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Hopes fading



Brit now missing for 11 weeks | ALLEN VARLEY: Was on holiday.

THE family of missing Allen Varley desperately hope that he will be found safe and well, despite him not being seen for over two months.

On Thursday January 5, Allen left the Ambassador Playa Hotel in Benidorm and has not been seen since.

The father of two in his early 70's and from Hull was on holiday when he disappeared wearing a red patterned shirt, black trousers and black shoes. Alan is in need of continuous medication for blood pressure, stroke treatment and Crohn's disease.

Members of the British community took to the streets to distribute posters, whilst social networking sites such as Facebook

page Costa Blanca Missing People spread the word to their thousands of members. The group is now working with the British Embassy on the Varley case.

Euro Weekly News spoke this week with Carl Varley, Allen's nephew.

Carl said: "There has been absolutely no news. We're resigned to believing the worst and that he

may now be lost at sea, but we are still praying for a miracle."

Allen Varley is five foot five inches tall, of stocky build and speaks with a heavy northern accent. He may or may not be wearing glasses. Anyone with any information should contact either Costa Blanca Missing People or the police 112 with reference number 267/17.

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LOCAL NEWS

Burning building dramatic rescue

TWO people were rescued from their burning home on the first floor of a 12-storey block in Benidorm on Friday March 17. The fire was first reported

at 5.49am and soon grew to encompass the entire apartment. The whole building was evacuated and it took a total of eight fire-fighters to tackle the blaze.

Feathered friends

CALPE has plans to put itself on the map as a location for bird enthusiasts, after it has become clear that these tourists will not fly away when summer ends. The area

is teeming with bird life, with over 170 migratory and nesting birds and they have already published a guide with four routes for bird lovers to enjoy.

Death of cyclist

A 49-YEAR-OLD cyclist has died in Javea as a result of a possible heart attack. He was out riding with friends when he started to feel ill and collapsed

as he reached the area of La Guardia. Attempts to revive him were unsuccessful, despite the best efforts of both his friends and a medical team.



DON'T FORGET: To move your clocks forward by one hour.

It's finally time to spring forward into the summer

By Francesca Souter

DESPITE recent spells of bad weather, the days are now getting longer and summer is well and truly on its way.

The arrival of daylight savings time this Sunday (March 26) means the clocks will go forward, bringing us longer and lighter

nights - the perfect excuse for an evening spent out with friends or family.

This year, the change coincides with Mothering Sunday, so anyone planning to bring their mum a delicious breakfast in bed, or book a table at her favourite restaurant, will need to make sure that they don't get caught out!

Spend five minutes changing the clocks around your house before bed this Saturday evening. Most mobile phones and radio clocks will adjust themselves, but it never hurts to double check your settings!

Find yourself forgetting which way the clock is changing? Remember this handy mnemonic, 'Spring forward, fall back.'

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Don't forget Mother's Day

MOTHERING SUNDAY in the UK and Gibraltar is the fourth Sunday in Lent and differs from the date of Mother's Day in Spain (first Sunday in May) and the USA (second Sunday in May) but although this is in some ways a relatively new holiday, its roots go back to Ancient Greece.

More recently, it became a regular celebration in the UK as early as the 17th century, when following a church service where prayers were dedicated to the Virgin Mary it became traditional to give flowers and small gifts to mothers of all ages.

The practice died out in the UK by the 19th century but was promoted in the USA by Julia Ward Howe, composer of the iconic 'Battle Hymn of the Republic' and by 1914, it was officially recognised in the USA.

Today, Mother's Day is recognised in at least 50 countries throughout the world and it is likely that restaurants and flower shops in certain parts of Spain will be particularly busy on Sunday March 26 as British residents and visitors take the opportunity to celebrate and thank their mothers.

Rare find near river

NATURE group Heliaca has located Europe's largest orchid near Monovar.

Club members found two specimens of the Giant Orchid (*Himantoglossum robertianum*) in a stream that feeds the River Vinalopo.

Although this type of orchid can grow to almost one metre in height, the two Monovar examples measure around 50 centimetres at present.

The orchid is included in the Valencian Community's catalogue of Endangered Plants, meaning that both the plant and its surroundings are protected.

It is not usual to find the Giant Orchid in this part of the Vinalopo as it needs very damp conditions to grow, Heliaca said.

"Once we stop polluting the Vinalopo, it could become an expansion area for these streams with species that have disappeared from the river itself," an association spokesman said. But for that to happen it would be necessary to eradicate fly-tipping and control how the streams are used, he added.

A learning curve for schools

JUST 28 per cent of Alicante Province state schools opted to teach mainly in Spanish.

Under the Valencia region's tri-lingual programme, schools can choose how much is taught in Valenciano, English and Spanish.

The Generalitat has introduced a carrot-and-stick formula, so that more classes in Valenciano automatically bring more in English.

The advanced level of four subjects taught in Eng-

lish, one in Spanish and the remainder in Valenciano was chosen by 164 schools, 40 per cent of the total.

In contrast, 132 schools - 32 per cent of the total - will teach in both languages at intermediate level with two subjects in Valenciano, one or two in English and the rest in Spanish.

A further 119 schools (28 per cent) chose the basic level taught in Spanish with one subject in English and one in Valenciano.

SPANISH FACTS OF LIFE...6

SPAIN'S Michelin starred restaurants have been making global headlines for two decades, and with 30 new stars awarded for 2017, the trend looks set to continue. There are now nine restaurants in Spain with the maximum three-star rating for "exceptional cuisine with a special journey," placing the nation fifth in world rankings behind Japan (26), France (25), the U.S. (14), and Germany (10).



Cooking-up global fame

LEGENDARY Basque chef Martin Berasategui is the holder of eight Michelin stars, more than anyone else in Spain.

He began to work at his parent's restaurant at the age of 14, when there were no Michelin stars in the Basque Country, but by 25 he owned the restaurant and had gained his first star.

He opened his eponymous eatery in Lasarte-Oria, near San Sebastian, in 1993 and it was awarded its third Michelin star in 2001.

Berasategui holds three more stars at Lasarte in

Barcelona and another two at M.B. in Tenerife, plus a further six around the world including two in the Dominican Republic and one in Mexico. However, having the most stars is not the only accolade to aim for.

El Celler de Can Roca in Girona, run by the famed Roca brothers, was named the world's best eatery by Restaurant magazine in 2013 and 2015, while the same title was handed to Ferran Adria's El Bulli in 2002 and for four consecutive years between 2006 and 2009.

Culinary rivals

WITH 30 stars across the city, Barcelona heads Spanish city rankings with the most Michelin awards. However, only one eatery - Berasategui's Lasarte - enjoys the top accolade, collecting its third star in this year's awards, the first addition in this category since 2014. The remaining 27 stars are shared between 24 restaurants.

Meanwhile Madrid restaurants have 21 Michelin stars spread over 14

establishments, placing it among Europe's top foodie destinations since six have two or more stars. DiverXo is the sole three-star restaurant, serving experimental modern cuisine.

However, for those seeking quality over quantity, San Sebastian is the place to head, with its seven 3-Miche-



SAN SEBASTIAN: For quality.

lin star eateries placing it among the cities holding the most stars per square metre in the world.

Full to bursting

LAST November levels at the Amadorio dam in Villajoyosa were lower than anyone ever remembers.

Four months later the reservoir is at 90 per cent capacity following periods of torrential rain in December, January and earlier this month.

The last downpour deposited 100 litres of rain per square metre in some Marina Baja areas and the Confederacion Hidrografica del Jucar (CHJ)

gave the order to open the Amadorio sluice gates for several hours.

Hell's bells

BELLS at San Juan's parish church still mark each quarter but will soon be quieter. Tests are being carried out to lower the number of decibels until they comply with legal limits.

Although the bells are silenced between 10pm and 7am, Maria Teresa, a woman living nearby, has repeatedly

complained that she has been subjected to noise pollution throughout the day and is suffering from insomnia and stress.

Film stars

DENIA and Valencia are to provide backdrops for scenes in 'Formentera Lady,' the latest film to star award-winning actor Jose Sacristan. Three ships from Alicante company Balearia and the maritime station of Denia will play host to film crews over the next few weeks.

According to a press release from the company, filming for the flick, written and directed by Pau Dura, is already underway.

Postscript to ponder

6 per cent of the Spanish population believe homosexuality is "morally unacceptable," making the nation the most gay-tolerant in the world.

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Not so playful

THE Barcelona brothel offering rubber sex dolls has been closed. After Lumidolls gained worldwide publicity, the landlord of their property cancelled the lease just as the city announced the business was unlicensed and local prostitutes protested over unfair competition !

Quite a scare

MORE than 70 tourists abseiled 250 feet down after being stranded in a cable car on Tenerife's Mount Teide. Two hundred more on the mountain top were rescued on foot though some with disabilities had to spend the night in a refuge.

Magic touch

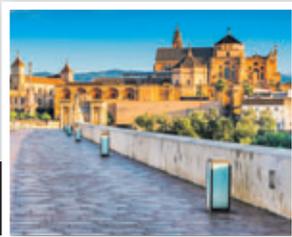
MORE than 500 grams of hallucinogenic mushrooms and 28 boxes of seeds were found by police who raided a home in Puerto Santa Maria, Cadiz. The female Dutch occupant is thought to have been selling them for €50 per delivery, with some internet clients living in Australia.

Eye on SPAIN

Around the nation in 6 stories

Postcard

from CÓRDOBA



ANDALUCIA'S third largest city , Cordoba with a 350,000 population and a fascinating mix of old and new is the globe's largest urban space to be declared a World Heritage Site by Unesco.

Despite mercury levels from June to September at times rising to 45° it is a year-round favourite with national and foreign tourists partly due to excellent road, rail and air links.

With its history dating to pre-Roman times. Cordoba fell under Moorish domination as early as 711 and by the 10th century was one of the largest cities in the known world .

Unlike in some parts of Spain, Christians and Muslims existed alongside each other and at one time worshipped in the same building. The building of the great Mosque ended this practice though when the city was restored to Spanish rule, the Mosque became a Cathedral and is still a place of worship today.

Near to the Cathedral is the old Jewish Quarter and the city also boasts seven bridges, and an annual Patio Festival, in addition to hundreds of jewellery manufacturers and superb restaurants which blend the influences of Moorish and Spanish culinary tastes.

Popular dishes include Salmorejo and Rabo de Toro.

Fighting protest

TWENTY activists stripped to their underwear and covered themselves in fake blood in a Valencia street to protest against bullfighting as part of a regular activity by the Spanish charity and NGO AnimaNaturalis .

Caught on film

TWO men have been arrested after being filmed on CCTV installing copying and cloning devices at bank ATMs in the Madrid area in a Guardia Civil investigation dating back several months.

Zebra skin

A ZEBRA skin rug and pieces of coral offered for sale against international laws have been seized by Seprona (the Nature Protection arm of the Guardia Civil) officers in Menorca.

Terror link

A MOROCCAN aged 43 in Girona found sending money to a relative in Syria believed to be a terrorist with Daesh has been arrested by Spanish authorities liaising with Europol.

Birthdays

• **Mo Farah, Athlete, March 23, 34**
British distance runner who won the Olympic gold medals for both the 5,000 metres and 10,000 metres at the 2012 and 2016 Olympic games. He is the most decorated British athlete who has won the European Athlete of the Year award and the British Athletics Writers Association British Athlete of the Year award six times.

• **Mary Berry, Cook/TV Host, March 24, 82**

Popular judge on the TV show Great British Bake Off who has also hosted shows such as Mary Berry Cooks and Mary Berry's Absolute Favourites. She has published more than 75 cookbooks including her first book The Hamlyn All Colour Cookbook in 1970 and the bestselling Baking Bible in 2009.

• **Elton John, Musician, March 25, 70**

The English singer, pianist and composer's career has spanned five decades and is one of the best-selling artists in the world having sold more than 300 million records.



Some of his hit singles include Rocket Man, I'm Still Standing and Candle in the Wind. He was knighted by the Queen in 1998 for his services to music and charitable services.

• **Jennifer Grey, Actress, March 26, 57**

American actress who starred alongside Patrick Swayze in the massive hit film Dirty Dancing which earned her a nomination for a Golden Globe for Best Actress. She also featured in Ferris Bueller's Day Off and in 2010 she was the winner of season 11 of Dancing with the Stars.

• **Mariano Rajoy, Spanish Prime Minister, March 27, 62**

Spanish politician who became the leader of the People's Party (PP) in 2004 and prime minister in 2011. He failed to win the December 2015 general election in which the PP lost 64 of its 187 seats and ended in deadlock. The PP still fell short at the June 2016 general election however Rajoy was finally reappointed in October 2016 after PSOE members abstained in the parliamentary vote.

IT ALL ADDS UP

39%

The percentage of SEAT Ibiza cars listed among the total number of cars stolen in Spain last year.

€134,000

The daily European Union fine the nation could face if it cannot pass a law on port workers.

495

The number of attacks on doctors reported to medical authorities while working during 2016.

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Home Visits

Colombian hitman is ruled out

A COLOMBIAN criminal was arrested three days after Maria del Carmen Martinez's murder in Alicante City last December.

The wealthy 72-year-old businesswoman, widow of former CAM Bank president Vicente Sala, was shot in the head at close range.

Although this is the trademark of a hitman, police looked towards Maria del Carmen's family circle from the outset and her son-in-law Miguel Lopez is currently on remand.

They nevertheless arrested and questioned a 39-year-old Colombian, who had fled from Germany where he is wanted for attempted murder, serious bodily harm and breaching firearms regulations.

Aware that much of the Sala family's fortune is based on its business interests in Latin America, including Colombia, police located the wanted man and searched his home.

They found computers, phones, several memory sticks and 20 grammes of cocaine but nothing connecting him to Maria del Carmen's murder.

Ward flies in to open new bar in Benidorm

By Caroline Tyszka

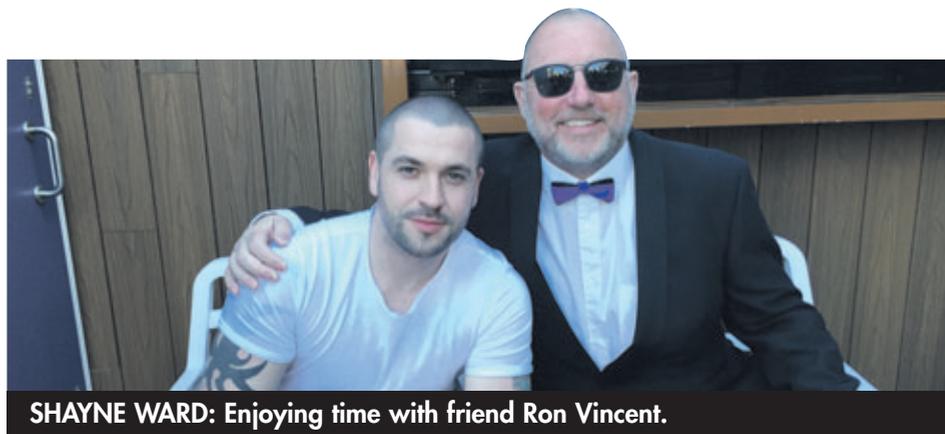
CORONATION STREET actor and 2005 X Factor winner Shayne Ward swapped the cobblestones for some sun, sea and sangria when he visited Benidorm to officially open a friend's new venture.

The 32-year-old, who became a father for the first time just before Christmas, opened up Benidorm's newest bar, Planet on Calle Gerona, run by

his good friend and well-known local businessman Ron Vincent.

Hundreds packed the terraces to get a glimpse of the television star, as well as enjoy live music, including John the Fiddler, and a free buffet.

Cutting the ribbon for the official opening Shayne thanked everyone for coming, including almost a hundred family, friends and fans who had flown in from Liverpool.



SHAYNE WARD: Enjoying time with friend Ron Vincent.

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NEWS EXTRA

Blood donation

LA NUCIA is holding a blood donor session this afternoon, Thursday March 23, from 4.30pm to 8.30pm at the town's main medical centre.

Zombie town

VILLAJOSYA has announced that it will hold its second zombie event on April 29. Tickets are now on sale at the Department of Youth or www.entradium.com and www.entradasatualcance.com. Five hundred attended the event in 2016.

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An eventful 4 kilometres

By Linda Hall

RIDERS will again ascend Benitachell's Puig de la Llorença in this year's Vuelta a España cycle race.

Despite its name, this year's Vuelta starts in Nimes

in France, finishing in Madrid on September 10.

The organisers have opted for the same route that they followed in 2015 in a steep climb that tested the riders to their limits.

The peloton will arrive in

Benitachell at the end of the 176-kilometre ninth stage of the Vuelta that sets out from Orihuela on August 27.

Organisers Unipublic recently inspected the route and finishing line together with town hall officials, the Local Police, Proteccion Civil and representatives from the local company Vapf.

They "are in love" with Puig Llorença as it has everything that is needed to triumph in the cycling world, the organisers said. The ascent not only tests riders to

their limits but the scenery of cliffs, sea and the Moraig beach is extraordinary. "The Levante coast will take a leading role, accompanying the peloton during every moment of the stage," Unipublic said.

The Benitachell leg of the race is destined to be one of the moments when the international teams fight it out to win this key stage, the organisers said. As one commentator put it in 2015, "More things happen in those four kilometres than in a 1,000-page novel."



Photo credit: Benitachell town hall

PUIG LLORENÇA: Gruelling ascent for cyclists.

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OUR VIEW

The die is cast

NOW that the European Union (Notification of withdrawal) Act 2017 has received Royal Assent, those of us living in Spain but with British passports will have to look forward to a 'Brave New World' with some positivity.

At the moment, rumours abound and many British citizens living in Spain are understandably worried about their future, but there is no point in panicking when no one knows what the final result of the Brexit negotiations is likely to be.

Some elderly residents are worried about pensions and health commitments after 2019 (assuming that is the date that Britain leaves the EU), but the news coming out of the UK is hardly comforting with talk of the NHS crumbling under the pressure of too many patients and insufficient funding.

Not everyone is particularly frightened by the unknown and it will take some time for any meaningful information to become public knowledge, but if the government is to be believed, it does want to protect those passport holders living in European Union countries and intends to try to negotiate their future at an early juncture.

Patience is a virtue and whilst difficult to accept, those of us who are going to be affected will just have to 'lie back and think of England' for a while.

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NEWS EXTRA**Smart move**

ALTEA Town Hall has updated its VisitAltea, altea.es, Participacion Ciudadana and Altea. They can now be accessed not only via computer but are also compatible with mobile phones.

Clean sweep

VALENCIA'S regional Tourist Board in collaboration with Alicante University is holding training courses for hotel chambermaids at Benidorm's Invat.tur Centre. The course lasts six months.

Sport studies

OSLO'S Institute of Applied Sciences (HiOA) and the International Studies Faculty announced that outstanding Norwegian student Jorgen Systad would complete part of his Adapted Sports studies in Alfaz,

Two thriving little miracles

By *Linda Hall*

VALENTINA and Isabella, Javea's 'miracle twins' recently returned to the health centre where they were born last November.

“ Craig and Arlene presented the three women with bouquets.

Their mother Arlene Drysdale went into labour when she was only 26 weeks pregnant but the ambulance paramedics realised they would not reach Denia Hospital in time.

They took her instead to Javea's primary care centre where she gave birth assisted by paediatricians Monica Bonora and Silviano Pintos and midwife Ana Vico.

The twins weighed only 700 grammes and were so frail that the two doctors had to cradle them against

their bodies to keep them warm as they were driven to hospital. The two girls now weigh just over three kilos each and returned home at the beginning of February.

Grateful parents Arlene

and Craig recently took Valentina and Isabella to the health centre where Monica and Silviana once again held the babies they helped to save.

“They're very strong.

The medical team at Alicante General told us from the beginning that they wanted to live, that they were fighters. They made an effort to eat and breathe,” Arlene said.

“We are so grateful. You saved our girls' lives,” Craig said as he and Arlene presented the three women with bouquets. “We'll never forget what you did for them.”

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Spring clean for rivers

THE Limne Foundation is organising another of its river-cleaning operations in the Valencian Community.

Last year 588 volunteers removed 4.5 tons of rubbish from the rivers in the

20 municipalities participating in the 'Manos al Rio' scheme and with 24 municipalities and more volunteers this year, an even bigger haul is expected.

In Alicante Province Agres, Alcoy, Alqueria d'Asnar, Elche, Gata de Gorgos and Muro de Alcoy will all be cleaning the rivers inside their boundaries on April 1 and Pego on April 2.

The Limne Foundation is a non-profitmaking organisation created in 2007 by specialists in supervising and conserving aquatic ecosystems while encouraging public participation.

"It is incomprehensible that rubbish is still being dumped in rivers, bearing in mind that there is rubbish collection, sometimes door-to-door, and a network of ecoparks," Limne said.

"We are all responsible for our natural heritage and it is essential that we should develop a network of collaboration between the administrations that are linked to the rivers and the public."



Photo credit: Alfaz town hall

NEARLY DONE: Painting Albir's cycle lane.

Easter preparations

By Linda Hall

ALBIR seafront is practically back to normal following the January storms.

Repainting the bicycle lane has been completed and the town is almost ready for Easter week.

Days of pounding seas caused €100,000 damage to Albir beach, according to Alfaz Town Hall estimates, but only minor details now need attention, said Beaches' councillor Rocio Guijarro.

The demolished section of the wall that protects the Raco de l'Albir has now been repaired by national government's coastal authority, Costas. The beach has also been levelled after

waves washed away much of the sand, exposing large rocks.

Beach litterbins, footbaths and wooden walkways, which were either badly damaged or swept out to sea, need to be replaced, said Beaches' councillor Rocio Guijarro. This will be attended to in a fortnight's time, Guijarro explained, and the children's play areas and volleyball area will receive additional sand.

"We want everything in perfect order for Easter, which is just round the corner," the councillor said. "The beach is an important attraction for residents and visitors but it's also an important source of earnings," she added.

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Completed survey forms must reach Euro Weekly News by noon March 30, 2017 at the latest. Only FULLY completed forms received by the final deadline will be entered into the prize draw. All entrants must possess a current NIE number, hold a valid driving licence and must be aged 18 or over. Only one entry per person is allowed. Failure to meet these requirements will invalidate the entry. No cash alternatives.

No employees of EWN Media Group can enter.

The winner will be announced on April 20, 2017.

The winner will be required to take part in any promotional activity and EWN reserves the right to use the name of the winner and photographs in any publicity both in newspaper and online.

The winner will have to collect the car from the EWN offices in Benalmadena. Any expenses incurred by the winner in collecting the car will be their own responsibility.

Euro Weekly News takes no responsibility should the car offered differ from that pictured here in any way.

Tick box if you do not wish your personal details to be shared with third parties or to receive promotional information or special offers.

You and the EWN

How often do you read the EWN?

- Every week
- Regularly
- Monthly
- On occasions
- Very rarely

Which sections of the EWN do you read?

- Local News
- General Features
- Business
- Leapy Lee
- Other columnists
- Television
- Horoscopes
- Time Out
- Letters
- Health & Beauty
- Food/Social Scene
- Homes & Gardens
- Community
- Classified
- Motoring
- Sport

What do you THINK of the EWN?

.....

What do you EXPECT from the EWN?

.....

What would you like to CHANGE about the EWN?

.....

How long do you spend reading the EWN?

- Up to 10 minutes
- Up to 30 minutes
- Up to 45 minutes
- One hour or more

Do you find it difficult or easy to pick up your copy?

.....

Where do you usually pick up your copy?

.....

Do you have a suggested new distribution point?

.....

You and the EWN Online

Where do you primarily get your daily news from?

- Television
- Radio
- Newspaper
- Internet

What device do you browse the internet on?

- Desktop computer
- Laptop
- Tablet
- Mobile phone
- Smart TV

What time do you normally browse the internet?

- Morning
- Afternoon
- Evening
- All day

How often do you visit the www.euroweeklynews.com website?

- More than once a day
- Once a day
- Once a week
- Once a month
- Never

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- No

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Q & A

Gender

- Female
- Male

How old are you?

- 18 - 21
- 22 - 35
- 36 - 50
- 51 - 70
- 71+

Status

- Single
- Married
- Separated/Divorced
- Widowed

Which other local newspapers do you read?

.....

How often do you eat out?

- Once a week
- More than once week
- Once a month
- Rarely

How long have you been reading the EWN?

.....

Do you have private health insurance?

- No
- Yes (specify).....

Have you ever used a currency exchange/money transfer company?

- No
- Yes (specify).....

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- Landline
- Mobile
- Both
- Name of your provider(s).....

Is your mobile

- Contract
- Pay as you go
- Name of network provider.....

What kind of mobile telephone do you use?

- Android
- iPhone
- Windows
- Other (specify).....

Is your internet

- Fibre Optic
- ADSL
- Other (specify).....

How often do you use the internet?

- Regularly
- Rarely
- Never

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- Facebook
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What's more, if you fully complete the survey in today's issue, or answer it online and send it back to us no later than March 30, 2017, then you stand the chance of winning this brand new car in our prize draw.

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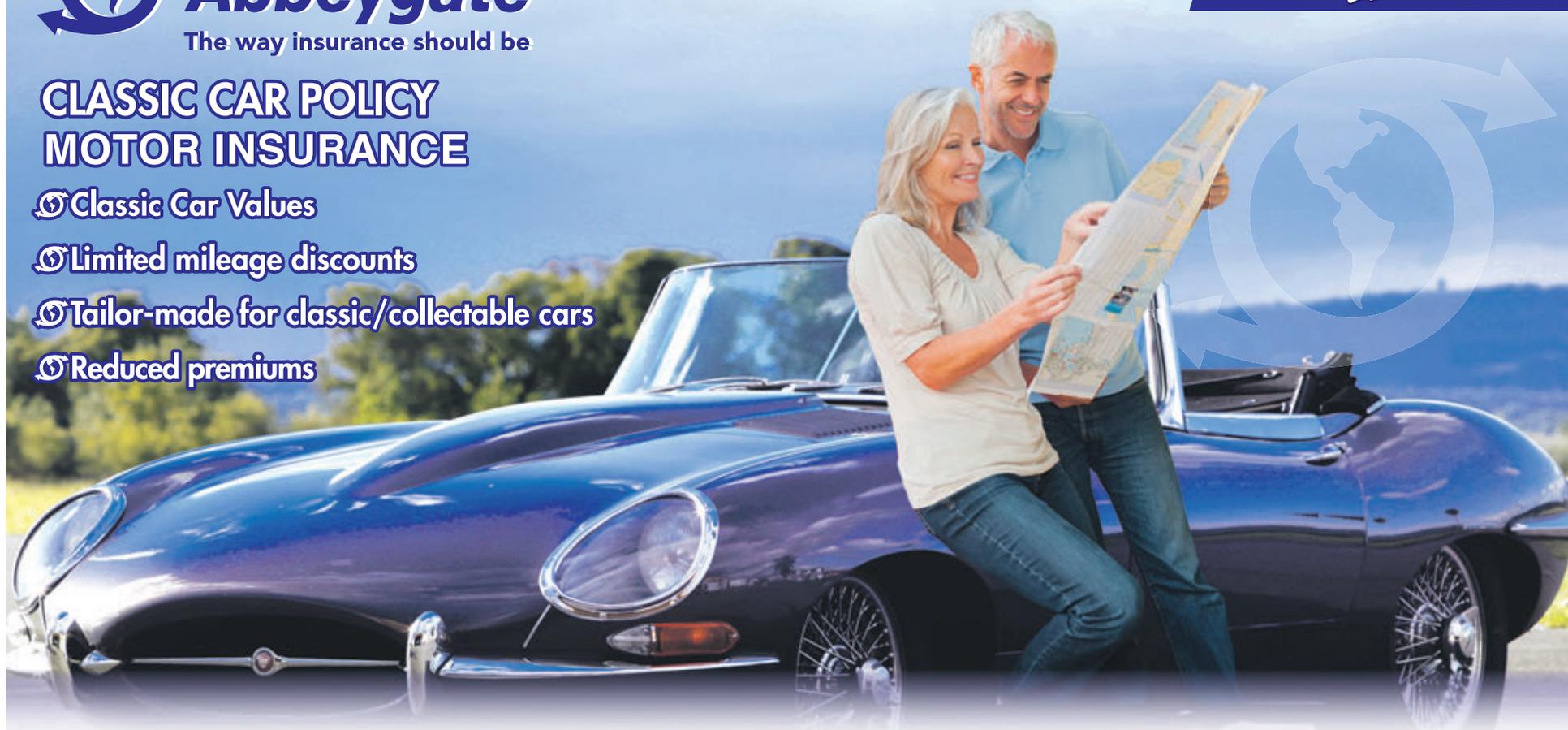
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Climbers ignored bad weather alert

By Linda Hall

VALENTINA and her partner chose the worst possible night to camp out on 730-metre Montgo, she admitted afterwards.

As they reached the top a storm broke out, temperatures plummeted and Valentina, 28, and her 39-year-old partner had to huddle in their tent with their three dogs. "My hands are still swollen from the cold," she said three days later.

"It was a terrible night. We suffered very much," Valentina com-

plained. She also criticised the fire brigade, maintaining they told her they could not come out. Instead they recommended the couple kept warm and spent the night as best they could.

Valentina also claimed the firemen told her they were foolish to climb Montgo during bad weather. "It was our fault, of course it was. But they totally abandoned us," she said.

When the wind ripped their tent at 3am they decided to leave by the Javea path where they were found

by the Guardia Civil's mountain rescue unit who had gone out to find them, Valentina said.

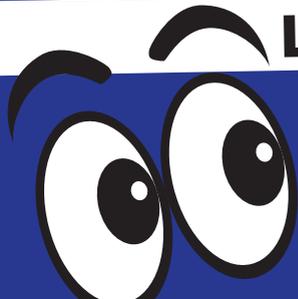
Fire brigade sources confirmed later they did not go out as it was dark by then and the helicopter could not fly. They had also made certain the couple were not injured or ill.

The next morning, despite filthy weather with practically nil visibility, the helicopter did go out although flying over Montgo was still risky. "They didn't even advise us they had decided to get themselves down," the same sources said.



Photo credit: Werner Wilmes

MONTGO: Not the best place to spend the night.



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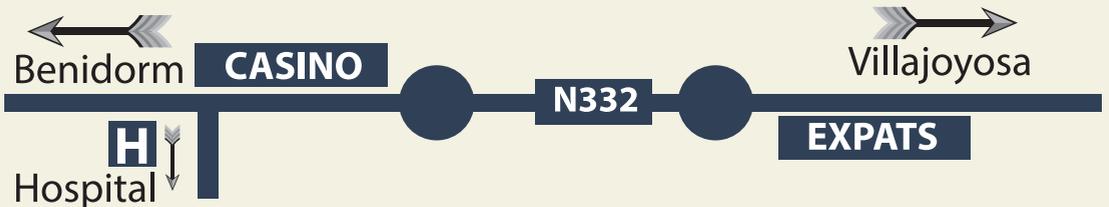
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Charity's first ever fair held at Easter

By Caroline Tyszka

GRAB a bargain at Giving4Giving's first ever Easter Fair on Thursday April 13.

The event, at Hotel Mediterraneo, Benidorm starts at 10am and will have 40 stalls selling a variety of crafts, beauty treatments, jewellery, sweets and cards.

Charities such as Anémona and Doggie Angells will also have stands at the fair, and for anyone just wanting to have a relaxing half an hour you will



HOTEL MEDITERRANEO: Will host the event.

even be able to have a Thai massage.

Amanda Sanchez, event organiser said: "My mum is a volunteer at one of the four Giving4Giving shops, and I have attended and helped at many fairs.

"I thought it would be great way to help the charity by holding an Easter fair, particularly as there doesn't seem to be many other events like this in Benidorm."

During the afternoon there will be a 'best Easter bonnet' competition

with adult and child categories, a tombola and a raffle with some amazing prizes.

Benidorm Palace has made available their parking area, for free, for anyone attending the event, which finishes at 6pm, until 6.30pm.

Entrance to the fun charity day is €1 for adults, whilst children can go for free.

For further information please go to the Giving4Giving charity Facebook page or call Amanda on 660 375 943.

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Mobiles immobilised

JAVEA'S Instituto Numero 1 informed parents that mobiles are not allowed inside the school. The decision has the backing of the high school's Education Coordination Committee and the School Council.

Pupil disrupted lessons with their 'abuse and incorrect use' of phones and these will now be confiscated, a circular letter warned. They will be returned only on Tuesdays and Fridays between 4pm and 5.30pm.

Failure to comply could lead to disciplinary action, the letter warned.

The Instituto has a telephone that parents and pupils can use when necessary, the circular pointed out.

Mother of home alone child faces prosecution

By Linda Hall

AN Alicante City mother faces prosecution for leaving her small daughter alone in their apartment.

As previously reported in the *Euro Weekly News* a video of the girl, who recently celebrated her sixth birthday, went viral as she was seen balanced on a narrow ledge seven storeys above the ground late at night.

The young girl had climbed through the apartment window when she woke to find that her mother

was absent.

She was rescued by firemen minutes after horrified passers-by in Plaza de Luceros in central Alicante rang the emergency services.

Shortly afterwards, the Local Police located the child's mother who explained that she had left the apartment to pick up her partner, who is not the child's biological partner, from the gym.

The mother was called to declare before the judge two days later and allowed to go after admitting that she had made an error of judgement.

"She didn't expect to be out long but took longer than she thought. She didn't imagine the child would open the window as it's difficult and she'd never done it before," her lawyer said.

The investigating judge has now finished his enquiry and concluded that there are indications of crime on the mother's part as her daughter's life was in danger.

The child's biological father also announced that he would take the part of the private accusation allowed by Spanish law.

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Cracking down on fruit thieves

By Caroline Tyszka

THE Guardia Civil has allocated 150 officers to a protective security unit, to prevent nispero thefts during the upcoming harvest season.

The unit will monitor the

cultivation of six towns' crops within the Marina Baja, with particular attention being paid to Callosa d'en Sarrià where most of the fruit is grown.

Part of the remit for the police will be to watch markets,

warehouses and other areas where thieves can sell their stolen produce.

The operation, designed by the Guardia Civil, will cover about 3,000 hectares scattered between the towns' of Bolulla, Alfaz del Pi, Altea, La Nu-

cia, Polop and Callosa d'en Sarrià.

The Seprona division of the Guardia Civil will provide dogs to support the officers along with air support from the region's helicopter.

In 2016 54 thefts were recorded, of which 19 took place in Callosa. Guardia Civil reported that in most of these cases the thieves were men, of Spanish, Romanian or Bulgarian nationality and working in pairs.

Officers, working in collaboration with the local farmers, hope that this cam-

paign will see a reduction in the number of thefts for 2017, but highlighted the importance of farm workers being extra vigilant, and reporting anything that seemed suspicious, even if they felt it was insignificant.

Anyone who witnesses unusual or suspicious behaviour relating to the picking, or sale of the delicate fruit, can either contact the Guardia Civil directly at their barracks, via the internet or through the 'Alertcops' app which sends live security alerts to the police.



SECURITY UNIT: Striking back at Nispero thieves.

NEWS EXTRA

Storm victim

A DEAD striped dolphin washed up at Javea's Sardinera beach during the last storm. Once removed from the hard-to-access cove, biologists will determine the cause of death.

Rush job

COMPROMIS-LOS VERDES councillor Josep Bigorra arrived for Benidorm's Budget debate at 9am. He left the council chamber at 11.15 to get married, returned two hours later and continued debating.

Local rock

SVA-TERS and the Dance Crashers will appear in Callosa's Nyesprorock festival promoting rock in Valenciano. The event takes place beside the Bicross and Skate Park on April 22.



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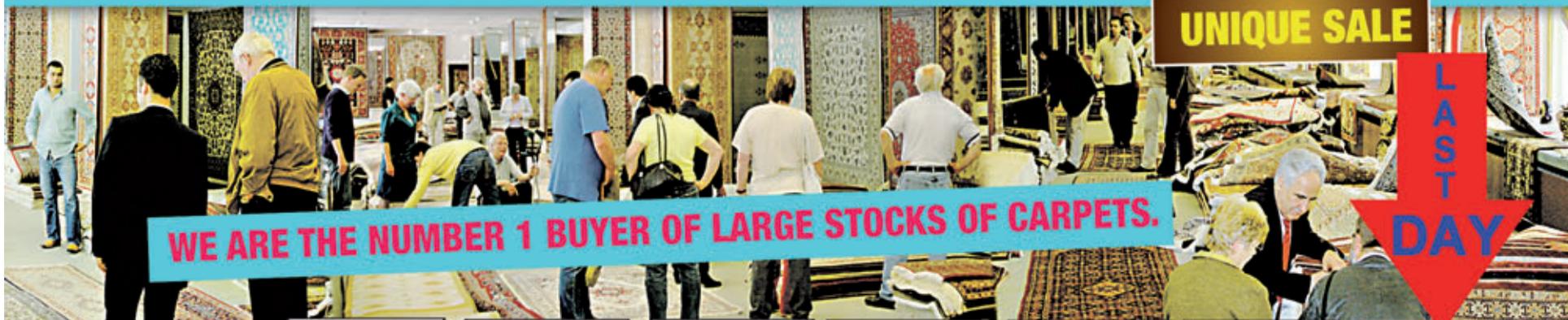
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Photo credit: San Juan town hall

OLD N-332: Still a busy road to cross.

Crossing made easy

By *Linda Hall*

IT is now less hazardous for Benimagrell residents to cross the old N-332 to reach San Juan town.

There is a new zebra crossing with traffic lights, plus a speed bump to slow down traffic, on the former main road now renamed Avenida Miguel Hernandez. The existing pedestrian underpass will remain open for the time being, but is to be sealed off once the public becomes used to the zebra crossing, the town hall explained.

Measures to control traffic on the road, which is still busy despite the bypass, began by slowing traffic to 30 kilometres an hour inside the centre of San Juan and 50 within the town limits.

There are plans for a further crossing connecting San Juan with the Cines Anna shopping area, revealed Traffic councillor Eva Delgado.

“Our priority is ensuring that San Juan is an accessible town where private and public transport do not take precedence over mobility for pedestrians and cyclists,” Delgado said.

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Historic ice house near collapse

ELDA'S only remaining ice pit was badly damaged during the last bout of bad weather.

El Pozo del Francesco, like others in inland areas, was used in the 18th century to store packed snow that was later sold as ice in the summer. Thirty-six hours of rain earlier this month took its toll and

part of the building's rubble masonry has collapsed.

The ice house, listed as an Asset of Local Relevance, is located on private property whose owners advised the 'Amigos del Castillo de Elda' association of the damage.

The association contacted the municipi-

pal archaeologist Juan Carlos Marquez who immediately inspected the ice house, accompanied by Elda's Culture councillor Amado Navalon and Amigos members.

Elda Council will now apply to the regional government's Culture department requesting help to carry out urgent repairs to avoid total collapse.

Help for genetic heart conditions

THE Marina Baja hospital's new genetic testing programme has shown promising results.

The Cardiology department at the Villajoyosa hospital has, since June 2016, been offering consultations for families with a history of heart disease, in order to detect any other family members suffering from the killer condition.

Doctor Mateo Rodriguez, consultant for the study, has now been able to reveal the data obtained from the first patients.

Since its inception the Cardiology specialist team has evaluated 16 families and a total of 156 cardiolog- ical studies have been carried

out on 46 people.

Of the 46 cases half now have a confirmed diagnosis of heart disease, which would not have been discovered until much later had it not been for the early warning detection. Of the affected patients, evenly divided between men and women, the average age was 41 years old.

Describing the results as 'promising' the department of Cardiology at the hospital are confident that they will be able to 'adapt resources to the needs of the community.'

The importance of the teams work regarding sudden deaths is highlighted by the fact that it is the leading cause for deaths in the under 35's population.

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- Keep all proof of payment. Do not pay cash it will not be guaranteed if something goes wrong.
- If you never got a bank guarantee and lost your money, you might be happy to hear that there are recent High Court resolutions in the buyer's favour making the Bank responsible for it.

2. Failure to check the creditworthiness of the seller.

- Going with an attractive price can be a mistake. An unprofitable promotion runs the risk of not being completed. A seller who has previous debts may be tempted to divert your money.

3. Not visiting the seller's other promotions.

- Not seeing the seller's other buildings is an unnecessary risk. Although it's not a guarantee, it is always good to meet people who have bought apartments from the same vendor to find out if there were any problems and how they were solved.

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Advertising feature

If you've sold or will sell a property in Spain at a loss you may not need to pay the Municipal Plusvalia

ABOUT three years ago, on our website, we answered a query made by an expatriate from Javea, who told us that despite having lost money in the sale of his property in Spain, the town hall had asked him to pay the local tax known as Municipal Plusvalia.

In that article, we explained the difference between the Capital Gains Tax (state tax payable if there is real gain at the time of the sale or transfer of the property) and the tax known as Municipal Plusvalia, whose real name is Tax on Increase Value of Urban Assets (IIVTNU), which is paid to the town hall. This tax is paid every time and in every transfer, since its amount has nothing to do with the real value of the property but with the cadastral value and the years in which the property has been owned by the owner.

Thus, in 2014 we said that we understood that the payment of the Municipal Plusvalia should not be demanded, or that its return could be claimed, when there exists a real loss in the transmission of the property, since the economic reality of each transfer or sale cannot be ignored by the town hall, and we mentioned a Judgment of the Superior Court of Justice of Catalonia of July 18, 2013 which had already ruled in this sense.

Now, just few weeks ago, the Constitutional Spanish Court in its judgment of the February 16, which has been reported by numerous media, declared unconstitutional several articles of the regulations applied by the municipalities of Guipuzcoa, relative to this plusvalia municipal tax, noting that they are against the Spanish Constitution.

This is because the Spanish constitution in its article 31.1, in

what is known as the Principle of Economic Capacity, states:

All will contribute to the maintenance of the public expenses according to their economic capacity through a fair tax system...

A fictitious increase in value or a profit according to the cadastral value may have nothing to do with the reality of the facts nor with the economic capacity or consequence of the transfer.

Thus, as we thought and pointed out three years ago, and confirmed now by the Constitutional Court, in cases where there is a patrimonial loss yet the town hall is charging for this IIVTNU tax, without taking into account the capacity and real economic situation of the particular transmission, then there could be grounds to challenge, since there is no difference in what would be paid by those realising a real gain compared with those suffering a real loss.

Therefore, if you are going to pay or have paid this Municipal Plusvalia, whether for a sale, gift, inheritance, etc., and wish to know whether you can challenge the same or ask for its return, or if you have any questions, contact us, we are experts, and we will help you.

The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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Thor's happy ever after

By *Caroline Tyszka*

THE Showboat fundraiser, for Benidorm Dog Homing, helped one lucky dog find its forever home.

The event, which raised over €2,500, helps dogs like Thor to be rescued and rehomed.

Thor was dumped in the Benidorm pound because his owners downsized to an apartment. With funding from the event he was freed from the pound, had blood tests, was chipped, castrated, vaccinated and given an EU passport so that he could travel to the UK.

Dona Sandland, a volunteer at the shelter said: "We would like to say a huge thank you to everyone who came to our fundraiser, Thor was rescued because of their help."

A German shepherd association in the UK, who work closely with Benidorm Dog Homing, arranged for Thor to fly to England where he



THOR: Rehomed in England and smiling.

immediately settled into his new surroundings.

"We, all together, really do change the life of dogs," Dona said, "the smile on Thor's face said it all."

Benidorm Dog Homing are the volunteers who walk the dogs and give vital support. They are the people who take the active part in rehoming and re-introducing dogs back into homes.

They pay for additional medical treatment above that given by the pound and work hard to prevent illness and infections. Volunteers not only give their time but also donations to help with this work.

For further information about the group, or if you can volunteer some time to walk the dogs please go to the groups Facebook page.

The shelter, SPAP is at Partida de Salto del Agua nº 60, Benidorm, telephone 965 856 268.

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Photo credit: Benitachell town hall

| SAFETY RAILS: Cova dels Arcs lookout less risky now.

Enjoying the view

By Linda Hall

THE lookout above the Cova dels Arcs in Benitachell has been made safer.

This natural viewing platform commands spectacular views of Morro Falqui, all of Cala Moraig, the tip of Cabo de la Nao and the Descubridor islet off Javea.

The Cova dels Arcs is one of the most distinctive caves on the Valencia region's coast and on a day when the sea is calm, light enters through its two large arches and a cavity high above.

Reaching the lookout above the cave which

is located on the Moraig beach has been tricky in the past but is less of a risk now that the platform has been equipped with wooden handrails and railings.

"This is one of the most-visited lookout points on the beach and we noticed that a great number of people were taking risks by climbing up over the rocks to take photographs," said Benitachell's Tourism councillor Manolo Segarra.

He thanked the coastal authority Costas for a safer and more accessible lookout that added to growing tourist interest in the Moraig beach.

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- 12:00 Why Our Greatest Challenges Can Become Our Greatest Blessings - SKIP ARCHIMEDES
- 12:30 Power of the Subconscious/Unconscious Minds - Beryl Comar
- 1:15 Dani's Perfect Paella Demo - Vintage Cafe
- 2:00 Equilibrium and Balance! - Jeremy Kenton
- 2:30 Curry on Cooking! - The Spice Sisters
- 3:00 Positive 'Self-image' - Soulfulness Styling
- 3:30 Reversing The Ageing Process By Living Forever Young - SKIP ARCHIMEDES
- 4:30 Laughter Session! - Patricia Piper
- 5:00 Live's Just a Game! - The Serendipity Experience

THURSDAY 6th APRIL

- 11:00 Live Super Food Demo - SKIP ARCHIMEDES
- 11:30 Mind Body & Spirit - Claire Atyeo
- 12:00 Nutritional Myths! - Club Fit
- 12:30 Heal your Chakras... Heal Your Life - Tamsin German
- 1:00 Vintage Cafe - Cooking Demo - Dani Bowler
- 1:40 Thai Massage Demo - Patricia Piper
- 2:10 What it Takes To Be The Best You - SKIP ARCHIMEDES
- 3:00 Hair Up! Demo - KRU Hair & Beauty
- 3:30 Have your Cake & Eat it! - Bakerella
- 4:00 Live With Passion Power & Prosperity - Alexandra Gold
- 4:30 Prize Draws! The Results!

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U3A president says thank you



EXPRESSION OF GRATITUDE: Karen White receiving flowers from president Eric Atkins.

JAVEA U3A president Eric Atkins said a big thank you to his executive committee and group leaders who have served the association over the last 12 months by hosting a lunch following the latest monthly general meeting.

More than 50 of them, all unpaid volunteers, attended the lunch at La Fontana restaurant in the Arenal. Eric praised the team for their

hard work and dedication and presented groups coordinator Karen White with a bouquet of flowers for organising the lunch on his behalf.

The U3A's next general meeting, at the Parador Hotel on Wednesday March 29, is the AGM when the committee will be elected for the next 12 months. Members have been voting on line over the last few weeks

and voting closed on March 20. The results will be announced at the AGM.

Doors open at 9.30am and there will be desks for new members to join and for those who want to renew their membership as well as a travel desk and books/DVD swap desk. As this is the AGM, there will be no speaker.

For further details, visit the website www.u3ajavea.org.

Chums' big shop for charity

RECENTLY, armed with a shopping list from Benidorm Food Bank, four members of Chums (friends of charity) went shopping in Mercadona at La Marina and purchased four trollies of food, etc.

It was a truly wonderful feeling for Marilyn, Peter, Pat and Brian from this small charity to be able to offer a little

help to such a worthy cause. The final bill when they finished shopping came to just over €336.

Chums is a friendly little group whose members enjoy meeting for coffee mornings, lunches, quizzes and outings. If you would like to join Chums or just get more information please call Marilyn on 965 864 394.

Freemason's lodge sponsors underprivileged children

AT the regular meeting of Santa Faz Lodge No 48, on Monday March 13, a motion was proposed, seconded and approved, to sponsor an underprivileged child to attend the summer school which is being organised by Hiram Abiff Lodge No 80 in Guadalest this summer.

Various Lodges, and especially the Provincial Grand Lodge, have sponsored many children to go to the summer

school in the past which is both educational and entertaining. Last year the province sponsored 18 children and hopes to achieve a similar number again this year.

As the DPGM, W Bro R C Bignell, the APGM, W Bro R A Mitchell and the ProvGCStwd, W Bro K Alcock, were all in attendance it was decided to present the cheque for €350 at the

meeting. The cheque was presented to the ProvGCStwd by the WM, W Bro Brian Duncan. The money has come from the Lodge charity fund and has been raised as part of this year's fundraising efforts.

Should you wish to contribute to this charity or would like to know more about Freemasonry please contact WBro William Turney at presa@glpvalencia.com.

Grab a bargain at the end of season sale

THE Original Charity Shop and Library are launching its very popular end of season sale on Monday March 27 until Saturday April 8.

The shop has excellent quality ladies and gents clothing on offer with a reduction of 50 per cent, as well as jewellery, ornaments, household goods, electrical appliances, DIY tools, bedding and curtains. Don't miss this opportunity to bargain hunt and have some fun at the same time!

Please note that in order to prepare for the changeover to summer, from Monday March 20 until Saturday April 1; the shop will not be taking any clothes for sale on commission. They will however take in bric-a-brac, etc. as usual during this time.

From Monday April 3 they

will be accepting all your suitable spring/summer items.

The shop is located on Avenida Fontana in Javea and is open Monday to Saturday from 10am to 1 pm. For more information visit www.charityshoplibrary.com.

Don't forget the Charity Library situated in Javea Park where you will find a great selection of books and more at great prices.

Fallas festival visit to Valencia

EARLY on Wednesday March 15 members of Help International, Benidorm set off by coach to see the Fallas in Valencia.

The group had a comfort stop on the way and refueled with coffee and croissants before arriving in Valencia for a panoramic tour. As everyone alighted from the coach the sun was shining and the members set off with great enthusiasm in search of all the Fallas.

Members fitted in as much as they could and even found time for some lunch. After seeing as much as they could the rather weary group gathered for the long journey home.

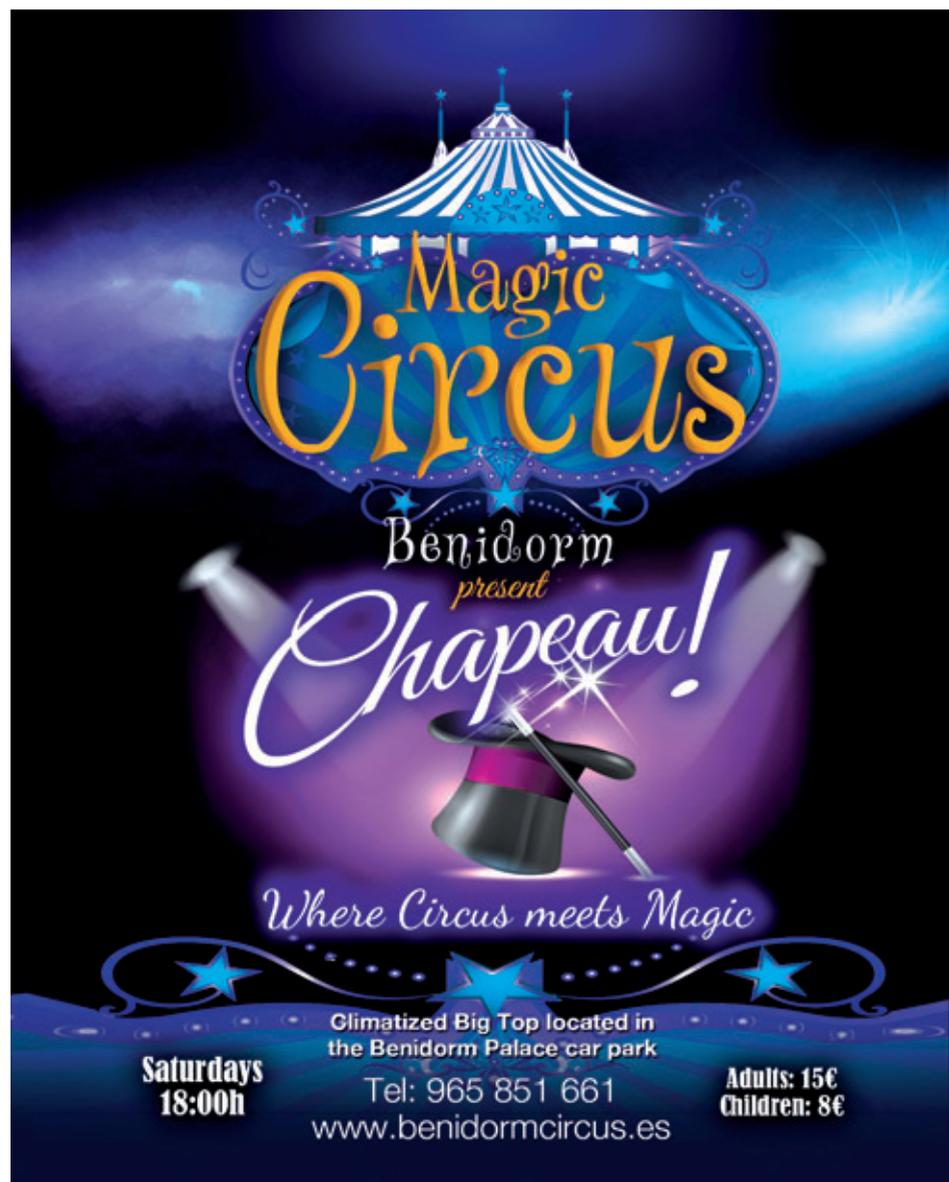


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Careline Theatre AGM



THE FULL MONTY: The cast performed this back in October last year.

CARELINE THEATRE will be holding its Annual General Meeting on Monday March 27 at 8pm at the theatre in Alcalali.

It probably won't be as exciting as the final scene from *The Full Monty* which the cast performed in October last year. But if you want to get involved with amateur theatre with the professional touch, or would like to find out more about the group, then go

along to the AGM.

Whatever your age and ability, Careline Theatre offers challenging, rewarding and above all fun activities for individuals, couples and entire families. The meeting is open to non-members, but of course only members can vote. Annual membership is just €10 and you can join on the night for the coming year.

Careline Theatre will be performing 'Allo 'Allo in

May, based on the hugely popular TV comedy and directed by Candida Wright. The performance dates are Thursday May 18 to Saturday May 20 at 8pm at the Careline Theatre in Alcalali. The box office opens on April 1 on 652 294 750 or email carelineboxoffice@gmail.com. Book your tickets early as demand is expected to be high.

For more information visit carelinetheatre.com or find it on Facebook.

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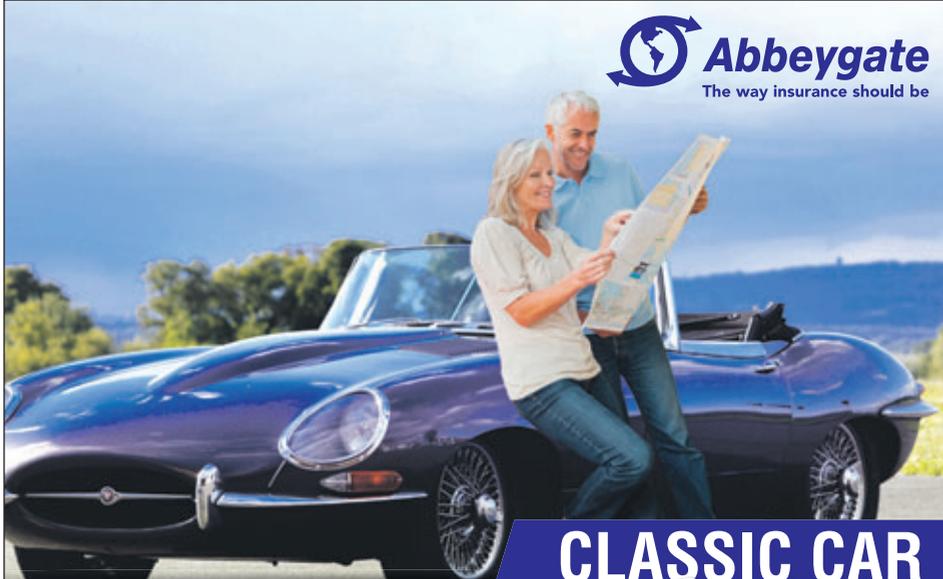
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BARC fashion show

THE Busot Animal Rescue Concern (BARC) will be holding a Spring/Summer fashion show at the charity's El Campello shop.

The event, on Monday April 10 at 2.30pm, will be the eighth fashion show since the shop opened four years ago, with BARC also holding a winter Christmas special cat walk.

Steven Ray from BARC said: "All our models are volunteers in the shop, or BARC supporters. The shows have always been very popular and beneficial to the charity, raising much needed funds. Many who attend are amazed at the quality of clothes available."

All stock is rigorously sorted by the staff, and personally by Steven, when preparing the collection for the fashion shows. The special afternoon gives the charity's staunch supporters the opportunity to be the first to see the new season's stock.

"It's hard work," Steven said, "as the shop has to be stripped of all the clothes rails to make room for a red carpet and seating for 60 people, but it is very



ABANDONED: Frida and Fiona want a forever home.

rewarding."

The shop counter doubles up as a bar to serve wine, beer and cava with the local Browns bar along with the BARC committee providing canapés whilst the MC, Antony Brown from Browns Party Palace, keeps the guests entertained.

BARC is a small registered charity caring for puppies and

adult dogs, all of which need permanent homes. For more information on BARC and how to get involved please visit their Facebook Page 'BARC Busot Animal Rescue Concern.'

Tickets cost €7.50 and can be purchased from the El Campello charity shop, Avenida Generalitat 52, or by calling Steven on 677 093 583.

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Special thanks to our fantastic team of volunteers who without them all of this would not have been possible.



Fundraiser bounty for food

COMPANIANS, the Albir-based social club, donated €3,200 to Voluntariado Social, which runs Alfaz's food bank.

The money was raised at the Companians' Gala Night on March 1 with a fabulous auction, a floor show and a full dance floor.

The club's president Barbara Banks, accompanied by committee members, presented the cheque during the meeting that the club holds each week in Albir Gardens.

The Companians is an English-speaking social club that welcomes all nationalities and supports local charities. They hold regular fundraising events throughout the year and since founding the club in 2006, the Companians have donated more than €30,000 to charity.

The club holds weekly events and activities and meets each Tuesday morning in Albir Gardens opposite the Mendoza supermarket. The Club opens at 10.30 for coffee, with announcements at 11.30am.



DONATION: Companians hand over cheque for €3,200.

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Having your say



FOREIGN RESIDENTS: Groups meet regularly with councillors.

ALICANTE University experts are preparing a White Paper on 'Alfaz del Pi: wellness destination.'

The monthly town hall meetings with foreign residents' groups helped the team coordinated by Francisco Montllor to produce three questionnaires that will help them with their investigation.

These questionnaires are now available on the town hall website www.lalfas.es so that

residents and visitors can express opinions on the issues raised.

Each of the three questionnaires is aimed at a specific group of residents, with one for foreign residents, one for Spanish residents and another for tourists.

Alfaz's Presidency councillor Rocio Guijarro and Martine Mertens, councillor responsible for foreign residents, urged Alfaz residents to an-

swer the questionnaires.

"The more information the authors of this study can access, the better and more useful their conclusions," Guijarro said. "These conclusions will help us to create the kind of town we want for the future."

"The questionnaires will be online until the end of April and after that we can go on to the next phase of compiling the answers and then interpreting them," Montllor said.

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TEULADA MORAIRA

NEWS

New beach care station

TEULADA-MORAIRA Council has started work on installation of a first aid and rescue station on Platgetes beach.

The 48 square metre site will contain public toilets, a store room for equipment, and an area covered by a pergola, at a cost of just under €145,000.

Once the installation is complete, the beach will qualify for blue flag status, since in 2013 a rule was introduced whereby beaches must offer a care station for lifeguards and other emergency services.

The chosen site is close to local car parks and offers good access for emergency vehicles, plus it will be fully-integrated into the local environment, according to a council press release.

How does your garden grow?

RAISED flowerbeds in Calle Almacenes and Calle Iglesia in Moraira have been replanted with Mediterranean species.

The native plants are longer-lasting and need less care as they are better adapted to the climate, the council's Image and Urban Quality department explained.

The revamp has cost the town hall approximately €18,000, an outlay covered by the first phase of improvements and general smartening up to the Old Town.

Next in line are Calle La Mar, Avenida Madrid and Calle Barranquet.

Image and Urban Quality councillor Raul Llobell explained that Calle Almacenes residents had been asking for a revamp to the flowerbeds for some time.

Calle Iglesia had also been a town hall priority, Llobell said, owing to its position at the heart of Moraira's Old Town and one of Moraira's busiest streets.



FLOWERBED REVAMP: The prettified Moraira streets.

Photo credit: Teulada-Moraira town hall



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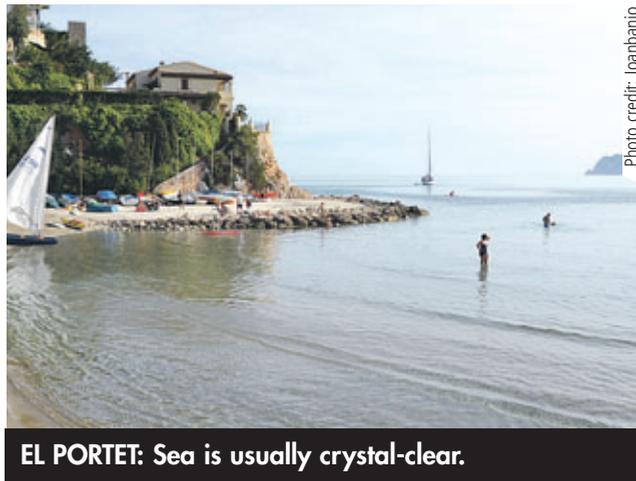


El Portet waters muddied

COSTAS, the Environment ministry's Coastal Authority, has replenished El Portet beach with 8,000 tons of sand.

The ministry concluded after the January storms stripped sand from the beach that natural regeneration would take too long. Costas brought in sand from the Quintanes quarry in Altea which immediately turned the usually clear waters brown.

Residents and local environmentalist groups now fear that Costas and the Ministry failed to take into account the effect that the new sand could have on the underwater meadows of Posidonia (Ocean Grass) growing near the shore.



EL PORTE: Sea is usually crystal-clear.

They also complained that this is coarser than the Portet beach's fine sand, prompting the town hall to issue a public statement.

"Owing to consultations and suggestions regarding the El Portet regeneration, the town hall wishes to share its informa-

tion," a council communique stated.

It went on to explain that Costas began following an environmental monitoring programme even before the first lorryloads of sand arrived at El Portet, using GPS to locate position and fan mussels.

"Ministry experts have assured municipal services that the waters will be adjusting for three or four weeks."

Similar regeneration is being carried out at numerous Alicante Province beaches the town hall pointed out. What was more, it added, El Portet was regenerated in 1989 and 2003 using more sand than at present.

Photo credit: Joabbarjo

Cast-iron argument

LITTER BINS had to be removed from Calle Doctor Calatayud owing to accessibility issues.

The Moraira shopping street received a revamp in 2015 to improve its 'aspect and functionality' and make it more accessible, according to the then mayor Antoni Joan Bertomeu.

The wrought iron litter bins by Javea artist Toni Mari, created to evoke the sea, have been vetoed on health and safety grounds as their spiky design has caused accidents. They are also easily damaged, public administration sources revealed.

The future of the cast-iron sculptures at the entrance to Calle Doctor Calatayud has also been questioned. They are not popular with all members of public, claimed Paqui Romaguera, who heads the PSPV-PSOE party's Equality section.

They depict a stylised woman ecstatically carrying shopping bags opposite a similarly stylised man laden with the results of her retail therapy.

"Women are tired of having to live with and put up with chauvinist symbols and stereotypes," Romaguera said when the sculptures were first installed.

"Do shopkeepers in this town really want to be represented by this kind of outdated and class-ridden symbolism?"

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The Beaches and Environment department had this in mind when preparing the €463,634 project for buoy installation and floating games platforms, councillor Doris Courcelles explained.

La Grava, the most protected of Jávea's beaches and least vulnerable to storms and high seas, will become a 'winter beach.' Buoys 50 metres from the shore will remain in place all year round, making the beach a safer place to swim as boats will have to remain at a distance.

Buoys elsewhere along Jávea coastline will, as they are at present, be installed between June 1 and October 15.

A canal will be marked out for the Club de Piragüismo canoeists at the mouth of the River Gorgos which will remain throughout much of the year. Arenal will have another canal, this time for paddle surfers, during the high season when there are most people in the water.



LA GRAVA: One of Jávea's most sheltered

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Town hall buys up two prime sites

JAVEA Town Hall has purchased two plots of government-owned land in Granadella and La Plana.

The sale agreement was signed recently by Javea mayor Jose Chulvi and Antonio Rodriguez Laso, the national government's Economy and Treasury delegate for Alicante Province.

The 985 square metres in Granadella cost €13,805 and the La Plana plot, which covers a 1,200-square metre area, cost €11,681.

Negotiations with the national government began in 2016 and the town hall was anxious to acquire the strategically-situated plots and ensure that they remained public property. Both will be used for community purposes.

The La Plana land is located inside the Montgo National Park and the other plot is close to the Granadella beach.

The La Plana building, which was later extended by the Guardia Civil, is in ruins and nothing remains of the Granadella station.

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Article 50 to be triggered March 29



BREXIT PAGE

By John Smith

THE good news is that the European Union will be allowed to enjoy its 60th birthday celebrations without the announcement of the triggering of Article 50 but the bad news is that because the formal date won't be until March 29, almost six weeks of negotiating time will be lost.

The British government, through its Ambassador to the European Union Sir Tim Barrow, advised the EU as a matter of courtesy that the trigger date would be Wednesday March 29 and this has resulted in a number of 'pithy' observations from various European leaders.

Gianni Pittella, the president of the socialist bloc in the European parliament is quoted in *The Guardian* as saying "Congratulations, Theresa May. Nine months to give birth to a



Photo Credit: No 10 flickr

! THERESA MAY: In Cardiff with Carwyn Jones the Welsh First Minister.

date for Article 50 notification. We will make sure that Brexit won't affect EU and UK acquired citizens' rights.

"Before negotiating the new relationship with UK, first and foremost we want substantial progresses on the withdrawal agreement to be ensured."

The date is important as the leaders of the 27 remaining states had hoped

to discuss the whole situation at a special summit due to be held on April 6 and 7 but the short time frame between the triggering of Article 50 and the summit makes it highly unlikely that any formal response will be made and therefore negotiations are unlikely to start for about six weeks and some believe that it could take even longer.

Whilst president of the European Council, Donald Tusk has promised to send his observations on the matter to the 27 leaders within 48 hours of the formal declaration, European Commission President Jean-Claude Juncker who has been a consistent critic of Britain since David Cameron tried to block his appointment said

"Britain's example will make everyone else realise that it's not worth leaving."

In the meantime, Mrs May set off on a whistle stop tour of the regions to try to ensure a measure of unity, with Wales her first stop even though there is no formal power sharing agreement in Stormont in Northern Ireland and Nicola Sturgeon First Minister of Scotland has made it clear that she is looking for a second independence referendum prior to Brexit.

The Prime Minister insists that she will be looking to obtain the best deal for Britain including a free trade arrangement but lead negotiator for the EU, Michel Barnier indicated in a tweet that there was no certainty over such an arrangement and customs controls would have to be considered as one option.

One thing is certain, the initial period of waiting and speculation is now over, to be replaced by a further period of waiting and speculation but at least the British government will be likely to give regular updates on discussions rather than simply indicate what it considers possible although it may take more than two years to resolve all outstanding matters.



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Spanish taxes lecture

REGRETTABLY the 'Tax Club' exists in Spain just the same as it does in our home countries.

Despite many people trying in the past to avoid the 'Club,' with the introduction of the EU Exchange of Information Rules it is no longer possible to 'beat/delay entry into the system.' It is very important therefore that we understand the requirements of the system, in order to avoid additional penalties for non-disclosure and, through financial planning to minimise our exposure wherever possible, and accept our inclusion in the 'Club.'

At next month's general meeting, on April 6 in Murla, Daniel Herranz will give a talk about Spanish Taxes, in their many forms. David started his career in 1995 as a lawyer in Valencia in 1995, before becoming a member of the European Young Lawyers Scheme in England, obtaining a Diploma (with merit) in English Commercial Law



DANIEL HERRANZ: Will give a talk about taxes.

and a Proficiency in English degree, before becoming a trainee lawyer in a shipping law firm in London.

In 1999 he returned to Spain and established his own practice in Benissa. Since 2005 he has been working almost exclusively for British, Dutch and Eastern European clients, specialising in taxes and com-

pany law, inheritance, conveyancing and urban law, including court litigation in these fields.

Daniel is also a lecturer at Valencia CEU Law University, Valencia Legal Bar, the Chamber of Commerce and has given numerous seminars to companies and associations.

For further information website <http://u3avalldelpop.com>.



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ATTENTION LOVING: Lord, APAC's blind horse meets some schoolchildren.

Car raffle for the horses

A BBQ and car raffle, raising funds for the APAC Rescue Horses and ISVH Bombers Volunteers is due to take place on April 9 in Javea.

The APAC Caballos (Asociación Protectora Amigos del Caballo) was set up to defend and protect horses and offer them a second chance by being adopted. Based at La Xara in Denia, the volunteers work tirelessly to rescue many animals who would ordinarily have been left to die from neglect or abuse.

The event, which will start at 1.30pm and finish at 4pm is being held at the Inn on the Green, Cansalades 155, in Javea.

Tickets for the BBQ are €10 whilst tickets for a chance to win the car, valued at €3,500 are just €5.

The Chevrolet Matiz prize has a one-litre petrol engine, air conditioning and electric windows. However if the winner does not wish to take the car they can exchange it for €2,000 in cash.

Tickets are on sale at: The Salamander Charity Shop Javea; Javea Auto Sales; Villa Mia Estate Agents; Heaven Boutique; Golden Leaves International and Blue Communications.

Jules Winstanley Jones, a volunteer and promotor at the shelter said: "We are also supporting a local breeder in my town who has 46 starving horses, and hope to be able to promote this as much as possible."

Further information can be found at: www.gofundme.com/helping-the-starving-46-horses.

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Join in the crystal anniversary bash

THIS month, the Charity Shop of Calpe celebrates its Crystal anniversary (15 years) and would like to invite you to go along and have a glass of Cava or Buck's Fizz from 10am on Saturday March 25 while you browse in the shop.

You can also join in the Easter raffle, with a chance to win a great prize. There are final reductions on winter clothing up to March 23 and the shop will be closed for one day on Friday March 24 before reopening on Saturday March 25 with its new season stock.

The shop stocks a wide range of ladies and men's clothing as well as small pieces of furniture, household items and paperbacks. The shop only supports local charities in the town and is always in need of new donations of good quality items. Just drop them into the shop between 10am and



CHARITY SHOP OF CALPE: Celebrates 15 year anniversary.

1.30pm Monday to Saturday.

The shop is located in the Galerias Mar Azul, Avenida Gabriel Miro in Calpe (half

way up on the right hand side opposite Druni). The shop can also arrange for larger items to be collected.



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DENMARK**Turbine testing**

WIND turbines 'as big as the Eiffel Tower' are to be tested in Denmark. The test turbines are expected to be in place from 2019.

Cake criticism

THE Danish Minister for Integration has been accused of lacking sensitivity after posing with a cake to celebrate her 50th law change restricting immigration.

Blu to green

THE Radisson Blu Royal Hotel in Copenhagen glowed green at the weekend to mark the celebration of St Patrick's Day.

**Pricey pizza**

A DANISH pizza maker claims he is offering the most expensive pizza

in the world. Costing 8,000 kroner (€1,076), it must be ordered weeks in advance and consists of over 30 ingredients, although no one has actually bought it yet.

GERMANY**Spider alert**

A GERMAN supermarket was closed down after spider cocoons were spotted in a shipment of bananas. There were fears the cocoons could have been of the Brazilian wandering spider, thought to be the most dangerous in the world, but it turned out to be a false alarm.

Reporter jailed

AN appeal to free a German-Turkish

journalist has been rejected by a Turkish court. Deniz Yucel was arrested last month accused of propaganda and inciting violence.

Strike breakers

AS workers at Berlin airport took strike action which grounded almost 600 flights, Ryanair responded by sending 20 workers from Ireland to keep its

flights going. The move has been criticised by unions claiming the workers lacked the proper safety checks.

Rape trial

A TEENAGER is on trial for raping a 90-year-old woman on her way back from church. The Spanish-Moroccan is on trial in Dusseldorf accused of rape, bodily harm and theft.

FRANCE**School shooting**

A TEENAGER has been arrested following a shooting at a high school in southern France. The 17-year-old was a pupil at the school when he opened fire with a rifle, two handguns and he also had two grenades. Eight people were injured.

Cheesed off

A PHOTO of a Camembert cheese not being cut the 'correct French way' has caused outrage in the country. The photo on social media was flooded with comments of mockery and anger.

Test cheats?

FRENCH fraud investigators are claiming that Renault has cheated on pollution tests for diesel and petrol engines for more than 25 years. The company has denied the claims.

Rock-a-bye baby

A YOUNG couple has been charged after confessing to putting their 15-month-old daughter into a washing machine in a bid to try and rock her. The couple, aged 19 and 22, said they manually worked it with the door open.

BELGIUM**Lottery points**

ENROLMENT at Dutch-speaking secondary schools in Brussels will introduce a lottery system with parents able to earn points for the school of their choice based on a number of factors.

Not natural

AN investigation has launched following the death of an eight-year-old boy in West Flanders. There is no evidence of violence, but authorities are sure it was not a natural death.

Illegal squatters

LEGISLATION is expected to be passed before Easter making squatting illegal which means homeowners will be able to launch official complaints and have their case heard quicker to remove squatters.

Carrefour casino

CARREFOUR in Belgium is being criticised for inviting customers to use a slot machine that is only allowed in casinos. However the supermarket claims they are simply giving customers a token to see if they have won a prize.

NETHERLANDS**No change**

DUTCH voters chose to remain with Prime Minister Mark Rutte as his VVD party received most votes in the country's elections, although they did lose seats.

Abuser jailed

A MAN has been jailed for almost 11 years for abusing over 30 girls via his webcam and then threatening to share the footage with family and friends. The court hears how one Canadian girl killed herself as a result of his threats and harassment.

Uni expansion

THE Groningen University plans to open a campus in China with first year students expected to begin their degree courses in 2018. Graduates will receive a Dutch degree at the end of their course.

No drivers

DUTCH technology company '2get there' announced it will supply Dubai with an automated vehicle system, to transport 5,000 passengers an hour in driver-less vehicles.

DENMARK**Child abuse**

A RETIRED Danish man has confessed to ordering mass child sex abuse of children in the Philippines over a five-year period. He told a court he did it to help the victims financially.

Major promotion

WORLD famous restaurant Noma, has made a dishwasher from the Gambia a co-owner of the Copenhagen restaurant. The 62-year-old has worked in the kitchens since 2003 shortly after it opened.

Asylum rejected

PROTESTERS blocked Roskilde Airport to prevent the deportation of 10 Afghans who had their asylum rejected. The protesters said the deportations were 'morally indefensible.'

Balloon death

A DANISH tourist has died in a fall during a hot-air balloon ride in central Turkey. The man died after falling from the balloon after it made a hard landing in strong winds.

SWEDEN**Hitting fine**

A MOTHER has been fined for slapping her four-year-old son across the face during a shopping trip in Ullared. She said she hit out after he had been playing up and spat at her. A ban on corporal punishment of children was introduced in Sweden in 1979.

Baby vote

A PHOTO of a Swedish MEP taking her baby to the European Parliament during a vote has gone viral, with the politician saying it was necessary as there is no parental leave for MEPs.

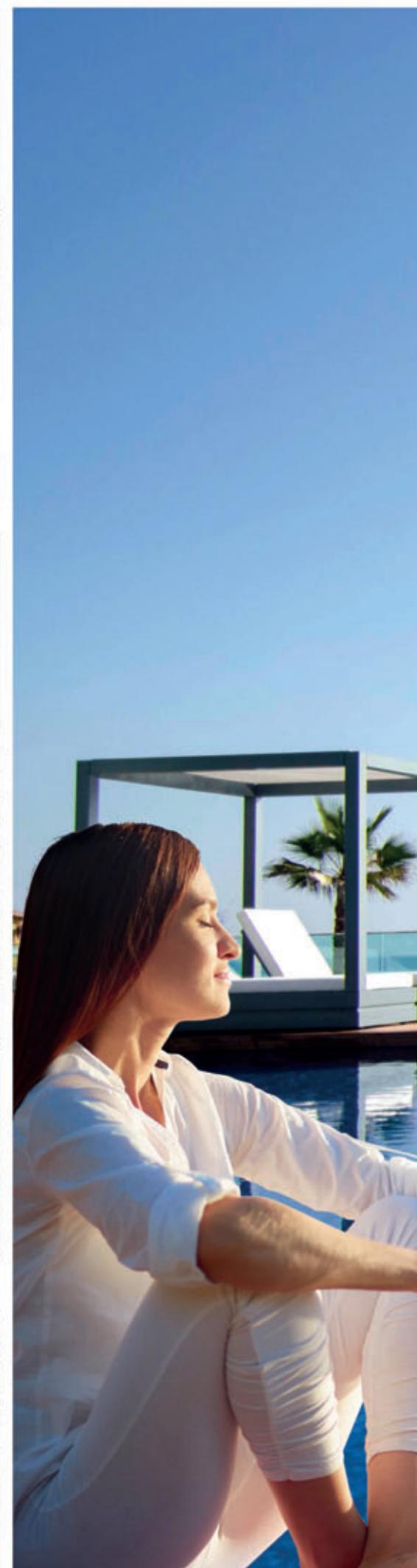
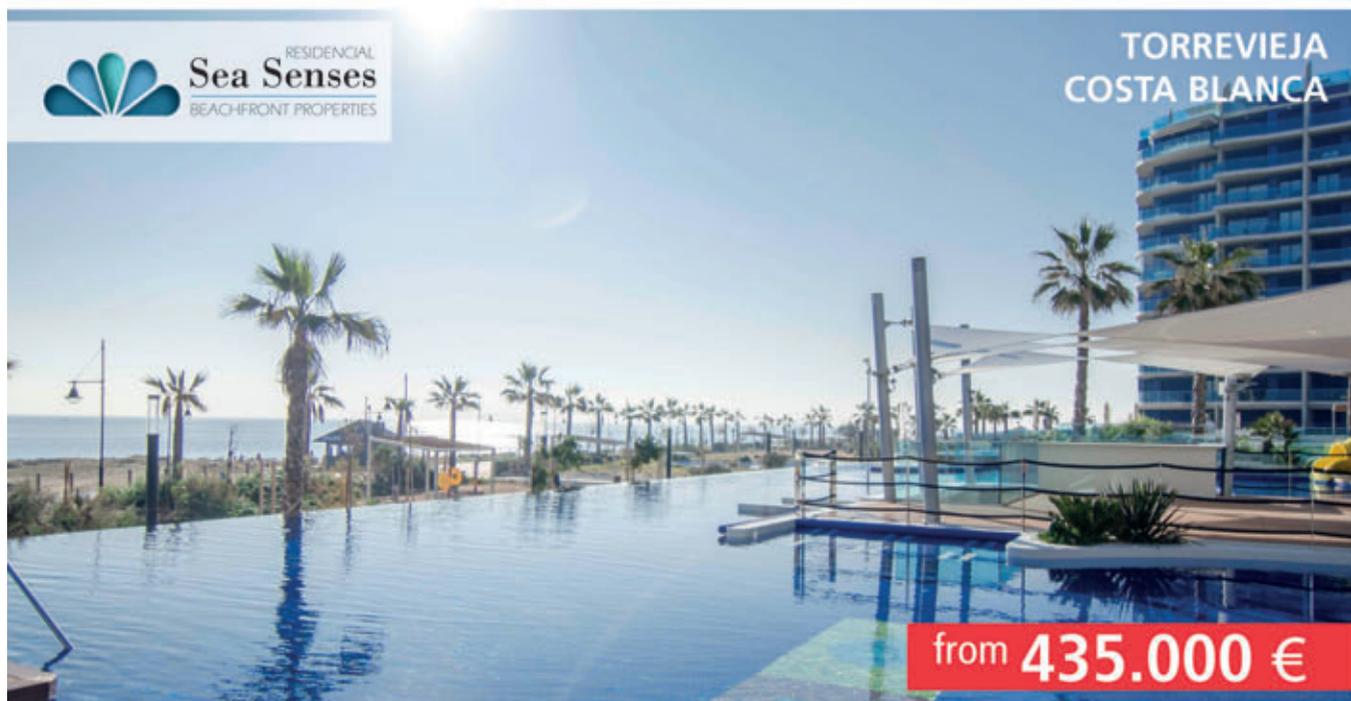
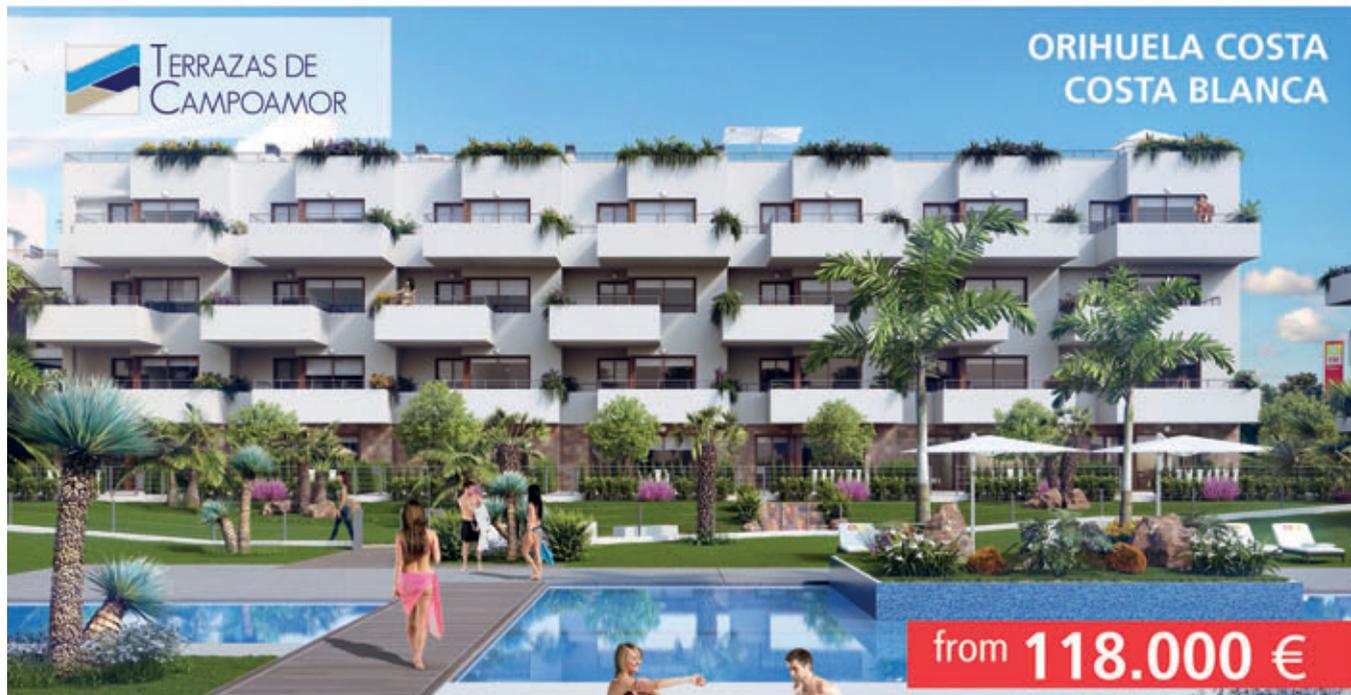
Crime crackdown

SWEDEN is planning on cracking down on gang crime with the Prime Minister and Interior Minister saying "no one should live in fear of shootings or organised crime."

Computer lessons

SWEDEN children will learn about programming in primary school as new digital competence lessons are added to the curriculum, designed to make Swedes even better with computers.

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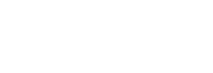
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Inditex profits continue to grow

By John Smith

THE Inditex Group just can't stop itself from growing and making greater profits year in year out and 2016 is no exception with profits up by 10 per cent and stores opened in five new markets.

As an employer, the group which owns such iconic brands as Zara, Massimo Dutti and Bershka added slightly less than 10,000 new staff to its workforce, making a total of 162,450 people employed, of whom 48,589 are in

Spain.

Thanks to an increase in areas covered by an online presence and

the opening of 279 new stores, turnover reached €23.3 billion (which would place it at number

€1.256 billion

is the amount of dividend that Amancio Ortega, Chairman of Inditex is expected to receive from 2016 profits.

106 in GDP if it was a country, just behind Estonia) and profits amounted to €3.157 billion even after taking into account the dividends to be paid to its chairman.

According to its President, Pablo Isla, the company makes significant contributions to countries in which it operates by paying all of the tax due around the world and in the past five years has paid €2 billion in corporation tax to Spain alone, which equates to 2 per cent of the total collected by the state.

Diamond will have benefits

ALTHOUGH there is a major diamond exploration company in Sierra Leone, local individuals have been responsible over the last few years for major finds and the latest, a 709 carat stone was discovered by a local pastor.

This gentleman sent it to the President who in turn has had it locked in the safe of the Bank of Sierra Leone until it is valued and its future is decided. Although there is thought to be a flaw in this stone, President Koroma has thanked Pastor Momoh for turning it over and has promised that he and the people of Sierra Leone will benefit from the sale.

Quote of the Week

Good riddance to the unfair NIC tax rise. Now what about that £2 billion black hole?" Shadow Chancellor John McDonnell on the government U-turn.



The smell of industry



Photo Credit: Mazda.eu

SOUL OF MOTION: The winning team.

FORGET David Beckham, Lady GaGa and Beyonce, the latest perfume to hit the streets and to win an award is 'Soul of Motion' which has been developed by fragrance manufacturer Shiseido to represent the Mazda Kodo philosophy.

Kodo is based on the concept of breathing life into the design of a car and the packaging of the fragrance won a gold medal at the recent iF Design Awards 2017 held in

Munich, just two years after Mazda requested Shiseido to develop a perfume which expressed all that was special about the car maker.

The perfume maker toured a number of Mazda factories, testing various vehicles and getting an understanding of one of Japan's most important manufacturers before coming up with the fragrance that is 'Soul of Motion' showing the unexpected synergy between two unconnected industries.

BUSINESS EXTRA

Tivoli news

HAVING staggered on without significant investment for some years, Tivoli Park in Benalmadena may well be transformed if approval for plans to invest €300 million in modernisation is received. Work on the property could generate 1,600 jobs and once open up to 3,300 more jobs could be created.

Repsol find

SPANISH oil and gas giant Repsol in partnership with Armstrong Energy has announced what could be the largest discovery of onshore oil in Alaska in the US in the past 30 years. It is anticipated if all turns out well that light oil will start flowing from 2021 with a potential 120,000 barrels a day.

US interest

THE US Federal Reserve has announced it will raise the interest rate by 0.25 per cent to 1 per cent thanks to healthy economic results in February which has seen less unemployment, rising inflation and overall pay rises. After a decade of dropping interest rates, this is expected to be an ongoing programme with at least two additional increases expected.

Eurostar blames terrorism

THE effects of the terror attacks on Paris and Brussels, the two destinations for the Eurostar services are being blamed for a drop in passengers carried by 4 per cent to 10 million in 2016 and for an operating loss.

Having moved from a 2015 profit of €31 million to a loss of €28 million, the company hopes that new larger trains and renewed customer confidence will bode well for 2017.

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COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,292.75	0.25	0.02	18,194.12
Associated British Foods	2,599.50	-16.50	-0.63	20,821.03
Admiral Group	1,898.00	-47.00	-2.42	5,425.44
Ashtead Group	1,720.50	36.50	2.17	8,516.79
Antofagasta	831.75	-20.75	-2.43	8,320.63
Aviva	524.50	-11.50	-2.15	21,915.89
AstraZeneca	4,822.50	-74.50	-1.52	61,573.70
BAE Systems	649.00	2.50	0.39	20,492.41
Babcock International Group	940.00	15.50	1.68	4,661.60
Barclays	231.25	0.85	0.37	38,932.35
British American Tobacco	5,111.50	-80.50	-1.55	95,996.69
Barratt Developments	545.00	2.00	0.37	5,382.24
British Land Co	606.00	-6.00	-0.98	6,286.69
BHP Billiton	1,323.75	-9.25	-0.69	27,826.55
Bunzl	2,250.00	-75.00	-3.23	7,786.15
BP	464.00	1.00	0.22	89,853.96
Burberry Group	1,802.50	17.50	0.98	7,857.52
BT Group	331.50	-2.85	-0.85	32,883.56
Coca-Cola HBC	2,006.50	0.50	0.02	7,194.90
Carnival	3,555.00	-954.00	-21.16	9,628.29
Centrica	220.00	3.50	1.62	11,955.76
Compass Group	1,497.00	-17.00	-1.12	24,730.42
Capita Group (The)	571.25	0.00	0.00	3,872.75
Croda International	3,640.00	19.00	0.52	4,762.98
CRH	2,814.50	-12.50	-0.44	23,787.91
Convatec Group	260.70	0.00	0.00	4,995.77
Dixons Carphone	302.10	0.00	0.00	3,512.72
DCC	7,145.00	0.00	0.00	6,372.57
Diageo	2,285.00	-34.00	-1.47	57,766.64
Direct Line Insurance Group	335.20	0.80	0.24	4,589.75
Experian	1,632.50	-9.50	-0.58	15,383.70
easylet	995.00	-27.00	-2.64	3,987.97
Fresnillo	1,415.00	-96.00	-6.35	11,127.09
GKN	380.00	7.10	1.90	6,410.84
Glencore	340.50	-1.80	-0.53	49,143.65
GlaxoSmithKline	1,682.50	-5.00	-0.30	83,120.61
Hikma Pharmaceuticals	2,259.00	91.00	4.20	5,255.44
Hargreaves Lansdown	1,408.00	90.00	6.83	6,237.29
Hammerson	586.00	7.50	1.30	4,592.56
HSBC Holdings	664.30	5.20	0.79	132,906.66
International Consoltd Air Grp	545.00	-23.50	-4.13	12,090.52
InterContinental Hotels Grp	3,789.50	-108.50	-2.78	7,685.36
3i Group	696.00	-25.00	-3.47	7,057.68
Imperial Brands	3,905.00	-1.00	-0.03	37,145.25
Informa	636.75	0.00	0.00	5,261.27
Intu Properties	280.55	0.00	0.00	3,823.92
Intertek Group	3,903.00	0.00	0.00	6,292.47
ITV	212.00	3.70	1.78	8,292.34
Johnson Matthey	2,907.50	-99.50	-3.31	5,736.33
Kingfisher	339.20	-6.20	-1.80	7,678.70

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Land Securities Group	1,025.00	-12.00	-1.16	8,247.51
Legal & General Group	251.50	1.60	0.64	14,816.02
Lloyds Banking Group ORD	69.50	0.16	0.23	49,721.84
London Stock Exchange Gr	3,180.00	110.00	3.58	10,754.41
Micro Focus International	2,102.00	-98.00	-4.45	4,980.53
Mediclinic International	750.00	-17.00	-2.22	5,695.21
Merlin Entertainments	485.30	1.00	0.21	4,894.17
Marks & Spencer Group	334.00	4.70	1.43	5,429.84
Mondi	1,966.50	31.50	1.63	9,366.33
Morrison (Wm) Supermarkets	242.00	3.60	1.51	5,500.27
National Grid	977.00	-7.70	-0.78	36,906.17
Next	4,012.50	135.50	3.49	5,748.44
Old Mutual Group	211.70	-9.60	-4.34	11,176.21
Provident Financial	2,923.50	-12.50	-0.43	4,349.07
Paddy Power Betfair	8,747.50	0.00	0.00	7,392.71
Prudential	1,773.00	12.50	0.71	45,262.02
Persimmon	2,100.00	-7.00	-0.33	6,443.16
Pearson	670.00	20.00	3.08	5,420.85
Reckitt Benckiser Group	7,267.50	-124.50	-1.68	51,615.04
Royal Bank of Scotland Grp	240.50	-3.40	-1.39	28,446.59
Royal Dutch Shell	2,140.00	17.00	0.80	93,782.04
Royal Dutch Shell	2,240.00	10.00	0.45	82,962.53
RELX	1,537.00	1.00	0.07	16,607.53
Rio Tinto	3,480.50	27.00	0.78	47,811.66
Royal Mail	410.70	-3.20	-0.77	4,086.00
Rolls-Royce Group	762.50	-10.00	-1.29	14,241.69
Randgold Resources	7,430.00	360.00	5.09	6,669.73
RSA Insurance Group	589.50	0.50	0.08	6,013.44
Sainsbury (J)	246.00	-23.70	-8.79	5,862.91
Schroders	3,182.50	34.50	1.10	7,131.01
Sage Group (The)	647.50	8.50	1.33	6,935.22
Shire	4,862.50	52.50	1.09	43,968.54
Smurfit Kappa Group	2,148.50	-83.50	-3.74	5,261.42
Sky	1,006.25	16.75	1.69	17,035.46
Standard Life	372.50	12.70	3.53	7,123.01
Smiths Group	1,516.50	-65.50	-4.14	6,216.46
Smith & Nephew	1,239.50	-1.50	-0.12	10,753.02
SSE	1,515.00	11.00	0.73	15,146.03
Standard Chartered	726.50	-3.90	-0.53	24,364.28
St James's Place	937.50	-134.50	-12.55	5,697.13
Severn Trent	2,225.00	-152.00	-6.39	5,616.97
Tesco	189.20	1.85	0.99	15,278.95
TUI AG	1,193.50	51.50	4.51	6,668.75
Taylor Wimpey	190.50	-4.20	-2.16	6,297.37
Unilever	4,042.50	2.50	0.06	51,999.36
United Utilities Group	955.00	-44.00	-4.40	6,839.34
Vodafone Group	210.75	-0.65	-0.31	55,771.70
Wolseley	5,107.50	0.00	0.00	12,911.54
Worldpay Group	285.35	-5.25	-1.81	5,746.00
WPP Group	1,717.50	31.50	1.87	21,754.07
Whitbread	3,850.00	-53.00	-1.36	7,167.32

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CLOSING PRICES MARCH 20

COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	192,360	1.08%	2,050	114M
AMERICAN EXPRESS	79,2500	-0.65%	-0,5200	71M
APPLE	139,990	-0.50%	-0,700	734M
BOEING CO	180,100	1.07%	1,910	110M
CATERPILLAR	92,910	0.06%	0,060	54M
CHEVRON	107,68	-0.17%	-0,18	203M
CISCO SYSTEMS	34,230	0.00%	0,000	171M
COCA-COLA	42,03	-0.52%	-0,22	180M
DU PONT(EI) DE NMR	81,2500	0.79%	0,6400	70M
EXXON MOBIL	82,00	-0.09%	-0,07	340M
GENERAL ELECTRIC	29,8800	0.44%	0,1300	260M
GOLDMAN SACHS	243,94	-1.72%	-4,28	97M
HOME DEPOT	149,6000	0.58%	0,8700	182M
IBM	175,65	-0.90%	-1,59	165M
INTEL CORP	35,2700	0.37%	0,1300	166M
J.P.MORGAN CHASE	90,6800	-1.05%	-0,9600	323M
JOHNSON & JOHNSON	128,0600	-0.31%	-0,4000	347M
MC DONALD'S CORP	128,6400	0.52%	0,6600	105M
MERCK AND CO. NEW	63,90	-0.44%	-0,28	175M
MICROSOFT	64,870	0.36%	0,230	501M
NIKE	57,80	+0.35%	0,20	76M
Pfizer	34,3200	-0.32%	-0,1100	204M
PROCTER AND GAMBLE	91,000	-0.48%	-0,440	232M
TRAVELERS CIES	123,14	0.33%	0,40	34M
UNITED TECHNOLOGIE	113,45	0.99%	1,11	90M
UNITEDHEALTH GROUP	169,70	-0.93%	-1,60	161M
VERIZON COMMS	50,39	0.70%	0,35	205M
VISA	90,24	+0.22%	0,20	167M
WAL-MART STORES	69,8900	-0.78%	-0,5500	215M
WALT DISNEY CO	111,7600	0.04%	0,0500	176M

NASDAQ

CLOSING PRICES MARCH 20

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Pulmatrix, Inc.	\$ 3.09	0.75 ▲ 32.05%
Northern Technologies International Corporation	\$ 19.30	3.70 ▲ 23.72%
Arbutus Biopharma Corporation	\$ 3.40	0.55 ▲ 19.30%
RGC Resources Inc.	\$ 22.50	3.43 ▲ 17.99%
Hawthorn Bancshares, Inc.	\$ 22.95	3.35 ▲ 17.09%
AstroNova, Inc.	\$ 15.55	2.25 ▲ 16.92%
AveXis, Inc.	\$ 84	11.22 ▲ 15.42%
REGENXBIO Inc.	\$ 22.10	2.40 ▲ 12.18%
Microvision, Inc.	\$ 2.08	0.22 ▲ 11.83%
MOCON, Inc.	\$ 22.75	2.35 ▲ 11.52%
Avid Technology, Inc.	\$ 4.96	0.51 ▲ 11.46%
Most Declined		
Esperion Therapeutics, Inc.	\$ 23.67	5.98 ▼ 20.17%
AmTrust Financial Services, Inc.	\$ 17.58	4.03 ▼ 18.65%
AXT Inc	\$ 5.55	1.05 ▼ 15.91%
Destination XL Group, Inc.	\$ 2.40	0.35 ▼ 12.73%
Exa Corporation	\$ 13.80	1.89 ▼ 12.05%
Editas Medicine, Inc.	\$ 22.30	2.61 ▼ 10.48%
Destination Maternity Corporation	\$ 4.48	0.48 ▼ 9.68%
Trans World Entertainment Corp.	\$ 2.35	0.25 ▼ 9.62%
Calithera Biosciences, Inc.	\$ 12.40	1.30 ▼ 9.49%
Omeros Corporation	\$ 10.54	1.06 ▼ 9.14%
Hovnanian Enterprises Inc	\$ 6.55	0.63 ▼ 8.77%

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Distributing Funds

EUR Fixed Income B
Sterling Fixed Income B

DEALING PRICE

€0.9588 -€0.0034
£0.9484 £0.000

Price Movement

Accumulating Funds

GBP Currency B
EUR Currency B
Multi Asset Conservative B GBP
Multi Asset Conservative B EUR
Multi Asset Balanced B GBP
Multi Asset Balanced B EUR
Multi Asset Growth B GBP
Multi Asset Growth B EUR

DEALING PRICE

£0.9848 -£0.0002
€0.9640 -€0.0002
£1.1468 -£0.0016
€1.0778 -€0.0016
£1.2870 -£0.0018
€1.1994 -€0.0019
£1.4187 -£0.0011
€1.3296 -€0.0012

Price Movement

Remaining Elite Fund prices available on request

Prices correct as at 15/03/2017

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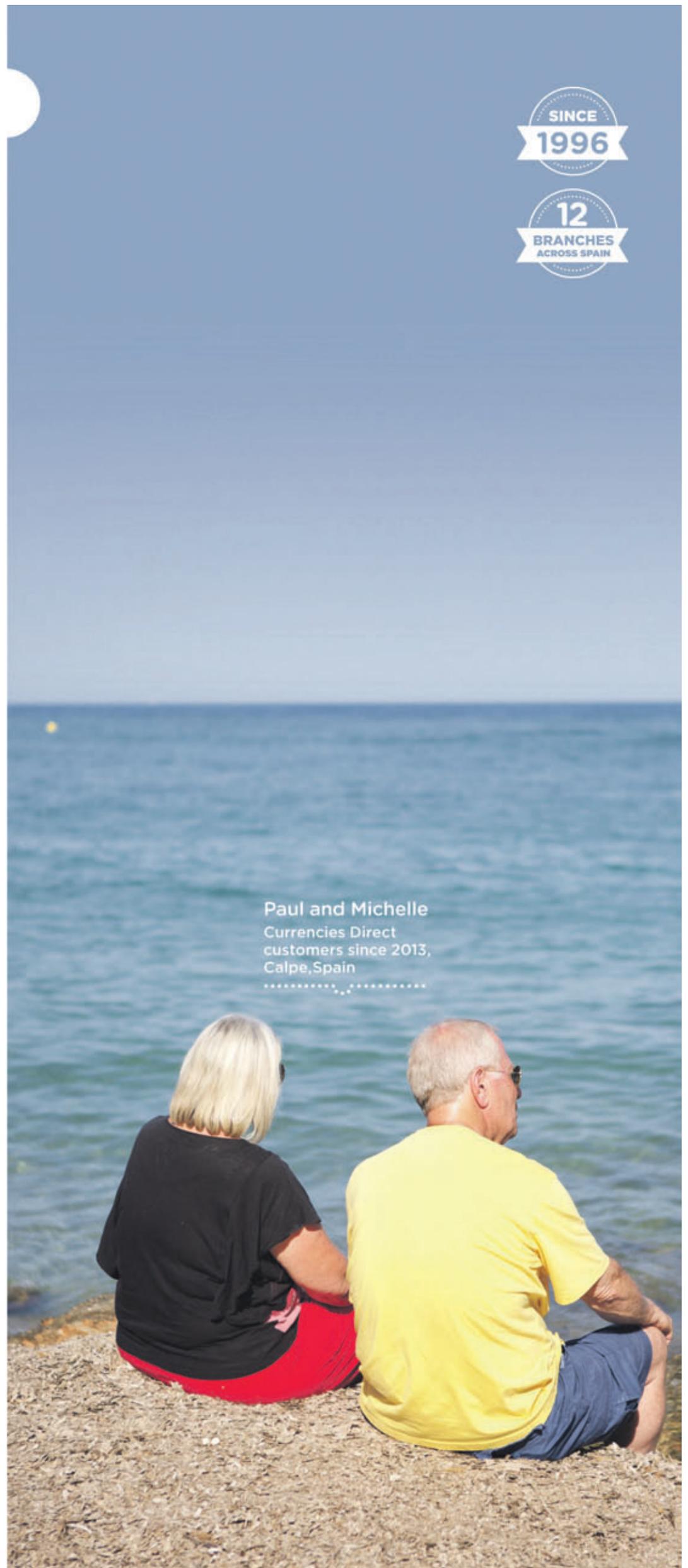
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*Fees and exchange rate data for banks taken from the International money transfer index™ (imti™).

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The Chancellor and the lady are for turning after budget goof

By John Smith

JUST a week after announcing that there would be significant increases in the cost of National Insurance contributions for the self-employed, Chancellor of the Exchequer Philip Hammond has had to make a humiliating U-turn.

He announcement that he will not now increase such contributions during the lifetime of this parliament and the confidence that he appeared to show when delivering the spring budget soon started to unravel when it was pointed out by a journalist that this was a breach of the election manifesto that saw the Conservatives obtain a majority in parliament.

After first trying to bluff his way out by denying that any promise had been made with regards to the self-employed, he found himself receiving criticism from his own back-benchers, some of whom, it is suggested, don't trust his position on Brexit which he was against and want to see the back of him.

Reports also suggest that the influential 1922 Committee of Conservative MPs had indicated to Prime Minister May that this was a very unwise course of action to follow and it would appear that she took their advice.



U-TURN: Mrs May defending the decision in parliament.

The official explanation is that the government wants to stick to the spirit of its manifesto pledge but doesn't explain why nobody remembered what the pledge was beforehand.

Labour scored a few points when Shadow Chan-

cellor John McDonnell described Mr Hammond's reversal as "humiliating" and his plans being in "chaos," suggesting he should have spent less time on writing "stale jokes" which Mrs May enjoyed, "guffawing like a feeding seal."

EU causes strike action in the docks

IT has been widely reported that stevedores in Spain had been threatening strike action in protest against sweeping new changes in the law which will see their terms of employment swept away.

Prior to the new legislation, ports in Spain were required to only employ stevedores who belonged to SAGEP, to guarantee minimum numbers at all times and to pay them in accordance with union rates.

Thanks to the intervention of the European Union, the European Court of Justice has ruled that this practice is in breach of EU legislation and therefore the Spanish Government was required to effectively break the current monopoly and allow ports to employ whoever they want and on terms to be agreed between the parties.

A further problem affected the legislation as Podemos and PSOE vote against the law and Ciudadanos decided to abstain which meant that the Spanish government was unable to push it through.

Spanish Bernie Madoff going to jail

By John Smith

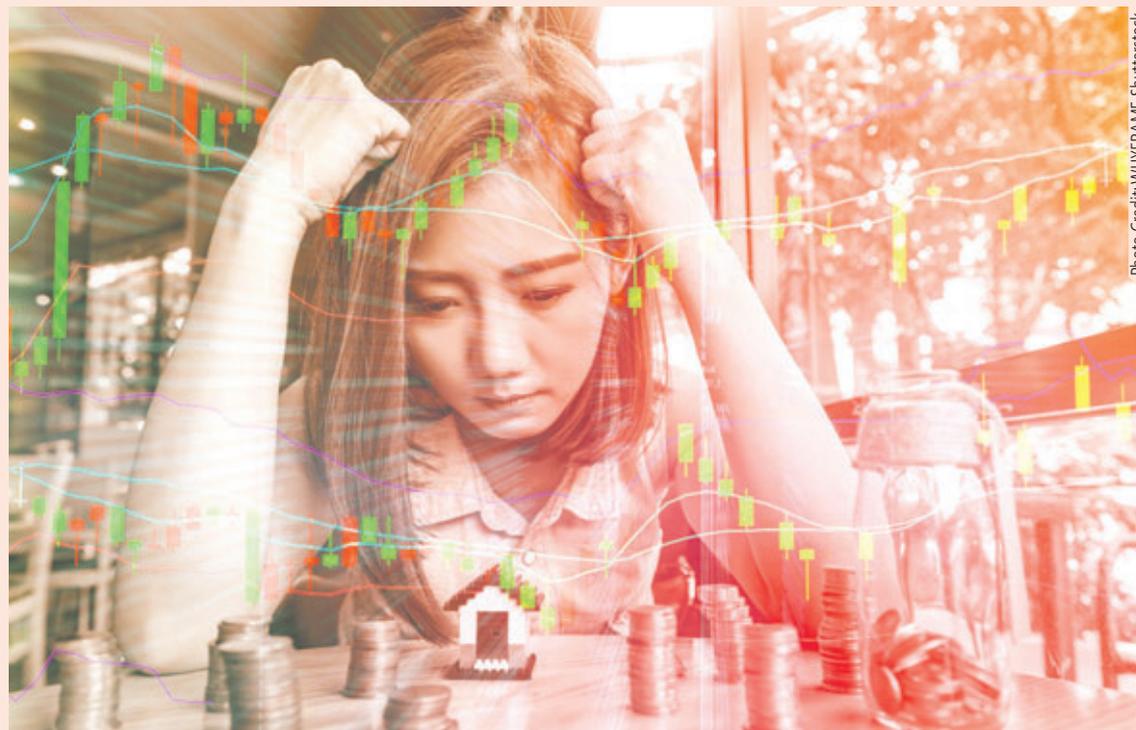
THE financier, Germán Cardona Soler, often described as the Spanish 'Bernie Madoff' has been convicted of a number of crimes based on fraudulently taking money from investors under false pretences and will be going to prison.

“ It is claimed that 180,000 investors lost amongst themselves €350 billion.

Considered to be the leader of this long term fraud which crossed national boundaries, Soler has been sentenced to 13 and a half years imprisonment and a fine of €300 million, which is only a tiny percentage of the actual money lost by his investors.

His partner, Lina Maria Matilla received a much lighter sentence of three years imprisonment and a fine of €900,000, whilst two other defendants were acquitted of all charges.

The basis of the trial was that in 2007, the two who have been found



LONG TERM FRAUD. Many clients were desperately losing money.

guilty, set up a company called Forex Finances which was supposed to invest money received from members of the public on purchasing and selling, but it transpired that they used the money for themselves and to purchase real estate.

Like many of these 'pyramid schemes' they needed new investments all of the time to allow them to pay dividends to early investors and produced grossly exaggerated advertising material in order to attract more members.

Although they indicated that investors could expect a 20 per cent return or more, only a tiny part of the money received went into genuine currency investments and a great deal of the money that didn't find its way into their pockets was spent on re-

cruting 'promoters' who were rewarded for finding new investors.

There is no doubt that some of them enjoyed some high value returns in the form of gifts to reward them for bringing in ever increasing amounts of money, but they were few and far between and did not realise that they were supporting a fraud.

Eventually, the group started to move its registration and targets to Latin America and large numbers of members of the Colombian Armed Forces and Police were encouraged to invest in their business.

It is claimed that 180,000 investors from 10 different countries, lost amongst themselves €350 billion during the life of the scam but now all funds including gold bars, cash and property that could be recovered is to be distributed by the courts to those investors by way of partial compensation for their losses.

Although much larger, this is in many ways similar to the scam operated by Spanish stamp investment company Afinsa who went under in 2006 having taken more than €3.5 billion from Spanish pensioners and investors who were encouraged to invest in what turned out to be worthless philatelic confections.

Good and bad news for Volkswagen

By John Smith

THERE have been mixed blessings for the Volkswagen Group over the last week as it has suffered another police raid in Germany, saw its SEAT group return to profit for the first time in a decade and seen a distributor sued in Spain.

German investigators descended on nine different Audi and Volkswagen factories in Germany as part of the ongoing investigation into the installation of devices that cheated emission tests and on this occasion, they were acting on behalf of the US authorities.

Questions had arisen over the sale of 80,000 three-litre diesel cars manufactured and sold by the group between 2009 and 2015 who may not have realised that their cars could have been affected and the investigators wanted to establish who in the company had provided false information on these cars.

Despite all of the troubles and the huge financial burden created by fines and reparations, Volkswagen still managed to report a €3 billion profit for 2016 and part of this was thanks to a turn-around in the fortunes of Spanish subsidiary SEAT.



FIRST SUV: The successful SEAT Ateca.

After a decade of reporting significant losses, SEAT which is a major employer in Spain announced a staggering profit of €153 million, mainly due to the introduction and success of its' first SUV the Ateca and its margin of profit

was only 0.1 of a per cent less than the Volkswagen brand.

One piece of slightly less helpful Spanish news was that an 83-year-old woman in Santander was granted a 10 per cent refund on the cost of a vehicle

she purchased in 2013 because it came with Volkswagen engineered gas emission software.

The case is up for appeal, but if finally successful, could lead to a number of new claims for compensation.

ABTA site is hacked

THE Association of British Travel Agents (ABTA) which is a body representing customers and travel businesses has just discovered it has suffered a cyber-attack on its website and details of up to 43,000 people and companies may have been compromised.

It appears the hacking occurred on February 27 but the organisation has only now released the information.

Whilst it will do everything it can to assist those who are affected, it appears the information taken is not in itself of sufficient importance to allow hackers to obtain benefit from identity theft or online fraud.

Basically, they mainly stole email addresses and passwords although information on some complaints as well as certain members has been taken.

Anyone who registered on the site after January 11, 2017 is advised to change their password and advised to monitor their bank, social media and email accounts.

Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at international@stoneking.co.uk



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

“ You can choose a person or people, who you trust, to act for you when you are no longer able. ”

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



| An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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A strong border would be needed

LEAPY LEE SAYS IT
OTHERS THINK IT



AS I've mentioned in the past, writing a weekly column dealing mainly in current affairs, can often be extremely difficult. If I could have published this piece the day after Sturgeon's announcement of a further referendum, I would have had a positive tsunami of 'column fodder' to call upon.

Now of course, over a week later, most of it has already hit the coastline. Bearing this in mind, I thought I would concentrate on the consequences, should the 'Krankie' party's 'freedom at any price,' disastrous ambitions ever be realised. Undoubtedly we would first have to build the equivalent of a Hadrian's Wall. As in times of yore, this would need to be erected purely in the interest of the South.

With the advent of independence, Scotland would become a magnet for untold numbers of migrants landing on unprotectable Scottish beaches, before streaming across the country heading for England and its ripe pickings.

The South could not allow this to happen and Scotland can look forward to Calais style border 'jungle camps,' desecrating their once



HADRIAN'S WALL: Would need to be erected purely in the interest of the South.

beautiful countryside for the entire length of the barrier. Good luck with that. A strong border would also be needed to keep out the undoubted deluge of smugglers that will emerge. Whatever rubbish the SNP tries to foist on its constituents, Scotland would not be able to stay in the EU, or its free market. It would be left hanging in no man's land, try-

ing to negotiate with an EU that is visibly crumbling as we speak.

In any case what's it going to negotiate with? At present Scotland is 15 billion in debt. Set to rise to 50 billion by 2020. Its oil resources are plunging. Outside of whisky it has no serious industries of its own. A million of its workers rely on amalgamation with the

UK and 't doesn't even know what currency it will be using! And the saddest fact of all? The rest of the UK citizens are so utterly peed off with the whole sorry affair that frankly my dear, they no longer really give a damn.

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BBC one

7:00am	Breakfast
10:15am	The Housing Enforcers
11:00am	Homes Under the Hammer
12:00pm	Fugitives
12:45pm	Fake Britain
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	The Code
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Shop Well for Less
10:00pm	The Red Nose African Convoy
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week
1:30am	Weather for the Week Ahead
1:35am	BBC News

BBC TWO

7:00am	Flog It! Trade Secrets
7:30am	Fugitives
8:15am	Money for Nothing
9:00am	Gardeners' World
9:30am	Great British Railway Journeys Goes to Ireland
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Building Dream Homes
3:00pm	The TV That Made Me
3:45pm	Who Do You Think You Are?
4:45pm	More Creatures Great and Small
5:15pm	Attenborough and the Giant Egg
6:15pm	Bargain Hunt
7:00pm	Eggheads
7:30pm	The Hairy Bikers' Comfort Food
8:00pm	Great Continental Railway Journeys
9:00pm	The Great Pottery Throw Down
10:00pm	The Last Kingdom
11:00pm	Mock the Week
11:30pm	Newsnight
12:15am	Top Gear

BBC FOUR

8:00pm	100 Days As President Trump takes office, Katty Kay in Washington and Christian Fraser in London report on the events that are shaping our world.
8:30pm	Top of the Pops
9:00pm	Henry VIII: Patron or Plunderer?
10:00pm	The Golden Age of Steam Railways
11:00pm	Meet the Lords Series following the larger-than-life characters that populate the House of Lords, one of Britain's oldest, most idiosyncratic and most important institutions.
12:00am	Tales From the Royal Bedchamber
1:00am	Britain's Outlaws: Highwaymen, Pirates and Rogues
2:00am	Top of the Pops
2:40am	Country at the BBC
3:40am	Henry VIII: Patron or Plunderer?
4:40am	This is BBC Four

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
9:05am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:05pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	Vet on the Hill
2:05pm	Posh Pawn
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Sun, Sea and Selling Houses
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Great British Buildings: Restoration of the Year Ep1
10:00pm	Three Wives, One Husband
11:00pm	Syria's Disappeared: The Case Against Assad
12:00am	24 Hours in A and E

CHANNEL 5

8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:50am	Wissper
10:00am	Toot the Tiny Tugboat
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	Can't Pay? Benefits Special
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Killer Obsession
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Police Interceptors
9:00pm	On Benefits and 40 Grand in Debt
10:00pm	The Last Days of George Michael
11:00pm	Extraordinary People: Nelly the Snakeskin Woman
12:05am	Shannon Matthews: What Happened Next
1:00am	Super Casino

4

7:00am	Suburgatory
7:20am	Charmed
8:05am	Coach Trip
8:35am	Hollyoaks
9:05am	Rules of Engagement
10:00am	Last Man Standing
11:00am	Charmed
1:00pm	How I Met Your Mother
2:00pm	The Goldbergs
3:00pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Last Man Standing
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Game of Clones
9:00pm	The Big Bang Theory
10:00pm	Gap Year
11:00pm	Tattoo Fixers
12:00am	The Big Bang Theory
12:35am	The Big Bang Theory
1:00am	First Dates
2:05am	Celebs Go Dating
3:05am	Brooklyn Nine-Nine
3:30am	Brooklyn Nine-Nine
3:55am	Gap Year
4:40am	Rules of Engagement
5:00am	Rules of Engagement
5:20am	The Mindy Project
5:45am	Charmed

sky SPORTS 1

10:30am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	Football's Greatest Moments
2:00pm	Great Sporting Moments
3:00pm	Barclays Premier League World
3:30pm	Premier League Legends
4:00pm	Spanish Football Gold
4:30pm	Football Gold
5:00pm	Football's Greatest Moments
6:00pm	Barclays Premier League World
6:30pm	Premier League 100 Club
7:00pm	Premier League Legends
7:30pm	Crolla: The Million Dollar Story
7:45pm	Boxing
8:00pm	Live Premier League Darts
11:00pm	Boxing
11:15pm	Crolla: The Million Dollar Story
11:30pm	Darts Gold
12:00am	Barclays Premier League World
12:30am	Boxing

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Chopping Block
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Tonight
9:00pm	Emmerdale
9:30pm	Harry Hill's Alien Fun Capsule
10:00pm	Prime Suspect 1973
11:00pm	The Nightly Show with Dermot O'leary
11:30pm	ITV News
12:00am	ITV News London
12:15am	Tipping Point
1:15am	The Nightly Show with Dermot O'leary
1:40am	Jackpot247
4:00am	Tonight

itv2

7:00am	You've Been Framed!
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	You've Been Framed!
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Funniest Ever You've Been Framed! Gold
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Release the Hounds
11:00pm	Family Guy
11:30pm	Celebrity Juice Live
12:35am	Family Guy
1:05am	American Dad!
1:30am	American Dad!
2:00am	Two and a Half Men

itv3

7:00am	You're Only Young Twice
7:25am	Heartbeat
8:25am	Where the Heart is
9:30am	The Royal
10:30am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Inspector Morse
2:05pm	Heartbeat
3:10pm	The Royal Dr Ormerod is called out to deal with a major emergency, leaving Sister Bridget to babysit in his absence. Carnegie steps up his fundraising efforts. An unexpected visitor shakes up Matron's routine.
4:15pm	Where the Heart is
5:20pm	You're Only Young Twice
5:50pm	Doctor at Large
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Heartbeat
10:00pm	Rosemary and Thyme
11:00pm	A Touch of Frost
1:10am	Inspector Morse

itv4

7:00am	The Sweeney
7:50am	Hogan's Heroes
8:15am	Hogan's Heroes
8:45am	The Professionals
9:50am	Ironsides
10:50am	The Sweeney
11:55am	The Chase
12:55pm	Counting Cars
1:25pm	Counting Cars
1:55pm	Pawn Stars
2:25pm	Pawn Stars
2:50pm	Hogan's Heroes
3:25pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Sweeney
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Big Fish Off
10:00pm	Goodwood Members Meeting
11:00pm	Jaws 3
12:05am	FYI Daily
12:10am	Jaws 3
1:00am	Ransom
2:05am	FYI Daily A round-up of the latest entertainment news.
2:10am	Ransom
3:20am	Hogan's Heroes

sky CINEMA ACTION & ADVENTURE

7:10am	Ant-Man
9:15am	Avengers: Age of Ultron
11:50am	Alien: Resurrection
1:50pm	Mean Machine
3:40pm	The Chronicles of Riddick
5:50pm	Stealth
8:00pm	Ant-Man
10:00pm	Independence Day
12:25am	Turbulence
2:10am	Armageddon

sky CINEMA COMEDY

9:25am	Hot Shots! Part Deux
11:00am	Definitely, Maybe
1:00pm	The Commitments
3:05pm	Ted 2
5:05pm	Pixels A ragtag team step up to the plate when alien invaders challenge humanity to real-life versions of 80s video games.
7:00pm	There's Something About Mary
9:00pm	Ted 2
11:00pm	Death at a Funeral
12:40am	Coming to America
2:40am	Crocodile Dundee

sky CINEMA PREMIERE

7:00am	Jane Wants a Boyfriend
9:05am	Top Cat Begins The story of how a poor and lonely Top Cat first met best bud Benny and went on to create the infamous alley cats gang.
10:50am	The Great Wall: Special
11:20am	Casual Encounters
1:05pm	Ghostbusters
3:15pm	Kong: Skull Island Special
3:45pm	The Smuggler A slow-witted drug mule struggles to hold it together after being picked up by the authorities. Blackly comic crime thriller.
5:40pm	The Lazarus Effect
7:15pm	Top Cat Begins
9:00pm	Ghostbusters
11:00pm	The Smuggler
12:50am	The Lazarus Effect
2:25am	Game On
4:10am	Jane Wants a Boyfriend

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Time of Our Lives
9:00am	Sky Sports Years
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Great Sporting Moments
11:45am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
1:30pm	Cricket Classics
2:00pm	Time of Our Lives
3:00pm	Sky Sports Years
4:00pm	Sporting Records
4:30pm	Sporting Records
5:00pm	Cricket's Greatest
5:30pm	Cricket's Greatest
6:00pm	Sporting Greats
6:30pm	Sporting Greats
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Super League Gold
7:45pm	Super League Gold
8:00pm	Live Super League
11:30pm	Super League Gold
11:45pm	Super League Gold
12:00am	Crolla: The Million Dollar Story

Advertising feature

Why not make a splash with your next break?

Christina Sharp

GLOBELINK INTERNATIONAL

christina@globelink.co.uk



NOWADAYS if you can dream it, you can pretty-much do it as far as holidays go, so what have you decided this year? Unfavourable exchange rates swayed you towards a 'staycation'? Or are you a 'life is for living' type, and looking for something special to wash away the doom and gloom?

Whatever floats your boat, you'll be sure to find a cruise holiday that's right for you, with greater than ever choice to suit all budgets. And you will be in good company too, because a record 1.9 million Brits took cruise holidays in 2016. That's almost 10 per cent more than in 2015 according to the Cruise Lines International Association.

Once seen as the reserve of the rich or more mature traveller, cruises now offer remarkable value, with tailor-made itineraries of tantalising locations sailing into view each day and accommodation, meals and entertainment all included in the package.

Whether you chose a firm favourite Mediterranean cruise, the Baltic, Caribbean, or



| Whatever floats your boat - chose a cruise and make a splash on your next holiday.

Far East, you will wonder why you ever packed your paperbacks or Kindle, as most cruises offer a mindboggling array of entertainment and activities on everything from yoga, painting, putting, salsa, wildlife watching, culinary classes on gourmet dining and even how to making a perfect crepe Suzette.

The choice of cruise ships is equally remarkable, including award winning 'super

yachts' styled on Marie Antoinette's 18th-century Chateau de Versailles; unique boutique Clipper ships; to gigantic floating skyscrapers like the Royal Caribbean's Harmony of the Seas with its 6,000 passenger capacity, waterslides, and amphitheatre. Smaller ships can offer unique interiors and itineraries that take in lesser-known destinations, or opt for an epic transatlantic voyage to The Big Apple.

Either way you can experience luxury that many five star hotels would envy.

Many operators offer short taster cruises which are great for first-timers. But with so many cruises available, it's wise to speak to a specialist who can help navigate you through the options, and find the cruise that's just right for you.

Even with the best planning, the unexpected can happen. At Globelink we know from 20 years' experience that cutting short a cruise trip due to an emergency back home, or being medically evacuated from a cruise liner due to illness is a very-very expensive business.

Be a savvy traveller and don't just go for the tour operator, or cruise company insurance option. This may be expensive and may not suit your insurance needs. We are delighted that Globelink customers are covered as standard for their cruise holidays, so you don't have to pay extra for that essential peace of mind.

Globelink Travel Insurance: for people living in the EU. Get an instant quote and arrange cover securely with www.globelink.co.uk, or call (UK) +44 1353 699 082 or call our Spanish link line on 966 265 000. Your Policy and Emergency Assistance Card will be delivered immediately by email.

Direct current accounts away from charges

Avoiding bank charges

A number of banks have a variety of current accounts. It would appear that customers are not always advised by their bank what is the best account for them.

For many expatriates, especially those buying and selling property, when money is paid into or from a bank account, the charges made by banks can be huge. It is quite common for charges to be made on both the money entering the account, after a sale of a property, and then again on the same money when a new property is purchased and money is transferred to another party.

Some banks have accounts which do not attract fees. There will almost certainly be conditions such as a minimum deposit into the account each month. However, and for many retired expatriates, these conditions are not likely to be too difficult to satisfy. You may even be paid interest on balances or receive bonuses on direct debits.

Make certain that the account you have is the best for you.

Paying too much tax on pension income

When submitting an annual tax return in Spain, there are (at least) two ways of calculating the tax due on UK sourced income. One way is to tell your accountant how many pounds you received and the accountant will convert this into euros using the exchange rate from the previous 31st December. For example, the exchange rate used for annual tax returns submitted in June 2017 will be based on the rate as at 31st December 2016.

The problem is that, with fluctuating exchange rates, one could be paying tax on money that was never received. Let's say that each month from January to November you received monthly income based on an exchange rate of 1.15 but then by 31st December it had increased to 1.20 euros to the pound. Your tax bill will be based on 1.20 even though you had only received 1.15 for

11 months.

The alternative way of submitting the return is to ignore P60s etc. and simply submit evidence of exactly what euros you received through the year. If you are not certain, talk to your accountant.

Proving your address

More and more often, financial institutions will be asking for evidence of where you live. In so many cases, all bills are put in the name of only one partner and in these days of online banking, people are no longer sent bank statements and not all companies accept printouts from the internet.

Make certain you have a bill (not mobile phone) in your name or obtain an updated Padron certificate.



JOHN HAYWARD



The Spectrum IFA Group
Independent Financial Advisers

For more information on **pensions, QROPS, investments, currency exchange, mortgages**, and all other aspects of personal finance, email john.hayward@spectrum-ifa.com, call 618 204 731/ 96 558 7633 or visit www.financialadviceinspain.es.

The Spectrum IFA Group is not a firm of tax advisers although we make every effort to know as much as possible about the relationship between investments and tax in the jurisdictions we operate in. We recommend that you contact your own tax specialist and please feel free to contact me if you need clarification.

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am Breakfast
10:15am The Housing Enforcers
11:00am Homes Under the Hammer
12:00pm Fugitives
12:45pm Fake Britain
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Doctors
3:15pm The Code
4:00pm Escape to the Country
4:45pm Money for Nothing
5:30pm Flog It!
6:15pm Pointless
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm Red Nose Day 2017
8:30pm EastEnders
9:00pm Shop Well for Less
11:00pm BBC News at Ten
11:30pm BBC London News
11:35pm Red Nose Day
1:00am Red Nose Day
3:30am Weather for the Week Ahead

BBC TWO

8:15am Money for Nothing
9:00am Back to the Land with Kate Humble
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm Two Tribes
2:30pm Building Dream Homes
3:00pm The TV That Made Me
3:45pm Who Do You Think You Are?
4:45pm More Creatures Great and Small
5:15pm Natural World
6:15pm Bargain Hunt
7:00pm Eggheads
7:30pm The Hairy Bikers' Comfort Food
8:00pm Great Continental Railway Journeys
9:00pm Gardeners' World
9:30pm Only Connect
10:00pm Wild Ireland
11:00pm Red Nose Day: Greg Davies' Hot Tub Half Hour
11:40pm Newsnight
12:15am Robot Wars

BBC FOUR

8:00pm 100 Days
8:30pm World News Today
The latest national and international news, exploring the day's events from a global perspective.
9:00pm BBC Young Dancer 2017
10:00pm Roy Orbison: One of the Lonely Ones
11:00pm Roy Orbison and Friends: A Black and White Night 30
12:00am It's Only Rock 'N' Roll: Rock 'N' Roll at the BBC
1:00am Top of the Pops
Simon Bates and Peter Powell introduce the pop chart programme, first broadcast on 23 June 1983.
2:40am Roy Orbison and Friends: A Black and White Night 30
3:40am It's Only Rock 'N' Roll: Rock 'N' Roll at the BBC

CHANNEL 4

7:00am Countdown
7:45am King of Queens
9:05am Everybody Loves Raymond
10:05am Frasier
11:05am Undercover Boss USA
12:05pm Ramsay's Kitchen Nightmares USA
1:00pm Channel 4 News
1:05pm Vet on the Hill
2:05pm Posh Pawn
3:10pm Countdown
4:00pm Fifteen to One
5:00pm Sun, Sea and Selling Houses
6:00pm Couples Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
8:30pm Unreported World
9:00pm George Clarke's Amazing Spaces
10:00pm Gogglebox
11:00pm The Last Leg
12:00am First Dates
1:05am How'd You Get So Rich?
1:50am Rude Tube

CHANNEL 5

9:05am Ben and Holly's Little Kingdom
9:15am Digby Dragon
9:30am Peppa Pig
9:50am Wissper
10:00am Toot the Tiny Tugboat
10:15am The Wright Stuff
12:15pm GPs: Behind Closed Doors
1:10pm 5 News Lunchtime
1:15pm Can't Pay? Benefits Special
2:15pm Home and Away
2:45pm Neighbours
3:15pm NCIS
4:15pm Love You to Death
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm The Gadget Show
9:00pm Tony Robinson: Coast to Coast
10:00pm Fury
11:00pm 5 News
11:05pm Fury
12:05am Schindler's List
3:45am Super Casino
5:00am The True Story
5:45am House Doctor

4

7:00am Suburgatory
7:20am Charmed
8:05am Coach Trip
8:35am Hollyoaks
9:05am Rules of Engagement
10:00am Last Man Standing
10:30am Last Man Standing
11:00am Charmed
1:00pm How I Met Your Mother
2:00pm The Goldbergs
2:30pm The Goldbergs
3:00pm The Big Bang Theory
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4:00pm How I Met Your Mother
5:00pm Last Man Standing
5:30pm Last Man Standing
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Game of Clones
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm Die Hard 2r
12:30am The Big Bang Theory
1:00am The Big Bang Theory
1:30am Tattoo Fixers
2:35am Celebs Go Dating

sky SPORTS 1

7:00am Football Gold
7:30am Football Gold
8:00am WWE Main Event
9:00am Barclays Premier League World
9:30am Premier League Legends
10:00am Premier League Darts
1:00pm La Liga Show 2016
1:30pm Football's Greatest Moments
2:00pm Great Sporting Moments
2:15pm Great Sporting Moments
3:00pm Barclays Premier League World
3:30pm Premier League Legends
4:00pm Spanish Football Gold
4:30pm Football Gold
4:55pm The Fantasy Football Club
5:55pm Live International Football
8:00pm Live International Football
11:30pm The Fantasy Football Club
12:30am Barclays Premier League World

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm Chopping Block
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Coronation Street
9:00pm Judge Rinder's Crime Stories
9:30pm Coronation Street
10:00pm Lethal Weapon
11:00pm The Nightly Show with Dermot O'Leary
11:30pm ITV News
12:00am ITV News London
12:15am Play to the Whistle
1:15am The Nightly Show with Dermot O'Leary
1:40am Jackpot247
4:00am Freeze Out

itv2

7:00am You've Been Framed!
7:25am Who's Doing the Dishes?
8:15am The Ellen DeGeneres Show
9:00pm Emmerdale
9:30pm Emmerdale
10:00pm You've Been Framed!
10:35pm Psych
11:25am Below Deck
12:20pm Who's Doing the Dishes?
1:25pm Emmerdale
1:55pm Emmerdale
2:30pm You've Been Framed!
3:00pm The Ellen DeGeneres Show
3:50pm The Jeremy Kyle Show
4:55pm The Jeremy Kyle Show
6:00pm Judge Rinder
7:00pm You've Been Framed!
7:30pm You've Been Framed!
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Hellboy II: The Golden Army
12:20am Family Guy

itv3

7:00am You're Only Young Twice
7:25am Heartbeat
8:25am Where the Heart is
9:30am The Royal
10:30am Judge Judy
11:00am Judge Judy
11:25am Judge Judy
11:50am A Touch of Frost
2:05pm Heartbeat
3:10pm The Royal
4:15pm Where the Heart is
5:20pm You're Only Young Twice
5:50pm Doctor at Large
6:20pm On the Buses
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Doc Martin
10:00pm Agatha Christie's Marple
12:05am Blue Murder
1:35am Good Will Hunting
2:35am FYI Daily
2:40am Good Will Hunting
3:45am Inspector Morse
5:35am Rory Bremner's Great British Views

itv4

7:00am The Sweeney
7:50am Hogan's Heroes
8:15am Hogan's Heroes
8:45am The Professionals
9:50am Ironside
10:50am The Sweeney
11:55am The Chase
12:55pm Counting Cars
1:25pm Counting Cars
1:55pm Pawn Stars
2:25pm Pawn Stars
2:50pm Hogan's Heroes
3:25pm Hogan's Heroes
3:55pm Ironside
6:00pm The Sweeney
7:05pm Counting Cars
7:35pm Counting Cars
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm Goodwood Members Meeting
10:00 Terminator 2: Judgment Day
11:05am FYI Daily
11:10am Terminator 2: Judgment Day
1:50am FYI Daily
1:55am Jaws 3
2:45am River Monsters
3:40am ITV4 Nightscreen

sky CINEMA
ACTION & ADVENTURE

7:05am The Patriot
9:50am The Sorcerer's Apprentice
11:40am Mad Max: Fury Road
1:45pm Underworld
3:50pm Pearl Harbour
6:55pm The Huntsman: Winter's War
9:00pm Mad Max: Fury Road
11:05pm Pearl Harbour
2:10am Babylon A.D.

sky CINEMA
COMEDY

10:00am Dude, Where's My Car?
11:30am How to be Single
1:30pm Ride Along 2
3:20pm Entourage
5:10pm The Top Ten Show 2017
5:30pm Rush Hour 2
7:10pm Robin Hood: Men in Tights
9:00pm Ride Along 2
10:45pm How to be Single
12:45am Dope
2:35am Ali G Indahouse

sky CINEMA
PREMIERE

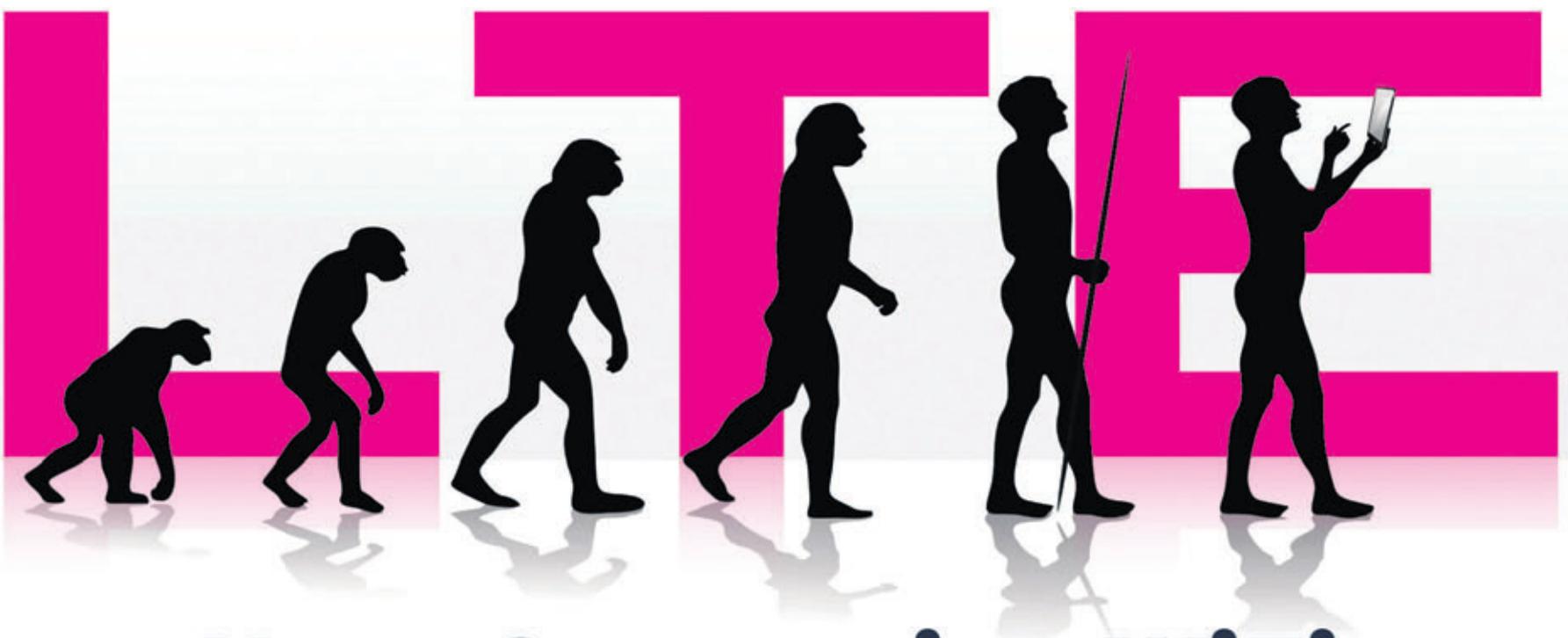
7:00am The Smuggler
A slow-witted drug mule struggles to hold it together after being picked up by the authorities.
9:00am Jane Wants a Boyfriend
A young woman with Asperger's syndrome decides to enter the dating scene despite the concerns of her well-meaning older sister.
11:05am Top Cat Begins
12:50am The Great Wall: Special
1:20pm The Boss
3:10pm Ghostbusters
5:15pm Kong: Skull Island Special
7:20pm Top Cat Begins
9:00pm The Boss
10:45pm Ghostbusters
12:45am The Smuggler
2:40am Casual Encounters< Game On
4:25am

sky SPORTS 2

7:00am Super League Highlights
7:15am Super League Gold
7:30am Rugby Union
9:00am Rugby Union
11:35am Super League Gold
12:00pm Sporting Heroes
1:00pm Cricket Classics
1:30pm Cricket Classics
2:00pm Time of Our Lives
3:00pm Sky Sports Years
4:00pm Sporting Records
4:30pm Sporting Records
5:00pm Cricket's Greatest
5:30pm Cricket's Greatest
6:00pm Sporting Greats
7:00pm Sporting Triumphs
7:30pm Cricket Gold
8:00pm Crolla: The Million Dollar Story
11:30pm Crolla: The Million Dollar Story
11:45pm Boxing
12:00am Cricket's Greatest
1:00am Super League Highlights
1:15am Super League Gold

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BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Mary Berry Everyday
1:00pm	Football Focus
1:30pm	Money for Nothing
2:00pm	BBC News
2:10pm	Weather
2:15pm	Bargain Hunt
3:15pm	Escape to the Country
4:15pm	Wallace and Gromit: A Matter of Loaf and Death
4:45pm	Brave
6:10pm	Who Dares Wins
6:50pm	BBC News
6:50pm	Regional News
7:00pm	Weather
7:10pm	Pointless
7:55pm	Let's Sing and Dance for Comic Relief
9:25pm	Casualty
10:15pm	All Round to Mrs Brown's
11:15pm	BBC News
11:30pm	Weather
11:35pm	Pirates of the Caribbean: At World's End
1:10am	Weather for the Week Ahead
1:15am	BBC News

BBC TWO

8:05am	A Damsel in Distress
9:40am	Hue and Cry
11:00am	Growing Up Wild: Natural World
12:00pm	Homes Under the Hammer
1:00pm	Two Greedy Italians: Still Hungry
2:00pm	Talking Pictures
2:45pm	The Wooden Horse
4:25pm	Flog It!
5:00pm	University Challenge
5:30pm	Only Connect
6:00pm	Gardeners' World
6:30pm	Puerto Rico: Island of Enchantment - Natural World
7:30pm	Wild Ireland
8:30pm	When Lynne Barber Met Phyllida Barlow
9:00pm	Grand Tours of the Scottish Islands
9:30pm	Dad's Army
10:00pm	Geri's 1990s: My Drive to Freedom
11:00pm	Paula Rego: Secrets and Stories
11:45pm	QI XL
1:55am	Albatross

BBC FOUR

8:00pm	Britain's Outlaws: Highwaymen, Pirates and Rogues
9:00pm	Timewatch
	<i>BBC investigative documentary series which takes a new perspective on historical events</i>
10:00pm	Follow the Money
11:00pm	Follow the Money
12:00am	Top of the Pops
	<i>John Peel and David Jensen present the weekly look at the pop charts, first broadcast on 13th January 1983.</i>
12:40am	Top of the Pops
1:15am	People's History of Pop
1:15am	Blondie: One Way or Another
1:30am	Blondie's New York...and the Making of Parallel Lines
3:20am	Big in America
4:20am	Sounds of the Eighties

CHANNEL 4

7:40am	King of Queens
8:10am	British Rally Championships
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	The Big Bang Theory
11:00am	The Big Bang Theory
11:30am	The Big Bang Theory
11:55am	The Simpsons
12:25pm	The Simpsons
1:30pm	Extreme Food
2:00pm	Formula 1
3:50pm	The Restoration Man
4:35pm	A Place in the Sun
5:35pm	Location, Location, Location
6:35pm	Grand Designs
7:30pm	Channel 4 News
8:00pm	Escape to the Chateau
9:00pm	The Best Exotic Marigold Hotel
11:25pm	Robin Hood
3:00am	Ramsay's Kitchen Nightmares USA
3:50am	The Last Leg

CHANNEL 5

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
10:55am	Teenage Mutant Ninja Turtles
11:35am	Access
12:30pm	On Benefits: Life on the Dole
1:30pm	On Benefits: Life on the Dole
2:35pm	Dance Moms
5:15pm	Can't Pay? We'll Take it Away!
7:00pm	Can't Pay? We'll Take it Away!
8:00pm	NCIS: Los Angeles
9:00pm	NCIS: New Orleans
	<i>Drama series following the New Orleans wing of the US navy's dedicated federal agency.</i>
9:55pm	5 News
10:00pm	When Celebrity Goes Horribly Wrong
	<i>The Championship.</i>
1:10am	Super Casino
4:10am	Inside Windsor Castle

4

7:00am	Melissa and Joey
8:10am	Young and Hungry
8:35am	Young and Hungry
9:00am	Black-ish
9:30am	Young and Hungry
9:55am	Young and Hungry
10:20pm	Space Chimps
12:00pm	The Goldbergs
1:00pm	Black-ish
1:30pm	Black-ish
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Addams Family Values
5:00pm	The Goldbergs
5:30pm	The Goldbergs
6:00pm	The Big Bang Theory
6:30pm	Brooklyn Nine-Nine
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Prometheus
12:15am	Gogglebox
1:30am	Bizarre ER
3:30am	Rude Tube
4:30am	The Goldbergs
5:00am	Marvel's Agents of S.H.I.E.L.D.

sky SPORTS 1

7:00am	Live Australian GP: Qualifying
9:45am	Football Gold
10:00am	The Fantasy Football Club
11:00am	Soccer A.M.
12:30pm	International Football Highlights!
1:10pm	The Fantasy Football Club
2:10pm	Crolla: The Million Dollar Story
2:25pm	Boxing
2:40pm	Rugby Union
4:35pm	Boxing Gold
4:55pm	Crolla: The Million Dollar Story
5:10pm	Boxing
5:25pm	International Football Highlights
5:55pm	Live International Football
8:00pm	Boxing
12:30am	Premier League Legends
1:00am	Premier League 100 Club
1:30am	Premier League 100 Club
3:00am	Boxing Gold

itv

7:00am	CITV
10:25am	ITV News
10:30am	Alphabetical
11:30am	Carry on Follow That Camel
1:15pm	ITV News and Weather
1:25pm	Horrid Henry: The Movie
3:10pm	All Star Family Fortunes
4:00pm	Bargain Shop Wars
4:30pm	Tipping Point
5:30pm	The Chase
6:25pm	Local News and Weather
6:40pm	ITV News and Weather
7:00pm	You've Been Framed!
8:00pm	Ant and Dec's Saturday Night Takeaway
9:30pm	The Voice UK
11:20pm	ITV News and Weather
11:35pm	Lethal Weapon
12:35am	The Chase
1:30am	Jackpot247
5:00am	Who's Doing the Dishes?

itv2

7:00am	Totally Bonkers Guinness World Records
7:10am	Emmerdale Omnibus
9:40am	Coronation Street Omnibus
11:35pm	Ant and Dec's Saturday Night Takeaway
12:35pm	Britain's Got Talent
1:35pm	Take me out
2:50pm	Rumour Has It...
3:50pm	FYI Daily
3:55pm	Rumour Has It...
4:55pm	Mr. Bean
5:30pm	Mr. Bean
6:05pm	Despicable Me
7:05pm	FYI Daily
7:10pm	Despicable Me
8:00pm	Scorpion
9:00pm	Evan Almighty
10:00pm	FYI Daily
10:05pm	Evan Almighty
11:00pm	Family Guy
11:30pm	Celebrity Juice
12:55am	Family Guy
1:25am	American Dad!
3:00am	American Dad!

itv3

7:00am	Judge Judy
	<i>The Emmy nominated reality courtroom series, presided over by outspoken family court judge.</i>
7:25am	On the Buses
7:45am	Murder, She Wrote
8:35am	Murder, She Wrote
9:35am	Murder, She Wrote
10:30am	The Pure Hell of St. Trinian's
12:35pm	Inspector Morse
2:55pm	Hans Christian Andersen
4:35pm	Rosemary and Thyme
5:40pm	A Touch of Frost
8:00pm	Midsomer Murders
10:00pm	Lewis
12:00am	Rising Damp Forever
1:00am	Wycliffe
3:05am	ITV3 Nightscreen
	<i>Text-based information service.</i>
3:30am	Teleshopping

itv4

7:00am	The Professionals
7:55am	The Professionals
8:55am	Bundesliga
10:00am	Goodwood Members Meeting
11:00am	ITV Racing: The Opening Show
12:00pm	The Big Fish Off
	<i>Sports gameshow pitting two celebrities against each other in a battle to become top fisherman</i>
1:00pm	Fishing Impossible
2:00pm	Pawn Stars
2:30pm	ITV Racing Live
5:00pm	Pawn Stars
5:30pm	Pawn Stars
5:55pm	Pawn Stars
6:25pm	Pawn Stars
6:50pm	Pawn Stars
7:15pm	Fierce
8:25pm	NewWorld Cup 2018 Qualifier
11:00pm	An Audience with Billy Connolly
12:05am	Assassins
1:10am	FYI Daily
1:15am	Assassins

sky CINEMA ACTION & ADVENTURE

9:15am	Tomorrowland
11:25am	Mission: Impossible - Rogue Nation
1:40pm	Avengers: Age of Ultron
4:05pm	Hitman: Agent 47
5:50pm	King Arthur
8:00pm	Mission: Impossible - Rogue Nation
10:15pm	Avengers: Age of Ultron
12:40am	Die Hard 4.0

sky CINEMA COMEDY

7:35am	The Top Ten Show 2017
7:50am	Get Hard
9:35am	Rock the Kasbah
11:25am	The Intern
1:30pm	Big
3:20pm	Daddy's Home
5:05pm	Galaxy Quest
6:55pm	The Intern
9:00pm	Daddy's Home
10:45pm	Beverly Hills Cop
12:35am	Beverly Hills Cop II
3:25am	Beverly Hills Cop III
5:15am	The Simpsons Movie

sky CINEMA PREMIERE

7:00am	Jane Wants a Boyfriend
9:05am	The Top Ten Show 2017
9:25am	Top Cat Begins
11:10am	Ghostbusters
1:20pm	The Boss
3:05pm	Kong: Skull Island Special
3:35pm	100 Streets
5:20pm	Top Cat Begins
7:00pm	Ghostbusters
9:00pm	The Boss
10:45pm	100 Streets
12:30am	The Lazarus Effect
	<i>Things go badly, badly wrong when pioneering scientists find a way to bring people back from the dead.</i>
3:10am	The Smuggler
	<i>A slow-witted drug mule struggles to hold it together after being picked up by the authorities.</i>
5:00am	The Top Ten Show 2017
5:20am	Top Cat Begins

sky SPORTS 2

7:00am	Cricket
12:30pm	Super League Highlights
12:45pm	Super League Gold
1:00pm	Cricket
2:00pm	Super League Highlights
2:15pm	Super League Gold
2:30pm	Football Gold
2:45pm	Cricket
3:45pm	Rugby Union
6:00pm	Rugby Union
8:30pm	Live International Football
10:30pm	The Fantasy Football Club
11:30pm	Cricket
12:30am	Cricket's Greatest
1:00am	Cricket's Greatest
1:30am	Cricket Classics
3:30am	Cricket's Greatest
4:00am	Cricket
	<i>Day one of the fourth Test between India and Australia at the HPCA Stadium in Dharamsala.</i>

Brexit and the latest act in political drama “project fear”

Nora Johnson
Breaking Views



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

TOGETHER with news that Theresa May’s fired the starting pistol for triggering Article 50 imminently, it was also announced that Parliament will need to pass at least seven controversial bills to prepare Britain for life outside the EU.

Each new law will give MPs and peers the opportunity to influence the terms of Brexit, raising worries for Number 10 that bills could be amended or blocked during what’s already a tight two-year schedule.

But as with all such complex issues, the devil will be in the detail of all of this. Leaving the EU isn’t quite the same as resigning from your golf or gym club. As in all divorces, everything has to be screwed down so you don’t end up being taken to the cleaners. So yes, some turbulent times ahead but surely no surprise to our politicians who, doubtless, will have (or, at least, should have)

been aware of the small print issues before even opening divorce proceedings.

Yet another cause for concern for Number 10, apparently, is the actual wording of the letter triggering Article 50: just how brief or detailed should it be? Well, this is where I feel I can help out with the following which, I’m sure you’ll agree, is neither too brief nor too detailed:

“ There will be law upon law that will need to be repealed or amended.

‘Dear Donald (No, not that one! Donald Tusk, European Council supremo), I’m sorry, but it’s just not working out, so I’ve decided it’s best we split now and divvy up what we’ve built up together over the years.

I’m sure you’ll get along fine and find someone else soon. Bye, Theresa.’

Finally, and back to those seven new laws, this is just the tip of the iceberg. There’ll be law upon law that will either need to be repealed, amended or left for the creation of the ‘Brexit loophole’ that’ll be fully exploited by those in the know.

Oh, and red tape. Buy yours now because it will be sold out in a few years’ time as it’ll soon appear all over the place. You read it here first!

Nora Johnson’s psychological/suspense crime thrillers ‘No Way Back,’ ‘Landscape of Lies,’ ‘Retribution,’ ‘Soul Stealer,’ ‘The De Clerambault Code’ (www.nora-johnson.net) available from Amazon in paperback/Book (€0.99;£0.99) and iBook-store. All profits to Costa del Sol Cudeca cancer charity.



DONALD TUSK: European Council supremo.

Oops I did it again x!

Mike Senker
In my opinion



Views of a Grumpy Old Man

I AM quite techno literate and pretty good with computers and stuff. I love all the apps I can get for my iPhone and I’m always using WhatsApp or messaging and I always finish my messages to family and friends with an x - which, as you all know, represents a kiss.

The other day I was having a WhatsApp row with a plumber and, of course, I finished the message and, like a complete donut, I finished it with an x. I just cyber kissed a plumber I’m having a row with! Where do you go from there? I was absolutely stuffed!

Needless to say we are not using this plumber any more but I am meeting him for a drink next Friday and we will see where it goes from there!

Back to one of my favourite grumps at the moment - Donny Trump. This man just never ceases to amaze me. This week he has managed to fall out with the rapper Snoop Dogg and GCHQ. He just says anything he wants and then leaves his team to clear up the mess. He wakes up at silly o’ clock in the morning and starts tweeting. Mostly I think it’s stuff he has just dreamed of. He says GCHQ bugged his office for Obama then all

his team run around promising he will never say it again. It’s a comedy show. The tweet after he said Obama had his office bugged was about Arnold Schwarzenegger losing his job on the Apprentice. You can’t make this stuff up. Sorry to all you folks that think this man is fit to be POTUS, but you have got this all wrong. The man is a raving lunatic and I will say again, he will not last his first term.

I am usually very pleased with the service I get from the special assistance team at Malaga airport but when I arrived back the other night there was a few of us that needed assistance plus people travelling with them. I was alone. There were about 10 passengers. I travel with my own wheelchair and we were met by two guys driving two trolley things. Now, I can fold my chair up and sit on the buggy but by the time I got there it was full with people that needed assistance and their able bodied travelling companions. I was told someone would be right there to help me but, of course, that never happened and I sat there for a further 20 odd minutes before anyone came back.

So please folks if you don’t need assistance, let the guy in the wheelchair use the service provided. Thanks x. Oops did it again!

Have you ever noticed, and it’s mostly the older generation that do this. When asked if they are married the answer is never yes or no, it’s just a number and a shrug. Are you married? 40 years shrug. mikesenker@gmail.com



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BBC one

7:00am	Breakfast
10:00am	The Andrew Marr Show
11:00am	The Big Questions <i>A series of moral, ethical and religious debates on topical issues.</i>
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Flog It!
3:15pm	Countryfile Spring Diaries
4:00pm	Escape to the Country
5:00pm	Songs of Praise
5:35pm	Shop Well for Less
7:35pm	BBC News
7:50pm	Regional News
7:55pm	Weather
8:00pm	Countryfile
9:00pm	Antiques Roadshow
10:00pm	Line of Duty
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Iron Man 3
1:30am	Celebrity Apprentice USA

BBC TWO

7:45am	Island Parish Sark Winter
8:15am	Around the World in 80 Gardens
9:15am	Gardeners' World
9:45am	Countryfile
10:45am	Saturday Kitchen Best Bites
12:15pm	Nigel Slater: Eating Together
12:45pm	Simply Nigella
1:15pm	The Importance of Being Earnest
2:45pm	Holiday of My Lifetime
3:15pm	Money for Nothing
4:00pm	The House That £100k Built
5:00pm	Back to the Land with Kate Humble
6:00pm	Athletics: World Cross Country Highlights
7:00pm	Inside the Factory
8:00pm	Robot Wars
9:00pm	Top Gear
10:00pm	Turkey with Simon Reeve
11:00pm	Cold in July
12:45am	Live at the Apollo
1:15am	Night Train to Lisbon

BBC FOUR

8:00pm	Revolution and Romance: Musical Masters of the 19th Century
9:00pm	Stunning Soloists at the BBC
10:00pm	6 Music Concert Highlights
11:30pm	The Secret Life of Bob Monkhouse
1:00am	Timewatch <i>BBC investigative documentary series which takes a new perspective on historical events.</i>
2:00am	Tank Men
2:30am	The Century That Wrote Itself <i>Series in which author Adam Nicolson takes an intimate look at the 17th century's diarists and letter writers and how they produced the first great age of self-depiction.</i>
3:30am	How to Get Ahead: At Renaissance Court

CHANNEL 4

7:10am	King of Queens
7:35am	Dreamteam
8:30am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	The Simpsons
2:00pm	The Simpsons
2:30pm	The Simpsons
3:00pm	Formula 1
5:40pm	The Restoration Man
6:45pm	Location, Location, Location
7:30pm	Channel 4 News
8:00pm	Our Guy in China
9:00pm	Rivers with Jeremy Paxman
10:00pm	Homeland
11:00pm	Gogglebox
12:00am	8 Out of 10 Cats
1:00am	Does Countdown
3:00am	UK's Best Place to Live
3:55am	Great British Buildings: Restoration of the Year Ep1

CHANNEL 5

7:00am	Milkshake! <i>Programming aimed at children aged two to seven years old.</i>
11:10am	Teenage Mutant Ninja Turtles
11:45am	The Princess Bride <i>Funny fantasy yarn for all the family.</i>
1:35pm	The Wizard of Oz
3:35pm	The Parent Trap
6:00pm	Dirty Dancing
7:00pm	5 News
7:05pm	Dirty Dancing
8:00pm	Michael Jackson's This is it <i>Documentary chronicling the creative preparations and rehearsals for the late Michael Jackson's planned This Is It concerts.</i>
10:00pm	Man in the Mirror: The Michael Jackson Story
12:05am	Michael Jackson on Trial
2:00am	Kings of Pop
2:55am	Super Casino
4:10am	All New Traffic Cops

4

7:00am	Rude(Ish) Tube Shorts
7:10am	Rude(Ish) Tube
7:35am	Black-Ish
7:55am	Space Chimps 2: Zartog Strikes Back
9:25am	Hollyoaks Omnibus
12:00pm	Made in Chelsea
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	FilmIron Man 2
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	The Adjustment Bureau
1:05am	Tattoo Fixers
2:05am	The Goldbergs
2:40am	Marvel's Agents of S.H.I.E.L.D.
3:35am	Gap Year

sky SPORTS 1

7:00am	Race: Live Australian GP
	<i>The 2017 Formula 1 season begins with the Australian Grand Prix from the Melbourne Grand Prix Circuit.</i>
9:00am	Live Australian GP: Paddock Live
10:00am	Premier League Legends
10:30am	The Sunday Supplement
12:00pm	Goals on Sunday
1:00pm	Football
3:30pm	Football
5:55pm	Live International Football
8:00pm	Live International Football
11:00pm	International Football Highlights
11:30pm	Goals on Sunday
12:30am	International Football Highlights
1:00am	International Football Highlights
1:30am	International Football Highlights
2:00am	Boxing Gold
2:30am	Darts Gold

itv

7:00am	CITV
10:25am	ITV News
10:30am	Countrywise
11:00am	Peston on Sunday
12:00pm	Wild Australia with Ray Mears <i>Nature documentary exploring the wildlife of Australia.</i>
12:25pm	Who's Doing the Dishes?
1:10pm	ITV News and Weather
1:15pm	The Voice
3:05pm	Dr. No
5:15pm	ITV News and Weather
5:30pm	World Cup Qualifier England v Lithuania Live.
8:30pm	You've Been Framed!
9:00pm	Vera
11:00pm	ITV News and Weather
11:15pm	World Cup Qualifier 2018 Highlights
12:30am	The Nightly Show
	Best Bits
1:00am	Aviva Premiership Rugby Highlights

itv2

7:00am	Emmerdale Omnibus
9:30am	Coronation Street Omnibus
11:25am	The Voice UK
1:20pm	You've Been Framed!
1:50pm	The Hot Desk
2:00pm	Zawesome
2:05pm	Guidance
2:40pm	Fame High
3:00pm	Third Wheel
3:15pm	Third Wheel
3:30pm	L.A. Story
3:50pm	Cats and Dogs: The Revenge of Kitty Galore
4:50pm	FYI Daily
4:55pm	Cats and Dogs: The Revenge of Kitty Galore
5:25pm	Ant and Dec's Saturday Night Takeaway
7:00pm	Catchphrase
8:00pm	Freaky Friday
9:00pm	FYI Daily
9:05pm	Freaky Friday
10:00pm	Ibiza Weekender
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy

itv3

7:00am	Hans Christian Andersen
8:45am	Heartbeat <i>Drama, set in the North Yorkshire moors in the 1960's.</i>
9:50am	Heartbeat
10:50am	Murder, She Wrote
11:50am	Murder, She Wrote
12:50pm	Sherlock Holmes: The Hound of the Baskervilles
3:10pm	Anne of Green Gables...
4:55pm	Agatha Christie's Marple
7:00pm	Midsomer Murders
9:00pm	Paul O'Grady: For The Love of Dogs
9:30pm	Paul O'Grady: For The Love of Dogs
10:00pm	It'll be Alright on the Night
11:00pm	Rising Damp Forever
12:10am	Rising Damp
1:10am	FYI Daily
1:15am	Rising Damp
2:05am	Inspector Morse
4:00am	May the Best House Win

itv4

7:00am	Football's Greatest: Bobby Charlton
7:15am	The Wine Show
8:10am	Hogan's Heroes
8:45am	Hogan's Heroes
9:15am	Storage Wars
9:45am	Pawn Stars
10:10am	Pawn Stars
10:40am	Pawn Stars
11:05am	Pawn Stars
11:35am	All Quiet on the Western Front
12:35pm	FYI Daily
12:40pm	All Quiet on the Western Front
2:40pm	Bend in the River
3:40pm	FYI Daily
3:45pm	Bend in the River
4:30pm	The Horse Soldiers
5:30pm	FYI Daily
5:35pm	The Horse Soldiers
6:55pm	Fishing Impossible
8:00pm	The Big Fish Off
9:00pm	Rugby
10:00pm	Ransom
11:05pm	FYI Daily
11:10pm	Ransom
12:25am	Fire Down Below
1:25am	FYI Daily
1:30am	Fire Down Below

sky CINEMA ACTION & ADVENTURE

9:30am	John Carter
11:50am	Captain America: Civil War
2:25pm	The Great Escape
5:25pm	Masters of the Universe
7:15pm	The Scorpion King
9:00pm	Captain America: Civil War
11:30pm	13 Hours: The Secret Soldiers of Benghazi
2:00am	Collateral Damage

sky CINEMA COMEDY

10:10am	Police Academy 7: Mission to Moscow
11:40am	Airheads
1:20pm	Zoolander 2
3:10pm	Grease
5:05pm	Talladega Nights: The Ballad of Ricky Bobby
7:10pm	Meet the Parents
9:00pm	Zoolander 2
10:45pm	Dodgeball: A True Underdog Story
12:30am	Brüno
2:00am	Superbad
4:00am	The Night Before

sky CINEMA PREMIERE

7:00am	Kong: Skull Island Special
7:30am	The Great Wall: Special
8:00am	Ghostbusters
10:00am	The Boss
11:50am	100 Streets <i>British drama following the tangled, interconnected lives of a group of Londoners.</i>
1:40pm	Moonwalkers
3:30pm	Top Cat Begins
5:15pm	Ghostbusters
7:15pm	The Boss <i>Comedy about a disgraced entrepreneur looking to launch a comeback with the reluctant help of her former PA.</i>
9:00pm	100 Streets
10:45pm	Moonwalkers
12:35am	The Smuggler
2:30am	Jane Wants a Boyfriend
4:35am	Casual Encounters

sky SPORTS 2

7:00am	Cricket
12:30pm	Cricket
1:30pm	Sporting Triumphs
1:45pm	Sporting Triumphs
2:00pm	Cricket
3:00pm	Boxing
4:55pm	Live Top 14
6:50pm	Rugby Gold
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket
8:30pm	Live International Football
11:00pm	Cricket
12:00am	Boxing
2:00am	Football's Greatest Teams
2:30am	Premier League 100 Club
3:00am	Spanish Football Gold
3:15am	Spanish Football Gold
3:30am	Spanish Football Gold
3:45am	Spanish Football Gold
4:00am	Football's Greatest Teams
4:30am	Cricket Gold

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a range of 25km



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20km range



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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:15am	Holding Back the Years
11:00am	Homes Under the Hammer
12:00pm	Fugitives
12:45pm	Fake Britain
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Code
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	Inside Out
9:00pm	EastEnders
9:30pm	Question Time
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	All Round to Mrs Brown's
12:45am	Have I Got a Bit More
1:30am	Old News for You
1:30am	Weather for the Week Ahead

BBC TWO

8:15am	Money for Nothing
9:00am	Great Interior Design Challenge
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Building Dream Homes
3:00pm	The TV That Made Me
3:45pm	Who Do You Think You Are?
4:45pm	More Creatures Great and Small
5:15pm	Life Story
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	Top Gear
9:00pm	University Challenge
9:30pm	Mary Berry Everyday
10:00pm	Amazing Hotels: Life Beyond the Lobby
11:00pm	Cradle to Grave
11:30pm	Newsnight
12:10am	Weather
12:15am	Imagine...
1:10am	Incredible Medicine: Dr Weston's Casebook

BBC FOUR

8:00pm	100 Days
8:30pm	Great Irish Journeys with Martha Kearney
9:00pm	Yellowstone
10:00pm	Crash and Burn
11:00pm	Storyville <i>Series showcasing the best in international documentaries.</i>
12:20am	Oceans <i>The team explores the coastal waters of the Indian Ocean to discover what happens when the powerful Indian Ocean collides with the edge of a continent</i>
1:20am	Horizon <i>Series exploring topical scientific issues.</i>
2:20am	Inside Porton Down: Britain's Secret Weapons Research Facility
3:20am	Storyville

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	Vet on the Hill
2:05pm	Posh Pawn
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Sun Sea and Selling Houses
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Dispatches
9:30pm	Travel Man
10:00pm	24 Hours in A and E
11:00pm	How'd You Get So Rich?
11:45pm	Tattoo Fixers
12:50am	Three Wives, One Husband

CHANNEL 5

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:10pm	5 News
1:15pm	Can't Pay? We'll Take it Away!
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	A Sister's Nightmare
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	MotoGP
9:00pm	Police Interceptors
10:00pm	Inside King's Cross: The Railway
11:00pm	All New Traffic Cops
12:00am	Fury
2:30am	Super Casino
4:10am	Yorkshire: A Year in the Wild
5:00am	Tribal Teens... Here Comes Trouble
5:45am	House Doctor <i>Home improvement series that works its magic on neglected homes.</i>

4

7:00am	Suburgatory
7:20am	Charmed
8:05am	Coach Trip
8:35am	Hollyoaks
9:05am	Rules of Engagement
9:35am	Rules of Engagement
10:00am	Last Man Standing
10:30am	Last Man Standing
11:00am	Charmed
12:00pm	Charmed
1:00pm	How I Met Your Mother
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Last Man Standing
5:30pm	Last Man Standing
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	New Girl
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Made in Chelsea
11:00pm	Empire
12:00am	The Big Bang Theory

sky SPORTS 1

7:00am	Football Gold
7:30am	Football Gold
8:00am	WWE Raw
9:00am	Goals on Sunday
10:00am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	Football's Greatest Moments
2:00pm	Great Sporting Moments
2:15pm	Great Sporting Moments
3:00pm	Premier League Legends
3:30pm	Premier League Legends
4:00pm	Spanish Football Gold
4:15pm	Spanish Football Gold
4:30pm	Football Gold
4:45pm	Football Gold
5:00pm	Live ATP Masters 1000- Miami
3:30am	The Premier League Years
5:30am	Football Gold <i>A chance to relive some classic matches from the English top flight.</i>

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Chopping Block
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	The Kyle Files
9:30pm	Coronation Street
10:00pm	Broadchurch
11:00pm	The Nightly Show
11:30pm	ITV News
12:15am	Peston on Sunday
1:15am	The Nightly Show
1:40am	Jackpot247
4:00am	The Jeremy Kyle Show
4:50am	Nightscreen

itv2

7:00am	You've Been Framed!
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
10:00pm	Family Guy
10:30pm	The Great Indoors
11:00pm	American Dad!
11:30pm	American Dad!
12:00am	Family Guy

itv3

7:00am	You're Only Young Twice
7:25am	Heartbeat
8:25am	Where the Heart is
9:20am	The Royal
10:20am	Judge Judy
10:50am	Judge Judy
11:20am	Judge Judy
11:45am	Road to Avonlea
12:55pm	The Darling Buds of May
2:05pm	Heartbeat <i>Drama, set in the North Yorkshire moors in the 1960's.</i>
3:05pm	The Royal
4:10pm	Where the Heart is
5:15pm	You're Only Young Twice
5:50pm	Doctor at Large
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	Foyle's War
12:00am	Britain's Busiest Airport - Heathrow
1:00am	Inspector Morse
3:05am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	The Sweeney
7:50am	Hogan's Heroes
8:15am	Hogan's Heroes
8:45am	Ironsides
10:50am	The Sweeney
11:50am	The Chase
12:55pm	Counting Cars
1:25pm	Counting Cars
1:50pm	Pawn Stars
2:20pm	Pawn Stars
2:50pm	Hogan's Heroes
3:25pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Sweeney
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Chase: Celebrity Special
10:00pm	Parking Wars
11:00pm	The Glimmer Man
12:05am	FYI Daily
12:10am	The Glimmer Man
1:00am	Rugby
2:00am	The Professionals
3:00am	Hogan's Heroes
3:25am	Hogan's Heroes
3:55am	ITV4 Nightscreen

sky CINEMA ACTION & ADVENTURE

1:20pm	Cop Out
3:10pm	X-Men Origins: Wolverine
5:05pm	The Day the Earth Stood Still
6:55pm	The Chronicles of Riddick
9:00pm	The Huntsman: Winter's War
11:00pm	X-Men Origins: Wolverine
12:50am	Enemy of the State

sky CINEMA COMEDY

8:00am	Bad News Bears
10:00am	Search Party
11:40am	The Bad Education Movie
1:20pm	Ted 2
3:20pm	Unfinished Business
5:00pm	The Top Ten Show 2017
5:15pm	Stir Crazy
7:15pm	Austin Powers: The Spy Who Shagged Me
9:00pm	The Hangover
10:45pm	Ted 2
12:45am	Revenge of the Nerds

sky CINEMA PREMIERE

7:00am	Casual Encounters
8:45am	Jane Wants a Boyfriend
10:50am	The Great Wall: Special
11:20am	Welcome to Happiness
1:25pm	The Boss
3:20pm	100 Streets <i>British drama following the tangled, interconnected lives of a group of Londoners</i>
5:10pm	Moonwalkers
7:00pm	Welcome to Happiness
9:00pm	The Boss
10:45pm	100 Streets
12:35am	Moonwalkers
2:25am	Casual Encounters
4:05am	The Smuggler <i>A slow-witted drug mule struggles to hold it together after being picked up by the authorities.</i>

sky SPORTS 2

7:00am	Cricket
12:30pm	Cricket
1:30pm	Sporting Triumphs
1:45pm	Sporting Triumphs
2:00pm	Cricket Gold
2:10pm	Cricket Gold
2:20pm	Cricket Gold
2:30pm	Sporting Triumphs
2:45pm	Sporting Triumphs
3:00pm	Sky Sports Years
4:00pm	Cricket
5:00pm	Cricket
6:00pm	Cricket
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Cricket
9:00pm	Cricket
10:00pm	Cricket
11:00pm	Sporting Greats
11:30pm	Sporting Rivalries
12:00am	Sporting Rivalries
12:30am	Cricket
1:30am	Cricket
2:30am	Cricket
3:30am	Cricket Gold
3:40am	Cricket Gold
3:50am	Cricket

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BBC one

BBC TWO

BBC FOUR

CHANNEL 4

CHANNEL 5

4

sky SPORTS 1

7:00am	Breakfast
10:15am	Holding Back the Years
11:00am	Homes Under the Hammer
12:00pm	Fugitives
12:45pm	Fake Britain
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Code
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Holby City
10:00pm	Rio Ferdinand: Being Mum and Dad
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Panorama Investigative documentary.
12:15am	Fugitives

7:30am	Fugitives
8:15am	Money for Nothing
9:00am	The Big Painting Challenge
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Super League Show
2:45pm	Countryfile
3:00pm	The TV That Made Me
3:45pm	Who Do You Think You Are?
4:45pm	More Creatures Great and Small
5:15pm	Life Story
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	The Best of British Takeaways
9:00pm	Stargazing 2017
10:00pm	American Justice
11:00pm	Inside No 9
11:30pm	Newsnight
12:10am	Weather
12:15am	Turkey with Simon Reeve
1:15am	SAS: Rogue Warriors
2:10am	Further Back in Time for Dinner

8:00pm	100 Days News
8:30pm	Great Irish Journeys with Martha Kearney Documentary
9:00pm	1066: A Year to Conquer England History Documentary
10:00pm	Gravity and Me: The Force That Shapes Our Lives Documentary
11:30pm	Television's Opening Night: How the Box Was Born Documentary
12:30am	Alan Johnson: The Post Office and Me Documentary
2:00am	Pop! The Science of Bubbles Scientist Documentary, 2013. Physicist Dr Helen Czerski takes us on a journey into the science of bubbles.
3:00am	Gravity and Me: The Force That Shapes Our Lives

7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	Vet on the Hill
2:05pm	Posh Pawn
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Sun Sea and Selling Houses
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Secret Life of the Zoo
10:00pm	Mutiny
11:00pm	Catastrophe
11:30pm	This is Us
12:30am	Gogglebox

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:10pm	5 News
1:15pm	On Benefits and 40 Grand in Debt
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: New Orleans
4:15pm	Amish Abduction
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
	<i>The national and international news, including reports, live updates and interviews.</i>
8:00pm	Police Interceptors
9:00pm	The Secret Lives of Puppies: Meet My New Families
10:00pm	Yorkshire: A Year in the Wild
11:00pm	When Celebrity Goes Horribly Wrong
2:00am	Super Casino
4:10am	GPs: Behind Closed Doors

7:00am	Suburgatory
7:20am	Charmed
8:05am	Coach Trip
8:35am	Hollyoaks
9:05am	Rules of Engagement
10:00am	Last Man Standing
11:00am	Charmed
1:00pm	How I Met Your Mother
2:00pm	The Goldbergs
3:00pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Last Man Standing- the Spotlight
5:30pm	Last Man Standing
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	New Girl
9:00pm	The Goldbergs
9:30pm	Black-ish
10:00pm	Tattoo Fixers
11:00pm	Bizarre ER
12:00am	The Big Bang Theory
1:00am	First Dates
2:00am	Celebs Go Dating
3:00am	Tattoo Fixers
4:00am	Bizarre ER
4:50am	The Goldbergs
5:15am	Black-ish

7:00am	Football Gold
8:00am	WWE SmackDown!
9:00am	Premier League Legends
10:00am	Premier League 100 Club
10:30am	Soccer AM: The Best Bits 2016/17
11:00am	The Premier League Years
1:00pm	Football's Greatest
2:00pm	Great Sporting Moments
2:15pm	Great Sporting Moments
3:00pm	Premier League Legends
4:00pm	ATP Masters 1000- Miami Highlights
5:00pm	Live ATP Masters 1000- Miami Day seven of the Miami Open presented by Itaú from the Tennis Center at Crandon Park.
1:00am	La Liga World
1:30am	Premier League 100 Club
2:00am	Premier League 100 Club

itv

itv2

itv3

itv4

sky CINEMA ACTION & ADVENTURE

sky CINEMA PREMIERE

sky SPORTS 2

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Chopping Block Cookery series in which novice chefs are put through their paces at a tough cookery school.
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Britain's Busiest Motorway Documentary.
9:00pm	Martin Lewis Live
10:00pm	Play to the Whistle
11:00pm	The Nightly Show
11:30pm	ITV News
12:15am	Prime Suspect 1973
1:15am	The Nightly Show

7:00am	You've Been Framed!
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Hell's Kitchen
11:00pm	Plebs
11:30pm	Family Guy
12:00am	Family Guy

7:00am	You're Only Young Twice
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Road to Avonlea
12:45pm	The Darling Buds of May
2:00pm	Heartbeat
3:00pm	The Royal
4:05pm	Where the Heart is
5:15pm	You're Only Young Twice
5:50pm	Doctor at Large
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.
9:00pm	Midsomer Murders
11:00pm	A Touch of Frost
1:10am	A Touch of Frost
3:15am	ITV3 Nightscreen

7:00am	World Cup Rivalries: Brazil v Italy
7:15am	The Sweeney
8:05am	Hogan's Heroes
8:30am	Hogan's Heroes
9:00am	The Professionals
10:00am	Ironsides
11:05am	The Sweeney
12:10pm	The Chase
1:10pm	Counting Cars
1:40pm	Counting Cars
2:05pm	Pawn Stars
2:35pm	Pawn Stars
3:05pm	Hogan's Heroes
3:35pm	Hogan's Heroes
4:05pm	Ironsides
5:15pm	The Professionals
6:15pm	The Sweeney
7:15pm	Counting Cars
7:40pm	Pawn Stars
8:10pm	Pawn Stars
8:40pm	International Football Live
11:00pm	Lethal Weapon
12:00am	The Glimmer Man
1:05am	FYI Daily
1:10am	The Glimmer Man
1:55am	Bear Grylls: Mission Survive
3:00am	Hogan's Heroes

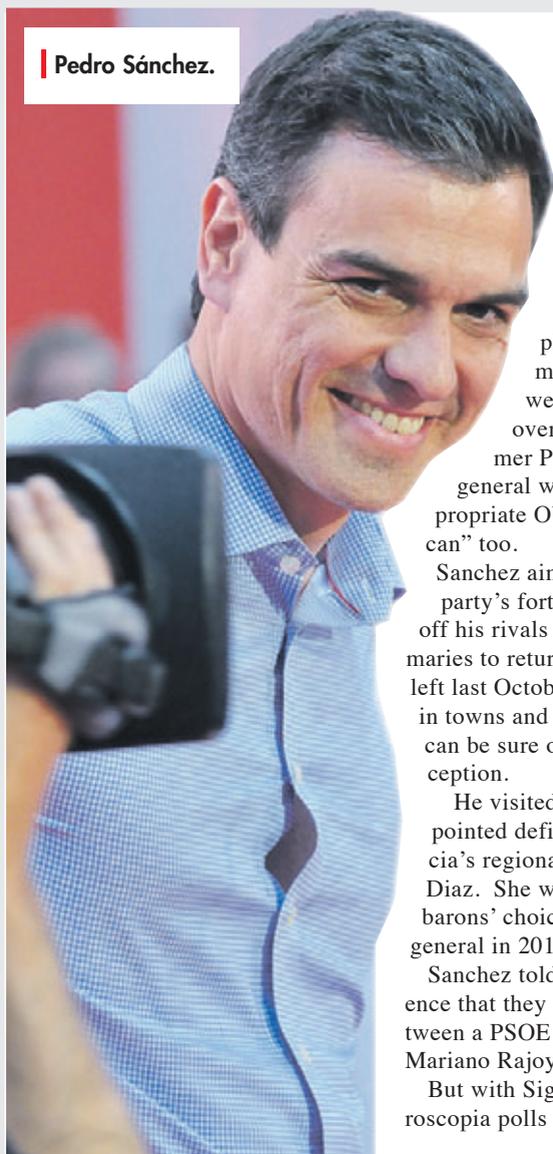
11:25am	The Lord of the Rings: The Return of the King
2:45pm	Charlie's Angels
4:30pm	Spider-Man
6:35pm	Marvel's Avengers Assemble
9:00pm	Hitman
10:40pm	The Lord of the Rings: The Return of the King
2:00am	Marvel's Avengers Assemble

sky CINEMA COMEDY

7:45am	Pitch Perfect 2 Special
8:15am	Me Him Her
10:00am	Ghostbusters
12:05pm	Pitch Perfect 2 Special
12:35pm	Click
2:30pm	Big Daddy
4:10pm	Billy Madison
5:50pm	Hot Pursuit
7:25pm	Office Space
9:00pm	Pixels
11:00pm	Ghostbusters
1:00am	Bachelor Party

9:00am	Moonwalkers
10:50am	The Top Ten Show 2017
11:10am	100 Streets
1:00pm	The Boss
2:55pm	Kong: Skull Island Special
3:25pm	12 Rounds 3: Lockdown
5:10pm	Welcome to Happiness Fantasy drama about a struggling children's author who rents an apartment containing a portal to a land of second chances.
7:15pm	100 Streets British drama following the tangled, interconnected lives of a group of Londoners.
9:00pm	The Boss
10:45pm	12 Rounds 3: Lockdown
12:25am	Moonwalkers

7:00am	Cricket
12:30pm	Cricket
1:30pm	Cricket's Greatest
2:00pm	Cricket
3:00pm	Sky Sports Years
4:00pm	Cricket
5:00pm	Cricket
6:00pm	Cricket
7:00pm	Top 14 Highlights
7:30pm	Super League Fulltime 2017
8:00pm	Live Greyhound Racing
10:30pm	Sporting Mavericks
11:00pm	Sporting Records
11:30pm	Sporting Records
12:00am	Football's Greatest Teams
12:30am	Football's Greatest
1:00am	WWE From the Vault
1:15am	WWE From the Vault
1:30am	NFL
1:40am	NFL
1:50am	NFL
2:00am	Sporting Mavericks
2:30am	Sporting Records
3:00am	Sporting Records
3:30am	Football's Greatest Teams
4:30am	NFL



Pedro Sánchez.

Accentuate the positive

PEDRO SANCHEZ'S "No means no" has metamorphosed into "Yes means yes." If it weren't somewhat overworked, the former PSOE secretary general would probably appropriate Obama's "Yes we can" too.

Sanchez aims to restore the party's fortunes by beating off his rivals in the May primaries to return to the post he left last October, barnstorming in towns and cities where he can be sure of a rapturous reception.

He visited Cadiz recently in pointed defiance of Andalusia's regional president Susana Diaz. She was the party barons' choice for secretary general in 2014 and still is.

Sanchez told his enrapt audience that they must choose between a PSOE that supports Mariano Rajoy "or us."

But with Sigma Dos and Metroscofia polls putting Unidos

Cassandra Nash

A weekly look

- and not entirely impartial reaction - to the Spanish political scene

Podemos in second place after Rajoy's Partido Popular it looks as though a hefty number of voters could make an entirely different choice.

Unfair advantage

EIGHT of the people convicted of terrorism linked to the Madrid bombs that killed 192 commuters on March 11, 2004 are now free.

Most would prefer to see them serving life-means-life terms but the law is the law and has to be the same for all.

How fortunate that they can benefit from the rights and freedoms they and their caliphate want to destroy.

Non-shock tactics

JORGE FERNANDEZ DIAZ, former Interior minister who engendered the infamous Public Safety Law, popularly known as the Gagging Law, continued working while undergoing cancer treatment.

He kept quiet about it and the news of his illness - and undeniable bravery - has only emerged now. This coincides with the creation of the parliamentary

commission investigating recorded conversations that revealed his plans for a 'dirty war' in Cataluña.

Fernandez Diaz, an openly religious man who belongs to the Catholic sect Opus Dei and goes to Mass each day, wanted to discredit separatist politicians by linking them to corruption.

He made a bloomer there, though. Sadly, like everyone in Spain, the Catalans are so used to corruption they are no longer shocked by it but have come to expect it.

Same difference

PODEMOS has discarded its scornful use of Caste to dismiss and deride Spain's principal parties. It is now using Trama to convey the sleazy network of corruption that permeates Spanish politics although Podemos is in no position to throw the first stone. Their little fiddles include undeclared earnings (Monedero), an abused academic grant (Errejon), social security cheat (Echenique) and social housing sold at a profit (Espinar). Comparatively modest rip-offs, but nice little earners all the same.

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BBC one

7:00am	Breakfast
10:15am	Holding Back the Years
11:00am	Homes Under the Hammer
12:00pm	Fugitives
12:45pm	Fake Britain
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Code
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	MasterChef
10:00pm	DIY SOS The Big Build
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Peter Kay's Car Share
12:15am	A Question of Sport
12:50am	Weather for the Week Ahead
12:55am	BBC News

BBC TWO

8:15am	Money for Nothing
9:00am	Mary Berry Everyday
9:30am	Great British Railway Journeys Goes to Ireland
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Holiday of My Lifetime
3:00pm	The TV That Made Me
3:45pm	Who Do You Think You Are?
4:45pm	More Creatures Great and Small
5:15pm	Life Story
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	Great Continental Railway Journeys
9:00pm	Stargazing 2017
10:00pm	Incredible Medicine: Dr Weston's Casebook
11:00pm	Mock the Week
11:30pm	Newsnight
12:10am	Weather
12:15am	American Justice
1:15am	The Secrets of Your Food

BBC FOUR

8:00pm	100 Days
8:30pm	Great Irish Journeys with Martha Kearney
9:00pm	How Quizzing Got Cool: Tv's Brains of Britain
10:00pm	London: A Tale of Two Cities with Dan Cruickshank
11:00pm	Brian Pern: A Tribute
11:40pm	Brian Pern at the BBC
12:00pm	Digging for Britain <i>Dr Alice Roberts follows an entire year of British archaeology, joining up the results of digs and investigations the length of the country.</i>
1:00am	Who Were the Greeks?
2:00am	1066: A Year to Conquer England
3:00am	The Art of Gothic: Britain's Midnight Hour
4:00am	Crash and Burn

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Undercover Boss USA
12:00pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	Vet on the Hill
2:05pm	Posh Pawn
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Sun, Sea and Selling Houses
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Hidden Restaurants with Michel Roux Jr
10:00pm	The Royal House of Windsor
11:00pm	999: What's Your Emergency?
12:00am	Bare Knuckle Fight Club

CHANNEL 5

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	To B&B the Best
1:10pm	5 News
1:15pm	The Gadget Show
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:15pm	Killer Switch
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	America's Hidden Pyramid City
9:00pm	GP's: Behind Closed Doors
10:00pm	Can't Pay? We'll Take it Away!
11:00pm	One Night with My Ex
12:05am	Extraordinary People
1:05am	The Last Days of George Michael
2:00am	Super Casino
4:10am	Shannon Matthews: What Happened Next
5:00am	Britain's Greatest Bridges
5:45am	House Doctor

4

7:00am	Suburgatory
7:20am	Charmed
8:05am	Coach Trip
8:35am	Hollyoaks
9:05am	Rules of Engagement
10:00am	Last Man Standing
11:00am	Charmed
1:00pm	How I Met Your Mother
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Last Man Standing
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	New Girl
9:30pm	The Big Bang Theory
10:00pm	Timeless
11:00pm	Supernatural
12:00am	The Big Bang Theory
12:30am	The Big Bang Theory
1:00am	First Dates
2:00am	Celebs Go Dating
3:00am	Timeless
3:50am	Supernatural
4:40am	Rules of Engagement
5:05am	Rules of Engagement
5:30am	New Girl
5:55am	Charmed

sky SPORTS 1

7:00am	Football Gold
8:00am	WWE Experience
9:00am	Premier League Legends
10:00am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	Football's Greatest
2:00pm	Great Sporting Moments
3:00pm	Premier League Legends
4:00pm	Spanish Football Gold
4:30pm	Football Gold
5:00pm	Football's Greatest
6:00pm	Premier League 100 Club
7:00pm	Premier League Legends
8:00pm	ATP Masters 1000- Miami Highlights
9:00pm	Live ATP Masters 1000- Miami
11:00pm	Barclays Premier League World
11:30pm	Premier League 100 Club
12:00am	Premier League Legends
1:00am	Barclays Premier League World

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning <i>The popular morning lifestyle magazine show with advice, chat and competitions.</i>
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Chopping Block
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale <i>Popular long-running soap opera, set in a Yorkshire village.</i>
8:30pm	Coronation Street
9:00pm	Little Big Shots
10:00pm	Benidorm
11:00pm	The Nightly Show
11:30pm	ITV News
12:15am	When Phillip Met Prince Philip

itv2

7:00am	You've Been Framed!
7:25am	Who's Doing the Dishes?
8:15am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	You've Been Framed!
10:00am	You've Been Framed!
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Hellboy II: The Golden Army
11:00pm	FYI Daily
11:05pm	Hellboy II: The Golden Army
12:25am	Family Guy

itv3

7:25am	Heartbeat <i>Drama, set in the North Yorkshire moors in the 1960's.</i>
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Road to Avonlea
12:50pm	The Darling Buds of May
1:55pm	Heartbeat
3:00pm	The Royal
4:00pm	Where the Heart is
5:10pm	You're Only Young Twice
5:45pm	Doctor at Large
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote <i>Drama series about a sleuthing writer who solves murder mysteries.</i>
9:00pm	Lewis
11:00pm	A Touch of Frost
1:00am	A Touch of Frost
3:15am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping

itv4

7:00am	The Sweeney
7:50am	Hogan's Heroes
8:15am	Hogan's Heroes
8:50am	The Professionals <i>Action-packed drama series about two criminal-intelligence agents.</i>
9:55am	Ironsides
11:55am	The Chase
1:00pm	Counting Cars
1:30pm	Counting Cars
1:55pm	Car Chasers
2:25pm	Pawn Stars
2:50pm	Hogan's Heroes
3:25pm	Hogan's Heroes
3:55pm	Ironsides
5:00pm	The Professionals
6:00pm	The Sweeney
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:00pm	Cliffhanger
11:00pm	FYI Daily
11:05pm	Cliffhanger
12:15am	Lethal Weapon
1:10am	The Big Fish Off
2:10am	Fishing Impossible
3:05am	River Monsters
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

9:35am	Hitman: Agent 47
11:20am	Avengers Confidential: Black Widow and Punisher
12:50pm	Night at the Museum
2:50pm	Self/Less
4:50pm	Ant-Man
6:50pm	Spider-Man 2
9:00pm	King Arthur
11:10pm	Ant-Man
1:10am	Hitman: Agent 47
7:00am	Romancing the Stone
9:00am	Pitch Perfect 2 Special
9:30am	Spud
11:25am	Trapped
1:25pm	Dad's Army
3:10pm	Pitch Perfect 2 Special
3:40pm	Dope
5:30pm	Year One
7:15pm	Crocodile Dundee
9:00pm	Dad's Army
10:45pm	Vacation
12:30am	Death at a Funeral
2:10am	National Lampoon's Animal House

sky CINEMA PREMIERE

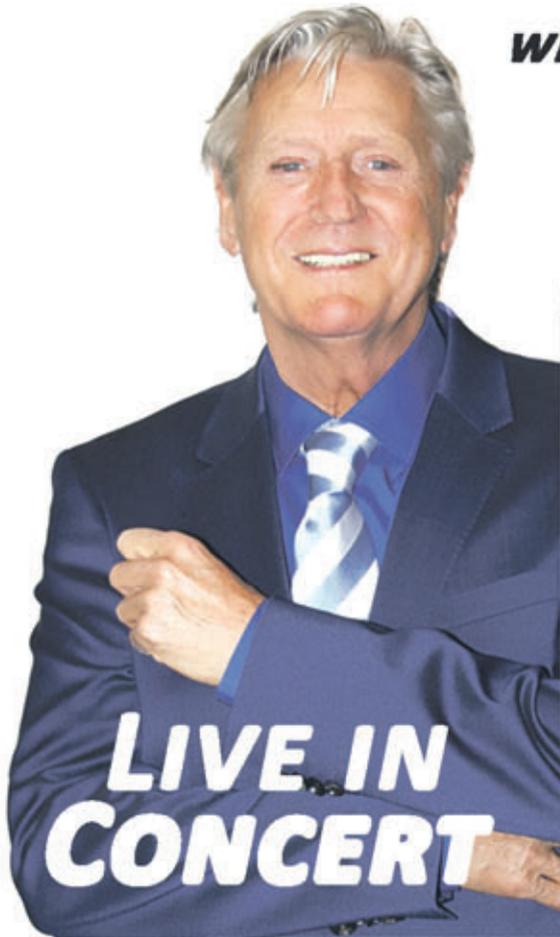
7:00am	Casual Encounters
8:30am	Moonwalkers <i>Conspiracy theory comedy starring Ron Perlman as an unstable CIA agent tasked with faking the moon landing in case the real thing doesn't work out.</i>
10:15am	Welcome to Happiness
12:15pm	The Boss
2:00pm	100 Streets
3:45pm	12 Rounds 3: Lockdown <i>A loose cannon detective faces a battle to clear his name after corrupt colleagues frame him for murder.</i>
5:25pm	The Smuggler
7:15pm	The Boss
9:00pm	100 Streets
10:45pm	Valley of Love
12:30am	12 Rounds 3: Lockdown
2:15am	Moonwalkers
4:05am	Welcome to Happiness

sky SPORTS 2

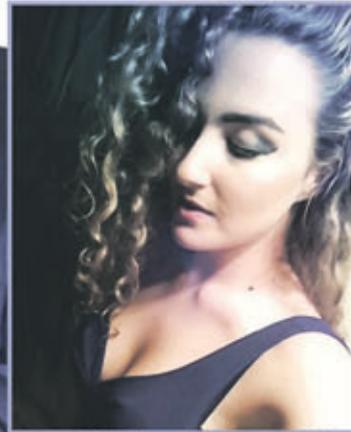
7:00am	Cricket
12:30pm	Cricket
1:30pm	Sporting Triumphs
1:45pm	Sporting Triumphs
2:00pm	Cricket Gold
2:10pm	Cricket Gold
2:20pm	Cricket Gold
2:30pm	Sporting Triumphs
2:45pm	Sporting Triumphs
3:00pm	Sky Sports Years
4:00pm	Cricket
5:00pm	Cricket
6:00pm	Cricket
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Barclays Premier League World
8:30pm	Cricket
9:30pm	Cricket
10:30pm	Cricket's Greatest
11:00pm	Cricket's Greatest
11:30pm	Cricket
12:30am	Cricket
1:30am	Cricket Gold
1:40am	Cricket Gold
1:50am	Cricket Gold
2:00am	Cricket World Cup Classics
3:00am	Sporting Rivalries
3:30am	Sporting Rivalries

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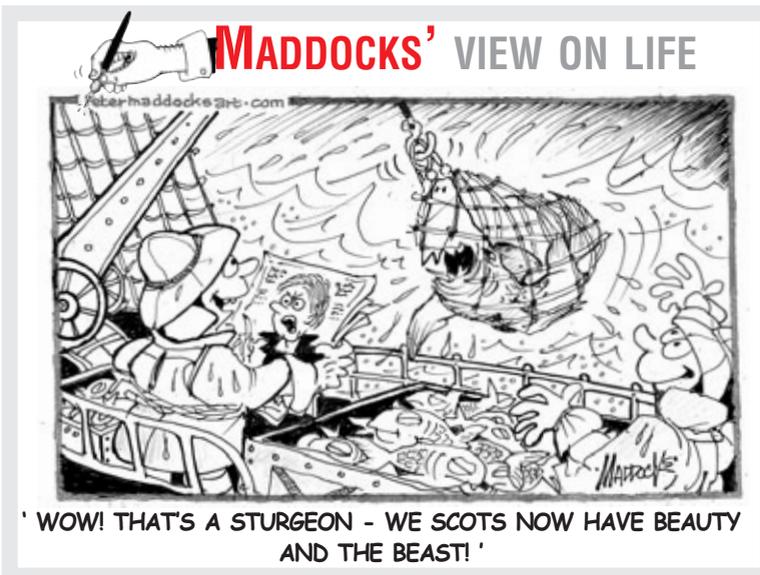
Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

	9	10		10	14
9			7		
			21		
20					
		15			
	14	10			
10				11	8
26					
6			14		

LAST WEEK'S SOLUTION

	5	32		23	16
11	3	8	7	4	3
8	2	6	8	2	6
		21	9	2	3
20	4	5	3	8	14
4	1	3	14	5	9
7	5	2	6	1	5



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case T) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 9 • Good: 12
- Very good: 18 • Excellent: 23

LAST WEEK'S SOLUTION

army arty dory doty dray many mayo myna nary tony tray troy tyro yard yarn adyta anomy atomy atony dorny mayor moray randy rayon tardy toady today dynamo notary amatory anatomy drayman yardman MANDATORY

LOTTERY

UK NATIONAL LOTTERY

Saturday March 18

3	8	19	BONUS BALL
26	37	41	43

IRISH LOTTO

Saturday March 18

9	11	18	BONUS BALL
24	30	44	46

EURO MILLIONS

Tuesday March 14

3	5	21	BONUS BALL
36	44	6	

Friday March 17

6	10	19	BONUS BALL
29	36	9	

LA PRIMITIVA

Saturday March 18

3	5	14	BONUS BALL
21	28	43	6

EL GORDO DE LA PRIMITIVA

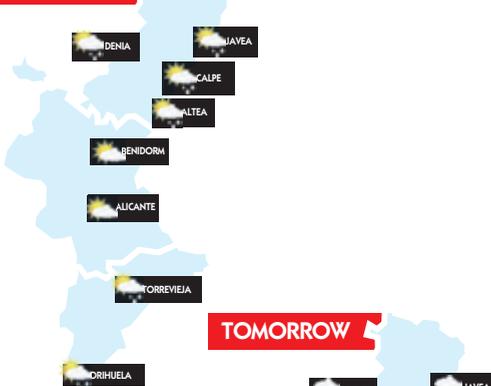
Sunday March 19

8	20	34	BONUS BALL
39	44	4	

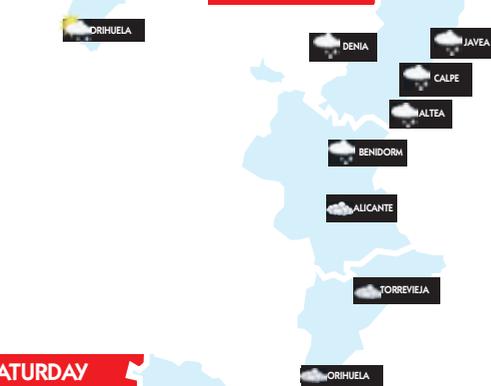
Costa Blanca

weather

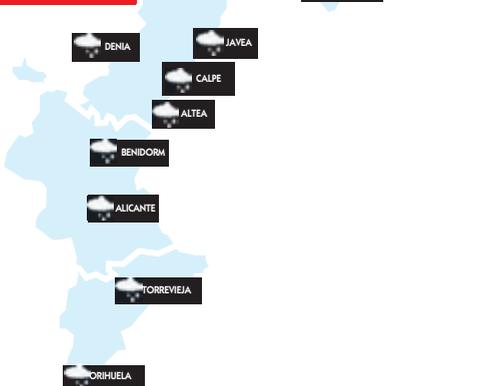
TODAY



TOMORROW



SATURDAY



S: Sun C: Clear F: Fog C: Cloudy Sh: Showers Sn: Snow Th: Thunder

Alicante

TODAY: MAX 16, MIN 18 - C

Fri -	13	8	Sh
Sat -	15	8	Sh
Sun -	17	10	C
Mon -	18	11	C
Tues -	19	11	Sh
Wed -	19	11	C

Bilbao

TODAY: MAX 11, MIN 2 - SH

Fri -	12	7	Cl
Sat -	13	8	Sh
Sun -	14	6	Sh
Mon -	17	7	Sh
Tues -	16	7	Sh
Wed -	17	7	Sh

Almeria

TODAY: MAX 16, MIN 8 - C

Fri -	14	7	C
Sat -	16	9	C
Sun -	18	11	Cl
Mon -	19	11	Sh
Tues -	19	11	Sh
Wed -	20	12	Cl

Madrid

TODAY: MAX 12, MIN -1 - C

Fri -	14	3	C
Sat -	10	2	Sh
Sun -	15	4	Sh
Mon -	15	4	Sh
Tues -	17	4	Sh
Wed -	18	4	Sh

Barcelona

TODAY: MAX 15, MIN 8 - C

Fri -	13	11	Sh
Sat -	13	9	Sh
Sun -	15	9	Sh
Mon -	16	9	C
Tues -	16	10	C
Wed -	17	9	C

Malaga

TODAY: MAX 15, MIN 5 - CL

Fri -	14	5	C
Sat -	15	7	C
Sun -	17	10	C
Mon -	18	9	Sh
Tues -	20	10	Sh
Wed -	21	10	Sh

Benidorm

TODAY: MAX 16, MIN 7 - C

Fri -	13	8	Sh
Sat -	15	8	Sh
Sun -	17	10	C
Mon -	17	10	C
Tues -	18	10	C
Wed -	18	10	Cl

Mallorca

TODAY: MAX 17 MIN 7 - C

Fri -	15	8	Sh
Sat -	15	8	Sh
Sun -	17	8	Sh
Mon -	18	8	Sh
Tues -	19	8	Cl
Wed -	20	8	S

Euro Weekly News strives for accuracy, but cannot be held responsible for the accuracy of published forecasts

Sudoku

Fill the grid so that every row, every column and every 3x3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

			5	1				
	8	1						6
	5			2				4
				5	6	3		
				9				8
				9	3			8
7		3	4					2
9				6				1

LAST WEEK'S SOLUTION

4	5	3	7	9	8	2	6	1
2	6	7	3	4	1	5	9	8
1	9	8	5	6	2	7	4	3
7	4	2	8	3	5	6	1	9
8	3	5	6	1	9	4	7	2
9	1	6	2	7	4	8	3	5
5	7	1	4	2	3	9	8	6
6	8	9	1	5	7	3	2	4
3	2	4	9	8	6	1	5	7

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- ✓ Fixed exchange rates for regular transfers.
- ✓ Save money when buying or selling property in Spain.



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Expansion congratulations!!!

IT'S great news the notice of your expanding. Toast for your independent voice!!!

Llorer-dô Sartre, Mallorca

Last word

MIGHT I suggest that your 'correspondent' Roy Peters should get a life and accept that we're queer, we're here and we're not going away? Yours.

David Sharpe, Torremolinos

Go Leapy!

OVER in Costa del Sol to escape the UK winter for a couple of months. Just wanted to let you know how refreshing to read your insightful comments last week on Tony Blair and this week on the UK media. At last someone who not only sees the real situation but

comments publicly.

You have a fan - pity our own media, as you so rightly point out, are incapable of being more supportive and positive rather than putting their own selfish 'spin' on stories that they don't want to believe.

Steve UK, resident

Cala Mosca

WITH reference to the ongoing battle to save 'Cala Mosca,' a fight that has been going on for several years now. Isn't it time Orihuela City started to show some consideration to the wishes of people of the Costa and back them in this battle? Or is it as so many people on the Costa believe that the Orihuela City Council only see the Costa as a cash cow and offer nothing?

Yes we have a town hall which has a limited police office and other official offices to collect revenue. We also have a Suma Office to collect revenue.

Do we have an ambulance station? NO. Do we have a fire station? NO. Why? Because no revenue can be collected from these services. The same as other services denied to the habitants of the Costa. No library, no theatre, nowhere to bury our loved ones, the list goes on.

If Orihuela City Council continues to bury its head in the sand this battle may be the straw to break the camel's back. Orihuela Costa should seek to be either independent or governed by a closer municipality. Could either San Miguel or Torrevieja do a better job?

So come on Orihuela City

come out and support the fight of the people, support the Battle for Cala Mosca. Or the fight may be against you?

TJ Sawkins, Orihuela Costa

Safer roads

I UNDERSTAND work is complete on the bridge between the Bourganvilias and Puerto Rey roundabouts.

We are relieved that cyclists and pedestrians can now use the additional path and cross the bridge safely. However, we notice some people are not using it due to having to negotiate the abrupt end of the concrete on to rough ground and a ridge up to the road.

Couldn't the town hall manage some additional concrete for a smoother passage?

Coral, Vera Playa

COMMENTS from EWN Online

» Scots referendum

MAY does not like this. She instantly gave her arguments for being against it by telling Sturgeon, you are being divisive and it would be stupid economically to leave your biggest market. It seems she thinks it is stupid for the Scots to leave the Union but it is a good idea for us to leave an even bigger one. Talk about the contradiction of the Pot calling the Pan, Sooty Arse. It seems that England is run by fools. This is however a good idea for some, when it allows those at the top to line their own pockets at the expense of the majority.

Peter

» Police inhibitor Torremolinos

WHAT an interesting and quite disturbing story. Some 10 years ago I recall staying with a friend in Alcazar de San Juan. He lived directly opposite a police station. The next day when I tried to start my car it was dead. My pal towed me to a local Renault garage. There the mechanic could find no problem, as my car started at the first attempt. We drove away very puzzled and relieved.

My pal, who is Spanish, was convinced that it was something to do with the Police Station transmissions opposite his apartment block. So it would appear that this problem has been going on for some considerable time and apart from the inconvenience. Thankfully no one has been injured... yet.

Roy Leon

» More damage on the coast

TIME for the world to put some real effort into sorting out climate change. When we all do nothing about it, then this will get worse year on year.

Roy Peters

» Leo the Lion

THE most positive thoughts I can muster are sent to be with him. Hope he can come out a winner.

Peter

» House of Lords withdrawal

THE House of Lords should have not even tried to interfere in this process, for a house of people that are supposed to be intelligent they have shown again the bunch of fools most of them are, the sooner this gray train of mostly old fools is abolished the better for everyone... except them of course.

I really do not see any point in setting out any amendments in Article 50 at this stage, doesn't make any common or logical sense to do that before any negotiating has started. I understand the frustration from those who are not capable of understanding the way the EU citizen situation will most likely go forward but I am afraid if those people cannot grasp the likelihood of what will logically happen then unfortunately that is their problem, the process of Brexit must go forward with an open slate, no cards up and no closed options on the table either.

Shows how much these fat cat idiots trying to prove their existence are so much out of touch with reality, why they should not have tried to interfere in their attempt at delaying the process that only makes an aggravated situation aggravating and gives even more reason as to why they should be abolished.

Mike in ESP

» Photographs for possible publication should be sent by email with a full caption to: photonews@euroweeklynews.com

Valenciano spoken

“ THE economy of the Costa Blanca is very dependent on tourism and construction.

Foreigners and tourists contribute a very important part to this.

It is therefore important that foreigners feel welcome and can communicate with the locals.

In that light, it is difficult to understand that the Valencian government and various municipalities, including Alfaz del Pi, endeavour to promote Valenciano. This is to the extreme drawn in education. Good English teachers are not accepted as they do not speak Valenciano!

With high unemployment, particularly among youth, one might expect that more importance should be attached to the fluency in English, Ger-



! MORE IMPORTANCE: Should be attached to fluency in other languages.

man and French.

From the government it must be expected that residents' interests is a top priority. With the actions of promoting Valenciano, the interests of the resi-

dents of the province are being sacrificed to nationalistic purposes.

The many unemployed people and especially the youth deserve better!

Kees Hilgers

HAVE YOUR SAY

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited.

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Dr Najma Hussain.

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Her wealth of experience in the field includes teaching facial rejuvenation at Complutense University of Madrid, and working as a consultant plastic surgeon in the burns unit of Alicante Hospital.

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Complementing Medcare's aesthetic doctors, Practice Nurse, Susie McCrossan completes the aesthetics team. As well as being Medcare's medical nurse, Susie also performs non-surgical aesthetic treatments such as Dermapen and Exilis Elite, achieving excellent results in the reduction of fat, reshaping of the body, tightening of loose skin and minimis-

ing of lines and wrinkles. One of Susie's patients currently undergoing Dermapen for sun damage and dull skin is delighted with the results, stating that her skin is softer and that the sun marks on her face have now disappeared.

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Brits drinking less alcohol

A THIRD of British drinkers have reduced or limited their alcohol intake over the last 12 months, although the survey that revealed this statistic did not question the drinking habits of their expat counter-parts living in Spain.

Research from Mintel reveals that 32 per cent of all British people have reduced or limited the alcohol they drink in the year from November 2015 to November 2016, compared to what they would normally consume. Half (51 per cent) of the nation's beer, wine and cider drinkers say they are drinking less alcohol than a few years ago, confirming Brits are actively moderating their drinking habits.

But why the cutbacks?

Is it for health reasons?

Well the survey reported that economical factors were the main reason for consumers to reduce their drinking with over two in four (44 per cent) saying they have done so to save money, with 41 per cent saying they reduced their alcohol intake to

lose or avoid gaining weight.

Additionally, some 14 per cent of all those who have cut back on alcohol have done so because they are worried about becoming dependent on alcohol and the same proportion have cut back to stay within current NHS and government guidelines.

The consumers most likely to have cut

back at some point are those aged 25-34 (35 per cent) and 35-44 (36 per cent); meanwhile, geographically this peaks at 41 per cent in the North East and dips to 27 per cent in the South East/East Anglia.

Mintel, the world's leading market intelligence agency, said these figures show a significant opportunity for low-alcohol

and alcohol-free beers, ciders and wines.

Today, lower-alcohol beer, cider or wine is drunk by around one quarter (23 per cent) of alcohol drinkers, while overall, 14 per cent of Brits drink non-alcoholic or alcohol-free beer, cider or wine.

For more information on Mintel, visit www.mintel.com



ALCOHOL INTAKE: Thirty two per cent of all British people have reduced the amount they drink.

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Less is more when it comes to your hair

ACCORDING to the experts, today the average woman washes her hair more often than ever. In fact, in 1908 the *New York Times* published an article which advised women to wash their hair once every two weeks, instead of once a month.

Nowadays, the idea of going weeks without shampoo seems completely alien. But did our grandmothers have the right idea? Hairdressers around the world advise us to wash our hair, on average, once every three days. However, many women confess to shampooing every other day or even daily.

There is some evidence that many ingredients in our shampoos can be as harmful for the environment as it is for our scalps. Sulphates can strip the hair of essential and natural oils, instead producing more sebum which makes it greasy.

This leads us into a vicious cycle of



SHAMPOO: Can be harmful to the scalp.

washing seemingly with no end. Women with curls are advised to wash their hair even less, or even use conditioner as a substitute, removing daily build up in a much gentler manner. This has given rise to the 'no poo' movement gaining momentum amongst celebrities, swapping shampoo for conditioner or more natural alternatives.

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Nearly 300,000 affected by Parkinson's

NEARLY 300,000 Spaniards are suffering from Parkinson's disease according to a study by the Complutense University of Madrid (UCM).

They studied and reviewed almost 100 papers and reports to analyse the incidence of the disease in Spain and concluded that it affects around 300,000 people with a new case being diagnosed per 10,000 inhabitants each year.

From the different articles studied, the scientists have made an estimate of the cost of therapies for each patient, concluding that if some of the most advanced therapies are used, such as deep brain stimulation and duodopa gel, this

can amount to between €17,000 and €50,000 per patient per year.

However, these patients are usually a minority within the group, since only a small number of patients meet the appropriate requirements to qualify for these treatments.

The study also highlights that the highest incidence of the disease is in people between 70 and 79 years. In the case of women, the highest prevalence occurs up to 85 years. In addition, the mortality from this disease is double that of people who do not suffer from the disease and their quality of life deteriorates acutely as the condition progresses.

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Try yoga to fight against depression

A STUDY has found that
yoga could help combat de-
pression.

Harvard University in
Massachusetts and Colum-
bia University in New York,
held a 12-week study in-
volving 30 people, practis-
ing yoga and breathing ex-
ercises. Participants, who
had all been diagnosed with
major depressive disorder,
were split into two groups
with one taking three
classes a week and
one taking two yo-
ga classes each
week.

Their depressive

symptoms were measured at
the start of the study and at
the end and found that
symptoms had declined
considerably in both
groups.

Previous studies have
shown that yoga increases
serotonin production which
is a mood stabiliser and this
can help ease symptoms of
depression.

Depression affects around
6.7 per cent of the US
population and more
and more doctors are
beginning to suggest
yoga before prescrib-
ing anti-depressants.



YOGA: Can help ease symptoms of depression.

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Controlling your weight



SPECIALIST: Doctor Luis Perez Belmonte.

ACCORDING to the UN Food and Agriculture Organi-
sation, one in every four British adults is obese, with
more than half the population predicted to be excessively
fat by 2050.

The cause of the rapid rise in obesity has been associ-
ated with modern life trends, such as our increasing re-
liance on cars, television, computers, desk jobs and high
calorie food.

What is obesity?

Obesity is a chronic ill-
ness characterised by an ex-
cessive accumulation of fat
in the body, both on an ex-
ternal level (under the skin)
and an internal level (be-
tween and entering vital or-
gans). This causes an in-
crease in body weight and
volume which affects peo-
ples' lives.

What's the difference between being overweight and being obese?

There are different levels
of excess fat and obesity.
The easiest way to differen-
tiate and classify the prob-
lem is known as the corpo-
ral mass index, which is
calculated by dividing
weight by the square of
height in metres. If this
gives a number between 25
and 29.9 then the person is
overweight, if the result is
more than 30 they are con-
sidered obese.

Is obesity dangerous?

Obesity is considered to
be a major cardiovascular
risk, meaning people with
obesity are more likely to
have heart attacks, strokes,
etc. Today it is considered
the most frequent pre-
ventable cardiovascular risk
and has virtually become
the epidemic of the 21st
century. It is not just an aes-
thetic problem, it is a real
health risk. Also, type two
diabetes is usually associat-
ed to obesity.

What can I do to con- trol it?

There are various differ-
ence causes but most are
down to an imbalance be-
tween the amount of energy
we put into our bodies and
how much we use each day.
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obesity and lose weight is
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Are you a victim of the vicious sleep cycle?

FEELING exhausted night after night but as soon as your head hits the pillow, feel as though you are wide awake? You are not alone and according to sleep experts, the phenomenon is actually a learned disorder with the brain reliving previous sleepless nights.

Experts say it is called 'conditional arousal' and is a vicious circle meaning the more nights you spend tossing and turning in bed unable to sleep, the more likely the brain is going to associate going to bed with staying awake.

Equally, for those who are good sleepers, going to bed each night triggers the auto response of sleepiness and will



WIDE AWAKE: Turn down the lights before bed to start getting the brain into sleep mode.

help you easily drift off to sleep.

For sufferers, there are some ways to help remedy the negative cycle. Some recommend cognitive behavioural therapy for insomnia (CBT-I), which works by changing the thoughts and behaviours which affect sleep.

Caffeine and alcohol should be avoided and turn down the lights before bed to start getting the brain into sleep mode.

Also avoid computers, tablets and mobiles before bedtime as the blue light they give off suppresses the production of melatonin which helps you to sleep.

70 per cent of MS cases are in women

SEVENTY per cent of patients diagnosed with multiple sclerosis (MS) in Spain, are women.

Dr Luisa María Villar, a neurologist at the Ramon y Cajal Hospital in Madrid,

explains that "there are genetic, environmental and hormonal factors that are associated with a more active immune response in women and, in return, they have an increased risk of developing autoim-

mune diseases, such as MS."

The first symptoms usually appear in women aged from 20-40. MS damages nerve cells in the brain and spinal chord resulting in a range of symptoms includ-

ing double vision, muscle weakness and trouble with coordination.

Some suffer from isolated attacks with relapses or in others, symptoms build up over time in a progressive form.

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TO READ MORE

A toast for St Patrick's Day

By Caroline Tyszka

ST PATRICK'S DAY, one of the most celebrated expat community events in Spain, turned Benidorm into a sea of green on Friday March 17.

Thousands turned up to the resort dressed as leprechauns, walking Guinness bottles and four leaf clovers to celebrate the Irish patron saint, Patrick.

Whilst many towns in Spain hosted events, Benidorm has a reputation for holding one of the biggest with The Shamrock Bar on Calle Gerona being a focal point.

Many people enjoying the party had specifically booked the weekend to join in the fun, this included The Butterfield family, Tommy, Andrew, Geraldine and friends from Limerick in Ireland.

Tommy said: "This is our first St Patrick's Day party in Benidorm, we are having a great time, and the atmosphere is brilliant."

Mandy and Mick from Barnsley had booked for a double celebration, a friend's 50th birthday and the St Patrick's event.

Mandy said: "We have never done this before, everyone has been so friend-



SEA OF GREEN: Thousands dressed up for the occasion.

ly, and it is definitely something that will go on our 'to attend' calendar."

Elsewhere around the world the patron saint was honoured with over 240 sites, from Rome to Rio and London to Las

Vegas, turning a shade of green.

Some of the more unusual 'greenings' were three of Australia's famous 'Big Things' - The Big Banana, The Big Kangaroo and The Big Tas-

manian Devil. In the Nairobi National Park, Kenya two rhino statues went green as well as the Big Nickel - a giant replica of the Canadian five-cent coin from 1951, in Sudbury, Canada.

Niall Gibbons, CEO of Tourism Ireland, said: "This is the eighth year of Tourism Ireland's Global Greening initiative and it's bigger and better than ever, with some wonderful, and unusual, new additions like the Ethiopian Airlines aircraft in Addis Ababa and The Kelpies in Scotland. Our aim is to bring a smile to the faces of people around the world."

Walk or run for charity

VILLAJYOYOSA holds the 10th edition of its annual solidarity run this Sunday, March 26.

The adults' 8.7 kilometre run leaves the Paseo Marítimo at 10am and walkers set out on their five-kilometre route from the Paseo five minutes later. The children's races will begin at approximately 11.30am.

As always, both participants and spectators are asked to donate dry food supplies, including drinking chocolate and sugar, which will be donated to Caritas in Villajoyosa.

It is possible to register beforehand on the www.somesport.com webpage or at the Club Atletisme Triatlo in Villajoyosas.

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Tattoo convention a success

By Caroline Tyszka

THE first ever Tattoo Convention on the Costa Blanca proved to be a resounding success as tattoo artists from all over Spain showed off their talents.

The three-day event, held over the St Patrick's Day weekend at the Hotel Mediterraneo in Benidorm, was organised by RKA Tattoos and Benidorm All Year Round.

Visitors were able to get tattoos and piercings at the show or just watch others having theirs, along with enjoying the many shows which included Burlesque dancing, body painting, Johnny Strange, a Guinness Book of Records sword swallower, a fashion show and even activities for the younger ones.

One of the special guests present was Brazilian-born Elaine Davidson, the Guinness World Record holder for being the most pierced woman with 10,000, give or take, piercings.



TATTOO ARTISTS: Showed off their talents.

Elaine, who now lives in Edinburgh had flown over specifically to be part of the resort's first convention.

Forty stands, all very busy, exhibited their craft and entered the many competitions that had been organised, including body painting prizes and tattoo model contests.

Live performances from White Coast Rebels amongst



others kept the audience entertained each day, with a special erotic show by Shantika Hezzell enthraling the crowd.

Shantika said: "I have had a great time at my first convention, it was lovely to spend time with my family, friends, and now, many new friends."

It is hoped that the convention will become an annual event for tattoo enthusiasts from all over the world, and had the full support of Benidorm Town Hall together with the Tourism Board, being promoted at the many travel fairs that they attended throughout Europe.

Karen of RKA Tattoos said: "It has been the most amazing, fantastic experience, I am utterly exhausted but it has been an honour to bring so many talented people together all under one roof, the list of people to thank is endless, and the

love and support has been incredible. Now for a few days rest and then time to plan the 2018 event."

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AGRES: Cava Gran was an ice store.

Ice house excursion sets out

By Linda Hall

THE walk to the Neveros (ice houses) in Agres planned for last February had to be cancelled owing to bad weather.

Instead the excursion organised by the Montaña Peña El Frare and Callosa's Culture department will now set out from Callosa on April 2, leaving Dia supermarket by coach at 8am. The return journey leaves after lunch at around 4pm.

The walk is of difficulty but suitable for all the family.

Once in Agres the 10-kilometres route will

take in the centuries' old ice houses where the winter snows were stored, to be sold as ice during the summer.

The walkers will have the opportunity of inspecting the 17th century Cava Gran or Arquejada, one of the biggest and best-preserved of the ice houses on the north-facing slopes of Aitana, the Carrasqueta and Mariola.

The excursion costs €5 each for adults and €3 for under-14s. Places are limited but reservations can be made at the Casa de Cultura 'Jaume Pastor Fluixa' in Callosa or on 965 880 946.



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Gender violence seminar

By Linda Hall

PROFESSOR Johan Galtung's March seminar tackles gender violence this weekend.

Entitled 'Violence against

women: how to end the continuing slaughter' it will be held on March 24 and 25 at the Playa de Albir Social Centre. Galtung, a Norwegian sociologist, mathematician, is

the principal founder of the discipline of peace and conflict studies.

"Twenty women have been killed so far in 2017, the worst start of the year for gender violence in a decade," said Alfaz's Presidency councillor Rocio Guijarro.

Sexist violence also took the life of a baby killed by its father with the sole purpose of hurting the mother and a further five children are now motherless, Guijarro added. "Children are the least visible victims of these conflicts," she said.

More than 800 women have died at the hands of partners since Spain introduced the current Gender Violence Law, a sobering figure that needs an immediate response from society, Guijarro continued.

Galtung's International Centre for Conflict Resolution Alpha, Delta, Pi in collaboration with Alfaz Town Hall has decided to "to address this social scourge and try to shed some light on the issue from the perspective of mediation and dialogue," Guijarro announced.

Walk in Altea for foodies

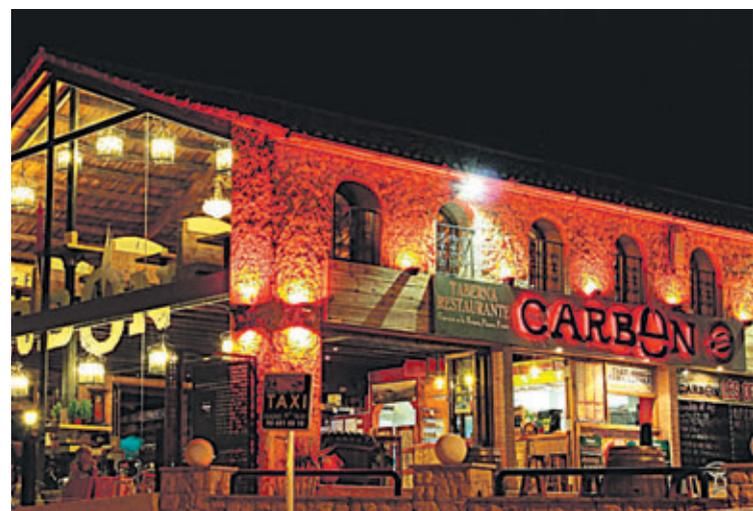
A TWO-HOUR walk through Altea's rural areas this Sunday, March 26, centres on local gastronomy.

The walk follows one of the five 'Camins d'Altea' selected for residents and visitors to discover the town's neighbourhood chapels, monumental trees, architecture and its centuries' old mills and irrigation channels. The walk is led by nutritionist Ana Zaragoza, and is linked to another route in the town, the l'Horta de Primavera tapas route where until April 9 foodies can visit participating bars and restaurants. This walk sets out from the town hall at 10am.

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GOOD WINE AND
GOOD FRIENDS
WITH
GARRY WAITE**



THERE HAS BEEN MUCH discussion over the last few years, as to what will happen when Britain leaves the European Union. Understandably people in Spain are concerned for their positions. Will they be able to stay? Will they be able to work? How safe are their properties? Well, I am no politician and have no insight into the machinations of such things, but personally I can't see the Spanish government spitting out their dummies to lose the investments and current taxes etc that the expats provide to their economy.

But of course it is not just the expats in Spain and the rest of Europe it is those that are from Europe and living and working in the UK. The very far right and the racist element have been shining on their policy 'all the foreigners are taking our jobs!!' I think that could be a gross exaggeration. The Eastern Europeans - and there's a lot of bad 'uns!! - usually are hard working and yes they will work for less than maybe their British counterparts, but the British themselves can be work shy, preferring over generous benefit pay outs to an actual job.

God knows what would happen to the NHS in the UK if it were not for the thousands of expat doctors and nurses. BUT, the catering industry would be hit even harder. And it's not that employers are trying to find the cheapest employee.

We do know however that 'immigrant' workers will work harder and longer so as to ensure they can live in their new found home. That applies to those that live and work here and I am sure many other European countries.



**AN AMUSING LOOK:
At a Prêt a Manger sandwich.**

A case in question is the Prêt a Manger fast food sandwich chain. Only one in 50 people that apply for jobs are British, according to the company's HR Director Andrea Wareham.

Speaking at a House of Lords economic affairs select committee investigating Brexit and the labour market held on March 8 this year, she said it was a difficulty in attracting, rather than selecting, British workers, and that 65 per cent of Prêt's workforce is made up of EU nationals.

She said the company would struggle to fill its vacancies with British-only applicants. Her concern was not just the chance of losing her workforce if it was a hard Brexit and EU nationals were refused permission to stay, but how she would fill the vacancies if no more 'Europeans' were allowed in.

It would not seem to be a question of salaries either. The average worker gets around £16,000 a year including free lunches and paid breaks. Managers earn around £33,000. But it is hard to get people into the Hospitality industry as many people still do not consider it a 'cool' career. I suppose it's back to the old acorn of unsociable hours. I have always found the hours very sociable as when everyone is having a good time, I'm sharing it with them!!

SPEAKING OF SOMEONE WHO HAS MADE THE JOB COOL,

Gordon Ramsay! Despite his 'effin and blinding he is a great Chef and a successful businessman. At first it has to be said probably because of the backing of his father-in-law, Chris Hutcheson, as Managing Director of Gordon Ramsay Holdings.

But things went sour in 2010 when there was a public spat as Gordon fired his father-in-law for embezzlement. The now 67-year-old was accused of hacking into his private and company computers and stripping the company of more than £1.4 million.

It would appear that Tana Ramsay's father has been living a double life and had another family for more than 30 years that produced more children to add to the four he already had. He even paid his mistress £5,000 a month. He also put his son and wife on the payroll and wrote himself five figure cheques.

After an acrimonious split which left Tana siding with Gordon after finding out what her cheating father had been up to Gordon paid Hutcheson £2 million in severance and share purchase in 2010, but in December of 2012 Ramsay was awarded £250,000 compensation when a judge ruled that the Hutcheson family were in breach of confidence as they hacked into



GORDON RAMSAY: With wife Tana miscarrying last year it's been a difficult couple of years for the celebrity chef and millionaire businessman.

the company computers.

This story has taken a twist now, as Chris Hutcheson - along with his sons Adam and Chris Hutcheson Jnr and daughter Orlanda Butland - has been charged under Operation Tuleta with conspiring to cause a computer to access programs and data without authority, between October 23, 2010 and March 3, 2011.

All four appeared at Westminster Magistrates' Court on March 14 of this year and spoke only to confirm their names and addresses. Prosecutor Dan Suter told the court that the prosecution was brought by the International Justice and

Organised Crime Division.

Describing it as a "convoluted" case with voluminous amounts of paperwork, he said it concerned "hacking of a computer system of Gordon Ramsay Holding Ltd and email accounts of company employees."

Senior district judge Emma Arbuthnot granted unconditional bail to all four defendants until April 11 when a preliminary hearing has been scheduled at the Old Bailey.

Even a cool chef, TV personality, millionaire and very happily married man can't get everything right!!

CHELTENHAM GOLD CUP last week. What a spectacle!! I was born in Cheltenham - quite a while ago now - and was there until I was about four years old. But I did get back there to work in the early years. I was Assistant Manager of the Carlton Hotel in Parabola Road with a great cigar chomping Welshman by the name of Alan Terret as my General Manager.

Although the memories are fading I do recall a character that was a client of the hotel Mike 'somethin'-or-other' who was a Ferrari driving young millionaire. He decided to take a few of his fellow drinking buddies and me to Gold Cup Day. It was chucking with rain and we went straight into the VIP tent where Champagne and Guinness (not necessarily together - although they do make a Black Velvet) were in full flow. Oysters, Caviar, Lobster etc all courtesy of our friend!! Huge screens meant that we didn't have to get wet to watch the races. Fabulous day out.

Didn't go again until some few years later when I opened the De La Bere hotel just on the edge of Cheltenham town. A beautiful boutique hotel by a fledgling company owned by Michael and Sally Cannon. Again invited by a millionaire client on Gold Cup Day and repeated the exercise!! As an aside I have just read an old press cutting from the Bristol Evening Post from 2012 where the then 73-year-old Cannon had a wealth of £240 million and was ranked

321st in the Forbes Rich List. So there is money in catering!!! Mind you, he did buy and sell a few pub chains over the years. I wonder if he is still around?

THOSE PEOPLE WHO KNOW ME are aware that my favourite quaffing wine, especially when the sun shines, is a good quality Spanish Rosado, from the Navarra or maybe the Penedes. I am not a lover of blush rosés which include the French and American varieties. But I was intrigued by a quote from Jeremy Clarkson (see the balloon above!) that I had a quick look at the very well-known and popular Whispering Angel. It's a blush, from France, from a good house, Chateau D'ESCLANS. Apparently, also rated by people such as Noel Gallagher, as well as many wine specialists and reviewers.

If anyone out there has tried it please let me know what you think!!

**WHISPERING ANGEL:
A French blush rosé.**



ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

Be a property winner

AS Donald Trump might say, the most important thing when investing in property is to win, and to win big. Make sure you maximise your future profit, and enjoy your new home and peace of mind. Avoid the most common mistakes made by buyers of off-plan properties.

Whether you're buying in Spain or Zimbabwe there is no excuse to buy solely on impulse. Don't recklessly jump in to one of the biggest financial decisions you'll likely ever make. Breathe, think, consult property experts, and at least sleep it over before snapping up that dream home.

Similarly you should never allow yourself to feel pressured by the seller. There are a thousand tricks up a smart salesperson's sleeve. No matter how streetwise and business savvy you are, there's always a chance that the charm offensive will work unconsciously.

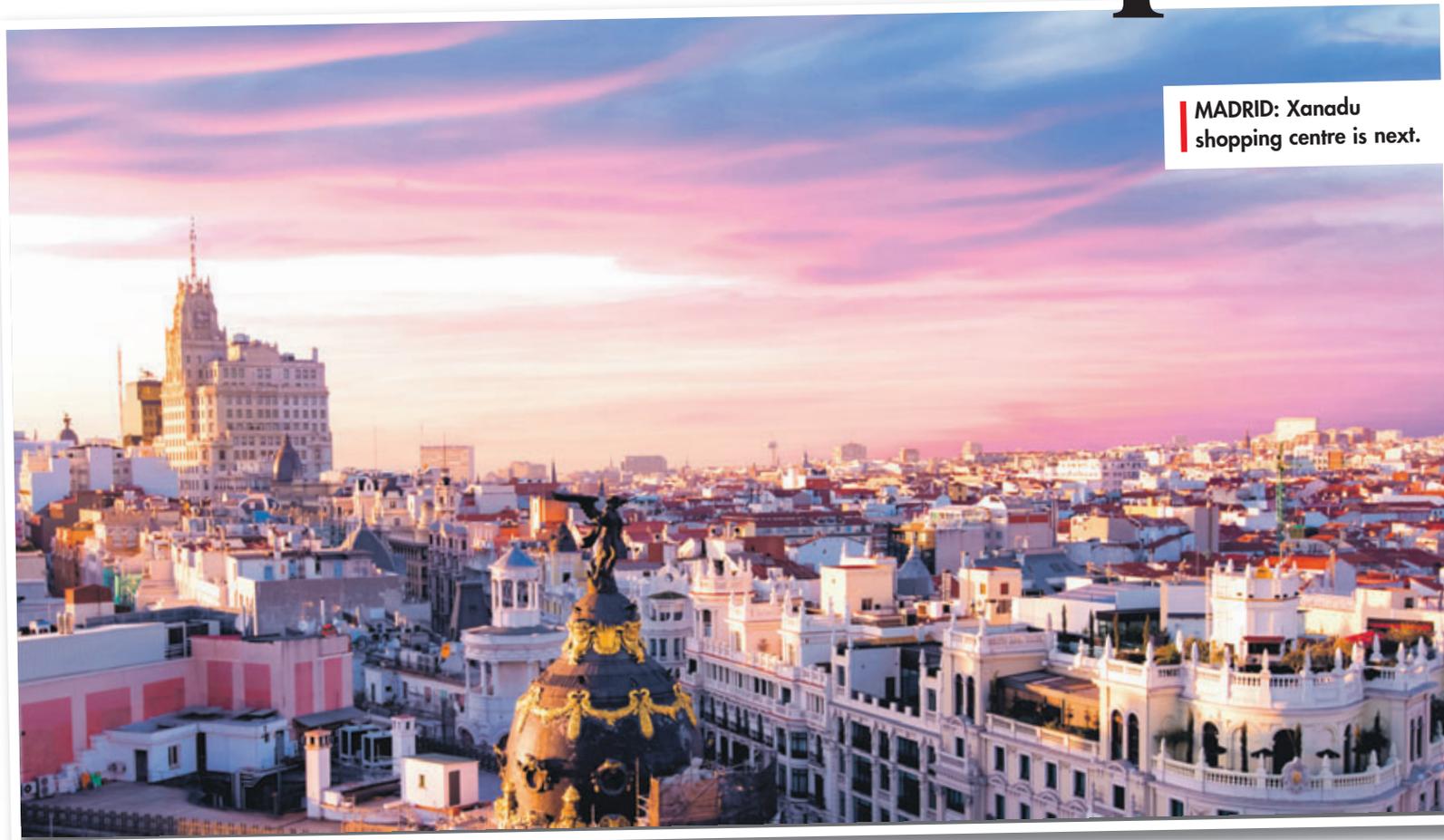
Novice buyer mistakes include not contacting other people who have bought from the same seller or developer. Reputations matter in the real estate industry and it's easier than ever to find out whether one has a history of trouble.

Some mistakes are so glaringly obvious they hardly seem worth mentioning. Don't pay anything until a bank guarantee is in place, and never pay in cash unless you're willing to take the risk.

Similarly you should always check the seller's credit history before going forward. Ask the vendor for their bank details, which shouldn't be an issue if they are transparent.

Always ask for a written copy of the mortgage terms and conditions and take them to an independent lawyer to check over.

Real estate empire



MADRID: Xanadu shopping centre is next.

By Matthew Elliott

A BRITISH company has secured its position as one of the biggest real estate landlords in Spain. Intu Properties, which owns the Trafford Centre in Manchester, will soon acquire Madrid's Xanadu shopping centre and the SnowZone company for a combined €530 million.

Intu now owns three of Spain's top 10 shopping centres and has ambitious plans for the future, most notably the much-awaited Indu Costa del Sol in Torremolinos.

In Madrid the British firm will transform the iconic shopping centre. There are plans for a Nickelodeon theme park and even an aquarium.

It is part of a much wider investment strategy in Spain, which has

“ Intu now owns three of Spain's top 10 shopping centres and has ambitious plans for the future.

seen a tremendous commercial real estate boom since 2013. Other Indu centres are turning a tidy profit in Asturias, Oviedo and Zaragoza. Xanadu

will be the crown jewel on its emergent empire. More than 13 million people visit each year to enjoy 15 cinemas, hundreds of shops and Spain's only indoor ski slope.

The firm has seen an opening in the lack of one dominant shopping centre in many Spanish regions. With the economy in fine shape and the property market heating up, now is as good a time as any to invest.



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Gardens are a luxury in the UK

By Matthew Elliott

LESS than a third of properties for sale in British towns and cities have a back garden. Even including leafy suburbs and rural villages buyers are less likely than ever before to secure their own plot of green.

Research from online estate agents shows that in London four in 10 properties have no outside space whatsoever. It's far from a southern problem, however. Eight of the 10 worst cities for buyers hoping for a summer barbecue are the north of England. Greenfinger buyers would do best to look in the Yorkshire and Humberside regions where the vast majority of homes have at least a communal space.

With the pace of home building set to escalate to meet high demand in the coming decade, gardens are set to become a premium asset, or a



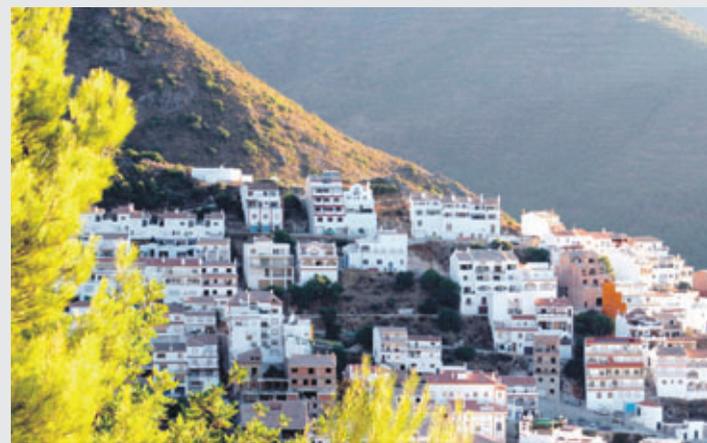
BACK GARDENS: Are set to become a premium asset.

charming bonus, like an old fireplace, or cellar.

New developments under pressure to build fast and furiously while earning a handsome profit will view garden space as a luxurious waste of square footage.

There is already controversy over the quality of the new builds slowly taking over green belts. Several developers have had to pay out substantial compensation to owners who found extremely dangerous structural faults in the buildings.

Spain takes No1 spot



HOUSE SALES: Have seen a healthy rise.

EVERYONE'S favourite property programme has given a glowing review of Spain in its latest 2017 report. Spain has taken top spot in the 10 Best Places to Buy in 2017 from Channel 4's A Place in the Sun.

Not only has Spain kept its No1 spot. Thanks to a booming local economy and staggering high tourism numbers, the report says its 'dominance has gotten even stronger.' It notes the healthy rise in home sales and prices, month-on-month improvements for three consecutive years, and long term opti-

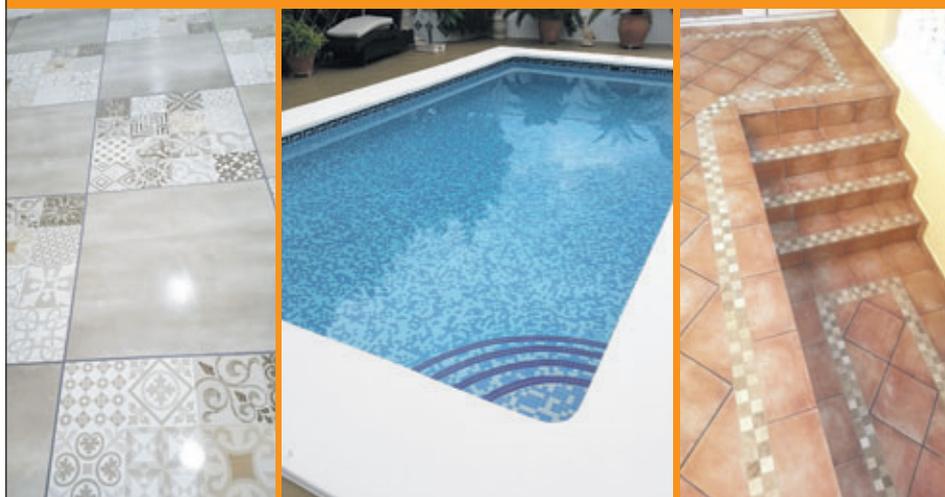
mism among property experts.

With terrorism fears in other A Place in the Sun regulars like Turkey and Tunisia, Spain has also benefited from its safe and secure western European location and culture.

The report highlights the Balearic Islands and Almeria as showing the best year-on-year improvements, and the Costa Blanca as offering terrific value for money with an exciting future ahead. Analysis from property portals has shown a considerable increase in interest in coastal hotspots across Spain in the past year.

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Global property strength

KNIGHT FRANK is one of the biggest real estate consultants on the planet. The hugely influential firm has just released its global house price index for 2016. The excellent analysis makes terrif-

ic reading for buyers and sellers alike, especially in Spain and Europe.

Knight Frank data reveals that house prices across the globe rose an average of 6 per cent last year. That's a

substantial rise on the 4.1 per cent increase seen in 2015, and the best overall performance in three years.

In fact Russia and the former Soviet states was the only major global region which saw a decline in prices. Iceland topped the table with an incredible, though unsustainable 14.7 per cent rise. Western Europe as a whole has performed remarkably well, buoyed by stellar economic growth.

There are more foreign buyers boosting domestic markets than ever before, which contributes to the excellent 2016 data. Spain, of course, attracts a huge volume of foreign investors and continues to increase its global appeal beyond Europe, opening up the vast Chinese and American markets.

The global economy has also consolidated recent growth according to Knight Frank, which bodes well for the stability of domestic property markets.



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Having been open for 18 years the owner Michael has seen and kept pace with all of the newest developments in audio and visual entertainment and the business just keeps growing as it offers its services from Altea to Valencia.

All of the staff are highly trained technicians who can deal with a huge number of different

services for existing properties, new builds and commercial outlets, so if you need to have a satellite or internet installation, have room for a home cinema or want to have your entire property wired for sound, then Starsat is the obvious choice.

Customers are typically from northern Europe, Belgium, France, Germany, Holland and the UK so although Michael and his staff excel at finding solutions for customers from those countries, they offer a service for all and if you want British TV give them a call as they can provide the 'missing' BBC, ITV channels.

Although it is possible to supply IPTV, they

believe that satellite is still superior as IPTV can be disappointing as internet speed in the area can often be unstable.

The company sells good quality, high end products from such international names as Bose, Loewe, Sonos, Technisat and Yamaha and can advise on what is most suitable for any property be it new build or restyle and can of course equip bars and restaurants.

In addition, you can see at the company website www.starsatonline.com that they also supply other selected electronic systems and welcome enquiries at the shop, by phone 966 480 556 or via email to michael@starsatonline.com

line.com.

The shop is situated at Calle Gremis 1, Teulada and is open Monday to Friday from 9.30am until 6pm and will shortly be remodelled to allow an even larger range of items to be displayed.

With modern communications changing so rapidly it is important to deal with a company that not only has longevity but is also at the cutting edge, so whatever your needs may be from a single TV to a complete commercial system incorporating internet, sound and visual equipment, Starsat is without doubt the company best suited to supply your needs.



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Advertising feature

When community means something

LIVING as an expat presents certain 'challenges' in the best of times, especially for a young family. There's the usual Spanish red tape which no matter how hard you try, there's always a surprise lurking around the corner (who knows what Brexit may bring). There's the issue of making a living which for most of us means setting up in business as a sole trader, or one or two employees. And of course there's the family, not just the immediate family, but mums and dads, brothers and sisters, some of whom live locally but more often than not, don't.

To be fair, it's a wonder we can make headway at all, and that's when all's going well. But what happens when a series of unfortunate events conspire to really try our patience, our sanity, our everything. That's where community comes in.

Mark and Teresa have a growing family, work hard to keep their businesses going (MundoSat and Blush) and are fully committed to living here in Spain. In the past year they've had to deal with Mark falling off a roof, a serious car crash, and the passing of Teresa's mum. As a family, they've truly been pushed to the limit as many of you may know. What's kept them going is the support from the community. Close friends have been won-

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derful, and as we all must recognise, business associates - customers and suppliers - are always so much more in an expat community.

Their customers are particularly important as without their continued trust and loyalty, and more than a little understanding, Mark and Teresa would be facing 2017 in a pretty harsh

light. But in reality, they've come through the worst and are getting firmly back on their feet, as individuals, as a family and as business people. In talking to them, they both wanted to stress their gratitude to the community for all the support they've received and they hope to be able to 'pay it forward' when they see

someone else in need of assistance.

Talking of their businesses, it's worth revisiting exactly what they are. MundoSat specialises in TV, mainly UK but in reality all sorts. In this technological age, the way TV is delivered is constantly evolving. So the question is not 'what sort of doosh do you want,' it's more of 'what do you want to watch,' and Mark will advise on the best way to get it, even if it means via the internet.

With MundoAir, now is a great time to get your air-con checked and ready for summer. You wouldn't believe how many calls come in on the first week of it being hot, and we all know what happens when we leave things too late.

Blush simply goes serenely from strength to strength. It truly is an oasis of calm, and is in its 10th year. A full range of beauty treatments are available: nails, pedicures, massages, etc. Based in Alcalali, it's a great way to step off the mad world for a moment and simply relax.

We often forget that these community values are often positively exposed in our expat community, it's a tribute to all of us that we're willing to go the extra mile. It brings a true sense of meaning to word community for which we can all be proud.

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Aloe Vera flowers

By Graeme Tyrrell

HAVING an attractively sculptured flowering cactus type plant that is easy to grow with minimal watering and care makes the Aloe Vera a perfect addition to any balcony, terrace or garden.

Aloes grow very well in pots, containers and planter boxes indoors or outdoors and any well drained areas of the garden with shade. It doesn't grow very big when restricted to a smaller container and it will not become invasive in the garden. The difficult thing however is to obtain its flowers.

The yellow tubular flowers of Aloe Vera, borne on an up to 90 centimetre branched panicle or stem, are striking but there is an art to encouraging it to form flowers. The plants usually need to be more than four years old to flower. Aloes must be kept healthy by not exposing to cold in winter or sunburn in summer.

They need plenty of light but not direct summer sun for very long in the day as the leaves will become burnt and, as they are long lasting leaves, it can take a long time to recuperate with new leaves.

They should, however, have maximum exposure to bright indirect or filtered sunlight. The flower buds form in late winter for blooming in spring so this is the time to allow the maximum exposure to sunlight



ALOE VERA: The yellow tubular flowers are striking.

with periods of direct sunlight from some milder winter sun. In the garden under a deciduous tree is perfect for this to occur naturally. This will encourage flowers to form.

They require minimal fertiliser if you use a good quality soil mix and repot with new mixture every couple of years. An annual weak liquid fertiliser in early spring will help inspire the flowers and healthy growth.

Aloe Vera has been grown for thousands of years as a medicinal herb, particularly for the skin for sunburn and as a moisturiser in many parts of the world. It has been in cul-

tivation so long and hybridised that its origins from naturally growing species in the Sahara and Middle East was only determined through DNA testing.

Extracts from its colourless gel like inner tissue are extremely popular for use in cosmetics and for a wide range of herbalist applications.

To grow Aloe successfully it must have good drainage from the soil mix that it grows in. Propagation is very easy as offset shoots appear around the mature parent plant.



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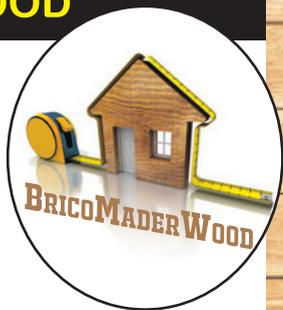
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Housetraining is easy but only if you do it the right way. Yelling, screaming, hitting your dog, creates lasting bad feelings and often fails, causing many

people to get rid of their pet.

The right way is quick, easy, stress free and creates the proper, loving relationship between you and your new pet. Be prepared for this job before you bring your new dog home. You should have a few specific tools for this job as well as a leather leash, leather collar, and proper food for the age of your dog, a food dish and a water bowl.

There are two essential tools for the housetraining process. One is any of a few products which contain enzymes to remove all traces of the inevitable mistakes that will occur and the second is a 'crate' or 'kennel' to house your dog when you can't be there to monitor him.

This crate is the key to this method of housetraining. Now I hear many of you protesting,

"I don't want to lock my dog up in prison. Won't he resent me if I lock him up? Isn't it cruel? I want him to enjoy life."

Let's think about this for a moment. In the wild where do dogs or wolves live? Don't they seek out small dark dens or caves to seek shelter in? And they seek out the cosy spots, where the ceiling or wall meets the floor. They don't lie down to sleep in the middle, open area of the cave. They go for the tight, secure area.

He wants to feel secure and safe when he goes to sleep. The best way to do this is to provide him with a secure, cave-like area in your home.

Crates come in different sizes so you should select one based on the present size of your dog. If you have selected a large breed but right now he's a puppy, don't worry about selecting a crate for his full-grown size, you won't need it when he's all grown up.

Although many people keep their crates for the life of their dogs. Some dogs come to regard them as the private space and go in on their own if the door is left open.

You can buy a crate for the full grown dog and get spacers to make it smaller for a puppy. It should be just big enough so your dog can turn around in it. Don't worry that it's too small, too cramped, for the short periods of time that you dog will be in his crate, it will be just fine.

There are many enzyme products on the market and they are all good. Use according to the directions, whenever your pet makes a mistake. They are essential to the process. Without them, your dog will be attracted back to the spot where he made his mistake. No amount of scrubbing or cleaning will remove the odour. Make sure you saturate the area of the mistake completely.

Congratulations, almost there. It should only take a few more repetitions before he's locked into the appropriate behaviour.

Next week... the process.

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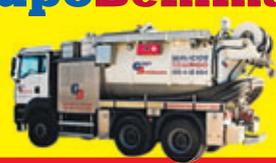




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Motoring shorts

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The film will tackle Ferrari’s extremely tough management style, the deaths of some of his most famous drivers on the tracks, and his long, complicated relationship with wife Linda.

Welsh star Christian Bale reportedly backed out of talks to play Enzo. Another biopic starring Robert de Niro may also be in the works. Mann’s production has been on the table for 17 years but was plagued by legal controversies.

Wild adventures for BMW

By Matthew Elliott

BRAVING some of the harshest winter weather in Europe, the new BMW X6 M50d Drive passed its icy test with flying colours. The powerful three litre diesel, which has enjoyed critical acclaim since its 2016 release, was in Romania to tackle a high altitude mountain road for a film project.

BWW brought the cars to the wild mountainous region in freezing temperatures below -20C to shoot it along the Transfagarasan highway, once called the most beautiful road in the world by Jeremy Clarkson.

The short film even includes footage of the gorgeous car, which can reach 100kph in 5.2 seconds, gliding along past the infamous Dracula Castle on the snow-covered road. A total of 10 Transylvanian locations were covered, a distance of 2.5km, reaching altitudes above



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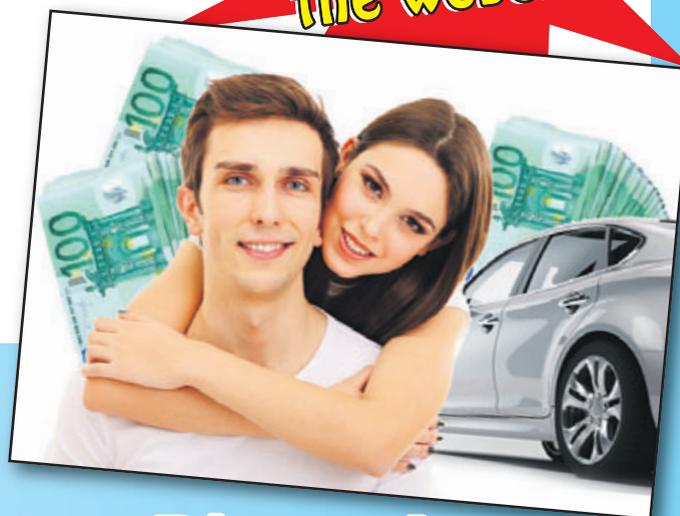
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ROAD TEST by Nick Fletcher

Renault Grand Scenic

RENAULT was a pioneer of the MPV, introducing its Espace model in 1984 and later its compact MPV the Scenic. Since then, competition in the sector has become much more intense, but the Scenic is still a mainstream contender, available in five and seven seater form, and priced from €26,890 (£23,375).

My test model was the seven-seat Grand Scenic, priced at €32,719 (£28,445) in Dynamique S Nav spec, and with a 1.6 litre diesel engine

and 6-speed manual gearbox.

Fuel economy is a plus-point for this model - 21.7 kpl (61.4 mpg). Top speed is 190 kph, the 0-100 kph time 11.4 seconds.

Striking appearance is also a Grand Scenic ace card - its sweeping curvy lines give it an eye-catching infusion of French flair. This Grand model is no wider nor taller than the five-seat Scenic, but has a longer rear overhang and longer wheelbase to create the space for a third row of seats.

Entry-level versions in-

clude massive 20-inch alloy wheels, active emergency braking, hill start assist, cruise control and a seven-inch touchscreen infotainment system with DAB radio and Bluetooth - a lot of kit for the money.

My Dynamique S Nav model adds much more, including head-up display, rear parking camera and panoramic glass sunroof.

On the road, the car gives a very comfortable ride - not as soft as in the C4 Picasso but nice enough on good surfaces. On rutted or pot-holed roads, the big wheels do feel the bumps. The 1.6 litre diesel unit pulls

well, with good mid-range power for safe overtaking.

The cabin has a practical layout but like so many rival models looks rather dull thanks to overuse of dark plastics.

There are plenty of places to stow oddments, the rear seats are easy to adjust and fold and the middle-row provides very good leg room. The rear seats are really just for children, or adults on short journeys.

With the third-row folded flat, there is plenty of luggage space - 765 litres. With all seven seats in use, there is still a useful 233 litres.

The Grand Scenic is a very strong contender in its class, and you do feel that you could drive right across Europe in it and still be relaxed on arrival. And its charismatic visual styling ensures that when you do arrive, you'll be noticed!

Model tested is UK-specification and equipment levels and prices may vary in other markets.



Farewell to a legend from the world of motorsports

MOTORCYCLE hero and Formula One legend John Surtees passed away earlier this month. The Brit, who died aged 83,

was the only man in history to win both the Motorcycle Grand Prix and Formula One championships.

After his first professional outing as a 15-year-old prodigy in 1949, Surtees went on to win seven motorcycle world championships during a dominant spell in the late 50's, winning the Senior TT at the Isle of Wight three years running from '58 to '60.

He made a surprise switch to Formula One in 1960, debuting at Goodwood before finishing second at the 1960 British Grand Prix. He won his first World Championship in Mexico for Ferrari in 1964, shattered half his body in a crash the following year, and did battle with Jackie Stewart at the 1966 Monaco Grand Prix.

After a frustrating end to the 1960s Surtees moved on to building his own F1 cars and ran a motorcycle shop and Honda dealership in Kent. He was an MBE, OBE, CBE and official Formula One Legend inducted into the International Motorsports Hall of Fame. In 2009 his son Henry was tragi-

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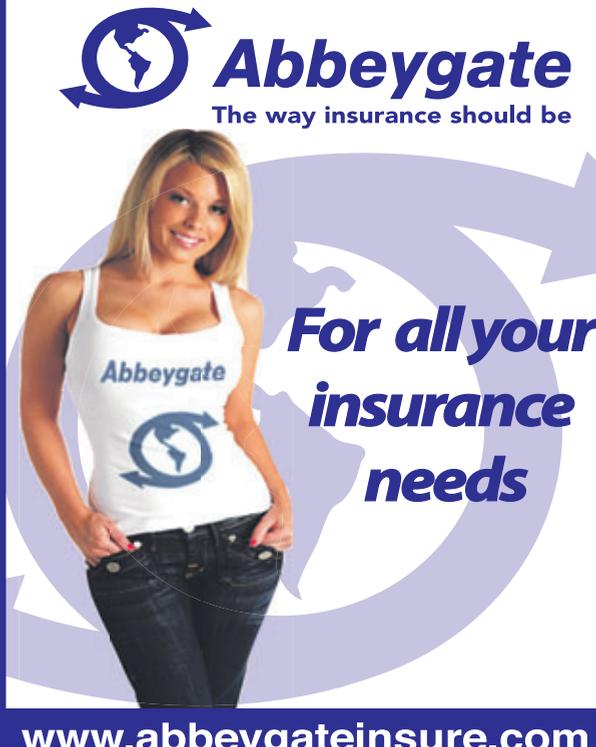
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Behind the scenes with *SPV Racing*

FOLLOWING *Euro Weekly News* publisher Steven Euesden's recent debut in SPV Racing's Ligier JS P3 European Le Mans Series car, we headed to the Costa del Sol-based outfit's Alhaurin el Grande headquarters to chat with manager Lars GV Linberg.

During our talk, the overriding impression was an admirable attention to detail, as he readily explained.

"In my previous life I worked with the McLaren F1 technical guys, McLaren Applied Technologies, and part of the work there was to take Formula 1 into the aviation sector.

"What we looked at there was the massive amount of simulations they are doing with the Formula 1, not only looking at their car but at the competition, and then when you start taking data from all the millions of runs that you've done, you can get some real information,



LARS GV LINBERG:
Manager.

so that when something happens, you have the answers.

"I used to run Group C cars 20 years ago, also racing Porsches, but then I got too caught up in aviation as a captain for Scandinavian Airlines and then a test pilot, but when we moved to Spain from Dubai I found I had time to get back into things."

“One of the most impressive pieces of kit was the Oculus Rift VR headset that the drivers use.

■ **How did the team itself come about?**

"Together with Raul, who was working at Ascari [circuit in Ronda] doing the technical operations but left to form his own company, running everything up to Formula 1 cars, and we joined forces to create SPV.

"Last year besides our Le Mans car we ran two Nascars in the European Series and we had eight podiums during the season which was quite fun, although very different to the Ligiers."

■ **A little bit more about the Ligier car, and about your plans to compete in LMP-2 next year?**

"So, on the racing side we have a four-year plan, and next year our plan is to go up to an LMP-2 car and run that in the European Le Mans Series and qualify for Le Mans, and longer term we want to race in the World Endurance Championship, which is like Formula 1 for prototypes.

"Within that you have the LMP-1 which is the pinnacle, you have Toyota and Audi and Porsche and Nissan, and it's extremely high tech with energy recovery systems and so on."

■ **How much input do you have into the current Ligier car in terms of adjustment and tweaking? Is there a series of parameters you have to stay within?**

"Yes, there are a set of parameters which you can't adjust, but there are quite a few you can work with, like the

angles, the camber, tyre pressure which is enormously important.

"Last year we had Borja Garcia, ex-Toyota and Williams F1, a brilliant, absolutely fantastic driver, but I drove the car at Ascari after him, and I never, ever felt a car that was so nervous.

"For him, the car was extremely responsive, but I was completely dry in my mouth!"

■ **Is the Ligier difficult to drive?**

"With the braking, and I think Steven had the same experience, you have to really push it hard and you can go really deep in, and basically you slam your left leg in as hard as you can and then you have to ease off a bit as it slows down.

"You can drive much, much faster than you think at first.

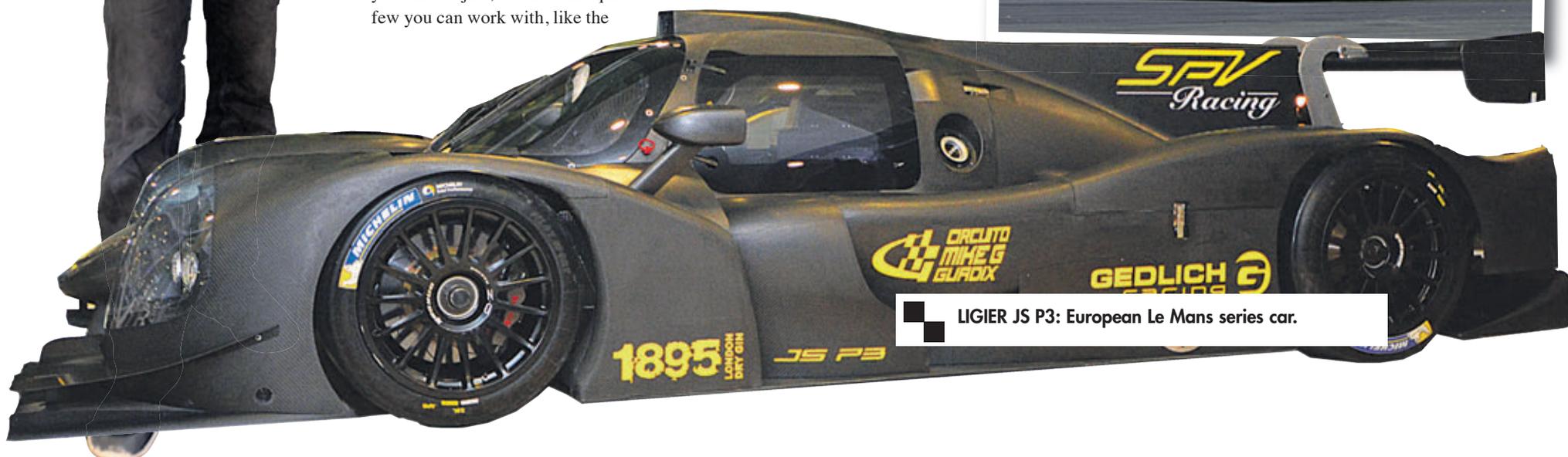
"Every lap we take all the data out of the car, so we have the engine parameters, how much braking, we know where you are on the track, so when you look afterwards with the engineer you can see exactly what you did, and how the car behaves if we make a change on the suspension or the angles."

Perhaps one of the most impressive pieces of kit was the Oculus Rift VR headset that the drivers use in conjunction with a mock-up cockpit, and Lars was clearly impressed by the technology.

"With this, you have a complete 3D environment, so the driver can really test and really feel the car, and we can do all the changes on the car virtually, and you can feel it!

"We can take data from the car and put it in the computer, allowing the drivers to practise without going on the track."

Many thanks to Lars for a brief but fascinating insight into the world of motorsport, and best of luck from all at *EWN Media Group* for the forthcoming season.



■ **LIGIER JS P3:** European Le Mans series car.



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MEMBERS of Javea Green Bowls Club were treated to some superb bowls over their Championships weekend which saw Chris Evans, Clive English and Alan Phillips win three trophies each.

Chris and Clive were in the rink team that won on the first morning. They then played together to retain the Mixed Pairs title before the pair then won the Mixed Triples with Bill Barrie.

Chris also competed in the Ladies Pairs final with Velia Wood but they were beaten by club captain Felicity Jenkins and Heather Stephens.

Meanwhile Alan Phillips won the Mixed Singles final before retaining both the Gents Pairs with Gary Kent and the Gents Singles.

Two other titles to be re-

Triple winners at Javea



CHAMPIONSHIP WINNERS: Enjoyed a great weekend of bowls.

tained were the Vets Singles, in which Jonathan Barr held off the challenge of Brian Manser and the Ladies Singles where Diane Wynne defeated Velia Wood.

The Drawn Aussie Pairs saw a close encounter with Phil Woodhead and Dave Carvath pipping Felicity Jenkins and Bill Barrie to the post.

The highlight of the weekend was probably the Novices Singles Final, where finalists Dee Hamilton and Tony Scott put on a tremendously close and exciting show.

The climax of the match saw the score at 18-18 and Tony was holding three shots for the match, but Dee played a fantastic shot to pick up a

two and then close the match out on the next end to claim her first ever victory in any sport!!

A good crowd enjoyed the traditional tapas that was served during the last afternoon and president Peter Drake also thanked Jan and Alan for the organisation of the Championships at the trophy presentation ceremony.

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Orba Warblers up for the challenge



| SOGGY STABLEFORD: Although the winners are still smiling.

THIS week, the Orba Warblers were once again at La Sella for a Stableford game and the third Eclectic. A few surprises - no buggies at the last minute and a hole in one!

Due to the rain at the weekend no buggies were available and therefore the number of players was down to 22. The front nine was soggy but picturesque with bunkers turned into small pools. The back nine was it's usual self, putting up a good challenge.

In division one Chris Williamson (Hcap 8.7) again showed the way coming in with 35pts. Former captain David Knight (Hcap 9.2) was second with 32pts and third was Glyn Braidley (Hcap 8.2) with 30pts.

In division two social secretary Sally Mardsen (Hcap 29.2) showed she can do more than just arrange great events, coming

in first with 34 pts. In second on count back, also with 34 pts, was steady Peter Gibson (Hcap 22.4) and in third David Brown with 30 pts.

There was a hole in one on hole 15 spectacularly delivered by none other than the unflappable David Edwards. Well done Dave!!

Besides coming third, Glyn Braidley had an NP on Hole 8 and won the football card with Bolton. Not a bad day out Glyn!!

Next week March 29, will be a Stableford Competition at La Galiana. Tee Time is at 10am so please arrive by 9.15am for registration. Guests are welcome subject to space availability and current Handicap Certificate. To book, please contact Michael Taylor on mjt@stylepms.com or call 639 242 896.

Irish Eyes are smiling as the F1 engines start revving up

Tony Matthews

International Sports

A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is also the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre.

Costa de Almeria

FOOTBALL

After the excitement of FA Cup and European football, we have international action at various levels over the next week or so.

In friendlies last night, Scotland played Canada while in Dortmund, Germany met England whose coach Gareth Southgate was contemplating using Jermain Defoe and four Manchester United players, as well as handing debuts to a couple of others.

Tomorrow, in 2018 World Cup qualifiers, it's Italy v Albania, Spain v Israel and the Republic of Ireland v Wales. Then on Sunday, we have England v Lithuania, Northern Ireland v Norway and Scotland v Slovenia, followed next Tuesday by the Republic of Ireland v Iceland.

Premiership and Championship clubs are 'off duty' this weekend but there are some intriguing matches in the lower divisions including Oldham v Sheffield United and Shrewsbury v Bolton in FL1 and a top-of-the-table clash between Doncaster and Plymouth in FL2.

After their brilliant win over Sevilla in the last round of the Champions League, Leicester City (UK's sole survivors after Manchester City blew it in Monaco) will face Atletico Madrid in the quarter-finals. The other ties are Barcelona v Juventus (a repeat of the 2015 final), Bayern Munich v holders Real Madrid and Borussia Dortmund v Monaco.

In the last eight of the Europa League, Manchester United (after overcoming FC Rostov) will face Anderlecht, Celta Vigo play Genk, Ajax meet FC Schalke and Besiktas visit Lyon.

As it stands, we could have an all-German or all-Spanish CL final and an all-Belgium EL

final. And for the record, Leicester have met Atletico twice before, in the ECWC of 1961-62 and UEFA Cup of 1997-98, and in 1956, Manchester United beat Anderlecht 10-0 in a European Cup preliminary tie.

On the domestic front, Chelsea (2-1 winners at Stoke) lead the PL by 10 points from Spurs; Hull, Middlesbrough and Sunderland are the bottom three. The top three in the Championship are Newcastle, Brighton (recent 2-0 losers at Leeds) and Huddersfield (despite a 4-0 thrashing at Bristol City) while Blackburn, Wigan and Rotherham are at the bottom. Celtic, 25 points clear, need one more win to clinch their sixth successive SPL title; Real Madrid lead Barcelona by two points in La Liga; Bayern Munich (Germany); Juventus (Italy) and Monaco (France) are eyeing up their domestic titles.

PL/FL managers are still being dismissed thick and fast... the latest being Aitor Karanka by Middlesbrough. He was the 44th boss to lose his job this season and the seventh in March alone, following Gary Brazil (from Nottingham Forest after 59 days), Warren Joyce (Wigan), Steve McClaren (Derby), Alex Neil (Norwich), Graham Westley (Newport) and Russell Slade (Coventry). Who's next I wonder?

FORMULA ONE

The first F1 Grand Prix of 2017 takes place in Melbourne, Australia on Sunday... and following an excellent practice campaign, Sebastian Vettel (Ferrari) is among the favourites to win this opening race, but never write off Lewis Hamilton!

RUGBY UNION

Last Saturday 'champions' England failed to set a new world record of 19 successive Test victories by losing 13-9 to Ireland in their final 2017 Six Nations match in Dublin. The other 'last day' games ended France 20 Wales 18 (after 20 minutes of added time) and Scotland 29 Italy 0.

Leicester beat Exeter 10-6 in

last Sunday's Anglo-Welsh Cup final. Exeter (2nd in the Aviva PL) play Sale on Saturday.

HORSE RACING

Race-goers at Cheltenham last week (+ millions of TV viewers) saw some terrific racing with Buveur D'Air (Champion Hurdle), Special Tiara (Champion Chase) and Sizzling John (Gold Cup) winning the top races.

Ruby Walsh (four winners) and Gordon Elliott (six firsts and more seconds than Willie Mullins) won the top jockey and top trainer awards respectively.

The next big meeting is at Aintree, from April 6-9, with Vieux Lion Rouge favourite to win the Grand National.

Cheltenham Facts

The four-day festival attracted 261,834 spectators - 65,896 on St Patrick's Day.

Revenue from ticket sales/sponsorship/hospitality topped £20m; £4.3m went in prize money in 28 races; £100m entered the Gloucestershire Economy; 105,000 passengers used the local railway; 80,000 preferred the bus; 20,000 bottles of Champagne and 120,000 bottles of red/white wine were corked; 265,000 pints of Guinness were pulled; 8,000 gallons of tea/coffee was served; 45,000 bread rolls were eaten; of the 5,936 staff, 350 were chefs who prepared nine tonnes of potatoes, five tonnes of fresh/smoked salmon, plus beef, chicken, fish and loads of curry and rice, and 30 extra flights flew Irish punters across from Dublin.

ROUND-UP

Bangladesh's cricketers won their 100th Test match, beating Sri Lanka by four wickets... and Roger Federer beat Stan Wawrinka in the final of the men's singles at Indian Wells.



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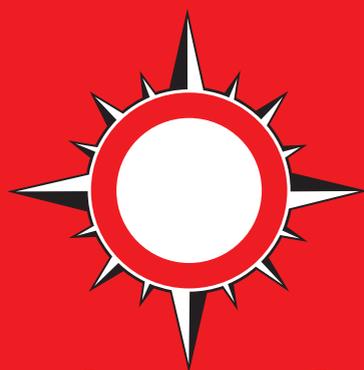
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