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ISSUE No. 1669 || 29 June - 5 July 2017 **COSTA BLANCA SOUTH** » **YOUR PAPER, YOUR VOICE, YOUR OPINION** WWW.EUROWEEKLYNEWS.COM

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GREAT SPANISH FAKE OFF: Illegal vendors.

Outrage over illegal vendors False alarm

By Michael Alexander

Residents and business owners in the Cabo Roig area of Orihuela Costa have called on Local Police to clamp down on illegal traders.

Every evening during the warm summer months, more than 80 unlicensed sellers hawk their merchandise along the pavements of areas frequented by tourists.

It comes after the group asked for more police foot patrols after 9pm to discourage the vendors, who deal in fake designer merchandise, perfumes, shoes and handbags along Calle Cielo in Aguamarina.

The complaint has been brought by the Cabo Roig Clean Up Committee, which has a membership of mostly foreign residents, including many British expatriates.

President John Crichter points

out 'the night threat' that the residents claim to suffer as a result of the traders who block the pavements and bring unfair competition to businesses who pay their taxes.

The organisation is up in arms over 'the pressure that sellers exercise on tourists and residents selling their products at the tables while they try to enjoy dinner quietly.'

Crichter added: "The residents of the area have requested a permanent police presence in the leisure zone of Cabo Roig, Aguamarina, between 9pm and midnight, but these requests do not seem to have been heard, nor the request to meet with representatives of the City Council."

The association believes there is a certain 'tolerance' on the part of authorities to this type of street vending and are demanding immediate action.

€3 million police sting



MOBILE PHONE: Scam.

NATIONAL POLICE have arrested 57 people, several in Murcia, in connection to a mobile phone scam worth an estimated €3 million.

The network included 13 different nationalities who acquired more than 2,000 high-end handsets by posing as legitimate owners.

According to investigators, the gang used a three step process to obtain devices.

The first began with telemarketers in Spanish firms, as company employees gathered client information and then purchased expensive smart phones using the victim's bank details. Once they ordered the device they would provide a false address to cover their tracks.

They then contacted crooked couriers and paid them €50 per handset to divert the packages.

Reportedly, on some occasions delivery drivers would drop off more than 100 phones a month, leading to a €5,000 pay-off.

Property Special

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NEWS EXTRA

Burnt down

A 45-YEAR-OLD man suffered minor injuries on Monday morning as his house caught fire in Callosa de Segura. Firefighters put the fire out quickly but the house is now uninhabitable.

Sea death

A 69-YEAR-OLD Russian man died last Sunday after he drowned in the sea off the del Cura beach in Torrevieja - medics tried to resuscitate him at the scene without success.

Time done

FORMER mayor of Torrevieja Pedro Angel Hernandez Mateo will be released from Campos del Rio Prison on July 29. He was serving three years for fixing contracts.

Rent falls

HOLIDAY home supply in the Mar Menor is up 40 per cent on last year since the region lost 16 of its blue flags - houses being let for €1,700 in comparison to €2,500 last year.

Summer sales set to sizzle

THE summer sales have arrived in Spain and with them come incredible bargains as retailers aim to clear their shelves.

Traditionally the season starts on July 1 and runs

throughout the summer until late August. However, since the Spanish government has given retail outlets more autonomy to

choose when they start and end their sales, there is now some regional variation. Madrid for example will always start a week early whilst other places will continue their sales until the end of September. Brits trav-

elling abroad for the sales might be slightly disappointed as a less favourable exchange rate than previous years means they can't get such big bargains. For everyone living in Spain however it's a great time to buy as retailers slash prices hugely.

The season is often broken into a few different stages. Retailers will start with small discounts of around 20 per cent, and then later as most popular items disappear the price will start to fall until the end of the season when items can go for a 70 per cent discount.

Be careful when showing up at the end of the season, though, as the unbeatable discounts are there because often only the unpopular clothes remain so expect odd sizes and unusual clothes or colours.

For those who prefer a more relaxing experience, online shopping is a



SUMMER SALES: A great time to buy as retailers slash prices hugely.

Numbers in the news
14,927 the number of refugees Spain must take in to reach its target in three months



JULY 4: American Independence Day.

Happy fourth of July!

ONE of the biggest events in the US calendar will take place on Tuesday July 4 when Americans celebrate the anniversary of the declaration of independence from Great Britain.

This leaves those wanting to celebrate from Spain with a problem however, as the day is a holiday in the US but naturally not here and so they are left with no choice but to celebrate on the closest weekend or Tuesday evening.

Fortunately for US expatriates in Spain the holiday is easily transferrable and is normally celebrated with pool parties, BBQs and fireworks, all of which are popular past times among the Spanish.

Some larger organisations get involved including The American Society of Barcelona which will this year be holding a fiesta this Saturday with live music and food.

The US embassy in Madrid occasionally puts on special events as in 2015 when they transformed the Conde Duque cultural centre in Madrid into a Broadway stage, while local American Associations all tend to hold a special lunch.

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Aqualandia Every Sun, Mon, Wed & Thurs Ad 39€ Ch/Snr 34€	Terra Mitica theme park every Sat/Sun/Thurs 39€ ad/35€ Ch&Sr	Valencia City 26-28 July, 13-15 Sept & 11-13 Oct 3* B&B FROM 108€	
Benidorm Day: Sun, Mon, Wed & Thurs 11€	Terra Natura zoo/waterpark every Thurs 28€ ad/25€ Ch&Sr	Benalmadena + Exc 3-8 Sept 3* HB + WW 345€	Pullmantur Med Cruises (Departs Alicante) 7-14 Oct from 689€ Inc transfers/port taxes All inclusive Calling at, Malaga, Sardinia, Rome & Pisa, Florence
Cartagena Catamaran - 3 hour cruise. Every Tues 25€ Ad/21€ Ch/Snr		Andalucian Trio 4-7 Sept, 3-6 Oct & 13-16 Nov 3* HB + WW 209€	
Murcia City Every Thursday 11€	FIESTAS/SPECIALS	Granada 6-8 & 18-20 Sept 4* B&B from 117€	
Guadalest & Algar Falls Every Fri 24€ inc lunch/wine OR 14€ excl lunch	Benidorm Breaks	Toledo 6-8 Sept & 16-18 Oct 3* B&B 139€	
Alicante City every Friday 11€	Mon-Wed 4* Hotel FB from 125€ available weekly	Cordoba 11-13 Sept, 2-4 & 25-27 Oct 3* B&B 165€	
Algar Waterfalls Every Sat 22€ inc entry/1 drink	Sun-Wed 4* Hotel FB from 175€ available weekly	Costa Brava/France 11-16 Sept 3* B&B 286€. Daily excs.	
Benidorm Palace dinner/dance/show Every Saturday 53€	SEASONAL PRICING	Mojacar 12-14 Sept 3* FB + WW 149€	
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* * Mojacar FB + WW 4*	Romans & Cartagenians Fri 22 Sept 12€		
* * Benalmadena FB + WW 4*			

Bottoms up

POLICE were called by several people in El Altet who reported a nude man running amok, smashing car windows at dawn last Saturday. On arriving at the scene, in the sleepy Goleta district of the town, officers found that at least 20 cars had been damaged before handcuffing the naked vandal.

Hot stuff

A WILDFIRE 20-metres from the busy N332 trunk road in Guardamar may have been started intentionally, police have said. The blaze initially only affected a small piece of scrubland, but high winds caused the flames to spread rapidly, leading firefighters into a six-hour battle.

Crook hooked

A SERIAL thief suspected of committing more than 30 robberies in the Mar Menor and Alicante areas has been held following a police sting. The 42-year-old suspect was holed up in a flat in the Playa Paraiso urbanisation in Cartagena and was carrying a raft of specialised tools at the time of his arrest.

Flying high

LOW-PRICED airline Vueling has rolled out direct flights between Alicante and Santander that will run throughout high season. Tickets start from €50 and flights will run twice a week on Tuesdays and Thursdays.

ATM attack

ELCHE Local Police has arrested three people, all with previous convictions, for allegedly breaking into two cash machines on Avenida Labradores. After inspection, officers confirmed that the cash points had been forcefully broken into and emptied and are now taking the appropriate steps to charge the accused.

SPANISH FACTS OF LIFE... 18

Every July, thousands of amateur daredevils flock to Pamplona, Navarra, to dash through the city streets chased by a herd of raging bulls in one of the most controversial festivals in Spain, and this year's party is close at hoof, taking place from July 6-14.

Feeling horny

CLAD in white shirts with red scarf and sash, more than 1,000 adrenaline-seekers from all over the world take part in the encierros, bull runs which take place at 8am every morning during the festival.

Each includes six bulls of the toro bravo fighting breed, which can weigh 625 kilos, and three to six steers that help keep the animals together as they career through the cobble streets, covering the 850-metre course in just two-four minutes.

The city's bull ring marks the finish, where most of the bulls are later killed during controversial afternoon bullfights.



BULL RUN: The adrenaline-seekers dress in red and white.

Entry is free-of-charge and anyone over the age of 18 can take part with no need to register.

A load of bull

THE bull runs form part of the Fiestas de Sanfermin, or Sanfermines, which honour Navarre's co-patron saint.

The festival first became famous outside Spain after being immortalised in Ernest Hemingway's 1926 novel *The Sun Also Rises*, after which the number of foreign visitors snowballed.

Despite its popularity San Fermin is not without its critics and has attracted fierce criticism from animal rights campaigners in particular, who claim the bulls are traumatised and tortured before and after the runs.



INJURIES: Are common at the festival.

Gore blimey!

INJURIES are common at the festival, with dozens of runners injured every year, while 15 people have died since records began in 1924.

In 2009 27-year-old Spaniard Daniel Romero was killed after being gored in the neck, while in 2016 seven people, including six foreigners, were seriously

wounded during a single run.

Hundreds are also hurt during regular bottlenecks at certain points along the course, the most notorious being the entrance to the bull ring and 'Dead Man's Corner.'

Poll of the week - Page 4

proper steps to charge the accused.

Secret cache

INMACULADA DOLON, a lecturer at the Oscar Espla Music Conservatoire in Alicante, has unearthed a well preserved manuscript under the Orihuela Cathedral. Dolon has announced that the never-seen composition belongs to Mathias Navarro, who lived from 1686-1727.

Costly error

TORREVIEJA Council has ordered Local Police to pay €14,000 in compensation to the Slavic owner of an Audi A-8. After impounding the

car for being badly parked, officers released it to a different Slavic man thinking the vehicle was 'to be delivered to Switzerland.'

Fine, fine, fine!

IGNACIO SOLER, the treasurer of Santa Pola, has announced a crack-down on traffic violations after collecting more than €600,000 through planning fines this year. He maintained that tightening the restraints would "greatly contribute to the public coffers of the town."

Ewe must be joking

A MAN has been held by Guardia Civil officers at Alicante airport for trying to smuggle the severed head of a mouflon, a breed of wild sheep, out of the country in a suitcase.

The head, still attached to the skin and legs of the animal was wrapped in plastic held together with duct tape and packed inside his luggage.

He had apparently acquired the grisly trophy in the Valencian town of Ayora and was intending to take it to his

home in the Netherlands.

Officers from the SEPRONA division of the Guardia Civil were called in and under questioning, the Dutchman revealed he had no documentation for the animal or a hunting licence.

He was arrested for breaking hunting and fishing laws and on health reasons, as the corpse still had the rotting skin attached.

INSIDE VIEW

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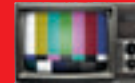
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Top 5 stories

From June 19 - 26

- 1 50,000 trapped in beachfront town and Iberian lynx released from captivity as Huelva fire rages on - **5,823**
- 2 No let up for historic heatwave in Spain - **3,296**
- 3 Huge wild fire threatens Doñana national park in Huelva as hundreds evacuated - **2,797**
- 4 Two dead after 'kamikaze' French driver careers into oncoming traffic in Tenerife - **2,462**
- 5 Missing man found dead in Almería - **1,599**

Poll of the week

euroweeklynews.com

Should the Pamplona bull run, and other similar local events held in various towns and villages, be banned?

LAST WEEK'S POLL:

On the anniversary of the Brexit vote, do you wish the referendum result had been different?

Yes = 58% • No = 42%

Top Social Media comments

British employee saves Icelandic cat at Alicante Airport: Pleased at the happy outcome but an appalling service from the airline's ground crew/handlers and a traumatic experience for the poor cat and its humans - especially in that heat-wave.

Sir Leapy doesn't sound right: Can't argue with conclusions about Theresa May. Trouble is none of her potential replacements look any better.

50,000 trapped in beachfront town as Huelva fire rages on: How awful! Heart-breaking. Thinking of those fighting the flames and those in danger... I remember this as a lovely part of Spain.

We have ash dropping on gardens in Barrosa at the moment. Really bad you can smell it across from the Bay of Cadiz. Houses gone, animals, even birds are dropping out of the sky!! It is chaotic!!

Soaked and bedraggled fugitive hands himself in to Gibraltar Police: The days of British criminals hiding in Spain seem to be over.

UK Government plans to register EU citizens: I'm married to a Spaniard, been together 17 years and live here in the UK, wonder what happens to people in our situation who have married someone from another EU country.

Photo of the Day. Exhausted firefighters sleep outdoors in Portugal: Definitely heroes. Wonderful job they do, stay safe guys, Bless you xx

Dog beaches to open for summer in Marbella: Totally agree, from experience the dog beaches can be cleaner than some others. Nappies, plastic bags, cans etc left on beaches here by some tourists, on the dog beach people pick up after themselves and their dog. Respect!

British stabbing suspect arrested in Benidorm: Well done to the Local Police. I hope he has the book thrown at him, lock him up in a Spanish prison for a few years then deport him to serve more time in a British prison.

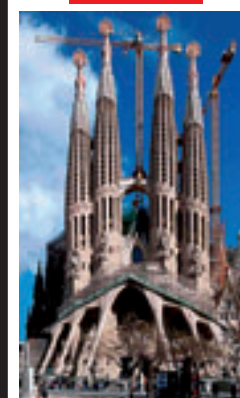


TRIVIA FROM AROUND THE WORLD

Vietnamese language has six different tones, and a change in tone changes the meaning of a word.



The first fish and chips restaurant was opened in 1860 in London by Jewish immigrant Joseph Malin.



The Sagrada Familia church in Barcelona, has been under construction for over 130 years and it's only expected to be complete by 2026.

Did you know?

The parachute was invented before the airplane in 1617 by Croatian inventor Faust Vraneia. Jean Pierre Blanchard was probably the first to use a parachute in an emergency, escaping a hot-air balloon in 1793.

Lost in translation



Office of Mayhem Evaluation

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.

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Little bits on the side

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Wow factor

AMERICAN actress Alexandria Daddario's latest movie project, a reboot of 1990s lifeguard series Baywatch, may have flopped at the box office, but the 31-year-old is refusing to keep a low profile with an eye-popping appearance on the cover of men's magazine GQ Spain.



Alexandria Daddario.

Cake walk

FOOTBALL superstar Lionel Messi turned 30 last Saturday, and the Argentinian took to Instagram to share a family snap with long-term partner Antonella Rocuzzo and son Thiago, as they posed alongside three giant cakes, one decorated with the Barcelona club crest.

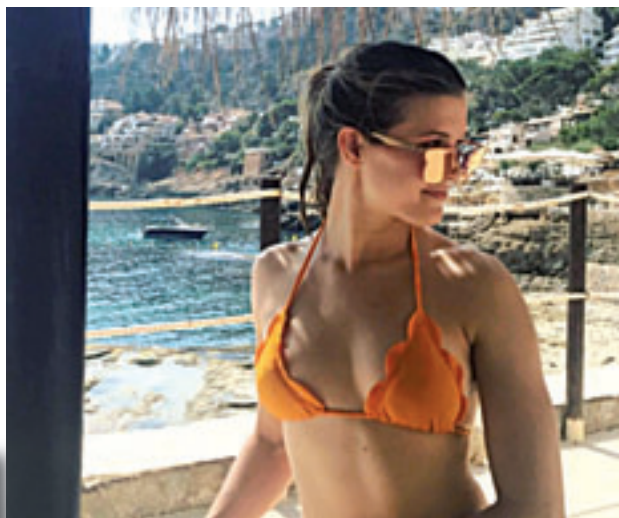
Waist away

MEXICAN siren Eiza Gonzalez, 27, stole the show as she appeared at a promotional event for new movie Baby Driver in Madrid, slipping into a frilled waistcoat dress before posing alongside 23-year-old co-star Ansel Elgort and director Edgar Wright (Shaun of the Dead).



Eiza Gonzalez.

Genie in a string bikini



EUGENIE BOUCHARD: A well-deserved tanning session.

SHE was recently beaten by Italian rival Francesca Schiavone in the last 32 of the Mallorca Open. But rising tennis star Eugenie Bouchard, 23, chose the ideal way to get over the loss as she headed to the beach for a well-deserved tanning session and some cooling drinks.

The Canadian made waves earlier this year after accompanying a fan to an NBA basketball game in New York after he tweeted her during the Super Bowl, but this time she had eyes only for hunky boyfriend and professional ice hockey player Jordan Caron.

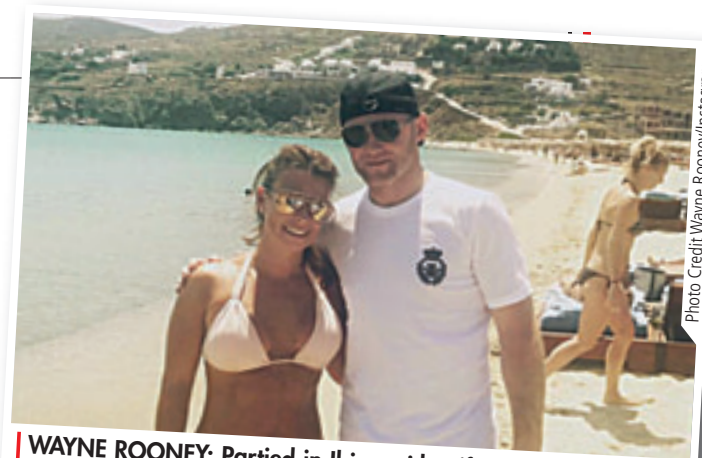


Photo Credit: Wayne Rooney/Instagram

WAYNE ROONEY: Partied in Ibiza with wife Coleen.

Roo's booze cruise

HIS glittering Manchester United career appears to be petering out amid rumours of a summer transfer, but former England captain Wayne Rooney, 31, showed he still has a lust for life as he partied in Ibiza.

After swigging cans of chilled beer on a luxury yacht with stunning wife and mum-of-three Coleen, 31, plus football pals Darren Fletcher, Danny Welbeck, Phil Jones and Alex Bruce, the striker hooked up with a gaggle of celebrities at the Blue Marlin Beach Club.

Both Wayne and Coleen sported painful-looking sunburn after their aquatic adventure, but they continued to soak up the rays while knocking back mixed drinks and chatting to Gossip Girl star Ed Westwick and Real Housewives of

Cheshire's Tanya Bardsley.

As he prepares to head back to the UK, the goalscoring legend is likely to leave the Red Devils before the new season starts, and ex-England boss Sven-Goran Eriksson insists that China would be an ideal destination.

"I haven't spoken to Rooney for a long time, so I don't know what he is thinking, but if he went to China I think he would have a positive experience," said the Swedish coach, who was until recently in charge of Chinese second-division outfit Shenzhen.

"He has a young family but there are international schools in the big cities and I know for sure he would have every help possible to make him settle. He would be made very welcome."



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Vueling jet is grounded after crashing into vehicle at airport



IN THE WAY: The aeroplane was taxiing away from the terminal when it hit the car.

A PASSENGER jet operated by Spanish budget airline Vueling was grounded after crashing into one of its own service vehicles at Alicante-Elche airport, forcing the evacuation of 153 passengers.

The Rome-bound airliner was taxiing away from the terminal towards the runway when it slammed into the sta-

tionary car.

Although no-one was injured, the captain ordered all passengers to disembark while technicians checked the state of the craft, causing a seven-hour delay.

One unlucky traveller was unable to board the rescheduled service after his DNI identity card expired during the hold up.

Vueling said in a statement that the car should not have been anywhere near the plane at the time of the crash, and that the pilot was unable to see it.

The impact damaged part of the fuselage and one of the engines, rendering the jet unable to fly, and all passengers eventually departed for Italy on a replacement flight.

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5	Palermo	09:00	15:00
6	Cagliari	09:00	18:00
7	Palma de Mallorca	15:00	23:59
8	Valencia	09:00	

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Lucky escape

AN 18-year-old girl was rescued from the sea in the early hours of Sunday during the 'Crema' finale to the Alicante Hogueras fiesta.

The teenager, said to be under the influence of alcohol, lost consciousness after entering the sea on the city's Postiguet beach around 4.20am.

18 people were treated by Cruz Roja on the last night.

A friend pulled her from the sea where she was stabilised by Cruz Roja volunteers, before being transferred to hospital still in an unconscious state.

A total of 18 people aged from 17 to 59 were treated by the Cruz Roja on the last night of Alicante's biggest festival, mostly for cuts, bruises and alcohol related issues.

OUR VIEW

London faces tragedy again

THE past week has been a terrible one for London with the death of at least 79 people in the Grenfell Tower fire. Add to this the terror attack on Muslims mowed down after prayers and death seems closer and more random than ever.

It was perhaps sadly inevitable that there would be an attack on a Muslim target by a white van driver and this is what appears to have happened in Finsbury Park leaving one person dead and at least eight badly injured.

Those affected by the fire seem to have some considerable reason to criticise their council for spending so much money on the refurbishment of the block to apparently make it appear more attractive to visitors and wealthy residents whilst ignoring safety aspects such as internal sprinkler systems.

An enquiry will take place into the reasons for the speed in which the building became an inferno and will possibly apportion blame but enquiries take a long time and if it proves to be partially the fault of the Kensington Council, its officers will almost certainly be protected from prosecution.

The government has not fared well following the conflagration and despite offering a £5 million (€5.7 million) fund to assist sufferers it has been suggested that the money has not been forthcoming nor has alternative local housing.

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TUESDAY
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- ALCANTE 9€

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Valencia supports Cala Mosca fight

THE fight to save Cala Mosca, the last unspoilt, natural area on the Orihuela Costa, has received important political support.

A majority of political parties

in the Environment Committee of the Valencia Regional Parliament have voted in favour of a motion to provide major additional protection to Cala Mosca in the face of a

plan to build 1,500 new houses.

The important protections which the motion recommends include an independent, environmental impact study, which was also the recommendation of the European Parliament Petitions Committee at its meeting in February attended by the CLARO party, which has been fighting to protect Cala Mosca for years.

The parties supporting the motion include parties in the coalition which governs the Valencia region. The only party which voted against was the Popular Party (PP) which, unfortunately, heads the municipal government of Orihuela.

CLARO said: "The PP of Orihuela and its coalition partner, the Ciudadanos Party, have not lifted a finger to prevent this emblematic last green area of the Orihuela coast being covered in concrete.

They continue to approve



SUPPORT: The majority of the political parties voted to provide protection to Cala Mosca.

new building projects which result in much additional revenue for the municipality but they do not invest this revenue in Orihuela Costa which is becoming a concrete jungle with a constantly increasing population but deficient services and infrastructure."

Another recommendation in the recent motion in Valencia was a wider economic impact

study to consider the consequences of adding up to another 5-6,000 or 20 per cent to the population of Orihuela Costa with the need to provide corresponding services such as household water in an area where water is a scarce resource, sewage facilities which are not expanded and upgraded, adequate streets and pavements, as well as street

cleaning, rubbish removal and park maintenance, which are notoriously deficient.

The motion also includes recommendations to increase the protection of the two endangered species which are present on Cala Mosca.

A new petition against the development can be viewed at www.change.org search Cala Mosca.

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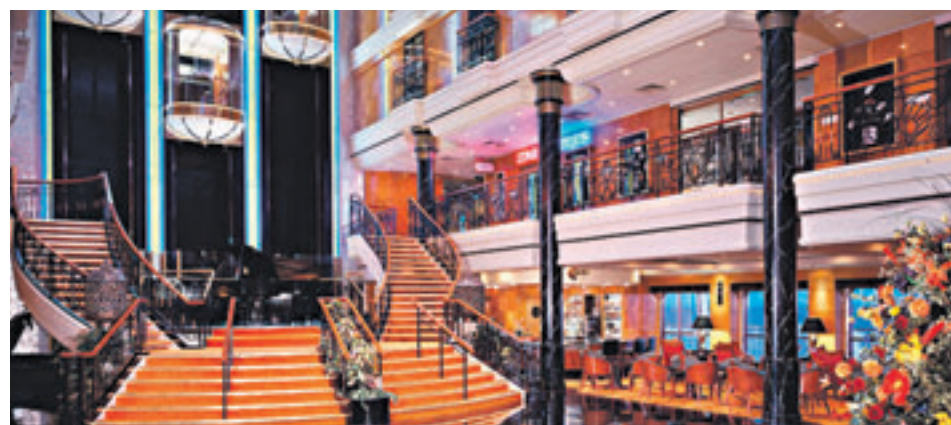
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NEWS EXTRA**First event**

HUNDREDS of people attended Torrevieja's first Pride event last Saturday evening, hosted by singer, actor and transvestite Jose Ignacio Galan, known as Nacha La Macha.

Nearly fatal

A THREE-YEAR-OLD girl was taken to hospital after nearly drowning at Los Narejos beach in Los Alcazares last Sunda. Beach-goers pulled the girl unconscious from the sea but she regained consciousness and was stabilised by medics.

Resus success

A 60-YEAR-OLD man was taken to the Intensive Care Unit of Los Arcos de San Javier hospital on Sunday. He was resuscitated by medics after a near-drowning incident in the sea off the Barco Perdido beach.

A load of rubbish!

Protected coastline cleaned up

MORE than 20 large garbage bags of rubbish were removed from a protected beach along the Cartagena coast by volunteers from the ANSE eco group last Saturday (June 20).

Nine hundred plastic bottles, hundreds of plastic fragments, bottle caps, dozens of cans and tetrapak cartons, hundreds of glasses and plastic plates, various shoes, fragments of irrigation hoses, polystyrene trays, bottles (one of them with gasoline) and even a tyre were among the items removed

from Cala Salitrona.

The environmentalists were eager to draw attention to the huge amounts of garbage washed up on the inaccessible beaches and coves in a part of the region that has some of the most rubbish polluted beaches of South East Spain.

The group are involved in a joint initiative with bird and marinelifers watch-ers SEO, named the Libera Project, which studies floating waste offshore in the undersea Conservation Area of Mazarron Escarpe.

The area, from the east of Cabo de Palos to Aguilas, is

one of the most extensively protected areas for the bottlenose dolphin and the loggerhead sea turtle species on the coast of Spain.

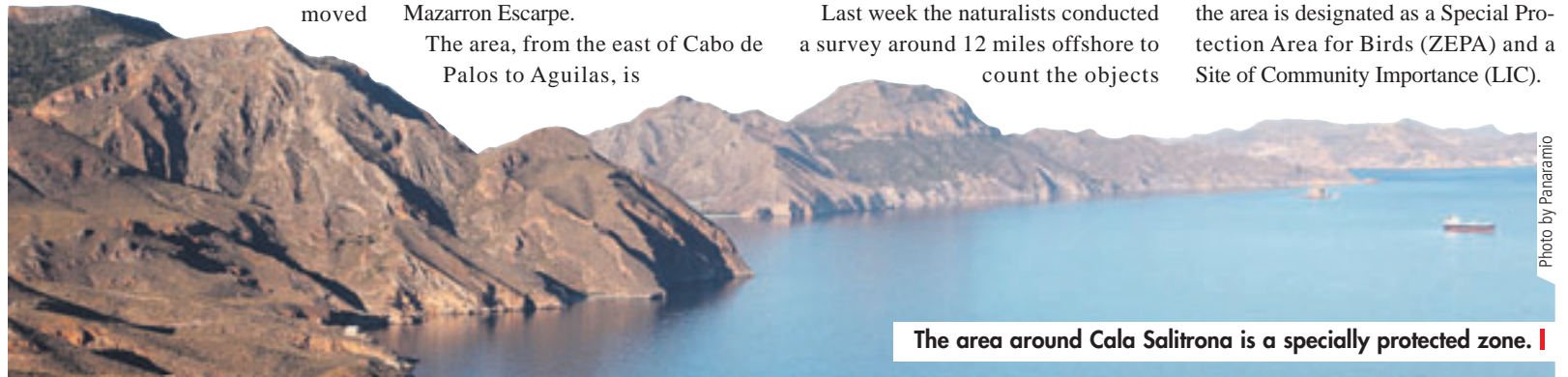
ANSE director Pedro García explained that the geographical location of Cabo Tiñoso serves as a brake on the sea currents, causing a buildup in the small coves, which have no accessibility from the ground, therefore no cleaning service, meaning garbage is thrown into the sea and washed away by the surf.

Last week the naturalists conducted a survey around 12 miles offshore to count the objects

of rubbish floating in the sea, plus a survey of Cala Salitrona, which the group have been cleaning regularly for 15 years.

The Muela-Cabo Tinoso and Cabezo de Roldan, form one of the largest undeveloped coastal zones on the Spanish Mediterranean coast, covering 11,000 hectares of coast and mountains.

Rare bird species such as bonellis and king's eagles, peregrine falcons, king owls, trumpeter bullfinch, chova piquirroja, gineta, garduna has meant the area is designated as a Special Protection Area for Birds (ZEPA) and a Site of Community Importance (LIC).



The area around Cala Salitrona is a specially protected zone. |

Photo by Panaramio

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TRAM chaos sparks outrage

SCORES of TRAM passengers were left stranded on stations from Alicante to Benidorm last Friday evening.

A technical breakdown at the TRAM control centre curtailed

the service in both directions for almost an hour between 5.20-6.15pm, leaving angry passengers' travel plans in disarray.

The under fire TRAM com-

pany were already reeling from a 2,500 signature petition complaining of the lack of a night service on the busy route.

Travellers were dismayed as other than a 'No Trams' sign displayed on the electronic noticeboards no further information was supplied.

On a busier than normal Friday night with revellers heading to the Hogueras festival in Alicante and San Juan beach parties in Benidorm and La Cala de Finestrat, many of them took to social media to voice their anger.

One passenger, Matt from Benidorm, wrote "Day out in Alicante, minimal money... payday soon. All Trams back to Benidorm suspended! return ticket useless, thank god we didn't have another drink, luckily had 10 euros left got a bus for eight! phew!!! #almoststranded-withnophoneormoney."

Normal service resumed at 6.20pm, without further disruption or explanation.

Earlier in the day, Esther Al-



LEFT STRANDED: Trams in both directions were stopped for almost an hour.

varez-Cienfuegos, a passenger from Alicante, started a campaign through the online platform Change.org to collect signatures and convince Ferrocarriles de la Generalitat to establish night services on the trams that connect Alicante with San Vicente, El Campello and Playa de San Juan, at least

on weekends.

TRAM bosses stopped the popular 'Tramnochador' night service over three years ago owing to lack of personnel on the line which sees a million passengers a month during summer.

The petition read: "It is not acceptable for a service costing

€150 million that the trams stop at 11pm when there is a demand for an environmentally friendly means of transport keeping cars off the road and congestion from the city.

"They don't want us to drink and drive, but with no trams and buses at night, what is our alternative?"

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Plusvalia tax – new ruling

Plusvalia tax is the amount of tax that a vendor needs to pay when selling a property.

It taxes the increase in the value of land over a maximum period of twenty years, from when it is sold, based on the value of the land, quality of the construction, age and location of the property.

Until now, irrespective of whether there was an increase in the value of the land or not, the vendor had to pay plusvalia tax.

However this could change after the **NEW RULING of 11th MAY 2017**

This new ruling, made by Spain's Constitutional Court declared that if a property is sold at a loss, there is **NOTHING** to pay.

Although this has been approved, it cannot be enforced at the moment, until the Spanish courts declare the previous law null and void. This means that, for the time being local town halls will continue to charge plusvalia tax to all vendors, irrespective of whether there is a loss or a gain.

THE GOOD NEWS

Is that you can claim back the plusvalia if

- The property was sold at a loss from May 2013 – a claim for a full refund plus legal expenses can be made.

- Refunds are estimated to be on average 1,000€+
- There is an estimated 10,000 million euros – more than 550,000 vendors who will qualify for this refund.



HOW TO MAKE A CLAIM

- You must have paid the plusvalia tax in the first instance; otherwise, you will need to contest the Town Hall letter alleging the last sentence.

- Hire a lawyer to lodge your claim or contest their letter.

- Be patient

- You can only claim back this tax dating for the last four years. Any plusvalia tax paid before May 2013 cannot (at the moment) be claimed back.

If you believe that you qualify for reclaiming this plusvalia tax, it is of the utmost importance that you claim as soon as possible.

Please provide us at Pellicer & Heredia with all the relevant documentation regarding the payments, the sale and the property in order to start the claim process.

To receive more information about this or any other matter, please do not hesitate to contact our team of specialists.

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FORESTRY officials, landowners and environmentalists warned that the Valencian Community's inland areas "are a powder keg."

Unlike coastal areas, especially in tourist resorts, woodland was still uncleared six months after last winter's storms and gales even though temperatures have soared.

Catch 22 for region's forests

The regional government's Environment department announced at the end of May that approximately €6 million had been made available to clear forest areas.

Jose Vicente Oliver, president of the Plataforma Forestal pressure group, explained that work has begun too late and is "a drop in the ocean" compared with what needs doing.

Forestry agents have already warned of the fire risk posed by fallen and unstable trees in inland Alicante while

Juan Galiano drew attention to another problem.

Galiano, president of the Association of Forest Landowners, complained that members were sidelined during woodland clearing operations. He also pointed out that when the Valencia Community was on high fire alert, legislation barred the use of any type of machinery likely to become hot or cause sparking.

Banning the use of chain saws or wood shredders and chippers also slowed down



POWDER KEG: The area is on high fire alert.

the task of clearing away deadfalls, Galiano said.

Forestry officials that the vetos were inevitable in these situations and stressed that these activities needed to be curtailed during periods of maximum alert.

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Cruise passengers flood in

The Royal Princess docked in Cartagena last Sunday.

TWO cruise ships docked simultaneously in Cartagena port last Sunday, bringing 5,800 passengers ashore.

On a scorching hot day of rest, the majority of city residents headed off to the beach, leaving the empty streets of Cartagena to the cruise tourists.

Many more passengers from the Aidastella and Royal Princess ships headed off by coach on organised ex-

cursions to other parts of the region.

Most popular attractions for the visitors were the air conditioned museums and the bars and cafes of the old quarter.

Cartagena port authorities revealed that 148 cruise ships will visit the city this year, bringing a total of 230,000 passengers, representing a 25 per cent in-

crease on last year's numbers.



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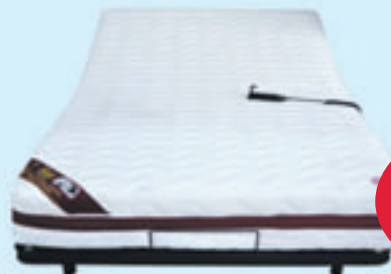


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NEW SPECIES: Avoids the scorching sun by foraging at night.

RESEARCHERS have discovered an entirely new species of ant between Pulpi, Almeria and Lorca in Murcia.

It has been given the catchy name *Temnothorax ansei*, with a physical description sent to scientists in London, Madrid, Geneva, and Los Angeles.

The hitherto undiscovered species belongs to the genus *Temnothorax*, which typically inhabits scrubland and semi-

arid Iberian regions. It was named *ansei* after ANSE, an association which has been scouring Spanish scrubland helping conserve endangered ecosystems for almost half a century.

This breed avoids the scorching Almeria sun by foraging at night. Members operate in small colonies with a maximum of 50 individuals. This may be why it managed

to elude detection by scientists for so long.

The first colony was uncovered in Pulpi. Researchers then traced evidence to find dozens more in Murcia and on the Segura basin in the southern Costa Blanca. There are 108 identified ant species in the Segura basin, a large number considering only 290 species are known across the entire Iberian peninsula.

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Landmark in Punta Prima demolished

AFTER lying derelict for decades, the disused outdoor cinema behind the Strip at Punta Prima has been demolished. Contractors arrived early on Saturday morning and by midday the site was cleared.

In today's digital world, the idea of a good night out sitting under the stars at night to watch a film on a large screen seems quaint. America had drive-in movie houses, Spain had outdoor cinemas.

This piece of entertainment history had become a local eyesore with the adjoining land so overgrown, that the footpath in Calle Cala was totally overgrown. It had also become a home



The disused outdoor cinema was attracting feral cats.

for feral cats.

Local residents hope that the redevelopment of the

site will bring much needed road and footpath maintenance to this part of Orihuela Costa which has been forgotten by both the Councils. The site sits partly in Torrevieja and partly in Orihuela.

Numbers in the news

75% of young people no longer pick up a book on holiday

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Specsavers Opticas and ONCE launch campaign to support the deaf and blind

JUNE 27, 2017 - On the International Day of Deafblindness, Marcelo Rosado, ONCE representative for Andalucía, Ceuta and Melilla and José Ángel Moral-Tajadura, Retail and Business Development Manager for Specsavers Spain held a press conference to announce a new fundraising campaign, which will launch at Specsavers Opticas stores around Spain on Monday July 3.

Specsavers Opticas will be supporting the ONCE Foundation for the Deaf-Blind (La Fundación ONCE para la Atención de Personas con Sordoceguera - FOAPS) over the next six months. They will be offering free comprehensive eye tests at all eight of their opticians and asking patients to donate €1 to FOAPS after their test until the end of the year. Their aim is to raise €6,000 to fund 400 hours of interpreting for the Deaf-Blind.

All funds raised will be donated to FOAPS to fund interpreters who are crucial to allow deaf-blind people to lead a full life and communicate. This



JOINT CAMPAIGN: Will launch around Spain on July 3.

is part of FOAPS' 10-year anniversary campaign to raise awareness of the issues that deaf blind people face and boost funding so they can help more of these vulnerable people who are totally isolated without their help.

Specsavers' Retail and Business Development Manager José Ángel

Moral-Tajadura commented, "One of our key objectives in Spain has been to collaborate with an organisation such as ONCE, which is so important in helping people with sight loss. I hope that this collaboration won't just last for six months, and that we will collaborate with ONCE



and their foundations over the long term." He added that his commitment was to beat their €6,000 target and that he would be working closely with all the stores so that in January he can return to ONCE and celebrate the end of a highly successful campaign.

He also commented in his speech that "our eye tests are comprehensive and centered around professionalism and clinical care. We offer eye tests of the back of the eye and take digital retinal photography, as well as other tests which can detect signs related to glaucoma, age related macular degeneration, diabetic retinopathy and other issues. These issues, if not caught early and referred to an ophthalmologist, can cause partial or total sight loss, problems which ONCE understand very well."

ONCE representative Marcelo Rosado explained the very important

work that the FOAPS interpreters undertake. He added that there are 100 interpreters working in Spain, offering a very personalised service depending on the level of visual and hearing loss and the different personal situations of each individual. Rosado said that FOAPS is currently offering interpreter service to 377 people; 260 adults and 117 children - more than 46,000 hours in 2017. "As we add more activities there are more needs and so initiatives such as this one from Specsavers Opticas are very important."

Those who wish to participate in the campaign should visit their nearest Specsavers Opticas store for a comprehensive eye test and donate just €1 between July and December 2017.

Specsavers Opticas have eight stores in Spain, on the Costa Blanca, Costa del Sol and in Mallorca.

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NEWS EXTRA**Culture
swap**

SIXTY-NINE Murcian young people will partake in cultural exchanges across 11 European cities including Italy, Germany and Slovakia – each trip costs €225 (€75 less than in 2016).

Fire fought

MURCIAN firefighters extinguished an orchard fire on the Camino del Baden, in the hamlet of Nonduermas on Sunday assisted by a helicopter from the Direccion General de Seguridad Ciudadana y Emergencias in Alcantarilla.

Big money

TINITARIO CASANOVA recently agreed to donate €60,000 to Jesus Abandonado towards construction of their new Training and Employment Centre in Murcia.

Space filled

ECOLOGISTAS EN ACCION has written to the mayor of Murcia to denounce bars and restaurants encroaching upon pavement space across the city such as Plaza de las Flores and Cetina.

Behind bars

COUNCILLOR of Cambios Murcia (Change Murcia), Nacho Tornel, will request in a plenary session that the doors of the Carcel Vieja (Old Prison) are opened for guided visits for citizens and organisations.

Not me

THE man facing 12 years in prison for strangling his friend with a cable pleaded not guilty in the Provincial Court of Murcia last week, claiming not to know how his friend had died.

CEREAL growers in Alicante Province looking forward to a good harvest, have once again been defeated by drought.

Initially encouraged by the rainiest winter for several years, they instead anticipate a 40 per cent fall in production and expect to bring in no more than 8,500 tons of grain.

“Rainfall was certainly generous this winter but there has been practically

Drought is a cereal killer

none since then, which is very negative for us,” explained Gonzalo Cots of the La Unio agricultural union

“The rain was good for fruit trees but counter-productive for us as it was so intense that it swamped fields and diluted fertiliser.”

Not only did rain fail to arrive in the spring when it would have been beneficial, but the recent record-breaking temperatures have dried the plants, shortening their cycle and lowering production, Cots explained.

Rabbits, which have harmed crops in

the past, are less of a problem thanks to hunters.

Largely ignoring rabbits as a rule, they had at last responded to pressure from the regional government and local growers and there were far fewer rabbits around this year, Cots said.

Other crops were less fortunate, he added and the rabbits are now attacking the recently-sown sunflowers.

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NEWS EXTRA

€10 million investment

AGUAS DE MURCIA has confirmed it will invest over €10 million to prevent damages and floods due to heavy rain – undertaking 85 projects improving drainage, installing scuppers and adapting the interceptor on avenida Juan Carlos I.

Summer job

THIS summer, €100,000 worth of refurbishment works will take place in schools across Murcia, in particular - Colegio de Educacion Infantil y Primaria (CEIP), Jose Moreno in Progreso, Mariano Aroca and Nuestra Senora de la Arrixaca.

Minor injuries

A FOUR-YEAR-OLD girl fell from a first-floor apartment in the Murcian village of Llano de Brujas last Saturday – the Local Police of Murcia tweeted to confirm the girl suffered only minor injuries.

If the earth moves



EARTHQUAKE: Councillor of Security, Javier Mazanares announced the Municipal Seismic Hazards Plan.

TORREVIEJA'S councillor of Security, Javier Mazanares, recently announced the introduction of the Municipal Seismic Hazards Plan.

The plan will be disseminated amongst all residents and give clear directions on 'how to act in the event of an earthquake'.

Mazanares has teamed up with Municipal Architect, Joaquin Blanco, farm manager, Isidoro Carrillo and President of the Tor-

revieja 1829 Association (which references the city's most intense earthquake), Vicente Moreno to deliver the plan.

The current plan will be 'further developed' and will serve as an appendix to the security plan that will be disseminated at roadshows in schools, homes for the elderly and throughout the municipality.

The City Council will be re-

sponsible for the roadshows, ensuring all residents have available to them "knowledge that can save many lives" said mayor of Torre Vieja, Jose Manuel Dolon.

Moreno gave examples of some of the directions included in the plan such as moving away from tall buildings, heading instead to wasteland areas where medical and security services will be located.

500 kilogram rubbish haul

THE Department of Development, led by Roque Ortiz and road cleaning contractors, Ferrovial Services, ran a special campaign on Monday, collecting goods deposited on the public road in the neighbourhoods of La Paz.

More than 5,000 kilograms of scrap, debris and other bulky items were collected in the areas surrounding Avenida de la Fama, Primero de Mayo, Pablo VI and La Paz.

From 7am, five workers, three open box trucks and two vans with a capacity of 7m3 patrolled the areas.

Amongst the collected scrap, debris and items were barbecues, doors, panels, shopping trolleys and various appliances.

The regular cleaning of the areas followed the collection. This cleaning is carried out six days a week, from Monday to Saturday.

The collection of goods is carried out three times a week.

Everything collected was transferred to the Canada Hermosa site, where it will be separated and classified before being sent to respective recycling plants.

Ferrovial Services were accompanied by Local Police officers.

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Costa del Korea?

Kim Jong-un wants Benidorm-style beach resort



THE RESORT will be built at Wonsan on the North Eastern coast of North Korea.

A RECENT visit to a Benidorm campsite by North Korean officials has inspired controversial dictator Kim Jong-Un to build a purpose-built holiday resort.



The delegation visited the area last month on a fact finding mission around Europe, as reported in the *Euro Weekly News* (issue 1667).

Now, Spanish newspaper *El Confidencial* has reported that the delegates, who have now returned to North Korea, gave very favourable reports about Benidorm.

The visitors were less impressed with Barcelona, but loved the Terra Mitica theme park and Villasol camp site in the Alicante hotspot.

The North Korean leader has now given the

green light for work to begin on a purpose-built tourist development on the North East coast at Wonsan, which will target both domestic and foreign tourists.

A spokesman for the North Korean embassy in Madrid told the newspaper that the resort would be ready for its first tourists by 2018 and would not feature the high rise buildings of Benidorm.

Instead, guests will stay in tents, just like the ones the officials saw on their visit last month.

THE president of the Institute for Spanish Tourism Quality (ICTE), Miguel Mirones, and the Secretary of State, Matilde Pastora Asian, were on hand to present a special ceremony as Orihuela's beaches received their 2017 Q flags.

Luisa Bone, councillor responsible for the Beaches of Orihuela, received a total of five flags. This award is given by the ICTE and stands for strict quality criteria, safety, meticulousness and expertise in management and services offered.

The Q flag is the most important Spanish award for beach quality and is given only after a thorough examination. These test criteria certify the quality standard for beaches UNE 187001: 2008, which has

Q for quality

subsequently been adapted to the international standard for beaches UNE-ISO 13009: 2016 in order to give the award an international importance.

If you would like to enjoy a beach with complete guarantee

this summer, look for one that has been awarded with the Q flag. The following Orihuela beaches received the award: Punta Prima, Cala Estaca, Cala Capitán, La Glea and Mil Palmeras.

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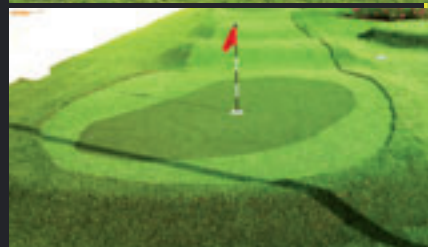


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NEWS EXTRA**Works ordered**

THE Department of Traffic, Safety and Citizen Protection - directed by Lola Sanchez - recently studied 15 public car parks across Murcia, ordering works from painting and damp removal to the installation of disabled access.

No parking

THE Santa Isabel underground parking facility will be closed for two to three weeks as the toilets are refurbished, drainage is improved and entrance and exit ramps replaced.

Graffiti gang

MEMBERS of the public took to the streets of San Jose, Luisa Aledo and Isabel la Catolica in Santa Eulalia last week, armed with paint and rollers to remove the unsightly graffiti.

The constant companion

MORE than 80 per cent of 12-year-olds in the Valencian Community have mobile phones.

Just over half, 56.6 per cent, use apps at least once a day found a survey by the regional consumers' association, Avacu.

"Some of these apps can access photos, locations and personal data," said Avacu president Fernando Moner, who warned of the risks this posed.

The survey also revealed that the number of young people with mobiles has shot up in the last 10 years.

In 2007, 61.1 per cent of the 12 to 17 age group had mobiles, but 10 years later this had increased to almost 92 per cent.

WhatsApp and Snapchat were the most-used messaging apps, with Instagram, Pinterest and YouTube favourite sites for photos and videos.

It was worrying, Avacu said, that just over 63 per cent of under-18s did not ask their parents' permission to download an app and 20 per cent admitted having paid to do so.

More than 12 per cent also said that they had used their mobile to



Photo by Thomas Kohler

MOBILES: Users are increasingly young.

make a purchase.

Moner said it was equally worrying that 36 per cent used mobiles while walking in the street despite the serious road safety risks involved. Another 42 per cent kept

their mobiles nearby while they studied or did homework, and 65 per cent used them before going to sleep. Thirty-four per cent did not turn their phone off at night and slept with it beside them, they said.

Incentive to recruit 91

TORREVIEJA'S councillor of Employment, Victor Ferrandez confirmed earlier this week that the deadline for young people of the municipality to apply to the incentive programme through which the City Council will recruit for 91 vacancies is Monday July 10.

The Ministry of Employment has granted over €1.4 million towards the 91 12-month contracts.

The vacancies are for both qualified and unqualified people - however Ferrandez stressed that all applicants must be registered in the Servef system as jobseekers.

Applications are through the Sistema Nacional de Garantia Juvenil (National System of Youth Guarantee) in the Servef office or in the Agencia de Desarrollo Local (Local Development Agency).

Once the applications have been reviewed after July 10, Servef will issue a list of four suitable candidates for each vacancy to a mixed board of ADL, Servef and trade union personnel for review.

Qualified people are required to fill 44 of the 91 vacancies as follows: 15 graduates, 25 senior technicians and four lifeguards.

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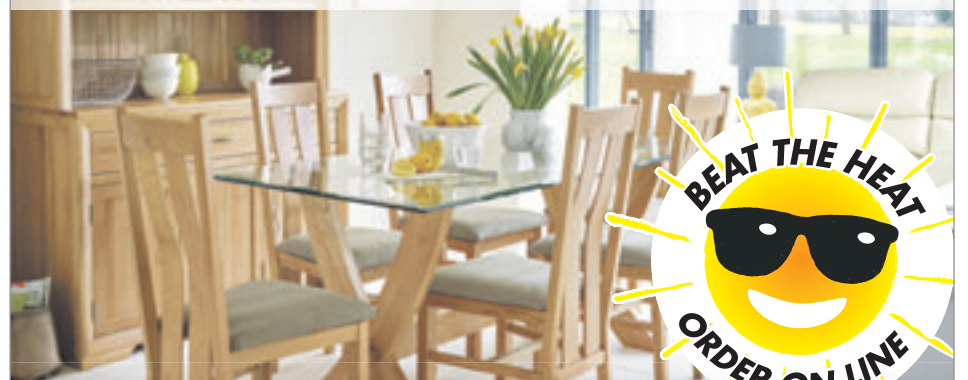
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Surfing life



Mayor Mario Jimenez celebrates the paddling success with the five women.

FIVE cancer survivors paddle surfed 6.5 miles from Estepona to La Duquesa, Manilva, in a bid to raise awareness for cancer.

The group of women wanted to prove to other cancer patients and survivors that positivity is instrumental to aid recovery.

“Sometimes force does not leave the arms or the body, because the mind is the most powerful muscle we will ever have,” explained one of the women, Susana Languarda, after they finished an hour

ahead of schedule.

“Sometimes, when you have to face important and difficult things in life, you tend to change your priorities and your point of view about everyday things,” said another of the women, Fuengirola pharmacist, Carmen Diaz.

“You have to find a positive, even in having cancer and for me, that positive thing has been to learn how to value people who have been with me in the worst moment and enjoy every single minute of

living,” she maintained.

Mayor of Manilva, Mario Jimenez, waited alongside officials at the finish line in La Duquesa to receive the women. After their arrival, the blue flag was raised, awarded this year for upholding the highest environmental standards and clean waters.

In addition to demonstrating life after cancer, the women have contributed sponsor donations to the Spanish Association Against Cancer and women’s charity ZONTA Malaga.

Traffic accidents are on the increase

SEVEN PEOPLE died and another nine were injured in several traffic accidents on Spanish roads over the weekend.

The Directorate General of Traffic (DGT) reported that five of the collisions occurred on Saturday leaving five dead and two injured.

One of the fatalities was a cyclist and the six others were drivers and passengers of the vehicles. Six of the incidents took place on normal roads and another on the motorway.

The last of the incidents took place on Sunday at 12.45pm on the N-634 motorway connecting Galicia and the Basque country. One lane was closed following a crash caused by a Honda motorcyclist and an Audi A4 driver. As a result, the 39-year-old motorcyclist and five others were taken to Donostia Hospital in the Basque Province

Gipuzkoa.

Spanish road accidents have claimed the lives of 531 peo-

ple so far this year, a 13 per cent increase when compared to the same period in 2016.

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Shark was injured

A TWO-METRE long blue shark that caused panic amongst bathers on a beach in Illetas, Mallorca at the weekend has been put down by experts.

Technicians from the Palma Aquarium rescue team decided to euthanise the shark after a thorough evaluation.

The shark had been sighted off the coast on five occasions over the weekend.

The experts discovered a hook in the

mouth of the fish and they took the decision to put it down so as not to prolong unnecessary suffering.



INJURED: The shark was euthanised.

Photo by Tom Prottey Jones/Twitter

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Riot police clash with crowd of British tourists

AN estimated 50 riot police descended on British tourists in the Algarve after a riot broke out following a bar fight during the Portugal Invasion festival.

Liberto Mealha, owner of the venue Liberto Club, called police at 3am after his security was unable to contain the violence at the white-themed party. Reportedly, riot officers fired at least two shots to warn holidaymakers before making four arrests.

“What happened last night, and over the past few days, is that a group of around 1,000 British tourists, staying mainly at Clube Praia da Oura, have caused a lot of problems in the area, including thefts in supermarkets and souvenir shops and damage to rented scooters,” Mealha said.

However, 21-year-old Chelsea from London contested that “the police officers started hitting people with batons and beat up girls before starting to shoot.

“They beat innocent people who weren’t doing anything and my friend even broke a leg” she claimed.

A spokesman for the organisers of the seven-day festival tweeted that “there is nothing we as a company could have done to avoid this situation.”



JAEN: The owner of a small shop was fatally shot.

Two dead and one injured in Jaen revenge shooting

A POLICEMAN has killed a business owner and injured a civilian before committing suicide in Jaen.

The Local Police officer shot the owner of a small shop in Valdepeñas, accidentally injured another man who

was on the premises and then turned the gun on himself.

According to the Guardia Civil the 54-year-old officer, who had recently retired, had entered the shop at 3pm and proceeded to shoot the victim due

to a prior disagreement.

The other man, who was attending a party in the area, has been taken to the Neurotraumatologico Hospital in Jaen after being hit by a rebounding bullet.

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Kamikaze driver causes fatal crash



HEAD-ON COLLISION: The incident caused an 18-kilometre tailback.

TWO men have died after a 34-year-old French driver caused a head-on collision by speeding down the wrong side of a Tenerife motorway.

Emergency services received a number of calls from concerned motorists who reported that a BMW 330 was careering into oncoming traffic.

A few minutes later it slammed into a Renault Kangoo van driven by a 33-year-old Spaniard, with both men likely to have died instantly with the bodies cut free from the wreckage by firefighters, said police.

The incident occurred just after 5am at kilometre 37 of the

TF-1 motorway near the town of Arico, and caused an 18-kilometre tailback.

A Guardia Civil probe will see more than a dozen witnesses questioned as investigators try to determine where the BMW joined the motorway and the circumstances surrounding the crash.

Fire under control

Police launch arson probe after blaze

THE fire which has devastated coastal forest around Moguer, Mazagon and Matalascañas in Huelva, including a portion of Doñana National Park, was said to be under control as the *Euro Weekly News* went to press.

A police probe into the cause is underway amid suspicions of arson in the wake of the incident.

An army of more than 200 firefighters were able to tame the blaze after the wind and temperature dropped, and all three epicentres have now been contained although the flames have not yet been entirely extinguished.

It comes as Juan Pedro Castellano, director of Doñana announced that "the national park is now safe," with only a small portion affected, although he confirmed that much of the natural park, a pine forest that served as a buffer to its northern edge, has disappeared.

Environmentalists are looking on the bright side, however, as Miguel Delibes, president of the Doñana Participatory Council, suggested that "this might be a good time to carry out a replantation but not only with pine," while a biologist from the park said that "if there is a good autumn, the recovery could be spectacular."

Much of the damaged area com-

prises sandy pine forest, all of which was planted by man, and emergency services said that the current situation can be considered a triumph given the panic last Sunday, when 50,000 people were trapped in Matalascañas and strong winds drove the flames relentlessly.

“ Fire specialists will work to the limit to solve the mystery.”

Among the 2,000 local residents evacuated over the weekend, around 500 remain in temporary accommodation in Moguer and nearby Almonte, while on Monday councillors announced that people were free to return to homes in the Las Casitas de Bonares, El Alcor and Poblado de San Jose neighbourhoods.

The blaze erupted at 9.30pm on Saturday night in an agricultural area of Moguer with many plastic greenhouses, and investigators suspect that it was caused by "the hand of man."

Susana Diaz, president of Andalucía, said that detectives and forest fire specialists will work "to the limit" to solve the mystery.



Photo by Twitter

BLAZE: Arson is suspected.

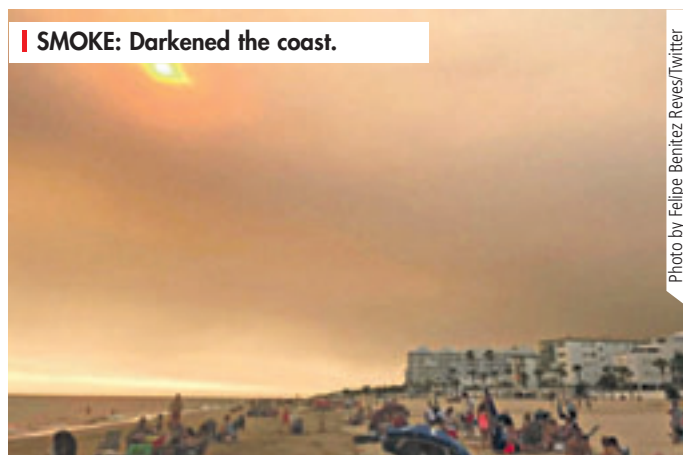


Photo by Felipe Benitez Reyes/Twitter

SMOKE: Darkened the coast.



Photo by WWF España/Susana Diaz/Twitter

SAFE: Residents were evacuated.

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San Juan tragedy

A 25-YEAR-OLD man has been arrested for driving his car into revellers leaving the San Juan celebrations in Luque, Cordoba, leaving nine hospitalised and around 20 injured.

Investigators have confirmed that the driver is well-known to Local Police, had been involved in a fight earlier in the evening and was apparently under the influence of alcohol and drugs.

The incident occurred just after 6am, when partygoers were streaming out of the municipal fairground and the alleged attacker "charged at all those who were leaving," according to one witness.

Another said "when the music was over, it all be-



Photo by SNT/Twitter

CRASHED: The driver charged at revellers as they left.

gan," as the driver sped up and down the street "four or five times," trying to mow down anyone in his path.

Some bystanders hurled beer kegs and other objects at the vehicle, which some said was targeting immigrant

children, although others argued that "he couldn't recognise anyone and even tried to run his own father down."

He was eventually overpowered by members of the crowd after crashing into a wall.

Back from the dead

A JUDGE has ordered the body of Catalan surrealist painter, Salvador Dali, to be exhumed in order to obtain samples from it and perform a paternity test.

Dali, born in 1904, is famous for his surrealist works of art such as The Persistence of Memory (1931) and Swans Reflecting Elephants (1937) and is widely believed to have been childless.

The painter - who died on January 23 1989 - is the subject of a paternity suit which was filed in 2015 and went to

court late last year. Pilar Abel claims that her mother, who was a maid in Girona in the mid-1950's, had an

affair with Dali and maintained a long term relationship resulting in Abel being born in 1956.

The object of the exhumation is to obtain samples from the body which can then be sent to the Institute of Toxicology for testing. Pilar Abel has stated that both her mother and grandmother informed her that her paternal father was Dali and the woman is now trying to obtain proof and legal recognition of this.

The order has been to the judicial body in Figueres, Girona and is expected to be undertaken next month.

A YOUNG Salvador Dali.



Photo by Wikimedia Commons



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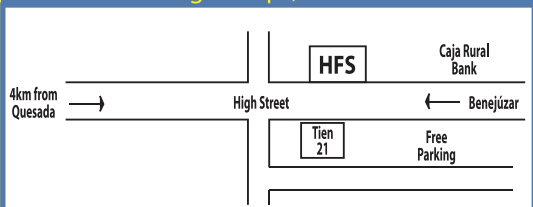
Numbers in the news

€8.16 million is the amount British tourists lost to holiday scams last year

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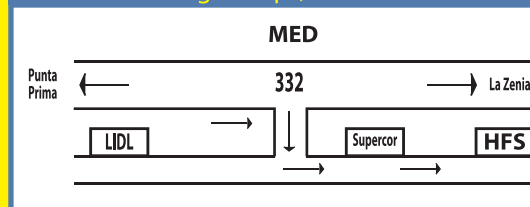
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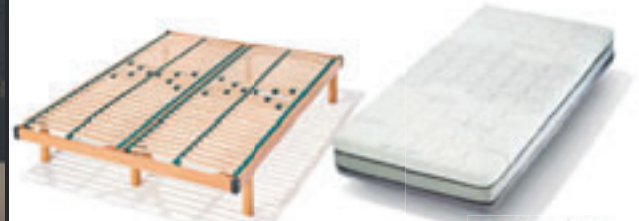
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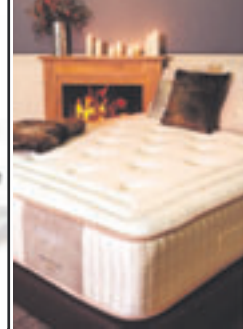
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Wi-Fi is high priority

A SURVEY of people, aged 16-24, has revealed that access to good Wi-Fi is the number one concern for them whilst on holiday.

Of the 2,000 people questioned by insurance company, Aviva, 40 per cent think that not having a wireless internet connection is a deal breaker for any hotel. Wi-Fi was seen as more important than cost, as only 38 per cent of people highlighted this as the biggest concern.

Upon arrival at the hotel one in five young people will connect to the internet before doing anything else and nine out of 10 will update their profiles whilst they're away. The majority of people want to keep in contact with friends and family, but a third of the people surveyed said they were bragging and trying to make those back home jealous with holiday updates. This is highlighted by the one in five who will post about being in the airport.

Less than one quarter of young people will read a book while they are on vacation.

Advertising Feature



Copper Heeler brings relief from arthritis

MANY people have suffered with arthritis over the years, finding no long-term solutions, turning to strong medication to try and ease the pain, and thus putting up with a lesser quality of life. Malcolm Landsman, who had studied magnetic and copper therapy for years, realised he may have hit on the solution to easing the joint pain that so many people experience.

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Copper also prevents inflammation around the joints, so there is a feeling of well-being all round. Malcolm has been marketing the Copper Heelers in Spain for more than five years now, and he has satisfied customers spreading the word about their change of life since using them. One lady from Las Siesta wrote to Malcolm only last week to say: "I have suffered for 10 years with the agony of arthritis, but since I have bought the Copper Heelers and worn them, my arthritis has improved in only five days!"

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For more information on the Copper Heelers, please visit the website at www.copperheeler.es or call Malcolm on **966 763 770**.

Expatriate concerns over May's "fair and generous" offer

GROUPS in Europe who represent expatriates have expressed concern over Theresa May's offer on citizens' rights after Brexit.

The European Council Summit on Thursday June 22, which saw leaders from across the EU gather, was followed by May detailing her opening offer regarding the rights of EU citizens living in the UK. Her plans were met with mixed reviews with German Chancellor Angela Merkel describing them as a "good start" whilst others believed that they fell short of the mark.

The plans suggested establishing a cut-off point, to be set somewhere between March 2017 and the exit of the UK in March 2019, for when EU citizens arriving in the UK would lose the chance to build up to full



THERESA MAY: Spoke in Paris in June.

UK citizen's rights including access to healthcare, pensions and job security over a five-year period.

Two weeks ago, the EU set out their own comprehensive offer which would protect all the rights cur-

rently enjoyed by citizens living in Europe which was ignored by the UK negotiating team in Brussels.

In a confusing position put forward by UK negotiators, their offer is only on the table if the EU is willing to reciprocate, despite the EU having already offered their own which is far more "fair and generous". Several groups including The3million and ECREU (Expatriate Citizen Rights in EU) have expressed annoyance that expatriates have been left, once again, without future security.

A further concern highlighted by Breman in Spain Chair, Sue Wilson, is the British negotiating team's position that they do not plan to incorporate a role for the EU court of justice after Brexit which currently is responsible for settling all disputes within the union, including those regarding breaches of citizen's rights, perhaps leaving UK citizens more vulnerable.

Whilst May's offer gives hope that there will be a reciprocal agreement on rights before the UK leaves the bloc, it appears there is still a lot of negotiating ahead before EU and UK expatriates will have absolute certainty.

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Melody Makers International in concert, The Sound of the Musicals

By Robert W. Barnes

WHEN an amalgamation of talent and professionalism arrive on stage together, it is a sign to sit back and be royally entertained, and that's exactly what happened, for some two hours, this warm Saturday, at the Orihuela Costa Resort.

Melody Makers International, under the baton of conductor/director and arranger Nigel Hopkins, brought the magic of the sound of the musicals, to 'full houses' this day (Saturday June 24).

The accomplished band, members of which had flown out from the United Kingdom especially for the concert, did not disappoint. A 'My Fair Lady' medley started the concert off in fine form, with a solo by Verity Hall, and Bill Nicholson; Bill sounding more like Rex Harrison, as Professor Higgins, than Rex himself!

Melody Makers then reminded the audience of the delights of 'West Side Story', an arrangement by Nigel Hopkins and again, a delightful solo by Verity Hall.

Brought to the stage by Leonard Bernstein in 1959, the concept came from William Shakespeare's, Romeo and Juliet. The haunting song 'The Impossible Dream' from the show 'Man of La



ENTERTAINING: An excellent concert by Nigel Hopkins and Melody Makers International.

Mancha', arranged again by Nigel for Melody Makers, featured the wonderful voice of Graham Cooke.

We were to be treated to Graham's voice again, a little later in the concert, where we would find him resting in the shadow of The Cotton Blossom, moored on The Mississippi River.

A medley from 'Singing In The Rain' followed and the classic 'Losing My Mind', from the 1971 production of 'Follies', performed delightfully by

Rebecca Holt.

Before the interval, the Cornish coast beckoned, where we joined soloists Alyson Horsfall, Verity Hall, Police Constable (Mind how you go) Bill Nicholson and Melody Makers, on the quay in Penzance, for Gilbert & Sullivan's 1879 tale of 'Pirates', with a rendition of 'When The Foreman Bares His Steel'. Good stuff!

A medley from Lionel Bart's 'Oliver' introduced part two of the concert, followed by Alyson Horsfall

and Philip Mitchell with the enduring 'When The Children Are Asleep' from Rogers & Hammerstein's 1945 production of 'Carousel'.

Songs from 'Miss Saigon', 'Beauty & The Beast' and 'Phantom of the Opera' followed, being treated to a solo by Verity, of 'Think Of Me'.

Again, from 'My Fair Lady', we visited the races at Ascot, for 'The Gavotte'. Eric Berg then donned his racing colours to bring us 'I've Gotter Motter' from 'The Arcadians' when it was soon time to tie alongside 'The Cotton Blossom' to hear Graham Cooke tell the story of 'Old Man River'.

To bring this concert to a close, it was a medley of songs from Schonberg & Boubli's remarkable 'Les Miserables' with soloists Verity Hall, Rebecca Holt and Bill Nicholson.

Nigel mentioned that he was looking, quietly, at the moment, to bringing a production of 'Les Miserables', to a local stage, perhaps next year. Now that would be most splendid!

Orihuela Costa Community Care were the charity being supported, with a bucket collection taking place, as a very happy audience made its way home, following, yet again, an excellent concert by Melody Makers International and Nigel Hopkins.

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AFEMAC collaborates with San Animal



SHELTER VISIT: Volunteers helped to clean and feed the dogs.

IN the framework of the agreement signed by AFEMAC (Association of Persons with Mental Illness and their Families) and the San Animal Association in Aguilas, AFEMAC volunteers visited the shelter to help out with the dogs.

The tasks they performed are mainly those of maintenance of the facilities, cleaning and feeding of the animals, and walking the dogs.

On June 21, the president of AFEMAC, Pilar Morales, visited the facilities together with the president of San Animal, Traudl Brückner, along with other volunteers to review the agreement and discuss

new avenues of collaboration.

It is important to emphasise the therapeutic benefits that the direct contact with pets brings for people with mental illness such as reduction of anxiety, improvement of self-esteem and social awareness.

At the same time, pets which have been abandoned also receive an important extra dose of care which they so badly need.

From AFEMAC we thank San Animal for its openness to our association which contributes towards the normalisation and psycho-social integration of people with some form of mental illness.



EASY LISTENING: The local songsters shared a great afternoon with the audience.

Valley Voices entertain

LOCAL songsters, Valley Voices, shared a great afternoon with an audience at the Citrus Bar in Orba, last Friday afternoon.

An assortment of easy listening songs was sung in the shaded garden. Although temperatures were in the high 30's, Valley Voices kept cool singing their repertoire.

Cake and cava was served on arrival and a big thank you goes to Jackie and her mum Mary who, together, made the stunning cakes.

Also well done to the staff who waited tables serving the

much-needed refreshments.

Valley Voices would also like to take this opportunity to thank Garcia Villas Estate Agents in Jalon, for their kind sponsorship for the year that enabled the choir to buy a much-needed, new keyboard.

A big thank you as always goes to Aileen Lightfoot, their musical director. Aileen arranges all the music and does a grand job keeping the choir in order on a Monday afternoon at the weekly rehearsal.

Finally, thanks to Kirsty Glen, our regular pianist and

Heather Butcher who has stepped in to play when needed.

Valley Voices will be taking a summer break now, but will be resuming on Monday September 4 at 4-6pm as usual at the Jalon Valley Animo Centre in Alcalali.

Anyone interested in joining call Aileen on 696 514 613 or Jennie Tollan on 966 480 062 or why not pop along to see if it's your cup of tea, you would be made most welcome by the friendly group. A date for your diary maybe!

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€1,600 buys summer treats for Elche children

THE first charity fundraising night at Quesada Fish and Chips Restaurant, was a huge success, raising €1,607 for the children in the Care Home at Elche.

Keeping 18 teenagers occupied during the three-month summer holiday period is a very difficult task, so most of this money will be added to funds recently handed over by Stevie Spit, and the staff at the Home have a full programme of events planned for the youngsters.

These include visits to museums, Rio Safari, cinema, aquapark etc and include treats for the children during these excursions. Many of



FUNDRAISING NIGHT: €1,607 was raised for the children in Elche's care home.

these young people would not get these opportunities in

their normal family life.

The next fundraising night at

Quesada Fish and Chips is on July 19, with entertainment by

the ever popular, Woody & the Peckers.

Tickets, including a two-course meal, are just €10 and can be bought from the restaurant, Post Room Benijofar, The Card Place in Benimar and

REDZ cafe bar in Quesada.

Tickets will be limited to ensure space and comfort for all diners, so early booking is advised. Money raised on this night will be donated to Torrevieja Stroke Support.

Group raise €100 for Alzheimer's

LAST Thursday Pat Phillips and Helen Tudor presented €100 to the Torrevieja Alzheimer's Association on behalf of the Rojas Neighbourhood Watch Group.

The photo shows Pat, Puri García (president of AFA) and Helen at the presentation.



FUNDS: Raised for Alzheimer's.

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Open Day at 'Residents Drop In Centre' Campoamor

WEDNESDAY June 21 saw residents, local associations and businesses attending the Open Day of the new Drop In Centre being developed by Community Care Association at the Residents Centre Ramon de Campoamor, Calle Cipres, Campoamor Orihuela Costa after two Induction Open Days organised to recruit members and volunteers.

After five years campaigning, President Norah Bond announced "We have at last opened our doors to residents of Orihuela Costa, come along and join, have fun in the sun, we believe you matter and want to help improve your quality of life.

"Everyone enjoyed a great afternoon. They were treated to refreshments and entertainment by Cindy, Mo, Juan Carlos and Bob supported by Wesley and Bethany who provided the PA system.

"A big thank you to everyone, especially to those that donated food and their time for the event.

"Mike, Judith, Penny, Eva, Hazel, Angela and John worked really hard making cakes, pizzas, pasta and rice dishes, lovely sausage rolls and drumsticks - thank you all."

Councillor Sofia Alvarez and Fermin Gonzales, Pedro Dominguez Crego of



COMMUNITY CARE: Everyone enjoyed a great afternoon.

Cruz Roja, Kevin Rearden (Chairman of The Royal British Legion) and Eddie Coleman, Julie and her friends from The Bikers Club plus many residents joined volunteers and members of the new Association who came to view the premises and find out what will be on offer at the

Drop In Centre as from September 2017.

Three rooms have been dedicated to offer Social Creative Activities three afternoons a week, commencing the second week in September.

Arts and crafts sessions include: card-making, flower arranging, sewing and

knitting, painting in oils, watercolours and drawing, games, cultural, discussion groups, advice and information.

If you enjoy music, you can join in the fun at the Music Therapy sessions where you can sing along together, play your favourite instrument - whether it be percussion, pad drums, guitar, keyboard or a rain stick - plus gentle exercise to music to help with mobility.

They intend to organise First Aid courses by Cruz Roja Orihuela and IT sessions (to include tablets, camera and mobile phone use) as soon as they have volunteers for these sessions.

To register your interest in an activity with Community Care Association, pop along to the Drop In Centre any Monday, Wednesday or Thursday between 1pm and 4pm during the remainder of June and throughout July. The membership fee to join is €10 per year.

They will be closed throughout August but open again September 2017.

Volunteers are needed to assist with the sessions, if you are interested, please contact us by email at: oc.communitycare@gmail.com or pop along to the Drop In Centre where you will be welcomed with a cup of tea or coffee and a cake or biscuits.

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Miro painting sells in London

MALLORCA**WOMAN AND BIRD: Miro sculpture in Barcelona.**» *By Linda Hall*

A WORK of art created by Joan Miro was sold for £24.57 million (€27.8 million) at an auction organised by Sotheby's in London.

The Catalan artist created the piece called 'Femme et Oiseaux' (Woman and Birds) as part of his collection, 'Constellations.' The painting fetched this large sum of money despite its 38cm x 46cm size.

Miro was active in the art community throughout the 20th century until his death in 1983 and was a leading Spanish surrealist in the time of Pablo Picasso and Salvador Dali.

Miro was living in France when he began the collection but fled back to Spain before the Nazi occupation of Paris and settled in Palma where it was finished. Mallorca became the artist's permanent residency until his death.

AXARQUÍA

Unexplained accident

FOUR people including a two-year-old baby were injured in a road accident on the A-44 at Velez Benaudalla. All four were taken to hospital for treatment.

Better beaches

WORK has been completed on the beaches of Torre del Mar to ensure that showers are in working condition and toilets have been refurbished. Information boards have also been constructed to assist visitors.

Rubbish rules

THE Almuñecar Council has introduced summer time rubbish collection meaning that residents' refuse must be placed in bins between 4pm and 6pm only.

This will then allow for collection to take place before 9pm.

Bright dog

POLICE dog Otto, alerted his partner to the fact that he had detected the scent of drugs on a person at the Almuñecar bus station. The suspect, a British citizen, was carrying cannabis and opium.

Nerja bridge

THE old bridge in Nerja has been reopened to traffic after a complete overhaul of the road and the laying of tarmac. Work will continue to clean up the pavements and railings on the bridge.

Animal free

FOR the first time, the Circus Las Vegas which includes no animal acts will visit Torrox with performances running from July 7 to 23.

COSTA DEL SOL

Driver jailed

A DRIVER who injured four officers from the Guardia Civil during a chase on the A-7 has been arrested and jailed. The court in San Roque has set bail at €8,000.

Fire death

A WOMAN believed to be in her 60s died in a fire in the kitchen of her flat in the La Luz area of Malaga. Officers attempted to resuscitate her at the scene but were unsuccessful.

Tax area

ALTHOUGH in principle agreement was given several months ago for a special tax area for La Linea, no terms have yet been agreed. The Spanish government continues to consider how this should go forward.

Water shortage

THE Junta de Andalucia recognises that one of the most important problems being faced in Malaga Province is a shortage of water. It is therefore setting up a special group to study the matter.

Overtaken car

AFTER overturning his car at a roundabout on the A-404 road in Churriana, a 27-year-old man was transferred to hospital. Local Police are investigating the cause of this so far unexplained accident.

COSTA DE ALMERÍA

Sea cow

HOW a floating cow came to wash ashore a Vera beach remains a mystery. Conservation experts from Equinac were called to the scene by police who initially mistook the cow for a dolphin.

Nut cracker

A WOMAN who pretended to have been robbed, then kicked a Good Samaritan who came to help in the testicles and stole his watch, was sentenced to two years in an Almeria prison.

Wild party

MORE than 30,000kg of rubbish was collected from the beaches of the capital after wild San Juan celebrations in Almeria. Mayor Pacheco congratulated citizens on their exemplary behaviour

Brit death

THERE is no suspicious evidence surrounding the death of 77-year-old Brit Barry Sidney Lane according to police. Mr Lane was found by a farmer after going hiking from Huerca-Overa amid extreme temperatures.

Spaced out

POLICE searched a man sitting suspiciously in his car and found 50 MDMA tablets, seven LSD doses and €100 cash in his possession. The 35-year-old Agudulce native was promptly arrested.

MALLORCA

Shark shock

A TWO-METRE long blue shark that caused panic amongst bathers on a beach in Illetas, Mallorca at the weekend has been put down. Experts discovered that it had an injury to its mouth from a hook.

More police

THE Calvia Council has announced that there will be nine Local Police officers patrolling at night in Magalluf and Santa Ponsa to combat anti-social behaviour.

Palma population

ACCORDING to the Palma Council, the number of residents has increased by 5,865 in the past year. Population is now at its highest ever with a record 434,516 inhabitants.

Cleaner power

AS part of a planned move to clean energy generation by 2050, the Balearic government has announced its plans for the Es Murterar power station in Alcudia. By 2020, 50 per cent will be closed.

Punch up

A FIGHT which broke out between a group of Germans and Poles in Palma was broken up officers of the Local Police. There were no serious injuries but the altercation frightened a number of tourists.

COSTA BLANCA NORTH

Cold comfort

FIREMEN had to cut free a cook trapped in a cold storage chamber in San Juan after a shelf fell, blocking the door at the same time. She was treated in hospital for a damaged wrist.

Car death

A 20-YEAR-OLD died when the car she was travelling in ran into an irrigation channel in Las Virtudes (Villena). She was accompanied by her boyfriend, who was able to escape.

Pond life

RESTORING ornamental ponds in Alcoy could cost so much that alternative uses might have to be found for them. Ponds were drained and fountains turned off years ago to prevent the spread of Legionnaires' disease.

Road closures

TRAFFIC in Altea's Old Town is now restricted until September 12. From Monday to Friday, the streets close from 7pm until 3am but on Saturdays and Sundays from 1pm until 3am except for residents.

Clear water

FINESTRAT has solved the problem of cloudy water by connecting its supply to Benidorm's Terra Mitica treatment plant.

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NETHERLANDS**Town expansion**

MINIATURE town attraction Madurodam is investing in expansion and new attractions to entice visitors and in order to survive against competition. The plans will cost around €45 million.

**GDP rise**

THE Gross Domestic Product (GDP) rose by 0.4 per cent in the first quarter of the year compared to the same period in 2016, according to the national statistics office.

Pensioners in court

A GROUP of pensioners could be taken to court as they refuse to eat

MADURODAM: New attractions.

the food provided in their sheltered housing complex and have been ordering in takeaways. The centre argues they are breaking the terms of their lease.

Jab decline

FEWER babies and children are receiving the standard vaccinations in the Netherlands with numbers falling by 0.5 per cent for the third year in a row.

GERMANY**Thai target**

TWO teenagers, aged 13 and 14, are being investigated for attempted criminal assault after shooting air rifles at the entourage belonging to the King of Thailand who owns a villa in south-west Munich.

the country's refugees will still be out of work in five years time and many will remain unemployed for up to 10 years.

following a suicide bombing in Kabul.

Out of work

A GOVERNMENT minister is claiming that up to three quarters of

Going home

DEPORTATIONS are expected to commence next week with failed asylum-seekers being sent back to Afghanistan after they were stopped

US spies

REPORTS are suggesting that German intelligence carried out surveillance on a number of American businesses and government, including the White House from between 1998 and 2006.

FRANCE**Blogger's death**

A POPULAR French lifestyle and fitness blogger has been killed after a faulty whipped cream dispenser exploded and struck her chest. Rebecca Burger's family have warned against using the dispensers.

Car ban

AS part of anti-pollution measures as levels reached worryingly high levels, authorities in Paris introduced a driving ban as the city's bike-sharing programme was free.

Daesh pledge

THE man who recently attempted an attack in Paris' Champs Elysees avenue, is believed to have pledged allegiance to Daesh. The man was killed when he drove a car full of arms and explosives into a police convoy.

Skirted drivers

BUS drivers in Nantes protested against not being allowed to wear shorts during the heatwave by wearing skirts as they were an authorised outfit. Bosses said they will look at the company dress code.

BELGIUM**Terrorist shot**

A SUSPECTED terrorist was shot dead by soldiers at Brussels railway station after he attempted to detonate a small explosive belt. No one was hurt in the incident and four people have since been arrested.

It's a heatwave

BELGIUM has been basking in an official heatwave with five consecutive days with temperatures over 25 degrees celsius, but the air quality has been very poor with high ozone levels.

People watch

ANTWERP has announced it is monitoring 557 people, as part of the fight against radicalism with 189 of these being of particular concern.

PM protection

ALL eyes have been on Brussels as British PM Theresa May has been presenting her project to project the rights of EU citizens in the UK ahead of the Brexit negotiations.

NORWAY**New route**

NORWEGIAN AIRLINES are launching flights from the UK to Argentina. The maiden flight is February 2018 and is believed to be the longest non-stop route from Gatwick.

Memorial rethink

A PLANNED memorial to the victims of the 2011 Anders Breivik massacre is being rethought after residents complained the memorial was too invasive and would harm the local community and landscape.

Let down

A COMMITTEE investigating historical child abuse cases says victims of serious abuse were let down by the welfare services and many cases could have been avoided.

Rain rain go away

WHILST much of Europe has been enjoying a June heatwave, Bergen has seen rainfall every single day of the month so far and is headed for having one of the wettest months in memory.

DENMARK**Commute nightmare**

A THIRD of commuters are reporting daily congestion on their commute to and from work when travelling by bus, train or metro. Around 37 per cent of car drivers questioned said they experience delays three to four times a week.

Top country

AN American thinktank has rated Denmark as the world's number one country for its quality of life assessing 50 different indicators including free speech and political freedom.

Anniversary opening

TIVOLI, Copenhagen's famous theme park is marking its 175th anniversary with a first-ever winter season opening during February as well as its usual seasonal opening at Halloween and Christmas.

Aiming high

PLANS have been approved in principle for skyscrapers in Copenhagen which would be among the tallest buildings in Europe and means the Hans Christian Andersen-inspired theme park tower could become a reality.

SWEDEN**Case dropped**

SWEDEN has dropped its investigation against WikiLeaks founder Julian Assange who was accused of rape in 2010. Assange has been living inside the London Embassy in Ecuador but could still be arrested if he leaves for skipping bail.

Fingerprint sharing

A DEAL has been done which will allow Swedish police to browse fingerprint registers in the USA and vice-versa. Previously requests took two weeks to process.

India's thanks

INDIAN PM Narendra Modi, has thanked the Swedish Prime Minister for Supporting the 'Make-In-India' week which saw over 18 Swedish companies take part. There are currently around 160 Swedish companies operating in India.

Vulnerable areas

A NEW report by national police has listed 61 problem areas, with 23 of these considered particularly vulnerable. These areas are socio-economically vulnerable and generally have a high crime rate.

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Faulty rockets



KAZAKHSTAN: Proton M rockets blast off into orbit.

AN engineering company which provided faulty space rockets will pay millions in compensation to Russia's space agency, Roscosmos. The Proton-M rockets malfunctioned and crashed in Kazakhstan with three extremely expensive satellites in 2013. They lasted mere seconds before evaporating after take-off.

Wild fires

HUGE forest fires broke out in the Siberian hinterland, tripling in size in just days to threaten more than 32,000 hectares of land and spawning an enormous effort from hundreds of firefighters in the Irkutsk region. Just north of Mongolia, the area endures dozens of serious wild fires every year.

Beer border

A MINI-RUSSIAN adventure and a few cheap beers proved too tempting for four British hikers who crossed the border illegally from Finland and were arrested on their return. They snuck into Russia for 15 minutes, sunk some beers, then climbed back over the fence to find Finnish police waiting.

Cult crisis

A DANISH Jehovah's Witness is languishing in an Oryol jail accused of involvement in an extremist group. He was arrested during a police raid of the religious sect's office in the southwestern city. Recent laws designated the Jehovah's Witnesses as a dangerous foreign cult.

Beard brigade

A LEADER of the Old Believer faction of the Orthodox Church has urged men to grow out their beards to protect themselves from homosexuality. Metropolitan Kornily, who sports a beard down to his chest, said adherence to God's creation, including beards, staved off moral corruption.

African spy

A TANZANIAN masquerading as an American spy was captured by a Russian border patrol sniffer dog named Zhom. The man was fleeing Chinese police for visa crimes and tried to convince Russian police that he was an important CIA hacker. Now he faces two years of hard labour.

Trapped cub

SURPRISED residents of a busy Moscow neighbourhood found a bear cub locked in a van which had occupied a car park in Cheremushki for several days. The cub was hungry but well and was taken to Moscow zoo for treatment. Police are still looking for the driver.

BEAR CUB: Was found far away from home locked up in Moscow van.



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18 arrested for royalty fraud

By John Smith

AFTER a long investigation, 18 people are to appear in court over an alleged multi-million euro music royalty scam.

The General Society of Authors and Publishers (SGAE) collects royalty fees on behalf of composers and musicians when their works are broadcast in Spain.

There are fees charged for recorded music played in bars, clubs, restaurants and other public places as well as when broadcast on radio and TV.

It is alleged that a number of high ranking members of the SGAE claimed

€100 million

is the amount estimated by the prosecutor to have been earned from fraud in 'The Wheel' case.

that they had made significant changes to certain pieces of music, thus putting them into a non-royalty category and then supplying the original pieces, labelled as adapted, for use by TV stations to play during the night.

Those involved also registered the musical pieces through their own publishing companies and collected royalties through the SGAE, often, it is claimed, charging excessive amounts for the use of the pieces thanks to the

suspected collusion of certain TV producers.

According to the presiding magistrate in this case which is known as 'The Wheel,' the co-founders of Eurodelta Music, Manuel Carrasco and Fernando Bermúdez were heavily involved in this fraud and along with Rafael Tena have been granted bail of €100,000 each after being charged with corruption and belonging to a criminal organisation.

Officers of the SGAE have stated that they have done all in their power to assist the police and tax agency investigation.

Keeping cool costs money

THE hot weather has brought a breath of fresh air to companies selling fans and air-conditioning units as well as larger bills for consumers from the energy companies.

With temperatures around Spain staying high for an extended period of time, people have been rushing to purchase methods of keeping cool.

For those who are too impatient to wait for the installation of air conditioning units, low noise free standing fans have been particularly popular but online retailer Amazon has revealed that sales of air conditioning units have shot up compared to the same time last year.

Quote of the Week

"It would be a mistake if the CETA agreement was not finally approved by Spain," according to Mariano Rajoy on learning that the PSOE would not vote in favour of the Canada EU Trade Agreement.



Casa S.M. del Rey

King Felipe celebrating BP's 50th anniversary.

More fuel, leading to more deceit

IT is easier to obtain motor fuel than ever before but there are fears that fraud is costing the Spanish government approximately €540 million each year.

The number of petrol stations in Spain continues to increase with a high proportion of the new openings coming from discount operators offering cheaper fuel, but there appears to be reluctance by some operators to properly report IVA collected.

According to the Association

of Petroleum Operators (AOP) there are now, for the first time, more than 11,000 service stations across Spain although the three largest brands, Repsol, Cepsa and BP continue to dominate the market.

Many of the new stations offer a discount of up to 15c when compared to the better known brands but make their savings by cutting back sharply on staff, not offering any shopping or bathroom facilities and purchasing their fuel from different sources.

» BUSINESS EXTRA

Cheaper broadband

CHEAP broadband and mobile contracts form competitors have led to Telefonica losing 51,000 customers in the past four months. This compares with increases for its three largest competitors and the most successful Mas Movil gained almost 100,000 new customers.

Bank strength

THE US Federal Reserve undertakes an annual review of major banks and has announced in advance that two Spanish banks Santander and BBVA are fine. Other banks around the world are being reviewed for capital reserves but these two are safe.

Banco Popular

THERE is a possibility that should shareholders in Banco Popular sue Santander for their losses following the €1 takeover that Brussels may have to pay. EU regulations suggest as it was involved in promoting the sale, it will be responsible for losses.

Bah Humbug is not so real

THE concept of an elderly Scrooge is common in fiction but not so accurate in real life!

Research suggests that the elderly are actually more generous than the young even when they are likely to receive nothing in return.

In a study undertaken by the University of Singapore, it is concluded that age may release different chemicals into the brain which increase feelings of trust in others, especially if their generosity assists the community.

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NEW SELF-EMPLOYED RULES TO BE VOTED ON IN CORTES

Social Security costs reductions

IN order to encourage the self-employed to work legally, the Spanish government plans to increase the period of reduced monthly fees of €50 to one year.

This is a special reduction in the rate to be paid to register with the social security department for new self-employed workers, even if the start-up goes on to employ staff.

This is possibly the most important of the concessions being offered to encourage new business start-ups and also those who are working cash in hand to consider registering for the benefits which include medical treatment and pensions.

Additional proposals include women who return to work after giving birth will be able to take advantage of the reduced rate for 12 months and those who employ family members (provided they have not sacked employees in the same position) will be able to extend employment benefits subject to certain requirements.

There will be discounts for those who are out of work for any period of time and also the ability to continue work after retirement age and receive part pension and part salary.

In the event that any person is late in paying their contribution, the 'surcharge' will be reduced for the first month that the payment is overdue and anyone injured whilst travelling to or from work will also be covered by social security.

There will be a €12 per day tax offset for food purchased from a restaurant or café during a weekday if the individual is away from home on business and those who work at home will be able to claim 20 per cent of utility costs including telephone.

As is often the case with Spanish legal matters, there are a number of rules and regulations that have to be met, but generally speaking this is a proposal likely to make life easier and less ex-



SELF-EMPLOYED
protected by
Social Security.

pensive for the self-employed.

Estimates suggest that there are between 3.2 and 3.6 million people working for themselves in Spain but there is a very large additional number who haven't registered, don't pay tax and don't contribute to social security.

It is possible that this new proposal which still has to be voted into law may encourage some of those working but not reporting their income to take advantage of the reduction in cost and increased benefits to register themselves officially.

Spain wants to reduce taxes

IN an interview with the magazine *Values* published by accountants KPMG, Mariano Rajoy has announced that he intends to reduce taxes and review electricity charges.

He was speaking to the magazine as part of its 10th anniversary celebration and spent some time congratulating his government on all that it had achieved to strengthen the economy and to reduce unemployment.

The promise to reduce taxation came with a proviso which was that it could only be done if target deficit figures were reached and this would be known by 2019.

As far as energy is concerned, he pledged to do all that he could to progressively reduce prices although he made no mention of the matter of private solar powered energy which has been problematic for the government in the past.

SOLD AT THE REQUEST OF THE EUROPEAN CENTRAL BANK

Two more banks taken over for just €1

THE European Central Bank warned the Italian government that two of its banks were close to bankruptcy and gave permission for their sale for €1.

Like Banco Popular in Spain, Banca Popolare di Vicenza and Veneto Banca in Italy have been sold to a stronger bank for €1 but there is a considerable difference in the way that private shareholders and investors will be treated.

In the case of the Spanish takeover, Santander are expected to be responsible for the shortfall in accounts of some €7 billion and are not expecting to pay any compensation for losses to shareholders, although they may be sued in a combined action.

The Italian arrangement is completely different as the Italian government has not only agreed to pass only the good parts of the two banks to Intesa Sanpaolo Group but is immediately injecting €5.2 billion into the operation to protect assets and jobs.

In addition however it has put a further €12 billion to one side and retained the bad part of the businesses to cover the likely call from shareholders for compensation and to cover in-



PIER CARLO PADOAN:
Italian Economy Minister.

vestor's deposits as well as bad debts which might be encountered by Intesa.

According to a statement from the Italian Minister of the Economy and Finance Pier Carlo Padoan, there was no alternative than to undertake this 'bail out' as the alternation could have seen a removal of funds from those and other banks and a possible panic and worsening of the economy in Italy.

It is generally understood that the Italian banking sector has a serious problem with potential bad debt which may total €350 billion in all and represents a little more than 30 per cent of

the Eurozone's total bad debt.

When comparing Spanish and Italian banks, one thing that becomes immediately obvious is that many of the plethora of small regional 'building societies' which existed prior to the financial crisis have been amalgamated into larger banks and in many cases have become much stronger.

This was not of course the case with Bankia which was formed from such a group but arguably, its problems were caused by bad management, coupled with reckless abuse by individuals who are currently on trial.

Banks are in the money

SPANISH banks had a very good first quarter with profits of €3.465 billion, an increase of 17 per cent over the same period last year.

Whilst income has improved in all operating areas, as the economy continues to recover, losses caused by bad debt have also dropped by a significant amount to 5.5 per cent.

According to the report issued by the Spanish Banking Association (AEB) much of the increase is due to improved efficiency leading to greater margins as well as an increase in the value of fees.

Another aspect which has helped is the sale of assets by certain of the banks but in some cases, operating costs have increased and those banks affected will need to consider remedial action.

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TOO MANY TOUTS CONTROL TICKETS

Musicians want to protect fans

MANY people in Spain feel that it is totally wrong that 'ticket tout' obtain large numbers of concert tickets and sell them at inflated prices.

In fact it is illegal for tickets to be sold on the streets at higher prices, but owners of websites appear to be protected from the threat of prosecution because the 1982 law didn't envisage the power of the internet.

The Anti-Rebellion Alliance, spearheaded by singer and musician Alejandro Sanz wants to see the law changed to take into account sale through websites and to set a maximum price for any ticket offered for sale by a third party.

One of the problems is that these 'internet tout' speculate on purchasing large numbers so tickets for concerts which they believe will be popular and the artists want to see their



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ALEJANDRO SANZ:
Wants to control
ticket prices
for sale through
a third party.

fans pay the correct price to see their favourite performers.

Profits for the re-sellers can be greater than those earned by the promoter and artists, but the problem has been partially resolved by legislation in Britain and France so the Alliance wants Spain to follow suit.

The Spanish easily adapt to US living

WITH a percentage of young Spaniards considering moving to the USA in order to start their careers many young Americans believe that money buys happiness.

According to a recent Mintel report, a high proportion of those interviewed and aged between 23 and 40 believe that earning money to secure their future is more important than having a good time.

When they do have free time, they are less interested in owning goods than their parents, preferring to be involved in activities, experiences or travelling.

Fifty-one per cent of this group, known as Millennials believe that they understand and can manage their finances well and think their future looks quite healthy.

Interestingly, the report highlights the fact that this group, more than most other generations, wants to have money available for emergencies and also many want to pay utility and credit card bills as quickly as possible.

All are technology aware and a high percentage are happy to use online and mobile banking facilities as they believe that this is a quick and efficient means of dealing with finances.

Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at international@stoneking.co.uk



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

“ You can choose a person or people, who you trust, to act for you when you are no longer able. ”

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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Will do anything to gain power

LEAPY LEE SAYS IT

OTHERS THINK IT



SOME people just never seem to be satisfied. Personally, I thought the recent evacuation of the Camberley high rise apartments was perfectly reasonable and justified.

However unlikely a fire of the Grenfell devastation would have occurred quite so soon (if at all) it was nevertheless a possibility. To hear the moaning and whinging of those evacuated, you would have thought they would have preferred to chance an agonising death than be disturbed 'at that time of the night!'

Well I think Georgia Gould, the Camden councillor who made the decision, was very decisive and extremely articulate in her explanation for the evacuation and had tried a number of alternatives that didn't come to fruition. She simply wasn't prepared to take the risk, however unlikely, of seeing more people perish. Good for her.



CORBYN: Everywhere at the moment.

Have you noticed the sting has also gone out of the left unashamedly trying to turn the whole tragedy into a political incident?

Well I think the reasons come clear in the following text kindly submitted to me by David from the UK. 1. The block of flats was not run by the council, but by the Kensington and Chelsea Tenant Management Organisation which comprises of eight tenants, four councillors and three inde-



pendent members. Emma Coad elected Labour MP was on this board who are being accused of not listening to tenants. 2. Labour holds the seat the block is situated in. 3. Labour run the London council who manage the un-

derfunded London fire service. (Sadiq Khan produced a report saying the fire service didn't need more funding!) 4. The decision to change contractors during the refurbishment was made by the KTCMO. As was the decision not to spend 138k on sprinklers. 5. KTCMO was formed under the 'right to manage' legislation passed when Labour were in power in 2002. No wonder the Corbynites have changed tack and

shifted to only blaming the government for not handling the aftermath well enough. Typical.

Couldn't believe Corbyn, who seems to be everywhere at the moment, actually turned up at Glas-

tonbury. Blatantly pontificating like some 1960's Guru, he used this opportunity to try and bend the minds of even more youngsters, who have no idea what life would be like should

he and his Marxist party ever to come to power.

His final puffed up 'message' to Donald Trump to 'build bridges not walls,' was pure 'flower power' jargon, Utopian rhetoric that finally petered out when the 60's flower children came of age and began to see sense. Unfortunately the kids lapped it up. No wonder the left want the voting age lowered to 16. It's the same ploy used by Blair and Brown, who let in floods of immigrants purely to obtain their votes.

Labour will do anything to gain power. They have no morals, shame or scruples when it comes to using the gullible to mark an X against their party. I would almost like to see them get in, just to be able to tell these misguided youngsters when the whole country falls apart, 'I told you so.' On second thoughts, perhaps not. Don't forget to download Leapy's book. Leapy Lee, Amazon Kindle, will link you up. Have a rewarding week.

Keep the faith

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Lies, damned lies & alternative facts in elections & referendums

Nora Johnson
Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

WHO do you trust? Politicians? Bankers? The police? Trust is now at an all time low - for many, mainly due to those at the top who have let the rest of us down. Indeed, it was once suggested all UK MPs should attend 'honesty' classes. And that's the truth, honestly!

I mean, did you believe 'promises' made during the EU Referendum campaign? For example: 'Two thirds of UK manufacturing jobs depend on demand from Europe' (Alan Johnson). Wrong! Or: 'The EU costs the UK £350+ million every week, nearly £20 billion annually' (Vote Leave campaign). Wrong!

Or, during the recent election? Corbyn's financial 'promises' cat-



POLITICIANS: Do you trust them?

egorically refuted by the Conservatives as Labour's 'magic money tree.'

But let he who is without sin cast the first stone. After all, haven't most of us been occasionally economical with the truth? 'Nice outfit' tends to go down better than 'you look a bit podgy in that.' Or: 'That's weird. You were definitely on the guest list!' Or: 'I've had a few problems with my email. Must be the server!'

According to one study, 60 per

cent of Brits lie at least once during a 10-minute conversation. Another found that 25 per cent lie about their days off simply to impress others.

And politicians? They've raised lying to Olympic standards. Remember Bill Clinton's: 'I did not have sexual relations with that woman.' Plus all Trump's, err, 'alternative facts?'

Just why and how people lie - and the impact this has on others - is a subject that's always fascinat-

ed me and inspired all my novels (all profits, as you know, to Costa del Sol Cudeca cancer charity).

Psychologists claim we lie to compensate for the gaps between who we are and who we want to be and between what we have and what we want to have. Telling a white lie not to offend and paying a false compliment to give pleasure are both natural deceptions adopted at an early age.

Winston Churchill, however, blatantly ignored these social 'rules.' When he met Labour MP Bessie Braddock who accused him of being plastered, he retorted: "Madam, you are ugly. In the morning, I shall be sober." Nuff said.

Nora Johnson's psychological/suspense crime thrillers 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/Book (€0.99;£0.99) and iBookstore.

THURSDAY THOUGHTS

By Brian Eagleson, Mojacar

Doesn't make sense

With apologies to the wonderful Mike Senker. He's not the ONLY Grumpy Old Man!

Why do UK broadcasters have such a problem with the expat telly audience? Why do they keep switching us off? Now that Sky's disappeared yet again with only a few rubbish channels left behind what's it all about?

Anyone with a bit of technical knowledge will be aware that our UK telly comes from a satellite (or two) up in space hovering over the equator. So how come it hovers instead of zooming round and round with our telly dishes having to track it across the sky like Jordrell Bank? Well, that's 'cos its orbit speed is the same as the Earth's rotation. So it stays in (roughly) the same place every day and your dish doesn't need to move. Clever, eh?

But wait a minute. If it's over the equator it must be nearer to Spain than the UK 'cos the UK's further north than Spain. So how come the UK gets perfect reception on all channels while we just get rubbish? Well, that's because it's like a spotlight aimed at the UK with Spain on the fringe of the beam and also due to something called encryption. Y'see, for some unknown reason the UK broadcasters don't want to let anybody outside the UK watch their programmes so they encrypt them with secret codes and now they're even more secret than they used to be and they keep changing all the time. Clever, eh? Hmm. Not so sure. Might be stupid.

After all, if you pay a fortune to launch a satellite into space wouldn't a bigger audience make more money for your business than a smaller one? More adverts reaching more people? The broadcasters don't seem to think so. Has anybody asked the advertisers though? Doesn't make sense to me. But then, does anything?

Readers interested in submitting articles for this guest column should send articles of 3-400 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

Advertising feature

Off Plan Property Deposit Refunds could help you

IT is a major decision when anyone decides to purchase a new property in Spain and in the majority of cases all goes well.

After the financial crises from 2008 onwards however, a surprisingly large number of building companies were unable to complete projects for which they had received substantial deposits or full payment and it was a heart-breaking time for those who lost large amounts of money.

Whilst for several years it appeared as if the money was lost forever, it might just be possible to be able to recover some or all of it.

In a number of circumstances, it is perfectly

possible to obtain a refund of what you have lost thanks to a ruling by the Spanish government and the involvement of a knowledgeable group of lawyers and advisors.

A very well-informed real estate agent, Sheldon Grossmith found himself in exactly this situation but not only did he have a good idea of the law, he also knew a very astute and successful lawyer who actu-

ally helped him recover his funds.

Now, through his company Off Plan Property Deposit Refunds which is based in Estepona, Sheldon and his Spanish associate will do their best to assist expatriates and Spaniards to recover their funds, even if, as is often the case, they were lost 10 years ago.

The concept is very simple, although recovery can take some time, as banks with whom the original deposit was lodged could well be responsible in law for the refund of the monies lost, provided that they didn't insist that monies lodged were covered by bank guarantees, separate insurance policies or in escrow accounts which many didn't.

Almost none of the money lost was ever in a 'safe haven' and this is where OPP can assist.

Sheldon still remembers how sick and upset he felt when he thought that he had lost such a large sum and wants to help others recover what in some cases could be their entire life savings.

To be fair, he isn't totally altruistic as he will make a charge for putting this together, but this will be on a no win, no fee basis!

Those who have suffered such a loss are invited to get in touch with him and send

him a copy of the original purchase contract and proof of payment (as well as where it was paid to).

A decision as to whether there is a viable case to prosecute can be made very quickly and if the decision is positive then it is intended that there will be a three-way agreement, signed between the person losing the money, OPP and the lawyer who will undertake the case.

Once an agreement to proceed is reached, it is likely to take between 12 and 18 months to obtain a final court ruling and in the event of the Judge making an award to the person whose money has been taken, there will be a 15 per cent charge (plus IVA) from OPP and the lawyers will keep any interest that has been awarded by the court.

Should the case be unsuccessful however, then no costs are charged to the client.

Off Plan Property Deposit Refunds was formed at the beginning of 2016 and as a regular advertiser in *Euro Weekly News* has received a number of enquiries from those who lost money and is currently actively pursuing more than 30 cases.

So if you want to find out more, visit www.off-planpropertydepositrefunds.com or call Sheldon on 642 740 708.



Sheldon Grossmith.

LEGALLY SPEAKING

A breath test for passengers?

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.

BREATHALYSER TEST: Law changes.



A RECENT story has been circulating on the internet over changes to the law which will come into force in July, stating that a second person in a vehicle must pass an alcohol breathalyser test not just the driver.

The article stated 'A new measure proposed by the Directorate General of Traffic (DGT) will also force drivers and those accompanying the driver, to blow in the BAC test. The new measure will be launched July 1 in order that this summer we can have safer roads in our country and so that at least one of the companions can count as an alternative driver.'

However, the N332 Traffico team, said the message may have been lost in translation and the actual proposal is in the event of a driver being stopped and fail-

ing an alcohol test, a passenger, or the next appointed driver, must prove their sobriety and pass a breathalyser test as well as having all the appropriate documentation and qualifications to drive, in order for the group in the vehicle to continue their journey.

If none can do so, then the vehicle and its occupants, will not be going anywhere.

If a group of people are in a vehicle, only the driver is legally required to remain below the maximum permitted alcohol limit, although the passengers, however much they have consumed, are still required to act in a safe and appropriate manner in the vehicle, although they cannot be called upon to take over the role of the driver.

For more news and articles visit www.n332.es or search N332 on Facebook.

Can they restrict the pool?

Q. On our community we have owners who owe thousands of euros in fees.

Some have let their properties out for years and are not paying.

Perhaps they are not paying tax to the Hacienda either. These tenants and owners use the pool and gardens.

We are told that a law was passed in 2013 to allow communities to stop these

debtors using the community facilities, so my questions are:

a) Can you tell me the wording of this law and its reference?

b) How far can we go to enforce the law? We hope to get some payment if the owners think they will lose their tenants and revenue.

c) How do we report these owners to the Hacienda?

A. First, I advise you to instruct a lawyer. At your AGM you must authorise the President to do this and to proceed legally against the debtors. The law you mention is Ley 8/2013,

David Searl
You and the Law in Spain



but it does not specifically authorise the restriction of the swimming

pool. Some communities have now enclosed and locked the pool area and issue keys to the paying owners. Yes, you can report the possible tax dodgers. Let your lawyer do this.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Some dodgy side effects!

Mike Senker

In my opinion

Views of a Grumpy Old Man



DO you remember Model 720 - the innocent enquiry that the Spanish tax office made telling everyone they had to declare all worldwide assets valued at over €50,000 or be fined?

We were told it wasn't for any real reason - nobody was ever going to do anything with it. They were just gathering information. Well I have to inform you that surprise, surprise it was absolute lies. Am I shocked? Of course not. Am I peed off? Well, yes I am because I thought if everyone did the right thing, played the game and did the declaration that would be the end of it.

But this week we got a letter from the Spanish tax office telling us that we had underpaid our tax in 2012 which is a load of cobblers. We had paid the tax in the UK for the rental on the property there that we owned and paid the tax here on our rental properties here. The difference is not a fortune and we have given it to our accountant to sort out. His was 'just pay it.' Mine is 'why?' Why should we once again get mugged off? Let me know if you hear of others with this problem.

I was on TRE Viewpoint show talking about the terrible fire that killed all those innocent people recently. I read today that 34 high rise flats in

17 local authority areas have failed fire cladding safety tests. All in the name of 'savings.' It's disgusting and I hope those responsible go to prison!

Mrs S gave up smoking a few months ago but now has started again. So I thought I'd look at some of the things that could help. Vaping is out, as are patches and that gum stuff. Then I saw an advert on US TV for a product called Chantix. I thought to myself 'that looks like a fantastic product.' I'll try and get her some of that. Then, just as the ad was finishing the voice came up and started to reel off the possible side effects.

Here are a few. Abnormal dreams, chronic trouble sleeping, gas, head pain, incomplete or infrequent bowel movements, throwing up, angina, trouble breathing, acute infection of the nose, throat or sinus, drowsiness, dry mouth, excessive sweating, intense abdominal pain, low energy, abnormal heart rhythm, behaving with excessive cheerfulness, delusions, depression, diabetes, giant hives, thought of suicide, paranoia, psychosis, thoughts of hurting or killing others, muscle pain, nosebleeds, ringing in the ears, sensation of spinning - and, as I said this is just SOME of the side effects! What is this stuff? Pass me a ciggy quick! How on earth can you sell a product that can do so much damage? If you get a chance have a look at some American adverts and see how you can die taking something that supposedly helps you stop dying of your original illness!

Email me mikesenker@gmail.com.



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BBC one

7:00am Breakfast
 10:15am Crimewatch
 11:00am Homes Under the Hammer
 12:00pm A&E on the Road
 12:45pm Caught Red Handed
 1:15pm Bargain Hunt
 2:00pm BBC News at One
 2:30pm BBC London News
 2:45pm Doctors
 3:15pm Impossible
 4:00pm Escape to the Country
 4:45pm Money for Nothing
 5:30pm Street Auction
 6:15pm Pointless
 7:00pm BBC News at Six
 7:30pm BBC London News
 8:00pm The One Show
 8:30pm EastEnders
Patrick reels from events. Johnny does his best to help Derek. Things take a turn for Mick.
 9:00pm The Sheriffs are Coming
 10:00pm DIY SOS The Big Build
 11:00pm BBC News at Ten
 11:30pm BBC London News
 11:45pm Question Time
 12:45am This Week

BBC TWO

7:00am The TV That Made Me
 7:30am A&E on the Road
 8:15am Bargain Hunt
 9:00am Bake Off Crème de la Crème
 10:00am Victoria Derbyshire
 12:00pm BBC Newsroom Live
 1:00pm The Daily Politics
 2:00pm Tennis
It is quarter-final day at Eastbourne, where John Inverdale introduces the pick of the live action.
 6:15pm Flog It!
 7:00pm Eggheads
 7:30pm Curious Creatures
 8:00pm World's Most Extraordinary Homes
 9:00pm Great British Menu
 10:00pm Horizon
 11:00pm Mock the Week
 11:30pm Newsnight
 12:15am Who Should We Let in? Ian Hislop on the First Great Immigration Row
 1:15am Paul Hollywood's Big Continental Road Trip

BBC FOUR

8:00pm 100 Days+
 8:30pm Top of the Pops
 9:00pm Castles: Britain's Fortified History
 10:00pm Japan: Earth's Enchanted Islands
Documentary series exploring the wildlife of Japan.
 11:00pm Frank Skinner on Muhammad Ali
Frank Skinner goes on a journey to explore the life of boxing legend Muhammad Ali, meeting Ali's family and friends and visiting key locations in his life.
 12:00am Kings of the Ring
Danny Leigh explores the elemental drama of the boxing movie.
 1:00am Top of the Pops
 1:30am A Brief History of Graffiti
 2:35am Castles: Britain's Fortified History
 3:35am Japan: Earth's Enchanted Islands
 4:35am This is BBC Four

CHANNEL 4

7:00am Countdown
 7:45am Will and Grace
 8:10am Will and Grace
 8:35am Everybody Loves Raymond
 9:00am Everybody Loves Raymond
 9:35am Frasier
 10:05am Frasier
 10:35am Frasier
 11:05am Ramsay's Kitchen Nightmares USA
 12:00pm A Place in the Sun: Winter Sun
 1:00pm Channel 4 News
 1:05pm Couples Come Dine with Me
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 6:00pm Four in a Bed
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 7:00pm The Simpsons
 7:30pm Hollyoaks
 8:00pm Channel 4 News
 9:00pm The Supertvet
 10:00pm Host the Week
 11:00pm Naked Attraction
 12:05am Real, Fake or Unknown
 1:10am First Dates

CHANNEL 5

8:00am Fireman Sam
 8:10am Thomas and Friends
 8:25am Shimmer and Shine
 8:40am Noddy: Toyland Detective
 8:55am Paw Patrol
 9:10am Ben and Holly's Little Kingdom
 9:25am Digby Dragon
 9:40am Peppa Pig
 9:50am Wissper
 10:00am Wanda and the Alien
 10:15am The Wright Stuff
 12:15pm House Doctor
 1:10pm 5 News Lunchtime
 1:15pm Big Brother
 2:15pm Home and Away
 2:45pm Neighbours
 3:15pm NCIS: Los Angeles
 4:15pm Left to Die
 6:00pm 5 News at 5
 6:30pm Neighbours
 7:00pm Home and Away
 7:30pm 5 News Tonight
 8:00pm Can't Pay? We'll Take it Away!
 9:00pm In Sickness and in Wealth
 10:00pm Big Brother: Live Eviction
 11:35pm Big Brother's Bit on the Side
 12:35am Big Brother

4

9:30am Rules of Engagement
 10:00am Melissa and Joey
 10:30am Melissa and Joey
 11:00am Baby Daddy
 11:30am Baby Daddy
 12:00pm How I Met Your Mother
 12:30pm How I Met Your Mother
 1:00pm New Girl
 1:30pm New Girl
 2:00pm Brooklyn Nine-Nine
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 5:30pm New Girl
 6:00pm 2 Broke Girls
 6:30pm 2 Broke Girls
 7:00pm The Big Bang Theory
 7:30pm The Big Bang Theory
 8:00pm Hollyoaks
 8:30pm The Goldbergs
 9:00pm The Big Bang Theory
 9:30pm Kevin Can Wait
 10:00pm New Girl
 10:30pm New Girl
 11:00pm First Dates USA
 12:00am The Big Bang Theory

sky SPORTS 1

7:00am Good Morning Sports Fans
 8:00am Good Morning Sports Fans
 9:00am Good Morning Sports Fans
 10:00am Barclays Premier League World
 10:30am Live European Tour Golf
The opening day of the Open de France at Le Golf National.
 6:30pm Premier League 100 Club
 7:00pm Premier League Legends
 7:30pm Football's Greatest Teams
 8:00pm Live Super League
Leeds Rhinos v St Helens.
 11:30pm Boxing Gold
 11:45pm Boxing Gold
 12:00am Premier League Legends
 12:30am Premier League Legends
 1:00am Premier League 100 Club
 1:30am Premier League 100 Club
 2:00am Football's Greatest Teams

itv

7:00am Good Morning Britain
Breakfast show featuring the latest news, sport and weather.
 9:30am Lorraine
 10:25am The Jeremy Kyle Show
 11:30am This Morning
 1:30pm Loose Women
 2:30pm ITV Lunchtime News
 2:55pm ITV News London
 3:00pm Judge Rinder
Studio courtroom show in which criminal barrister Robert Rinder rules on real life cases.
 4:00pm David Dickinson's Name Your Price
 5:00pm Tipping Point
 6:00pm The Chase
 7:00pm ITV News London
 7:15pm ITV Evening News
 7:30pm Confederations Cup
 10:15pm Killer Women with Piers Morgan
 11:15pm ITV News
 11:45pm ITV News London
 12:00am Fearless
 1:00am Jackpot247

itv2

7:00am The Hot Desk
 7:10am You've Been Framed!
 7:35am Vanderpump Rules
 8:20am The Ellen DeGeneres Show
 9:00am The Cube
 10:00am You've Been Framed!
 10:35am Scorpion
 11:25am Below Deck
 12:25pm Vanderpump Rules
 1:20pm Totally You've Been Framed!
 2:30pm You've Been Framed!
 3:00pm The Ellen DeGeneres Show
 3:50pm The Jeremy Kyle Show
 4:55pm The Jeremy Kyle Show
 6:00pm Judge Rinder
 7:00pm You've Been Framed!
 8:00pm You've Been Framed!
 9:00pm Two and a Half Men
 9:30pm Two and a Half Men
 10:00pm Love Island
 11:00pm Celebability
 11:50pm Family Guy
 12:20am Family Guy
 12:45am Family Guy
 1:20am American Dad!
 1:45am American Dad!
 2:15am Two and a Half Men
 2:40am Mom

itv3

7:00am Man About the House
 7:25am Heartbeat
 8:30am Where the Heart is
Drama series following the lives of community nurses in a small Yorkshire town.
 9:35am Wild at Heart
 10:35am Judge Judy
 11:05am Judge Judy
 11:35am Judge Judy
 12:00pm Road to Avonlea
 1:00pm Love Your Garden
 2:05pm Heartbeat
 3:10pm The Royal
 4:15pm Wild at Heart
 5:20pm Man About the House
 5:55pm Rising Damp
 6:20pm George and Mildred
After 25 years of marriage, the Ropers' hopes of a good night's sleep rest on a horse.
 6:55pm Heartbeat
 8:00pm Murder, She Wrote
 9:00pm Endeavour
 11:00pm Law and Order: UK
 12:00am Wire in the Blood
 1:55am Wycliffe

itv4

7:00am Snooker v Darts
 7:05am Minder
 8:00am Cash Cowboys
 8:45am The Saint
 9:55am Ironside
 11:00am Quincy, M.E.
 12:00pm Minder
 1:05pm Counting Cars
 1:35pm Counting Cars
 2:00pm Pawn Stars
 2:30pm Pawn Stars
 2:55pm The Saint
 4:00pm Ironside
 5:00pm Quincy, M.E.
 6:05pm Cash Cowboys
 7:05pm Counting Cars
 7:35pm Counting Cars
 8:00pm Pawn Stars
 8:30pm Pawn Stars
 9:00pm The Big Fish Off
 10:00pm Jaws 3
The second sequel to Steven Spielberg's 70s blockbuster transports the action from Amity Island to a new undersea kingdom attraction in a Florida theme park.
 11:00pm FYI Daily
 11:05pm Jaws 3
 12:05am The Deer Hunter

sky CINEMA ACTION & ADVENTURE

7:25am Vigilante Diaries
 9:20am Charlie's Angels
 11:05am Charlie's Angels: Full Throttle
 12:55pm Star Trek Beyond
 3:00pm Batman and Robin
 5:10pm Armageddon
 7:45pm Sherlock Holmes
 10:00pm Star Trek Beyond
 12:05am The Matrix Revolutions
 2:20am The Mummy

sky CINEMA COMEDY

7:00am Ghost Town
 8:50am Dirty 30
 10:30am Dope
 12:20pm Deuce Bigalow: Male Gigolo
 2:00pm Ghostbusters
 4:00pm Walk Hard: The Dewey Cox Story
 5:45pm Vacation
 7:30pm Get a Job
 9:00pm Ghostbusters
 11:00pm Deuce Bigalow: Male Gigolo
 12:35am Deuce Bigalow: European Gigolo
 2:05am Pixels
 4:00am Crocodile Dundee

sky CINEMA PREMIERE

7:00am Life on the Line
 8:45am Queen of Katwe
 10:55am Bridget Jones's Baby
 1:05pm Delinquent
A trouble-making teen is thrilled to finally join his dad's criminal gang, but when a robbery goes wrong he's left struggling to deal with the fall-out.
 2:50pm Beautiful Devils
The close friend and collaborator of an up-and-coming musician secretly plots his revenge after being pushed to the sidelines.
 5:00pm Life on the Line
 6:50pm Queen of Katwe
The life of an impoverished Ugandan youngster is changed forever when she's introduced to the game of chess.
 9:00pm Bridget Jones's Baby
 11:10pm Follow
 12:35am Operation Chromite
 2:35am Cruel Summer

sky SPORTS 2

11:00am Cricket's Greatest
 11:30am Cricket's Greatest
 12:00pm Hickstead Derby Highlights
 1:00pm Cricket's Greatest
 1:30pm Cricket's Greatest
 2:00pm Sporting Heroes
 3:00pm Cricket's Greatest
 3:30pm Cricket's Greatest
 4:00pm Cricket's Greatest
 4:30pm Cricket's Greatest
 5:00pm Hickstead Derby Highlights
 6:00pm Great Sporting Moments
 6:15pm Great Sporting Moments
 6:30pm Great Sporting Moments
 6:45pm Great Sporting Moments
 7:00pm Cricket's Greatest
 7:30pm Cricket's Greatest
 8:00pm Sky Sports Originals
 9:00pm Cricket's Greatest
 9:30pm Cricket's Greatest
 10:00pm Cricket Classics
 11:00pm Super League Highlights
 11:15pm Super League Gold
 11:30pm Cricket's Greatest
 12:00am Hickstead Derby Highlights

Advertising feature

Ready for anything when you travel?

Christina Sharp

GLOBELINK INTERNATIONAL
christina@globelink.co.uk



WOULD your hand luggage pass the test for a trip-savvy, seasoned traveller?

As millions of us grab passports and head for our holidays, it is a timely reminder that literally hundreds of thousands of baggage items go missing every year. Usually it's because your luggage is checked onto the wrong plane. Fortunately the airline generally get it back to you within 48 hours. However, what do you do in the meantime?

Our advice is to be 'ever-ready' when you travel and pack smart when it comes to your hand-luggage. It will avoid no end of stress if your luggage does decide to go on a trip of its own.

Here are our Top 10 Essentials to carry in your hand luggage:

1. *Travel documents and valuables*

Carry essentials in an easily accessible separate compartment, or folder. Include passport/visa, boarding pass, reservations, all relevant contact numbers, cash, cards and valuables (including spectacles). Don't keep all cash/cards in one place and ideally split it between you and any travel companion for added security.

2. *Prescribed Medication*

Carry enough medication for at least two days in case your luggage is delayed. It's a good idea to carry the prescription too. Note that you're allowed to carry essential medicines of more than 100ml in your hand luggage, as long as you have supporting documentation from your doctor, or a copy of the prescription.

3. *First aid kit*

Pain killers, indigestion tablets, anti-diarrhea, travel sickness tablets, allergy medication, anti-bacteria gel, plasters, small disinfectant cream etc. You can fit these into a small clear plastic travel/toiletry bag.

4. *Toiletries*

Basics, including travel toothbrush, toothpaste, soap, razor. Save space with travel-size items and keep within carrier regulations with liquids no more than 100ml. Add anything else that's essential to you such as make-up that you really can't live without (you may not be able to buy your preferred brand locally, or it could cost three times the price).

5. *A spare set of clothes*

Trust me, this will save you no end of hassle if your luggage is delayed. Chose light and compact items. It's amazing how small you can fold/roll cotton shorts/trousers and a t-shirt.

6. *Snacks*

It pays to take some food and it saves you paying top prices at the airport. Chewing gum is especially useful as it helps with ear popping and is an instant breath freshener.

7. *Mobile phone / tablet*

Helps stay connected and occupied during the journey. Don't forget earphones.

8. *Portable Charger and Adaptor*

It's well worth carrying these compact items as it could be a real pain sourcing replacements while you're away.

9. *Pen and paper*

Always handy and often overlooked in this digital age!

10. *Travel Insurance*

We would say that wouldn't we? Travel Insurance is a must and comes into its own if your luggage is delayed. Most Comprehensive Travel Insurance policies cover baggage delay, and Globelink is no exception. Your baggage is usually considered 'delayed' if you don't have it after 12 hours. Baggage Delay cover provides a monetary sum to purchase essential items until your luggage turns up, like clothing, medication, and toiletries. Always get confirmation of the delay from your carrier and keep receipts for purchases.

Do you have any great travel tips that you would like to share? Email me and we can publish the best ones next time: christina@globelink.co.uk.

Globelink Travel Insurance: for people living in the EU. Trusted for 20 years by our customers. Get an instant quote and secure cover with www.globelink.co.uk, or call (UK) +44 1353 699 082 or our Spanish link line 966 265 000. Your Policy and Emergency Assistance Card will be delivered immediately by email.

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am Breakfast
10:15am Crimewatch
11:00am Homes Under the Hammer
12:00pm A&E on the Road
12:45pm Caught Red Handed
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Doctors
3:15pm Impossible
4:00pm Escape to the Country
4:45pm Money for Nothing
5:30pm Street Auction
6:15pm Pointless
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm A Question of Sport
9:00pm EastEnders
9:30pm Count Arthur Strong
10:00pm Peter Kay's Comedy Shuffle
10:30pm Mrs. Brown's Boys
11:00pm BBC News at Ten
11:25pm BBC London News
11:35pm The Graham Norton Show
12:25am Entrapment

BBC TWO

7:00am The TV That Made Me
7:30am A&E on the Road
8:15am Bargain Hunt
9:00am Great British Menu
9:30am Big Love
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm Tennis
6:15pm Flog It!
7:00pm Eggheads
7:30pm Curious Creatures
8:00pm World's Most Extraordinary Homes
9:00pm Great British Menu
10:00pm Gardeners' World
11:00pm Frankie Boyle's New World Order
11:30pm Newsnight
12:05am Best of Glastonbury 2017
2:05am Mike and Jules: While We Still Have Time
3:05am Doctor Who
3:50am This is BBC Two Highlights of programmes on BBC Two.

BBC FOUR

8:00pm World News Today
The latest national and international news, exploring the day's events from a global perspective.
8:30pm Top of the Pops
Simon Bates and Peter Powell introduce the pop chart programme.
9:00pm The Good Old Days
9:50pm Sounds of the Seventies
10:00pm Tom Jones's 1950s: The Decade That Made Me
11:00pm Tom Jones at the BBC
12:00am Dusty Springfield at the BBC
1:00am Top of the Pops
1:25am Tom Jones's 1950s: The Decade That Made Me
2:25am Tom Jones at the BBC
3:20am Dusty Springfield at the BBC
4:20am Sounds of the Seventies

CHANNEL 4

7:00am Countdown
7:45am Will and Grace
8:10am Will and Grace
8:35am Everybody Loves Raymond
9:00am Everybody Loves Raymond
9:35am Frasier
10:05am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen
Nightmares USA
12:00pm A Place in the Sun: Winter Sun
1:00pm Channel 4 News
1:05pm Couples Come Dine with Me
2:05pm Posh Pawnbrokers
3:10pm Countdown
4:00pm Fifteen to One
5:00pm Best of Both Worlds
6:00pm Four in a Bed
6:30pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Gogglesprogs
10:00pm The Crystal Maze
11:00pm The Last Leg
12:05am Naked Attraction
1:10am Host the Week

CHANNEL 5

8:10am Thomas and Friends
8:25am Shimmer and Shine
8:40am Noddy: Toyland Detective
8:55am Paw Patrol
9:10am Ben and Holly's Little Kingdom
9:25am Digby Dragon
9:40am Peppa Pig
9:50am Wissper
10:00am Wanda and the Alien
10:15am The Wright Stuff
12:15pm Animals Make You Laugh Out Loud
12:45pm Big Brother
2:10pm 5 News Lunchtime
2:15pm Home and Away
2:45pm Neighbours
3:20pm NCIS: Los Angeles
4:15pm Jane Doe: How to Fire Your Boss
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Police Interceptors
9:00pm Blind Date
10:00pm The Best of Bad TV
11:00pm Big Brother
12:00am Big Brother's Bit on the Side

4

7:00am Hollyoaks
7:30am Coach Trip
8:00am Made in Chelsea
9:00am Rules of Engagement
9:30am Rules of Engagement
10:00am Melissa and Joey
10:30am Melissa and Joey
11:00am Baby Daddy
11:30am Baby Daddy
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm New Girl
1:30pm New Girl
2:00pm Brooklyn Nine-Nine
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5:00pm New Girl
5:30pm New Girl
6:00pm 2 Broke Girls
6:30pm 2 Broke Girls
7:00pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm The Goldbergs
9:00pm The Big Bang Theory
10:00pm Fast Five
12:35am Vlogglebox
1:40am Gogglebox

sky SPORTS 1

7:00am Good Morning Sports Fans
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Premier League 100 Club
10:30am Live European Tour Golf
6:30pm Premier League 100 Club
7:00pm Premier League Legends
7:30pm Beneath the Black: A Journey Through New Zealand Rugby
8:30pm Live European U21 Championship Final
11:15pm Premier League 100 Club
11:45pm Premier League 100 Club
12:15am Sporting Triumphs
12:30am European U21 Championship Final Highlights
1:00am Rugby Union
2:45am Super Rugby Gold
3:00am The Premier League Years
5:00am Sporting Heroes

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm David Dickinson's Name Your Price
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Coronation Street
9:00pm The Secret World of Posh Pets
9:30pm Coronation Street
10:00pm Lethal Weapon
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:40pm Bird on a Wire
1:45am Jackpot247
4:00am Storage Hoarders
4:50am ITV Nightscreen

itv2

7:00am The Hot Desk
7:10am You've Been Framed!
7:35am Vanderpump Rules
8:20am The Ellen DeGeneres Show
9:00am The Cube
10:00am You've Been Framed!
10:35am Scorpion
11:25am Below Deck
12:25pm Vanderpump Rules
1:20pm You've Been Framed!
2:30pm You've Been Framed!
3:00pm The Ellen DeGeneres Show
3:50pm The Jeremy Kyle Show
4:55pm The Jeremy Kyle Show
6:00pm Judge Rinder
7:00pm You've Been Framed!
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Love Island
11:00pm Celebrity Juice
11:50pm Family Guy
12:20am Family Guy
12:50am Family Guy
1:20am American Dad!
1:45am American Dad!

itv3

7:00am Man About the House
7:25am Heartbeat
8:30am Where the Heart is
9:30am Wild at Heart
10:30am Judge Judy
11:00am Judge Judy
11:30am Judge Judy
11:55am Road to Avonlea
1:00pm Love Your Garden
2:05pm Heartbeat
3:10pm The Royal
4:15pm Wild at Heart
5:20pm Man About the House
5:55pm Rising Damp
6:20pm George and Mildred
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Doc Martin
10:00pm The Street
11:20pm Law and Order: UK
12:20am Wire in the Blood
2:15am Prime Suspect
4:00am Mr Selfridge
4:50am Long Lost Family
5:40am On the Buses

itv4

7:00am Football's Greatest
7:05am Minder
8:00am Cash Cowboys
8:45am The Saint
9:55am Ironside
11:00am Quincy, M.E.
12:00pm Minder
1:00pm Counting Cars
1:30pm Counting Cars
2:00pm Pawn Stars
2:30pm Pawn Stars
2:55pm The Saint
4:00pm Ironside
5:05pm Quincy, M.E.
6:10pm The Great Outdoors
7:15pm FYI Daily
7:20pm The Great Outdoors
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm The Big Fish Off
10:00pm Dr. No
11:05pm FYI Daily
11:10pm Dr. No
12:15am The Assassination of Jesse James by the Coward Robert Ford
1:15am FYI Daily
1:20am The Assassination of Jesse James by the Coward Robert Ford

sky CINEMA ACTION & ADVENTURE

1:20pm Captain America: Civil War
3:50pm The Scorpion King
5:30pm Self/Less
7:30pm Cloverfield
9:00pm Star Wars: Episode VII - The Force Awakens
11:20pm Captain America: Civil War
1:50am The Mummy Returns
4:05am Mean Machine

sky CINEMA COMEDY

8:00am Year One
9:45am Bruce Almighty
11:30am Robin Hood: Men in Tights
1:20pm How to be Single
3:20pm Ghostbusters: Special
3:50pm Ride Along 2
5:40pm Welcome to Me
7:15pm Mrs. Brown's Boys D'Movie
9:00pm How to be Single
11:00pm Ride Along 2
12:50am Mrs. Brown's Boys D'Movie

sky CINEMA PREMIERE

7:00am Queen of Katwe
9:10am Cruel Summer
10:45am Bridget Jones's Baby
12:55pm Purge, the: Election Year
2:50pm Life on the Line
4:40pm Queen of Katwe
6:50pm Bridget Jones's Baby
After a pair of one-night stands the now single Bridget Jones winds up pregnant.
9:00pm Purge, the: Election Year
11:00pm Life on the Line
12:50am Follow
2:20am Operation Chromite
Wartime drama about a squad of South Korean soldiers sent to infiltrate their northern neighbours..
4:25am Cruel Summer

sky SPORTS 2

7:00am Cricket Classics
8:00am WWE Main Event
9:00am Cricket's Greatest
9:30am Cricket's Greatest
10:00am Cricket Classics
11:00am Great Sporting Moments
11:15am Great Sporting Moments
11:30am Great Sporting Moments
11:45am Great Sporting Moments
12:00pm Sporting Heroes
1:00pm Cricket Classics
2:00pm Sporting Heroes
3:00pm Cricket's Greatest
5:00pm Cricket Classics
6:00pm Great Sporting Moments
6:15pm Great Sporting Moments
7:00pm ICC Cricket
7:30pm Cricket Gold
7:40pm Cricket Gold
7:50pm Cricket Gold
8:00pm Super League Gold
8:15pm Super League Gold
8:30pm Live Super League
11:30pm Cricket's Greatest
12:00am Cricket Classics

|| The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

French fashion

FRANCE'S Socialist Party (PS) needs examining under a microscope, because it is now microscopically small.

Far Left-leaning Benoit Hamon was trounced in the first round of the presidential elections and the party did no better in the recent parliamentary elections.

President Emmanuel Macron's En Marche-MODEM coalition won 350 of 577 seats while the PS plummeted from 284 to 40-odd. Former socialist prime minister Manuel Valls retained his Paris seat by the skin of his teeth and 139 votes.

Pedro Sanchez, on a roll after the PSOE national conference, will find reasons to dismiss parallels with the choice of Hamon as the PS leader and his own re-enthronement as secretary general.

Sanchez is safe for the time being as Spain still lacks a Macron and is unlikely to acquire one. Meanwhile he and the PSOE sector should ponder Hamon's fate, while thinking long and hard.

Do the maths

PEDRO SANCHEZ naturally hopes to evict Spain's president, Mariano Rajoy, from the

Moncloa Palace.

That's part of a political party's job description but simple arithmetic shows that with 85 out of 350 seats the PSOE can't pull this off alone.

Sanchez hopes to square the circle by persuading Ciudadanos and Podemos to join him in toppling Rajoy.

Ciudadanos was originally a civic movement opposed to Catalan independence. Meanwhile Podemos flirts with the notion that Spain is 'a nation of nations.' Ciudadanos and Podemos are the twain that never shall meet so Sanchez might as well try to square the circle - and that's geometry, not simple arithmetic.

Be very afraid

THE PSOE barons or regional presidents never took to Pe-

dro Sanchez but pledged their loyalty and support the second time around.

Apart from Francisca Armengol in Balears they were instrumental in removing Sanchez last October, so Susana Diaz, Ximo Puig and their fellow barons have much to fear.

The newly-elected PSOE executive committee stres-

sed that it will not seek to oust them from their dual roles of president and regional secretary. But neither, stressed the committee's spokesman Oscar Puente, would it hinder grassroots moves to do so.

The committee should nevertheless tread warily. Those barons were elected by voters, not the card-carrying party membership, and the newly-selected Executive Committee ignores this at its peril.



Emmanuel Macron.

Freedom of speech

EL PAIS, and the SER radio station and others were recently excluded from an informal Podemos breakfast meeting. As none are to the party's liking this puts a new slant on freedom of the press. In other words, write what you like so long as it's what Podemos supremo Pablo Iglesias wants to hear.

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BBC one

- 10:00am The Andrew Marr Show
- 11:00am Sunday Morning Live
- 12:00pm Sunday Politics
- 1:15pm Bargain Hunt
- 2:00pm BBC News
- 2:10pm Weather for the Week Ahead
- 2:15pm Homes Under the Hammer
- 3:00pm Money for Nothing
- 3:45pm Escape to the Country
- 4:45pm Eat Well for Less
- 5:45pm Songs of Praise
- 6:20pm Sue Barker: Our Wimbledon
- 7:35pm BBC News
- 7:50pm Regional News
- 7:55pm Weather
- 8:00pm Countryfile
- 9:00pm Antiques Roadshow
- 10:00pm Poldark
- 11:00pm BBC News
- 11:20pm Regional News
- 11:25pm Weather
- 11:30pm Miranda Hart - My What I Call Live Show
- 12:30am The Week the Landlords Moved in

BBC TWO

- 7:20am A to Z of TV Gardening
- 8:05am Gardeners' World Horticultural tips from the gardening experts.
- 9:05am The Beechgrove Garden
- 9:35am Countryfile News and stories concerning the heart of the British countryside.
- 10:35am Saturday Kitchen Best Bites
- 12:05pm Wimbledon 2016 Review
- 1:00pm Athletics
- 2:00pm Athletics
- 6:00pm Inside the Factory: How Our Favourite Foods are Made
- 7:00pm The Fifteen Billion Pound Railway
- 8:00pm Dragons' Den
- 9:00pm The Life Swap Adventure
- 10:00pm George Best: All by Himself
- 11:30pm Mock the Week
- 12:00am White Gold

BBC FOUR

- 8:00pm Handmade in Japan
- 8:30pm Handmade in Japan
- 9:00pm Handmade in Japan
- 9:30pm Schönbrunn Summer Night Concert From Vienna
- 11:00pm Storyville
- 12:20am Climate Change by Numbers
- 1:35am Darwin's Struggle: The Evolution of the Origin of Species
- 2:35am Nature's Great Events Series about the most dramatic wildlife spectacles on our planet.
- 3:35am Kings of the Ring Danny Leigh explores the elemental drama of the boxing movie. For over 120 years, boxing and film have been entwined and the fight film has been used to address powerful themes such as redemption, race and corruption.

CHANNEL 4

- 7:10am 3rd Rock from the Sun
- 7:35am 3rd Rock from the Sun
- 8:00am Everybody Loves Raymond
- 8:30am Everybody Loves Raymond
- 8:55am Frasier
- 9:25am Frasier
- 9:55am Eating Well with Hemsley and Hemsley
- 10:30am Sunday Brunch
- 1:30pm Eat the Week with Iceland
- 2:30pm George Clarke's Amazing Spaces
- 3:30pm Dante's Peak
- 5:35pm A Place in the Sun: Winter Sun
- 6:35pm Homes by the Sea
- 7:30pm Channel 4 News
- 8:00pm Grand Designs
- 9:00pm Dunkirk
- 10:00pm The Handmaid's Tale
- 11:15pm 8 Out of 10 Cats Does Countdown
- 12:10am Trance
- 2:00am Ramsay's Kitchen Nightmares USA

CHANNEL 5

- 7:00am Milkshake! Programming aimed at children aged two to seven years old.
- 11:15am Teenage Mutant Ninja Turtles
- 11:55am The Gadget Show Technology show that examines at some of the most popular everyday gadgets.
- 12:45pm Police Interceptors Documentary series profiling the work of a high-speed police interception unit in Essex.
- 1:40pm Police Interceptors
- 2:40pm Police Interceptors
- 3:40pm Made of Honour
- 5:40pm 13 Going on 30
- 7:30pm The Flintstones
- 9:05pm That's So... 1984
- 9:55pm 5 News
- 10:00pm Big Brother
- 11:05pm OMG: Painted, Pierced and Proud
- 12:05am The Vow
- 2:05am Super Casino
- 4:10am The Hotel Inspector

4

- 7:00am Rude(Ish) Tube
- 7:25am Couples Come Dine with Me
- 8:20am Couples Come Dine with Me
- 9:25am Hollyoaks Omnibus
- 12:00pm The Goldbergs
- 12:30pm The Goldbergs
- 1:00pm The Goldbergs
- 1:30pm Ferris Bueller's Day Off
- 3:35pm The Big Bang Theory
- 4:00pm The Big Bang Theory
- 4:30pm The Big Bang Theory
- 5:00pm The Big Bang Theory
- 5:30pm The Big Bang Theory
- 6:00pm The Big Bang Theory
- 6:30pm The Big Bang Theory
- 7:00pm The Big Bang Theory
- 7:30pm The Big Bang Theory
- 8:00pm The Big Bang Theory
- 8:30pm The Big Bang Theory
- 9:00pm The Crystal Maze
- 10:00pm The Inbetweeners Movie
- 12:00am Underworld: Awakening
- 1:45am Rude Tube
- 2:50am 8 Out of 10 Cats
- 3:35am How I Met Your Mother

sky SPORTS 1

- 7:00am British and Irish Lions Tour Highlights
- 8:00am The Premier League Years
- 10:00am British and Irish Lions Tour Highlights
- 11:00am Cricket Gold
- 11:10am Cricket Gold
- 11:20am Live ICC Women's World Cup 2017 England v Sri Lanka.
- 7:00pm Premier League Legends
- 7:30pm British and Irish Lions Tour Highlights
- 8:30pm Premier League Legends
- 9:00pm Premier League Legends
- 9:30pm Premier League Legends
- 10:00pm British and Irish Lions Tour Highlights
- 11:00pm Football Gold
- 11:10pm Football
- 1:15am The Premier League Years
- 3:15am Sporting Triumphs
- 3:30am Sporting Triumphs
- 3:45am Sporting Triumphs
- 4:00am British and Irish Lions Tour Highlights

itv

- 7:00am CITV
- 9:25am ITV News
- 9:30am Weekend
- 10:25am Judge Rinder
- 11:20am Judge Rinder
- 12:20pm Tipping Point Fast paced quiz show sees four players take on the familiar shove-penny style machine filled with counters worth cash.
- 1:25pm ITV News and Weather
- 1:35pm Babushka
- 2:35pm The Voice Kids
- 4:05pm Bear Gryll's Survival School
- 4:30pm Hulk
- 7:05pm Local News and Weather
- 7:15pm ITV News and Weather
- 7:30pm Confederations Cup Final
- 10:30pm The Loch
- 11:30pm ITV News and Weather
- 11:50pm Lethal Weapon
- 12:45am Take Me Out

itv2

- 7:00am The Hot Desk
- 7:10am Totally Bonkers Guinness World Records
- 8:00am You've Been Framed!
- 8:25am Emmerdale Omnibus
- 10:15am Coronation Street Omnibus
- 12:15pm The Voice Kids
- 1:45pm The Flintstones in Viva Rock Vegas
- 2:45pm FYI Daily
- 2:50pm The Flintstones in Viva Rock Vegas
- 3:35pm A Cinderella Story
- 4:35pm FYI Daily
- 4:40pm A Cinderella Story
- 5:30pm Charlie and the Chocolate Factory
- 6:30pm FYI Daily
- 6:35pm Charlie and the Chocolate Factory
- 7:45pm Step Up 3
- 8:45pm FYI Daily
- 8:50pm Step Up 3
- 10:00pm Love Island
- 11:00pm Love Island
- 12:05am Family Guy
- 12:30am Family Guy
- 1:05am Family Guy

itv3

- 7:00am George and Mildred Comedy series following George and Mildred Roper.
- 7:25am Hans Christian Andersen
- 9:10am Heartbeat Drama, set in the North Yorkshire moors in the 1960's.
- 10:15am Heartbeat
- 11:20am Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.
- 12:25pm The Darling Buds of May
- 1:40pm Bertie and Elizabeth
- 3:50pm Wycliffe
- 4:55pm Foyle's War
- 7:00pm Agatha Christie's Marple
- 9:00pm The Booze Cruise
- 11:05pm Law and Order: UK Crime drama based on the hit US series Law and Order.
- 12:05am Law and Order: UK
- 1:05am Wire in the Blood

itv4

- 7:00am Football's Greatest
- 7:05am Counting Cars
- 7:30am Storage Wars
- 7:50am Storage Wars
- 8:15am Pawn Stars
- 8:40am Pawn Stars
- 9:05am Pawn Stars
- 9:35am Pawn Stars
- 10:00am Pawn Stars
- 10:30am Pawn Stars
- 10:55am Tour de France Highlights
- 12:00pm Tour de France Live
- 5:45pm Hat-Trick Heroes
- 6:00pm Pawn Stars
- 6:30pm Pawn Stars
- 7:00pm Fierce Natural series seeking out the world's most fierce animals.
- 8:00pm Tour de France Highlights
- 9:00pm The Chase: Celebrity Special
- 10:00pm The Deer Hunter
- 11:05pm FYI Daily
- 11:10pm The Deer Hunter
- 1:45am The Football Mavericks

sky CINEMA ACTION & ADVENTURE

- 10:55am The Bourne Ultimatum
- 12:55pm Jason Bourne
- 3:05pm The Bourne Identity
- 5:05pm The Bourne Supremacy
- 7:00pm The Bourne Ultimatum
- 9:00pm Jason Bourne
- 11:15pm Troy
- 2:05am Con Air
- 4:10am The Blue Max

sky CINEMA COMEDY

- 7:20am Ghostbusters: Special
- 7:50am Big Daddy
- 9:35am Valentine's Day
- 11:45am 27 Dresses
- 1:45pm Hot Tub Time Machine
- 3:35pm Sisters
- 5:35pm Hot Pursuit
- 7:10pm Brewster's Millions
- 9:00pm Hot Tub Time Machine
- 10:45pm Sisters
- 12:50am Grosse Pointe Blank
- 2:45am Bad News Bears

sky CINEMA PREMIERE

- 7:00am Morgan
- 8:50am Bridget Jones's Baby
- 11:05am Purge, the: Election Year
- 1:05pm Mr. Right Romantic action comedy about a neurotic young woman who falls head over heels for a hitman with a heart.
- 2:55pm Operation Chromite Wartime drama about a squad of South Korean soldiers sent to infiltrate their northern neighbours.
- 5:00pm Bridget Jones's Baby After a pair of one-night stands the now single Bridget Jones winds up pregnant.
- 7:15pm Morgan
- 9:00pm Purge, the: Election Year
- 11:00pm Mr. Right
- 12:45am Follow
- 2:05am Life on the Line

sky SPORTS 2

- 7:00am Cricket's Greatest
- 7:30am Cricket's Greatest
- 8:00am Cricket Gold
- 8:10am Cricket Gold
- 8:20am Cricket Gold
- 8:30am Great Sporting Moments
- 8:45am Great Sporting Moments
- 9:00am Royal London One Day Cup Final Hlt
- 10:00am Cricket Writers on TV
- 11:00am Live ICC Women's World Cup 2017 India v Pakistan.
- 7:00pm Cricket's Greatest
- 7:30pm Cricket's Greatest
- 8:00pm Boxing Frank Buglioni defends his British light heavyweight title against Ricky Summers at London's O2 Arena.
- 12:00am Cricket Classics
- 1:00am ICC Women's World Cup 2017 Highlights
- 2:00am Great Sporting Moments

Travel

Adventures in Africa

ONE of the best perks about living in southern Spain, or visiting there often, are the amazing travel opportunities to exotic destinations.

Madrid, Barcelona, Galicia, Granada, Ibiza, Portugal and France are all completely different from one another yet right on your doorstep.

But what about Africa? A quick glance on the map tells you that a vast continent is just a sail away, or even a swim if you're fit enough. But travelling there for the first time can be quite a daunting prospect, especially with visas, vaccinations and language issues.

Enter the Spanish enclaves of Ceuta and Melilla. Just as the UK has maintained Gibraltar, Spain has its own overseas territories, both claimed by Morocco. Ceuta is an old Spanish penal colony with a fascinating history, while Melilla has been under the Spanish flag for more than 500 years.

Both are excellent travel destinations in their

own right and, by travelling to Africa, you can certainly tick off the 'something different' box.

Ceuta and Melilla are not in the same region. Ceuta is near the Moroccan port of Tangier, about a six-hour drive from Melilla to the east.

Ceuta doesn't have its own airport but you can fly from Malaga by helicopter if you're feeling adventurous. Most people opt for the fast ferries from Algeciras which run several times a day and take just

45 minutes.

Melilla is less touristy but does have its own airport with flights arriving from Malaga, Madrid, Almeria, Granada, Valencia and Barcelona. A more leisurely option for those who don't get sea sick are ferries from Malaga, Almeria and Motril, which take from three to seven hours and offer a perfect easing in to your African adventure.



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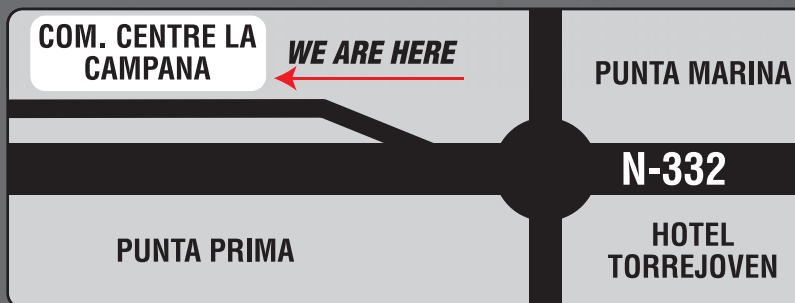
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Come on, you know it makes sense

SIR,
The one single factor that separates EU citizens from the British are the identity cards used instead of passports.

An ID card has always been opposed by successive British governments, but it is time to face reality and accept that the advantages far outweigh the inconvenience. These have to be carried at all times and not only provide proof of the holder's identity but are an essential tool to enable police forces, health and administrative departments or stores to be able to carry out instant identity checks. They make life easier for everyone.

In the post Brexit era I firmly believe in the introduction of an EU identity card for British citizens, which would grant everybody legally entitled to obtain one, the same rights as all other EU citizens. This would replace the European Health Insurance Card which will become obsolete after Brexit. This might be seen as a means to carry out the greatest survey of the population since the Domesday Book but it would also identify all those who

Cycling menace

AS a North American cyclist spending part of the year in southern Spain, I was not very surprised to read about your 'Road Rage Alarm' article in your issue no 1666. And as it reminded me of what I recently read about the Spanish police being worried about the increasing number of run-over cyclists, I thought I'd drop you a line.

“ It's a pleasure having you stressed-out folks around.

The by far most ruthless and disrespectful drivers I encounter as a cyclist on rural roads in the



ROAD RAGE: Most disrespectful drivers are British.

province of Almeria (area around Mojacar - Lubrin) are test drivers with a British licence plate.

Sitting in their usually large tank-like SUVs and sports cars they seem to be thinking they are kings on race tracks in this normally so relaxed part of the country. And no, it's not test drivers in

general, it's particularly British test drivers.

Great you are bringing your (traffic) attitude to Spain, thanks! It's a pleasure having you stressed-out folks around.

Jeff Tony Auth, Washington/Mojacar

have no right to remain in the UK which might be useful at a time when the terrorist threat is real.

Peter Fieldman, Madrid

Changing times

LIFE will never be the same again.

When I first experienced a mobile phone that included a camera, I failed to identify with its need.

Turn the clock forward a few years and in recent weeks my wife and I have had some repairs done to winter storm damage caused to our villa, with an insurance claim covering the costs.

In total three different workmen were involved; a plasterer, then a painter, and finally an electrician.

Each took a photograph on completing his work... using his mobile... presumably for company files. And the insurance accessor who called before approving the work also took a photo, with his mobile, of the damage caused.

Technology has really made modern-life more convenient, and to a degree I accept the changes and improvements, even though at 70+ some are hard to totally grasp!

N Withey Torre

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com

New weapons in the fight

»Bring that down to Andalucia!

WE seem to be suffering from a particularly aggressive 'Tiger' mosquito plus the ordinary - and I'm covered in large red bites. The creams from pharmacies seem to agitate them further and the bites blister.

Dave

»800 households to be evacuated from London tower blocks

THE lady council chief who organised this has done a wonderful job and explained everything so clearly - a future prime minister perhaps!

Robert Fudge

Where are they planning to accommodate all those people?

Christina Petrie

»Fortune taped to a man's waist causes bomb scare

IN the US the police would take your money without investigation. All legal.

Nasuno

Comments from EWN online

»A masterclass in how to snatch defeat out of the jaws of victory (Nora Johnson)

SPOT on! We just witnessed a true masterclass in how to lose an election - and one that was supposed to be a certain win. David Cameron was obsessed with 'modernising' the party, but Theresa May, although starting well when she became Prime Minister, gave out confusing messages to voters. There was too much 'I' and not enough 'we' in the Conservative campaign. She seemed to forget that...

Karen

»50,000 trapped in beachfront town as Huelva fire rages on

HOPE every one is ok. I know the scary feeling of flee-

ing a home through a fire scene with young children in the car ...

Kris Jackson

My thoughts are with the firefighters and all of those affected by this fire including the poor animals.

Sallyann Wiseman

Man killed after gunman opens fire during San Juan celebrations in Galicia

ALL these shootings it's getting like another country with lots of Sans in it San Diego, San Francisco, San Jose, San Bernardino.

Michael Hearne

»Cocaine coconuts discovered at Madrid airport

WELL done, lock them up and throw away the key!

Sallyann Wiseman

»Road rage driver released

GOOD God no!! Should have been held without bail... What were they thinking!?

Anne Coyle

Trumped up

LOVED the clip of Trump barging his way to the front at the NATO photo call. To me that totally typifies just what sort of a person he is. The last time I saw posturing like that by a world leader was in old grainy clips of Mussolini, Il Duce himself. That's the man who Leapy Lee drools over. Where's the wall Trump? That was your first priority, remember!

Philip, San Fulgencio

Dear Leapy

OUR neighbour, who has a flat in Spain, has given us a copy of your brilliant article in *Euro Weekly News*. You are so right in condemning Tony Blair. After all, as you say, he was responsible for so many deaths in the Middle East and possibly indirectly responsible for the rise of Daesh and Al Qaeda.

I have always wondered why he was so starry-eyed about George Bush and the two of them together made a really appalling combination! Then, there's his awful money-grubbing wife!

Frances Wood, Woking, Surrey

BBC one

7:00am Breakfast
 10:15am Crimewatch
 11:00am Homes Under the Hammer
 12:00pm Kitchen Garden Live with the Hairy Bikers
 12:30pm Wimbledon
Live coverage of the tennis tournament.
 2:00pm BBC News
 2:30pm Regional News
 2:45pm Wimbledon
 7:00pm BBC News
 7:30pm Regional News
 8:00pm The One Show
Magazine series featuring a mix of interviews, topical reports and features from around the UK.
 9:00pm Watchdog Live
 10:00pm The Week the Landlords Moved in
Documentary challenging landlords to live in one of their rental properties for a week.
 11:00pm BBC News
 11:30pm Regional News
 11:40pm Weather
 11:45pm Room 101
 12:25am Doctor in the House

BBC TWO

7:00am The TV That Made Me
Entertainment series in which celebrities reminisce about their favourite TV shows.
 7:30am Bargain Hunt
 8:15am Bargain Hunt
 9:00am See Hear
Magazine programme for the deaf community.
 9:30am Great British Menu
 10:00am Victoria Derbyshire
 12:00pm BBC Newsroom Live
 12:30pm The Daily Politics
Political show examining the latest news, views and moves in the world of politics.
 2:00pm Wimbledon 2017
 9:30pm Today at Wimbledon
 10:30pm The RHS Hampton Court Palace Flower Show
 11:30pm Newsnight
Comprehensive coverage of the day's important national and international news stories.
 12:10am Weather

BBC FOUR

8:00pm 100 Days +
 8:30pm Great British Railway Journeys
Michael Portillo continues his journey from Pembroke Dock to Cambridge.
 9:00pm Sound of Cinema:
 The Music that Made the Movies
 10:00pm Spies of Warsaw
Classic tale of spying, intrigue and romance, based on the novels of Alan Furst. A German engineer arrives in Warsaw.
 11:30pm The Last Dukes
 12:30am The Renaissance Unchained
 1:30am Natural World
 2:30am Climate Change by Numbers
 3:45am Voyages of Discovery
Historical documentary series which looks at some of history's most momentous voyages.

CHANNEL 4

7:00am Countdown
 7:45am Will and Grace
 8:10am Will and Grace
 8:35am Everybody Loves Raymond
 9:00am Everybody Loves Raymond
 9:30am Frasier
 10:00am Frasier
 10:35am Frasier
 11:05am Undercover Boss USA
 12:00pm A Place in the Sun:
 Winter Sun
 1:00pm Channel 4 News
 1:05pm Couples Come Dine with Me
 2:05pm Posh Pawnbrokers
 3:10pm Countdown
 4:00pm A Place in the Sun:
 Winter Sun
 5:00pm Best of Both Worlds
 6:00pm Four in a Bed
 6:30pm Come Dine with Me
 7:00pm The Simpsons
 7:30pm Hollyoaks
 8:00pm Channel 4 News
 9:00pm Ackley Bridge
 10:00pm 24 Hours in A and E
 11:00pm The Windsors
 11:30pm Fargo
 12:30am Life Behind Bars:
 Visiting Hour

CHANNEL 5

7:00am Milkshake!
Programming aimed at children aged two to seven years old.
 10:15am The Wright Stuff
 12:15pm House Doctor
Home improvement series that works its magic on neglected homes.
 1:10pm 5 News
 1:15pm Big Brother
 2:05pm Access
 2:15pm Home and Away
 2:45pm Neighbours
 3:20pm NCIS: Los Angeles
 4:20pm In the Dark
 6:00pm 5 News
 6:30pm Neighbours
 7:00pm Home and Away
 7:30pm 5 News
 8:00pm GPs: Behind Closed Doors
 9:00pm The Highland Midwife
 10:00pm Where There's Blame, There's a Claim
 11:00pm Big Brother
 12:05am Big Brother's Bit on the Side
 1:05am In Sickness and in Wealth

4

8:00am Made in Chelsea
 9:00am Brooklyn Nine-Nine
 9:30am Brooklyn Nine-Nine
 10:00am Melissa and Joey
 10:30am Melissa and Joey
 11:00am Baby Daddy
 11:30am Baby Daddy
 12:00pm How I Met Your Mother
 12:30pm How I Met Your Mother
 1:00pm New Girl
 1:30pm New Girl
 2:00pm Brooklyn Nine-Nine
 2:30pm Brooklyn Nine-Nine
 3:00pm The Big Bang Theory
 3:30pm The Big Bang Theory
 4:00pm How I Met Your Mother
 4:30pm How I Met Your Mother
 5:00pm New Girl
 5:30pm New Girl
 6:00pm 2 Broke Girls
 6:30pm 2 Broke Girls
 7:00pm The Big Bang Theory
 7:30pm The Big Bang Theory
 8:00pm Hollyoaks
 8:30pm The Goldbergs
 9:00pm The Big Bang Theory
 9:30pm The Big Bang Theory
 10:00pm Die Hard 2
 12:30am The Big Bang Theory

sky SPORTS 1

1:30pm Football's Greatest
 2:00pm Great Sporting Moments
 2:15pm Great Sporting Moments
 2:30pm Great Sporting Moments
 2:45pm Great Sporting Moments
 3:00pm Premier League Legends
 3:30pm Premier League Legends
 4:00pm Spanish Football Gold
 4:15pm Spanish Football Gold
 4:30pm Football Gold
 4:45pm Football Gold
 5:00pm Football's Greatest
 5:30pm Football's Greatest
 6:00pm Premier League 100 Club
 6:30pm Premier League 100 Club
 7:00pm Premier League Legends
 7:30pm Football's Greatest Teams
 8:00pm Live Horse Racing:
 Winning Post
 10:00pm Fight Night
 12:00am Premier League Legends

itv

7:00am Good Morning Britain
 9:30am Lorraine
 10:25am The Jeremy Kyle Show
 11:30am This Morning
The popular morning lifestyle magazine show with advice, chat and competitions.
 1:30pm Loose Women
 2:30pm ITV Lunchtime News
 3:00pm Judge Rinder
 4:00pm David Dickinson's Name Your Price
 5:00pm Tipping Point
 6:00pm The Chase
 7:00pm Local News and Weather
 7:30pm ITV Evening News
 8:00pm Emmerdale
 8:30pm Coronation Street
 9:00pm Love Your Garden
 10:00pm Joanna Lumley's India
 11:00pm ITV News
 11:40pm Paul O'Grady for the Love of Animals:
 India
 12:45am Piers Morgan's Life Stories
 1:40am Jackpot247

itv2

7:00am The Hot Desk
 7:10am You've Been Framed!
 7:35am Vanderpump Rules
 8:20am The Ellen DeGeneres Show
 9:00am Emmerdale
 10:00am You've Been Framed!
 10:35am Scorpion
 11:25am Below Deck
 12:25pm Vanderpump Rules
 1:20pm Emmerdale
 2:30pm You've Been Framed!
 3:00pm The Ellen DeGeneres Show
 3:50pm The Jeremy Kyle Show
 4:55pm The Jeremy Kyle Show
 6:00pm Judge Rinder
 7:00pm You've Been Framed!
 7:30pm You've Been Framed!
 8:00pm You've Been Framed!
 8:30pm You've Been Framed!
 9:00pm Two and a Half Men
 9:30pm Two and a Half Men
 10:00pm Love Island
 11:00pm Celebrity Juice
 11:50pm Family Guy
 12:20am Family Guy
 12:50am American Dad!
 1:20am American Dad!
 1:45am Two and a Half Men
 2:15am Bordertown

itv3

7:00am Man About the House
 7:30am Heartbeat
Drama, set in the North Yorkshire moors in the 1960's.
 8:30am Where the Heart is
 9:25am Wild at Heart
 10:30am Judge Judy
 11:00am Judge Judy
 11:30am Judge Judy
 11:55am Road to Avonlea
 12:55pm Love Your Garden
 2:00pm Heartbeat
 3:05pm The Royal
 4:10pm Wild at Heart
 5:15pm Man About the House
 5:50pm Rising Damp
 6:20pm George and Mildred
 6:55pm Heartbeat
 8:00pm Murder, She Wrote
Drama series about a sleuthing writer who solves murder mysteries.
 9:00pm Lewis
 11:00pm Law and Order: UK
Crime drama based on the hit US series Law and Order.
 12:00am Inspector Morse
 2:15am Wycliffe

itv4

7:00am The Professionals
 7:50am The Chase
 8:40am Storage Wars
 9:00am Storage Wars New York
 9:30am Storage Wars New York
 10:00am Pawn Stars
 10:30am Pawn Stars
 10:55am The Professionals
 12:00pm Tour de France Highlights
 1:00pm Tour de France Live
 5:45pm Football's Greatest
 6:00pm The Professionals
Action-packed drama series about two criminal-intelligence agents.
 7:00pm Storage Wars New York
 7:30pm Storage Wars New York
 8:00pm Tour de France Highlights
 9:00pm Goodwood First Glance
 10:00pm British Superbike Highlights
 11:00pm Dr. No
 12:05am FYI Daily
 12:10am Dr. No
 1:15am Lethal Weapon

sky CINEMA ACTION & ADVENTURE

12:05pm Tarzan
 2:05pm The Bourne Supremacy
 4:05pm The Karate Kid, Part II
 6:05pm Pirates of the Caribbean: At World's End
 9:00pm Tarzan
 11:00pm The Bourne Supremacy
 12:55am The 5th Wave

sky CINEMA COMEDY

7:30am The Top Ten Show 2017
 7:50am Spud
 9:45am Gremlins 2: The New Batch
 11:40am Ghostbusters
 1:40pm Ride Along 2
 3:30pm Balls of Fury
 5:10pm Definitely, Maybe
 7:10pm Vacation
 9:00pm Ghostbusters
 11:00pm Ride Along 2
 12:50am Dope
 2:40am The Commitments
 4:45am Lost in Karastan

sky CINEMA PREMIERE

7:00am Cruel Summer
 8:35am The Call Up
 10:15am Breakdown
 12:15pm Morgan
 1:55pm Purge, the: Election Year
 3:55pm The Call Up
Sci-fi action about a group of elite online gamers invited to trial a state-of-the-art virtual reality shoot 'em up.
 5:35pm Mr. Right
 7:20pm Morgan
 9:00pm Purge, the: Election Year
 11:00pm The Measure of a Man
 12:45am Mr. Right
 2:35am Follow
A young man gets a strange Christmas gift from his girlfriend, blacks out and then wakes up the next day to find his life crumbling around him.
 4:05am Breakdown

sky SPORTS 2

7:00am Cricket's Greatest
 7:30am Cricket's Greatest
 8:00am Cricket Gold
 8:10am Cricket Gold
 8:20am Cricket Gold
 8:30am Great Sporting Moments
 8:45am Great Sporting Moments
 9:00am Cricket Classics
 10:00am Cricket's Greatest
 10:30am Cricket's Greatest
 11:00am Live ICC Women's World Cup 2017 Sri Lanka v India.
 7:30pm Cricket's Greatest
 8:00pm Barclays Premier League World
 8:30pm Sporting Triumphs
 8:45pm Sporting Triumphs
 9:00pm ICC Women's World Cup 2017 Highlights
 10:00pm Cricket World Cup Classics
 11:00pm ICC Women's World Cup 2017 Highlights
 12:00am Cricket Classics
 1:00am Cricket's Greatest
 2:00am Cricket World Cup Classics
 3:00am ICC Women's World Cup 2017 Highlights

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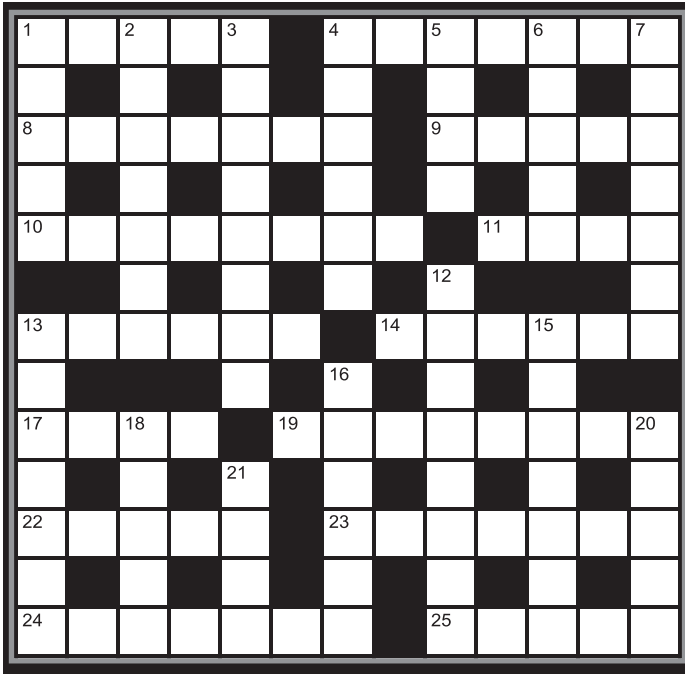
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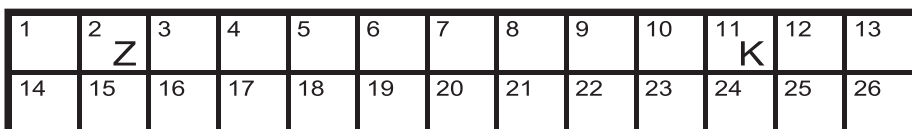
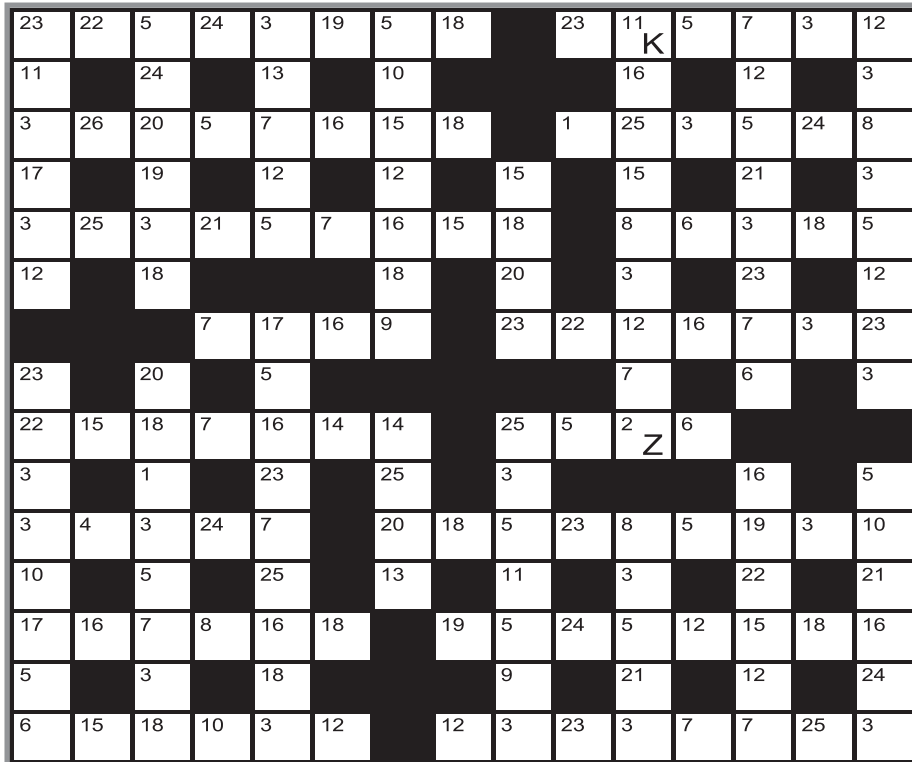
- Across**
 1 Weapon seen in some circles as a breakthrough (5)
 4 I'm in afterwards as a reformer (7)
 8 Tree rat built a hideaway (7)
 9 Book space for Heather (5)
 10 Ready to destroy red paper (8)
 11 Hard time for an Olympian queen (4)
 13 One not eating more quickly (6)
 14 Gifted characters move restlessly (6)
 17 Usually had a friend (4)
 19 Blame the salesman and the fish (8)
 22 Burning coal in Nuremberg (5)
 23 Light metal ignited him outside the university (7)
 24 Apparition in Hampton maze (7)
 25 Some classicism earned a bad mark (5)



- Down**
 1 Way to strike or flog (5)
 2 Baseball players clubs (7)
 3 Disorganised Eve's late, so gets a lift (8)
 4 Carpenter's tools in the flat he's bought (6)
 5 First sign of taking up barmy army instrument (4)
 6 Dudley is the new Romeo (5)
 7 Men rant about last part (7)
 12 Leaves jet and speeds (8)
 13 Get angry at a sign of distress (5-2)
 15 Stone that comes from Tangier (7)
 16 Wrongly blamed for state of uproar (6)
 18 Balance parts of Bali, Brazil and Bolivia (5)
 20 Pigeon poet? (5)
 21 Humour is about right in this court order (4)

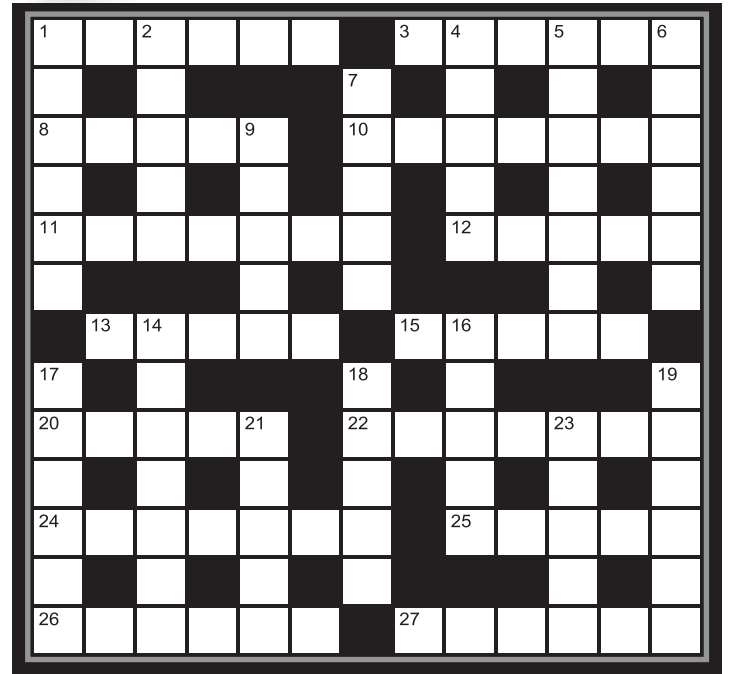
Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 2 represents Z and 11 represents K, so fill in Z every time the figure 2 appears and K every time the figure 11 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



LAST WEEK'S SOLUTION FACING PAGE

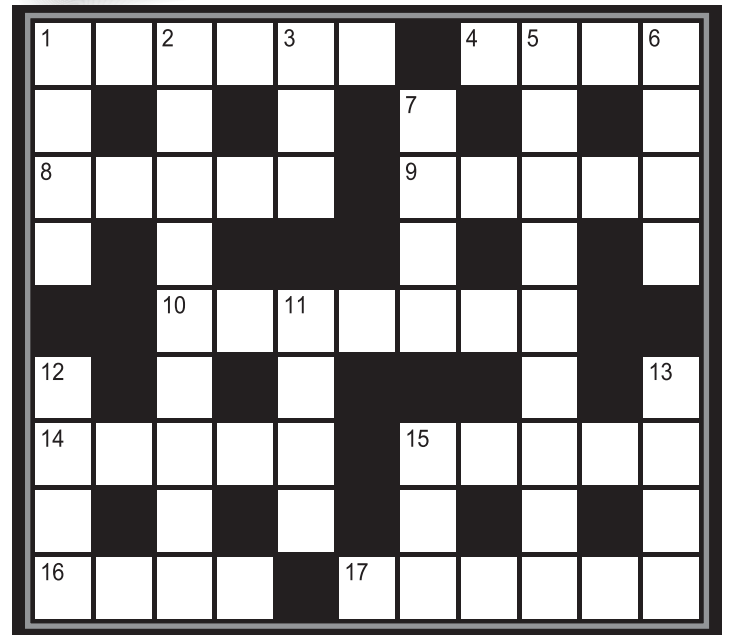
Quick



- Across**
 1 Not being in a specified place (6)
 3 Assistant (6)
 8 Velocity (5)
 10 Journals (7)
 11 Absence of sound (7)
 12 Experiments (5)
 13 Disturb the balance or stability of (5)
 15 Alloy of copper and zinc (5)
 20 Watchful (5)
 22 Put into a proper or systematic order (7)
 24 Ahead (7)
 25 Flat (5)
 26 Stable (6)
 27 Dreaded (6)
- Down**
 1 Be of service (6)
 2 Take without the owner's consent (5)
 4 Precise (5)
 5 Catholic clerics (7)
 6 Strive against (6)
 7 Calculated a total (5)
 9 Closely compacted in substance (5)
 14 Get ready (7)
 16 Relating to the countryside (5)
 17 Short moral stories (6)
 18 Great in size (5)
 19 Uttered a sudden loud cry (6)
 21 Attempted (5)
 23 At no time in the past or future (5)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



- Across**
 1 Cheap (inexpensive) (6)
 4 Ass (donkey) (4)
 8 Prawn (5)
 9 Sobrina (5)
 10 El más largo (7)
 14 Shower (5)
 15 Joke (5)
 16 Buttonhole (of garment) (4)
 17 Agencia (6)
- Down**
 1 Bolsas (para llevar algo) (4)
 2 Beetroot (9)
- 3/15** Bolsita de té (3,3)
 5 Maíz dulce (9)
 6 Abierto (4)
 7 Rodilla (4)
 11 Ordenado (4)
 12 Hatred (4)
 13 Perezoso (4)
 15 See 3

CROSSWORD PAGE

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MADDOCKS'
VIEW ON LIFE



' A HARD BREXIT IS JUST CUT THE BRITS LOOSE - A SOFT BREXIT IS MAKE SURE THEY NEVER EVER WIN THE EURO SONG CONTEST! '

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

6	2	5	8	4	7	3	8		
5			7						1
			7						9
	5		8	9					
		7	4			8			
	1						3	7	
	5	9	2				1		8
6									4
2									

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case **L**) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 7 • Very good: 15
- Good: 10 • Excellent: 19

LAST WEEK'S SOLUTION

able alba alec bald bale balk bled calk clad clap dale deal kale kelp lace lack lade lake lead leak leap pale peal plea pleb pled alack aleck baled black blade bleak cabal cable decal laced paled pedal place plead balked cabled calked lacked palace placed blacked capable packable BACKPEDAL

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

			5		6	3	8	
			3					1
				7				
5			8	9				
		7	4			8		
	1						3	7
	5	9	2				1	8
6								
2								

LAST WEEK'S SOLUTION

1	9	4	2	6	7	5	8	3
3	2	8	4	5	9	1	7	6
6	5	7	1	8	3	9	2	4
4	3	1	7	2	8	6	5	9
9	6	2	5	3	4	7	1	8
8	7	5	9	1	6	3	4	2
2	8	9	3	7	5	4	6	1
5	4	6	8	9	1	2	3	7
7	1	3	6	4	2	8	9	5

LOTTERY

UK NATIONAL LOTTERY

Saturday June 24

4	16	26	BONUS BALL
39	42	54	24

IRISH LOTTO

Saturday June 24

3	20	31	BONUS BALL
32	43	46	19

EURO MILLIONS

Tuesday June 20

11	18	26	BONUS BALL
43	44	10	

Friday June 23

3	4	21	BONUS BALL
31	38	7	

LA PRIMITIVA

Saturday June 24

11	14	21	BONUS BALL
30	39	40	7

EL GORDO DE LA PRIMITIVA

Sunday June 25

1	2	9	BONUS BALL
12	38	6	

YOUR STARS FOR NEXT 7 DAYS



AQUARIUS
(January 21 - February 19)

Putting all of your eggs in one basket is rarely to be advised. It should particularly be avoided this week. For the sake of speed and ease it will be tempting to take short cuts and make decisions that are bland. These will, of their nature, not be of the 'good' or 'great' categories. You are capable of better.



LEO
(July 24 - August 23)

With high energy you are seeking to get as much done as possible in a small amount of time. Rather than go at it 'hammer and tongs', it could be easier. Let someone help you out. They will find it satisfying and so you will both be happy.



PISCES
(February 20 - March 20)

How you feel about someone will change dramatically during the week. This will surprise you. Thinking about it logically, though, you have been missing the point for some time. Someone who you always thought of as a friend turns out to be much more. How you deal with this is very much an individual thing.



VIRGO
(August 24 - September 23)

You are freer than you imagine. Your imagination is letting you down a bit at the moment. Not for some time have opportunities been throwing themselves at you like this. The question is not if you should take up an offer but rather which one you should choose.



ARIES
(March 21 - April 20)

With your engine revving and the road ahead clear, a sense of great freedom is with you. There are those for whom this week is a chance to really make headway. For some, though, it is an irksome task. The difference is that some of you are taking a negative attitude. Make sure that yours is positive and you will have a chance to make real progress



LIBRA
(September 24 - October 23)

Give others the benefit of the doubt and your infinite patience this week. Situations will change from minute to minute. It would be a waste of energy to take anything at facevalue. Time is often the first thing to solve many problems. As with health, given a few days simple things will sort themselves out.



TAURUS
(April 21 - May 21)

Wanting to put things right with someone close is a good instinct to have. It would certainly give you peace of mind. Indeed, this should be a quiet and peaceful week and one that is long overdue. Being successful in business is only one part of success. The light is dawning that what you have always wanted has changed.



SCORPIO
(October 24 - November 22)

Although you are only too aware that you are capable of great good when you put your mind to it, it would be wise to bide your time this week. You may not realise that you are expending too much energy until your weary head hits the pillow. Be kind to your body. Some things that are taken for granted should not be so. This can lead to neglect. In neither home nor business is this recommended.



GEMINI
(May 22 - June 21)

Someone very special could come into your life. You must, however, be at the ball to meet the prince. This opportunity for happiness is not going to jump up and bite you. A phone call could be the start of it all. Accept invitations and get out and about. Be aware of what is going on so that you can be in the right place at the right time.



SAGITTARIUS
(November 23 - December 21)

It may seem that everyone wants your attention at the moment. There are times when you would like nothing more than to go away and clear your mind. This is not only possible but essential. You need some quiet moments. Even a day away can renew your spirits and energy.



CANCER
(June 22 - July 23)

What is the reason that you are being held back? Are you sure that you are, in reality, being held back at all? These are not trick questions. Being honest with your answers this week will lift a cloud from your horizon. Perhaps you are seeing ghosts when there are only shadows.



CAPRICORN
(December 22 - January 20)

So strong have been the practical considerations of late that you have been in a bad position. You need to live more for the 'now' and less for the 'tomorrow'. Of course, life should be a mixture of both but sometimes it all gets a bit jumbled. Getting a few hours peace and quiet on your own may be all that you need. Getting enough sleep is also important in this situation.

LAST WEEK'S SOLUTIONS

CRYPTIC

Across:

- 1 Cycle, 4 Hosts, 8 Prosper, 9 Laird, 10 Torso, 11 Saddles, 12 Nutmeg, 14 Pastor, 18 Panache, 20 Satin, 22 Liner, 23 Tendril, 24 Sober, 25 Calms.

Down:

- 1 Capstan, 2 Choir, 3 Explore, 4 Harass, 5 Solid, 6 Skillet, 7 Aides, 13 Tenants, 15 Arsenic, 16 Rankles, 17 Pewter, 18 Pulse, 19 Carob, 21 Tyrol.

QUICK

Across:

- 1 Rush, 3 Progress, 9 Measles, 10 After, 11 Meets, 12 Easier, 14 Errors, 16 Cinema, 19 Battle, 21 Serve, 24 Alike, 25 Dispute, 26 Shepherd, 27 Less.

Down:

- 1 Remember, 2 Share, 4 Rested, 5 Grabs, 6 Extreme, 7 Sure, 8 Closer, 13 Careless, 15 Realise, 17 Insist, 18 Tender, 20 Teeth, 22 Route, 23 Cats.

ENGLISH-SPANISH

Across:

- 2 Araña, 6 Deaf, 7 Draw, 8 Tired, 9 Bite, 10 Roar, 11 Ridge, 12 Burn, 13 Seed, 14 Obras, 15 Pato, 16 Edad, 17 Nests.

Down:

- 1 Peliculas, 2 Afternoon, 3 Abridores, 4 Addresses, 5 Camareras.

KAKURO

		6	4	5					
	1	3	9	4	7				
	4	8		7	2				
	2	4		8	6				
	5	1	3	2	9				
			5	8	3				

CODE BREAKER

1	2	3	4	5	6	7	8	9	10	11	12	13
Z	B	S	T	F	U	N	I	R	L	K	J	Q
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The group was founded by Dr Jose Manuel Felices Lago, who qualified in 1985 and has gone on to treat thousands of national and inter-



EYE EXPERTS: The Rojas clinic has state of the art surgery facilities.

national patients with excellent results. They are viewed as one of the most prestigious and important ophthalmological groups in Spain.

Each clinic is a modern and inviting space, but it is from the Doña Pepa clinic, Rojas, where surgeries are carried out. Presbyopia is a problem most commonly fixed at Doña Pepa. Sufferers struggle to see things up close when the natural lens of the eye becomes hardened and loses its elasticity leading to blurry vision.

Gradually, you lose the ability to adapt and focus on objects at close range. Glasses will help but surgery is becoming more popular as the lens is removed and replaced with an in-



traocular lens. The operation can correct both near and far sightedness and it also means that in the future the patient will never need cataract surgery. The pain-free procedure is just 30 minutes long and carried out in the operating theatre in Doña Pepa.

Cataracts are a common cause of progressive loss of vision after the age of 40 and is a clouding of the natural lens. It is progressive and irreversible but it can be treated through surgery.

Currently, included in surgery for cataracts or presbyopia is a free first pre-operative consultation and examination, free electrocardiogram, free blood test, free check of the

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SUMMER is here, the perfect time to sip a glass or two of something cold, but are we drinking too much?

A report has revealed that the average British drinker is risking their health by drinking 10 and a half glasses of wine a week and around 21 units of alcohol a week, double the government's maximum safe limit.

The figures were made

Drinking double

based on alcohol sales from 2016, which was then divided amongst the 83 per cent of adults who drink. The figures were worse in Scotland where adults drink an average 24 units a week.

Whilst worrying, experts say this is the average so in fact there will be some drinking much more than this and others much less but the Alcohol Information Partnership, which represents

the industry, has accused the report of 'scaremongering' saying it is not possible to get an accurate picture relating sales to consumption as alcohol is often bought and then left in a cupboard unopened or is used in cooking.

Campaigners seized on the data to call on the government to impose a minimum price for alcohol to help curb sales.



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Are you one of the 83 per cent?

BRITAIN'S love of beauty products shows no signs of fading, as research by Mintel predicts the market to grow by 36 per cent and reach £2.5 billion by 2021.

Today, as many as 83 per cent of UK women wear make-up. The most purchased products within the last 12 months were classic make-up bag staples: mascara (57 per cent), lipstick (49 per cent) and liquid/cream foundation (46 per cent).

The face and lip colour sectors saw the biggest rise in sales in the colour cosmetics category in 2016, driven in part by the 'no make-up look' and colour correction trends with more and more wanting a natural look. While sales of face colour products rose by a blushing 10 per cent to reach £580 million in 2016, sales of lip colour grew by a lip-smacking 11 per cent to £304 million.

Make-up wearers also seem to stick to what they know and like with just 12 per cent saying they experiment with different looks, admitting that trends can be time-consuming and result in an unnatural look, while a scarce 7 per cent of UK women say they wear make-up to create a bold or dramatic look. For over a third (35 per cent), wearing make-up was about subtly en-



MAKE-UP: Sales of face colour products rose by 10 per cent.

hancing their natural features. For 41 per cent, make-up was about helping them to look less tired as 39 per cent said they used it to cover blemishes and 25 per cent wanted to look more youthful. Over three in five (64 per cent) of women who wear make-up say it makes them feel confident and 43 per cent say it makes them feel attractive,

compared to just 16 per cent who feel more professional and 15 per cent who feel empowered by wearing make-up. In the younger generation, 22 per cent of women aged 16-24 wore make-up to create a camera-ready image.

The report was produced by Mintel, the world's leading market intelligence agency.

Ask The
Doctor

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Jellyfish stings part 2



SPECIALIST: Doctor Luis Perez Belmonte.

Are jellyfish stings dangerous?

In general, although irritating and sometimes painful, jellyfish stings do not tend to cause serious reactions. In some cases, mostly in children and the elderly, there can be extreme reactions that can cause people to die.

How can you tell you've been stung?

The area stung tends to become very itchy, followed by intense pain in the area affected. After a few minutes skin will appear red which can in some cases lead to infections, and ulcers.

Is there any aftercare treatment?

You have to keep the affected area clean and cool for several days after being stung to avoid infections. As long as there are no major reactions, the effects of the sting should only last a few days.

Do treatment myths,

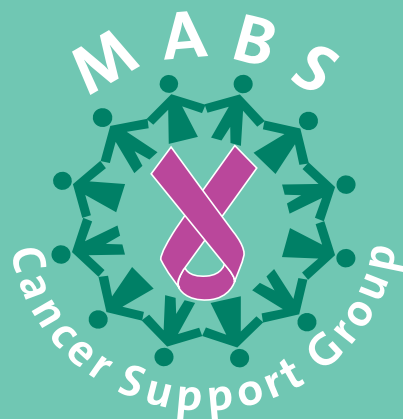
such as urinating on the sting, work?

No, urinating on the affected area is unlikely to help. In fact, pouring vinegar over the sting is more helpful as it is proven to help prevent further nematocyst discharge. It does not however, provide pain relief.

Fresh water also worsens symptoms, so make sure to use salt water to relieve pain, but only once the tentacles have been removed using tweezers. DO NOT scrape them off, as this can push parts of the tentacle further into the skin, causing more pain.

Soaking the affected area in hot water also helps reduce pain and inflammation. If there are any severe symptoms, or if a large or sensitive area of the body has been stung, such as the face or genitals, call emergency services for treatment.

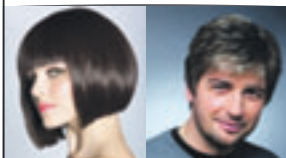
If you have any questions for Dr Perez Belmonte, please send them to:
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Hay fever affects younger population

ALMOST half of Brits (48 per cent) aged between 16-24 have experienced a seasonal allergy, such as hay fever or an allergy pollen, in the past year. That's according to a report from Mintel, the world's leading market intelligence agency.

“ Hay fever sufferers can keep track of pollen levels during the pollen season.

Their research found that whilst 48 per cent of the 16-24 age group had suffered an allergy, just 25 per cent of those aged 55 and over had experienced an allergy. But it isn't just age which shows a significant impact, region also plays a role.

Whilst you may expect the rolling hills and wildflower meadows of the countryside to be a nightmare for sufferers, it seems that the pavements of London are a common place to encounter a hay fever sufferer as some 46 per cent of Londoners have experienced a seasonal allergy in the past year, compared



ALLERGY SUFFERERS: Over half experience a stuffy or runny nose.

to a national average of 39 per cent. The North East, North West, South East or East Anglia were found to have lower numbers of sufferers with 35 per cent of residents in each of these regions having experienced a seasonal allergy in the past year.

Over half of allergy sufferers experienced a stuffy or runny nose, 57 per cent suffered with sneezing and 47 per cent were plagued with itchy or watery eyes. However, while a third (32 per cent) of consumers choose to treat seasonal allergies, a long-suffering quarter (26 per cent) of Brits suffer in silence. Almost half (47 per cent) of hay fever sufferers keep track of pollen levels during the pollen season and residents in Spain can do the same with pollen counts able to be viewed at www.meteovista.com.

Andalucia and central areas are known to have high olive pollen counts and grass counts are often high but they usually go down by mid July. Grass counts also lessen in mid July in northern Spain and the Costa Brava. Low to moderate pollen counts are found in the Costa del Sol, Costa Almeria and Costa Dorada. Usually, coastal areas have lower pollen counts.

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Aim to become mobile AI clinic

STRUGGLING to get to see your doctor? A new self-driving AI clinic that could see patients on the streets could be the answer and could soon become a reality.

The new concept, dubbed 'Aim' plans to use artificial intelligence and smart devices in the home as well as a mobile app to keep track of patient data and have access to

“ ‘Aim’ plans to use a mobile app to keep track of patient data.

accessible diagnostics if a patient couldn't make it to the doctors' surgery.

The American designed mobile clinic would also have a built-in pressure sensitive scale to measure weight, BMI, balance, and posture and would be able to measure respiration and cardiac rhythm. Patients would also be able to consult a specialist, or receive immediate transport to hospital.

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Microblading

WHETHER you prefer to have them arched, feathered or bold, eyebrows are arguably the most important facial feature.

With the arrival of a new breed of models like Cara Delevingne, fuller eyebrows are making a comeback.

If you're not satisfied with yours, there are many ways to update them including brow gels and pencils and even tattooing but now there's a semi-permanent option available in the form of microblading.

During the process, a special microblading pen is used to draw on individual strokes one by one. It's a meticulous process that takes around two hours to complete. The results will last for up to

three years.

It is perfect for those who want to fully reconstruct, define, cover gaps, or fill in over-plucked brows

Before the process begins, a topical numbing cream is applied to the area to minimise discomfort, followed by a liquid anaesthetic. Some people may feel a slight discomfort, but it's relatively painless.

The results are immediate and you can be selfie-ready as soon as the technician has finished the process.

The healing process is different for everyone, but usually takes between 25 and 30 days. After a month a touch-up is recommended to most customers.

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What does your birth month say about your health?

RESEARCHERS from the University of Alicante say they believe that your birth month could be related to what illnesses and diseases may afflict you.

The scientists carried out the study on 30,000 people and mapped birth months to 27 chronic diseases to see if it made a difference to long-term health, and said they found there was a significant impact for some conditions. For example men who were born in September were almost three times more likely to suffer thyroid problems than those born in January.

Their study follows one from Columbia University researchers who found similar results in a study they conducted in 2015.

So what does your birth month potentially tell you about your health and what ailments could you be more prone to?

January

Men; constipation, stomach ulcer and low back pain while for women, they are more likely to suffer from migraine, menopause problems and heart attack.

February

Men; thyroid problems, heart conditions and osteoarthritis. Women; osteoarthritis, thyroid problems and blood clots.

March



BIRTH MONTH: There was found to be a significant impact for some conditions.

April
Men; cataracts, heart conditions and asthma. Women; arthritis, rheumatism, constipation.

May

Men; asthma, osteoporosis, thyroid prob-

lems. Women; osteoporosis, tumours and bronchitis.

June

Men; depression, asthma and diabetes. Women; chronic allergies, osteoporosis and

constipation.

July

Men; heart conditions, cataracts and chronic bronchitis. Women; incontinence, arthritis and rheumatism.

August

Men; arthritis, asthma and tumours. Women; chronic neck pain, asthma and tumours.

September

Men; asthma, osteoporosis, thyroid problems. Women; blood clots, arthritis and rheumatism.

October

Men; asthma, osteoporosis, thyroid problems. Women; osteoporosis, thyroid problems and malignant tumours.

November

Men; thyroid problems, osteoporosis and migraines. Women; high cholesterol, osteoporosis, anaemia.

December

Men; chronic skin issues, heart conditions, thyroid problems. Women; constipation, heart attack, varicose veins.

January

Men; cataracts, depression, heart condition. Women; chronic bronchitis, asthma and blood clots.



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TO READ MORE

Leading European DJ in Rambla de Benipila

SPENCER PARKER, one of Europe's leading DJs will play at City Hall in Rambla de Benipila, Murcia on Friday night.

His unique style of house and techno is in demand the world over and his productions, remixes and re-edits are regularly supported by names such as Ryan Elliot, Mike Huckaby, Radio Slave, DVSI, Gerd Janson and Zip.

Spencer's musical style is simply described best as, underground house and techno.

Preferred record labels range from the techno stylings of Grey Report, Modularz and Non Series, through to the house sound of White Material, FXHE and his own imprint, Work Them Records.

A 'typical' set from Spencer could include everything from house to techno to disco classics.

Now a resident of Berlin, Spencer is best known in the city as a regular guest at Berghain, be it playing house and disco upstairs in Panorama Bar or techno downstairs, on the club's main floor.

Elsewhere, you can often find Spencer



SPENCER PARKER: His style best described as underground house and techno.

mannning the decks at clubs such as Womb (Tokyo), Concrete (Paris), Dude Club (Milan) and Dance Tunnel (London).

Production wise, Spencer's main home is now his own Work Them Records label, although he is also widely known as being a large part of Radio Slave's Rekids title,

alongside Mr G and Nina Kraviz.

Recently Spencer also released a series of six limited edition 12's (and a double CD album) under the name It's Not Over, on the label of the same name.

<http://eventful.com/events/modular-spencer-parker-/E0-001-103519302-7>.

Films in English

NEXT week's film showing at the cinema in Pilar de la Horadada is the 2016 release of Jackie showing next Thursday (July 6) at 7pm and Saturday July 8 at 5pm. The biographical drama stars Natalie Portman as Jackie Kennedy and tells the story of her life after the 1963 assassination of husband John F Kennedy.

The film also stars Peter

Sarsgaard, Greta Gerwig, Billy Crudup and the late John Hurt.

Tickets cost €5 and the cinema is located in the Duplex Espacio Cultural in Calle Canalejas, 4.

To keep updated on the latest films search Cinemapilar on Facebook or visit <http://cinemapilar.blogspot.com.es>.

Tequila take on Murcia

ARGENTINE-SPANISH rock band Tequila's surviving members Ariel Rot, Alejo Stivel and Felipe Lipe will get together some 25 years after the dissolution of the group to play 'Viva! Tequila!' - a collection of their old favourites - in Murcia at the Auditorio Parque de Fofu this Friday.

Based in Madrid and active between 1975 and 1983, Tequila 'changed the conception of Spanish rock in the times of the transition' and many fans thought they'd never see the members play together again.

The show starts at 8.30pm and tickets are available on the door.

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COCA-COLA has analysed figures from the Federacion de Hosteria and statistics' institute INE to discover which regions have most bars.

The Valencian Community has an average of 2.51 bars for every 1,000 inhabitants, placing it in seventh position after Castilla y Leon, Baleares, Asturias, La Rioja, Galicia and the Basque Region.

The metropolitan area of Valencia came third after Madrid and Barcelona with 3.11 bars per inhabitant but amongst the region's resorts Teulada-Moraira was the clear winner with 5.91 bars for every 1,000 residents. Next came Benidorm with 5.12 bars per 1,000 residents, followed by Javea (4), Denia (3.62), Gandia (2.86) and Oliva (2.83).

Torralda del Pinar (Castellon) with a population of 66 and three bars has the highest bar-inhabi-



Photo by Brett Hodnett

BENIDORM: There are 5.12 bars per 1,000 inhabitants.

tant ratio. Guadalest, one of the most visited places is close behind with eight bars for its registered population of 220.

But if each were larger,

Torralda del Pinar would have had a whopping 45 bars per 1,000 residents followed by the Marina Baja tourist attraction with 36.36.

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Credit: Alicante Turismo

HOGUERAS FESTIVAL: Twenty per cent of visitors were from the UK.

€70 million party

THIS year's Hogueras festival in Alicante, which ended last Saturday, was the best ever.

Measured, both in terms of visitor numbers and economic impact on the city, the traditional fiesta, which heralds the beginning of the summer solstice brought in record figures.

Good weather conditions and a weekend finale combined to bring visitors flocking to the city last weekend, when virtually every hotel was full and the

occupancy rate touched almost 100 per cent.

The figures, released by Alicante Tourism councillor, Eva Montesinos, reveal that almost 200,000 visitors from the UK descended on the city for the fiesta.

Total number of visitors almost hit one million, translating into an income of more than €70 million spent during the week.

"The increase in national tourism, together with the UK visitors forming 20 per cent of the total number of

visitors," said the councillor, pointing out that tourist offices saw an average of 3,400 visitors per day.

The culmination of the fiesta, when the bonfires are lit is the busiest night of the year in Alicante, and this summer, visitor numbers topped 300,000 for the 'crema' celebrations last Saturday.

In addition, the TRAM d'Alacant had a total of 400,000 journeys, almost 5 per cent up on last year's figures.

Benicassim festival tickets still available

TICKETS are still available for Festival Internacional de Benicassim (FIB), one of the biggest annual music festivals across the Valencian Community.

Whilst camping tickets are sold out, festival-goers can still purchase one, two, three and four day tickets and VIP tickets.

FIB focuses mainly on pop, rock and electronica artists, as well as having other elements including short films, fashion shows and art.

Performances will run through the night (5.00pm - 08.00am) and there will be three main stages, Las Palmas, Visa and South Beach Dance, with an approximate capacity of 30,000, 15,000 and 8,000.

FIB has a reputation as being among the best on the international festival circuit and this year's line-up hasn't failed to impress.

Canadian singer, songwriter and record producer The Weeknd will headline Thursday night, performing amongst the



MUSIC FESTIVAL: One of the biggest across the Valencian community.

likes of Stormzy, Bonobo, Ride, The Jesus And Mary Chain, Courteeners, Kalo and many more.

Headlining Friday night will be Foals, Deadmau5 and Los Planetas amongst the likes of 2MANYDJS, Blossoms, Temples and La Casa Azul and many more.

One of the best-selling bands of all time, Red Hot Chili Peppers will wow crowds with a headline performance on

Saturday night amongst the likes of Biffy Clyro, Liam Gallagher, Dinosaur Jr, Peter Doherty, Mura Masa, Surfin' Bichos and Mala Rodriguez and many more.

Sunday - the final night of the festival - will be headlined by Kasabian amongst the likes of Crystal Fighters, Years and Years, Love of Lesbian, Kaytranada, Dua Lipa and Tiga.

Tickets from €50 at <http://fiberfib.com>.

Author leads tech event

THE Murcia Smart event will take place on Thursday July 6 and aims to promote technologies and infrastructures designed to increase the quality of life of residents in the city and educate on efficient and sustainable use of resources.

The event will run from 9.00am until 2.00pm at the Palacio Almudi and boasts impressive guest speakers such as John Hanke, CEO of Niantic and author of the game Pokemon Go and Jose Manuel Leceta, CEO of Red.es.

For more information and the full programme, check out <http://eventos.murcia.es/11723/detail.html>.

Sabina to wow

JOAQUIN SABINA will wow the crowd with his 'Lo niego todo' ('I deny everything') performance at the Plaza de Toros in Murcia on Friday July 14.

The Spanish singer, songwriter and poet has released 14 studio albums, two live albums, and three compilation albums.

Advertising feature

Mazarron to host first of three shows

A SPECTACULAR show full of energy with outstanding voices, unbelievable look-alikes, dancers, epic costumes, and the famous hits of the superstars! This is what is on offer at the Michael Versus Gaga show on July 15 at Mariano's Restaurant, Camposol.

Helping Hands Sur registered charity are proud and excited to present the first of three amazing shows featuring the outstanding talent of Mampuele and Carolina Serrato along with supporting dancers and Magnum professional PA and lighting engineers. Priding themselves on producing only top quality entertainment for their supporters, this event is the largest yet for Helping Hands and comes at no small expense to produce.

Following the July 15 event at Mariano's Restaurant, the second scheduled is at Hostal Rural Turre on October 8 and the final at the beautiful Hotel Puerto Juan Montiel in Aguilas on December 16.

Mampuele is a singer, dancer, composer and musical producer. Not only does he dance like Michael Jackson, he is a great vocal impersonator and is supported by several

Michael Jackson fan clubs and has even been congratulated by Michael Jackson's father on his work.

Mampuele is joined at this concert by Spain's official Lady Gaga impersonator Carolina Serrato; a singer and actress who has appeared in several musical productions such as We Will Rock You and Peter Pan. Since launching her Gaga Xpression show in 2011 she has performed all over the world and is waiting to entertain local audiences.

With these two formidable talents, this promises to be a show not to be missed.

Show tickets, priced at €20, can be obtained directly from Mister Print at Camposol or Joanne Tyler (Pampered Paws on 634 302 388). Under 15's accompanied by two paying adults go free.

For those with an appetite, a pre-show dinner can also be reserved with a choice of either chicken, hamburger or pork loin and fried egg, all served with chips, for just €5

Further information and tickets can be obtained by calling Linda on 634 456 701.

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- Paprika Chicken with Rice and Pickles
- Beef strips and Leek in Mustard sauce with roast potatoes and steamed vegetables
- Stuffed Pork Loin with spinach and Cheese with Mash and Garlic Sauce
- Grilled Salmon fillet Marinated in Ginger with Roast potatoes and steamed vegetables
- Lamb Roulade with roast potatoes, Cheese, Mash and Vegetables
- Stuffed Chicken Breast with Peach & Cheese, Mash and Vegetables
- Lamb & Rosemary Stew with Roast Potatoes and Vegetables
- Grilled or Breaded Hake with Rice Dill Sauce
- Chicken Liver wrapped in Bacon with Mash
- Hawaii Chicken Breast with Chips
- Breaded Pork Loin with Chips

Desserts

- Pancakes with chocolate, Jam or lemon and sugar
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- Hot Chocolate Brownie served with vanilla ice cream and strawberry sauce
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Helping Hands Charity

Mampuele, The Essence of Michael

Singer, dancer, composer and musical producer.
With a very consolidated career, Mampuele not only dances and looks like Michael Jackson, he is also the best Michael voice impersonator in the world.

Supported by several Michael Jackson fan clubs, he was the main character of Forever King of Pop (international production sponsored by the Jackson Family Foundation) which has toured the world (Spain, Switzerland, Poland, France, Puerto Rico...).

In March of 2011, Mr. Joseph Jackson (Michael's father) came to Spain to see the show. He met Mampuele and congratulated him for his work.

Mampuele, The Essence of Michael will make you revive the spirit, the soul and the magic of one of our biggest stars of all time.
The hits, choreographies, epic costumes but above all an AMAZING live vocals!!

Gaga Xpression

(Official Lady Gaga Impersonator)

Carolina Serrato, singer, and actress, has appeared in several musical productions in Spain as We Will Rock You (as Scaramouche), Peter Pan, Forever King of Pop, Aladdin...

Gaga Xpression project was born in 2011, and just one year later, Carolina was named Official Impersonator in Spain, supported by the Lady Gaga official Spanish fan club. She has performed all over the world (Spain, Germany, Switzerland, Mexico...)

She presents a unique, amazing and powerful show with the music of this star of pop. A different vision about Lady Gaga, not only as an eccentric character but also as one of the best and most talented entertainers of the 21st century.

A show full of energy with an outstanding voice, unbelievable look alike, dancers, epic costumes and the famous hits of the superstar.
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MurciArt for classical music masterclasses

THE city of Murcia will play host to the first MurciArt - classical music festival between Monday July 3 and Friday July 7.

Throughout the week, the festival will showcase many international artists who will offer masterclasses each day and fine concerts with varied themes each evening.

The festival will take place between the Auditorium and Congress Centre Víctor Villegas and the San Esteban Palace and the masterclass schedule is as follows:

Tuesday July 4

10:30a.m – 12:30pm

Piano masterclass with Ludmil Angelov

10:30a.m – 12:30pm

Violin masterclass with Jesus Reina

4.00pm – 6.00pm

Viola masterclass with Vladimir Mendelssohn

4.00pm – 6.00pm

Violin masterclass with Gernot Sussmuth

4.00pm – 6.00pm

Cello masterclass with Guillermo Pastrana

Wednesday July 5

10:00a.m – 12:00pm

Viola masterclass with Rumen Cvetkov

10:00a.m – 12:00pm

Cello masterclass with Krzysztof Karpeta

4.00pm – 6.00pm

Violin masterclass with Robert Kowaski

4.00pm – 6.00pm

Cello masterclass with Krzysztof Karpeta

Thursday July 6

10.00am – 1.00pm

Piano masterclass with Ludmil Angelov

10.00am – 1.00pm

Orchestral repertory masterclass with Gernot Sussmuth and Robert Kowaski

10.00am – 1.00pm

Cello masterclass with Krzysztof Karpeta

10.00am – 2.00pm

Guitar masterclass with Isabel Martinez

4.00pm – 6.00pm

Violin masterclass with Gernot Sussmuth

4.00pm – 6.00pm

Viola masterclass with Rumen Cvetkov

4.00pm – 6.00pm

Cello masterclass with Krzysztof Karpeta

4.00pm – 6.00pm

Guitar masterclass with Isabel Martinez

Friday July 7

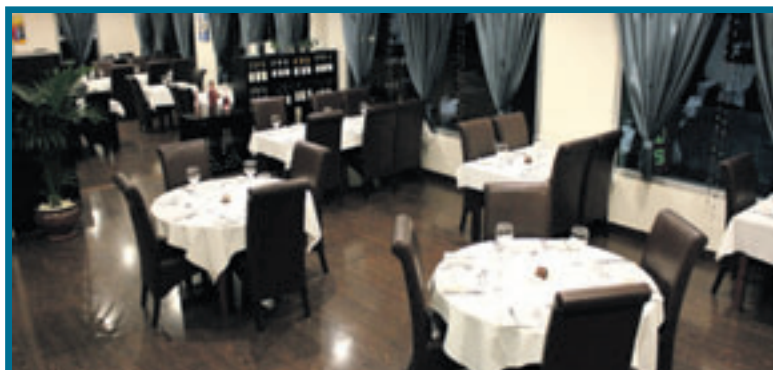
10.00am – 2.00pm

Guitar masterclass with Isabel Martinez

4.00pm

Presentation 'Importance of the adaptation of an artist in the competitive world of music' from all masterclass artists.

Check out murciartfestival.com for the concert schedule.



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Hacked off to Nick

THOSE REGULAR READERS will recall, I have been following the case of Gordon Ramsay's father-in-law Chris Hutcheson. He has been sentenced to six months in prison after admitting conspiracy to hack the chef's computer systems after he was sacked from his role as chief executive of Gordon Ramsay Holdings.

Hutcheson Snr, 69, and his sons, Adam Hutcheson, 47, and Chris Hutcheson Jr, 37, admitted a scheme to hack into Gordon Ramsay Holdings (GRHL) between October 23, 2010 and March 31, 2011. The two sons were given four-month jail terms, suspended for two years.

**GOOD FOOD,
GOOD WINE AND
GOOD FRIENDS**
WITH
GARRY WAITE



It brings to an end a long, bitter quarrel where the whole of Ramsay's wife Tana's family were under investigation. Fortuitously it has come to an end as The Gordon Ramsay Group has announced a return to profit for the first time since 2012, driven by 'strong trading' across its 14 London restaurants, according to audited results

for the year ending August 31, 2016. The 31-strong group reported profit after tax of £739,000, up from £2m loss the previous year, and revenue up 3.2 per cent to £51.9m.

However I don't get the feeling that the family will be gathering for Christmas lunch any time soon.



A hen's egg is quite simply a work of art - a masterpiece of design and construction with, it has to be said, brilliant packaging.

Delia Smith

It's in the bag



WHICH TYPE OF PLASTIC CAUSES THE MOST PROBLEMS?

MUCH IS MADE about plastic bags and the charges made by supermarkets and other retail outlets. I have never quite understood why such a fuss is made solely about plastic bags. A far greater quantity of plastic is used for packaging. Just about everything in a supermarket comes with a polystyrene type base - covered in plastic film. Other items come packed in sealed plastic bags such as bacon, ham, smoked salmon and the like. Not to mention the small plastic bags for your vegetables and fruit! What happens to all this?

But that's nothing compared to things purchased in a hardware store. Rigid plastic packaging that are lethal to open. The same applies in auto accessory shops and toy stores. And don't let us forget plastic water bottles, oil bottles and even in garages with all the oils, liquids etc all in hard plastic containers. All in all, far greater amounts, than plastic bags. So unless there is a levy to the manufacturers on these containers, then the plastic bag seems to be the only plastic for which there is a charge. There is a difference between the types of plastic of course. The rigid stuff (water bottles, containers etc) can be recycled - hence the reason for our yellow bins.

So what happens to the two cent charge in Spain or the 5p charge in the UK. In the UK the amount of plastic bag usage has gone down by 85 per cent since the introduction of the charge which is pretty impressive. But the UK government made £18 million from this, because 1p of the 5p goes to the chancellor the supermarkets, they then give some of the rest of the 4p to charities. Some as much as the whole 4p and others, a measly 1p. Which charities you may ask? I would like to think it was for cleaning up beaches and oceans!

Here in Spain the charge is two cents. But that is all going to change next year when every retailer will be obliged to charge a minimum of five cents up to an eye watering 30 cents for a bag.

Oh, and what happens to the hard plastic when it is recycled? It goes in to making rigid packaging... funny old world!

Why don't all supermarkets use brown bags like the United States. Destructible, burnable and free of charge!!

Speaking of Nicks!

PLANS TO TRANSFORM two wings of Bodmin Jail in Cornwall into a 63-bedroom hotel have been unanimously approved by Cornwall Council.

Twelve architects submitted proposals earlier this year to redevelop the Grade II-listed jail into a hotel, alongside a visitor experience, teaching and learning resource, and a venue for private hire.

The £30m project could start development in October, with the site scheduled to be completed in 2019. A hotel operator is yet to be named.

Chris Wilkes, the manager of Bodmin Jail, said "We're absolutely



BODMIN NICK - SOON TO BE A PLACE YOU MAY WANT TO STAY!

delighted to have achieved this unanimous decision. It's great news for the jail, for its owners and for not just Bodmin itself but for the whole county."

"Sorry darling, won't be home this evening, I've been detained overnight!!"

Going, Going, Gong

MANY HOSPITALITY NAMES were among the Queen's Birthday Honours List. Throughout the industry, hoteliers, restaurateurs, company directors were awarded a mixture of MBEs and CBEs including a sprinkling of well-known Indian restaurateurs and chefs, especially north of the border. But perhaps better known names to our readers will be that of Delia Smith and Sir Terrence Conran. The latter came to prominence as a designer in the 60's with the iconic Habitat brand. A passionate foodie and wine connoisseur he soon branched out into the restaurant business.

Conran founded Conran Restaurants in 1991 with Joel Kissin before the business (now D&D London) was sold in 2006 to David Loewi and Des Gunewardena as part of a management buy-out. Conran still owns Bibendum in London, which earlier this year was relaunched with



DELIA - QUEEN OF COOKS.

chef Claude Bosi at the helm.

Television presenter and cookery book writer Delia Smith has been on our TV screens for as long as many of us can remember. At 76



CONRAN - BY DESIGN.

years of age, she still writes prolifically but some years ago she decided she did not want to make any more TV programmes as she became disillusioned when she was

asked to entertain rather than educate.

Both were awarded Companions of Honour; she, for services to cookery but Conran for design.

ON THAT NOTE I will bid farewell until next week and should aspiring restaurateurs need some help or advice, please do contact me. A toast to Good Food, Good Wine and Good Friends.

Garry Waite is a foodie and restaurateur as well as an Hospitality Management Consultant. If you are contemplating setting up an operation in Spain, or indeed having problems with an existing project contact him on garrywaite@euroweeklynews.com

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PROPERTY SPECIAL

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By Matthew Elliot

PERFECTLY positioned along the glorious Mediterranean coastline, Spain's Costa Blanca South is one of the fastest growing property hotspots in the country. Among the most vastly rewarding places to live, work or retire on the planet, it is chock full of vibrant community life, dream-like homes and serious investment potential.

Unsurprisingly it is also a top target for wealthy and adventurous expats, and increasingly Spanish nationals, who want in on the action. Today the southern Costa Blanca is enjoying a second renaissance as exciting luxury property developments attract new waves of families, buyers and investors.

The second-hand home market is also thriving. Indeed the Costa Blanca South is at the very heart of the stretch of coast from Gibraltar to Barcelona that has energised Spain's startling property recovery.

Extending from Murcia to the city of Alicante, the vibrant Costa Blanca South encompasses famous expat hotspots such as Torrevieja and Orihuela Costa. The Vega Baja region is perhaps the biggest hub of community activity and is currently catching the eye of ambitious property developers.

There's rarely been a better time to buy. Globally markets are stable. Nationally Spain is enjoying a remarkable economic recovery. Within the broad property sector all the right indicators are there.

Transactions are increasing, mortgages are up,

Smart money lies here



TOP TARGET: For wealthy and adventurous expats.

construction permits are being granted in higher numbers each month. Prices are rising quickly and analysts are rosy about the medium-long term future, while short term successes speak for themselves.

The good news seen across the Spanish property

market is only amplified on the Costa Blanca South, which is at the heart of major plans to redevelop the entire Mediterranean coast.

Investors in the Costa Blanca South also have the advantage of doing business with the most knowledgeable and trustworthy estate agents and property

experts the industry has to offer. People who possess an intimate knowledge of the communities they represent, who also live here and have a stake in the Costa's success.

The quality of housing, size, views, and value for money are also unrivalled. Torrevieja, Orihuela Costa and Alicante regularly feature in international property television shows which showcase their stunning variety and beauty to the world.

Whether it's a beachside villa, rural finca, or stylish city apartment, the Costa Blanca South has it all, and the community atmosphere to match. Undoubtedly one of the smartest places to invest in Spain today, it's no wonder foreign buyers from the UK to Germany, and even outside Europe are showing interest in record numbers.

Investing in the Costa Blanca South is a smart property play. The real question is how to get the best value for money.

Throughout the pages of this property supplement you will encounter property specialists with outstanding credentials, experience and passion for their community. Choosing them as you decide where, when and how to invest in the Costa Blanca South is the smartest decision you can make.

We're a good estate agent in Sweden. So we're a brilliant estate agent in Spain. Hurrah for relativity!

In Spain, you don't need any particular qualification to call yourself an estate agent. You can just set up shop and off you go! So it's no wonder that some people have had bad experiences finding a property in Spain. But that's where we come in. We're Sweden's leading estate agent and we take a completely different approach. Our starting point is always to find out who you are and what you're looking for. We're members of the AIPP trade body and hold liability insurance that covers our work. So please feel free to contact a real real estate agent in Spain.







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Ken and Barbara Harrison secured a buyer for their Costa Blanca apartment just a couple of weeks after registering with HomeEspaña. The couple from Kent completed the sale of their penthouse apartment in the Orihuela Costa in May 2017, after HomeEspaña found them buyers the month before.

"We'd been thinking about selling for a year or two," said Ken. "So, when we came out in March, we decided to go ahead and list with an agency. We contacted HomeEspaña after our lawyer in Spain suggested them. They sent someone out to look at our property, indicated what price they thought was achievable and within a couple of days we had viewings. We returned to the UK at the end of that month and within three or four days, HomeEspaña rang to say they'd had an offer, which we liked and accepted."

The Harrisons got close to their asking price of €79,000, selling their apartment furnished to another British couple.

"We couldn't fault HomeEspaña's service," continued Ken. "They kept us informed throughout the selling process and helped with the paperwork, including the habitation and energy certificates."

Ken and Barbara's second-floor apartment, which they used as a holiday home, had two bedrooms, one bathroom and a large roof terrace. They got the keys to it new in 2003, after buying it off-plan direct from the developer in 2002.

"We decided to sell only because we want to travel to different places now," added Ken. "We've always preferred not to let it as it has lots of our personal stuff in. So, it would only end up being vacant a large part of the year if we kept it."

To request a free valuation of your property call us now on: **(+34) 96 676 15 45**.




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Advertising feature

Everything they t

IN the last eight months, leading real estate agents Fastighetsbyran has gone from one office to three. With Torrevieja fully established, more recently the Quesada office opened and in October 2016 the Torre de la Horadada office opened due to rising demand from buyers for properties in the area, particularly for the town's many new-build projects.

The rising demand for Torre de la Horadada can be attributed to the relaxed nature of the town, the well-maintained parks and public areas as well as the mix between the modern and the traditional allowing home owners to enjoy all the benefits of the stylish and well-equipped new-build properties while still getting that special Spanish feel.

A team of six is working at the office covering property sales and listings of both new-build and resale properties. When listing properties Fastighetsbyran prides themselves on being very strict regarding documentation and the legal status of all the properties that they put up for sale so that the sales process is fully transparent and goes smoothly for both the buyer and the seller. It is a recipe for success and the outcome is a property being sold every day between the three offices.

The Torre de la Horadada office also covers Orihuela Costa, another hugely popular area



FASTIGHETSBYRAN: Torre de la Horadada office is

with Swedish buyers. They have the almost unique position of being able to tell sellers in Orihuela Costa with complete certainty that if they list their property with them for a market price then they will sell it, something Mr Elkington can testify to. He had listed his Cabo


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- Advice on buying and selling property.
- Computer and Telecoms advice.

Whether you are full time or part-time here in Spain, these issues are vital issues that affect everyone. So come and get some no nonsense advice without any hard sell or obligation.

We look forward to seeing you!

Touch of a button

'DIGITAL natives' are posing a new challenge for the real estate sector and property developers. One both arms of the industry are eager to meet.

Tech-savvy home buyers

represent a new generation who have very different ideas about what they want from their properties than their parents had.

Robust construction has been

substituted by robotic systems and smart designs. Young professionals who grew up with computers now expect a property where electricity, energy, sound and climate control can all be synchronised and changed at the touch of a button.

They want to be able to control the finer points of home living remotely, using smart phones to put the oven on or close the downstairs window.

Such increasing demands have sparked a response. The Spanish Congress of Intelligent Buildings is now in its fourth year. The most notable evolution has been the application of new technologies in residential homes, rather than being confined to the experimental headquarters of innovation companies.

The trend can only get stronger. Many of the new 'digital natives' are aged 25-40 but already considered dinosaurs by the internet generation hot on their heels.



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ouch turns to sold



already enjoying success selling properties.

degree images that were created by Fastighetsbyran and simply the hard work and dedication of the team. He said: "They are nice people, very hands on and efficient. They stayed in constant contact and talked me through the whole process and I was very happy with the price I got. I was very impressed."

This is just one of the many happy clients who have realised that everything Fastighetsbyran touches turns to sold as the company says they have seen a rising number of British sellers turning to them since Brexit: "Sellers realise that while the British market is still large it isn't as dynamic as it once was."

Meanwhile, the Swedish market continues going from strength to strength and we, as Sweden's largest estate agency, are best placed to convert the increasing Swedish interest into sales for our British sellers."

You are very welcome to visit the team in Torre de la Horadada for a cup of coffee and expert advice on buying or selling. All offices are open Monday to Friday from 9am-6pm and Saturdays from 10am-2pm.

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Roig property on the market with several agents since last September but had had no interest. But within two months of it being marketed with Fastighetsbyran he had sold his home after having had several viewings. He put it down to the impressive photos and 360



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Properties of the Month

Algorfa

LFS1020 · 96,950€



BEAUTIFUL TOP FLOOR APARTMENT

This top floor apartment is located in Algorfa, Alicante, and has 2 bedrooms and 2 bathrooms. Built in 2006. Amazing views across the golf course and is being sold fully furnished.

San Miguel

LFS2047 · 203,000€



CONTEMPORARY DESIGN VILLAS

These lovely modern new build villas are located in San Miguel, 2 bedrooms on the ground floor and the master bedroom on the first floor with en-suite, large roof top solarium and there is also a communal swimming pool.

Algorfa

LFS1042 · 255,000€



LOVELY VILLA WITH POOL

This villa is located in Algorfa, Alicante and consists of 3 bedrooms and 2 bathrooms. Situated just a 25 minute drive from the beaches of Guardamar and La Mata. Being sold furnished.

www.opgroupspain.com

We are always looking for good quality competitively priced properties so if you're considering renting or selling please give us a call or pop into one of our offices for a chat!

Saying Adios to Spain? Enjoy serious savings when sending money back to the UK.

If you're planning to send money back to the UK from Spain, getting the right support could make all the difference – particularly in the current climate. While Spain remains one of the most popular European emigration destinations, recent events have left some expats reconsidering their tenure here in Spain.

Since the UK voted to leave the EU in June 2016, it's fair to say that uncertainty has been the order of the day. And with the UK's Brexit negotiations getting a bit of a battering before they'd even begun thanks to the surprising outcome of the 2017 UK general election, the outlook for British nationals living abroad remains murky.

When UK PM Theresa May called for a snap general election back in April, bets that the Conservatives would increase their majority helped the pound climb. However, opposite results have reduced confidence in the government's ability to negotiate a good deal for Britain while the GBP/EUR exchange rate dropped to its lowest levels since November 2016.

While the pound weakness is bad news for anyone needing to buy foreign currency with Sterling, it does mean anyone selling euros for pounds will get more for their money.

So, if you need to move money back to the UK from Spain, what three things should you be aware of?

1. Transfer timing

As the past year has shown, exchange rates are capable of sudden, dramatic movement. The pound dropped 8% in the wake of the EU referendum result and lost 2% on the day after the UK general election.

Timing can make a huge difference when it comes to getting the best return on your currency transfers, so stay up-to-date with the latest news if you want to be able to time your transfer effectively and move your money when the exchange rate is in your favour.

2. Transfer fees

Most banks apply a transfer fee when moving money abroad, but you can avoid this charge by using a reputable currency broker to manage your funds instead. Currency brokers are also able to offer more competitive exchange rates than other providers, potentially saving you thousands on larger transfers.

3. Transfer deals

Leading providers of international money transfers, like Currencies Direct, may also be able to give you access to special deals. Currencies Direct's relationship with CaixaBank means that anyone selling a property in Spain is able to deposit their banker's draft in Currencies Direct's euro account without incurring all the usual fees before repatriating their funds.

With uncertainty likely to remain the watchword as 2017 progresses, it's essential that you have access to expert support and insight when you need to move money from Spain.

At Currencies Direct, we've helped over 150,000 customers save on their currency transfers since 1996. Just pop into your local Currencies Direct branch or give us a call to find out more about how you can save money on your currency transfers.

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THE POPULAR Barceloneta district of Barcelona

Woman occupies her own property in Barcelona

THE potential dangers of companies such as Airbnb have been highlighted by the plight of a landlady who has had to occupy her own property.

Although long term rental prices have increased and availability of such property has decreased in Barcelona, a new scam has been uncovered whereby professional tenants obtain multi leases for different apartments.

In this particular case, the landlady signed a rental agreement with an individual charging €950 per month on a long-term lease.

She was however horrified to

discover, after she was unable to contact the tenant, that he had changed the locks and then advertised the property in the tourist area of Barceloneta through Airbnb for €200 a night.

The only way that she could gain access to her own apartment was to book it through Airbnb and once she had gained entry, she changed the locks again and made a formal complaint to the company according to local newspaper *La Vanguardia*.

In fairness to the company, they immediately withdrew the entry on their website, but there are claims that this is not an isolated occurrence but is part of a

professional scam being undertaken in Barcelona at least.

The City Council has an exceptionally low opinion of the internet letting company, fining it €600,000 for advertising properties such as this which do not comply with local short term letting regulations.

The renting of accommodation both short and long term is becoming increasingly popular and lucrative but owners of properties will be well advised to ensure that subletting is banned and that they comply with local and national holiday let regulations where appropriate.

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- ✓ Communal pool
- ✓ Air con
- ✓ Small terrace with salt lake views

Ref: X-n201 BenijoFar Price: 175,000€

- ✓ New build townhouse
- ✓ 3 bed, 2 bath
- ✓ There properties are off plan which means they can be personalised to your requirements

Ref: X-0226 Quesada Price: 245,000€

- ✓ Beautiful detached Villa
- ✓ 4 beds, 3 bath (2 ensuite)
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Capers - A Mediterranean wonder

GRAEME TYRRELL

FEW plants have the wondrous qualities of the Caper plant (*Caparis spinosa*). To ornamental gardeners it is sometimes called the Flinders Rose.

“The caper buds are the best known part of the plant.”

The Caper's white petalled flowers with contrasting sprays of long violet stamens and just a single stigma are sweetly and delicately scented which gives them a unique appeal. Butterflies love caper flowers so they are a good way to attract butterflies to your garden.

But they are not usually grown just for the beauty of their flowers. They are mainly grown to provide the traditional Mediterranean delicacies of caper buds, caper leaves and caper berries.

These are not the only advantage for the Mediterranean gardener who wants to enjoy their time in the garden without too much fuss. The capers are one of the best adapted plants to grow in the Mediterranean climate.

Once established they are about as hardy as a plant can be. They only grow to a maximum one metre high and spread to two metres. They will survive the long hot summers without needing supplementary watering at all. They need minimal pruning as they usually die back in winter, so they just might need clipping back to the stump in winter.

Many of my neighbours just cultivate over the capers in their fields with their tractors but the caper plants return again the next spring. The caper's deep root system makes them almost indestructible so you might only need to be sure that where you plant them they can stay.

Capers will also survive in the poorest of soils so any additional soil improvement is to help them



Photo Credit: Realchemyst Shutterstock

FLINDERS ROSE: Beautiful flowers of the caper.

thrive rather than survive. They can sometimes be seen growing in rock crevices and stone walls to demonstrate their strength as a plant.

They will grow in full sun to

partial shade. Traditionally in some almond-growing regions they are planted between the well-spaced out almond trees where the sheep are used to keep down the grass and weeds.

Sheep don't usually bother the capers much as capers have spines to deter the sheep. If you grow them in a domestic garden you can find spineless varieties that make harvesting and caring for the plants much less painful.

The caper buds are the best known part of the plant. They are commonly served along with olives and pickles in Spain. They are also an ingredient in tartar sauce.

Contrary to most fruits or berries, the smaller the bud the greater it is valued, so harvesting the newly formed buds when less than the size of a pea gives the best quality. Early morning before sunlight is on the plant is the best time to harvest.

The caper berry is the matured seed after flowering, so the flower buds that are too big to harvest can be left so you enjoy the flower and can later reap the berry. The berry is more commonly used in Greek dishes (Mezze) as are the leaves.

Caper plants are a great way to appreciate the wonders of Mediterranean gardening.

Robot takeover

THE advances made in the last few years in household robotics have been unprecedented and nowadays there is a whole army of smart machines ready to help with your least favourite chores.

Very useful for the less able and the lazy alike, these devices can save hours of time that could be sent in the Spanish sun.

The unrealistic 1950s visions of humanoid metallic robots taking all our unpleasant jobs in their stride haven't quite come true but the modern robot is built with functionality in mind and often looks similar to its human operated predecessors.

The smart vacuum cleaner is the most affordable and useful every day robot and often comes with a range of settings. Although lacking in power it can systematically clean the floor or use fitted cameras to plot the best route around your rooms.

Many also include an app available on smart phones which can get the cleaner started before you get home and makes it very user friendly.

Other household robots can mow the lawn, mop the floor, clean the windows, clean out the grill and even clear the gutter.

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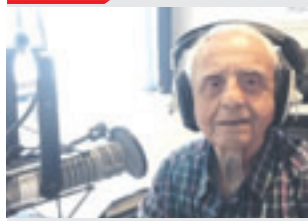
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PUPPY-PROOFING your home protects your possessions from damage and your new pet from unexpected harm. With a little forethought and effort, you can make your house a safe habitat for your new friend while keeping your sanity and maintaining the relationship. Consider these steps.

How should I prepare my home for our new puppy?

Take the following measures:

Keep all poisonous or hazardous items out of your puppy's reach. This includes cleansers, gardening products, insect sprays, medications and any other harmful items. Puppies can be quite persistent; make sure yours can't get to anything by jumping or nosing open a cabinet door.

Do your best to make electrical and phone cords inaccessible.

Research your plants. Many common household plants are hazardous to dogs. Make sure harmful plants are out of reach and that leaves won't fall where your puppy can reach them.

Make sure your puppy can't access any dangerous areas. Consider everywhere your puppy can reach. Can he fit through railings on the stairs or on a deck and possibly fall? If so, you may need to cover the openings with chicken wire until he's larger.

How can I protect our possessions?

Eager, active pups don't have a concept of how expensive your household objects

The Rainbow Bridge poem

THE real Rainbow Bridge is near Lake Powell, Arizona, and is a sacred Indian stone bridge.

The legend says:

Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge.

There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine, and our friends are warm and comfortable. All of the animals who had been ill or old are restored to health and vigor; those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing: they each miss someone very special to them, who had to be left behind.

They all run and play together, but the day comes when one suddenly stops and looks into the distance. Her bright eyes are intent; her eager body quivers. Suddenly she begins to run from the group, flying over the green grass, her legs carrying her faster and faster.

You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face, your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.

Then you cross the Rainbow Bridge together....

are. Prevent accidents by:

Removing expensive rugs and throws until your puppy is older and house trained.

Moving waste bins, toilet paper rolls, tissue boxes, etc. that are within reach.

Keeping children's toys out of reach or in chests with latches.

What puppy supplies should I have on hand?

Prepare for puppy with the following:

A safe and comfortable place for your puppy to sleep

A crate/den/playpen for when you are out

Puppy food, dishes and toys

Cleaning supplies for those inevitable accidents

Collar, leash and pooper scooper

Plan ahead and be prepared for your puppy's homecoming to make the first days with your new companion less stressful and more enjoyable. Let the puppy sleep in your bedroom for the first week in

his secured box and gradually move him to another room.

Because you won't need to worry about your possessions, you can focus on getting to know him.

Do you get this look?

IF every year you find your dog's look more intense as they see you pack your bags and suitcases, book a house-sitter to come and step into your shoes before you go away.

Many people find dealing with the pets' long faces very hard. They often just know you are planning a trip and their urges to 'come play with me'



DAISY knows when we're planning a trip.

get more regular and more intense. Holiday planning can be stressful enough without worrying that your dog is going to miss you, and perhaps miss their home if you are sending them away too.

It's time to take action to minimise your stress levels and actually enjoy your time off. Why not leave your pets at home this year in the safe hands of a pet-sitter. At HouseSit-Match we'll do our best to help you find a suitable match, a house and pet-sitter who can take care of pets and home to your instructions.

What's more the house-sitter will care for your property and pets for free! That's because what we offer is an exchange of services, the sitters offer you their experiences and presence to keep your home secure and your pets safe and well cared for, in exchange you offer free accommodation!

Annie from Malaga recently called us to thank us for the help we offered her as a Premium Member. We helped her meet up with Rod and Hazel a retired couple who recently house-sat for her while she went on a holiday with family. She was delighted and really happy to meet them.

"They were lovely, they kept the animals safe and happy, I returned to a bright pet family and a clean home and pool. They were wonderful!"

Do you need a house or pet-sitter? Get in touch. House-sitting can be a win-win for both parties, free house and pet-sitting, and the experienced and checked sitters get free accommodation! Register as either house-sitter or homeowner now with a 50 per cent off introductory offer using coupon code SPECIAL50. To find a house or pet-sitter go to www.HousesitMatch.com or call Lamia on 00 44 (0) 777 214 2742.

Reptiles for beginners

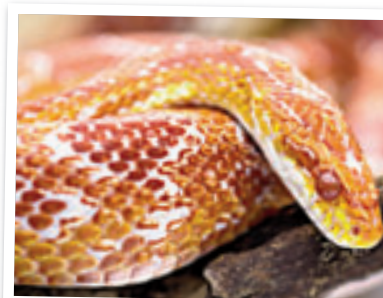
REPTILES can make excellent pets but can be expensive and difficult to care for.

Some reptiles can be unsuitable for novices as they have very specific dietary and environmental needs, not to mention some can grow to an unmanageable size.

There are however, some reptiles that are suitable for beginners, but they still require a significant investment in their equipment up front.

Thorough research before deciding on one of these pets and getting your enclosure set up before bringing your new pet home is essential.

The Iguana is not a great choice due to their size, tendency to become aggressive at maturity and their specific dietary and environmental needs. However, Leopard Geckos are considered to be ideal for the novice as they are rela-



! SNAKES: Special dietary needs.

tively small and easy to care for.

With snakes, the biggest obstacle for many owners is their dietary needs. Owners must be willing to feed whole prey such as mice or rats. They do have the advantage of often only needing to be fed once a week or less so they can easily be left on their own for a few days with-

out a pet-sitter.

Corn snakes and Ball pythons are usually easy to care for and docile so make an ideal choice. However, Ball pythons have a reputation for refusing to eat so a feeding demonstration may be required.

Turtles are another option but it can be very challenging to meet the housing and environmental needs of most turtles (aquatic turtles and tortoises).

Eastern Box turtles live in varied climates so they are quite adaptable. They are omnivores so eat both plants and insects.

Unmet expectations and poor advice about reptile care can result in a bad experience for the owner and can ultimately be fatal for the reptile, so make sure you do your research before bringing your new pet home.

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ed on Avenida Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl .co.uk. (95457)

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TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-spain.org or tel 966 700 391. (95464)

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THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

TORREVIEJA STROKE SUPPORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their

carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretarybr3606@gmail.com (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

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FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesada@yahoo.co.uk (95477)

ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafacb.com.

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

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Channelling your inner Wonder Woman

Trudy Stewart



I AM beyond excited about the new Wonder Woman movie!

Ever since I first saw Lynda Carter striding across the screen in her California Tan tights, wielding her lasso of truth, I've been a super-fan.

After years of reading the comic books, my favourite superhero has finally been brought to the big screen in the form of real-life Wonder Woman, Gal Gadot.

Born in 1985, her beauty led to her being crowned

Miss Israel at age 18.

At 20, Gadot enlisted as a soldier in the Israeli Defence Forces serving as a combat trainer.

In preparation for her role in *Batman V Superman: Dawn of Justice* (the first outing for Wonder Woman), Gadot was trained in swordsmanship, kung fu kickboxing, capoeira and Brazilian jiu-jitsu.

As a mother of two young daughters, she takes her role-model status very seriously.

She was born to play this part and I can't wait to see her interpretation of my favourite feminist.

I am so happy to see a strong, powerful woman take the lead for a change. It's part of what drew me to and made me fall in love with

Wonder Woman in the first place.

Growing up, I didn't find fairy-tales very inspirational.

The female leads spent most of their stories either sleeping or trying their best to bag a Prince (in one extreme case, the 'heroine' indulges in some breaking and entering with a side-line in porridge theft!)

The year I was born (1975), Margaret Thatcher became leader of the Conservative party and just four years later, became the first female Prime Minister of the UK.

At the time, I imagine I was more interested in the Muppets and grew up taking it for granted that a woman was the leader of the country. Whatever you thought of her, Mrs Thatcher was unique and had a huge influence, shaping the world we live in today.

The UK now has another female PM (although by the time we go to print, who knows!) as well as a female First Minister in Scotland, (my particular favourite) Nicola Sturgeon.

All over the world, women are leading their countries with last year seeing the US just a whisker away from their first female President.

Women are increasingly working in areas traditionally dominated by men. We are redefining ourselves as more than just our gender. But that doesn't mean men and women have equal rights and opportunities and we can hang up our feminist spurs.

There is still a gender pay gap and the glass ceiling is yet to be smashed completely.

The stereotype of a feminist as a man-hating, hirsute, embittered cat parent is outdated and inaccurate.

Thankfully, a new generation of self-proclaimed feminists such as Daniel Radcliff and even Prince Harry are redefining the term.

Hopefully, one day men and women will all have equal rights and opportunities and we can thank the real-life Wonder Women who paved the way.

trudystewart75@gmail.com

WONDER WOMAN: I'm a super fan.

Travel

Three days in Santiago

SANTIAGO DE COMPOSTELA, capital city of Galicia, has been attracting visitors for hundreds of years.

The city started out as a small settlement by a Roman road but discovery of St James' tomb early in the 9th century led to it becoming a place of Catholic worship at the end of a peninsula at that time dominated by Muslim invaders.

Gradually, as penitents started to flock there, Santiago de Compostela grew into a holy city and its Cathedral and numerous monasteries, churches, hospitals to accommodate pilgrims and stately homes formed around magnificent streets and squares, eventually forming the historical centre which today attracts millions of tourists every year.

Yet, although religion is the best-known magnet, you don't have to be religious, or even Catholic, to enjoy a visit to Santiago. The Unesco World Heritage city's impressive architecture, parks and gardens, gastronomy, university and culture (with treasures to view in no less than 16 museums) are all great reasons to plan a weekend visit.

Walking the Camino is the most traditional way to get to Santiago and there are different routes of varying lengths from most of Spain and other parts of Europe. For those who prefer a speedier form of transport, the city is also easily accessible from the rest of the country and continent by plane, train, coach or car.

To make the most of a visit and see as much as possible, the local tourism department recommends a

three-day visit and suggests the following schedule:

Start day one by exploring the streets and squares of the historical centre before visiting the Cathedral. Either join a guided tour or hire an audio-guide from the tourist office to make the most of your visit. Plan to enter the Cathedral not long before noon if you would like to attend a pilgrims' mass which, depending on the calendar of liturgical celebrations, usually employ the famous Botafumeiro censer. No visit to the Cathedral is complete without heading for the roofs for panoramic views of the city.

In the afternoon head for the Cidade da Cultura de Galicia (CdC) museum, which boasts magnificent architecture by Peter Eisenman and holds very interesting exhibitions and cultural activities.

Back in the historical part of the city, there are two main parks which are worth a visit and offer panoramic views of the area: San Domingos de Bonaval and La Alameda. The first contains two interesting museums: the Galician ethnographical museum (Museo do Pobo Galego) within the former San Domingos convent which includes a beautiful gothic church and fantastic triple Baroque staircase and the Galician Centre of Arts (CGAC) designed by Portuguese architect Alvaro Siza. After visiting these museums, a walk in La Alameda park provides plenty of photo opportunities as it has the best frontal views of the Cathedral on the horizon.

The next day plan a visit to the Mercado de Abastos market, the main and most traditional in the city and the second most visited place after the Cathedral.



SANTIAGO: Capital of Galicia.

Fresh fish and seafood are the stars of the show at this market, which opens every day except Sunday but is busiest on Thursdays and Saturdays, but fruit and veg, flowers, cheeses and other typical produce are also on sale. There are two places within the market which come highly recommended for an authentic Galician lunch. At Punto Kente, for a percentage of what you paid for it, they will cook what you have bought at the market, while at Abastos 2.0 the menu consists of the best of the day's fresh produce presented as mini-delicacies.

Not far from the market is the university's Faculty of Geography and History which is well worth a visit and has an impressive library and a terrace with spectacular views.

In the afternoon take the tourist train for a different

view of the city and a relaxed way to sightsee which is apt for all the family. Then head for the shops to pick up souvenirs to take home: Galician crafts, textiles and delicacies come highly recommended. There are many art galleries and monuments, such as the Pazo de Fonseca and the Iglesia de la Universidad (university church) which will complete a pleasant afternoon.

On the third and final day, take the chance to join tours of other parts of Galicia such as Finisterre and Costa da Morte, Rias Baixas or A Coruña or visit nearby monasteries or stately homes.

Then in the evening it's time for a final Galician meal and a walk through the streets and squares, stopping off at a pub in the historical centre for a traditional 'queimada' to ward off bad spirits.

**Clarkson
Quote of the Week**

“It’s really sad that you can now buy Hummer aftershave. It comes in a jerry can of repressed homosexuality.”

Some might say...



Motoring shorts

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THE world’s fastest go-kart can go from 0-100kph even faster than a Bugatti Chiron. The C5 Blast Ultimate can hit that speed in just 1.5 seconds, roughly twice as quick as the speediest cars on the planet.

The lithium battery-fuelled, lightweight go-kart is built by Canadian engineering company Daymak and costs around €55,000. There are 12 Electric Ducted Fans, eight on either side of the driver’s seat and four crammed behind.

A teaser trailer online shows a suited up driver step into the go-kart, but Daymak’s bold acceleration claims are yet to be confirmed. A slightly slower version is available for €10,000, reaching 100kph from a standstill in under four seconds.

Leaving the nest

POLESTAR is set to become a stand-alone brand under the wider Volvo umbrella. The Swedish firm

is putting its weight behind the technology as it hopes to create a rival to Mercedes’ AMG or BMW’s M brands.

At present, Polestar is mainly an add-on power

pack option for Volvo drivers wanting to crank up the performance levels on their cars. There are engine optimisation options for certain turbocharged models and a few Polestar dominated limited edition models such as the S60 and V60.

That all changes with the decision to make Polestar a “truly differentiated stand-alone brand within the Volvo Car Group” in the words of president Hakan Samuelsson. Polestar will be given ample marketing and engineering freedom

to distinguish itself from classic Volvo styles and expectations.

Polestar, in its new incarnation, will specialise in hybrid and electric high-performance vehicles combining serious power with smooth green energy. Samuelsson envisions a near future where Polestar is a major player in a hugely competitive electric marketplace.

Earlier this month, Volvo announced that some 100,000 cars have now undergone Polestar powertrain enhancements. In just a few days, the heavily hyped XC-60 SUV goes on sale and is expected to showcase the latest in Polestar performance technology.



NEW XC-60: SUV will showcase Polestar’s performance credentials.



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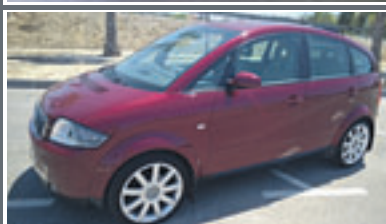
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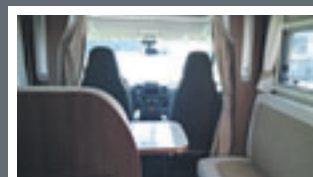
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ROAD TEST by Nick Fletcher

INFINITI is the stand-alone luxury brand of Nissan, pitched against premium models from BMW, Mercedes, Audi and Lexus.

The latest Infiniti is the Q60, a four-seat, two-door coupe with stand-out styling that turns heads and delivers fast, refined performance. It is also generously equipped – the kit list on my test model ran to 82 individual features!

Q60 prices start at €38,508 (£33,990) with flagship versions up to €52,897 (£46,690). My test model was a mid-range Premium Tech version with a 2.0 litre petrol engine and 7-

Infiniti Q60 Premium Tech

speed auto gearbox, costing €42,700 (£37,690). With 208 hp on tap, the 0-100 kph time is just 7.6 seconds and top speed is 235kph (146 mph). It is not as 'green' as some rivals, but otherwise performs brilliantly.

Progress is smooth and responsive, with a suitably sporty but not over-intrusive note from the twin exhausts. The auto box is seamless, the steering precise and intuitive, the ride quality understandably on the firm side but overall still very comfortable. I found the Q60 a beau-

tiful, effortless drive. It delivers on other fronts too. The visual styling is elegant, with a very distinctive look, and the potent front-end design makes German rivals appear rather muted.

In the cabin, the good impression continues with use of quality trim materials. The dashboard is well laid out, with twin dials behind the steering wheel and twin screens on the centre console, one for infotainment and sat-nav, the other for driver-information and connectivity features.

Access to the rear is tight but once inside, the back seats are surpris-

ingly spacious with plenty of legroom, though tall passengers will find headroom slightly compromised. The boot is a large boxy shape, offering 352 litres of space and the rear seat folds down to accommodate longer items.

Highlights from the 82-item equipment list include alloy wheels with run-flat tyres, BOSE audio system, intelligent cruise control, forward collision warning and emergency braking, blind-spot intervention system and all-round

monitor with moving object detection and parking guidance. You also get LED lights, front and rear sensors, dark maple-wood interior trim and memory-linked drivers seat, steering wheel and door mirrors.

The Q60 is more exclusive than most rivals, generously equipped, with great driving dynamics and eye-catching visual cachet. It is a formidable contender in the niche luxury performance sector.

INFINITI:
An effortless drive.



Model tested is UK-specification and equipment levels and prices may vary in other markets.

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Plan B for British cars

BRITISH cars are getting more British than ever, just as manufacturers warn a 'hard-Brexit' would be disastrous for the industry. The next two years of negotiations will be crucial but the biggest fear is widespread uncertainty spooking much-needed investment.

The good news is, recent efforts to make the UK's car industry more independent seem to have made a difference. The Automotive Council has revealed that 44 per cent of parts for British cars are now sourced from within the country, the highest level in years, up from 36 per cent five years ago.

Production has shot up under the new laser-sharp focus on building British. The number of British built cars has risen by 72 per cent in under a decade while profits in the industry have skyrocketed.

But, the progress faces derailment if the Brexit talks flounder and UK-EU trade relations revert to World Trade Organisation (WTO) rules. Chief executive of the Society of Motor Manufacturers and Traders (SMMT), Mike Hawes, said "no deal is simply not an option."

He urged the government to work on a Plan B in case talks collapse and substantial tariffs emerge, all but blocking the trade of parts and materials from the UK to continental Europe and vice-versa.

"Our sector needs a unique, comprehensive and bespoke EU trade agreement," he said, arguing that it was in everyone's interests for the motoring industry to remain within the EU's single market, regardless of where Britain's wider economy eventually ends up.

A fall back to WTO rules could seriously hamper the UK's booming exports to Europe and force British drivers to fork out thousands more for cars built overseas.

Lions 'tamed', win for England cricketers, Wimbledon looms

Tony Matthews

International Sports

A former player, Tony is now the world's most prolific author of football books with 150 published since 1975. He has also been a PE teacher and a policeman, and is now a quiz-organiser, fund-raiser, for various charities, and sports correspondent for Spectrum Radio.

Costa de Almeria

THERE were mixed fortunes for several European competitors and teams over the last few days, including defeats in rugby, cricket, tennis and football but do not fret, there are many more opportunities coming up for all that to change!

RUGBY UNION

The British & Irish Lions lost the first Test by 30 points to 15 against New Zealand at

Eden Park in Auckland. The second Test takes place in Wellington on Saturday; the third and final one is back in Auckland on July 8.

CRICKET

England's cricketers have once again beaten South Africa, this time by two wins to one in the T20 series. They won the first game by nine wickets at Southampton; lost the second by three runs at Taunton and won the third by 19 runs in Cardiff. Dawid

Malan scored 78 on debut in the latter game.

It's Surrey versus Nottinghamshire in the Royal London 50-over Cup final at Lords on Saturday. And the women's cricket World Cup is now underway but England's lassies didn't start too well, losing their opening Group game against India by 35 runs. Their second versus Pakistan took place on Tuesday.

And the 'voice of cricket', 77-year-old Henry Blofeld, OBE, a BBC Test Match Special commentator for 45 years, will retire in September.

FORMULA ONE

Lewis Hamilton was battered, bumped, hampered and crushed by 'Mad Max' German Sebastian Vettel in last Sunday's hectic Azerbaijan Grand Prix. Daniel Ricciardo (Red Bull) won the race with Valtteri Bottas (Mercedes) second and 18 year-old Lance Stroll (Williams) third. Vettel, who finished 4th in Sunday's Bacu race now leads the driver's championship by 14 points from Hamilton (5th).

MOTOGP

Italian ace Valentino Rossi won last Sunday's Dutch MotoGP in a very exciting finish, ahead of fellow countryman Danilo Petrucci and Spain's Marc Marquez.

CYCLING

On Saturday, the 104th Tour de France gets underway in Dusseldorf. Riders will cover 3,540 kilometres over 21 stages in 23 days.

TENNIS

Spain's Feliciano Lopez won the men's singles title at Queen's club last weekend, while Petra Kvitova triumphed in the women's tournament in Birmingham. And the ever-impressive Roger Federer is back to form - he won his ninth Halle title in Germany last Sunday.

Wimbledon fortnight starts on Monday... and the draws for both singles tournaments takes place today. And GB's Dan Evans has tested positive for cocaine.

FOOTBALL

Ex-Dutch international Frank de Boer is Crystal Palace's new manager and Argentine Mauricio Pellegrino, who led Alaves to the Copa Del Rey final last season, has taken charge at Southampton.

Liverpool have signed ex-Chelsea star Mohamed Salah from Roma for £34m.

England meet Germany and Italy played Spain earlier this week in the semi-finals of the European U21 championship.

And it's Chile v Germany and Mexico v Portugal in the Confederation Cup semi-finals.

ROUND UP

Not too bad for me at Royal Ascot horse race meeting last week - five selections two winners (including a 5-1

shot), one second and one third... and Irish supremo Aiden O'Brien was the top trainer at Royal Ascot last week - taking the title for a record eighth time.

Team GB won a record eight medals at the recent European boxing championships.

And the Gotland Games, which involves islands with less than 100,000 inhabitants, are taking place in Gutavallen, Sweden. Around 3,000 athletes from 23 islands are competing in 14 different sports.

PETRA KVITOVA:
Triumphed in the women's tournament in Birmingham.



ENGLAND:
Beat South Africa again.



VALENTINO ROSSI:
Won last Sunday's Dutch MotoGP.



Eurogolf's monthly stableford

ON Thursday June 22, Eurogolf played their monthly Stableford off the plates and the results were:

Cat 1 - 1st David Gregson 35, 2nd Malcolm Foskett 33 c/b, 3rd Pete Cleaver 33

Cat 2 - 1st Robin Richards 35, 2nd David Blanchette 32 c/b, 3rd Bertie Lawson 32

Cat 3 - 1st Gary Grierson, 37 2nd Harry Armstrong 34, 3rd John Conolly 33

Cat 4 - 1st David Valentine 37 c/b, 2nd John Holland 37 c/b, 3rd Kevin Bonser 37

June Stableford winner, David Valentine NTPs, 5th Morag Turner, 11th Bertie Lawson, 12th in 2 Pete Cleaver, 15th Steve Sayers, 17th David Valentine hole in one.

Best front 9 Mike Gillett 19

Best back 9 John Fairhurst 19

Football Robin Richarrds, David Valentine, Susie Crammon, John Conolly and Debbie Weedon.

Tuesday Toffs

On Tuesday June 20 Toffs played their normal Stableford competition and there there were some amazing scores recorded.

Cat 1 - (0-15) 1st David Gregson 39, 2nd John Barraclough 38 c/b, 3rd George McCallum 38

Cat 2 - (16-20) 1st Ian Pegg 43, 2nd Bertie Lawson 41, 3rd Steve Sayers 38

Cat 3 - (21-24) 1st John Holland 37, 2nd Hadge Armstrong 33 c/b, 3rd Ken Enever 33

Cat 4 - (25+) 1st Jan Shorkey 36, 2nd Brian Jones 31, 3rd Gill Gordon 29

Overall Toffs winner, Ian Pegg.

Best front 9 - David Valentine 20. Best back 9 Angelique Berndt 19 NTP's, 5th Malcolm Foskett, 11th Pete Cleaver, 12th in 2 David Blanchette, 15th Hadge Armstrong, 17th Damien Levey.

Football Franco Gentilli, Hadge Armstrong John Hoiland, Ken Enever and Ian Pegg.

Eurogolf have almost come to the end of their season, but if you would like to play at La Marquesa Tuesdays and Thursdays with one of the biggest societies on the Costa Blanca, please visit the website www.eurogolf-quesada.co.uk.

The next season commences September.



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'Developed by golfers, for golfers'



LIVERPOOL have signed ex-Chelsea star Mohamed Salah from Roma for £34 million.

Costa Blanca's best guide to local sport

TO READ MORE

Training on the beach has begun

BETTAS Torrevieja RFC had increased numbers training last week down on the beach.

It has been an excellent start for the newest club in the region and they are hoping to keep increasing as weeks go by. Their aim is to get enough players to start playing 15-a-side matches from September.

So, all you ladies out there, go and show what you can do and get the team playing in September.

There could also be a chance to enter the San Juan beach rugby 7's on August 5 as it is their 20th anniversary this year, but they need more players to do so.

Everyone is welcome.

For more information about the team and training contact Javi on 603 727 179.

TMGS at Roda Golf



RODA: The course was in excellent condition.

RODA was in excellent condition for our Stableford competition on Wednesday June 21. Thirty-two members and guests trekked down the AP7 for 30 minutes or so, to arrive in time to tee off just a little after 9am.

It would appear that early starts don't suit everyone, or was it the high temperatures that affected concentration, resulting in some very average scoring? However, there were some who apparently thrived on such conditions with three members better-

ing their handicaps. The course could certainly not be called to fault as it was in excellent condition.

The previous week's player with the best score, Sverre Sonesen, could not match it on the day, so he has decided to make his way home to sunny Norway until October. However, a couple of Vikings did manage to make a podium position and reduce their handicaps.

Results: NTP's, Hole 2 J Dean, Hole 7 K Winton, Hole 11 R Nilsen, Hole 13

Nada. Best Visitor Mrs C Markey with just 22 points. Bronze category, 3rd M Kennedy 28 pts, 2nd G Sorby 31 pts, 1st R Nilsen 37 pts. Silver category 3rd A Rickers 28 pts, 2nd L Jorung 35 pts, 1st D Sullivan 39 pts. Gold category, 3rd K Winton 31 pts, 2nd S Sonesen 32 pts, 1st J Dean 34 pts.

For further information and reservations please visit www.tmgs.org or @TMGS GOLF Facebook/TMGS GOLF contact our Secretary on 661 524 101.

San Miguel's Golf Society at Las Colinas, 21 June 2017

ONE of the finest jewels in the area's golfing crown must be the lovely but challenging course at Las Colinas. A buzz of excitement always rustles through the attending ensemble whenever the 'hidden valley' is visited.

It was a hot and sunny day and with quite a few areas off limits for buggies, it was also an energy-sapping experience for the 33 members and five guests.

Today (June 21) was the final of the Roger Pearson Doubles Matchplay with Robin 'I can chip in from anywhere' Eastman and Ken Flaherty thrashing Barry Roehrig and Kenny Reddington 5 and 4.

The five NTPs went to Robin Eastman (5), Noel Bannon (7), Theo Boelhouwer (10), Ron Stenhouse (14) and Steve Belshaw (17).

Results for each category were:

Bronze category - 3rd, Neal Sheldon (31), 2nd, Kyree Skarsmoen (33) and 1st Marge Birtwistle (36).

Silver winners were 3rd, Ken Flaherty (31), 2nd Steve Belshaw (33) and 1st Theo Boelhouwer (36).

Gold Category 3rd, Norman Cahill (33), 2nd, Jamie Rorison (39) and, with the best score of the day, 1st Robin Eastman with 41 points.

Best Visitor, with 35 points, was Andrew Macdonald, just pipping Richard Lewis with 34 points.

Our thanks go to all the staff at Las Colinas for their warm welcome and generous prizes on the day.

Keep in touch with all society matters through www.smgs.org or call Theo on 694 494 824.

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