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## News

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**dfs**  
San Javier

See page 26

# Right off!

## Neo Nazi food bank banned from Murcia



The banned 'Lo Nuestro' group distributed food to 'Spanish only.'

By Andy Mansell

A XENOPHOBIC Neo Nazi group who distribute free food to 'Spanish only' families from a stall in Murcia City has been axed by councillors.

An emergency motion put forward by members of the PSOE in the city was approved and passed to prevent the 'Lo Nuestro' group setting up their usual stall in Plaza Santa Domingo on Saturday.

The group only hand out food to people who can prove they were born in Spain, thus excluding any under-privileged family from outside the country, of which there are many in the city.

The group announced their intentions to set up

their regular table last Saturday between 12-2pm, providing food to "every Spaniard who proves his situation of need will be able to benefit from this help. We demand the DNI, the coexistence certificate and the unemployment card."

The socialist emergency motion, approved by all groups (PP, PSOE, Cambiamos Murcia, Now Murcia and Citizens) resulted in the Local Police preventing Lo Nuestro from installing its table of chickpeas, rice and other foods for Spaniards.

The statement from the political groups read: "We do not authorise the use of the public space of our municipality to groups that promote hatred and xenophobia."

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## We've got the Buzz

THE EWN MEDIA GROUP'S (EWNMG) rapid expansion continues with the inclusion of another English-language media brand.

Benidorm-based Buzz Newspapers has now been added to the group's portfolio, bringing the overall number of publications to 13 weekly and two fortnightly titles.

In addition to the Buzz, the EWNMG also includes the Euro Weekly News, RTN and Sol Times, placing the company in a unique position within the sector in Spain.

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# EWNMG expands Buzz joins winning team

THE EWN MEDIA GROUP'S (EWNMG) phenomenal recent expansion on the Costa Blanca continues.

Yesterday (Wednesday) Buzz Newspapers, the Benidorm-based newspaper brand formed four years ago and producing two free fortnightly English-language tabloid titles, joined the EWNMG stable.

Michel and Steven Euesden who head EWNMG plan to immediately stamp their mark on the newly acquired publications - their first exposure to fortnightly rather than weekly newspaper publishing - by increasing local coverage and printing more Buzz copies, a formula that has proved a win-win policy for both readers and advertisers throughout the EWNMG empire.

"We are really excited by this latest collaboration and the added potential it offers," Michel said.

"While many newspapers struggle globally in the ever-changing media world, our own EWNMG ethos for hard work to constantly and professionally provide local readers and advertisers with free easily-available and up-to-date local newspapers remains.

"We look forward to further strengthening the service we as a publishing company offer with the



Michel with Steven (left) and Marco displaying some of the EWNMG brands.

Buzz titles now added to our previous three different brands."

Over the last three months the EWNMG has expanded from publishing six weekly editions of the Euro Weekly News to now owning four brands including Buzz, in total

representing 13 weekly newspapers and two fortnightly publications.

The brands in addition to Buzz are the founding Euro Weekly News, plus the recently acquired RTN and Sol Times, each with various edi-

tions circulated widely from the Costa Blanca down to the Costa del Sol.

Marco Baiardo, founder of Buzz newspapers, spelled out that the agreement took place after long consideration, and admitted that the

change in ownership provides the Buzz title "to reach another level by using the skills and experience of EWNMG.

"In addition I will head the Buzz sales team for North Costa Blanca and will therefore be able to offer new and existing clients the benefit of three EWNMG newspaper editions through EWN, RTN and Buzz.

Baiardo said he looked long and hard at the long term picture before agreeing to join forces with Michel and Steven.

"The Buzz newspaper has been growing but it has been tough, with myself and my son Marco Jr working incredibly hard and without doubt more than ever before in my life.

"But now is the time to join hands with Michel and Steven and to look ahead to an exciting, challenging and successful future."

EWNMG, with its head office in Benalmadena, was founded more than 20 years ago by Michel and Steven. The first editions of Buzz under the new ownership will appear next Wednesday.

Michel Euesden confirmed that further expansion this year is "a distinct likelihood."

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## Tough sentence

ALICANTE'S Public Prosecutor recommended a 20-year sentence for an Alcoy woman who stabbed and killed her newborn son.

According to investigators, no-one in the young woman's family even realised that she was pregnant.

She gave birth alone in the bathroom at the family home before stabbing the infant with a kitchen knife and placing the body in a plastic bag before throwing it into a rubbish container.

## Bum dealers

SEVEN detainees arrested as suspects of a drug trafficking group were brought to justice last week.

Throughout the course of the investigation, more than 50 officers of the National Police searched seven houses in Jose Maria Lapuerta, Los Dolores, Lo Campano and La Union, seizing drugs, phones, tablets and a pistol.

One of the detainees is awaiting trial as prime suspect of a murder in Monte Calvario.

## Fatal plunge

A YOUNG boy has died after falling off a four-storey building in Alicante.

The two-year-old was with his mother at a friend's house when the incident occurred.

Investigators believe the child climbed onto a toy box near the balcony whilst playing with the friend's 10-year-old son when he fell.

He was taken to Alicante General Hospital with critical injuries but later the same night he died.

## Fight club

SEVEN youngsters have been arrested in Murcia for filming full-blooded organised fights between children and broadcasting them across social media.

The gang in Jumilla recorded the violence and shared the results across the internet.

Another four children alleged to be involved were too young to charge, said the Guardia Civil.

A spokesman said the fights were taking place up to four times a week.

## Human trafficking gang arrested

MURCIAN National Police have arrested six members of a Bulgarian family, suspected of coercing a 19-year-old girl from their home country to move to Spain, then forcing her to work as a prostitute.

The investigation began when the mother of the girl back in Bulgaria, informed local authorities that her daughter had contacted her to say she was being forced into prostitution unwillingly, under threat of death.

The officers discovered the girl, who had children was in a severe financial crisis in her home country and had been lured to Spain, by the offer of work, having built up a friendly online relationship with the Bulgarian family in Murcia.

Once the victim arrived in Murcia, she moved in with the family and was stripped of her documentation and mobile phone. She was told there was no job and forced to work as a prostitute under threat of death to her and her children.

## SPANISH FACTS OF LIFE... 14

With mountainous terrain and long coastlines, Spain has plenty to offer adrenaline junkies seeking an extreme sports thrill, with some of the best offerings in Europe you just need to choose your challenge!

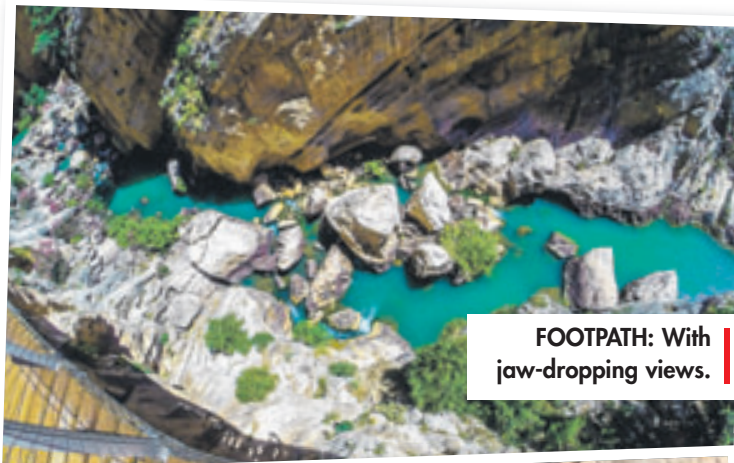
### Are you brave enough?

THE Caminito del Rey in Ardales, Malaga, which has been dubbed the world's most dangerous trail, recently celebrated its second anniversary after reopening to the public following a multi-million Euro investment.

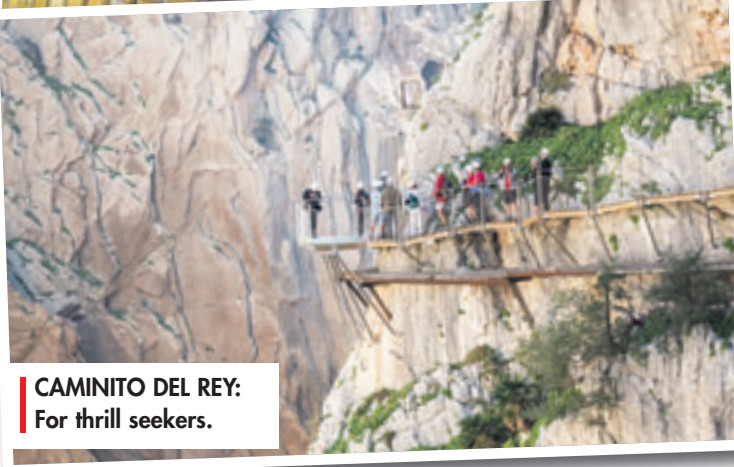
The jaw-dropping footpath which at points rises almost 330ft above the river below, was originally built in 2001 as part of King Alfonso XIII's hydroelectric project to harness the power of three rivers, but swiftly fell into disrepair.

It later became a magnet for extreme climbers, but was closed by authorities after five people plunged to their deaths between 1999 and 2000.

A new walkway with a raft of added safety features opened in 2015 and is now among Spain's most popular tourist attractions, with 600,000 thrill seekers having braved the route.



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## From air to sea to snow

IN Sanlucar de Guadiana, Huelva, visitors can take a death-defying 720-metre, 80 km/h zip line across the border from Spain to Portugal.

As they cross the Guadiana River they literally fly though time as they gain an hour due to the time zone difference between the countries.

Lying at the extreme southern tip

of Spain, Tarifa is the kite surf capital of Europe with its notorious strong winds. With plenty of kite surf schools and some of the best-qualified instructors on the planet, it is the ideal destination to throw out some tricks.

For a real extreme adventure, head to Baqueira in the Pyrenees Moun-

tains, where a number of heliskiing companies operate.

Spain is one of the few countries in Europe where it is legal to jump out of a helicopter onto off-piste slopes of virgin powder snow, although with dangers including avalanches and tree wells, this is not one for the beginner.

### Gypsies clash

THE Guardia Civil swooped on Villena's troubled San Francisco district following a shooting.

No-one was wounded but a man was later arrested, with sources close to the case revealing that the failed shooting was a settling of accounts.

This was the second shooting between San Francisco's gypsy clans since the beginning of May although different families were in-

involved in the first incident.

### Sex fiend

A TWENTY-TWO-YEAR-OLD man was arrested for raping a 13-year-old girl in Sangonera la Verde.

The detainee - who is an Ecuadorian and Spanish national - and the victim met approximately one month ago through Instagram and Facebook.

They recently agreed to meet and

the detainee went to the victim's house when her parents were out before sexually assaulting her.

### Macabre find

SORTERS at the Jijona landfill site were alarmed to find a human skull sectioned in two halves in a neatly tied plastic bag.

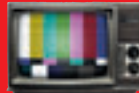
The bag was traced to a lorry that had picked up rubbish from a container in Plaza San Isidro, Ibi, and the Guardia Civil believe that the grisly discovery was probably used by medical students.

## INSIDE VIEW

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The total number of news and features appearing in last week's Euro Weekly News Costa Blanca South edition, with 54 local stories.

## Kiwi touch down

NEW ZEALAND'S all-conquering All Blacks have another trophy for the cabinet after winning Spain's top sporting prize for being an 'example of racial and cultural integration.'

The world champions bagged this year's Princess of Asturias Award for Sports, and according to a statement "having become an icon of the sport worldwide, the New Zealand team is also considered an example of racial and cultural integration, conveying values of unity, friendship, solidarity and sportsmanship."

## Messi situation

BARCELONA and Argentina football star Lionel Messi has seen his 21-month jail sentence for tax fraud upheld by Spain's Supreme Court.

The five-time world footballer of the year and his father Jorge, who manages his finances, were both convicted last year of defrauding Spain of €4.1 million in a scam involving the star's image rights.

It is unlikely either will serve time, however.

## EU intel share

EUROPEAN Union member states must rack up intelligence sharing to help prevent terrorist attacks like the Manchester atrocity which killed 22 people including children and injured 64.

Spain's Foreign Minister Alfonso Dastis said everyone had to

# Eye on SPAIN

Around the nation in 7 stories

## Postcard from Valls



| Grilled onions.

THE Catalan city of Valls is famous for its calcots - a type of scallion or green onion - and the tradition of building human towers, known as castells. With a population of 24,285, it is capital of the Alt Camp comarca and lies 69km from Barcelona and 26km from regional capital Tarragona.

The feasting on calcots is known as a Calcotada. The large sweet-flavoured green onion is barbecued and dipped into a special sauce. The traditional meal continues with the onion being served with meat and sausages grilled over the same coals, washed down with locally produced wines.

Calcots are available December to May and people travel from Barcelona to sample the crop. Grown locally, the vegetable has a protected geographical status in the same way as many wines.

Valls is also the birthplace of castells, a tradition of human tower building that has spread across Catalonia. Historically a small tower was made at the end of a traditional dance but because of the rivalry of different groups taking part - known as colles - the constructions became higher and more complicated.

The festival of Sant Joan in June is the start of the human tower season and the first Sunday after Santa Ursula's Day on October 21 in Plaça del Blat there is perhaps the most important exhibition of castells.

Valls is the birthplace of composer Robert Gerhard, 1896-1970, and visitors can enjoy exploring an old town and its historic churches, chapels and the Call Jueu, the Jewish ghetto near the gothic church of San Joan.

work together to end "once and for all this wretched scourge."

He said some countries were wary of sharing hard-won secrets; but added they must establish a level of trust to "pool the information we have."

## Fonsi is cool

A SPANISH-LANGUAGE song has topped the US singles charts more than 20 years after the Macarena sensation, with Puerto Rican singer Luis Fonsi's Despacito.

The tune which features Justin Bieber and rapper Daddy Yankee hit number one on the Billboard Hot 100 chart after being watched 1.5 billion times on YouTube.

## Catalan ban

SPAIN'S Prime Minister Mariano Rajoy has accused separatist leaders in Catalonia of "threats and blackmail" over reports they would declare independence unless Madrid agreed to a referendum vote on secession.

The country's leader said the move was "intolerable" and would rupture everything the country stood for as he reacted to an article in *El Pais*.

## White lines

AN Austrian fashion model has been arrested in Ibiza after allegedly crashing a €450,000 vintage Ferrari while high on cocaine before attempting to flee on her boyfriend's private jet.

Elif Aksu, 25, was detained at a private airport after reportedly careering into a lorry while behind the wheel of a Ferrari Dino.

## Birthdays

### • Heidi Klum (44) June 1, Model

A German supermodel who appeared on the cover of Sports Illustrated, the swimsuit issue and became 'Victoria's Secret Angel.' She is also a businesswoman, fashion designer, singer, author, actress and TV personality, having appeared as host on America's Got Talent.

• Sergio Aguero (29) June 2, Footballer  
Argentinian professional footballer who joined the National team in 2006, then was signed up to play for Manchester City in 2011 after he scored 74 goals in 175 games, when playing for Atletico Madrid, between 2006 and 2011. He contributed to Argentina winning an Olympic Gold Medal at the 2008 Beijing games.

### • Michelle Keegan (30) June 3, Soap Opera Actress

English actress most well-known for playing the part of Tina McIntyre, in the long-established soap opera, Coronation Street. Before becoming an actress, she worked in a department store then pursued an acting career and has been voted FHM's sexiest woman in the world.

### • Angelina Jolie (42) June 4, Movie Actress

American actress who has won an Academy Award for Best Supporting Actress for her role in *Girl Interrupted* in 1999. She became famous for playing Lara Croft in the *Tomb Raider* and other films include *Maleficent* and *By the Sea*. She is currently better known for her roles as a filmmaker, philanthropist and humanitarian.



### • Liam Neeson (65) June 7, Movie Actor

This actor has had an extremely successful career, receiving so much critical acclaim for his role in *Schindler's List*, that in 2009 he was made a US citizen. Other films include *Taken* and *Star Wars*. Queen Elizabeth II, appointed him an Officer of the Order of the British Empire.

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# Fun in the sun

SOME lost their luggage while jetting in, but being deprived of their clothes failed to dampen the spirits as UK reality TV stars swooped into Marbella.

TOWIE's Amber Turner caused a stir after sharing an Instagram photo of Celebrity Big Brother star Jamie O'Hara with the caption 'My fwendsss' during her trip, prompting the ex-Premier League footballer's fashion model girlfriend Elizabeth-Jayne Tierney to respond 'Errrrr no. Remove.'

The Essex siren later left little to the imagination as she showed off her tan in a series of revealing bikinis.

Irish model Vogue Williams, 31, put on a leggy display as she attended the launch of La Sala's new project Mahiki Beach. The winner of Bear Grylls: Mission Survive rocked a black mini dress and nude stilettos stepping out in style.

Also attending the event were veteran reality star Callum Best, former TOWIE heartthrob Mark Wright, and Made in Chelsea bombshell Lottie Moss.

While Callum, 36, kept a low profile, 30-year-old Mark was seen chatting to a bevy of women during an afternoon DJ set.

Meanwhile, 19-year-old Lottie sported a series of skimpy bikinis while puffing on cigarettes and sharing a series of selfies.

She had earlier taken to Twitter to complain about British Airways, as she penned: "Just arrived in Marbella and no luggage, such poor service from Gatwick airport."

Former Made In Chelsea star Ashley James was also a victim of the weekend travel chaos, as she shared a titillating snap of herself naked in the bath with friend and fellow DJ Charlotte de Carle.



Mark Wright

# Cruise control

HE'S a Hollywood heavyweight who has recently been busy shooting heart-stopping scenes for the sixth Mission: Impossible movie in Paris.

But 54-year-old actor Tom Cruise displayed a more relaxed side as he hit the red carpet at the Mummy premiere in Madrid alongside co-stars Annabelle Wallis and Sofia Boutella.



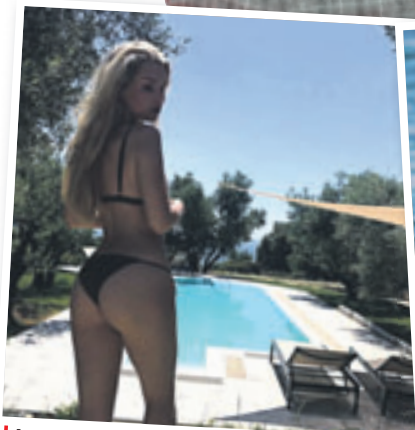
TOM CRUISE: In Madrid.

Sporting a sleek blue suit, the star was all smiles at the first screening of the supernatural horror blockbuster since the London premiere was axed in the wake of the Manchester attack.

He even stretched out a hand to help Annabelle down some steps as she struggled with her long

black and gold gown, before the pair lined up alongside Sofia, who sported a plunging silver number.

The Mummy is a reboot of the 1990s franchise which originally starred Rachel Weisz and Brendan Fraser.



Lottie Moss



Katie McGlynn

# Tangerine dream

SHE became famous for her role as frumpish machinist Sinead Tinker in much-loved ITV soap Coronation Street. But Katie McGlynn, 23, showed her outgoing side as she paraded her curves after slipping into a barely-there orange bikini in Mallorca.

The actress seemed keen to show off her newly slender physique as she splashed in the crystal clear shallows, having suffered a gruelling weight-loss regime earlier this year.

Her on screen boyfriend Daniel recently pushed dad Ken Barlow down the stairs after an argument about her, and the stunner certainly stepped up to the mark as she lost two stone after making changes to her diet and fitness schedule.



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**SPORTS SHOES:** Once tested, the shoes did not pass any quality control standards.

# Counterfeit traders!

POLICE have seized a haul of 26,800 pairs of counterfeit sports shoes in a raid on a warehouse on an Elche industrial estate.

Officers of the National Police traced the owner of the pirate goods following an investigation led them south from Valencia and arrested a 25-year-old man for commercial property theft.

It was estimated that the shoes would have been worth around €1.5 million.

The sting came after police discovered a flat in Valencia was receiving, storing and selling pairs of shoes of well-known brands and passing of the contraband as genuine.

Detectives monitored the address and by moni-

toring visitors discovered it was being used as a stockroom by a number of African salesmen; selling the goods on pavement blankets or meeting requests from buyers; another nearby address was found to be an illicit 'shop'.

Investigators followed a trail back to Elche to the illicit wholesaler, alleged to be responsible for importing and wholesaling the fakes.

Police found once tested the shoes did not pass any quality control standards, and could even be harmful to the health of the customers through the use of such things as resins, toxic plastics, paints with high lead content, and chemicals used as a moisture absorber.

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## Executives plundered €20 million

THE trial of former president of the CAM bank and seven executives has begun in the National High Court in Madrid.

Accused of misappropriating funds and false accounting, the bank's ex-president Modesto Crespo, Roberto Lopez Abad and Maria Dolores Amoros together with five others face prison terms of up to 17 years.

On the first day of the hearing Crespo presented a medical certificate confirming that he has a heart condition and would probably be unable to attend every court session.

CAM, once Spain's fourth-largest savings bank, was sold to Banco Sabadell for the symbolic amount of €1 in December 2011.

The following year, investigating judge Javier Gomez Bermudez began an enquiry into the 'plundering' of assets by CAM executives.

In all, the eight defendants received €20 million of the CAM's money, the Public Prosecution department claimed.

## OUR VIEW

# Don't ignore your vote

THIS year, a number of British councils have been efficient in sending out ballot papers to those abroad eligible to vote in the General Election.

If you are one of those who registered to vote by May 22 as you have not been out of the UK for more than 15 years, then once you have received your ballot paper don't forget about voting.

For many expatriates who expected to be able to vote in the next election - following promises in the Conservative manifesto - this has added to the disappointment of missing out on the Brexit Referendum and now this snap General Election.

If you aren't able to appoint a proxy and wish to vote, there is still time to return your ballot paper since the poll doesn't close until 10pm next Thursday, but you might wish to play safe sending it by registered post.

The Conservative and Labour parties have released their manifestos offering very different social policies but both agree that Brexit should proceed, although they differ on terms of negotiations.

The LibDems are offering a second referendum to allow people to vote on the Brexit agreement while the Scottish Nationalists want to remain in Europe.

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<p><b>TOLEDO 3 DAYS</b></p> <p>165€ B&amp;B</p> <p>CITY CENTRE HOTEL</p> <p>20 October</p>	<p><b>BENALMADENA-GIBRALTAR-MALAGA 4 DAYS</b></p> <p>175€ HALF-BOARD</p> <p>CITY CENTRE HOTEL</p> <p>25 Sep &amp; 2 Oct</p>	<p><b>VALENCIA 3 DAYS</b></p> <p>105€ B&amp;B</p> <p>CITY CENTRE HOTEL</p> <p>12 Sep, 16 Oct &amp; 14 Nov</p>

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- BENIDORM 10€  
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# Owners of killer dogs sued

By Linda Hall

THE family of Jose Selles are taking legal action against the owners of the six dogs who killed him.

They were not entered on

the Dangerous Animals Register and their owners had neither licences nor civil liability insurance for them, the family claimed.

The Boxer-American Staffordshire crosses set up

on the frail 74-year-old as he pruned vines at his home in El Faldar, Pinoso last October. He died later in hospital of shock and the severity of his wounds.

“The dogs terrorised everyone in El Faldar.

Selles’s family as well as neighbour who was bitten by the dogs on a previous occasion and the vet in charge of the animals immediately after the attacks have now made statements to an investigating judge in Novelda.

The attack was so ferocious that the dogs ripped away her father’s clothes, destroying his jacket and gloves, Jose’s daughter Maria Jose Selles told the Spanish media.

“The owners used to leave and we would have to



**KILLER DOGS:** Were put down in January.

ring them because the dogs were roaming free. They terrorised everyone in El Faldar,” she said at the time and confirmed it six months later.

At first the dogs were confined to their enclosure

on their owner’s property where they were kept under surveillance by the Local Police. They were later taken to a local vet and finally to an animal shelter where they were put down in January.

## NEWS EXTRA

### Taxi protest

AROUND 150 taxi drivers from Alicante participated in a Madrid protest on Tuesday, voicing their disapproval over the growth of ridesharing apps Cabify and Uber.

### Car port

DETECTIVES based at Alicante Port have recovered two high-end cars bearing fake French and German number plates and arrested four men.

### Beach clean

A TEAM of 20 volunteers from the group Margallo Ecologists in Action spent last Sunday cleaning Elche’s El Pinet beach.

### Radio jobs

RADIO TELEVISIO VALENCIANA, successor to the defunct Canal 9, is to provide 469 jobs.

**OCSI**

**Orihuela: a building company will compensate a Community of owners with 4.5 million.**

The community administrators of the company Comunidades OCSI, with their solicitors Mr. Trino Cámara and Mr. Carlos Valls, win a court case for the amount of 4,526,252€ to the company Promoplus for having deceived the neighbours of the Community of Owners El Mirador de Los Altos in Orihuela Costa, as the Community is not the owner of the pool offered and sold at the time by the company. These Administrators had always protected and protect the interests of the neighbours, claiming the builders of the properties all the rights that belong to the communities.

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# Aguilas street rife with robberies

THE neighbours of Calle Buenavista in Aguilas have fallen victim to a wave of robberies in recent weeks.

Robbers have stolen from a dozen houses in the street, taking valuables such as jewellery, televisions and cash. They have also been targeting vehicles - extracting gasoline and stealing other objects from inside the vehicles.

The Local Police are searching for the suspects and told the Spanish press they believe "that the robbers are members of a family living on Calle Buenavista, taking advantage of neighbours' trust," adding "this is nothing new for the neighbours of Calle Buenavista, who were also suffering robberies during the winter."

The robbers usually access houses through the windows or patios, when neighbours are out.



**CALLE BUENAVISTA:** Houses have been targeted.

The Local Police hope to catch the robbers in the act as otherwise they have "no reliable evidence."

The neighbours of Calle Buenavista and the surrounding areas are calling on the Consistory to increase security to prevent further theft.

Councillor responsible for Security of the City of

Aguilas, Vicente Ruiz said in a statement to the Spanish press last week that the "Local Police is already working hard to try to find the perpetrators of these robberies" although, when asked if the Consistory will increase security in the area, he said "I will not take any more questions."

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<p><b>Brilliance of the Seas</b></p> <p>14 days from... <b>1.470€</b> TAX, TIPS, TRANSPORT &amp; HOTEL INCLUDED</p> <p>VILLAFRANCA BARCELONA CIVITAVECCHIA ANAFI LIVORNO ZADAR KOTOR VENECIA</p>	<p><b>Brilliance of the Seas</b></p> <p>14 days from... <b>1.595€</b> TAX, TIPS, TRANSPORT &amp; HOTEL INCLUDED</p> <p>BARCELONA CANNES LA SPEZIA CIVITAVECCHIA ATENASO EFESO MALTA SANTORINI</p>

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MOROCCO	3, 9	230 €

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# Spanish-Valenciano rift is put on hold

THE Valencian Community's Upper Court of Justice (TSJCV) suspended the regional Education department's programme for multilingual teaching in state schools.

The TSJCV ruling is a precautionary measure while the tribunal examines the Alicante Province Diputacion's appeal against the new system.

Regional Education chief Vicent Marza intends that classes in state schools will eventually be taught in different combinations of Spanish, Valenciano and English. The scheme is due to start with reception classes in September and should be fully in place by 2020.

Preference clearly goes to Valenciano as schools can choose their level of each language, but those opting for more classes taught in Spanish than Valenciano lose out on English.

"This is a triumph for the Diputacion's defence of the interests and identity of Alicante province," said its president Cesar Sanchez following the court decision.

"Society cannot be built by only focusing on what separates us, but by looking at what unites us and what we



Photo credit: Edicions La Veu del Pais Valencià.

**VICENT MARZA: Confident multilingual programme will go ahead.**

have in common," he added.

"Nor could this be achieved by attacking the sociological reality that Alicante province speaks both Spanish and Valenciano," Sanchez continued.

As reported recently in the *Euro Weekly News*, many parents and parents' associations are now demonstrating

against the multilingual programme.

Resistance to the regional government's plans is particularly noticeable in zones where little Valenciano is spoken but exists even where it is more often heard than Spanish.

Many foreign residents feel that Valenciano is being foisted on them, but Spanish residents feel the same, especially those from outside the region now living and working in the Valencian Community.

Marza has lodged a counter appeal against the suspension. He called for calm, declaring that he was confident the multilingual teaching system would go ahead as planned in September.

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# The battle to save La Marina

ECOLOGISTS, residents and environmental groups are calling for the coastal area surrounding La Marina to be protected.

The united front comes as the Valencia Government

drafts its coastal planning initiative – the Patival - and puts the groups on a collision course with land owners looking to build.

A general plan outlines areas open to urban develop-

ment, backed by supporters who believe a green belt policy is too excessive, but this has prompted a backlash from people aiming to protect the environment and sustainable growth.

The Institut d'Estudis Comarcals del Baix Vinalopó, La Marina Espai Natural, the Rural Development Association of Camp d'Elx (ADR), Friends of the Wetlands of Southern Alicante (AHS), Attac-País Valencià, and Margalló-Ecologistes in Acció d'Elx have joined together to defend the area against development.

Several of the groups have presented a case to the planners drawing up the Patival, a document which, in general, they saw as a positive to preserve the landscape and environment of La Marina, an area of natural dunes and woods.

And as a united voice, they hope to help draft a new general plan for the community – already calling for the process



**SAND DUNES:** The area that has support for its protection from a united front.

to be transparent – and to take into account of general interests “not just those of the few.”

The group believes the wishes of developers and opening the land to construction would be a “real catastrophe”.

The battle over the coastal planning has presented a challenge for those who believe there must be sustain-

able alternatives for the whole of Elche and in particular the coast of La Marina.

In fact, La Marina still has a total of 1.1 million square metres of land with the possibility of urban development but those wanting the area to be protected are urging the government to reign in plans and not “abandon” areas that need the most protection.

And some residents have

called for areas in private hands to build walkways, ecological parks and public gardens, helping bring more visitors to the area, rather than open the way to construction.

Meanwhile, the second round of Valencia's public consultation invites both sides to argue their case over the future of the coastal area of La Marina.

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# Audit reports Mar Menor coast still not fit for blue flags

AS 16 beaches on the Mar Menor coast had their blue flags removed recently, members of the tourism sector and

regional government argued that the analysis was not current (it was carried out in 2016) and had it been carried out recently, the blue flags would not have been removed.

The Association of Environmental and Consumer Education - responsible in Spain for granting the blue flags - confirmed this to be true, which instilled hope on the Mar Menor that the flags might be reinstated before the summer season.

However, a recent audit has reported that if the analysis had been carried out recently, the beaches would still not meet the quality requirements established for obtaining the blue flags.

The Pacto por el Mar Menor (Pact for the Mar Menor) have denounced the audit and addressed the Director General of Water of the Ministry of Environment - claiming that the



**MAR MENOR:** Beaches don't meet the quality required.

central government have not yet provided essential documents to allow the problems on the Mar Menor to be addressed and calling for a 'comprehensive solution to the pollution' on the Mar Menor.

Los Alcazares had six blue flags removed: La Concha, Carrion, El Espejo, Las Palmeras, Los Narejos and Manzanares.

Similarly, San Javier had five blue flags removed:

Castillico, Paseo de Colon, Mistral, Barnuevo and Pedruchillo - only Ensenada de Esparto keeps its flag.

San Pedro del Pinatar had five blue flags removed at La Puntica and Villananitos with El Mojon being saved.

Cartagena had its flags removed at Cala del Pino, Mar de Cristal, Playa Paraiso and Playa Honda and the two beaches of Islas Menores had theirs removed, too.

## NEWS EXTRA

### Biker killed

A 53-YEAR-OLD motorcyclist died after his vehicle was in a collision with a car on the N-340 road and access to Crevillente.

### Medic dogs

SIX dogs are being trained at the University of Alicante to warn of an epileptic fit before going to work with families.

### Cash heavy

GUARDIA CIVIL officers stopped and arrested a 41-year-old Hungarian man at Alicante-Elche Airport about to fly to Budapest with more than €75,000 in various currencies.

### Bus boost

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Mark Roach  
Company Director,  
Spanish Tax Consultant

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Wincham are delighted to announce that during the month of June we will be hosting our “Tea on the Terrace” events in Calpe, Altea, and Javea. Offering complimentary one to one appointments with our consultants, giving you the opportunity to discuss your individual circumstances regarding your Spanish property.

Appointments are available between 10am and 5pm

Venue	Date
Diamante Beach Hotel, Calpe	Thursday 8th June 2017
SH Hotel Villa Gadea, Altea	Friday 9th June 2017
Parador de Jávea, Javea	Saturday 10th June 2017

For details of the “Tea on the Terrace” events please call Wincham on **0034 965 830 991** or **0044 (0) 1260 299 700**.

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It is planned a plane carrying 100 passengers will crash land and 'split in two' near El Altet allowing coordinators to assess the effectiveness of teams of professionals.

**“The objective is to test the safety and emergency protocols.”**

The simulation will recreate a serious crash of a commercial airliner with multiple casualties within the vicinity of the airport. Last year's mock-up was based on a metro accident at Paterna.

It is envisaged the fictional scenario will involve a plane coming into land at Alicante with 100 passengers plus the crew on board. It will crash about 4km short of the runway.

One part of the wreckage will be in Santa Pola and the second in Elche; there will be

large numbers of dead and injured to deal with, as well as numerous relatives waiting in the airport terminal.

Once the alarm is sounded, the airport will mobilise its own firemen and organise a help centre for relatives; the Emergency Co-ordination Centre for Valencia will first assess the situation before activating the Generalitat Valenciana's own emergency plan; including establishing command posts.

Volunteers will act as the wounded and relatives; 40 dummies will be used to simulate the dead.

Because of the high number of holiday-makers using the airport, the British and Swiss consulates will be invited to take part; this will recreate implementation of protocols used to identify the dead, wounded, and help for waiting families. Representatives from Murcia are to be asked to witness the simulation.

Jose Maria Angel, part of the organising team, said the objective was to "test the safety and emergency protocols in order to detect faults, deficiencies, and rectify any on the basis of the experiences of the simulation."

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**URBANISATION:** Area where the attacker assaulted and robbed the woman.

# Woman attacked at bins in Tentegorra

THE Guardia Civil are searching for a man who sexually assaulted a 40-year-old woman in an urbanisation in Tentegorra, Cartagena last week.

On Monday morning at around 9.00am, the victim, who is employed as a cleaner in a chalet in Tentegorra went to the urbanisation bins to throw out the rubbish.

While there, the victim was approached by the attacker from behind and pulled down to the ground.

The attacker repeatedly kicked her in the ribs and scratched her face as he pinned her down, then began to touch the victim sexually.

Fortunately, she managed to call for help and her boss, who

was in the chalet and another neighbour ran to her aid.

The attacker scarpered, stealing the victim's rucksack.

The victim could not see the attacker's face but recognised that he spoke in Arabic.

The Guardia Civil are searching for the man as alleged perpetrator of sexual assault and robbery with violence.

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# End traffic ban



**CITY CENTRE:** Saturday closure is hitting trade in Elche.

BUSINESSES in the centre of Elche are appealing to the city council to repeal a Saturday traffic ban.

Shop keepers believe buses and other vehicles must have access to Calle Corredora on Saturdays - at least until the new central market is built.

And they have written an open letter to Mayor Carlos Gonzalez claiming the local authority has ignored the views expressed at a public meeting and in a petition.

Business owners said the council "ignored"

the views of locals and Saturday closure was hitting trade because it was becoming more difficult for customers and visitors to access the city centre.

However, they pointed out they were not against pedestrianisation of the area and it was necessary in the future; but only when the new market was completed.

In the letter, opponents said they will continue fighting "so that the historical and commercial centre will not die" and include the possibility of demonstrations against the street closure.



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# Thief cleans out valuables from homes

A TRUSTED cleaner has been arrested in Crevillente charged with 12 offences of theft after stealing valuables from homes where she worked.

The 50-year-old domestic help pocketed valuables – mainly jewellery and gained the confidence of families to win recommendations to new employers.

A Guardia Civil investiga-

tion alleged the Spanish cleaner sold stolen items to pocket €22,000 from various gold selling sites and second hand jewellery shops; despite an estimated value of her loot said to be €180,000.

However, the alleged thief was caught out when the family of an elderly woman in the Costa Blanca town complained of missing items.

The victim maintained that she only knew where her jew-

ellery was hidden but from the outset police suspected the woman who was employed to do the housework and quickly linked a number of other similar crimes.

And officers were able to

identify other victims, who recognised the suspect. Detectives allege after gaining the confidence of families, the woman began stealing, taking small quantities of valuables at a time; hoping

the items would not be missed or that they were lost.

A spokesman for the Guardia Civil said at least 136 items were stolen and that none had so far been recovered.

## NEWS EXTRA

### Statistic gift

FLORIDABLANCA students Maria Fernandez and Helena Leon won first prize in the Olimpiada de Estadística del INE, organised by the Instituto Nacional de Estadística, the Universidad Complutense and the Sociedad Estadística and Investigación Operativa.

### In recovery

FIVE members of a Torrevieja family, including three children aged between six and 12-years-old are recovering from suffering the effects of smoke inhalation, following a fire at their home in Calle Joaquín Chapaprieta.

### Go ahead

THE contract has been awarded for the renovation of the facades and central decks in the municipal market of San Andrés. The €166,945 project will take three months and once completed, the building will be fully accessible for the disabled.

### Open-to-all

THE Murcian Government Board recently awarded the €7,669,263 multiservice data network contract to Telefonica. The network will allow municipal buildings, sports centres and shopping malls in Murcia to have an open Wi-Fi connection for all citizens.

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## BREXIT PAGE

By Jack Troughton

BRITISH Consul Sarah-Jane Morris remains “optimistic” Britain and its former European Union partners will quickly strike a deal over expats rights after Brexit.

She was visiting Calpe and told a meeting all parties were “keen” to protect the interests of UK citizens living in Europe and EU citizens living in Britain.

“We in both the British government and members of the EU are very keen to get a result on citizens’ rights as soon as possible; I am optimistic we will find something out in the next few months,” said Mrs Morris.

“They will probably fall out over fishing rights for some years to come but on citizens’ rights, everyone is

# Optimism for po

on the same page.”

“For European citizens who are not living in their home countries, their rights will be respected; I am confident their position will not change; although we do not know what the final deal will look like yet.”

Mrs Morris and Calpe Councillor Carole Saunders were guests of Calpe’s Association of Foreign Property Owners; the consul returning to speak about Brexit after last joining AFPO in October.

She said the consulate network in Spain would continue to look at numbers of British nationals living in the country, where they were living and what their situation was; feeding information back to the government’s Department for Leaving the EU.

“I listen to your concerns, go back and speak to the ambassador; concerns I pick up and the mood on the street, and what specific issues come up, some were flagged

up right at the beginning,” said Mrs Morris.

And she said there were a number of pressure groups that had launched after last year’s referendum aimed at protecting expats’ rights in Europe, such as the Madrid-based Eurocitizens and ECREU.

“If you do have concerns, you might want to look at some o f



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by Piscinas Escribano

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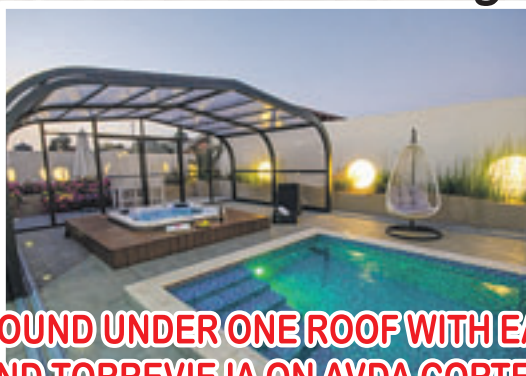
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# Post-Brexit expats

these groups and make sure your local council, certainly the Costa Blanca councils, are aware of what the Brexit implications might be," she added.

Mrs Morris said if people picked up things "on the rumour mill" and were concerned; they should contact the consulate or visit the official



COUNCILLOR: Carole Saunders (left) and Consul Sarah-Jane Morris.

'gov.uk' website.

She said health, pensions, education, and property rights were among the top concerns and would be addressed.

"It is in Spain's interest to get as many Brits to stay here as possible; you are helping keep these local towns afloat; it is in Spain's interest that you don't go anywhere," she said.

And Mrs Morris said the UK's close relationship with Spain dated back to before Spain became a member of the EU. "I think common sense will prevail, that's just my take but I would like to think people are in a similar position; people will want to carry on with the

current position because it works very well."

Mrs Saunders said Calpe Mayor Cesar Sanchez was also the president of the provincial government and it was estimated there were between 250,000 and 300,000 British citizens in Alicante.

"Everyone I meet says 'don't worry' we will get it organised," she said. "I think they know we are important.

"The amount of British people coming on holiday to the Costa Blanca is still rising; there was a boom in house sales in the last year, it has gone down but only because people are doubtful about the future. Please don't worry. They cannot do without us and they know it."

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**Closer to bridging the gap**



**FERNANDO REIG BRIDGE:** The cables are being replaced.

MINISTRY OF PUBLIC WORKS engineers have begun propping up the Fernando Reig bridge in Alcoy with 10 scaffolding towers.

These will support the deck of the bridge while its 38 stay-cables are removed and substituted. Movement has been detected immediately below the bridge and surveyors are collecting information and taking mea-

surements to counteract possible instability.

One of the cables that support the bridge was found to be corroded during routine repairs last summer and closer inspection revealed that all were affected and would have to be replaced. The bridge, which is the principal exit for Alicante and was inaugurated in 1987, has re-

mained closed to traffic and pedestrians since then.

The €7.2 million undertaking is expected to take 13 months to complete and Alcoy's mayor Antonio Frances has expressed hopes that the project can be concluded as soon as possible. "The bridge is vital to the city and its closure is causing huge traffic problems," he said.

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# Breaking a final taboo

THE new crematorium in Torrevieja opened its doors last week aimed at breaking taboos and creating a family-friendly space.

Occupying an area of 2,800 square metres, facilities include a chapel, multifunctional room for personalised ceremonies, a coffee shop, and an exhibition of flowers.

Located in the industrial estate Casagrande, in Avenida of Delfina Viudes, the Tanatorio de Torrevieja stands out for its avant-garde design and its space, decoration and furniture; totally different from

the usual style for this type of centre.

The modern design and colours are some of the main features of this funeral parlour in a new concept with which Grupo ASV Funeral Services aims to generate a continuous innovation in search of the 'normalisation' of death, its integration in life and the improvement to memories of farewells.

"This new concept is designed so that we feel like we are in our home with family and friends, breaking the taboos and uniting all genera-



NEW CREMATORIUM: Including a chapel, coffee shop and a flower exhibition.

tions, including children, who are increasingly present in the centres, creating a point of meeting for funeral ceremonies following the loss of loved ones," said José Miguel Pérez Samper, director of the centre.

Offering a warm and close environment, special places have been set up for each moment, such as areas for children, to rest and disconnect, or to write a dedication,

attend calls or to hold meetings.

It also incorporates the most advanced and innovative services of the sector; including the addition of the 'Alife' platform; an app that allows friends and family to share information through mobile devices.

These include details of the funeral, as well as sharing memories in the form of photos, texts or videos, or to

write personal messages, and send condolences.

It is also possible to request and preserve the DNA of the deceased in order to avoid the loss of the 'genetic footprint.' Families can not only keep it in a DNA bank for at least 10 years, but they can take it home in a capsule called 'UNIQUE' with the genetic information of a lifetime that can help the diagnosis of diseases.

## NEWS EXTRA

### Roman re-forum

THE City of Cartagena is pushing forward in its efforts to make the most of its unique historical heritage as the excavation work around the Roman forum on the Molinete hill continues.

### Cracked up

HUERMUR have warned of the 'worrying' cracks in the aqueduct of the Rueda de la Nora - a Murcian monument which dates back to the 15th century and is declared to be of cultural interest (BIC).

### On the loose

A PITBULL loose on the streets of Algezares attacked a 46-year-old woman on Friday, biting her several times and causing various injuries. The dog was transferred to the Zoonosis Centre where it will be monitored.

### Fight club

THE Guardia Civil has arrested seven minors in Jumilla (Murcia) for recording videos of fights organised among students of local secondary schools and sharing them on social media.

### Hot stuff

A 34-YEAR-OLD woman was treated this Sunday by emergency health services and taken to Morales Meseguer Hospital after suffering burns while working in the kitchen of a restaurant in La Flota.

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# A military operation



**ORIHUELA COSTA:** Cleaning was needed to remove paper, plastics, wood and cans.

SPECIALIST cleaning of a hard to reach part of Orihuela Costa ran as smoothly as a military operation thanks to soldiers stationed at Cabo Roig.

A detachment under Lieutenant Moe 'Teniente' Morejon joined Orihuela Council workmen to work along the

Aguamarine area; because of the difficulty of access, experts needed to descend using ropes.

Luisa Bone, the councillor for Beaches, thanked everyone who took part in the weekend 'deployment' for the difficult task; especially the military personnel who

she said always cooperated in an unselfish and helpful way to improve the appearance of the area for the benefit of the community.

A weekly market takes place near this part of the coast on Thursdays and over time rubbish can accumulate on the rocks and in the nearby micro-reserve; the cleaning needed to remove things like paper, plastics, wood and cans.

## Numbers in the news

**10** Spanish universities are among the 20 most in demand in Europe by Erasmus students.

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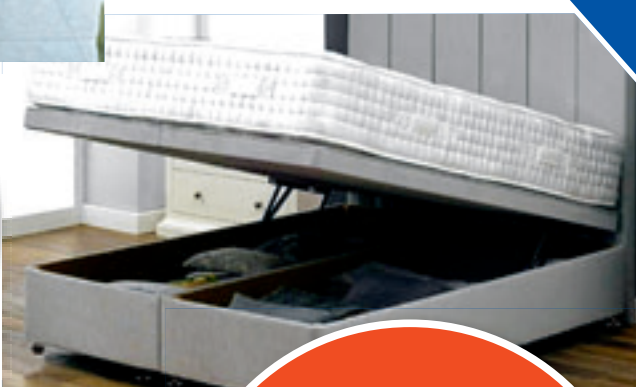


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# Standing together side by side

THE British expat community of La Marina Urbanisation solemnly stood side by side with Spanish and other international residents in a peaceful and moving candle-

lit vigil on Friday evening to pay their respects to the victims of the Manchester terror attack. It was a time to reflect on the awful tragedy, where 22 victims, mostly

children and parents, lost their lives and were injured during the horrendous bombing in Manchester following a pop concert.

The community pulled to-

gether after Manchester born local resident Debbie Alger, like many other expats from Manchester and the UK was devastated by the atrocity. She knew one of the victims, and felt that personal grieving just wasn't enough, and felt she should do more.

On Thursday morning, Debbie contacted the local resident's association, Asociación Vecinal MUNA to see if it would be possible to arrange an evening candlelit vigil at short notice.

The secretary, George Scammell made enquiries with the councillor for Urbanisations, Paulino Herrero at San Fulgencio Town Hall who spoke with the Guardia Civil and the Local Police and a permit was able to be obtained to hold the vigil.

Debbie sent out a message on social media informing residents of the vigil and asked if anyone had a PA system available to play suitable music which was very kindly made available by Steve Herring from Elche.

At the vigil, which was held at the Social Centre, Debbie explained why she personally wanted to arrange it. She invited friends and residents to contribute by signing the book of condolence and read poems or eulogies.



**MANCHESTER VIGIL:** People come together in La Marina to remember the victims.

Friend, Jeff Wiszniewski read out words from a song in a moving tribute, followed by a reading from Samantha Hull Gallon of the PIPN party, and a poem from Nikki Padgett Clark.

Residents bought banners, flags and candles. Twenty-two blue and pink balloons,

one for each victim, were released, along with a Chinese lantern during the evening.

The book of condolence will eventually be sent to Manchester, but will be at Aloha Bar in Consum square for a few days for any residents who would like to write condolences.



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**GREEN-FINGERED:** Luisa Bone monitors progress of the parks and gardens.

# Seasonal greens

PARKS and gardens along Orihuela Costa are to receive some green-fingered tender loving care ahead of the summer.

Orihuela Town Hall has announced its action plan for the coast ahead of the return of seasonal residents and holiday-makers.

Councillor Luisa Bone, in charge of coordinating services for the municipality's coastal

area, and colleague Councillor Juan Ignacio Lopez-Bas, responsible for infrastructure, said teams responsible for the green areas will be reinforced under the project.

The strategy was announced by Councillor Bone. She said: "This reinforcement is necessary because we need to maintain and renew more green areas than we initially assumed.

Councillor Lopez-Bas pointed out that after the extremes of this winter's weather and "state of the coastal parks" he had decided to deploy two extra teams from Orihuela to the coast.

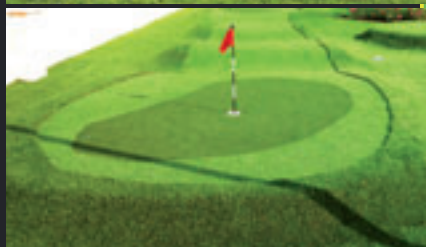
He said: "One group, consisting of four people, will take care of the parks and gardens and the other, also four-strong, is to carry out repair works.

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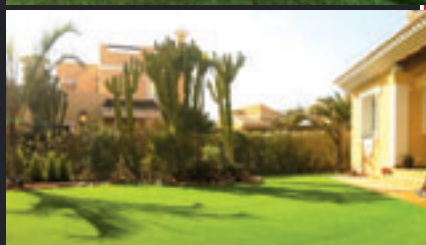
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Copper also prevents inflammation around the joints, so there is a feeling of well-being all round. Malcolm has been marketing the Copper Heelers in Spain for more than five years now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!"

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For more information on the Copper Heelers, please visit the website at [www.copperheeler.es](http://www.copperheeler.es) or call Malcolm on 966 763 770.

# Nelson's flagship venue for award to local veteran

HAVING moved over to Cabo Roig in Spain on a semi-permanent basis a little over a year ago, Carl and Nicola Loudon have quickly established themselves with the expatriate community.

The couple quickly became members of the Orihuela Costa Branch of the Royal British Legion and the Torrevieja Royal Naval Association and when in Spain, they can regularly be seen supporting both of these very worthwhile causes.

However, as a former Lieutenant Commander who has only recently retired after 39 years of service, Carl still has many commitments back in the United Kingdom. One such liability is to serve in the Royal Naval Reserve for a further five years, to which he was transferred at the end of last year.

As all veterans know, continued service on the Reserve Lists requires annual refreshers and training which is just one reason why Carl currently finds himself back in Portsmouth.

Part of that commitment will see him participating in the annual RN/RM Char-



**MILITARY CEREMONY: On board HMS Victory.**

ity sponsored Field Gun Competition as part of the RNR team, which we will be following in the coming weeks, but more recently his attendance was required at a rather more formal military ceremony where he received an award on board Nelson's former flagship, HMS Victory, from Second Sea Lord, Vice Admiral Jonathan Woodcock OBE.

The award was for the period that he undertook in the role of Royal Naval Staff Officer (RNSO) from September 13 to August 16 in HMS King Alfred,

the RNR unit located in Portsmouth Hampshire, and his final RN appointment before retiring.

The testimonial was written by the Commanding Officer of HMS King Alfred, Cdr Chris Webb, in which he spoke of Carl's professionalism and determination in support of part time reservists who were being deployed to the Future Reserves 2020 Programme and to the critical role that he played in the delivery of the largest trained strength figure in an RNR Unit.



**CANTABILE: Summer concerts.**

## Singing for MABS

CANTABILE will be presenting the first of the ladies choir's summer concerts in La Siesta Church on Saturday June 3, at 7.30pm.

The varied programme is divided between sacred and

secular music dating from the 17th to the 20th century; and ranging from folk through classical to tunefully modern music, with two short piano interludes from accompanist Nataliya Khomyak.

Entrance to the concert is free but there will be a retiring collection which will be donated to the MABS Cancer Support Group, one of the leading non-profit making charities in Spain dedicated to the support of all who are affected by cancer.

The choir is always looking for new members. Rehearsals are at La Siesta Church, Torrevieja every Friday from 2.45pm to 5pm, September to June.

The repertoire is large and varied and performed in different venues in the area.

Anyone interested in singing and would like to join this established ladies choir, please contact Val Beange on 966 795 816 or email [valcantabile@gmail.com](mailto:valcantabile@gmail.com).



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# Cheeky Rascals light up the stage

RASCALS performed a very successful show last Friday and Saturday at Los Montesinos called 'On Broadway.'

A special mention must be made of Mo Quirk for her excellent rendition of Frozen despite suffering from shingles. What a trooper!

Jan Holden and Dave Sawyer were particular favourites with the audience for their comedy act 'Are you Lonesome Tonight,' although Dave was not acting as he really did have a bad back!

Another popular item, particularly with the men, was Jolanda and the dancers in Mein Herr from Cabaret.

Congratulations must go to all the cast and support staff for all their hard work.

A donation of €2,000 will now be given to Los Montesinos Social Services and shared with the Los Montesinos children's band.

At Friday's show a donation of €450 was given to Alzheimer's to go towards a new bus that

Matilda (past chairman of AFA) told the audience was badly needed to transport patients to the centre.

Following Saturday's performance a card with a collection from Rascals' cast was given to Bill Pearce to buy something for his new home as he is retiring to the UK. Bill explained that Rascals would need somebody to take his place in playing the music at rehearsals and that he had so enjoyed his time with them.

If anyone is interested in this position or would like to join this group please contact Jill on 966 727 282 or email [Jillinthesun@gmail.com](mailto:Jillinthesun@gmail.com) for information.

## Numbers in the news

**31** The percentage of women in Spain thought statistically to be overweight, 9 per cent fewer than men.



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50 min.			
<b>From 1 April to 31 October:</b>			
7:00	11:00	15:00	18:00
9:00	12:00	16:00	19:00
10:00	13:00	17:00	21:00
<b>From 1 November to 31 March:</b>			
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11:00	14:00	18:00	22:00
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## Monday club closing

THE Almoradi Monday club will have its last meeting on June 5 and will close until Monday September 4. Have a good summer!!!

The group meets every first and third Monday of the month at 4pm in the Centro Social Rooms, Plaza San Andres, Calle Antimo Illescas, off Calle Comunidad Valenciana, in Almoradi.

Calle Comunidad Valenciana is the road that the Cortes theatre is on. With the theatre on your left, the Plaza is opposite the seventh turning on the left, before you get to the school crossroads. Once you are in Plaza San Andres the Centro Social Rooms are on the right hand side and entry is via a door next to

'The Bar' with blue awnings outside.

The idea of this modern and progressive club is that people who speak English and live in Almoradi or the surrounding area can meet one another on a regular but informal basis to talk together and enjoy life in the Spanish community.

Club activities include social events, club lunches and evening meals in and around the local area, with guest speakers at meetings and entertainment when possible.

If you are interested then come along to a meeting. For more information contact *dav edanie@gmail.com* or see Almoradi Monday Club on Facebook.

## Over €1,000 for charity

THE recent free Reach Out Fashion Show at the Marina Bar Torrevieja on Friday May 19 excelled, with €1,343 raised for the charity.

Organisers David and Lorraine Whitney, volunteers and managers of the Reach Out shop on Calle Dona Sinforsosa in Torrevieja, were thrilled with this result after the hard work they and their team put in.

The afternoon was well supported and the rush to buy the charity clothing, shoes and bags again resembled the first day of a January sale with everybody rushing to grab a bargain.

On hand of course were Rita and Dave Monaghan of the Marina Bar who were kept busy all afternoon together with their own team of hard workers, all ensuring the event ran

smoothly. Many other stalls contributed to the event and of course the charity, and bakery wizard Beverley even donated a cake as a raffle prize.

Cash donations swelled the coffers raising the total by €258, so thanks to Christina and George, Dorothy, Mr and Mrs Porter, Eileen and Beryl and Ian Austin and another who wanted to remain anonymous.



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BEFORE



AFTER



**RACE NIGHT:** Raising funds for Maria and the Pink Ladies.

## Bar Kenz raise €1,567 for AECC

BAR KENZ, the small friendly bar in San Luis, has raised €1,567 for Maria and the Pink Ladies of the AECC. The money was raised via a race night, tins and a raffle.

Bar Kenz put up a massive bottle of vodka for the raffle and the winner kindly donated it back so they decided to auction it off. C J Builders generously

paid €250 which really boosted the fund.

Once again Ken and Jan would like to thank their customers for their support. If you would like to book an appointment with the AECC for a mammogram, smear test or prostate test please call 965 329 841 from 10am-1pm, Monday to Friday.

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**Numbers in the news**  
**3,500** people in Spain have the HIV virus. An estimated 40 per cent more are undiagnosed.

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### TYPES OF THIRD PARTY OR PUBLIC LIABILITY

If you own a swimming pool, paddle court or if you are renting out your property as a holiday home, anyone visiting your property could potentially make a claim against you for injury if they hurt themselves. You could be held liable even if it was their fault entirely. This also includes tradesmen entering your property in order to maintain it, such as gardeners, electricians, and swimming pool or boiler maintenance. Public liability insurance will cover you against any potential third party claim resulting from an injury happening on your property. You will need to check which types of third party cover you require for your property and take out a specific policy to cover, for example, medical claims or negligence.

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Should the structure of your property cause any material damage to another property (through explosion, water, or fire damage), you will be held responsible for any costly repairs. To avoid having to foot the repair bill you must take out a home insurance with public liability.

### WHAT DOES PUBLIC LIABILITY INSURANCE COVER?

Should a third party injure themselves on your property, they could make a claim against you for medical costs to cover their treatment. This can be expensive, especially if they have private medical insurance. You may also have to pay for any legal costs incurred should the claim require legal representation or court settlement.

*Linea Directa can provide you with advice on how to check how much public liability insurance you currently have and provide you with options on how to adequately cover yourself and your family.*

*We hope the information provided in this article is of interest.*

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**ORGANISERS:** Marlene Brown and Joan Rampton present the money to Gerry Lynch, Chairman of the Torrevieja Branch, RBL.

## Woody sings for Royal British Legion

THE ever popular Woody entertained at a recent charity night held at Restaurante Don Calveto in Torrevieja.

Everyone had a great night and €508.20 was raised for the Torrevieja branch of the Royal British Legion.

Organisers report that they are already selling tickets fast

for their next charity fundraising night on Wednesday June 14.

This will be held at Quesada Fish & Chips, with entertainment being provided by Best of British, a new group made up of four, very experienced and talented musicians, who will be pleasing diners with

hits from the 60's and 70's.

Tickets are priced at €10 for a two-course meal and superb entertainment, and all money raised will be donated to Torrevieja Stroke Support.

Tickets are available from Quesada Fish & Chips, The Post Room Benijofar, The Card Place in Benimar and REDZ cafe bar in Quesada. More than half the tickets have already been sold, so get yours fast if you don't want to be disappointed.

### Numbers in the news

**£80,000** the cost of an operation a Barcelona neurosurgeon is to perform on a British woman.

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## NORWAY

## Safety first

ORGANISERS of a Bruno Mars concert in Oslo have met with police and reassured the public that appropriate safety measures are in place. The meeting came following the terrorist attack at a music concert in Manchester.

## Foreign trade

NORWAY is close to making a deal with China over its salmon. Despite some political differences, normal fish exportations could resume following a visit to Beijing by Norway's fisheries minister.



BRUNO MARS: In concert in Oslo.



## Wrong side

A FORMER police officer faces 21 years in prison for allowing almost 14 tonnes of hashish to be smuggled into the country. The now 60-year-old was in charge of fighting organised crime but is accused of being involved with an infamous drug trafficker.

## Hyperloop train

THE year 2037 is still a long way off but this is the date the Green party says it wants to see a futuristic vacuum train up and running between Oslo and Copenhagen.

## GERMANY

## Mumbling Harry

COMPLAINTS have been made in Germany about an English exam for 16-year-olds which students and teachers said was too difficult as it included a poor recording of Prince Harry 'mumbling' in a speech.

by German prosecutors investigating possible fraudulent emissions data. It comes following the Volkswagen scandal. Daimler, which owns Mercedes-Benz said it was co-operating.

through every scenario" during the Protestant Reformation celebrations, which include a visit by former US president Barack Obama.

## Emissions enquiry

DAIMLER offices have been searched

## High security

SECURITY has been increased in Berlin as police say they have "thought

## Beer line

A BEER pipeline is being constructed in northern Germany to serve revellers at the Wacken Open Air festival.



## FRANCE

## Finally accepted

FORMER TV host and popular environmentalist, Nicolas Hulot has joined president Emmanuel Macron's team heading the Ministry of Environment.

## Student fire

A STUDENT remains fighting for his life following a fire at a student dorm outside the city of Rennes. Most of the injured students suffered from smoke inhalation in the blaze.

## Emergency extension

FRANCE plans to extend the state of emergency it put in place after the country's November 2015 attacks, in wake of the terrorist attack in Manchester.

## Going organic

FRENCH buyers are going more organic. Consumption of organic products in 2016 has risen nearly 22 per cent compared to 2015, bringing in €7.1 billion.



## BELGIUM

## Slowly slowly

A FORMER basketball player who was badly wounded in the suicide bomb attack on a Brussels airport last year, has advised all those affected by the Manchester terror attacks to take recovery one step at a time.

## Keeping watch

FOLLOWING the attack in Manchester, concert halls in Brussels are keeping current reinforced security measures in place for the immediate future.

## Flying visit

PRESIDENT of the US, Donald Trump, spent a short 30 hours in Brussels as he attended a special meeting of the 28 NATO member countries. He then left for Sicily.

## Cancer fight

A FIFTH of all new oncology medicines and therapies being trialled in Europe are taking place in Belgium.



## NETHERLANDS

## Varying figures

RESEARCHERS claim the economic benefits of tourism in Amsterdam may have been exaggerated as much of the profit goes to just a few large firms. Estimates of jobs created also varies from 154,000 to 61,000.

## Red tape

AMSTERDAM is making it compulsory for all those renting their home out to register it with the city authorities. Rental portal Airbnb, objects to the plans and is urging its landlords to protest it saying it is creating unnecessary red tape.

## Jobs cut

MORE than 12,000 jobs in the financial sector are set to be lost this year and next according to the government jobs agency. However there are currently some 26,000 vacancies for those with degrees.

## DNA screening

A MASS DNA screening could take place in a bid to find the killer of an 11-year-old boy who was taken whilst at a summer camp in 1998.



## DENMARK

## Going green

MILLIONS has been approved to be spent on planting almost 28,000 new trees in Copenhagen. The city aims to plant some 100,000 trees by 2025.

## No rise

PLANS to increase the country's retirement age will be dropped after the government failed to obtain an overall parliamentary majority on the plans to increase the age of retirement by six months to 67.5 years.

## Renewable energy

A DANISH energy company has financed and installed renewable energy technologies on the Azores island of Graciosa to provide around 70 per cent of the island's power.

## Grant failure

OVER 100 public schools were eligible to apply for a grant from the government to help struggling students, but just 19 registered, the result "disappointing and worrying."



## SWEDEN

## Airport threat

AN airport, just outside Gothenburg was evacuated after a left bag was shown to contain traces of explosives following a scan.

## Search suspended

POLICE in New Zealand have suspended the search for a missing Swedish man who disappeared two weeks ago from near Fox Glacier, on the South Island's West Coast. His sleeping bag was found but there is no trace of the 27-year-old.

## Mercy attack

TWO people have been killed and one kidnapped as gunmen stormed a guest house run by Swedish charity Operation Mercy in Kabul. It is the latest in a series of attacks on aid workers in Afghanistan.

## No deportation

CHANGES to the migration laws will mean that immigrant workers in Sweden will no longer be deported for administrative errors made by their previous employers.





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# Billionaire's battle online

■ **TYCOON** Alisher Usmanov, a shareholder in Arsenal, released an online video ranting about Putin critic and anti-corruption campaigner Alexei Navalny. Earlier this year Navalny accused Usmanov, the 37th richest man in the world, of bribing prime minister Medvedev. He ended the 12-minute video saying "I spit on you Navalny."

**USMANOV: A billionaire but definitely not a happy camper.**

## Gay purge

■ **MOSCOW** has bowed to international pressure and began investigating reports of a murderous purge against Chechnya's gay community. It is the first time Moscow has interfered with the domestic politics of the extremely conservative region. Human rights groups believe homosexuals have been rounded up in concentration camps.

## Mercedes molotov

■ **A MOLOTOV** cocktail was thrown at a luxury Mercedes parked in central Moscow, causing damage as the driver quickly sped away. Police are investigating the incident, which comes as the city is on high alert following a series of protests. Molotovs are often used as a symbolic



weapon against corruption.

## Family legacy

■ **STALIN'S** grandson, Alexander Burdonsky, has died at the age of 76. Burdonsky was one of the former Soviet leader's 12 grandchildren and a director at Moscow's Red Army Theatre. His father was Vasily, Stalin's second son, who was once jailed as a political prisoner.

## Flash priest

■ **AN** Orthodox bishop raised eyebrows in Oryol when he accepted a Land Cruiser worth six million rubles (€100,000) as a gift. Bishop Nektary said he reckoned Jesus would have accepted it so felt compelled to do so himself, despite Patriarch Kirill urging clergy to reject donations of luxury cars.

## Theatre trouble

■ **A TOP** contemporary theatre famous among Moscow's culture vultures was raided by police in a corruption investigation. The Gogol Centre was swarmed with officers, who also searched the home of director, Kirill Serebrennikov, whose avant-garde films have appeared at Cannes and other major film festivals.

## Foreign talent

■ **FOREIGN** footballers should be prevented from joining Russia's top teams according to some Kremlin officials. A spokesman for the President said he disagreed with the notion but admitted that the country had trouble developing homegrown talent. League champions Spartak Moscow's current squad has three South Americans.



■ **SPARTAK MOSCOW:** Squad has three South Americans.



# Aena achieves record share

By John Smith

THANKS to purchases made by mainly American banks and investment houses, shares in Aena hit a record €170 on the Spanish stock exchange.

When large corporations such as Goldman Sachs, Charles Schwab and JP Morgan invest in a company's shares, many other speculators follow suit even when company profits obtained are not that high.

Analysts suggest however that with the weakness of the Brazilian

and Chinese economies as well as problems in the US and the UK, sensible money has headed to a safe haven such as Aena which manages airports in Spain and overseas.

Recently, one of the world's largest credit ratings firms, Fitch upgraded Aena's rating to A and the

**€80.9 million**

is the profit reported by Aena for the first quarter of 2017.

company continues to turn in increased revenue figures and forecast profits every quarter so whilst other analysts suggest that the shares are over-valued, such a suggestion is being ignored by the large corporate investors.

Latest valuation based on share

price which has increased by 14 per cent in the last month shows that Aena is within the top 10 most valuable companies on the Spanish stock market (IBEX) index, being worth more than a number of Banks and other household names.

The reason for the escalation in the price of shares in the company is simply explained by the fact that there are considerably more potential purchasers than sellers and the only way that shares can be obtained is to encourage profit taking with higher bids.

## Bid for renewable energy projects

ALERT to the fact Spain needs to increase its production of renewable energy in order to meet EU requirements, new suppliers are being sought.

The government will hold an auction to receive bids for new wind and other renewable projects shortly according to Prime Minister Mariano Rajoy. He made it clear one of the stipulations for the award of any contract would be consumers would not have to pay more for the electricity produced as development costs would be for the winning bidders.

The government hopes that by 2020 renewable projects will account for 10 per cent of Spanish energy production.

### Quote of the Week

"Euro area banks are less likely overall to grant loans than they have been on average since 2003," Mario Draghi, President of the European Central Bank speaking in Madrid.



Photo Credit: UK in Spain flickr

Ambassador Simon Manley promoting British business.

## A hard Brexit is scaring majority

ACCORDING to the British Chamber of Commerce in Spain, more than two thirds of its members are now more sceptical about the results of Brexit.

What worries them most is the possibility of a hard Brexit with 82 per cent saying that the consequences of this, especially the shielding of migratory flows or access to the common market, as well as the establishment of tariff barriers to imports and exports of goods, could negatively affect

their businesses.

They are however more optimistic about the option of a soft exit as more than half believe that it would have no effect or could even be positive for their business.

Importantly however almost all the companies consulted agree that Brexit will have negative consequences on the Spanish economy as it may be more difficult for British companies to invest or want to invest in Spain.

### » BUSINESS EXTRA

## Foreign owners

DESPITE fears over Brexit, Britons purchase more properties in Spain than any other foreign group. Figures have fallen in the last 12 months but are still significant as far as property sales are concerned.

## Gas price

THE cost of an orange butane gas canister has increased by 5 per cent to €14.18. The last increase was in January and the price is set by central government, although gas in silver canisters is not controlled.

## Pay TV

IT is reported that more Spaniards are considering pay TV. Sky has indicated that it expects to enter the market. With plans to offer services towards the end of this year, it will be unable to offer Premier League football.

## Roam free throughout Europe

TELECOMS group Telefonica has advised its Movistar customers that from June 15 they will be able to use their mobile phones within Europe free of roaming charges. Other mobile phone companies have already implemented this change in or-

der to comply with European Union directives following some 10 years of negotiation between member states and telecoms companies.

Apart from all EU states, this change will also apply in Iceland, Liechtenstein and Norway.

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# LONDON - FTSE 100

CLOSING PRICES MAY 29

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,047.75	-4.75	-0.45	14,853.61
Associated British Foods	2,925.00	-25.00	-0.85	23,504.81
Admiral Group	1,905.00	-101.00	-5.03	5,741.21
Ashtead Group	1,545.50	-24.50	-1.56	7,777.94
Antofagasta	801.50	-23.00	-2.79	8,138.25
Aviva	524.50	-2.00	-0.38	21,603.20
AstraZeneca	5,189.00	-38.00	-0.73	65,925.22
BAE Systems	663.00	-2.50	-0.38	20,848.96
Babcock International Group	919.00	-22.50	-2.39	4,805.70
Barclays	211.13	-0.52	-0.25	36,345.12
British American Tobacco	5,515.00	-76.00	-1.36	102,447.64
Barratt Developments	597.25	-3.75	-0.62	6,112.30
British Land Co	629.50	-2.00	-0.32	6,497.84
BHP Billiton	1,198.00	-7.00	-0.58	25,545.51
Bunzl	2,419.50	-17.50	-0.72	8,189.39
BP	469.78	-4.77	-1.01	93,111.14
Burberry Group	1,739.50	-38.50	-2.17	7,772.48
BT Group	312.00	-1.80	-0.57	31,216.01
Coca-Cola HBC	2,269.00	-2.19	-0.10	8,248.17
Carnival	4,600.00	-335.00	-6.79	10,419.45
Centrica	202.60	-0.60	-0.30	11,292.38
Compass Group	1,616.50	-26.50	-1.61	26,638.66
Croda International	3,922.50	-39.50	-1.00	5,172.47
CRH	2,790.00	-14.74	-0.53	23,185.25
ConvaTec Group	292.55	-32.45	-9.98	6,264.23
DCC	7,290.00	-94.26	-1.27	6,581.29
Diageo	2,324.00	-13.00	-0.56	58,512.44
Direct Line Insurance Group	344.80	-0.60	-0.17	4,798.75
Experian	1,621.00	-20.00	-1.22	15,525.36
easyJet	1,335.50	-50.50	-3.64	5,481.47
Fresnillo	1,528.00	-53.00	-3.35	11,613.44
GKN	329.75	-24.75	-6.98	6,000.20
Glencore	288.75	-3.75	-1.28	41,946.28
GlaxoSmithKline	1,628.00	-15.50	-0.94	79,561.91
Hikma Pharmaceuticals	1,667.00	-25.00	-1.48	3,995.65
Hargreaves Lansdown	1,390.00	-12.68	-0.90	6,664.18
Hammerson	578.25	-2.75	-0.47	4,600.50
HSBC Holdings	670.50	-4.50	-0.67	134,129.99
International Consltd Airlines Gr	587.25	-26.75	-4.36	13,000.22
InterContinental Hotels Grp	4,337.50	-19.50	-0.45	8,635.86
3i Group	857.50	-11.00	-1.27	8,478.03
Imperial Brands	3,650.25	-30.25	-0.82	35,064.85
Informa	680.25	-8.25	-1.20	5,360.15
Intu Properties	265.90	-3.80	-1.41	3,638.28
Intertek Group	4,295.00	-22.20	-0.51	6,962.39
ITV	197.20	-3.00	-1.50	8,010.56
Johnson Matthey	3,175.00	76.15	2.46	5,989.86
Kingfisher	325.45	-2.85	-0.87	7,398.25
Land Securities Group	1,038.00	-37.00	-3.44	8,468.93
Legal & General Group	242.65	-7.65	-3.06	15,012.99

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Lloyds Banking Group ORD	71.14	-0.60	-0.84	52,237.24
London Stock Exchange Grp	3,345.50	-45.50	-1.34	11,906.23
Micro Focus International	2,310.00	-108.00	-4.47	5,530.12
Mediclinic International	787.50	-28.50	-3.49	5,960.62
Merlin Entertainments	514.00	-4.50	-0.87	5,256.81
Marks & Spencer Group	370.70	-15.60	-4.04	6,325.07
Mondi	1,957.00	-54.00	-2.69	9,749.92
Morrison (Wm) Supermarkets	242.30	-5.10	-2.06	5,731.58
National Grid	1,085.50	-5.50	-0.50	40,667.27
Next	4,372.00	-12.00	-0.27	6,473.43
Old Mutual Group	194.40	-2.20	-1.12	9,623.30
Provident Financial	3,088.50	-37.52	-1.20	4,642.03
Paddy Power Betfair	8,315.00	-16.80	-0.20	6,988.59
Prudential	1,734.75	-14.25	-0.81	45,054.76
Persimmon	2,382.00	-61.00	-2.50	7,597.39
Pearson	689.50	-9.50	-1.36	5,675.85
Reckitt Benckiser Group	7,715.00	-154.00	-1.96	54,625.39
Royal Bank of Scotland Group	258.30	-3.30	-1.26	31,500.71
Royal Dutch Shell	2,088.25	-29.75	-1.40	94,525.43
RELX	1,647.50	-6.50	-0.39	17,615.22
Rio Tinto	3,145.00	-45.00	-1.41	43,788.70
Royal Mail	429.65	-9.25	-2.11	4,381.00
Rolls-Royce Group	836.75	-36.25	-4.15	15,668.74
Randgold Resources	6,810.00	-390.00	-5.42	6,668.19
RSA Insurance Group	620.00	-2.23	-0.36	6,340.49
Rentokil Initial	242.85	-21.85	-8.25	4,830.35
Sainsbury (J)	269.45	-12.25	-4.35	6,097.56
Schroders	3,125.50	-39.50	-1.25	7,162.65
Sage Group (The)	710.25	-3.25	-0.46	7,717.34
Shire	4,631.25	-20.25	-0.44	42,959.66
Smurfit Kappa Group	2,089.00	-89.00	-4.09	5,107.94
Sky	861.50	-135.50	-13.59	17,207.36
Standard Life	379.75	-4.15	-1.08	7,693.49
Smiths Group	1,569.50	-12.50	-0.79	6,248.13
Scottish Mortgage Investment Trust	395.50	-4.50	-1.13	5,348.92
Smith & Nephew	1,273.00	-78.00	-5.77	11,743.27
SSE	1,512.50	-6.50	-0.43	15,599.41
Standard Chartered	724.30	-9.20	-1.25	23,914.24
St James's Place	1,120.00	-52.00	-4.44	6,218.83
Severn Trent	2,534.00	-12.14	-0.48	5,996.55
Tesco	183.93	-2.87	-1.54	15,266.89
TUI AG	1,135.50	-33.50	-2.87	6,827.25
Taylor Wimpey	198.45	-1.25	-0.63	6,562.99
Unilever	4,256.75	-53.75	-1.25	54,797.30
United Utilities Group	1,027.50	-7.50	-0.72	7,187.10
Vodafone Group	230.13	-0.07	-0.03	60,724.96
Wolseley	4,605.00	-383.00	-7.68	12,423.87
Worldpay Group	307.40	-10.10	-3.18	6,420.00
WPP Group	1,719.00	-18.00	-1.04	21,881.57
Whitbread	4,025.00	-217.00	-5.12	7,789.75

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3M	200,670	+0.57%	1,130	119M
AMERICAN EXPRESS	77,4600	+0.03%	0,0200	69M
APPLE	153,610	-0.17%	-0,260	800M
BOEING CO	186,590	-0.26%	-0,480	112M
CATERPILLAR	105,660	+0.61%	0,640	62M
CHEVRON	104,72	-0.37%	-0,39	198M
CISCO SYSTEMS	31,500	+0.19%	0,060	157M
COCA-COLA	45,39	-0.04%	-0,02	193M
DU PONT(EI) DE NMR	77,8500	+0.59%	0,4600	67M
EXXON MOBIL	81,55	-0.24%	-0,20	345M
GENERAL ELECTRIC	27,4500	-0.15%	-0,0400	238M
GOLDMAN SACHS	223,53	+0.48%	1,06	87M
HOME DEPOT	154,9000	-1.00%	-1,5600	185M
IBM	152,49	-0.46%	-0,71	143M
INTEL CORP	36,2600	+0.00%	0,0000	170M
J.P.MORGAN CHASE	85,3600	+0.01%	0,0100	303M
JOHNSON & JOHNSON	126,9200	-0.48%	-0,6100	341M
MC DONALD'S CORP	149,8600	+0.05%	0,0800	122M
MERCK AND CO. NEW	64,92	-0.18%	-0,12	177M
MICROSOFT	69,960	+0.49%	0,340	540M
NIKE	52,59	+0.46%	0,24	69M
Pfizer	32,1400	-0.06%	-0,0200	191M
PROCTER AND GAMBLE	87,250	+0.45%	0,390	223M
TRAVELERS CIES	123,66	-0.05%	-0,06	34M
UNITED TECHNOLOGIE	121,85	-0.33%	-0,40	97M
UNITEDHEALTH GROUP	177,50	-0.31%	-0,55	171M
VERIZON COMMS	45,32	+0.02%	0,01	184M
VISA	94,67	-0.39%	-0,37	174M
WAL-MART STORES	78,1300	-0.23%	-0,1800	236M
WALT DISNEY CO	108,4100	+1.06%	1,1400	169M

# NASDAQ

CLOSING PRICES MAY 29

COMPANY	PRICE	CHANGE NET / %
<b>Most Advanced</b>		
Cerus Corporation	\$ 2.35	0.33 ▲ 16.34%
Appian Corporation	\$ 17.11	2.10 ▲ 13.99%
Cellular Biomedicine Group, Inc.	\$ 6.20	0.70 ▲ 12.73%
AmTrust Financial Services, Inc.	\$ 14	1.55 ▲ 12.45%
Nutanix, Inc.	\$ 19.59	2.02 ▲ 11.50%
Sears Holdings Corporation	\$ 2.55	0.25 ▲ 10.87%
Amphastar Pharmaceuticals, Inc.	\$ 16.97	1.50 ▲ 9.70%
Trupanion, Inc.	\$ 18.83	1.65 ▲ 9.60%
Xcel Brands, Inc	\$ 2.40	0.20 ▲ 9.09%
Web.com Group, Inc.	\$ 23.10	1.90 ▲ 8.96%
Infinera Corporation	\$ 10.35	0.84 ▲ 8.83%
<b>Most Declined</b>		
BioCryst Pharmaceuticals, Inc.	\$ 5.77	0.96 ▼ 14.26%
NantKwest, Inc.	\$ 3.775	0.405 ▼ 9.69%
National Research Corporation	\$ 44.71	4.58 ▼ 9.29%
Juno Therapeutics, Inc.	\$ 23.30	2.22 ▼ 8.70%
NeuroDerm Ltd.	\$ 21.30	1.95 ▼ 8.39%
Sears Holdings Corporation	\$ 7.78	0.70 ▼ 8.25%
Gridsum Holding Inc.	\$ 11.85	1.05 ▼ 8.14%
Lion Biotechnologies, Inc.	\$ 5.65	0.50 ▼ 8.13%
Geron Corporation	\$ 2.77	0.24 ▼ 7.97%
Ardelyx, Inc.	\$ 4.60	0.35 ▼ 7.07%
Sangamo Therapeutics, Inc.	\$ 7.25	0.55 ▼ 7.05%

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 Multi Asset Balanced B GBP  
 Multi Asset Balanced B EUR  
 Multi Asset Growth B GBP  
 Multi Asset Growth B EUR

### DEALING PRICE

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 €0.9615.....-€0.0002  
 £1.1489.....£0.0031  
 €1.0760.....€0.0029  
 £1.2889.....£0.0054  
 €1.1960.....€0.0050  
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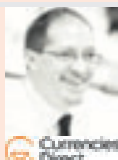
Watch his story at [currenciesdirect.com/Paul](http://currenciesdirect.com/Paul)



# GBP, EUR exchange rates react to political news in May

## Ask the expert

Peter Loveday



Currencies Direct

Contact me at euroweekly@currenciesdirect.com

### WHAT'S been happening?

The falling odds of the Bank of England (BoE) increasing interest rates in the near future saw the pound drop away from its recent multi-month highs against the US, Australian, New Zealand and Canadian dollars.

Over the past four weeks the GBP/EUR exchange rate has fluctuated between €1.1723 and €1.1990 (a difference of over two cents per pound) while GBP/USD has recovered from a low of \$1.2520 to hit highs of \$1.2985 (a difference of four cents per pound).

Although the news that centrist Emmanuel Macron won the second round of the French Presidential election (beating far-right Marine Le Pen) gave the euro a little boost, the currency's gains weren't as impressive as some had expected.

Concerns the European Central Bank (ECB) plans to keep monetary policy accommodative for some time to come kept the euro under pressure. That being said, the past month has seen



**PAST MONTH:** The GBP/EUR exchange rate has fluctuated.

EUR/USD see a surge of four cents per euro. The EUR/GBP has recovered from a low, with an improvement of about one penny per euro.

Meanwhile, over in the US President Donald Trump lived up to his reputation for making rash and unexpected decisions by unceremoniously sacking the director of the FBI. Trump's decision raised serious concerns about his leadership and weakened demand for the US dollar, leaving the USD/EUR exchange rate weaker.

#### What do you need to look out for?

Without doubt, the main pound-moving event

on the horizon over the next four weeks is the UK's general election. The British public will be taking to the polls again on June 8 and as the outcome of the election could significantly change the shape of the UK's Brexit negotiations, considerable GBP exchange rate volatility can be expected.

A Conservative win is expected to be the most pound-positive outcome, while a Labour victory or coalition outcome may send Sterling spiralling lower.

Political motivations will remain one of the

main causes of EUR fluctuations in the weeks ahead as the French legislative elections take place in June. Macron's 'Republic on the Move' party will need to gain support if the new President hopes to push through some of his planned policy changes.

Signs that Macron will struggle to enact change would be euro-negative. Any reports which support the ECB's current plans to leave monetary policy unchanged would also weigh on EUR exchange rates.

The Federal Reserve's hotly-anticipated June interest rate decision on the 14th could also cause euro movement. If the Fed does increase interest rates the US dollar could surge, sending the euro lower in the process. However, if rates remain unaltered or if the central bank indicates that the June rate adjustment could be the last one of 2017, EUR exchange rates may jump as the US dollar falls.

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# Ryanair and Air Europa form new partnership

By John Smith

TWO airlines, Ryanair and Air Europa are forming a new flight partnership to offer Air Europa long haul flights through the Ryanair website.

With immediate effect customers can browse and book Air Europa flights on 20 long haul routes from Madrid to 16 countries in North, Central and South America, including Argentina, Brazil, Cuba, Mexico and the United States.

The second phase of this Air Europa partnership will be launched later in the year and will allow Ryanair customers to connect onto Air Europa long haul flights through Madrid.

Ryanair is continuing its discussions with a number of other long haul airlines on potential feed and connecting flight partnerships.

In Madrid, Ryanair CEO Michael



Photo by Ryanair

O'Leary said "We are pleased to announce this exciting partnership with Air Europa ...

Ryanair operates over 50 short haul routes to/from Madrid and now our customers can book flights on Air Europa long haul routes to destinations including Buenos Aires, Havana and New York."

Globalia Group - which owns Air Europa - CEO, Javier Hidalgo said "This partnership with Ryanair gives us great satisfaction, and it puts us at the forefront of business and allows us to strengthen our competitiveness. With this agreement Air Europa doubles its connectivity with the European continent adding 53 European cities."

**ANNOUNCEMENT of the partnership.**

## Storage wars as police investigate possible scam

AN investigation into fraudulent pension schemes is being undertaken by the British and Spanish authorities with at least €148 million thought to have been lost.

The investigation has been mounted by the Serious Fraud Office of the Metropolitan Police into at least four UK based companies who have targeted investors overseas, many in Spain, persuading them to buy long leases on rooms in storage houses between 2011 and 2017.

The proposal to these investors was that if they rented at one price, they could then sub-let at a higher price but in most cases this was not possible and often the only beneficiary was the investment company.

A number of companies promoting this type of scheme were made insolvent in 2016 and one adviser has been banned from being a director of a company for nine years after 300 of his clients lost €14 million in a similar scheme.

The investigation will decide whether individuals, many of them pensioners, were deliberately misled and if so, those responsible may well be prosecuted.

# Have work will travel for Spanish youths seeking jobs in the US

WITH the lack of work for youngsters in Spain, many have decided, like past generations that they will need to look for work elsewhere.

The stereotype 'Manuel' the good hearted but almost unintelligible waiter in Fawley Towers reflected the fact that in the early second half of the 20th century, huge numbers of Spaniards who could barely speak English found their way to the UK looking for a better life.

Many returned home to enjoy their retirement but there is now a large new breed of well-educated younger people looking to find work and a career outside of Spain and with the uncertainty of future options in the UK, the USA is becoming a very attractive option.

Despite the fact that there has been a serious division in American society with the presidential election results, a recent Mintel survey suggests that a high percentage of Americans believe that they represent a vibrant middle class and at the end of each month have paid their bills and have cash to spare.

The Spanish language is the second most spoken in the USA and at least 41 million peo-



Photo Credit: bywalet shutterstock

## THE USA: Welcome to the land of opportunity.

ple count Spanish as their primary language and as there is some perceived conflict between Anglo-Saxons and Mexicans within the country, educated Spaniards who speak both English and Spanish are often able to find work.

There are immigration requirements to be overcome but those qualified in Spain and currently with little hope of long term employment here are certainly eyeing up 'the land of opportunity.'

## Two troubled banks all set to merge

THE first steps to amalgamate Bankia and Banco Mare Nostrum (BMN), two troubled banks owned by the Spanish government are underway.

BMN was created in 2010 by merging four regional savings banks whilst Bankia was saved by the government as it was crippled by billions of euros of debt.

It is believed by the Fund for Orderly Banking Restructuring (FROB) that merging the two operations will make it easier for the repayment of at least some of the funds pumped into them during the banking crisis although the path to unification will be long.

The first step is for due diligence to be undertaken to ensure that there are no financial restrictions or hidden losses in either organisation now and each will be undertaken by a different set of international accounting firms.

Assuming all proves to be in order the first stage is expected to be confirmed within two weeks and completion should take place by end of 2017.

# Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at [international@stoneking.co.uk](mailto:international@stoneking.co.uk)



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

**“ You can choose a person or people, who you trust, to act for you when you are no longer able.**

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



## An LPA must be made while you have full mental capacity.

### What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

### Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

### Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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# Have the dissenters gone quiet?

**LEAPY LEE SAYS IT  
OTHERS THINK IT**



I REALLY am so damn tired. Tired of being labelled a racist, tired of being accused of ranting alarmism, and even tired of being consistently exonerated. At the risk of now being accused of being a monotonous bore, I will once again reiterate that, some 30 years ago, I warned that there was an enemy festering within Western communities.

I also stated that if it was not recognised and dealt with sooner rather than later, it would all be too late. Well, I'm afraid it is now far too late. Actually it's been too late for the last 20 years. With this latest Manchester atrocity the situation is now critical.

My other prophecy, that parts of the UK could one day resemble Beirut, is drawing closer by each alarming minute. Make no mistake, despite the admirable 'don't look back in anger' attitude of many good



**TOO LATE:** With the latest atrocity in Manchester, the situation is now critical.

people, there are others sitting astride tinder boxes of seething anger and highly dangerous frustration. In short, before it all erupts into unthinkable violence and mayhem; something really must be done.

Although I am reticent to expose myself to even more abuse, and although the politicians are also undeniably at fault, the main 'something'

has to emanate from the Muslim communities. It is no longer sufficient for 'moderate' Muslims to say how appalled they are with these atrocities, or that it's 'not happening in their name.'

They simply have to take action that lends some credence to their statements. They need to show they really do want to integrate into

Western cultures and traditions. I'm not saying they should convert from their chosen beliefs, but I am certainly saying they should cease trying to convert Westerners into theirs.

They need to; desist from referring to non-Muslims as 'Infidels.' Stop calling for Sharia law. Stop public flagellation and other alien culture rituals. Call a halt to all

marches and inflammatory banner waving and stop the wearing of the despised full Burka.

All these actions are designed to provoke and intimidate. They must also do more to root out the hate preachers, who teach their brethren that dying in the pursuit of Jihad will result in travelling to some mythical, virgin drenched Shangri La.

All these moves could go a long way to depressurising the cauldron of resentment and anger, which is reaching explosive proportions. If the lid finally blows, it will be an unprecedented disaster for everyone.

In the name of intelligence, sanity and reason, let us really see an effort to integrate, before it all completely disintegrates into a carnage of violence and mayhem, which will lead us all to heaven only knows where.

I await more accusations of ranting alarmism with my usual anticipation. Or have the dissenters now all gone a bit quiet!?

*Keep the faith  
Love Leapy.*

*leapylee2002@gmail.com.*

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# It's all a load of nonsense!

**Mike Senker**

*In my opinion*

*Views of a Grumpy Old Man*



I GET a letter from the hospital telling me I have an appointment for June 17 and that I need a blood test beforehand. So I go to the clinic to sort it and am told I can't have a blood test until the 19th which, of course, is two days after my hospital appointment.

I try my hardest to explain that is no good but, of course, it doesn't matter. The receptionist tells me to go to the Costa del Sol hospital and try for an appointment there. I said, 'I didn't know you could do that. Why didn't you tell me this before?' Of course, I was told it was because I didn't ask! I then asked if I could go to any hospital or local clinic and they said 'of course' so I went to Las Lagunas and got an appointment straight away. So, the message is, ask if you want to know anything and don't expect any information over and above the answer to the initial question.

On the subject of information I found out something this week which is very interesting. I had to cancel a flight and on telling my pal he asked if I claimed the tax back. I didn't know what he was talking about. As you know, when you book a flight a proportion of

it is tax so if you don't use that flight you are entitled to a tax refund. Now, of course, no-one tells you this and believe me it's not easy getting it back and, of course, there is a service charge but it's worth doing.

I have been watching the UK election build up and, as usual, the interviews fascinate me. These politicians are just incredible how they manage to sit there and not directly answer any question. I saw May being interviewed by Andrew Marr and she was asked the same question three times and she just would not give an answer.

Corbyn is just as bad and on top of that if they do answer it's usually a pack of lies. Just take May's promise when she took over as PM. She insisted there would be no snap election. This, to anyone with any sense, could not be true as she didn't have her own mandate. I'm glad I don't live there anymore.

I certainly do not profess to understand politics at all but I know bullshit when I hear it and listening to all of them I've heard it all before. Student fees will be abolished by the Lib Dems and when they had a chance to try and get it done when they were in a coalition with the Tories they never ever mentioned it again. Now Labour is promising to abolish these fees. But what good is that to the kids that are already £30k in debt?

*Email me mikesenker@gmail.com*

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**BBC one**

7:00am	Breakfast
10:15am	Countryfile Spring Diaries
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Close Calls: On Camera
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	!Mpossible
4:00pm	Escape to the Country
4:45pm	Yes Chef
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Kat and Alfie: Redwater
10:00pm	Frank Skinner on Muhammad Ali
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week
1:35am	Weather for the Week Ahead

**BBC TWO**

7:00am	Emergency Rescue Down Under
7:30am	Rip Off Britain
8:15am	Yes Chef
9:00am	Bake Off Crème de la Crème
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Family Finders
3:15pm	Red Rock
4:00pm	The Hairy Bikers' Best of British
4:45pm	Elephant Diaries
5:15pm	Pilgrimage with Simon Reeve
6:15pm	Antiques Road Trip
7:00pm	Debatable
7:45pm	Celebrity Eggheads
8:30pm	Great British Menu
9:00pm	Springwatch
10:00pm	Paula
11:00pm	QI
11:30pm	Election Spy
11:35pm	Newsnight
	<i>In-depth investigation and analysis of the stories behind the day's headlines with Evan Davis.</i>
12:20am	Cricket

**BBC FOUR**

8:00pm	100 Days+
8:30pm	Sounds of the Eighties
	<i>Serious and sincere they may have been, never cracking a smile where a tortured, artistic look would do, but this tranche of 80s pop stars know how to make that look work.</i>
9:00pm	Fossil Wonderlands: Nature's Hidden Treasures
10:00pm	The Great Village Green Crusade
11:30pm	Engineering Giants
12:30am	Catching History's Criminals: The Forensics Story
	<i>Series in which surgeon Gabriel Weston explores the history and development of forensic science.</i>
1:30am	Sound of Cinema: The Music that Made the Movies
2:30am	Arena: American Epic

**CHANNEL 4**

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:55pm	Party Election Broadcast
9:00pm	The Supervet
10:00pm	Catching a Killer
11:45pm	One Killer Punch
12:45am	First Dates
1:45am	Bizarre ER

**CHANNEL 5**

9:15am	Digby Dragon
9:30am	Peppa Pig
9:40am	Mofy
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	The Hotel Inspector
1:10pm	5 News Lunchtime
1:15pm	Can't Pay? We'll Take it Away!
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:15pm	Alone in the Wild: Deadly Survival
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
7:55pm	Party Election Broadcast on Behalf of the UK Independence Party
8:00pm	Secrets of Great British Castles
9:00pm	The Great Fire
10:00pm	Nightmare Tenants, Slum Landlords
11:00pm	Extraordinary People
12:05am	Restless Legs
	<i>Syndrome: Desperate for Help</i>
1:00am	Super Casino

**4**

10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	Kevin Can Wait
10:00pm	Brooklyn Nine-Nine
10:30pm	New Girl
11:00pm	The Inbetweeners
11:35pm	The Inbetweeners
12:05am	The Big Bang Theory

**sky SPORTS 1**

9:00am	Good Morning Sports Fans
10:00am	Barclays Premier League World
10:30am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	The Gibraltar Darts Trophy 2017
2:00pm	Great Sporting Moments
2:15pm	Great Sporting Moments
2:30pm	Great Sporting Moments
2:45pm	Great Sporting Moments
3:00pm	Premier League Legends
3:30pm	Premier League Legends
4:00pm	The Gibraltar Darts Trophy 2017
5:00pm	Football's Greatest
5:30pm	Football's Greatest
6:00pm	WDC Final Gold
6:30pm	WDC Final Gold
7:00pm	The Gibraltar Darts Trophy 2017
8:00pm	Live World Cup of Darts
12:00am	Nz Lions Documentary

**itv**

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
	<i>Studio courtroom show in which criminal barrister Robert Rinder rules on real life cases.</i>
4:00pm	Masterpiece with Alan Titchmarsh
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:25pm	Party Election Broadcast by the UK Independence Party
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Britain's Got Talent
10:00pm	Coronation Street
10:30pm	Britain's Got Talent
11:00pm	ITV News at Ten and Weather
11:45pm	ITV News London
11:55pm	Car Wars UK
12:55am	Tipping Point

**itv2**

7:00am	You've Been Framed!
7:25am	The Cube
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	You've Been Framed!
10:35am	Scorpion
11:25am	Britain's Got Talent
12:55pm	Britain's Got Talent
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Britain's Got Talent
7:30pm	Britain's Got Talent
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	The Keith and Paddy Picture Show
10:30pm	Family Guy
11:00pm	Britain's Got More Talent
12:00am	Family Guy
12:30am	Family Guy
1:00am	American Dad!
1:30am	American Dad!

**itv3**

7:00am	Judge Judy
7:20am	Heartbeat
8:25am	Where the Heart is
9:25am	Wild at Heart
10:30am	Judge Judy
11:00am	Judge Judy
11:25am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Casebook of Sherlock Holmes
2:05pm	Heartbeat
	<i>Nostalgic police drama series set in a Yorkshire village in the 1960s.</i>
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	On the Buses
5:50pm	On the Buses
6:20pm	In Loving Memory
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Marple
11:00pm	Endeavour
	<i>Crime drama series about the young Detective Constable Endeavour Morse.</i>
12:55am	Wycliffe
2:00am	The Knock
3:00am	ITV3 Nightscreen
3:30am	Teleshopping

**itv4**

7:00am	Minder
8:00am	The Chase
9:00am	Pawn Stars
9:30am	Isle of Man TT: My Greatest Moment
10:30am	French Open: Roland-Garros Live
4:30pm	French Open: Roland-Garros Live
	<i>John Inverdale presents live coverage from Paris as the second round of the 2017 French Open concludes, with expert analysis from Marion Bartoli, Jim Courier, Mark Petchey, Fabrice Santoro and Sam Smith.</i>
10:00pm	Isle of Man TT
11:00pm	TT Blues
12:00am	Halloween H2O: 20 Years Later
1:05am	FYI Daily
	<i>The latest entertainment news.</i>
1:10am	Halloween H2O: 20 Years Later
1:50am	Isle of Man TT
2:50am	River Monsters
3:50am	ITV4 Nightscreen

**sky CINEMA ACTION & ADVENTURE**

10:40am	In the Heart of the Sea
12:45pm	The Martian
3:10pm	The Scorpion King
4:50pm	Rocky
6:55pm	In the Heart of the Sea
9:00pm	Batman v Superman: Dawn of Justice
11:35pm	The Martian
2:00am	Con Air

**sky CINEMA COMEDY**

8:25am	Billy Madison
10:00am	License to Drive
11:35am	Norbit
1:25pm	Dad's Army
3:10pm	Magic Mike XXL
	<i>Magic Mike reunites with the Kings of Tampa for one last blow-out performance in Myrtle Beach.</i>
5:10pm	Zoolander 2
7:00pm	Four Weddings and a Funeral
9:00pm	Dad's Army
10:45pm	Zoolander 2
12:35am	Welcome to Me

**sky CINEMA PREMIERE**

8:30am	Last Cab to Darwin
10:45am	Ice Age: Collision Course
12:35pm	Desierto
2:15pm	Refuge
3:55pm	Rabbit School: Guardians of the Golden Egg
	<i>When the Easter rabbit school comes under threat from a family of foxes plotting to steal the legendary golden egg, it's up to young Max to save the day.</i>
5:25pm	Ice Age: Collision Course
	<i>When a cosmic blunder leaves Earth in the path of an asteroid, it's up to Sid the sloth and pals Manny and Diego to save the day.</i>
7:15pm	Absolutely Fabulous: The Movie
9:00pm	Desierto
10:40pm	Refuge
12:15am	Absolutely Fabulous: The Movie

**sky SPORTS 2**

7:00am	WWE SmackDown!
8:00am	History of the Champions Trophy
9:00am	History of the Champions Trophy
10:00am	Who are Your ICC Champions?
11:00am	Live ICC Champions Trophy Cricket
	<i>ICC Champions Trophy - England v Bangladesh (Group A).</i>
7:30pm	Beneath the Black: A Journey Through New Zealand Rugby
8:30pm	World Rugby
9:00pm	ICC Champions Trophy Highlights
10:00pm	Beneath the Black: A Journey Through New Zealand Rugby
11:00pm	Lions 2009: Living with the Pride
	<i>Get the exclusive behind-the-scenes story of the 2009 British and Irish Lions Tour to South Africa.</i>
1:30am	World Rugby
2:00am	Cricket World Cup Classics

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GOOD NEWS FOR YOUR CAR 902 123 309

**BBC one**

10:15am	Countryfile Spring Diaries
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Close Calls: On Camera
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	!Mpossible
4:00pm	Escape to the Country
4:45pm	Yes Chef
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
9:00pm	EastEnders
9:30pm	Question Time: Leaders Special
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show
12:25am	Sliding Doors
2:00am	Weather for the Week Ahead

**BBC TWO**

7:30am	Rip Off Britain
8:15am	Yes Chef
9:00am	The World According to Kids
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Family Finders
3:15pm	Red Rock
4:00pm	The Hairy Bikers' Best of British
4:45pm	Elephant Diaries
5:15pm	The Tea Trail with Simon Reeve
6:15pm	Antiques Road Trip
7:00pm	Debatable
7:45pm	Celebrity Eggheads
8:30pm	Great British Menu
9:00pm	Gardeners' World
10:00pm	Versailles
11:00pm	Have I Got News for You
11:30pm	Election Spy
11:35pm	Newsnight
12:20am	Later... with Jools Holland
1:20am	Cricket
2:10am	Rio Ferdinand: Being Mum and Dad
3:10am	Doctor Who

**BBC FOUR**

8:00pm	World News Today <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Sounds of the Eighties
9:00pm	The Good Old Days
9:50pm	Sounds of the Seventies
10:00pm	Top of the Pops
11:00pm	Top of the Pops
12:00am	Arena <i>Legendary country music singer-songwriter Loretta Lynn is loved by fans from across the world.</i>
1:30am	Top of the Pops <i>1984 sees Top of the Pops at the height of its 80s' pomp - the year of big hair and big tunes.</i>
2:30am	Top of the Pops
3:30am	Arena
5:00am	This is BBC Four

**CHANNEL 4**

7:00am	Countdown
7:45am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:55pm	Party Election Broadcast
9:00pm	Posh Pawn
10:00pm	Gogglebox
11:00pm	The Last Leg
12:05am	The Fake News Show

**CHANNEL 5**

9:15am	Digby Dragon
9:30am	Peppa Pig
9:40am	Mofy
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	The Hotel Inspector
1:10pm	5 News Lunchtime
1:15pm	Can't Pay? We'll Take it Away!
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS: Los Angeles
4:20pm	Justice for Natalee Holloway
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
7:55pm	Party Election Broadcast on Behalf of the Liberal Democrats
8:00pm	The Gadget Show
9:00pm	The Great Fire
10:00pm	The Secret Life of the Long-Haul Flight
11:30pm	Hijacked
12:30am	Car Crime UK: Caught on Camera

**4**

7:00am	Hollyoaks
7:30am	Coach Trip
8:00am	Baby Daddy
9:00am	Rules of Engagement
9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	New Girl
6:30pm	New Girl
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Brooklyn Nine-Nine
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The A-Team
12:30am	The Big Bang Theory

**sky SPORTS 1**

7:00am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
9:00am	Premier League Legends
9:30am	Live Super Rugby
11:35am	Darts Gold
11:45am	Darts Gold
12:00pm	Football's Greatest
12:30pm	Football's Greatest
1:00pm	WDC Final Gold
1:30pm	Football
3:35pm	Football Gold
3:45pm	Football Gold
4:00pm	Beneath the Black: A Journey Through New Zealand Rugby
5:00pm	Football's Greatest
5:30pm	Football's Greatest
6:00pm	WDC Final Gold
6:30pm	WDC Final Gold
7:00pm	Darts Gold
7:30pm	Darts Gold
8:00pm	Live World Cup of Darts
12:00am	Lions Tour Preview
1:00am	Premier League 100 Club
1:30am	Premier League 100 Club

**itv**

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:00pm	ITV Lunchtime News
2:25pm	ITV News London
2:30pm	ITV Racing Live
6:00pm	The Chase
7:00pm	ITV News London
7:25pm	Party Election Broadcast by the Liberal Democrats
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Britain's Got Talent
10:00pm	Coronation Street
10:30pm	Britain's Got Talent
11:00pm	ITV News at Ten and Weather
11:45pm	ITV News London
11:55pm	The Keith and Paddy Picture Show
12:25am	Benidorm
1:25am	Sports Life Stories
2:20am	Jackpot247
4:00am	Storage Hoarders
4:50am	ITV Nightscreen

**itv2**

7:00am	You've Been Framed!
7:25am	The Cube
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	You've Been Framed!
10:35am	Scorpion
11:25am	Britain's Got Talent
12:55pm	Britain's Got Talent
1:25pm	Emmerdale
1:55pm	Coronation Street
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Britain's Got Talent
7:30pm	Britain's Got Talent
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	The Keith and Paddy Picture Show
10:30pm	Family Guy
11:00pm	Britain's Got More Talent
12:00am	Family Guy

**itv3**

7:00am	Judge Judy
7:20am	Heartbeat
8:25am	Where the Heart is
9:25am	Wild at Heart
10:30am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Casebook of Sherlock Holmes
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	On the Buses
5:50pm	On the Buses
6:25pm	In Loving Memory
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Marple
11:00pm	Endeavour
1:00am	Wycliffe
2:05am	The Knock
3:00am	Wycliffe
3:55am	Long Lost Family
4:45am	Million Dollar Princesses
5:40am	In Loving Memory

**itv4**

7:00am	Minder
8:00am	The Chase
9:00am	Pawn Stars
9:30am	Isle of Man TT
10:30am	French Open: Roland-Garros Live
4:30pm	French Open: Roland-Garros Live
10:00pm	Isle of Man TT
11:00pm	TT Blues
12:00am	Last Man Standing
1:00am	FYI Daily
1:05am	Last Man Standing
2:05am	Isle of Man TT
3:10am	Tommy Cooper <i>Comedy and magic from comedian Tommy Cooper. Guests include horror film superstar Vincent Price.</i>
3:45am	British Touring Car Crashes and Smashes <i>Motor sports short film.</i>
3:55am	ITV4 Nightscreen <i>Text-based information service.</i>
4:00am	Teleshopping

**sky CINEMA ACTION & ADVENTURE**

7:25am	Arthur and Merlin
9:25am	I Am Legend
11:10am	Suicide Squad
1:20pm	Lawrence of Arabia
4:55pm	Rocky II
7:00pm	Twister
9:00pm	Suicide Squad
11:05pm	Spy
1:20am	Ant-Man
3:20am	San Andreas
5:25am	A Shot in the Dark

**sky CINEMA COMEDY**

7:45am	Back to the Future
9:45am	Back to the Future Part II
11:40am	Back to the Future Part III
1:40pm	The Intern
3:45pm	Sadie's Last Days on Earth
5:25pm	Get a Job
6:55pm	The Intern
9:00pm	The Simpsons Movie
10:30pm	Ride Along 2
12:25am	Two Night Stand
2:00am	Bachelor Party

**sky CINEMA PREMIERE**

7:00am	Rabbit School: Guardians of the Golden Egg
8:25am	Desierto
10:05am	Last Cab to Darwin
12:15pm	Ice Age: Collision Course
2:00pm	Jack Reacher: Never Go Back
4:05pm	Rabbit School: Guardians of the Golden Egg
5:30pm	Ice Age: Collision Course
7:15pm	Absolutely Fabulous: The Movie
9:00pm	Jack Reacher: Never Go Back
11:10pm	Desierto
12:50am	Refuge
2:25am	Absolutely Fabulous: The Movie
4:05am	The Top Ten Show 2017
4:20am	Fishing Without Nets

**sky SPORTS 2**

7:00am	Cricket Classics
8:00am	WWE Main Event
9:00am	Cricket Classics
10:00am	ICC Champions Trophy Highlights
11:00am	Live ICC Champions Trophy Cricket
7:30pm	Lions Tour Preview
8:30pm	ICC Cricket
9:00pm	ICC Champions Trophy Highlights
10:00pm	Beneath the Black: A Journey Through New Zealand Rugby
11:00pm	Lions 2013: Raw Great Sporting Moments
1:15am	Great Sporting Moments
1:30am	ICC Cricket
2:00am	Lions 2013: Raw Great Sporting Moments
4:15am	Great Sporting Moments
4:30am	ICC Cricket
5:00am	ICC Champions Trophy Highlights <i>Australia and New Zealand meet at Edgbaston in Group A of the ICC Champions Trophy.</i>

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urance policy, it is also important to consider your budget and the needs of your loved ones, but Sunbay have made the process very simple and easy to understand. Simply email them your date of birth and they will send you all the information.

With the Brexit process now pending, many British expats are concerned about their medical care and feel in limbo over their future health cover with their SIP card, but Sunbay In-

surance provides quality health plans, including co-payment plans, from just €29 a month.

House insurance is available as well as travel, business, boat, legal defence, mobile home and dog insurance.

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For more information or for a simple, free, non-obligation quote, call Monica at Sunbay on 965 063 483 or pop into the office in Aguas Nuevas Monday to Friday from 9am-5pm.

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**BBC one**

7:00am	Breakfast
11:00am	Saturday Kitchen
12:30pm	Raymond Blanc: How to Cook Well
1:00pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather
2:15pm	Escape to the Country
3:15pm	Money for Nothing
4:15pm	How to Train Your Dragon
5:40pm	Pointless
6:30pm	BBC News
6:40pm	Regional News
6:45pm	Weather
6:50pm	Raiders of the Lost Ark
8:35pm	Doctor Who
9:25pm	Casualty
10:15pm	Mrs. Brown's Boys
10:45pm	BBC News
	<i>The latest national and international news stories, followed by Weather.</i>
11:00pm	Weather
11:05pm	Clique
11:50pm	Clique
12:35am	The Spectacular Now

**BBC TWO**

7:45am	Never a Dull Moment
9:10am	Goodbye, Mr. Chips
11:00am	Monty Halls' Great Hebridean Escape
12:00pm	Homes Under the Hammer
	<i>Property experts visit three properties before they go up for auction.</i>
1:00pm	Great British Menu
1:30pm	Great British Menu
2:00pm	Talking Pictures
2:30pm	Ivanhoe
4:15pm	Natural World
5:00pm	Flog It!
6:00pm	Gardeners' World
7:00pm	Grow Your Own
8:30pm	The Lake District: A Wild Year
9:30pm	Dad's Army
10:00pm	Sgt Pepper's Musical Revolution - With Howard Goodall
11:00pm	The Sapphires
12:40am	Cricket
	<i>Champions Trophy Highlights.</i>
1:30am	Versailles
2:30am	Miss Bala

**BBC FOUR**

8:00pm	Saints and Sinners: Britain's Millennium of Monasteries
9:00pm	The Search for Alfred the Great
10:00pm	Cardinal
10:40pm	Cardinal
11:25pm	Sounds of the Eighties
11:50pm	Sounds of the Eighties
12:20am	Lionel Richie: Dancing on the Ceiling
1:20am	Lionel Richie at the BBC
2:20am	Top of the Pops
	<i>1984 sees Top of the Pops at the height of its 80s' pomp - the year of big hair and big tunes. A BBC ban on Frankie Goes to Hollywood's Relax in January leads to an embarrassing Frankie-shaped hole on the show when it reaches No 1.</i>
3:25am	Top of the Pops

**CHANNEL 4**

8:40am	Everybody Loves Raymond
9:05am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Frasier
11:00am	The Big Bang Theory
11:30am	The Big Bang Theory
11:55am	The Big Bang Theory
12:25pm	The Simpsons
12:55pm	The Simpsons
1:25pm	The Simpsons
1:55pm	Come Dine with Me
2:25pm	Come Dine with Me
2:55pm	Come Dine with Me
3:30pm	Come Dine with Me
4:00pm	Come Dine with Me
4:35pm	A Place in the Sun: Summer Sun
5:35pm	Big House, Little House
6:35pm	Location, Location, Location
7:30pm	Channel 4 News
8:00pm	The Restoration Man
9:00pm	Walks with My Dog
10:00pm	Legend
12:35am	Tinker Tailor Soldier Spy
2:50am	The Last Leg

**CHANNEL 5**

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
11:20am	The Fairly Odd Parents
11:55am	Make You Laugh Out Loud
12:15pm	Police Interceptors
1:15pm	Police Interceptors
2:15pm	Benefits Britain: Life on the Dole
3:15pm	Benefits Britain: Life on the Dole
4:10pm	Benefits Britain: Life on the Dole
5:10pm	The Nightmare Neighbour Next Door
6:10pm	The Nightmare Neighbour Next Door
7:10pm	Can't Pay? We'll Take it Away!
8:05pm	Can't Pay? We'll Take it Away!
9:00pm	NCIS: Los Angeles
9:55pm	5 News
10:00pm	NCIS
11:00pm	NCIS
1:00am	Super Casino

**4**

7:00am	Couples Come Dine with Me
7:50am	Couples Come Dine with Me
8:50am	Made in Chelsea
9:55am	Postman Pat: The Movie
11:35am	The Goldbergs
12:10pm	The Goldbergs
12:40pm	The Goldbergs
1:10pm	The Goldbergs
1:40pm	The Goldbergs
2:10pm	Rude(Ish) Tube Shorts
2:20pm	A Turtle's Tale: Sammy's Adventures
4:05pm	Mr. Popper's Penguins
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Tower Heist
12:05am	Gogglebox
12:55am	Gogglebox
2:00am	Rude Tube
3:05am	Tattoo Fixers

**sky SPORTS 1**

7:00am	Football Gold
7:15am	Football Gold
7:30am	Premier League 100 Club
8:00am	Lions Tour Preview
9:00am	Live British and Irish Lions Tour
	<i>The British and Irish Lions tour begins as Warren Gatland's side face the New Zealand Provincial Barbarians at Toll Stadium in Whangarei.</i>
12:00pm	Beneath the Black: A Journey Through New Zealand Rugby
1:00pm	WDC Final Gold
1:30pm	WDC Final Gold
2:00pm	Live World Cup of Darts
	<i>Day three of the Betway World Cup of Darts at the Eissporthalle in Frankfurt.</i>
6:00pm	Rugby League
8:00pm	Live World Cup of Darts
12:00am	British and Irish Lions Tour Highlights

**itv**

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	ITV Racing: The Opening Show
11:20am	Judge Rinder
12:20pm	Tipping Point
1:20pm	ITV News and Weather
1:25pm	Bigheads
2:30pm	ITV Racing Live
6:00pm	You've Been Framed!
7:00pm	Local News and Weather
7:10pm	ITV News and Weather
7:30pm	Take Me Out
9:00pm	The British Soap Awards Live 2017
	<i>Live coverage of the British Soap Awards 2017.</i>
11:00pm	The Keith and Paddy Picture Show
11:30pm	ITV News and Weather
11:45pm	UEFA Champions League Final Highlights
12:45am	The Chase

**itv2**

7:00am	The Hot Desk
7:10am	Emmerdale Omnibus
9:30am	Coronation Street Omnibus
11:55am	Britain's Got Talent
1:25pm	Britain's Got Talent
1:55pm	Take Me Out
3:10pm	Take Me Out: The Gossip
4:10pm	Best of You've Been Framed! Gold
5:10pm	Cats and Dogs: The Revenge of Kitty Galore
6:10pm	FYI Daily
6:15pm	Cats and Dogs: The Revenge of Kitty Galore
6:55pm	Happy Feet
7:55pm	FYI Daily
8:00pm	Happy Feet
9:00pm	Take Me Out: The Gossip
10:00pm	The Fast and the Furious
11:00pm	FYI Daily
11:05pm	The Fast and the Furious
12:10am	Family Guy
12:40am	Family Guy

**itv3**

7:00am	On the Buses
	<i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>
7:25am	On the Buses
7:55am	Murder, She Wrote
	<i>Drama series about a sleuthing writer who solves murder mysteries.</i>
8:55am	Murder, She Wrote
10:00am	Murder, She Wrote
11:00am	Carry on Don't Lose Your Head
12:05pm	FYI Daily
12:10pm	Carry on Don't Lose Your Head
12:55pm	Columbo
2:35pm	Wycliffe
3:45pm	A Touch of Frost
5:50pm	Agatha Christie's Marple
7:50pm	Endeavour
10:00pm	Foyle's War
12:10am	A Touch of Frost
2:20am	Wycliffe
3:15am	ITV3 Nightscreen
3:30am	Teleshopping

**itv4**

7:00am	Tommy Cooper
7:30am	Motorsport UK
8:30am	Isle of Man TT Qualifying Highlights
9:30am	Brdc British F3 Championship Highlights
10:30am	French Open Tennis
	<i>Action from the French Open Tennis tournament.</i>
10:00pm	Isle of Man TT
11:00pm	Joey: The Man Who Conquered the TT
12:30am	Hard Target
	<i>Martial arts adventure about a New Orleans merchant sailor who stumbles upon a deadly game in which groups of sadistic hunters pursue human prey.</i>
1:30am	FYI Daily
1:35am	Hard Target
2:25am	Isle of Man TT
3:30am	Tommy Cooper
4:00am	Teleshopping

**sky CINEMA ACTION & ADVENTURE**

9:30am	Tarzan
11:25am	Jason Bourne
1:35pm	The Lord of the Rings: The Return of the King
4:55pm	The Mummy
7:05pm	Tarzan
9:00pm	Jason Bourne
11:10pm	The Lord of the Rings: The Return of the King
2:30am	The Scorpion King

**sky CINEMA COMEDY**

7:30am	The Top Ten Show 2017
7:45am	27 Dresses
9:45am	Beverly Hills Cop
11:35am	Beverly Hills Cop II
1:25pm	Beverly Hills Cop III
3:15pm	Sisters
5:15pm	Dumb and Dumber
7:10pm	Pixels
9:00pm	Sisters
11:00pm	Trainwreck
1:10am	Brüno
2:40am	Team America: World Police

**sky CINEMA PREMIERE**

7:00am	Refuge
8:40am	Absolutely Fabulous: The Movie
10:20am	Ice Age: Collision Course
12:05pm	Rabbit School: Guardians of the Golden Egg
1:35pm	Jack Reacher: Never Go Back
3:45pm	Lights Out
	<i>A troubled family discover that there is every reason to be afraid of the dark.</i>
	<i>Nightmarish supernatural horror.</i>
5:15pm	The Top Ten Show 2017
5:30pm	Absolutely Fabulous: The Movie
7:15pm	Ice Age: Collision Course
9:00pm	Jack Reacher: Never Go Back
11:00pm	Lights Out
12:25am	Refuge
1:55am	Desierto
3:30am	Last Cab to Darwin

**sky SPORTS 2**

7:00am	Cricket Classics
8:00am	Cricket's Greatest
8:30am	Cricket's Greatest
9:00am	ICC Champions Trophy Highlights
10:00am	Cricket Classics
11:00am	Live ICC Champions Trophy Cricket
	<i>ICC Champions Trophy - Sri Lanka v South Africa (Group B).</i>
7:30pm	British and Irish Lions Tour Highlights
8:30pm	Cricket Classics
9:30pm	Cricket's Greatest
10:00pm	British and Irish Lions Tour Highlights
11:00pm	Sporting Rivalries
	<i>Series profiling the most iconic sporting rivalries of all time.</i>
11:30pm	Rugby Union
1:35am	Super League Highlights
1:50am	Rugby Union
3:55am	British and Irish Lions Tour Highlights
5:00am	Cricket's Greatest
5:30am	Cricket's Greatest

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## BBC one

7:00am	Breakfast
10:00am	The Andrew Marr Show
11:00am	Pentecost Live
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Homes Under the Hammer
3:15pm	Money for Nothing
4:00pm	Shop Well for Less
5:00pm	Escape to the Country
5:45pm	Points of View
6:00pm	Songs of Praise
6:35pm	BBC News
6:50pm	Regional News
6:55pm	Weather
7:00pm	Question Time
	Leaders Special
8:00pm	Countryfile
9:00pm	Antiques Roadshow
10:00pm	Planet Earth II
11:00pm	BBC News
11:25pm	Regional News
11:30pm	Weather
11:35pm	Election Questions
1:05am	The Women's Football Show

## BBC TWO

7:00am	A to Z of TV Gardening
7:45am	The Instant Gardener
8:30am	Gardeners' World
9:30am	The Beechgrove Garden
10:00am	Countryfile
11:00am	Saturday Kitchen
	Best Bites
12:30pm	Great British Menu
1:00pm	Great British Menu
1:30pm	Great British Menu
2:00pm	Talking Pictures
2:30pm	Pride and Prejudice
5:10pm	Giraffes: Africa's Gentle Giants: Natural World
6:10pm	Flog It!
7:00pm	Tribes, Predators and Me
8:00pm	Dragons' Den
9:00pm	The Life Swap Adventure
10:00pm	Paul Hollywood's Big Continental Road Trip
11:00pm	White Gold
11:30pm	Dara O'Briain Crowd Tickler
12:30am	Cricket
1:20am	Salvage

## BBC FOUR

8:00pm	Yo-Yo Ma and the Silk Road Ensemble
9:30pm	Egypt's Lost Cities
11:00pm	Arena
12:00am	Southern Rock at the BBC
1:00am	Koko: The Gorilla Who Talks to People
	<i>Documentary telling the extraordinary story of the only 'talking' gorilla in the world.</i>
2:00am	Bridging the Gap
3:00am	Engineering Giants
	<i>Engineer turned comedian Tom Wigglesworth and Rob Bell, rising star of mechanical engineering, tell the story as an entire North Sea Gas installation, the Lima Platform, is pulled from the sea by floating cranes, brought back to Newcastle, and then torn into tiny pieces for recycling.</i>

## CHANNEL 4

7:20am	3rd Rock from the Sun
7:45am	Everybody Loves Raymond
8:10am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Frasier
10:00am	Eating Well with Hemsley and Hemsley
10:30am	Sunday Brunch
1:30pm	Eat the Week with Iceland
2:30pm	The Devil Wears Prada
4:40pm	George Clarke's Amazing Spaces
5:40pm	A Place in the Sun: Winter Sun
6:40pm	Homes by the Sea
7:35pm	Channel 4 News
8:00pm	The Supervet
9:00pm	Cabins in the Wild with Dick Strawbridge
10:00pm	The Handmaid's Tale
11:00pm	Gogglebox
12:05am	Micky Flanagan's Out Out Tour

## CHANNEL 5

7:00am	Milkshake!
10:50am	The Fairly Odd Parents
11:25am	The Gadget Show
12:15pm	Police Interceptors
2:15pm	One Chance
4:05pm	13 Going on 30
5:55pm	Dirty Dancing
8:25pm	5 News
8:30pm	2012
11:00pm	The Expendables 2
12:50am	Greatest Disaster Movies
2:15am	Super Casino
	<i>Live interactive gaming featuring roulette and autowheel.</i>
4:10am	Top 20 Funniest
5:00am	World's Most Pampered Pets
	<i>Entertaining documentary about the most glamorous and luxuriously kept pets in the world.</i>
5:50am	House Doctor
	<i>Home improvement series that works its magic on neglected homes.</i>

## 4

9:00am	Hollyoaks Omnibus
11:30am	Made in Chelsea
12:30pm	The Goldbergs
12:55pm	The Goldbergs
1:25pm	Black-ish
1:55pm	Baby Daddy
2:25pm	Kevin Can Wait
2:55pm	Brooklyn Nine-Nine
3:25pm	New Girl
3:55pm	The Core
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	Rude Tube
12:00am	8 Out of 10 Cats
12:50am	Tattoo Fixers
1:50am	Tattoo Fixers
2:50am	First Dates
3:45am	Marvel's Agents of S.H.I.E.L.D.
4:35am	Hollyoaks Omnibus
	<i>A chance to catch up with all of the events and developments in Hollyoaks this week.</i>

## sky SPORTS 1

7:00am	Football Gold
7:15am	Football Gold
7:30am	Football Gold
7:45am	Football Gold
8:00am	Premier League Legends
8:30am	Premier League Legends
9:00am	Premier League 100 Club
9:30am	Premier League 100 Club
10:00am	Premier League 100 Club
10:30am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	British and Irish Lions Highlights
2:00pm	Live World Cup of Darts
6:00pm	British and Irish Lions Highlights
7:00pm	Darts Gold
7:15pm	Darts Gold
7:30pm	Darts Gold
7:45pm	Darts Gold
8:00pm	Live World Cup of Darts
12:00am	Premier League Legends

## itv

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	Julia Bradbury's Best Walks
11:00am	Peston on Sunday
12:00pm	Judge Rinder
1:05pm	ITV News and Weather
1:20pm	The Queen
3:25pm	Tipping Point
4:25pm	Michael Carrick Testimonial
7:15pm	Local News and Weather
	<i>All the very latest local news and weather.</i>
7:25pm	ITV News and Weather
7:45pm	Catchphrase
8:30pm	Britain's Got Talent
11:00pm	ITV News and Weather
11:20pm	Peston on Sunday
12:25am	Unbelievable
	<i>Moments Caught on Camera</i>
1:25am	Jackpot247
4:00am	Motorsport

## itv2

7:00am	Totally Bonkers
	Guinness World Records
7:20am	You've Been Framed!
7:45am	Emmerdale Omnibus
10:15am	Coronation Street Omnibus
12:40pm	Take Me Out
2:10pm	Take Me Out: The Gossip
3:10pm	What a Girl Wants
4:10pm	FYI Daily
4:15pm	What a Girl Wants
5:15pm	Despicable Me
6:15pm	FYI Daily
6:20pm	Despicable Me
7:30pm	The Lord of the Rings: The Fellowship of the Ring
8:30pm	FYI Daily
8:35pm	The Lord of the Rings: The Fellowship of the Ring
11:00pm	Britain's Got More Talent
12:00am	Family Guy
12:30am	Family Guy
1:00am	Family Guy
1:25am	American Dad!
1:50am	American Dad!

## itv3

7:00am	Carry on Don't Lose Your Head
8:00am	FYI Daily
8:05am	Carry on Don't Lose Your Head
8:40am	Heartbeat
9:45am	Heartbeat
10:50am	Murder, She Wrote
11:50am	The Nun's Story
12:55pm	FYI Daily
1:00pm	The Nun's Story
2:50pm	Agatha Christie's Marple
4:50pm	Foyle's War
7:00pm	Agatha Christie's Marple
9:00pm	Midsomer Murders
11:00pm	Tommy Cooper: Not Like That, Like This
1:05am	A Touch of Frost
3:15am	Heartbeat
	<i>Drama, set in the North Yorkshire moors in the 1960's.</i>
4:05am	May the Best House Win
4:55am	May the Best House Win
5:45am	On the Buses

## itv4

7:00am	Tommy Cooper Minder
7:30am	<i>Modern-day re-imagining on the classic comedy-drama.</i>
8:30am	World Superbike Highlights 2017
9:30am	Isle of Man TT Superbike TT Race.
10:30am	French Open Tennis
	<i>Action from the French Open Tennis tournament.</i>
10:00pm	Isle of Man TT
11:00pm	Cycling
	<i>Coverage of a cycling event.</i>
12:00am	World Rugby U20 Championship Highlights
1:00am	Brdc British F3 Championship Highlights
2:05am	Isle of Man TT Sidecar TT Race 1.
3:10am	Tommy Cooper
3:40am	ITV4 Nightscreen
4:00am	Teleshopping

## sky CINEMA ACTION &amp; ADVENTURE

7:05am	The Chronicles of Riddick
9:15am	Ant-Man
11:15am	Warcraft
1:25pm	The Great Escape
4:20pm	The Mummy Returns
6:40pm	Enemy of the State
9:00pm	Warcraft
11:10pm	Hitman
12:50am	Face/Off
3:15am	King Arthur

## sky CINEMA COMEDY

8:20am	Hot Pursuit
10:00am	The First Wives Club
11:50am	Talladega Nights: The Ballad of Ricky Bobby
1:55pm	Robin Hood: Men in Tights
3:45pm	Ghostbusters
5:45pm	Grandma
7:15pm	Dodgeball: A True Underdog Story
9:00pm	Ghostbusters
11:00pm	Vacation
12:45am	Fun with Dick and Jane

## sky CINEMA PREMIERE

7:00am	Desierto
8:40am	King Arthur: Legend of the Sword - Behind the Scenes
9:10am	Ice Age: Collision Course
10:55am	Jack Reacher: Never Go Back
1:00pm	Absolutely Fabulous: The Movie
2:35pm	Lights Out
4:05pm	Rabbit School: Guardians of the Golden Egg
5:30pm	Ice Age: Collision Course
7:15pm	Spaceman
9:00pm	Jack Reacher: Never Go Back
11:10pm	Lights Out
12:40am	Refuge
2:10am	Spaceman
3:55am	Desierto
5:40am	Rabbit School: Guardians of the Golden Egg

## sky SPORTS 2

7:00am	Cricket Classics
8:00am	Cricket's Greatest
8:30am	Super League Gold
8:45am	Sporting Triumphs
9:00am	ICC Champions Trophy Highlights
10:00am	Cricket Writers on TV
11:00am	Live ICC Champions Trophy Cricket
7:30pm	Sporting Triumphs
7:45pm	Sporting Triumphs
8:00pm	Cricket Gold
8:10pm	Cricket Gold
8:20pm	Cricket Gold
8:30pm	Live Top 14 Final
11:00pm	Super League Gold
11:15pm	Sporting Triumphs
11:30pm	ICC Champions Trophy Highlights
12:30am	Cricket Classics
1:30am	Cricket's Greatest
2:00am	ICC Champions Trophy Highlights
3:00am	Sporting Rivalries
3:30am	Sporting Rivalries
4:00am	ICC Champions Trophy Highlights
5:00am	Cricket's Greatest
5:30am	Cricket's Greatest



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BBC one

11:00am Homes Under the Hammer  
 12:00pm Rip Off Britain  
 12:45pm Close Calls: On Camera  
 1:15pm Bargain Hunt  
 2:00pm BBC News  
 2:30pm Regional News  
 2:45pm Doctors  
 3:15pm Impossible  
 4:00pm Escape to the Country  
 4:45pm Yes Chef  
 5:30pm Put Your Money Where Your Mouth Is  
 6:15pm Pointless  
 7:00pm BBC News  
 7:30pm Regional News  
 8:00pm The One Show  
 8:30pm Suzi Perry's Queens of the Road  
 9:00pm EastEnders  
 9:30pm Would I Lie to You?  
 10:00pm Doctor in the House  
 11:00pm BBC News  
 11:30pm Regional News  
 11:40pm Weather  
 11:45pm Have I Got a Bit More News for You  
 12:30am The Graham Norton Show

BBC TWO

7:30am Rip Off Britain  
 8:15am Yes Chef  
 9:00am Antiques Roadshow  
 10:00am Victoria Derbyshire  
 12:00pm BBC Newsroom Live  
 1:00pm The Daily Politics  
 2:00pm Two Tribes  
 2:30pm Family Finders  
 3:15pm Red Rock  
 4:00pm The Hairy Bikers' Best of British  
 4:45pm Elephant Diaries  
 5:15pm The Coffee Trail with Simon Reeve  
 6:15pm Antiques Road Trip  
 7:00pm Eggheads  
 7:30pm Springwatch  
 8:00pm Great Continental Railway Journeys  
 8:30pm Great British Menu  
 9:00pm Springwatch  
 10:00pm Cosby  
 11:00pm Detectorists  
 11:30pm Election Spy  
 11:35pm Newsnight  
 12:15am Weather  
 12:20am Syria  
 12:45am Paul Hollywood's Big Continental Road Trip  
 1:45am Cricket

BBC FOUR

8:30pm Great British Railway Journeys  
*On the last leg of his journey across Scotland from west to east, Michael Portillo pays homage to the birthplace of golf at St Andrews. In Dunfermline, Michael discovers the poor beginnings of one of the world's wealthiest men, a remarkable philanthropist who worked on the railroads before making his fortune in steel*  
 9:00pm The Fairytale Castles of King Ludwig II with Dan Cruickshank  
 10:00pm The Medici: Makers of Modern Art  
 11:00pm Francesco's Italy  
 12:00pm Mothers, Murderers and Mistresses: Empresses of Ancient Rome

CHANNEL 4

7:45am Will and Grace  
 8:35am Everybody Loves Raymond  
 9:35am Frasier  
 11:05am Ramsay's Kitchen Nightmares USA  
 12:00pm A Place in the Sun: Winter Sun  
 1:00pm Channel 4 News  
 1:05pm Couples Come Dine with Me  
 2:05pm Posh Pawnbrokers  
 3:10pm Countdown  
 4:00pm Fifteen to One  
 5:00pm Coast v Country  
 6:00pm Four in a Bed  
 6:30pm Come Dine with Me  
 7:00pm The Simpsons  
 7:30pm Hollyoaks  
 8:00pm Channel 4 News  
 8:55pm Party Election Broadcast  
 9:00pm Food Unwrapped Diet Special  
 10:00pm 24 Hours in Police Custody  
 11:00pm Loaded  
 11:45pm 8 Out of 10 Cats  
 Does Countdown  
 12:45am Catching a Killer  
 2:20am Bodysockers

CHANNEL 5

7:00am Milkshake!  
 10:15am The Wright Stuff  
 12:15pm The Hotel Inspector  
 1:10pm 5 News  
 1:15pm Can't Pay? We'll Take it Away!  
 2:15pm Home and Away  
 2:45pm Neighbours  
 3:15pm NCIS  
 4:15pm Stolen From the Womb  
 6:00pm 5 News  
 6:30pm Neighbours  
 7:00pm Home and Away  
 7:30pm 5 News  
 7:55pm Party Election Broadcast  
 8:00pm MotoGP  
 9:00pm Police Interceptors  
 10:00pm Big Brother  
 12:00am Big Brother's Bit on the Side  
 1:00am Big Brother  
 2:00am Super Casino  
 4:10am Gotham  
 5:00am Now That's Funny! Comedy series showcasing the very best videos online.  
 5:45am House Doctor

4

7:00am Hollyoaks  
 7:30am Coach Trip  
 8:00am Baby Daddy  
 8:30am Baby Daddy  
 9:00am Rules of Engagement  
 10:00am Melissa and Joey  
 10:30am Melissa and Joey  
 11:00am Baby Daddy  
 11:30am Baby Daddy  
 12:00pm How I Met Your Mother  
 1:00pm New Girl  
 1:30pm New Girl  
 2:00pm Brooklyn Nine-Nine  
 2:30pm Brooklyn Nine-Nine  
 3:00pm The Big Bang Theory  
 3:30pm The Big Bang Theory  
 4:00pm How I Met Your Mother  
 5:00pm New Girl  
 5:30pm New Girl  
 6:00pm 2 Broke Girls  
 6:30pm 2 Broke Girls  
 7:00pm The Big Bang Theory  
 7:30pm The Big Bang Theory  
 8:00pm Hollyoaks  
 8:30pm Baby Daddy  
 9:00pm Star Trek  
 11:30pm The Big Bang Theory  
 12:00am The Big Bang Theory  
 12:30am Googlebox

sky SPORTS 1

7:00am Good Morning Sports Fans  
 10:00am Premier League 100 Club  
 11:00am The Premier League Years  
 1:00pm Football's Greatest Moments  
 2:00pm Great Sporting Moments  
 3:00pm Premier League Legends  
 4:00pm Spanish Football Gold  
 4:30pm Football Gold  
 5:00pm Football's Greatest Moments  
 6:00pm Premier League 100 Club  
 6:30pm Premier League 100 Club  
 7:00pm Premier League Legends  
 7:30pm Soccer AM: The Best Bits 2016/17  
 8:00pm The Premier League Years  
 10:00pm F1: Grand Prix Highlights  
 11:00pm Soccer AM: The Best Bits 2016/17  
 11:30pm Boxing Gold  
 12:00am Premier League Legends

itv

7:00am Good Morning Britain  
 9:30am Lorraine  
 10:25am The Jeremy Kyle Show  
 11:30am This Morning  
 1:30pm Loose Women  
 2:30pm ITV Lunchtime News  
 3:00pm Judge Rinder's Crime Stories  
 4:00pm Masterpiece  
 5:00pm Tipping Point  
 6:00pm The Chase  
 7:00pm Local News and Weather  
 7:30pm ITV Evening News  
 8:00pm Emmerdale  
 8:30pm Coronation Street  
 9:00pm Tonight: The Leader Interviews  
 9:30pm Coronation Street  
 10:00pm Lord Lucan: My Husband, the Truth  
 11:00pm ITV News  
 11:50pm Captain Corelli's Mandolin  
 2:10am Jackpot247  
 4:00am Tonight: The Leader Interviews  
 4:25am Nightscreen

itv2

7:00am Planet's Funniest Animals  
 7:25am The Cube  
 8:20am The Ellen DeGeneres Show  
 9:00am Emmerdale  
 9:30am Coronation Street  
 10:00am You've Been Framed!  
 10:35am Scorpion  
 11:25am Below Deck  
 12:25pm Vanderpump Rules  
 1:25pm Emmerdale  
 1:55pm Coronation Street  
 2:30pm You've Been Framed!  
 3:00pm The Ellen DeGeneres Show  
 3:50pm The Jeremy Kyle Show  
 4:55pm The Jeremy Kyle Show  
 6:00pm Judge Rinder  
 7:00pm You've Been Framed!  
 7:30pm You've Been Framed!  
 8:00pm You've Been Framed!  
 9:00pm Two and a Half Men  
 9:30pm Two and a Half Men  
 10:00pm Love Island  
 11:30pm Family Guy  
 12:00am Family Guy  
 12:30am American Dad!

itv3

7:00am On the Buses  
 7:30am Heartbeat  
 8:30am Where the Heart is  
 9:30am Wild at Heart  
 10:30am Judge Judy  
 11:00am Judge Judy  
 11:30am Judge Judy  
 11:55am Road to Avonlea  
 12:55pm The Casebook of Sherlock Holmes  
 2:05pm Heartbeat  
 3:05pm The Royal  
 4:10pm Wild at Heart  
 5:15pm Man About the House  
 5:50pm Rising Damp  
 6:20pm George and Mildred  
 6:55pm Heartbeat  
 8:00pm Murder, She Wrote  
 9:00pm Midsomer Murders  
 11:00pm Law and Order: UK  
 12:00am Wycliffe  
 1:10am The Bletchley Circle  
 2:10am The Knock  
 3:05am ITV3 Nightscreen  
 3:30am Teleshopping Innovative, value-for-money products brought directly to you at home.

itv4

7:00am Minder  
 8:00am The Chase  
 9:00am Tommy Cooper  
 9:30am Isle of Man TT  
 10:30am French Open Tennis Action from the French Open Tennis tournament.  
 10:00pm Isle of Man TT  
 11:00pm Cycling Coverage of a cycling event.  
 12:05am Halloween H2O: 20 Years Later  
 1:05am FYI Daily  
 1:10am Halloween H2O: 20 Years Later  
 1:50am Motorsport UK  
 2:50am Isle of Man TT Supersport TT Race 1.  
 3:50am ITV4 Nightscreen  
 4:00am Teleshopping Innovative, value-for-money products brought directly to you at home.

sky CINEMA ACTION & ADVENTURE

11:00am Hitman: Agent 47  
 12:50pm Pirates of the Caribbean: The Curse of the Black Pearl  
 3:15pm Behind Enemy Lines  
 5:05pm Charlie's Angels  
 6:50pm The Sum of All Fears  
 9:00pm Pirates of the Caribbean: The Curse of the Black Pearl  
 11:25pm Hitman: Agent 47  
 1:05am Collateral Damage

sky CINEMA COMEDY

8:00am Spud  
 10:00am Valentine's Day  
 12:10pm How to be Single  
 2:10pm Billy Madison  
 3:50pm Galaxy Quest  
 5:40pm Mistress America  
 7:10pm Rock the Kasbah  
 9:00pm How to be Single  
 11:00pm Police Academy  
 12:45am Dope  
 2:35am The Sweetest Thing  
 4:15am Alien Autopsy

sky CINEMA PREMIERE

10:25am Lights Out  
 12:00pm Flirting with Love  
 1:30pm Jack Reacher: Never Go Back  
 3:35pm Last Cab to Darwin  
 5:45pm Ice Age: Collision Course  
 7:30pm Flirting with Love  
 9:00pm Jack Reacher: Never Go Back  
 11:10pm Spaceman  
 12:55am Lights Out A troubled family discover that there is every reason to be afraid of the dark.  
 2:25am Desierto  
 4:00am Refuge  
 5:35am Rabbit School: Guardians of the Golden Egg When the Easter rabbit school comes under threat from a family of foxes plotting to steal the legendary golden egg, it's up to young Max to save the day. Animated adventure.

sky SPORTS 2

7:00am Cricket Classics  
 8:00am WWE Raw  
 9:00am ICC Champions Trophy Highlights  
 10:00am Cricket Classics  
 11:00am Great Sporting Moments  
 11:15am Great Sporting Moments  
 11:30am Great Sporting Moments  
 11:45am Great Sporting Moments  
 12:00pm Sporting Heroes  
 1:00pm Cricket Classics  
 2:00pm Cricket's Greatest Live ICC Champions Trophy Cricket  
 2:25pm Sporting Triumphs  
 10:30pm Sporting Triumphs  
 10:45pm Sporting Triumphs  
 11:00pm Super League Fulltime 2017  
 11:30pm Super League Gold  
 11:45pm Super League Gold  
 12:00am ICC Champions Trophy Highlights  
 1:00am Super League Gold  
 1:15am Super League Gold  
 1:30am Super League Fulltime 2017

The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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**BBC one**

7:00am Breakfast  
 10:15am The Secret Life of the Hospital Bed  
 11:00am Homes Under the Hammer  
 12:00pm Rip Off Britain  
 12:45pm Close Calls: On Camera  
 1:15pm Bargain Hunt  
 2:00pm BBC News  
 2:30pm Regional News  
 2:45pm Doctors  
 3:15pm !Mpossible  
 4:00pm Escape to the Country  
 4:45pm Yes Chef  
 5:30pm Put Your Money Where Your Mouth Is  
 6:15pm Pointless  
 7:00pm BBC News  
 7:30pm Regional News  
 8:00pm The One Show  
 8:30pm EastEnders  
 9:00pm Holby City  
 10:00pm Broken  
 11:00pm BBC News  
 11:30pm Regional News  
 11:40pm Weather  
 11:45pm Newsbeat  
 1:15am Weather for the Week Ahead

**BBC TWO**

7:00am Emergency Rescue  
 Down Under  
 7:30am Rip Off Britain  
 8:15am Yes Chef  
 9:00am Great American Railroad Journeys  
 10:00am Victoria Derbyshire  
 12:00pm BBC Newsroom Live  
 1:00pm The Daily Politics  
 2:00pm Super League Show  
 2:45pm Coast  
 3:15pm Red Rock  
 4:00pm The Hairy Bikers' Best of British  
 4:45pm Elephant Diaries  
 5:15pm Atlantic: The Wildest Ocean on Earth  
 6:15pm Antiques Road Trip  
 7:00pm Eggheads  
 7:30pm Springwatch  
 8:00pm Great Continental Railway Journeys  
 8:30pm Great British Menu  
 9:00pm Springwatch  
 10:00pm The Chillenden Murders  
 11:00pm Live at the Apollo  
 11:30pm Election Spy  
 11:35pm Newsnight  
 12:15am Weather  
 12:20am Cricket

**BBC FOUR**

8:00pm 100 Days +  
 8:30pm Great British Railway Journeys  
 9:00pm The First Georgians: The German Kings who Made Britain  
 10:00pm Time Shift  
*Timeshift looks at how post-war Britain went from a place where eating out was more of a chore than a pleasure to a nation of food adventurers, now spending up to a third of our food budget on restaurant meals.*  
 11:00pm The Secret History of My Family  
 12:00pm Storm Troupers: The Fight to Forecast the Weather  
 1:00am Inside Einstein's Mind: The Enigma of Space and Time  
 2:00am Bearwalker of the Northwoods  
 3:00am The Secret History of My Family

**CHANNEL 4**

9:00am Everybody Loves Raymond  
 9:35am Frasier  
 10:05am Frasier  
 10:35am Frasier  
 11:05am Ramsay's Kitchen Nightmares USA  
 12:00pm A Place in the Sun: Winter Sun  
 1:00pm Channel 4 News  
 1:05pm Couples Come Dine with Me  
 2:05pm Posh Pawnbrokers  
 3:10pm Countdown  
 4:00pm Fifteen to One  
 5:00pm Coast v Country  
 6:00pm Four in a Bed  
 6:30pm Come Dine with Me  
 7:00pm The Simpsons  
 7:30pm Hollyoaks  
 8:00pm Channel 4 News  
 8:55pm Party Election Broadcast  
 9:00pm Tried and Tasted with Michel Roux  
 9:30pm Supershoppers  
 10:00pm One Born Every Minute  
 11:00pm First Dates  
 12:05am 24 Hours in A and E

**CHANNEL 5**

7:00am Milkshake!  
*Programming aimed at children aged two to seven years old.*  
 10:15am The Wright Stuff  
*Lively magazine show in which Matthew Wright and guests discuss the topical issues of the day.*  
 12:15pm Big Brother  
 2:10pm 5 News  
 2:15pm Home and Away  
 2:45pm Neighbours  
 3:20pm NCIS: Los Angeles  
 4:15pm Framed for Murder  
 6:00pm 5 News  
*The latest news coverage.*  
 6:30pm Neighbours  
 7:00pm Home and Away  
 7:30pm 5 News  
 7:55pm Party Election Broadcast  
 8:00pm MotoGP  
 9:00pm The Yorkshire Vet  
 10:00pm My Dream Hotel  
 11:00pm Big Brother  
 12:00am Big Brother's Bit on the Side

**4**

10:30am Melissa and Joey  
 11:00am Baby Daddy  
 11:30am Baby Daddy  
 12:00pm How I Met Your Mother  
 12:30pm How I Met Your Mother  
 1:00pm New Girl  
 1:30pm New Girl  
 2:00pm Brooklyn Nine-Nine  
 2:30pm Brooklyn Nine-Nine  
 3:00pm The Big Bang Theory  
 3:30pm The Big Bang Theory  
 4:00pm How I Met Your Mother  
 4:30pm How I Met Your Mother  
 5:00pm New Girl  
 5:30pm New Girl  
 6:00pm 2 Broke Girls  
 6:30pm 2 Broke Girls  
 7:00pm The Big Bang Theory  
 7:30pm The Big Bang Theory  
 8:00pm Hollyoaks  
 8:30pm Black-ish  
 9:00pm The Big Bang Theory  
 9:30pm The Big Bang Theory  
 10:00pm Rude Tube  
 11:00pm 8 Out of 10 Cats  
 11:50pm The Big Bang Theory  
 12:20am The Big Bang Theory

**sky SPORTS 1**

1:30pm Football's Greatest  
 2:00pm Great Sporting Moments  
 2:15pm Great Sporting Moments  
 2:30pm Great Sporting Moments  
 2:45pm Great Sporting Moments  
 3:00pm Premier League Legends  
 3:30pm Premier League Legends  
 4:00pm Spanish Football Gold  
 4:15pm Spanish Football Gold  
 4:30pm Football Gold  
 4:45pm Football Gold  
 5:00pm Football's Greatest  
 5:30pm Football's Greatest  
 6:00pm Premier League 100 Club  
 6:30pm Premier League 100 Club  
 7:00pm Premier League Legends  
 7:30pm Football's Greatest Teams  
 8:00pm Info not available  
 10:00pm Fight Night  
 12:00am Premier League

**itv**

7:00am Good Morning Britain  
 9:30am Lorraine  
 10:25am The Jeremy Kyle Show  
 11:30am This Morning  
*The popular morning lifestyle magazine show with advice, chat and competitions.*  
 1:30pm Loose Women  
 2:30pm ITV Lunchtime News  
 3:00pm Judge Rinder's Crime Stories  
 4:00pm Masterpiece  
 5:00pm Tipping Point  
 6:00pm The Chase  
 7:00pm Local News and Weather  
 7:30pm ITV Evening News  
 8:00pm Emmerdale  
 8:30pm Tonight  
 9:00pm Midsomer Murders  
 11:00pm ITV News  
 11:50pm Lord Lucan: My Husband, the Truth  
 12:50am The Cube  
 1:35am Jackpot247

**itv2**

7:35am Vanderpump Rules  
 8:20am The Ellen DeGeneres Show  
 9:00pm Emmerdale  
 9:30am Coronation Street  
 10:00am Coronation Street  
 10:35am Scorpion  
 11:25am Below Deck  
 12:25pm Vanderpump Rules  
 1:25pm Emmerdale  
 1:55pm Coronation Street  
 2:30pm Coronation Street  
 3:00pm The Ellen DeGeneres Show  
 3:50pm The Jeremy Kyle Show  
 4:55pm The Jeremy Kyle Show  
 6:00pm Judge Rinder  
 7:00pm You've Been Framed!  
 7:30pm You've Been Framed!  
 8:00pm You've Been Framed!  
 8:30pm You've Been Framed!  
 9:00pm Two and a Half Men  
 9:30pm Two and a Half Men  
 10:00pm Love Island  
 11:00pm Family Guy  
 11:30pm Family Guy  
 12:00am Family Guy  
 12:30am Family Guy

**itv3**

7:00am Man About the House  
 7:25am Heartbeat  
 8:30am Where the Heart is  
 9:30am Wild at Heart  
 10:35am Judge Judy  
 11:05am Judge Judy  
 11:35am Judge Judy  
 12:00pm Road to Avonlea  
 1:00pm The Casebook of Sherlock Holmes  
 2:10pm Heartbeat  
 3:10pm The Royal  
 4:15pm Wild at Heart  
 5:20pm Man About the House  
 5:55pm Rising Damp  
 6:20pm George and Mildred  
*Comedy series following George and Mildred Roper.*  
 6:55pm Heartbeat  
 8:00pm Murder, She Wrote  
 9:00pm Long Lost Family  
 10:00pm It'll be Alright on the Night  
 11:00pm Law and Order: UK  
 12:00am A Touch of Frost  
 2:00am The Knock  
 3:00am ITV3 Nightscreen

**itv4**

7:00am Hat-Trick Heroes  
 7:20am Minder  
*Modern-day re-imagining on the classic comedy-drama.*  
 8:20am The Chase  
 9:25am The Motorbike Show  
 10:25am The Motorbike Show  
 11:25am Isle of Man TT  
*Supersport TT Race 1.*  
 12:25pm River Monsters  
 1:30pm French Open Tennis  
*Action from the French Open Tennis tournament.*  
 9:00pm Superbikes  
*When Britian Ruled the World.*  
 10:00pm Isle of Man TT  
 11:00pm Cycling  
*Coverage of a cycling event.*  
 12:05am Death Wish 4: The Crackdown  
 1:05am FYI Daily  
 1:10am Death Wish 4: The Crackdown  
 2:10am Isle of Man TT

**sky CINEMA ACTION & ADVENTURE**

7:00am Colt .45  
 8:30am Backdraft  
 10:50am X-Men: Apocalypse  
 1:20pm Smokey and the Bandit  
 3:05pm The Magnificent Seven  
 5:15pm The Scorpion King  
 6:55pm Rocky II  
 9:00pm X-Men: Apocalypse  
 11:30pm The Mummy  
 1:40am Ninja Assassin

**sky CINEMA COMEDY**

10:00am The Naked Gun 2 1/2: The Smell of Fear  
 11:35am Keanu  
 1:20pm Sausage Party  
 3:00pm Back to the Future Part II  
 5:00pm Back to the Future Part III  
 7:00pm Back to the Future Part III  
 9:00pm Keanu  
 10:45pm Sausage Party  
 12:25am Scouts Guide to the Zombie Apocalypse

**sky CINEMA PREMIERE**

7:00am Last Cab to Darwin  
 9:15am Flirting with Love  
 10:40am Rabbit School: Guardians of the Golden Egg  
 12:10pm It's Already Tomorrow in Hong Kong  
 1:50pm The Top Ten Show 2017  
 2:05pm Jack Reacher: Never Go Back  
 4:10pm Lights Out  
 5:40pm Spaceman  
*Baseball biopic about Bill 'Spaceman' Lee, the Major League pitcher whose loose-cannon ways get him released from the Montreal Expos.*  
 7:25pm It's Already Tomorrow in Hong Kong  
 9:00pm Jack Reacher: Never Go Back  
 11:10pm Lights Out  
 12:40am Flirting with Love

**sky SPORTS 2**

7:00am Cricket Classics  
 8:00am WWE SmackDown!  
 9:00am ICC Champions Trophy Highlights  
 10:00am Super League Fulltime 2017  
 10:30am Cricket's Greatest Live ICC Champions Trophy Cricket  
 11:00am ICC Champions Trophy - England v New Zealand (Group A).  
 7:30pm Sporting Triumphs  
 7:45pm Sporting Triumphs  
 8:00pm Cricket Gold  
 8:10pm Cricket Gold  
 8:20pm Cricket Gold  
 8:30pm Cricket's Greatest  
 9:00pm ICC Champions Trophy Highlights  
 10:00pm Top 14 Highlights  
*A round-up of all the latest news, tries and action from the French Top 14.*  
 10:30pm Cricket's Greatest  
 11:00pm ICC Champions Trophy Highlights  
 12:00am Top 14 Highlights

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**BBC one**

7:00am	Breakfast
10:15am	The Secret Life of the Hospital Bed
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Close Calls: On Camera
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	!Mpossible
4:00pm	Escape to the Country
4:45pm	Yes Chef
5:30pm	Put Your Money Where Your Mouth Is
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	Eat Well for Less
10:00pm	The Met: Policing London
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Room 101
12:25am	Doctor in the House
1:25am	Weather for the Week Ahead
1:30am	BBC News

**BBC TWO**

7:00am	Emergency Rescue
7:30am	Down Under
7:30am	Rip Off Britain
8:15am	Yes Chef
9:00am	See Hear
	<i>Magazine programme for the deaf community.</i>
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Family Finders
3:15pm	Red Rock
4:00pm	The Hairy Bikers' Best of British
4:45pm	Elephant Diaries
5:15pm	Atlantic: The Wildest Ocean on Earth
6:15pm	Antiques Road Trip
7:00pm	Eggheads
7:30pm	Springwatch
8:00pm	Great Continental Railway Journeys
8:30pm	Great British Menu
9:00pm	Springwatch
10:00pm	Horizon
11:00pm	White Gold
11:30pm	Election Spy
11:35pm	Newsnight
12:35am	Cosby
1:40am	Cricket
2:30am	Countryfile

**BBC FOUR**

8:00pm	100 Days +
8:30pm	Great British Railway Journeys
9:00pm	The Men Who Built the Liners
10:00pm	Kenneth Williams - Fantabulosa!
11:20pm	Parkinson
	<i>The king of chat talks to the hottest names in show business and brings you live performances from the world of entertainment.</i>
12:00am	Locomotion: Dan Snow's History of Railways
	<i>Dan Snow examines the development of the railways.</i>
1:00am	Soup Cans and Superstars: How Pop Art Changed the World
2:30am	Decadence and Downfall: The Shah of Iran's Ultimate Party
3:45am	The Men Who Built the Liners

**CHANNEL 4**

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Ackley Bridge
10:00pm	24 Hours in A and E
11:00pm	Fargo
12:05am	24 Hours in Police Custody
1:10am	Naked Attraction

**CHANNEL 5**

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	The Hotel Inspector
1:10pm	5 News
	<i>The latest news coverage.</i>
1:15pm	Big Brother
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	A Deadly Affair
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Police Interceptors
	<i>Documentary series profiling the work of a high-speed police interception unit in Essex.</i>
9:00pm	GPS: Behind Closed Doors
	<i>Documentary taking a look at what goes on in the consultation room.</i>
10:00pm	Can't Pay? We'll Take it Away!
11:00pm	Big Brother
12:00am	Big Brother's Bit on the Side

**4**

9:00am	Rules of Engagement
9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Black-ish
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The 100
11:00pm	Supernatural
12:00am	The Big Bang Theory

**sky SPORTS 1**

8:00am	Good Morning Sports Fans
9:00am	Live British and Irish Lions Tour
12:00pm	Rugby Union Gold
12:10pm	Rugby Union Gold
12:20pm	Rugby Union Gold
12:30pm	Premier League Legends
1:00pm	Football's Greatest
1:30pm	Football's Greatest
2:00pm	British and Irish Lions Tour Highlights
3:00pm	Premier League Legends
3:30pm	Premier League Legends
4:00pm	British and Irish Lions Tour Highlights
5:00pm	Football's Greatest
5:30pm	Football's Greatest
6:00pm	British and Irish Lions Tour Highlights
7:00pm	British and Irish Lions Tour Highlights
8:00pm	Info not available
10:00pm	British and Irish Lions Tour Highlights
11:00pm	Barclays Premier League World
11:30pm	Boxing Gold
11:45pm	Boxing Gold
12:00am	Premier League Legends

**itv**

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder's Crime Stories
	<i>Documentary in which the judge takes on real-life criminal cases.</i>
4:00pm	Masterpiece
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
	<i>All the very latest local news and weather.</i>
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Tonight at the London Palladium
10:00pm	Holiday Horrors: Caught on Camera
11:00pm	ITV News
11:50pm	On Assignment
12:25am	Elizabeth: The Golden Age

**itv2**

7:00am	The Hot Desk
7:10am	Planet's Funniest Animals
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	The Cube
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:25pm	Emmerdale
1:55pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	Best of You've Been Framed! Gold
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	The Keith and Paddy Picture Show
11:30pm	Family Guy
12:00am	Family Guy
12:30am	Family Guy
1:00am	American Dad!

**itv3**

7:00am	Man About the House
7:25am	Heartbeat
8:25am	Where the Heart is
9:25am	Wild at Heart
10:30am	Judge Judy
11:00am	Judge Judy
11:25am	Judge Judy
11:55am	Road to Avonlea
12:55pm	The Memoirs of Sherlock Holmes
2:05pm	Heartbeat
	<i>Drama, set in the North Yorkshire moors in the 1960's.</i>
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Lewis
11:00pm	Law and Order: UK
	<i>Crime drama based on the hit US series Law and Order.</i>
12:00am	Inspector Morse
2:15am	The Knock
3:10am	ITV3 Nightscreen
3:30am	Teleshopping

**itv4**

7:00am	Minder
	<i>Modern-day re-imagining on the classic comedy-drama.</i>
8:00am	Tommy Cooper
8:35am	The Chase
9:30am	The Motorbike Show
10:35am	Isle of Man TT
11:30am	River Monsters
	<i>Extreme angler Jeremy Wade goes to extraordinary lengths in his mission to come face to race with real monsters of the river.</i>
12:30pm	River Monsters
1:30pm	French Open Tennis
	<i>Action from the French Open Tennis tournament.</i>
9:00pm	The Unrideables
10:00pm	Isle of Man TT
11:00pm	Cycling
	<i>Coverage of a cycling event.</i>
12:05am	Cycling
1:05am	Superbikes
2:05am	Isle of Man TT
3:10am	Tommy Cooper
3:45am	ITV4 Nightscreen

**sky CINEMA ACTION & ADVENTURE**

10:50am	Hyena Road
1:05pm	Independence Day: Resurgence
3:10pm	Déjà Vu
5:20pm	Hitman
7:00pm	Twister
9:00pm	Independence Day: Resurgence
11:00pm	The Mummy Returns
1:15am	Rocky III
3:00am	Rocky IV

**sky CINEMA COMEDY**

8:00am	King Arthur: Legend of the Sword - Behind the Scenes
8:20am	Spud 3: Learning to Fly
9:55am	The Naked Gun 3 1/3: The Final Insult
11:25am	Notting Hill
1:35pm	Hot Pursuit
3:15pm	Bad Neighbours 2
5:00pm	Barbershop: The Next Cut
7:00pm	Hitch
9:00pm	Bad Neighbours 2
10:40pm	Barbershop: The Next Cut
12:40am	50 First Dates

**sky CINEMA PREMIERE**

7:00am	It's Already Tomorrow in Hong Kong
	<i>Sparks fly when a toy designer visiting Hong Kong gets talking to an expat American businessman.</i>
8:40am	Last Cab to Darwin
10:50am	Spaceman
12:40pm	Refuge
2:20pm	Jack Reacher: Never Go Back
4:25pm	Flirting with Love
5:55pm	It's Already Tomorrow in Hong Kong
7:30pm	Lights Out
9:00pm	Jack Reacher: Never Go Back
	<i>When the commander of his old military unit is arrested on trumped-up spy charges, it's time for vigilante Jack Reacher to go to work.</i>
11:00pm	Night Fare
12:25am	Spaceman
2:05am	Lights Out

**sky SPORTS 2**

7:00am	Cricket Classics
8:00am	WWE Experience
9:00am	ICC Champions Trophy Highlights
10:00am	Cricket Classics
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Great Sporting Moments
11:45am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
1:55pm	Cricket's Greatest
2:25pm	Live ICC Champions Trophy Cricket
	<i>ICC Champions Trophy - Pakistan v South Africa (Group B).</i>
10:30pm	Sporting Triumphs
10:45pm	Sporting Triumphs
11:00pm	Cricket's Greatest
11:30pm	Cricket's Greatest
12:00am	ICC Champions Trophy Highlights
1:00am	Sporting Rivalries
1:30am	Sporting Rivalries
2:00am	Cricket World Cup Classics
3:00am	Sporting Rivalries

**LETTERS**

**YOUR PAPER - YOUR VOICE - YOUR OPINION**

Letters for Your Say should be emailed to [yoursay@euoweeklynews.com](mailto:yoursay@euoweeklynews.com) or make your comments straight on our website: [www.euoweeklynews.com](http://www.euoweeklynews.com)

# Learning about religion

IT was so good to read the item on Shavuot.

This is a most important festival in the Hebrew Calendar and is certainly enjoyable.

Estepona and District Jewish Community will be hearing about the importance of the date and will enjoy an Afternoon Tea with cheesecake of course.

It is good that we all learn facts about all religions and we thank you for this inclusion.

All good wishes and continued success.

*Gerry Crest  
Estepona and District Jewish  
Community*

## SG Haulage

IN this day and age of average or poor service, it is good to be able to recommend SG Haulage who advertise in this paper.

I wanted a Saab estate car taken back to the UK from Castalla near Alicante. They gave me a price and organised a suitable date and time.

The truck was at the meeting point near my home on time and without any hassle loaded up, then transported the car back to their depot near Lincoln.

Also, they had no problem with me not collecting the vehicle for three weeks, without further charges.

I duly arrived from Scotland at their depot with a trailer. They jump-started the car, helped me load it and tied it down; at no extra cost. I was most impressed.

If anyone is thinking of transporting a car, motorhome, van or boat, from Spain to the UK or vice versa, contact them.

You won't be disappointed.

*Ian Smith, Alicante*

» Photographs for possible publication should be sent by email with a full caption to: [photonews@euoweeklynews.com](mailto:photonews@euoweeklynews.com)

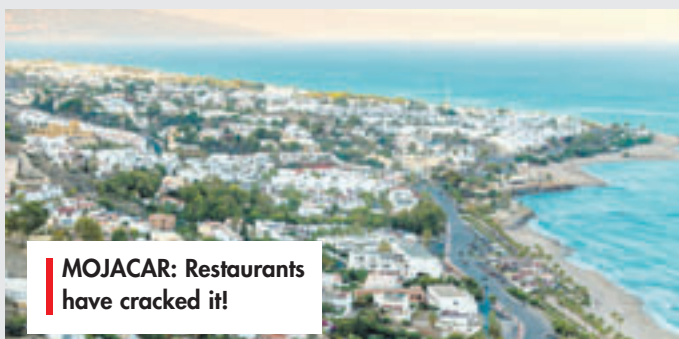
“HI Garry,  
Read your column with my usual interest as a 'foodie.' I find it great to see the other side of the trade, to that of customer.

I have found that the hardest thing for a restaurant to achieve is consistency, nothing more embarrassing than having a great meal, great service etc, all value for money. You then take friends there having found this 'gem' and the evening is awful, it may be poor food quality, poor service, or whatever but you end up feeling disappointed and bit of a fool. No doubt we have all have had this experience.

But there is no excuse for a lazy or incompetent chef/cook, I have had duck breast, that on the menu states it will be cooked 'pink' unless ordered different, then get an overcooked and dry portion. Now I appreciate that in a busy kitchen a piece of meat may be left too long and therefore not cooked as required, OK.

But when the said breast is sliced it is then obvious that a mistake has occurred, if this is ignored it either means the chef/cook, does not care or cannot see what he has allowed to happen,

## Key is training



either way the problem is unacceptable, now whilst you can send it back and get a replacement, that is not always desirable if the rest of the party have their food and want to eat it, You either wait until they have finished before you eat, or they wait for you.

I am blessed here in Mojacar, there has been somewhat of a revolution in many of our restaurants recently. There is now a cluster of adjacent businesses that have cracked it! Waiting staff, all trained, dressed in smart clean uniforms (black outfits) service is swift, drinks and orders dealt with quickly, and delivered all with a smile.

The menus all offer a reasonable three-course meal at a very

acceptable price €12/13, the menu choices are amazing, catering for all tastes, drinks are not expensive (surprisingly) house wine around the €10 mark.

The greatest benefit is the consistency, of service, prices, menu offerings, portion size, quality and atmosphere.

Long may it continue. The key seems to be TRAINING!

These places are busy summer and winter, the winter being the testing time, when resident expats are picky and only leave warm villas for value and quality.

Love your column, as an ex marketing guy I appreciate your process.

*Regards,  
James from Turre*

**HAVE YOUR SAY**

All letters, whether by email or post, should carry the writer's postal address, NIE and contact number though only the name and town will be published. Letters may also be edited.

Readers who have missed earlier correspondence can see all letters posted on: [www.euoweeklynews.com](http://www.euoweeklynews.com)

## COMMENTS from EWN Online

### » Football most important says Spanish TV presenter

THIS stupid, Antonio Jiménez, is a typical representative of the ultra-fascist 13 TV television network and blatantly supports all performances of the government party, including corruption acts.

He is immoral, unworthy to appear before the public. As a Spaniard, I am ashamed of 'compatriots' like this.

My condolences to the British people.

*Un Español*

IF this had happened in Spain and he was unsure of the location I wonder if he would have had the same view. Perhaps he cannot remember the Madrid train bomb.

*Adrian Brooks*

### » Giant bear-huggers

SPAIN, like all European countries must wise up and start the deportation of immigrant criminals immediately. Spain owe it to the citizens and holiday-makers.

Spain relies on a lot of tourism and the tourists and Spanish citizens need priority protection because they pay the taxes and in this case didn't commit any crimes, other than believing Spanish authorities would look out for them. Europe needs to take a hardline stance on criminal immigrant criminals.

Theft, rapes, assaults and murders are becoming the normality. This isn't the Europe I grew up in, this isn't the Europe we want for our children.

*Voice of reason*

### » Hotels crack down on fraudsters

THE Brits abroad continue to shame us with their behaviour. I've watched news items about this problem and it is ONLY Brits who do it. It's shameful and embarrassing.

*Pamela Howlett*

### » Man arrested six times in one week

GIVE the guy his money back and put him on a plane to London that's where all the other kranks and undesirables end up, and are welcomed with open arms and an emergency giro, oh and emergency housing.

*James Boyle*

### » Eight injured after drunk driver hits pedestrians

ISN'T it about time there was a zero tolerance policy here for drinking and driving.

*Gillian York*

JUST so sad. Bloody idiots. Hope they get the book thrown at them. The roads are bad enough, without idiots getting pissed up, then thinking it's OK to get in a car and drive. Scum!

*Sandra Christina Furlong*

### » Brexit Taskforce

I await the UK's reciprocal response for the many more British people living in Spain.

*Annie*

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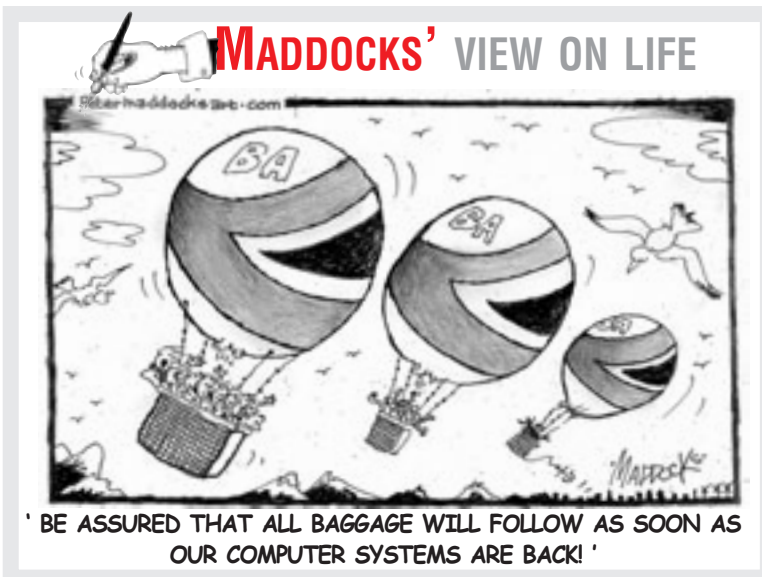
# Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

	21	30		32	31
11			12		
	23		21		
	25				
	24				
	18				
8			14		

## LAST WEEK'S SOLUTION

	1	29	38	18	
4	1	5	6	5	
23	2	9	8	1	3
12		4	9	7	2
14	2	6	5	3	
24	4	3	2	8	7
7	5	2		5	3



# Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case T) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.

L	N	A
U	T	O
I	A	D

TARGET:

- Average: 8 • Good: 11
- Very good: 15 • Excellent: 20

## LAST WEEK'S SOLUTION

anew ewer lawn newt twee twin wail wain wait wale wane want ware warn wart weal wean wear ween weir welt went were wile will wine wire wren writ newel newer renew trawl twain twee twine twirl waler water write twiner wailer waiter wantier walter winter renewal tawnier tinware WATERLINE

# LOTTERY

## UK NATIONAL LOTTERY

Saturday May 27

20	22	31	BONUS BALL
39	41	54	33

## IRISH LOTTO

Saturday May 27

2	5	12	BONUS BALL
34	41	47	29

## EURO MILLIONS

Tuesday May 23

8	15	25	BONUS BALL
27	42		1
			4

Friday May 26

5	7	26	BONUS BALL
36	39		2
			10

## LA PRIMITIVA

Saturday May 27

18	25	26	BONUS BALL
29	30	39	44
			5

## EL GORDO DE LA PRIMITIVA

Sunday May 28

1	11	13	BONUS BALL
50	53		1

# YOUR STARS FOR 7 DAYS

## CANCER ♋

(June 22 - July 23)

After a hectic start to the week, things seem to have slowed down. Look carefully at what has happened, but remember that there is no point in worrying over something that you cannot change. Sitting tight and waiting for this period to pass could be the best solution. Certainly, it will prove less stressful than fighting a losing corner.

## LEO ♌

(July 24 - August 23)

Money is good and this can make you overconfident. Beware bank managers offering loans in large amounts. Nothing is for free and you need to look carefully at interest rates right now. Another, more personal, investment also needs looking at right now. Are things going exactly the way you want them to?

## VIRGO ♍

(August 24 - September 23)

Aim a bit higher than usual and you may be surprised at your success. When seeing the bigger picture, you realise that it is not so daunting after all. If one person can do it, then so can another. It is a matter of how you approach it. What you have to ask yourself this week is why you should accept the minimum when the maximum is so close by.

## LIBRA ♎

(September 24 - October 23)

This should be a great time for your finances. Any glitch is likely to be because you have overspent. Even if things still need close attention, you can win if you concentrate. A bit of plotting and planning can work wonders at the moment. Most of your big expenses are behind you and if you can just tighten that belt a wee bit more.

## GEMINI ♊ (May 22 - June 21)

Partnerships see you leap ahead on something that was a bit stuck in the mud. A leap in your bank balance follows. Some quick decisions may be called for so it is better to share responsibilities, whatever the outcome. You have a chance to show just how clever you can be, but do it because it gives you personal satisfaction rather than to impress.

## SCORPIO ♏

(October 24 - November 22)

Although things seem fine, this is not a time to overstretch your finances. Spending a lot this week without thought is problematic later. This is a week of shifting and changing and that certainly means your finances. The other area is your social circle, where people come and go, sometimes without warning.

## SAGITTARIUS ♐

(November 23 - December 21)

This is not a particularly lucky week for you, so I would certainly advise caution. Gambling is not recommended. Being clever with money is as much about not spending it as about how you spend it.

## CAPRICORN ♑

(December 22 - January 20)

Look at the long-term picture when considering money matters. What seems like a good deal now may not be so a few years down the line. Someone who appears to be telling a lie may simply have either misunderstood or have the wrong information.

## AQUARIUS ♒

(January 21 - February 19)

This is a time to consider finances and keep your options open. Someone who tries to get a fast decision out of you by pushing you into a corner is doing you no favours. You will decide what (if

anything) needs to be done when you are good and ready.

## PISCES ♓

(February 20 - March 20)

Keep things simple. Getting involved in other people's problems is not for you at the moment. It may be necessary to delay a decision to give yourself time to think. Could you manage a few days away somewhere? Maybe you could stay with a friend or relative. You need some peace and quiet on your own.

## ARIES ♈

(March 21 - April 20)

Although things are going pretty well, there are some things that could be just a little better organised. The time and money that this saves could be small, but it's the ongoing positive attitude that counts. There have been times recently when you have wondered if your progress on a certain matter would ever start up again.

## TAURUS ♉

(April 21 - May 21)

It is better if you don't get involved in any high profile, high risk business deals. Success is not assured. This is a time for financial consolidation. Count your pennies and see the pounds collecting in the future. On a cold winter's night it can give a pleasant glow to realise your action during the summer is keeping you warm.

# Sudoku

Fill the grid so that every row, every column and every 3x3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

7								8
			8	4	1			
1								3
9	1		4					2
		2	3	1				
		5				9		6
							3	8
		7			1		4	
		4	5			2		

LAST WEEK'S SOLUTION

6	9	8	3	7	4	1	2	5
2	3	7	1	8	5	9	4	6
4	5	1	9	6	2	3	7	8
8	6	9	4	2	7	5	3	1
5	1	4	8	3	9	2	6	7
7	2	3	6	5	1	8	9	4
1	4	2	5	9	6	7	8	3
3	7	6	2	1	8	4	5	9
9	8	5	7	4	3	6	1	2

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## Crossword

page

Enjoy filling in the following puzzles and check the answers in next week's edition

LAST WEEK'S SOLUTIONS

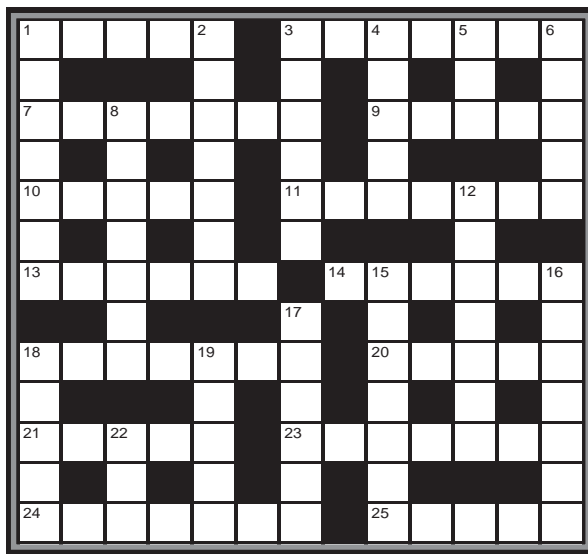
### Cryptic

**Across**

- 1 Search thoroughly to find first bit of custard in tart (5)
- 3 Father secures footwear for royal residences (7)
- 7 Snub potential fur sale (7)
- 9 A topless specimen is quite enough (5)
- 10 Professor or contributor (5)
- 11 Harmony for a musical performance (7)
- 13 One trading from a basement, by the sound of it (6)
- 14 Obstructs city buildings (6)
- 18 Shoe repairer's dessert (7)
- 20 Open wide to swallow first of red fruit (5)
- 21 A different thing at the end of the day (5)
- 23 Phoney art Cher destroyed (7)
- 24 Watches The Seekers (7)
- 25 Many keen to see a Biblical hero (5)

**Down**

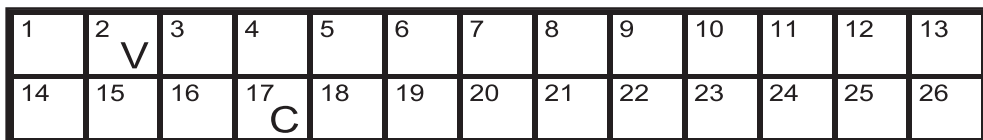
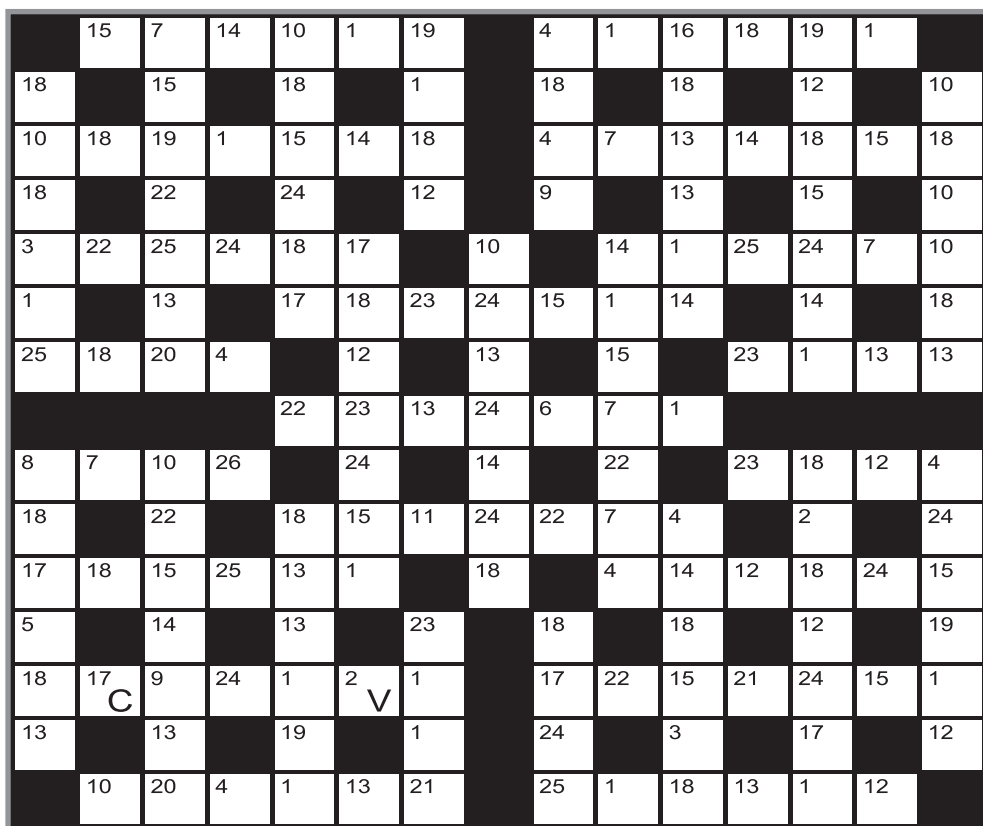
- 1 Steps into one's trousers (7)
- 2 Earmark book (7)
- 3 In Napoli, certainly, a force (6)
- 4 Pick up king, then knight (5)
- 5 Top Hat (3)
- 6 We are in a group that is mellifluous (5)
- 8 A group of supporters went off Flu C ban (3,4)
- 12 Dancing can then charm (7)



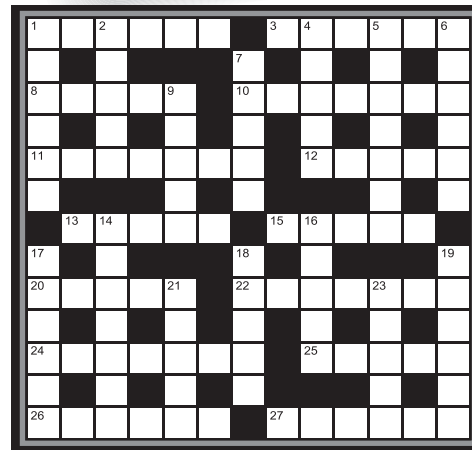
- 15 Fat around a horse will result in a dawdler (7)
- 16 Becomes angry when eccentric reseeds (4,3)
- 17 Quarrel about a scarf (6)
- 18 Note the measure is a sure bet (5)
- 19 Turner is delayed outside hospital (5)
- 22 Machine found in original condition (3)

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 2 represents V and 17 represents C, so fill in V every time the figure 2 appears and C every time the figure 17 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

### Code Breaker



### Quick



**Across**

- 1 Easy and not involved or complicated (6)
- 3 Lacking intelligence (6)
- 8 Pieces of a chain (5)
- 10 Lacking substance or significance (7)
- 11 Watch attentively (7)
- 12 Selected (5)
- 13 Feeling or showing pleasure or contentment (5)
- 15 Keen (5)
- 20 Fire-raising (5)
- 22 Easily broken (7)
- 24 Extreme greed for material wealth (7)
- 25 One skilled in caring for young children or the sick (5)
- 26 Refuses to accept or believe (6)
- 27 Act on (6)

**Down**

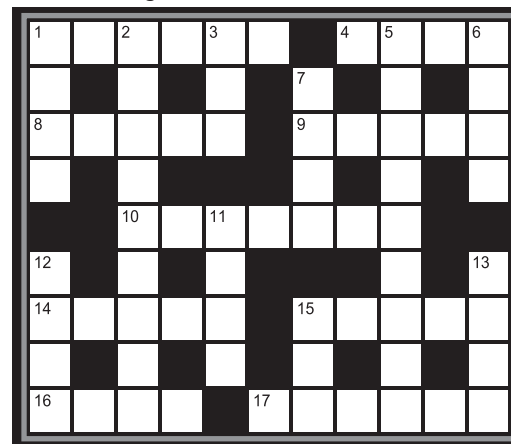
- 1 Not often (6)

**Across**

- 2 With subtraction of (5)
- 4 Close-fitting soldier's or police officer's jacket (5)
- 5 Present for consideration, examination, criticism, etc (7)
- 6 Force to go away (6)
- 7 Alloy of iron with small amounts of carbon (5)
- 9 Small fragment (5)
- 14 Choose not to consume (7)
- 16 Of or relating to birds (5)
- 17 Source of danger (6)
- 18 Monastery ruled by an abbot (5)
- 19 Of the immediate past or just previous to the present time (6)
- 21 Marked by or showing unaffected simplicity and lack of guile or worldly experience (5)
- 23 Brief and to the point (5)

### English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



**Across**

- 1 Kind (nice) (6)
- 4 Useful (information, advice, tool) (4)
- 8 Pencil (5)
- 9 Otra vez (5)
- 10 Enamel (7)
- 14 Abril (5)
- 15 Flea (5)
- 16 Talón (de pie, calcetín, zapato) (4)
- 17 Zanahoria (6)

**Down**

- 1 Classroom (4)
- 2 Manzano (5-4)
- 3 Light (not darkness) (3)
- 5 Viajero (9)
- 6 Wool (4)
- 7 Cola (de animal, avión, cometa) (4)
- 11 Leche (de mamífero, planta) (4)
- 12 Lavado (4)
- 13 Último (final) (4)
- 15 Guisante (3)

### CRYPTIC

**Across:**

- 1 Fusspot, 5 Canal, 8 Dingo, 9 Chicago, 10 Passive, 11 Drama, 12 Sashes, 14 Aghast, 17 Preen, 19 Curator, 21 Netball, 22 Torch, 24 Seems, 25 Residue.

**Down:**

- 1 Fad, 2 Sands, 3 Profile, 4 Ticker, 5 Cried, 6 Niagara, 7 Look after, 10 Postpones, 13 Sheathe, 15 Gyrate, 16 Ocular, 18 Nears, 20 Tired, 23 Hue.

### QUICK

**Across:**

- 1 Chaotic, 5 Speed, 8 Terms, 9 Sincere, 10 Dull, 11 Hatstand, 13 Laptop, 15 Gender, 18 Cardigan, 19 Bits, 22 Another, 23 Ahead, 24 Minus, 25 Surplus.

**Down:**

- 1 Citadel, 2 April, 3 Task, 4 Casual, 5 Sinister, 6 Emerald, 7 Dread, 12 Polishes, 14 Purlain, 16 Resides, 17 Walrus, 18 Claim, 20 Ideal, 21 Fair.

### ENGLISH-SPANISH

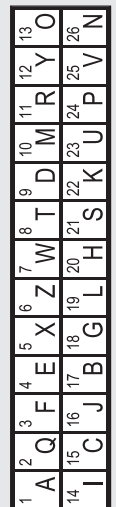
**Across:**

- 1 Calabacin, 6 Edges, 7 Mosca, 9 Ahi, 10 Crab, 11 Sand, 13 Use, 15 Snore, 16 Trigo, 17 Translate.

**Down:**

- 1 Caer, 2 Lagarto, 3 Bisabuela, 4 Camisetas, 5 Lead, 8 Sonrisa, 12 Osos, 14 Bone.

### CODE BREAKER



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Advertising feature



# Get the royal treatment

WITH more than two decades of experience, the Royal Aesthetic Clinic in El Albir provides a wide range of plastic surgery procedures and cosmetic and anaesthetic medicine. It is also the first clinic to have an Advanced Obesity Unit. This unit aims to be a leading reference in the treatment of obesity using the most advanced techniques and medical protocols for losing weight.

It involves a group of professionals including nutritionists, dieticians, psychologists, physiotherapists and physicians, as well as anaesthetists and surgeons to help the patient. Treating obesity as

a disease, they offer the latest techniques available from diet advice, to minimally invasive treatment and more complex procedures such as gastric bypass surgery and lipobanding, a procedure patented by Royal Aesthetic Clinic's very own Dr Francisco Javier Martin Espinosa.

He has more than 20 years of experience, positioning himself as a reference in the field of medical aesthetics and surgery for using effective treatments and innovative aesthetic surgeries both for the face and body.

Plastic surgery is not just about creating a new appearance, it can completely transform a patient's life and with this in mind, the Royal Aesthetic Clinic treats each patient with the most care and attention as possible, listening to what your desired look will be and your reasons for wanting surgery. All the techniques used are intended for the 'enhancement' of their patients, from functional problems, to people concerned with maintaining their normal appearance, restoring it, or just improving it to feel better with themselves.

They provide facial surgeries such as facelifts, rhinoplasty, eyelid surgery, etc and body surgeries such as liposuctions, tummy tucks, breast augmentation or reduction and buttock implants.

At Royal Aesthetic Clinic they also provide a wide range of effective treatments without surgery that also produce excellent results, such as skin fillers, medical peeling, pigmented lesions, varicose veins, buttock lift thread, dermabrasion, chin surgery, ear reshaping, PRP dracula treatment, or even one of the greatest revolutions in aesthetic medicine; the facelift without surgery, of which the professional, talented team at Royal Aesthetic Clinic have been pioneers in implementing it in Spain.

The clinic currently has a number of special offers available until June 30, 2017. These include vaginal rejuvenation from €1,200; liposuction without surgery €1,250 and facial mini-lifting with threads from €1,450.

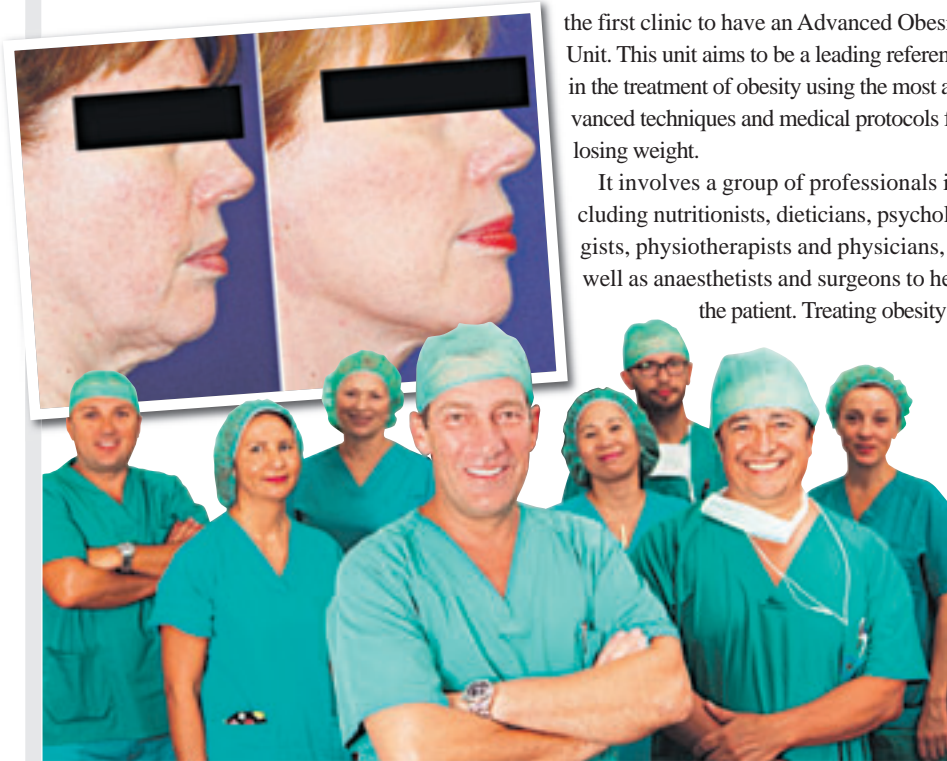
Talk to the team now for a consultation about which procedure would best suit you.

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*Visit [www.royalaesthetic.com](http://www.royalaesthetic.com)*

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**ROYAL AESTHETIC CLINIC: Currently has a number of special offers available.**

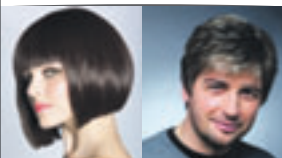
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## Instagram comes out worst for mental health

INSTAGRAM is the social network with the greatest negative effect on mental health and well-being, according to a recent survey of 1,500 teens and young adults. Five social networks were included in the research, with YouTube the only site to achieve a net positive score. Twitter finished second followed by Facebook and Snapchat, with Instagram fifth.

Although the photo-sharing platform received positive marks for self-expression and self-identity, it was also linked to high anxiety levels, depression, bullying and 'a fear of missing out.'

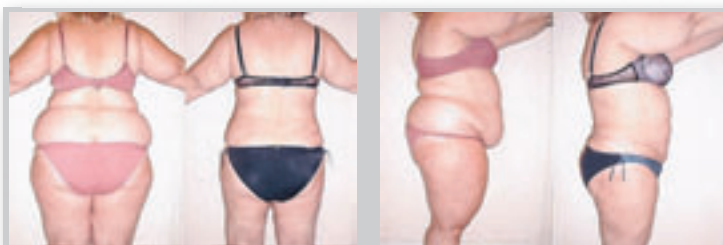
The survey, designed by the UK's Royal Society for Public Health posed questions about how social media affected 14 issues related to mental and physical health.



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**SPANIARDS:** Despite a healthy lifestyle, many don't consider their health to be good.

# Few Spaniards claim to be in good health

SPANIARDS are amongst the most medicated in Europe. Despite many claims it boasts one of the healthiest lifestyles in the world, it seems this health isn't transmitting to much of the population as it has been reported as being one of the countries with the lowest percentage of people aged 50 or over who considers their health status to be 'good.'

This is the conclusion of the report 'Health in adult life and its relation to healthy ageing: current trends, opportunities and future challenges in Spain' carried out by the Mapre Founda-

## 50

*years or over was the age of people in the study*

tion to determine the health status perceived by those aged over 50. It found that many didn't perceive their health to be particularly good with women giving a worse assessment of their physical, cognitive and emotional health compared to men.

According to experts, the way in which citizens perceive their health is an "excellent indicator of the general level of health of the people."

Those who claimed to have better health were speaking in relation to their physical nature, such as not having limitations on being able to perform daily activities or not suffering from illness or pain or anxiety.

In order to produce the report, an international comparison was made that found in Scandinavian and western European countries, the proportion of those over 50 who declare themselves to be in 'good' health is significantly higher than of the countries of south and eastern Europe.

In contrast, Estonia and Italy are the ones with the highest proportion of this population that considered their state of health to be 'bad.'



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## A new base for nutritional pyramid

TO mark National Nutrition Day, the Spanish Society of Community Nutrition (SENC) has made a series of recommendations based on a new nutritional pyramid which offers a more holistic vision of food.

It presents an approach focused not only on food, but also takes into account emotional, social, and economic implications, which are important and related to eating habits.

Whilst the food pyramid cites what foods we should be consuming in greater and lesser quantities, the base of the food pyramid now shows that lifestyle is directly related to healthy conditions:

**“ It is important to adapt physical exercise to our diet.**

First, it requires a moderate daily physical activity of about 60 minutes, or walking 10,000 steps would be equivalent. It also alludes to emotional balance. There is a close relationship between obesity and eating to reduce the negative effect of an emotion.

The balance of energy is another key when it comes to having healthy lifestyles. It is important to adapt physical exercise to our diet, and vice versa to help maintain a healthy weight and look at how food is cooked to reduce calories such as grilling and steaming rather than frying.

Finally, hydration is taken into account as another of the fundamental pillars in the nutritional pyramid. The daily recommended amount, which is set at 2.5 litres for men and at two litres for women, should be increased if it is hot, if sports are performed or for diseases that require a greater consumption of water.

Ask The **Doctor** *Brought to you by* **HELICOPTEROS SANITARIOS.COM**

## What is arthritis?



**| SPECIALIST: Doctor Luis Perez Belmonte.**

ARTHRITIS is a common condition that causes pain and inflammation in a person's joints with the most common types being osteoarthritis and rheumatoid arthritis.

**What is the difference between the two?**

Osteoarthritis initially affects the smooth cartilage lining of the joint, making movement more difficult than usual and leading to pain and stiffness.

Once the cartilage lining starts to thin out, the tendons and ligaments have to work harder, causing swelling and the formation of bony spurs.

Severe loss of cartilage can lead to bone rubbing on bone, which can alter the shape of the joint and force bones out of their normal position.

Rheumatoid arthritis occurs when the body's immune system targets affected joints, leading to pain and swelling. The outer covering of the joint, known as the synovium, is the first place affected, causing further swelling and a change in the joint's shape. This can cause the bone and cartilage to break down.

**What are the symptoms?**

The symptoms of arthritis can vary depending on the type, so it is important to get

an accurate diagnosis if you have any of the following: Joint pain, tenderness and stiffness. Inflammation in and around the joints. Restricted movement of the joints. Warm red skin over the affected joint or weakness and muscle wasting.

**Who are most likely to suffer from arthritis?**

Osteoarthritis most often develops in adults who are in their late 40's or older, and is more common in women and people with a family history of the condition.

Rheumatoid arthritis often starts when a person is between 40 and 50 years old, and women are three times more likely to be affected than men.

**How do you treat it?**

Although there is no cure for arthritis, there are many treatments to help slow down the condition. For osteoarthritis, painkillers, corticosteroids and non-steroidal anti-inflammatory drugs can be used to manage symptoms. In extreme cases, surgery such as joint replacement can be used.

Treatments for rheumatoid arthritis aim to slow down the condition's progress and minimise joint swelling. Analgesics, physiotherapy and regular exercise all can help.

*If you have any questions for Dr Perez Belmonte, please send them to:*  
[jefemedico@helicopterossanitarios.com](mailto:jefemedico@helicopterossanitarios.com)

# Growing trend of the lotus birth

A LOTUS birth, is an increasingly popular trend amongst new mothers. It involves not cutting the umbilical cord after the baby is born and leaving it attached to the placenta until it falls off on its own.

This method is seen by many as a natural and spiritual option and is common in some cultures such as in Bali before the idea was introduced in the 1980s in the USA and Australia. Followers believe it allows the baby to continue obtaining all the nutrients the placenta has to offer, such as stem cells, before the placenta dries up and that cutting the cord can be traumatic for the infant. However studies are still underway on any potential benefits of the placenta and now experts have warned of the risk of leaving the placenta attached. With some leaving it attached for up to two weeks before it drops off naturally, the British Royal College of Obstetricians and Gynaecologists warns about the risks of infection and bacteria developing in the placenta and spreading to the baby.

With a growing number of women in the UK reportedly opting for a lotus birth, the British Royal College of Obstetricians and Gynaecologists said the placenta is particularly prone to infection as it contains blood and recommends that babies be monitored carefully for any signs of infection.



**PLACENTA:** Is prone to infection.

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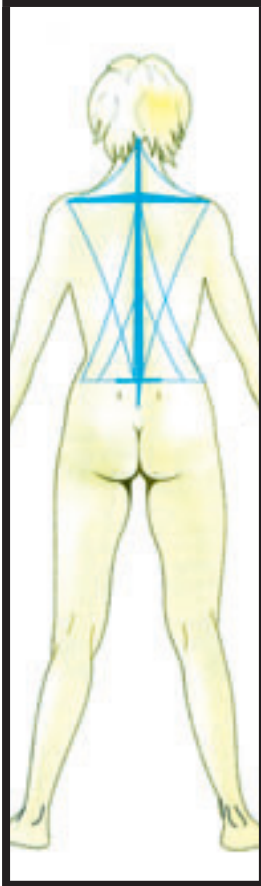
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During this time, successfully treating a wide variety of people and disorders, gaining a good reputation, mostly by word of mouth, they have established a busy and well-respected practice.

Due to one of their children's educational needs, Russell and Sonja reluctantly decided to relocate to Scotland. Having made this decision, Russell made great efforts to find a suitable, competent and capable replacement to run and take over the reins of the clinic, to maintain the standards of Osteopathic Healthcare. To this end they have chosen the very experienced and registered Osteopath, Mr James M P Doyle from Dublin, Ireland.

Mr Doyle will continue to provide a professional service to all our patients past and present, and we look forward to hearing from you should you have need of our service.



# Be flexible to get the most out of workers

SPENDING a lot of time commuting to work is more likely to lead to depression.

A study of more than 34,000 British adults found that commutes, either by train or in the car, of more than half an hour are damaging the nation's health, but are also affecting their productivity at work. Those with commutes of more than an hour each way fared the worst mentally as they were 33 per cent more likely to suffer from depression and 12 per cent more likely to report work-related stress.

These longer commutes also meant many workers were having to skip sleep which was affecting their mental state.

In a bid to reduce the impact of long commutes, employers are now increasingly introducing the idea of flexible working hours and allowing them to spend some time working at home.



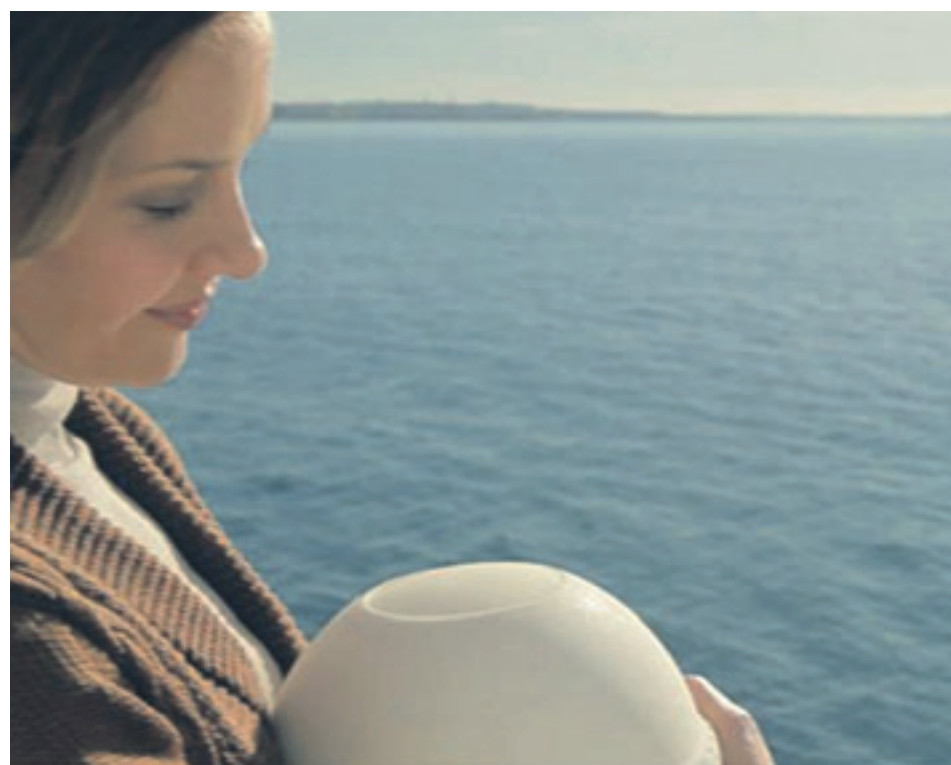
**COMMUTING: Is damaging the nation's health.**

The study showed that this flexible working has a positive impact on both employees' physical and mental health and their productivity, with them less likely to be stressed or depressed. These employees also had an additional five productive days each year compared to those with no flexible working arrangements.

The study was carried out by VitalityHealth in partnership with the University of

Cambridge, across all industries in the UK.

Meanwhile, a study has shown that night owls should be able to start work later. According to researchers at the University of Sydney, Australia, bosses would have more productive employees if it recognised some had a different internal body clock meaning they were more night owls, and allowed them to do their job during their own peak hours.



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# This could be a time of great inspiration

**Sally Trotman**

www.sallytrotman.com

*Sally Trotman is a qualified Counsellor who works with Astrology, Numerology and the Tarot. Each month she will deliver the forecast as an intuitive tool to aid increased self awareness.*



**ASTROLOGY: Reach for the stars!**

**Sun in Gemini:** This month the sun is influenced by the airy sign of Gemini. This zodiac sign is symbolised by the twins, a playful and creative influence on your life.

Gemini helps to put others at ease with their friendly communication and flexible nature, so this is a good time to practise loving kindness towards yourself and others. Look for the good in all situations and keep your thoughts positive. Gemini is an air sign, which influences the mind, giving you the opportunity to create more of what you want by keeping your focus positive.

Get in tune with the moon : The new moon in Gemini on May 25 could be a time of great inspiration! Notice the ideas which come to you around this time and share your ideas with others.

Gemini is a sociable sign so accept invitations to meet new people and network as you may just meet the person you need to help you implement your new ideas. The full moon on June 9 is in the adventurous sign of Sagittarius! This fire sign gives you the courage and confidence to take action. Book a holiday to a far flung destination or visit friends overseas to bring new energy into your life.

**Numerology: Practice makes perfect**

**Number 6:** Numbers are symbols which carry energy. This number helps you to focus on detail. Check contracts, tidy up ac-

counts, shred old paperwork and get organised! This number encourages you to perfect new skills, so practise anything new with enthusiasm and regularity. To help you relax, spend time in nature, gardening, walking and enjoying the spring sunshine.

On June 21, summer begins. This is a time of great growth so it is worth developing regular routines now to keep you balanced as the busy summer period approaches.

**The Tarot: Decision time!**

**The lovers:** The sixth card in the major arcana deck is the card of the lovers. Are you at a fork in the road? Is there a choice you need to make? The month of



**GEMINI: Listen to your heart when making decisions.**

Gemini can present many different opportunities, so listen to your heart when making decisions. Know what it is that you need in every aspect of your life and don't compromise. By acknowledging and acting on your deepest needs you will feel better about yourself, and will also be a shining example to others.

# Snubs, flops & fashion fiascos

**Nora Johnson**

*Breaking Views*

*Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson*



IF you could see inside my head, you'd find some profoundly insightful thoughts about the EU's Brexit negotiation tactics. Before you got there, though, you'd find the following: are Theresa May's 'Legs-it' skirts too short (shorter even than Jeremy Corbyn's defence pledges) and should she have posed for Vogue (and, on a previous occasion, in those 'Trousergate' leather trousers)? But like or loathe her, she's weaponised her wardrobe for the battle ahead, with all hems blazing.

Tim Bell, the advertising guru, was asked to compare the PM with his former boss. "Well I don't think Thatcher would have posed for Vogue," he claimed, snubbing Mrs May. Wrong! Mrs T did four shoots for Vogue, with David Bailey and Mario Testino, including one interview (when Bell worked as her adviser) that began: "I am passionately interested in fashion." But Thatcher didn't dally (or do selfies/belfies like today's slebs) in front of the mirror, and was good to go in four minutes flat.

As for slebs, remember that most of the time

we see them, they'll be benefiting from designer clothes, fashion stylists, flattering lighting etc. Clearly, most (though not all) are good-looking, but it'd be hard not to look fabulous when you have a team of professionals (celebrity make-up artists, hair stylists, photographers) whose job it is to do just that.

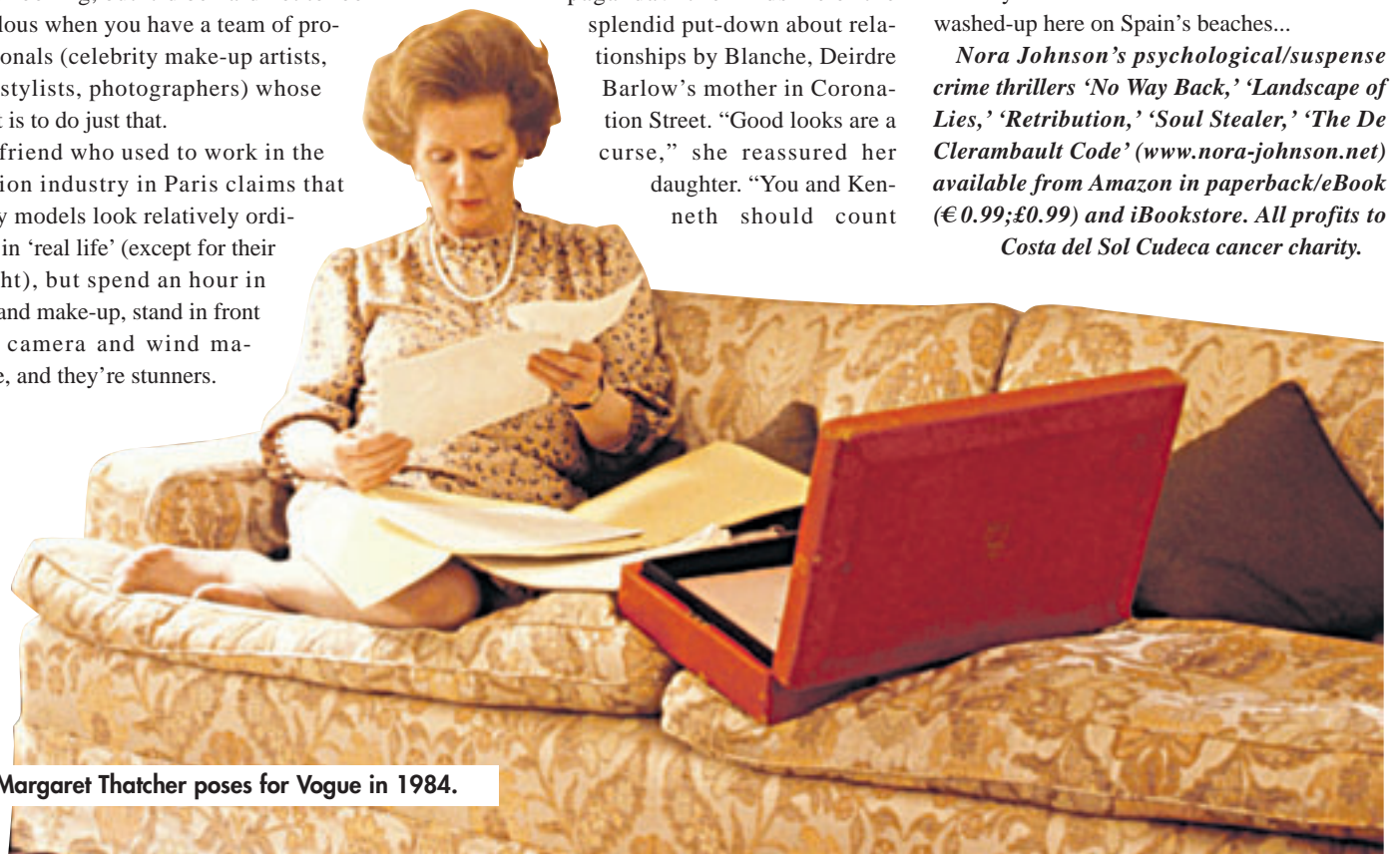
A friend who used to work in the fashion industry in Paris claims that many models look relatively ordinary in 'real life' (except for their height), but spend an hour in hair and make-up, stand in front of a camera and wind machine, and they're stunners.

And a final rant: all those 'beach ready' articles everywhere now. Why do we let ourselves be exposed to such body-shaming propaganda? It reminds me of the splendid put-down about relationships by Blanche, Deirdre Barlow's mother in Coronation Street. "Good looks are a curse," she reassured her daughter. "You and Kenneth should count

yourselves lucky."

So, do excuse me, won't you, while I totter off to get my body 'beach ready' - modelled loosely on that of the occasional whale washed-up here on Spain's beaches...

*Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.*



**Margaret Thatcher poses for Vogue in 1984.**

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Advertising feature

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Owned by Dilbag Singh who also owns the popular Taj Mahal Indian Restaurant just over the road, this Italian neighbour has built up its own crowd of regular customers enjoying the authentic Italian cuisine on offer.

The extensive menu created by the talented Italian chef boasts over 20 pizzas, a range of soups, salads and starters including bruschettas and carpaccio.

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but for serious meat eaters try the mixed grill or grilled fillet steak with a mushroom, red wine or pepper cream sauce. A special children's menu is also available.

Upstairs there is a large function

room complete with its own bar and access to two roof terraces. It offers the perfect space for private parties and celebrations and can host up to 80 people.

Rialto will work with you to create the perfect party for any occasion and staff are available to offer help and advice in meeting your requirements.

This much-loved Italian restaurant offers a three-course menu del dia for €9 including a drink.

A special evening menu is served from 6pm every day for €10.90 and a children's menu is available for €4.50.

If you prefer to recreate that Italian feeling at home, make the most of Rialto's take away service where a free bottle of wine is offered for every order over €20.

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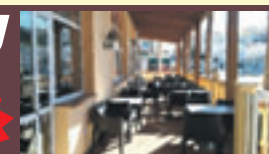
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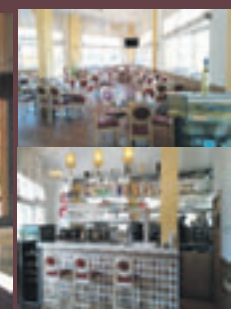
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CHAMBER OF COMMERCE: Celebrated the Night of the Economy of Murcia.

# Murcia's economy celebrated

THE Murcia Chamber of Commerce recently celebrated the 'Noche de la Economía Murciana' (Night of the Economy of Murcia).

The event takes place annually and was attended this year by over 200 representatives from the political, economic and social world of Murcia.

The Entrepreneurial Development Award and the various Mercurio Awards were awarded at the event.

In his speech, Murcia Chamber of Commerce President, Pedro Garcia Baliebra, highlighted the role the Chambers of

Commerce play in supporting the business fabric that integrates them and called for assistance from the regional administration in exercising the public-administrative functions that they provide.

"If we want the Chambers of Commerce to continue to exist, as in practically all the developed countries of the world, a solution must be sought to guarantee its economic viability," he said.

He praised the Corporación Impresarial Murciana for their investment efforts, thanks to which Murcia "has magnificent facilities, equipped with the material

means, technical and human resources necessary to continue the vanguard of entrepreneurial training in the region and to develop new initiatives."

Finally, Garcia-Baliebra expressed his greatest thanks to all who attended the event, the last one that he will attend as Murcia Chamber of Commerce President.

In the following award ceremony, the Logístico Fuentes Group, based in Las Torres de Cotillas, was awarded the prestigious Entrepreneurial Development Award.

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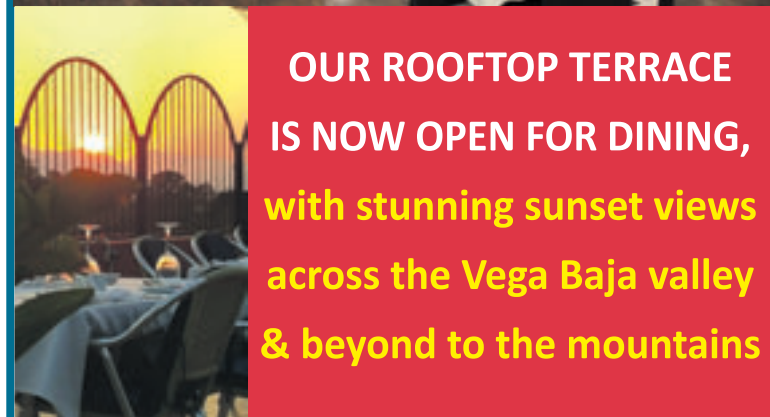
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Advertising feature

# Elvis and Shaky show coming to Camposol

HELPING HANDS registered charity is dedicated to helping animals and, wherever possible, assisting humans in times of need. To that end they have taken the decision to assist Camposol resident Joanne Tyler from Pampered Paws with funding for major surgery by an orthopaedic specialist for her beloved dog Teo.

Without this surgery euthanasia is the only other option due to the pain Teo is suffering.

Helping Hands are very appreciative of the support given to their events by Mazarron residents, in particular those living at Camposol, and feel the need to give back that support. Hence this latest magnificent show for supporters to enjoy and also to help Joanne and Teo.

The Elvis & Shaky show is one of the most popular acts in Benidorm, featuring

European Elvis Tribute Champion Simon Patrick and the fabulous Dean Ryan as Shakin Stevens.

The show is on June 11 from 9pm at the Club House in Camposol. Tickets cost €15 and are available from Mister Print on Camposol and a pre-show roast dinner costing €12 can be reserved directly with the Club House available from 7pm. Reservations are essential.

Further information can be obtained by calling Linda on 634 456 701 or Joanne on 634 302 388.

This, like all of the shows put together by Helping Hands, promises to be a great night of entertainment as they have gained the reputation for only featuring the very best in top quality entertainment for their supporters. Watch this space for more news on future exclusive and exciting events.

**THE EMERALD ISLE**

Tuesday 13th June 2017

The Emerald Isle La Florida are holding a Charity Fun Day organised by Elche Children's Home in conjunction with Sunshine FM Hosted by Simon Morton from 1pm

**sunshine fm2**  
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## Taste the quality

ORIHUELA'S Councillor for Tourism Sofia Álvarez has invited people to enjoy the taste of local produce at this year's celebration of food.

The announced the second edition of the Gastronomic Days of the Integral System for Quality Tourism in Destination (SICTED) to be held in Orihuela from June 12 to 18.

The councillor recalled the great success of last year's event "in which we promoted the high level of cuisine available and the products of Orihuela".

She said: "This is a great experience that leaves a good taste in the mouth and in which the restaurateurs show us their expertise and their know-how".

Each day features a different restaurant, although each eaterie taking part will maintain its menu throughout the week.

On this occasion, the restaurants Las Villas, Casa Corro, La Barraca, Las Huellas de Miguel, Tudemir Palace Hotel, Los Angeles, Joaquín, and Montepiedra will take part.



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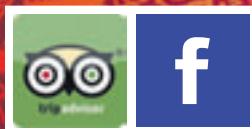
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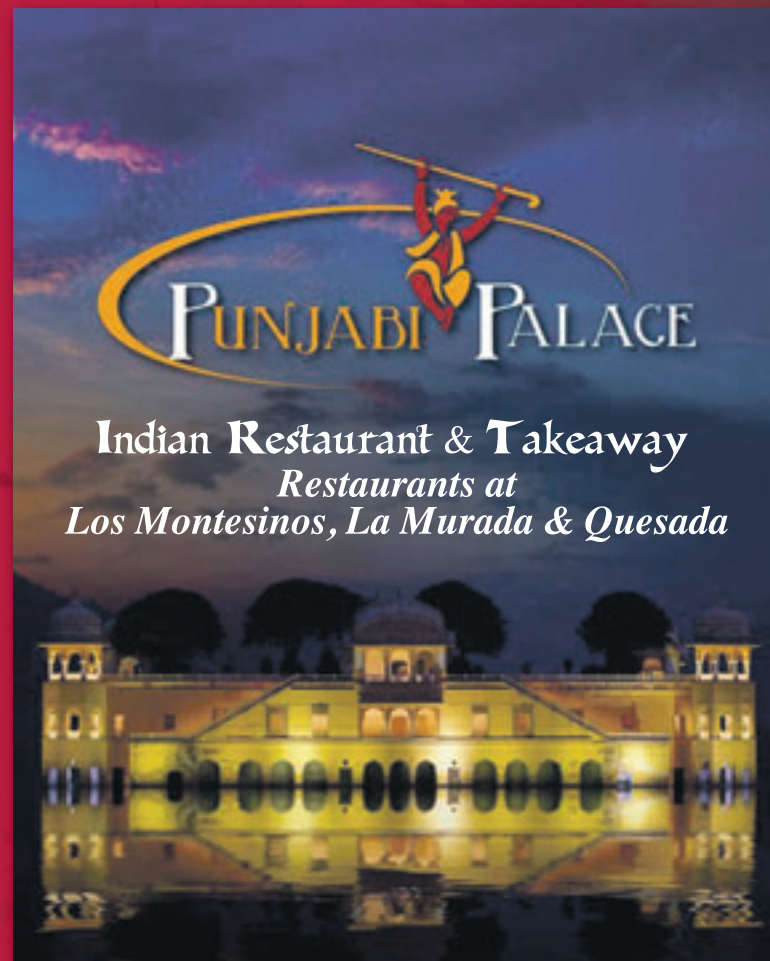
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# When the going gets tough....

**GOOD FOOD,  
GOOD WINE AND  
GOOD FRIENDS**  
WITH  
**GARRY WAITE**



**I** DON'T WANT TO JUMP ON THE band wagon regarding the dreadful atrocity that was the Manchester bombing. Nor do I wish to get involved with the political and emotional battles that are going on.

If I voiced my opinion I would probably make my esteemed colleague Leapy Lee look like a liver-lilled-liberalist! I would instead like to talk about the good things that happen in the face of such occurrences. Whether it's the 'Dunkirk' spirit or something built into the British DNA that makes otherwise normal people do extraordinary things, I don't know.

Apart from those people who rushed in to the arena to help the injured while others were rushing out, there were of course all the amazing emergency services such as Paramedics who helped those with the most horrific injuries. From this emerges the usu-



**The Modern 'Room at the Inn' Manchester.**

al human interest stories such as the man that cradled the little eight-year-old, Saffie-Rose Rousos, as she was dying and asking for her 'mum' and the two homeless men that rushed from their nocturnal resting place, away from the blast, but then returned to care for the fallen.

Those two have been rewarded. One has found his long lost mother and the other became a subject of a 'go fund' giving page on the internet that has raised so many thousands for homeless people.

And then there was the Hospitality Industry. In the early hours of Tuesday morning, Manchester hotels and staff were using the

hashtag #RoomForManchester to offer rooms to anyone displaced by the attack. Hotels around the arena including the nearby Holiday Inn Express, opened their doors to those that were frightened and alone, offering accommodation and refreshment as did McDonald's and other bars and restaurants in the immediate area. The Mancunians are a hardy lot but just like great toffee sweets, have a soft centre.

What really does concern me is a recent admission that there are 3,000 known jihadists in Britain under observation, 500 of which are under constant watch but a further 20,000 that are known, but considered low risk.

Where was the scum bag in Manchester in the pecking order? Yes, in the 20,000 along with the maniac on Westminster Bridge.

Maybe the only sensible thing Jeremy Corbyn has said in a while is that we have to accept the fact we are not winning the war against terrorism. Is Colonel Mike Kemp right? If they don't have British passports, deport them! And for those against whom there is insufficient evidence to prosecute - intern them without trial! Their families too!

Just as well that most of us are not in a position to make such decisions, let's hope our elected leaders - worldwide - are able to sort out the huge problem.

**“** About 20 per cent of the population believe themselves to have a food allergy and only about 5 per cent actually do.  
*John Warner*

**ALLERGIES - LOVE 'EM OR HATE 'EM** they are now part of our lives! When we were younger, I can't remember anyone having food allergies can you? But then I suppose children died from anaphylactic shock without anyone knowing.

What some people considered 'fads' are now being recognised as healthy options. We all know people allergic to nuts for instance. I have a friend that suffered from an allergy to pine-nuts. Not any other, just them. More women than men go gluten free. Celiacs have different sorts of reactions from what they consume than others. Lactose intolerant is another. I had a friend who was allergic to garlic. He only had to smell it and he would come out in a rash.

He's in good company, my friend and colleague, wine aficionado Pancho Campo reacts to garlic and onions. Difficult for a man that loves the Mediterranean diet!! Thankfully he is not allergic to wine!! However a wine merchant friend of mine loves red wine but it gives her an unpleasant reaction so she has to avoid it.

Is there a difference between an allergy and an intolerance? Of course there is. After all we do not refer to Gluten free or Lactose intolerant as allergies, people are just better off without the things that cause them problems. Restaurants are aware of this now, more than ever before. Sandwich group Pret a Manger has seen sales grow 15 per cent to £776.2m, they claim driven by sales in dairy and gluten-free ranges. They introduced a number of dairy-free products in 2016, including a dairy-free, gluten-free soup range all under 250 calories. This recent offering increased UK soup sales by 16 per cent like-for-like. Their dairy-free, coconut porridge, accounts for one in five porridge sales in the UK, and now coconut milk sales exceed soya milk. (Never did understand that stuff!!)

In this day and age, any restaurant worth its salt grinder has now got allergy symbols on their menus. But is it the responsibility of restaurateurs to inform the clients of ingredients in every dish? It's good that the symbols reflect certain allergies and intolerances, Celiac, Lactose, nuts etc. but I know someone who is allergic - yes allergic - to coriander. But not to flat parsley, which is the same family!! And just because it says 'Nut Free,' my dear friend with the pine-nut allergy had to always inform the restaurant that, and sometimes they still used to put 'Pesto' on his dish!!

So while the restaurant has to legally be responsible for allergy training with their staff, they can't do anything without the client informing them. So, no matter how obvious your allergy maybe to you, please inform the restaurant.

Now, I have to admit, that after all my years, I have developed an allergy. After months of a dry hacking cough, I went to my doctor who had allergy tests done on me and - wait for it - I have a dust allergy!! Who would ever have thought? "Excuse me waiter, I am allergic to dust, was it the coco powder on the chocolate cake or the gold dust on the fish, the crushed rhino horn - or have you just not vacuumed in a while?"

**ON THAT NOTE I** will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

**DEBIT CARDS WILL OVERTAKE CASH** as Britain's most frequently used method of payment by 2018 thanks to the rise in contactless cards. Many years ago I can remember being told that this would soon become the norm. However with people's love of the 'folding' I can't see it disappearing!! I mean imagine a window cleaner or gardener whipping out his contact credit card machine. I don't think so!

Worldpay, which handles 40 per cent of all UK card transactions, said that spending on all forms of contactless systems now accounts for 28 per cent of all non-cash transactions in the UK, with total spend exceeding £10b for the year in 2016. They processed over £1.5b in contactless payments in December alone, with shoppers spending an average of £10.39 per transaction.

Today one in five of us will use the technology at least once a day, rising to a third of people in London. Already more than half of UK shoppers say they'd happily leave their wallet at home and pay for everything on their smartphone instead. It's bad enough to lose your phone at the moment. How often do you hear people say, "my whole life is in that phone," Imagine, "I've got no money - it was all in my phone"!!

**The future of all transactions?**



But that wonderful activity 'survey' shows that

- A quarter of UK consumers claim they've started avoiding shops that don't take cards, while a third (30 per cent) say they only use cash if absolutely necessary.
- Two-thirds (60 per cent) of 24-34 year olds say they would prefer not to carry cash.
- One in 10 small and independent retailers are still refusing to accept card payments, whilst a further 10 per cent impose a lower limit on non-cash payments.

*(information courtesy of Worldpay)*

Now, where's my wallet? Ooops! Forgot to plug it in last night!!

**SPEAKING OF CREDIT CARD PAYMENTS,** according to new data from Barclay-

card. Spending in pubs and restaurants held up strongly during the month of April, despite a fall in consumer confidence around household finances, The 5.5 per cent increase in overall consumer spending during the month was driven by inflation on essential goods and a late Easter, while meals out during the bank holiday led to a 20.4 per cent and 16.5 per cent rise in spending in pubs and restaurants respectively despite the interest charges levied by credit card companies.

One of the reasons given is that of a warmer climate during that period and a late Easter. But the increase can also be associated with higher prices generally. Food and entertainment spending overall has risen. Which proves that when things are good people comfort eat and drown their sorrows while when things are good people celebrate by wining and dining. It's a win win!!

*Garry Waite is a well-known foodie and restaurateur as well as a Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on [garrywaite@euroweeklynews.com](mailto:garrywaite@euroweeklynews.com).*

# Nation of homeowners

SPAIN is a nation of homeowners. New data from a report on the 2017 housing market found that 84 per cent of the population owns at least one home. The figures include couples and adult children who live in the family home.

The figures show a growing property divide with 16 per cent of people owning no home, and another 16 per cent owning multiple homes. One out of every 100 people owns three homes or more. The average number of homes owned by Spanish residents is 1.03.

In the past year 4 per cent of homeowners have purchased a new property. Meanwhile another 4 per cent of properties are owned but unoccupied by families who neither live there, nor rent it out. Eight out of 10 Spaniards live in mortgaged or owned property, compared to the two in 10 who now rent.

With growing numbers of renters and landlords, three of out 10 Spaniards now have a direct relationship with the real estate sector. Demand for rented flats now exceeds demand for purchase as younger people leave the parental nest but can't afford to buy.

Roughly 7 per cent of homeowners want to buy again in the next two years, while 34

per cent are considering a long term purchase. Those looking to buy in the short term are, on average, a middle class married couple aged around 43.

The survey also found that four in 10 Spaniards believe property is the best way to hand over wealth to their children. Similar numbers consider buying property to be extremely profitable.

**SPANIARDS BELIEVE:**  
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# Spain flush with foreign interest

MORE Brits visited Spain than any other country last year. The latest official stats from the British government show that there were 14.7 million individual trips made to sunny Spain in 2016, a record number and a healthy 13 per cent increase on 2015.

With flight companies and tour operators dramatically expanding their Spanish coverage this year, Britain's swooning love affair with Spain has not gone unnoticed by the property industry.

British property developer Taylor Wimpey was already ahead of the curve with its Espana subsidiary. Now Taylor Wimpey Espana is capitalising on the record numbers of Brits visiting Spain to launch an ambitious new expansion.

The firm is set to build almost 100 eco-friendly homes on a stunning southern Spanish estate. Homes include solar panels, thermal insulation and even soundproofing. And that's just the tip of the iceberg when it comes to Taylor Wimpey's plans.

They, and other major developers, are set to transform the Spanish property scene in the coming years. Flush with British, foreign and professional Spanish interest, developers are racing to construct quality new builds with the



SUNNY SPAIN: The number one option for Brits flying abroad.

lashing of luxury that wealthier expats now expect.

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excellent forecasts for the years ahead, Spain is the number one option both for Brits flying abroad, and high end property developments.




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**PETITION: To lower construction costs.**

## Helping future generations

PROFESSIONAL property developers have signed a joint petition to the Spanish government urging fiscal reform to lower construction costs and protect virgin land against opportunists.

The petition was launched at a real estate conference held by the Employer's and Professionals Association, APCE. It was spurred on by the challenge Spain faces in enabling the country's 14 million young people to access the housing market.

APCE believes that by strictly controlling who can build on particularly lucrative new land, the government can ensure that no space is wasted in giving the property market a major boost which could last decades.

The vast majority of young professionals aged 25-35 are not buying. New developments with different financial deals might end that problem, but only if the developments are built by professional companies and in a cost effective way APCE argues.

The group also called for a more imaginative understanding of what it means to own property from the real estate sector, which should listen to younger clients.

For many people today the line between owning, renting and having a mortgage is blurred. Young people also have significant deposits to pay, up to 25 per cent in many cases, which makes them rely on parental loans to get on the property ladder.

# Sustainable success

A SWEEPING analysis of the Spanish property scene found that prices have recovered to the same levels seen in 2004. The news is the latest milestone in the country's property recovery, which gathers strength with each passing day.

A thorough analysis from the Real Estate Review Report 2017 said the upward trend in property prices seen in the last few years 'can be sustained,' which is terrific news for homeowners and those interested in engaging with

the property market.

The report cites the continued strength of second-hand housing over new builds, noting that for every new home sold, another eight old ones change hands. It also noted that the number of transactions taking place is roughly half that seen in 2004, figures which are in line with today's market's more sustainable characteristics.

Spain's 'two-speed' market continues to be a sig-

nificant issue when trying to generate averages across the country. Runaway property success is being seen in Barcelona, Madrid and Spain's Mediterranean coastal hotspots, favoured by foreign buyers, while the interior progresses less quickly.

Still, overall experts have described Spain's property market as having reached a comfortable cruising speed that, with care and attention, can be maintained for long term prosperity.



**PROPERTY MARKET: Gathering strength.**

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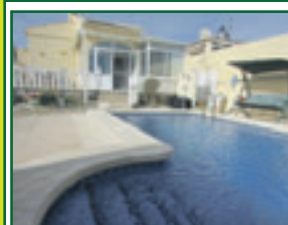
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# Agapanthus – the flower of love

By Graeme Tyrrell

FINDING plants that will look good, require minimal care to tolerate the long dry Spanish summer, long lived, easily propagated and provide alluring flowers is a great way to have a bright healthy garden.

Plants that come from Mediterranean regions and around the world provide a good starting point as they are adapted to survive naturally and usually just help to get established.

Mediterranean type climates exist in California including Los Angeles and San Francisco, in parts of Australia around Perth and Adelaide, in southwestern South Africa including Cape Town, sections of Western and Central Asia, and in Central Chile. This gives us a greater variety of plants to choose that will be easy to grow in Spain.

A wonderfully attractive green strappy leaved plant with spectacularly large, ei-



**AFRICAN LILY:** There are many varieties available that have different leaf variations and flower colours.

ther, blue, mauve, pink or white flowers that makes a great under storey plant for treed gardens or shaded balconies and terraces is the Agapanthus.

The name is derived from the Greek agapé, meaning love, and anthos, meaning

flower. So it can be interpreted as the Lovely flower or Love flower. It is also known as the African lily or the Blue lily.

There are many varieties available that have different leaf variations and flower colours that have been cultivated by growers which may need additional care with watering in summer, but the original plants are very hardy.

Agapanthus make a great less than metre high border or background hedging. Flowering in late spring until autumn, its showy cluster or umbel of bell-shaped flowers can be appreciated in summer when flowers are scarcer but more able to be appreciated.

Originating from South Africa in areas of wet winters and long hot, dry summers it has adapted, with its fleshy, rhizomatous root system to need minimal care once established.

Its main enemies are slugs and snails which can be minimised with a container of stale beer for them to drown happily in or by trapping with

a tile placed near the plants and checked regularly to remove the slugs and snails as they shelter underneath during the day.

Removing the expired browning leaves will keep them looking good and reduce the harbouring of insects.

They are easily propagated by division every few years. Dividing does reduce the production of flowers of the clump so it is best done after flowering has finished for the season in autumn, but it can also be done in late spring. When dug up carefully, it is easy to separate the plants.

Plant in soil with plenty of compost or add a good water retentive potting mix to the natural soil before planting. They tolerate acid and alkaline soil and don't need a lot of additional nutrients as they may provide only a lot of green leaves and not many flowers. They should also have periods of full sun and a bright position to encourage flowering, but do well naturally in the shade under the canopy of trees.

## Monthly gardening tasks – June



DICK HANDSCOMBE

MANY of us experienced mixed weather during May. Weather that gave some thrills as many flowering shrubs looked their best, but also some disappointments especially when just one windy rainy night decimated record flowerings and fruit formation on avocados and grapes.

So what do we now need to do to improve the chances of wonderfully colourful and productive summer gardens.

### Ten important actions for June

1. Deadheading and tidying pruning regime.
2. Watch out for fast growing weeds that escaped your earlier mulching, hoeing and sowing.
3. Turn up the frequency and volume settings on watering systems and check throughout the pipe/hose runs for leaks and blockages caused by insects grit or calcium deposits in jets.
4. As the heat and humidity rises watch out for signs of insect and fungal attacks and be ready with your eco armouries of garlic, thyme, sulphur, neem and propylis sprays.
5. Give all plants in pots and other containers a good feed.
6. If you have been growing early vegetables in raised beds of containers such as growing tables and large builders buckets replace eaten crops by immediately filling gaps with seeds or plantlets.
7. Be ready to shade the more tender salad crops including tomatoes during the middle of the day to reduce their watering needs, slow down their maturing and lengthening their harvesting periods.
8. Ensure you pull down blinds to provide welcome, even essential shade, to plants in containers on apartment terraces, balconies and windowsills. If you do plan some late window box plantings preferably do this on north and wet facing situations.

### 9. Late planting of flowering plants

We are now in June and can expect steadily rising temperatures, reducing rain falls, the drying out of soils and lowering water tables so it makes sense to:

- a. Minimise new plantings until the autumn rains,
- b. Restrict new plantings to drought resistant plants,
- c. Buy plants that are not root bound,
- d. Buy plants that have been grown and are being sold in deep pots,
- e. Improve soils in areas in which plants are to be planted to minimise water losses from waterings or rains if they occur from excessive drainage, surface evaporation, running off across hard impermeable soil surfaces, sponging away into super dry surrounding soils,
- f. Invest in a five-kilo tub of Terra-Cottem water absorbing gel soil improver. Technically minded readers will find the website interesting,
- g. Immediately mulch well around new plants. Unfortunately more than 50 per cent of mulching that I see is suboptimal.

### 10. Irreversible fruit losses

Fortunately the yields of early fruits such as strawberries and cherries have in many areas been great, and yields of stone fruits such as apricots, plums and olives, the first time for three or four years, look promising.

However just one windy rainy night in early May destroyed, in many gardens and commercial plantations, next autumn's grape and avocado crops. Unfortunately there is nothing one can do.

*The inexpensive book 'Living well from our garden Mediterranean style' describes my personal experiences of living healthily for 25 years after two dangerous cancer operations. Continuing to do so is an important objective beyond 80.*

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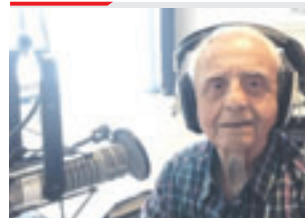
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WITH more and more people owning properties in Spain and spending a large part of their year here, pet travel has increased dramatically with owners preferring to bring their animals with them rather than leave them at home for any length of time.

Pets accompanying their owners on a trip to Spain can be accepted as luggage when the corresponding excess baggage tariff has been paid (regardless of the class in which the passenger is to fly).

As a general rule, these animals must be checked in and loaded into the hold of the aircraft, where they will be placed in a container (which some airlines can provide) but to be on the safe side it is worth purchasing your

own carrier which is IATA approved (and will have a sticker or label stating this).

As only certain airlines and airports in the UK have the facilities to transport pets (BA and Monarch being the main carriers), when making a booking for you and your pet check first that the necessary transport can be arranged.

Animals must carry the correct documentation, either with a pet passport or veterinary certificate or with all required vaccinations (in some countries with an evaluation of antibodies). All animals are identified by a microchip, and you need the correct documentation for this. Preparing pets for travel can be a lengthy business, with all the health checks, documentation and pet passport. So if

you are thinking about bringing your pet into Spain make sure you leave plenty of time to make the necessary arrangements.

You can find more information on the Pets Travel Scheme (PETS) for the UK at [www.defra.co.uk](http://www.defra.co.uk).

Guide dogs trained to accompany a passenger with a disability will usually travel in the cabin, unless prohibited by national regulations or the airlines. The dog's transport, whether in the hold or in the cabin, will not be chargeable.

It is not necessary to carry out any special procedure, but the dog must wear a muzzle, collar and lead. If the dog is to travel in the cabin, it will be placed next to the passenger in a place indicated by the crew.

## Disabled dog seeks loving home

A BRITISH expatriate couple have launched a desperate appeal seeking a new owner for Luque, an unfortunate 11-month old German shepherd.

Christine McMahon, 77, and her husband Philip, 79, are unable to care for him themselves after he was shot in Fuente-Alamo, Murcia, leaving his back legs paralysed.

He is currently undergoing several types of therapy in order to repair the damage to his nerves, and it is thought that he will be able to walk again with the necessary love and care.

If you are interested in taking Luque on please call 634 324 262.



**LUQUE: Was shot.**

# Therapeutic grooming for cats

ALL cats need regular grooming because it helps to keep their coat in good condition and prevents them from swallowing too much fur when they wash themselves. Short haired cats should be groomed at least once a week and long haired cats every day. It is best to use a bristle brush and a metal comb.

Before you start, it's wise to introduce them to grooming, step by step as you may scare them off. Start off by stroking them, as this is also a

good way of getting rid of excess fur anyway. Grooming can strengthen the bond between cat and owner and gives you the opportunity to check other aspects of your cat's health by examining the eyes, teeth and paws.

The most important things to check when grooming, are their ears, which can be checked for mites and it's also advisable to check around their head and neck area for fleas, which are dark, dirt-like specks in the fur that are flea droppings.

If a long haired cat's fur gets matted, it is necessary to cut out the lumps of fur, but this should be done carefully; if in doubt, seek the expertise of a professional groomer.

Cats are experts at cleaning themselves, but extra grooming from their owner will not go amiss, especially for older cats that may not be as agile.

The benefits of grooming are also encourage an improvement in muscle tone, which stimulates the skin.



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THE ANGLICAN CHURCH, La Fustera. For more info: contact Frank Bentley on 966 495 188 (95461)

**ALCOHOLICS ANONYMOUS IS ALCOHOL COSTING YOU MORE THAN MONEY?** Drinking to excess not only affects your health it can spill over into every other aspect of your life - damaging everything that is important to you. English-speaking AA meetings are held throughout the Costa Blanca from Valencia City to Murcia. Anyone wishing to attend a meeting or discuss a possible drinking problem contact Costa Blanca North: \*648 169 045\* or Costa Blanca South: \*625 912 078\* or Costa Calida \*679 385 105\*. All calls are treated in the strictest confidence. AA in German: 645 456 075; Spanish: 679 212 535; Flemish: 635 047 053; and Scandinavian: 659 779 222. www.aacostablanca.org (93323)

ROUNDAABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone - but not always. Charitable donations have recently been made to The Alzheimers Centre, Cancer Research and The Amigos Ambu-

lance Service. We still need your help with donations etc. Please keep them coming in! We are situated on Avenida Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk.

**HELP VEGA BAJA.** We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com **We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733** (95456)

THE BAKER FOUNDATION SPIRITUALIST CENTRE. Find us on the Saturday market road opposite the Chinese Restaurant. Playa Flamenca. Different International and local mediums every Sunday and Tuesday. Sunday, divine service with clairvoyance 11 am start. Tuesday, evening of clairvoyance doors open 7'o'clock for 7.30 start. Spiritual Healing is available on Sundays after service and on Thursday mornings from 10.30 until 12. We have a development group on Tuesdays 5 until 6.30 for those interested in meditation and advancing your knowledge of spirit. Private readings are available on request. Please join us and make new friends, a warm welcome awaits you all. Tea, coffee

and soft drinks are available. You can join us on Facebook at, The Baker Foundation spiritual centre. Hall is available for hire. For more information please contact Linda on 606 990 665. Email, schugy54@gmail.com

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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PILAR CHRISTIAN COMMUNITY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information www.pilarchurch.org Reg No: 2009-SG/A (95463)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-spain.org or tel 966 700 391.

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca-costablanca.org or call the Secretary on: 966 495 042

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123

TORREVIEJA STROKE SUPPORT GROUP meets each Fri-

day 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretarybr3606@gmail.com (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc\_campello@hotmail.com (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study: Thursday 11.0 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia - Contact 966 752 543 / 617 215 463. For other church at-

ters Phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org

ROYAL MARINES ASSOCIATION (Costa Blanca). The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at Casa Ventura, San Luis Urbanisation, at 6.30pm. For further details Hon Sec 965 724 652

FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesada@yahoo.co.uk (95477)

**ROYAL AIR FORCES Association Branch #1359 Costa Blanca** The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafacb.com.

THE SPIRITUALIST CENTRE, Benijofar meets at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. Every Thursday there is an Development/Awareness Circle where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. The Divine Service with Mediumship on 4th June will be taken by Ray Bailey. Len and Annette will take the Evening of Mediumship (this is a Flower Service. Please bring a flower untouched by anyone

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else) on Tuesday, 6th June. The Divine Service with Mediumship, on Sunday, 11th June will be taken by Sarah Fuller (UK Medium). Contact Wendy on 965323028. www.spiritualistcentre-benijofar.com New email is phoenixchurch23@gmail.com or info@spiritualistcentre-benijofar.com Identificación Fiscal G54713789.

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

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Clarkson  
Quote of the Week

“This is the new Maserati 4x4: It’s called the Kubang. Which is probably also the sound it’ll make when the warranty expires.”

Some might say...



Motoring shorts

The glory of Goodwood

MAJOR details regarding the highlights and lineup of the iconic Goodwood Festival of Speed have been announced. The 2017 festival at the grand Chichester estate runs from June 29 to July 2 this year.

It will feature rally cars from the past four decades competing in the Forest Rally Stage. There will be two main celebrations, one over the 20-year anniversary of the latest world rally car regulations, and the other showcasing the ‘game changers’ of motorsport.

Vintage rally cars will include an MG Metro 6R4, Audi Quattro, and even a Citroen 2CV Bibip Dakar from the 1960s.

A new drift stage will see top stars including Vaughn Gittin Jr, James Deane and Dean Kearney compete for Goodwood glory.

# Chinese take over Lotus

By Matthew Elliott

CHINESE corporations are making major advances into the global motoring industry. Giant car manufacturer Geely has just announced that it will take over both Proton and Lotus. The multinational based in Hangzhou already owns Volvo and the London Taxi Company.

Geely is taking over the parent company of British sports car maker Lotus and Malaysian-based Proton, DRB-Hicom. The Chinese firm beat off stiff competition from Peugeot and saw its shares skyrocket on the Hong Kong Stock Exchange.

The expansion gives Geely a major name in Lotus which, despite making substantial losses in recent years, retains a giant reputation in the motoring world. It also gives Geely control of a huge Proton-owned production plant in Malaysia with capacity to produce

13th

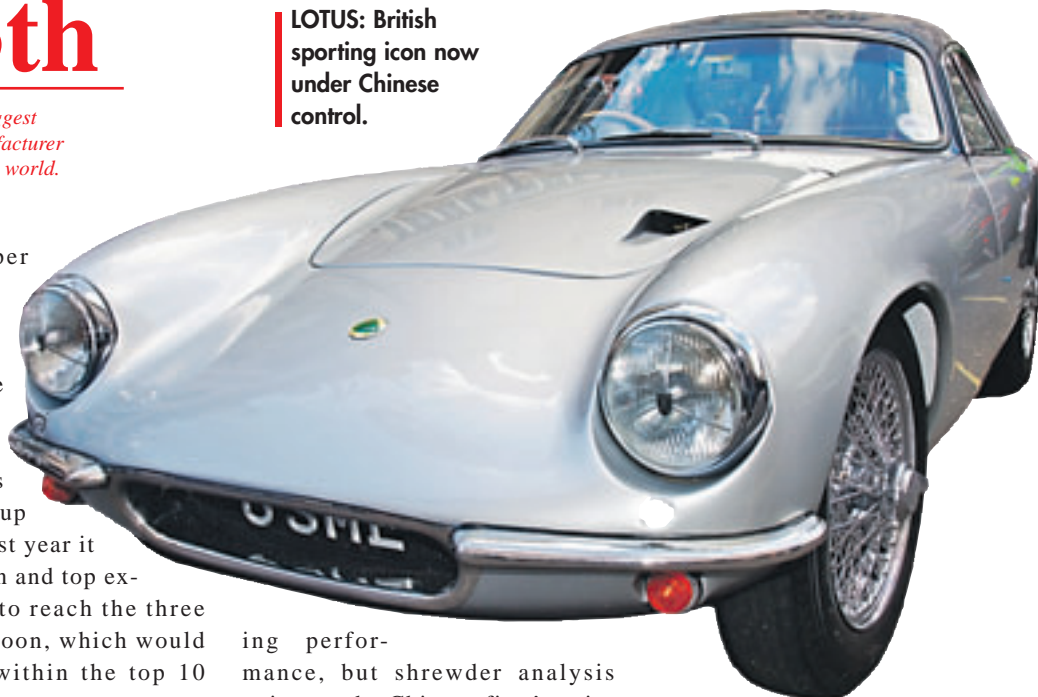
biggest manufacturer in the world.

150,000 cars per year.

Now the 13th biggest manufacturer in the world, Geely sold roughly 300,000 cars before linking up with Volvo. Last year it sold 1.3 million and top executives plan to reach the three million mark soon, which would easily put it within the top 10 worldwide.

There is debate over whether Geely can transform Proton’s flail-

LOTUS: British sporting icon now under Chinese control.



ing performance, but shrewder analysis points to the Chinese firm’s gaining a major position in the lucrative south-east Asian trading mar-

ket with stronger links to India’s billion plus population.

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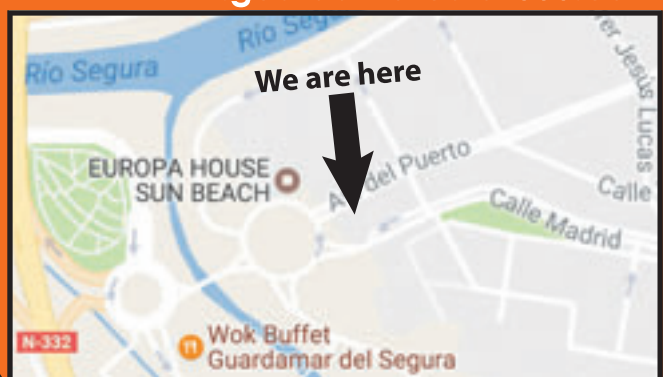
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**ROAD TEST** by Nick Fletcher

# Jeep Renegade

THE Jeep brand dates back more than 70 years, and is widely known as 'the American legend.' While these days Jeep is owned by the Fiat Group, the marque still retains its tough formidable image.

The Cherokee may be the best-known name in the Jeep line-up, but the smaller Renegade, a compact crossover model, is making its mark, appealing to those who want a cool street image yet when necessary, genuine four-wheel drive capability.

Many models in the SUV/Crossover sector have either two-wheel drive or a rather limited 4WD system which cannot cope with difficult terrain. All Jeep 4x4 models can calibrate the differential to maximise grip and control in snow, mud or on rough rocky terrain.

But though the Renegade is a rough-stuff mud-plugger, its distinctive visual cachet means you can still park outside a trendy cafe and make a style statement.

Renegade prices start at €21,050 (£18,250), with petrol

and diesel options and 2WD or 4WD. Many buyers opt for upper range versions laden with extra kit, and Limited models start at €27,998 (£24,265).

My test model was a Limited in 4WD form with auto transmission and with the 138 hp 2.0 litre diesel engine, and that combination costs €33,507 (£29,050).

For that you get a comprehensive spec which includes touchscreen infotainment cen-

tre, DAB radio, Bluetooth and sat-nav, plus alloy wheels, heated leather seats, front and rear parking sensors and plenty of safety features including lane departure and front-collision warnings.

The Renegade's styling is unmistakable - a plus-point in a sector which is quite image-conscious, and while it loves being off road, it is pleasant to drive on the tarmac, at least if the surface is smooth. The firm suspension does jolt in potholes but otherwise, the ride quality

town driving is quite acceptable.

The overall driving refinement is not as good as rivals such as the Skoda Yeti, Nissan Juke or Mini Countryman but you have to weigh that against the Jeep's superior off-road ability and its more charismatic look.

The 2.0 litre diesel engine pulls well, giving a nippy 0-100 kph time of 9.9 seconds and top speed of 182 kph (113 mph). Fuel economy is 17.2 kpl (48.7 mpg). The nine-speed auto gearbox is excellent, giving smooth and fluid shifts.

The cabin has a stand-out radically-styled dashboard, unlike anything else in the class. There is a logical layout of instruments and switchgear and the touchscreen is quick to respond.

There is space for four adults in comfort. Boot space is adequate at 351 litres and expands to a useful 1,297 litres if the rear seats are folded.

**RENEGADE:**  
A distinctive visual cachet.



*Model tested is UK-specification and equipment levels and prices may vary in other markets.*

# The planet's most popular sports car

AFTER storming into the European market, the Ford Mustang is now officially the most popular sports car on the planet. Last year more than 150,000 Mustangs were sold across the world, well ahead of major rivals Ferrari and Porsche.

The Mustang's surprisingly late entry to European markets made all the difference with sales outside the US leaping by more than 100 per cent. It was also the most popular 250hp plus sports car in the UK with almost 5,000 shifted in 2016.

Sales this year are continuing the trend, bolstered by rave reviews of the latest edition of the iconic model, which debuted in 1962. The 2018 model is due for release in North America this autumn, and in Europe by next spring. British buyers are opting for

the full Mustang shebang. Seven in every 10 UK sales are for the V8 5.0 GT Mustang option as buyers demand the biggest bang for their buck.

Mustang was also the best selling sports car in Poland, France, Finland, Sweden and Greece. In other words Europeans love the American sports behemoth.

Ford is also performing well when it comes to the best sell-

ing cars of 2017 so far. Its F-Series shifted almost a quarter of a million vehicles worldwide in just the first four months of the year, more than any other model.

Honda has the most models in the best selling top 10. The Civic, CR-V and HR-V are all among the world's biggest sellers. Toyota's Corolla, Volkswagen's Golf and Nissan's X-Trail all feature in the top five.

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## Eurogolf Waltz

ON Thursday May 25, Eurogolf played a Waltz, which is a team game where you take one score on the 1st hole, two scores on the 2nd, three scores on the 3rd and so forth giving the format 123 like a waltz! With an impressive score of 85 the winning team was Alan Venables, John Kirkwood, Colin Hobden and Mike Gillett.

Second were Pino Perito, Tony Stanley, Liz Roberts and Claire Daye-Gretton 81, and third Sue Gillett, John Connolly, Gordon Bourne, Gina Ashworth 79 c/b. NTP's fifth Sue Gillett, 11th Geoff Evans, 12th in two George McCallum and 15th Fred Reeve, 17th John Baraclough, Martin Rogers, Fred Reeve, Liz Roberts, John Connolly and Debbie Weedon. [eurogolf-quesada.co.uk](http://eurogolf-quesada.co.uk)

## El Plantio Golf Society

ON Tuesday May 23, 14 members and a guest competed in a tricky individual competition involving the use of two clubs and a putter - each player choosing the clubs to be used before play commenced. The winner turned out to be guest, Jason Mainwaring, who had a creditable return of 37 Stableford points and will be rewarded for his efforts with a handicap cut.

Competing in his first club competition since returning to Spain for the summer from Dubai to get out of the heat was John Wilby who very nearly scooped the prizes

with two nearest the pins and third place. Pride of place, however, must go to Bryan Watson, who recorded a Hole-in-One on Hole 8 - the second time he has performed the feat on this hole.

If anyone would like to join the Society, they play at El Plantio Golf Club on Tuesday, Friday and Sunday. They use both courses, the Par 3 nine-hole course and the main 18-hole course. The membership rates are very competitive, so contact Ian Henderson on 966 716 616 or 636 116 230.

# Well done to winners Arsenal, Barcelona, Celtic and Man Utd

## Tony Matthews

International Sports

*A former player, Tony is now the world's most prolific author of football books with 150 published since 1975. He has also been a PE teacher and a policeman, and is now a quiz-organiser, fund-raiser, for various charities, and sports correspondent for Spectrum Radio.*

Costa de Almeria

### Forthcoming Events

- Starting with football and on Saturday in Cardiff, we have the Champions League final between Italian giants Juventus and Spain's La Liga winners Real Madrid who will be aiming to become the first team to retain the coveted trophy since its introduction in 1992 when it replaced the European Cup.

- The Oaks (tomorrow) and the Derby (Saturday)

take place at Epsom and my each-way choices are Natavia (in the former) and Yucatan (latter). See my Derby Preview elsewhere.

- Today, England's cricketers, fresh from their ODI series triumph over South Africa which included a dramatic two-run victory in the second encounter at Southampton last Saturday, play Bangladesh in their first 2017 Champions Trophy tournament at The Oval. It's Australia-New Zealand tomorrow, Sri Lanka-South Africa on Saturday and India-Pakistan on Sunday; England's second match is against New Zealand next Tuesday.

- The French Open Grand Slam tennis tournament continues at Roland Garros - where women's top seed Angelique Kerber suffered a first round exit, as did GB's Dan Evans, while Petra Kvitova has returned to action 25 weeks after a knife stabbing which threatened her career.

### ROUND UP

**FA CUP WINNERS:**  
Aaron Ramsey and Rob Holding of Arsenal.

- Last Saturday, Arsenal deservedly won the FA Cup for a record 13th time, beating 10-man and out-of-sorts double-chasing Chelsea 2-1 in the final... Celtic, unbeaten in all domestic matches in 2016-17, claimed a historic treble by lifting the Scottish Cup with a 2-1 victory over Aberdeen... and Barcelona overcame Alaves 3-1 in the Copa del Rey final... all this after Manchester United had earlier won in Europa League final with a 2-0 win over Ajax.

- After their play-off finals, Huddersfield or Reading will play in the Premiership next season... Blackpool will be in League One... and Hamilton Academical will compete in the SPL.

- Around 37,000 fans saw Sebastian Vettel, Kimi Raikkonen (stitched up) and Daniel Ricciardo finish 1-2-3 in last Sunday's F1 Monaco Grand Prix in Monte Carlo where Jensen Button returned for one more race! Lewis Hamilton came seventh and now trails Vettel by 25 points in the driver's championship. The next race is in Montreal, Canada on Sunday, June 11.

- In the Indianapolis 500 in the USA, Spain's Fernando Alonso failed to finish in his first drive in the race due to engine failure.

- In Rugby Union, Exeter Chiefs beat Wasps 23-20 in the Premiership final, Northampton edged out Stade Francais 23-22

in the Champions Cup final and Scarlets lifted the Pro12 trophy with a 46-22 victory over Munster. And two England players suffered irritating injuries in their international friendly win over the Barbarians at Twickenham.

- In boxing, GB's Kell Brook lost his IBF Welterweight world title after an 11th round stoppage against Errol Spence Jr but George Groves is, at last, the WBA super-middleweight champion after beating Fedor Chudinov.

- In athletics, Sir Mo Farah won the 5,000m at the recent Diamond League meeting in Oregon and Holly Bradshaw (pole vault) and Greg Rutherford (long jump) were victors at the Manchester Games which attracted over 100,000 spectators despite the recent bombing which killed 22 people, young and old. Tirunesh Dibaba from Ethiopia won the Great Manchester City Run (marathon) for the fourth time.

- Tom Dumoulin won the 100th Giro d'Italia cycle race by 31 seconds from Nairo Quintana. Adam Yates was the best placed British rider, finishing a creditable ninth.

- Over the last 12 days, managers David Moyes left Sunderland, Gary Monk walked away from Leeds, Marco Silva quit at Hull and Walter Maserati bid farewell to Watford, replaced by the aforementioned Silva.



## Tennis Kid Kuhn lands first pro title

TORREVIEJA tennis sensation Nicola Kuhn has joined the elite list of juniors to win a men's professional title - just two months after his 17th birthday.

Blonde-haired Kuhn, youngest player in the entire draw, thrashed Davis Cup star Attila Balasz 7-5, 6-0 in a one-sided final to take the \$15,000 Hungary F2 Futures crown on the shores of picturesque Lake Balaton.

Top-seed Balasz, 11 years older than the 6ft 1in Kuhn and seven times champion of Hungary, had no answer to Nico's versatility and confidence as the Spanish teenager powered to victory in just 104 minutes.

Over the previous four days, unseeded Kuhn had seen off four other experienced east European pros, all of them at least three years his senior,

Saturday's glorious achievement came just two weeks after Nico produced the shock of the Mutua Madrid Open in beat-

ing world number 61 Nikoloz Basilashvili 7-5, 6-0 in the qualifying competition.

The Basilashvili win catapulted him exactly 100 places up the ATP ladder to world number 612 - and the 18 ranking points he earned for Saturday's Futures victory in Hungary will lift him to the fringe of the top 500 when next week's rankings are announced.

Kuhn, who has targeted a top 200 ranking by the end of this year, has been virtually unstoppable since severing his six-year tie with the prestigious Equelite Tennis Academy in Villena earlier this year.

The academy, run by former world No 1 Juan Carlos Ferrero, was a major influence in Innsbruck-born Nico's development - but constant commuting between La Mata and Villena took its toll on him and his parents, who moved to the

Costa Blanca when Nico was three months old. The family eventually decided to put Nico's future into the hands of Torreveja-based Pedro Caprota; the man who coached him before he moved to Villena, along with a new fitness coach, Cristian Ramajo, a new nutritionist and a new physiotherapist.

Nico is now playing the best tennis of his life.



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Spacious 3 Bed, 3 Bath Villa.  
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**Alicante**

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**Pilar de la Horadada**

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3 Bed, 3 Bath Chalet  
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Novo Alegre  
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**Pilar de la Horadada**

Oasis Beach  
137,000€



Bed, 2 Bath. Com. Pool  
**Guardamar del Segura**

Sol Park  
149,900€



2 Bed, 2 Bath Bungalow  
**Torre Vieja**

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ITALIAN football international Francesco Totti has retired from top-class football after 25 years.

TO READ MORE

Costa Blanca's best guide to local sport

## Ruby's Golf Ivie Davies Memorial Day

THE Ivie Davies Memorial Day turned out to be a fantastic day for all of the 24 players that went off to Fonte Del Llope, but it was the ladies that dominated the golf on this day, Ivie would have liked that.

The weather played its part and the course which was in great condition played well.

The results were as follows: Nearest the pin on the par 3's were greedy Mike Thomas (3), Rob Vaughan and Dave Shelton. Nearest the pin in 2 was Steve Wild, best front nine Rob Litton, best back nine Steve Wild. In third place was Rob Vaughan with 33 points, in second place Glynis Thomas with 35 points and in first place was Michelle Evans with 41 points - there may be a handicap cut coming her way.

Then a visit to Rayz bar on El Raso where the hosts provided a fine meal for all the players and their wives, this was followed by a large raffle for generous prizes provided



IVIE DAVIES MEMORIAL DAY: The course which was in good condition, played well.

by various golf courses and businesses in and around El Raso. A big thank you goes out to them all for their generous support for this event.

An auction followed for a couple of other prizes, and with the generosity of all the

people that bought raffle tickets and had a bid in the auction the total raised for Cancer Research was €1,000.

Many thanks also to Robert Scott and Tony Harrison who provided the trophies for this event.

It was a great day with strong support and the overall winner being Cancer Research.

For information regarding the above or any other fixture on our calendar please contact [rubysgolf@yahoo.co.uk](mailto:rubysgolf@yahoo.co.uk).

## La Marina Golf play the Founders Trophy

THE Society was blessed with beautiful weather on their first visit of the year to the difficult Roda Course.

The Founders Trophy, celebrating the 10th anniversary, was to be presented to the society by previous member, Barry Martin, but unfortunately, he had returned to the UK.

The scores in general were reduced from the previous meeting in Alto Real, although Gerry McCabe, despite a two shot handicap cut, managed to win the Silver Award, with a creditable 36 points.

However, winner of the Founders Trophy and the Gold Award with a brilliant 38 points was Barry Thorogood.

Nearest the Pins went to Vic Smith, Iain Lyall, Barry Thorogood and Mike Green.

John Thompson and Mike Green shared the two's pot.

The next meeting is at Las Colinas on June 8 with the first tee at 10am at a cost of €60. There are only 24 tee times due to the popularity of the venue, where it is best to reserve places that are available. Anyone who has already put their name down but are unable to attend should contact Alan to let him know.

The next social function will be the Summer Dinner on June 22 that costs €15 and includes a three-course meal with entertainment provided by Diverse Duo.

Please let Elspeth know your requirements, including meal choices by contacting [elspeth4mcd@yahoo.co.uk](mailto:elspeth4mcd@yahoo.co.uk) as soon as possible.



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### Get in touch - Costa Blanca South

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