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Trousers down British stab suspect collared

By Andy Mansell

Benidorm police have arrested David Grundy, 53, who is wanted in connection with the stabbing of his partner at their home in the Orihuela Costa.

The Local Police officers apprehended Grundy when he returned to a car parked outside the Aparthotel Bermudas in the Rincon de Loix neighbourhood.

He was pinned to the ground by the officers with his trousers around his knees as they checked for weapons, before being handcuffed.

Inside the vehicle, which belonged to neighbours whose house he was looking after, the officers discovered clothes and

€4,600 in cash, which they believe he intended to use to leave the country.

Juan Carlos Moragues, a Spanish government representative for the Alicante area, confirmed last Thursday that an international arrest warrant was out for Grundy with an accompanying photo.

He had been missing for five days after his partner, 42-year-old Nicola Anne Walker Houghton, was found with a knife embedded in her back at the home they shared in Orihuela.

Her daughter alerted police and paramedics after she found the victim lying on the floor with a large kitchen knife em-



Photo by Guardia Civil

ACCUSED: Grundy allegedly stabbed his partner.

bedded in her back.

The victim, is still in hospital, in a condition described as "serious but stable," after an operation to remove the weapon.

Expat Grundy, who worked as a taxi driver and gardener, is understood to have been arrested as he returned to the stolen car, in which he is thought to have been sleeping.

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NEWS EXTRA**New section**

JUST before LGBT Pride is celebrated on June 28, the Enric Valor library of Jesus Pobre recently unveiled its new Family Diversity section - offering literature on sexual, family and gender diversity.

Famous pal

GEORGE FRIEND - Middlesbrough footballer - is spending his summer in Benitachell and met councillor of Sports, Toni Colomer last week, telling him he chose the municipality because of the facilities at La Font.

Denia death

A 75-YEAR-OLD woman died whilst bathing in the sea at kilometre 13 on the Les Marines road to Denia last Friday - a SAMU ambulance was dispatched to the scene but medics were unable to resuscitate her.

The clock is ticking

By Ben Harris

THERE are just 645 days left until the UK officially leaves the European Union with or without a deal. Already it is 85 days since the triggering of Article 50 and one year since the referendum and there has been little or no definitive action from the British government.

The recent disastrous election result for the Conservatives, which saw them fall from a parliamentary majority to only the leading minority, has weakened the country's control over Brexit proceedings. This is despite assurances from Prime Minister Theresa May that the election would strengthen the UK's hand.

Within the Conservative Party alone there is a confused message about the UK's stance in negotiations. Mrs May has insisted that "no deal is better than a bad deal"; whilst the Chancellor Phillip Hammond recently



CAPITULATION: The UK's Brexit secretary David Davies (left) and Michel Barnier last Monday.

stated that no deal from the European Union would be "a very, very bad outcome."

With such a short time frame in which to untangle a 43-year relationship with the EU, the complications in the UK government question how prepared it is to handle the most difficult diplomatic negotiations in UK or EU history, in what will be a 27

versus one discussion.

In contrast, EU negotiators appear prepared and well organised. Europe's chief negotiator Michel Barnier, following his 2016 tour of member states, has outlined key priorities which must be settled before moving on to trade talks. These include citizen's rights, the state of the Irish border and the contentious Brexit bill.

The complexity of such negotiations will not be complete until October 2017 at the earliest, but could run into early 2018. Barnier has stated that the talks will not progress until all 27 member states are satisfied with the outcomes.

Despite assurances from David Davis that Barnier's plans were negotiable and could turn into the "row of the summer," the UK Brexit secretary immediately caved in to EU demands following the first round of talks on Monday June 19.

Time for talks are further limited as the European Union aims to conclude negotiations by October 2018, which leaves the UK with less than a year to form trade arrangements before it is ejected with a deal in place or not.

With Westminster in chaos and time marching on, the door to the EU remains open only until the day it is slammed firmly shut.

Our view – page 8

Murder suicide averted

A SAN VICENTE man was taken into custody and charged with planning to kill his wife.

Earlier she had gone to the National Police station, seeking help after finding letters that her husband had written. After reading them she believed he intended to kill her. His constant phone calls that day, repeatedly asking her to go home, had also made her suspicious.

Specialist officers from National Police's UFAM family unit accompanied the woman to her home where they found her husband "in a highly nervous state."

A search revealed two loaded shotguns as well as farewell notes which made it clear he intended to kill his wife and then take his own life.

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Hiker rescued

A 50-YEAR-OLD hiker was rescued from the Barranc de l'Infern steps on the Vall de Laugar last week after suffering heat stroke and vomiting. Her partner notified the emergency services who dispatched a helicopter which airlifted her to the Fleix sports ground where an ambulance was waiting to take her to Hospital de Denia-Marina Salud.

Drug sting 4 arrested

FOUR Spanish men were arrested in Benissa last week as the Guardia Civil foiled a drug trafficking operation. The men, aged 53, 50, 48 and 37 were part of an organised group whereby one was the wholesaler, another was the small-scale supplier, the third was working their 'public relations' and the fourth sold the drugs at street-level.

Crabby cabbies

TAXI drivers will strike for 12 hours next Thursday, June 29 throughout the Valencian Community, calling on the national government to eradicate unfair competition. There will be a free minimum service and a 50 per cent charge for out of town journeys between 9am and 9pm, when priority will go to emergencies and the disabled.

Rocky ground

MONTGO Natural Park engineers were at work across the top of the Cova Tallada last week, covering its gaps with security mesh to prevent people falling into it. The works come just one week after a 15-year-old boy fell 10 feet into the emblematic cove whilst taking a selfie and misjudging his footing.

Couple die

LUIS BOMANT and his wife Amparo

SPANISH FACTS OF LIFE...17

Spain's seafaring traditions date back centuries, from the Conquest of the Americas started by Christopher Columbus in 1492 to having one of Europe's largest fishing fleets today, and close to shore mariners continue to be guided by a legendary lighthouse which is steeped in folklore.

Tower of strength

THE Torre de Hercules (Tower of Hercules) near the city of A Coruña in Galicia is the most ancient Roman lighthouse still in use today and widely considered to be the oldest in the world.

According to a myth mixing Celtic and Greco-Roman themes, it marks the resting place of the grotesque giant Geryon, who was slain by the hero Hercules after a three-day battle.

Hercules then buried the head of his foe alongside his weapons and ordered the lighthouse to be built on top, with an image of the structure atop a skull and crossbones appearing on A Coruña's coat of arms.

Another legend is recounted in Lebor Gabala Erenn, an 11th-century book, which tells how King Breogan, founding father of the Galician Celtic nation, built a tower so tall that his sons were able to spy a distant green land from the top, and that this vision lured them to sail to Ireland where they became ancestors of the Irish people.

The tower is known to have been in use by the second century, when it was built, or possibly rebuilt, under the emperor Trajan (53-117 AD) following a Phoenician design which may have been modelled on the Lighthouse of

Alexandria.

From 1788-1791 the original 34-metre tower was restored in a Neoclassical style which included a new 21-metre extension following an order from King Charles IV of Spain.

The Light Fantastic

- At 55 metres the Torre de Hercules is the second-tallest lighthouse in Spain, beaten into top spot by the 62-metre Faro de Chipiona in Cadiz, Andalucia.
- It was known by its Latin name Farum Brigantium until the 20th century, a reference to the Roman settlement Brigantia of



STUFF OF LEGEND: The Tower of Hercules.



BATTLE: Hercules (I) takes on Geryon.

which the location is in dispute, being either A Coruña or the nearby town of Betanzos.

- The earliest-known reference to the tower is in a tome by the priest Paulus Orosius written around 415-417.
- Latin inscriptions on one of its cornerstones suggest that the original building was designed by a Portuguese architect named Gaius Sevius Lupus as an offering to Mars, the God of War.
- It is a National Monument of Spain and was designated a UNESCO World Heritage site in 2009.



KING BREOGAN: A colossal statue near the tower.

Ferrer died when fire swept through their Villajoyosa villa. The well-known local couple, aged 65 and 59 respectively, were staying at their second home, a rural property. At around 2am their alarm sounded in the security company's monitoring centre who were unable to contact the owners.

Summer subbin'

THE Generalitat will spend €53.5 million this summer on funding 7,608

substitute doctors and nurses for hospitals and health centres. The summer locums would cover staff holidays, particularly in the three provinces' coastal areas where the summer population can double or triple, the Health chief said.

€120m lift

WOMEN'S groups across the Marina Alta and municipal corporations including Denia, Javea, Benissa, Pe-

dreguer, Jesus Pobre, Calpe, Teulada, Pego and Ondara protested on Monday to demand President Mariano Rajoy include €120 million in the 2017 General State Budget to fight gender-based violence.

Bad fall

A 37-YEAR-OLD German who fell from the Albir lighthouse cliffs and fractured his pelvis was airlifted in a Maritime Rescue helicopter to Alicante Airport and then transferred by road to Alicante General Hospital.

Dog-owner goes a little berserk

A MUCHAMIEL man was arrested after he tried to snatch a Local Police officer's pistol. Police were called during an argument between neighbours over a dog but what began as a war of words almost ended in a shooting.

The dog's owner reacted 'with extreme violence' when police went to his home, asking him to show them his ID and explain what the problem was about.

Threatening to kill them, he grappled with one of the officers and tried to snatch his firearm, the same sources revealed. When this failed he turned on the other policeman but again was unable to get hold of his gun.

Calling for backup, the officers were joined by two more policemen and the dog-owner was overpowered and taken into custody where he was charged.

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Top 5 stories

From June 12 - 19

- 1 Heat alerts hit Spain nine days before summer **4,853**
- 2 Family of Kirsty Maxwell launch social media appeal **2,927**
- 3 Two men arrested after stabbing bouncers in Torremolinos **1,780**
- 4 Drunken brawl breaks out in Marbella **1,716**
- 5 New airport security for families in Malaga **1,417**

Poll of the week

euroweeklynews.com

On the anniversary of the Brexit vote, do you wish the referendum result had been different?

■ LAST WEEK'S POLL:

Do you expect Sterling to strengthen by the end of the year to €1.20 or higher?

Yes = 47% • No = 53%

Top Social Media comments

Spanish bullfighter gored to death in south of France - Barbara Stallwood. Of course it should be banned. It's cruel and evil. How can anyone enjoy watching an animal be slaughtered. They are no better than the ones who kill them. The matador has a licence to kill. Nothing to be proud of as far as I'm concerned. He's there because he wants to be. He makes a lot of money... All because sick people want to watch an animal being tortured and killed. Usually the killer gets out alive the bull doesn't!

Elliot Wright bares all to raise awareness of Male Cancer - Lynda Anne Utting. They were brilliant. Watched the whole programme. They deserve a medal, each one of them was brilliant all the way through...

Charity intervenes after animal welfare concerns in Almonte - Ted Milsom. Put them between the shafts and the animal in the cart with food and water and let them take an hour's turnabout.

Parents attack basketball refs in Benalmadena - Ted Milsom. Absolutely disgusting behaviour and conduct. One must learn to accept disappointment, a ref's decision or that of any other responsible person be it a team event or individual. Life is not fair, it's not always the result one wants but learn to live with it. There could be a lot worse to come, believe me. Take a look at what is happening in the world or your own country. Some people have really been dealt a s**t hand.

Ramadan Prayers at Catholic religious site in Granada spark outrage - David Etheridge. Peace and respect for each other! Does it matter where anyone prays?

Scotland and England fans clash in Malaga - Gary Patrickson. Idiots what is wrong with these people they need their passports tearing up so they can never travel again.

One dead after 'potential terror attack' on London - Sandro Johnston. Is just gettin' worse every day, is always somethin' this needs to be stopped.

FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE

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TRIVIA FROM AROUND THE WORLD

Ice cream was invented in China around 2,000 BC when people placed a milk and rice mixture in snow.



The Vasco da Gama Bridge in Lisbon, Portugal is 10.5 miles (17 kilometres) long, making it the longest in Europe.



Britain has an annual cheese-rolling competition that involves running down Coopers Hill near Gloucester after a Double Gloucester round. The winner gets to keep the cheese.

Did you know?

• Oxford University, founded around 1096, is older than the Mexican Aztec Empire.

★ ★ ★
 • Ketchup was sold in the 1830's as medicine.

Lost in translation



CORRECTIONS

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Little bits on the side

No let up for historic heatwave in Spain

UNUSUALLY high temperatures for the month of June across the whole of Spain look set to continue this week broken only by occasional thunderstorms.

The whole of Spain remains on a high level of alert for wildfires - especially after the tragedy that swept Portugal at the weekend.

Madrid set an all-time June high temperature on Saturday when the temperature reached 40.3°C (104.5°F) at Madrid-Barajas Airport.

And last week also saw 44°C (112°F) recorded in Cordoba.

Emergency services continue to warn of the dangers of the intense heat and have issued information about how to cope with the heat.

The only relief from the higher than normal temperatures will be isolated afternoon and evening thunderstorms that develop.

However, a storm system approaching from the Atlantic could finally bring relief from this dangerous heat wave early next week.

Advice to beat the heat

HERE are some tips which Emergencias 112 Andalucía suggest will help face high temperatures and avoid getting heatstroke.

Drink lots of water and make sure young children and the elderly drink even if they are not thirsty. Have a light diet of fruits and vegetables. Avoid eating copious amounts of food and alcoholic drinks.

Avoid doing any sports during the hottest hours of the day. Use bright coloured clothes which allow for transpiration as well as hats and

sunglasses.

Use the adequate sun protection products for your age and skin type. You should apply the products 30 minutes before going in the sun and every two hours whilst in it.

When travelling take plenty of water and do not leave anyone inside your car whilst it is parked.

If you are suffering from intense headaches, exhaustion and tachycardia caused by the heat, call 112.

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NEWS EXTRA

Chart topper

SPANISH singer Alejandro Sanz has been named 2017 Latin Recording Academy Person of the Year, with the 18-time Latin Grammy and three-time Grammy award winner having sold 25 million records over his 26-year career.

Talking shop

FANTASY singer Mariah Carey, 47, was spotted browsing fashion boutiques in Barcelona last Monday, rocking a sheer leopard print blouse, skin tight jeans and stilettos while a bodyguard carried her handbag.

Gym bunnies

THE Loose Women crew, including stars Linda Robson, Nadia Sawalha, Andrea McLean and Saira Khan were put through their paces at The Body Camp fitness resort in Ibiza.

Picture perfect!

HE'S a Hollywood heartthrob who a ream of famous faces have admitted to crushing on.

And Blade Runner 2049 co-stars Ana de Armas and Sylvia Hoeks certainly put the squeeze on 36-year-old Ryan Gosling as the trio lined up for a photo call in Barcelona last Monday.

The former Oscar nominee plays LAPD officer K in the upcoming blockbuster, and he evidently has a good relationship with Cuban Ana, 29, and Dutch Sylvia, 34, as the three smiled and frolicked before the cameras during the promotional event.

French director Denis Villeneuve, 49, also put in an appearance with the movie set to launch in the autumn.

In Madrid, 20-year-old actress Zendaya wowed the crowds as she paraded alongside co-star Tom Holland, 21, at the Spider-Man: Homecoming photo call.

She made her name on the



STUNNING: Zendaya in Madrid.

Disney Channel but the up-and-coming star looked every inch the movie star as she slipped into a stunning pastel blue dress.



TOP TRIO: Ryan Gosling with Ana de Armas (l) and Sylvia Hoeks.

Game of clones

Star enjoys racy beach break with new squeeze



Photo credit Instagram

RELAXED: The couple frolicked in the waves.

HIS Game of Thrones character Theon Greyjoy was left unable to find pleasure in the opposite sex after having his organ removed by depraved sadist Ramsay Bolton.

But Alfie Allen, 30, is much luckier in love in real life, as he showed during a sun-soaked trip to Formentera alongside 23-year-old DJ Allie Teilz.

The relaxed couple were unable to keep their hands

off each other as they frolicked in the waves before Alfie's blonde stunner whipped off her bikini top for some serious tanning mixed with plenty of steamy kisses.

Alfie is the brother of pop sensation Lily, and split from his former girlfriend Jaime Winstone over two years ago, but it seems he has a type as his new leading lady bears a striking resemblance to his ex.

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NEWS EXTRA

Caught out

TEN drivers whose cars were stopped and inspected over seven days in Villajoyosa had expired ITV stickers, four were over the alcohol limit and one tested positive for cannabis.

Sow good

THE Diputacion met 80 per cent of the €4,445 cost of revamping Campello's allotments with improved paths and shared areas, a wider gate for heavy vehicles and a toolshed.

Bird bath

AS Alicante Province sweltered in the first summer heatwave, the SEO-Birdlife association asked apartment dwellers to put plates of water on terraces and balconies so that birds could drink.

Bowing out

ANGEL GARCIA DE LA BANDERA, managing director of the Valencia region's rail operator FGV resigned and will be replaced by Juan Andres Sanchez Jordan from national track operator, ADIF.

Better use

VILLENA Council, which has banned bullfighting, intends to turn some of the bullring buildings into a library and study hall at a cost of nearly €10,000.

20,000 years

PALEOLITHIC art expert George Sauvet, of Centre de Recherche et d'Etudes pour l'Art Préhistorique (CREAP), visited Cova del Comte in Pedreguer recently and confirmed the cave engravings are some 20,000 years old.



ELECTRICITY: Was illegally hooked up.

427 marihuana plants in chalet

A 40-YEAR-OLD Spanish man and a 20-year-old French woman were arrested recently after Guardia Civil officers found 427 marihuana plants in their home.

The investigation first began at the end of May after a report was filed with the Guardia Civil in El Verger regarding an unusual increase in visitors to a chalet bordering Gata de Gorgos.

Officers carried out surveillance in the area and both the smell of the marihuana that came from the chalet and the sound of the equipment inside was blatant.

They also detected that the electricity being supplied to the chalet was illegally hooked up to the streetlights and called in an engineer who confirmed this was the case.

With the evidence in hand, officers entered the chalet together with the Citizen Security Unit (USECIA) of Calpe and found 427 marihuana plants, 27 heaters, 22 light transformers, six carbon filters, five air conditioners, fans, timers and humidifiers.

Also found were 28 grams of cocaine, 300 grams of marihuana buds, elements for distribu-

tion including scales, plastic bags and seals, an assortment of anabolic steroids and another 38 tablets of unknown substance currently being tested.

In the chalet, there were also two knuckledusters - considered a prohibited weapon, a bow with two metal arrows without a licence 44 '32 S and WL' cartridges and a large knife.

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Celebration as month of fasting ends

THE Muslim day of Eid al-Fitr, or Festival of Breaking the Fast, officially begins when the moon rises on the evening of Sunday June 25 and ends the following evening.

It is forbidden to fast on the day which follows the month of Ramadan, in which Muslims do not eat between sunrise and sunset.

The result is a day of feasts and meetings with family and friends, along with trips to mosques in order to perform traditional prayers.

'Eid Mubarak,' literally meaning blessed Eid, is how to greet somebody on this important day.

OUR VIEW

Hard or soft, we still have hope

ONE year ago the UK voted to leave the EU.

Much water has run under the bridge since that all-important referendum vote, though in reality little is still known about what Brexit will mean to individuals, including hundreds of thousands of British expats living in Spain.

After the exit EU vote, initially little if anything was revealed as Britain prepared to put in place Article 50, thereby officially triggering its intention to divorce the EU.

After months of middle-ground rumours on both sides of the English Channel and a change in power at 10 Downing Street, finally it was official and the countdown to the UK's departure in 2019 began.

Since then a General Election called by Theresa May has thrown the whole situation into further disarray.

Hard Brexit, Soft Brexit, who knows?

The only certainty is that the UK will leave and it could be another decade before the final exit i's and t's have been dotted and crossed.

Despite the all-round uncertainty, most British expats individually hope for at least - if not all - their present rights to remain.

As the saying goes: Never deprive someone of hope, it might be all they have!

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A dramatic rescue



Photo credit GR Bomberos Alicante

A HELICOPTER: Was scrambled to rescue the unconscious man from the mountain.

FOUR walkers were rescued by helicopter and fire crews from Benidorm on Sunday afternoon.

The hikers, aged between 30 and 62 had set off to walk the well-known seven peak trail across the Sierra Helada mountain to Albir at 6.30am, but got into difficulties around

12.30pm when one of them fainted from heat exhaustion.

Rescue services were called by the group and a helicopter was scrambled, dropping medics down to the unconscious man, a 62-year-old from Madrid.

After rehydration treatment on the ground the man was

winched onto the helicopter and airlifted to a waiting ambulance before being transferred to the Marina Baixa Hospital in Villajoyosa.

The remaining walkers were taken off the mountain by National Police and fire rescue vehicles.

Despite setting off early in the morning, the hikers struggled with the lack of shade on the mountain and unseasonably high temperatures, well in excess of 30 degrees.

Numbers in the news
1.5 million sandwiches and snacks are sold annually at Malaga Airport.

NEWS EXTRA

€2,300 donation

EL COLEGIO MARISTAS DE DENIA presented the Red Cross with a cheque for €2,300 recently - raised from its 21st Solidarity March and to be distributed 50/50 between its local assembly and a project in Cameroon.

June rise

BENIDORM hotel occupancy figures for the first half of June show a 4 per cent rise on the same period last year, with occupancy at 91.2 per cent, with over 50 per cent of the visitors from the UK.

Icy nature

ELEPHANTS, rhinos and primates at Terra Natura nature park in Benidorm are being given ice lollies made of fruit, cereal and water, to combat the heat.



IS THERE A WAY TO INVEST SENSIBLY AND SECURELY IN SPAIN?

By Sam Kelly, Managing Partner, Chorus Financial



I see more and more 'guaranteed return' investments offered here in Spain. I always ask myself 2 questions: 1) How are these returns achieved 'risk free' when interest rates are near zero? 2) Why do these companies not include information about how and where they are regulated and exactly who it is guaranteeing these returns, as would be the legal requirement in the UK?

These so called 'guaranteed' returns actually rely on complicated underlying investment scenarios, which often result in capital being tied up for many years, and investors making absolutely no growth on their original deposit.

I'm not denying it can be difficult knowing where to turn to in Spain – out here the products we're used to can create major problems: ISAs are frozen and NOT tax free, UK Bonds offer no tax efficiency (not even the 5% a year your UK IFA may have told you about) and require complicated accountancy at the end of each tax year, as does simply holding stocks and shares.

My advice if you're looking for decent, steady returns, is to turn to global institutions you know and trust, rather than risking your money on promises that sound too good to be true. Two providers who have proved incredibly popular with my clients here in Spain are The Prudential & Old Mutual. These FTSE 100 companies have a combined 40 million clients worldwide and have set up solutions specifically for Expats in Spain.

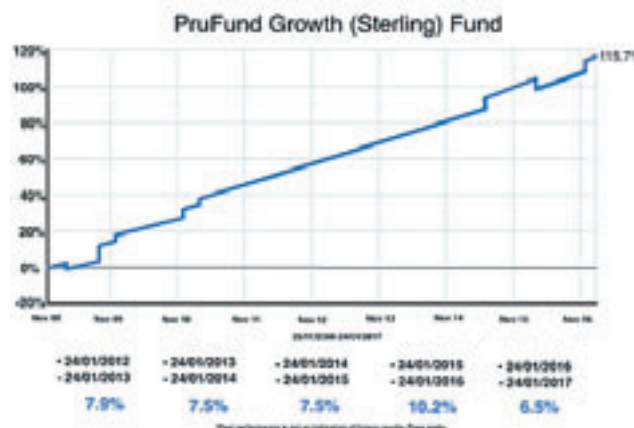
They both offer plans designed for Spanish residents which I like to call our 'Spanish ISA' due to their tax efficiency and no requirement for any complex annual accountancy.

With The Prudential, you can invest in one of the World's oldest, largest and most diversified funds for steady annual returns.

Old Mutual offer a perfect option for those with an existing portfolio they wish to move out of an inappropriate 'UK' bond or ISA, into a product designed for Spanish residents.

If you get the right, properly regulated advice, there really is no need to take aggressive financial risks to get good, long term returns here in Spain.

If you have any questions about these products or their suitability for you then please contact me today on **664 398 702** or email **s.kelly@chorusfinancial.es** to arrange a free consultation.



Investment contracts are intended as medium to long term investments, and all investments have some level of risk. Figures in this article are examples of what can be achieved, and cannot be guaranteed; the value of your investments can go down as well as up. Fees and charges can vary and will be fully explained to you before any advice can take place. This article should not be considered as investment advice or a recommendation of any particular product.

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A sweeter smell

THE stench from the Les Canyades landfill site in Campello could soon be toned down.

Nearby residents began complaining about the bad smell as soon as the plant opened in 2009.

Official inspections, court cases and government edicts have not solved the ongoing problem but services company FCC, which runs the site, is pioneering a new technique.

This uses microbiological products that are harmless to the environment but accelerate the composting process and reduce the unpleasant smell from the plant.

Trials began on a modest scale between February and April with continual and comprehensive controls

and analyses, FCC revealed. After results confirmed that the process was faster and produced better compost, this was then applied to all the organic waste that has entered the plant since May.

Technical staff at Les Canyades hope to complete the experimental phase after the summer when they will have enough information to decide whether the system should be used permanently.

FCC and the Consorcio Mare, the group of Marina Baja and Marina Alta towns that use the plant, have introduced further corrective measures that were suggested by the regional government earlier this year.

They also await the official go-ahead to incorporate others procedures but maintain that the smell from Les Canyades has "diminished ostensibly" in recent years.



LES CANYADES: Constant complaints about the smell.

Photo by Campello town hall

Numbers in the news
4 out of 10 people in Spain have stopped visiting the dentist.

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Bounty from Brussels

FIFTY-SEVEN small towns belonging to the Muntanya d'Alacant action group will receive €3 million from Brussels.

The funds come from the EU's Leader programme which

supports development projects at a local level in a bid to revitalise rural areas and create employment.

Muntanya d'Alacant was one of the 11 rural groups selected

by the regional government's department of Agriculture, Environment, Climate Change and Rural development at the end of last year.

Nine groups made the final cut and each will receive an equal share in the €27 million allocation from Brussels.

Fifty-seven town halls and four municipal alliances from the Marina Baja, Marina Alta, l'Alcoia, El Comtat and Vinalopo belong to Muntanya d'Alacant. All have maximum populations of 1,500 inhabitants or fewer than 25 inhabitants per square kilometre.

The group includes agricultural and forestry professionals as well as groups representing civic, tourism and business interests.

Unlike other occasions when the group has applied for European funds, this time Brussels worked from the bottom upwards, with the accent on the social rather than the institutional, said the group's vice-president Josep Manel Frances



Photo credit: Jose Eco Catala Senent

AGRES: Will receive Leader programme funds.

who is also mayor of Agres.

As well as improving infrastructure and preserving the area's architecture and rural heritage, Muntanya d'Alacant will pursue initiatives that create employment to prevent pop-

ulations from drifting away to the cities.

"The regional government is worried about depopulation and hopes to introduce incentives to remain that could include tax breaks," Frances said.

NEWS EXTRA

Offal mishap

THREE-HUNDRED kilos of slaughterhouse waste slid from a lorry near Petrer, blocking the A-31 motorway and causing a four-kilometre tailback when following vehicles were forced to pull up.

Light fingers

AN Alcoy bar-owner who received a two-year prison term for appropriating €51,000 that clients contributed each week for Moors and Christians expenses, must return the cash, plus a €1,081 fine.

Looking good

VILLAJOSYA Council approved by-laws making it easier for bar and restaurant owners to complete formalities for outdoor tables while consolidating "a quality image that safeguards the environment and aesthetics."



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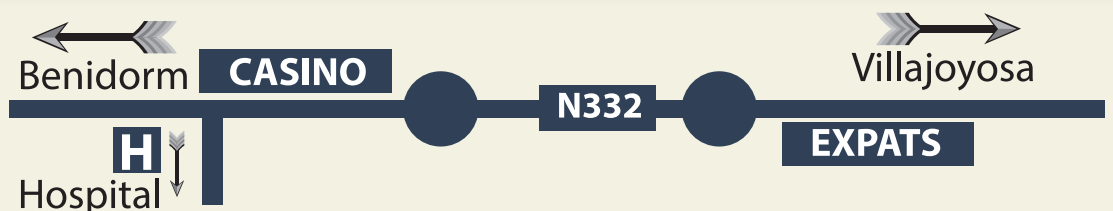
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The Barcelo Hotel group buy Selomar

THE derelict Hotel Selomar on Benidorm's Levante beachfront is to receive a multi-million euro renovation.

New owners Barcelo Hotels, backed by the Hispania group, bought the abandoned building for €15.6 million a few days ago and have pledged to spend around the same amount to return the hotel to its former four star glory.

The Selomar, originally built in 1973, offered 245 rooms across eight floors and under-



Photo credit Google

Benidorm's Hotel Selomar was gutted by a fire in 2015.

went a refurbishment in 1992.

However, since closing its doors for the last time in 2007, the hotel gradually fell into disrepair, until a devastating fire, thought to have been started by squatters, gutted the building in October 2015.

There has been much speculation regarding the future of the building over the years, but any potential developer has been hindered by a ruling from the Costas organisation which governs construction on the coastline of Spain.

Costas have declared that the front of the Selomar, in particular, the balconies, protrude too far out and are in breach of the Coastal Law and this coupled with a dispute within the Almodobar family who own it, has prevented any development until now.

Hispania, backed by billionaire investor George Soros, and Barceló have been partners since 2015, through its subsidiary, Bay Hotels & Leisure and are currently listed as the biggest hotel group in Spain, with 38 establishments totaling 11,021 rooms.

Weekend war zone

BENIDORM'S Poniente beach played centre stage to a Second World War re-enactment last Saturday.

Two hundred enthusiasts from the Codex Bilex historical society played the roles of allied and German soldier, nurses and civilians in a recreation of the D Day Normandy landings and the Avalanche Salerno operation on Sunday.

Replica military vehicles and landing craft and weaponry were used to create a faithful interpretation of the event, including parachutists from the Mendez Parada air force school and the area around the parquet d'Elche resembled a military village.

History lovers donned German and Allied uniforms and recreated the invasion of Normandy in front of the bikini-clad tourists.

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SHOPPING CENTRE: Will be ready to open in 2020.

€210 million shopping

THE first stone has been laid on the new €210 million shopping centre on the edge of Benidorm.

Developers Unibail Rodamco expect the construction project to take in the region of 30 months and will include a new feeder road and roundabout near to the discothe-

ques area of the town in the direction of Altea.

Earthmovers have commenced groundwork on the 58,000m² of gross leasable area, which on completion will have more than 121 stores, hypermarket, restaurants and movie theatre, plus 3,000 parking spaces.

Benidorm mayor, Toni Perez, Javier Solis, Development Director of Unibail Rodamco and high ranking Valencian official Natxo Costa, were all present at the opening ceremony of the project which has been in the planning stage for more than 10 years.

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Lethal Saturday night - Sunday morning pattern

CYCLING is environmentally friendly but in Spain it can be perilous.

Fatal traffic accidents involving vehicles have decreased but the number of cyclists killed on

urban and inter-urban roads has soared.

General Directorate of Traffic (DGT) figures showed that 2,442 cyclists were killed on Spain's roads in 2006. By 2015 this had risen to 7,000, a 186 per cent increase.

Five cyclists have lost their lives on the N-332 since May. Four of them, out for a Sunday ride, were killed in two separate accidents on the same stretch of main road in Oliva (Valencia).

Paradoxically Sunday is dangerous for cyclists, especially early in the morning as clubbers and disco-goers who have been out all night drive home high on drink and drugs.

The Generalitat has now announced it intends to introduce legislation to protect cyclists.

"I don't want to give the impression that we are improvising, but we have given ourselves a month to come up with an action plan," the regional



SUNDAY MORNING: Popular with cycling enthusiasts.

president Ximo Puig said.

He was speaking after meeting representatives from cycling and triathlon associations as well as officials from the regional government, the national government's Valencia Delegation, the region's three Diputaciones and the DGT.

Jose Sauri, Cycling Federation spokesman in the Valencian Community, wants a harsher response from the authorities. "Unless they confis-

cate offenders' cars as well as their driving licences, we might as well be dead," he said.

Ana Novella, spokeswoman for Stop Accidentes, agreed that cars should be impounded or fitted with an Alcoholock system linked to the ignition.

Novella also suggested that a reckless driver responsible for a road death should be automatically remanded. "Prison would make offenders think twice," she said.

NEWS EXTRA

Online presence

THE Mercat de Denia unveiled its new website - mercatdedenia.es - last week and is now also present on Facebook, Twitter and Instagram where followers will be able to keep abreast of new developments in the shops.

Caritas help

CARITAS recently revealed a 7 per cent decrease in the number of people helped, although the number of young families has increased - last year, Caritas helped 998 Marina Alta families, 239 of them in Denia.

Hottest spot

BENIDORM recorded the hottest temperatures in the Valencia region last Friday, when the thermometer hit 34.9 degrees at 2.30pm.



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In the aftermath of the UK general election, we reach the one-year anniversary of the Brexit vote. But do we know more today about how Brexit might affect expatriates in Spain?

Has the UK election changed anything?

Theresa May's failure to secure a majority is generally considered a public rejection of her hard-line Brexit strategy. The big question now is whether she will yield to pressure for a 'softer' Brexit. This could mean keeping access to Europe's single market and staying in the European Economic Area (EEA), including freedom of movement.

How long until things change?

With Article 50 triggered, Britain is still on course to leave the EU by April 2019. Meanwhile, EU membership and associated rights for expatriates in Spain remain. But the nature of Brexit will only become clearer as negotiations begin, scheduled for late June.

Reassuringly, the 27 EU states announced that securing reciprocal citizens' rights is "at the very top of our agenda" as part of "an ambitious solution where those affected continue to enjoy their rights."

Theresa May has made it clear she agrees, provided guarantees are mutual.

What Brexit answers do we have post-election and one year on from the referendum?



By Brett Hanson,
Partner,
Blevins Franks

The terms of new agreements, however, could prove less favourable than today. It may be worth reviewing your residency, estate planning, investments, pensions and tax planning options now, before anything changes.

Should you expect higher taxes?

With taxation being a domestic – not an EU – matter, the tax treatment for Spanish residents should not change post-Brexit. The UK/Spain double tax treaty will continue to set the rules for

taxing expatriates. However, if the UK leaves both the EU and the EEA – and no equivalent arrangements are in place – non-residents with Spanish income and/or assets could pay more in taxes. Currently, non-EU/EEA residents are charged higher income tax rates and cannot qualify for the generally lower wealth tax and succession/gift tax rates offered by the regional autonomous communities. Also, once the UK leaves the bloc, Britons aged under 65 selling a Spanish main home to reinvest into a British property may attract full capital gains tax charges.

Pounds or euros?

Following the election news, the pound slumped 2% against the euro and remains vulnerable during Brexit uncertainty.

While currencies can swing both ways, if you have no choice but to convert at a particular time – by withdrawing UK pension income, say – this can be costly. Reduce currency exchange risk with investment

structures that let you hold multiple currencies or consider transferring UK pensions to arrangements offering currency flexibility.

What about UK pensions?

Brexit should not affect accessing or transferring UK pension funds. However, expatriates outside the EEA do not receive annual inflation increases in State Pension payments, so extending this post-Brexit could be a cost-saving opportunity for the Treasury.

The UK's new 'overseas transfer charge' may suggest post-Brexit changes for private pensions. Many expatriates transfer to Qualifying Recognised Overseas Pension Schemes (QROPS) to benefit from tax-efficiency and flexibility. However, since 9th March, some transfers attract 25% taxation.

Currently, this does not affect transfers to QROPS based within the EEA, including Gibraltar. However, Brexit offers the Treasury more scope

to widen penalties on overseas transfers or to make it harder to cash in 'defined benefit' pensions. Consider acting now under current rules, but take personalised, regulated advice to avoid pension scams and ensure a suitable approach.

With so much uncertainty ahead and current opportunities potentially expiring in around 18 months, now is the time to review your financial planning and explore your options so you can plan accordingly as Brexit unfolds.

The tax rates, scope and reliefs may change. Any statements concerning taxation are based upon our understanding of current taxation laws and practices which are subject to change. Tax information has been summarised; individuals should take personalised advice.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com.

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No plain sailing for local yacht clubs

ELEVEN Valencian Community yacht clubs with expired licences applied for renewals while the Generalitat prepares the conditions for new concessions.

Javea, Moraira, Basetes (Benissa), Costa Blanca (Alicante City), Altea, Campoamor, Torre de la Horadada and Torrevieja are currently affected in Alicante Province.

Although they have been given breathing space the yacht clubs accused the Generalitat of "messing about" for the past two years without providing a solution.

In their written applications the club presidents asked the Department of Housing, Public Works and Territory to continue to apply same economic conditions and terms.

Photo credit: D Ramey Logan



SAILING: Activities will disappear.

"The increased levies that each Club Nautico must pay will make access to sailing impossible for many enthusiasts and numerous activities will disappear," Mas warned.

It was illogical that due to its own inactivity the Administration now stood to make money out of the situation, maintained Club Nautico presidents and the board of the region's Association of Yacht Clubs (ACNCV).

"It looked as though the regional government wanted to give ports and marinas an elitist image," said ACNCV president Jose Mas.

"Everything suggests that the Generalitat wants a transition to privatisation of these spaces, as has happened with Gandia's Club Nautico," he added.

Up to no good as two women get well stuck

AN elderly woman and her passenger were trapped inside their Opel Corsa when she tried to drive up a footbridge.

The newly-opened bridge in Xirivella (Valencia) was built to enable pedestrians to cross the V-30 road, but the driver

managed to get up the ramp and across walkway.

The car then got stuck as she tried to descend the other side and the two women had to wait until they and the car could be removed by a breakdown lorry.

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More places for shopping

FINESTRAT'S commercial and business area is about to expand still further.

The site for Parque de Medianas La Cala, a new 31,000-square metre shopping centre, is being cleared and construction will begin shortly.

The €20 million centre, which is expected to be finished by May 2018, will have a built area of approximately 17,000sqm and parking for more than 700 vehicles.

Decathlon, a leading sporting goods retailers, has already confirmed its arrival in the new centre. According to the provincial Spanish press the French firm's 3,500-square metre store will provide direct jobs for 60 people.

Win-win situation in Alfaz

BY demolishing a building adjoining the Escoles Velles cultural centre, Alfaz Town Hall has recovered another public space.

Basic street infrastructure can now be renewed and electricity and telephone cables placed underground.

The town hall also plans to install steps and ramps that will give access to Calle Murcia.

"This deteriorated area can now be turned into a public space that is dynamic physically, socially and culturally," said the Urban Development councillor Toni Such.

Owing to its strategic position it would be designed to ensure that both residents and visitors



Photo credit: Alfaz town hall

| MORE SPACE: Toni Such, second right, inspects the site.

could benefit, he added.

The councillor thanked the Alicante Diputacion for its €240,000 grant towards the €293,159 cost of the project.

His own department would cover the €53,159 cost of clearing the perimeter of now-empty plot of land, Such said.

Demolishing the old municipally-owned property was the last phase of improvements to the central site.

"Bearing in mind that there is free parking for 180 cars only 50 metres away at the sports centre and that we are also going to add 18 angled parking spaces, we all end up winning," Such pointed out.

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Getting prepared for every eventuality

FORESTRY pupils from La Nucia's Employment Workshop are currently working to prevent both fire and floods.

By clearing vegetation and litter from the town's streambeds and green areas they are reducing the risk of fire now that high temperatures have left the countryside tinder dry.

These same gullies and streambeds have also been cleared to ensure that they are unobstructed when the autumn rains arrive.

Removed deadfalls and trees affected by last winter's gales have been chipped and are now providing ground cover to prevent erosion.

The forestry pupils have already worked their way through 10 urbanisations and are now tackling El Tossal and Bello Horizonte.

The Employment Workshop course, which began last



Photo credit: La Nucia town hall.

FIRE PREVENTION: Forestry students clear the way.

December and will last a year, is training 10 gardening and 10 forestry students, explained La Nucia's Employment councillor Serafin Lopez.

The workshop also provides work for the four people in charge of the course.

"The forestry students have done a grand job, especially in areas adjoining urbanisations. We at the town hall want to thank all the team for what they have done so far and will continue doing in coming months," said La Nucia's mayor Bernabe Cano.

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Photo credit: Lorens Quiros

ALMADRABA BEACH: Villa development will stabilise cliff.

Downhill all the way

CAMPELLO Town Hall halted construction work on a path above the Almadraba beach.

Planning permission for three villas above the beach is in order, the Urban Development department clarified, but no application was made for the path which has approval from coastal authority, Costas.

A small section of beach was also closed off as workmen were told to down tools until the legal position was cleared up.

The cliff below the villas has caused problems for some time and the development project includes stabilising the crumbling rock-face as well as building a path between both

beach accesses.

Beaches' councillor Cynthia Alaves explained that possibly the project was presented directly to Costas and should eventually reach the town hall via the regional government.

Despite this legal hitch, Alaves stressed that the project, which is perfectly legal, will solve 10 years of instability in the area adjoining the steps and the Torre de la Illeta zone.

Residents in the area are unconvinced and claim that the developers wish to provide the three luxury villas with direct access to the beach. The path will do little to prevent the danger of landslips, they predicted.

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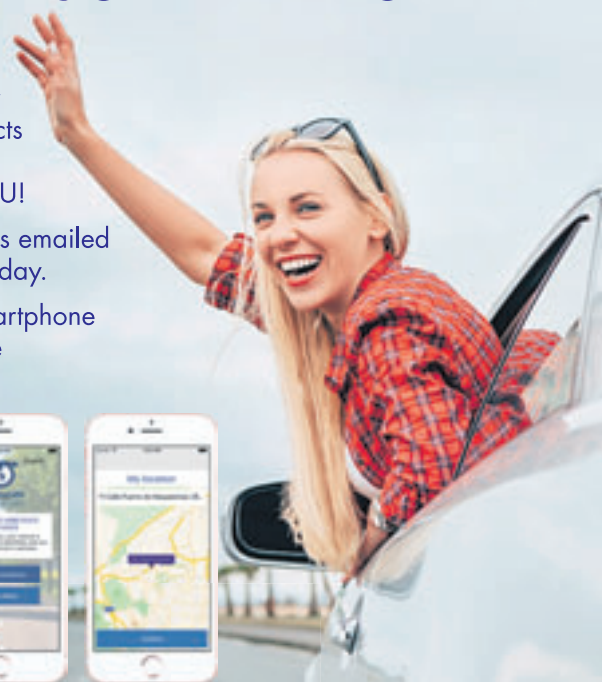
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From July 31 until August 14 the camp in the Alfaz del Sol urbanisation in the Norwegian Colony will be a base for 24 young people aged between 18 and 21 from Europe, America, Asia and Africa.

"We hope to encourage these young participants to share their own cultures with each other while learning from the country where they are stay-



Photo by Alfaz town hall

SUMMER CAMP: Making arrangements at the town hall

ing," said Vicente Saval, president of the Benidorm branch of the Lions Club. "This will help them to become young ambassadors for peace and interna-

tional understanding."

The summer camp is a "faithful reflection" of Alfaz, where more than half the population were born outside Spain.

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NEWS EXTRA

Loose end

THE owner of a white pony that wandered through Alcoy for an hour, even crossing the San Jorge bridge, could be fined for posing a potential danger to the public.

Make-over

ELEVEN building firms are competing for the €299,360 contract to restore Biar's Arco de Jesus, a 12th century arch in the town walls that led to the Jewish quarter.

Short odds

PREVIOUS prize-winners of the Alfaz Film Festival are amongst the 17 short films the organisers have chosen from the 1,230 that were submitted, a 50 per cent increase on 2016 when there were 820 submissions.

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Mark Roach and Paul Yiasemides of Wincham International Ltd

Last week, Wincham International held their renowned “Tea on the Terrace” event in the Costa Blanca North.

The events which took place in Calpe, Altea, and Javea, gave property owners the chance to meet face to face with one of our specialist Wincham Consultants from our UK (Congleton) and Spanish (Calpe) offices to discuss their requirements and concerns. Topics that were covered included:-

- Spanish Inheritance and Wealth Tax.
- Buying and selling of Spanish property.
- Spanish Wills and Spanish Probate.
- Investing Spanish property into a UK Limited Company.
- Buy to Let.
- Spanish Resident Tax returns (June deadline)

Mark Roach, the Managing Director of Wincham, had this to say about the event *“Wincham are here to expertly and efficiently supply you with the best advice and service on all Spanish property matters. We recognise that every customer property requirement is different and this is why our experienced Wincham team listen carefully so that we can deliver an excellent and precise bespoke service to help generate the results you wish to achieve.”*

Wincham has been established since 1994 and our team consists of qualified professionals including Tax Consultants, Chartered Accountants, Gestors (Qualified legal Assistants), Economistas, Abogados, (Spanish Lawyers) Estate Agents and Notary Publics.

Wincham are market Leaders in helping Clients purchase and own Spanish property within a UK Limited Company structure as we manage over 500 UK Companies that own Spanish property.

Discussing the event, Paul Yiasemides who is a Senior Tax Consultant at Wincham said *“A number of people would rather discuss their Spanish affairs in person than over the phone, Tea on the Terrace, gives people the opportunity to do that.”*

Wincham would like to say a big thank you for everybody who

attended our event and would also like to thank the Diamante Beach Hotel, Calpe, the SH Hotel Villa Gadea, Altea and the Parador de Javea Hotel for their generous hospitality.

Due to the phenomenal success of the recent **“Tea on the Terrace”**, Wincham will be announcing more dates in the up and coming months.

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IN today's article, we would like to share with our readers the recent judgement granted by the Denia Court Number 4, Judgement number 119/17, dated June 8, 2017, by which the court of this municipality of the Costa Blanca has accepted the court claim presented by this law firm: White Baos Lawyers, on behalf of the British expatriate marriage, of Mr J M and Mrs K M.

Expenses Clause. On the aforementioned court decision, it has been accepted, at our request for the annulment of the expenses clause, by which the bank, in this case Banco Sabadell, imposed the payment to my clients of all expenses arising from the mortgage loan.

Thus the court of Denia, confirms that said clause is null and void because it is abusive and generic; lacking any distinction or specification. It also imposes and forces the consumers to pay for all the expenses, taxes, and cost consequences of the mortgage loan, whatever they are, although

some of them by law must be paid by the bank itself.

As a result of this declaration of nullity, the Denia court, obliges the bank to return to the client the expenses paid as notary fees and land registry fees, that correspond to the bank (but not taxes), plus their interests, and also demands that the bank pay the costs of the court process, which means paying the full legal fees of our clients.

Therefore, if this judgement is not appealed, my clients will be compensated for the payments made to the notary, the land registry and interest, resulting in all the money being recovered entirely for them, as our costs, as lawyers will be paid by the bank.

Delay Interest and Termination Clauses. Likewise, in the judgement referred to above, the court number No 4 also has declared null and void, the clause relating to the delay interest fixed at 25 per cent per annum, and the clause empowering the

bank to be able to terminate the contract simply for the delay in just one monthly payment of the loan, since it is a clearly abusive and disproportionate clause.

Conclusion

From White Baos Abogados we offer our clients the possibility to claim without costs or risks for the expenses that you paid when you signed your mortgage loan, according to recent jurisprudence; mainly notary and land registry fees.

If you have a mortgage loan and want to recover some of the money you paid, **contact us and we will help you.**

The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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High-rise fire no problem

FIREFIGHTERS from Alicante and Valencia provinces recently tested their readiness to control fire in a high-rise building.

The Alicante and Valencia Firefighting Consortiums, together with Alicante City's own fire brigade, tested equipment and resources at Edificio Bahía de los Pinos, in Cabo de las Huertas.

The building's 23 storeys make it one of the city's tallest buildings and firefighters from the three forces confirmed that their hoses can deal with fires up to a height of 25 storeys.

"Above this, different tactics are required," said Juan Miguel Suay from Alicante's Consorcio de Bomberos.

The fire hoses' reach is only one problem, as fire engines encounter many physical obstacles when called out to urbanisations, explained another expert, Lucio Garcia. Regulations

introduced in 2006 are not retrospective and cannot be applied to many older buildings without rehabilitating them, Garcia added.

The Cabo de las Huertas exercise was prompted not

only by the fire that recently engulfed Grenfell Tower Building in London, but another that affected Edificio La Chicharra in La Albufera last April.

The blaze, which began in

a 14th-floor apartment, took 90 minutes to control.

"In a normal fire we use some 150 litres of water per minute but a big fire like this needed 500 litres a minute."

Four elderly residents almost succumbed to smoke inhalation and six more were evacuated as a precautionary measure.

The presence of individu-

als always conditions strategy, the experts explained: "Evacuating victims comes first and saving material goods afterwards," the experts explained.



HIGH RISE: Region's firefighters can cope.

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Untroubled waters agreement made

CALLOSA and Altea have finally agreed about the Santa Clara water which for years has caused friction between both towns.

Altea's Santa Clara urbanisation is close to Callosa whose water it has used since the complex was developed in the 80's.

From the outset the cost of the water has been a source of discord that generated 12 different court cases.

Both corporations have agreed that the Santa Clara water will be charged at €0.75 per cubic metre for the next two years, after which the price can be reviewed.

Altea Town Hall will now cancel all legal proceedings initiated in the past by a succession of councils.

"This puts an end to a



Photo by Callosa town hall

ALL SMILES: No more conflict over Santa Clara water.

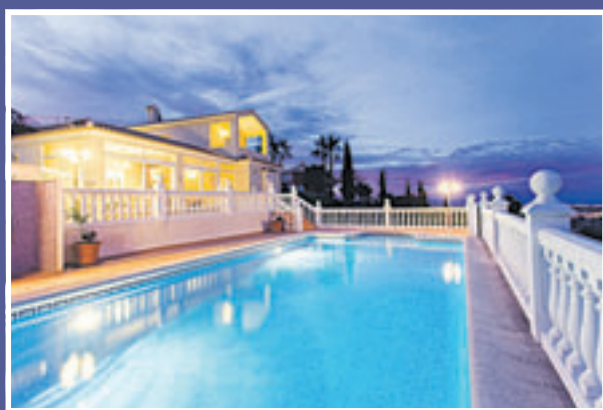
problem between two municipalities that were engaged in a dispute that needed to be settled," said Altea's mayor Jaume Llinares.

"It was a long-standing issue that made trouble for two town halls but above all

for users," agreed his Callosa counterpart Josep Saval.

The agreement heralded a period of calm, Saval added, as any future changes would first have to be resolved without inconveniencing Santa Clara residents.

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Photo by San Juan town hall

DEEP-CLEAN: High pressure hoses remove the grime.

Spring-clean for summer streets

SAN JUAN streets are to be thoroughly deep-cleaned.

Special attention will be paid to the town's most-used central streets, particularly areas fouled by dogs, said councillor Eva Delgado.

Operatives will first vacuum up loose litter and clean out corners and crannies where machines cannot reach.

A mechanical sweeper will

then clear the streets before all surfaces as well as bollards, lampposts and street furniture get a high-pressure hosing down with disinfectant.

The machine then returns to remove debris loosened by the hoses.

First up for the deep clean are Calles Pintor Baeza, Calle Mercado, Calle Ordana and

Pasaje la Ordana next Wednesday, June 28.

Calle Dr Ivorra, Calle Dr Gadea and Calle Salvador Montesinos follow on June 30. Residents will be advised beforehand so that they can remove vehicles before the cleaners get to work.

Remaining streets in the town centre will be cleaned next month.

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ROAD CLOSED: Weeks of repairs for San Jorge bridge.

A bridge too few

ALCOY'S San Jorge bridge will close to traffic and pedestrians once renovations start this coming Monday, June 26.

It will remain closed until September while the roadway is resurfaced, balustrades are repaired, pavements widened and traffic lanes reduced from the present three to two.

This work should have begun months ago but prob-

lems detected during routine work on the city's Fernando Reig suspension bridge last summer meant that the €280,000 San Jorge project had to be delayed.

All of the Fernando Reig cables need replacing and the bridge will remain closed for another 12 months at least.

The council has deliberately chosen to wait until schools

close and traffic hold-ups are less likely, explained Transport councillor Jordi Muñoz. Traffic will be rerouted with signposted details of detours and the Local Police will regulate all problematic crossings.

"Roadworks are always a nuisance but we have tried to minimise problems with alternative routes at a time of the year when there is less traffic," Muñoz said.

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Fun put into fundraising



Photo credit: Alfaz town hall

SWINGTIME: Dancing to big band music.

THE final figure for the Moonlight Serenade fundraiser in Alfaz reached a grand total of €4,542.

The national cancer charity AECC afterwards thanked the 300 members of public who attended the evening of big band swing, together with all the local associations that collaborated with the event and local artist Goyo Perez who donated a picture to be raffled.

The local AECC committee has now assigned €2,000 to its Psychological Attention Programme, the free assistance that has become one of the association's most significant services in helping patients and their families.

More than €600 also went to the Social Volunteers Association for the local Food Bank which helps needy families.

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A culinary celebration in Marina Alta

THREE towns in Marina Alta, Benissa, Calpe and Teulada-Moraira, have teamed up for the second time to form a gastronomic initiative with the aim of promoting the area's diverse tapas culture and generate tourism.

This programme is called the Second BCTM Tapas Route and will be hosted by each town in successive two week blocks.

Between Friday June 23 and Friday July 7 it is Teulada-Moraira's turn to showcase the best tapas the region can offer. Many local restaurants will take part and offer a special range of food at very low prices.

Calpe will house the first event between June 11 to 23. Benissa will be the last town to participate between July 7 to 21.

Flying the flag

L'AMPOLLA, el Portet and Platgetes beaches were recently awarded with blue flags for another year.

Together with the lifeguards and municipal staff responsible for the beaches, Mayor Carlos Linares and Councillor Nieves Rodriguez hoisted the flags last week.

The Blue Flag is a certification by the Foundation for Environmental Education (FEE) that a beach, marina or sustainable boating tourism operator meets its stringent standards.



BLUE FLAGS: A standard of quality.

FEE's Blue Flag criteria include standards for water quality, safety, environmental education and information, the provision of services and general environmental management criteria.

The Blue Flag is sought for beaches, marinas and sustainable boating tourism operators as an indication of their high environ-

mental and quality standards.

Forty-six municipalities across the Valencian Community presented their beaches to the FEE and 45 were awarded with blue flags, representing 21 per cent of all blue flags in Spain.

The province of Alicante boasts the most flags in Spain, with 78 awarded in total.



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Four arrested in Benissa drug bust

FOUR Spaniards have been detained by the Guardia Civil in Benissa after being linked to a drug preparation and distribution operation. After the first arrest, 149 grams of cocaine were seized after being found hidden in a bag of rice.

Authorities have detected a rise in drug sales in Benissa since February, most notably in the areas surrounding bars and businesses.

Following this, an investigation was established aiming to local the main sites of distribution and production of the drugs.

The first arrest took place as one suspect left a house in order to make a sale. Cocaine was found hidden in each of his

trouser legs. The house was then searched and officers uncovered a camping refrigerator full of bags of rice, at the middle of which were hidden two rocks weighing 56.2 grams and 35.2 grams respectively.

Additional findings include various pieces of equipment to produce and distribute narcotics, four grams of hashish, pre-weighed bags of cocaine and €1,717 in cash.

The second arrest uncovered three marihuana plants, 30.1 grams of pure cocaine and 59 grams of marihuana.

The two registered owners of these homes were arrested in connection with drug offences.

Advertising campaign kicks off in the capital

Teulada-Moraira arrived in Madrid last week to launch a new advertising campaign.

LA PROXIMA EN TEULADA-MORAIRA will run until the end of the month with pop-up beaches resembling the Teulada-Moraira coastline featuring in restaurants La Contrasena and The Fox.

Hostesses will interact with restaurant clientele, distributing flyers, handing out merchandise and over 700 'exclusive Teulada-Moraira cocktails.'

Carlos Linares, mayor and councillor of Tourism explained that the objective of this new advertising campaign is to promote the municipality as the ideal holiday destination amongst the wealthy and affluent in the capital.

The campaign is identified in the Local Tourism Identity Plan 2016 - 2020 and follows efforts that took place earlier this year after the municipality signed an agreement with airline company Iberia to appear in their magazine - read every month by two million people in more than 50 countries.

Describing tourism as the 'economic engine' of the municipality, Linares said that the relevant bodies will work very hard to continue to invest in tourism and promote Teulada-Moraira, by innovating in new media with which to reach more members of the public.



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MADRID: Hostesses will interact with restaurant clientele distributing flyers.

Choir present proceeds of concert

THE COSTA BLANCA MALE VOICE CHOIR, has distributed the proceeds from their very successful concert last month with the Pontarddulais Male Choir, at the Auditori Teulada-Moraira.

A cheque for €500 was recently presented to Tony Grande of Make a Smile, this money will continue to support the many disadvantaged young people in the area that this amazing charity supports.

CBMVC President Mike Evans visited Teulada last week to present two further cheques for €500 to the Alzheimer Day Centre and Proteccion Civil.

CBMVC's next and final performance this season is the Con-



Choir member Howard Westcott, together with Social Secretary Alun Price handing over the money to Make a Smile's Tony Grande.

cert at the Cave in Benidoleig and it is completely sold out. The proceeds will support sin-

gle-parent charity Guardian Angels and Proteccion Civil Benidoleig.

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NEWS

Woman found



Photo credit: javea.com

the woman's body was found in the water.

Ceramics and collages by two Javea residents on show in workshop

ON Friday June 30 and Saturday July 1, Brigitte Schemmel and Maggie Morgan join together for the second year running for an exhibition of Brigitte's ceramics and Maggie's collages.

The 'Open Studio 2017,' will be in Brigitte's ceramics workshop behind the Centro de Salud in Javea Old Town. It will be open to all from 10.30am to 1pm on both the Friday and the Saturday and also on the Friday evening from 6pm to 8pm. Everyone is welcome to drop in, have a drink, and view their latest work.

Brigitte's imaginative and unusual ceramics will be on display and she will also be available to talk to anyone thinking of learning the techniques of ceramics and joining her workshops. A ceramist for more than 30 years, in addition to various exhibi-

tions in her home country Germany; some of her pieces have been shown in Jávea - in Artefactus, Ca' Lambert and Al Marge.

Maggie will be celebrating her 10th exhibition in the 10 years she has been creating collages. The current series is entitled 'Sky Lines,' which are views of imaginary horizons and skylines, created with torn magazine pages, a technique she describes as 'painting with paper.'

In addition to last year's successful Open Studio with Brigitte, she has exhibited in Javea at Artefactus, Casa de Cable, Kbaret, Ca' Lambert, Biblos and with the Xàbia Visual Week group and other local venues.

The exhibition will be in Brigitte's workshop on C/ Mestre Jaime Martí, 5, Javea pueblo. It can be found by walking from the Plaza de Constitución past the entrance to



COLLAGE: Painting with paper.

the Centro de Salud. Turn left at the end and left again opposite the 'parking natural' and look out for balloons.

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The Good Laugh Samaritan

IF anyone happens to be dining with the Javea Players in the Plaza Baix one evening next week (Monday June 26 to Saturday July 1) they will meet, after having enjoyed tapas and a wine al fresco meal; Rosemary Gibbs.

She is a dedicated Good

Samaritan but her problem is that she doesn't help those in distress or despair, but drives them to it. However, she is a damn good laugh.

Catch-up with Rosemary in 'Departures,' the second half of the double-bill in the Casa de Cultura, directed by Mike

Harvey. Rosemary along with her none-too-bright daughter, Mandy, Dennis Tippitt and his wife, Sheila are holidaymakers whose flight to Palma from Gatwick is delayed.

Dennis is narrow-minded, bigoted and xenophobic, mind you he doesn't discriminate, whatever colour, creed or culture, he hates the lot! He is someone who definitely needs Rosemary's help, but when she lavishes it upon him, he gets into a boiling rage and tells her that he defies anyone to sit with her for 10 minutes without going insane.

So, Rosemary turns her attention to his wife, Sheila. She says how very sorry she



AL FRESCO: Tapas and wine after the Summer Show.

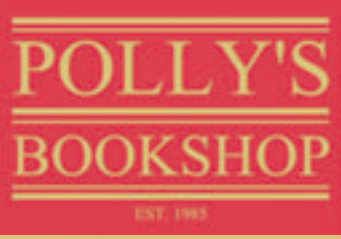
is for Sheila because she doesn't have children and

suggests that if Sheila was now to have a child, it could

be just the thing that Dennis needs to rescue him from having a nervous breakdown.

The first half of the laughter-packed double-bill the Plaza Baix diners will enjoy is 'Arrivals.' Again, the source of the uproarious havoc is good intentions. This time the good intention is on the part of Chris and Nikki and the intention is to save their German guest, Dietrich, the hassle of finding his own way to their home, as Chris will meet him at the airport. The trouble is that communication between the two ladies is very much more miss than hit and a thing like the arrival of a mother gets overlooked.

These two very amusing short plays preceded by an al fresco tapas and wine meal make up this year's Javea Players' Summer Show which runs in the Plaza Baix and the Casa de Cultura from Monday, June 26 to Saturday, July 1. Tapas will be served at 7pm. The inclusive price is €17.50. The Summer Show is now fully booked but it is always possible that you could be lucky enough to grab a 'return' - worth a try on the Javea Players website www.javeaplayers.com or call Bernard on 966 462 385.





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A night in the library

FIRST and second year pupils at Altea's state primaries are sleeping away from home this Friday, June 23.

This is also the Eve of San Juan and they will be spending tonight in the municipal library in the Casa de Cultura, accompanied by two monitors.

Equipped with a torch, sleeping bag, pyjamas, toothbrush and towel they are due to arrive at 9pm. They will have dinner in the Casa de Cultura with games, storytelling and a film amongst other diversions before settling down for the night in the library. Their breakfast will be served in the Casa de Cultura next morning.

"This initiative has been very successful in other municipal libraries and we wanted to try it here," said Culture councillor Diego Zaragoza. "We believe it will be good fun and something the children will al-



Photo by Altea town hall

NOVEL B & B: Altea pupils will spend the night in library.


ways remember."

The activity is free but places are limited. More in-

formation at the Biblioteca Municipal, telephone 965 842 853.

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ASOCIACIÓN PROTECTORA DE ANIMALES DE EL CAMPELLO is an animal welfare charity that has been operating in El Campello, Alicante for more than 20 years, looking after the interests of feral cats and abandoned or mistreated dogs.

Their work includes the sterilisation of feral cats in a bid to control their numbers, as well as vaccinating, deworming, sterilising, microchipping and treating injuries of dogs before they are kennelled or fostered and ultimately rehomed.

Many volunteers already use their time and energy to help these animals, but now the charity is reaching out for more support so that they

can carry on saving all those animals with no voice of their own.

They will appreciate any items donated to them, which they will resell in their charity shop to raise funds, as well as direct monetary donations.

To donate money, make a bank transfer to their account: ES80 0081 0679 9100 0156 1858, or send them money via Paypal: apace.elcampello@gmail.com

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Advertising feature

Golden Leaves for professional help and advice

"I MADE a phone call to Golden Leaves on the Wednesday afternoon, as my wife was seriously ill and I needed to be prepared. My wife had just turned 59 years old and we had been thinking about a plan for both of us, but we put it on hold as we were selling our property.

Everything was explained to me before we took out a plan.

"Once I had made the call, a very helpful agent came to visit and explained everything to me before we administered a plan for my wife. The payment was taken immediately by phone to Head Office in Alicante within minutes and my wife was covered.

"On Thursday morning at 11.45, I made a phone call to Kim (the GL agent) to say that my wife had taken a turn for the worse and had sadly passed away. Kim made the phone call to Golden Leaves 24-



GOLDEN LEAVES: Their compassion throughout was outstanding.

hour emergency helpline on my behalf, as I was in a state and needed help. The company prepared everything with the Funeral

Director Louisa in Mojacar, who was fabulous throughout. Kim went above and beyond and even took me to the hospital, which

meant so much to me, especially as I don't have any family out here.

"At the hospital, they guided me through everything, as we waited for

about an hour for the Funeral Director to arrive who was travelling from Mojacar to Almeria. Once they arrived, I signed the papers for my wife to be taken to the Chapel of Rest in Mojacar.

"The following day, I went to the Chapel of Rest and Kim accompanied me. She helped me arrange the funeral and was such a massive help. The funeral took place on the Monday as my wife had wanted and I would like to thank Golden Leaves and Louisa for their very professional help and advice throughout and their compassion was outstanding."

K. L. White

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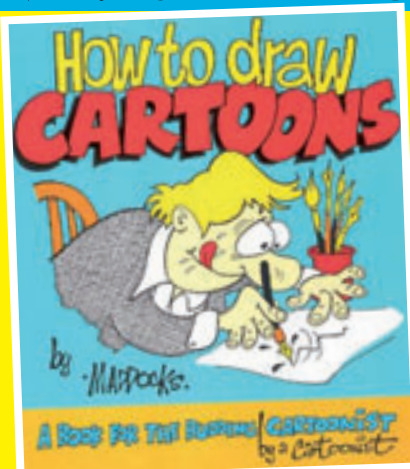
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The Rambling Walkers enjoy a Pyrenean holiday

TO round off their walking season, 40 Rambling Walkers from the Marina Alta, travelled to Ainsa in the Pyrenees for a week of walking.

The holiday was organised by the husband and wife team of Julie (Group Secretary) and Mark (Treasurer) who were joined by Pancho and Mia, who lead some of the walks. Both couples spent several days reconnoitering the walks and ensured that everyone enjoyed safe walking.

In true Rambling Walkers style, two walks were offered each day.

A gentle ramble on the Monday morning afforded views of the ancient town of Ainsa and the river and encountered a huge flock of sheep being herded up the mountain. In the afternoon the two walks combined to take in the Cruz Cubierta, commemorating the battle of Ainsa and the Old Town and Medieval castle.

Members were fascinated by a video presentation of the geology of the area provided by the Tourist Office. Pancho led some of the more energetic up and over a steep ridge on the return to the ho-



GROUP photo before the walks on the final day attached.

tel, whilst the rest retraced their original steps.

On the Tuesday, a 50-minute car ride took them up to the Valle de Ordesa National Park of the Montagne Perdido, (The Lost Mountain). The main walk of around seven hours, took members on a circular walk up a steep ridge with fine views of the river valleys and waterfalls.

The alternative walk led by Julie and Mark, kept to the valley where members visited three dramatic waterfalls, before a picnic lunch and then took the path up the valley to another in the afternoon.

Wednesday was designat-

ed as a quiet day but offered a flat riverside walk into the next village, Labuerda, and back after refreshment in a local bar, for the alternative walk. The main walkers took the same route, but from Labuerda, climbed the 200 metres up to the ancient village of San Vicente, where Pancho had persuaded an obliging innkeeper to open his bar, especially for the group.

In the afternoon an optional extra was a visit to the small village of Tella high in the hills, famous for its three Ermitas and a Dolmen (an ancient burial site.)

On the Thursday, the whole group car shared south to Meson de Arcusa on the edge of the Parque Natural de los Canones. The main walk climbed nearly 300 metres up the hills through ancient box plantations to enjoy sensational views before lunch and then passed three Dolmens and crossed the dry riverbed on their return. The walk of 11km on a very hot day tested a few, but was sensibly led by Mia and Pancho and everyone enjoyed it.

The alternative flat walk took in two of the dolmens but failed to find some prehistoric caves reputed to contain paintings and the steep contours of the area prevented further exploration.

The group stayed at the Hotel Pena Montanesa and they were impressed by the excellent facilities, the varied food and the friendly service, with many members trying out the new spa and the large swimming pool with views of the mountains.

This international friendly group walks on alternate Thursdays from September to May followed by an optional social lunch in a local restaurant.

For more information, please contact secretary-ramblingwalkers@outlook.com or see their Facebook page, Rambling Walkers Marina Alta Spain.

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TODAY (Thursday), PEPA will be having a book sale at Bar La Font, Barx, from 2pm to 4pm. Join Amanda and Chris and receive a friendly welcome while trying to find that special book and enjoy a cup of tea or coffee.

Meanwhile PEPA are trying to recruit more volunteers for their shop at L'Olleria. Two members are leaving the area and existing volunteers will be unable to cope, as

PEPA events

it's a busy shop that's open four mornings each week and has a good level of trade. If anyone is interested in volunteering please contact p.e.p.a.animalcharity@gmail.com.

All PEPA shops are seeking bric a brac and the Oliva shop will be closed on a Wednesday evening from now on until mid-September.

The Oliva Quiz at Honeydukes is on

Monday July 3 and starts at 8pm and is €1 entry. There is a maximum of five in a team and the quiz boss will be Fiona. There will be a charity raffle and all proceeds will go to PEPA, with a special prize donated by Susan and Clinton Daynes from Dog Grove of Oliva. The quiz takes place at Honeydukes Bar, Calle Mayor 29, Oliva 46780. Please phone Fiona on 678 787 988 to reserve a place and book a meal.

U3A go sailing down the river

AT 8am on Friday June 16, 40 members of the U3A Marina Baixa travelled from Albir to Cieza Murcia, dressed for river rafting.

After a light breakfast and donning life jackets and helmets, they clambered into four rafts. Everyone had to row and work hard, with instructions from a professional skipper at the back.

This was the fourth year, so for a change they rowed from Cieza to Blanco. It is not exactly white water rafting but still great fun. There is plenty of splashing, colliding with the reeds on the side, areas where you can get out and swim and some bumpy areas of river. The highlights were the two weirs. One medium-sized, which everyone completed and one larger which some did at their own risk. Those who dropped over said it was "thrilling," although it actually seemed slow motion and not scary at all.

A coach with all seats covered in plastic transported members back to the start, to



DINNER: A four-course meal was served to members.

shower ready for dinner. Sadly, the restaurant normally used was closed due to ill health of the owner. However the rafting company organised a very satisfying four-

course meal and drinks inside the market building, while the stalls were closed for siesta. Thanks must once again go to Rob, for organising this popular event.



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GORDON LAWSON: Mairi's portrait.

Art exhibitions and choirs

ONE of the guests at Mairi Brydon's art show opening in the Museu d'Arte in Calpe was Gordon Lawson, the eminent Scottish composer and musician. Mairi was asked to paint a portrait of Gordon, to mark his retirement from directing the Montgo Chorale, after 10 successful years and thousands of euros of dona-

tions to local charities.

Mairi, who is also a member of the choir said she couldn't represent him with a sombre portrait but she had to convey his good humour and energy. Gordon was presented with the portrait at a lively dinner in his honour, along with various musical acts, including solos by singers from

their recent concert, which included Gordon's Requiem Mass. The directorship of the choir is being handed over to Jan Dewland.

Rehearsals will start again on September 11 in the Social Centre, in Teulada. Interested singers are welcome to come along to the opening session.

Mairi's exhibition, including Gordon's portrait, will be on display until July 1 in the Museu d'Arte, Sala de Exposiciones, Calle Francisco Zaragoza 2, Calpe.

Numbers in the news

€68.83 billion puts Zara's Amancio Ortega's ranking at fourth in the world's rich list.



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Advertising feature

The best way to live in Spain

AMONGST the laughter and chatter as I enter the Forum Mare Nostrum I detect a few languages being spoken, but mostly English.

"That's not a surprise really," smiles Jennifer Benson, who looks after commercial operations at the Over 60's development.

"Nearly 40 per cent of our residents are from the UK and we have many Dutch and Scandinavians too, so English is our shared language," she explained.

"Our Lifetime Rental concept offers high quality, independent living, with everything you need in life close at hand should you require it and we genuinely believe, for the over 60's, we offer the best way to live in Spain," said the friendly Jennifer.

I am here at the luxury Forum Mare Nostrum development, located in a privileged,



INDOOR POOL: Just one of the activities available.



FORUM MARE NOSTRUM: Offers high quality, independent living with everything you need.

slightly elevated position, a few hundred metres from Alfaz del Pi's bustling centre, to meet charming Commercial Directors Don Pablo and Emma Escobar and ask a few questions.

How many apartments and residents do you have here at Forum Mare Nostrum?

"We have 265, totally independent one, two and three bedroom apartments and 300 residents," said Emma, the

three bedroomed ones all have two bathrooms.

"We are almost at 90 per cent occupancy, however, we have a number of one, two and three bedroom apartments available at unbeatable rates and we also allow pets.

"We really want to stress that although we offer high quality, luxury living, our costs are very affordable and we have something for every budget," said Don Pablo.

"We feel it is important to remember the apartments we offer are for long term living and creating a home, they are not tourist apartments," he said passionately.

"All our apartments are fully secure, with alarms, smoke detectors and emergency call buttons linked to our 24-hour reception desk and a night security patrol.

"What's more, we have a medical centre with an English

speaking doctor on call for peace of mind on health issues," said Emma.

What about activities for residents?

"Gym, studio, indoor and outdoor pools, mini golf, classes in yoga, meditation and aquafit, a library and a concert hall, where we hold regular music events, open to the general public," said Jennifer.

"Regular events such as International Day," she said "There's so much happening, no one ever gets bored."

Anyone interested in finding out a little more on Forum Mare Nostrum should visit their website www.marenostrum-alfaz.com and contact Jennifer on 966 878 400 between 1.00am and 2.00pm or email on comercial@marenostrum-alfaz.com for an appointment.

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Night of fire!

A celebration defined by fireworks, jumping in the sea at midnight and leaping over flames, the San Juan bonfires festival is one of the main events on the Spanish cultural calendar. Taking place on June 23, the shortest night of the year, it is a magical celebration that ushers in the summer season.

What the blazes?

THE earliest roots of San Juan can be traced back to an ancient Pagan tradition, centred around the belief that the shortest night of the year meant the least amount of time that evil spirits were able to roam freely, which was a cause for celebration.

In later years, this festival merged with the Catholic celebration of Saint John the Baptist giving the festival its name.

The memorable image of the bonfires on the beach started as a symbol of worship to the sun at the beginning of its most powerful months. It is also a way to ward off the evil spirits and witches who were thought by the Pagans to be at their most powerful as the sun started its movement southwards.

The burning of effigies over the flames,

originally of Judas Iscariot who betrayed Jesus, has in recent times transformed into setting likenesses of local and national celebrities alight, and is said to bring them good luck.

Jumping over the open flames of the bonfire will bring luck and clean the soul for the year to follow.

San Juan is all about fresh starts and plunging into the sea at midnight is a key part of this. According to legend, washing your face three times in the water will allow you 12 months of happiness and luck, eternal beauty, and three wishes which will come true before the next year.

Wherever San Juan is celebrated, it's important to remember the ancient superstitions which surround this magical night.



Stay safe for San Juan

THE Spanish love affair with grand spectacles based around fire is reflected in most of the nation's summer festivals.

San Juan is perhaps the biggest of them all with many of the key attractions involving fire, fireworks and pyrotechnic marvels.

These displays are among the reasons that San Juan is such a popular event, but it is important to stay safe when on the beach.

Lighting bonfires is strictly prohibited in most areas. This rule is in place to protect environments which are

fragile and stop fires from being lit where they are likely to spread out of control.

The San Juan celebrations in 2011 earned notoriety after six people were killed across Spain.

Authorities also recorded many injuries most of which were burns.

The Spanish government's desire to protect their own culture resulted in them overturning an attempt by the European Union to improve fire safety in 2009 which could have contributed to avoiding in-

stances like those which occurred in 2011.

The EU directives included banning under-12s from handling fireworks and requiring that everyone stands at least 15 metres from firework displays.

These measures were deemed to be an attack on Spain's cultural heritage and resulted in protests across Mediterranean regions.

However, over the last 15 years the number of injuries has been declining and on the whole safety during San Juan is improving, according to local authorities.

SPARKS FLY: Hundreds of injuries are reported each year.



SOUL CLEANSING:
Men leaping
through the flames.



JUAS: Burning effigies.

From Malaga to Mallorca

Most towns and villages will stage their own version of the San Juan celebrations, with local council websites tending to be best for information.

Alicante

ALICANTE is known for the sheer size of the San Juan festivities which take place there. Celebrations commenced last Tuesday with bonfires on the beach which are lit in the evening and continue until Saturday.

Every year since 1932, Alicante has elected a Bellea del Foc (Beauty of the Fire) to lead the celebrations. The job requires the chosen lady to host events and kick start festivities all over the city. This year's representative is Sofia Escoda, aged 22.

In the Plaza de los Luceros from today (Thursday) to Saturday an impressive pyrotechnic display, known as a mascleta, will take place at 2pm. Introduced by the Bellea Del Foc this event follows in the San Juan tradition of being very busy and extremely loud.

The international Folklore Parade takes place down the main street in Al-



BIG NIGHT: San Juan is Alicante's most important festival.

icante on Friday June 23. This parade is a celebration of mostly Latin American cultures, with displays from Argentina, Brazil, Chile, Mexico, and Peru. For a few hours bands, floats, and dancers will move down the street in an intense display of colour and life.

The Brazilian dancing ladies are the last performers every year and are

known to be the highlight of the event.

At a minute past midnight on Saturday spectators gather on Postiguete beach for an enormous fireworks display followed by the traditional dive into the sea.

Nightly firework displays will then continue until Thursday June 29 as part of an international competition.

Malaga

SAN JUAN is a huge part of the local culture in Malaga, where locals tend to build many smaller fires on certain permitted beaches.

The most popular city beaches to visit are Misericordia and La Malagueta, where fireworks and bonfires will draw huge crowds.

Free access to an event organised by MegaStar FM Radio will start at 9.30pm on Malagueta beach. Musicians and DJs will perform throughout the night including Borja Rubio, Henry Mendez, Feder, DJ Valdi, Barei, Alex Guerro, K-Narias, and Calum.

At a minute to midnight tomorrow (Friday) the rag dolls, known as Juas,



FIREWORKS: Last year's display over Malaga port.

shaped like different characters will be burned on the Misericordia beach, followed by the midnight plunge.

Music and dancing will continue through to the early hours of Saturday.

Mallorca

PALMA DE MALLORCA is the site of the main San Juan celebrations on the island. With events taking place in clubs and across the city it has earned a reputation as the party location for San Juan. DJs and music will fill venues until the early hours of the morning both tomorrow (Friday) and Saturday.

In Parc de la Mar, the main attractions will take place. These include street parties, firework displays, music, and of course devils running through the city with firecrackers trying to scare tourists and create a ghoulish atmosphere.

For a more peaceful celebration,



TRADITIONAL CULTURE: An example of the devil costumes sported by revellers.

visitors can head to Son Severa. The celebration of their patron saint, John the Baptist, takes place in the weeks leading up to Saturday June 24 and

ends on this night. Visitors can expect to find agricultural markets, fairs with local games and competitions, and regional dance demonstrations.

NEWS FROM OUR FIVE OTHER EDITIONS

Andalucia has most bars in Spain

■ COSTA DEL SOL



Cyberfrancis flickr

SMURF VILLAGE: Little blue creatures in Juzcar.

» By John Smith

IF you live in a town full of little blue men and women you probably enjoy a drink or two so Juzcar leads a bar league table.

According to a survey produced by Coca Cola based on statistics released by the National Institute of Statistics, the Smurf village in the Serrania de Ronda has statistically the most number of bars per 1,000 people in Malaga Province at 8.77, although this is somewhat skewed as there are less than 250 inhabitants.

With more than 16,000 bars, Andalucia has more places to drink than any other community but the number per thousand is much lower than the national average at 1.95 with many of the highest scoring towns being in Axarquia.

The problems with statistics is that they often don't actually mean anything as this particular survey records the number of bars per thousand, not the actual number in any particular area.

■ AXARQUÍA

New breakwater

OSCAR MEDINA, Torrox's mayor, has announced a second breakwater will be built off the town's coast to prevent further sand loss.

Kid's future

TWO schools in Motril have been recognised for their work on the environment and commitment to recycling. One hundred children from the San Antonio and Cardenal Belluga schools have received diplomas from the council.

Emergency help

VELEZ-MALAGA'S Local Police have been supplied with 12 emergency packs, costing €1,940, equipping them for various disasters. The kits provide tools which will allow them to deal with various emergencies.

Saving water

THE Junta de Andalucia has still not begun work to clear the Rubite tunnel to connect the Rio Chillar with the general network, two months after announcing it would start imminently.

Canines saved

THE Local Police and Guardia Civil's nature branch (Seprona) freed over a hundred dogs from a tiny compound in Rincon de la Victoria. The dogs will now be handed over to a welfare centre.

Fishy stories

THIRD and fourth year students in Motril are set to learn more about one of the town's main trades; fishing through a series of workshops to teach the town's young people more about local attractions.

■ COSTA DEL SOL

Beach lockers

FUENGIROLA Council has introduced beachside lockers and solar powered charging points so bathers can keep their belongings secure and their cameras and phones charged whilst enjoying the sun.

More cops

MAYOR Jose Bernal has addressed the Malaga government in a bid to secure extra officers for summer high-season, when the population of Marbella is set to triple.

Watch out

TWO thieves escaped with a watch worth €35,000 after robbing a tourist in Marbella, but one dropped his phone in the struggle leaving investigators with a clue.

Baby boom

THE council in Jimera de Libar has implemented a new €300 grant for new borns in a bid to encourage couples to reproduce, after the small town registered a seven birth 'baby boom' this year.

Mine no more

MARBELLA Council has decided to close the Buenavista mine after several hiking accidents in a bid to both prevent further fatalities and allow the resident bats, protected by law, to thrive in their environment.

■ COSTA DE ALMERÍA

Mobile homes

NEW rules for parking motorhomes near the beaches and quiet spots of Roquetas have been published on the council website to help manage hugely popular caravan travel across Almeria.

Beach bedlam

SOCIALIST politicians condemned Almeria Council for failing to have the city's beaches fully ready, despite entering the third week of June. There is ongoing confusion over chiringuito licences and basic services.

Scam bills

AROUND 200 elderly residents have taken part in special workshops from Albox to Nijar and Vicar teaching them how to properly read electricity bills to ensure they aren't being ripped off.

Swim danger

LIFEGUARDS for Nijar's beaches underwent special training from Australian experts on rescuing bathers caught in currents, a major coastal concern. Deceptively calm waters are often the most dangerous.

Empty handed

BRAVE petrol station employees in Roquetas refused to hand over cash to a knife-wielding robber, biding time until a customer entered. The thug fled with nothing before being quickly caught by police.

■ MALLORCA

Black mayor

HAVING moved to Spain as a four-year-old from Equatorial Guinea, Guillem Balboa has become Mallorca's first black mayor. The community manager has taken over from Aina Munar in the town of Alaro.

Hairy Bikers

TV presenters David Myers and Simon King, better known as the Hairy Bikers were seen in the Olivar market in Palma with Michelin star chef Marc Fosh. Later the British chef cooked for them in his restaurant.

Noise pollution

RESIDENTS in the Llucmajor area of Arenal are complaining about the excessive noise from young tourists on the beach late at night. As it is so hot windows have to be left open making things worse.

Surprise, Surprise!

IN a secret ceremony that even surprised the bride, Mallorca-born model Malena Costa, footballer Mario Suárez who plays for Valencia organised their wedding ceremony. She turned up with friends and family and then said "I do."

New bishop

AN announcement from the Vatican City has confirmed that Pope Francis has appointed Mallorcan priest Antoni Vadell as an auxiliary bishop for Barcelona.

■ COSTA BLANCA SOUTH

ICT investment

THE amount of €3.9 million will be spent renewing ICT equipment in schools across Murcia - 6,941 computers, 600 monitors and 50 interactive whiteboards will be purchased, 500 computers will be reconditioned.

Knife attack

A PATIENT waiting to be seen by a psychiatrist in the A&E Department of the Hospital Virgen de la Arrixaca in Murcia attacked one of the security guards with a knife last Sunday. The guard was unharmed.

Pool death

AN 87-year-old man died recently in a swimming pool in the Torreta Florida urbanisation in Torrevieja, according to the Information and Emergency Coordination Centre (CICU).

Road safety

THE city of Murcia will spend €319,120 improving road safety for pedestrians - installing traffic lights at over 20 pedestrian crossings, in particular in Infante Juan Manuel where three schools are located.

Dog bite

A 15-MONTH-OLD baby was bitten by a dog in Alcantrilla. The baby's parents were having dinner at their friend's house and as the baby played on the floor the Labrador inexplicably bit his face.

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NORWAY**Royal visit**

CROWN Prince Haakon and Crown Princess Mette-Marit have been in Orkney on their their first official engagement in Scotland to celebrate the historical and cultural ties between Orkney and Norway.

**Radon levels**

SCHOOLS are failing to carry out satisfactory radon levels according to a report. One in five cannot document accurate levels of the odourless and invisible radioactive gas.

New name

MASS murderer Anders Breivik, who gunned down 69 people in 2011, is reported to have changed his name. He is serving a 21-year prison sentence that can be extended indefinitely.

School arson

POLICE believe a fire in an Oslo school was started deliberately. Several youths have been arrested and are being questioned after a gym and administration building burned to the ground at the school.

**NETHERLANDS****EU support**

TWO in three Dutch people are positive about the EU, according to a new report. This is an increase on 2016 when only half of those questioned supported the EU.

Pay outs

LAST year saw insurers in the Netherlands pay out some €30 billion in claims, benefits and pensions. The insurance payments covered some one million vehicles as well as for damages related to 40,000 burglaries and 100,000 household fires.

Coach arrested

A VOLLEYBALL coach, aged 27, has been arrested on suspicion of filming teenage players while they were getting changed. Three girls have made an official complaint against the coach.

Feeling hot

JUNE 15 was the hottest June day on record with temperatures reaching 30.6 degrees in Arcen in Limburg. The previous record was June 15, 1957 when temperatures reached 29 degrees.

**GERMANY****Citizenship up**

MORE Britons than ever took German citizenship last year, believed to be a direct consequence of the Brexit referendum. The federal statistics office said 2,865 Britons took citizenship; a 361 per cent increase on the previous year.

Police shooting

A POLICE officer remains in hospital after a 37-year-old man opened fire on

two officers after he was questioned for attacking and punching random people. The man is said to be German born but living in the USA.

Worst crime

A MAN has been sentenced to 10 years in jail for raping his own daughter with another man and filming what the court described as "the most terri-

ble crime" they had ever seen.

Sausage fine

A WOMAN, denied a permit to sell sausages at a motorway snack bar, has said she would rather go to prison than pay the fine. She has been passing her sausages to customers through a fence as thousands signed a petition in her support.

**DENMARK****Official thanks**

JAPAN'S Crown Prince has thanked Danish Crown Prince Frederik for his support to victims of the March 2011 earthquake and tsunami disaster. He is on a week long visit to the Nordic nation.

Longer lives

A RECORD number of Danes are now living longer with three times as many people reaching 100 compared to 25 years ago. At the start of the year, 1,143 Danes had reached their centenary compared with 367 in 1992.

Mermaid attack

PRONE to attacks, Copenhagen's famous Little Mermaid statue has now been painted blue and white by vandals. Last month it was splashed with red paint. No one has been arrested over the incident.

Test drive

DENMARK has been chosen to test Honda's new hydrogen-fuelled cars with five families chosen to drive test versions of the car during the next few months.

**FRANCE****Campaign collapse**

A FEMAIL politician was left unconscious on the floor after she fell and hit her head following an altercation with a man whilst out campaigning in Paris.

Tech visa

A NEW 'tech visa' has been launched by President Macron in a bid to attract new international talent to the country. The visa makes it easier for foreigners to work and is available to start-up founders, employees and investors.

Top food

BORDEAUX has been named the best city in France for food ahead of Paris. It came top in the rankings by a food website which cited its six Michelin star restaurants.

Water taxi

A FUTURISTIC water taxi called 'SeaBubbles' has been tested for the first time along the River Seine. The idea of the prototype is that one day it will be used to ferry people along the river reducing traffic congestion in Paris.

**BELGIUM****Volunteer checks**

AS part of increased safety measures, the Ministry of Interior has ordered that the profiles of all volunteers attending music festivals this summer will be reviewed and screened by police in advance.

Chicken abuse

A CHICKEN farm in West Flanders has been denounced by an Animal Rights welfare organisation following a video released showing images of mistreatment of the chickens with some being drowned in a bucket of water.

Booming business

BELGIUM'S coastal hotels are back on the rise, with the sector having more than 6,000 hotel rooms for the first time in a decade.

Suspended sentence

THE parents of a seven-month-old baby who died of dehydration and malnutrition, have received a six-month suspended sentence by a judge.

**SWEDEN****More murders**

THE Yorkshire Ripper is being investigated over the murder of two women in Sweden almost 40 years ago. The serial killer's DNA is being compared to forensic evidence found as it was revealed he caught a ferry between Malmo and Drago the day before the murder.

No evidence

AFTER 13 years behind bars for murder, a Swedish man has now been acquitted after it was decided that evidence presented in the trial was insufficient to lead to a conviction.

CCTV debate

THERE are calls for the police to be able to use CCTV without having to apply for a licence, making camera surveillance easier.

Extremists increase

SECURITY police say there are now thousands of militant extremists living in the country compared to just a couple of hundred a few years ago. However, it is claimed few have the ability or intend to carry out a terror attack.



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Putin Interviews



OLIVER STONE: American director interviewed president Putin at length.

■ A WEEK after its release in America, The Putin Interviews, Oliver Stone's series of sit downs with the Kremlin chief has shown on Russian television. The American director, who has done features on Hugo Chavez and Fidel Castro, gained unrivalled personal access to Putin over the course of months.

Ash cloud

■ A VOLCANO erupted in Russia's far-eastern Kamchatka region, showering dozens of villages with ash and forcing evacuations. The 70,000-year-old Shiveluch volcano, which stands over 3,000 metres tall, turned the sky black with the eruption according to witnesses as ash flew 12 kilometres above sea level.

Stadium fire

■ FIREFIGHTERS extinguished a blaze at Volgograd's World Cup football stadium, which is still in construction. An area in excess of 100 square metres was destroyed but no casualties reported. Volgograd stadium, like many others, is in a race against time to be finished for the 2018 World Cup next summer.

Prefab protest

■ LAWMAKERS are going ahead with the

controversial demolition of dozens of iconic Moscow housing estates built during the Soviet era. Huge opposition has emerged to the plans with the prefab buildings cherished for their cultural and historical value. But parliament rejected the protests, planning to convert the homes into modern buildings.

Prime target

■ ANTI-CORRUPTION protests raging across Russia have seen thousands of people arrested. Rallies in Moscow, St Petersburg, and even in Vladivostok in the Far East, attracted legions of furious protestors, mostly young. Anger has settled on prime minister Medvedev, who is accused of funnelling public funds for a personal empire.

Birth control

■ WORRYING new statistics confirm fears that Russia is heading for a demographic crisis. From January to April 2017, there were 70,000 fewer births than the same period last year. The population is expected to fall by 300,000 this year despite the government rewarding women who have more than two children.

Siberian slackers

■ NATIVE Siberians are getting heavier, sparking interest among Russian scientists. The first cases of clinical obesity were diagnosed among the indigenous Yamal people this year. Doctors believe a more sedentary, modern lifestyle has caused weights to rise. Previously they walked miles a day and had a diet of largely raw meat.



YAMAL: Nemet indigenous group getting modern ails.

Spanish tax evasion fears

By John Smith

ACCORDING to the Spanish General Council of Economists association (CGE), tax evasion is costing the economy more €25 billion a year.

The main problem appears to be the fact that many Spaniards believe that tax evasion in one form or another is fair game, especially when so many politicians and industrialists have been proven not only to be tax evaders but in many cases have got away with it.

Whilst foreign-born footballers

€168 billion

is the Gross Domestic Product (GDP) of Spain of which 16 per cent is estimated to be subject to no payment of tax.

may be targeted and are to some extent an easy option worth many column inches in newspapers, even the High Court has condemned the 2012 tax amnesty that allowed those with large unde-

clared incomes to pay less tax than those who were much poorer yet had been honest in their declarations.

The general conclusion is that Spanish tax law is confusing and

that people are not encouraged to ask for assistance because of bureaucracy and the high level of fines if a simple mistake is discovered.

This means that many companies employ people 'off the books' saving social security payments and not deducting income tax and in numerous cases accepting payment in cash so that IVA is not charged.

There are also a number of manual workers, particularly in construction and domestic employment who work cash in hand.

Spain threatens loan to Greece

SPANISH Finance Minister Luis de Guindos speaking on behalf of Spain, Italy and Slovakia has threatened to veto a new €8.5 billion loan to Greece.

A major row has broken out over a decision made several years ago to charge officials from those three countries who sat on a privatisation panel.

They are accused of alleged embezzlement and breach of duty but the accusation which is supported by a number of Greek lawyers has dragged on since 2015 without going to trial.

Now the three countries have lost patience with the Greek government and want the matter resolved if the loan is to proceed.

Quote of the Week

"Gastronomy is one of the most important assets in Spain, which has thousands of brands and high quality products," according to François Nuyts Amazon Spain's CEO announcing an international promotion of Spanish food.



JAPANESE: A typical Wagamama restaurant.

Wagamama group arrives in Spain

THE Wagamama group of restaurants founded in the UK 25 years ago has granted a franchise to a Spanish company, Grupo Vips.

The concept of the restaurant is to produce fast paced and tasty food based on the concept of Japanese ramen (noodle) bars offering a celebration of Asian food with guests sharing long tables.

Grupo Vips already operates 350 outlets throughout Spain which includes Vips cafés, Ginis, TGI Fridays and Starbucks

Coffee, so has good knowledge of running franchised operations for foreign companies.

The first two Wagamama restaurants are now open in Madrid and the group expects to open a further 20 eateries in main cities throughout the country creating 1,000 jobs.

For those on the Costa del Sol who want to try this popular version of Japanese food, a Wagamama restaurant was opened in Ocean Village Gibraltar in 2016 and is going strong.

» BUSINESS EXTRA

Bail out loss

THE Bank of Spain has revealed that of the €76.41 billion used to bail out banks during the crisis, it will probably see €16.4 billion back! So far however it has only received €4 billion equivalent to just over 5 per cent.

Medal haul

SPAIN spent €17.8 million on buying medals to give to officers from the Guardia Civil and National Police in 2016. Of additional interest is that the award of different medal types, increases the value of officer's pensions when they retire.

Holiday North Korea

IN a bid to increase foreign currency earnings and to show a more peaceful and attractive face, North Korea is trying to woo Spanish tourists. Its Embassy in Madrid hosted a reception for Spanish journalists promoting the attractions of the country.

Inflation drops in the EU

INFLATION in the European Union has dropped to 1.6 per cent in May according to the latest figures released.

Ireland had zero inflation for the month, whilst Spain dropped to 2 per cent, but the UK recorded

one of the highest levels at 2.9 per cent which is a four year record.

The main reason for the increase is the drop in the value of the pound which has recovered now slightly after the election results.

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COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL	COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
3i Group PLC	913.75	2.50	0.27	529.09	Lloyds Banking Group PLC	69.15	0.61	0.89	6,233.95
Admiral Group PLC	2086.00	6.00	0.29	24.88	London Stock Exchange Grp	3749.00	38.00	1.02	23.37
Anglo American PLC	980.75	13.10	1.35	697.32	Marks & Spencer Group PLC	351.55	6.46	1.87	533.20
Antofagasta PLC	788.50	8.50	1.09	320.43	Mediclinic International PLC	790.00	-4.50	-0.57	92.63
Ashtead Group PLC	1624.50	13.22	0.82	163.76	Merlin Entertainments PLC	492.90	2.15	0.44	23.36
Associated British Foods PLC	2995.00	34.00	1.15	21.66	Micro Focus International PLC	2418.00	18.00	0.75	17.01
AstraZeneca PLC	5323.50	39.00	0.74	67.03	Mondi PLC	2074.50	-19.00	-0.91	188.28
Aviva PLC	538.75	3.00	0.56	30.64	Morrison (Wm) Supermrkts	244.60	2.20	0.91	577.73
Babcock International Group	917.75	6.50	0.71	63.30	National Grid PLC	1023.75	5.50	0.54	279.81
BAE Systems PLC	677.75	4.66	0.69	34.22	Next PLC	4139.00	48.00	1.17	20.22
Barclays PLC	206.08	2.85	1.40	2,471.24	Old Mutual PLC	202.90	1.00	0.50	471.10
Barratt Developments PLC	574.25	2.50	0.44	364.81	Paddy Power Betfair PLC	8632.50	15.00	0.17	6.63
BHP Billiton PLC	1161.75	3.50	0.30	1,025.83	Pearson PLC	710.00	-3.00	-0.42	248.76
BP PLC	471.48	4.80	1.03	1,522.05	Persimmon PLC	2286.50	11.00	0.48	66.00
British American Tobacco PLC	5536.00	37.00	0.67	195.98	Provident Financial PLC	2899.00	46.00	1.61	25.84
British Land Co PLC	632.75	1.00	0.16	529.64	Prudential PLC	1818.00	25.50	1.42	331.53
BT Group PLC	290.78	-0.40	-0.14	1,094.50	Randgold Resources Ltd	7057.50	-65.00	-0.91	25.72
Bunzl PLC	2386.50	11.00	0.46	56.62	Reckitt Benckiser Group PLC	7978.00	54.00	0.68	59.48
Burberry Group PLC	1735.50	17.00	0.99	339.01	RELX PLC	1719.50	5.00	0.29	255.38
Carnival PLC	5145.00	32.43	0.63	7.68	Rentokil Initial PLC	283.10	3.00	1.07	412.93
Centrica PLC	201.85	0.93	0.46	821.83	Rio Tinto PLC	3087.25	43.50	1.43	255.88
Coca-Cola HBC AG	2394.00	25.00	1.06	144.42	Rolls-Royce Holdings PLC	915.25	8.50	0.94	355.22
Compass Group PLC	1672.50	13.00	0.78	239.20	Royal Bank of Scotland Grp	252.15	2.40	0.96	304.59
ConvaTec Group PLC	331.95	6.70	2.06	157.55	Royal Dutch Shell PLC	2185.25	25.50	1.18	430.05
CRH PLC	2850.00	29.00	1.03	42.98	Royal Mail PLC	445.60	0.90	0.20	140.95
Croda International PLC	3950.00	44.00	1.13	21.13	RSA Insurance Group PLC	632.50	1.00	0.16	318.93
DCC PLC	7547.50	55.00	0.73	7.86	Sage Group (The) PLC	715.25	1.00	0.14	237.00
Diageo PLC	2374.75	33.00	1.41	332.80	Sainsbury (J) PLC	255.05	2.80	1.11	720.13
Direct Line Insurance Group	369.40	-0.64	-0.17	274.70	Schroders PLC	3140.00	21.00	0.67	9.42
easyJet PLC	1376.50	14.00	1.03	186.49	Scottish Mortgage Invstmtn	408.25	4.45	1.10	154.64
Experian PLC	1627.50	13.00	0.81	66.39	Severn Trent PLC	2403.00	14.00	0.59	28.57
Fresnillo PLC	1544.00	-2.00	-0.13	42.97	Shire PLC	4304.50	28.00	0.65	83.53
GKN PLC	347.10	2.90	0.84	262.97	Sky PLC	962.25	-2.50	-0.26	129.16
GlaxoSmithKline PLC	1694.75	9.50	0.56	430.95	Smith & Nephew PLC	1378.50	7.00	0.51	94.27
Glencore PLC	282.12	2.45	0.88	2,220.16	Smiths Group PLC	1633.50	21.00	1.30	46.52
Hammerson PLC	599.25	-3.00	-0.50	234.63	Smurfit Kappa Group PLC	2333.00	33.00	1.43	59.97
Hargreaves Lansdown PLC	1376.00	10.00	0.73	20.21	SSE PLC	1473.50	3.00	0.20	9.35
Hikma Pharmaceuticals PLC	1637.00	-6.34	-0.39	1.34	Standard Chartered PLC	760.95	10.90	1.45	191.11
HSBC Holdings PLC	692.20	5.10	0.74	2,241.88	Standard Life PLC	390.35	1.00	0.26	396.45
Imperial Brands PLC	3576.75	27.00	0.76	105.58	St James's Place PLC	1235.00	-1.00	-0.08	155.38
Informa PLC	690.50	3.50	0.51	106.83	Taylor Wimpey PLC	180.15	2.00	1.12	1,031.10
InterContinental Hotels Gro...	4418.00	-14.00	-0.32	46.00	Tesco PLC	171.65	0.55	0.32	3,233.40
International Consolidated ...	594.25	5.50	0.93	104.46	TUI AG	1161.50	8.00	0.69	38.66
Intertek Group PLC	4419.50	25.00	0.57	28.86	Unilever PLC	4306.25	29.50	0.69	3.94
Intu Properties PLC	268.40	0.30	0.11	125.66	United Utilities Group PLC	968.50	3.00	0.31	78.10
ITV PLC	179.45	0.60	0.34	359.81	Vodafone Group PLC	223.58	1.00	0.45	132.67
Johnson Matthey PLC	3035.00	11.00	0.36	15.97	Whitbread PLC	3936.00	36.00	0.92	52.68
Kingfisher PLC	308.10	2.38	0.78	174.47	Wolseley PLC	4797.50	32.00	0.67	52.85
Land Securities Group PLC	1066.50	-1.00	-0.09	100.94	Worldpay Group PLC	326.35	3.00	0.93	219.00
Legal & General Group PLC	261.05	1.63	0.63	232.34	WPP PLC	1676.50	21.00	1.27	232.82

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APPLE	142,270	-1,40%	-2,020	741M
BOEING CO	196,440	+0,51%	0,990	118M
CATERPILLAR	107,600	+1,13%	1,200	63M
CHEVRON	108,35	+1,90%	2,02	205M
CISCO SYSTEMS	31,630	+0,16%	0,050	158M
COCA-COLA	45,31	+0,13%	0,06	193M
DU PONT(EI) DE NMR	82,4700	+0,37%	0,3000	71M
EXXON MOBIL	83,49	+1,50%	1,23	353M
GENERAL ELECTRIC	29,0000	+0,21%	0,0600	251M
GOLDMAN SACHS	221,81	-0,64%	-1,42	87M
HOME DEPOT	156,6400	-0,08%	-0,1300	187M
IBM	155,38	+0,75%	1,16	145M
INTEL CORP	35,2100	-0,28%	-0,1000	165M
J.P.MORGAN CHASE	86,1800	-0,45%	-0,3900	306M
JOHNSON & JOHNSON	134,3500	+0,98%	1,3100	361M
MC DONALD'S CORP	151,9900	+0,54%	0,8200	123M
MERCK AND CO. NEW	62,97	-0,35%	-0,22	172M
MICROSOFT	70,000	+0,14%	0,100	540M
NIKE	51,10	-3,40%	-1,80	67M
PFIZER	32,9700	+0,49%	0,1600	196M
PROCTER AND GAMBLE	89,660	+0,31%	0,280	229M
TRAVELERS CIES	129,44	+0,33%	0,42	36M
UNITED TECHNOLOGIE	120,43	-0,27%	-0,32	96M
UNITEDHEALTH GROUP	181,63	+0,69%	1,25	174M
VERIZON COMMS	46,63	-0,02%	-0,01	190M
VISA	94,17	+0,00%	0,00	173M
WAL-MART STORES	75,2400	-4,65%	-3,6700	226M
WALT DISNEY CO	105,5100	-0,44%	-0,4700	165M

Distributing Funds

EUR Fixed Income B

Sterling Fixed Income B

DEALING PRICE

€0.9566

€0.9546

Price Movement

€0.0020

€0.0022

Accumulating Funds

GBP Currency B

EUR Currency B

Multi Asset Conservative B GBP

Multi Asset Conservative B EUR

Multi Asset Balanced B GBP

Multi Asset Balanced B EUR

Multi Asset Growth B GBP

Multi Asset Growth B EUR

DEALING PRICE

£0.9833.....

£0.9605.....

£1.1574.....

£1.0832.....

£1.3057.....

£1.2106.....

£1.4444.....

£1.3467.....

Price Movement

–£0.0002

–£0.0006

£0.0039

£0.0032

£0.0074

£0.0064

£0.0116

£0.0101

.....

Remaining Elite Fund prices available on request

Prices correct as at 14/06/2017

NASDAQ		
CLOSING PRICES JUNE 19		
COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Whole Foods Market, Inc.	\$ 42.68	9.62 ▲ 29.10%
Impinj, Inc.	\$ 55.71	8.94 ▲ 19.11%
Health Insurance Innovations, Inc.	\$ 24.85	2.80 ▲ 12.70%
Presbia PLC	\$ 3.15	0.35 ▲ 12.50%
Digimarc Corporation	\$ 37	3.80 ▲ 11.45%
Nanometrics Incorporated	\$ 27.22	2.33 ▲ 9.36%
Finisar Corporation	\$ 27.79	2.15 ▲ 8.39%
GDS Holdings Limited	\$ 8.30	0.63 ▲ 8.21%
Forward Pharma A/S	\$ 21.96	1.66 ▲ 8.18%
Asta Funding, Inc.	\$ 8.60	0.65 ▲ 8.18%
Neos Therapeutics, Inc.	\$ 8.65	0.65 ▲ 8.13%
Most Declined		
Alliance Holdings GP, L.P.	\$ 22.84	3.69 ▼ 13.91%
Sundance Energy Australia Limited	\$ 5.52	0.7085 ▼ 11.38%
United Natural Foods, Inc.	\$ 35.39	4.36 ▼ 10.97%
Alliance Resource Partners, L.P.	\$ 19.50	2.25 ▼ 10.34%
Altimmune, Inc.	\$ 3.54	0.38 ▼ 9.69%
Xcel Brands, Inc	\$ 2.80	0.30 ▼ 9.68%
ObsEva SA	\$ 5.45	0.57 ▼ 9.47%
Novan, Inc.	\$ 3.94	0.37 ▼ 8.58%
Aimmune Therapeutics, Inc.	\$ 16.47	1.50 ▼ 8.35%
Intersections, Inc.	\$ 4.35	0.38 ▼ 8.03%
Bel Fuse Inc.	\$ 21	1.78 ▼ 7.81%



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Taxi drivers and councils complain

European Parliament wants to control sharing economy

WHILST the concept of the 'sharing economy' seemed like a good idea at the time, the European Parliament feels that new legislation is needed.

The definition of a sharing economy is an economic model in which individuals are able to borrow or rent assets owned by someone else.

The two most obvious examples of this concept are best represented by companies like Airbnb and Uber and these two companies as well as others offering similar services have been the cause of much criticism as well as some praise in Spain.

The concept is social media based and sees individuals able to rent properties in major cities and towns or order 'mini cabs' for transportation.

In the case of private room hire, both local authorities and many residents are opposed to the concept as the authorities argue that the rentals avoid tax and flout rental regulations whilst locals see long term rental prices either increasing or the availability of property decreasing.

With private car hire, taxi drivers are up in arms as they are not only being undercut, but the value of a taxi licence which can be sold on, has been seen as a form of pension as at one time it was worth well in excess of €100,000 and is now dropping in value.

The European Parliament passed a non-binding resolution asking for measures across the Union in order to fight abuse and ensure that these platforms respect workers' and consumer's rights as well as ensuring that they also meet their tax obligations.

To some extent, a number of countries don't feel that there is a major problem with these companies, as they tend to generate new employment opportunities but others are concerned that they need to be regulated to ensure that taxes in particular are paid by both the companies finding the clients and those performing the service.



© European Union 2017 EP

**SPANISH MEP
Sergio Gutiérrez
spoke in the
debate.**

There is also a need to ensure that consumers are protected in the event that anything goes wrong as it is feared that adequate insurances may not be in place nor are there clear paths for complaints or fair adjudication.

It is also felt in Brussels that there is a need to differentiate between individual providers of services and professionals as it appears that in Barcelona alone, a high proportion of the properties advertised for short term let are owned by just a few professionals who give the impression that they are private individuals.

City finance danger

IT is being suggested that the European Commission will require oversight of major euro-clearing operations currently undertaken in London following Brexit.

To a government that has indicated that it wants to leave the European Union in order to gain more freedom, such a demand will most likely be anathema.

The problem however is that if it can't agree to this demand then a number of firms currently operating in London are likely to have no option other than to move their euro dealing to an EU member state.

This will have an immediate impact on the importance of London as a major currency centre which will see a loss of jobs and the disappearance of hundreds of billions of euro deal transactions.

At the end of the day, whilst not the friendliest of moves, the EU negotiators will argue that their role is to do what is best for the remaining 27 states, even if the UK loses out.

CRANES SIGNAL BETTER TIMES ON COAST

Sky-high sign!

CRANES on Costa del Sol skylines are a clear indication that after years of hard times, things are steadily returning to more normality locally, especially in construction.

While things may generally be in a state of flux in the UK with the General Election and the lengthy Brexit negotiations still to take any definite direction, sky-high cranes on building sites in southern Spain are an indicator that the local building industry and property are in healthy recovery.

No-one politically or in property is saying it is back to the boom times in Spain of the early noughties (2000 - 2006), but more than fledgling shoots are now apparent of a recovering healthier construction industry.

"In the last eight years cranes on the sky-line have been basically non-existent," said one local developer who asked not to be named said.

"But just look around, now there are cranes everywhere, a sign that the con-



**HEALTHY SIGN: Sky-line
cranes in La Cala de Mijas.**

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struction world is on the move, and while many properties remain with For Sale signs up, some of the new developments are proving really popular.

"And let's face it, there are few places better than the Costa del Sol to live, not just in Europe, but in the world."

A Brit expat who moved to El Faro from Abu Dhabi in 2006 just before the property bubble burst said: "Little has developed around here in recent years, but now on our urbanisation three villas are being upgraded by new foreign

owners and in nearby La Cala there are six or seven cranes on the sky-line.

"It's not like Dubai where I once counted 39 cranes on the sky-line, but things are definitely moving positively, which is great to see."

There is a certain irony that the 'Bad Bank' Sareb which is managed by a consortium of 'Good Banks' and the Spanish government has a huge stock of older property which was surrendered during the financial crisis, but people appear more interested in purchasing brand new property.

Swiss bank buys in Madrid

SWISS Bank UBS has spent €35.15 million to purchase two large warehouse properties in Madrid through its Asset Management division.

Using clients' funds to purchase the properties, it has already secured tenants on long term leases which will generate a regular income for its investment clients.

This is a very attractive market for the bank as the Spanish economy recovers and industry needs to expand but may not have funds available in order to purchase property, so leasing is a workable option.

At one time the Chinese were purchasing large numbers of large commercial properties, whilst the Russians were taking smaller commercial properties looking for quick returns.

Certainly USB gives the impression that it sees itself in Spain for some considerable time.



Photo Credit: Sky Light Pictures Shutterstock.

Typical
Hydro-Electric
Dam.

Spanish to be busy in Africa

AFTER 30 years of planning, the government of the Democratic Republic of Congo is slightly closer to building a colossal dam with Spanish help.

The intention has been to create a huge hydro-electric facility to increase the power supply to the capital Kinshasa and also to allow the Congolese to export electricity to South Africa.

There are currently two companies bidding for this construction work, ACS from Spain and the Three Gorges Corporation from China and in an unusual

move, the Congolese government has asked the two competing companies to work together in order to undertake and complete the job more quickly.

Although no decision has been made as yet by the two corporations, the concept may be attractive as it would cut the financial risk to each company as the country has a history of instability and as recently as last year, the World Bank withheld a \$73 million (€65 million) grant which was to be put towards the project.

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The fall out starts for Banco Popular directors

ALTHOUGH the decision to sell the Banco Popular to Santander for €1 was prompted by the European Central Bank, repercussions are now being felt.

Even the Spanish government appears in hindsight to question the hurried decision and now wants to know the thinking behind the accountants Deloitte's review of the Bank which supposedly had €1.3 billion of assets at the time of the sale.

This report was not immediately published, but has been criticised by Banco Popular shareholders and privately in part by the Bank of Spain according to reports.

Almost 10,000 private shareholders, represented by the OCU consumer body are suing

the directors of Banco Popular in respect of their losses as their shares are now worthless and other parties are accusing the board of false accounting and possible fraud.

Emilio Saracho the Spanish businessman and adviser to the hugely successful Inditex was appointed as President of Banco Popular in December 2016 and claims that in the run-up to his appointment, he was not aware of the real financial state of the bank,

He admits that he may have made mistakes, especially at an April shareholder meeting where comments made led to the start of the fall of the bank's shares, but he will work with Santander for three months as the hand over continues.

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Sir Leapy doesn't sound right

**LEAPY LEE SAYS IT
OTHERS THINK IT**



I DON'T think I have been more disillusioned with a Conservative leader since the disastrous tenure of Edward Heath. 'Course we should all have seen it coming.

For a remainer, who became an enthusiastic hard line Brexiteer virtually overnight, purely to ingratiate herself with what she and her more than useless advisors saw as the public's 'mood, Ms May just didn't seem to sit right from the start.

From that point she has lumbered from one ill-advised disaster to the next. Couple that with her apparent reluctance and total inability to confront anyone in public and I think we could be in serious trouble with our negotiations at the table of the esteemed EU hardliners. A bitter malicious bunch who would be delighted to see our whole country join Atlantis on the sea bed of abject failure and utter ruin.

Against such opposition I'm afraid Ms May simply won't hack it. Despite all the hype, and hope that we had discovered a new 'Iron Lady,' Margaret Thatcher she most certainly aint. 'Putty woman' would be a far more apt title. The sooner she is replaced as leader the better.

Unless she produces some dramatic morphing and we discover we have somehow misjudged her and, heaven forbid, she is still at the helm when we go to the country again, the Conservatives will lose the next election. As things are at the moment, the best we can all be prepared for is a soft Brexit, which basically means we may as well not have had a referendum at all.

I am more than a little disgusted at the blatant way the Grenfell disaster was twisted into a political issue. Particularly by the Labour party, who wasted no time in using it as a photographic and propaganda opportunity, even down to one member who said the cladding was done because of complaints from the 'rich' neighbours that the building

**THERESA MAY:
Lumbered from
one ill-advised
disaster to the
next.**



Photo by Reuters Media Express

was an eyesore in the area. Oh and by the way Mr Corbyn, despite the incompetence of its leader, you did actually, quite heavily lose the election to the Tories... Just saying!

Personally I've had a pretty good past week. Apart from a number of people that pointed out that, with reference to my last column, hens do the laying and people do the lying! (Yeah yeah!) I now have all three books of my autobiographical trilogy on Kindle and Amazon (Adults and broad-minded readers only OK?), I also received some great news from my Stage Musical co-writer that our project is to be produced in Australia at the end of the year. So it's onward and upward from the ol' boy. Thanks to all concerned. Only disappointment was being passed over in the 'list' again this year. Ah well, never did think Sir Leapy sounded right anyway.

Have a good week. Keep that mail coming in and;

Always keep the faith

Love Leapy

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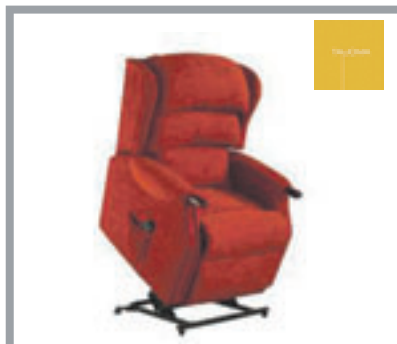
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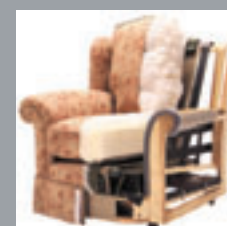
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Down to earth

Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

PIGS aren't yet flying in the UK but closer inspections suggest that they are sprouting wings.

Teresa May lost her overall majority and Jeremy Corbyn, darling of the Labour Party membership but not the Parliamentary Labour Party, scooped up the biggest share of the vote since Tony Blair.

No doubt the PSOE secretary general Pedro Sanchez has taken heart from the UK's recent General Election as he, too, is beloved by the militants but not the party hierarchy.

Sanchez's supporters are drawing attention to the parallels between him and Corbyn while overlooking one enormous difference.

The Labour leader made a good showing in his first General Election and Sanchez bombed twice, leading the PSOE to its worst-ever defeats in December 2015 and June 2016.

Pigs might eventually become airborne in the UK but will probably remain earth-bound for time to come in Spain.

PEDRO SANCHEZ:
Taken heart.



Under the jackboot

NOT long ago Pep Guardiola, erstwhile Barça and Bayern trainer now at Manchester City, called on the international community to support Cataluña.

The region's rights are being threatened "by an authoritarian state" ie Spain, Guardiola claimed.

Repeated foreign visits by Cataluña's former regional president Artur Mas and his successor Carles Puigdemont to drum up support have already elicited responses of "not today thank you."

Hysterical overreaction from Guardiola, who once played for the "authoritarian state" is just what the remainers needed.

October BOGOF

CATALUÑA'S independence referendum will be held on October 1, announced Carles Puigdemont. Voters will not be asked "Do you want an independent state?" but "Do you want an independent state that is a republic?"

So Cataluña voters can look forward a two-for-one offer - a Puigdemont BOGOF, in fact.

Nice little earner

SPAIN'S Public Safety Law brought in €13 billion in fines for offending or challenging the police since it was introduced in 2015.

Known more accurately as the Gaggling Law, it was passed at a time when protests had increased although most were peaceful and public safety the least of Spain's problems.

Unemployment was the biggest worry for more than three-quarters of the population and corruption for almost half. Few people were losing sleep over public safety.

Gagging Law fines have since been issued for putting photos of badly-parked patrol cars on Facebook and a woman was fined for carrying a bag with a cat's face and the letters ACAB.

These, she explained, stood for All Cats Are Beautiful although her inquisitors disagreed and insisted that it meant All Cops Are Bastards.

Doesn't say much for the Public Safety Law, but that's an impressive and paranoid level of English.

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lifestyle, taking into account your needs, its functionality and comfort as well as the appearance and style. Furniture is manufactured at the factory in Muchamiel in Los Planos Industrial Estate, and has the latest technology, machinery and facilities for manufacturing, storage, sales and offices. There are also five other outlets across Alicante Province, located in Alfaz del Pi, El Campello, Muchamiel, Elche and Alicante and the company is due to launch a new showroom in Benissa.

These showrooms allow you to appreciate the great variety of models and styles available

through Yelarsan from the most avant-garde to the most rustic and hand-crafted, but all with the highest quality implementing the quality system based on the UNE-EN-ISO 9001 standard.

Yelarsan makes around 1,500 kitchens each year, making them number one in the province.

With such standards and a unique personalised, one to one service, you could be forgiven for thinking you would be paying a premium price, but not so. Dealing directly with Yelarsan as the manufacturers you are cutting out the middle man and receiving highly com-

petitive prices. To mark the opening of the new showroom in Benissa, they are also currently offering a 10 per cent discount.

So to start planning your new look home, visit www.yelarsan.es to find your nearest showroom or call 965 748 104. The showrooms are open Monday-Friday from 10am-2pm and 4.30-8pm and Saturdays 10am-2pm.

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Nik Prescott is the Store Manager of Oak Land Furniture in Spain

From strumming the strings to knocking the wood

Many people have a career change although not as extreme as local man and resident of Spain for over 10 years Nik Prescott.

Nik originally from Hull started out after school by joining the Royal Navy where he served around the world on many ships for more than 10 years and whilst sailing on the high seas to pass the time he learnt to play the guitar when in his cabin and not on duty serving his country.

He returned to Hull after his service had finished and took his self-taught talents as his next profession, setting up a firstly a music shop as well as then taking professional lessons to further improve his guitar skills.

Once fully tuned, he soon ended up touring the UK with a number of bands as lead guitarist especially with tribute band Badness which turned out to be great fun.

Having travelled the world with the Royal Navy for so many years and with a dislike for rain and cold, Nik embarked on another adventure as he packed his strings and headed to the Costa del Sol.

On arrival in Spain and the sunny climates he desired, Nik carved a living from the music scene there and in Portugal, but whilst a living could be

made the biggest challenge he faced was backing tracks.

It appears that a number of artists in the Costa use backing tracks for their evening slots so a backing track replaces the need for a good old fashioned blues guitarist.

Happily Nik was in demand from another area as schools were crying out for music teachers and that was his next destination, back to the classroom, teaching children music which he thought would be his future in Spain until a totally freak meeting.

During the school holidays in 2016 he went to breakfast at Scoffers Cafe on Fuengirola sea front. Whilst relaxing and enjoying his favourite coffee overlooking the deep blue Mediterranean, he noticed another gentleman sat down doing lots of paperwork which he thought both strange and a little different to the standard seaside appearance.

This intrigued Nik, so using the language of the world of football he entered into a conversation with the paper laden gentleman.

After swapping tales and sharing woes for Hull City FC and West Ham United it transpired that he was chatting away with the Managing Director of Oak Land Furniture Spain, who explained that all the paper work was in regards to the pending opening of the first store in Spain and the launch of their na-

tional website offering delivery across Spain of all their products.

Nik was astounded to be told after around an hour of conversation that he was the perfect person the company was looking for to run the new store and would he be interested?

At first Nik couldn't take it all in, one minute he was enjoying the holiday school break over a relaxing coffee and now after a general chit chat he was being offered a major role with a complete difference to what he had ever done before.

When he questioned why him? The reply came on a serviette listed in bullet points.

- A. You're polite
 - B. You're not pushy
 - C. You're intelligent
 - D. You're a people's person
- We will teach you the rest!

Within a day Nik accepted the position on the basis that if a company as recognised as Oak Land Furniture were to select him the way they had, they must think he had potential and to work for such a large business too would be an honour especially in a dedicated management role.

It wasn't long before Nik was sent back to

the UK for full training to learn the unique sales points of the fantastic products as well as the company ethic prior to return for the San Pedro de Alcantara opening.

“

I like to offer a friendly service and a personal service.

In Nik's own words "I left Spain a musician and returned to Spain as a wood furniture specialist."

Over an intense period of training, he assimilated every aspect to the vast choice of ranges and products to every little detail of not only 100 per cent solid oak furniture, but painted furniture too and also the qualities of fabric and leather sofas.

The store eventually opened in October 2016 and Nik took up his new role with pleasure.

To date he has already assisted over 900 ordering customers in just eight months and is looking forward to the day he assists his 1,000th customer and openly says he will give that customer his order totally free when they come

into the store to celebrate.

Nik explained when we asked him what the key to his success was;

"Well firstly it's the quality of the products and the brand, it's exceptional and the customers coming in store clearly see that. I'm no salesman but I'm now fully trained as a furniture specialist so all I have to do is advise when asked.

"I like to offer a friendly service and a personal service to the expats here in Spain who want a quality product, I understand fully that customers don't like pushy salesman because I don't like them myself!

"Each customer I like to think I give a full and helpful service understanding their needs and requirements on a personal basis. Whilst we are a global brand there's no reason why you can't give a full personal service when a customer comes to see me and that's exactly what I offer.

"Every customer through the door has a requirement and at all times I hope I cater to their needs. I'm just Nik in the grand scale of things and give my full attention to everybody's requirements whether it be a single bedside cabinet to a full house furnish."

Nik has also now installed Lola Lopez in the store too as he admits his Spanish isn't the greatest and desires the Spanish customers to receive exactly the same service as he offers the expats.

So if you are looking for that personal service and quality solid oak furniture or a quality sofa Nik Prescott is your man!

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A master class in how to snatch defeat out of the jaws of victory

Nora Johnson

Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

WITH headlines ranging from 'May The Farce Be With You' and 'Theresa Back From The Dead' to 'The Maybot Rebooted As Strong And Humble. Stumble For Short,' we witnessed a master class in how to lose a general election, snatching defeat out of the jaws of victory.

Theresa May lost her majority through a combination of hubris, incompetence and personality. Having billed herself as a great tactician, she made serious errors of judgement.

Her stiff, formal language and reliance on pointless slogans endeared her to few voters. And while Corbyn inspired

the young, she (with the 'dementia tax') terrified the old.

She apparently learnt nothing from last year's EU referendum, failing to put forward a coherent, unifying, energetic vision, relying instead on trying to frighten the electorate with dire warnings about voting for the opposition. Didn't work then, didn't work now.

The major problem facing the Conservatives is the mast they've pinned their sails to. Theresa May isn't Margaret Thatcher. Never was, never will be. Thatcher had a clear vision regarding what she wanted to accomplish and didn't hesitate to appoint ministers with the ability - and freedom - to implement that vision even if they were potential rivals.

And she wasn't opposed to taking risks: not just the Falklands war, but commitment to the EU single market and outspoken opposition to the euro.

Theresa May appears risk

averse. Her sole face-to-face TV 'debate' was with her husband, while as Home Secretary she could have redesigned a department unfit for purpose for decades. Border/immigration control, the police force, the deportation of foreign criminals and illegal immigrants and asylum process all in disarray. It was only with the police force she really got involved but concentrating more upon confrontation with the police federation rather than root and branch reform. She wasn't dubbed the 'submarine' for nothing.

Election after election it's the same, right? A bit like each new M&S 'fashion collection,' when we keep getting as-

sured: "Oh, there's some really wearable stuff this time." Or a bit like a desperate ex who keeps promising he's changed but he never does...

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.



Theresa May.

THURSDAY THOUGHTS

By Angus Silvie, Axarquía

A street view is best

WHEN you live on the eighth floor of a Spanish apartment block, overlooking the main avenue in the town, a quick glance to the street below can turn into 10 minutes before you know it. There is always a lot going on!

Car horns generally are a bit of a dilemma as human nature dictates that when you hear a loud 'parp!' you are intrigued to see what might be going on, so more often than not I expectantly rush to the window only to be rewarded by the sight of a driver who has spotted someone they know on the pavement, or the gas bottle lorry arriving at the petrol station opposite and announcing his arrival with a series of unnecessary toots. Neither event sets the heart racing with excitement.

I heard a short toot and a bang once, but the bangs are usually someone closing a communal bin lid right underneath so I tend to ignore them. It was only when some shouting was heard a bit later that I glanced down and saw a long queue of cars stuck behind an Audi sporting a smashed-in bonnet and a detached bumper. In front of it, the owner of a little work van with a crumpled backside (the car, not the owner) was gesturing unhappily at the Audi owner, who was shrugging his shoulders as though it was nothing to do with him. The entertainment then came in watching all the cars behind trying to reverse back up the road and re-route via the side lane.

Further hilarity ensued when the crumpled van owner and the Audi owner decided to push their cars across a pedestrian crossing onto the side road, thereby blocking the last few re-routed cars who had just spent ages reversing up the main road, requiring them to then re-reverse back onto the main road again. I'll bet they weren't laughing as much as I was.

Readers interested in submitting articles for this guest column should send articles of 3-400 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

Travel

Discovering Sierra Espuña

SPAIN, probably better known for its long beaches packed with sun-loungers and all-inclusive holidays, has much more to offer and you only have to travel inland a few kilometres to get a real feel for nature and tranquillity.

One such area is the municipality of Alhama de Murcia where you will find the Sierra Espuña Regional Park which is surrounded by small villages such as Gebas and El Berro, both situated alongside the hills that make the nature reserve.

Gebas, which has a population of around 20 full time residents, is surrounded by gullies, canyons and ravines, giving it a spectacular look not dissimilar to a lunar landscape, it also has forested areas with formations of grasses and pine trees, a magnificent contrast offering stunning views.

El Berro, just a few kilometres away from Gebas is again a small village, although slightly larger than Gebas with approximately 100 residents. It has cafes, restaurants, and a bakery.

The stunning area caters for all types of visitors, with hotels and campsites nearby offering activities that include rock climbing, water rafting, quad bike hire or just somewhere to relax and unwind.



NATURAL PARK: The stunning area caters for all types of visitors.

The Sierra Espuña Natural Park, protected in 1992 has also been classified as a Special Protection Area for Birds (SPA) as well as a Site of Community Importance (SCI).

The many pine trees were famously planted, in almost a regimented fashion, by the Spanish engineer Ricardo Codorniu with the aim of helping the landscape which suffered from landslides and erosion in the latter part of the 19th and early 20th century.

The fauna in the area is rich and varied, it's not hard to find squirrels, mouflons (wild sheep), wild boars or golden eagles, although in 2015 the authorities had to organise a cull of the wild, goat looking, sheep whose population had expanded. Of the 1,400 only 300 were left.

For further information about the area or to find places to stay some useful links are: www.murciaturistica.es; www.espuna-adventure.com; www.campingsierraespuna.com.

LEGALLY SPEAKING

Fines for not moving

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



DIRTY CAR?: You could be fined.

NOT washed your car in a while? Well be careful, you could be fined for that! Many drivers are unaware they could be fined without even being on the road or moving their car, but these fines do exist and are real.

Even if the vehicle isn't moving, the lights, reflectors and number plates must be kept clear and if the vehicle is moving, the windows must be clear also. A fine of €80 can also be issued if officers decide your number plate is in a poor condition.

If you do need to wash your car, be careful where you do it, hand washing a vehicle in the street or carrying out repairs can also result in a penalty for the owner. Water, oil and other deposits can interfere with the road surface and can become a risk. There are also environmental concerns over the disposal of waste such as water or other fluids.

Car wash facilities have complex recycling and drainage systems so as to minimise

waste of the precious commodity of water.

Remember you can also be fined for smoking at petrol stations which poses a serious safety risk, but also for leaving your engine running, your radio or for using your mobile. Any of these activities can result in a fine of up to €200 and the loss of three points.

You can also be fined for moving house and not informing the DGT of your new address.

In the event of an accident or breakdown, you can be fined for not wearing a high visibility face or for not placing the warning triangles around the vehicle warning others of your presence.

So remember, whilst speeding and driving whilst using a mobile phone are the two most common reasons to be fined, there are also ways you can be fined without even moving.

For more news and articles visit www.n332.es or search N332 on Facebook.

Can he cycle on Paseo Marítimo?

Q. I have some questions about cycling.

1. Is it legal for me to ride my bicycle while recording on my helmet camera?
2. Can I cycle on the Paseo Marítimo? Here in Fuengirola there do not seem to be any signs forbidding cycling on the pavement.

3. Are there any alcohol limits applicable to cyclists?

4. A company here rents out various forms of electric scooters which the renters ride on the pavement and road. What is the law?

5. Do I have to dismount from my bicycle to use a zebra crossing?

A. Here are some answers.

1. Helmet cameras are not legally permitted to film and record people in the public road.

2. As a general rule, bicycles are not permitted on the pavement unless specif-

David Searl

You and the Law in Spain

ically authorised by signposts.

In Fuengirola a few parts of the Paseo Mariti-

mo are signed to permit cycling.

3. No alcohol limits apply.

4. Mobility scooters and similar may circulate on pavement.

5. Yes, you must walk your bike on the crossing.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Anybody got any ideas?

Mike Senker

In my opinion

Views of a Grumpy Old Man



ALTHOUGH this is called the views of a grumpy old man there are days that as grumpy as I start the day, something happens and even I have to just smile and today was one of those days. Today is June 18 - Father's Day.

I got a text from my daughter at 8.45am saying she had just woken up and wanted to wish me Happy Father's Day and she was going back to sleep as she had had a late night but she would Facetime me later. I sent her a message back saying 'thanks and chat later.'

Most Sundays we walk the dog along the Paseo in Los Boliches, then have a coffee and watch the world go by. Today was no different. We walked our dog, had coffee and were chit chatting away and then Mrs S said that I should send our daughter a video thanking her for my card and telling her I was having a nice day. So I said OK, Mrs S starts filming and all of a sudden I feel a tap on my shoulder and there she is - my baby girl!

The crafty so and so had tricked her supposedly shrewd old man and at 8.45am she was actually boarding the plane to Malaga. She had set the whole thing up with her Mum

whose mission was to keep me on the Paseo until 1pm. Mission successful.

I am thrilled she is here till Wednesday and I'm going to love every minute of it.

Ok that's enough of that mushy stuff. Back to being grumpy. I just got back from Croatia after a week's holiday with 14 blokes to celebrate one's 60th birthday. I have to say Croatia is a beautiful place. Good food and friendly people. We went to an island called Vis and it's one of the most beautiful places I've ever seen. The only way round it is by boat so we had great fun. So what's there to be grumpy about you may ask. Well I'll tell you.

Although they do accept euros their actual currency is the kuna. So, I got some from one of the lads coming out from the UK and also from an ATM. On the way back to Spain I stayed in Split overnight and went to the local casino and won some more in a poker tournament. All good stuff. Anyway, I come back to Spain and go to my favourite bureau de change and asked them to change the kuna for me. 'No can do - we don't change kuna, you have to go to the bank. I went to my bank and, guess what, they won't change them either! Now I'm trying to change money from Croatia, not some country where the local currency is sea shells and chicken livers. Anybody got any ideas? Because I just don't get it.

Email me mikesenker@gmail.com.



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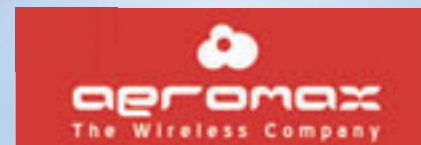
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BBC one

7:00am	Breakfast
10:15am	Crimewatch
11:00am	Homes Under the Hammer
12:00pm	Fake Britain
12:45pm	The Housing Enforcers
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Yes Chef
5:30pm	Street Auction
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Kat and Alfie: Redwater
10:00pm	DIY SOS The Big Build
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week
1:30am	Weather for the Week Ahead
1:35am	BBC News

BBC TWO

7:00am	The TV That Made Me
7:30am	Bargain Hunt
8:15am	Yes Chef
9:00am	Bake Off Crème de la Crème
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Tennis
7:00pm	Eggheads
7:30pm	Curious Creatures
8:00pm	Mary Berry Everyday
8:30pm	Great British Menu
9:00pm	Gardeners' World
10:00pm	Who Should We Let in? <i>Ian Hislop on the First Great Immigration Row</i>
11:00pm	Mock the Week
11:30pm	Newsnight
12:15am	Horizon
1:15am	Paul Hollywood's Big Continental Road Trip
2:15am	The Truth About HIV
3:15am	This is BBC Two <i>Highlights of programmes on BBC Two.</i>

BBC FOUR

8:00pm	100 Days+
8:30pm	Top of the Pops <i>Simon Bates and Peter Powell present the pop chart programme, first broadcast on 19 January 1984.</i>
9:00pm	Ireland's Treasures Uncovered
10:00pm	Japan: Earth's Enchanted Islands
11:00pm	Horizon
12:00am	Planet Oil
1:00am	Top of the Pops
1:35am	Peter York's Hipster Handbook
2:35am	Time Shift <i>Documentary which reveals the story of the creature that is 'the smoker'.</i>
3:35am	Japan: Earth's Enchanted Islands
4:35am	This is BBC Four <i>BBC Four is the BBC channel for people who want more. More depth, more range, more to stimulate the mind.</i>

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Best of Both Worlds
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Supervet
10:00pm	Host the Week
11:00pm	8 Out of 10 Cats Does Countdown
12:05am	First Dates
1:05am	One Born Every Minute

CHANNEL 5

7:45am	Bob the Builder
8:00am	Fireman Sam
8:10am	Thomas and Friends
8:25am	Shimmer and Shine
8:40am	Noddy: Toyland Detective
8:55am	Paw Patrol
9:10am	Ben and Holly's Little Kingdom
9:25am	Digby Dragon
9:40am	Peppa Pig
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	House Doctor
1:10pm	5 News Lunchtime
1:15pm	Big Brother
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:15pm	The Girl He Met Online
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Traffic Cops
9:00pm	On Benefits
10:00pm	Big Brother: Live Eviction
11:35pm	Big Brother's Bit on the Side
12:35am	Big Brother

4

7:00am	Hollyoaks
7:30am	Coach Trip
8:00am	Made in Chelsea
9:00am	Rules of Engagement
9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	Kevin Can Wait
10:00pm	Brooklyn Nine-Nine
10:30pm	New Girl
11:00pm	First Dates USA
12:00am	The Big Bang Theory

sky SPORTS 1

9:00am	Good Morning Sports Fans
10:00am	Barclays Premier League World
10:30am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	Football's Greatest
2:00pm	Great Sporting Moments
2:30pm	Great Sporting Moments
3:00pm	Premier League Legends
4:00pm	Spanish Football Gold
4:30pm	Football Gold
5:00pm	Football's Greatest
6:00pm	Premier League 100 Club
7:00pm	Premier League Legends
7:30pm	Football's Greatest Teams
8:00pm	Live European U21 Championship
11:15pm	Sporting Triumphs
11:30pm	Football's Greatest Teams
12:00am	European U21 Championship Highlights

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:00pm	ITV Lunchtime News
2:20pm	ITV News London
2:30pm	ITV Racing Live
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Sun, Sea and Scams: Tonight
9:00pm	Emmerdale
9:30pm	Paul O'Grady: For The Love of Dogs
10:00pm	Killer Women with Piers Morgan
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	Fearless
12:40am	Devon and Cornwall Cops
1:10am	Piers Morgan's Life Stories
2:05am	Jackpot247
4:00am	Sun, Sea and Scams: Tonight
4:25am	ITV Nightscreen

itv2

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	You've Been Framed!
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:20pm	Emmerdale
1:55pm	Coronation Street
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	Celebability
11:50pm	Family Guy
12:20am	Family Guy
12:45am	Family Guy
1:20am	American Dad!
1:45am	American Dad!
2:15am	Two and a Half Men

itv3

7:00am	Man About the House
7:25am	Heartbeat
8:30am	Where the Heart is
9:30am	Wild at Heart
10:30am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
12:55pm	Love Your Garden
2:00pm	Heartbeat
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Endeavour
11:00pm	Law and Order: UK
12:00am	Wire in the Blood
1:55am	The Knock <i>Drama series following the investigations of a Customs and Excise unit.</i>
3:15am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping <i>Shopping from home.</i>

itv4

7:00am	Minder
7:50am	Cash Cowboys
8:50am	The Saint
9:55am	Ironsides
11:00am	ITV Racing: The Opening Show
12:00pm	Quincy, M.E.
1:00pm	Minder
2:00pm	The Saint
3:05pm	The Chase
4:05pm	Pawn Stars
4:30pm	Confederations Cup
7:15pm	Barcelona's European Glory
7:30pm	Confederations Cup
10:15pm	The Shawshank Redemption
11:25pm	FYI Daily
11:30pm	The Shawshank Redemption
1:05am	16 Blocks
2:05am	FYI Daily
2:10am	16 Blocks
3:10am	Tommy Cooper
3:45am	ITV4 Nightscreen <i>Text-based information service.</i>
4:00am	Teleshopping <i>Shopping from home.</i>

sky CINEMA ACTION & ADVENTURE

12:10pm	The Magnificent Seven
2:25pm	Pirates of the Caribbean: At World's End
5:20pm	Spider-Man 2
7:30pm	Spider-Man 3
10:00pm	Independence Day: Resurgence
12:00am	Pirates of the Caribbean: At World's End
8:05am	King Arthur: Legend of the Sword - Behind the Scenes
8:35am	Police Academy 6: City Under Siege
10:05am	Date and Switch
11:45am	Rock the Kasbah
1:40pm	Ghostbusters: Special
2:10pm	Mistress America
3:40pm	Knocked Up
5:55pm	Sausage Party
7:30pm	Two Night Stand
9:00pm	Knocked Up
11:15pm	Sausage Party
12:50am	Mrs. Brown's Boys D'Movie

sky CINEMA PREMIERE

7:00am	Café Society
8:50am	The Top Ten Show 2017
9:05am	Rock Dog
10:50am	War Dogs <i>True-life tale of twentysomething gun runners in way over their heads.</i>
12:55pm	Delinquent
2:45pm	The Mummy: Unwrapped
3:15pm	The Childhood of a Leader
5:25pm	Café Society
7:15pm	Rock Dog <i>Animated family adventure about a wide-eyed dog who leaves his village home to pursue his rock star dream in the big city.</i>
9:00pm	War Dogs
11:00pm	Delinquent
12:55am	Julietta <i>A chance encounter with a childhood friend of her estranged daughter causes a guilt-ridden Madrid woman to rethink her future.</i>

sky SPORTS 2

7:00am	Cricket Classics
8:00am	WWE SmackDown!
9:00am	Cricket's Greatest
9:30am	Cricket's Greatest
10:00am	Cricket Classics
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Great Sporting Moments
11:45am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Cricket
5:30pm	Boxing Gold
5:45pm	Boxing Gold
6:00pm	Boxing Gold
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Live European U21 Championship
11:15pm	Boxing
1:15am	Boxing
2:15am	Sporting Triumphs
2:30am	Sporting Triumphs
2:45am	Sporting Triumphs
3:00am	Sporting Rivalries
3:30am	Sporting Rivalries
4:00am	Cricket Classics

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BBC one

10:15am	Crimewatch
11:00am	Homes Under the Hammer
12:00pm	Fugitives
12:45pm	The Housing Enforcers
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Yes Chef
5:30pm	Street Auction
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	Invented in London
9:00pm	EastEnders
9:30pm	Count Arthur Strong
10:00pm	Peter Kay's Comedy Shuffle
10:30pm	Tracey Breaks the News
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show
12:25am	The Wedding Video

BBC TWO

7:00am	The TV That Made Me
7:30am	Bargain Hunt
8:15am	Yes Chef
9:00am	Great British Menu
9:30am	Yorkshire Wolds Way
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Tennis
7:00pm	Eggheads
7:30pm	Curious Creatures
8:00pm	Great British Menu
8:30pm	Newsnight
9:00pm	Glastonbury 2017
10:00pm	Versailles
11:00pm	Radiohead at Glastonbury 2017
2:30am	Glasgow 1967: The Lisbon Lions

BBC FOUR

8:00pm	World News Today
8:30pm	The Pretenders at Glastonbury 2017
9:00pm	Kris Kristofferson and Royal Blood at Glastonbury 2017
10:00pm	Special Guests at Glastonbury 2017
11:00pm	Sounds of the 70s
11:30pm	Dizze Rascal at Glastonbury 2017
12:45am	Play it Loud: The Story of the Marshall Amp
1:45am	Guitar Heroes at the BBC
2:45am	Guitar Heroes at the BBC II

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:25am	Frasier
9:55am	Frasier
10:25am	Formula 1
10:55am	A Place in the Sun
12:35pm	Channel 4 News
1:00pm	Couples Come Dine with Me
1:05pm	Fifteen to One
1:50pm	Formula 1
2:55pm	F1 Meets... Daniel Ricciardo
4:35pm	Best of Both Worlds
5:00pm	Four in a Bed
6:00pm	Come Dine with Me
6:30pm	The Simpsons
7:00pm	Hollyoaks
7:30pm	Channel 4 News
8:00pm	Gogglesprogs
9:00pm	The Crystal Maze
10:00pm	The Last Leg
11:00pm	Host the Week
12:05am	8 Out of 10 Cats
1:10am	Lockout
1:55am	

CHANNEL 5

8:25am	Shimmer and Shine
8:40am	Noddy: Toyland Detective
8:55am	Paw Patrol
9:10am	Ben and Holly's Little Kingdom
9:25am	Digby Dragon
9:40am	Peppa Pig
9:50am	Wissper
10:00am	Wanda and the Alien
10:15am	The Wright Stuff
12:15pm	Dogs Make You Laugh Out Loud
12:45pm	Big Brother
2:10pm	5 News Lunchtime
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS: Los Angeles
4:20pm	Murder 101: College Can be Murder
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Police Interceptors
9:00pm	Blind Date
10:00pm	The Paul O'grady Story
11:30pm	Big Brother
12:30am	Big Brother's Bit on the Side

4

9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Mission: Impossible II
12:30am	Easy A

sky SPORTS 1

2:00pm	Great Sporting Moments
2:15pm	Great Sporting Moments
2:30pm	Great Sporting Moments
2:45pm	Live Azerbaijan GP: Practice
4:55pm	Football Gold
5:00pm	European U21 Championship Highlights
5:30pm	Football's Greatest
6:00pm	European U21 Championship Highlights
6:30pm	Beneath the Black: A Journey Through New Zealand Rugby
7:30pm	Football's Greatest
8:00pm	One2eleven 2016/17
8:10pm	European U21 Championship Highlights
8:40pm	Live European U21 Championship
10:40pm	One2eleven 2016/17
11:00pm	Beneath the Black: A Journey Through New Zealand Rugby
12:00am	Premier League 100 Club

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:00pm	ITV Lunchtime News
2:20pm	ITV News London
2:30pm	ITV Racing Live
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	River Monsters
9:30pm	Coronation Street
10:00pm	Lethal Weapon
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	Red Heat
1:45am	The Cube
2:40am	Jackpot247

itv2

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Emmerdale
10:00am	You've Been Framed!
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:20pm	Emmerdale
1:55pm	Emmerdale
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	Totally You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:20am	Family Guy

itv3

7:00am	Man About the House
7:25am	Heartbeat
8:30am	Where the Heart is
9:30am	Wild at Heart
10:35am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
12:55pm	Love Your Garden
2:00pm	Heartbeat
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	The Street
11:20pm	Law and Order: UK
12:20am	Wire in the Blood
2:15am	Prime Suspect
4:00am	Mr Selfridge

itv4

7:00am	Minder
7:55am	Cash Cowboys
8:55am	The Saint
9:55am	Ironsides
11:00am	ITV Racing: The Opening Show
12:00pm	Minder
1:05pm	Counting Cars
1:35pm	Counting Cars
2:05pm	Pawn Stars
2:30pm	Pawn Stars
3:00pm	The Saint
4:05pm	Ironsides
5:05pm	Quincy, M.E.
6:10pm	Cash Cowboys
7:10pm	Counting Cars
7:40pm	Counting Cars
8:10pm	Pawn Stars
8:40pm	Pawn Stars
9:10pm	Jaws 4: The Revenge
10:10pm	FYI Daily
10:15pm	Jaws 4: The Revenge
11:00pm	Out for Justice
12:00am	FYI Daily
12:05am	Out for Justice
12:50am	The Great Train Robbery
1:55am	FYI Daily
2:00am	The Great Train Robbery

sky CINEMA ACTION & ADVENTURE

11:20am	Twister
1:20pm	Transformers: Revenge of the Fallen
3:45pm	The Bourne Ultimatum
5:45pm	Batman Forever
7:50pm	The Karate Kid
10:00pm	Transformers: Revenge of the Fallen
12:25am	Bourne Ultimatum

sky CINEMA COMEDY

7:20am	Billy Madison
8:55am	Police Academy 7: Mission to Moscow
10:25am	Grandma
11:50am	Hitch
2:00pm	Daddy's Home
3:45pm	The Boss
5:30pm	All About Steve
7:15pm	Bridget Jones's Diary
9:00pm	Daddy's Home
10:45pm	The Boss
12:30am	Beverly Hills Cop
2:20am	Beverly Hills Cop II
4:10am	Beverly Hills Cop III

sky CINEMA PREMIERE

7:00am	Rock Dog
8:45am	The Tiger Hunter
10:40am	War Dogs
12:45pm	Pirates of the Caribbean: Salazar's Revenge: Special
1:15pm	Bridget Jones's Baby
3:25pm	The Childhood of a Leader
5:25pm	Rock Dog
7:10pm	Café Society
9:00pm	Bridget Jones's Baby
11:10pm	War Dogs
1:10am	Delinquent
2:55am	Johnny Frank
4:40am	The Tiger Hunter

sky SPORTS 2

9:00am	Cricket's Greatest
9:30am	Cricket's Greatest
10:00am	Cricket Classics
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Super League Highlights
11:45am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
2:00pm	Cricket's Greatest
2:30pm	Cricket's Greatest
3:00pm	Sporting Records
3:30pm	Sporting Records
4:00pm	Great Sporting Moments
4:15pm	Great Sporting Moments
4:30pm	Great Sporting Moments
4:45pm	Great Sporting Moments
5:00pm	Darts Gold
5:15pm	Darts Gold
5:30pm	Cricket
10:00pm	Live Nextgen Boxing
12:00am	Cricket

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from our **Javea and Moraira** portfolios



Incredible Value

Javea Arenal Apartment **99,000 €**
Ref: HO232878
Build: 95 m² Bedrooms: 2
Bathrooms: 1

Immaculate Apartment

Moraira Sabatera Apartment **149,000 €**
Ref: HO473432
Build: 75 m² Bedrooms: 2
Communal Pool Bathrooms: 1

Quiet Bungalow

Moraira Fanadix Villa **149,950 €**
Ref: HO473337
Build: 90 m² Bedrooms: 2
Plot: 200 m² Bathrooms: 1

Townhouse with Pool

Javea Cala Blanca Townhouse **249,000 €**
Ref: HO232863
Build: 222 m² Bedrooms: 3
Communal Pool Bathrooms: 2

Stylish Townhouse

Javea Townhouse **265,000 €**
Ref: HO232861
Build: 140 m² Bedrooms: 3
Plot: 150 m² Bathrooms: 2

Tranquility Assured

Javea Costa Nova Villa **299,500 €**
Ref: HO232859
Build: 145 m² Bedrooms: 3
Plot: 1000 m² Bathrooms: 3

Fully Reformed

Benitachell Val de Portet Villa **340,000 €**
Ref: HO473298
Build: 266 m² Bedrooms: 3
Plot: 1029 m² Bathrooms: 3

Quiet Location

Moraira Villa **349,950 €**
Ref: HO472178
Build: 200 m² Bedrooms: 3
Plot: 900 m² Bathrooms: 2

Magnificent Quality

Javea Cap Marti Villa **499,000 €**
Ref: HO232862
Build: 300 m² Bedrooms: 3
Plot: 1005 m² Bathrooms: 2

Magical Sea Views

Javea Ambolo Villa **795,000 €**
Ref: HO232816
Build: 380 m² Bedrooms: 4
Plot: 1300 m² Bathrooms: 4

Spectacular & Exclusive

Moraira El Portet Villa **995,000 €**
Ref: HO473426
Build: 492 m² Bedrooms: 4
Plot: 925 m² Bathrooms: 3

Frontline Luxury

Benissa La Fustera Villa **1,195,000 €**
Ref: HO472617
Build: 230 m² Bedrooms: 4
Plot: 850 m² Bathrooms: 4



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BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen
12:30pm	Food and Drink
1:00pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather
2:15pm	Tennis
6:35pm	BBC News
6:45pm	Regional News
6:50pm	Weather
6:55pm	Pointless
7:45pm	Doctor Who
8:30pm	Pitch Battle
10:00pm	Casualty
10:50pm	Mrs. Brown's Boys
11:20pm	BBC News
	<i>The latest national and international news stories, followed by Weather.</i>
11:35pm	Weather
	<i>The latest weather information.</i>
11:40pm	The Proposal
1:25am	Weather for the Week Ahead
1:30am	BBC News
	<i>The latest national and international news stories, followed by Weather.</i>

BBC TWO

7:40am	Love Affair
9:05am	Odette
11:00am	Monty Halls' Great Irish Escape
12:00pm	Homes Under the Hammer
1:00pm	Great British Menu
1:30pm	Great British Menu
2:00pm	Splash
3:45pm	Escape to the Country
4:30pm	Gardeners' World
5:30pm	Flog It!
	<i>Antiques show which helps amateur auctioneers, collectors and bargain-hunters make a saving.</i>
6:30pm	Glastonbury 2017
	<i>Live coverage of the annual music festival.</i>
8:00pm	Natural World
9:00pm	Glastonbury 2017
	<i>Live coverage of the annual music festival.</i>
10:00pm	Glastonbury 2017
2:00am	Goodbye First Love
3:45am	This is BBC Two

BBC FOUR

8:00pm	Toots and the Maytals and Liam Gallagher at Glastonbury 2017
9:00pm	The National at Glastonbury 2017
10:00pm	Father John Misty at Glastonbury 2017
11:00pm	The Jacksons at Glastonbury 2017
12:45am	Top of the Pops <i>Special 20th anniversary edition of the pop chart programme, first broadcast on 5 January 1984.</i>
1:20am	Northern Soul
	<i>Documentary about the northern soul phenomenon, one of the most exciting underground British club movements of the 1970s.</i>
2:20am	Classic Soul at the BBC
3:20am	Otis Redding: Soul Ambassador

CHANNEL 4

7:10am	Transylvania Ultra Marathon
7:35am	Motorsport
8:05am	Ironman 70.3 Staffordshire
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	The Big Bang Theory
11:00am	The Big Bang Theory
11:25am	The Big Bang Theory
11:55am	Formula 1
1:25pm	F1: Grand Prix
1:55pm	Formula 1
4:30pm	The World's Most Expensive Cars
5:35pm	A Place in the Sun: Winter Sun
6:35pm	Kirstie and Phil's Love it or List it
7:30pm	Channel 4 News
8:00pm	The Autistic Gardener
9:00pm	Britain's Great Gay Buildings
10:00pm	Identity Thief
12:15am	The Purge
1:50am	Ramsay's Hotel Hell

CHANNEL 5

7:00am	Milkshake!
11:15am	Teenage Mutant Ninja Turtles
11:50am	Make You Laugh Out Loud
12:15pm	Police Interceptors
1:15pm	Police Interceptors: Deadly Pursuits
2:15pm	The Great British Benefits Handout
3:15pm	The Nightmare Neighbour Next Door
4:15pm	The Nightmare Neighbour Next Door
5:10pm	Can't Pay? We'll Take it Away!
6:10pm	Can't Pay? We'll Take it Away!
7:05pm	5 News
7:10pm	Funniest Ever Toddler Tantrums
8:00pm	Blind Date
9:00pm	Before They Were Stars
10:00pm	Big Brother
11:05pm	The Miranda Hart Story
12:25am	Lip Sync Battle
12:50am	Access

4

7:00am	Rude(Ish) Tube
7:25am	New Girl
7:45am	Kevin Can Wait
8:05am	Brooklyn Nine-Nine
8:35am	The Goldbergs
9:00am	The Goldbergs
10:00am	The Goldbergs
11:00am	Melissa and Joey
11:30am	Melissa and Joey
12:00pm	Melissa and Joey
12:30pm	Melissa and Joey
1:00pm	Melissa and Joey
1:30pm	Rude(Ish) Tube Shorts
1:45pm	Alvin and the Chipmunks: The Squeakquel
3:30pm	The Goldbergs
4:30pm	The Goldbergs
5:00pm	The Goldbergs
5:30pm	The Goldbergs
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Fast Five
12:35am	Gogglebox

sky SPORTS 1

7:00am	Rugby Gold
7:10am	Rugby Gold
7:20am	Rugby Gold
7:30am	Beneath the Black: A Journey Through New Zealand Rugby
8:30am	Live British and Irish Lions Tour
12:15pm	Rugby Union
12:45pm	Rugby Gold
1:00pm	Rugby Union
1:30pm	Rugby Gold
1:40pm	Rugby Gold
1:50pm	Rugby Gold
2:00pm	Live Azerbaijan GP: Qualifying
4:40pm	Rugby Union
7:15pm	British and Irish Lions Tour Highlights
8:15pm	Spanish Football Gold
8:30pm	One2eleven 2016/17
8:40pm	Live European U21 Championship
10:40pm	British and Irish Lions Tour Highlights
11:40pm	Rugby Union
12:10am	Rugby Union
12:40am	Sporting Triumphs
1:00am	Premier League 100 Club

itv

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	ITV Racing Live
	<i>The Opening Show.</i>
11:25am	Judge Rinder
12:25pm	Horrid Henry: The Movie
2:15pm	ITV News and Weather
2:30pm	ITV Racing Live
	<i>Royal Ascot.</i>
7:00pm	Local News and Weather
7:10pm	ITV News and Weather
7:25pm	Catchphrase
8:30pm	The Voice Kids
10:00pm	Casino Royale
12:50am	ITV News and Weather
1:10am	The Chase
2:05am	Jackpot247
4:00am	Who's Doing the Dishes?
4:50am	Nightscreen

itv2

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	Emmerdale Omnibus
10:35am	Coronation Street Omnibus
1:00pm	Take Me Out
2:10pm	Catchphrase
2:50pm	You've Been Framed!
3:50pm	Arthur
4:50pm	FYI Daily
4:55pm	Arthur
6:00pm	Freaky Friday
7:05pm	FYI Daily
7:10pm	Freaky Friday
7:55pm	Step Up 2: The Streets
8:55pm	FYI Daily
9:00pm	Step Up 2: The Streets
10:00pm	Love Island
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:20am	Family Guy
12:50am	Family Guy
1:20am	American Dad!
1:45am	American Dad!
2:20am	Piranha
3:20am	FYI Daily
3:25am	Piranha
3:50am	Teleshopping

itv3

7:00am	Judge Judy
7:20am	Murder, She Wrote
8:10am	Murder, She Wrote
9:05am	Murder, She Wrote
10:05am	The Darling Buds of May
11:15am	Poirot: Murder on the Orient Express
12:15pm	FYI Daily
12:20pm	Poirot: Murder on the Orient Express
1:55pm	Lewis
3:55pm	Agatha Christie's Marple
5:55pm	Agatha Christie's Marple
8:00pm	Midsomer Murders
10:00pm	Foyle's War
12:00am	Law and Order: UK
1:00am	Law and Order: UK
2:00am	Law and Order: UK
	<i>Crime drama based on the hit US series Law and Order.</i>
2:55am	On the Buses
	<i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>
3:20am	ITV3 Nightscreen

itv4

7:00am	Snooker v Darts
7:05am	The Saint
8:00am	Motorsport UK
9:00am	Le Mans Highlights 2017
10:05am	The Classic Car Show
11:05am	Counting Cars
11:35am	Counting Cars
12:00pm	Pawn Stars
12:30pm	Pawn Stars
12:55pm	Pawn Stars
1:25pm	Pawn Stars
1:55pm	Pawn Stars
2:25pm	Football's Greatest: Bobby Charlton
2:45pm	The Great Outdoors
3:45pm	FYI Daily
3:50pm	The Great Outdoors
4:30pm	FIFA Confederations Cup Live
7:15pm	Football Rivalries
	<i>Arsenal v Spurs.</i>
7:30pm	Storage Wars
7:55pm	The Sweeney
9:00pm	River Monsters
10:05pm	Jaws 2
11:05pm	FYI Daily
11:10pm	Jaws 2
12:25am	Jaws 3

sky CINEMA ACTION & ADVENTURE

9:00am	Tarzan
11:00am	Transformers: Revenge of the Fallen
1:35pm	Armageddon
4:10pm	Maze Runner: The Scorch Trials
6:30pm	Captain America: Civil War
9:00pm	Transformers: Revenge of the Fallen
11:30pm	Hanna
1:25am	Face/Off
	sky CINEMA COMEDY
12:05pm	Dodgeball: A True Underdog Story
1:45pm	King Arthur: Legend of the Sword - Behind the Scenes
2:15pm	Bad Neighbours 2
3:55pm	Absolutely Fabulous: The Movie
5:35pm	Hot Pursuit
7:10pm	Bruce Almighty
9:00pm	Bad Neighbours 2
10:45pm	Absolutely Fabulous: The Movie
12:30am	Starksy and Hutch

sky CINEMA PREMIERE

7:00am	The Mummy: Unwrapped
7:30am	Rock Dog
9:15am	Café Society
11:05am	The Childhood of a Leader
1:10pm	Bridget Jones's Baby
3:20pm	Life on the Line
5:15pm	Rock Dog
	<i>Animated family adventure about a wide-eyed dog who leaves his village home to pursue his rock star dream in the big city.</i>
7:00pm	War Dogs
	<i>True-life tale of twentysomething gun runners in way over their heads.</i>
9:00pm	Bridget Jones's Baby
11:10pm	Life on the Line
12:55am	Café Society
2:45am	Delinquent
4:35am	Julietta

sky SPORTS 2

7:00am	Rugby Union
9:00am	Sporting Rivalries
9:30am	Sporting Rivalries
10:00am	Cricket Classics
11:00am	Live ICC Women's World Cup 2017
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Cricket Gold
8:10pm	Super League Gold
8:25pm	Super League Highlights
8:40pm	Live European U21 Championship
10:40pm	ICC Women's World Cup 2017 Highlights
11:40pm	Cricket Gold
11:50pm	Cricket Gold
12:00am	Ashes Best Days
2:00am	Cricket World Cup Classics
3:00am	Sporting Rivalries
3:30am	Sporting Rivalries
4:00am	Cricket Classics
5:00am	Cricket's Greatest
5:30am	Cricket's Greatest
	<i>Series profiling some of the greatest cricketers of all time.</i>

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BBC one

7:00am	Breakfast
10:00am	The Andrew Marr Show
11:00am	Sunday Morning Live
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Homes Under the Hammer
3:00pm	Tennis
6:10pm	Points of View
6:25pm	Songs of Praise
7:00pm	Celebrity Mastermind
7:30pm	BBC News
7:50pm	Regional News
7:55pm	Weather
8:00pm	Countryfile
9:00pm	Antiques Roadshow
10:00pm	Poldark
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Tracey Breaks the News
12:00am	Live at the Apollo
12:30am	The Spectacular Now
2:00am	Weather for the Week Ahead

BBC TWO

7:00am	A to Z of TV Gardening
7:45am	The Instant Gardener
8:30am	Gardeners' World
9:30am	The Beechgrove Garden
10:00am	Countryfile
	<i>News and stories concerning the heart of the British countryside.</i>
11:00am	Saturday Kitchen
	Best Bites
12:30pm	Great British Menu
1:00pm	Great British Menu
1:30pm	Great British Menu
2:00pm	Sailing
3:00pm	Money for Nothing
3:45pm	Garden Rescue
4:15pm	Escape to the Country
5:15pm	Natural World
6:10pm	Flog It!
7:00pm	Glastonbury 2017
	<i>Live coverage of the annual music festival.</i>
10:00pm	Glastonbury 2017
1:00am	Up There
2:15am	Question Time
3:15am	Holby City

BBC FOUR

8:00pm	Rag'n'bone Man and Shaggy at Glastonbury 2017
9:00pm	Special Guests at Glastonbury 2017
10:00pm	Operation Crossbow
11:00pm	Russia's Toughest Prison: The Condemned
12:20am	Horizon
	<i>Antarctica Ice Station Rescue. Documentary series exploring topical scientific issues.</i>
1:20am	The Comet's Tale
2:20am	The Golden Age of Coach Travel
3:20am	David Attenborough's Zoo Quest in Colour

CHANNEL 4

7:10am	3rd Rock from the Sun
7:35am	3rd Rock from the Sun
8:00am	Everybody Loves Raymond
8:25am	Everybody Loves Raymond
8:55am	Frasier
9:25am	Frasier
9:55am	Frasier
10:25am	Eating Well with Hemsley and Hemsley
11:00am	Sunday Brunch
2:00pm	Formula 1
2:35pm	Formula 1
	<i>Azerbaijan GP.</i>
5:10pm	Formula 1
6:00pm	Guy Martin: Last Flight of the Vulcan Bomber
7:35pm	Channel 4 News
8:00pm	Grand Designs
9:00pm	Great Canal Journeys
10:00pm	The Handmaid's Tale
11:10pm	8 Out of 10 Cats
	Does Countdown
12:15am	The Last Days on Mars

CHANNEL 5

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
11:10am	Teenage Mutant Ninja Turtles
11:45am	The Gadget Show
12:30pm	Police Interceptors
1:30pm	Police Interceptors
2:25pm	Jack and the Beanstalk
4:10pm	5 News
6:15pm	Made of Honour
	<i>When Hannah asks Tom to be the Maid of Honour at her forthcoming nuptials, Tom sees it as a chance to finally win her affections.</i>
8:00pm	Cricket on 5
9:00pm	That's So...1994
9:55pm	5 News
	<i>The latest news coverage.</i>
10:00pm	Big Brother
11:05pm	Omg: My Barbie Body
12:00am	Role Models
2:00am	Super Casino
4:10am	Our Dream Hotel

4

7:00am	Rude(ish) Tube
7:25am	Couples Come Dine with Me
8:20am	Couples Come Dine with Me
9:25am	Hollyoaks Omnibus
12:00pm	The Goldbergs
12:30pm	The Goldbergs
1:00pm	The Goldbergs
1:30pm	The Goldbergs
1:55pm	Tooth Fairy
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Crystal Maze
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	Underworld: Rise of the Lycans
12:50am	Gogglebox
1:55am	Rude Tube
3:00am	8 Out of 10 Cats
3:45am	Marvel's Agents of S.H.I.E.L.D.

sky SPORTS 1

8:00am	Premier League 100 Club
8:30am	Premier League 100 Club
9:00am	Premier League Legends
9:30am	Premier League Legends
10:00am	Premier League 100 Club
10:30am	Premier League 100 Club
11:00am	The Premier League Years
1:00pm	Football's Greatest
1:30pm	Live Azerbaijan GP: Track Parade
2:00pm	Live Azerbaijan GP: Pit Lane Live
2:30pm	Live Azerbaijan GP: Race
5:30pm	Live Azerbaijan GP: Paddock Live
6:15pm	British and Irish Lions Tour Highlights
7:15pm	Football Gold
7:30pm	Fight Night
9:25pm	Premier League 100 Club
9:55pm	Football
12:00am	Premier League Legends

itv

7:00am	CITV
9:25am	ITV News
9:30am	Weekend
10:25am	Best Walks with a View with Julia Bradbury
11:00am	Peston on Sunday
12:00pm	Love Your Garden
1:00pm	ITV News and Weather
1:10pm	King Ralph
3:00pm	The Voice Kids
4:30pm	Confederations Cup Germany v Cameroon.
7:10pm	ITV News and Weather
	<i>A round-up of the latest news headlines and a national weather forecast.</i>
7:20pm	The Amazing Spider-Man 2
10:00pm	The Loch
11:00pm	ITV News and Weather
11:20pm	Peston on Sunday
12:15am	Lethal Weapon
1:15am	Jackpot247

itv2

7:00am	Planet's Funniest Animals
7:20am	Emmerdale Omnibus
10:25am	Coronation Street Omnibus
12:55pm	The Voice Kids
2:25pm	Beethoven's 2nd
3:25pm	FYI Daily
3:30pm	Beethoven's 2nd
4:10pm	The Flintstones in Viva Rock Vegas
5:10pm	FYI Daily
5:15pm	The Flintstones in Viva Rock Vegas
6:00pm	Flubber
7:05pm	FYI Daily
7:10pm	Flubber
7:50pm	The Wedding Planners
8:50pm	FYI Daily
8:55pm	The Wedding Planners
10:00pm	Love Island
11:00pm	Love Island
12:00am	Family Guy
12:35am	Family Guy
1:00am	Family Guy
1:30am	American Dad!
2:00am	American Dad!

itv3

7:00am	Agatha Christie's Marple
8:40am	Heartbeat
	<i>Drama, set in the North Yorkshire moors in the 1960's.</i>
9:45am	Heartbeat
10:50am	Murder, She Wrote
	<i>Drama series about a sleuthing writer who solves murder mysteries.</i>
11:50am	Murder, She Wrote
12:50pm	The Darling Buds of May
2:05pm	Hidden Treasure
4:10pm	Agatha Christie's Marple
6:15pm	Foyle's War
8:15pm	Corrie: The Road to Coronation Street
10:00pm	Joanna Lumley's Japan
11:00pm	Law and Order: UK
	<i>Crime drama based on the hit US series Law and Order.</i>
12:00am	Law and Order: UK
1:00am	Wire in the Blood
3:00am	Wire in the Blood

itv4

7:10am	The Saint
8:05am	Minder
9:10am	World Superbike Highlights 2017
10:15am	British Superbike Highlights
11:15am	Counting Cars
11:40am	Storage Wars
12:10pm	Pawn Stars
12:40pm	Pawn Stars
1:05pm	Pawn Stars
1:35pm	Rio Bravo
2:35pm	FYI Daily
2:40pm	Rio Bravo
4:30pm	FIFA Confederations Cup Live
7:00pm	Fierce
8:00pm	The Chase: Celebrity Special
9:00pm	River Monsters
10:05pm	The Great Train Robbery
11:10pm	FYI Daily
11:15pm	The Great Train Robbery
12:20am	The Assassination of Jesse James by the Coward Robert Ford
1:25am	FYI Daily

sky CINEMA ACTION & ADVENTURE

11:15am	Charlie's Angels
1:00pm	Charlie's Angels: Full Throttle
2:50pm	Suicide Squad
4:55pm	Rocky II
7:00pm	Teenage Mutant Ninja Turtles: Out of the Shadows
9:00pm	Suicide Squad
11:05pm	The Italian Job
1:00am	Sahara
7:35am	Back to the Future
9:35am	Back to the Future II
11:30am	Back to the Future III
1:35pm	My Big Fat Greek Wedding 2
3:20pm	Ted 2
5:20pm	Dumb and Dumber
7:15pm	Turner and Hooch
9:00pm	My Big Fat Greek Wedding 2
10:40pm	Ted 2
12:40am	Scouts Guide to the Zombie Apocalypse

sky CINEMA PREMIERE

7:00am	Rock Dog
8:45am	Life on the Line
10:35am	Queen of Katwe
12:50pm	Bridget Jones's Baby
3:00pm	Rock Dog
4:45pm	War Dogs
6:50pm	Queen of Katwe
	<i>The life of an impoverished Ugandan youngster is changed forever when she's introduced to the game of chess.</i>
9:00pm	Bridget Jones's Baby
	<i>After a pair of one-night stands the now single Bridget Jones winds up pregnant. Is the dad old flame Mark Darcy or a US dating guru?</i>
11:10pm	Life on the Line
1:00am	The Tiger Hunter
2:50am	Café Society
4:35am	Delinquent

sky SPORTS 2

7:00am	Cricket Classics
8:00am	Cricket's Greatest
8:30am	Cricket's Greatest
9:00am	ICC Women's World Cup 2017 Highlights
10:00am	Cricket Writers on TV
11:00am	Great Sporting Moments
11:15am	Great Sporting Moments
11:30am	Great Sporting Moments
11:45am	Great Sporting Moments
12:00pm	ICC Women's World Cup 2017 Highlights
1:00pm	Cricket Classics
2:00pm	ICC Women's World Cup 2017 Highlights
3:00pm	Cricket
	<i>England v South Africa.</i>
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	Cricket
12:30am	Cricket Gold
12:40am	Cricket Gold
12:50am	Cricket Gold
1:00am	Sporting Rivalries

|| The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Advertising feature

Protect your home before your holiday

LIVING on the Costa Blanca might seem like one long holiday but most of us still like to get away over the summer months for a change of scene or to escape the intense heat.

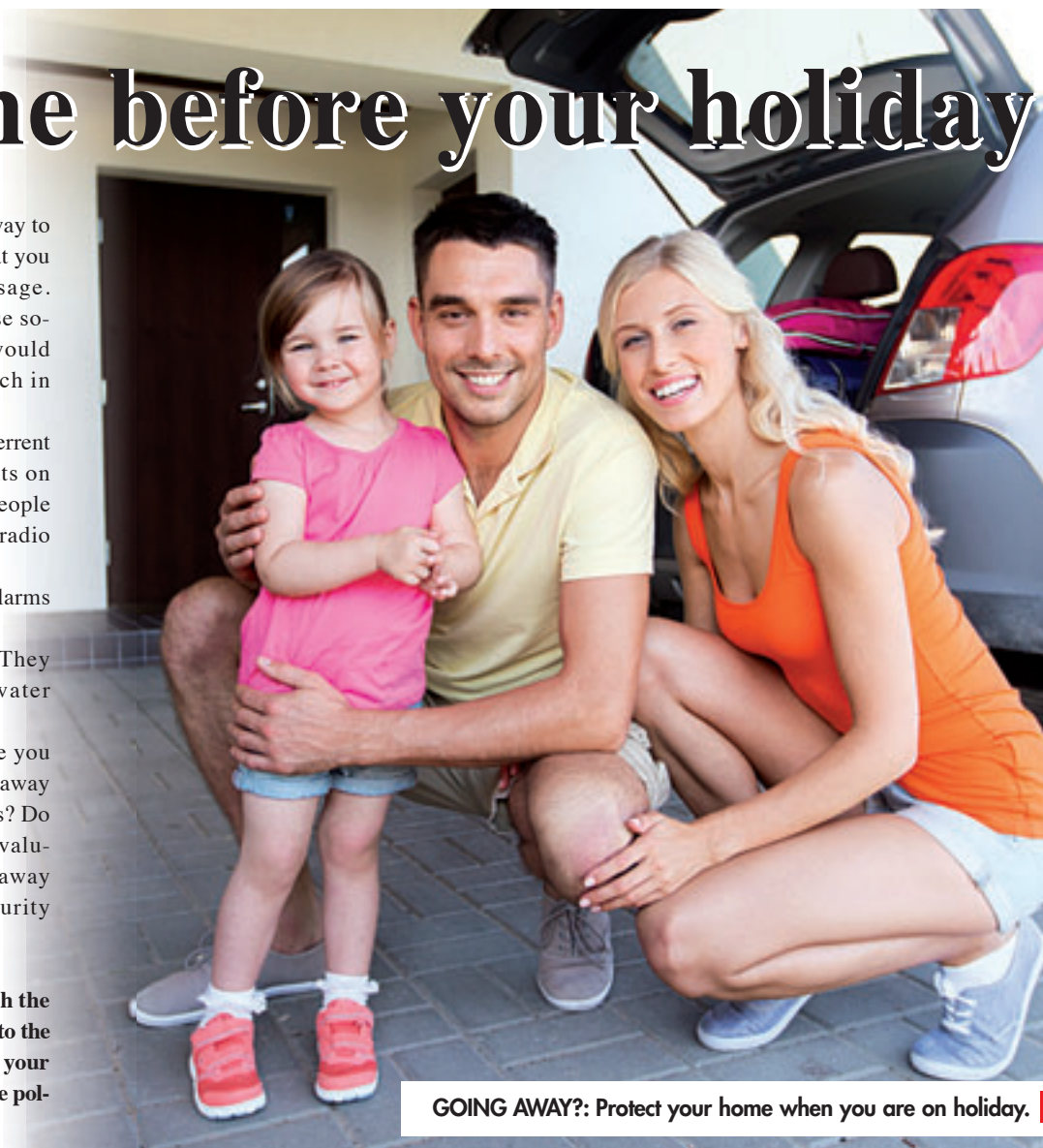
Of course, you will have your Ibex Travel Insurance policy in place for your trip but do you give enough thought to protecting your home whilst you are away? Here are a few tips to follow which might prevent a stressful return home.

- Lock all doors and windows. Blindingly obvious as this may be, it is easy to overlook a window or a garage door and a burglar will thank you for it!
- Keep valuables out of sight. Maybe you will keep the shutters down but if not then move valuables away from prying eyes.
- Turn everything off at the socket. Unless you are away for a very long time it is likely that you will keep the fridge and freezer on but disconnect everything else.
- Drain the water tank and switch off water at the mains. If you can't do this because you need to keep an irrigation system going then talk to your insurance broker to check your cover. Return home to water damage is much more likely than returning to a home that has been burgled.
- Don't advertise your absence. Until you

get home, keep the fact that you are away to close friends and family. Don't say that you are 'away' on a phone answer message. This, of course, includes how you use social media. A prospective burglar would love to know that you are on a beach in Florida!

- Lighting. Security lighting is a deterrent to would be thieves and indoor lights on timers can give the impression that people are at home. You could maybe put a radio on a timer too!
- Alarm system. Alarms are good, alarms linked to security firms are better.
- Tell a neighbour that you trust. They can keep an eye on the property, water plants etc.
- Check your insurance policy. Are you covered for loss or damage if you are away for more than a certain number of days? Do you have all risks cover for certain valuables and possessions that you take away on holiday with you? Are there security conditions attached to your policy?

Taking out an insurance policy with the cover you need is important so leave it to the experts and call us on 966 719 951. As your local insurance broker Ibex can find the policy to meet your needs.



GOING AWAY?: Protect your home when you are on holiday. |

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

10:15am	Crimewatch
11:00am	Homes Under the Hammer
12:00pm	A&E on the Road
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Street Auction
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	Growing Up with Cancer
9:00pm	EastEnders
9:30pm	Would I Lie to You?
10:00pm	Supermarket Shopping Secrets
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Peter Kay's Comedy Shuffle
12:15am	The Graham Norton Show

BBC TWO

7:00am	The TV That Made Me
7:30am	Bargain Hunt
8:15am	Yes Chef
9:00am	Antiques Roadshow
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
	<i>Political show examining the latest news, views and moves in the world of politics.</i>
2:00pm	Sailing
3:00pm	Tennis
6:15pm	Flog It!
	<i>Antiques show which helps amateur auctioneers, collectors and bargain-hunters make a saving.</i>
7:00pm	Eggheads
7:30pm	Curious Creatures
8:00pm	Mary Berry Everyday
8:30pm	Mary Berry Everyday
9:00pm	Great British Menu
10:00pm	Ripper Street
11:00pm	Mock the Week
11:30pm	Newsnight
12:10am	Weather

BBC FOUR

8:00pm	100 Days +
8:30pm	Great British Railway Journeys
9:00pm	Britain and the Sea
	<i>David Dimbleby continues his voyage round Britain, sailing his boat Rocket along the south east coast from Hampshire to Kent. This was the front line coast, the edge of Britain essential to its defence and the first point of attack for invasion forces.</i>
10:00pm	The Art of Japanese Life
11:00pm	Handmade in Japan
11:30pm	Lucy Worsley's Reins of Power: The Art of Horse Dancing
12:30am	Natural World
1:30am	The Fantastical World of Hormones with Professor John Wass
2:30am	Britain and the Sea
3:30am	Handmade in Japan
4:00am	The Art of Japanese Life

CHANNEL 4

8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Best of Both Worlds
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Dispatches
9:30pm	How to Stay Well
10:00pm	24 Hours in Police Custody
11:00pm	Loaded
11:50pm	My Millionaire Dads and Me
12:50am	Bodysockers

CHANNEL 5

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
10:15am	The Wright Stuff
12:15pm	House Doctor
1:10pm	5 News
1:15pm	Big Brother
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:20pm	Real Murders: An Aurora Teagarden Mystery
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	MotoGP
9:00pm	Police Interceptors
	<i>Documentary series profiling the work of a high-speed police interception unit in Essex.</i>
10:00pm	Murdered by My Daughter
11:00pm	Big Brother
12:05am	Big Brother's Bit on the Side

4

10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Vlogglebox
11:00pm	Mission: Impossible II
1:30am	The Big Bang Theory

sky SPORTS 1

8:00am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
10:00am	Beneath the Black: A Journey Through New Zealand Rugby
11:00am	British and Irish Lions Tour Highlights
2:45pm	Sporting Triumphs
3:00pm	British and Irish Lions Tour Highlights
4:00pm	British and Irish Lions Tour Highlights
5:00pm	British and Irish Lions Tour Highlights
6:00pm	British and Irish Lions Tour Highlights
7:00pm	British and Irish Lions Tour Highlights
8:00pm	Icons of Football Golf Highlights
9:00pm	Icons of Football Golf Highlights
10:00pm	Sky Sports Originals
11:00pm	Premier League 100 Club
11:30pm	Boxing Gold
11:45pm	Boxing Gold
12:00am	Premier League Legends

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	David Dickinson's Name Your Price
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Amazing Animal Births
	<i>Documentary following the birth of new-born animals.</i>
9:30pm	Coronation Street
10:00pm	Fearless
11:00pm	ITV News
11:45pm	Killer Women with Piers Morgan
12:45am	The Kyle Files
1:15am	Jackpot247

itv2

7:10am	You've Been Framed!
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:20pm	Emmerdale
1:55pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	American Dad!

itv3

7:00am	Man About the House
7:25am	Heartbeat
8:30am	Where the Heart is
9:25am	Wild at Heart
10:35am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
11:55am	Road to Avonlea
1:00pm	Love Your Garden
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Marple
11:00pm	Law and Order: UK
	<i>Crime drama based on the hit US series Law and Order.</i>
12:00am	The Street
1:20am	The Blonde Bombshell
3:15am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	Minder
7:50am	Cash Cowboys
8:40am	The Saint
9:45am	Ironsides
10:50am	Quincy, M.E.
11:55am	Minder
12:55pm	Counting Cars
1:25pm	Counting Cars
1:50pm	Pawn Stars
2:20pm	Pawn Stars
2:50pm	The Saint
3:50pm	Ironsides
4:55pm	Quincy, M.E.
6:00pm	Cash Cowboys
7:00pm	Cycling
	<i>Coverage of a cycling event.</i>
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:00pm	Car Crash Britain
11:05pm	Jaws 2
12:05am	FYI Daily
12:10am	Jaws 2
1:25am	Motorsport UK
2:30am	The Football Mavericks
3:25am	Tommy Cooper
3:50am	Nightscreen

sky CINEMA ACTION & ADVENTURE

7:00am	Independence Day
9:35am	Fantastic Four
11:20am	I Am Legend
1:05pm	Superman Returns
3:40pm	Jack Reacher: Never Go Back
5:40pm	Fantastic Four
7:25pm	Independence Day
10:00pm	Jack Reacher: Never Go Back
12:10am	Hitman
1:50am	Hitman: Agent 47

sky CINEMA COMEDY

9:50am	Loser
11:35am	Sausage Party
1:20pm	Brewster's Millions
3:10pm	Barbershop: The Next Cut
5:10pm	Talladega Nights: The Ballad of Ricky Bobby
7:20pm	Planes, Trains and Automobiles
9:00pm	Sausage Party
10:45pm	Barbershop: The Next Cut
12:45am	Hitch

sky CINEMA PREMIERE

7:00am	The Tiger Hunter
8:50am	Queen of Katwe
11:00am	Bridget Jones's Baby
1:05pm	Life on the Line
2:50pm	Beautiful Devils
	<i>The close friend and collaborator of an up-and-coming musician secretly plots his revenge after being pushed to the sidelines.</i>
5:00pm	Queen of Katwe
7:10pm	Life on the Line
	<i>True-life action about the head of a power line team sent in to fix the grid just as a huge storm hits Texas.</i>
9:00pm	Bridget Jones's Baby
11:10pm	Beautiful Devils
1:20am	The Childhood of a Leader
3:35am	Delinquent
5:30am	King Arthur: Legend of the Sword - Behind the Scenes

sky SPORTS 2

11:45am	Great Sporting Moments
12:00pm	Sporting Heroes
1:00pm	Cricket Classics
2:00pm	Cricket's Greatest
2:30pm	Cricket's Greatest
3:00pm	Cricket's Greatest
3:30pm	Cricket's Greatest
4:00pm	Cricket's Greatest
4:30pm	Cricket's Greatest
5:00pm	Cricket Classics
6:00pm	Great Sporting Moments
6:15pm	Great Sporting Moments
6:30pm	Great Sporting Moments
6:45pm	Great Sporting Moments
7:00pm	Sporting Triumphs
7:15pm	Sporting Triumphs
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	British and Irish Lions Tour Highlights
11:45pm	Great Sporting Moments
12:00am	Cricket Classics
1:00am	Super League Gold

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max speed: 15km/h



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speed
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BBC one

7:00am	Breakfast
10:15am	Crimewatch
11:00am	Homes Under the Hammer
12:00pm	A&e on the Road
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Street Auction
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Holby City
10:00pm	Broken
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Doctor in the House
12:45am	Growing Up with Cancer
1:15am	Weather for the Week Ahead
1:20am	BBC News

BBC TWO

7:00am	The TV That Made Me
7:30am	A&e on the Road
8:15am	Super League Show
9:00am	DIY SOS The Big Build
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Tennis
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Curious Creatures
8:00pm	World's Most Extraordinary Homes
9:00pm	Great British Menu
10:00pm	Hospital
11:00pm	Detectorists
11:30pm	Newsnight
12:10am	Weather
12:15am	Horizon
1:15am	The Life Swap
2:15am	Doctor in the House
3:15am	This is BBC Two

BBC FOUR

8:00pm	100 Days +
8:30pm	Great British Railway Journeys
	<i>Documentary series in which Michael Portillo travels the length and breadth of the country by train.</i>
9:00pm	Pain, Pus and Poison: The Search for Modern Medicines
10:00pm	Hokusai: Old Man Crazy to Paint
11:00pm	Storyville
	<i>Series showcasing the best in international documentaries.</i>
12:00am	Who Should We Let in? Ian Hislop on the First Great Immigration Row
	<i>Documentary exploring the history of Britain's conflicted attitudes towards immigration.</i>

CHANNEL 4

8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Best of Both Worlds
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Tried and Tasted: The Ultimate Shopping List
9:30pm	Supershoppers
10:00pm	One Born Every Minute
11:00pm	First Dates
12:05am	24 Hours in A and E

CHANNEL 5

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	House Doctor
1:10pm	5 News
1:15pm	Big Brother
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:20pm	Fatal Justice
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Britain's Greatest Bridges
9:00pm	The Dog Rescuers
10:00pm	The Hotel Inspector
11:00pm	Big Brother
12:05am	Big Brother's Bit on the Side
1:05am	Party Pensioners: Sex, Drugs and Bingo
2:00am	Super Casino
	<i>Feeling lucky? Get the authentic, heart-thumping casino experience every night.</i>

4

8:00am	Made in Chelsea
9:00am	Rules of Engagement
10:00am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Rude Tube
11:00pm	8 Out of 10 Cats
11:50pm	The Big Bang Theory
12:20am	The Big Bang Theory

sky SPORTS 1

7:00am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
9:00am	Live British and Irish Lions Tour
12:00pm	The Premier League Years
2:00pm	Sporting Triumphs
2:30pm	British and Irish Lions Tour Highlights
5:30pm	Live European U21 Championship
8:15pm	Live European U21 Championship
	<i>The second semi-final from the UEFA European Under-21 Championship in Poland.</i>
11:15pm	British and Irish Lions Tour Highlights
12:15am	European U21 Championship Highlights
12:45am	European U21 Championship Highlights
1:15am	European U21 Championship Highlights

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	David Dickinson's Name Your Price
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
9:00pm	Midsomer Murders
11:00pm	ITV News
11:40pm	Holiday Horrors: Caught on Camera
	<i>Compilation series featuring clips of things going wrong on a (not so) relaxing holiday.</i>
12:40am	The Chase
1:35am	Jackpot247

itv2

7:10am	You've Been Framed!
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:20pm	Emmerdale
1:55pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy

itv3

7:00am	Man About the House
7:25am	Heartbeat
8:30am	Where the Heart is
9:35am	Wild at Heart
10:35am	Judge Judy
11:05am	Judge Judy
11:35am	Judge Judy
12:00pm	Road to Avonlea
1:05pm	Love Your Garden
2:05pm	Heartbeat
3:15pm	The Royal
4:15pm	Wild at Heart
5:20pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	The Booze Cruise
11:05pm	Law and Order: UK
	<i>Crime drama based on the hit US series Law and Order.</i>
12:05am	Inspector Morse
2:20am	Wycliffe
3:15am	ITV3 Nightscreen
	<i>Text-based information service.</i>
3:30am	Teleshopping

itv4

7:00am	Minder
7:50am	Cash Cowboys
8:40am	The Saint
	<i>Simon Templar is a debonair master thief with a talent for disguise.</i>
9:45am	Ironsides
10:50am	Quincy, M.E.
11:50am	Minder
	<i>Modern-day re-imagining on the classic comedy-drama.</i>
12:55pm	Cycling
1:55pm	Pawn Stars
2:25pm	Pawn Stars
2:55pm	The Saint
3:55pm	Ironsides
5:00pm	Quincy, M.E.
6:05pm	Cash Cowboys
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Big Fish Off
10:00pm	Benidorm
11:05pm	The Road
12:05am	FYI Daily

sky CINEMA ACTION & ADVENTURE

7:20am	Mission: Impossible - Rogue Nation
9:35am	The Bourne Identity
11:45am	Self/Less
1:45pm	The Patriot
4:40pm	Pearl Harbour
7:45pm	Mission: Impossible - Rogue Nation
10:00pm	The Bourne Identity
12:00am	The Matrix
2:20am	Bad Blood
4:00am	Con Air

sky CINEMA COMEDY

9:10am	The Intern
11:15am	Magic Mike XXL
1:15pm	Mike and Dave Need Wedding Dates
3:05pm	The Top Ten Show 2017
3:25pm	Grimsby
4:55pm	Couples Retreat
6:55pm	The Intern
9:00pm	Mike and Dave Need Wedding Dates
10:45pm	Grimsby
12:15am	Borat
1:50am	Brüno

sky CINEMA PREMIERE

7:00am	The Childhood of a Leader
9:05am	Cruel Summer
10:35am	Queen of Katwe
12:50pm	Delinquent
2:45pm	Bridget Jones's Baby
4:55pm	Life on the Line
6:50pm	Queen of Katwe
9:00pm	Bridget Jones's Baby
	<i>After a pair of one-night stands the now single Bridget Jones winds up pregnant.</i>
11:10pm	Cruel Summer
12:40am	Beautiful Devils
	<i>The close friend and collaborator of an up-and-coming musician secretly plots his revenge after being pushed to the sidelines.</i>
	<i>True-life action about the head of a power line team sent in to fix the grid just as a huge storm hits Texas.</i>

sky SPORTS 2

12:00pm	Sporting Heroes
1:00pm	Cricket Classics
2:00pm	Sporting Heroes
3:00pm	Cricket's Greatest
3:30pm	Super League Fulltime 2017
4:00pm	Cricket's Greatest
4:30pm	Super League Fulltime 2017
5:00pm	Cricket Classics
6:00pm	Great Sporting Moments
6:15pm	Great Sporting Moments
6:30pm	British and Irish Lions Tour Highlights
7:30pm	Super League Fulltime 2017
8:00pm	British and Irish Lions Tour Highlights
9:00pm	Sporting Triumphs
9:30pm	Super League Fulltime 2017
10:00pm	British and Irish Lions Tour Highlights
11:00pm	Sporting Triumphs
11:15pm	Sporting Triumphs
11:30pm	Super League Fulltime 2017
12:00am	Ashes Best Days

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BBC one

7:00am	Breakfast
10:15am	Crimewatch
11:00am	Homes Under the Hammer
12:00pm	A&e on the Road
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
	<i>Drama series set in a busy Midlands medical practice.</i>
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Money for Nothing
5:30pm	Street Auction
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	Watchdog
10:00pm	The Week the Landlords Moved in
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Room 101
12:25am	Supermarket Shopping Secrets
1:25am	Weather for the Week Ahead

BBC TWO

7:00am	The TV That Made Me
7:30am	A&e on the Road
8:15am	Bargain Hunt
9:00am	Gardeners' World
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
	<i>Political show examining the latest news, views and moves in the world of politics.</i>
2:00pm	Tennis
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Curious Creatures
	<i>Panel show in which two teams go head-to-head, testing their knowledge on animal facts.</i>
8:00pm	World's Most Extraordinary Homes
9:00pm	Great British Menu
10:00pm	Sudan: The Last of the Rhinos: Natural World
11:00pm	White Gold
11:30pm	Newsnight
12:10am	Weather
12:15am	Hospital

BBC FOUR

8:00pm	100 Days +
8:30pm	Great British Railway Journeys
	<i>Following his Bradshaw's Handbook, Michael Portillo begins this leg of his journey from Derby to Lindisfarne in the Victorian ironopolis of Middlesbrough.</i>
9:00pm	Sound of Cinema: The Music that Made the Movies
10:00pm	Spies of Warsaw
	<i>Classic tale of spying, intrigue and romance, based on the novels of Alan Furst. A German engineer arrives in Warsaw.</i>
11:30pm	The Flying Scotsman: A Rail Romance
12:30am	Andrew Marr on Churchill
1:30am	Fighting for King and Empire: Britain's Caribbean Heroes
2:30am	Visions of the Valleys
3:30am	The Flying Scotsman: A Rail Romance

CHANNEL 4

7:00am	Countdown
7:45am	Will and Grace
8:10am	Will and Grace
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:35am	Frasier
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	A Place in the Sun: Winter Sun
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Fifteen to One
5:00pm	Best of Both Worlds
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Ackley Bridge
10:00pm	24 Hours in A and E
11:00pm	Fargo
12:20am	24 Hours in Police Custody
1:20am	One Born Every Minute

CHANNEL 5

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
10:15am	The Wright Stuff
12:15pm	House Doctor
1:10pm	5 News
1:15pm	Big Brother
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS: Los Angeles
4:15pm	Millionaire Mystery: Ultimate Gift
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	The Nightmare Neighbour Next Door
9:00pm	GP's: Behind Closed Doors
	<i>Documentary taking a look at what goes on in the consultation room.</i>
10:00pm	Where There's a Blame, There's a Claim
11:00pm	Big Brother
12:05am	Big Brother's Bit on the Side

4

9:30am	Rules of Engagement
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	Brooklyn Nine-Nine
2:30pm	Brooklyn Nine-Nine
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	2 Broke Girls
6:30pm	2 Broke Girls
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	The Goldbergs
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The 100
11:00pm	Underworld: Awakening
12:40am	The Big Bang Theory

sky SPORTS 1

10:00am	European U21 Championship Highlights
11:00am	The Premier League Years
1:00pm	European U21 Championship Highlights
2:00pm	British and Irish Lions Tour Highlights
3:00pm	European U21 Championship Highlights
4:00pm	British and Irish Lions Tour Highlights
5:00pm	European U21 Championship Highlights
6:00pm	British and Irish Lions Tour Highlights
7:00pm	European U21 Championship Highlights
8:00pm	Live Horse Racing
10:00pm	F1: Azerbaijan Highlights
11:00pm	Barclays Premier League World
11:30pm	European U21 Championship Highlights
12:30am	Premier League Legends

itv

7:00am	Good Morning Britain
9:30am	Lorraine
	<i>Join Lorraine Kelly and her celebrity friends for all the latest showbiz, news, style on ITV.</i>
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	David Dickinson's Name Your Price
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:15pm	ITV Evening News
7:30pm	Confederations Cup Semi Final.
10:15pm	Holiday Horrors: Caught on Camera
	<i>Compilation series featuring clips of things going wrong on a (not so) relaxing holiday.</i>
11:15pm	ITV News
12:00am	The Cube
1:00am	Jackpot247

itv2

7:00am	The Hot Desk
7:10am	You've Been Framed!
7:35am	Vanderpump Rules
8:20am	The Ellen DeGeneres Show
9:00am	Emmerdale
10:00am	You've Been Framed!
10:35am	Scorpion
11:25am	Below Deck
12:25pm	Vanderpump Rules
1:20pm	Emmerdale
2:30pm	You've Been Framed!
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Love Island
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:20am	Family Guy
12:50am	American Dad!
1:20am	American Dad!
1:45am	Two and a Half Men
2:15am	Two and a Half Men

itv3

7:00am	Man About the House
7:25am	Heartbeat
8:30am	Where the Heart is
9:30am	Wild at Heart
	<i>Drama about a British vet and his family relocating to start a game park in the wilds of the African bush.</i>
10:35am	Judge Judy
11:00am	Judge Judy
11:30am	Judge Judy
12:00pm	Road to Avonlea
1:00pm	Love Your Garden
2:05pm	Heartbeat
3:10pm	The Royal
4:10pm	Wild at Heart
5:15pm	Man About the House
5:50pm	Rising Damp
6:20pm	George and Mildred
6:55pm	Heartbeat
	<i>Drama, set in the North Yorkshire moors in the 1960's.</i>
8:00pm	Murder, She Wrote
9:00pm	Lewis
11:00pm	Law and Order: UK
12:00am	Inspector Morse
2:10am	Wycliffe
3:05am	ITV3 Nightscreen

itv4

7:00am	Minder
	<i>Modern-day re-imagining on the classic comedy-drama.</i>
7:55am	Cash Cowboys
8:45am	The Saint
9:45am	Ironsides
10:50am	Quincy, M.E.
11:55am	Minder
1:00pm	Counting Cars
1:30pm	Counting Cars
1:55pm	Pawn Stars
2:25pm	Pawn Stars
2:50pm	The Saint
3:55pm	Ironsides
5:00pm	Quincy, M.E.
6:05pm	Cash Cowboys
7:05pm	Counting Cars
7:35pm	Counting Cars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The Big Fish Off
	<i>Sports gameshow pitting two celebrities against each other in a battle to become top fisherman.</i>
10:00pm	16 Blocks
11:00pm	FYI Daily
11:05pm	16 Blocks
12:05am	Lethal Weapon

sky CINEMA ACTION & ADVENTURE

7:55am	Camino
9:45am	Arthur and Merlin
11:45am	Jason Bourne
1:55pm	The Magnificent Seven
4:05pm	The Great Escape
7:00pm	Point Break
9:00pm	Jason Bourne
11:10pm	The Matrix Reloaded
1:30am	Rocky
3:35am	Rocky II

sky CINEMA COMEDY

7:00am	Grandma
8:25am	The Sweetest Thing
10:05am	Road Trip: Beer Pong
11:45am	The House Bunny
1:30pm	Central Intelligence
3:25pm	Bad Neighbours 2
5:10pm	How to Lose a Guy in 10 Days
7:10pm	Entourage
9:00pm	Central Intelligence
11:00pm	Bad Neighbours 2
12:45am	Dumb and Dumber
2:40am	Jackass: Number Two
4:25am	Fear and Loathing in Las Vegas

sky CINEMA PREMIERE

7:00am	Cruel Summer
8:35am	Queen of Katwe
10:55am	Life on the Line
12:50pm	Bridget Jones's Baby
3:00pm	The Childhood of a Leader
	<i>Ignored by his distant, disciplinarian parents, a young boy develops into an ego-driven brat whose behaviour becomes increasingly unsettling.</i>
5:00pm	Queen of Katwe
7:10pm	Life on the Line
9:00pm	Bridget Jones's Baby
11:10pm	Operation Chromite
	<i>War-time drama about a squad of South Korean soldiers sent to infiltrate their northern neighbours.</i>
1:10am	Cruel Summer
2:35am	Beautiful Devils
4:45am	Delinquent

sky SPORTS 2

7:00am	Cricket Classics
	<i>Series profiling some of the greatest cricketers of all time.</i>
8:00am	WWE Experience
9:00am	Cricket's Greatest
9:30am	Cricket's Greatest
10:00am	British and Irish Lions Tour Highlights
11:00am	Live ICC Women's World Cup 2017
	<i>South Africa play New Zealand at the County Cricket Ground in Derby in the 2017 ICC Women's World Cup.</i>
7:30pm	Cricket Gold
7:40pm	Cricket Gold
7:50pm	Cricket Gold
8:00pm	British and Irish Lions Tour Highlights
9:00pm	Cricket Classics
10:00pm	ICC Women's World Cup Highlights
11:00pm	Cricket World Cup Classics
12:00am	ICC Women's World Cup Highlights
1:00am	Ashes Best Days
3:00am	Sporting Rivalries
3:30am	Sporting Rivalries

I'm off to the panaderia...

**Trudy
Stewart**



AFTER months of having no internet, I am back online. Hallelujah!

Thanks to my smartphone, I've had access to the internet wherever I could log in to WiFi (I drank a LOT of café con leche during this time!) so I've not been completely in the wilderness.

But it's just not the same as being able to Google the theme tune lyrics for the Beverley Hillbillies at 3am because you've forgotten the middle part and know you won't get to sleep till you remember! There are also the practical applications like online banking and shopping which, for some of us, means the dreaded supermarket shop can be a thing of the past.

According to new research from Mintel, 14 per cent of Brits now do all of their grocery shopping online, a figure that's doubled since 2014. Their forecast is that online gro-

cery sales will reach £11.1 billion in the UK in 2017. Almost two thirds (62 per cent) of Brits aged 25-34 are current online grocery shoppers.

The demand from younger consumers is pushing the supermarkets to provide same day deliveries (I mean after all, you can order a pizza and have that delivered in 30 minutes or less!)

The retailers are also aware that these younger consumers are shopping via their smartphones so they're tailoring their apps to best interact with them.

It makes sense to appeal to the younger demo-

graphic as only one in three consumers over the age of 55 (32 per cent) currently shop online. Of those, almost half have never shopped online and have no interest in doing so.

Before moving to Spain, I lived in a small village and the nearest shop was a car drive away. I did about half of my grocery shopping online as it often worked out cheaper than paying the petrol price for the return trip.

I can't say I found it a pleasurable alternative though. It probably took

me just as long to find the things I wanted online as it would have to walk round the store.

And don't get me started on the substitute products that they sometimes bring! You try explaining to your fussy cat that they've swapped the only food she's eating this week for a 12-pack of something she's not (leading to a drive to the nearest town before the hungry/indignant mewing drives you mad!)

The downside of this is that we're in danger of turning food shopping into just another app for our phones. Consumers have an expectation that they can have whatever they want whenever they want.

With current research showing 47

per cent of us give up because the checkout process took too long, we are now too impatient to even wait in a virtual queue!

In the UK, grocery shopping is just another thing to fit into an already hectic schedule. In Spain, I have fallen in love with food again and now, my grocery shopping might take an entire morning as I amble round the market and catch up with the butcher in my best Spanish.

While for me this is infinitely preferable to a packed supermarket or frustrating keyword search, I realise that I'm fortunate in that I have the time for it.

Online grocery shopping is convenient and there's definitely a place for it, but there's nothing beats choosing your own soft, fresh-baked baguette or gently squeezing to find the juiciest tomato or perfect pear within the display.

Mmm, I'm off to the panaderia - see you next week!

trudystewart75@gmail.com



**Shop till you
drop...the mouse?**

Advertising feature

A star provider in the world of TV and satellite

STARSAT has offered high quality TV and satellite equipment to hundreds of customers after establishing in Jalon in 1999.

Owner Michael Marggrander started the company on a relatively small level merely selling some televisions in his little store. But today, the company is a leader in the satellite/TV-sector offering high quality products by Grundig, Bose, Technisat, Panasonic and Samsung and is an authorised dealer for quality brand Loewe.

As well as a large selection of TVs in store, their main focus is on satellite and TV equipment and internet services. Michael uses his years of experience to find the right system and package to suit your needs, offering the latest equipment and services available on the market such as systems to record or pause live television and high quality HDTV receivers with breathtaking pictures and crystal-clear digital cinematic sound.

The expert services offered by Starsat covers a wide range of areas including equipment advice and sales of TV sets and hifi; consulting and sales of digital satellite systems as well as installation;



STARSAT: Is an authorised dealer for quality brand Loewe.

conversion of existing satellite systems; extensions of satellite systems of any kind; installation of home theatre sys-

tems; programming of satellite receivers; repair of entertainment electronics (almost all brands); installation and advice

for Internet via satellite systems and multimedia services in the area of television.

As well as private services they cater for wider needs including hotels and community equipment.

Whilst their products are of the highest quality possible, their customer service and after sales care is also second to none, Michael and his team speaking English, German, Spanish and Dutch, therefore able to assist you in your own language.

So whether you are looking for low priced satellite equipment which is easy to install and has an English operation manual, a state of the art home cinema, or a system for your business, then Starsat can assist you in whatever you are looking for.

Their store in Calle Gremis 1 Poligon in Teulada is open Monday to Friday from 9.30am-6pm so call in and be assured of friendly and professional advice.

**Starsat
Calle Llanterner 2
Teulada**

Tel: 966 480 556

Visit: www.starsatonline.com

Email: michael@starsatonline.com

LETTERS**YOUR PAPER - YOUR VOICE - YOUR OPINION**

Letters for Your Say should be emailed to yoursay@euroweeklynnews.com or make your comments straight on our website: www.euroweeklynnews.com

Rock bottom: beaches are the pits

SIR,

May I refer to your article back in mid-May this year titled 'Air turns blue' regarding blue flags flying across nine beaches in the Orihuela area?

I have a holiday home in Playa Flamenca and our two closest beaches are Cala Mosca and Cala Estaca, which for years have been really well looked after including the surrounding promenades etc.

However, we were out in May and were appalled at what has happened to both of them!!

The sea on both beaches has become virtually impossible to enter as they now have their shorelines and shallow areas completely covered in massive rocks and boulders making access perilous to say the least!!

The surrounding dirt tracks look to have been excavated recently and all the surplus debris just dumped in the sea making access highly dangerous for children and adults alike.

Coupled with that the beaches themselves (especially Estaca) have shrunk in size with the shoreline diminished

Burning question

WHILE this letter will not lead to common sense prevailing, I cannot be alone in my concern for the welfare of the scores of tourists who daily walk around increasing bad doses of sun-burn.

Some are old, others young, but all surely suffer and spoil part of their holidays.

Even so they fail to cover up - even in the main heat of the day - presumably initially oblivious to the need to protect their increasingly burned skins.

They do not only face the risk of long term permanent damage to their bodies in the form of skin cancer, but additionally guarantee sleepless nights during holidays surely supposed to be based on enjoyment, not on endurance!

But year after year they arrive in Spain to overcook their delicate skins, just like sizzled sausages on a summer barbecue!

*N Stretton
Alicante*

SUN-BURN:
Can spoil your holidays.



and littered throughout the sand with rather large stones.

I do not see how these two beaches warrant a Blue flag award at all - they have been ruined completely.

Can you forward this email to whoever wrote this particular article for you as I would be very interested in their views and maybe they can enlighten me on the situation.

Keep up the good work on what is still the best newspaper in Spain!!

Andy Rice, Orihuela

Boardwalk thoughts

I THINK it is wonderful how the authorities look after beaches in most parts of southern Spain throughout most months of the year.

A prime example is in Mijas Costa, where daily at this time of year the beach is cleaned and in addition workers can be seen sweeping the boardwalk which is so popular with both local residents and tourists.

I feel the rule that cyclists should not use the boardwalk after 11am and before the evening, and never at weekends, is also praiseworthy, but perhaps in the main holiday months from June - September, riders should be banned 24/7.

This may seem a little unfair, but sadly many of the pedestrians who use the boardwalk are quite elderly, and when walking with dogs, or chatting to friends, they create a risk to themselves by ignoring the presence of cyclists.

It would also be a boost if dog walkers ALWAYS ensured that their pets are kept on leads.

N Peden, El Faro

Brexit chaos

BRITISH expats remain bewildered by Brexit. Our homeland has voted to leave the European Union but there seems to be no plan as to what comes afterwards.

The resulting loss of confidence among foreign investors has caused a collapse of the pound, making life harder for us as expats. And it is now starting an upward creep of inflation in the UK.

The concern is that with no clear plan from the UK government these trends could continue and the currency could enter a vicious downward spiral.

*Kevin Richard
No address supplied*

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynnews.com

Typical heavy handedness

» Spaniard detained for 40 days over holiday in Syria

SIX years ago, a Spaniard, what about the rest of his family??? Typical USA heavy handedness!

David Etheridge

» How soon will robots replace British jobs post-Brexit? (Nora Johnson)

YOU'VE hit the nail on the head. I really despair every time I walk into my local bank. I used to be able to actually talk to someone and now it's all machines, same at the supermarket checkout. The bank looks so depressing compared to back in the day. You really have to wonder when there'll actually be no more jobs left for humans to do. It's crazy!

Chris

» Red faces at hospital as beds do not fit in lifts

WHY do I not find this surprising, or annoying, or

Comments from EWN online

even mildly irritating or amusing? Why do I find it entirely predictable? Perhaps I have lived here too long.

Peter Mac

» Spain sends help as at least 60 die in Portugal

IT always stuns me when the fire tragedies are finally brought to an end, at the cause of such a devastating event. If it is not deliberate then it is by stupidity, ignorance or carelessness.

I live in the Algarve where at this time of year the bush is like tinder as it is in many places in Portugal and further. I have watched the flickering of candle light across the valley as holiday renters party into the night and one prays that before they stumble off to bed they remember to put out the candles.

It should be a warning on all rental sites that if you are travelling to high fire risk areas to be extra vigilant in your actions or observations.

Rental companies will argue it is up to the property

owners to make this clear but it should be the responsibility of all to drive it home, because you could be the cause of something terrible, and who would want to live with that burden?

Avril Thomas

» Zara billionaire under fire for cancer donation

AT least he makes sure the money goes on good things not on scroungers living off the dole!

Chris Poole

» ITV news visit Benidorm over safety fears

GET a bleedin grip! I lived in Benidorm in my early 20's. (17 years ago). It was always bad. I had been pick pocketed, scammed by people claiming to be police then take everything from your wallet without you even realising... My Grandmother has been going three times a year for 45 years. Thirty years ago my Grandad used to hide his money in his sock because of the thieves in Beni. Guess social media etc makes it more visible. That is all.

Ozz

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Women's wit

“If you obey
all the
rules, you miss
all the fun.”

by
Katherine Hepburn
(American Actress)



Famous quote

“Live as if you were to
die tomorrow. Learn
as if you were to live
forever.”

by Mahatma Gandhi,
(Indian Civil Rights Leader)

World of
English

“The wind was too
strong to wind the sail.”



Music festivals in Spain

TOP 5

AS the curtain call starts for this year's Glastonbury, the summer festival season is also underway in Spain. From reggaeton to rock, the country will play host to a myriad of events this summer, and here we pick five of the best.

1 • Mad Cool Festival

After an impressive debut in 2016, Mad Cool has been nicknamed 'the European version of Coachella.' This year, Mad Cool returns to Madrid from July 6-8, bringing an arsenal of first class rock artists such as Green Day, Kings of Leon and the Foo Fighters. Music lovers haven't been deterred by the hefty €170 price tag, with only 1 per cent of tickets remaining weeks before the event is due to start.

2 • Bilbao BBK Live

Sporting big-name-bands such as Mumford & Sons, Disclosure and Muse, BBK Live advertises three days of non-stop partying for the



Mad Cool Festival 2016.

Photo Credit: @festibalazos

competitive price of €115 over the same weekend as Mad Cool. Nestled on the slopes of the Arriaz Mountains, the festival offers fantastic views, incredible artists and a sunrise that brushes the surrounding peaks.

3 • Azkena Rock Festival

The festival, taking place from June

23- 24 in Vitoria-Gasteiz, boasts an impressive global line-up.

From the American singer-songwriter Chris Isaak to Spanish rhythm and blues band Mambo Jambo, ARF showcases a set that could please even the most finicky festivalgoer. Priced at €98 for a two-day pass, the Azkena Rock festival is hard to pass up.

4 • Vida

Aptly named after the Spanish word for life, Vida showcases musical talent and artists throughout the beaches and forests of Vilanova, in Barcelona.

Taking place from June 29-July 2, Vida brings US indie stalwarts Fleet Foxes alongside a multitude of Spanish pop, rock and indie bands to the intimate festival. Weekend tickets have already sold out, with only one-day-passes remaining.

5 • Arenal Sound

From August 1-6, Valencia presents six whole days of sun-drenched indie, pop, rock and electronic sound.

On the Mediterranean shore, Martin Garrix, Bastille and Jake Bugg will ignite the senses of over 280,000 music enthusiasts and hand over the reins to international and local artists alike.

LOTTERY

UK NATIONAL LOTTERY



Saturday June 17

(1) (11)
(16) (20)
(24) (44)

BONUS BALL

(42)

IRISH LOTTO



Saturday June 17

(9) (14)
(32) (34)
(40) (42)

BONUS BALL

(22)

EURO MILLIONS



Tuesday June 13

Friday June 16

(3) (12)
(22) (27)
(49)

LUCKY STARS

(4) (11)

LA PRIMITIVA



Saturday June 17

(3) (13)
(16) (21)
(28) (43)

REINTEGRO

(24) (2)

EL GORDO DE LA PRIMITIVA



Sunday June 18

(5) (13)
(31) (42)
(52)

REINTEGRO

(5)

YOUR STARS
FOR NEXT 7 DAYSAQUARIUS
(January 21 - February 19)

Keep up the pace this week so that you have plenty to discuss and 'write home about.' With your mind so active, you are capable of doing in a day what would normally take a week. By-pass those who try to slow you down.

There will be plenty of time to be a plod later.

PISCES
(February 20 - March 20)

Others may be changing their minds, and generally being a bit of a pain. That may irritate you but it is no reason to change your plans. Both you and your colleagues will be glad that you did in the longer term. You may need to find some peace and space for yourself come the weekend.

ARIES
(March 21 - April 20)

Looking back over the past few months you will realise that fine adjustments are needed. Both your working life and diet need attention, so be determined that progress made will continue apace. Certainly, you have no qualms about facing any problems straight on.

You thrive on responsibility and there is no shortage of that at the moment.

TAURUS
(April 21 - May 21)

Now that you are feeling much better, it will be tempting to put aside your healthy eating and exercise, but if you remember what a difference it makes it would be silly to stop now. Enlist the help of a friend or two in keeping the momentum going.

GEMINI
(May 22 - June 21)

There are so many things to do or try that you should be spoiled for choice. No, don't settle down in front of the TV. Get out, make some friends and aim to learn something new every day.

That may only be the name of your neighbour on the bus but it counts. You are charming and urbane, so don't keep it all to yourself.

CANCER
(June 22 - July 23)

When your feelings are so positive, which they should be now, it is hard to remember that they have ever been any other way.

You may have a plan in mind for a new activity to get the adrenalin flowing. How much more enjoyable, though, to find someone to share this with you. Book that course and maybe you will meet them there.

LEO
(July 24 - August 23)

After a few recent excesses, bad habits can prove hard to shake off. Remember that any time of the year is a good time to make a fresh start. Don't put off looking after your health any more than you would put off stashing a cheque in the bank. Use it or lose it? You know it makes sense. Think about combining health with a holiday.

VIRGO
(August 24 - September 23)

It happens that energy is sometimes low. Take the chance to read up on why this could be. You may think that you know it all, but in this world there is no chance of that. Maybe you are out of touch generally, or just out of touch with your own needs. Give building your strength priority. How much better you will cope with extra energy.

LIBRA
(September 24 - October 23)

With so much going on, you are in danger of burning yourself to a frazzle. You won't realise until you have done it, so make a point of getting some peace and quiet, preferably both of them at the same time. Relax and don't even think about things that are unchangeable. Time will sort out most things for you.

SCORPIO
(October 24 - November 22)

Leave nothing to chance when it comes to your health. Although you are feeling good now you will soon have problems because you are more concerned with others than yourself. This can be good but can also be overdone. You know how good you can feel. Increase this by simply not accepting second-best treatment.

SAGITARIUS
(November 23 - December 21)

Your tendency to see yourself through the eyes of others can lead you to undervalue your worth. This could see you going pear-shaped, emotionally. Try not to believe everything that you are told because there are always at least two ways of seeing things. Be positive. You are capable of so much. Take care of your needs on a daily basis.

CAPRICORN
(December 22 - January 20)

Concentrate on your physical needs this week and spend much more time on yourself. There will be plenty of opportunities to look after others when you are feeling 100 per cent yourself. Stay in control of day-to-day plans.

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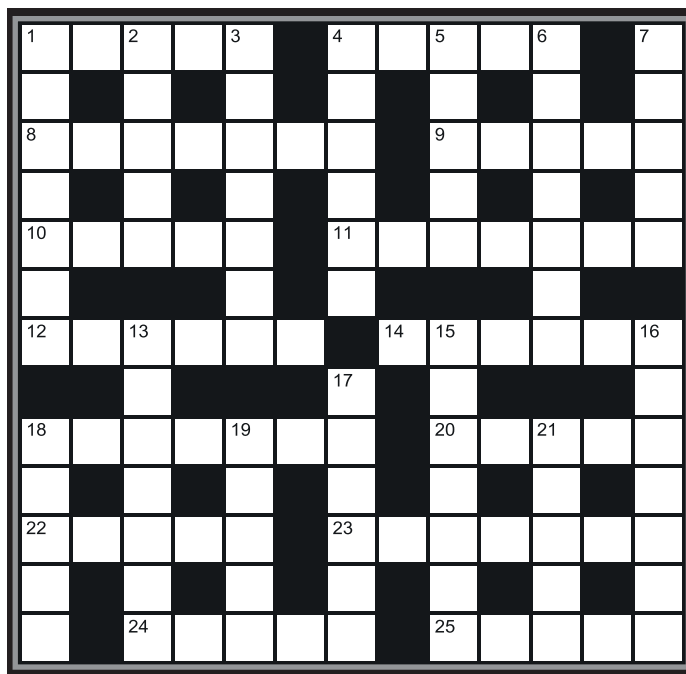
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SPONSORED BY**Cryptic****Across**

- 1 Recurring pattern in accuracy clearly shown (5)
4 Entertains armies (5)
8 Some tennis pros perceptively thrive (7)
9 Learner taking the Great North Road? He's landed up in Scotland (5)
10 Trunk from actor's office (5)
11 Doctor Les adds burdens (7)
12 Spice Girl is after an oddball (6)
14 A sport designed for a clergyman (6)
18 Greek deity suffering in style (7)
20 Badly stain the material? (5)
22 Redesigned River Nile for a big ship (5)
23 Look after Rhode Island legislative leader's ivy feature (7)
24 Cry: "The Queen is tee-total" (5)
25 Quietens Commons' leader with aid for the poor (5)

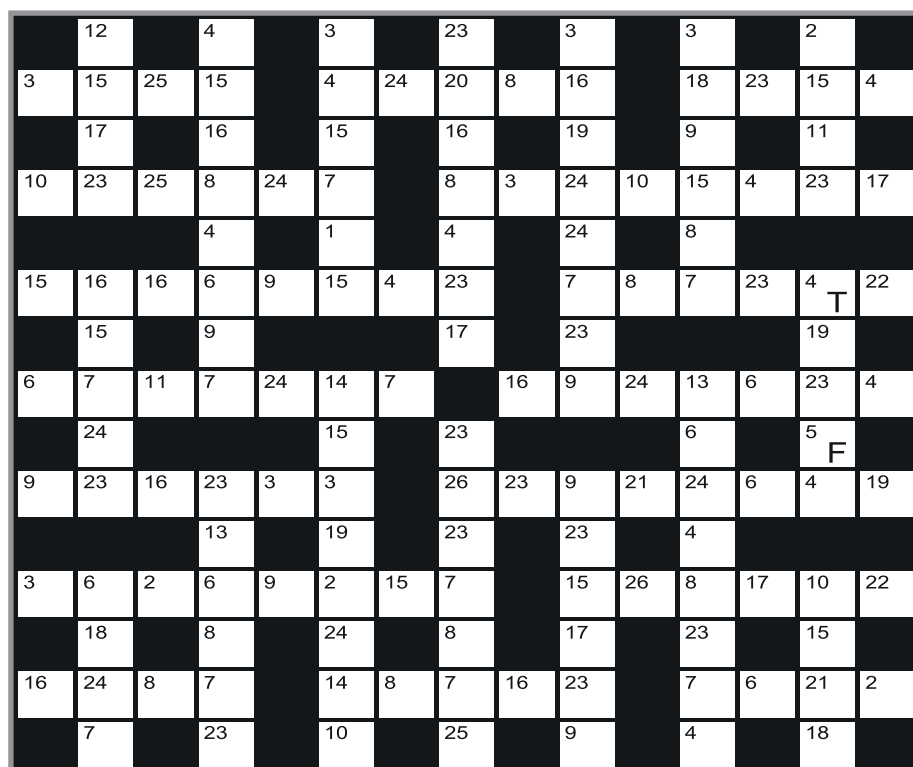
Down

- 1 Windlass disturbed catnaps (7)
2 Sounds like there's plenty of paper for the church group (5)
3 Former partner and PLO, about to look around (7)
4 Stress, as rash is all over (6)
5 Is involved with old firm (5)
6 Let silk ruin frying pan (7)
7 They assist in the formulation



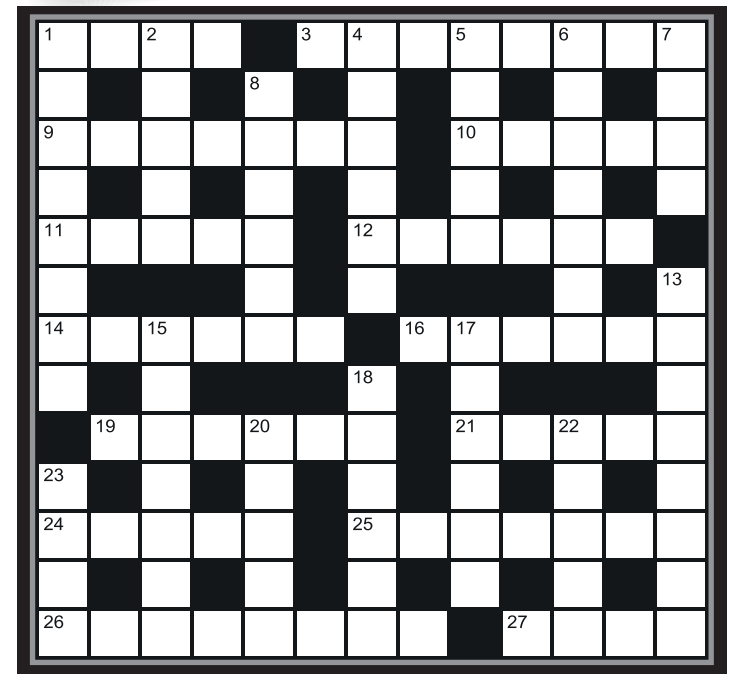
- of ideas (5)
13 A number of workers are paying guests (7)
15 Poison scare in building (7)
16 Joint in centre of Dorset causes annoyance (7)
17 Saint carrying tungsten alloy (6)
18 Beat legume (5)
19 It can be used in chocolate or returned in a taxi (5)
21 Party Rolling Stones held in Austria (5)

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 4 represents T and 5 represents F, so fill in T every time the figure 4 appears and F every time the figure 5 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

Code Breaker

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTION FACING PAGE

Quick**Across**

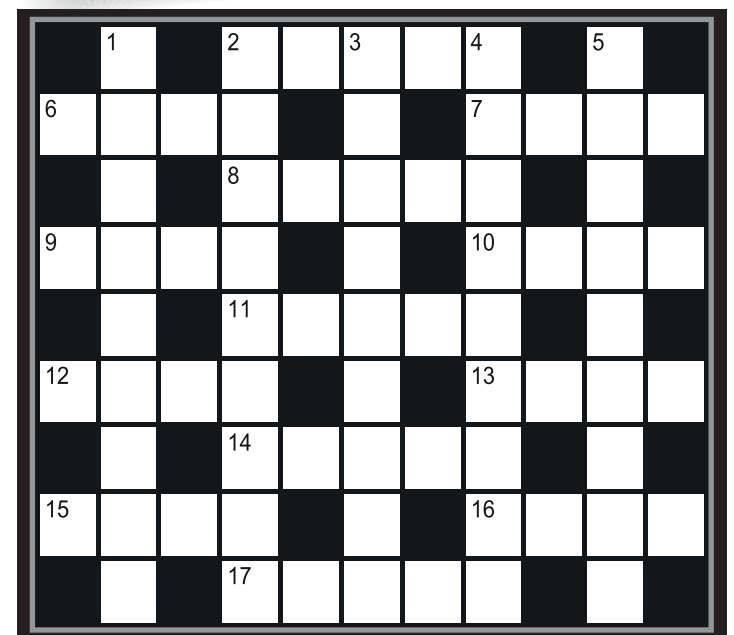
- 1 Move fast (4)
3 Gradual improvement, growth or development (8)
9 Childhood disease (7)
10 Subsequently to (5)
11 Encounters (5)
12 Less difficult (6)
14 Mistakes (6)
16 Film theatre (6)
19 Armed engagement (6)
21 Wait on (5)
24 Similar (5)
25 Argument (7)
26 Herder of sheep (8)
27 Fewer (4)

Down

- 1 Recall (8)
2 Have in common (5)
4 Not tired (6)
5 Seizes suddenly (5)
6 Outermost (7)
7 Certain (4)
8 Nearer (6)
13 Negligent (8)
15 Understand (7)
17 Demand (6)
18 Having or displaying warmth or affection (6)
20 Molars and incisors (5)
22 Established line of travel or access (5)
23 Felines (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.

**Across**

- 2 Spider (5)
6 Sordo (persona) (4)
7 Empate (en partido) (4)
8 Cansado (5)
9 Mordedura (4)
10 Rugido (4)
11 Caballete (de tejado) (5)

Down

- 12 Quemar (4)
13 Semilla (4)
14 Works (musical, theatre, literature) (5)
15 Duck (bird) (4)
16 Age (of person, animal, building) (4)
17 Nidos (5)

Down

- 1 Films (movies) (9)
2 Tarde (9)
3 Bottle openers (9)
4 Direcciones (9)
5 Waitresses (9)

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money transfers

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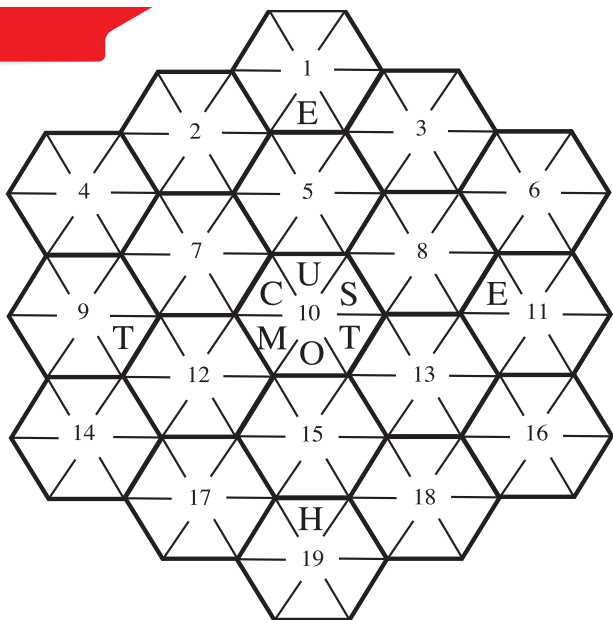
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Hexagram

AMULET
ASTUTE
BEHEST
CUSTOM (10)
DETOUR
ERRANT
FORMER
FRAYED
HEROES
HEROIC
LOAVES
RHYTHM
SEARCH
SHEAVE
SLEUTH
STAYED
TANNED
TURRET
VORTEX



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**.

The word in cell 10 (**CUSTOM**) and one letter in four other cells are given as clues.

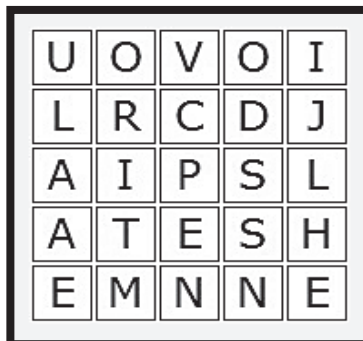
LAST WEEK'S SOLUTION

1 Apogee 2 Gather 3 Redden 4 Diesel
5 Dilate 6 Sortie 7 Shaken 8 Inlaid
9 Thence 10 Klaxon 11 Extant
12 Ascend 13 Larynx 14 Resume
15 Undone 16 Cohort 17 Truant
18 Beyond 19 Stubby.

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

- Average: 19
- Very good: 37
- Good: 26
- Excellent: 48

SCORING:

4 letters: 1 point 7 letters: 5 points
5 letters: 2 points 8 or more letters: 11 points
6 letters: 3 points

LAST WEEK'S SOLUTION

enate enatic erotic etna aeon
aper ante anti antic antis anis
anoa attic atrip cent centrism
crenate crone crow crows ciao
cite cone conte contrite core
corer coin coiner coir cows cotta
cots cosine cost coast coal coals
icon iris astir ants also

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER (in this case L)** and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

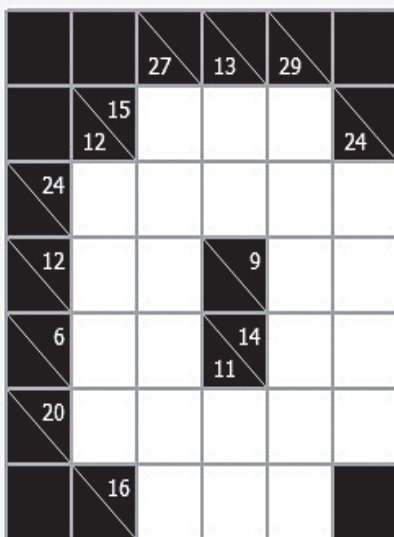
- Average: 10
- Good: 14
- Very good: 20
- Excellent: 26

LAST WEEK'S SOLUTION

amen amir emir main mane mare mean mere mien
mine mire name neem perm pram prim ramp ream rime
aimer ameier amine anime enema miner namer prima
prime ramie rearm remap airmen ampere empire
ermine marine meaner meanie premie primer reamer
remain rename mariner premier REPAIRMEN

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION



LAST WEEK'S SOLUTIONS

ENGLISH-SPANISH

Across:

1 Bien, 3 Apio, 8 Hot, 9 Stretch,
10 Pesadilla, 14 Alcalde, 16 Ash,
17 Sapo, 18 Pegs.

Down:

1 Búho, 2 Entre, 4 Pet, 5 Ocho,
6 Usually, 7 Praises, 11 Leave,
12 Mats, 13 This, 15 Cup.

CODE BREAKER

1	2	3	4	5	6	7	8	9	10	11	12	13
O	H	W	I	S	U	V	R	A	E	F	K	Z
14	15	16	17	18	19	20	21	22	23	24	25	26
G	T	N	P	C	X	D	M	B	J	Q	L	Y

CRYPTIC

Across:

1 Strut, 4 Parcels, 8 Immortalise,
9 Turn tail, 10 Stye, 12 Swells, 13 Chores,
16 Acne, 18 Detailed, 21 Small change,
22 Nascent, 23 Sisal.

Down:

1 Skint, 2 Remorse, 3 Throttle, 4 Placid,
5 Rail, 6 Erect, 7 Sachets, 11 Sheathes,
12 Station, 14 Relents, 15 Merlot,
17 Nests, 19 Dwell, 20 Wage.

QUICK

Across:

1 Skips, 4 Couples, 8 Essentially,
9 Multiple, 10 Glue, 12 Costly, 13 Bought,
16 Navy, 18 Warnings, 21 Distinctive,
22 Glasses, 23 Scent.

Down:

1 Steam, 2 Insults, 3 Sensible, 4 Chilly,
5 Ugly, 6 Loyal, 7 Suggest, 11 Connects,
12 Cunning, 14 Genuine, 15 Varies,
17 Vodka, 19 Spent, 20 Asks.

App of the week



iTranslate Voice 2

iTranslate Voice enables person-to-person conversation using natural language and a smartphone, with no need for tapping text. Just talk into the phone or iPad mic and the app translates. It supports 40 languages perfect for holidaymakers.

Available on the Apple store.



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The Inside
Story**By *Duncan Larcombe*

THIS book, written by Duncan Larcombe is an insightful and entertaining biography about the rebellious royal, Prince Harry, known as a heartthrob and a loveable rogue. It covers Harry's Eton days, his military career and his tempestuous love life.

Despite the scandal that has surrounded him, he has managed to escape it, unscathed. Larcombe remarks on the mysterious gifts and natural charm he possesses, which are reminders of his mother. With his military career completed, he's on the world stage, where everyone is wondering what's next for Harry, in his career and romantic life. This is the inside story of how the cheeky teenager has grown and matured into a respected soldier, charitable fundraiser and national figurehead who still retains his reputation as the most entertaining resident of Buckingham Palace.

books@euroweeklynews.com

Costa Blanca**weather****Malaga**

Today: Max 35, Min 21-S

Fri - 33 23-S
Sat - 33 22-S
Sun - 32 20-CI
Mon - 32 21-S
Tues - 32 21-S
Wed - 31 21-S

Almeria

Today: Max 30, Min 24-S

Fri - 31 24-S
Sat - 31 24-S
Sun - 32 23-S
Mon - 30 23-S
Tues - 30 23-S
Wed - 31 24-S

Alicante

Today: Max 30, Min 23-S

Fri - 31 24-S
Sat - 32 23-S
Sun - 32 23-CI
Mon - 30 23-CI
Tues - 30 22-CI
Wed - 30 22-CI

Barcelona

Today: Max 31, Min 23-S

Fri - 31 23-CI
Sat - 30 22-S
Sun - 30 22-S
Mon - 30 21-S
Tues - 28 21-Th
Wed - 28 21-CI

Benidorm

Today: Max 31, Min 22-S

Fri - 31 23-S
Sat - 31 23-S
Sun - 30 23-CI
Mon - 29 23-CI
Tues - 29 22-Sh
Wed - 29 23-CI

Bilbao

Today: Max 27, Min 18-C

Fri - 24 17-C
Sat - 24 17-C
Sun - 24 17-Th
Mon - 23 16-Sh
Tues - 26 16-Sh
Wed - 25 16-CI

Madrid

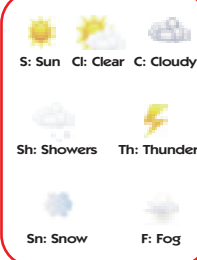
Today: Max 39, Min 22-S

Fri - 39 21-S
Sat - 38 22-S
Sun - 34 18-C
Mon - 32 18-C
Tues - 33 18-S
Wed - 34 19-S

Mallorca

Today: Max 31, Min 21-S

Fri - 32 21-S
Sat - 32 21-S
Sun - 32 21-S
Mon - 31 21-CI
Tues - 30 20-Sh
Wed - 30 21-CI

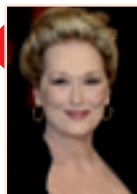


Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

BIRTHDAYS

• **Meryl Streep (68)**
June 22, Movie Actress

A legendary actress who has won academy awards for Best Actress in 'Sophie's Choice' and 'The Iron Lady,' as well as Best Supporting Actress for 'Kramer vs Kramer.' She has received more Academy Award nominations, than any other actor or actress in film history. Her other films



include 'Out of Africa,' and 'The Deer Hunter.'

• **Aaliyah Rose (15)** **June 23, YouTube Star**

A singer who was chosen by Disney to sing a cover of 'Let It Go' from the film Frozen at the 2014 Radio Disney Music Awards. She has a popular YouTube channel where she releases song covers as well. She appeared on season 12 of The Voice in 2017.

• **Solange Knowles (31)** **June 24, R&B Singer**

A singer, model and younger sister of Beyonce released the critically acclaimed album Sol-Angel and the Hadley St Dreams in 2009, which peaked at Number nine on the Billboard 200.

• **Ricky Gervais (56)** **June 25, Comedian**
He became famous in the British TV series, 'The Office' as the lead actor, but also co-wrote and co-directed. He was the host of the Golden Globe

Awards in 2010, 2011 and 2012 and began playing the title character in the TV series 'Derek,' in 2012.

• **Ariana Grande (24)** **June 26, Pop Singer/Actress**

The singer from Florida started out in musical theatre and television before becoming a recording artist. Her third studio, 'Dangerous Woman,' had three songs in Billboards top 10 list at the same time. She has won numerous awards, including the MTV Europe music Award and Grammy Award nominations.

Sudoku**LAST WEEK'S SOLUTION**

6	2	9	1	3	8	7	4	5
3	5	7	4	6	2	1	8	9
1	4	8	9	5	7	3	2	6
4	7	6	5	2	9	8	3	1
8	3	2	6	4	1	5	9	7
5	9	1	8	7	3	2	6	4
7	6	3	2	9	5	4	1	8
2	1	4	7	8	6	9	5	3
9	8	5	3	1	4	6	7	2

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

	9			6	7	5		
		8	4					6
		7		8				4
4				2	8			
							1	
						3		2
2			3					
5				9				
		3	6	4		8		5

Word Ladder**NEXT**

Move from the start word (**NEXT**) to the end word (**TIME**) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

TIME

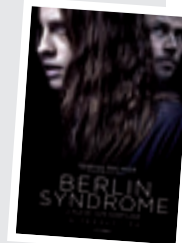
TIME
TINE
TINT
TENT
TEXT
NEXT
Solution

DVD**Berlin Syndrome**

Directed by: Cate Shortland
Starring: Teresa Palmer, Max Riemelt, Matthias Habich and Emma Bading

This film is about a brief romance in Berlin that turns out to be sinister. An Australian photographer, Clare is on her travels when she happens to meet Andi and is invited to his apartment for a night of romance. The following morning, when she wakes, she finds herself locked inside, possibly by mistake.

Later, when he returns home, he seems cold and distant, and she realises that he has no intentions of letting her go. The film portrays a feeling of claustrophobia and Palmer is impressive in her restrained performance. The film creates the kind of tension that keeps viewers on the edge of their seats.

**This week in history**

1541 – Spanish rivals assassinated Franco Pizarro, the Conqueror of the Incas and Governor of Peru, in Lima.

1836 – The former President of the US, James Madison who drafted the Constitution and recorded the Constitutional Convention died.

1876 – Native American forces defeated the US Army troops in a bloody 'Battle of Little Bighorn,' near southern Montana's Little Bighorn River.

1888 – Robert Louis Stephenson and his family travelled to the South Seas, seeking a healthier climate to cure his tuberculosis settling in Samoa.

1902 – German automaker Daimler Motoren Gesellschaft first registers 'Mercedes' as a brand name.

1900 – Lord Louis Mountbatten was born in Windsor, England. He was a British Admiral, second cousin to King George VI and the last British Viceroy of India.

1901 – Picasso had his first major exhibition of artwork in Paris' Rue Lafitte, a street of prestigious galleries.

1910 – Congress passed the 'Mann Act,' also known as 'White Slave Traffic,' which was aimed at keeping innocent girls from prostitution.

1914 – Archduke Ferdinand of Austria and his wife were shot to death by a Bosnian Serb nationalist during an official visit to the Bosnian capital, Sarajevo.

1915 – One of the earliest and best fighter pilots of World War I made his first operational flight of the Fokker Eindecker plane.

1940 – Germans set up a two-way radio communication in their French territory and employed a coding machine, the 'enigma,' to transmit information.

Advertising feature

Medcare well man check; helping men live longer!

THIS week is Men's Health Week, and British GP Practice, Medcare, is marking this with a campaign to raise awareness of men's health issues.

Men are notoriously bad at going to the doctor for routine checks, or even when they feel ill and because of this, they are even more likely than women to ignore the early signs of disease. But this can cost lives, so Medcare wants to encourage as many men as possible to come forward for a half price health check.

Men should book in for their health check, particularly if you have concerns about any of the following including a testicular lump; altered urine habits/blood in urine; family history of heart problems;

mental health issues or blood in stool. Included in the half-price health check, for just €195 is screening for bowel and prostate cancer; comprehensive blood tests; screening for diabetes; screening for liver and kidney disease; screening for anaemia and infection; cholesterol and blood pressure checks; screening for thyroid problems; ECG to check the rhythm of your heart; BMI test to check your body mass index and advice on diet if required and a skin cancer mole check.

Also included is a free dental examination and osteopath body alignment check.

Health checks can spot early symptoms and really make a difference. Patient Terry Mitchell noticed blood in his urine and ig-

nored it. After it happened a few times, he became anxious, spoke to his wife who persuaded him to make an appointment to see Dr Hussain at Medcare who referred Terry straight away to an oncologist at a private hospital. After an ultrasound and biopsy, Terry was diagnosed with prostate cancer. At 58, Terry was quite young to get the disease but he later found out that his father had suffered the same type of cancer as had one of his brothers.

Terry had his prostate removed before the cancer had spread and is now living proof of the importance of consulting your doctor at the first sign that something could be wrong.

Medcare's team of doctors, nurses and

clinicians are committed to providing a total healthcare service in English for the whole family in English, based on UK Department of Health guidelines.

It is an often-used expression, but Medcare believes that prevention really is better than cure. Medcare's surgeries in Benijofar and Alfaz del Pi will be offering potentially life-saving checks for men and will be promoting their free Men's Health Guide.

To book your special Medcare screening test, call Medcare on 966 860 258, email doctors@medcarespain.com or visit the website www.medcarespain.com to receive your free Medcare Guide to Men's Health.

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A mother's love



MOTHERS: Will protect their children.

FIGHT or flight? When it comes to a mother's love, it's almost certainly fight.

Scientists say they have conducted a series of experiments that shows a mother's defensive behaviour to protect their child and this is caused by the release of oxytocin, or the so-called 'love hormone.' On a study of rats they found that when in the face of danger, rather than fleeing, there was a release of oxytocin as the defensive mechanism to protect her

pups came into force. When researchers blocked the oxytocin they found that mothers immediately froze when they detected threat.

It is believed this action would be similar in humans with this oxytocin release causing a mother to fight to protect her child, giving a true idea of a mother's love.



Get active to boost your mood

EXERCISE has always been cited for boosting your mood and reducing stress levels, but the good news is it's never too late to start as researchers claim just one workout can show immediate positive effects.

A new study carried out at New York's Centre for Neural Science, claims just one workout that leaves you sweating is enough to boost your moods when previous studies claimed it had to be continual, regular exercise to have similar results.

The researchers looked at how exercise impacts the brain and found after one workout it can have neurological changes and be seen as a stepping stone for greater benefits.

Working out releases a feeling of euphoria and triggers the brain's cannabinoid receptors.

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Melanomas



| SPECIALIST: Doctor Luis Perez Belmonte.

What is melanoma?

Melanoma is usually, but not always, a cancer of the skin. It begins in melanocytes - the cells that produce the pigment melanin that colours the skin, hair and eyes. Melanocytes also form moles, where melanoma often develops.

How can you spot it and what are its symptoms?

The most common sign of melanoma is the appearance of a new mole or a change in an existing mole. This can occur anywhere on the body, but the most commonly affected areas are the back in men and the legs in women. Melanomas are uncommon in areas which are protected from sun exposure, such as the buttocks and the scalp.

In most cases, melanomas have an irregular shape and are more than one colour. The mole may also be larger than normal and can sometimes be itchy or bleed. Look out for a mole which changes progressively in shape, size and colour. See your GP if you notice any of these changes.

What causes melanoma?

Melanoma is caused by skin cells that begin to develop abnormally. Exposure to ultraviolet (UV) light from the sun is the cause of most melanomas. There is also evidence to suggest that some may result from sunbed exposure. The type of sun exposure that causes melanoma is sudden intense exposure.

Such as when a person is sunbathing on holiday, which can lead to sunburn.

How can it be treated?

The main treatment for melanoma is surgery, although your treatment will depend on your circumstances.

If melanoma isn't diagnosed until an advanced stage, treatment is mainly used to slow the spread of the cancer and reduce symptoms. This usually involves medicines that target specific genetic changes in the melanoma, such as BRAF inhibitors, or medicines that boost the body's immune responses to the melanoma.

Who are the most at risk of suffering from melanoma?

Certain things can increase your chances of developing melanoma, such as having lots of moles or freckles, pale skin, red or blonde hair and having a close family member who's had melanoma. More than a quarter of skin cancer cases are diagnosed in people under 50, which is earlier than most other types of cancer.

How can you prevent it?

Melanoma isn't always preventable, but you can reduce your chances of developing it by avoiding getting sunburned (even going pink in the sun). Always use adequate sun protection products while outdoors and dress sensibly while in the sun.

If you have any questions for Dr Perez Belmonte, please send them to:
jefemedico@helicopterossanitarios.com

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Top tips for an even glow

EVERYONE loves that healthy summer glow but for a truly healthy look you need to fake it!

Forget lazing in the sun for hours on end and all the associated health risks involved. There are literally hundreds of fake tan and self-tanning creams, lotions and sprays available to give the natural bronzed look you are looking for. However, whether it's a deep tan or lighter colour you want, there are some top tips to follow to ensure an even look:

Exfoliate. Ideally up to seven hours before you want to apply self-tan. This will help remove dead skin cells and help prevent uneven, blotchy patches with the product. When doing your legs, shave or wax at least 24 hours before.

Apply the product after showering. Ensure the skin is completely dry and moisturise beforehand, particularly on dry spots such as knees and elbows to help

with an overall even result.

Wear gloves. Protect your hands from the product. Nothing gives the game away that you are faking it like brown stained palms.

Wait to get dressed. To prevent the self tan staining your clothes or smudging, wait at least 15 minutes after applying before getting dressed.

Get help. Enlist the help of someone to apply tan to the back and to those hard to reach areas for an even glow.

Stay protected. Despite the healthy glow, you must still protect your skin from the sun and wear adequate UVA and UVB protection.

FAKE TAN: For a truly healthy look.



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Shoulder problems

In practice, I notice that many people needlessly are suffering from shoulder pain. Often a diagnosis has been given as "Frozen Shoulder", "calcification" or "bursitis" and people often think that nothing can be done. Often this is NOT the case.

Shoulder problems are almost always caused by impingement of a structure in the shoulder itself between the shoulder head and roof (acromion). This could be a tendon or bursa. This is because in the shoulder mechanism there is little room for deviations because of lack of space. The cause of an impingement may be multiple minor trauma, such as a tennis player who overloads his shoulder. The most common cause is a movement disorder in the shoulder girdle.

The shoulder girdle consists of a number of bones and joints around the shoulder joint. These joints all work together to move the shoulder smoothly and to give it maximum range of movement. If one link of the chain in this motion is not moving properly, there will be interference with the movement pattern in the shoulder joint itself and impingement can occur.



Thus, a blockage in the neck or the first and second rib can cause serious complaints in the shoulder. Treatment of the shoulder itself gives no result because the cause is situated in a different area. There will certainly be an inflamed tendon or a bursitis because of the impingement, but only by removing the cause this problem can be resolved.

Most people complain about not being able to lift the arm or putting the hand on their back, not being able to fix the bra or cannot comb their hair. Often the pain in the shoulder radiates to the arm or gives pins and needles in the hand. If people have longstanding blocks in the shoulder girdle it is possible it show in the whole body posture due to compensation. This

could start off back pain, pain between the shoulder blades and radiation to the hands.

By examining the entire movement chain, really from top to toe, the cause of these complaints are found and can be treated. Only examination on the shoulder itself or an X-ray picture is not enough to find the real cause of shoulder problems.

Our clinic is specialised in diagnosing and treating shoulder complaints and has years in the sport medicine related to shoulder problems. Through extensive functional examination, we will almost always find the cause of the complaints and action can be initiated to get you better.

For more information or an appointment please contact our clinic in Calpe or Altea.

Tel: 965 875 917 (Calpe)

Tel: 965 841 950 (Altea)

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Jason Gast (Doctor in Chiropractic)

Become a graduate for a healthier heart

WANT a healthy heart? Then get educated.

A study that has spanned some 30 years has concluded that those who went to university had a lower risk of heart disease.

Scientists tracked nearly 14,000 white and African-American patients in the USA from 1987 and found there was a clear correlation between education levels and heart disease with university graduates having lower incidence of heart disease.

The study reported that female

graduates had a 28 per cent lifetime risk of cardiovascular disease (CVD) compared to almost 51 per cent who did not go on to further education. In men, the difference was not quite as dramatic with the CVD risk at 42 per cent for those who went to uni and 59 per cent for those who didn't.

Medical experts also say they believe that better educated people are more likely to choose healthier lifestyles and have better socio-economic factors.

THE EDUCATED:
Choose healthier lifestyles.



ENGLISH BREAKFAST: Can mean many calories to start the day.

How to limit your holiday indulgence

CHECKING in to an all-inclusive hotel this summer? Worried about the diet? Perhaps rightly so with the temptation to overindulge right in front of your eyes.

The last thing you want to do is calorie-count on holiday, but if you are not careful, you can soon be eating thousands of calories more a day. But there is help as now, healthy food experts have revealed some of the very worst meals you can choose from the buffet cart.

Health food retailer MuscleFood.com has listed the most calorific choices you can make and if consumed, can put your calories intake at over 5,000 a day. A woman's daily recommended intake is 2,000 calories and 2,500 for men.

So naturally first off is the full English breakfast. Depending on how many sausages and rashers of bacon you opt for, you are topping 800 calories straight away, add a croissant for later and that's over 200 calories.

A BLT with fries at lunch doesn't sound as if it would be too calorific but it can contain as many as 700 calories, so it's best to only indulge in one occasionally. Regular snacks that come with an all-inclusive package on holiday such as cakes and ice creams, as well as glasses of sangria, cocktails and beers, can also take you to well over your daily calorie allowance, before you've even sat down for your main evening meal.

So what can you do? Try swapping chips for more from the salad bar and don't be tempted to visit the buffet twice. Many want to make the most of the all-inclusive status, but you wouldn't have three main meals at home, so try and limit the lunch time indulgence.

But you're on holiday, if you want to overindulge then try and do a few extra laps of the pool, go for a long walk along the beach, or accept you're going to have to work harder when you get home.



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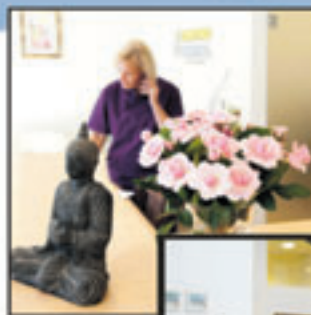
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ABUSE: Not just a national issue.

Red Cross launch project to tackle elderly abuse

THE Red Cross Community of Madrid has launched a new humanitarian project aimed at preventing elderly abuse and social problems suffered by the older society.

Titled 'Good Treatment of the Elderly: Promotion of appropriate treatment and protection against abuse,' the project aims to promote a

positive framework for coexistence with older people as well as prevent, protect and support those who have suffered from, or could suffer from, any type of ill-treatment.

The Red Cross is carrying out support, training and awareness-raising activities, networking and coordinating with other social organisations and the authorities.

Since the start of the year the Red Cross in Madrid has already contacted 1,135 people over 65, vulnerable to abuse, through a telephone

campaign offering them safety and prevention advice. The next steps of the initiative will focus on sensitisation and information sessions given by the Spanish Red Cross, National Police and Guardia Civil to address all content related to the issue of violence against the elderly.

The Red Cross said the implementation of the project has been possible thanks to the collaboration agreement established with the Secretary of State for Security.

Every year, the Spanish Red Cross serves more than 15,000 elderly people throughout the Madrid region, offering them help, support and advice against loneliness and healthy living.

Elderly abuse is not just a national issue. It is a social problem that affects the health and human rights of millions of older people around the world. According to the UN, the global population of people aged 60 and over will more than double, from 542 million in 1995 to around 1.2 billion in 2025. It is estimated that between 4 to 6 per cent of older people from all over the world have suffered some form of abuse and mistreatment.

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Advertising feature

The perfect venue for summer fun

SET in a 17th century traditional Spanish finca, surrounded by two acres of land and tropical gardens, The Bull & Bear offers a venue like none other.

Now under new ownership, Benitachell's premier bar and restaurant offers something for everyone as its themed nights within the restaurant and bar are already proving a popular choice for locals and holidaymakers alike of all nationalities. The restaurant has been expanded and now seats a comfortable 64 people and from here their exciting and varied menu and weekly specials are served.

The week starts with Wednesday's Steak Night with two ribeye steak meals and a bottle of wine served for €20. This summer offer starts June 28.

Thursdays see an authentic curry buffet served costing €9.99 including wine and a takeaway service is available. 'Fish and chip shop night' is every Friday served from the pub to eat in or takeaway with all the welcoming homely dishes you would expect and want to find on the menu at your favourite fish and chip shop back in the UK including north Atlantic cod served in a beer batter. Everything is freshly produced on the premises and special diets are catered for.

Saturday June 24 also sees the launch of their summer BBQ season, with a tempting menu on

offer and changing weekly, but one which goes above and beyond the usual burger and sausages. Karaoke is on this Saturday from 7pm and there will be regular music events throughout the summer.

For those looking for a traditional roast, a carvery with three courses is available every Sunday with a choice of roast meats, fresh seasonal vegetables and real gravy. Also new to launch for the summer is the 'Chillout Buffet Breakfast' from 10.30am-12.30pm every Sunday morning from June 25. With pink grapefruit and Bucks Fizz as well as an extensive English breakfast buffet, it is the perfect way to recover from a heavy Saturday night or to simply relax on a lazy Sunday morning.

It is served in the restaurant but can be enjoyed on one of the terraces.

The restaurant has been increasingly used as a private function to host events and charity evenings, something which will continue and which is welcomed by new owner Steve who is keen to enhance the potential of The Bull & Bear as a community venue. With over 30 years of experience in the catering and hospitality industry in the UK, he is also looking at hosting private events within the gardens and finca area, with everything from children's parties to

large weddings, now a possibility. For those looking for the ultimate Bull & Bear experience and to extend their visit, there are five individual boutique style en-suite rooms available to let with a complimentary breakfast included. Bookings can be made directly or through Expedia or Booking.com where more information and photos can be seen.

For updated news on forthcoming events, menus and special offers, follow 'BullnBear-Benitachell' on Facebook.

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Photo credit: Callosa town hall

CALLOSA STREETS: Something different to look at.

Art on the streets

BALCONIES in Callosa's Old Town will be adorned with 70 pictures by Fine Arts students until July 1.

All are studying at the Miguel Hernandez University campus in Altea and members of the public can vote for the

picture they like most at the Casa de Cultura. There is a €300 cash for the winner, €200 for the runner up and €100 for third place.

For the first time, the Callosa Art Week (SAC) has included 14 pictures by pupils at the lo-

cal Bernat de Sarria Infants and Primary school.

The inauguration of this third edition of the Callosa Art Week (SAC) has also coincided with an Art and Ceramics exhibition of work by 50 pupils from the Municipal School of Art.

Explaining the reasons why

A DOCUMENTARY featuring Altea premieres on Friday, June 30 at the Centro Social.

It is part of a series on the Costa Blanca made by the well-known Danish filmmaker and composer, Torben Thøger. The 35-minute documentary seeks to discover why so many people choose Altea as a place to visit and live, interviewing 20 business-owners and asking them for their opinions. The documentary, which includes anecdotes and information about the area from Altea's mayor, will air on international and local

television channels and reach hundreds of thousands of viewers via online channels.

The public are invited to come and watch the documentary, enjoy sushi prepared by Kitsume-Restaurante Japones and a glass of wine with the filmmakers and participants in the documentary.

Friday June 30 at 8.30pm
Centro Social de Altea, Calle Marina Baixa 2
Free entrance
Register by email: premiere@upnowcostablanca.com.

Crafty beach strategy

A CRAFT market is being held at Villajoyosa's Playa Centro until mid-September.

The craftspeople participating in the Mercereart initiative now set up their stalls each evening at 8.30pm, also organising workshops and entertainments for all the family.

"Everything on sale is 100 per cent handcrafted, as we wish to promote traditional methods," said Beaches and Tourism councillor Marta Selles.

Additional activities commence on July 4, the first of which is planned as a surprise.



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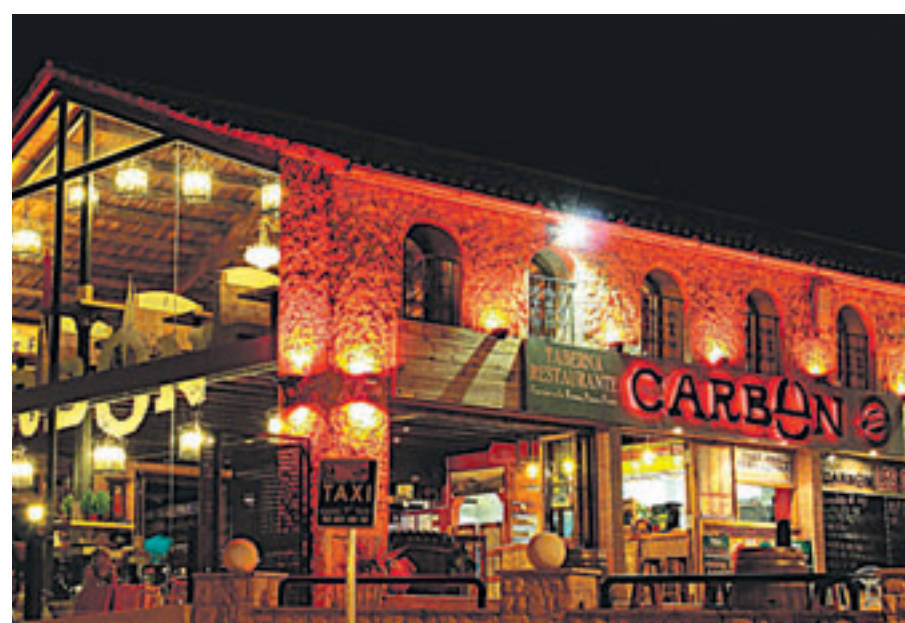
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San Juan is tuna tart time

AS Alicante Province prepares for the Hogueras bonfires, bakeries are once again selling the traditional fiestas snack, coca amb tonyina.

Even supermarkets get in on the act and one chain will sell the tuna tarts at their branches in Alicante City and the L'Alacanti towns that celebrate the San Juan fiestas on June 24.

Unlike other cocas that are eaten year-round throughout the Valencia region, these are filled with only tuna, fried onions, pine kernels and optional paprika.

The equally traditional dessert that generally follows coca are the black figs, brevas de San Juan that ripen before the end of June.

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Next To JAVEA SPORTS PAVILION in the port area

You've tried the cowboys

NOW TRY THE INDIANS. This slogan was made 'famous' by my old restaurateur friend Singh at his popular eatery in Calahonda, Mijas Costa more than 25 years ago. We met for dinner in his restaurant last week for a catch up. When I think back to my early years in the UK, immigration was - and still is - looked upon with reservation. Pakistani corner shops, Indian restaurants not to mention nurses from Africa and the Caribbean! Add to that, the melting pot increases, with those from Poland, Czechoslovakia and more.

What drives people to leave their country,

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GOOD FRIENDS
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travel afar and make a go of it? I forget that despite the fact that at times this part of the world reminds me at times as some sort of 'Little England,' we are ALL immigrants.

Singh's work paid off, like many of his ilk, by hard work and risk taking. He has two smart young children going into hotel

management who will surely take his work ethic with them. His business has expanded over the years opening a variety of restaurants but he has now made the leap to Malaga. We know that Malaga has boomed and is now not only a beautiful, historical city, but a hub of business.

Nowhere more pronounced than the Muelle Uno on the Port. This area has become the place to go both as a business and as a visitor. Singh's Buddha Brasserie, serving Indian and Thai food is destined to be part of that success. I am going there with him next week, so I can report back!

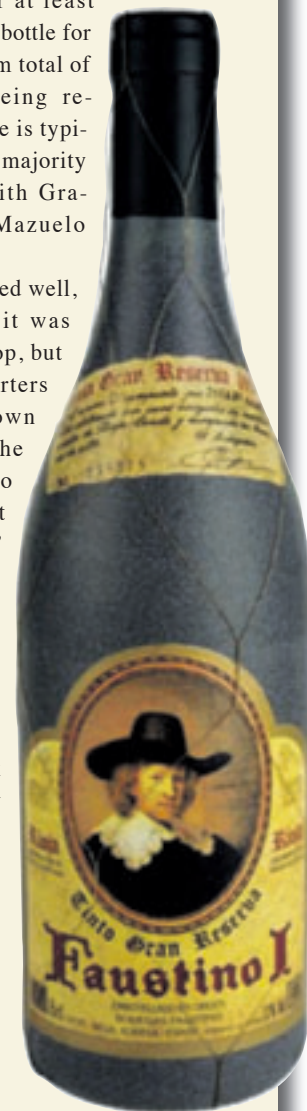
“ When you travel, remember that a foreign country is not designed to make you comfortable. It is designed to make its own people comfortable.
Clifton Fadiman

MY WINE CORNER THIS WEEK focuses on a bottle of Faustino 1992 Gran Reserva from my own depleting collection. I keep saying the usual "I'll keep that for a special occasion" but as one - like good wine - improves with age, you realise that every day is a special day. So, dust off the cobwebs I did (and that's just in my hallway!) to see how this wine has fared over the last few years. I am not a great lover of Faustino it has to be said - just too predictable and somewhat boring!

But you have to appreciate some of their vintages. Gran Reserva means that it should be in barrel for at least two years and in bottle for three (a minimum total of five) before being released. This wine is typically Rioja with majority Tempranillo with Graciano and Mazuelo grapes.

The cork opened well, in as much as it was still dry at the top, but broke three quarters of the way down (maybe more the person who opened it!). It was very 'tawny' as to be expected, but still had a lot of quality. Smooth, still hints of berries and sufficient tannin. It drank well with my mature cheddar!

FAUSTINO 92:
Drank well
with my
cheddar!



ON THAT NOTE I will bid farewell until next week and should aspiring restaurateurs need some help or advice, please do contact me. A toast to Good Food, Good Wine and Good Friends.

Anyone out there for tennis?

AS WIMBLEDON FAST APPROACHES, Britain will bask in sunshine (sic) and the obligatory rain showers, as the world's favourite tennis tournament starts next month. They will indulge in that favourite summer pastime of consuming strawberries and cream.

I like strawberries and tend to have them as part of my fruit breakfast. So for most of the year my local supermarket has them. I know we export tonnes to the UK, so you may feel my annoyance that when the summer comes here we run out, and they disappear from the shelves. One can buy from wholesalers but they are usually quite expensive and come from Holland and the UK but we don't seem to import sufficient so as they can brighten our supermarket aisles during the important summer season. Oh well, back in September!



STRAWBERRIES: In summer they run out.

Numbers in the news

Half a million visitors will drink 350,000 cups of tea, 250,000 Pimms, 100,000 pints of beer and more than 28,000 bottles of champagne during the Wimbledon Tennis Championships scheduled in London from July 3 - 16. They will also consume 28,000 kgs of strawberries.

Unthinkable to do nothing

THE FIRE TRAGEDY THAT AFFECTED LONDON seems to have affected people all over the UK and further afield. Once again the resilience and strength of the people and their communities astounds me.

The incongruousness of the tower blocks of North Kensington aside the residents in the more affluent South Kensington. Neighbours such as Prince William and music mogul Simon Cowell visited the disaster area prompting Cowell, who 'was moved to tears' when he saw the carnage, stating that 'a person in my position to do nothing would be unthinkable,' to contact other music bosses to release a charity single in aid of the victims.

The hospitality industry was once again offering its help along with hundreds of others. Representatives of restaurants such as Chantelle Nicholson, Fred Sirieix, Galvin At Windows and Marcus Wareing Restaurants pledged support and goods to the cause.

Chef Adam Simmonds hosted a 'pay-what-you-like' fundraising dinner at his pop-up restaurant the Test Kitchen in London Soho on Saturday June 17 in aid of the 'go fund' charity.

Every penny received will go to the victims of the fire.

But the last word has to come from a tweet by Jamie Oliver.



'To any of the 100's of families affected by this terrible fire at Grenfell Tower Notting Hill today, You are all welcome to come hang out in my restaurant and

be fed and watered by my Jamie's Italian team. We are in the Westfield just around the corner. Food and drink free of charge so just go and speak to my manager Juan and we will sort you out and give you some love... this is for the victims of the fire - our thoughts, love and prayers are with you all, big love Jamie x x x x

THANKS FOR ALL THE COMMENTS I RECEIVED regarding my article on Sherry in last week's edition. Special thanks go to Paula Maclean to whom I sent my copy for her professional comment - that she kindly gave me. If you dear reader are one of those that enjoy their glass of Sherry then I can recommend Paula's highly informative and enjoyable blog. (<http://jerez-xeres-sherry.blogspot.com.es/>)

Garry Waite is a foodie and restaurateur as well as an Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynnews.com

In with the new

HOUSE prices are expected to rise between 4 and 6 per cent by the end of the year according to the Spanish Residential Report 2017 from real estate consultants CBRE. The experts also anticipate that between 120,000 and 140,000 new properties will be built annually until 2020.

Once the urgent demand for new homes is met, the analysts expect the long term dominance of second-hand housing to decline.

New developments with 21st century furnishings in plush neighbourhoods will be highly sought after, with new home prices expected to leap by 8 per cent in the coming years.

Construction permits shot up by 29 per cent last year. Even if that increase is replicated in 2017, it will barely reach sharply growing demand, especially in Madrid and on the popular Mediterranean coastlines.

Until the market's appetite is met, prices will continue to rise, before evening out once supply and demand hit a sustainable sweet spot.

Spain's desire for newly built properties is also offering developers a chance to integrate new emerging technologies with the strengthened property mar-



NEW HOMES: In demand.

ket. Many of the new homes will come with advanced energy systems designed to

better warm homes in winter and cool them in summer.

Luxury districts rise up

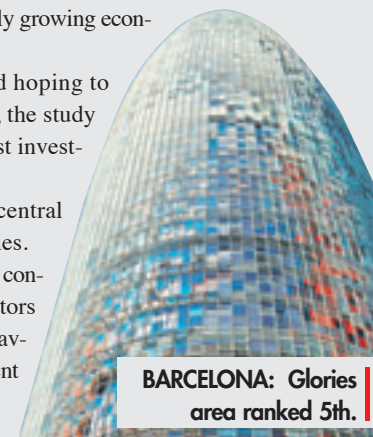
TWO of Europe's most profitable neighbourhoods for real estate investors are in Spain. Madrid's Mendez Alvaro and Barcelona's Glories rank second and fifth respectively on the chart of 22 lucrative districts drawn up by the JLL consultancy.

Their study analysed profit growth from properties owned in dozens of Europe's top downtown areas. Office investment is the chief driver of profits for those in the urban real estate game. Madrid and Barcelona's inclusion is thus reflective of Spain's quickly growing economy and international confidence in its prime properties.

Aimed at real estate investors from across the world hoping to diversify their portfolios quickly, safely and effectively, the study suggested the Solna district in Stockholm offered the best investment prospects.

Second was Mendez Alvaro in Madrid, followed by central Stuttgart, Hauptbahnhof in Berlin, and Barcelona's Glories.

Mendez Alvaro was singled out for praise due to its close connections to the M-30 and extreme competitiveness. Investors averaged a profit of €192 per square metre last year, while average rents rose by 11.3 per cent compared to just 6.4 per cent across the capital.



BARCELONA: Glories area ranked 5th.



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vides huge benefits and economic savings in the long run.

A well-maintained air conditioning unit will last longer, deliver better quality air and avoid costly electricity bills. If they are not

maintained correctly the internal units build up mould and dirt which affects the air you breathe and means the machine has to work harder, affecting its lifespan.” Machines should be serviced every one to two years,

after which they will be as good as new.

Contrary to popular belief, air conditioning units do not take their air from the exterior of the house but instead from the top of the inside unit, blowing it out again at the bottom. This means the same air is circulated through the house.

Even where there's no damp in the house, the unit creates condensation when cooling, which can create a perfect breeding environment for bacteria. Regular servicing is vital to avoid this problem in your home. Servicing also prolongs the lifespan of your unit and helps cut down on electricity bills.

Cool Solutions is based in Moraira and also sells all types of well-known air conditioning units such as Mitsubishi, Daikin and Panasonic.

Werner speaks five languages including English, Spanish, German and Dutch, so for quality and professional advice and service contact Cool Solutions now.

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Low maintenance and hardy succulents

GRAEME TYRRELL

IF you love having a garden but have little free time to tend a conventional garden there is a solution.

A garden that, if you forget to water at times, will not have shrivelled up to a stick with dried leaves on it, is a great bonus for a busy person.

If the plants can spring back to life after neglect and produce spectacularly larger than average flowers for the size of the plants it can be amazing.

The plants themselves offer a range of colours that can be contrasted and blended to great effect in containers or the garden. Maybe it sounds too good to be true.

It is possible with the naturally occurring desert and arid zone succulents. These amazing succulent plants have the ability to store water in their leaves, stems and/or roots. They also have an uncanny ability to draw moisture from morning dew and mist.

Succulents differ, in many classifications, from cactus in that they do not have spines or prickles, which makes gardening with them easier.

A most popular succulent in Spain is the Jade Plant (*Crassula ovata*) which you will often find growing in containers to grand dimensions in historic courtyards all around Spain. Other traditional Spanish favourites include Kaffir Lily - *Clivia Miniata* and Housetree Leek - *Aeonium Arboreum*. These all make great outdoor containers plants or contrasting additions to the garden.

There is also a huge range of smaller or more compact succulents that be combined in containers to form a mini landscape. This includes the Paddle plant - *Kalanchoe thyrsiflora*, various *Sedum* species (such as Stone Crop, Burros Tail, Propeller

Plant), *Sempervivum* species (such as Cobweb and Red Houseleeks), *Portulacaria* species (such as Moss Ross, Purslane), *Delosperma* (Ice Plants) and many more.

“ These plants store water in their leaves.

They are a great way to have an indoor or balcony garden display.

That they store water means they have to be given water regularly to build up their reserves, but they will tolerate long periods with-

out water if it is not too often as they need to become replenished. It is best to water them once the soil starts to dry out so as not to overwater.

The soil mix they grow in should not be too nutrient rich so a well composted soil mixture for pots or lightly improved garden soil for outdoors is sufficient.

If your water quality is tending towards hard water or very alkaline you will need to repot the plant every year or so to reduce the mineral build up. A way to prevent this build up is to use rain water to water your succulents.

Succulents need good light but not always direct sunlight so they can do well indoors close to a window or other light source.



EASY TO GROW: Miniature succulents in pots.

Most succulents are very easy to grow by division and cuttings usually take readily if given a moist environment until strong roots form.

There is a huge range of succulents available if you want to have an interesting addition to your garden that is low maintenance and hardy.



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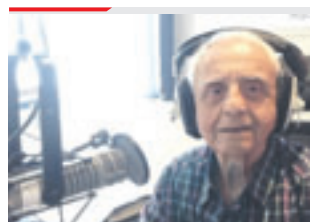


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DOGS have always been credited with the power of sensing supernatural influences, as well as being able to see ghosts, spirits, faeries or deities which are invisible to human eyes.

The legend of the black dog and others

In Wales only dogs could see the death-bringing hounds of Annwn; in ancient Greece the dogs were aware when Hecate was at a crossroads foretelling a death. Dogs are believed to be aware of the presence of ghosts, and their barking, whimpering or howling is said to be the first warning of supernatural occurrences.

In England, there are many instances of black dog ghosts which are said to haunt lanes, bridges, crossroads, footpaths and gates, particularly in Suffolk, Norfolk and the Isle of Man. Some black dogs are said to be unquiet ghosts of wicked

souls, but others are friendly guides and protectors to travellers. The Barguest of northern England could also appear as a pig or a goat, but was most commonly a huge black dog with large eyes and feet which left no prints.

Tales of packs of ghostly hounds have also been recorded all over Britain, often said to be heard howling as they pass by on stormy nights rather than actually seen. These hounds generally foretell death, (or at least disaster) if they are seen then the proper action is to drop face-down onto the ground to avoid spotting them.



HAUNTING black dog ghosts.

When a dog howls in an otherwise silent night, it is said to be an omen of death or at least of misfortune. A howling dog outside the house of a sick per-

son was once thought to be an omen that they would die, especially if the dog was driven away and returned to howl again. A dog which gives a sin-

gle howl, or three howls, and then falls silent is said to be marking a death that has just occurred nearby.

In Scotland, a strange dog coming to the house is said to mean a new friendship; in England, to meet a spotted or black and white dog on your way to a business appointment is considered lucky. Additionally, three white dogs seen together are considered lucky in some areas; black dogs however are generally considered unlucky, especially if they cross a traveller's path or follow someone and refuse to be driven away.

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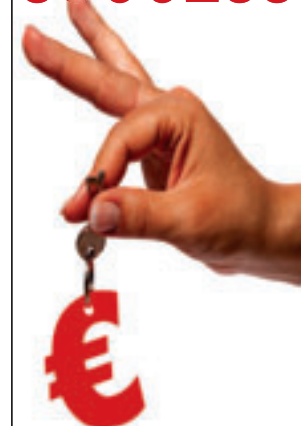
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**Clarkson
Quote of the Week**



What's your carbon footprint like? Clarkson: "We don't have a carbon footprint, we drive everywhere."

Some might say...



Motoring shorts

Feline power

JAGUAR is making waves with its latest foray into the competitive estate car market. Its muscular XF Sportbrake is based on the Saloon but is much larger and ideal for family buyers.

It might look sporty but it is deceptively powerful. The Sportbrake can tow up to 2,000kg and comes with a variety of engine choices, ranging from a 161HP 2.0 litre diesel to a vastly more powerful 3.0 litre V6 providing 296HP.

The V6 can reportedly reach 100kmph from a dead start in 6.6 seconds. Interior space is very generous, extending to 1,700 litres with all the seats down.

There is an enormous panoramic sunroof which can be opened and closed by hand gestures using state-of-the-art sensors. Prices start at around €40,000.

Crash and burn... and live

RICHARD HAMMOND is pleased with his new 'Swiss Army knee' and has vowed to return to the motoring frontlines after a catastrophic crash that had Jeremy Clarkson worried his wingman was dead.

Grand Tour star Hammond underwent surgery after his electric Rimac Concept One supercar crashed and burst into flames during a speedy hill climb in Switzerland.

The 47-seven-year-old former Top Gear presenter - no

stranger to hospital emergency units - posted photos online of his new metal pins, writing that, while a problem for airport security, his knee was at least rust proof.

The crash, described as 'serious' by Grand Tour executives, has forced a major delay in filming for the Amazon show.

Jeremy Clarkson claims to have been frantically rewriting the second series' script to keep the show on track for an autumn release. He had earlier expressed fears that he "genuinely thought" Hammond was dead after the horror smash.

For all the wrong reasons the incident has at least given the Rimac Concept One a bit of publicity. The man behind the Croatian electric supercar is Mate Rimac, a young entrepreneur who has worked on cranking up the speed of electric vehicles since he was a teenager.

The Concept One was

developed five years ago and made its production debut at the 2016 Geneva Motor Show. A top speed of 356kmph and an acceleration time of 0-100kmph in just 2.6 seconds made it an immediate force to be reckoned with.

2.6

Rimac's Concept One can go from 0-100kmph in 2.6 seconds

The model being tested by Hammond is reportedly even faster and more powerful. It has a fully fledged 21st century infotainment system with access to 4G networks and a range of 350km with a fully charged battery.



SLEEK: The Rimac Concept One at the 2016 Geneva Motor Show.

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ROAD TEST by Nick Fletcher

Honda Jazz EX Navi

HONDA'S Jazz hatchback has been around since 2001 and has built up a devoted following due to its easy drivability, practical layout and reliability.

However, that following has mainly consisted of older buyers, something that Honda aims to change - the latest third-generation Jazz has sharper, more youthful styling and more connectivity features which should help expand sales to younger drivers.

The current Jazz has a smoother appearance as well as a spacious and versatile cabin that rivals that of similar cars. Another pro is its Magic Seat system which offers various occupant and load configurations and delivers the largest interior space in the sector.

Prices start

at €15,866 (£13,995) for the standard S model. However, additional features such as alloy wheels, a touchscreen infotainment system, parking sensors and a sat-nav - all included in the EX Navi model - costs €19,347 (£17,065).

All Jazz models use a 1.3 litre 101hp petrol engine with a manual gearbox (a CVT version is available) with a 0-100kmph time of 11.5 seconds and a top speed of 190kmph (118mph). The engine has a fuel economy of 19.6kpl (55.4mpg).

Similar cars may be slightly cheaper or faster but the Jazz counters that with more space, outstanding reliability and strong resale values.

The non-turbo

Jazz isn't quick off the mark, but most users will find its user-friendliness to be more important. It also offers good seating and visibility, and is agile both in traffic and when parking. Its revised suspension leads to a comfortable ride and nice handling.

Honda also paid attention to the Jazz's image, adding some sportier touches, revisiting the grille and headlights and giving the body a stronger presence.

The dashboard is laid out for ease of use, and the touchscreen is quick and easy to operate. The cabin is durable due to its

use of quality trim materials.

Another impressive aspect is its interior, which provides plenty of room for up to five adults, and big boot space: 1,314 litres compared to the previous 345. The rear seats can also lie flat for additional space.

Some might point out its single engine as a downside, but most drivers don't need a Diesel engine. Overall, the latest Jazz really impresses and while offering more youthful appeal, still retains all the core features loyal Honda buyers enjoy.

Stats panel:

Model: Honda Jazz EX Navi
Engine: 1.3 litre petrol
Transmission: 6 speed manual
Performance: 0-100kmph 11.5 seconds, top speed 190 kph (118 mph)
Economy: 19.6kpl (55.4mpg)
Emissions: 120g/km

FRESH FACED: the new Jazz has a modernised look.



Model tested is UK-specification and equipment levels and prices may vary in other markets.



FAMILY CAR: Mercedes E-Class easily won the popular vote.

2017 People's Choice

AFTER an exhausting survey of 10,000 car owners, the biggest online used car market in the UK has revealed its 2017 car awards. The Auto Trader Awards are the true people's choice, with judges and journalists having no say in the vote.

There was no outright 'best car' award but the Jaguar XF came close, being announced the best new car of the year. The public were onboard with expert opinion on this one with the XF garnering universal acclaim upon its release.

Mercedes also fared well in the vote. Its E-Class crushed the

competition to be declared the best family car, while the C-Class was elected best for long distances.

Volvo also picked up two awards. The car manufacturer's XC90 hybrid beat the Volkswagen Golf GTE to win Best Green Car, while the Swedish firm's models were selected as the best for gadgets, gizmos and in-car features.

Meanwhile, the evergreen Ford Fiesta was - unsurprisingly - the most popular among first time drivers, while the Audi TT managed to edgd the Most Fun Car to Drive category.


Win an Aston Martin

YOU can win a brand new Aston Martin and contribute to the British Royal Air Force's benevolent fund. The raffle competition was announced by none other than Dame Judy Dench who described the 'vital help' the benevolent fund does for RAF officers and their families.


For a £20 ticket, raffle goers get a chance of winning a limited edition Red Arrow Aston Martin Vanquish valued at £275,000. It is just one of 10 ever built, described by RAF charity chief David Murray as a "once-in-a-lifetime prize."

Murray said they had supercharged the annual raffle this year. The fund helps support an estimated 60,000 officers, veterans and their families. Tickets can be bought online and the raffle closes on December 1, with the draw on December 8.

It's a busy year for the Bond car manufacturer. Aston Martin has released its new AMR sub-brand, a powerful upgrade of the Vanquish. The firm has urged the new British government to put motoring and trade discussions at the top of Brexit negotiations.



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Costa de Almeria



THERE has been plenty of sport to suit everyone of late - and there is a lot more to come over the next few weeks and even months, with tennis, cricket, golf, rugby and motorsport at the forefront.

GOLF

American Brooks Koepka won last weekend's US Masters in Wisconsin, conquering the 8,000 yard-long course with a record-equalling score of 16 under par. England's Tommy Fleetwood finished fourth.

For the first time since 1983, three of the world's top 10 golfers missed the cut - Dustin Johnson, Rory McIlroy and Jason Day.



BROOKS KOEPKA:
US Open Wisconsin winner.

CRICKET

An Oval crowd of 24,183 and half a billion more watching on TV worldwide, saw Pakistan (338-4) wallop, thrash, demolish holders India (158 all out) by 180 runs in the Champions Trophy final on Sunday. England had lost to Pakistan in the semis.

The final of the Royal London Cup One day tournament, on July 1 will feature Notts against Surrey. Notts chased down a record of 373 to beat Essex by five wickets in their semi by five wickets after Alastair Cook had struck 133 in his side's 370-5.

In the other semi, Surrey (363-7 with Jason Roy's 92) thrashed Worcestershire (210) by 153 runs.

England played South Africa at Southampton yesterday in the first of three T20 matches;

the second is tomorrow at Taunton; the third on Sunday in Cardiff.

The women's cricket World Cup starts in England on Saturday, until July 23.

RUGBY UNION

Resilient British and Irish Lions, who beat the Maori All Blacks 32-10 last weekend - their biggest win over these opponents since 1971 - and met the Chiefs in mid-week, play New Zealand at Auckland's Eden Park in the first of three Test Matches on Saturday. The other Tests are in Wellington on July 1 and in Auckland, again, a week later. Coach Warren Gatland has reinforced his squad by eight due to injuries.

In other friendlies, Scotland beat Australia 24-19 in Sydney, Ireland whipped Japan 50-22, Wales whipped Tonga 24-6, New Zealand slaughtered Samoa 78-0, South Africa eased past

France 37-15 and England defeated Argentina 35-25 (for a 2-0 series win). Tomorrow Wales play Samoa.

PAKISTAN:
Won the Champions Trophy against India.



RUGBY LEAGUE

Leeds Rhinos (with 10 tries) thrashed Featherstone 58-0, Wigan beat Warrington 27-25, Salford defeated Wakefield 30-6 and Hull knocked out Castleford 32-24 in the Challenge Cup quarter-finals. The Rhinos have won the trophy three times in the last four years.

FOOTBALL

Cristiano Ronaldo is 'upset' after accusations of tax fraud and has said he wants to leave Real Madrid and return to Manchester United but the Spanish giants have a release clause in his contract marked up at £875m.

England drew 0-0 with Sweden in their opening European U21 championship game. They met Slovakia in their second match on Monday and play

hosts to Poland in their third tonight.

Jordan Pickford, who saved a penalty in the draw with Sweden, has joined Everton from Sunderland for £30m.

Champions Chelsea will start the 2017-18 PL season with a home game against Burnley. The other nine fixtures are Arsenal-Leicester, Brighton-Manchester City, Crystal Palace-Huddersfield, Everton-Stoke, Manchester United-West Ham; Newcastle-Spurs, Southampton-Swansea, Watford-Liverpool and WBA-Bournemouth.

And Southampton and Watford will have new managers.

HORSE RACING

The 306th Royal Ascot meeting is underway and 300,000 punters will visit the course over five days, up to

June 24. There will be eight Group One races.

TENNIS

GB's Johanna Konta failed to win her first tournament on home soil - beaten by Croatian Donna Vekic in the final of the Aegon Nottingham Open. The last British female to win 'at

home' was Virginia Wade in 1977.

GB's Jamie Murray and Brazilian Bruno Soares won the men's doubles title.

Andy Murray believes he may only play at top level for two more years. Next month the Scot (30) will be aiming to emulate Fred Perry's record of winning three Wimbledon singles titles. However, before then, he's engaged at Queen's.

FORMULA ONE

Baku hosts the Azerbaijan/European (and eighth) Grand Prix of the year on Sunday. There will follow a two-week break before the cars go to Austria on July 9.

BOXING

Floyd Mayweather Junior (40) will fight UFC/martial arts champion Conor McGregor (28) in August. The fight has been described as a 'farce' and a 'circus' but could earn both men £78.4m each.

Meanwhile, GB's Paul Smith lost his WBA world super middleweight title on points to Tyrone Zeuge in Germany.

ATHLETICS

Scotsman Jake Whiteman (22) won the 1,500m title at the recent Diamond League meeting in Oslo. However, GB long jump champion Greg Rutherford pulled out with an ankle injury.

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A winning combination

IT was one of the hottest days of the year, when Javea Green Bowls Club teamed up with IFACH golf club for a Texas Scramble.

On Friday June 16, about 30 players, bowlers and golfers joined forces to play golf at Ifach Golf Club. This was a return match to even up the spoils after golfers had come to bowl at JGBC earlier in the year.

A great afternoon was had by one and all which culminated in a superb buffet provided by the catering staff at IGC. JGBC's Captain Felicity Jenkins, who with bowler Chris Salter and golfers Barry Roberts and George Larkin ran out the eventual winners after an exciting finish when three teams were on a score of 58 and the



Winners of JGBC, Captain Felicity Jenkins, Chris Salter, Barry Roberts and George Larkin.

result was decided on count back.

All participants resolved to make it a regular event, but next time in the cooler weather.

Walking football

THE Playa Flamenca 'Walking Wanderers' walking football team celebrated the birthday of their President, Robert Gorrill, at their new sponsors; Gogarty's Irish Pub.

About 30 of the Playa Flamenca Walking Wanderers and their Wags attended the function at Gogarty's Irish Pub La Zenia. Free tapas were kindly supplied by the owner to the group to mark the occasion.

Walking Football has really captured the hearts and enthusiasm of everyone at the Playa Flamenca Club. For further information please contact bobbyg2542@hotmail.com.

TMGS at La Marquesa

THE weather forecast predicted a very hot day and in the valley of La Marquesa it's usually hotter but even these temperatures couldn't match the high score of a certain Viking known as Sverre Sonesen.

This particular Viking couldn't stand the poor weather up there in Norway so embarked on a raid to La Marquesa where he not only secured an NTP but also returned the highest score of the day to win the Gold category.

Unfortunately, his 43 pts have lowered his handicap before his next game with them at Roda next week, where they'll see how much stamina he has. The course was in excellent condition following the greens maintenance and apart from the excessive heat, playing conditions were perfect. This course gets better every time it's played.

Results: NTP's Hole 5 S Sonesen, hole 11 Nada, hole 15 J Dean, hole 17 R Rea. Joe Dean took the €28 from the



Bronze category winners, L-R, SS Twentyman, Geir Sorby and Tom Jones.

two's pot after leaving himself a tap-in birdie on 15 from just 20cm. Best Visitor and now member was L Jorung with 35 pts.

Bronze category 3rd on L/H was their youngest member of 87 years, Tom Jones with 32 pts. 2nd S Twentyman 34 pts. 1st G Sorby 36 pts. Silver category, 3rd A Rickers 34 pts. 2nd J Daroszewski 36 pts. 1st J Hettrick 37 pts. Gold category,

3rd L Hagstrom 32 pts. 2nd J Eyre 35 pts. 1st S Sonesen 43 pts.

If anyone would like to enjoy competitive golf with a warm and friendly group at some of the best green fees on the Coast then please visit. www.tmgs.org or Facebook/TMGSGOLF @TMGS GOLF or call the Secretary on 661 524 101 or download their new mobile app from the website.

Monthly Stableford at La Galiana

ONCE again, the Valldigna Golf Society - based in Simat de la Valldigna, Valencia - took on the La Galiana golf course near Alzira for their Monthly Stableford competition.

It was a hot day with some heated competition - there were very small gaps between all of the players' scores, which is evidence that their handicap system is functioning well.

Here are this month's member winners:

- 1st Tom Smith - 39 points
- 2nd David Downes - 35 points
- 3rd Derek Lindley - 31 points
- 4th Steve Conley - 28 points

The guest players were hot on their tails with some great scores:

- 1st Mike Zucker - 33 points
- 2nd Gary Baker - 31 points
- 3rd Graham Wells - 31 points

The Valldigna Golf Society also hosted a Closest to the Pin contest:

- 3rd hole - Gary Baker
- 5th hole - Phil Holmes
- 14th hole - David Downes
- 15th hole - Derek Lindley



Valldigna Golf Society members.

- 16th hole - Mike Dungay
- 17th hole - Graham Wells

The two Longest Drives went to Norman Croft on the 11th hole and Paul Chamberlain on the 12th hole.

Finally, the La Galiana course claimed 98 of the Valldigna Golf Society's golf balls. Alan Smith, the person with the closest guess, went home €43 richer.

If you would like to join in the fun, contact the Valldigna Golf Society by valldignagolf.soc@hotmail.com or call: 600 681 715 (Don) or 851 000 268 (Peter). Their next game is on Tuesday July 11 at La Galiana.

Pego play Texas Scramble

ON a beautiful day with temperatures rising Pego played a Texas Scramble at Oliva Nova in the match play. Danny Herron beat Ian Robertson, John Guest beat Brian Barden and Andrew Harrison beat Steve Patton.

There was only one 'two' and that was John Guest. Nearest the pin on hole 3 was John Guest with 0.68 mtrs and hole 16 Barry Levett with 1.6 mtrs.

1st place with a net 61.3 Donna Green, Paul Singh and Richard Vass.

2nd place with a net 63.1 Shaun O'Gorman, Mario Van Kessel, Peter Rapley and Alan Simpson.

3rd place with a net 63.9 Graham Haslam, Jon Bruun, Nigel Siddall and Malcolm Wise.

If anyone is interested in a game contact the website www.pegogolfsociety.com.



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