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Stabbing suspect sought

Detectives seeking unnamed British expat



By Andy Mansell

Guardia Civil investigators in Orihuela are scouring the area for a 53-year-old British taxi driver.

The officers answered an emergency call from his daughter who was at the couple's home in the Pinar de Campoamor district of Orihuela on Monday morning.

9am to discover her mother lying in a pool of blood on the floor with a large knife in her back.

The 42-year-old victim, also British, was in a serious condition, but her alleged attacker was

Paramedics were called and immediately transferred the wounded woman to a nearby hospital as police launched a probe into the incident, which is being treated as a murder at-

Firefighting

MURCIAN firefighters were out in force last Saturday as two fires broke out across the region.

The first fire to be reported was in Beniaian at around 5.00pm when 112 received several calls from residents describing three-metre flames in San Jose de la Vega.

The fire originated from an orchard and burned within close proximity to a high-end car dealership.

How Wincham can help vou purchase, own, sell &

inherit property in a tax

efficient way.

Please turn to page 18

It struck a high voltage electricity supply line causing power cuts across Torreaguera and Beniajan.

Then 112 began receiving more calls from residents just after 6.00pm as the fire approached Los Henarejos, particularly Calle Casino and Carril de Los Lucios.

The second fire to be reported was on the banks of the river Segura at La Arboleja at around 5.30pm when

INSIDE page 82

where the watchman described high flames and dense smoke. The fire could be seen from all over Murcia.

112 received numerous calls

along with a radio alert from

the Cerillar watchtower,





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Wondering how to save on your overseas money transfers?

The secret is revealed on page 47

NEWS EXTRA

Behind bars

THE man who abused the four-year-old daughter of his friend on two occasions in 2009 was sent to prison by the Provincial Court of Murcia last week for three years and one day.

Baby dies

A TWO-MONTH-OLD girl died last Wednesday in an accident that left four others - two women and two children - injured on the RM-1 motorway at Sucina as a truck collided with their hire

Family gang

FOUR members of a family gang - two men and two women, aged 21 to 31 – were arrested by the Guardia Civil of Murcia last week in connection with shop robberies across multiple Murcia districts.

Motor thief

THE Local Police in Murcia have recovered a number of stolen vehicles including a Porsche found somewhere in El Esparragal plus a motorbike and moped in El

On the fly

RESIDENTS of Villamartin are up in arms over the local council's inaction after an area of land adjacent to Calle Traviata has been turned into a dumping ground.

Expatriate Mike Thornton told the Euro Weekly News that "40-50 loads of rubbish have just been left there, right next to a children's playground."

"The administrator of our urbanisation wrote to the

council and they even sent a delegate over, who assured us that it would be removed, but nothing has happened in

"The council have admitted to illegal dumping and the concern now is that the site will attract vermin and become a fire risk during the summer."

The council declined to comment when contacted.







RUBBISH: Not so beautiful a view for local residents, ignored by the council for months.

Murder links with mafia

A 52-YEAR-OLD man, shot dead at home in Aguilas had alleged links with the Calabrian Mafia in Italy.

Details of the fatality surfaced at around 10pm last Sunday, when police were called to a house in the remote neighbourhood of El Charcon.

The emergency call was made by the partner of Guiseppi Nirta, an Italian who according to media reports in his home country had a history of drug trafficking.

The frantic woman reported that three hooded men were shooting her partner at the country house they shared together.

On arriving at the premises, police discovered the body of Nirta on the ground with at least seven bullet wounds, including one to the head, as if to "finish him off," said a police report.

Italian media reports suggest that the victim had a history of drug trafficking and was involved in the so-called 'Operation Minotaur,' related to the infamous 'Ndrangheta gang.

He was charged and sentenced to three years and eight months of imprisonment and fined €14,000, but later released on appeal.

The deceased was also thought to be related to Giuseppe Nirta, one of the capos of the Calabrian Mafia, and according to Italian media sources, head of the 'Ndrangheta clan and one of the most wanted criminals in Italy until his arrest in

A BBC report at the time of his arrest said that the 'Ndrangheta made nearly €45bn per year, the equivalent of 3 per cent of Italy's gross national product, from its criminal activities which include extortion rackets, people smuggling and money

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Valencia City 26-28 July & 13-15 Sept 3* B&B FROM 108€

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Andalucian Trio 4-7 Sept & 3-6 Oct 3* HB + WW 209€

> Toledo 6-8 Sept & 16-18 Oct 3* B&B 139€

Cordoba 11-13 Sept, 2-4 & 25-27 Oct 3* B&B 165€

Costa Brava/France 11-16 Sept 3* B&B 286€. Daily excs.

Mojacar 12-14 Sept 3* FB + WW 149€

Madrid/Escorial 20-23 Sept 3* City Hotel B&B 229€

Segovia & Salamanca 24-27 Sept 3* City Hotel 199€

Sevilla City 26-29 Sept 3* B&B 219€

Antequerra, Ronda & Malaga 28 Sept -1 Oct 3* Hotel HB + WW 199€

Jerez, Sevilla & Gibraltar 2-6 Oct 3* Hotel B&B 259€ Inc visit to **Equestrian School & Tio Pepe Bodega**

Peñiscola 9-12 Oct 4*HB WW Seafront hotel/exc Morella 199€

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Brass neck

AT 9pm last Sunday, a drunk driver careered into the car park of Orihuela Local Police station before ploughing into a wall. The driver subsequently entered the building and reported himself to the officer on duty, before asking him if there was a free room for the night at

Mown down

AN 88-year-old man has been injured after being hit by a tourist in Torrevieja, Alicante. The incident occurred at 1.15pm on Monday on Calle Azorin. The pedestrian, initialled 'AC,' was hit by a car whilst attempting to cross the road. He was found lying on the pavement, unable to get up.

Sexual abuse

A YOUNG man has been arrested in Elche, Alicante, after National Police uncovered a child pornography ring. The suspect, who is in his late 20's and living with his parents, has been arrested for the possession of images depicting adult men engaging in sex with minors and newborns.

Bad memory

ANDRES MARTINEZ, the 28-yearold man whose skull was broken by a bouncer on the Plaza de Santa Isabel in Murcia last December told the Spanish press last week he will "never forgive" the perpetrator and in no circumstance should he be released on probation pending the trial.

Expenses outrage

ORIHUELA Council has spent over €44,000 on meals over the past two years under Emilio Bascuñana's leadership. The PSOE socialist party published damning information using a

SPANISH FACTS OF LIFE...16

From jumping through bonfires to hurling dead rats at fellow revellers, Spanish culture is awash with quirky traditions, none more so than El Salto del Colacho, the annual baby jumping festival which takes place this Sunday.

Look away, Mum!

HELD in the village of Castrillo de Murcia near Burgos in northern Spain, El Salto del Colacho most closely translates as the Devil's leap.

During the celebrations, babies born within the previous 12 months are laid on mattresses in the street before men dressed as the Devil in red and vellow costumes take turns to leap over them.

Normally taking place on the Sunday after the Catholic feast of Corpus Christi, baby jumping is a traditional practice dating back to the early 1600s

The infants are placed in rows before the devils, who also sport grotesque face masks, make their way through the crowd, whipping bystanders before careering over the

As they do so, the babies are said to be blessed and cleansed of original sin before being sprinkled with rose petals and recovered by relieved parents.

Although it might seem dangerous, there are no reports of injuries or fatalities during the event, although it is frowned upon by the Catholic Church, with news reports in 2012 suggesting that Pope Benedict himself encouraged the Spanish clergy to distance themselves from it.

DEVIL: Jumps over the babies.

the devil

rorising and hitting them gently with horse-tail whips.

Each Devil is followed by two rows of the brotherhood and the group makes its way to the church, where an entrance ritual is performed.

> All members remove their hats and bow in greeting as the Devil and Atabalero arrive, the former removing his mask before heading to the sanctuary where both remain during mass.

THE DEVIL: Clutches percussion instruments.

Speak of EL COLACHO is organised by the shadowy, black-clad Brotherhood of Santisimo Sacramento de Minerva, members of which dress up as both the devil and his companion the Atabalero, or drummer.

The devils clutch percussion instruments known as castanets while the top hat and tailcoated Atabaleros beat drums in unison as they run through the town's streets.

Festivities begin on the Wednesday preceding the event with daily processions during which the devils also chase cheeky adults and children, ter-

public platform called OriLeaks listing almost 70 bills corresponding to unnecessary expenses in wine, food, catering, dinners, lunches and breakfasts.

Kane and Abel

AN individual from the town of Cehegin is on trial for the murder of his twin brother following a row about a sanding machine. He allegedly stabbed his 36-year-old twin with a folding butterfly knife having first hit him with a

Fast and furious

SIX defendants are to stand trial in Elche for their alleged participation in illegal street races. Racers face up to five years in prison, the maximum possible sentence. It comes after several videos surfaced online showing highend cars racing against each other.

More jobs

UNEMPLOYMENT figures in the region of Murcia during the month of May fell by 4.65 per cent, with 5,188 people coming off the unemployment register. All sectors have benefited, especially hospitality where there are 3,060 fewer unemployed people.

Lose control

LOCAL POLICE in Catral, Valencia, have arrested a 42-year-old man after a violent domestic incident. It came after officers spotted a bloody-faced woman being chased through the town's streets by her shouting part-

News 1 - 40 Finance 45 Leapy Lee 51 56 - 68 Letters 65 Time Out 70 Health & Beauty 73

Social

Property

80

86

92

Services

Classifieds

Motor

101

Sport

103

A few days of very hot weather

THERE is an orange weather alert from State Meteorological Agency (AEMET) for Murcia today when it is possible that temperatures might hit 39°.

The evening temperature is likely to drop with a maximum forecast at 20°, Friday will be a little lower at 36° and then steadily drops over the weekend but will still be in the region of 33°.

There will be some cloud about during the day so it is important to remember that the ultra violet rays from the sun can still penetrate unprotected skin and cause sun burn and in a worst case melanomas, so be careful.

Evenings will remain at about 19°, so good weather for sitting on the terrace of your favourite restaurant or

The total number of news and features which appeared in Issue 1666 of the Euro Weekly News Costa Blanca North edition, with 53 local stories.



Six Weekly Costa del Sol Axarquía/Costa Tropical

Costa Blanca South Costa Blanca North Mallorca

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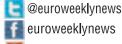
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- 1 Heat alerts hit Spain nine days before summer − 2,745
- 2 Spanish 'hero' missing after London terror attack 1,771
- 3 Family of Kirsty Maxwell launch desperate social media appeal —
- 4 Norwegian man stung to death by bees in Mijas 1,208
- 5 'Manspreading' banned on all public transport in Madrid

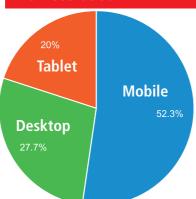
Page views = 70,927

Locations = 38.84% UK, 36.54% Spain, 9% USA

3% Ireland

12.62% Others

Devices used



Top Social Media comments

Scotland and England fans clash in Magaluf - Sian Foster. How pathetic, let's just show the world how ignorant, stupid some Brits are. These people are nothing but yobs, are ignorant, ill educated etc etc, nothing new then! Embarrassed to be a Brit once again...

Spanish hero's body returned to Spain - Liz Shaw. God Bless you Ignacio. May you rest in peace as you skateboard amongst the clouds.

Sevilla sadist jailed for 39 years - Barbara Taylor. Not nearly enough, but the maximum sentence he'll serve will be 30 years, although he will probably get out much sooner than that. I hope he shares a cell with men who have daughters!

Britain goes to the polls - Shaun Van Wyk. Elmo would've made a strong contender. 'Manspreading' banned on public transport in Madrid - Grace O'Grady. Excellent, however refined people would never need to be told this, so basically this is education for dinosaurs and barbarians, no?

EUROWEEKLYNEWS.COM POLL OF THE WEEK

Do you expect Sterling to strengthen by the end of the year to €1.20 or higher?

Last week's poll:

Should Spain ban the burka?

Yes = 82% • **No** = 18%

FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE

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THE WORLD



In 19thcentury Britain, opium for babies was marketed under the name 'Quietness.'



In Japan, letting a sumo wrestler make your baby cry is considered to bring good health to the child.

In Finland, at the Wife **Carrying World** Championships, first prize is the wife's weight in beer.

Did you know?



- Sea otters hold hands when they sleep so they don't drift apart.
- Men can read smaller print than women: women can hear better.

CORRECTIONS

At the FWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected. Email:

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Model behaviour!

HE quit much-loved soap Coronation Street to pursue an acting career in London, and recently finished filming Bear Grylls' Celebrity Island in

But work appeared the furthest thing from 33-year-old Ryan Thomas' mind as he whipped up a storm at a pool party in

Magaluf, Mallorca alongside brother and Love Island star Scott, 28.

The pair knocked back vodka before accepting a chocolate cake for Ryan's birthday which he duly smashed into his sibling's face, much to the delight of the rapturous crowd.

Ryan reportedly became close to ex-

The Only Way Is Essex beauty Lucy Mecklenburgh, 25, while being tested to the limit on the Channel 4 survival show.

And the fitness fanatic was also in the Balearics this week as she shot a racy series of swimwear shots in Ibiza after being chosen as the face of V by Very High's summer collection.



LUCY: Racy

swimwear.

HIS Barcelona team finished second in La Liga and was beaten in the Champions League quarter-finals.

But Argentinian superstar Lionel Messi, 29, clearly remains a winner in love after his stunning partner Antonella Roccuzzo, 29, put on a sizzling dis play aboard a luxury yacht in Ibiza.

The bronzed beauty topped up her tan after slipping into a tiny tanga-style bikini which accentuated her curvaceous fig-

The pair have been together for almost 10 years and are set to marry in their hometown of Rosario, Argentina, later this summer.

Their children Thiago, four, and Mateo, two, joined them on their aquatic adventure as did teammate Luis Suarez and his wife Sofia Balbi, plus Chelsea's Cesc Fabregas with girlfriend Daniella Semaan and their three children Lia, Leonardo and Capri.

But it was the gorgeous Antonella who stole the show as she relaxed on the side of the boat, dipping her toes into the crystal-clear Mediterranean water.



Supporting Actress gong for her 2008 performance in Woody Allen's Vicky Cristina Barcelona. And Penelope Cruz, 43, provided

ample back-up to British-born American actress Lily Collins, 28, as the delectable duo filmed an advert for luxury cosmetics brand Lancome in Barcelona.

The Iberian icon was a picture in a figure-hugging navy dress while Lily, daughter of Genesis singer Phil Collins, smouldered in a matching navy sleeveless blouse and elegant trousers.







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Bird brains

Liam Griffin

ROJALES City Council has initiated an awareness campaign to protect house martin nests, implementing a hefty fine of €200,000 for noncompliance.

The action has been well received by environmental and private associations, who have praised the scheme. However, the socialist PSOE-led council has come under fire from the right-leaning opposition for alleged double standards after unveiling two bills from 2014 commissioning the removal of nests.

Desiderio Araez, spokesman for the opposition, stated that the bills had not only ordered the eviction of the nests, but also the installation of a series of metal spikes to prevent the



HOUSE MARTINS: Nests are to be protected.

birds from returning.

"It is surprising that the City Council now asks that the neighbours respect the nests, when the Socialists, with Antonio Perez at the top, spent more than €9,500 to destroy them."

Araez continued "Where is the coherence of the government? How can Perez ask the citizens of Rojales to respect the nests when he himself sent for them to be destroyed little more than two years ago?"



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Doggy discount

ALICANTE City Council has announced a plan to lower the €30 census fee charged to dog owners in order to combat a slow registration uptake.

Dog owners within the city of Alicante are required by law to register their pets on the council's census. The initiative began after the council received a high number of complaints regarding excrement and general cleanliness within the city.

Police have begun to patrol the streets, indicating where citizens may walk their dogs and reminding them of their obligation to dispose of their pets' excrement.

Enrolment onto the census is mandatory, but recent figures show only 14.8 per cent of an estimated 35,000 dogs have been registered. Veterinarian Francisco Mena suggests the figure is even lower "because there are some who registered in 1995 whose pets will have already died. Even though the current census is mandatory, it's not very realistic."

OUR VIEW

Surprise result raises questions

THERE is little doubt that the Conservative party was caught by surprise by the seemingly disastrous result of the General Election.

The powers behind the throne, the two advisors to Mrs May, Nick Timothy and Fiona Hill resigned almost immediately and now the Prime Minister appears to be trying to carry on as if nothing too untoward has happened.

Her cabinet remains broadly as it was prior to the election, although another Brexiteer Michael Gove returns as environment secretary and will be responsible for reviewing agricultural support following Britain's exit from the EU.

The loss of an overall majority will make it more difficult to enter Brexit negotiations when the EU knows that the prime minister has made a major error of judgement by getting the mood of the nation so wrong.

She said she would use the anticipated increased majority to strengthen her hand with Europe and instead has to keep power by putting together an unlikely and possibly unstable pact with the Democratic Unionist Party which has already caused negative comments from the Republic of Ireland.

Assuming she is not voted out as Tory leader, it is possible Mrs May will have to be a little less hard line in her negotiations with Brussels than she had originally hoped.

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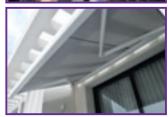
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House arrest!

TWO men have been arrested for a string of robberies in the Orihuela Costa area.

The thieves were apprehended by Guardia Civil officers from Pilar de la Horadada, who stopped one of the men, whilst he was driving a vehicle belonging to the other.

They discovered that the driver had no insurance and was carrying goods identified as stolen, plus tools for breaking and entering, inside the vehicle.

Police believe the duo, aged 49 and 47 of Algerian and Spanish nationality, are re-

sponsible for at least five house robberies within the last month, with a probability of more coming to light after investigations continue.

The men were captured on CCTV video footage, watching a house closely to ascertain when the owners left, before breaking in through a window and stealing cash and credit cards, which they immediately used to withdraw **€**3.000.

Guardia officers recognised one of the men, who had a previous record of robbery in similar circumstances

They were arrested and charged with a number of other recent robberies in the area and the attempted theft of thousands of euros by using stolen cards, including one occasion when they robbed the same house twice in one

Most of the house thefts occurred when the owners were out but on one occasion the occupiers were asleep in the house.

Police are attempting to return stolen goods recovered in the operation to its rightful

NEWS EXTRA

Orihuela activity

GESC agents working in Orihuela last week, arrested four individuals in separate incidents and managed to locate a missing 85-year-old

Fiesta starts

ROJALES Moors and Christians fiesta begins this coming Friday and will include various events culminating in the two parades of Moors and Christians on July 2.

Blue flags

LUISA BONE, from Orihuela Council received the nine blue flags awarded to the municipality, the highest in the province, at an award ceremony in Altea last Monday.

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Another Roland Garros

AFTER the disappointment of losing the junior singles final at Roland Garros, Nicolás Kuhn from Torrevieja immediately bounced back to win the junior dou-

The 17-year-old partnered the Hungarian Zsombor Piros to beat an American pair in straight sets.

The young Spaniard had spent one hour and 21 minutes on court playing Australian Alexei Popyrin before returning to court just a few hours later to take part in the doubles match

Currently rated number 530 in the singles world, the achievement in Paris of this young man - whose father is German and mother is Russian and moved to Spain when he was just three months old - should be enough to see him moving up the ranks.

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JUNIOR DOUBLES: Nicolás Kuhn on the right following the Paris success.





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Arsonist arrested

THE Local Police in Murcia arrested a 19-year-old man alleged to be the infamous arsonist of recycling bins across the city.

In recent months, over 55 bins in Santa Maria de Gracia and Vista Alegre have been reduced to ashes and on Sunday June 4, security cameras caught the firestarter in the

At 4.15am on Calle Maria Zambrano, the young man was videoed opening a recycling bin and throwing something inside.

He then made his way towards Avenida Principe de Asturias and did the same again, before making a run

Two officers attended each scene but could not prevent the first bin from burning - it also setting light to the two bins next to it. Firefighters were called.

Officers arrived at the second bin in the nick of time and prevented it from burning, removing the device the arsonist had thrown inside.

Several Local Police units

gave chase to the arsonist. who was caught on the corner of Calle Miguel de Cervantes and Calle Don Quijote.

He was arrested and taken to San Andres District Commissary.

The arsonist, born and raised in Murcia, is said by the Department of Development to have caused some €44,000 worth of damage.

A student in the city of Cartagena, he is also believed to be behind the burning of recycling bins near the uni-



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NEWS EXTRA

Civil serpent

GUARDIA CIVIL officers, who were called to a street in Elche in the early hours of Tuesday morning, removed a two-metre long indigenous snake from underneath a car, later releasing it into it's natural environment.

Half buried

AN Elche woman, who had reported her businessman father missing has been informed that his half buried corpse was discovered by investigators in Mozambique.

Savage man

LOCAL POLICE in Elche arrested a South American man in the early hours of Tuesday morning for savagely kicking a woman on the ground.



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Passport Renewal Service

Council to foot €19.5m bill

ALICANTE City Council will have to pay an estimated €19.5m after the construction licence of a multi-million-euro tourist complex was revoked.

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were granted a municipal licence in 2005 they commenced work building their new tourism compound in El Plantio. However, shortly after, Mayor Gabriel Echavarri presented a successful case appealing the decision on behalf of the socialist PSOE Party.

The company submitted a liability claim against the council after work on the resort was halted. Judge Salvador Bellmont, head of the Administrative Court, refused to acknowledge the claim of €30; but instead €1m in profit loss and €1.1m in moral damages.

Sonia Castedo, town planning councillor at the time, had signed a decree on May 17, 2005, which granted work permissions for the opening of the complex. However the Administrative Court ruled in favour of the socialist party after they had argued that the Declaration of Community Interest stated "authorised urban development of 14,500 square metres," not the 22,375sqm proposed.

The company responded that "there has been a negative effect on the tourist project" and the facilities have been undervalued because it hadn't been completed as planned. The damage, they continued, "is not

LICENCE: Not to build on behalf of the socialist PSOE Party.

limited to the cessation of construction activity, but the large scale modification of the project, affecting its feasibility."

Bellmont disputes that it was the responsibility of the company to have completed independent due diligence before submitting their plans to the City Council. While two expert reports submitted to court in 2010 claim the City Council must compensate €19.5m, plus interest.

The judicial decision is not yet final, and can be taken to the High Court of Justice by both parties as a means to rule out liability or claim compensation respectively.

NEWS EXTRA

Bay Watch

MAR MENOR's Minister of Tourism, Culture and Environment, Javier Celdran met with Cartagena's Maritime Captain, Oscar Villar last week to request the study and approval of a document regulating nautical activity in the bay.

Bloody rape

A YOUNG woman was found bleeding heavily next to a beach stall in Los Naieros last Thursday and taken to hospital where doctors initially thought she had been raped by as many as three men.

Beach bars

AFTER a two-month delay, the 45+ beach bars from Isla Plana to Cala del Pino, Playa del Galua, Los Urrutias and Playa Paraiso began to set up last weekend ready for opening.







INTERNATIONAL SOLICITORS - BARRISTERS - TAX ADVISORS

SOME LEGAL TIPS ABOUT THE SPANISH TAX SYSTEM

Who is supposed to lodge an income tax return in Spain?

If you are resident in Spain for 183 days or more, you are considered a Spanish Tax resident. As such, you are required to submit an annual Spanish resident tax return known as a 'Declaración de la Renta'.

Some people however have more complex personal situations and they spend their time between a few countries and / or have property or business interests in other countries. In these cases there are International Double Taxation Treaties stating where the person subject to the tax should declare their income for tax purposes.



When do I lodge my tax return in Spain?

This needs to be lodged between April and 31st June each year.

The tax year in Spain runs from January 1st – December 31st (for the year previous)

Are there any tax deductions for living in Spain?

Yes, some of the main deductions are:

- A personal tax-free allowance.
- Married couples allowance for joint declarations.
- Employment allowance.
 - Child tax allowance.
 - Deductions for private pension plans.
 - Taxation regime for income from annuity pensions.

Can I pay the tax in stage payments?

Yes. The first payment (60%) will be taken on the 30th of June if you pay it by direct debit. The second payment (40%) will be taken on the 1st of November. If you would like to make the payment in more stage payments you will need to submit an application to the Tax Office.

If you require further information or an appointment in one of our offices, please contact us.

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RESIDENTS of the Old Quarter, Alicante, are up in arms in the wake of a spate of incidents involving drunken teenagers.

Inhabitants of Calle San Agustin and Calle Toledo have become increasingly unhappy with the weekend abuse of their neighbourhood. Boozed-up youths, af-

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Drunken rampage

ter a heavy night of partying in Alicante's historic centre last Saturday, intentionally set a mattress alight against a residential building in the

Daniel Guerrero, one of the residents affected by the fire, stated that "there is no control in our area.

"Partygoers come to have fun and to do what they want by any means necessary, their final act being to burn a mattress"

He revealed that the elder-

ly have become frightened to leave their homes following the arson attack, with public safety now at risk.

Pedro Picazo, owner of a hotel in the area, scoffed: "The situation is ridiculous. Hordes of drunken little kids come kicking at doors and urinate all over the street." He believes

progress will be made once the council crack down on underage alcohol sales in

Some residents, unable to wait for the council's support, have begun leaving containers in front of their doors so that the mobs can urinate in them rather than using the street.

NEWS EXTRA

Postman sentenced

THE Torrevieja postman who failed to deliver 226 letters and packages between 2011 and 2014 was sentenced to 12 months in prison and fined €900 by the Court of Alicante.

Drunk Brit

A 36-YEAR-OLD British man under the influence of alcohol and drugs stole a €15,000 classic Ford Fiesta last week in Torrevieia and when arrested. brutally assaulted a police officer - he is charged with attempted murder.

Caught out

A 47-YEAR-OLD Spanish man and a 49-year-old Algerian man were arrested in Torrevieja on Friday in connection with burglaries in at least five Orihuela Costa properties.



CALLE SAN AGUSTIN: Residents are unhappy with the weekend abuse.



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The events which took place in Calpe, Altea, and Javea, gave property owners the chance to meet face to face with one of our specialist Wincham Consultants from our UK (Congleton) and Spanish (Calpe) offices to discuss their Topics that were covered requirements and concerns.

- Spanish Inheritance and Wealth Tax.
- Buying and selling of Spanish property.
- Spanish Wills and Spanish Probate.
- Investing Spanish property into a UK Limited Company.
- Buy to Let.
- Spanish Resident Tax returns (June deadline)

this to say about the event "Wincham are here to expertly and efficiently supply you with the best advice and service on all Spanish property matters. We recognise that every customer property requirement is different and this is why our experienced Wincham team listen carefully so that we can deliver an excellent and precise bespoke service to help generate the results you wish to achieve."

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Discussing the event, Paul Yiasemides who is a Senior Tax Consultant at Wincham said "A number of people would rather discuss their Spanish affairs in person than over the phone, Tea on the Terrace, gives people the opportunity to do that."

Wincham would like to say a big thank you for everybody who 299 700 (UK), or +34 965 830 991 (Spain).

Mark Roach, the Managing Director of Wincham, had attended our event and would also like to thank the Diamante Beach Hotel, Calpe, the SH Hotel Villa Gadea, Altea and the Parador de Javea Hotel for their generous hospitality.

Due to the phenomenal success of the recent "Tea on the Terrace", Wincham will be announcing more dates in the up and coming months.

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Sound the sunscreen bell

A LEADING Cartagena skin specialist believes schools in the region should sound a warning bell to tell children when to apply sunblock.

"People living in our region must realise that they live in Murcia and not in Norway. Therefore, they should always protect themselves from the sun and not only when they go to the beach," warns Dr Alarcon, a specialist at Rosell Hospital.

According to Dr Alarcon, the cases of people diagnosed with skin cancer melanoma have increased in the Cartagena municipality by 10 per cent year on year, since 2011.

This means cases have doubled in six years, which is contrary to figures for the rest of the country.

There are two types of skin cancer - melanoma and non-melanoma, with the former usually caused by acute burns, often produced before the age of 20 and, if not detected early, can be spread to nearby tissues.

The non-melanoma are usually moles or chronic cysts that begin to change shape or itch, but do not usually expand to other parts of the body.

The latter is the most common of the two and the least deadly, while the former is the least frequent (only 2 per cent of cases), but it is the most lethal.

"In summer particularly, it is necessary to use sun protection factor 50 or superior, applied half an hour before sun exposure and re-applied every two hours and after swimming," said Dr Alarcon.

"I am having conversations with several schools in Cartagena to install a bell that rings before recess, so that reminds children to wear sunscreen before going outside, but first, we have to bring together parents' associations to give their consent.

The important thing is that they acquire the habit and they transmit it to their relatives and friends. It is the best way to start prevention," concluded the specialist.







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Catad not fulfilling rescue of animals



THE treatment of a cat in Cartagena has escalated into a formal denunciation of the Cartagena Council by a cat

According to Cuatro Gatos Cartagena, the Local Police were alerted to a cat in difficulty in a pool in the Plaza Pope John XXIII but they refused to become involved and referred the caller to the

fire brigade who did turn out. When the cat was rescued.

the firemen tried to contact the Centre for Reception and Treatment for Domestic Animals (Catad) but there was no response to their call and they therefore left the cat on the ground and returned to their station.

The charity contends that Catad which is supported by

taxpayer's money should be contactable for animal rescue purposes at all times.

It has therefore taken action against the council as the Local Police didn't respond, the fire service left the cat in a bad condition and Catad didn't answer its phone, with all of these failings being the eventual responsibility of the council.



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NEWS EXTRA

Swim out

THE outdoor municipal swimming pool of Torrevieja at Ciudad Deportiva is open until September 30, from Monday to Sunday, 10.00am till 2.00pm and in the evenings from Monday to Saturday, 4.00pm to 7.30pm.

Truancy test

THE city of Torrevieja has formed a committee to combat truancy throughout the schools of the municipality - born with the idea of analysing the reasons why truancy persists and applying the necessary measures.

Clean up

TORREVIEJA's Popular Party released a statement last week detailing how they have submitted a motion calling for an 'urgent plan because of the state of cleanliness in Torrevieja.'

Caliche faces extinction

THE finals of the Almoradi Caliche tournament took place last Sunday, with no young contestants.

The Murcian game of caliche has been played for centuries, using a stick, metal discs and a long flat piece of ground.

However, organisers of the tournament, now in its fourteenth year. fear the game is likely to fade out in the region as no young people are taking up the sport.

The complicated game of caliche is particular to the Murcia / Levante region of Spain, based on a nationally-played game called her-

Like a cross between skittles and petanque, metal discs, known as moneo are thrown at a piece of wood called a caliche, with a 2cm disc, a moneda placed on top.

The idea of the game, played in teams of two, is to knock the moneda off the caliche and for it to land closer to the moneo, than the caliche, which scores points for the players.

Almoradi is one of the few towns in the Vega Baja, where the sport is still practiced and the town's El Saladar sports club has a dedicated



PLAYERS: Almoradi has its own dedicated caliche pitch.

Until recently, caliche was passed down from generation to generation, but not anymore, as none of the younger generation are interested in taking up the game.

In fact, all of the 26 players who took part at the weekend were over

seventy and the day was dedicated to a local champion who died in January of this year.

Antonio and Mariano were the champions of the newly renamed Jose Sanchez Ferrer trophy, named after their late friend and playing

A domestic outbreak

LOCAL POLICE in Catral, Valencia, have arrested a 42year-old man after a bloody domestic altercation broke out on Saturday night.

The arrest came after officers had seen a woman being chased and berated through the town's streets. Whilst overseeing a party, the police had seen blood covering the face of the victim and noticed that a man was closely in pursuit. Suspicious of the situation, officers detained the man and immediately transferred the 38-yearold woman to hospital.

According to a police statement, the incident began at home and continued into the streets. Despite sustaining multiple injuries the victim did not want to pursue charges against the alleged abuser.

This marks the second domestic violence case in Catral over the last month, after a 32year-old male from the Maghreb was arrested for beating his pregnant partner.

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Training for a terror attack

MEDICAL professionals are being prepared for front line action in the case of a terrorist attack taking place in Spain.

Doctors and nurses are being coached by military counterparts at the 29th meeting of Semes, the Spanish Society of Emergency Medicine, being staged in Alicante.

Around 2,700 professionals attending the conference were told society must get used to living with a permanent threat of terrorist attack: Spain is currently on the second highest state of

The recent jihadist atrocities in Paris, London, Manchester, and the 2004 Madrid attack have prompted Semes to invite the military to help prepare emergency medical teams for how they should work in the face of such an attack.

Because of the 'chaos'



that governs such attack scenes, the meeting was told of 'golden rules' it was important to learn and obey to try and save as many lives as possible.

"The first thing they have explained to us is that the ambulances we take to the scene stay in the rear and we cannot intervene until the area is secured and our lives are not in danger,"

said Blas Giménez, president of the Scientific Com-

He added that if danger persisted "it is the military that move the victims into safe areas for medical atten-

And Luis Orbananos, coordinator of the Semes military nursing group, said the area was divided into 'hot, warm and cold' areas following an international agreed reaction plan; a field hospital is usually set up in the warm or cold area and deals with those with less serious injuries.

The worst casualties are immediately evacuated to hospital, he said, while health teams must prioritise the attention patients receive according to the severity of their injuries and the resources available.

"We always say that the first thing is to save a life, limb or function. It all depends on where you are," explained Mr Orbananos.

Blood loss can be a massive problem, and despite falling from favour in recent times, the conference was taught how to use a tourniquet.

However, experts believe Spain is ready to deal with the aftermath of an attack, he said: "The terrorist acts when and where he can, but

in Spain, unfortunately, we have experience in this type of intervention, as evidenced by 11M."

Hospitals have specific plans to be ready for emergency situations with multiple victims, when within an hour teams would deal with numbers normally seen over a whole day.

Over the week workshops were also held to give medical teams the experience to work in nuclear, radiological, biological and chemical emergencies.



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ASITES receive €6,000 to train up volunteers

LA CONCEJALIA de Derechos Sociales (The Council of Social Rights) of Murcia, directed by Conchita Ruiz, recently received approval from its governing board to grant €6,000 to the Asociacion Internacional Telefono de la Esperanza (ASITES) to fund projects and activities until the end of this year.

ASITES is a volunteer organisation, much like the Samaritans in the UK, promoting emotional health and wellbe-

It was originally founded in 1971 by Serafin Madrid and declared a 'Utilidad

ASITES is a founding member of the Spanish Volunteer Platform and belongs to IFOTES (International Federation of Telephonic Emergency Services, based in Geneva) and IASP (International Association of Suicide Prevention).

It is linked to the World Health Organisation and has signed collaboration agreements with several national and international universities.

The grant will be used to provide training courses for over 300 ASITES volunteers.

Bring our hire bikes back

THE MuyBici bicycle hire station in La Paz is the third across the region of Murcia to be declared out of order since the end of 2016.

The city has denounced MuyBici and demanded that all three stations - the La Paz bank on Avenida de La Fama next to the municipal

library, the bank outside the Palacio de los Deportes and the bank on Avenida San Juan de la Cruz are reopened.

The mayor of Murcia said that MuyBici are "breaching" their contract, which provided for 40 bicycle hire stations, growing to 130 in

MuyBici said that the stations have been closed as a result of vandalism and the mayor called for "a greater involvement of the city in the supervision of services of this type, which cannot be left to the whim of the com-





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Caliche faces extinction

THE finals of the Almoradi Caliche tournament took place last Sunday, with no young contestants.

The Murcian game of caliche has been played for centuries, using a stick, metal discs and a long flat piece of ground.

However organisers of the tournament, now in its 14th year, fear the game is likely to fade out in the region as no young people are taking up the sport.

The complicated game of caliche is particular to the Murcia / Levante region of Spain, based on a nationally-played game called her-

Like a cross between skittles and petanque, metal discs, known as moneo are thrown at a piece of wood called a caliche, with a 2cm disc, a moneda placed on

The idea of the game, played in teams of two, is to knock the moneda off the caliche and for it to land closer to the moneo, than the caliche, which scores points for the players.

Almoradi is one of the few

towns in the Vega Baja, where the sport is still practised and the town's El Saladar sports club has a dedicated pitch.

Until recently, caliche was passed down from generation to generation, but not any more, as none of the younger generation are interested in taking up the game.

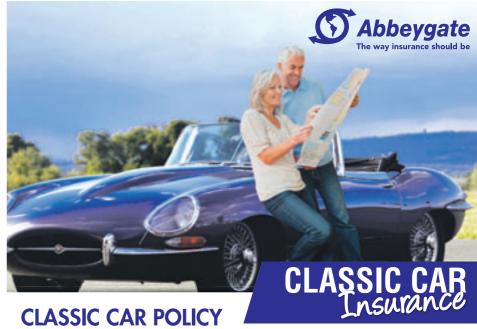
In fact, all of the 26 players who took part at the weekend were over 70 and the day was dedicated to a local champion who died in January of this

Antonio and Mariano were the champions of the newly renamed Jose Sanchez Ferrer trophy, named after their late friend and playing partner.





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Explosive material discovered in a shed

ACTING upon information received, officers of the Guardia Civil found a huge cache of weapons in a shed in

Apart from the fact that possession of so much ordnance without permission was illegal, much of it was quite old and potentially unstable and could have caused considerable damage to the neighbourhood if any of it had explod-

Officers discovered a number of firearms, almost 13,000 hand grenades, mines, detonators, anti-aircraft projectiles, mortar shells, fuses, flares and gunpowder.

Specialist explosive experts were called in to remove much of the material for examination and deactivation, whilst the firearms were taken to a local Guardia Civil ar-

As yet, there has been no explanation of why so much material had been collected and what it was being held for.

Marble Floor Polishing

Catalonia call for support against 'authoritarianism'

PEP GUARDIOLA, manager of Manchester City FC and former Barcelona boss, has voiced a powerful call to arms for Catalonia's independence sparking international sup-

On the steps of Monthuis, Barcelona, Guardiola delivered a brief manifesto in Catalan, Spanish and English to an audience of over 40,000 supporters flying "we love democracy" banners.

"We have tried on 18 separate occasions to reach an agreement on a referendum and the answer has always been no." he announced to the crowd.

"We have no other option but to vote. We call on the international community to support us and on democrats all over the world to help us to defend the rights that are threatened in Catalonia, such as the right of freedom of ex-



MANIFESTO: Delivered by Pep Guardiola on the steps of Monthuis, Barcelona.

pression and the right to

Although Spain's constitutional court previously ruled that the non-binding referendum held in November 2014 was illegal, Raul Romeva, the

Catalan foreign minister, insisted that there was nothing in the Spanish constitution that could stop a new vote from going ahead.

"We know that people want to be asked the question," he continued. "And if the result of the referendum is no, we'll respect that result, full stop.

"And if it's yes, that result will have to be respected. I don't know what the result will be - no one does.'



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Agency crackdown on Chinese import fraud



SPANISH Tax Agency, Hacienda, has begun a

large scale investigation into fraud and tax avoidance, specifically Chinese imports, after the government lost €100m in unpaid taxes. In December 2016 the treasury carried out a

string of lawsuits against a Chinese organisation importing goods from China and Pakistan. At customs, goods were declared up to 20 times lower than their real value, resulting in fraud of over €12m. Courts recovered over €4m after seizing company property and accounts.

The new operation aims to crackdown on the

illegal activities of importers, distributors and sellers of Chinese products. As part of the Annual Tax and Customs Control Plan for 2017, more than 370 officials are taking part in the nationwide strike against illicit trading.

Outlined explicitly in their Control Plan, Hacienda stated that it would focus on a "combined investigation of the import of consumer products, textiles and other items of Asian origin."

The investigation came after six months of research, which estimated over 50 per cent of Chinese imports committed trader fraud.

Abandoned town

Residents take on the Spanish government

A GROUP of young settlers who have repopulated an abandoned village in Castile-La Mancha face a total of 24 years imprisonment and fines amounting to €26,779 after the Spanish government vowed to demolish it.

In 2012 two small groups of squatters discovered the ancient hamlet of Fraguas with hopes of self-sustenance, self-governance and economic self-management.

By 2016 the population expanded, and rebuilt the dilapidated houses, created self-sustaining vegetable gardens and installed ecofriendly power in the form of solar panels.

However, the government has decided to prosecute the inhabitants and move to demolish what they have built in a historical echo of the rural exodus of 1968, imposed on the people of Fraguas under the dictatorship of Francisco Franco.

Following the eviction,



REBUILT: The dilapidated houses.

Franco proceeded to blow up what remained of the commune, leaving nothing but rubble and stone behind.

Jaime Merino, 24, one of Fraguas' settlers, said "They always say they're going to take steps to tackle depopulation and find ways to get people back into rural areas, but this is an example of

"That's the paradox: it's Guadalajara's department of agriculture, the environment and rural development that wants to demolish the vil-

Alberto Rojo, regional representative for the Guadalajara government said "of course we agree that there needs to be repopulation initiative in the province - and let's hope there will be many - but only in the right kind of places." Rojo then added that Fraguas is within a protected natural park and therefore must be safeguarded from forest fires.

However, the settlers are not alone. A petition on the Change.org website calling



FRAGUAS: The government has threatened to demolish the buildings.

for an end to the rural unrest has amassed over 64,000 signatures, as Merino and his fellow settlers hope the case will be dropped before it goes to the High Court.

"Maybe we'll become the first village in Spanish history to be demolished three times," said Merino. "That wouldn't surprise me in this country."







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Sevilla sadist jailed for total of 39 years



SENTENCE PASSED: Included 24 years imprisonment for murder.

FRANCISCO SUAREZ, 46. has been sentenced to 39 years imprisonment for the unprecedented rape and murder of Sara Dominguez.

Dominguez, 31, arrived at Maria Luisa Park shortly before 9pm where she ingested a bottle of barbiturates. Later analysis from her internet history indicated that she had been experimenting using alcohol and pills simultaneously, but took precautions.

Suarez arrived at the park under the influence of alcohol and cocaine where he found the woman unconscious and proceeded to take advantage.

The accused, who had argued that the interaction was consented, had been previously reported for abusing his wife on seven separate occasions. In one of which, she testified that he had drugged her, then abused her and taken erotic photographs whilst she

Investigators believe that the victim in Maria Luisa Park suffered similar abus-

The prosecution pointed out that as the victim was unable to react to pain or resist the rape, the defendant

decided to go further than before 'fulfilling his most depraved sexual fantasies,' before using a blunt object to mutilate her.

The National Police's Head of Homicide testified that officers and forensics had never seen such brutal injuries.

When finished Suarez moved the woman to a bench 40 metres away from the scene and left her to die.

The sentence passed includes 24 years imprisonment for murder, 15 more for sexual assault and a fine of €125,000 to be paid towards the family.

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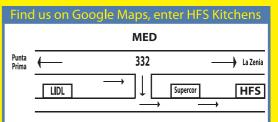
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An Eastern European cigarette racket busted

RAIDS in Madrid have seen the arrest of 13 people and seizure of 61.205 packs of cigarettes, €74,320 in cash and two vehicles.

Officers from the National Police and Madrid Municipal Police investigated the sudden influx of contraband tobacco into the city and identified seven Ukrainians and six Bulgarians who were working together to import

cigarettes into Spain.

There was a combination of counterfeited brands as well as genuine packets imported clandestinely from Belarus, Poland and Ukraine which were not declared to the authorities and were sold without any tax being paid over.

The cigarettes were sold through shops which catered to Eastern European customers and stocks were

moved around the city on a regular basis in order to escape detection, although the bulk of the cigarettes seized were found in a single ware-

Most of the cigarettes flowing into Madrid were brought overland from Poland in pallets of boxes containing metal plates and declared falsely as clothes being shipped to imaginary addresses.



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Advertising Feature



Copper Heeler brings relief from arthritis

MANY people have suffered with arthritis over the years, finding no long-term solutions, turning to strong medication to try and ease the pain, and thus putting up with a lesser quality of life. Malcolm Landsman, who had studied magnetic and copper therapy for years, realised he may have hit on the solution to easing the joint pain that so many people

Copper Heelers are a simple accessory placed inside the heel of the shoe that gives arthritis sufferers incredible results

This works by means of replacing the copper in the body that arthritis sufferers lack. We all need certain metal elements in order to thrive and one of those key elements is copper, it is an essential part of the minerals within the body. There are 25,000 sweat glands in the foot alone, and so this is a prime area to absorb copper and utilise its healing

Copper also prevents inflammation around the joints, so there is a feeling of well-being all round. Malcolm has been marketing the Copper Heelers in Spain for more than five vears now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!"

This miracle insole has brought joy to many who have been restricted with movement in the past.

Find us at Benidorm Market on Wednesday, Camposol (Alley Palais) on Friday, Playa Flamenca Market on Saturday, Zoco Market (near Benijofar) on Sunday.

For more information on the Copper Heelers, please visit the website at www.copperheeler.es or call Malcolm on 966 763 770.

Migrants help to revive small rural Spanish communities

TWO national newspapers, El Pais in Spain and The Guardian in Britain are working together to produce stories about the lives of asylum seek-

Their latest piece, whilst more about economic migrants rather than those fleeing from persecution, tells the story of how these migrants are propping up small communities in Spain.

Villages in much of northern Spain have seen an increase in the number of elderly people and the disappearance of younger people looking for work or a more exciting life style.

According to these two newspapers, Moroccan immigrants who are finding it increasingly more difficult to find work in busy cities, are moving to rural Spain to undertake agricultural work and manual labour.

It is not just Moroccans but other groups including large numbers of Romanians who



ASYLUM SEEKERS: Are propping up small communities.

are being directed to the interior by the Cepaim Foundation which helps immigrants to find work and education and advises on under-populated villages which need new workers and their families.

The good thing for those moving to the smaller villages is that work and housing are available and generally speaking, locals welcome the arrival of new blood to the area which in turn helps local councils to keep their funding and even

As happened so often in the past, immigrants will take jobs that locals don't want to be in-

volved with, including manual labour, fruit picking and shepherding which are important to farmers and as children are born, they retain their original heritage whilst also taking Spanish passports and are bilingual.

Gibraltar experienced a similar situation when the border with Spain was closed and Spanish workers lost their jobs, to be replaced by Moroccans who were initially treated quite badly, but eventually were allowed to bring over their families and now form an important part of the community on the Rock.

NEWS EXTRA

Support subsidy

THE City Council of Murcia renewed its support of the Asociacion Traperos of Emaus last week with a subsidy of €50,000 which will be used to fund psychotherapeutic courses and promote volunteering.

Beach death

A 75-YEAR-OLD woman drowned on Saturday at the Mar de Cristal beach in Cartagena - she was pulled from the water by bathers and both lifeguards and medics tried to resuscitate her without success.

Home bound

ALEJANDRO MAR-TINEZ, the Murcian iniured in the terror attacks in London will return to the region this week - he will make the 2,000-kilometre journey by car as he has been medically advised not to fly.

Seven SUVs

THE Local Police of Murcia recently invested € 300,000, adding seven SUVS to its mobile fleet which now boasts 77 cars, 53 motorbikes, 90 scooters. 31 vans, 19 SUVs and two electric mopeds.

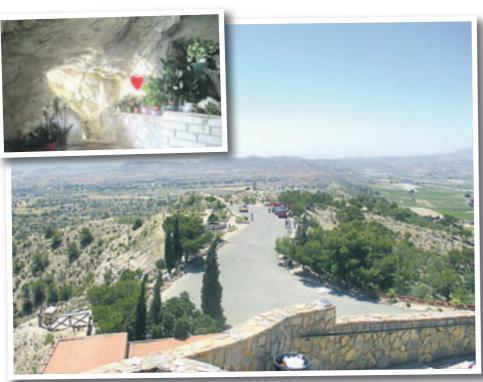
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TWO THOUSAND FOUR HUNDRED road signs will be replaced with new ones throughout Murcia over the next two years, costing €60,500 the new signs will be thermo-laquered and are designed to withstand the soaring temperatures of the summer season.

Rent fund

THE City Council of Mur*cia has set up a* € 420,000 fund to help low income families with their rent applications are now open and last year, 276 families benefited.





SAN PASCUAL: With stunning panoramic views.

Torrevieja Days Away

A BEAUTIFUL, hot Friday provided an ideal day for the last trip of the season of the Torrevieja U3A 'DaysAway' Group.

A number of members met up at San Luis and then headed off through the lovely countryside to the quaint, pretty village of Orito, from where they ascended to the unusual

flower bedecked cave-chapel of San Pascual, with its stunning panoramic views. After admiring the scenery and taking many photos they returned to the village itself for a typical, if not unusual, Menu del Dia, finishing the day off with drinks in a café-bar restaurant next to the pretty main square.



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HELP hosts Fashion Show raising €700

HELP Vega Baja volunteer, Wendy Thomas and her husband Geoff, kindly opened their home for the second year, to host a volunteer Fashion Show to raise funds for the charity.

Friends and volunteers were invited to come along and models wore clothes from the charity's shop in San Miguel, which were available to buy after the show, for a small donation.

A glass of bubbly and buffet was enjoyed before the models took to the catwalk.

President, Michele Masson expressed gratitude towards

Wendy and Geoff, for them being so generous in allowing the charity to take over their gar-

Volunteers were also thanked for their hard work in preparing for the event, to ensure it was successful. It was also an opportunity for all the volunteers to let their hair down.

Over €700 was raised on the day and this will be used for people who need support and there are plans to host another show, later in the year.

There has been an increase in the activity of the charity and the HELP Vega Baja committee are keen to welcome new volunteers, to join their team.

There are several areas to choose from, which include the charity shop, administration, advice desks at San Miguel, Torrevieja and La Marina, hospital visiting teams, 24-hour helpline and much more.

If anyone is interested and has a few hours to spare in the week, please contact Richard on 966 723 733 or email of fice@helpvegabaja.com or the charity's website www.helpveg abaja.com or Facebook page.



Los Parrandboleros on tour

THE NEW SOLIDARITY tour of the Murcian group Los Parrandboleros kicks off on June 22.

The tour will raise funds for programmes developed for asylum seekers and forms part of the activities organised by the Fundacion Cepaim to celebrate World Refugee Day on June 20.

"In Murcia, we are lucky to have the social involvement of people, associations and groups, who put their music at the disposal of those most in need," said Conchita Ruiz.



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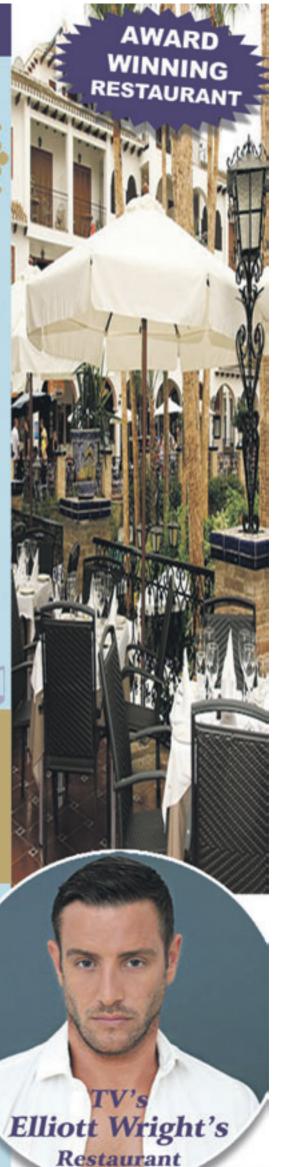
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Age Concern Costa Calida

THE volunteers will meet at the Social Centre, Camposol B at 12pm on the first Wednesday of every month.

There will be 'Talking shop' at the Social Centre, Camposol B from 1.30pm to 3.30pm on Wednesday July 5.

There are only a few tickets left for 'The Black and White Ball,' at Bar Sal overlooking the harbour in Puerto de Mazarron, which is on Wednesday, September 6.

Tickets are on sale at the Social Centre Camposol B on Wednesdays and Thursdays between 10.30am to 12.30pm at €17.50 per person. The 'Melodee Duo' will provide music for the evening.

The event includes a light

supper, offering a choice of fish or meat, which must be ordered when buying the tickets. For Puerto de Mazarron ticket enquiries, please phone 634 336 484

The Table Top Camposol B takes place on Friday July 28.

Finally, there will be a 'New Year's Day Swim 2018,' at Bahia Beach, Puerto de Mazarron. Sponsorship forms are available.

Age Concern is available on Wednesday and Thursday from 10am to 1pm and will be closed in August, but please contact for Enquiries 634 344 589, Events 634 336 484 and Equipment loan 634 306 927 from 10am to 4pm, Monday-Friday.

Numbers in the news 270,000 people in Spain live in squats.

The Almoradi Scrabble Club May news

ALMORADI Scrabble Club, welcomed in new members in May and Phil is the fifth male recruit, to enjoy playing a game of scrabble

This last month, the bonus word round was related to journeys. Chris won a bottle of wine by playing the highest scoring word 'jams,' which he managed to lay, making two triple word scores with the 's.'

'Jams' isn't something that they see a lot of in Spain, so journeys out here are somewhat

Congratulations go out to Karen for achieving the highest individual score of 392; in one

The next meeting will be on Tuesday June 27 at Cafebar Almoradi, congregating at 3pm for a 3.30pm start.

If anyone can rearrange the following letters to score a bonus word, it is worthwhile thinking about becoming a member: DLOEALW

For further details, contact Christine on 694 437 698.





Jaguars – a meeting with the tiger

THE Jaguar Enthusiast Club on the Costa Blanca always tries to do the best it can for its members, so they had something a bit different this time; Meet The Tiger.

Members, friends and invited guests gathered together on June 4, for a taste of Asia at the exquisite Taj Mahal Restaurant in Benimar, Benijofar.

The Taj Majal did not disappoint, as there were authentic recipes in a restaurant decorated to enhance the theme. They also handled special dietary requirements, including, gluten free selections and others were given specially prepared dishes to suit their particular requirements without any problems at all. The club sends out sincerest thanks to the Taj Mahal Restaurant.

The weather forecast was not supposed to be good, but the sun shone on the beautiful display of 'Big Cats' lined up in the car park. If there are any Jaguar owners, it's worth coming to visit the club for their next meeting, which is around the end of July.

At the Taj Mahal Restaurant, pre dining drinks were served on the terrace, providing a chance to meet some invited guests and four new people who were interested in becoming members.

A special thank you also goes out to Mike and Brenda who brought along six of their friends and two stunning Jaguars.

One of the members, Ian had devised a small quiz



MEET THE TIGER: Members enjoyed a taste of Asia.

with a 'bottle of bubbly' for the winner. The quiz was predominantly about Spain's famous landmarks and Spanish history and there were many who achieved some very high scores.

After a draw for first place David, Josie Robinson and friends took the first prize, well done! Chris Fox should get a very special mention, as he got a few questions wrong but compensated by providing a most humorous and entertaining set of answers.

The JEC in Spain is by far the largest Jaguar Club in Spain and is organised by Eric Arnold and Ian McMenemy. Eric can be contacted by email at jaguarspain@outlook.com or by phone on 609 931 647 or alternatively check out the JEC Spain website www.jec-spain.com.

The Events Director, Ian McMenemy can be contacted at McMenemy@JEC-

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HELP Vega Baja supports Alzheimer's



AFA: Matilde Sanchez and Purificacion Garcia receive a cheque from HELP.

Numbers in the news

€580,000 the average cost of a three-bedroom apartment in Santa Catalina, Palma.

WHEN the committee of HELP Vega Baja heard that AFA, Torrevieja were fundraising for a new bus they quickly took the decision to support the charity and offered a donation of €5.000.

President Michele Masson said "as a charity we are asked regularly to visit families who have someone struggling day after day with this awful condition. Being diagnosed or caring for a loved one with

port."

Purificación García Alvárez and Matilde Sánchez, received a cheque from HELP's Carole Jones and Michele Masson.

Alzheimer's can be extremely difficult, particularly when living far away from the rest of the family. For many years now, families have been referred to Alzheimer's. Torrevieja for their expertise and sup-



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NEWS FROM OUR FIVE OTHER EDITIONS

Demonstration against smuggling



By John Smith

SOME 3,000 people turned up with the mayor of La Linea de la Concepcion to protest about the lawlessness in the town caused by smug-

They were joined by the mayors of San Roque and Los Barrios as well as the national government's delegate in Andalucia as well as the Cadiz authority following the death of Local Police officer Victor Sanchez and the continued problems with drug smugglers in partic-

La Linea is an area which combines relative tranquillity with significant poverty and whilst it has always had an association with smuggling particularly because of the cheaper tobacco prices in Gibraltar, recently with the crackdown on sale of cigarettes on the Rock, drug smuggling has become more prevalent and

AXARQUÍA

Ocean appreciation

TO celebrate the Day of the Ocean, children from a school in La Herradura were treated to a lecture on the importance of the ocean. Following this, they were taken to the beach and aquarium.

Summer cleaning

THE council in Torre del Mar has been preparing for the summer tourist season by ensuring that the beaches are clean with working showers, In addition, the town has been cleaned up and street furniture repaired.

Lost and found

AN Almuñecar worker has been formally congratulated after finding a wallet containing €950 in the local botanical gardens and passing it to the Local Police. Credit cards will help identify the owner.

Motril centre

FOLLOWING complaints from traders who say their businesses are suffering Motril Council will hold an opinion poll over pedestrianisation of the town centre. It is argued that the decision to ban cars was not publicised.

Artistic licence

THE Nerja Council has agreed that eight painters and caricaturists will be granted licences to occupy the Balcon de Europa until October. They may be on site from 7pm to 1am each night.

Dock strike

MOTRIL docks stood silent as stevedores joined in the nationwide strike against the imposition of the new dock workers law. They want to keep their job protection but the EU is determined for

COSTA DEL SOL

Poop troop

THE new Local Police Delta Group in Benalmadena will patrol the streets ensuring that people comply with local laws, collecting dog waste for DNA testing. In addition, they will keep an eve out for litter louts.

Waste collection

DUE to the very narrow streets in Alhaurin el Grande, it is not always possible to site large rubbish containers. For this reason, the council is launching a pilot scheme for door to door collection.

Stone free

VISITORS to Malaga Cathedral had a scare when a large piece of stonework fell from the building onto the pavement below. There were no injuries, the area was cordoned off and the stone was removed.

Internet loss

MINDLESS vandals have cut the fibre optic cables outside of the President Adolfo Suárez library in Ronda cutting off internet connections. This is particularly irritating for students who use the terminals for exam revision.

Moped thief

OFFICERS of the National Police have arrested an individual in La Linea for stealing five mopeds. His plan was to break the mopeds down and sell the parts on the second hand market.

COSTA DE ALMERÍA

Active ageing

AFTER the success of Mojacar's Active Aging programme, similar concepts are set to be rolled out across Almeria. This is a series of activities to improve the mental and physical health of older residents.

Spanish astronaut

SPAIN'S first ever astronaut visited Almeria to attend the province's Sixth Astronomical Conference and receive an honorary doctorate from the University. The 54-yearold visited the International Space Station in

Hate crimes

HATE crimes increased in Almeria last year, bucking a nationwide trend that saw a general decline in attacks against minority groups. Though they rose, Almeria's figures of 15 are still low.

Summer sense

A SPECIAL plan is in place to protect residents across the province from the harmful effects of excessive temperatures this summer. The prevention plan will focus on some of Almeria's most vulnerable groups.

Miniature heaven

FOR food lovers across Almeria it doesn't get much better than World Tapas Day. The global celebration of miniature marvels takes place today in 55 local bars and restaurants and dozens of cities throughout Spain.

■ MALLORCA

Neo Nazis

FORMER porn actress turned singer, the German-born Mia Magma stopped her performance in Palma when audience members waved a German Imperial flag. The German crowd and the singer jeered those responsible who were ejected.

Fake claims

TWO Britons were arrested in Pollensa and charged with trying to recruit holidaymakers to make false sickness claims. It is assumed that they are working for a British company looking to earn compensation commission.

Safer drinking

LOCAL authorities have decided that uncontrolled 'booze cruises' are potentially dangerous to tourists. New laws will be introduced to license them as is done with bars, restaurants and nightclubs.

German louts

AFTER years of being declared Europe's worst young tourists, it appears that the British have lost their crown to the Germans, at least in Mallorca. Hundreds of loud, drunken Germans are being brought under control.

Roland Garros

SPANISH tennis champion Rafa Nadal beat Stan Wawrinka, who had triumphed over world number one Andy Murray to win the French Open for a 10th time. He trounced the third seed 6-2, 6-3, 6-1.

COSTA BLANCA NORTH

Going walkies

IBI Town Hall, after asking local residents to nominate sites for a dogsallowed park, received 10 proposals of which nine are viable according to the local Health department.

Root problem

RESPONDING to a request from the Guanyar party, Alcoy Council is seeking non-invasive substitutes for the plane trees whose roots are damaging pavements in the city

Loving son

THE regional government decorated seven San Vicente policemen who responded to an emergency call from a 90-year-old man whose schizophrenic son threatened to kill him with a kitchen knife

Staying put

THE Valencia Region's Justice Department does not intend building a new courthouse in Villena and will instead restore and rehabilitate the existing courts in Calle Sancho

More buses

THE 38 bus between San Vicente and San Juan hospital will run every 90 minutes during July and August, with the first bus departing at 8am and the last at 9.30pm



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SWEDEN

Best uni

LUND has been named Sweden's top university in the latest rankings and has been named 78th best in the world. The Royal Institute of Technology has also made the world's top 100 list coming in

Too drunk

A TOURIST filmed in Bulgaria kicking a cleaner in a hotel claims he was so drunk he doesn't remember the incident. The Swedish man has been remanded in custody awaiting trial.

Coastal clean up

A CLEAN UP operation has been



Sweden Lund University.

carried out along the Bohuslan coastline where some 8,000 cubic metres of rubbish washes up on the beaches each year.

It appears in the currents from the North Sea.

Turbine compensation

LOCALS affected by the noise and obstructed views from local wind farms will be compensated. They will be compensated over the next 25 years.

GERMANY

Counsellor stabbed

A RED CROSS mental health counsellor was stabbed to death in Saarbruecken by an asylum seeker who was receiving counselling. It is believed they got in an argument during a therapy session.

Troop move

GERMANY is to pull its troops out

of its Turkish air bases following a diplomatic row. It is believed the some 270 troops will be moved to Jordan.

Best driver

A BERLIN tram driver has been named the best in Europe.

The competition took place in Tenerife with teams from different countries taking part. Franka Sonntag won the competition for female drivers.

Global citizen

POP stars Shakira and Pharrell Williams are amongst the stars announced to take part in the first Global Citizen festival taking place in Hamburg

FRANCE

Third victim

IT has been confirmed that a third French citizen was a victim in the London terrorist attacks. The missing Frenchman's body was found in the River Thames.

Isolated attack

THE Notre Dame hammer attack has been named an 'isolated incident' by the authorities. The 40-year-old Algerian-born man is reported to have attacked a police officer shouting "this is for Syria."

Back with a bump

ASTRONAUT Thomas Pesquet has held his first press conference back on Earth after spending six months on the International Space Station. He said it was taking time to get used to gravity.

Pollution claim

A YOGA teacher is suing the state claiming she 'nearly died' when air pollution in Paris was so bad it triggered serious medical problems. The 56-year-old claims the state failed to protect her from air pollution.

BELGIUM



Irate passenger

A PASSENGER trying to board a Ryanair flight at Brussels airport has been criticised online after footage emerged of him being abusive and irate with an employee, leaving the woman in tears.

Joint agreement

BELGIUM has joined Germany and Denmark in pledging to increase the world's offshore wind capacity by five times in the next 10 years.

Growth forecasts

FORECASTS predict a growth of 1.6 per cent for the Belgian economy this year and next, according to the country's Planning Bureau.

Daesh threat

AN investigation has been launched by the Coordination Unit for Threat Analysis (OCAM) to assess how serious an alleged terror threat against Belgium is. The message advised Muslims to stay away from public places.

NETHERLANDS



Palace hotel

A FORMER palace is to be turned into a hotel and museum space. The top floor of the Soestdijk palace, will be turned into 14 rooms with an exhibition area on the ground floor. Work is estimated to last a decade

No to 24/7

PLANS to allow shops in Amsterdam to open 24 hours have been scrapped after just 17 shopkeepers applied to take part in the pilot scheme and most were tourist stores and fast food outlets.

Pricey burger

A DUTCH chef has made the record books for creating the world's most expensive burger. For around €2,000 it contains lobster, foie gras, Wagyu steak and 24k gold leaf.

Female protection

IT is now an offence to shout at or intimidate women on the streets of Rotterdam and those found guilty could be fined up to €4,100. Amsterdam has a similar by-law in

DENMARK



Something new

A CHAIN of Danish hostels are promoting sustainable eating habits by offering insects on its breakfast menu such as worms and grasshoppers. The food items have been developed for maximum nutritional benefits.

Behind bars

THE jetski driver who collided with a boat in Copenhagen's harbour, killing two people, has had his custodial sentence extended. He is charged with double manslaughter and recklessly endangering lives.

English care

COPENHAGEN is working to provide childcare for the expat community as it announces plans to open two English language day care centres for youngsters up to age six.

Climate change

THE climate council has claimed that Denmark's plans to reduce climate change are too easy and should set itself more ambitious targets as it can reach the target of reducing CO2 emissions by 2030 relatively easily.

Norway



Future fjords

A 42M all electric ferry will be introduced in Norway next year to navigate passengers through the famous fjords. It is already in the process of being built and is expected to be operational from April

New budget

THE government has agreed a revised national budget after two weeks of negotiations. The budget promises more funds for teachers, clearing pollution from the sea and improved safety at work

Cycling map

CYCLISTS are being asked to use an app to chart the route they cycle. The authorities will use the data to help find the best places to create new cycle lanes and improve the cycling infrastructure.

Police shooting

A MAN was shot in Bergen by police after threatening officers with weapons. The 36-year-old was taken to hospital to treat his gunshot wound but his condition was not critical.

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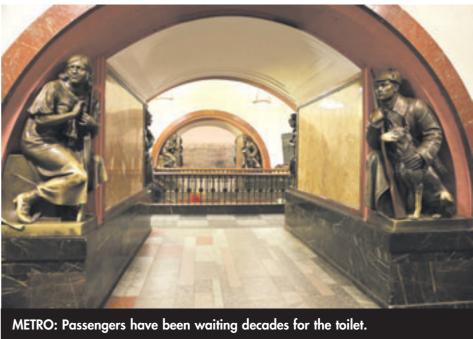
La Siesta Evangelical Church, Torrevieja, is looking for someone to play its Church Organ or Electric Piano

Our Church Services are held at 11.00 am every 2nd and 4th Sunday (and 5th Sunday, when this applies). We also have Services at 9.30 am on the 1st and 3rd Sundays of the month. In addition, Choir practice is held on Wednesday afternoons at 3.30 pm. You will be assured of a warm welcome.

If you are interested in becoming our Lead Organist or Pianist please contact Pastor Keith on 666 180 108 or just come along to one of our Services and introduce yourself. You will find La Siesta Evangelical Church on Urbanisation La Siesta, Torrevieja.

Find out more by going to our website: www.lasiestaevangelicalchurch.org

A major relief



■ AN extra 25 toilets will be dotted around Moscow's extensive Metro system. Desperate passengers will be able to pay for toilet access using their travel card. The first toilet appeared in 2015, 80 years after the world's fifth largest metro opened its doors.

Mystery colonel

■ A DRUNKEN Russian colonel was taken to a St Petersburg hospital for treatment. In Andrei Troshev's pockets were five million rubles cash (€80,000), \$5,000 in US dollars, and various maps of Syria. The Chechen war veteran has close ties to Wagner, a paramilitary group fighting in Syria.

Generation tech

■ POLITICAL candidates

are now allowed to advertise on Russian social network VKontakte.

Only candidates registered with the Central Election Commission will be permitted space on the internet behemoth, Russia's Facebook. Critics fear this restricts opposition candidates not registered with the commission from reaching voters.

Mammoth hotel

PLANS to build a mammoth skull-shaped hotel are causing a stir in the eastern Republic of Buryatia.

Blueprints for the ambitious project at Lake Baikal include tusks 100 metres long which will hold conference centres.

Buryatia president Alexey Tsydenov reckons the skull-shaped hotel will become a lucrative tourist attraction.

Black gold

■ A DEAL was struck between Russian and Iran to import 100,000 barrels of Iranian oil per day.

The countries forged a stronger partnership when Iranian president Rouhani visited Moscow in March.

He spoke with President Putin about establishing a free trade zone including Russia, Iran, Kazakhstan and Armenia.

Party massacre

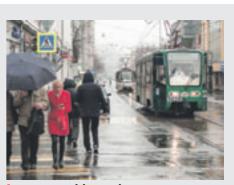
■ A DINNER party became a bloodbath when a 45-year-old electrician shot dead nine companions. Sergei Yegorov was drunk and outraged that guests didn't believe he was once a paratrooper. He left to fetch a rifle and returned screaming "Now I'll show you that I can shoot."

Missing summer

■ AN unusually cold start to Russia's summer was jokingly blamed on the Americans pulling out of the Paris climate accord.

Chilly temperatures are causing food prices to rise due to higher than expected transportation costs.

The Central Bank warned that a cold 2017 might even trigger higher inflation



CHILLY: Cold weather posing economic trouble.

is the release fee demanded by the brains behind JAFF, a new ransom ware spread by emails containing infected PDF documents.

SPECIAL SECTION // WWW.EWNBUSINESS.COM

Billionaire criticised for cancer donation

By John Smith

WHEN billionaire Amancio Ortega, decided to offer funds for the treatment of cancer, he probably didn't expect to receive so much criticism.

A new book being published in the USA suggests that the majority shareholder of Inditex - the Spanish fashion retail group - had a small tumour that had to be removed and this is what spurred him on to make the offer.

In Britain, hospitals are more than happy to accept donations €320 million

is the amount that the Amancio Ortega Foundation has made available to health authorities across Spain in the fight against cancer.

but already four health authorities around Spain have been criticised by their own employees for accepting donations estimated at €17 million each, with staff saying that health funding is the job of government not an individual.

One medical professional even went so far as to suggest that it would be more appropriate for Mr Ortega to spend his money making life better for his employees

and those producing his stock in Asia rather than meddling in what is a matter for the government to deal with.

His donations have been used to buy mammogram and radiography machinery as well as for investigation into the causes of can-

If this was a 'simple' illness, easily cured, the position of medical practitioners would be more easily understood say cancer charities, but any advance in treatment doesn't just help Spain but sufferers all over the world.

Liberbank suffers on stock exchange

SET up in 2011 a after the amalgamation of three savings banks, Liberbank which employs 4,850 has seen a drop in share

The sudden sale of Banco Popular seems to have caused a backlash for this supposedly vulnerable bank, with its shares dropping well below the €1 mark.

In a bid to show support for the bank, major shareholders have been purchasing the cheaper shares and are attempting to push the price back up as with assets of more than €38 billion and a 2016 profit of €128 million, they do not consider it to be a risky investment.

Ouote of the Week

The basis of the management model of the Popular Party in our Madrid community is debt," according to Podemos spokesperso Lorena Ruiz-Huerta.



APPLYING for a Movistar Money loan.

Telefonica to offer consumer loans

IN the UK, directory enquiry company 118 118 runs an unsecured loan business and now Spain's Telefonica is to do the same.

Movistar Money, is now to start offering loans from €600 to €3,000 in order to expand its sources of revenue and will initially market its services to customers who have obtained their mobile phones through the company finance division although once tested, they intend to expand the service to

a wider market.

Everything will be applied for, approved and distributed online without the need to provide any paper documentation and loans for periods of up to three years at interest rates in the region of 16.5 per cent, will if approved, be transferred to bank accounts within 48 hours

The company arranging the loan, Telefonica Consumer Finance, is part owned by Caixa Bank, one of Telefonica's largest shareholders.

» BUSINESS EXTRA

Against CETA

MADRID streets were taken over by hundreds of protestors demanding that the Spanish government should block the free trade deal between the EU and Canada. They believe that the Comprehensive Economic and Trade Agreement (CETA) will damage the Spanish econ-

Pound down

IMMEDIATELY following the news of a hung parliament, the pound slipped against the euro and the dollar. Conversely, shares in the FTSE 100 rose as larger companies benefit from a weak pound especially when repatriating foreign earnings.

IMF comment

THE International Monetary Fund has congratulated the European Central Bank on the speed of action to resolve the potential bankruptcy of Banco Popular. The sale to Santander, will it believes, bring stability to the Spanish and European



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Catalonian economy

DESPITE the fact that the Catalonian government plans to hold an Independence Referendum, the Spanish government has just approved loans of €5.3 billion until September.

Whilst much is made of the value of the Cat-

alonian economy and there is no doubt that industry there generates large amounts of income, the government there is not so healthy and needed €1.3 billion to cover the budget deficit and the balance for interest and to repay debts.

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COMPANY PRI	CE(P)	CHANGE(P)	% Снс.	NET VOL
3i Group PLC	928.00	-3.50	-0.38	94.45
Admiral Group PLC	2062.50	-6.00	-0.29	10.87
Anglo American PLC	1075.00	-6.50	-0.60	192.64
Antofagasta PLC	816.75	-7.50	-0.91	61.76
Ashtead Group PLC	1641.50	6.00	0.37	140.56
Associated British Foods PLC	2927.00	-14.00	-0.48	43.42
AstraZeneca PLC	5281.50	-56.00	-1.05	137.98
Aviva PLC	533.00	1.00	0.19	326.91
Babcock International Group	. 883.50	1.39	0.16	44.16
BAE Systems PLC	673.25	-3.50	-0.52	249.17
Barclays PLC	207.22		0.31	1,872.96
Barratt Developments PLC	574.25		-0.35	297.31
BHP Billiton PLC	1199.25		-0.70	278.60
BP PLC	470.32		0.56	1,930.61
British American Tobacco PLC			-1.79	347.76
British Land Co PLC	631.75		-0.16	226.09
BT Group PLC	297.03		0.88	1,617.05
Bunzl PLC	2401.50		-0.25	19.46
Burberry Group PLC	1741.00		-0.11	61.17
Carnival PLC	4969.50		-1.27	23.81
Centrica PLC	199.50		0.35	790.16
Coca-Cola HBC AG	2308.00		-0.90	13.65
Compass Group PLC	1654.00		-0.90	280.56
ConvaTec Group PLC	317.60		-1.89	218.48
CRH PLC	2854.50		-0.70	64.07
Croda International PLC	3919.00		-0.70	7.55
DCC PLC	7272.50		-0.61	1.77
Diageo PLC	2307.50		-0.80	238.37
Direct Line Insurance Group			-0.51	165.24
easyJet PLC	1332.50		0.23	75.88
Experian PLC	1614.00		-0.55	73.00
Fresnillo PLC			-2.26	
GKN PLC	1687.00 346.50			96.30
GlaxoSmithKline PLC			-0.03	116.65
	1686.75		-0.68	281.95
Glencore PLC Hammerson PLC	293.18		-0.59	1,624.20
	588.75		-0.17	64.00
Hargreaves Lansdown PLC	1377.50		-0.22	20.05
Hikma Pharmaceuticals PLC	1633.50		0.12	29.64
HSBC Holdings PLC	690.15		-0.81	1,548.74
Imperial Brands PLC	3570.00		0.20	125.86
Informa PLC	679.50		-0.22	55.37
InterContinental Hotels Gro	4407.50		-0.61	17.69
International Consolidated	586.75		0.26	175.38
Intertek Group PLC	4315.50		-0.74	7.73
Intu Properties PLC	265.65		0.04	73.30
ITV PLC	184.05		0.03	330.46
Johnson Matthey PLC	3006.00		0.77	56.19
Kingfisher PLC	312.50		0.81	477.04
Land Securities Group PLC	1058.50		-0.09	108.45
Legal & General Group PLC	257.20	-1.00	-0.39	498.45

COMPANY PRICE	CE(P)	CHANGE(P)	% Снд.	NET VOL
Lloyds Banking Group PLC	69.75	-0.27	-0.39	7,433.23
London Stock Exchange Grp	3434.50	-18.00	-0.52	13.31
Marks & Spencer Group PLC	360.15	0.10	0.03	171.20
Mediclinic International PLC	788.50	-7.50	-0.94	40.24
Merlin Entertainments PLC	504.75	0.00	0.00	57.81
Micro Focus International PLC	2438.00	-61.00	-2.44	27.94
Mondi PLC	2045.00	-14.00	-0.68	32.47
Morrison (Wm) Supermrkts	243.50	-0.87	-0.36	114.94
National Grid PLC	1014.75	-5.00	-0.49	315.03
Next PLC	4282.50	7.00	0.16	15.81
Old Mutual PLC	196.25	-1.00	-0.51	155.85
Paddy Power Betfair PLC	8390.00	-95.00	-1.12	10.25
Pearson PLC	712.75	-4.50	-0.63	42.14
Persimmon PLC	2372.00	-6.61	-0.28	118.56
Provident Financial PLC	2968.00	-11.00	-0.37	10.34
Prudential PLC	1782.25	-12.50	-0.70	218.09
Randgold Resources Ltd	7527.50	-80.00	-1.05	23.57
Reckitt Benckiser Group PLC	7881.50	-74.00	-0.93	53.65
RELX PLC	1686.50	-7.00	-0.41	121.62
Rentokil Initial PLC	278.30	-2.70	-0.96	142.53
Rio Tinto PLC	3242.25	-22.00	-0.67	152.57
Rolls-Royce Holdings PLC	902.75	-5.83	-0.64	337.61
Royal Bank of Scotland Grou	252.20	1.20	0.48	448.14
Royal Dutch Shell PLC	2161.75	10.00	0.46	490.81
Royal Mail PLC	435.75	-0.48	-0.11	81.99
RSA Insurance Group PLC	622.75	-2.50	-0.40	35.11
Sage Group (The) PLC	684.25	-13.00	-1.86	162.91
Sainsbury (J) PLC	264.70	-0.23	-0.09	218.15
Schroders PLC	3125.00	-15.00	-0.48	6.34
Scottish Mortgage Investmen	406.75	-11.13	-2.66	444.32
Severn Trent PLC	2482.00	-21.00	-0.84	37.47
Shire PLC	4322.25	-23.50	-0.54	78.71
Sky PLC	978.50	-2.00	-0.20	47.76
Smith & Nephew PLC	1341.50	-20.00	-1.47	166.70
Smiths Group PLC	1602.00	-13.00	-0.80	19.59
Smurfit Kappa Group PLC	2265.00	-8.99	-0.39	10.11
SSE PLC	1490.50	-4.72	-0.32	153.99
Standard Chartered PLC	787.35	7.10	0.91	907.91
Standard Life PLC	386.05	-2.10	-0.54	73.90
St James's Place PLC	1179.50	-5.00	-0.42	13.23
Taylor Wimpey PLC	178.55	1.07	0.60	618.92
Tesco PLC	181.97	1.20	0.66	779.72
TUI AG	1155.00	0.00	0.00	48.79
Unilever PLC	4293.25	-35.00	-0.81	126.85
United Utilities Group PLC	991.00	-2.50	-0.25	88.01
Vodafone Group PLC	222.78	1.75	0.79	4,361.31
Whitbread PLC	3998.00	14.00	0.35	31.88
Wolseley PLC	4880.50	-1.00	-0.02	18.51
Worldpay Group PLC	309.60		-1.05	79.73
WPP PLC	1665.50	-8.00	-0.48	238.55

Kleinwort Benson Elite PCC Ltd

Distributing Funds

Multi Asset Growth B EUR

EUR Fixed Income B Sterling Fixed Income B

Accumulating Funds	DEALING PRICE	Price Movement
GBP Currency B	£0.9835	£0.0001
EUR Currency B	€0.9611	€0.0001
Multi Asset Conservative B GBP	£1.1535	£0.0007
Multi Asset Conservative B EUR	€1.0800	€0.0004
Multi Asset Balanced B GBP	£1.2983	£0.0012
Multi Asset Balanced B EUR	€1.2042	€0.0007
Multi Asset Growth B GBP	£1.4328	£0.0025

Remaining Elite Fund prices available on request

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COMPANY	PRICE	CHANGE	%CHANGE	VOLUME
3M	206,930	+0,48%	0,990	123M
AMERICAN EXPRESS	80,3100	+0,45%	0,3600	71M
APPLE	148,980	-3,88%	-6,010	776M
BOEING CO	190,030	+0,05%	0,100	114M
CATERPILLAR	105,920	+0,87%	0,910	62M
CHEVRON	106,40	+2,31%	2,40	201M
CISCO SYSTEMS	31,370	-0,76%	-0,240	156M
COCA-COLA	45,32	+0,42%	0,19	193M
DU PONT(EI) DE NMR	82,9000	+1,51%	1,2300	71M
EXXON MOBIL	82,13	+1,87%	1,51	347M
GENERAL ELECTRIC	27,9400	+1,27%	0,3500	242M
GOLDMAN SACHS	222,44	+1,68%	3,68	87M
HOME DEPOT	152,9600	-0,35%	-0,5400	182M
IBM	154,10	+1,31%	2,00	144M
INTEL CORP	35,7100	-2,11%	-0,7700	168M
J.P.MORGAN CHASE	86,9600	+2,37%	2,0100	309M
JOHNSON & JOHNSON	131,5300	+0,75%	0,9800	354M
MC DONALD'S CORP	151,4800	+0,03%	0,0500	123M
MERCK AND CO. NEW	64,39	+1,88%	1,19	176M
MICROSOFT	70,320	-2,27%	-1,630	542M
NIKE	53,46	+0,49%	0,26	70M
PFIZER	32,7700	+3,21%	1,0200	195M
PROCTER AND GAMBLE	88,160	+0,35%	0,310	225M
TRAVELERS CIES	125,23	+1,17%	1,45	34M
UNITED TECHNOLOGIE	120,64	+0,58%	0,70	96M
UNITEDHEALTH GROUP	181,46	-0,13%	-0,23	174M
VERIZON COMMS	46,72	+1,15%	0,53	190M
VISA	94,56	-1,59%	-1,53	174M
WAL-MART STORES	79,4200	+0,62%	0,4900	239M
WALT DISNEY CO	105,6200	+1,25%	1,3000	165M

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Movement

€0.9546 €0.0005

£0.9524£0.0014

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
ATA Inc.	\$ 4.89	0.91 ▲ 22.86%
Ascena Retail Group, Inc.	\$ 2.20	0.385 ▲ 21.21%
Layne Christensen Company	\$ 8.85	1.26 ▲ 16.60%
Washington Federal, Inc.	\$ 17.35	1.87 ▲ 12.08%
Ovid Therapeutics Inc.	\$ 13.84	1.40 ▲ 11.25%
Egalet Corporation	\$ 2.62	0.24 ▲ 10.08%
Golden Ocean Group Limited	\$ 6.25	0.56 ▲ 9.84%
Sterling Construction Company Inc	\$ 10.92	0.81 ▲ 8.01%
Presbia PLC	\$ 2.98	0.22 ▲ 7.97%
Urban Outfitters, Inc.	\$ 17.62	1.27 ▲ 7.77%
NovoCure Limited	\$ 15.30	1.10 ▲ 7.75%
Most Declined		
XBiotech Inc.	\$ 3.20	6.22 ▼ 66.03%
Endo International plc	\$ 11.49	2.29 ▼ 16.62%
Impinj, Inc.	\$ 42.64	6.50 ▼ 13.23%
Ultra Clean Holdings, Inc.	\$ 22.88	3 ▼ 11.59%
Applied Optoelectronics, Inc.	\$ 64.71	8.43 ▼ 11.53%
Five9, Inc.	\$ 21.57	2.78 ▼ 11.42%
Ichor Holdings	\$ 24.73	3.15 ▼ 11.30%
Mazor Robotics Ltd.	\$ 30.59	3.08 ▼ 9.15%
Coherus BioSciences, Inc.	\$ 20.65	2.05 ▼ 9.03%
Mesoblast Limited	\$ 8.10	0.77 ▼ 8.68%
Brooks Automation, Inc.	\$ 27.05	2.55 ▼ 8.61%



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*Pees and exchange race data for panks seem from the international Money Transfer Index** (IMTI*).

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Worthless money!

Old British fivers now out of circulation

MORE than £150 million (€177m) in old British five pound notes officially withdrawn from circulation have still not been handed in

Some of the old fivers now worthless when shopping are undoubtedly still held by British expats living in Spain, according to one banking source.

"We are not exchanging the notes here as they are no longer officially legal tender" the Costa del Sol based money man said.

However, he claimed that some of the old-style cotton-paper notes not handed in before the final deadline ahead of the more modern and new notes will still be in wallets and travel bags used only by expatriates when travelling back to the UK.

"We all do it, putting notes aside when we return from a trip to the UK, and we only look at the money when we next travel. In some cases the trips can be a year apart meaning many expats probably have some - and perhaps in certain cases many worthless fivers in wallets and purses used when travelling."

The Bank of England in London is legally obliged to encash the old notes - taken out of circulation from midnight Friday May 5 - when handed over the counter in person.

Expats not travelling to the UK can post the old five pound notes directly to the Bank of England.

But when posted this action is done at 'sender's risk.'

If the amount of old fivers is viewed as large, identification may also be sought.

Additionally banks, building societies as well as post offices



Hoping to exchange old £5 notes.

throughout the UK are still accepting them, but only in person, with many seeking an explanation as to the source and reason they were not handed in before they went out of circulation.

There are even online companies who will purchase these and other withdrawn notes at 92 per cent of face value.

Chinese emporiums investigated by tax office

THE Spanish Tax Agency is targeting Chinese-owned companies in Spain which it suspects may be importing or selling goods without paying

More than 300 officials have been tasked with visiting 60 warehouses of wholesalers in 11 different provinces including Elche and Madrid in order to audit books and identify possible evasion.

This is one of a number of regular investigations into Chinese entrepreneurs who have opened wholesale operations and shops in numerous towns and cities throughout Spain thanks to earlier financial incentives from the gov-

Similar actions have taken place in recent years and resulted in the discovery that up to €100 million of unpaid or evaded tax existed.

BANCO POPULAR SOLD FOR €1 The story behind the sale

IN what was something of a surprise announcement, Banco Santander Group Executive Chairman, Ana Botín announced that the Bank had paid €1 for Banco Popular.

According to her, this now makes Santander the largest bank in Spain and one of the largest in the world although existing shareholders in Popular are likely to lose their entire investment.

The acquisition was completed following an auction conducted by the Single Resolution Board and FROB in which Santander was selected as the successful bidder, paying a notional consideration of $\in 1$.

As part of the transaction Santander will complete a rights issue for a total amount of €7 billion in order to cover provisions in Popular's balance sheet caused in the main by bad property debts.

It is reported that quite substantial investments in the failing Banks had been made from South America recently and these investors together with an estimated 300,000 disap-



Ana Botin announcing the Banco **Popular** takeover.

> EWN online

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pointed shareholders will only be offered the opportunity to have preferential rights to purchase new Santander shares although there are rumours of legal action.

The Governor of the Bank of Spain Luis Linde declined to make any statement about Banco Popular when he appeared before a Senate Budget Committee saying that he was unprepared for the question and Ana Botin reportedly denied that Santander had been put under any government pressure to take over Popular.

Popular will be brought under the Santander umbrella in Spain and Santander Totta in Portugal and the combined operation will promote vital SME lending - loans to small and medium sized companies - in Spain fuelled by the recovery of the economy and expects to hold 25 per cent of the entire market.

Although there will be the need to write down part of the value of the Popular balance sheet. Santander expects to reduce the number of bad debts and properties quickly so that it forecasts a return on investment of 13 to 14 per cent by 2020 and an overall cost reduction of €500 million by the same year.

The combined entity will be led by the current management team of Santander Spain with Rami Aboukhair as CEO.

"We welcome Banco Popular customers as part of the Santander Group and will work hard to continue serving them at the highest standards through the transition and beyond" said Ana Botin when making the announcement of the

Gibraltar's cybersecurity

IT is particularly appropriate that following the massive disruption by the Wannacry hacking that Gibraltar should have hosted its first Cybersecurity conference.

Organised in association with the Royal Gibraltar Police, this event was particularly important to hold in Gibraltar with its many internet betting companies and new tenants in the recently opened World Trade Centre, all of whom are potentially vulnerable to dis-

Expert speakers arrived on board the Sunborn Yacht Hotel to warn delegates about the dangers of cyberattack and the way to protect their companies.

Later in the day, the event was opened to the general public and their families in order to pass on tips and advice to consumers who can also be vulnerable to cyberinfection.

SPANISH COMPANY FIGHTS FOR ITS LIFE

Fallout from Banco Popular sale

JUST one year away from the 160th anniversary of its founding, industrial company Duro Felguera must be wondering if it will last that long.

Shares in the company which specialises in the implementation of turnkey projects for the energy and industrial sectors, as well as the manufacturing of goods lost 26 per cent in one day, following the sale of Banco Popular to Banco Santander and in four years its value has fallen by €800 million.

The problem for the company is that it has very large borrowings which it is having difficulty in refinancing, so shareholders fear that now with a worth of less than €100 million that it could fail or could be vulnerable to an aggressive take-over.

This company faces a typical dilemma as it appears to be quite adept at obtaining new business but it is burdened with so much accumulated debt that





President of Duro Felguera, Angel Suárez.

it may find the rush to sell its shares may either bring it down or frighten off new po-

The fact that shareholders in Banco Popular may receive next to nothing for their shares after acquisition of the bank by Santander for €1 is driving small investors to desert this and other vulnerable companies following what is being called 'Black Wednesday' in the Spanish fi-

2012 tax concession unlawful

ALTHOUGH it will not affect retrospectively anyone who took advantage of the 2012 Spanish tax amnesty, the Constitutional Court has upheld complaints that it was unconstitutional.

The matter was laid before the court by some 50 delegates of the PSOE political party who argued that it was an abuse of the constitution to allow some high earning tax payers to pay just 10 per cent of outstanding tax over €100,000.

According to the complainants, those who were honest and paid their taxes in accordance with the law paid far more than those who had hidden their income and then simply declared it when the discounted offer was made.

Current Minister of Finance Cristóbal Montoro was cited as being responsible for the introduction of this unconstitutional offer although the government argued that this was a way of collecting additional income which it might never have re-

The court however considered that it would have been better to use the law to beat tax dodgers, rather than encourage them to benefit from their deception.

Losing mental capacity whilst living abroad



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attorneys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both ju-



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Beds and laying in them comes to mind!

LEAPY LEE SAYS IT OTHERS THINK IT



I WOULD have loved to have been a politician. Of course, when I was a young man, those who aspired to these lofty positions were deemed untouchables; people who came from some planet of intellectual hierarchy that was far beyond the reach of mere mortals.

Therefore very few of us who came from somewhat humbler backgrounds, ever dreamed that it may be possible to attain any sort of success in these areas.

Well, after the recent performance of Ms May and her scurrying, utterly browbeaten 'Yes Minister' minions. I'm now convinced that even I could have stood a good chance of occupying the portals of Number Ten!

In fact a large number of this column's perusers would probably have a good chance as well. The utterly naive, egotistical mis-calculation of the public's intelligence by the May



brigade simply beggars belief. Three weeks ago I voiced my concerns about her manifesto content and method of campaigning. Well, almost unbelievably, it actually managed to get worse

Even her post-election address outside Number Ten was atrocious. Almost in denial of the unmitigated disaster her arrogance (or ignorance) had led her party into, she spoke as

though there had actually been no election at all and nothing had changed. Well, as strange as it may seem, I personally think that in the circumstances it was a great result. May got her ego quite rightly kicked

The fishy Kranke from Scotland realised that screaming freedom at every opportunity doesn't exactly endear herself to all of our north of the border friends. Salmond has now finally sunk beneath the rivers of obscurity and, despite his young supporters fanatical attempts to make sure they had no country for their own children to grow up in, Corbyn and his Union bully boys (hopefully!) won't be photographed grinning from the steps of Number Ten.

All in all a pretty good result and firm kick up the backside for all our

so-called leaders, who most certainly don't originate from that distant planet I mentioned, nor do they live in the non-mortal bubble they all seem to think they do.

And what a chance for this ol' boy's column to Phoenix itself up from the morass of baleful boredom we seem to have been sinking into of late. Particularly with the emergence of the DUP party.

This party, founded by para military supporters, is led by a woman who has been declared sexist, wants a soft Brexit and denies climate change. It also dislikes women's rights and is anti-abortion and gay marriage. And they are offering to be the new 'stabilisers' of British politics!

Well, good luck with all that Ms May. Beds and laying in them comes to mind! Lots of fun and frolics coming up folks. Enjoy your week. Keep that mail coming. Thanks for all your votes, they don't go unnoticed! And whatever va do, always.

> Keep the faith Love Leapy. leapylee2002@gmail.com



Exterminate! robots - How soon will they replace British jobs post-Brexit?



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist To comment on any of the issues raised in her col umn. ao to www.euroweeklvnews.com/3.0.15/no-

NEWS that the next likely governor of California is preparing for battle against Silicon Valley's job-killing robots shouldn't come as any surprise.

After all, 60,000 workers in a Chinese factory owned by the manufacturer of the iPhone have already been replaced. But what about British jobs potentially lost to robots post-Brexit, that's the million-dollar question.

After all, we already have the first 'affordable' household robot. With its big blue eyes and saccharine voice, this toddler-sized machine called Zenbo is billed as a friend for children, a personal assistant to parents and a carer for the el-



derly. All for less than the cost of a new iPhone.

There's no getting away from the fact that the age of the robot is already here. It's just a question of how many there'll be and how quickly they'll replace humans. (But hang on! Don't they already run the civil service, the public sector - and

When I discussed this Zenbo robot with a friend, she asked would it make a cup of tea, wash up, make the beds, get her kids off to school, iron,

hoover without knocking chunks off the furniture and trim her daughter's pony's hooves? No? Then, next to useless! And as for buying one to care for an elderly relative, she couldn't see that catching on unless Social Services are salami-sliced to death. Even more slashed to the bone.

But just to add some facts. We already have robots in numerous essential areas like medicine. They assist surgeons and do a better job of surgery than anyone could do on his

own, so horses' hooves would be a doddle. Not sure about psychiatry and how robots could help there, though.

Which reminds me of an old joke. A man goes to a psychiatrist to complain that the song 'Delilah' keeps going through his head and he can't sleep or work. The psychiatrist tells him he has the 'Tom Jones Syndrome.' The patient then asks: 'Is it common?' To which the psychiatrist replies: 'It's not unusual.'

Very soon, robots won't be that unusual either...

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code'(www.nora-johnson.net)available from Amazon in paperback/eBook ($\leq 0.99; \pm 0.99$) and iBookstore. All profits to Costa del Sol Cudeca cancer

THURSDAY THOUGHTS

Isn't it a bit scary?

IN my defence, I really didn't know.

You see someone asked me who I thought was the wickedest soap opera character ever. Unfortunately, I don't watch soaps, so, like an idiot - which in this context I am - I said the first name that came into my head. Ena Sharples.

As stunned silences go, it was up there with the best of them. I can understand it and I can understand the resulting ridicule. I've since checked, Ena Sharples left Coronation Street in the spring of 1980! Oops.

Maybe my ignorance shouldn't be such a big deal, but today, with wall-to-wall soap operas and reality shows throughout the day and night, it inevitably is.

Just look at how the lives of a Kardashian or two fascinate audiences. Unfortunately, I still haven't passed my GCSE in Kardashianology so don't have a clue what they do to be so famous; does one of them play in goal for St Mirren? No of course not, everyone knows their goalkeeper is Billy O'Brien.

There are people worse than I am though. I knew someone who thought Taylor Swift was an express delivery company. Silly, everyone knows he's a singer.

Today celebrities are all over the place, in jungles, on dance floors or, a new one, potentially washing dinner guests' dishes. We can't escape them - just look at the daily diet of models, actors and sports stars that fill our newspapers.

That brings me to the point - well maybe not a point, just an excuse for this nonsense - so many people are obsessed with celebrities, they mimic what they say and look up to them as role models. Isn't it a bit scary? Hasta la vista baby!

Readers interested in submitting articles for this guest column should send articles of 3-400 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

A holiday without your pet is not a real holiday

MAYBE you are thinking about visiting your country this summer taking your cat or dog away with you. If this is the case you should check if the PET passport is due and if your insurance extends abroad (in some cases, cover for travel abroad could be an add-on to your existing policy that you need to apply for separately).

When you travel in Europe, the requirements will not vary much from one country to another. In both the European Union and most other countries, the Pet Trave Scheme is unified.

This document is valid for dogs, cats and ferrets and contains the animal's whole health history and all its identifying data and also those that refer to the owner. The Passport must be processed through a veterinarian. It must be taken into account that, in a generalised way, travel is not allowed with animals under three

If you are one of those who likes the option of travelling by car, whether near or far, here are some tips to make the road more than comfortable to your most loyal friend:

1. Keep your pets safe and secure in a wellventilated carrier. There are a variety of wire mesh, hard plastic and soft-sided carriers available. Whatever you choose, make sure it is large enough for your pet to stand, sit, lie down and turn around in. It would be good to get your pet used to the carrier in the comfort of your home before your trip. And please be sure to always



LOYAL FRIEND: Keep your pets safe and secure in a well-ventilated carrier.

secure the crate so it won't slide or shift in the

- 2. Your pet's travel-feeding schedule should start with a light meal three to four hours prior to departure. Don't feed your pet in a moving vehicle - even if it is a long drive.
- 3. Never leave your animal alone in a parked vehicle. On a hot day, even with the windows open, a parked automobile can become a

furnace in no time, and heatstroke can develop. In cold weather, a car can act as a refrigerator, holding in the cold and causing the animal to

4. What's in your pet's travelling kit? In addition to travel papers, food, bowl, leash, a waste scoop, plastic bags, grooming supplies, medication and a pet first-aid kit, pack a favourite toy or pillow to give your pet a sense of familiarity.

- 5. Make sure your pet has a microchip for identification and wears a collar with a tag imprinted with your home address, as well as a temporary travel tag with your cell phone, destination phone number and any other relevant contact information
- 6. Don't allow your pet to ride with his head outside the window. He could be injured by flying objects. And please keep him in the back seat in his crate or with a harness attached to a seat buckle.
- 7. Opt for bottled water or tap water stored in plastic bottles. Drinking water from an area he's not used to could result in tummy upset for

In any case, you must consider that there are many different pet insurance policies on the market, but Liberty Seguros is the only company that offers the best possible cover across the European Union at an affordable price, leaving you with total peace of mind knowing that your pet is covered against accidents and illness as well as public liability, telephone assistance, a stay in kennels/cattery if the owner is in hospital, help with expenses for finding your pet when lost and much more!

Liberty Seguros can be contacted by telephone on 913 422 549 for the name of your nearest broker or agent, or visit www.libertyex patriates.es for more information on all the insurances they offer.

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An exclusive interview

Today Michel Euesden, Managing Director went along to Oakland Furniture to meet and interview Steve Day, Managing Director of Oak Land Furniture Spain.

The Euro Weekly News were delighted to be able to get the interview as Steve is not well-known to hold them and doesn't like the limelight, so it was certainly an exclusive scoop for the coast's number one expat newspaper.

■ MICHEL:

Well Steve, here we are at your San Pedro store and I must say it looks magnificent with such a large choice not only of solid oak furniture but also wonderful sofas too. Firstly I would like to say thank you for allowing us this interview as I understand you don't like publicity and interviews. May I firstly ask as it's intriguing why is that?

■ STEVE:

Ha ha, straight to the point as always Michel, wouldn't expect any more from you, but that's why I enjoy my team working alongside the EWN Media Group as it does exactly what it says it's going to do. You have a fantastic group of newspapers here in Spain.

MICHEL:

Thanks for the compliment Steve but you haven't answered my question and this is only my first one!

■ STEVE:

I guess I'm quite a shy person deep down but it's more than that, the business is not about me, it's all about the furniture and my great team of employees, without both of those the business wouldn't achieve what it does. I often wish wardrobes could talk as they and other items are the real success of the business!

At the end of the day if you haven't got a quality product then there's no longevity to your business, rather like your newspaper hey Michel! If you printed rubbish people wouldn't read your newspaper, but as we know you deliver a great read and that's why you have been on the coast for so many years! It's the same for my furniture, we deliver a full USP, 100 per cent solid oak throughout the product, building a product that will last the client a lifetime. It's not about me, it's about the furniture and so I like to sit in the background and allow the furniture to stand out and do the talking, customers can come in store and see the quality of the product and it stands out.

On the shop floor our ethos is the furniture sings out and the store staff just answer questions and explain procedures, we don't employ sales people in effect as the aim is to build the highest quality and designs that stands out.

MICHEL:

Steve, whilst we are not here to talk about my newspapers thank you again for the compliment, but yes we carry that same ethos within our business. Now can we stick to the questions without the swing back to me!

So obviously all this lovely furniture

The cuts of wood we use to manufacture the furniture are of the highest quality.

in store, who designs it all and where does it actually come from?

STEVE:

Well as you can see the cuts of wood that we use to manufacture the furniture are of the highest quality, the wood itself comes North America from substantial forests complying with all strict EU timber regulations.

We use the highest grade which is North American white oak grade 1 on all the natural oak finished ranges. These are the cleanest cuts with the least knots if any and the most beautiful grains. With our rustic oak finishes we use grade 2 as we want the slight blemishes and knots to create the rustic look.

Anyway the logs are sent to our factories in both China and Vietnam where 90 per cent of the world's oak furniture is produced, the factories work to our designs and produce the furniture en masse to ensure the manufacturing process is economical to be able to offer our low retail prices. So for instance we do a production run of double wardrobes and then ship 40 foot sea containers to the warehouse in Swindon of double wardrobes, Swindon warehouse receives on a daily basis around 35-40 containers per day, every day six days a week.

The designs of our furniture are all exclusive to us and design protected and are all actually designed in-house by ourselves which I feel we are very good at, but this also saves huge designer fees to which again we pass on the savings to our customers.

Designer fees are very large in the industry we are in, so as we all have an eye for design we make some great savings.

■ MICHEL:

So Steve do you go to the Far East yourself to the factories and what's it like there if so?

■ STEVE:

In the early days of the business, the answer is yes, I probably spent 50 per cent of the year there, you had to as we had to train factories how we expected our furniture quality to be produced. I lived in Dalian which is north China, where the majority of factories are, as

well as Qingdao, China. Whilst huge it is strange as different products are manufactured in different regions, although we did get down to Shanghai and Beijing many times.

North China is beautiful and not how you would imagine, lovely coast line, great sea food and clean air! Over the last few years China has changed so much, I remember the first ever trip back in 2001 and as myself and my travel companion went down for breakfast we didn't like the look of the food as it was quite extreme to say the least, so we decided to stick with what looked hard boiled eggs, the waiter brought them over in a basket with a pair of chopsticks, we knocked the top off the egg to discover the chop sticks were for eating the chick!

Thankfully as the years have gone by and the country has become more modern, better food is now more available!

I don't go as much now as all the production is built up and as the business has grown Quality Control teams are now in place.

Vietnam we also use too, they have caught up with the supply market and chain and do a fantastic job as well. In fact in furniture making terms they are now more competitive and trips there are enjoyable, but again less frequent as QC teams on the ground.

Lovely places to visit but now I focus my main time here in Spain in the sunshine as we have a lot of work to do as we progress through Spain, Portugal and France.



MICHEL:

Yes Steve I saw on your website that delivery options are available to Portugal and France too, was that planned?

FEAT

■ STEVE:

In truth no, it wasn't in the initial plans but when we launched in Spain some eight months ago now, lots of inquiries came in via the website requesting it and so we set up the delivery infrastructure to incorporate the ex- pats in those countries as well. No point turning away valued business!

MICHEL:

You haven't hung around there then Steve, so what was the initial plan and why Spain?

■ STEVE:

At my age I don't have time to hang around these days Michel! If I was as young as you maybe I would have more time!

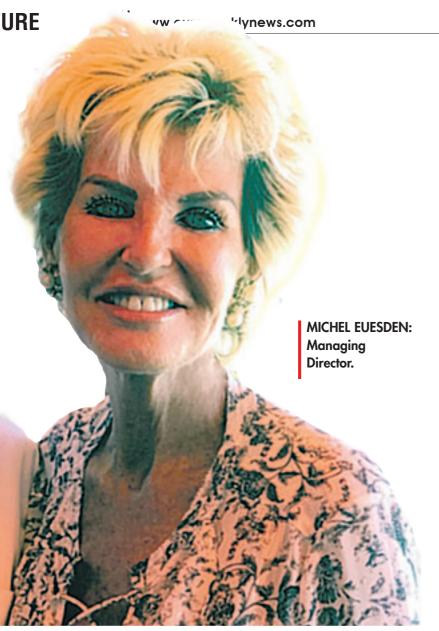
MICHEL:

For someone who claims to be shy you are a bit of a charmer that's for sure! Now back to the question why Spain?

■ STEVE:

Firstly I have always loved Spain and it was a good excuse to move here, but more importantly we could see the potential, we had customers on a weekly basis inquiring in the UK operation if we delivered to Spain. At the time we didn't and customers were paying a small fortune to ship the furniture over themselves. So clearly there was a market opportunity and a service to provide. Customers obviously know our





product and brands so in realistic terms it made sense.

MICHEL:

Many people reading this could be thinking about starting a business here themselves, how did you find it to the UK and how different is it?

■ STEVE:

Patience is required for starters and a few deep breaths at times! But overall it's rather much the same although trading patterns are very different to the UK, the main reason being that the expat market is very spread out along the coast in the main. So we get less people to the showroom and more through the website. As the ex- pat knows our brands and products from the UK and of course see the UK adverts on TV here in Spain, we had to build the infrastructure internally to cover all options to enable us to deliver further distances from our Malagabased warehouse. For instance delivery vans at home go out for a day's work but here in Spain they can go out for a week's work.

It took a lot of planning and selecting the correct delivery teams was important too. Yes of course we have the product but we have to back the product up with the service.

MICHEL:

Yes I agree, the customer should always receive good service, I've taken a look at the reviews on your website and see that you have a 9.8 five star rating on the independent review website Trust Pilot, that's very very impressive!

I'm sorry it's not impressive enough, it should be 10.10 in my book, but we will achieve it. Yes it's a great score because we work so hard to deliver the full customer service at all



We have launched a website in Spanish for the Spanish nation.

times, but I always believe there's room to improve. Everything is about the customer within our company. As we cover so many thousands of miles on delivery routes so our customers can enjoy the benefits of our furniture, we have to strive hard and we do with a great delivery infrastructure, as well as fantastic communication channels from the team to the customer.

MICHEL:

So Steve simple question, what's your biggest frustration?

STEVE:

Honestly, foot flow to the store, yes I know that the trading patterns are different here in Spain, but I still can't get my head around it totally, yes I get it's a modern world and people use the Internet and website, I get they know our quality product and brand but it still frustrates me, that's probably because I'm used to large store foot flows. The Store Manager Nik probably holds the largest conversion rate ever because everyone who comes to the store purchases in the main as they have already done their homework via the web. I guess I'm just an old-fashioned retailer but I will always find it strange that a customer will order say from Mijas on the web when the store's only 15 minutes away. I guess it doesn't really make any difference to us, but we do like to show off our fantastic products and showroom. Just a personal frustration really, just an age thing I guess!

MICHEL:

Okay that's your frustrations, but do you have a pet hate?

I try not to have them as it's never

■ STEVE:

are a few. Advertising reps calling the store phone number has always been one for 30-odd years now. The phone line is for our customers to inquire about furniture not a free tool for advertising reps who can't be bothered to call in store and show what they have

It does really wind me up this especially as the phone line could be engaged whilst a customer is trying to get through. I can't believe advertising reps can't see it's annoying and reduces their chances of obtaining

I have to say we don't get it too bad here as we have carefully selected our media partners like yourself Michel but it's a pet hate of many years. Calls have dropped in recent years but at the same time spam emails have gone up which are just as bad. I believe if you have something decent to offer go out and demonstrate and sell

MICHEL:

So with the showroom open in San Pedro, the website clearly fully operational and the delivery structure all in place with deliveries basically going out on a weekly basis across Europe to what appears rapid rate, what's

STEVE:

The first thing is always to both maintain and improve where possible standards and customer service. You have to establish a solid foundation to ensure when you do further expand you are ready for it and that it doesn't affect current business and customers.

We have though launched a website in full Spanish for the Spanish nation, we love Spanish people, their way of life and thank them for allowing us to bring our business to their country. At the same time I

hope they will enjoy and take advantage of our great product ranges and quality furniture. The website is www.oaklandmuebles.com.

We have employed recently the lovely Lola Lopez to work both at the showroom and operate the Spanish website. It's a very important project for me at present.

We also have as many customers know a superb choice of sofas at the finest low prices so we have also added www.sofastorespain.com.

MICHEL:

Another store Steve?

■ STEVE:

Yes for sure, the next one will be in the Costa Blanca somewhere in 2018 I would imagine, but it may change route dependent on how the Spanish website performs. Things never go to plan so it's a matter of how it all unfolds, maybe your readers could tell us if they want a store in Costa Blanca, if they do they can let me know by emailing info@oaklandfurnitures pain.com.

MICHEL:

Steve it's been an absolute pleasure to meet you today and thank you so much for the interview. I know you don't like doing them so it's an honour for us at the Euro Weekly News to have one. Thanks again and I'll leave you to get on with your work as I see the email inbox on your computer is filling up. Thanks again Steve.

■ STEVE:

Never an issue for you Michel and thank you for the amazing services you provide to Oak Land Furniture **Spain.** Shall we go for a pint now? All this talking has made me thirsty in



OAK LAND FURNITURE



www.oaklandfurniturespain.com

Emergency Rescue

Bake Off Crème de

Down Under

Bargain Hunt

Yes Chef

la Crème

10:00am Victoria Derbyshire

12:00pm BBC Newsroom Live

Red Rock

Family Finders

Soap opera based

around a busy

Dublin Garda

Nature's Weirdest

Operation Iceberg

Antiques Road Trip

Great British Menu

Britain's Greatest

Dara and Ed's Road

to Mandalay

station.

Red Rock

Events

Eggheads

Springwatch

Springwatch

Invention

11:00pm Mock the Week

Horizon

11:30pm Newsnight

12:15am Cricket

2:00pm Two Tribes

7:00am

7:30am

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3:15pm

4:00pm

4:45pm

5:15pm

6:15pm

7:00pm

7:30pm

8:00pm

8:30pm

1:05am

2:05am

7:00am Breakfast

10:15am Crimewatch

11:00am Homes Under the

12:00pm Secret Life of the

12:45pm The Housing

1:15pm Bargain Hunt

2:45pm Doctors

2:30pm BBC London News

Impossible

Country

Yes Chef

Pointless

7:30pm BBC London News

Escape to the

Street Auction

BBC News at Six

The One Show

Kat and Alfie

FastEnders

Redwater

10:00pm DIY SOS The Big

Ruild

11:00pm BBC News at Ten

11:30pm BBC London News

11:45pm Question Time

12:45am This Week

1:35am BBC News

1:30am

2:00pm

3:15pm

4:00pm

4:45pm

5:30pm

6:15pm

7:00pm

8:00pm

8:30pm

Hammer

Hospital Bed

BBC News at One

BBGONE

BBGTWO

8:00pm

8:30pm

100 Days+

BBC Cardiff Singer

of the World 2017

The search continues

for the world's next

more young singers

become BBC Cardiff

Singer of the World.

Enchanted Islands

Between the 1920s

and the 1960s the

sent vast military-

style expeditions to

conquer the peaks

of the Himalayas,

head.

12:00am Inside God's

12:30am Planet Oil

After

1:30am

2:30am

3:30am

4:30am

with Everest at their

Observatory: A Sky

Agnetha: Abba and

ABBA at the BBC

Enchanted Islands

Japan: Earth's

This is BBC Four

at Night Special

world's great powers

opera star as five

compete to be

10:00pm Japan: Earth's

11:00pm Time Shift

BBGFOUR CHANNEL 4.

Countdown

Will and Grace

Will and Grace

Everybody Loves

Everybody Loves

Nightmares USA

Channel 4 News

Couples Come Dine

Posh Pawnbrokers

A Place in the Sun:

Come Dine with Me

Raymond

Raymond

Frasier

11:05am Ramsay's Kitchen

12:00pm A Place in the Sun:

Winter Sun

with Me

Countdown

Winter Sun

Four in a Bed

The Simpsons

Channel 4 News

Hollvoaks

11:00pm Battling the Bailiffs

Minute

12:00am One Born Every

9:00pm The Supervet

10:00pm Wife Swap

Fifteen to One

7:00am

7:45am

8:10am

8:35am

9:00am

9:35am

1:00pm

1:05pm

2:05pm

3:10pm

4:00nm

5:00pm

6:00pm

6:30pm

7:00pm

7:30pm

8:00pm

10:05am Frasier

10:35am Frasier

CHANNEL 5

Fireman Sam

Thomas and Friends

Shimmer and Shine

Ben and Holly's Little

Noddy: Toyland

Detective

Paw Patrol

Kingdom

Peppa Pig

Peppa Pig

10:00am Wanda and the Alien

10:15am The Wright Stuff

1:10pm 5 News Lunchtime

Home and Away

NCIS: Los Angeles

Expecting Amish

5 News at 5

Neighbours

On Benefits

10:00pm Nightmare Tenants,

12:05am Big Brother's Bit on

the Side

SKY CINEMA

Super Casino

11:00pm Big Brother

Home and Away

5 News Tonight

Slum Landlords

All New Traffic Cops

Neighbours

12:15pm House Doctor

1:15pm Big Brother

Digby Dragon

7:55am

8:05am

8:20am

8:35am

8:50am

9:05am

9:15am

9:30am

9:40am

2:15pm

2:45pm

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8:00pm

1:00am

9:50am Wissper



(4)				
9:30am	Rules of Engagement			
10:00am	Melissa and Joey			
10:30am	Melissa and Joey			
11:00am	Baby Daddy			
11:30am	Baby Daddy			

12:00pm How I Met Your Mother 12:30pm How I Met Your Mother

1:00pm New Girl 1:30pm New Girl 2:00pm Brooklyn Nine-Nine Brooklyn Nine-Nine 2:30pm

3:00pm The Big Bang Theory 3:30pm The Big Bang Theory 4:00pm How I Met Your Mother

4:30pm How I Met Your Mother 5:00pm New Girl 5:30pm New Girl

6:00pm 2 Broke Girls 6:30pm 2 Broke Girls The Big Bang Theory 7:00pm The Big Bang Theory 7:30pm

8:00pm Hollvoaks 8:30pm Black-Ish 9:00pm

9:30pm Kevin Can Wait 10:00pm Brooklyn Nine-Nine 10:30pm New Girl

The Big Bang Theory

11:00pm First Dates USA Legends 12:00am The Big Bang Theory 12:30am Premier League Legends

Weather for the

Week Ahead

itv2

ibv3

Ü	tv4
7:00am	Minder
8:00am	Cash Cowboy

2:15pm Jason Bourne 4:30pm The Karate Kid, Part 8:55am The Saint 6:30pm Pirates of the

Caribbean: The Curse of the Black Pearl 9:00pm Jason Bourne

11:05nm Last Action Hero Colt .45 1:20am 2:50am Con Air 4:50am Superman 2

Sky CINEMA

:15am	King Arthur: Legend
	of the Sword -
	Behind the Scenes
:45am	The Commitments
:50am	Hot Pursuit
1:30am	Hitch
:35pm	Daddy's Home
:20pm	Ride Along 2
:10pm	Me, Myself and Irene
:10pm	Brewster's Millions
:00pm	Daddy's Home
0:45pm	Ride Along 2
2:35am	The Overnight
:05am	Coming to America

SKY CINEMA

7:00am	Ozzy: The Great
	Furscape
8:45am	A Patch of Fog
	An author and TV
	host is blackmailed
	into a relationship
	by the lonely
	security guard who
	catches him
	shoplifting.
10:30am	Mike and Dave

12:20pm Eloise 2:05pm The Hollow Point Johnny Frank Garrett's Last Word

Dates

Need Wedding

5:40pm Ozzy: The Great Furscape 7:20pm A Patch of Fog 9:00pm Mike and Dave Need Wedding Dates Calamity ensues when two partyloving brothers

respectable dates for their sister's Hawaii wedding. 10:50pm Johnny Frank Garrett's Last Word

12:35am The Hollow Point

attempt to find

sky SPORTS 1

Good Morning

7:00am

Sports Fans Good Morning 8:00am Sports Fans 9:00am Good Morning Sports Fans **10:00am** Barclays Premier League World 10:30am Premier League 100 Club

11:00am The Premier League Years 1:00pm **Great Sporting**

Moments 1:15pm **Great Sporting** Moments

1:30pm Live World Cup of Pool 5:30pm Boxing

7:30pm Football's Greatest Teams 8:00pm Premier League 100

8:30pm Football Gold 8:40pm Super League Gold 8:55pm Rugby League

Club

11:00pm Premier League 100 Club 11:30pm Boxing Gold

11:45pm Boxing Gold 12:00am Premier League

sky SPORTS 2

7:00am Cricket Classics 8:00am WWE SmackDown! 9:00am ICC Champions Trophy Highlights 10:00am Cricket Classics 11:00am Live ICC Champions Trophy Cricket Semi-final one from the 2017 ICC Champions Trophy. from Sophia Gardens in Cardiff. Here, runners-up in Group A play the winners of Group B. 7:30pm Sporting Triumphs 7:45pm **Sporting Triumphs** 8:00pm Cricket Gold 8:10pm

Cricket Gold 8:20pm Cricket Gold 8:30pm Cricket's Greatest 9:00pm ICC Champions Trophy Highlights 10:00pm Cricket Classics

11:00pm ICC Champions Trophy Highlights **12:00am** Sporting Rivalries 12:30am

1:00am

Sporting Rivalries Challange Cup Highlights A match from the Ladbrokes Challenge

7:00am Good Morning Britain 9:30am Lorraine 10:25am The Jeremy Kyle Show 11:30am This Morning 1:30pm Loose Women 2:30pm ITV Lunchtime News ITV News London 2:55pm Judge Rinder's Crime 3:00pm Stories Masterpiece with 4:00pm Alan Titchmarsh Tipping Point 5:00pm 6:00pm The Chase 7:00pm ITV News London 7:30pm ITV Evening News Emmerdale 8:00pm Rhona gets a shock. Priya stands her ground. Adam is spurred into action The Jewel Raiders: 8:30pm Tonight 9:00pm Emmerdale The Real Full Monty 11:00pm ITV News at Ten and Weather 11:30pm ITV News London 11:40pm The Late Debate 12:10am Piers Morgan's Life Stories 1:10am Jackpot247

7:10am You've Been Framed! Gold 7:35am Vanderpump Rules 8:20am The Ellen DeGeneres Show 9:00am Emmerdale 9:30am Coronation Street 10:00am Scorpion 10:55am Below Deck 11:25am Relow Deck 12:25pm Vanderpump Rules 1:20pm Emmerdale Coronation Street 1:55pm You've Been Framed! 2:30pm Gold 3:00pm The Ellen DeGeneres Show 3:50pm The Jeremy Kyle

Show

Show

Gold

Gold

10:00pm Love Island

11:00pm Celebability

11:50pm Family Guy

12:20am Family Guy

The Jeremy Kyle

Judge Rinder

4:55pm

6:00pm

7:00pm

7:30pm

8:00pm

9:00pm

You've Been Framed! You've Reen Framed! You've Been Framed! Two and a Half Men **9:30pm** Two and a Half Men 3:10am

7:00am Man About the House 7:25am Heartbeat 8:30am Where the Heart is 9:30am Wild at Heart 10:35am Judge Judy 11:00am Judge Judy 11:30am Judge Judy 12:00pm Road to Avonlea **1:00pm** Love Your Garden 2:05pm Heartbeat The Royal 3:05pm Nostalgic drama series set in a hospital. 4:10pm Wild at Heart 5:15pm Man About the House 5:50pm Rising Damp Classic sitcom about a cantankerous landlord and his unfortunate tenants 6:20pm George and Mildred Classic sitcom 6:55pm Heartbeat 8:00pm Murder, She Wrote Endeavour 9:00pm 11:00pm Law and Order: UK Wire in the Blood 12:00am The Knock 1:50am

ITV3 Nightscreen

Teleshopping

3:30am

10:00am Ironside 11:05am Quincy, M.E. 12:05pm Minder 1:05pm Counting Cars Counting Cars 1:35pm 2:00pm Pawn Stars Pawn Stars 2:30pm 2:55pm The Saint Ironside 4:00pm 5:05pm Quincy, M.E. Cash Cowbovs 6:05pm 7:05pm Counting Cars Counting Cars 7:35pm 8:00pm Pawn Stars Pawn Stars 8:30pm 9:00pm Isle of Man TT 10:00pm Transporter 3 Action sequel continuing the story of a man who works as a 'transporter', delivering goods without questions on behalf of gangsters and other shady characters. 11:00pm FYI Daily 11:05pm Transporter 3 12:10am Green Street 1:10am FYI Daily

7 7 9 4:05am Tenacious D in the Pick of Destiny

Prepare for next winter with Neater Heater

SUMMER may seem an odd time to think about next winter, but it makes good sense. Especially to those expats who would like to use their Spanish holiday homes all year round, rather than just for the summer. We also urge new owners, who have just moved to Spain this year, to consider their winter heating.

All fuel costs are rising steadily, whether you choose gas, oil, or electricity: it pays to make sure that whichever system you decide upon is efficient and economical. Remember: Efficient means it does the job, and economical means it's cheap to run. Many systems are one OR the other, but Neater Heaters are both.

Neater Heaters are made in Norway, where they benefit from Scandinavian styling, and modern, state-of-the-art, design and materials. Whether wall-mounted or free-standing, you have the confidence that these heaters will be providing a more cost-effective efficient heat output than any of their rivals.

Our ADAX standard panel heater offers the customer a cheaper option to the stylish BEHA heater, without compromising on the running efficiency and reliability that we have come to associate with Norwegian systems."

NEATER HEATERS. Can be wall-mounted or free-standing.

Neater Heater can also offer the stylish Neo range for people with a more colourful outlook on

life. At the moment the customer can choose to have their Neo heaters in one of four colours: White: black: silver and red "By offering the Adax range as well as the

Beha range, we believe that we have all bases covered when it comes to electric convector heating," explains Tony. "Customers can now browse our website, or visit one of our dis**NEATER HEATER DISTRIBUTORS: COSTA BLANCA SOUTH**

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Tel. 966 712 440

• TORREVIEJA: S J & A Digital Tel. 966 319 253

• BLUE LAGOON: The Electrical Shop (Euronics) Tel. 966 188 170

• MURCIA PROVINCE: Nigel & Anne home

inspections Tel. 660 893 861

• TORREVIEJA: For home inspections call Edmund Tel. 966 765 552

Heaters also available for purchase at our online shop with free home delivery

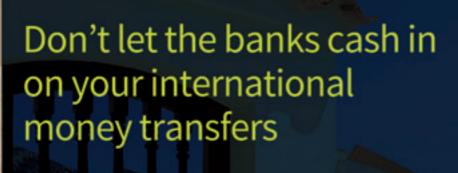
WWW.NEATERHEATER.ES or Tel. 634 312 171

tributors, and select a heater that totally suits their circumstances, whether it is a stylish Beha or Neo heater or a more utilitarian, but cheaper, Adax standard panel heater."

Recently we have added to our range the Turkish made Vigo heater and towel radiators. These heaters share the design technology and ethos of the current Neater Heaters. but it has two differences: The Vigo comes with a carrying handle, wall bracket, and feet included in the price; They also have a digital

display that indicates the reduced wattage that the heater regulates once the room has reached the desired temperature, thus saving more money through reduced running costs.

Buying now, in the summer, allows you the comfort of having plenty of time to investigate our heaters against all others. We know the ones you will probably choose, as we made the same choice ourselves many years ago. In fact; we were so impressed we started



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GOOD NEWS FOR YOUR CAR 902 123 309



10:15am Crimewatch

11:00am Homes Under the

12:00pm Secret Life of the

12:45pm The Housing

1:15pm

2:00pm

2:30pm

2:45pm

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6:15pm

7:00pm

8:00pm

9:00pm

Hammer

Hospital Bed

Enforcers

Doctors

Impossible

Country

Yes Chef

Pointless

7:30pm BBC London News

8:30pm A Question of Sport

EastEnders

9:30pm Count Arthur Strong

10:00pm Have I Got News for

You

10:30pm Hospital People

11:00pm BBC News at Ten

11:25pm BBC London News

11:35pm The Graham Norton

Show

12:25am Disturbia

Escape to the

Street Auction

BBC News at Six

The One Show

Bargain Hunt

BBC News at One

BBC London News

BBGONE BBGTWO BBGFOUR CHANNEL

Emergency Rescue

Great British Menu

Down Under

Bargain Hunt

Yes Chef

9:30am Yorkshire Wolds Way

10:00am Victoria Derbyshire

12:00pm BBC Newsroom Live

Two Tribes

Red Rock

Red Rock

Events

Eggheads

8:30pm Great British Menu

9:00pm Gardeners' World

11:00pm Frankie Boyle's New

World Order

Summer Exhibition

The Fifteen Billion

10:00pm Versailles

11:30pm Newsnight

1:40am Royal Academy

12:05am Confetti

2:40am Panorama

9:00am Emmerdale

9:30am Emmerdale

10:35am Scorpion

1:20pm

1:55pm

2:30pm

3:50pm

4:55pm

11:25am Below Deck

3:10am

Springwatch

Family Finders

Nature's Weirdest

Operation Iceberg

Antiques Road Trip

Great Continental

Railway Journeys

7:00am

8:15am

9:00am

2:00pm

2:30pm

3:15pm

4:00pm

4:45pm

5:15pm

7:00pm

7:30pm

8:00pm

World News Today

The latest national

and international

news, exploring the

day's events from a

alobal perspective.

BBC Cardiff Singer of

the World 2017

Beginnings 1967-

Pink Floyd released

their first single in

1967, and as their

popularity around

the world grew, they

increasingly travelled

outside the UK to

perform live shows

Status Quo: Live and

The Summer of Love

Beginnings 1967-

and make TV

appearances.

12:00am Classic Albums

Acoustic

Pink Floyd

1972

1:00am

2:00am

3:00am

7:00am

7:25am

8:30am

9:30am

10:00pm The Summer of Love

1972

11:00pm Pink Floyd

8:00pm

7:00am Countdown

7:45am Will and Grace

8:10am Will and Grace

Everybody Loves

Raymond

Raymond

11:05am Ramsay's Kitchen

12:00pm A Place in the Sun:

1:00pm Channel 4 News

with Me

Countdown

Winter Sun

4:00pm Fifteen to One

6:00pm Four in a Bed

7:00pm The Simpsons

8:00pm Channel 4 News

1:10am 8 Out of 10 Cats

9:00pm Gogglesprogs

10:00pm The Last Leg

12:05am First Dates

1:55am The Fighter

7:30pm Hollvoaks

5:00pm A Place in the Sun:

6:30pm Come Dine with Me

Winter Sun

Nightmares USA

Couples Come Dine

Posh Pawnbrokers

9:00am Everybody Loves

9:35am Frasier

10:05am Frasier

1:05pm

2:05pm

3:10pm

8:35am

CHANNEL 5

8:05am Thomas and Friends

8:20am Shimmer and Shine

Detective

Paw Patrol

9:05am Ben and Holly's Little

Kingdom

Peppa Pig

9:15am Digby Dragon

8:35am Noddy: Toyland

8:50am

9:30am



9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your
	Mother

4

11:30am	Daby Daddy
12:00pm	How I Met Your
	Mother
12:30pm	How I Met Your
	Mother
1:00pm	New Girl
1·30nm	Now Girl

9:40am	Peppa Pig	1:00pm	New Girl
9:50am	Wissper	1:30pm	New Girl
10:00am	Wanda and the Alien	2:00pm	Brooklyn Nine-Nine
10:15am	The Wright Stuff	2:30pm	Brooklyn Nine-Nine
12:15pm	House Doctor	3:00pm	The Big Bang Theory
1:10pm	5 News Lunchtime	3:30pm	The Big Bang Theory

12:15pm	House Doctor	3:00pm	The Big Bang The
1:10pm	5 News Lunchtime	3:30pm	The Big Bang The
1:15pm	Big Brother	4:00pm	How I Met Your
2:15pm	Home and Away		Mother
2:45pm	Neighbours	4:30pm	How I Met Your

3:15pm	NCIS: Los Angeles	
4:15pm	Buried Secrets	5:0
6:00pm	5 News at 5	5:3
6:30pm	Neighbours	6:0

7:00pm Home and Away **7:30pm** 5 News Tonight **8:00pm** Police Interceptors There's a Croc in My

Kitchen 10:00pm Big Brother 11:35pm Big Brother's Bit on

12:35am Big Brother

the Side

SKY CINEMA

Wolverine

Caribbean: Dead

Man's Chest

Mother New Girl New Girl ma08 2 Broke Girls **6:30pm** 2 Broke Girls **7:00pm** The Big Bang Theory 7:30pm The Big Bang Theory 8:00pm Hollyoaks 8:30pm Black-Ish **9:00pm** The Big Bang Theory **9:30pm** The Big Bang Theory 10:00pm Pitch Perfect **12:15am** Gogglebox

sky SPORTS 1

2:00pm	Great Sporting
	Moments
2:15pm	Great Sporting
	Moments
2:30pm	Great Sporting
	Moments
2:45pm	Great Sporting
	Moments
3:00pm	Premier League
	Legends
3:30pm	Premier League
	Legends
4:00pm	Spanish Football
	Gold
4:15pm	Spanish Football
	Gold
4:30pm	Football Gold
4:45pm	Football Gold
5:00pm	Live European U21
	Championship
8:00pm	Football Gold
8:10pm	Football Gold
8:20pm	Football Gold
8:30pm	Football Gold
8:40pm	Live European U21
	Championship
11:00pm	European U21
	Championship
	Highlights
11:30pm	Boxing
12:00am	Premier League

7:00am Good Morning

10:25am

2:30pm

3:00pm

4:00pm

5:00pm

6:00pm

7:00pm

7:30pm

9:00pm

Britain 9:30am Lorraine

Show

11:30am This Morning

1:30pm Loose Women

2:55pm ITV News London

Stories

The Jeremy Kyle

ITV Lunchtime News

Judge Rinder's Crime

Masterpiece with

Alan Titchmarsh

ITV News London

ITV Evening News

River Monsters

Tipping Point

The Chase

8:00pm Emmerdale

8:30pm Coronation Street

9:30pm Coronation Street

11:00pm ITV News at Ten and

Weather

11:30pm ITV News London

10:00pm Lethal Weapon

ibv2

10:00am You've Been Framed!

Gold

12:25pm Vanderpump Rules

Emmerdale

Emmerdale

Gold

You've Been Framed!

ity3

	Man About the
	House
	Heartbeat
	Where the Heart is
	Wild at Heart
١	Judge Judy
١	Judge Judy
١	Judge Judy
١	Road to Avonlea
	Love Your Garden

Heartbeat The Royal Wild at Heart Man About the

House Rising Damp Classic sitcom about a cantankerous landlord and his unfortunate tenants. George and Mildred

8:00pm Murder, She Wrote 11:20pm Law and Order: UK **12:20am** Wire in the Blood **2:10am** Prime Suspect **4:00am** Mr Selfridge

itv4

7:00am Minder 12:35pm Star Trek Beyond 8:00am Cash Cowboys **2:45pm** Behind Enemy Lines **4:35pm** X-Men Origins: 9:00am The Saint 10:00am Ironside 11:05am Ouincy, M.E. **6:25pm** Pirates of the 12:05pm Minder **1:05pm** Counting Cars Counting Cars 1:35pm 9:00pm Star Trek Beyond Pawn Stars 2:00pm 11:10pm Ant-Man 2:30pm Pawn Stars 1:10am Hitman: Agent 47 The Saint 2:55pm **2:50am** Serenity 4:00pm Ironside 4:55am Superman III 5:05pm Quincy, M.E. Cash Cowboys Counting Cars

Sky CINEMA

7:40am	Wild Oats
9:20am	Dirty 30
11:00am	How to be Single
1:00pm	Sisters
3:00pm	Bad Neighbours 2
4:45pm	Trainwreck
7:00pm	How to be Single
9:00pm	Sisters
11:00pm	Bad Neighbours 2
12:40am	Trainwreck
2:50am	Back to the Future
4:50am	Back to the Future

Part II

SKY CINEMA

7:00am A Patch of Fog

:45am	The Hollow Point
0:35am	Mike and Dave Need
	Wedding Dates
2:30pm	The Mummy: Special
:00pm	Rock Dog
:40pm	Ozzy: The Great
	Furscape
:25pm	A Patch of Fog
:10pm	The Hollow Point
	Gritty crime thriller
	pitting a hard-
	drinking sheriff and
	his deputy Patrick
	Wilson against a
	sadistic cartel

hitman. 8:00pm Rock Dog Mike and Dave Need Wedding Dates 11:35pm Johnny Frank Garrett's Last Word Downhill 2:55am Casa Grande 5:00am The Top Ten Show 2017 **5:15am** Ozzy: The Great

Furscape

sky SPORTS 2

7:00am Cricket Classics

Legends

7.000111	CHERCE CIUSSICS
8:00am	WWE Main Event
9:00am	ICC Champions
	Trophy Highlights
10:00am	Cricket Classics
11:00am	Great Sporting
	Moments
11:15am	Great Sporting
	Moments
11:30am	Great Sporting
	Moments
11:45am	Great Sporting
	Moments
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
2:00pm	Sporting Triumphs
2:15pm	Cricket Gold
2:25pm	Live RL One Day Cup
	Semi-final one from
	the Royal London
	One-Day Cup.
10:30pm	Cricket's Greatest
11:00pm	Great Sporting

Moments

Moments

11:30pm Cricket's Greatest

12:00am RL One Day Cup

1:00am Challange Cup

11:15pm Great Sporting

11:40pm Benidorm 12:40am Take Me Out **1:35am** Jackpot247 **4:00am** Storage Hoarders

4:50am ITV Nightscreen

11:50pm Family Guy 12:20am Family Guy **12:50am** Family Guy

The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show

Judge Rinder You've Been Framed! 7:00pm Gold 7:30pm You've Been Framed! Gold 8:00pm You've Been Framed! Two and a Half Men 9:00pm **9:30pm** Two and a Half Men 10:00pm Love Island 11:00pm Celebrity Juice

10:35am 11:00am 11:30am 11:55am 1:00pm 2:00pm 3:05pm 4:10pm 5:15pm 5:50pm 6:20pm **6:55pm** Heartbeat **9:00pm** Doc Martin 10:00pm The Street

6:05pm 7:05pm 7:35pm Counting Cars 8:00pm Pawn Stars 8:30pm Pawn Stars Isle of Man TT 10:00pm The Shawshank Redemption 11:10pm FYI Daily The latest entertainment news. **11:15pm** The Shawshank Redemption 12:55am Bullitt 1:55am FYI Daily 2:00am Bullitt 3:10am Isle of Man TT

5:10am Wycliffe II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Earth Wind & Fire

EXPERIENCIA

70s & 80s LEGENDS EN CONCIERTO



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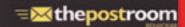








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GOOD NEWS FORYOUR CAR 902 123 309



7:00am

3:20pm

BBGONE BBGTWO BBGFOUR CHANNELA

A to Z of TV

Gardening

In Name Only

Irish Escape

9:25am Wonder Man

11:00am Monty Halls' Great

12:00pm Homes Under the

Hammer

auction.

Property experts visit

before they go up for

Great British Menu

Great British Menu

Bargain Hunt

Talking Pictures

Cat on a Hot Tin

three properties

7:10am

7:50am

1:00pm

1:30pm

2:00pm

3:00pm

3:30pm

Nicola Benedetti's

Indian Serenade

the World 2017

BBC Cardiff Singer of

8:00pm

8:30pm

1:45am

10:00pm Cardinal

10:45pm Cardinal

11:25pm Lemmy: The Movie

1:20am Lemmy: In His Own

Words

Heavy Metal

Documentary which

development of

British heavy metal

from its beginnings

in the Midlands to

triumph. In the late

60's bands such as

Deep Purple, Uriah

its international

Britannia

traces the

Everybody Loves

Everybody Loves

Raymond

Raymond

10:55am The Big Bang Theory

11:25am The Big Bang Theory

11:55am The Big Bang Theory

Four in a Bed

Four in a Red

Four in a Bed

Four in a Bed

Four in a Bed

Winter Sun

House

A Place in the Sun:

Big House, Little

Kirstie and Phil's

Love it or List it

Channel 4 News

The Stone Roses:

Made of Stone

Hollyoaks Omnibus

The Autistic

Gardener

Iron Man 2

11:25pm The Maze Runner

12:25pm The Simpsons

12:55pm The Simpsons

1:25pm The Simpsons

Frasier

9:00am

9:25am

9:55am

1:55pm

2:25pm

2:55pm

3:30pm

4:00pm

4:35pm

5:35pm

6:35pm

7:30pm

8:00pm

3:15am

10:25am Frasier

CHANNEL 5



Door

Can't Pay? We'll 5:50pm Take it Away! Can't Pay? We'll 6:45pm Take it Away!

7:35pm 5 News The latest news coverage.

7:40pm Funniest Ever Crazy Cats 8:30pm Blind Date 9:30pm Before They Were

Stars 10:30pm Big Brother **11:30pm** The Michael Mcintyre Story

1:00am Super Casino

Couples Come Dine with Me 10:05am Melissa and Joey 10:35am Melissa and Joey 11:00am Melissa and Joey 11:30am Melissa and Joev 12:00pm Melissa and Joey 12:30pm Brooklyn Nine-Nine **1:00pm** The Goldbergs The Goldbergs The Goldbergs The Goldbergs The Goldbergs Rude(Ish) Tube Shorts 3:45pm Alvin and the Chipmunks: The Squeakquel 5:30pm The Big Bang Theory 6:00pm The Big Bang Theory 6:30pm The Big Bang Theory 7:00pm The Big Bang Theory 7:30pm The Big Bang Theory 8:00pm The Big Bang Theory The Big Bang Theory 8:30pm 9:00pm The Big Bang Theory **9:30pm** The Big Bang Theory **10:00pm** Easy A 11:55pm Gogglebox 1:00am Gogglebox 2:00am Rude Tube

sky SPORTS 1

7:00am Rugby Union Live British and Irish 9:00am Lions Tour **12:00pm** Rugby Union 12:30pm European U21 Championship Highlights 1:00pm Football's Greatest Football's Greatest 1:30pm 2:00pm British and Irish Lions Tour Highlights 3:00pm Rugby Union 3:30pm Boxina Sergey Kovalev defends his three world light heavyweight titles against master technician Andre Ward at the T-Mobile Arena. Live European U21 Championship Portugal v Serbia 8:00pm Boxina Live European U21 Championship Spain v Macedonia Live Fight Night 11:00pm 1:00am Boxina 3:00am Boxina

11:30am Trooping the Colour 2:05pm BBC News 2:15pm Weather 2:20pm Athletics Coverage of the

10:00am Saturday Kitchen

latest athletics championships and tournaments. Rugby League

Challenge Cup 6:05pm Celebrity Mastermind John Humphrys presents a celebrity

version of Britain's toughest quiz. 6:35pm RRC News 6:45pm Regional News 6:50pm Weather 6:55pm Pointless

7:45pm Doctor Who 8:30pm Pitch Battle **10:00pm** Casualty 10:50pm Mrs. Brown's Boys

11:20pm BBC News 11:35pm Weather 11:40pm Shanghai Knights Weather for the 1:30am Week Ahead

Roof 5:15pm Flog It! Gardeners' World 6:00pm 7:00pm Highlights 8:30pm Sink or Swim. Rugby Union 9:00pm 11:30pm Kevin Bridges: A Story

Trooping the Colour Venice Biennale Whole Different 12:30am Versailles 1:30am Cafe De Flore 3:25am This is BBC Two

Heep and Black Sabbath were forging a new kind of hard rock sound which grew to be known as heavy metal. 3:15am David Bowie and the Story of Zigay Stardust

ibv3

7:00am Murder, She Wrote

mysteries.

Drama series about

a sleuthing writer

who solves murder

itv4

7:00am The Saint 7:50am The Saint 8:55am Motorsport UK Brdc British F3 Championship Opening Show

7:45pm Pawn Stars The Sweeney 8:10pm 9:10pm 10:10pm FYI Daily 11:00pm Reservoir Dogs 12:00am FYI Daily

SKY CINEMA

1:50pm Jurassic World In the Heart of the 4:00pm Sea Pirates of the Caribbean: At

World's End Star Wars: Episode VII - The Force Awakens

11:20pm Jurassic World 1:30am RoboCop

Sky CINEMA

Barbershop: The Next Cut Turner and Hooch Cut Borat: Cultural Learnings of America for Make Benefit

SKY CINEMA

7:00am The Hollow Point

10:25am Mike and Dave Need

Wedding Dates

Ozzy: The Great

The Hollow Point

True-life tale of

twentysomething

Garrett's Last Word

wrongly sentenced

brutal murder of a

bloody vengeance

from beyond the

A Patch of Fog

grave.

3:50am

Catholic nun wreaks

to death for the

A young man

Furscape

Rock Dog

War Dogs

12:40am Johnny Frank

2:25am Downhill

8:40am A Patch of Fog

12:15pm Rock Dog

1:55pm War Dogs

5:35pm

7:20pm

9:00pm

7:00am Cricket Classics 8:00am Cricket's Greatest Cricket's Greatest 8:30am Sporting Triumphs 9:00am Football Gold 9:15am 9:25am Football Guizhou Hengfeng Zhicheng v

sky SPORTS 2

Guangzhou Evergrande Taobao. 11:30am Sporting Triumphs 11:45am Cricket Gold 11:55am Live RL One Day Cup

gun runners in way One of the semiover their heads. finals from the Royal London One-Day 11:00pm Mike and Dave Need Wedding Dates Cup.

British and Irish 8:00pm Lions Tour Highlights 9:00pm Sporting Rivalries

9:30pm Boxing 10:00pm British and Irish Lions Tour Highlights

11:00pm Sporting Triumphs 11:15pm Rugby Union 11:45pm Rugby Union British and Irish

Lions Tour Highlights 1:15am Sporting Triumphs 1:30am Super League Gold

F 1/2

7:00am CITV 9:25am ITV News 9:30am Weekend 10:25am The Home Game 11:25am Carry on Cowboy 1:15pm ITV News and Weather 1:30pm Tipping Point

2:30pm 3 Men and a Baby 4:30pm Confederations Cup Russia v New Zealand. 7:15pm Local News and

Weather All the very latest local news and weather. 7:25pm ITV News and Weather

You've Been Framed! 7:35pm Comedy show which features a selection of camcorder catastrophes and video disasters.

8:30pm The Voice Kids **10:00pm** Bridget Jones: The Edge of Reason 12:05am ITV News and Weather

ibv2

Planet's Funniest 7:00am Animals Humorous video clips of pets and other animals in unusual situations. 7:15am Emmerdale Omnibus Coronation Street Omnibus 12:20pm Take Me Out You've Been Framed! 1:20pm 1:50pm Sweet Home Alahama 2:50pm FYI Daily

Sweet Home 2:55pm Alabama The Flintstones 5:00pm FYI Daily The Flintstones 5:05pm St Trinian's 5:45pm FYI Daily 6:45pm 6:50pm St. Trinian's 7:50pm Arthur FYI Daily 8:50pm 8:55pm Arthur 10:00pm Love Island

11:00pm Celebrity Juice 11:50pm Family Guy 12:20am Family Guy 12:50am Family Guy 1:00am Law and Order: UK

Murder, She Wrote 8:40am Murder. She Wrote 9:40am The Darling Buds of May 10:55am The Darling Buds of May **12:05pm** Death on the Nile 1:05pm FYI Daily 1:10pm Death on the Nile 2:55pm Lewis Agatha Christie's 4:50pm Marple 6:55pm Rosemary and Thyme Light-hearted drama series about a pair of gardening enthusiasts turned amateur sleuths. 8:00pm Midsomer Murders 10:00pm Foyle's War 12:00am Law and Order: UK

Crime drama based

on the hit US series

Law and Order.

11:00am ITV Racing: The 12:00pm The Classic Car Documentary looking at the phenomenon of the classic car. 1:00pm British Touring Car Championship Highlights 2:30pm ITV Racing Live 5:00pm Counting Cars 5:30pm Pawn Stars 5:55pm Pawn Stars Pawn Stars Pawn Stars 6:50pm 7:15pm Pawn Stars Jaws 4: The Revenge 10:15pm Jaws 4: The Revenge

11:15am Turner and Hooch **1:05pm** Central Intelligence 3:05pm **5:05pm** The Intern 7:10pm **9:00pm** Central Intelligence **11:00pm** Barbershop: The Next Glorious Nation of Kazakhstan

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nbeatable service with Zenia Services

FOR everything to do with windows, except the window, call Zenia Services. This is the name you can trust to have your window grills looking like new with their grill recoating service now more popular than ever.

Re-painting grills is a long and arduous task, but Zenia Services removes all the hassle offering an effective and easy service for the clients. With a full collection service available they come and take your grills down, even if they are built into the walls, they are able to remove them and professionally re-fix them after. Zenia Services will then sandblast the grills to remove old paint and rust and then powder coat them.

A range of colours are available and you can even add a little sparkle into the finished look. The service is available on all grills, even if the rust is penetrated into the metal, sandblasting will remove most of it.

This amazing overhaul offers a highly professional, long lasting finish leaving them looking like new and can also be done on any metal item from small candlesticks to large



BEFORE & AFTER: Give metal furniture a new lease of life.

pieces of garden furniture.

They can also repair grills and turn your existing security grill in to a safety grill by adding a hinge to it so it can be opened to allow for escape in an emergency. The locking system for the grill to open is situated on the inside so it is not noticeable from the outside and in many cases no one would even be able to

tell it was any different from a normal grill. Neil Couzens from Zenia Services said: "Unfortunately fires can and do happen. UK safety regulations say houses must have windows that open fully to allow for escape in the case of a fire and these grills offer that same peace of mind."

These are in addition to the services already provided by Zenia Services which was formed as an extension of Zenia Blinds.

The blinds are still an integral part of the company, along with being able to offer mosquito nets, which are manufactured in their factory, and shutter repairs with many repairs are able to be done within 24 hours

There is no job too big or small for Zenia Services and work is guar-

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7:05am

7:50am

8:35am

9:35am

1:30pm

2:00pm

2:30pm

3:30pm

6:00pm

GOOD NEWS FORYOUR CAR 902 123 309



10:00am The Andrew Marr

Show 11:00am Sunday Morning Live

12:00pm Sunday Politics

Bargain Hunt

Weather for the

Homes Under the

Money for Nothing

Week Ahead

Hammer

Flog It!

Country

Lifeline

Escape to the

Points of View

Songs of Praise

Eat Well for Less

Regional News

Antiques Roadshow

BBC News

Weather

Countryfile

RRC News

1:15pm

2:00pm

2:10pm

2:15pm

3:15pm

4:00pm

4:45pm

5:30pm

5:40pm

5:55pm

6:30pm

7:30pm

7:50pm

7:55pm

8:00pm

9:00pm

10:00pm Poldark

11:25pm Weather

11:00pm BBC News

11:20pm Regional News

11:30pm Thor 2 - The Dark

World

BBGONE BBGTWO BBGFOUR CHANNEL

A to Z of TV

Gardening

Garden

11:00am Saturday Kitchen

Best Bites

12:30pm Great British Menu

1:00pm Great British Menu

Sailing

Rowing

Great British Menu

Mary Berry Cooks

Rugby League

Challenge Cup

The Fifteen Billion

Pound Railway

Dragons' Den

The Life Swap

Adventure

Supremacy

10:00pm 20 Days - Battle for

11:30pm Mock the Week

12:00am White Gold

12:30am Cricket

3:20am

4:20am

1:20am Athletics

2:20am Question Time

10:05am Countryfile

The Instant Gardener

Gardeners' World

The Beecharove

Nina Simone and Me

BBC Cardiff Singer of

Film telling the story

of Buddy Holly's

tragically short life

and career through

interviews with those

who knew him and

Black holes are one

destructive forces in

the universe, capable

of tearing a planet

swallowing an entire

Voyager: To the Final

worked with him

Horizon

of the most

apart and

Frontier

The Magic of

Mushrooms

Battle for the

to Film Everest

Himalayas: The Fight

2:00am

3:00am

4:00am

with Laura Mvula

the World 2017

11:00pm Doris Day: Virgin

Territory

Buddy Holly

8:00pm

8:30pm

12:00am

Sun

Sun

3rd Rock from the

3rd Rock from the

Everybody Loves

Everybody Loves

Eating Well with

Hemsley and

Hemsley

10:30am Sunday Brunch

1:30pm Eat the Week with

Iceland

The Simpsons

The Simpsons

Winter Sun

Great Canal

Journeys

10:00pm The Handmaid's Tale

11:15pm Merciless

12:10am End of Watch

2:05am Ramsay's Kitchen

7:30pm Channel 4 News

The Book of Life

A Place in the Sun:

Homes by the Sea

A Very British Hotel

Raymond

Raymond

Frasier

Frasier

7:00am

7:20am

7:45am

8:10am

8:35am

9:25am

9:55am

2:35pm

3:00pm

3:30pm

5:30pm

6:30pm

8:00pm

9:00pm

CHANNEL 5

OTIT (TVILLE		
7:00am 11:15am	Milkshake! Teenage Mutant Ninja Turtles <i>Underground crime</i> -	
	fighting escapades with the heroes in a half-shell.	
11:50am	Make You Laugh Ou Loud	
12:15pm	Police Interceptors Action-packed observational documentary series	

following the law's high-speed pursuit. **1:15pm** Police Interceptors Documentary series profiling the work of a high-speed police interception unit in Essex. Footloose

2:15pm 4:20pm Dirty Dancing 6:55pm Monster-in-Law 9:00pm Now That's Funny! **9:55pm** 5 News 10:00pm Big Brother 11:00pm The Paul O'grady

Story 12:30am Before They Were Stars

a

7:00am New Girl 7:25am Couples Come Dine with Me 8:20am Couples Come Dine with Me 9:25am Hollvoaks Omnibus **12:00pm** The Goldbergs 12:30pm The Goldbergs 1:00pm The Goldbergs The Goldbergs 1:30pm The Goldbergs 2:00pm 2:30pm The Big Bang Theory The Big Bang Theory The Big Bang Theory 3:30pm The Big Bang Theory 4:00pm 4:30pm The Big Bang Theory 4:55pm The Big Bang Theory The Big Bang Theory 5:25pm 5:55pm The Big Bang Theory 6:20pm The Big Bang Theory **6:50pm** Avatar **10:00pm** Marvel's Agents of S.H.I.E.L.D. 11:00pm Kick-Ass 2 1:00am Gogglebox 2:00am The Inbetweeners 2:35am The Inbetweeners **3:10am** 8 Out of 10 Cats Marvel's Agents of 3:55am S.H.I.E.L.D.

sky SPORTS 1

8:30am	Premier League
0.00	Legends
9:00am	British and Irish
	Lions Tour Highlight
10:00am	Rugby Union
11:00am	Football Gold
12:00pm	Premier League
	Legends
12:30pm	Premier League
	Legends
1:00pm	British and Irish
	Lions Tour Highlight
2:00pm	Rugby Union
2:30pm	Rugby Union
3:00pm	Premier League
	Legends
3:30pm	British and Irish
	Lions Tour Highlight
4:30pm	Rugby Union
5:00pm	Rugby Union
5:30pm	Live European U21
·	Championship
	Germany v Czech
	Republic
8:00pm	Premier League 100
	Club
8:30pm	Live European U21
	Championship
	Denmark v Italy
11:00pm	Football
1:05am	Premier League 100
	Club

1:10am Weather for the Week Ahead

7:00am CITV

9:30am Weekend

9:25am

2:00pm

3:00pm

4:30pm

7:15pm

7:25pm

8:00pm Vera

10:00pm The Loch

11:00pm ITV News and

Weather

11:20pm Peston on Sunday

12:20am Lethal Weapon

F 1/2

ITV News

10:25am Best Walks with a

Bradbury

11:00am Peston on Sunday

12:00pm Carry on Cruising

Weather

Tipping Point

The Voice Kids

Confederations Cup

Portugal v Mexico.

Local News and

ITV News and

Documentary

exploring how

Britain as Seen on ITV

Britain has changed

in six decades from

the eyes of ITV clips.

Weather

Weather

1:45pm ITV News and

View with Julia

itv2

Holby City

This is BBC Two

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	You've Been Framed!
8:00am	Emmerdale Omnibus
10:45am	Coronation Street
	Omnibus
1:10pm	The Voice Kids

2:40pm Take Me Out Celebrity Special Freaky Friday FYI Daily 4:45pm

4:50pm Freaky Friday Despicable Me 2 5:50pm 6:50pm FYI Daily Despicable Me 2 6:55pm 7:50pm The Wedding Planner 8:50pm FYI Daily

8:55pm The Wedding Planner 10:00pm Love Island 11:00pm Love Island 12:00am Family Guy 12:30am Family Guy

Animated comedy series about the everyday trials and tribulations of family 1:00am Family Guy 1:30am American Dad! 2:00am American Dad!

ibv3 Agatha Christie's 7:00am

Marple 8:50am Heartheat Heartbeat 9:55am 11:00am Murder, She Wrote 12:00pm Murder, She Wrote **1:05pm** Poirot: Murder on the Orient Express 2:05pm FYI Daily 2:10pm Poirot: Murder on the Orient Express 3:45pm Margery and Gladys 5:50pm Foyle's War Sunday Night at the 7:55pm Palladium 9:00pm Paul O'Grady's **Animal Orphans** 10:00pm Joanna Lumley's 11:00pm Law and Order: UK 12:00am Law and Order: UK 1:05am Wire in the Blood 2:55am Wire in the Blood 4:30am May the Best House

Win

Win

May the Best House

5:20am

itv4

Nightmares USA

Isle of Man TT 7:00am Review Show 1 Isle of Man TT 8:00am Review Show 2 9:00am British Touring Car Championship Highlights 10:30am Le Mans 24 Hour Race Live World Rugby U20 Championship Final Live 6:00pm Pawn Stars 6:30pm Pawn Stars 7:00pm Pawn Stars FIFA Confederations 7:30pm Cup 2017 10:20pm Hard to Kill

11:20pm FYI Daily 11:25pm Hard to Kill 12:25am Out for Justice 1:25am FYI Daily 1:30am Out for Justice Brdc British F3 2:15am Championship Highlights Counting Cars ITV4 Nightscreen 3:45am

SKY CINEMA

9:10am Transformers: Revenge of the Fallen 11:35am X-Men: Apocalypse 2:05pm Batman Forever **4:10pm** Cast Away Transformers: Revenge of the Fallen 9:00pm X-Men: Apocalypse

11:30pm Underworld 1:40am Rocky IV

Sky CINEMA

8:25am Galaxy Ouest 10:15am Police Academy **12:00pm** Four Weddings and a Funeral 2:00pm The Boss 3:45pm Absolutely Fabulous: The Movie 5:30pm The Simpsons Movie 7:05pm Meet the Parents 9:00pm The Boss **10:45pm** Absolutely Fabulous: The Movie 12:30am Grimsby

SKY CINEMA

9:25am

2:50pm

7:15pm

2:25am

3:50am

War Dogs

Furscape

Rock Dog

Café Society

Wedding Dates

A Patch of Fog

Downhill

Furscape

5:25am Ozzy: The Great

5:30pm Ozzy: The Great

10:40pm War Dogs

The Mummy: Special

4:40am Hollyoaks Omnibus

sky SPORTS 2 7:00am Cricket Classics 7:00am The Hollow Point Gritty crime thriller 8:00am Cricket Classics pitting a hard-9:00am ICC Champions Trophy Highlights drinking sheriff and 10:00am Cricket Writers on TV his deputy Patrick Live ICC Champions Wilson against a Trophy Cricket sadistic cartel 8:00pm British and Irish Lions Tour Highlights 8:55am King Arthur: Legend of the Sword -ICC Champions Behind the Scenes Mike and Dave Need 10:00pm Wedding Dates 11:00pm ICC Champions Trophy Highlights 11:15am Rock Dog 1:00pm Café Society

Trophy Highlights NFL: Greatest Games 12:00am Ashes Best Days 2:00am Cricket World Cup Classics Sporting Rivalries 3:00am 3:30am Sporting Rivalries 4:00am Cricket Classics Cricket's Greatest 5:00am Series profiling some 12:40am Mike and Dave Need of the greatest cricketers of all time. Cricket's Greatest Series profiling some of the greatest cricketers of all time

II The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Teleshopping

4:00am





902 88 90 70 • 965 743 473

sales@telitec.net

www.telitec.com



7:00am

7:30am

8:15am

9:00am

1:00pm

2:00pm

7:00pm

8:00pm

8:30pm

9:00pm

GOOD NEWS FORYOUR CAR 902 123 309 Linea directa



10:15am Crimewatch

11:00am Homes Under the

Hammer

11:30am The State Opening of

Parliament

BBC News

Doctors

Country

Yes Chef

Pointless

BBC News

Regional News

The One Show

EastEnders

10:00pm Supermarket

11:00pm BBC News

11:40pm Weather

11:30pm Regional News

11:45pm Have I Got a Bit

12:30am The Graham Norton

Show

Supersize Cabbies

Would I Lie to You?

Shopping Secrets

More News for You

Impossible

Escape to the

Street Auction

Bargain Hunt

Regional News

7:00am

1:15pm

2:00pm

2:30pm

2:45pm

3:15pm

4:00pm

4:45pm

5:30pm

6:15pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

9:30pm

BBGONE BBGTWO BBGFOUR CHANNEL 4.

Emergency Rescue

Documentary series

emergency services.

Antiques Roadshow

travel the country to

appraise people's

Antique experts

following British

members of the

Australian

Bargain Hunt

Yes Chef

wares.

10:00am Victoria Derbyshire

12:00pm Wanted Down Under

Athletics

Tennis

Eggheads

Horizon

10:00pm Ripper Street

11:00pm Detectorists

11:30pm Newsnight

12:10am Weather

12:15am Sailing

7:10am

7:35am

8:20am

9:00am

9:30am

1:20pm

1:55pm

2:30pm

3:50pm

4:55pm

6:00pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

Curious Creatures

Mary Berry Everyday

Great British Menu

Documentary series

exploring topical scientific issues.

Down Under

100 Days +

Journeys

Great British Railway

Michael Portillo

Bradshaw's

heart of the

industrial Fast

Midlands to the

north eastern island

of Lindisfarne. On

this leg, he gives an

old engine a fresh

start in the railway

Attenborough's Zoo

Sir John Dankworth

Britain and the Sea

Handmade in Japan

The Art of Japanese

Quest in Colour

at the BBC

Life

hub of Derby.

9:00pm Britain and the Sea

10:00pm The Art of Japanese

11:00pm Handmade in Japan

Life

11:30pm David

1:00am

2:00am

3:00am

3:30am

embarks on a new

iournev followina his

handbook from the

8:00pm

8:30pm

Will and Grace

Raymond

Raymond

Frasier

11:05am Ramsay's Kitchen

12:00pm A Place in the Sun:

Winter Sun

with Me

Countdown

Fifteen to One

Four in a Bed

The Simpsons

Channel 4 News

Hollyoaks

Dispatches

9:30pm How to Stay Well

10:00pm 24 Hours in Police

Custody

12:55am Battling the Bailiffs

itv4

Minder

11:00pm Loaded

11:50pm Wife Swap

Everybody Loves

Everybody Loves

Nightmares USA

Channel 4 News

Couples Come Dine

Posh Pawnhrokers

Best of Both Worlds

Come Dine with Me

8:10am

8:35am

9:00am

9:35am

1:05pm

2:05pm

3:10pm

4:00pm

5:00pm

6:30pm

7:00pm

7:30pm

8:00pm

9:00pm

7:00am

10:05am Frasier

10:35am Frasier

CHANNEL 5



2:15pm 2:45pm Neighbours NCIS: Los Angeles 3:15pm Fatal Performance 4:20pm 6:00pm 5 News 6:30pm Neighbours Home and Away 7:00pm 7:30pm 5 News

Criminals Caught on 8:00pm Camera 8:30pm Police Interceptors

Documentary series profiling the work of a high-speed police interception unit in Essex.

The April Jones 9:30pm Murder: 5 Years on **11:00pm** Big Brother

12:05am Big Brother's Bit on the Side Celebrity Botched Up 1:05am

Bodies

10:30am Melissa and Joey 11:00am Baby Daddy 11:30am Baby Daddy 12:00pm How I Met Your Mother 12:30pm How I Met Your Mother 1:00pm New Girl 1:30pm New Girl

Brooklyn Nine-Nine 2:00pm 2:30pm Brooklyn Nine-Nine 3:00pm The Big Bang Theory 3:30pm The Big Bang Theory How I Met Your 4:00pm Mother

How I Met Your 4:30pm Mother 5:00pm New Girl

5:30pm New Girl 2 Broke Girls 6:00pm 6:30pm 2 Broke Girls 7:00pm The Big Bang Theory 7:30pm The Big Bang Theory 8:00pm Hollyoaks

8:30pm Black-Ish 9:00pm The Big Bang Theory **10:00pm** Vlogglebox

1:00am

9:30pm The Big Bang Theory **11:00pm** The Inbetweeners Movie

The Inhetweeners

Garrett's Last Word

SKY CINEMA

7:00am Johnny Frank

10:25am Rock Dog

1:50pm War Dogs

5:30pm

8:45am The Hollow Point

12:00pm The Tiger Hunter

Café Society

The Tiger Hunter

Rock Dog

sky SPORTS 1

2:30pm **Great Sporting** Moments **Great Sporting** Moments Premier League Legends 3:30pm Premier League Legends 4:00pm Spanish Football Gold 4:15pm Spanish Football Gold 4:30pm Football Gold Football Gold 4:45pm 5:00pm Football's Greatest 5:30pm Live European U21 Championship Slovakia v England Football's Greatest 8:00pm

Teams 8:30pm One2eleven 2016/17 Live European U21 8:40pm Championship Poland v Sweden 11:00pm Football's Greatest Teams

11:30pm Football's Greatest Teams

12:00am European U21 Championship Highlights

F 1/2

7:00am Good Morning

9:30am

10:25am

2:30pm

3:00pm

4:00pm

5:00pm

6:00pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

Britain

Lorraine

Show 11:30am This Morning

1:30pm Loose Women

The Jeremy Kyle

ITV Lunchtime News

of this lunchtime's

main national and

international news.

Judge Rinder

Tipping Point

Local News and

ITV Evening News

Coronation Street

Amazing Animal

The Chase

Weather

Emmerdale

Rirths

9:30pm Coronation Street

11:40pm The Real Full Monty

10:00pm Fearless

11:00pm ITV News

1:10am Jackpot247

Deal

Dickinson's Real

A thorough round-up

iby2

Show

10:00am Coronation Street

12:25pm Vanderpump Rules

Show

Show

Emmerdale

Coronation Street

Coronation Street

The Jeremy Kyle

The Jeremy Kyle

Judge Rinder

You've Been Framed!

You've Been Framed!

You've Been Framed!

You've Been Framed!

Two and a Half Men

9:30pm Two and a Half Men

10:00pm Love Island

11:00pm Family Guy

11:30pm Family Guy

12:00am American Dad!

The Ellen DeGeneres

10:35am Scorpion

11:25am Relow Deck

Emmerdale

Coronation Street

Vanderpump Rules

The Ellen DeGeneres

ity3 You've Been Framed

7:00am Man About the House 7:25am Heartheat 8:30am Where the Heart is 9:30am Wild at Heart 10:35am Judge Judy 11:05am Judge Judy 11:30am Judge Judy 12:00pm Road to Avonlea **1:00pm** Love Your Garden Heartbeat 2:05pm 3:10pm The Royal 4:15pm Wild at Heart 5:20pm Man About the House

5:50pm Rising Damp George and Mildred Comedy series following George and Mildred Roper. Heartbeat 6:55pm 8:00pm Murder, She Wrote 9:00pm Les Dawson Forever: Ep 10:00pm Les Dawson Forever:

Ep

12:00am The Street

2:20am On the Buses

11:00pm Law and Order: UK

1:20am The Bletchley Circle

Modern-day reimagineering on the classic comedydrama Cash Cowboys 9:00am The Saint 10:00am Ironside **11:05am** Quincy, M.E. 12:05pm Minder Counting Cars 1:05pm Counting Cars 1:35pm 2:05pm Pawn Stars 2:35pm Pawn Stars 3:00pm Pawn Stars 3:25pm The Saint 4:30pm FIFA Confederations Cup 2017 7:15pm Sports Filler Counting Cars 7:30nm 8:00pm Pawn Stars 8:30pm Pawn Stars River Monsters 10:00pm Car Crash Britain Caught on Camera 11:05pm Full Metal Jacket 12:05am FYI Daily

SKY CINEMA

1:05pm The Bourne Supremacy 3:05pm Spy Cloverfield The Lord of the

Rings: The Return of the Kina 10:00pm The Bourne Supremacy

12:00am Spy 2:05am Rocky V 3:55am Con Air

Sky CINEMA

12:30am Couples Retreat

A young Indian man travels to 1970s America hoping to impress his childhood crush and live up to his father's legacy. War Dogs **8:05am** Romancing the Stone **11:00pm** Café Society 10:00am Billy Madison Charming romance 11:35am Hot Shots! about a Bronx 1:10pm The Top Ten Show youngster who 2017 heads to Hollywood 1:30pm My Big Fat Greek and falls for the Wedding 2 beautiful secretary of Magic Mike XXL 3:15pm his powerful agent **5:15pm** Keanu 7:00pm Couples Retreat uncle. 12:40am Johnny Frank My Big Fat Greek Garrett's Last Word Wedding 2 2:25am A Patch of Fog **10:45pm** Keanu

4:00am Downhill

sky SPORTS 2

7:00am Cricket Classics 8:00am WWE Raw ICC Champions 9:00am Trophy Highlights 10:00am Cricket Classics 11:00am ICC Champions Trophy Highlights

12:00pm Live ATP Tennis -

Halle Day one of the Gerry Weber Open in Halle, Germany. An ATP 500 event, home favourite Florian Mayer was the surprise winner last

vear. 7:30pm Cricket Gold 7:40pm Cricket Gold Cricket Gold 7:50pm 8:00pm British and Irish Lions Tour Highlights

11:00pm School of Hard Knocks 2016

12:00am School of Hard Knocks 2016 1:00am School of Hard Knocks 2016 2:00am School of Hard

Knocks 2016

IIThe schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

1:25am

12:10am Full Metal Jacket

Motorsport UK

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters for Your Say should be emailed to yoursay@euroweeklynews.com or make your comments straight on our website: www.euroweeklynews.com

Cover up! It's time for a new law

When is Spain going to clean up its act and ban tourists... and sadly in a few cases local residents... walking around the streets half naked.

While it is easy to blame the Brits having now lived near Mojacar for the last five years I can assure you some German and also a few Scandinavian visitors – though to a lesser degree – are also among those who choose to walk around the streets and go window shopping without shirts on, or in the case of women, in just bikini bottoms.

In the South of France local laws are in place making such behaviour illegal, and anyone walking around without a shirt or in beach attire can be fined on

Keep beach wear and partial nudity where it belongs, which is the beach.

Spain will be a better and more attractive summer destination if and when it makes such attire illegal away from around pools and on the beach.

> Nora Caulcott Torre

Security smile

I AM delighted - yet a little surprised – to note (EWN Issue 1665) that Marbella is now considering installing CTV cameras in various places including Puerto Banus and La Canada shopping mall.

Having lived on the Costa del Sol for almost 10 years, when the idea of such security checks in Puerto Banus was muted several years ago, local businesses fought the suggestion as it was feared cameras would frighten some clients away.

One can glean for ones-self the base of such concerns given the criminal leanings of a few of the big spending people who frequent the ritzy port throughout the year, and especially in summer.

Marbella is well aware of this, as are many people living and vis-



I PUERTO BANUS: Security likely to be stepped up.

Additionally having once been robbed in the car park of La Canada - I was distracted by a stranger, only to later discover my handbag had been stolen while giving directions - CTV cameras will be a huge

bonus, for the mall offers excellent facilities, but in this day and age crime is something we must all fight against.

> R Craddock Estepona

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication -posted on: www.euroweeklynews.com

Comments from EWN online

>> Gay friendly traffic lights in Madrid

Surely Spain as a country emerging from years of recession would have better things they could spend the mon-

Anyway, where are heterosexual people supposed to cross the road now?

It's good to see some light in Madrid!

Amandine

>> Have the dissenters gone quiet? (Leapy Lee)

Media commentators can skew our perceptions away from reality if we're not careful. The dreadful terror attacks in the UK have been truly awful for those caught up in them and my heart goes out to the victims, their families and friends.

But everwhere else in the UK and the whole wide world billions of the rest of us have been leading normal lives at work, or we've been out and about enjoying ourselves, or having a quiet night in without experiencing any terrorism at all - except maybe for those who were glued to the blanket media coverage

While it is undoubtedly important to take action against terrorism, it is vital that we keep a sense of proportion. Countless billions of us live our entire lives into a ripe old age

without ever becoming involved in a terrorist incident. The vast majority of people on the planet never see terrorism at first hand. Without the 24-hour news media they might not be aware of it at all.

It's a fact there are many more deaths every year from accidents at home than from terrorism, but we don't waste time being afraid of our own homes!

Brian Eagleson

>> Mega drug bust in Madrid

They are a greedy and arrogant bunch. They are making their money by hurting others.

How many OD because of their actions?

Too many!

The authorities are helping put these criminals behind bars where they belong.

Great job guys on a job well done!!!!

Guy Campbell

>> Battered, bothered and bewildered by a boring election campaign (Nora Johnson)

Spot on about everything-especially Brown and Blair - yesterday's men!

Stevie

Scottish voters save the **Conservatives**

Great Scot! That dever Ruth Davidson has saved Theresa May's bacon by delivering 13 Scottish Tory MPs! A lucky number for her and 12 more than before, undoubtedly keeping the keys to No 10 in Theresa's handbag - for the moment. Her huge losses to Labour in England would have made her position completely untenable without those additional Scottish MPs. Who would have thought Scotland would save a Tory government? Life is full of surprises these days.

With the SNP still the third largest party in Westminster, the DUP in a government coalition, and all those Scottish Tory MPs in government, Scotland and Northern Ireland now have more power over the Brexit negotiations than ever before. How ironic, considering the PM previously ignored both countries completely! It's worth remembering both those countries voted to stay IN the EU. A second EU referendum is now much more likely. Some MPs are even saying Stormont has just imposed Direct Rule on Westminster! It's usually the other way round. Talk about a

The Irish border will dominate the talks at last. Seriously, how can a UK which has left the EU continue to have an open border with it in Ireland? I've said before I wouldn't want to be in Theresa May's shoes. That's even more true now. Boy, those high heels must be killers! And she's bound to lose the keys to No 10 sooner rather than later.

Adios English!

WHY is it that so many British living in Spain do not even try to learn at least a little Spanish.

I have now been here for three years, and can still only master a few simple sentences, despite numerous lessons and ongoing attempts to im-

But one thing is clear.

My efforts, however poor, are invariably welcomed by local Spanish people, who either do their best to understand me, or try to speak to me in my own mother-tongue English.

I look forward to the day when just perhaps – I am fluent, for despite the fact I am now retired and many say I am too old to learn a new language. just imagine the pleasure I will get from mastering all the idiosyncrasies that seem to exist.

Having said that, perhaps in reality it is the strange English language that is befuddling my linguistic brain!

> Name and address supplied Costa Blanca

Be warned

I'VE been coming to Benidorm now for the last 14 years twice a year with my wife. It is brilliant we love the place and have never had any problems. On Wednesday June 7, I took my wife shopping and she bought a €160 leather coat before we decided to go to the church in the Old Town. An opportunistic thief stole the coat which was beside my wife in the church, leaving her dev-

Geoff, Wirral, Merseyside

Election mess

WELL, after all the huffing and puffing, the election was finally decided and it resulted in a hung Parliament. That I would suggest is the last thing that anybody wanted, however it demonstrated the arrogance of Theresa May and the total misreading of the British electorate. She gambled, she lost, big style. Her 'strong and stable' government is anything but.

What a shambles!!

Philip, San Fulgencio

7:00am

7:30am

8:15am

9:00am

1:00pm

2:00pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

10:00pm Hospital

11:00pm QI

7:10am

11:30pm Newsnight

12:10am Weather

sky SPORTS 1

Good Morning

Live British and Irish

The Premier League

British and Irish

Sports Fans

Lions Tour

Years



Best Offer - 24 Hours 15 Transfers - Car Wash Included

8:00pm

8:30pm

10:00pm

11:00pm

12:00am

1:00am

2:00am

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Breakfast

11:00am Homes Under the

Hammer

Enforcers

BBC News

Doctors

Impossible

Country

Yes Chef

Pointless

BBC News

Holby City

Escape to the

Street Auction

Regional News

The One Show

Bargain Hunt

Regional News

10:15am Crimewatch

12:00pm Fake Britain

12:45pm The Housing

7:00am

1:15pm

2:00pm

2:30pm

2:45pm

3:15pm

4:00pm

4:45pm

5:30pm

6:15pm

7:00pm

7:30pm

8:00pm

9:00pm

8:30pm EastEnders

11:30pm Regional News

11:45pm Fight Game: The

12:15am Fight Game: The

McGuigans

McGuigans

10:00pm Broken 11:00pm BBC News

11:40pm Weather

BBGONE BBGTWO

Emergency Rescue

Down Under

Bargain Hunt

Great American

Railroad Journeys

Stay up to date on

the day's top stories,

breaking news as it

with the latest

The Daily Politics

Coverage of the

Curious Creatures

Mary Berry Everyday

Great British Menu

Natural World

Documentary

facing today.

iLv2

You've Been Framed

capturing the day-to-

day realities of the

pressures the NHS is

latest tennis action.

Yes Chef

10:00am Victoria Derbyshire

12:00pm BBC Newsroom Live

happens.

Tennis

Eggheads

BBGFOUR

100 Days +

Journeys

Great British Railway

Documentary series in

which Michael Portillo

travels the length and

breadth of the

country by train.

Pain, Pus and

for Modern

Medicines

Poison: The Search

Behind Closed Doors

In a fresh take on

Jane Austen, Lucy

Worsley traces the

to show just how

much they

houses Jane lived in

influenced her work.

Hidden Killers of the

Turner: Painting the

Industrial Revolution

Majesty and Mortar:

The Treasure Hunters

Britain's Great

Palaces

Victorian Home

The Genius of

CHANNEL 4

Everybody Loves

Everybody Loves

Nightmares USA

Channel 4 News

Couples Come Dine

Posh Pawnbrokers

Best of Both Worlds

Come Dine with Me

Raymond

Raymond

Frasier

11:05am Ramsav's Kitchen

12:00pm A Place in the Sun:

with Me

Countdown

Fifteen to One

Four in a Bed

The Simpsons

Channel 4 News

Tried and Tasted: The

Ultimate Shopping

Hollyoaks

List

9:30pm Supershoppers

10:00pm One Born Every

11:00pm First Dates

7:00am Minder

Minute

12:05am 24 Hours in A and E

Winter Sun

8:35am

9:00am

9:35am

1:00pm

1:05pm

2:05pm

3:10pm

4:00pm

5:00pm

6:00pm

6:30pm

7:00pm

7:30pm

8:00pm

9:00pm

10:05am Frasier

10:35am Frasier

CHANNEL 5

7:00am	Milkshake!
	Programming aimed
	at children aged two
	to seven years old.
10:15am	The Wright Stuff
12:15pm	House Doctor
1:10pm	5 News
1:15pm	Big Brother

12:15pm	House Doctor
1:10pm	5 News
1:15pm	Big Brother
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4.45	M I CI D I

:15pm	Murder, She Baked
	A Chocolate Chip
	Cookie Mystery
:00pm	5 News
:30pm	Neighbours
:00pm	Home and Away

6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Britain's Greatest
	Bridges
	Documentary
	investigating how

vestigating how six of Britain's most iconic bridges were designed and created.

9:00pm Meet the Hedgehogs **10:00pm** Our Dream Hotel 11:00pm Big Brother 12:05am Big Brother's Bit on

the Side

a

New Girl

New Girl

Brooklyn Nine-Nine

Brooklyn Nine-Nine

The Big Bang Theory

The Big Bang Theory

How I Met Your

How I Met Your

Mother

Mother

New Girl

New Girl

2 Broke Girls

2 Broke Girls

Hollyoaks

9:30pm The Goldbergs

11:00pm 8 Out of 10 Cats

11:50pm The Big Bang Theory

12:20am The Big Bang Theory

10:00pm Rude Tube

The Goldbergs

The Goldbergs

The Big Bang Theory

The Big Bang Theory

1:00pm

1:30pm

2:00pm

2:30pm

3:00pm

3:30pm

4:00pm

4:30pm

5:00pm

5:30pm

6:00pm

6:30pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

10:30am	Melissa and Joey	8:00am
11:00am	Baby Daddy	
11:30am	Baby Daddy	9:00am
12:00pm	How I Met Your	
·	Mother	12:00pm
12:30pm	How I Met Your	•
•	Mother	2:00pm
1:00nm	Now Girl	•

	Lions Tour Highlights
3:00pm	European U21
	Championship
	Highlights
3:30pm	Premier League

	Highlights
30pm	Premier League
	Legends
ՈՈրա	British and Irish

4:00pm Lions Highlights 5:00pm European U21 Championship

Highlights Live European U21 5:30pm Championship

Serbia v Macedonia 8:00pm European U21 Championship Highlights

8:30pm Live European U21 Championship Portugal v Spain

11:00pm British and Irish Lions Tour Highlights 12:00am Premier League

Legends

sky SPORTS 2

WWE SmackDown!

Cricket's Greatest

Cricket's Greatest

ιbν

7:00am Good Morning Britain 9:30am Lorraine 10:25am The Jeremy Kyle Show 11:30am This Morning

The popular morning lifestyle magazine show with advice chat and competitions. Loose Women ITV Lunchtime News

Royal Ascot. 7:00pm Local News and Weather 7:30pm ITV Evening News

ITV Racing Live

1:30pm

2:00pm

2:30pm

8:00pm Emmerdale **9:00pm** Martin Lewis Live 10:00pm Trouble in Poundland 11:00pm ITV News

11:40pm Holiday Horrors: Caught on Camera Compilation series featuring clips of things going wrong on a (not so) relaxing holiday. 12:40am The Chase

Vanderpump Rules 7:35am The Ellen DeGeneres 8:20am Show 9:00am Emmerdale Coronation Street 9:30am 10:00am Coronation Street 10:35am Scorpion 11:25am Below Deck 12:25pm Vanderpump Rules 1:20pm Emmerdale 1:55pm Coronation Street 2:30pm Coronation Street 3:00pm The Ellen DeGeneres Show 3:50pm The Jeremy Kyle Show 4:55pm The Jeremy Kyle Show 6:00pm Judge Rinder You've Been Framed! 7:00pm 7:30pm You've Been Framed! 8:00pm You've Been Framed! You've Been Framed! 8:30pm 9:00pm Two and a Half Men 9:30pm Two and a Half Men 10:00pm Love Island

11:00pm Family Guy

11:30pm Family Guy

12:00am Family Guy

ity3

7:00am	Man About the
	House
7:25am	Heartbeat
8:30am	Where the Heart is
9:30am	Wild at Heart
10:35am	Judge Judy
11:05am	Judge Judy
11:35am	Judge Judy
12:00pm	Road to Avonlea
1:00pm	Love Your Garden
·	Alan Titchmarsh
	presents the series
	which shows viewers
	how to get the most
	from their gardens
	no matter what the
	size.
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the
•	House
5:50pm	Rising Damp

6:20pm George and Mildred

8:00pm Murder, She Wrote

9:00pm Midsomer Murders

11:00pm Law and Order: UK

6:55pm Heartbeat

12:00am Wycliffe

1:00am The Knock

itv4

7:55am	Cash Cowboys
8:50am	The Saint
9:55am	Ironside
11:00am	ITV Racing: The
	Opening Show
12:00pm	Minder
1:00pm	Counting Cars
1:30pm	Counting Cars
2:00pm	Pawn Stars
2:30pm	Pawn Stars
2:55pm	The Saint
4:00pm	Ironside
5:00pm	Quincy, M.E.
6:05pm	Cash Cowboys
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	World Superbike
	Highlights
10:00pm	Benidorm
	Comedy series set in
	Benidorm at the
	Solana all-inclusive
	resort.
11:00pm	Green Street
12:05am	FYI Daily
12:10am	Green Street

SKY CINEMA

2:35pm Backdraft Vigilante Diaries 5:00pm The Huntsman: Winter's War 9:00pm Transformers: Revenge of the Fallen 11:35pm Pirates of the Caribbean: The Curse of the Black Pearl 2:00am True Lies

Sky CINEMA

8:05am	Sadie's Last Days on
	Earth
9:45am	Paul
11:35am	Hot Shots! Part Deux
1:10pm	Ghostbusters
3:10pm	How to be Single
5:05pm	Vacation
6:50pm	Notting Hill
9:00pm	Paul
11:00pm	Ghostbusters
1:00am	Superbad
3:00am	The Overnight

SKY CINEMA

-	PREMIERE	l		
7:00am	The Top Ten Show 2017	•	7:00am 8:00am	Cricket Classics WWE SmackDow
7:20am	Café Society		9:00am	Cricket's Greates
9:10am	The Mummy: Special		9:30am	Cricket's Greates
9:40am	Rock Dog		10:00am	Cricket Classics
11:25am	War Dogs		11:00am	Great Sporting
1:25pm	The Childhood of a			Moments
	Leader		11:15am	Great Sporting
	Ignored by his			Moments
	distant,		11:30am	Great Sporting
	disciplinarian			Moments
	parents, a young		11:45am	Great Sporting
	boy develops into an			Moments
	ego-driven brat		12:00pm	Live ATP Tennis -
	whose behaviour			Halle
	becomes		7:30pm	Cricket Gold

	dictant	11.	20am	Crost Coorting
	distant,	11.	30am	Great Sporting
	disciplinarian			Moments
	parents, a young	11:	45am	Great Sporting
	boy develops into an			Moments
	ego-driven brat	12:	00pm	Live ATP Tennis -
	whose behaviour			Halle
	becomes	7:3	0pm	Cricket Gold
	increasingly	7:4	0pm	Cricket Gold
	unsettling.	7:5	0pm	Cricket Gold
3:30pm	The Tiger Hunter	8:0	0pm	Live Greyhound
5:30pm	Rock Dog			Racing
7:15pm	Café Society			The quarter-finals of
9:00pm	War Dogs			the Greyhound
11:00pm	The Childhood of a			Derby at Towcester
	Leader			Greyhound Stadium.
1:05am	The Tiger Hunter	10:	30pm	Cricket Gold
3:00am	Johnny Frank	10:	40pm	Cricket Gold
	Garrett's Last Word	10:	50pm	Cricket Gold
4:45am	A Patch of Fog	11:	00pm	Cricket's Greatest
		11:	30pm	Cricket's Greatest

12:00am Ashes Best Days

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Le Geek C'est Chic

 $MY\ name\ is\ Trudy\ and\ I\ am\ a\ geek$ - and proud! I've earned my badge with my love of all things Star Wars, comic books and video

For a long time, the general consensus was that geeks were 'sad' however, with the success of shows such as The Big Bang Theory and The IT Crowd, geeks and nerds are finally having their moment in the sun.

The first documented case of the word 'geek' actually dates all the way back to 1916. The term was used to describe sideshow freaks in circuses. It was typically attributed to those circus performers who were known for doing crazy things like biting the heads off small, live animals. These performances were often called 'geek shows.' The word itself came from the word 'geck,' originally a Low German word which meant 'fool' or 'freak.'

The first documented case of the term 'nerd' was back in 1950 in Dr. Seuss's 'If I Ran the Zoo.' The specific text read, 'a Nerkle, a Nerd, and a Seersucker too.' A year later, in 1951, in a Newsweek magazine article, we find the first documented case of 'nerd' being used in a similar way to today. It announced that 'someone who once would be called a drip or a square is now, regrettably, a

By the 1960's, usage had spread throughout

the USA and beyond. Its popularisation was scribe people who studied rather than partied. cemented in the 1970's by its The other theory is that it's an alteration of the heavy use in the American

| NERDS: Large glasses and braces

1940's term 'nert' meaning stupid or crazy -TV show Happy Days. itself an alteration The two most popular of 'nut.' theories for the deriva-Whatever tion of this word are that the origin, it came from 'knurd' the word (which is drunk spelled backwards) and come was used to de-

synonymous with the stereotype of large glasses, braces, acne and high-waist trousers that we all picture when we hear it.

However, with celebrities such as Natalie Portman (who studied at Harvard) and even Megan Fox (a Lord of the Rings nut) being revealed as geeks/nerds, the stereotype of shy, quirky and unattractive individuals is no longer accurate.

Though originally meant as derogatory, the words geek and nerd are being reclaimed and redefined by some as a term of pride and group identity.

There is even a Nerd Pride Day here in Spain! Celebrated on May 25 since 2006, the date was chosen to coincide with the anniversary of the release of Star Wars: A New Hope.

The meteoric rise of Silicon Valley and the computer industry in general, has allowed some nerds to accumulate large fortunes (Bill Gates anyone?).

As American political commentator Charles J Sykes said, 'Be nice to nerds. You may end up working for them. We all could"

With that in mind we should all take heed as it might well be that in the end, the geek shall inherit the Earth!

trudystewart75@gmail.com



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7:00am

7:30am

8:15am

sky SPORTS 1

BBGONE

7:00am Breakfast

10:15am Crimewatch

12:00pm Fake Britain

12:45pm The Housing

2:00pm BBC News

1:15pm

2:30pm

2:45pm

3:15pm

4:45pm

5:30pm

8:00pm

11:00am Homes Under the

Hammer

Dominic Littlewood

investigates scams

across the U.K.

Enforcers

Bargain Hunt

Regional News

Doctors

4:00pm Escape to the

6:15pm Pointless

7:00pm BBC News

7:30pm Regional News

9:00pm Eat Well for Less

10:00pm The Met: Policing

London

11:00pm BBC News

11:40pm Weather

11:45pm Room 101

11:30pm Regional News

12:25am Supersize Cabbies

Week Ahead

12:55am Weather for the

Impossible

Country

Yes Chef

Street Auction

The One Show

BBGTWO

Emergency Rescue

Cookery programme

in which teams

made up of a

professional chef

and an amateur

cook go head-to-

head.

9:00am Gardeners' World

10:00am Victoria Derbyshire

12:30pm The Daily Politics

12:00pm BBC Newsroom Live

Political show

examining the latest

moves in the world

news, views and

of politics.

Lifeline

Tennis

9:00pm Gardeners' World

11:00pm White Gold

11:30pm Newsnight

12:10am Weather

12:15am Hospital

1:15am Horizon

7:00am

7:10am

7:35am

8:20am

9:00am

1:20pm

2:30pm

3:00pm

3:50pm

4:55pm

6:00pm

7:00pm

7:30pm

8:00pm

8:30pm

9:00pm

1:45am

2:15am

10:00pm Brexit Means Brexit

Eggheads

Curious Creatures

Mary Berry Everyday

Great British Menu

2:00pm

2:10pm

7:00pm

7:30pm

8:00pm

8:30pm

Down Under

Bargain Hunt

Yes Chef

8:00pm

8:30pm

9:00pm

1:00am

2:35am

100 Days +

Journeys

10:00pm Burton and Taylor

11:25pm Parkinson, the

Great British Railway

Sound of Cinema:

The Music that

Richard Burton,

Snow's History of

Dan Snow examines

the development of

Fair Cop: A Century

the railways.

Policewomen

Scotland's Home

of British

Movies

Nostalaic

documentary

home movies

became a cultural

phenomenon in

Scotland, with a look

back at some of the

first examples of

movies from the

Scottish home

1920s.

charting how making

Interview

Railways

12:00am Locomotion: Dan

Made the Movies

BBGFOUR CHANNEL 4

Countdown

Will and Grace

Will and Grace

Everybody Loves

Everybody Loves

Nightmares USA

Channel 4 News

Couples Come Dine

Posh Pawnbrokers

Best of Both Worlds

Come Dine with Me

Raymond

Raymond

Frasier

11:05am Ramsay's Kitchen

12:00pm A Place in the Sun:

Winter Sun

with Me

Countdown

Fifteen to One

Four in a Red

The Simpsons

Channel 4 News

Ackley Bridge

Hollyoaks

10:00pm 24 Hours in A and E

12:05am 24 Hours in Police

Custody

itv4

Minder

2:05am The Supervet

Naked Attraction

7:00am

7:45am

8:10am

8:35am

9:00am

9:35am

1:00pm

1:05pm

2:05pm

3:10pm

4:00nm

5:00pm

6:00pm

6:30pm

7:00pm

7:30pm

8:00pm

9:00pm

1:10am

7:00am

11:00pm Fargo

10:05am Frasier

10:35am Frasier

CHANNEL 5

Milkshake!

10:15am The Wright Stuff

12:15pm House Doctor

1:10pm 5 News

1:15pm

2:15pm

2:45pm

3:15pm

4:15pm

6:00pm

6:30pm

7:00pm

7:30pm

8:00pm

9:00pm

Programming aimed

at children aged two

to seven years old.

The latest news

Home and Away

NCIS: Los Angeles

coverage.

Big Brother

Neighbours

Hit and Run

Neighbours

Home and Away

Police Interceptors

GPs: Behind Closed

Documentary taking

a look at what goes

5 News

5 News

Doors

7:00am



9:00am Rules of Engagement 9:30am Rules of Engagement 10:00am Melissa and Joey 10:30am Melissa and Joey

11:00am Baby Daddy 11:30am Baby Daddy 12:00pm How I Met Your Mother

12:30pm How I Met Your Mother 1:00pm New Girl 1:30pm New Girl

Brooklyn Nine-Nine 2:00pm 2:30pm Brooklyn Nine-Nine 3:00pm The Big Bang Theory 3:30pm The Big Bang Theory 4:00pm How I Met Your

Mother 4:30pm How I Met Your Mother

5:00pm New Girl 5:30pm New Girl 6:00pm 2 Broke Girls 6:30pm 2 Broke Girls

on in the consultation room. The Big Bang Theory 7:00pm 10:00pm Can't Pay? We'll 7:30pm The Big Bang Theory Take it Away! 8:00pm Hollyoaks The Goldbergs

8:30pm

9:00pm

7:00am

1:15pm

3:15pm

5:15pm

7:00pm

7:20pm

9:00pm

3:05am

4:40am

11:00pm Julieta

11:00pm Big Brother 12:05am Big Brother's Bit on the Side

1:05am Cricket on 5 2:00am Super Casino 4:10am Wentworth Prison a

10:00am British and Irish Lions Tour Highlights 11:00am The Premier League Years 1:00pm Football's Greatest 1:30pm Football's Greatest 2:00pm British and Irish Lions Tour Highlights 3:00pm Premier League Legends 3:30pm Premier League Legends 4:00pm Spanish Football Gold 4:15pm Spanish Football Gold 4:30pm British and Irish Lions Tour Highlights 5:30pm Live European U21 Championship Czech Republic v Italy 8:00pm

Barclays Premier League World Live European U21 8:30pm Championship

Germany v Denmark **11:00pm** Barclays Premier League World

11:30pm Football's Greatest Teams **12:00am** Premier League

Britain

Lorraine

10:25am The Jeremy Kyle

Show

11:30am This Morning

1:30pm Loose Women

Good Morning

ITV Lunchtime News

A thorough round-

lunchtime's main

international news.

national and

ITV Racing Live

Royal Ascot.

Weather

Emmerdale

Local News and

ITV Evening News

Coronation Street

More drama and

turmoil from the

Coronation Street in

the longest running

Caught on Camera

residents of

TV Soap.

11:40pm Trouble in Poundland

12:45am BTCC Highlights

9:00pm Love Your Garden

10:00pm Holiday Horrors:

11:00pm ITV News

2:05am Jackpot247

up of this

7:00am

9:30am

2:00pm

2:30pm

7:00pm

7:30pm

8:00pm

8:30pm

ibv2

Vanderpump Rules

Show

10:35am Scorpion

11:25am Below Deck

Emmerdale

10:00am You've Been Framed!

12:25pm Vanderpump Rules

Show

Show

Show

Emmerdale

You've Been Framed!

The Ellen DeGeneres

The Jeremy Kyle

The Jeremy Kyle

Judge Rinder

You've Been Framed!

You've Been Framed!

You've Been Framed!

You've Been Framed!

Two and a Half Men

Two and a Half Men

9:30pm Two and a Half Men

10:00pm Love Island

11:50pm Family Guy

12:20am Family Guy

12:50am American Dad!

1:20am American Dad!

Bordertown

11:00pm Celebrity Juice

The Ellen DeGeneres

ibv3 The Hot Desk 7:00am Man About the You've Been Framed!

House 7:25am Heartbeat Drama, set in the North Yorkshire moors in the 1960's 8:30am Where the Heart is 9:30am Wild at Heart 10:30am Judge Judy

11:00am Judge Judy 11:30am Judge Judy 11:55am Road to Avonlea 12:55pm Love Your Garden 2:00pm Heartbeat The Royal 3:05pm 4:10pm Wild at Heart

5:15pm Man About the House 5:50pm Rising Damp George and Mildred 6:20pm 6:55pm Heartbeat 8:00pm Murder, She Wrote Drama series about a sleuthing writer

who solves murder

mysteries. 9:00nm Lewis 11:00pm Law and Order: UK Crime drama hased on the hit US series Law and Order. 12:00am Inspector Morse

2:10am The Knock

7:55am Cash Cowboys 8:55am The Saint 9:55am Ironside 11:00am ITV Racing: The Opening Show 12:00pm Minder The Saint 1:05pm 2:05pm Counting Cars 2:40pm Counting Cars 3:05pm Pawn Stars Pawn Stars 3:35pm 4:00pm Pawn Stars FIFA Confederations 4:30pm Cup 2017 7:15pm Sports Filler 7:30pm FIFA Confederations Cup 2017 10:15pm British Superbike Highlights 11:15pm Reservoir Dogs A group of perfect strangers have been assembled to pull off the perfect heist. 12:15am FYI Daily 12:20am Reservoir Dogs

SKY CINEMA ACTION & ADVENTURE

12:40pm Jack Reacher: Never Go Back 2:50pm The Longest Day 5:50pm Spider-Man Jack Reacher: Never 8:00pm

Go Back 10:00pm Pirates of the Caribbean: Dead Man's Chest The Mummy 12:35am

Returns 2:50am Face/Off

sky CINEMA

7:45am Lessons in Love 9:35am Dope 11:25am Trainwreck 1:35pm Mike and Dave Need Wedding Dates 3:25pm Ride Along 2

The Top Ten Show 5:15pm 2017 5:30pm The Bad Education

Movie

Me Him Her 7:15pm Mike and Dave Need Wedding Dates

10:45pm Ride Along 2

12:40am Trainwreck 2:50am Team America: World

Police

SKY CINEMA

Leader

9:10am Café Society

12:45pm Pirates of the

11:00am Rock Dog

The Childhood of a

Caribbean: Salazar's

Revenge: Special

Sky Movies takes a

special look at the

fifth instalment in

the swashbuckling

Johnny Depp, Javier

series, starring

Bardem and

War Dogs

Café Society

2017

pond?

Rock Dog

War Dogs

12:55am The Childhood of a

Leader

Downhill

Johnny Frank

Garrett's Last Word

Geoffrey Rush.

The Tiger Hunter

The Top Ten Show

Which movies are

doing the best

and across the

business at home

12:00am The Big Bang Theory

9:30pm The Big Bang Theory

10:00pm The 100

11:00pm Gogglebox

The Big Bang Theory

sky SPORTS 2

Legends

11:45am Great Sporting Moments 12:00pm Sporting Heroes 1:00pm Cricket Classics 2:00pm **Great Sporting**

Moments 2:15pm **Great Sporting** Moments

2:30pm **Great Sporting Moments** 2:45pm **Great Sporting**

Moments 3:00pm Sporting Records Sporting Records 3:30pm 4:00pm **Great Sporting**

Moments 4:15pm **Great Sporting** Moments

4:30pm **Great Sporting** Moments **Great Sporting** 4:45pm

Moments 5:00pm Darts Gold 5:15pm Darts Gold 5:30pm Boxing Gold Boxing Gold

5:45pm 6:00pm Cricket's Greatest 6:30pm Cricket's Greatest 7:00pm Cricket

11:00pm Cricket's Greatest 11:30pm Cricket's Greatest 12:00am Cricket **4:00am** Cricket Classics

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1:20am Lethal Weapon

Quincy, M.E.

Tommy Cooper

ITV4 Nightscreen

Teleshopping

2:20am

3:25am

3:50am

4:00am

LEGALLY SPEAKING

With or without a licence?

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



A REGULAR question that occurs is 'can I drive a small microcar' without a licence?

According to the N332 Guardia Civil team, many people say you can drive them without a licence because you don't need to have a Category B licence which is for cars. However, to say you don't need any licence is not correct as you must have a Category AM licence which is the category required to be able to ride a moped.

Because these 'microcars' have such a small engine, they are classed as mopeds and can even be driven by teenagers as long as they have the Category AM licence. However it must be noted that these vehicles must be driven on the hard shoulder where there is one, or as far to the right as possible, and they are not permitted on motorways.

The vehicle itself must be registered and insurance is still needed. It follows the same requirements as normal cars and it must have a logbook and ITV inspections must be carried out.

To obtain a Category AM licence your local driving school will be able to give you all the information you need, including requirements for a medical report if necessary.

So drivers should be reminded that yes they do need a licence for a vehicle and to drive any vehicle without a licence is breaking the law. Similarly, if you don't have your licence with you when you are driving it can be assumed you are driving without one until proven otherwise and you may be arrested until you can prove you are qualified to

For more news and articles visit www.n332.es or search N332 on Facebook.

How much capital gains tax?

We purchased a property for €110,000 two years ago and we are selling it now for €300,000. We intend to spend about €200,000 on our next home in Spain. We are residents

of Spain and our house is our permanent residence Can you help us with what we should expect to pay for capital gains tax?

A B (Costa Blanca)

You have tripled vour money in two years, turning a profit of € 200,000.

It seems you will have to pay the full rate of Spanish capital gains tax, at 23 per cent of your profit, for a *hefty tax of* € *46*,000.

Reductions are available



but you do not seem to qualify. If you are a tax resident of Spain, this means you pay Spanish income

1. If you have tax returns for the previous three years. 2. And if you have held your principal residence for three years.

3. And if you use all your profits to buy a new principal residence in Spain, you would be free of capital gains tax.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

What is it with choices?





Views of a **Grumpy Old Man**

SO the election has been and gone and to be honest Mrs May got what she deserved. That's all I've got to say about that because I only get a limited amount of words and I don't want to waste any more of them on slime bag politicians.

What is it with choices these days? My daughter has just bought her first house and needed to buy some white paint. 'No big deal,' I said to her, 'go down to B & Q and buy a pot.' Simple. Job done. Oh no not any more. There are so many it's ridiculous. She sent me a list of 20 different whites. But these days it's the same with everything.

We are all spoilt for choice. Try buying anything. It gets on my nerves. You spend hours online just comparing prices. Then you find something and think you have cracked it. But no - it's not quite the same thing - it's either a little smaller or a little lighter in weight. Have you ever tried to buy a computer? What a minefield that is! You go into the store and ask the salesman to help. Then come the questions.

How much storage, how much memory. how much ram, dual core, quad core, bloody apple core and then you make your choice and off you go all happy with your lappy or desktop only to find a week later that the one you got sold has just been superseded by a newer model and yours is now defunct. It's all so infuriating!

Talking about computers this one peed me off this week. I was trying to log on to my Apple account. I try one incorrect password, try second incorrect password, try third incorrect password and I am now locked out. It says 'please reset password.'

So in I go and answer all the security questions and reset my password and as I hit enter with my new password and up comes the writing 'you cannot use a password that you have used before'! I didn't think I had so I tried two other passwords that I use and they aren't accepted either. One is too weak and the other I'd used before so now I have to think of a new one.

Like I don't have enough already I now have to use a capital letter and a number and now a special symbol. It's exhausting and frustrating. And then the emails start telling me that I've changed my password. I know. You don't have to tell me! Why does life have to be so complicated?

Email me mikesenker@gmail.com



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SPONSORED BY

Cryptic

Across

- 1 Support parade proudly (5) 4 Plots resistance in different places (7)
- 8 Commemorate memorial. it's rebuilt (11)
- 9 Take flight until tar is repaired (4,4)
- 10 Eye infection encountered in the first years of life (4)
- 12 Increases the number of dandies (6)
- 13 The approach or escape includes tedious tasks (6)
- 16 Ailment causing nasty eruptions, initially (4) 18 Detective is indeed
- comprehensive (8) 21 Hag can smell crooked
- coppers (5,6) **22** Beginning the climb after first of November (7)
- 23 Fibre used in optics is altered (5)

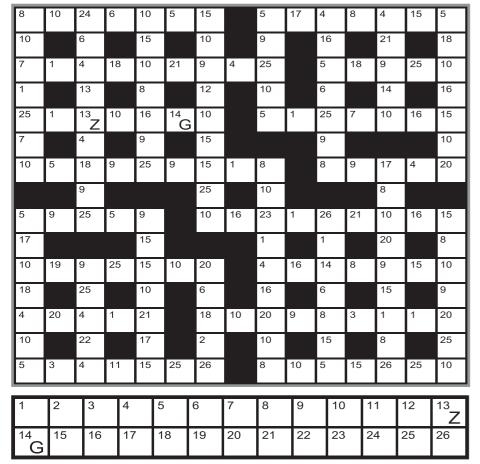
- 1 Broke the family, in a way
- 2 Regret about an inspector
- 3 Accelerator or choke (8)
- 4 Good natured head of clan is wearing tartan (6)
- 5 Bitterly reproach perjurer for going back (4) 6 Upstanding characters from

15 21

- 7 Bags of cash confused alien skinhead (7)
- 11 Covers The Ashes broadcast (8)
- 12 Rank of Victoria for example (7) 14 Softens on the French in tears (7)
- 15 Farmer loth to consume wine (6)
- 17 Sent school head faulty dens (5) 19 Live in Erskine Caldwell's house
- 20 We must accept silver as payment (4)

Code Breaker

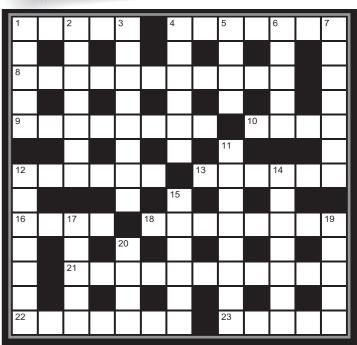
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 13 represents Z and 14 represents G, so fill in Z every time the figure 13 appears and G every time the figure 14 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



LAST WEEK'S SOLUTION FACING PAGE

money transfers

Quick



Across

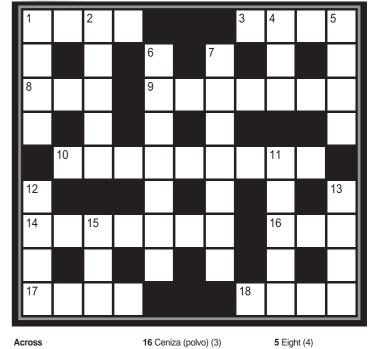
- 1 Omits (5)
- 4 Pairs of people who live together (7) 8 Fundamentally (11)
- 9 Manifold (8)
- **10** Adhesive (4) 12 Expensive (6)
- 13 Purchased (6)
- 16 Dark shade of blue (4)
- 18 Messages informing of danger (8)
- 21 Capable of being classified (11)
- 23 Fragrance (5)

Down

- 1 Water vapour (5)
- 2 Rude expressions intended to offend or hurt (7) 3 Showing reason or sound judgment (8)
- 4 Appreciably or disagreeably cold (6)
- 6 Faithful (5)
- **7** Propose (7)
- 11 Joins (8)
- 12 Marked by skill in deception (7)
- 14 Real (7)
- **15** Differs (6)
- 17 Russian spirit (5)
- 19 Depleted of content, energy, force, strength (5)
- 20 Requests information about (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



- 1 Well (in a good manner) (4)
- 3 Celery (4) 8 Cálido (climate) (3)
- 14 Mayor (7)
- 9 Estirar (7) 10 Nightmare (9)
- 16 Ceniza (polvo) (3) 17 Toad (4)
- 18 Pinzas (4)
- 1 Owl (long-eared) (4)

- 12 Alfombras (pequeñas) (4)

6 Normalmente (7)

7 Alabanzas (7)

- 4 Mascota (animal doméstico) (3) 15 Taza (recipiente) (3)

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EW



Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'due' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



Nonagram

A R

м

Ε Ι

R

E

P

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the let appears twice). Each word MUST **CONTAIN THE CENTRE LETTER (in this** case M) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.

TARGET:

- Average: 9
 - Very good: 17
- Good: 12 • Excellent: 22

LAST WEEK'S SOLUTION

come comp meet mete mont mope mote neem omen poem pome teem temp tome comet compt emote monte motet tempo tempt totem cement compete contempt COMPETENT

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.



LAST WEEK'S SOLUTION								
5	2	9	8	3	1	4	6	7
3	1	6	7	4	2	5	8	9
7	8	4	9	6	5	3	1	2
8	6	1	5	2	7	9	3	4
2	7	3	4	9	6	8	5	1
9	4	5	3	1	8	7	2	6
4	9	2	6	8	3	1	7	5
6	5	8	1	7	9	2	4	3
1	3	7	2	5	4	6	9	8

UK NATIONAL LOTTERY (10) (18) (28) (2) 35 36 50 **IRISH LOTTO** (6) BONUS BALL (39) 20 24 29 **EURO MILLIONS** 20) (22) (25) (3) 7 37 (40)



YOUR STA FOR NEXT 7 DAYS



AQUARIUS (January 21 - February 19)

This is a time to consider finances and keep your options open. Someone who tries to get a fast decision out of you by pushing you into a corner is doing you no favours. You will decide what (if anything) needs to be done when you are good and ready.



Keep things simple. Getting involved in other people's problems is not for you at the moment. It may be necessary to delay a decision to give yourself time to think. Could you manage a few days away somewhere? Maybe you could stay with a friend or relative. You need some peace and quiet on your own.



ARIES (March 21 - April 20)

Although things are going pretty well, there are some things that could be just a little better organised. The time and money that this saves could be small, but it's the ongoing positive attitude that counts. There have been times recently when you have wondered if your progress on a certain matter would ever start up again.



TAURUS (April 21 - May21)

It is better if you don't get involved in any high profile, high risk business deals. Success is not assured. This is a time for financial consolidation. Count your nennies and see the pounds collecting in the future. On a cold winter's night it can give a pleasant glow to realise your action during the summer is keeping vou warm.



GEMINI (May 22 - Juny 21)

Partnerships see you leap ahead on something that was a bit stuck in the mud. A leap in your bank balance follows. Some quick decisions may be called for so it is better to share responsibilities, whatever the outcome. You have a chance to show just how clever you can be, but do it because it gives you personal satisfaction rather than to impress.



CANCER (June 22 - July 23)

After a hectic start to the week, things seem to have slowed down. Look carefully at what has happened, but remember that there is no point in worrying over something that you cannot change. Sitting tight and waiting for this period to pass could be the best solution. Certainly, it will prove less stressful than fighting a losing corner.



(July 24 - August 23)

Money is good and this can make you over-confident. Beware bank managers offering loans in large amounts. Nothing is for free and you need to look carefully at interest rates right now. Another, more personal, investment also needs looking at right now. Are things going exactly the way you want them to?



VIRGO (August 24 - September 23)

Aim a bit higher than usual and you may be surprised at your success. When seeing the bigger picture, you realise that it is not so daunting after all.

If one person can do it then so can another. It is a matter of how you approach it. What you have to ask yourself this week is why you should accept the minimum when the maximum is so close by.



IIRRA (September 24 - October 23)

This should be a great time for your finances. Any glitch is likely to be because you have overspent. Even if things still need close attention, you can win if you concentrate. A bit of plotting and planning can work wonders at the moment. Most of your big expenses are behind you and if you can just tighten that belt a wee bit



SCORPIO (October 24 - November 22)

Although things seem fine, this is not a time to overstretch your finances. Spending a lot this week without thought is problematic later. This is a week of shifting and changing and that certainly means your finances. The other area is your social circle, where people come and go, sometimes without warning.



SAGITARIUS (November 23 - December 21)

This is not a particularly lucky week for you, so I would certainly advise caution.

Gambling is not recommended. Being clever with money is as much about not spending it as about how you spend it.



CAPRICORN (December 22 - January 20)

Look at the long-term picture when considering money matters. What seems like a good deal now may not be so a few years down the line. Someone who appears to be telling a lie may simply have either misunderstood or have the wrong information.

LAST WEEK'S SOLUTIONS

CRYPTIC

1 Talisman, 4 Deal, 8 Libya, 10 Acreage, 11 Reagent, 12 Eats, 14 Notary, 16 Stigma, 19 Grit, 21 Inspire, 24 Insular,

25 Alert. 26 Lush. 27 Asteroid.

1 Tolerant, 2 Shame, 3 Awaits, 5 Exact, 6 Lied, 7 Ernest, 9 Blast, 13 Talented, 15 Rattle, 17 Grime, 18 Tigris, 20 Rests, 22 Stale. 23 Pill.

QUICK

1 Shampoo, 5 Cocky, 8 Buddy, 9 Piranha, 10 Uproars, 12 Stein, 13 Desire, 15 Closed, 18 Bling, 19 Epsilon, 21 Expands, 22 Apart, 23 Surge, 24 Success.

1 Subdued, 2 Adder, 3 Pry, 4 Oppose, 5 Chrysalis, 6 Confess, 7 Yearn, 11 Arrogance, 14 Skipper, 16 Donates, 17 Versus,

18 Bless, 20 Leave, 22 Arc.

CODE BREAKER

1	2	3	4	5	6	7	8	9	10	11	12	13
N	V	S	K	Ε	J	U	W	X	M	R	G	¹³ F
14	15	16	17	18	19	20	21	22	23	24	25	26
Q	Ζ	В	Т	С	Н		D	0	Α	Р	Y	²⁶ L

ENGLISH-SPANISH

1 Marcador, 7 Nadar, 8 Awake, 10 Hoe, 11 Oca, 12 Oil, 13 Aisle, 14 Traje,

15 Bookshop.

2 Address, 3 Carbonero, 4 Diamantes, 5 Anchoas, 6 Replies, 9 Abogado.

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Votes versus integrity

Cassandra Nash

A weekly look

- and not entirely impartial reaction - to the Spanish political scene

MANUELA CARMENA, mayor of Madrid, recently received the parents of Leopoldo Lopez, a political prisoner in Venezuela.

In doing so, she has distanced herself from Podemos whose votes put her in City Hall, because Pablo Iglesias and the party hierarchy are close to Venezuela. Formerly wellpaid assessors to Hugo Chavez and his disastrous successor Nicolas Maduro, they have conscientiously refrained from criticising the chaotic and inept regime that is dragging its supporters and opponents down into misery.

Carmena, who is 73 and a former judge, knows about oppression. She co-founded the Madrid law office in Calle Atocha where five labour lawyers were gunned



MANUELA CARMENA: Mayor of Madrid.

down in 1977 by neo-fascists. It was only by chance that Carmena was not there that January night.

However actions speak louder than words and by meeting Lopez's parents Carmena made her position clear: as mayor she needs Podemos votes but she needs integrity more.

Blame it on dad

MANUEL MOIX, Public Prosecutor for Anti-Corruption had to resign over his quarter-share in Panama-registered company, Duchesse Financial Overseas.

It was his father's fault, he claimed, and the company was set up in 1989 to protect a property during a dispute with its builder. Dad clearly knew his way around the labyrinths of finance and the law but Moix's avowals of ignorance regarding the company ring hollow, as he was allegedly present at the sig-

Why is it that explanations for dodgy issues always sound like ex-

Ignored siren song

PEDRO SANCHEZ hopes his Left-leaning siren song will lure back voters seduced by Pablo Iglesias and Podemos. But Sanchez was secretary general in the December 2015 and June 2016 general elections when the PSOE suffered its greatest-ever losses. Go figure, as the Americans would

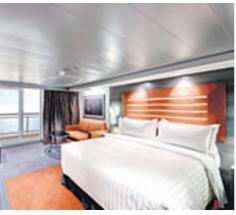
The scapegoat that got away

SUSANA DIAZ'S failure to become PSOE secretary general did not come as a blow only to Susana Diaz. It wrong-footed Pablo Iglesias too. As well as satisfying his known liking for grandstanding and showboating, Iglesias's Vote of No Confidence in Mariano Rajoy should have given him the chance to put Diaz on the

The censure motion was bound to fail but the Podemos supremo was preparing to blame Diaz. Andalucia's regional president was instrumental in ousting the past - and now present - secretary general Pedro Sanchez so that the PSOE could abstain during Rajoy's investiture bid last October. This time Pablo can only blame himself and any censure was for him and him alone.

Advertising feature











This summer's ultimate destination

MSC CRUISES has welcomed the MSC Meraviglia with a star-studded christening ceremony in Le Havre, France.

Meaning 'wonder' in Italian, the ship truly is a wonder. It is also the biggest ever built by a European-based cruise line and boasts an array of phenomenal facilities that will keep everyone entertained throughout their journey at sea.

Designed for all seasons, the ship comes along with both an indoor and outdoor pool. The main pool, inspired by the cool vibes of Miami's South Beach, provides a generous poolside space at sea and becomes a stunning outdoor spot for entertainment and dancing.

There is also a large open-air aqua park with

three water slides, a splash pool and an adventurous 'Himalavan Bridge' sky walk that allows passengers to cross the vessel nearly 200 feet above the water.

There is a Mediterranean-style indoor promenade featuring the longest LED Dome at sea with stunning visuals and effects. Passengers can take in the awe-inspiring atmosphere, shop in one of the boutiques, or simply sit back and enjoy a delicious ice cream or crepe from the award-winning French chocolatier and pastry chef Jean Philippe Maury.

A choice of 12 distinct restaurants promises something special for every taste including a buffet restaurant that opens 20 hours a day,

serving Mediterranean specialities and international cuisines. There are fine dining options and a wide range of bars and lounges on board offer refreshment and relaxation. Exclusively on MSC Meraviglia, six nights a week, guests will have the opportunity to see the worldclass shows by Cirque du Soleil.

An impressive 17 different types of cabin are available to choose from when sailing onboard MSC Meraviglia, including family options, duplex suites with a private whirlpool bath, and the highest ratio of seaview balcony staterooms of any cruise ship.

Families and young cruisers will love the amusement park with simulators, 4D cinema and bowling alley. There is also The LEGO

Experience Onboard, whilst babies enjoy a larger Chicco area at the Mini Club and MSC Babycare.

The luxurious Balinese spa MSC Aurea will leave you feeling pampered from head to toe and for those wanting to get acive, there is a state-of-the-art gym.

The MSC Meraviglia will be this summer's ultimate destination in the Mediterranean where she will spend her inaugural season, operating seven-night voyages calling in Spain, Italy, Malta and France.

For more information, contact Falken Tours and book your cruise holiday on board this amazing state of the art ship. Call 966 790 004 or 966 730 151.

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Skin cancer awareness week

MORE than 250 dermatologists evaluated thousands of Spaniards across 49 provinces in a bid to detect and prevent skin cancer.

The initiative was part of the 2017 melanoma campaign organised by Spain's Academy of Dermatology and Venereology (AEDV), in which 33 other EU countries also participated.

According to AEDV, around 4,000 melanomas are diagnosed each year in Spain and believe around 80 per cent of these could have been avoided if adequate sun protection was used.

Cases are more common in those aged over 50, particularly as sun protection and the damaging sun's rays were less known about a few decades ago, but there are more and more cases of young people being diagnosed due to unhealthy habits of sun exposure.

However, the good news is that 80 per cent of melanomas are cured with surgery and early diagnosis means it is unlikely to have spread to other parts of the body.

During the week-long campaign, specialists analysed moles and offered free consultations to check people's skin. Different activities were also arranged to remind people of the importance of protecting the skin from the sun's harmful rays and in checking moles for any changes. Remember if you have an existing mole that has changed shape, colour or size, you should get it checked.

Also, look for new moles, spots or lesions that are red, can bleed and are not healing.

SUN DAMAGE: Get your moles checked out.



EXPERTS are warning against the so-called 'sleeping beauty' diet.

The 'diet' advocates sleeping as long as possible so there are less hours in the day to eat. Many women are also relying on sedatives and sleeping pills to enable them to sleep up to 20

Avoid sleeping beauty diet

hours a day and are at risk of overdosing and becoming ad-

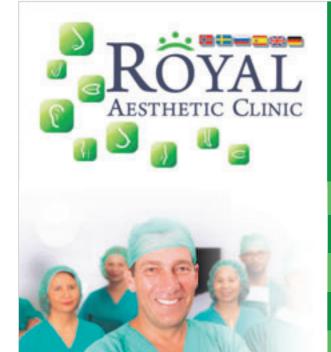
The diet could also have an impact on the mental health of

followers unable to interact or socialise, spending most of the day in bed leading to social isolation and potentially depression. It can also affect a person's body clock and dieters are more likely to binge eat when awake.

Experts warn sleeping pills should always be used with caution. A study by Keele Uni-

versity found that as they can cause drowsiness and impaired balance, the risk of a fracture doubled in those who relied daily on sleeping pills to get to

sleep. In 2015, a University of Washington study also showed a worrying link between sleeping tablets and dementia and researchers from Nottingham University in 2012 found that sleeping pills increase the risk of contracting, and dying from, pneumonia during their study.





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Good or bad boredom?

BOREDOM. What is boredom? Simply being fed up, having nothing to do at the weekend? Lacking enthusiasm in your work, being uninterested in things?

Boredom has many different levels and experiences and it can affect different people in different ways. It can be healthy, but can also be harmful.

Now, experts have suggest-

ed their could be up to five different types of boredom and the 'wrong' sort of boredom can be self-destructive and could lead to an earlier

A type of boredom known as 'reactant' is deemed the most harmful by experts. They say this involves strong negative feelings making people restless, angry and stressed. This can also lead to long term boredom with people more likely to skip school or quit their jobs, as well as smoke, take drugs and binge drink; all factors that can reduce the life expectancy as it was found that the boredom leads to bad habits.

However, 'indifferent' boredom could be beneficial. This is the state where people are not actively doing anything, but they are calm and quiet and so allow their mind to wander off.

This has proven to boost creativity and it is often recommended to allow children to be 'bored' so they can spend time with themselves, be more creative and stimulate their minds to play and be active without outside factors such as electronics and video games being given to entertain them.



Jellyfish stings



SPECIALIST: Doctor Luis Perez Belmonte.

What happens if a jellyfish stings me?

The common symptoms of jellyfish stings, assuming the patient is not allergic or suffering from some type of illness which could worsen the effects, are: Pain, burning, inflammation and reddening and bleeding.

How do I treat a jellyfish sting?

When a jellyfish stings us, the pain and itchiness is immediate. The first thing that it is necessary to do is clean the area affected by the sting. We should never use freshwater, because it could break the stinging cells, causing another sting.

To clean the area, a saline solution is perfect. In case you don't have one, salt water could also be a solution. For approximately 15 minutes, you should apply cold to the affected zone.

If you use ice, don't apply the ice directly to the sting, but rather cover it with a cloth or a towel.

If any of the tentacle is still stuck to the skin. remove it, but never with the hands. Use some kind of pincers.

You should also use some kind of antihistamine, for the reaction, and a painkiller for the pain. Pregnant women must pay special attention when taking antihistamines. If the pain is very intense, or the victim's condition worsens. they should seek medical attention immediately.

It's not necessary to rub yourself, either with towels or with sand; not with anything that could hurt you even more.

How can I avoid being stung by a jellyfish?

You should keep an eye out for the appearance of these animals on beaches or places where you regularly swim. You should never touch or handle jellyfish if you are not wearing appropriate protective gloves.

Limit yourself to looking at them from far away. They may be curious creatures, but you shouldn't forget that their stings can be dangerous.

If you have any questions for Dr Perez Belmonte, please send them to: jefemedico@helicopterossanitarios.com



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Donors above average

SPAIN continues to break records on the number of organ and tissue donations and transplants.

For 25 consecutive years, Spain continues to be a world leader and in 2016 again increased its figures to more than 43 donors per million inhabitants, totalling 2,018 donors and 4,818 transplants, well above the European av-

The figures were an-



thank the altruistic gesture of all donors and their families.

The Spanish model of organ donation and transplantation is often used as a worldwide reference and is deemed as an example to be followed for all countries that want to improve their donations and transplants. It is based on a 100 per cent public system with an extensive network of health professionals with specific and impeccable training.

Those who donate do not know who receives it and do not receive any compensation.





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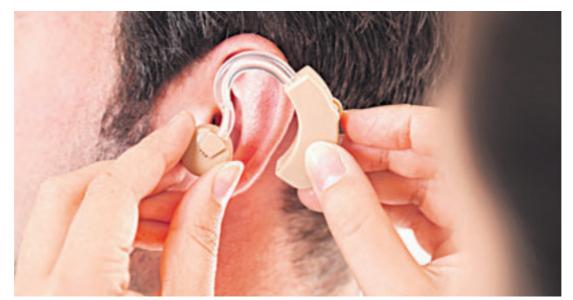
Are you suffering from Sensorineural hearing loss?

SENSORINEURAL hearing loss is a type of hearing loss in which the root cause lies in the inner ear or sensory organ. It occurs when a breakdown in the hair cells in the inner ear results in them being unable to convert soundwaves into the nerve impulses that are recognised by the brain as sounds.

High-frequency hair cells (carrying the information of speech) are more susceptible to damage than the low-frequency hair cells (background noise, deep sounds) and usually go first.

This type of hearing loss cannot be remedied surgically or medically and this is where hearing aids come into their own and can be of great benefit. The majority of hearing losses detected tend to be sensorineural.

Generally, someone suffering from a sensorineural hearing loss can hear in a quiet room one-to-one faceto-face, but tends to struggle in background noise. (Low-frequency background noise is heard perfectly well and tends to overwhelm the speech. which is heard poorly.) Sufferers can tend to shout because they often



SENSORINEURAL HEARING LOSS: Once it's gone, it's gone, so wear ear protection, it's never too late.

cannot hear their own voice proper-

Sufferers complain that one word runs into another and the beginning and ends of words are often missed; whilst the low-frequency noise of vowels is heard well, the high-frequency sounds of consonants can be lost.

An increase in volume will not

necessarily improve clarity, because all sounds including the ones heard well are increased at an equal rate. The sensorineural hearing loss sufferer requires more amplification in the high frequencies than in the low in order to maintain clarity.

Inner ear hair cell damage can be caused by noise such as prolonged exposure to damaging levels of noise

at work (machinery, engines, etc) or leisure (nightclubs, rock bands etc), or short exposure to very high-intensity levels such as explosions. It can also be caused by ototoxicity (the side-effect of drugs, alcohol, tobacco, chemicals, pollutants, etc), or by viral infections (mumps, measles and shingles amongst others), circulatory disorders, strokes, tumours,

Menière's disease (a disorder of the inner ear that leads to feelings of vertigo and ringing in the ear.

The sensorineural hearing loss sufferer is often accused of having selective hearing because in some circumstances (absence of background noise) and at some frequencies (low/deep sounds) they can hear as well as if not better than many

The sensorineural hearing loss is the curse of a noisy world; inner ear hair cells do not regenerate in humans: once it's gone, it's gone, so wear ear protection, it's never too late to start!

If you have any questions about this topic, written by Michael Burke RHAD MSHAA, of Digital Hearing Quesada, you can email digitalhear ing@hotmail.co.uk or contact Michael at Digital Hearing on 698 418 642.

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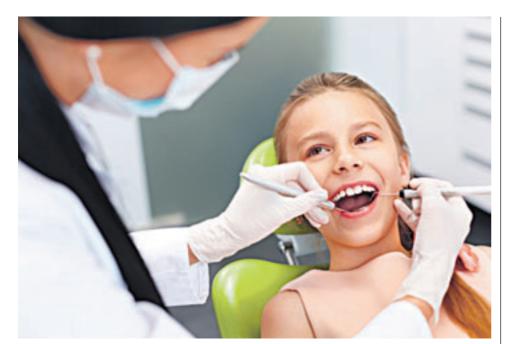
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CHECK UPS: Are important for young children.

Child dental care concerns

NHS dental care is free for children and yet a report has revealed that around 80 per cent of one and two-year-olds in England did not visit an NHS dentist last year. For children up to the age of four, the figure was 60 per cent.

Dental experts recommend children start seeing a dentist as soon as their first teeth start to appear and should continue with annual appointments to help spot any potential problems early on such as tooth decay. This was believed to be the cause of many of the 9,220 tooth extractions which were performed in hospitals on children aged from one to four during 2015-2016.

Experts say 90 per cent of tooth decay problems are preventable with good oral hygiene. They are calling on the government to carry out more awareness campaigns highlighting the importance of dental check ups in young children and to remind them they are free.

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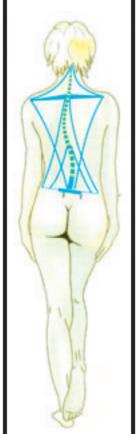
PHONE APPOINTMENT ONLY

Osteopathic Healthcare, founded by Osteopaths Russell Dougall and Sonja van Kommer, has been providing professional osteopathic services, most notably to the expat community, on the Costa Blanca since 2001.

During this time, successfully treating a wide variety of people and disorders, gaining a good reputation, mostly by word of mouth, they have established a busy and well-respected practice.

Due to one of their children's educational needs, Russell and Sonja reluctantly decided to relocate to Scotland. Having made this decision, Russell made great efforts to find a suitable, competent and capable replacement to run and take over the reins of the clinic, to maintain the standards of Osteopathic Healthcare. To this end they have chosen the very experienced and registered Osteopath, Mr James M P Doyle from Dublin, Ireland.

Mr Doyle will continue to provide a professional service to all our patients past and present, and we look forward to hearing from you should you have need of our service.





Try yoga to beat cancer effects

YOGA could help those with breast cancer particularly as it helps patients to be more relaxed and better able to cope with side-effects.

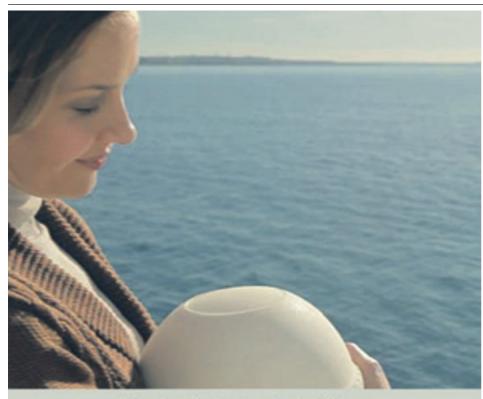
Two studies were presented at the US cancer conference held in Chicago as researchers claimed the activity of yoga had numerous benefits.

As well as lowering the cortisol stress hormone, they reported that those who practised

yoga found they slept better and were not so exhausted, which is often a problem with cancer patients going through treatment and reduced pain levels.

The first study was carried out in New York with 321 patients, the majority of whom had breast cancer.

The second study was in Mumbai, India and looked at whether yoga can improve survival rates of breast cancer patients.



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Love ain't corrupt

A TALENTED duo are livening up the local music scene, having just released their own single.

Francis Symons is a well-known performer in his own right performing up and down the Costa Blanca. but behind the scenes he is also a talented writer and producer, recording songs in his own studios Vegetable Market Recording Studios in Torre de la Horadada. In his 12 years since being in Spain he has recorded around 150 tracks in his

studios but when he heard the vocal talents of Bexx, who is a popular act along the coast, he knew she was the one to voice his track 'Love Ain't Corrupt.'

Teaming up together, Francis describes it as an "electro dance pop song," a slight



move away from his usual music, but an exciting move all the same as there are already murmurings from Francis' friends in the industry that it could be a hit: "It has been a real mountain of work for us to do but for less than €500 we have done it. If you don't try you will never

'Love Ain't Corrupt' has been officially registered with the Performing Arts Society and legally released on a number of online platforms. To mark its release, the accompanying video was launched and played at the Havana Bar in Cabo Roig with Bexx now ready to hit the road performing the track at events and gigs this summer.

The video can be viewed at https://www.voutube.com/watch?v= _Qrz9iFziWE and is available to purchase at www.cdbaby.com.

For more information, contact Vegetable Market Recording Studios via their Facebook page.

Exhibition on the control of society

THE Puertas de Castilla in Murcia will play host to Cuerpos Dociles. Conductas Cautivas (Docile Bodies. Captive Behaviours) - an exhibition of the works of students from the Masters in Production and Artistic Management course at the University of Murcia from Friday June 16 to Friday September 15.

The exhibition brings together different perspectives of the students on the methods of control and indoctrination of society.

From the book Watch and Punish (1975) by Michel Foucault (1926-1984), each student has emphasised a fragment to contextualise their work and further built on the concept of the Panopticon, an institutional building designed by the English philosopher and social theorist Jeremy Bentham in the late 18th century.

The concept of the design is to allow all (pan-) inmates of an institution to be observed (-opticon) by a single watchman without the inmates being able to tell whether or not they are being

Although it is physically impossible for the single watchman to observe all cells at once, the fact that the inmates cannot know when they are being watched means that all inmates must act as though they are watched at all times, effectively controlling their own behaviour constantly.

The name is also a reference to Panoptes from Greek mythology; he was a giant with 100 eyes and thus was known to be a very effective









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Newly Opened



Up close to the bomberos

LAST weekend, Alicante residents and visitors had the chance to find out more about the work of the local fire department.

An open day, held in the gardens of the city's provincial palace showcased simulations of everyday situations using harnesses, ropes, sirens and even a helicopter.

Members of the public including children were able to take part in scenarios, try on

clothing, sit in the vehicles and use equipment to demonstrate the job of a modern firefighter.

Alicante councillor, Jaime Lloret who organised this first event said, "it was intended to convey the message that the city firefighters are always there.

"They are among the most prepared in Spain in terms of means, training and professionalism," he said with pride.





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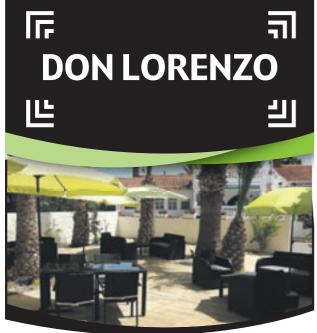
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LEIVA: Both albums have proven very successful.

Chart-topper plays Murcia

SPANISH singer, musician and songwriter Leiva will play in concert at the Cuartel de Artilleria in Murcia on Friday night.

Between 2001 and 2010, Leiva (Jose Miguel Conejo Torres) led Spanish rock band Pereza with Ruben Pozo, recording six

After the dissolution of the band in 2011, he continued as a solo artist, with three charting albums: Diciembre in 2012. Polyora in 2014 and Monstruos in 2016.

Diciembre was self-produced and received positive reviews and awards such as the Rolling Stone Award for best album of the year and two Latin Grammy nomina-

Polvora was a co-production with Spanish

musician Carlos Raya and Joe Blaney as

Both albums have proven very successful and Leiva topped the Spanish charts with singles Terriblemente Cruel and Afuera en la ciudad reaching positions five and six re-

His most recent album, Monstruous tells of the common social fears one experiences at bedtime.

Leiva was born and raised in the neighborhood of Alameda de Osuna, in the northeast suburbs of Madrid. His great love of football coupled with its strong resemblance to Leivinha, the Brazilian footballer, who at that time played for Atletico de Madrid earned him the nickname Leiva.

Bisbal brings Hijos Del Mar tour to Alicante

SPANISH singer, songwriter, and actor David Bisbal will perform in an expected sell-out concert at the Plaza de Toros in Alicante next month.

Gaining his initial fame as runner-up on the interactive reality television show Operacion Triunfo, Bisbal has since released five studio albums, all of which topped the Spanish chart, in addition to recording a number of live albums.

He has toured throughout Europe and Latin America and sold more than five million records across the world, with 42 platinum albums, 17 gold and two

Tequila back together

ARGENTINE-SPANISH rock band Tequila's surviving members Ariel Rot, Alejo Stivel and Felipe Lipe will get together some 25 years after the dissolution of the group to play 'Viva! Tequila!' - a collection of their old favourites - in Murcia at the Auditorio Parque de Fofo on Friday June 30 at 8.30pm.

Based in Madrid and active between 1975 and 1983, Tequila "changed the conception of Spanish rock in the times of the





Rock and Raal

Rosendo Mercado Ruiz will kick off his national tour on the Recinto Mercado in El Raal on Friday night.

Rosendo, influenced by the likes of Rory Gallagher, Deep Purple and Black Sabbath will be supported by:

Porretas - rock band with a 'punk touch.' Porretas play simple rock and do not usually touch on personal issues in their songs, preferring to sing about bars, beer and

football: Sin Propina - a group of rockers from Valencia who, when quizzed about their music genre, proclaim to play 'rock and nothing else' and: Con-

tranatura five member Murcian rock band who have performed at

HeredadesRock, Aupa Lumbreiras, MurciaRock, AlamoRock and Rock De Sekano and shared stages with the likes of Discordia, Transfer, Baron Rojo, Medina Azahara, Benito Kamelas and No Relax o Mala Reputacion.

Tickets purchased in advance cost €20 available via Ticketmaster and locally at

> Discos Trafico in Murcia, Music Pop in Lorca, Tankardworld in Cartagena, Ceda el Vaso Rock Bar in El Raal and RM Asesores in Guardamar.

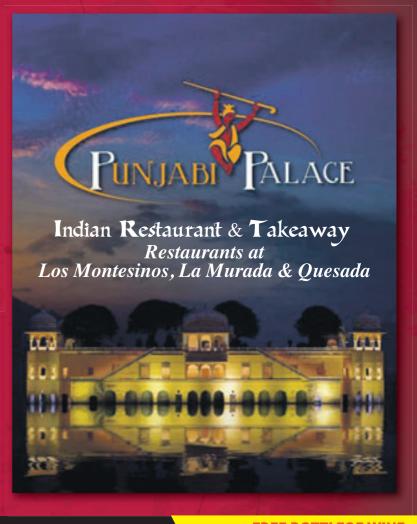
Tickets purchased at the gate cost €25.

> Gates open at 7.30pm for the show to start at 8.15pm.

ON TOUR: Rosendo Mercado Ruiz kicks off on Friday night.







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| GAY PRIDE: Taking to the streets of Dolores.

Dolores Pride

THIS coming weekend sees the inaugural Gay Pride Fiesta taking to the streets of Dolores.

Launching the programme of events earlier this week, Councillor Raquel Sirvent said, "we want this great Gay Pride Party to become a holiday to claim equal rights for all people irrespective of their sexual identity or status."

The event will be opened by Madrid deputy and recognized LGBT activist Carla Antonelli, on Saturday at 9.30pm, followed by a multicolour parade through the streets of the town at 10pm.

Other activities, including fun for children and a Zumba demonstration will take place in Plaza Cardinal Belluga on Sunday between 11am and 2pm.

A book affair

ALICANTE'S 2017 book fair is to almost double in size, with 42 stalls compared to 25 in 2016, to meet the popular demand of the annual celebration.

The Book Fair, to be held between June 29 and July 9, will be installed on the Avenida Federico Soto in the heart of Alicante. The expansion welcomes local and national author signings, over 100 new activities and for the first time in years accommodates "all bookstores in Alicante and even more from the province," saod organiser Marina Vicente.

Among the noteworthy authors are Lorenzo Silva with her newly published 'Recordan tu nombre' and Azorin Prize winner Espido Freire with his contemporary novel 'Llamadme Alejandra.'

This year will have a new atmosphere.





Barrels of fun

GOOD FOOD. **GOOD WINE AND GOOD FRIENDS** GARRY WAITE



NE OF THE MOST ANNOYING THINGS ABOUT BARS AND RESTAURANTS in this part of the world is attempting to get a Sherry.

If very lucky you may be offered a Tio Pepe, but apart from that you will get a Manzanilla!

And yet we are only a spittoon's distance from the home of Sherry. Jerez is a fabulous city and a visit to the Sherry houses is always worthwhile, as is the Real Escuela Andaluza del Arte Ecuestre (Royal Andalucian School of Equestrian Art) to see an incredible horse

I have loved Sherry since I was a kid. It was my Christmas treat even at the age of 10. Just like Mateus Rosé, Liebfraumilch, Blue Nun and Entre-Deux-Mers it was the sort of wine that 60's people drank... as long as it was Bris-

But to discover the delicate chalky overtones of a delicate Fino, like La Ina, or a rich Oloroso is worth the wait. I once held a dinner

> where I paired food with Sherry, starting with a great Fino with Oysters and finishing with a rich dessert with the fabulous Pedro Ximenez.

> Though I could go on about the attributes of a great Sherry, instead I have asked my friend Rex Leyland, London restaurateur (ret'd) and Sherry aficionado to give me his perspective on the state of Sherry in Andalucia.

> > **BLUE WINE:** Unusual.



SPANISH SHERRY: A visit to Jerez is worthwhile.

REX SAYS "I share Garry's annoyance that when I arrive in a restaurant in Andalucia and ask for a copita of Sherry all they offer is a glass of Manzanilla, which technically is not Sherry as it comes from Sanlucar and not Jerez.* Sometimes they may also offer a glass of Fino, which is of course Sherry, but very dry.

I prefer the other slightly richer Sherries, like most English people, while the Spanish

Jerez produces many varieties of Sherry that for me are much more exhilarating - namely Old Amontillado, Oloroso Seco, Palo Cortado and abocado, ligadillos, [both local Andalucian words], in common Spanish it is mitad mitad, which is a mix of normally dry and sweeter varieties. These are normally dispensed in front of you so that you can choose which balance of dry and sweet you prefer.

Why can't every restaurant stock the province's most famous wines. This beggar's belief. I can only assume that the Spanish have just lost appreciation of their own incredible

This is so sad as the wines have so much to offer and can be enjoyed primarily as an aperitif, or drunk with various foods including ham, seafood, cheese, and of course for the English, all Sherries complement fine smoked salmon.

Sherry is robust enough to withstand many strong flavours which then, as with the sweeter varieties, allow them to be enjoyed as a digestif; as cream and old Oloroso, can accompany various puddings and cakes.

A good way to enjoy the sweeter wines is to prick plump sultanas or raisins and macerate for 24 hours allowing them to engorge the Sherry and serve with ice cream!

Sadly now, for aficionados, good Sherry has to be found in England as it is so difficult to obtain in Spain. The best stock of these great wines are in gentlemen's clubs in St James's in

Recently I was in a small bodega in Puerto Santa Maria called Bodegas Obregon where we were spoilt with locally produced varieties of Sherry including Muscatel and other sweet wines which were all mixed with dryer types.

If penicillin can cure those that are ill, Spanish Sherry can bring the dead back to life. Alexander Fleming

If God had not made Sherry, how imperfect his work would have been. Benito Perez Galdos

Deals on meals

I WAS VERY SURPRISED when asked by a colleague to find a place to hold a lunch for 60-80 people in Marbella that there is a shortage of premises/restaurateurs willing to hold such an event.

Having arranged many similar events across Spain as an organiser for Classic Car Clubs and the like, including such lunches in my own restaurants, I have normally been greeted with some enthusiasm.

It's true that the budget offered is normally well down on the average spend per head that many venues are used to achieving, but if you have a place that is empty on that day then to me it's fairly logical. Criteria are parking space, a large enough room to lunch and a quality, value for money menu.

Maybe Marbella restaurants are doing so well, they don't need the extra €2,500 such an event can bring in!!

A copa in this bar costs very little - perhaps a couple of Euro - with tapas to accompany. You can also take away any of the Sherries from the barrels for about 6€ a litre, but they charge an extra 1€ if they have to provide a bottle! For those who adore Spanish brandy as I do, they also produce their own, which is well worth sampling and of course it's for sale.

Finally there are other Spanish wines that 'pose' as Sherry namely Montilla and Chiclana, and although they seem to drink better when consumed in their respective town's bars, I prefer to avoid them elsewhere as they can never match the great wine called Sherry!"

*Manzanilla can technically be considered Sherry. It has a separate DO (denominación de origen) as it only comes from Sanlúcar, but is run by the same Consejo Regulador, in

ON THAT NOTE I will bid farewell until next week and should aspiring restaurateurs need some help or advice, please do contact me. A toast to Good Food, Good Wine and Good Friends.

Rosé, Red, White or BLUE?

THIS WEEK'S WINE CORNER is extremely unusual and a first in my case. I am familiar with blue tonic but this is the first time that I have encountered BLUE wine!! Baltar de Alort was given by a friend to try. I admit to having been a little hesitant, even though it looks pretty! Trying to find information about this

wine, however, has proven difficult. The Bodega, which is in Alcázar de San Juan (Ciudad Real) seems to specialise in sparkling wine. Nothing is mentioned about this 'still' version!

It has very little nose, because of its colour one cannot determine the freshness of colour, hue just to say... it's blue!! On the nose it has undercurrents of acetone (yes nail polish!) and little fruit. I did try two small glasses!! But was obviously not convinced.

(WINE SHOWN IS THE FRIZZANTE FOR WHICH THE BODEGA IS BETTER KNOWN)

Home staging trend improves sales



A NEW marketing technique which helps people sell or rent their properties quicker is taking off in Spain. 'Home staging' is gaining adherents across the country among property owners and real estate agents.

The blossoming trend involves sprucing up homes for potential sale or rent with intelligent interior design adaptations. The changes are based on well developed psychological techniques which enhance the property's attractiveness to buyers or tenants.

A recent survey found that just over half of properties which underwent formal home staging saw an increase in their selling price above the average for 2016. Constanza Subijana, president of Spain's Home Staging Asso-

ciation the AHSE, claims that in 59 per cent of cases, rental prices rose by 25 per cent or

But most important for many homeowners is the speed of sale. An AHSE study found that in 72 per cent of cases, homes undergoing home staging sold in less than 60 days. Just over six in 10 sold in under 40 days.

On average it take 10 months to sell a property in Spain. The extra eight or nine months provided by home staging is invaluable to an owner, saving them money on maintenance costs and other fees.

Home staging costs an average of €1,800 according to the AHSE, but the expense certainly appears to be worth considering.

We're a good estate agent in Sweden. So we're a brilliant estate agent in Spain. Hurrah for relativity!

In Spain, you don't need any particular qualification to call yourself an estate agent. You can just set up shop and off you go! So it's no wonder that some people have had bad experiences finding a property in Spain. But that's where we come in. We're Sweden's leading estate agent and we take a completely different approach. Our starting point is always to find out who you are and what you're looking for. We're members of the AIPP trade body and hold liability insurance that covers our work. So please feel free to contact a real real estate agent in Spain.

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Back on track as house prices climb in a slow and steady march upwards

cent last month compared to May of 2015. The increase was most pronounced in major cities and on the Mediterranean coast, where prices rose by 4.7 per cent.

May's increase means that average prices across Spain are now roughly comparable with December 2013. Adjusted for inflation there are also similarities with September 2003.

Research from Tinsa showed that Spain's slow but steady march towards prices seen during the boom years is continuing well into

Prices are on average 40 per cent lower today than they were at the height of the property market's unsustainable success in 2007.

It may take another decade for them to reach those heights. But property experts are confident that gradual progress will continue. In many respects slower is consid-

evolve organically, rather than rushing into another period of untenable highs.

Year on year sales of residential properties rose by a healthy 19.5 per cent

May's news comes as BBVA released a comprehensive report into the first quarter of 2017. Its Real Estate Obervatory of Spain report notes a positive sales performance which accelerated price growth.

Year on year sales of residential properties rose by a healthy 19.5 per cent, suggesting that 2017 is on course to meet the lofty targets set at the beginning of the year. Experts were optimistic that up to 600,000 transactions could take place by December.



GOOD NEWS: May's increase means average prices across Spain are roughly comparable with December 2013.





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SMALLER IS BETTER: Across all five coastlines the most common new homes have either one or two bedrooms, with five bedroom houses being a tiny minority.

Coast versus coast

AN interesting new study has shown the differences of the new homes market on Spain's different Mediterranean coastlines.

There are 2,483 new homes on sale on the Costa del Sol, compared to 2,110 on the Costa Blanca. There are 345 on Costa Calida, 378 on Costa Dorada and 279 on the Costa Brava.

The study from ST Valuation Society analysed differing features among the roughly 5,600 new housing units on sale on the five coastlines.

It found they have an average asking price of €210,760 and an average area of 112 square metres. Prices are lowest on the Costa Calida at €151,000 on average, and

similarly cheap on Costa Dorada at cent of the homes costing in excess of €154.400.

Average prices of the new homes on the Costa Blanca and Costa Brava are roughly equal at €196,000 and €199,400 respec-

The Costa del Sol bucks the trend with an average price of €353,000, with 12 per €500,000

Across all five coastlines the most common new homes have either one or two bedrooms, with five bedroom houses being a tiny minority. The vast majority have swimming pools, more than 70 per cent on each coastline.



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Rising like a phoenix

THOUGH prices and sales are marching on to ever more impressive numbers, secondary industries associated with real estate are lagging behind.

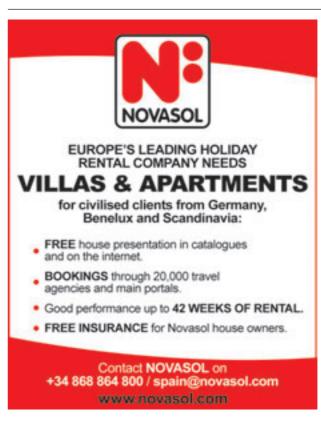
Mortgages, appraisals, and

construction industry expenses are much less active than they were a decade ago. So much so that the wider property market's activity is today gauged at a level estimated to be at around a fifth

The data from Euroval suggests that the real estate sector in its entirety is around 80 per cent smaller today than it was at the beginning of the housing boom.

The number of appraisals offers a striking example. There were 625,000 housing appraisals in 2016 compared to almost 1.4 million in 2006. Construction offers another insight. In 2008 there were 536,600 homes built compared to just over 50,000 last year. The number of permits issued for new housing has plunged by 91 per cent since 2004.

Euroval's report shows just how deeply the real estate sector was tied in with Spain's greater economy when the recession struck a decade ago. It also demonstrates the immensely important strides the housing market has made since then, as prices and sales transactions rapidly make up ground on a lost decade.



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Jacaranda tree - is it friend or foe?

By Graeme Tyrrell

A JACARANDA tree in full flower is a spectacular sight to behold. Its almost iridescent mauve flowers brighten up streets and gardens all around the world and it is celebrated with festivals in many countries when in flower.

Pruning a Jacaranda spoils its natural shape and they don't recover well.

Spain is fortunate to have many Jacaranda trees as the climate here is almost ideal for them to thrive in coastal regions and frost free zones.

The flowers appear in late spring and early summer. A healthy tree will produce hundreds of bell-shaped flowers in conspicuous large groups or panicles that will

cover the whole tree.

The fern like leaves are also very attractive. They create a softer environment and lighter shade which allows the flowers to be more dominant but add their own qualities of softness when the flowering season has fin-

The tree generally grows slowly to a height of 20 metres over several decades in average soil but will grow faster in nutrient rich soil.

I have a tree that is 20 years old that I add no compost to now that it is established and has reached about 10 metres. This is an ideal size to appreciate the flowers but not have it take over the garden as its neighbouring mulberry tree attempts to do.

The Jacaranda require no pruning except to remove deadwood. Pruning a Jacaranda spoils its natural shape and they don't recover well from pruning. Pruning also stimu-



SPECTACULAR SIGHT: A Jacaranda tree in full flower.

lates vertical growth of branches which is contrary to its natural horizontal form. It spoils the look of the tree to have vertical growths so it becomes a chore to have to keep removing them.

The difficulty of having a Jacaranda tree however is that it sheds material practically all year. Never plant one even remotely near a pool or over driveways, paths or any area that you do not want covered

in plant debris. If you do, you will be constantly sweeping and cleaning the area of spent flowers, fern needles and seed pods. This is where they become a foe.

They must only be planted

where they can happily shed their plant material without spoiling anything else otherwise they become a menace. The Jacarandas' shedding characteristic can be an asset however as in the right place, such as an open field or the centre of a large garden bed or as a bordered feature on a lawn, the fallen flowers can look wonderful and provide a mulch around the tree and for the garden.

So the answer to whether it will be a friend or foe depends on where you place it. For the Jacaranda to be a valuable asset to admire without the complication of constant clean up, place it in a position where it can be a benefit to provide an abundance of mulching material for the garden away from built structures that can be adversely affected by its debris.

In this way you can enjoy one of the most beautiful flowering trees in the world.

Shady flowering shrubs

EVERYONE loves summer, but when temperatures are at their highest and the garden is lacking in the shade department, then it's all too easy to crawl back inside for some relief.

Adding shade to the garden with towering trees and shrubs can make the garden a more inviting prospect in the summer. It's useful to plant shrubs and flowers to cast shade on walkways and for maximum shade, choose plants that are one to three feet tall.

To keep patios cool and shade specific areas, it's a good idea to plant trees that have dense foliage. Also, try using an arbor and train a vine round the structure, including a Chinese Wisteria that looks good, twisting and turning to a height of 30 to 50 feet. The flowers are on show in spring and they tend to droop down providing extra shade for the ground below.

It's also a good idea to plant taller shrubs around patios and garden beds, to ensure that both plants and people are protected from the unrelenting heat.

The Rhododendron (Hydon Dawn) is one of the few plants that can with-



RHODODENDRON: One of the few plants that can withstand full sun.

stand full sun. Its mature height is five feet, making it perfect shade next to a porch or other plants. An added bonus is that it displays large pink flowers in the spring.

There is no need to shade the outside area completely, but to have a good balance of sun and shade is ideal, which will keep sun-worshipping visitors happy.





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Don't settle for the mañana attitude and go for service

BLINDS CASA is a relatively new company in Spain with a northern European flavour.

The company aims to offer a service and product that many people expect but few people get in Spain: "If like me, you have spent four years in this lovely part of Spain, you will know one thing for sure that living over here in terms of service it can be very different to what you are used to!" said John Joon, entrepreneur and Costa Blanca resident who has often experienced that appointments and service promised by many companies here often fail to deliver unlike many other countries in Europe: "It can, in my opinion be much better."

info@blinds.casa

Because John is active in the field of solar protection already in Netherlands, he is accustomed to the their usual customer-orientated service.

He explains: "We offer to everyone, who is interested, a home visit on a pre-agreed time. We then arrive at that time, or have the courtesy to call if we know we will be a little late. During the home visit we show samples, recommend colours and if it comes to an agreement, then we measure everything ourself so we can deliver really good, customised and personal service.

In addition, we continue the customer service, keeping the client informed about the ex-



BLINDS CASA: Northern European quality and service in Spain.

pected delivery date and the fitting." He continued: "That is why I have decided to now also offer our service in Spain," Blinds Casa is the result of a close collaboration

www.blinds.casa

between professionals who have more than 25 years of experience in the blinds industry providing quality indoor blinds.

With Blinds Casa, John be-

lieves he can, both in terms of pricing and service, offer a whole new experience to customers looking for blinds, whether they be for aesthetic reasons or to protect against the sun: "I am building my team daily with local partners, who can offer custom fitted blinds anywhere in Spain with our excellent levels of service and always putting the customer first!"

They offer a range of window blind products including pleated blinds, roller blinds, Venetian blinds, both horizontal and vertical blinds. They also offer the stunning Japanese sliding panels and have up to 600 different fabrics to choose from.

They have blinds that can be placed on doors and windows, but also good, quality material to use as a kind of light partition wall between kitchens and living rooms.

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SHOES: There are many ways of storing shoes, including buckets and pallets.

Storing bits and bobs

KEEPING a house tidy can be quite a challenge when there always seems to be a huge amount of 'stuff' lying around, stashed away

in drawers or hanging over a chair.

Life is so busy and it takes time to organise ways of storing and knowing where to start. Putting pen to paper may help to get the ball rolling, because when looking at what needs to be stored, it can become

so overwhelming, that it gets left and ignored.

If a list is made that puts everything into categories, it gives an idea of how much 'stuff' there is, time to think about where it should go and what to store it in.

If there is a pile of vegetables rolling

around in a drawer, then why not place some baskets inside to contain them. The 'under the sink' cupboard can be a nightmare and prod-

ucts that are stored, can be difficult to get at. However, if a tension rod is placed inside, all spray bottles can be hung up out of

Major offenders that clutter are cables and mobile chargers, but for a quick solution, use a toilet paper tube

to store them in, label and decorate them if necessary.

Another item that tends to get under our feet are shoes, but there are many ways of storing them, which include the use of a wine rack, buckets, pallets and even a plastic bottle.



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Dog harnesses

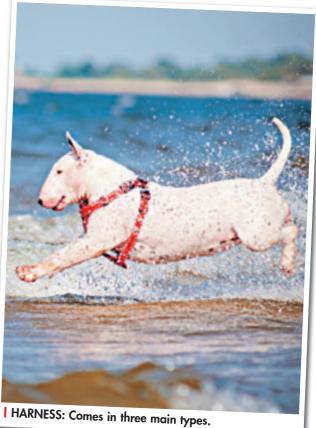


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A DOG harness is piece of equipment for dogs, similar to harness tack for horses. There are various designs, depending on the type of use. Harnesses can be used on Seeing Eye dogs in assistance of a disabled person, on working dogs that haul a cart or sled, or even in sporting events, such as in the Scandinavian practice of skijoring and pulka. Harnesses are also worn by non-working dogs for training purposes.

A harness is often worn in conjunction with a dog collar and used as an alternative for a dog leash attachment. While a collar only encircles the neck, harnesses have a loop that surrounds the torso as well, with connecting straps be-



tween them for added reinforcement and control. The design allows for distribution of force which may prevent choking; a dog will also not be able to slip free from a harness as they may easily do from a standard collar. Harness usage is growing in popularity among many pet owners, especially for those with smaller breed dogs. Buttonholes in pet clothes allowing access to harness straps are among recent adjustments to accommodate the increasing use of harnesses.

Assistance dogs will sometimes wear a harness if part of their job requires guiding or providing physical mobility for a disabled person. Generally, the harness design includes a builtin handle for the person to grip; this type also offers reinforcement to the handler as well as a padded breast plate for the dog's comfort. Sturdiness of the design depends on whether the dog is gently leading, acting as a brace, or physically pulling a wheelchair.

Sled dog harnesses vary depending on the purpose of the animal; the two basic duties of a sled dog is hauling freight or some sort or racing. Harnesses come in three main types: the freight harness, the H-back harness, and the X-back harness. Dog sports are growing and more types of harnesses are being developed, including the Y-back style and guard or distance

The freight harness is often an H-back harness that forms a ladder-like effect across the back with a wide chest band and extra padding. The construction distributes the weight across the chest and over the shoulders because of the broadness of the area; is designed to help the dog pull heavy weights efficiently.

The X-back harness gets its name from the straps that form an 'X' across the back of the dog. It is used more frequently than the H-back, with short versions that ride farther forward on the dog's

The Y-back is a hybrid somewhat similar in appearance to the H-back. The tug line attaches to the harness on top of the dog's back and stretches parallel to the ground or upwards to whatever is being hauled.

The beauty of a Bengal

THE Bengal cat has an exotic look about them. They are smaller than wild cats and fortunately, not as dangerous. The Bengal cat came about through the crossing of Asian leopard cats with domestic cats. They have spotted and marbled coats of many colours, large bones and

They are also very intelligent and require a great deal of attention from their owners, which may be due to their inquisitive nature and high energy. They are constantly on the move and love to climb to the highest of places.

Bengal cats also love the great outdoors, where their ancestral genes kick in to action and then they become a predator, while enjoying other pursuits like a bit of bird watching.

There is a sensitive and playful side to this cat and when they have gained trust in their owner, they can become the most affectionate of pets, never leaving your side. If they are left alone for a period of time, when the owner goes on holiday; there could be a few gifts dotted around the house, on returning. It's their way of telling you they're upset, but this applies to most cats.

Cats do understand much more than we imagine, so it's worth explaining things for them, as the meaning translates through your body lan-

Once home, the Bengal cat settles down

very quickly and as they are not as vocal

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BENGAL CAT: Is very intelligent.

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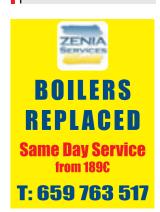
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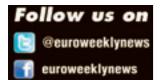
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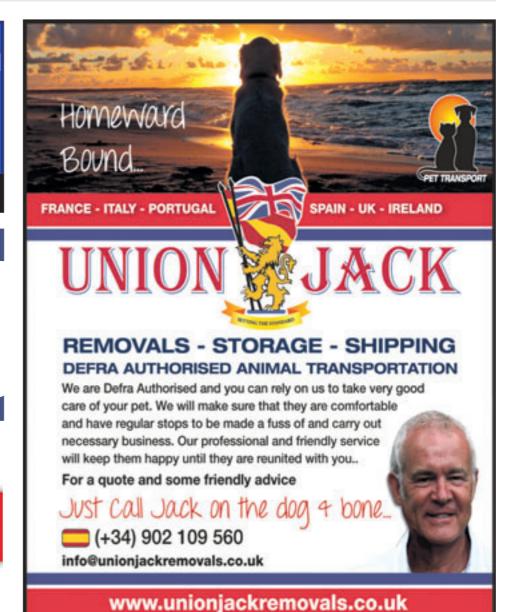
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SPIRITUALIST CENTRE, Find us on the Saturday market road opposite the Chinese Restaurant. Playa Flamenca. Different International and local mediums every Sunday and Tuesday. Sunday, divine service with clairvoyance 11 am start. Tuesday, evening of clairvoyance doors open 7'o'clock for 7.30 start. Spiritual Healing is available on Sundays after service and on Thursday mornings from 10. 30 until 12. We have a development group on Tuesdays 5 until 6.30 for those interested in meditation and advancing your knowledge of spirit. Private readings are . available on request. Please join us and make new friends, a warm welcome awaits you all. Tea. coffee and soft drinks are available. You can join us on Facebook at, The Baker Foundation spiritual centre. Hall is available for hire. For more information please contact Linda 606 990 665 Email, schugy54@gmail.com (

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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CANCER SUPPORT GROUP (MABS) MURCIA/MAR MENOR Help and support is just a phone call away, Avda Rio Nalón, Tel: 693 275 779

PILAR CHRISTIAN COMMUNITY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information www.pi larchurch.org Reg No: 2009-SG/A (95463)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-Spain.org or tel 966 700 391.

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the

UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.acacostablanca.org or call the Secretary on: 966 495 042

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123

TORREVIEJA STROKE SUP-PORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.c om Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretary-br3606@gmail.com (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc. and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study: Thursday 11.0 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia -Contact 966 752 543 / 617 215 463. For other church atters Phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org

ROYAL MARINES ASSOCIATION (Costa Blanca). The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at Casa Ventura, San Luis Urbanisation, at 6.30pm. For further details Hon Sec 965 724 652

FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesa da@yahoo.co.uk (95477)

ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the FI Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafacb.com.

THE SPIRITUALIST CENTRE, Benijofar meets at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. Every Thursday there is a Development/Awareness Cir-

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cle where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. This will be our last service before the summer break. We reopen on Sunday, 10th September with Dee Wilson (UK Medium). Contact Wendy on 965323028. www.spiritualistcentre-benijo New email is far.com phoenixchurch23@gmail.com or info@spiritualistcentrebenijofar.com Identificacion Fiscal G54713789.

THE PATIENCE LODGE No. 2177 of the R.A.O.B meets every Sunday morning at the Sacko 's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

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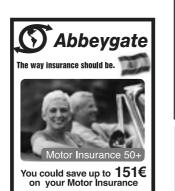


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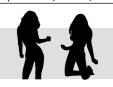
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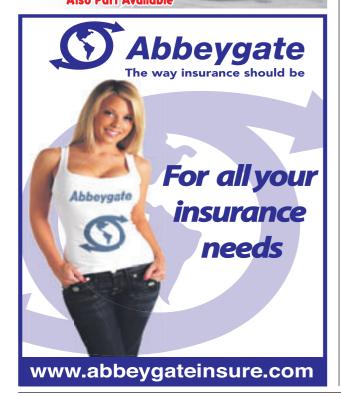
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Most powerful 911 ever

By Matthew Elliott

PORSCHE has released the most powerful 911 Turbo ever made. The **Turbo S Exclusive Series** went on sale in Germany last week and is scheduled for an extremely limited release of just 500 units worldwide.

Priced at roughly €260,000 the Coupe boasts 607hp with a 3.8 litre six-cylinder biturbo flat engine. It can reach 100kph from a standstill in just 2.9 seconds and is distinguished by a golden yellow metal paint finish. Top speed is 330kph.

Front seats adjust 18 different ways. The limited edition model

includes Porsche Dynamic Chassis Control, Porsche Active Suspension Management, and the Sport Chrono package.

The bonnet is carved from carbon fibre. Built entirely by an in-house team, it is the first Porsche to advertise the team's badge, Porsche Exclusive Manufaktur.

the German brand is planning to wheel out regular exclusive edition models to cater to a growing luxury market.

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Top 10 shake up

AN intruder has broken into the ranks of the world's most valuable car companies. The new global top 10 now includes Tesla, the Silicon Valley insurgent with a tech billionaire CEO and laser focus on the emerging autonomous driving field.

Tesla's value rose by 32 per cent last year to reach \$5.9 billion. That makes it the eighth most valuable car brand on the planet, ahead of both Land Rover and Porsche, on a 2017 Global Brands survey.

Elon Musk's company still has a lot of work to do before rivalling more established competitors at the business end of top 10.

Despite registering a 3 per cent slump in 2016. Toyota is still the most valuable brand at \$28.7 billion, almost five times Tesla's value

German duo BMW and Mercedes are in second and third spots at \$24.6 billion and \$23.5 billion respectively. Ford, Honda, Nissan and Audi make up fourth to seventh places.

Though nine members of the

motoring top 10 would have been recognisable 30 years ago, industry experts believe quickly approaching changes will soon usher in a major shake up of the

Tesla is valued in the billions despite having only made 84,000 cars last year, contrasting with the 10 million produced by General Motors.



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Scots denied, Lions roar, Hamilton wins again and Nadal is supreme

Tony Matthews

International Sports

A former player, Tony is now the world's most prolific author of football books with 150 pub-lished since 1975. He has also been a PE teacher and a policeman, and is now a quiz-o ganiser, fund-raiser, for various charities, and sports correspondent for Spectrum Radio.

Costa de Almeria

Starting today we have the first of four rounds in the USA Open golf championship in Wisconsin.

FOOTBALL

In 2018 World Cup qualifying matches last weekend, England's skipper Harry Kane scored a dramatic late equaliser to deny Scotland a famous victory in Glasgow. The hosts, 1-0 down with three minutes of normal time remaining, grabbed the lead with two incredible free-kicks by Lee Griffiths, only for Kane to the net on 93 minutes.

Elsewhere Northern Ireland beat Azerbaijan 1-0, the Republic of Ireland drew 1-1 with Austria, Serbia likewise with Wales and Spain beat Macedonia 2-1, while Germany smashed San Marino 7-

Holland whipped Luxembourg 5-0 and Sweden beat France 2-1.

On Tuesday, England were in France for a friendly international.

Last Sunday England's youngsters beat Venezuela 1-0 in the final of the World U20 Cup... the country's first global victory since 1966!

England's women beat Switzerland 4-0 in a pre-WC friendly.

Manchester United will pay Benfica £30.7m for defender Victor Lindelof while Zlatan Ibrahimovic will not be offered a new contract at Old Trafford.

Gary Monk, former boss of Swansea and Leeds, has been appointed manager of Middlesbrough and Russian Leonid Slutsky has taken charge of Hull.

And Chelsea's Eden hazard will miss the start of next season after suffering a serious ankle injury with Belgium.

RUGBY UNION

The British and Irish Lions won their third game of their New Zealand tour, beating the Crusaders 12-3 in Christchurch. On Tuesday Warren Gatland's team played the Highlanders in Dunedin and on Saturday they face the Maori All Blacks in Rotorua.

In other friendlies, England, with a late, late try by Solomona, defeated Argentina 38-34 in the first Test in San Juan while Scotland just beat Italy 34-13.

And we have three more friendlies on Saturday featuring the secJapan v Ireland and Australia v Scotland (in Sydney).

TENNIS

In the French Open at Roland Garros, Jelena Ostapenko beat Simona Halep in the women's singles final. The Latvian, ranked 47 in the world, is the first unseeded winner since 1933. The imperious Rafael Nadal, for the 10th time, won the men's final, overcoming Swiss star Stan Wawrinka in straight sets

This week Roger Federer is back in action in the ATP championship in Hannover, and injured Russian Maria Sharapova will not compete in the Wimbledon qualifiers.

CRICKET

The first Champions Trophy semi-final between England and Sri Lanka

or Pakistan took place vesterday in Cardiff while today's second 'semi' at Edgbaston features Bangladesh against India.

England won all three Group 'A' matches, knocking out Australia in the process in a rain affected game at Edgbaston. Ben Stokes hit a brilliant 102 not out to seal a 40 run victory via the DL method as England scored 240-4 (in 40.2 overs) opposed to Australia's 277 for 9 (off 50). Mark Wood and Adil Rashid took four wickets apiece to restrict the Aussies to 5.54 runs per over.

India, meanwhile, thrashed South Africa by eight wickets in their last Group 'B' game.

A crowd of 24,500 will attend Saturday's final at The Oval.

MOTOR SPORT

Fernando Alonso - after his Indv 500 exploits - returned to F1 last Sunday in Montreal's Canadian Grand Prix which was won for the sixth time in 10 years by Lewis Hamilton. with Valtteri Bottas second and Danny Ricciardo third.



on pole for a joint record 65th time and is now 12 points (141-129) behind championship leader Sebastian Vettel. Italy's Andrea Dovizioso

fore the race. Hamilton started

won last weekend's Cataluñia MotoGP in Barcelona with Spain's duo of Marc Marquez and Dani Pedrosa second and third. Mayerick Vinales (111 points) leads the rider's Championship from Dovizioso (104) and Marquez (88).

Three British drivers, Ashley Sutton, Colin Turkington and Mat Jackson, all won races at the BTCC at Croft, North Yorkshire last Sunday.

And on June 17/18 we have the 85th Le Mans 24-hour race.

Around 30,000 fans in Kingston, Jamaica, saw masterful Usain Bolt win his last 100m race on home soil.

Jakob Fuglsang (Asanta) won the Criteria du Dauphine cycle race; GB's Chris Froome

New Zealand beat GB's Landrover BAR-sponsored yacht, with Ben Ainslie at the helm, in the five-race semi-final play-off in the America's Cup. "We did well" said Ainslie, "It's the start of something big for us."

In the World Triathlon championships last weekend it was 'B' for Britain as Alastair Brownlee, his brother Jonny, Tom Bishop and Alan Bowden finished 1-2-3-4.







LEWIS HAMILTON wins the Canadian Grand Prix in Montreal for the sixth time in 10 years, with Valtteri Bottas second.

TO READ MORE

SPORT

Costa Blanca's best guide to local sport

Carp-R-Us round four

ROUND 4 of the Summer Series had to be moved from the Eden stretch to El Bosquest due to the state of the pegs on that stretch.

It was a very pleasant early summers day and everyone caught. First, was Alan Smith with 28.36 kg using 'the monkey' and bread from favoured peg one. Second, was Steve Collins with 19.24 kg using the same method but fishing with pellets, third, was Tom Marshall with 12.12 kg and Steve Fell was fourth with 11.38 kg.

Further information about the club can be found on its website www.carprus.weebly.com or on Facebook Carp-R-Us Fishing Costa Blanca.

El Plantio Golf away day

DUE to El Plantio's nine hole course being closed for Hollow Tining, 20 members and guests arranged an 'away day' at the Escuela de Golf course in Elche on Tuesday June 6.

Two teams of four players and four teams of three commenced a shotgun start on the small, but interesting course for a 'Texas Scramble.' After Holes-in-One on the previous two consecutive weeks on the home course, Elche now yielded two in one round. Henry Mellor scoring his first ever 'Ace' on Hole 4, which also qualified nearest the pin, and Mike Williams on Hole 18.

In total, 31 birdie 2's and two 'Aces' were scored by the six teams over the 18 holes, which range from 40 metres to 94 metres in length.

Nearest the Pin, Hole 17 - Ian Henderson, Hole 4 - Henry Mellor.

3rd Place, Handicap 3.1 -David Swann, George Stanhope, Mike Williams 46.9 shots. 2nd Place, Handicap

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TWO ACES: Scored by Henry Mellor and Mike Williams.

2.53 - John Wilby, Penny Goujon, Keith Smith, Dave Waterson 45.47 shots.1st Place, Handicap 2.6 - Graham Blakeway, Bryan Watson, Henry Mellor, 45.40 shots.

If anyone would like to join the Society, El Plantio Golf Club is open for play on Tuesday, Friday and Sunday. Both courses are used - the Par 3 nine-hole course and the main 18-hole course, so all abilities are catered for.

The membership rates are very competitive, so call for more details.

Anyone who wishes to play in the Society as a guest or join as a new member, contact Ian Henderson on 966 716 616 or 636 116 230.

San Miguel visit the Vistabella course

THE soon to be extended Vistabella course was the venue for San Miguel Golf Society's first meeting in June where they experienced quite a bit of early cloud cover and even a slight chill in the morning wind.

As often happens, the stiff breeze soon shifted the clouds giving the sun a chance to warm everything up. Vistabella's tight and tricky layout however, never seems to let the actual golf game run as smoothly as it maybe should.

'Mister Consistency,' Noel Bannon, was the one and only player who managed to beat par, proving my just-mentioned theory. 30 members and four guests attended the day with the following results:

Nearest the pins - Mike Maskell (4). Tony Smale (8) and Ken Frew (14).

Best Guest - Mike Maskell who very nearly cracked the magic '30 points.'

Bronze - 4th Chris Hamblett (30 c/b). 3rd Keith Wraithmell (30 c/b). 2nd Keith Stevenson (33). 1st Kyree Skarsmoen (35).

Silver - 4th Theo Boelhouwer (30 c/b). 3rd Gerald Bannon (30 c/b). 2nd Steve Grundy (33 c/b). 1st Brian Mulligan (33 c/b). Gold - 4th Robin Eastman (34 c/b). 3rd Barry Roehrig (34 c/b). 2nd Darren Hancock (35). 1st Noel Bannon (37).

The 'Abacus' bottle of fine red wine was taken away by Derek Johnston.

Thanks goes to all the team at Vistabella for their help in making the day a success and if more information is required about the San Miguel Golf Society, please visit www.smgs.org or telephone the Captain, Theo, on 694 494 824 to obtain details. Next week they will be at Lo Romero with a shotgun start.

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