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BREXIT: Benidorm remains immune.

Flying the flag

Costa Blanca resists Brexit backlash

By Jack Troughton

Benidorm remains 'immune' to any aftershocks of Brexit as Brits continue to head for one of Spain's most famous holiday destinations, according to confident business chiefs.

Visitor numbers to the resort - and the whole Costa Blanca - continue to rise and Toni Mayor, president of hospitality employers group HOSBEC, predicts continued growth in bookings

throughout this year and winter 2018.

The latest figures for sales to the British market show a rise of

5 per cent for Benidorm and 11 per cent for the whole region over 2016, already celebrated as

» Turn to page 4

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ZOO - Benidorm
DISCOUNT
INSIDE page 80

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LOCAL NEWS

Jack Troughton

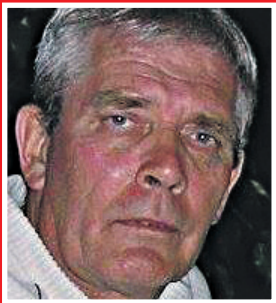


New recruit

EWN MEDIA GROUP is delighted to announce that Jack Troughton has joined the company as Regional News Editor for the two Euro Weekly News Costa Blanca editions. A seasoned journalist and former editor of the RTN newspaper, Jack's wealth of experience and high standing in the Costa Blanca expatriate community mean that he is sure to be a great asset to the EWN going forwards. Welcome on board, Jack!

Lucky winners

THE lucky winners of the Expats in Villajoyosa Supermarket Sweep are Geoffrey Guyver from Alfaz del Pi and Carole Cork from La Nucia. Congratulations to both!



Geoffrey Guyver



Carole Cork



STATE SCHOOLS: Multilingual teaching is being questioned.

Heated words over languages

By Linda Hall

THE national government is questioning the Generalitat's plans for multilingual teaching in state schools.

The Ministry of Education joined teaching unions FSIE and USO and some parents' associations in threatening to challenge the programme in the courts.

This will be introduced at the start of the next academic year in the Valencia region's state infants' schools, which

may choose how many subjects are taught in Valenciano, English or Spanish.

Pupils at schools opting for the Advanced level, principally in Valenciano, learn more subjects in English. They will also receive the B1 English Certificate on successfully completing their education, unlike pupils at schools opting for more Spanish.

Education minister Iñigo Mendez de Vigo declared that his department would not tolerate discrimination.

Replying in the national parliament to

a question from Marta Martin, a Ciudadanos MP for Alicante, Mendez de Vigo said he would safeguard the right to learn languages in Spain without any kind of bias.

Martin afterwards said that she felt the national government was not going far enough. "They should go directly to the Constitutional Tribunal," she said. "They are undermining fundamental rights by linking the level of English to studies in Valenciano to the detriment of Spanish," she said.

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Blue and white church tiles arrive

THE 1,000 new tiles needed for the dome of Benitachell's St Maria Magdalena church have arrived.

Part of the dome, which originally had a distinctive pattern picked out in blue and white, has ordinary earthenware roof tiles where it was repaired after being struck by lightning in 1940. Money was short at that time and the parish could not afford the traditional glazed tiles.

Sixty of the original coloured tiles which are chipped and damaged also need to be replaced but these have been carefully removed and will be auctioned to help to fund the new tiles and labour costs. They date from 1911 when the dome was added to St Maria Magdalena which was built between 1710 and 1774.

The town hall has contributed €28,695 towards the cost and the VAPF development group a further €24,000.

On the right track

VILLENA Town Hall asked national rail operator Renfe to make La Encina a request stop for Madrid-Alicante trains.

La Encina rail links with Villena and other Alicante Province municipalities are now practically non-existent, said the town's Citizens' Attention councillor Paul Garcia.

If agreement can be reached with Renfe, it will then be necessary to decide which types of trains will stop at La Encina and how often.

Pensioner rescued

POLICE broke into a Costa Blanca home to rescue a British pensioner discovered extremely ill in bed.

Worried neighbours raised the alarm on Monday evening after the 74-year-old woman had not been seen for several days - she was found with a 'very weak' pulse with signs she had been violently sick.

Guardia Civil officers went to the house in Calle Naranjo, Moraira, and

SPANISH FACTS OF LIFE...8

WATER, WATER, EVERYWHERE. With most of Spain experiencing a relatively dry climate, water resources for irrigation and public supply are heavily dependent on an extensive reservoirs network. With 1,300 dams, the country places fifth in global rankings, including almost 1,000 'large' dams, more per inhabitant than any other nation in the world.



| Salto de Villarino.

Towering above

LA SERENA reservoir in Badajoz Province, Extremadura, is the biggest in Spain and third largest in Europe. Built on the Rio Zujar, a tributary of the Rio Guadiana, between 1985 and 1990, it can hold 3,219 cubic hectometres of water and is so vast that the adjoining comarca of La Siberia has more kilometres of freshwater coastline than anywhere else in the country.

The tallest dam in Spain is the 202-metre Salto de Villarino, also known as the Almendra dam, on the Rio Tormes in Salamanca, Castilla y Leon. Completed in 1970, it towers almost 50 metres above any other dam in the country, and locks in 2,586 cubic hectometres of water when at capacity.

Dams in their dotage



| Cornalvo Dam.



| Proserpina Dam.

While most Spanish dams were constructed during the 20th century, some have a far longer history.

The Cornalvo and Proserpina dams near Merida, Extremadura, date to the first or second century AD and are considered the oldest European dams still in use.

Built to supply the Roman colony of Emerita Augusta, founded in 25 BC, they now belong to the Archaeological Ensemble of Merida, one of the largest and most important archaeological complexes in Spain.

Less means more in Galicia

IN January this year, a seven-month drought in Galicia, the driest period since 1981, revealed the remains of lost towns and villages that hadn't been seen in decades. As capacities dropped below 25 per cent, locals were able to walk streets that were flooded during the 1960s and even check out forgotten Roman ruins.

The arid conditions were linked to climate change, and with the prospect of further extended dry periods as global temperatures rise, the Spanish National Dams Committee has recommended that 50 more large dams be constructed as soon as possible.



| ROMAN RUINS: The drought revealed the remains.

forced a window after the woman did not respond to their shouts.

She was placed in the recovery position until medics arrived and she could be taken to Denia Hospital.

A spokesman for the force said the woman was normally seen walking her dog several times a day and neighbours were worried something was wrong.

It was believed she had been bedridden for several days and unable to call for help.

Mashed motorist

A DRIVER who tested positive for cocaine while his 13-year-old son was a passenger in his car has been sentenced to a year and seven months behind bars.

He was stopped after he was caught speeding on the motorway near La Hoya, Murcia, before exiting and jumping two red lights.

According to police, the man had a pale face and dilated pupils at the

time of his arrest.

Beach bummer

AT first glance, the Granadella cove appeared to be for sale after an estate agent placed a 'For Sale' sign on the access path to the beach and was subsequently fined by Javea Town Hall.

The notice was actually advertising the sale of a nearby chalet, however the police were immediately advised to remove it following personal intervention from Mayor Jose Chulvi.

Third arrest over brawl death

THE third person involved in the death of Alejandro Pavia has now been arrested.

Aged 19 and with Spanish nationality, he was detained on re-entering Spain from France where he fled following the fight that cost 24-year-old Alejandro his life.

A Moroccan, aged 16, is now in a secure unit for young offenders and a 24-year-old Romanian is on remand. All are from Benissa.

Alejandro Pavia, from Villalonga in the Gandia area, was killed in a fight following an argument in a Jalon pub. Although this appeared to have been settled without further consequences, when the pub closed a fight between the group from Benissa and Alejandro and his friends broke out in the car park. Witnesses said afterwards that three people rained blows on Alejandro and continued kicking him when he fell.

Postscript to ponder

45%

The percentage of the world's olive oil that is produced in Spain, with the country also consuming 20 per cent of the global total, around 14 litres per person annually.

INSIDE VIEW

News

1 - 42

Finance

47

Leapy Lee

53

TV



54 - 66

Time Out

70

Letters

72

Health & Beauty

73

Social

78

Property

85

Services

91

Classifieds

95

Motors



98

Sport

102

Adios topic

THE leaders of France, Italy, Portugal, Greece, Cyprus and Malta will gather at the El Pardo palace outside Madrid on April 10 to discuss Britain's formal notification to leave the EU at talks arranged by Spain for southern leaders.

Family wiped out

A 47-YEAR-OLD council worker is believed to have strangled his wife and then smothered his two children, aged five and eight, before committing suicide by jumping from a second-storey balcony in Ciudad Real in a suspected case of domestic violence.

Safety jump

THE driver of a car that drove through the border between Morocco and Melilla at high speed escaped Guardia Civil and National Police after jumping from the vehicle though his six passengers were all detained.



Eye on SPAIN
Around the nation in 7 stories

Postcard from BILBAO



WITH one million residents in the metropolitan area, Bilbao - the largest city in the Basque Country - traces its history back to the 14th century and is now a major industrial area.

There is a mixture of architecture from Gothic to Art Deco to Modernist, and the city centre attracts tens of thousands of visitors.

One of the most important cultural magnets is the Guggenheim Museum famous not just for its displays, but also for the impressive design created by architect Frank Gehry.

Boasting eight Michelin starred restaurants, the city offers a fantastic range of bars and restaurants offering typical Basque cuisine which includes a style of tapas known as pintxos which often marries bread or toast with a mixture of different toppings.

The Port of Bilbao is meanwhile an important conduit for the import and export of goods and additionally operates a ferry terminal for car passengers who wish to travel between Britain and Spain without having to drive the length of France.

Enjoying a climate which rarely gets very cold or very hot Bilbao has fairly regular rainfall.

So sordid

THREE people have been arrested suspected of human trafficking, drug trafficking, and corruption of minors following the discovery of a 14-year-old who was being prostituted in a Madrid club. Officers claim some girls were also used as guarantees for drug payments.

Down at heel

A MIDDLE-AGED driver whose shoe strap became entangled with the accelerator while exiting a car park in central Zaragoza, Aragon, crashed through a barrier and onto a pavement before slamming into a shop. No-one was seriously injured but the driver had to be treated after suffering a panic attack.

Pride and prejudice

A SURVEY by the Catalan Generalitat has revealed that 54.9 per cent of Catalans feel proud when a Spanish national sports team performs well. Meanwhile 32.6 per cent described themselves as feeling "quite proud," and a further 22.3 per cent admitted they are "very proud."



BENIDORM: A record year.

Continued growth is predicted

From Front page

a record year; the growth outstripping the Balearic Islands according to the February statistics.

Growth has also been identified in neighbouring towns including Altea, Calpe, and the area south of Alicante City.

Mr Mayor was in London to meet Carlos Bastarache, Spain's new Ambassador to the UK, and heads of the Spanish Tourism Office based in the capital.

He underlined to the diplomat the importance of British visitors to the region's economy and how the 'unique' attraction of Benidorm and its lasting popularity with British holidaymakers made it 'immune to Brexit.'

The HOSBEC leader also took time to go to the London Art Biennale and an exhibition by Spanish artist Oscar Tusquets Blanca and his show 'Gran Benidorm.'

The series of paintings goes behind the scenes of the resort and is said to explore the humanity, architecture, history and character of life below a skyline full of towering skyscrapers.

Numbers that add up to local life

48.5 %

48.5 per cent of Catalonia residents would not vote for independence whilst 44.3 per cent would, according to a Centre d'Estudis d'Opinió poll.

€186,800

The salary received by the Governor of the Bank of Spain.

€3.389 billion

The 'book value' of assets held by the Sareb 'bad bank' set up after the 2008 crisis.



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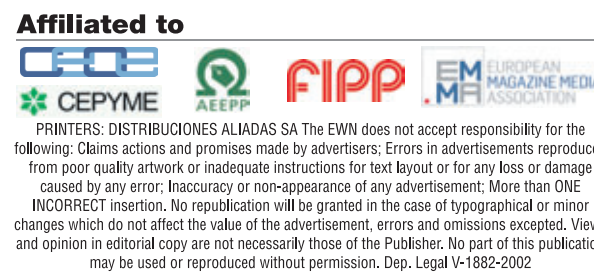
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A disaster area just for the day

By Linda Hall

THE Spanish army's Military Emergencies Unit (UME) chose La Nucia for a training day using rescue dogs.

It was the first time that Alicante Province has hosted UME manoeuvres of this kind.

Thirty dogs from six UME canine detachments based in Madrid, Valencia, Sevilla, Tenerife, Zaragoza and Leon took part in the exercises at La Nucia's specifically prepared ground.

The non-profitmaking group USAR-13, which carries out search and rescue operations

using highly trained dogs, organised the logistics and prepared the terrain for the UME groups.

This included installing columns and underground passages to simulate the aftermath of an earthquake, enabling the unit to train and select which of their dogs would be most suitable for rescue operations.

The day began at 10am and

finished at midnight with breaks to evaluate each dog as they were sent to seek out and rescue trapped 'victims.'

The UME, which is the newest branch of the Spanish armed forces, provides disaster relief at home and abroad and has successfully carried out missions in Lorca in 2011 as well as Ecuador in 2016 and Nepal in 2015.



RESCUE EXERCISE: A UME dog in a simulated earthquake scenario.

Photo by La Nucia Town Hall

Double whammy

WHEN an acquaintance asked an Hondon de las Nieves resident for a lift to Aspe he readily agreed.

Once in the car the second man pulled out a knife, demanding the driver's cash, apparently aware he had a large sum on him.

He handed over an envelope with the money but as the passenger busily counted the cash he drove to the Guardia Civil post in Aspe where he pulled up in the middle of the road and jumped from the car.

He called for help and as two officers on duty at the entrance came to his assistance they noticed the other man drop a knife under the car. The attacker, now in custody on remand, was a known delinquent with a record for offences in Hondon de las Nieves and other nearby towns.

The driver's troubles were not over, however. While making a statement, the officers realised he was drunk and a breath-test revealed he was over the drink-driving limit. He has now been charged for drink-driving.

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Storm damage continues

DESPITE the storms of January seeming to be a past event, many coastal areas are still experiencing problems.

One such resort is Denia, where an estimated 30 metres, about 50 tons of soil has simply collapsed into the sea.

The area, between two restaurants, the Helios and El Pegoli on the promenade of Les Rotes, is believed to have eroded as a direct result of the recent onslaught of heavy winds and rain experienced earlier in the year.

Emergency rescue at sea



Photo by Salvamento Marítimo

NEARBY BOATS: Rushed to the aid of the stricken vessel.

By Caroline Tyszka

THE crew of a pleasure boat were lucky to escape with their lives, after it burst into flames off the coast of Villajoyosa.

The three man Dutch crew, aged 23, 55 and 89 years old were approximately two nautical miles from the coastline between El Campello and Villajoyosa, when other boats in the area noticed that the 16 foot vessel was in trouble, as

black smoke bellowed into the clear blue sky.

Fortunately another boat nearby rushed to the stricken vessel and rescued the three, taking them to the Club Nautico in Villajoyosa, where they were attended by a team of medics for smoke inhalation.

The oldest of the three was then transferred to Marina Baixa hospital in Villajoyosa for further treatment for smoke inhalation.

OUR VIEW

Westminster Bridge murders

JUST about the only really decent thing to come out of the Westminster Bridge murders has been the huge turnout of Muslims all over the UK to express their sorrow at the events and their hatred of those who commit terrorist atrocities.

The press and this includes the ever-expanding EWN Media Group has an obligation to report the news, not just one part of it and certainly these demonstrations which saw young Muslims standing side by side with police officers and representatives of other religions needs to be reported.

Some in the media who have been calling for this type of demonstration will perhaps now suggest that this is a cynical show simply to hoodwink the public but in reality this is now one less stick to beat them with.

No-one can argue that a large number of recent terrorist events have been undertaken by those professing belief in their Prophet, but in the same way that large numbers of Irish Catholics were not supporting the IRA, there does need to be a modicum of sense in what is said, as one of the best ways to turn people is to constantly berate them.

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'Embrace sting' quartet arrested

OFF-DUTY Guardia Civil officers, both stationed in Altea, collared four members of a Romanian gang.

They were operating the 'embrace' sting where victims receive an unexpected embrace that results in losing a watch, jewellery or wallet, often with violence.

The first incident occurred when one of the Altea officers intervened on seeing two women and a man scuffling with a victim in Alfaz del Pi as they tried to take her jewellery.

The same people were arrested three days later in Altea when a second Guardia Civil officer, again off-duty and in plain clothes, saw two women surround an elderly man and begin to struggle with him. One of the women turned on the officer and attempted to run away after he stepped in.

When all four were brought in, one of the women was found to have accumulated 233 similar offences on the Costa Blanca, Valencia, Cantabria, Huelva and Badajoz.

An arrest warrant had been issued against her in Badajoz for belonging to a criminal organisation and she was remanded without bail.

The others in the group were charged and later released, although their car was impounded after a search revealed jewellery that they were unable to account for.



Photo by Pixelat

SERRA GROSSA TUNNEL: Once open, the frequency of the trams will double.

Two-year wait for tram tunnel

By Linda Hall

REGIONAL rail operator FGV plans on spending €50 million on Line 1, the Alicante-Benidorm Tram, and the Line 9 Benidorm-Denia trenet.

Approximately €10 million will be spent on finishing the 1.4 kilometre Serra Grossa tunnel outside Alicante City.

Once in service, this will cut time from the lengthy and often slow jour-

ney to Benidorm, allowing FGV to double the frequency of the trams that can run only every 30 minutes on the single-track route.

The two-lane tunnel runs parallel to Avenida de Villajoyosa beneath the Serra Grossa and will substitute the current section bordering the shoreline that includes a series of short tunnels beneath buildings and Finca Adoc.

Excavating the tunnel beneath the

Serra Grossa that connects the Sangueta and Albufereta stops took 17 months and was completed in 2012. It was then hit by spending cuts and funds were not available to install tracks, electricity, signalling and safety mechanisms.

The entrances have been boarded up and in the meantime the tunnel has cost the Generalitat €500,000 in maintenance alone. If all goes according to plan, it should open in 2019.

Road safety for schoolchildren

NEARLY 1,000 students in Alfaz del Pi have taken part in a programme learning about road safety.

Organised by the council's department of education and public safety, the educational programme visited the town's schools, teaching the students in a fun way how to stay safe and avoid road accidents. The children were taught about how their habits and attitudes towards road users should be made in a responsible manner.

Genoveva Tent, councillor for Public Safety and Isabel Muñoz, from the Education department, took advantage of the children's traffic park to teach the pupils first-hand about safety awareness.

The councillors explained: "This programme, which started seven years ago, visits all public and private schools in the town. Each visit consists of a two-day course. The first day is a theoretical class with contents adapted to the ages of the students and includes topics such as the appropriate behaviour within a vehicle, how to travel on a bus, the meaning of the most common signs. The second is practical based."



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One man's decision

By Linda Hall

GEORGE THOMAS, a Scot from Javea, is clear about Brexit.

"It's a total disaster," he said after Theresa May triggered Article 50 and set in motion Britain's divorce from the European Union.

George, local president of the PSPV party, has already taken steps of his own.

Aged 76 and a convinced Europhile, he has begun the process of becoming a Spanish citizen. He has

lived in Javea for 18 years and before that spent five years in Madrid and Barcelona.

"At my age I don't want to change my situation. I'm one more Javea resident," he said. "When I go to the UK I feel like a foreigner. My home is in Spain."

Having fought for years for political rights, Brexit means that British residents will no longer be able to vote in municipal elections, George pointed out.

"That could cause an up-

set in areas like the Marina Alta where this group carries a great deal of weight," he warned.

George also predicted that many British residents will opt to take Spanish nationality, which involves sitting two exams. One centres on knowledge of the Spanish Constitution, society and culture and the other is a three-hour Spanish test. George passed both, obtaining 93 per cent in the language exam.

He also preferred not to

wait for a possible second Scottish independence referendum before taking the naturalisation plunge.

"There are already too many frontiers when we should be giving weight to the concept of Europe as an open space," he declared.

GEORGE THOMAS: Scot who will become Spanish thanks to Brexit.

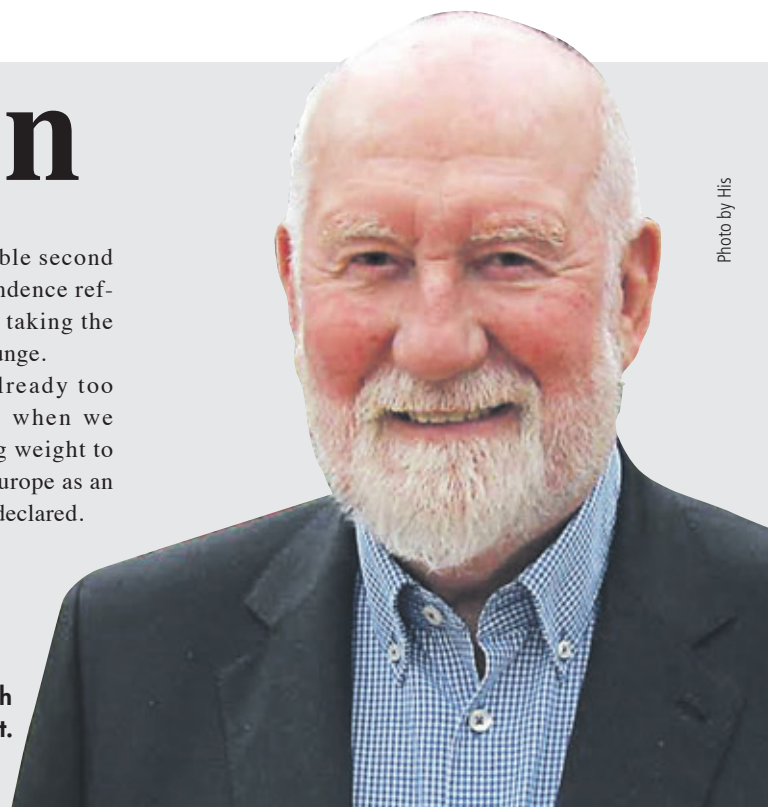


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Hospital extension

By Linda Hall

STAFF at the Marina Baja hospital in Villajoyosa called for extension plans to be rushed through.

A queue of eight ambulances recently log-jammed parking spots at the hospital doors. More space, resources and personnel are needed if the hospital is to provide a service in optimum conditions and avoid situations like these, sources maintained.

A & E is the most collapsed department and has been for years, they said. This was particularly noticeable at the beginning of the week, they claimed, when patients who felt unwell at the weekend inundated A & E.

"Mondays are horrible and there are moments when we can't cope although this can occur any day of the week," A & E staff sources said.

On a recent Monday the department attended to 105 patients between 8am and 1pm when the weekday average usually hovers between 150 and 170 patients throughout the day.

There were also complaints about A & E hot-bedding: "Sometimes we hardly have time to change the sheets before another patient arrives."

With Easter Week about to start, saturation will inevitably increase, medical staff said.

"This is the only hospital in the province that has not been enlarged in 30 years and extensions have become a necessity."

Roman water network find

ARCHAEOLOGISTS from Alicante City's Archaeology Museum (Marq) have located Roman remains in Muchamiel.

The vestiges of a water deposit and sections of a channel in Barranco del Juncaret were discovered during digs in 2015 and 2016.

Marq archaeologist Ana

Garcia Barrachina explained that as they bore no resemblance to other irrigation systems excavated in the municipality, the finds were almost certainly Roman. The water deposit is similar to other structures known to be Roman that have been found in Murcia, Garcia Barrachina said.

Excavations will continue

this year, she announced, with digs in El Juncaret and the River Monnegre areas as well as the Los Enamorados irrigation channel.

Meanwhile the finds have been covered with biotextile fabric to protect them from heavy rain and, above all, from vandals and trophy hunters.



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Photo credit: Serge Laroché.

BRITS SELLING UP: Many are leaving the Costa Blanca.

Market is changing

POST Article 50 the Costa Blanca property market is already noticing some changes.

With Brexit an unavoidable reality, the number of Britons preparing to leave Spain has increased and companies that specialise in currency exchange for bank and property transactions are amongst the first to notice this tendency.

Unsure of their rights or status once the UK has left the European Union, and with diminished purchasing power

thanks to the euro-sterling exchange rate, some are selling up and returning home.

And many will not sell at a loss.

"The fall in sterling has encouraged many Britons to put their houses on the market at affordable prices," said Paul Harrison of Currencies Direct. "Many bought when the pound was strong," he explained, and its present weakness against the euro could work in their favour.

"They can now lower their offers and not lose out," he added. Harrison estimated that property sales had increased by between 15 and 20 percentage points in the last few months.

Nevertheless the number of registered UK residents in Alicante Province has fallen steadily since 2013 when just over 130,000 lived here compared to 74,349 in 2016, according to Spain's statistics office, INE.

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Boar makes friends

ALARM spread when a wild boar was first spotted on an urbanisation in inland Tibi.

The residents' initial reaction was to call the Local Police, but they soon realised that the boar was more like a pet than a wild animal.

Far from the aggressiveness habitually associated with wild boar it was friendly and

showed no fear when near the humans who ended up by playing with it and bringing it food.

The boar finally left but residents eventually solved the mystery when they discovered that the boar was a regular visitor of a nearby country property whose owner has been feeding it for some time.

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See pages 68 & 69 for our Semana Santa special

FROM April 9-17 the streets across most towns in the Costa Blanca will be full of traditional processions to mark the resurrection of Christ.

Alicante, Alcoy, Altea, Benidorm, Calpe, Callosa de Segura, Mutxamel, La Nucia,

Villajoyosa and San Vicente del Raspeig are just some of the towns that participate in one of the most important dates on the Spanish calendar.

In Calpe proceedings start on April 9 with the blessing of the Palms at 11am in the Ermita del

Salvador, followed by the Palm Sunday procession. Throughout the week there are further processions, culminating with a Mass on Easter Sunday April 16.

Holy Week in Benidorm is an event that brings the cultural heritage of the town to locals and the thousands of tourists who are staying at the resort. Throughout the traditional parades, celebrated by seven Catholic religious brotherhoods and fraternities, onlookers can see first-hand the attention to detail in both the costumes and complete dedication that the participants have.

The Benidorm events start



Traditional Semana Santa costume.

on April 9 with the blessing of the Palms at 11am in the Parish of San Jaime, followed by a procession through Calle Santa

Faz leading onto a holy mass, and then at 8pm the procession of the Royal Brotherhood of Our Lady of Hope and Peace.

In Villajoyosa the first of the scheduled processions will again be on Palm Sunday, April 9, from the chapel of the Holy Trinity. On Holy Monday, April 10, is the procession of Our Lady of Charity. On Wednesday, April 12, until Good Friday similar processions are planned with Resurrection Sunday being the procession and the meeting between the resurrected and the 'Mare de Déu.'

All of the Costa Blanca towns participating in the Semana Santa can be found on the www.costablanca.org website, which provides detailed timetables of the schedules and their locations.

Specific road closures are normally announced on the individual town hall websites. For the towns featured in this article they are Calpe: www.calp.es, 965 833 600; Benidorm: www.benidorm.org, 966 815 400 and Villajoyosa: www.villajoyosa.com, 965 893 286.

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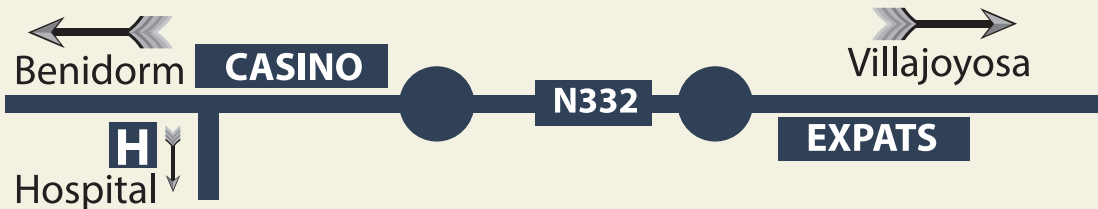
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THRILL SEEKERS: Are expected to flock to the park looking for an adrenaline rush.

Theme park's season starts

POPULAR theme park Terra Mitica opens its doors on Saturday (April 8) to welcome thrill seekers to the 2017 season.

The Benidorm amusement park has a new fantasy show and the infamous 80m 'Tornado' ride is again expected to attract queues of people looking for an adrenaline rush.

The leisure park's hotel is fully booked for its first weekend of the year and with tourism chiefs already predicting another bumper year for the Costa Blanca, management at Terra Mitica are confident the park, which opened in 2017, will remain a magnet for visitors.

There are more than 50 attractions on site and making its debut for the season is 'Reditum' - a 40 minute extravaganza with a cast of 30 actors, where it is promised the public will be delighted by a combination of 'fantasy, mystery and history' packed with acrobatics and special effects.

Tim Healy Celebrity Classic

BACK in 2016, Benidorm star Tim Healy had planned to host a special golf tournament to raise funds to support his friend and fellow actor Dave Whitaker but due to his sudden collapse and entry into a coma, the tournament had to be cancelled.

Now as he has recovered (although he has quit smoking and drinking beer) and is back playing his cross dressing character in the comedy, he has announced that the fundraising is back on the agenda.

The inaugural Tim Healy Celebrity Classic in aid of Dave Whitaker will attract a number of celebrity guests and will take place at the MacDonald Linden Hall Golf and Country Club in Northumberland on September 7 after which there will be by a gala dinner. Visit www.officialtimhealy.com for more information.

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Latest news from Bremain in Spain



Some of the people at the London march.

SUE WILSON: At the Unite for Europe march.

DURING a conversation with Sue Wilson the chair of pressure group Bremain in Spain, she told *Euro Weekly News* that she had been very pleased with the fact that more than 100,000 people had taken the trouble to attend the Unite for Europe march.

According to Sue, she felt part of a large upswell of people who are opposed to the decision for Britain to leave the European Union and although she is not a public speaker she was delighted to address those attending alongside MPs Tim Farron and David Lammy as well as former deputy Prime Minister Nick Clegg.

Sue told *EWN* that "this was just one demonstration of the depth of feeling which is growing and will without doubt be repeated."

As far as the actual triggering of Article 50 is concerned, she refuses to be downbeat as her group knew that it was coming but in her words it is

"certainly not the end of the argument."

Indeed she is excited that members of the coalition opposed to Brexit managed to meet with the leader of the EU negotiating team Michel Barnier, even before the British government had done so.

She believes the meeting was the reason for a sudden decision by the Ministry for Exiting the European Union to agree to have face to face discussions with three representatives from the coalition on April 10, although they wait to find out who they will meet, as it appears that Secretary of State David Davis will not be available.

Representing the coalition, British in Europe, the delegates will be Jeremy Morgan (Italy), Jane Golding (Germany), Fiona Frank-Godfrey (Luxembourg) and Margaret Hales (Spain).

One of the opinions that Sue has was quite interesting as she

feels it would appear that European Union representatives have a greater interest in the protection of the rights of British citizens within the EU than the British government does.

"As I said in my speech at Parliament Square, I am a proud European and I would like to be proud to be British again," said Sue who is a long term resident of Alcossebre in the province of Castellon.

For more details of the aims of the organisation, visit www.bremainin.spain.com.

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Photo credit: Campello town hall

MARINE RESERVE: Meetings are making progress.

CAMPELLO intends to protect its waters with a 2,300-hectare marine reserve.

Plans are still at an early stage but already have the approval of the regional government's Agriculture and Fisheries department.

The reserve would be classed as a Marine Reserve

of Fishing Interest with the object of replenishing the over-exploited fishing grounds off the Campello coast as well as the underwater meadows of Posidonia or Ocean Grass.

The project also sets out to advance marine biodiversity and protect the marine

ecosystem while adding to Campellos's tourist offer.

The marine reserve area would begin at the Illeta dels Banyes and continue to the town limits with neighbouring Villajoyosa. This is likely to be extended if current contacts with Villajoyosa Town Hall bear fruit and

some of its waters are included in the Campello project.

Fishing would be banned on some parts of the reserve while in others this would be allowed during certain times of the year using the traditional 'trasmallo' (dragnet) method.



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Fined for sign

THE bad placement of a 'for sale' sign has resulted in an estate agent being fined €200 by Javea Council.

Unfortunately for the agency they had fixed the sign, which advertised the sale of a cottage, on public property. In fact it had been mounted at the entrance to the Grandella Cove beach access area in Javea.

Jose Chulvi, mayor, was notified of the matter and instantly despatched police officers to take the sign down.

The fine was made on the basis that the ordinance does not allow private entities to use public posts to promote themselves.

“Could Brexit affect pension transfers out of the UK? Should I take action now?”

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There are all sorts of rumours as to how Brexit could affect pensions once the UK is no longer tied by the EU's 'free movement of capital' rules. If you are considering transferring your pension overseas, it may be better to do so now, under the current rules, than wait and see what happens. Blevins Franks specialise in cross-border wealth management and can provide personalised, regulated advice on all your pension options, including QROPS.

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Neighbourhood Watch
warning.

Mayor makes a 'brave decision' to advance cash

TIRED of waiting for official help regarding La Cala's treacherous Barranco, Finestrat is taking action on its own account.

The usually dry watercourse, which is now paved, becomes a raging torrent during particularly heavy rain. Its most recent victim was a Spanish man who was swept away during the December storms while two elderly Britons lost their lives there during a flash flood in October 2011.

Finestrat's mayor Juan Francisco Perez has now signed an agreement with Hidraqua, the concessionary that manages the town's domestic water supply and drainage.

The company will advance cash from

its Renovation Fund, allowing Finestrat Town Hall to begin the €1.4 million project to channel the Barranco.

The regional parliament recently approved a motion urging Valencia's regional government and the national government in Madrid to treat channelling the Barranco as urgent. Nevertheless, no mention was made of funding.

"That is why this town hall made the courageous decision to set to work with Hidraqua's cooperation," Perez announced.

"Whenever it rains Finestrat residents risk their necks," the mayor said. "But the Hidraqua agreement doesn't mean that we shan't continue to press both the national

and regional governments for funds," he added.

The Barranco project has already been approved by the Confederation Hidrografica del Jucar (CHJ), the body that controls all local waterways.

Plans include a breakwater upstream to slow the flow of stormwater which will then be channelled underground as far as the La Cala beach.

The town hall hopes to begin immediately so that most of the channelling can be completed before the summer season. "I'm confident that all La Cala residents back this project. And I hope, too, that all the opposition parties will join them," Perez said.

PERSISTENT cold callers and contractors are still trying to dupe Cumbre del Sol residents into carrying out unnecessary repairs.

Last February, Neighbourhood Watch Cumbre del Sol pointed out that this was not a recognised way of doing business and advised members to obtain a least a couple of estimates from reputable companies before going ahead.

"On legal grounds we are not allowed to reveal the names of the companies that allegedly offer to carry out very expensive or non-essential work," the association explained at the time. "We ask all our members to be vigi-

lant and careful about whom they allow to enter their properties without an appointment."

The association has now warned that men are once again calling at some properties, claiming that roofs needed repairing.

In one case they started work before the elderly owner was consulted.

"Please do not allow this to happen to you, as we are told they try to charge very high prices for their unnecessary work," a Neighbourhood Watch said.

"If this does happen, do not let them start work without your agreement or authorisation. If in doubt, call the police."



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Outlook good for nisperos



Photo credit: Callosa Town H all

NISPEROS: On the market earlier this year.

DESPITE the winter storms, Callosa expects a bumper nispero harvest this year.

Predictions that high winds, torrential rain and hail would affect production were over-pessimistic and the inland town expects a harvest of between 13 and 15 million kilos similar.

The nisperos are ripening and reaching the market two weeks earlier than usual, the ASAJA agricultural union revealed, and because rain arrived at the right time, the fruit is a better size than last year's crop.

On the downside, four hailstorms in January harmed trees not under cover - a fifth of Callosa's total - and wrecked infrastructure as well as some plots of land.

Last month's rain was equally beneficial, said ASAJA's local president Rafael Gregori and helped to remedy the damage caused by the hail.

"It's an advantage that the nisperos are a fortnight early. As the first summer fruit to reach the market they are meeting less competition," Gregori added.

"Without overproduction and noticeably bigger fruit,

this should improve prices in origin."

Growers are now fighting for a permanent tax break. Over the last 20 years the cost-effectiveness of local nisperos and other plantations has diminished, said Callosa's Agriculture councillor Lumi Puigcerver.

Drought, the cost of irrigation water, energy overheads

and bureaucracy, plus competition inside and outside the EU and "repeated bad weather" were cited by the councillor.

"Unless the tax systems are brought up to date all these factors will reduce competitiveness and profitability and lead to a gradual decline in activity," Puigcerver warned.



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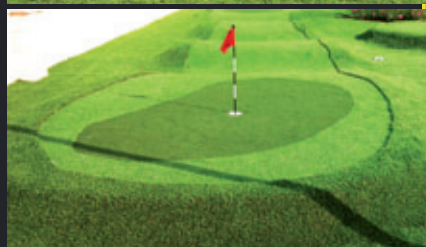
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Time is of the essence when someone disappears

By Costa Blanca Missing People

TIME is of the essence when a person goes missing as the first few hours after someone disappears are crucial.

Voluntary Facebook group, Costa Blanca Missing People, has been set up to support and help anyone affected by a missing person and is headed up by Deborah Law, Jacqui Perkins and a range of professional people with expertise in the field of locating missing persons.

Over the last few months the group has had to deal with some cases that have not been reported correctly and this has hindered with getting some investigations started. The group would like to draw attention to

this issue by raising awareness of what you should do in the event that a loved-one or friend goes missing.

In order to get the investigation moving the group needs facts and once information is received the group sometimes rely on support from the police and often attend the scene of where a person went missing.

Recently there have been two cases where the group found this difficult since a denuncia (the official missing person report) had not been filed with the police and this greatly hindered the group as they had to put other actions into place.

For example, with the Tony Ahmid case support had to be requested from the consulate in order to clarify with the police,

on behalf of the family, that Tony was indeed a missing person. Up until that point it was only the Costa Blanca Missing People team who were searching for Tony as the police were unaware he was missing so had no reason to look.

In another case, the family of a bereaved Venezuelan lady thought they had reported her missing but in fact had not because the report had not been completed correctly and therefore no police search took place for 11 days.

Thankfully Costa Blanca Missing People located the lady within 24 hours and made contact with her family. However, when the police were contacted to inform that she had been located they confirmed that no of-

ficial report had been made.

Outlined below are some steps to follow if you suspect someone to be missing and how you can ensure you submit the correct information. If at any point you feel unable to carry on or need help, advice or just someone to make some calls for you then please contact Costa Blanca Missing People who will help you.

- Get a pen and paper as at this stage it will help you keep things clear in your own mind and note the following:
 - When was the last time you saw this person?
 - What was the location?
 - Who were they last seen with?
 - What were they wearing?
 - Does this person have any illness or medical conditions?
 - How tall is the person?
 - How old is this person?
 - Where are they from and where were they staying?
 - Have you called the hotel or place they were staying? Does anyone else living or working there know where they've gone or whether they

have returned since your last known whereabouts of them?

- Have you tried their phone and sent a text, WhatsApp message and messages via social media eg Facebook?
- Can you see any recent interactions on Facebook or other forms of social media? Is there any information as to where this person was going and perhaps who with?
 - Have you tried calling or speaking to all people they were travelling/ staying /living with?

If the answers above draw a blank call the police and hospitals in the area to see whether they've taken ill, been involved in an accident or perhaps got into a bit of trouble.

Once you have exhausted all of the above and the person has still not been found then it's time to report it to the police. Stay calm and go to a National Police station (not Local Police) to make a missing persons report, also known as a denuncia. This is very important so a reference number is obtained that allows all of the necessary organisations to work together.

You will receive a copy of

the official denuncia report with the reference number on it. It is very important you keep this.

You will need to give the police as much of the following information as possible:

- Full name (as given on the person's passport);
- Date and place of birth;
- Insurance details;
- Travel itinerary;
- Time, date and place of when the person was last seen or contact with them;
- Contact details for the missing person eg mobile phone number, email address or any other method you use for contacting them.

Once you have made the official police report you should then call the Foreign and Commonwealth Office (FCO) on 020 7008 1500 and ask for Consular Support in Spain for the area of Spain you are in.

They will offer you advice and support and check to see if the person has come to their attention. This means whether the British Embassy has been notified of any accident, hospitalisation, arrest, etc and can quickly ascertain the person's whereabouts. If they don't have any record they will take details and alert the Embassy and keep you updated if something does come on to the system.

Your next step should then be to report the person missing to your Local Police force in the UK. This can sometimes be difficult to do but the key is in getting the right person. Costa Blanca Missing People suggests you ask to speak to an International or Interpol Liaison Officer, or someone who at least has experience of international missing cases. They should then take the same details as the FCO and inform the UK National Centre Bureau of Interpol who will also liaise with foreign police forces.

Your Local Police force may assign you a family liaison officer (FLO) to give you support.

Search for Costa Blanca Missing People on Facebook.

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Do you have a mortgage in Spain?

If so you could be due a refund.

There is now a new opportunity to stop the abuse from the banks in Spain.

The Supreme Court has considered that there is an unfair imbalance between lender and borrower.

It is therefore understood that there is an abusive clause, since it is the consumer who assumes all of the expenses, when the bank already has its own guarantee:

- Constitution before a notary.
- Registration in the Property Registry.
- Payment of the Tax on Documented Legal Acts and Transmissions
- Notary expenses for the Mortgage deed.
- Invoice of taxes for the property.

The regulation that protects the consumer, in article 89.2 of the General Law of Consumers and Users also considers that clause abusive.

For example, a mortgage of €150,000 contracted between the years 2006 and 2013 would incur a



return for the customer of about €3,000.

It is estimated that millions of people who have a mortgage can now begin the process of reclaiming thousands of euros, via tribunals and the courts in Spain.

The Supreme Court has considered

that there is an unfair imbalance between lender and borrower.

Assert your right against the banks. Contact the professionals who, after studying the feasibility of your individual claim, will advise you on how to recover all of your expenses that have been wrongly paid.

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Registering a sale deed in front of a foreign public notary

DEAR Lawyer,

We plan to sell our property on the Costa Blanca. The buyer is an English national and like us, lives in England. We have been told it is necessary to document the sale in a notarial deed. Would it be possible to sign a purchase deed before an English public notary and it still be valid in Spain?

Dear Reader,

Thank you for your interesting question.

In general, it is possible to register foreign documents in Spain, and it is not only possible, but very habitual, fundamentally in our experience: divorce judgements with liquidation of the matrimonial assets-society, certificate of marriages, etc.

The Mortgage Regulation itself states in the Article 36 that:

Documents issued in foreign territory may be registered if they meet the requirements of the of private international laws and rules, provided they contain its legalisation and other requirements necessary for their authenticity in Spain.

However, in relation to the validity in Spain of a public deed of sale executed before a foreign notary, we understand that it will have effects for the parties, regarding

the obligations assumed between them, etc. What is not so clear, is if it could be registered in Spain, in front of the land registry, since this inscription is fundamental in relation to the effects for third parties.

Therefore, we believe a public sale deed granted before a foreign public notary is not possible to register in the Spanish Property Registry, and would not be advisable, for the following reasons:

- The figure of the notary in Spain, its function, training, faculties, obligations etc, has nothing to do with that of public notaries in other countries of the world. In Spain, the notary is a public servant with public authority, although they exercise their activity as a professional. Therefore, we understand it is not 100 per cent comparable with the notaries of other countries and could affect some guarantees of the process, since even the significance and implication of a public deed in Spain may be substantially different from a public deed in another country.

- The process of transmission in Spain of a property through a sale, the moment of its perfection, consummation, is very different from other countries. The formalities and

requirements of the Spanish deeds are usually very different from those of other countries.

In its resolutions February 7, 2005, and May 20, 2005, the General Directorate of Registry and Notary Services indicated it is only possible to register deeds granted before Spanish notaries.

- Anyway, it is not advisable: As we have said the figure of the notary in Spain is different from other countries, and notarial deeds, particularly the purchase and sale, are really complex, as notaries must carry out checks in catastro, land registries, local tax records, and meet innumerable formal requirements. Therefore, it is advisable to do it in Spain in front of a Spanish notary in Spain, who knows all the requirements with which a deed must be counted.

If you have any legal questions, please contact us and we will help you. The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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VOLUNTEERS: Collected throughout the weekend at the store in Finestrat.

Operation kilo

THE Solidaridad Carrefour Foundation collected essential food supplies for the community at the weekend in their Finestrat store.

The collection, which ran from Friday March 31 until Sunday April 2 from 9am until 10pm each day, was supported and visited by the mayor of Finestrat, Juan Francisco Perez.

The campaign slogan, 'for every kilo of food you contribute, Carrefour will provide another,' encouraged shoppers to purchase an extra item when using the supermarket.

Among the most needed products asked for were milk for infants, children's products in general, preserves, oil, rice, sugar, milk and toiletries.

Every year the Finestrat

store donates an average of 10,000 kilos of food for the Alicante food bank.

In 2016 Carrefour, with the support of its customers and partners, nationally donated more than 8.2 million kilos of food products. It is estimated that these foods served to meet the basic needs of more than 90,000 people for more than a year.



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Struggling to keep up the juggling

EVA RONDA is a Denia councillor responsible until now for Fiestas, Employment, Commerce, Creama, Modernisation and Transparency.

She has decided to drop Fiestas from her portfolio after 20 months of juggling so many departments with her private professional activities.

"I decided not to continue as Fiestas councillor so that I could concentrate 100 per cent on the other departments," Ronda explained.

She also admitted to being overwhelmed by Denia's fiestas' calendar. "It's the fiestas' capital of the world," she said without exaggeration.

There are Fallas representations and events

throughout the year as well as the March celebrations, followed by the Moors and Christians, Hogueras, the town's principal fiestas with Bous a la Mar and several neighbourhood fiestas.

As Fiestas councillor she was required to attend "a multitude" of official and public events

that required a full-time dedication that her town hall and personal commitments prevented her from offering, Ronda explained.

The Fiestas department has now been allocated to Oscar Mengual, who is also responsible for Citizens Participation, Agenda 21 Local, Housing and International Relations.

Banks set to close in villages

ORXETA, Sella and Rellu will lose their banking facilities on May 20.

The town halls of the three Marina Baja municipalities will ask Banco Sabadell to reconsider closing the branches that opened more than 50 years ago. The three towns' 3,500 residents have also started a joint petition.

For several years the Sella bank has opened twice a week and covered a basic need, said the mayor, Milagros Llinares.

"Of Sella's 600 residents, 300 are elderly and 200 are women who do not drive and cannot get into a town with a bank," Llinares explained.

Many people will not be able to draw their pensions without having to depend on someone to take them, she pointed out.

The situation is similar in neighbouring Rellu and Orxeta, where the bank currently opens three days a week.

The three town halls are coordinating their efforts to persuade the bank to remain open, explained Orxeta mayor Jose Vicente Ferriz who admitted that this would be difficult. They also hoped to enlist the help of Tarbena whose Sabadell branch will also close on May 20, Ferriz said.

Closing these branches was not an easy decision, admitted Sabadell sources. This coincided with closures in other municipalities that include Benidorm and Villajoyosa where there are several branches.

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Curry tops up the pot

THE Alfaz del Pi Animal Angels group raised an amazing €780 at their charity curry meal event.

During the three-course meal attendees bought raffle tickets and took part in the tombola where, unusually, every ticket was a winner.

The small, non-profit organisation, foster out cats and dogs locally but are also part of SIAC in Holland (Stichting International Animal Care) where they have managed to rehome over 167 dogs.

The charity said: "We want to say thank you to all our friends who came to help our animals. With this lunch we can buy food, medicines and pay our vet's bills. Thank you to our team and to The Curry Pot in Alfaz del Pi."

Masonic H



LOCAL FARMACIA: Two nebulisers were given for the village

THE Annual General Meeting of the Masonic Homes of Valencia Association took place on Friday March 24, at La Senieta Theatre in Moraira. The Masonic Homes is a charitable association which raises much needed money for worthy local causes. Much of this money is raised by the charity shop in Moraira whose

volunteers work very hard to achieve this.

We are very sorry to have to report the death of Keith Hart, the association's secretary and stalwart member. He will be very sadly missed. It is particularly fitting therefore that this year the new president is Keith's wife Mrs Jenny Hart.

Several new members

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BOARD MEMBERS: Several new members were elected to the board.

have been elected to the board this year, one of which is Jenny Hart as the new president and also Brian Imber as vice president. Other new members include Norman Wheatley, Sue McAllister and Kath Taylor.

The association also made a presentation on March 28 to the local doctor at the Farmacia in Benichembla of two nebulisers for use of the people in the vil-

lage. There was only one nebuliser in the whole village and in the winter so many people in the village had chest problems that when the only one was in use, other people had to travel to other medical centres in other villages. These new nebulisers will be a great help to the villagers and should relieve the necessity of having to travel to other villages for treatment.

PEPA is hosting a lunch on Tuesday April 11 from 1.30pm at Moli Canyar Restaurant, Potries.

A three-course lunch, including wine and coffee, costs just €11.

Anyone wishing to book a place should do so by Friday April 7 by sending an email to brendawhytela_font@gmail.com or by calling Brenda on 962 833 104.

The charity is also appealing to you for your unwanted winter clothes to help replenish its Oliva shop stock for next winter and also any good quality

summer clothes you may not need.

It also takes small items of furniture and bric-a-brac.

If you enjoy volunteering why not join the charity at its busy Oliva shop?

Duties would be varied and you would meet lots of people. If you would like to help out please pop into the shop... you can even pick up a bargain while you are there!

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Oliva La Safor



URGENT APPEAL: Basic items were collected including clothes and food for the residents of the Gandia Hospice.

ON Tuesday March 21, the charity steward of Oliva La Safor, WBro Jim Jordan, made an urgent appeal for help from the Brethren of the Lodge to assist, once again, the residents of the Gandia Hospice.

The need was, as always, for basic items which most people take for granted including clothes, food and items for hygiene purposes.

By Tuesday March 28 the Brethren had collected, and do-

ated, a huge pile of items for the residents, including shirts, trousers, sweaters and much more. There was a huge amount of long-life foodstuffs such as rice, pasta, sugar and tinned goods, all of which will



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India Hospice.

AFTER 50 years of marriage Hilary and Chris Hare are still happily married, although Chris would probably have something quite different to say about this in his own humorous way!

Having first met in 1964, when Hilary went to work at Chris' Fathers' company, they started to see each other but Chris had a trip to make which took him far away to Egypt. However, when he returned (after he ran out of money he said!) they started dating again and in 1966 tied the knot.

When Hilary and Chris de-

cidied to throw a party for friends and family to celebrate their 50 years together they decided to do away with traditional gifts and asked their friends and family not to buy gifts for them and instead make a donation to the charity HELP of Denia and Marina Alta. The couple wanted to buy an electric hoist, a much-needed piece of medical support equipment needed by HELP of Denia and Marina Alta to be able to loan out to patients.

The hoist is used to be able to move the infirm and injured and to help get peo-

ple standing again or move to a wheelchair when they are weak after surgery.

Hilary and Chris hope this will give other people the idea to help more too since electric beds and hoists are also much in demand at

HELP. At the moment the charity has 29 electric beds available for loan however all of them are out on loan and there is a waiting list.

If you would like to enable HELP to assist others with a donation towards purchasing

a special item for care in the home please get in touch by contacting HELP on 966 427 044. The charity would like to thank Hilary and Chris for their kind donation and wish them many more years of wedded bliss.



HILARY AND CHRIS: Wanted to buy an electric hoist.

make life just a little better for these aged and infirm people.

Also much needed hygiene equipment such as soap, deodorant, razors, shaving cream and much more.

These items are so little to us yet so much to those who don't have them and have no means of getting them. These items and more will be donated to the hospice in the near future.

If you feel able to help by donating a few unwanted items, or perhaps by buying just one extra item on your shopping list, or if you would like more information about Freemasonry, please contact WBro William Turney at prensa@glpvalencia.com.

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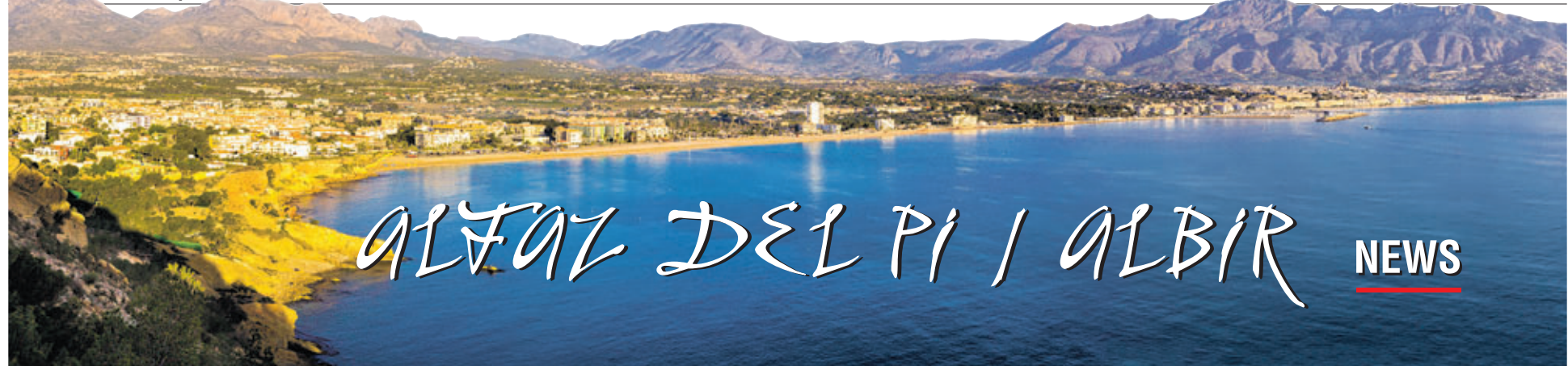
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Push for Padron registration

Well worth looking after



Photo by Alfaz Town Hall

REGISTRATION CAMPAIGN: Vicente Arques with councillors Martine Mertens and Mayte Garcia.

ALFAZ is urging all residents to register on the municipal Padron.

The present campaign is particularly aimed at the foreign population because, unlike Spanish residents, they must confirm registration every five or two years.

As in previous campaigns, the initiative is entitled 'Alfaz is you.' This choice was deliberate, explained Alfaz's mayor Vicente Arques. "We

want to impress on everybody who lives here that confirming their Padron benefits the town as well as themselves."

A large registered population lent weight to the corporation's call for more and better services that included health, public services, social services, education, street cleaning and transport, Arques said.

With this in mind, this year the 'Alfaz is you' slogan is

followed by the phrase 'Today I'm registering on the Padron, for myself and my town,' he explained.

"Residents without a residence permit should renew every two years while those with permits should do so every five years."

This was rather irksome, the mayor admitted, although the town hall had made the process as easy and rapid and possible.

SIXTEEN trees were added to Alfaz's municipal catalogue of outstanding and singular trees.

Eleven carobs, three pines and two olive trees have joined the list of 39 trees catalogued so far. They are located in Carrer Castell, Sarando, Tossalet, the Norwegian district, the Scandinavia park and at the municipal

sports complex.

Alfaz has more trees categorised as singular or monumental than any other Alicante Province municipality, said town hall spokesman Toni Such. The huge carob in Foia Brell is believed to be 800 years old, the oldest and largest in the Valencian Community.

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Getting to know the Red Cross

REPRESENTATIVES from Alfaz's foreign residents' groups and associations recently visited the Red Cross headquarters in Alicante City.

It is from here that the non-government organisation coordinates and directs the different activities carried out by local branches in this province.

Foreign Resident's councillor Martine Mertens explained that the excursion was suggested by the Red Cross.

"When the invitation arrived we felt it would be very interesting to introduce the clubs and associations to the programmes and projects that the Red Cross is involved with throughout the province," Mertens said. "The representatives can then tell members what they saw and learnt during the visit."

The councillor also pointed out that many Alfaz residents are elderly. "It is important that they know about the wide range of services that the organisation offers. They can benefit from these in times of necessity but they can also join the Red Cross as volunteers," the councillor pointed out.

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TEULADA MORAIRA

NEWS

THE monthly general meeting is to be held on Monday May 1. The venue for this meeting is the Salon de Banquettes, now renamed Salon GL and is in the Avenida Mediterraneo, Teulada.

The doors open at 9.30am to enable the committee to prepare the room, and the formal meeting starts at 10.30am. Details of the exact location and parking places can be found on the website.

Those attending are welcome to join groups, find out about travel and cultural events or simply

U3A Teulada-Moraira

meet up with friends for a coffee.

The membership desk for both renewals and new members will be open from 9.30am to 10.30am. Please note that as from the April meeting the membership renewal fee is €10.

Once the formal business has started at 10.30am

both these desks will be closed.

At present there will be no Speaker at the May Meeting, so members will be free to sit and chat longer with friends or make any new members feel welcome.

For further information, please visit the website www.u3amoraira-teulada.org.

**ARCHITECTURE
WORKSHOP: Students
make plans for Teulada.**



Blood donors needed

GENEROUS residents of Teulada Moraira are asked to spare time and help save lives by giving blood tomorrow (Friday April 7).

Donations can be made at the Centro de Salud in Calle Dr Jose Pitach in Teulada between 4.30pm and 8.30pm.

Organised by the town hall and Cruz Roja, people are reminded that every donation can help save up to three lives in an emergency.

The Red Cross in Spain advises anyone planning to give blood drinks more liquids in the 24 hours prior to going to the health centre.

More clout for local politicians

TEULADA-MORAIRA councillor Raul Dalmau is the Partido Popular's new regional Secretary for Mobilisation.

The designation was announced during the PP's recent regional conference which re-elected Isabel Bonig as party's president in the Valencian Community. Now part of Bonig's team, this makes

Dalmau one of the most relevant Marina Alta politicians. Teulada mayor Carlos Linares was also elected to the Executive Committee during the conference.

Insiders said these latest appointments underline the influence of Pepe Ciscar, the PP provincial president for Alicante.



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Photo by Teulada-Moraira Town hall

Students put forward ideas

THIRTY-FIVE students of Architecture from Central Saint Martins School and Valencia University recently put forward proposals for Teulada-Moraira.

They were attending the Second International Architecture and Landscape Workshop which was held at the Teulada-Moraira Auditorium.

Split into seven working groups they addressed a central theme that dealt with integrating Teulada's Avenida de Mediterraneo within town's urban heritage and singular landscape.

Teachers accompanying both groups said the experience was clearly positive as the students were able to focus in the field on a real project. It was truly enriching as they dealt with this from some very interesting points of view since they were of different nationalities, and provided a broader vision of the project.

As well as Valencia, Balears, Barcelona and the UK, students attending the workshop came from Italy, Switzerland, France, Brazil, Lithuania and China.

Aged between 20 and 25 this was a different way of working with first-hand contact with reality, the students agreed.

They were surprised at the beauty of the local scenery and its vineyards, they said, but were also impressed by the Auditorium where they worked on the project. Designed by Francisco Mangado it was a remarkable example of the quality of architecture in Spain, they said.

The International Architecture and Landscape Workshop is part of a trilogy that began in 2014 with 'Between vines and the sea' with proposals for the landscape between Teulada and Moraira. In this second edition, participants addressed urban spaces and the local landscape.

Smelly Easter for residents

RESIDENTS in Teulada may be hoping that the warmer weather stays away for a few more weeks, as a rubbish collection strike has been announced.

Workers at the public company Teumo Serveis, who are responsible for rubbish collection and street cleaning in the towns of Teulada-Moraira, have announced plans to

strike over work conditions.

Union representatives for the workforce (CIS.F) explained that the action, which will take place over Easter and the celebrations of Sant Vicent Ferrer, is because of the failure to renew an agreement, and that employees had only had one day off a week despite having asked for two.

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Javea U3A committee voted back

MEMBERS of Javea U3A have given their executive committee a big vote of confidence by electing them to carry on for the next 12 months.

At the AGM on Wednesday March 29, all seven members of the committee were returned unopposed for another term of office. Members had been voting online over the last couple of months.

President Eric Atkins was re-elected and will be joined once again by vice president Guy Marriott, secretary Roy Brown, treasurer Mick Cox, membership secretary Sheila Giacomelli, groups coordinator Karen White and communications officer Ian Rogerson.

The non-executive commit-

tee will be made up of webmaster Clive White, deputy secretary Val Dromgoole, deputy treasurer Sally Rush, deputy membership secretary Linda Coughlin, deputy groups coordinator Yvonne Mulley and member without portfolio Jacqui Rogerson. Shirley King will continue as events coordinator.

Eric presented a bottle of wine to Travel Group leader Joni Hills, who is set to retire from her role in June after six years at the helm.

Many events be-

ing organised this year including the May Ball at El Canor, Teulada on Thursday May 25. For full details of Javea U3A events visit www.u3ajavea.org.



ERIC ATKINS: Pictured with retiree Joni.

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FOREST FIRES: Part of the local ecosystem.

A shared responsibility

JAVEA wants residents' opinions on the town's fire-prevention measures.

The Local Police, together with experts from the Medi XXI environment consultancy, is launching an awareness and self-protection campaign, aimed at residents' communities, urbanisations and tourists renting homes in the summer when fire risk is greatest.

Both agreed residents should realise they live with a real risk of woodland fire and should know how to deal with it. A guide

with basic instructions ranging from preventative gardening measures and recommended practices to keep safe during an emergency is being developed.

The police are also preparing a questionnaire enabling residents to review their levels of fire protection and learn what steps to take to ensure their own safety.

Fire is part of the ecosystem and there should be shared responsibility between the Administration and the population.

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BREXIT PAGE

By John Smith

THE last week fuelled a feeding frenzy for the press around the world and for politicians in Spain and the UK as following the triggering of Article 50 all eyes were on Gibraltar and its apparent importance to the Brexit agreement.

Point 22 of Donald Tusk's response, which is effectively the draft for European Union negotiations, caught most of Parliament and Gibraltar by surprise as it stated 'After the United Kingdom leaves the Union, no agreement between the EU and the United Kingdom may apply to the territory of Gibraltar without the agreement between the Kingdom of Spain and the United Kingdom.'

The press in Britain had a field



Photo by European Union

DONALD TUSK: His response caught most of Parliament and Gibraltar by surprise.

day about the machinations of the conniving Spanish who were already making a bid to take over the role from the UK as a major player in the EU top echelon and despite the fact that Alfonso Dastis, the Spanish Foreign Minister, has repeatedly said that Gibraltar would not be a pawn in the Brexit negotiations, he seemed to have possibly achieved quietly what

his noisy predecessors had not.

Gibraltar Chief Minister, Fabian Picardo who has visibly risen to the challenge, according to some papers suggested that Spain was behaving like a 'cuckolded husband,' a deadly insult had it been true but in actual fact he was talking about Donald Tusk, President of the European Council, in reaction to his use of

family oriented references.

Much was also made of the fact that Gibraltar was not specifically mentioned in the 'divorce' letter although Mr Picardo, appearing on BBC TV brushed that aside, inferring that the wording was deliberate and produced with the agreement of the Gibraltar government as the important thing was that Gibraltar is

covered in the White Paper.

Former Tory leader Michael Howard jumped into the melee on the exact 35th anniversary of the start of the Falklands War by suggesting that Theresa May could well be strong enough to follow in the footsteps of Margaret Thatcher in order to protect the integrity of the Rock.

The prime minister however decided to emulate an earlier conservative hero by suggesting that the matter would be resolved by "jaw-jaw (rather than war-war)" and with Boris Johnson, never short of a chirpy 'bon mot,' he wrote on Facebook "I wanted to reiterate that the UK remains implacable and rock-like in our support for Gibraltar."

It is still early days and all 27 members of the European Union have to approve the Tusk letter, so possibly Gibraltar will turn out to be a bit of a 'storm in a teacup' but there is no doubt that negotiations will be testing for both sides and will require give and take, especially as a Commons committee has just stated that there is no justification for suggesting that "no deal is better than a bad deal."



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EN ROUTE: Some of the walkers opted for more of a challenge.



Cherry Blossom Festival of Walks 2017

ON Wednesday March 29 some 110 walkers gathered at the village of Benimaurell for the Costa Blanca Mountain Walkers annual Cherry Blossom Walks Festival.

The usual party atmosphere prevailed as both regulars and those new to the group chatted in the early morning spring sunshine before setting off on a choice of five walks.

The less strenuous walks included a gentle seven kilometre meander around the countryside of Benimaurell, a longer triangular route ascending to the Caballo Verde ridge and a circular walk up to the head of the Val Laguart.

Another group climbed to the head of the valley and walked the length of the Caballo Verde ridge and descended below Penyo Roig and returned above Fleix. For those up to more of a challenge on Mozarabic paths and rough terrain,

there was an ascent up to and along the Carrasco ridge, enjoying spectacular views of the surrounding ridges and barrancos.

Those on the shorter routes were able to enjoy lunch at the Hotel Alahuar above Benimaurell and were joined later by those on the more strenuous walks for a well-deserved drink at the hotel bar.

This friendly international group hope that you will go along and join them, and share their love of walking in the beautiful mountains of the Costa Blanca. Full details of all the walks, including grades, length, duration and start points are on the programme, which can be viewed or downloaded from the website www.cbmwalkers.org.

The website also includes a wealth of information on mountain walking which will be of particular interest to those who may be new to this exhilarating pastime.

Fun day out for your furry friends in Benissa

CLUB CANINO LES CUTES is inviting dog owners to Benissa on Sunday April 9, where they and their dogs can participate in 'Les Cutes Olympiada,' a fun day for all with many games to play.

Club Canino Les Cutes, officially registered in the Spanish registry of associations, is a dog-training club founded by a Belgian trainer 17 years ago in Jalon.

Since 2005, the club has been located on a 6,000 square metre site just outside of Benissa, boasting its own clubhouse with separate fenced-off training areas for all standards of obedience training.

The club's aim is to help owners train their dogs to the highest levels of obedience and it has recently invested in a top rate agility course and is expanding into



HELPING OWNERS: To train their dogs to the highest levels of obedience.

the sport of fly-ball.

Its president, Ralf Dressen, says the key to successful training is to create a fun environment for both owners and dogs.

Club Canino Les Cutes is truly international with

members from Britain, Germany, Spain, Holland and France. Many of the 12 experienced trainers are multilingual. They instruct owners in the style of internationally recognised examinations in obedience, having undergone training in Britain, Germany and Switzerland.

There are classes for dogs (including puppies) of all ages and ability.

The club offers a free individual taster session to all newcomers and if you like what you see, you can join a group of owners and dogs of similar ability.

New classes begin at 9.30am on Sunday mornings.

For more information contact vice president, Barbara Jaekel on 650 441 677 or visit the club on Sunday mornings.

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Easter services

THE Costa Blanca Anglican Chaplaincy (the Church of England in Spain) has announced the programme of services which will take place over the Easter period. Visitors to the area and residents alike will be made very welcome.

On April 13, Maundy Thursday, in La Fustera there will be a Seder/Passover meal followed by a vigil. Good Friday, April 14 will see services in Albir at 11am Gandia, Javea, Denia and Calpe at 12 noon and then La Fustera and El Campello at 2pm and then again in La Fustera at 8pm on Holy Saturday, April 15. Further services will also take place on Easter Monday, April 16 in Albir and Javea at 9.45am, Calpe at 10.30am, Denia at 11.45 am and then El Campello, Gandia and La Fustera at 12 noon.

For more information on the work of the Chaplaincy please visit costablanca-anglicanchaplaincy.org.

U3A Vall del Pop

AT the crack of dawn on Monday March 20 some 47 members of the U3A Vall del Pop awaited in the car park in Jalon for the coach to take them on the five-day Holy Grail exploration.

After 40 winks, to catch up on lost sleep whilst Pepe drove the group northwards, members gratefully welcomed a coffee break before arriving in Teruel for lunch where everyone disembarked and scattered around the town looking for the sights, and best lunch.

Most of the group gravitated to the central plaza where the smallest bull in Spain sits atop one of the biggest columns.

The next stop was in Zaragoza, where there was time to visit the Cathedral before viewing the largest statue in Spain of King Alfonso I of Aragon, one of the Grail Kings, where David Rohl, the tour leader and master of the Grail history, started his detailed story. The journey for the day finished in Huesca, at the Hotel Sancho Abarca where everyone was well looked after and spent three

Calling all artists!!

AS part of the Jalon Valley HELP 25th anniversary celebrations, the charity is pleased to announce that a painting competition has been organised which will be judged on July 1 at the Centro Civico in Alcalali.

Entry forms can be collected from either of the Jalon Valley HELP charity shops in Alcalali or Jalon, the Animo drop-in centre or downloaded

from www.jalonvalleyhelp.com, where further information can also be found. The entry fee is €5 for adults and €3 for children under 15 years. There is a first prize of €100 for adults and €50 for children. This is an exciting opportunity for all budding artists to exhibit their work whilst supporting the charity in their efforts to help the sick and needy in the area.

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U3A Vall del Pop: Sangreal Tour Part 1

very restful nights.

Day two started with an excellent guided tour of Huesca, where the Holy Grail had been sent from Rome, in the third century, to a farmhouse for safe-keeping.

After lunch Pepe took the group into the foothills of the Pyrenees to visit Loarre Castle, one of the largest Romanesque fortresses in Spain. The original fort, which guarded the Christian northern part of Spain when the Moors invaded, had been expanded later with a monastery. On a dry grey day, the wind from the mountains made everyone realise how harsh conditions would have been for the soldiers and monks during its occupation.

The warmth of the coach was most welcome during the trip back to Huesca, and the hotel.

The next day it was off to the Pyrenees in search of the hidden Grail Castle of legend, where the Holy Grail was moved for safe keeping from the Moors, who were then occupying al-

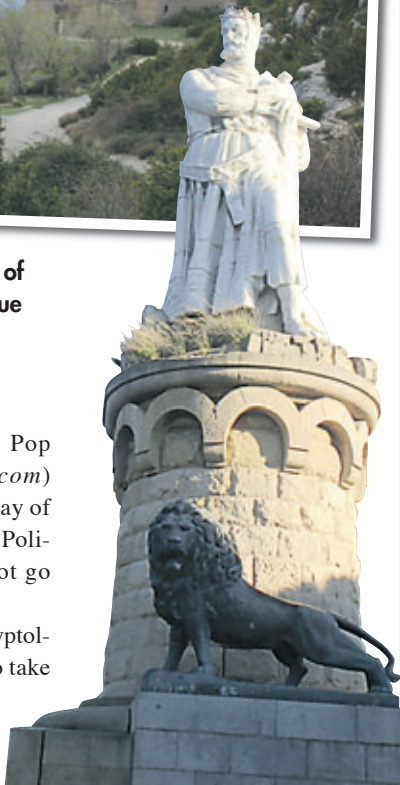


LOARRE CASTLE: One of the largest Romanesque fortresses in Spain.

most all of Spain.

U3A Vall del Pop (<http://u3avalldelpop.com>) meets on the first Thursday of each month at the Centre Polivalent in Murla, why not go along and join in?

Please note that the Egyptology group meeting due to take place on April 10 at Jalon Town Hall has been cancelled.



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Javea 40 Masonic Lodge

THE Javea 40 Masonic Lodge recently had the opportunity to visit the Oncology Research Department at La Fe Hospital in Valencia.

The group was met by Dr Jaime Font de Mora, head of the Laboratory of Cellular and Molecular Biology.

The major research for the Spanish Society of Oncology for Children is undertaken in this department, which also specialises in Paediatric Oncology Surgery.

Dr Font de Mora's team is currently working on a key project called 'Oncology de Precision,' which involves identifying specific genetic characteristics of tumours found in children from birth to 15 years old.

Analysing the DNA from tumour samples, they are aiming to identify the medication required for each patient's individual needs, thus the correct treatment will be prescribed quickly and effectively, improving their recovery and survival rate.

Since the visit the lodge



MAJOR RESEARCH: Undertaken at the La Fe Hospital.

has written to Dr Font de Mora and his colleague Dr Adela Cañete to ask which equipment they need, since Javea 40 really wants to

help. If you are interested in learning more about Freemasonry, please email prensa@glpvalencia.com.

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We hope the information provided in this article is of interest.

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NORWAY

Reindeer cull

NORWAY is preparing to cull thousands of reindeer because experts said an entire herd had to be culled after the spread of Chronic Wasting Disease was detected.

40 arrests

AROUND 40 young people have been arrested in schools and homes near Oslo. The 16-20 year-olds are suspected of being involved in the sale of illegal drugs.

Less understanding

CRITICISM has been raised after the Islamic Council Norway hired a woman who wears the full face-



REINDEER: Suffering from Chronic Wasting Disease.

GERMANY

Coin stolen

A GOLD 100kg gold coin with the image of Queen Elizabeth II, has been stolen from a museum in Berlin. It was minted by Canada in 2007 and has a face value of one million Canadian dollars (€70,000).

Demand rejected

CHANCELLOR Angela Merkel has rejected one of the key Brexit demands

covering niqab as a communications officer. The Minister for Culture said the appointment would create "distance."

Embassy move

THE US Embassy in Oslo is set to move into its new complex at Huseby and will be open on May 15.

Pay gap

A NEW graph has shown the average pay for professionals and business leaders throughout their working life in Germany. The biggest leap is be-

tween the ages of 25 and 30 when average salaries rose from €36,789 to €45,302.

Amazon jobs

AMAZON is looking for 2,000 new workers in Germany by the end of the year as part of its European expansion. Many will be based in the new logistics centre throughout the country.

FRANCE

Cheap driving

LORRAINE in north east France has been named as the cheapest region for owning a car according to the Automobile Club Association which looked at the cost of everything from petrol, road tolls, maintenance and insurance.

Caught red-handed

A MAN received a three-month suspended prison sentence after he was caught sexually assaulting one of his chickens in Normandy. His wife and daughter caught him in a compromising position with his trousers down.

More tolerant

AN annual survey measuring levels of racism has reported the French are becoming more tolerant of minority groups, with a drop in racist incidents.

Decisions, decisions

AROUND 40 per cent of French voters say they are still unsure of who to vote for in the presidential election, with less than a month to go.

BELGIUM

Rich regions

BRUSSELS is the fourth-richest region in the EU in terms of regional GDP per capita according to a report from the European Statistical Office. West London was named as the richest region.

Ticket-less travel

MORE than 1,000 passengers across the STIB public network, were caught without tickets or travel passes in Brussels during planned police checks.

Merger plans

BRUSSELS AIRLINES wants to take over Thomas Cook Airlines Belgium (TCAB) as part of merger plans recently announced.

Delay compensation

A COURT in Charleroi has ordered Ryanair to pay compensation to six Belgians because their flight was delayed. The ruling is a first since the budget carrier normally demands that unhappy travellers appear before an Irish court. Ryanair is appealing the ruling.

NETHERLANDS

Hotting up

MARCH 30 was officially the warmest day of the year in the Netherlands so far with temperatures topping 20 degrees at the De Bilt weather station.

Foreign students

FOREIGN students at Dutch universities have doubled to 81,000 over the past 10 years. In the 2016/17 academic year, a record 112,000 international students attended Dutch higher education centres with 81,000 on a full degree course.

Poor drawings

INSPECTORS said that today's 11 and 12-year-olds are producing more basic drawings stating that the standards in art are going down compared to 20 years ago.

New rules

THE Dutch doctors association said they are not in favour of new euthanasia rules for elderly people who want to end their lives despite not being physically ill.

DENMARK

Science month

THE Danish Science Festival is underway this month with 600 science orientated events taking place. It aims to encourage and inspire the next generation of scientists and engineers.

Immigrant detection

HELP is wanted to detect illegal immigrants. Denmark's integration minister wants citizens to alert the authorities if they witness people working in back rooms or in restaurant kitchens, not speaking Danish.

Uber no more

UBER car sharing will no longer be available in Denmark after a new taxi law was passed by the government introducing measures such as compulsory taxi meters and seat occupancy detectors.

First of a kind

A NEW supermarket has opened in Copenhagen that is fighting against food waste by selling produce cheaply that is technically past its sell-by date but is still edible. It is believed to be the first of its kind in Europe.

SWEDEN

Car crash

A MAN was killed after a car crashed into the City Hall building in Stockholm in the early hours of the morning. Police are investigating and trying to identify the body.

New brand

SWEDISH clothing giant H&M is launching its eighth fashion brand aimed at upmarket buyers in a bid to recover lost profits in the American and central European market. The Arket brand will launch in the summer in

London first of all.

Million people

THE population of Gothenburg, Sweden's second city, reached one million this week according to calculations by analysts.

Turn off

OVER 250 of Sweden's 290 municipalities took part in the big switch off, turning off lights during Earth Hour to raise awareness of climate change.

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XABIA CLASICA

RUSSIAN PRESS



ANGRY MOBS: Tens of thousands have marched in recent weeks.

Robocop returns

ROBOT riot police should tackle anti-corruption protesters should they ever again march on Moscow according to a top pro-Kremlin newspaper. *Komsomolskaya Pravda* notes that kicking a robot only hurts your feet and recommends smoke grenades and rubber bullets to disperse angry mobs. Tens of thousands have marched in recent weeks.

Unpopular patriots

CINEMAS are fuming over the Ministry of Culture's decision to postpone the release of American blockbuster *The Fast and the Furious 8*. Ministers don't want the popular franchise to conflict with *First Time*, a state-funded film about a Russian cosmonaut expected to bomb at the box office.

Paid pregnancy

SURROGATE pregnancies may soon be banned all across Russia. A new bill before parliament describes it as a violation of children's rights. Unlike in the UK, surrogacy is an industry in Russia, where surrogate mothers can be paid handsomely. Fundamentalists fear that homosexual couples might pay for children.

Check mate

A BIZARRE controversy has engulfed the World Chess Federation. It released a statement saying that its president, Russian politician Kirsan Ilyumzhinov, had resigned. But Ilyumzhinov popped up a day later denouncing the news as 'fake.' The colourful leader also claims to have once been abducted by aliens.

Underdog jailed

KEY opposition leader Alexei Navalny was arrested for inspiring huge anti-corruption protests across Russia. Navalny was jailed for 15 days and fined 20,000 roubles. In 2018 he plans to run for president against Vladimir Putin. Pollsters give him almost no chance of pulling the upset.

Coffee kingdom

COFFEE sales are soaring in Russia while the tea trade plummets. Russia is one of the world's biggest instant coffee exporters, despite not a single bean growing there. Tea drinkers are also switching to alternative herbal concoctions.

Cult chaos

MOSCOW police launched a raid on a church of Scientology straddling the outskirts of the city. Russia and the American-based cult have a difficult relationship after lawmakers stripped Scientology of its religious status. Some politicians began treating its preaching as potentially seditious, along with Islam and Hinduism.



SCIENTOLOGY CHURCH: Police launched a raid.

Stock Exchange merger blocked

By John Smith

FOR the third time, the planned merger between the London Stock Exchange (LSE) and the Deutsche Boerse has fallen through, this time because it has been blocked by the European Commission in order to stop what it considered to be a potential financial monopoly.

To some extent it is ironic that the decision was announced so close to the triggering of Article 50 and it must have passed through the minds of exchange executives who 'regret'

€24 billion

would have been the value of the combined London Stock Exchange and Deutsche Boerse merger.

the decision that Brexit may have been partly responsible.

What would have seen the creation of a strong financial operation which

straddled the European Union and post Brexit Britain is now unlikely to ever come to fruition, but it does leave the door open for other organi-

sations to cast their eyes over the London Stock Exchange in particular.

Over the past 20 years, apart from the three failed attempts to merge, the LSE has rejected takeover bids from Australia, Sweden and the USA as well as almost merging with the Canadian Stock Exchange.

In the event of a hostile or even friendly bid, the LSE may be helped or frustrated by the government as it has recently introduced new rules concerning the take-over of British companies by foreign ones.

Real Madrid sponsor

IN what is a slightly unusual move, Spanish telecoms giant Telefonica will become a major sponsor of Real Madrid's basketball and football teams in a two year multi-million euro deal whereby it will supply WiFi at the Bernabeu stadium.

In addition it will launch an exclusive Madrid App but it will not gain the benefit of seeing its logo on the shirts of the players, as that right continues to remain with Emirate Airlines.

Quote of the Week

"The answer is some form of passport for goods, a technology-based solution." Tim Waggott of Dover Port on movement of goods after Brexit.



Poundland venture



Photo Credit: Tupungato Shutterstock

POUNDLAND: Intend to offer cheap clothes in store.

By John Smith

THOSE who remember F W Woolworth & Co fondly may have a new champion in South African group Steinhoff International who purchased Poundland for £610 million (€700 million) in 2016, as they intend to ramp up the amount of cheap clothing in their stores.

By the end of 2017, they expect to have very cheap fashion clothing produced by

their brand Pep&Co in 100 of their 850 UK stores and then if take up is successful to expand to a further 100 stores.

It doesn't necessarily mean that all clothing placed in Poundland stores will cost just one pound but it is an indication that low priced fashion will be making its way back onto the high street, with many of the Poundland stores actually located where Woolworth used to be.

» BUSINESS EXTRA

Lloyds move

AS previously predicted, now that Article 50 has been triggered, Lloyds of London, the world's largest insurer has announced it will open a subsidiary office in Brussels in order to avoid losing EU business. It is not intended to be the start of a major move out of the UK but is a precautionary decision, made to ensure ongoing access to the EU market.

All Uber

SOMEWHAT controversial but highly successful cab hire firm Uber have announced after three years they will close their operation in Denmark in April due to newly introduced laws that require cabs to have fare meters and seat sensors. The company which has 2,000 drivers in Denmark will not see a huge profit loss.

New coin

THE UK has introduced a new 12 sided £1 coin which is said to be much more difficult to counterfeit than the old round pound. Operators of vending machines have faced large bills for converting their machines to recognise both coins.

Fighting cancer together

THE Amancio Ortega Foundation (FAO) has reached an agreement in principle with the health departments of all the autonomous communities to extend its support programme to modernise the cancer detection and radiotherapy treatment units

in public hospitals. This FAO programme, already underway in Galicia and Andalucia, has an overall budget of €320 million and will enable the purchase of 290 pieces of equipment, in accordance to the needs detected by local health professionals.

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| Antofagasta | 832.00 | -2.50 | -0.30 | 8,281.20 |
| Aviva | 515.00 | -17.00 | -3.20 | 21,448.73 |
| AstraZeneca | 4,845.00 | -67.50 | -1.37 | 62,345.58 |
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| Babcock International Group | 875.00 | -7.00 | -0.79 | 4,423.97 |
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| Direct Line Insurance Group | 350.35 | 2.95 | 0.85 | 4,688.75 |
| Experian | 1,616.50 | -11.50 | -0.71 | 15,298.81 |
| easyJet | 1,020.50 | -5.50 | -0.54 | 3,999.89 |
| Fresnillo | 1,426.00 | -130.00 | -8.35 | 11,458.70 |
| GKN | 365.50 | 2.20 | 0.61 | 6,292.53 |
| Glencore | 311.00 | -2.15 | -0.69 | 45,703.30 |
| GlaxoSmithKline | 1,672.25 | 12.75 | 0.77 | 82,555.16 |
| Hikma Pharmaceuticals | 2,125.00 | 144.00 | 7.27 | 4,821.08 |
| Hargreaves Lansdown | 1,400.50 | 99.50 | 7.65 | 6,199.34 |
| Hammerson | 565.50 | -5.50 | -0.96 | 4,449.79 |
| HSBC Holdings | 668.50 | 17.60 | 2.70 | 130,401.99 |
| International Consoltd Air Gr | 527.50 | -1.50 | -0.28 | 11,137.68 |
| InterContinental Hotels Grp | 3,924.50 | 16.50 | 0.42 | 7,812.36 |
| 3i Group | 735.25 | -14.25 | -1.90 | 7,174.42 |
| Imperial Brands | 3,845.00 | -22.00 | -0.57 | 36,828.88 |
| Informa | 652.00 | 0.00 | 0.00 | 5,339.55 |
| Intu Properties | 279.20 | 0.00 | 0.00 | 3,684.35 |
| Intertek Group | 3,934.00 | 0.00 | 0.00 | 6,374.78 |
| ITV | 213.00 | -5.90 | -2.70 | 8,509.72 |
| Johnson Matthey | 2,995.00 | -85.00 | -2.76 | 5,914.38 |
| Kingfisher | 330.50 | 4.40 | 1.35 | 7,279.98 |
| Land Securities Group | 1,055.00 | -4.00 | -0.38 | 8,120.99 |
| Legal & General Group | 246.25 | -1.05 | -0.42 | 14,708.83 |

| COMPANY | PRICE(P) | CHANGE(P) | % CHG. | NET VOL |
|------------------------------|----------|-----------|--------|-----------|
| Lloyds Banking Group ORD | 67.80 | 1.48 | 2.23 | 47,628.07 |
| London Stock Exchange Grp | 3,171.00 | 0.00 | 0.00 | 10,975.10 |
| Micro Focus International | 2,351.00 | 73.00 | 3.20 | 5,198.47 |
| Mediclinic International | 712.25 | 0.25 | 0.04 | 5,595.68 |
| Merlin Entertainments | 477.75 | -1.85 | -0.39 | 4,792.59 |
| Marks & Spencer Group | 331.00 | -6.00 | -1.78 | 5,384.35 |
| Mondi | 1,945.00 | 18.00 | 0.93 | 9,599.40 |
| Morrison (Wm) Supermarkets | 241.00 | 1.00 | 0.42 | 5,659.09 |
| National Grid | 978.00 | -35.50 | -3.50 | 37,719.81 |
| Next | 4,285.00 | -35.00 | -0.81 | 6,264.61 |
| Old Mutual Group | 213.50 | 12.90 | 6.43 | 10,693.08 |
| Provident Financial | 2,997.00 | 0.00 | 0.00 | 4,340.21 |
| Paddy Power Betfair | 8,600.00 | 0.00 | 0.00 | 7,207.78 |
| Prudential | 1,680.00 | -6.00 | -0.36 | 43,545.49 |
| Persimmon | 1,700.00 | -394.00 | -18.82 | 6,483.27 |
| Pearson | 667.25 | -15.25 | -2.23 | 5,494.88 |
| Reckitt Benckiser Group | 7,285.50 | -0.50 | -0.01 | 51,397.93 |
| Royal Bank of Scotland Group | 240.50 | -1.60 | -0.66 | 28,659.41 |
| Royal Dutch Shell | 2,125.00 | 29.00 | 1.38 | 94,025.63 |
| RELX | 1,560.00 | -4.00 | -0.26 | 16,898.89 |
| Rio Tinto | 3,200.00 | -9.50 | -0.30 | 45,534.91 |
| Royal Mail | 423.00 | -2.00 | -0.47 | 4,190.00 |
| Rolls-Royce Group | 752.50 | -1.50 | -0.20 | 14,085.39 |
| Randgold Resources | 6,895.00 | -70.00 | -1.01 | 6,557.00 |
| RSA Insurance Group | 589.50 | 3.00 | 0.51 | 5,972.63 |
| Rentokil Initial | 224.60 | -22.10 | -8.96 | 4,527.19 |
| Sainsbury (J) | 265.00 | 0.70 | 0.26 | 5,799.49 |
| Schroders | 3,049.50 | 19.50 | 0.64 | 6,871.08 |
| Sage Group (The) | 634.00 | 3.50 | 0.56 | 6,854.20 |
| Shire | 4,755.50 | 94.50 | 2.03 | 42,846.13 |
| Smurfit Kappa Group | 2,317.50 | 196.50 | 9.26 | 5,154.86 |
| Sky | 857.50 | -118.50 | -12.14 | 16,794.80 |
| Standard Life | 355.00 | 0.30 | 0.08 | 7,043.84 |
| Smiths Group | 1,610.00 | -9.00 | -0.56 | 6,449.77 |
| Scottish Mortgage Invstmnt | 358.05 | -8.05 | -2.20 | 4,953.60 |
| Smith & Nephew | 1,243.50 | 27.50 | 2.26 | 10,656.78 |
| SSE | 1,472.50 | -3.50 | -0.24 | 14,822.27 |
| Standard Chartered | 765.00 | 2.00 | 0.26 | 25,162.51 |
| St James's Place | 950.00 | -112.00 | -10.55 | 5,602.18 |
| Severn Trent | 2,375.00 | -7.00 | -0.29 | 5,576.90 |
| Tesco | 188.85 | 3.25 | 1.75 | 15,450.62 |
| TUI AG | 1,106.00 | 0.00 | 0.00 | 6,610.05 |
| Taylor Wimpey | 193.20 | 0.10 | 0.05 | 6,303.91 |
| Unilever | 3,990.00 | 50.50 | 1.28 | 51,267.78 |
| United Utilities Group | 1,036.00 | 42.50 | 4.28 | 6,750.70 |
| Vodafone Group | 208.55 | 0.45 | 0.22 | 55,585.35 |
| Wolseley | 5,105.00 | 85.00 | 1.69 | 12,848.31 |
| Worldpay Group | 289.70 | -5.70 | -1.93 | 5,826.00 |
| WPP Group | 1,745.00 | -7.00 | -0.40 | 22,215.02 |
| Whitbread | 3,922.00 | -36.00 | -0.91 | 7,225.99 |

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| Denmark kroner..... | 7.43653 |
| Norway kroner..... | 9.14288 |

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CLOSING PRICES APRIL 3

| COMPANY | PRICE | CHANGE | %CHANGE | VOLUME |
|--------------------|----------|--------|---------|--------|
| 3M | 191,330 | +0.03% | 0.050 | 114M |
| AMERICAN EXPRESS | 79,1100 | -0.13% | -0.1000 | 71M |
| APPLE | 143,660 | -0.19% | -0.270 | 753M |
| BOEING CO | 176,860 | -0.63% | -1.120 | 107M |
| CATERPILLAR | 92,760 | -0.49% | -0.460 | 54M |
| CHEVRON | 107,37 | -0.38% | -0.41 | 203M |
| CISCO SYSTEMS | 33,800 | +0.18% | 0.060 | 169M |
| COCA-COLA | 42,44 | -0.38% | -0.16 | 182M |
| DU PONT(EI) DE NMR | 80,3300 | -1.60% | -1.3100 | 69M |
| EXXON MOBIL | 82,01 | -2.02% | -1.69 | 340M |
| GENERAL ELECTRIC | 29,8000 | -0.23% | -0.0700 | 259M |
| GOLDMAN SACHS | 229,72 | -0.65% | -1.50 | 91M |
| HOME DEPOT | 146,8300 | -0.08% | -0.1200 | 176M |
| IBM | 174,14 | +0.16% | 0.28 | 164M |
| INTEL CORP | 36,0700 | +0.90% | 0.3200 | 170M |
| J.P.MORGAN CHASE | 87,8400 | -1.34% | -1.1900 | 313M |
| JOHNSON & JOHNSON | 124,5500 | -0.09% | -0.1100 | 337M |
| MC DONALD'S CORP | 129,6100 | +0.22% | 0.2900 | 106M |
| MERCK AND CO. NEW | 63,54 | +0.14% | 0.09 | 174M |
| MICROSOFT | 65,860 | +0.23% | 0.150 | 508M |
| NIKE | 55,73 | -0.55% | -0.31 | 73M |
| PFIZER | 34,2100 | -0.41% | -0.1400 | 203M |
| PROCTER AND GAMBLE | 89,850 | -0.39% | -0.350 | 229M |
| TRAVELERS CIES | 120,54 | -0.40% | -0.49 | 33M |
| UNITED TECHNOLOGIE | 112,21 | -0.21% | -0.24 | 89M |
| UNITEDHEALTH GROUP | 164,01 | -0.59% | -0.98 | 156M |
| VERIZON COMMS | 48,75 | -0.63% | -0.31 | 198M |
| VISA | 88,87 | -0.16% | -0.14 | 165M |
| WAL-MART STORES | 72,0800 | +0.68% | 0.4900 | 221M |
| WALT DISNEY CO | 113,3900 | +0.19% | 0.2100 | 179M |

NASDAQ

CLOSING PRICES APRIL 3

| COMPANY | PRICE | CHANGE NET / % |
|---------------------------------------|------------|-----------------|
| Most Advanced | | |
| SteadyMed Ltd. | \$ 5.80 | 1.85 ▲ 46.84% |
| Dicerna Pharmaceuticals, Inc. | \$ 3.40 | 0.70 ▲ 25.93% |
| SORL Auto Parts, Inc. | \$ 3.86 | 0.6001 ▲ 18.41% |
| DXP Enterprises, Inc. | \$ 37.87 | 5.13 ▲ 15.67% |
| Mountain Province Diamonds Inc. | \$ 3.55 | 0.45 ▲ 14.52% |
| Bel Fuse Inc. | \$ 22.6738 | 2.4239 ▲ 11.97% |
| Apollo Endosurgery, Inc. | \$ 12.52 | 1.33 ▲ 11.89% |
| BlackBerry Limited | \$ 7.75 | 0.80 ▲ 11.51% |
| Optical Cable Corporation | \$ 3.10 | 0.30 ▲ 10.71% |
| Sangamo Therapeutics, Inc. | \$ 5.20 | 0.50 ▲ 10.64% |
| Inventure Foods, Inc. | \$ 4.42 | 0.42 ▲ 10.50% |
| Most Declined | | |
| Proteostasis Therapeutics, Inc. | \$ 7.82 | 3.07 ▼ 28.19% |
| Acorda Therapeutics, Inc. | \$ 21 | 5.75 ▼ 21.50% |
| Forward Pharma A/S | \$ 21.51 | 5.34 ▼ 19.89% |
| Educational Development Corporation | \$ 6.75 | 1.35 ▼ 16.67% |
| Orexigen Therapeutics, Inc. | \$ 3.44 | 0.45 ▼ 11.57% |
| AC Immune SA | \$ 10.36 | 1.21 ▼ 10.46% |
| Great Lakes Dredge & Dock Corporation | \$ 4 | 0.40 ▼ 9.09% |
| Ramaco Resources, Inc. | \$ 9.67 | 0.82 ▼ 7.82% |
| Axsome Therapeutics, Inc. | \$ 3.90 | 0.30 ▼ 7.14% |
| Beasley Broadcast Group, Inc. | \$ 11.60 | 0.85 ▼ 6.83% |
| Collegium Pharmaceutical, Inc. | \$ 10.06 | 0.73 ▼ 6.77% |

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Price Movement

Accumulating Funds

GBP Currency B
EUR Currency B
Multi Asset Conservative B GBP
Multi Asset Conservative B EUR
Multi Asset Balanced B GBP
Multi Asset Balanced B EUR
Multi Asset Growth B GBP
Multi Asset Growth B EUR

DEALING PRICE

£0.9846..... £0.0000
€0.9636..... -€0.0001
£1.1455..... £0.0040
€1.0761..... €0.0035
£1.2842..... £0.0081
€1.1963..... €0.0074
£1.4136..... £0.0128
€1.3240..... €0.0116

Price Movement

Remaining Elite Fund prices available on request

Prices correct as at 29/03/2017



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Focus on Brexit, nine months after the UK referendum

Ask the expert

Peter Loveday



Currencies Direct

Contact me at euoweekly@currenciesdirect.com

IT'S been over nine months since the UK referendum on Europe took place, and Brexit is about to get real, so markets are trying to figure out what this means for the UK. Theresa May is entering divorce proceedings with the EU in a position of strength that was unimaginable in the chaotic aftermath of the June 23, 2016 referendum. All the doom and gloom scenarios predicted failed to materialise.

Even in the face of legal challenges that a parliamentary assent is required for the government to trigger Article 50 of the Lisbon Treaty, notifying the EU of the decision to leave, there has been no constitutional crisis and the Parliament as well as the House of Lords have not revolted against the government, despite a thin majority.

Theresa May has been lucky so far and the economy has been resilient despite all the challenges and uncertainties ahead. Growth remains buoyant, unemployment has continued to fall and house prices remained steady as consumers' confidence stays surprisingly strong.



ECONOMIC SLOWDOWN: Is not the only concern posed by Brexit.

One might think that the Prime Minister could not ask for more as she prepares for negotiations, but it would be naïve of Mrs May to forget that Brexit hasn't happened yet and firms are continuing to trade.

As the first quarter of 2017 comes to an end, the recent slight deterioration in data and the prospect of slower growth post-Brexit might really mean that uncertainty is starting to have a real impact. Inflation hit its highest level in February as rising fuel prices bumped up the cost of living. The staggering 20 per cent devaluation of

Sterling since the referendum is now filtering through the real economy as households start to crack under inflation pressures.

There are no more talks of a hard or soft Brexit in the news, but businesses are starting to adjust to the prospect of new barriers to trade with the EU as Mrs May seems willing to walk out from negotiations if the deal offered to the UK isn't right. Ahead of triggering Article 50, the challenges and uncertainties of the negotiation are laid bare by the government's own revised economic forecasts, which now expect growth to

slow to 1.6 per cent in 2018 and 2019.

Economic slowdown is not the only concern posed by Brexit as the government might potentially face constitutional crises on two fronts. The Scottish First Minister Nicola Sturgeon has now confirmed she will be calling for a new Scottish independence referendum.

Although the economic case for a Scottish referendum is not as strong as it was in 2014, the Scottish voters' commitment to the UK looks shakier now after Scotland voted overwhelmingly to stay in the EU. A bigger threat in a post Brexit world will be Northern Ireland, which will be the only part of the UK sharing a border with the EU. A hard border and barriers to trade with the Republic of Ireland could be economically damaging and there are fears new tensions could destabilise the region.

Brexit is for sure the biggest challenge facing the UK in a long time and Mrs May is not in such an enviable position as it might seem. Her own party keep her in check as the hardliners dictate their line of uncompromising attitude toward the EU and are prepared to walk away from negotiations if they don't get what they want. As we are about to find out what Brexit is all about, Mrs May will have to rise to the challenge and show she has the political clout to strike the deal the UK needs in a post Brexit world.

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Albert Rivera confirms support of budget

By John Smith

IN a slight spirit of self-congratulation, Albert Rivera, leader of the Ciudadanos political party has announced that he has negotiated a deal with Mariano Rajoy and the government which will see real benefits for Spain.

Mr Rivera explained that in order to support the proposed budget, he has secured an additional €4.1 billion (a similar amount to that granted to Catalonia) to help the working and middle class without the need to increase income tax or IVA.

Of the €4.1 billion promised, €1.915 will be aimed directly at the working and middle classes and €2.1 billion is intended to help in the modernisation of the country.

According to him, he has achieved more than originally expected when he agreed to support the minority government and has secured a number of advantages in social measures as well as reversing cuts in such vital areas as education as well as seeing increased investment for future economic development.

The Ciudadanos leader also said that he can see that there is a new dynamic in which "two parties with different ideas can agree to take the budgets forward. It's a shame that the PSOE will not approve the most social budgets of recent years."

Having seen that the government can easily lose important votes if opposition parties act together or



ALBERT RIVERA: Announced that he has negotiated a deal which will see real benefits for Spain.

even abstain, a great deal does depend on the main opposition, the PSOE, as if it votes against the budget, despite or perhaps because it is currently being run by a committee, the position of the minority government would be difficult, especially as the European Union wants to see a strong and clear financial policy.

It may well be that the PSOE decides to abstain en masse in order to allow a new leader to be elected, especially as Mr Rajoy has hinted at the possibility of another election, which the main opposition would want to avoid at this time, especially if it was blamed by the public for causing the elec-

Toshiba face serious financial problems

ONE negative side to globalisation has just emerged at a stormy meeting of shareholders in the giant Toshiba company which has revealed that its US business arm Westinghouse has just filed for bankruptcy protection.

In order to meet some of the projected annual losses of one trillion yen (€8 billion) it is looking to sell its valuable memory chip business which may be worth as much as €16 billion and this has reluctantly been approved by shareholders as Toshiba desperately needs to add liquidity to its business.

Westinghouse has suffered huge cost overruns at two US nuclear reactor projects in Georgia and South Carolina, so by applying for protection in the US, Toshiba hopes to reduce its future financial liability.

Coffee cups can help the environment

By John Smith

THE western world is besotted with the idea that purchasing coffee from one of a plethora of coffee shops is a cool and sensible activity but few give too much thought to the amount of waste that is created once the coffee is drunk.

Use of plastic bags from supermarkets has been dramatically reduced following the imposition of a charge and whilst you can't really take your coffee away without a container, a joint university study suggests that a charge could cut usage dramatically.

The concept is very simple and that is that a charge would be made for any disposable cup that was taken, but if a reusable cup was offered at no additional cost then people would be likely to think positively and would recognise the environmental benefits and financial advantage.

It would be naive to think that every reusable cup would be used again but the researchers who worked with students purchasing coffee in three universities around the UK and in other businesses believe that up to 12.5 per cent of the cups would be used again.

That doesn't sound like a great deal



Photo by Franitc00 Shutterstock

DISPOSABLE CUPS: Britain alone devours 2.5 billion each year.

but as Britain alone devours 2.5 billion disposable cups each year, that relatively small percentage adds up to 312 million and if the concept can then be taken up across Europe and North America, the number of cups saved

“ If a reusable cup was offered at no cost, then people would think positively.

would be absolutely enormous.

The results of this study will be presented to the government and major coffee stores in the hope that the idea might be picked up and the amount of landfill would reduce.

UK is not a 'cash cow'

ACCORDING to David Davis the Minister responsible for Brexit negotiations, whilst Britain will honour its financial obligations to the European Union when it leaves, it is leaving because it doesn't want to pay more and more money and certainly doesn't expect to pay the rumoured €57 billion.

The argument is that Britain will have to provide funds to cover its percentage of the pensions paid to EU employees for the period of which it has been a member until the last pensioner dies.

In addition the EU will also ask for funding for ongoing projects agreed whilst Britain was a member.

Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at international@stoneking.co.uk



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

“ You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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The gloves will be truly discarded

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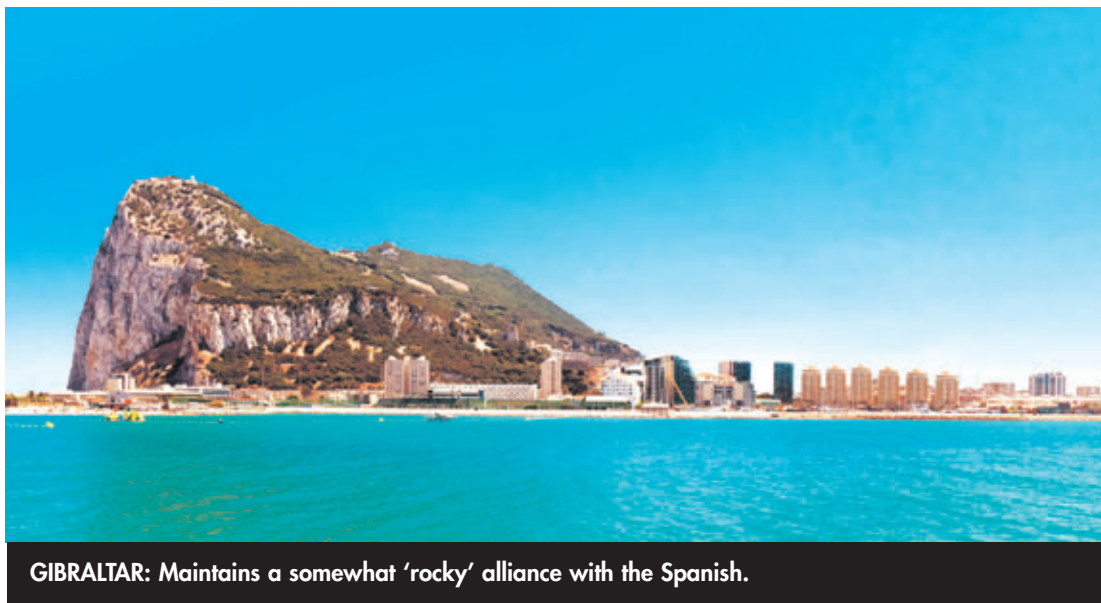


I THINK Gibraltar is about to become a huge and potentially highly dangerous issue between Spain and the UK.

“ Gibraltar is far closer to home both in proximity and spirit.

Notwithstanding the disputes of its sovereignty, which date back to the 1700's and beyond, 'Gib' has however managed to maintain a somewhat 'rocky' alliance with the Spanish, purely because we were both members of the EU. With this stripped away, the gloves I feel will truly be discarded.

As many of you are aware, my re-



GIBRALTAR: Maintains a somewhat 'rocky' alliance with the Spanish.

spect for most politicians is not exactly glowing. I consider the majority of them self-serving bubble dwellers, whose naivety is sometimes almost beyond belief. The recent statement by Lord Howard is a case in point.

To announce that he is sure Theresa May will take the same stand

against the Spanish as Margaret Thatcher did against The Falklands, is almost unbelievably provocative and inflammatory.

He is actually inferring, that to protect Gibraltar, Britain would be prepared to go to war with the Spanish! Thank God this idiot no longer holds

any ministerial position.

He is however able to command an airing of his views to vast numbers of the public and would have most certainly been noted by the Spanish. His foolish remarks reveal just how out of touch and unaware he is of the Spaniards' passionate attitude to

Gibraltarian sovereignty.

I truly believe that should the situation be allowed to disintegrate into some form of confrontation, we could all be in trouble. I have been here long enough to remember Brits being spat on in the streets following the Falklands war, and that was with Argentina!

Gibraltar is far closer to home both in proximity and spirit. Just how this whole sorry situation will pan out I have no idea. I envisage border situations of alarming proportions with possible siege conditions arising.

The one thing I am sure about is that any troop deployment would be highly irresponsible and could lead to a dispute that could endanger us all.

Let us all hope that the leaders of both our countries have more sense than the ilk of former MP Howard but don't hold your breath!

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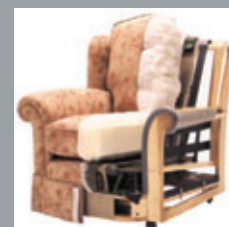
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JULY**

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BBC one

| | |
|---------|--|
| 7:00am | Breakfast |
| 11:00am | Saturday Kitchen |
| 12:30pm | Mary Berry Everyday |
| 1:00pm | Football Focus |
| 2:00pm | BBC News |
| 2:05pm | Weather |
| 2:10pm | Tennis |
| | <i>Coverage of the latest tennis action.</i> |
| 5:30pm | Final Score |
| 6:15pm | Madagascar: Escape 2 Africa |
| | <i>All the gang are back for this comedy animation sequel.</i> |
| 7:35pm | BBC News |
| 7:45pm | Regional News |
| 7:48pm | Weather |
| 7:50pm | Pointless |
| 8:40pm | Who Dares Wins |
| 9:25pm | Casualty |
| 10:15pm | All Round to Mrs Brown's |
| 11:15pm | BBC News |
| 11:28pm | Weather |
| 11:30pm | Match of the Day |
| 12:55am | I Am Number Four |
| 2:40am | Weather for the Week Ahead |
| 2:45am | BBC News |

BBC TWO

| | |
|---------|---|
| 7:10am | Tinker Bell and the Secret of the Wings |
| 8:15am | G-Force |
| 9:35am | Shark Tale |
| 11:00am | The Bat Man of Mexico - Natural World |
| 12:00pm | Homes Under the Hammer |
| 1:00pm | Raymond Blanc: How to Cook Well |
| 1:30pm | The Best Dishes Ever |
| 2:00pm | Golf |
| 3:00pm | Flog It! |
| 4:00pm | University Challenge |
| 4:30pm | Only Connect |
| 5:00pm | Gardeners' World |
| 5:30pm | Tennis |
| 6:30pm | Amazing Hotels: Life Beyond the Lobby |
| 7:30pm | Natural World |
| 8:30pm | Golf |
| | <i>All the action from the latest Golfing events.</i> |
| 1:00am | Ilo Ilo |
| | <i>A pregnant woman and her husband hire a Filipino live-in maid.</i> |
| 2:35am | This is BBC Two |

BBC FOUR

| | |
|---------|--|
| 8:00pm | The Silk Road |
| 9:00pm | Dust Storms |
| 9:45pm | Wild Scotland |
| 10:00pm | Department Q: The Keeper of Lost Causes |
| 11:30pm | Top of the Pops |
| | <i>John Peel and David Jensen present the weekly look at the pop charts, first broadcast on 13th January 1983.</i> |
| 12:05am | Top of the Pops |
| 12:40am | Psychedelic Britannia |
| 1:40am | Totally 60s |
| | <i>Psychedelic Rock at the BBC</i> |
| 2:40am | Pink Floyd |
| | <i>Beginnings 1967 - 1972</i> |
| 3:40am | Psychedelic Britannia |

CHANNEL 4

| | |
|---------|---------------------------------|
| 7:20am | Mobil 1 The Grid |
| 7:45am | King of Queens |
| 8:10am | King of Queens |
| 8:40am | Everybody Loves Raymond |
| 9:05am | Everybody Loves Raymond |
| 9:30am | Frasier |
| 10:00am | Frasier |
| 10:30am | Frasier |
| 10:55am | The Big Bang Theory |
| 11:25am | The Big Bang Theory |
| 11:50am | The Big Bang Theory |
| 12:25pm | The Simpsons |
| 12:55pm | The Simpsons |
| 1:25pm | The Simpsons |
| 2:00pm | Formula 1 |
| 3:30pm | Extreme Food |
| 4:00pm | A Place in the Sun |
| 5:00pm | Location, Location, Location |
| 6:00pm | Grand Designs |
| 7:00pm | Channel 4 News |
| 7:30pm | Escape to the Chateau |
| 8:30pm | Battleship |
| 11:00pm | The World's End |
| 1:05am | East is East |
| 2:50am | Ramsay's Kitchen Nightmares USA |
| 3:40am | Hollyoaks Omnibus |

CHANNEL 5

| | |
|---------|---|
| 7:00am | Milkshake! |
| | <i>Programming aimed at children aged two to seven years old.</i> |
| 11:05am | Teenage Mutant Ninja Turtles |
| 11:40am | Access |
| 11:50am | Police Interceptors Unleashed |
| 12:20pm | Police Interceptors |
| 1:20pm | Police Interceptors |
| 2:20pm | On Benefits: Life on the Dole |
| 3:20pm | On Benefits: Life on the Dole |
| 4:20pm | On Benefits: Life on the Dole |
| 5:20pm | Nightmare Tenants, Slum Landlords |
| 6:15pm | Can't Pay? We'll Take it Away! |
| 7:10pm | Can't Pay? We'll Take it Away! |
| 8:10pm | NCIS: Los Angeles |
| 9:00pm | NCIS |
| 9:55pm | 5 News |
| 10:00pm | Football on 5 |
| 11:00pm | Football on 5 |
| 11:30pm | The Funny Thing |
| 12:30am | Fail Army |
| 12:55am | Access |

4

| | |
|---------|-----------------------|
| 7:00am | Rude(Ish) Tube |
| 7:30am | How I Met Your Mother |
| 8:00am | How I Met Your Mother |
| 8:30am | Baby Daddy |
| 9:00am | Baby Daddy |
| 9:30am | Black-Ish |
| 10:00am | Made in Chelsea |
| 11:00am | Clueless |
| 1:00pm | Melissa and Joey |
| 1:30pm | Melissa and Joey |
| 2:00pm | Melissa and Joey |
| 2:30pm | Melissa and Joey |
| 3:00pm | Melissa and Joey |
| 3:30pm | The Goldbergs |
| 4:00pm | The Goldbergs |
| 4:30pm | The Goldbergs |
| 5:00pm | The Goldbergs |
| 5:30pm | The Goldbergs |
| 6:00pm | The Big Bang Theory |
| 6:30pm | The Big Bang Theory |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | The Big Bang Theory |
| 8:30pm | The Big Bang Theory |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Transporter 2 |
| 12:05am | Gogglebox |
| 1:05am | Gogglebox |

sky SPORTS 1

| | |
|---------|---|
| 7:00am | Live Chinese GP: Practice |
| 7:10am | F1 Great Cars |
| 7:15am | Football Gold |
| 7:30am | Football Gold |
| 7:45am | Premier League 100 Club |
| 8:15am | Premier League 100 Club |
| 8:45am | Game Changers |
| 9:15am | Premier League Preview 2016/17 |
| 9:45am | The Fantasy Football Club |
| 10:45am | Soccer A.M. |
| 12:30pm | Football |
| 1:30pm | Football |
| | <i>Tottenham Hotspur host Watford at White Hart Lane in the Premier League.</i> |
| 4:00pm | Gillette Soccer Saturday |
| 6:15pm | Football |
| | <i>Sheffield Wednesday host Newcastle United at Hillsborough Stadium.</i> |
| 9:00pm | Masters - Live |
| 1:30am | Sporting Triumphs |
| 1:45am | Sporting Triumphs |

itv

| | |
|---------|--|
| 7:00am | CITV |
| 10:25am | Alphabetical |
| 11:25am | James Martin's French Adventure |
| 12:25pm | Best Walks with a View with Julia Bradbury |
| 1:00pm | ITV News and Weather |
| 1:10pm | Carry on at Your Convenience |
| 3:00pm | Grand National Festival |
| 5:30pm | The Grand National |
| 7:10pm | Local News and Weather |
| 7:20pm | ITV News and Weather |
| 7:30pm | You've Been Framed! |
| 8:00pm | Ant and Dec's Saturday Night Takeaway |
| 9:30pm | An Evening with Take That |
| 10:35pm | King Kong |
| 11:30pm | Inc ITV News and Weather |
| 11:45pm | King Kong |
| 1:25am | Lethal Weapon |
| 2:15am | Jackpot247 |

itv2

| | |
|---------|---|
| 7:00am | The Hot Desk |
| 7:10am | Emmerdale Omnibus |
| 9:50am | Coronation Street Omnibus |
| 12:15pm | Ant and Dec's Saturday Night Takeaway |
| 1:45pm | Britain's Got Talent |
| 2:45pm | You've Been Framed! |
| 3:15pm | Hairspray Live! |
| | <i>A production of the hit Broadway musical, recorded live for US television.</i> |
| 5:50pm | The Princess Diaries 2: Royal Engagement |
| 6:50pm | FYI Daily |
| 6:55pm | The Princess Diaries 2: Royal Engagement |
| 8:00pm | Scorpion |
| 9:00pm | Burlesque |
| 10:00pm | FYI Daily |
| 10:05pm | Burlesque |
| 11:20pm | Celebrity Juice |
| 12:05am | Family Guy |
| 12:35am | Family Guy |
| 1:05am | Family Guy |
| 1:35am | American Dad! |
| 2:05am | American Dad! |
| 2:35am | The Cleveland Show |

itv3

| | |
|---------|--|
| 7:00am | Murder, She Wrote |
| 8:50am | Sparkling Cyanide |
| | <i>Agatha Christie's classic mystery is updated and relocated to a glamorous world of London socialites and secret agents.</i> |
| 10:45am | The Railway Children |
| 11:45am | FYI Daily |
| 11:50am | The Railway Children |
| 1:00pm | Heidi |
| 3:00pm | Agatha Christie's Marple |
| 5:00pm | Rosemary and Thyme |
| 6:00pm | Lewis |
| 8:00pm | A Touch of Frost |
| | <i>Set in the town of Denton, this police drama series focuses on Detective Inspector Frost and his long-suffering Superintendent Harry Mullett.</i> |
| 10:00pm | Lewis |
| 12:00am | Les Dawson Forever: Ep |
| 1:00am | Colditz |

itv4

| | |
|---------|---|
| 7:00am | Football's Greatest |
| 7:05am | Bundesliga |
| 7:55am | Bundesliga |
| 8:50am | Hogan's Heroes |
| 9:25am | Hogan's Heroes |
| 9:55am | The Big Fish Off |
| 11:00am | ITV Racing: The Opening Show |
| 12:30pm | The Virtual Grand National 2017 |
| 1:00pm | Pawn Stars |
| 1:30pm | Pawn Stars |
| 1:55pm | Pawn Stars |
| 2:25pm | British Touring Car Championship Highlights |
| 3:55pm | The Alamo |
| 4:55pm | FYI Daily |
| 5:00pm | The Alamo |
| 7:05pm | It's Not Rocket Science |
| 8:10pm | Fierce |
| 9:15pm | Jackie Chan's First Strike |
| 10:15pm | FYI Daily |
| 10:20pm | Jackie Chan's First Strike |
| 11:00pm | Rambo: First Blood Part II |
| 12:00am | FYI Daily |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|--|
| 1:10pm | The Lord of the Rings: The Two Towers |
| 4:20pm | Armageddon |
| 7:00pm | Ant-Man |
| 9:00pm | Teenage Mutant Ninja Turtles: Out of the Shadows |
| 11:00pm | The Lord of the Rings: The Two Towers |
| 2:00am | The Scorpion King |

sky CINEMA COMEDY

| | |
|---------|---|
| 7:45am | Galaxy Quest |
| 9:35am | South Park: Bigger, Longer and Uncut |
| 11:05am | The Simpsons Movie |
| 12:40pm | Welcome to Me |
| 2:15pm | The Boss |
| 4:00pm | Talladega Nights: The Ballad of Ricky Bobby |
| 6:10pm | Whiskey Tango Foxtrot |
| 8:10pm | Groundhog Day |
| 10:00pm | The Boss |
| 11:45pm | Brüno |
| 1:15am | The Simpsons Movie |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | Central Intelligence |
| 8:50am | Don't Breathe |
| 10:30am | Winter |
| 12:05pm | London Town |
| 1:55pm | Pete's Dragon |
| | <i>A young boy orphaned by a car crash and left alone in a forest befriends a giant, fire-breathing dragon.</i> |
| 3:45pm | The Conjuring 2 |
| | <i>Paranormal investigators Vera Farmiga and Patrick Wilson battle dark supernatural forces in London.</i> |
| 6:05pm | Central Intelligence |
| | <i>Riotous action comedy about a rogue CIA agent who turns to a former classmate Kevin Hart for help.</i> |
| 8:00pm | Pete's Dragon |
| 10:00pm | The Conjuring 2 |
| 12:20am | Don't Breathe |
| 2:05am | K-Shop |
| 4:15am | Date and Switch |

sky SPORTS 2

| | |
|---------|--------------------------|
| 7:00am | Rugby Gold |
| 7:10am | Live Super Rugby |
| 9:10am | Rugby Gold |
| 9:20am | Rugby Gold |
| 9:30am | Live Super Rugby |
| 11:30am | Live Super Rugby |
| 1:45pm | Great Sporting Moments |
| 2:00pm | Time of Our Lives |
| 3:00pm | Sporting Greats |
| 3:30pm | Great Sporting Moments |
| 3:45pm | Rugby Union |
| 6:15pm | Rugby Union |
| 8:15pm | Sporting Triumphs |
| 8:30pm | Cricket's Greatest |
| 9:00pm | EFL Goals |
| 9:30pm | Nissan Game of the Day |
| 11:30pm | Nissan Match Choice |
| 12:30am | Football |
| 1:00am | Football |
| 1:30am | Football |
| 2:00am | Cricket's Greatest |
| 2:30am | Cricket's Greatest |
| 3:00am | Rugby Gold |
| 3:10am | Rugby Gold |
| 3:20am | Live World Rugby |
| | <i>Sevens: Hong Kong</i> |

LEGALLY SPEAKING

New campaign highlights the danger of mobiles

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.

THE DGT has launched a new campaign to stop people from using their mobile phones whilst driving.

The campaign has engaged the comedic skills of comedy group Tricicle, Joan Gracia, Paco Mir and Carles Sans, to deliver the message of the dangers of distractions during driving, especially the increasingly frequent use of mobile phones.

It is hoped by using humour to raise awareness of the dangers, the campaign will become a viral message spread across social media.

Minister of the Interior, Juan Ignacio Zoido said: "We want to universalise a simple, friendly and cordial gesture that serves to warn drivers or pedestrians who are using their mobile phone whilst driving or crossing the road, of the risk involved and there is no one better than Tricicle for expressing the message."

A video has been released to accompany the campaign with the simple message 'At the wheel, don't use your mobile' which is available on various social media accounts.

It is reported that distractions cause around 30 per cent of all fatal incidents, meaning that at least 500 people die each year in traffic incidents where distraction was a concurrent factor.

Mobile phone use is cited as the most frequent distraction, an action that is classified as a very dangerous practice by 94 per cent of drivers according to a study by the RACC.

Another survey of more than 6,000 young Europeans found that despite the danger, 43 per cent of young people admitted to using What-



MOBILES: A dangerous distraction.

sApp instant messaging service whilst driving.

When dialling a number on a phone in a vehicle travelling at 120km per hour, a distance of 429m is travelled, the equivalent of around four football fields. Whilst writing a message, your vehicle can travel 660m blind whilst you are distracted typing.

According to the AAA Foundation for Traffic Safety, sending messages has three forms of distraction; the actual visual distraction, the manual distraction of the fingers typing on the keypad and the mental distraction as drivers are concentrating on the message rather than the road. These combined can multiply the possibility of an accident by up to 23 times.

Zoido wants to encourage drivers to make a simple hand gesture to phone users they spot on the roads to remind them to hang up.

He added: "We have an important awareness ahead of the real risk of using the phone whilst driving. Nothing is so urgent it cannot wait a few minutes."

For more news and articles visit www.n332.es or search N332 on Facebook.

Must they take down their shed?

Q. WE bought a penthouse on the Costa del Sol in 2015. The complex originally had planning permission, but the Andalucian Junta had withdrawn this so the complex was not legal. However our solicitor informed us that this would not be a problem. The maintenance company never gave us a copy of the Complex rules, so we went ahead and built a small aluminium

room on the roof. Since then our estate agent has been contacted by the maintenance company and he said we would have to take down the room. If we do not, we will be taken to court. My question therefore is: If this is an illegal Complex building, are the Committee legal? Can they make us take down the room on the roof?

MT (Costa del Sol)

A. YOUR building may be 'illegal' but your Community of Property Owners is perfectly legal and, yes, they can order you to take down your shed-type construction on the roof.

David Searl

You and the Law in Spain



In fact, the roof area actually belongs to the Com-

munity, with 'exclusive use' assigned to you.

Properly, you should have requested permission from the Committee or the President before you put up any structure.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

No-one will listen to you

Mike Senker

In my opinion

Views of a Grumpy Old Man



WE have a couple of apartments that we rent out. Nothing too amazing, but nice and clean and tidy and help give us a small income. When we first started to rent them out we did it online and all went very smoothly for many years. Mrs S has always handled all the enquiries herself and dealt directly with the clients. She paid the annual fee for the use of the site and all was good. If you paid a bit extra you could go higher up the list.

Then the site got taken over and things became slightly more complicated. A few more things were added to 'help' us get the best from our apartments but all was still OK. The company has been sold again and is now owned by Trivago, which is a mega travel company, and it's turned into a nightmare.

They have, as all big companies do, told us what is best for us but in fact it's not best for us at all, it's best for them. They want to handle all the bookings, they want to handle all the payments and pay us after the punters have left. Yeah right oh. And they tell us the customers prefer this way. Oh and on top of that they now not only charge us they charge the punter a service charge too. Of course, if

you try and speak to them about anything they do, as all big companies do now, is just to monotonically repeat the party line. They will not listen to anything you have to say and are very much of the take it or leave it attitude.

The amazing thing is that if you go online and see if there are any others who are asking the same questions as you, there are pages and pages of thousands of people all complaining about the same thing but which falls on deaf ears. The trouble is, as one company just gets absorbed into another, everything becomes controlled by these huge multi-million pound faceless entities. No-one will listen to you. It's their way or no way because they know they have a monopoly.

On top of all that there are the new rental laws which means we have had to put aircon into both apartments. We have to meet and greet every arrival, take copies of their passports which then have to be registered with the police who, by the way, have no clue what's going on.

There are many other things which make renting out a lot less attractive and a lot more hard work to do something that has worked very well for as many years as I can remember. It has been said that these new rules were brought in after the large hotels put pressure on the government. Who knows? It will be interesting to see how it all works.

Email me: mikesenker@gmail.com



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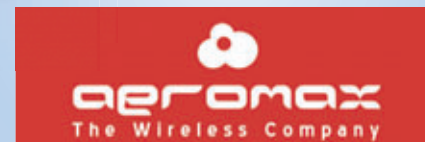
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BBC one

| | |
|---------|-----------------------------|
| 7:00am | Breakfast |
| 8:30am | Match of the Day |
| 10:00am | The Andrew Marr Show |
| 11:00am | The Big Questions |
| 12:00pm | Wanted Down Under |
| 1:00pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:10pm | Weather for the Week Ahead |
| 2:15pm | Homes Under the Hammer |
| 3:15pm | Countryfile Spring Diaries |
| 4:00pm | Flog It! |
| 5:00pm | Escape to the Country |
| 6:00pm | Songs of Praise |
| 6:35pm | Galapagos |
| 7:35pm | BBC News |
| 7:50pm | Regional News |
| 7:55pm | Weather |
| 8:00pm | Countryfile |
| 9:00pm | Antiques Roadshow |
| 10:00pm | Line of Duty |
| 11:00pm | BBC News |
| 11:20pm | Regional News |
| 11:25pm | Weather |
| 11:30pm | Match of the Day 2 |
| 12:30am | I'm Different: Let Me Drive |

BBC TWO

| | |
|---------|--|
| 7:05am | The Beechgrove Garden |
| 7:35am | Around the World in 80 Gardens |
| 8:35am | Gardeners' World |
| 9:05am | Countryfile |
| | <i>News and stories concerning the heart of the British countryside.</i> |
| 10:15am | Saturday Kitchen Best Bites |
| 11:45am | Triathlon World Series |
| | <i>Gold Coast Highlights.</i> |
| 1:15pm | MOTD2 Extra |
| | <i>MOTD2 Extra presents the latest football action.</i> |
| 2:00pm | Tennis |
| | <i>Coverage of the latest tennis action.</i> |
| 7:30pm | Golf |
| | <i>All the action from the latest Golfing events.</i> |
| 1:00am | The Tempest |
| 2:40am | Question Time |
| 3:40am | Holby City |
| 4:40am | This is BBC Two |

BBC FOUR

| | |
|---------|---|
| 8:00pm | Britain at War |
| | <i>Documentary looking at Imperial War Museums in the centenary year of its establishment.</i> |
| 9:00pm | Teenage Tommies |
| 10:00pm | Horizon |
| | <i>Horizon looks at the strange patterns of weather seen in recent years.</i> |
| 11:00pm | Radio 2 Folk Awards 2017 |
| 12:00am | Arena |
| 1:30am | The Story of Maths |
| | <i>Four-part series about the history of mathematics, presented by Oxford professor Marcus du Sautoy.</i> |
| 2:30am | The Bermuda Triangle: Beneath the Waves |
| 3:30am | Exposed |
| | <i>Magicians, Psychics and Frauds - Storyville.</i> |

CHANNEL 4

| | |
|---------|------------------------------------|
| 7:15am | King of Queens |
| 7:40am | King of Queens |
| 8:05am | King of Queens |
| 8:30am | Everybody Loves Raymond |
| 9:00am | Everybody Loves Raymond |
| 9:30am | Frasier |
| 10:00am | Frasier |
| 10:30am | Sunday Brunch |
| 1:30pm | The Simpsons |
| 1:55pm | The Simpsons |
| 2:25pm | Gogglesprogs |
| 3:30pm | Formula 1 |
| 5:45pm | The Boxrolls |
| 7:35pm | Channel 4 News |
| 8:00pm | Kevin Mccloud's Escape to the Wild |
| 9:00pm | Spying on the Royals |
| 10:00pm | Homeland |
| 11:00pm | Gogglebox |
| 12:00am | 8 Out of 10 Cats |
| 1:00am | Does Countdown |
| 2:45am | The Guard |
| 3:45am | Great British Buildings |
| 4:40am | Isis and the Battle for Iraq |
| 5:05am | Unreported World |
| | Building the Dream |

CHANNEL 5

| | |
|---------|---|
| 7:00am | Milkshake! |
| 11:00am | Teenage Mutant Ninja Turtles |
| 11:35am | Football on 5 |
| 12:30pm | Football on 5 |
| 1:00pm | The Gadget Show |
| 2:00pm | Police Interceptors |
| 3:00pm | Free Birds |
| 4:40pm | Fool's Gold |
| 6:45pm | P.S. I Love You |
| | <i>Romantic comedy about a widow who tries to come to terms with her husband's death by following ten instructions he has left for her.</i> |
| 9:00pm | Cutest Puppies Make You Laugh Out Loud |
| 9:55pm | 5 News |
| 10:00pm | When Chat Shows Go Horribly Wrong |
| 1:00am | One Night with My Ex |
| 2:00am | Super Casino |
| 4:10am | Law and Order: Criminal Intent |
| 5:00am | Criminals Caught on Camera |
| 5:50am | House Doctor |

4

| | |
|---------|---------------------------------|
| 7:00am | Rude(ish) Tube |
| 7:30am | Couples Come Dine with Me |
| 8:30am | Couples Come Dine with Me |
| 9:30am | Hollyoaks Omnibus |
| 12:00pm | Made in Chelsea |
| 1:00pm | To be Announced |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | The Goldbergs |
| 4:30pm | Black-ish |
| 5:00pm | Baby Daddy |
| 5:30pm | Brooklyn Nine-Nine |
| 6:00pm | Brooklyn Nine-Nine |
| 6:30pm | The Big Bang Theory |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | The Big Bang Theory |
| 8:30pm | The Big Bang Theory |
| 9:00pm | The Big Bang Theory |
| 10:00pm | Marvel's Agents of S.H.I.E.L.D. |
| 11:00pm | Tattoo Fixers |
| 12:00am | E4's Tattoo Artist of the Year |
| 1:00am | Celebrity First Dates |
| 2:05am | Naked Attraction |
| 3:10am | Bizarre ER |
| 4:00am | Marvel's Agents of S.H.I.E.L.D. |

sky SPORTS 1

| | |
|---------|---|
| 7:00am | Football |
| 7:30am | Football |
| 8:00am | Football |
| 8:30am | Football |
| 9:00am | Football |
| 9:30am | Football |
| 10:00am | The Sunday Supplement |
| 11:30am | Goals on Sunday |
| 1:30pm | Live Nissan Super Sunday Pre-Match |
| 2:30pm | Live Nissan Super Sunday |
| | <i>Sunderland v Manchester United.</i> |
| 4:30pm | Live Nissan Super Sunday |
| | <i>Everton v Leicester City.</i> |
| 8:00pm | Masters - Live |
| | <i>The final day of the Masters at Augusta National Golf Club, Georgia.</i> |
| 1:30am | Masters Official Film |
| | <i>The story of the 1995 Masters from Augusta National Golf Club</i> |
| 2:00am | Goals on Sunday |
| 3:00am | The Premier League Years |

itv

| | |
|---------|------------------------------------|
| 7:00am | CITV |
| 10:25am | ITV News |
| 10:30am | Countrywise |
| 11:00am | Secret Dealers |
| 12:00pm | Wild Australia with Ray Mears |
| 12:30pm | ITV News and Weather |
| 12:40pm | Who's Doing the Dishes? |
| 1:45pm | The Chase |
| 2:45pm | Goldfinger |
| 4:55pm | An Evening with Take That |
| 6:00pm | Little Big Shots |
| 7:00pm | Local News and Weather |
| 7:10pm | ITV News and Weather |
| 7:30pm | Harry Hill's Alien Fun Capsule |
| 8:00pm | 5 Gold Rings |
| 9:00pm | Vera |
| 11:00pm | ITV News and Weather |
| 11:20pm | The Nightly Show Best Bits |
| 11:45pm | The Cube |
| 12:45am | Aviva Premiership Rugby Highlights |

itv2

| | |
|---------|---|
| 7:00am | You've Been Framed! |
| 7:20am | Emmerdale Omnibus |
| 10:00am | Coronation Street Omnibus |
| 12:30pm | Ant and Dec's Saturday Night Takeaway |
| 2:00pm | Zawesome |
| 2:05pm | Guidance |
| 2:40pm | Fame High |
| 3:00pm | L.A. Story |
| 3:15pm | Side Effects |
| 3:45pm | Mr. Bean |
| 4:20pm | Mr. Bean |
| 4:50pm | Liar Liar |
| 5:50pm | FYI Daily |
| 5:55pm | Liar Liar |
| 6:35pm | The Lord of the Rings: The Fellowship of the Ring |
| 7:35pm | FYI Daily |
| 7:40pm | The Lord of the Rings: The Fellowship of the Ring |
| 10:00pm | Horrible Bosses |
| 11:00pm | FYI Daily |
| 11:05pm | Horrible Bosses |
| 12:05am | Family Guy |
| 12:35am | Family Guy |
| 1:00am | Family Guy |

itv3

| | |
|---------|------------------------------------|
| 7:00am | On the Buses |
| 7:25am | The Railway Children |
| 8:25am | FYI Daily |
| 8:30am | The Railway Children |
| 9:35am | Heartbeat |
| 10:35am | Heartbeat |
| 11:35am | Murder, She Wrote |
| 12:40pm | Heidi |
| 2:40pm | Sherlock Holmes |
| 4:55pm | Agatha Christie's Marple |
| 7:00pm | Midsomer Murders |
| 9:00pm | Paul O'Grady: For The Love of Dogs |
| 9:30pm | Paul O'Grady: For The Love of Dogs |
| 10:00pm | Sunday Night at the Palladium |
| 11:00pm | Les Dawson Forever: Ep |
| 12:05am | Elizabeth: The Golden Age |
| 1:05am | FYI Daily |
| 1:10am | Elizabeth: The Golden Age |
| 2:20am | A Touch of Frost |
| 4:00am | May the Best House Win |
| 4:55am | May the Best House Win |

itv4

| | |
|---------|---|
| 7:10am | British Touring Car Championship Highlights |
| 8:25am | World Superbike Highlights |
| 9:25am | British Superbike Highlights |
| 10:25am | Counting Cars |
| 10:55am | Pawn Stars |
| 11:20am | Pawn Stars |
| 11:50am | Pawn Stars |
| 12:15pm | Pawn Stars |
| 12:45pm | Pawn Stars |
| 1:15pm | Pawn Stars |
| 1:45pm | The Land That Time Forgot |
| 2:45pm | FYI Daily |
| 2:50pm | The Land That Time Forgot |
| 3:40pm | The Alamo |
| 4:40pm | FYI Daily |
| 4:45pm | The Alamo |
| 6:55pm | Fishing Impossible |
| 7:55pm | The Big Fish Off |
| 9:00pm | Rugby |
| 10:00pm | The Deer Hunter |
| 11:05pm | FYI Daily |
| 11:10pm | The Deer Hunter |
| 1:45am | River Monsters |
| 2:50am | Fifth Gear |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|---|
| 1:05pm | The Lord of the Rings: The Return of the King |
| 4:30pm | Independence Day |
| 7:05pm | I Am Legend |
| 9:00pm | John Wick |
| 10:50pm | The Lord of the Rings: The Return of the King |
| 2:10am | 13 Hours: The Secret Soldiers of Benghazi |
| 4:40am | Tora! Tora! Tora! |

sky CINEMA COMEDY

| | |
|---------|--------------------------------|
| 9:20am | The Top Ten Show 2017 |
| 9:35am | Back to the Future |
| 11:35am | Back to the Future Part II |
| 1:30pm | Back to the Future Part III |
| 3:30pm | Bad Neighbours 2 |
| 5:10pm | Drillbit Taylor |
| 7:00pm | Magic Mike XXL |
| 9:00pm | Bad Neighbours 2 |
| 10:40pm | Planes, Trains and Automobiles |
| 12:20am | Office Space |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | London Town |
| 8:45am | Ghost in the Shell: Special |
| 9:15am | Pete's Dragon |
| | <i>A young boy orphaned by a car crash and left alone in a forest befriends a giant, fire-breathing dragon.</i> |
| 11:10am | Wild Oats |
| | <i>Breezy comedy about two best friends who decide to take full advantage of a life insurance mix-up.</i> |
| 12:50pm | The Conjuring 2 |
| 3:15pm | Central Intelligence |
| | <i>Riotous action comedy about a rogue CIA agent who turns to a former classmate Kevin Hart for help.</i> |
| 5:20pm | Pete's Dragon |
| 7:15pm | Wild Oats |
| 9:00pm | The Conjuring 2 |
| 11:15pm | Central Intelligence |
| 1:15am | K-Shop |

sky SPORTS 2

| | |
|---------|------------------------------------|
| 7:00am | Live World Rugby Sevens: Hong Kong |
| 11:00am | Cricket's Greatest |
| 11:30am | Cricket's Greatest |
| 12:00pm | Cricket's Greatest |
| 12:30pm | Sporting Triumphs |
| 12:45pm | Sporting Triumphs |
| 1:00pm | Football |
| 4:00pm | Spanish Football Gold |
| 4:10pm | Football |
| 6:10pm | Spanish Football Gold |
| 6:25pm | Football |
| 8:25pm | Spanish Football Gold |
| 8:40pm | Football |
| 10:40pm | Spanish Football Gold |
| 10:50pm | Spanish Football Gold |
| 11:00pm | Football |
| 11:30pm | Football |
| 12:00am | Goals on Sunday |
| 1:00am | Football |
| 1:30am | Football |
| 2:00am | Indian Premier League Highlights |
| 3:00am | Indian Premier League Highlights |

Advertising feature

Household insurance

YOUR home and the contents will most probably be the most expensive purchase you make in your lifetime, so it's worthwhile protecting your investment.

Every year insurers pay out millions of Euros to home owners due to water damage to the property and the contents due to accidental overflows, plumbing apparatus or leaks.

Preventative measures which can be taken include:

Plumbing

- Plumbing apparatus in hardwater areas is prone to build up of limescale, so try to add a water softener to your washing machine and dishwasher.
- Ensure your toilet cistern is fitted with an overflow, otherwise this can cause a leak.

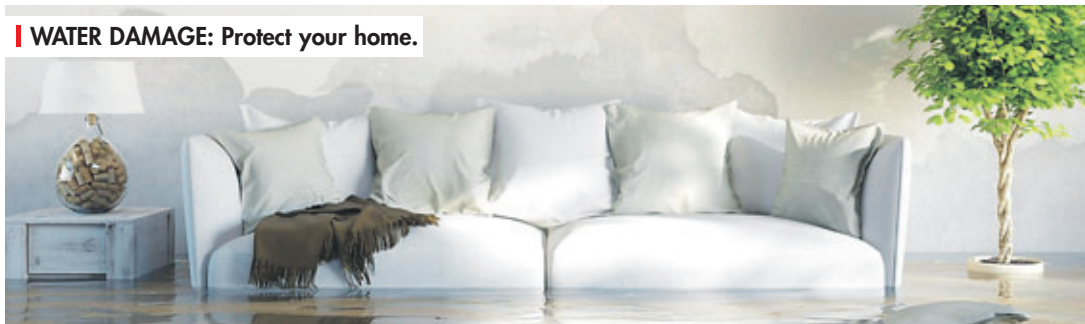
- Rust inhibitors will extend the life of the central heating system.

- Have your central heating systems serviced annually.

Kitchen

- Ensure drain hoses from washing machines and dishwashers are firmly in the drainpipes and cannot jump out.

WATER DAMAGE: Protect your home.



- Ensure the water inlet pipes for appliances are correctly fitted.

- Check and clear the filters in washing machines and dishwashers regularly. If your machine has a special self-cleaning programme, it is recommended this is used periodically.

- Properly maintain appliances.

Bathroom

- Ensure the seal between the bath/shower cubicle and the wall is watertight to prevent leaks.

- Do not leave the bathroom when you are running a bath.

Key Points

- Make sure that all building and internal plumbing works are carried out

by qualified and competent people. Avoid cold callers.

- Do not leave washing machines or dishwashers on whilst the property is unattended.

- Turn off your water supply when you go on holiday or if you are leaving your holiday home for a period of over 14 days.

- Know where your stopcock is located.

- Make sure flat roofs receive a proper regular maintenance.

Contents cover forms a major part of a household insurance policy and is often overlooked or underinsured.

Breaking down your contents into

the following categories can assist you with ascertaining the amount of contents cover you may require.

Kitchen: furniture, free standing cooker, fridge, washing machine, equipment, unfixed flooring, curtains, pictures, lights, fittings, cutlery, utensils, pots, pans, food, drink.

Bedrooms: furniture, bedding, clothing, shoes, electrical equipment, carpets, curtains, pictures and other items.

Bathroom: furniture, towels, perfumes.

Hall, stairs, landing: furniture, carpet and other items.

Other (outbuildings, cellar, attic,

garage, etc): general items, gardening equipment.

Other items: jewellery, watches, clocks, miscellaneous.

Personal belongings (items that will leave home with you): jewellery, watches, photographic equipment, sports equipment, musical instruments, bicycles.

Household insurance can be tailor made to suit your needs and can cover items used outside the home (including worldwide cover) which perhaps you didn't know could be included on a household policy, for example:

- Permanent and second holiday homes on one policy.

- All Risk items - Jewellery, laptops, mobile phones, personal money, credit cards - on worldwide cover.

- Property Owners Liability.

- All risk cover - Pedal Cycles.

- All Risk Cover - Golfing Equipment.

It's always worthwhile reviewing your home insurance, so call us on 966 719 951 to discuss your insurance needs and protect your investment.

VOUCHER

FREE HOTEL ACCOMMODATION

FOR 2-3 PEOPLE SHARING IN THE HOTEL & SPA COSTA NAREJOS
SEND AN E-MAIL AND PRESENT THIS VOUCHER TO MAKE YOUR CLAIM!

SPECIAL OFFER AVAILABLE:

Valid from 7th to 12th April 2017
from 17th April to 2nd June
and from 17th Sept to 28th October 2017

www.hotelcostanarejos.com

4 STAR HOTEL WITH SPA. CLOSE TO THE MAR MENOR SEA, IN LOS ALCAZARES. MURCIA.

GENERAL CONDITIONS: The offer includes VAT, free indoor parking, WIFI, gym, and one complimentary circuit of Spa. We will only ask you to meet the hotel's minimum consumption: one evening meal (27 €) and one breakfast (10 €) per person per night.

1st child sharing with 2 adults: FREE including meals.

To request availability and make your booking at the hotel write to

info@hotelcostanarejos.com or call to 968 583980

DIRECTIONS: Motorway AP-7 Alicante-Cartagena. Exit 786 Los Narejos.



WITH ONE
COMPLIMENTARY
CIRCUIT SPA
WITH 2 NIGHTS
RESERVATION



GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

| | |
|---------|------------------------------------|
| 10:15am | Animal Park Easter Special |
| 11:00am | Homes Under the Hammer |
| 12:00pm | The Sheriffs are Coming |
| 12:45pm | Fake Britain |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:30pm | Regional News |
| 2:45pm | Doctors |
| 3:15pm | The Code |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Flog It! |
| 6:15pm | Pointless |
| 7:00pm | BBC News |
| 7:30pm | Regional News |
| 8:00pm | The One Show |
| 8:30pm | Fake Britain |
| 9:00pm | EastEnders |
| 9:30pm | Panorama |
| 10:00pm | Peter Kay's Car Share |
| 11:00pm | BBC News |
| 11:30pm | Regional News |
| 11:40pm | Weather |
| 11:45pm | All Round to Mrs Brown's |
| 12:45am | Have I Got a Bit More News for You |

BBC TWO

| | |
|---------|---------------------------------------|
| 8:15am | Money for Nothing |
| 9:00am | Antiques Roadshow |
| 10:00am | Victoria Derbyshire |
| 12:00pm | BBC Newsroom Live |
| 2:00pm | Two Tribes |
| 2:30pm | Holiday of My Lifetime |
| 3:00pm | Who Do You Think You Are? |
| 4:00pm | More Creatures Great and Small |
| 4:30pm | Natural World |
| 5:15pm | Attenborough and the Giant Egg |
| 6:15pm | Antiques Road Trip |
| 7:00pm | Eggheads |
| 7:30pm | The Repair Shop |
| 8:00pm | Mary Berry's Easter Feast |
| 9:00pm | University Challenge |
| 9:30pm | Grand Tours of Scotland |
| 10:00pm | Amazing Hotels: Life Beyond the Lobby |
| 11:00pm | QI |
| 11:30pm | Newsnight |
| 12:10am | Weather |
| 12:15am | Second Chance Summer: Tuscany |
| 1:15am | Versailles |
| 2:10am | Countryfile |

BBC FOUR

| | |
|---------|--|
| 8:00pm | 100 Days |
| 8:30pm | The Beauty of Anatomy |
| 9:00pm | Yellowstone |
| 10:00pm | Blazes and Brigades: The Story of the Fire Service |
| 11:00pm | The Bridge: Fifty Years across the Forth |
| 12:00am | Oceans |
| 1:00am | Everyday Miracles: The Genius of Sofas, Stockings and Scanners |
| 2:00am | The Toilet: An Unspoken History |
| 3:00am | Bright Lights, Brilliant Minds: A Tale of Three Cities |
| 4:00am | Blazes and Brigades: The Story of the Fire Service |

CHANNEL 4

| | |
|---------|---------------------------------|
| 7:00am | Countdown |
| 7:45am | King of Queens |
| 9:00am | Everybody Loves Raymond |
| 10:05am | Frasier |
| 10:35am | Frasier |
| 11:05am | Undercover Boss USA |
| 12:05pm | Ramsay's Kitchen Nightmares USA |
| 1:00pm | Channel 4 News |
| 1:05pm | Vet on the Hill |
| 2:05pm | Posh Pawn |
| 3:10pm | Countdown |
| 4:00pm | Fifteen to One |
| 5:00pm | French Collection |
| 6:00pm | Couples Come Dine with Me |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 9:00pm | Warship |
| 10:00pm | 24 Hours in A and E |
| 11:00pm | How'd You Get So Rich? |
| 11:50pm | Britain's Benefit Tenants |
| 12:50am | Three Wives, One Husband |

CHANNEL 5

| | |
|---------|---|
| 10:15am | The Wright Stuff |
| 12:15pm | GPs: Behind Closed Doors |
| 1:10pm | 5 News |
| 1:15pm | Can't Pay? We'll Take it Away! |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:20pm | NCIS |
| 4:15pm | Damaged |
| 6:00pm | 5 News |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News |
| 8:00pm | MotoGP |
| 9:00pm | Police Interceptors <i>Documentary series profiling the work of a high-speed police interception unit in Essex.</i> |
| 10:00pm | Inside the Tube: Going Underground |
| 11:00pm | All New Traffic Cops |
| 12:00am | Hummingbird |
| 2:00am | Super Casino <i>Feeling lucky? Get the authentic, heart-thumping casino experience every night.</i> |

4

| | |
|---------|-----------------------|
| 7:00am | Charmed |
| 7:40am | Coach Trip |
| 8:10am | Hollyoaks |
| 8:40am | Melissa and Joey |
| 9:05am | Rules of Engagement |
| 9:35am | Rules of Engagement |
| 10:00am | Last Man Standing |
| 10:30am | Last Man Standing |
| 11:00am | Charmed |
| 12:00pm | Charmed |
| 1:00pm | How I Met Your Mother |
| 2:00pm | The Goldbergs |
| 2:30pm | The Goldbergs |
| 3:00pm | The Big Bang Theory |
| 3:30pm | The Big Bang Theory |
| 4:00pm | How I Met Your Mother |
| 5:00pm | Brooklyn Nine-Nine |
| 5:30pm | Brooklyn Nine-Nine |
| 6:00pm | The Goldbergs |
| 6:30pm | The Goldbergs |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Baby Daddy |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Made in Chelsea |
| 11:00pm | Empire |
| 12:00am | The Big Bang Theory |

sky SPORTS 1

| | |
|---------|----------------------------------|
| 7:00am | Good Morning Sports Fans |
| 8:00am | Good Morning Sports Fans |
| 9:00am | Good Morning Sports Fans |
| 10:00am | Football |
| 11:00am | Premier League Daily |
| 12:00pm | Football |
| 12:30pm | Football |
| 1:00pm | Goals on Sunday |
| 2:00pm | Football |
| 2:30pm | Football |
| 3:00pm | Premier League Legends |
| 3:30pm | Premier League Legends |
| 4:00pm | Goals on Sunday |
| 5:00pm | Football |
| 5:30pm | Football |
| 6:00pm | Premier League 100 Club |
| 6:30pm | Football |
| 7:00pm | Football |
| 7:30pm | Soccer AM: The Best Bits 2016/17 |
| 8:00pm | Football |
| 12:00am | Scottish Football Round Up |
| 12:15am | Football Gold |
| 12:30am | Soccer AM: The Best Bits 2016/17 |

itv

| | |
|---------|-------------------------------------|
| 7:00am | Good Morning Britain |
| 9:30am | Lorraine |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 3:00pm | Judge Rinder |
| 4:00pm | Chopping Block |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | Local News and Weather |
| 7:30pm | ITV Evening News |
| 8:00pm | Emmerdale |
| 8:30pm | Coronation Street |
| 9:00pm | Devon and Cornwall Cops |
| 9:30pm | Coronation Street |
| 10:00pm | Broadchurch |
| 11:00pm | The Nightly Show |
| 11:30pm | ITV News |
| 12:15am | Robson Green's Tales From the Coast |
| 1:15am | The Nightly Show |
| 1:40am | Jackpot247 |
| 4:00am | The Jeremy Kyle Show |
| 4:55am | Nightscreen |

itv2

| | |
|---------|---------------------------|
| 7:00am | Planet's Funniest Animals |
| 7:10am | You've Been Framed! |
| 7:35am | Below Deck |
| 8:20am | The Ellen DeGeneres Show |
| 9:00am | Emmerdale |
| 9:30am | Coronation Street |
| 10:00am | Coronation Street |
| 10:30am | Below Deck |
| 11:25am | The Hot Desk |
| 11:40am | Bean |
| 12:40pm | FYI Daily |
| 12:45pm | Bean |
| 1:25pm | Emmerdale |
| 1:55pm | Coronation Street |
| 2:30pm | Coronation Street |
| 3:00pm | The Ellen DeGeneres Show |
| 3:50pm | The Jeremy Kyle Show |
| 4:55pm | The Jeremy Kyle Show |
| 6:00pm | Judge Rinder |
| 7:00pm | You've Been Framed! |
| 9:00pm | Two and a Half Men |
| 10:00pm | Family Guy |
| 10:30pm | The Great Indoors |
| 11:00pm | American Dad! |
| 12:00am | Family Guy |

itv3

| | |
|---------|------------------------------|
| 7:00am | You're Only Young Twice |
| 7:25am | Heartbeat |
| 8:25am | Where the Heart is |
| 9:25am | The Royal |
| 10:25am | Judge Judy |
| 10:55am | Judge Judy |
| 11:20am | Judge Judy |
| 11:50am | Road to Avonlea |
| 12:55pm | The Darling Buds of May |
| 2:05pm | Heartbeat |
| 3:05pm | The Royal |
| 4:05pm | Where the Heart is |
| 5:15pm | You're Only Young Twice |
| 5:50pm | On the Buses |
| 6:20pm | On the Buses |
| 6:55pm | Heartbeat |
| 8:00pm | Murder, She Wrote |
| 9:00pm | Doc Martin |
| 10:00pm | The Suspicions of Mr Whicher |
| 12:05am | Appropriate Adult |
| 1:35am | Wycliffe |
| 3:00am | ITV3 Nightscreen |
| 3:30am | Teleshopping |

itv4

| | |
|---------|------------------------------|
| 7:00am | The Sweeney |
| 7:50am | Hogan's Heroes |
| 8:20am | Hogan's Heroes |
| 8:45am | The Professionals |
| 9:50am | Ironsides |
| 10:50am | The Sweeney |
| 11:55am | The Chase |
| 12:55pm | Counting Cars |
| 1:25pm | Pawn Stars |
| 1:50pm | Pawn Stars |
| 2:20pm | Pawn Stars |
| 2:50pm | Hogan's Heroes |
| 3:25pm | Hogan's Heroes |
| 3:55pm | Ironsides |
| 5:00pm | The Professionals |
| 6:00pm | The Sweeney |
| 7:05pm | Pawn Stars |
| 7:35pm | Pawn Stars |
| 8:00pm | Pawn Stars |
| 8:30pm | Pawn Stars |
| 8:55pm | The Chase: Celebrity Special |
| 10:00pm | Clear and Present Danger |
| 11:00pm | FYI Daily |
| 11:05pm | Clear and Present Danger |
| 12:50am | Bundesliga |
| 1:50am | Rugby |
| 2:55am | The Professionals |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|----------------------------|
| 7:10am | Marvel's Avengers Assemble |
| 9:35am | Barely Lethal |
| 11:20am | Hyena Road |
| 1:30pm | Lawrence of Arabia |
| 5:10pm | Tomorrowland |
| 7:30pm | Marvel's Avengers Assemble |
| 10:00pm | The Mummy |
| 12:15am | Cloverfield |
| 1:45am | The Mummy |
| 4:00am | Con Air |

sky CINEMA COMEDY

| | |
|---------|-----------------------|
| 9:25am | The Cable Guy |
| 11:10am | The Man |
| 12:40pm | Ghostbusters: Special |
| 1:10pm | Ghostbusters |
| 3:10pm | How to be Single |
| 5:10pm | The Top Ten Show 2017 |
| 5:30pm | Year One |
| 7:15pm | Crocodile Dundee |
| 9:00pm | Ghostbusters |
| 11:00pm | How to be Single |
| 1:00am | Bad Bromance |
| 2:45am | Jackass: The Movie |
| 4:20am | Stage Fright |

sky CINEMA PREMIERE

| | |
|---------|--|
| 7:00am | Winter <i>A father consumed by grief must come to terms with an emotional breakdown in order to save his relationship with his two young sons.</i> |
| 8:35am | London Town |
| 10:15am | Wild Oats |
| 11:50am | Pete's Dragon |
| 1:40pm | The Conjuring 2 |
| 4:00pm | Date and Switch |
| 5:35pm | Wild Oats |
| 7:10pm | Pete's Dragon |
| 9:00pm | The Conjuring 2 |
| 11:20pm | House of Manson <i>Unflinching biographical drama charting the life of Charles Manson, from his early years to the Tate-LaBianca slayings and his eventual imprisonment.</i> |
| 1:05am | Date and Switch |
| 2:40am | K-Shop |
| 4:50am | London Town |

sky SPORTS 2

| | |
|---------|---|
| 7:00am | Cricket Classics |
| 8:00am | WWE Raw |
| 9:00am | Goals on Sunday |
| 10:00am | Indian Premier League Highlights |
| 11:00am | Indian Premier League Highlights |
| 12:00pm | Sporting Heroes |
| 1:00pm | Cricket Classics |
| 2:00pm | Indian Premier League Highlights |
| 3:00pm | Indian Premier League Highlights |
| 4:00pm | Live Indian Premier League |
| 8:30pm | Spanish Football Gold |
| 8:40pm | Football |
| 10:40pm | Spanish Football Gold |
| 10:50pm | Spanish Football Gold |
| 11:00pm | International Bowls 2017 Highlights |
| 12:00am | Cricket's Greatest Super League Fulltime 2017 |
| 1:00am | International Bowls 2017 Highlights |
| 2:00am | Cricket Classics |

Mind your language if you please

**Trudy
Stewart**



**OFFENSIVE WORDS:
Are not necessarily
swear words.**

MY love for reading comes from my mum. When I was little, she would read to me every night and as soon as I was old enough, we played Junior Scrabble. As I got older and started reading on my own, I would always have a dictionary on hand to look up and memorise any new words.

My love for books has never waned and alongside it my love of language developed. At school I studied French and Latin and although it seemed a cruel form of torture at the time, I'm glad that I did.

As I struggle now with my ageing brain to learn Spanish, I'm constantly surprised at how much more I can understand when I see it in written form. There is so much shared vocabulary - maybe not always identical but similar enough that you get the idea.

Words can be so powerful and as a form of communication it's about as effective as you can get even in an electronic age where images are often used as a replacement. Authors

can transport you wherever their imagination takes you just by using words. Poets can bring us to tears.

However, it doesn't all have to come from putting the right combinations of words together, sometimes a single word can have all

the punch of the Bard's best soliloquy. I'm talking of course about swear words.

Now it's always made me chuckle that alongside developing language as a means to communicate, we've also felt the need for an alternative for when those other words just

aren't enough. When children are learning to speak and inadvertently copy what daddy said when he stubbed his toe moments earlier, they are discouraged from parroting the 'bad word.'

So, here's my confession. Yes, I adore language and words and have an extensive vocabulary at my disposal but sometimes that's just not enough and I swear. Now don't get me wrong, I'm not dropping 'f-bombs' all over the place offending all who come in contact with me, but every so often in the right context, it's the only word for the job.

A couple of weeks ago, whilst walking my dog at night, I was looking at the stars when I should have been looking where I was going and fell down some stairs. I went over my ankle and what sprang forth would not only have made a sailor blush, it would have had him reaching for a copy of the profanisaurus!

I know swearing isn't big or clever and it definitely isn't for everyone but I'd say there are more damaging words than the standard swears. Words like stupid or ugly can do more to undermine a person. I find those sorts of words far more offensive but they are socially acceptable.

I guess, like everything else, it comes down to the individual and what they find offensive. At the end of the day, they're only words.

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BBC one

| | |
|---------|----------------------------|
| 7:00am | Breakfast |
| 10:15am | Animal Park Easter Special |
| 11:00am | Homes Under the Hammer |
| 12:00pm | The Sheriffs are Coming |
| 12:45pm | Fake Britain |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:30pm | Regional News |
| 2:45pm | Doctors |
| 3:15pm | The Code |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Flog It! |
| 6:15pm | Pointless |
| 7:00pm | BBC News |
| 7:30pm | Regional News |
| 8:00pm | The One Show |
| 8:30pm | EastEnders |
| 9:00pm | Holby City |
| 10:00pm | Peter Kay's Car Share |
| 10:30pm | My Friend Victoria |
| 11:00pm | BBC News |
| 11:30pm | Regional News |
| 11:40pm | Weather |
| 11:45pm | Panorama |
| 12:35am | No Strings Attached |
| 2:15am | Weather for the Week Ahead |

BBC TWO

| | |
|---------|--|
| 7:00am | Flog It! |
| 7:30am | The Sheriffs are Coming |
| 8:15am | Money for Nothing |
| 9:00am | Puerto Rico: Island of Enchantment - Natural World |
| 10:00am | Victoria Derbyshire |
| 12:00pm | BBC Newsroom Live |
| 2:00pm | Super League Show |
| 2:45pm | Holiday of My Lifetime |
| 3:15pm | Who Do You Think You Are? |
| 4:15pm | Nature's Misfits |
| 5:15pm | Attenborough: 60 Years in the Wild |
| 6:15pm | Antiques Road Trip |
| 7:00pm | Eggheads |
| 7:30pm | The Repair Shop |
| 8:00pm | Mary Berry's Easter Feast |
| 9:00pm | Bake Off Crème de la Crème |
| 10:00pm | Obesity |
| 11:00pm | Later Live... with Jools Holland |
| 11:30pm | Newsnight |
| 12:10am | Weather |
| 12:15am | Alone with the in-Laws |

BBC FOUR

| | |
|---------|---|
| 8:00pm | 100 Days |
| 8:30pm | The Beauty of Anatomy |
| 9:00pm | 1066: A Year to Conquer England |
| 10:00pm | Should We Go to Mars? The Big Think |
| 11:00pm | The Beginning and End of the Universe |
| 12:00am | Ray Mears Goes Walkabout <i>Series following survival expert Ray Mears, as he makes four journeys through the wilderness of the Australian outback.</i> |
| 1:00am | Servants: The True Story of Life Below Stairs |
| 2:00am | Natural World |
| 3:00am | How to be a Surrealist with Philippa Perry |
| 4:00am | Should We Go to Mars? The Big Think |
| 5:00am | This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i> |

CHANNEL 4

| | |
|---------|---------------------------------|
| 7:00am | Countdown |
| 7:45am | King of Queens |
| 8:10am | King of Queens |
| 8:35am | King of Queens |
| 9:00am | Everybody Loves Raymond |
| 9:35am | Everybody Loves Raymond |
| 10:05am | Frasier |
| 10:35am | Frasier |
| 11:05am | Undercover Boss USA |
| 12:00pm | Ramsay's Kitchen Nightmares USA |
| 1:00pm | Channel 4 News |
| 1:05pm | Vet on the Hill |
| 2:05pm | Posh Pawn |
| 3:10pm | Countdown |
| 4:00pm | Fifteen to One |
| 5:00pm | French Collection |
| 6:00pm | Couples Come Dine with Me |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 9:00pm | The Secret Life of the Zoo |
| 10:00pm | One Born Every Minute |
| 11:00pm | House of Quads |
| 12:05am | Gogglebox |

CHANNEL 5

| | |
|---------|--|
| 7:00am | Milkshake! |
| 10:15am | The Wright Stuff |
| 12:15pm | GPs: Behind Closed Doors |
| 1:10pm | 5 News |
| 1:15pm | On Benefits: Life on the Dole |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:15pm | NCIS: Los Angeles |
| 4:15pm | Aurora Teagarden Mystery: Three Bedrooms, One Corpse |
| 6:00pm | 5 News |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News |
| 8:00pm | FIA World Rally Championship Highlights |
| 9:00pm | The Secret Lives of Puppies: Meet My New Families |
| 10:00pm | Yorkshire: A Year in the Wild |
| 11:00pm | Me and My... Face |
| 12:05am | The Boy with Giant Hands |
| 1:05am | On Benefits |
| 2:00am | Super Casino |

4

| | |
|---------|---------------------------|
| 7:00am | Charmed |
| 7:40am | Coach Trip |
| 8:10am | Hollyoaks |
| 8:40am | Melissa and Joey |
| 9:05am | Rules of Engagement |
| 10:00am | Last Man Standing |
| 11:00am | Charmed |
| 1:00pm | How I Met Your Mother |
| 2:00pm | The Goldbergs |
| 2:30pm | The Goldbergs |
| 3:00pm | The Big Bang Theory |
| 3:30pm | The Big Bang Theory |
| 4:00pm | How I Met Your Mother |
| 4:30pm | How I Met Your Mother |
| 5:00pm | Brooklyn Nine-Nine |
| 5:30pm | Brooklyn Nine-Nine |
| 6:00pm | The Goldbergs |
| 6:30pm | The Goldbergs |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Black-ish |
| 9:00pm | The Goldbergs |
| 9:30pm | The Goldbergs |
| 10:00pm | Tattoo Artist of the Year |
| 11:00pm | Bizarre ER |
| 12:00am | The Big Bang Theory |

sky SPORTS 1

| | |
|---------|----------------------------------|
| 7:00am | Good Morning Sports Fans |
| 8:00am | Good Morning Sports Fans |
| 9:00am | Good Morning Sports Fans |
| 10:00am | Football |
| 10:30am | Soccer AM: The Best Bits 2016/17 |
| 11:00am | Premier League Daily |
| 12:00pm | Premier League Legends |
| 12:30pm | Premier League Legends |
| 1:00pm | Football's Greatest |
| 1:30pm | Football's Greatest |
| 2:00pm | Great Sporting Moments |
| 2:15pm | Great Sporting Moments |
| 2:30pm | Great Sporting Moments |
| 2:45pm | Great Sporting Moments |
| 3:00pm | Premier League Legends |
| 3:25pm | Cricket |
| 11:30pm | La Liga World |
| 12:00am | Premier League Review |
| 1:00am | Premier League 100 Club |

itv

| | |
|---------|---|
| 7:00am | Good Morning Britain |
| 9:30am | Lorraine <i>Join Lorraine Kelly and her celebrity friends for all the latest showbiz, news, style on ITV.</i> |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 3:00pm | Judge Rinder |
| 4:00pm | Chopping Block |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | Local News and Weather |
| 7:30pm | ITV Evening News |
| 8:00pm | Emmerdale |
| 8:30pm | Save Money Good Food |
| 9:00pm | The Olivier Awards |
| 11:00pm | The Nightly Show |
| 11:30pm | ITV News |
| 12:15am | Prime Suspect 1973 |
| 1:15am | The Nightly Show |

itv2

| | |
|---------|--------------------------|
| 7:00am | You've Been Framed! |
| 7:25am | Below Deck |
| 8:10am | The Ellen DeGeneres Show |
| 8:50am | Emmerdale |
| 9:25am | Coronation Street |
| 10:25am | Below Deck |
| 11:15am | Step Up |
| 12:20pm | FYI Daily |
| 12:25pm | Step Up |
| 1:25pm | Emmerdale |
| 1:55pm | Coronation Street |
| 2:30pm | Coronation Street |
| 3:00pm | The Ellen DeGeneres Show |
| 3:50pm | The Jeremy Kyle Show |
| 4:55pm | The Jeremy Kyle Show |
| 6:00pm | Judge Rinder |
| 7:00pm | You've Been Framed! |
| 7:30pm | You've Been Framed! |
| 8:00pm | You've Been Framed! |
| 8:30pm | You've Been Framed! |
| 9:00pm | Two and a Half Men |
| 9:30pm | Two and a Half Men |
| 10:00pm | Hell's Kitchen |
| 11:00pm | Family Guy |
| 11:30pm | Family Guy |
| 12:00am | Family Guy |

itv3

| | |
|---------|---|
| 7:00am | You're Only Young Twice |
| 7:25am | Heartbeat |
| 8:25am | Where the Heart is |
| 9:25am | The Royal |
| 10:25am | Judge Judy |
| 10:55am | Judge Judy |
| 11:25am | Judge Judy |
| 11:50am | Road to Avonlea |
| 12:55pm | The Darling Buds of May |
| 2:05pm | Heartbeat |
| 3:05pm | The Royal |
| 4:10pm | Where the Heart is |
| 5:15pm | You're Only Young Twice |
| 5:50pm | You're Only Young Twice |
| 6:20pm | On the Buses |
| 6:55pm | Heartbeat |
| 8:00pm | Murder, She Wrote <i>Drama series about a sleuthing writer who solves murder mysteries.</i> |
| 9:00pm | Midsomer Murders |
| 11:00pm | A Touch of Frost |
| 1:05am | A Touch of Frost |
| 3:00am | ITV3 Nightscreen |
| 3:30am | Teleshopping |

itv4

| | |
|---------|------------------------------|
| 7:00am | The Sweeney |
| 7:50am | Hogan's Heroes |
| 8:15am | Hogan's Heroes |
| 8:45am | The Professionals |
| 9:45am | Ironsides |
| 10:50am | The Sweeney |
| 11:50am | The Chase |
| 12:50pm | Pawn Stars |
| 1:20pm | Pawn Stars |
| 1:50pm | Pawn Stars |
| 2:20pm | Pawn Stars |
| 2:45pm | Hogan's Heroes |
| 3:20pm | Hogan's Heroes |
| 3:55pm | Ironsides |
| 5:00pm | The Professionals |
| 6:00pm | The Sweeney |
| 7:00pm | Cash Cowboys |
| 8:00pm | Pawn Stars |
| 8:30pm | Pawn Stars |
| 9:00pm | The Chase: Celebrity Special |
| 10:00pm | Benidorm |
| 11:00pm | Lethal Weapon |
| 12:00am | Awake |
| 1:05am | FYI Daily |
| 1:10am | Awake |
| 1:45am | Bear Grylls: Mission Survive |
| 2:45am | Hogan's Heroes |
| 3:15am | Hogan's Heroes |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|--------------------|
| 7:45am | Asian Connection |
| 9:20am | Hitman: Agent 47 |
| 11:00am | San Andreas |
| 1:00pm | Behind Enemy Lines |
| 2:50pm | The Salvation |
| 4:25pm | The Great Escape |
| 7:20pm | Hitman: Agent 47 |
| 9:00pm | San Andreas |
| 11:00pm | RoboCop |
| 12:55am | John Carter |
| 3:15am | Son of a Gun |
| 5:15am | Lost and Found |

sky CINEMA COMEDY

| | |
|---------|-------------------------|
| 8:20am | Definitely, Maybe |
| 10:20am | Norbit |
| 12:10pm | Just Married |
| 1:50pm | Ghostbusters: Special |
| 2:20pm | Daddy's Home |
| 4:05pm | The Bad Education Movie |
| 5:50pm | Welcome to Me |
| 7:25pm | Casual Encounters |
| 9:00pm | Superbad |
| 11:00pm | Daddy's Home |
| 12:45am | Jersey Girl |
| 2:35am | Jackass: Number 2 |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | Date and Switch |
| 8:45am | Wild Oats |
| 10:30am | Kong: Skull Island Special |
| 11:00am | Pete's Dragon |
| 1:00pm | The Conjuring 2 |
| 3:25pm | Dirty 30 |
| 5:05pm | The Top Ten Show 2017 <i>Which movies are doing the best business at home and across the pond? Clips from the UK and US Top Ten show you the best of what's on offer on the big screen.</i> |
| 5:25pm | Wild Oats |
| 7:10pm | Pete's Dragon |
| 9:00pm | The Conjuring 2 <i>Paranormal investigators Vera Farmiga and Patrick Wilson battle dark supernatural forces in London.</i> |
| 11:20pm | Dirty 30 |
| 12:55am | House of Manson |

sky SPORTS 2

| | |
|---------|--------------------------------|
| 7:00am | Cricket Classics |
| 8:00am | WWE SmackDown! |
| 9:00am | Football |
| 10:00am | Super League Fulltime 2017 |
| 10:30am | Cricket's Greatest |
| 11:00am | Great Sporting Moments |
| 11:15am | Great Sporting Moments |
| 11:30am | Super League Fulltime 2017 |
| 12:00pm | Football |
| 4:00pm | Live Indian Premier League |
| 8:30pm | Burns Night Again |
| 8:45pm | Ricky Burns: My Greatest Night |
| 9:15pm | Fight Night |
| 12:45am | Burns Night Again |
| 1:00am | Ricky Burns: My Greatest Night |
| 1:30am | Super League Gold |
| 1:45am | Super League Gold |
| 2:00am | Sporting Greats |
| 2:30am | Sporting Greats |
| 3:00am | Super League Gold |
| 3:15am | Super League Gold |
| 3:30am | Sporting Rivalries |
| 4:00am | Cricket Classics |

Advertising feature

Travellers club launches

IT is exciting times at Worldwide Horizons in La Zenia, as they launch their new venture; a travellers club for like-minded people on the Costa Blanca.

“The idea came after lots of comments from our customers, many of whom have known us for many many years, but perhaps their circumstances have changed, and they are now looking for like-minded companions to travel with,” said Yvonne Hollywood of Worldwide Horizons: “Visiting another country, experiencing another culture, or simply indulging in some luxury R&R time can be a daunting experience if you are on your own.

“We would like to organise group outings and group holidays where people can mix, mingle and enjoy a new destination without the stress or worry of having to travel alone.”

Yvonne explained there are many destinations and even some cruise companies who offer single cabins or single occupancy of hotel rooms, at no supplement. This can open up destinations that previously have been ruled out when costed out for one individual, but on the basis of a group travelling, or even just a few on specially negotiated rates, this can have a massive impact on reducing single supplements across the board.



“Our aim is to hold a monthly meeting, find out what destinations really interest people and then get the ball rolling; get some dates, destinations and prices and see who wants to travel there. Through the group there would be the opportunity to team up with others that wish for the same type of holiday, and input from everyone as to what destinations they want on the list. The meetings will be fun and informal, and a great opportunity for people to mix and mingle.

“All the details of the proposed meetings will be available through our office, or online on our web page www.whtravel.es and also on our specially dedicated Facebook page ‘Worldwide Travellers Costa Blanca’.”

If you run a social club, a sports club, a singles club, a business club, the Worldwide Horizons team are always happy to come and talk to your members, show them what is available and tailor make any itinerary to suit.

They also have a new ‘premium’ service

consisting of first class rail travel and home to home limousine transfer to and from Alicante or any other destination. Unlike taxis, who have legal impediments for certain pick ups, or even the ‘unlicensed’ taxi service that is prevalent but uninsured, this is a 100 per cent legally operated limousine service that can offer door-to-door anywhere in the Costa Blanca. It has been a great success for those who have used it, and is sure to be one of their most requested services.

Combined with first class travel on either flight or train, this service really does ensure that you are 100 per cent looked after from start to finish of your journey.

For more information on any of the services or to receive up to date offers, contact the team at Worldwide Horizons, on 966 761 492 or email travel@whtravel.es or look for them on Facebook; Worldwide Horizons Travel Agency or Worldwide Travellers Costa Blanca. They will be happy to contact you to discuss any travel requests you have.

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 Centro Comercial Zenia Golf, La Zenia
 Tel: 966 761 492
 Email: travel@whtravel.es



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Living with the good life

Cassandra Nash

A weekly look

- and not entirely impartial reaction - to the Spanish political scene

Forget ideology

THE PSOE crisis is about politicians, not politics. The party has been leaderless since its then secretary general Pedro Sanchez was manoeuvred into jumping before he was pushed last October.

Now it's time to choose his successor in a three-way stretch between Susana Diaz, Patxi Lopez and Sanchez.

They parrot their patter, lay out their wares and produce a magic formula for bringing the PSOE out of the shadows to bask in the sunny warmth of voter approval.

With primaries in view they are not trying to convince voters but must preach to the converted, the paid-up party militants who want doctrine not promises.

They should spare their

THE frugal will ever suspect flamboyant spend-thrifts and Eurogroup president Jeroen Dijsselbloem accused Spain of squandering Brussels money on "wine and women."

Speaking in the national parliament Ciudadanos leader Albert Rivera agreed that money was wasted, but it went on corruption, empty motorways and closed airports.

Admittedly, the population once enjoyed a slight trickle-down effect but it was largely a trickle-up process that has made the rich richer and the poor, poorer.



Photo by Wikimedia

JEROEN DIJSSELBLOEM: Eurogroup president.

breath and if the membership wants the PSOE to have an outside chance in any election they should forget ideology and choose the person most likely to rake in votes.

Staying power

SUSANA DIAZ won Andalusia's regional election shored up by Ciudadanos, Lopez another with PP (yes PP!) votes in the Basque Region. And Pedro Sanchez won nothing at all, apart from the 2014 primaries.

Both his parliamentary seats were inherited, his by default after those preceding him on the PSOE's closed candidates' lists dropped out.

On the face of it - and Sanchez's is a pleasant face - he had everything going for him as secretary general. Instead he brings to mind the winner of a television talent contest whose career nosedives after early triumph. It takes talent to get to the top but it needs more than talent to stay there.

A salutary lesson to be learnt

JEREMY CORBYN, is a salutary example of what happens when the membership chooses the party leader. And we probably have him to thank for Brexit as his Remain campaign fell flat and lacked an ounce of passion, possibly because his famed integrity made him reluctant to align with Cameron & Co.

Corbyn is a politician whose credentials look good on paper, who remains faithful to his beliefs and does a thoroughly mediocre job of leading the UK's Socialist party. A photo of him should be prominent wherever PSOE primaries are held.

Fake research and some fake Latin tattoos ... Ad nauseam

Nora Johnson

Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson



HAVE you got a tattoo, like Angelina Jolie or David Beckham, fashionably in Latin? Do you take the latest health and medical research seriously? Now, bear with me here: I'm writing about fakery, which affects us all one way or another.

Firstly, news that over 300 allegations of plagiarism, fabrication and inaccuracy were reported at the research-intensive Russell Group universities between 2011 and 2016, resulting in the retraction of over 30 papers. Retractions of scientific papers, many describing medical breakthroughs, increased tenfold over the past decade amid reports this is a huge underestimate.

A respected scientific journal recently revealed that 50 per cent of scientific papers contain results that cannot be repeated and



LATIN TATTOOS: Are they correct? |

are therefore false. And it's reasonable to assume that fields that attract huge publicity such as climate change, diet and health are more prone to this sort of fake science than other more staid research areas.

Does this affect us? You bet! Firstly, because of dangerously misleading (if not downright wrong) pseudo-medical 'revelations.' We're constantly bombarded with contradictions, particularly regarding health

and diet: eat this, don't eat that. Secondly, because of people like Trump - who calls global warming a "hoax" and is scrapping all Obama's climate-change policies.

This, then, is what happens when universities become obsessed with money and league tables. Being correct is less important than being published in prestigious journals and having masses of funding. Sadly, though, many scientists who get to publish in the

most prestigious journals get to publish another, related paper, quite quickly: the retraction!

Finally, and back to Angelina's and David's tattoos which, at least, are in correct, non-faked Latin. Other tattoos have reportedly ended up with schoolboy errors or dodgy online translations, half in English, half in Latin (Linglish?) so: 'I walk through the valley of the shadow of death' becomes: 'Ingredior per valley of umbra of nex.'

I'm reminded here of my favourite Latin tattoo: 'Sic transit gloria mundi.' (Roughly translated: 'The van's broken down, can Gloria pick it up next week?')

So, in this era of Trump-style fake news, buyers beware of tattoos in fake Latin... caveat emptor!

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

Hail Holy Week

By Francesca Souter

FROM Palm Sunday to Easter Sunday, thrones bearing lifelike effigies of Christ and the Virgin Mary are carried through towns and cities the length and breadth of Spain. Semana Santa represents the journey that Jesus took from his arrival in Jerusalem to his death and resurrection.

Spain is internationally acclaimed for its Easter celebrations and Semana Santa is a big deal in the yearly event calendar.

Entire cities come to a standstill as grand processions make their way through the streets, men and women bearing floats upon which stand depictions of stories from the gospel.

In some cases, these floats have been preserved for cen-

turies in their original condition.

The history surrounding the celebration is tangible.

The origins of Semana Santa in Spain lie all the way back in the early 1500s and the celebrations we see today are the result of centuries of evolution. For example, it wasn't until the 17th century that the 'cofradías,' or brotherhoods, began to divide and organise themselves into the factions which are now essential to celebrations.

For spectators who expect every Spanish celebration to be a flamboyant fiesta, the first experience of a Semana Santa parade can be a little daunting. Depending on where you are in Spain, the celebrations can differ in both piety and vibrancy. Across Andalusia, the week is a jubilant celebration of religion, with incredibly de-

tailed and elaborate floats held up by different church brotherhoods. These men and women are so in sync with one another that the effigies they carry look eerily lifelike.

The further north you travel, the more solemn and sombre the tradition becomes. Compared with the festival atmosphere in the south, some would describe Spain's northern towns as having more authentic and historical Semana Santa parades.

The processions are sober and regal, emphasising devotion, remembrance and silence.

Wherever you choose to visit during Semana Santa, it is guaranteed to be a unique and unforgettable experience. For information on what is happening in your city or town this year, head online for full breakdowns of the timetables.



Malaga |



Nerja

Malaga

Semana Santa in Malaga

WITH over 500 years of history, Malaga is one of the most popular destinations for visitors who wish to see the religious, social and cultural spectacular that is Semana Santa.

Semana Santa on the Costa del Sol is often considered a little livelier than celebrations in the north of Spain.

There is no doubt that Malaga comes alive as the brotherhoods make their way through the streets bearing their thrones, over-

whelmed by the sounds of joy and applause, but there is still an element of religious piety evident throughout the week.

In fact, variety defines Semana Santa in Malaga, with old and new brotherhoods coming together to mix the luxury of the ornate thrones with a great emphasis on the penitential spirit.

Every year, Malaga-born actor Antonio Banderas makes an effort to spend Semana Santa in his hometown, where he leads the Virgin de las Lagrimas y Favores procession.

Almeria

Battling brotherhoods

IT may be bigger in Sevilla or Malaga, but Holy Week in Almeria is actually considered one of the best, and most important, in all of Spain. In fact the event itself is officially considered to be of National Touristic Interest, one of the exclusive few in the country to win such an accolade.

First and foremost is the fascinating rivalry between the brotherhoods.

Due to occupation by the Islamic Moors, Semana Santa didn't get off the ground in Almeria until the 16th century.

A century later different brotherhoods began competing for influence and souls during an economic and demographic crisis which saw many people set sail for the new world.

The brotherhoods became alternative power structures with incredible influence which lasts to this day.

Today there are more than 20 across the city and Semana Santa is made infinitely more fascinating as the different sects try to outdo one another with separate parades spread out across the week.

Malaga

Interview

Community camaraderie in Calpe

AS more and more British become integrated with Spanish traditions and culture, *Euro Weekly News* caught up with one expat, who is taking part in the Holy Week events in Calpe, as part of the Cofradía Jesús Nazareno Calp brotherhood.

Giovanna Wallis moved to Calpe six years ago, and quickly settled into a life involving theatre, dance and singing (both performing and choreographing.) It was through this involvement with the community that, a few years ago, she attended the Good Friday procession in her town and left feeling really emotional and moved by the experience.

Giovanna said: "Watching the events left me feeling inspired, and wanting to find out



| Giovanna Wallis.

more, so with a group of friends I joined the Cofradía and feel honoured that I am going to take part in the most important week in the Catholic calendar."

"I definitely would recommend anyone to join a group like this, not just for integration into the community but to practise Spanish and make new friends, it really is like being part of another big family.

"I have been welcomed and nurtured by everyone and it is really lovely to feel part of the town's celebrations and learn about the old Spanish traditions."



| The Cofradía Jesús Nazareno Calp.



Alicante |



Almeria |

Costa Blanca

The passion comes alive

SEMANA SANTA on the southern Costa Blanca is truly a sight to see. Incredibly, the region has four different celebrations which are each officially recognised as festivals of international significance.

The entire Easter Week in Orihuela, Crevilient and Alicante are considered events of such special standing, as is the Palm Sunday procession in Elche.

And that's not even to mention spectacular affairs in Torrevieja and Murcia that are considered emblematic of Semana Santa in their own right. But it is in Alicante, the largest city of the southern Costa Blanca that Easter's profound yet bloody history is most chaotically celebrated.

Thronges of people, numbering well above 20,000 will set the city alight with colour amid the beating processional drums.

A deeply religious place, especially during the darker ages of history, the Costa Blanca's proximity to the sea marries its maritime myths with passionate Catholicism. A past bloodied with conquest by the Moors means that Easter is celebrated even more fervently here.

Mallorca

Easter on the island

A LITTLE more subdued than the celebrations on the mainland, Mallorca takes the tradition of Semana Santa to heart.

One of the most significant and memorable weeks on the island, processions begin on Palm Sunday at churches everywhere with the bearing of palm branches, and continue throughout the week.

Brotherhoods dressed in penitential robes and conical hoods proceed through the streets accompanied by sombre music, taking hours to complete their penitentiary route.

The town of Pollensa is the location for one of the most incredible Semana Santa traditions in the world.

Thousands travel to the town to watch the dramatic recreation of the descent from the cross, where a figure of Christ is carried down the 365 Calvari steps after a mock crucifixion. The tone is sombre as the body is taken down by torchlight.



Elche |

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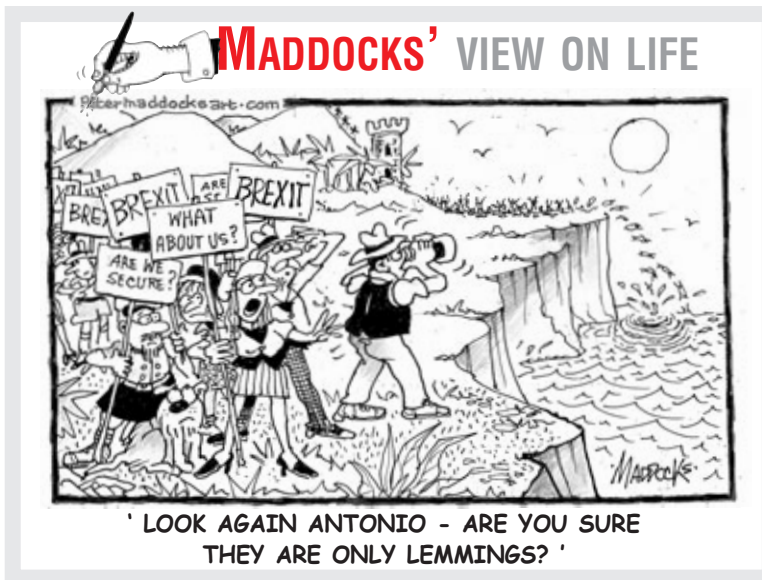
Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

| | | | | | |
|----|----|----|----|----|---|
| | 15 | 29 | | 26 | 9 |
| 9 | | | 3 | | |
| | | | 16 | | |
| 31 | | | | | |
| | 16 | | | | |
| | 16 | | | | |
| 13 | | | | | 3 |
| | 26 | | | | |
| 12 | | | 4 | | |

LAST WEEK'S SOLUTION

| | | | | | |
|----|----|----|----|---|----|
| 8 | 32 | 32 | 8 | | |
| 14 | 5 | 9 | 10 | 8 | 2 |
| 17 | 1 | 5 | 3 | 2 | 6 |
| 20 | 2 | 3 | 9 | 6 | 13 |
| 8 | 8 | 2 | 7 | 3 | |
| 24 | 6 | 1 | 4 | 5 | 8 |
| 8 | 2 | 6 | 4 | 2 | |



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case G) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 8 • Good: 11
- Very good: 16 • Excellent: 21

LAST WEEK'S SOLUTION

into newt nope note nowt open oven
pent peon pine pint pion pone pont tine
tone town twin vein vent vine vino went
wine wino wont envoi inept opine ovine
pinto piton point twine woven invite
pointe tiepin townie VIEWPOINT

LOTTERY

UK NATIONAL LOTTERY

Saturday April 01



IRISH LOTTO

Saturday April 01



EURO MILLIONS

Tuesday March 28



Friday March 31



LA PRIMITIVA

Saturday April 01



EL GORDO DE LA PRIMITIVA

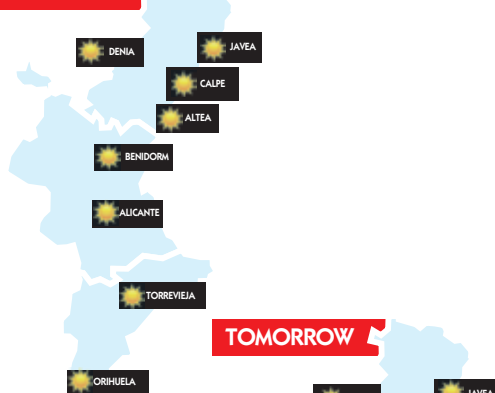
Sunday April 02



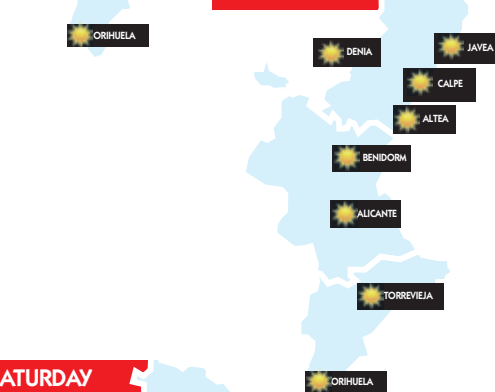
Costa Blanca

weather

TODAY



TOMORROW



SATURDAY



S: Sun C: Clear F: Fog C: Cloudy Sh: Showers Sn: Snow Th: Thunder

Alicante

TODAY: MAX 20, MIN 11 - S

| | | |
|-----------|----|----|
| Fri - 21 | 12 | S |
| Sat - 21 | 12 | S |
| Sun - 23 | 13 | S |
| Mon - 23 | 14 | C |
| Tues - 23 | 13 | C |
| Wed - 22 | 13 | Sh |

Bilbao

TODAY: MAX 16, MIN 6 - C

| | | |
|-----------|----|----|
| Fri - 20 | 9 | S |
| Sat - 26 | 11 | S |
| Sun - 26 | 13 | S |
| Mon - 22 | 10 | Sh |
| Tues - 17 | 10 | Sh |
| Wed - 16 | 9 | C |

Almeria

TODAY: MAX 20, MIN 13 - C

| | | |
|-----------|----|----|
| Fri - 23 | 13 | S |
| Sat - 24 | 14 | S |
| Sun - 25 | 15 | S |
| Mon - 25 | 15 | C |
| Tues - 24 | 14 | Cl |
| Wed - 23 | 14 | Cl |

Madrid

TODAY: MAX 22, MIN 7 - S

| | | |
|-----------|---|----|
| Fri - 24 | 7 | S |
| Sat - 25 | 8 | S |
| Sun - 25 | 9 | Cl |
| Mon - 23 | 8 | C |
| Tues - 20 | 7 | Sh |
| Wed - 19 | 6 | Sh |

Barcelona

TODAY: MAX 20, MIN 9 - S

| | | |
|-----------|----|----|
| Fri - 18 | 9 | C |
| Sat - 19 | 9 | S |
| Sun - 19 | 10 | S |
| Mon - 19 | 12 | C |
| Tues - 18 | 11 | Sh |
| Wed - 18 | 10 | Sh |

Malaga

TODAY: MAX 20, MIN 10 - Cl

| | | |
|-----------|----|----|
| Fri - 22 | 10 | Cl |
| Sat - 21 | 11 | Cl |
| Sun - 22 | 10 | S |
| Mon - 23 | 12 | C |
| Tues - 22 | 12 | Sh |
| Wed - 22 | 12 | Sh |

Benidorm

TODAY: MAX 20, MIN 12 - S

| | | |
|-----------|----|----|
| Fri - 20 | 12 | S |
| Sat - 20 | 12 | S |
| Sun - 21 | 13 | Cl |
| Mon - 22 | 14 | C |
| Tues - 21 | 12 | C |
| Wed - 21 | 13 | C |

Mallorca

TODAY: MAX 21 MIN 9 - S

| | | |
|-----------|----|----|
| Fri - 22 | 8 | S |
| Sat - 22 | 9 | S |
| Sun - 23 | 10 | S |
| Mon - 24 | 11 | Cl |
| Tues - 21 | 11 | C |
| Wed - 21 | 11 | C |

Euro Weekly News strives for accuracy, but cannot be held responsible for the accuracy of published forecasts

Sudoku

Fill the grid so that every row, every column and every 3x3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 3 | | | | | | |
| | | | | | 6 | | | |
| | 8 | | | | | 3 | 5 | |
| | 4 | 5 | | 8 | | | 6 | |
| | | 1 | | | 9 | 2 | | |
| 3 | | | | | 1 | | | |
| | | | 6 | | | 1 | 7 | |
| 7 | 6 | | | | | | | 9 |
| | | | 2 | | 8 | | | |

LAST WEEK'S SOLUTION

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | 2 | 5 | 9 | 3 | 8 | 4 | 7 |
| 8 | 4 | 5 | 1 | 2 | 7 | 9 | 6 | 3 |
| 7 | 3 | 9 | 8 | 6 | 4 | 5 | 1 | 2 |
| 4 | 5 | 8 | 6 | 3 | 1 | 7 | 2 | 9 |
| 3 | 9 | 1 | 4 | 7 | 2 | 6 | 5 | 8 |
| 6 | 2 | 7 | 9 | 5 | 8 | 4 | 3 | 1 |
| 9 | 1 | 3 | 7 | 4 | 6 | 2 | 8 | 5 |
| 5 | 8 | 4 | 2 | 1 | 9 | 3 | 7 | 6 |
| 2 | 7 | 6 | 3 | 8 | 5 | 1 | 9 | 4 |

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Crossword

page

Enjoy filling in the following puzzles and check the answers in next week's edition

LAST WEEK'S SOLUTIONS

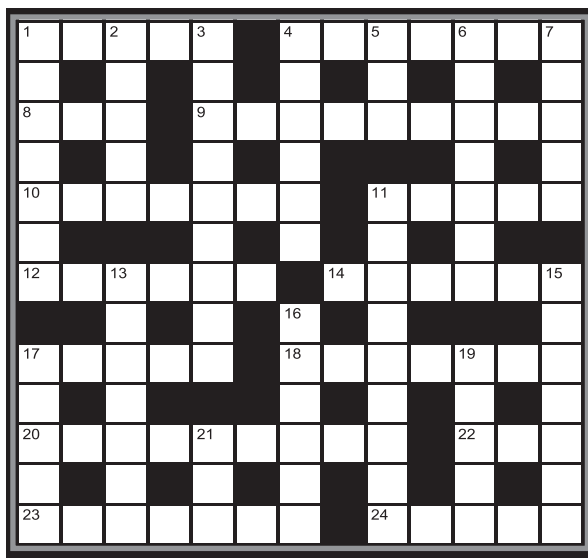
Cryptic

Across

- 1 Decides on ground-breaking tools (5)
- 4 Repeat odd tea rite (7)
- 8 Raced one out of the rain (3)
- 9 Organise date with Rambo, he's a hunk (9)
- 10 Article about a concert (7)
- 11 The whole small drink is given to a beginner (5)
- 12 Could be a worry for this garden plant (6)
- 14 Offer to be gentle (6)
- 17 Satisfies asset management (5)
- 18 Taking a chance, hide in oil platform (7)
- 20 Infantryman re-reading novel (9)
- 22 Some insipid yellow colour? (3)
- 23 Comes back for the profits (7)
- 24 Breaks useful for snooker players (5)

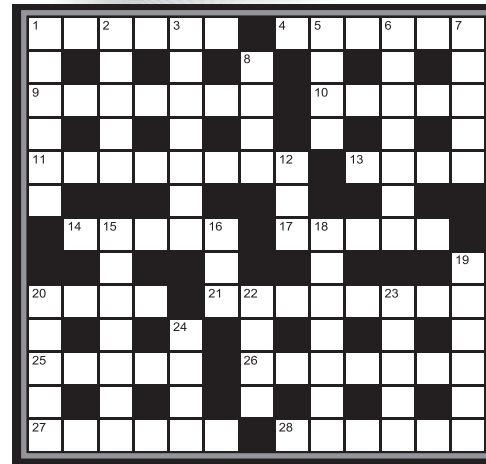
Down

- 1 Depict a harbour man (7)
- 2 'Incompetency' nicely encapsulates doubter (5)
- 3 Disloyal revolutionary is outside (9)
- 4 Goals for working ladies (6)
- 5 Tree turns up in Hamlet (3)
- 6 Fuss before a small department gets reorganised and taken over (7)
- 7 Celebrate former road charge? Not entirely (5)
- 11 Money manager more confident after rate review (9)



- 13 Go back and pay for the drinks again (7)
- 15 Sorrow for river herons (7)
- 16 Paths of planets or particles (6)
- 17 Some tiramisu, garibaldi biscuits etc are sweet (5)
- 19 A flower in Asia some find useful (5)
- 21 The appearance of a melody (3)

Quick



Across

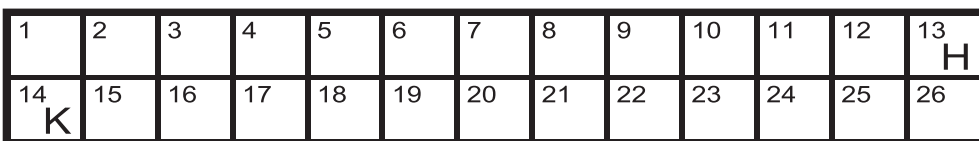
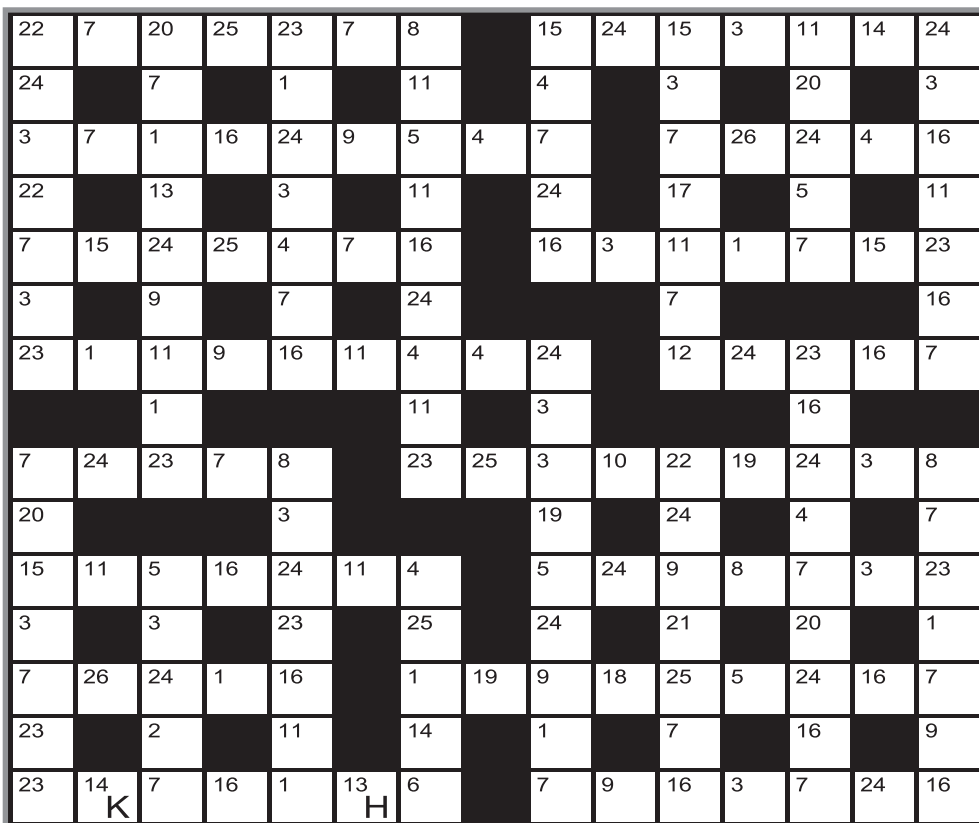
- 1 Frightened (6)
- 4 Leave (6)
- 9 Amaze (7)
- 10 Female fox (5)
- 11 Buttoned sweater (8)
- 13 Gloomy (4)
- 14 Earnings (5)
- 17 Quick and energetic (5)
- 20 Highest quality (4)
- 21 Greek lamb dish (8)
- 25 Frighten (5)
- 26 Rust (7)
- 27 Call off (6)
- 28 Upper class (6)

Down

- 1 Look for (6)
- 2 Following (5)
- 3 Difficult to describe (7)
- 5 Covetousness (4)
- 6 Apprehensive (7)
- 7 Adult male singing voice (5)
- 8 Thought (4)
- 12 Writing point of a pen (3)
- 15 Voluntarily refrain (7)
- 16 Total (3)
- 18 Set aside (7)
- 19 Recently (6)
- 20 Fundamental (5)
- 22 On one occasion (4)
- 23 Regarding (5)
- 24 Give over (4)

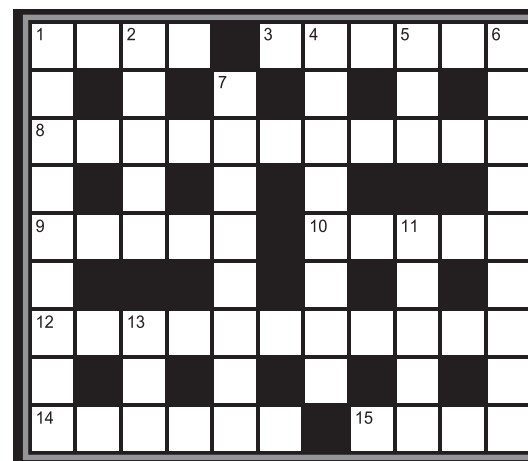
Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 13 represents H and 14 represents K, so fill in H every time the figure 13 appears and K every time the figure 14 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Una vez (4)
- 3 Caricia (6)
- 8 To stammer (11)
- 9 Silver (metal) (5)
- 10 Regla (para trazar líneas) (5)
- 12 Grasshopper (11)
- 14 Señal (6)
- 15 Brazos (4)

Down

- 1 Pulpos (9)
- 2 Letter (mail) (5)
- 4 Aquariums (8)
- 5 Ojo (3)
- 6 Sorpresas (9)
- 7 Pumpkin (8)
- 11 Más tarde (5)
- 13 Pierna (3)

CRYPTIC

Across:

- 1 Stag, 4 Perverse, 8 Tenner, 9 Tailed, 10 Bear, 11 Sanction, 13 Rolling stones, 16 Respects, 19 Cram, 20 Throbs, 22 Agaric, 23 Beverage, 24 Dank.

Down:

- 2 Therefore, 3 General, 4 Pores, 5 Ratings, 6 Edict, 7 Sue, 12 Operation, 14 Nicosia, 15 Orchard, 17 Prone, 18 Shade, 21 Hoe.

QUICK

Across:

- 1 Ogre, 3 Scramble, 9 Explain, 10 Traps, 11 Halve, 12 Uproar, 14 Admits, 16 Battle, 19 Garage, 21 Shorter, 24 Adder, 25 Certain, 26 Sorcerer, 27 Find.

Down:

- 1 Overhead, 2 Repel, 4 Concur, 5 Alter, 6 Blatant, 7 Easy, 8 Talent, 13 Destined, 15 Meander, 17 Absurd, 18 Rescue, 20 Agree, 22 Okapi, 23 Bans.

ENGLISH-SPANISH

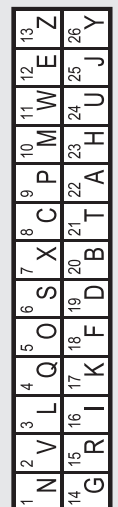
Across:

- 1 Nearby, 4 Dust, 8 Niece, 9 Sobre, 10 Libraries, 13 Clavo, 14 Bolsa, 15 East, 16 Crisps.

Down:

- 1 None, 2 Americans, 3 Beetroot, 5 Umbrellas, 6 Toes, 7 Escribir, 11 Ache, 12 Pais.

CODE BREAKER



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LETTERS

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters for Your Say should be emailed to yoursay@euroweeklynews.com or make your comments straight on our website: www.euroweeklynews.com

Help indeed for couple in need

I WOULD just like to say a massive thank you to Carolyn Drew from Benidorm's indoor market, what a lovely helpful person she is and a credit to your paper.

Myself and my wife were in a bit of a state in March due to missing flights back to the UK, but unlike the hotel group mercenaries, this lady was sympathetic to our situation and helped as much as she could. I will write our story in due course and hopefully you will publish it, but at the moment I just want to thank Carolyn.

Arthur Redwood, Benidorm

Idea for Leapy

THERE are two million empty properties in Spain and the UK needs two million properties

Crisis in care service in UK. Spanish always looking for this

work. One Spanish lady today asked if I knew of anybody looking for a carer. Live-in carers get €700 (£600).

Never any waiting in local private hospital in emergency. Pay €17 for nurses. Once had six nurses, two working on my infected leg, two trainees and two holding my hands and chatting about dating sites in Spain!!!

Solution: ship two million elderly Brits to Spain. Solve housing crisis in both countries. Health and care service problems solved. Simple. Should make me prime minister. Love your page.

Robert Mason

Spain's OK!

I WAS very interested in the tweet from Mr Harry Paine in your paper dated February 22.

Mr Paine seems upset about some aspects of Spanish culture. He seems to forget illegal

hare coursing with dogs, pit bull type dog fights and much more take place in the UK.

On the whole, Spanish people are very kind to their old people and children.

Contrast this with old people in England, dying of cold and neglect, often pushed into so-called care homes by their grasping children, waiting to get their inheritance.

Care home workers have been sent to prison for abuse of old people.

Then there are the dreadful cases of sexual abuse, torture and murder. In one terrible case a baby of six weeks suffered life threatening injuries by sexual assault. There was a man alone in the house and the judge let him off, saying it could not be proven. You could not make it up, as the great Leapy Lee might say!

Might I suggest to Mr Paine that he leaves this wonderful country we live in and returns

to the 'land of milk and honey' that is the UK? Then he could devote his time to writing to the newspapers about the above subjects.

I hope you can find space for my letter in my favourite newspaper.

J E Frensham, Rojales, Alicante

Age Concern

JUST a quick word of thanks for the coverage you have given our first charity shop in Fuengirola. The response in terms of customers, donated goods and enquiries to be volunteers has been incredible.

Thought you would like to know the outcome of your efforts.

Thank you for your continued support.

Steve Marshall, Fuengirola

COMMENTS from EWN Online

» Gang in Valencia

THERE are so many crimes committed by people from other member countries across the EU that it is time to fix laws so that anybody convicted has to serve his or her sentence in their own country and be denied the right to return for five or 10 years depending on the nature of the crime. Why should Spain, in this and other cases, be obliged to house thousands of foreign criminals at a great cost to the state.

Peter Fieldman

» Female equality

JUST a thought... what do the female of the species receive when they enter the gates of paradise?

Are there 35 big hunky men awaiting their every wish? I say 35 because it is reputed that they are half the value of men.

Do the washing up! Clean the kitchen! Put more shelves up! Mow the lawn! Weed the garden! etc.

How silly of me... as if the females would be allowed in to such a masculine club. Unless they died as virgins of course.

The more people that see through this mask of masculine control the sooner we might have some peace on earth.

I saw a devout Muslim on TV some time back, explaining how paradise had rivers flowing with wine. One of the gathering reminded him that alcohol was not permitted. Without hesitation, he replied... "Ah it is alcohol free wine." All religion is man made for the benefit of the strong men to remain in control.

We all know that women are just as capable as men in most things, and even better in some. That is why these control freaks don't want to give women the chance of proving it, in case they lose their control.

There are evil men and women all over the world needlessly killing and torturing children for instance. Radical Muslims are just the flavour of the decade. We do not have to concentrate on their crime alone.

Let's get our own house in order before we complain about others.

Roy Leon

» Free Scotland

SCOTLAND needs freeing from England's negative downward spiral.

Denise Williams

» Home Nations

HAVE to say it's very refreshing to see good sports writing from a female writer! Bravo EWN.

James H

» British Ambassador statement

ONE item of legislation that does need to be retained is The European Pension Regulations. There are many UK citizens who have worked in the EU (including Spain) but will not have sufficient years in the EU schemes to get a pension but within the regulations, their service in, say Spain, can be amalgamated with their pensionable service in the UK to give them a reasonable pension.

Alan Bowman

» Photographs for possible publication should be sent by email with a full caption to: photonews@euroweeklynews.com

Marbella's horses

I WOULD like to react to an article about a horse and carriage petition in EWN last week. As anyone can see, these horses are well fed, well shod, have a shiny coat and no injuries. Some of them wear leg protectors.

Most owners have more than one horse which means they don't work every day. They are stabled at night and although they work hard in the summer, in winter most of them are turned out in a field.

They have water at the stops to drink and cool them down, the only problem being a lack of shade but that is an issue for the town hall, as they cut down all the shady trees.

Believe me, if all the horses in Spain looked like these in Marbella there would be no need for rescue centres.

So if you do want to sign a petition, change Marbella into Marrakech - over there it really is shameful.

Hanneke Haslinghuis



IN FINE FETTLE: The horses are well looked after.

HAVE YOUR SAY

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited.

Readers who have missed earlier correspondence can see all letters posted on: www.euroweeklynews.com

Advertising feature

Select Medcare as your first choice for cosmetic and minor op surgery

At Medcare, we are well aware of the problems people face when choosing a surgeon which is why we have done all the hard work for you - carefully selecting only the best surgeons to work with our patients. Dr Bernabeu is not only an experienced and skilled surgeon; she was recently invited to speak at the AGM of the British Association of Aesthetic Plastic Surgeons in London.

With the growth in demand, there has been a growth in surgeons offering procedures - making deciding which surgeon to choose harder than ever before, so it is essential to pick the right one! Get it right, and you will be happy

with the results, feel better about yourself and receive a confidence boost. Medcare patient, Norma, explained how her tummy tuck experience was made easier by Dr Bernabeu. "I cannot thank my surgeon enough," she said. "Teresa was so nice and kind, and the aftercare was first class. All I had to do if I wanted her was to phone, but with such good care I didn't need to." Dr Bernabeu removed nine kilos of fat, leaving Norma thrilled with the result.

If you are considering cosmetic surgery and would like to discuss your options with Dr Bernabeu, book a free consultation with her at either our Benijofar or Alfaz del Pi clinic.

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- Rhinoplasty (nose)
- Tummy tuck surgery

Simply call us on 966 860 258 or email doctors@medcarespain.com

Medcare's GP and aesthetic doctor performs minor surgical procedures such as mole

and skin tag removals - most of which can be done at the Practice making it convenient and simple for patients.

Day procedures, such as skin cancer removal and vari-

cose vein treatment, are carried out by our dermatological surgeon in Alicante.

One of Medcare's patients who was worried about a mole on his back, saw Dr Hussain after reading an article about skin cancer and checks at Medcare in the local paper. Starting as a small mole-come-spot on his back left shoulder which kept bleeding, and which he was always scratching, he took advice from a nurse friend who advised him to get it checked.

Luckily he had just seen an article in the paper about skin cancer and checks by Dr Hussain at Medcare so he made an appointment to see her. She took one look and advised immediate removal - and just

three days later, she did the minor surgery in her clinic in Benijofar. The lab confirmed that it was basal cell carcinoma (skin cancer). Spending much time in the sun when he was younger, the patient did most of the damage to his skin when he was 18 or 19 - spending hours lying in the sun getting burnt as he tried to get a dark tan. Years later, the cancer developed. Because of Dr Hussain's early intervention, the patient still has regular skin checks, but remains well.

Book a free skin cancer check with Dr Hussain at either our Benijofar or Alfaz del Pi clinic. Simply call us on 966 860 258 or email doctors@medcarespain.com.



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How to adjust to a better life with hearing instruments

CHOOSING a hearing device is just the beginning of the journey to better hearing.

How quickly you adjust to wearing hearing aids depends on how often you wear them. Initially you will notice an increase in the noise levels around you. This background noise has always been there but with your hearing loss you might not have noticed these sounds.

As with anything that is new, it will take time and patience to adapt to this new way of hearing.

Hearing is only part of how we exchange thoughts ideas and feelings. Reading lips, facial expressions and gestures can help.

The following steps can make communicating easier when you are adjusting to a



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new hearing system:

- Look at the person who is speaking and sitting face to face in a quiet room
- Minimising distractions, for example, doing dishes at the sink and trying to have a conversation is difficult even for those with normal hearing
- Moving closer to the speaker and within sight
- Trying different locations in a room with poor acoustics

When you use your instruments for the first time, you will notice that the hearing process feels different. That's because your brain has to relearn how to hear sounds - especially the complex range of frequencies in speech.

The following are observations that first-time hearing aid wearers have made:

- It takes time to adjust to wearing hearing aids
- Your voice may sound different at first
- Hearing situations with background noise should improve, but probably not as much as in quiet places

This period of adjustment is completely normal but before long you will begin to hear sounds that you have been missing as well as some you didn't realise were gone - such as the hum of household appliances.

Research suggests that speech comprehension increases over time and also the more the instruments are worn.



If you have a concern about your hearing then call **Richard G Sykes**, RHAD FSHAA of Premier Hearing Services on 659 644 106 (premierhearing@hotmail.co.uk / www.premierhearingaids.es) for professional and personal advice. Richard covers all of the Costa Blanca area, and offers a FREE Hearing Test.

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Aloe vera is useful

FOUND in abundance in Spain, aloe vera has long been used as a remedy for common complaints such as sunburn.

But did you know the hardy plant could also help you to lose weight?

A natural detoxifying agent, aloe vera is said to help the body remove waste thanks to a chemical called aloin, which also acts as a natural laxative.

The plant may also help you to burn fat; a 2013 study found obese patients who were given aloe vera gel lost more weight and body fat than those who were not.

Recorded by the Egyptians as having medicinal properties, aloe vera is said by its fans to also help with immune function, skin health, recovery after exercise, stabilising blood sugars and high cholesterol.

It is even credited with al-

leviating symptoms associated with IBS, Crohn's and Coeliac disease.

If you're lucky enough to have access to the plant in its natural state, you can make a health drink from aloe vera by cutting a leaf from the shrub and standing it up to drain its bitter, yellow sap.

Once drained, you can fillet the leaf's gel centre and add it to a smoothie. Recipe suggestions include combining the gel with strawberries and orange or pineapple and cucumber, to create an enjoyable drink which enhances aloe vera's detoxifying properties.

Simply whizz the ingredients together with some ice in your blender and enjoy!

Before taking aloe vera internally consult your doctor as the gel may not be healthy for everyone.

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Baby boomers

MORE and more women are drinking in excess. Figures from a study show more female baby boomers are binge drinking at a rate much faster than men.

The study was carried out by the US National Institute on Alcohol Abuse and Alcoholism, which collected data on more than 65,000 men and women aged 60 and older who were current drinkers.

Among them, more than 6,500 men and 1,700 women were binge drinkers.

From 1997 to 2014 the researchers found that the number of older male drinkers increased by around 1 per cent each year, but the number of female binge drinkers increased nearly 2 per cent

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Treatment for ingrown toenails



SPECIALIST: Doctor Luis Perez Belmonte.

AN ingrown toenail occurs when the nail grows into the skin surrounding it. Eventually, the nail pierces the skin, causing it to redden and become swollen and tender.

The big toe is most commonly affected, with other typical symptoms including pain when pressure is applied to the toe, inflammation of the skin, a build-up of fluid beneath the skin, bleeding, an overgrowth of skin around the end of the toe, or the excretion of pus.

What causes an ingrown toenail?

It comprises excessive growth of the skin around the nail, causing it to become red and inflamed, and even becoming infected with accumulation of pus.

How do you treat an ingrown toenail?

First of all you should ensure proper foot hygiene. You can reduce inflammation using warm salt baths or taking anti-inflammatory drugs, al-

though in some cases this is insufficient and surgery may be required.

What type of surgery?

When surgical intervention is necessary the idea is to free the nail and eliminate any infected areas. In rare cases the infection can be so severe that antibiotic treatment is required after surgery.

Can an ingrown toenail occur more than once?

It can happen many times if you do not take care of your feet and use appropriate footwear.

What can I do to avoid ingrown toenails?

It is best to take care of your feet avoiding the accumulation of dirt or moisture. You must also choose footwear that does not rub when you are walking or running.

If you have any questions for Dr Perez Belmonte, please send them to:
jefemedico@helicopterossanitarios.com

IN Spain, 8 per cent of 16-24-year-olds say they are vegetarian, and 7 per cent say they follow a vegan diet.

This compares to the rest of Europe where in Germany, 14 per cent of those in this age category call themselves vegetarian and 10 per cent are vegan. In Italy and Poland 11 per cent are vegetarian, with 9 per cent being vegan in Italy and 10 per cent in

Spain remains meat eaters

Poland.

Whilst Spain remains a strong meat lover it seems, the vegan market is growing worldwide and it seems that Germany is the leading country for vegan product innovation.

According to the Global New Products Database (GNPD), by Mintel market intelligence agency, Germany was the leading market for vegan food and drink product launch activity in 2016, with 18 per cent of all global

food and drink product launches with vegan claims occurring in Germany.

The only country coming close to this amount of vegan launch activity in 2016 was the United States, where 17 per cent of all new global vegan food

and drink products were launched, followed by the UK with 10 per cent global share.

Vegetarian claims have also witnessed growth in recent years in Germany. Over the past five years, the share of food and drink launches with vegetarian claims more than doubled, rising from 3 per cent in 2012 to 7 per cent in 2016.

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TO READ MORE

Line-up for music festival

THE town of Altea is preparing to host the Mediterranean Coast Festival, a mixture of rock and pop performances from legendary Spanish bands on April 15.

There will be performances by the Ilegales from Asturias, Burning from Madrid, and more locally, from the Mediterranean Los Rebeldes band.

Solo artist Raimundo Amador, who mixes flamenco and blues music, will perform along with guest singers Santiago Campillo and Javier Ojeda.

The festival, which precedes the international swimming event of the Mediterranean Coast Challenge in May, will be presented by renowned disc jockey Fernandisco.

Presenting the line-up, councillor for Youth and Sport in Altea, Peter Barber was joined by Francisco Bolo, manager of Bolo & Bal-



Councillor Peter Barber (left), with Carlos Segarra (centre) and Francisco Bolo.

domero Sports, and the company Adrenalin Sport, organisers of the event along with singer of Los Rebeldes, Carlos Segarra.

Francisco Bolo said: "The idea was to organise a national music festival in Altea. We have had the help of Carlos Segarra, and the support of the councillor for Youth."

"It is hoped that the town can have a great festival," Carlos Segarra said, "as there are in Benidorm and other tourist resorts."

Tickets are now available until April 14 at €38 and these can be purchased from www.todoticket.es or various outlets within Altea, further details can also be found at www.altea.es.

Councillor Peter Barber said: "We welcome this festival with open arms, we are happy to support any initiative that offers more music and culture for the region and will continue to do so."

The event, which will start at 6pm, will be held within the area of the sports centre. Full details are available www.mediterraneanfest.es.



APRIL 15: A classic custom event not to be missed.

2nd Garage Rules

LA NUCIA is preparing to host the second edition of Garage Rules, a show bringing together custom vehicles and music on April 15.

The event, which showcases classic cars pre-1970, bikes and motorcycles, will have prizes for the best vehicles, stands selling various items including a clothing stall, where jeans have been recycled into items such as bags. Visitors will be able to have a tattoo, eat at the many food outlet stalls and listen to a selection of bands playing live throughout the event.

Hosted by La Tripulacion Bobber Crew, the event will be held at the Camilo Cano sports centre from 10.30am until 9.30pm. Entrance is free.

Last year an estimated 6,000 from across the Valencian region attended the event, with organisers expecting an even bigger turnout this year.

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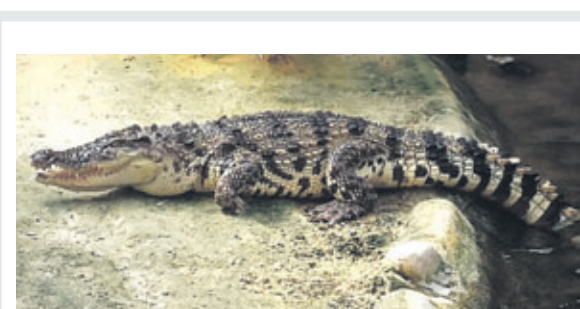
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TERRA NATURA: High hopes for crocodile breeding.

A special guest

THE Terra Natura Park has a special visitor from Denmark, a female Siamese crocodile, which they hope will breed with their resident male.

The Siamese crocodile (*Crocodylus siamensis*) is a small to medium-sized freshwater crocodile native to Indonesia, Brunei, East Malaysia, Laos, Cambodia, Burma, Thailand, and Vietnam. The species is critically endangered and already extinct in many regions.

The eight-year-old female, weighing 33 kilos and measuring two metres in length, has been loaned to the park by the Krokodille

Zoo in Denmark.

Whilst Terra Natura already has a female Siam crocodile, it has been impossible for her to mate with her male partner because they are very different sizes, causing the carers to fear that this had created a conflict between them.

Over the week the visiting female has been introduced to her new partner, in the hope that they will be compatible and mate.

The endangered species was, at one point, thought to be extinct in the wild until populations were discovered in countries such as Thailand and Vietnam.

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BREW ROCK: The Thursday Albir jam session returns.

AFTER a few months break the Albir Jam Session reopened to a packed crowd, with singers, musicians and music lovers rocking the night away.

From the moment the live session started people were on the dance floor singing along to classics such as 'Mustang Sally' and 'Born to be Wild,' together with more recent releases from all genres.

The venue, Brew Rock on the sea front border between Albir and Altea, which had been closed for refurbishment, now has a new stage area with all the musicians enjoying the improved acoustics and lighting.

Owner Lisa Griffin said: "I am a great believer in live music and supporting it however I can."

This was supported by her new bar manager Filip who said: "What could be better, I am loving the live music, amazingly talented musicians and lovely customers, it's a great atmosphere."

Organiser of the Thursday jam session is local

Altea resident Nicky Chapman, who ensures that everything runs smoothly. Anyone wishing to play or sing simply puts their name on her list and waits for their turn.

Nicky also organises a jam session on a Sunday at the train station bar in Alfaz del Pi. Both free music sessions offer an open invite to anyone, of any level, to get up and play with other musicians.

With music spanning across the world and without language barriers, many nationalities are represented within the crowd and performers, making it a truly international gathering at both venues.

The Thursday jam at the Brew Rock on the Albir/Altea sea front starts at 8pm until midnight and is held inside.

The Sunday jam at the train station bar in Alfaz del Pi starts at 5pm and runs until 10pm. This is currently held inside but Nicky hopes that the weather will be warm enough on Easter Sunday to start the outside sessions.

Playing the game online

VILLAJOYOSA is organising a 'Lan party' with 14 hours of free online video gaming on April 22.

The event where videogamers establish a local area network (LAN) connection will be held at the Pabellon in the Malladeta Instituto (secondary school).

Starting at 10am it finishes at 2am after uninterrupted play with a high speed connection.

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Exhibition opportunity



Photo caption: Javea town hall

EXHIBITION: One of Javea's two art galleries.

ARTISTS wishing to show their work in Javea's two municipal galleries have until May 5 to apply.

Each year the town hall provides this opportunity for artists just starting out as well as all those interested in displaying their work.

After receiving the applications, the Culture department will prepare its schedule of exhibitions,

combining these applications with its own promotions.

Applications with completed paperwork, which should include an outline of the project, may be handed in to the Casa de Cultura (Plaza de Baix, 6) between 10am-2pm and 5pm-8pm.

Submissions can also be sent by registered post to the same address. These will

then be evaluated by a selection committee.

The offer is open to individuals or groups and applies to finished works or those in progress. Preference will be given to those who have not exhibited in either gallery in the last four years, to Javea artists or those with links to the town.

For more information, consult www.artxabia.com.



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WITH
GARRY WAITE**



A FEW YEARS AGO there was a super trendy tapas bar that opened behind the gas station on the 'Ronda roundabout' near San Pedro, called Biznaga. It was a forerunner for lots of new trendy tapas bars and was even around before Funky Tapas. It was run by a Spanish couple (no relationship - just working partners!), he front of house and she was in the kitchen. He was a very knowledgeable wine enthusiast and she was a damn good cook.

The combination was great and the place became very popular. Every client was made welcome and suggestions and specials, were made daily.

If you wanted something that wasn't actually on the menu, then they would prepare that something for you as long as they had the necessary ingredients. It was popular with the local Spanish business people as well as the expats that appreciated what they had to offer. My friends and I would frequent it regularly. Service was always attentive and the staff that were there were brilliant. There was always a warm welcome and often a glass or two of wine on the house for their regulars.

Sadly, the young lady Chef

left and the manager also. Despite one of the waiters taking over the food went downhill and eventually the team changed completely and we stopped going. It was no longer the place it was and eventually it closed. Sometime later it reopened as Friends. I popped in one day to check it out and was not impressed. It took me ages to get a glass of wine (there was only three clients in the place) the wine was undrinkable and the service and attitude were not good. Some several weeks later a friend of mine who used to go with me to the previous operation asked me to join him for lunch. I told him I was not over impressed on my one and only visit. He said it had become quite good.

We have now been using it for some time but recently the guy who seems to be running the place has developed an attitude which is in keeping with the stereotypical bad Spanish waiter. He hardly smiles, makes you as about welcome as a f..t in a spacesuit! And his attitude is dreadful. When you order your food you ask for it in an order of some sort.

I don't want to eat meat while I am still waiting for fishy bits! "It's a tapas bar, you get it when it's ready" he would say. He would take last orders at 3.30 despite the fact they say 4.00. Even if you only wanted a drink! A couple of the other waiters made up for this ignoramus which encouraged

us to keep going.

Anyway after a catalogue of disasters over the last few months a visit the other day proved yet again a problem for 'Mr Personality' when we asked for a plain mixed salad to go with the steak. They sent out a salad with tuna.

When we asked for the tuna to be removed as we only wanted a simple salad he said that was a mixed salad and that is 'what we serve.' Needless to say we did not eat it but of course paid for it, as we were charged for it. On Wednesday last week we popped in for a glass of wine before moving on to two different appointments. Mr Rude came over asking if we had a reservation.

We replied that we did not, but were only stopping for a glass of wine and my colleague wanted a quick tapa. Apart from about six people in the place - it was empty. "There are no tables for you two here!" came the astonishing reply. We had been banned!! Incredible. This is the sort of attitude I have not seen in many, many years and I can't wait to write to the owners if I can be bothered. After all, it's probably their fault for employing such a twerp! (the nicest word I could come up with!!).

Well, there is a consolation, in as much as I don't have to see his ignorant face again and also can take pleasure in the fact I have been banned from far better places than that!!

THERE CAN'T BE MANY FOODIES who have not heard of Le Gavroche, one of London's premiere restaurants, once the holder of three Michelin stars under the guidance of its original family team of Albert and Michel Roux. This iconic eatery is celebrating its 50th anniversary, having first opened in Lower Sloane Street in 1967.

In 1974 it gained a Michelin Star (the first in Britain) and in 1977 made it two. In 1981 it moved to Upper Brook Street and the following year achieved the highest accolade of Three Michelin Stars.

In 1991 Le Gavroche was taken over by the very amiable Michel Roux Jr and despite receiving only two stars in 1993 the family tradition continues and in a climate where quality restaurants come and go it is wonderful to see such an institution still respected as one of the consistently finest restaurants in the world.

But in true controversial style, since the end of January 2017 Michel has removed the 13 per cent service charge from its menus. In a bid to explain this move he claims that the addition of a service charge confuses the clients as they believe it to be a tip!! Well hang on a bit Michel, I think the majority of diners probably do, especially when the words 'optional' or 'voluntary' are added to the words 'service charge'!

This takes me back to the early days in hotels in the 60's when a 10 per cent or 12.5 per cent service charge was added to all bills, the explanation being that everyone from the kitchen porter to the Head Housekeeper received a share.

“

If your job is to tell me how to do my job, you should at least know how to do my job.

A reminder to those managers I have seen in jobs over the years.

The truth was though, that this charge was used to pay wages and although staff did receive a 'payment' as part of their salaries it was certainly not an 'equal' split.

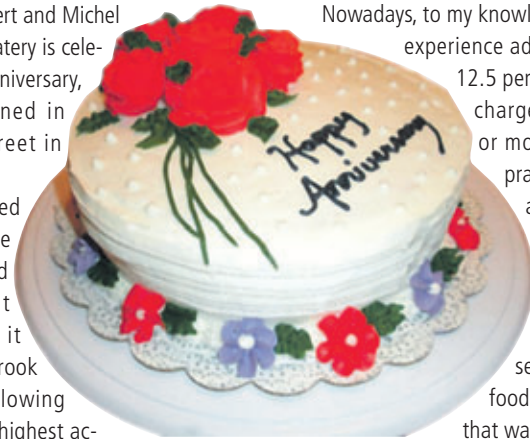
Nowadays, to my knowledge and professional experience adding a 10 per cent or 12.5 per cent 'optional service charge for parties of seven or more' is fairly common practice - and it does get added to the tips and is distributed as such. When explained as a charge that includes the preparation, presentation and service of food I would have thought that was part of the workload of a restaurant. After all I can't ever remember going to have a suit made and the tailor

telling me it was 300 pounds for the suits and 15 per cent service charge for making it!!

So guests at Le Gavroche can now leave a tip without being encumbered as to whether or not to leave a voluntary or optional service charge - not tip!! - as Michel Roux explains:

"For me, tipping and service charge are two different things but by removing the service charge and incorporating it into the cost of the menu then it is clear, clean, and unambiguous. Then if diners wish to leave a tip on top of that it is up to them. I think this is something we should do in the restaurant industry. It is not clear for the customer whether or not they should leave extra on the table or whether or not it is going to all the staff or how it is being distributed. I dare say some restaurateurs have been abusing that."

Ahhhh! Now I get it! It ain't voluntary any more - you've got to pay it!! Oh well, you win some, you lose some!!



**Roux Family Le Gavroche
50 years 1967 - 2017.**

ON THE OTHER SIDE OF THE COIN, my appointment that same day meant meeting a colleague for a late lunch in San Pedro. So we paid a visit to an Indian restaurant. Nothing spectacular from the outside but a pleasant terrace on which to enjoy the spring sunshine!

But most importantly was the welcome from the young Indian manager, Fahim. "Whichever table you would like," he offered, immediately clearing the tables from the departing clients. An hour ago I had been treated with such contempt, but now was being treated with such respect. The menus arrived and wine was served.

Apart from the menu being artistically well put together it also contained some dishes not normally seen in a bog standard Indian eatery. I was intrigued



It's not just the food that is important - the welcome and the attention count too.

with the dishes on offer and asking the young man what he considered the specialities of the house to

be, he enquired as to my personal taste in Indian food. I told him what style I liked and he immediately offered to create something he felt sure I would like. Filled with confidence, my colleague said they would leave him to create something as well. The food arrived, excellent!

But the care for his clients was as it should be. Up until then I thought he was the owner and asking if he was, was when I was told that he was only the manager. As I told him, if you look after your guests as if you were the owner, an owner can ask no more of a manager than that.

So pay a visit to the Bombay Grill Indian restaurant (number 15 out of 147 restaurants in TripAdvisor) and ask for Fahim and avoid the aforementioned tapas bar!

ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

Advertising feature



Property of the week

Brought to you by Construcciones & Ventas Marva

MODERN LUXURY: Featuring straight, clean lines and wood detail.

MODERN luxury villa with construction to be completed within three months in the Paichi neighbourhood, a quiet area of Moraira. Located just six minutes' drive from El Portet beach, one of the most beautiful on the Costa Blanca.

At 339m², the first thing that will grab your attention is the avant-garde design. Featuring straight, clean lines that combine with the white decoration, wood details and lovely rock wall to make a visually harmonious exterior.

Its southern orientation is also a plus since sunlight will illuminate each and every one of the spacious rooms throughout the day via the large windows.

The property is distributed over two floors. On the first floor is a spacious hall through which you access the large dining

FOR SALE!

room. The kitchen is in the same room which features a central island and branded Bosch appliances from the latest generation. Adjacent is a completely independent wash room and pantry. Next to the hall you will find a room that could be used as a bedroom or office. From the living room and kitchen you are able to access a large, 132m² terrace. It is so spacious that there is room for a lounging area next to a modern overflow pool with LED lighting.

On the second floor we find the remain-



Sunlight will illuminate each and every one of the spacious rooms throughout the day.

ing three bedrooms, of which one, the master bedroom, has an en suite bathroom and private terrace partially covered by a per-

gola. The other two bedrooms share a bathroom, plus access to a terrace ideal for sunbathing or enjoying the views. All rooms of the house feature stunning views to the mountains.

The property has been constructed using top quality materials and the latest technology, including under-floor heating, Climait windows with aluminium frames, electric shutters, pre-installed air conditioning and an automated 'domotica' system.

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Spain: A mature marketplace for property

by Matthew Elliott

ECONOMISTS at the EU and IMF have warned that housing bubbles may be forming in Australia, Sweden, the UK and the Netherlands. Yet Spain is enjoying growth rates not seen in a decade and far outstrips the UK in the speed of the market's resurgence. So why are there no fears of a Spanish bubble developing?

In 2006 the Spanish property platform Idealista was roundly mocked for warning that the market was about to collapse. Needless to say they were correct. In 2017 Idealista are bullish about the future prospects for Spanish real estate. Head of research Fernando Encinar laughs at the prospect of a bubble in a country of 45 million people where just 100,000 homes are built each year and access to mortgage credit is now strictly regulated.

A key symptom of a housing bubble is the expansion of credit to people who sim-

ply can't afford it, combined with the overvaluation of homes. In 2008 for instance almost one million mortgage contracts were signed, an obviously absurd figure in hindsight. In 2016 the figure

was just above 280,000, a far healthier and more sustainable number.

Express financing and easy loans are on the backburner as the banks come to grips with a new regulated

reality, consumer protection laws and the prospect of huge payouts over unfair mortgage clauses in the past. Today any talk of bubble is limited to the most desirable neighbourhoods of Madrid

and Barcelona, which see highly paid professionals fighting over jazzy locations with top private schools.

Research from BBVA indicates that real estate growth will continue its smooth

growth in 2016. Sales will increase by around 7 per cent and level out at about 600,000 in the short term. Prices will rise between 3 and 4 per cent per annum until 2020.



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LOFT SPACE: A cosy room can be created exploiting natural light.

Add value to your home

by *Matthew Elliott*

LOFTS are the next big property investment in Spain. Natural light, ventilation and views are the major benefits. Experts now reckon a well-crafted loft can increase the value of a property by up to 15 per cent.

With a solid budget around €5,000, a cosy room can be created, completely transform-

ing the ambience of the home. Guestrooms, playroom, offices, or just somewhere to relax are all possible.

The key to a successful loft is exploiting natural light by making it open plan. Roofs provide twice as much natural light as windows because the sun shines through them far more often during the day. A glass roof of just 2sqm provides more

than enough light for a loft space of 20sqm.

Warm colours help create the illusion of more space and are an excellent contribution to feng shui and wooden floors with solid soundproofing spare people downstairs.

Other essentials include a spiral staircase leading up to save space, and proper insulation.

No Vegas to be built in Spain



EUROVEGAS RESORT: The complex planned for Madrid fell through.

THE search for Spain's first big Vegas-style property theme park goes on. A proposed multi-billion super complex planned for Torres de la Alameda, Madrid has fallen through.

It was due to be built by American giant, the Cordish Companies, but the Community of Madrid ultimately balked at the public cost of €340 million needed for infrastructure. The Cordish Companies, which runs more than 40 million square feet of real estate worldwide, is still interested in setting up the macro-complex somewhere else in Spain.

They are prepared to invest €2.2 billion in a facility boasting hotels, restaurants, shops, cinemas, theatres, convention centres, casinos and even a circus. It would be an alternative to the failed Eurovegas concept planned by American gambling magnate Sheldon

Adelson. Only 10 per cent of the enormous leisure centre would be devoted to casinos to get around strict Spanish gambling regulations.

The failure to reach a deal is the latest in disappointments for American companies trying to construct spectacular gambling resorts across Spain. Eurovegas collapsed due to Adelson's demands on the Spanish parliament, even demanding it reverse anti-smoking laws for his premises alone.

Chinese group Wanda has seen a similar project vanish. Another consortium tried to open 32 casinos in the Tabernas desert but again the deal fell through. 'Barcelona World' has been put on the backburner and, perhaps fortunately, plans to recreate the Lord of the Rings on the Costa del Sol never saw the light of day.

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Landlord exposed

A BRITISH landlord managed to make world headlines after allegedly trying to ban 'coloured people' from his hundreds of properties. Kent-based Fergus Wilson is one of the biggest buy-to-let millionaires in the country with almost 1,000 homes at his disposal.

An expose from the *Sun* revealed allegations that he told one letting agency not to rent out his homes to 'coloured people because of the curry smell.'

Wilson now faces investigation from the Equality Commission but was unrepentant, telling the *Sun* that curry stains are expensive to remove.

Keyhole gardens offer a new option

By Graeme Tyrrell

CREATING a vegetable garden with limited space, time, soil materials and water available can make it a difficult decision for many aspiring, or even seasoned, gardeners.

There are many ways to grow plants in containers and raised beds that have advantages over the natural garden soil which always needs the adding of nutrients through compost and other soil improvement materials to make the garden thrive.

Having gardens above soil height makes it easier to access the plants without creaking joints and strained backs and they reduce weed, pest and soil condition management problems due to greater ability to control the environment of the garden.

Containers and raised beds have the big disadvantage in the Mediterranean climate of needing more regular watering due to the long, hot and often dry summers. In cooler, wetter climates containers and raised beds have the advantage of good drainage but as most popular vegetables are grown in the summer months it is not a great advantage here.

A great solution for making a raised garden with its

own nutrient production from compost and higher water retention is a keyhole garden.

Keyhole gardens are generally a raised circular garden, around two metres in diameter with a central half metre diameter funnel for filling with compost that has an access path within the circle for adding the compost and accessing the garden.

The design gives the look of a keyhole which is the reason for its name. The border of the garden can be made from any suitable local material capable of retaining the soil mixture.

The selected materials for the border should also consider the permanency of the garden. Stone walls are strong, allow drainage and last for years, but an organic wall made of hay bales for example or untreated wood will decompose over a couple of seasons, which is fine if the garden is also for making compost to add to other gardens or for remaking new keyhole gardens.

The central funnel should be of a material to hold back the soil of the garden to allow the adding of compost in the centre. The funnel wall can be made of wire for more permanent gardens or materials such as bamboo or



Photo by Isabel Schuiz Flickr

HIGHLY PRODUCTIVE: A typical keyhole garden for growing vegetables, flowers or herbs.

other types of wooden stakes that can eventually be a part of the compost in the garden.

The gardening area be-

tween the border wall and the funnel can be filled with organic soil and amendments

with a base of coarse materi-

al such as branches and twigs topped with manures, compost, washed sand, seaweed, mulching materials, other or-

ganic soil amendments and natural soil with the finer material at the top for preparing the garden bed.

The purpose of all the organic material is to provide good water retention and provide nutrients.

The central funnel compost is also a way to add nutrients to the garden, recycle organic material into the garden and allow water penetration deeper into the garden during hot dry periods. The funnel can be capped with a lid to prevent saturation of the compost during wet weather and to reduce unwanted insects access.

The result is a highly productive small garden to grow vegetable, flowers, herbs or a combination of the various plants you may wish to grow at an easily accessible height and with a means to add recyclable organic material to the garden.

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Advertising feature

Decor Denia auctions sell quality antiques

DECOR DENIA continues to have good and expanding support from both native local and international clients.

Their recent Spring Auction extravaganza held on February 23 saw 86 per cent of the items consigned by private vendors sold, with many items realising above estimates proving that there currently remains interest in quality antiques, jewellery and decorative items on the Costas. The Siebe Gorman Diver's Helmet illustrated was consigned with an agreed reserve of €1,300. On the day the Lot was keenly contested and eventually sold to an overseas bidder for €2,300. Another star lot a Vintage Rolex date adjust entered with significant wear to its strap which obviously had had a hard life made €1,200 against its reserve of €500.

The next auction will be on April 27 and the business is now keenly inviting new entries for the next sale. The consignment shop is open daily from 10am until 2pm, closed Sundays. The address is Calle Atlas, Commercial Centre Tropicana 7,8,9, Denia. www.decordenia.com Tel Phil: 645 310 470 or Mark: 629 649 259 , 0044 (0)7850 104104.



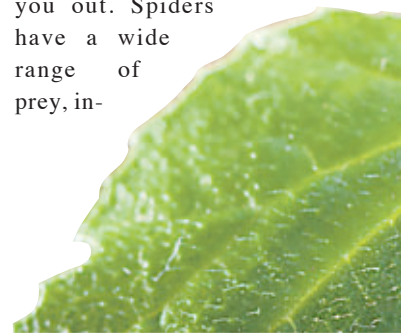
DIVER'S HELMET: Sold to an overseas bidder for €2,300.

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DANGER is lurking everywhere in your garden. All sorts of little pests are threatening your flowers and vegetables, but chemical pesticides don't have to be the answer! To keep your garden organic, you can enlist the help of the good bugs, ready to keep pest outbreaks at bay.

Ladybirds are a gardener's delight! The larvae will feed on pests that are small and slow, like aphids, which can decimate flower beds. These little red bugs are attracted by dill and dandelions and can be great friends in the garden.

Feared by many, the misunderstood common spider is a fantastic member of the insect pest control team, so leave the webs untouched and let them help you out. Spiders have a wide range of prey, in-



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cluding caterpillars, aphids and fruit flies.

If you want a beneficial bug that you don't have to see very often, maybe consider introducing some ground beetles into your garden. Typically only active at night, these critters will eat slugs, caterpillars and some species of worm.

If you want something a little more interesting, a praying mantis could be the answer to your problems. Just be

aware that these ferocious predators will attack just about any insect in its path, including the good guys.

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Harmonious home life

By Francesca Souter

DENMARK is often credited with being the world's happiest country and over the past few years people have started to adopt the 'hygge' way of life.

'Hygge' is a Danish word used to describe a feeling or moment which is cosy, charming or special. It's about finding happiness in simplicity, so it's no surprise that people all over the world want to emulate this way of living.

A large part of 'hygge' is centred on the home, creating a warm and cosy environment devoid of clutter but full of charm. The concept encourages calm, traversing both winter and summer and you can bring a little bit of Scandinavia into

your home in three easy steps.

Firstly, you should invest in candles. The warming glow of candlelight can transform your living room or your terrace into a little wonderland. The cosiness created isn't just confined to winter, creating a close and chilled atmosphere that's perfect for summer evenings.

Embrace organisation. Confine your clutter with smart storage space, leaving surfaces sharp and clean, keeping your house looking effortlessly tidy.

You don't have to overhaul your interior. Little decor additions like picture frames can remind you of happy memories, it's all about showing your personality.



SIMPLICITY: The warming glow of candlelight can transform your living room.

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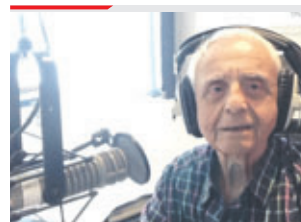
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BITCHES are more affectionate and easier to control than male dogs. They are about 30 per cent smaller than the male and whatever their breed, tend to be more gentle with children.

The bitch comes into season about every six months and this lasts about three weeks. She is receptive to mating and extremely attractive to dogs that will instinctively try to mate.

A bitch coming into season will produce a discharge, initially a bloodstain that will be

deposited wherever she sits or lays. She will also spend a great deal of time licking her vagina.

She'll attract local male dogs that will camp outside your home so expect howling through the night to attract her attention. Females on heat will attempt to escape at the first opportunity so keep all doors closed and secure, especially when greeting guests.

Don't underestimate the great heights male dogs can climb and jump to reach a bitch on heat. It is well-known male dogs can be extremely aggressive and could attack you if you tried to send it away.

If you're not breeding your bitch it's best to consider having her neutered before her first season. Vet colleges have scientific proof females live longer and the likelihood of mammary tumours is negligible. She will certainly not put on weight.

Male dogs tend to be more dominant than the female. Adult males have an instinctive urge to escape and wander free

from home for hours or even days or weeks.

A dominant male, although house trained, will show when he starts to lift his leg in the house and urinate on walls and furniture. He does this to scent-mark his territory and affirm his dominant status. This type of dog should be castrated.

Owners of dominant dogs should spend time re-enforcing their own dominance and insisting on absolute obedience. This can be achieved through a training club where you can learn how to control the dominant male when he meets another dominant male dog.

Confined dogs can develop sexual frustration and will mount the human leg and even mount children who crawl on the floor. This is intolerable and very dangerous to a child.

The best way to deal with this is to discuss the problem with a vet who might consider either using a female hormone to try to counteract the condition or castrate the dog.

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Amendment to article 'House soiling cure' March 30, 2017

THIS article was written many years ago and normally when using old articles I bring them up-to-date in line with my website. Unfortunately I was unwell and did not check my article.

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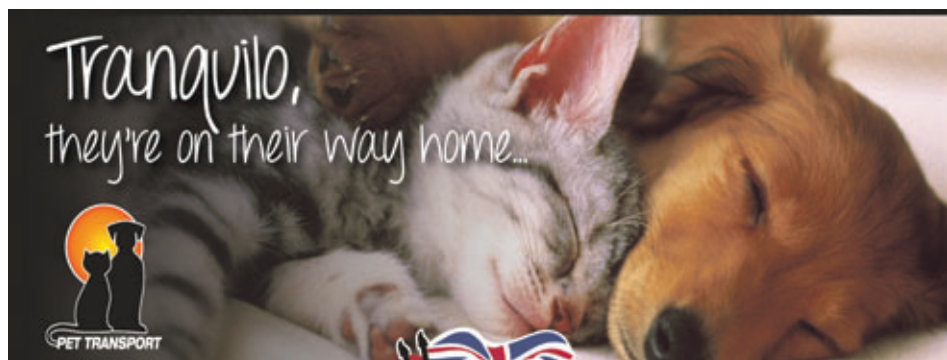
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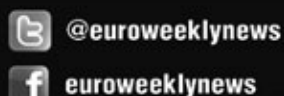
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Motoring shorts

No plates for Lorne

A CANADIAN man is fuming after his plans for a personalised number plate with his name were thwarted by the authorities. Nova Scotia rejected the licence plate renewal of Mr Lorne Grabher, arguing that his surname was offensive towards women.

Grabher is of German descent and has used the licence plate, which features only his surname, for years. But after an infamous video was released of Donald Trump making misogynistic remarks during the 2016 election, Grabher's surname suddenly became a chauvinist symbol.

It's even more irking for Grabher, who despises the American president saying it's ridiculous to put him in the same class of personality. Trump infamously mentioned grabbing women by their private parts in the video.

GT C Roadster earns rave reviews

By Matthew Elliott

MERCEDES' latest marvel, the AMG GT Roadster has been released to rave reviews. The much-hyped convertible version of the AMG GT comes with a 470hp engine as standard, while the GT C version generates a whopping 550bhp. Prices range

from €120,000 to €160,000.

The result is a classic sports car with a long hood, large wheels and muscular 1950s aesthetic sure to go down a treat over summer. The GT C has a 4.0 litre

V8 engine, top speed of 320kph, carbon-fibre cabin, and extreme, almost violent accelerative power that will squash you right against the seat.

Some are already calling it the best GT there is. Its engineering perfection and precision suggest it's been ready for a long time. Perhaps

with Mercedes deliberately holding back release to ensure the Roadster doesn't overshadow other Mercedes' offerings such as the popular SL.

It's extremely loud, extremely flexible and has rock solid handling. Comfortable with the roof down even at high speeds, it's the perfect Californian or Mediterranean speed demon for the modern world.



LATEST MARVEL: Much-hyped convertible.

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ROAD TEST by Nick Fletcher

Fiat Tipo Lounge test

THINK of Fiat and its chic 500 model immediately springs to mind, followed by its practical Panda.

What probably won't come to mind right away is its Tipo model, and that is unfortunate for it deserves wider appreciation and more of the limelight.

Priced from €15,437 (£13,445), this mid-size hatchback and estate range offers a value-for-money alternative to the bigger names - Ford Focus and VW Golf for instance - in this popular mainstream sector.

My recent test model, a Tipo hatchback with an impressively economical 1.6 litre diesel engine, was a reminder that if potential buyers take a wider look at the market, they can come across commendable models that can sometimes slip under the radar.

The Tipo is quicker, more economical and has lower emissions than some rivals,

and of course, being less common it is a little more exclusive! Its sleek shape has an elegance often lacking in the family hatchback class and it also has excellent driving dynamics.

My test model was an upper range Lounge version with a 120 hp 1.6 litre diesel engine. The 0-100 kph time is quite nippy at 9.8 seconds and top speed is 200 kph (124mph). Fuel economy is impressive - 27 kpl (76.3 mpg).

Standard equipment on this version, which costs €20,819 (£17,995), includes alloy wheels, LED daytime running lights, climate control, touchscreen, DAB radio, sat-nav, USB and Aux port, and steering wheel audio controls. It has cruise control, auto lights and wipers and chrome detailing. The test model also had some optional features including leather seats.

The cabin is well designed for comfort and ease of use, with decent head and leg room for rear occupants and a roomy 440 litre boot which can be expanded with drop-down rear seats. Some of the trim materials do appear to be rather low-budget but that apart, the Tipo scores well.

It also impresses with its precise driving feel, with good steering feedback and a suspension set-up which nicely



TIPO HATCHBACK: The cabin is well designed for comfort and ease of use.

Model tested is UK Specification. Equipment levels and prices may vary in other markets.

“The cabin is well designed for comfort and ease of use, with decent head and leg room for rear occupants.”

ly balances the need for ride comfort with firmness for assured handling.

Anyone planning to buy a new mid-size hatchback ought to put the Tipo on their viewing list. It may have a low profile in its sector, but may also surprise many with just how much it offers.

Stats panel:

Model: Fiat Tipo Lounge
Engine: 1.6 litre diesel
Transmission: 6 speed manual
Performance: 0-100 kph 9.8 seconds, top speed 200 kph
Economy: 27 kpl (76.3 mpg)
Emissions: 98g/km

Super cop car is now unveiled

ITALIAN supercar heavyweight Lamborghini has donated a rather special gift to the country's traffic police; a brand-new Lamborghini Huracan LP 610-4.

The Huracan Polizia is designed to chase down speeding drivers and has been modified for the transport of life-saving organs and blood between hospitals.

Boasting a top speed of 325kmh and the ability to accelerate from 0-100kmh in just 3.2 seconds, the new car is equipped with various techno-

logical gadgets, including a video camera that tracks and films vehicles being pursued, an on-board tablet and a gun holster.

It also has a defibrillator installed, plus a bespoke refrigeration system for the transport of human organs.

Under the bonnet is a V10 engine producing 610 horsepower, while the car also has all-wheel drive, and a hybrid chassis fabricated from aluminium and carbon fibre.

At a ceremony in Rome, State Police Chief Alessandro

Pansa said that it will be used to "enhance street security" and prevent crime.

"This Lamborghini represents Italy and the quality of its people," he added.

"The same we find in both men and women who wear the uniform of the State Police."

The new car is to be assigned to highway patrol in Bologna, and will work alongside a second Huracan which has been in operation in Rome since 2015.

Two previous-generation Lamborghini Gallardos will now be decommissioned.

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TMGS at Alicante Golf

ALMOST 40 members of The Member's Golf Society and a couple of guests made their way across the city of Alicante to play the final rounds of the Order of Merit and Player of the Month competitions.

The winners of the competitions will be presented with their trophies at the society's AGM due to take place on April 12 at La Marquesa where light refreshments will be available to members.

The course was in good condition except for some of the greens. The damage was likely caused by the recent storms in Alicante but it must be said that the green keeping staff have done a fantastic job in getting it back to near its best so soon.

It seems that the conditions proved to be perfect for the lower handicappers of the society with 36 points needed to secure third place (Bob Watson), and Ger-

man member Gerd Cromm was second with 38 points and Swedish member Norbert Spaniol was first with 39 points.

Silver category: 1st Sverre Sonesen 33 points, 2nd Alex Alm 31 points and 3rd Alan Rickers 30 points. Bronze category: 1st Alex Goslan 36 points, 2nd Lars Jernberg 35 points and 3rd John Hillier 34 points.

Best visitor: S Svensen 29 points. Ian Sutehall and Alex Goslan shared the €32 contained in the pot for hole 3 and 17 respectively. NTP's: hole 3 John Hillier, hole 6 Norbert Spaniol, hole 8 Natalia Allan, hole 12 Phil Boyling, hole 15 Joe Dean and hole 17 Alex Goslan.

Forthcoming event: Las Pinaillas (Albacete) Monday May 8. Bus, green fee, buggy, competition fee and a meal all for just €65. Interested? Visit

www.tmgs.org or call 661 524 101. You can also book at www.facebook.com/TMGSGOLF.



GOLD CATEGORY: Winning golfers.

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Stella returns from holiday to win Baybut's Stableford

ON Friday March 31 Montgo Golf Society played a Stableford competition at Oliva Nova, kindly sponsored by Brian and Feli Baybut.

The society was fortunate to have Damian Sanchez Perez, the Caddymaster of Oliva Nova as its guest, and Damien also put up some prizes for any members able to beat his score on the day.

In first place was Stella Fox with 37 points off 18.5, second place, also with 37 points but losing out on countback, was Wolfgang Schuster (15.7), pushing Peter Twine in to third place with 36 points off 20.2.

There were prizes for the best front nine and best back nine for players not in the main winning group, and these went to Dennis Coe (21 points) and John Feek (19 points) respectively. Nearest the pin for ladies went to Stella Fox on the 3rd and Linda Coe on the 16th, whilst John Feek took 3rd for the men and Peter Twine won the 16th.



OLIVA NOVA: Stableford winners.

There were three 2's - Stella Fox, Feli Baybut, and Peter Twine. Four members beat Damian's score of 33 points, the first three plus Patrick Lynch, and they all received sleeves of golf balls.

The next event is on April 14 when a Stableford competition will be played at Oliva Nova for the Founders Trophy sponsored by Russ Peters.

Orba Warblers weekly results

IT was yet another spectacular morning on March 29 when the Orba Warblers went up to La Galiana to conquer the mountain terrain.

In division one, Fred Cooley, very much on form, (Hcap 11.6) was first with 35pts, now playing off Hcap 11.3. In second, and back in the photo, was David Knight (Hcap 9.3) who came in with 34pts. Ever steady John Daniels (Hcap 17.8) came third with 31pts.

In division two, Derek Gray, still going strong, (Hcap 22.4) was first with 30pts. Two ladies brought up second and third - Jan Wil-son (Hcap 18.9) and Barbara Pollitt (Hcap 23.5) re-

spectively, both with 29pts.

There were three '2's,' Sheila Dindar and Fred Cooley on hole 3 and Derek Gray on the 14th. Two Nearest Pins went to Fred Cooley on hole 3 and Steve Smith on the 16th. The football card was won by Wendy Sullivan with Ipswich.

Next week on April 12 there will be a Stableford Competition at Oliva Nova. First Tee Time is at 11.04am so please arrive by 10.15am for registration. Guests are welcome subject to space availability and current handicap certificate. To book please contact Michael Taylor on mjt@stylepms.com or call 639 252 896.

Club's kind donation

LAST week Calpe Badminton Club donated €500 to the EMAUS association in Calpe to enable them to buy sports clothes and trainers for children in their care.

Committee members presented the cheque to Patricia Juarez from EMAUS who coordinates education, welfare and activities for the children at the home. She was delighted by the donation which will help encourage the children into sport.

The club meets twice a week on Monday and Thursday mornings from 9-11.30am at the Pabellon de Deportes. Contact calpe.badminton@gmail.com.

'Jo,' 'Fed,' City and Oxford celebrate

Tony Matthews



International Sports

A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is also the sports correspondent for Spectrum Radio and lives on La Pilla in the Sierra Cabrera Mountains overlooking Turre.

Costa de Almeria

FIRST and foremost, congratulations to Johanna Konta who became the first British woman to win a major tennis title in 40 years after beating Caroline Wozniaki in the Miami Open final last Saturday.

Looking ahead the Masters golf starts today; the Chinese F1 Grand Prix and Argentina Motor-GP on Sunday; the Grand National on Saturday (see my preview); France v GB in Davis Cup tennis; men's world curling and European weight-lifting championships, the Hong Kong rugby sevens and football matches galore.

- I think Jordan Spieth, Jason Day or Hideki Matsuyama will win the Augusta Masters.

- Second to Sebastian Vettel in the first F1 Grand Prix of 2017, Lewis Hamilton is aiming to go one better in Shanghai. He was seventh last year.

- Spain's superstar Maverick Vinales, winner in Qatar a fortnight ago, can double up with victory in the second MotoGP in South America.

- GB will be without Andy Murray against France in the Davis Cup quarter-final tie but his brother Jamie, Kyle Edmund and Dan Evans all play.

- In the Premiership, Bournemouth play leaders Chelsea (reeling after losing against Crystal Palace and having had a tough mid-week game with Manchester City); Palace face Arsenal and City meet Hull; Stoke take on Liverpool; Sunderland play Manchester United and Spurs oppose Watford.

- In the Championship, Newcastle (top) visit Sheffield Wednesday; QPR play Brighton (2nd) and Huddersfield travel to Nottingham Forest. In FL1, it's Sheffield United v Northampton and Scunthorpe v Bolton, while Doncaster entertain Mansfield, Plymouth play Crawley and Portsmouth welcome Yeovil in FL2. In the SPL, Aberdeen

(2nd) play Rangers (3rd) and in Spain's La Liga, leaders Real face Atletico in a Madrid derby.

- Next Tuesday, we have Juventus v Barcelona and Borussia Dortmund v Monaco in the Champions League, followed 24 hours later by Atletico Madrid v Leicester and Bayern Munich v Real Madrid.

ROUND-UP:

- Congratulations to Coventry, FL Checkatrade Trophy victors over Oxford and to Celtic on winning their 48th Scottish League title after a 5-0 romp over Hearts but alas Rotherham have been relegated from the Championship.

- PSG are the 2017 French Le Ligue champions and Bayern Munich (after walloping Augsburg 6-0) are close to clinching the German Bundesliga title.

- After last Saturday's 3-1 win over Everton, Jürgen Klopp became the first Liverpool manager to win his first three Merseyside derbies, and Leicester's Craig Shakespeare is the first English manager to record four successive PL wins in his first term in office.

- Chelsea recently had 32 players on international duty at various levels.

- Well done Oxford University – winners of the annual boat race.

- GB boxer James DeGale could meet Gennady Golovkin or George Groves in a super-middleweight fight this year.

- Mark Selby beat Mark Williams 10-08 in the China Open snooker final.

- It's Saracens v Munster and Leinster v Clermont in the semi-finalists of Rugby Union's European Champions Cup and France's Yann Maestri has been fined £26,000 (€30,379) for

criticising referee Wayne Barnes after his country's 20-18 Six Nations win over Wales.

- Castleford, Leeds and Hull stand 1-2-3 at the top of Rugby's Super League.

- Roger Federer beat Rafael Nadal in the Miami singles final.

- Four more Russians have been found guilty of doping at the 2012 Olympics.

GRAND NATIONAL PREVIEW:

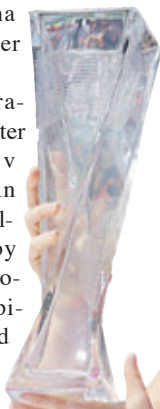
Vieux Lion Rouge (ridden by Tom Scudamore and trained by David Pipe) and Definitely Red (Danny Cook/Brian Ellison) are 10-1 joint favourites for Saturday's race. One for Arthur is 11-1, Cause for Causes 12-1, The Last Samuri and Blaklion 14-1 and More of That, Saphir Du Rheu, Ucello Conti, The Young Master and Pleasant Company all 16-1.

Trainer Paul Nicholls has five horses in the £1m race: Saphir Du Rheu (5th in last month's Cheltenham Gold Cup); Wonderful Charm (22-1); 2016 Scottish National winner Vicente (25-1), Le Mercurey (28-1) and Just a Par (40-1).

Leighton Aspell and Ruby Walsh are the only jockeys who've won the race twice since 1997.

Only three favourites (all at 7-1) have won in the last 19 years - Earth Summit (1998), Hedgehunter (2005) and Comply or Die (2008).

My three each-way tips are Ucello Conti, Foxrock (20-1) and Saint Are (25-1).



JOHANNA KONTA:
Winner of the Miami Open final.



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