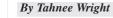


### legal homes plea **Owners want to rent to visitors**



There are more than 16,000 illegal unregistered homes in Marbella.

Now the owners and property managers have made a joint fresh appeal to the city for permission to register them on the Andalucian Tourist Register (Registro de Turismo de Andalucia).

They are anxious to benefit from a rental boom in Marbella holiday home lets with the average high season daily rental costing around €100.

Some high season prices are in place for approximately 150 days during the summer.

This has led to many home owners choosing to let their properties to tourists in the high-season as opposed to long-term renters all-yearround, the meeting heard.

The latest appeal to get the

properties registered came at a meeting at Casino Marbella chaired by Manuel Vilarino of the Association of Tourist and Holidav Homes of Andalusia (Apartsur) at Casino Marbella.

MARBELLA: Has seen a

boom in rentals.

At the meeting the problems caused by cancellation of the 2010 General Plan were clearly spelled out.

Vilarino stressed that houses

need a Licencia de Primera Ocupacion granted by the City Council while apartments require a Licencia de Primera Ocupacion v de Actividad.

He explained that properties built since the 1986 General Plan are not included in the planning text. "Everything outside that

plan is not recognised as legal

housing," he said.

The owners and managers have asked that the Town Planning Delegation mediates with the Junta de Andalucia so that the homes can become legal.

Through better economic times plus cheap flights, a new business model means there is increasing demand for properties.





Airport parking bedlam blasted

A NEW pick-up and drop-off system at Malaga airport has led to widespread outcry. Within 24 hours of being introduced on Tuesday large traffic queues built up with many drivers unsure where to go.

Currencies Direct

Wondering

how to save

on your overseas

money transfers?

The secret is revealed on page 57

The new system was introduced after three months of work, and allows for 15 minutes free parking for picks-up and dropoffs, with five entrance lanes and seven exits designed to reduce congestion.



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#### **NEWS EXTRA**

#### **Dope on** a rope

PACKAGES containing 26 kilos of hashish, which were tied together with rope for transport, were seized and one person arrested during a police raid on drug traffickers operating off Torreguadiaro beach.

### **Paint pot**

A HUGE replica of Picasso's famous Guernica antiwar painting has appeared near the footbridge at the mouth of the Rio Fuengirola, with pedestrians encouraged to hurl coins down to the artist responsible.

### **Costly craft**

THE 68-metre, € 126 million Aviva superyacht owned by Tottenham Hotspur majority shareholder Joe Lewis moored up at Malaga port this week after a short refuelling stop in Gibraltar.

### **Banderas backs off**

### Astoria project now abandoned

ANTONIO BANDERAS has abandoned the Astoria project in Malaga after receiving harsh criticisms and reportedly feeling humiliated by local opposition

parties. The multi-million euro refurbishment project aimed to transform two run down cinemas, the Astoria and Victoria, into cultural centres with theatres, acting and directing courses, funding for Malaga students, events halls and music and dance workshops.

Criticisms from left-wing Izquierda Unida's Eduardo Zorrilla and what the Malaga actor saw as general disinterest from Ciudadanos led to the star pulling out of the project.

Zorrilla said he "never insulted Banderas" and treated his team with the "utmost respect."

He added the Malaga-born star was simply trying to "make him into one of his movie villains. Zorro and the Zorrilla he could call it."

The Izquierda-Unida spokesman claims he was merely pointing out the project was not best suited for the people of Malaga as it would be giving away

the best plot of land in the city.

The lead architect for the project, Jose Segui, reportedly does not know whether the refurbishment will go on now that Banderas has left.

Antonio Banderas said he believes that after the events it is clear that "Malaga doesn't have the right environment to develop this sort of project at this point in time."

> **ANTONIO BANDERAS:** "Not right to develop this sort of project at this point in time."



EURO WEEKLY NEWS' Facebook page soared past 20,000 'Likes' this week.

The benchmark comes as our online presence continues to go from strength to strength following a refocused effort on our website and social media pages since the turn of the year.

EWN Media Group thus continues to lead the way both in print and online English-language media in Spain, with unrivalled breadth and diversity across our ever-increasing readership.

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BEE

### €100,000 of extra funding

TORREMOLINOS will receive a subsidy of €100,000 to help with repairs and renovations to its beaches and promenade this summer.

The payment was announced last Monday by National Government spokesman Miguel Briones to regional beaches minister Margarita del Cid on a visit to the province.

The funding is in addition to the €4.6 million already being spent on Malaga's coastline this year as part of a provincial scheme.

"This means the government are investing in repairing damages, recovery and improvement of the beaches of each and every one of the coastal municipalities of Malaga, which will be in perfect condition for the summer," confirmed Briones.

Technicians sent to assess the damage from April's storms reported that Torremolinos had suffered the most and needed extra cash to be ready for peak season.

### **Escort scorned**

A BRAZILIAN sex worker was arrested for taking revenge on dissatisfied clients by publishing their personal details online.

The 49-year-old published personal and professional informational related to eight clients on various sex-related websites before being caught. She even put up the names and telephone numbers of the men, as if they themselves were advertising sexual services.

She used multiple emails and aliases so she could upload different profiles with her victim's details. National Police in Malaga traced the ads to her computer and arrested her at home after receiving complaints of harassment from the men.

As a consequence of her vengeance, each of the men received a flurry of calls from unknown numbers at all hours of the night. They received explicit text messages and several were forced to change their numbers.

### No cigar

THE Guardia Civil and Servicio Mariti-

### SPANISH FACTS OF LIFE...13

Ninety years ago next month the national carrier Iberia was founded, with King Alfonso X111 among passengers on the inaugural Madrid to Barcelona flight.

### Still flying high at 90

THE first airline to connect Europe and South America with scheduled flights following the Second World War in 1946, the route remains a key part of Iberia's network to this day.

Six months after its founding with Pesetas 1.1 million (€6.600 equivalent today) full flight operations began, and within one year it was receiving a government subsidy to carry mail between the capital and Barcelona.

By its 75th anniversary in 2002 it had carried almost 500 million passengers on its domestic and international flights.

With Spain scrapping visa restrictions on US citizens in 1953 Iberia introduced regular flight connections with the first of three new Super Constellation planes delivered the following year named Santa Maria to commemorate Christopher Columbus' first voyage.

In February 1998, Iberia ordered 76 aircraft from Airbus - at the time the manufacturer's largest single order - and by the start of this year the airline boasted a fleet of 80 Airbus planes, with another 45 on order.

Iberia and fellow One World member carriers were allocated Terminal 4 at Madrid-Barajas Airport - the carrier's traditional hub with the Spanish carrier responsi-

mo carried out two joint raids last week, confiscating 5,500 packets of il-

The first stash was seized by Guardia

The second stash was seized when a patrol boat of the Servicio Maritimo de la Comandancia de Algeciras detected a boat sailing along the Linense

coast - the boat, upon noticing the police presence, gave chase and fled to the refinery pontoons, the sailors unloading the cargo and fleeing again at

Santa Maria

constellation

Unable to catch the sailors, the officers inspected the area surrounding the refinery pontoons and found 2,500 packs of tobacco.

### Vested interest

A FINNISH company that previous-

ly misspelled the word Policia on bullet proof vests is to receive a further 215 returns as they are considered unreliable.

Malaga City Council sent six of the latest batch of vests for testing to a special centre in Valencia but one failed a knife attack test mean-

due to increasing orders over terrorism fears, the council is now aiming for the August feria.

NSIDF 'IEW News 1 - 48 Finance 55 Leapy Lee 61 78 Time Out 79 Letters 83 Gibraltar 84 Health & Beauty 86 Social 90 Services 100 Classifieds

104 Motors 114 Sport 118 Postscript to ponder

15th

Spain's world standing with 593 vehicles on the road per 1,000 people. San Marino is first with 1,263, Monaco second with 899, and USA third with 797. Britain is 34th with 519.

LA NIÑA 



legal tobacco in San Roque.

Civil officers of Guadiaro on the A-7 motorway - a car was stopped and upon being searched, was found to contain 3,000 packs of tobacco in the rear seats and boot.

Pharma-tourism on the Costa del Sol

IT'S not just the sun, sea and sand that attracts tourists to the Costa del Sol, as more and more frequent the pharmacies of the region, taking advantage of the super-low cost of medicines. Medicines in Spain, whether with or without prescription are up to five times less than those in the US, the UK, Canada, Ireland and Germany.

The cost varies so much that many tourists will even pay a private doctor whilst in Spain, filling their suitcases with their regular prescriptions and saving a small fortune.

Most tourists discover almost by accident the cost of Costa del Sol medicines - falling ill or leaving their regular prescriptions at home.

The Spanish Government acted a few years ago as Spanish medicines were entering the black market - mostly in Ireland. Smugglers would visit the pharmacies with price comparison lists.

Malaga pharmacists report visits from tourists all over the world, but admit that many are American.

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third-largest airline in terms

of annual revenue.

Group.

ing the entire batch has been rejected and will have to be remade. It had been hoped that the jackets would have been available to the Local Police in time for Easter, but

### More than just a club

REIGNING Spanish champions Barcelona scored on the political front by throwing its weight behind the goal of a referendum on Catalan independence.

Carles Puigdemont, the region's president, wants to stage a poll later this year and the football club from its Camp Nou fortress supports a vote.

In a brief statement, the club said it "agreed with the National Pact for the Referendum, the campaign to gather support from institutions, organisations, those in elected office and individuals inside and outside Catalonia."

#### Gloves are off

SPANISH police have broken up a prize fighting ring bringing boxers to Spain from Nicaragua and forcing them into bouts across Europe.

Seven Spaniards were arrested and 19 boxers released from a base in Terrassa. The fighters were invited to Spain by a sports events company for a contest but were forced into unregulated competitions.

They were forced to live in 'overcrowded and unhealthy' conditions and if they failed to obey instructions were beaten and told their families in Nicaragua would be hurt.

#### Got it covered

BRITISH insurance giant Aviva on Wednesday is selling off its €475 million stake in the Spanish market as it continues to reduce operations in the Eurozone.

It is offloading 50 per cent shareholdings in life insurance and pen-



HISTORY and legend fill Segovia, a walled medieval city topped with a fairy-tale castle.

AQUEDUCT: 2,000 years old.

Approach the city from any direction and the Alcazar de Segovia catches the eye. Once a royal palace, filmmaker Walt Disney was so impressed he is said to have modelled Sleeping Beauty's castle in Disneyworld in California on it.

Sitting in the rolling hills of Castile and Leon and built on a rocky outcrop with stunning countryside views, Segovia with a population of 52,000 is a modern vibrant city and home to an array of writers, artists, musicians and intellectuals.

A world heritage site, its singularly most famous attraction is the 2,000-year-old aqueduct. Still carrying drinking water as a testament to the efficiency and skill of Roman engineering, the aqueduct made of 25,000 granite blocks held together without mortar has an 818m span and more than 170 arches.

Recycling came early to Segovia, when the city was fortified with walls, not only were granite blocks used for the ramparts but also the gravestones taken from the Roman necropolis.

Inside the city to this day there are narrow cobbled streets now filled with bars and restaurants, boutique shops, art galleries, museums and churches. Explore at leisure and refuel on local specialities including roast lamb, suckling pig and trout. sion joint ventures. Spanish company Santalucia will take over holdings by the year end, subject to regulatory approval, said Aviva.

### Art prize

SOUTH AFRICAN artist William Kentridge - best known for his animated films of shape-shifting charcoal drawings - has won Spain's top arts prize, the Princess of Asturias award.

### Eye on Spain

RUSSIAN opposition leader Alexei Navalny visited Spain for eye surgery on his right eye after suffering burns when a chemical was thrown in his face.

The politician, who hopes to challenge President Putin in next year's elections, lost 85 per cent of his sight and suffered burns after he was attacked in March with a caustic substance.

He was recovering in a Barcelona clinic when he posted a photo on Instagram of his bloodshot eye.

### War expert dies

HISTORIAN Lord Hugh Thomas, an expert on Spain and the Civil War, has died at his London home aged 85.

His most-famous work The Spanish Civil War, was published in two volumes in 1961 and considered the first balanced account of a conflict which tore the nation apart between 1936 and 1939.

Considered a landmark classic, and the most detailed and best-explained account to date, it was not published in Spain in translation until 41 years after the death of General Franco.

### **Birthdays**

#### • Pete Townshend (72), May 19, Musician

English singer, songwriter and lead guitarist with the legendary rock band The Who. He has written more than 100 songs for the band. Although known for playing guitar he also plays a range of other instruments including keyboards, banjo, accordion, harmonica and drums.

#### • Cher (71), May 20, Singer

American singer whose career spans six decades in which she has released 79 singles. Some of her best-known hits include If I Could Turn Back Time, The Shoop Shoop Song and Believe. She has also appeared on Broadway and in films such as Mermaids, Tea with Mussolini and The Witches of Eastwick.

• Tom Daley (23), May 21, Diver

Young British diver who specialises in the 10metre platform event in which he has achieved nine gold, six silver and three bronze medals so



far across the individual and synchronised events. He became the FINA World Champion at the age of just 15 and was the youngest British competitor at the 2008 Olympics.

### • Novak Djokovic (30), May 22, Tennis Player

Professional tennis player from Serbia who is currently ranked by the ATP as the world's number two in men's singles. He has won 12 Grand Slams including six Australian Open titles, three Wimbledon titles, Two US Open titles and One French Open title.

#### • Joan Collins (84), May 23, Actress

English actress who made her stage debut at the age of nine and who trained to be an actress at RADA in London. She has featured in many films but is best known for playing Alexis Colby in the hit 80's soap opera Dynasty. In 1982 she won a Golden Globe for Best Actress and in 2015 she was made a Dame for her services to charity.







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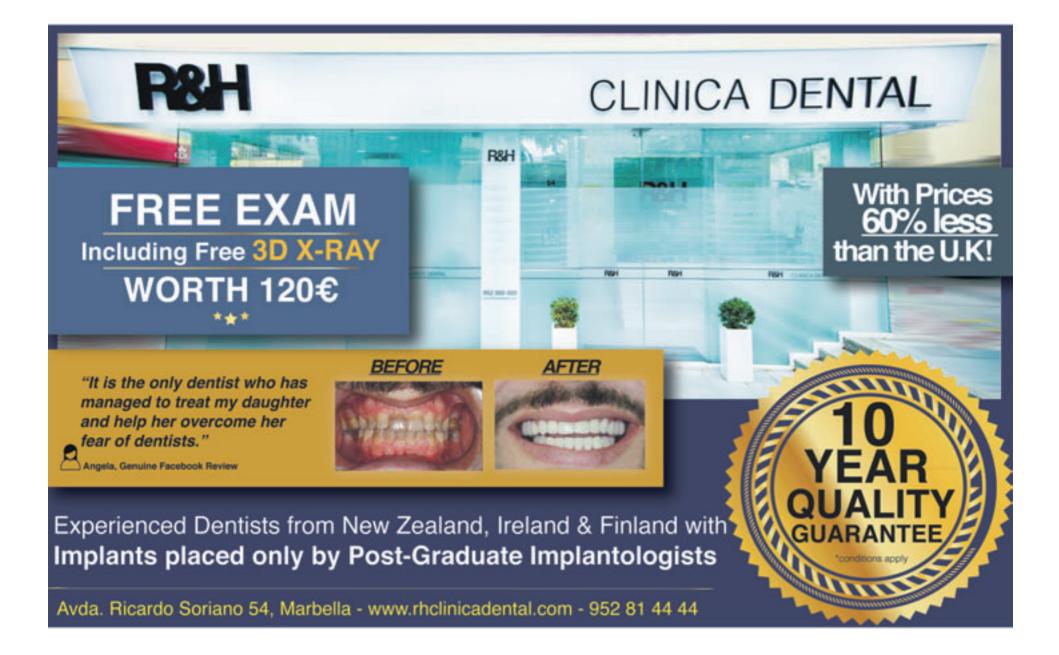
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2017 / Costa del Sol



BRITISH reality TV stars have been piling on the PDA in Spain.

Ex On The Beach glamour model Jemma Lucy, 28, and Geordie Shore's Chantelle Connelly set pulses racing as they whipped off their bikini tops to display their ample assets while showering together.

The pair then puckered up for a passionate kiss, reigniting rumours that they are dating, after Chantelle, 26, recently tweeted that it had been a publicity stunt.

In Mallorca, 25-year-old Nicole Bass was spotted cuddling up to Jacques Fraser, 24, after previously pledging to never take him back.

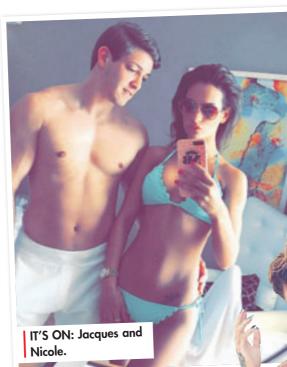
As she sizzled in a bright red bikini, he flexed his muscles in a pair of swim shorts, with the couple appearing to have rekin-

> FORMER The Only Way Is Essex heartthrob Mark Wright set his army of fans' chins wagging on social media this week.

> After sharing a slow motion video of himself marching through a Mallorca resort clad only in a pair of tight-fitting briefs, some accused the 30-year-old reality TV star of stuffing his underpants with socks.

"Who does he think he's kidding?" jeered

### **Pucker up!**



dled their love following their fiery appearance on Ex On The Beach 2017 during which Jacques lied about sleeping with another woman.

Footballer Jamie O'Hara, 30, who was a contestant on Celebrity Big Brother this year,

### **Pants on fire**

TEMPERATURES SOAR:

Chantelle, left, and Jemma.

one sceptic, before a second added: "My man is hung and his bits don't look like that in tight stuff. Mark has put stuff in his pants. Whom you trying to impress?" [sic]

It appears that Mark was expecting the

mockery, as he captioned his post with the hashtag '#ipromisethat-

also put on a steamy display as

he and 25-year-old model girlfriend Elizabeth-Jane Tierney

posed for a series of saucy

Jamie, who was previously married to former Miss Great

Britain Danielle Lloyd, also

had a fling with Paul Gas-

coigne's step-daughter Bianca

while in the Big Brother house,

but this appeared far from his

mind as he caressed his current

squeeze in full view of the cam-

snaps in Ibiza.

eras.

MARK WRIGHT: With wife Michelle Keegan.

### **OUR VIEW** Cancer never rests

EVERYONE hates cancer and despite spectacular strides to defeat it, the disease just won't go away.

To pay lip service to the fight against the disease is one thing but it is when it hits an individual family that it becomes so important and strikes fear into the hearts of those involved.

For every plucky little boy like Leo Bermejo and his dedicated family who have managed to raise enough money to allow him to have life-saving treatment, there are others who simply have to accept that their lives may come to a premature end.

Communities across Spain work so very hard to try to fight this disease and a large number of expatriates spend a great deal of time raising funds which see testing to detect cancer, support for those suffering from it, care in the event that it is terminal and direct donations for long term research.

Anything that can be done to try to fight this evil disease is to be applauded and just a few days ago, EWN received an offer from a reader to supply blood for 11-year-old leukaemia sufferer Serena Chappell in Mallorca following an appeal in the newspaper.

Cancer is indiscriminate and the next victim could be you or someone close, so anything you can do to help could just save a life.

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Mark is married to ex-Coronation Street actress Michelle Keegan. , who is currently shooting the latest series of her critically-acclaimed hit show Our Girl at a series of exotic locations.



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#### NEWS EXTRA

### Better connections

THANKS to a grant of €500,000 from Malaga Province, 5.5 kilometres of road in Cartajima will be asphalted to improve access to Ronda and the Costa del Sol.

### Ronda arson

FIREMEN and National Police in Ronda are investigating a rash of fires started in rubbish containers over a period of weeks. The latest fire also destroyed a motor vehicle.

### Doggy don'ts

REPRESENTATIVES of 60 local associations attended a meeting in Malaga to learn about city plans to educate dog owners. In addition they were told of the availability of 110,000 bags to dispose of dog excrement.

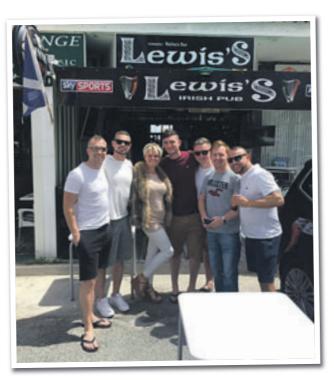
### Danniella Westbrook new Marbella resident

#### By John Smith

CURRENT Marbella resident Danniella Westbrook's recent appearance on lunch time chat show Loose Women showed that she is very much on top of her publicised addictions and mental health problems, but some of her statements did leave a number of viewers confused.

First she said that it was more than likely that she would return to Eastenders and then some days later when the BBC denied this was the case, she backtracked saying that she didn't want to be in the soap and was only being polite.

Danniella also announced on the programme that she has opened a bar in Marbella with her son Kai Jenkins who would be running it for her as an investment and this was reported



DANNIELLA WESTBROOK: Has been seen locally.

widely in the British tabloid press, but there has been no

d mention of the name of the bar or exactly where it is. As recently as last Tuesday she sent out a tweet asking for information on a bar in Torremolinos which she was interested in looking at, although she has recently been seen on a number of occasions at Lewis's Irish Pub in Benalmadena.

UK tabloids also revealed that Danniella had been removed from an easyJet flight from Gatwick to Malaga this week.

Differing reports suggest that she had either become involved in an exchange of insults with a group of young men on board or she had been upset with flight crew who had told her that she was only allowed one piece of luggage on board.

The altercation can't have been too serious as she was simply transferred to a later flight.

### Sweet shop drug dealer

POLICE arrested a sick Spaniard who used a sweet shop as cover to deal hard drugs to junkies while children played inside. Following an anonymous tip-off police raided the sweet shop and seized 37 plastic wrappings stashed with heroin and cocaine.

The man running the shop, a 19-year-old Spaniard from Malaga was taken into custody. He had €570 cash in his pockets and even a spreadsheet with the financial details of his drug dealing business.

Shockingly he sold the Class A drugs to clients while children were present in the shop, based in Malaga's Garcia Grana neighbourhood. The drugs weren't even well hidden, occupying a cardboard box dumped indiscreetly between other boxes of sweets and toys.



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**HELLO, HOW** 

### Major hash-smuggling ring smashed

#### By Matt Ford

THE largest hashish-smuggling gang in Spain has been taken down following a 15-month operation, with 19 arrests and 13 tonnes seized. Investigators have taken possession of six properties in Algeciras and La Linea de la Concepcion plus three shotguns, three pistols, €20,000 in cash and eight high-end SUVs in a joint operation between the National Police and Guardia Civil.

The sting comes after a longterm stakeout in the Campo de Gibraltar after ringleaders of the group, run by a kingpin known as 'Messi,' were identified in early 2016.

Transporting thousands of kilos of hash from Morocco across the Strait of Gibraltar in high-powered dinghies, the gang made regular landings in Malaga and Cadiz provinces, where the drugs were transferred into stolen 4x4s before being distributed by independent, highly-organised cells.

Several boats were typically dispatched at once, arriving at separate points along the coast under cover of darkness in a coordinated exercise designed to fool police and resulting in a number of high-speed chases.

Messi fled to Morocco in January this year, becoming suspicious following a number of failed police raids during which two officers were shot.

However, he returned in March to take in a concert by a famous Algerian musician at a



JOINT OPERATION: Drugs, guns and cash were found.

nightclub he owns in Algeciras, with his lieutenants arranging special security measures.

Police surrounded the venue but failed to escape detection,

one of Messi's guards producing a knife before stabbing two officers, the commotion allowing the drugs boss to escape.

He remains at large.

### NEWS EXTRA Dry wells

FARMERS in the Guadalhorce Valley have expressed concern over water levels in the area's reservoirs, after it emerged there is only enough water to guarantee irrigation until the end of August.

### **Port splash**

MALAGA'S Port Authority has announced an investment of €550,000 to be spent on remodelling its maritime station in order to improve services for passengers travelling to the Spanish enclave of Melilla in North Africa.

### Crash out

A COLLISION between two cars in the Cerrado de Calderon tunnel in Malaga City, which left one on top of the other, caused an enormous tailback after three people were rushed to hospital.

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### Former Diana lover in hospital

FORMER Marbella resident and alleged lover of Princess Diana, Major James Hewitt has been hospitalised following a heart attack and stroke.

The public school boy, who was a tank commander in the

Gulf War, came to public notice following an alleged fiveyear romance with Princess Diana who he met in 1986. It has been suggested that he may be the father of Prince Harry because of their shared red hair.



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While members of the Royal Family ignore these suggestions since Harry was born in 1984, it seems much more likely that the colour of his hair has been inherited from the



JAMES HEWITT: With guests at the Polo house in 2012.

Expensive lunch ZILIAN man was detained at Malaga point of origin in South America. He was tak

well

A BRAZILIAN man was detained at Malaga airport after trying to smuggle almost a kilogram of cocaine into the Costa del Sol, hidden in capsules inside his body. The 27-year-old had swallowed 96 small packets, each containing around 10 grams of the Class A drug.

Security agents at customs control were immediately suspicious of the traveller, and his point of origin in South America. He was taken from the airport to nearby medical facilities and given a radiological exam which uncovered the capsules languishing in his digestive system.

Spencer side of the family.

After leaving the army, he

tried to sell a collection of let-

ters from Princess Diana for

£10 million which caused him

to receive a great deal of public

In 2009, he moved to Mar-

bella and opened the Polo

House on the Golden Mile

which lasted for four years be-

fore being closed down with the property being taken over by Italian restaurant Cibo.

Now aged 59, Hewitt lives

with his 85-year-old mother

and is reportedly recovering

criticism and abuse.

A subsequent evaluation found the capsules to contain cocaine and he was immediately arrested. The man also possessed \$1,000 and €500 in bills.

### NEWS EXTRA

### Mijas accident

THREE cars were involved in an accident which closed two lanes of the A7 by El Higueron, in Mijas. Noone was seriously injured and the cause is being investigated.

### Knife crime

THE individual charged with stabbing a young man in Malaga during Semana Santa has been sentenced to three years in prison.

### Run over

A 24-YEAR-OLD was hit by a car on a pedestrian crossing suffering head and facial injuries whilst running in Malaga and is now in hospital. The driver of the car was not speeding and was sober.

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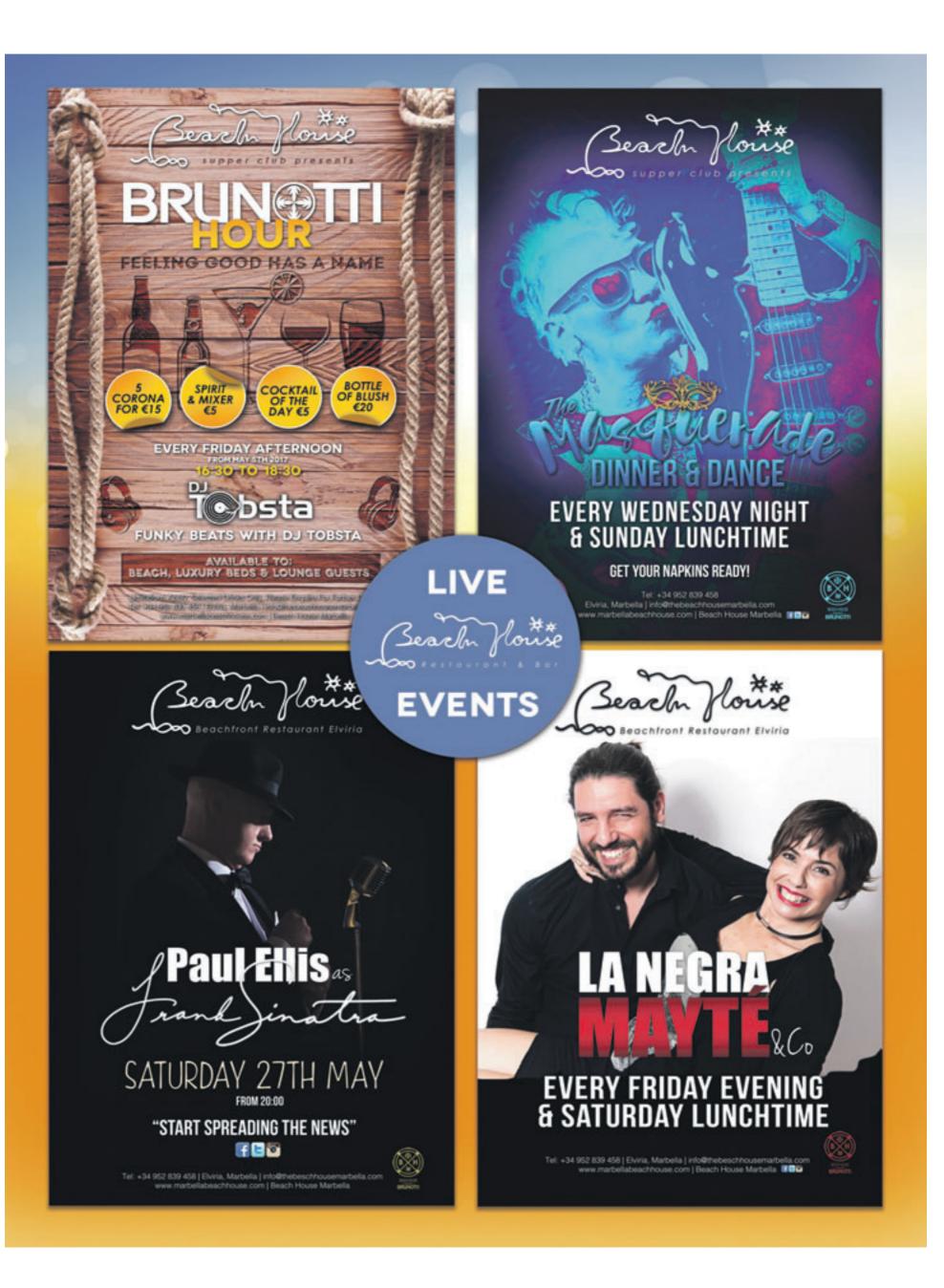
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### Top of the class



MARBELLA has picked up a gold medal at a major social event in Barcelona.

Tourism councillor Javier Porcuna was on hand to collect the award from Elite Spain, the country's most exclusive club for businesses, at the Grand Consular and Institutional gala in Barcelona.

Supported by Marca España, the awards recognise the upward trajectory of Spanish

institutions, and Marbella was chosen for its 'trajectory in terms of quality tourism.'

Collecting the trophy, a beaming Porcuna reiterated "the commitment of Marbella City to continue to promote quality tourism."

The event brought together key players on the Spanish business and social circuits.

### Ronda featured in US spy thriller

series, An ries Berlin two week Ronda. Star Ri the Bri played Hobbi town

NOW shooting its second series, American spy TV series Berlin Station has spent two weeks being filmed in Ronda.

Star Richard Armitage, the British actor who played Thorin in The Hobbit has been in the town together with around 100 actors and technicians as they filmed a number of external scenes for the series.

> The series revolves around Armitage who plays a

agent who is more used to sitting behind his desk at headquarters than living life on the edge, but is sent to Berlin to investigate the leaking of CIA information to a mysterious whistle blower assisted by a veteran agent played by Rhys Ifans.

The producers of the series have called in Sur Film Canarias SL which has also been involved in filming blockbuster series Game of Thrones to undertake much of the filming and car chases.

> RICHARD ARMITAGE: Star of Berlin Station.

> > Gage Skidmore flickr





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(Laurent-Perrier) 1812 info@LaSalaByTheSea.com www.LaSalaByTheSea.com THOUSANDS of young stu-

dents attended an exciting equine exhibition of police horses in Ronda. Held by the

Royal Maestranza de Cavalle-

ria de Ronda the event attract-

ed some 1,900 youngsters

from 21 schools across the

It was held on Tuesday

Costa del Sol.

### White knights

morning in Ronda's historic bullring. Mayor Maria Rios was in attendance alongside other Ronda luminaries and the Malaga Province police commissioner. The dozens of beautiful, agile and handpicked horses form an integral unit in the wider Costa del Sol National Police force.

Students were treated to talks on how the horses work together, are looked after, and help with events and crime.



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## Punch up!

### Brits arrested after airport brawl



A BRITISH man has been arrested at Malaga airport for hospitalising two National Police officers after accusing them of racism.

His friend was also detained after verbally abusing the injured men and recording the incident on his mobile phone.

The pair, both 41, were queuing to have their passports checked before boarding a UK-bound flight, but on reaching the desk one of the men was unable to find his documents.

Two police officers then asked the men, who were accompanied by a woman and four children, to step aside while they searched so that other people could pass.

According to witnesses one refused to move, allegedly calling the officers "racist" and "f..... cops" before passing through border control and continuing his verbal tirade from the other side

As one of the lawmen moved towards the irate holidaymaker, he bumped into one of the children, further inflaming the situation.

The other officer was by now arguing with the man's friend, who was recording with his phone while refusing to hand it over.

Tensions came to a head when the shouting man was threatened with arrest, leading him to punch the first officer in the face.

As he fell, the policeman grabbed his attacker's legs and began to grapple with him, his colleague receiving a powerful kick in the head as he tried to help.

They eventually handcuffed their aggressor and both men were taken away before being released on charges having missed their flight.

The two policemen were sent to hospital for treatment to their injuries, which included a badly cut ear and black eye.



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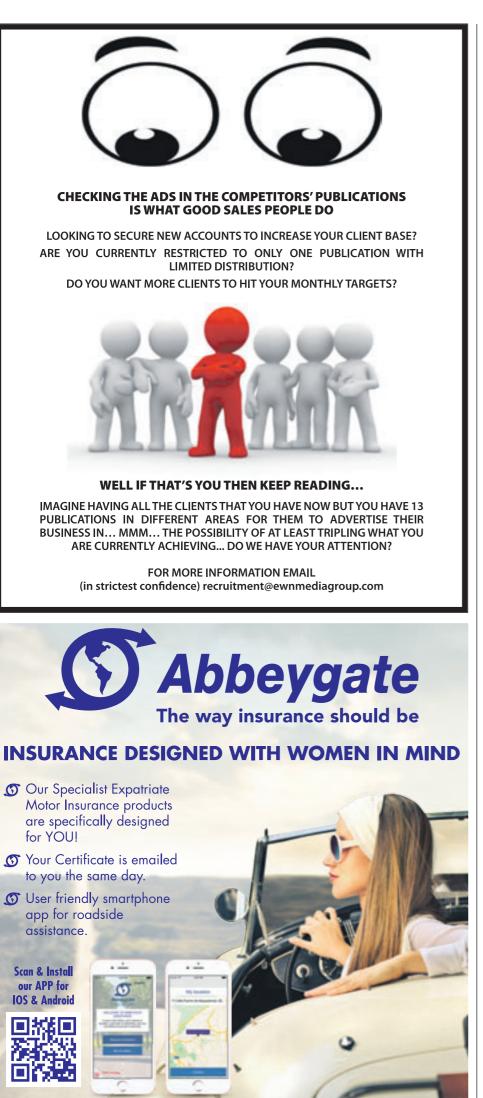


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DOG PARK: Happy councillors at future dog space in Las Lagunas.

### Elite dog park is planned for Mijas

A HUGE investment of €360,000 will be made to create a brand new dog park in Las Lagunas, Mijas. The new space is at Cortijo don Elias and work is expected to be finished in as little as three months.

The dedicated dog space will be similar to a park already proving popular in La Cala.

The Las Lagunas park will even have a special, separate area for small dogs to play in relative, if noisy, peace.

Parks and Gardens councilor Roy Perez has visited the new site and says it will feature innovative furniture built especially for dogs.

It will have playful obstacles, including a seesaw, jumping fences, a ramp, and rings. It may one day be used to hold beauty pageants and competitions.

The mayor of Infrastructures, Jose Carlos Martín (Cs) and the councillor of Parks and Gardens, Roy Perez (PSOE) have visited this morning the area where the new space will be located which will feature a new area for small dogs

It is based on a spacious 3,000 square metre plot which will also contain separate toilet areas and a water supply.

Metal gates and fences will keep animals from escaping and there will be decent lighting for evening strolls.

### British thief nabbed

A BRITISH man was arrested by Marbella police and accused of conducting a robbery in a local supermarket and assaulting a staff member as he tried to escape.

Local Police arrested the Brit, aged 44, as he left a block of flats on Avenida de las Albarizas. Staff at the targeted supermarket on Avenida Ramon y Cajal provided police with a precise description and he was caught minutes after the robbery.

Employees say they saw the suspect stashing food in his bag in a poorly disguised effort to avoid paying.

When one confronted him the man attacked him and ran off with the stolen goods. Fortunately the worker sustained no serious injuries.

### Steel bracelets

YOUNGSTERS larking around in Churriana put a pair of handcuffs on one of their friends and then realised they had no keys. Local Police were unable to help, but fire officers managed to free him.



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# MC Boulevard News

### White Asparagus Season in Sea Grill!



WHITE asparagus is one of the greatest spring ingredients you can find, only seasonally available on the menu from April to June. White asparagus has more of a delicate flavour compared to green asparagus, yet full of antioxidants, vitamins and minerals.

White asparagus is grown underground and protected from sunlight, therefore chlorophyll never forms, keeping the asparagus white, not green, this also helps create the deli-



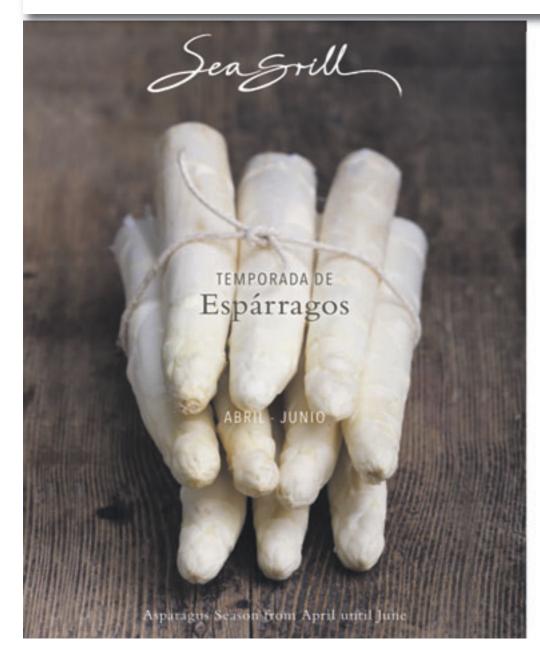
cate flavour and extremely tender texture.

Sea Grill restaurant, with breathtaking Mediterranean views, will be presenting a special menu where White Asparagus is paired with King Crab, Hot Smoked Wagyu and Veal Tenderloin.

Curanan aiaa

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### Amazing tribute to a true hero

THE last leg of a very special charity cycling tour finishes on the Costa del Sol on Thursday June 1. The Tour de Sands departed from Lincolnshire, UK almost one month ago and has continued all the way through France and most of Spain, set to finish at La Cala.

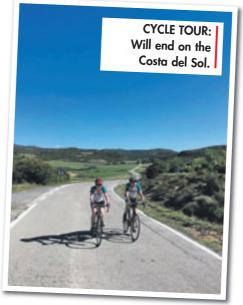
The final destination is Elviria. Riders will have taken turns to ride a cherished bike owned by Sandra Watson, who sadly died of cancer in March 2016.

She and husband Jerry, who has organised the tour and built a charity from scratch, had a second home in Elviria. The Tour de Sandra is about transporting her favourite bike to her Spanish retreat, raising money for charity and honouring both her life and heroic battle against the disease.

Diagnosed with cervical cancer in 2002 aged just 45, Sandra was fit and active. A life on the sofa with swollen legs due to the removal of lymph nodes was a terrifying prospect. She soon discovered that exercise could help push fluid past the blockages, helping her live a far more active life.

She took up cycling and was soon completing 25-mile rides a day, helping control





her condition far better than doctors ever thought possible. In 2012 the cancer expanded and she had a lung removed. But even that didn't stop her doing a 700m climb over 18km during a holiday in Spain.

The Tour de Sands pays tribute to her awe-

inspiring energy in fighting for a life where she was in control, not the disease. The Tour finishes on June 1 and on June 3 there will be a special party held at the Avanto Beach Club to celebrate Sandra's life and raise funds for charity.

The event begins at 2.30pm and tickets cost  $\notin$  50. There will be canapes, wine, live music and even some wonderful polo shirts to commemorate the event for just  $\notin$  25. All are invited. Contact Ian Giles, Chairman of the Classic Car Club of Andalucia, for more details by emailing *ian@iangiles.com*.

#### NEWS EXTRA

### Garage thieves

THREE young people in Estepona have been arrested and charged with eight thefts from cars parked in garages and another seven from storage rooms. They stole money and items that were easy to remove.

### **Patients left**

NINE cancer patients in La Linea were left without treatment as the only oncologist had to take leave at short notice. There was insufficient time to find a replacement and the hospital has apologised.

### Cycle path

THE San Roque Council has now confirmed that it has found the funds from reserves to fund a proposed cycle path. Costing  $\in 1.1$ million it will run from San Roque to the Casino.

#### **Bus shortage**

THE company responsible for buses in La Linea was criticised when for a week it had just one bus to cover three routes. There was no advance warning and the driver was left to apologise.

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- 3 colours available for immediate delivery

#### **NEWS EXTRA**

### **Better** housing

THE Islas Malvinas blocks of apartments in the centre of Sabinillas are to be renovated by the Manilva Council in 2018. Costs will be shared by the council and the housing agency of Andalucia.

### **Tats Life**

A BRITISH TV company has hired a property in Casares for a reality show where people with bad tattoos can have them covered over. Originally UK-based the show now travels to tourist hot spots.

### Veg waste

THE Coin Department of Environment has announced that from now until October it will be necessary to apply for a permit to burn vegetable waste.

2.2.2.2

HEAVY LIFTING: Major roadworks in Fuengirola change downtown dynamic.

### owntown dynamic

IMPORTANT roadworks are remodelling Fuengirola's Calle Blanca Paloma courtesy of a €300,000 investment. Workers are fixing up the stretch between Rodrigo de Triana and Angeles Aspiazu, roughly a 2,050 square metre plot.

Mayor Ana Mula has visited the site which is an integral part of Fuengirola's downtown nucleus. The busy street is home to numerous council buildings. The remodelling will give downtown Fuengirola a more standardised look by sprucing up

the previously neglected street.

Workers are more than half way done and expect to finish the job in the next few weeks. The job comes after successful works on Calle Inca and at Las Gaviotas to prevent seawater flooding.

### **Boutique Halal hotel** for Muslim market

A NEW boutique hotel opened last week in Torremolinos just 300 metres from the beach.

The Costa del Sol Torremolinos Boutique Hotel - owned by Kuwaiti chain Costa del Sol Hotels - marks the first venture into Spanish territory for the group and is only the second hotel in the country to carry the Halal Quality Assurance Seal created by the Muslim Council of Spain (the other is in Marbella).

The seal means that the hotel offers services especially catering for Muslim clientele - equipped with a Halal-certified kitchen and restaurant and offering prayer rooms as well as prayer mats and a Quran in each guest room.

The complex is located at the easternmost end of Torremolinos - on the Paseo Colorado in the Playamar area - within walking distance of Los Alamos beach. A manager at the hotel told the Spanish press - "the owners fell in love with Torremolinos in the 60's and for this reason decided to invest in the municipality."

Rooms are decorated in black and white with mountain, pool or garden views. All rooms have a flat-screen TV, private bathroom with bath or shower, bidet, bathrobes and slippers, as well as a hairdryer, safe and minibar.

The hotel also has a heated outdoor pool open all year, a jacuzzi, free Wi-Fi throughout, a gym, a panoramic 'chillout' terrace, café, restaurant and parking.

A first for any hotel in Andalucia, the group are working towards attaining a Breeam (Building Research Establishment Environmental Assessment Methodology) certification which will see the hotel's sustainability recognised at international level.





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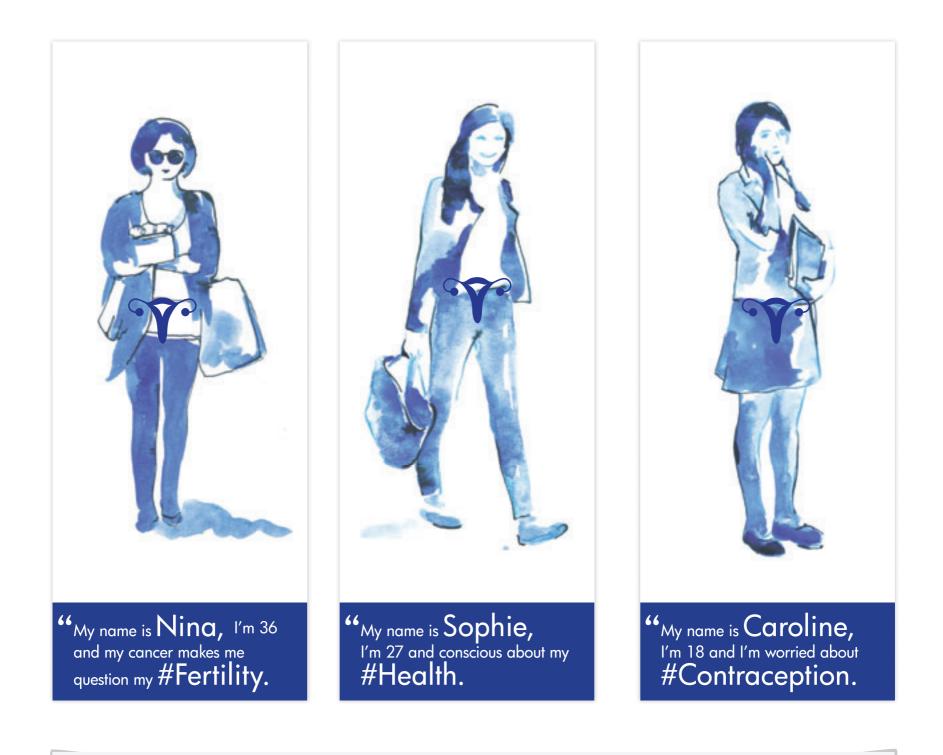
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Apartment | Mijas Golf | HOT-A4974-LC Area 119m<sup>2</sup> · 3 Bed · 2 Bath · Terrace 20m<sup>2</sup>

Boasting a south-facing terrace overlooking the communal gardens and pool, and with views to the sea, this lovely apartment is on a well-kept gated complex, is for sale furnished and is only a short drive to Fuengirola and the beach.



Was €256,000 · Now €230,000







Villa | Marbella East | HOT-V4829-MOT Area 225m<sup>2</sup> · 4 Bed · 3 Bath · Plot 678m<sup>2</sup>

Was €639,000 · Now €535,000

Quietly located within walking distance of the beach and close to town, this desirable family home has a beautiful private garden with pool, as well as a glazed terrace with fireplace, plus a garage and large storeroom. Must be seen!









Villa | Mijas | HOT-V5886-SSC Area 129m<sup>2</sup> · 3 Bed · 2 Bath · Plot 186m<sup>2</sup>

Situated between Mijas Pueblo and Fuengirola – and for sale furnished – this quality semi-detached villa has its own private garden plus a sunny roof terrace, and is on a sought-after complex with pretty communal pool and gardens.

€299,000







Villa | Sotogrande | HOT-V5786-SSC Area 339m<sup>2</sup> + 5 Bed + 5.5 Bath + Plot 1,021m<sup>2</sup>

Boasting a prestigious location only a short walk to the marina and beach, this imposing villa is set amid exquisite private gardens with an inviting pool and large terraces, and also features a self-contained guest apartment. Recommended.

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### Cats and dogs

THERE are 356,233 pets registered in the San Roque area in 2016 according to the Central Animal Registry. This is an increase of 9.4 per cent over 2015 with 13 times more dogs than cats.

### Good idea

MEMBERS of the Malaga Environmental Commission have unanimously agreed it would be a good idea to install lockers on public beaches. This concept will be particularly welcomed by parents with young children and singles.

#### **Drunk tests**

THE Malaga Province traffic department has given a new police car able to test drivers for alcohol to towns in the Guadalhorce. More accurate than breathalysers, the vehicle will be shared.



LAST year the Sunset

Beach Club in Benalmadena

raised €10,100 to share be-

are being shared by three local charities.

As part of their celebration of 30 years in Benalmadena, the Beach Club has invited two great local performers to appear on stage at the Moonlight Bar on Friday May 26.

Regularly appearing along the Costa del Sol in cabaret and stage musicals, Ricky Lavazza has a large following and a formidable



**Sunset Beach set for** 

charity celebration

Entertainment at the Moonlight Bar.

voice which allows him to sing songs by a range of different artists including Tom Jones, Robbie Williams, Michael Bublé and Freddie Mercury.

His stage presence is such that he loves to chat with his audiences between songs entertaining them with observations on life and his favourite singers. To add to the evening, Nikki Rae who is recognised as an exceptional Adele tribute artist will be joining Ricky on stage and performing some of her favourite songs by Britain's most successful current female artist.

With entry costing just

€10 which is being shared between the three charities, DEBRA Butterfly Children Charity Spain, Barretstown Ireland and Make a Wish Spain the evening which starts at 9pm will be enjoyable for both the music and the knowledge that proceeds are helping children.

Make a Wish Spain is affiliated to the international charity operating in 50 countries with the aim of making life happier and more exciting for children suffering from serious illnesses by trying to help make their secret dreams come true (www.makeaw ishspain.org).

Tickets for the performance can be purchased at the Sunset Beach Club Leisure Desk or by calling 695 887 366.

### Curbing accidents

ONE of the unexpected results of social media is that drivers often share information about police check points.

The Guardia Civil has therefore introduced a new concept so it keeps drink and drug checks for much shorter times in individual spots and moves them around more regularly.

To add to this, they have also introduced what are referred to as dynamic controls (or effectively random stops) where officers can simply require a driver to pull over and take a breath test regardless of whether he or she appears intoxicated or to be driving erratically.

As this strategy becomes wider spread and more well-known, officers hope that drivers will be more careful about the state in which they drive as the ultimate aim is to stop accidents and save lives.





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### Pilgrimage in San Roque

HUNDREDS of people took part in the annual Pilgrimage to Our Lady of Fatima in the parish of San Enrique (San Roque).

Although the weather had been unpredictable with rain and strong winds prior to the pilgrimage last Sunday, a beautiful sunny day welcomed those taking part in the procession which went from the local church to the banks of the Rio Guadiaro.

The procession which lasted most of the day followed a well-attended and highly successful fair the previous night.

This was a particularly

poignant ceremony as on May 13, 1907, two shepherd children in Fatima, Portugal had a vision of the Virgin Mary whilst tending their sheep and Pope Francis was in Fatima just one day earlier confirming their canonisation as Saints of the Catholic Church.

### **Big investment in Malaga City**

AGREEMENT has been reached for Malaga to spend €5.9 million on a number of works in the city to improve the environment.

Main projects will be the expansion of a library, a senior citizens' centre in Churriana, renewal of the Plaza del Patrocinio, improvements on the Antonio Banderas waterfront and the partial pedestrianisation of the Calle Ancha del Carmen.

In addition thanks to private investment there is a planned expansion of the Plaza Mayor shopping centre and the first phase of the building of the Malaga Academy which will cost at least €1.5 million.



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This could easily have some unwanted conse-

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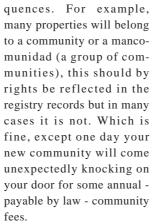
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Even if the registry record shows a property is part of a community with its own quota (percentage) contribution to pay, new owners may later find the community has modified the quotas and therefore changed the community fees. Which in fairness could go down as well as up, but somehow rarely does.

When a property belongs not only to a community but also to either a mancomunidad or a conservation entity. Then if this is not re-



flected in the registry records the owner may find part of the community fees or even some additional community fees, are payable to cover expenses and maintenance for areas outside of the community where the property is locat-

ed. It could get worse. When owners finally find their dream home, surrounded by birds, trees and farmland, with terrific views, they want to believe it will always remain so, and for a while it might. It might also be the case that the surrounding land is to be developed with more houses or sun blocking apartment blocks with shops. Owners

should remember firstly. they only buy the property, not the view and secondly some sellers can be quite economical with truth.

Adjacent land use may also change. What was once a farm field could become a lorry park or a noisy municipal dog pound, it happens.

The doom and gloom continues. If an owner purchases in an urbanisation where there are deficiencies in the infrastructure. For example there are no connections to the municipal sewage system or the public water supply. Then the town hall can try to oblige the urbanisation and therefore the owners or ask the owners directly to pay for an installation and later even the maintenance of such a connection or service. Owners could try to recover such costs from the seller but this will often be difficult and although possible will most likely never happen.

So living the dream could

come with a few unexpected nightmares and possible unforeseen payments, most of which might have been easilv avoided with a little research at the local town hall.

Just checking the building regulations, land use and the urban plan to see what could be built and if the plan could be amended or if there are any future or current obligations attached to a property may save time, disappointment and money later.

Of course getting the right answers often depends on knowing the right questions to ask and to whom. For this an experienced professional, familiar with the ways of individual town halls may be advisable.

We as the solicitors for Intercala administration advise the readers of our monthly articles to seek competent advise in all matters regarding the law and property purchase.

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T-SHAPED BOW: Stolen from a boat yard in San Roque.

### Take a bow, lads

TWO men have been arrested by Guardia Civil officers for stealing the six-ton bow of a boat from an industrial vard in San Roque.

The T-shaped metal bow was being used by the shipping company who owned it as a mould for other boats.

The suspect who conducted the theft had observed the piece of metal in an unsecured boatvard in the Poligono de Guadarranque,

spending several days checking for security cameras and surveillance equipment and taking photos with his mobile phone.

He subsequently sent photos of the item to the owner of a local scrapyard, who agreed a price with the thief and allegedly took a crane to the location as a means of lifting the heavy 6,800kg piece of metal.

After agreeing a price of

€2,500 with the first man, the scrap merchant falsified the weight of the metal in his accounts, claiming it weighed a mere 2,500 kg.

It was this false piece of accounting that led the investigating Guardia Civil officers to suspect foul play, eventually tracking the bow, via a company in Malaga to a location in Sevilla.

Neither of the two later owners are under police suspicion.

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#### NEWS EXTRA East ignored

### One filthy road in the country

MEMBERS of the Ciudadanos party on the Malaga Council have complained the eastern part of the city, especially Baños del Carmen is being ignored. They demand an increase in spend to improve the area.

### New hotels

A SPOKESMAN for the CCOO Union has questioned why with the opening of 20 new hotels in Malaga, only 72 new jobs have been created. Occupation is up but hotels are outsourcing jobs to cheap suppliers.

### German cash

MALAGA and Andalucia will be strongly represented at a conference being organised by German tour company TSS which now brings in 500,000 visitors annually. This was a considerable increase over 2015 results.

#### **Fresh sand**

THE Marbella Council has given an undertaking that all beaches in the area will be ready for summer. Many have received fresh sand, the balance will be topped up with clean river sand. A READER has written to *Euro Weekly News* concerning what they consider to be a major problem with fly tipping near Marbella.

The married couple live in a property along the Istan Road (A7176) which they purchased two years ago thanks to the location's stunning natural scenery, the setting above Marbella and San Pedro, with the spectacular views of Sierra Nieves Mountains, reservoir and Mediterranean beyond.

However, they are becoming increasingly disheartened by the build-up of litter and fly-tipping that is now blighting the area on the road to Istan, which also happens to be situated in



#### FLY TIPPING: Just one section of the A7176.

the European Community recognised Biosphere of the Sierra Nieves, but there is no apparent effort to clean up the mess.

They have reported the litter and fly-tipping on several occasions to the Istan Town Hall, but are told that it is a matter for the Marbella Municipality, and according to them, a cycle of public services passing the buck started.

To add insult to injury, a large truck and JCB digger arrived in the area a few months ago which they thought was to be an operation to clean-up the fly-tipping, but it turns out that the operatives were removing soil from the ditches after the winter heavy rains, and unbelievably worked around the fly-tipping and left it where it was.

More recently a second team arrived to trim the road verges which had overgrown and has now exposed the rubbish beneath. The couple believe that a bit of what they refer to as joined up thinking

would have allowed this operation to clear both the ditches of soil and also remove the fly-tipping at the same time.

In their view it is a great pity that this wonderful place with its natural beauty is being blighted by the uncaring, but if it is not cleared-up by the authorities in charge, it will lead to a spiral of continuing desecration of littering, fly-tipping and graffiti making everyone's life poorer for residents, visitors and particularly in the biosphere of the Sierra Nieves. There has even been a

burned out car on the side of the road for a couple of months and they just wish that someone would do something to clear the mess.

YOGA:

Sample free

of charge.

### Open Day for Radiant Yoga

HAVING just undergone an attractive refurbishment, Radiant Yoga Marbella is celebrating its fourth year in style with an action-packed Open Day on Saturday June 3.

Giving existing and new yoga devotees the chance to sample myriad styles of yoga - free of charge - Radiant Yoga Marbella has prepared a complete programme of classes from 9am- 6.30pm, including Hot Strala Yoga, Rocket Ashtanga, Yin Yoga and Aerial Yoga.

There will also be a book reading from The Light, by a contributing author, and a gong meditation, while healthy Ayurveda-inspired food and drink will be served all day long.

Owned and managed by well-known multi-lingual yoga teachers (they have teachers that speak English, Spanish, Swedish, French, German and Russian) Radiant Yoga Marbella has a strong following of yoga devotees,

and offers classes at all levels. Radi-

ant Yoga Marbella has two large, bamboo-floored yoga practice rooms, for hot yoga, and other yoga disciplines, fully equipped dressing rooms, a massage and body therapy area and a relaxing chillout lounge along with a spacious open solarium terrace with views of Marbella's energizing La Concha mountain.

Throughout the month of June all class cards will be offered at generous discounts. A Monthly Card of unlimited

yoga classes is reduced from 125€ to 100€.

For further details and to book your free class at the Open Day contact: RADIANT YOGA MARBELLA Urbanisation Los Naranjos, CC Locals 1 & 2, 2nd Floor, Nueva Andalucía, Marbella, Spain. info@yoga-in-marbella.net Tel: +34 639 845 185 www.yoga-in-marbella.net

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# La Sala Group wants more staff

ONE of Marbella's fastest growing hospitality and entertainment groups in Marbella, La Sala is looking to employ 150 people for its newest venture.

Already employing more than 200 people, expansion means that a high quality team is needed, for its newest venture Mahiki by Sala which will open by the end of May at a beautiful beach front position on the Paseo Maritimo in Marbella.

A range of staff for all positions are needed from the kitchen to front of house and potential employees who must be fluent in English and Spanish are invited to send their CV together with a recent headshot to *employ ment@mahikibeach.com*.

First opened in London in 2005, the original Mahiki has attracted a host of celebrities



and stars so has expanded and in December 2011, Mahiki Dubai opened its doors in the world famous Jumeirah Beach Hotel and now this year, Sala Group is proud to open the first Mahiki venue in Spain.

With its Polynesian flavour

and a mix of original Spanish cuisine, along with some of La Sala's Signature dishes and the tropical grill menu of Mahiki, this promises to be another jewel in the crown for La Sala and a welcome new addition to the places to be seen in Marbella.



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## Mini crime wave stopped

solved netted large

amounts of money for the

alleged crooks, but caused

a great deal of irritation to

those who were robbed and

also damage to property

which often exceeded the

AFTER a mini crime wave in Ronda, police are pleased that they have managed to arrest 13 people, many of whom are repeat offenders.

None of the 50 crimes

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At the Technical Vehicle Inspection (ITV) facility in Ronda, the main access door was damaged which affected the normal operation of the station. Other targets included a school, a food bank, shops and garages and one crook was arrested whilst fleeing with a handful of crockery.

Probably the most unusual arrest followed an argument between two men who committed a theft from and vandalised the Iglesia de los Descalzos, as they blamed each other for leaving the keys to their getaway car in the church.

Another individual was arrested on a number of occasions for a total of 19 break-ins to garages and the National Police who were involved in the majority of the arrests suggested that these crime sprees occur following the release from prison of habitual offenders.

## Advertising feature A Lasting Power of Attorney in Spain

LASTING Powers of Attorney (LPA), wellknown and extensively used in common law jurisdictions, are legal documents which allow a person who is at least 21 years of age ('donor'), to voluntarily appoint one or more persons ('donee') to make decisions and act on his behalf as his proxy decision maker if he should lose mental capacity one day.

In Spain, very few know that there are two almost identical legal documents that grant the same powers to a trusted person should the time of incapacitation arrive.

These documents are known as the 'Poder Preventivo,' or 'Preventive Power of Attorney' (PPA), and the 'Autotutela,' or 'Appointment of Tutor,' both of which are granted before a Notary Public.

The Preventive Power of Attorney is one where a person can deal with the financial affairs of the grantor, with immediate effect after a certain date or once a medical doctor declares a person incapacitated. For its part, the Appointment of Tutor deals with health and care decisions, daily routine or where the affected person should live (but will require judicial approval where the sale of assets is



concerned). It is recommendable to grant at the same time both the Preventive Power of Attorney and the Appointment of Tutor to avoid the lengthy (and costlier) process of applying for a judicial decision - appointment of tutor - following a clinically diagnosed incapacitation or intellectual disability because of disease or accident, a process that furthermore will require a separate procedure to sell real estate or other assets.

It is worth noting that both appointments can be revoked by the grantor whilst capable, and that Notary Publics in Spain have an obligation to communicate any such documents to the Spanish Civil Registry.



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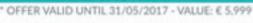








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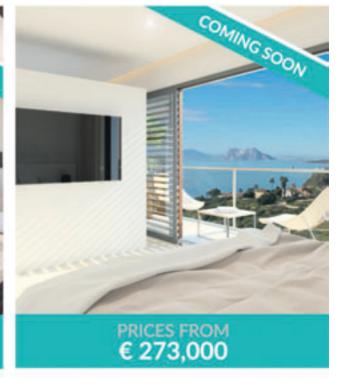
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# Cabaret for cats (and horses)!

JOIN in on a 'Sentimental Journey' with a fabulous evening of epic songs from the '50s, '60s, '70s, '80s and '90s. From Scott Walker, Bobby Darin, and Michael Buble to Diana Ross, Roberta Flack and Adele there will be something for everyone.

This light-hearted evening of nostalgia is

to be held on Saturday June 3 at the ever popular Venta La Recta, on the Alhaurin el Grande - Alhaurin de la Torre road.

Food (if required) can be ordered and paid for on the night, direct to the venta, and will be served from 7pm with the show set to start at 9pm. Tickets, for the show only, cost €10 and can be obtained from Papeleria Martin or Cristina's paper shop, in Alhaurin el Grande.

All of the proceeds from this event will be donated to 'Gift of Life' Cat Rescue Centre and ARCH (The Andalucia Rescue Centre for Horses), two extremely hard working and worthy charities.

If you would like to book a table so you can sit with your friends please contact Cathy on *952 112 057*.

A warm welcome and a great night of entertainment awaits you.

## Age Concern's new opening hours at 3 drop-in centres

AGE CONCERN of Fuengirola and Mijas are pleased to announce their new opening hours from June 1.

There are three weekly drop-in centres and the first is located in the Pensioners building in Los Boliches, above the indoor market and just around the corner from Los Boliches station. They are open every Thursday from 11am to 1pm.

The second location can be found at the Oasis bar in Mijas Pueblo, at the entrance to the village, passing the car park on the left. They are open every Thursday from 11am to 1pm. The third place for meeting up is at the El Caballo de Oro, which is in the centre of La Cala, behind Supersol, where they are open every Friday from 11.30am to 1pm.

During the summer, they will be open from Monday to Friday from 10.30am to 2pm and stay open for late shoppers on Wednesdays from 5pm to 7pm.

The Age Concern Charity shop is at 56 Calle Francisco Cano, Los Boliches. Just find your way to the centre of Los Boliches, and the shop is across the road from the church and opposite Spainsburys.

The shop is always well stocked with quality goods at low prices, so it's worth a look and you might find something you've been looking for.

They are now able to accept larger donated household goods and furniture, so call the Lifeline from 10am to 5pm on 652 537 615 on weekdays.

# Challenging but still achievable

THE Mollina branch of The Royal British Legion has set a target of €8,000 for its 2017 Poppy Appeal.

A programme of events has been planned and anyone supporting the aims of the organisation is invited to attend any or all of the events, the only qualification is a commitment to spend money enjoying yourself!

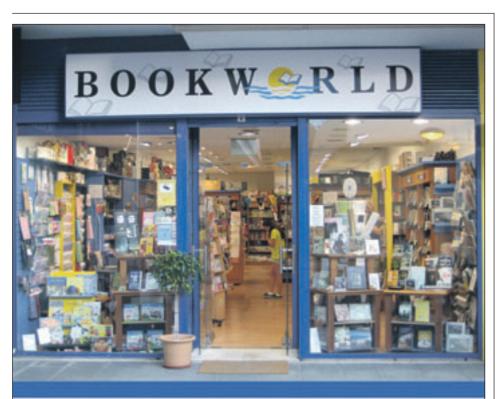
On Tuesday May 23 from 11am at La Vina it will be all the fun of a day at the races... but without the animals!

Armed Forces Day is on Tuesday June 27, which celebrates not only the commitment of the armed forces but marks the anniversary of the premature death of Christine Watson who was a stalwart volunteer with the RBL Mollina branch having served for more than four years as secretary.

A picnic starting, at 11am at La Vina with entertainment and much more, will also feature a competition for the Christine Watson Memorial Trophy.

The events planned plus the holiday to the Basque country planned for October and the annual remembrance events should take the charity a long way to achieving its seemingly unachievable target.

You do not have to be an ex-service person to join the RBL and you do not need to be a member to attend events, so go along and join in for guaranteed enjoyment.



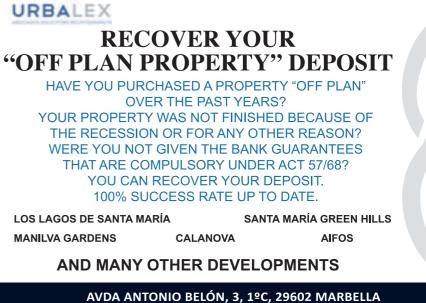
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## **Fuengirola cubs and beavers on the trail**

CUBS and Beavers from 1st Fuengirola Scout Group took part in 'Jamboree On The Trail 2017.' Scouts from around the world choose a date in the year to coordinate hikes or journeys to be undertaken by the members of the Scout Groups. This year is the 20th year of JOTT and also the 20th anniversary of Fuengirola Scout Group.

Two members of the Brownie Pack joined the Cubs and Beavers for the hike up to Pint. Rupestres near Casabermeja where they examined the prehistoric caves which contain a number of cave paintings. The children found out a



GETTING MESSY: Mixing clay to use as paint.

little about the history of the site and came to their own conclusions about what they

thought was represented in the pictures. After lunch the children used the clay that they had collected on the hike and mixed it with water to make 'slip' to

JAMBOREE TRAIL: The children had plenty to observe.

use for their own cave paintings. Everyone was soon getting as messy as possible as they mixed the clay and used their fingers or sticks to paint images on paper. The paintings were left to dry in the sun and after a good clean up all round, the children played some games and explored some other parts of the site.

At the end of the afternoon the dried paintings were carefully folded to be taken home and bags were packed for the hike down. The children were then introduced to the activity of geocaching and followed directions given by the Brownie Leader, to find a cache in the area. A record of the find was recorded in the log book of the cache and a small token of the visit placed in the box for the next person to find.

A different route for the homeward journey took the children by areas of wild flowers and trees providing them with plenty of things to observe on the way back to the coach.

If you are interested in becoming a leader or would like to find out more about the adventurous and fun opportunities provided for boys and girls by Fuengirola Scout Group go to the website at www.fuen girolascouts.com or contact the Cub Leader at *fuengirolacub* 

## sandbeavers@outlook.com. Adana annual dog show

COME and join us for our annual dog show that is being held at the Palacio de Congresos, Estepona on Sunday May 28.

Entry by donation will be



(0034) 952 93 44 12 or (0034) 952 93 97 38

€2, but for children and dogs, it's free.

There is going to be guaranteed entertainment, as you never know what our fluffy friends are going to do next. The show could be compared to a very famous dog show and could quite possibly be Spain's answer to Crufts.

For those who are entering their dogs, registration will take place from 11am and the judging will be from 12 noon.

The categories include: Senora and Senorita Estepona, Best Ex-Adana Dog, Open Obedience, Best Trick, and Agility.

There is also plenty of entertainment on offer, including a police dog training display and a flamenco show

There will also be a café and over 40 stalls to have a wander round. If you would like more details or an entry form please have a look at our website www.adana.es.



#### **Copper Heeler brings relief from arthritis**

MANY people have suffered with arthritis over the years, finding no long-term solutions, turning to strong medication to try and ease the pain, and thus putting up with a lesser quality of life. Malcolm Landsman, who had studied magnetic and copper therapy for years, realised he may have hit on the solution to easing the joint pain that so many people experience.

Copper Heelers are a simple accessory placed inside the heel of the shoe that gives arthritis sufferers incredible results within weeks.

This works by means of replacing the copper in the body that arthritis sufferers lack. We all need certain metal elements in order to thrive and one of those key elements is copper, it is an essential part of the minerals within the body. There are 25,000 sweat glands in the foot alone, and so this is a prime area to absorb copper and utilise its healing properties.

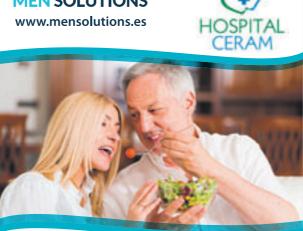
Copper also prevents inflammation around the joints, so there is a feeling of well-being all round. Malcolm has been marketing the Copper Heelers in Spain for more than five years now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!"

This miracle insole has brought joy to many who have been restricted with movement in the past.

Find us at Benidorm Market on Wednesday, Camposol (Alley Palais) on Friday, Playa Flamenca Market on Saturday, Zoco Market (near Benijofar) on Sunday.

For more information on the Copper Heelers, please visit the website at **www.copperheeler.es** or call Malcolm on 966 763 770.





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## **BDFAS** hold talk

THE Benahavis Decorative and Fine Arts Society will be a holding a talk on Tuesday May 23 at Benahavis Town Hall.

The talk will focus on Emperor Qianlong, who was the ultimate 'Renaissance Man.' The society will discuss the 18th century emperor who was arguably the greatest, of all the Qing emperors. However, despite his successes as an expansionist ruler, his greatest contribution to China's heritage was in the field of art and culture.

He had an unrivalled collection and amassed a treasure trove of artwork from painting and jade to porcelain and ivory. The talk will be a treat for those attending, as it will be a sumptuous panoply of pieces of the highest quality.

The doors will be open to the public from 5.30pm, with the talk starting at 6.30pm | EMPEROR QIANLONG: Renaissance Man.

prompt. There will also be a café bar available for refreshments.



## Lions Club Marbella

A CHARITY golf tournament is being organised by Lions Club Marbella to help raise funds for Concordia, the HIV/AIDS charity.

This will be held on Saturday June 10 at La Zagaleta Golf Course. It will be an Individual Stableford competition with a shotgun start at 11am.

The cost for the golf and dinner is €180 or €80 just for the dinner. The closing date for registration is Monday June 5.

To register or for more information about the event please contact Lions Club Marbella on 667 760 230, email marbel lalionsclub@gmail.com or visit www.li onsmarbella.net.

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# General Election could hurt Nicola Sturgeon



BREXIT PAGE By John Smith

IT would appear that Scotland's First Minister Nicola Sturgeon has accepted that there will be no second referendum on Independence prior to Brexit.

In various interviews she has continued to say that she wants to see Scotland remain in the European Union but accepts that it may have to be on a phased basis, possibly by becoming a member of the European Free Trade Association



NICOLA STURGEON: All smiles outside her official residence.

currently made up of Iceland, Liechtenstein, Norway and Switzerland.

Prior to this however there would have to be a referendum and Ms Sturgeon is anxious to protect the 54 seats that the SNP currently hold in the UK Parliament, as two MPs became Independents but still vote with the SNP.

Opinion polls which have been notoriously inaccurate of late are suggesting that the Tories are likely to be re-elected with a significant majority and could even eat into the SNP vote as the continued call for a second Independence referendum is possibly turning Scottish voters off.

Many have recognised that the United Kingdom will leave the EU regardless and therefore may consider that the Conservatives are more likely to be able to secure a better deal than any of the other parties.

The SNP leader wants to be party to the Brexit negotiations rather than simply be treated as an onlooker. She wants to be given information when the government calls the Joint Ministerial Committee comprising of Northern Ireland, Scotland and Wales, but any loss of seats in the General Election will be damaging to her aims.

## Finding the right EU negotiator

ONE of the problems with the European Union and the eventual Brexit negotiations is that there seem to be too many spokesmen.

Apart from the 27 heads of state, there seem to be comments and ideas flowing in from Donald Tusk, President of the European Council, Jean-Claude Juncker, President of the European Commission, Guy Verhofstadt the European Parliament's chief Brexit negotiator and Michel Barnier the European Commision chief Brexit negotiator.

There are also plenty of other commissioners and MEPs who seem to be ready to put their observations into the hat which makes life even more complicated.

Once a new government is elected in the UK it is going to have to get to grips with whom to deal with and how to find its way through all of the red tape and argument without being sidetracked by possibly the wrong negotiator.

The whole unravelling of British membership is going to be difficult enough as it is and the British government needs to identify the smartest way to come to some form of agreement in order to make this an acceptable divorce rather than an unnecessarily acrimonious one.



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# NORWAY

## **Snowy spring**

ALTHOUGH spring is officially here, Norway is currently enjoying rare snowfall for this time of year with up to half a metre of snow falling in areas outside of Oslo.

## **Royal birthdays**

NUMEROUS celebrations have been held in Norway to mark the King and Queen's joint 80th birthdays this year. King Harald turned 80 on February 21 and Queen Sonja is 80 on July 4.

## Talks host

TALKS are to be hosted between North Korean and American representatives. China has said it hopes

## GERMANY Tax haven

THE authorities are to look for Germans who are allegedly using Malta to dodge the taxman. The state's finance minister called the island 'Europe's Panama' upsetting the Maltese government.

## **Army reforms**

THE Defence Minister has promised army reforms after an alleged neo-Nazi

#### terror plot. The plans aim to improve 'political education' in the army and prevent the problem of far-right extremism.

## Leaving voluntarily

THE number of refugees leaving Germany voluntarily has fallen according to a report from the Office for Migration and Refugees. Their figures show

## FRANCE Sowing the seeds

FRENCH Champagne house Taittinger has planted its first vines in English soil as part of a joint venture between Taittinger, UK wine agents Hatch Mansfield and a number of private investors.

## **Final speech**

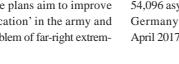
OUTGOING President Francois Hollande has made what is likely to be his final presidential speech to call on France to fight hate speech. He attended a ceremony to commemorate the abolition of slavery and announced plans for designing a memorial and a museum for victims of slavery.

## First job

ONE of his first jobs as President will see Emmanuel Macron head to Berlin for talks with German Chancellor Angel Merkel.

## **Elephant escape**

AN elephant was the unusual sight greeting motorists on the streets of Clermont-Ferrand when it apparently escaped from a circus, although circus bosses denied he escaped.



## BELGIUM **Princess case**

EIGHT Arab princesses are on trial in Belgium accused of mistreating their servants and violating labour regulations as they did not have a work visa for Europe.

## **Space view**

ASTRONAUT Thomas Pesquet took a photo of Earth showing Belgium lit up at night. Around 2.2 million bulbs illuminate the country's roads at night and most of its street lights are left on overnight.

## Cat order

ALL domestic cats will have to be sterilised in the Brussels region from January 2018 as part of new legislation. Certified breeders will be exempt.

## Homeward bound

AN eight-year-old child taken from his Belgian mother by his Turkish father is now headed back to Belgium, almost two years after he was taken by his father on holiday but was never returned.

## **NETHERLANDS**

## **Right to refuse**

A DUTCH court has ruled that a 12-year-old boy with cancer has the right to refuse chemotherapy. He has already had surgery for a brain tumour and radiation treatment and wants to try alternative therapies

#### **Rate rise**

IN the face of rising rent prices for shops in Amsterdam, the council is looking at offering help to protect small shopkeepers and give them advice and help on their tenancies and legal rights.

**Stolen sniffer** 

A POLICE sniffer dog was

stolen from his home in Aarhus

twice in four days. Pablo is a

highly-trained bomb detection

dog.

DENMARK

## **Rector arrest**

THE former rector of a prestigious school in Amsterdam is accused of possessing child pornography and of manipulating images of children at the school and secretly filming them.

## Top for tech

A NEW report has named Amsterdam as one of the most attractive cities in the world for technology companies, due to its excellent connections, availability of well-educated English-speaking workers and attractive living conditions.



### Whale concern

THE EU has been urged to take action against Denmark, as environmental campaigners accuse the country of facilitating the traditional hunt of pilot whales in the Faroe Islands to go ahead.

## Jetski ban

THE law against the use of jetskis in harbours is to be enforced after an EU ruling in 2009 forced the country to allow their use. It comes after an accident killing two US students.

## **Going electric**

SWEDISH car manufacturer Volvo has announced it will produce one million electric cars by 2025 to meet consumer demand for electric vehicles.

## Murder hunt

POLICE in Gothenburg say they are looking for three men after a man was shot to death in the north of the city. Witnesses say shots were fired by two men and a third was driving a car they escaped in.



that the talks will make a 'positive

OSLO: Rare snowfall.

contribution' to relations between the two countries.

## Self-sailing

PLANS have been announced for

the first autonomous and fully electric cargo ship that would save more than 40,000 truck journeys annually.

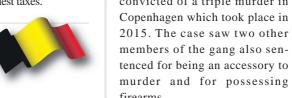
Initially the ship will be manned, but remote operation will then be introduced.



#### 54,096 asylum-seekers voluntarily left Germany in 2016 and by the end of April 2017, around 11,000 had left.

## Cuts rejected

DESPITE the Finance Ministry announcing an extra €54 billion in the state coffers, Chancellor Angela Merkel has rejected tax cuts. German workers pay among the highest taxes.



**Biker convicted** A BIKER gang member has been convicted of a triple murder in Copenhagen which took place in 2015. The case saw two other members of the gang also sen-

## firearms. **SWEDEN**

## **Museum facelift**

A NEW star patterned glass roof is giving the Swedish National Museum in Stockholm a facelift giving more light and a more modern feel. The museum has been under renovation for over two years.

**Greek** jailing

TWO Swedish passport holders have been given 15-year jail sentences by a Greek court for trying to enter Turkey with combat items and machetes. The pair are suspected jihadists who have refugee status in Sweden.



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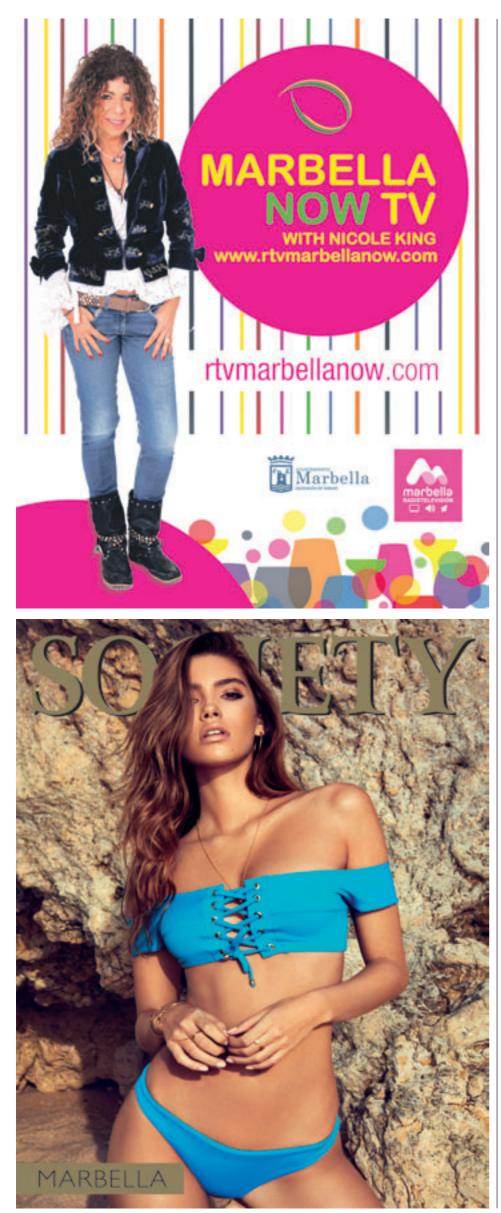
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## **RUSSIAN PRESS**





ZENIT: The new stadium still needs work before 2018.

# **Big spenders**

AUTHORITIES will give Russia's World Cup 2018 spending a boost of 4.7 billion rubles (€700 million). It joins the 638 billion rubles (€10 billion) already earmarked. With just over a year to go until the World Cup kicks off some stadiums are still in dire straits.

## Hidden treasure

WORKERS digging up a Moscow road found a chess piece with silver coins hidden inside dating back to the time of Ivan the Terrible almost five centuries ago. The coins were minted between 1530 and 1540. The chess piece was a Knight carved from bone but hollowed out to hold treasure.

## **Chemical critic**

RUSSIA'S main opposition leader Alexei Navalny

## Arctic warfare

RUSSIA has stepped ahead of the competition in the race to conquer the Arctic. Moscow has invested heavily in new ports and military bases across the Arctic circle. Russia, the US and Canada are vying with one another for control of resources as the ice cap melts, enabling previously impossible access.

is in Barcelona receiving treatment for an eye injury sustained in a chemical attack in Moscow. A man burst into the Putin critic's office and sprayed him with gas, almost blinding him in one eye. Surgeons say his sight should recover soon.

## Spy games

MOBILE phone operator MTS has linked up with the Kremlin to store personal data of phone users as part of new anti-terrorism laws. Electronic surveillance technology is being developed to save messages, calls, searches and other information from Russian nationals. Critics say the move is designed to increase state control.

#### Study paradise UNIVERSITIES in Rus-

sia have rushed up the global rankings. The country is now the sixth best European destination for international students out of 30 nations measured. Moscow institutions in particular are quickly gathering international acclaim and are now considered among the world's best.

## Hollywood threat

ACTION film star Steven Seagal has been banned from Ukraine. The American martial artist and 80's icon is considered a threat to national security due to his friendship with Russian president Vladimir Putin. Seagal has performed in disputed territory Crimea and even has a Russian passport and honourary citizenship.



ICEBREAKER: Vessel charges through melting Arctic.

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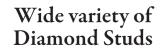
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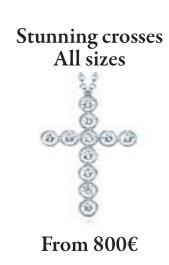
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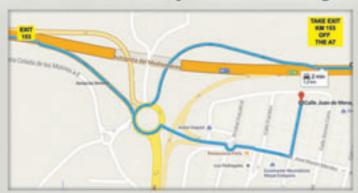
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A EURO WEEKLY NEWS 6 PAGE SPECIAL SECTION // WWW.EWNBUSINESS.COM

## **Spanish clothing retailer for sale**

#### **Bv** John Smith

CORTEFIEL is up for sale after registering a loss of €24 million over the last 12 months.

Originally a privately owned Spanish clothing retailer founded more than 100 years ago, it was sold to private equity firms PAI Partners, CVC Capital and Permira in 2005 when retail spending was at its highest.

Although Spanish competitors such as Inditex (owners of Zara and other retail outlets) and Mango

## €1.4 billion

is the amount that whoever takes over the company will have to repay to lender banks by March 2018.

have thrived during the ensuing years, Cortefiel has found the trading situation difficult even though it owns popular brands such as Women's Secret and Springfield.

Recently appointed Chief Executive Jaume Miquel believes that it will see a profit in 2018 but with a

turnover of €1.13 billion it should be making a much better return even though it has spent a great deal in closing large stores and concentrating on opening new smaller shops.

There has been some recent signs of improvement in sales volumes in many of the 90 countries in which the group operates but owners have reportedly appointed Goldman Sachs to find a buyer before large bank loans are due for repayment in less than one year's time.

Some analysts believe that the group has ignored the younger market in Spain where it makes more than 50 per cent of its sales and current strategy is to improve penetration both with the young and trendy as well as the 45 to 55 age range.

## Spain to assist poorer countries

THE Bank of Spain has agreed to lend \$615 million (€568 million) to the International Monetary Fund (IMF) to assist poorer countries.

Although Spain is a regular borrower on world markets, this is the sixth loan that it has agreed to make to the IMF which will be made available to low-income member countries.

The country is one of the 10 earliest respondents to the IMF campaign to raise SDR 11 billion (€13.9 billion) to help countries currently experiencing financial difficulty. The SDR (Special Drawing right) is a paper rate managed by the IMF based on an average of five currencies.

G They might as well have called the Pope as he knows as much about the case" **PP spokesman Rafael Hernando as Mariano Ouote of the Week** Rajoy is called to testify in the Gürtel case



HAPPIER TIMES: With former Prime Minister Gordon Brown.

## **Rodrigo Rato** faces new trial

FORMER minister and IMF boss Rodrigo Rato is to be tried for fraud after being found guilty of misuse of bank credit cards.

The legal problems that he and 31 others are facing are in connection with activities to 'float' Bankia which was an amalgamation of number of smaller banks.

Thousands of small investors were encouraged to purchase shares in Bankia which initially

reported a profit in 2011 of €309 million but within a matter of a year, the Spanish government had to find €2 billion to bail it out.

The National Court in Spain has investigated the possible responsibility of the Bank of Spain in not spotting the fraud but it has now been cleared meaning that the prosecution for fraud and falsifying financial statements can proceed.

#### » BUSINESS EXTRA New business

AS the economy in Morocco becomes increasingly stronger and investors are starting to look towards Europe again, Spain is a favourite target. With political stability and spare funds, Spanish companies are also looking to Morocco for inwards and outwards investment.

## Iberdola

AFTER being fined €25 milcember 23, 2013.

Dia which operates some 7,000 stores worldwide has reported a profit of €39 million for the first quarter of 2017. It has been closing badly performing stores in Spain but has had significant expenses with its Chinese openings.



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## investigation

lion for price fixing, electricity supplier Iberdola is under investigation again. Investigators believe that executives or staff may have deliberately artificially increased the price charged by the company between November 20 and De-

## Dia results

SPANISH supermarket chain

## Delay in supply of new jet

WITH Europe demanding the phasing out of expensive noisy aircraft, Boeing thought that it would find success with its new 737 MAX.

It hoped that European airlines would replace the aging but popular standard 737 when a few

weeks before the first aircraft were to be delivered the company has had to halt test flights due to an unconfirmed engine fault.

With large numbers of this model on order, the problem needs to be resolved quickly.

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#### **LONDON - FTSE 100**

CLOSING PRICES MAY 1	5				
Company Pri	CE <b>(</b> P)	Change(p)	% Снс.	Net Vol	C
3i Group PLC	832.75	1.00	0.12	170.20	Llo
Admiral Group PLC	2026.50	-8.00	-0.39	41.57	Lo
Anglo American PLC	1056.50	15.50	1.49	864.17	M
Antofagasta PLC	790.00	16.00	2.07	378.59	M
Ashtead Group PLC	1604.00	7.00	0.44	107.00	M
Associated British Foods PLC	2873.00	0.00	0.00	28.73	Mi
AstraZeneca PLC	5230.00	54.00	1.04	538.19	M
Aviva PLC	536.25	-2.00	-0.37	1,145.05	M
Babcock International Gr	899.25	-0.50	-0.06	71.55	Na
BAE Systems PLC	641.50	1.50	0.23	560.12	Ne
Barclays PLC	206.88	0.95	0.46	2,552.55	
Barratt Developments PLC	604.75	-0.28	-0.05	524.92	Pa
BHP Billiton PLC	1180.75	17.00	1.46		Pe
				1,211.01	
BP PLC	466.05	6.05	1.32	5,941.47	Pe
British American Tobacco PLC		-6.00	-0.11	211.73	Pr Pr
British Land Co PLC	673.25	1.50	0.22	366.88	Pr Pr
BT Group PLC	303.98		-0.64	2,529.06	Ra
Bunzl PLC	2446.50	-7.00	-0.29	61.34	Re
Burberry Group PLC	1653.50	8.00	0.49	80.09	RE
Carnival PLC	4741.00	-7.00	-0.15	48.11	Re
Centrica PLC	192.20	-0.17	-0.09	2,129.69	Ri
Coca-Cola HBC AG	2189.00	5.00	0.23	97.05	Ro
Compass Group PLC	1595.50	-5.00	-0.31	289.72	Ro
ConvaTec Group PLC	297.85	1.20	0.40	114.51	Ro
CRH PLC	2865.50	-13.00	-0.45	114.72	Ro
Croda International PLC	3958.00	20.00	0.51	35.26	RS
DCC PLC	7417.50	-30.00	-0.40	8.97	Sa
Diageo PLC	2295.25	-9.50	-0.41	311.09	Sa
Direct Line Insurance Gr	356.40	-0.20	-0.06	181.38	Sc
easyJet PLC	1279.50	-14.00	-1.08	780.96	Sc
Experian PLC	1688.50	2.00	0.12	149.46	Se
Fresnillo PLC	1521.50	0.00	0.00	132.67	Sh
GKN PLC	344.35	-1.40	-0.40	209.66	Sk
GlaxoSmithKline PLC	1654.75		-0.60	1,560.86	Sr
Glencore PLC	289.68		1.63	7,967.99	Sn
Hammerson PLC	592.00	1.50	0.25	121.31	Sn
Hargreaves Lansdown PLC	1449.50	9.00	0.63	39.94	SS
Hikma Pharmaceuticals PLC	1750.00	-9.00	-0.51	119.98	St
HSBC Holdings PLC	683.05	8.06	1.19	2,801.76	St
Imperial Brands PLC	3673.75	-43.50	-1.17	168.61	St
Informa PLC	651.00	-2.00	-0.31	81.46	Ta
InterContinental Hotels Gr	4255.00	-15.47	-0.36	31.93	Te
International Consolidated		-2.50		1,508.76	
Intertek Group PLC	596.25 4172.50		-0.42	21.11	
		3.00			
Intu Properties PLC	278.75		-0.07	192.07	
ITV PLC	190.75	-1.50	-0.78	1,067.78	
Johnson Matthey PLC	3127.50	-3.00	-0.10	30.37	
Kingfisher PLC	348.00 1129.50	-1.80 -2.00	-0.51 -0.18	425.21 169.59	
Land Securities Group PLC					

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Сомрану Ран	CE <b>(</b> P)	Change(p)	% Снс.	NET VOL
Lloyds Banking Group PLC	69.52	0.82	1.19	43,213.42
London Stock Exchange Gr	3482.00	28.00	0.81	52.32
Marks & Spencer Group PLC	375.20	-2.20	-0.58	632.84
Mediclinic International PLC	856.25	9.00	1.06	66.96
Merlin Entertainments PLC	500.25	-2.50	-0.50	64.04
Micro Focus International PLC	2481.50	17.00	0.69	41.78
Mondi PLC	2034.50	21.00	1.04	235.99
Morrison (Wm) Supermarkets	240.90	-1.40	-0.58	352.47
National Grid PLC	1042.25	-0.63	-0.06	1,150.49
Next PLC	4274.00	-70.00	-1.61	50.98
Old Mutual PLC	195.90	1.20	0.62	376.07
Paddy Power Betfair PLC	8355.00	30.00	0.36	4.57
Pearson PLC	699.25	1.00	0.14	308.62
Persimmon PLC	2366.00	6.00	0.25	84.58
Provident Financial PLC	3199.00	7.00	0.22	25.69
Prudential PLC	1761.75	2.00	0.11	251.34
Randgold Resources Ltd	7217.50	-5.00	-0.07	59.57
Reckitt Benckiser Group PLC	7338.50	-18.00	-0.24	49.49
RELX PLC	1620.50	-4.00	-0.25	519.99
Rentokil Initial PLC	259.25	0.00	0.00	207.06
Rio Tinto PLC	2999.50	29.00	0.98	385.46
Rolls-Royce Holdings PLC	861.25	-2.00	-0.23	811.57
Royal Bank of Scotland Gr	260.95	2.20	0.85	541.07
Royal Dutch Shell PLC	2216.75	23.00	1.05	794.09
Royal Mail PLC	431.00	0.50	0.12	307.88
RSA Insurance Group PLC	615.25	-1.12	-0.12	89.52
Sage Group (The) PLC	689.00	-0.50	-0.07	150.79
Sainsbury (J) PLC	267.60	2.80	1.06	587.95
Schroders PLC	3238.50	14.00	0.43	26.77
Scottish Mortgage Inv	390.05	2.33	0.60	311.02
Severn Trent PLC	2429.50			
		-5.00	-0.21	48.96
Shire PLC	4694.75	-56.00	-1.18	221.28
Sky PLC	998.75	2.44	0.24 -0.23	75.34
Smith & Nephew PLC	1317.50	-3.00		116.11
Smiths Group PLC	1644.50	-4.00	-0.24	109.66
Smurfit Kappa Group PLC	2188.00	12.00	0.55	10.11
SSE PLC	1434.50	-9.00	-0.62	510.80
Standard Chartered PLC	750.50	4.80	0.64	1,097.53
Standard Life PLC	392.60	0.05	0.01	537.50
St James's Place PLC	1180.50	1.00	0.08	73.18
Taylor Wimpey PLC	196.15	0.00	0.00	1,283.91
Tesco PLC	178.82	-0.05	-0.03	980.24
TULAG	1127.00	-62.00	-5.21	711.72
Unilever PLC	4111.00	8.38	0.20	160.20
United Utilities Group PLC	1021.50	-5.74	-0.56	166.13
Vodafone Group PLC	210.17	-0.85	-0.40	6,428.76
Whitbread PLC	4079.00	12.06	0.30	26.54
Wolseley PLC	4954.00	-21.00	-0.42	22.73
Worldpay Group PLC	316.00	-0.30	-0.09	137.04
WPP PLC	1709.50	3.17	0.19	327.37

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3M	196,57	-0,09%	-0,18	117M
AMERICAN EXPRESS	77,49	-0,55%	-0,43	69M
APPLE	156,1	1,40%	2,15	813M
BOEING CO	183,25	-0,38%	-0,69	110M
CATERPILLAR	100,71	-0,28%	-0,28	59M
CHEVRON	105,96	-0,24%	-0,25	200M
CISCO SYSTEMS	33,45	-0,54%	-0,18	167M
COCA-COLA	43,59	-0,18%	-0,08	186M
DU PONT(EI) DE NMR	79,3	0,43%	0,34	68M
EXXON MOBIL	82,55	-0,07%	-0,06	349M
GENERAL ELECTRIC	28,27	-2,08%	-0,6	245M
GOLDMAN SACHS	222,82	-0,86%	-1,94	87M
Home depot	156,92	0,46%	0,72	188M
IBM	150,37	-0,19%	-0,28	141M
INTEL CORP	35,53	-0,45%	-0,16	167M
J.P.MORGAN CHASE	86,92	-0,28%	-0,24	308M
JOHNSON & JOHNSON	123,64	0,36%	0,44	333M
MC DONALD'S CORP	145,36	0,80%	1,15	118M
MERCK AND CO. NEW	63,57	-1,33%	-0,86	173M
MICROSOFT	68,38	-0,12%	-0,08	527M
NIKE	54,2	-0,07%	-0,04	71M
PFIZER	33,01	-0,09%	-0,03	196M
PROCTER AND GAMBLE	86,19	0,02%	0,02	220M
TRAVELERS CIES	120,59	0,04%	0,05	33M
UNITED TECHNOLOGIE	120,83	-0,37%	-0,45	96M
UNITEDHEALTH GROUP	171,81	-0,87%	-1,51	165M
VERIZON COMMS	45,84	-0,39%	-0,18	186M
VISA	92,73	0,68%	0,63	171M
WAL-MART STORES	75,71	-0,55%	-0,42	229M
WALT DISNEY CO	109,69	0,10%	0,11	171M

#### NASDAQ CLOSING PRICES MAY 15

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£0.9456	£0.0021

Price

nds	DEALING PRICE	Price Movement
	€0.9623	£0.0001 €0.0002
B GBP B EUR BP	€1.0696	£0.0014 €0.0014 £0.0001
R	€1.1879	£0.0001 €0.0002 £0.0012
	€1.3118	€0.0010

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## COMPANY

Company	PRICE	Change Net / %
Most Advanced		
NantKwest, Inc.	\$ 3.98	0.80 🛦 25.16%
GlycoMimetics, Inc.	\$ 5	0.93 🛦 22.85%
Sangamo Therapeutics, Inc.	\$ 8.20	1.20 🔺 17.14%
Endocyte, Inc.	\$ 2.90	0.39 🛦 15.54%
Ocular Therapeutix, Inc.	\$ 9.64	1.23 🛦 14.63%
Synergy Pharmaceuticals, Inc.	\$ 4.33	0.45 🛦 11.60%
Golden Entertainment, Inc.	\$ 17.92	1.73 🛦 10.69%
Everspin Technologies, Inc.	\$ 10.06	0.95 🛦 10.43%
Cherokee Inc.	\$ 9	0.84 🛦 10.29%
Egalet Corporation	\$ 3.03	0.28 🛦 10.18%

#### **Most Declined**

Cellular Biomedicine Group, Inc.	\$ 5.30	4.45 ▼ 45.64%
Ardelyx, Inc.	\$ 7.45	4.80 🔻 39.18%
Ascena Retail Group, Inc.	\$ 2.99	0.565 ▼ 15.89%
CyberArk Software Ltd.	\$ 48.29	6.86 ▼ 12.44%
Vital Therapies, Inc.	\$ 3.10	0.40 ▼ 11.43%
Presidio, Inc.	\$ 14.42	1.54 ▼ 9.65%
Rocket Fuel Inc.	\$ 3.15	0.325 🔻 9.35%
Apollo Endosurgery, Inc.	\$ 6.26	0.60 🔻 8.75%
Fogo de Chao, Inc.	\$ 13.70	1.20 🔻 8.05%
G-III Apparel Group, LTD.	\$ 21.47	1.87 🔻 8.01%
Limelight Networks, Inc.	\$ 3.15	0.26 ▼ 7.62%



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BRANCHES

# Spanish budget looks good to European commission

AS the European Commission once again forecasts improved growth in Spain during 2017, the government has a fall back plan in place.

When publishing its budget for 2017, it deliberately decided not to follow the example of some other European states and indeed Catalonia by increasing taxes on sugary drinks or environmentally unfriendly activities.

The government is anxious to ensure that its budget does pass with as few ripples as possible and if it can meet European Commission targets it will once again evade any fines which could be quite significant.

The current plans call for a turnaround of  $\notin 9.3$  billion which will be made up by a combination of increased taxa-



SUPERMARKET DRINKS: Estimated that a tax on sugary drinks would bring in an extra €200 million pa.

tion through additional workers being employed, earlier payment of IVA, reduced spending on pensions and general expenditure cuts.

As there is often a difference

between forecasts and actuals, it must have appeared prudent to the Finance Ministry to highlight the fact that it might bring in two new taxes if the financial situation appears to be faltering. It is estimated that a tax on sugary drinks would bring in an extra €200 million per annum and green taxes could raise €300 million which would add €500 million to the national income.

All of this could however be of minor importance if the government is unable to find purchasers for a number of bankrupt toll roads throughout the country.

At one stage it was hoped that it would be relatively easy to find buyers for the roads, but as banks sold debts in order to cover their own financial exposure, so the number of creditors has increased.

Many toll motorways run parallel to free autovias so that drivers are not necessarily inclined to pay ever increasing toll charges which means that the owners of the toll roads find themselves in ongoing financial difficulty with little incentive for anyone to take over the operations and the risks.

Estimates concerning the cost to government of taking over the debts of struggling or bankrupt companies in this sector range from €3 billion to €5 billion.

## Don Patricio saviour of FC Barcelona

WHILST it is now one of the most successful and profitable football clubs in the world, FC Barcelona owes its continued existence to an Irishman.

Patrick O'Connell who was the first Irishman to ever play for Manchester United moved to Spain in the late 1920s and became manager of a number of different clubs before spending a very successful four years with Real Betis (known then as Betis Balompie) leading them to their only La Liga title.

Thanks to this success, he was invited to take over as manager of Barcelona where they just missed winning the Copa de España in the 1935-36 season and then in the following season, La Liga was suspended due to the Spanish Civil War.

Nothing daunted, O'Connell accepted an invitation to take the Barcelona team to play exhibition matches in Mexico and the USA and made \$15,000 which allowed Barcelona to clear all of its debts and continue following the end of the Civil War.

It has to be noted however that of the 16 players who accompanied him across the Atlantic, only four returned to Spain with the rest deciding to settle elsewhere.

The manager, known as Don Patricio remained with Barcelona winning the Lliga Catalana and he then moved to Sevilla FC, steering them to second place in the reconstituted La Liga.



REAL BETIS: Don Patricio bust is unveiled on the pitch.

Although he died in poverty in London in 1959, the former Manchester United and Ireland skipper has a bust on display at the Real Betis stadium and was honoured with a blue plaque at a former home in Albert Street in Belfast on May 12 this year.

## Adidas drops out of the golf world

GOLFERS in Spain may be interested to know that Adidas has sold its struggling golf operations to investment firm KPS Capital Partners.

The German company which owns Adidas will receive €391 million for the business, which includes the golf brands TaylorMade, Adams Golf and Ashworth.

This seems a relatively small amount considering it has just reportedly signed a €92 million sponsorship deal with Rory McIlroy to promote TaylorMade equipment.

It was generally known that the golf division had been up for sale for some time as there had been a considerable drop in interest in the sport in one of its main markets, the USA since the decline of Tiger Woods.

Even in Europe it is suggested that the spend on golf apparel in particular has been in decline, although recent announcements in Spain have seen forecasts of additional courses being built in the Costa del Sol suggest that the sport is still popular here.

For some time, Adidas was the biggest supplier of gold equipment in the world but has decided that the return was no longer worth the investment.

# Time for the Spanish tax returns and do not forget foreign assets

#### By John Smith

THOSE expatriates who live and work in Spain are required to submit a tax return of some type depending on residential status.

Those who are official residents in Spain will be subject to Spanish tax on their worldwide income but if a non-resident then you will only pay tax on your Spanish income together with an additional tax on the theoretical value of letting out any property you own, even if it is never rented out.

Spanish tax rates can vary across the provinces depending upon where you live and in addition, those working in Spain will be required to make a contribution to the Spanish Social security system although this is often deducted from salaries.

The Spanish tax year runs from January 1 until December 31 and the time has now arrived to submit tax returns if you are resident in Spain provided that your annual income from employment exceeds  $\notin 22,000$ , you are self-employed, you receive rental income in excess of  $\notin 1,000$  per annum, you have capital gains or interest on income exceeding  $\notin 1,600$  per annum or if it is your first year in Spain.

If you have to submit a tax declaration, you will also have to declare all assets abroad worth



more than  $\in 50.000$ .

You will need to register to pay tax in Spain with the Spanish tax authority (Agencia Tributaria), whether you are a resident or non-resident. This information is an abbreviated explanation of the main requirements for registering for tax and should not be taken as a complete guide.

There are a number of highly reputable tax advisors and lawyers who advertise in this newspaper and can assist or information may also be obtained from local banks, local councils and the tax authorities.

## Gibraltar denies tax evasion

THE director of the Gibraltar Finance Centre James Tipping has appeared before a European Parliament committee in Brussels.

He told the committee which is investigating tax avoidance that Gibraltar's finance centre was "small by European standards" but crucial to Gibraltar's economy.

Whilst fielding a number of hostile questions from Spanish MEPs, he made it clear Gibraltar has entered into numerous international agreements concerning transparency and money laundering. In addition he confirmed Gibraltar would share tax information with the EU later this year, although that may cease after Brexit.

Although technically not part of the brief of the committee, he responded to accusations by one Spanish MEP by denying that Gibraltar was a haven for cigarette smugglers especially as a great deal had been done to introduce strong legislation in this regard.

## Losing mental capacity whilst living abroad



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



#### An LPA must be made while you have full mental capacity.

#### What is an LPA?

An LPA is a legal document that enables you to appoint one or more attorneys to act for you when you are no longer able to act for yourself. Your attorney can be a professional, such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

#### Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain? Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.

If you would like to discuss LPAs contact Charlotte Macdonald or Dan Harris at Stone King LLP by email international@stoneking.co.uk or by telephone on +44 (0)1225 337599.



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## A very dangerous man indeed

LEAPY LEE SAYS IT OTHERS THINK IT

AS sure as night precedes day and the Pope follows the teachings of Catholicism, the Blair person is now up and running.

As I predicted some months ago, this thick skinned, arrogant individual, who many consider an indictable war criminal, is now poised waiting to pounce. The omens of opportunity for this dangerous opportunist to present his 'new' alternative party, are all coming together like some ominous web waiting to engulf all who fail to see the trap.

This odious creature and his equally abhorrent mate, now see themselves presented with exactly the same set of circumstances they were confronted with when he commandeered the Labour party in 1994. His initial move has been to work on his personal public image. He now looks the part.

Tanned, toned and slightly greying at the temples, he presents the perfect picture of a supremely confident future party leader. Before him he sees the mouth watering prospect of a Labour party with a weak inept leader, that is coming apart at the seams, no other party with enough support to form any



serious opposition and a public confused and uncertain with the outcome of their decision to leave the European Union. What better time to reveal that he, Tony Blair, has the answer to all its problems?

His opening political gambit has been to announce that the Brexit decision could be reversed. Brilliant. This statement alone could gain a new alternative party millions

of followers. And that's just the beginning. When Labour is hopefully routed in the coming elections, disgruntled and despondent left wingers will flock to a party formed by an ex-Labour leader who successfully took them to victory on three separate occasions. Make no mistake Blair is a very clever and extremely astute individual.

Any man who begins his career in public

service by becoming Prime Minister, when most aspire to that position only after many years in the political arena, is a very dangerous man indeed. As far as resources are concerned, I have no doubt that with the cronies he has accrued over the past number of years, his party funding pit will be all but bottomless. Unfortunately for Mr Blair, he has overlooked one glaring fact of life. Millions of UK subjects hate and despise him.

Many, including yours truly, consider him responsible for the death of thousands, and, along with Bush, the root cause of the whole Middle Eastern tragedy which resulted in the demise of millions. So, assuming the notoriously short memory span of the British public doesn't rear its ugly head, I'm afraid all this Antichrists efforts to regain power are doomed to failure. At least I sincerely hope so.

Meanwhile back at the old homestead, with ever increasing desperation, Corbyn is promising the British public ... well just about everything. With not one suggestion, except for robbing the rich, to pay for any of it. All together now Jerry Corbyn, Jerry Corbyn, riding through the glen ...

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			Green lipped mussel extract provides the syno- vial fluid for healthy and flexible joint function. 150 Caps. € 12,50 - buy 3+ for only € 11,00
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Marbella - c/Huerta	Chica, 10	2	The supply of hydrolyzed collagen together with hyaluronic acid as a food supplement supports
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Aloe-Vera Juice 99,7%	11	11,00 €	Omena 2 cupps seen could
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Cranberry 500mg capsules		13,50 €	Cod Liver Oil Capsules
Cranberry Juice	11	9,95€	High in vitamin A and D, for healthy bones.
Curcuma Capsules		13,50 €	
Devil's Claw Capsules	200 Cap.		200 Cap. € 10,90 - buy 3+ for only € 9,95
Evening Primrose Oil Capsules Ginsengfit - Ginseng	200 Cap. 200 Cap.		Pumpkin seed oil Prostate Capsules
Hairfit capsules	120 Cap.		
Krill Oil 500mg NKO Capsules		18,50 €	Well known as a natural remedy in cases of
Lutein Eyecare Capsules		12,95€	abnormal prostate and bladder functioning,
Magnesium SUPRA 400mg	120 Cap.		such as difficulty in beginning urination, frequent
Mangostan Juice Bio	11	38,00 €	attempts to urinate and excessive dribbling.
Moringa 500mg	240 Cap.		130 Caps. € 8,50 - 400 Capsules € 20,50
Noni Juice 100%	11	26,50 €	
Passionfruit, Valerian Capsules	120 Cap.	15,75€	GINKGO 100mg Capsules
Resveratrol 270mg Capsules	90 Cap.	24,50 €	Ginkgo improve microcirculation and thus
Shark Cartilage Capsules	240 Cap.		increases oxygen supply to the brain and other
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Silybum Capsules Milk Thistle	120 Cap.		forgetfulness, concentration problems, dizzi-
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# Brits are flocking to Spain in droves for sun, sea & safety

Nora Johnson Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

NOW is the time when you really start to see them. Tourists, I mean. After all, they're the easiest to recognise as a species. They're the pasty-looking white blobs on the beach - unless the sun's setting when they're red as lobsters and being given the kiss of life by paramedics.

If the weather suddenly turns wintry, they're still dressed for summer. In summer, they're the ones who amble about the stores and streets virtually naked. Much as we wouldn't want to be identified as tourists, we can't do without them because otherwise the economy would slump even further.

Tourists could never be confused with two other species you come across in Spain. The newly arrived expats and the long-term expats. The former you'll see enthusiastical-

Advertising feature



TOURISTS: The easiest to recognise as a species.

ly attending every Spanish class, Flamenco, bullfight, obscure feria and club imaginable.

Whereas long-term expats are the complete opposite and the most difficult to spot. They dress like the Spanish, wear summer clothes only in summer and dress more formally in town (well, not in swimwear anyway). Like the Spanish too, they've learned to accept the way of life in Spain. Mañana really does mean, ahem, mañana.

Now, with all the Roman ruins - villas, roads, marketplaces - being unearthed here, it struck me that the Romans were among the earliest tourist species. You can just imagine them, can't you? Hurtling along the carreteras to the nearest encampment in their horse-drawn chariots. Holding up traffic at the roundabouts. Counting out their silver denarii coins in the markets. Overseeing another luxury villa reforma.

Before heading over the Alps into Italy, Hannibal started out in Spain when he arrived from Carthage with his lines of noseto-tail elephants. So is all the TAIL-gating we now observe among Spanish drivers yet one more vestige of those bygone days?

Give a final thought, though, to Strabo, an extremely unlucky general who not only suffered miserable defeats, but died of the plague during one disastrous campaign. Just as he was about to expire, lightning struck his tent and burned it to the ground. So, not a happy camper either.

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-john son.net) available from Amazon in paperback/eBook ( $\in 0.99$ ; £0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

## Neater Heater want 'squirrels' as customers

RICHARD and Tony from Neater Heater are urging all our readers to start preparing for next winter now.

"We really want people to imitate squirrels," said Tony. "As we know; all the other woodland creatures just laze about in the summer, relaxing. So when the winter comes they have to furiously compete with each other for the scraps left over or hide-away and hibernate, waiting for next summer.

"But not the squirrels! Squirrels plan for the winter by hoarding nuts, berries and seeds in the summer, so when winter comes they are well prepared for it,

and are able to

enjoy themselves on those nice bright winter days when the sun does come out. They are obBE A SQUIRREL: Plan and stock up for winter now.

> viously the wisest creatures in the wood. And that is what we want our customers to be."

"What Tony is trying to say" interjected Richard, "is that when winter finally arrives in Spain, northern Europe has been cold for months. This means that chilly Czechs, frozen Fins and shivering Swedes have been stripping the shelves for months.

"Every year we have panicking customers calling us in December, desperate to have heaters supplied and fitted by Christmas. Frequently these customers have to compromise on their choice, or be put at the back of a long queue. Every year we think to ourselves - 'It's a shame you didn't order them in the summer when we had loads of them in stock and, equally as important, the time to process the orders'."

Neater Heater is the sole Spanish distributor for Beha, Adax, and Vigo convector heaters. It currently has more stock than ever before at various locations, just waiting for the 'squirrels.' Please feel free to call on 634 312 171 for more information, or visit the website www.neater heater.es, or email info@neaterheater.es.

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## You can bet on anything



Views of a Grumpy Old Man

I'M not really a gambler - although many would disagree with me. I might have 20 euros on the Grand National, but that's it. When I was working I used to go to Las Vegas twice a year, which I did for over 20 years. I never played the tables or the slots. Now the reason many would say I am a gambler is because I play poker everyday either online or live.

Sometimes I win and, of course, sometimes I lose, but I feel I'm in control. Sure there is an element of luck but there is also a lot of skill involved. I can win by convincing someone my hand is better than theirs by bluffing.

I know when it's time to get up and quit whether I'm winning or losing. This brings me to the point of this week's grump. I think it's disgusting the amount of advertising there is on TV for gambling offering free money and making it look glamorous. They show Champagne corks popping and they show everyone winning and at the bottom they put a little note saying something like 'when it stops being fun quit.' What a lot of nonsense!

Gambling ads should be treated the same as cigarette and alcohol advertising. It's a 'drug'

and it's addictive and should be treated as such. I actually think the advertising should be banned. What the adverts don't show is the damage that gambling can do. In the UK there are machines in betting shops called Fixed Odds Betting Terminals (FOBT). These machines are the crack cocaine of the gambling world! You can put your credit or debit card in and play up to a £100 every few seconds.

You should look on YouTube and watch people smashing up places when they have been financially wiped out. You can now bet on anything. You can even bet on things losing and this opened up a whole new can of worms. It's all about greed. These multi-million pound betting companies just never have enough. They won't limit what you can lose but have a few winning bets and see how quick they decline your business.

I remember years ago being given this tip about playing the slot machines in Vegas. I was asked where I thought the best place was to win. I guessed it would be at one of smaller hotels, only to be told the best pay outs were in the Arrivals part of Las Vegas airport. This, of course, makes sense as it gives you the winning flavour and you experience how much fun it's going to be. Of course, the worst pay outs are in the departure area! You are leaving so jog on and thanks for your last few dollars!

Email me mikesenker@gmail.com





NATURAL BEAUTY: Putting on the war paint?

# Making up or breaking up?



ALTHOUGH beautiful, it breaks my heart to see so many young English girls plastered with make-up, from full foundation to false eyelashes. What really pains me though is to hear that they feel this is necessary to be accepted by friends and to even think of 'trapping' a potential partner.

I remember commenting a few years back to one youngster who had recently moved out to work locally that perhaps she was wearing too much make-up; being such a naturally pretty girl. She giggled and told me that she'd really cut back since she'd moved over here; ie, no longer wore false eyelashes even to go to the supermarket.

How could it be that we've let an industry penetrate our lives to such a degree that our youngsters feel more identified with a false identity than with themselves? More than that; they only feel comfortable with the fiction, the ideal of themselves.

I fear that unless we act fast it will be too late; future generations will know no difference and they will really be stuck in this virtual reality of what beauty is as opposed to what it is: natural.

Another English youngster confided in me that she would get up extra early to put her make-up on before her boyfriend woke up. She too had a perfect skin and was incredibly cute; why should she feel this way? Where have we gone wrong?

Did she really think she could keep up the charade for a lifetime? This beautiful, educated child really believed whole-heartedly that if she did not follow this make-up ritual she would lose her boyfriend and basically everything else worth having. She had to look 'the part' to be in 'the game.'

It was probably a similar train of thought that allegedly led a Chinese woman to hide her history of plastic surgery from her husband; who only found out that she wasn't a natural beauty when their children were born so incredibly ugly his wife confessed she'd had over \$100,000 of plastic surgery.

Based on the fraudulent presentation the offended husband was granted a divorce but also awarded \$120,000 compensation by the sympathetic judge.

It would seem to me that our cosmetic companies have succeeded in making our youngsters believe that beauty is anything but natural; the name says it all, it's makeup; fake, false, fantasy, fictional.

Women have sacrificed and strived for generations to get recognised as equal human beings, each one of us beautiful and worthy in our own right; we'd come so far to now come back to the desire of being just a pretty face in a glossy mag.

Make up should be worn to enhance what we have but not colour who we are and if it ever comes down to a question of make-up or break up ladies; for heaven's sake: LEAVE!!



BBC	one	BBC	TWO	BBC	FOUR	СНА	NNEL	СНА	NNEL 5		4	sky S	PORTS 1
7:00am	Rreakfast	7:30am	A1: Britain's Longest	8:00pm	100 Days+	7:00am	Countdown	8:50am	Paw Patrol	7:00am	Hollyoaks	7:00am	Good Morning
	Rip Off Britain	71500111	Road	8:30pm	Top of the Pops	7:45am	Will and Grace	9:05am	Ben and Holly's Little	7:30am	Coach Trip	7.000	Sports Fans
	Homes Under the	8:15am	Put Your Money		Mike Read and	8:35am	Everybody Loves		Kingdom	8:00am	Baby Daddy	8:00am	Good Morning
	Hammer		Where Your Mouth Is		Tommy Vance		Raymond		Digby Dragon	9:00am	Rules of Engagement		Sports Fans
	A1: Britain's Longest	9:00am	Bake Off Crème de		present the pop	9:00am	Everybody Loves	9:30am	Peppa Pig	9:30am	Rules of Engagement	9:00am	Good Morning
	Road Close Calls: On	10:00am	la Crème Victoria Derbyshire		chart programme, first broadcast on 8	10:05am	Raymond Fraciar		Wissper Wanda and the Alien		Melissa and Joey Melissa and Joey	10:00am	Sports Fans Barclays Premier
	Camera	12:00pm			December 1983.	10:35am			The Wright Stuff		Baby Daddy	10.00diii	League World
	Bargain Hunt	1:00pm	The Daily Politics	9:00pm	Fossil Wonderlands:	11:05am			The Hotel Inspector		Baby Daddy	10:30am	
2:00pm	BBC News at One	2:00pm	Two Tribes		Nature's Hidden	12:05pm	Ramsay's Hotel Hell	1:10pm	5 News Lunchtime	12:00pm	How I Met Your	11:00am	Premier League Daily
	BBC London News	2:30pm	Channel Patrol		Treasures		Channel 4 News	1:15pm	Can't Pay? We'll Take		Mother	12:00pm	Barclays Premier
	Doctors	3:15pm	Red Rock	10:00pm	Scotland's First Oil Rush	1:05pm	Couples Come Dine with Me	2:1Emm	it Away!	1:00pm	New Girl	12,20mm	League World
	The Boss Escape to the	4:00pm	The Hairy Bikers' Best of British	11:00pm	OJ: Made in America	2:05pm	Posh Pawnbrokers		Home and Away Neighbours	1:30pm 2:00pm	New Girl Brooklyn Nine-Nine	12:30pm 1:00pm	Premier League
	Country	4:45pm	The Wonder of		Top of the Pops	3:10pm	Countdown		NCIS	2:30pm	Brooklyn Nine-Nine	noopin	Legends
	Garden Rescue	•	Animals		Sound of Cinema:	4:00pm	Fifteen to One		Social Nightmare		The Big Bang Theory	2:00pm	Barclays Premier
	Put Your Money	5:15pm	Rise of the		The Music that	5:00pm	Coast v Country		5 News at 5	-	The Big Bang Theory		League World
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	Pointless BBC News at Six	6:15pm 7:00pm	Antiques Road Trip Debatable	2:15am	Animals Through the Night: Sleepover at	6:30pm	Extreme Cake Makers	7:00pm 7:30pm	Home and Away 5 News Tonight	5:00pm	Mother Brooklyn Nine-Nine	3:00pm	Premier League Legends
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	The One Show	8:30pm	Great British Menu	3:45am	Dreaming the		Hollyoaks		Broadcast on Behalf	6:00pm	New Girl	4:15pm	One2eleven 2016/17
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10:00pm 11:00pm	BBC News at Ten		Timbuktu: An Arabian Adventure		channel for people		The Supervet Shut-Ins: Britain's	9:00pm	The Nightmare Neighbour Next Door		Hollyoaks The Big Bang Theory	6:00pm	Premier League 100 Club
	BBC London News	11:00pm	Live at the Apollo		who want more.	10.000	Fattest Woman	10:00pm	Nightmare Tenants,		The Big Bang Theory	7:00pm	Premier League
	Question Time		Newsnight		More depth, more	11:00pm	How to Get a		Slum Landlords	-	Kevin Can Wait		Legends
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12:00:55	A1: Britain's Longest	7:00	Flog it! Trade Secrets	8:00pm	World News Today	7:00am	Countdown	8:50am	Paw Patrol	9:30am	Rules of Engagement	7:00am	Good Morning
12.00pm	Road	7:00am 7:30am	A1: Britain's Longest	8:30pm	Top of the Pops	7:45am	Will and Grace	9:05am	Ben and Holly's Little		Melissa and Joey	7.00diii	Sports Fans
12:45nm	Close Calls: On	7.50dili	Road	9:00pm	The Good Old Days	8:35am	Everybody Loves	5.05um	Kingdom		Melissa and Joey	8:00am	
12.45011	Camera	8.15am	Put Your Money	3.000	Leonard Sachs chairs	0.550111	Raymond	9:15am	Digby Dragon		Baby Daddy	0.000111	Sports Fans
1:15pm	Bargain Hunt	o. I Jaili	Where Your Mouth Is		the old-time music	10:05am		9:30am	Peppa Pig		Baby Daddy	9:00am	Premier League 100
	BBC News at One	9:00am	The World According		hall programme, first	11:05am		9:50am	Wissper		How I Met Your	5.00411	Club
	BBC London News	9.00dill	to Kids		broadcast on 25		Ramsay's Hotel Hell		Wanda and the Alien	12.00pm	Mother	9:30am	
2:45pm	Doctors	10:00am	Victoria Derbyshire		January 1979.	1:00pm	Channel 4 News		The Wright Stuff	12:30pm	How I Met Your	11:30am	
3:15pm	The Boss		BBC Newsroom Live	9:50pm	Sounds of the	1:05pm	Couples Come Dine		The Hotel Inspector	1210 0 pm	Mother		Premier League
4:00pm	Escape to the		The Daily Politics	•••••p	Seventies		with Me		5 News Lunchtime	1:00pm	New Girl	12.00pm	Legends
4.00pm	Country		Two Tribes	10:00pm	Roy Orbison: One of	2:05pm	Posh Pawnbrokers	1:15pm	Police Interceptors	1:30pm	New Girl	12·30nm	Football Gold
4:45pm	Garden Rescue	2:30pm	Channel Patrol		the Lonely Ones	3:10pm	Countdown	2:15pm	Home and Away	2:00pm	Brooklyn Nine-Nine		Premier League
5:30pm	Put Your Money	3:15pm	Red Rock	11:00pm	Roy Orbison and	4:00pm	Fifteen to One	2:45pm	Neighbours	2:30pm	Brooklyn Nine-Nine	121100	Legends
5.50pm	Where Your Mouth Is	4:00pm	The Hairy Bikers'		Friends: A Black and	5:00pm	Coast v Country	3:20pm	NCIS		The Big Bang Theory	1:15pm	Football
6:15pm	Pointless	noopin	Best of British		White Night 30	6:00pm	Four in a Bed	4:15pm	The Mystery Cruise		The Big Bang Theory	1:45pm	Football Gold
	BBC News at Six	4:45nm	The Wonder of	12:00am	The Everly Brothers:	6:30pm	Extreme Cake	6:00pm	5 News at 5	4:00pm	How I Met Your	1:55pm	Live Chinese Super
	BBC London News		Animals		Harmonies From		Makers	6:30pm	Neighbours		Mother		League
	The One Show	5:15pm	Natural World		Heaven	7:00pm	The Simpsons	7:00pm	Home and Away	4:30pm	How I Met Your		Guangzhou
	A Question of Sport	6:15pm	Antiques Road Trip	1:00am	Top of the Pops	7:30pm	Hollyoaks	7:30pm	5 News Tonight		Mother		Evergrande Taobao v
	EastEnders	7:00pm	Debatable	1:35am	Roy Orbison: One of	8:00pm	Channel 4 News	7:55pm	Party Election	5:00pm	Brooklyn Nine-Nine		Jiangsu Suning
	Count Arthur Strong	7:45pm	Celebrity Eggheads		the Lonely Ones	8:55pm	Party Election		Broadcast on Behalf	5:30pm	Brooklyn Nine-Nine	3:55pm	Football Gold
	Have I Got News for	8:30pm	Great British Menu	2:35am	Roy Orbison and		Broadcast		of the Uk	6:00pm	New Girl	4:00pm	Live Indian Premier
	You		Gardeners' World		Friends: A Black and	9:00pm	Posh Pawn		Independence Party	6:30pm	New Girl		League
10:30pm	Hospital People		Versailles		White Night 30	10:00pm	Gogglebox	8:00pm	The Gadget Show	7:00pm	The Big Bang Theory	8:30pm	Rugby Union
	BBC News at Ten	11:00pm	Mock the Week	3:35am	The Everly Brothers:	11:00pm	The Last Leg	9:00pm	The Headless	7:30pm	The Big Bang Theory	11:00pm	Barclays Premier
11:25pm	BBC London News	11:30pm	Newsnight		Harmonies From	12:05am	Britain Today Tonight		Gladiators of York:	8:00pm	Hollyoaks		League Preview
11:35pm	The Graham Norton	12:05am	Later with Jools		Heaven	12:40am	The Fake News		Ancient Mysteries	8:30pm	Brooklyn Nine-Nine	11:30pm	Scottish Football
	Show		Holland	4:35am	This is BBC Four		Show	10:00pm	Great British Royal	9:00pm	The Big Bang Theory		Round Up Show
12:25am	Luisa Omielan's	1:10am	The People v OJ						Ships		The Big Bang Theory	11:45pm	Football Gold
	What Would		Simpson: American			1:55am	Devil's Due	11:00pm	Bellator 179		Van Helsing	12:00am	The Fantasy Football
	Beyonce Do?		Crime Story			3:20am	Loaded	1:00am	Super Casino	12:45am	The Big Bang Theory		Club
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9:30am			Alesha Dixon: The	7:00am	In Loving Memory		<b>by 4</b> Nijinsky's Triple	ACTIC			CINEMA Candy Planet	<b>sky s</b> 7:00am	Cricket Classics
9:30am								ACTIC	N & ADVENTURE	7:00am	PREMIERE		
9:30am 10:25am	Lorraine The Jeremy Kyle Show	7:00am	Alesha Dixon: The Hot Desk You've Been Framed!	7:00am	In Loving Memory Heartbeat Where the Heart is		Nijinsky's Triple	7:05am 8:25am 10:50am	The Ox-Bow Incident Spider-Man 3 Mean Machine	7:00am 8:30am	Candy Planet	7:00am	Cricket Classics WWE Main Event Cricket's Greatest
9:30am 10:25am	Lorraine The Jeremy Kyle	7:00am 7:10am 7:35am	Alesha Dixon: The Hot Desk You've Been Framed! Below Deck	7:00am 7:25am 8:25am 9:25am	In Loving Memory Heartbeat Where the Heart is Wild at Heart	7:00am 7:05am 7:50am	Nijinsky's Triple Crown Ax Men Cash Cowboys	7:05am 8:25am	The Ox-Bow Incident Spider-Man 3 Mean Machine	7:00am 8:30am	Candy Planet Bloodsucking Bosses	7:00am 8:00am 9:00am 9:30am	Cricket Classics WWE Main Event Cricket's Greatest Cricket's Greatest
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9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm	Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Dickinson's Real Deal	7:00am 7:10am 7:35am 8:20am 9:00am 10:00am 10:35am	Alesha Dixon: The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale You've Been Framed! Scorpion	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:30am 11:55am	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of	7:00am 7:05am 7:50am 8:45am 9:50am 10:55am 11:55am 12:50pm	Nijinsky's Triple Crown Ax Men Cash Cowboys The Saint Ironside Minder Ax Men The Sweeney	7:05am 8:25am 10:50am 12:35pm 2:45pm 5:00pm 6:40pm 9:00pm	The Ox-Bow Incident Spider-Man 3 Mean Machine Warcraft The Mummy Returns Fantastic Four: Rise of the Silver Surfer Spider-Man 3 Warcraft	7:00am 8:30am 10:10am 10:40am	Candy Planet Bloodsucking Bosses Guardians of the Galaxy 2: Special Independence Day: Resurgence Suicide Squad A ragtag team of supervillains are	7:00am 8:00am 9:00am 9:30am 10:00am 11:00am 11:30am <b>4:00pm</b>	Cricket Classics WWE Main Event Cricket's Greatest Cricket's Greatest Cricket Classics Sporting Rivalries Indian Premier League Cricket Classics
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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7:00am	Rreakfact	7:20am	The Charge of the	8:00pm	Saints and Sinners:	8:35am	Everybody Loves	8:20am	Paw Patrol	7:30am	How I Met Your	8.30am	Premier League
	Saturday Kitchen		Light Brigade	oroopiii	Britain's Millennium	oibbaili	Raymond	8:40am	Blaze and the	710004111	Mother	0.500111	Preview 2016/17
	Mary Berry's	9:10am	5 5		of Monasteries	9:05am	Everybody Loves	orrouin	Monster Machines	8:00am	The Goldbergs	9:00am	Game Changers
	Absolute Favourites		Homes Under the		Masters of the	broballi	Raymond	9:05am	Noddy: Toyland	8:30am	The Goldbergs	9:30am	Scottish Football
	Football Focus		Hammer		Pacific Coast: The	9:30am	Frasier		Detective	9:00am	The Goldbergs	Diovani	Round Up Show
	A look ahead to this		Monty Halls' Great		Tribes of the	10:00am		9:20am	Wissper	9:30am	Black-Ish	9:45am	Football Gold
	weekends football		Hebridean Escape		American Northwest	10:30am		9:35am	Ben and Holly's Little		Made in Chelsea		The Fantasy Footb
	action with		Great British Menu	10:00pm			The Big Bang Theory		Kingdom		Melissa and Joey	TOTOTOUIII	Club
	interviews, expert		Great British Menu		Top of the Pops		The Big Bang Theory	9:45am	Shimmer and Shine		Melissa and Joey	11:00am	Soccer A.M.
	opinions and		Talking Pictures		John Peel and David		The Big Bang Theory		Little Princess		Melissa and Joey		Football Gold
	highlights.		Christmas Morning		Jensen present the		The Simpsons		Peppa Pig		Melissa and Joey	1:00pm	Premier League
	BBC News		North By Northwest		weekly look at the		The Simpsons		Ben and Holly's Little	1:00pm	Melissa and Joey		Preview 2016/17
	Weather		Trust Me I'm a Vet		pop charts, first	1:30pm	The Simpsons		Kingdom	1:30pm	Thunderbirds	1:30pm	Scottish Football
	Bargain Hunt		Gardeners' World		broadcast on 13th	2:00pm	Come Dine with Me	10:55am	The Fairly Odd	3:20pm	Rude(Ish) Tube	•	Round Up Show
	Escape to the		Natural World		January 1983.	2:30pm	Come Dine with Me		Parents	·	Shorts	1:45pm	Football Gold
	Country		Mexico: Earth's	12:05am	Top of the Pops	3:00pm	Come Dine with Me	11:30am	Access	3:30pm	The Goldbergs	2:00pm	Premier League 1
:15pm	Wreck-it Ralph		Festival of Life		Easy Listening Hits at	3:30pm	Come Dine with Me	11:35am	The Gadget Show	4:00pm	The Goldbergs	•	Club
	Monsters University		Yorkshire Wolds Way		the BBC	4:00pm	Come Dine with Me	12:30pm	Police Interceptors	4:30pm	The Goldbergs	3:00pm	Live EFL Lge 1 Pla
	BBC News		with Paul Rose	1:40am	Glen Campbell: The		A Place in the Sun:	3:30pm	FIA Formula E	5:00pm	The Goldbergs		Off Final
	Regional News		Dad's Army		Rhinestone Cowboy		Summer Sun	5:15pm	The Nightmare	5:30pm	The Goldbergs		Bradford City v
	Weather	10:00pm		2:40am	An Evening with	5:35pm	Big House, Little		Neighbour Next	6:00pm	The Big Bang Theory		, Millwall.
	Pointless	11:35pm			Glen Campbell		House		Door	6:30pm	The Big Bang Theory	6:30pm	Barclays Premier
	Doctor Who		Panel-based quiz	4:00am	Easy Listening Hits at	6:40pm	Location, Location,	6:15pm	Can't Pay? We'll	7:00pm	The Big Bang Theory		League World
	Who Dares Wins		where it is more		the BBC		Location		Take it Away!	7:30pm	The Big Bang Theory	7:00pm	Rugby Union
:00pm	Casualty		important to be			7:35pm	Channel 4 News	8:05pm	NCIS: Los Angeles	8:00pm	The Big Bang Theory	9:30pm	Premier League
:50pm	BBC News		interesting than			8:00pm	The Restoration Man	9:00pm	NCIS	8:30pm	The Big Bang Theory		Preview 2016/17
:05pm	Weather		right.			9:00pm	Walks with My Dog	9:55pm	5 News Weekend	9:00pm	The Big Bang Theory	10:00pm	EFL Highlights
:10pm	Clique	12:20am	Versailles			10:00pm	The Heat	10:00pm	Most Shocking	9:30pm	The Big Bang Theory	11:00pm	Premier League
. 10	Insomnia	1:20am	Cabaret			12:25am	Bullet to the Head		Celebrity Moments	10:00pm	Limitless		Legends
:40am													
:35am	Weather for the		This is BBC Two			2:15am	Ramsay's Kitchen		of The 80s		55	12:00am	5
2:35am			This is BBC Two			2:15am	Ramsay's Kitchen Nightmares USA	12:50am	of The 80s Football on 5		Gogglebox Gogglebox	12:00am	Premier League 10 Club
2:35am	Weather for the	3:20am	This is BBC Two	Ü	tv <b>3</b>		· ·	sicy		1:10am sky	55		5
:35am	Weather for the Week Ahead	3:20am	tw <b>2</b>			i	Nightmares USA	Sicy	Football on 5	1:10am		sky s	Club
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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7:00am	one	BIBIC	TWO	BBC	FOUR	СНА	NNEL 4-	СНА	NNEL 5		A	sky S	PORTS 1
7:00am													-
		7:05am	A to Z of TV		Birth of British Music	7:10am	Motorsport	8:05am	Olly the Little White	7:00am	Couples Come Dine	7:00am	Football Gold
	The Andrew Marr		Gardening	9:00pm	The Last Days of	7:40am	European	0.45	Van	0.00	with Me	7:15am	Football Gold
	Show	7:50am	The Instant Gardener	40.00	Steam		Taekwondo	8:15am	Paw Patrol	8:00am	Couples Come Dine	7:30am	Football Gold
	The Big Questions	8:35am	Gardeners' World	10:00pm	Tutankhamun: The	0.25 am	Championships	8:30am	Blaze and the Monster Machines	0.00.000	with Me	7:45am	Football Gold
	Sunday Politics	9:35am	The Beechgrove		Truth Uncovered	8:35am	Everybody Loves	0.E0.am		9:00am	Hollyoaks Omnibus	8:00am	Premier League
	Bargain Hunt	40.05	Garden		History documentary	0.00 am	Raymond	8:50am	Noddy: Toyland		Made in Chelsea	0.20	Legends
	BBC News		Countryfile		aiming to uncover the extraordinary	9:00am	Everybody Loves Raymond	9:05am	Detective Wissper		The Goldbergs The Goldbergs	8:30am	Premier League
	Weather for the Week Ahead	TT:00am	Saturday Kitchen Best Bites		truth of the boy	9:30am	Frasier	9:20am	Ben and Holly's Little	1:30pm	The Goldbergs	9:00am	Legends EFL League 1 Play
	Money for Nothing	12.20nm	Great British Menu		behind the golden			<b>J.20</b> am	Kingdom	2:00pm	The Goldbergs	9.00diii	Off Highlights
	Escape to the		Great British Menu		mask.		Sunday Brunch	9:35am	Shimmer and Shine	2:30pm	Black-Ish	10:00am	The Sunday
	Country		Great British Menu	11:00pm		1:30pm	Eat the Week with		Little Princess	3:00pm	Baby Daddy	10.000111	Supplement
	Shop Well for Less	2:00pm	North West 200	12:00am	Country at the BBC		Iceland		Peppa Pig	3:30pm	Kevin Can Wait	11:30am	Goals on Sunday
	Lifeline	=100pm	Highlights	1:00am	The Secret Horse:	2:30pm	The Simpsons		Ben and Holly's Little	4:00pm	Brooklyn Nine-Nine	1:30pm	Football Gold
	Points of View	3:00pm	None But the Brave		Quest for the True	3:00pm	Doctor Dolittle 2		Kingdom	4:20pm	The Big Bang Theory	1:45pm	Football Gold
	Songs of Praise	4:45pm	Galapagos		Appaloosa	4:50pm	Robin Hood	10:45am	The Fairly Odd	4:50pm	The Big Bang Theory	2:00pm	Football Gold
	Rhs Chelsea Flower	5:30pm	Final Score	2:00am	Burma, My Father	6:30pm	George Clarke's Old		Parents	5:20pm	The Big Bang Theory	2:15pm	Football Gold
	Show 2017	6:30pm	Flog It!		and the Forgotten		House, New Home	11:03am	The Fairly Odd	5:50pm	The Big Bang Theory	2:30pm	Premier League
	BBC News	7:00pm	Inside the Factory:		Army	7:30pm	Channel 4 News		Parents	6:20pm	The Big Bang Theory		Legends
	Regional News		How Our Favourite	3:00am	Horizon	8:00pm	Flat Pack Mansions	11:20am		6:50pm	The Big Bang Theory	3:00pm	Live Nissan Super
	Weather		Foods are Made		Documentary series	9:00pm	Cabin Fever	11:30am	Pets Make You	7:20pm	The Big Bang Theory		Sunday
	Countryfile		Dragons' Den		exploring topical	10:00pm			Laugh Out Loud	7:45pm	The Three	7:00pm	Sky Sports Tonight
	Antiques Roadshow	9:00pm	Mexico: Earth's	4.00	scientific issues.		Gogglebox		Police Interceptors	40.00	Musketeers	8:00pm	Sky Sports Tonight
	Inspector George		Festival of Life	4:00am	Tutankhamun: The			2:00pm	Fletch Lives	10:00pm	Marvel's Agents of	9:00pm	Premier League
	Gently	10:00pm	Dara and Ed's Road		Truth Uncovered	1:55am	Millionaires'	3:45pm	Willow	11.00	S.H.I.E.L.D.	0.00	Legends
11:00pm		11.00	to Mandalay			2:50am	Mansions The Last Leg	4:45pm 6:10pm	5 News Labyrinth		Rude Tube 8 Out of 10 Cats	9:30pm	Nissan Game of the
11:20pm 11:25pm	Regional News		The Homesman Love is All You Need			3:40am	Location, Location,	8:05pm	Walking on Sunshine		Tattoo Fixers on	11.20nm	Day Nissan Match Choic
	Match of the Day	2:45am	Question Time			5.40am	Location, Location,		Greatest 80s Movies	12.50011	Holiday		PL Highlights
	Murder in	3:45am	Holby City				Location		5 News Weekend	1:55am	Tattoo Fixers on	1:00am	PL Highlights
	Successville	4:45am	This is BBC Two						Highlander		Holiday	1:30am	PL Highlights
i	<b>b</b> v	i	tv2	i	tv3	i	tv4					sky S	PORTS 2
7:00am	CITV	7:00am	The Hot Desk	7:00am	Carry on Henry	7:00am	World Cup Rivalries:	7:00am	Spy	7:00am	Throne of Elves	7:00am	Cricket Classics
	ITV News	7:10am	You've Been Framed!	8:00am	FYI Daily		England v Argentina	9:15am	Terminator Genisys	8:50am	Candy Planet	8:00am	Rugby Union
	Weekend	7:35am	Emmerdale Omnibus	8:05am	Carry on Henry	7:20am	Ironside	11:25am			The Book of Love	10:00am	Great Sporting
	Countrywise	10:10am	Coronation Street	8:35am	Heartbeat	8:15am	Rugby Sevens World		Sherlock Holmes	12:20pm	The Top Ten Show		Moments
	Peston on Sunday	42.45	Omnibus		Drama, set in the	0.55	Series Highlights	3:40pm	Pearl Harbour		2017	10:15am	Great Sporting
	Judge Rinder		Take Me Out		North Yorkshire	8:55am	Car Chasers		Spy		Suicide Squad	10.20	Moments
	ITV News and Weather		A Cinderella Story FYI Daily	9:35am	<i>moors in the 1960's.</i> Heartbeat	9:20am 9:55am	Pawn Stars Pawn Stars		Terminator Genisys	2:55pm	Independence Day:	10:30am	Great Sporting Moments
	Tipping Point	3:00pm 3:05pm	A Cinderella Story		Murder, She Wrote		Pawn Stars	11:10pm	Deadly Departure	5:10pm	Resurgence Throne of Elves	10·//5am	Great Sporting
·	Who's Doing the	4:05pm	Space Chimps		Murder, She Wrote		Pawn Stars		The League of	5. ropin	In the mythical realm	10.45411	Moments
1:05pm	Dishes?	5:05pm	FYI Daily		Columbo		River Monsters	_100um	Extraordinary		of Altera, young hero		
1:05pm 2:05pm			· J			11.1000	INVCI INICIDICID					11:00am	Cricket Classics
1:05pm 2:05pm	The Chase	5:10pm	Space Chimps		A Touch of Frost		MSA British Touring		Gentlemen		Lambert is drawn		Cricket Classics Great Sporting
1:05pm 2:05pm 3:05pm	The Chase Britain's Got Talent	5:10pm 5:40pm	Space Chimps Britain's Got Talent	2:20pm					· · · ·				
1:05pm 2:05pm 3:05pm 4:05pm			Britain's Got Talent Britain's Got More	2:20pm	A Touch of Frost	12:15pm	MSA British Touring	sio	Gentlemen		Lambert is drawn	12:00pm	Great Sporting
1:05pm 2:05pm 3:05pm 4:05pm 5:20pm	Britain's Got Talent	5:40pm 6:55pm	Britain's Got Talent Britain's Got More Talent	2:20pm 4:40pm	A Touch of Frost Foyle's War	12:15pm 7:00pm	MSA British Touring Car Championship	sky	· · · ·		Lambert is drawn into a bitter conflict	12:00pm	Great Sporting Moments
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

#### Advertising feature

# Meet Phil at HiFX: here to help with international money transfers

HIFX is delighted to introduce the newest member of its Spanish Team. Phil Barrion has joined as Business Manager for the Costa Del Sol, supporting businesses and their clients with international foreign exchange requirements.

Phil recently moved to the area from Berkshire, England, and now lives in Nueva Andalucia, Marbella. We asked him how he came to be with HiFX and his hopes for the future:

"For the last 10 years I have been working in and around London for a wellknown bank. I gave all my clients a unique and personalised service for all money related matters. I loved working in and around London but I have always wanted to work abroad.

"With a Spanish wife and frequent holidays in southern Spain, I fell in love with the country, the people and lifestyle. I knew at some point I would end up here. I have also known about HiFX for a number of years, as my wife used to work for them. They are well-known in the UK and have a hard-earned reputation for bank beating rates, ease of



use and first class customer service.

"When my son was born last May I had to rethink my work and life priorities as leaving at the crack of dawn and coming home late most nights wasn't fair on my new family. When the opportunity to move to and work in Marbella for a company I respected came up, it was just too good an opportunity to turn down!

"I am very much looking forward to the future here at HiFX Europe, as there is so much in the pipeline to be excited about. As part of Euronet, which also owns Ria Money Transfer and *XE.com*, we are now the third largest international payments provider in the world! Within my new role I can't wait to establish long-term commercial partnerships with existing and new clients to help them save time and money.

"I look forward to meeting and working with lots of new people and businesses!"

To find out more about HiFX and its bank beating exchange rates please call Phil on 0034 951 203 986 or visit www.hifx.co.uk/marbel la

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	More News for You	11:30pm	Newsnight				Does Countdown	12:00am			Made in Chelsea		Football Gold
			5			43.55	Churt In a Dute to /s	42.05	Discussed the sheet and				
2:25am	The Graham Norton	12:10am	5			12:55am	Shut-Ins: Britain's		Django Unchained	11:00pm			Football Gold
		12:10am	5	Ü	tv3		Shut-Ins: Britain's Fattest Woman	2:15am	Super Casino	12:00am	Empire The Big Bang Theory	12:00am	Football Gold How The Premier League Was Won
i	The Graham Norton Show	12:10am	Weather			i	Fattest Woman	2:15am		12:00am	The Big Bang Theory	12:00am	How The Premier League Was Wor
i	The Graham Norton Show Good Morning	12:10am	Weather	7:00am	In Loving Memory		Fattest Woman	2:15am	Super Casino	12:00am sky 7:00am	The Big Bang Theory	12:00am	How The Premier League Was Wor PORTS Cricket Classics
:00am	The Graham Norton Show Good Morning Britain	12:10am 12:0am 7:00am 7:10am	Weather	7:00am	In Loving Memory Heartbeat	i	Fattest Woman	2:15am	Super Casino	12:00am	The Big Bang Theory	12:00am SIX S 7:00am 8:00am	How The Premier League Was Wor PORTS Cricket Classics WWE Raw
:00am	The Graham Norton Show Good Morning	12:10am	Weather	7:00am	In Loving Memory	i	Fattest Woman	2:15am	Super Casino	12:00am sky 7:00am	The Big Bang Theory	12:00am	How The Premier League Was Wor PORTS Cricket Classics
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00am 30am 0:25am	The Graham Norton Show Good Morning Britain Lorraine The Jeremy Kyle	12:10am 7:00am 7:10am 7:35am	Weather Wea	7:00am 7:25am	In Loving Memory Heartbeat Drama, set in the North Yorkshire	7:00am 7:05am 7:50am	Fattest Woman <b>by 4</b> Nijinsky's Triple Crown Ax Men Cash Cowboys	2:15am 2:15am 7:15am 9:15am 11:15am 1:15pm	Super Casino	12:00am sky 7:00am 8:45am 9:05am 10:35am	The Big Bang Theory CINEMA Throne of Elves The Top Ten Show 2017 Candy Planet	12:00am SIGV S 7:00am 8:00am 9:00am	How The Premie League Was Wor SPORTS Cricket Classics WWE Raw Indian Premier League Final
00am 30am 0:25am 1:30am	The Graham Norton Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning	12:10am 7:00am 7:10am 7:35am 8:20am 9:00am	Weather <b>b22</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show	7:00am 7:25am 8:25am	In Loving Memory Heartbeat Drama, set in the North Yorkshire moors in the 1960's. Where the Heart is	7:00am 7:05am 7:50am 8:35am 9:40am	Fattest Woman <b>by 4</b> Nijinsky's Triple Crown Ax Men Cash Cowboys The Saint Ironside	2:15am 	Super Casino CINEMA Charlie's Angels: Full Throttle Collateral Damage Vigilante Diaries Point Break I Am Legend	12:00am sky 7:00am 8:45am 9:05am 10:35am	The Big Bang Theory CINEMA Throne of Elves The Top Ten Show 2017 Candy Planet The Book of Love Guardians of the	12:00am SKY S 7:00am 8:00am 9:00am	How The Premie League Was Wor PORTS Cricket Classics WWE Raw Indian Premier League Final Highlights Cricket Classics
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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BBC	one	B B C	тwo	BBC	FOUR	СНА	nnel 🦺	СНА	NNEL 5		4	sky S	PORTS 1
10:15am	Going Back Giving	7:30am	A1: Britain's Longest	8:00pm	100 Days +	7:00am	Countdown	9:15am	Digby Dragon	7:00am	Hollyoaks	7:00am	Good Morning
	Back		Road	8:30pm	Great British Railway	7:45am	Will and Grace	9:30am	Peppa Pig	7:30am	Coach Trip		Sports Fans
11:00am	Homes Under the	8:15am	The RHS Hampton		Journeys	8:10am	Will and Grace		Wissper	8:00am	Baby Daddy	10:00am	Soccer AM: The Bes
12.00mm	Hammer		Court Palace Flower Show		Documentary series in which Michael	8:35am	Everybody Loves		Wanda and the Alien	8:30am	Baby Daddy	10,20,000	Bits 2016/17 Premier League 10(
	A1: Britain's Longest Road	9:00am	Great American		Portillo travels the	9:00am	Raymond Everybody Loves		The Wright Stuff The Hotel Inspector		Rules of Engagement Melissa and Joey	10:30am	Club
	Close Calls: On	5.00am	Railroad Journeys		length and breadth	9.00am	Raymond		5 News Lunchtime		Melissa and Joey	11:00am	How The Premier
	Camera	10:00am	Victoria Derbyshire		of the country by	9:35am	Everybody Loves		The Nightmare		Baby Daddy	Thouan	League Was Won
1:15pm	Bargain Hunt		BBC Newsroom Live		train.		Raymond	•	Neighbour Next Door		Baby Daddy	1:00pm	Premier League
	BBC News		The Daily Politics		The First Georgians:		Frasier		Home and Away	12:00pm	How I Met Your		Legends
	Regional News		Super League Show		The German Kings				Neighbours		Mother	2:00pm	Football Gold
•	Doctors	2:50pm	Coast	10:00mm	who Made Britain		Ramsay's Hotel Hell		NCIS: Los Angeles	1:00pm	New Girl	3:00pm	Premier League
3:15pm 4:00pm	!Mpossible Escape to the		Red Rock The Hairy Bikers'	10:00pm	The Secret History of My Family		A Place in the Sun Channel 4 News	4:15pm 6:00pm	Perfect Seduction 5 News at 5	1:30pm 2:00pm	New Girl Brooklyn Nine-Nine	4:00pm	Legends Darts Gold
	Country	4.000111	Best of British	11:00pm	Stonehenge: A	1:05pm	Couples Come Dine	6:30pm	Neighbours	2:30pm	Brooklyn Nine-Nine	5:00pm	Football's Greatest
	The RHS Hampton	4:45pm	Coming Home: Iwan		Timewatch Guide	noopin	with Me	7:00pm	Home and Away		The Big Bang Theory	5:30pm	How The Premier
	Court Palace Flower		Thomas	12:00am	Storm Troupers: The	2:05pm	Posh Pawnbrokers	7:30pm	5 News Tonight	3:30pm	The Big Bang Theory		League Was Won
	Show	5:15pm	Greece with Simon		Fight to Forecast the	3:10pm	Countdown	7:55pm	Party Election	4:00pm	How I Met Your	7:30pm	Soccer AM: The Best
•	Put Your Money		Reeve		Weather	4:00pm	Fifteen to One		Broadcast on Behalf		Mother		Bits 2016/17
	Where Your Mouth Is		Antiques Road Trip	1:00am	Could We Survive a	5:00pm	Coast v Country		of the Scottish	5:00pm	Brooklyn Nine-Nine Brooklyn Nine Nine	8:00pm	Premier League
	Pointless BBC News		Debatable Celebrity Eggheads	2:00am	Mega-Tsunami? Scotland's First Oil	6:00pm 6:30pm	Four in a Bed Come Dine with Me	8:00pm	National Party FIA World Rally	5:30pm 6:00pm	Brooklyn Nine-Nine New Girl	9:00pm	Review F1 GP Highlights
	Regional News		Great British Menu	2.000111	Rush	7:00pm	The Simpsons	0.0000	Championship	6:30pm	New Girl		Scottish Football
	The Andrew Neil		The RHS Hampton	3:00am	The Secret History of	7:30pm	Hollyoaks	9:00pm	The Yorkshire Vet	7:00pm	The Big Bang Theory		Round Up
	Interviews		Court Palace Flower		My Family	8:00pm	Channel 4 News		Elizabeth I: Death of	8:00pm	Hollyoaks	10:15pm	Soccer AM: The Best
	EastEnders		Show		Storm Troupers: The	8:55pm	Party Election		a Dynasty	8:30pm	Black-Ish		Bits 2016/17
	Holby City	10:00pm			Fight to Forecast the		Broadcast	11:00pm	Henry and Anne: The		The Goldbergs	10:45pm	Scottish Football
10:00pm			Later Live with		Weather	9:00pm	Secrets of Our		Lovers Who Changed		The Goldbergs	11.00	Round Up
11:00pm	Regional News	11:30pm	Jools Holland			10:00pm	Favourites Snacks	1:05am	History The Execution of		Rude Tube 8 Out of 10 Cats	11:00pm	How The Premier League Was Won
11:40pm	•	12:10am	5				First Dates	1.05411	Mary Queen of Scots		The Big Bang Theory	1:00am	F1 GP Highlights
			Dara and Ed's Road				Gogglebox	2:00am	Super Casino		The Big Bang Theory	2:00am	Scottish Football
11:45pm	F.A. Cup	12:15dill	Dala allu Lu S Nuau			12.03011	Guyyicbuk	2.00aiii					
	F.A. Cup Doctor in the House		to Mandalay				Naked Attraction		Top 20 Funniest				Round Up
12:15am	Doctor in the House	Ph. 1.1.1	to Mandalay	i	tv3	1:10am	Naked Attraction	4:10am sky	Top 20 Funniest		CINEMA		Round Up
12:15am		Ph. 1.1.1		ij	tv3	1:10am		4:10am sky	Top 20 Funniest				
12:15am	Doctor in the House	<b>U</b> 7:00am	to Mandalay	7:00am	In Loving Memory	1:10am	Naked Attraction	4:10am	Top 20 Funniest	<b>sicy</b> 7:00am	Throne of Elves	sky s 9:30am	Round Up
12:15am 7:00am	Doctor in the House	7:00am 7:10am	to Mandalay <b>Loc 2</b> The Hot Desk You've Been Framed!	7:00am 7:25am	In Loving Memory Heartbeat	1:10am U 7:00am	Naked Attraction	4:10am	Top 20 Funniest	<b>siq</b> 7:00am 8:50am	Throne of Elves The Book of Love	sky s 9:30am	Round Up SPORTS 2 Cricket Classics Super League
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12:15am 7:00am 9:30am	Doctor in the House	7:00am 7:10am 7:35am	to Mandalay <b>LV2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres	7:00am 7:25am 8:25am 9:25am	In Loving Memory Heartbeat Where the Heart is Wild at Heart	1:10am 1:0am 7:00am 7:10am 7:55am	Naked Attraction	4:10am Sky 7:00am 8:35am 11:10am 1:10pm	Top 20 Funniest	<b>siq</b> 7:00am 8:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer	9:30am 10:30am	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting
12:15am 7:00am 9:30am 10:25am	Doctor in the House	7:00am 7:10am 7:35am 8:20am	to Mandalay <b>Ev2</b> The Hot Desk You've Been Framed! Below Deck	7:00am 7:25am 8:25am 9:25am 10:30am	In Loving Memory Heartbeat Where the Heart is	1:10am 1:0am 7:00am 7:10am	Naked Attraction	4:10am 5:00am 8:35am 11:10am 1:10pm 2:55pm	Top 20 Funniest	<b>siq</b> 7:00am 8:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing	9:30am 10:30am 11:00am	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017
12:15am 7:00am 9:30am 10:25am 11:30am	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show	7:00am 7:10am 7:35am 8:20am 9:00am	to Mandalay <b>Lo 2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm	Top 20 Funniest	<b>siq</b> 7:00am 8:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer	9:30am 10:30am 11:00am	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am	to Mandalay <b>Ev22</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 11:55am	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am 11:55am	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 6:25pm 9:00pm	Top 20 Funniest	<b>siq</b> 7:00am 8:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort	9:30am 10:30am 11:00am 12:00pm 1:00pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm	Doctor in the House Doctor in the House	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am 10:30am	to Mandalay <b>Ev22</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street Scorpion	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 11:55am	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 6:25pm 9:00pm 11:00pm	Top 20 Funniest	7:00am 8:50am 10:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort services.	9:30am 10:30am 11:00am 12:00pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017 Great Sporting
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am 10:30am 11:20am	to Mandalay <b>Lo 2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street Scorpion Below Deck	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 11:55am 12:55pm	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of Sherlock Holmes	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am 11:55am	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 6:25pm 9:00pm 11:00pm 1:25am	Top 20 Funniest	7:00am 8:50am 10:50am	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort services. Suicide Squad	9:30am 10:30am 11:00am 12:00pm 1:00pm 1:30pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017 Great Sporting Moments
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Masterpiece with	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am 10:30am 11:20am 11:55am	to Mandalay <b>Lo 2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street Coronation Street Scorpion Below Deck You've Been Framed!	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 12:55pm 2:05pm	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of Sherlock Holmes Heartbeat	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am 11:55am 12:50pm	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 6:25pm 9:00pm 11:00pm 1:25am 3:10am	Top 20 Funniest	7:00am 8:50am 10:50am 1:00pm 3:20pm	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort services. Suicide Squad Lost in the Sun	9:30am 10:30am 11:00am 12:00pm 1:00pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017 Great Sporting Moments Great Sporting Moments Great Sporting
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am 10:30am 11:20am 11:55am	to Mandalay <b>Lo 2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street Scorpion Below Deck	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 12:55pm 2:05pm	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of Sherlock Holmes	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am 11:55am 12:50pm	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 6:25pm 9:00pm 11:00pm 1:25am	Top 20 Funniest	7:00am 8:50am 10:50am 1:00pm 3:20pm 5:15pm	Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort services. Suicide Squad	9:30am 10:30am 11:00am 12:00pm 1:00pm 1:30pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017 Great Sporting Moments
12:15am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm 5:00pm	Doctor in the House Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Masterpiece with Alan Titchmarsh	7:00am 7:10am 7:35am 8:20am 9:00am 9:30am 10:00am 10:30am 11:20am 11:55am 12:20pm	to Mandalay <b>Loc 2</b> The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres Show Emmerdale Coronation Street Coronation Street Coronation Street Scorpion Below Deck You've Been Framed! Who's Doing the	7:00am 7:25am 8:25am 9:25am 10:30am 11:00am 11:25am 11:55am 12:55pm 2:05pm 3:05pm 4:10pm	In Loving Memory Heartbeat Where the Heart is Wild at Heart Judge Judy Judge Judy Judge Judy Road to Avonlea The Return of Sherlock Holmes Heartbeat The Royal	1:10am 7:00am 7:10am 7:55am 8:45am 9:45am 10:50am 11:55am 12:50pm	Naked Attraction	4:10am 7:00am 8:35am 11:10am 1:10pm 2:55pm 4:25pm 4:25pm 6:25pm 9:00pm 11:00pm 11:25am 3:10am 5:00am	Top 20 Funniest	7:00am 8:50am 10:50am 1:00pm 3:20pm	CINEMA Throne of Elves The Book of Love Reckless A hotshot lawyer risks losing everything when he develops a growing addiction to escort services. Suicide Squad Lost in the Sun Throne of Elves	9:30am 10:30am 11:00am 12:00pm 1:00pm 1:30pm 1:45pm	Round Up PORTS 2 Cricket Classics Super League Fulltime 2017 Great Sporting Moments Sporting Heroes Super League Fulltime 2017 Great Sporting Moments Great Sporting Moments Great Sporting Moments
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II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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Beeone	BEGTWO		CHANNEL	CHANNEL 5	4	sky SPORTS 1
11:00am Homes Under the	7:00am Flog It!	8:00pm 100 Days +	7:45am Will and Grace	8:35am Noddy: Toyland	9:30am Rules of Engagement	7:00am Good Morning
Hammer	7:30am A1: Britain's Longest	8:30pm Great British Railway	8:10am Will and Grace	Detective	<b>10:00am</b> Melissa and Joey	Sports Fans
12:00pm A1: Britain's Longest	Road	Journeys	8:35am Everybody Loves	8:50am Paw Patrol	10:30am Melissa and Joey	10:00am Premier League 100
Road	8:15am The RHS Hampton	Documentary series	Raymond	9:05am Ben and Holly's Little	11:00am Baby Daddy	Club
12:45pm Close Calls: On	Court Palace Flower	in which Michael	9:00am Everybody Loves	Kingdom	11:30am Baby Daddy	<b>10:30am</b> Premier League 100
Camera	Show	Portillo travels the	Raymond	9:15am Digby Dragon	12:00pm How I Met Your	
1:15pm Bargain Hunt	9:00am Nature's Weirdest	<i>length and breadth of the country by</i>	9:35am Everybody Loves	9:30am Peppa Pig	Mother	11:00am The Premier League
2:00pm BBC News 2:30pm Regional News	Events 10:00am Victoria Derbyshire	train.	Raymond <b>10:05am</b> Frasier	9:50am Wissper 10:00am Wanda and the Alien	12:30pm How I Met Your Mother	Years 1:00pm Premier League
2:45pm Doctors	12:00pm BBC Newsroom Live	<b>9:00pm</b> Dreaming the	10:35am Frasier	<b>10:15am</b> The Wright Stuff	1:00pm New Girl	Legends
3:15pm !Mpossible	<b>1:00pm</b> The Daily Politics	Impossible: Unbuilt	11:05am Ramsay's Hotel Hell	12:15pm The Hotel Inspector	1:30pm New Girl	1:30pm Premier League
4:00pm Escape to the	2:00pm Lifeline	Britain	12:00pm A Place in the Sun	1:10pm 5 News Lunchtime	2:00pm Brooklyn Nine-Nine	Legends
Country	2:10pm Two Tribes	<b>10:00pm</b> Secrets of the Super	1:00pm Channel 4 News	1:15pm The Gadget Show	2:30pm Brooklyn Nine-Nine	2:00pm Premier League
4:45pm The RHS Hampton	2:40pm Coast	Elements	1:05pm Couples Come Dine	2:15pm Home and Away	<b>3:00pm</b> The Big Bang Theory	Legends
Court Palace Flower	3:15pm Red Rock	<b>11:00pm</b> Engineering Giants:	with Me	2:45pm Neighbours	<b>3:30pm</b> The Big Bang Theory	2:30pm Premier League
Show	4:00pm The Hairy Bikers' Best of British	Jumbo Jet Strip- Down	2:05pm Posh Pawnbrokers	3:15pm NCIS	4:00pm How I Met Your	Legends
5:30pm Put Your Money Where Your Mouth Is	4:45pm Coming Home: Tanni	<b>12:00am</b> Catching History's	3:10pm Countdown 4:00pm Fifteen to One	4:10pm Wall of Silence 6:00pm 5 News at 5	Mother 4:30pm How I Met Your	3:00pm Premier League Legends
6:15pm Pointless	Grey-Thompson	Criminals: The	<b>5:00pm</b> Coast v Country	6:30pm Neighbours	Mother	<b>3:30pm</b> Premier League
7:00pm BBC News	<b>5:15pm</b> Caribbean with	Forensics Story	<b>6:00pm</b> Four in a Bed	7:00pm Home and Away	5:00pm Brooklyn Nine-Nine	Legends
7:30pm Regional News	Simon Reeve	1:00am Gunpowder 5/11:	6:30pm Come Dine with Me	7:30pm 5 News Tonight	5:30pm Brooklyn Nine-Nine	4:00pm One2eleven
8:00pm The Andrew Neil	6:15pm Antiques Road Trip	The Greatest Terror	7:00pm The Simpsons	7:55pm Party Election	6:00pm New Girl	4:15pm One2eleven 2016/17
Interviews	7:00pm Debatable	Plot	7:30pm Hollyoaks	Broadcast on Behalf	6:30pm New Girl	4:30pm Premier League
8:30pm Fake Britain	7:45pm Celebrity Eggheads	2:00am Mud, Sweat and	8:00pm Channel 4 News	of the Conservative	7:00pm The Big Bang Theory	Legends
9:00pm Shop Well for Less	8:30pm Great British Menu 9:00pm The RHS Hampton	Tractors: The Story of Agriculture	8:55pm Party Election Broadcast	Party Palica Intercentors	7:30pm The Big Bang Theory	5:00pm Football's Greatest 5:30pm Football's Greatest
10:00pm The Met: Policing London	9:00pm The RHS Hampton Court Palace Flower	<b>3:00am</b> Time Shift	9:00pm How to Live	8:00pm Police Interceptors 9:00pm GPs: Behind Closed	8:00pm Hollyoaks 8:30pm The Goldbergs	5:30pm Football's Greatest 6:00pm Championship Rugby
11:00pm BBC News	Show	4:00am Secrets of the Super	Mortgage Free with	Doors	<b>9:00pm</b> The Big Bang Theory	Final 1st Leg
11:30pm Regional News	10:00pm Bake Off Crème de	Elements	Sarah Beeny	10:00pm Can't Pay? We'll Take	<b>9:30pm</b> The Big Bang Theory	8:30pm Live Championship
11:40pm Weather	la Crème		10:00pm The Trial	it Away!	10:00pm The 100	Rugby Final
<b>11:45pm</b> A Question of Sport	11:00pm White Gold		11:00pm Black Widow	11:00pm Undercover: Nailing	11:00pm Supernatural	11:00pm PL World: End of
<b>12:15am</b> Glasgow 1967: The	11:30pm Newsnight					
			12:05am 999: What's Your	the Fraudsters	<b>12:00am</b> The Big Bang Theory	Season Special
Lisbon Lions	12:10am Weather		12:05am 999: What's Your Emergency?	<b>12:05am</b> Autopsy	<b>12:30am</b> The Big Bang Theory	Season Special <b>12:00am</b> Football's Greatest
		itv3			5 5 ,	
Lisbon Lions	12:10am Weather		Emergency?	12:05am Autopsy	12:30am The Big Bang Theory	12:00am Football's Greatest
Lisbon Lions	12:10am Weather	Image: Constraint of the second system       7:00am       7:25am       Heartbeat	Emergency?	12:05am Autopsy Sity CINEMA Action CADVENTUR 1:10pm Warcraft	12:30am The Big Bang Theory	<b>12:00am</b> Football's Greatest
Lisbon Lions T:00am Good Morning	12:10am Weather	7:00am In Loving Memory	Emergency?	12:05am Autopsy	12:30am       The Big Bang Theory         Sky CINEMA         7:00am       Throne of Elves	12:00am Football's Greatest
Lisbon Lions         7:00am       Good Morning Britain         9:30am       Lorraine         10:25am       The Jeremy Kyle	12:10am Weather UCC 2 7:00am 7:10am 8:00am 8:20am The Hot Desk You've Been Framed! Below Deck The Ellen DeGeneres	7:00am In Loving Memory 7:25am Heartbeat 8:25am Where the Heart is 9:25am Wild at Heart	Emergency? Eby 4 7:00am 7:10am 7:55am 8:45am Emergency?	12:05am Autopsy Sity CINEMA Action CADVENTUR 1:10pm Warcraft	12:30am       The Big Bang Theory         Sky CINEMA         7:00am         8:45am         The Book of Love	12:00am Football's Greatest SKY SPORTS 2 7:00am 8:00am 9:00am Cricket Classics WWE Experience Cricket World Cup Classics
Iisbon Lions         7:00am       Good Morning         Britain         9:30am       Lorraine         10:25am       The Jeremy Kyle         Show	12:10am Weather 12:10am Weather 12:10am The Hot Desk 7:10am The Hot Desk You've Been Framed! 8:00am Below Deck 8:20am The Ellen DeGeneres Show	7:00am In Loving Memory 7:25am Heartbeat 8:25am Where the Heart is 9:25am Wild at Heart 10:25am Judge Judy	Emergency? Eby 4 Football Rivalries Ax Men Cash Cowboys B:45am 9:50am Ironside	12:05am Autopsy Sky CINEMA CONCAPTION 1:10pm Warcraft 3:15pm The Karate Kid, Part I 5:15pm Hitman: Agent 47 6:55pm In the Heart of the	12:30am The Big Bang Theory Sky CINEMA (CINEMA) Throne of Elves The Book of Love Lost in the Sun 12:40pm Guardians of the Galaxy 2: Special	12:00am Football's Greatest SIGN SPORTS 2 7:00am Cricket Classics 8:00am WWE Experience 9:00am Cricket World Cup Classics 10:00am Cricket Classics
T:00am Good Morning Britain 9:30am Lorraine 10:25am The Jeremy Kyle Show 11:30am This Morning	12:10am Weather 12:10am Weather 12:10am The Hot Desk 7:10am You've Been Framed! 8:00am Below Deck 8:20am The Ellen DeGeneres Show 9:00am Emmerdale	7:00am In Loving Memory 7:25am Heartbeat 8:25am Where the Heart is 9:25am Wild at Heart 10:25am Judge Judy 10:55am Judge Judy	Emergency? Ebc/4 7:00am 7:10am 7:55am 8:45am 9:50am 10:50am Kargency?	12:05am Autopsy Sky CINEMA Sky CINEMA Warcraft 1:10pm Warcraft The Karate Kid, Part I 5:15pm Hitman: Agent 47 In the Heart of the Sea	12:30am The Big Bang Theory Sky CINEMA 7:00am Throne of Elves 8:45am The Book of Love Lost in the Sun 12:40pm Guardians of the Galaxy 2: Special 1:10pm Suicide Squad	12:00am Football's Greatest SIGNESPORTS 2 7:00am Cricket Classics 8:00am WWE Experience 9:00am Cricket World Cup Classics 10:00am Cricket Classics 11:00am Great Sporting
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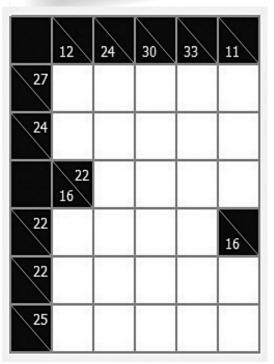
II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.



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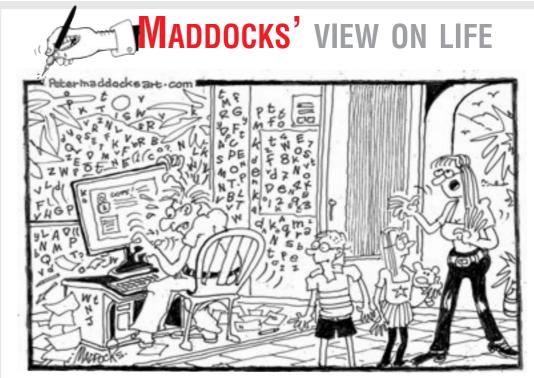


Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block



7 2 5

more than once.



#### 'DON'T BOTHER YOUR FATHER - HE IS HAVING A SEVERE CYBER ATTACK!.'

## Women's wit

Life is hard. After all, it kills you." Katharine Hepburn

**Famous quote** My definition of an intellectual is someone who can listen to the William Tell Overture without thinking of the Lone Ranger."

Billy Connolly, Comedian

# World of English

the farmer taught his sow to sow."

#### GEMINI I (May 22 - June 21)

The company is so interesting that you can hardly tear yourself away and new experiences are arriving every day. You could be forgiven for getting a little over-excited. When travel brings you face to face with a stranger, you find that a bit of information you hear has to be acted upon.

#### CANCER (June 22 - July 23)

Someone close gets a real stroke of luck this week and no doubt the benefits will rub off on you. It seems that some fortune will come your way by the end of the month and lead you to see a situation in quite a different light. Any travel should be left until the beginning of next month if possible because there are likely to be delays and irritations.

#### TAURUS X (April 21 - May 21)

902 123 309

The urge to get ahead at as fast a pace as possible is apparent this week. Some would say not before time. However, you know the art of choosing the moment and it has not been until now that you have felt the time was right. This is a truly expansive week and one in which your powers of imagination are given full rein. No wonder you are being admired.

## LEO $\mathcal{O}$

YOUR STARS FOR 7 DAYS

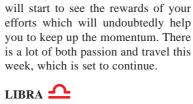
(July 24 - August 23)

Someone you have been holding at arm's length recently is insisting on getting closer. Charm and tact alone may not save the day, but enlisting the help of a friend could. Travel and career are well-aspected and, if you are expecting a financial windfall, you may have a bit longer to wait.

#### VIRGO

(August 24 - September 23)

The hard work you have been putting in recently has left you tired and, at



times, quite tetchy. This week you

#### (September 24 - October 23)

This is a highly sociable week, and you could meet some new faces that not only attract but inspire you. You are a social butterfly, and this brings out your Libran flutteriness. You will have to draw on all your powers of concentration to keep ahead of practical matters such as paperwork.

#### SCORPIO

(October 24 - November 22) You dominate the scene this week and no one is in any doubt about what you are aiming for. If you want to impress someone new to your circle, however, try a bit of cunning as opposed to brow-beating.

#### SAGITTARIUS 🗡

(November 23 - December 21) Communication and self-expression are what it's all about this week. Although you may feel that indulging yourself is in some ways selfish, you should realise that you are entitled to some fun.

#### CAPRICORN (December 22 - January 20)

The call of romance is strong but so is that of your business life. The two will clash to the detriment of each other if you do not plan ahead and pace yourself. Do not be at the beck and call of others when you need all your time and energy for yourself.

#### AQUARIUS 🔀

(January 21 - February 19)

Such is your popularity this week that you can be assured of success in many things. Remember that first impressions can be the most accurate and don't be tempted to make too many allowances for others.

#### PISCES **H** (February 20 - March 20)

For some time you have been trying to settle a certain matter. Although it is in your nature to get things out of the way quickly, this has not been possible. The chance to make progress this week is welcome but be sure that all is not what it seems.

#### ARIES Y

(March 21 - April 20)

A friend of long standing comes up with some bright ideas to get you out of a tricky situation. Don't be surprised. You have for a long time now underestimated their worth. Your friend will be surprised when you show your gratitude in an immediate and physical way, but if there is anything better than finding a new friend it is finding an old friend has hidden talents.

	UK NATIONAL Lottery	IRISH LOTTO	EURO M	ILLIONS	LA PRIMITIVA	EL GORDO DE La primitiva
ERY	٢	National Lottery		SND.		
Hin 1	Saturday May 13	Saturday May 13	Tuesday May 09	Friday May 12	Saturday May 13	Sunday May 14
	(7) (14)	(4) (16)	(8)	2	3 9	(13)
0T	(15) (21)	33 39	(16) (12)	28	28) (29)	24
	23 57	43 47	(26)	(44) (29)	(41) (42)	(45) (25)
	BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	REINTEGRO
	52)	(19)	6 7	3 9	6 5	(8)

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# Hexagram

ABLATE	NOTICE
BARRED	REGION
CHEESE	RELIEF
CHISEL	RUSTIC
ENTIRE	SPECIE
FIGURE	STYLED (10)
GEYSER	TISSUE
GIBBET	TITLED
INHERE	WIDGET
INSTEP	

# This week in history

1804 - Napolean became Emperor of

1844 - Inventor Samuel Morse sent the first official telegraph message from the Capitol building in Washington DC to Baltimore

1920 - Pope John Paul II was born in Poland.

1932 – Amelia Earhart became the first woman to fly solo across the Atlantic. 1944 - A group of German army officers tried to assassinate Adolf Hitler by ex-

ploding a bomb in his headquarters durng a staff meeting. 1950 – Two people were killed when a tornado swept across southern England.

1955 - Prime Minister Anthony Eden participated in the first televised election programme for the Conservative party. 1964 – Four people were jailed and 36

fined after mods and rockers clashed across the south coast of England. 1965 - British police were issued with tear gas guns and grenades to be used against armed or dangerous criminals.  $1966-{\hbox{British}}\ {\hbox{boxer Henry Cooper failed}}$ to retain the world heavyweight champi-

onship having been beat in the sixth round by Mohammed Ali. 1978 - Charlie Chaplin's body was found

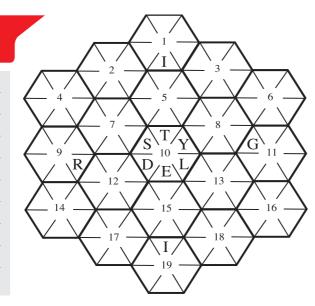
having been missing for 11 weeks after two men dug up his grave.

1981 - Peter Sutcliffe, the Yorkshire Rip per, was sentenced to life in jail at the Old Bailey, for the murder of 13 prostitutes and attempted murder of a further seven. 1991 - Helen Sharman became the first British astronaut to go into space on board the Soviet Sovuz TM-12 space capsule

1994 - Jacqueline Kennedy Onassis, former US First Lady, died from non-Hodgkin lymphoma at the age of 64. 1997 - The Labour Government an-

nounced that tobacco sponsorship of sports events was to be outlawed. 1999 - Lawrence Dallaglio resigned as

England's rugby union captain after it was alleged he been taking and dealing drugs



902 123 309

Alicante

Fri -

Sat -23

Sun - 24

Mon - 94

**Tues -** 25

Wed - 25

Almeria

Fri -25

Sat -26

Sun - 27

Mon - 95

**Tues -** 25

Wed - 26

Barcelona

20

20

Fri -

Sat -

Sun - 20

Mon - 21

**Tues** - 21

Wed - 21

**Benidorm** 

Sat - 23

Sun - 23

**Mon -** 23

**Tues -** 24

Wed - 96

23

Fri -

**TODAY:** MAX 25, MIN 17-S

16

17

16

16

17

17

16

18

17

17

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18

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17

TODAY: MAX 26, MIN 16 - 5

TODAY: MAX 21, MIN 15 - S

TODAY: MAX 26, MIN 17 - S

S

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23

The purpose of the Hexagram puzzle is to place the 19 sixletter words into the 19 cells. The letters at the edges of interlocking cells MUST BE THE SAME. The letters in the words must be written CLOCKWISE The word in cell 10 (STYLED) and one letter in four other cells are given as clues.

#### LAST WEEK'S SOLUTION

1 Dragon 2 Strain 3 Teeing 4 Arouse 5 Poison 6 Hereby 7 Notice 8 Umpire 9 Funnel 10 Combat 11 Feeble 12 Netted 13 Buffet 14 Raised 15 Estate 16 Fecund 17 Ogress 18 Indeed 19 Erased.

weather

Bilbao

Fri -

Sat -18

**Sun -** 20

Mon - 90

**Tues -** 20

Wed - 22

Madrid

Fri -24

Sat -26

Sun - 27

Mon - 98

**Tues -** 27

Wed - 29

Malaga

Fri -

Sat -

Sun - 25

Mon - 26

**Tues -** 26

Wed - 27

Mallorca

Sat - 24

Sun - 94

Mon - 95

**Tues -** 26

Wed - 96

Euro Weekly News strives for accuracy, but cannot be held

responsible for the accuracy of published forecasts

23

Fri -

TODAY: MAX 14, MIN 9 - SH

10

8

10

10

11

12

TODAY: MAX 22, MIN 8 - C

8

11

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13

14

13

14

14

TODAY: MAX 27 MIN 15 - S

TODAY: MAX 30, MIN 15 - S

25

25

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S

15

## Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unl ss the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case D) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.



TARGET: Average: 13 • Good: 19 • Very good: 27 • Excellent: 34

#### LAST WEEK'S SOLUTION

ergo gale game gaol gear germ girl giro glam glom goal goer gore gram grim loge mage magi mega ogle ogre rage agile amigo gamer gimel glare gleam gloam golem goral grail grime image imago lager large largo liger logia marge ogler omega regal rigor galore gamier gaoler glamor goalie gorier imager larger maigre milage mirage armiger RIGMAROLE

# **NEW ON DVD**

### Passengers

Directed by: Morten Tyldum Starring: Jennifer Lawrence, Chris Pratt, Michael Sheen, Laurence Fishburne



Aurora and Jim are passengers on a spaceship

which is taking them on a 120-year journey to another planet. For reasons unknown the hibernation pods they are travelling in malfunction 90 years before they are due to arrive at the new planet leaving them facing the probability of having to spend the rest of their lives on board. When they try to find out what has happened they realise that the entire spaceship is in danger putting all of the other 5,000 sleeping passengers' lives in peril. Jim and Aurora are the only hope of saving the spaceship and everyone onboard.

S: Sun Cl: Clear F: Fog C: Cloudy

Don't let the banks cash

in on your international

money transfers

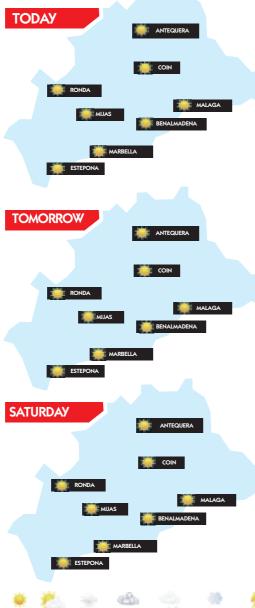
## Save time and money by sending your international money transfers the easy way and benefit from:

Consistent bank beating exchange rates online or over the phone.

- Fixed exchange rates for regular transfers.
- Save money when buying or selling property in Spain.



# **Costa del Sol**



Sh: Showers Sn: Snow Th: Thunde

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### 18 - 24 May 2017 / Costa del Sol EWN 81

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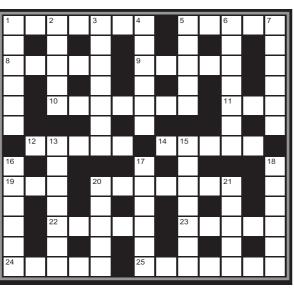
# Crossword

## Crvptic

Across 1 Cannot find a volunteer for a piece of music (7) 5 Soothes a hundred with charity (5) 8 Met to compose a song (5) 9 Excalibur manufactured in the country (5) 10 Stupid point employed in an argument (7) 11/19 Chase after a pooch for its identity disc (3,3) 12 Virginia allowed a manservant (5) **14** March about for a spell (5) 19 See 11 20 Robert's musical wild animals (7) 22 Bit of grass for a dashing fellow (5) 23 Golf shot with determination (5) 24 Rub tea with iron (5) 25 Hill split by heavy rain (7)

#### Down

1 Set up tents on the US university grounds (6) 2 No Middle Eastern journalist is mentioned (5) 3 The performer is surprisingly tastier (7) 4 Henry leaves port for a shady spot (6) **5** Denounce phoney cures (5) 6 Learned about hero worshipper (7) 7 Mean fraud ending anyway (6) 13 Garble a new form of mathematics (7)



LOVE YOUR CAR?

902 123 309

15 Miser finds it more difficult to keep nothing hidden (7) 16 Motionless atmospherics (6)

17 Complain about the article (6)

page

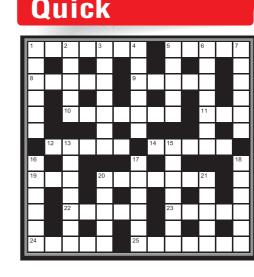
18 It protects an inventor's rights, that's obvious (6) 20 Introduction to book by mere poet (5)

21 Pier's curious steeple (5)

## **Code Breaker**

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 7 represents Z and 10 represents P, so fill in Z every time the figure 7 appears and P every time the figure 10 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control arid.

														CONTROL
16		2		22		6		24		14		2		3
10 <sup>4</sup>	4	11	17	21	24	4		23	11	9	16	11	11	9
14		21		3		14		10		24		21		26
4	24	21	12	25	24	19		21	14	13	3	24	3	4
14		14			1	18		11		3		16		3
26	4	24	12	2	20	24	4	8		12	26	21	12	16
				20				24		21		12		26
19 :	24	2	1	14	9	18		4	12	14	21	17	12	8
14		3		23		4				26				
16 3	26	4	12	10 P		24	9	5	11	8	12	6	21	24
26		26		12		24		12			.11	24		21
12	18	12	14	9	16	26		2	11	23	10	12	4	24
9		14		<sup>7</sup> Z		14		1		12		1		15
2	12	9	26	24	24	9		12	3	16	26	24	4	24
24		16		24		18		21	· · · · ·	20		4		9
													_	-
1	2	3	4	5	5	6	<sup>7</sup> Z	8	9	10	P	11	12	13
14	15	16	17	1	8	19	20	21	22	23		24	25	26



declamatory manner (5)

Down Across 1 Grave (7) 1 Regular payment (6) 5 Small fragment (5) 2 Talks in a noisy, excited or 8 Connections (5) 9 Regulations (5) 3 Make less visible or unclear (7) 10 Amazed (7) 4 Tough (6) 11 Be in debt to (3) 5 Firm (5) 6 Give or bring back (7) 12 Command (5) 14 Threaded metal fastener (5) 7 Treat with excessive indulgence (6) 13 Fundamental (7) 19 Put on (3) 20 Applicable to an entire class or group 15 Of or relating to the heart (7) (7) 16 Widely known and esteemed (6) 22 Nearby (5) 17 If not, except when (6) 23 Vacuous (5) 18 Surfeit (6) 24 Ludicrous, foolish (5) 20 State of high honour (5) 25 Triumph (7) 21 Desire intensely (5)

Enjoy filling in the following puzzles and check the answers

in next week's edition

## English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.

Down

1 Cerveza (4)

5 In love (9)

6 Poseer (3)

7 Llegadas (8)

10 Pineapple (4)

11 Brazo (de persona) (3)

2 Cacerolas (9)

3 To climb up (8)

- Across 1 To be enough (6) 4 Dry (4)
- 8 Incierto (9) 9 Twenty-two (9) **11** Housewife (3,2,4)
- 12 Mass (religious) (4)
- 13 Broom (brush) (6)

## LAST WEEK'S SOLUTIONS

#### **CRYPTIC**

#### Across:

1 Bellows, 5 Basis, 8 Nears, 9 Rampage, 10 Extreme, 11 Salon, 12 Shaken, 14 Debris, 18 Ditch, 20 Enlarge, 22 Instant, 23 Posed, 24 Sinus, 25 Spenser.

#### Down:

1 Banners, 2 Leapt, 3 Obscene, 4 Sorrel, 5 Bumps, 6 Stapler, 7 Stern, 13 Artisan, 15 Eclipse, 16 Slender, 17 Berths, 18 Drips, 19 Heads, 21 Rests.

#### QUICK

#### Across:

1 Pyjamas, 5 Begin, 8 Tries, 9 Provide, 10 Hostile, 11 Kings, 12 Relief, 14 Seldom, 18 Smart, 20 Enemies, 22 Imitate 23 Above, 24 Signs, 25 Satisfy.

#### Down:

1 Pitcher, 2 Joins, 3 Massive, 4 Supper, 5 Block, 6 Grinned, 7 Needs, 13 Leaving, 15 Elegant, 16 Mystery, 17 Recess, 18 Spins, 19 Tears, 21 Irons

#### **ENGLISH-SPANISH**

1 Newspapers, 7 Estanco, 9/8 Bath mat. 10 Orar. 13 Asa. 14 Plancha. 15 Delantales.

#### Down:

2 Estatua, 3 Sand, 4 Amor, 5 Saturday, 6 Keyboard, 8 Miracle, 11 Open, 12 Baya.

#### CODE BREAKER





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# **Biggest soap opera storylines**

902 123 309 the direct

Sound: **Stories of Hearing Lost** and Found

BOOKS

# Sou Bella Bathurst

By Bella Bathurst

THE author, Bella Bathurst, reveals her own story and experience of losing her hearing after she started going deaf in 1997 and then gradually lost her hearing until she became completely deaf.

She also tells stories of other people which she found out about when investigating her own deafness providing a fascinating insight into what it is like for people who have lost their hearing such as musicians, soldiers and factory workers.

Even more fascinating Bella also shares her experience of what it is like to get your hearing back which is what happened to her after being deaf for 12 years. A humbling real life story of how the reality of deafness can lead to exclusion

ooks@euroweeklynews.com

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths

involved. You solve the puzzle with reasoning and logic.

#### THE vote opened this week for the British Soap Opera Awards 2017 which take place next month. This got us thinking about some of the most gripping storylines they have covered over the years which have had us glued to our favourite soaps. Here's a look at some of the biggest.

#### 1. Ménage à trois

Coronation Street's Deirdre Barlow love triangle with husband Ken and Mike Baldwin, with whom she had been having an affair, had the nation gripped. Having confessed to Ken and eventually decided that it was him she wanted to be with Deidre ended her relationship with Mike Baldwin. The episode which ended with her slamming the door in Mike's face is one of the highest-rated episodes in the soap's history.

#### 2. That kiss

In 1984 actresses Anna Friel and Nicola Stephenson were at the centre of a controversial storyline in Brookside in which their characters Beth Jordach and Margaret Clemence shared an on screen lesbian kiss. Although not the first lesbian kiss to be shown on TV it was the first to have been shown before the 9pm watershed.

#### 3. HIV positive

Following a government request to 'spread the word' about HIV, in 1991 Eastenders became the first soap to introduce an HIV positive character, Mark Fowler. The storyline followed Mark's 13-year journey as he revealed his HIV positive status, struggled to come to terms with

this and battled against stigma and discrimina-

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.

 No letter may be used more than once within a single word, unless it appears twice.

8

2

7

3

6

2

8

3

3

No vulgarities or proper nouns are permitted.



LOVE TRIANGLE: Between Deirdre and Ken Barlow and Mike Baldwin.

tion. The show was praised for raising awareness and its handling of the issue.

#### 4. Teenage pregnancy

In a bid to try and highlight the risks of teenage pregnancy Coronation Street ran with a storyline which saw Sarah-Louise Platt discover she was pregnant just after her 13th birthday and give birth four months later. It did receive some criticism that it possibly glamourised the idea, however it was mainly praised for how it handled the sensitive subject.

#### A plane disaster

Back in December 1993 Emmerdale caused controversy when it featured its 'Beckindale Air Disaster' storyline when an aeroplane crashed into the village. It resulted in viewers complain-

D

F

R

6. Dying to be thin The subject of eating disorders such as bulimia nervosa or anorexia nervosa have been portrayed on TV however Hollyoaks became the soap to feature a character's death from the illness. Emma Rigby won Best Actress at the 2008

2010 episode.

#### Crossing the boundary

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F

Coronation Street became the first soap ever to feature a transgender character when in 1998

British Soap Awards for her portrayal of the

ing to ITV as the story resembled and aired very

close to the fifth anniversary of the Lockerbie

disaster. It did however bring them their highest-

ever viewing figures of 18 million.

- Average: 18
- Good: 25
- Very good: 35
- Excellent: 46

#### LAST WEEK'S SOLUTION

dodo dope hoed hope foible ivied edible void voided vied vide video vibe viol tipi wipe died diode dipole diet doeth dole idol pied pity poet pole peel phat bide bided bode boded bodied bole bleep beep beet epode heel hate lode lope lobe elope tepid thee

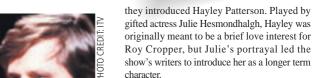
	3				Word Ladder
			5		CAST Move from the start word (CAST) to the end word (BELL) in
1		_			the same number of steps as there are rungs on the Word
9		5	7		Ladder. You must only change one letter at a time.
2			4		OL
		2			BELL BELT BEST BEST
	8		9	6	(VEST) PELL LEST PELL (VEST) BELL
		7			BELT T 2A3 TSA3 TSA3 TSA3 TSA3 TSA3 TSA3 TSA3 TS

# 6 8 9

LAST WEEK'S SOLUTION

1	3	5	9	6	4	8	2	7
2	7	4	3	8	5	1	9	6
9	6	8	7	1	2	3	4	5
8	9	1	2	5	6	7	-	4
6	4	3	8	7	9	2	5	1
7	5	2	1	4	3	6	8	9
4	1	9	6	2	8	5	7	3
3	2	6	5	9	7	4	1	8
5	8	7	4	3	1	9	6	2





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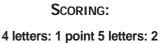


On March 2, 2001 Eastenders aired the episode which saw Phil Mitchell shot outside his home. In the weeks that followed fans were left wondering who the culprit was. An estimated 22 million viewers tuned in almost five weeks later to find out that it was Phil's ex-girlfirend Lisa Shaw who had pulled the trigger.

#### 9. An incestuous affair

Brookside's shocking storyline in 1996 was the incestuous relationship between Nat and Georgia who were brother and sister. The viewing public felt that the soap had gone too far and complained to the ITC which resulted in Channel 4 having to apologise to viewers and admit that they had got it wrong. The characters were swiftly written out of the show but it's slow demise had already begun.

Another highly controversial storyline for Coronation Street and its character Hayley who, having been diagnosed with terminal cancer, committed suicide by drinking a lethal cocktail. Critics claimed it did nothing for the 'right to die' debate however it was mainly received well and the producers worked with the Samaritans who were on standby to deal with calls from



points 6 letters: 3 points 7

letters: 5 points 8 or more

letters: 11 points

**TARGET:** 

10. Time to go

character Hannah Ashworth who 'died' in a viewers affected by the issue.





# **LETTERS YOUR PAPER - YOUR VOICE - YOUR OPINION**

Letters for Your Say should be emailed to yoursay@euroweeklynews.com or make your comments straight on our website: www.euroweeklynews.com

laughing stock, who like Trump,

can't get anything through to legis-

late. Hammond controlling the dosh,

Amber Rudd doing such a bad job

Justine Greening who just seems

to go through life avoiding the

schools problem and the main con-

cern of teachers. Where is she, if

Gung Ho (I am right so listen)

Davis, and finally Hunt for the

NHS. They want it privatised, end of

story, they can paper over it any

which way but like, electricity, gas,

postal services it's PROFIT for the

So to all first time 18-year-old

voters there's another slant on Leapy

and his over excessive right wing

rants (please start using another

Regards Philip

San Fulgencio

spotted please take a picture.

few!!!

name.).

with the prison service.

# **Driven to distraction**

WHEN are drivers in Spain going to stop tail-gating (following the car in front so closely)?

I spend part of every summer enjoying the weather in Spain rather than coping with the more drab surrounds of Suffolk in the UK where I live for the rest of the year.

But I feel that I take my life in my own hands, especially when using the motorways, especially during rush hours.

No sooner do I try to adhere to the speed limits than I find someone approaching from behind, flashing their lights, or tooting their horns, wanting to pass... even though I am driving at the top speed limit legally allowed.

If I try to ignore them, many then try passing on the inside!

Not all the offenders are Spanish, but a great number of them appear to be. The majority are good drivers, but the motorways of Spain are not racetracks, and should not be treated as such.

> M Chetter, Almeria

## Young voters

THE voting age of 18 years is fine as it is Loopy. It's immaterial that voters of that age don't remember Labour coming in to power.

They are no doubt sick to the back teeth of listening to their parents moaning about My Team May, (My God, so 90's), Cringe-Worthy Cambo and the infamous ConDems before them.

Diane Abbott is not my cup of tea, but look at this lot in power.

Mr Johnson, bumbling Boris, a

>> Photographs for possible publication should be sent by email with a full caption to: photonews@euroweeklynews.com

SIR, Your columnist Nora Johnson and the reader who wrote to letters (*Issue No 1660*) seem to relish our departure from the EU and applaud the PM for calling a snap election. I write to point out the disastrous decision of my countrymen who voted last June in favour of an exit.

We import half our food, so look forward to the doubling of the cost of living, hundreds more food banks, loss of financial services and tariffs imposed on British goods thus reducing our foreign earnings. Expect to see further weakening of sterling and the cost of a family holiday increase by about 25 per cent that does not take into account any cost imposed via travel visas... that alone might add £40 to the family of four budget.

By the way, fewer treats for Mum and Dad, back to one bottle of spirits and 200 cigarettes to bring home from holiday.

# Heading for cliff

And Market Listening?

#### DISASTROUS DECISION: Voting for an exit.

The anti-Europeans in the Conservative party have in my opinion committed a treasonable act... they begged to be allowed to join the single market saying Britain will be more prosperous and 40 years of free trade later convinced the public we would be prosperous if we left.

The reason we are less prosperous in 2017 than we were in say 2009 is solely due to a Government that has imposed austerity on us all. The tax rate is the highest it has ever been and benefit cuts have plugged deficit holes in the budget. The national debt is approaching £2 trillion; it was £1 trillion in 2010.

My apologies for a lengthy communication ....but I feel people should know we are heading over a cliff.

John Berry, Essex

#### HAVE YOUR SAY

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited.

Readers who have missed earlier correspondence can see all letters posted on: www.euroweeklynews.com

## COMMENTS from EWN Online

#### >> Brits arrested for assaulting police

Disgusting behaviour that makes me ashamed of my British countrymen ...

sue bysouth

Good, about time these eejits got a taste of their own medicine

John Richardson

# » Three dead after drunk driver hits cyclists

For God's sake ... why only manslaughter? Why not MURDER?

If 'murder' became the obligatory charge for killing-with-a-motorcar it might at least deter a few people from driving when drunk.

And what about the bar owner who allowed this woman to get in her car and drive away on her killing spree?

As a Brit I very much liked Copenhagen a few years ago - and possibly still today: bar owners and their staff were BY LAW required to ascertain who, in a group, would be the intended driver at the end of an evening ... and would allow them only two alcoholic drinks - and then only coffee or soft-drinks after that. And a would-be driver on his/her own who had been drinking would be asked for their car-keys and sent home by taxi. Everyone seemed to accept all this ... and in fact seemed much, much happier for such carefulness.

But in Spain today, I suppose, it would very likely be viewed as interfering with a barkeeper's trading rights! Oh my!

John

### » Leaking of conversation was a mistake. Juncker and May

Fairly much everything that Junker is involved in is a serious mistake, shame he just couldn't face up to this as he has fumbled through his unelected job position with the EU!

Mike in ESP

### » Blue flags for Spain's beaches

We are very happy to read the great news about having the clearest beaches in the Comunidad Valenciana BUT do you know that in this Comunidad people burn in the open air like their ancestors did when hardly anyone was living on this coast! Some days the air is unbreathable in some areas especially when they burn plastic and other things mixed in the green waste! It's even worse when they burn during temperature inversion and the smoke cannot escape because of low clouds of humidity!

Why don't they recycle, make compost etc... it would create jobs, give us cleaner air, respect our planet and our health.

Maybe the name Costa BLANCA comes from WHITE smoke??!!

Thank you for making people aware of this problem because they need the tourists, the expats for their economy so why don't we send letters to the Medio Ambiente of the Comunidad Valenciana asking them to prohibit these fires like they already have in other Comunidades and recommended by the GObierno de España and the European Common Market.

Berger Micheline

The beaches I normally go to west of Malaga should get a big brown flag - judging by the amount of raw sewage you see floating around.

David

### » Banksy against Brexit

A mural that size could hardly have been done in secret since it would have needed scaffolding which is what that 'worker' should be using. Health and safety would have a lot to say about that.

Alan Bowman

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## **BEST GUIDE TO LOCAL NEWS**

## © EWN MEDIA GROUP



### Commemorative pin

■ THE Gibraltar Heritage Trust has produced a limited edition pin badge to commemorate the 50th anniversary of the Sovereignty Referendum. The design of the badge reflects the original rosettes issued to voters at the time and is particularly apt in view of the current Brexit discussions. Badges may be obtained from the Heritage Trust shop whilst stocks last.

### Eastern Beach

■ ALTHOUGH work was delayed due to severe storms, the laying of walkways at Eastern Beach has now resumed and will be completed shortly. The additional work on the southern access stairs and ramps from the beach wall is also progressing well and by June 15 all remaining work on the beach will be completed in time for summer.

## Self-determination

■ LABOUR MEP Claire Moody who represents the interests of Gibraltar in the European Parliament has welcomed her party's support for the Rock. As part of its General Election manifesto, Labour has confirmed its support for the right of self-determination for Gibraltarians and the MEP has urged the next British government to safeguard the sovereignty of the Territory.

# Newcastle Building Society to close

#### By John Smith

AFTER 27 years in Gibraltar and with total assets of £3.6 billion, the Newcastle Building Society will be closing its branch on the Rock on October 31.

Although this decision has been made as part of an 18-month review of the Society's business strategy, it appears to have come out of the blue as far as the people and government of Gibraltar are concerned.

The government was advised of the decision in a phone call from a director of the Building Society at the same time that a press release was issued and was not invited to discuss the matter, simply being presented with a fait accompli.

Whilst not as dramatic as the closure of Barclays Bank retail operation in Gibraltar, which took several years to be put into effect, this is without



CLOSING DOWN: The Newcastle Building Society's office in Newcastle.

question very short notice and reduces the options of locals who have invested money in the Building Society.

Not everyone wants to place all their eggs in one basket so many Gibraltarians have not placed all of their savings in the newly formed Gibraltar International Bank, but with NatWest refusing to take on a large volume of new customers after Barclays and Jyske Bank charging relatively high fees the options are shrinking.

Apart from savings, some people have mortgages with Newcastle which will supposedly continue, but could well change over time and the eight local staff who are employed in the branch will also be out of work.

Whilst government will endeavour to extend the date for closure it notes that the decision has not been reached because of any failure in Gibraltar.

# Festival of Food

OCEAN VILLAGE is preparing for its first twoday culinary festival on May 20 and 21 with plenty of culinary treats.

There will be 10 local restaurants taking part with live cooking demonstrations and a range of cuisine from all over the world plus an appearance by the 2017 Miss Gibraltar contestants.

Each day sees a number of market stalls offering a range of treats on the promenade and the cooking demonstrations start at 11.20am.

There is also a two-week Tapas Route and all who complete passports can be entered into a prize draw with a hotel stay and restaurant vouchers as prizes. PERHAPS not as excitingly named as the Boris Bike, 105 of the new Balban Bikes are hitting the streets of Gibraltar.

This public bike hire scheme, launched by Minister for Infrastructure and Planning, Paul Balban is intended to provide easy access to bicycles and therefore encourage cycling as a viable, healthy and environmentally sustainable alternative mode of transport.

Initially there will be 105 Redbikes produced by the company hourbike and sponsored by GibOil and they will be housed in 120 docking points spread over 13 locations throughout Gibraltar from the airport to New Mole House.

The scheme will be operational on a 24-hour basis so the bicycles incorporate lights specifically for this purpose



Forget the car and take a bike

ON YOUR BIKE: Minister Balban launches the new scheme.

and they are also fitted with a carrier, a bicycle locking device, a bell and a protected driveshaft propulsion mechanism to reduce potential mechanical problems.

An interactive map of docking station locations, together with registration information can be easily accessed on the scheme's website *www.red ibike.gi*.

The website also allows users to see how many bicycles are available at each docking station and how many free docks are available to return bicycles and for regular users, there is also an App available for Android and iOS systems from the respective App stores.

The intention is that locals and commuters alike will take up this initiative, enthusiastically, as a viable alternative to the car.



#### DEPRESSION: There are things you can do yourself to help boost your mood.

# Boosting your mood simply and easily

DESPITE the seemingly endless sunshine, sand and sangria lifestyle we can benefit from by living in Spain, everyone feels down from time to time, no matter how much the sun shines. Whilst it is a natural part of life, sometimes these feelings can get stronger and last longer, leading to more serious bouts of depression. It can be difficult for people to accept that they are

depressed, and studies have shown that many people, especially men, will try and hide their symptoms rather than address their feelings.

More serious symptoms of depression can be continual feelings of sadness, guilt, worthlessness and fatigue as well as weight loss, persistent aches or pains and insomnia and anyone suffering from these should seek medical advice, but there are things you can do yourself to help boost your mood.

Go for a walk. Numerous research has been done over the years which shows that exercise can lift your mood. Even just a short walk outside in the fresh air can make you feel more positive.

Get some light. Natural, outdoor light not only helps regulate the body's rhythm which aids sleep, it also provides vitamin D. Without enough vitamin D in the body it can lead to feelings of tiredness and depression.

No more sugar. Although the sugar rush from chocolate and sweets can give us an immediate mood boost, this can also lead to a later crash and low blood sugar can contribute to feeling down which then leads to a vicious cycle as it can make you crave sweet snacks.

St John's Wort. This traditional herbal remedy has been used for centuries to lift mood and some studies have shown in people with mild to moderate depression it is just as effective as anti-depressants.

Try yoga. Weekly yoga classes have been shown to reduce depression in the largest study of its kind, with symptoms being reduced by half. However, the US researchers said the biggest results were seen after six months of classes, so it is maybe not a quick fix.

Just because we grow older doesn't mean that we have to feel older. Unfortunately, sometimes our skin finds it difficult keeping up with the lively, energetic person we might be on the inside.

Botox eliminates all the dynamic wrinkles on the forehead, frown lines and around the eyes, producing a lifting effect of your eyebrows, leaving your face wrinkle-free but with a natural, younger and fresher look, not only because we use the best products on the market, but also due to the technique 'Arques Natural Expression', known for its completely natural results.

#### Vampire Faceliff /PRP

As we age, our skin produces less collagen and eventually loses its elasticity and youthful appearance. The revolutionary Platelet Rich Plasma (PRP) therapy harnesses the existing power of your own body to help healing and improving the look and feel of your skin.

The platelets in our blood are responsible for healing any damage to our skin. They have an ability to stimulate cell growth and regenerate tissue which, when used in PRP, can also help to promote the collagen in your skin to grow.

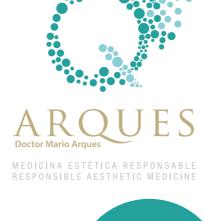
First, a small amount of blood is drawn from your arm and spun in a centrifuge until the red blood cells separate from the platelets and plasma. The platelet-rich plasma is then injected back into your troublesome areas to help soften, smooth and tighten your skin.

You may start to notice a significant difference in the texture and tone of your skin in just a few weeks, as your skin begins to start producing more collagen.

It can naturally improve the appearance of fine lines, wrinkles, sun damage and skin that looks dull and tired. It can rejuvenate your face, neck, hands, and other body areas giving the skin a more radiant, fresher and youthful look. It can also be used to improve the appearance of scars and stretch marks, as well as to stimulate hair growth.

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# Get children gardening

GARDENING could be the perfect way to help your child stay slim.

The claim is made by researchers from the University of California in America who found that teaching your child how to garden could help them stay healthier.

The team studied the impact of gardening lessons of children aged nine to 10 years old at four schools across the state of California. They looked at 230 children who did gardening and 179 who did not, over the course of the school year. As part of the classes they grew their own vegetables which were then used in cooking demonstrations and served in the school canteen.

Those in the gardening group saw their BMI (Body Mass Index) rate decrease in children who were slightly overweight, showing that the messages in gardening their own healthy produce was having a positive effect on their health and helped them to lose weight by teaching them more about healthy foods. The actual physical activity of gardening was also a factor in reducing weight.

If your child's school does not offer gardening as an option, try and get your child outside at home and enjoy the benefits for yourself also.

Gardening is seen as a moderate intensity level activity and according to the CDC Centres for Disease Control and Prevention, around 2.5 hours of gardening a week can help reduce the risk of obesity, high blood pressure, heart disease, stroke and osteoporosis. DICTON

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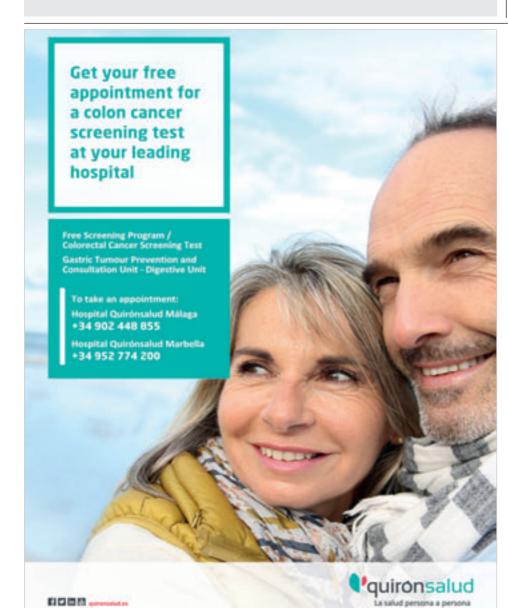
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# The three secrets to stopping knee pain



THE three S's of a 'happy' knee: 1. No Swelling

- 2. Straight
- 3. Strong

If you have knee pain, focusing on these three points will make an enormous difference. Before Surgery

Most of us are aware of the need for rehab after surgery. But there is increasing research to suggest that to get the best results from surgery you need to do some work before surgery too.

an American surgeon who pioneered the ACL reconstructive techniques. He has also developed the Accelerated ACL Reconstruction Rehabilitation Protocol. Using this Protocol his patients returned to full, daily activities at four weeks after surgery! And back to sport at eight weeks after surgery! In comparison normal ACL recov-

ery talks in terms of months. What makes his process so different? Before surgery the three S's must be met. And you work with a physio to achieve that before your surgery is booked.

After surgery If you've had surgery these three points become even more important. In fact, they are the

Dr Donald K Shelbourne is entire focus of your recovery.

And it needs to start the first day after your surgery. The longer you wait the more the muscles waste and the harder it is to get right.

You need to be using crutches properly, doing your exercises and using ice and other techniques to bring the swelling down

Why is straight important?

If you aren't straightening your leg correctly you aren't using your foot, ankle, knee or hip correctly. You have a limp and this can cause back pain as well. If you've got lower back pain that isn't responding to treatment, it might be your knee that's causing the problem!

If you don't get a full range of motion in the knee,

1. The joint position is not correct which speeds up cartilage damage.

2. The quadriceps muscles lose 'control' of the knee.

3. Ligaments don't work properly

4. The hamstrings are no longer stretched correctly. 5. Puts incorrect pressure on

your foot causing ankle and toes problems.

What to do? Get that knee straight and strong with no swelling!

For more information, including exercises and videos please check out our blog www.TheBodyworksClinic.co m/blog, our Facebook page, The Bodyworks Clinic or call us on 952 883 151

Ask The Brought to you by Doctor HELICOPTEROS

## **Eczema treatment**



SPECIALIST: Doctor Luis Perez Belmonte.

#### What is eczema?

Eczema is a prolonged chronic skin disorder that consists of pruritic and scaly eruptions.

What are its symptoms? The changes in the skin's condition can include: Blisters that burst and form scabs, dry skin all over the body or bumps on the backs of your arms, bleeding from your eyes and itchy raw skin.

Other symptoms include changes in skin colour, reddening of skin or inflammation around blisters from scratching or prolonged irritation.

#### What causes it?

Atopic dermatitis is a skin reaction. People with the condition can be more sensitive due to their skin missing certain proteins that form a protective barrier against water. It is most common in babies and can even start in two-six-montholds.

Most people overcome the condition as they enter their adult stages.

People who have atopic dermatitis also tend to suffer from asthma or hay fever. The condition can run in fam-

ilies and often develops alongside asthma and hay fever. People with it often test positive on skin allergy tests, however this dermatitis is not caused by allergies.

#### How can it be treated?

Atopic Eczema can be treated, however there's currently no cure for the condition. By trying not to scratch your skin, avoiding materials such as wool, certain detergents and using moisturising treatments daily it is possible to reduce the chance of breakouts.

The dermatitis can also be treated with anti-inflammatory creams such as corticosteroids, antihistamines for severe itching and more powerful treatments which can be offered by skin specialists.

#### Can you prevent it? How?

Children that are breastfed until they are four months old have a decreased chance of developing the atopic dermatitis. Otherwise baby formula which contains proteins from processed cow milk also decreases the chances of developing the condition.

If you have any questions for Dr Perez Belmonte, please send them to: jefemedico @helicopterossanitarios.com

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# Au naturale

ARE women turning their backs on a more made-up appearance in favouring of going 'au naturale'? Well it seems so as a new report from Mintel market intelligence agency suggests that three in five (59 per cent) of American women say they prefer the natural look, including 54 per cent of Millennial beauty consumers; those aged between 23 and 40 in 2017.

The majority of Millennial women reported spending just 20 minutes or less on their regular beauty routine and one-fifth (18 per cent) said their beauty routine consists of four or less steps. Usage of cosmetics products that are essential to the natural makeup look have also been on the rise among younger consumers over the past five years with nearly half (46 per cent) of women aged 22-39 using eyebrow

since 2011 (37 per cent); and 77 per cent of these consumers said they use lip care products compared to 73 per cent who said the same in 2011

shouldn't be confused with no make-up trend as 20 per cent said they feel pressure to always look good.

Whilst looking for more

The Mintel research highlights that female skincare consumers aged 18-34 are more likely to be interested in skincare products containing ingredients such as seaweed, ginseng, sandalwood and fermented ingredients.

pencils today, up 9 per cent

But this natural look

natural colours, Millennial beauty consumers are also looking for products that

have natural ingredients, are environmentally-friendly,ethically-sourced and those that donate a portion of proceeds to charity.

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#### VISIT WWW.EUROWEEKLYNEWS.COM/FEATURES/RESTAURANTS

# **Enjoy the sensitive sound of the guitar**

RONDA welcomes guitarists from around the world to take part in an International Guitar Festival in June.

Organised by popular guitarist Paco Seco and Lucy Stewart, there will be five concerts by artists from Spain, Italy, Costa Rica, Turkey and Portugal running from June 6 to June 10.

This, the second festival of its type to be held in Ronda does not restrict the artists in the type of music that they can play which helps to make the event even more memorable.

Prior to each concert at the Santo Domingo Convent which starts at 9pm there will be displays from manufacturers of guitars, lectures and master classes.

Tickets for the five concerts which will include classical, Spanish, contemporary, Turkish, flamenco and improvisation cost  $\in 10$  for each performance with children half price and a season ticket available for adults at  $\in 35$  from the Convent and



PACO SECO: The popular guitarist (centre) in concert.

the Tourist Office.

Supporting the event is GuitaRonda, a cultural association formed in the town in 2015 with the purpose of promoting the music of the Spanish gui-

Further information may be found at *www.rondaguitarfestival.com*.

# Triple A open day raises €2,800

THE Triple A open day raised €2,800 which will go towards the continued care of the cats and dogs that the charity cares for.

More than 300 people made the journey to support Marbella's only animal rescue centre and not only met a number of the animals but enjoyed entertainment from singer Ria as well as a great dance performance by Megi Tsintsadze and 11-year-old singer Enshar Olami, both of whom are students at Laude College in San Pedro.

The hospitality division from Les Roches Marbella International School of Hotel Management contributed to the day by providing a delicious buffet and cooling mojitos.

The main focus of the day was the animals needing to be adopted. Some of the dogs who have been at Triple A for over three years were introduced individually, sharing their stories, medical history and treatments to nurture them back to health which brought tears to many eyes.

The purpose of the presentation was to give some dogs a face to the public and show how totally dedicated Triple A is to all animals. All get the care necessary for a second chance at life.

## FOTA Fashion Show

FOR the fourth year in a row, the Friends of the Theatre (Salon Varietes Fuengirola) will host their very own Fashion Show.

The Salon's own models who will be wearing the latest creations from Pomodoro Fashion House will be gliding down the catwalk at La Farola, one of Fuengirola's most delightful restaurants.

It is always an enjoyable afternoon and costs just €19.50.

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#### Advertising feature

# More vegan temptations at Terra Sana

TERRA SANA has always been known for it's healthy, wholesome foods.

'Naturally Good for you' and 'Real Food. Real Good' are not just mottos thrown around for marketing purposes, Terra Sana have always believed that 'natural' is best.

Ever since they opened in 1999 you have always been able to choose some delicious vegetarian and vegan options and over the years they have added to this selection, also introducing gluten free options.

This month they have brought out seven new dishes, three of which are for the vegans amongst us:

Baba Ganoush: a sweet and seductive Aubergine pureé with parsley and virgin olive oil, served with their lovely hand made, crispy (but not greasy) tortilla chips fantastic for sharing with a cocktail!

Dhal Burger: a 'hamburger' made with red lentils, with a swathe of spicy guacamole on the wholewheat bun - very tasty and filling!

NEW DISHES: Dahl Burger, Baba Ganoush, Spring!

Spring!: Three exquisite spring rolls served with a sweet berry sauce for dipping.

Fortunately, Terra Sana also appreciates those of us who enjoy our carne! Another of the new dishes, Djali Salad, is a rather sensational combination of grilled goats cheese, plenty of tasty bacon, a gorgeous green leaf salad and caramelised nuts!

Some temptations such as the Bad Boys Burger have come about through customers constantly requesting them – this is a fried chicken burger served with a mountain of salad. Other new dishes include Tabbouleh (a Marrakesh-style salad), Stir Fry Terra and The Mex Quesadillas (a Mexican take on the classic).

Why not visit your local Terra Sana and enjoy some real good, real food!

Terra Sana are at Nueva Andalucia, Marina Banus

Shopping Centre (Puerto Banús), Laguna Village (Estepona), Miramar (Fuengirola).



Baba Ganoush. Lentil Burger. Caesar Burger. Bad Boys Chicken Burger. Djali Salad. Tabbouleh. The Mex Quesadillas. Stir-Fry Terra. Spring Rolls

Laguna Village T: 951 901 050 Nueva Andalucia T: 952 667 839 C.C. Marina Banús T: 952 817 977 C.C. Miramar T: 952 663 937





# **Video Game** of old and n

THERE will be up to 30 different video games on offer at the Sports Pavilion El Limón in Alhaurín de la Torre on May 20.

> There will be workshops, merchandising, and interactive photo calls.

Opening at 10am and closing at 9pm it is intended that there will be a mix of the old and the new to attract young and old alike with competitions running through the day and the finals being projected on to giant screens.

Entry to the Games Hall is free as is participation in the competitions and the concept arose from last year's Manga fair



COSPLAY: Assassin's Creed

in Alhaurin where it was noted that the most interest appeared to be in the video games there.

As part of this latest event, there will be workshops, merchandising, cosplay and two in-

# Villalinda

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Syndicate.

teractive photo calls dedicated to two great games, Assassin's Creed and Overwatch, but as organisers are expecting participants from all over the region, it would be advisable to arrive earlier to register.

## Enjoy life at **Bono Beach**

WITH the greatly improved weather, thoughts start to turn towards the beach and Bono Beach Marbella is now open to visitors for lunch and dinner.

Situated in the Elviria district of Marbella, this restaurant, bar and beach club offers the perfect place to relax, soak up the sun and enjoy some exquisite food from the new menu which can best be described as embracing Chiringuito chic.

One of the high spots of June is the San Juan Festival which sees the tradition of bonfires on the beach and in many cases the release of Chinese lanterns and Bono Beach will be an ideal spot to enjoy the celebrations and take part in the fun.

There will be a special surf and turf barbecue menu together with fire eaters and a welcome drink on the evening of San Juan, June 23 but reservations will be essential. Visit www.bonobeachmar

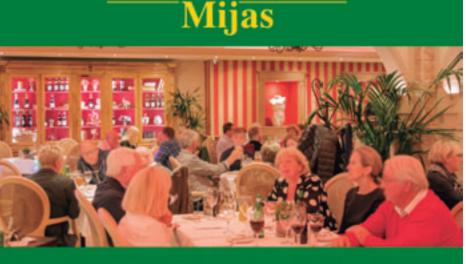
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# San Pedro Rocks again

THE 14th San Pedro Rock concert has been announced by Deputy Mayor Rafael Piña, with seven free bands appearing on May 20.

The performances at the track next to the Juan José Almagro Municipal Stadium will start at 2pm and run through to 11pm introducing six local bands and Italians King Mastino who have been touring their fourth album in Austria and Germany.

This is the first time that the local council has had complete responsibility for organising the concert which has been placed in the hands of Pepe Chapman with the help of the head of youth Jessica Carrasco.

The local bands playing are Rockinger Z. The Revivals, Contrabando!, Furia Falconeti, Among Us and Devils in the Sky



with support from DJ Carlos Acabose who will play quality sounds in between sets. Although this promises to be a long day,

those with children will be pleased to know that there is to be a special kid's area and for the adults a reasonably priced bar.

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# **Pride**

GAY PRIDE will be celebrated in the Manilva area on Saturday, June 17 organised by a number of different groups.

Joining together are the Mirror Mirror bar in Puerto de la Duquesa, the delegations of Equality and Foreigners, led by Patricia Recio and Dean Tyler Shelton as the Gay Lesbian Bisexuals and Transgender group.

Whilst events are still being planned, it is confirmed that the celebration will commence at 8pm with a show on the seafront of la Noria followed by a Pride cavalcade through the streets of Sabinillas and Puerto de la Duquesa.

# Manilva Free chance to see Foreigner

JOYSLIVE, the smartest night spot in Puerto Banus is offering two free tickets to EWN readers to see Foreigner on June 11.

Two Bronze VIP tickets can be yours plus an invitation to the After Party at JoysLive to see one of the most iconic rock bands of the past 40 years.

With major hits like I Want To Know What Love Is, Waiting For A Girl Like You and Cold As Ice, it is not surprising the band has sold more than 80 million records worldwide.

This is the first time the band has played in Marbella and has been brought over to the Puente Romano Tennis Club by Crazy Music Productions.

Bronze VIP tickets valued at €140 each, entitle the holder to a reserved seat on the same level as the stage with easy access through the special VIP entrance.

To see this top band in action simply email competition@eu-

roweeklynews.com giving your name and telephone number. The closing date for entries is

Monday June 5.



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# Have you, or anyone you know, got what it takes to be a 'Master Chef'

GOOD FOOD, GOOD WINE AND GOOD FRIENDS WITH GARRY WAITE

EGULAR READERS WILL KNOW that I and many other foodies around the world are occasionally captivated by 'cooking programmes,' not least the franchise that is Master Chef. This ever popular TV show was originally fronted by the most annoying Llovd Grossman, whose voice always sounded like a mix of Canadian and a Norfolkian (Norfolker?) But today and for the last 13 years, it's a full on cooking and entertainment show hosted by Aussie Chef John Torode and probably the best known 'Grocer' in the UK, Gregg Wallace.

This year's final was last week and the winner came as a surprise. The last four, consisting of



The three Master Chef finalists.

London muso/DJ Steve Kielty, Giovanna Ryan from an Italian family background, Alison Reilly, the attractive Irish girl with a passion for those things different and Saliha Mahmood-Ahmed the shy junior doctor from Watford with Pakistani parents.

Saliha, who sincerely described herself as the most boring person you could meet, (if you can call pretty, doctor, wife, mother and brilliant cook 'boring' - bring it on!) impressed judges Torode and Wallace as well as invited food critics and guest Michelin starred chefs with her take on traditional Indian dishes and flavours and turning them into extraordinarily modern dishes. Up until Alison lost out to the other three, I thought she would be in the final and with Steve would be the favourites.

But it was not to be and having watched the final I could feel Sal-

iha coming to the final hurdle and jumping over it with some ease and I could see the anticipated crowning changing places. 'Hats off' (or Cha-

peau to use a 'cheffie' word!) to all contestants, particularly, the last four. All showed great skill and knowledge and more importantly, passion, for food. I have seen highly paid 'professional' chefs who would have found it difficult to produce some of the dishes that they all produced.

Time for a culinary break until the next moreish programme, will it be Celebrity Master Chef, Professional Master Chef or Junior Master Chef. America, Australia, Spain??? The franchise keeps going and goes to prove 'there's money in them there sauce pans' - be it in restaurants or on TV. Bon appetite!



The prestigious five-red-AA-star Old Course Hotel, Golf Resort & Spa in St Andrews, Fife.

ANYONE WHO TELLS YOU that living on a golf course is quiet obviously doesn't live on one!! I have lived in Guadalmina, near Marbella, on front line golf for 15 years. Don't get me wrong during the day it is extremely tranquil if, with any noise at all, only the very distant sound of the traffic. But, and I can set my watch by it, in the morning at 7.00am all the machinery start their day's toll. And they all seem to drive past my windows.

This cacophony continues in varying degrees, according to which part of the course they are on, for about an hour. The other noise is of course the watering of the course. Giant irrigation sprays whizz around beating drums on the leaf filled trees. My apartment is on two floors, both with ample terraces, but being a duplex it means that there is an apartment below me, so you can imagine how high the top terrace is from the ground. But over the years I have collected more than 60 balls from said terraces and have also had two cracked windows caused obviously by the erratic 'driving' of the fanatical golfers as they compete.

What, for the life of me, I cannot work out is how anyone can hit a ball up to 15 metres high but manages to get a bend on it that has to be as much as 90 degrees to the left!!

**THE REASON FOR THIS STORY** is that I read with interest and amusement that the five-red-AA-star Old Course Hotel, Golf Resort & Spa in St Andrews, Fife, has just completed a

£10m, three-month refurbishment which includes a rubber roof to prevent ongoing damage from golf balls!! As the hotel sits alongside the 17th road hole of the renowned Old Course, the roof is frequently damaged by dents and cracks from flying golf balls

As well as the new roof from Euroshield, work has also been completed on the decoration of 103 of the 144 bedrooms and the replacement of the hotel's windows. I wonder how many of them were damaged by wayward balls!? Obviously if golfers on this prestigious course can hit the roof of a six-storey building they will have to have even greater abandonment than those who play Royal Guadalmina. While playing golf today I hit two good balls. - I stepped on a rake."

Henny Youngman, Comedian

If you think it's hard to meet new people, try picking up the wrong golf ball." Jack Lemon, Actor Comedian

> MY WINE CORNER THIS WEEK has to relate to the wine mentioned in my 'client' below.

The wonderfully named 'Nice to Meet You' is not just a gimic. The

wine from the Rias Baixas domaine is not 100 per cent Albariño as one would

hope and probably expect, but with 40 per cent of that grape and a blend of 30 per cent Godello and 30 per cent Treixadura this crisp, somewhat dryer than normal, wine from Adegas Castrobrey has intensity on the nose and a racy acidity which couple to bring forward stone fruit and fennel aromas on the palate.

Represents good value at €15, is quaffable, but at that price perhaps better with dinner. Shellfish, oysters and subtle fish should go well.

**I'M HELPING A CLIENT** in their restaurant at the moment.

On the first evening I was in watching how the operation went, I was surprised that the very charming and good looking Argentinian waiter, Juan, seemed to be receiving lots of kisses from the female clientele. Knowing that he had only started a couple of days previously I was intrigued that he seemed to be on such affectionate terms with so many female guests. That was until I found out the password for the WiFi connection was give me a kiss and I will tell vou.' Clever!! And memorable!

With a wine on the list from the Rias Baixas called 'Nice to Meet You' there are plenty of quirky things about this place!

> The wine with the wonderful welcome.

ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

RiasBairas

HOE USTVA

Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com.



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#### **Thursday May 18**

Age Concern: meets weekly from 11am-1pm at Manila Bar in Los Boliches for advice, support and friendship.

Costa del Sol Photographic Society: exhibition from May 4 until May 26 at the Bil-Bil in Benalmadena Costa.

■ FAbuloso Vocal Group: rehearsals every week from 6.30-8.30pm in Restaurante Verona, El Coto (Mijas). For more information contact *622 514 781*.

■ Language exchange workshop: free, every week from 9.30-11.30am in the Pensioners Centre in Las Lagunas. For more information contact 952 890 010 or frd@mijas.es.

■ Los Jueves al Casco: Every week from 8am-12 noon enjoy special discounts, live music, free tastings and more in Marbella Old Town.

Rio Verde Villa Romana Ruins: free guided tour from 11am to 1pm. Calle del Mar, Marbella.

Rotary Club: meets every week at 2pm during lunch at Cortijo de Ramiro, Calle 11, Urb. Guadalmina Baja, San Pedro de Alcantara at. Please contact *lizzie*@mar riageweddingservices.com to book a place.

San Pedro street market: Every week from 9am-2pm, Calle Jorge Guillen.

Sundown Sounds: Every week from 8pm live music at the square in front of the Municipal Office in La Cala de Mijas.

#### Friday May 19

Age Concern meets every Friday at El Caballo de Oro in La Cala from 11.30am to 1pm.

Age Care Association: Weekly coffee morning from 11am to 12.30pm at the Hojar del Jubilado in Los Boliches, Fuengirola. For more information contact 635 407 255.

Christian Basilica of San Pedro de Alcantara: From 11am-1pm, free guided tour of one of the oldest Christian churches on the Iberian Peninsula. Calle Vega del Mar, San Pedro de Alcantara.

Lux Mundi, Fuengirola: fashion show from 4.30pm in the Lux Mundi Ecumenical Centre, Calle Nueva No 3, Fuengirola. For more information contact *952* 474 840.

Royal British Legion: Benejarafe branch





#### THE HOBBIT: MAY 19-23

A NEW play adapted for the stage and directed by Oliver Leiva from the book by J R R Tolkien. Nightly at 8pm, Sunday at 7pm with a matinee performance on Saturday May 20 at 3pm at the Salon Varietes in Fuengirola.

meets every Friday from 12.30-2.30pm at Restaurante Puerta Niza, Carretera Nacional 340A Km 263,7.

#### Saturday May 20

■ FAbuloso Vocal Group: rehearsals every week from 12-2pm in Restaurante Dominique's in Los Boliches, Fuengirola. For more information contact 622 514 781.

Flamenco show: free every week from 12-2pm in Plaza Virgen de la Peña, Mijas Pueblo.

Organic market: Every week from 10am-1pm at Guadalhorce - Las Chapas.

Puerto Banus street market: Every week from 9am-2pm near the bull ring in Nueva Andalucia.

Triple A: Every week volunteer dog walkers required between 10am and 3pm at Calle Carril de la Mina 33 in Marbella. For more information contact *952 771 586*.

■ Children's Art Workshop: From 10.30am-1.30pm, Benalmadena Exhibition Centre, Avenida Antonio Machado, 33. Entry costs €5.

#### Sunday May 21

Benahavis second-hand market: Every week from 9am to 2pm, located 1km before the village on the right hand side of the road.

■ University of the Third Age: Every week coffee morning from 11.30am to 1pm at the Primavera Bar, Paseo Maritimo, Los Boliches. Contact *952 466 738*.

## Monday May 22

■ Age Care Association: Weekly coffee morning from 11am to 12.30pm at La Iglesia Bar in Benalmadena. For more information contact 635 407 255.

Royal British Legion: Benalmadena branch meets every Monday from 11am at The Lounge Bar, Avenida Bonanza in Benalmadena.

#### **Tuesday May 23**

■ Age Care Association: Weekly coffee morning from 11am to 1.pm at the International Baptist Church in Calahonda. For more information contact 635 407 255.

■ Fuengirola Ukulele Singalong Group: meets every Tuesday 8pm at Cabaret Club in Fuengirola (next to Bioparc Zoo).

■ Language exchange workshop: free, every week from 9.30-11.30am in the Pensioners Centre in Mijas village. For more information contact 952 890 010 or frd@mi jas.es.

■ The Good Companions Club: meets every Tuesday from 12-2pm at Stella Maris, Paseo Maritimo in Fuengirola, a social and cultural group. For more information contact 952 565 501.

■ University of the Third Age Costa del Sol: play Mah Jong every week from 2-5pm at the PYR Hotel in Fuengirola. For more information contact *952 467 156*.

#### Wednesday May 24

Age Care Association: Weekly coffee morning from 11am to 12.30pm at the Sa-

Ion Varietes Theatre in Fuengirola. For more information contact 635 407 255.

Flamenco show: free every week from 12-2pm in Plaza Virgen de la Peña, Mijas Pueblo.

■ Language exchange workshop: free, every week from 9.30-11.30am in the Pensioners Centre in La Cala. For more information contact 952 890 010 or frd@mijas.es.

■ Malaga Picasso Museum: guided tours in English every Wednesday at 11.30am. Entry €8, children under 18 go free.

■ Parent and baby coffee mornings: every week from 11am-1pm at Mundo Mania, Cancelada. Entry €5.

TIMS (The International Music Society) Choir: rehearsals every week from 7-9.30pm in St Andrews Church, Los Boliches. For more information contact *654 891 790.* 

■ Alter Ego and Selfie Workshop: for children and teenagers. From 5.30-7.30pm at San Pedro de Alcantara Cultural Centre. Entry costs €10. For more information visit *www.latermicamalaga.com.* 

#### Thursday May 25

■ Age Care Association: weekly coffee morning from 11am to 1pm at La Peña in Alhaurin el Grande. For more information contact 635 407 255.

■ Age Concern: meets weekly from 11am-1pm at Manila Bar in Los Boliches for advice, support and friendship.

■ FAbuloso Vocal Group: rehearsals every week from 6.30-8.30pm in Restaurante Verona, El Coto (Mijas). For more information contact *622 514 781*.

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Weeping Mulberry - a beautiful deciduous small tree for berries

#### By Graeme Tyrrell

LATE spring is a time to start harvesting berry fruits.

If you are lucky enough to grow strawberries in your garden or in containers with a good soil mix, you will be rewarded with a fantastic harvest of delicious berries that many commercially grown berries cannot match, that is, if you can beat the birds and bugs. While I grow strawberries for their

unique taste, it is a lot of work to ensure that the berries ripen fully without being damaged.

Another source of berries is the wild or cultivated blackberries that can be fun to collect in the early morning or evening if they are available in your local rural area or the garden. It is worth the effort if they are of good quality but the thorns can be a menace when trying to pluck the best berries deeper in-

#### side the bush.

Another good source of berries is the mulberry tree. The fruit is delicious and plentiful if but a mature tree is usually so tall that only the lower branches can be accessed. If you have it in your garden the excess fruit becomes very messy as it falls and the birds spread the seed resulting in mulberry trees emerging all around the garden.

902 123 309

The pollen from mulberry trees can also be very allergenic to susceptible people.

A great solution to to obtaining bountiful white, red or black berries with minimal effort is to have a grafted weeping mulberry (Morus alba pendular). One weeping mulberry can provide you with all the berries you could want, the branches grow towards the ground so harvesting is easy.

SOLARENERGY

The fruit form along the branches and can be reached with ease for weeks of a prolific harvest and with no prickles to avoid.

Pruning is easy as you just need to keep the branches from reaching the ground. I prune them to about one metre off the ground. They grow quickly again so it may need pruning two to three times a year.

The trees are very

HARDY: A healthy adult weeping mulberry.

hardy once established and require minimal watering, except if in a container and just a good mulch of organic material over summer to keep the roots cooler, retain moisture in the soil and have a source of nutrients as it breaks down.

The compactness of the tree makes it easy to fit into the garden without taking over and they can even be grown in a large container if garden space is not available.

The tree looks fantastic and as it grows the branches form a canopy that allows you to go underneath the branches.

where the fruit is very visible to harvest and children can use it as a cubby house or hideout.

## My own private patio

CREATING your own patio can provide a calm and inviting space for private moments.

Before you begin, make sure the area is level and positioned in full sun and there should be an area of about two to three square metres across for two chairs and a small table. If a dining table and four chairs are to be used; an area of four to five square metres is required.

It is important to make sure all rocks are removed.

Add a few centimetres of drainage material to cover the area. It is recommended you rent a tamper for a large area and use a hand tamper for a small area.

To install the paving stones, layer fine sand or small gravel to make the layers for flagstones or pavers. Concrete pavers or bricks the same thickness are easier to make level.

Finally pour some of the sand on top of the pavers and sweep into the cracks.

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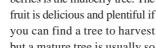


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I HOPE you have not purchased a puppy off the internet or pet shop, if so expect your puppy to have health problems.

If you have answered a newspaper advertisement I hope you saw the mother. If you have a puppy I hope your vet recommended a good puppy class for you to attend, if not then in my opinion you have the wrong vet.

Your new member of the family is cuddly, pretty and being spoilt! Your puppy is making toilet mistakes and possibly starting to chew up anything in sight!

The main problem is if the truth be known you really do not know anything about your new member of the family. It is well recorded that one of the most attentive times is when you buy your puppy.

You will listen and remember what was told to you by the 'breeder' who often knows very little about health, feeding, behaviour or training. Most if not all have no qualifications and the end result is that you are doing most things wrong.

Your next outing will be your first visit to the vet for inoculations and an examination. You will most probably buy a collar and lead, believe me it will be the wrong type, and toys, please do not buy a harness. Your vet should be familiar with local training schools and should recommend you to a puppy class which is vital for both you and the puppy's future. A vet that does not recommend a

> PUPPY TRAINING: Good for you and your puppy.

puppy class (many run their own puppy classes) is really out of date therefore seek another vet.

#### So what is a puppy class?

Many people do not think it important to go to a puppy class, however in my opinion it is vital to attend and is good for your morale as you realise you are not alone in your suffering.

There is so much you need to know and a good class will first calm you down as well as your puppy. You will now realise that your puppy is perfectly normal and you will be given so much information about correct feeding, handling, advice on the correct collar and leash as so many of you do get it wrong.

At this stage toys are vital but again the correct toys and you will be shown how to play and exercise your pet.

It is important that the class provides you with strategies to get him to do what you want kindly and constructively, and show what is going on in your puppy's mind when he demonstrates unwanted behaviour.

You now get to see other puppies and owners and will quickly realise that this is good for you and your puppy.

There are a number of puppy schools being run by excellent trainers but many have no qualifications at all. Often a good trainer is a lot more than a row of qualifications. There are also many with backgrounds such as police and military who often find it difficult to transfer to pet dog ownership, in fact I have many ex-police colleagues who confess they cannot teach the public.

It is always a good idea to visit a puppy class and see if the puppies are being taught what you want yours to learn. People and puppies must be relaxed and happy. You must listen to how questions and concerns are addressed and whether homework is set (it should be), are there assistants to help with the class in case anyone needs one to one help?

Socialisation is very important as your puppy must now learn about sounds, smells, cars, roads and, most important, to be allowed to sniff and play with other puppies and dogs which are under the control of their owner.

A good trainer will also ensure you get plenty of homework and be assured they will know if you practice that with your new member of the family.

I hope you enjoy your dog as much as I enjoy my dog. Yes, it does take a lot of work but think about a child; it is better they go to a nursery and once there the child learns to play and interact with others, this my friends is what you are doing with your puppy. Good luck.



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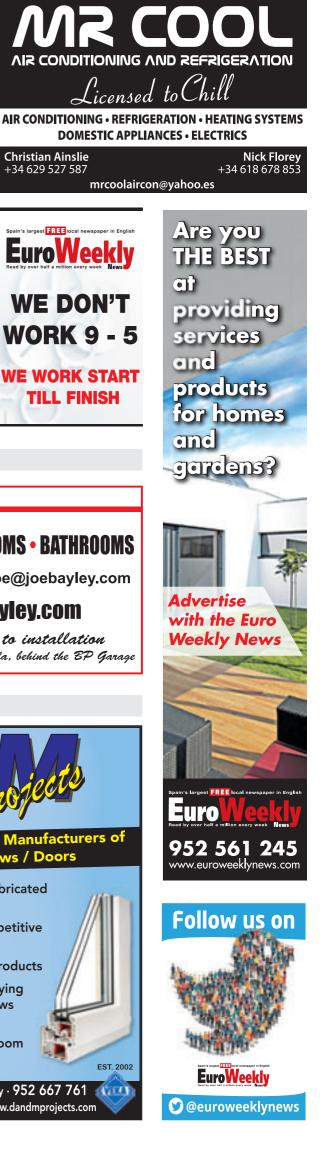
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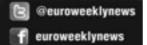
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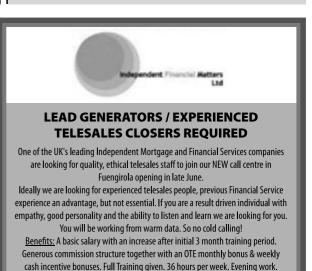
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Buying this car for its dynamic abilities is like buying a porn film for its plot." Some might say...

## Luxurious personal touch

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#### By Matthew Elliott

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ange

AN exciting array of new designs and facelifts will make BMW's smallest ranges more dynamic and stylish than ever before.

The 2 Series has been given a complete overhaul with LED headlights and more compact wheel rims. New colours include a and blue. Inside the cockpit now features a touchscreen display and a modern range of new gadgets that give a futuristic twist to the famous car.

There are voice control operations and an enhanced professional navigation system that makes everyday satnav seem as useful as old ioned as map reading.

The 1 Series has followed suit with some stylish new exterior changes. But it is with the hugely successful 3 Series that the real difference is made.

From July 2017 all 3 Series sold on continental Europe will offer much greater individualisation, especially in colours, wheels and upholstery. Standard equipment will include LED headlights and fog lights.

> Two new bespoke lines of the acclaimed 3 Series Sedan are being

> > M\_LZ 7198

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rolled out. The Shadow compacts the Sedan into a more streamlined vehicle, offering a faster, sportier ride. The Luxury Purity line offers an unprecedented degree of tailor made options that extends even to side windows and exhaust pipes.

The developments come as BMW makes its case in an increasingly competitive marketspace for personalised cars. A growing number of drivers, forking out upwards of €30,000 for new cars, are demanding the same level of tailored attention they would expect at the expensive end of other industries.

Audi, BMW, Mercedes, Porsche, Volvo and other top brands are now urging drivers to come forward with new ideas on how to make their products truly personal.

3 SERIES SEDAN: Bespoke line.

#### **Motoring shorts**

### Driving abroad

MOTORING

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NEW research has revealed extremely interesting information about British drivers abroad, especially those from older generations. It found roughly a third of drivers over 50 are concerned about having an accident abroad while about half are confused when it comes to basic rules of the road.

Saga Car Insurance conducted a survey of some 10,000 people to get a feel for their concerns after receiving claims for damages worth almost €1 million in just one year from clients driving abroad.

The vast majority of claims involved a crash or collision, although vandalism also played a significant role. France proved the most expensive, or even dangerous, European destination, accounting for almost half of claims. Its proximity to the UK would play a role too. Spain accounted for just over one quarter.



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## Off the mark Green light for SPV Racing

LOCAL motorsports outfit SPV Racing's season is go after the first round of the Le Mans European Cup took place at the iconic Monza circuit in Italy.

Lead driver Alvaro Fontes was very happy with the car and the team's performance after the two practice sessions on Friday and the team was aiming for front row qualifying.

A freak technical issue prevented him from completing more than a single qualifying lap, but that was enough for 10th position on the starting grid.

Monza is a race track located near its namesake city near Milan. Built in 1922, it was the world's third purpose-built motor racing circuit after those of Brooklands in the UK and Indianapolis in the United States.

The circuit's most important event is the Formula One Italian Grand Prix which with the exception of 1980 has been hosted there since the series' inception.

The major features of the track include the Curva Grande, the Curva di Lesmo, the Variante Ascari and the Curva Parabolica, and drivers are on full throttle for most of the lap due to its long straights and fast corners.

The race started under blue



skies with the sun shining and an air temperature of 24 degrees.

A safety car was deployed when KEO Racing's Ligier JS P3 car, driven by Mori Yoshiharu, collided with the RAM Racing Mercedes of Ramon Vos. The LMP3 car stopped on track and the Mercedes made it back to the pits but was forced to retire.

At the restart the DKR Engineering Norma of Jean Glorieux led from the Ligier of Tony Wells. Alvaro went for a pass on the inside of a car managed by the French racing legends Yvan Muller on the long straight up to the Curva Parabolica but ended up in a 180 degree spin when the other car turned abruptly.

By the time he was facing the correct direction Alvaro was last, so he set off on a mighty chase, setting lap times that only the top three cars could match. He finished his one stint inside the top 10, handing the car over to SPV's second driver Kim Rodkjaer.

Kim initially struggled with the used tyres and heavy weight after refuelling and spun off the track, leaving the team 11th after the two-hour race.

SPV Racing CEO and Technical Director Raul Garcia said: "It was not the start we were aiming for but we know we have a very good, fast car now so we will travel back to the Costa del Sol and work on the small details that will bring us up in to the top five where we should be."

The bright yellow SPV Racing Ligier, carrying *Euro Weekly News* livery on the wing, can be seen in highlights from the Monza LeMans Cup race on Gol TV in Spain, BT Sport in the UK and all over Europe on Motor Trend and Motorsport.tv.

The next two 55-minute races take place at the Circuit del la Sarthe, better known as Le Mans, on June 15 and 17.



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Classic Car Club of Andalucia

CCA

The Tour de Sands

OU will probably remember that I have talked of The Tour de Sands in previous emails, at Clubnights and in the page we have in the *Euro Weekly News*.

CCCA member, Sandra (Sands) Watson, lost her fight with the vile Cancer disease last year. She was a fabulous person, friend, wife and Mum and also a very successful dentist. She and Jerry even managed to organise Runs for the CC-CA whilst still living in the UK! Their enthusiasm for all things, especially this Club, never waned.

Both Jerry and Sandra really enjoyed this Club and made lots of friends from it. Sandra also loved cycling and, only a few weeks before the end, managed a lengthy cycle tour in New Zealand. A truly lovely and amazing lady.

To honour her life, and to raise a lot of money for two important charities, husband Jerry Watson has been planning a mammoth cycle ride from Easton-on-the Hill, near Stamford, to their second home in Elviria, Spain. Hence the 'E2E' part of it all. This huge ride covers 1,600 miles (2,400Kms) through the UK, France and Spain and is taking six full weeks to achieve. It started from Easton-on-the-Hill on April 21 and arrives on the Costa del Sol on Thursday June 1.

Two CCCA members, Jerry and Mac McCarthy are doing the whole trip and anyone who wants to join in for any part (or parts) of the trip is



welcome. In fact, 57 cyclists joined in for the UK section alone! I am going to the north of Spain towards the end of the month to join some of the route myself (!!)

You can see the route and the schedule on the website *www.tour desands.com* and it really is worth having a look at it to see what has, and is being, achieved.

To celebrate the end of this incredible odyssey, we are arranging a party at Avanto Beach Club, near La Cala, on Saturday June 1. We'll have at least 40 people coming especially from the UK, we'll have great food, plenty to drink and some very good live music. The ticket is only  $\in$ 50 and 25 per cent of this will go to the charities. We'll also be auctioning off some good local and UK prizes for those that might like them.

There is an invitation attached and it would be helpful if you could

let me know if you'll attend this incredibly special and worthwhile event.

Bring any friends and guests just let me know the numbers etc *ian@iangiles.com* 

I do hope to see the entire Classic Car Club of Andalucia and the JEC there as well as some of our regular readers too.

Our friends at the Porsche Owners Club have a charity run going on that same day in aid of Cudeca, another very worthwhile charity, and we wish them well with that but, I hope, all CCCA members will be at Avanto to greet our own amazing cyclists and share this incredible achievement.

If you would like the wizzy Polo shirts designed for the event, let me know that too.

Ian Giles

**CLASSIC CAR RUN:** 

From Ojen to

Monda Castle.

GREAT DAY: Almost 100 people attended.

**CCCA PHOTOGRAPHIC Competition** 

OUR new photo competition is getting good entries.

The first month it was won by Pieter Van de Lustgraaf and in May, the April winner was announced.

This time it fell to a Lady, Stephanie Drewery, and her lovely shot of their MGA is shown here.

> WINNER: A lovely shot of an MGA.



CCCA May Classic Car Run

THE May classic car run was a great success with almost 100 people attending. The start was from Ojen, near Marbella and the route went through Monda, Guaro, Casarabonela, El Burgo and Alozaina before finishing with an excellent lunch at Monda Castle.

There are photos of the day on this page and more can be seen on the Club website, *www.cccandalucia.com* 

### The CCCA Summer Ball

THE annual CCCA Summer Ball takes place this year on Friday, June 23 at the Tamisa Golf Hotel in Mijas Costa. Always a superb bash the Club has top entertainer, Johnny G for entertainment.

Tickets are still available at €40 inclusive of cava and canapés on arrival, wines, dinner, music etc from Brian Ladd. *brian.ladd8@gmail.com* 

Further information on Classic Car Club of Andalucia events can be found on the Club's website www.cccandalucia.com. Membership of this vibrant club is open to anyone owning a genuine classic car here in Spain. Saca tu coche clásico del garaje y diviértete con el.





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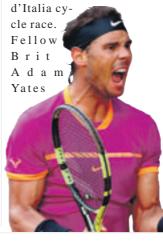
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## Rafael Nadel won the Madrid Open

#### >> From Back Page

Simona Halep and Rafael Nadal were victorious in the women's and men's singles finals at the Madrid Open tennis tournament.
At the start of the week, with

• At the start of the week, with 12 stages still to go, GB rider Geraint Thomas – despite a horrible crash - was still in the chasing pack, five minutes behind race leader Colombian Nairo Quintana in the Giro



was going reasonably well.
Last weekend, Hull battered
Catalan Dragons 62-nil and
rampant Castleford Tigers
whipped hapless St Helens
53-10 in Rugby League Challenge Cup-ties.

• Stade Francais (v Gloucester) and holders Saracens (v Clermont) won their respective Rugby Union European Challenge and Champions Cup finals.

#### SPORT IN GENERAL

• Chelsea have signed 15year-old midfielder Billy Gilmour from Rangers for £500,000. He will now spend two years in the club's academy.

• Ben Foster (WBA) was the

RAFAEL NADEL: Won the men's singles finals. only goalkeeper in the list of 17 who received FWA votes for this season's Player of the Year award. Other surprise names were Jermain Defoe (Sunderland), Anthony Knockaert (Brighton) and Gylfi Sigurdsson (Swansea) while Chelsea had five nominees.

• England's 15-man cricket squad for their Champions Trophy Group matches against Bangladesh at The Oval on June 1, New Zealand in Cardiff on June 6 and Australia at Edgbaston on June 10 is as follows: Eoin Morgan (captain), Moeen Ali, Jonny Bairstow, Jake Ball, Sam Billings, Jos Buttler, Alex Hales, Liam Plunkett, Adil Rashid, Joe Root, Jason Roy, Ben Stokes, David Willey, Chris Woakes and Mark Wood.



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CostaLessGolf Weekly News with Ron Garrood

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The Estepona golf country occupies 60 hectares, a 5km circuit, and has been constructed in accordance with the standards of quality set out by the United States Golf Association of America.

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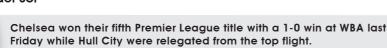
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The Costa Del Sol's best guide to local sport

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## **Congratulations to Chelsea, Saracens** and Hamilton – they are all winners

#### **Tony Matthews**

International Sports A former player and now the world's most prolific author of football books with al-most 150 published since 1975, Tony is al-so the sports correspondent for Spectrum Radio and lives on La Pilica in the Sierra Cabrera Mountains overlooking Turre. Costa de Almeria

#### FOOTBALL

This weekend we have the finals of the League One Play-off, the FA Trophy and the FA Vase and next Wednesday, Manchester United play Ajax Amsterdam in the Europa League final in Stockholm.

The second legs of the Championship play-off semifinals took place earlier this week between Fulham and Reading (1-1) and Hudders-

field and Sheffield Wednesday (0-0). The winners of each tie will meet at Wembley on Monday May 29 for a place in the Premiership.

Chelsea won their fifth Premier League title with a 1-0 win at WBA last Friday while Hull City were relegated from the top flight after crashing 4-0 at Crystal Palace.

Forest Green Rovers beat Tranmere 3-1 in the Nationwide final in front of almost 19,000 fans at Wembley to gain Football League status for the very first time. The capacity of Forest Green's home ground - The New Lawn - is just 5,141... the town's population is only 5,894.

• A record crowd of 35,271 at Wembley saw the

**Fully** registered

ladies of Manchester City beat those of Birmingham City 4-1 in the Women's FA up final. American star Carli Lloyd netted for the winners.

Elsewhere around Europe, Red Bull Saltzburg (Austria), Bayern Munich (Germany), Juventus (Italy), Feyenoord (Netherlands), Benfica (Portugal) and FC Basel (Switzerland) have all won their respective championships, while this weekend either Barcelona (recent 4-1 winners over Las Palmas) or Real Madrid (excellent 4-1 victors over Sevilla last Sunday) will win La Liga - Real are favourites!

DIARY OF OTHER **EVENTS** 

• Sunday is the last day of this season's Premiership action and the 'big games' are Arsenal (4-1 winners at Stoke in their last game) against Everton... Liverpool (4-0 winners at West Ham last Sunday) versus relegated Middlesbrough... demoted Hull versus Spurs (who beat 2-1 Manchester United 2-1 in the last-ever game at White Hart Lane, to stay second): United themselves against Crystal Palace and Watford versus inform Manchester City. • 100+ riders are now compet-

ing in the Cycle Tour of California (May 14 - 21).

• The French MotoGP takes place at Le Mans on Sunday. • The Geneva, Strasbourg, Lyon and Nuremberg Cup tennis tournaments all start next Monday.

• England play South Africa in the first cricket ODI at Headingly on May 24. • Rugby Union's Premiership play-off semi-finals are both on May 21.

• And it's Rugby League's Magic Weekend this Sunday.

**RESULTS ROUND-UP**  It was Lewis Hamilton first. Sebastian Vettel second and Daniel Ricciardo third in last Sunday's spectacular and highly competitive Spanish Grand Prix in Barcelona. The next race is

in Monaco on May 28.

**LEWIS HAMILTON:** Won the Spanish Grand Prix.



