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## News

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ISSUE No. 1677 || 24 - 30 August 2017 **COSTA BLANCA SOUTH » YOUR PAPER, YOUR VOICE, YOUR OPINION** WWW.EUROWEEKLYNEWS.COM

**dfs**  
San Javier

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## Animal attacks slammed

# Poisoned

A spate of animal poisonings has sparked outrage.

Two dogs were killed within a week in the Pintor Sorolla area of Santa Pola, leading furious animal activists to organise a petition which has already attracted hundreds of signatures.

They claim that the lack of a quality dog park in the town centre means they are forced to exercise their pets in parks and other open spaces, aggravating certain residents.

Both of the dead animals reported to have consumed poisoned bait while being walked, and the Association of Pet Owners of Santa Pola and Gran Alacant claims the product used is also dangerous for wildlife and children playing in the area.

"There is just one small dog park in El Calvario and it is not big enough or accessible for



Photo credit Twitter

**UNSAFE?** Caleta dels Gossets.

many people, and the one in Gran Alacant is very far away," the group said in a statement.

"In addition, there are two species of protected gulls in our town, and if any individual of these was damaged the culprit would face a severe punishment."

The council say dog-owners are well-catered for with two parks plus Caleta dels Gossets

beach, however, despite recent concerns the latter is dangerous after a dog was killed by a car.

In Orihuela Costa, the Guardia Civil has launched a probe after seven stray cats were found dead or dying on Calle Langosta.

A local woman has apparently been infuriating some neighbours by providing daily meals for up to 20 of the animals. Feral cats are a major issue along much of the Costa, and a number of councils are now taking steps to stop them multiplying.

## Multiple arsonist held

A MAN has been arrested in Murcia for allegedly starting eight forest fires in Abaran and Blanca.

The arrest came after a series of forest fires at the start of August, one affecting a 15,000 square metre area, in Tollos de Blanca showed signs of being intentionally started.

Another four fires in Darrax also appeared to be intentionally started, affecting a total area of 1.7 hectares.

Thanks to collaboration between the police and eagle-eyed residents, a 20-year-old Spanish man was arrested.

**BRICO**

**DEPOT**

See offers on page 23

**TERRA NATURA**  
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Go to page 43

**NEWS EXTRA**

**Young wage**

THE average monthly salary for a young person between 18 and 25 in Alicante is only €440; an annual rate of €5,273, lower than the state average.

**All voters**

ELCHE will be launching a campaign to ensure the estimated 100,000 people in Spain who do not vote because of their disabilities will be able to do so.

**Burn out**

A FIRE in Urbanisation Mar Azul in Torrevieja has burnt out three cars and is the latest of a series of similar incidents in the area over two weeks.

**Sea rescue**

TWO firefighters from Alicante have taken their search dogs with them to help in the search for an 11-year-old boy who got lost at sea on an inflatable bed.

**Fire help**

ENVIRONMENT authorities in Alicante have finalised a plan of subsidies to be given to a number of municipalities to develop action plans to fight local forest fires.

# Dirty money!

## Cash scammers held

TWO men have been held in connection with a counterfeit money scam in Elche.

The men - both Nigerian nationals - were detained at a routine checkpoint when their car was searched and a complete set of equipment needed to produce fake notes to avoid them being detected. They found a plastic bag hidden in the car containing three bottles of special liquid and a large, sealed pack of paper cut to the exact size of a €50 note. The method is known as 'wash-wash.'

The 'wash-wash' is a scam consisting of offering the victim a large amount of fake money assuring them they are legal tender notes protected with a dye that allows passage through the customs without arousing suspicions.

During their first meeting, the conmen convince the unwary customer that the dye works as they demonstrate it on a genuine €50 note. They then distract the victim and swap



**COUNTERFEIT:** Police discovered hidden 'finting' inks.

them for the counterfeit ones.

The scammers make their money by charging unwitting dealers a hefty fee in return for receiving the fake money that they believe to be legal tender.

National Police officers have sent out a warning to any individual or business to be suspicious of getting involved with anyone who is proposing to offer earning a great deal of money in exchange for giving them a small amount in return.

**Terror attacks slated**

THE Islamic community of Alicante has condemned the Barcelona terrorist attacks in Las Ramblas.

In a statement released after the outrage, the An-nour de Alicante displayed its complete condemnation and repulsion of all criminal and unjustifiable terrorist acts such as those suffered by the citizens of Barcelona. "We reaffirm our commitment in the fight against extremist thoughts and ideologies."

The statement continued: "The Islamic community in Alicante offers our heartfelt condolences to all the families and friends of the victims. Our aim is to unite in our efforts to fight the scourge of terrorism that plagues us all and our part as members of the Islamic community of Spain."

The president of the Valencian Union of Islamic Communities, Ihab Fahmy, took part in one of the minutes of silence in the city where he condemned those who carried out the atrocities as "soulless."

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# Drug family detained

A FAMILY dedicated to the cultivation of marihuana has been arrested in Murcia.

Officers of the Guardia Civil arrested three people on the premises and seized over 100 marihuana plants and 1.5 kilos of prepared packages ready for onward distribution and selling. The operation known as 'ARKAIX' began last month when investigations pointed the police to a family living in the village of Sangonera la Seca.

## Cartagena migrants

A FURTHER three boats carrying migrants has arrived on the Murcia coast. A total of 31 people came in two separate waves from North Africa and were spotted arriving at the pier of Santa Lucia close to the port of Cartagena. They were rescued by the ship Mimosa from the maritime rescue unit, and a team from the Cruz Roja were on hand to attend to the migrants.

## Lottery success

LUCK has shined on the city of Alicante as it scooped almost €5m on the National Lottery. The winning number of 52490 was held by 82 people in the city who each had a 10th of a ticket which equates to winnings of €60,000 each and sharing a pot of €4,920,000. The winning tickets were sold from the lottery office found in Calle San Vicente.

## Fishy business

GUARDIA CIVIL officers are investigating whether a large tuna fish discovered in the boot of a Seat Ibiza car had been illegally caught in a Murcia port. Initial investigations have led officials to believe that the fish had been landed by at least three people who fled the Portman area which is well-known as being a popular place for illegal fishing of large bluefin tuna.

## SPANISH FACTS OF LIFE... 26

The Osborne group - founded in 1772 and now the second oldest business in Spain - may be famous for its brandy-sherry, but it's the Osborne Bull silhouettes that constantly steal the national limelight.

# Load of national pride

THE Osborne Bull is a symbol of Spanish culture, both nationally and abroad.

With black bull silhouettes on hilltops and roadsides in many, but not all regions of Spain, the first was erected 60 years ago, 12 months after the Osborne group of wineries - originally founded in Cadiz - ordered an artist to promote a 'Veteran' brandy.

It was set in motion by Manolo Prieto, a prolific Andalucian artist who died in 1991. He remains famous for the roadside monuments even though a personal source of disappointment given other works of which he was proud failed to gain recognition.

The Osborne Bull silhouettes started life as four-metre-high wooden figures, but in 1961 they were made from metal sheets to better withstand the weather and their height was increased to seven metres.

However, one year later new advertising rules forced the Osborne company to move them away from roadsides, and they were consequently increased in size to their present-day 14 metres so that they would be more visible.

Then in 1994 the EU banned roadside advertising of alcohol, but despite an initial campaign to see all the bulls re-



**CREATOR:** Artist Manolo Prieto who designed and commissioned the symbol

moved, public outcry saw them retained, but blacked out to remove all reference to the original advertisers.

The ruling in their favour was on the grounds that they had become part of the landscape with 'aesthetic or cultural significance.'

Their wide distribution means the Osborne bull is now associated with Spain itself, with its silhouette seen on national football flags, t-shirts, caps, towels and key-rings.

## Where to find the bulls

Osborne Bulls in Spain include those in the following locations:

23: Andalucia, 14: Castilla y Leon, 13: Castilla-La Mancha, 11: Valencia, 6: Aragon, 3: Asturias, Extremadura and Galicia, 2: La

Rioja and Madrid, 1: Basque country, Canary Islands, Mallorca, Melitta, and Navarre.

In addition a few are in Mexico, though with a different design and with an advertising function rather than a symbol of past culture!



**SPANISH SILHOUETTE:** The Osborne bull stands proudly throughout Spain.

## Zig Zag accident

TWO children have been injured in an accident on Calle Alfonso Palazón Clemares in front of the Zig Zag shopping centre in Murcia. The teenagers aged 15 and 16 were hit by a vehicle as they crossed the road and according to witnesses, the driver of the vehicle "did-

n't stop at the zebra crossing and didn't see the two boys crossing the road."

## All stored together

THOUSANDS and thousands of documents generated over many years in Orihuela will be moved to a central storage centre. They are currently distributed

across the municipality in a series of locations and the centralisation plan will save €17,000 in rental costs. The new location is only a few metres from the town hall and occupies a site previously used as a supermarket and a cinema.

## International software

THE Dar al Shifaa Hospital in Abu Dhabi, has implemented software developed in Torrevieja by technology company Tich Consulting. The hospital can computerise all information, management procedures and care processes and has been adopted in medical centres in Morocco, Mexico and Azerbaijan.

# Mayor urges fine action

JOSE MANUEL DOLON, the mayor of Torrevieja has urged the Local Police to enforce substantial fines against those people ignoring warnings on the beaches.

This call comes in the wake of record numbers of bathers needing the help of the lifeguards after finding themselves in difficulties after defying the yellow and red flags.

Current fines for such infringements can range from €750 to €1,499.

The mayor said that the request to carry out these sanctions is not a new order or a change in the law, but just a reminder to the police.

"This is for the safety of both bathers and the lifeguards," he added.

As part of its continual monitoring of the beaches, the Local Police has a dedicated group of officers assigned to the zones and their brief is to report and issue appropriate fines to those that show no regard for the warnings.

# 158

The total number of news and features which appeared in Issue 1676 of the Euro Weekly News Costa Blanca North edition, including 43 local stories.

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# PHENOMENAL EWN ONLINE SUCCESS

# Onwards and ever upwards

THIS year has seen success all the way for EWN Online, with record-breaking figures across the board.

The latest statistics clearly spell out that the website and social media are now seen as go-to sources of accurate and up-to-date news from Spain in English, attracting millions of views.

A concerted effort from the dedicated online team since the turn of the year, coupled with a commitment to honest, timely reporting has seen numbers fly, with a staggering 55,000 hits received on just a single day earlier this month.

Social media platforms have demonstrated a similarly impressive rise with Facebook followers now



numbering close to 22,000, far outstripping traditional rivals, and audience participation at an all-time high.

From here it can only be onwards and ever upwards!

**STORY OF THE YEAR: This article attracted 42,000 views.**

## This year so far

THE hard work and dedication of the EWN Online team has been rewarded with a bumper boost in website users, with a record 2.5 million visits so far this year.

As the internet is constantly evolving, it is important to adapt, and with more than 50 per cent of readers visiting the EWN website via their mobile phones in 2017, compared to 37 per cent in 2016, it is clear that

changes can occur quickly with the right approach.

And with nearly 22,000 strong followers on Facebook - and 10,400 on Twitter - the EWN is and will continue to be highly engaged with the expatriate community.

From this solid base the aim is now to continue to grow and offer factual news, as it happens, while consolidating the hard fought position of Spain's best online English-language newspaper.

With more than half a million views expected this month alone, all at EWN Online would like to say thank you to all our readers for supporting us and continuing to engage with our digital products.

**2017 in figures**  
 1 • 2,520,000 page views  
 2 • 55% visited the website on their phones  
 3 • 742,947 new website visitors  
 4 • 2,891 new followers on the EWN Facebook page  
 5 • 3,605,003 people saw EWN Facebook posts

euroweeklynews.com  
**Poll of the week**

**Should horses be bred for food as they are in areas such as Valencia?**  
**LAST WEEK'S POLL:**  
 Looky looky men: Do you feel they are good or bad?  
 Bad = 73% • Good = 27%

**FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE**


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**TRIVIA FROM AROUND THE WORLD**  
 The Vatican's Swiss Guard still wears a uniform inspired by the Renaissance painter Raphael Sanzio, who lived 1483-1520.  


In a twist of irony, Louis XVI of France felt former ways of execution were inhumane, so he encouraged doctors to create a new method, which led to the guillotine. He was later beheaded by the very same device.

★★★★★★  
**Did you know?**  
 The largest diamond discovered was the Cullinan, found in South Africa in 1905. Weighing 3,106.75 carats, it was cut into the Great Star of Africa (530.2 carats), the Lesser Star of Africa (317.40 carats) and 104 other diamonds of nearly flawless colour and clarity. They now form part of the British Crown Jewels.

**Lost in translation**  
  
**LET US DO THE BIRDS FRIEND**  
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Little bits on the side

# Costa Blanca strengthens security

FOLLOWING the attack on Las Ramblas in Barcelona, municipalities up and down the Costa Blanca took their own immediate security measures.

Torreveija Council were one of the first to cut off and reinforce potential vehicle access to public places, particularly along the seafront close to the fairground and the port.

In the immediate hours

after reports of the Barcelona incident came through, Local Police vehicles blocked the Juan Aparicio promenade to stop any vehicles mounting the pavement and getting close to the busy pedestrian area.

Mayor Jose Dolón reported that the council had already begun to source and purchase a number of permanent fixtures that can be erected to prevent such

atrocities taking place in Torreveija.

During his announcement José Manuel Dolón took the opportunity to express the total dismay and hurt this cowardly attack on people enjoying themselves has left on the people of Torreveija. "Our solidarity has to reach all the families of the victims and all the people who have been affected by this incident."

## Till robber found

NATIONAL POLICE have arrested a 35-year-old man in Elche for allegedly stealing a cash register from a fireworks shop.

The suspect was reportedly hanging around in the vicinity of the shop for some

time before entering and threatening the cashier with a pair of scissors.

Police were called and even though the robber fled the scene, he was later caught in Elche after a short search of the area.

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## Argy bargy



**JAMES ARGENT: Moving to Spain.**

JAMES 'ARG' ARGENT, one of the best-loved original cast-members of ITV's *The Only Way is Essex (TOWIE)*, is permanently swapping the UK for Spain after being offered a residency in Marbella.

The slimmed-down star has told fans he is looking for somewhere to live on the Costa del Sol after accepting a job at pal and former co-star, Elliot Wright's, restaurant, Olivia's La Cala.

Arg, who lost considerable amounts of weight after entering rehab in Thailand earlier this year for substance abuse, explained he is looking forward to moving to sunnier climes, telling a publication, "I've been offered a residency next year at Olivia's, I accepted the offer straight away. I'm in the process of finding a property in Spain and I'm going to be moving there. The residency will be for the whole summer. I'm so excited, it's a fresh start."

# Come on, Vogue

TV presenter and model Vogue Williams has arrived in Ibiza with the man she met taking part in *The Jump* where she was injured and he was declared winner.

It appears that Vogue and Spencer Matthews, the reality star first seen on *Made in Chelsea*, are now inseparable, except when one or the other has to become involved in another TV programme.

They are however making up for lost time whilst soaking up the sun and cruising on this Ibiza holiday.



Photo Credit: Vogue Williams Instagram

**VOGUE: Shows off her model looks whilst at sea.**



**LIL ALLEN: On holiday in Ibiza.**

## Allen aboard

LILY ALLEN was photographed queuing with other passengers as she jetted home from her Ibiza holiday.

The 32-year-old *Smile and Not Fair* singer was spotted looking loved-up with her boyfriend, DJ Daniel London, who she has been with since splitting with her husband, Sam Cooper, in June last year.

The songstress, who was holidaying without her children, Marnie, aged four, and Ethel, five, updated her Instagram followers on her trip, posting photos of herself looking toned in a bronze-coloured bikini, and posing on a rock. The brunette appeared to have enjoyed a fun-filled holiday, going on a yacht trip, as well as horse-riding and snorkelling.

Heading back to the UK, the singer's boyfriend helped keep her entertained in the airport's long queues and was pictured wrapping his arms around her as she checked her phone.

## Beach babes

SADIE STUART, fiancée of reality TV personality and restaurateur Elliott Wright and her mother Julie were spotted sunbathing at Bono Beach.

Accompanying them were TV cameras as they were being filmed for the new ITVBE special, Elliott Wright: *The Wedding* which will be broadcast later this year.



Photo Credit: SM

**Julie and Sadie at Bono Beach.**

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# Race to hit the Costa Tour thing

WITH tyre grooves well-worn from the Tour de France, many of the world's greatest cyclists have now crossed a new hurdle across the border into Spain for the 2017 Vuelta de España.

Among them are current Tour de France champion, UK's Chris Froome. Cycling enthusiasts amongst others will be able to get a glimpse of their hero as the peloton makes its way along the Costa Blanca

as part of the tour.

It all got underway from last Saturday's first stage departing from Nimes in France and will be passing right along the Costa during this Sunday August 27 where starting at Orihuela Costa, it will pass through Torrevieja, Guardamar, and La Marina following the N-332 through El Altet, past the Alicante-Elche Airport and along to Benidorm and beyond. The 174km stage ends at Cumbre

del Sol in Benitachell.

Stage 9 of the tour leaves Orihuela at 1.26pm precisely.



Photo credit: Twitter

**GLIMPSE OF GOLD:** Tour de France Champion, Chris Froome is competing in the Vuelta.

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<p style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; font-size: small;">X-MAS CRUISES 2017:</p> <p><b>22.12.2017 - 8 days MSC Meraviglia from Barcelona</b></p> <p style="background-color: red; color: white; padding: 2px;"><b>From 589€ + 190€ tax</b></p>	<p><b>19.12.2017 - 12 days MSC Orchestra from Barcelona</b></p> <p style="background-color: red; color: white; padding: 2px;"><b>From 799€ + 210€ tax</b></p>	<p><b>30.12.2017 - 13 days MSC Orchestra from Barcelona</b></p> <p style="background-color: red; color: white; padding: 2px;"><b>From 1,189€ + 210€ tax</b></p>

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## Three stabbed in port fight

A WOMAN has been arrested following a fight in the port area of Alicante that ended up with three people being stabbed.

Two of the victims are Algerian nationals of 17 and 29-years-old and a 20-year-old Spanish woman, with one of the men needing emergency surgery at the Alicante General Hospital after receiving a stab wound to the stomach.

The incident happened after an argument in one of the bars in the popular nightlife area in the port which ended up as a major fight.

At first, the detained woman - who was apparently with her own friends in the bar - fled the scene but was later found and arrested by police.

# Hot pursuit



Photo by Google Maps

**DRAMA:** Calle Querubina Jimenez where the car mounted the pavement and sped off.

A CAR thief is awaiting trial following a dramatic high speed chase in Santiago de la Ribera.

He almost caused a series of crashes and was close to ploughing through a group of young people walking along the promenade. A member of the Local Police was also yards away from being knocked down.

The incident had its beginnings when the owner of a Toyota Land Cruiser report-

ed his car stolen from in front of his house. Within minutes of the alarm being raised, a police patrol car in San Javier tried to intercept the vehicle but the driver took flight at high speed along the AP-7 at Sucina in the direction of San Pedro del Pinatar.

The stolen car continued along the motorway at maximum speed evading the three chasing police vehicles until it took the exit to Santi-

ago de la Ribera. The car then mounted the pavement on Calle Querubina Jimenez and continued along to the Yacht Club before ending up on the beach front and coming to an abrupt stop.

The car thief - a 32-year-old Ukrainian national - fled the area on foot and was eventually caught and restrained with handcuffs after a heavy struggle during which three police officers suffered minor injuries.

## OUR VIEW

### Catalonia mourns

SADLY it was bound to happen in Spain at some time, but the terrorist attack in Catalonia certainly grabbed headline news around the world.

If there is any consolation coming out of this dreadful sad affair as well as the subsequent knifings in Finland is that these are simply not as organised or as successful as those attacks that took place in 2015 and 2016.

As Daesh finds itself being pushed back within Iraq and Syria this appears to be affecting its commander's ability to recruit organised fighters in Europe and is having to rely on incompetents, some of whom even managed to blow themselves up.

One of the very disappointing things about these attacks in Spain is the fact that it appears that all of those involved as well as most of the hundred plus who have been arrested over the past few years have been Moroccan.

For many years, Moroccan immigrants have settled within Spain and of course Gibraltar, becoming part of the local communities whilst still holding on to their own heritage, religion and identity.

There is now a radical dichotomy between those who want to come to Spain to find what they perceive to be a better life for themselves and their families and those misguided puppets who simply want to eradicate the so-called 'Crusaders.'

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<b>BENIDORM</b> 29 DECEMBER <b>5 DAYS</b> FROM 379€	<b>MADRID</b> PRE-CHRISTMAS 24 DECEMBER <b>4 DAYS</b> 159€	<b>BENIDORM</b> 23 DECEMBER <b>5 DAYS</b> FROM 365€	<b>RIO SAFARI</b> <b>ELCHE</b> EVERY FRIDAY <i>Great Memories</i>	<b>FRIDAY</b> - VILLAJYOUSA MARKET & CHOCOLATE FACTORY + ALICANTE CASTLE 12€	<b>SATURDAY</b> - ALTEA (MARKET DAY) + BENIDORM 13€ - BENIDORM 10€	<b>SUNDAY</b> - BENIDORM MARKET DAY 10€ - ALGAR WATERFALLS 19€	<b>ICONS - NEW SHOW</b> - VALENCIA CITY 17€ - VALENCIA OCEANOGRAPHIC ADT. 46€ / SENIOR 39€ / CHD. 39€
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# Leo the Lion



**KEEPING HOPE:** Fighter, Leo whose cancer has unfortunately returned.

ON September 2 it will be exactly two years since Leo Bermejo from Almeria was diagnosed with a rare form of brain cancer.

In that short space of time the inspirational four-year-old has undergone several surgeries at Alder Hey Children's Hospital in the UK and, thanks to a fund launched late last year - which the *Euro Weekly News* supported - travelled to Oklahoma in

the United States for cutting edge proton-beam therapy.

But Leo's latest MRI scan has confirmed the cancer has returned and is growing quickly in different areas of the original cavity.

Mum Karen said, "My baby boy is such a warrior, I could not be prouder of him.

"Leo has been to hell and back, yet he still continues to smile."

She added, "We are really trying to just enjoy and treasure the time with Leo now. I believe Leo was put here for a reason, he has made people see life differently and he has been an inspiration to thousands of people.

She added, "He has done nothing to deserve what is happening to him now. I just hope that the beautiful big smile on his face will continue to be there to the end whatever his destiny."



**CARPING ON:** Residents claim the aquarium is cruel.

## Cod do better

FURIOUS locals have demanded the closure of a public aquarium in the centre of Alicante.

It comes after tens of outraged residents gathered in front of the structure in Plaza Nueva in protest against the alleged abuse suffered by the fish and the amount of money that has been wasted on the project. The aquarium reopened in April after being closed for more than a year following the unexplained death of over 150 fish.

Protesters have declared the aquarium as nothing other than a "glass prison in the middle of Alicante" where fish will continue to die. They are also disgusted that

€150,000 was reportedly spent on the renovation works during the closure while the estimated annual maintenance cost is €30,000. They believe a cheaper and more ecological alternative would have been to install high resolution TV screens to show live images from the marine reserve off the nearby island of Tabarca.

Demonstrators hung several banners on the railings surrounding the aquarium which at one point provoked a confrontation with someone who believed they were being denied access to see the fish.

The aquarium has suffered from regular controversy and activists have previously covered it in graffiti.

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## Children's playground cover-up

MURCIA'S councillor for the Environment, Jose Guillen, has announced the installation of new shades in public areas.

In response to a series of requests, shades will be erected in children's playgrounds in El Ranero, La Tercia and Tres Copas. It's the latest in a series of areas that have been included in the 'Plan Sombra' (Shade project) that has seen similar construction in play areas found in Avenida de la Libertad, Plaza de Castilla, Los Garres, Espinardo, San Andrés, Joven Futura, Las Raya, El Raal and Valladolides.

The councillor explained that the fabric used in the shades not only provides protection from excessive exposure to the sun but allows light, water and the wind to pass through, "making it an ideal area for children," said Guillen.

The new shade in the Plaza de Toledo was visited by the councillor to see it in operation.

# Off-duty policeman disarms knife robber

A RESIDENT of Torrevieja was arrested by an off-duty member of the National Police for wielding a knife.

The 40-year-old - believed to have a history of mental illness - had been running amok in the town centre causing panic in the Plaza de Oriente, situated close to the Catholic Church of the Sacred Heart of Jesus which caused many to flee for their safety.

Fortunately, one of the passers-by was a member of the police who managed to disarm the man and detain him. The policeman suffered several cuts to his hands and arms although the wounds are said to be superficial.



**KNIFE THREAT:** Plaza de Oriente where the man was running wielding a knife.

Police sources said that the man detained had just committed two robberies in separate properties: the first being empty but he then went to the neighbour-

ing house where he held the frightened elderly couple at knife point. It was at this point that he left the scene of his crimes but continued to wave his knife around and threatened pedestrians until the policeman intervened.

Members of the Local Police and the Guardia Civil attended the scene and they were quick to point out in the aftermath that this wasn't a terrorist attack as had been suggested on various social media and WhatsApp.

**249** The height in metres of the Torre de Cristal in Madrid, Spain's tallest building.

## Elderly woman rescued unconscious

ACCORDING to reports from a unit of the Civil Protection, an 83-year-old woman was rescued from the sea off the Lo Pagan beach.

The office from San Pedro de

Pinatar reported that the woman was seen to get into difficulties and was later discovered unconscious in the water. She was then brought to the safety of the beach

where she was stabilised using cardiopulmonary resuscitation (CPR).

As this was being carried out, an emergency ambulance arrived

and took over the resuscitation procedure before transferring the still unconscious, but stable woman to hospital in the Mar Menor.

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# Arrest at first bite

A POLICEMAN was bitten by a young thief when he was being arrested in a popular area of Murcia.

The 18-year-old refused to identify himself and in the scuffle that followed attacked two policemen, biting one of them on a finger.

According to police sources, the boy was arrested for allegedly stealing from two establishments in Murcia's city centre; more specifically the El Perro Azul pub and the La Parranda restaurant.

Emergency services received a call for assistance on Calle Simon Garcia when the young man was spotted trying to break into another building through the shutters with a screwdriver.

Once on the scene, Local Police instantly saw the person fitting the description



xxxxxx

given who immediately threw the screwdriver onto the ground.

The owner of the La Parranda restaurant later told officers that he had surprised the alleged offender as he was stealing a TV

worth €700 from the back of his premises, and he was then issued death threats by the thief. He went to El Perro Azul and tried to break into the venue using the same screwdriver.

After insulting them, and biting the finger of one of

the Local Police officers, the teenager was taken to the police station, although continued his bad behaviour en route by damaging the interior of the police vehicle.



**46** The number of years Spain's longest reigning monarch Philip V sat on the throne between 1700 and 1746.

# Dog rescued from heat ordeal

A DOG was rescued from a locked car parked in a busy shopping centre in Alicante.

Local Police responded to a call from a shopper who noticed the pet inside a car parked in the blazing sun at the Gran Via Shopping Centre. The woman who raised the alarm to the authorities at the centre came back to her own car parked in the open at the top of the parking lot where she noticed a small dog panting due to the heat in an adjacent car. Even though the temperature registered 37°C, and one of the windows left half open, the conditions for the dog were unbearable.

Before the police arrived, the woman and the Gran Via officials removed the dog from the car and took it into the shade and gave it some water to help it recover. As the police arrived, the dog's owner appeared but hid behind a column when she saw the officers. Other customers that witnessed the whole incident then pointed out to the police where the woman was hiding.

This was the second time a rescue had taken place in the same car park in one week. The first occasion concerned a young girl left asleep in a vehicle parked in the basement while the parents did their shopping.

## Life begins at 31

AS from October 1, residents in Murcia can apply for their 'Youth Card +30.' The previous scheme stopped when people reached the age of 31 but this has now been extended to 36-year-olds.

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NEW RULING of 11th MAY 2017 by Spain's Constitutional Court declared that if a property is sold at a loss, there is NOTHING to pay.

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  - Hire a lawyer to lodge the claim.
  - Only claim back this tax dating for the last four years. Any plusvalia tax paid before May 2013 cannot (at the moment) be claimed back.

If you believe you qualify for the plusvalia tax, it is of the utmost importance that you claim as soon as possible. Please provide Pellicer & Heredia with all the relevant documentation regarding the payments, the sale and the property in order to start the claim process.

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# Bring light into people's lives

RESIDENTS of San Pedro de Pinatar will shortly be experiencing a brighter time of things in future.

According to sources at the municipality, an investment of €353,000 is being made to renew the lighting in more than 80 streets with the aim of improving energy efficiency and reducing light pollution.

The Director of Local Administration, Manuel Duran, visited the areas that are due to benefit from the upgrading and announced that the improvement work will be carried out in

two separate phases; one of 50 streets - part of last year's budget - and then the remaining 30 from the 2017 allocation.

The new LED technology will be more energy efficient and reduce the current levels of intrusive and annoying street lighting that cause complaints from locals.

The first part of the renovation plan will take in roads in the areas of Calle Escribano and Calle Galicia.

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Photo credit: Ayuntamiento de San Pedro de Pinatar

**LIGHTEN THE WAY:** Manuel Duran will make LED lighting available for San Pedro de Pinatar.

## NEWS EXTRA

### Break begins

SHOPS, restaurants and even politicians in Orihuela City centre have begun their annual holidays to coincide with most of the local residents who are taking theirs.

### Oil recycled

OVER 3,200 tons of oil used in Murcia's factories and workshops is being recycled which accounts for 44 per cent of the annual consumption of industry and the vehicle fleet.

### Time to wait

WAITING lists in Murcia for surgical procedures have dropped by 17 days but the average waiting time is still more than three months in the Area II health authority.

## Rental subsidy deadline extended

CITIZENS of Murcia have been given an extra 10 days to apply for their rental subsidies.

The original closing date was last Monday - August 21 - but that term has now been extended until Friday September 1.

Minister Pedro Rivera said in a statement that "our purpose is to make the application process for

these rent subsidies easier, so that the families of Murcia, young people and people with limited economic resources can access these grants." The subsidy amounts to €200 per month and is payable quarterly over a 12-month period, which for many people covers up to 40 per cent of their total rent payable for a year.

Priority in the award of these subsidies goes to those in the most need, with large families, people affected by evictions and victims of gender violence.

To qualify for the monthly grant, the people must be in possession of a signed and formal rental contract of at least one year, be in the Murcia region and the permanent resi-

dence of the applicant. Their annual income must be more than €7,519 and less than €22,500 and the monthly rental payable on the property must be less than €500.

Beneficiaries must also have Spanish nationality or of one of the member states of the EU. Any non-EU nationals must have legal residency to qualify for the grant.

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# City centre pile up

THREE cars were involved in a multiple accident in the centre of Torrevieja.

The incident took place at the junction of Rambla Juan Mateo with Calle Ricardo Lafuente at 5am and the fact it happened so early in the morning almost certainly avoided other vehicles getting involved.

Several people were injured in the accident but none of them have been reported as being in a serious condition. This is despite one of the occupants being trapped inside one of the cars.



Photo credit: Google maps

**CRASH:** The junction and scene of the collision.

Members of the Local Police were first on the scene, later being backed up by the Guardia Civil and paramedics from the SAMU ambulance service.

## NEWS EXTRA

### 'Moor' spaces

TORREVIEJA now leads the way with the amount of moorings in the Valencian Community. The marina can now accommodate up to 2,500 boats of varying shapes and sizes.

### Bright lights

TORREVIEJA has asked the Alicante regional council for a grant of €900,000 towards the improvement of public street lighting covering Calle Portalicos to Calle Villa Madrid.

### Train signs

THE TRAM service between Alicante and Denia now has new signage along the entire network warning people of the 261 points where pedestrians can cross the line in safety.



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# Shamed for late payments

A SERIES of local municipalities have been named and shamed for being the slowest in paying their invoices to autonomous suppliers.

According to data issued by the Spanish National Federation of Autonomous Workers Associations (ATA), for the first six months of this year, Orihuela took an average 143 days to pay their bills although down eight days compared to

the same period in 2016.

At the other end of the scale, Torrevieja has gone from an average of 38 days to pay in the first half of last year to 105 in the first quarter of this year.

Among other municipalities who take longer to pay are Elche with 68 days on average in the second quarter and up 21 days on last year.



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**FULL:** Hotels along the Costa Calida report higher than average tourist levels.

# Hotels showing high occupation for August

FOR the first two weeks of August, hotels along the Costa Calida are reporting higher than expected levels of occupation.

Last year was a record year for tourism in the area and the average occupancy of 90 per cent 12 months later has delighted hoteliers both in La Manga and in the cities.

Manuel Fernandez-Delgado, from the Institute of Tourism, said: "The occupancy in the hotels of the Costa Calida exceeded the expectations of the hoteliers before the start of the summer season, and now the first half of August is similar to last year and higher than that of 2015." He added that

increases in popularity in the resorts of Archena and Fortuna have added to that success.

Hotels in Mar Menor have returned an occupancy of 92 per cent, such as those in Aguilas, although slight decreases have been reported in Mazarron and La Manga. These are explained by increasing the numbers of beds available by 350 and 700 respectively, particularly with the renovation of the Hotel Roc Doblemar.

Lorca's occupancy figures showed an increase from 83 per cent to 93 per cent; Cartagena from 60 to 69 per cent and Murcia City from 51 to 56 per cent.



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**ACCESS FOR ALL:** Postiguet beach where there are plans to improve access for disabled beach-goers.

# Beach access for all

LOCAL Alicante political party Ciudadanos (C's) have highlighted the problems experienced by people trying to access one of the city's most popular beaches.

Councillor María Jose Molina spent two days with a group of locals with reduced mobility checking on the ease of access to the main Postiguet beach.

"The difficulties encountered by these people are more than obvious, starting with the fact that there is only one access point at the opposite end of the beach to where the bus stops are which, in the circumstances, is quite contradictory," said Molina.

"Special covered areas that have been installed this year, unlike in previous years, are a long way from the beach front which has made access to the toilets much more difficult," explained the councillor.

She lamented the lack of privacy in the communal area to allow people to change which highlighted that more needed to be done to aid those with special needs and limited mobility.

Councillor Molina concluded by saying that the wooden duckboards allowing beach access were installed on the Postiguet late in the season and that they are too narrow to cater for wheelchairs.



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# More help for quake homes

THE municipal council of Lorca are requesting that the central government in Madrid approve a reduction in tax for a further year.

Once again, they will be asking for 50 per cent reduction in the amount of annual council tax (IBI) paid by residents of the city that were most affected by the earthquake in 2011.

Lorca's mayor, Fulgencio Gil, said that the measure had met with the full approval of the local council and it's hoped that it will be formally agreed to by Madrid at a future meeting with the Treasury Minister planned for September.

Gil said that the continued initiative "will directly benefit almost 44,000 people in Lorca, and the eighth year in succession that a discount has been offered."



Photo credit: Ayuntamiento de Lorca

**HELPING HAND: Lorca's mayor, Fulgencio Gil (centre) requests tax cuts.**

The cost of the 50 per cent discount will cost €7,263,678, but Lorca will be compensated for the amount from Madrid as in previous years which has totalled just short of €72m. For the first three years following the disaster, there was a total exemption from paying the IBI and for the next four years - including

2017 - only half would be due.

The mayor stressed the commitment of the Lorca Council to help those affected by the 5.1 earthquake, adding that the process of reconstruction of the city continues at "a positive pace." He concluded: "We will continue to work to ensure that all those that lost their homes will be rehabilitated and until that is achieved, Lorca's reconstruction will not be complete."

**115** The age of the oldest Spaniard ever, Ana Vela Rubio lived from 1901 to 2016.

## NEWS EXTRA

### Rain to blame

EXCESS rainfall in the Vega Baja during the winter season has affected the growth and supply of pomegranates. Farmers are expected to be offered some extra growing land.

### Middle lane

MAJOR tailbacks were caused in the San Juan tunnel on the A-70 when a broken down car at the side of the tunnel ended up in the middle of the road.

### Free speech

CIVIL SERVANTS and employees of the regional council of Murcia are hoping the implementation of new laws will prevent them being open to accusations of whistle blowing in their work.



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Photo by Wikimedia

**MASSIVE EFFORT:** Workers and citizens alike contributed to huge clear-up.

# Rubbish records

THE city council of Elche has announced that the street cleaning services collected a record number of rubbish after the city's fiestas.

An incredible amount of 160 tons of rubbish, showing an increase of 9 per cent over last year's August celebrations caused the wrath of the councillor responsible for cleaning. "Never before have so many people, both residents and visitors, filled our streets and participated in our events," said Hector Díez. "As a consequence, there has been an increase in the amount of rubbish left over after an evening partying the nights away."

The councillor congratulated the company that

worked beyond the call of duty to make the city centre and the surrounding areas so clean that you wouldn't have known a fiesta had taken place only hours earlier. However, he hoped that in future years, complaints would lessen from locals about the amount of people urinating in the roads and the amount of bottles left in the parks after the large parties mainly attended by youngsters and some under-age drinkers.

"We are aware that we must continue to improve the situation and continue to remind our citizens about their own responsibilities to the overall image of the city of Elche," said the councillor.

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# All talk and no texting

A SURVEY contained in the annual report by telephone provider Masmovil has provided some interesting insights into the people of Murcia.

Based on figures for the first six months of 2017, more than

300,000 people in the region who use their mobile phone services, the citizens talk for an average of 167 minutes per month, consume 1GB or data but only send five SMS messages.

Equivalent data from the fourth largest telecoms operator in Spain showed that in 2016 the average monthly talking rate of 100 minutes which was a slight increase over previous years. The 67 per cent increase for 2017 is a significant rise.

Data consumption also experienced sharp growth, going from an average of 780MB to 1GB for the first half of the year.

At the national level, among the autonomous communities that speak the most, Melilla tops the list with an average of 264 minutes a month, followed by Madrid with 229 minutes and Andalucía with 199 minutes.

At the other end of the scale, people in Galicia talk for 149 minutes, Canarias 147 minutes and Ceuta 144 minutes. An interesting statistic is that it's the two Spanish territories in Africa that consume the highest and the fewest number of talking minutes.



Photo credit: Google map

PLAZA SANTO DOMINGO: Where works will take place during first phase.

# Christmas '18 date for pedestrian zone

IF deadlines are met, the works to pedestrianise an area of Murcia will be completed in time for Christmas 2018.

This is the forecast announced when approval for the tender for the first phase of development between Plaza de Santo Domingo and the Jaime I was given. When the official tender document is published in the near future, companies will have a period of 40 days to submit their bids.

The total works will cover an area of 14,000m<sup>2</sup>; the opening phase, whose tender is already

drafted, will cover 7,600m<sup>2</sup> with the second covering the zone from Jaime I to La Redonda. The initial work - renewal of water, gas, and telephone networks - is due to begin in late September / early October and continue throughout autumn and winter. The budget for the first phase is €3.19m.

On completion of this work, the thoroughfare will be divided into three parts so that it's not completely closed to pedestrians and vehicles. As each one of the three zones is worked on, the other two will remain open.

Once the entire project is finished, Murcia will be able to boast 50,000m<sup>2</sup> of pedestrianised zones in its historic city centre.

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**Help in hand**

ALICANTE'S Ministry of Equality is behind a series of programmes aimed at around 7,000 vulnerable people in the city experiencing gender violence, homelessness and mental health issues.

**Study boost**

MURCIA students will benefit from the extension of the baccalaureate courses offered in arts to 11 different new centres when the new school year begins. €2,000 is being further invested.

**Road signs**

RESIDENTS of Camino del Sifon in Cartagena have reported the deteriorating condition of the road to the city council and have asked for more warning signs to be erected.

# Municipality seeks young views

A LOCAL council has decided to ask for the views of the younger population to aid their current and future policy planning.

Councillors from San Miguel de Salinas - Maria Jose Costa and Luis Garcia Sala - have published a detailed questionnaire to be completed by the local younger members of the town to indicate what additional recreational and cultural activities they would like to see introduced into their municipality.

They are keen to discover what aspects of day-to-day life the youth of San Miguel are unhappy with and what changes and improvements they would like to see. Conversely, they also want to see what they're doing right too.

The results of the survey will be looked at and the dedicated



Photo credit: Facebook - Ayuntamiento de San Miguel de Salinas

**QUESTIONNAIRE: Can be collected from various San Miguel de Salinas buildings.**

Youth and Culture Departments of the town hall in San Miguel de Salinas will then work to-

gether to implement the ideas where appropriate.

Anyone wishing to pick up a copy of the questionnaire, can find them in the San Miguel CIJ, library, town hall and other public buildings.

**7** The maximum number of days a cockroach can live without a head.

# Snowflake hiker causes fire

A HIKER was arrested in Benicassim (Castellon) after causing a fire that destroyed 500 square metres of pines and scrub.

He was slightly injured after falling and a companion set out to find help as neither was carrying a mobile. Meanwhile, and despite a region-wide ban on bonfires of any kind, the injured man lit a fire presumably intended to help rescuers pinpoint his location in the Desert de les Palmes.

The Emergency Services answered a call at around 5pm, requesting help for someone who needed rescuing in the Desert de les Palmes. Fifteen minutes later they received another call, reporting a fire in the same area, which eventually required three firefighting aircraft and five fire engines to extinguish.

Sources later revealed that the injured person, who was able to leave the scene unaided, was arrested by the Guardia Civil.

The provincial Fire Consortium later emphasised the public's need to be aware of the risk of fire in woodland zones and above all in a protected area like Desert de les Palmes.



**DESERT DE LES PALMES: Injured man lit a fire.**

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# WhatsApp with the elderly?

OLDER members of Murcia are getting a helping hand with the latest technology.

The local council are offering a series of free courses for the elderly in the municipality to learn how to use e-mail, smart-phones and the increasingly popular method of on-line messaging, WhatsApp.

Those taking part in the scheme will be taught the basics of browsers and search engines, and how to look for free resources such as digital newspapers, weather fore-

casts and what's on in their municipality. They

will also be shown a series of websites that feature games and pastimes especially designed so that older people can keep an active mind.

Once the mature students have reached a certain level, the next stage will be a series of classroom-based lessons to add to what they've picked up online.

The online forum which can be accessed at [www.for macarm.es](http://www.for macarm.es) currently has 95,000 students in the Murcia region alone of which approximately 1,500 are over 65.



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# Social housing sold

THE Valencian government has finally been able to sell 52 homes as part of its Infrastructure Entity (EIGE).

Director of EIGE, Helena Beunza, said that the housing found on the Orihuela Costa wasn't selling as quickly as

had been hoped due to the high price of the properties putting families off: the precise people these homes were intended for.

Since the policy of reducing the prices came into force, 52 of the 63 apart-

ments in the development have been sold. Forty-eight of them are three-bedroom properties, six have one-bedroom and three have two.

Beunza proceeded to explain that they adapted the eventual sale prices to the budget of families rather than base them on the property market, which can fluctuate. Now they have been sold, the Valencian government will save the annual cost of €1m spent on maintaining the block and paying a private security firm to prevent attempts by squatters to get in.

In May 2015, when the present governing party took over the Valencian community, much of social housing was empty.

Now, two years later, 70 per cent is occupied amounting to 747 homes in total, 150 of which have been rented out since the election. In addition, 142 of the 373 homes that were previously uninhabited and up for sale have also now been sold.



SMALL PYTHON: Escaped from its terrarium.

## One snake but no ladders

A SMALL python that disappeared from a Torrente (Valencia) home was found days later under the sink.

The young snake named Reifel, which belonged to an 11-year-old boy, had disappeared from its terrarium earlier this month.

After searching their apartment without finding the 50-centimetre python, the boy's parents, who gave him the snake as a present, warned neighbours that it was missing but stressed that it was inoffensive.

They also called the Local Police who sent

members of their specialist unit to look for the snake although they, too, drew a blank.

The police told the family that they suspected the snake was still somewhere inside the apartment although, given its small size, it would be hard to spot. There was also the possibility that it had escaped down a drain or the lavatory, they said.

Instead, to the relief of neighbours who questioned the wisdom of giving a snake to an 11-year-old, the python reappeared, coiled on the pipe under the bathroom washbasin.

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Photo by Twitter - agroinformacion.com

**BREAKFAST BONANZA:** Many children across Alicante have received a free breakfast.

## Breakfast club success

DURING the first 15 days of the month of August, over a thousand children have benefited from a different business initiative.

Collaboration between the Provincial Association of Hotels and Tourism of Alicante (APHA) and Mercalicante has allowed breakfast to be given to 1,080 children. This has been carried out at a cost of €11,000.

APHA explained that thanks to this project, breakfasts have been served in 16 different educational centres throughout the city of Alicante, reaching more than a thousand children every day that may not get such a healthy and nutritious start to the day due to a variety of circumstances.

The available breakfast includes fresh fruit, juices, milkshakes, biscuits and sandwiches, and after a visit to the Centro Gaston Castellon those involved in this project are looking to extend these collaborations and spread the scheme across the entire year and not restricted to August.

## A novel way to attract new visitors to Torrevieja through bird watching



Photo by Henk Monster Wikimedia

**VISITORS** will be charmed by the sight of flamingos.

IN a bid to attract new tourism to Torrevieja, the council has taken a stand at Birdfair in the UK.

This annual weekend gathering of all those interested in ornithology has created something of a niche market for unusual destinations attracting in the

past exhibitors from as far away as Ascension Island in the South Atlantic.

The representatives of Torrevieja however will be promoting the attractions of the Lagunas de La Mata where bird watchers can see greater flamingo, black-necked grebe and Audouin's

gull amongst others.

This participation at the fair is supported financially by the Valencian Tourism Agency which has also assisted in the printing of a special brochure detailing the 60 species of birds often seen at different times of the year.

## Council cuts bullring budget

ORIHUELA Council have made a significant cut to the amount of money that it had previously assigned to a major redevelopment programme.

They have slashed €33,000 from the original budget of €403,564 by raising the amount of IVA (VAT) from 10 per cent to 21 per cent. In effect, the project approved back in June to reform the old bullring cost - without IVA - €366,877 which, taking into account the measures now introduced, reduces those outgoings to €333,524

In order to get the final cost at the same level approved two months ago - the €403,000 figure - the municipality has considerably reduced the budget available for materials from €308,000 to €280,000.

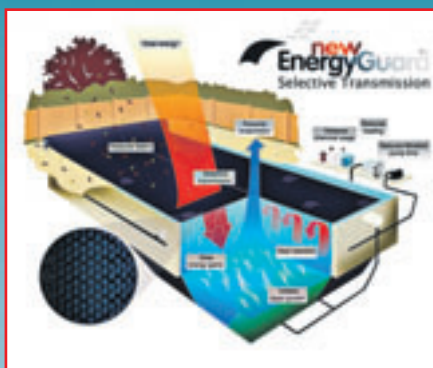
Despite this cut, the architect had earlier warned that the original budget would be short of what was actually required and needed for the project. The majority of the bullring is to be demolished, save those parts that must be preserved by law, and then be converted into an entertainment venue that will seat 2,800 people, with green areas, a cafe and a small bullfighting museum.

Members of the opposition Socialist PSOE party are asking the mayor for an explanation of this sudden change of direction, and particularly asking why the original budget wasn't set at €280,000 from the outset.

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**VOLUNTEERS:** Respond to medical emergencies around Camposol.

# FAST Camposol

FAST (First Aid Support Team) are a group of volunteers who reside on Camposol near Mazarron. They respond to medical emergencies around Camposol for residents and visitors alike.

There are currently seven new recruits being trained by in-house instructors. The training team led by President Barry (Baz) Hamilton will instruct the new recruits in life saving techniques and first aid.

For the last few months the group has not been able to provide the 24-hour cover that they did in the past. Some responders returned to the UK or stopped responding for other reasons. FAST is always looking for new recruits who can spare a few hours to help the people of Camposol, and the cover of 12-hour duties can now be split to suit responders' availability.

It is very rewarding and you get to meet a great group of people who are all good friends and meet regularly for training and social events. Why not come along and give it a try? No previous first aid experience is required. Among the group of supporters and responders are ex-police, ex-army, navy, teachers, engineers and social workers.

When numbers have increased the group hopes to be able to give 24-7 cover again.

In July, FAST responded to 11 calls of which three required an ambulance. If you require medical emergency assistance on Camposol, you should call 112 first and ask for someone who can speak your language, you should explain the problem to them.

Then call FAST on 968 970 626, give your name, address and a brief description of the emergency.

The group is looking to replace its number two vehicle as it is now 10 years old, so they will be spending a lot of the money donated by local businesses, residents and visitors to Camposol.

The FAST nurses have not been out every Monday as it has been so hot, but don't worry the pretty one will soon be back (must get her to have a shave)!

The president of CST/FAST presented a certificate of appreciation and voucher to Patricia (Paddy) and John Snell at a training session at the social centre. John and Paddy have now left Camposol for the UK after living in Spain for 14 years. They will be sorely missed by FAST as they have been staunch supporters of this organisation since its inception, and their talents have been invaluable.

During their time with FAST, John compiled the responder monthly duty roster. He was official photographer and also Matron to the FAST nurses as well as collecting as a nurse. Patricia (Paddy) has been secretary, publicity officer and FAST responder and recently a supporter helping at the bookstall.

If you would like to get in touch with FAST then you can send an email to [recruitment@fast2016.org](mailto:recruitment@fast2016.org) or [secretary@fast2016.org](mailto:secretary@fast2016.org).

The group is also at the cultural centre on B sector every Tuesday from 10am to 12pm.

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# Social September... and beyond!

THERE are so many social events that have been organised for the autumn by the Costa Blanca Anglican Chaplaincy (the Church of England in Spain) that the problem is how to decide which ones to attend.

Well, the answer is simple - go to them all!

**September 2: Garden Party Concert** by Amadeus at Finca Jacaranda, Pedramala. Bring your own picnic, drink, table and chairs. An enchanting evening of 'Songs from Stage and Screen.' €12. Cava Draw. Gates open 4.30pm, concert starts 6pm. Booking, details and directions 965 874 166.

**September 12: Songs of Praise** at La Merced Church, Calpe. With The U3A Choir and guest appearance of the Joyful Costa Blanca Gospel Choir. Starts 6.00pm. Entrance FREE. Come and sing your heart out!

**September 14: Javea Garden Party.** Hosted by Sylvia Pitcher. From 3pm. €10 Cava Draw. With Flower



**SUMMER SPLENDOR:** Garden party and full English breakfast are two events on offer.

Arranging competition. Contact Pamela Pittar at [nigelpittar@yahoo.co.uk](mailto:nigelpittar@yahoo.co.uk).

**September 18: Full English Cava Breakfast!** At the home of Andrew and Kathy Johnson in Calpe. Full English breakfast served with Bucks Fizz! Three sittings at 10am, 11.15 and 12.30. €12 with Cava Draw, Tombola

and Bring and Buy. Book early at [andrewjis@outlook.com](mailto:andrewjis@outlook.com) or ring 965 832 111.

'Healthy Option' available if booked in advance. To support the continuing work of the Church of England ministry here.

**October 5: The English Choir in Concert.** At Fustera Church, time to be confirmed.

For tickets and information call Eileen on 607 706 904.

**October 13: Auction at El Cid.** Your contributions will be most welcome. Information on 671 152 932.

For more details regarding these events and the work of the Church of England in Spain, please go to [costablanca-anglicanchaplaincy.org](http://costablanca-anglicanchaplaincy.org).

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# Aspe Craft Fair



Photos by Ayuntamiento de Aspe

**FUN:** Some of the activities to be enjoyed at the craft fair.

EVERY year the small town of Aspe holds a fair at the beginning of September. This year the town hall has decided to make it a real Craft Fair, with demonstrations of old crafts, workshops for children and lots of entertainment, from cabezudos (people walking in the street wearing gigantic papier mache heads) and music at the official opening, to puppet shows, stilt walkers and, in the evenings, fire juggling.

The fair will be held in Plaza Mayor on September 2 and 3, in the shade of enormous trees and a setting of old buildings and beautiful arches. About 20 craftsmen and women will not only set up shop to sell their work, but will actually be at work in the fair to show the love and attention they give to each item they produce. For the younger visitors, there will be lots of activities including a small ferris wheel, workshops, old fashioned games and competitions.

A local potter and several lace makers will

participate and Amata, the craft association organising the market, will contribute demonstrations of weaving (on an Iberian loom!), book binding and making recycled paper, as well as some 20 stalls with a wide range of hand made goods for all tastes. Visitors will be able to choose from ceramics and pottery, hand-made felt bags, soft toys, funny hats, leather belts made to measure and much more. There will be several stalls with designer jewellery in alpaca, macrame, porcelain, ceramics and paper.

The fair opens on Saturday September 2 at 11am with music and cabezudos before a break from 2-5pm after which it will reopen until 10pm. Aspe is a small town eight kilometres from Elche and can be reached easily from the A7 or A31 motorways.

Call 639 979 678 or check the website [www.amata.es/sp\\_foto.html](http://www.amata.es/sp_foto.html) for more information.

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# Plenty more fish in the sea

**■ COSTA BLANCA NORTH**

Photo credit: Asc1733

**FISH FARM:** More cages could be added to Villajoyosa installation.

➤ THE regional government is expected to rubberstamp an application to enlarge a fish farm off the Villajoyosa coast.

Another 12 cages, each with a 38-metre diameter, will be added to the existing 30 cages where sea bass, gilthead bream and corvina are raised.

Once the regional government's permission comes through, those opposed to the scheme will have a month in which to appeal.

There is less opposition to this extension than plans for an entirely new installation in front of La Vila's El Centro beach.

This has been challenged not only by Villajoyosa Town Hall and the local fishing guild but national and international archaeologists and academics. A new fish farm would adversely affect the Bou Ferrer wreck, a sunken Roman galley still laden with amphorae and lead ingots. Now a protected archaeological site, this would be rendered "unviable" by another fish farm, the Heritage General Directorate announced.

**■ AXARQUÍA**

## (Un)fun fair

FRANCISCO DE LA TORRE, Malaga's mayor, has claimed the city's feria, which ended on Saturday, has lost popularity in 2017, with revellers instead choosing to visit the Real de Cortijo de Torres.

## 70%

## complete

VELEZ-MALAGA'S Council is complying with 70 per cent of the aims with the Municipal Plan against Homophobia and Transphobia, according to Zoila Martin, councillor for Equality.

## Life

### savers

A LOCAL man who was enjoying a quiet day on the beach in La Herradura suffered a heart attack but was stabilised by medical staff. He was taken to the Centro de Salud in Almuñecar for further care.

## 3 Cultures

FRIGILIANA'S famous Festival of 3 Cultures will celebrate its 12th edition from August 24 to 27 with over 35,000 people expected to attend. The festival will include food stalls, music and a souk.

## Pedal

### power

A YOUNG female cyclist, Yasmina Boto Medina, who is a member of the Almuñecar Cycling Club, has been chosen to compete in the Spanish National Cycling Championships.

## Pool party

WORKS to Rincon de la Victoria's first heated indoor pool are almost complete, at 75 per cent completion. The council explained they are confident it will open in early 2018.

**■ COSTA DEL SOL**

## High-flyer

MALAGA-born 33-year-old, Carlos Perez, has been chosen by NASA to join the Cassini spacecraft's last mission. The vessel, which was launched to explore Saturn in 1997, will make its final flight on September 11.

## EWN India

ONE of the regular *Euro Weekly News* writers John Smith appeared on Indian TV last week to comment on the Barcelona terrorist attack. English speaking WION needed an insight from this country and naturally contacted Spain's largest English language newspaper.

## New fizz

A POPULAR non-alcoholic Champagne has set up its base of operations in Marbella. 'Mirage' will be supplied to Spain and Arabian countries. The high-end, zero per cent beverage is similar to cava and includes an edition with edible gold.

## High sales

MORE than 1,000 properties were sold in three months. The first quarter of 2017 saw Marbella come second only to Madrid in property sales.

## No bulldozing

A FINE of €4,000 was levied for unauthorised bulldozer use in an important archaeological site. The council imposed the sanction for the unapproved use of machinery at the Basilica Paleocristiana Vega del Mar in San Pedro.

**■ COSTA DE ALMERÍA**

## Green rush

CUCUMBER export prices from Almeria shot up by 42.4 per cent from January to May, raising a record €214.9 million, despite production falling. Olive oil and avocados also performed well.

## Clocking off

A 35-HOUR working week is within sight for Almeria's public workers. After years of working 37.5 weeks due to the recession, they'd won a reduction, but the move was opposed by Madrid.

## Bath body

THE body of a man, aged 67 and identified as Miguel LC, was found in the bath of his Almeria farmhouse. Police don't suspect any foul play.

## Greedy girls

TWO teenage girls were arrested for shoplifting from a plush El Ejido department store. They tried to smuggle out almost €500 worth of clothes and fled when the shop's alarms rang.

## Oven baked

MAJOR investment will bring efficient air conditioning systems to schools across Almeria. Before term ended students were sitting exams in sweltering 35-degree classrooms, despite laws introduced to protect them.

**■ MALLORCA**

## Shabby spy

A SWISS man was arrested after he tried to fool Andratx police with a fake Maltese diplomatic passport. A suspicious officer called his bluff and checked the passport number with the central computer.

## Poet queen

A YOUNG English teacher and scientist from Palma has won Spain's national poetry slam contest. Margalida Calahorra Bover will travel to Paris next year to compete against the world's best spoken-word poets.

## Arson attack

FIRES destroyed large forest areas in Sant Elm and Puig d'en Trobat, both in Andratx. Police suspect arson and have launched an investigation. Fortunately there were no injuries.

## Belly full

A HUNGRY crowd in Porreres devoured a giant Ensaimada pastry weighing 80 kilos within just two minutes. The deluxe dessert took 120 eggs, 36 kilos of flour and 12 litres of water to make.

## Filth fine

THE number of fines issued for disposing of waste incorrectly is set to more than double this year. Offences include pumping wastewater into rivers, burning dangerous items and illegal dumping.

**■ COSTA BLANCA NORTH**

## Big brother

ALCOY Council responded to local manufacturers' requests by tendering a €171,989 contract for CCTV cameras and number-plate readers for the city's six local industrial estates.

## On view

MOUNTAIN village Guadalest, which receives as many visitors as the El Prado art gallery in Madrid, has a registered population of 220 and boasts nine museums, Spain's highest proportion.

## Day off

VILLAJOYOSA Council voted to include St James' Day on July 25 as a local bank holiday as this falls during the Moors and Christians fiestas that traditionally begin on July 29.

## What's up?

CAMPELLO'S Youth department now sends information on courses, services and alerts via WhatsApp. Those interested need only send a WhatsApp message to 627 258 500 to be included in the service.

## No frills

A 16TH CENTURY painting of Virgen de Loreto was displayed for two days in Muchamiel without its usual surround of lace and adornments after its reliquary was removed for cleaning.

# summer SAVINGS



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**DENMARK****Best university**

THE University of Copenhagen came 30th in the Academic Ranking of World Universities and was the highest-ranking Scandinavian university in the latest edition.

**Foodie paradise**

COPENHAGEN'S Cooking and Food Festival welcomed over 200 events during 10 days as thousands descended on the city for the event.

**First day**

IT was a case of first day nerves for Prince Vincent as he prepared to head



off to school. However his twin sister seemed more confident and was all smiles as they posed for traditional 'first-day' photos with Crown Prince Frederik and Crown Princess Mary.

**Study choices**

A STUDY at the University of Copenhagen believes that same-sex siblings are less likely to make gender-stereotyped education choices.

**GERMANY****Liveable city**

A REPORT on global liveability by the *Economist* has named Hamburg the most liveable city in Germany and 10th in the world, thanks to its health care and its infrastructure.

**NATO funding**

GERMANY has pledged to increase its funding to NATO with Angela Merkel

announcing plans to assign 2 per cent of the country's GDP by 2024, an increase from its current 1.2 per cent.

**No locals**

TENSIONS are reported to be increasing in Berlin with locals raising concerns and frustrations at the number of restaurants where staff speak no Ger-

man, with English being the preferred language.

**Airline talks**

CASH strapped Air Berlin is in talks with three competitors to buy up its assets and offer Air Berlin a secure future. The government has already stepped in with a €150 million bridging loan.

**FRANCE****Ram raid**

A TEENAGE girl was killed after a car crashed into a pizzeria. Thirteen other people were injured as police say it was a deliberate act, but are not treating it as a terror attack.

**Privacy invaded**

PRESIDENT Emmanuel Macron has made a legal complaint against a photographer who he claimed harassed and invaded his privacy during his holiday in Marseille.

**Lost yachts**

OFFICIALS on the French Riviera have complained to President Macron that yacht owners are fleeing the area due to high taxes and are opting for cheaper Italy and Spain. The port of Saint-Tropez has lost 30 per cent of its business this year.

**Delivery pay**

AROUND 50 bicycle couriers working for takeaway service 'Deliveroo' have been protesting in cities over the company's decision to scrap their hourly rate and pay per delivery.

**BELGIUM****Belgium trial**

THE suspect in the 2015 attacks on Paris, Salah Abdeslam, will also face trial in Belgium over a police shoot which occurred at his suspected hideout in Brussels.

**Ancient cemetery**

A FOSSIL cemetery has been found off the coast of Zeebrugge. The site has the remains of around 50-100 animals with half being walrus remains from the Pleistocene era. Sea mammal remains could be some 40 million years old.

**Barcelona victim**

A BELGIAN woman has been named as one of the victims who died in the Barcelona terrorist attack when a man drove a van into crowds along Las Ramblas. The Foreign Minister said two other Belgians were injured.

**Safe or not?**

BRUSSELS' biggest skate park could face closure after a study by the new owner of the site found there were stability problems, however Planet Park's president said the problems only affect a part of the site not in use.

**NETHERLANDS****Murders down**

THE Netherlands experienced fewer killings last year with 110 people murdered, 10 less than in 2015. Figures show that a quarter of the men murdered in the past five years died in gang-related violence.

**Egg crisis**

MPs are returning from their summer break early to discuss the growing egg crisis with millions of eggs believed to be contaminated with a fertiliser. It is estimated the crisis is set to cost the Dutch egg industry €150 million.

**Booming breweries**

AROUND 500 breweries are now based in the Netherlands thanks to the increase in small local beer markets. At the beginning of the 1980s there were just 20 breweries.

**Radio hostage**

A WOMAN was held hostage at a radio station after an armed man stormed the building. The 3FM station continued broadcasting as police brought the situation under control and arrested the man.

**SWEDEN****Asylum rejected**

ONE of the world's oldest asylum seekers could be deported back to her home in Afghanistan. The 106-year-old fled her home in 2015 with her son and grandson but it seems her asylum application has been rejected by authorities.

**Rare find**

IMAGES have been captured of Sweden's rare white moose by a man who spent three years trying to spot it. There are around 400,000 moose in the country but only around 100 of them are white.

**Summer snow**

WHILST Spain still basks in summer, Sweden has experienced its first snow fall of the season. It was registered at Sweden's highest mountain station at 1,228m above sea level.

**Maternity protests**

PROTESTS are planned against the 'chaos' in maternity care. Demonstrations have been organised in 15 towns and cities to highlight the strain in the industry amid cost-cutting measures.

**NORWAY****Poll results**

AHEAD of the elections, the latest opinion polls have shown the opposition Labour Party has its worst poll results in four years. The poll showed just 27.1 per cent of voters supporting Labour.

**English concern**

CONCERNS have been raised by the Language Council of Norway over the amount of English used in courses at Norwegian universities and colleges, with some being entirely taught in English.

**Pay inequality**

FEMALE managers and executives earn around 77 per cent of what their male colleagues earn in the same positions according to a report highlighting wage inequality.

**Clean energy**

AN energy think tank believes Norway can become the world's first fully electric-powered country by 2050. Hydro power provides over 96 per cent of Norway's electricity and there are more than 110,000 electric cars already in use.



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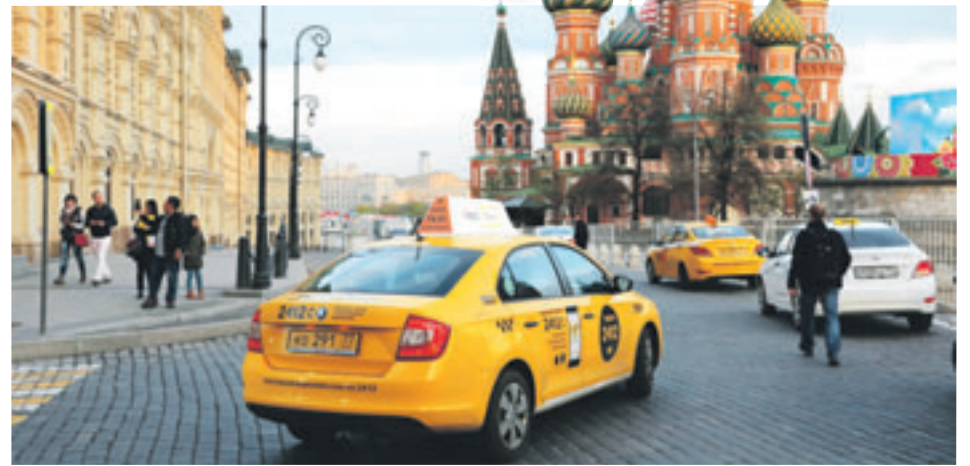
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**DIRT CHEAP:** Moscow taxis among cheapest city fares on planet.

# Cheap rates

■ TAXIS in Moscow are among the cheapest of the world's major cities according to the 2017 Taxi Price Index. Moscow taxis cost an average of 23 cents per kilometre. In Zurich the price is €4.44 per kilometre. Prices have plunged due to increased competition from Yandex and Uber drivers.

## Plot backfires

■ A JUDGE from Stavropol landed himself in hot water trying to sell his job to an unqualified lawyer for four million rubles (€60,000). The lawyer contacted police who set up an undercover meeting. The judge was filmed discussing how he could forge his credentials and put the lawyer in his place.

## Never forget

■ AN activist who attached a plaque to the home of a former Gulag prisoner was arrested. Dmitry Kozlov is a leader of the Last Address project, which seeks to commemorate the millions of victims of Soviet political purges by placing small plaques outside their last known addresses.

## Relic riddle

■ NEW archaeological findings could push back the consensus view of when Moscow was established by a century. The city's head archaeologist Leonid Kondrashev said that new evidence suggests Moscow was a thriving town during the reign of Prince Iziaslav I. He ruled 100 years earlier than the accepted date of 1147.

## Topless challenge

■ THOUSANDS of Russian men of all shapes and sizes have been whipping off their tops to pose for Putin-style photos. The humorous campaign was inspired by the president's recent Siberia holiday which was spent half-naked by a lake. The #PutinShirtlessChallenge forbids flexing and photoshop manipulation.

## Poet battle

■ A VIDEO of two Russian rappers battling each other with lyrics gained more than 10 million views in just 24 hours. Veteran rapper Oxxxymiron was defeated by Slava KPSS by dint of public reaction. The pair skillfully insulted one another in Russian-flavoured English rhyme.



**TRIUMPH:** Crimea's return to Russia welcomed by patriots.

## Silent film

■ A BLOCKBUSTER film about the Russian annexation of Crimea is unlikely to receive international release. Western and Ukrainian fury about the 2014 move means the film is set to be screened only in Russia and Belarus. It depicts a love story amid the return of Crimea to Russian control.



## More Indian tourists

WHILST much is made of the love that fellow Europeans have for Spain as a holiday destination, an estimated 1.8 million travellers from India are expected in 2017.

With such a huge population and a growth in an affluent middle class, many Indians have decided to take holidays in Europe and can obtain Schengen visas relatively easily which will often allow them to travel between countries once they are in the Schengen zone.

# Spaniards will emigrate

RESEARCH suggests that up to 60 per cent of Spain's workforce would be prepared to move overseas to take up a new position should the opportunity arise.

This means that if the answers received are accurate, some 11 million Spanish workers would be quite content to move abroad if their ideal job became available.

When one considers the high unemployment rate amongst younger people, it is not surprising that the analysis by Randstad - a leading company in human resources solu-

By John Smith

tions in Spain - identifies the under-25s as the group most likely to look to travel abroad for work.

In the 1960s and 1970s, a large number of Spaniards travelled across Europe to find work which resulted in many waiters and hotel staff arriving in the UK, saving money and in many cases returning to their homeland to retire.

The situation today is somewhat different as those who have moved through to higher education in Spain

have studied one or more foreign languages which means that they are better equipped than their parents and grandparents to find work abroad and apart from the UK, many who speak English and Spanish are attracted to the USA.

Understandably, the older workers grow, the less inclined they are to want to cope with the upheaval of moving abroad but overall, Spaniards appear to be the most likely to be prepared to move to a new country when compared to citizens of most other Western European countries.

## Outrage affects bonds

INVESTORS have started to take a major interest in what are known as 'safe haven' bonds within the eurozone.

This move towards euro bonds reflects certain investor worries about the US economy and has been exacerbated by the Catalan terrorist attacks.

Money tends to flow into what are regarded as secure areas during times of economic or general turmoil which has meant Spanish government bonds will have to increase rates to attract new sales.

### Quote of the Week

"I am worried that the political system of this country will take us in a direction that, in my opinion is very dangerous." Stanley Fischer vice-president of the US Federal Reserve on calls to relax banking regulations.



## Walnut whipped off treat

WHILST the economy of Extremadura is said to be fragile, one piece of good news will please walnut growers in the region who account for 20 per cent of world production.

A poor crop in Chile, a growing demand for the nut and a weakening of the pound

means that UK prices for walnuts have increased by a fifth in the last few months.

This price rise has had a knock-on effect on the production of Walnut Whips - a British favourite for more than 100 years - making manufacturers Nestlé introduce a new range of Whips flavoured with caramel, mint and vanilla but without the traditional nut on their peak.

The traditional Whip, complete with walnut will continue to be sold singly and at Christmas, there will be a special six-pack.

The original Walnut Whip.



Evan-Amos Wikimedia

### » BUSINESS EXTRA

## Iberia Airline

THE Spanish flag carrier airline Iberia has formally confirmed that it is looking to reduce staff by slightly less than 6 per cent. This will be the third round of redundancies in four years.

## Trendy brew

SPANISH beer has grown in popularity throughout the world in the past decade and exports have increased by 261 per cent. The main target audiences are China, Portugal and the UK with San Miguel being much sought after.

## Banco Popular

BOND holders who lost €850 million following the handover of Banco Popular to Santander have now launched an action in the European Court of Justice. They hope to demonstrate that the sale was unnecessary and should be reversed.

## Spanish airline shares fall

TERRORIST attacks in Barcelona immediately caused a drop in the value of shares in Spanish airlines as well as airlines who serve Spanish airports.

This only adds to the perceived problems of travelling in and out of Spain by air with record

queues of people waiting to have their passports checked and a decision by security staff to hold 25 days of strikes leading up to the Christmas holidays.

It is hoped that some settlement will be reached before the next peak travel season.

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CLOSING PRICES AUGUST 21

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,277.50	-2.50	-0.20	17,964.91
Associated British Foods	2,950.00	-190.00	-6.05	25,175.24
Admiral Group	1,944.00	-21.00	-1.07	5,695.65
Ashtead Group	1,622.50	51.50	3.28	7,887.77
Antofagasta	926.50	-17.00	-1.80	9,311.42
Aviva	531.00	9.00	1.72	21,222.83
AstraZeneca	4,450.00	3.00	0.07	56,720.27
BAE Systems	593.50	10.00	1.71	18,838.17
Babcock International Group	882.50	67.50	8.28	4,247.01
Barclays	194.50	-1.15	-0.59	33,601.99
British American Tobacco	4,837.50	85.50	1.80	110,822.29
Barratt Developments	612.50	2.50	0.41	6,174.02
British Land Co	624.00	13.00	2.13	6,401.20
BHP Billiton	1,350.00	-1.00	-0.07	28,766.42
Bunzl	2,278.50	-27.50	-1.19	7,832.56
BP	443.50	3.50	0.80	87,563.80
Burberry Group	1,751.00	5.00	0.29	7,603.77
BT Group	293.50	1.00	0.34	29,117.23
Coca-Cola HBC	2,582.00	28.00	1.10	9,417.66
Carnival	5,145.00	-145.00	-2.74	11,427.00
Centrica	207.50	5.90	2.93	11,419.63
Compass Group	1,665.00	35.00	2.15	26,109.27
Croda International	3,853.00	45.00	1.18	5,032.34
CRH	2,601.00	-70.00	-2.62	22,773.62
ConvaTec Group	286.30	0.69	0.24	5,643.66
DCC	6,815.00	-4.74	-0.07	6,195.40
Diageo	2,579.25	29.75	1.17	65,103.57
Direct Line Insurance Group	377.55	-7.55	-1.96	5,346.00
Experian	1,487.50	-27.50	-1.82	14,280.05
easyJet	1,302.50	12.50	0.97	5,167.68
Ferguson Ord 10 5366p	4,763.50	183.50	4.01	11,728.17
Fresnillo	1,586.00	53.00	3.46	11,539.75
G4S	324.15	25.85	8.67	4,665.64
GKN	324.50	8.80	2.79	5,480.29
Glencore	337.00	-6.45	-1.88	49,661.86
GlaxoSmithKline	1,492.50	2.50	0.17	74,072.28
Hargreaves Lansdown	1,420.00	80.00	5.97	6,370.10
Hammerson	566.00	-0.81	-0.14	4,549.12
HSBC Holdings	737.50	1.30	0.18	148,533.80
International Consolidated Air	603.00	-8.50	-1.39	12,979.53
InterContinental Hotels Grp	3,924.00	0.00	0.00	7,576.81
3i Group	955.50	15.00	1.59	9,276.10
Imperial Brands	3,250.00	80.50	2.54	30,918.43
Informa	672.00	-25.00	-3.59	5,862.80
Intertek Group	4,558.50	-275.50	-5.70	7,824.21
ITV	171.95	5.25	3.15	6,819.04
Johnson Matthey	2,910.00	129.00	4.64	5,453.77
Kingfisher	308.50	15.40	5.25	6,454.90
Land Securities Group	1,017.50	15.50	1.55	8,089.41
Legal & General Group	268.50	1.70	0.64	15,947.15

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Lloyds Banking Group ORD	65.06	1.15	1.80	46,311.82
London Stock Exchange Grp	3,887.00	-57.00	-1.45	13,668.41
Micro Focus International	2,137.50	-36.50	-1.68	5,081.89
Mediclinic International	802.75	82.25	11.42	5,389.25
Merlin Entertainments	465.00	4.50	0.98	4,717.42
Marks & Spencer Group	334.75	17.65	5.57	5,184.52
Mondi	1,944.00	-124.00	-6.00	10,007.26
Morrison (Wm) Supermarkets	248.25	4.65	1.91	5,797.96
National Grid	967.50	7.20	0.75	33,037.76
Next	4,064.50	-85.50	-2.06	6,182.26
Old Mutual Group	204.50	0.80	0.39	10,175.20
Provident Financial	2,075.00	223.00	12.04	2,799.86
Paddy Power Betfair	7,482.50	302.50	4.21	6,306.30
Prudential	1,827.50	16.50	0.91	46,894.63
Persimmon	2,463.00	-58.00	-2.30	7,814.37
Pearson	650.00	45.00	7.44	5,061.75
Reckitt Benckiser Group	7,325.00	68.00	0.94	51,734.36
Royal Bank of Scotland Group	251.50	-6.00	-2.33	30,727.69
Royal Dutch Shell	2,122.50	8.00	0.38	95,850.63
RELX	1,541.50	-128.50	-7.69	18,095.38
Rio Tinto	3,441.00	11.50	0.34	47,155.71
Royal Mail	406.10	13.90	3.54	4,003.00
Rolls-Royce Group	904.50	3.50	0.39	16,776.88
Randgold Resources	7,300.00	-195.00	-2.60	6,961.22
RSA Insurance Group	700.75	48.75	7.48	6,642.42
Rentokil Initial	262.50	-33.00	-11.17	5,365.01
Sainsbury (J)	237.00	-0.10	-0.04	5,249.16
Schroders	3,497.00	117.00	3.46	7,677.98
Sage Group (The)	695.00	1.00	0.14	7,566.22
Segro	537.50	15.50	2.97	5,302.16
Shire	3,897.25	132.75	3.53	35,153.10
Smurfit Kappa Group	2,177.50	-106.50	-4.66	5,463.81
Sky	866.00	-86.00	-9.03	16,425.21
Standard Life Aberdeen	430.00	-1.60	-0.37	12,843.77
Smiths Group	1,565.00	16.00	1.03	6,177.35
Scottish Mortgage Invstmnt Trst	413.00	-7.50	-1.78	5,936.78
Smith & Nephew	1,375.00	7.00	0.51	12,102.57
SSE	1,425.00	-12.00	-0.84	14,344.87
Standard Chartered	748.50	-2.90	-0.39	24,851.75
St James's Place	1,160.50	-28.50	-2.40	6,295.84
Severn Trent	2,221.00	5.83	0.26	5,310.39
Tesco	178.50	1.95	1.10	14,645.40
TUI AG	1,341.00	16.00	1.21	7,831.09
Taylor Wimpey	196.40	3.60	1.87	6,324.75
Unilever	4,338.50	-115.00	-2.58	56,383.48
United Utilities Group	990.25	92.75	10.33	6,167.68
Vodafone Group	219.70	0.65	0.30	58,682.41
Worldpay Group	402.50	-21.10	-4.98	8,460.00
WPP Group	1,585.50	21.50	1.37	20,315.52
Whitbread	3,801.00	8.00	0.21	7,041.24

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Norway kroner .....	9.31298

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## DOW JONES

CLOSING PRICES AUGUST 21



COMPAN	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	203,530	-0.89	-1,820	121.460
AMERICAN EXPRESS	85,380	-0.82	-710	75.474
APPLE	157,500	-0.23	-360	862.694
BOEING	235,770	+0.08	0,180	139.360
CATERPILLAR	113,920	+0.69	780	67.324
CHEVRON TEXACO	106,480	+0.53	560	201.780
COCA-COLA	45,670	-0.41	-190	194.796
CISCO SYSTEMS	30,370	-2.16	-670	152.752
DU PONT	81,180	+0.40	320	70.448
EXXON MOBIL	76,640	+0.50	380	324.732
GENERAL ELECTRIC	24,550	-0.81	-200	212.553
GOLDMAN SACH	222,150	+0.33	730	85.944
HOME DEPOT	147,490	-1.46	-2,180	176.332
IBM	139,700	-0.71	-1,000	130.192
INTEL	35,010	-0.45	-160	165.317
JOHNSON & JOHNSON	132,630	-0.31	-410	355.979
JP MORGAN CHASE	90,740	+0.10	0,090	319.311
MCDONALDS	157,760	-0.08	-130	127.785
MERCK	61,490	-0.52	-320	167.705
MICROSOFT	72,490	+0.12	0,090	569.805
NIKE	54,950	-4.37	-2,510	72.103
PFIZER	32,670	-0.85	-280	194.300
PROCTER & GAMBLE	92,470	+0.43	400	235.800
ST. PAUL TRV	127,890	-0.23	-300	35.291
UNITED TECHNOLOGIES	115,480	-0.53	-620	92.242
UNITEDHEALTH	190,820	-0.98	-1,880	184.496
VERIZON	47,690	-0.42	-200	194.547
VISA CLASS A	102,510	+0.34	350	187.529
WAL-MART	79,310	-0.49	-390	239.080
WALT DISNEY	100,700	-0.67	-680	155.429

M - MILLION DOLLARS

## NASDAQ

CLOSING PRICES AUGUST 21

COMPANY	PRICE	CHANGE NET / %
<b>Most Advanced</b>		
Sportsman's Warehouse Holdings, Inc.	\$ 4.34	0.88▲25.43%
Amyris, Inc.	\$ 2.41	0.39▲19.31%
China Finance Online Co. Limited	\$ 2.31	0.31▲15.50%
Xunlei Limited	\$ 4.60	0.55▲13.58%
Ross Stores, Inc.	\$ 59.02	5.69▲10.67%
Yangtze River Development Limited	\$ 10.73	0.94▲9.60%
ProQR Therapeutics N.V.	\$ 4.75	0.40▲9.20%
Control4 Corporation	\$ 24.31	2.04▲9.16%
QuinStreet, Inc.	\$ 4.64	0.38▲8.92%
21Vianet Group, Inc.	\$ 4.72	0.36▲8.26%
Lincoln Educational Services Corporation	\$ 3.13	0.23▲7.93%
<b>Most Declined</b>		
Applied Genetic Technologies Corporation	\$ 4.80	0.45▼8.57%
Viacom Inc.	\$ 38.80	3.60▼8.49%
Quotient Limited	\$ 3.58	0.33▼8.44%
The Finish Line, Inc.	\$ 11.01	0.98▼8.17%
Atlantic Capital Bancshares, Inc.	\$ 17.20	1.35▼7.28%
Zion Oil & Gas Inc	\$ 2.68	0.21▼7.27%
MyoKardia, Inc.	\$ 40.375	3.125▼7.18%
Shoe Carnival, Inc.	\$ 15.78	1.08▼6.41%
Westmoreland Coal Company	\$ 2.05	0.14▼6.39%
Altisource Portfolio Solutions S.A.	\$ 19.93	1.27▼5.99%
YogaWorks, Inc.	\$ 3.98	0.23▼5.46%

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Sterling Fixed Income B

DEALING PRICE

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€0.9421 ..... -€0.0011

Price Movement

### Accumulating Funds

GBP Currency B  
EUR Currency B  
Multi Asset Conservative B GBP  
Multi Asset Conservative B EUR  
Multi Asset Balanced B GBP  
Multi Asset Balanced B EUR  
Multi Asset Growth B GBP  
Multi Asset Growth B EUR

DEALING PRICE

€0.9821 ..... -€0.0003  
€0.9578 ..... -€0.0007  
£1.1558 ..... £0.0020  
€1.0799 ..... €0.0019  
£1.3116 ..... £0.0045  
€1.2140 ..... €0.0041  
£1.4545 ..... £0.0079  
€1.3539 ..... €0.0073

Price Movement

Remaining Elite Fund prices available on request

Prices correct as at 16/08/2017



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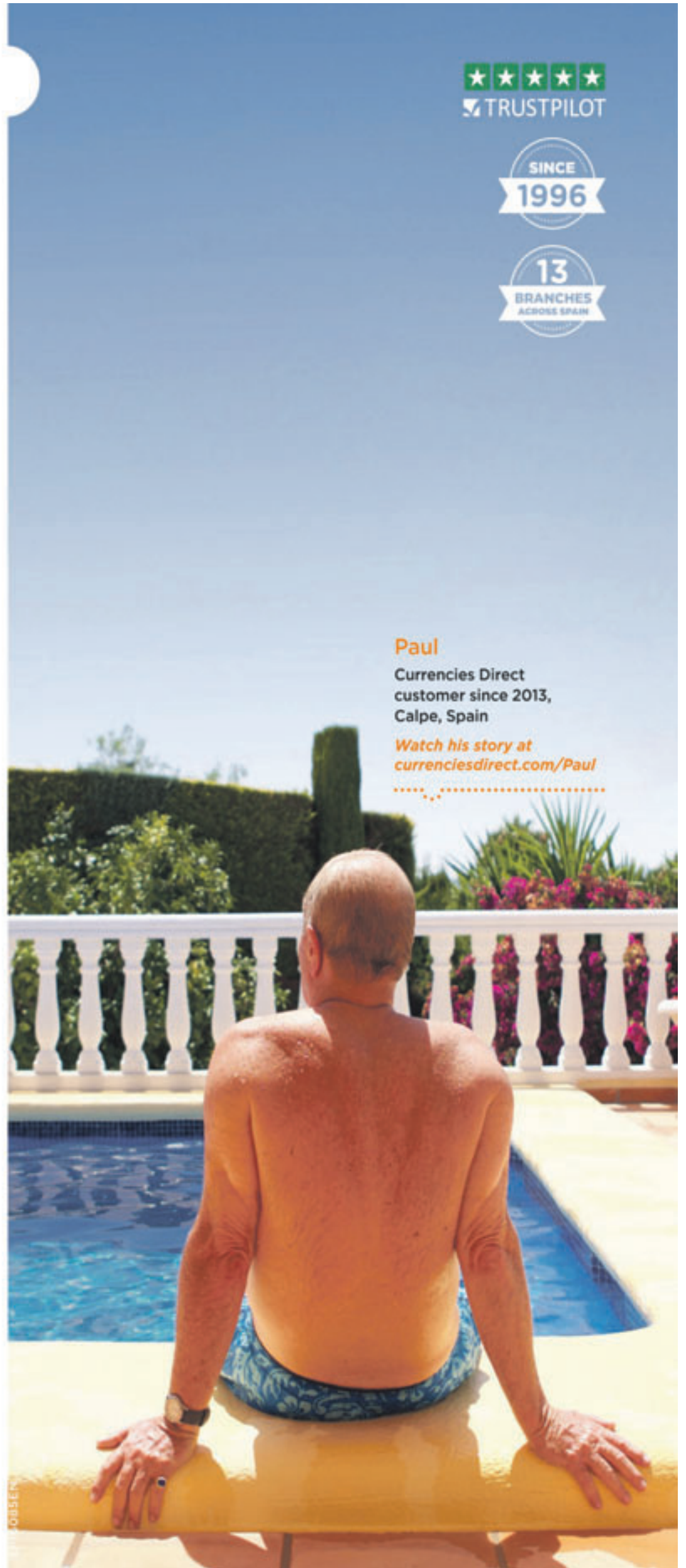
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# ONLINE SHOPPING BECOMES EASIER

## Retailers build better sites

By John Smith

A NEW report suggests that with up to 80 per cent of the Spanish population having access to the internet, e-commerce is about to accelerate dramatically.

Currently Amazon Spain is estimated to be the largest internet seller in the country with turnover in excess of €3 trillion, followed surprisingly by Chinese site Alibaba which operates in Spain under the name Aliexpress at just over €1 billion, whilst el Corte Ingles trails in third place at €530 million.

As more retailers offer an online purchasing service, so more consumers are purchasing through them but what isn't known or even understood is how many of these sales would have been made in store and therefore how profitable these sites really are.

For small retailers online outlets such as Amazon are without doubt an ideal option as consumers can compare prices and read service reviews.

This also becomes an attractive option for larger stores but whilst they benefit from their strength in purchasing in bulk, they have to ensure that their operating costs don't make them uncompetitive.

Stores such as those owned by the Inditex and Mango groups are able to reach customers in areas where shops are spread thinly and they have invested large amounts into ensuring that their sites are quick, efficient and easy to use.

Supermarket sites, which are very popular in the UK, are perhaps not so profitable here and appear in some cases to have been introduced for the sake of having an online site rather than actually planning them out properly.

The Mercadona group is a perfect example as it has had to be re-designed and responsibility for this has been handed to the founder's



Photo Credit: Pomezz Shutterstock

**ONLINE SHOPPING:**  
The trolley on your desk.

youngest daughter Juana Roig, but the results suggest Mercadona is well ahead of its competitors with growing purchases online.

Having said this, it is estimated that total turnover is somewhere between €170 million and €190 million which is just 1 per cent of annual turnover and this division currently trades at a loss.

Conversely however, customers tend to buy larger amounts of goods than they would in store in order to justify the delivery and handling charges.

Those with an eye for a bargain however have discovered that some (although not all) sites outside Spain will deliver via couriers, often free of charge, so it is possible to purchase perfume from the UK, costume jewellery from Germany or even clothing from Debenhams online with substantial savings over Spanish retail prices.

# AMERICANS BEEF UP MARKET

## Huge growth for burger chains

A SIMPLE piece of minced beef in a bun is fuelling a whole new revolution in the fast food market in Spain.

For generations, the vast majority of restaurants and food outlets in Spain sold traditional Spanish food and to a great extent older generations of Spaniards have remained loyal to this cuisine.

As with so many other European countries however, the American way of eating started to spread and by the middle of the 1980s, both Burger King and McDonald's were firmly entrenched in the Spanish psyche.

The concept of this type of fast food spawned a number of local eateries such as Vip although other American food outlets including KFC and Friday's promoted the opening of franchise operations around the country.

The two big burger giants saw off the presence of Wendy's American burgers but are now facing an onslaught of beefy competition.

In many towns, local, un-franchised burger restaurants with names like Gourmet Burger and American Burger have opened up. These offer a burger ex-



Photo Credit: YouTube

**Model Nina Agdal promotes Carl Jr burgers.**

perience rather than simple fast food and attract a trendy audience.

Having seen the success of McDonald's with its 500 branches and Burger King with 700, at least three US chains have now decided that the time has come to expand their empires within Spain.

Although not household names in Europe, Steak 'N Shake with 544 outlets in the USA, Five Guys with 700 and Carl's Jr leading the way with 1,385 have started to test the Spanish waters by opening restaurants in some

of the main cities in Spain.

Clearly if these are successful then there is likely to be a massive expansion especially in areas with shopping centres where each of these operations would fit in well.

One of the problems that the existing companies running burger outlets may face is the cost of franchising as it appears that the 'new boys on the block' are prepared to undercut McDonald's and Burger King with lower start-up costs in order to gain a speedy increase in market share.

## Beatles' relics still popular

ALTHOUGH it is nearly 50 years since the Beatles split up, they are still the most collected group worldwide with a page of lyrics likely to sell for €20,000.

This is the amount expected to be paid in auction in September for Paul McCartney's handwritten score of Eleanor Rigby which has been signed by the 'fifth Beatle,' producer, the late Sir George Martin.

This is believed to be a piece handed to one of the backing octet consisting of violins, violas and cellos who helped record the original version of the song.

Coincidentally, a bible owned by Eleanor Rigby - whose name on a gravestone inspired the song - has just been found and is also included in the auction.

John Lennon famously spent some time in Spain and who knows whether other forgotten Beatles' treasures are waiting to be found here and in the UK.

## Repsol share forecasts

BARCLAY'S BANK differs from other investment advisors although downgrading its forecast for Spanish oil company Repsol.

Whilst it doesn't believe that Repsol will generate large amounts of dividend in the immediate future it has indicated a target price of €19 which is hugely higher than any other forecast.

According to the British Bank, it expects to see a growth by Repsol of 35 per cent and its share forecast price compares to an average of €14.57 and a low of €10.89.

At the time of writing, the actual share price was €14.01 and had seen some decent growth in the last few weeks but it is unusual to see such diverse opinion amongst investment houses.

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# RYANAIR ACCUSES GERMAN GOVERNMENT OF CARVE UP Angry at Lufthansa support

ACCUSATIONS are flying across borders as one of the main carriers of German tourists to Spain applies for liquidation.

Air Berlin which was the largest carrier serving the Balearics and Mallorca in particular was supported for some time by Abu Dhabi-based airline Etihad but with their financial backing withdrawn, the airline can't continue.

It has already passed some of its routes to former subsidiary Austrian airline Niki (originally founded by Formula 1 driver Niki Lauda) and now with a €150 million grant from the German government, it hopes to continue to fly until it is taken over by Lufthansa.

This support has infuriated Ryanair which is currently the second largest operator in Mallorca and the Irish company has accused the German airlines and government of what it calls 'a carve up' which will be to the advantage of Lufthansa.

In a statement, a spokesperson for Ryanair said "This artificially created



Ryanair Media Centre

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## Ryanair eyes on expanding German business.

insolvency has obviously been set up so that Lufthansa can take over a debt-free Air Berlin and this is contrary to all competition rules of Germany and the EU."

In accordance with this belief, the company has filed a complaint with the German Federal Cartel Office as well

as with the EU Competition Commission.

Ryanair which has been trying to increase the number of airports in Germany from which it can operate suggests that the demise of Air Berlin and take-over of 'cheap aircraft' by Lufthansa will reduce competition and see higher fares on routes which were previously run on a competitive basis.

The German government rejects all of Ryanair's accusations but the European Commission decision may play an important part in seeing how matters progress in the German market which is so important to Lufthansa.

Unions at Eurowings, a low cost carrier which is a subsidiary of Lufthansa also criticise the deal, believing that it will allow the German parent to take over Air Berlin staff on terms which are potentially worse than those who work for the company.

Cabin crew are now considering whether it would be appropriate to take strike action in support of their pay claims which have coincidentally broken down recently.

## Go slow at airports

AS the strike of security staff at Barcelona El Prat airport is called off temporarily, staff at other Aena managed Spanish airports have announced their own programme.

Whilst Barcelona was the touch paper and an arbitrator is likely to be appointed by central government, the explosion of anger by staff could bring a winter of delays and irritation to passengers.

It is expected that Marcos Peña, who was involved in trying to resolve the recent Stevedore's dispute will be appointed to try to get the parties to agree on a way forward.

If the staff in Barcelona can be placated, then it is possible that staff in the other airports will be likely to settle.

# Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at [international@stoneking.co.uk](mailto:international@stoneking.co.uk)



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

**“ You can choose a person or people, who you trust, to act for you when you are no longer able.**

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



**An LPA must be made while you have full mental capacity.**

### What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

### Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

### Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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# I truly am very fed up with being told to call a spade a fork

THIS latest travesty, which resulted in the resignation of MP Sarah Champion is a glaring example.

Ms Champion had the 'nerve' to state that Pakistani men were targeting white British girls for sexual exploitation. In the light of the recent evidence and subsequent prosecutions, to most minds the only thing this MP was guilty of was stating the blatantly obvious. Naturally the Corbyn'ites didn't agree.

The first priority in the forming of a dictatorial state is the suppression of free speech. It is therefore no surprise that Corbyn cynically forced out one of his own, perfectly capable party members purely for speaking the truth. (A statement which also wouldn't of course win his party many future ethnic votes!)

Freedom of expression is at the very core of a democratic society. To suppress it results in frustration, social unrest and ultimately, without that valve of non-physical release, violence. We have to be able

**LEAPY LEE SAYS IT**

**OTHERS THINK IT**



to voice opinions, which, as long as they don't incite riotous behaviour, can be discussed and argued about among our peers without fear of arrest or legal proceedings.

Political correctness is the scourge of modern society. Needing to bottle up the truth for fear of recrimination, is a completely unacceptable EU-inspired edict, that hopefully will soon be wiped off our constitutional pages, in the same way thousands of other ridiculous and destructive laws, that Brussels has forced upon us over the last 60 years will also disappear.

Another



example was the terrorist exercise recently carried out in a London shopping centre. Apparently, some factions of Muslim society were 'upset' that the 'perpetrators' were told to scream 'Allua Akbar' at the start of the incident.

Oh really? I suppose the fact that every single terrorist attack that has taken place has been preceded by this shouted phrase has nothing to do with it? Hearing this could be the first indication of an attack, and indeed save lives by giving the public at least a fraction of time to react to whatever outrage is about to occur. The decision to use the phrase was perfectly correct and certainly didn't need 'apologising' for.

I also have reservations about Cast-er Se-

menya, the Olympic gold-medalist runner who won gold in the women's 800 metres in the recent World championships. Due to a condition called Hyperandrogenism, she has testosterone levels three time higher than a female, no female organs and internal testes. She is in fact considered Intersex.

Whatever gender she prefers, as is her right, I consider it completely unfair to allow her to compete against women in these events. Female toilets, women's armed forces and even her recent marriage (to a female!) are fine, but unless she agrees on medication to lower her testosterone levels, physical competition should never be allowed.

I know many will disagree, but to me it simply isn't on. Just another example of PC madness, which left unchecked will be the end of society as we know it.

*Keep the faith*

*Love Leapy*

*leapylee2002@gmail.com*

**| FREEDOM OF SPEECH: Political correctness has gone to the extreme.**

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RESERVATION**

## Charge sheet

**45,000**

tons of plastic waste produced by Spanish greenhouses every year

**3,000**

tons of plastic on the Med

**291**

identified uncontrolled waste landfills across Spain

**90%**

of Mediterranean Sea turtles ingest plastic

**30%**

of plastic is recycled in Spain

**5.25**

trillion pieces of plastic waste in world's oceans

**5**

trillion plastic bags consumed each year across the world

*On land and at sea waste is more than an eye-sore*

# In need of plastic surgery...

*As record numbers of tourists touch down on Spain's shores, David Noon examines how the plastic problem is worse than ever*

**F**AMILIES basking in glorious sunshine, children digging for buried treasure beneath golden sands and loved-up couples frolicking in the shallows are all things you'd expect to find on Spain's beaches this summer.

However, there is one unwanted visitor that is making a repeat appearance: plastic. (And no, we don't mean TOWIE stars in Marbs or the latest batch of Love Islanders in Mallorca.)

This year - more so than ever before - tourists along Spain's coastlines and its islands are having to wade their way through plastic bottles, bags and packaging as they attempt to enjoy a dip in the Med.

In total, researchers estimate that there is around 3,000 tons of plastic floating on the surface of the Mediterranean Sea, with more added to the fray every year. (No doubt, the travel agents didn't mention that to the record number of tourists expected to touch down in Spain this summer.)

And because the Med is almost enclosed the plastic is effectively trapped, taking decades to be broken down.

However, it is not just the tourists affected by the plastic floaters. Marine life is also suffering as sea turtles mistake bottle tops for crustaceans and Mercadona bags for jellyfish.

**€0.05**

EU tax imposed on each plastic bag purchased

Scientists at the Society for the Protection of Turtles have been keeping a close watch on the Med and are alarmed by what they are seeing.

Robin Snape, project co-ordinator for the group, said: "In the green turtle (the presence of plastic is) really common. The vast majority of them have some plastic in their gastro-intestinal tract. It's more than 90 per cent of the population."

And it is not just turtles that are mistakenly chomping down on the plastic at sea.

In 2013, a whale beached in Almeria with 17kg of plastic waste inside its stomach.

The sheets of plastic discovered inside the whale were strikingly similar to those used in Almeria's infamous

plastic greenhouses - of which 45,000 tons of plastic waste is produced each year.

Conservationists are attempting to compensate for the deaths of the sea turtles by protecting nesting sites that are often dug up by dogs and foxes. But is that really the answer? Shouldn't we all be doing more to prevent the plastic waste in the first place?

While the likes of US president Donald Trump dismiss plastic waste, ocean pollution and global warming as 'fake news,' there are others doing their best to raise awareness.

In Mallorca, conservation group OceanCare is attempting to raise awareness through its 'I Care' campaign.

"People are becoming increasingly aware that our throw-away plastic culture needs to change fundamentally," Fabienne McLellan of OceanCare said.

"This is why OceanCare launched the 'I Care' movement which unites people around the world who want to tackle one of the most pressing challenges of our time: to put an end to the age of single-use plastic and thereby limiting the amount of plastic debris ending up in our oceans."

One (unconventional) way in which OceanCare is attempting to motivate people to join the cause is through

## Dirty little secret

SPAIN has almost 300 known illegal landfill sites, according to the EU.

Earlier this year, the EU courts ruled that Spain was in breach of the European body's Waste Framework Directive for failing to bring 61 landfill sites in line with EU environmental safety rules.

Moreover, the EU has alerted Madrid to a further 230 landfill sites that are in breach of environmental regulations.

The European Commission has been attempting to stamp down on Spain's landfill problems for more than a decade.

In 'an effort to urge Spain to speed up the process' of dealing with its landfill sites, the Court of Justice of the EU has ordered the 61 illegal landfills to be 'closed, sealed and restored, without fur-

ther delays.'

In the meantime, the EU expects Spain to look into further illegal waste sites after an EU executive sent a formal notice to Madrid over 'at least 291 identified uncontrolled waste landfills across Spain.'

But as policy officer for Zero Waste Europe Ferran Rosa says, the problem is not just limited to Spain.

"The Spanish case highlights a problem that exists to a varying degree across Europe, and the difficulty of enforcing existing legislation, said Rosa.

"Just taking this example, the infringement procedure for Spain is open since 2007 and even if the commission is willing to push for the implementation, potential sanctions take years to come," Rosa said.



**NOT SO GREEN:** Almeria's plastic greenhouses are an environmental disaster





Photo OceanCare

ON VIDEO: Shooting taking place in Mallorca.

**PLASTIC BEACH:** Rubbish washed up on shore is a common sight.

the medium of rock music.

Collaborating with German rock band Itchy, OceanCare supported the band's efforts to shoot its video for campaign song 'The Sea.'

Set in Mallorca, the German rockers' music video attempted to motivate its young fans by exposing the consequences of plastic pollution.

McLellan added: "With these activities, we not only wish to raise awareness, but to also invite people to rethink their behaviour and join our movement - without pointing fingers but rather, with empowering them."

But while OceanCare is doing its bit in the Balearics, the mainland is facing a slap on the wrists for failing to meet an EU order on plastic bags.

Supermarkets across the country may have started implementing a five cents charge per bag, but that falls far short of the EU's Plastic Bag Directive.

The EU Commission has sent Spain a final warning, informing the member state that it must either implement EU rules on lightweight plastic carrier bags or face infringement proceedings before the European Court of Justice.

Spain - along with Greece, Italy, Poland and Cyprus - now has just

two months to satisfy the Commission if it wishes to stave off a court case.

The Commission maintains that the member states have not properly implemented the Plastic Bags Directive which is intended to dramatically cut the consumption of carrier bags with a wall thickness of less than 50 microns within the EU.

And in typical 'mañana, mañana' fashion, Spain has missed the deadline and some. Adopted more than two years ago, the deadline for transposition expired on November 27, 2016. Nine months later and Spain is still dragging its heels.

In the long run, the ruling hopes to drastically cut down the number of plastic bags circulated in Europe.

The Directive obligates member states to take measures which may include requiring that a price be charged for these bags and/or introducing national reduction targets that ensure that no more than 90 lightweight carrier bags are consumed per person and year by the end of 2019 and no more than 40 bags by the end of 2025.

Spain may or may not receive a financial telling off by the EU courts for its failure to curb the plastic flow. But it is not the public coffers nor the politicians who are the real sufferers here.

For every day that plastic regulations are ignored, the Mediterranean's remarkable sea life will continue depleting.

## Eating your problems

EVERYONE has been guilty of tucking into a tub of Ben & Jerry's or gorging on a packet of crisps in an attempt to eat their problems away.

Now scientists think they have discovered one hungry critter who is ready, and willing, to eat away our plastic problems.

Wax moth larvae are usually bred as fish bait, but a chance discovery has revealed their taste for plastic - which could be used to beat polluting seas.

In the wild wax worms live on beeswax, making them a constant pest for beekeepers across Europe.

When Federica Bertocchini - a scientist and amateur beekeeper - removed an infestation from one of her hives and put them in a plastic bag, the worms simply ate their way out.

"I went back to the room where I had left the worms and I found that they were everywhere," she said. "The bag was full of holes."

The prison break led Bertoc-



**PROBLEM SOLVER?:** Plastic-eating worms.

chini, a researcher at the Spanish National Research Council, to investigate the feeding habits of the centimetre-long Galleria mellonella grubs.

To her surprise lab tests revealed that 100 worms can devour 92 milligrams of polyethylene in as little as 12 hours.

With such a voracious appetite for plastic, the worms could be put to good use, the scientists reasoned.

And with 3,000 tons of plastic floating atop the Med and thousands more tons sitting in landfills in Spain and across Europe, scientists are now pushing these plastic-eating

worms as a way to tackle the waste.

"We want to know if they're munching the plastic to use as a food, or just because they want to escape," said fellow researcher Paolo Bombelli. "If they just want to escape, they are going to get fed up very soon. But if they're munching it to use as an energy source it's a completely different ball game. We are not yet able to answer this, but we're working on it."

While more tests are currently being carried out, a beekeepers nightmare could soon be heralded as an environmental saviour.

**IN DANGER:** 90% of sea turtles have ingested plastic in the Med.



BBC ONE

BBC ONE program schedule including Breakfast, Wanted Down Under, Homes Under the Hammer, Heir Hunters, Bargain Hunt, BBC News at One, BBC London News, Red Rock, Impossible, Escape to the Continent, Flog It!, Pointless, BBC News at Six, BBC London News, The One Show, EastEnders, Who Do You Think You Are?, Ambulance, BBC News at Ten, BBC London News, Deadliest Place to Deal, Killing at the Carwash.

BBC TWO

BBC TWO program schedule including The World's Most Photographed, Heir Hunters, Bargain Hunt, Nadiya's British Food Adventure, Great British Menu, Victoria Derbyshire, BBC Newsroom Live, A to Z of TV Gardening, Two Tribes, Cars 2, Coast Australia, Planet Earth, Put Your Money, Where Your Mouth Is, Eggheads, Royal Recipes, Celebrity Antiques Road Trip, The Pacemakers, Top of the Lake, The Premier League Show, Newsnight, No More Boys and Girls: Can Our Kids Go Gender Free?, Is it Safe to be Gay in the UK?, 10 Puppies and Us.

BBC FOUR

BBC FOUR program schedule including World News Today, Top of the Pops, Andrew Marr's The Making of Modern Britain, Wonders of the Universe, Horizon, Top of the Pops, Wonders of the Universe, A History of Art in Three Colours, Sword, Musket and Machine Gun, This is BBC Four.

CHANNEL 4

CHANNEL 4 program schedule including Countdown, Will and Grace, Everybody Loves Raymond, Frasier, The Big Bang Theory, The Simpsons, Channel 4 News, Couples Come Dine with Me, Posh Pawn, Countdown, Cheap Cheap Cheap, A Place in the Sun, Come Dine with Me, Streetmate, The Simpsons, Hollyoaks, Channel 4 News, Lego Masters, 24 Hours in A and E, Wasting Away, Britain's Benefit Tenants.

CHANNEL 5

CHANNEL 5 program schedule including Shimmer and Shine, Noddy: Toyland Detective, Paw Patrol, Rusty Rivets, Digby Dragon, Peppa Pig, Mofy, Ben and Holly's Little Kingdom, Floogals, The Wright Stuff, The Yorkshire Vet, 5 News Lunchtime, Celebrity Big Brother, Home and Away, Neighbours, NCIS, A Wife's Suspicion, 5 News at 5, Neighbours, Home and Away, 5 News Tonight, All New Traffic Cops, Named and Shamed, Celebrity Big Brother, Celeb Trolls: We're Coming to Get You, Celebrity Big Brother's Bit on the Side, Super Casino.

4

4 program schedule including Made in Chelsea, Melissa and Joey, Black-Ish, Baby Daddy, How I Met Your Mother, The Goldbergs, The Big Bang Theory, The Big Bang Theory, Melissa and Joey, Baby Daddy, Black-Ish, The Goldbergs, The Big Bang Theory, Hollyoaks, Coach Trip, The Big Bang Theory, Kevin Can Wait, Body Fixers, The Inbetweeners, The Big Bang Theory.

sky sports main event

sky sports main event program schedule including Good Morning Sports Fans, Good Morning Sports Fans, Good Morning Sports Fans, Good Morning Sports Fans, Good Morning Sports Fans, Good Morning Sports Fans, Live European Tour Golf, Day one of Made in Denmark, hosted at Himmerland Golf and Spa Resort, Sky Sports Today All the news from the Premier League and beyond, Sky Sports Today Live European Tour Golf, Sky Sports Today Sky Sports News, Sky Sports News Live T20 Blast, Boxing, Through the Night, Through the Night.

itv

itv program schedule including Good Morning Britain, Good Morning Britain, The Jeremy Kyle Show, This Morning, Loose Women, ITV Lunchtime News, ITV News London, ITV Racing Live, Tipping Point, Cash Trapped, ITV News London, ITV Evening News, Emmerdale, Can Crooks Hack Your Home? Tonight, Emmerdale, James Martin's French Adventure, The Brighton Police, ITV News at Ten and Weather, ITV News London, Easyjet: Inside the Cockpit, Bear Grylls: Mission Survive, Jackpot247, Can Crooks Hack Your Home? Tonight.

itv2

itv2 program schedule including Below Deck, The Ellen DeGeneres Show, Emmerdale, Coronation Street, You've Been Framed! Gold, Totally Bonkers Guinness World Records, The Great Indoors, Below Deck, Emmerdale, Coronation Street, You've Been Framed! Gold, The Ellen DeGeneres Show, The Jeremy Kyle Show, The Jeremy Kyle Show, Judge Rinder, You've Been Framed! Best of You've Been Framed! Gold, Two and a Half Men, The Expendables, FYI Daily, The Expendables, Family Guy.

itv3

itv3 program schedule including Judge Judy, Judge Judy, The Royal Heartbeat, Where the Heart is Drama series, Minder, The Professionals, Judge Judy, Judge Judy, Judge Judy, Rising Damp, You're Only Young Twice, The Darling Buds of May, Heartbeat, The Royal, The Darling Buds of May, You're Only Young Twice, On the Buses, Rising Damp, Heartbeat, Murder, She Wrote, Endeavour, Law and Order: UK, The Ivy, Mrs Biggs, Marchlands.

itv4

itv4 program schedule including The Chase, Storage Wars Texas, Storage Wars Texas, Ironside, Quincy, M.E., Minder, The Professionals, Cycling, Ironside, Quincy, M.E., Minder, The Professionals, Storage Wars Texas, Storage Wars Texas, Cycling, World Superbike Highlights, The Krays, FYI Daily, A round-up of the latest entertainment news, The Krays, Rambo III, FYI Daily.

sky CINEMA ACTION & ADVENTURE

sky CINEMA ACTION & ADVENTURE program schedule including The Bourne Identity, The Bourne Supremacy, The Magnificent Seven, The Karate Kid, G.I. Joe: The Rise of Cobra, The Bourne Identity, The Bourne Supremacy, Behind Enemy Lines.

sky CINEMA COMEDY

sky CINEMA COMEDY program schedule including Ghostbusters: Special, Turner and Hooch, I-Spy, Mr. Right, Ghostbusters: Special, Me, Myself and Irene, Mrs. Brown's Boys, D'Movie, Bridget Jones's Baby, Dodgeball: A True Underdog Story, Mrs. Brown's Boys, D'Movie, Bridget Jones's Baby, How to be Single.

sky CINEMA PREMIERE

sky CINEMA PREMIERE program schedule including The Joshua Tree, Ibiza Undead, Kubo and the Two Strings, Keeping up with the Joneses, The Veil, Kill Me Three Times, When a Job Goes South, Ibiza Undead, Kubo and the Two Strings, Superb stop-motion animation about a young boy who embarks on an epic quest when he inadvertently summons vengeful spirits from his past, Keeping up with the Joneses, The Veil, The Confirmation, The Innocents, Kill Me Three Times.

sky sports football

sky sports football program schedule including Football Years, Football Countdowns, Football's Greatest, Football's Greatest Teams, EFL Greatest Games, EFL Greatest Games, SPFL Greatest Games, La Liga Greatest Games, Carabao Cup, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games, EFL Greatest Games.

## LEGALLY SPEAKING

# Documents to carry

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



Photo credit: autofaciles

**DON'T FORGET: The necessary documentation to have in your car.**

A COMMON question that often crops up for drivers in Spain is what documents must be carried in the car with you. Here the N-332 team have the answers...

### The ITV card

This is the official document which relates to the technical inspection of the vehicle.

### ITV report

Once your vehicle is four years old it is required to have the mandatory ITV test and the report which states what happened during the inspection and confirms it is road worthy, and it must be carried in the vehicle.

### Permiso de Circulación

The Permiso de Circulación is similar to a log book for a vehicle and contains information such as the number plate, vehicle owner and other details relating to the vehicle.

There are also some other documents which are not compulsory, but it is advisable that you carry them with you. These include:

### Insurance policy

This is not compulsory as all the information is contained on a central computer, however, if you are involved in an accident you will need to know your policy details so it is easier to have them to hand.

### European Accident Agreement

Again, this is not compulsory, but it is advisable to carry the European Accident form as it will help you ensure data is recorded correctly in the event of an incident. The forms are available in a number of languages but are all laid out the same so it bridges any language gaps.

Copies of your Suma annual tax which is paid to municipal town halls is also not compulsory.

Remember that the documents you carry must be the originals, not photocopies. Notarised copies are allowed, but this is the only exception.

For more news and articles visit [www.n332.es](http://www.n332.es) or search N332 on Facebook.

## How to quiet noisy renters?

**Q.** We need your advice on a problem with a detached property behind our house with private pool. The owner lives in Scandinavia and rents out this property for most of the year. It is advertised on websites. They have a local property manager who welcomes the people and handles cleaning. We and other neighbours have been kept awake by loud partying around the pool long after midnight.

### Who is responsible?

Should we notify the town hall or the police?

As this is a business, is there a way to formally complain?

Should the house be registered with the local authority for rental and how can we check if it is?

P S (By email)

**A.** Try phoning the property manager after midnight when the noise becomes loud. Then call the Local Police. Encourage your neighbours to call too. If your absent owner advertises on

### David Searl

You and the Law in Spain

the web, his advert must feature his registration number for tourist rentals. If he does

not have this, he can be subjected to heavy fines. The website can also be fined. If your property manager is a business, you can complain to the OMIC, consumer advice municipal office.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at [Ask@lawtaxspain.com](mailto:Ask@lawtaxspain.com), or call 952 667 090.

## Sounds like a lot of money

Mike Senker

In my opinion

Views of a Grumpy Old Man



THIS week I'm going to mention again a certain airline that, if you don't pay extra to select a seat, will make sure that you and your travelling companion do not sit together.

A friend of mine called Bill, who is much wiser and smarter than I, has come up with a solution that he has tried and which has worked and I'm going to pass it on to you. Even if it doesn't work I'd have to try it. Here we go.

When you get on the plane don't stress - take your allocated seat, which will most likely be a middle seat, because that's how they punish you. Then when everyone is seated get up and go to your partner, wherever they are sitting, and say to them, 'How you feeling?' Then produce a sick bag or even a carrier bag and say, 'Look make sure when you throw up, that you get it all in the bag.' By now the people each side are going to be looking a bit uncomfortable and usually, if they are travelling alone, one will say, 'Would you like to sit here?' because no one wants to sit next to someone who is going to

be sick on a flight. Worth a try!

I saw this week that they are now not building a new bridge over the Thames. Well, that's OK then, except it's already cost £50 million. That's right, £50 million has already been spent. How? Where? Please explain to me how this happens. Someone has made a nice few quid out of this and it's scandalous. And how about that HS2 train network. It's going to add 350 miles of new track all at the knock down price of £55 billion - that's £157,142, 857.1428571 per mile. Now that sounds like a lot of money to me.

All that to cut an hour off your journey time to get to Manchester. I'll tell you what - spend the money on hospitals and health and let all the punters for the fast train get up an hour earlier. And don't be under any illusion - the first bits of snow or rain or a few dodgy leaves on the line and it will all grind to a halt and, of course, you just know it will run over budget too.

I have a message for Mr Donald J Trump this week. You CANNOT over react to Nazis walking through the streets of the USA or any country come to that. Did you not hear their chants? Did you not see the burning torches they were carrying? You are an embarrassment and should be removed from office immediately. If anyone has any comments my email is [mikesenker@gmail.com](mailto:mikesenker@gmail.com).



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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am Breakfast  
10:15am Wanted Down Under  
11:00am Homes Under the Hammer  
12:00pm Heir Hunters  
12:45pm Close Calls: On Camera  
1:15pm Bargain Hunt  
2:00pm BBC News at One  
2:30pm BBC London News  
2:45pm Red Rock  
3:30pm Impossible  
4:15pm Escape to the Continent  
5:15pm Flog It!  
6:15pm Pointless  
7:00pm BBC News at Six  
7:30pm BBC London News  
8:00pm The One Show  
8:30pm A Question of Sport  
9:00pm EastEnders  
9:30pm Celebrity MasterChef  
11:00pm BBC News at Ten  
11:25pm BBC London News  
11:35pm The Ronnie Barker Comedy Lecture with Ben Elton  
12:20am Miranda  
12:50am Up in the Air  
2:30am Weather for the Week Ahead

BBC TWO

7:00am The World's Most Photographed  
7:30am Heir Hunters  
8:15am Bargain Hunt  
9:00am Gardeners' World  
10:00am Victoria Derbyshire  
12:00pm BBC Newsroom Live  
2:00pm Two Tribes  
2:30pm Planes  
3:55pm The Hairy Bikers' Pubs That Built Britain  
4:25pm Coast Australia  
5:15pm Planet Earth  
6:15pm Put Your Money Where Your Mouth Is  
7:00pm Eggheads  
7:30pm Royal Recipes  
8:00pm Celebrity Antiques Road Trip  
9:00pm Mastermind  
9:30pm Only Connect  
10:00pm Gardeners' World  
11:00pm QI  
11:30pm Newsnight  
12:05am Dragons' Den  
1:05am Normal for Norfolk  
1:35am Inside the Factory Documentary series.  
2:35am Going Back Giving Back

BBC FOUR

8:00pm World News Today  
8:30pm BBC Proms 2017  
10:40pm **Blondie's New York... And the Making of Parallel Lines**  
11:30pm Reading Festival 2017  
*Huw Stephens introduces the headline performance by crowd-pleasers and festival favourites, Leicester's own rock 'n' roll kings, Kasabian.*  
1:00am Totally British  
2:00am Totally British  
3:00am It's Only Rock 'N' Roll: Rock 'N' Roll at the BBC  
4:00am This is BBC Four  
*BBC Four is the BBC channel for people who want more. More depth, more range, more to stimulate the mind.*

CHANNEL 4

7:00am Countdown  
7:45am Will and Grace  
8:05am Will and Grace  
8:30am Everybody Loves Raymond  
8:55am Everybody Loves Raymond  
9:25am Frasier  
9:55am Formula 1  
11:35am The Simpsons  
12:00pm The Simpsons  
12:30pm The Simpsons  
1:00pm Channel 4 News  
1:05pm Couples Come Dine with Me  
1:55pm Formula 1  
3:35pm F1: Grand Prix  
4:00pm Cheap Cheap Cheap  
5:00pm A Place in the Sun: Winter Sun  
6:00pm Come Dine with Me  
6:30pm Streetmate  
7:00pm The Simpsons  
7:30pm Hollyoaks  
8:00pm Channel 4 News  
9:00pm The Crystal Maze  
10:00pm 8 Out of 10 Cats Does Countdown  
11:00pm Naked Attraction  
12:05am Rude Tube  
1:05am The Stag

CHANNEL 5

8:20am Noddy: Toyland  
Detective  
8:35am Paw Patrol  
8:50am Rusty Rivets  
9:05am Digby Dragon  
9:15am Peppa Pig  
9:25am Peppa Pig  
9:35am Mofy  
9:45am Ben and Holly's Little Kingdom  
10:00am Floogals  
10:15am The Wright Stuff  
12:15pm The Yorkshire Vet  
1:10pm 5 News Lunchtime  
1:15pm Celebrity Big Brother  
2:15pm Home and Away  
2:45pm Neighbours  
3:20pm NCIS  
4:15pm Jesse Stone: Thin Ice  
6:00pm 5 News at 5  
6:30pm Neighbours  
7:00pm Home and Away  
7:30pm 5 News Tonight  
8:00pm Cricket on 5  
9:00pm Titanic: Draining the Wreck  
10:00pm Celebrity Big Brother  
11:45pm Celebrity Big Brother's Bit on the Side  
1:15am Super Casino

4

8:00am Made in Chelsea  
9:00am Melissa and Joey  
9:30am Melissa and Joey  
10:00am Black-Ish  
10:30am Black-Ish  
11:00am Baby Daddy  
11:30am Baby Daddy  
12:00pm How I Met Your Mother  
12:30pm How I Met Your Mother  
1:00pm The Goldbergs  
1:30pm The Goldbergs  
2:00pm The Big Bang Theory  
2:30pm The Big Bang Theory  
3:00pm Melissa and Joey  
3:30pm Melissa and Joey  
4:00pm Baby Daddy  
4:30pm Baby Daddy  
5:00pm Black-Ish  
5:30pm Black-Ish  
6:00pm The Goldbergs  
6:30pm The Goldbergs  
7:00pm The Big Bang Theory  
7:30pm The Big Bang Theory  
8:00pm Hollyoaks  
8:30pm Coach Trip  
9:00pm The Big Bang Theory  
9:30pm The Big Bang Theory  
10:00pm I Give it a Year  
12:05am The Big Bang Theory

sky sports main event

7:00am Good Morning Sports Fans  
7:30am Good Morning Sports Fans  
8:00am Good Morning Sports Fans  
8:30am Good Morning Sports Fans  
9:00am Good Morning Sports Fans  
9:30am Good Morning Sports Fans  
10:00am Good Morning Sports Fans  
11:00am Cricket  
*Day one of the second Test between England and West Indies at Headingley.*  
7:45pm Masterclass: Tammy Beaumont  
8:00pm Football  
*Bristol City v Aston Villa.*  
11:00pm Boxing  
11:30pm Sky Sports News at Ten  
12:00am Through the Night  
1:00am Through the Night  
2:00am Through the Night  
3:00am Through the Night  
4:00am Through the Night

itv

7:00am Good Morning Britain  
9:30am Good Morning Britain  
10:25am The Jeremy Kyle Show  
11:30am This Morning  
1:30pm Loose Women  
2:00pm ITV Lunchtime News  
2:20pm ITV News London  
2:30pm ITV Racing Live  
5:00pm Tipping Point  
6:00pm Cash Trapped  
7:00pm ITV News London  
7:30pm ITV Evening News  
8:00pm Emmerdale  
8:30pm Coronation Street  
9:00pm Teach My Pet to Do That  
9:30pm Coronation Street  
10:00pm Benidorm  
11:00pm ITV News at Ten and Weather  
11:30pm ITV News London  
11:40pm Piers Morgan's Life Stories  
12:40am Tipping Point  
1:35am Jackpot247  
4:00am Storage Hoarders  
4:50am ITV Nightscreen

itv2

8:20am The Ellen DeGeneres Show  
9:00am Emmerdale  
9:30am Emmerdale  
10:00am You've Been Framed! Gold  
11:00am Totally Bonkers Guinness World Records  
11:30am The Great Indoors  
12:00pm The Great Indoors  
12:25pm Below Deck  
1:20pm Emmerdale  
1:55pm Emmerdale  
2:30pm You've Been Framed! Gold  
3:00pm The Ellen DeGeneres Show  
3:50pm The Jeremy Kyle Show  
4:55pm The Jeremy Kyle Show  
6:00pm Judge Rinder  
7:00pm You've Been Framed!  
8:00pm You've Been Framed!  
9:00pm Two and a Half Men  
9:30pm Two and a Half Men  
10:00pm Hot Tub Time Machine 2  
12:00am Family Guy

itv3

7:00am Judge Judy  
7:20am Judge Judy  
7:40am The Royal  
8:40am Heartbeat  
9:40am Where the Heart is  
10:40am Judge Judy  
11:05am Judge Judy  
11:35am Judge Judy  
12:00pm Rising Damp  
12:30pm You're Only Young Twice  
1:00pm The Darling Buds of May  
2:05pm Heartbeat  
3:10pm The Royal  
4:10pm The Darling Buds of May  
5:20pm You're Only Young Twice  
5:55pm On the Buses  
6:25pm Rising Damp  
6:55pm Heartbeat  
8:00pm Murder, She Wrote  
9:00pm Doc Martin  
10:00pm The Street  
11:20pm Law and Order: UK  
12:20am Captain Corelli's Mandolin  
1:20am FYI Daily

itv4

7:00am The Chase  
7:50am Storage Wars Texas  
8:10am Storage Wars Texas  
8:35am The Professionals  
9:45am Ironside  
10:45am Quincy, M.E.  
11:50am Minder  
12:50pm The Professionals  
1:55pm Cycling  
2:55pm Ironside  
3:55pm Quincy, M.E.  
5:00pm Minder  
6:00pm The Professionals  
7:00pm Storage Wars Texas  
7:30pm The Darts Show  
8:00pm Cycling  
9:00pm World Series of Darts  
*The PDC World Series of Darts continues as eight top players face eight of Australasia's finest on day one of the Perth Darts Masters.*  
1:00am Another 48 Hrs  
2:00am FYI Daily  
2:05am Another 48 Hrs  
2:55am Minder

sky CINEMA ACTION & ADVENTURE

10:10am The Terminator  
12:00pm The Patriot  
2:50pm The Karate Kid, Part II  
4:45pm Fantastic Four  
6:30pm True Lies  
9:00pm The Terminator  
11:00pm Inglourious Basterds  
1:35am Avengers  
3:00pm The Mummy Returns

sky CINEMA COMEDY

7:45am Billy Madison  
9:25am Stakeout  
11:30am Grandma  
1:00pm Scouts Guide to the Zombie Apocalypse  
2:40pm Ride Along 2  
4:30pm Central Intelligence  
6:25pm Daddy's Home  
8:10pm Ride Along 2  
10:00pm Central Intelligence  
12:00am Daddy's Home  
1:45am Brüno  
3:15am Jackass 3.5  
4:50am Loser

sky CINEMA PREMIERE

7:00am The Veil  
8:50am Independence Day  
9:20am Kubo and the Two Strings  
11:15am Keeping up with the Joneses  
1:15pm Allied  
*Wartime thriller about a daring Canadian intelligence officer who falls for a beautiful French resistance fighter.*  
3:25pm The Confirmation  
5:20pm Kubo and the Two Strings  
Superb stop-motion animation about a young boy who embarks on an epic quest when he inadvertently summons vengeful spirits from his past.  
7:15pm Kill Me Three Times  
9:00pm Allied  
11:10pm Keeping up with the Joneses  
1:00am The Veil

sky sports football

10:00am EFL Greatest Games  
10:30am SPFL Greatest Games  
10:45am La Liga Greatest Games  
11:00am Carabao Cup Highlights  
12:00pm La Liga Show  
12:30pm Football Years  
1:00pm EFL Matters  
1:30pm La Liga Show  
2:00pm Carabao Cup Highlights  
3:00pm Football Years  
3:30pm La Liga Show  
4:00pm Football's Greatest  
4:30pm Football's Greatest Teams  
5:00pm EFL Greatest Games  
5:30pm SPFL Greatest Games  
5:45pm La Liga Greatest Games  
6:00pm Football Years  
6:30pm Football Countdowns  
7:00pm La Liga Show  
7:30pm SPFL Matters  
8:00pm Football  
11:15pm SPFL Matters  
11:45pm When Guillem Met Andy Murray  
12:30am Football Countdowns

# Compensation gravy train isn't grinding to a halt any time soon

**Nora Johnson**  
*Breaking Views*

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to [www.euroweeklynews.com/3.0.15/nora-johnson](http://www.euroweeklynews.com/3.0.15/nora-johnson)

A HOLIDAYMAKER'S claim that she suffered 'nausea and diarrhoea' during an all-inclusive Thomas Cook holiday in Egypt has been branded a lie. During the period when she was supposedly 'trotting back and forth to the toilet,' she was posting on social media about being in 'luxury.'

This follows another £10,000 bogus food poisoning claim against Thomas Cook by tourists who didn't mention food poisoning at the time, had no medical verification, and after their return (from Gran Canaria) returned to work and their children to school.

What is wrong with people? I know of a woman who sued a



**BAD HOLIDAY? More and more holidaymakers are making false compensation claims.**

previous employer because she slipped on a staircase in the workplace and hurt herself (no broken bones). She also sued the local council because she had fallen after tripping on an uneven paving stone. Why? Sometimes it isn't anyone's fault. Other than, occasionally, someone's own clumsiness.

The whiplash industry and its successor, the holiday enteritis industry, form part of the UK's ever growing compensation

culture where companies actively try to encourage people to make bogus claims. And you don't need to have been in any sort of accident - car crash scammers call at random.

I've written about this before. About British travel agents said to operate an annual £1m fighting fund to cope with huge personal injury payouts to 'aggrieved' holidaymakers. About teaching staff securing major compensation for minor acci-

dents and likewise illegal immigrants for 'unlawful detention' while awaiting deportation.

I've said this before as well but I'll say it again anyway the UK's thriving compensation culture is not only still keeping the door wide open for all these claimants but continuing to carry them over the threshold too. Solution? Make it harder for those keen to exploit the system for profit at the slightest excuse.

Enough to drive the rest of us crazy! Which reminds me of a joke. A pair of cows are talking in a field. One says, "Have you heard about the mad cow disease that's going around?" "Yeah." The other cow says, "I'm glad I'm a penguin."

*Nora Johnson's psychological crime thrillers 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon. Profits to Cudeca.*

## THURSDAY THOUGHTS

By Angus Sylvie

### "It's a vicious circus"

I HAVE a relative who regularly creates sentences that sound fine in her head but when they emerge from her mouth contain unintended or mixed-up words that can either render the sentence meaningless or amusing, or both.

Here are some examples. She once finished an argument with what she triumphantly thought was the decisive question "How would you like it if the foot was on the other shoe?" which had the unintended consequence of causing the object of her anger to collapse in fits of laughter. After complaining of a pain in her wrist, she announced "I think I've got repetitive arm syndrome." She wanted to listen to her radio so asked "Do you mind if I put my headstones on?" We were watching some football. Bored, she asked "is it half-term yet?" Yes, she meant half-time. Recounting a debt collection documentary she had watched, she announced "In the end they had to send the bayleaves round!"

TV programmes do not escape her verbal mangling. Keen to catch a comedy TV show, she said "I need to get home so I can watch Have I Been Framed For You." Then there was the time I was trying to end a phone call so I could watch World's Strongest Man. She guessed this and said "I suppose you want to watch The World's Biggest Man now?" which would be a very short programme as all you would need are some scales and a tape measure.

Why is it that some people's brains work like this and don't seem to learn from their mistakes? Indeed my relative feels that the more mistakes she makes, the worse she gets. As she herself says "It's a vicious circus."

*Readers interested in submitting articles for this guest column should send articles of around 300 words on topics felt to be of interest to the cosmopolitan EWN readership to [editorial@euroweeklynews.com](mailto:editorial@euroweeklynews.com).*



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## BBC one

7:00am Breakfast  
11:00am Saturday Kitchen  
12:30pm Nadiya's British Food Adventure  
1:00pm Football Focus  
2:00pm BBC News  
2:10pm Weather  
2:15pm Athletics  
3:00pm Rugby League Challenge Cup Final  
6:30pm Flog It!  
7:30pm BBC News  
7:40pm Regional News  
7:43pm Weather  
7:45pm Len Goodman's Partners in Rhyme  
8:20pm Pointless  
9:05pm Who Dares Wins  
9:45pm Casualty  
10:35pm Mrs. Brown's Boys  
11:05pm BBC News  
11:20pm Weather  
11:25pm Match of the Day  
12:55am People Just Do Nothing  
1:25am In the Electric Mist  
3:15am Weather for the Week Ahead  
3:20am BBC News

## BBC TWO

8:20am The Man in the White Suit  
9:45am The Magnificent Ambersons  
11:10am Homes Under the Hammer  
11:55am Beavers Behaving Badly - Natural World  
12:55pm Bedknobs and Broomsticks  
2:50pm Wanted Down Under  
3:20pm Mastermind  
3:50pm Only Connect  
4:20pm Gardeners' World  
5:20pm Final Score  
6:20pm University Challenge  
6:50pm The Big Family  
7:50pm BBC Proms Extra  
8:30pm Nina Conti's Edinburgh Festival  
9:00pm Iolo's Great Welsh Parks  
9:30pm Dad's Army  
10:00pm Festival Tales: Edinburgh at 70  
11:00pm Performance Live: Get a Round  
11:40pm The Help  
2:00am The German Doctor

## BBC FOUR

8:00pm The Brain with David Eagleman  
*Dr David Eagleman explores how the brain conjures up the world we take for granted.*  
9:00pm Fossil Wonderlands: Nature's Hidden Treasures  
10:00pm Inspector Montalbano  
*Inspector Montalbano investigates cases in the town of Vigata in Sicily.*  
11:45pm Top of the Pops Special 20th anniversary edition of the pop chart programme, first broadcast on 5 January 1984.  
12:15am Billy Fury: The Sound of Fury  
1:45am Britain's Most Fragile Treasure  
2:45am The World's Most Expensive Stolen Paintings

## CHANNEL 4

7:00am Mobil 1 The Grid  
7:30am Motorsport  
8:00am Motorsport  
8:25am Everybody Loves Raymond  
8:50am Everybody Loves Raymond  
9:20am Frasier  
9:50am Frasier  
10:20am Frasier  
10:55am Formula 1  
12:25pm Formula 1  
12:55pm Formula 1  
3:30pm World's Most Expensive Cars  
4:35pm A Place in the Sun: Winter Sun  
5:35pm Big House, Little House  
6:35pm Kirstie and Phil's Love it or List it  
7:30pm Channel 4 News  
7:55pm Ender's Game  
10:00pm Dumb and Dumber To  
12:10am Ted  
2:10am Ramsay's Kitchen Nightmares USA  
3:00am Hollyoaks Omnibus  
5:10am Location, Location, Location

## CHANNEL 5

7:00am Milkshake!  
11:10am Teenage Mutant Ninja Turtles  
11:35am Make You Laugh Out Loud  
12:00pm Police Interceptors  
1:00pm Police Interceptors  
2:00pm Bargain Loving Brits in the Sun  
3:00pm Bargain Loving Brits in the Sun  
4:00pm Nightmare Tenants, Slum Landlords  
5:00pm Nightmare Tenants, Slum Landlords  
6:00pm Can't Pay? We'll Take it Away!  
7:00pm Can't Pay? We'll Take it Away!  
8:00pm Cricket on 5  
9:00pm Supernatural Nazis  
9:55pm 5 News  
10:00pm Football on 5  
11:00pm Football on 5  
11:30pm Britain's Favourite Abba Songs  
1:00am Access  
1:10am Super Casino  
4:10am Delete  
5:30am Access  
5:40am Great Scientists

## 4

7:00am The Goldbergs  
7:25am The Goldbergs  
7:50am The Goldbergs  
8:25am Coach Trip  
8:55am Coach Trip  
9:30am Coach Trip  
10:00am Coach Trip  
10:30am Coach Trip  
11:00am Made in Chelsea  
12:05pm Don't Tell the Bride  
1:05pm Streetmate  
1:35pm Streetmate  
2:05pm The Goldbergs  
2:35pm The Goldbergs  
3:05pm The Goldbergs  
3:35pm The Big Bang Theory  
4:00pm The Big Bang Theory  
4:30pm The Big Bang Theory  
5:00pm The Big Bang Theory  
5:30pm The Big Bang Theory  
5:55pm The Big Bang Theory  
6:20pm The Big Bang Theory  
6:50pm The Big Bang Theory  
7:15pm The Big Bang Theory  
7:45pm Shallow Hal  
10:00pm Immortals  
12:10am Gogglebox  
1:10am Gogglebox  
2:15am Tattoo Fixers  
3:20am Rude Tube  
4:15am Gogglebox

## sky sports main event

7:00am Through the Night  
8:00am Good Morning Sports Fans  
9:00am Rugby Union  
*New Zealand face Australia at Forsyth Barr Stadium in the 2017 Rugby Championship.*  
12:00pm Soccer Saturday Pre-Match  
12:30pm Football  
*Bournemouth v Manchester City*  
4:15pm Cricket  
*Day two of the second Test between England and West Indies at Headingley.*  
6:15pm Football  
*Nottingham Forest v Leeds United.*  
8:40pm Live PGA Tour Golf  
*Day three of the Northern Trust from Glen Oaks Club in Old Westbury, New York.*  
12:00am Through the Night  
1:00am Through the Night  
2:00am Through the Night  
3:00am Through the Night

## itv

7:00am CITV  
9:25am ITV News  
9:30am Weekend  
10:25am ITV Racing: The Opening Show  
11:20am Gok's Lunchbox  
12:15pm 1000 Heartbeats  
1:15pm ITV News and Weather  
1:25pm The Chase  
2:30pm ITV Racing Live  
*York Ebor Festival.*  
4:55pm Tipping Point  
5:55pm Little Big Shots USA  
6:50pm Local News and Weather  
7:00pm ITV News and Weather  
7:15pm You've Been Framed!  
8:15pm Catchphrase  
9:00pm Les Dawson Forever  
11:00pm ITV News and Weather  
11:15pm Captain Phillips  
1:45am Jackpot247  
*Join the presenters live and play roulette on your telly.*  
4:00am Hungry Sailors  
4:50am Nightscreen

## itv2

7:25am Emmerdale Omnibus  
10:00am Coronation Street Omnibus  
12:35pm Take Me Out  
1:35pm Harry Hill's Alien Fun Capsule  
2:05pm You've Been Framed Gold! Framed and Famous  
3:10pm Honey  
4:10pm FYI Daily  
4:15pm Honey  
5:05pm Looney Tunes: Back in Action  
6:05pm FYI Daily  
6:10pm Looney Tunes: Back in Action  
6:55pm Nanny McPhee and the Big Bang  
7:55pm FYI Daily  
8:00pm Nanny McPhee and the Big Bang  
9:00pm The Fast and the Furious: Tokyo Drift  
10:00pm FYI Daily  
10:05pm The Fast and the Furious: Tokyo Drift  
11:10pm Family Guy  
11:40pm Family Guy  
12:10am Family Guy

## itv3

7:00am Murder, She Wrote  
7:50am Murder, She Wrote  
9:50am The Baby and the Battleship  
10:50am FYI Daily  
10:55am The Baby and the Battleship  
11:50am Heidi  
2:00pm Anne of Green Gables...  
3:45pm Casablanca  
4:45pm FYI Daily  
4:50pm Casablanca  
5:55pm Royal Stories  
6:25pm Royal Stories  
7:00pm Rosemary and Thyme  
8:00pm Midsomer Murders  
10:00pm Foyle's War  
12:00am Law and Order: UK  
1:00am Law and Order: UK  
2:05am Wycliffe  
3:00am Rising Damp  
3:25am ITV3 Nightscreen  
3:30am Teleshopping  
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## itv4

7:00am Goals of the 90's  
7:10am Motorsport UK  
8:00am Tommy Cooper  
8:30am Minder  
9:35am River Monsters  
10:40am River Monsters  
11:45am Quincy, M.E.  
12:50pm Cycling  
1:50pm Minder  
2:50pm The Professionals  
*Action-packed drama series about two criminal-intelligence agents.*  
3:50pm The Darts Show  
4:15pm World Series of Darts  
8:15pm Women's Rugby World Cup Final  
11:15pm Cycling  
*Coverage of a cycling event.*  
12:15am The Krays  
1:20am FYI Daily  
1:25am The Krays  
2:40am Minder  
3:45am Sporting Funnies  
3:50am ITV4 Nightscreen  
4:00am Teleshopping

## sky CINEMA ACTION & ADVENTURE

10:45am Batman v Superman: Dawn of Justice  
1:20pm Hitman  
3:00pm Green Zone  
5:00pm The Bourne Ultimatum  
7:00pm The Huntsman: Winter's War  
9:00pm Batman v Superman: Dawn of Justice  
11:35pm End of Days  
1:40am Face/Off

## sky CINEMA COMEDY

7:00am Welcome to Me  
8:35am Mean Girls  
10:20am Bridesmaids  
12:30pm Ghostbusters  
2:30pm The Boss  
4:15pm Back to the Future  
6:15pm Rush Hour 2  
7:50pm Bridesmaids  
10:00pm Ghostbusters  
12:00pm The Boss  
1:50am Starsky and Hutch  
3:40am Awkward Sexy People  
5:25am Trapped

## sky CINEMA PREMIERE

7:00am Keeping up with the Joneses  
8:50am Kubo and the Two Strings  
10:35am Trolls  
12:10pm The Confirmation  
1:55pm Allied  
*Wartime thriller about a daring Canadian intelligence officer who falls for a beautiful French resistance fighter.*  
4:05pm Kill Me Three Times  
*When a job goes south a hit man finds himself in a twisted tale of murder, blackmail and revenge.*  
5:40pm Kubo and the Two Strings  
7:25pm Trolls  
9:00pm Allied  
11:10pm Keeping up with the Joneses  
1:00am Ibiza Undead  
2:45am The Veil  
4:35am The Confirmation

## sky sports football

7:00am EFL Greatest Games  
7:15am Football  
10:30am SPFL Matters  
11:00am Soccer A.M.  
12:30pm SPFL Matters  
1:00pm La Liga Icons  
1:15pm La Liga Icons  
1:30pm La Liga Icons  
1:45pm La Liga Icons  
2:00pm EFL Greatest Games  
2:15pm EFL Greatest Games  
2:30pm Ronaldo  
3:00pm Magical Messi  
4:00pm Football's Greatest  
4:30pm Football's Greatest Teams  
5:00pm La Liga Icons  
5:15pm La Liga Icons  
5:30pm La Liga Icons  
5:45pm La Liga Icons  
6:00pm EFL Greatest Games  
6:15pm Football  
8:40pm Football  
*Girona v Malaga.*  
10:10pm Football  
*Las Palmas v Atletico Madrid.*  
12:10am EFL Goals: Championship  
12:40am La Liga Icons

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7:00am Breakfast  
8:35am Match of the Day  
10:00am BBC News  
11:00am Sunday Morning Live  
12:00pm Homes Under the Hammer  
1:00pm Bargain Hunt  
2:00pm BBC News  
2:10pm Weather for the Week Ahead  
2:15pm Fake or Fortune  
3:15pm Money for Nothing  
4:15pm Escape to the Country  
5:00pm Songs of Praise  
5:35pm Toy Story 2  
7:05pm BBC News  
7:20pm Regional News  
7:25pm Weather  
7:30pm Countryfile  
8:30pm Diana  
10:05pm Strike  
11:05pm BBC News  
11:25pm Regional News  
11:30pm Weather  
11:35pm Match of the Day 2  
12:35am Live at the Apollo  
1:20am Weather for the Week Ahead  
1:25am BBC News

BBC TWO

7:15am The Instant Gardener  
8:00am Garden Rescue  
8:45am Gardeners' World  
9:45am The Beechgrove Garden  
*Scotland's favourite gardening programme.*  
10:15am Countryfile  
11:15am Saturday Kitchen  
Best Bites  
12:45pm Lorraine's Fast, Fresh and Easy Food  
1:15pm MOTD2 Extra  
*MOTD2 Extra presents the latest football action.*  
2:00pm Coast  
2:45pm Triathlon World Series  
4:30pm Equestrian  
7:00pm Tribes, Predators and Me  
8:00pm Gordon Buchanan: Elephant Family and Me  
9:00pm Dragons' Den  
10:00pm Astronauts: Do You Have What it Takes?  
11:00pm Ill Behaviour  
12:00am Ides of March

BBC FOUR

8:00pm BBC Proms 2017  
10:00pm Gluck  
*The untold story of Britain's cross-dressing high society painter. Gluck was one of the British Establishment's go-to portrait painters of the 1930s.*  
11:00pm Metal at the BBC  
11:30pm Muse at Reading Festival 2017  
*Huw Stephens introduces the headline set from a band hailed as one of the best live acts in the world, masters of stadium rock, Muse.*  
1:00am Queen: From Rags to Rhapsody  
2:00am Jeff Lynne's ELO in Concert  
3:00am Metal at the BBC  
3:30am Gluck

CHANNEL 4

7:00am Para Triathlon: Superhero Tri  
8:00am Everybody Loves Raymond  
8:25am Everybody Loves Raymond  
8:55am Frasier  
9:25am Frasier  
10:00am Sunday Brunch  
1:00pm Formula 1  
1:35pm Formula 1  
*Belgium Grand Prix Live.*  
4:10pm Formula 1  
5:00pm The Crystal Maze  
6:00pm Channel 4 News  
6:30pm The World's Greatest Kids' Films  
8:00pm Amazing Spaces  
Shed of the Year  
9:00pm From Russia to Iran: Crossing the Wild Frontier  
10:00pm Taken 3  
12:15am The Wolf of Wall Street  
3:30am Speed with Guy Martin  
4:55am Gillette World Sport  
5:25am KOTV Boxing Weekly  
5:50am Mobil 1 The Grid

CHANNEL 5

7:00am Milkshake!  
*Programming aimed at children aged two to seven years old.*  
11:10am Teenage Mutant Ninja Turtles  
11:40am Football on 5  
12:30pm Football on 5  
1:00pm Toddlers Make You Laugh Out Loud  
2:00pm Puppies Make You Laugh Out Loud  
3:00pm Cats Make You Laugh Out Loud 3  
4:00pm Traffic Cops  
5:00pm Traffic Cops  
6:00pm Traffic Cops  
7:00pm Traffic Cops  
8:00pm Cricket on 5  
9:00pm Can't Pay? We'll Take it Away!  
9:55pm 5 News  
*The latest news coverage.*  
10:00pm Funny Women  
11:30pm Sue Perkins' Comedy Greats: The Entertainers  
1:20am Named and Shamed  
2:10am Super Casino  
4:10am Delete

4

7:00am Kevin Can Wait  
7:25am Couples Come Dine with Me  
8:25am Couples Come Dine with Me  
9:25am Hollyoaks Omnibus  
12:00pm Made in Chelsea  
1:00pm Don't Tell the Bride  
2:00pm Streetmate  
2:35pm Streetmate  
3:05pm Muppet Treasure Island  
5:05pm The Goldbergs  
5:35pm The Goldbergs  
6:00pm The Big Bang Theory  
6:30pm The Big Bang Theory  
7:00pm The Big Bang Theory  
7:30pm The Big Bang Theory  
8:00pm The Big Bang Theory  
8:30pm The Big Bang Theory  
9:00pm The Big Bang Theory  
9:30pm The Big Bang Theory  
10:00pm Predators  
12:05am Tattoo Fixers on Holiday  
1:10am Don't Tell the Bride  
2:15am Body Fixers  
3:20am Gogglebox  
4:15am Rude Tube  
4:40am Hollyoaks Omnibus

sky sports main event

7:00am Through the Night  
8:00am Total Goals  
*Enjoy all the goals from the Sky Bet Championship and beyond.*  
9:00am Total Goals  
10:00am Cricket Writers on TV  
11:00am Cricket  
*Day three of the second Test between England and West Indies at Headingley.*  
1:30pm Live Belgian GP: Race  
*The 2017 Belgian Grand Prix, held at Circuit de Spa-Francorchamps.*  
4:30pm Live Nissan Super Sunday  
*Liverpool v Arsenal.*  
8:00pm Live PGA Tour Golf  
*Day four of the Northern Trust from the Glen Oaks Club in Old Westbury, New York.*  
12:00am Through the Night  
1:00am Through the Night  
2:00am Through the Night  
3:00am Through the Night

itv

7:00am CITV  
9:25am ITV News  
9:30am Weekend  
10:25am K-9  
12:15pm Love Your Garden  
1:15pm ITV News and Weather  
1:25pm James Martin's French Adventure  
1:55pm Joanna Lumley's Postcards  
2:25pm Catchphrase  
3:10pm Long Lost Family  
4:10pm Bear Gryll's Survival School  
4:40pm Superman  
7:30pm Local News and Weather  
7:40pm ITV News and Weather  
8:00pm Possibly...The Best Adverts in the World  
10:05pm Victoria  
11:10pm ITV News and Weather  
11:20pm Judge Rinder's Crime Stories  
12:20am Five Gold Rings  
1:15am Jackpot247  
4:00am Motorsport UK

itv2

7:00am Totally Bonkers Guinness World Records  
7:20am Mr. Bean  
7:50am Emmerdale Omnibus  
10:35am Coronation Street Omnibus  
1:00pm Ninja Warrior  
2:00pm Mr. Bean  
2:35pm Mr. Bean  
3:05pm You've Been Framed Gold!  
3:40pm Totally You've Been Framed!  
4:40pm Around the World in Eighty Days  
5:40pm FYI Daily  
5:45pm Around the World in Eighty Days  
7:00pm Despicable Me  
8:00pm FYI Daily  
8:05pm Despicable Me  
8:55pm Pacific Rim  
9:55pm FYI Daily  
10:00pm Pacific Rim  
11:30pm Family Guy  
12:00am Family Guy  
12:30am Family Guy  
1:00am Family Guy  
1:30am American Dad!

itv3

7:00am The Baby and the Battleship  
8:00am FYI Daily  
8:05am The Baby and the Battleship  
8:50am Heartbeat  
9:50am Heartbeat  
10:55am The Darling Buds of May  
12:10pm Carry on Girls  
1:10pm FYI Daily  
1:15pm Carry on Girls  
2:00pm Foyle's War  
*Wartime detective drama series.*  
4:00pm The Young Victoria  
5:00pm FYI Daily  
5:05pm The Young Victoria  
6:15pm The Queen  
7:15pm FYI Daily  
7:20pm The Queen  
8:30pm Diana, Our Mother: Her Life and Legacy  
10:00pm Sunday Night at the Palladium  
11:00pm Law and Order: UK  
12:00am Law and Order: UK  
1:00am The English Patient  
2:00am FYI Daily  
2:05am The English Patient

itv4

7:00am The Big Fish Off  
*Sports gameshow pitting two celebrities against each other in a battle to become top fisherman.*  
8:00am Cycling  
9:00am World Cup Top Goalscorers  
9:15am Pawn Stars  
9:45am World Superbike Highlights  
10:45am British Superbike Highlights  
11:45am MSA British Touring Car Championship  
6:45pm British Touring Car Crashes and Smashes  
7:00pm Storage Wars  
7:30pm Storage Wars  
8:00pm Cycling  
9:00pm World Series of Darts  
1:00am Clear and Present Danger  
2:00am FYI Daily  
2:05am Clear and Present Danger  
3:45am ITV4 Nightscreen

sky CINEMA ACTION & ADVENTURE

7:30am G.I. Joe: The Rise of Cobra  
9:40am 300  
11:40am Jurassic Park  
1:50pm Suicide Squad  
3:55pm The Great Escape  
6:50pm Jurassic Park  
9:00pm 300  
11:00pm Suicide Squad  
1:05am Rocky V  
2:55am Rocky Balboa  
4:40am The Blue Max

sky CINEMA COMEDY

7:25am Robin Hood: Men in Tights  
9:20am Ghostbusters: Special  
9:50am Police Academy  
11:35am Date Night  
1:15pm Bridget Jones's Baby  
3:30pm Ghostbusters: Special  
4:00pm Bad Neighbours 2  
5:40pm Sausage Party  
7:20pm Date Night  
9:00pm Bridget Jones's Baby  
11:10pm Bad Neighbours 2  
12:50am Sausage Party  
2:30am Grimsby

sky CINEMA PREMIERE

7:00am Kill Me Three Times  
8:35am Kubo and the Two Strings  
10:20am Trolls  
11:55am Allied  
2:05pm Ouija: Origin of Evil  
*When a Ouija board is introduced to a scam seance act it does far more than spice up a stale routine.*  
3:50pm Kubo and the Two Strings  
5:35pm Keeping up with the Joneses  
7:25pm Trolls  
*A pair of fuzzy-headed trolls embark on a daring rescue mission when members of their tribe are kidnapped.*  
9:00pm Allied  
11:10pm Ouija: Origin of Evil  
1:00am The Veil  
2:40am Keeping up with the Joneses  
4:35am The Confirmation

sky sports football

10:00am EFL Goals: League One and League Two  
10:30am The Sunday Supplement  
12:00pm EFL Goals: Championship  
12:30pm EFL Goals: League One and League Two  
1:00pm La Liga Highlights: Barcelona  
1:15pm Football  
*Dundee v Hibernian.*  
3:45pm La Liga Highlights: Barcelona  
4:00pm Magical Messi  
5:00pm La Liga Highlights: Barcelona  
5:15pm 20 Years of El Clasico  
6:00pm La Liga Greatest Games  
6:10pm Football  
*Eibar v Athletic Bilbao.*  
8:10pm Football  
*Getafe v Sevilla.*  
10:10pm Football  
*Real Madrid v Valencia.*  
12:10am La Liga Icons



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## BBC one

10:45am	Homes Under the Hammer
11:45am	Britain's Home Truths
12:30pm	Close Calls: On Camera
1:00pm	Bargain Hunt
2:00pm	BBC News
2:20pm	Regional News
2:25pm	Weather
2:30pm	Red Rock
3:10pm	Impossible
3:55pm	Escape to the Country
4:30pm	Garden Rescue
5:15pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:20pm	Regional News
7:25pm	Weather
7:30pm	The Royal Edinburgh Military Tattoo
8:30pm	Wallace and Gromit: A Close Shave
9:00pm	EastEnders
9:30pm	Would I Lie to You?
10:00pm	Strike
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Imagine...
12:30am	Frankenstein

## BBC TWO

8:15am	Bargain Hunt
9:00am	The Big Family Cooking Showdown
10:00am	Over the Hedge
11:15am	Hammy's Boomerang Adventure
11:20am	Mr Peabody and Sherman
12:45pm	Jungle Animal Hospital: Natural World
1:45pm	Athletics
2:30pm	Talking Pictures
3:15pm	The Long Ships
5:15pm	Planet Earth
6:15pm	Put Your Money Where Your Mouth Is
7:00pm	Eggheads
7:30pm	Royal Recipes
8:00pm	Gordon Buchanan: Elephant Family and Me
9:00pm	University Challenge
9:30pm	Nadiya's British Food Adventure
10:00pm	Dangerous Borders
11:00pm	Normal for Norfolk
11:30pm	Midnight's Children
1:45am	Astronauts: Do You Have What it Takes?

## BBC FOUR

8:00pm	World News Today
8:30pm	World War I at Home
<i>Chris Jackson follows a community project creating a unique picture of the impact of conflict on those living and working on Tyneside with rarely-seen footage.</i>	
9:00pm	Scotland's War at Sea
10:00pm	The Normans
<i>Three-part series in which Professor Robert Bartlett explores how the Normans developed from a band of marauding Vikings into the formidable warriors who conquered England in 1066.</i>	
11:00pm	Blood and Gold: The Making of Spain with Simon Sebag Montefiore
12:00am	Storyville
1:30am	Fabric of Britain

## CHANNEL 4

7:15am	Kirstie's Vintage Gems
7:25am	Will and Grace
8:10am	Everybody Loves Raymond
9:00am	Frasier
9:55am	The Big Bang Theory
11:15am	Step Up 4: Miami Heat
1:05pm	The Simpsons
2:05pm	French Collection
3:10pm	Countdown
4:00pm	Cheap Cheap Cheap
5:00pm	A Place in the Sun: Winter Sun
6:00pm	Come Dine with Me
6:30pm	Streetmate
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Dispatches
9:00pm	Jamie's Quick and Easy Food
9:30pm	Superfoods: The Real Story
10:00pm	999: What's Your Emergency?
11:00pm	The Secret Life of the Holiday Resort
12:05am	Naked Attraction
1:00am	Random Acts

## CHANNEL 5

8:00am	Milkshake Monkey
8:05am	Shimmer and Shine
8:20am	Noddy: Toyland Detective
8:35am	Paw Patrol
8:50am	Rusty Rivets
9:05am	Digby Dragon
9:15am	Peppa Pig
9:25am	Peppa Pig
9:35am	Mofy
9:45am	Ben and Holly's Little Kingdom
10:00am	Floogals
10:15am	The Wright Stuff
12:15pm	Home and Away
12:45pm	Neighbours
1:15pm	5 News
1:20pm	Rio Lobo
3:35pm	The Searchers
6:00pm	Home and Away
6:30pm	Neighbours
7:00pm	Ultimate Strongman: Battle of Britain
7:55pm	5 News
8:00pm	Cricket on 5
9:00pm	All New Traffic Cops
10:00pm	In Solitary: The Anti-Social Experiment
11:30pm	When Live TV Goes Horribly Wrong
2:15am	Super Casino

## 4

7:00am	Hollyoaks
7:30am	Coach Trip
8:00am	Made in Chelsea
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	Black-Ish
10:30am	Black-Ish
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	Rio
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Made in Chelsea
11:00pm	Celebrity First Dates
12:05am	The Big Bang Theory

## sky sports main event

7:00am	Through the Night
8:00am	Good Morning Sports Fans
8:30am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
11:00am	Premier League Daily
11:30am	Cricket
<i>Day four of the second Test between England and West Indies at Headingley.</i>	
8:00pm	Transfer Centre
<i>A comprehensive round-up of the latest transfer news, with live analysis of all the major moves.</i>	
8:30pm	Sky Sports Tonight
9:00pm	Sky Sports Tonight
10:00pm	Sky Sports Tonight
11:00pm	The Debate - Live
12:00am	Through the Night
1:00am	Through the Night
2:00am	Live WWE Late Night Raw
5:15am	WWE From the Vault

## itv

7:00am	Good Morning Britain
9:30am	Good Morning Britain
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:45pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Dickinson's Real Deal
5:00pm	Tipping Point
6:00pm	Cash Trapped
7:00pm	Best Walks with a View with Julia Bradbury
7:25pm	Local News and Weather
7:40pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Countrywise
9:30pm	Coronation Street
10:00pm	Fp: The Theory of Everything
12:20am	ITV News and Weather
12:40am	Britain's Busiest Motorway

## itv2

7:00am	Totally Bonkers
<i>Guinness World Records Bonkngly Big Hits</i>	
7:50am	The Cube
8:35am	Emmerdale
9:05am	Coronation Street
9:35am	Coronation Street
10:05am	You've Been Framed Gold! Kids Special
11:05am	Space Chimps
12:05pm	FYI Daily
12:10pm	Space Chimps
12:50pm	Emmerdale
1:20pm	Coronation Street
1:50pm	Coronation Street
2:20pm	Catchphrase
3:20pm	The Jeremy Kyle Show
6:40pm	Best of You've Been Framed Gold!
7:45pm	Charlie and the Chocolate Factory
8:45pm	FYI Daily
8:50pm	Charlie and the Chocolate Factory
10:00pm	Family Guy
10:30pm	Family Guy
11:00pm	American Dad!
12:00am	Family Guy

## itv3

7:00am	On the Buses
<i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>	
7:25am	The Royal
8:20am	Heartbeat
<i>Drama, set in the North Yorkshire moors in the 1960's.</i>	
9:20am	Where the Heart is
10:25am	Judge Judy
11:50am	Rising Damp
12:20pm	You're Only Young Twice
12:50pm	The Darling Buds of May
2:00pm	Heartbeat
3:00pm	The Royal
4:05pm	The Darling Buds of May
5:15pm	You're Only Young Twice
5:50pm	On the Buses
6:20pm	Rising Damp
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders
11:00pm	Law and Order: UK
12:00am	The Street

## itv4

7:00am	The Chase
7:50am	Storage Wars Texas
8:10am	The Darts Show
8:40am	The Saint
9:40am	Ironsides
10:45am	Quincy, M.E.
11:45am	Minder
12:50pm	The Professionals
1:50pm	Cycling
2:50pm	Every Which Way But Loose
3:55pm	FYI Daily
4:00pm	Every Which Way But Loose
5:05pm	Superman
6:20pm	FYI Daily
6:25pm	Superman
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:00pm	Car Crash Global
11:00pm	Patriot Games
12:05am	FYI Daily
12:10am	Patriot Games
1:25am	Motorsport UK
2:25am	The Professionals
3:20am	Tommy Cooper
3:45am	ITV4 Nightscreen
4:00am	Teleshopping

## sky CINEMA ACTION & ADVENTURE

7:20am	Jack Reacher: Never Go Back
9:25am	Captain America: Civil War
12:00pm	X-Men: Apocalypse
2:30pm	Braveheart
5:30pm	Captain America: Civil War
8:00pm	Jack Reacher: Never Go Back
10:00pm	X-Men: Apocalypse
12:30am	xXx2: The Next Level

## sky CINEMA COMEDY

7:20am	Drillbit Taylor
9:10am	Talladega Nights: The Ballad of Ricky Bobby
11:15am	Popstar: Never Stop Never Stopping
12:50pm	Bridesmaids
3:00pm	Knocked Up
5:15pm	Superbad
7:15pm	Walk Hard: The Dewey Cox Story
9:00pm	Popstar: Never Stop Never Stopping
10:35pm	Bridesmaids
12:50am	Knocked Up

## sky CINEMA PREMIERE

7:00am	Ibiza Undead
<i>All hell breaks loose when a shady Ibiza club owner decides to spice up his shows by smuggling in undead performers. British horror-comedy with Emily Atack and Matt King.</i>	
8:55am	Kubo and the Two Strings
10:40am	Trolls
12:15pm	Blinky Bill
1:50pm	Allied
4:00pm	Ouija: Origin of Evil
5:45pm	Trolls
7:25pm	Blinky Bill
9:00pm	Allied
11:10pm	Ouija: Origin of Evil
1:00am	The Veil
2:40am	The Confirmation
4:40am	The Top Ten Show 2017
5:00am	Kubo and the Two Strings

## sky sports football

3:30pm	La Liga Icons
4:00pm	Football's Greatest
5:00pm	La Liga Highlights: Real Madrid
5:15pm	La Liga Highlights: Barcelona
5:30pm	SPFL Greatest Games
5:45pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	La Liga Highlights: Real Madrid
7:15pm	La Liga Highlights: Barcelona
7:30pm	SPFL Greatest Games
7:45pm	La Liga Greatest Games
8:00pm	Soccer A.M.
8:30pm	Football Years
9:00pm	WCQ Round Up: Matchday
10:00pm	Soccer A.M.
10:30pm	Football Years
11:00pm	SPFL Round Up 2017/18
11:15pm	SPFL Greatest Games
11:30pm	MLS Round Up Show
12:00am	Soccer A.M.

Advertising feature

# Safe bet



**NO MANS FORT:** Has now been converted into a unique luxury hotel that you reach by boat.

IT'S a sobering thought that last summer brought attacks on our doorstep including the tragic Bastille Day in Nice, Istanbul Ataturk Airport and this season we have already experienced the indiscriminate attacks at London Bridge and Manchester, and now Las Ramblas and Cambrils. Our hearts go out to all those effected by these atrocities.

Despite the ongoing threat of these indiscriminate assaults, the consistent theme that binds us together is our determination to carry on enjoying what life has to offer and maintaining our characteristic resilience in the face of adversity.

So for those shortly heading off on their travels, or to see family and friends this summer, how do we protect ourselves against these unsavoury manifestations of today? In truth, nowhere is completely risk free, however, you can review the latest travel advice to make an informed choice about your next destination by checking the

**Christina Sharp**

**GLOBELINK INTERNATIONAL**

[christina@globelink.co.uk](mailto:christina@globelink.co.uk)



Foreign and Commonwealth Office (FCO) website, [www.gov.uk/foreign-travel-advice](http://www.gov.uk/foreign-travel-advice). Earlier this summer the Met Police also issued safety advice in the unlikely event that you are caught up in an incident. Their mantra is 'Run, Hide, Tell.' View their short video by visiting [www.npcc.police.uk](http://www.npcc.police.uk).

On the assumption that you are a savvy traveller and purchase Travel Insurance, make sure your policy provides financial protection in the event of conflict, or terror attacks breaking out where you are booked

to travel. Some policies don't provide this cover, whereas Globelink Comprehensive policies provide essential financial protection as standard.

If you are venturing to the UK this summer, what could be safer than staying in a sea fort, or a castle? My two great tips, if you fancy treating yourself to a luxury hotel getaway are No Mans Fort in the Solent, originally a sea fort, built between 1865 and 1880, it's now been converted into a unique, luxury hotel that you reach by boat.

Or Thornbury Castle in the Cotswolds, England's only Tudor Castle Hotel constructed 500 years ago with previous guests including Henry VIII, Anne Boleyn and Mary I. Both offer a truly luxury, unique experience where you can get away from it all.

Finally, thanks for the great Travel Tips

you have emailed Globelink already! Our favourites:

- Rhonda Kimberley: Pour a few drops of tea tree oil on to a cotton hankie and inhale from time to time to ward off germs (especially useful on a long haul flight with recycled air and the risk of infection).

- Sally Phillips: Always carry a couple of days worth of your prescription medication in your hand luggage, just in case your luggage goes astray.

*Email your Top Travel Tips to: [globelink@globelink.co.uk](mailto:globelink@globelink.co.uk)*

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## BBC one

## BBC TWO

## BBC FOUR

## CHANNEL 4

## CHANNEL 5

## 4

## sky sports main event

7:00am	Breakfast
10:15am	Countryfile Summer Diaries
11:00am	Homes Under the Hammer
12:00pm	Britain's Home Truths
12:45pm	Close Calls: On Camera
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Red Rock
3:30pm	Impossible
4:15pm	Escape to the Continent
5:15pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Holby City
10:00pm	Trust Me
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	New Tricks
12:45am	Ambulance

7:00am	Flog It!
7:30am	Countryfile Summer Diaries
8:15am	Britain's Home Truths
9:00am	The Farmers' Country Showdown
9:30am	Great British Menu
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
	<i>Stay up to date on the day's top stories, with the latest breaking news as it happens.</i>
2:00pm	Badminton
3:00pm	Bedtime Stories
4:30pm	Coast
5:15pm	Planet Earth
6:15pm	Put Your Money
7:00pm	Eggheads
7:30pm	Royal Recipes
8:00pm	Celebrity Antiques Road Trip
9:00pm	Saving Lives at Sea
10:00pm	Horizon
11:00pm	Quacks
11:30pm	Newsnight
12:10am	Weather
12:15am	Dangerous Borders

8:00pm	World News Today
8:30pm	World War I at Home
9:00pm	India's Frontier Railways
	<i>Series about the international trains crossing borders in India, Nepal, Bangladesh and Pakistan.</i>
10:00pm	Frank Lloyd Wright
11:00pm	Inspector Montalbano
	<i>Inspector Montalbano investigates cases in the town of Vigata in Sicily.</i>
12:45am	The Brain with David Eagleman
	<i>Dr David Eagleman explores how the brain conjures up the world we take for granted.</i>
1:45am	A History of Art in Three Colours
2:45am	India's Frontier Railways
3:45am	Frank Lloyd Wright

9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:30am	Frasier
11:00am	The Big Bang Theory
11:30am	The Big Bang Theory
12:00pm	The Simpsons
12:30pm	The Simpsons
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	French Collection
3:10pm	Countdown
4:00pm	Cheap Cheap Cheap
5:00pm	A Place in the Sun: Winter Sun
6:00pm	Come Dine with Me
6:30pm	Streetmate
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Great British Bake Off
10:15pm	Celebrity Island with Bear Grylls
11:20pm	Married to a Celebrity: The Survival Guide
12:25am	Sarah Millican

7:00am	Milkshake!
	<i>Programming aimed at children aged two to seven years old.</i>
10:15am	The Wright Stuff
12:15pm	The Yorkshire Vet
1:10pm	5 News
1:15pm	The Hotel Inspector
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Til Death Do Us Part
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Cricket on 5
	<i>Highlights coverage of England's summer season begins on 20th May 2014 on Channel 5.</i>
9:00pm	The Dog Rescuers with Alan Davies
10:00pm	Inside Balmoral
11:00pm	Diana: 7 Days That Shook the Windsors
1:00am	MotoGP
2:00am	Super Casino

9:30am	Melissa and Joey
10:00am	Black-ish
10:30am	Black-ish
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	Black-ish
5:30pm	Black-ish
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Tattoo Fixers on Holiday
11:00pm	8 Out of 10 Cats
11:55pm	Predators

7:00am	Good Morning Sports Fans
7:30am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
8:30am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
11:00am	Premier League Daily
11:30am	Cricket
	<i>Day five of the second Test between England and West Indies at Headingley.</i>
7:30pm	Cricket
8:00pm	Transfer Centre
	<i>A comprehensive round-up of the latest transfer news, with live analysis of all the major moves.</i>
8:30pm	Sky Sports Tonight
9:00pm	Sky Sports Tonight
10:00pm	Sky Sports Tonight
11:00pm	The Debate - Live
12:00am	Through the Night

## itv

## itv2

## itv3

## itv4

## sky CINEMA ACTION & ADVENTURE

## sky CINEMA PREMIERE

## sky sports football

7:00am	Good Morning Britain
9:30am	Good Morning Britain
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Dickinson's Real Deal
5:00pm	Tipping Point
6:00pm	Cash Trapped
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
	<i>Popular long-running soap opera, set in a Yorkshire village.</i>
8:30pm	Britain as Seen on ITV
9:00pm	Diana
10:00pm	Manchester: 100 Days After the Attack
11:00pm	ITV News
11:40pm	The Brighton Police
12:40am	Lethal Weapon
1:30am	Jackpot247

11:30am	The Great Indoors
12:00pm	The Great Indoors
12:25pm	Below Deck
12:55pm	You've Been Framed Gold!
1:20pm	Emmerdale
1:55pm	Coronation Street
2:30pm	Coronation Street
3:00pm	The Ellen DeGeneres Show
3:50pm	The Jeremy Kyle Show
4:55pm	The Jeremy Kyle Show
6:00pm	Judge Rinder
7:00pm	You've Been Framed Gold!
7:30pm	You've Been Framed Gold!
8:00pm	You've Been Framed Gold!
8:30pm	You've Been Framed Gold!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Shaun of the Dead
11:00pm	FYI Daily
11:05pm	Shaun of the Dead
12:05am	Family Guy
12:35am	Family Guy

7:00am	Judge Judy
7:20am	Judge Judy
7:40am	The Royal Heartbeat
8:40am	Heartbeat
9:30am	Where the Heart is
10:40am	Judge Judy
11:05am	Judge Judy
11:30am	Judge Judy
11:55am	Rising Damp
12:30pm	You're Only Young Twice
1:00pm	The Darling Buds of May
2:05pm	Heartbeat
3:05pm	The Royal
4:10pm	The Darling Buds of May
5:15pm	You're Only Young Twice
5:50pm	On the Buses
6:25pm	Rising Damp
6:55pm	Heartbeat
	<i>Drama, set in the North Yorkshire moors in the 1960's.</i>
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders
11:00pm	Law and Order: UK
12:00am	Cold Blood
1:35am	Wycliffe

7:00am	The Chase
7:50am	The Chase
8:40am	Minder
	<i>Modern-day re-imagining on the classic comedy-drama.</i>
9:45am	The Saint
10:50am	Cash Cowboys
11:50am	Pawn Stars
12:20pm	Pawn Stars
12:45pm	Minder
1:50pm	The Saint
2:50pm	Ironsides
3:55pm	Quincy, M.E.
4:55pm	Minder
6:00pm	The Professionals
7:00pm	Storage Wars Texas
7:30pm	Storage Wars Texas
8:00pm	Cycling
9:00pm	The Chase: Celebrity Special
10:00pm	Benidorm
11:05pm	Another 48 Hrs
12:05am	FYI Daily
12:10am	Another 48 Hrs
1:10am	River Monsters
2:15am	Minder
3:05am	Ax Men
3:55am	ITV4 Nightscreen

1:20pm	Lawrence of Arabia
4:55pm	In the Heart of the Sea
7:00pm	The Bourne Supremacy
9:00pm	Mission: Impossible - Ghost Protocol
11:00pm	Inglourious Basterds
1:35am	Lucky Number Slevin
3:30am	Face/Off

## sky CINEMA COMEDY

7:00am	Ghostbusters: Special
7:30am	Alien Autopsy
9:15am	Click
11:15am	Big Daddy
1:00pm	Miss Congeniality
3:00pm	Miss Congeniality 2: Armed and Fabulous
5:00pm	Patch Adams
7:00pm	Couples Retreat
9:00pm	Miss Congeniality
11:00pm	Miss Congeniality 2: Armed and Fabulous
1:00am	Dirty 30

7:00am	Kill Me Three Times
8:45am	Blinky Bill
	<i>The loveable koala embarks on an epic adventure to find his missing father, teaming up with some pals and venturing into the dangerous Outback.</i>
10:25am	Allied
12:35pm	Trolls
2:15pm	Kill the King
3:55pm	Ouija: Origin of Evil
5:45pm	Blinky Bill
7:20pm	Trolls
9:00pm	Allied
11:10pm	Kill the King
	<i>Deranged lovers Luke Grimes and Emily Browning escape from a mental hospital and head for LA, where they plan to kill Elvis Presley.</i>
12:45am	Ouija: Origin of Evil
2:30am	The Veil
4:20am	The Top Ten Show 2017

8:30am	Football Countdowns
9:00am	Football's Greatest
9:30am	Football's Greatest Teams
10:00am	MLS Round Up Show
10:30am	SPFL Greatest Games
10:45am	La Liga Greatest Games
11:00am	Football
1:00pm	Football
3:00pm	Football
5:00pm	MLS Round Up Show
5:30pm	SPFL Greatest Games
5:45pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	Soccer A.M.
7:30pm	MLS Round Up Show
8:00pm	MLS Round Up Show
8:30pm	Soccer A.M.
9:00pm	WCQ Round Up: Matchday
10:00pm	WCQ Round Up: Matchday
11:00pm	Revista de la Liga
11:30pm	La Liga World
12:00am	Football Years

# YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to [yoursay@euroweeklynews.com](mailto:yoursay@euroweeklynews.com) or make your comments on our website: [www.euroweeklynews.com](http://www.euroweeklynews.com)

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## Tourist quality, not quantity

TOO much tourism in Spain seems to be focused around attracting cheap and cheerful!

This is clearly displayed with the recent Ryanair ban (*EWN Issue 1676*) on passengers on certain routes (including to Ibiza) boarding flights with duty-free drinks in their baggage. It must go into the hold, or be left.

And the boozy antics do not just stop on landing, nor are they merely a reflection of younger tourists.

Too many visiting Spain put cheap alcohol as a major foundation to their holidays, often leading to bad public behaviour including rowdiness and at times even violence.

Millions of tourists are well-behaved, but I am in favour of any moves for the ones who fly in for a boozy holiday to be brought to heel!

Quality not just quantity must be the way forward.

*L Powell, San Pedro*

### Fire! Just beware

THE article about the risk of summer wild fires (*Issue 1675*) was timely.

How sad that we annually have to not only face up to, but equally deal with wild fires that at times (as highlighted) lead to the loss of life and end in people losing their homes, and at times livelihoods.

Some fires are accidental, but so many are through stupid and at times criminal behaviour with individuals holding summer BBQs in risk areas, discarded cigarettes, and burning of garden waste,

As a retired UK fireman, I appeal to all... take responsibility and help Spain face up to the harsh fact of summer.

*S Furness, Albox*



### Empty feeling

I CONSTANTLY see new housing developments being started at a time when thousands of properties remain empty, and unsold.

Each slice of land that offers potential sea views continues to be built on, despite such clear and crass planning decisions in recent decades leading to much of southern Spain looking like concrete jungles in parts.

Ravaged and savaged, sadly so much of what was so beautiful in our surrounds - along with the annual weather - has been spoiled for ever.

With the recession over the construction industry is facing better times, but the national government should keep a close check on the number of plans approved for more new holiday and residential homes against the need to sell and fill the thousands of remaining empty ones.

*S Wardman, Elche*

### HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: [www.euroweeklynews.com](http://www.euroweeklynews.com).

## Reversed racism threat (Leapy Lee)

YOU'RE nicely integrated in Spain, then, Graham? Fluent in Spanish? Conversant in current affairs (albeit with apparently no opinion on them)? Watch Spanish (not British) TV? After all, you're an immigrant and you admit ghetto lifestyles are undesirable.

The Grenfell victims' origins were not stated as they're utterly irrelevant. But they included Brazilians and gallegos who'd lived in the UK for 40+ years (longer than I or your nephew ever did).

*Kally*

SORRY but do I think the fact that those residents that lived in the tower block mainly consisted of non-white British citizens is relevant,

The local councils are not making any effort to integrate the immigrants within Britain today and as a result of these actions by the councils we have far too many areas now within cities that could be classed as ghettos or no go areas.

*Tony*

### Death of seven-year-old confirmed (Barcelona)

IT'S so awful. Poor little boy and his family must feel devastated. There are no words to make it better. RIP

*Melissa Baker*

### Comments from EWN online

UNBEARABLE. The whole situation is beyond belief, but to lose your little boy like this is unbearable. Very very sad.

*Mabel Winterburn*

### Two wildfires on the Costa del Sol

INFOCA are fantastic, we watch often when there are numerous fires especially at this time of year, as we can see into the valley and their response time is incredible. Well done lads.

*Ken Clarke*

### Police kill five bomb vest attackers

RIP to all victims that lost their lives. Sincere condolences to the families and we have to pay tribute to security services

for the hard work they do in preventing attacks. We know there will always be attacks we are not prepared for and sadly there will be casualties and we were made aware Europe and holiday spots would be targeted earlier on in the year. Why scumbags want to harm others is beyond me and beggars belief they are now using vehicles to attack

*Elizabeth Green*

LARGE towns and cities need concrete bollards to be placed alongside the road and pedestrianised streets should be blocked off to traffic. Emergency vehicles can enter by way of a gate which will open only by the driver of police, ambulance, fire brigade swiping a card. My family were in Zaragoza two weeks ago and the ease in which a terrorist could drive a car around the Pilar where hundreds of people were walking around was frightening.

*Michael Heame*

### Bathers harass dolphin to death

THEY should be at least fined, I personally would put them in prison for a couple of months or more and see how they like that. They are complete morons.

*Gerrie Lewis*

### Need answers

WHAT a laugh when Grenville Tower fire victims in Kensington, London, actually turn down alternative council accommodation saying 15 minutes walk away from their homes is too far.

Have they become spoiled living in such a high-class area?

But whose idea was it in the first place to build council homes in such a wealthy zone of London... and why so little information about the innocent deep freeze said to have caused the fire outbreak?

There are so many questions for the planned inquiry to find answers to.

*Name and address supplied*

### Singled out

I WAS dismissed like a dog when I tried to rent a sunbed in Fuengirola because I was single. They only accepted couples.

Can the Spanish do what they want?

What's next that single people are denied; perhaps no service at restaurants because they want to fill up the table?

Visiting as a single lady from Norway, I once experienced that too during winter time with no guests in sight.

*Fed Up*

**BBC one**

7:00am Breakfast  
10:15am Countryfile Summer Diaries  
11:00am Homes Under the Hammer  
12:00pm Britain's Home Truths  
12:45pm Close Calls: On Camera  
1:15pm Bargain Hunt  
2:00pm BBC News  
2:30pm Regional News  
2:45pm Red Rock  
3:30pm Impossible  
4:15pm Escape to the Continent  
5:15pm Flog It!  
6:15pm Pointless  
7:00pm BBC News  
7:30pm Regional News  
8:00pm The One Show  
8:30pm Fake Britain  
9:00pm Celebrity MasterChef  
10:00pm The Week the Landlords Moved in  
11:00pm BBC News  
11:30pm Regional News  
11:40pm Weather  
11:45pm A Question of Sport  
12:15am Live From the BBC  
12:45am Who Do You Think You Are?  
1:45am Weather for the Week Ahead

**BBC TWO**

7:00am Flog It!  
7:30am Countryfile Summer Diaries  
8:15am Britain's Home Truths  
9:00am Scotland's Model Teenager  
9:30am Great British Menu  
10:00am Victoria Derbyshire  
12:00pm BBC Newsroom Live  
2:00pm Perfection  
2:45pm The Muppets  
4:20pm Countryfile  
4:25pm Coast Australia  
5:15pm Planet Earth  
6:15pm Put Your Money Where Your Mouth Is  
7:00pm Eggheads  
7:30pm Royal Recipes  
8:00pm Celebrity Antiques Road Trip  
9:00pm World's Busiest Cities: Hong Kong  
10:00pm Mountain Life at the Extreme.  
11:00pm Live at the Apollo  
11:30pm Newsnight  
12:10am Weather  
12:15am Horizon  
1:15am Who Do You Think You Are?  
2:15am Seven Days in Summer  
3:15am This is BBC Two

**BBC FOUR**

8:00pm World News Today  
8:30pm World War I at Home  
9:00pm Storm Troupers: The Fight to Forecast the Weather  
10:00pm Awesome Beauty  
11:00pm Tales From the National Parks  
12:00am How it Works  
*From the Stone Age to the Silicon Age, materials have helped drive forward our civilisation.*  
1:00am Storm Troupers: The Fight to Forecast the Weather  
2:00am Fabric of Britain  
*Paul Martin presents the surprisingly compelling story of wallpaper.*  
3:00am Tales From the National Parks  
4:00am Awesome Beauty

**CHANNEL 4**

7:00am Countdown  
7:45am Will and Grace  
8:10am King of Queens  
8:35am King of Queens  
9:00am Everybody Loves Raymond  
9:30am Everybody Loves Raymond  
10:00am Frasier  
10:30am Frasier  
11:00am The Big Bang Theory  
11:30am The Big Bang Theory  
12:00pm The Simpsons  
12:30pm The Simpsons  
1:00pm Channel 4 News  
1:05pm Couples Come Dine with Me  
2:05pm French Collection  
3:10pm Countdown  
4:00pm Cheap Cheap Cheap  
5:00pm A Place in the Sun  
6:00pm Come Dine with Me  
6:30pm Streetmate  
7:00pm The Simpsons  
7:30pm Hollyoaks  
8:00pm Channel 4 News  
9:00pm Location, Location, Location  
10:00pm 24 Hours in A and E  
11:00pm Bring Me Back to Life  
12:00am 999: What's Your Emergency?

**CHANNEL 5**

7:00am Milkshake!  
10:15am The Wright Stuff  
12:15pm The Yorkshire Vet  
1:10pm 5 News  
1:15pm The Hotel Inspector  
2:10pm Access  
2:15pm Home and Away  
2:45pm Neighbours  
3:15pm NCIS  
4:15pm The Preacher's Mistress  
6:00pm 5 News  
6:30pm Neighbours  
7:00pm Home and Away  
7:30pm 5 News  
8:00pm Starting Up Starting Over  
9:00pm GPs: Behind Closed Doors  
10:00pm Can't Pay? We'll Take it Away!  
11:00pm Nightmare New Builds  
12:00am The Nightmare Neighbour Next Door  
1:00am Titanic: Draining the Wreck  
2:00am Super Casino  
4:10am Supernatural Nazis  
5:00am Witches: A Century of Murder  
5:45am House Doctor

**4**

7:00am Hollyoaks  
7:30am Coach Trip  
8:00am Made in Chelsea  
9:00am Melissa and Joey  
9:30am Melissa and Joey  
10:00am Black-Ish  
10:30am Black-Ish: Just Christmas, Baby  
11:00am Baby Daddy  
11:30am Baby Daddy  
12:00pm How I Met Your Mother  
1:00pm The Goldbergs  
1:30pm The Goldbergs  
2:00pm The Big Bang Theory  
2:30pm The Big Bang Theory  
3:00pm Melissa and Joey  
3:30pm Melissa and Joey  
4:00pm Baby Daddy  
4:30pm Baby Daddy  
5:00pm Black-Ish  
5:30pm Black-Ish  
6:00pm The Goldbergs  
6:30pm The Goldbergs  
7:00pm The Big Bang Theory  
7:30pm The Big Bang Theory  
8:00pm Hollyoaks  
8:30pm Coach Trip  
9:00pm The Big Bang Theory  
9:30pm The Big Bang Theory  
10:00pm Don't Tell the Bride  
11:00pm Made Over By  
12:05am The Big Bang Theory

**sky sports main event**

7:00am Good Morning Sports Fans  
7:30am Good Morning Sports Fans  
8:00am Good Morning Sports Fans  
8:30am Good Morning Sports Fans  
9:00am Good Morning Sports Fans  
9:30am Good Morning Sports Fans  
10:00am Good Morning Sports Fans  
11:00am Premier League Daily  
12:00pm Transfer Centre  
12:30pm Sky Sports Now  
1:00pm Sky Sports Today  
2:00pm Sky Sports Today  
3:00pm Sky Sports Today  
8:00pm Transfer Centre  
8:30pm Sky Sports Tonight  
9:00pm Sky Sports Tonight  
11:00pm Sky Sports News at Ten  
12:00am Through the Night  
4:00am Through the Night  
5:00am Through the Night  
*A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.*

**itv**

7:00am Good Morning Britain  
9:30am Good Morning Britain  
10:25am The Jeremy Kyle Show  
11:30am This Morning  
1:30pm Loose Women  
2:30pm ITV Lunchtime News  
3:00pm Judge Rinder  
4:00pm Dickinson's Real Deal  
5:00pm Tipping Point  
6:00pm Cash Trapped  
7:00pm Local News and Weather  
7:30pm ITV Evening News  
8:00pm Emmerdale  
8:30pm Coronation Street  
9:00pm Love Your Home and Garden  
10:00pm Long Lost Family  
11:00pm ITV News  
11:40pm The Brighton Police  
12:40am River Monsters  
1:35am Jackpot247  
*Join the presenters live and play roulette on your telly.*  
4:00am May the Best House Win  
4:50am Nightscreen

**itv2**

8:00am Below Deck  
8:20am The Ellen DeGeneres Show  
9:00pm Emmerdale  
9:30pm The Cube  
10:30am You've Been Framed Gold!  
11:00am Totally Bonkers Guinness World Records  
11:30am The Great Indoors  
12:25pm Below Deck  
1:20pm Emmerdale  
1:55pm You've Been Framed Gold! Top 100 Kids  
3:00pm The Ellen DeGeneres Show  
3:50pm The Jeremy Kyle Show  
4:55pm The Jeremy Kyle Show  
6:00pm Judge Rinder  
7:00pm You've Been Framed Gold!  
9:00pm Two and a Half Men  
10:00pm The 40 Year Old Virgin  
11:00pm FYI Daily  
11:05pm The 40 Year Old Virgin  
12:20am Family Guy  
12:50am Family Guy  
1:20am American Dad!

**itv3**

7:00am Judge Judy  
7:20am Judge Judy  
7:40am The Royal  
8:40am Heartbeat  
9:30am Where the Heart is  
10:35am Judge Judy  
11:05am Judge Judy  
11:30am Judge Judy  
12:00pm Rising Damp  
12:30pm You're Only Young Twice  
1:00pm The Darling Buds of May  
2:05pm Heartbeat  
3:05pm The Royal  
4:10pm The Darling Buds of May  
5:20pm You're Only Young Twice  
5:55pm On the Buses  
6:25pm Rising Damp  
6:55pm Heartbeat  
8:00pm Murder, She Wrote  
9:00pm Lewis  
11:00pm Law and Order: UK  
12:00am Captain Corelli's Mandolin  
1:00am FYI Daily  
1:05am Captain Corelli's Mandolin  
2:30am Judge Judy  
2:50am Rising Damp  
3:15am ITV3 Nightscreen

**itv4**

7:00am The Chase  
7:50am Storage Wars Texas  
8:10am Storage Wars Texas  
8:35am The Saint  
9:40am Ironside  
10:45am Quincy, M.E.  
11:50am Minder  
12:50pm The Professionals  
1:55pm Cycling  
2:55pm Ironside  
4:00pm Quincy, M.E.  
5:00pm Minder  
7:00pm Storage Wars Texas  
7:30pm Storage Wars Texas  
8:00pm Cycling  
9:00pm Parking Wars  
10:00pm The Krays  
11:05pm FYI Daily  
11:10pm The Krays  
12:25am Maximum Conviction  
1:30am FYI Daily  
1:35am Maximum Conviction  
2:35am Minder  
3:30am Tommy Cooper  
3:55am ITV4 Nightscreen  
4:00am Teleshopping  
*Innovative, value-for-money products brought directly to you at home.*

**sky CINEMA ACTION & ADVENTURE**

9:55am Hitman  
11:35am Mission: Impossible II  
1:45pm The Magnificent Seven  
4:00pm Troy  
6:50pm The Mummy  
9:00pm Mission: Impossible II  
11:10pm 300  
1:10am Underworld  
3:15am Con Air  
5:15am The Magnificent Seven

**sky CINEMA COMEDY**

8:00am Rock the Kasbah  
9:50am When Harry Met Sally  
11:35am Dad's Army  
1:20pm The Top Ten Show 2017  
1:40pm Mike and Dave Need Wedding Dates  
3:25pm Ride Along 2  
5:15pm Barbershop: The Next Cut  
7:15pm Dad's Army  
9:00pm Mike and Dave Need Wedding Dates  
10:45pm Ride Along 2  
12:35am Barbershop: The Next Cut

**sky CINEMA PREMIERE**

7:00am Kill the King  
8:35am The Veil  
10:15am Blinky Bill  
11:55am Trolls  
1:40pm Allied  
3:55pm Blinky Bill  
5:30pm Ouija: Origin of Evil  
7:15pm Trolls  
9:00pm Allied  
11:10pm Apprentice  
1:00am Ouija: Origin of Evil  
*When a Ouija board is introduced to a scam seance act it does far more than spice up a stale routine.*  
2:50am Kill the King  
4:30am The Top Ten Show 2017  
4:45am The Veil  
*The lone survivor of a mass cult suicide returns to the scene of the tragedy with a documentary crew in tow. Supernatural horror with Jessica Alba and Thomas Jane.*

**sky sports football**

10:45am La Liga Greatest Games  
11:00am Revista de la Liga  
11:30am La Liga World  
12:00pm WCQ Round Up: Matchday  
1:00pm Revista de la Liga  
1:30pm La Liga World  
2:00pm WCQ Round Up: Matchday  
3:00pm Revista de la Liga  
3:30pm La Liga World  
4:00pm Football's Greatest  
5:00pm EFL Greatest Games  
5:30pm SPFL Greatest Games  
5:45pm La Liga Greatest Games  
6:00pm Football Years  
6:30pm Football Countdowns  
7:00pm Revista de la Liga  
7:30pm La Liga World  
8:00pm El Clasico Memories  
8:45pm La Liga Archive  
9:00pm WCQ Round Up: Matchday  
10:00pm WCQ Round Up: Matchday  
11:00pm Eredivisie Round Up  
12:00am Revista de la Liga  
12:30am Football Countdowns  
1:00am Eredivisie Round Up  
2:00am Revista de la Liga

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## Women's wit

“Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.”

Diana, Princess of Wales

## Famous quote

“You're only given a little spark of madness. You mustn't lose it.”



Robin Williams  
Actor and Comedian

## World of English

“Children should be seen and not heard.”


## MADDOCKS' VIEW ON LIFE




' CIRROCUMULUS - STRATUS - NIMBOSTRATUS - CIRRUS - GOOD GAME, GOOD GAME! '

# YOUR STARS

## FOR NEXT 7 DAYS

 **AQUARIUS**  
(January 21 - February 19)

Yours is a big ship. You are able to take a lot on board but you don't have to. In this special week, when you see things so clearly, be selective. Allow into your life only that which is valuable and worthwhile. This is not selfishness, it is providing a source of inspiration for the present and the future.

 **LEO**  
(July 24 - August 23)

Are you looking for guidance? Maybe you are thinking that a recent acquaintance will be able to provide it. You ran something by a few friends and they are not so sure.

That is because this is a situation where you need an expert, not a well-wisher. Best not to waste your time and jangle your nerves. Get that expert even if it costs a few pennies.

 **PISCES**  
(February 20 - March 20)


Your old shoes are comfortable and still have a lot of wear in them but someone is suggesting that you should buy some new shoes and throw the old ones away. They are no longer shiny. They are no longer fashionable. They do, however, provide all that you need.

 **VRGO**  
(August 24 - September 23)

It appears at times that you are in the middle of a play. The lights are on you, the mike's wired, your audience awaits, then nothing. Not that you are lost for words.

You know exactly what to say and do.

What you are wondering is why you are there in the first place. Maybe where you are was not intended.


 **ARIES**  
(March 21 - April 20)

That little bit of extra cash has made you realise something. Not everything is as simple as you would wish it to be, and throwing money at a problem will not make it go away entirely. There are some things that you need to come to terms with. It is much easier to incorporate the uneasy into your life if you take a more relaxed attitude.

 **LIBRA**  
(September 24 - October 23)

There's a lot of buzzing going on in your head. No, it isn't tinnitus, it's something quite different. You know it's a great time to get ideas and act on them.

However, trying to act on too many at once is causing some confusion. Maybe there's too much going on.

 **TAURUS**  
(April 21 - May 21)

Sometimes, when we are making a journey, it is not the usual route that is best. Something has changed in your sphere and there is a need to adjust to it. There are other options that will bring the same result and maybe even a more convenient one. You will need to do two things. The first is to open your mind to the possibilities.

 **SCORPIO**  
(October 24 - November 22)

You've been working hard, maybe in the dark some of the time. This week someone shines a torch on your situation and you see exactly where you are. Are you surprised? You shouldn't be.

 **GEMINI**  
(May 22 - June 21)

Someone needs to learn to stand on their own two feet. It isn't you, but it's close. Finding a balance between helping and idly standing by while mistakes are made is necessary. It's not easy but it has to be done. You may break into a sweat this week and it won't suit your nerves, but you'll get through.

 **SAGITTARIUS**  
(November 23 - December 21)

Getting a creative project started has opened your eyes to many things. Perhaps you question why you did not do it before. The fact is that it doesn't matter. You are where you are right here and not because that was where you were heading. Enjoy the feeling, the praise and the satisfaction.

 **CANCER**  
(June 22 - July 23)

A way opens up before you that can bring wealth. Branching off from that is a path to certain happiness. Which will you take? If having that money means changing your nature (or trying to) is that going to make you happy? On the other hand, if you sidestep the money can you still be happy? Keep things simple. You know where you are.

 **CAPRICORN**  
(December 22 - January 20)

Just imagine for one day that you have achieved everything your heart has desired. When you wake up in the morning believe it is so. Feel how your spirits lift and your heart sings. Carry that feeling through the week and beyond. If you believe that you are a success you can be. Why stop when it feels so good?

# Theme parks in Spain

TOP 5

### 1. Portaventura, Salou, Costa Dorada

A huge, action-packed, multi-themed park in the popular tourist destination of Salou. Home to a variety of wild rides including Dragon Khan with eight loops and Shambhala with its thrill-inducing drops, the park also boasts a variety of family shows from a wild-west stunt show to the fiery Temple del Fuego experience.

### 2. Terra Mítica, Benidorm, Costa Blanca

A real gem in the heart of the Valencian community. Boasting five different themed areas and an array of rides to suit thrill-seekers and families alike. The giant wooden rollercoaster of Magnus Colossus is sure to provide participants with a windswept grin whilst Titanide now features a virtual reality option.

### 3. Warner Brothers Park, Madrid

Warner Brothers has given the world a host of great entertainment from cartoons to films to comic book franchises so it doesn't get much better than a theme park that celebrates all of this. Hollywood Boulevard, Cartoon Village and Movie World Studios are some of the fun themed sectors to visit as well as DC Super Heroes World.

### 4. Parque de Atracciones, Madrid

One of Spain's oldest theme parks, it has stood




Photo credit: Costa blog.

**VERY BENDY: The eight loops of Dragon Khan, Port Aventura, are something to behold.**

the test of time and still attracts high numbers. Combining thrills with nature, this park has five zones. Naturaleza Zone is home to two famously wet and wild water rides whilst Maquisimo Zone houses the Abismo roller coaster as well as the Tarantula. With the addition of the new Nickolodeon Zone, it promises fun for the entire family.

**5. Tivoli World, Benalmadena, Costa del Sol**  
One of Malaga's top attractions, the Benalmadena-based theme park is a big hit and draws huge crowds from all across the Costa del Sol and beyond. Ideal for families, the park is home to a host of super fun rides including the Torre de Caída Libre with its huge drop as well as the totally spooky Mansion del Terror.

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA	EL GORDO DE LA PRIMITIVA
					
Saturday August 19	Saturday August 19	Tuesday August 15	Friday August 18	Saturday August 19	Sunday August 20
(12) (25)	(3) (12)	(10) (14)	(2) (24)	(2) (17)	(11) (14)
(39) (46)	(19) (23)	(30) (35)	(39) (42)	(35) (37)	(18) (35)
(52) (55)	(37) (40)	(46)	(45)	(43) (48)	(50)
<b>BONUS BALL</b>	<b>BONUS BALL</b>	<b>LUCKY STARS</b>	<b>LUCKY STARS</b>	<b>REINTEGRO</b>	<b>REINTEGRO</b>
(3)	(31)	(4) (10)	(2) (8)	(34) (7)	(5)

LOTTERY

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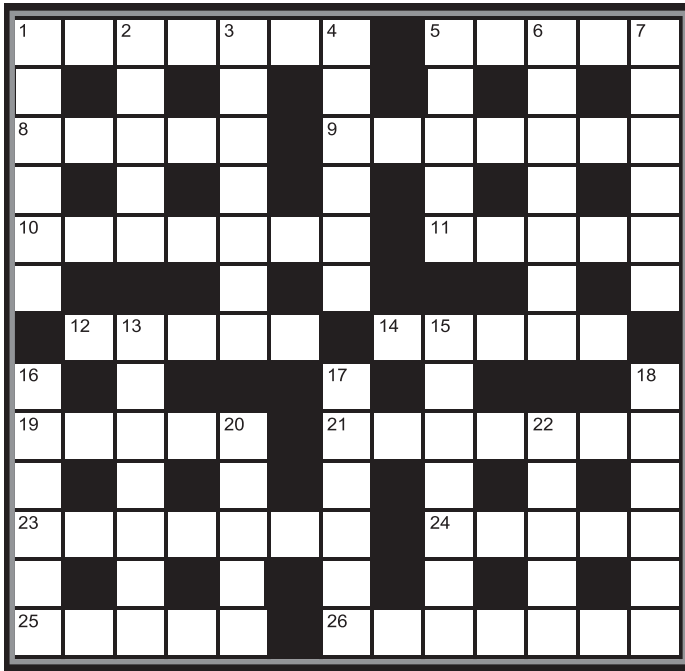
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**Cryptic**

- Across**  
1 Request treatment of colitis (7)  
5 Wants to be lenient by the sound of it (5)  
8 The heat in a strange relationship (5)  
9 Foot part ruined elation (7)  
10 Nobleman with award for part of listener (7)  
11 Point ties out on locations (5)  
12 A fat profit (5)  
14 Completed before time, it's obvious (5)  
19 Fiend starts a demonstration (5)  
21 Becomes aware of a new section (7)  
23 Has dire trouble being more unsavoury (7)  
24 Clothing right for a frolic (5)  
25 Saltpetre is awfully inert (5)  
26 Princes treated nippers (7)

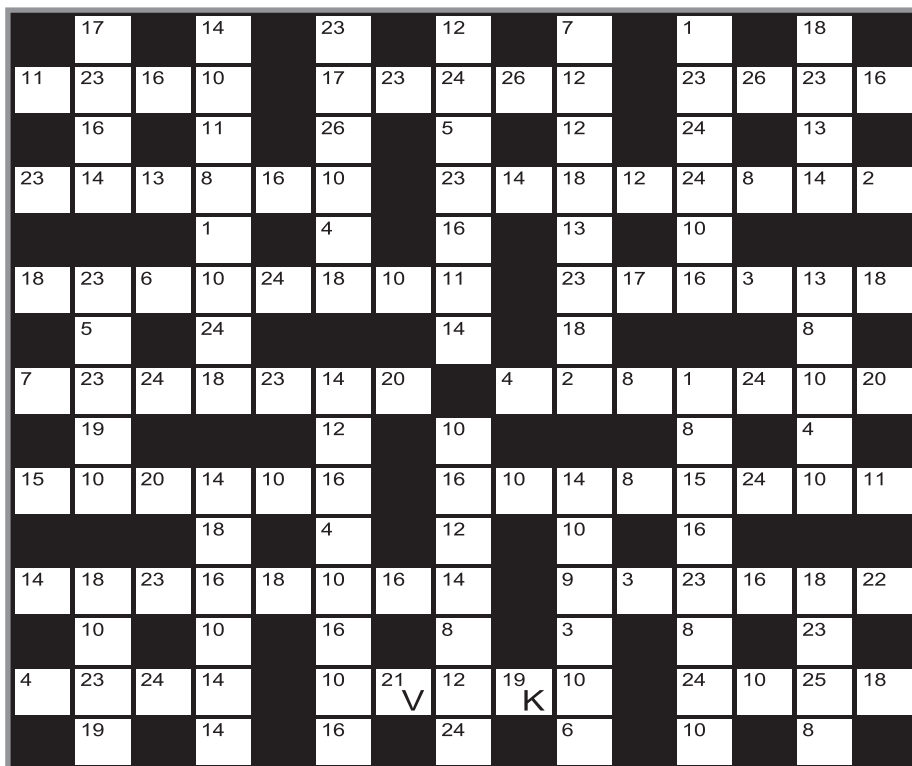
- Down**  
1 Some catfish are delicious when cut up (6)  
2 Drink alcohol a German provides (5)  
3 Odd trinkets containing uranium (7)  
4 Show some amusement when a sober chap gets in a row (6)  
5 Vegetables are running out of water, by the sound of it (5)



- 6 A novel division of a religious community (7)  
7 Betting the Spanish silence is a sensation (6)  
13 Runaway sheep and doggy breath (7)  
15 Wine vessel I am able to find in religious palace (7)  
16 Inventor backed no side (6)  
17 Trick intoxicated parent (6)  
18 Is, is or not exactly an Egyptian god (6)  
20 The sound in a piano is exhilarating (5)  
22 Small group of trees policemen reported (5)

**Code Breaker**

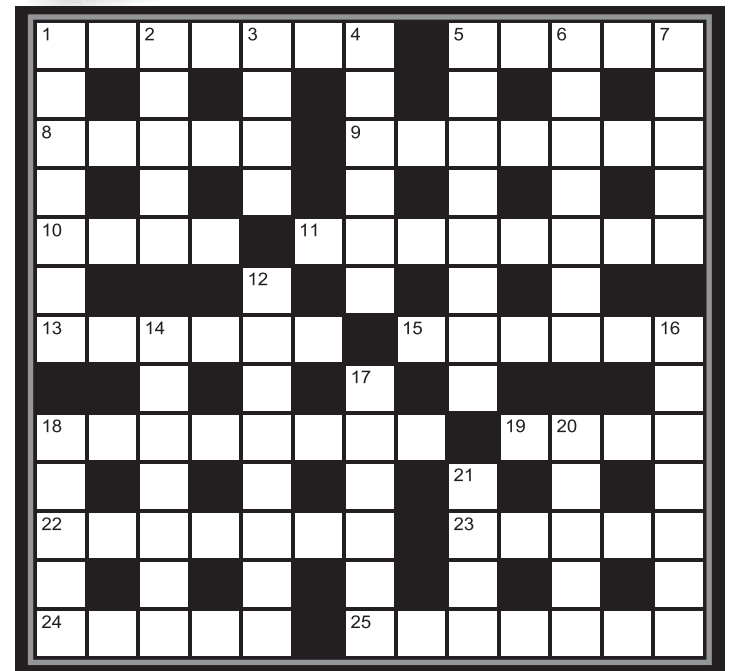
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 19 represents K and 21 represents V, so fill in K every time the figure 19 appears and V every time the figure 21 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTION FACING PAGE

**Quick**

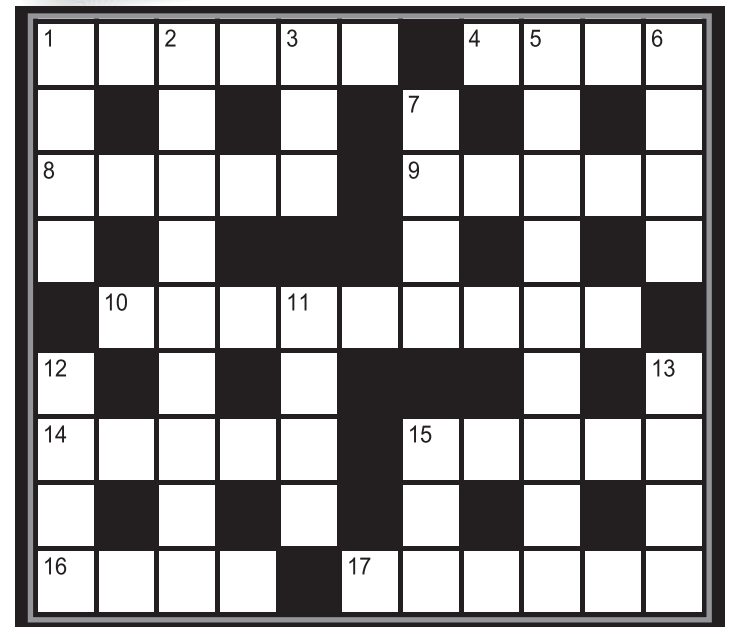


- Across**  
1 Wants (7)  
5 Marine carnivorous fish (5)  
8 Large seagoing vessels (5)  
9 Worthless matter (7)  
10 Long-tailed rodents (4)  
11 Messages informing of danger (8)  
13 Repetition of sounds by reflection (6)  
15 Not in physical motion (6)  
18 Got temporarily (8)  
19 Alone (4)  
22 Tales (7)  
23 Rows (5)  
24 Apologetic (5)  
25 Domestic beasts of burden (7)

- Down**  
1 Earn (7)  
2 Garment worn on the upper half of the body (5)  
3 Repose (4)  
4 Indicator (6)  
5 Power (8)  
6 Opposed to (7)  
7 Retains (5)  
12 Speed (8)  
14 Refuge or shelter (7)  
16 Selects (7)  
17 Came to an end (6)  
18 Foundation (5)  
20 Snow leopard (5)  
21 Give a broad smile (4)

**English - Spanish**

The clues are mixed, some clues are in Spanish and some are in English.



- Across**  
1 Lentamente (6)  
4 Flower (4)  
8 Nobody (5)  
9 Skillful (5)  
10 To find (9)  
14 To walk (5)  
15 Sonrisa (5)  
16 Parrot (4)  
17 Press (newspapers) (6)  
6 Rollo (de tela, papel, cuerda fina, cable fina) (4)  
7 ¿Qué? (interrogativo) (4)  
11 Work (4)  
12 Clavo (de carpintero) (4)  
13 Eyebrow (4)  
15 Southern (side, part) (3)
- Down**  
1 Arena (tierra) (4)  
2 Computer (9)  
3 Mentira (embuste) (3)  
5 Bibliotecario (9)

CROSSWORD PAGE

Bank-beating international money transfers

Your money, wherever it's needed, whatever the reason



Great rates



No fees\*

\*Changes may occasionally be applied by a third party bank when transferring the



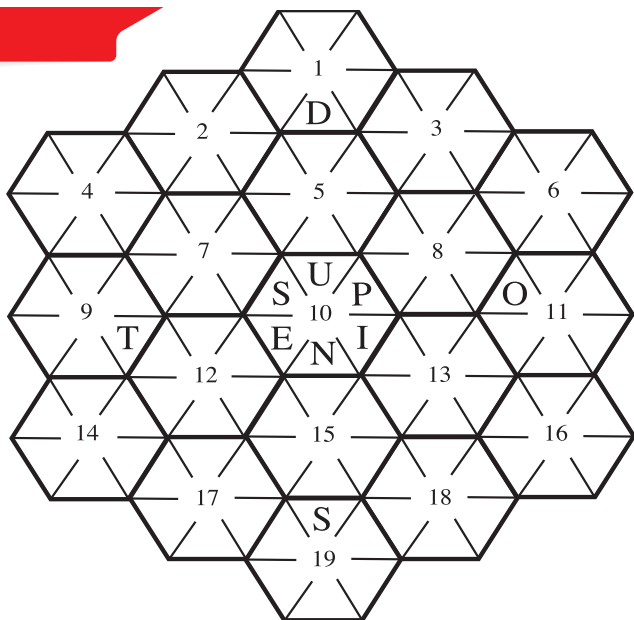
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## Hexagram

- ANOMIE
- ARREST
- ATTIRE
- CENTER
- EARWIG
- GINGER
- GORGON
- INGEST
- LAYOUT
- ODIOUS
- POMPON
- PONDER
- REMEDY
- RUSSET
- SUPINE (10)
- TEEING
- TEETER
- TRAVEL
- WHITEN



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells.

The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell 10 (**SUPINE**) and one letter in four other cells are given as clues.

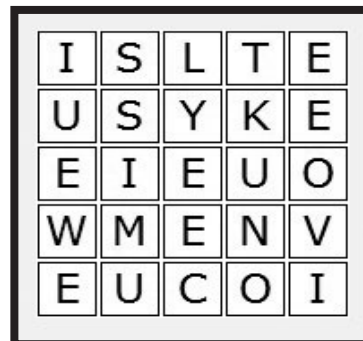
### LAST WEEK'S SOLUTION

- 1 Eyeful 2 Reside 3 Mirage 4 Droopy
- 5 Glossy 6 Carrot 7 Hubris 8 Pillar
- 9 Goober 10 Holdup 11 Apathy
- 12 Upside 13 Redial 14 Retard
- 15 Tissue 16 Homily 17 Grisly 18 Triton
- 19 Linkup.

## Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



### TARGET:

- Average: 20
- Very good: 28
- Good: 40
- Excellent: 52

### SCORING:

- 4 letters: 1 point
- 7 letters: 5 points
- 5 letters: 2 points
- 8 or more letters: 11 points
- 6 letters: 3 points

### LAST WEEK'S SOLUTION

neep neeps dept depend depends deep  
deepen deepens deeps dens dent dense  
desk desks tens tend tends tense tepee  
tepees tees pend pendent pedes pees pens  
pent pends peen peed peens peek peeks  
skep skeet skied skies skis teen teed teens  
spend sped spent spends speed sent send  
sends sense sept seep seeped seen seed  
seek seeks eked

## Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER (in this case R)** and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



### TARGET:

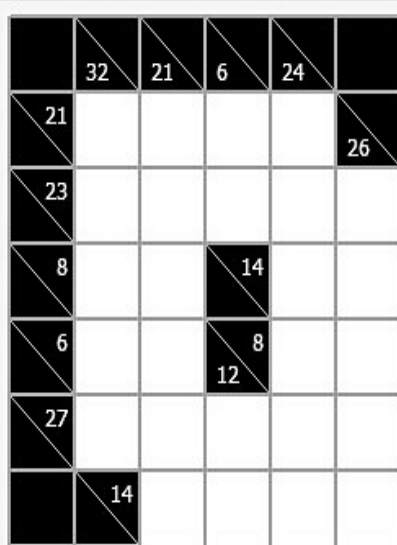
- Average: 6
- Good: 8
- Very good: 12
- Excellent: 16

### LAST WEEK'S SOLUTION

ante anti atop etna into iota neat note onto pant part pate peat pent pert pint pita  
poet pont port rant rapt rate rent riot rite root rota rote tape tare tarn taro tarp tear  
tern tier tine tire tiro tone toon tope topi tore tori torn trap trio trip antre aport apter  
atone atrip inapt inept inert inter intro irate niter nitre nitro noter oaten orate paint  
panto paten pater patio peart pinto piton point prate print proto ratio repot taper tapir  
tenor tinea toner toper train trine tripe troop trope aoint enrapt enroot entrap oplate  
option orient ornate pantie parent patron pineta pirate pointe potion pronto protea  
proton ration retain retina tarpon tonier toonie trepan operant oration painter patroon  
pertain pointer portion pronate protean protein repaint tropine atropine OPERATION

## Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



### LAST WEEK'S SOLUTION



## LAST WEEK'S SOLUTIONS

### ENGLISH-SPANISH

#### Across:

- 1 Cesped, 4 Opal, 8 Among,
- 9 Stiff, 10 Llamada, 14 Abeja,
- 15 Cueva, 16 Push, 17 Sprain.

#### Down:

- 1 Claw, 2 Shoulders,
- 3/15 Egg cup, 5 Primavera,
- 6 Left, 7 Isla, 11 Abad,
- 12 Damp, 13 Warn.

### CODE BREAKER

1	D	2	L	3	P	4	O	5	W	6	R	7	H	8	G	9	J	10	Z	11	X	12	S	13	M
14	C	15	B	16	Y	17	V	18	U	19	K	20	T	21	A	22	Q	23	E	24	I	25	N	26	F

### CRYPTIC

#### Across:

- 1 Sabres, 3 Thebes, 8 Orderly, 10 Lions,
- 11 Cheap, 12 Lattice, 13 Revel, 15 Cadet,
- 20 Epitome, 22 Barge, 24 Beard,
- 25 Elegant, 26 Adhere, 27 Watson.

#### Down:

- 1 Scorch, 2 Budge, 4 Helot, 5 Bromide,
- 6 Sister, 7 Cycle, 9 Rupee, 14 Epitaph,
- 16 Amble, 17 Serbia, 18 Newer,
- 19 Merton, 21 Order, 23 Roams.

### QUICK

#### Across:

- 1 Scatter, 5 Cargo, 8 Appeals, 9 Venus,
- 10 Fresh, 11 Soldier, 12 Afford, 14 Single,
- 17 Against, 19 Songs, 22 Thorn,
- 23 Tractor, 24 Dirty, 25 Satisfy.

#### Down:

- 1 Staff, 2 Apple, 3 Teacher, 4 Resist,
- 5 Civil, 6 Running, 7 Observe, 12 Adapted,
- 13 Flavour, 15 Instant, 16 Status,
- 18 Nanny, 20 Notes, 21 Stray.

## App of the week



### LANDMARK

This app allows you to draw graffiti onto the real world, without requiring you to physically paint. The augmented reality app lets you leave a 'tag' wherever you are and using geolocation, leaves the drawing there for you and others to see.



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## BOOKS



### Fiestas and Siestas Miles Apart

by Alan Cuthbertson

EVER wondered how easy it would be to start a new life in a different country?

Fiestas and Siestas Miles Apart, is a humorous look at what happens to the Cuthbertson family, Alan and Heather along with daughters, Stacey and Ashley, when they decide to sell everything, (including the family stationery business) load the family car and move from England to Spain.

Unfortunately, halfway through the process, the girls have other ideas and take off on their own adventure across Thailand, Australia and New Zealand.

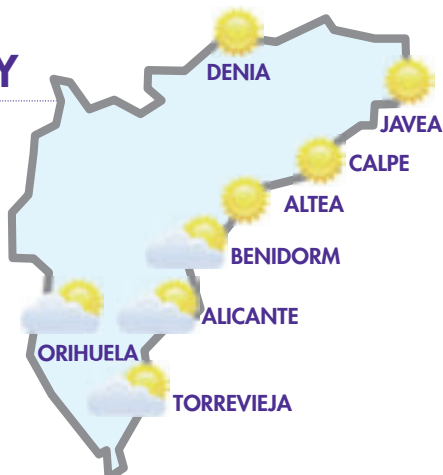
The naivety of the, un-street wise pair, is shown in the e-mails and texts received by their parents, who themselves, are finding Spanish life a very steep learning curve.

books@euroweeklynews.com

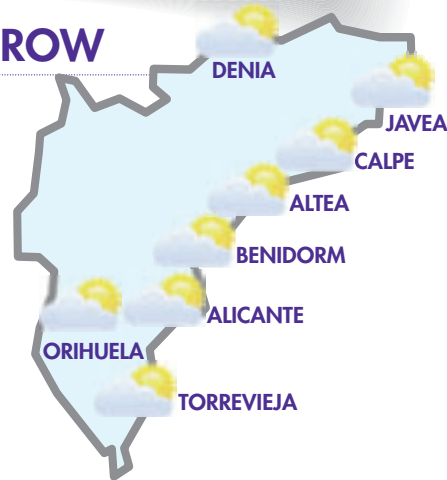
# Costa Blanca

## weather

### TODAY



### TOMORROW



### SATURDAY



Malaga	Almeria	Bilbao	Madrid
TODAY: Max 29, Min 22-C	TODAY: Max 30, Min 23-C	TODAY: Max 25, Min 18-Sh	TODAY: Max 37, Min 20-Cl
Fri - 29 21 - S	Fri - 29 23 - Cl	Fri - 26 17 - C	Fri - 35 18 - C
Sat - 30 21 - Cl	Sat - 29 23 - Cl	Sat - 27 17 - C	Sat - 32 18 - Cl
Sun - 30 21 - S	Sun - 30 23 - S	Sun - 26 17 - Sh	Sun - 31 18 - S
Mon - 29 21 - C	Mon - 29 23 - C	Mon - 26 17 - Sh	Mon - 29 17 - Th
Tues - 29 20 - Cl	Tues - 28 23 - Th	Tues - 25 17 - C	Tues - 30 17 - Cl
Wed - 29 21 - S	Wed - 28 22 - S	Wed - 24 17 - Sh	Wed - 30 17 - Cl
Alicante	Benidorm	Mallorca	Barcelona
TODAY: Max 30, Min 23-S	TODAY: Max 31, Min 23-C	TODAY: Max 33, Min 22-S	TODAY: Max 29, Min 20-C
Fri - 31 23 - Cl	Fri - 32 24 - Cl	Fri - 32 22 - C	Fri - 29 23 - Cl
Sat - 30 23 - C	Sat - 31 24 - C	Sat - 32 22 - C	Sat - 29 23 - Th
Sun - 30 24 - C	Sun - 30 24 - C	Sun - 32 22 - C	Sun - 28 22 - C
Mon - 29 23 - C	Mon - 29 23 - Th	Mon - 31 22 - Th	Mon - 28 22 - C
Tues - 29 22 - Th	Tues - 28 23 - Th	Tues - 29 21 - Th	Tues - 27 21 - Sh
Wed - 29 22 - C	Wed - 28 23 - Th	Wed - 29 21 - Th	Wed - 27 20 - Sh

S: Sun ☀️ Cl: Clear ☁️ C: Cloudy ☁️ Sh: Showers 🌧️ Th: Thunder ⚡️ Sn: Snow ❄️

Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

**1814:** British capture and burn Washington. General Robert Ross and his troops overwhelm American forces during the battle of Bladensburg.

**1821:** Mexican independence accepted by Spain. Eleven years of war see Spanish Viceroy Juan de O'Donoju sign the Treaty of Cordoba, acknowledging Mexico as an independent constitutional monarchy.

**1879:** The Zulu king is captured. King Cetshwayo is captured by British forces following his defeat in the British-Zulu war.

**1888:** Jack the Ripper murders his first victim. Prostitute, Mary Ann Nichols is found mutilated in Whitechapel, London.

**1955:** The first Guinness Book of Records arrives featuring a wide array of feats of both humans and animals.

**1959:** The Mini car makes its debut. The British Motor Company releases the small affordable Mark One Mini.

**1988:** The Ramstein air disaster sees three jets collide during an air show, falling into the crowd and killing 69 as well as injuring hundreds.

**1991:** Michael Schumacher makes his Formula One debut in the Belgian Grand Prix at Spa Francorchamps and retires during the first lap due to clutch problems.

**1996:** Prince Charles and Princess Diana finally divorce following a four year separation.

This week in history

## BIRTHDAYS

**August 24, Vince McMahon (72) Entrepreneur**  
 Vincent Kennedy McMahon is chairman and CEO of World Wrestling Entertainment Inc (WWE). Taking over the company from his father in the 1980s, Vince helped make WWE the huge industry it is today. He has included himself as the villain of many storylines and had his head shaved by Donald Trump at Wrestlemania.



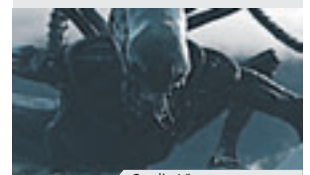
WWE's Vince McMahon

**August 25, Sean Connery (87) Actor**  
 Legendary actor, Sean Connery and original James Bond. The famous Scotsman has appeared in a number of blockbusters including Highlander, The Rock and The Untouchables. He was knighted in 2000 and declared 'sexiest man alive' by People magazine in 1989.

**August 26, Macaulay Culkin (37) Actor and musician**  
 A child star thanks to the popular 1990's Home Alone series. Culkin also starred in Uncle Buck and Richie Rich. His acting roles may have diminished but since 2013 he has been the lead singer of a Velvet Underground cover band called Pizza Underground, famed for giving boxes of pizza out to spectators.

**August 27, Aaron Paul (38) Actor**  
 Rising to fame as a result of the highly addictive series, Breaking Bad, Aaron's previous claims to fame were a role in the 2000 film Whatever it Takes and being a contestant on TV show 'The Price is Right.' He is one of the first five actors to win two prime time Emmy awards for outstanding supporting actor in a drama series.

## DVD



Credit: Vimeo

### Alien Covenant

Directed by: Ridley Scott  
Starring: Michael Fassbender, Katherine Waterston

ON a distant planet, the colony ship Covenant is en-route to create a new chapter in humanity. As a solar flare damages their ship, they run into problems, killing many of the crew. Whilst repairs are underway, a mysterious signal is intercepted and the decision is made to change their course.

Landing on the planet they meet its sole inhabitant, David (Michael Fassbender), the only survivor on the ill-fated expedition.

The planet appears devoid of all life until a disaster occurs on the landing shuttle leaving the crew marooned. It's apparent David's presence is not mere coincidence.

## Sudoku

Fill the grid so that every row, every column and every 3x3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

				7	8			
			4					7
			9		2	4	5	
					9	5	4	
	7	9			3	8	6	
1								2
	9			3				5
			8	6		4	9	
2								

## Word Ladder

YARD

LEAF

Move from the start word (YARD) to the end word (LEAF) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

LEAF  
 LEAF  
 LEAD  
 HEAD  
 HERD  
 HARD  
 YARD  
 or  
 Solution

### LAST WEEK'S SOLUTION

9	6	3	1	2	4	7	8	5
7	2	1	5	3	8	6	9	4
4	5	8	9	7	6	3	2	1
8	1	5	2	4	3	9	6	7
2	3	7	6	9	1	5	4	8
6	9	4	7	8	5	2	1	3
1	4	9	3	6	7	8	5	2
3	8	6	4	5	2	1	7	9
5	7	2	8	1	9	4	3	6

## Trivia PS

HTTP in a website stands for Hypertext Transfer Protocol

Advertising feature

# Are you suffering from hearing loss?

SOME people wear two hearing aids and others only wear one. It may be that some people only have a hearing loss in one ear, or it may be they have no hearing at all in one of their ears (a hearing aid can only help what is already there).

Some budgets won't stretch to one in each ear and someone with a very quiet lifestyle doesn't need one in each ear; others simply just don't want to wear one in each ear: it's different in each case as Michael Burke from Digital Hearing explains: "Nature has given us two ears; they work together as a team. There must be a reason. There are three main needs of the human hearing system: first the ability to localise sound; secondly, the ability to discriminate wanted from unwanted sounds; and, thirdly, the ability



**HEARING LOSS: Two ears are better than one.**

to detect very faint sounds. "You do not hear with your ears; you hear with your brain. All your ears do is feed pressure differences to the brain, where they are interpreted. If you have two good ears working together, your brain will

use them independently. In a noisy environment your brain will switch one ear to low-frequency background noise (the hubbub, crowd noise, chatter, etc) and pull the volume control on this ear down. It will delegate the other ear to con-

centrate on high-frequency oscillating speech and it will push the volume control on that ear up, the result being that with two good ears working well together you can talk to someone in a noisy environment and their voice can

be up to 20 decibels quieter than the background noise and you can hold a conversation.

"If the brain only has one good ear to work with it cannot do this, and the person you are speaking to always has to be louder than the background noise before you can fully understand them.

"The same applies to identifying where a sound is coming from. This can be vital in picking up the first few syllables of speech. With two good ears the brain can zero in to within three degrees horizontally of a sound. With only one good ear it can only manage to zero in to approximately 30 degrees horizontally of a sound source. (Oddly enough, on a vertical plain (up/down) the difference is much less: seven degrees with two ears and 11 degrees with one ear.)

"Try closing one eye. You can see, but you lose depth, accuracy and span of vision. If you have a hearing loss in both ears, aiding one ear is better than none; aiding both is three times better than one.

"The human head casts a sound shadow, so that sound coming in on one side is heard approximately 6 dB lower in the ear on the other side but can be as much as 25 dB at 6,000 Hz. Depending on its frequency, a faint sound on the shadowed side of the head might not be detected at all if only one ear is operational.

"Hearing is a very subjective thing and what suits one person won't necessarily suit another."

Contact Michael Burke at Digital Hearing on 698 418 642 or [digitalhearing@hotmail.co.uk](mailto:digitalhearing@hotmail.co.uk)



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€595 single aid €1,090 pair	€695 single aid €1,290 pair	€845 single aid €1,590 pair	€995 single aid €1,890 pair	€1,150 single aid €2,200 pair

# Is too much TV affecting your health?

IS binge-watching your favourite TV shows affecting your sleep?

With an increase in the popularity of being able to watch several episodes of TV shows in one go through internet streaming and the likes of Netflix, it can have a negative effect on your health compared to watching TV for shorter periods of time.

Researchers at the University of Michigan in the USA and the Leuven School for Mass Communication Research in Belgium found that binge-viewing can lead to poorer sleep quality and increased insomnia.

They surveyed over 400 adults between the ages of 18 to 25 about their TV habits in the past month to learn about how this affected their sleep quality, insomnia and fatigue.

The study found that 81 per cent had binge-watched and 28 per cent did so more than once and 7 per cent admitted they did it nearly every day. Men were found to do it less but when they did their viewing sessions were almost double those of women.

Researchers said that many shows are creat-

ed to entice the viewer to want to continue watching the next episode and with this, many get absorbed into the show delaying their sleep and affecting their natural sleep pattern.

Other studies have shown that binge-watching can have other numerous effects. Researchers from the University of Queensland found that it led to a lower muscle strength in participants who watched a lot of TV in one go and another study from the University of Toledo found watching two or more hours of television a day was linked to higher levels of depression, anxiety and stress. Researchers at the National Cancer Institute in Michigan said that those who watch more than three-and-a-half hours of television a day are at a higher risk of cancer and heart disease.



**TV SHOWS:**  
Can have a negative effect.



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# Stay safe this summer

TANNING is a natural mechanism of skin protection from the sun's harmful rays with sunburns caused by excessive exposure to the ultraviolet (UV) rays. Whilst they may appear to be only a temporary irritation, they can actually cause life-long damage, due to the 'memory' of the skin.

The American Skin Cancer Foundation says that the most vulnerable are children and those who suffer from blisters caused by sunburn in childhood or adolescence have double the risk and chances of developing melanoma later.

The Spanish Academy of Dermatology and Venereology (AEDV) adds that a person's risk of developing melanoma also doubles if they have five or more burns during their lifetime as melanomas are associated with intermittent and



**SKIN DAMAGE:**  
Exposure to strong sunlight can cause lasting damage to skin.

very intense exposures to the sun. The AEDV explains that sunburns take place because the 'ultraviolet B' radiation causes a lesion of the epidermal cells. This can be in the

form of redness or the appearance of blisters, which would be a classed as a second degree burn.

When treating these burns there are a number of tips to advise on the best skin care:

Hydrate both inside and out. Drink plenty of water and also treat the burn with calming

products such as aloe vera and store in the fridge for an even better cooling sensation. In the case of serious burns, a doctor may prescribe something stronger to help reduce inflammation and ease the pain.

Avoid the sun. Following serious sunburn avoid further exposure.

Wear clothes with natural fibres to avoid further irritation to the skin,

particularly at bed time when sunburn pain can become more prevalent.

But the AEDV advises prevention is always better than cure and you should always wear a high protection sunscreen and if your cream is lasting the whole summer you are not using enough of it.

# Heat can increase car accidents

AROUND 17 per cent of traffic accidents may be due to excessive temperatures, according to studies conducted by Prevensis, a company specialising in the analysis of driver behaviour. When the temperature of a car reaches 30 degrees Celsius, it increases the risk of making errors during driving by 20 per cent and can also reduce the reaction time by 22 per cent.

Experts at the Quironsalud Hospitals of Torrevieja and Valencia warn that heat affects the driver's capabilities and behaviour with the excess temperatures in our body surface affecting the area of the brain which controls our moods, modulates sleep and our reactions to certain unexpected circumstances. When the heat affects this gland in the brain it can lead to feelings of tiredness, drowsiness, aggressiveness and even reduces the capacity of concentration and attention, which can limit the reaction times when driving.

In addition, it is believed that having an interior temperature of the vehicle between 35 and 40 degrees Celsius is just as dangerous as having drunk five beers.

For safer driving, it is advised to try and park cars in shady areas if possible and use sunshades which can reduce the temperature in a vehicle by up to 15 per cent compared to the outside temperature.

Remember when driving long distances to stop every two hours or around every 200km to rest and eat light foods to help stay hydrated such as salads and fruit.

## New smile in a day: veneers solution



Dental veneers are ultra-thin, translucent pieces of composite resin material or porcelain (ceramic) shells, which are affixed permanently to the front of the teeth in order to create instant perfection. Typically, veneers are placed on the front of the teeth to brighten the teeth, mask discolourations, whiten teeth, and improve smiles.

Modern technology has made dental veneers more lifelike, convenient, stronger, and to reflect light in a similar fashion as the natural dental enamel.

### What Materials Are Dental Veneers Made Of?

There are two predominant materials used for making dental veneers: composite resin and porcelain. Porcelain veneers and composite veneers are an **inexpensive and minimally invasive way of restoring** and correcting small cracks, chips and teeth discolouration.



### How Do Veneers Work?

Dental veneers are very thin and fixed in place by a special strong bond that requires very minimal preparation of the teeth. Additionally, they make the teeth appear natural and healthy. Veneers help to enhance the shape, colour and position of the teeth. When a single tooth is out of position, the veneer can often be fitted to bring the tooth into line with the rest.

### Advantages of Dental Veneers over Other Procedures

1. **Stain resistance** and durability.
2. Veneers provide amazing strength and natural appearance
3. The veneers enhance confidence, self-assurance and happiness more than the alternative treatments.
4. **Do not require extensive shaping** procedures.



5. Veneers are very **versatile** and can be used to cover a range of imperfections such as discolouration, chipped teeth or gaps.

"The dental care at Sdent is wonderful, not only do I feel like my teeth are in good hands I also feel like I can trust the people who work there, if you need dental care these are the people to see." Mr. Collins

"I would recommend anyone to be a patient at Sdent! we have made several trips to this office and each visit we have been treated with the utmost respect anyone can show us!!" Mrs. Scott  
"All the staff including Summer has been great to me and my family! i want to thank Sdent Dental Clinic for all the good work they have done with us." Davis's family

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**WOMEN MORE LIKELY:** Taking anti-depressants is more prevalent than with men.



## Are women suffering more than men?

WOMEN are now twice as likely to take antidepressants compared to men according to figures in the USA.

Data collected by the Centres for Disease Control and Prevention shows a significant increase in both

men and women taking the drugs compared to 15 years ago with antidepressants, now one of the three most commonly used drugs.

Experts say the figures show that whilst depression rates may have risen generally, the substantial increase in the use of the drugs can be accounted for the fact that doctors are becoming better at recognising and treating mental health disorders such as depression and anxiety. Women may also be more forthcoming in seeking help and treatment which could be a reason why they are more likely than men to be taking antidepressants.

The drugs work by helping to balance certain chemicals in your brain called neurotransmitters and can help ease depression symptoms. They are also often prescribed to help treat anxiety disorders and chronic pain, although many are calling for more natural ways of treating depression without the use of drugs such as through exercise and yoga.

Ask The  
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## Sea urchins



**SPECIALIST: Doctor Luis Perez Belmonte.**

**WHAT are sea urchins?**

Sea urchins are some of the strangest animals known due to their physical characteristics. Starting from the Echinoidea family, the sea urchin has been around for more than 200 million years.

**Where are they usually found?**

They are usually found on the sea bed, close to coastlines. Bathers tend to find them after they have trodden on one of their spines. They can live up to 2,500 metres below sea level and are usually found in between rocks and crevices.

**Is their sting dangerous?**

Sea urchins are covered in large, sharp spines and are sometimes venomous. Touching or treading on them is usually very painful as they tend to break off and become lodged in a person's skin. This can

lead to chronic pain and swelling if they are not removed. They can also cause pain in a person's muscles and eruptions on the skin.

**How can you treat their sting?**

A sea urchin sting needs to be removed immediately. Vinegar dissolves most spines, and washing or bathing the area in it should usually be enough to treat the area unless it has gone deep into the skin. For lodged spines, surgery may be necessary. Soaking the area in warm water will alleviate the pain. Sometimes anti-inflammatories, analgesics and antihistamines are also needed to manage symptoms.

**Should you seek medical aid if you are stung?**

Whenever you are stung by a sea urchin you must go to the nearest medical centre so they can assess the situation.

*If you have any questions for Dr Perez Belmonte, please send them to:*  
*jefemedico@helicopterosanitarios.com*

## Incentives no good

STRUGGLING to find the motivation to get to the gym? It seems even being paid won't get people to break a sweat every day.

Researchers said that adults who signed up for a new gym membership made just the equivalent of seven extra sessions on the treadmill each year with the promise of financial rewards. The findings have led the authors of the study at the Case Western Reserve University in Ohio, USA, to conclude that perhaps the best way to get people to go is to leave them alone.

Their findings come after an Australian study warned that going to the gym could give you body dysmorphia with those exposed to muscle-bound bodies in the gym distorting people's body perceptions.

Advertising feature

# Get rid of lines and wrinkles at the Clinica Mejorate

ADVANCES in aesthetic medicine can today provide extraordinary anti-ageing results, helping to win the battle against going under the surgeon's knife.

Botox has become the king of facial enhancements without anaesthesia, without scars, without pain, and without postoperative care being needed. But what is Botox?

Botox comes from the brand that first marketed the botulinum toxin. This toxin, began to be applied in the 70's in the United States in different medical specialties such as ophthalmology and neurology. However, its use as medical-aesthetic treatment came more at the beginning of the 21st century and has been a safe and reliable product used for decades

in hospital medicine.

Botox has largely been used for aesthetic reasons to help reduce wrinkles in the brow and forehead and crow's feet around the eyes.

**“Botox is a safe and natural aesthetic medicine treatment.”**

Every day thousands of facial micro-contractions are performed that progressively generate expression lines and wrinkles. With the passage of time, skin loses its elasticity and these expression lines and wrinkles gradually begin to stay and become more defined. But thanks to Botox it blocks signals from the nerves to the mus-

cles meaning the injected muscle can't contract making wrinkles relax and soften.

Botox is a safe and natural aesthetic medicine treatment, provided it is performed by a medical specialist although its over-use can lead to an unnatural look.

It can be applied at any time of the year. It avoids the need for surgery, it does not require anaesthesia and it does not result in any scars. It is a simple treatment, painless, safe and effective and allows the patient to get back to their normal routine immediately.

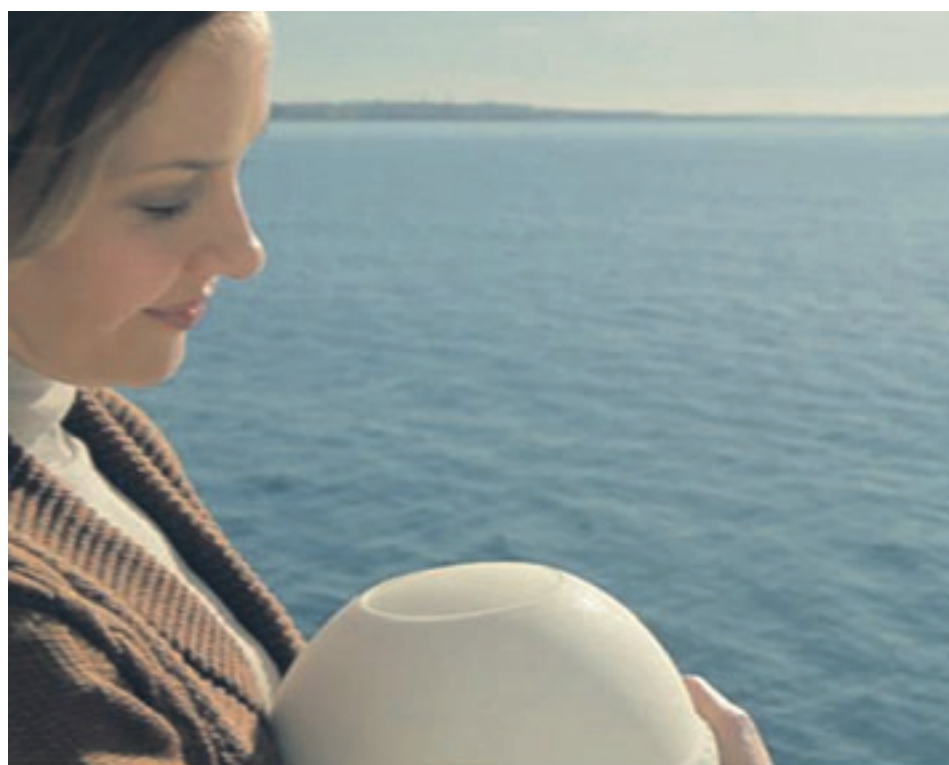
It has no side effects (although it should not be used in women who are pregnant or breastfeeding and those with neuromuscular diseases).

The Clinica Mejorate, in Los

Montesinos and Altea, offers Botox applied by specialist doctors. They will apply Botox in a natural and safe way, offering exceptional anti-wrinkle results leaving clients with a much younger appearance, minimised wrinkles and lines, and firmer, smoother skin.

If you want younger looking skin, speak to the experts at Clinica Mejorate. Botox is now on promotion at the Clínica Mejorate for a price of €270 for a complete treatment to say goodbye to wrinkles. Do not miss this opportunity and make your appointment now.

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# Bowel cancer deaths fall



THE number of people dying from bowel cancer in the UK has fallen more than 30 per cent in the last 20 years.

According to new figures from Cancer Research UK in 1995 the disease caused 38 deaths per 100,000 people which fell to 26 deaths per 100,000 people by 2015 with experts believe better treatment is behind the drop along with better awareness and bowel screening with early diagnosis crucial for survival.

However, despite the figures, bowel cancer is still the second most common cause of cancer death in the UK.

Both men and women have an almost equal risk of developing bowel cancer and it usually occurs in those aged over 60. The latest figures show that 8,613 men and 7,152 women died from it in 2015, but if caught early there is a strong chance of survival.

There are some main symptoms which if you present any

for a continual period, you should seek medical advice; first, if you have regularly have blood in stools; a persistent change in toilet habits, lower abdominal pain and bloating and unexplained weight loss.

UK residents aged between 60 and 74 are invited to have bowel cancer screening every two years to check for signs.

**LOWER FIGURES:** Early diagnosis is improving bowel cancer prognosis.

# The sound of music

THE sound of music: is it just music to our ears or can it really heal our bodies too?

As most of us know, music lifts the spirits. Stress relief melodies, calming background psalms, euphoric power ballads. Music could most definitely be considered food for all tastes.

However, science now shows that music actually has a bio-chemical effect on our autonomic nervous system, which is responsible for controlling blood pressure and heartbeat, not forgetting the limbic system which is at the source of our feelings and emotions.

To consolidate studies, scientists conducted various studies on choir members noting that their heart rates beat in unison in relation to the speed of their breathing which moved in a cadential pattern with the music. More surprisingly, heart rates of the group were quick to slow down and become synchronized. Reads from pulse monitors

clearly indicated what moved from a jumble of jagged lines to a series of uniform peaks. This synchronization creates a sense of well-being. This age-old tradition of choral singing has been transferred to schools to promote good feeling at the start of the school day.

Further studies have equally indicated the mental health benefits of singing. Oxytocin levels which help control stress and anxiety have been proven to be enhanced to the tune of stretched vocal chords.

Ground-breaking new evidence could even pave the way for therapeutic treatment for Parkinson's and lung disease due to an increase in expiratory capacity.

Sufferers noted the sensation of a strengthened voice, despite receiving a diagnosis of Parkinson's five years earlier. Reasons for the improvement have been suggested as deep breathing and the extended use of the vocal chords.



**UPLIFTING:** Choir singing can be beneficial both mentally and physically

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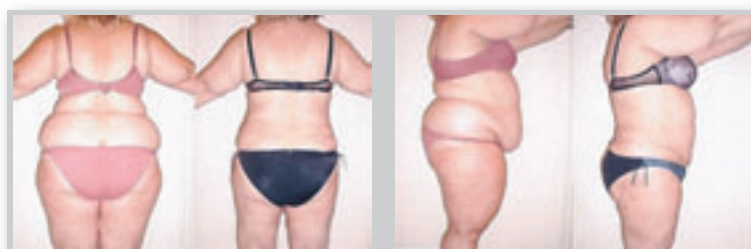
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# Footballers aim to score for Tasha

IN collaboration with San Fulgencio Town Hall, there will be a Fun Football Match at Estado Nuevo Canaveral, San Fulgencio this Sunday August 27. Kick-Off 12.30pm.

Tasha's XI will be coached by former professional footballer Peter Nicholas who played for Arsenal and won 73 international caps for Wales. They will play a Police and Public Services XI, organised by the town hall.

The trophy for the winners on the day is an Official Copy of the FA Cup, which obviously cannot be retained by the winners, but for a €1 donation anyone can have their photo taken holding it alongside Peter Nicholas.

Britain's Got Talent entrant, Nikki G, will be performing before the kick-off and Big FM have agreed to attend to play the music and supply the public address system. On the day, the bar will be open and soft drinks will also be available at the ground.

Entry to the game is by numbered programme available at the gate and from Urb La Marina: The Angel Bar, The Hillside Bar & Social Club, Expat Solutions Services, and Twilight Bar. In addition, people can contact Tom Whitmore on 663 159 417 to reserve programmes and arrange de-

**“Despite all her medical problems, Tasha remains positive and upbeat about life.**

livery and payment collection.

Programmes cost €5 and include an entry into the Star Prize Draw: a three-day, full-board trip for two to the Cuenca region from October 1 to 3 this year, courtesy of David's Coachtrips SL, plus an anonymous



Photo credit: Go Fund Me.

**BRAVE:** Tasha aims to be at the match herself on Sunday.

donation of €100 spending cash, making a total value prize of €400. It is not necessary to attend the match in order to win. Simply leave your contact details with your programme distributor. The lucky winner will be drawn by Tasha at half-time.

The case of Tasha has been a

prominent fundraising cause for some time now and has already attracted a fantastic response. Tasha, from Urb La Marina, has been diagnosed with a rare mitochondrial disease which leads to other rare complications and conditions, and over the last two years her life has been devastated by these series of

illnesses.

She has gone from being the life and soul of the community, to fighting a personal life-limiting battle. She is currently paralysed from the waist down, unable to breathe unaided and relies on a ventilator. She is unable to swallow, is fed through a tube and has been left blind in her left eye.

Despite all her own medical problems, Tasha remains positive and upbeat about life and spends her time encouraging other people throughout the world to never give up with their own personal fight with chronic illness.

Funds are being raised for Tasha to be able to send her to the USA for specialist treatment unavailable in Spain or the UK, and the ultimate target is €250,000

Tasha is originally from Liverpool and through no fault of her own, is currently not in receipt of any financial benefits from the UK or Spanish governments.

*For more information and to donate to the cause, go to [www.gofundme.com/w48en-tashas-mitochondrial-treatment](http://www.gofundme.com/w48en-tashas-mitochondrial-treatment)*



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# International music hits Torrevieja

THERE are just three days remaining of the 15th International Festival of Bands and Music in the centre of Torrevieja.

They are being held in the Eras de la Sal and began on Tuesday.

Tonight, (Thursday) sees The Danish Concert Band performing and tomorrow (Friday) features the Musical Union from Pozuelo de Alarcon, Madrid.

The final day of the week-long series of concerts is Saturday 26 when bands from Denmark and the home city of Torrevieja itself will be closing off the festival.

The price of the tickets is €6 for each concert and can be purchased from Los Salerosos in Calle de la Paz 143 between 11am and 1pm and from 7pm to 9pm at the box office of the Municipal Theatre in Plaza Miguel Hernandez.

Councillor Domingo Perez has highlighted the quality of the bands that have come to the 15th edition of the festival, saying that it's a get together of musicians of the highest quality. "The quality gets better year by year and I certainly believe



concertband.dk

**DANISH CONCERT BAND:** Will be performing tonight in the Eras de la Sal.

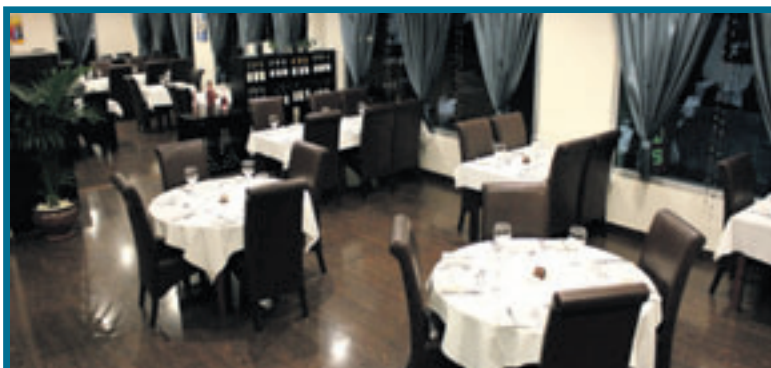
this year will be no different," he said.

Each of the bands performing have been given a full selection of music to play that includes an eclectic mix of traditional music from their own country plus a selection of tunes from Mexico, Italy and a special performance from a Valencian composer.

The Danish band comprises 65 musicians from Copenhagen and will be heard performing Israeli music featuring clar-

inet and trumpet soloists. The band from Madrid has 75 very young members who have already won a series of important and prodigious awards already in their short careers.

The musical director has so far refused to unveil any details of the programme of music for the final concert on Saturday, saying that it will be a surprise repertoire of modern music that will appeal to everyone.



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Advertising feature

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Established for over 19 years, the restaurant is an eclectic visit back in time with antique pieces adorning the walls and on display. With large rugs spread underneath the tables there is a warm and cosy feel and the glass patio doors open up fully so even if you don't want to dine outside in the garden terrace, you can still experience that summer al fresco feeling. The outside patio area is the perfect place to host private summer soirées as Bonanza cater for events such as birthdays and wedding receptions.

A three-course menu de la noche is available costing €15.95 including a drink with choices available from the full a la carte international menu, where the likes of mixed grills and steaks, sit alongside dishes such as fillet of cod and frog legs with pernod sauce.



The restaurant is open from Tuesday to Sunday from 7pm and of course once you have enjoyed your meal you can visit the bar next door which has a welcoming, relaxed feel. The bar also opens at lunch times where tapas and a menu del dia is also available and a range of tapas dishes can be sampled from €2.50.

Every Wednesday and Sunday evening from 9pm there is a quiz plus Lucky Cards, a perfect way to end the weekend after a Sunday lunch menu, costing €11.50 for



**HIDDEN DELIGHT.** The Bonanza bar and restaurant.

three courses.

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The bar is traditional and welcoming of all nationalities and of

course, has a range of Belgian beers, perfect to while away the warmer evenings either inside or outside on the modern and sheltered terrace.

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# Reaching for the sky

WHEN most 18-year-olds are concentrating on the latest fashion trends and clubbing the night away, Jo Kernahan of the Domino Bar Las Barcas was planning a sky dive to tick off her 'bucket list.'

Postponed initially because of the weather Jo has now finally completed her sky dive and is back safely with two feet on the ground and thanks to sponsorship from patrons of the bar, she has raised €600 which she kindly donated to local charity Reach Out.

The organisation helps support the homeless and needy in and around the Torre Vieja area and President of the charity Brian Procktor accepted the generous donation and in turn presented Jo with a certificate of appreciation for her grand effort.



**CHARITY DIVE:** Reach Out's Brian Procktor and Angela Howell with Jo Kernahan centre.

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Stuffed Chicken Breast with Peach & Cheese, Mash and Vegetables  
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## In memory of Elvis

AUGUST 16 marked 40 years since the death of Elvis Presley. In memory of 'The King,' a charity night was held at Quesada Fish and Chips Restaurant in order to raise funds for The Samaritans in Spain.

A total of 170 people attended and thoroughly enjoyed Danny Fisher's tribute to Elvis. Once again, diners 'dug deep in their pockets' and the fantastic sum of €1,291 was raised for the charity. Elvis would approve.

The next charity night at Quesada Fish and Chips will be on Tuesday September 19, when the ever popular Richie Alexander will be helping to raise funds for the Children's Care Home in Elche. Tickets priced at €10 are available from the restaurant, The Post Room Benijofar, The Card Place in Benimar and REDZ cafe bar in Quesada.

All charity events at this venue have been sold out well before the night, so early booking is recommended.

# Things I hate - or don't like very much

**GOOD FOOD, GOOD WINE AND GOOD FRIENDS WITH GARRY WAITE**



**W**ITHOUT sounding too much like my esteemed co-contributor Mike Senker, I want to have a bit of a moan. There are certain bits of equipment that I found annoying and pointless. I have never been a lover of dishwashers.

The domestic version I mean. We couldn't do without them commercially - but in the home? I accept that, not being a family man, there is normally only one or two of us contributing to dirty cutlery and crockery in my household so it is no hard task to wash by hand and of course saves piling the machine daily until you have sufficient to turn on a machine that is going to take hours to complete to say nothing of water and electric consumption!

The only time that there would be more is if I hold the occasional dinner party, but even then I tend to try and wash up as I go. It must date back to when these machines first became popular. If I remember rightly one used to have to swill plates etc before putting them in the machine. This seemed a double whammy as far as I was concerned. If you are going to do that, you may as well wash the stuff in the first place and be done with it.

This brings me to the first positive in my washing up regime. I am blessed with a drainer above my sink that is behind closed doors. Wash, rinse, put up - dry in 10 minutes, put away (or in my case leave it there for as long as I want or until I need it!) Clean, tidy and very effective. I used to have a next door neighbour who, when having a dinner party, put all her dishes etc in the empty oven until she could be bothered to put them in - yes you've guessed it - the dishwasher!

Before I get to a couple of items that I have in my kitchen that I would not do without, I will mention my two



My kind of dishwasher.

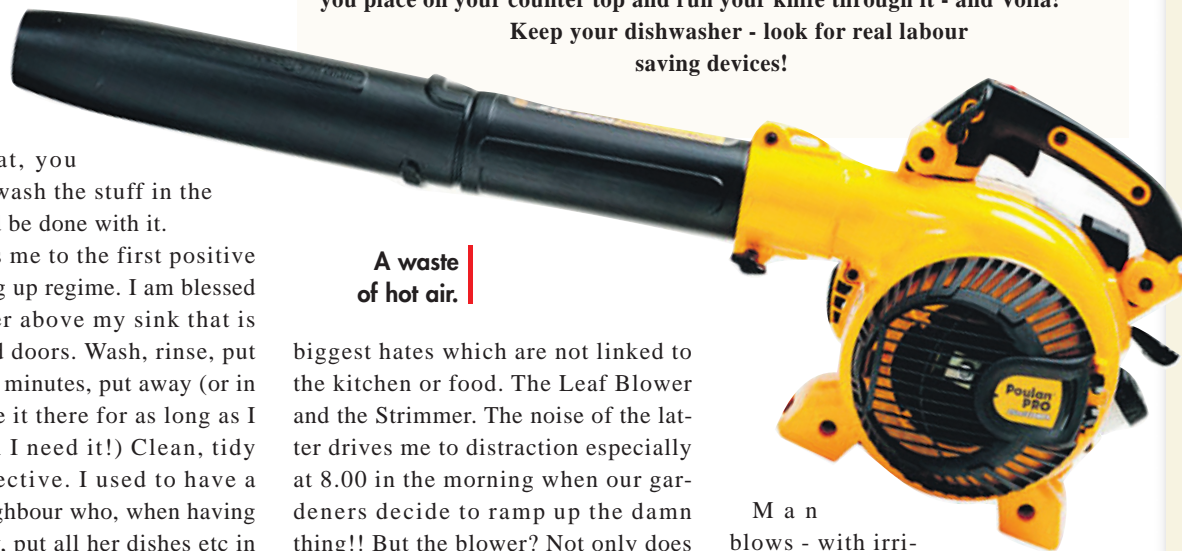
## On a positive side

**I HAVE three pieces of equipment in my kitchen that are without doubt some of the least recognised labour saving devices ever invented. Remember grating cheese and having to clean the cheese from all those horrible little holes. Or mashing potatoes with the usual masher and having to rid the piece of equipment of its stuck-on potato. Or even sharpening a knife?**

**There are many new methods that are available now, but my Father always did his sharpening on a stone, and I, a 'steel'!**

**But let me tell you dear reader, I have the most amazing cheese grater, probably 40 years old. It is made with Teflon. It just swills off! A potato masher, about the same age, with the same coating - same thing, warm soapy water and its off!! As for the knife sharpener, a hand held V-shaped device which you place on your counter top and run your knife through it - and Voila!**

**Keep your dishwasher - look for real labour saving devices!**



A waste of hot air.

biggest hates which are not linked to the kitchen or food. The Leaf Blower and the Strimmer. The noise of the latter drives me to distraction especially at 8.00 in the morning when our gardeners decide to ramp up the damn thing!! But the blower? Not only does it make a helluva noise I really don't see the point! Living on a golf course it would appear to be one of the green keeper's favourite machines. The noise it makes belies its inefficiency. Imagine a fairway full of autumn leaves?

Man blows - with irritating machine - all the leaves to the side of said fairways, only to have a slight gust of wind - blow them all back. Absolute waste of time. Why not a mechanical vacuum cleaner?

**On that note!** I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me. A toast to Good Food, Good Wine and Good Friends.

*\*Garry Waite is a foodie and restaurateur and Hospitality Management Consultant. If contemplating setting up an operation, or having problems with an existing project contact him on garryphwaite@gmail.com.*

**“ I learned that you don't take dishes from the table to the dishwasher; you have to rinse them first. I think that's stupid because I don't go out in the back yard and hose off before taking a shower. Bill Engvall**

## There is some good news

DESPITE talks of Brexit, recessions, double dips et al more



**Keeping Lenny Henry in work for the foreseeable future.**

than 7,500 hotel bedrooms opened in the UK during the first half of 2017 - the highest figure for the first six months of the year since 2012.

The number of openings is also 40 per cent higher when compared to the same period last year, according to the Q2 2017 Hotel Bulletin.

The figures are slightly behind those forecast in the Q4 2016 Hotel Bulletin that suggested 20,000 hotel bedrooms would open in the UK during 2017, representing a supply growth of 3.3 per cent, which is more than double the average net increase of 1.6 per cent.

The budget sector has continued to account for a significant proportion of new hotels and is expected to continue to do so in the future, with 43 per cent of all openings over the next three years expected to be budget properties.

Budget hotels currently make up 33 per cent of the

current hotel supply, with the four- and five-star sectors accounting for 31 per cent and 5 per cent of the market respectively. The four- and five-star sectors are forecast to make up 32 per cent and 9 per cent of all new openings between now and 2020.

Premier Inn, the UK's largest hotel brand with 67,000 bedrooms across more than 760 hotels, is highlighted in the report as continuing its 'unyielding brand roll-out.' Key openings for the Whitbread-owned brand in Q2 2017 included a 613-bedroom hotel at London Heathrow Airport Terminal 4 and the fifth Hub by Premier Inn with 389-bedrooms in London's King's Cross.

Premier Inn intends to have 85,000 bedrooms open by 2020. Should keep Lenny Henry busy!!

*(Some content courtesy of the Caterer and Hotelkeeper)*

**1887** The year that Josphine Cochrane invented the dishwasher.

**1950** The year that the first dishwashers were on sale to the public.

**79%** The number of people surveyed who said they re-ran their dishwasher rather than empty it.

**42%** The number of people who rewashed their dishes as they were not happy with the results first time around.

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# Against landlord goldmine

THE debate over Airbnb is heating up after the American company revealed it connects properties in every single neighbourhood in Madrid to tourists. There are 13,335 homes in the capital being used to accommodate travellers on the Airbnb platform alone.

The firm's main competitors, HomeAway and Rentalia, are no slacks either. The result is tens of thousands of properties are now almost exclusively devoted to the tourist market.

Just three years ago Airbnb had less than 5,000 homes. They have since tripled their supply and no single district of Spain's biggest city is free from Airbnb apartments.

Madrid's situation, and that of Barcelona, is profoundly different to that experienced by smaller cities across Spain. The original aim of Airbnb tourists - renting an apartment to escape the city centre hotel experience - still holds true on the costas and campo, but not in Spain's



**UPMARKET:** Classic central Madrid flats losing touch with residents.

major metropolises.

In both Madrid and Barcelona, city centres are reserved for offices, the wealthy and tourists. Protests from residents fighting expulsion to the outskirts of the city have convulsed the Catalan capital but been absent in Madrid.

That looks set to change as

the scale of Airbnb's impact on Madrid becomes clear. Last week it was revealed more than 23,000 long term residents have been forced to leave central neighbourhoods since 2010.

Such is the demand that even quieter working-class districts just outside the city centre are being swamped with tourist

apartments. More than 640,000 Airbnb'ers visited Madrid last year, an increase of 78 per cent on 2015.

The city's powerful hotel lobby has taken note. They are seeing little profit from the huge rise in tourist numbers and are piling pressure on the government to impose a crackdown.

## Chilling out in the casa

AMID heatwaves and regular high temperatures, Spanish homeowners are hunting for alternatives to air conditioning. Formerly considered a Godsend in the summer months, air con now stands accused of all manner of crimes.

There is growing awareness in Spain over its effects on health. Cheaper systems in particular can cause throat pain, muscular contractions, even lead to pneumonia. Meanwhile a standard-sized conditioner recycling air for five or six hours during a hot August day can set a household back by €60 a month.

Enter a growing number of Spanish companies offering specialised tweaks to more efficiently chill homes, while adding value to the property.

Proper awning for instance is growing in popularity. It

can reduce the need for electric air conditioners by up to 80 per cent simply by neutralising the sun's rays.

A more traditional method, the fan, is also making a comeback. Slow spinning and whirring ceiling fans are a thing of the past. Today's contraptions can adapt their motion and speed to take account of room dimensions. They have far greater range and hum along almost in silence.

Spanish homeowners are also experiencing the benefits of aluminium windows. Modern version use crystals to protect the windows from high temperatures.

This smart glass also works to fend off the cold, acting as a dual-purpose system that shaves a huge amount from both heating and air conditioning bills.

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# A second British invasion underway

WAVES of retired Brits are set to settle in Spain and other sunny EU countries as a final Brexit deal looms in the near future.

Since the referendum websites and property portals advertising Spanish homes have seen the number of British visitors skyrocket.

Nor is the phenomenon restricted to pensioners. Young professionals willing to dive head first into a new life abroad while keeping their EU passports are also gazing enviously at Spain's thriving property market.

But Brits who have long eyed a sun-soaked retirement are the likeliest buyers. Thousands who were planning to move in the next decade or two now have just a few years to decide as any final deal looks certain to make a fresh start harder and more expensive.

Whether Spain would welcome and provide services for



**GOLDRUSH: Brits racing to snap up dream Spanish homes.**

an older cohort of immigrants, boosting the local economy but not joining the workforce is the question. Madrid may leverage its acceptance of British expatriates against the ease Spanish workers can reside in the UK.

Regardless of the eventual Brexit deal, the news is good for sellers and real estate agents based in Spain, who can

expect buyer interest to rise substantially as the negotiations crack on.

Spain dominates online searches for properties abroad among British nationals, well ahead of France, Portugal and Italy. On property portal Rightmove more than 2.5 million searches for Spanish homes are made from UK computers every month.



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# The CUP has runneth over

**Cassandra Nash**

*A weekly look*

- and not entirely impartial reaction -  
to the Spanish political scene

THE CUP party is anti-system, anti-capitalist and anti-everything except Catalan independence.

Its 10 seats currently shore up Junts pel Si in the regional parliament because DXJPS - a coalition of centre-right PDeCat and Oriol Junqueras' left-wing nationalists ERC - failed to win a majority in the 2015 regional elections.

These were called early with the intention of obtaining an independence mandate which did not materialise and the coalition is in power only thanks to CUP.

The price of CUP's support was the exit of the PDeCat leader and regional president Artur Mas, who was substituted by Carles Puigdemont.

If PDeCat and ERC were unlikely bedfellows, the threesome with

## A helping hand

THE Partido Popular would still be the most-voted party in an election, while the PSOE has made a modest comeback and Podemos marks time.

Ciudadanos led by Albert Rivera did reasonably well in the last CIS poll but is dawdling compared with the others.



Photo credit: Wikimedia

Rivera once said he would rather be helpful than famous, which he demonstrated by trying to help Pedro Sanchez form a government in March 2016. Seven months later Rivera's help and Ciudadanos' parliamentary seats put Mariano Rajoy back in the Moncloa Palace.

**RIVERA: Ciudadanos popularity is rising but still not leading.**

anarchical CUP is a monumental mismatch that forces even the politically prudent avert to their eyes.

CUP are clearly holding Junts pel Si hostage while Carles Puigdemont and Oriol Junqueras are happily unaware that they are in the clutches of Stockholm Syndrome.

## Action stations

MARIANO RAJOY must come up with something regarding Cataluña. Inaction, the Spanish president's usual plan of action in a crisis, has seen him through until now. But unless he pulls something out of the

bag before Cataluña's independence referendum planned for October 1, soon it will be all action and big trouble.

## Kicked out

CUP's pro-Referendum poster entitled 'Sweep them out!' is based on a 1920s' Soviet poster that showed Lenin brushing away the enemies of the people.

This version shows not only the usual suspects - the King, Mariano Rajoy, Cardinal Rouco, Jose Maria Aznar, Ana Botin and Artur Mas - getting the old heave-ho from the Paisos Catalan but also Florentino Perez.

He is present not because of his position as president of Real Madrid but as boss of the multinational ACS. So it has nothing to do with Madrid's current superiority over Barça, has it? Of course not.

## Life in the hive

PSOE secretary general Pedro

Sanchez hopes to wedge his own people onto provincial committees, come the primaries in Andalusia's eight provinces next month.

In the national primaries last May, Sanchez suffered resounding defeat only in Andalusia, the home ground of his rival candidate, the regional president Susana Diaz.

Tipping the balance towards him on the provincial committees promises to be more complicated than in other regions, as candidates will need pledges from 20 per cent of the registered party members.

These pledges are later translated into votes, which has caused considerable chuntering at party headquarters in Calle Ferraz in Madrid because Sanchistas are unlikely to get a look-in.

Pedro Sanchez's political stock is rising, his ratings are increasing and he reigns supreme in the party but Diaz is still queen bee in Andalusia.

### Travel

THE Southern Costa Blanca is home to a host of wonderful commercial centres that are always teeming with life but if there is one place that stands out a mile, it has to be Cabo Roig.

Just a short walk away from the perennially popular La Zenia, the Cabo Roig strip really is the place to be.

Chinese, Mexican, Indian and Thai cuisine can all be enjoyed via the fantastic selection of restaurants available. Of course there is always good British pub grub on offer too, even including chip shops.

If you don't fancy a bite to eat then there is a host of bars that specialise in drinks and provide generous allocations of happy hours.

One of the best things about the Cabo Roig strip is that it stays open all year round. Some of the establishments close for the winter but most stay open meaning you can still enjoy a lively night out even in the middle of winter. There are entertainers gigging throughout the year so whether it be comedians, karaoke hosts, drag artists or tribute acts you enjoy most, there really is something for everyone.

A short walk from the strip are the jaw-dropping views of the promenade where you can walk

# Entertainment capital of Orihuela Costa



**CABO ROIG:**  
Get yourself over there and experience it yourself.

right around the coast to La Zenia or Campoamor whilst stopping to enjoy a drink or two at the numerous chiringuitos that are situated along the beaches on the way.

Houses are very affordable with some beachside properties going for under €100,000 and you can get even better value for your money if you choose a place on the opposite side of the N332.

If there is one event in Orihuela

Costa to rival the Christmas day celebrations on La Zenia beach, it is the St Patrick's Day parade in Cabo Roig.

Ranked as one of the top 10 places in the whole world to cele-

brate St Patrick's Day by National Geographic, the atmosphere in Cabo Roig is something that needs to be experienced to be believed.

Every year, thousands of people

line the Cabo Roig Strip to cheer and join in with the annual celebrations for Ireland's patron saint. The Strip turns green for the day as it is filled with parade floats, cars adorned with Irish flags and regalia, dancers, musicians, marching bands, and even a few leprechauns.

There is also face-painting, traditional Irish dancing, street magicians, bouncy castles and flamenco dancers, adding a touch of 'El Toro' to Paddy's big day.

Following the parade there is a classic car and motorbike exhibition and drive-by which provides a great opportunity to snap a few photographs of some well-preserved relics. The day is then rounded off with an eye-catching fireworks display.

Cabo Roig is a fantastically multicultural area with British, Irish, Spanish, Russians, Moroccans, Germans, French and Chinese all living in harmony with one another.

Throughout the year there is a constant happy vibe running through the place and with so many great features, it is not hard to see why. So be sure not to miss out, get yourself over there and come and experience the excitement for yourself.



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THERE are so many different opportunities to garden in the Mediterranean that the keen gardener may find that they don't have enough space for all the plants they would like to have growing.

Nothing tastes better than fresh fruit from your own garden but of course a fruit tree can take up a lot of space and usually has more fruit than necessary when mature.

Fruit trees are therefore often a lower priority in the garden unless you have a big garden area and the time to maintain it.

A proficient gardener doesn't let this drive him up the wall though, instead he will train the fruit trees or other space taking ornamental plants up the wall using the art of espalier.

Espalier makes a tree two-dimensional by training it to grow against a wall or support by selectively pruning all but the desired branches to form the pattern required to fit the space selected for it to grow. The tree is al-

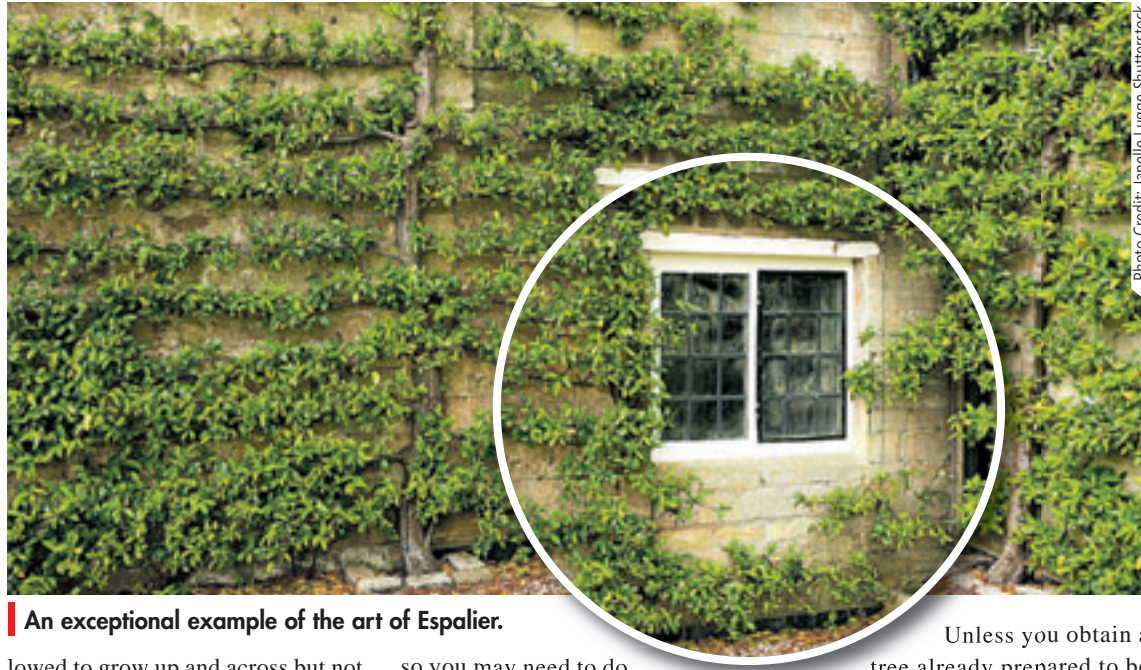


Photo Credit: Janelle Lugee Shutterstock

An exceptional example of the art of Espalier.

lowed to grow up and across but not out from the wall.

It is an ancient garden art form used by the Egyptians, Greeks and Romans that has been well used in Europe for centuries. It requires some skill and understanding of the nature of the trees' growth patterns and of pruning

so you may need to do some research but it is worth the effort to be able to grow trees in this way.

As the trees are more controlled, fruit trees often have bigger and better fruit than standard trees as the energy from the roots is supplied to fewer fruits.

Unless you obtain a tree already prepared to be planted as an espalier, you will need to start with a maiden tree of a year old with no side branching or with branching in the appropriate places. This is to ensure it will have branching that aligns with the supports provided on the wall or structure they are to grow on.

Typically the central trunk will have branching growing horizontally on both sides at the same height and there would be three to five such branching from the trunk at about 30 - 40 cm distance apart up the trunk.

Branches need to be tied to the wall or support wires to maintain the integrity of the design for supporting the weight, including the fruit and the direction of growth.

Some trees do not grow naturally to this typical form due to excessive branch forming so it may be necessary to create a fan shape with branches spreading out from the trunk at different angles or other design forms that may be suitable to allow the tree to grow two-dimensionally.

This is where research and imagination are required to form a suitable pattern for the trees natural growth thus making it an art form. It will take more time and planning to get a plant established but once the form is developed it can be less work to maintain than a standard tree and it will display the skills of a proficient gardener.

## Damp in Spanish homes

MANY British expatriates may believe that the year-round sun in Spain means waving goodbye to damp problems but those under that illusion are likely to learn otherwise if enjoying a

prolonged stay on the continent.

Each year, the average Spanish home copes with around 45,000 gallons of rain water and as many homes are old or not constructed with

damp proofing, it can become a problem.

As a tourist destination, the prominence of high rise hotels and apartment blocks are prone to rising damp as fungal spores can spread through walls and ceilings. Older buildings in particular are more prone.

Signs to look out for include water marks or salt deposits on the inside of walls, stained decoration and damaged and crumbling plaster. This can be gradual but widespread.

As well as making a property cold and miserable, it can aggravate respiratory problems.

The best way to eliminate rising damp is to completely scrape off all effected plaster and allow the wall to dry out completely.

Most ferreterias (Spanish DIY stores) will stock products to prevent the problem reoccurring but should there be any uncertainty then it is best to call a professional.

## Roses can be a tough process

GROWING roses in Spain can be a tough process.

The intense heat of the sun can be too much and can cause shrivelling, especially in the height of summer.

Ideally, they are best placed in an area which becomes shaded for several hours

such as next to a wall or in front of some hedging. A quality compost and a good mulch (layer of soil surface material) are recommended for optimal water retention with seaweed and pine needles being ideal ingredients.

The Mediterranean climate means a long growing and flowering season which lasts approximately from Easter to Christmas.

Yet with this climate

comes a number of problems such as powdery mildew and rust. The wind carries these fungal diseases which can sit on the soil for some time and then be transferred to the plant during rain showers or when it is watered.

If left untreated they can cause considerable harm to the plant, preventing growth and budding. Sprays can stop the problem but it must be totally eliminated or it will soon return again.

Hot weather also brings more insects and a wider range of the critters. Green, white and black aphids can decimate a rose overnight if in high enough numbers and insecticide sprays are a necessity.

A lot of effort is needed to get the best out of these garden treasures and, if cultivated with care, blooming marvellous results can be enjoyed.



BLOOMING: Roses are beautiful if properly cared for.



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**Advertising feature**

THE Santa Clara animal rescue team have waited a long time, but their dream has finally become a reality as improvements to the shelter have been made.

They now have a perimeter wall and are making a good start on the clinic, storeroom and toilet area. The improvements mean they will be able to help more dogs and the ones in their care now will move to a much better shelter. They said: "The old place is falling down around us and we constantly repair fences. The owners of the land we are currently on want us off asap so it is vital that we move soon. We have been fundraising like crazy but we still need more money to be able to complete the new build and move in.

"So I ask you to please help a little. Every bit counts and we are so desperately close to having enough to complete. Just imagine if we fall short by a little and we can't move. Your reward is knowing that your donation really makes a difference and helps us to save lives."

The whole team at Santa Clara are volunteers, no one takes a wage but they give their time around the clock. They are always open for new ideas for fundraising so why not go along and visit them or offer a few hours each week to volunteer, walk a few dogs or offer donations of beds, blankets, collars, leads, cleaning items, brooms, buckets and medical

# New kennels on the way



**SANTA CLARA: The perimeter wall has now been built.**



supplies. All are very much needed and welcomed. The Santa Clara shelter is in Tobarra off the A30 motorway to Albacete, junction 52. From Orihuela Costa it takes approximately 90 minutes but is a very straightforward drive.

At the new shelter they are also building brick kennels that you can buy for only €200 each and they will put a plaque on it with your name, dog's name or company name in

honour of your contribution. These make ideal presents for a friend who has everything and wants to help animals. So there are many ways people can help.

If you are wanting to help with the new shelter and to help the dogs please contact us as the team, they would love to meet you. Your help is always very much appreciated. You can be guaranteed a warm, loving reception from the dogs too.

**You can donate directly into their bank account via Liberbank, iban ES58 2105 4550 2930 1003 4449. Bic; CECAESMM105 in the name of APA Santa Clara Tobarra or via Paypal santaclaratobarra@gmail.com. Alternatively, call Margaret on 697 495 315 for more information.**

DOG foods do vary in quality. So do the companies that make the foods. To some companies quality is only a word. To others, it's a way of life many include rice which has no value whatsoever.

Ultimately, the quality of a dog food is best measured by your dog. How your dog performs on the food, how he looks, feels and acts are the best measures of the quality of any food. At least 80 per cent of my clients that report behavioural problems find a change of food changes the unwanted behaviour.

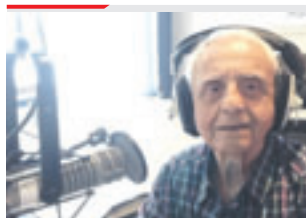
No matter what a food company claims unless your dog has bright eyes, silky hair and supple skin, and is not overweight, then the food is not right for him.

Not all dogs do well on a particular brand of food some dogs simply do better than others.

Most foods are categorised as Economy, Regular, Premium, Super Premium and Performance.

Regular and Premium foods are not formulated like a Super Premium or Performance food.

Dogs have simple stomachs and short digestive tracts for di-



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gesting meat. They also lack the saliva enzyme amylase, which is necessary for pre-digesting starch. Dogs have adapted to foods with high vegetable protein levels, however they perform better when fed foods high in meat protein and animal fats.

Checking the label of a Super Premium or Performance food an animal protein will be listed as the first or second major ingredient.

These should include either chicken, or turkey meat, or poultry by-products meals, meat or pork meals or other animal by-products. A least two sources of fat or oil should be included for adequate energy

# Food secrets

and essential fatty acids.

Fat in food is the dog's source of energy. Animal fat contains essential and non-essential fatty acids as well as provides a highly digestible and easily metabolised energy source. Generally, poultry, turkey or chicken fat are higher in quality because they have more unsaturated fatty acids and are more digestible than animal tallow.

Vegetable oils, such as soybean oil, lecithin corn oil, wheat germ oil, sesame seed oil or linseed oil all contain high levels of linoleic acid, an essen-

tial fatty acid for dogs. These should be combined with animal fats for the best long-term results of a glossy hair-coat and soft pliable skin.

Carbohydrates are the third most important nutrient and ingredient class in modern Super Premium and Performance foods. Simple carbohydrates in dog food come from quality sources like rice, oatmeal, corn or wheat. These are easily digested when properly cooked.

Fibre, a complex carbohydrate is essential for proper digestion and stool formation. Beet pulp and tomato pomace

are both high in fibre. Other sources of fibre include rice, soy hulls, oat hulls, wheat bran and peanut hulls.

All these come from the external portion of the seed coat. These sources except peanut hulls have microscopic sharp edges, which can cause small cuts in the intestine.

This reduces the intestine's effectiveness in nutrient digestion. Peanut hulls on the other hand, have the potential of being contaminated with aflatoxins and should never be used in a quality dog or cat food.

Vitamin and mineral fortifi-

cation is an absolute necessity in nutritionally balancing any food for dogs. While the vitamins and minerals generally, make up less than 2 per cent of the total food by weight, they provide some of the most crucial nutrients.

These include 12 to 16 vitamins and 15 to 25 minerals. Often the list of these micro nutrients is much longer than the list of major ingredients. Expect this list in all dog foods.

Super Premium usually feature more than one source for each vitamin and mineral. The ingredient list will be longer compared to non-premium foods.

It is not recommended that you add anything by way of food supplement, or vitamin to Super Premium Foods.



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www.lasiestaevangelicalchurch.org or telephone Pastor Keith on 666 180 108.

THE ANGLICAN CHURCH, La Fustera. For more info: contact Frank Bentley on 966 495 188 (95461)

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ROUNDAABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone - but not always. Charitable donations have recently been made to The Alheimers Centre, Cancer Research and The Amigos Ambulance Service. We still need your help with donations etc. Please keep them coming in! We are situated on Avenida Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk. (95457)

**HELP VEGA BAJA.** We are a non-profit making organisation that helps and supports

anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com **We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733 (95456)**

THE BAKER FOUNDATION SPIRITUALIST CENTRE. Find us on the Saturday market road opposite the Chinese Restaurant. Playa Flamenca. Different International and local mediums every Sunday and Tuesday. Sunday, divine service with clairvoyance 11 am start. Tuesday, evening of clairvoyance doors open 7 o'clock for 7.30 start. Spiritual Healing is available on Sundays after service and on Thursday mornings from 10.30 until 12. We have a development group on Tuesdays 5 until 6.30 for those interested in meditation and advancing your knowledge of spirit. Private readings are available on request. Please join us and make new friends, a warm welcome awaits you all. Tea, coffee and soft drinks are available. You can join us on Facebook at, The Baker Foundation spiritual centre. Hall is available for hire. For more information please contact Linda on 606 990 665. Email, schugy54@gmail.com (95458)

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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PILAR CHRISTIAN COMMUNITY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information www.pilarchurch.org Reg No: 2009-SG/A (95463)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-spain.org or tel 966 700 391. (95464)

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca-costablanca.org or call the Secretary on: 966 495 042 (95465)

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

TORREVIEJA STROKE SUPPORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern

Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretary br3606@gmail.com (95474)

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INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0

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**ROYAL MARINES ASSOCIATION (Costa Blanca)** The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

**FREEMASONRY** Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesada@yahoo.co.uk (95477)

**ROYAL AIR FORCES Association Branch #1359 Costa Blanca** The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torre Vieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costa-blanca

**THE PATIENCE LODGE** No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

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## Pebble Beach classics on fire

by Matthew Elliott

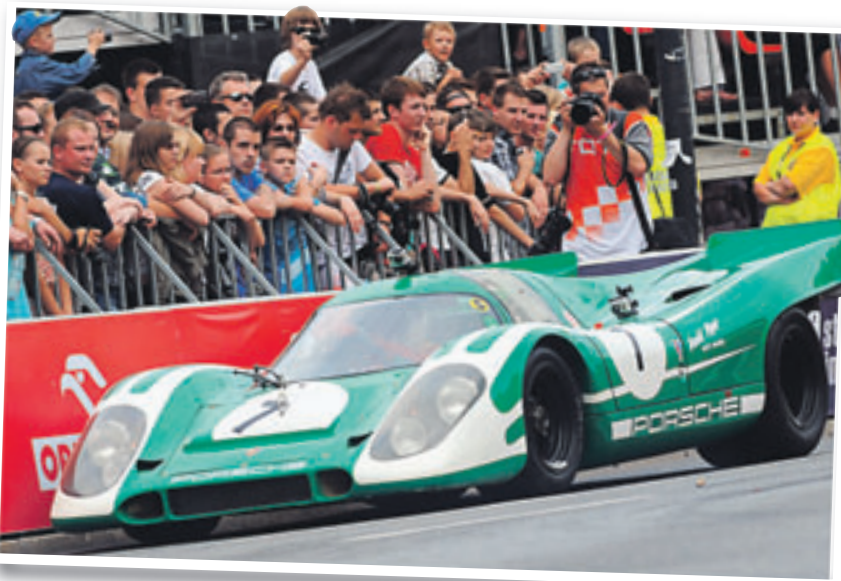
STEVE MCQUEEN'S old Porsche was among five cars sold for more than €10 million at the classic Pebble Beach auction in California last weekend. His 1970-built 917K was used in the legend's race film Le Mans and became the most expensive Porsche ever sold, going for around €15 million.

With the cash still rolling in, an estimated €250 million worth of classic cars were flogged at one of the globe's hottest auctions. That figure is down substantially from the highs of 2014 when almost €400 million was raked in.

Organizers say investors and speculators are taking a brief hiatus from the classic car market. Despite the lower turnover, Pebble Beach has thus become closer to motoring purists.

To hammer that point home the world's only street-legal BMW M1 Procar, produced in 1979, was spotted lounging around the luxurious golf course.

There were also eight cars and motorbikes from the collection of music legend J Geils, who passed away recently. Among them were a 1967 Lancia Flaminina with a 3.0 litre V12 engine and a Fiat



Dino Spyder from the same year, both in mint condition. His 1983 Benelli 900 SEI and 1970 Ducati 350 Demo were also up for grabs.

Over the weekend 18 Porsches, 10 Aston Martins and 29 Ferraris were sold. Aside from the five valued at over €10 million, another 89 cars secured bids surpassing the €1 million mark.

A huge cohort of cars valued at less than €100,000 were snapped up by a new breed of buyers, professionals in the

**BULLITT:** A Porsche 917K once owned by Steve McQueen sold for a fortune.

30-40 age bracket.

The star of the show was a 1956 Aston Martin DBR1 which went for just over €20 million. It is the very first of the only five DBR1s to have ever been produced. It won the 1959 Le Mans race and was driven by Stirling Moss.

### ROAD TEST by Nick Fletcher

LEXUS is not at all modest about its latest IS 300h model, describing it as 'the most efficient sports saloon available today.'

Hard-headed motoring journalists like to challenge such sweeping statements, but in this instance, it is difficult to dispute. The hybrid Lexus IS competes against more mainstream compact executive saloons such as the Audi A4, Jaguar XE, Mercedes C Class and BMW 3 Series but not all are available in comparable hybrid form and those that are tend to cost more or offer less standard kit.

The IS 300h - also available in non-hybrid turbo-petrol form - is priced from €33,065 (£30,105) and comes with distinctive styling, is laden with equipment, beautifully built and finished.

Its driving experience is quick and quiet and the only minor downside is perhaps that it is so refined, it is not as exciting to drive than some of its rivals. But then the Lexus scores highly for relatively low running costs - 23.2 kpl (65.7 mpg) and very low emissions.

The car has potent styling -

## Lexus IS300h

the deep gaping grille and narrow headlights make rivals such as the Jaguar XE appear quite muted - and its performance figures underpin its sporty look with 0-100 kph in 8.4 seconds, top speed 201 kph (125 mph).

The 2.5 litre petrol engine offers 178 hp boosted to 220 hp by an electric motor, and with a revised chassis and slightly firmer suspension, the overall result is smooth rapid progress with seamless multi-mode CVT gearshifts and composed handling.

The cabin has a luxury look

which suggests it might belong to a class above, and the seating is exceptionally comfortable. The dashboard looks less conventional than most, with stepped styling dominated by a big 26cm (10.3 inch) screen.

There's good head and leg room front and rear and the 430 litre boot capacity is good given that some space has been sacrificed to accommodate the hybrid batteries.

A useful feature on this saloon is split-fold rear seats which means longer items too large for a normal boot can still be loaded.

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# Bonalba welcomes TMGS

JUST 24 members made the hour-long journey along the A7 to Bonalba. Although the Society was assembled five years ago it has never played at Bonalba. What a breath of fresh air to actually be 'welcomed' to a course, upon arrival the buggies were all lined up with names on ready to go.

There were helpful staff in the caddy master and a special thank you to Richard Davies who made the visit so welcoming. The course was in excellent condition and some who had played it before could remember just what a challenge it is. The friendly marshal made sure that the group began on time and was seen from time to time around the course.

The organisation was excellent throughout and the round was completed in just four hours 20 minutes! Bonalba will now be added to the society's frequent visit list of courses for the 2018 calendar.

The results for the Stableford compe-



**WINNERS: The silver category victors.**

tion were as follows: NTP's Hole 4 K Tucker, Holes 8 and 14 S Adaland, Hole 11 D Sullivan. Just €22 was contained in the two's pot and this was won by Mick Kennedy on the 14th while best guest was S Adaland 36 points. Lower than usual numbers this week resulted in there being just two categories. Silver category; 3rd place M Mhyrvold 30 pts, 2nd H Rong 32 pts on higher handicap

and R Nilsen in first place on lower handicap (32 pts.) Gold category; 3rd B McMenamin 30 pts, 2nd M Kennedy 33 pts, 1st C Landaas 36 pts.

You can find more information about the society by visiting [www.tmgs.org](http://www.tmgs.org) or follow on Facebook/TMGSGOLF or call the Secretary on 661 524 101. TMGS' latest mobile and tablet app is now available to download from the website.

## 19th Hole Golf Society

ON Thursday August 17 the 19th Hole GS played a Dusty Bin competition (3-2-1) on Lorca golf course.

In sweltering conditions the 'hot' team of Tony Mackay, Gary Gray, Steve Tucker and Chrissie Dow roasted the opposition with a score of 94 points.

Chrissie had a great individual round scoring 43 points with the others making valid contributions. A distant second spot was taken by Terry Ayling, Jeremy Brierley, Jerry Edwards and Pete Dow on 87 points.

There were two two's recorded, by Malcolm Chalmers on the fourth and Brian Lowden on the 10th. The society also ran a 'Mickey Mouse Ball' competition in conjunction with the main event, and the pressure told with only three of the eight groups returning the original ball.

Nearest the Pins:

4th Peter Watts.

6th Malcolm Chalmers.

8th Ralph Hunter.

10th Jeremy Brierley.

12th Tony Mackay.

14th in two, Malcolm Chalmers.

The 19th Hole GS play every week on local courses.

Contact [mikeesposito54@yahoo.com](mailto:mikeesposito54@yahoo.com).

THE club's chosen charity for this year is the AECC pink ladies, with 47 players enjoying the Villamartin course. Thanks to all making the effort to wear pink.

With €94 in the two's pot and plenty bringing their A game, nine winners collecting €8.50 each; well done to Jimmy Gray, Ron Temple, Colin Wilson, Cliff Smith, Phil Sully, Tony Smale, Callum Hitcham, and both Ben Chadwick and Nick Spicer for getting two.

Nearest the pins were kindly sponsored by Andy Shaw which meant the money going to charity. Phil de Lacy (hole 6), Warren (hole 9), Callum Hitcham (hole 13), and Ben Chadwick (hole 17), all collected €10 bar tab. As it was charity day, local businesses and Jimmy Gray sponsored the par 5 holes. Well done to Andy MacDonald for winning brandy, Ryan Luffman golf balls, Warren Harris the Quesada Fish and Chip Shop voucher, and Troy Norris bar tab.

## Plaza Golf Society



**IN THE PINK: With thanks to all those who made the effort.**

Last place was surprisingly high this week with a score of 24 collecting golf balls kindly sponsored by Nick Spicer. They will help you get some practice in Rob Clackson!!! Best lady was Liz Sully who also received

golf balls. All non-winners were placed in a blind draw and well done to Gordy Brindley on winning a golf lesson.

The guests produced some great scores with Ronald Luffman 3rd, Cliff Smith 2nd

with 39 points, and Ryan Luffman 1st with a fantastic 41 points. All received wine and golf balls.

The silver division also saw some impressive scores with Andrew MacDonald in 3rd place with 35 points, Liz Sully with a fantastic 39 points and Troy Norris with a staggering 43 points taking top spot.

In the Gold division Callum Hitcham scored an incredible 38 points from his 5 handicap, Nick Spicer posted 41 points from his 12 handicap for 2nd spot and with a handicap of 14 and an unbelievable 45 points Colin Wilson took top spot. Just sharpening the scissors for those handicap cuts!!!!

The event raised a fantastic €420 for charity and everyone had a fab day as usual.

The society's next game takes in at La Finca. Check out the website [www.theplazagolfsociety.com](http://www.theplazagolfsociety.com) or email [theplazagolfsociety@gmail.com](mailto:theplazagolfsociety@gmail.com).

## Bettas Torrevieja RFC

THE Bettas Torrevieja RFC junior section of the club is rapidly increasing in numbers and after a couple of weeks there are now double figures with a great mixture of boys and girls. The team is looking for more players so that friendlies can be set up and maybe appear in the league next season.

Numbers in the ladies' squad are also increasing but a few more are needed to put a team together.

Considering the club was only started a few months ago the members and committee have done a great job in getting things up and running and attract-

ing new players and members on a weekly basis.

All ages and abilities are welcome and in rugby there is always a place for everyone.

Due to the summer festivals and holidays it is currently best to contact Javi on the number below to check where training is, but normally on Wednesdays it will be on the beach at Naufragos Torrevieja from 8.30-10pm and on Sunday mornings at the athletics track from 11.30am.

For more information about the team and training contact Javi on 603 727 179.

## Ruby's Golf Captain's day at El Plantio

THE weather was good for golf, not too hot and with some cloud cover, and although the course was not in pristine condition most players enjoyed the unusual format of Portuguese golf, (no, most had not heard of it either). With the help of this new format some good scores were recorded, but the shot of the day must go to lady member Natalie Bramhall, who on the tricky hole 17, stroke index 1, chipped her ball which bounced all the way across the metal bridge reaching the fairway the other side for three, brilliant. Unfortunately her next shot was not quite so spectacular, but that's golf!!

The results for the Captain's Day game were as follows, Nearest the pin on the par 3's were Nigel Wright and Walter Miller, nearest the pin in two, was Ray Batey, best front nine Dave Shelton, best back Dave Jones, in third place was Roger Clarke, second was Ray Batey and the winner for today was Michelle Evans.

Back at the bar good food and good banter continued during the presentation with every-



**NEW FORMAT: Portuguese golf.**

one winning a prize. The enjoyment continued with the captain's night out, where there was dancing to live music plus a few drinks and general merriment, and where the vice captain when giving a vote of thanks made a monumental error thanking the captain with a 'w.'

Think about it, it will be some time before he lives that one down. All in all it was a great Captain's Day enjoyed by all.

To contact Ruby's Golf email us at [rubysgolf@yahoo.co.uk](mailto:rubysgolf@yahoo.co.uk).

## Carp R Us

THE third round of the August mini-series was held on the stretch of the Segura behind Marjal camping, Guardamar.

Temperatures were very high again and although there were plenty of fish around, persuading them to feed was not easy. Roy Dainty managed 3.36 kg of carp and mullet using corn fished over bread. Second was Steve Fell with 2.96 kg, including two goldfish, caught using maggots and bread. Third was Jackie Breslin (2.08 kg) and fourth Jeremy Fardoe (1.86 kg).

Further information about the club can be found on its website [www.carp-r-us.weebly.com](http://www.carp-r-us.weebly.com) or Facebook page Carp-R-Us Fishing Costa Blanca. New members are always welcome.

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