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Road rage

Tourists targeted by band of thieves

By Jack Troughton

Police have arrested a gang of highwaymen preying on tourists travelling on the A7 and AP7 motorway on the Costa Blanca.

The bandits targeted tourists at service stations in the provinces of Valencia and Alicante, occasionally driving as far as Murcia to rob holiday-makers.

» Turn to page 4



LOOT: Cash stolen by the gang. |

Winner of EWN car contest



VIRGINIA DELATORRE UNCETA from Marbella is the winner of the EWN 2017 Win-a-Car readers' survey prize draw.

Her name was picked out from thousands of entries by Sala Group Chairman Ian Radford and former professional footballer Stephen Carr.

» Full story: page 3

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NEWS EXTRA

Public hols

SPAIN celebrates Labour Day on Monday May 1, coinciding with the May Day Bank Holiday in the UK, meaning the majority of shops, supermarkets, banks and other public services will be closed.

Wine tasting

THE Bodega Mendoza in Alfaz del Pi held a special wine lovers event with 500 people attending. Visitors were given a tour of the vineyards and the chance to sample vintage wines.

Kind heart

VALENCIAN paediatric heart surgeon Alejandro Vazquez has participated in a medical mission, travelling to camps in Amman, Jordan to operate on 13 Syrian child refugees with congenital malformations.

It's a right royal mess

POLITICIANS have once again caused the King of Spain's state visit to the UK to be postponed.

The planned June visit by King Felipe VI and his wife Queen Letizia has been rescheduled to avoid clashing with the snap General Election called by Prime Minister Theresa May.

Buckingham Palace said in a statement: "Her Majesty Queen Elizabeth II and His Majesty King Felipe VI of Spain have agreed that, in light of the General Election, the planned State Visit to the United Kingdom from June 6 to 8 by King Felipe and Queen Letizia should be postponed. The visit will now take place from July 12 to 14."

The rejig came after Spain's foreign minister, Alfonso Dastis, indicated that the country would not find it appropriate for the visit to go ahead during an election campaign.

This is the second time in just over 12 months that politicians have been responsible for a state visit cancellation, as the King was supposed to visit in March last year.

On that occasion, the visit was axed due to political uncertainty in Spain, after a spate of inconclusive General Elections soured by bickering and



BETTER LATE THAN NEVER:
King Felipe and Queen Letizia.

failed deals left the country without a government.

King Felipe's UK state visit will be

the first by a Spanish monarch since that of King Juan Carlos and Queen Sofia in 1986.

Fallen rambler

A HIKER was airlifted from the Barranc de l'Infern in the Vall de Laguar with a suspected broken leg.

The woman was part of a group of seven walkers enjoying an outing on Sunday but the 54-year-old slipped on the edge of Font de Reinos; and complained of extreme pain.

The party called the emergency services and a helicopter was scrambled from Alicante.

The injured walker, of Tavernes de la Vallidigna, was put onto a stretcher and flown to Denia.

The chopper landed at the fire station and she was ferried by ambulance to Denia Hospital with a fracture of the tibia and fibula.

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Home blaze claims life

A GANDIA man died in hospital after being pulled from his blazing home by firefighters and suffering 80 per cent burns.

The fire broke out in the early hours of Friday morning in a house in Calle Calderon de la Barca and nine fire crews from Gandia and neighbouring Oliva tackled the flames.

A medical team attempted to revive the 43-year-old victim at the scene; he was suffering from the affects of smoke inhalation and third degree burns to 80 per cent of his body.

Despite the attempts to save his life, he died shortly after arrival at a specialist burns unit at La Fe Hospital, Valencia.

The fire is thought to have started in one room of the house and its cause is being investigated. Firemen were able to control the flames and prevent the fire spreading to other property in the street.

Muddy waters

RESIDENTS in La Nucia were shocked to discover a tea coloured substance coming from their taps during the week.

Many properties in the Maylan urbanisation area of the town, near Elian's British School, contacted the water supplier, Aqualia, to report the problems.

Staff at the Plaza del Sol Aqualia office however, were already aware of the murky water appearing in numerous properties.

They stated: "There is no cause for alarm, its part of a maintenance schedule for cleaning the pipes, run your taps until the water becomes clear and it is then safe to drink."

One resident said that they had checked the town hall website to see if any information had been posted, but as there was nothing, they then had to contact the water company.

Beach buzz

BEES sparked a buzz in Benidorm when a swarm gathered in the garden

We have a winner!

EWN reader wins car in €15,000 draw



GRAND DRAW: Took place at La Sala.

IAN RADFORD: With EWN's Steven Euesden.

VIRGINIA DELATORRE UNCETA is the winner of the *Euro Weekly News*' Win a Car competition.

Her name was picked from thousands of entries submitted to *EWN* over two months as part of a readers' survey.

The prize, a new Dacia Sandero Ambiance, plus insurance and a luxury meal for two, is worth almost €15,000.

Joining *EWN* publisher Steven Euesden for the glittering prize draw at La Sala Banus, Marbella, were Sala Group Chairman Ian Radford and former Premier League and international footballer Stephen Carr.

He picked Virginia's number, and when Ian called her to break the news, she at first found it difficult to fully accept that she had not only won a new car including tax supplied

by *EWN* Media Group, but also that her prize included a year's free insurance from Abbeygate and a grand dinner at La Sala Banus.

EWN, Spain's biggest and best English newspaper, will use information from the surveys to take another leap forward in what has so far been a defining year for the *EWN* Media Group with the acquisition of several new titles and more to follow.

of a building adjoining the popular Levante Beach.

Police sealed off a section of the promenade alongside Las Palmera, on the corner of Avinguda Alcoi, to protect the public from the angry insects.

The alarm was sounded by residents and shopkeepers as the swarm gathered and a beekeeper - in full protective clothing - called to remove it.

Bees are considered productive livestock because of the honey they produce and are protected by law.

Bon voyage

VALENCIA is set to welcome 208 cruise ships in 2017 with more than 436,000 visitors set to explore Spain's third largest and historic city.

The itinerary is a 15 per cent increase on 2016, and is set to return tourist activity in the port to levels not seen since the heady days of the America's Cup and Formula 1.

Tourism chiefs believe the growth of the cruise market is crucial to the

local economy and said the city was becoming increasingly popular with cruise companies.

Fire funds

THE Valencia government has announced an aid package of more than €200,000 to help communities recover from forest fires that devastated the landscape last year.

The bulk of the grants will go the town halls of Benitachell and Javea, and Bolulla, which suffered fires last September, and to Artana in Castellon, which suffered a blaze in July, last year.

Officers provide a safety net

TWO Guardia Civil officers saved the life of a Muchamiel woman who threatened to jump from her first-floor apartment.

Perched on the windowsill, the 54-year-old woman had taken pills washed down with alcohol and was 'quite drunk' sources said afterwards.

The Guardia Civil officers, unable to enter the apartment after finding that her door was locked, asked neighbours to place a mattress on the ground below in case she

carried out her threat.

The woman chose to jump at that moment but the mattress broke her fall and she was unhurt, Guardia Civil sources said afterwards. She was taken to San Juan Hospital for a check-up, following which she made a statement to the two officers who suggested she seek help from Social Services.

The following day the same woman went to the Guardia Civil headquarters in San Juan and personally thanked the officers who saved her for their 'concern and involvement.'

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Postscript to ponder

19.8

The number of lifts per 1,000 Spanish citizens, placing the country at the top of the global ranking, owing to the fact that 65 per cent of the population live in apartments, the most in Europe.

Spain shows WhatsApp

SPAIN'S National Police triggered an international investigation into a paedophile network using WhatsApp to distribute images of child pornography; leading to the arrest of 39 suspects.

The force discovered dark web sites directing users to private WhatsApp groups used to share illicit images. Arrests in Europe and South America followed after action involving Europol and Interpol. Searches of homes led to the seizure of hundreds of devices containing images of child sexual exploitation.

Rajoy star witness

PRIME MINISTER Mariano Rajoy will have to appear as a witness in the ongoing Gurtel corruption trial, the huge investigation into 'kickbacks-for-contracts' that has plagued the Spanish leader's Partido Popular.

Rajoy was general secretary of the PP while Luis Barcenas, who is accused of running a massive slush fund and squirreling away millions of Euros in tax havens, was treasurer.

Power surge

PEOPLE in Catalonia want greater powers for the region rather than independence from Spain, new opinion polls suggest.

The results indicate 46 per cent of Catalans would support remaining within Spain if the region was granted new and guaranteed exclusive powers. This and the 19 per cent said to be against independence is seen as weakening the case for the region to go it alone.

The poll is said to show pro-independence leaders have misjudged the



Postcard from San Juan de la Pena



THE religious complex of San Juan de la Pena, a medieval mountainside monastery in Aragon, is once said to have sheltered the Holy Grail.

Part of the community of Santa Cruz de la Seros, the spectacular site is around 90km from the provincial capital of Huesca.

Legend is that the chalice used at the Last Supper was sent to the monastery for protection and to prevent it being captured by Moorish invaders. It is said Alfonso V of Aragon presented the cup to Valencia Cathedral in 1438.

One of the most important monasteries in Aragon and within the Pyrenees; it is partially carved into a cliff face that overhangs the buildings; the name translates as 'Saint John of the Cliff.'

The original monastery was built in 920, devastated by fire in 1675, but then restored, with the older parts declared a national monument in 1889.

In the 11th century the monastery became part of the Benedictine Order, and it is believed to have been the first monastery in Spain to have used the Latin Mass.

The cloister was built around 1190 and features biblical scenes.

The second floor of the monastery contains a royal pantheon of kings of Aragon and Navarre; and is a final resting place of royalty.

Modern marble and stucco work recalls historic battles and were added during in the time of Charles III of Spain; around 1770.

mood of voters after months of battling Spanish government in a series of court cases.

Police protest

BAYERN MUNICH has accused Spanish police of 'violent attacks' on supporters during its Champions League defeat at Real Madrid at the Santiago Bernabeu.

The club filed an official complaint to UEFA saying riot police actions were "completely misplaced and excessive" and demanded an explanation. Witnesses claimed police stormed the visitors' section to remove a banner and Bayern fans retaliated; there were some 4,500 at the match.

Big Foot

SCIENTISTS say a fossilised footprint discovered in the north eastern Pyrenees in Spain was left by a previously unknown species up to 248 million years ago.

The print was amongst other tracks made by the ancestors of crocodiles and dinosaurs, a group known as archosaurs - and the reptile looked like a crocodile but had wider legs and measured 1.5 metres long.

Alternative medicine

MORE than half of Spaniards continue to believe homeopathy remedies work and have a basis in science.

In a survey by the Spanish Federation for Science and Technology (Fecyt) 6,300 people were asked if they believed Homeopathic products work.

Despite a lack of scientific evidence to support the curative properties; more than half of the sample group believed the remedies could make a difference.

Motorway gang under arrest

» From Front page

The Guardia Civil arrested eight people under Operation Travel, two other suspects, aged 25 and 32, are still being investigated.

Cars with foreign number plates were selected by the gang and many of the victims were elderly and visitors to the coast.

Operation Travel launched in November after a number of crimes were committed in service areas of the motorway and officers were gradually able to identify a group committing crime along the arterial route.

The gang is said to be behind 108 criminal acts. Those arrested were Romanian citizens and have been charged with belonging to a criminal organisation, robbery with violence, robbery with force, theft, and having false documents.

It is alleged the gang used distraction tactics to snatch luggage or smashed windows of vehicles to take valuables left on show.

Typically they used high end vehicles to travel the motorway and make a speedy getaway; 11 have been recovered by police. Three properties in Castellon have been searched and €10,000 in cash, 25 wrist-watches, 15 suitcases, 17 handbags, jewellery, 20 mobile phones and nine pairs of sunglasses seized.

A spokesman for the Guardia Civil said the gang was divided into 'cells' to commit crimes, and used apartments in communities along the length of the motorway as a base.

"One of the gang distracted victims by asking them for a certain place or an address while another would open a door of the vehicle and remove possessions they had inside," he said.

"On one occasion a woman was dragged several metres by the gang's vehicle as she clung onto a bag."

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Brutal hammer attack

By Jack Troughton

A 70-YEAR-OLD British father who attacked his sleeping son with a hammer in their Denia home is likely to face a charge of attempted murder.

The 20-year-old victim suffered fractures to the skull after being repeatedly struck with the weapon and when his mother intervened to stop the assault, her husband attacked her.

Worried neighbours alerted by screams and shouts raised the alarm and police arrived at the property to find the couple struggling on the doorstep; officers say both were covered in blood and the man still had the weapon in his hand.

A blood trail led to the bedroom where the victim was found with "serious head wounds." It was thought the son was sleeping when he was attacked and was unable to defend himself.

Mother and son were rushed to Denia Hospital. The 20-year-old's injuries were described as "serious but not life threatening;" the mother was released after treatment.

Investigators have not named the family and have given no motive for the attack, but it is understood they have not ruled out the father underwent some kind of psychotic episode.

A judge in Denia later re-



ATTACK VICTIMS: Were taken to Denia Hospital.

manded the father in custody. As well as the charge of attempted murder, he is also likely to face charges of assault against his 40-year-old

wife and possible allegations of gender violence.

It is understood the British family had been living in Spain for around five months.

No complaints have been filed with Spanish police but the authorities are making inquiries in the United Kingdom.

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PEACE OF MIND: Simon Manley meeting community representatives who shared ideas and concerns.

Ambassador talks

By Caroline Tyszka

SIMON MANLEY, the British Ambassador to Spain, met with expatriates last week, with the aim of discussing people's Brexit concerns.

In coordination with the Foreign Office and the Department for Exiting the European Union; representatives from a range of organisations in the area were invited to meet with Mr Manley.

The round table event offered an opportunity to share ideas and concerns directly with the Ambassador and a senior representative from the Department for Exiting the European Union.

Alongside the Ambassador was Sarah-Jane Morris the British Consul in Alicante, Simon Fairweather, Head of Political Team based at the British Embassy in Madrid, and the head of Spanish Healthcare.



POSITIVE TALKS: Simon Manley with Karen Maling Cowles.

The meeting started with a video message from David Jones MP, Minister of State for the Department for Exiting the European Union, who was unable to attend the meeting fol-

lowing the sudden announcement of the June General Election.

A key point was to reassure the expatriate community that securing an early agreement on the status of UK nationals in the EU was a top priority once formal negotiations have begun.

These negotiations, however, will only commence once a very long list of terms is agreed for Brexit. In particular, the government team has prioritised expatriate rights to health care, education, immigration, benefits and contributions.

Discussions included the scaremongering that social media sites and some newspapers were creating. It was clarified that at present, no laws or anything else had been changed, everyone still had the same rights as they did before Brexit was announced, and the Spanish authorities would not suddenly begin deporting British citizens.

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ns about their status.

Brexit

Karen Maling Cowles, a Benidorm businesswoman, said she had been asked by several people to raise the issue of schooling, with many parents concerned that as their children were in Spanish schools, they would have to make alternative arrangements.

"It was clarified that Spain has a legal obligation to provide education," Karen said. "All children between the age of six and 16 have this right, and this will not change irrespective of your nationality."

Questions were raised about the benefits of changing nationalities to become a Spanish national. It was made clear that should an individual do this, they would then not be protected by the consulate should the need arise. It was confirmed that, so long as a person has residency, they would continue to have the same rights as a Spanish national.

Karen said: "It was a really positive meeting, with an opportunity for us all to express the concerns of our communities."

"A key point for me is that everyone should stay calm about the whole process, once completed the effects on expats will be very minimal, if there are any at all. It is not in Spain's interest for us to up and leave."

OUR VIEW

Still disenfranchised

ON more than one occasion Theresa May said she would not call an early election, but she now believes she can defeat Labour.

It is most infuriating for those expatriates who were promised the right to vote in the last Conservative manifesto to miss out not only on the referendum, but now what could be the most important general election for decades.

Whilst civil servants will shortly go into 'purdah' which means that they cannot comment on political matters for six weeks prior to the election, it was clear there was insufficient time to introduce legislation to return the franchise to those who had left the UK more than 15 years ago.

We make no secret of the fact that at the *EWN Media Group*, we are committed to life and business in Spain but as British passport holders, we feel it only fair that we should be able to have an element of input to the future of the country which many of us didn't last year and won't again this year.

It seems that the UK is divided regardless of what Mrs May says and it is too early to know too much about manifesto policies from each party, but within the next few weeks we will see whether this snap election becomes a second referendum.

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GUADALEST: Reservoir holds a valuable resource.

What a waste of water

By *Caroline Tyszka*

IT would seem that there is no happy medium when it comes to the Costa Blanca reservoirs, with 100 Hm3

being released into the sea in the past three months.

The Consortium of Waters for the Marina Baixa has called on the Júcar Hydrographic Confederation (CHJ)

to put into place an infrastructure which could benefit from the excess water collected in the reservoirs; as opposed to 'throwing it away.'

The 100 cubic hectometres of water, which was released from the Amadorio and Guadalest reservoirs, equates to almost 10 times the annual amount that Benidorm consumes in drinking water, and ironically follows three years of intense drought.

The reservoirs reached breaking point following the heavy rain and snow that fell at the beginning of 2017. This has resulted in the CHJ now seeking alternative ways to save the valuable resource.

A possible solution proposed is to study the viability

of raising the dams, and to take advantage of when they are empty to dredge the sludge at the bottom, giving the reservoirs more capacity.

The Water Consortium have also suggested that the regulated maximum amount that the reservoirs are allowed to hold is raised, with capacity being almost 3 Hm3 more than the current 25.93 Hm3.

With the two reservoirs at critically low levels in December, and then overflowing by the end of January, a solution needs to be found; although it seems that there is no quick fix.

NEWS EXTRA

Happy shift

NURSES at the Denia Hospital will now work 12 hour shifts. In recent trials at the hospital, the new working pattern resulted in less absenteeism, happier staff and happier patients.

New HQ

PLANS for Benidorm's new National Police headquarters will be ready by late May. They will be publicly displayed and submitted immediately afterwards to the Interior ministry for approval.

Building fine

ALCOY Council has been ordered to pay €104,000 to the construction company building the Barranquet centre for the mentally ill in the town. The high court made the award because of delays on the council's part.

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Veteran smuggler

By Jack Troughton

AN elderly smuggler was arrested at Valencia's Manises airport attempting to carry more than 2kg of cocaine into Spain.

The 71-year-old Argentinian was arrested by Guardia Civil officers as he collected a checked-in suitcase in the baggage hall on suspicion he was involved in smuggling drugs.

The suspect arrived on an international flight from Cartagena in Colombia via Medellin in the Latin American country.

And a search of the luggage revealed 2.08kg of cocaine hidden in a suitcase discovered to have a false bottom. He was arrested and charged with drug trafficking.

The border guards made another arrest two days earlier when they stopped two Chinese nationals, aged 44 and 47, who had 390 packets of tobacco secreted in their luggage.

The pair arrived from China via Frankfurt and were arrested and charged with an offence under contraband laws.

The Guardia Civil at the airport has



CONTRABAND CATCH: Tobacco discovered in luggage.

stepped up security and surveillance measures in a bid to "eradicate" smuggling contraband, including tobacco and drugs.



CRANE AND ABLE: The car is recovered.

Crash dive car wash

A DRIVER escaped with just a soaking after losing control of his car and ending up submerged in sea water at the mouth of the River Gorgos in Javea.

The 47-year-old's white Opel Minerva smashed through railings before plummeting off the Triana Bridge and rolling onto its side in the waves in around 1.5m of water.

The driver was able to climb free of the vehicle as it filled

with water, before he walked to the nearby Guardia Civil barracks for help. He was assisted by officers and members of the Red Cross.

He was found to be largely unhurt despite plunging into the water at around dawn on Monday morning; however, he was taken to the health centre suspected of suffering mild hypothermia.

It is not known what triggered the accident. The car left

no tyre marks on the road but mounted the kerb and smashed through the barriers.

A crowd gathered later in the morning to watch a crane lift the damaged car from the sea, shopping bags and a first aid kit left floating in the water along with other personal items.

The Local Police sealed off the pavement on one side of the bridge for safety reasons and the damaged railings were later removed.



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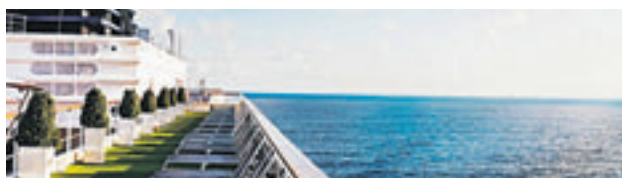


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Horizon has gained some of her experience sailing under the guidance of Celebrity Cruises and not Royal Caribbean.

Speaking of the crew, Horizon's fun and vibrant atmosphere is created through the passion that they have to ensure everybody is enjoying themselves. Whether you are relaxing by the pool or working up a sweat in the gym; they will do everything they can to offer the most enjoyable experience on the seas.

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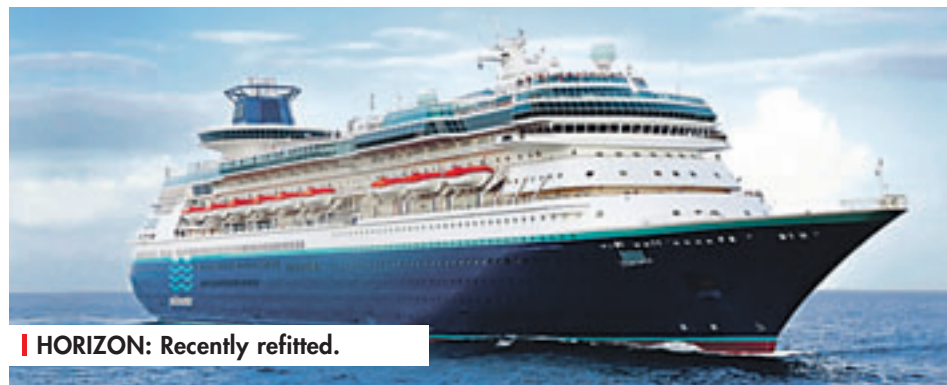
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Photo credit: Benidorm town hall

RESTORATION: Rosa de los Rios and Toni Perez with officials and councillors.

A worthwhile lookout

THE dilapidated Les Caletes lookout tower and Punta del Cavall cliff are to have a €350,000 facelift.

The cash will come from Costas, the Environment Ministry's Coastal Authority. Rosa de los Rios, who leads Costas in Alicante Province, visited Les Caletes recently. She was accompanied by officials from the national and regional governments as well as Benidorm's mayor, Toni Perez and local councillors.

De los Rios admitted that the 16th century monument, part of the defence system protect-

ing the coast against the attacks of pirates and enemies, was very deteriorated. "It is essential to solve its structural problems before it's too late," she said.

"This is of great cultural and scenic value and is located in a unique setting. That is why the ministry has responded so rapidly," declared De los Rios. Although Punta del Cavall will be tidied up and the tower saved from further ruin, there were no plans to reconstruct it.

The architects and archaeologists responsible for the restoration project have pointed

out that there are no records of the tower's original appearance, the Costas chief revealed.

"Returning it to an ideal state would misrepresent reality, and that is not what we want," De los Rios said. "Work will take three months and should be finished in time for the summer," she added.

"Benidorm people used to come up to the tower 500 years ago when it was a lookout. What we are doing now, changes things round and now people will come up here to look at the tower," Toni Perez said.

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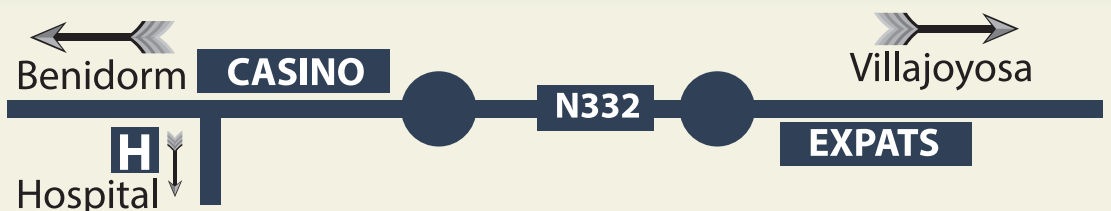
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If you have worries or concerns regarding the Brexit or if you would like any other expat advice please do come and visit us.

Good but not excellent



Photo by Brett Hodnett

OCCUPANCY: Benidorm full over the recent holidays.

DESPITE Benidorm's high occupancy over Easter, takings were lower than last year's.

"We worked very well and everywhere was full," said Javier del Castillo, president of the bar and restaurant-owners association Abreca-Cobreca. "But people

came with a tighter budget and looked more at prices than on other occasions."

Del Castillo, who owns several establishments in the centre of Benidorm, explained if clients were spending €18 a head in the past, this year they spent €16.

"You hardly notice that with one table but if you take into account every service each day of Easter Week, then we have lost out on hundreds of euros," he said.

Del Castillo's colleagues were in agreement and one of them described the situation more graphically: "We sold more eggs than chops."

Despite these minor grumbles, restaurateurs and hoteliers were satisfied with the volume of visitors. "It was very good and there were more people and movement than last year. If it wasn't for the lower spending, it would have been excellent," Del Castillo said.

"The challenge for Benidorm is not quantity but quality. We have the quantity, especially at times like Easter Week. But we need tourism with a middle to high-end profile," he concluded.

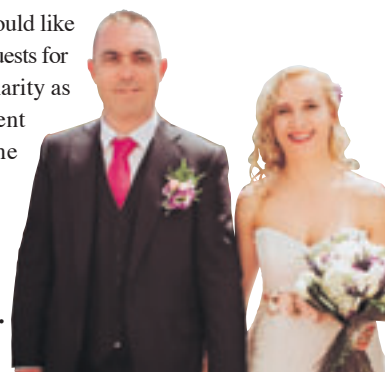
It's a furry affair!

DAVID, proprietor of Tony's Money Exchange in the Indoor Market, and Simona, owner of Simona's hair salon, finally tied the knot on Saturday April 22 in Altea.

David's 11-year-old rescue dog Bailey played a big part in the ceremony as she was the official ring bearer.

Instead of buying wedding favours for the 100 guests the couple decided to donate €500 to SPAV, an animal protection association in Villajoyosa. Guests were also welcome to make further donations via a collection tin and leaflets were available explaining the work that SPAV do. Both David and Simona would like to thank their guests for helping this charity as every single cent is spent on the animals.

CHARITABLE PAIR: David and Simona.



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HEALTH conscious shoppers from Benidorm and it's surrounding towns can now complete their weekly food shop safe in the knowledge it is certifiably organic, thanks to a brand new supermarket which has opened near La Marina Portal.

Ecorganic, an exciting new concept for the town, has over 6,000 organically certified products on its shelves which range from fresh fruit and vegetables, cereals, meats, dairy products, bread, pasta, tinned good, baby food, juices, beers and wines to ethical beauty products, cleaning goods and pet foods.

The ethically sourced meat is delivered direct from meat farmers in the north of Spain.

The large and airy store also has an extensive range of economically priced bulk produce including cereals, nuts and seeds, macrobiotic foods, gluten free products and hundreds of vegan and vegetarian-friendly items.

Founder and head of the company, Elisabeth Hofmann, along with husband Pello Aizpuru started the company five years ago, with a small organic store in the city of Valencia.

Benidorm goes organic

Since then they have slowly expanded their concept across the Valencia Region, opening two more shops in Valencia, Ondara, Denia and another in Alcoy, Concentaina. The Denia store is their largest to date and the couple now have a total of 85 employees working in their company.

The Benidorm store, Ecorganic's seventh supermarket

was designed and fitted out by Project Director Jesus Herrera, who has created a bright, spacious environment for customers to browse amongst their impressive range of products.

Marketing Executive Gloria Salinas explained: "We want people to be able to find what is right for them," she said, "We also have a product range called Economic,

which has items throughout the store, guaranteed to be the best possible price always."

The Ecorganic Benidorm supermarket is open Monday to Saturday from 9.00am to

9.30pm and has ample free parking directly in front of the store.

It is situated on Avda. Federico García Lorca 20, local 2. 03509 Finestrat. Ecorganic is

positioned next to Tiendanimal and KFC, in a separate building very close to the La Marina Shopping Centre. For more details and further information on Ecorganic visit their website www.ecorganicweb.com or the Facebook page [ecorganiccomercat](https://www.facebook.com/ecorganiccomercat). Alternatively call them on 965 270 128 or email at benidorm@ecorganicweb.com.



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Photo by Yassan_Yukky

ALICANTE: The city hall and all political parties in favour of 40,000 square metre store.

One voice over IKEA

ALICANTE City Hall still hopes to persuade Ikea to open a store in the Rabasa area.

Undeterred after the Swedish multinational cancelled a Madrid meeting, the three-party alliance plans to reoffer the Rabasa site with an adjoining shopping complex.

This would be reduced to 40,000 square metres instead of the 80,000 square metre complex that Ikea executives put forward during their one and only meeting with the current team now at city hall.

Deputy mayor and Urban Development chief Miguel Angel Pavon of the Guanyar party and city hall spokesman Natxo Bellido from Compromis, agreed that all parties on the council "now speak with one voice."

It was agreed that the 80,000 square metre complex was "unacceptable" for Alicante City and all political parties, including the opposition, were now in favour of the 40,000 square metre compromise.

Although the Partido Popular backed the new proposal, its councillors Luis Barcala and Carlos Castillo believed there was a 95 per cent probability that Ikea had "definitively" abandoned its intention of coming to Alicante City.

Yaneth Giraldo, councillor for another opposition party, Ciudadanos also appreciated city hall's change of heart, welcoming the decision to negotiate and drop its dogmatic "Ikea yes, macro-centre no, stance."

NEWS EXTRA

Prize wines

VALL DE XALO muscatel and Riurau 2014 mistela won respective gold and silver medals from Valencia's Proava Wine Competition. Both wines were produced by Bodegas Xalo.

Clear treat

FINESTRAT water destined for La Cala and Sierra Cortina urbanisations will first be treated at Benidorm's two plants to prevent the cloudiness that occurred this winter.

Cold nights

A SAN JUAN hospital porter denounced the management for not supplying him with a jacket. He was frequently cold when working nights at the doors of A & E, he complained.

Clean track

REGIONAL operator FVG will spend €60,258 on clearing culverts and verges bordering the Luceros-Benidorm Line 1 TRAM track. Many are still littered with the debris from last winter's storms.

Spruced up

ALCOY City Hall granted 31 of 50 licences for rehabilitating old buildings under the €3.5 million ARRU rehabilitation scheme. A total of 387 property owners will benefit, in the northern and southern areas.

No refuge

A 34-YEAR-OLD Gandia squatter who hid in a cupboard during a fire suffered third degree burns to 80 per cent of his body. Sadly, he was unable to recover and died shortly afterwards in hospital.

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With Article 50 triggered, Britain is on track to leave the EU in under two years, on 29 March 2019. The surprise June UK general election is unlikely to change this, as the two key parties have committed to honour the referendum result.

While we still have no certainty about how Brexit will affect expatriates in Spain, there are steps you can take today to future-proof your financial planning.

1. Consider securing your EU residency

The two-year countdown is underway for current residency and freedom of movement rules. While we can expect a fresh reciprocal agreement between Spain and the UK to protect expatriates in each country, the new rules may be less favourable than today. So if you are still a UK resident but want to live permanently in Spain, take steps now to secure your position.

Once resident here, you receive the same tax treatment as other Spanish residents. Non-residents, however, may face higher taxes after Brexit. When it comes to income tax, for example, Spain charges more for non-EU and non-EEA residents. Also, non-EU or EEA residents may not qualify for the generally lower rates offered by the regional autonomous communities

Four ways to prepare as the clock ticks down to Brexit



By Gerald
Turner, Partner,
Blevins Franks

for wealth, succession and gift taxes.

2. Review your pensions

As things stand, Brexit should not affect how you can withdraw or transfer UK pension funds. However, the UK's new 'overseas transfer charge' could indicate post-Brexit changes. Since 9th March, a 25% tax applies to UK pension funds transferred to a Qualifying Recognised Overseas

Pension Scheme (QROPS) outside the European Economic Area (EEA), unless you live in the same jurisdiction. Other QROPS transfers remain free of UK taxation, but liability lingers for five tax years after the transfer date (transfers made before 9th March 2017 are exempt).

Currently, expatriates in Spain transferring to an EEA-based QROPS (including Gibraltar) avoid this tax. But many think the UK government could use Brexit to recoup revenue from UK nationals abroad with further 'exit taxes' on pension funds. They could also change the rules to make it harder to take advantage of today's high transfer values for 'defined benefit' (final salary) pensions. So consider acting now, before Brexit closes the current tax-free window. However, ensure you take specialist, regulated advice to avoid pension scams and

establish the right solution for you.

3. Avoid overexposure to UK investments

While markets have proved quite resilient to Brexit news so far, we cannot predict how the UK economy will continue to react. In uncertain times like this it is more important than ever to have a well-diversified portfolio to help ride out market turbulence. Ensure your portfolio minimises risk by spreading investments across countries, currencies, regions, asset types and market sectors.

4. Look for currency flexibility

With the fortunes of the pound and euro so tied up with Brexit developments, you should explore the best currency mix for you. Consider using structures that allow you to hold investments in multiple currencies and convert when rates are favourable, including flexibility to choose the

currency of your withdrawals.

In any case, you should regularly review your affairs to ensure your assets and investments remain suitably diversified and tax-efficient for your unique situation. The ticking of the Brexit clock makes this even more essential. A locally-based adviser can help you understand the cross-border implications and be fully prepared so you can continue enjoying your life in Spain, whatever Brexit brings.

Summarised tax information is based upon our understanding of current laws and practices which may change. This article is general in nature and should not be construed as providing any personalised taxation and/or investment advice. Individuals should seek personalised advice.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com.

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Local team wins desert challenge

JACINTO LLORENS and Beatriz Carrion, both from La Nucia, won the 12th edition of the Maroc Challenge.

Representing the Peke-

cars team, they drove more than 2,200 kilometres over tracks, deserts and Moroccan roads to win the rally's Adventure C1 category in their 1988 Renault 4.

Llorens and Carrion recently visited the town hall where they were received by La Nucia's mayor Bernabe Cano and Sports councillor Sergio Villalba.

Driver and co-driver outlined to their hosts the difficulties of the challenge which, with more than 170 vehicles competing, was the most demanding yet.

The Pekecars team won the first two stages and came second in the third but slumped to eighth on the fourth day owing to a faulty thermostat caused by the high temperatures. Llorens and Carrion then won the fifth stage and came fifth in the last Erfoud-Merzouga leg.

All the rally cars had to be registered before 2000 and despite the Renault's thermostat problem, it was the most regularly-performing vehicle in the rally.

As always the teams brought with them humanitarian aid and supplies for the Hassilabied Association which works on educational, social and cultural projects as well as the integration of women in Morocco's



DEMANDING CHALLENGE: For Jacinto and Beatriz.

most disadvantaged villages and areas.

A case of 'third time lucky' for Jacinto Llorens' who has competed on two previous occasions, this was Beatriz Carrion's debut as a

rally driver. "It was a dream come true to come first in my first Maroc Challenge. It was an incredible experience, where we stretched ourselves to the limit to win," she said.

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Extenuating circumstances for sexual predator

A CALLOSA man who groomed and sexually abused a girl of 12 will go to prison for five years.

The Public Prosecutor recommended an eight-year term, but a tribunal of Alicante high court judges reduced this to five as the accused had attempted to compensate the girl with €3,000 despite being insolvent.

The man, who was married and had a daughter, was already known to the girl and had contacted her via Facebook.

After gaining her confidence he maintained full sexual relations with her from September 2015 until June the following year.

Sometimes they met in his car, which he parked in an out-of-the way place, and

sometimes at his home.

Sources close to the case revealed that the girl was in love with the man and was convinced that he would take her back to Ecuador and marry her. She admitted to

the tribunal that their relations were consensual although earlier she had denied this to the examining judge.

The judges considered that her court statement was con-

sistent with the contents of online communications between her and the man.

He acknowledged their relationship in court and declared that he was aware of her age.

This admission and willingness to admit his guilt prompted the Public Prosecutor to recommend an eight-year sentence instead of 12.

As well as the five-year-

prison sentence, he is also barred from coming within 300 metres of his victim for 10 years. Neither may he work in any profession bringing him into regular, direct contact with minors.

Orange alert

LA CALA DE VILLAJOSYA is to have Orange Zone parking from June 15 to September 15.

This will affect 153 parking spaces in the Mariners, Mitgiorn, Marinada, Llebeig, Rosa de los Vientos and Tramuntana streets. This last street will be excluded on Tuesdays and Saturdays when the open-air market is installed there.

There will now be a maximum parking time per vehicle of four hours, 20 minutes between 9am and 8pm.

Villajoyosa Town Hall decided to introduce the system so there is a more fluid rotation of vehicles, explained the town hall's Traffic and Security department.

This will also improve access to local shops and businesses in the busiest beach and tourist zones.

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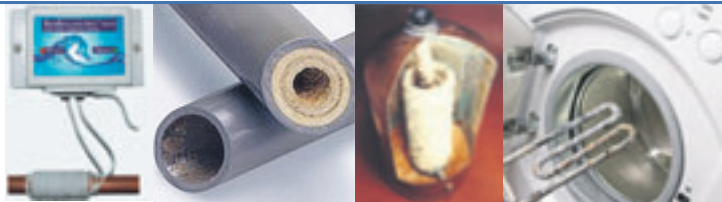
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Airport a step nearer



Photo credit: Pixelet

LA MARINA TRAM: Citizens' dreams of moving around freely may come true.

LONG-CHERISHED dreams of continuing the Alicante TRAM as far as the airport could soon be halfway there.

They are nearer to becoming reality thanks to Alicante City plans for diverting traffic away from the seafront. This enters into the council's ambitions for what Mayor Gabriel Echavarri described as a "means of collective and public transport that guaran-

tees citizens' freedom of movement."

The seafront plans include reopening the closed section of TRAM from the Postiguet beach and La Marina station to Plaza del Mar and extending the line as far as San Gabriel.

From the existing and now disused halt at Plaza del Mar the TRAM would continue for approximately 3.5 kilo-

metres along the Rambla and Canalejas, past the Bus Station and Casa del Mediterraneo and other frontline streets before reaching Parque Joan Fuster in San Gabriel.

From here there would still be another 8.5 kilometres to cover before arriving at Alicante Airport, although according to city hall there are no immediate plans to do so.



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Twin town triumph



BENIDORM DELEGATION: Visiting and forging links with twin city of Manizales.

BENIDORM continues to forge links with its twin city of Manizales, Colombia, which now has a hotel and a square named after the Costa Blanca resort.

A delegation comprising current mayor of Benidorm, Antonio Perez, former mayor Agustin Navarro and Servigroup Hotels president Jose Maria Caballe visited South America to attend the Ibero-American Sustainable Cities Congress in the coffee-production capital.

During the event, Benidorm was presented as a model of urban sustainability with its waste collection and water management particularly praised.

The men were also guests of honour at the inauguration ceremony for Plaza Benidorm, which was built after Benidorm named a city centre square Plaza Manizales.

Later in the day, the group officially opened a new 300-capacity conference centre in the Hotel Benidorm, where they were joined by the mayor of Manizales Jose Cardona among others.

They were then served cocktails by local students who are involved in a hospitality management course run by Colombian universities, the Servigroup chain, and both cities, which have been collaborating for the last five years.

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BREXIT AND POSSIBLE EFFECTS ON INHERITANCE TAX

In 2014 the European Court of Justice issued a sentence that made it illegal for Spain to charge European Union residents more than Spanish nationals or residents in inheritance tax.

Pellicer & Heredia helped many non-residents not only reduce the taxes that they paid, but also claim back the overpaid taxes already paid in the previous four years, including inheritance tax and donation tax.

HOWEVER - with BREXIT could all this change again?

If the free movement of citizens is removed and European regulations no longer apply to British nationals, this could impact on the taxes that UK nationals must pay when residing in Spain.

One of the biggest impacts will be on **inheritance tax**.

British nationals within the Eurozone at the moment have exceptional tax benefits in inheritance procedures, compared to those living outside of Europe (for example Canadians, Americans and Australians). With Brexit these exemptions MAY BE removed.

PRE BREXIT

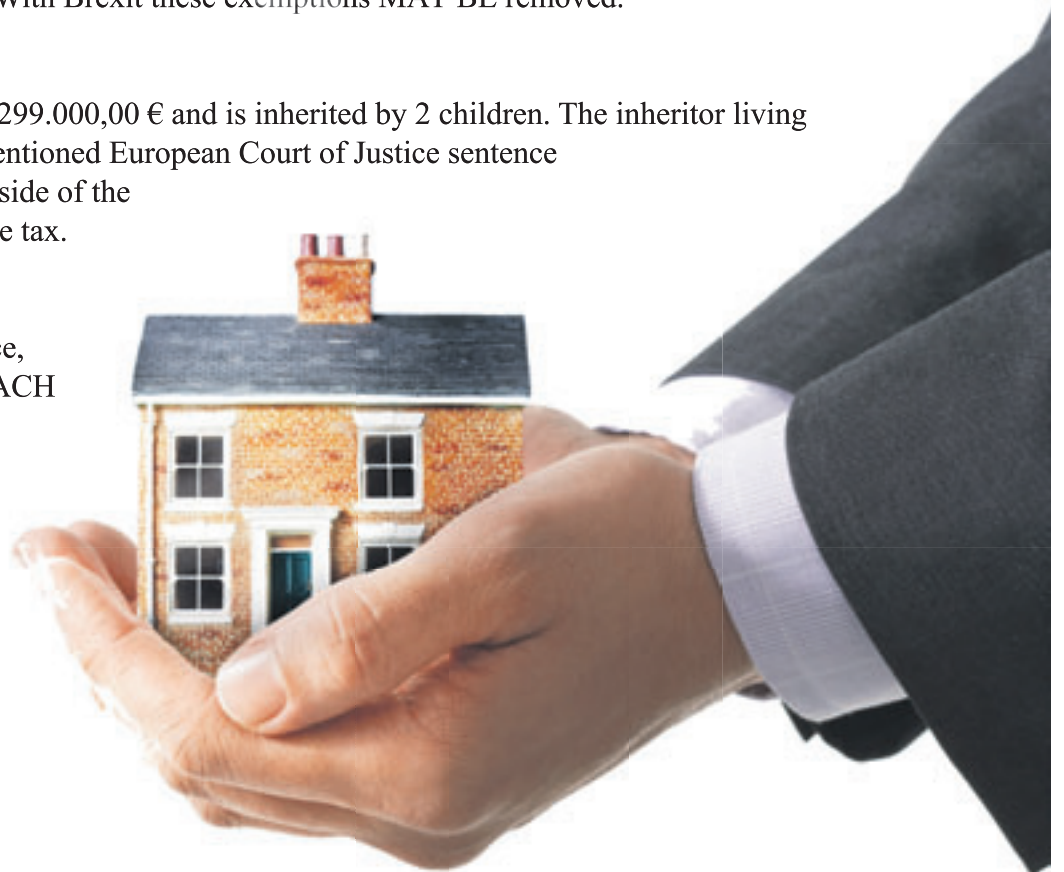
The inheritance of a property in Alicante has a declared value of 299.000,00 € and is inherited by 2 children. The inheritor living in the UK would ...**PRE BREXIT**... be protected by the aforementioned European Court of Justice sentence and would not pay any inheritance tax. The other child living outside of the Eurozone would have to pay more than 18.000,00 € in inheritance tax.

POST BREXIT

Neither child would be protected by the European Court of Justice, resulting in both children having to pay more than 18.000,00€ EACH in inheritance tax.

As you know, it all depends on a political decision and we will need to wait and see how this situation is resolved in the near future by the Governments.

At Pellicer & Heredia Lawyers we always recommend to seek independent legal advice and do tax planning trying to see all possible scenarios. It is very important that all your concerns are properly dealt and discussed with your lawyer to be able to get best legal and tax advice.



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Advertising feature

Valuation of properties in successions and inheritance in Spain. Issues to be considered

Dear Lawyer,

We are the heirs (two sons domiciled in the United Kingdom) of a property that my father has in Denia (Costa Blanca) Spain, and we want to know what value we should give to the property that we are going to inherit, and what we should take into account in order to value it. Thank you for your advice.

Dear Reader, thank you for your enquiry.

In an earlier article, we explained how to value a real estate asset for the purposes of an inheritance in Spain: In the Valencian Community, coefficients are provided by the authorities, for which it is necessary to multiply the cadastral value of the property, which will result in what is known as the real value of the property for tax purposes, or the minimum tax value. You can calculate and obtain this value on the website of the Generalitat Valenciana.

This minimum tax value, in principle, implies the minimum value acceptable by the taxman, that is, if you value the property below it, it is very likely to be revised, since it would be understood that it is not according with the real market value.

But there are other issues to consider in order to fix the value of a property. For ex-

ample, it is possible that the minimum tax value is not realistic and also that it is not appropriate for your specific circumstances. Thus, in order to determine the value of the property correctly and in a fiscally efficient manner, it is necessary to know the minimum tax value, but also the approximate real market value, if the heirs wish to sell the property after the inheritance, or if they will keep it for years, etc.

An example:

Imagine that in your case, you want to sell after the inheritance, and although the minimum tax value of the property is €100,000, the market value is between €160,000 and €200,000. If you are the children of the deceased, and resident in the European Union, the inheritance and gift tax (IHT) of the Valencian Community Law is applicable, each of you will have a reduction of €100,000, that means for the first €100,000 that each of you receives from your father, you will not pay IHT, in Spain.

In this case, even if the minimum tax value for the full property is €100,000, fiscally and considering the market value and their intentions of selling, it would be advisable to value the property for about

€180,000 or even €200,000, which would mean that each one will inherit a half of the property, for a value of €100,000 each, and you would not pay IHT, for the reduction mentioned.

Thus, in the future sale, if each of you sell your half for the inherited value of €100,000 or less, you will not have a Capital Gain.

Therefore, in the case indicated, it is advisable to fix the value of the property in an amount higher than the minimum tax value, as the heirs would not pay inheritance tax, and also, in an eventual future sale, would not pay Capital Gains Tax, by selling for the same or less than the inherited value.

If you are going to inherit in Spain or want to design a fiscally efficient inheritance, contact us, we will help you.

The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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Costa Blanca fashion week



FASHION WEEK: Young international designers and models from around the globe.

EURO WEEKLY NEWS is delighted to be supporting the Costa Blanca Fashion Week, best male and female model 2017.

The fashion week, being held at the Oscar Esplá Auditorium in Benidorm on May 11-13, is the fifth such event organised by the Sukier Model Agency.

Young international designers and models come together from around the globe to compete against each other, with participants coming from afar afield as Sri Lanka, Armenia, Venezuela, Latvia, and the Do-

minican Republic.

The competition provides an opportunity for new young talent to showcase their catwalks and designs at a professional level, and make new friends.

Sukier Vallejo Marte, founded the agency in 2003 with his late husband James Shearer, who passed away in December 2016.

Sukier said: "This non-profit event continues to demonstrate that the Alicante region is a worthy reference point in the sector, at both a national and international level. Whilst it will be the first year without

James by my side, he is forever in my thoughts and helped make all this possible for so many young talented designers and models."

On Thursday May 11 the show starts at 8.15pm with fashion designers from Sri Lanka, Spain and Columbia. Friday from 8pm it will be the turn of young talent from Bolivia and Armenia, concluding on Saturday evening with a grand gala and the announcement of best male and female models 2017.

Further details can be found at www.sukiermodel.com.

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Two shades of grey

THE principal entrance to Altea's parish church has been repainted and looks as it did more than a century ago.

The Nuestra Señora del Consuelo church was built with wooden doors in 1910.

In 1915 they were faced with zinc sheets and then painted grey using paint left over from the newly-constructed railway bridge over the River Algar.

Exactly 102 years later the door has been repaired, missing studs replaced and also repainted. Once again paint left over after reconditioning the Algar bridge has been used, to the satisfaction of some Altea churchgoers who were unhappy when the door was painted green 10 years ago.

The cost was covered by €2,000 left over from their 2015 Fiestas budget, explained the president of that year's organising committee.

Ordered to attend fiestas

FORTY-SEVEN firemen from the La Montaña brigade were ordered to work overtime during Alcoy's Moors and Christians fiestas.

The firefighters, who also cover the Cocentaina and Ibi area, recently decided to ban all overtime until the situation improves and a solution is found for personnel shortages.

"After several rounds of talks, when it looked as though an agreement was in sight we were told 'no'," said Alex Mora, spokesman for the Cocentaina and Ibi brigades.

Despite the overtime ban they recently received a decree obliging them to work extra shifts

during the Alcoy, Bañeres and Onil fiestas.

This was signed by the sub-inspector from the Provincial Consortium of Fire Brigades which is attached to the Alicante Diputacion.

As there would be insufficient firemen on hand during the firework displays with their huge crowds, 47 men were ordered to work, "Our lawyers tell us the decree is illegal," Mora said.

Although they intend to obey orders, they are prepared to take legal proceedings, the spokesman said. They are also intend to call meetings to decide what steps they should take next.

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Wacky-races run

THE *Euro Weekly News* are delighted to be supporting the 2017 Benidorm Bangers charity rally.

The event, which involves 52 old, brightly and comically decorated cars, sets off from the Ace Café, London, on Tuesday May 2 at 12.30pm, arriving in Benidorm on Saturday May 6 at approximately 2pm.

One team from Peterhead, the Bloo Toon Loons, are raising funds for Spina Bifida Hydrocephalus Scotland with their Thomas the Tank Engine car, with donations already approaching £3,000.

Most of the cars are supporting a charity of their own choice, but in addition, every car will also be supporting the Benidorm Busy Bees charity, each bringing a box of items for the local children's homes it supports.



PETERHEAD: Bloo Toon Loons raising funds with their Thomas the

Rob Scott one of the organisers said: "We have had a fantastic response from the teams wanting to give for Busy Bees, even people not taking part have donated items."

Rob has left nothing to chance, having already done

a dry run with another member of the group, Sugar, a month ago. The rally will also be accompanied by a support vehicle, which Sugar, a former AA roadside assistance worker, will be co-driving.

"Nothing is being left to

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Tank Engine car at the charity rally.

chance," said Rob. "We have even arranged for a scrap car person to remove the vehicles not returning to the UK, we won't be dumping any of the cars in Benidorm."

Each day on their travels the teams are set a challenge. On day one as they

are leaving the Ace Café, and approaching the M25 each team needs to play Highway to Hell by ACDC. When they board the ferry they must play Sailing by Rod Stewart, and finally when disembarking the tune to play will be Don't Pay the Ferryman by Chris De Burgh. Organisers say that points will be awarded for 'major noise pollution.'

When the teams arrive at the resort they will have a police escort to the Levante beach front, organised by Angelo and his team at the White Lion. Later the cars will be on show in the Jokers car park.

"We cannot thank Angelo from the White Lion and Pedro at Jokers enough," said Rob, "Their support, and that of the Local Police, has helped our event raise much needed funds for various charities."

Learn the language

VILLAJYOYOSA is organising Spanish lessons to assist the social and cultural integration of immigrants.

The courses will be held on Mondays and Wednesdays, from 10.30am until 11.30am and on Tuesdays and Thursdays between 4pm and 5pm.

There will also be a support course for those intending to sit the Knowledge of the Constitution and Spanish Society exams that are required for immigrants wishing to take Spanish nationality. This course is still at the registration stage.

There will also be literacy lessons each Tuesday and Thursday from 10.30am until 11.30am.

"All residents who are interested can come to our offices in Lar del Pensionista to register," said Social Welfare councillor Jose Ramon Ucles.

"Owing to the great demand, we are continuing with these courses to ensure that immigrants can become a part of the community as quickly as possible," Ucles continued.



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Rain down the drain

SAN JUAN has produced plans to control storm water inside the northern part of the town.

Local mayor Jaime Albero has now met the Director General for Water, Manuel

Aldeguer to discuss the project. San Juan has been asking the Generalitat for a solution for some time but this is now more of a priority than ever, Albero impressed on Aldeguer.

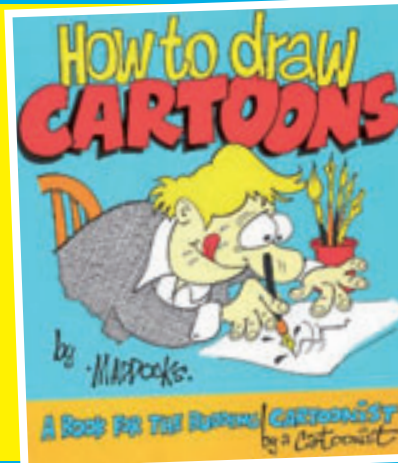
San Juan was badly affected by the December and January storms which caused damage both to private and public property, the mayor explained. The Local Police station and municipal archive were damaged, but the San Juan hospital suffered most of all, he said.

During periods of heavy rain a storm water collection sewer in northern San Juan could absorb and channel water that arrives from four different Muchamiel zones, Albero explained.

Costing more than €4 million this would supplement the storm drain system installed in 2008 in the Benimagrell and Santa Faz areas.

The project was drawn up by Mancomunidad de L'Alacanti, a consortium of six towns that share some municipal costs and services. The plans are now being studied by Directorate General for Water specialists so that work can begin without delay once the go-ahead is given.

PETER MADDOCKS



Link for Peter's books:

http://www.amazon.co.uk/How-Draw-Cartoons-Peter-Maddocks/dp/1480221929/ref=tmm_pap_title_0?_encoding=UTF8&qid=1454421695&sr=8-1

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Auction success

By Caroline Tyszka

THE first Giving4Giving auction was a resounding success, with buyers keen to grab a bargain, helping much-needed funds for local charities.

Auctioneer Hazel Layt, who ran Costa Blanca Auction House for more than seven years, was assisted by Pauline Pope. Both moved quickly through the 279 lots with a screen displaying each item up for auction.

Two local ladies at the auction were Mal Ritchie and Julie Willis, who had browsed the lots and selected their favoured items.

Mal said: "I think this is a fantastic idea, it gives people an opportunity to pick up a bargain whilst helping a very trustworthy charity."

In addition to accepting single items the Giving4Giving auction house offers property clearances. Offering anyone who is relocating or just having a clear-out the opportunity to earn a bit of money whilst supporting the charity's new venture.

Gary from Giving4Giving's said: "I would like to thank all our volunteers, without whom this would have been an impossible task, it was lovely to see so



ABOVE: Gary with Hazel (R) and Pauline.



RIGHT: A full auction room.

many members of the public come and support Giving4Giving." The auction house is on the Poligono industrial estate, Alberca, Calle de Villajoyosa no 3, behind the Vidal supermarket and just off the CV70 when entering La Nucia.

The next auction is scheduled for the beginning of May. Anyone looking to buy or sell can contact the auction house

by telephone on 604 383 702 (Spanish) or 0044 7949 718562 (UK). Alternatively visit the website www.giving4giving.com/auctionhouse/, Facebook page Giving4givingcharityauctionhouse or email g4gcharityauctionhouse@hotmail.com.

San Juan town hall



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ALFAZ DEL PI / ALBIR

NEWS

THE camping Almafra site in Alfaz del Pi transformed into a sea of red and white as expats celebrated St George's Day at the weekend raising over €4,965 for charity.

Over 500 guests danced, waved their flags and enjoyed the bar and food facilities throughout the sunny afternoon, catching up with old friends and making new ones.

The packed afternoon of entertainment was provided by Jo Lynne, Tina Turner tribute, The Fantastics, The Rat Pack and Ron on the Rocks. With Matt King, local DJ and drama teacher, stepping in at the last minute to compere.

The lucky winner of the entrance ticket prize draw for a Galaxy Samsung tablet was Lesley (Aqua) Taylor, whilst the winning bid of €80, for a signed Brighton Hove and Albion shirt, went to a very happy Con Breslin from Birmingham. A draw for those who purchased a St George's flag, with the winner getting

Flying the flag

breakfast for two at John and Joseph's in Benidorm, combined with 10 prize envelopes at €10 all helped to make the amazing total, exceeding last year's €4,525.

Many local businesses helped support the event, with one of the organisers Susan Rush overwhelmed by the generosity of the community.

She said: "Without our sponsors we would not have been able to offer such great prizes or put on such a variety of entertainment, we cannot thank them enough for their continued support."

This year's chosen

charities are the Alfaz del Pi food bank and the Busy Bees Charity. Both organisations work tirelessly to support children, individuals and families in need.

BIDDING WAR: Winner Con Breslin.



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Imagination on canvas

MADRID-BORN artist Ana Maria Rodriguez Romero - aka Fefey - has her exhibition 'Emotion through Painting' at the Foundation Frax de L'Alfas del Pi, until May 28.

The painter soon discovered her vocation as a child. She began painting at age 10, and began her preparation training for Fine Arts at the Artium Peña Studio. At 18, she entered the Solana Studios, under the direction of the painter Juana Alonso, where she learned the techniques of oil, acrylic, landscape, portrait and figure, basic fundamentals of abstraction and colour. Shortly afterwards she began studying the world of sculpture at the Academy of Athena Art.

"In 2015 I joined AEDA, Spanish Association of Watercolourists, to discover this art which is so mysterious, difficult and unpredictable," said the artist. "Here were great masters of watercolour, great painters who have given me a great enthusiasm for the world of watercolour."

She has developed a style



ANA MARIA: One of her watercolour paintings.

that combines realism, figuration and abstraction, in a mixture of techniques and styles to illustrate colourful and imaginative paintings.

"I have always painted for pure pleasure, to express those feelings that words cannot

reach, to perceive emotions our daily life cannot offer us. Painting allows me to imagine situations, sounds, aromas ... to take them to a canvas, the dream brings me ideas and the mind is always alive, restless until those feelings come to life."

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Transfer of land taxes

TEULADA Town Hall will lower death duties on bequests of urban land to family members.

All parties on the local council voted in favour of amending local taxes when transferring this type of land. This also covers the death duties payable on land inherited by first and second degree family members who will now receive a 90 per cent rebate. This applies to spouses, parents, children, grandparents, grandchildren and siblings.

Hive of activity

THE arrival of a swarm of bees in Moraira allowed Ian Francis to renew his interest in entomology, the study of insects at close range.

Ian discovered the bees gathering over two days on the back of a sun lounger and was concerned they might harm his two small dogs if they disturbed the swarm.

He said he was "loath" to see them come to any harm as there is a shortage of honey bees, due to increased use of chemicals and the fact that they are a

protected species in Spain.

"What an amazing sight they were," he said. "They will not harm you; they are too busy trying to keep the queen warm."

"As long as you sit very quietly you can get up close and study them without being bothered," he added.

Ian's landlord brought a beekeeper from Gata de Gorgos to collect the swarm in a hive. He was very happy; he got a new hive of bees for free and was smiling when he left.

Full steam ahead for

WORK should start later this year on the 12-kilometre Teulada-Calpe section of the Line 9 'trenet.'

The Consell, authorised the Valencian Community's rail operator FGV to advertise the contract to renew the track and overhaul infrastructure.

Line 9, which links Benidorm and Denia, currently operates only between Benidorm and Calpe now that the Calpe-Denia section of the line was closed on safety grounds last summer.

The contract has been put out



DECEPTIVE: Line 9 trains are older than they look.

to tender for €16.967 million checking, restoring and repairing with a 12-month timescale for tunnels, bridges, viaducts and

Photo credit: Werner Wilmes



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Line 9

Street fire is put out just in time

halts.

Once the Teulada-Calpe section of the line has been completed, work will start on the remaining Gata-Denia stretch so that the entire line is fully operative by 2019.

The Consell also authorised a €52.9 million outlay on replacing Line 9's six trains which, despite their modern coachwork, are approximately 50 years old and were inherited from FGV's predecessor Feve. The new trains will have dual traction with both electric and diesel motors and will be compatible with electrified Line 1.

A PARKED Volkswagen Golf caused a dramatic but short-lived fire in Camino Fanadix in Moraira.

As the flames intensified, accompanied by a pall of thick black smoke, the fuel tank exploded and a sheet of flames reached trees in adjoining houses. Rapid action by the Local Police and the Denia fire brigade extinguished the flames before they could take hold and spread to houses in the residential street.

If the fire engine had arrived

five minutes later the outcome would have been very different, emergency service sources revealed afterwards.

Firefighters from Benissa who also responded to the call-out, redirected traffic away from the street.

According to Camino Fanadix residents, the Golf belonged to a resident in a nearby urbanisation. Initial investigations suggested that the fire started as the result of a mechanical failure or electrical fault.

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Drumming up so

JAVEA will be the world epicentre of avant-garde percussion this summer.

The town hosts the European Meeting of Contemporary Percussion between July 10 and 15 when professionals and soloists will rehearse, discuss and review the new techniques and possibilities that science and technology offer.

The course will be led by Juanjo Guillem and Joan Soriano.

Guillen is a lecturer and soloist with the Orquesta Na-



PERCUSSION BOOST: Juanjo Guillem, Quico Moragues

cional de España as well as percussion group. Joan Soriano, another teacher, is di-

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Photo credit: Javea town hall

director of the SoXXI Festival.

The course has close links to the Agora Actual Percussio, a new festival created by Javea's Culture department also held between June 10 and 15.

He hoped to give more prominence to percussion, said Culture councillor Quico Moragues.

It is a most interesting field both to watch and listen to and rounded off Javea's cultural offer of classical music, jazz, piano and folk.

and Joan Soriano.

rector of the Valencia Percussion Academy and artistic

Lunch at the eagle's nest

THE Ladies that Lunch group of Javea U3A enjoyed a panoramic eagle's eye view over the horizon when they gathered for their latest meal.

Around 50 members met at the Attico Restaurant, on the top floor of Hotel Javea in the port, where they lapped up a tasty three-course lunch as well as the stunning view of the bay.

The get-together was organised by group leaders Sally Wells and Katrina Frost, who always strive to find somewhere enjoyable and different.

The ladies' other halves were not left out as 10 of the 'abandonados,' as they are affectionately known, met for lunch at nearby Restaurant Ca Maria.



KEY MOMENT: (from left) Pat, Andy from Javea Autos, Barry and Ruth.

Winning wheels

DELIGHTED couple Barry and Ruth Lapham won the perfect anniversary present to celebrate 55 years of marriage, a car.

Barry's winning €5 raffle ticket was pulled out in a raffle to support the volunteer firemen of Javea, ISVH Bomberos of Balcon al Mar, and the horse rescue charity APAC.

He could not be at the draw and was at home in Benigembla when he was called with the good news. "I was taken aback that I had won anything because I have never won as much as a lollypop in my life. I am completely surprised and absolutely delighted; and also delighted the draw raised €4,800."

Barry and Ruth, who celebrate their 55th

anniversary this year, fell in love with Spain after visiting for their 40th wedding anniversary and bought a home there the next year.

The raffle to win the 2007 Chevrolet Matiz was sponsored by Javea Autos, who also ensured the car was in excellent condition, Golden Leaves, Blu Communications, Villa Mia, and the Salamander Charity Shop.

Organiser Pat McCue said the draw was delayed from January to enable more tickets to be sold after a series of events were cancelled in December and January.

APAC will receive €6,500 from the raffle and other fundraising and €2,400 will go to the firemen.

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Brexit likely to decide General Election



BREXIT PAGE

By John Smith

AS the various political parties gear up to campaign for the General Election, Brexit will form an important platform for each of them.

Currently, opinion polls which have been notoriously inaccurate over the past few years indicate that the Conservatives are gaining ground in both Scotland and Wales with potential losses for the SNP in Scotland and Labour in Wales.

SNP leader Nicola Sturgeon has come out, suggesting that the calling of the snap election was a cynical ploy by the government to be re-elected prior to the prosecution of current Tory MPs for election irregularities although this is denied by the party which accepts that its 'battle bus' is being investigated.

The Lib Dems are appealing to



Photo Credit: Chatham House flickr

SIR KEIR STARMER: The man behind Labour Brexit strategy.

Bremainers and promise to run a second referendum if they are elected and many 'big names'

such as Nick Clegg, Vince Cable and Ed Davey, who lost their seats in the last election, are expected to

stand again with a much better chance of getting back into parliament.

Labour in the meantime had been accused of not knowing what to do but its shadow Brexit Sir Keir Starmer has confirmed that if elected it would honour the referendum result but would effectively scrap the government's current Brexit plans and focus on protecting the rights of EU residents as well as British passport holders in the EU.

The Labour party clearly recognises that those areas in the Midlands and the North of England which voted to leave the EU are vulnerable to a Conservative party which is determined to take Britain out of the EU and is trying to maintain its traditional blue collar support.

UKIP in the meantime is planning to ban the burka and full face covering in the event that it comes into power. However, more importantly, in real terms the party has indicated that it will not field candidates in marginal areas where the sitting MP is known to be strongly pro-Brexit.

Both major parties united in support

THE next six weeks will see plenty of bitter rhetoric and fights between political parties but little in the way of Brexit progress.

Even though the current Conservative government seems likely to return to power, possibly with an increased majority, it is highly unlikely that there will be any headway in negotiations with the European Union until the result of the General Election is known.

What is almost certain however is that unless the Lib Dems surprise everyone and are elected as the next government, Brexit will go ahead and the only question will be whether it is negotiated by Mrs May or Mr Corbyn as Labour will not ignore the will of the referendum.



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BARC hosts 3rd Wet Nose Day

THE Busot Animal Rescue Concern is hosting their third 'Wet Nose Day' on Saturday May 6 including a special 'adoption fair.'

The fun-filled day starts at 11am at the Parque de los Patos, situated in the Hoya de los Patos Urbanisation, and will finish at 2pm.

Entrance is free, with all funds raised on the day going to BARC, helping them continue their work of rescuing, rehabilitating and eventually rehoming abandoned animals.

Stalls will be selling a wide variety of items, such as clothing, jewellery and bric-a-brac. In addition there will be a competition to guess the number of sweets in the jar, face painting, a bouncy castle, sponge throwing, barbecue and a dog groomer, and for the first time there will be both a cake stall for humans and for dogs.

Eleven dog rescue organisations will be joining the adoption fair. They will be taking some of their dogs who are looking for their forever homes, as well as taking part in a spe-

cial parade. Each rescue group will also have their own stall, including the local horse rescue association.

Categories for the dog show include: Most handsome dog; cutest puppy; nicest eyes, the one the judge would like to take

home and best junior handler.

For further information the group has a Facebook page, which you will find by searching BARC, their website www.barc-busotanimalrescueconcern.org or telephone John on 699 822 027.



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Easter chocolate surprise

ABBI WOODCOCK won a huge basket packed with chocolate and other goodies in the Gran Sol Hotel's Easter Raffle in Calpe.

Organised by Pippa Jones and friends in aid of MABS and local animal welfare groups, the draw raised €608 to be divided between the charities.



ABBI with her prize.

Abbi from The Studio Hair & Beauty Salon in Calpe won the top raffle prize and a list of the other prize winners is on display at Gran Sol.

Once again people generously contributed raffle prizes and items to make up the Easter basket to earn very grateful thanks from Pippa and her team.

Help for Parkinson's

THE HELP of Denia and Marina Alta's Parkinson's Group meets every month - generally on the last Monday - where everyone receives a warm welcome

Their group organiser and the team offer a wealth of information all of which is beneficial in some way; and there has always been an added event to look forward to including, The Rock Choir which was great fun.

Everyone joined in with the choir's voice warm-up exercises as it is all very good for people with Parkinson's.

A gentleman from the Red Cross recently visited. Pedro Dominguez, liaises with the

British Consulate to make the British community more aware of the help available through Cruz Roja, particularly the Teleasistencia panic alarm.

During their Monday meetings the lovely ladies are at hand distributing tea and cake. It is great fun and you get to meet many new people and make new friends.

The group has regular outings to places of interest; the next one planned is to Xativa visiting the castle, lunch, and a tour of the brewery.

Anyone who would like to join, contact Pat the HELP Parkinson's coordinator on 634 301 677.

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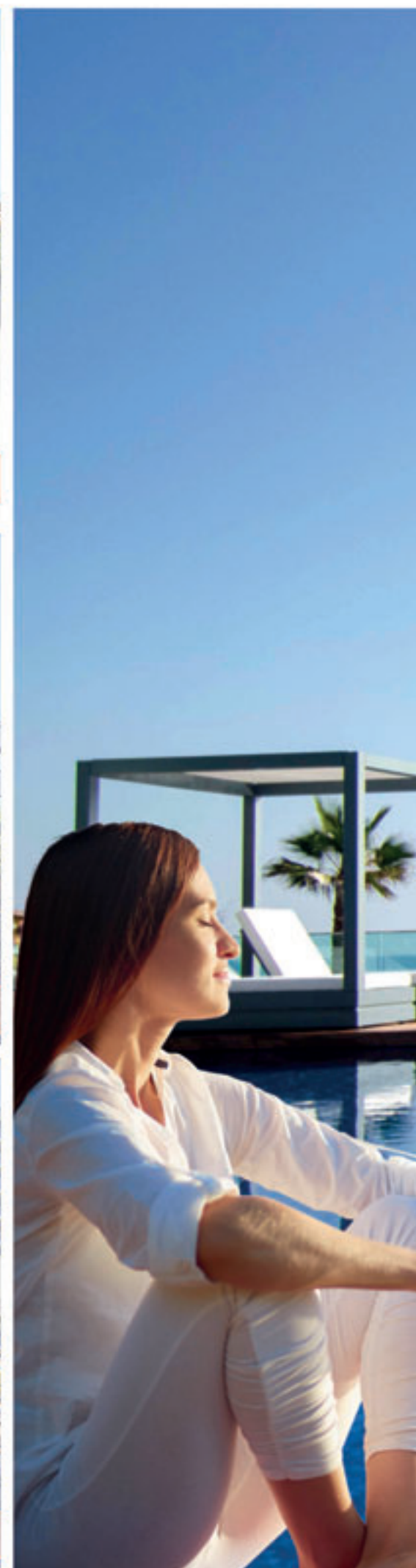
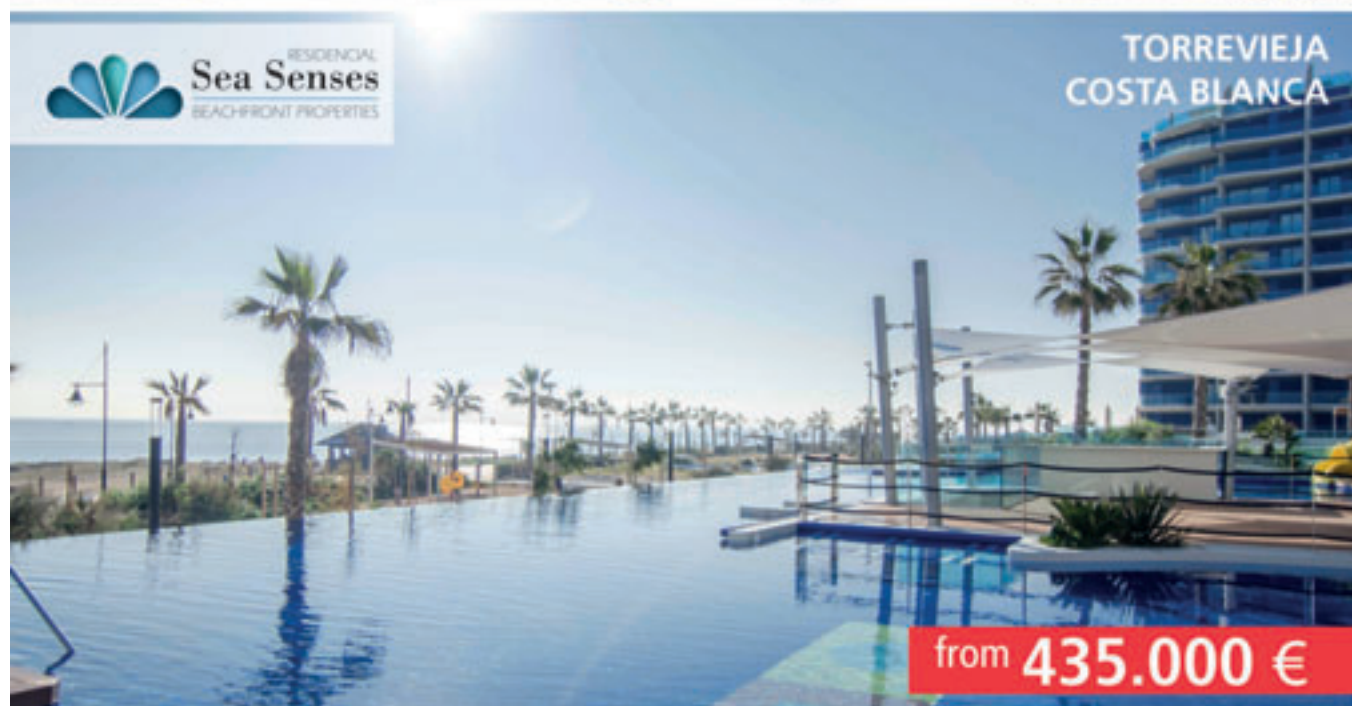
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Life and ET

THE possibility of life within the solar system continues to trouble minds and the star-studded question will be addressed at the next meeting of the Costa Blanca Astronomical Society.

Astro-biologist Dr Zita Martin visits the Casa de Cultura in Denia at 7pm on Saturday May 13, with a talk called: 'The Origin and Detection of Life in Our Solar System.'

Scientists have concluded life may exist in other star systems but NASA has indicated favourable conditions already exist on

Enceladus, one of Saturn's moons.

Dr Martin, of the Imperial College London, studies life, its origin, detection and its possible forms as an astrobiologist.

She will address two key questions: how did life originate on earth and is there life somewhere else in the solar system - she will also discuss how future space missions will detect 'signatures' of potential star men.

Every-

one is welcome at the talk, and entrance is free. For more information, call Christine Ord on 671 152 686.

Dr Zita Martin. |



Beacon shines on the children

CHARITY Calpe Beacon is staging a 'Mini Rastro' on Saturday April 29 to raise funds to support children living in the area.

The sale is being staged in the Perlamar Centre, off the main shopping street Avenida Gabriel

Miro between 10am and 1pm; it is an opportunity to grab a bargain and tea and coffee is available.

The charity aims to improve the quality of life of underprivileged children in Calpe. For more information visit www.calpebeacon.com.

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Mark Roach
Company Director,
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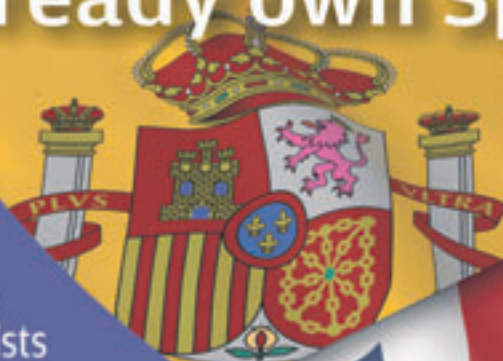
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NEWS FROM OUR FIVE OTHER REGIONS

Prices spark food frenzy

» By Matthew Elliott

■ ALMERÍA



TOMATOES: Cheap as chips in Almería.

FURIOUS food producers dished out 20,000 tons of free courgettes, aubergines and tomatoes in protest over astonishingly low prices. The horticultural platform 'Agriculture Live in Action' said the stunt expressed the basic financial reality that prices are so low they may as well be throwing the food away.

Residents of Federico Garcia Lorca street in Almería were understandably delighted to be on the receiving end of the farmers' fury. Vegetables may be cheap, but budgets are also tight.

Jesus Fuentes, president of the Live in Action platform, claims that around 70 per cent of the fruit and veg grown across Almería are sold under price in supermarket, some fetching just 50 cents per kilo.

■ AXARQUÍA

Studying fruit

IN the search for sustainable fruits, the Arnold Arboretum of Harvard University and IHSM in La Mayora, Axarquía will be undertaking a joint project. They will initially be studying the pawpaw which is not widely cultivated in the USA.

Verdial oil

THE town of Periana hosted a party to welcome the latest pressing of olive oil. Unique to Axarquía, the particularly sweet and fruity verdial version is much prized and this year's harvest provided 1.6 million kilos of tasty oil.

I am Legion

SOCIAL media was all a twitter when a video showing 20-month-old Yoel Extramera from Velez-Málaga went viral. The toddler, dressed as a legionnaire executed a number of moves normally undertaken by the soldiers at the Holy Thursday parades.

Nasty accident

FIVE people were injured in a serious accident on the N340 near Almuñecar. The three men and two women had to be transferred to hospital in Motril for emergency treatment.

Another fire

YET another fire broke out in the Salobreña area which required 40 firemen to tackle it. As the weather was particularly windy, officers attended from Motril and Salobreña together with others from the Infoca forest brigade.

Arms raised

THE funeral of former Franco supporter and minister José Utrera Molina took place in Nerja on April 23. A small number of supporters stood outside the church and raised their arms whilst singing the fascist anthem.

■ MALLORCA

Brexit news

DURING what will possibly be his last statement on Brexit prior to the General Election, British Ambassador Simon Manley addressed an audience in Palma confirming the British government was committed to protecting expatriates rights.

Briton killed

A MAN believed to be a 40-year-old Briton was knocked down and killed by a car in Magaluf early on April 23. Reportedly, the Spanish driver tested positive for alcohol and cocaine has been arrested.

Mutual interest

AS part of a short visit to Mallorca, British Ambassador to Spain Simon Manley met with Francina Armengol, President of the Balearic Islands to discuss matters of mutual interest.

Novel auction

IN support of the British Benevolent Fund charity, Lord Jeffrey Archer travelled to Mallorca to conduct a charity auction. The event, catered by Michelin star chef Marc Fosh raised in excess of €5,000.

Power struggle

THERE is huge disagreement between Endesa and the Council of Mallorca over an old power station in Alcanada. The council wants to keep the building but Endesa wants to knock it down.

■ COSTA DE ALMERÍA

Stone success

THE stone quarries of Macael and the incredible art and engineering works they have inspired proved the Costa de Almería's secret weapon at a tourist exhibition in Barcelona, B-Travel 2017.

Furious OAP

A PENSIONER went wild and attacked his 70-year-old wife and 50-year-old daughter. He even threatened to throw his 89-year-old mother-in-law out the window before being subdued by police at their Almería home

Tax turmoil

A PROTEST against the Spanish succession tax took place in Almería demanding the abolition of the 'inhuman tax' which can strip many Spanish residents of a big chunk of their inheritance.

Phone zombies

A FATHER who confiscated his teenage daughter's phone was found innocent of mistreatment by Almería judges after she took him to court. He was angry over her smoking and poor school grades.

Food festival

DOZENS of chefs brought the flavours of Almería to the Hall of Gourmets in Madrid. Delicious Almería produce was a huge hit at the event, one of the biggest food fairs in Europe.

■ COSTA DEL SOL

Levelling out

IN preparation for the forthcoming holiday season work is taking place on the beaches of Torremolinos. The idea is to repair all the beaches affected by the March storm by levelling the sand.

Drain in Spain

WORK is now being undertaken to improve the storm drains on the Paseo Marítimo in Torreblanca, Fuengirola). The work which is expected to take 21 days attracted 36 bids and the final award was €84,804 cheaper than originally budgeted.

Police update

THE Local Police in Marbella have received 10 defibrillators and new drug testing equipment. This is part of a €400,000 investment to ensure they are able to cope with the requirements of a modern police presence.

Flats evacuated

A FIRE occurred in the car park of a block of apartments in Huerta Nueva, Málaga which left a number of cars damaged. The fire started in one of the vehicles and spread, causing the evacuation of the building.

Fibre optics

AFTER a lengthy delay, it has now been agreed that fibre optic broadband will be installed in Mijas Pueblo. This should benefit everyone who has been demanding faster more efficient internet connections.

■ COSTA BLANCA SOUTH

Rail link

CARTAGENA'S mayor visited Madrid to take part in a meeting of the organisation bringing the high speed rail link to the city. He is calling for the government to accelerate its environmental impact studies ahead of construction of the railway.

Mean streets

TWO ROBBERS who raided the Elche headquarters of an organisation supporting people in need have been arrested 10 months after the burglary. The 21-year-old villains stole a 'multitude' of items from the Non-Governmental Organisation in the Carrus district.

Water filter

THE National Government is to create a €4.2 million 'green' filter in the Mar Menor (Murcia) to naturally treat water and allow it to be used in the agricultural sector.

No insurance

POLICE have arrested an insurance salesman in Santa Pola who pocketed €22,000 in premiums leaving unsuspecting clients without cover.

Young population


MURCIA has one of the highest populations of young people - those aged between 15 and 29 years old - across Spain, according to new figures which show that the young represent 16.9 per cent of the total population.

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NORWAY**Beggars belief**

BEGGARS in Bergen have said they no longer feel safe in the city following a documentary that followed residents of a house connected to the Romanian begging community which was sending large sums of money to Romania.



BERGEN: Beggars no longer feel safe.

Green monitoring

THE opposition party wants to create a committee in order to monitor how effective the country's various green energy initiatives actually are.

Smarter transport

DRIVERLESS public transport

could be in place within a few months following a parliamentary proposal which would see 100 million kroner available for projects to develop smarter city transport. Driverless vehicles are currently not legal on Norwegian roads.

Staying put

NORWAY is refusing to lift Russian sanctions. The Trade Minister, Monica Maeland, returned from Russia and disappointed officials by saying she had no intention of lifting the sanctions yet.

GERMANY**Cold feet**

A GERMAN man went missing as he suffered cold feet over his upcoming marriage. The groom was reported missing by his sister over Easter on what would have been his wedding day.

ers organisations want tax reform. It is reported that one in 11 workers are paying 42 per cent tax on their income. Anyone earning over €50,000 a year is in the top tax bracket.

comes after German Turks mainly voted in favour of expanding the Turkish President's powers.

Top tax

GERMAN workers are complaining about taxes as socialists and taxpay-

Rule change

CALLS are being made for the dual citizenship rules to be changed. It

Second vote

THE SPD party leader, Martin Schulz, said the UK should hold another EU referendum now that it is clear what PM Theresa May's plans for Brexit are.

FRANCE**Attack foiled**

POLICE have arrested two men in Marseille as police say they foiled an imminent attack planned for the lead up to the French election. The two Frenchmen arrested met in prison and had converted to radical Islam.

Extreme eggs

FRANCE'S most extreme artist has spent three weeks in a glass box in an art museum in Paris sitting on 10 eggs waiting for them to hatch. He will spend the first 48 hours of their life with them before they live on a farm.

Birth defects

A STUDY has reported the epilepsy medication valproate is responsible for 'severe malformations' in 2,150-4,100 children since the drug was first available in France in 1967.

Breastfeeding petition

A COUPLE has launched a petition against the police officers who told a mother to stop breastfeeding at a police station in Paris as the couple carried out paperwork. They claimed the officer tried to humiliate the woman.

BELGIUM**Fruit frost**

A LATE frost has potentially damaged crops in the fruit region of Haspengouw. As temperatures dropped below freezing farmers tried to protect crops but it's feared the damage may have been done.

Doggy DNA

OSTEND is taking action against dog mess as it plans to use DNA technology to identify the dogs responsible. Owners who are found guilty of not cleaning up after their pets face a fine of up to €1,000.

Borrowing benefits

WANT to buy a house but can't save enough for the deposit? You might want to consider moving to Belgium as they are proposing the possibility of allowing buyers to borrow the entire cost of a home.

Rail boost

BELGIAN RAIL has announced ambitious plans to improve rail transport, offering more services and shorter travel times.

NETHERLANDS**Female discussion**

QUEEN MAXIMA is joining German chancellor Angela Merkel and US president Trump's daughter Ivanka in Berlin to participate in a discussion on female entrepreneurship at the Women20 Summit.

Happy rabbit

DUTCH animal rights groups have joined with pet shops to launch the 'Happy Rabbit' project to remind owners of their responsibilities and to how best to care for their rabbits. Rabbits are the fourth most popular pet in the Netherlands.

Cambodia arrest

A DUTCH Catholic church official has been arrested in Cambodia accused of creating child pornography. Over 1,000 nude photos were found on his camera and phone.

Job satisfaction

A STUDY has found that youngsters look for an interesting job over one that is the best paid. Over 70 per cent of the Dutch millennials questioned said they favoured job satisfaction.

DENMARK**Night shifts**

WORKING nights could lead to brain damage. That's according to a Danish study which found that night shifts increased the risk of Alzheimer's and dementia.

Cold spring

DENMARK has recorded the coldest April temperatures this century. Temperatures at Karup airport in Jutland were -6 degrees centigrade, the coldest morning temperature since 1997.

Newer production

DENMARK could remove 3,300 of its 4,200 onshore wind turbines, if they were to be replaced by larger, more modern turbines, and still produce the same amount of energy.

Poverty plight

SINCE 2002, the number of poor people has doubled in Denmark. The total number of people considered to be living in poverty rose to 44,141 in 2015.

SWEDEN**Shorter days**

AFTER two years of trialling six-hour work days at an elderly care home in Gothenburg, staff have gone back to eight-hour shifts after the government couldn't afford to pay the extra staff needed. However, staff had less sick days and were healthier with the shorter days.

Half overweight

OVER half of the Swedish population is overweight. That's according to a study by the Public Health Agency which reported that 51 per cent of those aged between 16 and 84 were either overweight or obese.

Homeless help

A WOMAN who tried to buy food from McDonald's for a homeless man claims she was told by staff she was not allowed as he had been taking leftover food from customers. She said she gave the meal to the man anyway.

Teachers wanted

MORE Swedish teachers are needed to cut the waiting times for foreigners wanting to learn the language. Foreign residents are entitled to free language lessons with some municipalities having waiting lists of up to six months before classes start.

New EWNMG takeover

Sol Times acquired by parent company

EWN MEDIA GROUP (EWNMG) has further expanded its portfolio of newspapers by taking over the Sol Times publications.

The takeover announcement comes just weeks after EWNMG, the parent company of Euro Weekly News, added the well-established three-edition RTN Costa Blanca newspaper firm to its expanding empire.

Originally launched in the Almería area in 2005, since then the Sol Times has further expanded into Costa Calida, Mar Menor and Costa Blanca.

After completing the latest takeover negotiations earlier this month, Michel and Steven Euesden, owners of EWNMG, instigated internal restructuring.

This has today led to all four editions of Sol Times being back on the streets with a greater print run and improved distribution, upgraded paper quality and size, and increased news content.

Michel said: "The aim of EWNMG is to offer all media clients the very best advertising and marketing opportunities to suit their target au-


dience needs as well as their budgets.

"With the four additional Sol Times titles added to the group we now offer the widest choice of advertising and reading options along the Costas with three newspaper brands and a total of 13 editions.

"Based on more than 20 years' experience and local knowledge origi-

nally gained by EWN - the founding and ever-present strength of EWNMG - I know that exciting times lie ahead for the Sol Times publications and team members as part of a much larger media family."

The Sol Times was originally founded by Rob and Chrissie Matthews and they have run the titles for the last 12 years.

Quote of the Week  *The risks are deeper and more serious than a few months ago," Luis de Guindos Spanish Finance Minister on European economy.*

IMF comments on Spain growth



SPANISH ECONOMY: Was discussed by IMF.

DURING an International Monetary Fund (IMF) briefing on the April World Economic Outlook, much mention was made of the Spanish economy.

It was suggested by a member of the invited audience that one possible reason for the recent growth in the Spanish economy was thanks to the increasing inequality of wages, the decline of collective agreements and the weakening of the trade unions.

Responding on behalf of the IMF, Gian Maria Milesi-Ferretti gave some historical insight for the reasons of the sudden decline in the economy and ac-

knowledged that wage inequality was bound to become a factor as unemployment grew so quickly.

Spain has suffered from the fact that as part of the eurozone it has been unable to benefit from the usual advantages of declining exchange rates when the economy was bad and therefore the only way to regain competitiveness was to see wages decline.

As the economy continues to recover, so he believed that inequality would shrink, but one of the ongoing problems in Spain is the fact of the volume of seasonal work.

» BUSINESS EXTRA

Rare metal

THE BBC and other media outlets are reporting the discovery of a 'rare' source of Tellurium near the Canary Islands. At first this seems to be a useful new source of this element used in the production of solar energy panels but some scientists claim it is an easily extracted side product of copper worth only €20 per kilo.

Rodrigo Rato

ONE small crumb of comfort for Rodrigo Rato, disgraced former government minister is he won't face charges over a Lazard Bank loan. Prosecutors were alleging a €2 million payment to him was a form of illegal commission but the presiding judge has ruled this was not the case and accepted it could have been a loan.

Migrants up

DESPITE high unemployment figures in Spain, foreign workers continue to arrive with Romanians representing the largest number of EU migrants. The total number of foreign workers enrolled in the Social Security system increased by 37,473 in March bringing the total to 1,739,720, a 2.2 per cent increase.

Brazilian energy venture


ACCORDING to reports appearing in a newspaper in Sao Paulo, Spanish energy company Iberdrola could create a major new entity in Brazil.

It appears that Iberdrola may decide to bid for the shares in Neoenergia which are currently

owned by the Banco do Brasil and insurance company Previ which would then allow a merger with Elektro, a company which it currently controls.

The resulting energy group would then become a major operator within Brazil.

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CLOSING PRICES APRIL 24

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,132.00	14.50	1.30	15,963.24
Associated British Foods	2,844.50	30.50	1.08	21,850.21
Admiral Group	2,024.00	17.00	0.85	5,724.13
Ashtead Group	1,611.50	27.50	1.74	7,887.77
Antofagasta	826.50	8.00	0.98	8,143.18
Aviva	525.25	15.25	2.99	20,606.44
AstraZeneca	4,630.75	64.75	1.42	58,148.09
BAE Systems	629.25	8.75	1.41	19,688.92
Babcock International Group	905.50	2.50	0.28	4,449.25
Barclays	215.10	7.15	3.44	35,275.40
British American Tobacco	5,263.50	63.50	1.22	97,283.31
Barratt Developments	582.25	8.25	1.44	5,800.14
British Land Co	656.75	12.25	1.90	6,672.90
BHP Billiton	1,209.75	18.25	1.53	25,408.22
Bunzl	2,357.00	21.00	0.90	7,753.07
BP	449.73	8.33	1.89	87,905.50
Burberry Group	1,598.50	16.50	1.04	6,979.02
BT Group	315.78	4.83	1.55	31,031.74
Coca-Cola HBC	2,115.00	18.00	0.86	7,619.84
Carnival	4,621.50	70.50	1.55	9,714.28
Centrica	197.85	-9.85	-4.74	11,319.83
Compass Group	1,513.50	-0.50	-0.03	24,731.20
Croda International	3,582.00	41.00	1.16	4,615.98
CRH	2,789.00	80.00	2.95	22,358.38
ConvaTec Group	298.00	2.50	0.85	5,669.03
DCC	7,232.50	87.50	1.22	6,274.88
Diageo	2,231.75	23.75	1.08	55,479.21
Direct Line Insurance Group	341.85	3.95	1.17	4,677.75
Experian	1,611.00	15.00	0.94	14,950.00
easyJet	1,159.50	24.50	2.16	4,480.51
Fresnillo	1,462.50	-35.50	-2.37	11,178.68
GKN	360.50	9.20	2.62	6,025.96
Glencore	301.73	3.08	1.03	43,249.00
GlaxoSmithKline	1,583.25	17.75	1.13	76,832.81
Hikma Pharmaceuticals	1,838.00	17.00	0.93	4,427.61
Hargreaves Lansdown	1,373.00	17.00	1.25	6,422.27
Hammerson	596.25	8.25	1.40	4,683.78
HSBC Holdings	635.45	11.45	1.83	123,393.14
International Consolidated Air	554.50	12.50	2.31	11,512.37
InterContinental Hotels Grp	3,993.00	74.00	1.89	7,717.11
3i Group	788.00	13.00	1.68	7,524.67
Imperial Brands	3,792.50	47.50	1.27	35,980.42
Informa	640.25	5.75	0.91	5,253.03
Intu Properties	278.05	3.75	1.37	3,723.65
Intertek Group	3,976.00	26.00	0.66	6,366.86
ITV	219.20	2.70	1.25	8,755.27
Johnson Matthey	2,919.00	63.00	2.21	5,614.41
Kingfisher	344.00	15.80	4.81	7,358.02
Land Securities Group	1,115.50	18.50	1.69	8,769.41
Legal & General Group	258.30	3.80	1.49	15,072.54

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Lloyds Banking Group ORD	65.61	1.24	1.93	45,777.25
London Stock Exchange Grp	3,280.00	68.00	2.12	11,163.84
Micro Focus International	2,480.50	13.50	0.55	5,732.05
Mediclinic International	737.50	13.00	1.79	5,374.51
Merlin Entertainments	476.25	1.15	0.24	4,828.14
Marks & Spencer Group	365.55	5.05	1.40	5,746.66
Mondi	1,979.50	35.50	1.83	9,400.32
Morrison (Wm) Supermarkets	235.85	4.55	1.97	5,416.27
National Grid	1,011.75	9.75	0.97	37,134.90
Next	4,336.50	57.50	1.34	6,299.90
Old Mutual Group	195.50	4.10	2.14	9,475.40
Provident Financial	3,185.50	48.50	1.55	4,627.21
Paddy Power Betfair	8,450.00	130.00	1.56	7,007.48
Prudential	1,685.50	45.00	2.74	42,559.62
Persimmon	2,291.00	35.00	1.55	7,023.42
Pearson	640.00	11.50	1.83	5,161.73
Reckitt Benckiser Group	7,247.00	32.00	0.44	50,968.28
Royal Bank of Scotland Group	246.15	6.35	2.65	28,362.48
Royal Dutch Shell	2,040.25	47.75	2.40	89,578.68
RELX	1,569.50	7.50	0.48	16,775.38
Rio Tinto	3,105.75	47.25	1.54	42,439.97
Royal Mail	416.50	3.20	0.77	4,150.00
Rolls-Royce Group	807.50	1.00	0.12	14,813.08
Randgold Resources	6,777.50	-292.50	-4.14	6,644.69
RSA Insurance Group	583.50	10.50	1.83	5,820.20
Rentokil Initial	239.45	0.25	0.10	4,453.70
Sainsbury (J)	269.25	3.25	1.22	5,813.03
Schroders	3,118.00	49.00	1.60	6,945.67
Sage Group (The)	658.75	3.75	0.57	7,079.63
Shire	4,537.25	39.75	0.88	40,334.75
Smurfit Kappa Group	2,042.00	59.00	2.98	4,646.07
Sky	983.75	4.25	0.43	16,915.13
Standard Life	365.55	5.55	1.54	7,113.56
Smiths Group	1,606.00	25.00	1.58	6,291.63
Scottish Mortgage Invstmnt	368.15	5.95	1.64	4,913.94
Smith & Nephew	1,252.50	14.50	1.17	10,745.70
SSE	1,409.00	-36.00	-2.49	14,502.58
Standard Chartered	709.45	23.55	3.43	22,534.57
St James's Place	1,101.50	15.50	1.43	5,695.75
Severn Trent	2,325.00	5.00	0.22	5,515.69
Tesco	177.45	3.65	2.10	14,240.92
TUI AG	1,127.50	22.50	2.04	6,439.81
Taylor Wimpey	203.00	2.90	1.45	6,615.34
Unilever	4,022.50	85.00	2.16	50,696.65
United Utilities Group	979.00	3.50	0.36	6,665.46
Vodafone Group	202.20	3.45	1.74	53,057.80
Wolseley	4,869.50	70.50	1.47	12,148.18
Worldpay Group	301.50	3.10	1.04	6,000.00
WPP Group	1,714.50	20.50	1.21	21,753.68
Whitbread	4,289.50	85.50	2.03	7,736.57

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CLOSING PRICES APRIL 24

COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	191,500	+0.18%	0.340	114M
AMERICAN EXPRESS	79,5900	-0.54%	-0.4300	71M
APPLE	142,270	-0.12%	-0.170	746M
BOEING CO	180,380	+0.60%	1.080	109M
CATERPILLAR	94,320	-0.36%	-0.340	55M
CHEVRON	104.89	+0.01%	0.01	198M
CISCO SYSTEMS	32,820	-0.03%	-0.010	164M
COCA-COLA	43.07	-0.05%	-0.02	184M
DU PONT(EI) DE NMR	78,6500	+0.46%	0.3600	68M
EXXON MOBIL	80.69	-0.40%	-0.32	342M
GENERAL ELECTRIC	29,5500	-2.38%	-0.7200	257M
GOLDMAN SACHS	216.86	-0.55%	-1.20	86M
HOME DEPOT	150,0000	+0.86%	1.2800	180M
IBM	160.38	-1.18%	-1.92	151M
INTEL CORP	36,3200	+0.39%	0.1400	171M
J.P.MORGAN CHASE	84,5200	-1.20%	-1.0300	300M
JOHNSON & JOHNSON	121,7600	-0.09%	-0.1100	330M
MC DONALD'S CORP	133,4100	+0.11%	0.1400	108M
MERCK AND CO. NEW	61.89	-1.06%	-0.66	169M
MICROSOFT	66,400	+1.37%	0.900	513M
NIKE	55.85	-0.98%	-0.55	73M
PFIZER	33,6400	-0.30%	-0.1000	200M
PROCTER AND GAMBLE	88,620	-0.79%	-0.710	226M
TRAVELERS CIES	119.10	+0.19%	0.22	33M
UNITED TECHNOLOGIE	114.99	+0.92%	1.05	92M
UNITEDHEALTH GROUP	171.16	-0.22%	-0.38	163M
VERIZON COMMS	47.25	-2.40%	-1.16	192M
VISA	91.15	+0.00%	0.00	169M
WAL-MART STORES	74,9400	+0.19%	0.1400	227M
WALT DISNEY CO	114,4400	-0.30%	-0.3500	180M

NASDAQ

CLOSING PRICES APRIL 24

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Covenant Transportation Group, Inc.	\$ 19.28	2.22 ▲ 13.01%
Virco Manufacturing Corporation	\$ 4.45	0.5001 ▲ 12.66%
Pernix Therapeutics Holdings, Inc.	\$ 3.71	0.41 ▲ 12.42%
Cidara Therapeutics, Inc.	\$ 7.05	0.75 ▲ 11.90%
Rocky Brands, Inc.	\$ 12	1.10 ▲ 10.09%
Hydrogenics Corporation	\$ 7.20	0.65 ▲ 9.92%
Proofpoint, Inc.	\$ 77.65	6.65 ▲ 9.37%
Changyou.com Limited	\$ 30.54	2.60 ▲ 9.31%
Northwest Pipe Company	\$ 14.21	1.18 ▲ 9.06%
Marten Transport, Ltd.	\$ 23.95	1.95 ▲ 8.86%
PC-Tel, Inc.	\$ 7.89	0.60 ▲ 8.23%
Most Declined		
XBiotech Inc.	\$ 10.23	6.79 ▼ 39.89%
Flex Pharma, Inc.	\$ 3.08	0.50 ▼ 13.97%
Mattel, Inc.	\$ 21.79	3.42 ▼ 13.57%
Electronics for Imaging, Inc.	\$ 44.16	6.69 ▼ 13.16%
Immunomedics, Inc.	\$ 5.20	0.78 ▼ 13.04%
Atara Biotherapeutics, Inc.	\$ 16.90	2 ▼ 10.58%
Applied Genetic Technologies Corporation	\$ 5.575	0.625 ▼ 10.08%
Real Industry, Inc.	\$ 2.025	0.225 ▼ 10%
Manhattan Associates, Inc.	\$ 45.76	4.82 ▼ 9.53%
China TechFaith Wireless Com Tech Limited	\$ 2.22	0.21 ▼ 8.64%
InVivo Therapeutics Holdings Corp.	\$ 3.90	0.35 ▼ 8.24%

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€0.9629..... -€0.0002
£1.1372..... -£0.0104
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€1.1768..... -€0.0169
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House prices on the up

SPANISH bank BBVA has released a fairly upbeat report on the property market and forecasts overall price rises of 2.5 per cent in 2017.

Perhaps not a huge amount but certainly positive if you are a seller and unlikely to put off those who want to purchase a property in Spain.

Not only does the bank see a likely increase in prices but it expects a significant increase in the number of transactions around the country with an uplift of some 7 per cent to nearly 500,000 sales during the year.

In support of this view, a second report, this time by property valuers Tinsa has already seen an overall increase of 1.8 per cent in prices for the first quarter of 2017.

Despite restrictions oil price remains volatile



Photo Credit: Opec

PRESS CONFERENCE: Will be held on May 25, to which non-OPEC members will be invited.

INTERNATIONAL oil prices are currently quite erratic due to mixed messages from suppliers.

The Organisation of the Petroleum Exporting Countries (OPEC) has indicated that it intends to continue to restrict production in order to force prices of crude oil up, but there have been as

many drops in the wholesale price as rises in the past few weeks.

All eyes are now on the OPEC conference to be held on May 25 to which non-OPEC members will be invited to agree continued cuts in supply, but with plenty of US shale oil being made available, their efforts may well

be frustrated.

Iran has benefited from the removal of international export restrictions and has assisted in keeping prices down with its large scale exports in a bid to bolster its economy, but prices of fuel in Spain appear to have drifted upwards rather than stabilise.

New green taxes being introduced

AS Britain prepares to penalise drivers of diesel cars entering into polluted cities, the EU continues to encourage 'green taxes.'

A report based on 2015 data compiled by the Institute for Economic Studies compares the percentage of such taxes collected by all member states and shows that a number of the most successful economies such as France and Germany are below the EU average of 6.8 per cent.

Spain sits relatively comfortably at 5.6 per cent but has already announced that it will be introducing new 'green taxes' which should raise income and combat some environmental problems.

Safer credit cards

WITH banks and consumers around the world worried about credit card fraud, MasterCard has unveiled a new safer card.

After trialling the concept in South Africa it has announced that it will be introducing a new style of card which includes a fingerprint sensor whereby users hold their fingers over the sensor whilst making a payment.

It is not completely fool proof as fingerprints can be removed from glass objects, but it is believed to be much safer than the current pin and chip cards currently in use.

This is believed to be the first card of its type that does not require a separate fingerprint sensor but there is one drawback as it can only be used for 'in-store' purchases and gives no additional safety for online transactions.

The card should find its way into Spain as it is rolled out throughout Europe, but retailers will need to obtain adapted card readers.

One 'ghost' airport may see life

By John Smith

SPAIN has a reputation for building regional airports which never open but now it appears that Corvera in Murcia might just.

At the time that work started on the airport in 2008, it appeared that by the time it opened in 2013 it would be able to take over all of the internal flights from San Javier airport which is limited by the fact that it is shared with the Spanish Air Force.

All seemed to be going to plan and an agreement was reached with a management company to allow for the opening and at the same time, negotiations commenced with international airlines who were interested in operating new European routes.

Unfortunately, nothing was completed and the government of Murcia was forced to cancel the contract with the intended management company due to the fact that they did not comply with time clauses.

Whilst this is the matter of a legal dispute, the government has decided to issue a new tender inviting bids to manage the renamed Region de Murcia International Airport which will need



Photo Credit: Adam Hinnett flickr

LYING UNUSED: Corvera, an airport without planes.

little additional construction work to complete.

According to the call for tender, those who are interested will have until early May to register for the opportunity to obtain a franchise to run the entire airport for 25 years, but they will be required to submit a bond in the sum of €9,917,752 in order to establish their

seriousness and financial worth.

The local government believes that there is a need for this airport which has the ability to handle hundreds of thousands of passengers each year through its single terminal and that over a period of four years it would generate €1 billion in income through taxes and handling fees and create

20,000 jobs for the region.

Anyone who takes on the project will be required to pay a number of fees to the government and apart from leasing costs it will make a payment for each passenger who travels through the airport, although as passenger number increase so the individual fee will reduce.



Photo Credit: Renault-Nissan Alliance

AVILA PLANT: Farewell to the versatile NT400.

Hundreds of jobs saved in Avila

By John Smith

FOR 60 years, there has been vehicle production in Avila but in September 2019 this will all come to an end.

Unable to justify the cost of converting the NT500 truck engine to meet new European Union regulations, Nissan Spain announced in February of this year that it would discontinue that model and that it was also reviewing the future of the factory as the NT400 was due to be discontinued in 2019.

There appeared to be every likelihood that the eventual decision would sound a death knell for the Avila plant, but

the president of the Renault-Nissan Alliance in Spain, José Vicente de los Mozos has announced that the factory will remain open protecting the 471 workers currently employed there.

The NT500 will be phased out but the company has, after discussions with the Junta de Castilla y Leon, agreed to invest €40 million in retooling the factory so that it can produce spare parts for Alliance cars.

The involvement of the Junta was important as there will be a need to build a stamping plant and to expand the overall size of the facility, so in principle planning

permission was vital but with assurances from the authorities, the jobs and the factory are now safe.

This will mean that those who are currently employed will have to enter into new work agreements with the company, but it is likely that they will be no worse than those entered into by workers in other Alliance factories in Spain.

Production of the NT400 will cease as planned in 2019 and it is expected that by 2020, the new facility will be producing 80,000 spare parts per month of which 70 per cent will be for Renault cars and the balance for Nissan.

Debenhams, for and against

BRITISH department store group Debenhams has been receiving a grilling in the British financial press as it is considered to be outdated.

One of the few British stores to set up a special .es website and to advertise its goods in Spain priced in euros with free delivery, it is still

thought to be out of touch with modern trends and needs to reposition itself on the British high street.

Having recently granted a franchise to operators in Gibraltar, it seems to operate in a twilight world of innovation and stagnation.

Flying high in Sevilla

HAVING signed a new contract with the government of Kazakhstan, Airbus will be producing two new military aircraft in Spain.

This will then mean that the Kazakh Air Force will have taken eight of the C295 transport aircraft as an extension of a con-

tract for aircraft and parts signed in 2012.

This particular model as well as the similar long range A400M are produced at the Sevilla factory of Airbus Defence and Space and are expected to be delivered before the end of 2017.

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I'd like to be a fly on her wall!

**LEAPY LEE SAYS IT
OTHERS THINK IT**



WELL, not many of us saw that coming. Theresa May's announcement of an early election caught just about everyone on the hop.

Not least the SNP's pincer mouthed pain in the butt Nicola Sturgeon. I'd like to be a fly on her bedroom wall. Instead of waking up every morning screaming 'freedom,' she now actually has to think of other benefits and policies her tunnel vision party can produce for her Scottish constituents.

Corbyn couldn't wait to jump up on his wobbly, geriatric soap box. Not having time to liaise with his speech writers, he proceeded to spout rhetoric which is so archaic he has undoubtedly blown the cobwebs off diatribes he wrote and delivered as a Hammer and Sickle inspired student decades ago.

This Dinosaur throwback will never be happy until the

Red Flag flutters atop parliament and he and his cronies travel to work in special 'party member' transport lanes, while his supporters all line the route wearing those silly brown Mao hats.

UKIP's initial gambit has been predictably unpredictable, announcing its manifesto will include the banishment of the Burka in public places (don't forget millions scorned their announcement of their Brexit intentions!) And finally, despite their denials,

Lib Dems are hoping once again to scrape into power on the coattails of... well, just about anyone. The only thing the Conservatives have to worry about is complacency. Nothing in this world is a foregone conclusion. Let's hope the weight of turnout reflects this attitude across the nation.

Meanwhile, over the Channel, the fiery right wing challenger Le Penn continues to gain popularity.

If she is successful, be prepared for a 'Non, je ne regrette rien' 'Frexit' and the subsequent 'Dominexit' effect I forecast some time ago.

Well this week has been quite an eventful occasion for me personally. At one mixed emotional point, I found myself driving my twins, now approaching 17, to their first job interview. As a single parent for the past five years or so, it has been a long old haul and not always easy to achieve my

avowed intent to make up, both physically and emotionally, for the lack of a Mum in our household.

However with prayers and a little help from friends along the way, they are now just about ready to venture into those great areas of adult uncertainty. No one could be more proud of them than I, they are a true credit to their old Dad and I wish them a positive deluge of love and luck in their future endeavors. Having been circumstantially forced to become a bit of a reclusive homebody over the last few years, I now find myself with a little more time on my hands.


So look out all you socialites, the old Leaper is back! My eldest Granddaughter has also informed me that in six months I will become a GREAT! Love, peace and congrats all around. Funny old life ennit?

*Keep the faith
Love Leapy*

leapylee2002@gmail.com



**EARLY ELECTION:
Caught just about
everyone on the hop.**




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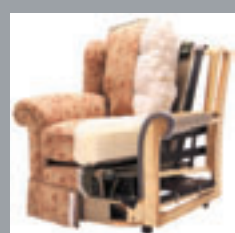


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BBC one

7:00am	Breakfast
10:15am	Health
11:00am	Homes Under the Hammer
12:00pm	The Sheriffs are Coming
12:45pm	Claimed and Shamed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News <i>The latest news, sport and weather from London.</i>
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	MasterChef
10:00pm	Mind Over Marathon
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week
1:30am	Weather for the Week Ahead

BBC TWO

7:00am	Flog it! Trade Secrets
7:30am	Garden Rescue
8:15am	Put Your Money Where Your Mouth Is
9:00am	Gardeners' World
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Snooker <i>World Championship. We are down to one table as semi-final action gets under way. The matches are now the best of 33 frames, played over four sessions.</i>
7:00pm	Eggheads
7:30pm	Debatable
8:00pm	Snooker
9:00pm	The World According to Kids
10:00pm	The Last Kingdom
11:00pm	Live at the Apollo
11:30pm	Newsnight
12:15am	World Championship Snooker Highlights
1:05am	Top Gear
2:05am	Top Gear: Extra Gear
2:30am	MasterChef
3:00am	American Justice
4:00am	Turkey with Simon

BBC FOUR

8:00pm	100 Days
8:30pm	Top of the Pops <i>As President Trump takes office, Katty Kay in Washington and Christian Fraser in London report on the events that are shaping our world.</i>
9:00pm	The Sky at Night 60th Anniversary Special
10:00pm	Bob Monkhouse: The Last Stand <i>Summer 2003 and Bob Monkhouse entertains a room full of comedians with stand-up, chat and a comedy masterclass.</i>
11:00pm	Bucket <i>Comedy series about a mother-daughter relationship on a bucket list road trip to resolve the past that has made their present tense.</i>
11:25pm	Wild Ireland
12:25am	Dan Cruickshank: At Home with the British

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Car S.O.S
12:05pm	Ramsay's Hotel Hell
1:00pm	Channel 4 News
1:05pm	The Question Jury
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Supervet
10:00pm	Born to Kill?
11:00pm	Locked Up
12:05am	One Born Every Minute
1:05am	My Online Nightmare
2:05am	The Secret Life of the Zoo

CHANNEL 5

8:25am	Shimmer and Shine
8:35am	Noddy: Toyland Detective
8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:40am	Peppa Pig
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	Can't Pay Special: Big Family Bust-Up
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Deadly Departure
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Secrets of Great British Castles
9:00pm	On Benefits
10:00pm	Nightmare Tenants, Slum Landlords
11:00pm	Murder on the Internet
12:05am	Me... And My Body

4

9:55am	Brooklyn Nine-Nine
10:30am	Brooklyn Nine-Nine
11:00am	Melissa and Joey
11:30am	Melissa and Joey
12:00pm	Baby Daddy
12:30pm	Baby Daddy
1:00pm	How I Met Your Mother
1:30pm	How I Met Your Mother
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	Kevin Can Wait
10:00pm	Brooklyn Nine-Nine
10:30pm	New Girl
11:00pm	The Inbetweeners
11:30pm	The Inbetweeners
12:00am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
10:00am	Joshua/Klitschko: The Knockouts
10:30am	Froch Returns
10:45am	Froch and Mccracken: Back in the Ring
11:00am	Premier League Daily
12:00pm	Joshua/Klitschko: The Knockouts
12:30pm	Froch Returns
12:45pm	Froch and Mccracken: Back in the Ring
1:00pm	Sporting Triumphs
1:30pm	Joshua/Klitschko: The Knockouts
2:00pm	Fight Night
4:00pm	Wladimir Klitschko / Ruslan Chagaev
5:00pm	Ringside Special
6:00pm	Sporting Triumphs
6:30pm	Joshua/Klitschko: The Knockouts
7:00pm	Ffc: Merse Meets Carrick
8:00pm	Football <i>Manchester City v Manchester United</i>
11:30pm	Carling: In Off the Bar
12:00am	Factual

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Culinary Genius
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:25pm	Party Election <i>Broadcast by the UK Independence Party</i>
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Tonight
9:00pm	Emmerdale
9:30pm	Joanna Lumley's Postcards
10:00pm	The Detectives
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	Piers Morgan's Life Stories
12:40am	Tipping Point
1:30am	Jackpot247
4:00am	Tonight
4:30am	ITV Nightscreen

itv2

7:10am	You've Been Framed!
7:35am	Below Deck
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Totally Bonkers Guinness World Records
10:10am	Psych
11:05am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Mom
10:30pm	Mom
11:00pm	Celebrity Juice
12:00am	Family Guy
12:30am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:30am	The Royal
10:30am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Adventures of Sherlock Holmes
2:05pm	Heartbeat
3:10pm	The Royal <i>Drama series set around a North Yorkshire hospital in the 1960s.</i>
4:15pm	Where the Heart is
5:20pm	Barging Round Britain with John Sergeant
5:50pm	Love Your Garden
6:55pm	Heartbeat
8:00pm	Murder, She Wrote <i>Murder mystery series with the sleuthing Jessica Fletcher.</i>
9:00pm	Wycliffe
10:00pm	The Bletchley Circle
11:00pm	Law and Order: UK
12:05am	Wire in the Blood
1:10am	A Touch of Frost
3:00am	In Loving Memory

itv4

7:00am	Minder
7:50am	The Saint
8:45am	Ironsides
9:50am	The Sweeney
10:50am	Minder
11:50am	The Chase
12:55pm	Cash Cowboys <i>Sheldon and Scott embark on a coast-to-coast scavenge for collectibles that can make them cash.</i>
1:50pm	Pawn Stars
2:20pm	Storage Wars Texas
2:50pm	The Saint
3:55pm	Ironsides
4:55pm	Minder <i>Drama series about the shady dealings of a loveable rogue and his reluctant sidekick.</i>
6:00pm	The Sweeney
7:00pm	Cash Cowboys
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Chase Celebrity Special
10:05pm	Double Impact
11:05pm	FYI Daily
11:10pm	Double Impact
12:15am	Don't Say a Word

sky CINEMA ACTION & ADVENTURE

9:45am	The League of Extraordinary Gentlemen
11:45am	The Patriot
2:40pm	Ant-Man
4:45pm	X-Men: The Last Stand
6:40pm	Sherlock Holmes
9:00pm	Ant-Man
11:00pm	Spy
1:05am	The Mummy Returns

sky CINEMA COMEDY

7:45am	Spud 3: Learning to Fly
9:20am	The Top Ten Show 2017
9:35am	Ted 2
11:35am	Daddy's Home
1:20pm	Zoolander 2
3:10pm	Hitch
5:10pm	Magic Mike XXL
7:10pm	Starsky and Hutch
9:00pm	Zoolander 2
10:45pm	Daddy's Home
12:30am	Ted 2
2:30am	The Hangover
4:20am	Gremlins 2: The New Batch

sky CINEMA PREMIERE

7:00am	Iona
8:40am	Everest: Special
9:10am	American Fable
11:00am	Tarzan
1:00pm	The Top Ten Show 2017
1:20pm	Barbershop: The Next Cut
3:25pm	Let's be Evil <i>Badly in need of money, a young woman takes a job supervising an advanced learning program that quickly spirals out of control.</i>
5:10pm	American Fable
7:00pm	Tarzan
9:00pm	Barbershop: The Next Cut
11:00pm	Let's be Evil
12:40am	Me and Kaminski <i>Daniel Bruhl stars as an ambitious art journalist who journeys to the remote Alps to track down legendary artist Manuel Kaminski.</i>
2:55am	Love Me Do
4:45am	Iona

sky SPORTS 2

7:00am	Cricket Classics
8:00am	WWE SmackDown!
9:00am	Football
9:30am	Football
10:00am	Football
10:30am	Barclays Premier League World
11:00am	Football
11:30am	Football
12:00pm	Football
12:30pm	Cricket's Greatest
1:00pm	Live RI One Day Cup <i>The 2017 Royal London One-Day Cup begins today as Northamptonshire play Warwickshire at The County Ground.</i>
9:30pm	Joshua/Klitschko: The Knockouts
10:00pm	Great Sporting Moments 2016
10:15pm	Wembley
10:45pm	Great Sporting Moments 2016
11:00pm	Joshua/Klitschko: The Countdown
11:30pm	World Rugby
12:00am	Premier League Match Pack
12:30am	La Liga Show
1:00am	Joshua/Klitschko: The Countdown

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BBC one

11:00am	Homes Under the Hammer
12:00pm	The Sheriffs are Coming
12:45pm	Claimed and Shamed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	A Question of Sport
9:00pm	EastEnders
9:30pm	MasterChef
10:00pm	Have I Got News for You
10:30pm	Hospital People
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show
12:25am	Witless

BBC TWO

7:00am	Flog it! Trade Secrets
7:30am	Garden Rescue
8:15am	Put Your Money Where Your Mouth Is
9:00am	The World According to Kids
10:00am	Victoria Derbyshire
11:00am	Snooker
1:00pm	The Daily Politics
2:00pm	Snooker World Championship
7:00pm	Eggheads
7:30pm	Debatable
8:00pm	Snooker
10:00pm	Versailles Sumptuous period drama depicting the decadent and turbulent early reign of the Sun King.
11:00pm	QI
11:30pm	Newsnight
12:05am	Later... with Jools Holland
1:05am	World Championship Snooker Highlights
1:55am	Trump's First 100 Days
2:55am	Doctor Who
3:40am	This is BBC Two

BBC FOUR

8:00pm	World News Today <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops
9:00pm	The Good Old Days <i>Leonard Sachs chairs the old-time music hall programme, originally broadcast on 14 March 1978.</i>
9:50pm	Sounds of the Seventies
10:00pm	When Albums Ruled the World <i>Documentary looking at the history of the pop music album.</i>
11:30pm	The Joy of the Single
12:30am	Music for Misfits: The Story of Indie <i>Documentary series exploring British indie music.</i>
1:30am	Top of the Pops
2:10am	When Albums Ruled the World
3:35am	Music for Misfits: The Story of Indie

CHANNEL 4

7:00am	Countdown
7:40am	Will and Grace
8:05am	Will and Grace
8:30am	Everybody Loves Raymond
8:55am	Everybody Loves Raymond
9:25am	Everybody Loves Raymond
9:55am	Formula 1
11:35am	Frasier
12:00pm	Ramsay's Hotel Hell
12:50pm	Channel 4 News
12:55pm	The Question Jury
1:55pm	Formula 1
3:35pm	F1: Grand Prix
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Couples Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Unreported World
9:00pm	Posh Pawn
10:00pm	Gogglebox
11:00pm	Sarah Millican
12:05am	First Dates
1:10am	Attack The Block
2:40am	Single Mums Club
3:35am	National Treasure

CHANNEL 5

8:50am	Paw Patrol
9:05am	Ben and Holly's Little Kingdom
9:15am	Digby Dragon
9:30am	Peppa Pig
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	The Nightmare Neighbour Next Door
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Trump Unauthorised
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	The Gadget Show
9:00pm	Barging Brits in the Sun
10:00pm	Spectacular Spain with Alex Polizzi
11:00pm	The Bruce Forsyth Story
12:30am	Peter Kay: The Early Years

4

9:55am	Brooklyn Nine-Nine
10:30am	Brooklyn Nine-Nine
11:00am	Melissa and Joey
11:30am	Melissa and Joey
12:00pm	Baby Daddy
12:30pm	Baby Daddy
1:00pm	How I Met Your Mother
1:30pm	How I Met Your Mother
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Brooklyn Nine-Nine
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	American Pie: Reunion
12:15am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
10:00am	Football
10:30am	Joshua/Klitschko: The Countdown
11:00am	Premier League Daily
12:00pm	Football
12:30pm	Joshua/Klitschko: The Countdown
1:00pm	Football
1:30pm	Froch/Groves II: History at Wembley
2:00pm	Fight Night
4:00pm	Steelhammer: Wladimir's Story
4:45pm	Froch and Mccracken: Back in the Ring
5:00pm	Ringside Special
6:00pm	Froch/Groves II: History at Wembley
6:30pm	Joshua/Klitschko: The Countdown
7:00pm	Ffc: Merse Meets Carrick
8:00pm	Football Cardiff City v Newcastle United
11:15pm	Joshua/Klitschko: the Countdown
11:45pm	Froch and Mccracken: Back in the Ring
12:00am	Factual

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Culinary Genius
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:25pm	Party Election Broadcast by the Liberal Democrats
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Judge Rinder's Crime Stories
9:30pm	Coronation Street
10:00pm	Lethal Weapon
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	Miss Congeniality 2: Armed and Fabulous
1:45am	Jackpot247

itv2

7:10am	Below Deck
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Emmerdale
10:00am	Totally Bonkers Guinness World Records
10:35am	Psych
11:25am	Below Deck
11:55am	You've Been Framed!
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Emmerdale
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Shaun of the Dead
12:00am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	The Royal
10:25am	Judge Judy
10:55am	Judge Judy
11:25am	Judge Judy
11:50am	Road to Avonlea
12:55pm	The Corrie Years
1:25pm	Heartbeat
2:30pm	ITV Racing: Live from Sandown
5:00pm	Tales From Northumberland with Robson Green
5:35pm	Great Estates of Scotland
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	Secrets of Growing Old
11:00pm	Law and Order: UK
12:00am	Wire in the Blood
1:05am	A Touch of Frost
3:10am	Martin Clunes: A Lion Called Mugie
4:00am	Charles: The Destiny of a Prince
4:55am	Long Lost Family

itv4

7:00am	Nijinsky's Triple Crown
7:05am	Minder
7:55am	The Saint
8:50am	Ironside
9:55am	The Sweeney
10:55am	Minder
11:55am	The Chase
12:55pm	Pawn Stars
1:30pm	Cycling Gary Imlach, with Chris Boardman, presents live coverage of stage one from Bridlington to Scarborough.
6:15pm	World Cup Top Goalscorers
6:30pm	The Sweeney
7:30pm	The Darts Show
8:00pm	Cycling
9:00pm	Counting Cars
9:30pm	Counting Cars
10:00pm	Another 48 Hrs
11:05pm	FYI Daily
11:10pm	Another 48 Hrs
12:00am	Beetlejuice
1:05am	FYI Daily
1:10am	Beetlejuice
1:55am	The Saint

sky CINEMA ACTION & ADVENTURE

8:55am	Avengers Confidential: Black Widow and Punisher
10:30am	Die Hard 4.0
12:50pm	Deadpool
2:40pm	The Scorpion King
4:20pm	The Chronicles of Riddick
6:25pm	Armageddon
9:00pm	Die Hard 4.0
11:15pm	Deadpool
1:10am	Camino

sky CINEMA COMEDY

11:50am	The Cable Guy
1:35pm	Sisters
3:40pm	Grimsby
5:10pm	Robin Hood: Men in Tights
7:00pm	Whiskey Tango Foxtrot
9:00pm	Sisters
11:00pm	Grimsby
12:30am	Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan

sky CINEMA PREMIERE

7:00am	Let's be Evil
8:45am	Love Me Do
10:35am	Tarzan
12:35pm	X-Men: Apocalypse
3:10pm	Barbershop: The Next Cut <i>Comedy sequel about a barbershop owner trying to come up with a scheme to protect his beloved Chicago neighbourhood from rival gangs.</i>
5:15pm	Love Me Do
7:00pm	Tarzan
9:00pm	X-Men: Apocalypse <i>When an ancient mutant awakens from his slumber, Professor X and his latest recruits must find a way to stop his world-ending plans.</i>
11:30pm	Barbershop: The Next Cut
1:30am	Let's be Evil
3:05am	Iona
4:40am	American Fable

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Super League Highlights
8:15am	Great Sporting Moments
8:30am	Barclays Premier League World
9:00am	Premier League Match Pack
9:30am	Live Super Rugby
11:35am	Super Rugby Gold
11:45am	Cricket Gold
11:55am	Live RI One Day Cup
8:00pm	Super League Gold
8:15pm	Super League Gold
8:30pm	Live Super League Hull FC take on Warrington Wolves at the KCOM Stadium in the Betfred Super League.
11:30pm	Barclays Premier League Preview
12:00am	The Fantasy Football Club
1:00am	Live NFL Draft
5:00am	Indian Premier League Highlights

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BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen
12:30pm	Mary Berry's Absolute Favourites
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	Snooker Coverage and reaction from the latest Snooker event taking place.
5:30pm	Final Score
6:30pm	Who Dares Wins
7:10pm	BBC News
7:20pm	Regional News
7:25pm	Weather
7:30pm	Pointless
8:20pm	Doctor Who
9:10pm	Casualty
10:00pm	BBC News
10:15pm	Weather
10:20pm	All Round to Mrs Brown's
11:20pm	Match of the Day
12:30am	Murder in Successville
1:00am	Wild Hogs
2:35am	Weather for the Week Ahead
2:40am	BBC News

BBC TWO

7:25am	On Moonlight Bay
9:00am	That's Entertainment! 2
11:00am	Snooker
1:00pm	Raymond Blanc: How to Cook Well
1:30pm	The Hairy Bikers' Best of British
2:15pm	Talking Pictures
2:45pm	The Ipress File
4:30pm	Meet the Moose Family: Natural World
5:30pm	Snooker
6:30pm	The Crucible: 40 Golden Snooker Years
7:30pm	Dad's Army
8:00pm	Snooker Coverage and reaction from the latest Snooker event taking place.
10:30pm	St. Stephen's Night Calvary
12:05am	Versailles
1:05am	Rabbit-Proof Fence
2:30am	This is BBC Two Highlights of programmes on BBC Two.

BBC FOUR

8:00pm	Dan Cruickshank: At Home with the British
9:00pm	BBC at War with Jonathan Dimbleby Documentary looking at the role the BBC played in the second world war.
10:00pm	Pioneer
11:45pm	Top of the Pops John Peel and David Jensen present the weekly look at the pop charts, first broadcast on 13th January 1983.
12:30am	Top of the Pops
1:05am	Sinatra: All or Nothing at All
3:05am	The Andy Williams Show: Duets
4:10am	Sounds of the Eighties

CHANNEL 4

7:05am	Motorsport
7:35am	Motorsport
8:00am	King of Queens
8:25am	Everybody Loves Raymond
8:50am	Everybody Loves Raymond
9:20am	Frasier
9:50am	Frasier
10:25am	Frasier
10:55am	Formula 1
12:25pm	F1: Grand Prix
12:55pm	Formula 1
3:30pm	The Auctioneers
4:30pm	A Place in the Sun
5:35pm	Big House, Little House
6:35pm	Location, Location, Location
7:30pm	Channel 4 News Includes sport and weather.
8:00pm	The Restoration Man
9:00pm	Walking Through Time
10:00pm	Carol
12:20am	Zombieland
2:00am	Ramsay's Kitchen Nightmares USA
2:50am	Hollyoaks Omnibus

CHANNEL 5

7:00am	Milkshake!
11:15am	Teenage Mutant Ninja Turtles
11:20am	Access
11:55am	Criminals Caught on Camera
12:20pm	The Gadget Show
1:15pm	The Gadget Show
2:15pm	On Benefits
3:15pm	On Benefits
4:15pm	On Benefits
5:15pm	The Nightmare Neighbour Next Door
6:10pm	Can't Pay Special: Secrets and Lies
7:10pm	Can't Pay? We'll Take it Away!
8:05pm	NCIS: Los Angeles
9:00pm	NCIS
9:55pm	5 News
10:00pm	Football on 5
11:00pm	Football on 5
11:15pm	The Expendables 2
1:05am	Super Casino
4:10am	The Long Ships A Viking adventure in which two brothers search for the legendary Golden Bells of St James.

4

7:00am	Brooklyn Nine-Nine
7:25am	Brooklyn Nine-Nine
7:50am	Black-Ish
8:15am	Made in Chelsea
9:15am	Melissa and Joey
9:40am	Melissa and Joey
10:05am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Melissa and Joey
11:30pm	The Goldbergs
12:00pm	The Goldbergs
12:30pm	The Goldbergs
1:00pm	The Goldbergs
1:30pm	Hop
3:30pm	Percy Jackson and the Olympians: The Lightning Thief
5:50pm	Rude(Ish) Tube Shorts
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Safe House
12:15pm	Gogglebox
1:20am	Gogglebox
2:25am	Rude Tube

sky SPORTS 1

7:00am	Klitschko: Behind the Ropes
7:30am	Joshua: Behind the Ropes
8:00am	Froch Returns
8:15am	Joshua/Klitschko: The Countdown
8:45am	Joshua/Klitschko: The Countdown
9:15am	Premier League Preview 2016/17
9:45am	The Fantasy Football Club
10:45am	Soccer A.M.
12:30pm	Football Rangers v Celtic
3:30pm	Sporting Triumphs
3:45pm	Rugby Gold
3:55pm	Rugby Union Round 21 - Ospreys v Ulster
6:15pm	Football Brighton v Bristol City
9:00pm	Scottish Football Highlights
9:30pm	Nissan Game of the Day
11:30pm	Nissan Match Choice
12:30am	Football
1:00am	Football
1:30am	Football

itv

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	The Home Game
11:20am	James Martin's French Adventure
12:20pm	Tipping Point
1:25pm	ITV News and Weather
1:30pm	Big Heads
2:30pm	ITV Racing: Sandown Park and Haydock
5:00pm	Planet's Got Talent
5:30pm	Britain's Got More Talent
6:30pm	Catchphrase
7:15pm	Local News and Weather
7:25pm	ITV News and Weather
7:45pm	Take Me Out
9:00pm	Britain's Got Talent
10:20pm	Through the Keyhole
11:15pm	ITV News and Weather
11:30pm	Yes Man
1:20am	Jackpot247
4:00am	Who's Doing the Dishes?
4:50am	Nightscreen

itv2

7:00am	The Hot Desk
7:10am	Emmerdale Omnibus
9:40am	Coronation Street Omnibus
12:10pm	Britain's Got Talent
1:35pm	Britain's Got More Talent
2:35pm	Take Me Out
3:50pm	Take Me Out: The Gossip
4:50pm	You've Been Framed!
5:20pm	Flubber
6:20pm	FYI Daily
6:25pm	Flubber
7:15pm	The Incredible Hulk
8:15pm	FYI Daily
8:20pm	The Incredible Hulk
9:25pm	Scorpion
10:20pm	Britain's Got More Talent
11:20pm	Celebrity Juice
12:20am	Family Guy
12:45am	Family Guy
1:15am	Family Guy
1:45am	American Dad!
2:15am	American Dad!
2:45am	American Dad!
3:10am	Through the Keyhole
4:00am	Teleshopping

itv3

7:00am	Judge Judy
7:20am	Murder, She Wrote
8:10am	Murder, She Wrote
9:10am	Murder, She Wrote
10:10am	Columbo
11:50am	Goodnight Mister Tom
1:55pm	Margery and Gladys Lewis
4:00pm	Lewis
5:55pm	Rosemary and Thyme
8:00pm	Agatha Christie's Marple
10:00pm	Foyle's War Feature-length drama about an enigmatic detective working on the South Coast during World War II.
12:05am	Law and Order: UK
1:05am	Law and Order: UK
2:05am	Law and Order: UK Crime drama based on the hit US series Law and Order.
3:00am	ITV3 Nightscreen Text-based information service.
3:30am	Teleshopping

itv4

7:00am	British Touring Car Crashes and Smashes
7:10am	Motorsport UK
8:00am	Bundesliga
9:00am	ITV Racing: The Opening Show
10:00am	Cycling
1:45pm	Counting Cars
2:20pm	Counting Cars
2:40pm	Football Rivalries
3:00pm	Cycling
6:15pm	Football Rivalries
6:30pm	Storage Wars Texas
6:55pm	Fierce
8:00pm	Cycling
9:00pm	River Monsters
10:00pm	The Devil's Advocate
11:00pm	FYI Daily
11:05pm	The Devil's Advocate
12:55am	Don't Say a Word
1:55am	FYI Daily
2:00am	Don't Say a Word
3:05am	Cash Cowboys
3:55am	ITV4 Nightscreen
4:00am	Teleshopping Innovative, value-for-money products brought directly to you at home.

sky CINEMA ACTION & ADVENTURE

8:15am	Spy
10:25am	13 Hours: The Secret Soldiers of Benghazi
12:55pm	Marvel's Avengers Assemble
3:25pm	The Dark Knight
6:05pm	Spy
8:15pm	Hitman
10:00pm	Marvel's Avengers Assemble
12:30am	The Dark Knight
3:10am	Con Air

sky CINEMA COMEDY

7:15am	Dude, Where's My Car?
8:45am	Bruce Almighty
10:35am	The First Wives Club
12:25pm	All About Steve
2:10pm	The Intern
4:20pm	Bad Neighbours 2
6:00pm	Bridget Jones's Diary
7:40pm	All About Steve
9:25pm	The Intern
11:30pm	Bad Neighbours 2
1:10am	The Overnight
2:40am	Brüno
4:10am	Office Space

sky CINEMA PREMIERE

7:00am	Barbershop: The Next Cut
9:05am	Tarzan
11:00am	Everest: Special The likes of Jake Gyllenhaal, Keira Knightley and Josh Brolin talk about disaster epic Everest.
11:30am	X-Men: Apocalypse
2:05pm	Sausage Party
3:50pm	Barbershop: The Next Cut
6:00pm	Tarzan
8:00pm	X-Men: Apocalypse
10:30pm	Sausage Party
12:10am	Let's be Evil Badly in need of money, a young woman takes a job supervising an advanced learning program that quickly spirals out of control.
1:55am	Me and Kaminski
4:15am	Iona

sky SPORTS 2

7:00am	Indian Premier League Highlights
8:00am	Indian Premier League Highlights
9:00am	Cricket Classics
10:00am	Indian Premier League Highlights
11:00am	Indian Premier League Highlights
12:00pm	Live Indian Premier League
4:00pm	Live Indian Premier League
8:30pm	Football Espanyol v Barcelona.
11:00pm	EFL Goals
11:30pm	Rugby Union
1:30am	Football
3:30am	Sporting Rivalries Series profiling some of the greatest sporting rivalries of all time.
4:00am	Indian Premier League Highlights
5:00am	Indian Premier League Highlights

I am grumpy this week!

Mike Senker

In my opinion

Views of a Grumpy Old Man



AS I've said many times I love living in Spain but there are still some things here that I don't think you could get away with living in the UK.

I've found out this week that along the paseo where we like to go to walk the dog and have a coffee, the town hall has said that over the next few years every cafe, bar and restaurant has to change their frontage to have raised wooden floors, glass curtain style fronts and different seating areas outside. I'm not saying it won't look nice but, me for one, I actually like the rough and ready looking tapas bars and the little family-owned cafes that I have been visiting for years. It's something that happens a lot here that you are forced to do things with no consideration to the expense involved.

I had a shop in the square in Fuengirola buying and selling gold and jewellery. Some of you might remember it. It was called the Old Gold Company. When we opened it we had to jump through hoops to get the four or five licences you needed just to get going. We had to do so much paperwork just to buy a single item it was crazy. But then it seemed that every week they changed the rules. In the end it was getting impossible to actually abide by all the regulations.

One, for instance, was that you couldn't buy broken jewellery. How crazy is that? Much of the time people wanted to sell us stuff that was broken and which couldn't be repaired but which, as it was gold, had scrap value. Sometimes the value was even more than when the item was new because, at that time, gold prices were rocketing. People in the UK who were doing the same thing laughed at me when I told them about all the Spanish red tape.

Another thing that happened recently was that we had some work done on our pools where we live and, to be honest, we were conned. (Mrs S wasn't President then) We called the company back to tell them there were some problems with the work and they just looked at us like we were mad. They did the 'shrug' and told us the bits that had gone wrong was nothing to do with them it was some other reason blah, blah, blah and they were absolutely not interested in doing anything about it. Denounce them, you might say. Everybody throws that word around like it's some kind of magic wand. Have you ever tried it? It's not that easy to get any type of result.

The UK system of the county or high courts was much better and didn't take the years that it takes to get things done through the legal system here. Needless to say we just had to leave it because here everybody knows the system of not paying if you don't want to.

Wow I am grumpy this week! Email me at mikesenker@gmail.com.



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IS THERE A WAY TO INVEST SENSIBLY AND SECURELY IN SPAIN?

By Sam Kelly, Managing Partner, Chorus Financial



It concerns me when I see investment 'opportunities' here in Spain offering 7-8-9% fixed returns with no information on how these returns are achieved or where they are regulated, 'low risk' funds returning 20%+ a year, property investments offering unrealistic 'guaranteed' yields. These schemes can struggle to survive, and often collapse, leaving their investors high and dry.

I fully understand why people need to invest. The effects of inflation alone mean £100,000 left in the bank for 10 years will lose around £25,000 of its spending power.

Investing £100,000 at a moderate growth of 5% per year over 10 years would return £162,000. Strong growth of 7% would return £197,000.

So where can Expats turn to? Two providers who have proved incredibly popular with our clients here in Spain are The Prudential & Old Mutual. These FTSE 100 companies have a combined 40 million clients worldwide and have set up solutions specifically for Expats in Spain.

Their Spanish compliant bonds offer a whole host of advantages which can include tax efficiency, inheritance tax mitigation, ease of accounting and no requirement to report on the Modelo 720 as an overseas asset.

The Prudential Spanish Bond allows you to invest in one of the oldest, largest and most diverse portfolios in the World. Opposite is a chart showing the Growth Fund's performance from November 2008 to January 2017.

Similarly, Old Mutual International offers a Spanish Portfolio Bond, which can hold a choice of thousands of fully regulated funds. This is a perfect option for those with existing investments they wish to move to a Spanish compliant product, or for more sophisticated investors who wish to set up a portfolio under the guidance of a regulated financial planner.

There really is no need to take aggressive financial risks to get good, long term returns here in Spain.

If you have any questions about these products or their suitability for you then please contact me today on **664 398 702** or email s.kelly@chorusfinancial.es to arrange a free consultation.



Investment contracts are intended as medium to long term investments, and all investments have some level of risk. Figures in this article are examples of what can be achieved, and cannot be guaranteed; the value of your investments can go down as well as up. Fees and charges can vary and will be fully explained to you before any advice can take place. This article should not be considered as investment advice or a recommendation of any particular product.

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BBC one

7:00am	Breakfast
8:45am	Match of the Day
10:00am	The Andrew Marr Show
11:00am	BBC News
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Homes Under the Hammer
3:15pm	Wanted Down Under
4:15pm	Flog It!
5:05pm	Points of View
5:20pm	Escape to the Country
6:05pm	Songs of Praise
6:40pm	Pointless
7:30pm	BBC News
7:50pm	Regional News
7:55pm	Weather
8:00pm	Countryfile
9:00pm	Antiques Roadshow
10:00pm	Line of Duty
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Match of the Day 2
12:50am	The Women's Football Show

BBC TWO

7:30am	A to Z of TV Gardening
8:15am	Around the World in 80 Gardens
9:15am	The Beechgrove Garden
9:50am	Countryfile News and stories concerning the heart of the British countryside.
10:45am	Saturday Kitchen Best Bites
12:15pm	Nigel Slater: Eating Together
12:45pm	Simply Nigella
1:15pm	MOTD2 Extra MOTD2 Extra presents the latest football action.
2:00pm	Athletics: World Relay Championships Highlights
3:00pm	Snooker
7:00pm	Amazing Hotels: Life Beyond the Lobby
8:00pm	Snooker
12:00am	Drive
1:35am	Question Time
2:35am	Holby City
3:30am	This is BBC Two

BBC FOUR

8:00pm	Birth of British Music
9:00pm	The Secret Life of the Motorway
10:00pm	Horizon Series exploring topical scientific issues. Scientists genuinely don't know what most of our universe is made of. The atoms we're made from only make up four per cent. The rest is dark matter and dark energy.
11:00pm	Trump's First 100 Days
12:00am	Storyville Documentary about the first globally famous stunt performer, exploring the charisma and showmanship at the heart of Evel Knievel's improbable success.
1:30am	BBC at War with Jonathan Dimbleby

CHANNEL 4

7:10am	King of Queens
7:35am	King of Queens
8:00am	Everybody Loves Raymond
8:25am	Everybody Loves Raymond
8:55am	Frasier
9:25am	Frasier
10:00am	Sunday Brunch
1:00pm	Formula 1
1:35pm	Formula 1 Steve Jones presents live coverage from Russia of the fourth race of the 2017 F1 season.
4:10pm	Formula 1
5:30pm	The World's Most Expensive Cars
6:30pm	George Clarke's Old House, New Home
7:30pm	Channel 4 News
8:00pm	The Supernet
9:00pm	Escape to Costa Rica
10:00pm	Carol
12:20am	Gogglebox
1:25am	Mud
3:45am	KOTV Boxing Weekly
4:10am	Gillette World Sport
4:40am	Building the Dream

CHANNEL 5

7:00am	Milkshake! Programming aimed at children aged two to seven years old.
9:10am	Teenage Mutant Ninja Turtles
9:55am	Football on 5
10:45am	Football on 5
11:00am	Great Birmingham 10k
1:00pm	Michael
3:00pm	Getting Even with Dad
5:00pm	Housesitter
7:00pm	Robin Hood: Prince of Thieves Romantic action adventure based on the legendary nobleman turned outlaw.
9:55pm	5 News The latest news coverage.
10:00pm	Greatest Ever 90s Movies
12:50am	Football on 5 Goal Rush.
1:25am	Super Casino
4:10am	Charade
5:50am	House Doctor

4

7:00am	Rude(Ish) Tube
7:30am	Couples Come Dine with Me
8:30am	Hollyoaks Omnibus
11:00am	Made in Chelsea
12:00pm	The Goldbergs
12:30pm	The Goldbergs
1:00pm	The Goldbergs
1:30pm	Black-Ish
2:00pm	Baby Daddy
2:30pm	Kevin Can Wait
3:00pm	Brooklyn Nine-Nine
3:30pm	New Girl
4:00pm	The Net
6:15pm	Rude(Ish) Tube Shorts
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	Tattoo Fixers
12:00am	Tattoo Fixers
1:00am	E4's Tattoo Artist of the Year
2:00am	Celebrity First Dates
3:00am	Naked Attraction

sky SPORTS 1

7:00am	Football
7:30am	Football
8:00am	Football
8:30am	Football
9:00am	Football
9:30am	Football
10:00am	Football
10:30am	The Sunday Supplement
12:00pm	Goals on Sunday
2:00pm	Live Nissan Super Sunday
3:00pm	Live Nissan Super Sunday
5:15pm	Live Nissan Super Sunday
8:00pm	EFL Goals
8:30pm	La Liga Gold
8:40pm	Football
10:40pm	La Liga Gold
10:50pm	La Liga Gold
11:00pm	Football
11:30pm	Football
12:00am	Football
12:30am	Goals on Sunday
1:30am	Football
2:00am	Football

itv

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	Countrywise
11:00am	Peston on Sunday
12:00pm	Judge Rinder
1:00pm	ITV News and Weather
1:05pm	Tipping Point
2:05pm	Who's Doing the Dishes?
3:05pm	Planet's Got Talent
3:35pm	Britain's Got Talent
5:00pm	On Her Majesty's Secret Service
7:35pm	Local News and Weather
7:45pm	ITV News and Weather
8:00pm	Bigheads
9:00pm	The Durrells
10:00pm	Grantchester
11:00pm	ITV News and Weather
11:20pm	Lethal Weapon
12:20am	Aviva Premiership Rugby Highlights
1:15am	Peston on Sunday
2:05am	Jackpot247
4:00am	Motorsport

itv2

7:00am	You've Been Framed!
7:25am	Emmerdale Omnibus
10:05am	Coronation Street Omnibus
12:25pm	Take Me Out
1:45pm	Catchphrase
2:30pm	You've Been Framed!
3:35pm	Mr. Magorium's Wonder Emporium
4:35pm	FYI Daily
4:40pm	Mr. Magorium's Wonder Emporium
5:25pm	Britain's Got Talent
6:45pm	Britain's Got More Talent
7:45pm	Miss Congeniality 2: Armed and Fabulous
8:45pm	FYI Daily
8:50pm	Miss Congeniality 2: Armed and Fabulous
10:00pm	Take Me Out: The Gossip
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!
1:00am	American Dad!
1:30am	The Cleveland Show
2:00am	The Cleveland Show
2:30am	The Vampire Diaries

itv3

7:00am	In Loving Memory
7:25am	Goodnight Mister Tom
9:30am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.
10:35am	Heartbeat Drama, set in the North Yorkshire moors in the 1960's.
11:35am	Heartbeat
12:40pm	Forever Young
1:40pm	FYI Daily
1:45pm	Forever Young
2:40pm	A Touch of Frost
4:50pm	Foyle's War
6:55pm	Midsomer Murders
9:00pm	Royal Stories
9:30pm	Royal Stories
10:00pm	Prince Harry in Africa
11:00pm	Law and Order: UK Crime drama based on the hit US series Law and Order.
12:00am	Law and Order: UK
1:05am	Wire in the Blood
2:05am	Wire in the Blood
3:00am	Lewis

itv4

7:00am	World Cup Rivalries: England v Argentina
7:20am	Ironsides
9:00am	The Darts Show
9:35am	Pawn Stars
10:00am	Pawn Stars
10:30am	Pawn Stars
10:55am	Pawn Stars
11:30am	Pawn Stars
11:55am	Pawn Stars
12:25pm	Cycling
1:00pm	Cycling
6:30pm	Pawn Stars
6:55pm	The Chase: Celebrity Special Bradley Walsh hosts a celebrity edition of the hit quiz show where four well known celebrities have to work together to try and win thousands of pounds for charity.
8:00pm	Cycling
9:00pm	Rugby
10:00pm	Car Wars
11:05pm	Beetlejuice
12:05am	FYI Daily
12:10am	Beetlejuice

sky CINEMA ACTION & ADVENTURE

7:00am	Son of a Gun
9:00am	Sherlock Holmes
11:25am	Self/Less
1:30pm	Tomorrowland
3:45pm	Pearl Harbour
6:50pm	In the Heart of the Sea
9:00pm	Sherlock Holmes
11:20pm	The Mummy Returns
1:35am	Tomorrowland
3:50am	Self/Less
5:50am	Lost and Found

sky CINEMA COMEDY

7:50am	Year One
9:35am	Three Amigos!
11:20am	Four Weddings and a Funeral
1:25pm	Central Intelligence
3:25pm	Ride Along 2
5:15pm	Groundhog Day
7:00pm	Superbad
9:00pm	Central Intelligence
11:00pm	Ride Along 2
12:50am	Superbad
2:50am	Dope
4:40am	Deuce Bigalow: European Gigolo

sky CINEMA PREMIERE

9:00am	Barbershop: The Next Cut
11:10am	Queen of Earth Unsettling psychodrama about a troubled woman who retreats to her best friend's lake house and spirals into despair.
12:55pm	X-Men: Apocalypse
3:30pm	Sausage Party Frank the sausage investigates the truth when he learns life after the supermarket isn't much fun for groceries.
5:15pm	Tarzan Years after leaving his old home behind, the Lord of the Jungle is lured back to Africa and into a trap.
7:15pm	Queen of Earth
9:00pm	X-Men: Apocalypse
11:30pm	Sausage Party
1:05am	Barbershop: The Next Cut

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Live Super Rugby
10:00am	Cricket's Greatest
10:30am	Cricket's Greatest
11:00am	Great Sporting Moments
12:00pm	Premier League Legends
12:30pm	Live EFL
3:30pm	Great Sporting Moments
3:45pm	Great Sporting Moments
4:55pm	Info not available
6:50pm	Great Sporting Moments
8:30pm	Sporting Greats II
9:00pm	Football Gold
9:10pm	Football
11:10pm	Atlanta United v DC United
11:10pm	Football Gold
11:20pm	Football Gold
11:30pm	Indian Premier League Highlights
12:30am	Indian Premier League Highlights
1:30am	Cricket's Greatest
2:00am	Indian Premier League Highlights

Advertising feature

DKV prize for sales team at Abbeygate Insurance

A PRIZE for success in reaching a second category target in health insurance sales has recently been awarded to the sales team of Abbeygate Insurance, from the international specialists in health insurance, DKV Seguros SA.

Abbeygate Insurance has a great working partnership with DKV, which has resulted in its appreciation, in the form of a prize of €900, which will go towards a day out, where the team can have a bonding experience and a lovely meal out to celebrate their achievement.

Abbeygate said, "We are delighted to have been awarded this prize, it is always fantastic for our team of staff to be recognised for their hard work and dedication to excellent customer care."

Abbeygate Insurance offers a variety of insurance for health, motor vehicle, home, travel, marine, funeral, life, pet, golf and commercial including public and employment liability insurance. The head office is in Estepona and the company also has offices in Portugal, Cyprus and the United Kingdom.

Abbeygate, the largest independently owned expat insurance in Spain, offers tailored health packages with optional excess amounts available to best suit their client's needs. Abbeygate is famous for the professional friendly service it provides. Caring for clients is the basis of its success.

The reason it is special is because of the great team of dedicated English-speaking sales professionals it has. The team assess the needs of the client on an individual basis, through an underwriter, to ensure that they receive the best service and the best advice.

The underwriter houses medical professionals who assess each application accordingly and therefore gives the best advice.

Abbeygate Insurance



TOP TEAM: All smiles from the winning sales team at Abbeygate Insurance.



MAIN OFFICE: Cares for expatriate and local clients.

has accumulated many years of experience in caring for expatriate and local clients, giving an appropriate service that is tailor-made to each individual. The company is special in the way that it offers a service that focuses on the needs of the individual and it is able to put the customer's mind at rest.

For the remainder of 2017 it is offering discounted rates of 25 per cent. There's an offer you shouldn't miss!

Abbeygate's partner in health insurance, DKV Seguros SA is a specialist in health insurance and has an extensive network of branches, sales branches and exclusive agencies throughout Spain. This allows it to provide a personal and quality service to all its clients.

In recent years it has become one of the top five medical insurance companies in the country, through its two commercial trademarks in Spain: DKV and ERGO. Studies have also recognised them on numerous occasions as the insurance company with the largest number of satisfied clients.

Its managerial policy is guided towards the client, guaranteeing them strength, security and an excellent quality service. Its focus is on innovation, which includes new specialised products that are introduced into already existing coverage and products, ensuring that clients are made aware of these as part of their individual.

The staff at Abbeygate are always at your service, so if you happen to be in the area, just call in anytime to make some enquiries.

The team includes Adam from Manchester, who has a background in management and has lived in Spain for over nine years. Then there are the twin girls, Holly and Toni, along with their older sister, Charlie, who have all been educated and living in Spain for 17 years. Sandy was born and raised in India and studied in Barcelona. Matthew is from Birmingham and has lived on the coast for five years. Simona is the visiting rep from DKV and is of Spanish nationality.

The team plans to start celebrating the prize money with a trip on Saturday April 29 when they will visit the Estepona Go Kart Track. They will be joined by the dedicated renewals department and also the claims and accounting team.



DKV INTEGRAL
25% discount
on your health insurance

Special promotion for a limited time
We take care of you, we take care of your health
*You can also receive discounts until 2020.

Contact us

If you are interested in getting to know the team, contact sales at Abbeygate Insurance by telephone 951 277 455 or email sales@abbeygateinsure.com.



GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:00am	Rip Off Britain
10:45am	Homes Under the Hammer
11:45am	The Wanted
12:30pm	Claimed and Shamed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	The Boss
3:15pm	Escape to the Country
4:15pm	Garden Rescue
5:00pm	Money for Nothing
6:00pm	Put Your Money Where Your Mouth Is
6:45pm	Pointless
7:30pm	BBC News
7:45pm	Regional News
7:55pm	Weather
8:00pm	The One Show
8:30pm	MasterChef
9:00pm	EastEnders
9:30pm	Saving Mr. Banks
11:30pm	BBC News
11:50pm	Regional News
11:55pm	Weather
12:00am	All Round to Mrs Brown's
1:00am	Have I Got a Bit More News for You

BBC TWO

7:00am	Flog It!
7:30am	Garden Rescue
8:15am	Put Your Money Where Your Mouth Is
9:00am	Antiques Roadshow
10:00am	The Tittfield Thunderbolt
11:25am	Talking Pictures
12:10pm	Around the World in Eighty Days
3:00pm	Snooker Coverage and reaction from the latest Snooker event taking place.
7:00pm	Top Gear
8:00pm	Snooker
12:00am	Margin Call
1:40am	Countryfile
2:35am	Amazing Hotels: Life Beyond the Lobby
3:35am	This is BBC Two

BBC FOUR

8:00pm	100 Days +
8:30pm	Orangutan Diary Nature series featuring orphaned and rescued orangutans in Borneo.
9:00pm	Penny Blacks and Twopenny Blues: How Britain Got Stuck on Stamps
10:00pm	Amsterdam: An Art Lovers' Guide
11:00pm	Girl with a Pearl Earring Peter Webber's Oscar-nominated film takes as its central theme Vermeer's famous, mysterious painting, Girl With a Pearl Earring.
12:30am	Harlots, Housewives and Heroines: A 17th Century History for Girls
1:30am	Botany: A Blooming History
2:30am	The Secret Life of the Motorway

CHANNEL 4

7:25am	Everybody Loves Raymond
7:50am	The Big Bang Theory
8:15am	Thunder and the House of Magic
9:50am	Confessions of a Teenage Drama Queen
11:35am	The Simpsons
12:05pm	The Simpsons
12:35pm	The Simpsons
1:05pm	The Question Jury
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cakemakers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Travel Man: 48 Hours in Vienna
9:00pm	Britain's Biggest Hoarders
10:00pm	The Island with Bear Grylls
11:00pm	8 Out of 10 Cats
12:00am	Does Countdown
12:00am	Confessions of a Junior Doctor

CHANNEL 5

7:00am	Milkshake! Programming aimed at children aged two to seven years old.
10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:05pm	5 News National and international news.
1:10pm	Home and Away
1:40pm	Neighbours
2:10pm	Clash of the Titans
4:20pm	Jason and the Argonauts
5:20pm	5 News
5:25pm	Jason and the Argonauts
6:30pm	5 News
7:00pm	Neighbours
7:30pm	Home and Away
8:00pm	FIA World Rally Championship Highlights
9:00pm	Police Interceptors
10:00pm	The Miranda Hart Story
11:30pm	The Most Shocking Celebrity Moments of 2016
2:15am	Super Casino

4

8:00am	Baby Daddy
8:30am	Baby Daddy
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	Baby Daddy
10:30am	Baby Daddy
11:00am	How I Met Your Mother
11:30am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	Astro Boy
2:50pm	Toy Story Toons
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Baby Daddy
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Made in Chelsea
11:00pm	Empire
12:00am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
10:00am	Premier League 100 Club
11:00am	Premier League Daily
12:00pm	Premier League 100 Club
1:00pm	Premier League Legends
2:00pm	Great Sporting Moments
3:00pm	Premier League Legends
4:00pm	Spanish Football Gold
4:30pm	Football Gold
5:00pm	Football's Greatest
6:00pm	Boxing Gold
6:30pm	Darts Gold
7:00pm	Premier League 100 Club
7:30pm	Soccer AM: The Best Bits 2016/17
8:00pm	Football Watford v Liverpool
12:00am	Scottish Football Round Up
12:15am	Premier League Legends
12:45am	Football Gold
1:00am	Mnf Pre-Game Show
2:00am	Football

itv

9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	Columbo
1:30pm	Loose Women
2:45pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Culinary Genius
5:00pm	Tipping Point
6:00pm	Babushka
7:00pm	Off Their Rockers
7:25pm	Local News and Weather
7:45pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Devon and Cornwall Cops Documentary following the work of the Devon and Cornwall police.
9:30pm	Coronation Street
10:00pm	Little Boy Blue
11:00pm	ITV News
11:20pm	Don't Ask Me, Ask Britain
12:20am	Joanna Lumley's Postcards
12:45am	Jackpot247

itv2

7:00am	Totally Bonkers Guinness World Records
7:25am	You've Been Framed!
8:10am	Who's Doing the Dishes?
9:00am	Emmerdale
9:30am	Coronation Street
10:35am	You've Been Framed!
11:30am	Flubber
12:30pm	FYI Daily
12:35pm	Flubber
1:25pm	Emmerdale
1:55pm	Coronation Street
3:00pm	You've Been Framed!
3:35pm	The Incredible Hulk
4:35pm	FYI Daily
4:40pm	The Incredible Hulk
5:45pm	Nanny McPhee and the Big Bang
6:45pm	FYI Daily
6:50pm	Nanny McPhee and the Big Bang
7:55pm	Evan Almighty
8:55pm	FYI Daily
9:00pm	Evan Almighty
10:00pm	Family Guy
10:30pm	The Great Indoors
11:00pm	American Dad!
12:00am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Margery and Gladys
10:30am	Judge Judy
11:00am	Judge Judy
11:25am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Adventures of Sherlock Holmes
2:05pm	Heartbeat
3:10pm	The Royal
4:15pm	Where the Heart is
5:20pm	Tales From Northumberland with Robson Green
5:50pm	Love Your Garden
6:55pm	Heartbeat Drama, set in the North Yorkshire moors in the 1960's.
8:00pm	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.
9:00pm	Doc Martin
10:00pm	Rosemary and Thyme
11:00pm	Law and Order: UK
12:00am	Wycliffe
1:10am	The Knock

itv4

7:00am	Minder Modern-day re-imagining on the classic comedy-drama.
7:50am	Ironsides
9:55am	The Sweeney
10:55am	Minder
11:55am	Ax Men
12:55pm	Cash Cowboys
1:55pm	Car Chasers
2:25pm	Car Chasers
2:55pm	The Saint
3:55pm	Ironsides
5:00pm	Superman
6:05pm	FYI Daily
6:10pm	Superman
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Chase: Celebrity Special
10:00pm	Lethal Weapon 4
11:05pm	FYI Daily
11:10pm	Lethal Weapon 4
12:30am	Bundesliga
1:35am	Rugby
2:35am	Motorsport UK
3:25am	Car Chasers
3:50am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:30am	King Arthur
9:40am	The Mummy
11:50am	Captain America: Civil War
2:20pm	The Martian
4:45pm	The Karate Kid
6:55pm	Rocky
9:00pm	Captain America: Civil War
11:30pm	The Martian
1:55am	Lucky Number Slevin
3:50am	Underworld

sky CINEMA COMEDY

8:00am	Two Night Stand
9:30am	My Big Fat Greek Wedding 2
11:10am	Meet the Parents
1:00pm	Ted 2
3:15pm	Ghostbusters
5:20pm	My Big Fat Greek Wedding 2
7:00pm	Meet the Parents
9:00pm	Ted 2
11:10pm	Ghostbusters
1:10am	Bachelor Party
3:05am	Gremlins
4:55am	The Apartment

sky CINEMA PREMIERE

7:00am	Love Me Do
8:50am	Queen of Earth
10:40am	Sadie's Last Day on Earth
12:30pm	The Top Ten Show 2017 Which movies are doing the best business at home and across the pond?
12:50pm	X-Men: Apocalypse When an ancient mutant awakens from his slumber, Professor X and his latest recruits must find a way to stop his world-ending plans.
3:25pm	Sausage Party
5:10pm	Sadie's Last Day on Earth
7:00pm	Barbershop: The Next Cut
9:00pm	X-Men: Apocalypse
11:30pm	Sausage Party
1:10am	Let's be Evil
2:45am	Barbershop: The Next Cut

sky SPORTS 2

7:00am	Cricket Classics
8:00am	WWE Raw
9:00am	Cricket World Cup Classics
10:00am	Sporting Triumphs
10:15am	Sporting Triumphs
10:30am	Sporting Triumphs
10:45am	Sporting Triumphs
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Great Sporting Moments
11:45am	Live RI One Day Cup
8:00pm	Great Sporting Moments
8:15pm	Great Sporting Moments
8:30pm	Great Sporting Moments
8:45pm	La Liga Gold
8:55pm	Football Malaga v Sevilla
11:00pm	Super League Fulltime 2017
11:30pm	Indian Premier League Highlights
12:30am	Indian Premier League Highlights

Advertising feature

Yearly Travel Insurance dilemma unravelled

Christina Sharp

GLOBELINK INTERNATIONAL

christina@globelink.co.uk



TRAVEL INSURANCE: What's best for you?

Comments from our customers:

“ I live in Spain and Globelink was the quickest and easiest to do online. ...I travel to Scotland many times during the year so took out the annual policy.”

“ Very efficient, nice, helpful and easy to deal with. And a real person at the end of the phone.”

“ I wanted insurance for a trip to Canada and wanted my trip to start from Spain... great price plus the minor existing health issues were covered with no extra form filling.”

IT'S refreshingly reassuring that the slump in Sterling hasn't diminished our appetite to travel, with holiday bookings for this summer up by 7 per cent on 2016 according to ABTA, the Association of British Travel Agents. If anything, we are more determined to get the most out of our much-needed getaways, and hunt down the best bargains. There are certainly some excellent deals available, as operators compete for our custom and websites like Secret Escapes and Voyage-prive tempt us with exclusive, luxury breaks for a fraction of the usual cost.

We are tending to stick closer to home, with Spain, Greece, Portugal and Cyprus all attracting high bookings, partially due to travellers steering clear of the Eastern Mediterranean due to heightened security concerns. We are also increasingly opting for short city breaks for a 'travel fix.' Rome, Bruges, Venice and Barcelona remain hot favourites, while Tallinn, Gothenburg and Valetta have joined our mini-break radar too.

Whatever your holiday habits, don't be fool-

hardy by leaving home without travel insurance. UK Travel Insurers shell out £365 million per year on claims, so you can be sure that holiday mishaps do happen! However, is it better to buy an Annual Multi Trip or a Single Trip Policy? We look at this Travel Insurance dilemma facing holidaymakers each year. To get it right, ask yourself some simple questions and decide what's best for you:

- Are you considering two trips outside your home country? Include weekends and visits to family back home too.
- Will you travel outside Europe for one of these trips?
- Might you have a winter break as well as a

summer holiday, and weekend away?

If you answered 'yes' to any of these questions, then odds are it's more cost effective for you to purchase an Annual Multi Trip policy.

Additional essentials to watch out for include 'Trip Duration': Some annual policies limit the number of days for each trip, or the total number of days abroad, so check before you buy. Globelink's Annual Policy allows you to take as many trips as you like of up to 120 days each if you're under 65 years, and up to 60 days per trip if you are 66-70 yrs. You are covered for up to 31 days if aged 71-74. If you globe-trot for longer periods of time, Consider a Single Trip 'long stay' policy. Globelink Comprehensive Single Trip provides trip duration of up to six months if aged 66+, or three months trip duration if you are 80-84 years. Also look out for discounts for joint cover - such as reductions for couples or families.

Check what best suits you, and remember, that the cheapest policy won't necessarily provide the right cover.

Globelink Travel Insurance: for people living in the EU. Get an instant quote and arrange cover securely with www.globelink.co.uk, or call (UK) +44 1353 699 082 or call our Spanish link line on 966 265 000. Your Policy and Emergency Assistance Card will be delivered immediately by email.

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BBC one

7:00am	Cricket Classics
8:00am	WWE SmackDown!
9:00am	Mnf Pre-Game Show
10:00am	Football Gold
10:15am	Football Gold
10:30am	Football Gold
10:45am	Football Gold
11:00am	Indian Premier League Highlights
12:00pm	Indian Premier League Highlights
1:00pm	Great Sporting Moments
1:15pm	Great Sporting Moments
1:30pm	Great Sporting Moments
1:45pm	Great Sporting Moments
2:00pm	Indian Premier League Highlights
3:00pm	Indian Premier League Highlights
4:00pm	Live Indian Premier League
8:30pm	Top 14 Highlights
9:00pm	Indian Premier League
1:30am	Super League Fulltime 2017
2:00am	Sky Sports Originals

BBC TWO

7:00am	Flog It!
7:30am	Garden Rescue
8:15am	Put Your Money Where Your Mouth Is
9:00am	Great American Railroad Journeys
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Super League Show
2:45pm	Coast
3:05pm	Natural World
3:55pm	Who Do You Think You Are?
4:55pm	Red Rock
5:35pm	Red Rock
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Debatable
8:00pm	Great British Menu
8:30pm	Great British Menu
9:00pm	Bake Off Crème de la Crème
10:00pm	Horizon
11:00pm	Later Live... with Jools Holland
11:30pm	Newsnight
12:10am	Weather
12:15am	Second Chance
1:15am	Second Chance

BBC FOUR

8:00pm	100 Days +
8:30pm	Orangutan Diary <i>Nature series featuring orphaned and rescued orangutans in Borneo.</i>
9:00pm	Wild Ireland
10:00pm	Shock and Awe: The Story of Electricity
11:00pm	Nietzsche: Genius of the Modern World
12:00am	Time Shift <i>Timeshift reveals the history of Antarctica, finding out why the most inhospitable place on the planet has exerted such a powerful hold on the imagination of explorers, scientists, writers and photographers.</i>
1:00am	Natural World Special <i>A Wolf Called Storm.</i>
2:00am	Amazon Abyss
3:00am	The Story Of...
4:00am	Shock and Awe: The Story of Electricity

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Car S.O.S
12:05pm	Ramsay's Hotel Hell
1:00pm	Channel 4 News
1:05pm	The Question Jury
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cakemakers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Obsessive
10:00pm	Compulsive Cleaners
10:00pm	One Born Every Minute
11:00pm	First Dates
12:05am	The Break-Up

CHANNEL 5

10:15am	The Wright Stuff
12:15pm	GPs: Behind Closed Doors
1:10pm	5 News
1:15pm	Can't Pay? We'll Take it Away!
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:15pm	Brace for Impact
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Police Interceptors
9:00pm	The Yorkshire Vet
10:00pm	Elizabeth I
11:00pm	The Last Days of Mary Queen of Scots
12:00am	Restless Legs Syndrome: Desperate for Help
1:00am	Spectacular Spain with Alex Polizzi
2:00am	Super Casino
4:10am	Body of Proof
5:00am	Get Your Tatts Out: Kavos Ink
5:45am	House Doctor

4

8:00am	Baby Daddy
8:30am	Baby Daddy
9:00am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Black-ish
9:00pm	The Goldbergs
9:30pm	The Goldbergs
10:00pm	E4's Tattoo Artist of the Year
11:00pm	Bizarre ER
12:00am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
10:00am	Football
10:30am	Soccer AM: The Best Bits 2016/17
11:00am	Premier League Daily
12:00pm	Football
3:55pm	Cricket
11:00pm	La Liga World
11:30pm	Scottish Football Round Up
11:45pm	Football Gold
12:00am	Premier League Review
1:00am	Premier League 100 Club
1:30am	Premier League 100 Club
2:00am	Football's Greatest
2:30am	Football's Greatest
3:00am	The Premier League Years
5:00am	Sporting Heroes <i>Gary Newbon talks to legendary British athlete Sir Roger Bannister.</i>

itv

7:00am	Good Morning Britain
9:30am	Lorraine <i>Join Lorraine Kelly and her celebrity friends for all the latest showbiz, news, style on ITV.</i>
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Culinary Genius
5:00pm	Tipping Point
6:00pm	Babushka
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Save Money Good Food
9:00pm	Don't Ask Me Ask Britain
10:00pm	Paul O'Grady
11:00pm	ITV News
11:40pm	Little Boy Blue
12:40am	The Chase
1:35am	Jackpot247

itv2

7:10am	You've Been Framed!
8:00am	Below Deck
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Hell's Kitchen
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:30am	The Royal
10:30am	Judge Judy
11:00am	Judge Judy
11:25am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Adventures of Sherlock Holmes
2:05pm	Heartbeat
3:10pm	The Royal
4:10pm	Where the Heart is
5:15pm	Tales From Northumberland with Robson Green
5:50pm	Love Your Garden
6:55pm	Heartbeat <i>Drama, set in the North Yorkshire moors in the 1960's.</i>
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders
11:00pm	Law and Order: UK
12:00am	A Touch of Frost
2:05am	The Knock
3:00am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	Snooker v Darts
7:05am	Ax Men
7:50am	The Saint
8:45am	Ironsides
9:50am	The Sweeney
10:50am	Minder
11:55am	Ax Men
12:50pm	Cash Cowboys
1:50pm	Pawn Stars
2:20pm	Pawn Stars
2:50pm	The Saint
3:50pm	Ironsides
4:55pm	Minder
6:00pm	The Sweeney
7:00pm	Cash Cowboys
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	World Superbike Highlights
10:00pm	Benidorm
11:00pm	Lethal Weapon <i>US drama series based on the film franchise.</i>
11:55pm	The Bank Job
12:55am	FYI Daily
1:00am	The Bank Job
2:15am	Bear Grylls: Mission Survive
3:10am	Cash Cowboys

sky CINEMA ACTION & ADVENTURE

9:35am	Maze Runner: The Scorch Trials
11:50am	Hitman
1:30pm	Hitman: Agent 47
3:10pm	Wild Wild West
5:00pm	The Scorpion King
6:45pm	Maze Runner: The Scorch Trials
9:00pm	Hitman
10:40pm	Hitman: Agent 47
12:20am	True Lies

sky CINEMA COMEDY

9:00am	When Harry Met Sally
10:40am	Casual Encounters
12:10pm	Hitch
2:15pm	10 Things I Hate About You
4:00pm	Police Academy
5:45pm	Hot Pursuit
7:20pm	The Bad Education Movie
9:00pm	Police Academy
10:45pm	Vacation
12:30am	Mistress America
2:00am	Norbit

sky CINEMA PREMIERE

7:00am	Sadie's Last Day on Earth
8:50am	The Top Ten Show 2017 <i>Which movies are doing the best business at home and across the pond?</i>
9:05am	Sausage Party
10:40am	X-Men: Apocalypse
1:10pm	Love Me Do
3:00pm	Tell Me How I Die
5:05pm	Sadie's Last Day on Earth
6:55pm	Guardians of the Galaxy 2: Special Sausage Party
7:25pm	X-Men: Apocalypse <i>When an ancient mutant awakens from his slumber, Professor X and his latest recruits must find a way to stop his world-ending plans.</i>
9:00pm	Tell Me How I Die
11:30pm	Tell Me How I Die
1:30am	Let's be Evil
3:10am	American Fable

sky SPORTS 2

7:00am	Cricket Classics
8:00am	WWE SmackDown!
9:00am	Mnf Pre-Game Show
10:00am	Football Gold
11:00am	Indian Premier League Highlights
12:00pm	Indian Premier League Highlights
1:00pm	Great Sporting Moments
1:15pm	Great Sporting Moments
1:30pm	Great Sporting Moments
1:45pm	Great Sporting Moments
2:00pm	Indian Premier League Highlights
3:00pm	Indian Premier League Highlights
4:00pm	Live Indian Premier League
8:30pm	Top 14 Highlights
9:00pm	Indian Premier League
1:30am	Super League Fulltime 2017

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BBC one

7:00am	Breakfast
10:15am	Rip Off Britain
11:00am	Homes Under the Hammer
12:00pm	The Wanted
12:45pm	Claimed and Shamed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	MasterChef
10:00pm	Panorama
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Peter Kay's Car Share
12:15am	A Question of Sport
12:45am	Mind Over Marathon
1:45am	Weather for the Week Ahead
1:50am	BBC News

BBC TWO

7:00am	Flog It!
7:30am	Garden Rescue
8:15am	Put Your Money Where Your Mouth Is
9:00am	See Hear
9:30am	Grand Tours of the Scottish Islands
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Holiday of My Lifetime
3:00pm	Natural World Award winning nature documentary series.
3:50pm	Who Do You Think You Are?
4:50pm	Red Rock
5:35pm	Red Rock
6:15pm	Flog It!
7:00pm	Celebrity Eggheads
7:45pm	Debatable
8:30pm	Great British Menu
9:00pm	Trust Me I'm a Vet
10:00pm	Second Chance Summer: Tuscany
11:00pm	Rhod Gilbert's Work Experience
11:30pm	Newsnight
12:10am	Weather
12:15am	Horizon

BBC FOUR

8:00pm	100 Days +
8:30pm	Orangutan Diary Nature series featuring orphaned and rescued orangutans in Borneo.
9:00pm	Mud, Sweat and Tractors: The Story of Agriculture
10:00pm	The Inside Story
11:00pm	Britain's Nuclear Secrets: Inside Sellafield
12:00am	Atomic: Living in Dread and Promise: Storyville
1:10am	Metalworks! As part of the Handmade in Britain season, in conjunction with the Victoria and Albert Museum, art historian and curator Tobias Capwell celebrates the great age of armour.
2:10am	Britain on Film
2:40am	The Brits Who Built the Modern World
3:40am	The Inside Story

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Car S.O.S
12:05pm	Ramsay's Hotel Hell
1:00pm	Channel 4 News
1:05pm	The Question Jury
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	A Place in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cakemakers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	How to Live Mortgage Free with Sarah Beeny
10:00pm	Confessions of a Junior Doctor
11:00pm	My Online Nightmare
12:05am	Gogglebox

CHANNEL 5

7:00am	Milkshake! Programming aimed at children aged two to seven years old.
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News
1:15pm	The Gadget Show Technology show that examines at some of the most popular everyday gadgets.
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Taken Back: Finding Haley
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Chris Tarrant: Ice Train to Nowhere
9:00pm	GP's: Behind Closed Doors
10:00pm	Can't Pay? We'll Take it Away!
11:00pm	One Night with My Ex
12:05am	Violent Child, Desperate Parents

4

9:00am	Rules of Engagement
9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The 100
11:00pm	Supernatural
12:00am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
10:00am	Premier League 100 Club
11:00am	Premier League Daily
12:00pm	Premier League 100 Club
1:00pm	Premier League Review
2:00pm	Great Sporting Moments
2:45pm	Football Gold
3:00pm	Premier League Legends
3:30pm	Football Gold
3:45pm	Football Gold
3:55pm	Cricket West Indies v Pakistan 2nd Test D4. Day four of the second Test between West Indies and Pakistan, held at the Kensington Oval in Barbados.
11:00pm	Barclays Premier League World
11:30pm	Premier League Review
12:30am	Premier League Legends
1:00am	Premier League 100 Club

itv

7:00am	Good Morning Britain
9:30am	Lorraine Join Lorraine Kelly and her celebrity friends for all the latest showbiz, news, style on ITV.
10:25am	The Jeremy Kyle Show
11:30am	This Morning The popular morning lifestyle magazine show with advice, chat & competitions.
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Culinary Genius
5:00pm	Tipping Point
6:00pm	Babushka
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Tonight at the London Palladium
10:00pm	Benidorm
11:00pm	ITV News
11:40pm	UEFA Champions League Highlights
12:40am	Sports Life Stories

itv2

7:00am	Totally Bonkers Guinness World Records
7:10am	You've Been Framed!
7:35am	Below Deck
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	The Cube
10:35am	Psych
11:25am	Below Deck
12:20pm	Who's Doing the Dishes?
1:25pm	Emmerdale
1:55pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Shaun of the Dead
11:00pm	FYI Daily
11:05pm	Shaun of the Dead
12:00am	Family Guy
12:30am	Family Guy

itv3

7:00am	In Loving Memory
7:25am	Heartbeat
8:25am	Where the Heart is
9:30am	The Royal
10:30am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Adventures of Sherlock Holmes
2:05pm	Heartbeat
3:10pm	The Royal
4:10pm	Where the Heart is
5:15pm	Tales From Northumberland with Robson Green
5:50pm	Love Your Garden Alan Titchmarsh presents the series which shows viewers how to get the most from their gardens no matter what the size.
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Lewis
11:00pm	Law and Order: UK Crime drama based on the hit US series Law and Order.
12:00am	A Touch of Frost
2:05am	The Knock

itv4

7:00am	World Cup Top Goals Scorers
7:10am	Ax Men
7:55am	The Saint
8:50am	Ironsides
9:55am	The Sweeney
10:55am	Minder
11:55am	Ax Men
12:55pm	Cash Cowboys
1:55pm	Pawn Stars
2:25pm	Pawn Stars
2:50pm	The Saint Simon Templar is a debonair master thief with a talent for disguise.
3:55pm	Ironsides
5:00pm	Minder
6:00pm	The Sweeney
7:05pm	Cash Cowboys
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	British Superbike Highlights
10:00pm	Caught on Camera
11:00pm	Better Late Than Never
12:00am	Lethal Weapon US drama series based on the film franchise.
12:55am	Double Impact
1:55am	FYI Daily

sky CINEMA ACTION & ADVENTURE

8:25am	Fantastic Four: Rise of the Silver Surfer
10:05am	The Da Vinci Code
12:35pm	Sherlock Holmes
2:50pm	Collateral Damage
4:50pm	Fantastic Four: Rise of the Silver Surfer
6:30pm	The Da Vinci Code
9:00pm	Mission: Impossible - Rogue Nation
11:15pm	Die Hard 4.0
1:30am	John Carter
3:45am	Hyena Road

sky CINEMA COMEDY

11:15am	Spud
1:10pm	Ghostbusters: Special
1:40pm	How to be Single
3:40pm	Grimsby
5:10pm	Magic Mike XXL
7:10pm	Robin Hood: Men in Tights
9:00pm	How to be Single
11:00pm	Grimsby
12:30am	Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan

sky CINEMA PREMIERE

7:00am	Tell Me How I Die
9:00am	Sadie's Last Day on Earth
10:50am	Guardians of the Galaxy 2: Special Sky Movies takes a special look at the action-packed superhero sequel starring Chris Pratt, Zoe Saldana and Dave Bautista.
11:20am	Sausage Party
12:55pm	X-Men: Apocalypse
3:25pm	Queen of Earth
5:10pm	Sadie's Last Day on Earth With the apocalypse approaching, a high-schooler creates a to-do list that ranges from learning survival skills to patching things up with her best friend.
7:00pm	The Top Ten Show 2017
7:15pm	Sausage Party
9:00pm	X-Men: Apocalypse
11:30pm	Black British
1:10am	Tell Me How I Die
3:10am	Let's be Evil
4:45am	Love Me Do

sky SPORTS 2

7:00am	Cricket Classics
8:00am	WWE Experience
9:00am	Cricket World Cup Classics
10:00am	Great Sporting Moments
10:15am	Great Sporting Moments
10:30am	Indian Premier League
2:55pm	Live RI One Day Cup Royal London One Day Cup - Hampshire v Middlesex. Hampshire take on Middlesex at the Ageas Bowl in Southampton in the Royal London One-Day Cup.
11:00pm	NFL
12:00am	NFL Series profiling some of the most significant players in the history of American football.
1:00am	Time of Our Lives
2:00am	Cricket's Greatest
2:30am	Cricket's Greatest
3:00am	Cricket's Greatest
3:30am	Sporting Rivalries

Freedom is no longer enjoyed

Cassandra Nash
A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

HOLY WEEK shows Spain at its most quaintly religious with processions, hooded penitents and outpourings of devotion as statues are hauled through the streets.

The rest of the year churches are sparsely occupied except for births, marriages, first communions or funerals, and Spain's hierarchy is hitting out. "Secularism threatens religious freedom," thundered the Cardinal-Archbishop of Valencia not long ago.

What he was actually expressing was regret that the Church no longer enjoys the freedom to impose its will on Spanish society.

Beat the Hanger-on clock

CATALAN president Carles Puigdemont recently toured the US, touting for support for independence.

He didn't get many takers and both the US ambassador and the Jimmy Carter Foundation later hinted that neither thought secession was good for Catalonia or Spain.

Polls show that Catalans want more autonomy, not secession, but although pro-independence politicians are still planning a September referendum, five months is hardly long enough to get it off the ground, experts in electoral logistics say.

Brings to mind a bridegroom arriving late at the church in the hope that everyone, and especially the bride, has gone home.

PODEMOS, which shores up Castilla-La Mancha's PSOE government, refuses to support its Budget.

The Podemos regional leader Jose Gracia Molina - doubtless on the orders of party supremo Pablo Iglesias - is instead flexing his muscles.

"People have regarded us as an appendage to the PSOE," he complained.

Nearly right, but it might be more accurate to reduce that to 'appendage' full stop.

A transgression too many

ENGLISH writer Richard Ford who spent three years here in the 1830s declared that Spain was governed by "corrupt rogues."

Nearly two centuries later, their descendants would greet this information with a jaded "so what's new?"

The Barcenas scandal, the Gurtel scandal, the Punica scandal, the little-discussed Acuamed scandal, former Industry minister Jose Manuel Soria's offshore money scandal - the list prompts shrugs, mutterings and a few obscenities. But then, overshadowing them all, comes Rodrigo Rato.

Fury and smouldering resentment are reserved for the disgraced ex-vice president, ex-Minister of Hacienda, ex-Managing Director of the International Monetary Fund and ex-president of Bankia.

On current political form, the charges of fraud, embezzlement, money-laundering and undeclared assets are par for the course. But the latest revelation that Rato salted away €7 million in an offshore account while Hacienda minister will be neither forgiven nor forgotten. Not because he was a corrupt rogue but because he announced "Hacienda somos todos" in a television and press campaign, exhorting the Spanish to pay their taxes.

A rogue? Pass. Corrupt? Pass. A hypocrite? Wheel out the tumbrels.

| Rodrigo Rato.



Photo Credit Wikimedia

The rise of the machines

Trudy Stewart



I HAVE always loved to play video games. In the same way that books provide sheer escapism and entry to another world through your imagination, video games do it with aplomb!

Love them or hate them, in an industry with sales of around \$91 billion worldwide last year and an estimated 1.8 billion gamers around the globe, they are here to stay.

Every so often, video games are subjected to criticism usually directed towards the violence some contain. They are however subject to a rating system (PEGI) similar to that of films. Their content is always clearly labelled. As an avid gamer, I can definitely agree that there is material that is unsuitable for children, but those games are not for them in the same way an over 18 horror film isn't.

What might surprise you is that there are actually more people over

the age of 50 playing games than those under the age of 18. Far from the image of children glued to their consoles, the average male game player is 35 years old. The most frequent female game player is on average 43 years old. We're also catching up with the boys with females accounting for 44 per cent of worldwide gamers.

Someone needs to try telling that to the staff in the high street games shops. I've lost count of how many times I've gone to buy the latest title only to be asked what console my son or daughter (of which I have neither) plays on to make sure I get the right version! You might not think it to look at me, but I've played enough games to feel fairly confident I could hold my own in a zombie apocalypse.

I feel fortunate that I've been able to watch the evolution of games. From my first glimpse of 'Pong' in the 70's through to the newest generation of consoles, it's incredible how far the technology has come. Whenever I start a new game and watch the cinematic intro, I am astounded by

how realistic the scenery and characters are. Thanks to motion capture technology, characters now move freely around their environment no longer bobbing about jerkily slightly above the scenery.

With so many ways to play and vastly different genres there is something for everyone available. PC gaming still dominates the market accounting for 62 per cent, but with games like Bejewelled and Candy Crush coming pre-loaded on smartphones, everyone is a potential gamer - you don't have to have a console or computer to play. I think people who say they hate games fall into the same category as those who have also never tried scuba diving or eating calamari, but instinctively just know they wouldn't enjoy it.

I don't know why some of us are predisposed to enjoying games while others see them as a waste of time and money. Maybe it's a part of the brain that craves the approval bestowed in electronic congratulations every time we do well in a game. Perhaps it's to do with suspension of dis-

belief and some can't disconnect the part of the brain required to get fully absorbed in it. I do feel you're missing out a bit though if you don't enjoy games. Some of the best nights I've had have been spent gaming into the early hours with a group of friends.

There are a plethora of games across a vast amount of genres appealing to all ages and interests. There even exists a game where you can pretend to be a goat! Don't believe me? Go and do a quick search for it now. It's called Goat Simulator. I'll wait.

Over the decades that I've been playing games, their evolution has been phenomenal. With Sony expanding into virtual reality at the end of last year and Microsoft set to follow suit at the end of this year, it's exciting to see how far that's come. It's almost inconceivable when you see the games of today compared with those early cartridge-based games and I cannot begin to imagine what they will look like in another 20 years.

One thing's for sure (if we

make it through the next two decades), I'll still be playing those future releases. Hopefully, by that time we'll be using our minds to play them as by then, my 'controller claw' will have settled nicely into arthritis!

VIDEO GAMES: Here to stay.



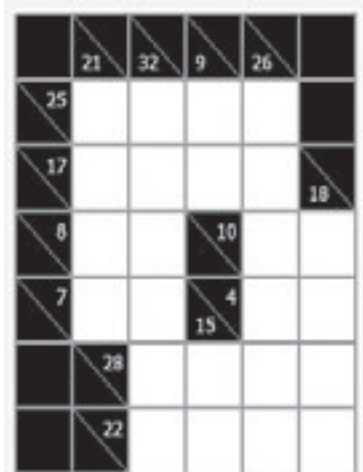
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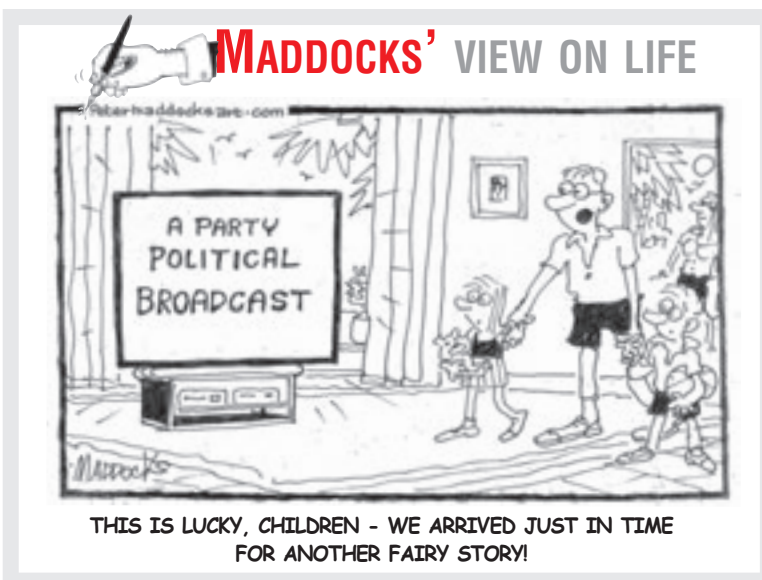
Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION

6	3	27	17	16
5	1	6	3	9
1	2	3	8	5
7	6	2		
2	3	5	17	3
8	1	2	9	3
3	7	4	8	2



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case N) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 12 • Good: 17
- Very good: 24 • Excellent: 31

LAST WEEK'S SOLUTION

alit aril axel axil axle earl lair late liar lira luau rail rale rate real rial tael tail tale tare taxi teal tear urea alert alter exalt extra irate later latex laxer ratel relax taxer trail trial ultra auteur retail ritual LUXURIATE

LOTTERY

UK NATIONAL LOTTERY
Saturday April 22



IRISH LOTTO
Saturday April 22



EURO MILLIONS
Tuesday April 18



LA PRIMITIVA
Saturday April 22



EL GORDO DE LA PRIMITIVA
Sunday April 23



EL GORDO DE LA PRIMITIVA
Sunday April 23



YOUR STARS FOR 7 DAYS

GEMINI ♊ (May 22 - June 21)

Everything seems an effort at the beginning of this week but as energy levels pick up you will gain momentum. Tackle one thing at a time and realise that Rome was not, indeed, built in a day. As the weekend approaches you will begin to realise that you have been far more effective than you thought.

CANCER ♋ (June 22 - July 23)

You really do need to come to an understanding with friends over a social matter, although this may take a little effort this week. It is clear that there are those who are less helpful than others, but this could be because of a misunderstanding.

LEO ♌ (July 24 - August 23)

Be a social animal this week and you will strengthen both people and business contacts. After being busy last week, you may be inclined to take it easy. If it is the case that you really are low on energy, then use the telephone or email to full advantage to keep in touch.

VIRGO ♍ (August 24 - September 23)

Someone well and truly treads on your toes this week and it really puts your teeth on edge. There are some bridges that may not be mended at the present time and are best left alone. Show your generous side but resist the urge to give in on an important issue because you are likely to regret it later.

LIBRA ♎ (September 24 - October 23)

What a lovely surprise to find that

TAURUS ♉ (April 21 - May 21)

The brick wall that you start banging your head against this week is not an illusion. It is, indeed, true that others are not responding to you in an expected way. By Wednesday this wall will start to fall and people will be more receptive.

something you have always wanted is coming your way at last. Keep a firm hand with finances and take control if you want to organise things for the better.

SCORPIO ♏ (October 24 - November 22)

Be cautious this week with your money. You have been aware for some time now that a change in your finances is likely. You have this in common with many others in your situation. Seeking professional help can be free and can make a big difference.

SAGITTARIUS ♐ (November 23 - December 21)

A special chance to try something new should not be passed over. No one expects wonders from you, they are happy just to see you enjoying life. A recent change in your attitude to your future is already showing. Luck is just waiting for you to invite her in.

CAPRICORN ♑ (December 22 - January 20)

Your home life gives you the most satisfaction at the moment even though someone seems to be challenging you. Some things are best ignored until they go away of their own accord and that also often applies

to people. There is a time for everything and choosing it will make a task that could be difficult that much easier.

AQUARIUS ♒ (January 21 - February 19)

Involvement in a situation connected with someone close may not be the best option this week. Giving advice is all well and good so long as you are sure of your facts.

PISCES ♓ (February 20 - March 20)

Some disruption to your plans annoys you but there's no point getting in a huff. Outside influences cannot be stopped but you are able to keep calm yourself. Rising to the bait will play into someone else's hands. Although a situation must be dealt with, do it in your own time and in your own way.

ARIES ♈ (March 21 - April 20)

It seems that you are putting a lot of effort into whatever you do without getting as much out as you would like. However, as the week goes by, you will realise that it is only a temporary situation. Sometimes, it takes others a period of adjustment before they are ready to accept changes of a personal nature.

Sudoku

Fill the grid so that every row, every column and every 3x3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

7				8	3			2
			2					1
	8							9
4		1		7			6	
					4			
		9		6	3			
	9			5				
2		3		9				
				3				7


LAST WEEK'S SOLUTION

7	5	2	9	8	6	3	4	1
8	3	1	4	2	7	9	6	5
6	4	9	5	1	3	2	7	8
5	8	3	7	6	4	1	9	2
2	7	6	1	3	9	8	5	4
1	9	4	2	5	8	7	3	6
9	6	7	8	4	1	5	2	3
4	1	5	3	9	2	6	8	7
3	2	8	6	7	5	4	1	9

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LETTERS

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters for Your Say should be emailed to yoursay@euroweeklynews.com or make your comments straight on our website: www.euroweeklynews.com

Watch out, thieves about

AS a regular visitor to Spain, I look forward to spending time with family living locally and to some of wonderful sunshine. But one thing I remain dismayed by is the lack of warnings over theft in public places.

Two years ago my wallet was stolen when I was visiting Fuengirola market, and friends who live in Almeria had valuables - hidden under the passenger seat - stolen from their hire car after it was broken into when visiting Torre last summer.

I have also heard of thefts from cars when drivers have been distracted... only to find once they have told a seemingly innocent inquiring pedestrian a direction, that their shopping has been stolen, along with their handbag or wallet.

While warning signs will not solve the problem, they are essential to make everyone - including all first-time visitors - that while Spain is a wonderful place to visit, and probably to live, it is far from crime free.

So come on local authorities: put up signs; admit the risk of theft; and stop helping criminals by ignoring a problem that is not going to go away.

JM
Calahonda

Share Spanish experiences

I NOTICE that the correspondence column is pretty short in the paper. Can that be expanded as it is always good to see what others

» Photographs for possible publication should be sent by email with a full caption to: photonews@euroweeklynews.com

Royal prank at marathon beyond a joke

“ TODAY I noticed something that should be brought to the public. In today's London marathon someone sprayed water on to the future king who was stood next to his wife. Where was security??

This could have easily been an acid attack on them both! There is a problem as with all these runners it would have been easy for someone to mingle in and carry this out. Thank god it did not happen but let's hope it's a wake-up call for the protection of the Royals. I have also sent an email to the BBC on this subject as I think it's important.

Bob



EASY TARGET: Wills and Kate.

think and experience in Spain?

Quite often I have noticed that those who write in the English papers are complaining about Spanish matters. That may be fair enough but I suspect that such complaints will go unnoticed by the Spanish because such complaints are not in Spanish papers.

It is necessary to mention such complaints in the Spanish press and, of

course, to the relevant Spanish agency which might be able to do something about it. The latter point necessitates having some knowledge of the language to make a point.

So, English and foreigners who speak and write in English and spend several weeks a year visiting Spain, and such people who live here, need to learn Spanish.

They should learn the language of the country they

are visiting or living in.

Graeme Bennett

Wrong island

I WOULD like to point out the great John Surtees won the motorcycle TT on the Isle of Man which is held every year and not the Isle of White as printed in *Euro Weekly*.

Geoff Scott
Ciudad Quesada

Divine intervention

Reply in response to Roy Leon's comments

FIRSTLY, regarding the 'Theory of Evolution,' all the 'missing links' for all species are still 'missing.'

Therefore, as there is not any evidence to support the theory, it is, at best, unproven, and probably cannot be proved.

Secondly, the cherished 'Big Bang Theory' is dismissed since radioactive material and the theory of radioactivity has concluded that at some point in time matter did not exist. If there is no matter, there is no bang.

President Dwight D Eisenhower was told he would have to have a limb amputated. He prayed overnight and walked out of hospital intact.

I have had many experiences that substantiate the words: 'Prove me and know my works' said the Lord.

D L Griffiths
Orihuela Costa

COMMENTS from EWN Online

» Expats left out of vote

YOU mean emigrants whose tax and NI contributions lapsed over 10 years ago when they chose to take up foreign residency.

Drew Edgar

EXPATS, please remember you need to re-register every year to avoid losing your voting rights even if you have been living abroad for less than 15 years. It is utterly shocking that we who pay taxes in Britain are not allowed to vote.

'No taxation without representation' was the cry as far back as 1761 when American colonists objected to being taxed by the British government without being allowed to vote. And look what happened to America! Revolution! Independence! That's what. Astonishing so little has changed in nearly 300 years.

Even if you voted in last year's Brexit referendum or the previous General Election you will not be allowed to vote in this one if you registered more than a year ago and have not re-registered. I wrote a comment about that in the *EWN* months ago when I predicted the likelihood of a snap election this year. (smug grin, tee hee!) Of course if you had been only 14 years as an expat last year I don't need to tell you what happens to your voting rights now!

Brian Eagleson

WHY should people living in another country be able to vote in UK elections, we can't vote in their country. As for tax, I used to live in Spain and had the option to be pay in Spain or uk. Most expats like to keep a foothold in the UK 'just in case.'

Maureen Quarrington

» Snap election

WELL I guess it's impossible for the wingers to rest, they couldn't understand it is better for the UK and its people to leave the EU, they can't see it is better for Scotland and the Scottish to remain in the UK and now we hear them whinge everywhere firing more proverbial at the PM when she calls a general election because of the MP's who cannot accept the referendum vote... they just can't see they all work against the UK and they have brought this on.

The Tory party would have been happy to trundle on carrying out the wishes of the majority of the vote but it is the whingers who are to blame, no one else... but they have not got the nuts in their cookies to see even that, and still whinge :-)

Personally, I just look at them as losers and the sooner the election comes the better so we hopefully bury most of them :-)

Mike in ESP

» Dog protest Almeria

I LIVE in Spain and have been here 12 years. The way they treat the animals here is appalling to say the least. They treat them as if they are not living breathing feeling animals.

The authorities are to blame as they are as bad and they don't see anything wrong in letting the animals suffer like they do. The laws are there but are not acted upon. Spain is judged by how they treat the animals and at the moment quite frankly it stinks.

For God's sake the laws are there for a reason. We must stand together and make them listen. The law is on our side now we just have to make them use them for what they were meant to be used for and stop the suffering of the animals and stop it now.

Good luck with the protest I hope the people in authority take heed and look at the terrible way that these animals are being kept.

This makes my blood boil. For God's sake authorities use the power you have been given!!!

Lynn

HAVE YOUR SAY

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited.

Readers who have missed earlier correspondence can see all letters posted on: www.euroweeklynews.com

Will Theresa May's snap election u-turn deliver a Brexit blank cheque

Nora Johnson
Breaking Views



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

THERESA MAY has done a u-turn (I wrote about a possible Brexit u-turn last week), calling a snap election in which she'll aim to crush Brexit opposition by seizing a big parliamentary majority.

So, good on the PM for taking a decision in the best interests of the country and taking a swipe at Labour, the Lib Dems, SNP etc with their counterproductive whining and talk of coalition, collaboration and tactical voting.

The fact that it is in the best interests of the Conservatives is happily convenient for her, but not the driving force. She wants a strong hand in Brexit negotiations and she didn't

have one. This is also good news for Gibraltar and expats in Spain since the increased flexibility increases the likelihood of a better deal for us all. The effect on Labour should be akin to Trump's Mother of all Bombs, with Labour's pro-Brexit voters, polls claim, already deserting Corbyn.

To accusations from Corbyn, Sturgeon etc that May's 'breaking' repeated promises she'd never hold an election before 2020, she's a politician (the clue's in the word) and politics by its nature requires that positions are 'adjusted' to suit a change in circumstances.

She'd be a foolish leader not to take advantage of opportunities when they arise.

Doubtless she'll have a hard time not to put Brexit details into her manifesto and election campaign. How is she going to combine that with keeping her negotiation cards close to her chest? Easy! She just

needs to remain consistent. The negotiations with the EU will hardly have begun by June, so keeping her cards close to her chest is not only consistent but canny.

Why give the EU any extra help by showing her hand? All she needs to do is keep to her mantra that she'll 'negotiate the best deal for Britain' ad nauseam.

Finally, many thanks to all of you who have purchased my crime thrillers (all profits to Costa del Sol Cudeca cancer charity), following my piece here two weeks ago about the true stories behind them. And keep those donations going to Cudeca!

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

THERESA MAY:
Taking advantage.



Advertising feature

Welcome to the world of spas

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MundoSpas are the only importers in Spain of these hydromassage spas, known for their therapeutic benefits as well as being a wonderful relaxing addition to any home. As well as easing aches and pains, they are fun for families and friends and can add value to your home, without the expense of building a full size swimming pool.

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MUNDOSPAS: A world of spas in Torrevieja and Benidorm.

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MundoSpas offer both indoor and outdoor

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Advertising feature

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Dr Najma Hussain oversees Medcare's aesthetic suites. Trained as a doctor at Guy's and St Thomas' Hospitals in London, quali-

fying in the mid-1990s, she went on to train as a GP, working in Reading, and gained further qualifications in gynaecology and obstetrics. After her move to Spain, Dr Hussain's primary focus was aesthetics and providing a natural look using aesthetic and cosmetic treatments.

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Work and bullying a concern for students

SCHOOL work, anxiety and bullying are the main causes of concern in the life of teenagers. That's the findings from a 'Student's Well-being' study carried out by the OECD (Organisation for Economic Co-operation and Development).

The study analysed for the first time students' motivation to perform well in school, their relationships with peers and teachers, their home life, and how they spend their time outside of school. The findings are based on a survey of 540,000 students in 72 participating countries and economies.

The study found that many students are anxious about school work and tests and the analysis reveals this is not related to the number of school hours or the frequency of tests, but with how supportive they feel their teachers and schools are.

On average across OECD countries, 59 per cent of students reported they often worry that taking a test will be difficult, and 66 per cent reported feeling

stressed about poor grades. Some 55 per cent of students said they are very anxious for a test even if they are well prepared.

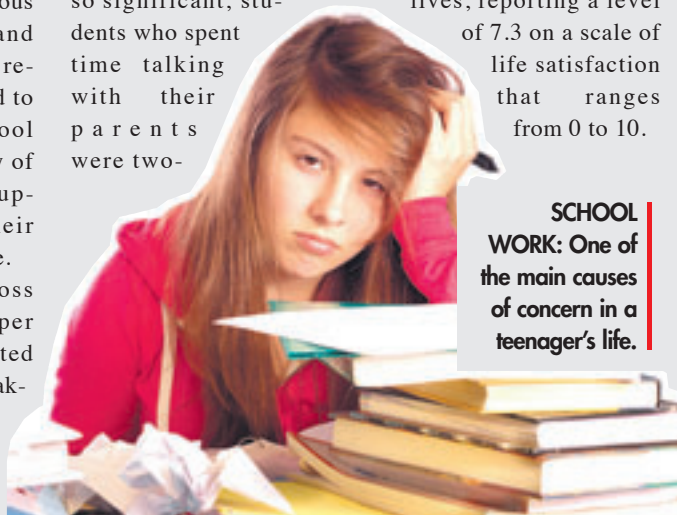
In all countries, girls reported greater school work-related anxiety than boys.

But teachers and parents can make a difference. Students whose parents reported "spending time just talking to my child," "eating the main meal with my child around a table" or "discussing how well my child is doing at school" regularly were between 22 per cent and 39 per cent more likely to report high levels of life satisfaction. The academic impact is also significant; students who spent time talking with their parents were two-

thirds of a school year ahead in science learning.

Bullying was seen as an issue in schools. On average across OECD countries, around 4 per cent of students, roughly one per class, reported that they are hit or pushed at least a few times per month. Bullying is lower in schools where students have positive relationships with their teachers and girls are less likely than boys to become victims of physical aggressions, but are more likely to be the object of nasty rumours.

On average across OECD countries, most 15-year-old students said they were happy with their lives, reporting a level of 7.3 on a scale of life satisfaction that ranges from 0 to 10.



SCHOOL WORK: One of the main causes of concern in a teenager's life.

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Ask the Optician: How can I protect my eyes from allergies this spring?

Louise Stone, Store Director, Specsavers Opticas Javea

UNFORTUNATELY, allergies are becoming more common and the World Health Organisation predicts that one in every two of us will be affected in future decades. Allergies such as hay fever are most prevalent at this time of year and as it has been a wet winter, we expect it to be worse than usual, so wanted to offer some advice on how to protect your eyes.

■ **How do allergies effect the eyes?** Allergies often lead to breathing issues, sneezing and coughing. It also affects the eyes often leaving them red, itchy, watery and in extreme cases can cause swelling of the eyelid and even light sensitivity.

■ **What can we do to protect the eyes?**

There are a number of things we can do to minimise our exposure to pollen:

- Wear large or wraparound sunglasses to stop dust and pollen coming into contact with your eyes.

- Wash your hands more often than usual, try not to rub your eyes and when you come home from being outside, take a shower and change your clothes to make sure you're not bringing pollen into the house.

- Keep your windows closed in your car and house and don't go for walks in the country during the times that you are most sensitive.

- Visit your chemist and ask about antihistamines and eye drops which can reduce your symptoms.

■ **What if I wear contact lenses?** Contact lens users who suffer from allergies can find it hard to wear their lenses over this time. If your eyes are irritated, we advise giving your eyes a rest from lenses, or reducing the time you wear them each day. Daily disposable lenses are the best option if you do want to keep wearing your lenses, as they are new each day, so haven't got any impurities on them. Make sure your hands are very clean before you put in your lenses and try not to rub your eyes.

There are five Specsavers Opticas on the Costa Blanca. Visit your optician if allergies are causing you problems with your eyes and they can give you the best advice. www.specsavers.es



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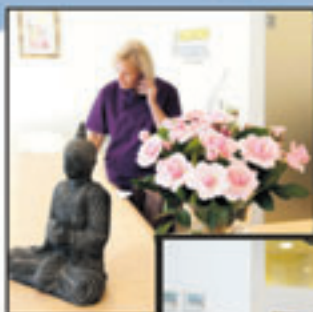
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Botox leads to more than just a beautiful face



BOTOX: May help mental health.

COULD botox help beat depression? Although botox is normally associated with giving users youthful looks and reducing the appearance of wrinkles, it is believed it may also help ease mental health conditions by preventing signals being sent to the brain that are linked to low mood.

Pharmaceutical giant Allergan is now believed to be in the final development stages of a botox product to treat mental health disorders and is seeking approval after clinical trials showed favourable results.

Botox is already used to help treat bladder incontinence, severe sweating, headache and muscle stiffness.

Zika figures are way off the mark

CLAIMS are being made that Puerto Rico is hiding the number of babies born on the island with Zika in a bid to prevent a potential loss in tourism.

According to official data, just 16 Zika-infected children have been delivered since the mosquito-borne illness struck South America last year, but a former US official said this figure could be well off as some 3,300 pregnant women had the virus.

The former US official said the country is in denial over the problem and in a year or two there will be many more babies who aren't learning and developing correctly and all these problems will come to light.

The World Health Organisation declared a global health emergency in February last year due to Zika, and declared it over in mid-November.

They said they don't expect a possible vaccine to be available until 2020.

Zika can be particularly dangerous for pregnant women.

Ask The Doctor

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Arthritis care



SPECIALIST: Doctor Luis Perez Belmonte.

AROUND 10 million people, including many children, suffer from arthritis in the UK alone. Here, our resident doctor answers some frequently asked questions.

What is arthritis and when does it usually appear?

- Arthritis is the term we give to inflammation of the joints. Not all joint pain has to be arthritis, in fact most joint pain is due to other causes which are not really arthritis.

The reasons it can appear are varied and it can be caused by many things ranging from autoimmune inflammatory conditions, infections, systemic illnesses to trauma etc therefore the moment it appears depends on the type of arthritis. Joint pain can be influenced by weather changes, diet, exercise and other factors meaning it can worsen in the winter.

What are the most common symptoms?

- Arthritis causes joint pain along with swelling in the joints and surrounding areas which can lead to redness, increased temperature, stiffness and is also sometimes related to fevers and a general feeling of being unwell. It can appear in one or more joints and can affect any joint in the body.

How is it diagnosed?

- Diagnosis is initially reached by examining the patient's medical history and listening to a specialist. This is followed by blood tests, x-rays of the affected joint and sometimes analysis of liquid from within the joint although this depends on the

area and whether it is safe to draw off liquid.

Are there any good treatments?

- The usual treatment for arthritis involves resting the joint/s and use of anti-inflammatory medications to reduce the pain. Sometimes the joint can be injected with specific medication and in severe cases surgery is an option.

What about diet?

- Diet is important for almost all ailments. In this case it is of importance especially for those who suffer secondary arthritis due to gout. These patients should avoid products high in uric acid such as red meat, seafood and alcohol.

Is exercise helpful or will that make it worse?

- Exercise should be avoided while the pain is at its worst but added gradually to daily life as swelling reduces.

Is there any way of preventing arthritis before it appears?

- Many forms of arthritis are unavoidable as it is a sign of other problems. Yet those caused by trauma or substance build-up can be avoided by following a healthy, balanced diet, taking moderate daily exercise such as walking to maintain a healthy weight and avoid overstretching joints and keep joint-supporting muscles toned.

If you have any questions for Dr Perez Belmonte, please send them to:
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Advertising feature

A lifetime of fun at New Life

MARCH 25, 1985. It's a date embedded in Jane's memory, for it was not only her sister's birthday, but the day she moved to Spain with her family, just six days after leaving school.

She hasn't looked back. She worked in her parent's bar in the Old Town area of Benidorm before they briefly returned to the UK when her friend was ill. Whilst there she heard from a family friend who was building a new bar in Benidorm and she returned to manage it. That friend was Del, who she lovingly calls her 'Spanish Dad' and seven years later she bought into the business and they remain business partners today, running the ever popular New Life Pub.

The long established New Life Pub is one of the most well-known bars in Benidorm, situated in Calle de Jaen, just off the Avenida de Europa and this year marks its 30th anniversary.

A milestone achievement for both Jane and Del who have continued entertaining customers old and new for

many generations and they do indeed welcome generations of families.

To mark their 20th anniversary Jane wrote a magazine style book charting the bar's two decades, complete with photos, citing its build and development, early customers and even when it burnt down in April 1994. It was a particularly hard time for Jane who, living above the bar, also lost her home in the blaze. It took 18 months to rebuild but it came back bigger and better and really did bring a new meaning to the 'New Life Pub.'

It was the first 'sing-a-long' bar with a pianist in Benidorm and was often also known as 'Harry and Dot's' on account of the popular couple that played the organ.

Jane said: "They were fantastic and without them we would not have had a business." But sadly, times change and over the course of 30 years, as they have gained new customers, sadly they have lost others and over the last five years they have

moved into cabaret which seems to be what the customers want.

They do two nightly shows, one at 11pm and one at midnight and have an open mic night on a Friday and Saturday for budding artistes.

No food is served at New Life Pub. Open daily from 8pm, it is a fantastic 350 seater venue with quality acts and fantastic drinks, as Jane says it is run like a popular "working man's club in the UK."

So whether you are a new or familiar face, a warm welcome awaits at the New Life Pub and don't forget the 30th anniversary celebrations. On December 17 they will be hosting a party night to remember with a hot and cold buffet and four or five acts.

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Advertising feature

A taste of

THE Gurkha Palace is a traditional family-run Indian-Nepali Restaurant in Arenal, Javea Port.

The restaurant was previously established in Moraira before opening in Javea where it has served thousands of happy customers who return time and time again for its great choice of authentic cuisine.

It has also been voted 'The Best Indian Restaurant in Javea' on numerous occasions by various online websites and it is no wonder why. Dishes are freshly prepared using a combination of Indian herbs as well as special traditional spices and herbs from Nepal which cannot be sourced in Europe.

These ingredients serve to provide an authentic dining experience being a treat for the taste buds. There are the usual popular dishes from tikka and tandoori, to their more unique

house specialities such as Gurkha chicken amilo which is a tasty sweet and sour spicy dish served mild, medium or hot, and the Himalaya mixed rose; a dish with chicken, lamb and king prawn marinated in Himalayan herbs. Fish lovers will also be in for a treat with such dishes as tandoori dorada and salmon and king prawn karahi. With more than 150 dishes prepared by their experienced chef, everyone is sure to be well catered for.

The menu del dia offers a three-course menu for just €9.95 and is served until 8pm daily. After 8pm, the event set menu costs €12.95, with the Gurkha Palace welcoming large groups of friends and family looking for a great place to enjoy quality food and company.

Decorated with Nepalese culture and tradition, the restaurant is rich in its hospitality, offering a friendly environment, as



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Nepal in Javea



INDOOR TERRACE: Newly opened at Gurkha Palace.

everyone is welcome to enjoy a 'taste of Nepal' in Javea.

The restaurant has also recently welcomed the addition of an 'indoor terrace' area allowing diners to have an open-air dining experience where smoking is permitted, whilst

still being slightly more protected within the restaurant compared to the main open terrace area.

So for a dining experience unlike any other Indian, book your table now at Gurkha Palace. The restaurant is open

from 12-3.30pm and from 6-11.30pm.

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Beach takes star role

BENIDORM'S Poniente beach was the backdrop for an Amstel Radler videoclip featuring popular singer David Otero.

The resort appeared thanks to Oscar Greca, a 27-year-old local resident who entered Amstel Radler's competition to decide the settings for its latest publicity campaign.

Celebrating the arrival of spring this centres round Otero's song, Sal a la Calle (Go out to the street) as well as Amstel Radler's beer and lemon juice combination.

The photo of the Poniente beach that Oscar Greca uploaded to the social media was one of the winners, together



WINNER: Oscar Greca also will also appear in the video.

with Madrid's Plaza de Oriente and the Puente de Hierro bridge in Salamanca.

Oscar also won a year's supply of Amstel Radler and was declared #Benilover by the

Benidorm Tourism Board.

The Benidorm section of the video, which is due to air in mid-May, was recently filmed at the Poniente beach and Oscar was invited along to participate.

Back in time

THE town of Villajoyosa will be going back in time when it holds a Medieval Market. The streets in the old town area will be transformed into a scene from the Middle Ages from April 28 to May 1.

The event, organised by the council's Department of Fiestas and Tourism, will start at 6pm on April 28 with an inaugural parade, with an extensive programme of activities planned for the following days.

The streets of the old town will be decorated with fabrics, banners, torches, shields and all kinds of ornamentation that will transport visitors back in time.

Different craft stalls will offer products such as ceramics, fabrics, incense, shields, toys, footwear, and basketry.

Visitors can sample a variety of food at the many stalls offering products to buy such as preserves or sweets, cheeses and sausages, artisan pastry, wines and spirits.

Many traditional tradesmen will be holding workshops to show how things were made in the Middle Ages, and activities for all ages - such as music, dancing, fire shows, acrobats and magicians - are sure to keep the family entertained.

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TRIPADVISOR HAS RELEASED STATISTICS that show that Aqua Shard in London is the UK's most reviewed restaurant, while Park Plaza Westminster Bridge is the most reviewed hotel.

The news came as the customer driven review platform announced that it now has more than 500 million reviews and opinions on its website, and receives 290 pieces of user-generated content every minute of every day.

Aqua Shard, which sits within the 95-storey Shard building in Southwark, has received more than 11,000 reviews and sits 737th out of 17,953 restaurants in the capital. Meanwhile Park Plaza Westminster Bridge has received more than 15,000 reviews and is 192nd out of 1,087 hotels in London.

The most reviewed hotel in Spain would appear to be the Hotel Becquer in Sevilla with 3,866 posts. Locally the lovely Hotel Molino de Santo in Benaosan Juan has 1,119.

The most reviewed UK tourist attraction is the London Eye, which has more than 57,000 reviews.

Worldwide, the most reviewed hotel is the Luxor Las Vegas, with 29,000 reviews. The most reviewed restaurant in the world is Pasteis de Belem in Lisbon, with 26,000 reviews, and the most reviewed tourist attraction is the Basilica of the Sagrada Familia in Barcelona, with more than 107,000 traveller reviews.

Stephen Kaufer, chief executive officer and co-founder of TripAdvisor, said: "Many savvy businesses report seeing incremental increases in the ratings and rankings



The first stone was laid on March 19, 1882 following the Neo-gothic design drawn up by the architect Francisco de Paula del Villar y Lozano. Antoni Gaudi took over the design of the Sagrada Familia in 1883 until his death on June 10, 1926 due to a traffic accident. The central tower of 172.5 metres (566 feet) will make it the tallest cathedral in Europe, because the tallest tower in Europe is Ulm, at 162 metres (531.5 feet). Construction has entered its final period. The project should be completed by 2030/32, 150 years after the first stone was laid!

on TripAdvisor when they engage with travellers by responding to reviews and using the feedback to improve their customers' experience."

Nonetheless, not all hospitality businesses are happy with the way in which reviews are handled on the site, with some complaining of difficulties having reviews they see as malicious or inaccurate being taken down by the website.

I have said before I am not convinced about the service and have never understood their use of 'algorithms.' I have personally taken their 'content integrity department' to task over simple readings with questions like, "If restaurant A has 150 reviews of which 140 are excellent and have been posted within a two-month period and restaurant B has less reviews with more good than excellent over the same period of time how come B is higher in the rankings?" The reply was more like a Chicken or The Egg conundrum!!

(Content information courtesy of TripAdvisor and The Caterer and Hotelkeeper)

ONE OF THE REASONS that I opened Restaurant Nueva Campana, in Nueva Andalucia, Marbella some years ago was because of the highly successful restaurant next door, Il Ristorante.

Based on the old adage of 'never open a newsagent where there isn't a newsagent!' A couple of years ago they moved away to bigger - and better premises - in Golf Valley. It took them a while to find their pattern but they are back to their old selves again and a visit with some of my favourite clients/friends last Friday proved very enjoyable.

While Location, Location is very important if you don't serve quality and value for money it's all for now!! Menu del Día's abound on our Costas ranging from €7.50 to €30. Pitch it at €15 with extras available then you have a good chance of capturing the local market. Thanks to Renée and Sabine and staff at Conrad's and especially to my friends, for a splendid lunchtime.

If you have a favourite lunchtime venue, dear reader, wherever you live please let me know, I would like to get a list of Value for Money Eateries in your area.

IN MY WINE CORNER this week, I dusted off a bottle of Corral Gran Reserva 1987. From Rioja Alta and made with 80 per cent Tempranillo, 15 per cent Garnacha and 5 per cent Mazuelo, I was pleasantly surprised that it was in very good condition for a 30-year-old wine. Having

| Taken from my own 'cellar.' I've had it for more than 20 years.

said that, while it was still pretty good on the nose it would be fair to say it had lost a little of its finesse. Having left a glass in the bottle overnight (I know!!!) it hadn't kept up the next day despite being vacuumed. It certainly wouldn't last much longer in my opinion. So if you've got any, I suggest you start drinking it!!



I cook with wine - sometimes I even add it to the food."
W C Fields



Are traditional pubs losing out to trendy bars and restaurants?

WE CONSTANLY HEAR ABOUT the number of British pubs that close in the UK every year. Now the Mayor of London Sadiq Khan has pledged to help halt the decline in the number of pubs in London, as new figures show the city has lost 1,220 pubs since 2001.

That's around 80 a year. There have been many studies about why this has been happening but I'm not sure that anyone has studied the 'fashion' element.

Are there more trendy wine bars/pubs meaning the younger crowd are moving away from the traditional pub? Have communities changed? Are country pubs losing their appeal? Is it the fact that some of the established pubs don't serve food? Or maybe the food they serve is poor.

Or of course there simply could be too many pubs for the amount of people. Lon-

don's population is 10 million. Let's assume that three million of those are children - that leaves, say, seven million adults.

Now, obviously, not all these adults go out to drink, but if they did, with 3,615 pubs in the whole of the city that would mean less than 2,000 customers for each pub. I'm not going to carry on with figures, but you see what I mean?

As the article on this page re TripAdvisor tells you there are nearly 18,000 restaurants in London - five times more than there are pubs! And getting a seat in a restaurant in London is a lot harder than finding standing room in a pub. Must tell us something don't you think?

I remember in the early 80's the trend in the cities was to turn banks into modern pubs. Can we think of something else to reduce the population of bankers?

ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me.
A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.

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PROPERTY

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Capture your moment

By Matthew Elliott

ANYBODY who is seriously considering buying or selling a property on Spain's northern Costa Blanca would do well to realise that now is a particularly good time in both the local and national markets.

The region has been quietly building a strong reputation for itself, while the local property specialists in places like Javea, Denia, Benidorm, Calpe and Benissa have a depth of character which has endeared them to residents and international investors alike.

As well as cultivating a reputation for honesty and transparency in property dealings, Costa Blanca North is also gaining a strong prestige as a region with boundless potential. This lies primarily in its unparalleled natural resources, not in the

sense of coal or minerals, rather in its pristine environment and a growing movement to protect it for future generations. The potential also derives from the relative modesty of housing developments as, unlike many other Spanish regions, the northern Costa Blanca has the capacity to grow in the aftermath of the recession, using the benefit of hindsight to forge a clean, legal, transparent housing market.

The beauty of this rawness and openness to future development is that it also enables local real estate agents and property experts to have refined a knowledge of their area which is to a large extent unique. A cursory glance through these pages will introduce you to a huge variety of property specialists who have been hand-picked for their respective expertise and reputation for trustworthiness.

These are people who have worked tirelessly within their local communities in Javea, Denia, Benidorm, Calpe and beyond to secure a future for themselves and their children, and therefore have a vastly more intimate knowledge of local dynamics than outside actors only looking to turn a profit.

Knowing the people you are doing business with when engaging with something as hugely significant as buying or selling a property is enormously important. Fortunately in the northern Costa Blanca you will have the chance to cultivate such a relationship while also being able to relax in the knowledge that they also have a stake in the outcome. You will be dealing with people who have children attending local schools, and a firm grounding in the local community that they will strive to

protect by doing good business and embracing concepts of fairness you might not find in the dog eat dog world of the London market for example.

Naturally in this globalised world local dynamics depend to a large extent on the characteristics of both the national and international property markets. Here once again the northern Costa Blanca is in a favourable position as Spain collectively emerges from a tough period in its history with a renewed strength and stability.

Record-breaking year on year improvements in sales and transactions, healthy measurement across the vast majority of Spanish regions, and solid indicators for related markets, including the rental, construction and legal sectors, all point towards a property economy standing on firm foundations.



COSTA BLANCA: Has a strong reputation.

These successes are amply reflected across the Costa Blanca which continues to be one of the country's strongest performing regions.

So if you are looking to buy or sell, remember that your interests will be best served by en-

gaging with a local property specialist who knows the area inside out. Enjoy this property supplement and consider that here across the northern Costa Blanca, the stars truly are aligned at this moment in time.

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Enduring love affair

BOTH British and American homeowners are keeping their passion for Spain alive and kicking. British interest in dream Spanish homes has rocketed up with almost 20 per cent more online inquiries in March 2017 than in March of last year.

Tens of thousands of direct inquiries into the

cost and location of Spanish homes were registered in just one month. The news shows that Brexit appears to be encouraging rather than diminishing British interest in Spanish property.

Reasons for this are twofold. Very little of the dramatic predictions Remain campaigners warned of have come true. There's still plenty of time of course, but at the moment the situation appears to have stabilised. All the while the Spanish property market is going from strength to strength.

Secondly

some Brits are being directly encouraged by Brexit to seek new homes abroad.

Young couples with a mind for adventure, retired couples eager to snap up a sunny property without complex red tape, and those who prefer having an EU passport are looking at Spain, France and Italy as an escape route from Brexit Britain.

American interest too has soared. In fact Americans are now among the top 10 groups inquiring about Spanish properties online, forming a competitive rivalry for properties with Scandinavians, Germans, French and Brits.

Just as Brexit has inspired some wealthier UK nationals to seek a second home abroad, the arrival of Donald Trump in the White House has encouraged thousands of

US citizens to knock the dust off their passports and consider Europe.



DREAM HOMES: Interest in Spanish properties seems to be encouraging.



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Want to splash out this summer? Get clever with currency

Sun, sea, sand – Spain offers all the key components of a perfect summer.

While spending a few weeks getting bronzed with a book sounds pretty good, you might take the opportunity to travel and try out activities unavailable back home. If you're hoping to spend your summer entertaining family or embracing new experiences, you might find that you need to transfer money to Spain to finance your plans. But could you get more for your money by being clever with currency? Here are some top tips to help...

Keep an eye on the exchange rate

Exchange rates are notoriously volatile, and their habit of reacting dramatically to all sorts of political and economic news can make it annoyingly difficult to pick a good time to make a currency transfer. For example, UK PM Theresa May's surprise decision to call for an early general election saw GBP/EUR jump from €1.1762 to €1.1990 – a 2017 high. If you'd been planning to move £100,000 to Spain, your money would have been worth €117,620 before May's announcement but €119,900 after, a difference of over €2,000!

While some market moves can be impossible to predict, you've got a better chance of picking the right time to move your money abroad if you follow the latest currency news. To do this, simply sign up to receive free market updates from a leading currency transfer provider.

Don't let fees spoil your fun

Most banks apply fees when transferring money abroad – but you don't always have to pay to send funds overseas. Some currency transfer providers work on a fee-free basis, and the money you save by avoiding added fees can really add up if you send money to Spain regularly.

So, if you were moving to Spain monthly and were being charged £25 a time by your bank to do so, by the end of the summer you'd have an extra £100 to spend on treating yourself – that's a lot of ice creams!

Time is precious, don't waste yours

Organising regular currency transfers to Spain with your bank can be time consuming and (as mentioned above) pretty costly. Save yourself time, money and hassle by using a currency transfer

provider with the specialist services and expertise you need to make the process a breeze.

With providers like Currencies Direct you can use a regular transfer service to set up a weekly, monthly or quarterly Direct Debit and lock-in a rate for future transfers, while also benefitting from no fees, bank-beating exchange rates and access to a dedicated currency expert.

Find out how to get more from your currency transfers now so you can make the most of summer.

At Currencies Direct, we've helped over 150,000 customers save on their currency transfers since 1996. We're authorised by the Financial Conduct Authority as an Electronic Money Institution under the Electronic Money Regulations 2011.

Just pop into your local Currencies Direct branch or give us a call to find out more about how you can save money on your currency transfers.

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QUALITY MATERIALS: Essential to achieve a luxury home.



ARCHITECTURAL DESIGN: The precise style will depend on your personal taste.

The 'must haves' that all luxury villas should include

YOU have made the decision to build your new home on the Costa Blanca. Excellent choice! You are also clear that you want the property to be a luxury home, so take note.

Below, we list a series of characteristics that we believe should be included in any villa categorised as 'luxury.'

Read on!

1. Location

Obviously, the area in which your home is located is crucial. If you are going to build from scratch, try to find a plot located in a quiet area but close to supermarkets, schools, shops and restaurants. That is, you can easily

walk to the centre of town. Beachfront locations or those with a sea view are also ideal if you wish to build a house with the features mentioned above.

2. Orientation

Every luxury villa should be south, south-east or southwest-facing. In this way the house will benefit from natural light in the interior throughout the day. In addition, the pool area will always be sunny, allowing you to enjoy it as much as possible.

3. Space

This point is very important since a house can only be considered luxury if it has at least

four bedrooms, three to four bathrooms (depending on the number of bedrooms), and a large, sunny garden with an overflow pool (the latest in design). A luxury villa should be between 300-400 square metres.

4. High-quality architectural design

The design of the house is a fundamental pillar. The precise style will depend on your personal tastes and preferences, and should highlight the uniqueness, sophistication and personalisation of the design.

5. Always use the best materials

It is also important to use top class materials and state-of-the art luxury systems. For ex-

ample, automated home technology, electric blinds, LED pool lighting, the latest appliances, etc. Quality of material is essential to achieve a luxury home.

This is just a small selection of the qualities that we must bear in mind when buying or building a luxury villa. Of course, your personal point of view will always have an influence, too. The secret is in finding the balance between the two, and in this way your home will be luxury compared to the rest, but above all for you and your loved ones.

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Delivery delight

REAL ESTATE in Spain is getting a welcome boost from an unlikely source. The immense popularity of delivery services has led to an enormous increase in the number of storage facilities being built.

Companies like Amazon and El Corte Ingles are competing for the booming delivery market as more Spaniards realise they can get around restricted opening hours by simply ordering their shopping online.

That has led to an insatiable demand for warehouses and other logistics facilities across the country. Interestingly this has a knock-on effect on residential and commercial real estate.

The construction industry is better lubricated than it has been in decades and materials are in abundant supply. Unlike the UK, Spain is well on track to meet hot demand for new homes and developments.



PROPERTY ASSETS: Handed to the next generation.

Passing down property wealth

PROPERTY assets worth almost €500 billion will be handed down to younger generations of Brits in the next few decades according to a survey of homeowners.

Royal London found that

baby boomers, generally now aged over 60 expect to leave an estate worth between €450,000 and €600,000 on average. There are roughly one million such people leaving estates in their will, with the

resulting asset avalanche totalling around €500 billion.

Most of the money will be passed on to the next generation, typically people aged 45-64. The survey found that some of these people felt pres-

sure to pass down at least a portion of the windfall to their own adult children, people aged 25-44 who have endured the bulk of the crisis and typically don't have properties to call their own.



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Pool heating: booming green business?

Why is pool heating becoming more and more popular?

Albert from Poolworx: "Swimming whenever you want, whatever the season, that's what our customers are looking for and that's what we make possible. The Spanish property market is lifting up and home-owners simply want to get the most out of their pool and enjoy time off on their own or with family and friends."

A Belgian company with roots in Spain... why is that?

Albert: "Already before I started Poolworx my wife and I invested our first savings in a second home in Spain. Pretty soon we found that there were no (truly) efficient, affordable, durable heating solutions available in the larger costa areas of Spain. A lot of 'bricolage' but no professional products. In Belgium though, a lot of pools and domestic heating is provided for by using Duratech heat pumps. This is a high end Belgium-made product, developed in cooperation with Belgian universities. It absorbs heat from the ambient air and transfers it into the water from the pool, like a reverse aircon. For each kW consumed by the heat pump, 6 kW can be



INSTALLER PAUL: Hands-on. |

returned to the pool. So five out of 6 kW are for free. Combined with our LED lighting solutions, this saves a whole lot of energy!"

"I initially shipped a Duratech heat pump to Spain for myself and quickly found that in Spanish climate conditions, these heat pumps are ridiculously efficient! So, a few years ago, I decided to start off as official distributor for Du-

ratech! Since then, it's going well and we are working on the marriage between digital services and hands-on installers."

So, you are looking for partnerships with installers?

Albert: "Poolworx is growing and the Spanish costa is very long! We focus on distribution to professionals or directly to end-customers while liaising with local installers for installation. So naturally, we are eager to build up a better local network of skilled installers."

"At the same time, we centralise customer service and do all of the marketing to end-customers ourselves. This is the only way to offer the unique low prices we publish on our website for a professional product such as Duratech. On top of that we make sure that for every larger region there is a premium partnership in place for second line service, to guarantee our two year warranty, and help our customers for many years."

"We believe this is the way of working for the future, the only way to ensure long-term quality and stay in touch with customer feedback. We learn and improve continuously and are always

fully transparent on what we can, or cannot make possible with our LED and heat pump technology. Our way of working also enables installers to focus on what they do best: installation and service! Any installer must adhere to our factory instructions and guidelines."

Do you think of yourself as a disruptive start-up?

"Not really. We always think win-win, maybe that is disruptive? We invest big in digital services and are reaching out to interested customers via our state-of-the-art website, via Google and Social Media. For this, we involve our installers in order to increase our knowledge and visibility along the Spanish costas. In case you are interested, contact us! I'm sure we can heat up more pool lives!"

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IT could be said that our homes are smart enough, with most members of the family already in possession of a smart phone, television and car. Installing a digital assistant could be a wise decision for many reasons.

The current use of digital assistants, including Amazon Echo's 'Alexa' is the beginning of a new way of interacting with technology. Lives are busy and it would be comforting to know

Smart homes will be the future

that everything involved in running a household, could be taken care of using the voice to command a smart personal assistant.

Mintel research has revealed that Americans are mostly interested in smart home products, including out-

door security, window and door sensors and even indoor security.

Having a smart home system is good for the environment, which includes energy efficient products. If the technology is saving money and helping the environment and securing the

home, then it's smart to invest.

There is the added bonus that there is no need to be chained to the house permanently, for fear of people breaking in. Smart home systems allow the homeowner to control the functions of the house, while being miles away.

Technology for practical living allows homeowners more freedom.

Research has shown that older generations are less impressed by new technology and prefer to focus on a smart home system, through the saving of energy.



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Celtis australis - the European Hackberry

By Graeme Tyrrell

THE Hackberry or Nettle tree is one of the Mediterranean's hardiest native large trees that you will probably see lining streets and boulevards and standing as a valued specimen in private and public gardens as well as in native forested areas.

They are a very attractive deciduous shade tree of the Elm family with a smooth greyish bark, small leaves, small edible fruit, long lived (to around 500 years), fast growing in good conditions, drought tolerant once established and will grow in most soils in Spain below 1,000 metres.

If you don't have the space to grow a large tree they are also very hardy in containers, tolerating constant pruning to maintain a suitable size.

They are a favourite for bonsai enthusiasts as the trunk develops strongly but can be supported by a few healthy branches with the small leaves giving the good proportions required for a bonsai tree.

In my vegetable garden, I have a large one that is trained, by pruning, to act as an umbrella to add shade during the middle of the day in summer but



CELTIS AUSTRALIS: An attractive deciduous shade tree of the Elm family.

allow morning and afternoon sun.

In winter there is enough sun after the tree loses its leaves. The leaves provide a very good addition of mulch to the garden. I collect the self sown

seedlings to make bonsai trees.

The fruit is edible and can be used to make jams. It was a food source when other food was scarce. Collecting the small berries is a lot of work as they

are best when black in colour. They ripen at different times so collecting the best ripe fruit is tedious. Many birds are attracted to the trees when the fruit is ripe.

The flower is insignificant in size, with its main interest being that it doesn't have flower petals.

The seed sprouts very easy to grow new trees, in fact birds spread the seed so young trees can appear throughout the gardens when a tree is fruitful.

Fresh seed needs stratification by exposure to cold to simulate winter conditions, such as storing in a fridge for several weeks, before it will sprout. This follows the natural process of the seeds passing winter in the soil and emerging in spring to grow when conditions are more favourable.

The wood of the Hackberry tree is very useful for making tool handles, walking sticks, whips and items made by wood turning.

The qualities of the wood are that it is flexible without splitting easily.

The roots of the tree give a yellow dye that has been used for colouring silk cloth. The leaves and fruit have been used as remedies for various stomach region problems.

They have few pest and disease problems making them a healthy addition to the garden as they require little corrective maintenance other than pruning of excess branches.

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Bougainvillea in all their regalia

THE bougainvillea can be found all over the Mediterranean, but it's not originally from this area. These plants are natives of Brazil, a tropical plant that can grow red or purple flowers.

In 1768, it was named by the French botanist, Dr Philibert Commerson in honour of his ship's Captain Admiral Louis-Antoine de Bougainville and became an official species in the 1980s. English and French breeding nurseries sent these plants all over the world.

There are 14 species, but only three types have cultural importance: glabra, peruviana and spectabilis.

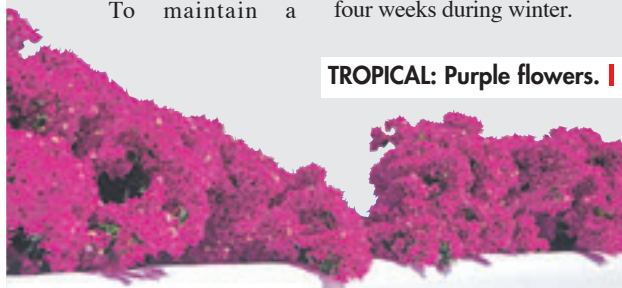
To maintain a

bougainvillea in a pot, it must be placed in an area that receives at least six hours of sunlight each day. If it's outside, then make sure it's elevated above a drainage dish, so roots can grow out of the drainage holes. The roots need room to spread.

It's important to let the soil dry out between watering. Water the plant until it drips out of the drainage holes, then discard the water in the drainage dish to prevent the soil from remaining soggy.

During spring and autumn, feed them every two weeks and every three to four weeks during winter.

TROPICAL: Purple flowers. |



It's all Greek to me

MOST know the beauty of Greece and its simplicity. There is no other place in the world that presents the colours white and blue as successfully as the Greeks do. The little white houses looks as if they are part of the landscape, carved out and designed by a mythical God.

It is possible to achieve a Greek-style in your home by following a few simple rules, using natural colours and materials; keeping it simple and achieving symmetrical balance, applied through shape, texture and colour.

This

cre-

ates a sense of calm, which is probably why Greece has always been a popular holiday destination, for those that seek tranquillity.

Start by whitewashing walls, painting window frames blue and adding stone colours to give more depth. Greeks use marble or limestone for flooring but there are other options, which include vinyl flooring that mimics marble and cement limestone. Once the blank canvas has been created, you could lay down a traditional striped patterned rug or one that has a classic motif.

There are two prominent styles in Greece, which include the 'Cycladean' and the 'Hellenic' styles. The former adheres to the simple medieval style of the white houses on the islands, which

were built for defence against the sun. The latter hails from the golden age of classical Greece, which used a more decadent and ornate design and materials, including brass and marble.

Choose furniture and decoration, including wooden tripod tables and stools; carvings; embroidered tapestry; glazed pottery; coloured glassware. Other furnishings to include are: mosaic tiles for the bathroom, floors walls and shower; white linen for the bedroom and hardwood dining table and chairs.

If the space requires a touch of serious Greek style and glamour; use faux columns, as a pedestal to hold a sculpture or planter and to go even further, the use of mouldings that replicate classical decorative motifs will complete the look.

GREEK-STYLE:
Applied through shape,
texture and colour. |



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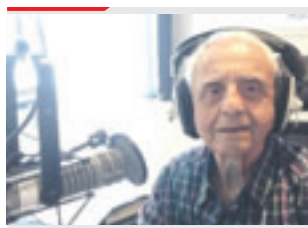
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SOME cats and dogs can have the best start in life and still grow up with behavioural concerns being fearful. Others that missed out on critical socialisa-

tion experiences such as puppies or abandoned kittens which impacted their development. But what about dogs who can have it worse?

How does trauma impact our pets?

Some of the cats and dogs we take into our homes don't just come from neglectful pasts but have lived with outright abuse. Sometimes this abuse has been due to mistreatment at the hands of a past owner, and sometimes it has happened in the current home despite the owner's best intentions. Trauma has a lifelong impact on many cats and dogs.

Dog Training is still an unregulated field, which means

Trauma in pets, part 1

there are still many so-called trainers who use aversive training techniques to address behavioural problems. This is the reason why there are many organisations for the premier experts in animal behaviour.

Although much progress has been made, many trainers and people have a position statement regarding the use of punishment in training.

Manufacturing fear or avoidance in an already panicked animal does not create an environment where critical learning can take place.

I have heard of trainers in this day and age using electrical collars on dogs who suffer from separation anxiety for barking, hanging dog-aggressive dogs by their neck when they lunged at others, and strapping electronic collars to dogs' genitals in the name of behaviour modification.

Remember that you are your pet's advocate. If something doesn't seem right to you, it is up to you to put your foot down and protect your pet. Even something as seemingly mild as squirting a reactive pet with a

water bottle or gently placing a frightened cat or dog into a fear-inducing situation and preventing that cat or dog from leaving can have long-lasting consequences.

While you may have had the best intentions when you followed the advice of the trainer on TV or tried a technique that your

'friend' swears by, if your dog responded by panicking or shutting down and if you've noticed your dog's behaviour has deteriorated since then, it's possible that your dog could be experiencing a canine version of Post-Traumatic Stress (PTS). It is time to discuss this with your vet who might well refer you to a behaviour consultant.

More to follow...

TRAUMA: Can have a lifelong impact on cats and dogs.



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CAR industry insiders got a glimpse of the future when share prices in Tesla suddenly leapt up, making it the most valuable manufacturer in the US, despite having never turned a profit.

The Silicon Valley giant, which is determined to become the 'Apple' of cars, raced past Ford and General Motors to become



MODEL X: Slow sales for Tesla's latest car.

Tesla's silicon surge

the motoring world's number one on the New York Stock Exchange.

Valued at \$50.9 billion, Tesla just edged out General Motors, which is behind Buick, Cadillac and Chevrolet. In 2016 Tesla sold just 76,000 cars, compared to almost 10 million punted by GM.

The tech firm also made a loss of almost \$1 billion last year. A sharp contrast with the earning of more than \$9 billion secured by GM.

Tesla has endured an embarrassing series of setbacks and malfunctions with its expensive electric and autonomous cars.

Its elaborately designed vehicles have been declared playthings for the rich

with little import for mass manufacturing.

Why Tesla's shares suddenly surged is a mystery. Some investors see it as a sign of market confidence in Tesla's eco-friendly, uber modern concept. Others wonder whether shares were somehow artificially inflated, a possibility given Tesla's connections to the billionaire playground of Silicon Valley.

Nevertheless Tesla is expected to become one of the top five profit making car companies within a few years. The firm, alongside Google and Apple, has a firm grip on the technologies that will define the auto-industry's future.

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TMGS plays at Roda Golf

AFTER several good days that reminded everyone why they live here, The Members Golf Society returned to the weather of February as they played at Roda Golf. It was overcast and cold with very strong winds, just what you wouldn't want at Roda!

However 40 members and guests made the short trek down the AP7 to do battle with these elements and the elements won. The best score of the day was just 34 points by Gary Turner and Carsten Pedersen (five

handicap). However the elements didn't affect the birdies on the par 3's because five players made a 'two' and shared the €30 in the pot. In the NTP competition the results were: hole 2 C Pedersen, hole 7 N Spaniol, hole 11 nada and hole 13 J Hettrick.

Bronze category: 3rd S Twentymen 25 pts. 2nd A Kilnes 30 pts. 1st J Davidson 31 pts. Silver category: 3rd T Roed 29 pts. 2nd D Sullivan 30 pts. 1st S Sone-sen 32 pts. Gold category: 3rd N Spaniol 31 pts. 2nd G Turner 34 pts. 1st C Pedersen 34 pts.

Please note the date in your diary for May 8 at Las Pinailas (Albacete) which includes bus, golf, buggy, meal and competition fee all for just €65 (visitors welcome). To reserve your place visit www.tmgs.org, www.facebook.com/TMGS_GOLF or call 661 524 101.

Orba Warblers' Committee Shield



COOL WINNERS: Of the medal competition.

IT was a chilly and windy day out for the Orba Warblers at Bonalba this week for the Committee Shield medal competition on April 19.

Results: 1st Sheila Dindar (26.5) with a nett 71 now playing off (25.6). 2nd Barbara Pollitt (23.6) with nett 72 now playing off 23.2 and 3rd David French (10.9) with nett 73. Bringing up 4th was Peter Gibson (22.6) with a nett 74 and 5th was Bob Edwards (8.6) also at 74 on c/b. Sixth place went to Steve Smith (4.6) with nett 76. Steve Smith also won the prize for best gross with a total of 82.

Glyn Braidley and David French got the NTP's on Holes 8 and 14 respectively. The Football card went to Glyn Braidley with Preston. There was one guest, and now GINS' newest member, Mark Gains. Welcome to the Orba Warblers family Mark!

Finally, Barbara Pollitt, GINS' young birthday 'gal' kindly brought two lovely bottles of wine on the day. They went to John Daniels and Roger Vicars.

May 3 will be a Texas Scramble at Alenda. First tee time will be 10.48am so arrive by 10am for registration. Guests welcome subject to space availability and current handicap certificate. To book please contact Mike Taylor on mjt@stylespms.com or call 639 242 896.

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Pego Golf Society

THIS week Pego Golf Society and its guests (Alan Barwick, Graham Borley, Ian Sharp and Chris Anderson) played a singles Stableford competition in excellent conditions with Chris taking the guest prize.

There was only one 'two' and it went to Shaun O'Gorman. Nearest the pin on hole 5 was Peter Rapley with 1.48 metres and on hole 16 was Roger Brown with 2.35 metres.

The winners in division one were: 1st Penny Barden with 36 pts off 15.2 hcp, 2nd Dave O'Connor with 36 pts off 13.8

hcp, 3rd Malcolm Wise with 35 pts off 7.3 hcp.

Division two winners: 1st Graham Haslam with 36 pts off 25.9 hcp, 2nd Paul Trigwell with 33 pts off 20.6 hcp.

3rd Martin Livesey with 32 pts off 19 hcp.

If you would like a game with Pego you can get in touch via the website www.pegogolfsociety.com.



PEGO MEMBERS: Played a singles Stableford.

Benitachell Bowls Club

IT was a lovely sunny afternoon as Benitachell Bowls Club held its Easter Sunday lunch, which included an Easter bonnet competition, at the clubhouse.

After a delicious meal, the Easter bonnet parade took place. The high standard of entries made the final results very difficult for the judges. Everyone deserved to win, however the first three winners were

Lynda Warnes, Velia Wood and Pauline Griffiths. The hats were truly spectacular works of art. Well done to all the participants.

Then the club came alive with the music provided by Barry Peters who kept the afternoon going with dancing to all the popular tunes. It was agreed a good time was had by all.

It's a London Cup final, Messi scores his 500th goal and Nadal wins

Tony Matthews



International Sports

A former player and now the world's most prolific author of football books with almost 150 published since 1975, Tony is also the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre.

Costa de Almeria

DIARY OF EVENTS:

• Starting with football and tonight it's the Manchester Premiership derby, City v United followed on Saturday by Crystal Palace (terrific winners at Anfield last Sunday) v Burnley Southampton-Hull, WBA-Leicester, Stoke-West Ham and Sunderland-Bournemouth. On Sunday, Everton face leaders and double-chasing Chelsea, Spurs (2nd) play Arsenal, Manchester City visit lowly Middlesbrough and Manchester United meet relegation-threatened Swansea; Watford play Liverpool on Monday.

• Championship games include Cardiff-Newcastle (tomorrow) and Brighton-Bristol City, Birmingham-Huddersfield, Blackburn-Aston Villa, Fulham-Brentford, Leeds-Norwich, Ipswich-Sheffield Wednesday and Reading-Wednesday on Saturday.

• Celtic and Rangers meet again - this time in the SPL.

• Manchester City Ladies, 3-1 down to Lyon, and PSG, 3-1 up on Barcelona, play the second legs of their Women's Champions Cup semi-finals.

• Also on Saturday, GB heavyweight Anthony Joshua, 18 bouts unbeaten, fights Wladimir Klitschko at Wembley.

• Twenty-fours later, 100,000 fans will attend the Russian F1 Grand Prix in Sochi.

• The World Snooker championship continues in Sheffield where Ronnie O'Sullivan is seeking glory (again).

• And Rugby's big Super League game is Castleford (top) against Wigan (3rd).

ROUND-UP:

• Congratulations to Lincoln City who return to the Football League in place of Leyton Orient who drop out after 112 years.

• The FA Cup final on May 27 will be Arsenal against Chelsea. In the semis, the Gun-

ners beat Manchester City 2-1 after extra time while Chelsea, without a Brit in their line-up, defeated Spurs 4-2. This was Spurs' seventh semi-final loss on the trot.

• The Scottish Cup final, also on May 27, will see Aberdeen, 3-2 semi-final victors over holders Hibs, face treble-chasing Celtic who ko'd Rangers 2-0 in their semi-final.

• The Champions League semi-finals are Real Madrid-Atletico Madrid and Monaco-Juventus and it's Manchester United-Celta Vigo and Ajax-Lyon in the Europa League semi-finals.

• Lionel Messi scored a dramatic 92nd minute winner - his 500th goal for Barcelona - in last Sunday's 3-2 El Clasico win over Real Madrid. The teams stand level on points at the top of La Liga, but Real have a game in hand.

• John Terry with 704 appearances for Chelsea, will leave the club in May.

• Rafael Nadal won the Monte Carlo Masters tennis final for a record 10th time as GB's women's Federation Cup team lost to Romania in their Division Two play-off encounter which saw Ilie Nastase banned from the stadium after verbally abusing two GB players and the umpire.

• British F4 driver Billy Monger, 17, who crashed at Donington Park 10 days ago, has had both legs amputated. A fund has a 1 -

ready raised over £1m.

• Last Sunday, 40,000 runners competed in the London marathon and the winners were Daniel Wanjiru (men) and Mary Keitany (women), the latter in a world record time. David Weir (for the seventh time) and Manuela Schar won the wheelchair races.

• In Rugby Union, Munster 'A' beat Jersey 29-28 in the British Isles Cup final and it's Wasps (79 pts), Exeter (74) and Saracens (72) 1-2-3 in the Aviva Premiership. Saracens will play Clermont Auvergne in the European Champions Cup final while Gloucester will face Stade Francais in the Challenge Cup final.

• Britain's Ellie Downie won all-round gold, vault silver and bars bronze medals at the world gymnastics championships; Courtney Tulloch won rings silver.

• In the British swimming championships, Duncan Scott became the first Brit to break 48 seconds for the 100m freestyle... James Guy won gold in the 100m and 200m butterfly and 400m freestyle races... Adam Peaty triumphed in the 50m and 100m breaststroke finals... and Chris Walker-Hebborn took the 50m freestyle and the 50m and 100m back-stroke titles. Other golds went to Max Litchfield, Dan Jervis and Ross Murdoch (men) and Freya Anderson, Charlotte Atkinson, Georgia Davies, Anna Hopkin, Hannah Miley, Rosie Rudin and Jocelyn Ulyett.

• Welshman Geraint Thomas has become the first Brit to win cycling's Tour of the Alps.

• It was Marc Marquez, Valentino Rossi and Dani Pedrosa 1-2-3 in last weekend's MotoGP in Texas. Rossi now leads the rider's championship.

• Ex-athlete Brendan Foster, 69, is to retire as a BBC commentator.

• Vicente won last Saturday's Scottish Grand National.

RAFAEL NADAL:
Won the Monte Carlo Masters for the 10th time.



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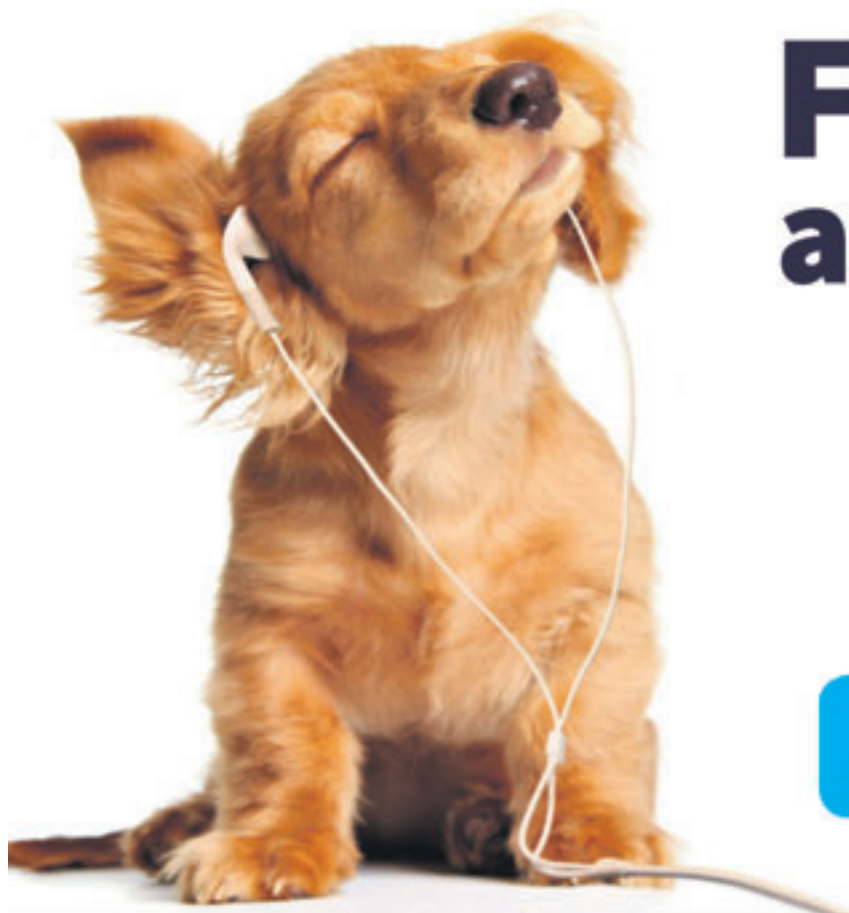
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