pm	FYI Daily
12:50pm	Carry on Follow That Camel
1:40pm	Hidden Treasure
3:45pm	Wycliffe
4:55pm	Agatha Christie's Marple
7:00pm	Midsomer Murders
9:00pm	The Royal Variety Performance
11:35pm	Birds of a Feather Birds of a Feather features two sisters Sharon & Tracey.
12:10am	Steptoe and Son
1:10am	FYI Daily
1:15am	Steptoe and Son

itv4

7:00am	The Wine Show
7:55am	The Professionals Action-packed drama series about two criminal-intelligence agents.
8:50am	The Saint Simon Templar is a debonair master thief with a talent for disguise.
9:55am	Hogan's Heroes
11:25am	Shed and Buried
12:30pm	Car Chasers
1:00pm	Pawn Stars
3:20pm	The Cimarron Kid
4:25pm	FYI Daily
4:30pm	The Cimarron Kid
5:10pm	Rio Bravo
6:10pm	FYI Daily
6:15pm	Rio Bravo
8:00pm	The Chase: Celebrity Special
9:00pm	Rugby
10:05pm	Memphis Belle
11:05pm	FYI Daily
11:10pm	Memphis Belle
12:15am	The Road
1:15am	FYI Daily
1:20am	The Road

sky CINEMA ACTION & ADVENTURE

9:20am	The Matrix Reloaded
11:40am	The Matrix Revolutions
1:55pm	Exposed
3:40pm	The Day the Earth Stood Still
5:30pm	John Wick
7:15pm	Exposed
9:00pm	The Day the Earth Stood Still
10:50pm	John Wick
12:35am	The Matrix
	sky CINEMA COMEDY
9:05am	How to Lose Friends and Alienate People
11:05am	Magic Mike XXL
1:05pm	Sisters
3:05pm	Whiskey Tango Foxtrot
5:05pm	The Top Ten Show 2017
5:20pm	Unfinished Business
7:00pm	Magic Mike XXL
9:00pm	Sisters
11:00pm	Bachelor Party
1:00am	Whiskey Tango Foxtrot

sky CINEMA PREMIERE

7:00am	Anything for Love
8:35am	The Landlord
10:10am	The Meddler
12:00pm	Bad Neighbours 2
1:40pm	Miracles From Heaven
3:35pm	Fathers and Daughters
5:35pm	Anything for Love
7:10pm	The Meddler
9:00pm	Fathers and Daughters
11:00pm	Bad Neighbours 2 Fast-paced comedy sequel about a married couple tormented by a hard-partying sorority.
12:40am	Miracles From Heaven
2:35am	Hacked
4:00am	Up for Love
5:45am	Everest: Special The likes of Jake Gyllenhaal, Keira Knightley and Josh Brolin talk about disaster epic Everest.

sky SPORTS 2

7:00am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	Premier League Legends
8:30am	Premier League Legends
9:00am	Sporting Records
9:30am	Football Gold
9:45am	Football Gold
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Cricket Classics
11:55am	Football
2:00pm	Spanish Football Gold
2:15pm	Spanish Football Gold
2:30pm	Super League Gold
2:45pm	Super League Gold
3:00pm	Super League Gold
3:15pm	World Club Series Highlights
3:30pm	Rugby League
6:30pm	Super League Gold
6:45pm	Super League Gold
7:00pm	Football
9:00pm	Football
11:00pm	Cricket
12:00am	Sporting Rivalries

Brexit: how much of a generation gap will there be in the future?

Nora Johnson
Breaking Views



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

THE Institute for Fiscal Studies, a leading think tank, warns of future tax rises and spending cuts to eliminate Britain's huge budget deficit. And the bottom line? Older people will still be better off than they were pre-crash (2008/9), young people won't. In other words, the younger generation will be left footing the bill - that will inevitably lead to intergenerational conflict.

It's been said before, but hell, I'll say it again. Reduce foreign aid (hare-brained schemes like St Helena airport that's too windy for commercial planes to land; millions frittered away on the Ethiopian Spice Girls (since axed), let alone other controversial projects like in Pakistan, where £1 billion's been doled out in cash in de-



HS2 will eat money.

prived regions despite repeated fraud warnings). Reform the NHS, and reduce health tourism. (Remember Priscilla, the Nigerian mum, whose quadruplets cost the NHS £500,000?) Cancel HS2. Reduce the size of the Civil Service by a third (too many tea breaks, inefficient workers, sickies).

Instead invest the whole lot in Britain's infra-

structure which would at least reduce the number of unemployed.

Of course, many will lay the blame at the door of Blair and his successors: if they weren't so generous with taxpayers' money - generous welfare benefits for the unemployed, the unwed, immigrants - plus ridiculously high contributions to the EU over the years, the UK might be

in better shape etc etc...

And, inevitably, Brexit will come in for a lot of stick, too. You can almost hear the whinging. On the one hand: "If the older generation, having enjoyed 40+ years of prosperity and freedom within the EEC/EC/EU, hadn't mainly voted to deny those same rights to succeeding generations and screwed them..."

And on the other: "The younger generation can't blame pensioners for leaving the EU. The youngsters should have got their ****s out of bed and gone to the polling stations if they'd wanted their voice heard..."

Is it me, or does the world seem infinitely more on edge now? Maybe it's Donald Trump winning the White House, or the Spanish veggie famine, or the rise of the robots... What's your view?

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.com) available from Amazon and iBookstore. All profits to Costa del Sol Cudeca cancer charity.



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BBC one

8:50am	Match of the Day: FA Cup Highlights
10:00am	The Andrew Marr Show
11:00am	The Big Questions
12:00pm	Bargain Hunt
1:00pm	BBC News
1:10pm	Weather for the Week Ahead
1:15pm	Shrek Forever After
2:40pm	Motd Live: Fulham v Tottenham Hotspur
5:05pm	Escape to the Country Lifeline
5:50pm	Songs of Praise
6:35pm	BBC News
6:50pm	Regional News
6:55pm	Weather
7:00pm	The Big Painting Challenge
8:00pm	Countryfile
9:00pm	Call the Midwife
10:00pm	Ss-GB
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Match of the Day: FA Cup Highlights
12:10am	American High School
12:55am	Celebrity Apprentice USA

BBC TWO

7:30am	Big Dreams Small Spaces
8:30am	An Island Parish
9:00am	Monty Don's French Gardens
10:00am	Countryfile
11:00am	Saturday Kitchen Best Bites
12:30pm	Nigel Slater's Dish of the Day
1:00pm	Nigelissima
1:30pm	A Cook Abroad
2:30pm	Talking Pictures
3:00pm	Funny Lady
5:15pm	Birds of Paradise
6:15pm	Ski Sunday
7:00pm	Oz: The Great and Powerful
9:00pm	Dragons' Den
10:00pm	Special Forces - Ultimate Hell Week
11:00pm	Being Ap
12:40am	Defiance
2:45am	Question Time
3:45am	Holby City
4:45am	This is BBC Two Highlights of programmes on BBC Two.

BBC FOUR

8:00pm	Sound of Song
9:00pm	Life of a Mountain: A Year on Blencathra
10:00pm	Tom Waits - Tales From a Cracked Jukebox
11:00pm	The Cult Next Door <i>Documentary exploring the extraordinary story of a strange cult which only emerged after three women escaped from a flat in London, having been kept in there for decades.</i>
12:00am	Phoenix
1:35am	Nelson's Caribbean Hell-Hole: An Eighteenth Century Navy Graveyard Uncovered
2:35am	Order and Disorder with Jim Al-Khalili <i>Professor Jim Al-Khalili discovers the intriguing story of how we discovered the rules that drive the universe.</i>

CHANNEL 4

7:15am	King of Queens
7:40am	King of Queens
8:10am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	George Clarke's Amazing Spaces
2:35pm	The Simpsons
3:05pm	The Simpsons
3:35pm	The Addams Family Values
5:30pm	Channel 4 News
6:00pm	The Karate Kid
8:30pm	The Jump
10:00pm	X-Men: Days of Future Past
12:40am	Lawless
2:40am	The Last Leg
3:35am	Phil: Secret Agent Down Under
4:30am	Phil: Secret Agent Down Under
5:25am	Kirstie's Fill Your House for Free
5:40am	Four in a Bed

CHANNEL 5

10:05am	Shimmer and Shine
10:35am	Peppa Pig
10:50am	Ben and Holly's Little Kingdom
11:00am	Teenage Mutant Ninja Turtles
11:35am	Football on 5
1:00pm	Inside Windsor Castle
1:55pm	Secrets of the National Trust with Alan Titchmarsh
2:55pm	Seabiscuit
5:30pm	5 News Weekend
5:35pm	National Lampoon's Vacation
6:35pm	5 News in Film
6:40pm	National Lampoon's Vacation
7:25pm	National Lampoon's European Vacation
8:25pm	5 News in Film
8:30pm	National Lampoon's European Vacation
9:10pm	That's So 1985
10:00pm	The Freddie Mercury Story: Who Wants to Live Forever?
12:05am	20 Moments That Rocked the 80s
1:35am	Lip Sync Battle
2:00am	Super Casino

4

7:00am	Rude(ish) Tube
7:20am	How I Met Your Mother
7:45am	How I Met Your Mother
8:05am	Hollyoaks Omnibus
10:35am	Coach Trip
11:05am	Coach Trip
11:35am	Coach Trip
12:10pm	Coach Trip
12:40pm	Coach Trip
1:15pm	The Jump
2:50pm	The Big Bang Theory
3:20pm	The Big Bang Theory
3:45pm	The Big Bang Theory
4:20pm	The Big Bang Theory
4:50pm	The Big Bang Theory
5:20pm	The Big Bang Theory
5:50pm	The Big Bang Theory
6:15pm	The Big Bang Theory
6:45pm	The Big Bang Theory
7:15pm	The Big Bang Theory
7:45pm	The Big Bang Theory
8:15pm	Men in Black II
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	The Adjustment Bureau
1:05am	Celebs Go Dating
2:10am	Celebs Go Dating
3:15am	Celebs Go Dating

sky SPORTS 1

7:00am	Cricket
10:00am	The Sunday Supplement
11:30am	Goals on Sunday
1:30pm	Football
4:00pm	Football
6:30pm	Live World Pool Masters
10:30pm	Goals on Sunday
11:30pm	Football's Greatest
12:00am	Premier League 100 Club
12:30am	Premier League 100 Club
	<i>A celebration of some of the finest goalscorers in Premier League history.</i>
1:00am	World Pool Masters Day three of the World Pool Masters from Gibraltar.
5:00am	Football Gold
	<i>A chance to relive some classic matches from English football's top flight.</i>
5:15am	Football Gold
5:30am	Premier League 100 Club

itv

7:00am	CITV
10:25am	ITV News
10:30am	Countrywise
11:00am	Peston on Sunday
11:55am	Gino's Italian
	<i>Escape: Hidden Italy</i>
12:25pm	Chopping Block
1:30pm	ITV News and Weather
1:45pm	Carry on Jack
3:25pm	All Star Family Fortunes
4:10pm	Ninja Warrior UK
5:15pm	The Voice UK
6:30pm	Tipping Point
7:30pm	Local News and Weather
7:40pm	ITV News and Weather
8:00pm	Take Me Out
	<i>Celebrity Special</i>
9:00pm	Lion Country: Night and Day
10:00pm	The Good Karma Hospital
11:00pm	ITV News and Weather
11:20pm	Peston on Sunday
12:15am	Aviva Premiership Rugby Highlights

itv2

7:00am	Totally Bonkers
	<i>Guinness World Records</i>
7:10am	Emmerdale Omnibus
9:45am	Coronation Street
12:40pm	The Voice UK
2:00pm	Zawesome
2:05pm	Guidance
2:40pm	Fame High
3:00pm	Third Wheel
3:15pm	Third Wheel
3:30pm	La Story
3:50pm	The Hot Desk
4:05pm	The Haunted Mansion
5:05pm	FYI Daily
5:10pm	The Haunted Mansion
5:55pm	The Smurfs 2
6:55pm	FYI Daily
7:00pm	The Smurfs 2
8:00pm	Jack and Jill
8:00pm	Jack and Jill
9:00pm	FYI Daily
9:05pm	Jack and Jill
10:00pm	Ibiza Weekender
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!

itv3

7:00am	On the Buses
	<i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>
7:30am	Wycliffe
8:25am	Murder, She Wrote
9:35am	Heartbeat
10:40am	Heartbeat
11:45am	Carry on Follow That Camel
12:45pm	FYI Daily
12:50pm	Carry on Follow That Camel
1:40pm	Hidden Treasure
3:45pm	Wycliffe
4:55pm	Agatha Christie's Marple
7:00pm	Midsomer Murders
9:00pm	The Royal Variety Performance
11:35pm	Birds of a Feather
	<i>Birds of a Feather features two sisters Sharon & Tracey.</i>
12:10am	Steptoe and Son
1:10am	FYI Daily
1:15am	Steptoe and Son
	<i>Ride Again</i>

itv4

7:00am	The Wine Show
7:55am	The Professionals
	<i>Action-packed drama series about two criminal-intelligence agents.</i>
8:50am	The Saint
	<i>Simon Templar is a debonair master thief with a talent for disguise.</i>
9:55am	Hogan's Heroes
11:25am	Shed and Buried
12:30pm	Car Chasers
1:00pm	Pawn Stars
3:20pm	The Cimarron Kid
4:25pm	FYI Daily
4:30pm	The Cimarron Kid
5:10pm	Rio Bravo
6:10pm	FYI Daily
6:15pm	Rio Bravo
8:00pm	The Chase: Celebrity Special
9:00pm	Rugby
10:05pm	Memphis Belle
11:05pm	FYI Daily
11:10pm	Memphis Belle
12:15am	The Road
1:15am	FYI Daily
1:20am	The Road

sky CINEMA ACTION & ADVENTURE

9:20am	The Matrix Reloaded
11:40am	The Matrix Revolutions
1:55pm	Exposed
3:40pm	The Day the Earth Stood Still
5:30pm	John Wick
7:15pm	Exposed
9:00pm	The Day the Earth Stood Still
10:50pm	John Wick
12:35am	The Matrix

sky CINEMA COMEDY

9:05am	How to Lose Friends and Alienate People
11:05am	Magic Mike XXL
1:05pm	Sisters
3:05pm	Whiskey Tango Foxtrot
5:05pm	The Top Ten Show 2017
5:20pm	Unfinished Business
7:00pm	Magic Mike XXL
9:00pm	Sisters
11:00pm	Bachelor Party
1:00am	Whiskey Tango Foxtrot

sky CINEMA PREMIERE

7:00am	Anything for Love
8:35am	The Landlord
10:10am	The Meddler
12:00pm	Bad Neighbours 2
1:40pm	Miracles From Heaven
3:35pm	Fathers and Daughters
5:35pm	Anything for Love
7:10pm	The Meddler
9:00pm	Fathers and Daughters
11:00pm	Bad Neighbours 2
	<i>Fast-paced comedy sequel about a married couple tormented by a hard-partying sorority.</i>
12:40am	Miracles From Heaven
2:35am	Hacked
4:00am	Up for Love
5:45am	Everest: Special
	<i>The likes of Jake Gyllenhaal, Keira Knightley and Josh Brolin talk about disaster epic Everest.</i>

sky SPORTS 2

7:00am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	Premier League Legends
8:30am	Premier League Legends
9:00am	Sporting Records
9:30am	Football Gold
9:45am	Football Gold
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Cricket Classics
11:55am	Football
2:00pm	Spanish Football Gold
2:15pm	Spanish Football Gold
2:30pm	Super League Gold
2:45pm	Super League Gold
3:00pm	Super League Gold
3:15pm	World Club Series Highlights
3:30pm	Rugby League
6:30pm	Super League Gold
6:45pm	Super League Gold
7:00pm	Football
9:00pm	Football
11:00pm	Cricket
12:00am	Sporting Rivalries

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BBC one

11:00am	Homes Under the Hammer
12:00pm	Wanted Down Under Revisited
12:45pm	Oxford Street Revealed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Coroner
4:00pm	Escape to the Country
4:45pm	The Farmers' Country Showdown
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Holby City
10:00pm	DIY SOS The Big Build
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Imagine...
12:45am	Who Do You Think You Are?

BBC TWO

7:00am	My Life in Books
7:30am	Wanted Down Under Revisited
8:15am	The Farmers' Country Showdown
9:00am	Great British Menu
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Countryfile
2:10pm	The Super League Show
2:55pm	Landward
3:30pm	Mountain
4:30pm	The Blue Planet
5:25pm	A Place to Call Home
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	Great Continental Railway Journeys
8:00pm	Hairy Bikers Chicken and Egg
9:00pm	Further Back in Time for Dinner
10:00pm	The Drug Trial: Emergency at the Hospital
11:00pm	Inside No.9
11:30pm	Newsnight
12:10am	Weather

BBC FOUR

8:00pm	100 Days As President Trump takes office, BBC News teams in Washington and London report on the events that are shaping our world.
8:30pm	Weird Nature A series examining nature's oddities - quirky creatures and baffling beasts.
9:00pm	Planet Earth II
10:00pm	South Downs: England's Mountains Green
11:00pm	Russia's Hooligan Army
12:00am	Indian Hill Railways
1:00am	Ford's Dagenham Dream
2:00am	Fig Leaf: The Biggest Cover Up in History
3:00am	Good Swan Bad Swan: Dancing Swan Lake
4:00am	Planet Earth II Wildlife documentary series presented by David Attenborough.

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	A New Life in the Sun
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun: Winter Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Best Place to Live in the UK
10:00pm	24 Hours in A and E
11:00pm	Staying Healthy: A Doctor's Guide
12:00am	This is Us2: The Big Day

CHANNEL 5

8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	The Nightmare Neighbour Next Door
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	The Nightmare Nanny
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Winter Road Rescue
9:00pm	Inside Windsor Castle
10:00pm	Secrets of the National Trust with Alan Titchmarsh
11:00pm	Celebrity Carry on Barging
12:05am	I'm 20 But Look 60: Extraordinary People

4

7:00am	Rude(ish) Tube Shorts
7:10am	Made in Chelsea
8:00am	Hollyoaks
8:30am	Coach Trip
9:00am	Brooklyn Nine-Nine
9:30am	Brooklyn Nine-Nine
10:00am	Rules of Engagement
10:30am	Rules of Engagement
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	Charmed
1:00pm	Charmed
2:00pm	How I Met Your Mother
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	How I Met Your Mother
6:00pm	Brooklyn Nine-Nine
6:30pm	Brooklyn Nine-Nine
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	The Goldbergs
9:30pm	The Goldbergs
10:00pm	Tattoo Fixers
11:00pm	Celebs Go Dating
12:05am	The Big Bang Theory

sky SPORTS 1

7:00am	Football Gold
8:00am	WWE SmackDown!
9:00am	Premier League Legends
10:00am	Football Gold
10:30am	Soccer AM: The Best Bits 2016/17
11:00am	Premier League Legends
12:00pm	Football Gold
1:00pm	Premier League 100 Club
2:00pm	Soccer AM: The Best Bits 2016/17
2:30pm	Football Gold
3:00pm	Premier League Legends
4:00pm	One2eleven
5:00pm	The Premier League Years
7:00pm	Revista de la Liga
7:30pm	Premier League Legends
8:00pm	Scottish Football Round Up
8:15pm	Football Gold
8:30pm	Live ATP Tennis 500-Rio
3:00am	Football Gold
3:15am	Football Gold
3:30am	Premier League Legends

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	James Martin's French Adventure
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Britain's Busiest Motorway
9:00pm	Tales From the Coast with Robson Green
10:00pm	Secret Life of Dogs
11:00pm	ITV News at Ten and Weather
11:40pm	Take Me Out Celebrity Special n/R
12:40am	Carry on Henry

itv2

7:00am	You've Been Framed!
7:25am	You've Been Framed!
7:50am	You've Been Framed!
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:30am	Ninja Warrior UK
11:30am	Ninja Warrior UK
12:30pm	Take Me Out
1:30pm	Emmerdale
2:00pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Hell's Kitchen
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:20am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:30am	Where the Heart is
9:30am	The Royal
10:30am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Inspector Morse
2:05pm	Heartbeat
4:15pm	Where the Heart is
5:20pm	In Loving Memory
5:55pm	Rising Damp
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders A planning dispute turns to murder after a leading light in the Midsomer Conservation
11:00pm	Wycliffe
12:05am	Prime Suspect 4
2:20am	The Knock
3:15am	ITV3 Nightscreen Text-based information service.
3:30am	Teleshopping

itv4

7:00am	Gunsmoke
7:55am	The Saint
8:50am	Hogan's Heroes
9:20am	Hogan's Heroes
9:50am	The Professionals
10:50am	Ironsides
11:55am	Gunsmoke
1:00pm	Storage Wars Texas
1:30pm	Storage Wars Texas
1:55pm	Pawn Stars
2:25pm	Pawn Stars
2:50pm	Hogan's Heroes
3:25pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Saint
7:05pm	Storage Wars Texas
7:35pm	Storage Wars Texas
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Chase: Celebrity Special
10:00pm	Benidorm
11:00pm	The Road
12:00am	FYI Daily
12:05am	The Road
1:15am	Conan the Destroyer
2:15am	FYI Daily
2:20am	Conan the Destroyer
3:20am	Hogan's Heroes

sky CINEMA ACTION & ADVENTURE

9:15am	Once Upon a Time in Mexico
11:10am	Deadpool
1:10pm	Swordfish
3:05pm	Extraction
4:50pm	Everest
7:00pm	X-Men Origins: Wolverine
9:00pm	Deadpool
11:00pm	Once Upon a Time in Mexico
12:45am	The Mummy

sky CINEMA COMEDY

8:45am	The Top Ten Show 2017
9:00am	The Holiday
11:20am	Galaxy Quest
1:10pm	Dad's Army
2:55pm	Big Hero 6 Special
3:25pm	The Devil Wears Prada
5:25pm	Paul Blart: Mall Cop 2
7:10pm	Sister Act
9:00pm	Get Hard
10:45pm	Dad's Army
12:30am	Police Academy 7: Mission to Moscow

sky CINEMA PREMIERE

10:30am	Bad Neighbours 2
12:10pm	The Meddler Moving comedy-drama about a widowed mum whose well-meaning but meddlesome ways drive her daughter up the wall.
2:00pm	Anything for Love
3:35pm	Mccanick
5:20pm	Fathers and Daughters
7:20pm	Bad Neighbours 2
9:00pm	The Meddler
10:50pm	Mccanick
12:30am	The Goob Atmospheric drama about a Norfolk teenager who falls for a pretty fruit picker while his mother takes up with a bullying stock car racer.
2:00am	Fathers and Daughters

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Time of Our Lives
9:00am	Sky Sports Years
10:00am	Super League Fulltime 2017
10:30am	Cricket's Greatest
11:00am	Great Sporting Moments
11:30am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Super League Fulltime 2017
1:30pm	Super League Gold
1:45pm	Super League Gold
2:00pm	Time of Our Lives
3:00pm	Sky Sports Years
4:00pm	Sporting Records
5:00pm	Cricket's Greatest
6:00pm	Sporting Greats
7:00pm	Top 14 Highlights
7:30pm	Super League Fulltime 2017
8:00pm	Super League Gold
8:15pm	Live Netball Superleague
10:30pm	Sportswomen
11:00pm	Cricket

NEW

Peter Bull
HOLIDAY RESORTS

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BBC one

7:00am	Breakfast
10:15am	Britain's Home Truths
11:00am	Homes Under the Hammer
12:00pm	Wanted Down Under Revisited
12:45pm	Oxford Street Revealed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Coroner
4:00pm	Escape to the Country
4:45pm	The Farmers' Country Showdown
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	Who Do You Think You Are?
10:00pm	The Real Marigold Hotel
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Peter Kay's Car Share
12:15am	Film 2017

BBC TWO

7:00am	My Life in Books
7:30am	Wanted Down Under Revisited
8:15am	The Farmers' Country Showdown
9:00am	World's Most Extraordinary Homes
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
2:00pm	Lifeline
2:10pm	Cash in the Attic
2:35pm	Beat the Brain
3:05pm	Landward
3:35pm	Mountain
4:30pm	The Blue Planet
5:20pm	A Place to Call Home
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	Great Continental Railway Journeys
8:00pm	Hairy Bikers Chicken and Egg
9:00pm	The House That £100k Built
	Dr Weston's Casebook
11:00pm	Mock the Week
11:30pm	Newsnight
12:10am	Weather
12:15am	Dragons' Den

BBC FOUR

8:00pm	100 Days
8:30pm	Reel History of Britain
	<i>In this brand new series, Melvyn Bragg, accompanied by a vintage mobile cinema, travels across the country, to show incredible footage preserved by the British Film Institute and other national and regional film archives, to tell the history of modern Britain.</i>
9:00pm	Kew's Forgotten Queen
10:00pm	Roots
11:30pm	Wild China
12:30am	Could We Survive a Mega-Tsunami?
1:30am	Archaeology: A Secret History
2:30am	Treasures of Ancient Egypt
3:30am	Wild China

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	A New Life in the Sun
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Location, Location, Location
10:00pm	Has Political Correctness Gone Mad?
11:00pm	Four Rooms with Sarah Beeny Ep3

CHANNEL 5

8:05am	Thomas and Friends
8:20am	Milkshake Monkey
8:25am	Shimmer and Shine
8:35am	Noddy: Toyland Detective
8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	The Great British Benefits Handout
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	A Killer Among Us
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	A New Life in Oz
9:00pm	GP's: Behind Closed Doors
10:00pm	Climbing the Property Ladder
11:00pm	Extraordinary People
12:05am	Seven Pounds

4

7:00am	Rude(ish) Tube Shorts
7:10am	Made in Chelsea
8:00am	Hollyoaks
8:30am	Coach Trip
9:00am	Brooklyn Nine-Nine
9:30am	Brooklyn Nine-Nine
10:00am	Rules of Engagement
10:30am	Rules of Engagement
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	Charmed
1:00pm	Charmed
2:00pm	How I Met Your Mother
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	How I Met Your Mother
6:00pm	Brooklyn Nine-Nine
6:30pm	Brooklyn Nine-Nine
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Timeless
11:00pm	Celebs Go Dating
12:00am	Supernatural
1:00am	The Big Bang Theory
1:30am	The Big Bang Theory

sky SPORTS 1

7:00am	Football Gold
8:00am	WWE Experience
9:00am	Premier League Legends
9:30am	Premier League Legends
10:00am	Football Gold
11:00am	Premier League Legends
11:30am	Premier League Legends
12:00pm	The Premier League Years
2:00pm	Football's Greatest Teams
3:00pm	Premier League Legends
4:00pm	One2eleven
5:00pm	Football Gold
6:00pm	Football's Greatest Teams
7:00pm	Premier League Legends
8:00pm	Barclays Premier League World
8:30pm	Live ATP Tennis 500 - Rio
3:00am	Premier League Legends
3:30am	Barclays Premier League World
4:00am	One2eleven
4:15am	One2eleven
4:30am	Football Gold

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	James Martin's French Adventure
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Coronation Street
	<i>More drama and turmoil from the residents of Coronation Street in the longest running TV Soap.</i>
8:30pm	The Brit Awards 2017
11:00pm	ITV News at Ten and Weather
11:45pm	UEFA Champions League Highlights
12:55am	Sports Life Stories
1:45am	Jackpot247
4:00am	1000 Heartbeats

itv2

9:00am	Emmerdale
9:30am	You've Been Framed!
10:15am	Ninja Warrior UK
11:15am	Step Up 3
12:15pm	FYI Daily
12:20pm	Step Up 3
1:30pm	Emmerdale
2:00pm	Funniest Ever You've Been Framed! Gold
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
	<i>Comedy show which features a selection of camcorder catastrophes and video disasters.</i>
7:30pm	The Brit Awards 2017: Red Carpet
8:30pm	Totally Bonkers Guinness World Records
8:55pm	After Earth
9:55pm	FYI Daily
10:00pm	After Earth
11:00pm	The Brit Awards 2017: Backstage
12:00am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Inspector Morse
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	Where the Heart is
5:15pm	In Loving Memory
5:55pm	Rising Damp
6:20pm	On the Buses
	<i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders
11:00pm	Wycliffe
12:05am	Prime Suspect 4
2:20am	The Knock
3:15am	ITV3 Nightscreen
	<i>Text-based information service.</i>
3:30am	Teleshopping
	<i>Innovative, value-for-money products brought directly to you at home.</i>

itv4

7:00am	Gunsmoke
7:55am	The Saint
8:50am	Hogan's Heroes
9:20am	Hogan's Heroes
9:55am	The Professionals
10:55am	Ironsides
11:55am	Gunsmoke
1:00pm	Storage Wars Texas
1:30pm	Storage Wars Texas
2:00pm	Pawn Stars
2:30pm	Pawn Stars
2:55pm	Hogan's Heroes
3:25pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Saint
7:05pm	Storage Wars Texas
7:35pm	Storage Wars Texas
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:05pm	Transporter 3
11:05pm	FYI Daily
11:10pm	Transporter 3
12:10am	From Dusk Till Dawn
1:10am	FYI Daily
1:15am	From Dusk Till Dawn
2:20am	The Wine Show
3:20am	Hogan's Heroes
3:45am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:10am	Backdraft
9:35am	Spectre
12:05pm	The Man From U.N.C.L.E.
2:05pm	Ant-Man
4:05pm	True Lies
6:30pm	Spectre
9:00pm	The Man From U.N.C.L.E.
11:00pm	Ant-Man
1:00am	Armageddon
3:35am	Into the Grizzly Maze
5:15am	Smokey and the Bandit II

sky CINEMA COMEDY

7:00am	Bad Bromance
8:45am	Alien Autopsy
10:25am	Blazing Saddles
12:05pm	Austin Powers: The Spy Who Shagged Me
1:50pm	Daddy's Home
3:35pm	Unfinished Business
5:15pm	Magic Mike XXL
7:15pm	Crocodile Dundee
9:00pm	Daddy's Home
10:45pm	Ted 2
12:45am	The Night Before
2:35am	Search Party
4:15am	Stir Crazy

sky CINEMA PREMIERE

7:00am	Anything for Love
8:45am	Everest: Special
9:15am	The Landlord
11:00am	Fathers and Daughters
1:00pm	The Meddler
	<i>Moving comedy-drama about a widowed mum whose well-meaning but meddling ways drive her daughter up the wall.</i>
3:00pm	Bad Neighbours 2
	<i>Fast-paced comedy sequel about a married couple tormented by a hard-partying sorority.</i>
4:45pm	Mccanick
6:30pm	The Lego Batman Movie: Special
7:00pm	Fathers and Daughters
9:00pm	Bad Neighbours 2
10:50pm	Men and Chicken
12:45am	The Goob
2:20am	Mccanick
4:10am	The Meddler

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Time of Our Lives
9:00am	Cricket
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Great Sporting Moments
12:00pm	Cricket
1:00pm	Cricket Classics
2:00pm	Time of Our Lives
3:00pm	Cricket
4:00pm	Sporting Records
4:30pm	Sporting Records
5:00pm	Cricket's Greatest
5:30pm	Cricket's Greatest
6:00pm	Cricket
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Fight Night
10:00pm	Boxing Gold
10:15pm	Boxing Gold
10:30pm	Sky Sports Originals
11:30pm	Cricket
12:30am	Cricket's Greatest
1:00am	Cricket's Greatest
1:30am	Sporting Triumphs
1:45am	Sporting Triumphs
2:00am	Ashes Best Days
4:00am	Cricket
5:00am	Cricket

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		28	10	33	
	11				
	21				15
19					
12			15		
11			10		
			9		
23					
	15				

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

LAST WEEK'S SOLUTION

	12	19	36	8	11
28	2	9	7	5	6
23	7	2	6	3	5
14	3	8	5	11	11
		17	9	3	5
17	5	3	1	2	6
14	1	7	8	6	2

MADDOCKS' VIEW ON LIFE

Petermaddocksart.com

'WE GIRLS HAVE SENT ALL OUR VALENTINE CARDS TO DAVID BECKHAM TO SHOW WE STILL LOVE HIM EVEN IF HE NEVER GETS A KNIGHTHOOD!'

Women's wit

“You don't need to retire as an actor, there are all those parts you can play lying in bed, or in a wheelchair.”



Dame Judi Dench

Famous quote

“All I ask is a chance to prove that money can't make me happy.”

Spike Milligan, Comedian/writer

World of English

“Indivisibility has only one vowel which occurs five times.”

YOUR STARS FOR 7 DAYS

PISCES ♋ (February 20 - March 20)

Time is precious this week because you are in demand. A chance lost in the past presents itself again but won't be too easy. Holding back just a little makes you more desirable. A want to travel could be cramped by financial considerations. If making extra money is too difficult, consider sharing something of value with someone else.

ARIES ♈ (March 21 - April 20)

After a relaxed weekend, it might prove difficult to take up the reins of work again. However, midweek sees you trotting along happily and minding your own business when someone stops you in your tracks. When a challenge is issued, your natural stubbornness comes to the fore.

TAURUS ♉ (April 21 - May 21)

With a mind as sharp as a needle, you spin

AQUARIUS ♒ (January 21 - February 19)

You realise this week how liberating it is to share your thoughts and feelings with someone close. It is not always easy to do this, until you realise everyone has them. Some

through the week, weaving your own charming spell. A bit of extra confidence works wonders for your mood. Something that you read sets you thinking about doing some writing or creating something artistic, perhaps even a musical.

GEMINI ♊ (May 22 - June 21)

Although energy is not high, there is the need to have some kind of challenge. With the brain active, it is an ideal time to plot and plan your next moves. Maybe something that has been delayed might now be advanced. You find it hard to choose between opportunities. The road

hopes and dreams are more attainable than others, of course, and someone has to find out which are which. Avoid being too critical of someone young and inexperienced.

ahead is open. Keeping things simple is best.

CANCER ♋ (June 22 - July 23)

The imagination stirs and the heart races at a suggestion this week. Your strong intuition tells you it is the right thing to do. You are a constant friend, but such an adventure may mean an absence from someone close.

LEO ♌ (July 24 - August 23)

Reading the small print or being sure what is offered in a personal encounter is most important this week. Leave nothing to chance or you could be out of pocket. When discussing the future with someone close, you are expected to take the lead.

VIRGO ♍ (August 24 - September 23)

Being over-generous with cash midweek could see you making a poor move. Perhaps someone needs to be more hardworking or perhaps less of a spendthrift. Propping up a bad habit would be doing them no favours. There are doubts in your mind about a family holiday.

LIBRA ♎ (September 24 - October 23)

A suggestion made by you recently did

not seem to be taken seriously. This week, however, negotiations could be opened. Circumstances change and it may seem someone gave up too early. Bide your time and even hold your tongue when someone in a strong position spouts rubbish.

SCORPIO ♏ (October 24 - November 22)

Confidence in a close relationship should be maintained. Possibly someone who envies your position would like to see discord. A matter of spiritual or religious faith is questioned, but the answer comes more clearly and sharply than you would have thought. In discussions with yourself (sometimes the best kind) answers come easily.

SAGITTARIUS ♐ (November 23 - December 21)

An emotional cut-off from the past is not as bad as anticipated. Indeed, it confirms in your mind who you are and what your place in the world is. Inherited traits knit easily with your present life and bring contentment. All that you want to change at the moment are certain things round you that have been outgrown.

CAPRICORN ♑ (December 22 - January 20)

An investment made recently is built upon and brings peace of mind. Finances do need consideration but more in the long than the short-term. Much is happening in the background that does not require your attention but, all the same, be aware. Life may be like a game of chess, but this week if you turn your back an opponent may cheat.

LOTTERY

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA	EL GORDO DE LA PRIMITIVA
Saturday February 11	Saturday February 11	Tuesday February 7	Friday February 10	Saturday February 11	Sunday February 12
15 18 23 42 43 52	2 16 19 26 28 29	4 10 31 38 44	7 21 26 35 43	4 22 36 40 43 47	17 22 29 32 48
BONUS BALL 28	BONUS BALL 37	LUCKY STARS 8 10	LUCKY STARS 2 9	REINTEGRO 5 4	REINTEGRO 4

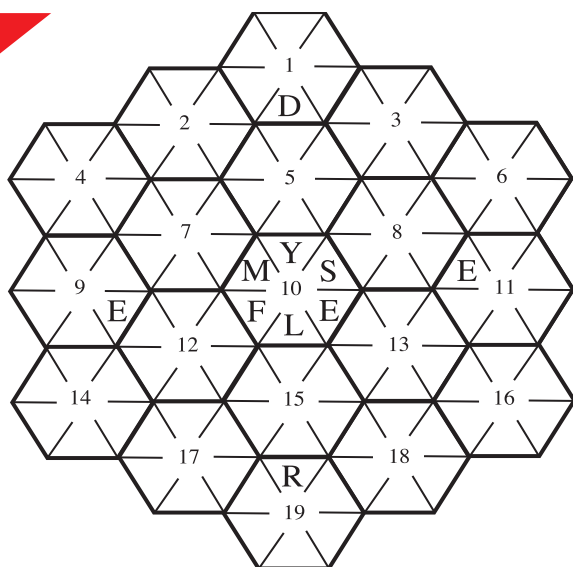
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Hexagram

- | | |
|--------|-------------|
| ADVENT | LEADEN |
| ANNEAL | MYSELF (10) |
| BEATER | NETTLE |
| BEYOND | NINETY |
| DEAFEN | SELLER |
| DECODE | SERVER |
| ELDEST | SURVEY |
| HEARTY | TELLER |
| HOYDEN | YEOMAN |
| INSERT | |



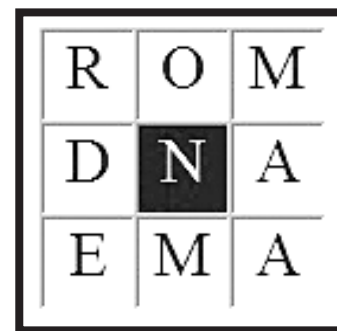
The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell 10 (**MYSELF**) and one letter in four other cells are given as clues.

LAST WEEK'S SOLUTION

- 1 Teeter 2 Delete 3 Toilet 4 Truant
5 Letter 6 Liquor 7 Slater 8 Intern
9 Tyrant 10 Senate 11 Cannot
12 Leaden 13 Retain 14 Filter
15 Attire 16 Travel 17 Burden
18 Gaiety 19 Raisin.

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case **N**) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 10 • Good: 13
- Very good: 19 • Excellent: 25

LAST WEEK'S SOLUTION

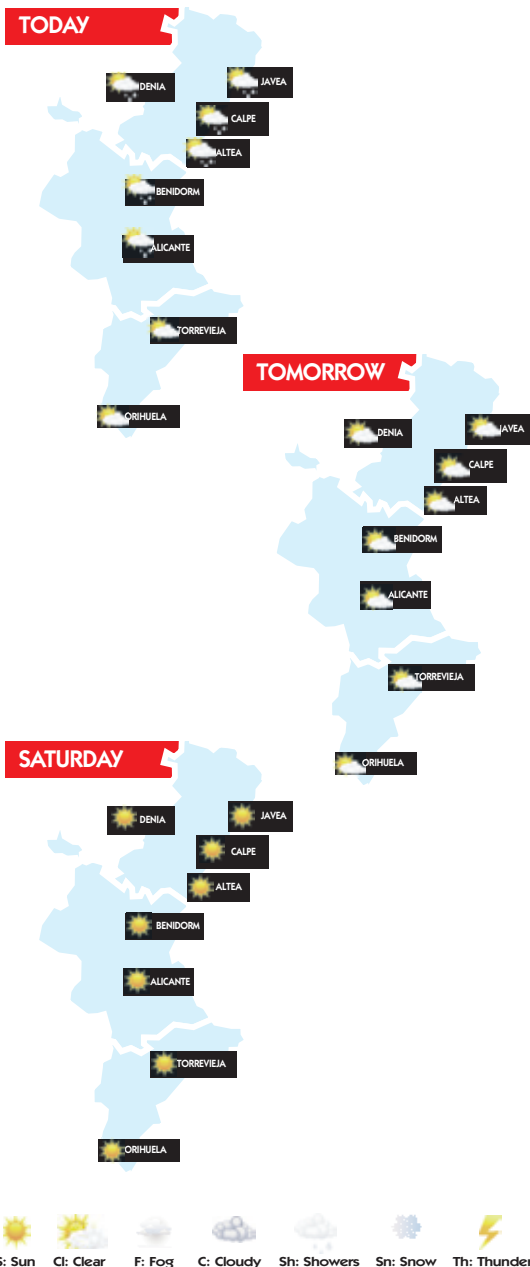
afar area fare farm fear frat fret haar hare harm hart hear mare mart raft rata rate ream rept rhea tare tart tear term tram tref after attar earth frame harem hater heart mater tamer tater tetra therm treat father fatter hatter matter threat fermata AFTERMATH

This week in history

- 1732 – The first US president, George Washington, was born in Virginia.
- 1952 – At the age of 19 Elizabeth Taylor got married for the second time to actor Michael Wilding, aged 39.
- 1959 – Fidel Castro became Cuba's youngest ever prime minister at the age of 32.
- 1965 – Malcolm X, prominent black nationalist leader, was assassinated whilst delivering a speech in New York.
- 1968 – A high court ruled thalidomide children be awarded damages from The Distillers Company Ltd, the company who produced the drug that led to limb deformities.
- 1969 – Lulu and Maurice Gibb from the Bee Gees married in a church in Buckinghamshire.
- 1972 – Electricity was switched off for many homes and businesses for up to nine hours a day as a result of the miners' strike.
- 1976 – Muhammad Ali knocked out Jan Pierre Coopman in the fifth round to win his 50th fight.
- 1981 – UK Prime Minister Margaret Thatcher withdrew the Conservative government's plans to close 23 mining pits.
- 1986 – Mir, the world's largest space station, was launched by the Soviets.
- 1991 – US President George Bush demanded the withdrawal of Iraq from Kuwait threatening land war if they did not comply.
- 1996 – IRA bomber Edward O'Brien accidentally detonated a bomb he was transporting on a London bus killing himself and injuring eight others.
- 1997 – Scottish scientists revealed the world's first successfully cloned mammal, Dolly the sheep, had been born.
- 2001 – A ban was implemented on British milk, meat and livestock exports by the European Commission after an outbreak of foot-and-mouth disease.
- 2005 – Hunting became illegal in England and Wales after a fox hunting ban came into force.

Costa Blanca

weather

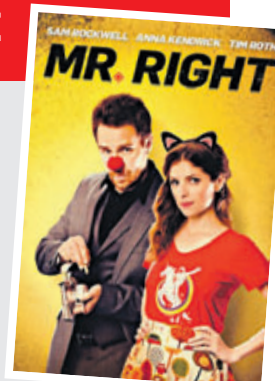


Alicante	Bilbao
TODAY: MAX 17, MIN 10 - C	TODAY: MAX 18, MIN 6 - C
Fri - 16 19 C	Fri - 19 6 C
Sat - 18 9 S	Sat - 16 8 C
Sun - 18 11 C	Sun - 14 8 Sh
Mon - 18 11 C	Mon - 14 4 C
Tues - 17 11 Cl	Tues - 16 5 S
Wed - 20 11 C	Wed - 17 7 S
Almeria	Madrid
TODAY: MAX 19, MIN 9 - C	TODAY: MAX 14, MIN 2 - Cl
Fri - 19 10 S	Fri - 15 2 Cl
Sat - 17 10 C	Sat - 16 4 Cl
Sun - 19 11 C	Sun - 15 4 C
Mon - 18 11 C	Mon - 15 2 C
Tues - 18 11 Cl	Tues - 16 3 S
Wed - 21 12 S	Wed - 18 4 S
Barcelona	Malaga
TODAY: MAX 14, MIN 7 - C	TODAY: MAX 18, MIN 8 - C
Fri - 15 7 C	Fri - 17 8 Cl
Sat - 16 8 Cl	Sat - 18 9 Cl
Sun - 14 7 Sh	Sun - 20 10 Sh
Mon - 16 7 Cl	Mon - 19 10 C
Tues - 16 8 S	Tues - 19 9 S
Wed - 17 8 S	Wed - 21 9 S
Benidorm	Mallorca
TODAY: MAX 18, MIN 11 - C	TODAY: MAX 18, MIN 7 - C
Fri - 18 8 C	Fri - 17 5 C
Sat - 18 10 Cl	Sat - 17 7 Cl
Sun - 18 12 Sh	Sun - 17 8 C
Mon - 17 11 Sh	Mon - 17 8 Cl
Tues - 17 11 Cl	Tues - 17 8 S
Wed - 18 11 Cl	Wed - 18 8 Cl

Euro Weekly News strives for accuracy, but cannot be held responsible for the accuracy of published forecasts

NEW ON DVD

Mr Right



Directed by: Paco Cabezas
Starring: Anna Kendrick, Sam Rockwell, Tim Roth.

Having painfully split with her latest beau, highly-strung Martha meets and falls for Francis who seems like the 'perfect' man for her. However Francis' life is even more chaotic than hers. He's a professional hitman but with a twist... he kills the people who have ordered the hits. After being hired by a shady client, who is on the run from a dubious FBI agent, things get a bit hot for Francis. Martha's relationship with Francis is put to the test and she is forced to make an important decision, stand by her man or call it a day.

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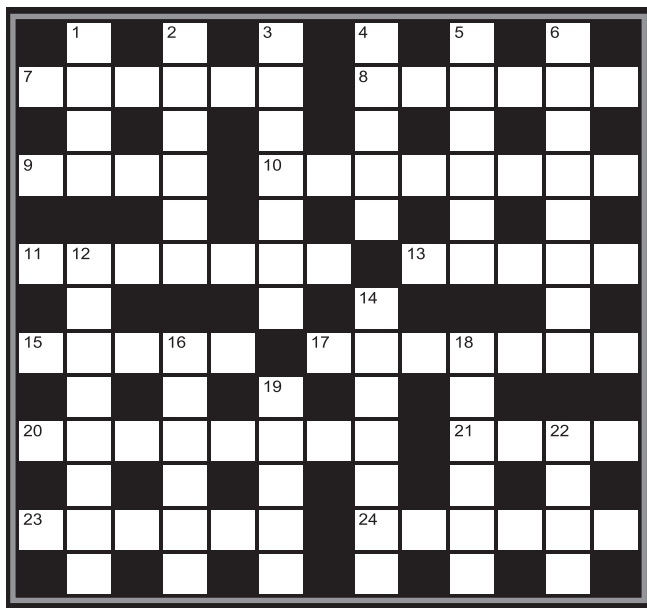
Crossword

page

Enjoy filling in the following puzzles and check the answers in next week's edition

LAST WEEK'S SOLUTIONS

Cryptic



Across

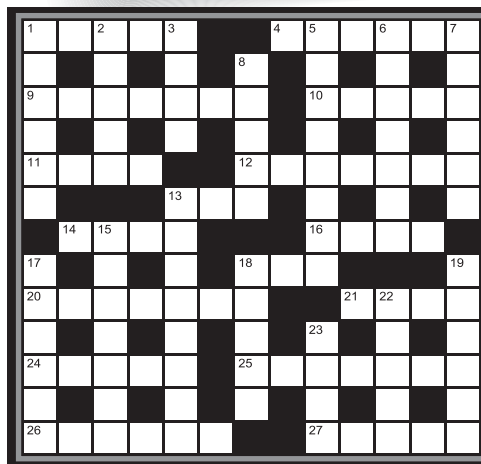
- 7 Remember to 'phone again (6)
- 8 Regulate a race to a French quarter (6)
- 9 Done in the shape of a lump (4)
- 10 Only change one ten with bank (8)
- 11 Choose not to vote for a sailor with a stigma (7)
- 13 Lack of fighting sounds like a scrap (5)
- 15 Lively British hazard (5)
- 17 Winning or getting a hammering (7)
- 20 Buckingham Palace ratepayer takes in hack (8)
- 21 Rowan's first to exploit a cunning plan (4)
- 23 Take back Greene novel (6)
- 24 Beetle hiding in a Madagascar abbey (6)

Down

- 1 Emperor is part of the more urbane Romans (4)
- 2 Moan about a morning in Lent (6)
- 3 Regalia ordered from African country (7)
- 4 Stick or stone of little value (5)
- 5 Withhold food from popstar vegetarian's diet (6)
- 6 Church gin a clan drunk (8)
- 12 They obstruct gunners in boats (8)
- 14 Misfortune for the other side (7)

- 16 Points to paradise in Scandinavia (6)
- 18 Prisoners of rising star, Zane Grey's jungle character (6)
- 19 Weary Judge's dead weird (5)
- 22 Revolutionary naps in vault (4)

Quick



Across

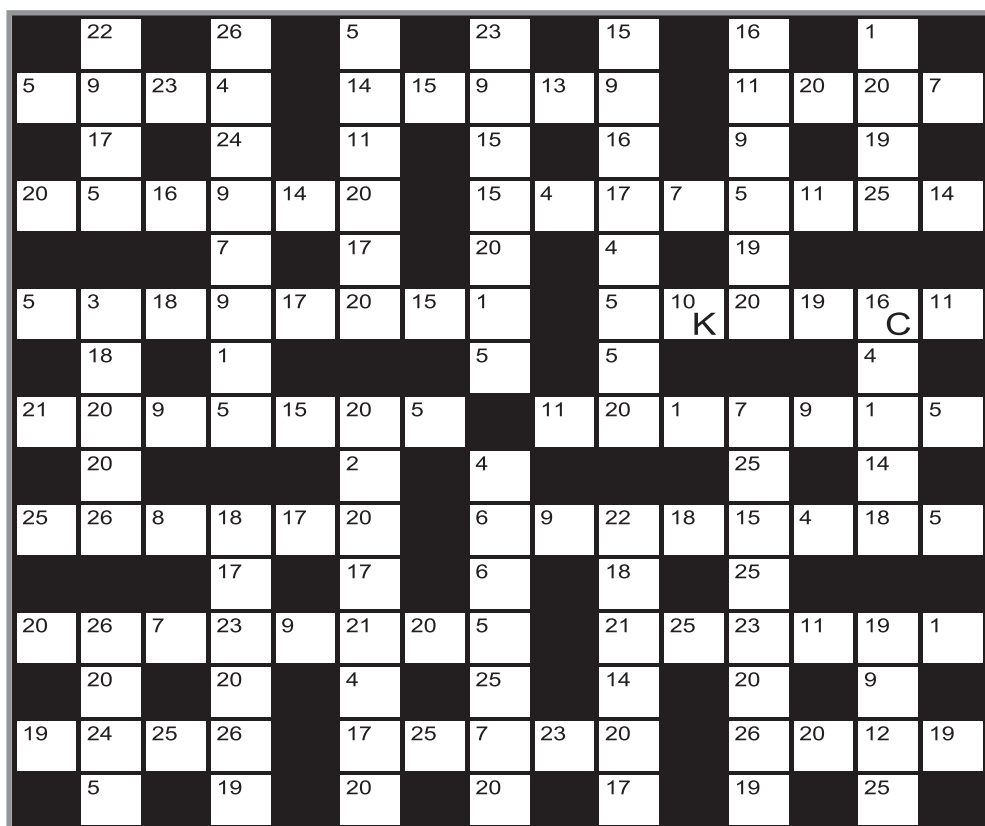
- 1 Small songbird (5)
- 4 Suffering from irrational fears (6)
- 9 Farm vehicle (7)
- 10 Hospital worker (5)
- 11 Summit (4)
- 12 Building (7)
- 13 See 18
- 14 Seize suddenly (4)
- 16 Unit of area (4)
- 18/13 Defraud (3,3)
- 20 Small flute (7)
- 21 Accumulate money for future use (4)
- 24 Gradually wear away (5)
- 25 Tread on and crush (7)
- 26 Delay one's departure (6)
- 27 Perhaps (5)

Down

- 1 Ceremonial act (6)
- 2 Courageous (5)
- 3 Brief written record (4)
- 5 Put at a disadvantage (8)
- 6 Structure that impedes free movement (7)
- 7 Intelligent (6)
- 8 Concise (5)
- 13 No longer in use (8)
- 15 Small, striped American carnivore (7)
- 17 Earnest or urgent request (6)
- 18 Established line of travel (5)
- 19 Go back (6)
- 22 Be pertinent or relevant (5)
- 23 Not agitated (4)

Code Breaker

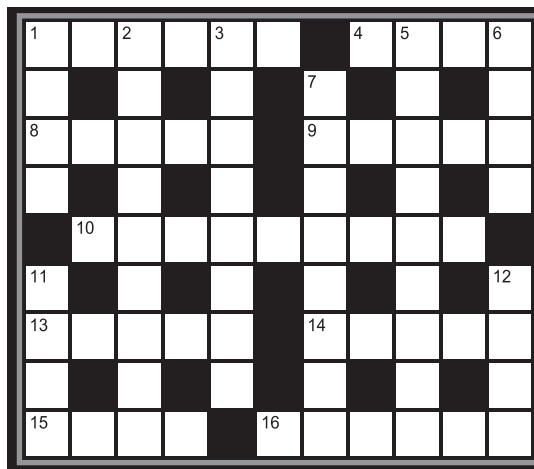
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 10 represents K and 16 represents C, so fill in K every time the figure 10 appears and C every time the figure 16 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 To arrive (6)
- 4 Huevos (4)
- 8 Claro (ejemplo, prueba, ventaja) (5)
- 9 Coffin (5)
- 10 To advise (9)
- 13 Milk (5)
- 14 Con frecuencia (5)
- 15 Rivers (4)
- 16 Tablecloth (6)

Down

- 1 Cerradura (4)
- 2 Exercise (9)
- 3 To learn (language, words, skill) (8)
- 5 Garantía (de producto) (9)
- 6 Silk (4)
- 7 Saucepan (8)
- 11 Flower (4)
- 12 Eleven (4)

CRYPTIC

Across:

- 1 Spouse, 4 Lasts, 8 Crude, 9 Enraged, 10 Elector, 11 Wage, 12 Sac, 14 Stye, 15 Aden, 18 Ada, 21 Task, 23 Leakage, 25 Chiding, 26 Apple, 27 Spell, 28 Divert.

Down:

- 1 Secret, 2 Opulent, 3 Sweetpea, 4 Lyre, 5 Sigma, 6 Sudden, 7 Bears, 13 Calamari, 16 Example, 17 Sticks, 19 Align, 20 Relent, 22 Smite, 24 Dill.

QUICK

Across:

- 1 Climax, 4 Patrol, 9 Respect, 10 Lemon, 11 Annoying, 13 Bias, 14 Salsa, 17 Trash, 20 Tame, 21 Sensible, 25 Banjo, 26 Servant, 27 Arable, 28 Depend.

Down:

- 1 Corral, 2 Ibsen, 3 Aye-ayes, 5 Ally, 6 Remains, 7 Links, 8 Stun, 12 Got, 15 Ammonia, 16 Ass, 18 Reserve, 19 Tested, 20 Tibia, 22 Easy, 23 Brave, 24 Cool.

ENGLISH-SPANISH

Across:

- 1 Bota, 3 Chispa, 7 Wrap, 8 Sitios, 10 Telephone, 13 Saltar, 14 Wise, 15 Sorteio, 16 Stir.

Down:

- 1 Bowl, 2 Traveller, 4 Height, 5 Scientist, 6 Also, 9 Female, 11 Esos, 12 Deer.

CODE BREAKER

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

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EURO WEEKLY'S SPACE FOR YOU TO TAKE A BREAK, BE INFORMED AND ENJOY A CHALLENGE

BOOKS

Pachinko



By Min Jin Lee

AN epic account of a Korean family that follows them through eight decades and four generations. The story begins in 1911 in a small fishing village when a young couple marry and bring daughter Sunja into the world.

Years later Sunja brings shame to the family when she unfortunately becomes pregnant to a married organised crime gang member who deserts her. Christian minister Isak comes to her rescue by offering to marry her and for them to start a new life in Japan.

She faces a difficult journey and desperate times in a new country where she does not speak the language and has no friends or home. An absorbing tale of family dynamics that will have you totally engrossed.

books@euroweeklynews.com

TOP 10

Most expensive hotel suites

THE stunning and luxurious five-star Gran Hotel Miramar which recently opened in Malaga has inspired the top 10 this week. The height of elegance and comfort, it is a luxury that most of us can't afford. However we can but dream so sit back, relax and read on. Warning, it is likely to lead to you heading for the nearest lottery outlet in the hope of a lucky win... dream on!



THE GRAND PENTHOUSE: Is the height of luxury.

1 • The Grand Penthouse, The Mark Hotel, New York

This exuberant 12,000 sq ft five-bedroom suite spans two floors of the hotel and costs a whopping \$75,000 (€70,200) a night! The height of luxury it has five bedrooms which all have plush Italian bedding and HD TVs. There are six bathrooms and a dining room that can accommodate 24 people. A private rooftop terrace provides stunning views across Manhattan including Central Park.

2 • Ty Warner Penthouse, Four Seasons Hotel, New York

Located on the 52nd floor of the hotel it enjoys panoramic views over Manhattan. Costing \$69,000 (€64,500) per night it is luxuriously decorated, has a 700 sq ft library and a Bosendorfer Baby Grand Piano. Guests also have on offer a 24-hour personal butler, a Rolls-Royce chauffeur and a personal trainer.

3 • Royal Penthouse Suite, Hotel President Wilson, Geneva

Taking up the entire top floor of the hotel its panoramic terrace offers breathtaking views of Lake Geneva at a cost of \$65,550 (€61,400) per night. The 12 luxury bedrooms boast marble bathrooms and offer bath products by Hermes. It

also has a fitness gym, billiards table, Bang & Olufsen home cinema, Steinway grand piano and a private lift.

4 • Delana Hilltop Estate, Laucala Island Resort, Fiji

Opulent and green this luxury 'resort within a resort' is surrounded by lush tropical rainforest and has spectacular sea views. To stay at the \$62,000 (€58,000) a night resort guests must seek approval from owner Dietrich Mateschitz (co-founder of Red Bull). Facilities include a private cook, chauffeur and private nanny.

5 • Penthouse Suite, Grand Hyatt Cannes Hotel, Martinez

Prestigious accommodation in a classic Art Deco hotel that offers four king-size bedrooms, two living rooms and two dining rooms. Located on the seventh floor it has a private 290sqm terrace

with a Jacuzzi and offers fantastic views over the Bay of Cannes. A stay here would set you back a handsome \$41,300 (€38,600) a night.

6 • Shangri-La Suite, Shangri-La Bosphorus, Istanbul

Exclusively located on the sixth floor it offers two bedrooms with separate dining and living rooms and occupies almost half of the top floor. Both bedrooms and the living room each with a private terrace offer striking views of the Bosphorus Strait. A stay here will set you back \$38,700 (€36,200) per night.

7 • Royal Suite, Hotel Plaza Athenee, Paris

Lavishly decorated with French Regency furniture, antiques, silk and damask you can expect to pay the princely sum of \$30,000 (€28,000) a night. It has four bedrooms, four bathrooms, a sitting room, dining room, kitchen and balconies

that afford guests with wonderful views of the Eiffel Tower. A complimentary bottle of Krug Champagne is also provided.

8 • Presidential Suite, Mandarin Oriental, Shanghai

Guests can expect to fork out \$30,000 (€28,000) for a stay in this sophisticated and contemporary suite. It has a spacious master bedroom, its own private wine cellar, a fully equipped kitchen, wine bar, private meeting room and dining room. The 50sqm bathroom has a large bathtub, its own steam room and luxurious silk kimonos and two private roof gardens offer astounding views of the city.

9 • Presidential Suite, Hotel Cala di Volpe, Porto Cervo

A grand suite that sprawls over multiple levels with three bedrooms, three bathrooms, two living rooms and a private rooftop terrace with swimming pool. It boasts king-size beds in each bedroom, a bathtub and Jacuzzi in each bathroom as well as a fitness area and a steam room. It costs \$26,000 (€24,300) to stay there for a night.

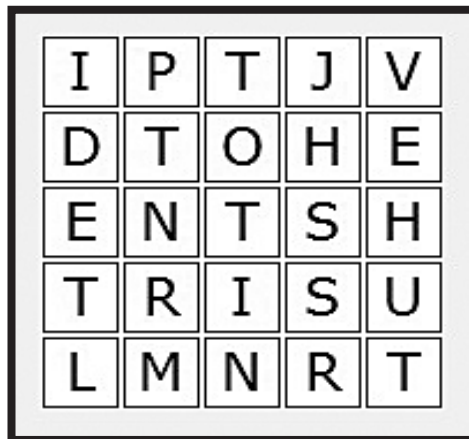
10 • The Apartment, The Connaught Hotel, London

Exclusive penthouse filled with specially commissioned art and furniture, antiques and limited-edition books it costs \$24,600 (€23,000) per night. It has two bedrooms and two bathrooms and a large wrap round balcony which affords views over Mayfair. A personal chauffeur will transport you directly from the airport, a welcome bottle of Krug Champagne will await you and a personal butler will be on hand to cater to your every need.

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

- Average: 15
- Good: 20
- Very good: 29
- Excellent: 38

SCORING:

- 4 letters: 1 point
- 5 letters: 2 points
- 6 letters: 3 points
- 7 letters: 5 points
- 8 or more letters: 11 points

LAST WEEK'S SOLUTION

hooves hoes have hose hosed hies ivies ivied evil evict evicted eves ices iced vies coil cote civil cite cited cede cedec eked bused busk busked beebes bees devil device device desk deco deceive deceives deceit ekes fees feed

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

5	8	9	1	2	4	6	7	3
6	2	7	5	3	8	4	9	1
4	3	1	7	6	9	5	2	8
8	7	2	6	1	5	3	4	9
9	1	4	2	8	3	7	6	5
3	5	6	4	9	7	8	1	2
1	6	8	3	4	2	9	5	7
7	4	3	9	5	1	2	8	6
2	9	5	8	7	6	1	3	4

LAST WEEK'S SOLUTION

	6						7	
		4		5				
		8		3	2		6	
				3				
	8		7	1				
6	1						9	
		6	9		4	8		
4				7	1			2
	7							

Word Ladder

THIN

GOAT

Move from the start word (THIN) to the end word (GOAT) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

GOAT
COAT
CHAT
THAT
THAN
THIN
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LETTERS

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters for Your Say should be emailed to yoursay@euroweeklynnews.com or make your comments straight on our website: www.euroweeklynnews.com

Try to find the lighter side to life

I DON'T usually write to papers but I'd just like to say how much I enjoyed the amusing articles by Nora Johnson (especially on Blair and weight problems) in recent copies of the paper.

The first thing I turn to - followed by the local news pages that regularly provide useful information. Great to read topical, controversial subjects handled with humour.

These days, there's nothing wrong in trying to find the lighter side to life. Much needed I might add in these trying times. Keep up the good work!

M D, Fuengirola

Little Leo

READING about the battles of little Leo Bermejo with such a devastating cancer makes you put a lot into perspective. This youngster is fighting for his life and the fact is, we can all help. I was so pleased for the family when I read they had hit their target. He deserves the chance of a life after such a rocky start.

I only hope he can regain his speech. It sounds like Oklahoma know what they're doing. I, for one, will be praying the day that brave little boy gets his treatment. To think I might have done just the tiniest bit to help him is frankly a lovely feeling!!

Ann, Benidorm

Lost jacket

A FEW weeks ago I went walking in the mountains around Nerja. I got back to the car after a wonderful 15 mile hike only to find that my jacket had fallen out of my rucksack. This was a disaster for me as I suffer from a medical condition where my body is not able to regulate temperature properly.

The following weekend I went back and covered the whole 15 miles again. I found it caught in a prickly bush! I was overjoyed. Unfortunately, two

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» RELIABLE ENERGY: Coal, oil and gas produce electricity regardless of weather conditions.

Hydrocarbon fuels

“ WE are told that man's use of hydrocarbon fuels will cause climate catastrophes, with more droughts, heatwaves, bush fires, floods, blizzards, snow storms, typhoons, etc.

Why then would governments compound these claimed risks by pushing weather-dependent energy like wind, solar, hydro or tidal power?

During heatwaves on sultry summer afternoons, wind power fails when our cold rooms, fridges and air-conditioners need it most. Overheating turbines start bushfires. On cold still winter nights, wind and solar will produce zero power when all the trains, heaters, TV sets and coffee machines are sucking energy.

In a gale, turbines switch off to avoid damage; in still air they sit idle; in a snow storm they consume power to prevent icing up; and in a tsunami, offshore wind turbines and tidal generators are destroyed.

Solar panels shut down every night; their output varies even when the sun shines; they are blotted out by snow, clouds or dust; and are smashed by hail stones.

So if the alarmists are right, and if we are faced with wild weather for any reason, we can't trust weather-dependent energy. Stick to reliable hydrocarbons coal, oil and gas, and for dire emergencies diesel. They will produce electricity, weather-or-not.

V Forbes, Australia

weeks later I had the same jacket under my arm as I attempted to leave Ikea in Malaga. Nearing the exit, I realised the jacket was no longer under my arm.

Has anyone found it? It is black and 100 per cent cotton, no internal lining, with four pockets on the front and another four inside. The chest pockets close with poppers and one is sideways, the other opens at the top. I can't remember the brand but it did have a small brown stain on the left cuff. It is small, for a 36in/38in chest.

So if you see a skinny chap in the Malaga area suddenly sporting a slightly scruffy black

jacket with four external pockets that they were not wearing before, it could be mine! If anyone has it or can get it back, I would be eternally grateful if it could be returned to Ikea. It will restore my faith in human nature. Thank you so much.

A Silvie, Torre del Mar

Delicious fruits

REGARDING Graeme Tyrrell's article in the EWN Feb 9 edition, in 2008 my girlfriend soaked a nispero stone

and grew it on blotting paper. It sprouted and we put it in a pot.

In 2011, I planted it in the garden. I now have a three metre high tree and last year I had 150 delicious fruits.

Roger Page, Mojacar

WHEN YOU WRITE

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published.

Letters may also be edited. Readers who have missed earlier correspondence can see all letters posted on:

www.euroweeklynnews.com

COMMENTS from the Euro Weekly News website

» Leo the lion hits target

MY heart bursts with love towards this anonymous donor. Even though we can't thank you in person I hope you feel the love and gratitude of us all from our hearts to yours.

Debbie Dorman

» Hunting dogs protests

PROTESTS on hunting rabbits with greyhounds and this from people who applaud the ritual murder of bulls with spears and swords?

When the bull is driven into the arena its grisly end is certain and there is no escape.

Harry Paine

» EU citizens

"WE send the EU £350m. Let's fund our NHS instead." Remember that slogan on the Vote Leave bus? Well Boris Johnson, Liam Fox, Iain Duncan Smith, Michael Gove and all the others who campaigned vociferously on that slogan have just voted AGAINST an amendment to do that too - to give the money to the NHS.

They ALL went on the telly to talk about £350 million going to the NHS if we just fell in behind them and voted Leave. How do their voters feel, now they have dropped that key Brexit pledge at the first opportunity?

Brian Eagleson

Reply from Mike in ESP:

I REALLY do despair with many of the people who wanted the UK to remain in the EU. Do we really have to go over what was said before the referendum for some people? Because if we do it will take a lot of words to go over the rubbish and what the remain side put forward... and on the £350m for NHS, if this is what the remainers have to continually bring up as something the NHS was going to get from people who were not the government... is it any wonder those who supported remain appear so confused!

» Pensions anger

THE concern re pensions expressed by the Anglican clergymen should include the fact that it is possible that UK State pensions in Europe will not only suffer as they are now from the decline in the value of the GB pound, but also these pensions may become frozen never to increase annually with inflation.

In particular the UK pensions are frozen in Australia and Canada where hundreds of thousands of UK expats are denied annual increases.

Many expats who have retired to these countries are forced to return to the UK leaving their younger families alone back in Canada, etc.

It is so un-British and so unfair but it's government policy which they stick to in order to save a few 'quid'!!

James Tilley

Advertising feature

Have YOU had your FREE hearing check-up with your local GAES clinic yet? If not, why not call your nearest clinic today?

IN order to raise awareness about the importance of detecting hearing problems, GAES Hearing Centres are offering readers a hearing check-up absolutely free, at any of their GAES centres. Regular hearing check-ups offer the best protection to maintain hearing and should be taken as often as visual or dental examinations. From age 55, yearly check-ups are recommended.

GAES are leaders in hearing clinics in Spain offering all their clients Money Back Guarantee for absolute satisfaction, as well as a free in-depth hearing test within their clinics.

Recently we asked one of GAES hearing specialists, Vanessa, (hearing specialist in a GAES* Costa Blanca clinic, to explain the clinic's hearing examination offered to readers.

Hi Vanessa, how long have you worked for GAES? I have been working in GAES since 2003, as a qualified professional specialist in Au-



diology and Audio Prosthetics.

Do all the medical staff speak English at the CLINICS? Yes, absolutely. We have very many English speaking patients, English is a must in GAES clinics, especially so here in Costa Blanca.

Who should be coming to the clinic for a check-up? In reality, anybody older than 16 could take a hearing examination. Particularly anyone who feels that they may have had some hearing loss, or who are older, or simply would

like to check that everything is still optimum.

What is the normal process in a hearing revision at your clinic? Is there any obligation of further treatment? Firstly we would inspect the auditive canal to check there is no blockage, and if the ear is found to be clear, then



Regular hearing check-ups offer the best protection to maintain hearing.

there is a complete and thorough audio test to know the grade of hearing. If there is found to be hearing loss, we fully explain what help is suitable and recommended to regain a good level of hearing. The appointment lasts approximately one hour. There is no obligation to have further treatment.

How much does a hearing revision test cost (is it free?) It is completely free.

Are there new technologies that GAES uses in your clinic, in both treatment and diagnosis? Of course! As market leaders, we have to stay ahead using the latest technology. Every year we incorporate the latest advances and products to achieve the best results in diagnosis and treatment. There are also aesthetic advances that are just as important.

Are there any guarantees for the hearing devices? Yes, absolute satisfaction or your money back!

Thanks Vanessa. You're welcome. We look forward to hearing from readers soon. Don't wait, book your free hearing check-up today at your local GAES hearing clinic.

(*The clinic is located in Calle Ramon Gallud, no 52, near the Torreveja Town Hall).

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Advertising feature

Better hearing for a better life

AFTER forming in 2000, Apple Hearing & Healthcare has since gone on to become one of the best hearing aid and mobility specialists in the UK and Spain.

With a clinic in Quesada already having helped and advised hundreds of people, Apple Hearing & Healthcare is pleased to announce the opening of their new Benidorm store on Avenida Doctor Severo Ochoa, located opposite the Mas y Mas supermarket, between the Benidorm Palace and The Showboat.

They are hosting a three-day special opening event from March 1-3. During these three days, customers are invited to go in and meet the specialist and qualified team.

You can undergo a free hearing test, and see the full range of hearing aids and the latest wireless technology which gives the user full control and a world of possibilities with some devices able to be connected directly to your iPhone. With this Bluetooth technology, you can listen to your music, TV and even receive phone



calls directly to your hearing aids with no wires or a separate device needed.

During the open days, there will also be discounts available of up to €200 and a free, money back guaran-

tee. Throughout the month of March, selected ranges also have a five year guarantee, compared to the usual two years. Special technology also allows you to see inside your own ear.

The company is committed to constantly helping to improve the lives of thousands of people with the latest hearing and mobility solutions, believing that

when you hear better, you feel better. Many people

take their hearing for granted and don't fully realise how vital it is. With hearing problems, lifestyles can suffer with people becoming withdrawn and stopping social event attendance. But when you realise your hearing isn't as sharp as it used to be, then it is important to do something about it.

So, if you find yourself switching off in groups because it's hard to concentrate and try and work out what people are saying, or find that listening has become an effort, then don't delay, and contact the team at Apple Hearing & Healthcare today.

As well as the Quesada and Benidorm stores, home visits can be arranged.

Mobility scooters, chairs and stair lifts are also available.

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Calls for FGM to be included in new domestic violence law

WITH more than 17,000 girls in Spain at risk of Female Genital Mutilation (FGM) the Spanish government is proposing including FGM in its gender violence legislation.

On World Day of Zero Tolerance Against Female Genital Mutilation, Secretary of State for Equality, Mario Garcés, addressed more than 5,000 professionals from all areas working to prevent it. Garcés said it was "a crucial moment" because it coincides with the State negotiation against gender violence, in which there are calls to have a sec-

tion in the new Domestic Violence Law on FGM, in a bid to protect young girls who are at risk of being mutilated.

"It's a problem of justice, human rights and health," stressed Garcés, who recalled that, in Europe, more than half a million women and girls are at risk of being mutilated.

To mark the World Day of Zero Tolerance, several UN organisations are calling for greater actions against FGM saying that around 200 million women have undergone total or partial excision of their external genitalia.

Whilst more common in countries such as Burkina Faso, Kenya, Liberia and Egypt, it remains a widespread practice across Africa and the Middle East. Many carry it out as part of cultural traditions preparing girls to pass on to adulthood allowing to them to be eligible for marriage or to achieve a higher social status.

There are no known health benefits and the procedure can lead to acute pain, severe bleeding, urinary and menstrual problems and infections. It has also been linked to an increased risk of stillbirths.

Ask the Optician: Why is an eye test an important health screening?

Saher Shrief, Store Director from Specsavers Opticas Torrevieja

■ What can an eye test spot?

A surprising amount can be revealed from an eye test, from the early stages of conditions which can permanently damage the vision such as glaucoma, diabetic retinopathy and macular degeneration, to spotting warning signs of high blood pressure, high cholesterol, risk of a stroke and symptoms associated with brain tumours.

New research has been released from University College London's Institute of Ophthalmology which has shown that changes in the retina may reveal the presence of Parkinson's Disease and allow early diagnosis before patients start to suffer from the tremors. Early diagnosis gives more treatment options, so an eye test will become an important tool in fighting this debilitating disease as well as many others.

■ How can ophthalmologists see these health conditions?

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test which includes a range of tests and the latest technology. A great tool for health checks is Digital Retinal Photography which uses a camera to take a picture of the back of the eye - the only part of the human body where the microcirculation of blood can be observed directly. The state-of-the-art technology helps to identify changes that might be associated with certain eye conditions and health complaints.

The ability to save images creates a lasting record for ongoing monitoring. If necessary, the optician can refer patients directly for further medical examination to their hospital or general practitioner.

■ Where can I get digital retinal photography included in my eye test?

This technology is expensive so its use is not widespread, however Specsavers Opticas believe it is so important that we include it in our eye test as standard. All our stores in Spain have now have this technology, to find your nearest store and book your free eye test visit www.specsavers.es.

Specsavers Opticas is currently offering free eye tests. There are Specsavers Opticas stores in Calpe, Javea, Benidorm, Guardamar del Segura and Torrevieja on the Costa Blanca. Find your nearest store www.specsavers.es.

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BE ACTIVE: Try walking, dancing or even doing the housework.

WHO warns us all to be more active

THE World Health Organisation (WHO) has warned that 23 per cent of the adult population and up to 81 per cent of children are not active enough. This leads to concern about developing diseases such as diabetes, cancer or stroke.

As a result, this United Nations body is working on a global action plan to reduce this figure by at least 10 per cent by 2025.

The WHO reports that women and girls are less active than men and children, while older adults are less ac-

tive than younger people.

“ Women and girls are less active than men and children.

They want to see more people become more active, which does not necessarily mean taking up a sport, but any activity that gets the body moving, such as walking, dancing or even doing the housework.

Ask The
Doctor

Brought to you by



The lowdown on high blood pressure



SPECIALIST: Doctor Luis Perez Belmonte.

THIS week the doctor has given us the lowdown on what having high blood pressure really means and what can be done about it.

- What are normal blood pressure levels and when can it be considered to be high?

This varies depending on many important factors. In general terms, blood pressure readings of under 130-140 / 70-80 mmHg can be considered normal, but a patient's age and other illnesses or medical conditions must be taken into account to evaluate each individual case.

- What does having high blood pressure mean exactly?

It refers to the pressure of the blood running through our arteries being higher than normal due to a series of factors.

- What tends to cause it?

Blood pressure levels are influenced by lots of different factors. As we age the walls of our arteries tend to become more rigid and this favours atheroma (damage and cholesterol build-up).

The main cardiovascular risk factors such as obesity, eating too much salt, lack of physical exercise, diabetes,

etc are also elements which generally encourage high blood pressure.

- How is it treated, with medication?

Medication is one of the pillars of treatment of high blood pressure. There are many different groups of drugs which help get blood pressure readings under control in different ways.

- Can I get it down with exercise?

Lifestyle and dietary measures are vital. A balanced diet which is low in salt, daily physical exercise, not smoking, losing weight and controlling other cardiovascular risk factors is very important for treating high blood pressure.

- What risks could I be facing if I ignore it?

Failing to get high blood pressure under control can have very serious effects and the heart, kidneys, brain, etc can all be affected, sometimes even leading to death. Therefore, all patients should be evaluated and treated by specialists in Internal Medicine.

If you have any questions for Dr Perez Belmonte, please send them to:
jefemedico@helicopterosanitarios.com



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Want to be young again?

Guest
Columnist



Today: Bernie Waspe

I CAN remember quite clearly my dad often saying, "I wish I knew then what I know now." I dare say all of us can relate to that sentiment. However, I would hate to be 18 again.

Oh, of course I'd like the bodily suppleness of youth, with any knocks or bumps I get from day to day living clearing up and leaving me pain-free within a few hours, but the pressures of being young nowadays must be horrendous.

As a young man in the 1970s I mistakenly thought I looked good in my 'Royal Navy Great Coat' going to college. I was also prepared, as a six foot-two inch chap, to bang my head on low ceilings because it was fashionable to wear those uncomfortable five-inch platform shoes!

My one piece of retrospective 'street cred' I maintain is I always thought that Clive Dunn's 'Grandad'



VICTOR: Would laugh at the life of a modern teenager.

was naff! Mind you, I thought T Rex, The Osmonds and The Glitter Band were good so I suppose my musical taste was a tad suspect. My old man

insisted that the vibes I tuned into were not a patch on the likes of Porter, Berlin and Novello.

I now realise he wasn't as daft as I

first thought! If he were alive now goodness knows what he would make of the chanting to drums that purports to be music today. Now I know I had

fewer things with which to conform compared to today's young generation.

I have lots of sympathy for today's teenagers who not only have to contend with what to wear, but due to the advancement (if it can be called that) of social media, every individual is under scrutiny in nearly everything they do.

Today's obsession with 'celebrities' is something else I cannot fathom. Anyone who cares as to whether someone from an entertainment or sports background can cook, dance, ski or have a bug crawl over them ought to get out more and see their idols in their original professions.

The cynic in me thinks the TV companies are far happier producing all this instead of dramas as they are cheaper, can run for weeks rather than 'one-offs' and offer the prospect of additional income from phone calls.

Ah well. Rant over. I reckon I may be a clone of either Basil or Victor. Two much maligned individuals who only wanted people to be nice and do their best.

Now where did I put the Valium!

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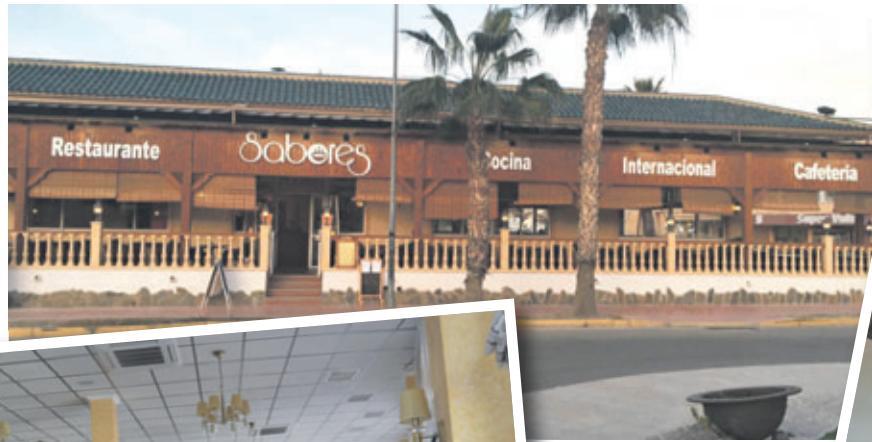
Advertising feature

Sabores has all flavours under one roof

SPRING is already in the air at Sabores as the international eatery is now taking bookings for Easter Sunday.

Based at La Marquesa Golf, Sabores has been open for just over a year and during that time has proved a big hit with residents and holidaymakers alike. This is the third restaurant from the family who own the well-established and much-loved Taj Mahal Indian restaurant and Rialto Italian restaurant in nearby Benimar.

They said Sabores is about combining the best of the flavours from both of those two restaurants and adding an international flair: "We have a very international kitchen and Indian and Italian chefs who have created a wonderful menu." Whilst around 80 per cent of customers are choosing the popular Indian dishes, the menu also has Spanish dishes such as paella and Mexican dishes, making it a real international eatery and one that is sure to please people of all ages and nationalities. The biggest compliment and praise



they can receive is that many customers return time and time again.

SABORES SUCCESS:
Ready for its second summer season.

There is a fresh, airy and modern look to Sabores which occupies large premises in the commercial centre. There is a lovely outside terrace, perfect for watching the world go by as you enjoy a lunchtime drink and tapas or an evening meal with friends and family. There are views over La Marquesa

golf course from both sides of the restaurant and the staff are ready and waiting to attend to your every need. Children are well catered for making it a popular destination for families.

Special menus, menu del dia and menu de la noche are also available and book now for Easter Sunday on April 16 to avoid disappointment with live music on offer throughout the afternoon. This will take Sabores into their

busiest period as they look forward to another successful summer season. So whether you are wanting pakora or pasanda, pizza or pasta, or even paella, then make Sabores your next stop for a great meal out.

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New bereavement support group offers support

A NEW bereavement support group has opened its doors in Urbanisation La Marina.

Nicki Kilbey-Foster who will be running the group on a voluntary basis said: "When I moved to La Marina I became aware that many people who live on the Urbanisation were expats who are, let's say 'over 21.' I recognised that they had lost husbands, wives, partners, relatives and close friends, they then had to go

through their bereavement, often alone and maybe without the support of family or friends nearby.

"As a qualified and experienced counsellor, I noticed the loneliness and sense of isolation, so I researched what was available in terms of support locally."

Soon afterwards Nicki heard of HELP Vega Baja and met with President Michele Masson, where they discussed the idea of setting up a bereavement support

group in the area.

The Final Whistle in Consum Square, Urbanisation La Marina, has offered the use of the conservatory for a fortnightly support meeting at 10.30am. The next one will be on February 28.

Any adult who has experi-

enced bereavement (however recently or long ago) and would like some support, through sharing experiences and creative expression is welcome to attend.

For more information email Nicki at nickikilbey3@gmail.com.



EXPERT SUPPORT: Nicki will be offering her counselling services for a new, free, bereavement group.

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Hair event looking for donations for wigs

THE IFA exhibition centre by Alicante-Elche airport is hosting a hair show from March 4-6.

Amongst the events and activities organised is a hair donation campaign. Organised in association with the AECC cancer charity and hairdressing association Peluqueros Asociados, 20 prestigious hairdressers will offer free haircuts to those who are willing to donate their hair to be made into wigs for those affected by breast cancer.

The president of Peluqueros Asociados, Jose Botella, said:

“Our aim is to get enough hair to make more than 200 wigs, for people who need it, and we will have 20 hairdressers.” Similar initiatives have previously been held at the Hospitals of Vinalopo and Torrevieja and will now be held at the IFA.

A minimum of 20cm of hair must be given for a wig and appointments made for March 5 through either the IFA, AECC or Peluqueros Asociados.



HAIR SHOW: Including a hair donation campaign.

Honour for local playwright



THEATRE HONOUR: Playwright's family thank Orihuela Town Hall for the recognition.

ORIHUELA'S Teatro Circo is to be named after local writer and playwright Atanasio Die Marín.

Mayor Emilio Bascuñana and members of the government team welcomed the playwright's family to the council chambers as they made the announcement to honour and recognise his “human values and his con-

tribution to the world of culture and theatre.”

His wife said: “Atanasio would be very proud to see that he is remembered in what has been his life, the theatre.” The family also thanked Orihuela for the “beautiful recognition” as they urged the city “to fight for culture and theatre and to become bigger.”

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Advertising feature

Laze away your Sundays at the street market with a difference

FOR a totally unique and different market experience, visit Gastronomoda Rin Ran.

Situated in El Palmar, Murcia, Rin Ran opens every Sunday with dozens of food and market stalls as well as entertainment and events to please the crowds.

Recognising that Sunday is traditionally a 'day of rest,' the market is open all day from 11am-6pm, so there is no need to rush around for early morning starts to grab the best bargains like at traditional markets. It offers a leisurely and entertaining way to spend your day.

Family is often at the heart of weekend activities and for this reason Rin Ran wanted to focus on family and create an outdoor space where people can spend the day together enjoying the Murcian sunshine. As you browse the many stores and food trucks, children can be entertained in the playground area or take part in one of the many weekly workshops.

Rin Ran was so named after a local dish of Murcia, which consists of desalted cod, the ñora pepper from Murcia and a mixture of oil, salt



and dressed onion. So, if you really want to know more about what the Rin Ran street market is about, then stop by one of the food trucks and sample a piece of the local gastronomic offering.

Some say Rin Ran has a laid back Ibiza street market type of feel and the organisers describe it

as 'shabby chic.' Working in harmony with its natural surroundings, Rin Ran has used recycled materials for its infrastructures and decoration such as scrap materials, second-hand containers and recycled wood.

They aim to host different activities and events each week from competitions to live mu-

sic events. Last weekend they ran a special Valentine's raffle giving visitors the chance to win a romantic night's stay at the Swiss Hotel Moraira and more events will be happening over the coming weeks.

Since opening in October last year, thousands of people have discovered the delights of the Rin Ran market so why not discover its charm for yourself. But be quick, as the market is only open for the winter months until the end of April, although it is hoped a coastal location will be found so it can continue during the summer, so watch this space...

Rin Ran street market can be found at Finca Buenavista, El Palmar, Murcia, close to the Virgen de Arrixaca Hospital.

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REGULAR readers of this column will know that last week I introduced you to one of my clients who had opened a restaurant down here over a year ago and was going through a few problems. We established that one of his problems was the pairing of his chef with a menu that he had designed, leaving the chef with no option but to serve what he was asked to.

I explained to the client that this was probably stunting the growth of the business.

So last week we sat down with the chef and started to go through the menu to see where we could make savings on costs as well as getting the chef's input as to the type of food that he felt he excelled at.

The four-hour session was very illuminating not least for the client. For the first time he was beginning to see where the chef was coming from. While there is no problem in serving classic dishes - known nowadays as 'retro' - they are becoming exceptionally popular, but there is still room for lighter modern dishes in this health and body consciousness world.

We decided to mix the two styles. Starters such as 'Wild Mushrooms on Ciabatta with a Poached Egg and Crispy Pancetta, Tuna Tartare with Wasabi Crème Fraîche' now sit on the same menu as a 'Classic King

Prawn and Lobster Cocktail and Moules Marinière.' The client loved his classic Tourenedos Rossini, but the chef complained that if he was going to do it, it should be done with fresh foie gras and truffle, not pate and a button mushroom!! So the five star classic fillet steak dish holds pride of place as a Chef's Speciality along side the chef's own creation of 'Roast Tranche of Turbot with Fennel Croquettes, Spinach and Spring Onions with a Pernod Veloute.'

The menu was now starting to fall into place. The ability of the chef to embrace the owner's desire to keep some of his favourite dishes and the owner's ability to allow the chef to create dishes more in keeping with his personal style meant that dialogue and creativity were having a positive result.

With a new design of the menu itself, making it more readable and appealing, we were on our way to creating the changes that we all felt would point the restaurant in the direction that all parties were happy with.

Next we have to look at the presentation of the dishes and the costings to ensure profitability. After that, the restaurant itself will need freshening up, something we will have to do without spending too much money. But the menu and the décor must suit each other. Then we will be looking at the wine menu, staff and uniforms as well as training. It's never a quick fix, but a carefully planned redevelopment. After all we are not reinventing the wheel, just making sure that they are on tight and have sufficient air in the tyres to ensure a smooth ride!!

• **THE Michelin Guide** has just been released in France and has once again come under fire from those that believe that the stars awarded are not always commensurate with the food served and the prices charged. With a meal for two in three star establishments often costing between 450€ and 1,100€ food critics - as opposed to Michelin inspectors - often agree that there is little difference between three and two star restaurants apart from the price.

In 2014 one such critic Meg Zimbeck the highly acclaimed food blogger (Paris by Mouth) spent more than 7,000€ of her own money eating anonymously in all nine of the three star and all six of the two star restaurants in Paris!!

In one of her articles on the subject she writes "There is an obvious barrier in understanding these restaurants: the staggering, outrageous almost immoral price of a meal!" She continued, "No one, I mean really no one, who writes about food would pay for themselves in a three star restaurant and neither would their editors." So the writer put her money where her well-educated palate is and compiled her own reports at her expense.

Her conclusion, much like many of us, I suppose, is that you can eat as well if not better in some lesser establishments. She quotes eating at Alain Ducasse's famous three star La Plaza Athenée, which cost an eye watering 1,100€ for two as 'absolutely horrible.' When she returned for an invitation meal offered to all



Meg Zimbeck, pretty, powerful and knowledgeable.

“The Michelin guide directs people to some of the least exciting and overblown dining in the city.”

“Cooking well doesn't mean cooking fancy!”

food writers in Paris she stated that while it was a more extravagant affair with flowing Champagne - 'it was still horrible!!'

The Michelin guide "directs people to some of the least exciting and overblown dining in the city. A three star designation indicates extravagant prices, plush surroundings, and a surfeit of staff. It does not, unfortunately, always lead you to the best food in Paris." Overall, Zimbeck concluded that while there are some "truly enjoyable" meals to experience at the three star level, very few of the dishes were markedly better than what she had experienced at Paris restaurants that cost a fifth or a 10th of the price.

I had a friend who was a Michelin inspector and we often discussed the fact that it was harder to get a Michelin star in the UK than in France and similarly Spain. I have had the 'pleasure' of eating

at several one star restaurants, including some of those that we have on our door step. I have eaten at one two star restaurant, but never a three star. I may have to wait for our esteemed editor to send me off to investigate!!! I tend to agree that I have eaten better in lesser eateries that cooked with more heart and less hydrogen!

I ate many years ago in a Michelin restaurant just outside of Cherbourg and got food poisoning. We should have known we were on to a bad 'un when we went in. The restaurant was decorated in dark blue, but the sign outside said restaurant 'Maison Rouge'!!

• **AMONG SERVICES** being offered to cats (yes cats!) at Malaysia's Catzonia - the 'world's first' five-star hotel for cats are spas, grooming services and temperature controlled rooms!

Manned by feline-loving staff, the 35-bedroom cattery in the Malaysian capital of Kuala Lumpur promises to pamper pets while their owners are away. They even offer a 'dating service' for the female species!

These pampered pussies can stay in one of four room categories, including a VVIC (Very Very Important Cat) room - the hotel's most luxurious offering. The VVIC room can fit up to 10 adult cats (or one mother cat and her kittens) and comes with three 'king'-sized beds, a mini-playground, and a separate toilet. These special suites also come with CCTV, allowing anxious cat owners to monitor their pets 24 hours a day by using a phone app.

There are 'lesser' rooms, which can accommodate between three and seven cats, which come with either a 'queen,' 'double' or 'single' bed and up to three feeding and cleaning sessions per day. Some have shower facilities.



Taking a catnap while being pampered.

THE VVIC and VIC can also indulge in a range of grooming op-

tions including a 'medicated grooming' service, which uses a special shampoo that helps cure cats' skin and clear out the fleas.

The cost of a stay between three hours and a year at Catzonia is priced from £4.50 per night.

A catalogue of services is of course available and every whim will be catered for. Prices vary according to category of room. This could be the catalyst for many more feline hotels to come. I wonder if they will open one in Catalunya? (This column is not just thrown together dear reader)

• **ON THAT NOTE** I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good friends.



The right menu and the right décor go hand in hand.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

Atlantic attention on Spain

By Matthew Elliott

SPANISH property is firmly back in the global limelight. The prestigious *New York Times* has recently published a piece singing the praises of the emerging marketplace, especially highlighting Barcelona.

“ More foreigners than ever before are looking for quality purchases, but construction needs to catch up.

The piece notes how the return of influential international investors to Spain in 2014 has helped the market improve dramatically since the crisis era. Prices, of course, rose quite sharply in 2015 and the trend has continued at a steady pace until today.



SPANISH PROPERTY: Is firmly back in the global limelight.

The author notes the particular increase in foreign investors, non-

Spanish people moving to the country in search of property op-

portunities and a higher quality of life. In this respect Spain is con-

sidered extremely good value for money in comparison with the UK and even Germany.

In fact the only real difficulty in desirable locations, such as prime neighbourhoods in major cities, is supply.

More foreigners than ever before are looking for quality purchases, but the construction industry needs time to catch up.

The *New York Times* piece also notes the growing number of non-EU investors applying for the Golden Visa programme.

This allows them to gain Spanish residency rights if they invest at least €500,000 in Spanish property.

Chinese buyers are making up the bulk of Golden Visa applicants but there are also sizeable contingents of Turks, Moroccans, Russians and Arabs.

All of which, the publicity of the article included, bodes extremely well for the Spanish property market in the near future.

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WALK TO THE BEACH

2 Bedroom, 1 Bathroom. Situated in the popular urbanisation of Mediterraneo I, which is situated within a short walk of one of the finest beaches on the Costa Blanca. The urbanisation offers residents a range of facilities including tennis courts, two large communal pools, maintained gardens and a children's play area.

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La Marina

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TOWNHOUSE WITH A HUGE GARAGE

2 Bedroom, 1 Bathroom. This townhouse is east facing and has wonderful views of Guardamar del Segura, including views of the sea. This property has been **REDUCED FROM €79,000 to €76,000**. There is an exceptionally large garage/underbuild that can be used as storage or could be converted into a separate apartment which is common on this community.

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We are always looking for good quality competitively priced properties so if you're considering renting or selling please give us a call or pop into one of our offices for a chat!

Spain takes first-time silver place

SPAIN is the second-best country for first-time property buyers, according to a new report from UK-based relocation service Movehub.

The analysis compared 2016 pricing data from the Global Property Guide with average salaries from the Hay's Group Global Salary Forecast for 33 countries.

A 2.2 per cent increase in salaries combined with a 5.7 per cent drop in house prices

saw Spain scoop second spot, behind the United Arab Emirates but ahead of Greece, Singapore and Switzerland in the top five.

A Movehub statement said: "Overall the report revealed that countries with the biggest property price hikes had unfortunately also seen the slowest growth in annual incomes, with some salaries in decline, whilst house prices rose.

"On the other hand countries

with the highest salary growth enjoyed more affordable property prices or even prices in decline, making them the best places for first-time buyers."

Turkey was the worst performer on the list, since property prices have increased by 16.42 per cent while wages have only risen by 0.6 per cent.

The UK finished 19th, sandwiched between the United States and Germany and ahead of Ireland in 24th.

Brothers at arm

By Matthew Elliott

A PAIR of British billionaire brothers are in hot water as they face paying extensive damages in relation to their property empire. The Candy brothers, who built the luxury One Hyde Park apartment complex in London, are being sued for over €150 million.

An old friend and business partner claims that the brothers pressurised him into paying back a significant loan and pulling out of a lucrative property project at Grosvenor Gardens in central London.

It is alleged that Nick Candy, who is married to former Neighbours star and pop singer Holly Vallance, threatened to sell Mark Holyoake's debt to 'some Russians' and 'take a wrecking ball to his life.' He is also alleged to have told Holyoake to 'think of his pregnant wife' when he considered withdrawing from the project, worth an estimated €100 million.

The Candy brothers, Christian and Nick, are two of Britain's best-known and wealthiest property developers. Apartments in their One Hyde Park scheme cost upwards of €20 million and are typically occupied by Arab sheikhs and Russian oligarchs.



ONE HYDE PARK: Luxury apartment complex



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A SPANISH watchdog has warned that people who rent properties in the country are at risk from unregulated insurance.

Rental insurance is a system whereby landlords are protected from failed monthly payments, and tenants can avoid paying steep deposits or needing guarantees.

There are now plenty of rental insurance schemes on the market for both landlords and tenants. But the Spanish Observatory of Rental Insurance has said that some products out there won't stand up to scrutiny from insurers in court.

If you are a renter or a landlord they advise dealing with a competent and qualified real estate expert to ensure that any rental insurance does exactly what it says on the tin.

ns



in London.

The tourism property battle is heating up

THE battle over tourist rentals continues in the Catalan capital, Barcelona. Shared accommodation platform Airbnb has announced that it will force users to comply with a new regulation on landlords.

“ Airbnb has announced it will force users to comply with regulations.

Homeowners in the coastal city will now only be able to rent out one house or apartment at a time. The new rule greatly restricts previous freedoms enjoyed by landlords who could snap up multiple buildings and rent out dozens of rooms at extremely expensive rates.

The gesture is meant as something of an olive branch from Airbnb to the council, but city officials say it goes nowhere near far enough.

They want Airbnb to completely ban unregistered homes from the site. Barcelona is attempting to have all tourist-used properties pay the appropriate taxes to limit the city's tourist phenomenon.

This is the latest in a series of battles between Airbnb, which is present in thousands of cities across the world, and Barcelona's new administration, which has pledged to protect local residents from higher rents.

Last year the American company was fined €600,000 for violating tourist rental rules by allowing non-



BARCELONA: Tourist properties are to pay appropriate taxes.

registered properties to be advertised online. The fine was later re- voked by a Spanish court in a major embarrassment for the city council.

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In Spain, you don't need any particular qualification to call yourself an estate agent. You can just set up shop and off you go! So it's no wonder that some people have had bad experiences finding a property in Spain. But that's where we come in. We're Sweden's leading estate agent and we take a completely different approach. Our starting point is always to find out who you are and what you're looking for. We're members of the AIPP trade body and hold liability insurance that covers our work. So please feel free to contact a real real estate agent in Spain.

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COOKING AREA: Should be clean, bright and clutter-free.

Feng shui kitchen

APPLYING Feng Shui to kitchen organisation and decoration can achieve a calm, tranquil area in which to cook and eat.

Small, cold and cluttered rooms can be cleared and made more inviting for cooks and diners alike with a few adjustments.

Cooking area:

The kitchen should be as clean, bright and clutter-free as possible.

Avoid placing work areas opposite doors as working with your back to the door does not inspire tranquillity. If it can't be helped, place a mirror above the worktop so you can see the door as you work.

Opt for white, shiny tiles and cupboard doors to make the most of natural light and open the win-

dow to air the room and avoid fumes and smoke accumulating.

Choose even-surfaced cupboard doors and large tiles to keep cracks which can accumulate dirt and bacteria to a minimum, and always go for stone worktops rather than formica for a clean feel.

Eating area:

The area where you eat should be warm and inviting. Make the table the centre of attention by placing a fruit bowl with appetising looking produce inside in the middle. Use warm tones such as orange, which also stimulates the appetite, rather than cold greys or blacks. Choose chairs with high backs for comfort and relaxation and add colourful cushions.

Advertising feature

Choose Paradise Pools and Gardens

WANT a perfect pool and garden to make the most of the Spanish sunshine? Then choose Paradise Pools and Gardens to transform your outdoor space into your very own piece of paradise.

Paradise Pools and Gardens are specialists in community and private pool and garden maintenance. The company provides a fully professional and legal service, operating from Catral down to Murcia.

The company is proud to say it is fully certified by the Generalitat Valenciana with its team having completed and passed the necessary chemical and water handling certificate by the government to safely and correctly treat and clean community pools. As well as a professional and complete maintenance service, you know your pool is being cared for by qualified experts.

Whilst clearly knowing what they are doing, the business is built on the promise that above all other things, customer service makes the difference and it aims to be the best at going the extra mile to deliver the personal and professional level of service that exceeds customers' expectations.

Paradise Pools and Gardens also offers a full repair service and all works will be carried out by specialist, qualified and registered trade persons. Problems such as skimmer repairs, pumps, hoovers, drains and even leak detection can be dealt with. It is PADI registered for underwater swimming repairs, so you do not need to drain your pool, saving you vital money.

Swimming pool maintenance services are available from just €45 a month and monthly gardening plans

start from as little as €20 per month. Whether it is a one-off visit to tidy your garden or regular visits to ensure your garden stays in the best shape all year round.

Quotes for community areas are available on request. Whether you want palms pruned, grass fertilised and reseeded, streets swept and pools cleaned, Paradise Pools and Gardens can do whatever is required to keep your communal area looking its best.

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TO remove the smell of tobacco and stale smoke from your home, all you need is a bowl of water and vinegar.

Either dampen a cloth in the mixture and flick it about to clean the air, or leave the bowl inside rooms you wish to de-stench. Once the vinegar has neutralised the smell of stale smoke, you can then use an air

freshener to add a nicer aroma. Coffee beans are also good at absorbing the smell of tobacco and have the added benefit of leaving their own pleasant smell in its place.

A simple trick to reduce the smell of tobacco is to put cat-litter in ashtrays. The litter will absorb the worst of the smell.

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Advertising feature

Samaritans in Spain

SAMARITANS is a charity established in the UK by Chad Varah in 1953. Since then it has grown exponentially and more recently, has spread even to countries like Spain.

The Samaritans' main function is to listen to anyone who is experiencing distress. Communication is mostly via telephone, free of charge. There is also an opportunity to speak to front line staff at the shop, and in the privacy of the Samaritan's drop-in centre at Punta Marina commercial centre. Samaritans are also accessible by email. All listeners are trained volunteers who serve in rotas and are available 24-hours a day, 365 days of the year. How many hours or how often they offer their services ('listen') is up to the individual volunteer.

Samaritans listen to people who are either lonely, or feel themselves unable to express their feelings, concerns, or problems to those around them. They do not 'counsel,' but provide an empathetic ear. Volunteer listeners are drawn from all backgrounds, all ages, and all walks of life. After initial training all new listeners are supported with mentoring.

It is not only those who face life traumas, bereavement, or those burdened with guilt, who contact Samaritans. Anyone who feels the need for emotional support, encouragement and lacking confidence will benefit by talking to a Samaritan. A call to the Samaritans could last a few minutes or much longer, since callers are never rushed.

The need for this type of help in the community is exemplified by the rapid expansion of Samaritans in Spain since its inception in September 2005. Increasingly, Samaritans in Spain not only require more volunteer listeners for its



SAMARITANS: Listen to people who are lonely or unable to express their feelings.

primary function, but also to help in administration, publicity and other varied roles. With branches in Madrid, Denia and a charity shop and drop-in centre in Punta Marina (Punta Prima), the latter established in 2013, Samaritans in Spain are now a regular feature as a charity in Costa Blanca (North and South).

“ Increasingly, volunteer listeners and people to help in other roles are needed.

Participants at a meeting on January 13 at the drop-in centre were unanimous in expressing their own sense of fulfilment and joy in serving as Samaritans. Thank you to the following volunteers.

Fionnula Fitzsimons, Elizabeth Rushton, Pamela Russell, Helena Smith, Jane Troubridge.

Postscript

Come and meet us at the Recruitment Day, Wednesday February 22 from 10.00am to 2.00pm at the Samaritans Centre, Punta Marina Commercial Centre.

Website: www.samaritansinspain.com

PLEASE CAN YOU ANSWER OUR PRAYERS

La Siesta Evangelical Church, Torrevieja, is looking for someone to play its Church organ



We now have a new Choir Master and a newly reformed Choir. However, the person who currently plays the organ has ill health which is making it increasingly difficult for her to play.

If you can play a Church organ or an electric piano, both of which we have in the Church, please answer our prayers. You would be assured of a very warm welcome both by the Choir and the Church congregation which is usually about 100 strong at our 11.00am Services.

Our Church Services are held at 11.00am every 2nd and 4th Sunday (and 5th Sunday, when this applies). We also have Services at 9.30am on the 1st and 3rd Sundays of the month. In addition, Choir practice is held on Wednesday afternoons at 3.30pm.

If you are interested in becoming our Lead Organist or Pianist please contact Pastor Keith on 666 180 108 or just come along to one of our Services and introduce yourself. You will find La Siesta Evangelical Church on Urbanisation La Siesta, Torrevieja. We are counting on you to answer our prayers.

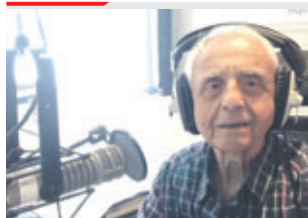
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THE idea of Agility was born in 1977 when Crufts Dog Show needed something to fill up spare time in the main arena. The main factors to be kept in mind were that it should be fun, without being dangerous and should amuse spectators so they built the equipment.

So the base was laid for the agility history story of Agility – King of Dog Sports. Today, Agility enjoys enormous popularity in Britain, with well-attended competitions every weekend during the show season.

The larger events draw thousands of competitors and attract huge, appreciative audiences - many competitions are televised. This enthusiasm for Agility has spread to virtually all of Europe, as well as Australia and New Zealand, followed by the USA in 1986, making Agility a truly international dog sport.

Training Methods

Praise, toys and food are

used to motivate the dogs from puppy stages through the advanced levels of training. Dogs are always encouraged to perform obstacles and never forced.

Puppies and Agility

Agility puppy training can start with dogs as young as three to five months! Granted, it doesn't really and there's a lot of playing and silliness - but really, at any level of training, isn't that what agility should be for our dogs?

so helps our puppies to have excellent contact control! Puppies LOVE running through the tunnel and we do basic commands that help them to go DOWN on the table QUICKLY!

Puppies are so eager to learn and so happy to please. They really pick things up quickly but the key to a successful training session is to keep the lessons SHORT and POSITIVE (kind of like their instructor!).

We also employ lots of rewards, from special food treats to toys and games (and lots of hugs). Once a puppy figures out an obstacle, they've GOT IT! And agility training works WONDERS for improving confidence in a shy puppy. The other huge benefit is the socialisation these puppies are getting with each other; in fact, I think they look forward to the play sessions the most!

Sharing is caring!

“Agility training works wonders for improving confidence.”

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PUPPY FUN: Loving the healthy, playful exercises.



Pets in Spain

Tara has been in a foster home since she was found 5 weeks ago and is a wonderful, happy little girl. She is around 8 months old and weighs approx 7 kilos so is quite small and won't grow any bigger. Tara has been sterilised and is great with other dogs.

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Scrut is a character who is loved by all

OUR friend Scrut, the little terrier, lives between the UK and Spain. His owners sometimes take him back to Blighty, though usually when they are visiting friends in the UK they use housesitters to keep him at their new home in Malaga. As you can probably tell from this photo, Scrut is a little character.

What he lacks in height and weight, he more than makes up for in personality and sheer tenacity. He was the smallest puppy in the rescue shelter when his owners Jan and Michael picked him out from the pack. They said they could just tell he'd be fun to play with, and his eyes simply beckoned, so they rescued him.

When they first came to HouseSitMatch to find a pet-sitter they were a little nervous and keen to find an experienced dog handler who wouldn't worry if Scrut was excessively playful or perhaps a little disobedient from time to

time. He does try it on a bit apparently. We matched Scrut with retired builder Gavin, who likes a bit of personality in his dogs. They got on famously at Christmas and New Year and might meet again later in the year.

Do you need a house or petsitter? Housesitting can be a win-win for both parties, free house and petsitting, and the experienced and checked sitters get free accommodation! Register as housesitter or homeowner now with a 20 per cent off introductory offer using coupon code PERFECT20. To find a house petsitter go to www.HousesitMatch.com



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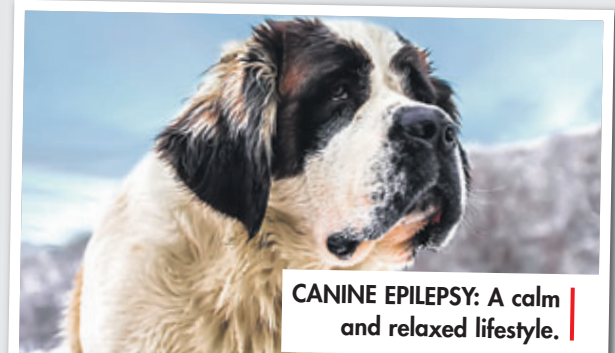
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Epileptic attacks

EPILEPSY is a problem suffered frequently by dogs under the age of five, which usually causes convulsions or epileptic attacks. Canine epilepsy has a genetic factor and there are breeds, including Beagles, St Bernards and German Shepherds which are more likely to suffer.

The first epileptic attack usually happens between the ages of six months and five years and comes completely unexpectedly in the form of convulsions, peddling movements of the legs, excessive salivation, uncontrolled urination and loss of conscience.

Although the attacks in themselves don't put a dog's life at risk, they are in danger of biting their tongues, falling or bumping into things and injuring themselves. If a dog



CANINE EPILEPSY: A calm and relaxed lifestyle.

with epilepsy seems more nervous or restless than usual and walks in circles it could be a sign of an imminent attack.

Knowing how to react during an attack will help you remain calm and help your dog. First, lay it down on a soft surface (cushions or a mat). Avoid high places like the sofa to avoid the risk of a fall. It's important not to try to pull your dog's tongue out as it could end up biting it.

Attacks usually last two minutes at the most. Wait for it to end, then let the dog rest in a quiet place as they are usually tired and confused after an attack. Talk to your vet about the possibility of administering muscle relaxants.

Epilepsy is a chronic illness which requires lifelong treatment. Keeping dogs with epilepsy calm and relaxed and avoiding stressful situations is the best way to prevent attacks.



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THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk. (95457)

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THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123

TORREVIEJA STROKE SUPPORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretarybr3606@gmail.com (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY Calle Urbano Arregui 23, Torrevieja Evangelical non-denominational Sunday services 11am Children's church 11am House groups in Torrevieja, Los Balcones, San Javier Ladies meeting Thursdays 11am. Pastor, Rafael Restrepo All nationalities welcome 966 799 273 / 660 127 276. (95476)

ROYAL MARINES ASSOCIATION (Costa Blanca). The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at Casa Ventura, San Luis Urbanisation, at 6.30pm. For further details Hon Sec 965 724 652

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FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesada@yahoo.co.uk (95477)

ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafacb.com.

MEETS at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. Also, every alternate Thursday from 23rd February, there is an Development / Awareness Circle where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. The Divine Service with Mediumship on 19th February will be taken by Ray Bailey. Len Cox will take the Evening of Mediumship on Tuesday, 14th February. The Divine Service with Mediumship, on Sunday, 26th February will be taken by Anna Marie. Contact Wendy on 965323028. www.spiritualist-centre-benijofar.com New email is phoenixchurch23@gmail.com or info@spiritualistcentre-benijofar.com Identificacion Fiscal G54713789.

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Quote of the Week**

“The Ferrari 355 is like a quail’s egg dipped in celery salt and served in Julia Robert’s belly button.”
Some might say...



Alexa behind the wheel

VOICE control systems have landed in Europe after the latest technological wave debuted in the US in 2015. Mainstream brands, including Ford, Volkswagen and Honda, have now integrated themselves with new software from Amazon.

The online shopping giant recently let loose ‘Alexa,’ its version of the personal voice assistant

made popular by Apple’s ‘Siri.’ Alexa has already been transforming the home lives of millions, who can instruct it to change the TV channel or order pizza.

Now Alexa is firmly behind the wheel. She, or it, can be installed using Logitech’s ZeroTouch technology for as little as €60.

Drivers will be able to command music playlists

“Alexa has already been transforming the home lives of millions.”

and have Alexa read out text messages or emails while they man the wheel.

The technology only

needs an internet connection through a smart phone and can be adapted to most cars, with no need to buy a 2017 model.

The consumer landscape will soon be packed with alternatives from Apple, Google and other emerging software giants as voice control looks set to become a common driving feature in the future.

Parking vigilantes

PEOPLE who get irate when they see illegally-parked cars can now make a tidy profit from their rage. A new app for smart phones will offer nosy neighbours £10 every time they send a photo of an illegally-parked car to the UK Car Park Management (CPM).

Anyone who sends in photos will remain anonymous. The CPM will use the licence number to identify the culprit, fine them £60 and then give the users a tenner for the tip-off.

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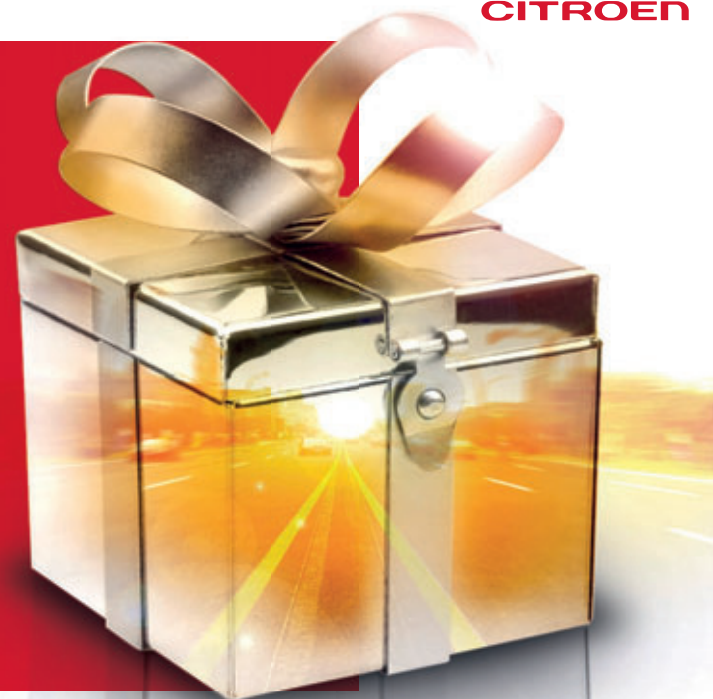
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MAZARRON FC: Took their chances and defended resolutely.

Confident win for Mazarron FC

MAZARRON continued their quest for an end of season play-off place with a 4-0 away win at CD El Esparragal.

The early stages of the game were scrappy with neither side able to settle down. Jimmy had a couple of half chances but missed the target on both occasions and then Miguel's pass found Jimmy in space but his shot was saved by the Esparragal keeper.

Mazarron took the lead on 23 minutes when Dani's free kick was only half cleared to Boudia who hit a rasping drive into the net. After 30 minutes Javi Torrano's shot was deflected onto the cross bar and two minutes later a thunderous drive from Miguel was tipped onto the bar by the home keeper and out for a corner.

Mazarron's constant pressure paid off two minutes before the interval when Javi Torrano's excellent cross was headed home by Raso.

Esparragal came out in the second half determined to attack and the Mazarron defence came under severe pressure with the back four of Raul Torrano, Juan Andreo, Raso and Marcos standing up to everything the home team could throw at them. When they were beaten, young Pablo in goal made a number of superb saves, mainly from long distance free kicks.

Substitute Chino made it 3-0 after 75 minutes when he controlled Miguel's pass and cut inside before hitting a left foot shot into the back of the net. He returned the compliment three minutes later when Miguel latched onto his pass and slotted the ball just inside the far post to make the score 4-0.

The score line may have been a bit harsh on Esparragal but Mazarron took their chances and defended resolutely when they had to. Raso picked up Man of the Match.

CD Montesinos narrow the gap

CD MONTESINOS narrowed the gap to just three points of Segunda Regional Grupo 16 leaders CD Benijofar with an impressive 3-0 away win at RP Orihuela under new coach Carlos Perez, with goals from Carlos Ventura, Manu and Joao.

The title race remains wide open going into the latter stages of the 2016-17 campaign with a host of teams hoping to achieve promotion and only six points between CD Benijofar and sixth placed Atl Orihuela.

Long time leaders CD Murada (2nd), Callosa Deportivo B (3rd), CD Montesinos (4th) and CFP Orihuela (5th) are all vying to lift the title.

CD Benijofar gained a narrow 1-0 away win against ninth placed FB Redovan B. Callosa Deportivo B hit four goals against Deportivo Orihuela in a comfortable 4-0 win. CFP Orihuela cruised into a 5-1 away victory at bottom club Todo Deporte and Grupo Caliche gained a 2-1 away win at Sporting Orihuela.

Los Montesinos, Alicante based outfit CD Montesinos host FB Redovan B on Sunday February 19 at The Municipal Stadium. With a 4.30pm kickoff coach Perez will be looking to keep on track the bid for promotion in his first season as coach.

Perez has brought in a plethora of

new players this season, including strikers Auren and Vazquinho, who returned to the Vega Baja outfit after a season at Sporting Saladar, that has brought dividends.

CD Montesinos are the league's leading goalscorers bagging 45 goals and with one of the best defences they have conceded only 19 goals. Callosa Dep B have an impeccable defence record this term conceding just 10 goals.

CD Murada return to action this weekend, hosting RP Orihuela. CD Benijofar host Atl Orihuela while Grupo Caliche host Callosa Dep B and Dep Orihuela host Todo Deporte.

Eurogolf Society visit La Marquesa

ON Thursday February 9 Eurogolf played their monthly medal and the results were:

Cat 1 (0-16): 1st Sue Gillette 77 c/b, 2nd Malcolm Foskett 77 c/b, 3rd David Gregson 80. Cat 2 (17-22): 1st Bert Lawson 73, 2nd Stan Low 77 c/b, 3rd Pete Gartside 77 c/b. Cat 3 (23-28): 1st John Holland 71, 2nd Bev Fairhurst 75, 3rd Colin Hobden 79. Cat 4 (29+): 1st Chris Stanley 72, 2nd Lauraine Walker 77, 3rd Ed Silvester 73.

February medal winner: John Holland 71. Best front 9: Gordon Bourne 35. Best back 9: Marilyn Eckersall 36. NTPs: 5th Sue Forbes, 11th Cindi Green, 12th in 2 Pino Perito, 15th Malcolm Foskett, 17th George McCallum. Football draw: Sue Pegg, Debbie Weedon x 2 and Mike Mitchell.

On February 7 the Tuesday Toffs played their normal stableford competition. The results were:

Cat 1 (0-15): 1st Ian Pegg 38, 2nd John Barraclough 36, 3rd Bill Martin 33. Cat 2 (16-19): 1st David Blanchette 34, 2nd Carin D Kruijs 33, 3rd Dave Nicholls 31. Cat 3 (20-24): 1st Phyllis Venables 35, 2nd Gordon Bourne 34, 3rd Steve Sayers 33. Cat 4 (25-36): 1st Lauraine Walker 35, 2nd Ed Silvester 32, 3rd Norman Wood 31. Overall Toffs winner: Ian Pegg 38.

Best front 9: Jan Shorley 20. Best back 9: David Gregson 18. NTPs 5th Jeff Lynch, 11th David Gregson, 12th in 2 George McCallum, 15th John Conolly, 17th Sue Forbes. Best guest: Ray Thompson. Football draw: Stan Low, David Valentine, Franco Gentili, Dave Nichols and Ian Pegg.

If you would like to play with Eurogolf at La Marquesa on Tuesdays and Thursdays please visit the website www.eurogolf-quesada.co.uk.

Lincoln City and Sutton United seek cup glory

Tony Matthews

International Sports

A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is also the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre.

Costa de Almeria



ter, who've lost all four finals they've contested.

Sunday's two TV ties are Fulham against eight-time winners Tottenham who last won the Cup in 1991 and Blackburn Rovers v holders Manchester United. Between them Rovers have six final victories, United 12 (equal with Arsenal).

FA CUP FACTS:

- Each club in round five receives £247,500.

- Between them the 16 teams have won the trophy 56 times.

- The last 'derby' final was in 2002 when Arsenal beat Chelsea 2-0.

- The last 'Midland' final saw Wolves defeat Leicester 3-1 in 1949.

- The last non-top flight team to win the Cup was West Ham v Arsenal in 1980.

MORE FOOTBALL:

Coming up in the Championship we have Barnsley v Brighton (2nd), Huddersfield against Reading and leaders Newcastle v Aston Villa (Monday); FL1 pace-setters Sheffield United play Scunthorpe (2nd) and in FL2, it's Doncaster (top) v Luton while Plymouth (2nd) will make a



LINCOLN AND SUTTON: Both face premiership teams.

776-mile round trip to Hartlepool.

CRICKET:

Last week Indian Mohit Ahlawat scored exactly 300 off 72 balls in a T20 game for Maavi against Friends CC. His first 50 came off 12 balls and he went on to smash 39 sixes.

Also, India's captain Virat Kohli has become the first player to score double centuries in four successive Test series – his latest 204 v Bangladesh.

Two Pakistanis, Sharjeel Khan and Khalid Latif, have been suspended as part of an

anti-corruption investigation.

And after a record 59 Tests in charge, Alastair Cook has resigned as England captain. Joe Root is set to replace him.

ROUND-UP:

In Rugby Union Six Nations last weekend, Ireland, emphatically beat Italy by 63 points to 10 in Rome; France edged out Scotland 22-16 in Paris and England, with a late Elliot Daly try, and encouraged by 'Man of the Match' Joe Launchbury defeated Wales by 21-16 in Cardiff. England, under coach Eddie Jones, have now won 16 internationals in

succession. The next three Six Nations matches take place on February 25/26.

After last weekend's round of PL matches, Chelsea's lead at the top has been cut slightly while the bottom three – with games running out – are Hull, Crystal Palace and Sunderland

Celtic reached the SC quarter-finals with a 6-0 win over Inverness CT. Also through are Aberdeen, Partick, Rangers and St Mirren, while holders Hibs drew with Hearts.

In La Liga, Real Madrid, with two games in hand, have a point advantage over Barcelona who beat Copa del Rey final opponents Alaves 6-0 last Saturday. Real play Espanyol on Saturday followed by Barcelona v Leganes on Sunday.

Russian drug-cheat Mariya Savinova must hand back the 800m Olympic gold medal she

won in London in 2012.

Bristol's Tom Varndell is the new record try scorer in Premiership Rugby Union with 91. And recent results in the Aviva PL include Bath 32 Northampton 30, Bristol 8 Harlequins 42, Leicester 34 Gloucester 9 and Worcester 24 Saracens 18.

In golf, GB's Melissa Reid won Australia's Oates/Vic Open; Fabrizio Zanotti shot past Danny Willett to win Malaysia's Maybank Classic and Jordan Speith triumphed at Pebble Beach.

Barry Hawkins beat Ryan Day in Snooker's Grand Prix final and banked £100,000.

Fourteen GB boxers including Tony Bellew, Ricky Burns, Kell Brook, Anthony Crolla, Carl Frampton, Chris Eubank junior, James DeGale, Anthony Joshua, Amir Khan and Lee Selby can all be world champions this year.

DID YOU KNOW?

ONLY five teams have been relegated immediately after winning their domestic League championship... Juventus, Italy, 2006 (following a scandal); HFG Boldklub, Denmark, 2001; FC Nurnberg, Germany, 1969; Manchester City, Football League, 1938 and AC Milan, Italy, 1980. Might Leicester join them this year?



Guardiola spoke to Bournemouth's Harry Arter whose daughter was stillborn in 2015. "I spoke to Harry, soon to be a father, and wished him well after what happened last time."

TO READ MORE

Costa Blanca's best guide to local sport

Nicola, the next Nadal?

SPAIN'S top tennis prospect has abandoned his bid to become world number one junior by launching an assault on the ATP men's professional circuit at the age of 16.

Nicola Kuhn began the year at number five in the under-18 rankings and would have been among the top seeds for all four junior Grand Slams this year. However, the blonde six-footer and his advisors feel his future will be better served by concentrating on the ITF Futures and Challenger circuit, picking up crucial ATP ranking points and breaking into the men's elite. Consequently, the Torrevieja teenager pulled out of last month's junior Australian Open – opting instead to compete in men's Futures events in Egypt.

"Basically my idea this year is to play pro tournaments, so we decided not to go to Melbourne," Nico told me after making a big impression in Sharm El Sheikh. "I may be playing in the junior French Open and at Wimbledon, but I hope not, because that means I am in the ATP top ranking and playing the big tournaments. It's a tough goal but I am taking it match by match and we will see how it goes."

Unseeded Kuhn, a product of former world number one Juan Carlos Ferrero's Equelite tennis academy in Villena, stormed into the semi-final in Egypt, beating experienced pros Jose Vidal Azorin, Ilija Vukic and number four seed Lorenzo Frigerio before bowing out to top-



NICOLA KUHN: With Roger Federer.

seeded Aldin Setkic, 12 years his senior.

Reaching the last four earned Nico six ATP ranking points, lifting him to around number 725 in the world and 50 points closer to number one Andy Murray.

"I'm really improving," he insisted. "Day by day it gets better and I am gaining much confidence which is a good sign."

Austrian-born Nico moved to Spain with his Russian mother and German father when he was three months old and has been hooked on tennis since he was a toddler. He was voted the



IN ACTION: The blonde six-footer.

Most Valuable Player of the 2015 Junior Davis Cup and a year ago was ATP ranked way down at number 1997 in men's tennis.

The latest ranking list confirms a remarkable rise of more than 1,250 places in 12 months and adds emphasis to the growing belief he is destined to be the Rafa Nadal of Spain's next generation.

So what is his target for 2017? "I would like to end the year under 200 ATP ranking," he said. "It's a tough goal but I am taking it match by match and we'll see how it goes."

Final winter match for Carp-R-U's

THIS week's match was moved from the River Segura in Murcia town centre to the Embalse de Argos because of the state of the banks after the recent bad weather.

The day started cool but by midday the sun was out and the conditions were very good. Mark Foden was the clear winner with 27.70kg using method feeder and corn, Dave Hoare was second with 10.60kg, Graham Ledley third with 7.12kg and Tom Marshall fourth with 7.06kg. This was the final match of the winter series and the two leading anglers were separated by a single point going into the match. Steve Collins' fourth place saw him clinch victory in the series from Steve Fell.

Further information about the club can be found on its website www.carp-r-us.weebly.com or on the Facebook page Carp-R-U's Fishing Costa Blanca.

The club is currently looking for new members and anyone interested can get in touch through the Facebook page, the website or by calling the club secretary, Steve Fell, on 634 379 081.

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