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Hopes dashed



Mar Menor will take decades to restore to former glory

by Matthew Elliott

Hopes that the Mar Menor might begin to recover by summer have been dashed by a local ecology expert. Murcia professor, Miguel Angel Esteve, said there is zero chance that the iconic Costa Blanca lagoon will improve so quickly.

He described the optimism recently displayed by oceanographers as 'reckless.' All the science points towards a recovery that will take decades, if it arrives at all, Angel told reporters on Tuesday February 28.

The Mar Menor is the largest coastal lagoon in Europe. Once a wildlife paradise and one of Murcia's greatest attractions, ecological collapse

due to pollution saw it described in December as a 'desert of mud.'

EWN has been consistently reporting on the lagoon's rapid deterioration. In 2015 the waters first began to run green as they were overwhelmed by algae. Discharges and industrial-scale dumping from Cartagena's numerous agricultural factories is the chief culprit.

Professor Angel, who teaches at the University of Murcia, denounced the failure of Costa Blanca authorities to take action. The ecological disaster has been predictable for at least 20 years he said, condemning politicians, agribusiness and scientists alike.

Recovery is only possible by completely halting the flow of nutrients to the lake bed.

Even with absolutely no human interference, the best case scenario is a wait of more than 10 years while nature takes its course. A disastrous 85 per cent of vegetation has been destroyed by pollution.

Complicating the situation is the fact that Cartagena has an extra 20,000 hectares of land being irrigated that is permitted by law. The professor argues that at least 10 per cent of the current land used for agriculture must be diverted to improving the region's green infrastructure.

That will involve a great deal of negotiation and compromise, something those responsible for this disaster have shown little capacity for. Time will tell whether the Mar Menor will come alive again.

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Euro Weekly News bags national prize

THE EWN MEDIA GROUP is delighted to announce that the *Euro Weekly News* was named Best Free Publication at the 2017 Spanish Periodical Publication Association (AEEPP) Awards on Tuesday February 28.

EWN publishers Michel and Steven Euesden were on hand to collect the award at the glittering gala event, which took place in the Auditorium of the famous Royal Post Office building in Madrid.

The AEEPP event is now in its 11th year, and it is considered to be among the most prestigious press awards in Spain.

According to the official press release, the winner of the Best Free Publication award demonstrates "the most impressive knowledge of the publishing world alongside the greatest imagination, sense of originality, innovation and risk-taking."

The jury featured Francisco Hortigüela, communications and marketing director for Samsung Spain, Matilde Pelegri, President of Senda Group, and Elia Mendez, director general of the Spanish Mobile Marketing Association, among others.

The AEEPP comprises around 100 publishing firms which together produce more than 900 titles covering both online and printed media, with an estimated annual readership of almost 130 million.

A full report of the event and the EWN's achievement will appear in next week's edition of your favourite weekly paper.

EWN Media Group takes over the RTN

SINCE the RTN was first published on October 1, 1999 Geoff Gartland and his team spent the subsequent years establishing a newspaper that represented it's thousands of readers, providing informative news, events and stories at a local, national and international level.

After almost 15 years Geoff decided to take early retirement, signing an agreement with a third party publisher allowing them to continue to use the RTN brand, unfortunately things did not go as planned.

Negotiations broke down and Geoff had no alternative but to reclaim the RTN and join forces with the EWN Media Group, who also own the *Euro Weekly News*.

Having sold the brand to EWN Media Group Geoff was asked to stay with the RTN and use his expertise and that of his team to bring the paper back to its former glory.

Geoff said: "this is a really exciting time, particularly as we have now joined the EWN Media Group who are a very strong company.

"They have the expertise, the infrastructure and are dynamic in their approach to sales. This can only be a positive move for the RTN, our readers and our advertisers."

Friday's RTN hit the streets with a bumper 56-page edition, the original design style and an extensive distribution in both North and South Costa Blanca.

The paper will continue to support local charities and events, but also cover national and up-to-date news articles from around the world.

Geoff said: "I couldn't be happier to be back at the helm, with the original team



SECURE FUTURE: For the RTN.

by my side and backed by the EWN Media Group the future is secured for the RTN."

If you have any suggestions or com-

ments Geoff is happy for you to share them with him, simply email geoff@ewnmediagroup.com.

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Dying driver activated safety systems

A TRAIN driver died from a heart attack as he drove the train between Elche and Crevillent.

The 54 year-old driver from Alicante felt unwell and managed to activate all the safety systems, including the so-called 'dead man' system which allows for automatic breaking, before being able to stop the train just before arriving in Crevillent station.

Shocked colleagues said he was a great friend and dear person.

As a result of his death, around 200 passengers were delayed as the line was closed.

Drugs raids at dawn

BASED on information received, the Organised Crime and Anti-Drug (EDO) Team of the Guardia Civil in Albacete undertook four separate 'dawn raids' on properties in Villena and Canyada searching for drugs and suspected traffickers.

The operation which commenced at 4am on Tuesday February 27 and lasted until 10am the same day was assisted by representatives of the Citizen Security Units (USECIC) of the Alicante Command and amongst properties searched were said to be a bar and a kiosk in Canyada.

No details of arrests or the results of the searches were available at the time of writing.

Assessment of flood damage

THE Murcia Landowners' Committee has finished evaluating damage caused by the December floods, which it has stated will need €3.6 million to repair.

Irrigation channels and ponds were amongst the worst affected and farmers say if the area's economy still depended solely on agriculture the situation would be disastrous.

Now the material damage has been evaluated, the committee has started to contact the local and re-

SPANISH FACTS OF LIFE... 4

More than half of Spain's 8,125 villages could disappear as populations plummet, with a combination of residents aging, low birth rates and poor employment opportunities to blame with fewer than 1,000 inhabitants now in 4,955 villages, according to a report.

Pueblos in peril

ALMOST 360 municipalities have seen their populations fall under 100 since the start of this century.

The national total now stands at 1,286, according to Spanish Statistical Institute figures just released, with the National Federation of Municipalities and Provinces subsequently demanding "urgent policies to curb a problem of the first order."

Guadalajara in Castilla-La Mancha, with 173 of its 288 villages having fewer than 100 residents, is the worst-affected province with around 85 per cent of its population density the same as Siberia.



RURAL VILLAGES: The population is dropping.

Much of this emigration of villagers has been driven by a lack of jobs, with modern management practices leading to a fall from 22 per cent of the population in the agricultural sector in 1976 to 6 per cent by 2001.

The government agrees rural depopulation is having a negative effect on pensions and the welfare state, with Prime Minister Mariano Rajoy recently setting up a special commission to investigate the issue.

Village with 5 residents

- Illan de Vacas in Toledo is Spain's smallest village with just five inhabitants.

- The least-populated Spanish province is Soria in Castilla y Leon, with just 9.1 residents per square kilometre according to 2013 statistics, the last year records are available. By contrast, Madrid had 809.1 and Barcelona 717.

- In 1900, 48 per cent of the Spanish population lived in villages fewer than 2,000 inhabitants. By 2009 this had fallen to 20 per cent.

- At least 30 per cent of the population is aged 65 or over in 22 provinces, with less than 8 per cent aged 15 or under.

- Demographer Francisco Zamora has calculated that for Spain to return to



ILLAN DE VACAS: The smallest village in Spain.

the same population structure it had in 2001 by 2050, every woman would have to give birth to 7.5 children.

- However, national birth rates fell from 1.4 to 1.27 children per woman

from 2008 and 2013.

- In Galicia, it has been calculated that an annual net immigration of 20,000 women would be required to maintain stable birth rates until 2050.

gional authorities to present its damage reports and see how much help they can provide to enable the traditional irrigation systems to be repaired.

Wheeling and dealing

MURCIA boasts the seventh most transparent parliament in Spain.

Global NGO Transparency Inter-

national revealed its latest analysis of Spain, finding Madrid to be the most politically open part of the country. Valencia came 13th in the rankings, in the lower half of the table.

Right at the very bottom was Andalusia in 19th place. Spain recently ranked 41st in the world corruption perception index from Transparency International, making it among the worst ranked in Europe.

The UK was in 10th spot alongside Germany.

Heroin house

HEROIN dealers were arrested when National Police raided a Lorca home used for months as a local point of sale.

Officers swarmed the house after conducting weeks of painstaking surveillance.

They arrested four suspects and found thousands of euros worth of the Class A narcotic stashed under false floorboards.

The house itself had surveillance cameras set up to detect police but officers acted quickly and effectively.

Lethal butane bottle blast

A MAN was killed in an explosion which destroyed an entire building in Santa Pola, Alicante.

A butane bottle blew up in his home on Saturday February 24 causing devastating damage. The man was killed at the scene, although he managed to jump from a first floor window onto a balcony be-

fore collapsing. Witnesses recounted how they tried to reach him by climbing on top of a parked car, but they were forced back by a second blast.

All three floors of the building were in ruins by the time firefighters controlled the blaze, and four fire engines were needed.

Postscript to ponder

10%

of Spaniards now take a siesta, though President Mariano Rajoy plans to wipe out the tradition by ending the national working day at 6pm.

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Artful arrests

SIX people in Barcelona, Madrid and Valencia have been arrested suspected of creating and selling fake works of art as originals.

The investigation began when a collector complained after paying €7,200 for a painting supposedly by artist Ramón Casas.

More than 100 fake paintings sold for more than €100,000 have since been discovered.

108 days non-stop

SPANISH ocean racer Didac Costa finished 14th in the Vendée Globe non-stop solo round the world race.

He crossed the finishing line 108 days, 19 hours, 50 minutes and 45 seconds after setting off and in total sailed 27,964 miles. The 36-year-old amateur sailor from Cataluña was inspired by the late José Luis de Ugarte, who was the first Spanish sailor ever to finish the race.

Costly cheer

WINE lovers from China led buyers from various parts of the world in paying €2,000 each for a bottle of wine blended in Spain from Cabernet Sauvignon, Tempranillo and Merlot grapes. Produced in 2013 by a bodega in Pamplona, Navarra, but only just offered for sale, in total 688 bottles were produced, with the price tag making it the most expensive ever offered locally.



Postcard from JEREZ



MIDWAY between the Atlantic and the Cadiz Mountains, Jerez de la Frontera with a population of more than 210,000 is the largest municipality in Cadiz Province.

Tracing its history back to before the Roman occupation, it was first named Xera and when the Romans arrived Asta Regia, with Jerez evolving from the Arabic Xerez with the whole area occupied by the Moors for centuries.

Famed for alcohol production for more than 3,000 years, the Spanish name for the fortified wine produced by local bodegas is Jerez, though the English speaking world has adopted the name sherry. Ironically, it was the Muslims who introduced the concept of distillation and this eventually led to the manufacture of brandy and sherry.

The British developed a taste for sherry after Sir Francis Drake returned from Spain with several barrels, and many of the famous bodegas were actually founded by British families.

To be called sherry, the wine must originate from Jerez, with a range of colours and tastes from the dry Fino to the sweet Pedro Ximénez. Tourists can visit bodegas on guided tours.

Cashing in

A 69-YEAR-OLD woman in Santander, Cantabria, pocketed €900 she found on the floor by a bank cash machine... and then quickly headed home. Unluckily for her the bank's CCTV recorded the incident, and she has now been identified and charged with theft after the person who dropped the money reported his loss.

Cheeky offer

A NIGHTCLUB in Barcelona introduced a special February offer, with women arriving with no underwear offered free entrance, a free drink and one will receive €100 in cash. Two women initially took up the offer, though it led to a law firm considering a boycott campaign against the club for perpetuating a "humiliating message to women."

Dog fights

A GANG which allegedly organised dog fights in Tenerife and Madrid has been broken up by National Police. The operation led to 23 arrests, including a Local Police officer and a vet suspected of administering drugs. More than 225 dogs were saved in the process.

More babies

SPAIN has appointed a demographic expert, or sex tsar, in order to combat the ongoing population crisis, with the country having one of the lowest birth rates in the developed world. With a current average of 1.33 children per adult woman, the nation's 46.5 million population is already falling, and being further threatened by the spiralling cost of raising children plus long working hours.

Birthdays

- **Daniel Craig, Actor, March 2, 49**
British actor who became the sixth person to play the role of James Bond having appeared so far in Casino Royale, Skyfall, Quantum of Solace and Spectre. Other films he has featured in include The Girl with the Dragon Tattoo and Road to Perdition. In 2011 he married actress Rachel Weisz.
- **John Virgo, Snooker Player, March 3, 71**
Former professional player who turned pro at the age of 30 and whose wins include the UK Championship in 1979 and the Bombay International Championship in 1980. He also presented snooker coverage on the BBC and co-presented the game show Big Break. In 2011 he published a tribute book about the late snooker legend Alex Higgins.
- **Kenny Dalglish, Footballer, March 4, 66**
Glasgow born former footballer and manager who during his 22-year playing career was a striker for Celtic and Liverpool. He also made 102 appearances for Scotland making him Scotland's most capped player ever. He also went on to manage both Celtic and Liverpool as well as Blackburn Rovers and Newcastle United.
- **Kiki Dee, Singer, March 6, 70**
English born singer known best for the hit duet Don't Go Breaking my Heart with Elton John which topped both the UK Singles Chart and the US Billboard Hot 100 chart in 1976. During her career she has released 40 singles and 12 albums including the hit I've Got the Music in Me.
- **Elaine Paige, Actress/Singer, March 5, 69**
Musical theatre actress/singer who has played a variety of theatre roles including Eva Peron in the production of Evita. Alongside Andrew Lloyd Webber she developed Grizabella and played the role in the original production of Cats. She had a Top 10 hit with the song Memory from Cats and released the hit duet from Chess I Know Him So Well with Barbara Dickson.



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NEWS EXTRA

Rude affair

A FEMALE councillor has accused some of her male colleagues of insulting and harassing her in the corridors of Alicante's Town Hall. Nerea Belmonte has urged city mayor Gabriel Echavari to take action.

Green fund

FUNDING for organic farming gets a €25 million boost this year across the Costa Blanca. The cash will help farmers use green, healthier methods to grow their crops, boosting the economy and better diets.

Dock strike

STRIKING stevedores at Alicante docks have suspended negotiations with their employers. Unions are planning three more weeks of strikes over a pay dispute and plans to reform the industry.

Spanish shoes grace red carpet at Oscars

By John Smith

MANY famous actresses wore shoes produced by Stuart Weitzman, an American based in Elda, as they walked down the red carpet for the 89th Oscar presentations.

Some of the world's most respected actresses such as Nicole Kidman, Jessica Biel, Chrissy Teigen, Karlie Kloss, Viola Davis and Octavia Spencer all wore shoes from the Stuart Weitzman range, partnered with their designer dresses and expensive jewellery.

Now 76, the American became an Adoptive Son of Elda in 2007 after 15 of his factories employed 3,000 local people and he has put his heart and 'sole' into pro-



moting the manufacture of high class footwear in Medio Vinalopó and the surrounding area.

This incredibly successful manufacturer has sold his creations in 68 countries around the world and he famously supplied singer Alison Krauss with a pair of stiletto sandals which had dazzling heels made of 565 Kwiat diamonds set in platinum and said to be worth €2 million.

Two years earlier, actress Laura Harring wore a pair of Weitzman's €1 million heels made from 464 diamonds.

NICOLE KIDMAN: A Stuart Weitzman customer.

Family of thieves

POLICE arrested three members of the same family accused of stealing a ton and a half of oranges from Cartagena farms.

They allegedly broke through fences to snatch oranges from trees, stealing a total of 1,500 kilos in the space of just two weeks.

Their clumsy methods also caused a great deal of harm to the trees themselves, potentially more damaging than the thefts.

After police were alerted by furious farmers the investigation soon centred on a local family who had an extensive criminal record in similar crimes.

When police searched their home they were caught 'orange-handed,' so to speak. The crooked clan were selling the oranges at knock off prices across local markets.

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Advertising Feature

Copper Heeler brings relief from arthritis

MANY people have suffered with arthritis over the years, finding no long-term solutions, turning to strong medication to try and ease the pain, and thus putting up with a lesser quality of life.

Malcolm Landsman, who had studied magnetic and copper therapy for years, realised he may have hit on the solution to easing the joint pain that so many people experience. Copper Heelers are a simple accessory placed inside the heel of the shoe that gives arthritis sufferers incredible results within weeks. This works by means of replacing the copper in the body that arthritis sufferers lack. We all need certain metal elements in order to thrive and one of those key elements is copper, it is an essential part of the minerals within the body. There are 25,000 sweat glands in the foot alone, and so this is a prime area to absorb copper and utilise its healing properties.

Copper also prevents inflammation around the joints, so there is a feeling of well-being all round.

Malcolm has been marketing the Copper Heelers in Spain for more than five years now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!" This miracle insole has brought joy to many who have been restricted with movement in the past.

For more information on the Copper Heelers, please visit the website at www.copperheeler.es or call Malcolm on 966 763 770.

Only 39,95€

Tourism figures on the increase

THE trend towards ever increasing numbers of tourist visitors continued in January as revealed in the Frontier Movement Survey, FRONTUR, published by the National Institute of Statistics (INE) with 401,407 foreign visitors to the Costa Blanca.

This figure is 26.2 per cent higher than January 2016 with the UK once again supplying the largest number of visitors at 128,512, with France, the Nordic countries and Italy fol-

lowing some way behind, but in all cases with more tourists than the previous year.

The Alicante-Elche airport saw a strong growth of 38.3 per cent more passengers, although Valencia saw a smaller but still significant growth of 24.2 per cent.

This is good news indeed for local councils, hotels, restaurants and tour operators who hope that this upwards movement will continue for the rest of the year.

Couple shot in Cartagena

A MAN died in a shooting in Cartagena and his partner is recovering in hospital.

They were shot in a garage in Calle Europa in the neighbourhood of Jose María de la Puerta. Locals reported hearing the shotgun fire. A man, aged 40 was killed and a woman was taken to the Arrixaca hospital where she un-

derwent emergency surgery to a gunshot wound to the head.

In the house next to the victims was a baby of around 12 months of age which is now under the care of social services.

The shooter locked himself into the building but later surrendered to police.

OUR VIEW

Here to stay

THERE is a saying that in business if you stand still then you are actually going backwards and this is something that we at *Euro Weekly News* are acutely aware of, which is why we are always looking to offer an ever improving service.

We are committed to both our readers and our advertisers without whom there would be no business, let alone a growing one and we believe in producing readable and informative newspapers, which unlike national press are not governed by politics.

The fact that our papers have won awards from Spanish organisations shows that we are a truly integrated organisation and despite the uncertainty following Brexit, we are committed to remain a true part of the English speaking community in our adopted homeland of Spain.

To this end therefore, we were delighted to welcome the *RTN* brand into our family and it will continue to stand alone as a publication but as part of an ever expanding family.

Without the involvement and dedication of our staff in offices across Spain we would be unable to publish all of these papers 52 weeks a year and thanks to them we will soon be announcing another new paper from the *EWN Group*.

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12:00 - 13:00 - MAGIC SHOW
12:00 - 16:00 - JAMÓN IBÉRICO (iberian ham) CUTTING DEMONSTRATION & TASTING
13:00 - 15:00 - LIVE JAZZ MUSIC
15:00 - 16:00 - MUSIC & ENTERTAINMENT

5 SUNDAY

10:00 - 12:00 - OPENING, MUSIC & ENTERTAINMENT
12:00 - 13:00 - MAGIC SHOW
12:00 - 16:00 - JAMÓN IBÉRICO (iberian ham) CUTTING DEMONSTRATION & TASTING
13:00 - 15:00 - PIANO AND VIOLIN LIVE MUSIC
15:00 - 16:00 - BIG RAFFLE FOR AN AWNING



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Photo by Bomberis Orihuela

EXCESSIVE COSTS: The council does not have the funds to take action.

Orihuela flood review

By John Smith

A REPORT produced by Hidraqua as part of its Orihuela Costa Storm Water Master Plan suggests that it will cost in excess of €17 million to ensure that Orihuela will not be flooded in the future even if there are heavy downpours.

Whilst the council is pleased that it now has detailed information on the exact problems of drainage and how to resolve them, it simply doesn't have the funds

available to undertake the recommend 12 actions drawn up in the plan.

It accepts that some improvements are relatively inexpensive but recognises that some will cost as much as €1 million and the only way in which this work could be considered would be if external funds from the government or the European Union could be made available.

The major problems facing the town which have to be resolved are insufficient

modern drains so that water has to run off through inefficient 'ramblas' and the fact that building has interrupted many of the natural channels of evacuation, causing pooling and floods.

The resolution of the problem lies with investment in large drainage pipes which will take heavy loads of water to the beaches but apart from the financial difficulties being faced, there will also be a need to agree plans of action with other towns such as Torrevieja.

Press for the elderly


THE 6,000 members of Murcia's 76 social centres for the elderly will have free access to the regional press through a scheme announced by Murcia City Hall.

The Social Rights Department, led by Conchita Ruiz, has approved a €56,421

budget for the centres to subscribe to the two main regional newspapers for one year. This will allow members to keep up to date with what is going on in the world, a popular request at all the centres.




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NO BAIL: For husband accused of killing his wife.

‘Suicide pact’ claims Brit

By Linda Hall

AN 86-year-old Briton who attempted suicide after allegedly murdering his wife will be remanded without bail on leaving hospital.

No longer in San Juan hospital's intensive care unit and now on a ward, he has been visited by the judge and charged with murder aggravated by ties of kinship.

He allegedly killed his wife, aged 79, in their room at a resi-

dence for the elderly in Muchavista (Campello) and then tried to take his own life with the same weapon. Guardia Civil investigators found both a knife and a cutter in their room and believe that the latter was used to inflict their wounds.

According to the Spanish news agencies the man, identified only as Ronald S S, assured the judge that his wife Margaret killed herself by cutting her own throat.

Neither was in good health, he said, and the couple had often discussed ending it all once they could no longer fend for themselves. This was common in the UK, he claimed.

This was the first declaration from the accused man who earlier had refused to make a statement to the Guardia Civil. At the request of his lawyer, once he enters prison he will have a psychiatric appraisal to assess his mental state.

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Call Rafa

AN illegal breeding ground for dangerous dogs was raided in Crevillent on the Costa Blanca. Agents from Seprona, the Guardia Civil's animal protection unit, rescued roughly 30 dogs from horrendous conditions.

The owner of the sparse plot of land, a 34-year-old local man, has been arrested and charged with nine

Dog abuser charged

offences. He had no licences or insurance, while all the dogs lacked passports, microchips and vaccinations.

Among them were 21 adult dogs of a variety of breeds considered dangerous and requiring a special li-

cence. The rest were puppies the man was raising to breed and sell.

The conditions were poor and unsanitary. Seprona agents observed that such breeds may be absolutely fine if raised with love and care. But

when held in such barbaric captivity with a malicious owner, they can pose an extreme danger to humans.

As covered by EWN, a pack of five such dogs recently killed a farmer in Beniarbeig.

ILLEGAL BREEDER:
Had no licences or insurance.



REGIONAL REGULATIONS: Must be in place by December.

Access for all

By Eleanor Hawkins

CARTAGENA Council is working on a new accessibility by-law which aims to ensure shops, bars and restaurants and public buildings meet the regional regulations by the end of the year.

The Murcia Region Universal Accessibility Law states that councils must have their own by-laws and regulations in place by December 4 to guarantee the rights of the disabled are fulfilled.

The draft by-law, which will allow for fines of up to

€90,000, will include specifications regarding steps, ramps and doors, shop windows, counters, changing rooms and bathrooms among other things, explained Social Services and Social Mediation councillor Maria del Carmen Martin del Amor.

Off duty officer's heroic rescue

THE police officer who was first to arrive at the scene of a fatal accident in Orihuela has spoken about rescuing a woman and infant.

Witness and hero, Antonio Tenza, is a National Police officer with the Unit Against the Immigration Networks and Documentary Falsehood of the National Police, although he was a civilian on his motorcycle when he witnessed the crash between the car and van on the CV-930.

Speaking to Spanish press from his work at the National Police station in Sangonera, Tenza said he approached the car and saw the passenger, a woman, aged 27, in a serious condition: "Even though it was dark inside the car, I could see the full fracture of her arm." It was at that moment that he spotted the young child in the back: "I have a son of six months and to see

that child broke me" recalled the officer who said the youngster then became his priority and was passed to a doctor who was on the scene.

He then went back to the woman, pulled her from the car and revived her at the scene. Breathing on her own she was then taken to the Vega Baja Hospital with her 22-month-old child also taken to hospital as a precaution, but the child was unhurt. The driver of the vehicle, a man aged 26, died at the scene.

The officer said he did his best to also attend to the two men in the van who were workers from Santomera who were going to La Aparecida: "One of them told me that his chest hurt a lot and the other his neck... I searched for strength because I had to get people out."

Relatives of the family who were in the car thanked the officer for all he did.

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Completed survey forms must reach Euro Weekly News by noon March 30, 2017 at the latest. Only FULLY completed forms received by the final deadline will be entered into the prize draw. All entrants must possess a current NIE number, hold a valid driving licence and must be aged 18 or over. Only one entry per person is allowed. Failure to meet these requirements will invalidate the entry. No cash alternatives.

No employees of EWN Media Group can enter.

The winner will be announced on April 20, 2017.

The winner will be required to take part in any promotional activity and EWN reserves the right to use the name of the winner and photographs in any publicity both in newspaper and online.

The winner will have to collect the car from the EWN offices in Benalmadena. Any expenses incurred by the winner in collecting the car will be their own responsibility.

Euro Weekly News takes no responsibility should the car offered differ from that pictured here in any way.

Tick box if you do not wish your personal details to be shared with third parties or to receive promotional information or special offers.

You and the EWN

How often do you read the EWN?

- Every week
- Regularly
- Monthly
- On occasions
- Very rarely

Which sections of the EWN do you read?

- Local News
- General Features
- Business
- Leapy Lee
- Other columnists
- Television
- Horoscopes
- Time Out
- Letters
- Health & Beauty
- Food/Social Scene
- Homes & Gardens
- Community
- Classified
- Motoring
- Sport

What do you THINK of the EWN?

.....

What do you EXPECT from the EWN?

.....

What would you like to CHANGE about the EWN?

.....

How long do you spend reading the EWN?

- Up to 10 minutes
- Up to 30 minutes
- Up to 45 minutes
- One hour or more

Do you find it difficult or easy to pick up your copy?

.....

Where do you usually pick up your copy?

.....

Do you have a suggested new distribution point?

.....

You and the EWN Online

Where do you primarily get your daily news from?

- Television
- Radio
- Newspaper
- Internet

What device do you browse the internet on?

- Desktop computer
- Laptop
- Tablet
- Mobile phone
- Smart TV

What time do you normally browse the internet?

- Morning
- Afternoon
- Evening
- All day

How often do you visit the www.euroweeklynews.com website?

- More than once a day
- Once a day
- Once a week
- Once a month
- Never

Do you subscribe to our daily news bulletins to your email inbox via the www.euroweeklynews.com website?

- Yes
- No

Do you follow Euro Weekly News on social media – Select those that apply...

-
-
-
-

Q & A

Gender

- Female
- Male

How old are you?

- 18 – 21
- 22 – 35
- 36 – 50
- 51 – 70
- 71+

Status

- Single
- Married
- Separated/Divorced
- Widowed

Which other local newspapers do you read?

.....

How often do you eat out?

- Once a week
- More than once week
- Once a month
- Rarely

How long have you been reading the EWN?

.....

Do you have private health insurance?

- No
- Yes (specify).....

Have you ever used a currency exchange/money transfer company?

- No
- Yes (specify).....

Is your telephone

- Landline
- Mobile
- Both
- Name of your provider(s)

Is your mobile

- Contract
- Pay as you go
- Name of network provider

What kind of mobile telephone do you use?

- Android
- iPhone
- Windows
- Other (specify)

Is your internet

- Fibre Optic
- ADSL
- Other (specify)

How often do you use the internet?

- Regularly
- Rarely
- Never

Which social media sites do you use?

- Facebook
- Twitter
- Instagram
- Other (specify)

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WELCOME to the 2017 Euro Weekly News Reader Survey. We are continuously examining ways to further improve Spain's leading English-language newspaper and we want you, the reader, to take part.

Fill in this simple survey which will help us make decisions about the content and structure of the EWN in the future.

It does not matter whether you are a regular or casual reader, nor do you have to agree with our firm belief that we are the best. All of your opinions will help us to improve what we offer both readers and advertisers in the future across all six editions of the newspaper widely distributed each week from Valencia to Costa del Sol, as well as Mallorca and inland.

What's more, if you fully complete the survey in today's issue, which will be republished until March 23, 2017, or answer it online and send it back to us no later than March 30, 2017, then you stand the chance of winning this brand new car in our prize draw.

So what are you waiting for?

Grab your pen or log on to our website and say what you like, want to read about, and how you would like the Euro Weekly News to improve.



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Mountain rescue

By Matthew Elliott

A TEENAGE girl was dramatically rescued by helicopter heroes after collapsing from exhaustion in the Orihuela mountains.

The 19-year-old fainted near the peak of Montepinar and had to be flown to the Vega Baja hospital for urgent treatment.

The local youngster was trekking with friends on Sunday February 26 when she suddenly keeled over at an altitude of roughly 1,000 metres. The particular path was too difficult for a nearby firetruck to

“ The local youngster was trekking with friends when she keeled over.

access so a helicopter was called in.

The girl has recovered well but there are concerns over the growing number of emergency calls to local mountain ranges in recent months. Medics and firemen are rescuing hikers in Orihuela, Redovan and Callosa de Segura almost every weekend, usually due to slips and falls.



EMERGENCY RESCUES: Occur most weekends.

Pets for patients

A PATIENT in Torrevieja Hospital was allowed to fulfil one of her last wishes as she was reunited with her dogs.

The patient had asked to be able to leave the hospital to go see her dogs. However, due to her complicated health conditions she could not leave but the hospital looked for a solution and permitted her dogs to come to her.

She was taken to a courtyard within the hospital where her husband was waiting with her two beloved pooches. She spent 10 minutes with them in a surprise visit that her family said they were grateful for.

The decision to allow the animals on to the hospital grounds came just days after the Vinalopo Hospital permitted a 91-year-old Elche man to be reunited briefly with his dogs as the hospital recognised the exceptional case.

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There may be some relief ahead from the threat of *Modelo 720* sanctions for taxpayers in Spain. An EU institution is challenging the severe penalties imposed on Spanish residents who fail to declare their overseas assets correctly or on time. The requirement to submit the *Modelo 720* form, however, is not under challenge.

What has happened?

On 15th February, the European Commission gave the Spanish government a two-month ultimatum to make *Modelo 720* penalties fairer. While the Commission accepts that Spain has the right to require taxpayers to declare their overseas assets, it disagrees with the severity with which it punishes late or inaccurate submissions.

Sanctions under *Modelo 720* law include, among others, a minimum €10,000 charge on incorrect declarations and an additional 150% penalty on unpaid capital gains. In some cases, taxpayers have faced large fines for just minor errors or omissions in completing the form. With penalties being so disproportionate to those imposed for other defaults (such as late submission of Spanish income and wealth tax returns), the Commission claims it is discriminatory

Brussels looks to clip Hacienda's wings on Modelo 720



By Robert Croizat,
Senior Partner,
Blevins Franks

and in conflict with EU freedoms.

After opening an infringement procedure in 2015, the Commission has been arguing with Spain about the fairness of *Modelo 720* for the last two years. As no agreement has yet been reached, they have taken this step to force a resolution.

What happens in two months' time?

If there is no satisfactory response from the Spanish Hacienda within the deadline, the Commission will bring the case to the Court of Justice of the European Union (CJEU) to further their challenge.

While sources from the Spanish government claim they are willing to defend *Modelo 720*, they have also hinted they may potentially soften some sanctions, such as capping the fine for errors in completing the form. They also suggested a possible reduction in penalties for failing to declare assets based in EU countries or in states that have signed automatic exchange of information agreements with Spain.

What does this mean for Spanish taxpayers?

Nothing has changed in terms of the obligations to declare correctly and on time. That means Spanish residents

with overseas assets totalling over €50,000 still need to submit *Modelo 720* or face existing penalties.

While we need to wait and see how the case unfolds, it is highly likely that the authorities will maintain the *Modelo 720* system. After all, it is not the process of declaring overseas assets itself that is under question, but the penalties that are imposed. It is possible however, that the Hacienda may revise their approach to reduce the threat of such punishing fines for errors or late submissions.

If this affects you, make sure you are ready to meet the upcoming 31st March deadline for your 2016 declarations. If you have previously submitted a *Modelo 720* form, you only need to declare assets if they have grown by more than €20,000 or you have sold or closed them. If in any doubt, seek guidance to ensure you

meet your obligations.

This is also a good opportunity to assess whether you are holding your assets in the most tax-efficient vehicles for Spain. If you have investments which were set up with UK taxation in mind, you may be paying more tax in Spain than you need to. Take personalised, professional advice from an adviser with cross-border experience to get the best results.

Tax rates, scope and reliefs may change. Any statements concerning taxation are based upon our understanding of current taxation laws and practices which are subject to change. Tax information has been summarised; an individual is advised to seek personalised advice.

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Global Investment Outlook 2017. Finding reassurance in an uncertain world.

Blevins Franks has invited Ihesan Faasee of Russell Investments to discuss the current investment climate, in light of the ongoing issues around Brexit and Donald Trump's presidency, putting them into perspective for us and making sense of all the noise.

Russell Investments is one of the world's largest investment companies with £1.9 trillion of assets under advice. As a Client Portfolio Manager, Ihesan's responsibilities include working across multiple asset classes to generate and deliver Russell's investment propositions to a European, Middle East and African client base.

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NEWS EXTRA

Desert tribe

SAHRAWI activists from across the southern Costa Blanca met to demand the release of 24 Sahrawis jailed by Morocco. The Sahrawi people hail from the western Sahara and have demanded an independent state for 41 years.

Bike blooper

ALICANTE Council could lose out on half a million euros of EU funding for a new bike lane because it failed to let residents know that the cycle path was built with help from the continent.

Tourist trap

MAYORS across the Vega Baja got together to promote the region's interior beauty. Tourists will be invited to visit the many spectacular gardens and orchards which complement the fantastic beaches.

Building evacuated after garage fire

EIGHT people were treated by Red Cross volunteers and paramedics and a building had to be evacuated in Aguilas, after a fire broke out.

The fire originated in the garage of the building and caused damage to two cars, according to the Emergency Co-ordination Centre of Murcia.



Residents were found trapped on their balconies.

Firefighters were first warned of the blaze by a neighbour on the third floor of the building, located in Calle Blas Rosique Blaya in the town, reporting the intense plume of smoke.

Fire crews, Red Cross, Lo-



UP IN SMOKE: Two cars were damaged in the fire.

cal Police and ambulance crews were dispatched to the scene as residents were found trapped on their balconies, prompting police to

evacuate the whole building.

Of the eight people attended to, two were transferred to hospital for smoke inhalation.

Vet on trial for wife's murder

THE trial is underway this week of the vet accused of killing his wife at their veterinary clinic in Benijofar in 2013.

Prosecutors are calling for a sentence of 15 years imprisonment for the man.

According to the prosecution, the alleged killer and his partner, aged 46, stayed at the clinic one night to care for an animal. It was during this night that he is accused of beating his wife to death, dismembering her and then loading her remains into his car where they remained for several days until he contacted the company which disposed of animals who had passed away at the clinic, to come and take the 'remains' for cremation, claiming they were a dog.

A few days later the vet presented himself to Almoradi Guardia Civil with the ashes of his wife saying he had found his wife dead inside the veterinary clinic. He claimed she had taken a massive overdose of medication and he couldn't revive her. He then told officers he cut up the body and took the remains to an animal incinerator for cremation. He had also calmly hung a sign up outside the vets reading 'closed due to illness.'

Reports at the time, also suggested the vet dismembered his wife after she died during a botched DIY liposuction procedure he carried out at the clinic.

The crime shocked the small village of Benijofar with locals and neighbours saying at the time they thought the couple had a solid relationship. They said the business appeared to be going well and since opening in 2007, had built up a solid base of Spanish, British and German clients. The wife helped in the pet shop and with the dog grooming services as he performed the surgeries. Their eldest daughter also helped out and their son was also studying to be a vet.



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9 important things that you should know ...when buying a property through the Spanish Courts

CAN I BUY A PROPERTY THROUGH A COURT AUCTION?

Yes, normally you can buy properties that have been repossessed by a bank or a third party.

WHAT DO I NEED?

In Spain it is advisable to employ a lawyer and a court runner to represent you through the auction process via a power of attorney.

- 1** If you are interested in a specific property that is being repossessed, you will find them published through the Court Public Information Board. Remember that information on the property will be limited.
- 2** If possible ask to see the surveyor's report if one has been submitted.
- 3** Check how much outstanding debts are against the property.
- 4** The deposit on a property in a Court auction is typically 5% of the auction price.
- 5** An offer can be made on a property, however it is down to the courts to accept any offers made. This will depend on the type of property (main residence of the debtor or not) and the outstanding debt against the property.
- 6** If the main creditor is awarded the property, he could transfer his rights to a third party with the Court's approval and avoid a further conveyance.
- 7** Once your offer has been accepted, you must pay the total amount in the 40 working days immediately after the auction. If you don't, you could lose your deposit.
- 8** You will be able to register the property and pay the Transfer Tax, as soon as the Courts provide the title.
- 9** You may petition the courts for possession of the property before it is registered. However the transfer taxes must be paid beforehand.

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Fighting for a chance

ALTOGETHER 602 people, including five women, are undergoing tough tests in Murcia this week hoping to be chosen to fill one of 30 firefighter positions up for grabs.

The council reported that the group, who all passed the initial tests, will be required to pass a series of physical resistance, speed and swimming tests plus psychological examinations.

Those chosen will go on to take part in a formal training programme.



VALENCIANO: The required qualification must be obtained.

Teachers who forgot to do their homework

THOUSANDS of Valencian Community teachers could lose their jobs if their Valenciano isn't good enough.

The four years' moratorium on attaining at least CI level in the Intermediate grade in the language ends in September. According to the CSI.F and UGT unions, at least 5,000 of the region's teachers at schools and high schools still lack this qualification as do 3,000 in Formacion Profesional vocational schools.

The majority come from Alicante Province and work in solely Spanish-speaking areas, the unions said.

The Valenciano requirement affects supply teachers as well as those established in permanent posts.

Supply teachers would be the first to go, excluded from the pool of available teachers. Those on permanent contracts would have to remain in their current post, unable to seek posts elsewhere until they possess the required qualification in Valenciano.

The regional government's Education Department is not prepared to cede. The Llei d'Us passed in 1983 regulates citizens' rights to use Valenciano and the legal obligation to ensure that these rights are observed.

Exceptions should be made, the unions insisted. "Teachers aged 55 or more who lose their jobs would have very little chance of finding another job," objected UGT's Javier Gonzale Zurita.

NEWS EXTRA

Voting rights

AROUND 30,000 Ecuadorians living in the Murcia region were able to exercise their right to vote in their country's general elections with polling stations set up in Murcia, Cartagena, Lorca and Jumilla.

Yecla fire

FIRE crews raced inside a burning property in Yecla, Murcia, to look for one of the daughters living there as she could not be located. Ruling out she was in the house, the fire was extinguished. She was later found by Local Police.

Worker's death fall

A WORKER, aged 39, died after falling down a slope in a quarry in Algueña, Alicante. Paramedics were unable to save his life.

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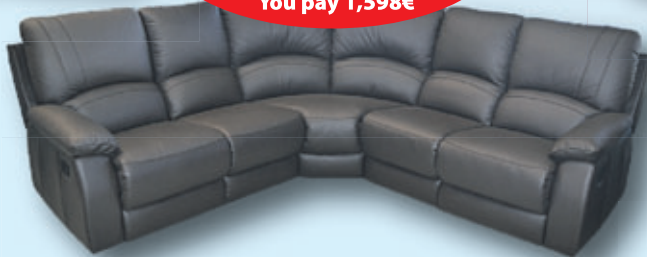


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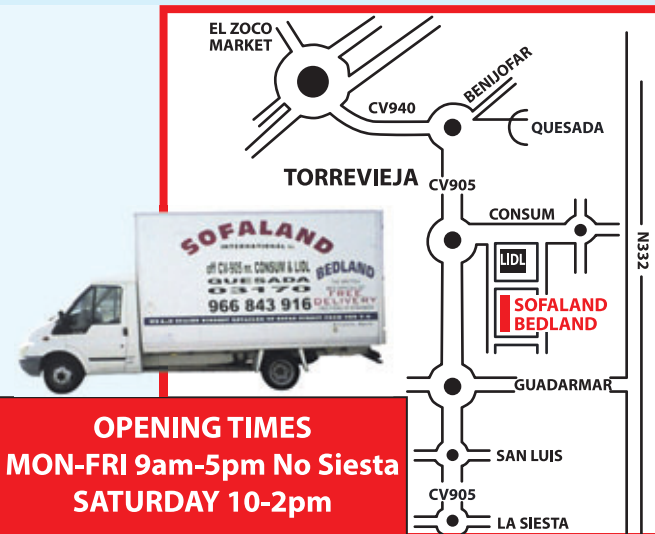
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Thieves in disguise

A GANG of thieves has been arrested in Madrid accused of robberies in the capital as well as in Alicante and Barcelona.

The group checked out their targets in the days leading up to the robberies by disguising themselves as telephone or alarm technicians,

using fake ID cards to gain entry. Under the pretence of carrying out maintenance, once inside the property or office, they were able to study in detail the type of alarm system in place and locate the safe. They were then able to return at a later date, break in and steal cash and valuable items.

The group has been elusive for some time. The police operation began in April 2016 following a robbery at a publishing company in Madrid where the thieves stole €20,000 in cash from a safe. Investigations revealed that one of the crooks had visited the premises days before the theft posing as a technician of a telephone company.

Officers were then led to Barcelona where similar crimes were being carried and then Alicante Province, with the gang believed to be responsible for five robberies throughout 2016.

The National Police remind homeowners and office workers to be wary of technicians that turn up without warning and advise that you check their ID with the company they claim to be working for before allowing them inside.



BE WARY: Of technicians and check ID.

Man rescued from the flames

By Eleanor Hawkins

A COBBLER had to be taken to hospital after being rescued from the flames when his Elche workshop caught fire earlier this week.

“The cobbler initially tried to put the flames out himself but they spread quickly.

The fire is believed to have started in a mattress inside the workshop, where the 66-year-old man lived and worked, and completely destroyed the ground floor premises on Calle Capitan Alfonso Vives.

The cobbler, emergency

services reported, initially tried to put the flames out himself but they spread quickly and the amount of smoke stopped Local Police officers, the first to arrive at the scene, from entering.

Instead, they lowered a blanket soaked in water via the interior patio from a window above and advised the trapped man to lay on the floor underneath it to wait for the fire brigade.

Minutes later fire engines from Elche and Creventill reached the workshop and managed to rescue the cobbler by climbing down into the patio. Paramedics treated him for smoke intoxication and burns to the face at the scene before taking him to hospital by ambulance for further attention.

NEWS EXTRA

Prince found

A MISSING dog has been reunited with his owner after being found in the streets of Santa Pola. Prince, a Chihuahua, had been missing since December last year until police managed to track him down.

Smart lessons

SMART classrooms in Murcia will offer training courses, workshops and seminars to residents. A network of 58 free classrooms will be available in the neighbourhoods and districts of the city.

Conscious planting

PRIMARY pupils from Santa Pola spent a day planting native trees and shrubs, resistant to drought, in the natural areas of the municipality.

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Dog fighters arrested

A GANG of dog fighters has been arrested in the Vega Baja.

National Police dismantled the group and arrested five people in Almoradi, Crevillent and Rojales with more than 50 dogs in their possession used for fighting.

The arrests were part of a wider operation carried out in Madrid, Murcia, Tenerife and Alicante with police saying they believe they have avoided the death of some 230 animals from the fights.

The illegal fights were organised by a group that supplied anabolic steroids to the dogs, with the fights being partly financed through the trafficking of drugs. In Alicante Province, as part of the investigation, around 350 marijuana plants were recovered as well as €20,000, a gun, drugs for doping, four high-end vehicles and three motorcycles.

The detainees in Almoradi, Crevillent and Rojales are aged between 25 and 45 and two of them have now been released on probation.



ILLEGAL FIGHTS: Were organised by the group.

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MOUNT BENACANTIL: Alicante.

Moonlight hedgehog hunters

By Matthew Elliott

RESEARCHERS are set to embark on the mammoth task of counting all the hedgehogs in Mount Benacantil, which dominates the Alicante skyline. The unusual census is expected to take at least a month and will involve nighttime crews searching for spiky mountain dwellers with flashlights and GPS.

Hedgehogs are notoriously secretive animals and it will be a painstaking ordeal distinguishing the hundreds of nervous individuals that call the Costa Blanca home.

The research is being conducted by the ecology department at the University of Alicante and is the first of its

“ Hedgehogs are notoriously secretive animals.

kind in all of Spain.

Specialists hope to get an idea of hedgehog numbers across the Costa Blanca to help protect them. European scientists have warned that hedgehog populations are falling across the continent as their habitats are destroyed and replaced with dangerous roads.

They also want to deepen their understanding of hedgehogs, which have flown under the scientific radar for so long.

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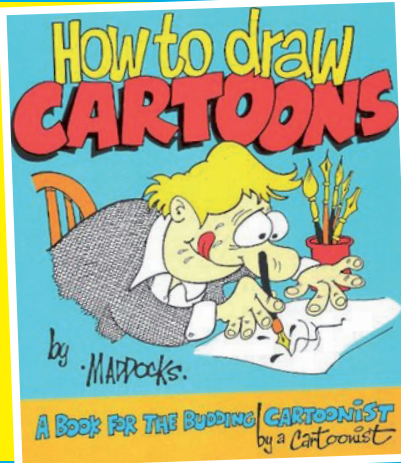
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More parking promised

By Eleanor Hawkins

MURCIA City Council has announced a project to alleviate the lack of parking in the San Anton district.

The new, free parking zone, which will include 180 spaces, is to be created on 1,700m² of land handed over to the city by the State Roads Department last year. This site is that of an old motorway access road which fell into disuse after the Plaza de Castilla tunnel was opened.

The infrastructure, Councillor Lola Sanchez explained, will serve to meet residents' demands for more free parking as there are many residential areas and public buildings in the area but no public underground car parks and very



SAN ANTON: There is little parking on the streets.

little in the way of parking areas on the streets.

The project has a €254,923 budget and is expected to take six months to

complete. However, as the council has yet to officially approve the 2017 municipal budgets, there is no set date for work to begin.

Working in the family business

A MINOR has been arrested for allegedly being part of a gang that was involved in cocaine trafficking.

Guardia Civil arrested the 15-year-old, along with four

adults, for being members of a criminal gang that was dedicated to trafficking the drug in Novelda, Elda, Monforte del Cid and Alicante.

Officers found €72,500 in

cash, two vehicles and numerous mobiles and electronic devices. The operation was launched last September as police became aware of a drug gang operating in the area.

Those arrested, of Spanish and Italian nationality, are charged with offences of drug trafficking, belonging to a criminal organisation and money laundering.

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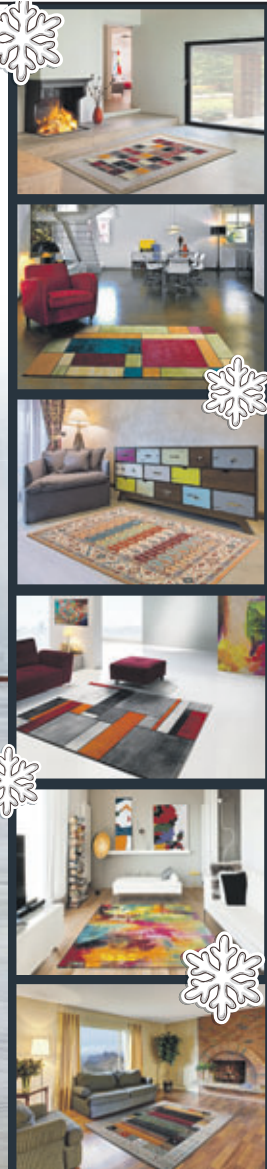
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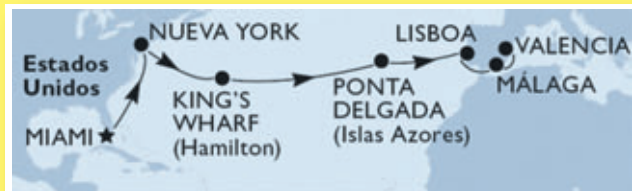
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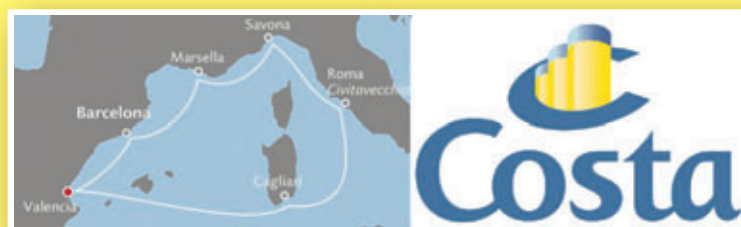
Date	Port	Arrival	Departure
08.03.18	Miami	-	20.00
11.03.18	New York	08:00	-
12.03.18	New York	-	18.00
14.03.18	King's Wharf, Bermuda	09.00	-
15.03.18	King's Wharf, Bermuda	-	18.00
20.03.18	Ponta Delgada, Portugal	08:00	-
21.03.18	Ponta Delgada, Portugal	-	13.00
23.03.18	Lisbon	09.00	23:59
24.03.18	Lisbon	00:01	06.00
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Lord Heseltine to fight another female PM, now over Brexit



BREXIT PAGE

By John Smith

FAMOUS as much as anything for resigning from the Cabinet after a massive disagreement with Margaret Thatcher, Lord Heseltine is now leading a revolt against Theresa May in the House of Lords.

In an article published in the *Mail on Sunday*, Heseltine, a media baron in his own right, has thrown down the gauntlet over the bill to allow the government to trigger Article 50.

Allied with rebels from all parties in the Lords, he will be leading a challenge to amend the

White Paper in order to shackle the government so that Parliament would have the right to veto any proposed agreement presented by Mrs May and also to stop her from simply walking away and triggering Article 50 anyway.

His argument is that following the Supreme Court ruling, it is Parliament in the form of MPs and peers who have the authority to make the final decision on the Brexit terms and goes on further to suggest that if the European Parliament and those of the 27 other member states can have their say, it is unthinkable for the British Parliament not to be



able to have any right of disagreement.

Clearly the government and supporters of Brexit are not in favour of any opposition to the proposed Bill and have immediately accused the Lord and his followers as being 'bad losers.'

LORD HESELTINE:
Leading a revolt.

The cost of Brexit

AS a war of words is fought in Parliament over the terms for approving the triggering of Article 50 and the ability for it to throw out or try to amend any 'agreement' reached between Prime Minister May and the EU, watchdogs are questioning expenditure in the referendum.

The Electoral Commission has revealed that it is questioning the veracity of financial returns not just from the major lobbyists from the Stronger In and Vote Leave campaigns but also paperwork submitted by the European Movement, Labour Leave, UKIP, LibDems, Conservatives In and at least one individual donor.

The difference in expenditure between the main sides, appears to reflect the difference between the Leave and Remain votes, with Brexiters reporting a spend of £16.4 million (€19.24 million) against the Remainers spend of £15.1 million (€17.71 million).

What appears to be emerging is the fact that the financial returns from almost every pressure group involved in the Brexit campaign are incomplete and although there is no evidence that any offence has been committed, the commission is anxious to ensure that monies expended are both accountable and in accordance with regulations.

They have made it clear that the public deserve to be able to see that the money used was in accordance with the rules issued and if not then legal action may be taken against those who have not complied with the regulations.

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Illegal smuggling of exotic animals

By Matthew Elliott

SEPRONA, the Guardia Civil agency charged with protecting animals and the environment, has been forced to shift its focus to the illegal smuggling of exotic creatures to the Costa Blanca South.

The change comes after two monkeys were found trapped in a suitcase at Alicante-Elche airport, brought all the way from Equatorial Guinea.

Rare birds of prey illegally held in a Santa Pola clinic and 11 dogs forced to breed on a ship off the coast of Elche are other notorious incidents in recent months.

Seprona has now enhanced its surveillance of animal centres and clinics across the Costa Blanca. They are also raising awareness among lo-



SHIFTING FOCUS:
Seprona has enhanced surveillance.

cal residents, urging them to call the police if they suspect exotic animals are being illegally traded.

The force has a huge vari-

ety of challenges. Seprona agents combat dumping, pollution, animal trafficking, poaching, illegal fishing, and forest fires.

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Photo Credit You Tube

UP IN ARMS: The PP's Luis Barcala.

A new whodunit

THE Partido Popular (PP) party in Alicante is up in arms over a Catalan flag on the municipal tourism website, and has demanded explanations.

The flag appeared by mistake on the button to change the language to Valencian and has now been removed, however it has sparked a heated political row.

PP spokesman Luis Barcala demanded clarification and hinted that the incident

could well have been part of a plot to force Alicante to accept and display Catalan symbols and signs.

Socialist Tourism Councillor Eva Montesinos was quick to hit back, claiming that the flag had been there for four years (since times when PP was in power in the city) and said therefore it was the PP party which should explain exactly why they put it there.

172 people attended to during carnival

CARNIVAL night in Alicante ended up with 18 people being treated for alcohol poisoning.

The Department of Security of Alicante City said despite more than 40,000 people being concentrated in the city for the carnival celebrations, the event went without serious incidents.

According to Councillor Fernando Marco, the security operation was handled "very well" and the night passed with "normality and without any serious incidents."

The civil protection volunteers carried out 172 interventions together with the Local Police of Alicante, of which 40 were for health care including alcohol poisoning, cuts and bruises and dizziness.



CARNIVAL: The security operation was handled well.

Thirteen minors were also assisted to by Local Police who had become separated from their parents.

According to the town hall of Alicante, 171 officers

and 50 civil protection volunteers were on duty in the area covering the carnival, working from various command posts to dealing with health care issues.

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NEWS EXTRA

Lucky lotto

A ONCE winning lottery ticket was sold in Plaza Campoamor in Pilar de la Horadada with 10 tickets of the number 58082 sold each winning €35,000.

Top turnout

MORE than 800 athletes took part in the eighth Cross event in Dolores which saw participants tackle the 5,400m cross country run across natural terrain.

Gender violence

CREVILLEN has hosted a lecture for parents and educational professionals on how to detect gender violence amongst adolescents. The talk was part of the town's programme on preventing gender violence and male chauvinist violence.



EMERGENCY ACTION PLAN: Lola Sanchez (centre) announced the project.

Earthquake risk study

MURCIA will be spending €127,050 on an emergency action plan to deal with possible earthquakes, the council has announced.

Security councillor Lola Sanchez reported this week that the council has agreed to put the project out to tender and that the company which is awarded the contract must have staff qualified in physics and geology and the latest in technology.

Expected to take 30 months to draw up, the plan will determine the existing earthquake risk, discover the likely behaviour of the earth in the case of movement, estimate the

vulnerability of buildings, establish organisation and procedures in the case of an earthquake, public information procedures, intervention and damage evaluation measures and response to emergency situations.

The study will be done in four phases following the grade of vulnerability and recommendations of the Regional Seismic Risk Analysis. The first area includes Murcia City and its surroundings, the second the southern coastal areas, the third the Vega del Segura and northern area and finally the inland areas.

Decline in flu cases reported

CASES of the flu in Murcia appear to be on the decrease.

In the seventh week of this winter's flu season, from February 13-19, there were 1,550 cases reported according to data from the Epidemiology Service of the Ministry of Health. This number represents 305 less new patients than the previous week.

The peak of the epidemic this season was reached

in week four with 2,100 cases, although the intensity of the flu epidemic has been lower in comparison with previous years.

Expecting the flu epidemic, the Murcia Health Service activated in December a set of specific measures to cope with the increase in care that usually occurs during the flu season, including more resources, staff and hospital beds.

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NEWS EXTRA

Legal test

THERE are 135 aspiring lawyers in Murcia who sat the professional aptitude test to continue their studies. The Ministry of Justice reported over 5,000 people sat the test nationally.

Museum expansion

MURCIA'S Museum of Science and Water will be expanded and remodelled and urgent repair works to fix leaks and other problems will be carried out. Plans will also include enhancing its riverside location.

Dirty rain

A CLOUD of Saharan dust covered the province bringing with it dirty rain, a phenomenon sometimes known as 'rain of blood,' with the reddish dust covering cars, windows and paths.

More money for tourism promotion in the province

THE tourism aid budget for the Costa Blanca has increased by 58 per cent to almost €1 million.

The Costa Blanca Board of Trustees and the Diputacion of Alicante, has increased the money available to help promote tourism and assist municipalities and associations in the province of Alicante.

Aid will be available for plans and initiatives that aim to promote the area and help position it as a worldwide destination.

The President of the Diputacion de Alicante and the Costa Blanca Patronage, Cesar Sanchez, and the vice-president and deputy of Tourism Promotion, Eduardo Dolon, announced details of the aid at the MARQ Archaeological Museum of Alicante, which was attended by more than 200 people, including mayors, councillors and repre-



CESAR SANCHEZ: Announced details of the aid.

sentatives of the province's tourism sector.

Sanchez stressed the interest of the provincial government to reach all municipalities, especially those of smaller population, to collaborate with them in the promotion of their tourism offerings. He also pointed out that they want to

help promote local festivals: "Many of the celebrations that happen in our area are carried out outside the high season, so we are aware of the importance of working to promote these types of events that allow us to keep the arrival of tourists throughout the year

and consequently, to retain the jobs."

The offering of these grants exceeded all expectations last year with 129 municipalities and 160 non-profit entities entering projects and applying for aid, which is why the budget has been increased this year.

Passenger satisfaction check

ALICANTE-ELCHE airport is installing a service to check the satisfaction of passengers.

Around 30 devices will be put in place around the terminal to assess customer satisfaction and the quality of the services. These will be equipped with four colour buttons that will determine how happy someone is with security, luggage collection and the toilets among other areas.

The interactive surveys using the 'Happy or Not' method are known to attract high levels of participation with users simply having to press one of the coloured buttons.

The results will allow the Aena management team to know exactly the feelings of passengers and see areas that need improvement and help them decide on the actions to be carried out in the future.

Similar interactive service quality surveys are currently being used in other airports such as Madrid, Barcelona-El Prat and London-Heathrow.

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Addiction awareness amongst youngsters

ELCHE is reaching out to the city's secondary schools to tackle technology, online poker and betting addictions.

The Community Prevention Unit for Addictive Behaviours (UPCCA) is a municipal service whose main objective is prevention in the field of addictions and it will reinforce its action within the school environment with two new programmes aimed at raising awareness of betting, mobile, video games and internet addictions. These programmes will be

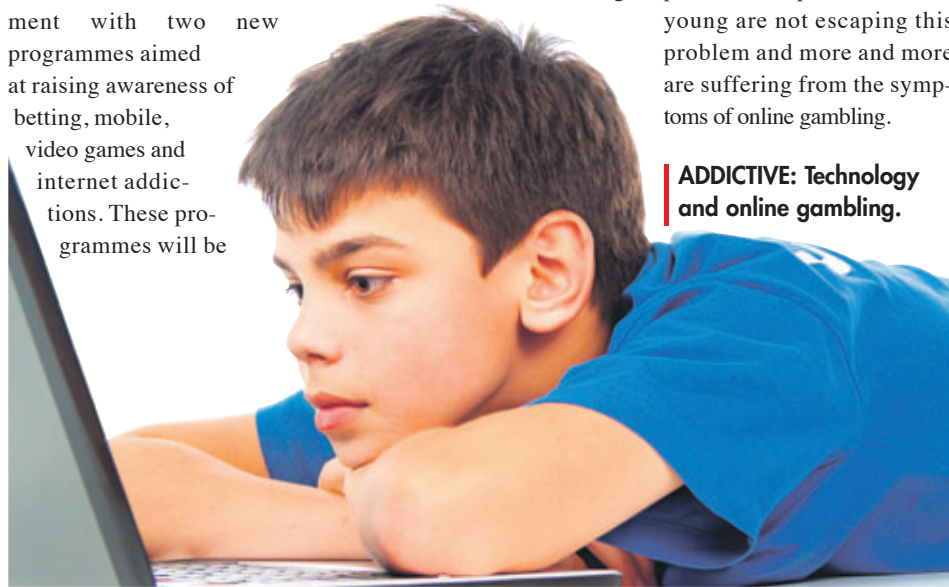
taken to six schools in Elche, after being created and developed by the Faculty of Psychology of the University of Valencia, in collaboration with the Department of Health, to help youngsters and warn of the signs of addictions.

The widespread use of mobiles among adolescents is making

it one of the fastest growing addictions in the young population with many unable to put it down or stop checking their social media pages.

Since the approval of online gambling in Spain in 2011, cases of addiction to gambling have also risen among those under 26 years of age from 3.8 per cent to 16 per cent. Elche's young are not escaping this problem and more and more are suffering from the symptoms of online gambling.

ADDICTIVE: Technology and online gambling.



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OVERNIGHT STAYS: In the city have increased.

Good start for Murcia's hotels

MURCIA'S hotels began the year with their best figures for overnight stays.

Figures just released show that January registered an increase of 13.5 per cent compared to the previous year, the highest year on year increase, generating 43,928 overnight stays in the city.

Hotels across the region hosted 68,367 tourists in January, 4.3 per cent more than in

the same period of 2016.

Director general of the Institute of Tourism, Manuel Fernandez-Delgado, said: "These are the best figures registered in the capital of the region for this month, thanks to the action of the Strategic Tourism Plan developed by the Regional Government that includes initiatives such as the promotion of sports tourism, city breaks and the promotion of products linked to

leisure, gastronomy and culture." He added: "The city currently has more places than ever with 4,500 rooms distributed in 38 establishments, of which almost half corresponds to four star hotels."

The average room rate in January in the region's hotels was €56.68, €3.87 more than in the same month of 2016, showing an increase in the hotel's profitability.

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Most people know Vivienne Shepherd as the owner of Quesada Fitness Gym, however following a successful 12 year career in optics, in the mid eighties Vivienne returned to study for a totally different career. By 1992 Vivienne had established her own limited company as an IFA, the first female in the UK to be specialising in all aspects of investment, trusts, personal and corporate pensions. Vivienne's strategy was always one of safety first for her loyal client base.

Vivienne Shepherd Ltd was sold to the Perspective Group in 2012, with Vivienne remaining as a consultant until 2014 to ensure a smooth transition. When she moved to Spain permanently in 2013 she was very concerned about the qualifications of advisers, compliance issues and investor protection within the greater part of the financial industry there and it took her several months to find a firm to use to transfer her's and her husband's UK pensions to a professional QROPS provider in 2014. She wanted a secure investment option, as their risks were now being taken in building and running the gym.

Vivienne selected a fixed interest option, the Alliance Capital Asset Managed Guaranteed Bond for both of their pensions, with a 9 year fixed rate of 9%. When she received their third annual statements this January, the values confirmed this investment had done exactly what it said it would do. Throughout her career Vivienne never recommended a fund to her clients that she had not invested in herself.

The Alliance 33+ Fixed Interest Savings Bond is available as a simple lump sum investment as well as within a pension. The minimum term is 5 years and interest is paid annually at 6% (minimum investment 10,000 euros/dollars/pounds) or monthly at 5% (minimum investment 50,000). Mybestbuysavings were awarded the 'top fixed interest broker' by the AGI Insurance Group in 2016 for this product.

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Commencing Wednesday 8th March and for 4 weeks thereafter there will be a forum at Quesada Fitness Gym between 13:00 and 15:00 where any further queries can be answered. Verification of identity will be required.

Call 865774577 to book to attend and leave a contact number and email address or email quesadafitnessgymboxing@gmail.com

It is important to note that Mybestbuysavings does not give advice and will never contact a client directly to transfer funds. Should a potential client ever receive an email or telephone call from someone purporting to be an agent then this must be reported immediately as it would be an illegal fraudulent activity. The only agents that are permitted to act as an intermediary introducing to Mybestbuysavings are named on the leaflet produced by the company, following the relevant certification and authorisation.

Calls to use abandoned building

SANTA POLA wants to unblock the project of the Sanyres centre and convert it into a usable centre for the municipality.

It has been more than three years since the elderly residence centre, which was

opened by the Sanyres company and then later managed by Solimar, was closed. The company claimed at the time that it was not viable to maintain

the centre due to the decrease in the number of private residents.

The city said there was a number of possible uses for the premises such as an ear-

ly years childcare centre, health centre or to relieve the saturated civic centre.

However, the Consell would need to take charge of the repair and acquisition

of the abandoned building. Taking into account its current state of disrepair, renovations would amount to around €2million which the Consell is currently unable

to commit to.

Santa Pola is also calling for extra budgets to support and enhance the services for disabled people and an anti-drugs office.

Budget plans

CREVILLENT is to inject €210,000 to finish the north sports centre.

The money will have to wait until the approval of the budgets at the end of March, but it is hoped it will then finally get the centre completed after work was paralysed in 2016 as it waited for the Consell to authorise the modification of the initial project that tries to correct defects and deficiencies that were detected. This included changing the retaining walls and improving the running track.

This budget allocation for the sports centre is one of the major items included in Crevillent's budget for this year. Other projects include €99,744 for work on the municipal cemetery, adding new niches and restoring those in a poor condition.

The La Purisima nursing home will see an investment of €95,000 to improve access, security and internal communal areas. During the summer, €80,000 has been budgeted for school works and maintenance and the Local Police will receive two new cars.

Another €40,000 has been earmarked to improve pavements, making them more accessible for people with reduced mobility.



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NEWS EXTRA

Reduced sentence

A MAN who beat his girlfriend in the doorway of her home in Sant Joan d'Alcant, has had his prison sentence reduced from two years to nine months.

Long wait

ALMOST seven years after work started the indoor swimming pool and running tracks of El Campello have been finished. The management contract must now be awarded.

Month out

ORIHUELA midfielder Pruden is out of action for the next month due to injury. The 22-year-old who arrived in the winter market, has a suspected torn quadriceps.

Agriculture 2.0 for future survival of the industry

AGRICULTURE of the 21st century. That is what Alicante Province needs to ensure the survival of a sector which maintains more than 100,000 jobs, and that is what the province is working on.

The Agricultural Experiment Station of Elche held a technical day to show the workings of the evolution of the artichoke crop, one of the most important vegetables of the Vega Baja. Elche has been working on hybrid varieties and carrying out seed research to try and obtain artichokes year round rather than them just being a seasonal crop.

The Valencian Institute of Agricultural Research is also working on several environmental projects to

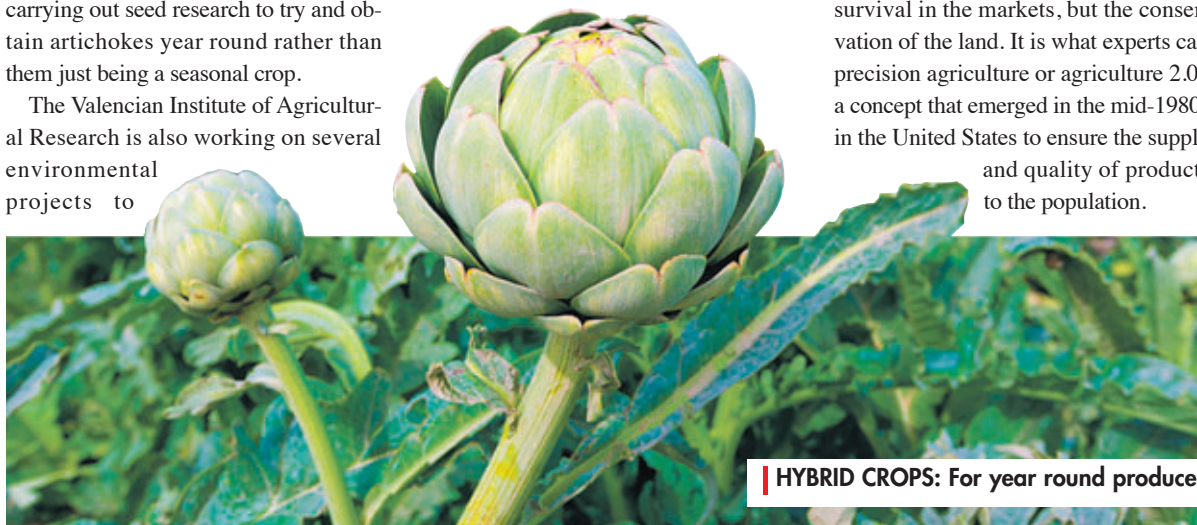
ensure a more sustainable agriculture over time. In this regard, developments mean they have already been able to produce mandarins and nectarines adapted to drought conditions.

The Generalitat is also participating in several European projects to combat pests, working on non-polluting practices that aid the environment and meet the demands of consumers who are calling for more environmentally

conscious produce.

Projects are also in place analysing and researching ways of reducing water consumption, the use of chemical pesticides, making crops more resistant to dry cycles and the use of aerial and ground drones allowing farmers to observe in real time their harvest from the air.

This technological and biological revolution aims to guarantee not only its survival in the markets, but the conservation of the land. It is what experts call precision agriculture or agriculture 2.0, a concept that emerged in the mid-1980s in the United States to ensure the supply and quality of products to the population.



HYBRID CROPS: For year round produce.

Investigation of PP mayor

THE PP Mayor of Benejuzar, Antonio Bernabe, is being investigated over an alleged electoral crime.

The Orihuela Court of Investigation has opened proceedings to investigate an alleged purchase of votes by members of the electoral list of the Popular Party to neighbours of the municipality who were recipients of social aid.

The complaint was lodged by the Socialist group after video evidence showed voters receiving social assistance being accompanied to vote. In many cases the people assisting them were directly linked to the PP party of Benejuzar, prompting concern by the PSOE opposition.

Questions have also been raised over the number of postal votes. In the town, almost 13 per cent of the electoral roll made a postal vote in the last municipal elections, a percentage much higher than the national average of 1.5 per cent.

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We hope the information provided in this article is of interest.

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Murcia's brand headed stateside

MURCIA is taking a selection of its gourmet products to the USA to look for new business opportunities.

The region, through the Institute of Development, will take products such as wines, cheeses, preserves, spices, olives and oil to the west coast of America as part of a trade mission expected to take place in April.

The Minister of Economic Development, Tourism and Employment, Juan Hernandez, highlighted the importance of such trips to help regional companies succeed in their internationalisation plans: "Trade missions are an important tool to identify new markets and potential sectors for the region's products."

For this trade mission, California and Texas have been selected, in consensus with the participating companies, given their economic potential and their high consumption of gourmet and ecological products."

Hernandez added: "The gourmet market in the United States has experienced record growth in the last year" and the region's exports to the USA have also increased by 92 per cent in the last five years: "The opening of new markets and sectors is part of our strategy of diversification of exports, a strategy in which companies such as those involved in this mission play a crucial role, acting as ambassadors of the region of Murcia."



DORMOUSE: Just one of the animals rescued in Torrevieja last year.

Wildlife recovery

THIRTY-FOUR specimens of wild and exotic animals were rescued in Torrevieja last year.

The council reports that most of the animals were birds, especially seagulls or protected eagles, but also included a python, owl, swarms of bees and even a dormouse.

Councillor for the Environ-

ment, Fanny Serrano, has taken stock of this work carried out in 2016 by municipal teams, reporting that 32 specimens were rescued, five more than the previous year. Most were taken to the Wildlife Recovery Centre.

The councillor reminded residents that in order to ef-

fectively assist animals that are in trouble, it is necessary to call 112 whenever it is an animal stranded in the sea, such as turtles and dolphins, in order to activate the emergency protocol. In all other cases, contact the Local Police on 092 or the Zoological Centre on 670 027 853.

Removing all signs of corruption

THE council of San Fulgencio has removed 10 plaques that were in public spaces and contained the name of the former mayor Trinidad Martínez and councillor Mariano Martí.

Mayor Carlos Ramirez

said he was required to do so by law as both had been convicted of corruption.

The 10 plaques were located in the headquarters of the Local Police, the Cardinal Belluga Cardinal Theatre, the Music Centre, Civic Centre

and football field facilities. There were also some located around the different urbanisations, such as those placed in Paraje del Oasis, Municipal Emergency Centre, Social Centre, Tourist Office and sports facilities.

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Residents in training

ALICANTE'S University Hospital of Sant Joan d'Alacant has been chosen by the European Anaesthesia Society to train residents. It will become one of the five national centres recognised to provide this specific training to residents.

The Alicante headquarters will have the second highest number of registered trainees, behind the centre of Madrid,

with a total of 30 residents who are interested in learning more about anaesthesia and the techniques.

Trainees use cadavers which are embalmed in such a way that they remain as close to a real patient as possible. This will give residents the accurate and necessary training needed to be anaesthesiologists.

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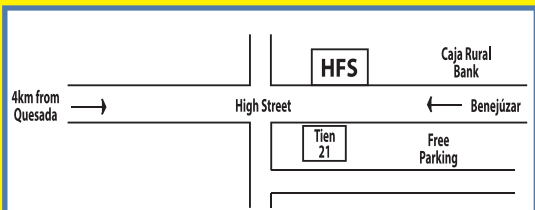
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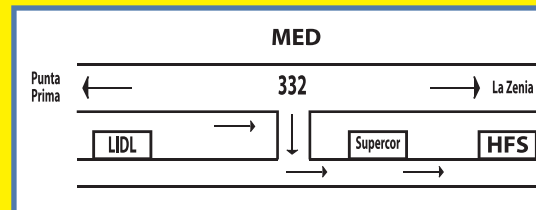


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NEWS EXTRA

Sweet music

BANKIA is offering scholarships totalling €300,000 to students of music schools. It is reported that 208 students from Alicante Province will benefit from the grants of up to €500 each.

Double degree

AN international double degree in law has been approved by the University of Alicante, linking the UA with the University of the Vale do Itajai in Brazil.

Trucker died

A DRIVER died on the A-7 in Lorca after his truck overturned. The truck was containing caustic soda with fire crews neutralising the hazardous load that had spilled onto the road.

55,000 to benefit from help from Food Bank

THE Food Bank, along with the Red Cross, have just received almost two million kilos of food from the European Union. This will be distributed until the end of April to around 200 associations of Alicante Province, which in turn will get the food out to around 55,000 poor people.

Although there are still a serious number of people struggling, the figure has fallen in recent years, partly because of the slight economic recovery, but also because the European Union has required for the last two years that every person who receives food from these entities provides a social report outlining their situation.

The Food Bank will start distributing food this year to people who do not have the means to pay gas or electricity bills and therefore cannot prepare



RED CROSS: Have worked alongside the Food Bank to distribute almost 2m kilos of food.

food so for the first time, consignments of cans of cooked vegetables, such as beans and chickpeas will be available.

A shipment of frozen rabbit has also been received and at the moment "it is being studied for distribution among those who can prepare meals and we

are consulting all the Food Banks to see if they can store it," said Juan Vicente Peral, director of the Food Bank of Alicante. Also in the case of children, the variety of products is extended to greater cover their nutritional needs.

This consignment of food is

the last one corresponding to the 2016 campaign, which has seen around five million kilos of food given to the needy.

This programme is co-financed: 85 per cent by the European Fund for the Most Disadvantaged and 15 per cent from the national budget.

Helping families

ELCHE has opened up the application process for aid to help pay for the IBI property tax.

The town hall has increased the amount of aid available from €300,000 last year to €600,000 this year.

They have also opened up the grants to victims of gender violence and have simplified the documentation to be submitted.

With these extensions, it is estimated that between 3,000 and 4,000 families could benefit from aid of €100 and €150 for families with dependents. These amounts could even be collected before the end of the IBI payment period in October, with the main registration period running until March 15.

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'Final challenge' for cancer boy Leo the Lion



THE countdown for cancer-fighter Leo the Lion's proton beam therapy in Oklahoma has started. But his family have faced some agonising decisions as the treatment plan is formulated with the medics.

After originally flying from his home in Almeria to the UK for his fourth brain tumour operation, four-year-old Leo Bermejo is now in the States for the next stage of his journey.

It's just two weeks since his surgery at the Alder Hey Children's Hospital on Merseyside.

Leo and his mother Karen, sister and gran flew from the UK to America with Virgin Atlantic who offered the family a complimentary upgrade to premium economy. Once on the flight the airline offered to transfer them to first class but the group felt more at ease in their original seats.

Since arriving in the States the family have had a chance to relax a little and get to know their new surroundings as well as shop.

Mum Karen has had a meeting with oncologists at the proton beam clinic to decide the best way forward with Leo's treatment plan.

The team at the clinic have been in contact with Alder Hey and the experts all consider the best plan for Leo is to receive just the focal proton therapy.

So the beam will only radiate the tumour bed with an additional margin. According to all the test results this is the area where the disease is focused.

If Leo received full brain and spine the advantage of the proton to the conventional radio would be that his organs would not get damaged and his spine growth would not be as badly affected which are major benefits with proton.

However, as the full brain is still being radiated then the sensitive part of the brain which controls the learning would be destroyed.

Basically Leo would not progress any more than now with his speaking and understanding.

He would probably not be able to do a lot of little things on his own which we all take for granted.

So the decision is basically reducing the chances of a cure but Leo gets to progress, learn and be as close to a normal child as is possible. Live a real life.

Mum Karen said, "We know this monster is deadly that keeps coming back in Leo's head and if he is going to be defeated by it then he needs to have whatever life he has left to be enjoyable.

"Hopefully it is a long long life ahead of him and he will have a chance to grow up to be a man."

With the focal proton Leo will not be any more damaged as he already is, but he may have a patch on his head with permanent hair loss. That is it.

Karen added, "To be honest, the doctor didn't seem that positive but I did expect that as the situation is pretty bad, he just said that we can all just hope that it is a sub type of PNET that responds well to radiation, and again the chances of this being a cure are not 100 per cent. Anything is possible. And Leo is our little miracle; he keeps proving all of the doctors wrong, so this is his final challenge.

"The doctor also agrees that Leo should have oral chemotherapy for maybe a year after this treatment finishes as an additional precaution."

Leo on a strict diet now with apricot kernal liquid, protein, alkaline water, greens, frankincense oil - whatever it takes 'to kill this so it never ever comes back.'

This week Leo will have a CT scan and a physio assessment. He should be able to begin the actual proton treatment early next week.

Karen said, "I think we need to enjoy and treasure every moment with Leo now, and just surround him with positivity and hope this will work."

Meanwhile the fundraising for Leo's ongoing care and rehabilitation after the treatment continues with many events still planned in the UK and Spain.



“ The best action plan for Leo is focal proton therapy. ”



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Cala Mosca still needs your support

A PROTEST is being held on Sunday March 5 against the continual plans for the development of Cala Mosca on the Orihuela Costa.

The peaceful demonstration has been authorised and will start at 11.30am at the Esplanade of Playa Flamenca beside the Post Office. Several associations, such as the Federation of Associations of Orihuela Costa and the Podemos political party will join supporters of CLARO and Cambiemos in a protest assembly and walk along the coast of Cala Mosca in a final attempt to persuade the authorities that this project should not be approved.

The developer remains determined to build 1,500 new houses and apartments on this last kilometre of open, green land on the Orihuela Costa and is desperate to get final approval from the Valencia government.

Thanks to the intervention of CLARO political party and the support of the Euro-

pean Parliament several years ago, he was obliged to delay building in order to carry out an environmental impact study. A revised project was submitted for public consultation in 2014 which purported to safeguard two endangered species, a plant and a rare snail, protected under regional and European environmental law.

This proposal met with wide objections and a further revised project was presented at the end of last year but was widely objected to again because it contained no significant changes, continued to provide for 1,500 new houses and did not satisfactorily protect the two endangered species. There are also objections to the pressure

this additional population would inevitably place on the already deficient services in the area.

However, the developer considers he has now done enough to satisfy the requirements of environmental law and counts on the regional government of Valencia to ignore the objections of Orihuela Costa residents, and

approve the plans.

CLARO's Bob Houlston and Marta Guillen of Cambiemos, will continue to fight the plan and will appeal to the Petitions Committee of the European Parliament in

Brussels to intervene again and ensure, by all legal means possible, that this last remaining piece of green land with endangered species is not sacrificed to another mega building project.



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New District Chaplain

THE Royal British Legion, District North are delighted to announce the appointment of a new District Chaplain. Father Ray Andrews has recently taken over the role from the Reverend Terence Samson. The Legion would like to wish Terence and his wife all the very best for the future.

Father Ray was born in Greenwich, London and spent a good deal of time there, living briefly in Spain and Southern Africa. His first career was in mental health where he qualified as a psychiatric social worker and worked as a practitioner and educator for many years. Father Ray trained as a psychotherapist, specialising in addiction and still practises today at a clinic in Alicante.

Following a couple of years in a monastic community in Oxford, Father Ray returned to London to study theology and was ordained to the priesthood. His ordained ministry was always in the diocese of Southwark with parishes in Dulwich and Central London. His last London parish was St George the Martyr in Southwark, where he was parish priest to the Head Office of The Royal British Legion in Borough High Street.

Father Ray came to live in Spain in 2015, taking the position of Chaplain in the Costa Blanca Chaplaincy.



FATHER RAY: Delighted to be asked to serve as Chaplain.

Father Ray said "I was delighted and honoured to be asked to serve as Chaplain for the District North of the RBL here in Spain, particularly given my association with the organisation in Lon-

don. I look forward to this happy association."

For information about the Legion branches, please visit www.britishlegion.org.uk/counties/spain-north.

The Little Pod charity dog show



IN a quest to raise much-needed funds the Little Pod Association (LPA) will be holding a dog show on Sunday March 12.

The event will be hosted by special guest Nikki G and judges from San Anton Animal Hospital will judge the dogs who can be entered into a range of canine categories. These include Best Rescue Dog, Best Puppy (under 12 months), Perkiest Pensioner (over eight years) and Most Waggiest Tail.

Anyone wishing to enter their prized pooches can do so at a cost of €10 per dog. This entitles you to enter your dog into as many classes as you like. There will be trophies, rosettes and goodie bags to be won in each class. Enter on the day or pre-register now by collecting a form from one of the LPA charity shops in La Zenia.

Registration on the day will begin at 10.30am with the first beginning at midday.

There will also be a range of stalls, a tombola and a raffle at the event which will be held at El Rancho, Avenida la Marquesa, km2, Los Montesinos.

Whether you have a dog or not you are bound to enjoy this fundraising fido fest so get along and show your support.

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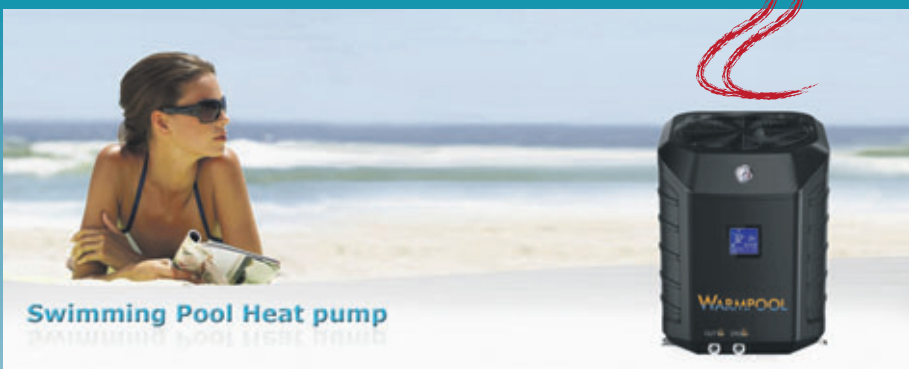
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La Laguna Fair

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FREE FAIR: For antique lovers.

ON Wednesday March 8 the Antiques, Vintage, Retro and Collectors Fair will be held at The Hotel La Laguna, in Quesada.

This will be a wonderful opportunity to see and buy interesting and different items whilst also helping to raise money for charity. One of four fairs that will be held this year each will support a different local charity.

For this fair the chosen charity will be DEBRA, the Butterfly Children's charity, who will be represented at the fair for anyone who wants

to know more about them.

With some fantastic antiques and collectable pieces from across almost every field of the antiques world, the fair will be open from 11am until 6pm with free entrance and parking.

With food and drink available all day you won't want to miss this event, especially all you antique lovers out there.

For more information contact Sue or Paul on 965 732 741 or 626 795 587 or email filly1245@gmail.com.



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NORWAY

Young billionaire



A YOUNG Norwegian, Alexandra Andresen, age 19, who has a passion for dressage, has been named the world's youngest billionaire by *Forbes* magazine.



Finnish territory, giving it a mountain to mark the 100th anniversary of its independence.

ALEXANDRA: Is a billionaire.

Price increase

SALMON prices are expected to continue to rise this year as Norwegian fishermen see production fall as they continue to battle against the sea lice parasites that are affecting the fish.

Mountain gift

A GROUP of Norwegians want to move the country's border by 200m to allow the Halti mountain peak to be in

Cold training

NORWAY is hosting a training exercise

for NATO allowing personnel to train in how to respond in cold weather conditions. Around 15,000 military personnel will be in Norway until March 22.

GERMANY

More troops

GERMANY has announced it is set to increase the size of its armed forces over the next seven years. The move comes amid growing security concerns in Europe.

Veil ban

BAVARIA is to ban the full-face veil in schools, universities, government workplaces and in public places

where there are concerns for public safety.

Toxic cloud

RESIDENTS of Oberhausen were ordered to stay indoors as a toxic cloud hovered over the city following an accident with a cargo ship at the harbour. Around 150 people complained of respiratory problems.

Quicker deportations

DEPORTATIONS will be speeded up for those who have their asylum status rejected. North Rhine-Westphalia (NRW), has the highest number of people on its deportation list, with 62,906 being told they have to leave.

FRANCE

Anti-police rally

STUDENTS staged an unauthorised anti-police rally blocking the entrances to schools in Paris as part of protests over the alleged rape of a young black man with a police baton.

Come home

PRESIDENTIAL candidate Emmanuel Macron has been in London urging his fellow countrymen to bring their talents back home to France as he addressed more than 2,000 French citizens.

Tourist theft

THIEVES stole over €100,000 worth of jewellery and luxury goods from Russian tourists who had just landed at the Le Bourget airport which is used by private jets.

Hit and run

A BRITISH couple are fighting for their lives after being hit by a car in a French Alps ski resort. The driver fled the scene and left them for dead.

BELGIUM

Self-employed

THE third quarter of 2016 saw 1,050,402 people registered as self-employed in Belgium. An average of 878 people are setting up as self-employed every month.

Fraud cases

AROUND 78 Belgians are the victims of scams every day. In the last year there has been 28,000 reports of fraud and scam incidents to a new Central Desk that was set up.

Traffic congestion

BRUSSELS is the eighth most congested city in Europe according to the TomTom Traffic Index. Their study found that congestion in Brussels rose 3 per cent last year. Bucharest was the most congested.

Still time

MARKS & SPENCER is to remain open in Brussels until September to give staff chance to find new jobs. The return of the retailer has been short lived after returning in 2015 after a 14-year absence.

NETHERLANDS



Hospital v home

FEWER women are choosing home births with just 13 per cent having their children at home in 2015 compared to almost one in four 10 years ago.

Brexit move

AROUND 100 companies are considering relocating to the Netherlands as a result of Brexit, which could create up to 10,000 new jobs. The claim was made by VNO-NCW business federation.

Staff complaints

PRIMARK staff in the Netherlands have complained they feel 'belittled and continually controlled by supervisors and camera surveillance,' according to a survey by a trade union.

Drug smugglers

SIX people were arrested as 1,000 kilos of heroin was seized at Antwerp port, hidden in a container. The drugs were being smuggled from Iran.

DENMARK



Michelin star

BRITISH chef Paul Cunningham, has won two Michelin stars for Denmark with his HenneKirkebyKroRestaurant in Jutland. It is the first restaurant outside of Copenhagen to win a two-star Michelin ranking.

Blasphemy charge

A MAN is being charged with blasphemy for filming himself burning the Quran, Islam's holy book. The man is the first to be charged in Denmark for blasphemy in 46 years.

Digital catch

IN a world first, Danish police have hunted down internet drug traffickers by analysing their bitcoin transactions, a digital currency.

Most expensive

COPENHAGEN has been named among the most expensive tourist destinations in the world behind Zurich and New York. The ranking was based on average hotel, food, drink and taxi costs.

SWEDEN



Centre fire

A FIRE broke out at the Volvo Safety Centre in Gothenburg. The fire was safely extinguished and there were no casualties as everyone was quickly evacuated.

Disappearing glaciers

NEW images have shown how Sweden's glaciers are quickly melting. In the Kebnekaise area, the Rabot glacier has shrunk 80m since 2008 and the Siehtagas glacier by around 20m.

Suburb riots

A PHOTOGRAPHER was assaulted as he arrived in the Rinkeby area to report on the unrest as riots broke out in the Stockholm suburb.

Two stars

VOLLMERS, is the first restaurant in Malmo to be awarded the prestigious two Michelin stars. Twenty-three Swedish restaurants are featured in the 2017 Michelin list.

NEW

Peter Bull
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VITALY CHURKIN: Respected diplomat. |

A true patriot

VITALY CHURKIN, the Russian Ambassador to the United Nations died in New York from a heart attack. The 64-year-old was one of Russia's most respected diplomats. Churkin served his country during the Balkan wars and in nuclear disarmament talks. He did so with class, wit and an unbreakable patriotic spirit.

are suing Aeroflot for discrimination. They accuse the Russian airline of demoting everyone aged over 40 or bigger than a Russian size 48. The women claim they were forced to work short night-time and domestic flights, while the 'young and thin' women secured long-haul internationals.

which may be on the cards for wealthy oligarchs in the near future.

Shadow economy

CASH payments may be restricted as the government cracks down on the 'shadow economy.' Paying for cars, apartments or luxury goods with cash may be banned. Russians spent roughly 10 trillion roubles (€160 million) in cash last year compared to over 25 billion (€400 million) in card payments.

Space tourism

A PRIVATE airline was given the green light to fly in outer space. S7 will launch a rocket from Kazakhstan later this year as it enters Russia's competitive private space industry. The ultimate goal is space tourism

Violence festival

RUSSIAN hooligans warned English football fans they will be the prime targets in a 'festival of violence' at the 2018 World Cup. The tournament will be held in Russia for the first time after violent clashes between supporters at Euro 2016 in France. Some Russian hooligans have specialised military training.

Dress debate

SCHOOLS across Russia are being drawn into the cultural dispute over Islam in the country. One St Petersburg school made headlines when it banned a teenage Muslim student from wearing her hijab in class. There are no rules nationally but public schools are taking an increasingly tougher stance against the garment.

Solar sexism

FEMALE flight attendants



CONGESTION: Drivers spent 91 hours in traffic jams.

Traffic mayhem

MOSCOW is no longer the world's most congested city. The Russian capital won the dubious honour in 2015 but last year it went to Los Angeles. Drivers there spent 104 hours in traffic jams compared to 91 hours for Muscovites. The small city of Magnitogorsk was the eighth most congested.

Qantas profits take a dip

By John Smith

AIRLINE revenues are similar to the way they operate their aircraft with many take offs and plenty of descents, but with very few crashes and none better to illustrate this than Australian airline Qantas.

At one time saddled with the soubriquet 'quite a nice trip any survivors,' the Queensland and Northern Territories Aerial Service certainly became one of the big players in the airline field with a very high percentage of

the domestic market and passengers having to book months ahead to obtain seats to both South Africa and Australia at peak times such as Christmas and the summer holidays.

The problem now however is that it

is facing competition from much cheaper airlines both internally and on routes via the Middle and Far East where airlines such as Etihad and Malaysian are offering newish aircraft with cheaper seats.

A\$852 million (€620 million)

is the pre-tax profit that airline Qantas has reported for the end of 2016.

Although figures for the last six months of 2016 were slightly better than forecast, turnover was down by 3.5 per cent, but more importantly pre-tax profits fell by 7.5 per cent although the airline is still making money which is one consolation for shareholders.

This is somewhat disappointing after the airline had in June 2016 reported record profits, but it hopes to fill seats again by introducing new aircraft, free wifi and even more stringent economies.

Mad for it

THE Advertising Standards Authority in the UK has been investigating the activities of a number of pay-per-bid online auction houses and has decided that a number of them, most notably MadBid are confusing or misleading customers about costs.

With TV and press advertising suggesting that expensive items such as new cars can be obtained for as little as £500 (€585), customers flocked to the MadBid site in particular, but soon discovered that every time they placed a bid they had to make a payment and there was no refund in the event that they were not successful.

Quote of the Week

"I want banks, talents, researchers, academics and so on. I think that France and the EU are a very attractive space." French presidential candidate Emmanuel Macron inviting British business to France after Brexit.



Trade breakthrough



Photo by UNCTAD Wikimedia

ROBERTO AZEVEDO: General of the WTO.

By John Smith

QUITE coincidentally for the British government at a time when it wants to strike new trade deals, a new international agreement forecast to boost global trade by £1 trillion (€1.17 trillion) per annum has come into force.

"This is the biggest reform of global trade in a generation," said Roberto Azevedo, the Director General of the World Trade Organization (WTO), with regards to the Trade Facilitation Agreement (TFA) which

involves the overhaul and streamlining of customs procedures throughout the world.

The TFA has come into effect as many countries agreed to an exhaustive list of reforms which included making it easier for businesses to access information, reduced fees and simpler and faster procedures.

According to the WTO this could cut the cost of international trading by more than 14 per cent, but it has taken 15 years for this agreement to be finalised.

» BUSINESS EXTRA

Telefonica profits

SPANISH communications giant Telefonica has announced that it's 2016 profits of just under €2.37 billion are nearly four times greater than 2015 results and whilst some countries have seen a drop in customers, overall numbers are up and spending more.

Stevedore strike

SPANISH stevedores have called a nine-day strike starting on March 6 in an effort to persuade the government to become involved in negotiations which are currently deadlocked. Strikes will be every other day and will affect exports.

Postal loss

AS a reward for turning Australia Post's results from loss to profit, the Chief Executive was awarded a significant bonus, but once it became known that he was earning four times more than the Prime Minister, questions were asked and he has resigned.

UK economy forecast up

THE UK economy grew by more than previously forecast in the final three months of 2016, according to the latest information released by the Office for National Statistics (ONS).

That body had cut its forecasts due to the fall in

the production and income for North Sea oil and gas, but this has been balanced by an unexpected increase of sales obtained by UK manufacturing industry and now leaves Britain slightly below the forecast for growth in Germany at 1.9 per cent.

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LONDON - FTSE 100

CLOSING PRICES FEBRUARY 27

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,255.00	2.50	0.20	17,801.49
Associated British Foods	2,610.00	-1.00	-0.04	20,662.70
Admiral Group	1,884.00	14.00	0.75	5,391.32
Ashtead Group	1,655.00	20.00	1.22	8,401.97
Antofagasta	826.25	18.75	2.32	8,128.39
Aviva	504.50	1.00	0.20	20,573.65
AstraZeneca	4,595.00	-14.00	-0.30	58,209.13
BAE Systems	611.00	-4.00	-0.65	19,360.14
Babcock International Group	907.50	23.50	2.66	4,423.97
Barclays	224.00	-1.90	-0.84	38,859.40
British American Tobacco	5,057.50	-12.50	-0.25	94,337.32
Barratt Developments	512.50	-1.00	-0.19	5,130.44
British Land Co	615.00	0.00	0.00	6,333.03
BHP Billiton	1,320.00	12.00	0.92	28,460.17
Bunzl	1,050.00	-2,171.00	-100.00	7,306.20
BP	448.50	1.40	0.31	87,733.29
Burberry Group	1,655.00	-6.00	-0.36	7,292.11
BT Group	330.00	-2.90	-0.87	32,987.00
Coca-Cola HBC	975.00	-1,936.00	-100.00	7,071.42
Carnival	4,335.00	-11.00	-0.25	9,399.70
Centrica	226.75	1.05	0.47	12,355.38
Compass Group	1,472.50	5.50	0.37	24,056.65
Capita Group (The)	544.50	-12.50	-2.24	3,712.64
Croda International	0.00	0.00	0.00	4,369.24
CRH	2,750.00	83.00	3.11	22,441.76
Convatec Group	0.00	0.00	0.00	4,580.11
Dixons Carphone	155.00	-300.60	-100.00	3,445.79
DCC	0.00	0.00	0.00	6,053.93
Diageo	2,267.50	-4.00	-0.18	57,116.72
Direct Line Insurance Group	368.50	3.90	1.07	4,989.88
Experian	1,587.50	-5.50	-0.35	15,025.81
easyJet	924.50	-7.00	-0.75	3,632.47
Fresnillo	1,542.50	17.50	1.15	11,318.69
GKN	346.50	1.40	0.41	6,000.83
Glencore	322.50	-5.00	-1.53	47,696.97
GlaxoSmithKline	1,631.50	-8.00	-0.49	80,162.18
Hikma Pharmaceuticals	1,074.00	-2,109.00	-100.00	4,962.60
Hargreaves Lansdown	750.00	-1,321.00	-100.00	6,346.38
Hammerson	589.00	-1.50	-0.25	4,683.78
HSBC Holdings	649.00	-1.30	-0.20	129,689.03
International Consolidated Air	521.00	-6.00	-1.14	10,697.76
InterContinental Hotels Gr	3,765.00	5.00	0.13	7,458.26
3i Group	335.00	-687.50	-100.00	6,848.47
Imperial Brands	3,900.00	63.50	1.66	36,824.08
Informa	0.00	0.00	0.00	5,463.15
Intu Properties	145.00	-293.10	-100.00	3,983.82
Intertek Group	2,000.00	-3,445.00	-100.00	5,619.49
ITV	205.95	3.85	1.90	8,179.63
Johnson Matthey	2,940.50	-72.50	-2.41	5,798.26
Kingfisher	323.70	-0.10	-0.03	7,201.32

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Land Securities Group	1,074.00	7.00	0.66	8,413.51
Legal & General Group	246.00	-1.20	-0.49	14,666.66
Lloyds Banking Group ORD	69.40	0.12	0.17	49,640.43
London Stock Exchange Grp	1,645.00	-3,125.00	-100.00	10,947.07
Micro Focus International	1,075.00	-2,186.00	-100.00	5,136.03
Mediclinic International	750.00	12.50	1.69	5,533.02
Merlin Entertainments	255.50	-498.30	-100.00	5,124.76
Marks & Spencer Group	343.10	14.80	4.51	5,371.35
Mondi	1,880.00	15.00	0.80	9,167.26
Morrison (Wm) Supermarkets	246.00	1.50	0.61	5,801.47
National Grid	970.25	-7.45	-0.76	36,475.03
Next	3,805.00	14.00	0.37	5,613.15
Old Mutual Group	210.00	-8.70	-3.98	10,796.56
Provident Financial	1,378.00	-2,920.00	-100.00	4,272.12
Paddy Power Betfair	0.00	0.00	0.00	7,185.82
Prudential	1,597.50	-11.50	-0.71	41,685.83
Persimmon	1,874.50	-150.50	-7.43	6,201.47
Pearson	662.50	5.50	0.84	5,313.89
Reckitt Benckiser Group	7,325.00	14.00	0.19	50,776.95
Royal Bank of Scotland Group	242.50	4.30	1.81	29,487.03
Royal Dutch Shell	2,126.50	53.50	2.58	92,497.66
Royal Dutch Shell	2,191.00	25.00	1.15	81,726.52
RELX	1,495.00	1.00	0.07	16,202.68
Rio Tinto	3,346.50	31.00	0.94	46,994.55
Royal Mail	409.00	0.70	0.17	4,073.00
Rolls-Royce Group	763.50	0.00	0.00	14,048.55
Randgold Resources	7,440.00	-210.00	-2.75	7,120.47
RSA Insurance Group	308.00	-595.00	-100.00	6,168.64
Sainsbury (J)	245.00	-20.60	-7.76	5,854.24
Schroders	1,550.00	-3,008.00	-100.00	6,884.64
Sage Group (The)	643.00	0.50	0.08	6,956.80
Shire	4,890.00	46.00	0.95	44,578.90
Smurfit Kappa Group	2,158.00	39.00	1.84	5,027.29
Sky	1,011.25	13.25	1.33	17,190.17
Standard Life	367.50	-1.90	-0.51	7,423.35
Smiths Group	1,489.00	7.00	0.47	5,947.45
Smith & Nephew	1,205.50	-0.50	-0.04	10,565.11
SSE	1,537.50	-9.50	-0.61	15,555.61
Standard Chartered	734.00	3.50	0.48	24,666.10
St James's Place	400.00	-1,085.00	-100.00	5,733.95
Severn Trent	2,351.50	6.50	0.28	5,473.17
Tesco	191.50	1.50	0.79	15,658.89
TUI AG	1,193.50	68.50	6.09	6,604.18
Taylor Wimpey	175.60	-1.50	-0.85	5,734.26
Unilever	3,750.00	-23.00	-0.61	48,367.17
United Utilities Group	971.00	-8.00	-0.82	6,576.81
Vodafone Group	203.05	0.20	0.10	53,836.76
Wolseley	2,420.50	-4,873.00	-100.00	12,504.22
Worldpay Group	131.00	-271.40	-100.00	5,422.00
WPP Group	1,872.50	0.50	0.03	23,977.59
Whitbread	3,815.00	15.00	0.39	6,973.06

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CLOSING PRICES FEBRUARY 27



COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	187,410	+0.12%	0.220	111M
AMERICAN EXPRESS	79,7600	-0.36%	-0.2900	71M
APPLE	136,660	+0.10%	0.130	713M
BOEING CO	177,440	+0.33%	0.580	108M
CATERPILLAR	95,480	-0.07%	-0.070	55M
CHEVRON	110,12	-0.81%	-0.90	207M
CISCO SYSTEMS	34,320	+0.82%	0.280	170M
COCA-COLA	41,78	+0.29%	0.12	179M
DU PONT(EI) DE NMR	79,8100	+0.28%	0.2200	68M
EXXON MOBIL	81,08	-0.86%	-0.70	335M
GENERAL ELECTRIC	30,1900	+0.57%	0.1700	265M
GOLDMAN SACHS	247,35	-1.53%	-3.84	98M
HOME DEPOT	145,9500	+0.86%	1,2400	177M
IBM	181,35	-0.17%	-0.30	171M
INTEL CORP	36,5300	+0.97%	0.3500	172M
J.P.MORGAN CHASE	90,3300	-0.88%	-0.8000	321M
JOHNSON & JOHNSON	122,7300	+0.85%	1,0300	332M
MC DONALD'S CORP	128,6500	+0.30%	0.3800	105M
MERCK AND CO. NEW	66,16	+0.47%	0.31	181M
MICROSOFT	64,620	+0.00%	0,000	496M
NIKE	57,86	+0.82%	0.47	76M
Pfizer	34,2600	+0.59%	0,2000	207M
PROCTER AND GAMBLE	91,050	-0.09%	-0,080	232M
TRAVELERS CIES	122,27	-0.07%	-0,09	34M
UNITED TECHNOLOGIE	112,46	+0.33%	0,37	90M
UNITEDHEALTH GROUP	163,06	+0.28%	0,46	154M
VERIZON COMMS	50,60	+0.58%	0,29	205M
VISA	88,43	+0.28%	0,25	163M
WAL-MART STORES	72,3900	+1.51%	1,0800	222M
WALT DISNEY CO	110,3200	+0.54%	0,5900	173M

NASDAQ

CLOSING PRICES FEBRUARY 27

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Cempra, Inc.	\$ 4.05	0.90 ▲ 28.57%
Applied Optoelectronics, Inc.	\$ 45.98	8.51 ▲ 22.71%
Universal Display Corporation	\$ 81	13.55 ▲ 20.09%
Clearside Biomedical, Inc.	\$ 8.06	1.16 ▲ 16.81%
eHealth, Inc.	\$ 12.39	1.62 ▲ 15.04%
Rocket Fuel Inc.	\$ 3.07	0.38 ▲ 14.13%
Aurinia Pharmaceuticals Inc	\$ 3.72	0.44 ▲ 13.41%
Orexigen Therapeutics, Inc.	\$ 4.44	0.46 ▲ 11.56%
West Marine, Inc.	\$ 9.95	1.03 ▲ 11.55%
Digitrad Corporation	\$ 5.25	0.475 ▲ 9.95%
8x8 Inc	\$ 16.15	1.45 ▲ 9.86%
Most Declined		
Acacia Communications, Inc.	\$ 54.04	9.39 ▼ 14.80%
Gulf Island Fabrication, Inc.	\$ 11.35	1.70 ▼ 13.03%
Benefitfocus, Inc.	\$ 25.10	3.25 ▼ 11.46%
Career Education Corporation	\$ 8.32	1.01 ▼ 10.83%
ATN International, Inc.	\$ 68.02	8.18 ▼ 10.73%
Smart Sand, Inc.	\$ 18.05	2.01 ▼ 10.02%
Nova Lifestyle, Inc	\$ 2.26	0.25 ▼ 9.96%
CSP Inc.	\$ 9.28	0.94 ▼ 9.20%
Achillion Pharmaceuticals, Inc.	\$ 3.86	0.38 ▼ 8.96%
Great Elm Capital Group, Inc.	\$ 3.45	0.30 ▼ 8%
Spartan Motors, Inc.	\$ 7.05	0.60 ▼ 7.84%

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Price Movement

Accumulating Funds

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EUR Currency B
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Multi Asset Conservative B EUR
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Multi Asset Growth B GBP
Multi Asset Growth B EUR

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Price Movement

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*Fees and exchange rate data for banks taken from the international money transfer index™ (imti™).

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Paul
Currencies Direct customer since 2013, Calpe, Spain

Politics to drive the currency markets

Ask the expert

Peter Loveday



Currencies Direct

Contact me at euoweekly@currenciesdirect.com

OVER the last 12 months, we have witnessed increased volatility in the currency markets and this has been heated up by political events such as the Brexit vote and the election of US President Donald Trump. Swings in the currency markets have been severe and it seems that we are in a new environment where we need to expect large swings in major currencies.

However, the global economy is in many ways hitting a sweet spot at the moment. The current global recovery is the strongest since 2013, following the fallout in the Eurozone bond markets. The three big regions of the world - US, Europe and China have all shown recoveries in sync with each other. Although this is good news, we still expect to see heightened volatility in the currency markets as we adjust to political change of Brexit, Trump and renewed focus on approaching European elections.

Looking at Brexit, the UK government is currently on course to trigger article 50 in



INCREASED VOLATILITY: Swings in the currency markets have been severe.

March and this sets the scene for further volatility in Sterling. Currently, the pound is holding up well but the risk is skewed in the short term to the downside in line with a hard Brexit and lack of certainty to the deal the UK will achieve. The process to leave the EU is expected to take at least two years, potentially even longer, and the pound is likely to remain on the back-foot unless the road map becomes clearer. With this in mind you may see GBP/EUR move lower and potentially

retest the lows, however, Europe also faces political headwinds in the months ahead.

Firstly, recent polls for the presidential election in France have shown a majority for the Front National candidate Marine Le Pen in the first round. The first round normally skews towards a protest vote and it is unlikely that Le Pen would win the second round with bookies pricing in the odds at around 30 per cent. However, the bookies and the polls got it completely wrong with the Brexit vote and Trump and therefore we should

be on alert for the unexpected. The political uncertainties in Europe have recently started to weigh on the bond markets with the spread between France and Germany widening.

In addition, Greece has been back in the headlines for the wrong reasons after the IMF noted it was not possible for the country to meet its commitments and that it required more funding. Also, the ongoing problems with Italian banks not to mention the political uncertainty in Italy adds to the headwinds that Europe is facing over the coming months. This could in fact lead to pressure on the single currency vis a vis the USD and even Sterling in the coming months.

Finally, the impact of President Trump could be telling. Currently the market is awaiting more information on the proposed fiscal plan which in his words is going to be "phenomenal." So far Trump has held a hard line on trade and immigration, which the markets are uncertain how to price with the lean towards USD weakness.

Nevertheless, his tax plans could align with USD strength and higher interest rates so the market is currently fairly neutral, but expect this to change once clarity is achieved. The impact could see USD strength or weakness depending on policies and we can certainly expect volatility driven by the USD.

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Full Circle: Oil to Plastic to Oil

By John Smith

FOR years it has been the policy of governments around the world to try to cut down on the use of fossil fuels and even nuclear power in order to create electricity and Britain like the others has seen a growth in clean energy.

In addition to this, the world's seas and oceans are becoming more and more polluted by plastic and it is estimated that by 2050, the weight of plastic will exceed the weight of fish in the Mediterranean!

Plastic comes from oil and both industries are helping to pollute the planet with a product that is either almost indestructible or simply pumps out noxious gasses into the atmosphere.

A British company however believes that it has invented a process which will see a complete circle and go just a little way to alleviating the problem as it says that it can turn certain types of plastic back into usable oil.

Cynar Technology should become a household name, if it is able to deliver what it says it can achieve and it does seem to have a large number of supporters in scientific circles although it appears to be more involved in the development of the process than the actual extraction of the oil commercially.

In January, pilot Jeremy Rowsell made history by flying a light aircraft more than 500 miles from Sydney to Melbourne using a mixture of conventional fuel blended with 10 per cent of fuel manufactured by the Madrid based company

Plastic Energy which is using the Cynar invention.

According to UK charity Our Greener Future which was

involved in the 'On Wings of Waste' flight, "a 747 aircraft on a 10,000 mile flight burns 36,000 gallons of fuel and 33 per cent of airlines' operating costs are spent on fuel.

"If 3,600 gallons of that fuel was sourced from plastic waste it would be the equivalent of 18 tonnes of waste plastic that might otherwise be dumped in the ocean. Factor in the 1,200 flights a day that are made from Heathrow, and approximately 21,600 tonnes of waste plastic would be transformed from pollutant to fuel - every day."

Plastic Energy is also involved in the building of extraction plants in Bristol in the UK and Almeria and Sevilla in Spain and can transform one tonne of used plastic into 1,000 litres of different types of fuel and although there are a number of plastics that they can't yet process, there is still more than enough to allow for huge mountains of plastic to be treated.

Broadcaster and environmentalist Sir David Attenborough has backed the project saying "the Wings of Waste flight, I hope, will bring the attention of the world to this great solution that is there waiting to be taken, if only we can get the support of people to do so."

GLOBETROTTER
David Attenborough approves.



Photo by Dominika Zarzycka Shutterstock

Foreign workers in Spain

A REPORT from the Spanish Ministry for Employment and Social Security showed that the number of foreign workers registered with social security in January 2017 had recorded a slight decline at 1,687,585.

Traditionally, there is a drop following the lead up to Christmas but this fall of 24,274 is the lowest recorded since 2008 and the overall annual employment levels of foreign workers has increased.

The main groups of foreign employees come from nine countries and are from Romania (304,590), Morocco (215,366), China (95,782), Italy (83,377), Ecuador (65,702) United Kingdom (58,951), Bulgaria (52,942), Colombia (49,218), and Bolivia (47,771) with men outnumbering women 945,462 to 742,123

Andalucia comes third for employment of foreign workers behind Barcelona and Madrid with 186,000.

Bundesbank may be helpful over Brexit



Photo Credit: Masterot1312 Wikimedia

DR ANDREAS DOMBRET: Thinks it is not sensible to penalise Britain for leaving the EU.

By John Smith

DURING an interview with the BBC, Dr Andreas Dombret, a member of the board of the Bundesbank, the German equivalent of the Bank of England confirmed that it was not sensible to penalise Britain for leaving the European Union.

He recognised that some jobs will be lost in London and would flow not just into Europe but also the USA, but believed that it would still remain an important financial centre, probably 'the most important financial centre in Europe.'

What Europe doesn't need is chaos and confusion in the financial markets and he sees Germany and Britain as being two

major planks in keeping strong and healthy international regulatory standards and certainly didn't want to see any drop of standards to obtain financial benefit.

He does see that there are financial risks to the City of London and in the event that Britain faces financial difficulty, this would almost certainly be reflected across Europe and said that he wants to see that "the transition is as smooth as possible, and we, I can promise, will be as pragmatic as possible."

He doesn't however hold out much hope for a free trade agreement between the UK and the EU, pointing out that there has never been one signed between the Union and a non-member but he believes that the

German government will do all that it can to assist Britain in its negotiations with the other states.

In the meantime however, the Bundesbank is offering on its website to advise commercial banks on how best to move their business to Frankfurt, which is a potential competitor to the City of London.

Dr Dombret doesn't however see this as a way of enticing business away from the UK but a simple response to enquiries from worried bankers who have asked for assistance and information so that they can decide if they should leave the shores of Britain and find out how easy it would be to be assimilated into Frankfurt.

Stock exchange merger falters again

AFTER a year of negotiations, it would appear that the planned merger between the London Stock Exchange (LSE) and its German equivalent the Deutsche Börse is about to fall through thanks in part to the European Union.

This will be the third time that merger efforts have fallen through after previous attempts in 2000 and 2005 failed

The news will please some British Eurosceptic MPs as well as German politi-

cians who did not want to see the headquarters of the news organisation being based in London.

This 'hiccup' has been caused by a last minute EU directive for the LSE to sell an investment in an Italian bond trading company and although it divested itself of a French investment in order to reduce any anti-competition worries, it has seen this latest demand as a 'bridge too far' and has refused.

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A bitter and twisted approach

LEAPY LEE SAYS IT
OTHERS THINK IT



JUST whose side are the British media actually on? It does seem that almost anything that may be commendable, or praiseworthy concerning the UK, is immediately put down by cynical news people; who really do appear to only be interested in pouring rain on any British parade that waves a Union Jack.

“ Immigrants have been rioting on the streets of Brussels, France, Sweden and Germany.

Good news is immediately tempered by the introduction of some sourpuss leftie, who then proceeds to heap doom, gloom and scorn, on whatever positive announcement that has preceded them. And they are always given the last word.

I'm convinced the media is full of losers and jealous wannabes. People who



TWO PHOTOS: The explanation is of course simple.

really wanted to be stars or high flying politicians. Many of them have had to settle for second best and are subsequently bitter and twisted in their approach to anything that may be a plus, or indeed beneficial to those achievers they are re-

porting. This attitude also gives credence to Mr Trump's allegations of fake news. An example of this are the two photos showing the crowds at both his and Obama's inauguration.

Obama's showed thousands of people,

shoulder to shoulder, packing out the area in front of the Presidential presentation. The second, at Trump's swearing in, showed a far less attendance of people, with great gaps in the audience.

Underneath, the caption read, 'Where are the crowds Mr Trump?' Well of course this is typical of our esteemed media's attempts to discredit someone who they most certainly hate. The explanation was of course simple.

The photos were taken at different times of the day. Obama's during the inauguration and Trump's some time earlier in the day. And what about immigrant issues?

By the recent coverage, or lack of it, the problem appears to have been solved. Ha! Over just the last few weeks there have been immigrants rioting on the streets of Brussels, France, Sweden and Germany! No, I'm afraid that to me the whole scenario stinks of corrupt collusion in high places. Oh, and by the way, the irony of writing this piece has not escaped me!

*Keep the faith,
Love Leapy
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What is your greatest dream?

Sally Trotman

www.sallytrotman.com

Sally Trotman is a qualified Counsellor who works with Astrology, Numerology and the Tarot. Each month she will deliver the forecast as an intuitive tool to aid increased self awareness.



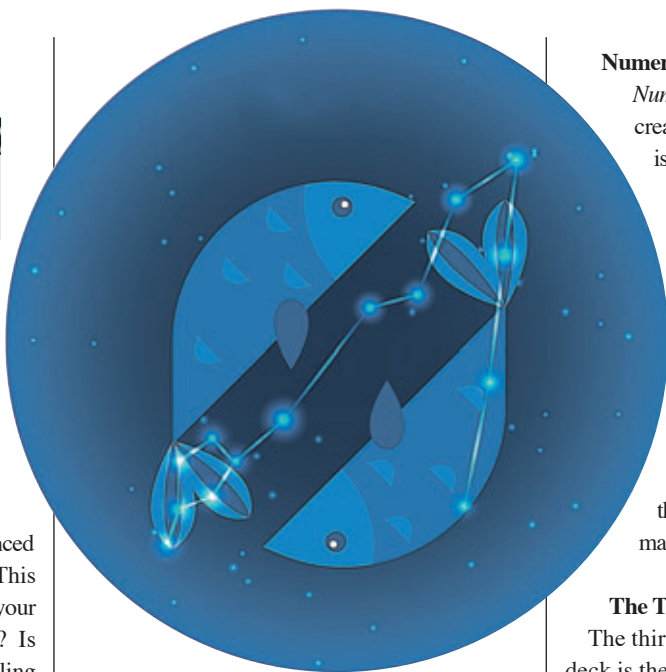
WELCOME to your March 2017 forecast. Every month I write about how the Astrology, Numerology and Tarot for the month ahead affects you, helping you to move forward confidently with your plans. Below is your forecast for March 2017:

Astrology: What's your dream?

Sun in Pisces: This month the sun is influenced by the watery and sensitive sign of Pisces. This intuitive sign is reminding you to stay true to your inner vision. What is your greatest dream? Is there a step you can take today towards fulfilling this dream? Take some time this month to reflect on what you want.

Create a vision board to help you stay focused by cutting out pictures and words from magazines, pinning them to a cork board and look at this every morning. By affirming your dream every day you will receive more inspired ideas as to how to bring your ideas to fruition.

Get in tune with the moon: The full moon this month is on March 12 in the earthy sign of Virgo. This sign will help you to get organised



PISCES: This intuitive sign is reminding you to stay true to your inner vision.

and make practical plans. This is a good time to think about the direction you would like to take in your working life. The new moon in fiery Aries on March 28 will give you all the confidence you need to follow your plans through. This is the first sign of the zodiac so use your leadership skills to help yourself, and others, move forward with plans.

Numerology: Get creative!

Number 3: This month the focus is on your creativity. Making time for your creativity is important, so consider how you can develop this side of yourself. As Spring approaches on March 21, your energy levels will begin to rise. Make the most of this increased activity to begin creating new projects. You are a creative being and when you balance this with logic you have limitless potential. Detach from the routine of life and think out of the box. Allow your imagination to open up, and use the power of creative visualisation to help manifest your highest vision.

The Tarot: Attitude of gratitude

The third card in the the Major Arcana Tarot deck is the Empress. This abundant female re-

mains present and grateful at all times. Every moment offers new opportunities, so keep looking at your life with fresh eyes. By maintaining a sense of expectation and vitality, you continuously attract a richer reality. Open yourself up to creative ideas and follow these through with enthusiasm. Stay centred in an attitude of gratitude and positively expect the best for yourself this month.

Below is a testimonial from one of my clients.

“ Hi Sally, the compatibility report was so spot on. Seriously you have confirmed so much for me regarding my relationship. You are bang on with what my partner is like, and although you've never met him, it's like you know him. Thank you very much.”
Georgie, Tring, UK

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BBC one

7:00am Breakfast
 10:15am The Housing Enforcers
 11:00am Homes Under the Hammer
 12:00pm Heir Hunters
 12:45pm Dom on the Spot
 1:15pm Bargain Hunt
 2:00pm BBC News at One
 2:30pm BBC London News
 2:45pm Doctors
 3:15pm The Coroner
 4:00pm Escape to the Country
 4:45pm The Farmers' Country Showdown
 5:30pm Flog It!
 6:15pm Pointless
 7:00pm BBC News at Six
 7:30pm BBC London News
 8:00pm The One Show
 8:30pm EastEnders
 9:00pm Shop Well for Less
 10:00pm Britain on the Fiddle
 11:00pm BBC News at Ten
 11:30pm BBC London News
 11:45pm Question Time
 12:45am This Week
 1:30am Weather for the Week Ahead
 1:35am BBC News

BBC TWO

7:00am The World's Most Photographed
 7:30am Heir Hunters
 8:15am The Farmers' Country Showdown
 9:00am An Island Parish
 9:30am Great British Railway Journeys
 10:00am Victoria Derbyshire
 12:00pm BBC Newsroom Live
 1:00pm The Daily Politics
 2:00pm Cash in the Attic
 2:30pm Beat the Brain
 3:00pm Building Dream Homes
 3:30pm Channel Patrol
 4:15pm Britain's Lost Routes with Griff Rhys Jones
 5:15pm Africa
 6:15pm Bargain Hunt
 7:00pm Eggheads
 7:30pm Great Continental Railway Journeys
 8:00pm Antiques Road Trip
 9:00pm The Great Pottery Throw Down
 10:00pm The Attack: Terror in the UK
 11:00pm Match of the Day
 11:30pm Newsnight
 12:15am Meet the Lords
 1:15am Diana
 1:45am Panorama

BBC FOUR

8:00pm 100 Days
As President Trump takes office, BBC News teams in Washington and London report on the events that are shaping our world. series 1.
 8:30pm Top of the Pops
 9:00pm Thailand: Earth's Tropical Paradise
 10:00pm Sound Waves: The Symphony of Physics
 11:00pm Andrew Marr: My Brain and Me
 12:00pm The Nazis: A Warning From History
 12:50am Days of Glory
 1:50am Top of the Pops
 2:20am Sounds of the Eighties
 2:45am Sound of Song
 3:45am Sound Waves: The Symphony of Physics
 4:45am This is BBC Four
BBC Four is the BBC channel for people who want more.

CHANNEL 4

7:00am Countdown
 7:45am King of Queens
 8:10am King of Queens
 8:35am King of Queens
 9:00am Everybody Loves Raymond
 9:35am Everybody Loves Raymond
 10:05am Frasier
 10:35am Frasier
 11:05am Undercover Boss USA
 12:00pm Ramsay's Kitchen Nightmares USA
 1:00pm Channel 4 News
 1:05pm A New Life in the Sun
 2:05pm Find it, Fix it, Flog it
 3:10pm Countdown
 4:00pm Fifteen to One Series
 5:00pm A Place in the Sun
 6:00pm Come Dine with Me
 7:00pm The Simpsons
 7:30pm Hollyoaks
 8:00pm Channel 4 News
 9:00pm The Supertvet
 10:00pm A Very British Hotel
 11:00pm Extremely British Muslims : All the Single Muslims
 12:05am 24 Hours in A and E
 1:05am Sex Party Secrets
 2:05am Married Behind Bars

CHANNEL 5

8:25am Shimmer and Shine
 8:35am Noddy: Toyland Detective
 8:50am Paw Patrol
 9:05am Ben and Holly's Little Kingdom
 9:15am Digby Dragon
 9:30am Peppa Pig
 9:40am Peppa Pig
 9:50am Wissper
 10:00am Toot the Tiny Tugboat
 10:15am The Wright Stuff
 12:15pm GPs: Behind Closed Doors
 1:10pm 5 News Lunchtime
 1:15pm Benefits Britain: Life on the Dole
 2:15pm Home and Away
 2:45pm Neighbours
 3:15pm NCIS
 4:15pm A Date to Die for
 6:00pm 5 News at 5
 6:30pm Neighbours
 7:00pm Home and Away
 7:30pm 5 News Tonight
 8:00pm Nightmare Tenants, Slum Landlords
 9:00pm The Nightmare Neighbour Next Door
 10:00pm The Great British Benefits Handout
 11:00pm Celebrity Sex Pod
 12:05am 100% Hotter!

4

7:10am Made in Chelsea
 8:00am Game of Clones
 8:30am Hollyoaks
 9:00am Rude(Ish) Tube
 9:30am Rude(Ish) Tube
 10:00am Rules of Engagement
 10:30am Rules of Engagement
 11:00am Baby Daddy
 11:30am Baby Daddy
 12:00pm Charmed
 1:00pm Charmed
 2:00pm How I Met Your Mother
 2:30pm How I Met Your Mother
 3:00pm The Big Bang Theory
 3:30pm The Big Bang Theory
 4:00pm Baby Daddy
 4:30pm Baby Daddy
 5:00pm How I Met Your Mother
 5:30pm How I Met Your Mother
 6:00pm The Goldbergs
 6:30pm The Goldbergs
 7:00pm The Big Bang Theory
 7:30pm The Big Bang Theory
 8:00pm Hollyoaks
 8:30pm Game of Clones
 9:00pm The Big Bang Theory
 9:30pm The Big Bang Theory
 10:00pm Gap Year
 11:00pm Celebs Go Dating

sky SPORTS 1

10:30am Premier League 100 Club
 11:00am The Premier League Years
 1:00pm Football's Greatest
 1:30pm Football's Greatest
 2:00pm Great Sporting Moments
 2:15pm Great Sporting Moments
 2:30pm Great Sporting Moments
 2:45pm Great Sporting Moments
 3:00pm Premier League Legends
 3:30pm Premier League Legends
 4:00pm Boxing Gold
 5:00pm Boxing
 5:30pm Football's Greatest
 6:00pm Premier League 100 Club
 6:30pm Boxing
 7:00pm Barclays Premier League World
 7:30pm Boxing
 8:00pm Live Premier League Darts
 11:00pm Boxing
 11:30pm La Liga Show
 12:00am Boxing
 12:30am Boxing Gold

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7:00am Good Morning Britain
 9:30am Lorraine
 10:25am The Jeremy Kyle Show
 11:30am This Morning
 1:30pm Loose Women
 2:30pm ITV Lunchtime News
 2:55pm ITV News London
 3:00pm Judge Rinder
 4:00pm The Home Game
 5:00pm Tipping Point
 6:00pm The Chase
 7:00pm ITV News London
 7:25pm Party Political
 7:30pm ITV Evening News
 8:00pm Emmerdale
 8:30pm NHS: Medical Blunders Reunited: Tonight
 9:00pm Emmerdale
 9:30pm Harry Hill's Alien Fun Capsule
 10:00pm Prime Suspect 1973
 11:00pm The Nightly Show with David Walliams
 11:30pm ITV News
 12:00am ITV News London
 12:15am Tipping Point

itv2

7:00am You've Been Framed!
 7:25am Who's Doing the Dishes?
 8:15am The Ellen DeGeneres Show
 9:00pm Emmerdale
 9:30pm Coronation Street
 10:00am You've Been Framed!
 10:35pm Psych
 11:25am Scorpion
 12:25pm Who's Doing the Dishes?
 1:25pm Emmerdale
 1:55pm Coronation Street
 2:30pm You've Been Framed!
 3:00pm The Ellen DeGeneres Show
 3:50pm The Jeremy Kyle Show
 4:55pm The Jeremy Kyle Show
 6:00pm Judge Rinder
 7:00pm You've Been Framed!
 7:30pm You've Been Framed!
 8:00pm You've Been Framed!
 9:00pm Two and a Half Men
 9:30pm Two and a Half Men
 10:00pm Release the Hounds
 11:00pm Family Guy
 11:30pm Family Guy
 12:00am Family Guy
 12:30am American Dad!
 1:05am American Dad!

itv3

7:00am In Loving Memory
 7:25am Heartbeat
 8:25am Where the Heart is
 9:25am The Royal
 10:25am Judge Judy
 10:55am Judge Judy
 11:25am Judge Judy
 11:50am Inspector Morse
 2:05pm Heartbeat
 3:05pm The Royal
 4:15pm Where the Heart is
 5:15pm In Loving Memory
 5:50pm Doctor at Large
 6:20pm On the Buses
 6:55pm Heartbeat
 Joe shows Geoff how to control a violent outbreak at the bookmakers.
 8:00pm Murder, She Wrote
Murder mystery series about a sleuthing writer.
 9:00pm Heartbeat
David is shooting cans with his young friend Martin.
 10:00pm Rosemary and Thyme
 11:00pm Wycliffe
 12:10am Prime Suspect
 2:10am The Knock
 3:30am Teleshopping

itv4

7:00am Gunsmoke
 7:55am The Saint
 8:45am Hogan's Heroes
 9:20am Hogan's Heroes
 9:50am The Professionals
 10:55am Ironside
 11:55am Gunsmoke
 1:00pm Storage Wars Texas
 1:30pm Storage Wars Texas
 2:00pm Pawn Stars
 2:30pm Pawn Stars
 2:55pm Hogan's Heroes
 3:25pm Hogan's Heroes
 4:00pm Ironside
 5:00pm The Professionals
 6:05pm The Saint
 7:10pm Storage Wars Texas
 7:40pm Storage Wars Texas
 8:05pm Pawn Stars
 8:35pm Pawn Stars
 9:05pm Pawn Stars
 9:35pm Pawn Stars
 10:00pm Double Jeopardy
 11:00pm FYI Daily
 11:05pm Double Jeopardy
 12:10am Red Heat
Action thriller.
 1:10am FYI Daily
A round-up of the latest entertainment news.
 1:15am Red Heat

sky CINEMA ACTION & ADVENTURE

7:40am Maze Runner: The Scorch Trials
 10:00am Tomorrowland
 12:20pm Marvel's Avengers Assemble
 2:50pm Self/Less
 4:55pm Hitman
 6:40pm Maze Runner: The Scorch Trials
 9:00pm Marvel's Avengers Assemble
 11:25pm The Mummy

sky CINEMA COMEDY

7:50am The Top Ten Show 2017
 8:05am I-Spy
 9:50am Lost in Karastan
 11:35am Alien Autopsy
 1:20pm Ghostbusters
 3:10pm Bruce Almighty
 5:00pm Hitch
 7:00pm Magic Mike XXL
 9:00pm Ghostbusters
 11:00pm Vacation
 12:45am Dope
 2:35am The Benchwarmers
 4:05am Wedding Crashers
John and Jeremy specialise in crashing weddings.

sky CINEMA PREMIERE

7:00am Locked in
 8:40am I Saw the Light
 10:55am Demolition
 12:50pm The Top Ten Show 2017
 1:10pm Locked in
 2:55pm Teenage Mutant Ninja Turtles: Out of the Shadows
 5:00pm Blood Orange
 6:45pm I Saw the Light
Gritty music biopic about booze-addled country and western icon Hank Williams.
 9:00pm Demolition
 10:45pm Teenage Mutant Ninja Turtles: Out of the Shadows
 12:45am Blood Orange
 2:20am Summertime
Enchanting drama about young lesbian lovers struggling to be together in conservative 70s France.
 4:10am Darling
 5:30am The Lego Batman Movie: Special

sky SPORTS 2

7:00am Cricket Classics
 8:00am Time of Our Lives
 9:00am Sky Sports Years
 10:00am Cricket's Greatest
 10:30am Cricket's Greatest
 11:00am Great Sporting Moments
 11:15am Great Sporting Moments
 11:30am Great Sporting Moments
 11:45am Great Sporting Moments
 12:00pm Live ATP Tennis - Dubai
 8:00pm Live Super League
 11:30pm Ashes Best Days
 1:30am Cricket World Cup Classics
 2:30am Super League Highlights
 2:45am Super League Gold
A chance to relive the 1998 Super League Grand Final between Wigan Warriors and Leeds Rhinos.
 3:00am Sporting Rivalries
 3:30am Sporting Rivalries
 4:00am Cricket Classics
 5:00am Cricket's Greatest

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BBC one

7:00am	Breakfast
10:15am	The Housing Enforcers
11:00am	Homes Under the Hammer
12:00pm	Heir Hunters
12:45pm	Dom on the Spot
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	The Coroner
4:00pm	Escape to the Country
4:45pm	The Farmers' Country Showdown
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	A Question of Sport
9:00pm	EastEnders
9:30pm	Room 101
10:00pm	Not Going Out
10:30pm	Tracey Ullman's Show
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show

BBC TWO

7:00am	The World's Most Photographed
7:30am	Heir Hunters
8:15am	Big Dreams Small Spaces
9:15am	Athletics
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Beat the Brain
3:00pm	Africa's Giant Killers
4:00pm	Athletics
8:30pm	Celebrity Mastermind
9:30pm	Only Connect
10:00pm	The Secrets of Your Food
11:00pm	QI
11:30pm	Newsnight
12:05am	Imagine...
1:05am	Taboo
2:00am	Further Back in Time for Dinner
3:00am	Genghis Khan <i>Grand epic, recounting the tale of the notorious 12th-century warrior.</i>
5:05am	Birds of Paradise

BBC FOUR

8:00pm	World News Today
8:30pm	Top of the Pops
9:00pm	The Good Old Days
10:00pm	Better than the Original
11:00pm	Ultimate Cover Versions at the BBC
12:00am	... Sings the Beatles
1:00am	Top of the Pops
1:35am	Better than the Original
2:35am	Ultimate Cover Versions at the BBC <i>Smash hits from 60 years of great cover versions in performance from the BBC TV archive.</i>
3:35am	... Sings the Beatles
4:35am	Sounds of the Sixties <i>Bob Dylan and Leonard Cohen feature in this folk-tinged episode of 60s archive.</i>
4:45am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	A New Life in the Sun
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Jamie and Jimmy's Friday Night Feast
10:00pm	Gogglebox
11:00pm	The Last Leg
12:05am	8 Out of 10 Cats
12:55am	Rude Tube

CHANNEL 5

8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:40am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	Ice Chaos: Winter Road Rescue
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	The Front
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Happy Campers: Caravanning
9:00pm	Celebrity Carry on Barging
10:00pm	Cruising with Jane McDonald
11:00pm	The Best of Bad TV: The 70s
1:00am	Super Casino

4

8:00am	Game of Clones
8:30am	Hollyoaks
9:00am	Rude(Ish) Tube
9:30am	Rude(Ish) Tube
10:00am	Rules of Engagement
10:30am	Rules of Engagement
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	Charmed
1:00pm	Charmed
2:00pm	How I Met Your Mother
2:30pm	How I Met Your Mother
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	How I Met Your Mother
5:30pm	How I Met Your Mother
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Game of Clones
9:00pm	Men in Black 3
11:00pm	Celebs Go Dating
12:05am	Tattoo Fixers

sky SPORTS 1

7:00am	Football Gold
7:15am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	WWE Main Event
9:00am	Barclays Premier League World
9:30am	Boxing
10:00am	Premier League Darts
1:00pm	Premier League Match Pack
1:30pm	Boxing Gold
2:30pm	Premier League Darts
5:30pm	Boxing
6:00pm	Boxing Gold
6:30pm	Boxing
7:00pm	The Fantasy Football Club
8:00pm	Football
11:15pm	Boxing
11:45pm	Barclays Premier League Preview
12:15am	Boxing
12:45am	Scottish Football Round Up Show
1:00am	Live ATP Tennis Acapulco
3:00am	Barclays Premier League Preview

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	The Home Game
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Schofield's South African Adventure
9:30pm	Coronation Street
10:00pm	Lethal Weapon
11:00pm	The Nightly Show with David Walliams
11:30pm	ITV News
12:00am	ITV News London
12:15am	Play to the Whistle
1:15am	The Nightly Show with David Walliams
1:40am	Jackpot247
4:00am	Storage Hoarders

itv2

7:00am	You've Been Framed!
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Emmerdale
10:00am	You've Been Framed!
10:35am	Psych
11:25am	Scorpion
12:25pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Emmerdale
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	American Pie
12:00am	Family Guy
12:30am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Inspector Morse
2:00pm	Heartbeat
3:05pm	The Royal
4:10pm	Where the Heart is
5:15pm	In Loving Memory
5:50pm	Doctor at Large
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	Agatha Christie's Marple
12:00am	Prime Suspect
2:00am	Wycliffe
2:55am	Inspector Morse
4:50am	Rory Bremner's Great British Views
5:40am	On the Buses <i>Sitcom about a chirpy bus driver and his conductor pal.</i>

itv4

7:00am	Gunsmoke
8:05am	The Saint
9:05am	Hogan's Heroes
9:40am	The Professionals
10:45am	Gunsmoke
11:50am	Pawn Stars
12:15pm	Pawn Stars
12:45pm	Darts: UK Open Live
6:00pm	The Saint
7:00pm	Storage Wars Texas
7:30pm	The Darts Show
8:00pm	Darts: UK Open Live
12:00am	Dawn of the Dead
1:00am	FYI Daily <i>A round-up of the latest entertainment news.</i>
1:05am	Dawn of the Dead
2:05am	Barry McGuigan: Sports Life Stories
3:05am	The Saint
4:00am	Teleshopping <i>Shopping from home.</i>

sky CINEMA ACTION & ADVENTURE

9:25am	Backdraft
11:50am	Avengers: Age of Ultron
2:15pm	Ant-Man
4:20pm	Enemy of the State
6:40pm	X2
9:00pm	Avengers: Age of Ultron
11:30pm	Ant-Man
1:30am	The Mummy: Tomb of the Dragon Emperor

sky CINEMA COMEDY

9:40am	The Rocky Horror Picture Show: Let's Do the Time Warp Again
11:20am	The Top Ten Show 2017
11:40am	License to Drive
1:20pm	Ride Along 2
3:10pm	The Holiday
5:30pm	Get Hard
7:20pm	Unfinished Business
9:00pm	The Hangover
10:45pm	Ride Along 2
12:35am	Starsky and Hutch

sky CINEMA PREMIERE

7:00am	Blood Orange
8:40am	I Saw the Light
10:55am	Teenage Mutant Ninja Turtles: Out of the Shadows
1:00pm	Florence Foster Jenkins
3:00pm	Demolition
4:50pm	I Saw the Light <i>Gritty music biopic about booze-addled country and western icon Hank Williams.</i>
7:00pm	Teenage Mutant Ninja Turtles: Out of the Shadows
9:00pm	Florence Foster Jenkins
11:00pm	Demolition
12:50am	Locked in
2:35am	Darling
4:10am	Summertime <i>Enchanting drama about young lesbian lovers struggling to be together in conservative 70s France.</i>

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Time of Our Lives
9:00am	Sky Sports Years
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Scottish Football Round Up Show
11:15am	Great Sporting Moments
11:30am	Boxing Gold
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
2:00pm	Cricket
10:30pm	Cricket Classics
11:30pm	Cricket Gold Shorts
11:40pm	Cricket Gold Shorts
11:50pm	Cricket Gold Shorts
12:00am	Ashes Best Days
2:00am	The Fantasy Football Club
3:00am	Super League Highlights
3:15am	Super League Gold
3:30am	Sporting Rivalries
4:00am	Super League Highlights
4:15am	Super League Gold
4:30am	Cricket Gold
4:40am	Cricket Gold
4:50am	Cricket

LEGALLY SPEAKING

Blue light approval

AS part of the series, we answer some common driving questions and keep you updated on the latest driving and road news kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.

EMERGENCY: Blue lights to be used.



THE Congressional Road Safety Commission has approved the move for all emergency service vehicles to use blue lights, rather than amber, to follow in line with the EU.

Traditionally, only security services such as the Guardia Civil and police would use blue lights, with ambulances, fire and other priority vehicles using orange lights, but now all will use blue.

The change had been approved by previous congressional committees in 2006, 2010 and 2011, but had not been previously implemented. Now, the move has been voted for in a bid to improve road safety. The change to blue lights will also be accompanied by an awareness campaign for road users so that everyone is clear of the need to give way to priority vehicles displaying blue lights.

Irene Rivera, the deputy for the Ciudadanos political party, had raised the motion saying that some emergency vehicles had lost vital minutes in attending to emergencies as some road users had thought they were just rubbish trucks or slow moving vehicles, which also display amber lights, and had not moved out of the way for the emergency vehicles quick enough. As a result, the party asked for the change to be implemented.

The committee also took the opportunity to approve an initiative proposed by the PP to raise awareness of the human responsibility factor, intending to promote self-awareness amongst drivers as the rise in accidents on Spanish roads caused by drivers being distracted is a growing concern. This includes alcohol and drug use whilst driving.

For more news and articles visit www.n332.es or search N332 on Facebook.

Can he still get a majority?

Q. On our complex almost all the properties are holiday homes and not occupied much of the year. The owners are multinational and the AGM is poorly attended. This makes it difficult to get the required 60 per cent approval. I propose to write to

each owner with the details of a change of façade that I want to do. I will enclose a form to sign and return. Also, are the no shows at an AGM considered as a yes or no vote?

J N (Costa Blanca)

A. Perhaps you do not need to write to other owners. If your AGM is held on the 'second calling' and most of them are, a majority of 60 per cent of those present in person or by proxy will suffice to pass the mo-

David Searl
You and the Law
in Spain

tion. Unless the absentees protest within 30 days of being informed, their votes

count as favourable. I urge you to discuss your plan with your President and Administrator well in advance. Remember you need to be in the official Agenda of the meeting. You will also need a building permit.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Eat 10 pieces of fruit a day?

Mike Senker

In my opinion

Views of a Grumpy Old Man



WHEN I lived in England, and even when I visit now, if you want to pay someone with a £50 note they look at you like you are mad. But here €50 notes are used to pay for anything and no-one bats an eyelid. So why the big deal in the UK?

I was watching the news the other day and, once again, some genius has decided that I'm not eating enough fruit. It used to be an 'apple a day kept the doctor away,' and then it was five a day.

Now, on my diet that included Terry's chocolate orange, fruit pastilles, fruit and nut, a banana split and carrot cake. The advice has now changed to 10 a day. Ten a day? Are they crazy? How can you eat 10 pieces of fruit a day? Who are these people? Do they live in the same world as us? Do they not know what happens if you eat 70 bits of fruit a week? You will be spending most of your time in the loo! Never mind fruit they are all bloody nuts!

Once again I have to Trump Grump. This week he has banned the BBC, New York Times and CNN, to name a few, from his White House press conferences be-

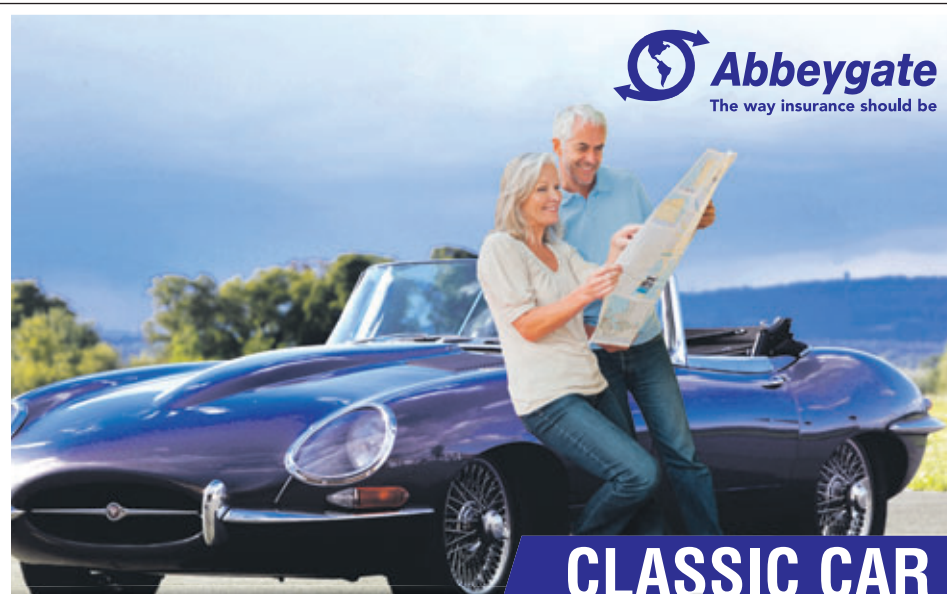
cause he says they print fake news. This is ripe coming from a man that is always spouting 'alternative facts' aka LIES. Anyway I think that free speech is important and everyone is entitled to their opinion.

So if I was the world's media I would have stood together and just boycotted the press conferences anyway and show that they can't be bullied. Some have already done so, so well done to them. Because if there is no media there then no-one will be reporting all his propaganda. He needs the media and they, of course, need him. Anyone want to take me up on my bet he doesn't last the four years?

I have never got so much spam in my email as I am getting now. I'm used to getting the odd pharmaceutical one and the one from my Nigerian friends but all of a sudden I'm getting about 10 a day from the likes of Costco, Tesco, M & S, Morrisons and Boots.

In fact, they are from every major store in the UK. Why? Is it only me? And how do you stop it? It's going into a spam folder. Is there away to stop it? Don't say click on unsubscribe because as they are cons, anywhere you click sends them your information.

I'm going to watch the Oscars now, as I write these articles on Sundays, and listen to all the luvvies have a pop at Donald. Not sure it's the correct thing to do... actually I am. Email me at mikesenker@gmail.com.



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BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Mary Berry Everyday
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	Bargain Hunt
3:15pm	My Life
3:45pm	Monsters vs Aliens
5:10pm	Final Score
6:10pm	Celebrity Mastermind
6:40pm	BBC News
6:50pm	Regional News
6:55pm	Weather
7:00pm	Pointless
7:45pm	Lets Sing and Dance for Comic Relief
9:00pm	Who Dares Wins
9:40pm	Casualty
10:30pm	Mrs. Brown's Boys
11:00pm	BBC News
11:15pm	Weather
11:20pm	Match of the Day
12:45am	This Country
1:10am	Papadopoulos and Sons
2:55am	Weather for the Week Ahead <i>Detailed weather report.</i>
3:00am	BBC News

BBC TWO

7:25am	North West Frontier
9:30am	Athletics
11:00am	Ireland's Wild River: The Mighty Shannon: Natural World
12:00pm	Homes Under the Hammer
1:00pm	Two Greedy Italians: Still Hungry
2:00pm	Little Paris Kitchen
2:30pm	Escape to the Country
3:15pm	Mastermind the Final
4:15pm	University Challenge
4:45pm	Only Connect
5:15pm	Athletics
9:15pm	Grand Tours of the Scottish Islands
9:45pm	Dad's Army
10:15pm	Live at the Apollo
11:00pm	Martin Scorsese: True Confessions
11:30pm	Mean Streets
1:20am	Taboo <i>Documentary exploring taboos across different cultures.</i>
2:20am	Taboo
3:15am	Witchfinder General
4:40am	This is BBC Two

BBC FOUR

8:00pm	Indian Hill Railways <i>Series looking at the little trains that have climbed through the Indian clouds for a hundred years. Shimla was once the summer capital of the Raj.</i>
9:00pm	She-Wolves: England's Early Queens
10:00pm	Follow the Money
11:00pm	Follow the Money
12:00am	Top of the Pops <i>John Peel and David Jensen present the weekly look at the pop charts, first broadcast on 13th January 1983.</i>
12:30am	Top of the Pops
1:05am	The Secret Science of Pop
2:05am	Janis
3:35am	Queens of Soul

CHANNEL 4

8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	The Big Bang Theory
11:00am	The Big Bang Theory
11:30am	The Big Bang Theory
11:55am	The Simpsons
12:30pm	The Simpsons
1:00pm	Jamie and Jimmy's Friday Night Feast
2:00pm	Come Dine with Me
2:30pm	Come Dine with Me
3:00pm	Come Dine with Me
3:30pm	Come Dine with Me
4:00pm	Come Dine with Me
4:30pm	A Place in the Sun
5:35pm	Location, Location, Location
6:35pm	Grand Designs
7:30pm	Channel 4 News
8:00pm	Escape to the Chateau
9:00pm	Penelope Keith at Her Majesty's Service
10:00pm	The Wolverine
12:25am	Abraham Lincoln: Vampire Hunter

CHANNEL 5

10:25am	Peppa Pig
10:35am	Peppa Pig
10:45am	Ben and Holly's Little Kingdom
10:55am	Teenage Mutant Ninja Turtles
11:30am	Access
11:35am	Benefits Britain: Life on the Dole
12:35pm	Benefits Britain: Life on the Dole
1:35pm	Benefits Britain: Life on the Dole
2:30pm	Dance Moms
3:25pm	Dance Moms
4:20pm	Dance Moms
5:15pm	The Nightmare Neighbour Next Door
6:15pm	Can't Pay? We'll Take it Away: Final Demand
7:10pm	Can't Pay? We'll Take it Away!
8:05pm	NCIS: Los Angeles
9:00pm	NCIS
9:55pm	5 News Weekend
10:00pm	Football on 5
11:00pm	Football on 5
11:30pm	Conspiracy: Pearl Harbor Cover-Up

4

7:20am	Young and Hungry
7:45am	Young and Hungry
8:05am	How I Met Your Mother
8:35am	How I Met Your Mother
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	Baby Daddy
10:30am	Baby Daddy
11:00am	Young and Hungry
11:30am	Young and Hungry
12:00pm	Rude(Ish) Tube Shorts
12:15pm	Alvin and the Chipmunks: The Squeakquel
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Goldbergs
3:30pm	Black-Ish
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	Mission: Impossible
8:10pm	The Big Bang Theory
8:35pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Red

sky SPORTS 1

7:00am	Boxing
7:30am	Boxing
8:00am	Boxing
8:30am	Boxing
9:00am	Boxing
9:30am	The Fantasy Football Club
10:30am	Barclays Premier League Preview
11:00am	Soccer A.M.
12:30pm	Live PL Football
4:00pm	Gillette Soccer Saturday
6:15pm	Football
9:00pm	EFL Goals
9:30pm	Nissan Game of the Day
11:30pm	Nissan Match Choice
12:30am	Football
1:00am	Premier League Highlights
1:30am	Premier League Highlights
2:00am	Premier League Highlights
2:30am	Premier League Highlights
3:00am	Premier League Highlights
3:30am	Premier League Highlights

itv

7:00am	CITV
10:25am	Alphabetical
11:20am	Guess This House
12:20pm	ITV News and Weather
12:25pm	The Voice UK
2:30pm	ITV Racing Live from Doncaster
5:00pm	You've Been Framed! <i>Comedy show which features a selection of camcorder catastrophes and video disasters.</i>
5:30pm	Local News and Weather
5:45pm	ITV News and Weather
6:00pm	Despicable Me 2
8:00pm	Ant and Dec's Saturday Night Takeaway
9:30pm	The Voice UK
10:45pm	ITV News and Weather
11:00pm	Lethal Weapon
11:55pm	First Blood
1:40am	Jackpot247
4:00am	Who's Doing the Dishes?

itv2

7:00am	Totally Bonkers
7:10am	Guinness World Records
7:10am	Emmerdale Omnibus
9:45am	Coronation Street Omnibus
12:10pm	Ant and Dec's Saturday Night Takeaway
1:40pm	Take Me Out
2:55pm	The Voice UK
4:55pm	Paul Blart: Mall Cop
5:55pm	FYI Daily
6:00pm	Paul Blart: Mall Cop
6:45pm	Kindergarten Cop
7:45pm	FYI Daily
7:50pm	Kindergarten Cop
9:00pm	Scorpion
10:00pm	American Pie 2
11:05pm	FYI Daily
11:10pm	American Pie 2
12:10am	Family Guy <i>Animated comedy series about the everyday trials and tribulations of family life.</i>
12:35am	Family Guy
1:05am	Family Guy
1:35am	American Dad!

itv3

7:00am	Judge Judy
7:20am	On the Buses
7:45am	Murder, She Wrote
8:40am	Murder, She Wrote
9:40am	Murder, She Wrote
10:40am	Carry on Girls
11:40am	FYI Daily
11:45am	Carry on Girls
12:35pm	Lewis
2:40pm	Inspector Morse
4:55pm	Agatha Christie's Marple
7:00pm	Rosemary and Thyme
8:00pm	Midsomer Murders
10:00pm	Midsomer Murders
12:00am	Carry On Forever <i>Documentary celebrating the success of the Carry On franchise.</i>
1:00am	Wycliffe
2:05am	Marchlands <i>Chilling drama about three families who live in the same remote house in different time periods.</i>
3:00am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	The Professionals <i>Action-packed drama series about two criminal-intelligence agents.</i>
8:00am	The Professionals <i>Action-packed drama series about two criminal-intelligence agents.</i>
9:00am	World Superbike Championship Highlights
10:00am	Bundesliga
11:00am	ITV Racing: The Opening Show
12:00pm	The Car Chasers
12:35pm	The Car Chasers
1:00pm	Storage Wars Texas
1:30pm	Darts: UK Open Live
6:00pm	The Darts Show
6:25pm	Pawn Stars
6:55pm	It's Not Rocket Science
8:00pm	Darts: UK Open Live
12:00am	Jackie Brown
1:00am	FYI Daily
1:05am	Jackie Brown
3:05am	Minder
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

8:50am	Spy
10:55am	G.I. Joe: The Rise of Cobra
1:00pm	The Huntsman: Winter's War
3:00pm	Troy
5:45pm	xXx2: The Next Level
7:35pm	In the Heart of the Sea
9:40pm	The Huntsman: Winter's War
11:40pm	Spy

sky CINEMA COMEDY

8:15am	The Naked Gun 2 1/2: The Smell of Fear
9:45am	Police Academy
11:30am	Ted 2
1:30pm	Wedding Crashers
3:35pm	Austin Powers: The Spy Who Shagged Me
5:20pm	Pixels
7:10pm	Robin Hood: Men in Tights
9:00pm	Ted 2
11:00pm	Brüno
12:30am	Borat

sky CINEMA PREMIERE

7:00am	Blood Orange <i>Music legend Iggy Pop stars as an ageing rock star whose idyllic life with his beautiful young wife is threatened by her revenge-seeking former lover.</i>
8:45am	Demolition
10:40am	Florence Foster Jenkins
12:45pm	Imperium
2:50pm	Teenage Mutant Ninja Turtles: Out of the Shadows
4:50pm	I Saw the Light <i>Gritty music biopic about booze-addled country and western icon Hank Williams.</i>
7:00pm	Florence Foster Jenkins
9:00pm	Imperium
11:00pm	Teenage Mutant Ninja Turtles: Out of the Shadows
1:00am	Demolition
2:55am	Blood Orange

sky SPORTS 2

7:00am	Cricket
12:30pm	Boxing <i>Arch-rivals David Haye and Tony Bellew go on the verbal offensive ahead of their upcoming heavyweight fight at the O2 Arena in London.</i>
1:00pm	Live Scottish Cup
3:45pm	Rugby Union
6:00pm	Rugby Union
8:30pm	Great Sporting Moments
8:45pm	Great Sporting Moments
9:00pm	Sporting Records
9:30pm	Sporting Records
10:00pm	To be Announced
12:00am	Sporting Mavericks
12:30am	Sporting Mavericks
1:00am	Cricket
2:00am	Cricket
3:00am	Cricket
4:00am	Cricket Gold
4:10am	Cricket Gold
4:20am	Cricket Gold
4:30am	Cricket Gold

Advertising feature

Are you brokerless?



SOMETIMES people think that by using a broker for insurance it may cost more money. There is however, no reason why this should be the case. Like with everything in this world, one is free to shop around for the best price whatever the purchase may be, but with insurance, you need to think further than the cost.

In Spain, there are not any English comparison sites, unlike the UK, where there are many, each competing for business, with a bombardment of comical TV advertising.

Here it's a little subtler. Of course, we do have those that work solely by telephone, where you get your quote for say, car insurance, and everything thereafter is then done by post or perhaps email. This is, of course, very impersonal and maybe mistakes could creep in. Also, you never get to meet the person or the company selling you the insurance and, by telephone, it's never quite the same.

With Liberty Seguros, however, it's a different and pleasant kettle of fish. They have over 300 brokers,



LIBERTY SEGUROS: The Expats' Number 1 Choice with over 175,000 expat clients in Spain.

many of which have dedicated employees to look after expatriates and in most cases always speak your language, especially English but also other European languages too, in-

cluding Dutch, German and Scandinavian. By visiting your nearest Liberty broker, and there's sure to be one near you, it's much more friendly and personal. You can pop into a nice

warm office; perhaps have a coffee; sit down face to face with a dedicated and professional insurance advisor, who can answer any questions you may have about many different types

of insurance. They will also be as transparent as possible so that you're not surprised after you've contracted your insurance.

Liberty provides insurance for car, home, life, pet, business and commercial, leisure like golf, marine, and personal injury; almost anything you want under one roof without you having the need to maintain correspondence from several other companies and deal with lots of renewals year on year.

Liberty's advertising carries the slogan 'The Expats' Number 1 Choice' and with over 175,000 expat clients in Spain, you can perhaps see why!

Liberty Seguros can be contacted by telephone on 902 255 258 for the name of your nearest broker or agent, or visit www.libertyexpatriates.es for more information on all the insurances they offer.

Don't be 'brokerless,' a friend in need is a friend indeed!



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BBC one

7:00am	Breakfast
8:30am	Match of the Day
10:00am	The Andrew Marr Show
11:00am	The Big Questions
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Homes Under the Hammer
3:15pm	Flog It!
4:15pm	Escape to the Country
5:00pm	Songs of Praise
5:35pm	Shop Well for Less
6:35pm	BBC News
6:50pm	Regional News
6:55pm	Weather
7:00pm	The Big Painting Challenge
8:00pm	Countryfile
9:00pm	Call the Midwife
10:00pm	SS-GB
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Match of the Day 2
12:35am	American High School

BBC TWO

7:30am	A to Z of TV Gardening
8:15am	Island Parish Sark Winter
8:45am	Around the World in 80 Gardens
9:45am	Countryfile
10:45am	Saturday Kitchen Best Bites
12:15pm	Nigel Slater's Dish of the Day
12:45pm	Nigelissima
1:15pm	MOTD2 Extra MOTD2 Extra presents the latest football action.
2:00pm	Triathlon World Series
3:30pm	Athletics
8:00pm	Robot Wars
9:00pm	Top Gear
10:00pm	Special Forces - Ultimate Hell Week
11:00pm	London Road
12:30am	Papillon
2:55am	Taboo
3:55am	Question Time
4:55am	Holby City
5:50am	This is BBC Two

BBC FOUR

8:00pm	Sound of Song <i>Composer and musician Neil Brand's series exploring the alchemy that creates great songs reaches the modern era, when a revolution in how they were made took place.</i>
9:00pm	Kiri Te Kanawa at the BBC
10:00pm	The Hunt
11:50pm	Sound Waves: The Symphony of Physics
12:50am	Every Breath We Take: Understanding Our Atmosphere
1:50am	Hurricanes and Heatwaves: The Highs and Lows of British Weather
2:45am	Mumbai High: The Musical
3:50am	Kiri Te Kanawa at the BBC

CHANNEL 4

7:15am	King of Queens <i>Doug and Deacon fill in for Supervisor O'Boyle at the IPS depot.</i>
7:40am	King of Queens
8:05am	King of Queens
8:30am	Everybody Loves Raymond
8:55am	Everybody Loves Raymond
9:25am	Frasier <i>Daphne's birthday party leads to some unexpected events.</i>
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	The Simpsons
2:00pm	The Simpsons
2:30pm	The Simpsons
3:00pm	George Clarke's Amazing Spaces
4:00pm	Location, Location, Location
5:00pm	Channel 4 News
5:30pm	Fantastic Four
7:30pm	The Jump
9:00pm	Rivers with Jeremy Paxman Ep1
10:00pm	Homeland
11:00pm	Gogglebox

CHANNEL 5

9:50am	Shimmer and Shine
10:20am	Peppa Pig
10:30am	Peppa Pig
10:40am	Ben and Holly's Little Kingdom
10:50am	Teenage Mutant Ninja Turtles
11:25am	Football on 5
12:20pm	Football on 5
12:50pm	The Fifth Element
3:10pm	Spies Like Us
4:30pm	5 News
4:35pm	Spies Like Us
5:10pm	Secrets of the National Trust with Alan Titchmarsh
6:10pm	Cruising with Jane McDonald
7:05pm	Inside Windsor Castle
8:00pm	Inside Windsor Castle
9:00pm	Nightmare Tenants, Slum Landlords
9:55pm	5 News Weekend
10:00pm	The Bruce Forsyth Story
11:30pm	An Audience with Bruce Forsyth
12:35am	Bruce Forsyth's Comedy Heroes

4

7:00am	Rude(Ish) Tube
7:20am	How I Met Your Mother
7:45am	How I Met Your Mother
8:05am	Melissa and Joey
8:35am	Melissa and Joey
9:00am	Baby Daddy
9:30am	Baby Daddy
10:00am	Black-Ish
10:30am	Hollyoaks Omnibus
1:00pm	The Jump
2:40pm	Step Up
4:40pm	The Goldbergs
5:10pm	The Goldbergs
5:40pm	The Goldbergs
6:05pm	The Big Bang Theory
6:35pm	The Big Bang Theory
7:05pm	The Big Bang Theory
7:35pm	The Big Bang Theory
8:00pm	Unstoppable
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	The Grey
1:15am	Celebs Go Dating
2:20am	Celebs Go Dating
3:20am	Marvel's Agents of S.H.I.E.L.D.
4:05am	Gap Year
4:55am	Hollyoaks Omnibus

sky SPORTS 1

7:00am	Premier League Highlights
7:30am	Football
8:00am	Premier League Highlights
8:30am	Premier League Highlights
9:00am	Premier League Highlights
9:30am	Premier League Highlights
10:00am	The Sunday Supplement
11:30am	Goals on Sunday
1:30pm	Live Nissan Super Sunday
4:30pm	Live Nissan Super Sunday
8:00pm	EFL Goals
8:30pm	Spanish Football Gold
8:40pm	Football
10:40pm	Spanish Football Gold
10:50pm	Spanish Football Gold
11:00pm	Football
11:30pm	Football
12:00am	Goals on Sunday
1:00am	Football
1:30am	Football
2:00am	Boxing Gold

itv

10:30am	Countrywise
11:00am	Peston on Sunday
11:55am	Gino's Italian
	Escape: Hidden Italy
12:25pm	Chopping Block
1:25pm	Who's Doing the Dishes?
2:30pm	ITV News and Weather
2:35pm	The Voice UK
3:50pm	Little Big Shots
4:50pm	The Chase
5:50pm	Tipping Point
6:50pm	Local News and Weather
7:00pm	ITV News and Weather
7:15pm	Harry Hill's Alien Fun Capsule
7:40pm	5 Gold Rings
8:45pm	The Voice UK
10:00pm	The Good Karma Hospital
11:00pm	ITV News and Weather
11:20pm	The Nightly Show Best Bits
11:50pm	Peston on Sunday
12:50am	Aviva Premiership Rugby Highlights

itv2

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	Emmerdale Omnibus
10:10am	Coronation Street Omnibus
12:45pm	The Voice UK
2:00pm	Zawesome
2:05pm	Guidance
2:40pm	Fame High
3:05pm	Third Wheel
3:15pm	Third Wheel
3:30pm	L.A. Story
3:50pm	You've Been Framed!
4:50pm	Ant and Dec's Saturday Night Takeaway
6:25pm	King Kong
7:25pm	FYI Daily
7:30pm	King Kong
10:00pm	Ibiza Weekender
11:00pm	Family Guy <i>Animated comedy series about the everyday trials and tribulations of family life.</i>
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!
1:00am	American Dad!

itv3

7:00am	On the Buses
7:25am	Sherlock Holmes
9:30am	Heartbeat
10:35am	Heartbeat
11:35am	Murder, She Wrote
12:40pm	Murder, She Wrote
1:45pm	The Belles of St. Trinian's
2:45pm	FYI Daily
2:50pm	The Belles of St. Trinian's
3:35pm	Inspector Morse
5:55pm	Agatha Christie's Marple
7:55pm	Midsomer Murders
10:00pm	Tonight at the London Palladium
11:00pm	Carry On Forever
12:05am	Carry on Camping
1:05am	FYI Daily
1:10am	Carry on Camping <i>Great British farcical comedy set in the great outdoors.</i>
1:55am	Inspector Morse
3:45am	Wycliffe
4:40am	May the Best House Win
5:35am	May the Best House Win

itv4

7:00am	Hat-Trick Heroes
7:20am	The Wine Show <i>A magazine show especially for wine lovers.</i>
8:25am	The Professionals <i>Action-packed drama series about two criminal-intelligence agents.</i>
9:25am	Shed and Buried
10:30am	Storage Wars Texas
11:00am	Storage Wars Texas
11:25am	Pawn Stars
11:55am	Pawn Stars
12:20pm	Pawn Stars
12:45pm	Pawn Stars
1:10pm	Pawn Stars
1:45pm	Darts
6:00pm	Pawn Stars
6:30pm	Pawn Stars
6:55pm	Fishing Impossible
8:00pm	Darts <i>Coverage of all the latest action from the world of Darts.</i>
12:00am	Born to Raise Hell
1:00am	FYI Daily
1:05am	Born to Raise Hell

sky CINEMA ACTION & ADVENTURE

10:05am	Ghost Rider
12:05pm	Mission: Impossible - Rogue Nation
2:25pm	Pearl Harbour
5:35pm	X-Men Origins: Wolverine
7:30pm	Cloverfield
9:00pm	Mission: Impossible - Rogue Nation
11:15pm	Terminator 3: Rise of the Machines
1:15am	Ghost Rider

sky CINEMA COMEDY

7:10am	Click
9:10am	The Naked Gun 3 1/3: The Final Insult
10:40am	Loser
12:25pm	Paul Blart: Mall Cop 2
2:10pm	The Cable Guy
3:55pm	The Simpsons Movie
5:30pm	The Bad Education Movie
7:10pm	Ghostbusters
9:00pm	Back to the Future
11:00pm	Back to the Future Part II

sky CINEMA PREMIERE

7:00am	I Saw the Light <i>Gritty music biopic about booze-addled country and western icon Hank Williams.</i>
9:10am	Teenage Mutant Ninja Turtles: Out of the Shadows
11:15am	Imperium <i>Daniel Radcliffe stars as an undercover FBI agent tasked with infiltrating a neo-Nazi terrorist group.</i>
1:15pm	Florence Foster Jenkins
3:15pm	The Darkness
5:00pm	Teenage Mutant Ninja Turtles: Out of the Shadows
7:00pm	Imperium
9:00pm	Florence Foster Jenkins
11:00pm	The Darkness
12:40am	Darling
2:15am	Locked in
4:00am	Blood Orange
5:45am	Fast and Furious 7 Special

sky SPORTS 2

7:00am	Cricket <i>Day two of the second Test between India and Australia from M. Chinnaswamy Stadium in Bangalore.</i>
12:30pm	Cricket Gold
12:40pm	Cricket Gold
12:50pm	Cricket Gold
1:00pm	Cricket Classics
2:00pm	Cricket
10:30pm	Cricket Gold Shorts
10:40pm	Cricket Gold Shorts
10:50pm	Cricket Gold Shorts
11:00pm	Cricket Gold Shorts
11:10pm	Cricket Gold Shorts
11:20pm	To be Announced
1:20am	Cricket Gold Shorts
1:30am	Cricket Gold Shorts
1:40am	To be Announced
3:40am	Football Gold
3:50am	Football Gold
4:00am	Cricket's Greatest
4:30am	Cricket Gold
4:40am	Cricket Gold
4:50am	Cricket

Blair & Hogan-Howe aren't fading away, but are away with the fairies

Nora Johnson

Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson



THIS week my 'targets' are two old favourites, Tony Blair and Sir Bernard Hogan-Howe. Now, bear with me here - don't panic!

In a recent speech, Blair signalled a return to frontline politics, claiming that Brexit isn't inevitable and that Brits voted with 'imperfect knowledge' of what the alternative was (as opposed to his administration's own 'perfect knowledge' of WMD?), using the analogy of a bad house swap that could still be stopped by a 'revolt' of the people.

Is there no end to the hubris of this man? Not only did his government's immigration and fiscal policies precipitate the sort of

problems which led directly to Brexit, his phoney war in Iraq was a precursor to the displacement of millions in the East and an escalation in Islamic extremism, both of which have allowed anti-immigrant feeling to spread throughout Europe.

Blair is a toxic brand and anathema to the British public. If you needed someone to help galvanise those who voted Leave whilst dividing those who voted Remain, he'd be the perfect choice, right?

Blair's like an aging rock star attempting to rekindle past glories by playing old hits to the faithful. Times have moved on, Tony. Accept that and fade away... gracefully if possible.

Someone else you might expect to fade away gracefully (with gold-plated pension plus all accompanying perks, like free truncheons for life) is recently retired Metropolitan Police Commissioner, Sir Bernard Hogan-Howe

who's about to embark on a lucrative world tour as keynote speaker. Remind you of anyone?

In a defiant final speech, Sir Bernard requested decent and fair treatment for armed police officers but, ironically, presided over a regime that failed to return the favour for high profile suspects like Cliff Richard etc.

Nobody should be above the law, but those charged with enforcing it should be competent, and take action based on verifiable evidence, not one man's unsupported allegations, classified as 'credible.'

And my own top three choices of succes-

sor for Sir Bernard? These would have been DI Jack Regan (from The Sweeney), DCI Jim Taggart or Miss Marple. 'Nuff said.

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer', 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.



Tony Blair. |

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BBC one

7:00am Breakfast
10:15am The Housing Enforcers
11:00am Homes Under the Hammer
12:00pm Heir Hunters
12:45pm Dom on the Spot
1:15pm Bargain Hunt
2:00pm BBC News
2:30pm Regional News
2:45pm Doctors
3:15pm The Doctor Blake Mysteries
4:15pm Escape to the Country
4:45pm Money for Nothing
5:30pm Flog It!
6:15pm Pointless
7:00pm BBC News
7:30pm Regional News
8:00pm The One Show
8:30pm Inside Out
9:00pm EastEnders
9:30pm Panorama
10:00pm Crimewatch
11:00pm BBC News
11:30pm Regional News
11:40pm Weather
11:45pm Imagine...
1:05am The Graham Norton Show

BBC TWO

7:00am The World's Most Photographed
7:30am Heir Hunters
8:15am The Farmers' Country Showdown
9:00am Great Interior Design Challenge
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm Two Tribes
2:30pm Beat the Brain
3:00pm Building Dream Homes
3:30pm Channel Patrol
4:15pm Rivers with Griff Rhys Jones
5:15pm Madagascar
6:15pm Bargain Hunt
7:00pm Eggheads
7:30pm The Hairy Bikers' Comfort Food
8:00pm Top Gear
9:00pm University Challenge
9:30pm Mary Berry Everyday
10:00pm Meet the Lords
11:00pm Cradle to Grave
11:30pm Newsnight
12:10am Weather
12:15am The Secrets of Your Food

BBC FOUR

8:00pm 100 Days
8:30pm Reel History of Britain
9:00pm The Big Painting Challenge
Entertainment series searching nationwide for the best amateur artist in Britain.
10:00pm Britain in Focus: A Photographic History
11:00pm Timewatch
The story of how an unassuming little girl rose to be the most powerful woman in the world.
11:50pm The Attack: Terror in the UK
12:50am Oceans
1:50am Art of China
2:50am Ancient Greece: The Greatest Show on Earth
3:50am Britain in Focus: A Photographic History

CHANNEL 4

9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00pm Frasier
10:35pm Frasier
11:05pm Undercover Boss USA
12:00pm Ramsay's Kitchen Nightmares USA
1:00pm Channel 4 News
1:05pm A New Life in the Sun
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm Fifteen to One
5:00pm A Place in the Sun
6:00pm Couples Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Food Unwrapped
9:30pm Travel Man
10:00pm Mutiny
11:00pm How'd You Get So Rich?
11:50pm Tattoo Fixers
12:50am Gap Year
1:45am A Very British Hotel

CHANNEL 5

8:50am Paw Patrol
9:05am Ben and Holly's Little Kingdom
9:15am Digby Dragon
9:30am Peppa Pig
9:40am Peppa Pig
9:50am Wissper
10:00pm Toot the Tiny Tugboat
10:15am The Wright Stuff
12:15pm GPs: Behind Closed Doors
1:10pm 5 News Lunchtime
1:15pm The Nightmare Neighbour Next Door
2:15pm Home and Away
2:45pm Neighbours
3:15pm NCIS
4:20pm Her Dark Past
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm The Cars That Made Britain Great
9:00pm Winter Road Rescue
10:00pm The Railway
11:05pm Britain's Biggest Cash Grab

4

8:00am Game of Clones
8:30am Hollyoaks
9:00am Rules of Engagement
9:30am Rules of Engagement
10:00am Baby Daddy
10:30am Baby Daddy
11:00am Charmed
12:00pm Charmed
1:00pm How I Met Your Mother
1:30pm How I Met Your Mother
2:00pm The Goldbergs
2:30pm The Goldbergs
3:00pm The Big Bang Theory
3:30pm The Big Bang Theory
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm How I Met Your Mother
5:30pm How I Met Your Mother
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Game of Clones
9:00pm Mirror Mirror
11:00pm Celebs Go Dating
12:05am First Dates Abroad

sky SPORTS 1

11:00am Premier League 100 Club
11:30am Premier League 100 Club
12:00pm ATP Tour Acapulco Highlights
1:00pm Football
1:30pm Football
2:00pm Premier League 100 Club
2:30pm Premier League 100 Club
3:00pm Football
3:30pm Football
4:00pm Spanish Football Gold
4:15pm Spanish Football Gold
4:30pm Football Gold
4:45pm Football Gold
5:00pm Football
5:30pm Football
6:00pm Premier League 100 Club
6:30pm Premier League 100 Club
7:00pm Premier League Legends
7:30pm Soccer AM: The Best Bits 2016/17
8:00pm Football
12:00am Revista de la Liga

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
3:00pm Judge Rinder
4:00pm The Home Game
5:00pm Tipping Point
6:00pm The Chase
7:00pm Local News and Weather
7:30pm ITV Evening News
8:00pm Emmerdale
Popular long-running soap opera, set in a Yorkshire village.
8:30pm Coronation Street
9:00pm The Kyle Files
9:30pm Coronation Street
10:00pm Broadchurch
11:00pm The Nightly Show with John Bishop
11:30pm ITV News
12:15am The Chase
1:15am The Nightly Show with John Bishop
1:40am Jackpot247

itv2

9:00am Emmerdale
9:30am Coronation Street
10:00am Coronation Street
10:35am Psych
11:25am Scorpion
12:25pm Who's Doing the Dishes?
1:25pm Emmerdale
1:55pm Coronation Street
2:30pm Coronation Street
3:00pm The Ellen DeGeneres Show
3:50pm The Jeremy Kyle Show
4:55pm The Jeremy Kyle Show
6:00pm Judge Rinder
7:00pm You've Been Framed!
7:30pm You've Been Framed!
8:00pm You've Been Framed!
8:30pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Family Guy
10:30pm The Great Indoors
11:00pm American Dad!
11:30pm American Dad!
12:00am Family Guy
12:30am Family Guy
12:55am American Dad!

itv3

7:00am In Loving Memory
7:25am Heartbeat
8:20am Where the Heart is
9:20am The Royal
10:25am Judge Judy
10:50am Judge Judy
11:20am Judge Judy
11:45am Inspector Morse
2:05pm Heartbeat
3:05pm The Royal
4:10pm Where the Heart is
5:15pm In Loving Memory
5:50pm Doctor at Large
6:20pm On the Buses
6:55pm Heartbeat
Drama, set in the North Yorkshire moors in the 1960's.
8:00pm Murder, She Wrote
9:00pm Doc Martin
10:00pm Foyle's War
12:00am Killer Women with Piers Morgan
1:00am Inspector Morse
3:10am ITV3 Nightscreen
Text-based information service.
3:30am Teleshopping

itv4

7:00am Tommy Cooper
7:30am The Saint
8:35am Hogan's Heroes
9:05am Hogan's Heroes
9:40am The Professionals
Action-packed drama series about two criminal-intelligence agents.
10:40am Ironside
11:40am Gunsmoke
12:45pm Storage Wars Texas
1:15pm Storage Wars Texas
1:45pm Pawn Stars
2:10pm Pawn Stars
2:40pm Hogan's Heroes
3:10pm Hogan's Heroes
3:40pm Ironside
4:45pm The Professionals
5:45pm Storage Wars Texas
6:15pm Storage Wars Texas
6:45pm Rugby
7:45pm Snooker
11:45pm Bundesliga
12:50am Rugby
1:50am The Professionals
2:50am Hogan's Heroes
3:15am Hogan's Heroes

sky CINEMA ACTION & ADVENTURE

7:00am Camino
8:50am Run All Night
10:50am Barely Lethal
12:40pm The Dark Knight
3:20pm The Goonies
5:20pm Hitman: Agent 47
7:00pm Run All Night
9:00pm The Dark Knight
11:35pm RoboCop
1:25am RoboCop 2
3:25am Hitman: Agent 47
5:05am The Comancheros

sky CINEMA COMEDY

8:30am The Lego Batman Movie: Special
9:00am Sister Act
10:50am The House Bunny
12:35pm How to be Single
2:35pm Trainwreck
4:45pm Pitch Perfect 2
5:15pm 27 Dresses
7:15pm The House Bunny
9:00pm How to be Single
11:00pm Trainwreck
1:10am 27 Dresses
3:10am Sister Act

sky CINEMA PREMIERE

7:00am Blood Orange
8:45am The Top Ten Show 2017
9:05am Imperium
11:10am Florence Foster Jenkins
1:10pm Kicking Off
2:55pm The Top Ten Show 2017
Which movies are doing the best business at home and across the pond?
3:15pm Demolition
5:10pm The Darkness
7:00pm Florence Foster Jenkins
9:00pm Imperium
11:00pm Kicking Off
12:35am The Darkness
2:25am Darling
3:55am I Saw the Light
Gritty music biopic about booze-addled country and western icon Hank Williams.

sky SPORTS 2

1:00pm Cricket Classics
2:00pm Time of Our Lives
3:00pm Cricket
4:00pm ATP Tour Dubai Final Highlights
5:00pm Cricket's Greatest
5:30pm Cricket's Greatest
6:00pm Cricket
7:00pm Sporting Triumphs
7:15pm Sporting Triumphs
7:30pm Cricket Gold
7:40pm Cricket Gold
7:50pm Cricket Gold
8:00pm Cricket's Greatest
8:30pm Spanish Football Gold
8:40pm Football
10:40pm Spanish Football Gold
10:50pm Spanish Football Gold
11:00pm More Than a Game
Profiling the moments that have transcended sport.
11:30pm More Than a Game
Profiling the moments that have transcended sport.
12:00am Ashes Best Days



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BBC one

7:00am Breakfast
 10:15am The Housing Enforcers
 11:00am Homes Under the Hammer
 12:00pm Heir Hunters
 12:45pm Dom on the Spot
 1:15pm Bargain Hunt
 2:00pm BBC News
 2:30pm Regional News
 2:45pm Doctors
 3:15pm The Doctor Blake Mysteries
 4:15pm Escape to the Country
 4:45pm Money for Nothing
 5:30pm Flog It!
 6:15pm Pointless
 7:00pm BBC News
 7:30pm Regional News
 8:00pm The One Show
 8:30pm EastEnders
 9:00pm Holby City
 10:00pm The Replacement
 11:00pm BBC News
 11:30pm Regional News
 11:40pm Weather
 11:45pm Panorama
 12:25am The Big Painting Challenge

BBC TWO

7:00am The World's Most Photographed
 7:30am Heir Hunters
 8:15am The Farmers' Country Showdown
 9:00am The Big Painting Challenge
 10:00am Victoria Derbyshire
 12:00pm BBC Newsroom Live
 1:00pm The Daily Politics
 2:00pm The Super League Show
 2:45pm Countryfile
 3:00pm Building Dream Homes
 3:30pm Channel Patrol
 4:15pm Rivers with Griff Rhys Jones
 5:15pm Madagascar
 6:15pm Bargain Hunt
 7:00pm Eggheads
 7:30pm The Hairy Bikers' Comfort Food
 8:00pm Antiques Road Trip
 9:00pm Kate Humble - Back to the Land
 10:00pm 1066
 11:00pm Inside No.9
 11:30pm Newsnight
 12:10am Weather

BBC FOUR

8:00pm 100 Days
 8:30pm Weird Nature, Fantastic Feeding
 9:00pm Tales from the Royal Wardrobe with Lucy Worsley
 10:00pm Planet Earth II
 11:00pm Storyville
 Series showcasing the best in international documentaries.
 12:55am Indian Hill Railways
 1:55am What a Performance! Pioneers of Popular Entertainment
 2:55am Alexander Armstrong's Real Ripping Yarns
 3:55am Planet Earth II Wildlife documentary series presented by David Attenborough.

CHANNEL 4

9:00am Everybody Loves Raymond
 9:35am Everybody Loves Raymond
 10:05am Frasier
 10:35am Frasier
 11:05am Undercover Boss USA
 12:00pm Ramsay's Kitchen Nightmares USA
 1:00pm Channel 4 News Includes weather and sport.
 1:05pm A New Life in the Sun
 2:05pm Find it, Fix it, Flog it
 3:10pm Countdown
 4:00pm Fifteen to One
 5:00pm A Place in the Sun
 6:00pm Couples Come Dine with Me
 7:00pm The Simpsons
 7:30pm Hollyoaks
 8:00pm Channel 4 News
 8:55pm The Political Slot
 9:00pm The Secret Life of the Zoo
 10:00pm Mutiny
 11:00pm Catastrophe
 11:35pm This is Us4

CHANNEL 5

9:05am Ben and Holly's Little Kingdom
 9:15am Digby Dragon
 9:30am Peppa Pig
 9:40am Peppa Pig
 9:50am Wissper
 10:00am Toot the Tiny Tugboat
 10:15am The Wright Stuff
 12:15pm GPs: Behind Closed Doors
 1:10pm 5 News Lunchtime
 1:15pm Nightmare Tenants, Slum Landlords
 2:15pm Home and Away
 2:45pm Neighbours
 3:15pm NCIS: Los Angeles
 4:15pm Shoot to Kill
 6:00pm 5 News at 5
 6:30pm Neighbours
 7:00pm Home and Away
 7:30pm 5 News Tonight
 8:00pm Winter Road Rescue
 9:00pm Inside Windsor Castle
 10:00pm Secrets of the National Trust with Alan Titchmarsh
 11:00pm Adolf and Eva

4

11:00am Charmed
 12:00pm Charmed
 1:00pm How I Met Your Mother
 1:30pm How I Met Your Mother
 2:00pm The Goldbergs
 2:30pm The Goldbergs
 3:00pm The Big Bang Theory
 3:30pm The Big Bang Theory
 4:00pm Baby Daddy
 4:30pm Baby Daddy
 5:00pm How I Met Your Mother
 5:30pm How I Met Your Mother
 6:00pm The Goldbergs
 6:30pm The Goldbergs
 7:00pm The Big Bang Theory
 7:30pm The Big Bang Theory
 8:00pm Hollyoaks
 8:30pm Game of Clones
 9:00pm The Goldbergs
 9:30pm Black-ish
 10:00pm Tattoo Fixers
 11:00pm Celebs Go Dating
 12:05am Naked Attraction

sky SPORTS 1

7:15am Football Gold
 7:30am Football Gold
 7:45am Football Gold
 8:00am WWE SmackDown!
 9:00am Football
 10:00am MNF Highlights
 10:30am Soccer AM: The Best Bits 2016/17
 11:00am Football Gold
 11:15am Football Gold
 11:30am Football Gold
 11:45am Football Gold
 12:00pm Football
 4:00pm Spanish Football Gold
 4:15pm Spanish Football Gold
 4:30pm Football Gold
 4:45pm Football Gold
 5:00pm Football
 6:00pm MNF Highlights
 6:30pm Premier League 100 Club
 7:00pm Premier League Review
 8:00pm Scottish Football Round Up
 8:15pm Football Gold
 8:30pm Gillette Soccer Special 2016/17
 11:00pm Premier League 100 Club

itv

7:00am Good Morning Britain
 9:30am Lorraine
 10:25am The Jeremy Kyle Show
 11:30am This Morning
 1:30pm Loose Women
 2:30pm ITV Lunchtime News
 3:00pm Judge Rinder
 4:00pm The Home Game
 5:00pm Tipping Point
 6:00pm The Chase
 7:00pm Local News and Weather
 All the very latest local news and weather.
 7:30pm ITV Evening News
 Round-up of the main national and international news.
 8:00pm Emmerdale
 8:30pm Britain's Busiest Motorway
 9:00pm The Secret Chef
 10:00pm Play to the Whistle
 11:00pm The Nightly Show with John Bishop
 11:30pm ITV News

itv2

9:00am Emmerdale
 9:30am Coronation Street
 10:00am Coronation Street
 10:35am Psych
 11:25am Scorpion
 12:25pm Who's Doing the Dishes?
 1:25pm Emmerdale
 1:55pm Coronation Street
 2:30pm Coronation Street
 3:00pm The Ellen DeGeneres Show
 3:50pm The Jeremy Kyle Show
 4:55pm The Jeremy Kyle Show
 6:00pm Judge Rinder
 7:00pm You've Been Framed!
 7:30pm You've Been Framed!
 8:00pm You've Been Framed!
 8:30pm You've Been Framed!
 9:00pm Two and a Half Men
 9:30pm Two and a Half Men
 10:00pm Hell's Kitchen

itv3

8:20am Where the Heart is
 9:20am The Royal
 10:25am Judge Judy
 10:50am Judge Judy
 11:20am Judge Judy
 11:45am Inspector Morse
 2:00pm Heartbeat
 Drama, set in the North Yorkshire moors in the 1960's.
 3:05pm The Royal
 4:05pm Where the Heart is
 5:10pm You're Only Young Twice
 5:50pm Doctor at Large
 6:20pm On the Buses
 This bold, bawdy and brash sitcom hit British screens in 1969.
 6:55pm Heartbeat
 Drama, set in the North Yorkshire moors in the 1960's.
 8:00pm Murder, She Wrote
 9:00pm Midsomer Murders
 11:00pm A Touch of Frost
 1:00am Inspector Morse

itv4

7:00am World Cup Top Goalscorers
 7:15am Gunsmoke
 8:20am The Saint
 9:25am Hogan's Heroes
 10:00am Hogan's Heroes
 10:30am The Professionals
 Action-packed drama series about two criminal-intelligence agents.
 11:35am Ironside
 12:40pm Gunsmoke
 1:45pm Snooker
 Coverage and reaction from the latest Snooker event taking place.
 5:45pm Storage Wars New York
 6:15pm Storage Wars Texas
 6:45pm Storage Wars Texas
 7:10pm Storage Wars Texas
 7:45pm Snooker
 11:45pm Lethal Weapon
 12:45am River Monsters
 1:50am The Professionals
 2:50am Hogan's Heroes
 3:25am Hogan's Heroes
 3:55am ITV4 Nightscreen

sky CINEMA ACTION & ADVENTURE

11:10am Independence Day
 1:40pm Tomorrowland
 4:00pm The Sorcerer's Apprentice
 6:00pm Independence Day
 8:30pm Teenage Mutant Ninja Turtles: Out of the Shadows
 10:30pm Hitman
 12:10am Tomorrowland
 2:25am Darkman

sky CINEMA COMEDY

7:00am Raising Helen
 9:05am The Banger Sisters
 10:50am When Harry Met Sally
 12:30pm Hot Pursuit
 2:05pm Pitch Perfect 2
 4:05pm Welcome to Me
 5:40pm Death Becomes Her
 7:30pm Hot Pursuit
 9:00pm Pitch Perfect 2
 11:00pm Welcome to Me
 12:35am Death Becomes Her
 2:25am When Harry Met Sally

sky CINEMA PREMIERE

7:00am Kicking Off
 8:35am Blood Orange
 10:10am Florence Foster Jenkins
 12:10pm Demolition
 2:00pm Kicking Off
 3:40pm Anguish
 5:20pm Imperium
 7:20pm The Darkness
 9:00pm Florence Foster Jenkins
 11:00pm Anguish
 Unnerving psychological horror about a troubled teenager who begins experiencing hallucinations linked to the death of another girl.
 12:35am Imperium
 2:35am The Darkness
 4:25am Darling

sky SPORTS 2

7:00am Cricket
 12:30pm Super League Gold
 12:45pm Super League Gold
 1:00pm Super League Fulltime 2017
 1:30pm Super League Gold
 1:45pm Super League Gold
 2:00pm Time of Our Lives
 3:00pm Cricket
 4:00pm Sporting Records
 4:30pm Sporting Records
 5:00pm Cricket's Greatest
 5:30pm Cricket's Greatest
 6:00pm Cricket
 7:00pm Sporting Triumphs
 7:15pm Sporting Triumphs
 7:30pm Super League Fulltime 2017
 8:00pm Live Greyhound Racing
 10:30pm Cricket's Greatest
 11:00pm La Liga World
 11:30pm Spanish Football Gold
 11:45pm Spanish Football Gold
 12:00am Premier League Review
 1:00am La Liga World

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BBC one

7:00am Breakfast
10:15am The Housing Enforcers
11:00am Homes Under the Hammer
12:00pm Heir Hunters
12:45pm Dom on the Spot
1:15pm Bargain Hunt
2:00pm BBC News
2:30pm Regional News
2:45pm Doctors
3:15pm The Doctor Blake Mysteries
4:15pm Escape to the Country
4:45pm Money for Nothing
5:30pm Flog It!
6:15pm Pointless
7:00pm BBC News
7:30pm Regional News
8:00pm The One Show
9:00pm Who Do You Think You Are?
10:00pm The Real Marigold Hotel
11:00pm BBC News
11:30pm Regional News
11:40pm Weather
11:45pm Peter Kay's Car Share
12:15am A Question of Sport
12:45am Beti and David: Lost for Words

BBC TWO

7:00am The World's Most Photographed
7:30am Heir Hunters
8:15am Money for Nothing
9:00am Sicily: The Wonder of the Mediterranean
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
12:30pm The Budget
4:30pm Channel Patrol
5:15pm Madagascar
6:15pm Bargain Hunt
7:00pm Eggheads
7:30pm The Hairy Bikers' Comfort Food
8:00pm Antiques Road Trip
9:00pm The House That £100k Built
10:00pm Incredible Medicine: Dr Weston's Casebook
11:00pm Mock the Week
11:30pm Newsnight
12:10am Weather
12:15am Meet the Lords
1:15am 1066
2:15am Trust Me, I'm a Doctor
3:15am DIY SOS The Big Build
4:15am This is BBC Two

BBC FOUR

8:00pm 100 Days
8:30pm Reel History of Britain
9:00pm Jet! When Britain Ruled the Skies
Two-part series which celebrates an unlikely story of outstanding British aviation achievement.
10:00pm The Man Who Shot Tutankhamun
11:00pm Wild China
12:00pm Imagine...
Nobel Prize winner Toni Morrison is America's first lady of literature.
1:05am Britain in Focus: A Photographic History
2:05am Horror Europa with Mark Gatiss
3:35am The Man Who Shot Tutankhamun

CHANNEL 4

9:00am Everybody Loves Raymond
9:35am Everybody Loves Raymond
10:05am Frasier
10:35am Frasier
11:05am Undercover Boss USA
12:00pm Ramsay's Kitchen Nightmares USA
1:00pm Channel 4 News
Includes weather and sport.
1:05pm A New Life in the Sun
How will Spain's latest hoteliers deal with the feedback from their first guests?
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm Fifteen to One
5:00pm A Place in the Sun
6:00pm Couples Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Hidden Restaurants with Michel Roux Jr
10:00pm The Royal House of Windsor

CHANNEL 5

8:50am Paw Patrol
9:05am Ben and Holly's Little Kingdom
9:15am Digby Dragon
9:30am Peppa Pig
9:40am Peppa Pig
9:50am Wissper
10:00am Toot the Tiny Tugboat
10:15am The Wright Stuff
12:15pm GPs: Behind Closed Doors
1:10pm 5 News Lunchtime
1:15pm The Great British Benefits Handout
2:15pm Home and Away
2:45pm Neighbours
3:20pm NCIS
4:20pm Two Wrongs
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Killer Landslides
9:00pm GPs: Behind Closed Doors
10:00pm Climbing the Property Ladder
11:00pm Can't Pay? We'll Take it Away!
12:05am Nightmare Tenants, Slum Landlords

4

8:00am Game of Clones
8:30am Hollyoaks
9:00am Rules of Engagement
9:30am Rules of Engagement
10:00am Baby Daddy
10:30am Baby Daddy
11:00am Charmed
12:00pm Charmed
1:00pm How I Met Your Mother
1:30pm How I Met Your Mother
2:00pm The Goldbergs
2:30pm The Goldbergs
3:00pm The Big Bang Theory
3:30pm The Big Bang Theory
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm How I Met Your Mother
5:30pm How I Met Your Mother
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Game of Clones
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm Timeless
11:00pm Celebs Go Dating
12:05am Supernatural

sky SPORTS 1

11:00am The Premier League Years
1:00pm Premier League Review
2:00pm Great Sporting Moments
2:45pm Great Sporting Moments
3:00pm Premier League Legends
3:30pm Premier League Legends
4:00pm Spanish Football Gold
4:15pm Spanish Football Gold
4:30pm Football Gold
4:45pm Football Gold
5:00pm Premier League Review
6:00pm Premier League 100 Club
6:30pm Premier League 100 Club
7:00pm Premier League Review
8:00pm Barclays Premier League World
8:30pm Boxing Gold
9:00pm Fight Night
11:00pm Barclays Premier League World
11:30pm Premier League 100 Club

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:20pm The Chancellor's Budget 2017
3:00pm Judge Rinder
4:00pm The Home Game
5:00pm Tipping Point
6:00pm The Chase
7:00pm Local News and Weather
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Coronation Street
9:00pm Little Big Shots
10:00pm Benidorm
11:00pm The Nightly Show with John Bishop
11:30pm ITV News
12:15am UEFA Europa League Highlights
Highlights from the latest rounds of the UEFA Europa League.
1:15am The Nightly Show with John Bishop
1:45am Jackpot247
4:00am 1000 Heartbeats
4:50am Nightscreen

itv2

7:00am You've Been Framed!
7:25am Who's Doing the Dishes?
8:15am The Ellen DeGeneres Show
9:00am Emmerdale
9:30am You've Been Framed!
10:00am You've Been Framed!
10:35am Psych
11:25am Scorpion
12:25pm Who's Doing the Dishes?
1:25pm Emmerdale
1:55pm You've Been Framed!
3:00pm The Ellen DeGeneres Show
3:50pm The Jeremy Kyle Show
4:55pm The Jeremy Kyle Show
6:00pm Judge Rinder
7:00pm You've Been Framed!
7:30pm You've Been Framed!
8:00pm You've Been Framed!
8:30pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Sweeney Todd: The Demon Barber
11:05pm FYI Daily
11:10pm Sweeney Todd: The Demon Barber
12:20am Family Guy

itv3

7:00am You're Only Young Twice
7:25am Heartbeat
8:25am Where the Heart is
9:30am The Royal
10:30am Judge Judy
11:00am Judge Judy
11:30am Judge Judy
11:55am Inspector Morse
2:05pm Heartbeat
Drama, set in the North Yorkshire moors in the 1960's.
3:10pm The Royal
4:10pm Where the Heart is
5:15pm You're Only Young Twice
5:50pm Doctor at Large
6:20pm On the Buses
This bold, bawdy and brash sitcom hit British screens in 1969.
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Lewis
11:00pm A Touch of Frost
1:05am Wycliffe
2:10am The Knock
3:30am Teleshopping

itv4

7:00am Gunsmoke
8:05am The Saint
9:05am Hogan's Heroes
9:35am Hogan's Heroes
10:05am The Professionals
Action-packed drama series about two criminal-intelligence agents.
11:10am Ironside
12:10pm Gunsmoke
1:15pm Storage Wars Texas
1:45pm Snooker
Coverage and reaction from the latest Snooker event taking place.
5:45pm Storage Wars New York
6:15pm Storage Wars Texas
6:45pm Storage Wars Texas
7:10pm Storage Wars Texas
7:45pm Snooker
Coverage and reaction from the latest Snooker event taking place.
11:45pm Lethal Weapon
12:45am The Football Mavericks
1:50am The Professionals
2:50am The Wine Show
3:55am ITV4 Nightscreen

sky CINEMA ACTION & ADVENTURE

7:05am Uncommon Valor
8:55am Fantastic Four
10:40am Armageddon
1:15pm Maverick
3:25pm Sword of Vengeance
5:00pm Déjà Vu
7:15pm Fantastic Four
9:00pm Armageddon
11:35pm Mean Machine
1:20am Babylon A.D.
2:55am Enemy of the State
5:10am Guns of the Magnificent Seven

sky CINEMA COMEDY

7:55am Forces of Nature
9:50am My Best Friend's Wedding
11:40am Sisters
1:45pm The First Wives Club
3:35pm Ricki and the Flash
5:25pm Juno
7:10pm My Best Friend's Wedding
9:00pm The First Wives Club
10:45pm Sisters
12:50am Ricki and the Flash
2:40am Juno
4:25am The Top Ten Show 2017

sky CINEMA PREMIERE

7:00am Anguish
8:35am Blood Orange
10:10am Imperium
12:10pm Kicking Off
1:45pm Florence Foster Jenkins
3:40pm The Darkness
5:20pm Anguish
7:00pm Imperium
9:00pm Florence Foster Jenkins
Pitch-perfect comedy-drama about a tone-deaf New York socialite who fancied herself an opera singer.
11:00pm The Surprise
After signing an agreement with a company specialising in assisted suicides, a deeply depressed man suddenly falls in love.
12:50am The Darkness
2:40am Kicking Off
4:25am Blood Orange

sky SPORTS 2

7:00am Cricket
12:30pm Cricket Gold Shorts
12:40pm Cricket Gold Shorts
12:50pm Cricket Gold Shorts
1:00pm Cricket
2:00pm Cricket Gold Shorts
2:10pm Cricket Gold Shorts
2:20pm Cricket Gold Shorts
2:30pm Cricket's Greatest
3:00pm Cricket
The final day of the second Test as India host Australia in Bengaluru.
4:00pm Cricket
5:00pm Cricket Classics
6:00pm Cricket
7:00pm Cricket Classics
8:00pm Cricket
9:00pm Cricket Gold Shorts
9:10pm Cricket's Greatest
9:50pm Cricket
10:50pm Cricket
Day two of the first Test between New Zealand and South Africa at the University Oval in Dunedin.



Currencies Direct celebrate their **21st** anniversary

By *Simon Firth*

NO matter where you are in the world, reaching the age of 21 means a party is a must!

When you're one of Spain's premier currency transfer providers and you've hit 21 then you can be loud and proud about it.

Currencies Direct hosted their party, alongside their long-time media partners, *EWN*, at Marbella's fantastic Puente Romano Beach Resort & Spa.

The venue was Joe's Bar with oversight on everything from the ambience to the wonderful canapés and drink, in the marvellous hands of Group Corporate Director John Thomson.

The guest list featured friends, family, and treasured and long-time clients and customers of both companies, who came from all over the Costa del Sol.

Their host on a wonderful night of celebration was Currencies Direct Southern Europe director, Peter Loveday and his team.

Peter spoke of the company's rise from small seeds to an enterprise with 14 offices in Spain, and a product which means "we buy in huge volumes at great rates and we pass these benefits onto our clients."

He generously took time out not only to thank everyone for coming, but also asked everyone to spare a thought for little Leo Bermejo, from Almeria, who has so bravely been

battling his cancer.

EWN's managing director Michel Euesden then had a surprise in the form of a giant birthday cake - so large it had to be wheeled in - to wish the company many more years of success.

It was accompanied after a chorus of 'Happy Birthday' by a salute from two cannons which fired orange confetti and mini-euro notes into the air!

On such a wonderful night, you want your choice of music to make it a celebration to remember.

This was achieved with the stunning vocals of Mr Maph and Simone Lisa, Marbella-based entertainer Antony Wolfson and his inimitable take on the Presley greats, and Steve Cline.

The thunderous applause after every act showed just what an appreciative audience was there on the night. This quartet made it a night that will live long in the memory.

In keeping with the business of the hosts on such a wonderful evening, the guests were greeted by two giant balloon structures, one a euro and the other a pound sign.

Guests were generously supplied with money and although it was fake on this occasion, it did mean entitlement to cocktails throughout the evening!

Here's to the next 21 years!!!



More pictures of this fantastic event on our website www.euoweeklynews.com



MR MAPH: Made it a celebration to remember.



Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

FOR a politician who was so often wrong, Artur Mas, ex-regional president of Cataluña, finally got it right.

There is an alternative to Catalan independence, he said, but the State must come up with it.

Of course Mas is no longer president after a sequence of early elections that ran his then party, the centre-right CiU, into the ground. The reason CiU's successor - its name changes so often it's hard to keep up - governs Cataluña is thanks to a parliamentary voting alliance with the CUP anti-system party. This unlikely support came at a high price for Mas as he had to hand over the regional presidency to Carles Puigdemont.

It will be up to Puigdemont to parlay with Mariano Rajoy but Mas, still a power behind the throne, has made his most sensible suggestion in years.

And the only likely one to prosper, bearing in mind that less than half of Cataluña favours independence.

A third way

Pablo gets his way

THINGS went the way Pablo Iglesias wanted at the Podemos party conference. His number two and Podemos parliamentary spokesman Iñigo Errejón was sidelined and Pablo Iglesias' present partner - in all senses of the word - Irene Montero has taken his place.

Meanwhile a Metroscopia poll showed more than half of those asked believed the manoeuvres had weakened Podemos but strengthened Iglesias.

Sadly, in a party that claims to champion the vulnerable and under-privileged, it should have been the other way round.

Status symbol

IÑAKI URDANGARIN, erstwhile Duke of Palma de Mallorca, received a six-year prison term for misuse of public funds amongst

other transgressions.

His wife, the Infanta Cristina, was acquitted as the tribunal decided that despite benefiting, she didn't know what Iñaki was up to. Possibly that's true.

Clearly Cristina, who declared "I was born an Infanta and will die an Infanta" when asked by her family to renounce her hereditary rights, isn't like the rest of us. Although if she values status that much she should have married a prince or an oligarch, not a relatively penniless sportsman.



ARTUR MAS. |

Asking a silly question

EX-PRESIDENT Felipe Gonzalez asked why Podemos was absent from a meeting that asked for Venezuela's political prisoners to be freed. Ask a silly question: those prisoners were incarcerated by Nicolas Maduro's government, the same regime that called in Iglesias & Co as political and economic assessors. Enough said.

Advertising feature

Have YOU had your Free hearing check up with your local GAES clinic yet? If not, why not call your nearest clinic today?

IN order to raise awareness about the importance of detecting hearing problems, GAES Hearing Centres are offering readers a hearing check up absolutely free, at any of their GAES centres. Regular hearing check ups offer the best protection to maintain hearing and should be taken as often as visual or dental examinations. From age 55, yearly check ups are recommended.

GAES are leaders in hearing clinics in Spain offering all their clients a Money Back Guarantee for absolute satisfaction, as well as a free in-depth hearing test within their clinics.

Recently we asked one of GAES' hearing specialists, Vanessa, (hearing specialist in one of the Costa Blanca's clinic of GAES*, Spain's leading Hearing Specialists) to explain the clinic's hearing examination offered to readers.

- Hi Vanessa, could you let our readers know how long you have worked for

Gaes? I have been working in GAES since 2003, as a qualified professional specialist in Audiology and Audio Prosthesis.

- **Do all the medical staff speak English at Gaes Clinics?** Yes, absolutely. We have very many English speaking patients, English is a must in GAES clinics, especially so here in Costa Blanca.

- **Who should be coming to the clinic for a check up?** In reality, anybody older than 16 could take a hearing examination. Particularly anyone who feels that they may have had some hearing loss, or who are older, or simply would like to check that everything is still optimum.

- **What is the normal process in a hearing revision at your clinic? Is there any obligation of further treatment?** Firstly we would inspect the auditory canal to check there is no blockage, and if the ear is found to be clear, then there is a complete and thorough audio test to know the grade

of hearing. If there is found to be hearing loss, we fully explain what help is suitable and recommended to regain a good level of hearing. The appointment lasts approximately one hour. There is no obligation of further treatment.

- **How much does the revision cost (is it free?)** It is completely free.

- **Are there new technologies that Gaes uses in your clinic, in both treatment and diagnosis?** Of course! As market leaders, we have to stay ahead using the latest technology. Every year we incorporate the latest advances and products to achieve the best results in diagnosis and treatment. There are also aesthetic advances that are just as important.

- **Are there any guarantees for the hearing devices?** Yes, absolute satisfaction or your money back!

Thanks Vanessa. You're welcome. We look forward to hearing from readers soon.

Don't wait, book your free hearing check up today at your local GAES hearing clinic.

(*The clinic is located in Calle Ramon Gallud, no 52, near the Torrevieja Town Hall.)

Call us now to book your FREE hearing check up

You don't have to get closer to hear better, just come along to GAES!

Jávea 966 463 961

Calpe 965 836 041

Altea 966 885 617

Benidorm 966 830 721

Villajoyosa 966 810 748

Torrevieja 965 705 801

San Pedro del Pinatar 968 183 379

San Javier 968 334 138

We speak English

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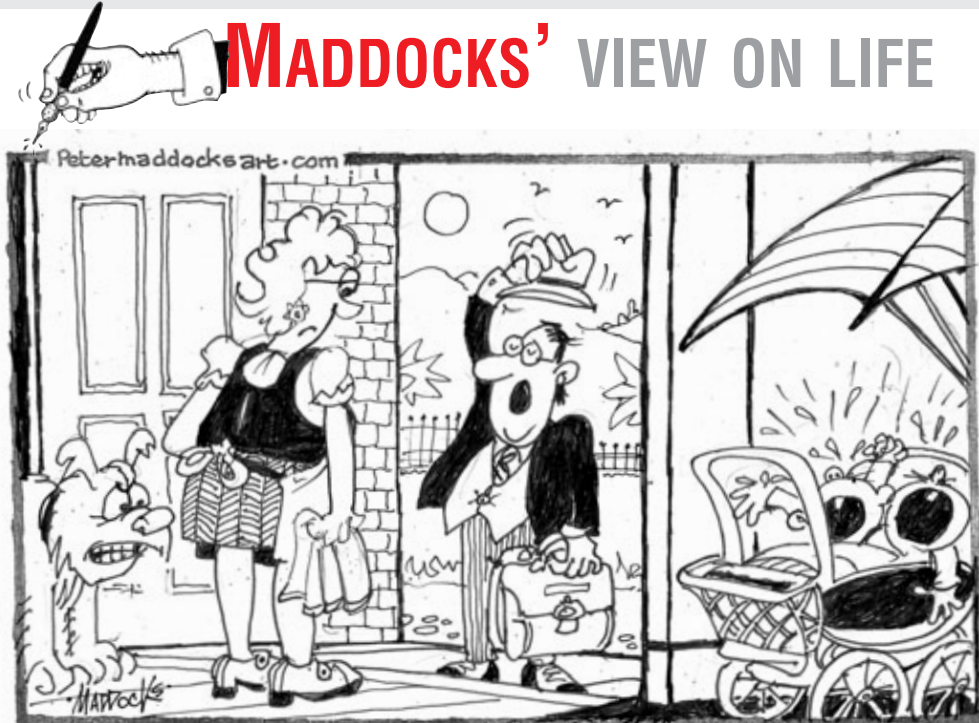
Kakuro

	3	6		7	5
3				4	
			10		
15					
			3		
		7			
	6				
	3			7	4
15					
3				3	

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

LAST WEEK'S SOLUTION

	33	9	27		
	8	5	6		
	3	4	5	9	
8	2	7		2	3
	3	9	6	4	2
	8	5	7	1	
	1	6	9		



MADDOCKS' VIEW ON LIFE

Petermaddocksart.com

'I'M SELLING PEACE AND QUIET, SENORA - FOR FIFTY EUROS I WILL GUARANTEE NEVER TO KNOCK ON YOUR DOOR EVER AGAIN!'

Women's wit

It is sad to grow old but nice to ripen.'

Brigitte Bardot, Actress



Famous quote

I actually don't like thinking. I think people think I like to think a lot. And I don't. I don't like to think.'

Kanye West, Musician

World of English

Why does 'slow down' and 'slow up' mean the same thing?

YOUR STARS FOR 7 DAYS

ARIES ♈ (March 21 - April 20)

Are you in the mood for some retail therapy? There are bargains to be had this week. The trend also extends to your personal life where it is possible to negotiate much more easily with a loved one. Suggestions for a busy weekend may be resisted owing to overload.

TAURUS ♉ (April 21 - May 21)

The more sensitive side of your nature comes to the fore this week. You are likely to find yourself upset but, by looking on the bright side and keeping your sense of humour, brings a balanced view.

GEMINI ♊ (May 22 - June 21)

This is a time to keep your mind sharp, so get plenty of sleep and exercise for sure. Legal matters may

PISCES ♉ (February 20 - March 20)

Someone new to your circle of friends brings humour and a new lease of life, socially. When something outside your comfort zone is suggested, then be sure

that it is not just faint heart that is stopping you. There is nothing wrong with saying 'no,' unless there is heartache in doing so and then wishing that you had not.

be paramount and need specialist advice. So long as you are doing your best in a certain situation, no more can be expected of you.

CANCER ♋ (June 22 - July 23)

This is a time of the year when new starts and fresh ideas come to you, which is excellent news for those who are looking forward to changes. The weekend brings you courage and determination and you feel confident enough to speak plainly with people.

LEO ♌ (July 24 - August 23)

Something said to you in confidence should be respected this week. Should the beans be spilled, it will not be you who is feeling guilty. The need to help someone with legal forms or some other complicated matter will be much appreciated.

VIRGO ♍ (August 24 - September 23)

A slow start to the week sees you full of beans come Wednesday. What is the cause of this change of attitude? Something you worked on last week shows signs of progress just when you thought it wouldn't.

LIBRA ♎ (September 24 - October 23)

It is now that you may realise how right you were to keep something in reserve. Certainly, so far as a relationship is concerned, holding back has proved its worth. Financially, you are entering a period of frugality, but this is more for your own satisfaction than because of any money worries.

SCORPIO ♏ (October 24 - November 22)

Getting more sleep and fresh air last

week may show dividends now. The results are a brighter mind and more willingness to be social. Young people will be particularly helpful and fun to be with. Asking for their help makes them feel important in your life and will also bring you great pleasure.

SAGITTARIUS ♐ (November 23 - December 21)

Keep a wide circle of friends and constantly seek to add to them. With such an active mind as yours, boredom is agitating and non-productive. Spring gives you the ideal opportunity to visit others and get out in the open. Both your health and finances gain from a day somewhere new as an inspired idea comes to you. An invitation you are tempted to refuse should be accepted if possible.

CAPRICORN ♑ (December 22 - January 20)

News of someone close brings finances into your mind. Perhaps some juggling is needed to keep the balance. There is more than one way to conserve both energy and money, which will give you a head start. Getting involved with a charity, even on a small scale, can bring immense satisfaction and costs nothing.

AQUARIUS ♒ (January 21 - February 19)

A shopping trip with a friend makes you realise that there is more to them than meets the eye. Should you have underestimated them, encourage them to open up. Something you hear this week will be of immense value to you in the future. Decorating and changes at home really bring spring into your life and perk you up.

LOTTERY

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA	EL GORDO DE LA PRIMITIVA
					
Saturday February 25	Saturday February 25	Tuesday February 21	Friday February 24	Saturday February 25	Sunday February 26
18 24 34 38 41 49	2 12 17 29 32 38	13 19 41 45 49	2 4 13 22 43	2 9 13 27 36 48	3 23 32 36 51
BONUS BALL 26	BONUS BALL 20	LUCKY STARS 3 4	LUCKY STARS 8 9	REINTEGRO 28 9	REINTEGRO 8

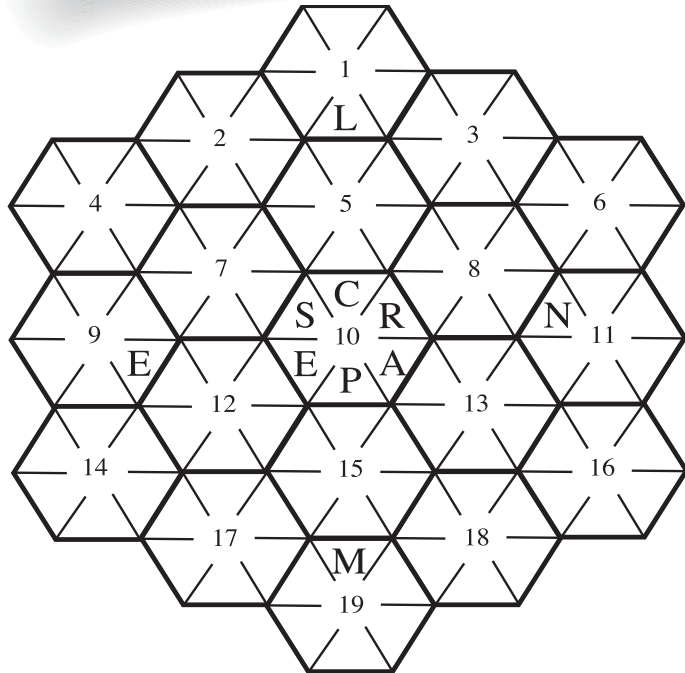
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Hexagram

The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell 10 (**SCRAPE**) and one letter in four other cells are given as clues.



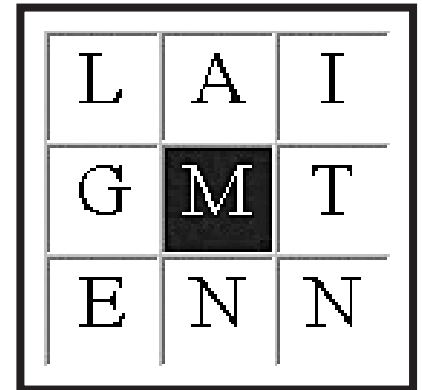
DECREE	ICICLE	TOILET
DELETE	PROMPT	TRITON
ERRATA	REGALE	TYRANT
FILTER	RETORT	UNITED
FRAYED	SADDEN	UPKEEP
GRISLY	SCRAPE (10)	
HUDDLE	TEDIUM	

LAST WEEK'S SOLUTION

- 1 Stocky 2 Earthy 3 Tracer 4 Barber 5 Eureka 6 Maggot
- 7 Barfly 8 Oyster 9 Barley 10 Future 11 Grisly 12 Tumble
- 13 Touse 14 Amoeba 15 Stroll 16 Cheese 17 Arouse
- 18 Filter 19 Relief

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER (in this case M)** and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 14 • Good: 19
- Very good: 28 • Excellent: 36

This week in history

- 1475** – Renaissance painter Michelangelo was born in Italy. His work includes the famous painting on the ceiling of the Sistine Chapel in Rome.
- 1770** – British Army soldiers shot and killed five people and wounded six others after being mobbed in what became known as The Boston Massacre.
- 1847** – Alexander Graham Bell, inventor of the telephone, was born in Edinburgh, Scotland.
- 1946** – The former British Prime Minister Winston Churchill delivered his 'Iron Curtain' speech in which he condemned the Soviet Union's policies in Europe.
- 1961** – George Formby, the legendary ukulele playing entertainer, died at the age of 56 after suffering a heart attack.
- 1966** – The BBC announced its plan to start broadcasting in colour.
- 1969** – Supersonic airliner Concorde made its maiden flight.
- 1970** – The British government announced an indefinite rabies ban on the import of domestic pets.
- 1971** – British postal workers returned to work after striking for seven weeks over a row about pay.
- 1975** – English silent film actor Charlie Chaplin became a Sir after he was knighted at Buckingham Palace.
- 1985** – The National Union of Mineworkers voted to end the year-long miners' strike.
- 1987** – 193 people died in the Zeebrugge disaster when a car ferry capsized after the bow doors were left open.
- 1988** – Security forces in Gibraltar shot dead three unarmed IRA members who they believed had planted a car bomb near the British Governor's residence.
- 1993** – Olympic sprinter Ben Johnson was banned from athletics for life by the IAAF after failing a drugs test for the second time.
- 2005** – US millionaire Steve Fossett became the first person to fly a plane solo and non-stop around the world without refuelling.

Costa Blanca

weather



Alicante			Bilbao		
TODAY: MAX 19, MIN 11 - S			TODAY: MAX 20, MIN 11 - C		
Fri - 18	10	C	Fri - 18	7	Sh
Sat - 17	10	C	Sat - 12	5	Sh
Sun - 20	12	C	Sun - 14	8	Sh
Mon - 22	13	C	Mon - 17	10	C
Tues - 23	13	Cl	Tues - 17	8	Sh
Wed - 21	12	Cl	Wed - 19	8	Sh
Almeria			Madrid		
TODAY: MAX 19, MIN 12 - Cl			TODAY: MAX 17, MIN 4 - C		
Fri - 21	11	C	Fri - 15	3	Sh
Sat - 19	11	C	Sat - 10	2	Sh
Sun - 20	13	C	Sun - 14	4	C
Mon - 23	14	Cl	Mon - 17	5	C
Tues - 24	15	C	Tues - 19	4	C
Wed - 24	14	Cl	Wed - 20	35	C
Barcelona			Malaga		
TODAY: MAX 17, MIN 8 - Cl			TODAY: MAX 19, MIN 10 - C		
Fri - 16	10	Cl	Fri - 18	9	C
Sat - 13	7	Sh	Sat - 17	10	Sh
Sun - 16	9	C	Sun - 20	12	C
Mon - 17	9	Cl	Mon - 22	12	Cl
Tues - 19	8	C	Tues - 24	12	Cl
Wed - 17	8	Cl	Wed - 22	11	Cl
Benidorm			Mallorca		
TODAY: MAX 20, MIN 10 - Cl			TODAY: MAX 19, MIN 8 - S		
Fri - 19	11	C	Fri - 18	9	C
Sat - 17	10	C	Sat - 15	8	C
Sun - 19	11	C	Sun - 16	9	C
Mon - 21	13	C	Mon - 17	9	Cl
Tues - 23	13	Cl	Tues - 20	8	Cl
Wed - 20	12	Cl	Wed - 18	7	Cl

LAST WEEK'S SOLUTION

ewer than thew twee wail wait wale ware wart weal wear weir welt were what whee what whirl whit wire wilt wire with writ hewer threw trawl twee twirl waler water whale wheal wheat wheel where while whirl white wither wrath write awhile wailer waiter wealth welter wether whaler whiter withal wither wraith wreath writhe weather whereat wreathe WEALTHIER

NEW ON DVD

Inferno



Directed by: Ron Howard
Starring: Tom Hanks, Felicity Jones, Irrfan Khan

Tom Hanks makes a return to the role of Harvard symbologist Robert Langdon in this fast paced action adventure. Suffering from memory loss when he wakes up in an Italian hospital he soon discovers that he is the target of a manhunt and he needs to figure out why. In an endeavour to try and recover his memories he joins forces with his doctor, Sienna Brooks, who accompanies him in his race against time across Europe. He needs to track down and stop a villain with a global plot to release a super virus that would obliterate half of the world's population.

Euro Weekly News strives for accuracy, but cannot be held responsible for the accuracy of published forecasts

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Crossword

page

Enjoy filling in the following puzzles and check the answers in next week's edition

LAST WEEK'S SOLUTIONS

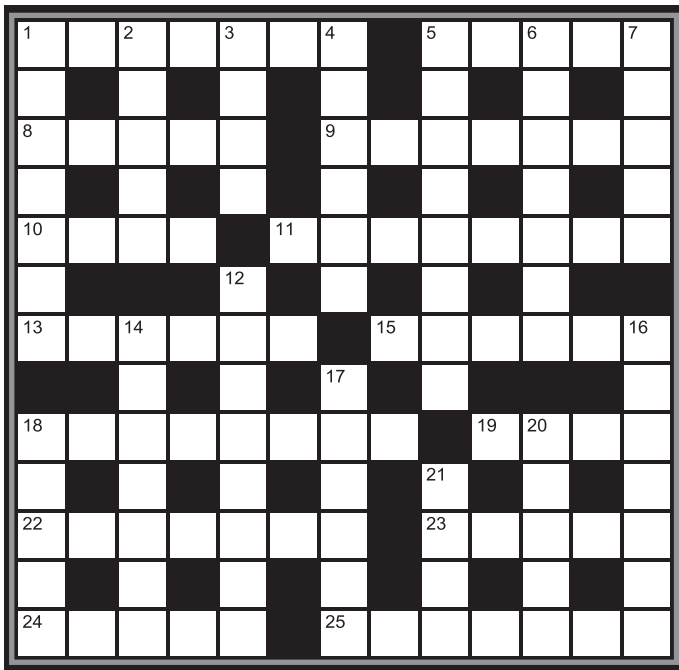
Cryptic

Across

- 1 Wild rats sit for painters (7)
- 5 Young girls lose their heads, the idiots! (5)
- 8 Quietly stood up for ordinary writing (5)
- 9 Told how the family is connected (7)
- 10 The last word in a team entry (4)
- 11 Ode Simon composed for a pub game (8)
- 13 Some scraps or relics are a light brown colour (6)
- 15 Fortune derived from some rich ancestors (6)
- 18 Hardy players press clothes (4-4)
- 19 Team get a new goalpost initially (4)
- 22 He has no illusions about a record (7)
- 23 Boast, having new part of tooth (5)
- 24 Singer John gets left in school (5)
- 25 Right, put your clothes on again (7)

Down

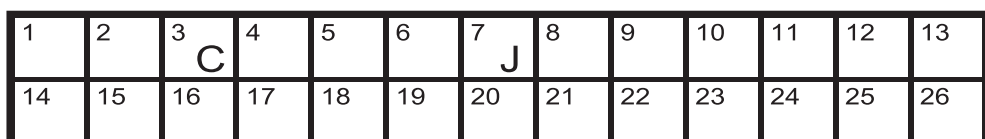
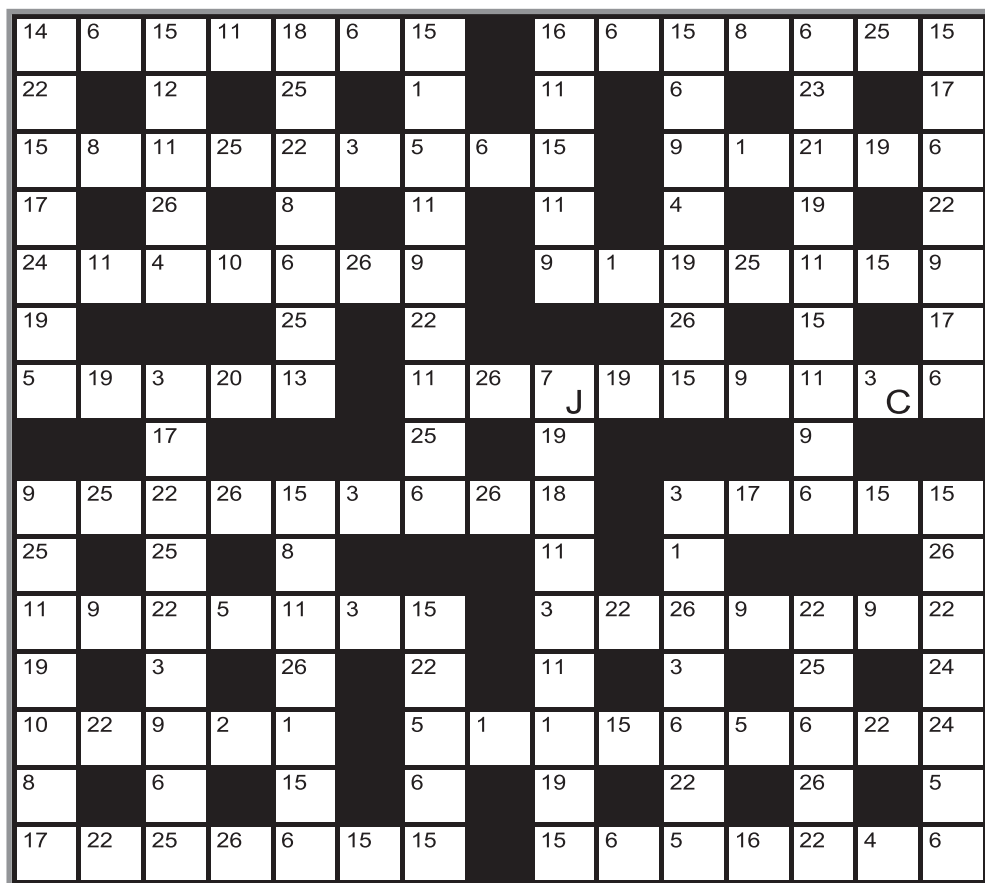
- 1 A paper's mistake crops up (7)
- 2 Treasure discovered in a controversial place (5)
- 3 Leave it in the last etching (4)
- 4 Vicar's address is in Lesser Mongolia (6)
- 5 Nobody left, that's OK (3,5)
- 6 It's in writing what newts do when confused (3,4)
- 7 "Yes", said Spanish Des, "we have teams" (5)
- 12 The ruling is in code, strangely (8)
- 14 Begin again to take it easy by drawing (7)



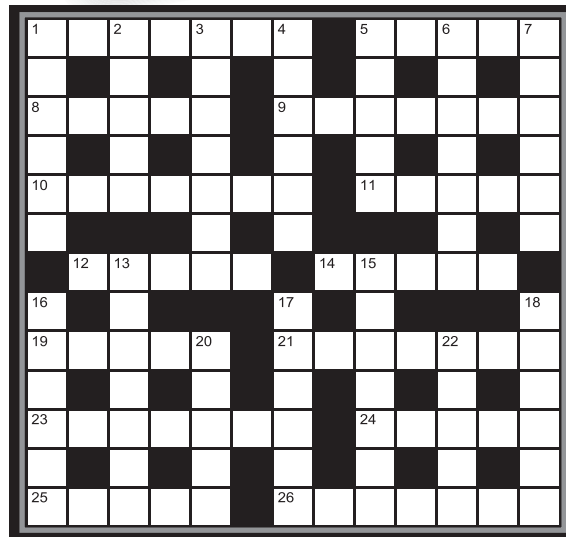
- 16 Internet search aids for motors (7)
- 17 Braggart discards small, straw hat (6)
- 18 Cut up five in anxiety (5)
- 20 Only an advance, say (5)
- 21 Compound discovered about 101 AD (4)

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 3 represents C and 7 represents J, so fill in C every time the figure 3 appears and J every time the figure 7 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

Code Breaker



Quick



Across

- 1 Bone of the upper arm (7)
- 5 Annoyed (5)
- 8 Monarch's domain (5)
- 9 Occurring at the beginning (7)
- 10 Enduring (7)
- 11 Took without the owner's consent (5)
- 12 Make somebody laugh (5)
- 14 Luxurious (5)
- 19 Not tense or taut (5)
- 21 Embarrassing mistake (7)
- 23 Having or showing profound knowledge (7)
- 24 Not in a state of sleep (5)
- 25 Encircle as a military tactic (5)
- 26 Boring (7)

Down

- 1 Obstacle (6)
- 2 Complains (5)
- 3 Stays behind (7)
- 4 Unwilling to spend (6)
- 5 Strips of potato fried in deep fat (5)
- 6 Indicating evil intent or suggesting tragic developments (7)
- 7 Precious metal (6)
- 13 Ascertain dimensions (7)
- 15 Large, spotted African/Asian cat (7)
- 16 Appraise (6)
- 17 Not being in a specified place (6)
- 18 Welcomes warmly (6)
- 20 Bladed instrument for cutting or spreading (5)
- 22 Large musical instrument (5)

CRYPTIC

Across:

- 1 Staid, 4 String, 9 Chelsea, 10 Smell, 11 Rash, 12 Enchant, 13 Sum, 14 Glee, 16 Step, 18 Pie, 20 Air base, 21 Page, 24 Eclat, 25 Adipose, 26 Switch, 27 Evert.

Down:

- 1 Secure, 2 Avers, 3 Doss, 5 Test case, 6 Iterate, 7 Gelato, 8 Salem, 13 Semantic, 15 Lorelei, 17 Havens, 18 Pedal, 19 Deceit, 22 Abode, 23 Kite.

QUICK

Across:

- 1 Condor, 4 Pencil, 9 Agree, 10 Crazy, 11 Snag, 12 Sociable, 13 Lease, 15 Weird, 18 Reserved, 21 Spot, 24 Illness, 25 Amass, 26 Errant, 27 Bakery.

Down:

- 1 Chaos, 2 Narrate, 3 Oven, 5 Examine, 6 Climb, 7 Larder, 8 Echo, 12 Sue, 14 Surgeon, 15 Wed, 16 Replace, 17 Braise, 19 Solar, 20 Easy, 22 Tasty, 23 Cava.

ENGLISH-SPANISH

Across:

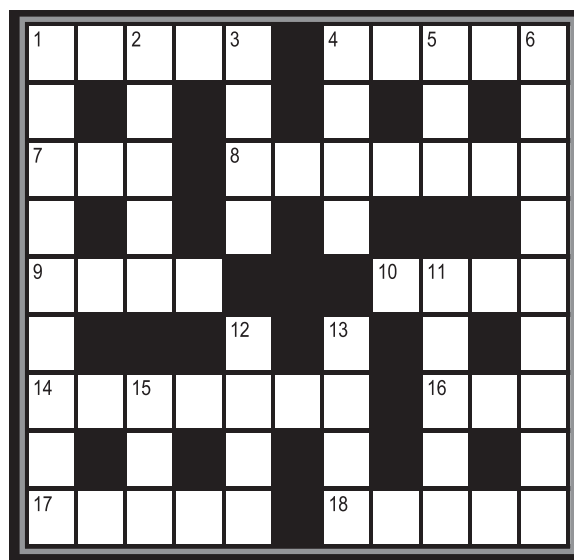
- 1 Camisetas, 8 Sweet potato, 9 Acta, 10 Belt, 13 Tennis de mesa, 14 Escarlata.

Down:

- 2 Aceitunas, 3 Into, 4 Esos, 5 Amazement, 6 Asfalto, 7 Postman, 11 Isla, 12 Bell.

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Yearning (desire) (5)
- 4 Arches (5)
- 7/5 Huevera (3,3)
- 8 Homet (7)
- 9 Plancha (utensilio) (4)
- 10 Oriente (4)
- 14 Lawyer (7)
- 16 Gold (metal, commodity, currency) (3)
- 17 Forma (figura) (5)
- 18 Suit (for man) (5)

Down

- 1 Estadounidenses (9)
- 2 Century (5)
- 3 Abbot (4)
- 4 Celery (4)
- 5 See 7 Across
- 6 Insolación (9)
- 11 Now (at this time, immediately) (5)
- 12 Coffee (4)
- 13 Pie (anatómico) (4)
- 15 Goose (domestic) (3)

CODE BREAKER



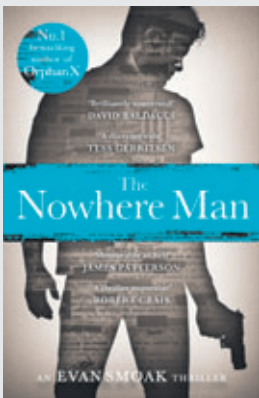
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BOOKS

The Nowhere Man



By Gregg Hurwitz

EVAN SMOAK used to be known as Orphan X. Taken from a children's home when he was a boy he was raised and trained by the government in a secret initiative, that was until he escaped.

Having disappeared and reinvented himself he starts to use the impressive skills he gained through his training to help protect those who are not able to do so themselves.

But Evan is caught unaware and finds himself locked in a room with no idea where he is after being ambushed and drugged.

Trapped and under heavy guard he has to figure out a way to save himself and escape so that he can protect the lives of others.

books@euroweeklynews.com

TOP 10

Oscar winning actors/actresses

THE first ever Academy Awards ceremony took place in 1929 and saw Emil Jannings win Best Actor, whilst Janet Gaynor won Best Actress. More commonly known as The Oscars millions of film lovers from around the world avidly tune in to see the glitz and glamour that surrounds the event. Now in its 89th year we take a look at the top 10 Oscar winning and nominated actors and actresses since its inception.

1. Katharine Hepburn

The American beauty is the leading lady and tops the list having won four awards and received 12 nominations throughout her career which spanned more than 60 years. She won the best actress award for her performances in Morning Glory in 1933, Guess Who's Coming to Dinner in 1967, The Lion in Winter in 1968 and On Golden Pond in 1981.

2. Meryl Streep

Since debuting in the film Julia 40 years ago in 1977 the American actress has achieved three awards and 20 nominations including one for Best Actress in 2017 so she is still going strong! Two awards were for Best Actress for Sophie's Choice in 1982 and The Iron Lady in 2011 and one was for Best Supporting Actress in Kramer vs Kramer in 1979.

3. Jack Nicholson

Another seasoned performer who is still active and whose career has spanned more than 60 years. The American actor has won three awards and received 12 nominations. In 1975 he won Best Actor for One Flew Over the Cuckoo's Nest and in 1997 for As Good as It Gets. In 1983 he won Best Supporting Actor for Terms of Endearment.

4. Ingrid Bergman

Perhaps best-known for her roles in Casablanca and Notorious, the Swedish actress achieved three awards and received seven nominations throughout her career. She was awarded Best Actress for Gaslight in 1944 and Anastasia in 1956 and won Best Supporting Actress in 1974 for Murder on the Orient Express.

5. Daniel Day-Lewis

The London born actor made his film debut at the age of 14 in Sunday Bloody Sunday and is currently

filming an upcoming American drama. Over his 47-year career he has achieved three awards and five nominations for Best Actor winning in 1989 for My Left Foot, in 2007 for There Will Be Blood and in 2012 for Lincoln.

6. Walter Brennan

Having started his career as an extra in 1925 he moved on to take as many bit parts as he could get. In the 1930s the talented American actor started to receive more substantial roles which saw him achieve three Best Supporting Actor awards for

Come and Get It in 1936, Kentucky in 1938 and The Westerner in 1940.

7. Bette Davis

One of Hollywood's greatest the American actress appeared in Broadway plays before she moved to Hollywood in 1930. Her fiery personality led her to clash often with studio executives, directors and co-stars. The first person to have accrued 10 nominations she achieved two Best Actress awards for Dangerous in 1935 and Jezebel in 1938.

8. Spencer Tracy

Although he started acting in 1922 it wasn't until 1930 he was finally noticed by Hollywood with his lead performance in The Last Mile. He went on to achieve two academy awards for Best Actor two years in a row for Captains Courageous in 1937 and Boys Town in 1938 although he received a total of nine nominations.

9. Marlon Brando

The legendary American actor is regarded as one of the greatest of the 20th century. Throughout his career he starred in many great films such as A Streetcar Named Desire and Julius Caesar. However it was for his performances On the Waterfront in 1954 and The Godfather in 1972 for which he achieved a Best Actor award and he has received eight nominations in total.

10. Jack Lemmon

Having made his film debut in 1949 the American actor went on to star in more than 60 films. Throughout his career he achieved two awards, one for Best Actor in the 1973 film Save the Tiger and one for Best Supporting Actor in the 1955 film Mister Roberts as well as a total of eight nominations.



LEADING LADY: Katharine Hepburn.

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.

E	S	E	S	N
H	F	E	T	M
A	J	E	E	R
V	W	L	N	A
I	D	K	O	T

TARGET:

- Average: 25
- Good: 35
- Very good: 50
- Excellent: 65

SCORING:

4 letters: 1 point 5 letters: 2 points 6 letters: 3 points 7 letters: 5 points 8 or more letters: 11 points

LAST WEEK'S SOLUTION

dehisce dyer erotic erotica erns eons front fronted fronts froth froths fore foyer font fonts foist foisted hero heron herons heroic hayed hiya hits hies hied hist history aces aced ions ices iced city cite cites cited jets jest ceca deity deist decay decayed

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

1	9	8	3	5	4	7	2	6
6	3	4	7	2	9	8	5	1
7	2	5	8	1	6	3	9	4
3	8	2	4	9	5	6	1	7
4	7	9	1	6	8	2	3	5
5	6	1	2	3	7	4	8	9
8	1	6	9	7	2	5	4	3
9	4	7	5	8	3	1	6	2
2	5	3	6	4	1	9	7	8

LAST WEEK'S SOLUTION

8	9						7	
2								
				4			5	1
9		2		8			4	
6					5			9
			6		3			
	3				2			
				7			6	
	8			5			1	7

Word Ladder

RUSH

Move from the start word (RUSH) to the end word (BOAT) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

BOAT

- BOAT
- BEAT
- BEST
- (REST)
- BUST
- (RUST)
- HSUB
- RUSH
- Solution

Advertising feature

New location for HFS



HFS Kitchens, Bedrooms and Bathrooms, welcomes all customers old and new to its new showroom in Algorfa.

After five years at its previous location in Benijofar, they have moved just 4km down the road to the main High Street in Algorfa next to Caja Rural and opposite Tiene 21. This relocation has offered HFS the chance to put in place new displays and offers customers the opportunity to view some of the latest trends and styles on offer. The showroom is easily accessed from all areas and is open Monday to Friday from 10am-2pm and Saturdays from 10am-1.30pm.

The move to Algorfa is in addition to the Playa Flamenca showroom which remains open on the Orihuela Costa.

This is the latest development for HFS Kitchens, Bedrooms and Bathrooms which has been established on the Costa Blanca for over 14 years.

Offering the latest designs and products from the best Spanish and German designers, HFS literally has hundreds of options whatever your

style preference and budget. A full range of granite and Silestone composite work surfaces are available alongside brand name appliances all at very competitive prices.

It means that HFS literally can supply you with everything from the smallest details to an entire new kitchen. Building works, plumbing, tiling and electrics can also be done

to transform your home.

HFS is a family run business, headed by expert professional Graham Jordan who has decades of experience in the industry and ran his own company in the UK before planning to retire to Spain. But upon seeing the lack of quality some others were offering fellow expats, he set about transforming the reputation of the in-

dustry and providing the same exacting high standards his UK customers expected and got, to clients in Spain.

This quality and service is why the company has survived and grown in strength for over a decade: "We work hard for our customers," said Graham: "They want a fantastic kitchen, they get a fantastic kitchen." A proud member of Master Builders in the

UK, which quality checked Graham's work before accepting him, all units and parts are checked as they arrive in the warehouse before being installed, with any slight dent or mark, being discarded and a new one ordered.

His high exacting standards have led to hundreds of happy clients and a folder full of genuine client comments and feedbacks is available to view in the showroom. Appointments are carried out in the afternoons with free consultations offered and a 3D design plan can be arranged.

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Press Release

Hospital Quirónsalud Torrevieja and Alicante Sur join forces

THE Hospital Quirónsalud Torrevieja has signed a collaboration agreement with the Association of Hotels and Tourist Accommodations, Alicante Sur with the aim of establishing a framework of cooperation. The exchange of information and promotional material will be one of the strengths of this agreement whereby clients and patients of both entities will receive timely knowledge about the new services of each organisation.

As a result of the agreement, clients of Alicante Sur will benefit from a 10 per cent discount on all health benefits of Quirónsalud by presenting the Caprichos card. In addition, free first aid and health care courses will be offered to employees of this network of hotels and tourist accommodation.

A health information campaign will also be developed at these establishments. Also, hotels and other



SIGNING CEREMONY: A health information campaign will also be developed.

companies that form this group will be able to offer packages of personalised checks-ups for groups staying at their facilities.

As for the personnel of Quirón-

salud, they will have information of prices and promotions in the network of Alicante South and will offer these services to the interested patients and families.

The signing ceremony was attended by the managing director of the Hospital Quirónsalud Torrevieja, Francisco Fiestras, and the president of Alicante South,

Javier Pérez García.

In its continuous effort of renovation and adaptation, the hospital offers patients the most qualified care, with a warm and personalised treatment. The Hospital Quirónsalud Torrevieja - reference in the private health of Alicante - has in the province other areas of consultation and diagnosis: Quirónsalud Medical Centre Santa Pola and Medical Centre Quirónsalud Orihuela. It is also in agreement with the main insurance companies, both national and international.

The Association of Hotels and Holiday Accommodation Alicante Sur represents 20 establishments of tourist accommodation between hotels of five to one stars, aparthotels, tourist apartments and campsites, offering almost 5,000 beds in the Vega Baja with a maximum employment point of almost 400 employees.

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F	E	N	N	E	L
A	S	Z	E	E	I
R	O	E	G	A	S
A	R	N	I	C	A

Answer to Puzzle:

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TEL: 650 631 719 TONY SMITH

Kissing has a range of benefits

VALENTINE'S DAY may have come and gone but don't forget to continue kissing your loved one. As well as showing them you care, it could also be good for your health as scientists have proven that it can trigger a range of physiological processes from boosting your immunity, to improving your connection with your partner.

Good for teeth

Kissing increases saliva flow which helps keep the mouth, teeth and gums healthy and reduce plaque build up.

Boosting immunity

As saliva produced by kissing can help oral hygiene, it can also give your immune system a boost as exchanging saliva can introduce new bacteria to the body which can help the body prepare for fighting off infections.

Calming effect

Kissing has been shown to de-



KISSING: Can be good for our health.

crease the stress hormone cortisol and increase serotonin which is responsible for balancing mood levels. It also releases oxytocin, also known as the 'love' hormone that promotes bonding in humans.



Kissing has been shown to decrease the stress hormone cortisol.

Anti-aging

Kissing increases blood flow to the face and this helps stimulates the production of collagen that is needed to plump out the skin to reduce the appearance of wrinkles.

Burns calories

Studies report that kissing can burn between two and six calories per minute, but add a little tongue action and using these extra muscles can burn up to 26 calories per minute.

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Heart to heart

AN American hospital is offering transplant patients the chance to hold their removed organs.

The Baylor University Hospital in Texas offers the unusual 'Heart to Heart' scheme which allows them to see their hearts that are removed and transplanted with a new one. It started as a cardiologist stored every heart he removed to later study, a process he began in 1993. He then began letting patients informally

see their organs but the hospital now offers it as a standard option.

So far more than 70 people have been given the chance to see their failing heart that is often grey after being soaked in formaldehyde to preserve it.

Storing body parts is an expensive procedure but the professor at the hospital claimed it was necessary and has since gone on to give one of the most detailed papers on hearts from 1997 to 2015.

TIREDNESS: Is even having an effect on the Mediterranean diet.



Spanish cry for sleep

By Matthew Elliott

MANY Spanish people, especially during the hot summer months, complain of tiredness and fatigue. With more and more people commuting to work the siesta - long a way of winding down during the day - has instead become simply a long lunch break.

Pressures in the office mean that many people feel compelled to work, or at least think about work, during their break. If not then the time is often spent preparing things for a busy home life, with children to pick up from school, groceries to buy, appointments to keep.

Recent surveys have revealed that more and more people are reporting stress from working days which last from 9am to 8pm, after which they must attend to family concerns. The government is aware of the problem and has

proposed a more typical 9 to 5 affair.

Another proposition is moving Spain's time zone into sync with Britain's, after Franco moved the clocks forward one hour to support the Nazis. With it becoming darker an hour earlier, a shift to earlier finishing hours would be easier and people might get to bed earlier instead of eating at 10pm.

Tiredness is even having an effect on the famed Mediterranean diet. More and more Spaniards are reporting reaching for sugary snacks, energy drinks and fast food to boost energy during marathon 11 hour shifts.

People in office work are typically stationary during the day, yet eating more calories than ever before. Little wonder that Spain's obesity rates are rising quickly, despite global conceptions that Spaniards are glowing with health.

Worryingly there is a correlating

growth in the number of products advertised to help people relax in order to get a good night's sleep. Rather than enjoying a healthy work-life balance, many Spanish are now locked in a chemical cycle of poor sleep, unhealthy food, long hours and medicines to induce 'relaxation.' A far cry from the lifestyles enjoyed by the grandparents of today's younger workers, even if the older generation might have endured more poverty and hardship.

The problem is that in today's globalised world, Spanish workers are in competition with billions of others across the planet. Jobs are inherently unstable and there are intense pressures to get new skill sets or risk becoming redundant.

Has the Spain of old gone forever? Or is there a way for today's generations to get mind, body and soul working together again?

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Lowdown on shingles



SPECIALIST: Doctor Luis Perez Belmonte.

A READER'S letter regarding shingles made us decide to ask the doctor for some facts on an illness most of us have heard of, but not many know much about.

- Shingles is what you get if you've already had chicken pox, is that right?

Yes, that's right. Shingles consists of a painful rash formed by blisters. It is caused by the varicella-zoster virus, the same one which causes chicken pox.

- What are the symptoms?

The first sign is usually pain or a tingling or burning sensation on just one side of the body. The pain and burning sensation can be very intense and generally will be the first symptom to appear before there are any signs of a rash. In most patients, patches then appear on the skin followed by small blisters. Other symptoms can include: abdominal pain, fever and shivering, feeling generally unwell, genital ulcers, headache, joint pain and swelling of the lymphatic glands.

- How long do the symptoms usually last?

This varies but they can last up to a few months.

- What can be done to alleviate the symptoms? Can they be reduced without medicines, with acupuncture for example?

Shingles can be treated with an antiviral medicine to beat the virus. This will help reduce the pain, prevent complications and shorten the illness. Treatment with this medication should start within 72 hours after feeling the first pain or burning sensation. It should be started before the blisters appear.

If you have any questions for Dr Perez Belmonte, please send them to:

jefemedico@helicopterosanitarios.com

This medication is usually given in tablet form, although in some cases patients may require treatment to be administered with a drip.

Strong anti-inflammatory medications known as corticosteroids, like prednisone, can be used to reduce swelling and pain. These medicines do not work for everyone.

Other medication can include: antihistamines (oral or topical) to reduce itching, pain killers, Zostrix (a capsaicin cream to reduce pain).

Acupuncture and other measures such as relaxation techniques can help control the symptoms.

- How long does it take to cure?

This varies and in some cases can take months or even years.

- Is it contagious?

It can be, especially when blisters are weeping, so patients should try to avoid others coming into contact with them.

- Can you catch it more than once?

You can have shingles more than once as the virus remains dormant in the glands and symptoms can reappear at different times.

- Is there a vaccination to prevent it?

There is a vaccination against shingles and it is different from the vaccination against chicken pox. Older adults who receive the vaccination against shingles are less likely to suffer complications due to this illness.

Avoiding eye strain with computer work



EYE FATIGUE: Symptoms can include eyes becoming dry, tired and red leading to blurred vision.

AROUND 13 million Spaniards suffer daily from eye fatigue and dryness as a result of frequent use of computers and electronic devices.

It can be a problem especially for those who work in offices where lighting or ventilation conditions are not adequate. However, according to international studies, seven out of 10 adults accept the symptoms of visual fatigue as 'normal' as the population

has become more accustomed to the consequences of a digital lifestyle.

Spending at least two hours in front of electronic devices can lead to the eyes becoming dry, tired and red, leading to blurred vision and difficulty in focusing. Visual fatigue can also create physical discomfort such as headaches, neck, shoulder and back ache.

To try and prevent symp-

“ Visual fatigue can also create physical discomfort.

toms, it is recommended to rest every hour and look away from the screen. Remember to blink. It may sound simple, but constantly staring at the screen results in reduced blinking and this

is essential for moisturising the eyes. Maintain the correct distance between your eyes and the computer screen. Sit parallel to the screen and ideally keep it 50cm from your eyes.

Temperature, humidity and ventilation can all put the eyes under strain if at extreme levels so it is important to check the humidity and ensure there is adequate ventilation.



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What exactly makes a TV advertisement most effective?

BRAIN scans have helped reveal what makes a TV advert most effective.

Researchers at Rotterdam School of Management, Erasmus University (RSM) carried out a study to try and discover what triggers people to find the product online after seeing an advert, by scanning the brains of a group of 'guinea pig' consumers.

The group was shown 11 different adverts, all created for the same brand of pain-relieving muscle and joint gel and assessed the reactions of each ad.

The brain scans revealed that an advert works best when it highlights both a product's functional benefits and triggers the viewer's imagination. These work together to activate specific parts of the viewer's brain, to make the advert more effective.

The study aimed to examine online search behaviour, and to find the elements most effective in prompting consumers.

GROUP: Was shown 11 different adverts.



Linda Couwenberg, who led the research, said: "This study shows that the effectiveness of a marketing message cannot be explained by isolating just one simple brain process. Successful TV adverts trigger a complex combination of processes in the brain."

“ The study examined online search behaviour to find the elements most effective in prompting customers.

She added: "By understanding which elements of an advert are most effective in doing what, we believe marketing, advertising and media professionals will be better placed to optimise the creative development of adverts."

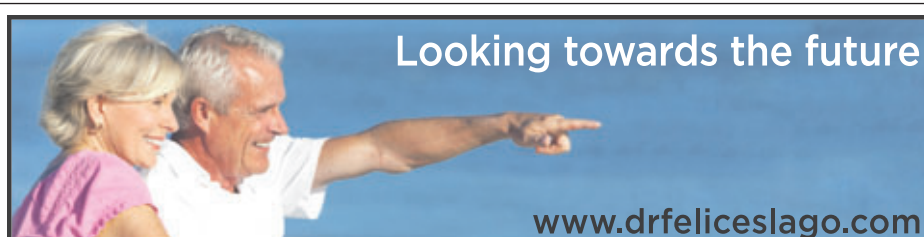


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Active beauty for 2017

‘ACTIVE BEAUTY’ has been identified by Mintel Beauty and Personal Care (BPC) as a key trend set to impact the global beauty and personal care industry in 2017, with consumers being encouraged to exercise their bodies and brains.

Jane Henderson, Global President, Beauty and Personal Care Division at Mintel, said: “Health and wellness is increasingly talked about as an integral part of daily life from a physical and an emotional standpoint. Now, companies and brands are perfectly positioned to better align themselves with this interest by innovating beauty and personal care products designed to meet the unique needs of active consumers.”

Vivienne Rudd, Director of Global Insights, Beauty and Personal Care at Mintel, added:

“Looking ahead, we will see more brands driving the ‘Active Beauty’ trend by launching a number of new and innovative products that not only prepare and support consumers before and during physical and mental activity, but aid in the recovery process as well. Expect to see beauty brands play with temperature and water-activated products, partner with DNA analysis to provide personalised beauty regimes and team up with retailers on athletic apparel with time-release product features.”

‘Active Beauty’ is one of the beauty and personal care trend predictions for 2017 by Mintel, the world’s leading market intelligence agency.



ACTIVE BEAUTY: To encourage people to exercise their bodies and brains.

Repair the damage with conditioner

EVERY time we use a blow dryer or tongs, pull our hair into a tight ponytail or even brush it we’re putting extra stress on it and causing unwanted damage.

Then to make things worse,

damaged hair gets dry and rough which leads us on a vicious circle as we reach for the hot tools again to try and tame it.

While the experts tell us to always use a heat protector and

apply a mask every week without fail, if we’re honest about it there are most probably times that really isn’t going to happen. Yet there is good news: with a religious daily conditioning routine, the worst can

be kept in check at least temporarily.

While some women stay away from conditioners, claiming they weigh hair down or make it fall flat, it is actually quite the opposite. By skipping

conditioner, they expose their hair to damage which will wear away the cuticle layer, making every strand seem thinner.

With the right type of conditioner, your hair will not only be smooth, silky and detangled

but it will look healthier too. Ask your hairdresser for advice on the ideal conditioner for you and make her, and yourself, a promise to use it every single time you wash your hair without fail!

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REGIONAL PARK: A real feel for nature.

Discovering Sierra Espuña

By Caroline Tyszka

SPAIN, probably better known for its long beaches packed with sun loungers and all-inclusive holidays, has much more to offer and you only have to travel inland a few kilometres to get a real feel for nature and tranquillity.

One such area is the municipality of Alhama de Murcia where you will find the Sierra Espuña Regional Park which is surrounded by small villages such as Gebas and El Berro, both situated alongside the hills that make the nature reserve.

Gebas, which has a population of around 20 full time res-

idents, is surrounded by gullies, canyons and ravines, giving it a spectacular look not dissimilar to a lunar landscape, it also has forested areas with formations of grasses and pine trees, a magnificent contrast offering stunning views.

El Berro, just a few kilometres away from Gebas is again a small village, although slightly larger than Gebas with approximately 100 residents. It has cafes, restaurants, and a bakery.

The stunning area caters for all types of visitors, with hotels and campsites nearby offering activities that include rock climbing, water rafting,



SIERRE ESPUÑA: A lunar landscape.

quad bike hire or just somewhere to relax and unwind.

The Sierra Espuña Natural Park was protected in 1992 has also been classified as a

Special Protection Area for Birds (SPA) as well as a Site of Community Importance (SCI).

The many pine trees were

famously planted, in almost a regimented fashion, by the Spanish engineer Ricardo Codorniu with the aim of helping the

landscape which suffered from landslides and erosion in the latter part of the 19th and early 20th century.

The fauna in the area is rich and varied, it's not hard to find squirrels, mouflons (wild sheep), wild boars or golden eagles, although in 2015 the authorities had to organise a cull of the wild, goat looking, sheep whose population had expanded. Of the 1,400 only 300 were left.

For further information about the area or to find places to stay some useful links are: www.murciaturistica.es; www.espuna-adventure.com; www.campingsierraespuna.com.



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Caves and culture

SUNDAY March 5 sees the monthly Craft Market and Artisan Fair take place in the Cuevas del Rodeo in Rojales.

The event runs from 11.30am-1.30pm and many local artists will be in attendance allowing visitors to browse the stalls and work, join in with either a painting or ceramic workshop, sample some local food or simply sit back and enjoy the view from the special spot of the caves overlooking the town. Los Iva Nitas will also be in attendance from mid-day.

Rojales is also hosting a photographic exhibition that is being inaugurated tomorrow (Friday) at 6.30pm at the Hall del Teatro Municipal. The exhibition displays images of six months spent in Sierra Leone as an international volunteer. The exhibition is on until April 2.

On March 11 at the Teatro Capitol in Rojales, La Banda de Mireia is on stage at 6pm with tickets costing from €8-10.

Orihuela's pilgrims



ORIHUELA PILGRIMAGE: More than 500 people took part in the 24km walk from Orihuela to Murcia.

MORE than 500 people participated in the first stage of the Camino de Levante from Orihuela to Murcia.

Mayor Emilio Bascuñana, and several councillors, took part in the first stage of the Camino de Levante, which consisted of a journey

of 24km from Orihuela to Murcia. They were joined by more than 500 people who made the pilgrimage, receiving provisions and a t-shirt as they departed from Orihuela's Cathedral at 8am.

Mayor Bascuñana also announced

that after the success of this first stage, the second stage, Murcia-Alguazas, will be held on March 11, with more information available from the town hall or Tourist Information in the coming days for those interested in participating.

Play time in Elche theatres

ELCHE'S theatre scene is alive this weekend with two shows on offer tomorrow (Friday March 3).

'Two ladies or not two ladies' is on at the La Llotja Cultural Centre at 8.30pm. It tells the tale of a chaotic, alcoholic, singing diva, who intends to make a world tour with a shy but brilliant pianist, but all is not what it seems...

Tickets booked in advance cost €3 or €5 from the La Llotja box office one hour before the performance. Tickets are also available from the Grand Theatre box office, www.instantticket.es or 902 444 300.

Also showing tomorrow is 'The Monster of the Gardens' where the audience will be enthralled in a wedding, a war, shipwreck, fate, love, discovery and an earthquake. The protagonist is Achilles who, locked in a cave from birth, decides to leave and embarks on an adventure to follow his heart.

The show is on at L'Escorxador and runs until March 12. Tickets are €12 from the Grand Theatre box office, www.instantticket.es or from the box office of L'Escorxador.

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Spring fair for children's home



MJ'S BAR: Ear Candling was one of the demonstrations on offer.

By Eleanor Hawkins

MJ's Bar in Quesada is hosting a Spring Fair on April 4 from 11am-11pm which will see a variety of stalls selling an assortment of food, clothing, shoes and accessories, as well as a fashion show and entertainment.

It comes following a successful first charity event organised by MJ's which

helped raise funds for the Elche Children's Care Home.

Guests were treated to a flower arranging demonstration by Kim Nicholls, Hopi Ear Candling by Tricia Lee and Galvanic Facial Spa by Nerissa Cogley, introduced by Sue Reader. They were then served lunch, with almost €100 being raised and donated to the Elche Children's Care Home.

The donation, as always, is gratefully appreciated by the care home and comes following €810 given from a fund day held at the Citrus Centre in Playa Flamenca, a €910 donation from Ann and John Bartlett from Johnsons Supermarket which was raised through a raffle, and €1,150 from Pablo Rodrigues who did the Spartan marathon run in Valencia.

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On the tapas trail

THE eighth Tapas Route of Crevillent is now on and runs until March 19 with cafes, bars and restaurants offering two tapas for €1.50 and a bottle of beer or glass of wine for €1.20.

Visitors can get a Tapas Passport to mark off where they

have been along the route, available at any of the participating establishments or at Crevillent's Casa de Cultura.

The 10th Tapas Route and fifth Gin and Tonic Route returns this weekend March 3-5 and March 10-12.

A new district chaplain welcomed for the RBL

THE Royal British Legion, District North is delighted to announce the appointment of a new District Chaplain; Father Ray Andrews.

Father Ray was born in Greenwich, London and spent a good deal of time there, living briefly in Spain and Southern Africa. His first career was in mental health where he qualified as a psychiatric social worker and worked as a practitioner and educator for many years. Father Ray trained as a psychotherapist, specialising in addiction and still practices today at a clinic in Alicante.

Following a couple of years in a monastic community in Oxford, Father Ray returned to London to study theology and was ordained to the priesthood. His ordained ministry was always in the diocese of Southwark



FATHER RAY: Welcomed in his new post as District Chaplain.

with parishes in Dulwich and Central London. His last London parish was St George the Martyr in Southwark, where he was parish priest to the Head Office of The Royal British Legion in Borough High Street.

Father Ray came to live in Spain in 2015 and said: "I was delighted and honoured to be asked to serve as Chaplain for the District North of the RBL here in Spain, particularly given my association with the organisation in London. I look forward to this happy association."

Father Ray takes over from Reverend Terence Samson and the Legion wish Terence and his wife all the very best for the future.

For information about the Legion Branches, visit www.britishlegion.org.uk/counties/spain-north.

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Neighbourhood Watch

THE group will hold its Annual General Meeting on Monday March 6 at 11am in the Municipal Centre in Ciudad Quesada.

The purpose of this once a year reunion is to confirm that there is a need for neighbourhood watch in the Rojales and Ciudad Quesada areas, to appoint office holders, to exchange information about crime and anti-social behaviour in the area and ensure that as many residents as possible are aware of these occurrences and also what they may or ought to do.

Membership of the Neighbourhood Watch Group is free and the aim of the group is to communicate with its members, and through

them to their neighbours, by email so that as many people as possible are kept informed.

The group tries to promote good safety and security around its homes and neighbourhood and has many useful tips to share with you.

The meeting is open to all people living in the 03170 postal area. Do go along and help the group to grow and improve the security in the area.

For more information please contact Helen Tudor on 663 316 310 or consult the Neighbourhood Watch in Spain website www.nhwinspain.com.

New number for LIFELINE

LIFELINE, Age Concern Costa Blanca Sur's welfare section, has a new dedicated telephone number. The new number is 966 394 718 or mobile 697 176 149.

If you or someone you know needs assistance please call the new number. LIFELINE volunteers can offer support by:

- Making home visits and carrying out assessments.
- Advising on where to get nursing care.
- Liaising with social services.
- Matching volunteers to beneficiaries for long-term support (subject to availability of

volunteers).

- Giving advice on care aids.
- Giving information about residential care homes.
- Organising a monthly lunch club for beneficiaries.

If you are interested in helping people who may need assistance, especially if you have nursing or care experience, please go along to the centre at C/Paganini s/n, Urb La Siesta 03184 Torrevieja or call 966 786 887 for more details.

Discovering beauty in the empty void

AN abstract exhibition is now on display at Alicante's Aural Gallery.

The exhibition simply titled {∅} by Valencia-based artist José Maldonado, explores the idea of emptiness and the void.

Using symbols in its title to represent being empty, the artist explains this title is a reflection on this idea, with something which is supposed to be simple, containing a difficult reading. Maldonado said: "When I think of emptiness, I immediately

think of how to fill it. In a move, for example, we think that a house is empty when there is nothing physical in it, but there will always be something we do not see: the noise of the street, the wifi network that has not yet been removed, the air

coming through the window. In a metaphorical or philosophical way, it never ceases to be empty."

The exhibition is open to the public at the Aural Gallery in Calle Labradores in Alicante City until April 29.

Chaplaincy fundraiser

A NIGHT of music is being held at the Los Rosales Restaurant on the Lemon Tree Road, Guardamar, on March 15.

The event is being hosted to help raise important and much needed Chaplaincy funds for the Anglican Chaplaincy of St Peter and St Paul. The doors open at 7pm for a 7.30pm start.

Tickets cost €13 including a three-course meal and are available from Pauline Woodend and Allan White by calling 966 728 016 or 605 584 600.

For more information on the Chaplaincy and for church schedules and service times, visit <http://www.c-of-e-torrevieja.com>.

Costa at the Oscars

By Matthew Elliott

AN actor from Torrevieja came very close to scooping an Oscar at the Academy Awards in Hollywood on Sunday February 26. Vicente Gil Martinez starred in the Oscar-nominated Spanish short film 'Timecode,' which won the Palme d'Or at Cannes.

The intriguing film unfolds in an underground car park, examining the relationship between two security guards. It has won widespread acclaim but just missed out on the ultimate film glory to the Hungarian short film 'Sing.'



SO CLOSE: Vicente Gil (right) in Timecode.

Not many people know that Vicente Gil originally hails from Torrevieja. The experienced actor moved to Barcelona as a boy and has

graced the big screen for more than four decades now. Millions of Spanish know his voice intimately from his thousands of dubbing roles.

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A great restaurant icon has passed away

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SAD NEWS from the world of hotels and restaurants that the icon that was Victor Ceserani has passed away at the very wonderful age of 97. He was taken into hospital two weeks prior to his death suffering from cancer. Born of Italian-Belgian parents on October 23, 1919 in Knightsbridge, London, Ceserani spent the first 20 years of his life living in Chelsea.

Shortly after his 15th birthday, keen to get away from academic subjects that he said were “beyond my comprehension,” he joined London’s Ritz hotel as an apprentice, on a salary of seven shillings and six pence (37 new pence) for a six-day week. It was while working at the Ritz that he met his future wife, Letti, at the Pheasantry Club in the Kings Road. The couple remained devoted to one another throughout what Ceserani described as “an exceptionally happy marriage.”

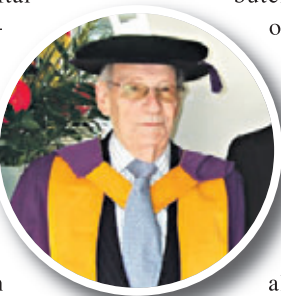
Ceserani was one of those rare birds that combined academia with practical and creative culinary skills.

As Ceserani was technically Italian, he received his National Service papers for the Italian Army, but promptly tore them up as his father had just taken out UK nationality, and he didn’t regard himself as an Italian.

When war was declared in 1939, Ceserani joined the Royal Fusiliers, initially training as a motor mechanic. He was then promoted to lance corporal and moved to the officers’ mess as cook for the 19th Battalion of Fusiliers in Cheshire.

Throughout the war, he worked as an officers’ mess cook in many units until he was posted to France just after VE day and finally demobbed in June 1946.

On returning to London, Ceserani took on the position of second chef at Boodles. In 1948, he was promoted to head chef and one of his famous recipes during that time was roast beaver, which he had acquired from the local butcher as it was not on ration.



“ Much-respected as a teacher and a father figure.”

He has written countless books on the subject of food, food preparation, culinary skills et al. He was much-respected both as a teacher and a father figure to many well-known chefs. I was fortunate to meet him with Brian Turner many, many years ago in London and my old colleague Gary Rhodes was one of his most enthusiastic students. Brian says he remembers all the wonderful, fun times, spent together.

During his career Ceserani was awarded an MBE for services to catering education in 1974. He finally retired in 1980 and was announced as an honorary fellow of Ealing College of Higher Education in 1982.

He was presented with the Catey Special Award, then called Personality of the Year, in 1984, and received the Catey Lifetime Achievement Award in 1992. In 1999, Ceserani was granted honorary life membership of the HCI-MA, which later became the Institute of Hospitality. He was also an honorary member of the Royal Academy of Culinary Arts.

He will be sadly missed but warmly remembered by those that benefited from his skills and compassion and his love of our industry.

A CATEY is the hotel industry’s equivalent of theatrical awards.



If you have Catch Up TV, you could follow James with Keith’s CV2 on a French adventure on ITV at 4.00pm.

CHEF AND TV PERSONALITY

James Martin resigned last year from his highly popular Saturday Morning Kitchen on the BBC. This light hearted look at food and the personality chefs that were guests on the programme regularly attracted viewers in excess of 3,000,000. He explained how he had been banned from making an omelette in public.

In an interview with *Heat Magazine*, Martin, who runs James Martin Kitchen in Stansted airport and James Martin Manchester in the Manchester235 Casino, revealed that his contract banned him from doing so. He said: “I’m not allowed to skydive, I’m not allowed to deep-sea dive, and then, ‘Not allowed to make an omelette in public.’”

The Omelette Challenge was a regular fixture on the BBC One Saturday morning show, where he invited the programme’s two guest chefs to make an omelette as quickly as possible using three eggs.

Martin’s job was to time the omelette-making and judge whether the often-uncooked dishes qualified for the leader board. He himself never

made an omelette on screen.

Chef Paul Rankin had previously held the record for the fastest omelette, but that accolade now goes to chef Theo Randall, chef at his eponymous site at the InterContinental London Park Lane hotel, whose 14.76 second effort from May 2015 has now been officially listed in the Guinness Book of World Records.

James is travelling around France at the moment making a food programme, James Martin’s French Adventure. He’s driving my old friend Keith Floyd’s iconic CV2. Martin is an avid driver and collector of classic and performance cars. Knowing James’ passion for cars, Keith’s daughter Poppy called him and asked him if he would like to buy Keith’s old Citroen which was languishing away in a garage in France.

James immediately flew to France to collect it and drive it back to the UK. She had intimated that it was in excellent condition, but when it came back it had to undergo a fair amount of work to make it British MOT worthy. But body wise it is just about original.

HAS THE WORLD GONE MAD or is it just commerce and industry keeping up with an ever changing one. I was intrigued to find the following jobs being recently created.

Chief Listening Officer

Kodak hired Beth LaPierre as the first ever Chief Listening Officer in 2010. During her tenure, LaPierre engrossed herself on monitoring when and where Kodak was mentioned on social media channels, blogs, and anywhere else on the World Wide Web.

From her extensive data gathering, LaPierre would relay her insight to department heads and managers. Given ‘engagement’ is a focal point in the company-customer exchange, the first step remains to listen. Hiring a person to only listen is essential in beginning a meaningful conversation and relationship.

Influencer Agent

With the rise of social media, so came the meteoric rise of ordinary individuals who became well-known through a social media channels, known as ‘Influencers.’ One of the new jobs that has derived from the new business is Influencer agencies. These agencies have a network of ‘YouTubers,’ ‘Insta-famous,’ or other social media stars signed to work with them. For brands, agencies are responsible for finding the most suited Influencer. For an Influencer, it’s vital that the brand aligns with their public image and, together, create a successful campaign.

Emoji Translator

Global translation firm, Today Translations, put out the world’s first job advertisement for an Emoji Translator in November 2016. With emojis becoming a part of communication, it’s important to know exactly how different emojis are meant in varying cultures and contexts. For example, the emoji entitled ‘face with tears of joy’ is used by Westerners to convey laughter; in the Middle East, the symbol is used to express grief!

OVER THE YEARS I have attended many interviews and of course interviewed hundreds of young (and old) applicants, but I have never known any inter-

viewer ask the type of questions that a manager at TGI Fridays apparently asked an eager young recruit.

The interviewer reportedly asked if the applicant, who would like to remain anonymous, would ‘rather watch his parents have sex for a year or join in just for the start.’

Other questions included ‘would you rather s*** a brick or cry glass?’ during the interview for a part-time position at TGI Fridays in Derby’s intu centre.

Speaking to the *Derby Telegraph*, the interviewee said: “I’d already had a successful phone interview and I was really looking forward to this. It was a company I had heard good things about and I thought this job would suit me. The first question I was asked was whether I would rather watch my parents have sex for a year or join in just for the start. I was absolutely gobsmacked.

“Before I’d had chance to respond I was asked whether I would rather eat chocolate flavoured s*** or s*** flavoured chocolate. He seemed to think I would find it funny and join in. I thought it was disgusting, sick and pathetic.”

The interviewer has been suspended following the incident.

A spokesperson at TGI Fridays Derby said “As someone who loves being part of the Fridays’ family we are all really disappointed here with what’s happened and in no way does it reflect our Fridays’ values.”

In a statement, TGI Fridays said: “Fridays offers an industry-leading recruitment process, and this incident fell severely below our high standards.

“The questions posed during the interview with the candidate are absolutely not part of TGI Fridays’ interview process and we were very disappointed to learn of this incident. Immediate action was taken, with the person involved suspended.

“We have apologised to the candidate for the experience and offered them the opportunity to re-interview with us, which we hope they will take up.”

Glad to hear it!!!



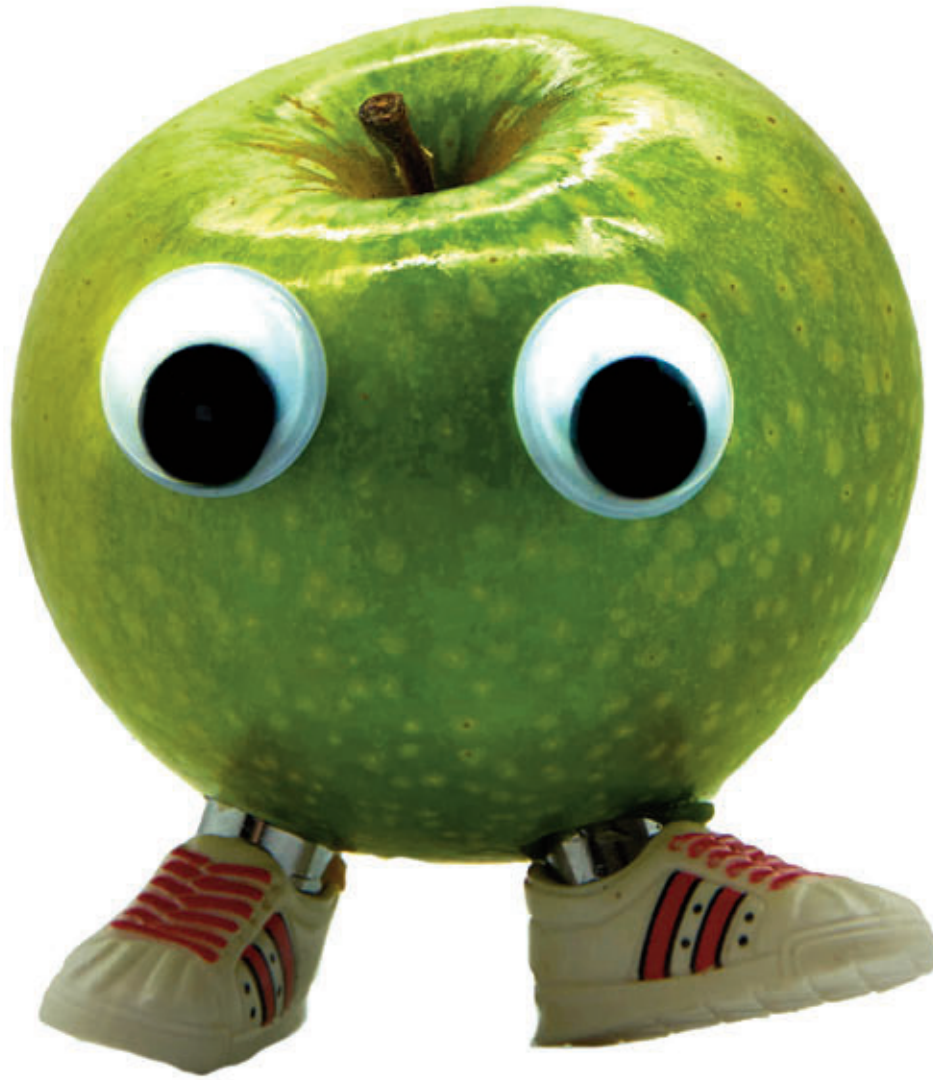
AWKWARD MOMENT: Inappropriate questions were asked by the interviewer.

OUR RESTAURANT project has come to fruition with the final touches being completed on Tuesday of this week. Even though I say so myself the place looks great and thankfully the client is very pleased. The chef is happy and is indeed producing some good food. The total cost of the project was just under €12,000 including my fees. Not bad for a cosmetic reform! We now wait for approval from the customers.

ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

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Spain: Investment hotspot

ONE of the world's biggest accountancy firms has revealed that Spain is set to become even more of an investment hotspot in 2017. Ernst and Young, now known as EY, found that Madrid is a favourite among investors looking to relocate from the UK following the Brexit vote.

Spain's capital city ranked as the fifth most attractive in all of Europe, while Barcelona secured 10th spot. Only London, Paris, Frankfurt and Berlin fared better than Madrid in the survey of top executives.

Many real estate experts across Europe are eagerly waiting to see where the money will go if, as expected, a great deal of it leaves London. The most likely scenario is that it will spread across different countries but with one key base, almost certainly in Germany.

That still puts cities like Barcelona and Madrid in pole position to see even more real estate investment come their way. The twin pillars of Spain's booming economy have seen billions of euros ploughed into serious property projects in recent years.

Commercial spaces and hotels are the



MADRID: Looking for more real estate investment to come its way.

main agents of change and the trend looks certain to continue once the impact of Brexit is felt.

It also bodes very well for Spain's quickly evolving residential property market.

The country needs more homes quickly. With the commercial real estate sector looking so promising the construction industry has swung into full gear and 2017 is looking like a year of terrific growth on all fronts.

Good to be abroad

BRITAIN'S faltering real estate market saw house prices grow at their lowest annual rate in January 2017. Industry experts have predicted that this year will see the market finally experience its long-expected slowdown. Early results for January appear to have confirmed those expectations.

Nationwide, one of the country's biggest mortgage lenders, has described an ambiguous year ahead, with a 'cloudy' and 'uncertain' short term outlook for home owners. Annual property price growth stood at just 4.3 per cent in January, the lowest level since November 2015.

Rising inflation courtesy of the pound's plummet following the Brexit vote has taken over six months to sink its fangs into the property market, but its doing so was con-

sidered inevitable.

Experts still expect house prices to rise in 2017, albeit far slower than most homeowners have become accustomed too. Prices in and around central London may well drop substantially as the city edges past its property peak.

Preliminary statements from the Royal Institute of Chartered Surveyors described the UK market as 'stuttering' towards the end of 2016 and enduring a slow start to 2017. There was a late surge of an average €4,000 price increase in December, the fastest since the Brexit vote.

But that appears to have been an anomaly. Regardless, at the end of the year the average house price in the UK reached an all-time high of £222,484 (€260,000).

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SWEDEN'S LEADING ESTATE AGENT

Spain is looking rosier than ever

A STARTLING new report from the British government has admitted that England's property market is a mess. A new white paper confirmed the urgent need to build millions of new homes or face ruining the property dream of an entire generation.

Home building in England, a distinct endeavour from policies in Scotland, Wales and Northern Ireland, has been conducted at the lowest rate in all of Europe according to the devastating report. House prices are now more than seven times the average annual income in many areas.

Young families are bearing the brunt of the calamity. Many are being forced to while away more than half their monthly income on extortionate rents, making saving money for a deposit on a house extremely difficult.

“Homes will be built upwards rather than outwards.”

Communities Secretary Sajid Javid claims the solution is to increase new home production to 275,000 per year, up from the 190,000 built in 2016. Critics say that number is far from adequate and suggest the system needs a complete overhaul.

Javid has already made waves with proposed solutions for the property crisis. Last year he suggested that elderly people move out of their homes and into either smaller flats or sheltered accommodation. He proposed government funding and other incentives to encourage older generations to make space for younger families.

The white paper also paints a fairly dire picture of the future of UK property. Cities are expected to become even more densely populated as rural areas continue to decline. Homes will be built upwards, rather than outwards as in previous times.



LONDON: Luxury homes are preferable to paying money to the tax man.

Decisions, decisions

By Matthew Elliott

BILLIONAIRES prefer paying eye-wateringly expensive rents for luxurious London homes rather than forking out more money for the tax man in stamp duty. The final quarter of 2016 saw the number of rents exceeding £3,000 (€3,500) per week jump up by 28 per cent.

Experts suggest that the 15 per cent stamp duty on second homes, which came into effect last April, is the prime

2016

The final quarter saw the number of high rents jump up by 28 per cent.

motivation. By avoiding paying €1.5 million on a €10 million home, the uber rich can actually save money paying hundreds of thousands a year in rent.

There are thousands of properties listed online in London alone with rents over €3,500, which is more than €150,000 per year. Extreme luxury can be found in penthouse suites and Mayfair homes which command €40,000 a week, much more than the average annual salary.

And those are just the publicly listed properties. Regardless of the shift towards luxury rents, the public purse had done well out of the stamp duty, which raised more than €8 billion in 2016.

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TOWNHOUSE WITH A HUGE GARAGE

2 Bedroom, 1 Bathroom. This townhouse is east facing and has wonderful views of Guardamar del Segura, including views of the sea. This property has been **REDUCED FROM €79,000 to €76,000**. There is an exceptionally large garage/underbuild that can be used as storage or could be converted into a separate apartment which is common on this community.

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Future tech revolution

By Matthew Elliott

PROPERTY is set to be transformed by a vibrant new technology that will help people buy and sell homes faster than ever before. They will also do so with more transparency and an almost negligible risk of financial problems.

Known as Blockchain, the technology is in effect a digital database. It is decentralised and presently used to facilitate online transactions, store medical records, and in many ways manage the global economy.

Its predictive capabilities



BLOCKCHAIN: Giving the entire history of a property.

mean that major accounting firms, including Ernst and Young, PwC, and Deloitte are

helping pioneer the technology. What does blockchain technology mean for the real estate

market? Well for starters it will allow almost anyone with a computer to access the entire transaction history of a property. This means that a buyer or seller won't have to rely on lawyers to quite the same extent.

Real estate agents will be able to increase their market knowledge ten-fold with immense digital databases at their fingertips. Local expertise will also increase as people from distant countries can get an incredibly accurate picture of neighbourhood dynamics from just one local computer-savvy agent.

Payment issues will be dramatically different. Owners will be exposed to a new form of online banking using digital currencies to transfers funds to sellers, electricity companies etc in real time. Best of all will be the democratisation of information. Meaning you and your agent will have more power and knowledge than ever before, making mistakes a thing of the past.

Setting the price

RENTING out spare property long term can help cover the costs and bring in a little extra cash every month, yet first time landlords tend to have a common question: how much to charge?

This is not an easy decision and there are a number of factors which will influence the price. At the end of the day the market sets the limits and the price we choose may also determine the type of tenants we find.

"Although the main factors which determine the value of accommodation are its location, position and size, there are other less objective parameters which must be kept in mind when stipulating a price," says Joaquin Mencia, CEO of Uniplaces in Spain. The company, which books accommodation for university students, explained the keys which can determine the value of a rental apartment or home.

One of the most important factors is the location. Generally speaking, the more central the property, the higher the price. However, prices can still vary within the same neighbourhood so it's best to find out what is charged for similar properties in the area to get an idea of the average price.

The size is another factor which determines the rent. If a property is larger than average for the area then it will be worth more.

The state of the property will also obviously influence the price. If it has been recently renovated the rent can be put up about 10 per cent, while if it is in worse condition than others in the area, this will mean bringing the price down 3 to 5 per cent.

Extras such as a lift, porter, swimming pool or garage add to the price, as does being on the top floor of an apartment building. All of these can allow the owner to demand 5 to 10 per cent more than the average rental amount and still find tenants willing to pay.

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Slowly but surely prices rise

THE average price for second hand property in Spain in January was €1,649 per m², 1.6 per cent more than a year ago according to Fotocasa property portal.

The first month of 2017 was the fourth in a row to register price increases of more than 1 per cent, the portal reported.

Prices went up in seven of the 17 Spanish regions, with the most expensive place to buy still Pais Vasco with an average of €2,706 per m² followed by Madrid (€2,241/m²) and Cataluña (€2,095/m²). At the opposite end of the scale, Castilla-La Mancha at €1,048/m², Extremadura at €1,105/m² and Murcia at €1,102/m² regis-



HOUSEPLANTS: Leaves can become dirty.

Feed and clean

By Eleanor Hawkins

DUST and grime from outside and even the water we spray them with can dirty the leaves of houseplants or leave marks which make them look less than perfect.

There are many different products on the market to clean leaves and put a shine on them but to give your houseplants even more of a boost, go for one which feeds them too.

Plants can absorb liquids through their leaves, so adding nutrients to

“ **Plants can absorb liquid through their leaves.** ”

cleansers is a great way to kill two birds with one stone. The most common things included are nitrogen, phosphorus or potassium. Whichever one you choose remember to rub them in well after spraying them onto the leaves to obtain a nice shine.

Ornamental grasses for the home

By Graeme Tyrrell

WHEN we think of grass it is normally about lawns, but grasses can also add an element of interest to the ornamental garden and even in pot plants. There is a wide range of grasses cultivated for their showy flower spikes and low maintenance care in the Mediterranean garden.

Tussocks of ornamental grasses can be used to break up garden monotony by planting in groups, as hedges and for borders. They also suit pool areas as the debris from grasses is minimal if annually pruned.

For large gardens, Pampas grass (*Cortaderia selloana*), named after the South American region Pampas where they originate from, provides a great display of feathery plumes high above the dense clump of foliage, making it a perfect screening hedge of up to two metres high and wide.

For hedges plant one metre apart to ensure a full screen. Being a grass it is best cut back strongly in winter, after the flower display. The flowers usually emerge in late summer and autumn and there are white to pink shades available.

For smaller garden areas and containers I prefer the Fountain grasses (*Pennisetum setaceum*). They make a great border or background plant that is easy to manage. I have grown some for



Photo By Luke Luke Shutterstock

PAMPAS GRASS: Provides a great display of feathery plumes.

years from a division from a friend's plant and each year I have been extending its use in the garden as a low maintenance, easy to move space filler.

They don't need a lot of water once established and flower profusely with great dependability. The flowers can be harvested for use in dry flower arrangements so they can be on display in the house all year or incorporated into flower arrangements or decoration on gifts.

To divide ornamental grasses, it is just a matter of digging around the section of the plant you wish to separate and prising them up. The relatively shallow roots make this easy and if the roots are kept moist, they will normally transplant successfully and commence growing quickly.

It is difficult to grow these grasses from seed as the seed goes off quickly and as there are male and female plants single plants may not form seed.

There are dry and wet area ornamental grasses but, except for pond areas or naturally moist areas, the dry area plants are the most suited to the Mediterranean as they require minimal watering and are hardier in the heat.

Prune back to the central core after flowering has finished to keep plants fresh and to minimise build up of dried leaves. Remove spent flowers regularly if you want to maximise the period and frequency of flowering.

Less stress for plants

EVER noticed that the perfectly healthy looking plant you bought from the garden centre started to drop leaves not long after you got it home?

Stress is the culprit and is caused by the sudden change from warm, humid greenhouse conditions to the drier, cooler conditions of its new residence.

Although most plants will adapt quite quickly to their new surroundings and pick themselves up again, you can assist them by providing them with as much natural light and humidity as possible. Spanish TV gardener Iñigo Segurola recommends.

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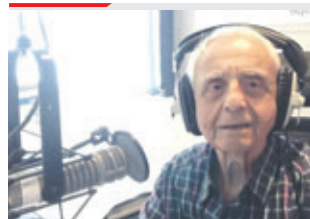
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SCRATCHING: Allergic reaction?

DOGS that ritualistically scratch and lick could well be indicating that there is an allergic reaction to the food they are eating, or to an ingredient in the food. If the body defence mechanisms are in action, this will in turn trigger off cells, which release histamine into the body.

In the dog, these cells are located in their greatest numbers on the feet and the legs, around the ears, eyes and nose, on the root of the tail and on the chest and abdomen. Frantic licking or scratching in these areas, especially shortly after eating a meal, will eventually damage the skin and leave it open to infection.

Some behaviours of licking and scratching are so extreme that they get to the point where the dog or cat does not want to sleep. They only want to do this particular behaviour.

Tail chasing and tail chewing in Bull Terriers, flank sucking in Dobermans, hind end licking and sucking in Schnauzers is

well reported many dogs suffer imaginary flies and chase them.

It is important that if you find your animal is scratching or licking excessively that the first report is made to your vet who will be able to determine if in fact this is an allergic reaction to food or whether the behaviour has medical cause. Parasites, skin problems or arthritis could cause excessive licking; liver disease could also cause unusual behaviour; and bowel or anal problems could result in hind end checking by your vet.

Some vets now understand the value of a canine behaviourist and often refer to them to enable a study of the particular behaviour to see if it is a learned response to the animal's owner. After physical causes and learned behaviours are ruled out, a vet or animal behaviourist takes a detailed history of events to find out what is triggering the behaviour.

Some of the common causes include a new baby or spouse in the family, moving to a new

home, holiday periods like Christmas when the animal gets less attention, when children go off to boarding school. Less attention paid to the pet or even less exercise, frustration at being left alone in too small an area or being confined for too long and harsh or inconsistent punishment. If a pet does not know what to expect from its owners, then this can cause conflict.

In many cases where a dog is seen licking itself by its owner with the owner getting frustrated shouting 'Stop licking,' it is enough to cause conflict in the pet's mind.

Stress levels should be reduced by maintaining regular schedules like feeding three times a day at a set time, habitual and increased exercise and consistent use of commands followed by immediate reward of 'Good dog.'

Sometimes drug therapy is required to correct the animal's imbalances in the brain, as it is difficult with behaviour modification alone.

Dog fighting ring is busted

THE police have broken up a criminal group which allegedly organised dog fights in Tenerife and Madrid, saving 230 dogs in the process.

The operation, authorised

by a Torrejon de Ardoz court, led to 23 arrests and 10 people have been charged with various crimes including animal cruelty and belonging to a criminal group.

The arrests were made when police officers stormed a country property in Tenerife where a large fight, referred to by those in attendance as a championship, had been organised. A ring had been set up for the fights and many dogs' bodies were found in a nearby ravine. The fighting dogs, all pitbulls, had been stolen and their microchips had been removed.

Along with those believed to make up the group itself, a Local Police officer and a vet suspected of administering drugs to the dogs were also arrested.

Bella loves her bed

BELLA'S family know how fond she is of her bed. So much so that wherever they are whether in the UK or Spain they always take the same bed with them, because she would not be amused if she didn't have it with her at nap time. Is she spoilt? Not really. But she is fond of the bed.

So when housesitters come to care for her, if the family need to travel without her, then top of the briefing document, or 'the Housesitters' Agreement,' as we call it at HouseSitMatch, we attach this special note - Please make sure Bella has access to her bed at all times. Bella takes her bed with her up the stairs, into the living room, into the kitchen if it is dinner time. When she is indoors she simply prefers to be on the bed. The bed has been discovered in the oddest of places, in the bathroom, in



BELLA'S BED: She must have access at all times.

the wood store, and latterly half way up the stairs. Bella likes her home comforts and her family prefer that she stays at home while they travel.

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French takeover

By Eleanor Hawkins

THE Labrador, which has been the UK's favourite dog since 1990, will probably lose its number one spot to French Bulldogs by next year, the Kennel Club predicts.

After 27 years in the limelight, Labs look set to be knocked down a spot due to the celebrity-inspired meteoric rise of the pooches from across the Channel. The preferred breed of trend-setters including the Beckhams and Lady Gaga, French Bulldogs now feature in 10.5 million photos on Instagram, just one example of their current popularity.

While back in 2007

there were just 670 French Bulldogs registered with the UK Kennel Club, by 2015 this had increased to 14,607 and grew a whopping 47 per cent to reach 21,470 last year.

The breed is expected to knock

Cocker Spaniels out of second place this year and become top dog in 2018.

The Kennel Club is however concerned about the matter as it fears once fashions change people will

abandon

their pets.

"While

the

French

Bulldog is

a lovely

breed, it is

unwise to buy

one just because

it looks cute or is in

fashion," club secretary

Caroline Kisko

told the *Huffington Post*.



FRENCH BULLDOG: A lovely breed.

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ALCOHOLICS ANONYMOUS IS ALCOHOL COSTING YOU MORE THAN MONEY? Drinking to excess not only affects your health it can spill over into every other aspect of your life - damaging everything that is important to you. English-speaking AA meetings are held throughout the Costa Blanca from Valencia City to Murcia. Anyone wishing to attend a meeting or discuss a possible drinking problem contact Costa Blanca North: *648 169 045* or Costa Blanca South: *625 912 078* or Costa Calida *679 385 105*. All calls are treated in the strictest confidence. AA in German: 645 456 075; Spanish: 679 212 535; Flemish: 635 047 053; and Scandinavian: 659 779 222. www.aacostablanca.org (93323)

ROUNDAABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone --- but not always. Charitable donations have recently been made to The Alzheimers Centre, Cancer Research and The Amigos Ambulance Service. We still need your help with donations etc. Please keep them coming in! We are situated on Avenida Del Furs close to the Fountain

Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk.

HELP VEGA BAJA. We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com **We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733** (95456)

THE BAKER FOUNDATION for SPIRITUAL AWARENESS. 16 Nicolas De Bussi Ave, Playa Flamenca. Sunday Service every week 11am to 12 noon, everyone welcome. For further details please phone/fax 966 760 665 (95458)

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-spain.org or tel 966 700 391. (95464)

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca-costablanca.org or call the Secretary on: 966 495 042 (95465)

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

TORREVIEJA STROKE SUPPORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretarybr3606@gmail.com (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY Calle Urbano Arregui 23, Torrevieja Evangelical non-denominational Sunday services 11am Children's church 11am House groups in Torrevieja, Los Balcones, San Javier Ladies meeting Thursdays 11am. Pastor, Rafael Restrepo All nationalities welcome 966 799 273 / 660 127 276. (95476)

ROYAL MARINES ASSOCIATION (Costa Blanca). The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at Casa Ventura, San Luis Urbanisation, at 6.30pm. For further details Hon Sec 965 724 652

FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please

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ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafacb.com.

MEETS at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. Also, every alternate Thursday from 23rd February, there is a Development/Awareness Circle where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. The Divine Service with Mediumship on 5th March will be taken by Kim Westgate (UK Medium). Kim will also take the Evening of Mediumship on Tuesday, 7th March. The Divine Service with Mediumship, on Sunday, 12th March will be taken by Ray Bailey. Contact Wendy on 965323028. www.spiritualistcentre-benijofar.com New email is phoenixchurch23@gmail.com or in fo@spiritualistcentre-benijofar.com Identificacion Fiscal G54713789.

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**Clarkson
Quote of the Week**

“ *"This is the thing you have to remember. Alpha build a car to be as good as a car can be...briefly."*

Some might say...



Motoring shorts

Velar is unveiled

THE fourth edition to the Range Rover family goes on sale in spring 2017.

The brand new Range Rover Velar has been described as 'avant garde' and will challenge Porsche's Macan for brash, sporty supremacy.

The Velar, named after the Latin 'velaris' meaning 'to veil,' slips into the perceived gap between the Range Rover Sport and the Evoque

It will have a panoramic glass roof and be powered by a JLR 2.0 litre turbo petrol and diesel engine.

In keeping with its name the full design is being kept under wraps until before the Geneva Motor Show in mid-March. Its first public debut was held on March 1 at a plush RR event.

Vintage velocity at Race Retro

By Matthew Elliott

ONE of Britain's best auctions took place over the weekend from February 24-26 and, as always, didn't disappoint with the motoring gems on display. The Race Retro historic motorsport show is in its 14th year and boasted its most fantastic ever collection of racing, rallying, touring, vintage, retro and marquee vehicles.

Thousands gathered at Warwickshire's Stoneleigh Park to get a taste of the action and see motoring heroes, including Freddie Spencer and Ari Vatanen, live in person.

Among the mechanical stars of the show was a 1988 BMW E30 M3 which won dozens of touring trophies during a dynamic spell that saw it hailed as a historic great. Another German-built gem was the effortlessly cool 'Batmobile,' the BMW CSL 3.0 built in 1972.

Ford was well represented with its 1988 Escort RS Turbo that has unexpectedly gained legendary status over the years, a 1990 Ford Fiesta RS Turbo, and a custom built '72 Ford

Capri Perana V8 with a 5.0 litre Mustang engine. A real piece of Ford history could be found in the '65 Cortina that won accolades on the track.

Other huge hits at the auction included a modified 1974 Ferrari Dino, a 1960 Austin Mini Cooper with a 1.275 cc engine and twin fuel tanks, a 1980 Porsche 911 Turbo, and an original 1994 Lancia Delta Integrale with just over 13,000km on the clock.



A BMW CSL Batmobile.

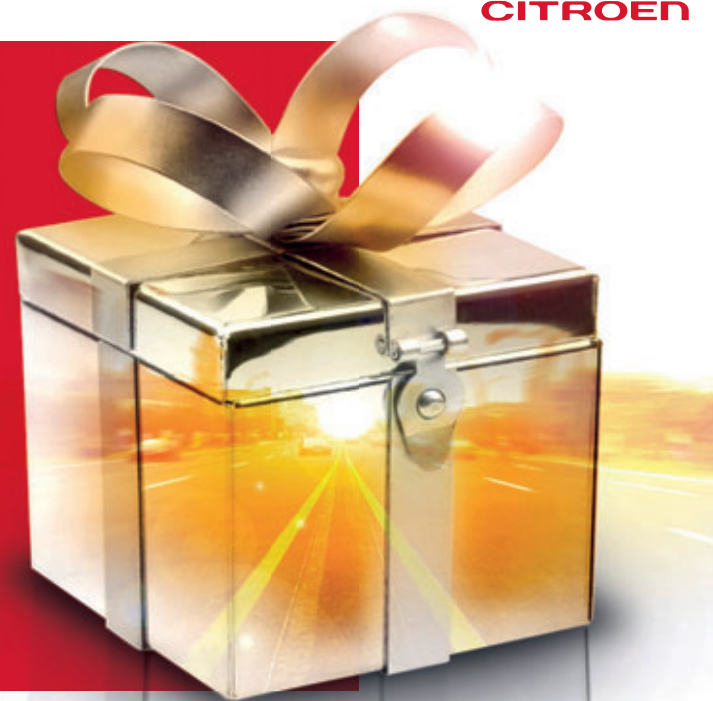
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Motoring memorabilia

AN eagle-eyed wife came to her husband's rescue when he almost stripped his old Porsche for parts. Rummaging in the paperwork she discovered that the previous owner was none other than George Harrison.

Amazingly Raj Sedha had no idea that Harrison was a former Beatle and one of the most famous men in the history of music. Harrison bought the Porsche 928 S new in the late 1990s, owning it for four years before he died in 2001.

Sedha bought it two years later with the immediate in-

tention of stripping it for a minor profit. Now, over a decade later, he has fixed it up to pass its MOT and will sell the remodelled Porsche at a special Beatles memorabilia auction in Warrington, England on March 17.

Dealers expect it to fetch at least €25,000, ideally going to a massive Beatles fan and classic car collector. Needless to say, Sedha owes his wife a night out.

And that's not the only chunk of history going up for sale in England. A second-hand car dealer in Gloucester is cashing in on

Donald Trump's unexpected stampede to the White House by selling a Trump-designed Cadillac for €60,000.

Like most of Trump's business ventures this one has his name on it. Officially named the 'Cadillac Trump' there were only two designed in 1988. This one was kept in the Trump family before sailing across the Atlantic in 1991. It has just 45,000 miles on the clock and may well fetch far more than the asking price at auction.



PORSCHE 928S:
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ROAD TEST by Nick Fletcher

Hyundai Tucson Premium SE

COMPACT SUV models currently enjoy enormous popularity, with a wealth of competitors vying for customers in one of the most active sectors of the UK car market.

Kia Sportage, Renault Kadjar, SEAT Ateca, Ford Kuga, Nissan Qashqai, VW Tiguan and Peugeot 3008 are among formidable rivals that the latest Hyundai Tucson has to take on - but in my view it is more than up to the challenge.

The Tucson holds plenty of aces - it is more eye-catching than some rivals, more spacious and better equipped too, and its five-year warranty beats most of the opposition and helps it have very strong residual values. Prices start at €22,823 (£19,450), petrol and diesel options are available and depend-

ing on model, two or four wheel drive.

Even entry-level models come with features such as alloy wheels, air conditioning and Bluetooth, and my test model was the flagship Premium SE which has heated and cooling electric front seats, a heated steering wheel, electric tailgate, larger 19-inch alloys, dual-zone climate control, panoramic glass sunroof, roof-rails, reversing camera and parking sensors, an eight-inch touchscreen, sat-nav, and a list of 32 safety and security features including rear cross-traffic alert and lane departure warning.

In two-wheel-drive 1.7 litre diesel form, with seven-speed auto gearbox, this top-spec model costs €31,325

(£29,695). Top speed is 185 kmph (115 mph), 0-100 kph and 0-60 mph time is 11.5 seconds and fuel economy is 20.3 kmpl (57.6 mpg) combined.

With a new chassis, new engines and new technology, the Tucson has a lot to offer but what impressed me most was its driving feel. It seems absolutely in touch with the driver, with intuitive steering response, beautifully composed ride quality and precise and assured handling. The 140 hp diesel unit is quiet and refined, the dual-clutch auto gearbox ultra-smooth with its changes.

Over the months, I have driven all the main opposition models, and the Tucson is the one I have enjoyed most for overall driving dynamics.

Striking exterior styling

gives the Tucson plenty of charisma and while the cabin looks rather less exciting, it is well designed for function and ease of use, with a clean uncluttered look and a quality appearance that matches that of Volkswagen.

Seating is comfortable and supportive, and there is good space in the rear for even taller adults. The boot space of 513 litres is larger than that of the Qashqai and Kadjar, and expands to 1,503 litres.

The latest Tucson is light years ahead of the original version in all respects and it is now in a commanding position in a segment already crowded with some excellent rivals. No doubt about it in my view, Tucson has to be on the short list of any potential SUV buyer.



Stats panel:

Model: Hyundai Tucson Premium SE
Engine: 1.7 litre diesel
Transmission: 7-speed automatic
Performance:
0-100 kmph (0-60 mph) 11.5 seconds, top speed 185 kmph (115 mph)
Economy: 20.3 kmpl (57.6 mpg) combined
Emissions: 129g/km

TUCSON: Holds plenty of aces.



PERFECT CONDITIONS: Made for some good results.

Eurogolf play Toffs

ON Tuesday February 21, 74 players took part in the weekly Toffs stableford competition. The conditions were perfect for golf which made way for some good results.

Cat 1 (0-14): 1st Malcolm Foscett 38, 2nd John Barraclough 35, 3rd Bill Martin 34. Cat 2 (15-19): 1st Gary Grierson 35, 2nd Clive Peck 34 c/b, 3rd Bert Lawson 34. Cat 3 (20-25): 1st David Horne c/b 35, 2nd Geoff Evans 35, 3rd David Valentine 34. Cat 4 (26-36): 1st Lauraine Walker 36, 2nd Ed Silvester 32, 3rd Franco Gentili 31.

Overall winner: Malcolm Foscett. Best front 9: John Kirkwood 19. Best back 9: Ken Enever 19.

NTP's: 5th Malcolm Foscett, 11th Clive Horne - hole in one, 12th in two George McCallum, 15th Alan Venables, 17th Clive Peck.

Football draw: Colin Daye-Gretton, Monique Reeve, Ken Brett, Debbie Weedon and Robin Richards.

Unfortunately there was no Eurogolf competition on Thursday as it had rained heavy during the night. People using buggies would have had to stick to the paths plus the weather forecast was for thunder and rain so a lot of people cancelled but those who went out and played found the conditions perfect!

The entertainment secretary would like to remind members that the list for St Patrick's Day at Laurels is up so to please book your tables as soon as possible.

If you would like to play with Eurogolf at La Marquesa on Tuesdays and Thursdays please visit the website www.eurogolf-quesada.co.uk.

Mazarron claw back a draw

MAZARRON twice came from behind to earn a point away to Racing Murcia City.

Mazarron started the game brightly and Chino and Marcos combined well on the left to set up Javi Torramo whose near post header was saved by the Murcia keeper. Then Chino cut inside from the right and hit a tremendous left foot shot which crashed against the crossbar.

It was almost half an hour before Pablo in the Mazarron goal was tested when he dived to save Mario's shot from the edge of the penalty area. Despite Mazarron's early dominance it was the home team who took the lead after 39 minutes when ex Mazarron favourite Willy raced through the visiting defence before slotting the ball past Pablo.

Jimmy replaced Chino at half time and Mazarron were level after 49 minutes when Javi Torrano's cross from the right was superbly headed home



MAZARRON: Got a well-deserved equaliser with a free kick.

by Miguel. However, Murcia regained the lead on the hour when uncharacteristic hesitation from captain Juan Andreo allowed Luis a free run on goal and he made no mistake with a firm shot past Pablo.

Mazarron were denied a goal after 78 minutes when a superb ball from substitute Ruben saw Jimmy using his pace to outstrip the home defence only to be hauled down on the edge of the

penalty area as he was about to shoot. Luis was sent off for the tackle but this was little consolation as the resultant free kick from Javi was saved.

Five minutes later, however, Mazarron got a well-deserved equaliser when Dani's free kick was only half cleared to the edge of the penalty area where Boudia struck the ball sweetly into the corner of the net. Miguel won Man of the Match.

Congratulations to United and farewell Claudio

Tony Matthews

International Sports

A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is also the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre.

Costa de Almeria

FOOTBALL

I'll start by congratulating Manchester United on their 3-2 League Cup final victory over 'unlucky' Southampton last Sunday. It was United's fifth triumph in this competition and Jose Mourinho becomes the first manager to win a trophy in his first season in charge at Old Trafford.

This weekend there are some vital, very vital, Premiership matches at both ends of the table.

Down at the basement, reigning champions Leicester (who sacked manager Claudio Ranieri last week) meet fellow strugglers Hull in six-pointer at The King Power Stadium... while at the top, Liverpool take on Arsenal, Tottenham face Everton and runaway leaders Chelsea have a London derby

against West Ham (Monday).

The other fixtures include Manchester United v Bournemouth, Sunderland (bottom) v Manchester City, Swansea v Burnley and WBA v Crystal Palace.

The Championship's top two, Brighton and Newcastle, travel to Nottingham Forest and Huddersfield (third) respectively while Birmingham City (with only two wins from 13 League games under manager Gianfranco Zola) play Sheffield Wednesday (fourth). And there's a key relegation battle involving Blackburn who have Tony Mowbray in charge, against Wigan.

The big fixture at the top of FL1 involves Scunthorpe (2nd) against Fleetwood (3rd) and in FL2 there are long return journeys for play-off chasing Exeter who go to Hartlepool (696 miles) and for Carlisle (3rd) who visit second-placed Plymouth (780).

The Scottish Cup quarter-finals are Hibs v Ayr and Rangers v Hamilton (Saturday) and Aberdeen v Partick and Celtic v St Mirren (Sunday)

Earlier this week we had the second legs of the last 16

Champions League ties featuring Arsenal (trailing 5-1) v Bayern Munich and Napoli (1-3 down) v Real Madrid (Tuesday) and Barcelona (trailing 4-0) v Paris St Germain (last night).

And also last night, Manchester City played Huddersfield in a fifth round FA Cup replay, while on Tuesday there was a crunch Championship game involving the top two, Newcastle v Brighton.

There were recent personal milestones for Gareth McAuley and Darren Fletcher of WBA; Diego Costa and Cesc Fabregas of Chelsea and Harry Kane and Dele Alli of Spurs.

MAuley and Fletcher scored on their 500th club and 300th PL appearances respectively in a 2-1 win over Bournemouth; Costa and Fabregas netted in their 300th career and 300th Premiership appearances in a 3-1 victory over Swansea and

Kane and Alli hit their 100th club and 50th club and country goals in a 4-0 hammering of Stoke. Kane also completed his third hat-trick of 2016-17 against the Potters.

Serie 'A' leaders Juventus have now won 30 home games in succession (a record) and Carlo Ancelotti, celebrating his 1,000th game as a club manager, saw his current club Bayern Munich whip Hamburg 8-0.

CRICKET

Although the winter season remains with us, England's cricketers are still in action - and tomorrow they play the West Indies in the first of three ODIs in Antigua. The second is also in Antigua on Sunday, with the third in Barbados next Thursday.

Australia beat India last Sat-

urday by 333 runs - thus ending India's 19-match unbeaten run at Test level.

RUGBY UNION

Last weekend's Six Nation's Rugby matches ended England 36 points Italy 15, Ireland 19 France 9 and Scotland 29 Wales 13. This was the Scots first victory over Wales for 10 years.

There were

A v i v a
C h a m p i o n s h i p
w i n s l a s t
w e e k e n d
f o r

Wasps (1st), Exeter (2nd), Saracens (3rd) and Leicester (5th).

BOXING

WBO welterweight champion Manny Pacquiao will fight GB's Amir Khan on April 23. And unbeaten American Deontay Wilder beat Gerald Washington in Alabama to retain the WBC heavyweight title.

ROUND-UP

- Ukrainian tennis star, Elina Svitolina, beat Caroline Wozniacki to win the Dubai championship.

- The Indian Wells tennis tournament runs March 6-19.

DID YOU KNOW?

In 1937-38 Manchester City scored more goals (80) than any other top flight team only to be relegated. And Wolves bagged a century of goals four seasons running, 1957-61, netting 103, 110, 106 and 103 for a total of 422 in 168 matches.

SIX NATIONS: England top the table.





Alberto Salazar is under investigation following the BBC's Panorama programme which alleged that drugs were used at his USA training base.

Costa Blanca's best guide to local sport

TO READ MORE

La Siesta Golf Society

THE weather first thing in the morning cast a doubt as to whether or not the Club Championship for 2017 would take place.

It was dry and sunny but with extremely strong winds which if they had continued would not have allowed the ball to stop on the greens.

Fortunately by the time the first of the 29 players teed off the wind had eased but it still made playing conditions difficult.

The course itself was in very good condition, which after the extraordinary weather in the previous weeks, snow and heavy rain, showed the good work done by the staff at Campoamor Golf Club the home of La Siesta Golf Society.

Members sponsored 14 of the holes and those prizes were spread evenly. In first place winning the Club Championship was Trevor Wheeler and the runner up was Hazel Bellingham.

In third place was Rose Cox, fourth was Pam Howard-Oates, fifth was Harry Pearson and in sixth was Betty Trotter.

The most improved player of 2016 was Les Mann with Gail Mosley taking the Best Front 9 holes and Mike Pawley taking the Best Back 9. The only 'two' of the day was won by Kevin Johnson.

The competition was followed in the evening with a dinner dance at Cam-



CLUB CHAMPIONSHIP: Followed in the evening with a dinner dance.

poamor Golf Club with 54 people in attendance. Once again the staff at the club did a wonderful job.

The prizes were presented by the captain Michael O'Regan assisted by the vice-captain Ray Scott.

A special mention was made to the president Ken Harvey who had organised

the day, the prizes and the great entertainer Andy Jones who had most of the group up dancing all night once the meal had finished

Anyone wishing to play with La Siesta who meet every Tuesday, Thursday and Saturday should call the captain on 646 416 182.

Carp-R-Us

THE first match of the spring series was fished on the Eden stretch of the Rio Segura. This stretch of water badly needs some work by the CHS to remove the reeds that, in places, stretch completely across the river. The club does its best to keep bank areas available for fishing by regularly clearing them, but there is nothing it can do to clear the actual river.

Although it was a very mild day, fishing was again hard. Jeremy Fardoe won with 5.02kg of mullet and carp caught on bread, with Tom Marshall second with 1.70kg (carp and an eel) using feeder and corn, Ann Fowles third with 1.12kg and Steve Collins fourth with 0.80kg.

The club will be holding its AGM on Sunday March 5 at its HQ in Bar El Alto La Dolores which is located just off the N322 between La Mata and Guardamar.

Further information about the club can be found on its website www.carprus.weebly.com or its Facebook page Carp-R-Us Fishing Costa Blanca.

The club is currently looking for new members and anyone interested should get in touch through the Facebook page, the website or by calling the club secretary, Steve Fell, on 634 379 081.



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*Fees and exchange rate data for banks taken from the International Money Transfer Index™ (IMTI™).

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