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BONE DRY: La Viñuela.

Drought threshold breached

LA VINUELA'S reservoir has now reached its drought threshold, with only around a third of its water remaining.

The Junta de Andalcuia has still not agreed any new proposals to assist the situation after learning the reservoir contains only 54 cubic hectometres of water, while public consumption remains at 1.1 cubic hectometres a week, meaning Axarquia could be down to its last reserves by the end of the

The worrying news comes after the Junta met to discuss a raft of emergency proposals to deal with the ongoing drought threat. In addition to continuing the current irrigation ban one day a week, several measures were discussed, including to connect the Chillar river to La Viñuela reservoir. which would bring in around 2.5 cubic hectometres of water a year.

The project is now awaiting an agreement between the Environment Department and Tragsa.

British couple threatened with bulldozers Desperate ple

EXCLUSIVE

By Sally Underwood

A retired couple from Cornwall have received a temporary reprieve but still face having their house in Almayate bulldozed.

Gill and Bob Ward, who bought the house in 2004, have now taken to Facebook and enlisted the help of Save Our Homes Axarquia (SOHA) to draw attention to their plight and save their home from destruction. Having met with their solicitor this week, Gill said they are trying to formulate a plan and may appeal the council's decision

The property, which is part of an old farmhouse, was a 'ruin' when the couple bought it, received planning permission for a reform in 2006, which allowed several improvements to be made but required the original façade to be kept in place.

During the works the original wall collapsed, however, although Gill and Bob say their architect assured them it would

Annual Multi Trip

Winter Sports

■ Single Trip



SHAKY GROUND: The Ward's home.

be fine to continue construc-

Following completion of the works, the couple moved in, certain their house was legal until Gill - whose name the property is in - received a court summons in 2013 for 'knowingly building illegally without the correct licence.' She said her solicitor told her to plead guilty and she was handed a two-year suspended prison sentence and was ordered to apply for a new permission for works, which they couple say

They claim they never heard back from Velez-Malaga Town Hall, however, until receiving a letter on July 5 telling them their home would be demolished on July 17.

Bob and Gill have since been granted a temporary court order preventing the bulldozers accessing their property but Gill said she is concerned the be granted access to their land. She said of the situation, "we can't believe it," adding if demolition goes ahead, "we have no other home. We will be homeless.'

The couple have also been helped by Phil Smalley, SO-HA's president, who said the organisation was "waiting to hear from the couple's solicitor and to hear back from the town hall and hoping for a solution."

The worrying case comes following warnings from Smalley about changes to the State Planning Law, which he believes could affect around 20,000 homes in Axarquia.

He said councils are putting together an inventory of all buildings constructed on nonurban land and all property

owners will soon receive a letter from the town hall stating what category their home comes under.

Smalley is urging any owners concerned about the legal status of their property to contact the association at soha.es to receive advice and add their voice to the campaign.

He said only 200 property owners have contacted the group so far and is calling on others to come forward so they can organise a platform, putting pressure on the council to declare all homes built with town hall licences legal. He said, "owners of homes on non-urbanisable land (sic) believe that because they have all their paperwork, and no action has been taken against them to date, that they are legal."





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NEWS EXTRA

Domestic abuse

POLICE in Caleta de Velez have arrested an Italian man on suspicion of beating his wife. Officers were forced to intervene in the incident, detaining the man and taking his wife to hospital for cuts.

Fire threat

THE Guardia Civil are investigating a person on suspicion of starting a forest fire in Los Asperones. The fire started in scrubland forcing families from two homes.

Feria fun

COMPETA has held its annual feria, ending with a firework extravaganza on Sunday night. The event in the white-washed mountain village, attracts revellers of all ages who enjoy fairground style rides and a foam party.

BEACHGOERS are advised to be on red alert over the coming weeks after experts revealed that iellyfish are present in above-average numbers across 5-10 per cent of Spain's Mediterranean

The news comes as the stinging blobs have been reported from Malaga Province for the first time since 2015, as an expert in Alicante confirmed that certain beaches seem to attract them more frequently and in higher densities.

A new EU-funded report compiled by the Spanish Institute of Marine Sciences analysed sting data from more than 70 per cent of the country's 1.200 lifeguard towers and highlighted a series of black spots.

Cesar Bordehore, a researcher at the University of Alicante's Ramon Margalef Institute of Environmental Studies confirmed "we now know that between 5-10 per cent of Spanish Mediterranean beaches show an over-population, and we are now studying these cas-

By Matt Ford

Beware the blobs

Experts target jellyfish swarms

lations and the number of people being stung.

In Malaga, the Aula del Mar marine museum has teamed up with the University of Malaga

Outstanding Community Fees

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The number of new businesses in Spain set up by female entrepreneurs, between 2008-2013.



PURPLE MENACE: The mauve stinger can occur in high densities.

and Oceanographic Centre to form a predictive model able to foresee how each summer might progress, and they expect this to be ready by August.

Biologist Jesus Bellido, who helped design the free mobile application Infomedusa for both

Apple and Android devices, said that those appearing in Mijas, Marbella, Estepona on the Costa del Sol and Torrox on the Costa Tropical have confused his team because the climatic conditions were not the same in the two lo-

Purple reign

THE most common species in the Spanish Mediterranean is Pelagia noctiluca, the purple or mauve stinger, most easily identified by its pink to purple

It is an offshore species that is sometimes swept into shore. sometimes in massive numbers.

The sting from its tentacles is venomous but not especially dangerous, normally producing a whip-like scar.

Mr Bordehore said that if stung, the tentacle should be removed without rubbing using a plastic bank card or small pliers and cleaned with salt water.

"Never use fresh water." he





On the road

TORROX'S Council is considering a series of proposals to upgrade the town's coast road. The council's operating services department is looking at improving traffic routes as well as signage to cater to "the influx of visitors," according to councillor for Public Works, Paola Moreno, adding that the works had been carried out after "conversations" with residents.

Union man killed

JOSE ANTONIO VILLENA, the 57year-old union representative of a Torrox based cleaning company, has died in a motorcycle accident.

The man, who was also a member of Spain Communist Party, was killed after apparently losing control of his bike and hitting the central reservation near the San Roque football grounds on the A-7207 road.

Cop out

VELEZ-MALAGA opposition party, Partido Popular, has questioned the town's mayor, Antonio Moreno Ferrer over the supposed lack of police. A spokesperson claimed the Carmen festival on July 1 showed a lack of officers, with only six on duty to control traffic and ensure safety, and compromised the security of the town, residents and

Puzzle persists

THE mystery ad campaign featuring a naked woman returned to Velez-Malaga for the second weekend running. The advert, which first hit the headlines after appearing in a Torre del Mar car park two weeks ago, has recently taken to the skies behind three planes in Malaga, Alicante and Cadiz, while the campaign's website displays a clock counting down to tomorrow (Friday).

Brief encounter

A YOUNG MAN, aged 19, is not allowed within 300 metres of his father after attacking him with a briefcase in front of a Malaga police station. The teen, who admitted attacking his father, will not be allowed to come near him or contact him for five months and 10 days

SPANISH FACTS OF LIFE...22

Spain is the second-largest producer of cork in the world after Portugal, with 27 per cent of the world's 2.2 million hectares of cork forest, and the annual harvest is in full swing.

Popping the cork!

TAKING place from June 15 to August 15 each year, the cork harvest is the ultimate example of an environmentally-friendly industry which still employs ancient methods.

It is considered sustainable because the trees are not cut down to obtain the product, rather the bark is stripped from the trunk by highly-skilled workers known as corcheros who wield specialised tools and must train for around eight years.

Normally working in teams of five, they each have a specific role, from using an axe to strip the cork to stacking the planks in piles or loading it onto mules once it is cut.

At the factory, the planks are boiled in a deep water vat, which renders it soft enough for flattening and processing.



BARK: Is stripped from the trunk.

A fine vintage

THE trees cannot be harvested until they are 30 to 40 years old and have a minimum circumference of 60cm at the base

After being cut they are left alone for nine-12 years to allow the cork to grow back, the harvest taking place in a different area each year following a cyclical pattern.

The first and second harvests produce low quality cork, but from the third onwards it is of sufficiently high grade to use for the production of corks for around 60 per cent of the world's wine.

Although cork oaks can live for more than 300 years, some even reaching 500, they are not usually exploited after they reach 200 years of age.

Pull the other one

• The cork oak, Quercus suber, is native to the Mediterranean countries of Portugal, Spain, Morocco, Algeria,



I Cork is highly resistant to fire.

Italy, Tunisia, and France.

• Cork is highly resistant to fire and the thick bark, which can be up to 30 cm thick, is thought to have evolved as a natural defence in a region where wild fires are common.

• In Spain, cork oak forest is home to some of Europe's most endangered



Native to the Mediterranean.

including the Iberian lynx, Spanish imperial eagle and black vulture.

• With an area of 170,025 hectares, Los Alcornocales Natural Park in Cadiz Province is the world's largest cork oak forest and the only subtropical forest in

Europe.



Culture vultures

VELEZ-MALAGA'S newly inaugurated Muvel museum has received 6,518 visits since opening its doors on March 28, according to the council.

Visitors have been able to take 1.700 exhibition objects and participate in activities including archaeological work-

shops for schools and families, as well as concerts and lectures, with 72 per cent of visitors from Velez-Malaga itself.

Family affair

THE National Police has arrested a mother and her two children for drug trafficking offences and seized 88 marihuana plants from their family home in Velez-Malaga. The probe began after Local Police received several reports that cocaine was being sold in the La Gloria neighbourhood, and police seized €600 during the raid.

Day tripper

MOTRIL'S Day Fair will be held from August 16 to 18 in Las Explanadas, attracting, musical performances by Kañasur and Jose Manuel Soto. In addition to live music, attendees will enjoy food

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Pet registration deadline approaches

RINCON DE LA VICTORIA has started an information campaign letting residents know they have until September 24 to register their pets' DNA.

The measure, which aims to prevent dog fouling as well as dognapping or abandonment, is being publicised after only a small number of people have so far taken part in the scheme. From October, owners who do not clean up after their dogs will be identified by DNA and fined.

So far only 294 out of the area's 9,500 dogs had

been registered in the scheme, which also involves inserting a chip.

Once the deadline for registration has passed, Local Police will be carrying out random checks on dogs and imposing fines of up to €2,000 on owners who do not comply with the law.

Registration costs €35, and payment must be made through the Veterinary College of Malaga's website at www.colegioveterinariosmalaga.es, in the ADN sec-

The total number of news and features which appeared in Issue 1672 of the Euro Weekly News Axarquía - Costa Tropical edition, including 41 local stories.



Costa del Sol Axarquía/Costa Tropical Costa Blanca South Costa Blanca North Mallorca

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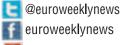
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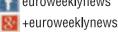
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EWN on the web



The couple have since been found 'safe and embarrassed'

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From 18 - 24 July

Top 5 stories

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Poll of

the week

As controversy continues

to surround the US

President do you think

Donald Trump will serve

a full eight years as the

world's most powerful

leader?

LAST WEEK'S POLL:

With Marbella seeking to

ban shirtless tourists, should

beachwear be prohibited in

town and city centres?

Yes = 84%

No = 16%

- 1 Urgent appeal for missing Albox couple 4,370
- 2 Brit holidaymaker outraged as couple have sex on Alicante plane 4,030
- 3 'Missing' Albox couple reported 'safe and embarassed' 3,736
- 4 British couple found in Manilva died 'at least 15 days ago' 2,604
- 5 Huge hailstones fall in northern Spain 2,000

Top Social Media comments

Balearic Parliament approves bull runs 'without blood, without suffering' Not enough! An outright ban is needed! Laoiseach Ni Chleirigh

Man arrested for assaulting his father outside police station in Malaga Poor father, he must have been 'at the end of his tether' to have taken his son there. Such a pity they could not get help earlier and avoided this horrible situation. My sympathy for the son as well he needs help, even if he doesn't recognise it yet. Elizabeth Saunders

Two people die trying to rescue a dog from a reservoir in Almeria Spain obviously doesn't give a toss about stray animals, abused animals, abandoned animals, killing animals, which leads to people trying to save them and thus tragedies like this. Ridiculously unnecessary. Mona Mangham

British couple found in Manilva died 'at least 15 days ago could easy happen. Too many people like to keep themselves to themselves, and then, this happens. Be nosy, be friendly, be around people, we need them when we are older, especially in a different country. N Maurice Johnson

Brit teen dies of 'drug overdose' during rave in Salou Just finished his A levels too... This

is really sad! Being young means you do silly things, we all have, not necessarily taking drugs but we've all risked our lives in one way or another, I've never seen such nasty comments on a post before, I truly hope none of your brothers/ sisters/cousins/sons/daughters and so on, never do anything like this and inconsiderate people post such wicked 'matter of fact' comments about them II Sarah Louise

Brit holidaymaker outraged as couple have sex on Alicante flight Surely if you can take the trouble to post a complaint on the airlines FB page, why couldn't the staff's attention have been drawn to it. Also why not ask the parties concerned to cease their activities? Ted Milsom

@Ted Milsom I would think if you asked them to stop they would just laugh, that sort of mentality. No hit them in their pocket and make them forego their holiday. Fdith Farminer

Lorry drops into the ocean from a Cadiz **beach** So lucky and that it's not a high bridge... well done to driver and police. Lydia Taylor

Man arrested over rape of British tourist in Malaga What part of NO don't they understand??? Wilhelmina van der Horn

TRIVIA FROM **AROUND** THE WORLD

The shortest war ever fought was between Britain and Zanzibar on August 27, 1896, with the latter surrendering after 38 minutes.

It is not possible to hum while holding your nose closed.



The 1960 movie 'Pyscho' is thought to have been the first cinema film where a toilet is shown being flushed. The momentous flushing scene was just before Janet Leigh's character took a shower and was then stabbed to death.

**** Did you know?

X's at the end of a letter signify kisses because in the Middle Ages, when many people were unable to read or write, documents were often signed with an X. Kissing the X represented an oath to fulfil obligations in the document, and consequently X and the kiss became synonymous.

FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE





Lost in translation



When you are striding on us, we are groaning under your feet - SOS from the grass.

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected. Email:

editorial@euroweeklynews.com

BEDDING

OUR VIEW

The right to live or die

THE sad story of Charlie Gard has been heartbreaking, not just for his parents but for tens of thousands of people who followed the case.

No parent ever wants to outlive their child and in this particular case, the agony of the parents who have tried everything to prolong his life is quite clear.

The Great Ormond Street Hospital has a fantastic record of improving the life of so many children but does appear to have been involved in a number of legal battles over the rights of parents to keep their children alive.

More than £100,000 (€110,000) was raised by donation to help support Charlie's parents but all of this money and the legal costs of the hospital have effectively been wasted whilst the various court cases were heard.

There is a terrible dilemma here as to who should have the right to decide the life or termination of a child.

The hospital has experts who believe that their recommendation to terminate Charlie's life was correct, vet past cases have shown that miracles can occur as in the case of Aysha King whose parents were arrested for taking him out of the UK.

This is not the first or the last case of this kind, but in the meantime, we certainly feel immense sorrow for Charlie's brave parents.

Now we want to hear your views. YOUR PAPER - YOUR VOICE - YOUR OPINION

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Tailback misery to continue

THE Traffic Directorate (DGT) has ruled out a series of measures to ease traffic congestion on Malaga's roads this summer.

Drivers complained after tailbacks reached 30 kilometres on the A-7 last weekend, calling on the authorities to allow the hard shoulder to be used. However the DGT it would not be safe do so and instead has suggested motorwav-users stay off the roads in peak hours.

It is anticipated use of the province's roads will increase by 5 per cent by the end of the summer, leaving drivers stuck in traffic. The DGT has now recommended avoiding main roads between 8pm and 10pm, while traffic is at its heaviest, and making use of toll roads, which it claims save money on fuel consumption.



BASES







RED HOT: Lucy and Ryan.

Mecking it official

RUMOURS of their romance have been bubbling under the surface for weeks.

And former The Only Way Is Essex star Lucy Mecklenburgh, 25, declared her feelings for Coronation Street actor Ryan Thomas, 33, after the pair were pictured together during a steamy trip to Ibiza.

The love birds were snapped at a nightclub before Lucy paraded on a hotel balcony in a bright red lace-up bikini which left little to the imagination.

Picture purr-fect!

ATOMIC KITTEN singer and reality TV star Kerry Katona has been spotted in Marbella with two of her five kids, Heidi, 10 and Dylan-Jorge, two, where she is enjoying a sun-soaked summer

It comes as the former I'm a Celebrity... Get Me Out of Here! winner faces a €270 fine in the UK after two of her daughters were whisked away to Barbados during the school term earlier in the year.

But the 36-year-old is clearly enjoying her time in the Costa del Sol's capital of glitz, as she stepped out in a blue dress with white crotcheting details as her offspring sported identical outfits.

According to The Sun newspaper, she is staying at the home of disgraced businessman Mon Basra, who was handed a four-and-a-half-year jail sentence in 2013 after being found guilty of



Kerry is friends with his wife Rosie, and the pair cemented their love for one another in a social media photo captioned:

"Friends for life!!!"

the isle



THEY have been together for two years and their first child was born in December 2016.

Now TV presenter Zoe Hardman, 34, and rugby star Paul Doran Jones, 32, have tied the knot at a lavish ceremony in Ibiza accompanied by their celebrity pals.

Guests included former England rugby captain Mike Tindall, his wife and Queen's granddaughter Zara Phillips, TV personalities Caroline Flack, Matt Johnson and Sarah-Jane Mee, plus singer

Speaking to Hello! magazine after the star-studded event, Zoe said: "Our friends are like family to us and we wanted everyone we love to be there. I wanted a relaxed, boho vibe, where family and friends could party until dawn. Marrying the man of my dreams on an island we both adore, was amazing.'

Madeley in heaven

SHE is the youngest child of chat show legends Richard Madeley and Judy Finnigan. But Chloe Madeley, 30, proved she is all woman after posting a series of sizzling swimwear shots to Instagram. The stunning presenter and fitness expert has been holidaying in Ibiza with rugby-player squeeze James Haskell, 32, who she has been dating since 2014.



BIKINI BODY: Chloe Madeley.

Bear necessities

HE has been dating Geordie Shore star Charlotte Crosby after the pair met on MTV show Just Tattoo Of Us. But Ex On The Beach hunk Stephen Bear, 27, appeared wild and carefree during a booze-soaked appearance at a Mallorca club as he poured neat vodka down his throat while partying with bikini-clad beauties, at one point even indulging in a spot of crowd-surfing.



| WILD THING: Stephen Bear.

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TIMELESS ICON



Open letter from HMA Simon Manley

GIVEN the success of the Spanish State Visit to the UK the week before last, which, among other things, highlighted the importance of people to people links between our two countries, I thought it timely to return to the subject of citizens' rights in the negotiations on our departure from and future partnership with the EU.

In the year since the EU referendum, I've had the pleasure of meeting many of you across the country, from the Balearics to the Canaries, along the Costas and in Madrid, and our consular teams have met many

I know from those conversations that there has been uncertainty for many of you. My teams and I have listened to your concerns about the future, including about your residency status in Spain, the level of your UK pensions, and your access to Spanish health and other social services, and have noted the questions you have about tax, inheritance, right to work and the implications of applying for Spanish nationality.

At our meetings, on our social media and in interviews, I have also pledged to keep you up to date as negotiations on our exit from the European Union continue. So, let me update you on where matters stand now, in light of the latest negotiation round in Brussels last week.

The UK government has been clear that citizens are our top priority in the exit negotiations. We want an agreement that provides citizens with greater certainty about their fu-



SIMON MANLEY: Has pledged to keep you up to date.

Last week, we held constructive and substantive discussions with the European Commission on the bulk of the issues underpinning our respective positions on citizens' rights. Together we have taken a big step forward.

There is a much clearer understanding on the detail of the positions on both sides and significant convergence on the key issues that really matter to citizens. You can read this technical note which compares the UK and EU positions on these issues here. It is clear both sides want to move towards an agreement

As you know, on June 26, the Prime Minister outlined to Parliament an offer to protect the rights of EU citizens in the UK. We are entering the negotiations with the European Commission and the other 27 EU Member States constructively and we therefore hope that the EU27 will offer reciprocal treatment for British nationals resident in the

other Member States.

Many of you will have seen press reports of our June 26 offer, whether in the UK or Spanish media. I hope you will also have read the detailed proposals which are set out in 'Safeguarding the position of EU citizens in the UK and UK nationals in the EU' (https://www.gov.uk/ govern ment/policies/brexit) and I would encourage you to sign-up for email alerts (you can do so on the Home Office gov.uk page) to receive updates, to ensure that you are receiving information and guidance from official sources.

The first key element of the new proposal is residence status and working rights. Until the UK's exit, EU citizens in the UK will continue to enjoy all the rights they currently have under EU law; they can continue to live and work in the UK just as they do now.

The same rights also apply to you, British residents in Spain. You can continue to live and work here

in Spain as you always have done. After the UK's exit from the EU, we are proposing a reciprocal deal that would protect the right of UK nationals already in the EU to continue to live and work in the EU. We hope that the European Commission and the 27 other Member States will

The second key element is healthcare, pensions, education and access to benefits. It is our intention to treat EU citizens with settled status in the UK in the same way as if they were UK citizens for the purposes of access to education, benefits and pensions

For you, the government has announced that the UK will continue to export and uprate the UK State Pension and provide associated healthcare cover within the EU, issues which I know from my conversations over the last year were important to many of you.

At the moment, those of you who are UK pensioners and resident in Spain access healthcare through the S1 form. This means the UK reimburses Spain the cost of providing medical treatment.

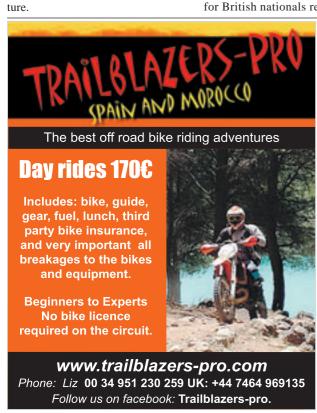
After the UK leaves the EU, we want to continue your healthcare entitlements on the same basis. Healthcare in Spain was indeed one of the case studies cited in the detailed proposals made by the British Government on June 26 (see link).

Subject to negotiations, we want to continue participating in the European Health Insurance Card scheme meaning EHIC holders continue to benefit from free, or reduced-cost, needs-arising healthcare while on a temporary stay in the EU - and vice versa for EU EHIC holders visiting the UK. We hope the European Commission will agree to this.

The British government has repeatedly said that, until exit negotiations are concluded, the UK remains a full member of the European Union and all the rights and obligations of EU membership remain in force. You can continue travelling throughout the EU on your UK passport, without any visa requirements.

You can continue to access Spanish healthcare and draw your UK pension. If you have any difficulties accessing those rights, do please let our Consulates know.

I will continue to engage with you and listen to you, as will my consular teams across Spain. In the meantime, please follow me on Twitter (@SimonManleyFCO) and access the Embassy's social media (@UKinSpain on Twitter; British Embassy Madrid and Brits in Spain on Facebook) to keep up-to-date with developments.











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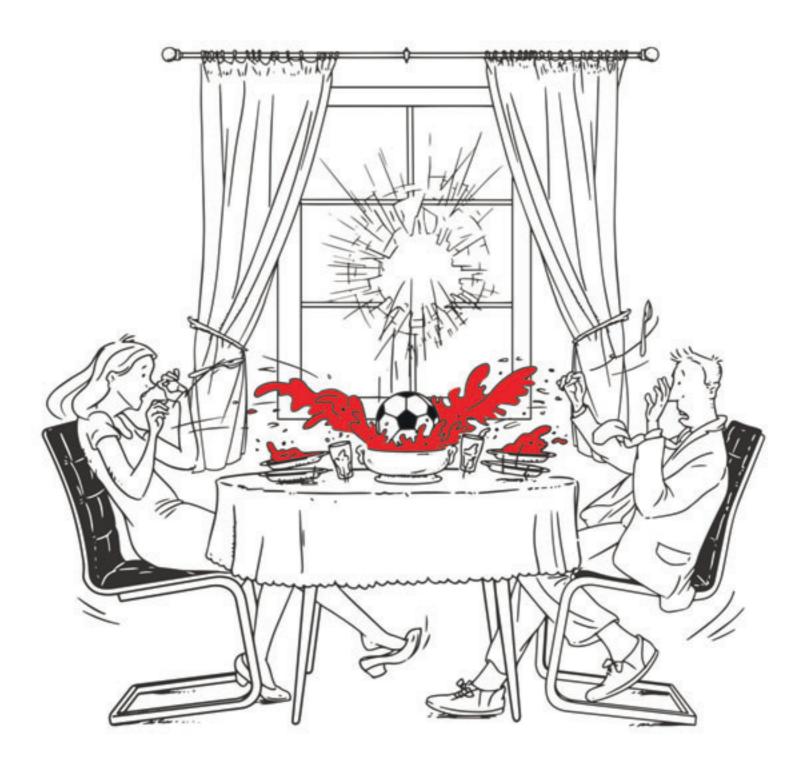
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NEWS EXTRA

Primary care

ALMUNECAR'S Council has employed 12 workers from its over 30's employment programme to carry out works to the town's primary schools, including painting and maintenance

Football fans

ALMUNECAR football team, Guerreras Juveniles, have played a friendly match against the University of Granada in the Jose Maria Garcia grounds as part of a national activity drive amongst young people.

Padel people

AROUND 70 padel players from across Spain have visited Almuñecar to participate in the town's first Padel Camp. The event attracted players from Cadiz and Granada and was aimed at iuniors.

Registration period opens for tax help



COUNCILLOR MARQUEZ: Announces the scheme's details.

VELEZ-MALAGA'S Council has started taking applications for help paying property tax, known as IBI.

Residents will now have until August 14 to apply for

1.250.000

The number of hunting licences granted annually in Spain. Mainly held by occasional hunters of game birds.

aid, with those who were previously receiving the subsidy last year not having to reapply unless there has been a change of ownership.

Thousands of people in Velez-Malaga will benefit from the assistance after the council ear-marked €43 million in its 2017 budget.

The move is expected to assist around 26,200 families in total, 1,893 of whom were previously ineligible, with aid capped at €500 per home and €1,500 for multiple properties.

Juan Carlos Marquez, councillor for Finance, said "this government has made a particular effort to fit this aid into our budget." He added, "we have put aside €4.3 million for assistance in 2017, including to help those who previously lost their eligibility, but we are prepared to consider increasing this amount to deal with demand if necessary."

Once the measure is approved in full, it will be published in the Official Province Gazette, after which "the council will set out the deadlines by which residents must make their applications," according to Marquez.

Those eligible for the aid are those who rent or own a home in the Velez-Malaga area who missed paying their tax in any year between 2012 and 2016. Renters must provide a proof of rent.



PRODUCCIONES INFANTILES: Perform their story about Peneque.

One for the kids

NOW that the summer holidays are here, Axarquia's towns are branching out from the traditional flamenco concerts and ferias to child-centric events, starting with La Herradura's 19th Puppet Festival.

The annual event. which will take place in Plaza Independencia from August 3 to 6, hosts free admission alongside fun and informative performances from puppeteers from Spain and further afield.

The festival, which will bring together four different puppet companies, will be held every day from 10pm, starting on August 3 with the company Owl Theatre, which will perform a show teaching maths. music and diversity through the story of a cute camel which has four humps.

On Friday, August 4, the company Pequeños Duendes, will perform their show Pezciclaje about recycling and urban waste, teaching the importance of looking after the sea and nature.

While on Saturday August 5 Producciones Infantiles Miguel Pino will occupy the stage at the bullring with their work Peneque Fu Man Chi, about Peneque, a brave boy, who in this edition travels to the Far East.

The final night will see The Carriage of the dreams of Andersen present a story about puppeteers and musicians, called Angels of Trapo.

The event, which is funded by the Provincial Council, is a well-loved fixture in La Herradura's social calendar, entertaining both adults and children.

Puppetry is one of the oldest forms of theatre, and was first recorded in Ancient Greece in the fifth century BC, around 3,000 years ago.







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NEWS EXTRA

Beach bunnies

VELEZ-MALAGA'S Sports' councillor, Maria Jose Roberto, has visited beaches on Torre del Mar to see first-hand the number of locals getting involved in beach sports including water skiing and windsurfing this summer.

Music fest

MOTRIL'S La Poniente beach has hosted more than 50 musicians at an event organised by Chiringuito Sunahra. The charitable concert raised funds and textile projects for the Jesus Abandonado association.

Water baby

ALGARROBO'S Council has arranged a trip to water park, Aqua Tropic, tomorrow (Friday) starting at 9.45am and is free for the first 50 subscribers.

EXCLUSIVE

By Matt Ford

AN expat is calling on supermarkets to warn shoppers that thieves often operate in or near their car parks.

Pauline Hulme from Calahonda, Malaga, had her handbag snatched containing €600 and personal documents minutes after loading shopping in the car park of a local super-

She discovered the theft after helping two men - possibly of North African origin - who stopped and asked for local di-

Charity worker Pauline, a Liverpudlian who has lived in Spain for five years, now wants leading supermarkets in southern Spain to hire security men, or erect posters in Spanish and English either in the lift to car parks or at shop entrances warning of the risk of possible theft.

"If I had read such a warning I would have been much more vigilant," says Pauline.

She was robbed after shopping in her local Mercadona car park, and is pleased that the location where she was tar-

Daylight robbery!

Theft victim wants shoppers warned



I LOCAL MERCADONA: The location where Pauline was targeted is now staffed by security men at certain times.

geted is now at times staffed by security men.

Looking back on the theft, Pauline said: "I felt utterly sick and it will take me ages to replace what has been stolen.

"The larger supermarkets need to warn people of the danger of theft or hire security men to safeguard their clients against the risk.

"The shop manager was extremely sympathetic and said they have cameras... but even in the police station I was told that theft is rife."

A British man who later found her handbag - but without the cash - told her he had been robbed in a similar ploy two years ago in the same spot, and that he was also stabbed in the arm during the incident.

A few local supermarkets on the coast have signs warning

shoppers not to leave valuables in sight in parked cars, but Pauline's call for security staff or 'Beware of thieves' signs is a more focused move.

Peter Stretton, a retired British pensioner from Alhaurin had a similar experience to Pauline last summer. "I attended La Trocha market one Sunday and after I had been stopped by two men asking directions near the market, I discovered my man-bag containing my wallet and phone plus some shopping had been stolen from my vehicle.

"It happened so quickly." James Findley from Denia also told of two recent inci-

"Last summer my wife had her purse stolen from her shopping bag in a shop car park by a passer-by and

PAULINE: Wants to warn people to be more vigilant.

friends this Easter, who initially flew to Madrid at the start of their visit to Spain, had a wallet stolen on the train from the airport.

"It happened when the husband was distracted while carrying cases and watching his family."

James said he knows of oth-

ers who have had valuables stolen from their cars while being distracted in car parks.

"With so many visitors police should make people aware with a poster campaign in Spanish, English, and other languages warning that theft is an issue locally.

"This is not detrimental to Spain. It happens in Germany, France, the UK... but so many arrive here in high holiday spirits only to realise hidden dangers."

Officials at various foreign consuls in Spain have over many years warned nationals of the importance of safeguarding against theft, with many family holidays ruined after handbags or bags containing passports, air tickets, and other valuables have been



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NEWS EXTRA

Go ahead

VELEZ-MALAGA'S Council has approved work licences for construction of 800 houses, a theatre and a hotel in La Ensanche in Torre del Mar after councillors agreed the project would be good for tourism.

Save water

ALGARROBO'S Council has joined force with Axargua to promote a campaign to save water this summer following recent drought fears in the area. The campaign, Water is Life will take place in July and August.

Night music

MOTRIL has joined forces with Granada and Belgium to put on the Rev Balduino festival today and tomorrow with choral and orchestral concerts featuring among other composers the works of Mozart.

8-year-old golf wonderkid prepares for international tour

BRITISH golfing ace Oliver Strang is getting ready for tournaments around the world

Caceres-based Oliver began playing golf with his father, Christopher, when he was just three years old and quickly got the hang of the sport, and soon after joined the Michael Campbell Golf Academy near Puerto Banus, Marbella.

There his coach, Phillip Tanham, honed Oliver's skills and he began to win junior tournaments, including finishing top in his age group for the Wee Wonders competition, which has qualified him for the St Andrews Tournament in August, and the most recent Chinnydipper competition with -1 par.

Thanks in part to his sponsors, Chinnydipper, Sam Oliver, ClubFace-Golf, J Kellett Foods and Diamonds & Pearls Events Management, Oliver will also be able take part in the American Golf Junior Championship in England in August, as well as the Paul Mcguinty Trophy in Portugal, the US Kids Golf tournament in Wales, Spain's Chinnydipper Pro Tour and the St Andrews Wee Wonders Grand Final in Scotland

After a hectic August schedule, the aspiring pro golfer hopes to also to take part in the Venice Tour in Italy in September and, should he qualify, a tournament in America in the beginning of 2018.

The youngster dreams of becoming world number one and playing in the Masters Tourna-



I OLIVER STRANG: Young golfing ace.

Christopher Strang told the Euro Weekly News: "He is a busy boy, his coach is amazed with how

"He has the drive to be the best and loves the

Christopher also recommends any parents with children interested in golf enrol them into academies like the Michael Campbell Golf Academy so that they can learn "discipline, sportsmanship and enjoyment in the game of golf."

Everyone here at EWN Media Group wishes Oliver the best of luck on his road to the Masters!





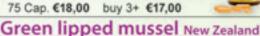


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NEWS FROM OUR FIVE OTHER EDITIONS

Homes spared the hammer





THE 98 family homes built in Albox between 2004 and 2006 then declared illegal, much to the fury of dozens of British buyers, will not be demolished.

Almeria's criminal court rejected the prosecution's demands for complete demolition of the properties. Judges noted that they had been legally acquired by third parties intending to legalise them.

A lawyer for citizen right's group AUAN, which has helped countless British victims of Spain's illegal property licences' scandal, said he was "very happy" for his clients. "It seems that at long last they can glimpse the light at the end of the tunnel," said Gerardo Vazquez.

SAVED: Judge rules to halt demolition of Brit-bought homes.

COSTA DEL SOL

Green thumbs

TORREMOLINOS Council has started work on a 70 plot allotment which will allow users to grow their own fruit and vegetables. The orchard will occupy 12,000sqm of land in El Pinillo.

Bankruptcy risk

THE town of La Linea de la Concepcion is one of the five in Spain considered to be most likely to be at risk of bankruptcy. This is the finding of independent research group Airef.

People first

FORMER Spanish prime minister, Felipe Gonzalez said at a meeting in San Roque that people must come first in Brexit negotiations. He also said that Spain should invest more in the Campo de Gibraltar.

Road repairs

THE Coin Council has committed €20,000 to undertake improvements on certain sections of rural roads damaged during the December heavy rainfall. This is in addition to financial support received from national and regional governments

Pink walk

FOR those who enjoy a moonlight stroll, 22 new 'antique style' street lights have been installed in what is referred to as 'the beautiful pink walk' of Casares. The route starts at the Curva de las Cadenitas.

COSTA BLANCA SOUTH

Secret messages

TORREVIEJA Council has announced that it will be spending €53,000 to encrypt the communication system used by the Local Police.

Sad loss

LARGE crowds of relatives, friends and neighbours attended the funeral held in the Murcia town of Alguazas for the unnamed married couple who drowned on Guardamar beach. They leave behind two teenage children.

Hash up

MEMBERS of both the Local and National Police forces in Alicante have recovered a bundle of hashish. It was spotted floating close to the beach in San Juan by a swimmer.

Fair deal

TAXI drivers in Murcia are to get a financial boost for their day-to-day service following a decision to pay up €200 towards upgrades. The total spend is likely to be €150.000

Flip-flop alert

SPAIN'S Consumer and Nutrition Agency has warned people to be on the alert for men's flip-flops sold in Primark stores which have been recalled in the UK. It is not thought that any sold in Spain.

■ MALLORCA

Major hangovers

A PARTY in Palma got out of hand and apart from fights, eight youngsters, aged between 12 and 14, had to be treated for excess intake of alcohol.

Shark attack

ANOTHER shark is in the news after it was sighted at Estanys cove in Colonia Sant Jordi when it slightly injured a swimmer by swimming into them. Despite searches, it was not possible to find the blue shark.

Civil War

FOLLOWING the discovery of bones at Sa Coma beach in Mallorca, it is believed the bodies of up to 500 Republicans may be buried there. The Balearic and Catalonian governments are considering exhumation.

Family holiday

THE Spanish Royal Family is due to arrive in Mallorca on Friday to start their annual summer stay at the Marivent Palace in Palma. Although the main purpose is holiday, the king will also undertake some official duties.

More officers

IN order to try to speed up the long immigration queues at Palma airport, police and union representatives have agreed to increase the number of officers on duty.

COSTA BLANCA NORTH

Instant info

LOCAL POLICE patrol cars in La Nucia are now equipped with tablets, providing officers with updated information available in real time without having to call the central

Foreign aid

ALCOY Council has allocated €18,000 to the PROYDE project for the San Isidro Labrador School in Paraguay and €15,000 to the Kanimambo charity which works in Chowke, Mozambique.

Forbidden act

A YOUNG boy was rescued by the Red Cross in Javea - he had broken his shoulder after jumping into the sea from the rocks at Cala Tango - an act that is forbidden

New member

BENIDORM'S councillor of Security recently confirmed that a sniffer dog will join the Local Police team in the city - if all goes well, a second dog will join the team later in the year.

Be cautious

ALZHEIMER'S charity AFA Marina Baixa has warned citizens to be cautious of two women who are visiting shops and bars in Benidorm asking for money for the charity - they are thieves with no association with the charity.

COSTA DE **ALMERÍA**

Valley woman

AN eight-metre tall sculpture is on the verge of completion in Olula del Rio. The work, by renowned Almerian sculptor and painter Antonio Lopez, is entitled La Mujer Del Almanzora (the woman of the Almanzora Valley).

Gun trio

THREE Albox residents have been charged with illegal weapons possession and threats after a Guardia Civil raid uncovered a shotgun, pistol and substantial quantity of ammunition.

Road revamped

WORK on the AL-8101 has been completed after serious renovations costing upwards of €150,000. Portions of the road, which connected Oria from the A-399 to San Roque in Albox, were considered dangerous and unstable.

Evil mother

A ROMANIAN woman who fell pregnant by a Local Police officer from Murcia has been fined €2.160 and sentenced to one year and three month's imprisonment. She submitted false charges and threatened him

Fruit fancy

THE town of Vicar has welcomed a visit from the children's workshop 'Eating healthy is fun' where local children were invited to learn about watermelons. They were told about the benefits of fruit for health.

Nurse's death

ACCORDING to a grieving widower, his nurse wife committed suicide due to depression caused by the bullying of her boss at the Torrecardenas Hospital. He has asked a judge to investigate the entire situation.

Advertising feature

It's holiday time again. Have you got that Liberty feeling?

ONCE again, summer is here with a vengeance. Temperatures soar and with the influx of tourists, you have to keep your wits about you at all times when driving.

Holidaymakers who rent a car, may also be driving on the opposite side of the road to their home country, like the British, so you need to be extra vigilant and try to anticipate their possible mistakes. One very common incident happens on roundabouts where drivers take the wrong lane. For example, if you want to carry straight on then it's best to take the outside lane, and if you intend to turn left, take the inside lane.

What many people do, is take the outside lane with the intention of turning left but the driver on the inside lane who is going straight on, has to be very careful to avoid a collision with the vehicle going all the way round.

Aside from the inevitable increase in traffic accidents with the huge influx of tourists from around the world, you need to make sure your car is up to scratch too.

For example, always make sure that your tyre pressures are correct by checking them at least once a month especially as road surfaces become very hot indeed and will affect the pressures. Needless to say, check the tyres too and make sure they are in good condition with enough tread. Also check the car's radiator water level; the last thing you want is to overheat if



HOLIDAY TIME: Keep your wits about you when driving at all times.

you're stuck in a queue and worse still have to wait for a breakdown truck. It's also illegal to run out of screen-wash so keep this topped up.

Driving with flip-flops or shoes without backs is not permitted either. Obviously seat belts must be worn all round and children need safety harnesses. And stating the obvious too, mobile phones must not be used for speaking (unless using a built-in hands-free device) and definitely no texting!

If you do have an accident, remember

Stay calm and use the reflective vest.

Use your vehicle's emergency flashers and use two warning triangles at appropriate distances from the vehicle. Stay away from oncoming traffic.

Call 112 if necessary.

Take photos of the incident when safe to do so. Get statements and contact information from any witnesses

Complete the accident report forms.

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DENMARK

Pricey pint

ACCORDING to a survey, Copenhagen is the priciest city in the world to have a beer when considering how much the purchaser had to earn to buy it. In effect for every pint you buy, you are buying the taxman a

Large notes

THE left wing Red-Green Alliance party wants to abolish the 1,000krone note saying it it not used by citizens and primarily benefits criminals. The note is worth around €135 at current exchange rates.



CHEERS: For every pint bought, you are buying the taxman a half.

Coffee complaint

A DANISH café has been reported for racism after an Ivory Coast national complained about a sign depicting a black boy wearing a loincloth with a tray of coffee on his head.

Simpsons star

DANISH 'Game of Thrones' actor Nikolaj Coster-Waldau is set to voice a character in season 29 of The Simpsons, one of the longest running animated shows.

GERMANY

Cultural reminder

DUISBURG is calling for a change to the typical 'traffic light man' wanting a pedestrian light that reminds citizens of its culture and life. The typical walking figure could be replaced with a miner with hat and safety lamp.

Turkish tension

TENSIONS continue between Germany and Turkey with the government warning people who are travelling to Turkey for business or pleasure, to exercise 'increased caution.

Cocaine haul

CUSTOMS has seized the largest ever cocaine haul in the country's history with the 3.8 tonnes of cocaine seized at Hamburg harbour, worth an estimated €800 million.

Royal visit

PRINCE William and Kate have been on a royal charm offensive spending a few days in Germany on a trip that saw them meet with Chancellor Angela Merkel, attend a garden party for the Queen and even take part in a boat race.

FRANCE

Singing star

A RISING French singing star has died on stage. Barbara Weldens was performing in the Lot region when she collapsed after apparently being electrocuted. Investigators are now looking at the electrical equipment on stage.

Eiffel attack

AS part of continued clamp downs on illegal souvenir sellers in Paris, police were attacked with miniature versions of the Eiffel Tower by a seller in the latest confrontation between officers and merchants.

I quit!

HEAD of the armed forces resigned days after a dispute with President Emmanuel Macron over proposed defence budget cuts with General Pierre de Villiers saying he could no longer do his job with the financial constraints imposed.

Savings needed

LOCAL government spending is to be cut by €13 billion by 2022. President Emmanuel Macron said "intelligent" savings can be found.

BELGIUM

Brain work

THE Duffel Psychiatric Hospital currently has more than 3,000 brains of diseased psychiatric patients which researchers are working on in the hope of finding new treatments for diseases such as psychosis and depression.

Speed controls

POLICE carried out around seven million speed controls in Brussels during the second quarter of the year. Around 14,000 were breaking speed limits, and 95 drivers had their licence removed immediately.

Better security

NEW safety checks have been installed at Brussels-Midi, Liège-Guillemins and Antwerp-Central stations as part of increased security measures in the fight against terrorism.

Design comp

BRUSSELS is launching an architectural competition to replace the eight fixed food kiosks, known at fritkots, in the city with brand new establishments with typical characteristics relating to the identity of Brussels.

NETHERLANDS



Shorter sentence

A DUTCHMAN jailed for 12 years in China for killing a neighbour has had his sentence reduced to four-and-a-half years after appeal and the charge was reduced from manslaughter to negligence.

WhatsApp

OVER 12 million phones in the Netherlands have WhatsApp instant messaging service installed on them as figures show the app is used daily by some 9.6 million people.

Social housing

AMSTERDAM has ruled that 40 per cent of new homes built in the city must be for social housing meaning that rent can be no more than €710 a month to help those on lower incomes.

Polluted land

RESIDENTS near the Chemours chemical factory have been told not to eat their home grown fruit and vegetables as the ground may be polluted as toxicologists continue to carry out tests.

SWEDEN



McTrainface

A PUBLIC vote to name new trains in Sweden has resulted in one of the four being called 'Trainy McTrainface' receiving 49 per cent of the votes ahead of the other options of Hakan, Miriam and Poseidon.

Earthquake victim

A SWEDISH man has been named as one of the victims in an earthquake that hit the Greek island of Kos and Turkey. Hundreds were injured as the 6.7 magnitude earthquake truck the holiday resorts.

Murder case

A MURDER investigation launched after a woman and three children died in a house fire in Gothenburg. Police say their bodies showed injuries unrelated to the fire and they may have been killed before.

Poor sales

FOLLOWING poorer than expected sales and profits, Swedish telecoms giant Ericsson has announced it will have to implement further cost-cutting measures after its fourth quarterly loss.

NORWAY



Civil ceremony

THE number of civil weddings are nearly equal to the number of church ceremonies. According to new figures there were 331 more civil ceremonies in 2016 than in 2015, as the number of church weddings dropped by 379.

Safety first

THE traffic safety agency says that six out of 10 cyclists do not wear their helmets enough, with many choosing not to bother on shorter journeys.

Pike release

POLICE are investigating the illegal release of pike fish into numerous waters around Norway with officials saying releasing fish out of their natural habitats is illegal.

Maritime radio

AN offshore broadband wireless network is being formed to be used by ships and planes in the event of an oil spill at sea to help speed up the oil spill recovery operations. The Maritime Broadband Radio (MBR) system will be on all oil recovery vessels.



STAT OF WEEK

€15.168 billion

is the amount that energy company Iberdrola earned in the first six months of 2017, a 4 per cent increase over 2016.

Production pick-up Spain

AS part of an agreed €80 million plan, the Nissan plant in Barcelona will start to produce the new Mercedes X-Class pick-up truck.

By the fourth quarter of 2017, the Catalan factory will be producing three different vehicles for the Daimler, Nissan, Renault alliance and expects to have produced a total of 90,000 vehicles during the

Spain's cost of living

IF you have ever complained about the cost of living in Spain, think again as it has some of the cheapest prices in Europe for some products.

Whilst it comes in the middle of all 28 countries in the European Union according to a report from Eurostat, the EU statistics agency, it is one of the cheapest for alcohol, cigarettes and clothing.

Conversely, it is considered one of the most expensive for mobile phones, internet connection and furniture.

Perhaps unsurprisingly the cheapest places to live are the former commuBy John Smith

nist states whilst Denmark and Ireland are the most expensive.

The figures have been compiled taking costs from 2005 to 2016 into account and comparing a basket of different products and utilities against each country.

Although Spain has a number of major fashion houses, shoe designers and stores such as Zara it actually comes out as the cheapest in the EU for unbranded clothes and shoes.

In addition, the country is fifth

cheapest in the Eurozone for the purchase of cars, vans and motorbikes with the knock on affect that public transport is also lower than many oth-

Having seen the housing bubble burst and despite a general return of confidence, renting and buying properties are much below the European

Food and entertainment whilst cheap are more expensive in comparison to utility costs, although they have been growing considerably over the past two

Popular deposits dropped

OVER a two month period prior to its enforced takeover, Banco Popular saw deposits of €9.3 billion withdrawn from accounts.

Much of this movement was caused by commercial funds and Spanish municipalities pulling out which helped in turn to see the rapid drop in the bank's credit rating.

No details of June withdrawals have been released by the Spanish Banking Association as yet, but it is assumed that the June figures would have been worse.

Quote of the Week

This is intended to prevent any discriminatory attitude," said Minister of Equality Dolors Montserrat after announcing a pilot scheme to remove photographs plus details of age, sex and name from CVs.



MINISTER of Employment Fatima Báñez.

More support for young unemployed

THE Spanish government has committed a further €837 million to youth training taking the total to €3.2 billion until 2023.

This was revealed by Minister of Employment Fatima Báñez who also confirmed that a proportion of this ing would come from European funding.

With more than 500,000 poorly educated and unemployed young people not contributing to the economy, the government is anxious to improve their options by encouraging employers to take on trainees who will be learn skills as they work for a period of 18 months

During this period of training, the government will pay €430 per month towards their salaries and if then transferred to long term contract, the government will also pay their employers up to €4,800 a year for three years.

According to the minister, Spain is leading the way in the creation of youth employment in Europe although it recognises that it still has a long way to go.

» BUSINESS EXTRA

Poverty trap

Spain earn less than €15,566 per annum whilst 12.6 per cent earned the minimum wage of €7,783 per year. These surprising figures have just been released by the National Statistics Institute (INE).

Court fees

THE prize money received by Garbiñe Muguruza for winning the Women's Championship at Wimbledon was €2.45 million. For many years men were paid more than women but this has now been equalised to ensure parity between the sexes.

Hotel offer

BAD BANK Sareb is offering 209 commercial properties for sale including 37 hotels and apartment hotels. With tourism continuing to grow, these established, relatively inexpensive and ready to operate hotel properties are expected to be

popular with investors.

Spanish economy still growing

THE International Monetary fund (IMF) had some good and bad news for Spain in its latest forecasts.

Thanks to consumer spending and better than expected tourist numbers, the IMF has increased its growth forecast for Spain from 2.6 per cent to 3.1 per cent for 2017 and has indicated that even this figure

could be exceeded by the end of the year thanks to government reforms..

With this good news, comes warning that despite a reduction in unemployment, the Spanish figure of 18.7 per cent is only better than Greece within the eurozone and worse than the average of 9 per cent.

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LONDON - FTSE 100

COMPANY I	PRICE(P)	CHANGE(P)	% Снс.	NET VOL
Anglo American	1,099.50	8.00	0.73	15,457.69
Associated British Foods	2,865.00	-78.00	-2.65	23,425.64
Admiral Group	2,025.00	-28.00	-1.36	5,855.13
Ashtead Group	1,694.00	6.00	0.36	8,536.76
Antofagasta	863.25		-2.62	8,705.12
Aviva	531.50		0.28	21,535.71
AstraZeneca	5,170.00	18.00	0.35	64,845.66
BAE Systems	632.00	25.50	4.20	19,552.78
Babcock International Gro		53.75	6.27	4,348.13
Barclays	205.50	0.45	0.22	35,464.29
British American Tobacco	5,437.50	-47.50	-0.87	101,147.21
Barratt Developments	540.00		-11.84	6,153.23
British Land Co	619.50		-0.32	6,441.76
BHP Billiton	1,280.00		-1.95	27,773.74
Bunzl	2,368.50		3.97	7,630.94
BP	450.50	4.20	0.94	88,953.98
Burberry Group	1,732.00		5.42	7,206.42
BT Group	311.50		1.02	30,822.65
Coca-Cola HBC	2,274.50	24.50	1.09	8,262.70
Carnival	4,740.00	-430.00	-8.32	11,053.52
Centrica	205.00		-0.24	11,592.28
Compass Group	1,642.00	32.00	1.99	25,729.61
Croda International	3,882.50	2.50	0.06	5,137.46
CRH	2,684.00	-33.00	-1.21	23,032.78
ConvaTec Group	313.20	0.00	0.00	6,012.49
DCC	6,920.00	-20.00	-0.29	6,306.34
Diageo	2,253.50	-32.00	-1.40	58,146.54
Direct Line Insurance Grou	p 375.70	0.00	0.00	5,138.38
Experian	1,526.00	9.00	0.59	14,385.51
easyJet	1,314.00	2.00	0.15	5,298.76
Fresnillo	1,469.00	-50.00	-3.29	11,281.84
G4S	339.90	9.90	3.00	5,287.83
GKN	339.75		4.19	5,703.55
Glencore	312.50	-1.05	-0.33	45,876.04
GlaxoSmithKline	1,622.50	7.50	0.46	79,924.29
Hargreaves Lansdown	1,426.00		5.40	6,379.59
Hammerson	573.00		-3.78	4,715.69
HSBC Holdings				
HSBC Holdings International Consolidated	737.50		0.33 2.46	149,181.89
		14.50		12,423.61
nterContinental Hotels Gr		-34.00	-0.79	8,220.88
Bi Group	919.50		-1.61	9,022.97
mperial Brands	3,489.50	-7.50	-0.21	33,665.13
nforma	635.00		-5.93	5,582.63
ntertek Group	4,409.00		2.06	7,012.42
TV	181.10	3.90	2.20	7,201.46
Johnson Matthey	2,988.00	108.00	3.75	5,589.25
Kingfisher	312.50	10.70	3.55	6,685.51
Land Securities Group	1,017.00	-6.00	-0.59	8,160.57
Legal & General Group	263.50	-0.20	-0.08	15,660.21
Lloyds Banking Group ORI			-0.16	49,337.44

COMPANY	PRICE(P)	CHANGE(P)	% Сна	. NET VOL
London Stock Exchange	Gr 3,786.00	0.00	0.00	13,077.23
Micro Focus Internationa			0.00	5,172.45
Mediclinic International	804.25	72.25	9.87	5,455.60
Merlin Entertainments	502.45	30.55	6.47	4,821.03
Marks & Spencer Group	332.50	4.00	1.22	5,385.99
Mondi	1,934.00		-5.80	9,934.43
Morrison (Wm) Superma	rkets 249.30	0.00	0.00	5,827.61
National Grid	965.00	11.00	1.15	32,784.37
Next	4,075.00	248.00	6.48	5,563.15
Old Mutual Group	201.60	1.90	0.95	9,908.19
Provident Financial	2,449.00	83.00	3.51	3,542.44
Paddy Power Betfair	7,767.50		3.02	6,499.52
Prudential	1,755.75		-2.46	46,222.13
Persimmon	2,390.00	-71.00	-2.89	7,598.34
Pearson	655.00		1.79	5,281.01
Reckitt Benckiser Group	7,850.00		-0.39	55,946.28
Royal Bank of Scotland			1.60	29,667.61
Royal Dutch Shell	2,100.00		1.01	94,429.78
Royal Dutch Shell	2,112.50		1.25	79,104.68
RELX	1,555.00		-5.41	17,683.46
Rio Tinto	3,378.50		0.76	46,648.49
Royal Mail	403.00		2.15	3,981.00
Rolls-Royce Group	895.00		-2.93	16,868.90
Randgold Resources	6,955.00		0.00	6,566.39
RSA Insurance Group	661.50		2.80	6,621.67
Rentokil Initial	276.50		-0.47	5,128.00
Sainsbury (J)	242.50		-1.82	5,443.74
Schroders	3,322.50		-0.64	7,580.79
Sage Group (The)	678.25		-1.92	7,479.71
Segro	511.75		0.24	5,092.42
Shire	4,250.00		2.25	37,050.63
Smurfit Kappa Group	2,215.00		-4.32	5,579.86
Sky	866.00		-10.77	16,691.66
Standard Life	376.00		-11.28	8,478.24
Smiths Group	1,600.00		2.04	6,359.23
Scottish Mortgage Inves			-0.37	5,724.09
Smith & Nephew	1,357.50		2.45	11,673.17
SSE	1,476.50		0.24	14,817.36
Standard Chartered	795.00		-2.30	27,154.39
St James's Place	1,175.50		-3.57	6,507.22
Severn Trent	2,245.00		0.00	5,349.79
Tesco	172.50		-1.54	14,362.48
TULAG	1,240.00		3.85	7,120.77
Taylor Wimpey	191.45		3.54	6,082.62
Unilever	4,405.00		0.62	55,676.63
United Utilities Group	900.00		0.02	6,123.36
Vodafone Group	224.50		-0.66	59,974.73
Wolseley	4,550.00		1.11	11,605.58
Worldpay Group	367.00		-3.29	7,560.00
WPP Group	1,610.00		0.63	20,262.44
Whitbread	3,849.50			
vviiitbiedu	3,849.50	-09.50	-1.77	7,200.47

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DEALING PRICE Movement €0.9460 €0.0013 £0.9457 £0.0029

Accumulating Funds

GBP Currency B EUR Currency B Multi Asset Conservative B GBP Multi Asset Conservative B EUR Multi Asset Balanced B GBP Multi Asset Balanced B EUR Multi Asset Growth B GBP Multi Asset Growth B EUR

DEALING PRICE	Price Movement
	£0.0001 €0.0002
€1.0735	£0.0016 £0.0007
€1.2032	£0.0024 £0.0012
	£0.0029 £0.0016

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COMPAN	PRICE	CHANGE%	CHANGE	VOLUME(IVI)
3M	211,160	-0,61	-1,290	718.507
AMERICAN EXPRESS	85,590	+0,28	0,240	1.304.232
APPLE	150,270	-0,05	-0,070	8.985.160
BOEING	212,140	+0,88	1,860	531.367
CATERPILLAR	106,590	-0,68	-0,730	1.034.669
CHEVRON TEXACO	103,250	-1,32	-1,380	2.430.856
COCA-COLA	45,030	+0,47	0,210	3.579.930
CISCO SYSTEMS	31,840	-0,06	-0,020	5.291.974
DU PONT	84,540	-0,34	-0,290	841.254
EXXON MOBIL	80,120	-0,92	-0,740	5.195.145
GENERAL ELECTRIC	25,910	-2,92	-0,780	19.290.550
GOLDMAN SACH	220,180	-0,95	-2,120	840.718
HOME DEPOT	146,650	-0,26	-0,380	1.874.424
IBM	147,080	-0,39	-0,580	1.595.024
INTEL	34,730	-0,06	-0,020	7.610.299
JOHNSON & JOHNSON	135,310	-0,92	-1,260	2.296.547
JP MORGAN CHASE	90,890	-0,34	-0,310	4.050.069
MCDONALDS	153,920	-0,19	-0,290	964.489
MERCK	62,630	-0,49	-0,310	2.772.353
MICROSOFT	73,790	-0,58	-0,430	14.657.194
NIKE	59,950	+1,44	0,850	2.840.378
PFIZER	33,480	-0,18	-0,060	4.339.734
PROCTER & GAMBLE	88,610	+0,01	0,010	2.286.613
ST. PAUL TRV	125,150	+0,47	0,580	432.628
UNITED TECHNOLOGIES	123,490	+0,85	1,040	712.305
UNITEDHEALTH	191,780	+0,15	0,280	1.919.412
VERIZON	44,230	+0,02	0,010	3.308.379
VISA CLASS A	99,600	+1,52	1,490	3.536.708
WAL-MART	76,150	+0,17	0,130	2.553.405
WALT DISNEY	107,090	-0,25	-0,270	1.907.570

NASDAQ

Сомрану	PRICE	CHANGE NET / %
Most Advanced		
Dicerna Pharmaceuticals, Inc.	\$ 4.13	0.57 ▲ 16.01%
Cintas Corporation	\$ 138.43	11.65 ▲ 9.19%
Akcea Therapeutics, Inc.	\$ 13.53	1.125 ▲ 9.07%
athenahealth, Inc.	\$ 155.93	12.13 ▲ 8.44%
Baozun Inc.	\$ 32.38	2.49 ▲ 8.33%
Independent Bank Corp.	\$ 71.35	5 ▲ 7.54%
Monro Muffler Brake, Inc.	\$ 48.35	3.25 ▲ 7.21%
Triumph Bancorp, Inc.	\$ 29.05	1.95 ▲ 7.20%
NeuroDerm Ltd.	\$ 33.20	2.20 ▲ 7.10%
The Dixie Group, Inc.	\$ 4.60	0.30 ▲ 6.98%
Presbia PLC	\$ 2.20	0.14 ▲ 6.80%
Most Declined		
Pernix Therapeutics Holdings, Inc.	\$ 3.43	1.06 ▼ 23.61%
Omega Flex, Inc.	\$ 58.11	10.44 ▼ 15.23%
American Superconductor Corporation	\$ 3.60	0.61 ▼ 14.49%
Haynes International, Inc.	\$ 30.47	4.72 ▼ 13.41%
NIC Inc.	\$ 16.35	1.70 ▼ 9.42%
Manhattan Associates, Inc.	\$ 43.15	4.28 ▼ 9.02%
Sears Holdings Corporation	\$ 2.3909	0.2291 ▼ 8.74%
Sears Holdings Corporation	\$ 8.83	0.77 ▼ 8.02%
Francesca's Holdings Corporation	\$ 9.32	0.80 ▼ 7.91%
ViewRay, Inc.	\$ 5.17	0.43 ▼ 7.68%
Gentex Corporation	\$ 17.28	1.38 ▼ 7.40%



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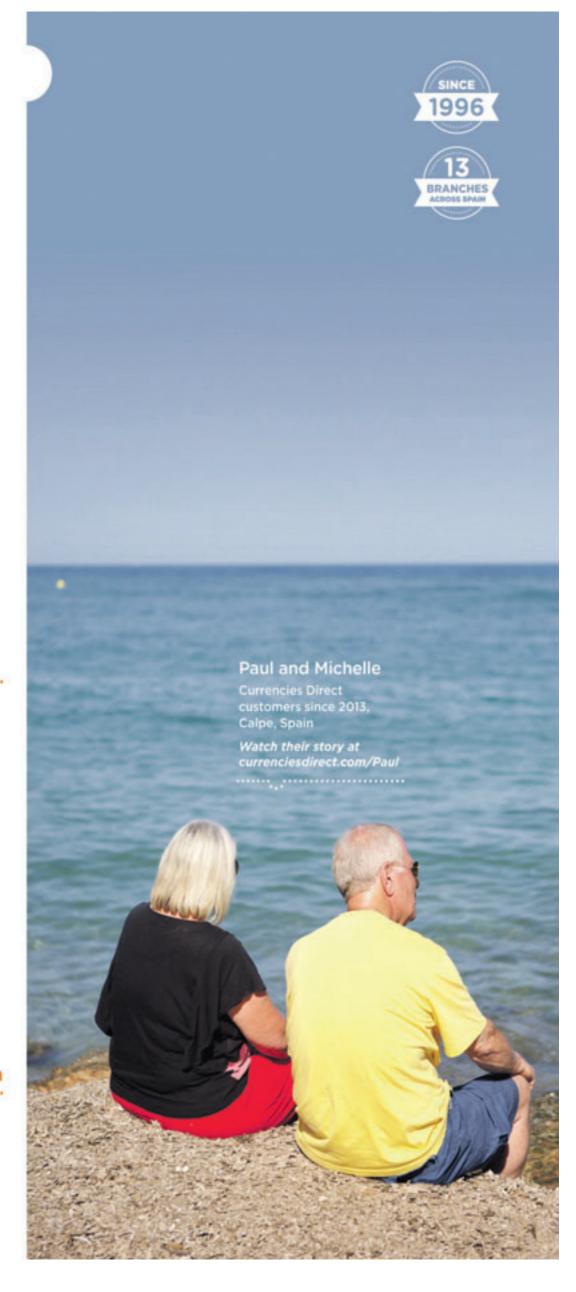
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Money Transfer Index** (IMT)**).

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UNABLE TO FACE THE THOUGHT OF JAIL Disgraced banker has committed suicide

FORMER chairman of Spanish savings bank Caja Madrid, Miguel Blesa, was found dead at a country estate in Cordoba after shooting himself.

Blesa, who was released from prison pending an appeal against a sixyear prison sentence after being found guilty in the 'tarjetas black' banking scandal, was discovered with a bullet wound in his chest from a hunting rifle and an autopsy confirmed the belief that death was caused by suicide.

He was on a hunting trip with friends and reportedly said he was going to move his car, when a gunshot was heard.

According to reports from Europa Press, Blesa's inner circle said he was not depressed or feeling defeated in the days leading up to his

The former Caja Madrid boss was one of 64 people accused of misusing €12 million of Caja Madrid and Bankia money between 2003 and 2012.

They were accused of using company credit cards for personal expenses such as luxury holidays and parties without ever justifying them or declaring them to tax authorities

Miguel Blesa had allegedly established the 'corrupt system' while head of the bank before handing the reins over to Rodrigo Rato - also one of the 64 accused - in 2010.

Caja Madrid was once one of Spain's largest lenders, with an estimated seven million customers and annual earnings of over €2 billion during the real estate boom.

In 2011, it merged with other banks to form Bankia, but just one year later needed billions of euros from the state to stay afloat, and eventually asked the EU for a bailout where it received €41 billion.

This was not the first time that he had flirted with scandal as he had



MIGUEL BLESA poster in Bankia demonstration.

spent 15 days in jail in 2013 with regards to overpayment for the purchase of a Florida bank and was only released when his lawyers had the judge thrown off the case which then collapsed.

A former friend of many politicians who sinecures with his bank, Blesa had fallen so far from grace - especially after boasting about his extravagant life style - that he grew a beard and wore dark glasses in public.

Possibly the final straw may have been that his assets including pension payments had been partly frozen and his properties were used as guarantees to the courts.

BBVA Bank best app

A SIMPLE app from Spanish bank BBVA has been voted the best mobile banking app in the world, leaving 53 leading international banks standing.

The research which was undertaken by Forrester, an international research and advisory company, studied 54 different criteria ranging from ease of registration, security, speed and ease of login to availability of advice and sale of products.

The average score out of 100 for these mobile apps was 63 and the success of the BBVA app at 87 simply left much larger and wealthier banks in the shad-

At the end of the day, customers want to be able to undertake their transactions and manage their accounts with the minimum of difficulty and it would appear from this study that BBVA meets the criteria.

SWEET SUCCESS FOR CANDY Wonkandy cracks Middle East market

TWO Spanish entrepreneurs were looking for a way to establish a successful business after the collapse of the Spanish economy and came up with a brainwave.

Although neither Andrés Pérez nor Fátima Pereyra who met in Sevilla knew anything about the sweet market, they decided that there would always be an outlet for good quality sweets that were produced from the best ingredients and were packaged attractive-

Thus in 2010. Wonkandy world of natural candy - was born with production outsourced to a range of manufacturers leaving the pair to concentrate on marketing and sales.

The home market was still weak despite their launch of an outlet in Sevilla but they discovered that the business could be nurtured through foreign sales and the signing of franchise arrangements.

What really helped the business take off was when their product was picked up by Harrods in Lon-



IDEAL FOR a kid in a candy store.

EWN online Join the conversation on our Facebook page don and with a bit of tweaking to the ingredients, they found that they had a range of sweeties which would appeal to the Halal market in the Middle East.

Candies like jelly beans are generally non Halal because they contain gelatine which is often made in part from pork bones, so they adapted their recipes and obtained a certificate from the Spanish Halal Institute which allowed them to develop business in many Muslim countries.

Now they export to 20 countries around the world and have a number of franchised outlets throughout Spain with some 60 per cent of their income being derived from exports.

With steady growth the company is continuing to expand and is filling a niche role which they hope will see their brand becoming one of the largest exporters of Halal sweets as well as appealing to those who are gluten and lactose intolerant.

Spanish public debt up

THE Spanish public debt almost tripled to €1.087 trillion since the start of the economic crisis in 2008

It is still more than 100 per cent of the Gross Domestic Product (difference between income and expenditure) of the country but as income has increased, the negative effect is slightly less than this time last year.

This debt compares with the 2008 figure of €390.6 billion in 2008 but is still considerably less than the USA, Japan and the UK.

GROWTH OF THE WORLDWIDE COURIER

Deliveries quicker and easier

THE world of the courier is relatively new but now accounts for a significant amount of business and sees turnover of hundreds of billions of euros worldwide.

For centuries, goods were delivered by sea and then by horse and carriage to stores and individuals, with efficiency and speed of delivery increasing with the introduction of trains, vehicles and aircraft.

The introduction of the Universal Penny Post in 1840 was the start of a whole worldwide revolution which allowed for cheap and speedy delivery of post and then parcels nationally and internationally.

Now, couriers, who were first set up to transfer important documents across the world in a quick and efficient manner are growing in size, value and importance helped in the main part by the introduction of online shopping.

According to a recent Mintel





COURIER SERVICES have really taken off.

report Britain alone is expected to spend more than €12 billion with couriers during 2017 and there is now almost no country in the world that the couriers - many of whom own their own aircraft don't reach.

Live in Spain, want something

from the UK, don't worry, there will be a courier company ready to deliver it in a matter of days and suppliers are able to strike such good financial deals with them that often delivery is free and certainly more efficient than local postal services.

Britain needs transition deal

THE co-Chief Executive of major US financial operation Goldman Sachs International wants to see the British government agree a Brexit transitional

He argues that unless this happens quickly and is of a significant period then his company and many others will simply have no option other than to reduce their work force in the UK and increase recruitment across the European Union.

Richard Gnodde, the most senior employee of the company outside of the USA told the BBC that he was wasting money making contingency plans when he doesn't actually know what the British government intends.

With 6.500 UK based employees the company is just one of many that is pressing for information from Brexit Secretary David Davis who has recently left Brussels without any agreements of any significance

Losing mental capacity whilst living abroad



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attorneys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both ju-



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Do what is best for Charlie

LEAPY LEE SAYS IT OTHERS THINK IT



HAVING raised six offspring, all of whom I love most dearly, I have the utmost sympathy for the parents of little Charlie Gard.

Unfortunately, as deeply as this young couple obviously love and cherish their little mite, it is now, in my opinion, time to let him go.

I am of course writing this before the court's decision on the matter, but I personally feel that even if this new American neurosurgeon can do anything to prolong his life, all the experts agree, the chances of him enjoying an existence even remotely approaching normality appear to be iust about nil.

To me the adoration of his parents has now become somewhat misguided. Blinded by emotion they are, I feel, in danger of evoking a desire to prove themselves morally right, both in the eyes of the law and their numerous sympathisers than do what is right for their little boy.



EMOTIONAL TURMOIL: Charlie's parents face crucial decision based on emotions or morals.

Please, if you truly love him, as I'm sure you do, let him pass. Invest the money raised by the caring public into research, or a new hospital wing. Some kind of memorial to celebrate his short time among us.

But for mercy's sake let him go.

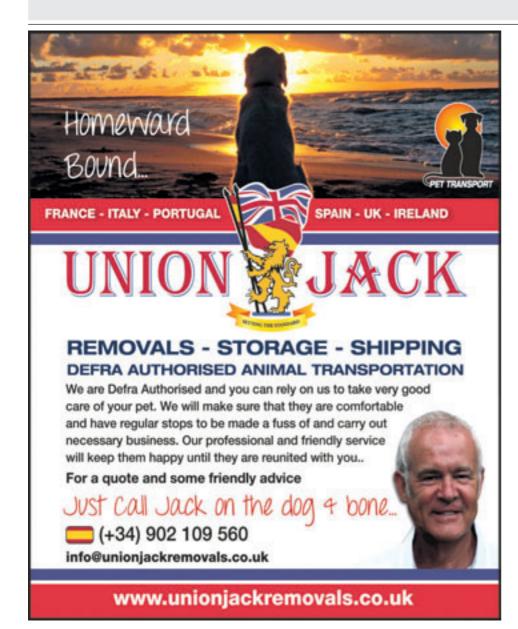
Give your own torment some closure. Begin again, bring a new little miracle into the world. Look to a bright new future knowing you did all you could for little Charlie.

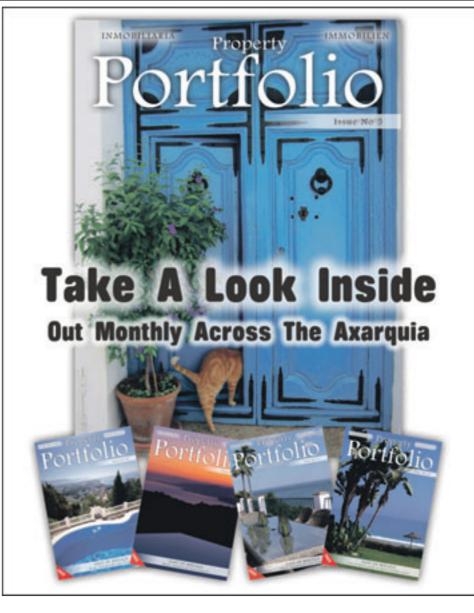
I get a little peeved by the attitude of a number of the Grenfell survivors. I don't have to reiterate how sympathetic I feel for the traumatised victims of this disaster and can understand their anger that it was able to happen in the first place. But I truly believe the authorities are doing all they can to sort out this most com-

I also know how difficult it is to please everyone; but to hear that out of 300 offers of accommodation, only 14 have been accepted, does make me think that perhaps the co-operation with people trying to help is somewhat lacking on the part of the

I was particularly put out by the attitude of a number of attendees at the initial meeting of the investigation committee. 'You're not one of us Mon,' screamed one dissenter at enquiry conductor Sir Martin Moore-Bick. Just what is that supposed to mean? That Moore-Bick is not an ethnic, multi-cultural immigrant of non-British decent? If Moore-Bick himself had uttered the same statement, he would have been labelled a racist and could possibly have faced prosecution. It would be more respectful to the memory of those who perished to bury all racial and social grievances and just allow those selected to complete this enquiry in the quickest and fairest way possible.

Keep the faith, Love Leapy. Leapylee2002@gmail.com





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Cryptic

- 1 Actors playing Cuban leader
- 4 In church, allowed to consecrate (6)
- 9 Gives in and falsely enters Luxembourg (7)
- 10 Cares about farmer's fields
- 11 Case confusing experts (4)
- 12 If returning, stay somewhere to keep warm (8)
- 14 Went out with old hat (5)
- 16 Begin to arrange a spree
- 20 States journey begins on the landing site (8)
- 21 Nude featured in 'Cabaret'
- 24 Steam-cooked foodstuffs (5)
- 25 Eastern European characters from Belarus love
- New York (7) 26 Round, round, round the troop leader (6)
- 27 Metal church bench for this first queen (6)

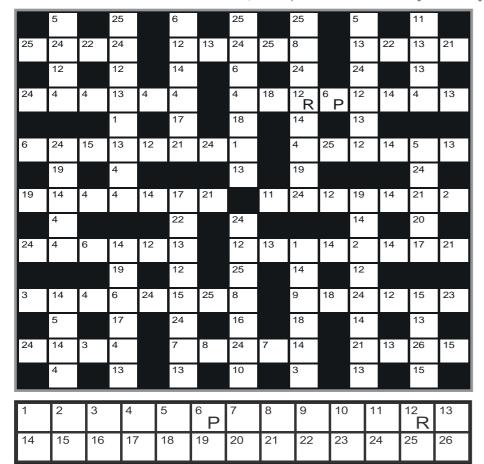
- 1 Breakfast dish in parts, say
- 2 Dorsal vertebra contains soothing ointment (5)
- 3 Socialist admits new split (4) 5 Educationally straightforward

10

- 6 British poet associated with gravity is having a merry time (7)
- 7 Laundress, perhaps, used to be female (6)
- 8 Snake I caught is jellied (5)
- 13 To get rid of an aeroplane is not correct (8) 15 In a row about bar seat (7)
- 17 Tool for one who's over the top on
- 18 Hints before you start to get a little drunk (5)
- 19 Never point haphazardly at a thin coating (6)
- 22 Turn away from a green (5)
- 23 Fillet a key one (4)

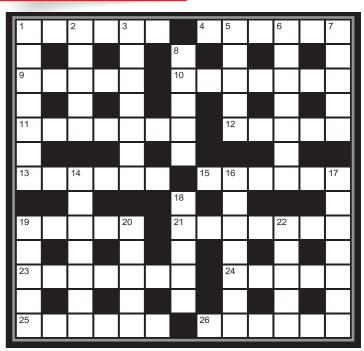
Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 6 represents P and 12 represents R, so fill in P every time the figure 6 appears and R every time the figure 12 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



LAST WEEK'S SOLUTION FACING PAGE

Quick



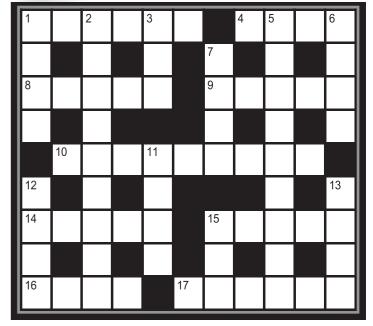
- 1 Be emphatic or resolute and refuse to budge (6)
- 4 Hurt, injury, loss (6)
- 9 Gallery where works of art can be displayed (5)
- 10 Cautionary (7)
- 11 Open up and explore a new area (7)
- 12 Come or go into (5)
 13 Convert food into absorbable substances (6)
- 15 Of or relating to or containing iron (6) 19 Hold firmly and tightly (5)
- 21 Forsake, leave behind (7)
- 23 Rich and superior in quality (7) 24 Taut or rigid (5)
- 26 Common vipers (6)

- 1 Lacking taste, flavour or tang (7)
- 2 Rapid simultaneous discharge of firearms (5) 3 Vocalists (7)

- 6 Someone who operates an aircraft (7) 7 Keen (5)
- 8 Give officially as a payment or prize (5)
- 14 Proceeding in small stages (7) 16 Of high moral or intellectual value (7)
- 17 Own up to or admit (7)
- 18 Excessively quick (5)
- 19 Annoyed and irritable (5)
- 20 Separate part of a whole (5) 22 Thick, closely-spaced, compact (5)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



- Across 1 Cardenal (medical) (6)
- 4 Pera (4) 8 Sweat (5)
- 9 Otra vez (5)
- **10** Computer (9) 14 Talones (de pies, calcetínes,
- zapatos) (5)
- 15 Toll (on road, bridge) (5) 16 For (4)
- 17 Street light (6)

Down

- 1 Kiss (4) 2 Ropa interior (9)
- 7 Bed (furniture) (4)
- 11 Fácil (sencillo) (4)

6 Alquiler (de inmueble) (4)

- 12 Tienda (4)
- **13** Candle (4)
- 15 Guisante (3)

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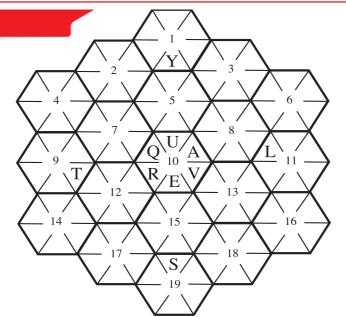
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Hexagram

BEYOND **FALLOW** ITSELF JOCOSE MOROSE **NETTLE OMELET** PRETTY QUAVER (10) REVEAL SEQUEL SLEEVE SLURRY STRAND STREET



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells MUST BE THE SAME. The letters in the words must be written CLOCKWISE. The word in cell 10 (QUAVER) and one letter in four other cells are given as clues.

LAST WEEK'S SOLUTION

- 1 Urgent 2 Titled 3 Delete 4 Celery 5 Squint 6 Tamale 7 Tussle 8 Accuse
- 9 Loiter 10 Squire 11 Mosaic 12 Poseur
- 13 Icicle 14 Script 15 Laurel 16 Decade
- 17 Tracer 18 Filled 19 Cyclic.

Nonagram

TORQUE

TREBLE

TURRET

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case D) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

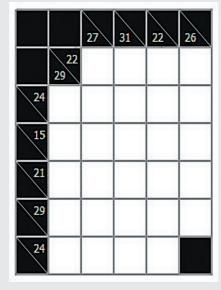
- Average: 13 • Good: 19
- Very good: 27
- Excellent: 34

LAST WEEK'S SOLUTION

fare faro fate fear feat feta fora fore fort frat fray fret raft reft tref afore after faery ferry fetor foray forte forty foyer fryer rafter rarefy forayer forbear FERRYBOAT

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION

			5	26	22
	21	28	3	2	7
26	5	3	2	7	9
12	3	9	10	5	3
10	7	2	14	9	2
19	4	6	5	3	1
19	2	8	9		

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- · Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

• Average: 14 • Very good: 28 • Excellent: 36 • Good: 19

SCORING:

4 letters: 1 point 7 letters: 5 points 5 letters: 2 points 8 or more letters: 6 letters: 3 points 11 points

LAST WEEK'S SOLUTION

find fife fifer cute cutes cutis cutie cues cushier indite indites indie dirt dirtied dirtier dint dish dished dishier died fish fished fisher fishier fried dews drew drib easier asea ashier awed hews herd herb heir haws hawse hawed hied hire hired befit bred brew brews brief bier bird

LAST WEEK'S SOLUTIONS

ENGLISH-SPANISH

1 Sheet, 3 Peras, 6 Ave, 8 Maletin, 9 Balonmano,

12 Peasant, 13 Ask, 14 Oveja,

1 Star, 2 Temporada, 3 Palomitas, 4 Rotonda, 5 Sing,

7 Emanate, 10 Apio, 11 Skin.

CODE BREAKER

¹ B	² F	3 Q	⁴ C	⁵ N	⁶ U	⁷ D	⁸ H	⁹ K	10 E	11 W	12 M	13 L
14 A	15 Y	16 V	17 G	¹⁸ O	¹⁹ S	²⁰ Z	²¹ T	²² X	23 	24 R	²⁵ J	²⁶ P

CRYPTIC

1 Beetle, 4 Agates, 9 Arrange, 10 Zaire,

11 Dodos, 12 Pelagic, 13 Combat,

15 Herbal, 18 Archive, 20 Sprig, 22 Grand,

23 Orifice, 24 Rinsed, 25 Adored.

1 Beard, 2 Earldom, 3 Lends, 5 Gazelle,

6 Thing, 7 Stencil, 8 Tempo, 13 Charger,

14 Ariadne, 16 Barrier, 17 Felon, 19 Chain, 20 Spied, 21 Greed.

QUICK

1 Jealous, 5 Cease, 8 Light, 9 Overawe, 10 Bench, 11 Tense, 12 Gaffe, 14 Chase, 19 Recur, 21 Brass, 23 Cardiac, 24 Train,

25 Store, 26 Strange.

1 Jilted, 2 Algebra, 3 Often, 4 Soothe,

5 Cheetah, 6 Again, 7 Eleven, 13 Forgive,

15 Sustain, 16 Crocus, 17 Abacus,

18 Fringe, 20 Cargo, 22 Alter.

App of the week

HH-TAN

An altered version of the classic game of Snake where you use your body's length to your advantage to break bricks whilst not colliding with yourself. HH-TAN is an incredibly addictive game that's the perfect time killer when travelling and is completely free.

H-TA

PO



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LEGALLY SPEAKING Driver's performance

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



A MOBILE app which assesses and records a person's driving performance has revealed that drivers in Spain don't quite perform as they believe.

DriveSmart is the mobile app that measures the driving style of the user and compares it with the assessment of other drivers. The survey revealed that drivers in Spain believed themselves to be generally 'good drivers' however, after the analysis of the results it revealed that they are actually even better than they

To run the application it needs to be activated at the beginning of the trip and then it automatically collects the data on a person's driving performance using the phone's internal sensors such as accelerometer, compass and GPS for example, without the driver having to use or manipulate the phone during the journey.

Drivers are asked to create a profile before and after the trip, depending on the characteristics and conditions of the road, DriveSmart evaluates the journey and shows results on how the driver performed behind the wheel and how they could improve.

In the self-assessment only one in three Spaniards considered themselves to be a 'good driver,' while 12 per cent thought they were 'excellent.' Only 1 per cent said they were a 'bad driver.'

However despite these modest results, the app gave these drivers an average rating of 95.99 out of 100, an improvement on the ratings of 94.6 from last year. Across the regions, drivers in Cantabria scored the best with an average rating of 97.7, followed by the Canaries and Baleares with 97.55 and 97.44 respectively.

For more news and articles visit www.n332.es or search N332 on Facebook.

Is chimney flue legal?

My neighbour in the Community has fitted an outside chimney flue to some type of internal fire. My house is a three-storey terraced house. The neighbour had a canopy above his ground floor window, over the short original flue. This area is now very black. Now he has extended the flue to above the first floor. The bedrooms of

my house and the other neighbours are exposed to smoke or fumes from this flue. By the black deposit already left on his wall, this could be very toxic. In England this would not pass building or public health regulations. What I would like to know is, to which authorities do I report this?

K.A. (Costa Blanca)

In a Community of A. Property Owners, you should first discuss this flue with your President or Administrator. Your neighbour should have obtained permission from the Commu-



nity in order to place anything on the outside of his wall.

You and other affected neighbours can also bring up the matter at the AGM, by asking the President to put it on the official Agenda. If none of this gives results, you have final recourse to your town hall.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Letters should be emailed to yoursay@euroweeklynews.com or make your comments on our website: www.euroweeklynews.com

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Put brake on rising tolls

Your story AP7 takes its toll (Issue 1969) highlighted that it is illegal for the motorway operators to increase charges when business improves... and yet this has been going on for years to my knowledge.

I have always felt sorry for touring foreign holidaymakers who, wishing to perhaps reach their final destination as fast as possible, find themselves (unwittingly) paying more than twice as much as if they used the same road out of the main summer months.

Local residents at least know and therefore have the option to steer clear of such profiteering, unlike tourists.

It is time to put the squeeze on the toll road operators so they stop cheating summer users.

> N Muralla Alhaurin El Grande

Give new builds parking spaces

WITH the recession appearing to now be well behind us, there is an obvious resurgence in local construction

While many might question the need for more new apartments with seemingly the majority often left empty for much of each year by foreign owners - I doubt Spain will ever ban construction while extra focus is given on selling the remaining unsolds.

If new builds are therefore set to continue, why does the Spanish government not make it law that every new property MUST have allocated either a private parking space, or a garage.

As the nation becomes ever more



NEW BUILDS: Should have allocated parking spaces.

popular - as indicated with the increasing number of tourists -- availability of general parking in cities, towns and villages is becoming ever more precious.

Just a thought, but surely a sensible, and practical one for a better

N Stretton,

All letters by email or post should carry the writer's address, NIE and

Readers who have missed correspondence can see all letters - which can

HAVE YOUR SAY contact number though only the name and town will be published.

be edited before publication - posted on: www.euroweeklynews.com

Fines and tough regulations hit Spain's beaches

WELL, we have police cycle along the boardwalk here, and they never seem to see the infringements we see. Guess funds are not low enough just yet?

Best not to smile when in the sea.

Mike

AS a resident I tend to avoid the beaches this time of year however maybe the local authorities should give due consideration to where the bulk of their income is derived... it's not olives and oranges!!!

As far as pee'ing in the sea!!!! Only the judiciary of Marbella could come up with such a redicilously unenforceable rule.

Gavin

Sewage scandal in Axarquia

THE thing they don't mention, and never mention is the village of Maro 4km away from Nerja, and under the municipality of Nerja, dumps its sewage in the sea RIGHT AT THE COAST, in between La Caleta and Playa de Maro, which has been declared the best beach of Spain.

There is a sewage waterfall right next to the real waterfall where tourists go to swim.

Comments from EWN online

>> EU warns Spain over **Plastic Bags Directive**

MASS unemployment throughout the eurozone, mass criminal illegal invasions from Africa and Asia Minor and Brussels/Strasbourg is concerned about plastic bags looking to issue fines to pay for their 'jollys'; go figure.

>> Murcia nudism ban to go ahead despite opposition

THE research evidence is very clear but still politicians persist in pandering to prejudice. Does San Pedro del Pinatar want the body-attitude related outcomes of countries such as Denmark or those of the USA?

If it wants appalling outcomes then it is going the right way about it. Naturism is good for you and prudery results in nothing

but harm. Body-attitudes matter.

Malcolm Boura

WELL, let the Spanish Federation of Naturism (FEN) do something then. FEN's president, Ismael Rodrigo, should bring San Pedro del Pinatar to court.

>> Another speed camera introduced in Mijas

WIDENING the road, reducing the speed limit and then introducing a speed camera, sounds like the normal police cash cow to me

Mr Hurford

>> Airports warn of European flight suspensions post-Brexit

IF this happened the EU and UK industries would grind to a halt as no trade would be done as the representatives of businesses in all these areas would not be able to travel. Also the care sector would suffer as a lot of livein care workers travel between Europe and the UK, myself being one of them.

Sally Keable

True dilemma

WITH regard to the letter Sharp lesson from family nanny (Issue 1672)

My vies to the writer C Walker are:

What a dilemma your lawyer and accountant friends must have had to realise that the children's 'Nanny' sat in, as you put it, in the 'power throne' when the family went on holiday!

Maybe a better solution might have been leaving the nanny at home, then the 'tough nut' lawyer, (your words) and her accountant husband could have spent the holiday giving the children their undivided quality time without worrying if the nanny would leave, or hold them to some kind of emotional ransom.

Modern times you said, seems more reminiscent of olden times to me.

A dilemma indeed....

Philip, San Fulgencio

Shut up shop

RE the letter on Summer Sunday opening (EWN Issue 1671), this has been allowed now for many years, and is allowed for July, August, September. also at Christmas and Easter times. I would not want the shops to start opening every Sunday, as they are open from 10 am-10 pm Monday to Saturday, which I would think is enough time for anyone to do their shopping, so I hope Spain does not follow other European countries.

> Valerie Imossi Miias Costa

Clear the air

APART from the obvious effect on local traffic movement, bad enough in itself, there is another, more insidious penalty being imposed on residents and visitors alike.

Pollution, now known to cause countless premature deaths and impaired lives but, probably because we have become used to it over the years as an inescapable consequence of 'progress,' largely ignored.

Where I live, in Altea, particularly at this time of year, the fumes around the N332 from the traffic queues are eye watering. More than incongruous considering the much vaunted 'exceptionally clean air' for which this area is famed, just a few metres away on the promenade!

Philip Waterhouse

Altea

GOOD NEWS FORYOUR CAR 902 123 309



THURSDAY - 27 JULY

CHANNEL 4 CHANNEL 5

7:00am	Breakfast	7:00am	The TV That Made	8:00pm	World News Today	7:00am	Countdown	8:35am	Paw Patrol
10:15am	Wild UK		Me		The latest national	7:45am	Will and Grace	8:55am	Rusty Rivets
11:00am	Homes Under the	7:30am	Wild UK		and international	8:10am	Will and Grace	9:05am	Digby Dragon
	Hammer	8:15am	Bargain Hunt		news, exploring	8:35am	Everybody Loves	9:25am	Peppa Pig
12:00pm	Food: Truth or	9:00am	Great British Menu		the day's events		Raymond	9:35am	Mofy
	Scare	9:30am	Great British Menu		from a global	9:00am	Everybody Loves	9:45am	Digby Dragon
12:45pm	Rip Off Britain	10:00am	Victoria Derbyshire		perspective.		Raymond	10:00am	Floogals
1:15pm	Bargain Hunt	12:00pm	BBC Newsroom	8:30pm	The Royal Welsh	9:35am	Frasier	10:15am	The Wright
2:00pm	BBC News at One		Live		Show 2017	10:05am	Frasier		Stuff
2:30pm	BBC London	2:00pm	Countryfile	9:00pm	Shipwrecks:	10:35am	Frasier	12:15pm	The Yorkshire
	News	2:15pm	Two Tribes		Britain's Sunken	11:05am	Undercover Boss		Vet
2:45pm	Red Rock	2:45pm	A Taste of Britain		History		USA	1:10pm	5 News
3:30pm	Escape to the	3:30pm	The Best Dishes		Series in which	12:00pm	The Simpsons		Lunchtime
	Country		Ever		maritime historian	12:30pm	The Simpsons	1:15pm	Big Brother
4:30pm	Money for	4:00pm	This Wild Life		Dr Sam Willis	1:00pm	Channel 4 News	2:15pm	Home and
	Nothing	4:30pm	Hive Alive		looks at how and	1:05pm	Couples Come		Away
5:15pm	Flog It!	5:30pm	Natural World		why the shipwreck		Dine with Me	2:45pm	Neighbours
6:15pm	Pointless	6:15pm	Antiques		came to loom so	2:05pm	Posh Pawn	3:20pm	Ncis: Murder in
7:00pm	BBC News at Six		Roadshow		large in British	3:10pm	Countdown		the Family
7:30pm	BBC London		Fiona Bruce and		history.	4:00pm	The Question Jury	4:20pm	A Woman
	News		the team of	10:00pm	Prejudice and	5:00pm	A Place in the Sun		Deceived
8:00pm	The Farmers'		experts invite the		Pride: The People's	6:00pm	Four in a Bed	6:00pm	5 News at 5
	Country		public to bring		History of Lgbtq	6:30pm	Come Dine with	6:30pm	Neighbours
	Showdown		along their		Britain		Me	7:00pm	Home and
8:30pm	EastEnders		antiques for	11:00pm	Railways: The	7:00pm	The Simpsons		Away
9:00pm	Watchdog Live		examination.		Making of a	7:30pm	Hollyoaks	7:30pm	5 News Tonight
10:00pm	Who Do You Think	7:00pm	Eggheads		Nation	8:00pm	Channel 4 News	8:00pm	Cricket on 5
	You Are?	7:30pm	Letterbox	11:30pm	Railways: The	8:30pm	UEFA Women's	9:00pm	Nightmare
11:00pm	BBC News at Ten	8:00pm	Celebrity Antiques		Making of a		Euro 2017		Tenants, Slum
11:30pm	BBC London		Road Trip		Nation		England v Portugal		Landlords
	News	9:00pm	10 Puppies and Us	12:00am	Oak Tree: Nature's		Gogglebox	10:00pm	
11:45pm	One Deadly	10:00pm	Top of the Lake		Greatest Survivor	12:05am	Real, Fake or		Dennehy:
	Weekend in		The Mash Report	1:30am	King Alfred and		Unknown		Killing for Kicks
	America		n Newsnight		the Anglo Saxons	1:10am	Excluded at Seven	11:30pm	9
1:10am	Weather for the	12:15am	Cleverman	2:30am	Shipwrecks:			12:30am	Big Brother's
	Week Ahead				Britain's Sunken				Bit on the Side
1:15am	BBC News				History			1:15am	Super Casino

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:00am	Good Morning	9:00am	Emmerdale	7:00am	Man About the	7:00am	The Chase	7:00am	Good Morning
	Britain	9:30am	Coronation Street		House	7:50am	Storage Wars		Sports Fans
:30am	Lorraine	10:00am	You've Been	7:25am	Heartbeat		Texas	7:30am	Good Morning
0:25am	The Jeremy Kyle		Framed Gold	8:25am	Where the Heart	8:10am	Storage Wars		Sports Fans
	Show		Rides Again!		is		Texas	8:00am	Good Morning
1:30am	This Morning	11:00am	The Great Indoors	9:20am	Wild at Heart	8:35am	Gunsmoke		Sports Fans
:30pm	Loose Women	11:30am	Side Effects	10:25am	Judge Judy	9:35am	Ironside	8:30am	Good Morning
:30pm	ITV Lunchtime	12:00pm	LA Story	10:55am	Judge Judy	10:40am	Quincy, M.E.		Sports Fans
	News	12:15pm	L.A. Story	11:20am	Judge Judy	11:40am	Minder	9:00am	Good Morning
	Alastair Stewart	12:25pm	Vanderpump	11:50am	Road to Avonlea	12:45pm	The Professionals		Sports Fans
	presents the		Rules		A famous	1:50pm	Gunsmoke	9:30am	Good Morning
	latest headlines	1:20pm	Emmerdale		Broadway duo	2:55pm	Ironside		Sports Fans
	from around the	1:55pm	Coronation Street		turn White Sands	4:00pm	Quincy, M.E.	10:00am	Good Morning
	world.	2:30pm	You've Been		upside down	5:00pm	Minder		Sports Fans
:55pm	ITV News London		Framed!		during their brief	6:00pm	The Professionals	11:00am	Cricket
:00pm	Judge Rinder	3:00pm	The Ellen		visit.	7:00pm	Storage Wars		Day one of the
:00pm	Tenable		DeGeneres Show	12:50pm	Wycliffe		Texas		third Test
:00pm	Tipping Point	3:50pm	The Jeremy Kyle	1:55pm	Heartbeat	7:30pm	Storage Wars		between
:00pm	The Chase		Show	3:00pm	The Royal		Texas		England and
:00pm	ITV News London	4:55pm	The Jeremy Kyle	4:05pm	Wild at Heart	8:00pm	The Chase		South Africa at
:30pm	ITV Evening News		Show	5:10pm	Man About the	9:00pm	Road Racing		The Oval.
:00pm	Emmerdale	6:00pm	Judge Rinder		House		Series	8:00pm	Live World
:30pm	Eat, Shop, Save	7:00pm	You've Been	5:50pm	On the Buses		The second		Matchplay
:00pm	Emmerdale		Framed!	6:20pm	On the Buses		instalment from		Darts
:30pm	James Martin's	8:00pm	You've Been	6:55pm	Heartbeat		the Billown Circuit		Day six of
	French Adventure		Framed!		Nostalgic police		for the Southern		darts' BetVicto
0:00pm	Inside the London	9:00pm	Two and a Half		drama series set		100 road races.		World
	Fire Brigade		Men		in a 1960s	10:00pm	Goldfinger		Matchplay at
1:00pm	ITV News at Ten	9:30pm	Two and a Half		Yorkshire village.	11:05pm	FYI Daily		Blackpool's
	and Weather		Men	8:00pm	Murder, She	11:10pm	Goldfinger		Winter
1:30pm	ITV News London	10:00pm	White House		Wrote	12:15am	Gangs of New		Gardens.
1:40pm	Tonight at the		Down	9:00pm	Endeavour		York	12:00am	Through the
	London Palladium	11:00pm	FYI Daily	11:00pm	Law and Order:	1:15am	FYI Daily		Night
2:40am	Devon and	11:05pm	White House		UK	1:20am	Gangs of New	1:00am	Through the

FRIDAY - 28 JULY

BBEONG BBETWO BI

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CHANNEL 5

	_		_				WE 244		
10:15am		7:00am	The TV That	8:00pm	World News Today	7:00am	Countdown	8:35am	Paw Patrol
11:00am	Homes Under the		Made Me		The latest national	7:45am	Will and Grace	8:55am	Rusty Rivets
	Hammer	7:30am	Wild UK		and international	8:10am	Will and Grace	9:05am	Digby Dragon
12:00pm	Food: Truth or	8:15am	Bargain Hunt		news, exploring	8:35am	Everybody Loves	9:25am	Peppa Pig
	Scare	9:00am	Gardeners' World		the day's events		Raymond	9:35am	Mofy
12:45pm	Rip Off Britain	10:00am	Victoria		from a global	9:00am	Everybody Loves	9:45am	Digby Dragon
1:15pm	Bargain Hunt		Derbyshire		perspective.		Raymond	10:00am	Floogals
2:00pm	BBC News at	12:00pm	BBC Newsroom	8:30pm	BBC Proms 2017	9:35am	Frasier	10:15am	The Wright
	One		Live	10:45pm	The Chopin	10:05am	Frasier		Stuff
2:30pm	BBC London	2:00pm	Countryfile		Etudes	10:35am	Frasier	12:15pm	The Yorkshire
	News	2:15pm	Two Tribes		Pianist Freddy	11:05am	Undercover Boss		Vet
2:45pm	Red Rock	2:45pm	A Taste of Britain		Kempf plays		USA	1:10pm	5 News
3:30pm	Escape to the	3:30pm	The Best Dishes		Chopin's Etude	12:00pm	The Simpsons		Lunchtime
	Country		Ever		in E flat, Op 10	12:30pm	The Simpsons	1:15pm	Big Brother
4:30pm	Money for	4:00pm	This Wild Life		No 11.	1:00pm	Channel 4 News	2:15pm	Home and
	Nothing	4:30pm	Hive Alive	10:50pm	Sounds of the	1:05pm	Couples Come		Away
5:15pm	Flog It!	5:30pm	Swimming		Sixties		Dine with Me	2:45pm	Neighbours
6:15pm	Pointless	7:00pm	Eggheads	11:00pm	BBC Proms 2017	2:05pm	Posh Pawn	3:15pm	Ncis: Murder in
7:00pm	BBC News at Six	7:30pm	Letterbox	12:25am	Reginald D	3:10pm	Countdown		the Family
7:30pm	BBC London	8:00pm	Celebrity		Hunter's Songs of	4:00pm	The Question Jury	4:15pm	A Father's
	News		Antiques Road		the South	5:00pm	A Place in the		Secret
8:00pm	The Farmers'		Trip	1:25am	Elvis: That's		Sun	6:00pm	5 News at 5
	Country	9:00pm	Mastermind		Alright Mama 60	6:00pm	Four in a Bed	6:30pm	Neighbours
	Showdown	9:30pm	Only Connect		Years on	6:30pm	Come Dine with	7:00pm	Home and
8:30pm	Thief Trackers	10:00pm	Gardeners' World	2:25am	Country Kings at		Me		Away
9:00pm	EastEnders	11:00pm	QI		the BBC	7:00pm	The Simpsons	7:30pm	5 News Tonight
9:30pm	Still Open All	11:30pm	Newsnight	3:25am	Reginald D	7:30pm	Hollyoaks	8:00pm	Cricket on 5
	Hours	12:05am	Cleverman		Hunter's Songs of	8:00pm	Channel 4 News	9:00pm	Draining the
10:00pm	Peter Kay's	12:55am	Cleverman		the South	9:00pm	Gogglesprogs		Bermuda
	Comedy Shuffle	1:50am	Panorama	4:25am	This is BBC Four	10:00pm	The Last Leg		Triangle
10:30pm	Mrs. Brown's	2:20am	Granddad,		BBC Four is the	11:00pm	Naked Attraction	10:00pm	Big Brother
	Boys		Dementia and		BBC channel for	12:05am	Rude Tube	11:45pm	Big Brother's
11:00pm	BBC News at Ten		Me		people who want	1:10am	8 Out of 10 Cats		Bit on the Side
11:25pm	BBC London	3:20am	Growing Up with		more. More depth,			12:50am	Lip Sync Battle
	News		Cancer		more range, more			1:15am	Super Casino
	Not Going Out	3:50am	This is BBC Two		to stimulate the			4:10am	Big Brother
12:05am	The Sentinel				mind.			5:35am	Access

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	UV	i	w2	ü	w 3	ü	~4	main	event
7:00am	Good Morning	7:35am	Vanderpump Rules	7:00am	Man About the	7:00am	The Chase	7:00am	Good Morning
	Britain	8:20am	The Ellen		House	7:45am	Storage Wars		Sports Fans
9:30am	Lorraine		DeGeneres Show	7:25am	Heartbeat		Texas	7:30am	Good Morning
10:25am	The Jeremy Kyle	9:00am	Emmerdale	8:30am	Where the Heart	8:10am	Storage Wars		Sports Fans
	Show	9:30am	Emmerdale		is		Texas	8:00am	Good Morning
11:30am	This Morning	10:00am	You've Been	9:25am	Wild at Heart	8:35am	Gunsmoke		Sports Fans
1:30pm	Loose Women		Framed!	10:25am	Judge Judy	9:35am	Ironside	9:00am	Good Morning
2:30pm	ITV Lunchtime	11:00am	The Great Indoors		Judge Judy	10:40am	Quincy, M.E.		Sports Fans
	News	11:30am	Guidance. The	11:25am	Judge Judy	11:45am	Minder	9:30am	Paddock
2:55pm	ITV News London		Pictures		Road to Avonlea	12:45pm	The Professionals		Uncut: Hungary
3:00pm	Judge Rinder	12:00pm	La Story. Moving	12:55pm	Wycliffe	1:45pm	Gunsmoke	9:45am	Live Hungarian
4:00pm	Tenable	•	on	2:00pm	Heartbeat	2:50pm	Ironside		GP: Practice
5:00pm	Tipping Point	12:15pm	La Story. Lucky	3:05pm	The Royal	3:55pm	Quincy, M.E.	11:30am	Cricket
6:00pm	The Chase	•	Strike	4:05pm	Wild at Heart	4:55pm	Minder	7:30pm	Cricket
7:00pm	ITV News London	12:25pm	Vanderpump Rules	5:15pm	You're Only Young	6:00pm	The Professionals	8:00pm	Live World
7:30pm	ITV Evening News	1:20pm	Emmerdale		Twice	7:00pm	Storage Wars		Matchplay
8:00pm	Emmerdale	1:55pm	Emmerdale	5:50pm	On the Buses		Texas		Darts
8:30pm	Coronation Street	2:30pm	You've Been	6:20pm	On the Buses	7:30pm	The Darts Show	12:00am	Through the
9:00pm	The Secret World		Framed!	6:55pm	Heartbeat	8:00pm	The Chase		Night
	of Posh Pets	3:00pm	The Ellen	8:00pm	Murder, She	9:00pm	Thunderball	1:00am	Through the
9:30pm	Coronation Street		DeGeneres Show	•	Wrote	10:00pm	FYI Daily		Night
	Benidorm	3:50pm	The Jeremy Kyle	9:00pm	Doc Martin		Thunderball	2:00am	Through the
	ITV News at Ten		Show		The Street		Lethal Weapon 4		Night
	and Weather	4:55pm	The Jeremy Kyle		Law and Order:	12:45am		3:00am	Through the
11:30pm	ITV News London		Show		UK		Lethal Weapon 4		Night
	Inside the London	6:00pm	Judge Rinder	12:20am	Wire in the Blood	2:10am	Better Late Than	4:00am	Through the
1	Fire Brigade	7:00pm	You've Been	1:20am	Life of Crime		Never		Night
12:45am	5		Framed!	2:20am	Prime Suspect	3:05am	The Classic Car	5:00am	Through the
1:10am	Jackpot247	8:00pm	You've Been	4:05am	Mr Selfridge		Show		Night
4:00am	Storage Hoarders		Framed!	5:00am	Davina Mccall:	3:55am	ITV4 Nightscreen		
4:50am	ITV Nightscreen	9:00pm	Two and a Half		Life at the	4:00am	Teleshopping		
	5		Men		Extreme		Shopping from		
		9:30pm	Two and a Half	5:50am	George and		home.		

Mildred

"It won't happen to me...!" Will you be worry-free, or risk a travel trauma?

WHO doesn't love a holiday? Whether visiting family or friends, or getting away from it all on a rural retreat, Travel Insurance may be the last thing on your mind when planning your next break. After all, it's tempting to think "it won't happen to me" ... but trust us when we say "it just might..."

As we approach peak holiday season, we see plenty of examples of Globelink customers needing assistance while away, so don't leave yourself out on a limb for your

Last year UK Insurers paid out a whopping £365 million for overseas medical treatment, cancelled trips, stolen baggage and other travel troubles. But it's not just about financial protection. Did you know that most Travel Insurance Policies have a 24/7 Emergency Assistance Service to help with emergencies while abroad?

They are the unsung heroes of Travel Insurance who become your closest friend if you have a travel mishap. Assistance Companies have experienced multilingual teams

to handle any situation our intrepid customers throw at them, with specialist Doctors to monitor and advise on all medical cases and medical repatriations.

Whether it's holiday tummy, or a serious, life threatening illness or injury, they are there 24 hours a day to arrange emergency treatment, cover costs and find flights if you need to rush back for an emergency at home. This requires a mind boggling array of skills including empathy, ingenuity, efficiency, tact and diplomacy in equal measure. Calls are often from very distressed customers with loved ones ill or injured and the team must show compassion, whilst also obtaining the information necessary to validate insurance cover and arrange the right sup-

Here are two recent genuine examples of Globelink customers who called for help:

#1) Whilst in Nashville, Mr D called the Assistance team because his wife had a fever. A hospital visit was arranged and Mrs D seen by a doctor. The assistance doctor and treating doctor agreed that Mrs D was not fit to travel home to France as planned the following day. Medical costs of £3,750 were covered and the assistance team stayed in touch until Mrs D was well enough to travel. Flights and transfers home were then duly arranged and paid for. Mr D later wrote "sincere thank you to everyone who helped get my wife home safely after her illness. The quality of service, speed of response, friendliness and dedication have been truly impressive." Great feedback from Mr D.

#2) James, aged 21, was injured in a boating accident in New Zealand and suffered a fractured shoulder and broken leg. He was admitted to hospital and throughout his stay the Assistance team kept in touch and supported James in completing all necessary accident forms and formalities. Medical costs were covered too.

The team also kept James' parents in Spain updated of progress, which was invaluable due to time difference. Once James was fit enough to travel, all repatriation arrangements were made, including an attendant to accompany James on the journey home to provide assistance every step of the way. Flights, transfers and medical costs of £13,750 were covered by his Globelink policy. James' father subsequently wrote thanking the Assistance team "for their support and professionalism which was second to none." Can't get better than that!

So do yourself a favour and don't skimp on getting decent travel insurance to protect you and your loved ones. Take as many trips as you like in a year with a Globelink Annual Multi Trip policy, starting at under £60 at www.globelink.co.uk.

Globelink Travel Insurance: for people living in the EU. Trusted for 20 years by our customers. Get an instant quote and secure cover with www.globelink.co.uk, or call (UK) +44 1353 699 082.

Share your best Travel Tips with glob elink@globelink.co.uk. And thanks for the great tips you have emailed already! Next month we will publish our favourites.



GOOD NEWS FOR YOUR CAR 902 123 309



SATURDAY - 29 JULY

CHANNEL 5

7:00am	Breakfast	7:10am	The Deep	8:00pm	The Secret Life of	7:10am	Mobil 1 The Grid	7:00am	Milkshake!
11:00am	Saturday Kitchen	7:30am	The Deep		Rockpools	7:40am	Motorsport	10:15am	Mega
	Live	7:55am	Herbie Goes to	9:00pm	Britain's Treasure	8:05am	Triathlon		Machines
12:30pm	Nadiya's British		Monte Carlo		Islands	9:05am	Everybody Loves		Bob the Builde
	Food Adventure	9:35am	Mars Needs Moms		Naturalist Stewart		Raymond		Film.
1:00pm	Bargain Hunt	11:00am	Monty Halls' Great		McPherson	9:30am	Everybody Loves	11:30am	Funniest Cutes
2:00pm	BBC News		Irish Escape		explores the UK		Raymond		Kittens Ever
2:10pm	Weather	12:00pm	Homes Under the		Overseas	10:00am	Frasier	12:30pm	Police
2:15pm	Brendan Foster: A		Hammer		Territories.	10:30am	Frasier		Interceptors
	Life in Athletics	1:00pm	Nigel and Adam's	10:00pm	I Know Who You	11:00am	The Big Bang	2:25pm	The Time
3:00pm	Rugby League		Farm Kitchen		are		Theory		Machine
	Challenge Cup	2:00pm	Natural World	11:15pm	I Know Who You	11:30am	The Big Bang	4:10pm	The Nightmare
5:30pm	Flog It!	3:00pm	Mastermind		are		Theory		Neighbour Nex
5:00pm	Sister Act 2: Back	3:30pm	University	12:30am	Rich Hall's	11:55am	The Big Bang		Door
	in the Habit		Challenge		Countrier Than		Theory	5:10pm	The Nightmare
7:40pm	BBC News	4:00pm	Only Connect		You	12:25pm	The Simpsons		Neighbour Nex
7:50pm	Regional News	4:30pm	Gardeners' World		Award-winning	12:55pm	The Simpsons		Door
7:55pm	Weather	5:30pm	Jessica Ennis-Hill		comedian Rich	1:25pm	The Simpsons	6:05pm	Can't Pay?
3:00pm	Pointless		and the Next		Hall takes a	1:55pm	Four in a Bed		We'll Take it
3:50pm	Would I Lie to		Generation		country music	4:30pm	A Place in the Sun:		Away!
	You?	6:00pm	Swimming		journey from		Winter Sun	7:00pm	Can't Pay?
9:20pm	Who Dares Wins	7:00pm	Cycling		Tennessee to	5:30pm	Big House, Little		We'll Take it
10:00pm	Casualty	7:50pm	BBC Proms Extra		Texas to look at		House		Away!
10:50pm	BBC News	8:30pm	Grand Tours of		the movements	6:30pm	Channel 4 News	8:00pm	Cricket on 5
11:08pm	Weather		Scotland		and artists that	7:00pm	Formula 1	8:55pm	5 News
11:10pm	Indiana Jones and	9:00pm	Dad's Army		don't get as much	8:30pm	UEFA Women's	9:00pm	Live Boxing:
	the Kingdom of	9:30pm	All Families Have		notoriety but have		Euro 2017		Frampton v
	the Crystal Skull		Secrets - Patrick		helped shape the	11:00pm	47 Ronin		Gutierrez
1:05am	When in Rome		Gale's Art of		genre over	1:10am	Ramsay's Kitchen	9:30pm	FIA Formula E
2:30am	Weather for the		Fiction		the years.		Nightmares USA		Live: Montreal
	Week Ahead	10:00pm	Queer as Art	2:00am	Bob Harris: My	2:00am	The Last Leg	11:10pm	Live Boxing-
2:35am	BBC News	11:00pm	QI XL		Nashville	2:55am	Hollyoaks		Frampton v
		11:45pm	Imagine	3:00am	The Secret Life of		Omnibus		Gutierrez
		1:40am	Sletight		Rockpools			1:00am	Super Casino
				4:00am	Britain's Treasure				

Islands

On the Buses Murder, She

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	_			
7:00am	CITV	7:00am	The Hot Desk	7:00
9:25am	ITV News	7:10am	Emmerdale	7:25
9:30am	Weekend		Omnibus	
10:25am	ITV Racing: The	10:05am	Coronation Street	8:25
	Opening Show		Omnibus	

Racing: The	10:05am	Coronation Street
ning Show		Omnibus
's Lunchbox	12:25pm	Take Me Out
0 Heartbeats	1:35pm	Celebrity
News and		Catchphrase
ither	2:40pm	Harry Hill's Alien
ing Point		Fun Capsule
Racing: Live	3:05pm	You've Been
n Ascot		Framed!
Chase	4:10pm	See Spot Run
e Big Shots	5:10pm	FYI Daily
	5:15pm	See Spot Run
l News and	6:05pm	Smurfs 2
ither	7:05pm	FYI Daily
News and	7:10pm	Smurfs 2

1:15pm

1:25pm 2:30pm

	USA	5:15pm	See Spot Run
:00pm	Local News and	6:05pm	Smurfs 2
	Weather	7:05pm	FYI Daily
:05pm	ITV News and	7:10pm	Smurfs 2
	Weather	8:10pm	Evan Almighty
:15pm	You've Been	9:10pm	FYI Daily
	Framed!	9:15pm	Evan Almighty
:15pm	Catchphrase	10:00pm	The Hangover
:00pm	The Hobbit: The	11:00pm	FYI Daily
	Desolation of	11:05pm	The Hangover
	Smaug	12:05am	Family Guy
2:00am	ITV News and	12:35am	Family Guy
	Weather	1:35am	American Dad!
2:25am	The Chase	2:00am	Keith Lemon: Th
:20am	Jackpot247		Film
:00am	Who's Doing the	3:00am	FYI Daily

3:05am

Keith Lemon: The

Film

Dishes?

Nightscreen

4:50am

/ 12 Julii	maracy sile
	Wrote
8:25am	Murder, She
	Wrote
9:25am	The Darling Buds
	of May
10:30am	Death Becomes
	Her
11:35am	FYI Daily
11:40am	Death Becomes
	Her
12:30pm	Columbo
2:30pm	Wycliffe
3:45pm	Sherlock Holmes
6:00pm	Lewis
8:00pm	Agatha Christie's
	Marple
10:00pm	,
12:00am	Law and Order:
	UK
1:00am	Law and Order:
	UK
2:05am	Law and Order:
	UK
	Crime drama
	based on the hit
	US series Law
	and Order.
2:55am	On the Buses
	This bold, bawdy
	and brash sitcom
	hit British screens

in 1969. ITV3 Nightscreen

u	~~	main event				
:00am	Goals of the 90's	7:00am	Through the			
:10am	Tommy Cooper		Night			
:35am	The Saint	8:00am	Live Super			
:30am	The Darts Show		Rugby			
:55am	Motorsport UK	10:00am	n Good Morning			
0:00am	Road Racing		Sports Fans			
	Series 2017	10:30am	Paddock Uncut:			
1:00am	The Classic Car		Hungary			
	Show	10:45am	ı Live Hungarian			
2:00pm	The Professionals		GP: Practice			
:00pm	The Professionals	12:10pn	Paddock Uncut:			
:05pm	Minder		Hungary			
:10pm	Minder	12:30pm	1 The F1 Show			
:15pm	Dunkirk	1:00pm	Live Hungarian			
:25pm	FYI Daily		GP: Qualifying			
:30pm	Dunkirk	3:30pm	Cricket			
:00pm	Better Late Than	6:00pm	Live GAA			
	Never		Football			
:00pm	Monster Carp		Qualifier			
:00pm	Police Academy 3:	8:00pm	Live GAA			
	Back in Training		Football			
0:05pm	FYI Daily		Qualifier			
0:10pm	Police Academy 3:	10:00pn	Sky Sports			
	Back in Training		Tonight			
0:50pm	Book of Eli	10:45pn	1 Football			
1:55pm	FYI Daily		Atlanta United			
2:00am	Book of Eli		take on New			
:05am	Barb Wire		York City FC at			

Barb Wire

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sky sports

SUNDAY - 30 JULY

BBGONE BBGTWO BBGFOUR CHANNEL 4 CHANNEL 5

	_		_		_		all in		
7:00am	Breakfast	7:05am	A to Z of TV	8:00pm	Nina Simone and	7:20am	Last Man	7:00am	Milkshake!
	Sunday Morning	7.00	Gardening	Me	with Laura Mvula	71200111	Standing		Fireman Sam:
	Live	7:50am	The Instant	8:30pm	BBC Proms 2017	7:45am	Last Man		Alien Alert
12:00pm	Cycling		Gardener		BBC Proms 2017		Standing	11:30am	Make You
1:00pm	Bargain Hunt	8:35am	Gardeners' World		A stirring story of	8:10am	Last Man		Laugh Out
2:00pm	BBC News	9:35am	The Beechgrove		justice and liberty,		Standing		Loud
2:10pm	Weather for the		Garden		Beethoven's only	8:35am	Everybody Loves	11:55am	Police
	Week Ahead	10:05am	Countryfile		opera Fidelio is		Raymond		Interceptors
2:15pm	Homes Under the	11:00am	Saturday Kitchen		performed by a	9:00am	Everybody Loves	12:55pm	Police
	Hammer		Best Bites		stellar cast.		Raymond		Interceptors
3:00pm	Escape to the	12:30pm	Nigel Slater:	12:30am	Norman Wisdom:	9:30am	Frasier	1:50pm	Ace Ventura:
	Country		Eating Together		His Story	10:00am	Frasier		Pet Detective
4:00pm	Songs of Praise	1:00pm	Food and Drink	1:30am	Horizon	10:30am	Sunday Brunch		Animation
4:35pm	Cycling	1:30pm	Miss Potter	2:30am	Beautiful Thing: A	1:30pm	Eat the Week		following a
7:35pm	BBC News	3:00pm	Rugby League		Passion for		with Iceland		zany private
7:50pm	Regional News		Challenge Cup		Porcelain	2:30pm	The Simpsons		detective who
7:55pm	Weather		Semi Final		Documentary in	2:55pm	The Simpsons		specialises in
8:00pm	Wild Alaska Live	5:30pm	Swimming		which Ros Savill	3:25pm	The Simpsons		finding missing
9:00pm	Countryfile	8:00pm	Passchendaele		tells the story of	3:55pm	A Place in the		animals.
10:00pm			2017		the opulent,		Sun	3:30pm	Zookeeper
	BBC News	11:00pm			intricate, gold-	4:40pm	Homes by the Sea	5:25pm	Cheaper by the
	Regional News	12:50am			crested and often	5:45pm	Channel 4 News		Dozen 2
11:25pm		2:15am	Countryfile		much-maligned	6:15pm	Formula 1	7:05pm	Now That's
11:30pm	The Heroes of		News and stories		Sevres porcelain	8:30pm	UEFA Women's		Funny!
	Super Saturday:		concerning the		of the 18th		Euro 2017	8:00pm	Cricket on 5
	Jess, Mo and		heart of the		century.		Live coverage	8:55pm	5 News
	Greg		British	3:30am	Treasures of the		from the	9:00pm	Dirty Dancing
12:30am			countryside.		Anglo Saxons		Netherlands of	11:00pm	,
2:25am	Weather for the	3:10am	Holby City	4:30am	Nina Simone and		the fourth		Dancing Story
	Week Ahead	4:10am	This is BBC Two		Me with Laura		quarter-final of	12:35am	5 ,
2:30am	BBC News		Highlights of		Mvula		UEFA Women's	1:30am	FIA Formula E:
			programmes on				Euro 2017.		Montreal
			BBC Two.			11:00pm	The Handmaid's		Highlights
							Tale	2:15am	Super Casino
							Naked Attraction		
						1:15am	Moonrise		
							Kinadom		

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7.00	CITY	7.00	Vaulus Dans	7.00	Death Becomes	7.00	Hat Trial Hanne	7.00	Thursday also		
7:00am	CITV	7:00am	You've Been	7:00am		7:00am	Hat-Trick Heroes	7:00am	Through the		
9:25am	ITV News	7.25	Framed!	0.00	Her	7:15am	Tommy Cooper	0.00	Night		
9:30am	Weekend	7:25am	Emmerdale	8:00am	FYI Daily	7:40am	Minder	8:00am	Good Morning		
	Judge Rinder	40.05	Omnibus	8:05am	Death Becomes	8:40am	The Big Fish Off		Sports Fans		
	Long Lost Family	10:25am	Coronation Street		Her	9:40am	Monster Carp	9:00am	Good Morning		
	Love Your Garden		Omnibus	8:40am	Heartbeat	10:40am	British Superbike		Sports Fans		
1:20pm	ITV News and	1:00pm	Ninja Warrior	9:40am	Heartbeat		Highlights	10:00am	Cricket Writers		
	Weather	2:00pm	You've Been	10:40am	Murder, She	11:45am	MSA British		on TV		
1:25pm	James Martin's		Framed!		Wrote		Touring Car	11:00am			
	French Adventure	2:30pm	The Waterboy	11:45am	Murder, She		Championship	12:30pm	Live Hungarian		
1:55pm	Rebound	3:30pm	FYI Daily		Wrote	7:00pm	Goodwood Festival		GP: Track		
2:55pm	Tipping Point	3:35pm	The Waterboy	12:45pm	The Darling Buds		of Speed		Parade		
3:55pm	Bear Gryll's	4:20pm	Yogi Bear		of May		Coverage of the	1:00pm	Live Hungarian		
	Survival School	5:20pm	FYI Daily	1:50pm	Columbo		Goodwood		GP: Pit Lane		
4:25pm	A View to Kill	5:25pm	Yogi Bear		Peter Falk dons		Festival of Speed	1:30pm	Live Hungarian		
7:00pm	Local News and	5:55pm	Nanny McPhee		the shabby mac		from West Sussex.		GP: Race		
	Weather	6:55pm	FYI Daily		and lights up a	8:00pm	Football Rivalries	4:30pm	Live Hungarian		
7:10pm	ITV News and	7:00pm	Nanny McPhee		cheap cigar for	8:15pm	Police Academy 4:		GP: Paddock		
	Weather		Cedric Brown has		more top drawer		Citizens on Patrol	5:15pm	Paddock		
7:30pm	Diana, Our		just lost his wife		US detective	9:20pm	FYI Daily		Uncut: Hungary		
	Mother: Her Life		and now he		drama.	9:25pm	Police Academy 4:	5:30pm	Live Senior		
	and Legacy		cannot control his	3:50pm	Wycliffe		Citizens on Patrol		Open		
9:00pm	Harry Potter and		seven wild	4:55pm	Foyle's War	10:00pm	The Naked Gun:		Championship		
	the Order of the		children.	7:00pm	Lewis	From the Files of		8:00pm	Live World		
	Phoenix	7:50pm	Step Up	9:00pm	Midsomer		Police Squad!		Matchplay		
11:30pm	ITV News and		Romantic musical		Murders	11:05pm			Darts		
	Weather		drama.	11:00nm	Law and Order:		The Naked Gun:	10:00nm	Live PGA Tour		
11:50nm	Judge Rinder's	8:55pm	FYI Daily	тиоории	UK	· · · · · op···	From the Files of	толоории	Golf		
11.50	Crime Stories	9:00pm	Step Up		Crime drama		Police Squad!	12:00am	Through the		
12:50am	Take Me Out		Love Island		based on the hit	11:50pm	Mars Attacks!	. 2.00dili	Night		
1:50am	Jackpot247		Family Guy		US series Law and	12:50am		1:00am	Through the		
4:00am	Motorsport UK		Family Guy		Order.	12.30dill	1 11 Dully	iioouiii	Night		
7.00aiii	MOTOLSPOLL OK		Family Guy	12:00am				2:00am	Through the		
		1:00am	American Dad!	12.000111	UK			2.000111	Night		
		1.00aiii	Amendan Dau!	1:05am	Wire in the Blood				ivigit		
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3:30pm	The Code	4:45pm	This Wild Life	8:00pm	World News		The Simpsons	1:10pm	5 News			
4:15pm	Escape to the	5:15pm	The Life of	0.00	Today	12:30pm		1:15pm	Hotel Inspector:			
- 4-	Country		Mammals	8:30pm	The Boats That	1:00pm	Channel 4 News		Million Pound			
5:15pm	Flog It!	6:15pm	Antiques	9:00pm	Built Britain	1:05pm	Couples Come Dine with Me	2:1Enm	Nightmare Home and Away			
6:15pm 7:00pm	Pointless BBC News	7.00	Roadshow	9.00piii	Horizon Horizon examines	2:05pm	Posh Pawn	2:15pm 2:45pm	Neighbours			
7:00pm 7:30pm	Regional News	7:00pm	Eggheads		the pros and cons	2.05pm	Countdown	2.45pm	NCIS			
8:00pm	Fake Britain	7:30pm 8:00pm	Letterbox Passchendaele		of driverless cars.	4:00pm	The Question Jury	4:15pm	The Ultimate			
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9:00pm	EastEnders	3.00piii	Challenge	11:00pm		отобрии	Me	6:30pm	Neighbours			
9:30pm	I Am Bolt	9:30pm	Nadiya's British	11:20pm		7:00pm	The Simpsons	7:00pm	Home and Away			
	BBC News	3.30piii	Food Adventure		Queerama	7:30pm	Hollyoaks	7:30pm	5 News			
	Regional News	10:00nm	Man in an Orange	12:50am		8:00pm	Channel 4 News	8:00pm	Cricket on 5			
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	Peter Kay's	11:00pm	Normal for		Allure of Art	•	Location, Location		Cops			
	Comedy Shuffle	moopiii	Norfolk		Nouveau	10:00pm	999: What's Your	10:00pm	The Accused			
12:15am	Have I Got a Bit	11:30pm	Newsnight	1:50am	Carved with Love:		Emergency?		Inside Broadmoo			
	More Old News	12:10am			The Genius of	11:00pm	Public Enemies	1:30am	Criminals Caugh			
	for You		Inside the Factory		British Woodwork	12:05am	60 Days in Jail		on Camera			
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7:00pm	Local News and	7:00pm	You've Been	11:25am	,	12:45pm		9:00am	Good Morning			
7.20	Weather	7.20	Framed!	11:50am		1:50pm	Hogan's Heroes	0.20	Sports Fans			
7:30pm	ITV Evening News	7:30pm	You've Been Framed!	12:50pm	Avonlea	2:20pm 2:50pm	Hogan's Heroes Ironside	9:30am	Good Morning Sports Fans			
8:00pm	Emmerdale	8:00pm	You've Been	12.50pm 2:00pm	Heartbeat	2.50pm 3:55pm	Quincy, M.E.	10:00am	Good Morning			
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9:00pm	Countrywise	o.Jupin	Framed!	5:10pm	On the Buses	7:05pm	Storage Wars	11:30am				
9:30pm	Coronation	9:00pm	Two and a Half	5:45pm	On the Buses	7.03piii	Texas	6:30pm	Cricket			
3.30piii	Street	3.00pill	Men	6:20pm	On the Buses	7:35pm	Storage Wars	7:00pm	Sky Sports News			
10:00pm	Holiday Horrors:	9:30pm	Two and a Half	6:55pm	Heartbeat	. 155 p.11	Texas	8:00pm	Transfer Centre			
	Caught on	op	Men	8:00pm	Murder, She Wrote	8:00pm	The Chase	8:30pm	Sky Sports Tonig			
	Camera	10:00pm	Family Guy	9:00pm	Midsomer	9:00pm	The Chase:	9:00pm	Sky Sports Tonig			
11:00pm	ITV News		Family Guy		Murders		Celebrity Special		Live Tennis:			
	Britain's Busiest		American Dad!	11:00pm	Law and Order:	10:00pm	Car Crash Global		Washington			
	Matanuau		American Dadl		III/		Harry Drawn	F.00am	Through the Nia			

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12:00am The Street

Motorway

12:10am Sugar Free Farm

11:30pm American Dad!

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2:30pm	Regional News		Ever		Today	12:30pm	The Simpsons	1:15pm	GPs: Behind
2:45pm	Red Rock	3:45pm	The Great Rift:	8:30pm	The Boats That	1:00pm	Channel 4 News		Closed Doors
3:30pm	The Code		Africa's Wild		Built Britain	1:05pm	Couples Come	2:15pm	Home and Away
4:15pm	Escape to the		Heart	9:00pm	10 Things You		Dine with Me	2:45pm	Neighbours
	Country	4:45pm	This Wild Life		Didn't Know	2:05pm	Posh Pawn	3:15pm	NCIS
5:15pm	Flog It!	5:15pm	The Life of		About Tsunami's	3:10pm	Countdown	4:15pm	A Trace of Danger
6:15pm	Pointless		Mammals	10:00pm	Explorers:	4:00pm	The Question Jury	6:00pm	5 News
7:00pm	BBC News	6:15pm	Antiques		Conquest and	5:00pm	A Place in the Sun	6:30pm	Neighbours
7:30pm	Regional News		Roadshow		Calamity: A	6:00pm	Come Dine with	7:00pm	Home and Away
8:00pm	Fugitives	7:00pm	Eggheads		Timewatch Guide		Me	7:30pm	5 News
8:30pm	EastEnders	7:30pm	Letterbox	11:00pm	*	7:00pm	The Simpsons	8:00pm	FIA World Rally
9:00pm	Holby City	8:00pm	Sir Gareth	11:20pm		7:30pm	Hollyoaks		Championship
	In The Dark		Edwards at 70	11:40pm	The Secret's of	8:00pm	Channel 4 News		Highlights
	BBC News	9:00pm	Inside the Factory	4.40	Scott's Hut	9:00pm	Craft It Yourself	9:00pm	The Dog Rescuers
	Regional News	10:00pm	Is it Safe to be	1:10am	Gunpowder 5/11:	10:00pm		40.00	with Alan Davies
11:40pm		44.00	Gay in the UK?		The Greatest	44.00	for 4 Year Olds	10:00pm	Celebrity Big
	New Tricks		Detectorists		Terror Plot		First Dates	42.00	Brother
12:45am	When the Boat		Newsnight			12:05am	24 Hours in A and	12:00am	Big Brother's Bit
	Comes in	12:10am	vveatner				E		on the Side
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5:00pm	Tipping Point	7.00piii	Framed!	3:05pm	The Royal	2:10pm	Hogan's Heroes	11:00am	Premier League
6:00pm	Cash Trapped	7:30pm	You've Been	4:10pm	Wild at Heart	2:40pm	Hogan's Heroes	Tiovalli	Daily
7:00pm	Local News and	. ioopiii	Framed!	5:15pm	On the Buses	3:15pm	Ironside	12:00pm	Transfer Centre
7100piii	Weather	8:00pm	You've Been	5:50pm	On the Buses	4:20pm	Quincy, M.E.	12:30pm	Sportswomen
7:30pm	ITV Evening	oop.ii	Framed!	6:20pm	On the Buses	5:30pm	Football: Audi Cup	1:00pm	Sky Sports Today
	News	8:30pm	You've Been	6:55pm	Heartbeat		Live	2:00pm	Sky Sports Today
8:00pm	Emmerdale	P	Framed!	8:00pm	Murder, She Wrote	8:00pm	British Touring Car	3:00pm	Sky Sports Today
9:00pm	Midsomer	9:00pm	Two and a Half Men		Paul O'Grady's	.	Crashes and	4:00pm	Sky Sports Today
, ,	Murders	9:30pm	Two and a Half Men		Animal Orphans		Smashes	5:00pm	Sky Sports Today
11:00pm	ITV News		American Pie: The	10:00pm	It'll be Alright on	8:15pm	Football: Audi Cup	6:00pm	News HQ
	Martin Clunes		Wedding		the Night		Live	7:00pm	Live T20 Blast
	Islands of	11:00pm	5	11:00pm	Law and Order:	10:45pm		10:45pm	Live Tennis:
	Australia		American Pie: The		UK	11:50pm		- 1	Washington
12:40am	Play to the		Wedding	12:05am	Lewis		Lethal Weapon 4	5:00am	Through the Night
	Whistle	12:05am	Family Guy	2:05am	Wycliffe	1:10am	RoboCop 3		,

WEDNESDAY - 2 AUGUST

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7:00am 10:15am	Breakfast Animal Park	7:00am	The TV That Made Me		World News Today The Boats That Built			7:00am	Milkshake! Programming aimed	7:00am	Good Morning		L.A. Story	7:00am	You're Only Young		The Chase	7:30am	Good Morning
IV. I Jaili	Summer Special	7:30am	Animal Park	0.30piii	Britain	10:35am			at children aged two	0.20	Britain		L.A. Story	7.25			The Chase	0.00	Sports Fans
11:00am	Homes Under the	7.50am	Summer Special	9:00pm	Inside Einstein's		Undercover Boss		to seven years old.		Lorraine		Vanderpump Rules	7:25am 8:25am	Heartbeat		Hogan's Heroes	8:00am	Good Morning Sports Fans
11.000111	Hammer	8:15am	Bargain Hunt	J.oopiii	Mind: The Enigma	11.054111	USA	10:15am	The Wright Stuff	10:25am	The Jeremy Kyle Show	2:30pm	Emmerdale You've Been	6:23dIII	Where the Heart	9:25am 9:55am	Hogan's Heroes	8:30am	Good Morning
12:00nm	Going Back		See Hear		of Space and Time	12:00nm	The Simpsons		The Yorkshire Vet	11·20am	This Morning	2.30piii	Framed!	9:25am	Wild at Heart		Quincy, M.E.	o.Juaili	Sports Fans
12.00pm	Giving Back		Great British Menu	10:00nm	Rise of the Robots		The Simpsons		5 News		Loose Women	2.00nm	The Ellen	J.ZJaili	Drama series set		The Chase	9:00am	Good Morning
12:45pm	Rip Off Britain		Victoria Derbyshire	rotoopiii	Evolutionary		Channel 4 News		Nightmare Tenants,		ITV Lunchtime	3.00piii	DeGeneres Show		on a South		Hogan's Heroes	J.OUdill	Sports Fans
1:15pm	Bargain Hunt		BBC Newsroom Live		biologist Dr Ben		Couples Come Dine		Slum Landlords	2.00piii	News	3·50nm	The Jeremy Kyle		African nature		Hogan's Heroes	9-30am	Good Morning
2:00pm	BBC News		Britain's Great War		Garrod and		with Me	2:15pm	Home and Away	2:30nm	ITV Racing: Live	3.30pm	Show		reserve.		Ironside	J.50aiii	Sports Fans
2:30pm	Regional News	2:00pm	Two Tribes		electronics engineer	2:05pm	Posh Pawn	2:45pm	Neighbours	2.500	From Goodwood	4:55pm	The Jeremy Kyle	10:25am	Judge Judy	3:15pm	Quincy, M.E.	10:00am	Good Morning
2:45pm	Red Rock	2:30pm	A Taste of Britain		Professor Danielle	3:10pm	Countdown	3:15pm	NCIS	5:00pm	Tipping Point	spiii	Show		Judge Judy	4:20pm	Minder	Totodani	Sports Fans
3:30pm	The Code	3:15pm	The Best Dishes		George investigate	4:00pm	The Question Jury	4:15pm	Escape From	6:00pm	Cash Trapped	6:00pm	Judge Rinder		Judge Judy		Modern-day re-	11:00am	Premier League
4:15pm	Escape to the		Ever		whether robots will	5:00pm	A Place in the Sun		Polygamy	7:00pm	Local News and	7:00pm	You've Been		The Road to		imagineering on		Daily
	Country	3:45pm	The Great Rift:		ever become our	6:00pm	Come Dine with Me	6:00pm	5 News		Weather		Framed!		Avonlea		the classic comedy-	12:00pm	Transfer Centre
5:15pm	Flog It!		Africa's Wild Heart		friends, if we	7:00pm	The Simpsons	6:30pm	Neighbours	7:30pm	ITV Evening News	7:30pm	You've Been	12:50pm	Wycliffe		drama.	12:30pm	Sky Sports Now
6:15pm	Pointless	4:45pm	This Wild Life		should trust them	7:30pm	Hollyoaks	7:00pm	Home and Away		Round-up of the		Framed!		Heartbeat	5:30pm	Football: Audi Cup		Sky Sports Today
7:00pm	BBC News	5:15pm	The Life of		with our lives, and	8:00pm	Channel 4 News	7:30pm	5 News		main national and	8:00pm	You've Been	3:05pm	The Royal	•	Live		Sky Sports Today
7:30pm	Regional News		Mammals		if one day they will	9:00pm	Tried and Tasted:		The latest news		international news.		Framed!	4:10pm	Wild at Heart	8:00pm	Sporting Funnies	3:00pm	Sky Sports Today
8:00pm	Holding Back the	6:15pm	Antiques Roadshow		even become		The Ultimate		coverage.	8:00pm	Emmerdale	8:30pm	You've Been	5:15pm	On the Buses	8:15pm	Football: Audi Cup	4:00pm	Sky Sports Today
	Years	7:00pm	Eggheads		conscious.		Shopping List	8:00pm	FIA Formula E:	8:30pm	Coronation Street	•	Framed!	5:50pm	On the Buses		Live	5:00pm	Live on the
9:00pm	Watchdog Live	7:30pm	Letterbox	11:00pm	Queers	9:30pm	Food Unwrapped		Montreal Highlights	9:00pm	Love Your Garden	9:00pm	Two and a Half	6:20pm	On the Buses	10:45pm	Book of Eli		Range: Women's
10:00pm	DIY SOS The Big	8:00pm	Celebrity Antiques	11:20pm	Queers	10:00pm	Old People's Home	9:00pm	GPs: Behind Closed	10:00pm	Long Lost Family		Men	6:55pm	Heartbeat	11:50pm	FYI Daily		Open
	Build		Road Trip	11:40pm			for 4 Year Olds		Doors	11:00pm	ITV News	9:30pm	Two and a Half	8:00pm	Murder, She Wrote	11:55pm	Book of Eli	6:00pm	News HQ
	BBC News	9:00pm	The Sweet Makers:		The Joy of Logic		The Windsors		Celebrity Big Brother	11:40pm	Holiday Horrors:	·	Men	9:00pm	Lewis	1:00am	Mars Attacks!	7:00pm	Live T20 Blast
	Regional News		A Victorian Treat	1:40am	Voyages of	11:30pm	3	11:00pm	Celebrity Botched		Caught on Camera	10:00pm	White House Down	11:00pm	Law and Order:	2:00am	FYI Daily	10:45pm	Live Tennis:
	Weather	10:00pm			Discovery	12:35am	999: What's Your		Up Bodies	12:40am	River Monsters	11:00pm	FYI Daily		UK	2:05am	Mars Attacks!		Washington
	Growing Up Gay		Newsnight				Emergency?	12:00am	Big Brother's Bit on	1:35am	Jackpot247	11:05pm	White House Down	12:00am	Sherlock Holmes			3:00am	Football
12:45am	I'm Coming Out	12:10am	Weather						the Side			12:40am	Family Guy	2:10am	Wycliffe				

people happier and the scientists believe

Sing your way to happiness

HOBBIES have always been known to boost your mood; partaking in some time out of work and responsibilities to do something you enjoy, and joining a choir now seems to be the latest mood booster.

> A new study in Australia has found that joining a choir can help fight against sadness and boost emotions.

> > The Australian scientists asked volunteers suffering from mental health conditions such as depression or anxiety to take part in their study and try different social artsbased activi-

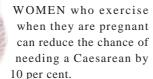
Singing was found to boost the immune system with just one hour of singing increasing levels of the immune proteins that help the body to battle illness significantly.

Each activity was undertaken once a week over nearly three months and volunteers were asked to describe how they felt at different points of the day to measure the effects of the activity with singing shown to boost emotions. They found that writing poems in a group also made



Gentle exercise is necessary and needed when pregnant

EXERCISE: Reduces chance of a Caesarean.



Evidence gathered from around 12,500 women in 16 countries found that mothers-

to-be who do gentle exercise during their pregnancy such as aerobics, walking or using a bike machine, and eat a healthy diet are more likely to have a natural

Currently, around one in four births in the UK are by Caesare-

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an which, although regarded as very safe, can carry the risk of complications.

Experts said that many women wrongly believe they should be 'eating for two' when pregnant and 47 per cent of women put on too much weight, raising the risk

of a Caesarean. But regular exercise significantly reduces the mother's weight gain and babies are not at risk from exercise. Although, it is always advised to stop exercising if you feel unwell or become so breathless you can-

SINGING: The latest mood booster.



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Are you one of them?

MANY adults are turning away from gyms due to back pain.

Around two-fifths of adults in the UK said they avoided exercise because of pain in the lower back according to a survey of more than 2,000 adults which was commissioned by the British Chiropractic Associ-

However they said that the spine is naturally strong and moderate exercise, when done correctly, can help to build and maintain its strength and posture and actually protect you from further pain in the

Meanwhile the Association reminds people that changes in lifestyle are also affecting back health, with fashion maybe more a concern than hitting the

Current fashions are changing the way women walk and this is having a detrimental impact on their health. Skinny jeans for example, restrict the movement of the knees and hips which puts extra pressure on the back. High heels are also often criticised for the pressure they put on feet and back when walking.

Mobile phone use has also recently been highlighted as a cause of back pain with people hunched over looking at their phone

Back pain is one of the most common ailments with four in five people expected to suffer at some point in their lifetime. So

what can you do to help prevent aches and pains in your back but still want to work out?

Be safe. If you exercise at the gym make use of the professional staff they have. When signing up for the first time, everyone should be shown how to use the equipment efficiently and safely by a qualified instructor.

Don't overdo it. Your body can do a lot and whilst you need to push it at times, remember you are not an Olympic athlete and listen to your body. Take things slowly, particularly when starting out and ask an instructor to advise on a safe way of training to push yourself without going beyond your body's limita-

Warm up and cool down. Most injuries are caused not from the actual exercise itself but from the body's muscles not being correctly warmed up and cooled down before and after.

Try yoga. Yoga is now being widely recommended by experts to strengthen the back and medical professionals are even 'prescribing' it to ease pain rather than handing out painkillers and medication.

Good posture. Even if not at the gym, you can practise stronger back health. Try and correct your posture, stand up straight, don't slump over your desk at work and use a chair that provides firm support for your lower back with knees ideally a little higher than your hips when you sit.



Heat rash



SPECIALIST: Doctor Luis Perez Belmonte.

WHAT is heat rash?

Heat rash is an eruption of red skin that can sometimes be itchy but generally doesn't have any symptoms. It usually appears in areas where skin rubs on a surface, and from high body temperatures in areas such as the armpits, inner thighs, elbows, knees and also in the torso where more sweat accumulates

What are its symptoms?

Usually heat rash appears as patches of bumpy, red skin in areas where the body sweats the most. In general it does not tend to hurt, however the areas can become itchy and irritating when they are still wet from sweat or from wearing tight fighting clothes. It very rarely gets infected.

How can you treat

Heat rash tends to dis-

sipate without any treatment, however in some cases ointments with antibiotics and anti-inflammatories help reduce the swelling. In extreme cases corticoids or antihistamines may need to be used to combat swelling and itching.

Who are the most likely to get heat rash?

Anyone can get heat rash however those who are most at risk tend to be people with very light skin, children and the elderly.

Can it be prevented?

You can prevent, or reduce the frequency of heat rash. Firstly it is essential to keep your skin clean and completely dry. Fresh cotton clothing avoids irritation caused by rubbing. Always keeping your skin hydrated also helps, as well as avoiding overexposure to heat and staying in cool areas.

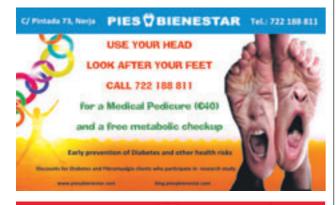
If you have any questions for Dr Perez Belmonte, please send them to: jefemedico@helicopterossanitarios.com



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Arts and crafts

VELEZ-MALAGA'S councillor for Culture, Cynthia Garcia, has met with Maria Santana to announce a programme of activities promoting the crafts, sculpture and gastronomy.

The politicians aim to put Velez-Malaga on the sightseeing map with a series of free events, including a handicraft festival, Festiballix, on August 25

Councillor Garcia has announced that the town's main cultural buildings will be open for free this summer, offering locals and visitors a chance to see sights including La Fortaleza, the Muvel City Museum, the Contemporary Art Centre, Beniel Palace, Casa Cervantes and Cerro de San Cristobal. She added all cultural events, particularly music performances, will take place "in the Plaza de la Constitucion."

Councillor for Trade and Youth, Maria Santana, said the most important event would be Festiballix, where there will be the official tribute to Sabina 500 Noches, as well as performance by groups Contrabanda and Ley Seca.

On Saturday, August 26, according to Santana, a series of Indie concerts will take place, with bands Neuman, Napoleon Solo and Break the Senses performing.



GARCIA AND SANTANA: Discuss the summer cultural programme.

The councillor also explained some of the summer's activities will take place across the town's most emblematic sites, including Plaza Joaquin Lobato, San Francisco, the Beniel Palace, Real de la Villa, Shops, Salvador Rueda, Plaza San Juan de Dios, Felix Lomas, Plaza de El Carmen, the Cerro de San Cristobal and La Fortaleza.

She added a food tasting area will be installed in Plaza Joaquin Lobato and Plaza San Francisco and Calle Las Tiendas will host handicraft workshops. Finally, children will also be able to take part in the summer cultural offerings with a children's area on Plaza San Juan de Dios, while craft fans will enjoy food trucks and craft stalls on Plaza de la Constitucion.

Flamenco fundraiser

ACOMPALIA (the Granada palliative care charity), Pepe Luis Habichuela Carmona and Almuñecar are delighted to present the flamenco charity concert 'Flamencos por Acompalia,' (part of V Ciclo Flamenco ciudad Almuñecar).

The concert will take place on Sunday August 6 at 10pm in Parque El Majuelo, Al-

The charity night will showcase international stars including:

Compere: Elena Furiase.

Singers: Estrella Morente, Pitingo, Pepe Luis Carmona Habichuela, Montse Cortes, Solea Morente, Kiki Morente.

Dancer: Alba Heredia, Guitar: Juan Habichuela Nieto, Carlos Carmona, Petete de Grana.

Bands: Antonio Arias, Juan Codorniu, David Fernandez, Los Gin Tonic.

Musicians: Kostan Gonzalez, Juan Jose Carmona, Jose Maria Cortina

Tribute to Ketama: Lucas Carmona, Cheto Muñoz.

Choirs: Luisi Carmona, Antonia Heredia.

Last year, when Pepe Luis Habichuela Carmona told Acompalia he would be delighted to be their Patron, they had no idea that he would throw himself into the job with such drive and enthusiasm.

He wanted to put on a concert, he wanted it to be big, to hit the headlines, to make a



CHARITY CONCERT: Will showcase international stars.

difference. He has succeeded. In his flamenco tour of Spain over the last few months, he has enlisted some of the most famous names in flamenco that will support the August concert by appearing free to ensure they raise as much cash as possible to help the charity build a Palliative Care

Centre in Motril.

But it is not only about money. The prestige will put Acompalia in the front line and they will reach many new friends and supporters.

Buy your tickets on the website at: https://acom palia.org/news/flamencoconcert-2017.













It makes you sick!

GOOD FOOD, **GOOD WINE AND GOOD FRIENDS** WITH GARRY WAITE



OOD poisoning is one of the most dreaded illnesses and is a nightmare for hoteliers and restaurateurs. But, despite the UK having the highest food handling standards, caterers are still making hazardous mistakes in the kitchen according to the Royal Society for Public Health (RSPH).

Here in Spain we also have very high standards for handling and storage. But despite continuous training and impressing on staff how important food hygiene and handling is, basic mistakes are still made. Most of those mistakes could be avoided if common sense (that wonderful oxymoron) was

Washing your hands when going to the loo might be the obvious, but more germs are picked up from the door handles than anything so best to keep an antibacterial wash - like hospitals use - outside of the toi-

The invention of hand driers was meant to cut the bacteria down but it was soon discovered that if not used properly the heat on the moist hands actually increased germ spread. They are now much more efficient and hotter - which tends to kill most bacte-

On that subject staff who contract sickness and diarrhoea, in an effort to prove what good workers they are, come back to work too early. Severe attacks take longer than 48 hours to clear the system and de-



Party time for germs! Bleach those boards

spite feeling better, bacteria can still be transmitted through body pores and finger

Personal hygiene - or lack of it - is one of the many causes of illness but the handling of food can be far more dangerous. Bacteria thrives at temperatures of between 5°C and 63°C so buffet restaurants which leave their dishes out for more than an hour or two is one practice putting people's health in danger. Never did like buffets or carverys!!

Kitchens that leave food out too long without preparing it or returning it to the fridge is another. Cross contamination when preparing different foods. Preparing raw chicken then picking up another product without washing hands thoroughly.

Chopping boards that are used for the same products. Restaurants have different colour boards for different preparations. Fridges are checked regularly but staff have to be aware that the food inside should be probed as well.

There is an ad on TV at the moment for

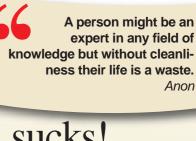
Dettol (I think) where a woman is seen to be wiping down a surface with a piece of raw chicken, claiming that that is as dangerous as using a dirty dishcloth! How many of us wash our dishes and surfaces and then leave the cloth to dry overnight? Thus spreading pathogens when re-used the next

I remember when I employed a young chef, who had been working in a UK hospital, many years ago he said he was disillusioned with hospital kitchens as the standards of hygiene were not up to what he had been taught at college. The final straw, he said, was when the chef told him to unwrap the frozen chickens, put them on trays and put them straight into the oven. Well they do say in the UK if you want to get ill, go into a hospital.

PERIAL

GRAN RESERVA

(Next week I will write about Oysters and their relationship to food poi-



This sucks!



CHUCK IT: Plastic or biodegradable? SUCK IT.

IN a bid to further reduce the amount of plastic that litters our world, some pub chains in the UK have replaced their plastic drinking straws with biodegradable paper straws. The Liberation Group claims that it is the largest pub group to make such a move, phasing plastic straws out from all of its 100-strong pub estate across the Channel Islands and the West Country.

Explaining their decision, Liberation pointed out that plastic straws are made from polypropylene - a petroleum product designed to last forever. The straws are particularly harmful to marine life, with more than one million sea birds and a hundred thousand marine mammals killed by plastic waste each year.

As discussed on this page over recent months, there are more than five trillion pieces of plastic floating in the world's oceans, according to a 2014 study published in a Public Library of Sci-

Marine experts fear there could be more plastic than fish in the ocean by 2050, measured by weight, according to a factsheet from the Ellen MacArthur Foundation, a UK-based charity working to end waste in the economy. As part of Plastic Free July, the Liberation Group is supporting the local 'Straws Suck!' campaign. The campaign involves stopping the use of plastic straws and switching to biodegradable alternatives. Liberation pubs will be encouraging their customers to join the campaign and cut plastic waste through social media and on its pub blackboards with the #refusethestraw hashtag.

Jayson Perfect, - great name - managing director - Pubs and Inns said: "Our pubs use millions of straws each year, so we see the switch really benefiting the environment. Plastic straws are a blight on our coastlines, marine life and our oceans. This is a problem which is entirely avoidable. As an Island company who supports many charitable organisations, I feel we also have a moral obligation to support helping marine mammal life

Liberation Group's move follows a similar one by Oakman Inns and Restaurants, which banned plastic straws in April this year. It also offers eco-friendly alternatives.

(some content thanks to the Caterer and Hotelkeeper)

850,000 The number of people affected by food poisoning last year in the UK

500

the number of people who died with a food poisoning related illness

500

the number of people affected by the norovirus at The Fat Duck

£200,000

the amount that Heston Blumenthal (not the clients) received in compensation

Imperial, it certainly is

WHEN I first came to this part of the world we had little choice at the time but to drink Rioja. That or we were sufficiently uneducated as to the other wines available, although most restaurants and supermarkets relied heavily on the wines from this area. One of the wines that was among our favourites - and I can't remember the last time I drank a bottle - was CVNE. Which is also the name of the bodega (Compania Vinicole del Norte de Espana). While CVNE itself was a good drinking wine the bodega produces some of the finest Riojas available, quality price into consideration The best known being Imperial and Viña Real.

Imperial had a very Bordeaux style and the Viña Real, Burgundy. Years 2009/2010 are two of the best vintages in the Rioja; and the Gran Reservas of both these wines have made their mark on the wine buffs; With Robert Parker and James Suckling both rating them in the high nineties. While buying a very quaffable CUNE roble or crianza will only set you back seven or eight euro, the Gran Reservas will be a special treat at around 50€ a bottle. Saludos.

*Garry Waite is a foodie and restaurateur and Hospitality Management Consultant. If contemplating setting up an operation, or having problems with an existing project contact him on garryphwaite@gmail.com.

I suppose the reason we liked these wines, having been more accustomed to drinking French wines, was that

On that note! I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

Advertising feature







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EURO PRESTIGE (EP Group) are distinguished property developers and fully registered real estate agents with a wealth of experience in sourcing, valuing and selling properties and land in Spain.

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with 30 years of experience, the bilingual property experts have an unparalleled level of property knowledge and will assist and advise you in any way they can.

Their established showrooms in Torrevieja and Marbella are open seven days a week throughout the summer for local property viewings and in addition to assisting individuals already in Spain, they provide weekly viewing trips for prospective buyers from most European countries.

These relaxed one to one property inspection trips are completed over three to four days and include flights, accommodation and all main meals. People wishing to participate on a private viewing trip simply have to provide their preferred dates, £99 per person payment and full details of the types of properties they wish to see and what areas of southern Spain they prefer. The first viewing trip to Spain was arranged in June 1985 and since then, they have continued to be hugely successful, helping thousands of people find their home in Spain. They are proud to boast a portfolio of 10,000 happy clients and no litigation cases against them, so you know the group is one you can trust.

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sales staff look after clients before, during and after they have found their perfect property.

If you're interested in buying in Spain, have found a Spanish property online that you like or simply want to find out more, the team will be happy to discuss with you further your requirements. Or if you would like to book a viewing trip, call the UK 24-hour sales line number on 0044 7968 421312.

Alternatively call the Costa Blanca/Murcia showroom on 966 704 216 or the Costa del Sol showroom on 952 926 851. Visit www.spanishlegalhomes.com or email sales@epspain.com.

Celebs selling in Spain

NEWS that Michael Douglas has slashed the asking price for his Mallorcan estate by a third puts him in elite company among celebrities desperately trying to shift their Spanish property.

The Hollywood star reduced his demand for s'Estaca, an 11 bedroom, 10 bathroom affair furnished with "indescribable luxury" according to the sales pitch, from €50 million to €40 million. This summer it went down again, to €36.5 million.

Douglas invested heavily in the historical property and appears determined to make at least some profit. But he's not the only star perhaps holding out for more than the market can muster.

On the mainland disgraced former England manager Sam Allardyce is still trying to sell his Costa Blanca villa. Big Sam's



ON THE MARKET: Sam Allardyce's luxurious Costa Blanca pad.

Moraira property has five bedrooms, a wine cellar, elevator and terrific views.

He went there for time to "reflect" after his sacking just months into the England job and ended up deciding to sell the place. It has been on the market for €4 million since spring,

with no serious interest recorded.

Back in Mallorca, another sporting star is desperately trying to raise funds. Former tennis champ Boris Becker has been declared bankrupt, making his island villa a key asset likely to be seized and sold.

Cheapest place on the coast

WITH prices soaring along Spain's Mediterranean coast there is now only one province where a decent-sized apartment can be rented for less than €500 per month on average.

A 90 square metre apartment in Castellon, just north of Valencia, will set beachgoers back €477 per month, the cheapest average on the whole coast spanning from Girona to Cadiz.

The data comes from real estate portal Fotocasa, which periodically publishes rental costs and their evolution over time

Fotocasa's analysis shows that there has been a 9.4 per cent year-on-year increase in rents across Spain. The average cost is now €8.11 per square metre, which is €730 per month for a 90 square metre flat.

Despite its proximity to the coast, and thriving hubs of Valencia and Barcelona, rents in Castellon are far below the Spanish average. In Girona the same flat would set tenants back €1,158, almost triple the

cost in Castellon.

In Alicante and Valencia averages for a 90 square metre flat stand at €587 and €664 respectively.

Castellon, at sub €500, is by far the cheapest on the coast.

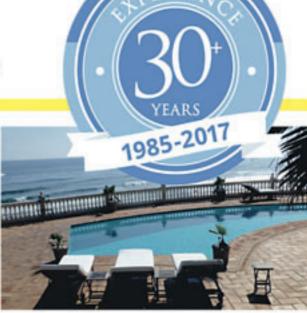
But it may not last long. The province is also witnessing some of the fastest growing rates. Prices shot up by 5.5 per cent across the province last year, and by 9.1 per cent in the capital, La Plana.













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MANY people have miniature jungles on their balconies and roof terraces but if you're not particularly green-fingered and want to have a crack at 'growing your own,' mini herb gardens are a great way to start.

Balconies can be perfect as usually, they get plenty of light and sunshine to help out even the most novice gardeners.

Although many supermarkets sell herbs, they have probably been sitting under fluorescent lights for a while so try to buy from a garden centre in-

If space is limited, try to buy

Herbal life

the same amount of potting mix as you need for your pot. Leftover bags of soil just take up space.

Herbs can be planted in any

sort of container - window boxes, troughs or even a bucket - as long as they have holes in them for drainage. Small buckets are great, as they can be taken straight into the kitchen for cooking.

It is easier to plant one herb per pot. If you do mix them in a pot, don't put rosemary and mint together as they have a tendency to take over.

Picking the leaves of your herbs will encourage further growth and you will be rewarded with well-established plants.

Herbs like a lot of water, at least once a week, but more during the peak summer heat.

As it can be easy to confuse certain herbs, keep the information card you get with them for easy reference.



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GRAEME TYRRELL

IF you are looking for an attractive, colourful shrub or trailing ground cover with a long flowering season that is hardy, requires minimal soil improvement, is low moisture tolerant and attracts butterflies then you should be considering Lantana.

There are two forms. Lantana camera, the shrub and Lantana montevidensis, the trailing species. Lantana is also known as Wild Sage, Yellow Sage, and Shrub Verbena as it is a member of the Verbena family of plants.

The strikingly bright coloured flowers that form in groups come in many different shades including orange, red, yellow, white, pink and lavender. The colours may vary depending on climate, location, maturity of plant and once pollinated, the colour of the tiny individual flowers change (typically from yellow to orangish, pinkish, or reddish) giving the effect of multi-coloured flowers.

Lantana tolerate a wide range of climatic conditions, including drought, different soil

Lovely Lantana

types, heat, humidity and salt, making it a very suitable addition to a Mediterranean garden. Its downside is that it produces abundant seeds and may escape the domestic garden and colonise open areas where it can become invasive. It is best to prune off as many berries as possible before they mature to reduce the distribution of seed.

Many consider it poisonous due to animals consuming large quantities developing fatal liver conditions. Generally the toxicity is very low if accidentally consumed in small quantities, which is not recommended of course, but there are few reports of major incidents from people accidentally ingesting the plant, suggesting it is considered only mildly irritating to most people. Still take care not to allow children and adults to consume any parts of the plant.

It grows well in a container with a well

drained potting mix placed in a position with plenty of sunlight. The container should not get too hot though as this will damage the root system. In the garden the shrub looks good alone or in groups and the trailing species makes a great ground cover and overhanging plant on terraced retaining walls or slopes with their white and mauve flowers.

Water them regularly while getting them established but don't saturate the soil. It prefers some moisture but dislikes water logging. Once established they will need to have moisture in the soil to do well but do not need excessive watering.

Keep the plant compact by pruning back a third of the growth in late autumn when the flowering is finished. Regularly deadhead the berries forming after flower petals drop.

The shrub can be shaped into a miniature tree form, or standard.

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GRADULLY introduce changes in your dog's routine as soon as you know baby is on the way - if he does not connect them with the baby's arrival he has less reason to be jealous.

(a) Your dog should not be the centre of attention at all times, and should not sit on your lap (if at all) only when invited by you.

(b) Get him used to being away from you sometimes in another room, or indoor kennel ('crate'), and ban him from the nursery.

(c) Take a refresher course at a training school, and think about practice walks with the pram - it can be trickier than it sounds!

(d) Check with your vet about canine hygiene and

When your baby is born your dog may be left for hours while you are in hospital, or upset by the excitement if you are at home.

Arrange for someone he knows to look after/walk him.



It is an old wives' tale (letting your dog drink breast milk or play with dirty nappies) this will not help your dog and

baby to become friends, but sending home a blanket that the baby has slept on may help your dog to get used to

When you come home let someone else hold your baby while you greet your dog; introduce them later when he is calm.

Do not try to keep your dog and baby completely apart you won't be able to keep it up! Teach them both to interact calmly and gently, no licking by the dog or grabbing by the child.

NEVER EVER leave dogs alone with babies or young children; shut your dog out of the room or pop the baby in a secure play-pen. This applies every time you use the bathroom, answer the door/phone or get a meal. It is NOT a matter of 'trust.' Toddlers can accidentally injure or alarm dogs (eg by falling on them)

and startled dogs may react impulsively, lashing out or

Your dog may have to wait in the queue for love but he still needs you.

Always having the baby nearby when giving him attention encourages your dog to accept having her around.

The most tolerant dog needs peace and quiet sometimes; allow him a place (eg his bed) he can escape to without being followed. Allow the child to go there at other times to prevent it becoming an exclusive area which he feels entitled to de-

When your baby starts to crawl and walk teach your dog to step back out of her way in doorways and on stairs.

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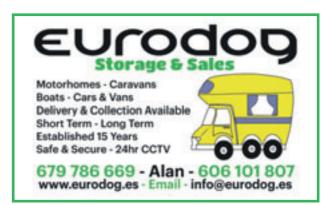






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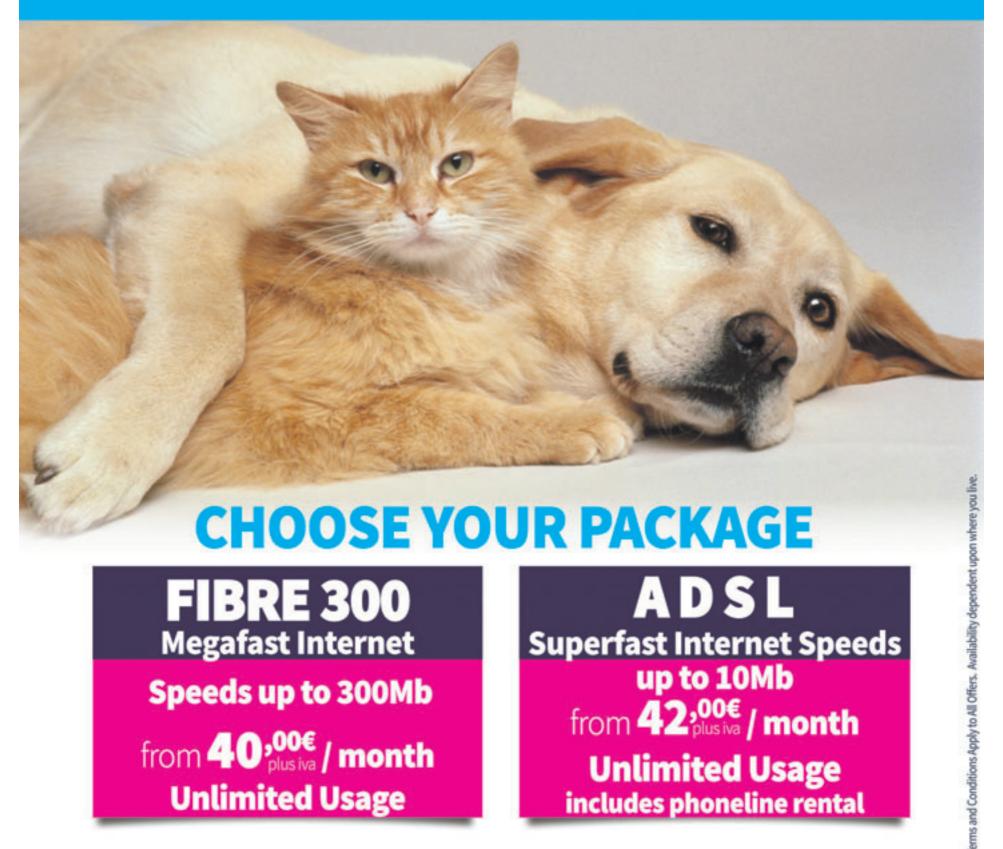


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Scandal strikes Mercedes

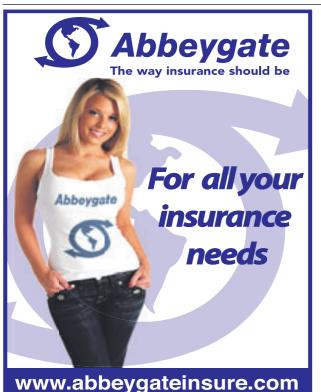
MERCEDES is reeling from its own emissions scandal after owner Daimler was forced to recall almost three million diesel cars across Europe. Owners of every diesel-run Mercedes sold in the UK since 2011 have been urged to take their car to a local garage to get a software update.

The update will reduce the amount of toxic pollutants released by the cars after a police investigation uncovered potential manipulation of emissions results. Daimler garages and offices across Germany have been raided.

Charges of fraud and false advertising are being drawn up against company employees. The German giant has pledged to fully cooperate with the police investigation. It faces a \leqslant 220 million bill to reduce emissions on the three million affected cars on the continent.

A precise breakdown of the number of cars or vans to be recalled in each country has not been provided. In Spain it is likely to be in the hundreds of thousands.

Daimler customers can expect an invitation to take their car into an official dealership to receive the software update.



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SPV RACING: The team had not previously raced at the Austrian track.

(§) Abbeygate

Brilliant fifth place after pole position

SPV on the up!

SPV RACING with drivers Alvaro Fontes and Andy Cummings finished fifth after starting in pole position in the Michelin Le Mans Cup at the Red Bull Ring near Salzburg in Austria.

Andalucian driver Alvaro Fontes put on his best performance in the Michelin Le Mans Cup of 2017 in the team's Ligier-Nissan JS P3 LMP3 together with Brit Andrew Cummings.

Although the team had not previously raced at the Austrian track, they quickly adapted and gradually improved the speed of the car during free practices. The best was to arrive on Saturday in the qualifying session where Fontes secured pole position for the two-hour race with a perfect last lap, beating the Norma-Nissan M30 of DKR Engineering and the second best Ligier from N'Race.

TUPO!

top three during his stint. Some positions were lost during the race though, but Cummings finally took the Ligier-Nissan to fifth position, putting a perfect finishing touch to the Austrian weekend.

Team manager Lars GV Lindberg: "We are so happy with this result, it was really nice to see the speed of the drivers and our Ligier all through the weekend. Now we are all looking forward to continue the season on August 26 in Paul Ricard, France."

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Classic Car Club of Andalucia

The ninth birthday celebrations

OMING soon, in September, the Club reaches it's ninth birthday and, as usual, will celebrate that with two great events. There will be a party with live music on Tuesday the 5th at Treetops in El Chaparral.

Then, on Saturday the 9th, there will be a special classic car run organised by Ian and Carol Giles, which will finish at Avanto Beach Club near La Cala where a lunch party will be held. Already that amazing rock-n-roll band 'The Memphis Trio' have been booked to provide entertainment for dining and dancing. Lunch will be served outside on the terraces overlooking the beach and pool area which is terrific fun and provides a wonderful atmosphere. Don't miss this

The monthly classic car runs are open to paidup members of the CCCA with a genuine classic car ie a car that is either over 25 years old or has a particularly strong provenance or pedigree that the Club will accept. The Club does stretch the point to encompass 'modern classics' wherever possible and, as such, will permit such things as modern Porsche 911s, Aston Martins, Rolls-Royce, Morgan, Bentley, certain Jaguars and similar vehicles.

Whilst the club wants to encourage membership, and doesn't want to deter genuine enthusiasts, what it doesn't want is modern silver boxes!

There is no fixed definition of what qualifies as a classic car and this is something that is debated ad infinitum by classic car enthusiasts but, a general rule, is that the car must be 25 years old, in good condition and with some history or provenance. A 'modern classic' is even more difficult to quantify! Generally accepted are such things as the Mercedes E-Class, coupe and

Motoring correspondent Ian Giles reports on the latest news from the Andalucia Classic Car Club, the most successful such society in the area and probably in Spain with over 600 members.

cabriolet, the Jaguar XK and XKR, the Alfa GTV, SL Mercedes, and such similar vehicles.

Some cars are accepted as classics irrespective of age and an example would be the Lotus or Caterham 7, any Morgan, Ferrari, Bentley, Lotus and many low volume production cars.

Investing in Classics

Classic cars are, without doubt, an excellent investment and regularly outperform tangibles such as art, wine, gold and silver etc. Unfortunately, there are too many people out there trying to palm off simply 'old' and 'tired' cars as classics and expecting the same returns that other treasured, genuine and immaculate cars are getting. There is a lot of 'tat' out there masquerading as a genuine classic. A visit to a classic car auction will quickly highlight this! If you're looking to buy a classic to enjoy driving, and have as an investment, it's not a bad idea to enlist the services of a professional or, at least, a knowledgable person from the world of classic cars

Classic cars need not be expensive, especially when taking those first steps into such ownership. I regularly advise potential new CCCA members to start with something inexpensive and reliable. A great example of this is anything Mercedes from any recent decade. The 80's are providing the cheapest cars at this moment and E-Class



still be bought for around £5,000. Mazda MX-5's are the bargain of the year in my opinion. Any year is acceptable to this Club but early versions are ridiculously cheap at the moment. I'd snap one up while the going is good. They will rise soon. Mercedes SL models from the 90's are still quite reasonably priced but they are set to rise and, in fact, have already started to do so. Grab one now before they sky-rocket!

I see in a recent issue of the magazine 'Classic Cars' that they had a feature on classic car bargains for those using big V12 engines. Very interesting was the range of cars available that could provide huge entertainment together with good investment credentials. The price range was from £5k - £40k. These cars included Jaguar, Ferrari, Aston Martin, Mercedes and BMW. Not bad at all!

For anyone interested in acquiring such classic machinery, membership of a classic car club is essential and there is only one to consider in southern Spain...

Until next time.







Hot stuff but the CCCA keeps going!

THE weather may now be at its hottest of the year but the CCCA keeps on with its programme of events regardless!

Many clubs close down for the summer months but the CCCA considers continuity to be essential and even its July and August events are very well supported. The classic car run in July produced around 90 happy participants and the August events promise to be well supported.

What's coming soon?

THE Club has it's regular monthly dinner on Tuesday, August 1 at 'Treetops' restaurant at El Chaparral Golf Club where dinner is served out on their beautiful terrace which generates a gentle breeze and a marvellous 'ambiente.' Non-members are very welcome to attend this social evening, as are guests.

The classic car run for August is being planned now by CCCA member Claudia Langer and will take place on Saturday August 5. Final details have yet to be announced but it seems the event will start near Torremolinos and finish near Marbella. As always, a good lunch will be a major part of the package! To participate in the classic car runs, membership of the club is necessary. More information will be sent to members by email nearer the time.



Further information on Classic Car Club of Andalucia events can be found on the Club's website www.cccandalucia.com. Membership of this vibrant club is open to anyone owning a genuine classic car here in Spain. Saca tu coche clásico del garaje y diviértete con el.

AMERICAN Jordan Spieth won the 146th Open Championship at Royal

Birkdale which attracted a four-day record crowd of 235,000.

Axarquía's best guide to local sport

GINS at Añoreta and Baviera

NERJA SOCIETY was pleased to welcome Mr Captain and Mrs Lady Vice Captain to Añoreta again but unfortunately they did not get in the prizes.

The overall winner was decided on the back nine with Sean Daley getting the better of John Millward by one point, both with a great score of 36pts, next best Robert Durston with 35pts and the best lady, beating Lady Vice by one point, was Marisa with 30pts.

They played great and the work they have done on the

course is showing through.

AÑORETA

INDIVIDUAL STABLE-

OVERALL WINNER Sean Daly Handicap 18

LADIES

1st Marisa Elias Garcia Handicap 18

MEN

1st John Millward Handicap 9 2nd Stewart Green



AÑORETA: The winners of the Individual Stableford.

Handicap 6

TWOS Granville Hirst 9

At Baviera, they initially had a perfect 6 4 Balls for

After some head scratching and calculating, it was settled that they would get 20 per cent handicap to compensate.

In the end the scores were very close. The winning BAVIERA

TEXAS 4 BALL SCRAMBLE

1st TEAM John Dyson, Ian Paterson,

BAVIERA: The winners of the 4 Ball Texas Scramble. John Blanco, Rafael Mar-

tin, Clive Akid and Marney

3rd TEAM

Graeme Birch, Robert Durston, Jim Paton and Mike Moses 64.04pts

Prizes, for summer drinking, were cava and



the Texas Scramble, but team came in with a gross Bob Blair and Marlyse Blair with a couple of unavoidof 67 and net of 58.9, just beating one of the three able dropouts, two teams had to make do with three balls on 59.6. 2nd TEAM sparkling rose.

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