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## Outcry at water use decisions

CONTROVERSY surrounds a government water decision.

Water that has been denied to Alicante and Murcia has been given to Castilla-La Mancha and Madrid, despite them having access to other reservoirs.

Water from the Tagus river is stored in the reservoirs of Entrepeñas and Buendia which are supposed to have been closed since May until further rainfall brings their levels up to a sufficient standard once again.

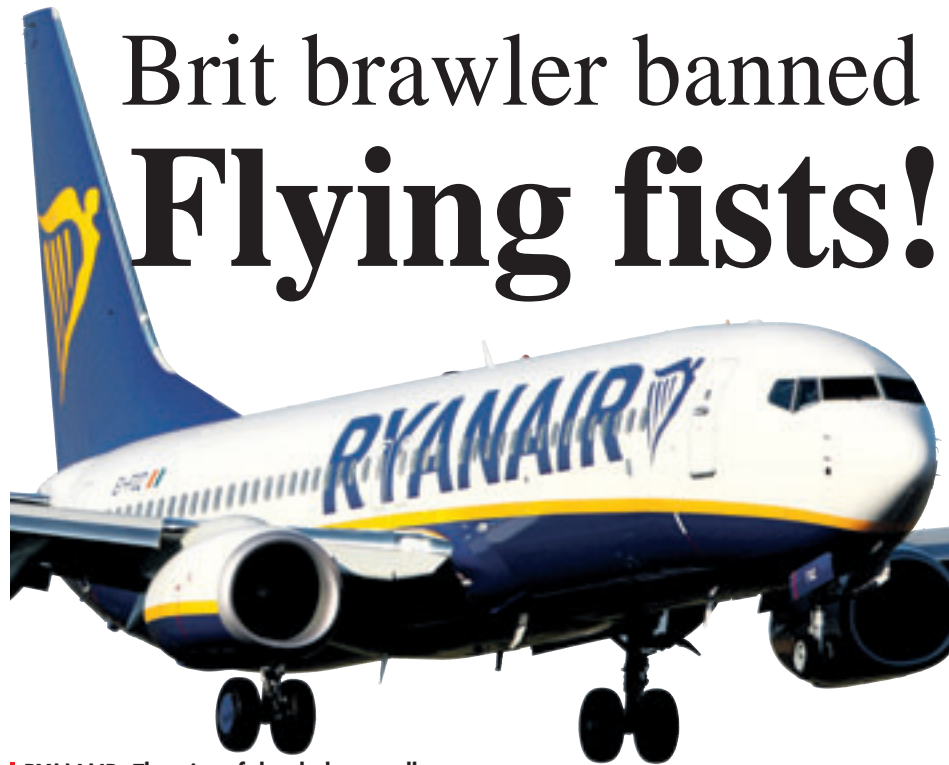
It has now been revealed that the water reserves have dropped by 115 cubic hectometres (hm<sup>3</sup>) as water that is desperately needed in Alicante and Murcia is being given to other cities with more natural resources at their disposal.

Farmland in Alicante and Murcia requires about 300hm<sup>3</sup> per year but without water from the Tagus river, they have to rely heavily on the desalination plant of Torrevieja which only produces 30hm<sup>3</sup> per year.

This is due to the fact that it only operates at approximately 40 per cent of its capacity due to being so expensive to run that it only functions at night when electricity is cheaper.

The Institute of Geography of the University of Alicante, suggested the government enable a connection to the Segura from the Tajo-Medio in the Sierra de Gredos, where the rainfall per year is roughly 2,500 litres per square meter per year and the flow is mineral, but it never went ahead.

## Brit brawler banned Flying fists!



RYANAIR: The aircraft landed normally.

A woman filmed fighting on a Ryanair flight from Newcastle to Alicante before brawling in baggage reclaim says she was defending herself.

Mum-of-three Nicola Artley, 42, told UK media that she was attacked first after being banned from flying with the budget carrier in the wake of the incident.

The in-flight scuffle, during which she and a fellow passenger threw punches at each other as the plane came in to land, was recorded and posted online by a fellow traveller.

Lucy Norris from Blyth, Northumberland, spoke to

British media after releasing the footage.

"It was just as we were about to land when the woman started kicking off," said the 30-year-old.

"She was shouting, screaming and making a show of herself. She had been rude to a few people on the flight and I think she was mortal drunk.

"The police were made aware and we thought they were going to come on and drag her off but it didn't happen. They were waiting there as we got off."

A second video later emerged in which Mrs Artley can be seen grappling

with another woman in the airport, the pair rolling on the floor and pulling each other's hair.

Witness Rachel Burns, 35, said: "I saw her just go up to a lady who had been one of the people telling her to sit down. Then they were going at it on the floor."

Ryanair communications chief Robin Kiely said: "The crew of this flight from Newcastle to Alicante (August 31) requested police assistance upon arrival after a passenger became disruptive inflight.

"The aircraft landed normally and the passenger was met by police."

dfs  
San Javier

See page 41



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INSIDE page 75

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money transfers?

The secret is revealed on page 45

**NEWS EXTRA**

**Trash talking**

THE mayor of Alicante Gabriel Echavari, is today (Thursday) expected to meet with representatives from rubbish collection firm UTE over a pay dispute after a series of mini-strikes saw the city centre filled with rubbish bags.

**Dirty dozen**

A 28-YEAR-OLD Moroccan man has been held after allegedly committing a dozen robberies in the village of La Aljorra, Murcia, breaking into several shops and a number of parked cars.

**Cast adrift**

A GUARDIA CIVIL patrol vessel intercepted a dinghy with 12 illegal immigrants aboard 15 miles off the coast of Cabo de Palos, Cartagena, with the occupants transferred to dry land by a maritime rescue boat.

**Not a clue**

REGIONAL deputy María Ángeles García Navarro has denounced the regional council of Murcia for not offering any solutions to reverse the downward trend in tourism to the Mar Menor.

# Not on our watch

## Attempted kidnapping foiled

By Matt Ford

A MAN charged with the attempted kidnapping of a two-year-old girl in Torrevieja has been admitted to a hospital psychiatric unit.

It comes after the coroner in charge of the case ordered his release after a Local Police officer and a tour guide teamed up to stop him running away with the infant.

The shocking incident took place on La Cura beach, popular with British holidaymakers and expatriates, as the victim was walking with her grandmother.

Witnesses described how a well-built man aged around 60 approached the pair before swiping the toddler and fleeing on foot.

Two women, one of who arranges trips from Benidorm to La Cura, were alerted by the older relative's screams and grappled with the man as he neared the local tourist office.

As one grabbed him from behind the other snatched the youngster from his arms.

He tried to run away but was pursued by the policeman who had also been



**SHOCKING:** The incident occurred in broad daylight.

**One dead in horror smash**

AN alcohol and drug-fuelled driver who killed a teenager has been imprisoned without bail while he awaits trial.

A 17-year-old died at the scene while two others, aged 15 and 17, were hospitalised after the accused careered into them in Santa Pola.

Witnesses said he was driving "at great speed" as he slammed into the trio, with one trapped between the vehicle and a vending machine after the driver lost control and mounted the kerb.

The driver later tested positive for both cocaine and alcohol and had reportedly been among revellers at the Moors and Christians celebrations.

The Santa Pola Council and the Association of the Cultural Celebration of the Moors and Christians suspended some of the events in memory of the victim.

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drawn by the shouts and pinned him to the floor.

After he was taken into custody by the Guardia Civil it emerged that the alleged abductor has a history of mental health issues.

He has been charged with attempted kidnapping, police said in a statement.

An ambulance was also called to attend to the grandmother who suffered a panic attack in the wake of the commotion, while the child was reportedly unharmed.

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Aqualandia: Sun, Mon & Wed. 39€ ad/34€ ch/snr	Alicante City. Every Fri. 11€	Valencia City 13-15 Sept & 11-13 & 23-25 Oct 3* B&B FROM 108€	Peñíscola 9-12 Oct 4* HB WW Seafront hotel/exc Morella 199€	Sun-Wed 4* Hotel FB from 175€ available weekly
Mundomar: Sun, Mon & Wed. 32€ ad/30€ ch/snr	Guadalest & Algar Falls Every Fri. 14€, or inclunch 24€	Cuenca region 17-19 & 25-27 Sep 3* FB + WW 147€	Barcelona by train 16-19 Oct 4* B&B 355€	SEASONAL PRICING
Alcala Del Jucar. Every Sunday 27€ inclunch/wine	<b>FIESTAS/SPECIALS</b>	Baños de Encima + Cordoba 20-22 Sept & 2-4 Nov 3* HB + WW 145€	Toledo 16-18 Oct 3* B&B 139€	<b>XMAS AND/OR NEW YEAR</b>
Jalon Valley. Every Mon. 23€ inclunch/wine	Altea/Calpe every 2 weeks 19/9 + 3/10 + 17/10 23€ inclunch/wine	Madrid/Escorial 20-23 Sept 3* City Hotel B&B 229€	Granada 18-20 Oct, 15-17 & 27-29 Nov 4* B&B from 117€	<b>CHRISTMAS OPTIONS</b>
Jumilla Grape Harvest. Every Tues/Thurs inc tastings & lunch/wine 35€	Romans & Cartagenians Fiesta Fri 22nd Sept 12€	Sevilla City 26-29 Sept 3* B&B 219€	Exremadura 23-28 Oct using 3 x 3* hotels B&B. Daily Excs. 315€	23-27 Dec Inc Gala lunch Mojacar 4* FB WW 309€ with excursion Almeria
Cartagena Catamaran. Every Tues. 25€ ad/21€ ch/snr.	Viva España Horse Show/Flamenco/meal + wine Sun 24th Sept 52€	Antequerra, Ronda & Malaga 28 Sept - 1 Oct 3* Hotel HB + WW 199€	Andalucian trio 13-16 Nov 3* HB + WW 209€	Benidorm Servigroup. Choice of hotels FB from 372€
Cartagena + Train to Mar Menor. Every Tues. 14€	Concentaine Craft Market Weds 1 Nov Only 15€	Cordoba City 2-4 & 25-27 Oct 3* B&B 165€	Madrid City 20-22 Nov & 11-13 Dec 3* B&B 149€	Benidorm Palm Beach. 4* FB 320€
Murcia City. Every Thurs. 11€		Jerez, Sevilla & Gibraltar 2-6 Oct 3* Hotel B&B. Inc visit to Equestrian School & Tio Pepe Bodega. 259€		<b>NEW YEAR OPTIONS</b>
				Mojacar 30 Dec-2 Jan 4* FB/WW 238€
				Benidorm 31 Dec-2 Jan 4/ FB 260€
				Gala dinner and free bar from midnight NYE
				<b>XMAS + NEW YEAR</b>
				Benalmadena + exc 24 Dec - 1 Jan 4* FB 532€
				Benidorm choice of hotels 23 Dec - 2 Jan from 659€

## Sword fight

LOCAL POLICE in Cartagena intervened when a man carrying a large machete was arrested for disturbing the peace in a bar in Los Dolores. The incident began when the 54-year-old broke an ashtray and during the resulting argument he produced the large implement from his bag. He was arrested and taken into custody pending further investigations.

## On the door

ONLY 58 of the 141 candidates that applied for a position of a nightclub bouncer passed a recently held aptitude test. The examination is to see if potential employees have the necessary qualities to enable them to carry out what can sometimes require delicate handling of situations. Those passing the test must now pass a psychological examination.

## Car park fire scare

EMERGENCY services were called to attend a burning vehicle in a car park close to the El Postiguet beach in Alicante. The fire in the people carrier alarmed the many residents and tourists who were walking along the promenade. Nobody was injured in the blaze and the owner of the car wasn't present at the time.

## Armed and safe

MURCIA has announced a budget of €23,000 for the purchase of 60,000 rounds of ammunition to be used in the training of the Local Police in the municipality. One of the specifications of the public tender - that is now closed - was that the delivery time for the cartridges must be within 25 days.

## Marked cars return

THE municipality of Callosa de Segura has acquired a new vehicle for the Local Police; the first one purchased for almost eight years. The latest addition will satisfy the many complaints that the police have been patrolling the area for the past three months in an unmarked rental car. Four extra police have also been recruited.

# Gone for a song

A SPANISH man has been arrested after leaving his child home alone in Guardamar.

His five-year-old daughter was heard by neighbours screaming and sobbing and they alerted the police at 3.30am. When the police arrived, they found the girl on her own and eventually discovered that her father had been out all night at a local karaoke.

Police had to climb over a fence to get into the property via the garden of the house in Guardamar del Segura and, according to reports, the moment the girl saw the police she ran toward them and gave them an enormous cuddle.

At first, police thought that something bad had happened to the young girl's family but there was no sign of anyone in the property.

After searching the area for around an hour, the father's car was discovered parked outside a bar where he was enjoying a night of karaoke. The 35-year-old man was sober when he was arrested but later released pending a future trial, with the police and the local judge justifying their decision not to keeping him in custody. They said that the girl had suffered enough distress without having to add to it and placing her in temporary care.

## SPANISH FACTS OF LIFE...28

Spain has many interesting laws, including some that are quite surprising - Kat Ashton reports.

# A roadside shocker



**BEWARE:** Wandering shirtless in Mallorca can lead to a hefty fine.

AMONG Spain's oddest laws is one in Els Alamus, Catalonia, which rules that all prostitutes - plying the oldest profession in the world - must wear high visibility vests when seeking clients on roadsides, with fines of up to €40 for those not doing so.

Police stress the law is to protect the women from the danger they can pose to drivers.

Meanwhile in Cadiz it is illegal to throw rice at bridal couples, in part to safeguard wedding guests slipping, and also to prevent pigeons flocking outside churches.

Then in Madrid it's illegal to ask what time it is

there from 3.29pm - 6.47pm according to a centuries old law that appears to have never been removed from the city statutes.

Also in the capital city it is illegal to walk more than eight dogs at once. Three years ago Mallorca, seeking to attract more discerning tourists to the island, introduced a law banning people from going shirtless in public. Those ignoring it can be fined up to €600.

A similar law also exists in Barcelona, and Marbella is now said to be considering introducing such a law, though it has not been proved whether such laws have led to classier tourists visiting.



**WATERMELON:** Cannot be bought by children.

## Real name stopper

IT is not only local laws that create some surprises, with national rules governing certain names that children cannot be named, including a ban on Mandarin and Judas.

Meanwhile it is illegal to drive anywhere in Spain in flip flops with a fine of €600 for drivers caught doing so.

But perhaps the oddest national law of all is the mysterious one that appears to prevent children from buying watermelon without their parents being present.

However, nothing appears on public records as an explanation.

## Cheep find

ACCORDING to a statement, Guardia Civil officers in Elche have dismantled nine illegal exotic bird breeding sites, and have seized a total of 153 different breeds - many of them protected species - such as red-tailed macaws, macaws and various kinds of parrots and cockatoos. The birds are

being cared for in various locations in and around the city.

## Safer bathing area

AFTER a warning of contamination received from the department of Agriculture and Environment, the municipality of Santa Pola has reopened the

beaches on Santiago Bernabéu. The decision has been made after receiving the results of analysis carried out which confirmed the water is now safe for bathing. The area has also suffered after recent storm damage.

## Sinking feeling

DESPITE warning signs, more than 100 vehicles are being parked every day on top of an underground canal in La Mata that is in danger of subsiding. Torrevieja Council - who administer neighbouring La Mata - threatened severe penalties in May if the local market and drivers continued to use the restricted area which is clearly marked.

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# 218

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  - 2010 I Love Marbella - Professionalism award
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## Top 5 stories

From 29 Aug - 4 Sept

- 1 Police hold Saudi royals at gunpoint in Marbella - **15,146**
- 2 Airport strikes in Spain loom as last ditch talks scheduled - **12,965**
- 3 Planes diverted from Malaga Airport as storms lash the Costa del Sol - **8,827**
- 4 First two days of strike action suspended at Spain's airports to allow space for talks - **8,576**
- 5 easyJet hoping new luggage in the hold option takes off on its flights - **7,761**

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## Poll of the week

**As protests mount in Cataluña and Mallorca, should numbers be limited in Spanish tourism hotspots?**

### LAST WEEK'S POLL:

**Are bollards and other security measures used in Spain enough to prevent future terror attacks?**

Yes = 29%  
 No = 71%

## Top Social Media comments

**Man saves drowning eagle owl in southern Spain** - Well done and thank you, Carlos Lopez. I'm so pleased you were watching and responded so quickly. I hope you enjoy the rest of your holiday, and the tale you now have to tell your friends. Thank you again. *Elizabeth Saunders*

**Fists fly as Brits brawl on Alicante flight** - I fly often with Ryanair, it is what it is and for two and a half hours I can tolerate it; what I can't tolerate is the behaviour of passengers who have filled up on alcohol before boarding and then want to make their presence known to every other passenger! Ban the booze, surely they can wait for a couple of hours! *Carol Green*

I think it's about time there was security on flights to and from Spain, this is becoming a regular occurrence, it used to be you weren't allowed to fly if you were drunk, they need to go back to this, it isn't fair on other passengers and staff as you can't exactly walk away from the disgusting behaviour. *Lois Bennett*

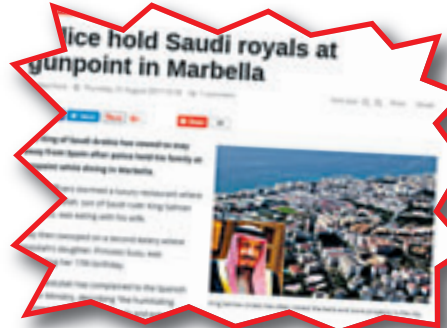
**Man held after trying to kidnap two-year-old** - Torreveija too, what is happening are children/grandchildren not safe anywhere today. Thank God they got him. *Sue Wilson*

**12 Brits held in Magaluf drugs crackdown** - It's a great start with hopefully more to come! Love the video. Well done Guardia. *Jeni Potter*  
 Send them home and take their passports away. Not that we really want them in the UK. *Zena Cooke*

**Balearic Council double tourist tax in €120 million scheme** - Well I'm a UK citizen and it has put me off going to the islands! They make the majority of their income from tourists, so why penalise them? Bad bad move in my opinion!!! *Jayne Riley*

**La Vuelta chaos sees a spectator hit by a motorbike and a contestant slammed off his bike** - That policeman could have caused a serious accident! He should have grabbed the running idiot and pulled him - not pushed him into the path of oncoming traffic. *Denise McNamara*

**Police hold Saudi royals at gunpoint in Marbella** They should be treated the same as everyone else, also 'all tourists' need taking care of, not just those who have endless supplies of cash, this time money didn't talk! *Necie Russell*  
**The 20th anniversary of the death of Diana. Can you remember where you were that day?** - Will never forget that night! *Mandy Orme*



King Salman (inset) has often visited Marbella and owns property in the city.

## TRIVIA FROM AROUND THE WORLD

Residents of Churchill, Canada, leave cars unlocked so that pedestrians who might encounter polar bears on Main Street have a means to escape.



China grows 35 million apples a year, more than any other country in the world. The USA and European Union produce 16 million tons combined.

In 1811 and 1812, three earthquakes measuring 8 on the Richter Scale caused the Mississippi River to flow backwards.

### ★★★★★ Did you know?

Every day, the heart creates enough energy to drive a lorry 20 miles. In a lifetime, the energy produced is equivalent to travelling to the moon and back. So, essentially, when someone is told they are loved "to the moon and back" they are essentially saying that they are loved with all the blood a heart pumps in an entire lifetime.

## Lost in translation



### EXECUTION IN PROGRESS

#### CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.  
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Moss be party time!



LOADED: Kate has a beer.

ONE of the world's highest paid models, Kate Moss, has been pictured rocking out to Primal Scream at an intimate gig in Ibiza.

The 43-year-old model, who is a long-term friend of the band's frontman, Bobby Gillespie, turned up to lend her support as the legendary group, famous for hits including Loaded and Rocks, took to the stage at Ibiza Rocks.

Moss, who has been dating 30-year-old German aristocrat, Count Nikolai Von Bismark, for more than a year, later joined the band for an after-show party at Pikes, where actress Jaime Winstone, aged 32, was seen dancing on the tables.

# Strictly come twerking

EX-HOLLYOAKS stunner, Gemma Atkinson, 32, has posted a video of herself twerking in a miniscule pair of denim shorts in Ibiza as she prepares to join this year's Strictly Come Dancing cast.

The actress, who is tipped to be one of this year's strongest entrants, explained she had undertaken an intensive 12-week fitness regime ahead of her appearance, saying, "I love feeling strong and athletic. That's how training with weights makes me feel."

She added she had also made changes to her diet, saying, "I won't be drinking in the evenings now I'm doing Strictly."

The star was enjoying her last few moments of freedom on the island before the show begins shooting live on Saturday.



RACY: Gemma Atkinson (left) and pals in Ibiza.



BABYMOON: Colleen cut hols short.

## Roo must be joking

COLLEEN ROONEY'S 'babymoon' in Mallorca was dramatically cut short after reports emerged of her husband Wayne Rooney's boozy night out with office worker, Laura Simpson, which resulted in a drink driving arrest for the footballer.

The 31-year-old Everton player is said to have 'kissed and cuddled' the 29-year-old mother of one on a night at a pub in Cheshire before drunkenly driving her car home.

The scandal-hit father was reportedly pulled over by police at around

2am for having a missing brake light before being breathalysed and arrested.

Rooney's 31-year-old wife, who is pregnant with the couple's fourth child, was enjoying time away in the sun with her three sons when the news broke. The fashion designer reportedly cut her holiday short, taking a private jet home to confront her husband.

Now back in the UK, Colleen is said to have left her €6 million marital home in Prestbury, Cheshire, and moved into her parents' house in Liverpool.



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# Leader of the pack

By Matt Ford

BRITAIN'S Chris Froome remains on course to be the first man to win both the Tour de France and Vuelta a España in a single season since 1978.

The 32-year-old Team Sky rider dominated the stage 16 time trial to leave him almost two minutes ahead of his nearest rival, the Italian Vincenzo Nibali.

He picked up his second stage victory of this year's race, with only one of his rivals, Dutch Team Sunweb rider Wilco Kelderman, within

30 seconds of the four-time Tour winner.

Following yesterday's (Wednesday) stage 17, a 180.5-kilometre run from Villadiego in Burgos to Los Machucos in Cantabria, there are just four stages remaining.

Today's stage 18 sees the peloton follow a semi-mountainous 169-kilometre route from Suances to Santo Toribio de Liebana as the race remains in Cantabria

before moving to Asturias ahead of Sunday's finish in Madrid.

In the wake of Froome's stage 16 time trial victory last Tuesday, Team Sky boss Dave Brailsford said: "The course suited him [Froome] but you still have to time it well and he showed again why he is considered to be one of the world's best time trialists today.

"But there are still some really hard stages coming up, the climbs are so intense that there is no time to relax."



Team Sky/Twitter

ROAD TO VICTORY: Chris Froome.

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# Close shave for lorry

A LARGE lorry fell off a bridge on a road close to the Alicante-Elche Airport.

It left the road after avoiding another accident and tumbled down off the bridge, landing only feet from the main Alicante to Elche railway line.

Three people have been injured.

According to an official statement from local firefighters, the accident happened on the N-338 - the road that links the A-7 motorway to the N-332 and passes the airport - when several cars were involved in an accident that the driver of a following lorry successfully avoided.

In doing so, he drove his vehicle off the road and

close to the train line below.

Despite its proximity to the track, the decision was taken not to close the railway and services weren't interrupted.

The driver of the lorry - a 41-year-old Spaniard - was transferred to Elche General Hospital suffering from a number of injuries to one arm but they weren't described as serious.

A woman and her five-year-old daughter were injured in the car crash that led to the potentially more serious incident, suffering from a fractured clavicle and scapula respectively.

The accident forced the southbound lane of the N-338 to be closed and traffic was diverted at the exit to the IFA exhibition centre.

# A bloody mystery

NATIONAL POLICE in Murcia are investigating the death of a 60-year-old Spanish man after his body was

found in a house.

Police were alerted to the scene by neighbours in the village of Espinardo after seeing what they believed was blood falling onto the street from a terrace in one of the buildings.

A group of firefighters from Murcia had to help the police gain entry to the property at N°31 Calle Antonio Rocamo-

ra de Espinardo where they discovered the corpse of the man. There were no immediate signs of the death being a violent one and no suggestion on how the man died.

Police are continuing with their investigations and a series of samples were taken from the scene to undergo more detailed forensic investigation.

**15 million** The record number of people who visited Spanish National Parks last year.

## OUR VIEW

# Ban the bomb

AS life goes on around the world, the news that North Korea has undertaken its sixth test of a nuclear bomb has been met with universal criticism.

For some time, President Kim Jong-un has warned that another nuclear test was imminent and this one has come at a time when the US and South Korean forces have been undertaking their annual war games close to the border with the Democratic People's Republic of Korea (DPRK).

It is believed that this is the most powerful bomb to be set off by the Koreans and was an estimated 10 times greater in force than any of the previous five.

Testing takes place underground and on this occasion, part of the tunnel which took the brunt of the force collapsed leaving a question as to whether this was done on purpose in order to convince the West that the test was genuine or if scientists had simply miscalculated.

At the moment both Washington and Pyongyang are talking big, but it is to be hoped that neither bellicose and unpredictable leader will allow themselves to become over-zealous in their bid to 'face down' the other.

China must play an important part in trying to keep Kim Jong-un under control as well as the European leaders in NATO with President Trump.

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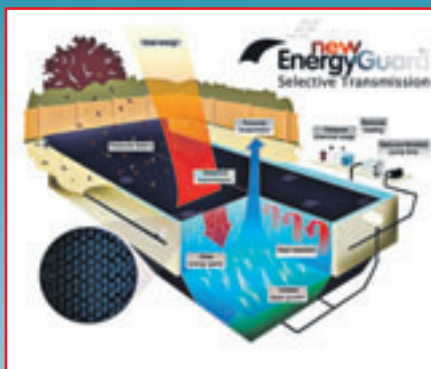
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**MEDUSA TOUCH:** Children not aware of the dangers.

# Bite back time

LIFEGUARDS and their back-up teams on beaches controlled by the municipality of Elche have helped more than 1,000 people with bites this summer.

An overall total of 1,300 people have been attended to after being bitten by mainly jellyfish and other fish; other bites have been carried out by various insects.

Figures just released show an average of 17 incidents

per day throughout the summer which is on par with the number experienced in previous years.

There have been a high number of children that have been bitten as they don't see the approaching dangers of jellyfish particularly as adults do, although the creatures themselves don't make any distinction as to who they attack... young or old.

Jellyfish numbers have

been down and Elche hasn't needed to raise the red flag for reasons of infestations; only on occasions when the surf was strong and dangerous.

Apart from bites, there have been 230 cases of minor accidents, cuts and abrasions to the hands and feet and many of these have occurred off the beaches of El Altet or El Carabassí where some of the hidden rocks cause swimmers to fall.

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# The day the rains came

RECENT rainfall in Alicante has broken all previous records for August.

According to information released by the State Meteorological Agency (AEMET), Alicante-Elche Airport recorded 42.1 litres per square metre which beat the previous record of 32 litres in 1974.

During the 24-hour period of almost continuous rain, Alicante City registered their own record levels of 46 litres per m2 and further up the coast the beach at San Juan registered 53.6 litres per m2.

Climate experts at the University of Alicante have confirmed that these are the highest amounts of rainfall since records began in 1939.

The highest level recorded

along the Costa Blanca during the recent storms was in Javea that saw 70 litres per m2 fall in just one day.

Whilst the August 2017 levels of rainfall have been above normal, it hasn't quite beaten those of March when the strong Gota Fria conditions hit the area and left a series of devastation.

Professor Jorge Olcina from the University said: "We must not forget that 43 litres per m2 fell in August 2013, and that in 2002 36.8 litres per m2 of rainfall was recorded, so whilst this year's figures are significant they're not exceptional for the month. In fact, since 2000, August has been behaving more like an autumn month rather than summer."



**FLOODING:** August rainfall was high but behind the March figures.

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# Mystery sea death



Photo credit: Flickr

## SANTA POLA: Identity of woman victim sought.

A WOMAN has been found dead in the sea off the coast of Santa Pola.

Believed to be between 70 and 80-years old, the victim was found on the Levante beach and at the time of her discovery the green flag was flying. Initial reports suggest the woman had died of natural causes and had probably suffered from a heart attack while out swimming.

When the alarm was first raised, firefighters, Local Police and members of the Guardia Civil

found the woman's body caught and trapped between rocks and so what at first looked like a rescue ended up as a recovery.

The local Cruz Roja tried for over 30 minutes to revive the patient after she had been transferred to the shore by using oxygen and defibrillators, but their attempts proved unsuccessful.

The deceased was transferred to the local funeral parlour and the Guardia Civil have taken over the case to identify the woman

as it's understood that she was alone when the incident happened.

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**MORE BEDS:** Alicante to get six more hotels.

## City hotel boost

DUE to the increasing boom in tourism to Alicante, several companies want to open more hotels in the city centre.

Tourism is one of the sectors that has endured the problems of the decade of crisis, and the proof of that is reflected in the number of large plans on the table to open new hotels and self-catering apartments in both the short and medium term.

The plans are for six new hotels and an expansion to an existing

establishment in the area.

The first of the new hotels is due to open shortly, called Palacio de Die, and located in the building next to the San Nicolás Cathedral which dates back to the 18th century. The hotel should have opened earlier but suffered several delays due to licensing issues. It will have four rooms on each of its four floors.

Close by, in the building next to

the town hall in Calle Rafael Altamira, work is currently being carried out to open a large hotel, and the same owners have also purchased another building overlooking the Calle Mayor. A demolition licence has been applied for.

Plans are also in process to convert Casa Alberola into a four-star hotel with 45 rooms.

Currently, the city of Alicante has approximately 8,000 hotel beds although even in the peak summer months of July and August 100 per cent hotel occupancy are never achieved.

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## NEWS EXTRA

### El Dorada

OVER 100 dead dorada fish - known as bream in English - have appeared on the beaches of Los Alcázares. A similar discovery took place during the same period last August.

### False science

THE University of Alicante is hosting an international course to make people aware of the problems of fake science theories and how to identify this ever-increasing trend.

### Music fest

ALICANTE has held its first ever Jukebox Festival. It took place over two days and featured performances from different groups at the Las Cigarreras cultural centre.

### Opening ban

THE department of commerce in Alicante has filed an appeal against the decision of the authorities to stop large commercial areas opening on a Sunday from September 16.

### TRAM strike

STRIKES by drivers on the Alicante TRAM service continue on September 8, 18, 20, 22, 29 and 30 although there will be a minimum of a 60 per cent service running.

### Crypt back

RENOVATION of the Redovan Church is now well under way and are expected to be completed within five months. The works will allow new remains to be interred.

### Dodgy tower

URGENT building works are needed on the ancient tower on the beach at La Mata after recent local storms affected the structure and threatened to collapse.

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## A right royal make-over

CARTAGENA'S ministry for tourism has announced a programme of works to renovate the Palacio de Aguirre.

Classified as a building of cultural interest and one of the most important and best preserved modernist buildings in the region, a total of €140,000 is being invested in the project.

The building, which is part of the Regional Museum of Modern Art (MURAM) and is the headquarters of the regional government in Cartagena, had recently undergone a series of inspections and technicians felt it was necessary to make a series of improvements to maintain its present integrity.

Plans have been made to restore all the ceramic tiles and the exterior wood and metal work that cover the two façades of the Palacio de Aguirre. The tender for the project is in its final phase and work is expected to com-



**RENOVATION:** Iconic Cartagena building gets investment.

mence in the coming weeks. Director General of Cultural Property in Cartagena, Juan Antonio Lorca, said: "We want these forthcoming works on the Palacio de Aguirre to be an example of

the commitment to the conservation of our heritage, and we want the building to continue to look as grand as it always has been. It will continue to be a focus of tourism in Cartagena."

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**OPENING TIMES**  
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TWO people have been arrested for the alleged offence of drug trafficking.

They were detained after a police raid at a premises in Casas del Grillo in San Félix where small amounts of drugs and money were discovered. A further person was detained who was in the building at the time allegedly about to buy some of the drugs.

Police found various quantities of narcotic substances such as cocaine,

# Drugs arrests

hashish and marihuana as well as equipment used for weighing, processing and packaging.

Officers confirmed that it's normal to find small amounts of money where the direct sale of drugs is carried out,

as the bulk of the cash collected is stored in another place to prevent it all being confiscated during such police raids.

Officers said that the building where this incident took place had only been

in operation for less than a month and were "open 24 hours" using a cover of what appeared to be an uninhabited and abandoned property.

A dog was also found in the building's courtyard suffering from suspected malnutrition, tied to a chain and no obvious signs of care.

Investigations are continuing and further arrests are not ruled out in the coming days.

# Cholesterol on a high level

PEOPLE of Murcia are among the Spaniards with the highest levels of cholesterol.

They join Galicia, the Canary Islands, and Extremadura with some of the highest readings obtained in a study undertaken by the Spanish Society

of Cardiology (SEC); at the other end of the scale are people living in the Basque Country, Navarre, Madrid and the Valencian Community with the lowest.

According to the report, 50.5 per cent of the adult

Spanish population - accounting for approximately 23 million people - has high cholesterol, with levels above 200 milligrams per decilitre which doubles the risk of heart disease, heart attack and angina.

Of the 23 million affected, 52.5 per cent are women and 48.4 per cent are men; as for age, hypercholesterolemia affects women mainly between



Photo by Almusaiti/Flickr

**MURCIA: Among worst in the country.**

the age of 65 and 77, with 6 per cent of them developing the condition during that time. In the case of men, the highest age range is from 45 to 64

where those suffering from high levels account for 67.2 per cent.

According to the SEC, every year around 228,000 people suffer some kind of cardiovascular issue in Spain made up of 120,000 strokes and 108,000 heart attacks.

The report makes the point that such numbers wouldn't fit into the largest football stadiums in the country - the Bernabéu in Madrid and the Camp Nou in Barcelona - that have a capacity of 81,000 and 99,000 spectators, respectively.

**€ 1.08** The eight-year-low Pound to Euro exchange rate registered in August.

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## NEWS EXTRA

### School help

PARENTS who earn less than €30,000 a year will benefit from a €100 discount on the costs of textbooks and other supplies as schools return in Murcia.

### Pot plants

LARGE concrete plant pots have been placed in Santuario de la Fuensanta in Murcia to increase security ahead of the final days of their fiestas.

### Bottle bank

A BUILD-UP of plastic and other debris in the River Segura has prevented El Hondo from receiving any extra water following the recent storms that blocked the connecting channels.

### Boot up

OWNERS of footwear companies based in Elche have been urged to adopt new standards of productivity aimed at improving the working environment and reducing the number of defective products.

### On call

GUARDIA CIVIL officers in Alicante have been involved in more than 5,000 call-outs in the province this year, of which 3,500 were connected with road traffic incidents.

### Foreign fix

THREE immigration officials in Torrevieja have been detained following the discovery of discrepancies in paperwork connected with the registration of 500 foreign nationals in the city.

### Better line

FUTURATELECOM and TV Horadada have joined forces to provide fibre optic connections to more parts of the region of Murcia, following work in Cabo de Palos and Los Belones.



Photo credit: CARM

**WATCHING:** Murcia beaches get extra vigilance.

## Summer beach extension

MANY beaches in the region of Murcia will see an extension of the lifeguard services for an additional few weeks.

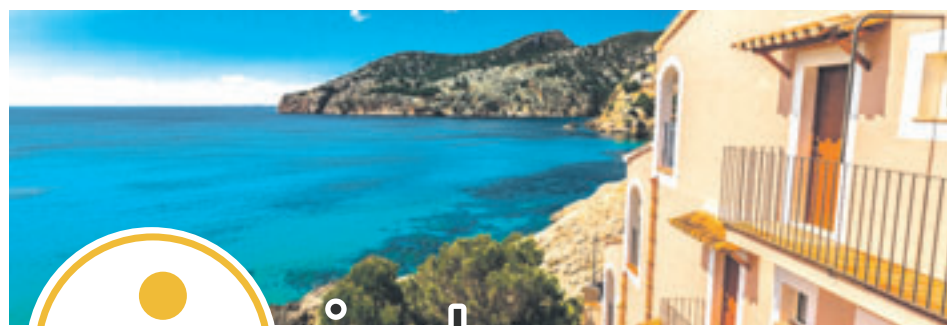
The local 'Plan Copla' - the organisation that coordinates the surveillance and rescue services - will keep 11 posts open on beaches in Cartagena until and including Sunday September 17 from 11am to 7pm. Most of the beaches lost their coverage on Sunday.

Four more surveillance posts will be kept open in San Javier throughout the month of September and four others will also finish after the second weekend. Their hours are the same as those operating in Cartagena.

And finally, San Pedro del Pinatar has announced that they will have two beaches covered for all of September and three others until the 17th.

Local director for Public Safety, José Ramón Carrasco, explained that these decisions had been taken due to "a significant influx of swimmers" to many of the beaches although didn't say why there are differences between one beach and another.

During the peak season of July and August, there were a total of 90 posts with 35 surveillance chairs deployed across 74 beaches in the region which were manned by 252 people.



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# Plastic poison

## Bottle build up sparks fear



Photo credit: Moises Cruz Ballestar/Twitter

**BLOCKED:** Bottles clog up the River Segura.

MANY thousands of plastic bottles have built up in the River Segura following the recent storms. The section of the river where it enters Rojales from Benijofar close to the main commercial area has suffered the most.

As well as the plastic, the river has dragged grass, canes and other weeds along the flow and caused blockages in some areas. Local environmental groups have been quick to point some of the blame at the Segura Hydrographic Confederation (CHS), saying that this has happened so many times in the past when it rains

and nothing has been done to prevent it occurring again.

Social media, especially Twitter, has been full of comments and images of the current state of the river and its own hashtag of #Rojales became a trending topic for a short time.

Foam has also been detected along the River Segura in both Rojales and Orihuela which is believed to be caused by the amount of liquid detergent bottles caught up in the storm rather than from any contamination; a fact later confirmed by a series of tests.



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# Pressure group comments on Brexit

AS the third round of talks took place between British and European Union Brexit negotiators in Brussels, campaigning groups made their voices heard.

British in Europe, an umbrella body lobbying for citizen's rights includes Bremain in Spain which looks to try to protect British citizens living in Spain and as the name suggests is generally opposed to Brexit.

The coalition has assessed the joint UK/EU technical note on citizens' rights, which displays some agreement concerning recognition of professional qualifications and the right to set up businesses after Brexit.

It has come to the conclusion in both cases that this right will probably only be valid in the country of residence and not across the EU 27, thereby affecting cross-border workers.

Chair of British in Europe, Jane Golding, comments: "Both parties agreed that frontier workers should be covered by any agreement but we're concerned that this definition is too narrow to cover the myriad ways in which UK citizens work cross-border."

Sue Wilson, Chair of Bremain in Spain, comments: "Before the negotiations even started this week, both



**THIRD ROUND: David Davis and Michel Barnier after last round of meetings.**

sides were suggesting that the expectations for progress were low. We saw little to convince us otherwise.

"The EU has constantly stated that the burning issues of citizens' rights, Ireland's border and the exit bill must come first, and that talks on any future relationship cannot start until 'sufficient progress' has been made on these issues. However, the UK continues to want to focus on trade talks instead.

"When I listened to David Davis and Michel Barnier speaking at the press conference on Thursday August

31, it was hard to believe they were discussing the same negotiations. While Davis insisted there had been 'concrete progress,' Barnier said there had been 'no decisive progress on the key issues'."

She continues: "One of those key issues is citizens' rights. We have repeatedly been told we are number one priority. Yet, after the third set of negotiations, we are not much further forward."

British in Europe is, however, pleased that the third round of negotiations saw pension aggregation con-

firmed and that discussions concerning mutual healthcare arrangements for pensioners and others in receipt of benefits will continue.

Sue Wilson says: "Despite some examples of progress, Bremain in Spain members remain concerned. Some have been reassured by the progress made but many are still wary and distrustful of anything the UK government is promising."

She concludes: "So, the third round of negotiations is over, 15 months have passed since the referendum, yet we have not travelled so far."

## NEWS EXTRA

### Tweety find

ACCORDING to their Twitter account, an injured bird was rescued in the village of El Esparragal by Murcia police. The animal was taken to the wildlife recovery centre for treatment.

### Burnt toast

A CAFE in Murcia was damaged as a result of a fire in the outside tables and chairs which then spread to a gas outlet.

### Class delay

MORE than 1,300 students of the IES Alfonso X of Murcia will be without classes until October due to repairs being undertaken after damages caused by recent flooding.



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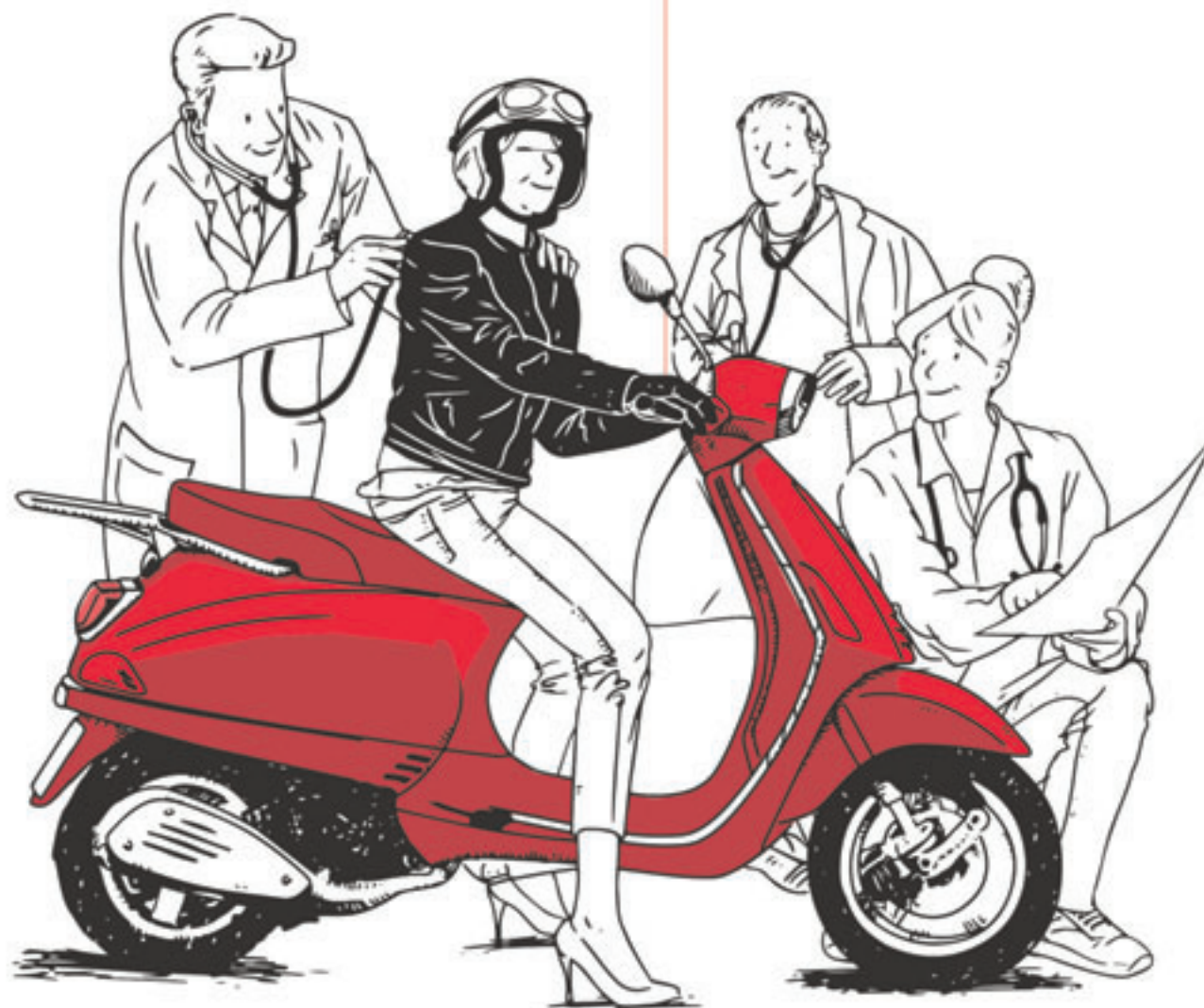
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## Blue day for fishing

**WELL CAUGHT:** Thirty tons of blue tuna in one day.



RECORD amounts of blue tuna fish have been sold in Torrevieja.

During the course of one morning, a total of 30 tons of the fish were sold from fishing fleets landing their catch from the waters off Torrevieja, Alicante, Murcia and Almeria.

The overall amount of the fish caught struggled to fit in the building in Torrevieja where the auction takes place in the early hours of the morning, and the refrigerated lorries and vans used to transport the fish couldn't fit in the allocated parking spaces.

There was so much that the price per kilo had dropped to between €1 and €1.20; not the greatest of returns for the efforts of the fishermen and the boat owners, but such was the volume caught on this occasion it made up for the shortfall.

Blue tuna fish aren't the easiest to catch, with special gear needed on board the fishing boats.

They use sophisticated technology which not only detects where the tuna are, and their depth, but also their average size so that calculations can be made in advance as to whether it's worth continuing.

It's been a very successful time for the local fishing industry. This large amount of blue tuna follows in the wake of high levels of anchovies and sardines that have been more than able to satisfy the demand of the local supermarket and hotel trade during the summer season.

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Photo by Insect Fit

**BUZZING:** Is Asian culture set to invade Spain?

# Bug bar is gourmet grub

TWO men from Crevillente have created a number of energy bars with a different ingredient... flour made from insects.

The young entrepreneurs are part of a business project called Insectfit which launched last January and set out a way of introducing a new practice of eating insects and insect-based products;

something that is widely used throughout the Asian world. Spanish culture is getting its first taste thanks to these energy bars.

The project's founders, Gabriel Vicedo and Alberto Mas, said: "People in Spain are not yet ready to eat insects as such, but by introducing them into products that are known to have nutritional

value they can experience them."

Among the many products that can be developed from insects is a type of flour which could be used to replace the traditional pasta ingredient.

If everything goes to plan, consumers in Spain will be able to try these new products in January next year.

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# ALDI, partner!



**CHOICE:** San Javier gets more shopping options.

POPULAR German supermarket ALDI has announced the opening of another local store.

Their presence in the Murcia region is about to be strengthened with the opening of their newest store in San Javier on Monday September 11. This new building on Avenida de la Aviación Española will occupy 1,200 square metres and have space for 91 cars.

The latest addition to the ALDI portfolio means that they now have 14 supermarkets in Murcia out of the total of 260 throughout Spain.

The new store takes over from another chain of supermarkets that previously occupied the building, and those employed there have been told that they will keep their jobs

following the change of ownership.

Sources at ALDI said: "With the introduction of this supermarket, ALDI will contribute to the economy of San Javier and will offer another alternative to where people can do their weekly shop."

The new ALDI San Javier will include more than 1,500 different fresh, frozen and pre-packed products alongside 200 organic items. "We will continue with our strong commitment to quality," continued the official statement. "On the opening day, all customers to the new supermarket will be able to enjoy a tasting of many of our products, watch a live cooking exhibition and take advantage of a selection of promotional offers and free gifts."



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# A family plot



Google Maps

**LOCAL CEMETERY:** A total of 432 plots are to be constructed.

THE municipality of Cox has announced an investment to extend the local cemetery.

A total of €300,000 has been budgeted for the construction of 432 plots that will allow 1,700 burials to take place, as well as a car park and some landscaped zones.

The works will be financed entirely by the municipality and want to respond to the need of the locality as the current cemetery doesn't have enough space for the amount of people dying in the locality. The councillor responsible for cemeteries, Miguel Angel Gambín, said that the construction has become a "priority."

The extension will be carried out on land next to the current cemetery that is already owned by Cox. Each new plot will have four niches that can be acquired by a single family or group.

"In other municipalities individual niches are sold which means families can find themselves laid to rest at different places across the cemetery. This new scheme allows for four niches per owner," explained the mayor of Cox, Paco Cámara.

Once the contracts for work have been formalised, the plan is that the work will begin during October.

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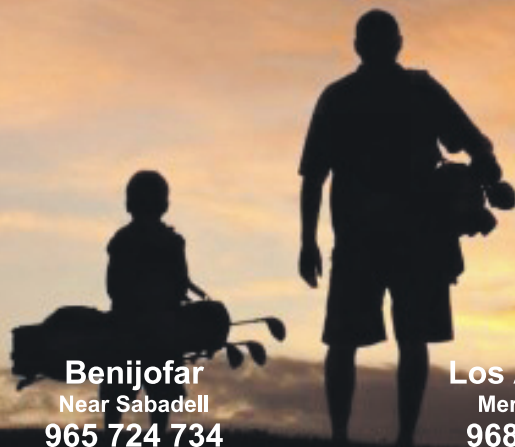
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Wikipedia

**ARRIVING:** Diversions preparing for high-speed train in Murcia.

# City centre works

INFRASTRUCTURE connected to the eventual arrival of the high-speed AVE train in Murcia is gathering pace.

However, people using the city in the coming months will have to put up with a series of traffic diversions; some of which are already up and running.

Much of the building works concern tunnelling and the construction of underpasses in the area around Ronda Sur, Santiago el Mayor, Torre de

Romo and San Pío.

In addition, pedestrians will notice the loss of their crossing at the busy roadway of Santiago El Mayor which is one of the main roads linking the south of Murcia with the surrounding towns and

villages. To compensate, councillor Roque Ortiz said that it's already planned to install a pedestrian walkway with a lift next to the IES Mariano Baquero. This will allow people to cross the road while works are in progress.

Ortiz wouldn't be drawn on when the traffic on Santiago El Mayor would be stopped, but he assured that it wouldn't be until the very last minute when necessary tests on the AVE will need to be undertaken.

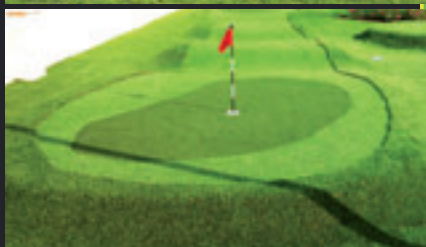
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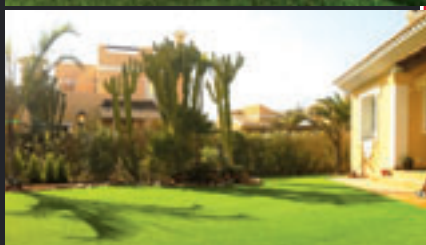
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## Extra bus routes

A NEW urban bus service has been launched in Lorca.

A total of 11 new lines have begun to link the town city with outlying districts and the castle. Despite the fact all the buses are second-hand, everything went to plan on the first day and within six months the fleet will be replaced by both renovated and brand new vehicles, according to the mayor of Lorca, Fulgencio Gil. As an opening offer, the fare will be 50 cents across all routes.

# School children benefit from local shoppers

COLLABORATION between the Cruz Roja and Carrefour enabled them once again to organise a collection of school items for the less fortunate.

As millions return to school over the coming days, the popular supermarket chain organised the welcome initiative in all their 13 stores in the Alicante Province during two days.

This was the ninth time the 'Vuelta al Cole' (Return to school) programme has taken place between the two organisations, with some of the stores extending the period into a third day.

The objective of the project is to reduce the impact of the cost on families for the purchase of many of the vital school supplies. Carrefour made their own di-



Cruz Roja/Twitter

**HELPING:** Thousands of children return to school with vital tools.

rect donation of essential materials and each participating store had a table manned by 240 Cruz Roja volunteers where shoppers left their own donations purchased, such as pens, pencils, other stationery items, and school bags.

The final distribution of the items will be left to the discretion of the Cruz Roja.

The Carrefour stores that participated in the latest initiative were those in Denia, Ondara, Elche, Finestrat / Benidorm, Gran Vía Alicante, Alicante Port, San Juan, Torrevieja, Vinalopó, Cocentaina, Orihuela,

Orihuela Costa and Santa Pola.

Last year's equivalent scheme raised €562,154 worth of donated supplies which went to help 18,000 of the most vulnerable children in the province.

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## EU fishing regulations formalised

THE Spanish Ministry of Agriculture and Fisheries has held a meeting with its regional counterparts in Almeria, Murcia and Andalucía to formally transfer the new national regulations that will regulate fishing in Mediterranean waters.

The new rules are part of a series of requirements set by the European Union (EU) but they have attracted criticism from the regional council in Murcia.

They have pointed out that the limits imposed by the EU must be based on the individual region's production needs and the fact that efforts have already been made to achieve a sustainable level; something that, in their opinion, other autonomous communities have not yet done.

A follow up meeting will be held later this month to discuss how the new measures are progressing and to get feedback on the proposals.

# The waiting gets longer



**SURGERY REQUIRED:** The General Universitario Hospital in Alicante.

PATIENTS have to wait longer and longer for a specialist appointment or surgery in Alicante.

According to a report drawn up by the CC OO Union, almost 15,000 people are now on a waiting list for a specialist appointment or surgery.

The majority of those waiting to go into the operating theatre total just short of 5,000 with 1,135 of those waiting between three and six months. Some 360 patients have been waiting for over a year.

These figures show that far from improv-

ing, the numbers on the list in the centre of Alicante have worsened in recent years and are higher than when a series of cuts were made. For example, in September 2013, only 3,500 were awaiting surgery; 11,500 less than today.

Patients with the greatest delays are those awaiting vascular surgery, neurosurgery, general surgery, ophthalmology and traumatology. Analysis of the figures show the average waiting time for the Alicante General is 135 days, compared to the national average in Spain of 115 days.

The data from the report also shows that there are 10,000 awaiting their first consultation with a specialist or a diagnostic test. Of these, more than 2,000 are waiting between three months and a year. The average waiting time to see a specialist has increased to 93 days in Alicante.

The CC OO union blames many of the issues on the lack of holiday cover during the summer months.

## NEWS EXTRA

### Dead end

A MUNICIPAL report from the city council of Elche has recommended that funeral parlours cannot in future be built on any land within 200 metres of any school or nursery.

### Big brother

AIRPORT managers AENA have prepared a spending package to include improvements that will increase surveillance technology of the Alicante-Elche perimeter fence and vehicle access.

### Viva España

MURCIA Council has recently signed a contract with a public relations company to intensify the promotion of the Costa Blanca in Britain, especially for the post-Brexit market.

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### Big op test

SURGEONS from both the University Hospital of Vinalopó and the Elche General Hospital have carried out a novel technique to remove a giant hernia from a patient.

### All change

DIVERSIONS are now in place in Murcia for both pedestrians and traffic in preparation for a series of road works that are part of the high-speed AVE train service.



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At the time of publishing this article, no other insurance company in Spain guarantees the exclusive use of OEM parts in their repairer network. Some insurance companies rely on after market parts and used parts to keep the repair costs to a minimum, only paying for OEM parts if no other parts

are available. After-market parts are parts made by a company other than your vehicle's manufacturer. They are new and the spec should be very close to the original specs. However, some minor fitting adjustments may be required by the body shop. Used parts come from the scrap yard. Cars involved in accidents, engine trouble or age, mean that scrapped cars will have some working parts, which can be resold. The used parts are usually OEM parts.

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*We hope the information provided in this article is of interest.*

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**KEEP ELCHE TIDY:** Neighbourhood prizes up for grabs.

# Spick and span

RESIDENTS of Elche are going to make sure they live in the cleanest city around.

Following collaboration with the council in Elche and the federation of neighbourhood associations (FAAVV), a prize is on offer to the area of the city that can keep their streets the cleanest. Under the promotional banner of 'Mi barrio, el más limpio' (My neighbourhood, the cleanest), the campaign got underway last Friday and will continue throughout the month of September.

To monitor the progress of each individual

zone, a series of photographs will be taken sporadically during the month to assess the progress of the cleaning programme, which ensures that those involved must work together to keep their own little patch as clean and tidy as possible if they want to win the top prize.

Along with the prizes for the individual neighbourhoods and the districts, there will be an additional prize for the area that recycles the most glass.

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## Morris dancing mayhem

AFTER a summer break the Terri Horvath Morris group are eagerly looking forward to an exciting programme of dancing for the public at various charity and community events. With this in mind they are now resuming practice every Friday from the beginning of September until the end of July.

Anyone interested in joining the friendly group will be made very welcome. They are also available to dance at any local charity event or other events throughout the year. For further details please contact Secretary, Sue Walters: [suzi.inspain@gmail.com](mailto:suzi.inspain@gmail.com).



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# Velvetones' new season



**THE VELVETONES: Are ready to sing again.**

AFTER a break over the summer, the Velvetones are ready to sing again and rehearsals begin on Wednesday September 6 at El Paraiso Restaurant, Jardin del Mar 111, Torrevieja

from 10am-12.30pm.

They are a group of ladies who sing for enjoyment and to raise money for charity. If you enjoy singing and would like to meet new people

please come along and join them.

The group also has ladies who are social members who come along, listen to the music and join in for coffee at

half time.

For further details telephone Ena on 965 707 598 or Mary-anne on 966 714 973 or visit the website: [www.velvetonesharmonytorrevieja.com](http://www.velvetonesharmonytorrevieja.com).

THE club has its next meeting on Monday September 18 after the summer break and continue until Monday December 7!

The Almoradi Monday Club meet every first and third Monday of the month from 4pm at the Centro Social Rooms, Plaza San Andres, Calle Antimo Illescas, off Calle Comunidad Valenciana, in Almoradi.

Calle Comunidad Valenciana is the road where the Cortes theatre is located. With the

## Almoradi Monday Club

theatre on the left, continue along Calle Comunidad Valenciana and the Plaza is opposite the seventh turning on the left, before arriving at the school crossroads. Once inside the plaza San Andres, the Centro Social Rooms are on the right with entry via a door next to The Bar with blue awnings.

The club activities include social events, club lunches and evening meals in and around the local area, with guest speakers at meetings and entertainment when possible. If you are interested in more information contact: [davedanie@gmail.com](mailto:davedanie@gmail.com) or on Facebook page under Almoradi Monday Club.



## CIUDAD PATRICIA OPEN DAY

### 15<sup>th</sup> September - starts 11am

#### Time to Take Another Look at Ciudad Patricia?



My name is Amanda and I will be giving the short presentation on the facilities at Ciudad Patricia. I will then after give you a guided tour of the show apartment and will be available all afternoon to answer any questions or concerns you may have.

It gives me great personal satisfaction, advising and helping many people planning and eventually making a move to Ciudad Patricia. It does not matter if you are not looking to move for a few years yet it is still worth your while to come along to our open day. You will then see first hand why so many people have made the decision to move here. How we have all the facilities in place to make your retirement living a happy one, giving you peace of mind when you need that little bit of

extra help its there.

You will never have to feel alone with so many activities going on and making new friends once you have moved here. There are many things people tell me they are worried about when they are living on their own. There is also the worry of being left on their own when their partner passes away ... what if they had a fall and could not get up who would be there to help?. At the open day you will then understand how it works with our on site emergency doctor which takes a little bit of that worry away.. So why not make the decision and come along to our open day. You have nothing to lose and so much to gain. I really look forward to meeting you on the day.

**11:00 WELCOME**  
Coffee & Homemade Cake in our Central Building

**11:30 PRESENTATION**  
Followed by a Short Film and Questions & Answers

**12:15 SEE FOR YOURSELF**  
Tour of the Grounds Visit Show Apartment

**13:00 LUNCH**  
In Our Restaurant (Optional 10€ per person)

Afterwards, you can enjoy lunch at our restaurant. We've arranged a special 3-course menu for just 10€ per person including wine.

We do ask that you book ahead of time by contacting ALMA either on **616 884 468** or via email to [info@restauranteciudadpatricia.com](mailto:info@restauranteciudadpatricia.com) Please make all reservations before 11th September.

All in all it's going to be a wonderful morning, we'll see you there!

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- Residential Care Home
- Maintenance Staff

# A special e-message from Campoverde Church

CAMPOVERDE Church has put up its latest sign in the garden, which is right up there in the digital age. When searching for appropriate signs to get the message across to people passing the church it was important to them to take account of modern means of communication, like Facebook for example.

Maggie Dew from Campoverde Church said, "For Christians, God's means of communicating His message to us is through the bible, an ancient Facebook, which we like to call God's 'Faithbook.'

Watch the garden in two week's time for the latest message from Campoverde Church.

For more information visit Campoverde Church's Facebook page on [www.facebook.com/campoverdechurch](http://www.facebook.com/campoverdechurch), e-mail [maggieruthdew@hotmail.com](mailto:maggieruthdew@hotmail.com) or contact Father Richard Seabrook on [frras@c-of-e-torrevieja.com](mailto:frras@c-of-e-torrevieja.com).



**FAITHBOOK:** The latest message from the church.

## Finca la Castellana charity dog walk

FINCA LA CASTELLANA animal welfare centre invites you to join them on an ample walk in the local countryside on Sunday September 17.

This is a great chance to meet the rescue dogs and help raise much-needed funds. There will be refreshments afterwards.

Meet at Finca La Castellana at 10.30am if you would like to walk one of the rescue dogs or 10.45am if you are bringing your own. The cost is €5 per human.



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From 1 <sup>st</sup> April to 31 <sup>st</sup> October:					
7:00	10:00	12:00	15:00	17:00	19:00
9:00	11:00	13:00	16:00	18:00	21:00
From 1 <sup>st</sup> November to 31 <sup>st</sup> March:					
7:00	11:00	15:00	19:00		
9:00	13:00	17:00	21:00		

ALICANTE-ELCHE AIRPORT		50 min.		TORREVIEJA BUS STATION	
From 1 <sup>st</sup> April to 31 <sup>st</sup> October:					
8:00	11:00	13:00	16:00	18:00	20:00
10:00	12:00	14:00	17:00	19:00	22:00
From 1 <sup>st</sup> November to 31 <sup>st</sup> March:					
8:00	12:00	16:00	20:00		
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**NEWS FROM OUR FIVE OTHER EDITIONS**

# Well kitted-out for school



Photo credit: Finestrat town hall.

**CARREFOUR FINESTRAT: Volunteers ready for donations.**

AS in previous years, shoppers at the Finestrat Carrefour were asked to donate school materials for needy families.

Fifty volunteers cooperated with the 'Return to school' solidarity campaign which the hypermarket launches each September at the start of the school year. They were on hand to collect the donations that ranged from pencils to schoolbags and will later be distributed by the Red Cross.

Last year the Fundacion Solidaridad Carrefour presented the Red Cross with school materials worth €562,154 that had been collected at 172 centres throughout the country. These were later distributed amongst 18,000 vulnerable children.

Finestrat mayor Juan Francisco Perez, who joined the Carrefour's local manager Javier Bausset at the hypermarket, urged Finestrat residents and visiting shoppers to take part in the scheme.

"This will ensure many children and young people will be able to start the school year on an equal footing with their companions," Perez said.

**■ COSTA DEL SOL**

## Suspect fish

THE La Linea Council has warned residents about the dangers of buying fish and shellfish from street vendors. Apart from the fact that it is illegal, there is no guarantee that these products will be safe to eat.

## Jellyfish back

UNLIKE beaches in some other areas of the Costa del Sol, the Casares Council is warning visitors about the high number of jellyfish appearing. Bathing is allowed but all are advised to be careful.

## Stadium story

THE press room in the Martiricos stadium in Alhaurin de la Torre is hosting an exhibition of 75 photographs tracing the history of the stadium since 1941. It will be open from 5pm to 9.30pm until next Wednesday.

## Spain for you

FOR those who remember the arrival of the first package holidays, an exhibition at the Torremolinos Congress Palace charts 40 years of holiday advertising. Entrance is free and it runs until September 22.

## Local Police

IN order to beef up security on the streets, Estepona Council has announced that it wishes to appoint four new Local Police officers.

## New turf

HAVING spent €147,000 on the renovation of the artificial turf in the Santa Fe Stadium, the Fuengirola Council expects work to be completed by mid-September.

**■ AXARQUÍA**

## Camp over

VELEZ-MALAGA Council's summer camp programme has concluded with 870 children taking part in the scheme to offer educational and sporting activities over July and August.

## Black out

HOMES and businesses around Motril were forced into darkness after a transformer failure caused a power outage lasting more than an hour. It was the second power cut in the town in a week.

## Free parking

THOSE taking a trip to the seafront in Almuñecar and La Herradura will no longer have to pay as the blue zone parking restrictions have been lifted to coincide with the end of the summer.

## Tail back

A BURNING car caused eight kilometres of traffic to accrue on the A-7 in La Cala del Moral. The car crash coincided with particularly heavy traffic as families made their way home from the beach at around 6.45pm.

## Free speech

FREE Spanish courses for foreigners organised by the Motril Council and the local Unesco Club are now open for those who wish to register.

**■ COSTA DE ALMERÍA**

## Fix it

HOMEOWNERS in the El Patio neighbourhood have been given six months to fix doors, balconies and false ceilings or risk eviction after city officials found at least 100 properties were dangerous.

## High life

CRUISE ship, the Tui Discovery 2, brought 1,800 tourists from Ibiza to Almeria before voyaging to Ceuta. The Thomson Cruises ship has an outdoor cinema on deck and mini-golf.

## Free trip

FREE beach buses are helping elderly residents of Huerca de Almeria catch some sun, sand and sea over summer. The community scheme helps those with no transport or mobility issues.

## Honey help

THE 176 registered beekeepers across Almeria will receive €245,000 in government aid to help keep hives healthy and the sector competitive. Across Spain the incentive package is worth more than €2 million.

## Track tragedy

A TRAIN bound for Almeria was delayed two hours in the Sierra Alhamilla after someone was hit by another train on the tracks. Police believe it is a case of suicide.

**■ MALLORCA**

## New record

IN July alone 2.5 million foreign tourists visited the Balearics, more than 20 per cent of the 10 million who visited Spain and a new monthly record. Around 27 per cent were British.

## Parking chaos

A LACK of parking spaces at Playa de Muro has been called dangerous by Mayor Joan Monjo as dozens of tourist cars park haphazardly on the busy country road.

## Bat boxes

BAT populations have recovered in north Mallorca thanks to dozens of new bat boxes hung strategically in Albufera to allow the nocturnal flyers to rest peacefully during the day.

## Stage fall

RAP star Eko Fresh, from Germany, was hospitalised after falling from the stage during a Palma event. Rumours spread online among fans that he had died, but the musician has fully recovered.

## Secret tour

FORMER first lady Michelle Obama has kept quiet during her trip to Mallorca, spending time in the Tramuntanas, while press are barred from following her around the island.

**■ COSTA BLANCA NORTH**

## Bus stopped

THE 31 bus linking Muchamiel and Playa de San Juan during the summer resumed its winter schedule and finishes at San Juan hospital, reviving claims for the service to continue year-round.

## Swimming veto

CAMPELLO Town Hall's website rectified a recommendation for swimming at Cala Baeza after environmentalists pointed out that the Institute of Coastal Ecology and the Generalitat warned that it is polluted.

## Name change

CALLOSA Council voted to rename the local high school after the exiled educator and politician Rodolfo Llopis who was born there in 1895 and died in Albi (France) in 1983.

## Through road

THE first heavy rain for months dislodged stones from cuttings on the CV-755 between Callosa and Guadalest. Traffic was allowed through although Proteccion Civil advised driving with caution.

## All lit up

CHRISTMAS illuminations costing €50,000 for Alcoy's Calle San Nicolas and Calle San Lorenzo will be based on Spanish modernist motives from the Casa del Pavo built between 1908-9.



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## DENMARK

### No ID

CROWN Prince Frederik was turned away from an Australian bar because he did not have any ID on him and bar owners did not want to break the strict alcohol laws in Queensland. He was allowed in after diplomatic officers intervened.

### Joining forces

DENMARK and Sweden are joining forces to fight Russian cyber attacks and 'fake news' saying it was a danger to both countries.

### Beyonce class

A NEW university class 'Beyonce, Gender and Race' is being offered by the



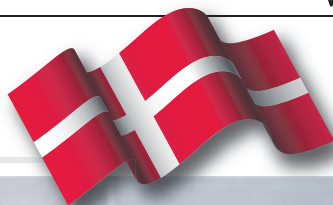
**UNDERAGE?** Crown Prince Frederik.

University of Copenhagen. Already 75 students have registered to take part.

### Tax slashed

DRIVING in Denmark will soon

be more affordable as the government announced plans to reduce the tax rates from 180 per cent to 100 per cent. The news is welcomed, but means the country still has some of the highest car prices.



## NETHERLANDS

### Education conflict

ACHMEA insurance company says more parents are seeking legal advice to settle conflicts with schools, saying they handled 784 cases related to disagreements over education last year.

### More spending

SPENDING online reached almost €11 billion by Dutch shoppers in the first half of the year, a rise of 13 per cent compared to the same period last year.

### New deal

THE Netherlands is to accept almost 2,000 Syrian refugees from Turkey following an agreement with the country.

### Otter report

FOR the first time in years the otter population has remained stagnant. According to a report by the University of Wageningen, the otter population now stands at around 200, just 15 more than last year.



## GERMANY

### Cyber attacker

A MAN has been extradited back to Britain from Germany, accused of launching cyber attacks against Lloyds Banking Group and Barclays which prevented some customers using their online accounts.

### Wolves return

WILD wolves which were eradicated from Germany at the end of the 19th

century have been making a comeback following conservation efforts, but the move has not been welcomed by all as farmers are concerned about the loss of their livestock killed by the animals.

### Family restrictions

GERMANY will continue its restrictions on allowing families of refugees to enter the country. According to some

figures, if families were allowed, it could mean an additional 390,000 people would enter the country.

### Delays continue

REPORTS suggest that management of the new Berlin-Brandenburg airport are aiming for an opening date of late 2019, which would be some eight years after its original 2011 planned opening.



## SWEDEN

### Police attack

A POLICE officer was stabbed during a patrol in the stairwell of a metro station in Stockholm. The officer's colleague seized the man and he was arrested.

### Royal welcome

SWEDEN has welcomed the newest member of the Royal family. Prince Carl Philip and Princess Sofia welcomed their second son last week sharing a photo of them leaving the hospital on Instagram. The young Prince has yet to be named.

### Tartan army

THREE Swedish nurses have been hitting the headlines for their dedication to the Scottish football team. The trio, who call themselves the Swedish Tartan Army, have watched their adopted team play in five European matches over the past year.

### Muslim insults

A MAN has been arrested for insulting a group of women wearing veils. He was charged after insulting them based on their ethnicity and religion, saying he "hates Muslims."



## FRANCE

### Plant explosion

FRENCH chemical group Arkema SA, confirmed two explosions at its Texas plant in the USA. The company said a sheriff's deputy was taken to hospital after inhaling chemicals.

### Labour reforms

THE government has unveiled its controversial labour reforms, pledging to 'free up the energy of the workforce' by making it easier for employers to hire and fire in a bid to create more jobs.

### Missing girl

TWO men have been arrested in connection with the disappearance of a nine-year-old girl from a wedding reception in the Alps. Both suspects are friends and turned up uninvited to the reception at around the same time the girl went missing.

### Nuke threat

FOREIGN minister Jean-Yves Le Drian has warned that North Korea could have the ability to deliver a nuclear strike on America and even Europe "within months."



## BELGIUM

### Back to school

IT'S back to school for millions of children in Flanders, Brussels and Wallonia with Flanders' smallest school near Veurne, welcoming 12 nursery pupils.

### Arranged marriage

STATE Secretary for Equal Opportunities and the Fight against Poverty Zuhair Demir, has called on teachers to remain on alert for any 'cries of distress' after news emerged of an arranged wedding for a 14-year-old girl.

### Lost link

ANTWERP airport is to lose its link with London City after CityJet announced it was stopping the service. Antwerp is now hoping to find another airline to continue the link with the UK.

### Hell hole

BRUSSELS could soon be welcoming more American tourists thanks to a rave review by a travel journalist in *The New York Times* newspaper. Current President Donald Trump once called the city a "hell hole."



## NORWAY

### Sheep thieves

FARMERS are concerned that sheep thieves are in operation after several animals disappeared in the Aust-Agder region.

### Flight strike

SCANDINAVIAN pilots could take strike action after summer negotiations failed over how to interpret rules relating to pilots' working conditions.

### No gas

OIL group Statoil said its exploratory drilling in the Korpjell

area in the Arctic, had been 'disappointing' with only small amounts of natural gas found which would not be large enough for commercial development.

### Cell test

FIGURES from the Cancer Society show that over 250,000 women skip their smear test and have launched a campaign to encourage more women to have a test which can show early signs of cervical cancer.





# summer SAVINGS



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PARADE: Military brass march through Moscow.

# Brass bagpipes

MOSCOW celebrated the annual Spasskaya Tower Military Music Festival. The multi-day festival is held in Red Square and features military brass, orchestras, and even Taoist monks. There was a 120 bagpipe-strong Celtic band with 50 Scottish dancers and troupes from India, Turkey and Egypt.

The Khabarovsk cabbie was accused of using medieval tactics instead of calling police.

## Art attack

THE American Consulate in St Petersburg was vandalised with a bucket of paint during a drive-by attack. It comes months after a US diplomat was attacked in Moscow. Recently the Kremlin booted out hundreds of diplomatic staff as tensions ratchet up between the two countries.

## Gorky murder

THE son of a famous television actor is the prime suspect in the Gorky Park murder case that has gripped Russia. Kornei Makarov, son of Sergei, is in custody over the killing of 23-year-old blogger Stanislav Dumkin. CCTV footage showed the two men fighting in the park after midnight.

## Spoken word

THE rise of English has seen the number of Russian speakers decline by 50 million according to Russia's education committee. Younger generations in former Soviet states now favour English. The committee has called for an expansion of the Eurasian Union to promote Russian in Moldova, Armenia and Tajikistan.

## Magic island

A PACIFIC island owned by Russia has disappeared from the country's online map service. Yandex has removed the tiny island of Sakhalin. The disappearance coincided with the firing of a North Korean missile over a nearby Japanese island. Yandex said it was just a glitch and the island has magically reappeared.

## Winter wonderland

WINTER has already arrived in Russia. Snow has fallen in the Sakha Republic, Yakutsk, and Siberia, covered entire towns in a white blanket. Russia has endured a wild summer weather-wise. Freak

## Medieval justice

A TAXI driver is in hot water after dousing a passenger who couldn't pay in zelyonka, a bright green antiseptic liquid. Normally used for cuts and scrapes, the liquid has also been used to publicly humiliate politicians.

storms in Moscow killed dozens of people and sparked fury against weather forecasters.



FROSTY: Bears happy as winter returns to Russia.

## Provinces need help

SINCE 2012 the National Government has given Catalonia €68.5 billion, saving it a colossal €18 billion in interest if it had borrowed at commercial rates.

The Finance Minister Cristóbal Montoro stated this when appearing before the Treasury Committee in Congress and went on to claim that this proved Catalonia did not have the financial strength to leave Spain nor the legal power to hold a referendum.

Both Andalucía and Valencia have benefited from similar financial support which has seen a total spend of €220 billion amongst the provinces.

# Sterling might look up

By John Smith

AS inflation in the eurozone rises more quickly than expected, the European Central Bank (ECB) may stop quantitative easing which sees the printing of millions of euros.

World financial analysts forecast that sterling which has been falling dramatically against the euro is undervalued and is due to bounce back by a few percentage points in the near future.

There is a general feeling that currency speculators may have over reacted to the possibility of a Hard Brexit and the apparent lack

of agreement between British and EU negotiators at the moment which saw the pound fall.

The ECB says that it wants to see close to 2 per cent inflation across the eurozone, but the problem is that individual state economies do not act in concert with each other and employment figures are also erratic with both Spain and Germany seeing less unemployment whilst France sees more out of work.

For those who have investments in sterling but need to live off euro exchanges, any recovery is welcome but the British economy which has been helped by the week pound which encourages tourists and higher exports would take a different view.

A meeting of the policy makers of the ECB is due to take place shortly and their decision will almost certainly decide the short term future of the sterling to euro exchange rate.

## 1st private law suit

THE first private law suit against Banco Popular has been taken to court in Madrid after losing €10,000.

According to the plaintiff, he approached a branch of the bank asking to borrow €100,000 in order to purchase a lorry for his business and was instead persuaded to spend €10,000 in buying shares in the bank.

He believed promises that this would be a sound financial investment but within less than a year his shares were worthless.

### Quote of the Week

*To reach parity, I think we'd either need to have a UK recession - or see a significant breakdown in Brexit negotiations as we go into 2019," Ritu Vohora, investment director, M&G on possibility of pound euro parity.*



Photo Credit: Groupe Renault

Announcing the deal between Ferrovial and Renault.

## New electric cars for Madrid

AN agreement between Spanish Service Company Ferrovial and Renault has been signed to launch a car sharing service in Madrid called Zity.

It will operate from October with a fleet of 500 Zoe electric cars and will initially service the area within the M-30 beltway.

The Zoe has a theoretical maximum coverage of 400 kilometres but is more likely to need recharging after 300 kilometres based on normal traffic conditions within the capital.

This will be the third electric car sharing scheme operating within Madrid as both Citroen and Mercedes with their electric Smart car are using the city to demonstrate their ability to run non-polluting vehicles.

With various countries promising to phase out 'gas guzzlers' in the future, this type of experiment could have important financial implications for manufacturers looking to win drivers over to their models.

### » BUSINESS EXTRA

## Cracking down

THE Spanish Tax Agency has created a new obligation for taxpayers to report on investments in excess of €100,000 held in any tax haven. A new law also insists that investments may not be split to try to evade declaration.

## Out of work

ACCORDING to the European Union's statistics office, unemployment in Spain remained static in June with 17.1 per cent of the work force without a job. This is the second highest rate in Europe after Greece with the eurozone average standing at 9.1 per cent.

## Gilt edged

WITH the North Korean missile launch over Japan spooking a number of investors, stock exchanges across Europe saw a marked rise in the value of shares in gold mines. When stock markets falter, the price of gold invariably rises.

## Phone House new home

APPROVAL has been granted by the National Commission for Markets and Competition for a €55 million takeover of The Phone House Spain.

The company whose stores in Spain are branded in a similar manner to Carphone Ware-

house, the original parent company, is actually owned by Dixons Carphone which agreed an in principle deal with Dominion, a Spanish multinational earlier this year.

Basque-based Dominion expects to formalise the purchase during the third quarter.

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# HIGH TECH HOLIDAYS RULE

## Especially if you are young and cool

WHILST tourism to Spain continues to boom, the introduction of online booking of accommodation and even rides can cause problems.

Two American concepts, represented by Airbnb and Cabify are thorns in the sides of councils and licensed taxi drivers.

According to Mintel, the world's largest market intelligence agency with global offices in Europe, the Far East and Asia, a growing number of Americans are using new technology to plan and book their holidays.

Some 19 per cent of young American travellers have booked home share accommodation which is great for the websites, but possibly illegal if accommodation owners don't bother to license their properties for short term letting.

The importance of the licence is three-fold as it ensures that foreign visitors in particular are registered and recorded, property providers have to meet certain standards including air conditioning and the important WiFi connections and tax payments will generate income for the economy.

As people get older, so they are less trusting in new high tech developments and whilst they want to have access to the internet, they worry more about being hacked whilst overseas and certainly don't want to be advised on destinations by helpful Artificial Intelligence.

It is no real surprise that those younger tech savvy Millennials (as they are known) are far more adventurous than their parents and welcome such innovations as self check-in areas at airports and check details of local restaurants online before travelling.

Almost everyone wants to use their mobile phone to take photographs of their destinations but the younger the person is, the more likely they are to post selfies and pictures of food on their Facebook or other social media pages.



Photo Credit: Maridav Shutterstock

**Taking a selfie in Madrid, ready for Facebook.**

The older traveller appears to prefer to read advice online from peers as to destinations rather than travel company recommendations and they also tend to book flights via airlines or travel agencies, especially if travelling long distances to destinations they haven't visited before.

The bulk of people include modern technology in their packing but the younger they are, the more au fait they are with the options available.

## Diesel loses out to petrol

THE three largest oil refiners in Spain, Cepsa, Repsol and BP are preparing for a steady decline in demand for diesel within the country.

At one time, diesel was the 'in demand motor fuel' and they invested heavily in refineries able to cope with the number of diesel cars being sold.

Within the last five years however, diesel power has gone out of favour, even though it remains cheaper than unleaded petrol and the oil companies now recognise that car sales in Spain will continue to reflect the change.

In the meantime, there is little need for them to cut down their diesel production as they are finding increased markets in Africa, France and Italy.

## Car sales soar in August

ONE sign of an economy in recovery is the number of cars sold and August has seen 72,470 new Spanish registrations.

This is a 13 per cent increase over the same month last year and with 849,912 sold in the first eight months of 2017, there is an overall increase of 7 per cent.

Despite all of the negative publicity received by the Volkswagen Group over the diesel scandal, its Spanish subsidiary SEAT actually took 17 per cent of the entire new registrations with Volkswagen also performing well.

With so many tourists visiting the country, car hire companies have increased their purchases by more than 40 per cent when compared to last year.

## EU BANS ENERGY GOBBLING VACUUM CLEANERS

# Making Europe greener

AN important new European law banning the sale of vacuum cleaners using more than 900 watts of power and emitting more than 80 decibels is now in effect.

Manufacturers and stores who still hold stock of these machines will be able to sell them until stocks are exhausted but may not produce or import additional machines into the European Union.

With the number of bazaars in Spain that import electrical goods from China, it may be the banned cleaners have a longer shelf life here than in other parts of the EU.

According to a consortium of environmental organisations, the European Environment Bureau, it is perfectly possible to produce a good quality vacuum cleaner without a large motor or making a loud noise.

Former UKIP MEP Roger Helmer told the BBC "By all means let's make pathetic under-powered vacuum cleaners for export to the EU.

"But we must retain the right to make and use sensible full-powered appliances in the UK. This shows why we

**You can still adopt Henry despite the new law.**



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must not agree to be bound by EU rules after Brexit."

A British government spokesperson confirmed that whilst the UK remains

part of the Union, it will enforce this and other laws.

In the meantime, Sir James Dyson has been to court arguing the EU vacuum standards test is flawed as it only requires manufacturers to undertake these tests in laboratory conditions and without paper bags.

The court of appeal has agreed with him, recognising that use of a cleaner in the home, with a bag collecting dust will inevitably see the efficiency of the traditional cleaner drop and motor noise will be likely to get louder.

Whilst this matter is being considered by the courts again, Dyson cleaners do at least qualify under the new rules.

The driving force behind this new law is the need to reduce the amount of electricity used in the home and the European Commission states that by switching to one of the most energy efficient vacuum cleaners, consumers can save €70 over the lifetime of the product.

# MAJOR FINE FOR ONLINE BETTING COMPANY Problem gamblers worry

A GIBRALTAR-based online gambling firm is being fined a record £7.8 million (€8.5 million) by the UK Gambling Commission.

The regulator insists that firms that take bets have an obligation to protect their more vulnerable clients from spending more than they can afford which 888 have allegedly not done.

The most obvious example of this was 7,000 customers who had voluntarily recorded they had a problem and should not be allowed to bet any longer, but were still allowed to take part in the company's bingo games.

Another problem area highlighted was inability of the company to spot problem gamblers and in one case a customer lost £100,000 (€108,000) a month for 13 months before they recognised his vulnerability.

Although the penalty is high, it won't revert to the Gambling Commission as £3.5 million (€3.8 million) will be refunded to the 7,000 who had barred themselves from gambling but were still allowed to carry on.

The balance will be passed to a



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## GAMBLING: The house usually wins.

charity involved in helping the estimated two million British gamblers who may be addicted or be likely to face financial or social problems.

Gibraltar has benefited considerably from the influx of offshore betting companies who have decided to make their base on the Rock and does have legisla-

tion in place to police their activities, but with the bulk of gambling revenue coming from the UK it is left to the British regulator to take action.

There is something of a problem for the various betting companies as they need punters to lose as much as possible in order to boost their profits but have to be careful not to 'kill the goose that lays the golden egg.'

Public opinion means a great deal to these companies and if they are considered to be responsible for the break-up of families and leaving individuals bankrupt they will face a significant backlash as well as further fines from the Gambling Commission.

Although these are multi-million pound companies some have suggested they are still trying to develop policies which will identify and protect vulnerable customers but this is a slow process.

Spain is believed to have a huge interest in sports betting but is regulated by the Spanish Gambling Act which prohibits all forms of online betting and bingo, but due to an anomaly in the law, certain provinces can licence this.

## Richest man for hours

ON average, once a year, Amancio Ortega, founder of the Inditex fashion chain is declared the richest man in the world but only for a few hours!

So much depends on the value of shares that the mega-rich own in their companies and the prevailing stock market prices, so for three hours he was estimated to be worth \$85 billion (€71.5 billion) but then his shares dropped.

Sadly at that time he then plummeted to become just the third richest man, behind the usual leader Bill Gates of Microsoft and Amazon boss Jeff Bezos.

One thing is certain however and that is Mr Ortega is without question the richest man in Spain and Europe.

# Losing mental capacity whilst living abroad

**by Stone King**

Charlotte Macdonald

Contact me at [international@stoneking.co.uk](mailto:international@stoneking.co.uk)



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

**“ You can choose a person or people, who you trust, to act for you when you are no longer able.**

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



**An LPA must be made while you have full mental capacity.**

### What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

### Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

### Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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# All I can say is on our own heads be it

**LEAPY LEE SAYS IT**  
OTHERS THINK IT



SOME years ago, a colleague of mine sought to foster a Muslim child.

This was not specifically because of the child's religious background, but merely because due to his circumstances, he appeared to be a lad that would benefit and indeed deserved a bit of TLC and stability in his life.

The boy was a 13-year-old illegal immigrant, who had arrived in Dover, basically in the clothes he stood up in (not even a mobile phone!).

My caring friend decided to do what he could to see the boy had all he needed for a fair start in life - and his offer was indeed a generous one. With a beautiful country home and three children, one already fostered, you would confidently assume that he and his spouse had all the requirements needed to see this young man happily on his way to a brighter future. Wrong!

The lad, bearing a cap, a prayer mat and a Koran, (supplied by the local council adoption authority) duly moved in for a short trial period.



**HOW SAD:** In the end the boy had to move out and return to an institution.

He was warmly welcomed in by a loving family and was obviously extremely happy in his new-found environment.

My friend then set about completing the formalities that were required to foster the child on a more permanent basis. And that's where the prob-

lems began. Before any negotiations could begin, there were a few unshakable ground rules.

One. The boy had to be free to pray five times a day.

Two. He had to have the facilities of a local Mosque on a Friday. Three. He could only be fed on Halal meat. And

four despite my friend wanting to pay for an extremely well-established and expensive local private college, had to ultimately be taken to a Muslim learning facility some miles away.

Somewhat taken aback by this list of requirements my friend attempted to negotiate.

He had no problems with items one and two. However, although he would of course make sure the lad was never offered, or obliged to eat pork, preparing Halal food was far too disruptive to the family's way of life and routine.

As far as the Muslim school was concerned, it was miles away and would present insurmountable problems with school runs etc.

His appeals fell on deaf ears. Compromises were out of the question. In the end the boy had to move out (forgetting to take his Koran I may add!) and return to whatever institution he had emerged from.

Is that sad or what!?! Not only is it sad, it is a positive disgrace when compared to the young white Western girl, who was moved in with a Muslim family, had her cross removed and was made to live with people with whose culture, faith and even language was alien to her.

Yet another example of the West kowtowing to Muslim interests, with utter disregard of our own cultural priorities and sense of fair play. Well, all I can say is on our own heads be it.

*Keep the faith*  
*Love Leapy /*  
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# Having a right to freedom of speech

**Cassandra Nash**

*A weekly look*

- and not entirely impartial reaction - to the Spanish political scene

KING FELIPE and the president of the Spanish government Mariano Rajoy got the bird at the pro-peace, anti-terrorist march in Barcelona.

The placards and banners suggested that this was because Felipe cosied up to the Saudis - who doesn't? - and sweet-talked them into arms deals while Rajoy's government is responsible for Spain's arms sales.

Barcelona mayor Ada Colau and regional vice-president Oriol Junqueras said afterwards the recriminators were only exercising their right to freedom of speech. Maybe, but many spent so much time protesting about the Spanish they forgot why they there were there to begin with.

## Border problem

ANGST and anger about the border



Photo credit: Mariano Rajoy Brey/Twitter

**BOOED: Mariano Rajoy (centre) and King Felipe (second right).**

between northern and southern Ireland is a huge problem that the Brexiters forgot to solve beforehand.

If the Catalan secessionists' wildest dreams come true and turn into their worst nightmare, they will face a similar situation.

Despite hard-done-by insistence to the contrary from the separatists, the region has never endured anything approaching Ireland's troubles. A hypothetical border issue would not stir up murderous centuries-old conflicts but the border problem would exist for an independent Cataluña.

As Brussels has repeatedly told the Catalan government, leaving Spain automatically means leaving the EU.

One more question for Carles Puigdemont and his vice-president Oriol Junqueras to ponder on and answer before October 1. Or, more importantly, on October 2.

## Standing a head taller

THE Spanish population were never close to their monarchs and the

House of Borbon was largely unloved. This was especially true of Spain's Levante and Cataluña which suffered three centuries ago for backing the losers, the Hapsburgs, in the War of Succession.

Many, possibly most, Spaniards are basically republican at heart but softened when Juan Carlos opened the door to democracy after Franco died in 1975. Sentiments hardened after the King Emeritus broke his hip while elephant shooting with his mistress in 2012 in Zimbabwe. The economic crisis was then at its most brutal and it did not improve matters that Juan Carlos was there at the invitation of a Saudi businessman.

His son Felipe VI is regarded with respect and amiable neutrality, plus a general perception that he does his best. But it's easy to see why Catalan republicans dislike him and why the regional president, mop-headed Carles Puigdemont, avoids being photographed with him. Felipe is almost two metres tall and standing beside him at the Barcelona peace marches, Puigdemont barely reached his ear.

## Double objective

BY slaughtering tourists in Turkey and Egypt and compromising the industries that serve them, Daesh and its acolytes and successors achieved two goals.

Much of their tourism has been diverted to formerly secure Spain which, after the Barcelona and Cambrils attacks, now begins to look less safe.

But Spain is not Turkey or Egypt, both of which have politicians whose unspoken sympathies lie with jihad. Spain does not and, unhampered by ambivalence, it can do a more sincere job of protecting the population and tourists than Egypt or Turkey.

Hoteliers' most worrying problem right now is the puny, Brexit-weakened pound sterling which is more likely to deter British tourists than jihadists.



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Advertorial

# Some top tips for keeping your static caravan in a good condition

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• **Upkeep**

The roof is generally the most exposed part, particularly if it's sited near any trees. Despite this people rarely take the time to inspect their roof and often damage is only noticed once it's too late. A routine wash and inspection of the roof and gutters will expose any cracks, meaning you can identify any concerns early to prevent further damage.

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**STATIC CARAVANS.**  
Could be the next up and coming property type to buy in Spain.

• **Security**

It's likely there will be periods throughout the year when your static caravan is left unoccupied.

For long periods of time, take valuable items with you or keep them out of view from the windows to reduce the risk of theft.

At the end of the season some sites recommend you turn off your electricity.

With this in mind, if you're looking to invest in an alarm explore some battery powered devices to ensure it's on 24/7.

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**BBC one**

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Nadiya's British Food Adventure
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	Athletics
4:15pm	Escape to the Country
5:00pm	Final Score
6:20pm	BBC News
6:30pm	Regional News
6:35pm	Weather
6:40pm	Len Goodman's Partners in Rhyme
7:10pm	Pointless
8:00pm	Strictly Come Dancing
9:40pm	BBC News
9:55pm	Weather
10:00pm	Last Night of the Proms
11:30pm	Match of the Day
12:55am	The NFL Show
1:25am	The Rookie
3:25am	Weather for the Week Ahead
3:30am	BBC News

**BBC TWO**

7:15am	How We Won the War
7:45am	Britain's Flying Past
8:45am	Vivacious Lady
10:15am	The Fox and the Child
11:45am	Railways of the Great War with Michael Portillo
12:15pm	Wanted Down Under
1:00pm	Rick Stein's Long Weekends
2:00pm	Coast Australia
2:50pm	Emma
4:45pm	Mastermind
5:15pm	University Challenge
5:45pm	Only Connect
6:15pm	Gardeners' World
7:15pm	The Big Family Cooking Showdown
8:15pm	Last Night of the Proms
10:00pm	X+Y
11:45pm	What Women Want
1:45am	Miss Bala
3:35am	This is BBC Two Highlights of programmes on BBC Two.

**BBC FOUR**

8:00pm	The Brain with David Eagleman
9:00pm	Swarm: Nature's Incredible Invasions Documentary revealing the awe-inspiring world of animal swarms.
10:00pm	Inspector Montalbano Inspector Montalbano investigates cases in the town of Vigata in Sicily.
11:55pm	Top of the Pops
12:30am	Len Goodman's Dance Band Days
1:30am	Andrew Marr on Churchill
2:30am	Bright Lights, Brilliant Minds: A Tale of Three Cities
3:30am	Swarm: Nature's Incredible Invasions Documentary revealing the awe-inspiring world of animal swarms.

**CHANNEL 4**

7:10am	Mobil 1 The Grid
7:35am	Motorsport
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:25am	Frasier
10:30am	The Big Bang Theory
10:55am	The Big Bang Theory
11:25am	The Big Bang Theory
11:50am	The Simpsons
12:20pm	The Simpsons
12:50pm	Come Dine with Me
1:20pm	Come Dine with Me
1:50pm	Come Dine with Me
2:25pm	Come Dine with Me
2:55pm	Come Dine with Me
3:25pm	Big House, Little House
4:30pm	A Place in the Sun
5:30pm	A Place in the Sun
6:35pm	Location, Location, Location
7:30pm	Channel 4 News
8:00pm	Shakespeare's Tomb
9:00pm	Great Canal Journeys
10:00pm	X-Men: First Class
12:40am	The Tourist
2:25am	Ramsay's Kitchen Nightmares USA

**CHANNEL 5**

7:00am	Milkshake!
11:20am	Teenage Mutant Ninja Turtles
11:55am	Make You Laugh Out Loud
12:15pm	Police Interceptors
1:10pm	Police Interceptors
2:10pm	Police Interceptors
3:10pm	Police Interceptors
4:05pm	The Nightmare Neighbour Next Door
5:00pm	The Nightmare Neighbour Next Door
6:00pm	Can't Pay? We'll Take it Away!
7:00pm	Can't Pay? We'll Take it Away!
8:00pm	Cricket on 5
9:00pm	The Great Fire: In Real Time
9:55pm	5 News
10:00pm	Football on 5 The Championship.
11:00pm	Football on 5 Goal Rush.
11:30pm	Hijacked: Terror in the Sky
12:30am	Criminals Caught on Camera

**4**

7:00am	Couples Come Dine with Me
7:50am	Couples Come Dine with Me
8:50am	Coach Trip
9:20am	Coach Trip
9:50am	Coach Trip
10:25am	Coach Trip
10:55am	Coach Trip
11:25am	Made in Chelsea
12:30pm	The Tigger Movie
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
2:55pm	Streetmate
3:30pm	Streetmate
4:00pm	Don't Tell the Bride
5:00pm	The Great British Bake Off
6:15pm	The Great British Bake Off: An Extra Slice
7:05pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The A-Team
12:20am	Naked Attraction
1:20am	Celebs Go Dating
2:25am	Celebs Go Dating

**sky sports main event**

7:00am	Through the Night
8:00am	Good Morning Sports Fans
9:00am	Rugby Union
11:30am	Cricket
12:30pm	Football
4:15pm	Cricket
6:15pm	Football
8:40pm	Football
10:45pm	EFL Goals: Championship A round-up of all the goals and action from the weekend's games in the Sky Bet Championship.
11:15pm	EFL Greatest Games
11:30pm	Football New York City meet Portland Timbers at Yankee Stadium in Major League Soccer.
1:30am	PL Highlights Action from one of Saturday's games in the Premier League.
2:00am	Through the Night
3:00am	Live Fight Night International

**itv**

7:00am	CITV
10:25am	ITV News
10:30am	Saturday Morning with James Martin
12:25pm	Hungry Sailors
1:20pm	ITV News and Weather
1:25pm	The X Factor
2:30pm	ITV Racing: Live from Haydock
5:30pm	The Chase
6:30pm	Local News and Weather
6:40pm	ITV News and Weather
7:00pm	The Family Chase
8:00pm	Cannonball!
9:00pm	The X Factor
10:15pm	The Jonathan Ross Show
11:20pm	ITV News and Weather
11:35pm	United 93
1:40am	Jackpot247 Join the presenters live and play roulette on your telly.
4:00am	Hungry Sailors
4:50am	Nightscreen

**itv2**

7:00am	Emmerdale Omnibus
9:50am	Coronation Street
12:20pm	The X Factor
1:20pm	Celebrity Catchphrase
2:20pm	You've Been Framed Gold!
3:20pm	You've Been Framed Gold!
3:50pm	Paul Bart: Mall Cop
4:50pm	FYI Daily
4:55pm	Paul Bart: Mall Cop
5:45pm	Sweet Home Alabama
6:45pm	FYI Daily
6:50pm	Sweet Home Alabama
7:50pm	The Incredible Hulk
8:50pm	FYI Daily
8:55pm	The Incredible Hulk
10:00pm	American Pie 2
11:05pm	FYI Daily
11:10pm	American Pie 2
12:10am	Family Guy
12:35am	Family Guy
1:05am	Family Guy
1:30am	Family Guy
1:55am	Forgetting Sarah Marshall

**itv3**

7:00am	Murder, She Wrote
7:50am	Murder, She Wrote
8:50am	The Sign of Four
11:10am	The Secret Garden
12:10pm	FYI Daily
12:15pm	The Secret Garden
1:15pm	Columbo
2:50pm	Wycliffe
3:55pm	Foyle's War
6:00pm	Foyle's War Feature-length drama about an enigmatic detective working on the South Coast during World War II.
8:00pm	Midsomer Murders
10:00pm	Foyle's War
12:00am	Agatha Christie's Marple
2:00am	An Audience with Victoria Wood
3:00am	ITV3 Nightscreen Text-based information service.
3:30am	Teleshopping Innovative, value-for-money products brought directly to you at home.

**itv4**

7:00am	Snooker v Darts
7:05am	Motorsport UK
7:55am	Cycling
8:45am	Cycling
9:45am	Pawn Stars
10:15am	ITV Racing: The Opening Show
11:15am	Cycling
4:30pm	Quincy, M.E.
5:30pm	The Professionals
6:35pm	Storage Wars
7:00pm	Storage Wars
7:30pm	Storage Wars
8:00pm	Cycling
9:00pm	Cycling Coverage of a cycling event.
10:00pm	The Gauntlet
11:05pm	FYI Daily
11:10pm	The Gauntlet
12:15am	Double Jeopardy
1:15am	FYI Daily
1:20am	Double Jeopardy
2:30am	Minder
3:25am	Tommy Cooper
3:55am	ITV4 Nightscreen
4:00am	Teleshopping

**sky CINEMA ACTION & ADVENTURE**

8:00am	Master and Commander: The Far Side of the World
10:25am	Sahara
12:35pm	Doctor Strange
2:35pm	Deadpool
4:30pm	The Goonies
6:30pm	True Lies
9:00pm	Doctor Strange
11:00pm	Deadpool
12:55am	300
2:55am	End of Days

**sky CINEMA COMEDY**

11:10am	Talladega Nights: The Ballad of Ricky Bobby
1:15pm	Absolutely Fabulous: The Movie
3:00pm	Mike and Dave Need Wedding Dates
4:45pm	Bridesmaids
6:55pm	The Intern
9:00pm	Absolutely Fabulous: The Movie
10:40pm	Mike and Dave Need Wedding Dates
12:25am	Bridesmaids
2:35am	The Heartbreak Kid

**sky CINEMA PREMIERE**

7:00am	Star Trek Beyond Special
7:30am	Eliminators
9:15am	The Top Ten Show 2017
9:35am	Fantastic Beasts and Where to Find Them
11:50am	Marauders
1:40pm	Passengers
3:40pm	The Dragon Spell
5:10pm	Man Down
6:45pm	Fantastic Beasts and Where to Find Them
9:00pm	Passengers
11:00pm	Marauders
1:00am	Dead End
2:40am	Eliminators
4:25am	Manhattan Night New York neo-noir about a tabloid columnist convinced by a seductive femme fatale to investigate her husband's death.

**sky sports football**

7:00am	EFL Greatest Games
7:15am	EFL Greatest Games
7:30am	SPFL Matters
8:00am	Football
11:15am	SPFL Matters
11:45am	La Liga Icons
12:00pm	La Liga Icons
12:15pm	La Liga Icons
12:30pm	La Liga Icons
12:45pm	La Liga Greatest Games
12:55pm	Football
3:00pm	Gillette Soccer Saturday
4:15pm	Gillette Soccer Saturday
6:15pm	Football
8:40pm	Football
10:45pm	EFL Goals: Championship
11:15pm	EFL Greatest Games
11:30pm	Football
1:30am	MLS Greatest Games
1:35am	Football
3:40am	Football

Advertising feature

# Why install window film?

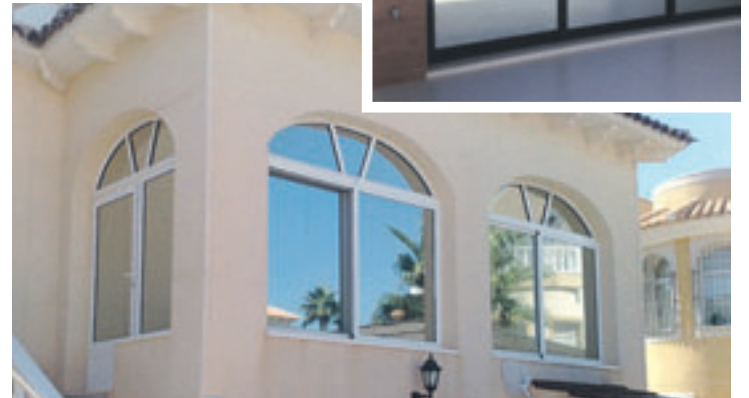
LOOKING to keep your property cooler? Wanting to reduce glare or enhance privacy? Then window film could be the answer as it offers numerous benefits. Here, professional fitters Cool Glass tinting gives seven top reasons why it can improve your property:

*Decreases heat up to 75 per cent:*

Today's solar control window films are highly efficient in reducing the amount of heat that passes through your windows into your home or office. Clear untreated glass blocks only 14 per cent of the sun's energy while solar screen film rejects 75 per cent, increasing the comfort of your property.

*Protection from UV rays up to 99 per cent:*

Solar control film blocks 99 per cent or more of UV rays while also significantly lowering solar heat gain. Reducing these two primary causes of fading helps protect your valuable furnishings.



## WINDOW TINTING: Range of benefits from installing window film.

*Reduce annoying glare up to 85 per cent:*

Direct sunlight is not only annoying but also can be dangerous if it obstructs your vision. Like sunglasses, window film does an excellent job of reducing glare by up to 85 per cent.

*Enjoy energy savings:*

Solar control film can significantly reduce air conditioning bills as it keeps your house or office

cooler, saving you money on your electricity bills.

*Increase privacy:*

Stop prying eyes from seeing into your property through the day. With the mirror finish film you can see out and no one can see in. They also have frosted film for glass balconies.

*Enhance appearance:*

Enhance your exterior of any home or office and get the look you

desire with an extensive range of solar control and decorative films. Cool Glass Tinting has a range of films available from clear to total blackout film.

*Fast and easy:*

At Cool Glass Tinting owner Mark Williams is fully qualified and trained with Ultimate Tinting in the UK before moving to Spain eight years ago. Mark operates a competitive pricing policy and of-

fers free, no obligation quotations and unlimited advice on the type of tinting required.

Solar Screen film applied by Mark of Cool Glass Tinting is easy to clean, requires no special treatment and lasts for 10 years or more.

**Cool Glass Tinting**

**Tel: 608 100 610 or 699 441 876**

**for Spanish and Dutch**

**Visit [www.coolglasstinting.com](http://www.coolglasstinting.com)**

**Email [info@coolglasstinting.com](mailto:info@coolglasstinting.com)**

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**GOOD NEWS FOR YOUR CAR 902 123 309**



**BBC one**

7:00am Breakfast  
8:05am Match of the Day  
9:30am The Andrew Marr Show  
10:30am Athletics  
2:30pm BBC News  
2:40pm Weather for the Week Ahead  
2:45pm Fake or Fortune?  
3:45pm Money for Nothing  
4:30pm Escape to the Country  
5:15pm Points of View  
5:30pm Songs of Praise  
6:05pm Shrek 2  
7:30pm BBC News  
7:50pm Regional News  
7:55pm Weather  
8:00pm Countryfile  
9:00pm Fake or Fortune?  
10:00pm Strike  
11:00pm BBC News  
11:20pm Regional News  
11:25pm Weather  
11:30pm Match of the Day 2  
12:30am People Just Do Nothing  
1:00am The Rebound  
2:30am Weather for the Week Ahead  
2:35am BBC News

**BBC TWO**

7:00am The Instant Gardener  
7:45am Garden Rescue  
8:30am Gardeners' World  
9:30am The Beechgrove Garden  
10:00am Countryfile  
11:00am The Hairy Bikers' Northern Exposure  
12:00pm My Life on a Plate  
12:45pm Lorraine's Fast, Fresh and Easy Food  
1:15pm MOTD2 Extra  
2:00pm Bargain Hunt  
2:45pm Grand Prix  
5:30pm Coast  
6:00pm Flog It!  
7:00pm Athletics  
8:00pm Tribes, Predators and Me  
9:00pm Astronauts: Do You Have What it Takes?  
10:00pm Dragons' Den  
11:00pm Best Album 2017: Meet the Mercury Prize Nominees  
11:30pm Broken  
12:55am False Trail  
3:00am Countryfile  
3:55am Holby City  
4:55am This is BBC Two

**BBC FOUR**

8:00pm The Making of King Arthur  
9:00pm The Joy of (Train) Sets  
The Model Railway Story.  
10:00pm Horizon  
11:00pm The Sky at Night  
A look at the world of astronomy.  
11:30pm The 21st Century Race for Space  
12:30am Horizon  
Professor Brian Cox takes a global journey in search of the energy source of the future.  
1:30am Precision: The Measure of All Things  
Documentary exploring why we are driven to measure and quantify the world.  
2:30am Horizon  
3:30am The Joy of Sets: The Model Railway Story

**CHANNEL 4**

7:00am Last Man Standing  
7:25am Last Man Standing  
7:45am Everybody Loves Raymond  
8:10am Everybody Loves Raymond  
8:35am Everybody Loves Raymond  
9:00am Frasier  
9:30am Frasier  
10:00am Frasier  
10:30am Sunday Brunch  
1:30pm The Simpsons  
1:55pm The Simpsons  
2:25pm The Simpsons  
2:50pm The Core  
5:20pm The Crystal Maze  
6:25pm The Great British Bake Off  
7:40pm Channel 4 News  
8:00pm Amazing Spaces  
Shed of the Year/4  
9:00pm From Russia to Iran: Crossing the Wild Fire  
10:00pm Kingsman: The Secret Service  
12:35am Sin City: A Dame to Kill For  
2:25am Bruce Springsteen  
3:50am Gillette World Sport

**CHANNEL 5**

7:00am Milkshake!  
11:00am Teenage Mutant Ninja Turtles  
11:35am Football on 5  
12:30pm Football on 5  
Goal Rush.  
1:00pm Traffic Cops  
2:00pm Traffic Cops  
3:00pm Traffic Cops  
4:05pm Traffic Cops  
5:05pm Traffic Cops  
6:05pm Traffic Cops  
8:00pm Cricket on 5  
Highlights coverage of England's summer season begins on 20th May 2014 on Channel 5.  
9:00pm Aviva Premiership Rugby Highlights  
9:55pm 5 News  
The latest news coverage.  
10:00pm All New Shocking Moments in Pop  
12:55am The Last Hours of Elvis Presley  
1:55am Super Casino  
4:10am Liberace: In Life and Death

**4**

7:00am Kevin Can Wait  
7:25am Couples Come Dine with Me  
8:25am Couples Come Dine with Me  
9:25am Hollyoaks Omnibus  
12:00pm Made in Chelsea  
1:00pm Don't Tell the Bride  
2:00pm Streetmate  
2:35pm Streetmate  
3:05pm Robots  
4:55pm Toy Story Toons  
5:05pm The Goldbergs  
5:35pm The Goldbergs  
6:05pm The Big Bang Theory  
6:30pm The Big Bang Theory  
7:00pm The Big Bang Theory  
7:30pm The Big Bang Theory  
8:00pm The Big Bang Theory  
8:30pm The Big Bang Theory  
9:00pm The Big Bang Theory  
9:30pm The Big Bang Theory  
10:00pm Bad Teacher  
11:50pm Naked Attraction  
12:50am Gogglebox  
1:55am Celebs Go Dating  
2:55am Celebs Go Dating  
3:55am Don't Tell the Bride  
4:45am Hollyoaks Omnibus

**sky sports main event**

7:00am Through the Night  
8:00am Total Goals  
9:00am Total Goals  
10:00am Total Goals  
11:00am Cricket  
4:30pm Live Nissan Super Sunday  
Swansea City take on Newcastle United at the Liberty Stadium in the Premier League.  
7:00pm Live NFL: Tampa Bay @ Miami  
Miami Dolphins take on the Tampa Bay Buccaneers at the Hard Rock Stadium in the NFL.  
10:00pm Live NFL: Seattle @ Green Bay  
Green Bay Packers take on Seattle Seahawks at Lambeau Field in the NFL.  
2:00am Live NFL: NY Giants @ Dallas  
5:30am PL Highlights  
Action from one of Saturday's games in the Premier League.

**itv**

7:00am CITV  
10:25am ITV News  
10:30am Judge Rinder  
11:25am The Chase  
12:25pm Long Lost Family  
1:20pm ITV News and Weather  
1:30pm Bear Grylls' Survival School  
2:00pm You've Got Mail  
4:15pm The X Factor  
5:30pm Victoria  
6:30pm Local News and Weather  
6:40pm ITV News and Weather  
7:00pm Tipping Point  
8:00pm Coronation Street  
9:00pm The X Factor  
10:00pm Victoria  
11:05pm ITV News and Weather  
11:20pm Judge Rinder's Crime Stories  
12:20am Five Gold Rings  
1:20am Jackpot247  
4:00am Motorsport UK  
4:50am Nightscreen

**itv2**

7:15am Totally Bonkers  
Guinness World Records  
7:35am You've Been Framed Gold!  
8:25am Coronation Street  
Omnibus  
11:00am Guidance  
11:30am L.A. Story  
11:45am Cheerleaders Steel Rays  
12:10pm Ready, Set, Style  
12:20pm Third Wheel  
12:50pm The X Factor  
2:05pm Take Me Out  
3:10pm You've Been Framed Gold!  
3:40pm Beethovens 2nd  
4:40pm FYI Daily  
4:45pm Beethovens 2nd  
5:25pm Step Up 2: The Streets  
6:25pm FYI Daily  
6:30pm Step Up 2: The Streets  
7:25pm King Kong  
8:25pm FYI Daily  
8:30pm King Kong  
11:00pm Family Guy  
12:30am Family Guy

**itv3**

7:00am The Sign of Four  
9:05am Heartbeat  
10:10am Heartbeat  
11:15am Murder, She Wrote  
12:20pm Murder, She Wrote  
1:25pm Wycliffe  
2:30pm Columbo  
4:05pm Carry on Matron  
5:10pm FYI Daily  
5:15pm Carry on Matron  
5:55pm Agatha Christie's Marple  
8:00pm Midsomer Murders  
10:00pm Sunday Night at the Palladium  
11:00pm An Audience with Victoria Wood  
12:10am Foyle's War  
2:10am The Knock  
3:05am The Knock  
4:00am Wycliffe  
4:55am Griff's Great Britain  
5:20am Griff's Great Britain  
5:45am Judge Judy  
The Emmy nominated reality courtroom series, presided over by outspoken family court judge.

**itv4**

7:00am Football's Greatest  
7:10am Storage Wars  
7:35am Storage Wars  
8:00am World Endurance Series 2017  
8:55am Cycling  
9:55am River Monsters  
10:25am Hat-Trick Heroes  
10:45am Cycling  
11:45am Cycling  
5:00pm Pawn Stars  
5:30pm Pawn Stars  
6:00pm The Pink Panther  
7:00pm FYI Daily  
7:05pm The Pink Panther  
8:30pm River Monsters  
9:00pm Cycling  
10:00pm Car Crash Britain  
11:00pm Cycling  
12:05am United 93  
1:10am FYI Daily  
1:15am United 93  
2:15am Halloween H2O: 20 Years Later  
3:15am FYI Daily  
3:20am Halloween H2O: 20 Years Later  
3:45am ITV4 Nightscreen  
4:00am Teleshopping

**sky CINEMA ACTION & ADVENTURE**

7:00am Batman Forever  
9:10am Rocky  
11:20am X-Men: Apocalypse  
1:55pm Braveheart  
5:00pm xXx2: The Next Level  
6:50pm Rocky  
9:00pm X-Men: Apocalypse  
11:30pm Hanna  
1:30am Rambo  
3:05am Underworld  
5:10am The Next Karate Kid

**sky CINEMA COMEDY**

8:20am Welcome to Me  
10:00am The House Bunny  
11:45am The Top Ten Show 2017  
12:00pm Uncle Buck  
1:45pm Popstar: Never Stop Never Stopping  
Keanu  
3:25pm Keanu  
5:10pm 27 Dresses  
7:10pm Uncle Buck  
9:00pm Popstar: Never Stop Never Stopping  
Keanu  
10:35pm Keanu  
12:20am Beverly Hills Cop

**sky CINEMA PREMIERE**

7:00am The Dragon Spell  
8:40am The Top Ten Show 2017  
9:00am Fantastic Beasts and Where to Find Them  
Harry Potter spin-off about a wizarding Brit who arrives in 1920s New York with a bagful of magical beasts.  
11:15am Rage  
1:00pm Passengers  
3:00pm Passengers: Special  
3:15pm Marauders  
5:05pm Fantastic Beasts and Where to Find Them  
Rage  
7:25pm Rage  
9:00pm Passengers  
11:00pm Marauders  
1:00am Manhattan Night  
3:05am Dead End  
4:45am Man Down  
Hard-hitting drama about a battle-scarred US Marine tormented by his time in Afghanistan.

**sky sports football**

10:00am EFL Goals: League One and League Two  
10:30am The Sunday Supplement  
12:00pm Football  
2:00pm La Liga Highlights: Real Madrid  
2:15pm La Liga Highlights: Barcelona  
2:30pm La Liga Icons  
3:30pm La Liga Highlights: Real Madrid  
3:45pm La Liga Highlights: Barcelona  
4:00pm La Ligas Greatest Games  
4:10pm Football  
6:10pm La Liga Icons  
6:25pm Football  
8:30pm La Ligas Greatest Games  
8:40pm Football  
10:45pm La Liga Icons  
11:00pm Best Goals La Liga Goals 2016/17  
12:00am La Liga Highlights: Real Madrid  
12:15am La Liga Highlights: Barcelona  
12:30am Football Years



# YOUR PAPER - YOUR VOICE - YOUR OPINION

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## Cool welcome despite the sun

DO the airport workers along with the taxi men who are threatening strike action really care about Spain's tourists?

While I enjoy visiting Spain on a frequent basis, I am not so in love with the place that I am not tempted to think of seeking a new destination where I will be welcomed properly, not by industrial action that can ruin visits.

Visiting from Germany I have many options where to spend my money, and while sunshine will always be high on my priorities, Greece, Turkey and Cyprus all have plenty to offer, and without the threat of regular worker walkouts.

*Willi Schneider,  
Berlin*

### In the dumps

BENALMADENA Council has willingly designated a site on which the owner/developer planned a school

### Bumpy ride

**I WILL be 75 in November and do a fair bit of cycling on my mountain bike.**

**My favourite route is around Guadalmar near Malaga and I would like to send a message to the traffic chiefs to please put signs up advising motorists of cyclists in the area, who number hundreds at weekends.**

**I am afraid that a lot of motorists also don't know of the law that when passing bikes drivers should leave a gap of 1.5 metres.**

**I have lost count of the times I have been nearly knocked off**



Photo credit Ayuntamiento de Malaga

**| NO SIGNS: Guadalmar can be a dangerous place to ride.**

**my bike, especially when I consider myself a careful cyclist. I know there are also thoughtless bikers out there with no helmets or ear phones, and some even using their mobiles.**

**This is a request to towns on the Costa del Sol to PLEASE erect signs to warn motorists of cyclists in their area!**

*James Hogan, Torremolinos*

and a public park, for a rubbish dump.

Over 5,000 residents live in the area affected by this ridiculous decision, close to Torrequebrada Golf and Bil Bil golf club, near Xanit and Alto Resolution Hospitals.

No way would this be allowed to happen in Marbella!

*Brian Johnston,  
Benalmadena*

### Seeing red

THIS regards to your online and print articles on the preparations in Bunol, Valencia, for its annual La Tomatina food fiesta, described as the world's largest food fight.

I am totally against such an event as a huge waste of food when so many people globally suffer from malnutrition and starvation.

The tomatoes should instead be distributed to the poorest areas in Spain.

*Raphaelle Henault,  
Canada*

### HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

## Brits brawl on Alicante flight

Typical Brits! Why were they not arrested? *Roy Peters*

And from all accounts was not arrested, she was allowed into baggage claim where another fight broke out with her and another woman

*Susan Banks*

Why spoil things for everyone? Next thing, people will say don't sell alcohol anywhere, in case someone drinks and drives! Simple answer is, return them on the next flight, to be met by the home country police. Arrested and passport confiscated. Taken to court, fined or imprisoned and banned from flying for a period of time, just like drink driving. Then normal people can enjoy their trip and the guilty ones pay for it.

*Peter Boat*

### Balearic council doubles tourism tax

My family have been stopping in the Hotel Santa Lucia Palma Nova for 30 years. After reading your story about the increase in tourist tax we will be looking elsewhere to go for our holiday.

*Leonard Peleszok*

### Comments from EWN online

No I do not agree. All those tourists spend money in all sort of establishments what in turn creates employment. Brings in other taxes etc. Bad move! *Edith*

*Farminer*

By my calculation that's €168 extra on the bottom line on a family of four (teenagers) for two weeks in the Balearics. How long will it be before the said tourists look to Greece, Turkey, Portugal, Cyprus for thier two weeks in the sun. You can be gone 'cocky' when times are good but sometimes it's too late to try to recapture those lost tourists when they've holidayed elsewhere for a lot less.

*Gordon Hulme*

### Police hold Saudi royals at gunpoint

Just seen the Saudi royal families 747 land at Malaga this afternoon. Guess the holiday has been cut short?

*David*

So armed security turn up in a foreign country without the right qualifications and that's meant to be ok because you are spending a lot of money . Good for you.

*Spain. Philip Ashby Rudd*

### Chris Froome increases La Vuelta lead

Great by Sky, they deserve their wins, but the TV also shows that cheating is still rife in cycling as well as riders being totally unaware of what is going on around them even creating crashes on wide open roads and taking out their own team mates. What chance do we have on the N340 when the local cyclists mimic the professionals, wobbling about and riding three abreast totally unaware of other road users

*Philip Hanson*

### easyJet new hand luggage in hold option takes off

Or they could just revert back to not charging extortionate prices for hold luggage! Problem solved. Not rocket science is it?

*Lindsay Rose Roberts*

### Dear Leapy

JUST for once I might have to agree with you on your piece regarding spoiled children.

The theory of what the Americans have today, we have tomorrow comes in to play here. Blame them for their out pouring of dross, parcelled, neatly packaged and sent over for the Brits to adopt. Screaming, whooping, life coaches, ambulance chasing, false claims, stress not to mention hundreds of other pathetic reasons to mollycoddle our young things.

Proms at school? Why I even hear it has started when leaving primary now, children hiring a limo and going to that burger place, you know the one it starts with an M. Children ruined, always being told they are great at everything, good encouragement, I agree but when they get older and find out they are not, it's a big blow.

The moral of the story is blame America and in a lot of cases the parents.

*Phil,  
San Fulgencio*



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**BBC one**

7:00am Breakfast  
 10:15am Council House  
 Crackdown  
 11:00am Homes Under the Hammer  
 12:00pm Dom on the Spot  
 12:45pm Thief Trackers  
 1:15pm Bargain Hunt  
 2:00pm BBC News  
 2:30pm Regional News  
 2:45pm Doctors  
 3:15pm The Boss  
 4:00pm Escape to the Country  
 4:45pm Garden Rescue  
 5:30pm Celebrity Money for Nothing  
 6:15pm Pointless  
 7:00pm BBC News  
 7:30pm Regional News  
 8:00pm The One Show  
 8:30pm Rip Off Britain  
 9:00pm Celebrity MasterChef  
 10:00pm How to Stay Young  
 11:00pm BBC News  
 11:30pm Regional News  
 11:40pm Weather  
 11:45pm A Question of Sport  
 12:15am Live From the BBC  
 12:45am Who Do You Think You Are?

**BBC TWO**

7:00am Flog It!  
 7:30am Council House  
 Crackdown  
 8:15am Garden Rescue  
 9:00am World's Busiest Cities: Hong Kong  
 10:00am Victoria Derbyshire  
 12:00pm BBC Newsroom Live  
 12:30pm The Daily Politics  
 2:00pm For What It's Worth  
 2:45pm Coast  
 3:00pm Glorious Gardens From Above  
 3:45pm Who Do You Think You Are?  
 4:45pm Great British Railway Journeys  
 5:15pm Human Planet  
 6:15pm Flog It!  
 7:00pm Richard Osman's House of Games  
 7:30pm Eggheads  
 8:00pm This Farming Life  
 9:00pm World's Busiest Cities  
 10:00pm Mountain  
 11:00pm The Other One  
 11:30pm Newsnight  
 12:10am Weather  
 12:15am Horizon  
 1:15am Panorama  
 1:45am Who Do You Think You Are?

**BBC FOUR**

8:00pm Beyond 100 Days  
 8:30pm Brushing Up on...  
*Danny Baker turns his attention to Britain's towers, those soaring structures that loom loftily above us but about which little is known.*  
 9:00pm Everyday Eden: A Potted History of the Suburban Garden  
 10:00pm Andrew Marr's The Making of Modern Britain  
 11:00pm Sound Waves: The Symphony of Physics  
 12:00am Britain in Focus: A Photographic History  
 1:00am Hidden Histories: Britain's Oldest Family Businesses  
 2:00am How to be Bohemian with Victoria Coren Mitchell  
 3:00am Everyday Eden: A Potted History of the Suburban Garden  
 4:00am Sound Waves: The Symphony of Physics

**CHANNEL 4**

7:00am Countdown  
 7:45am King of Queens  
 8:10am King of Queens  
 8:35am King of Queens  
 9:00am Everybody Loves Raymond  
 9:30am Everybody Loves Raymond  
 10:00am Frasier  
 10:35am Frasier  
 11:05am Ramsay's Kitchen Nightmares USA  
 12:00pm Coast v Country  
 1:00pm Channel 4 News  
 1:05pm Couples Come Dine with Me  
 2:05pm French Collection  
 3:10pm Countdown  
 4:00pm Cheap Cheap Cheap  
 5:00pm A Place in the Sun  
 6:00pm Come Dine with Me  
 7:00pm The Simpsons  
 7:30pm Hollyoaks  
 8:00pm Channel 4 News  
 9:00pm Location, Location, Location  
 10:00pm Grand Designs  
 11:00pm Back  
 11:35pm The Secret Life of the Holiday Resort  
 12:35am Educating Greater Manchester

**CHANNEL 5**

10:15am The Wright Stuff  
 12:15pm Can't Pay? We'll Take it Away!  
 1:10pm 5 News  
 1:15pm The Hotel Inspector  
 2:10pm Access  
 2:15pm Home and Away  
 2:45pm Neighbours  
 3:20pm The Mentalist  
 4:15pm Wall of Silence  
 6:00pm 5 News  
 6:30pm Neighbours  
 7:00pm Home and Away  
 7:30pm 5 News  
 8:00pm Starting Up Starting Over  
 9:00pm GPs: Behind Closed Doors  
 10:00pm Can't Pay? We'll Take it Away!  
 11:00pm Most Shocking TV Moments  
*Entertainment series counting down the most shocking TV moments.*  
 1:55am Super Casino  
 4:10am Hotel Inspector: Checking in, Checking Out  
 5:00am Criminals Caught on Camera  
 5:45am House Doctor

**4**

8:00am Made in Chelsea  
 9:00am Melissa and Joey  
 9:30am Melissa and Joey  
 10:00am 2 Broke Girls  
 10:30am 2 Broke Girls  
 11:00am Baby Daddy  
 11:30am Baby Daddy  
 12:00pm How I Met Your Mother  
 12:30pm How I Met Your Mother  
 1:00pm The Goldbergs  
 1:30pm The Goldbergs  
 2:00pm The Big Bang Theory  
 2:30pm The Big Bang Theory  
 3:00pm Melissa and Joey  
 3:30pm Melissa and Joey  
 4:00pm Baby Daddy  
 4:30pm Baby Daddy  
 5:00pm 2 Broke Girls  
 5:30pm 2 Broke Girls  
 6:00pm The Goldbergs  
 6:30pm The Goldbergs  
 7:00pm The Big Bang Theory  
 7:30pm The Big Bang Theory  
 8:00pm Hollyoaks  
 8:30pm Coach Trip  
 9:00pm My Hotter Half  
 9:35pm My Hotter Half  
 10:00pm Don't Tell the Bride  
 11:00pm Celebs Go Dating  
 12:05am The Big Bang Theory  
 12:35am The Big Bang Theory

**sky sports main event**

7:00am Good Morning Sports Fans  
 7:30am Good Morning Sports Fans  
 8:00am Good Morning Sports Fans  
 8:30am Good Morning Sports Fans  
 9:00am Good Morning Sports Fans  
 9:30am Good Morning Sports Fans  
 10:00am Good Morning Sports Fans  
 11:00am Premier League Daily  
 12:00pm Sky Sports Now  
 1:00pm Sky Sports Today  
 2:00pm Sky Sports Today  
 3:00pm Sky Sports Today  
 4:00pm Sky Sports Today  
 5:00pm Sky Sports Today  
 6:00pm SKY Sports News  
 7:00pm SKY Sports News  
 8:00pm Sky Sports Tonight  
 8:30pm Gillette Soccer Special  
 11:00pm The Debate - Live  
 12:00am Through the Night  
 1:00am Through the Night  
 2:00am Through the Night  
 3:00am Through the Night  
 4:00am Through the Night  
 5:00am Through the Night

**itv**

7:00am Good Morning Britain  
 9:30am Lorraine  
 10:25am The Jeremy Kyle Show  
 11:30am This Morning  
 1:30pm Loose Women  
 2:30pm ITV Lunchtime News  
 3:00pm Judge Rinder  
 4:00pm Dickinson's Real Deal  
 5:00pm Tipping Point  
 6:00pm The Chase  
 7:00pm Local News and Weather  
 7:30pm ITV Evening News  
 8:00pm Emmerdale  
 8:30pm Coronation Street  
 9:00pm Love Your Home and Garden  
 10:00pm Long Lost Family  
 11:00pm ITV News  
 11:40pm UEFA Champions League Highlights  
*Highlights of the latest UEFA Champions League action.*  
 1:10am Play to the Whistle  
 1:40am Jackpot247  
 4:00am May the Best House Win  
 4:50am Nightscreen

**itv2**

8:15am Below Deck  
 9:00am Emmerdale  
 9:30am Coronation Street  
 10:00am Coronation Street  
 10:30am The Ellen DeGeneres Show  
 11:20am Below Deck  
 12:15pm Dress to Impress  
 1:20pm Emmerdale  
 1:50pm Coronation Street  
 2:20pm Coronation Street  
 2:50pm The Ellen DeGeneres Show  
 3:45pm The Jeremy Kyle Show  
 4:50pm The Jeremy Kyle Show  
 5:55pm The Jeremy Kyle Show  
 7:00pm Dress to Impress  
 8:00pm You've Been Framed Gold!  
 8:30pm You've Been Framed Gold!  
 9:00pm Two and a Half Men  
 9:30pm Two and a Half Men  
 10:00pm Hot Fuzz  
 11:05pm FYI Daily  
 11:10pm Hot Fuzz  
 12:25am Family Guy  
 12:55am Family Guy  
 1:25am American Dad!  
 1:55am American Dad!

**itv3**

7:00am Judge Judy  
 7:20am Judge Judy  
 7:40am Heartbeat  
 8:40am Where the Heart is  
 9:40am Wild at Heart  
 10:40am Judge Judy  
 11:10am Judge Judy  
 11:40am Judge Judy  
 12:05pm Rising Damp  
 12:35pm On the Buses  
 1:05pm On the Buses  
 1:40pm Griff's Great Britain  
 2:10pm Heartbeat  
 3:15pm Doc Martin  
 4:15pm Wild at Heart  
 5:20pm On the Buses  
 5:50pm On the Buses  
 6:20pm Rising Damp  
 6:55pm Heartbeat  
 8:00pm Murder, She Wrote  
 9:00pm Foyle's War  
 11:05pm Law and Order: UK  
*Crime drama based on the hit US series Law and Order.*  
 12:05am Lightfields  
 1:05am Colditz  
 2:55am Rising Damp  
 3:20am ITV3 Nightscreen  
 3:30am Teleshopping

**itv4**

7:00am The Car Chasers  
 7:45am Pawn Stars  
 8:05am Pawn Stars  
 8:30am The Saint  
*Simon Templar is a debonair master thief with a talent for disguise.*  
 9:35am Ironside  
 10:40am Quincy, M.E.  
 11:40am Minder  
 12:45pm The Avengers  
 1:50pm The Saint  
 2:50pm Ironside  
 3:55pm Quincy, M.E.  
 5:00pm Minder  
 6:00pm The Avengers  
 7:05pm The Car Chasers  
 8:00pm Pawn Stars  
 8:30pm British Superbike Highlights  
 10:00pm On Her Majesty's Secret Service  
 11:10pm FYI Daily  
 11:15pm On Her Majesty's Secret Service  
 12:55am Exit Wounds  
 1:55am FYI Daily  
 2:00am Exit Wounds  
 3:00am Ax Men  
 3:45am ITV4 Nightscreen  
 4:00am Teleshopping

**sky CINEMA ACTION & ADVENTURE**

7:00am Charlie's Angels  
 8:45am The Karate Kid, Part II  
 10:45am Tarzan  
 12:45pm Smokey and the Bandit  
 2:30pm Master and Commander  
 4:50pm G.I. Joe: The Rise of Cobra  
 6:50pm Spider-Man 2  
 9:00pm Tarzan  
 11:00pm Green Zone

**sky CINEMA COMEDY**

7:00am The Top Ten Show 2017  
 7:20am The Naked Gun 3 1/3: The Final Insult  
 8:50am Stakeout  
 10:55am Gremlins  
 12:50pm Bridesmaids  
 3:05pm Ghostbusters  
 5:05pm Drillbit Taylor  
 7:00pm Couples Retreat  
 9:00pm Bridesmaids  
 11:15pm Ghostbusters  
 1:15am Grimsby  
 2:45am Ali G Indahouse  
 4:20am Mr. Right

**sky CINEMA PREMIERE**

7:00am Ordinary World  
 8:45am Goldstone  
 10:50am Marauders  
 12:50pm Passengers  
 2:55pm Passengers: Special  
 3:10pm Rage  
*Baseball drama about a hot-prospect pitcher tormented by his abusive dad.*  
 4:50pm Fantastic Beasts and Where to Find Them: Special  
 5:20pm Ordinary World  
 7:00pm Marauders  
 9:00pm Passengers  
 11:00pm Tanna  
 1:00am Goldstone  
 3:05am Dead End  
 4:45am Rage  
*Baseball drama about a hot-prospect pitcher tormented by his abusive dad.*

**sky sports football**

11:00am Revista de la Liga  
 11:30am La Liga World  
 12:00pm Football Years  
 12:30pm Football Countdowns  
 1:00pm Revista de la Liga  
 1:30pm La Liga World  
 2:00pm Football's Greatest Teams  
 2:30pm Football's Greatest Teams  
 3:00pm MLS Round Up Show  
 3:30pm SPFL Round Up 2017/18  
 3:45pm SPFL Greatest Games  
 4:00pm Football's Greatest Teams  
 4:30pm Football's Greatest Teams  
 5:00pm EFL Greatest Games  
 5:15pm EFL Greatest Games  
 5:30pm SPFL Greatest Games  
 5:45pm SPFL Greatest Games  
 6:00pm Football Years  
 6:30pm Football Countdowns  
 7:00pm La Liga Icons  
 7:15pm La Liga Icons  
 7:30pm Revista de la Liga  
 8:00pm La Liga World  
 8:30pm Gillette Soccer Special  
 11:00pm Eredivisie  
 12:00am MLS Round Up Show

# Give us a break from this barmy battle of the buns!

**Nora Johnson**  
*Breaking Views*

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to [www.euroweeklynews.com/3.0.15/nora-johnson](http://www.euroweeklynews.com/3.0.15/nora-johnson)

I THOUGHT the silly season was still with us when I just read about the slew of cookery shows about to explode on TV. But no! The coming season sees the launch of the all-new Great British Bake Off, The Big Family Cooking Show-down, Celebrity Masterchef, Jamie's Quick and Easy Food, Nadiya's British Food Adventure, Britain's Best Cook and Nigella Lawson's At My Table.

I used to love 'cooking programmes' - now just repetitive, clichéd and usually bor-



Photo Credit Channel 4

**TEDIOUS:** GBBO presenters Noel Fielding and Sandi Toksvig with judges Paul Hollywood and Prue Leith.

ing. Fanny and Johnnie (Cradock), not to mention Keith Floyd (quick slurp!), must be turning in their graves.

The irony is that at the same time as an explosion in 'cookery shows' there is evidence of less cooking of meals at home. Why are so many readymade meals sold and restaurants

overflowing? People like looking at other people doing it?

Is the current obsession with articles and TV programmes about food a symptom or a cause of the fact that so many of us are, err, overweight?

But hang on! Haven't programmers missed a trick? How about 'Game of Scones' or 'A Question of Spork' or 'T' was Better When I Was Young,' a show celebrating the lack of fresh ingredients and 'exotic' foods like garlic, avocados etc? (Vesta and Angel Delight products would feature prominently.) Maybe there's even scope for one of those Anthony Bourdain-style TV stopover food shows. I can see it now. 'Gordon Ramsay: Twelve Hours in...' Shetland? Orkney? The Outer Hebrides?

Bored rigid by the sheer number of these programmes for ages now, I hardly ever watch any of them. (Hardly surprising so many of us are joining Amazon and Netflix - maybe indigestion due to a surfeit of 'cooking' shows?). Especially the baking ones which bring to mind the old Shirley Conran maxim ('Life's too short to stuff a mushroom') from way back, when women weren't expected to be domestic dogsbodies and encouraged to get a real life. Ah, where have those days gone?

Nora Johnson's 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' ([www.norajohnson.net](http://www.norajohnson.net)) available from Amazon. Profits to Cudeca.

## THURSDAY THOUGHTS

By Stewart Gow, Cutar, Axarquia

### As a general rule

'All generalisations are wrong, including this one.'

This quotation attributed to Mark Twain, is an intriguing logic puzzle. Perhaps it hints, generalisations are sometimes correct? Of course they can be. If I said, 'I am alive,' that is true. So what's wrong with generalisations? Can they trap our thinking into making statements that sound reasonable but are not?

Take the word, 'immigrant' as a current example. Are immigrants to a country going to bring problems or solutions? The more detailed the questions you ask the more complexity of thinking is needed. Are economic migrants desirable in a country not needing extra workers? Is an economy held back by losing skilled workers originally from other countries? Who enforces migration? Where are immigrants from? The questions are practically unlimited and yet a bigot will simplify the answer to 'immigrants go home.'

Think of the infamous Brexit question. Was anyone invited to discuss why this question was being asked? Did anyone debate how referendums should be run and what proportion of the vote constitutes clear public opinion? Did anyone present facts in the debate prior to the vote, which are now known?

Governance is by definition simplifying complexity to enable broad decisions to be made. However without a debate and consequent understanding of important details, the question is flawed because the answer will not be factual. Socrates believed voters should be educated and informed otherwise the democratic process will reach uninformed conclusions.

Let us not be fooled by thinking we understand things. We don't and that, unfortunately, is a generalisation which is true.

Readers interested in submitting articles for this guest column should send articles of around 300 words on topics felt to be of interest to the cosmopolitan EWN readership to [editorial@euroweeklynews.com](mailto:editorial@euroweeklynews.com).

## LEGALLY SPEAKING

### Stay cool on the road

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torre Vieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



Photo credit: autofaciles

**SUMMER HEAT:** Tempers can become easily frayed.

BEING comfortable when driving is essential to staying safe on the roads, as when we feel uncomfortable the situation can lead to distractions. If we start to feel too warm or overheated, this can lead to lethargy which can also be potentially deadly when driving.

In order to stay cool try and keep the car as cool as possible. If you have a garage or shaded area for your vehicle use it, or try and park under a tree or shadow of the building, remembering the sun moves round throughout the day so make the most of where the shadow will be. However, be aware that parking under trees can result in deposits from birds or even the sap of the tree itself so ensure windscreens are clean before driving off.

Use reflective screens on your windows when the vehicle is parked to help reduce the build up of heat. It is quite common for the in-

terior of a car to reach 10 degrees more than outside quite quickly, so remember this and never leave animals or humans inside vehicles.

Many modern vehicles are equipped with air conditioning which can help keep the vehicle at a more comfortable level, but remember to get it checked and gassed to ensure optimum performance.

It is also advisable to try and avoid driving at the hottest time of the day when possible. Driving at sunrise and sunset can also pose a problem largely because of the position of the sun which can cause extreme glare and dazzle leaving drivers temporarily blinded by the sun.

Remember summer can also bring extra vehicles on the road and when temperatures rise, so can tempers. Always try and remain calm and alert as tempers can become easily frayed with increased incidents of road rage.

For more news and articles visit [www.n332.es](http://www.n332.es) or search N332 on Facebook.

### Can one owner enlarge his door?

**Q.** If an owner wishes to enlarge the French doors, such action would alter the facade of the block. Does he need the agreement of the adjacent owners? Does he need permission from the Community? Does it

need a unanimous vote or 60 per cent of all owners present or represented? If the work was done without the agreement of the owners, what action can be taken against the owner?

P S (By email)

**A.** Properly, an owner who wishes to enclose his terrace or enlarge his glass doors must seek the permission of the Community. This permission requires a 60 per cent vote of owners present or represented in favour. Until 2013, this required a

**David Searl**  
*You and the Law in Spain*



unanimous vote. Properly, the owner should also have a building permit from the town hall. Permission from the neigh-

bours is not necessary. If the owner carries out the work without permission, the Community can obtain a court order to restore the original condition of the door or terrace.

They should also seek court costs against the offending owner.

Send your questions for David Searl through lawyers Ubada-Retana & Associates in Fuengirola at [Ask@lawtaxpain.com](mailto:Ask@lawtaxpain.com), or call 952 667 090.

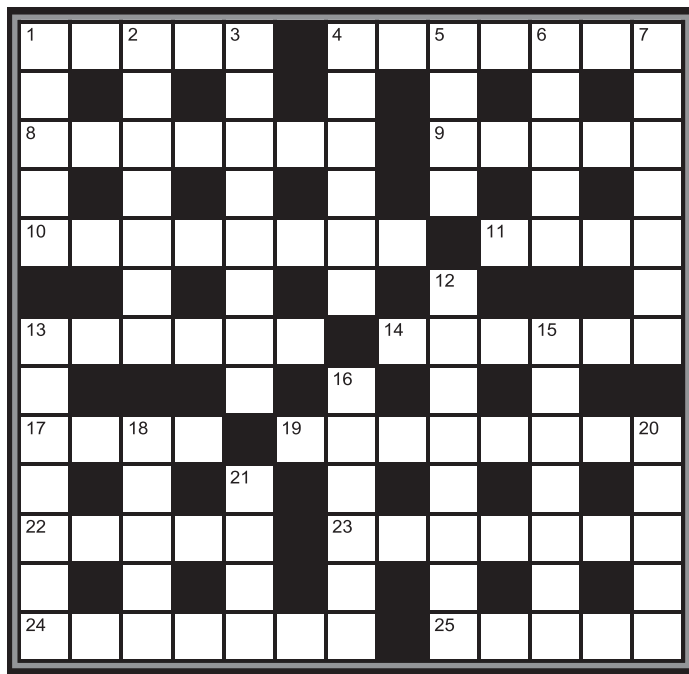
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**Cryptic**

- Across**  
 1 Praise being late out, about 10 (5)  
 4 Agreeable weather forecast but fear it's wrong (3,4)  
 8 Refuse to leave book in service station (7)  
 9 River in industrial heartland (5)  
 10 Residential areas, surely part of rally (8)  
 11 Not quite prepare to deliver (4)  
 13 Resourceful club opens bar (6)  
 14 Lashes out in scuffle (6)  
 17 Small and frequently gentle (4)  
 19 In the interim, meet main engineer (8)  
 22 Die surrounded by gold? Goodbye (5)  
 23 Allowed to be clever in the end (7)  
 24 Give the right back, some felt it needed it (7)  
 25 Discourage in foreign trade territory (5)

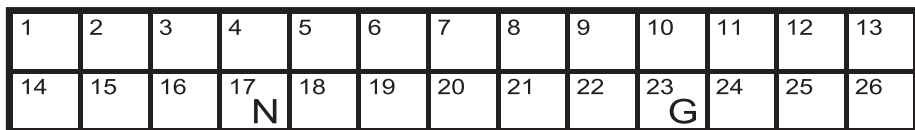
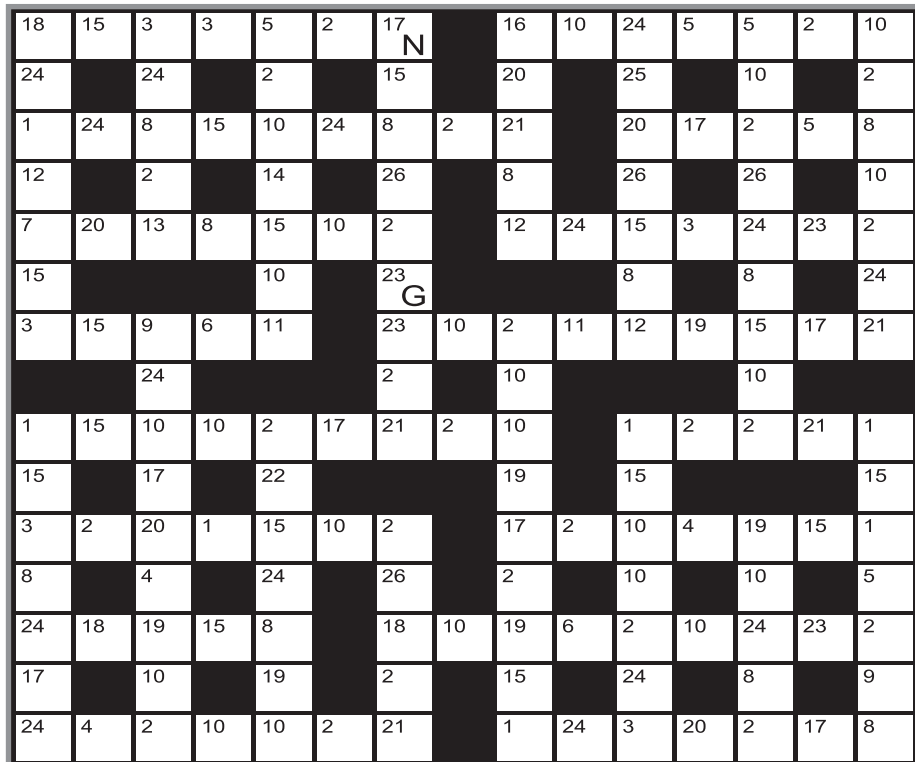


- Down**  
 1 Man seen in enchanted garden (5)  
 2 Area of ground needs new form of care over time (7)  
 3 Meet star model American truck driver (8)  
 4 The odds against listeners having weapons (6)  
 5 Grind? Put right finally with

- lubrication (4)  
 6 Join the French, become confused! (5)  
 7 Remainder live outside Uruguay (7)  
 12 Obtains help that had been denied (8)  
 13 Fall of scoundrel in lawsuit (7)  
 15 Pan ability by alien (7)  
 16 Points to Rene being calm (6)  
 18 Fashionable to be covered in fat? That's hard to see (5)  
 20 Spanish and German articles for a church official (5)  
 21 Yearn for some blustery weather (4)

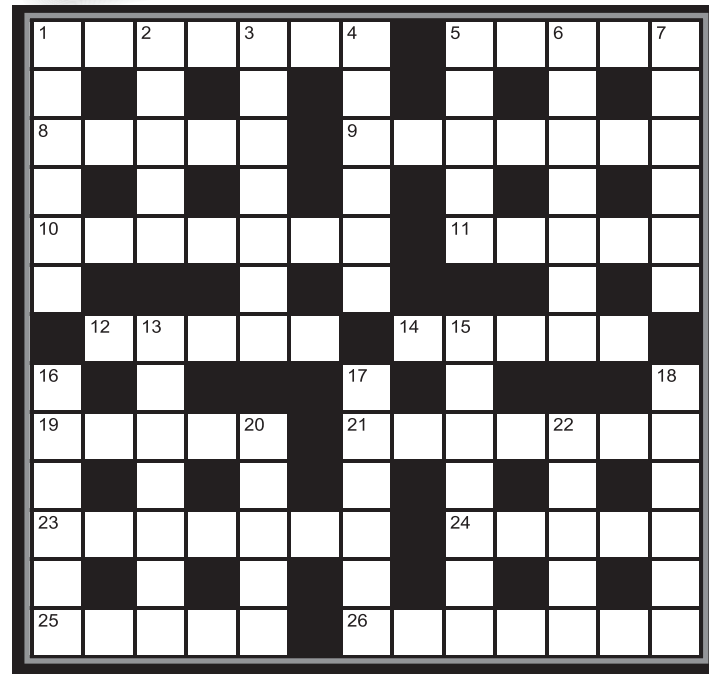
**Code Breaker**

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 17 represents N and 23 represents G, so fill in N every time the figure 17 appears and G every time the figure 23 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



LAST WEEK'S SOLUTION FACING PAGE

**Quick**

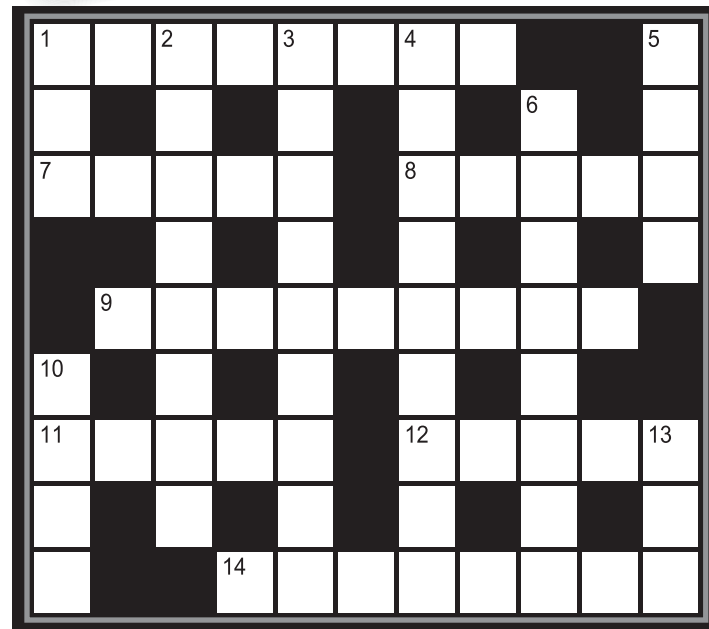


- Across**  
 1 Alternatives (7)  
 5 Produce or yield flowers (5)  
 8 Not tight (5)  
 9 At ease (7)  
 10 Weds (7)  
 11 Change place or direction (5)  
 12 Strikes repeatedly (5)  
 14 Tender and brittle (5)  
 19 Below (5)  
 21 Rotate (7)  
 23 Violent windstorm (7)  
 24 Person who strives to equal or excel another (5)  
 25 Country in northeast Africa (5)  
 26 Being of delicate or thin build (7)

- Down**  
 1 Upright cylinder, used as support or adornment (6)  
 2 Aroma (5)  
 3 Person authorised to dispense medicinal drugs (7)  
 4 Emphasise (6)  
 5 Foundation, or that on which a thing rests (5)  
 6 Beginnings (7)  
 7 Having great strength (6)  
 13 Aged (7)  
 15 Change to the contrary (7)  
 16 Tenuous, slight (6)  
 17 Mistakes (6)  
 18 Basement (6)  
 20 Show a response to something (5)  
 22 Held dear (5)

**English - Spanish**

The clues are mixed, some clues are in Spanish and some are in English.



- Across**  
 1 Huertos (8)  
 7 Key (typewriter/piano) (5)  
 8 Tiza (para escribir, de billar) (5)  
 9 Purses (for money) (9)  
 11 Cap (hat) (5)

- 12 Novia (en boda) (5)  
 14 Acera (8)  
**Down**  
 1 See 13  
 2 Puppy (8)

- 3 Housewife (3,2,4)  
 4 December (9)  
 5 Chiste (4)  
 6 Manzanilla (8)  
 10 Water (4)  
 13/1 Comer fuera (3,3)

CROSSWORD PAGE

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**MADDOCKS' VIEW ON LIFE**



**' BREXIT DIVORCE TALKS ARE NOW SAID TO BE IN THE HANDS OF EXPERTS! '**

**Kakuro**

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



**Nonagram**

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case R) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



**TARGET:**

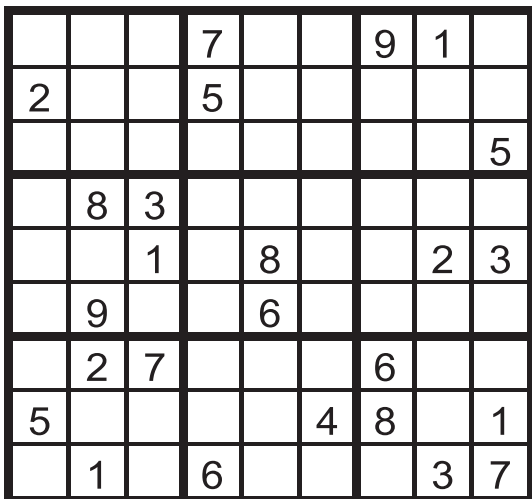
- Average: 21
- Very good: 39
- Good: 27
- Excellent: 48

**LAST WEEK'S SOLUTION**

anti atom fiat font foot fort frat frit into iota mart mint moat moot mort omit onto raft rant rift riot root rota tarn taro tiro toon tori torn tram trim trio afoot amort faint front intro matin motif motor nitro ratio train aorint forint format martin matron motion ration footman formant monitor oration **FORMATION**

**Sudoku**

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.



**LAST WEEK'S SOLUTION**

2	8	4	9	3	5	1	6	7
1	7	9	2	6	4	5	3	8
3	6	5	7	1	8	4	9	2
7	2	6	3	5	9	8	1	4
9	3	1	8	4	2	6	7	5
5	4	8	6	7	1	9	2	3
8	1	3	4	9	7	2	5	6
4	9	7	5	2	6	3	8	1
6	5	2	1	8	3	7	4	9

**LOTTERY**

**UK NATIONAL LOTTERY**

Saturday September 2



**IRISH LOTTO**

Saturday September 2



**EURO MILLIONS**

Tuesday August 29



Friday September 1



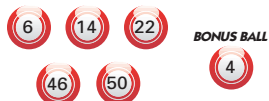
**LA PRIMITIVA**

Saturday September 2



**EL GORDO DE LA PRIMITIVA**

Sunday September 3



**YOUR STARS FOR NEXT 7 DAYS**

**AQUARIUS** (January 21 - February 19)

A door fleetingly opens in front of you and you see something desirable. After the door has closed you still see the image. Why do you deny what you need when it is so easily possible for you to attain it? Reach out this week in the right direction and keep moving forward.

**LEO** (July 24 - August 23)

A recently-accepted project seems to be running away with itself - did you volunteer to do something small and find out that it is a big task? Never mind, because you are quite able to ask for help, and in doing so you could meet someone who will be very important to you. Do I have your interest now?

**PISCES** (February 20 - March 20)

As you know what you want, it should be a simple thing to devise a method of getting it. But you may need a little expert help and lots of determination. Younger people turn out to be most useful in this respect and treat the whole thing as a game.

**VIRGO** (August 24 - September 23)

You will consider this quite a boring week, no doubt, but that could soon be remedied as you seek out invitations and social events. You are doing no favours, either to yourself or others, if you do not push yourself forward. Others enjoy your company, even though you may be bored with it yourself.

**ARIES** (March 21 - April 20)

A surprise visit or phone call this week takes your mind back into the past. Perhaps something that you did not fully understand is now explained. Although, there may be elements that you find upsetting midweek, it is important to realise that some things come your way for a good reason.

**LIBRA** (September 24 - October 23)

It may be a bit scary doing something different - you are a strong person, but unused to entering into new experiences. Consider how you would have approached this situation 20 years ago; have you really changed? Are you not the same person? Try to gain a new experience every week.

**TAURUS** (April 21 - May 21)

It is always difficult for you to stand by and see others make glaring mistakes, especially a family member. However, there are times when it is important that people work things out for themselves. It is only then that a lesson is truly taken on board.

**SCORPIO** (October 24 - November 22)

It may be that you hesitate when offered an opportunity, not necessarily because you think that you are not up to it. The problem may be that you are aware that there are social aspects, and perhaps you feel unable to cope with too much attention at one time. Life busy enough?

**GEMINI** (May 22 - June 21)

Doing what is 'right' comes easily to you, but this week throws up a strange situation, and this time doing what is 'right' could have the wrong result. I do hope that doesn't sound confusing, because it is not meant to be. To get the outcome that you desire it may be necessary for you to withhold some information.

**SAGITTARIUS** (November 23 - December 21)

Non-communication is a worrying thing. You sent out a message some time ago that remains unanswered, so to save yourself agonies, why not telephone? Perhaps you hesitate because of a rejection in the past.

**CANCER** (June 22 - July 23)

It is hard to fit into a situation this week - you thought nothing of putting yourself in a certain position, but now that you are there you see the problem. You are not so much out of place, as feeling rather awkward. Why? This is a new experience for you, and you are unused to new places.

**CAPRICORN** (December 22 - January 20)

Having put out feelers for something to do in the warm evenings, it now seems that you are spoiled for choice. Go for new experiences first and the tried and tested later.

**LAST WEEK'S SOLUTIONS**

**CRYPTIC**

**Across:**

- 1 Cockpit, 5 Solid, 8 Evens, 9 Barrage, 10 Pasteur, 11 Athos, 12 Trance, 14 Usurer, 17 Evade, 19 Adrenal, 22 Lanyard, 23 Boost, 24 Style, 25 Tenants.

**Down:**

- 1 Cheep, 2 Chelsea, 3 Paste, 4 Tabard, 5 Streaks, 6 Leach, 7 Dresser, 12 Trellis, 13 Cremate, 15 Rangoon, 16 Bardot, 18 Annoy, 20 Robin, 21 Lotus.

**QUICK**

**Across:**

- 1 Sells, 4 Stays, 8 Contact, 9 Tease, 10 Easel, 11 Escapes, 12 Starts, 14 Strong, 18 Strange, 20 Waste, 22 Leads, 23 Narrows, 24 Yo-yos, 25 Sheds.

**Down:**

- 1 Secrets, 2 Lends, 3 Scarlet, 4 Settee, 5 Attic, 6 Shampoo, 7 Seems, 13 Already, 15 Towards, 16 Guesses, 17 Tennis, 18 Split, 19 Nosey, 21 Stove.

**ENGLISH-SPANISH**

**Across:**

- 2 Plugs, 6 Boca, 7 Tree, 8 Nacer, 9 Last, 10 Abad, 11 Apron, 12 Boil, 13 Gate, 14 Llave, 15 Vela, 16 Raro, 17 Sinks.

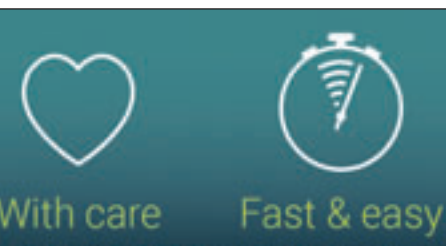
**Down:**

- 1 Corazones, 2 Pantallas, 3 Uncertain, 4 Strangers, 5 Delantero.

**CODE BREAKER**

1	E	B	O	Q	R	A	Y	L	S	Z	P	N	I
14	F	G	W	X	K	J	D	M	V	U	C	H	T

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Advertising feature

# Consultus offer carers a home away from home

AT Consultus Care, they want their carers to feel as comfortable and at home as possible, giving them a good night's rest or even a few days stay, to help them feel fully rested for their next job. That's why they have given them Carer House 1 and Carer House 2.

**“ We care about our carers and give them a home away from home.**

Both these houses can be used by new and existing Consultus carers allowing them to stay there in comfort when they are between bookings, undertaking additional training courses at their award-winning Training Centre, or even if they simply want a short break. Carer House 2 is also for new carers during their induction training course at Head Office.

The houses have been totally renovated, refurbished and furnished to a high standard making carers feel they have a home away from home.

Each house is within walking distance of the Head Office in Tonbridge town. They are operated on a self-cater-



**CARER HOUSES: Are furnished to a high standard.**



ing basis with breakfast included in the nightly cost. The kitchens are fully equipped and the lounge areas are the perfect place for carers to relax at the end of the day. The bedrooms are tastefully decorated with newly styled bedrooms, and all this is available for the subsidised cost of just £29 per night.

Already, carers are commenting on the homes with one saying: "I had a wonderful time at the Carer House, not only a comfy bed, but also great to get to know other carers." Another added: "I would like to thank you all for my very pleasant stay at the house. I also have very much enjoyed my training and thank you for the support from all the staff at Consultus."

*For more information on becoming a carer, contact Consultus Care.*

*The company offer great rates, award-winning training and 24-hour support, allowing you to create a great work/life balance.*

*Call Sandra Field on 658 965 204 or email [s.field@consultuscare.com](mailto:s.field@consultuscare.com).*

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Contact Sandra Field on 658 965 204 or email [s.field@consultuscare.com](mailto:s.field@consultuscare.com)

Advertising feature

# Hearing aids can be of great benefit for sensorineural hearing loss

SENSORINEURAL hearing loss occurs when a breakdown in the hair cells in the inner ear results in them being unable to convert sound waves into the nerve impulses that are recognised by the brain as sounds.

High-frequency hair cells (carrying the information of speech) are more susceptible to damage than the low-frequency hair cells (background noise, deep sounds) and usually go first meaning that the majority of hearing losses detected tend to be sensorineural.

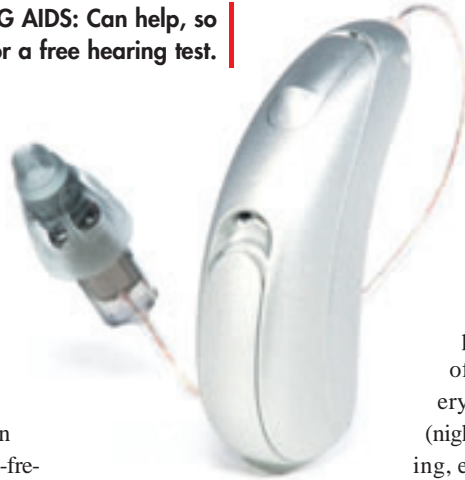
This type of hearing loss cannot be remedied surgically or medically and this is where hearing aids come into their own and can be of great benefit.

Generally, someone suffering from a sensorineural hearing loss can hear in a quiet room one-to-one, face-to-face, but tends to struggle in background noise as the low-frequency background noise is heard perfectly well and tends to overwhelm the speech, which is heard poorly. Sufferers can tend to shout because they of-

ten cannot hear their own voice properly. Sufferers complain of poor discrimination: one word runs into another; the beginning and ends of words are often missed; whilst the low-frequency noise of vowels is heard well, the high-frequency sounds of consonants can be lost.

An increase in volume will not necessarily improve clarity, because all sounds including the ones heard well are increased at an equal

**HEARING AIDS: Can help, so arrange for a free hearing test.**



rate. The sensorineural hearing loss sufferer requires more amplification in the high frequencies than in the low in order to maintain clarity.

Inner ear hair cell damage can be caused by noise - prolonged exposure to damaging levels of noise at work (machinery, engines, etc) or leisure (nightclubs, rock bands, shooting, etc), or short exposure to very high-intensity levels (explosions, etc).

It can also be caused by the side-effect of drugs, alcohol, tobacco, chemicals, pollutants, or by viral infections (mumps, measles and shingles amongst others), Menière's disease,

circulatory disorders, strokes, tumours, heredity, or just plain wear-and-tear.

The sensorineural hearing loss sufferer is often accused of having selective hearing because in some circumstances (absence of background noise) and at some frequencies (low/deep sounds) they can hear as well as if not better than many others.

Sensorineural hearing loss is the curse of a noisy world; inner ear hair cells do not regenerate in humans: once it's gone, it's gone.

But hearing aids can help, so contact Michal Burke at Digital hearing for further information on any aspect of hearing loss or to arrange a free hearing test.

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**GREEN TEA:** Scientists are still yet to discover what this tea can't do.

## Much ado about Matcha

A SUPERFOOD to rival all superfoods, the Matcha Green Tea craze is sweeping the globe and for good reason.

The Japanese were definitely on to something when they began drinking the powdered green tea over a millennium ago. The Samurai, Japan's most noble warriors, even drank it before going into battle. The tea is packed full of antioxidants and vitamins and is considered to be one of the most potent superfoods out there.

Matcha Green Tea doesn't just contain any old antioxidants; however, it contains a set of organic compounds called catechins

which are known for having cancer fighting properties. As the tea is made from storing the tea leaves away from light and oxygen to preserve its rich green colour, the powder also contains high levels of chlorophyll which helps to cleanse the body of unwanted toxins.

The tea has also been proven to enhance calm, boost energy levels and improve memory and concentration. Just one cup contains enough Iron, Potassium, Calcium, vitamin A and vitamin C to fortify your immune system. It even helps you burn calories.

# Make an eye test part of your back to school routine

AROUND 30 per cent of school-aged children in Spain suffer from an undiagnosed visual problem that can affect their studies in school.

According to experts in paediatric ophthalmology, problems with the eyes can negatively impact a child's success in school when we consider that much of the information received by the student is perceived through the sense of sight, particularly during their integral development of a child.

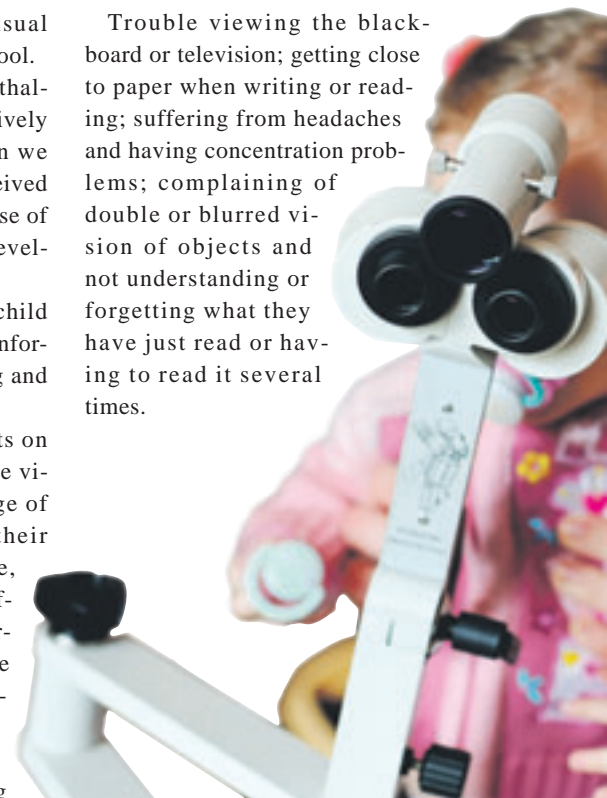
Good vision is necessary to allow the child to first see and then correctly process the information allowing them to give it a meaning and understand it.

Many parents do not carry out eye tests on their children, but experts say much of the visual impairment can occur before the age of six, having a considerable impact on their school work and development. Therefore, whilst new clothes, bags and books are often part of the staple 'back to school' purchases, it is recommended to make an eye examination for your child part of the routine.

You should also look out for any of these signs your child may be struggling

with their vision:

Trouble viewing the blackboard or television; getting close to paper when writing or reading; suffering from headaches and having concentration problems; complaining of double or blurred vision of objects and not understanding or forgetting what they have just read or having to read it several times.



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# part of your routine



**EYE TESTS:** Should be carried out on schoolchildren.

## UK women most likely to drink whilst pregnant

PREGNANT women in the UK are among the world's worst for drinking during pregnancy and harming their unborn child.

A study found that four times more children in the UK suffer alcohol-related birth defects than the global average and ranked seventh out of 195 countries worldwide for the proportion of children born with foetal alcohol spectrum disorder (FASD). This is a series of developmental problems caused by being exposed to alcohol in the womb, being linked to autism and growth difficulties.

The study was carried out by the Canadian Institute for Mental Health Policy Research with the lead author saying the issue should become a priority for public health to reinforce the dangers of drinking during pregnancy.

The study found that 32 in every 1,000 Britons have FASD compared to the global average of eight per 1,000. It also concluded that one in every 13 women who drink during pregnancy will have a child with FASD.

Previously, medical guidelines allowed one or two small glasses of wine once a week, but in 2016 the Department of Health changed the advice and recommended women abstain completely from drinking, however recent research revealed that 28.5 per cent of pregnant women in the UK drank alcohol.

**DRINKING:** During pregnancy can harm the unborn child.

## Best essential oils for curing a headache

ESSENTIAL oils have been used to treat headaches for centuries, and offer a more effective and natural alternative to the painkillers that doctors traditionally prescribe.

With so many different essential oils on the market, it can be tricky to know what's best for curing a particular problem. For headaches and migraines, the ones to remember are lavender, peppermint, eucalyptus and rosemary.

Peppermint is great for stimulating blood flow so is effective in alleviating a tension headache. Lavender helps to relieve stress and aid sleep, so is useful in targeting headaches stemming from these problems. Eucalyptus is great for sinus headaches while rosemary has anti-inflammatory properties.

Just massage the oil into your temples to feel the results.



**HEADACHE:** Essential oils are a natural alternative.



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## Ask the optician - Children's Eye Health

Lisa James, Store Director from Specsavers Opticas Guardamar

AS everyone is back to school this month, I wanted to focus on the important issue of children's eye health. If visual problems aren't identified early it can affect the child's development, how well they do at school and how they experience the world around them, so it's an important issue.



CHILDREN'S EYES: Important to be tested young.

■ **WHEN** should I start taking my child to the opticians?

We believe that children should have their first eye examination at around three years old but if you are concerned, don't wait until then.

The earlier any vision

problems are discovered, the better the chance of correcting them.

■ **How** can the optometrist examine my toddler's eyes when she can't read?

Opticians can assess which kind of lenses, if any, are needed without your child having to read by:

- Measuring the focusing ability by looking into each eye using an instrument called a retinoscope
- Using shapes, picture books and other materials to help children indicate what they can see and how clearly
- Checking whether the eyes work properly together
- Using special charts for young children who don't know their alphabet
- Checking health of the eyes using an instrument called an ophthalmoscope.

■ **Are there any signs I can look for to suggest there is a problem with my child's eyesight?**

There are a few signs which could indicate a vision problem in children including: sitting too close to the TV, rubbing their eyes repeatedly, complaining of headaches, being clumsy or squinting.

■ **What is the relation between eye sight and performing well at school?**

Experts believe that many learning disabilities could be vision related as they may not be able to read the blackboard or text books, so it's vital to identify problems early.

*Specsavers Opticas is currently offering two for one on children's glasses from 59€*  
To make an appointment or find your nearest store visit [www.specsavers.es](http://www.specsavers.es)

Ask The  
Doctor

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## Tuberculosis



SPECIALIST: Doctor Luis Perez Belmonte.

**WHAT is tuberculosis?**

Tuberculosis is an infectious and contagious disease which tends to affect the lungs but can also spread to other areas.

**What are its symptoms?**

The symptoms can vary but when it affects the lungs a person can cough blood, have a high fever, pains in a person's side and diarrhoea.

**How can you treat it?**

Tuberculosis can be cured in most cases by going on a course of antibiotics. It is a long treatment process that can take months involving three or four different drugs.

**What causes tuberculosis?**

Tuberculosis is caused by a bacterium called Mycobacterium tuberculosis that tends to affect those with

weaker immune systems and sometimes the elderly.

**Are there ways of preventing catching the disease?**

The disease is spread through the air, so being in an area with someone who has tuberculosis will significantly increase the risk of catching it as the air an infected person expulses spreads the disease. In order to avoid it a person should not expose themselves to that environment.

**Is it a common disease in Spain?**

For many years tuberculosis was almost eradicated in Spain, only affecting those with immunodeficiency such as HIV sufferers or people undergoing chemotherapy.

However the increase in immigration has caused cases of tuberculosis to appear more frequently.

If you have any questions for Dr Perez Belmonte, please send them to:  
[jefemedico@helicopterossanitarios.com](mailto:jefemedico@helicopterossanitarios.com)

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# Go for a middle row seat



FAN of priority boarding on a plane? Well you may want to re-think paying that bit extra to get on first if a study by Arizona State University is to be believed.

Their study concluded that priority boarding is bad for your health as it increases the likelihood of spreading diseases. They studied boarding scenarios to see how a disease would spread if one person was infected. With priority boarding the passenger is seated first towards the front of

the plane meaning they are likely to come into contact with more people as other passengers go past them to find their seat, increasing their risk of coming into contact with an infected person.

They recommend using a two-zone boarding process, which is used by some companies who still board planes via external stairs directly into the plane.

This allows to seat half the plane from the front and half from the back, which would lower passenger contact by around

**AISLE SEAT:** You come into contact with more people passing through the plane.

27 per cent.

But there are things you can do to protect yourself against infection on a plane:

Avoid the aisle seats. They offer the opportunity to stretch out a little more but you come into contact with more people passing through the aisle.

Disinfect your seat. Whilst

planes are cleaned between flights it is unlikely they are cleaned as extensively as we would like to think so having a small pack of disinfectant wipes in your hand luggage to wipe around the seat and tray will reduce the risk.

Avoid sitting at the back of the plane as this is where the bath-

rooms tend to be and people congregate there to wait in line putting you in contact with more germs.

Pop a pill. Try taking a multi-vitamin or vitamin C tablet or sachet for your drink to increase your immune system to help protect it against any possible infections ahead of the flight.



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**DEPRESSION:** New mums keep their anxiety to themselves.



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# Struggling mums stay silent

THERE is still a stigma surrounding postpartum or post-natal depression. As new mothers coo and adore their newborn, those who are struggling remain silent as a new

study reveals that one in five new mums suffering from depression keep their anxieties to themselves. Of these, around half of women claim to have at least one barrier that makes

asking for help 'extremely difficult' or 'impossible,' including inadequate social support.

The study was carried out by the North Carolina State University and found that many women who would benefit from treatment are not receiving it as they keep quiet about their feelings rather than admitting to suffering from symptoms.

As part of the study, researchers analysed over 200 women who had given birth in the last three years, asking if they had experienced symptoms of postpartum depression

symptoms and, if so, whether they confided in a healthcare worker.

Meanwhile a separate study has concluded that mothers with postnatal depression are more likely to have difficult children, as sufferers who are insensitive towards their children are more likely to have youngsters with difficult temperaments. The researchers said their findings highlighted the importance of supporting families after the birth of a new child to help both the mother and baby develop close, strong bonds.

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TO READ MORE

# Murcia is in the mood for Moors and Christians

THE Moors and Christians Fiesta is currently taking place in the city of Murcia until Monday September 11.

The fiesta forms part of the Murcia Feria and commemorates the Moorish occupation of the area from 700 to 1400 AD. The highlights of the remaining four days of the fiesta are:

*Friday September 8:*

8.30pm - Moors and Christians Parade from Calle de la Merced to the Glorieta, for the act of Welcoming the Fiesta from the balcony of the town hall

*Saturday September 9:*

11am - Moors and Christians informal parade through the streets of the city.

9pm - Grand Entrance Parade of the Moors and Christians from the Jardin de Floridablanca along Jardínde Floridablanca, Plaza de Camachos, Puente Viejo, Plazade Martínez Tornel, Gran Via, Plaza Fuensanta, Avenida de la Constitución.

*Sunday September 10:*

6.45pm - Moors and Christians Parade with the firing of their blunderbus guns from the Plaza. San Agustín along Plaza de



**MOORS & CHRISTIANS:** The fiesta forms part of the Murcia feria.

San Agustín, Calle Juan de la Cierva, Calle Pintor Sobejano, Calle Arocas, Plano de San Francisco, Avda Teniente Flomesta to the Plaza Cruz Roja.

9pm - The Embassy for the Foundation of Murcia in the Plaza del Belluga.

*Monday September 11:*

8.30pm - Moors and Christians Parade

with the statue of the Virgen. Route: C/ Acisclo Díaz, Gran Vía Salzillo, Plaza de Martínez Tornel, Calle Maestro Alons, C/ San Patricio finishing in the Plaza Belluga.

10pm - Moors and Christians Embassy in the Plaza Belluga, followed by a parade with the statue of the Virgen de la Fuensanta to the Campamento Medieval.

## Naturalism art on show

AN exhibition of paintings and artwork by Costa Blanca-based artist Ronen Zlotogoura will be taking place at the new Dolores cultural centre from September 9-19. The exhibition, which is titled Naturalism, will highlight the treatment of forms, colours and space as they appear in nature. Ronen specialises in Hyperrealism, which are paintings that look like high resolution photographs but are actually hand painted.

Due to his background in the auto body repair industry his usual medium is airbrushing using automotive paints. He has applied his technique to canvas, metal panels, wall murals and vehicles such as cars, motorbikes and boats.

Combining his passion of cars and fine art he has created a collection of paintings that showcase the elegant styles and designs of both classic and modern super cars.

Having moved from London to Alicante 14 years ago, Ronen has made a name for himself for producing very high quality artwork.

As well as serving his private collectors he continues to personalise motorbikes on a regular basis for Harley Davidson Alicante, and teaches art classes every Monday and Thursday morning at his studio in Dolores.

At the exhibition you will also be able to see his beautiful watercolour paintings of quaint Spanish lanes in the old part of Altea. Admission is free and everybody is invited to the inauguration on Saturday September 9 at 8pm when refreshments will be served. From September 10-19 Naturalism opening times will be 5-7pm, except for the 15th when it will be closed for the day.

The cultural centre is situated at Calle San Antonio, 2, 03150 Dolores, Alicante.

  
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# St Bernard steals the show... and why not?

THERE was something rather appropriate that the event celebrating International Dog Day in Zenia Boulevard should be stolen by a dog! Not just any dog, but a 69kg, 18-month old St Bernard.

Ana, Alcampo's departmental manager for pet supplies came into the store on her day off and brought Mateo, her St Bernard, to support the event. What an absolute star he turned out to be.

A perfect gentle giant, he let everyone make a fuss of him, and he must have been the most photographed dog in Spain on that day.

The only regret of the team was that they should have charged a euro for a photo opportunity with him; they would've made a small fortune.

Visitors to the Boulevard were just as supportive of the APAH animal charity as they had been in February and everyone who stopped to say hi to Mateo showed interest and support for the work that the charity does.

At the end of the day, over €200 in cash donations and a further similar amount in pet food had been given over



**BIG MATEO:** The star of International Dog Day.

by the generous customers.

The team of APAH were delighted with the outcome, but it was about to get better. The Alcampo store and Purina - one of the biggest pet food manufacturers - had been in contact with each other and due to the amount of help given to APAH by Alcampo, the company also offered to make their

own donation to the charity.

They were as good as their word as a pallet-load of cat and dog food arrived from them within days. It was such a generous gesture for which the organisers couldn't be more appreciative, just as they were blown away with everyone who took part on the day itself to make it such a successful event.

Photo credit: Margaret McCabe

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# 'Back to School' with Habaneras

SHOP window displays are packed with the very latest trends. Plus, the shopping centre has prepared lots of surprises to make going back to school more exciting, including guided tours for schoolchildren, workshops and the chance to win on the spot prizes.

When the summer's over, grown-ups and children can't wait to tackle the famous, and sometimes tough, start to the new school year. So, to make life a little easier, Habaneras Shopping Centre in Torrevieja, managed by CBRE, is launching its 'Back to School' campaign, featuring the latest trends in all the clothing and accessories needed for the new school term and giving families the chance to enjoy its extensive leisure and refreshment facilities.

What's more, there's the chance to win on the spot prizes just for being a user of the Habaneras App. If you're not an [H] App user already, what are you waiting for?



Photo credit: Prodeco Management

**HABANERAS:** Keeping you up to date with the latest news from your shopping centre.

Keep up to date with the latest news from your shopping centre! Download now!

The App awards on the spot prizes to users, as well as prize draws and lots of surprise leisure options to keep everyone happy.

One of the big attractions for the new school year is that the Habaneras Centre aims to

reach out to local schools and arrange guided tours of the Centre, so schoolchildren can find out what a shopping centre does and what goes on behind the scenes.

Plus, there'll be a full schedule of educational workshops, including Urban Kitchen Garden and Recycling workshops held in con-

junction with the Environmental Department at Torrevieja Town Council and Ecoembes. Other more play-focused events include theatre and adventure workshops.

This September, Habaneras Shopping Centre will be paying a visit to your school. And what about you, will you be coming to Habaneras?

# What's on!

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# Spectacular Cartagena fiestas

CARTAGENA is a fascinating city to visit at any time of the year, but it is particularly interesting during the Romans and Carthaginians Fiesta.

This re-enactment of the battles between the Romans and the Carthaginians is well worth seeing, as it has been declared as being of National Tourist Interest. It takes place annually, and this year it will be held between September 15 and 24.

• **Friday September 15:**

6.45pm - Arrival of the Sacred Fire at the Port.

8.30pm - Lighting the Sacred Fires at the Archaeological Park el Molinete.

9.30pm - Opening Speeches in the Plaza del Ayuntamiento.

10.30pm - March towards the Festival Camp. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Puente Carthago Nova finishing at the Festival Camp.

11pm - Inauguration of the Festival Camp.

• **Saturday September 16:**

Beginning at 8pm, all three Acts of the Founding of Qart-Hadast

• **Sunday September 17:**

From 6.30pm on the stage in the main port, sees the Roman Senate in Session, the destruction of Sagunto and the assembly of the centuries

• **Monday September 18:**

Wedding Day!

9pm - Wedding of Hannibal and Himilce on the stage at the Port.

10.30pm - Wedding Celebrations at the Festival Camp.

11.30pm - Carthaginian Weddings at the Festival Camp.

“ **Re-enactment of the battles is well worth seeing.**

• **Tuesday September 19:**

9pm - Oracle of the Goddess Tanit on the stage at the Port.

• **Wednesday September 20:**

5pm - Opening of the Artisan Market at the Parque Vallejo Alberola



Photo credit: YouTube

• **INVADERS: Rome versus Carthage.**

6pm - Grand Children's Parade in the Plaza de Espana

9.30pm - Roman Comedy on the stage at the Festival Camp

10pm - Great Latino Fair and Gastronomic Tasting at the Festival Camp.

• **Thursday September 22:**

8pm - Landing of the Carthaginian Navy and the hiring of mercenaries on the stage at the Port.

9pm - Hannibal Marches to

Rome. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Puente Carthago Nova finishing at the Festival Camp.

Midnight - The Plans of the Gods (women of town ask the Gods to aid their men in the battle) at the Festival Camp.

• **Friday September 23:**

10.45am - Maritime Battle in the Port.

Noon - Landing of the Roman Army at the Port.

12.05pm - Parade of the Roman Army and Legions

6pm - Great Battle to conquer Qart-Hadast at the Cuesta del Batel.

8.15pm - Great Military Victory Parade after the surrender of the city. Route: Plaza del Ayuntamiento to the Festival Camp.

• **Saturday September 25:**

1.30pm - Tribute to the Romans fallen in the battle at the Monumento Funerario Torreciega.

7pm - Great Parade of the Troops and Legions. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Soldado Rosique, Puente Carthago Nova finishing at the Festival Camp.

• **Sunday September 26:**

6pm - Roman Circus at the Festival Camp.

8.45pm - Roman Victory at the Festival Camp

9.15pm - Extinguishing of the sacred fire and Grand Firework display at the Festival Camp



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# Lasting all month long

WHEN the municipality of Redovan celebrate, they celebrate in style with a month long fiesta lasting over a month. This year's got under way at the end of August but it continues, mainly at the weekends, until the final day on Friday September 29.

There are parades, lots of partying, flower offering, antique vehicle exhibition, concerts, water toboggan, multi coloured parades, and of course fireworks. The remaining dates and events are:

• **Thursday September 7: (today)**

12.30pm - Charanga Tapeo (Bar Crawl) from the plaza Ayuntamiento

10pm - Serenata in honour of the Virgen de la Salud.

• **Friday September 8:**

12noon - Mass followed by Mascletasin the Plaza Miguel Hernandez

8pm - Solemn procession with the image of the Virgen de la Salud through the streets of the town, finishing



REDOVAN: The municipality celebrates in style.

at the church followed by a Grand Firework display.

11pm - Partying in the Plaza de la Paz with a performance from the Cuarteto Iguana

• **Saturday September 9:**

8.30pm - General entrance parade of the music bands and groups from the Plaza de la Cruz to the Plaza de Francisco Ferrer.

• **Saturday September 16:**

9pm - Fiesta Blanca, big

mobile disco in the Plaza Miguel Hernandez.

• **Sunday September 17:**

9am - Romeria (short pilgrimage) with the statues of the Virgen de la Salud and San Miguel from the parish church to the Santuario Virgen de la Salud.

9am - 14th meeting of Classic Cars in the Polideportivo Los Pasos

• **Saturday September 23:**

8pm - Multi Coloured Fancy Dress Parade from the Plaza de la Cruz.

• **Sunday September 24:**

8pm - Concert in honour of San Miguel by the Union Musical de Redovan in the Casa de la Musica Ibanes Serrano

• **Friday September 29:**

8pm - Solemn Procession with the statue of San Miguel Archangel and a firework display from the Plaza del Ayuntamiento.

If you're new to the area, you'll find Redovan a few kilometres north-east of Orihuela.

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AND GOOD  
FRIENDS



WITH GARRY WAITE

THOSE that appear at virtually every fish counter in our supermarkets. Now, I am sure that I do what most people try and do.

If I have a lot of shopping to do I make a bee line to the fish counter and get my ticket. Then calculating how many staff are serving, how many numbers in front of mine and the day of the week (yes - Fridays is bulk buying day so each person takes a lot longer!) I work out a rough idea how long it will take.

If it's not very long I shop around that area keeping an eye on the counter or wait to hear my number being called.

The best laid plans of mice and men... means it doesn't always work, but normally I am there at the right moment. This highly sophisticated scientific approach back fired on me at a recent trip to El Campo in La Cañada, Marbella.

As always the place was extremely busy - especially



**One Ajman fish worker can fillet a fish in less than a minute!**

the fish counter. I picked up my ticket - 70 - 20 in front of me. They were not going to move however so maybe these staff were going to be super-quick.

So I thought about 20 minutes, so I would do a bit of the other shopping. Fifteen minutes passed and I returned. Ten to go. I'll do a bit more.

Returning some 10 minutes later the counter was at 65 so I decided that I had better wait as the crowd had more than doubled in size and if I missed my turn I would be there all day. It seemed ages until it went to 66. Then a member of the staff decided it was time for a break. Another one became locked into a client

who had a shipping order for a cruise liner!!!!

This was now being painful! I had been waiting 20 minutes and we were still at 68. This was when I decided I was probably going to expire before I managed to acknowledge that I had the 'winning' ticket. Then bingo - three score and 10/blind seven.

'Gracias' I yelled as my tether was reaching its end! But alas no one responded, despite my gesticulations!

Someone must have hit the button by mistake. Eventually - 71! - 'perdona' I said flashing my precious ticket! Full House I got served! My purchase took less than three minutes. Oh well!

WHEN I was in Ajman some years ago - not so fashionable as its neighbour Dubai - but it is not a dry state!! - we went to the local fish market. It made El Campo look empty, fantastic fish, some unknown even to me and the biggest Carabiñeros (deep sea 'shrimp') I have seen.

The system there is quite remarkable.

You buy your fish and one of the what seems like hundreds of 'filleters' are waiting to do their work on your purchase. There is a huge area where these guys are busy practising their skills. I reckon that they can do 10 kilo of fish in the same time that my lady at El Campo can fillet a hake!

## Dish washing split and thanks

TO all the readers that contacted me about dish washing machines, the pros and cons. From the straw poll that I did it would appear that we are split 50 - 50 as to their usefulness, with men more likely to avoid them and women to love them. But one thing we all seem to agree on is the leaf blowers. They should be removed from society just like any other useless, noisy, litter lout!!

\*Garry Waite is a foodie and restaurateur and Hospitality Management Consultant. If contemplating setting up an operation, or having problems with an existing project contact him on [garryphwaite@gmail.com](mailto:garryphwaite@gmail.com).

**“** I don't like the word 'alcoholic' I like to think of myself as an advanced drinker.  
Chelsea Handler

# Come all without, come all within

**You'll not see nothing like the mighty Quinn**

(Manfred Mann/Bob Dylan)

IT was announced last month that former Ritz Hotel head chef and Ark Foundation founder Michael Quinn had died aged 71 after a long battle with ill health.

'The Mighty' Quinn came to prominence in 1980 when, having already achieved a Michelin star as head chef at Gravetye Manor in Sussex, he was named the first British head chef to hold the top job at the Ritz hotel.

He was credited with turning the London landmark into one of the city's top dining destinations through innovative cuisine that was much copied.

It was an achievement that helped to win him an MBE, along with celebrity status, countless television and radio appearances, and invitations to cook for royalty and stars all over the world.

But his remarkable success made Quinn's fall even more dramatic. No one, not least Quinn, would have dreamt that by 1990 he would be a homeless drunk, sleeping in doorways, parks and Salvation Army hostels.

He had lost contact with most of his family and friends, and at the age of 48 the chef who once had everything was being given the last rites by a priest as he lay dying in hospital with liver failure. Alcoholism had stripped him of fame, fortune, family and almost his life.

In 1990 he was told that he would lose

everything if he didn't stop drinking - and most of it came true. Alcohol took him from the pinnacle of the catering world into treatment centres, hospitals and then back into the pub. If he had gotten well

when he had the chance, his sons would have known him as a top chef at the Ritz. But now they can't.

However in that year Michael took the first steps to sobriety and realised that there was little help for those suffering from alcohol related problems in hospitality, so he set up the Ark Foundation.

The organisation was established to educate the hospitality industry through awareness seminars on alcohol and drug abuse

He spent the rest of his life not as the amazingly talented Chef that he was, but as an ambassador and lecturer for the Ark Foundation. Regrettably, especially among chefs, alcohol and drugs in our industry is a major problem - a lot to do with the stress and long inhospitable hours - and there was never any help or advice.

The foundation did a great deal to help many hundreds of young people. Michael was lucky I suppose to have made it to 71 given the beating that his body endured in the early years.

(Some content courtesy of the Caterer and Hotelkeeper)



**The demise of the Mighty Quinn.**

**1.77** times more chefs die from alcoholism than the average.

**352** the number of deaths linked to alcoholism in a survey.

**13,470** the number of white male deaths studied in that survey.

Advertising feature

# Clear your community's debt with LPL

ESTABLISHED since 1978, LPL Commercial Services, part of the LPL Group, specialises in commercial and consumer debt collection in the UK, Europe and throughout the world.

They have been established in Spain for 10 years, working directly with administrations and communities focusing in particular on the collection of management fee arrears owed by property owners who are not full time residents in Spain and who live in the UK, Europe and other countries.

During the last decade they have helped many communities across Spain to recover debts. One such one is the Casares del Sol development in Malaga which employed the services of LPL Commercial Services.

The president said: "I engaged LPL to act as our debt recovery agent over five years ago and that decision has proved to be totally justified. Over the years LPL has recovered many thousands of pounds/euros which has made the management of our finances and my role as president far easier and uncomplicated."

He continued to praise the workings of



**DEBT COLLECTIONS: Speak to the professionals in helping collect unpaid fees.**

the LPL team: "They are always most helpful and proactive. They have provided me with invaluable support and information about debt recovery and the associated legal/court processes, which they also assist with. I have always found the

company to be reliable, approachable, efficient and knowledgeable and I would highly recommend LPL to any company, urbanisation or development that requires exemplary professional assistance with their debt recovery process."

Sagesa has been acting as administrators for many large communities on the Costa del Sol for over 35 years but when the financial crisis hit, it brought a level of unpaid debt to communities that had probably never been seen before.

As an alternative and preference to starting local court action Sagesa used LPL to deal with debtors that lived outside Spain in their own jurisdiction: "I can safely say that they resolved and cleared a large number of our problems in a way the Spanish Court system could not. We found them to be very professional and on top of all our cases, including regular feedback. I would certainly recommend them to other administrators."

For more information on the services provided and to see how LPL could help you, visit [www.lplgroup.com](http://www.lplgroup.com) or speak with the head of Spanish operations, Greg Bryan, who is based in Spain and can be contacted on 689 408 412.

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## It's a proven sales technique



**VIRTUAL TOUR: 3D guides help homes sell much faster.**

PROPERTIES on the market are more than a third likely to sell if the advert makes use of virtual reality software.

They will also sell much faster according to findings from a top property firm.

Club Noteges manages a portfolio of more than 50,000 Spanish homes. Among them are 43,000 that are only advertised using photos. From January to July less than 3,000 of those homes sold, roughly 6.6 per cent. By contrast they sold more than 10 per cent of the 10,600 homes that offer virtual reality tours to prospective buyers online. The more than 1,000 homes sold using virtual reality were gone within an average of 52 days faster than the homes using only photos.

The findings are categorical proof that sellers have more chance of selling if they employ virtu-

al reality in their adverts.

The technology isn't overwhelmingly complicated or expensive. Using record video footage it allows buyers to 'step inside' the home from the comfort of their living rooms or estate agents.

Virtual reality just looks better to many buyers too. It shows that the seller is serious and confident in their property. Whereas few people would consider a home on a mere description without photos, soon buyers will expect a three-dimensional tour as a given.

It is also especially welcomed by foreign buyers who have to be extremely selective in choosing which homes to visit in person. In some cases the quality of the virtual reality tours is such that a decision to buy is made without even physically seeing the property.

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# Just take my money please

**Mike Senker**

*In my opinion*

*Views of a Grumpy Old Man*



OK don't take this first part literally but I think, after reading a bit, you will get the point I'm trying to make. The next time I go into a bank here I'm considering taking a weapon with me. Let me explain why. The other day I went into the bank with Mrs S, who is the President of our community, at about 12.30pm. A bank, by the way, that is a branch of where the account is held and President S is a signatory on the account.

There was nobody else in the bank, not a soul, just the cashier and the staff sitting at their desks staring at computer screens. Mrs S goes up to the desk and says she would like to pay some money into the community account and was immediately told she couldn't because it was after 10.30am and, anyway, it was the wrong day.

'Are you kidding? There is nobody here, nobody waiting, you are not doing anything, and the account is at this bank, just not at this branch.'

And you are given that 'look' - that stone cold look, the little smug shake of the head and the dreaded shrug. This is where the

weapon would come out and you want to scream 'Let me pay some money in and nobody will get hurt!' What is it with these rules and regulations? Nobody can give me a valid reason why this crazy rule is in place that you can only pay in on certain days at certain times. It's a bank and its job is to allow you to pay money in and maybe take some out if have any or it hasn't been embargoed by some official department for not paying a bill or fine that you didn't even know existed... but that's another grump for another time. Why does there have to be specific times and days? Just take my money.

Next day we go back and the bank is rammed with a queue nearly out into the street. The same girl behind the counter is totally unable to cope on her own with the amount of people trying to pay their bills and, of course, people trying to do other stuff. The other desk staff are, of course, still looking at their computer screens totally oblivious of the chaos going on around them.

Finally it gets to our turn and she looks up at the clock. It's 10.31am. I look at her, she looks at me, and I give her my 'Don't you dare to try and tell me it's too late' look and she takes the money. Me and Mrs S start whooping and hi-fiving fist pumps, the lot. Yay we just paid in money to the bank!!! Sound familiar?

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# Making your garden more useable

By Dick Handscombe, now enjoying his 30th summer gardening and residing in his once rural hideaway

DICK  
HANDSCOMBE



DURING August the population of our now expanded and internationalised rural hamlet and urbanisation has more than doubled and a dry September might well follow the hot drought driven June to August summer to date. As the temperatures and multinational populations rose one could hear the multilingual mutterings about the inadequacies of summer gardens.

'We live in what was a green rural active agricultural valley, but now it's like a suburban urbanisation.'

'Oh isn't it hot after the air conditioning. I've been indoors for three days without going out.'

'We don't sit out much in the summer it's boring. There is not much to see except the pool and its large terrace and the wooden decking is so hot to walk on. But some autumn colour should open up as temperatures fall.'

Fortunately any urban looking pool can be converted into a natural pool surrounded by oxygenating bog plants and some exotic flowers. An interesting book 'Converting your conventional pool' can be obtained via [www.ecodesignscape.co.uk](http://www.ecodesignscape.co.uk).

'Oh I wish we hadn't cut down those trees and replaced them with Australian sails - the shade is not as natural or as deep as it used to be swinging in the hammock strung between two thick branches of the carob tree.'

'I spend all my time watering the plants but



BBQ ALTERNATIVE: A solar oven.

the garden is not as colourful as it was in northern Europe. Perhaps we should have used the TerraCottem soil improvement product, produced in Belgium and now used by gardeners and agriculturalists in some 40 countries, when preparing a productive water retaining soil where flower, shrub beds and vegetable raised beds were intended and when making new plantings in later years.' Interestingly a new five kg box has just arrived from TerraVida the Spanish distributor.

I had to stop typing for a few minutes to take delivery and will shortly use a tablespoon in potting up some lemon flavoured basil plants for neighbours to give a new touch to their tomato salads or cooked dishes.

'Oh! I can't stand another barbecued dinner.' But there is no need for summer boredom. During September I plan to make good use of the solar cooker, the Mexican terracotta cooker, an assortment of Moroccan terracotta tagines, the paella kitchen and cold salad dishes.

'Raking or sucking up fallen leaves and pine needles is an endless task. Must cut some more trees down this winter.'

But there is a practical answer, design a natural low maintenance wood-land garden. Luckily they survive and are interesting and relaxing to visit in the oldest part of our mountain valley hamlet.


To really enjoy Spain try developing a garden that is different than the general run of the mill seen through windows between air-conditioned sitcom and sporting events.

Aim for one that draws you out into it at various times of the day throughout the year.

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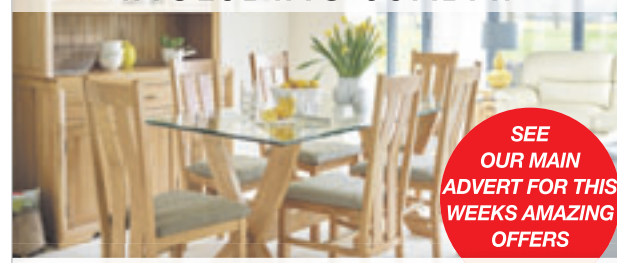


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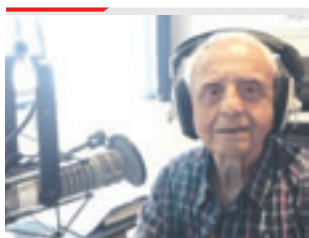
  
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# Not all shelters are equal

Others can place you in a position where you have to pay for a considerable part of this and stipulate what you are expected to pay as a donation to the charity.

I recently heard of the situation of some friends in La Marina on the Costa Blanca whereby they fostered a dog to help a charity out in an emergency and paid all the costs for feeding it.

They subsequently became very attached to it and decided to adopt. It was only then that they found themselves having to pay for injections, all documentation, a chip registration change and neutering at a considerable financial cost.

What do you think about this?

For my part, if someone decides to adopt a dog they should be sure to shop around and learn exactly what is involved as there appears to be no obvious guidelines that ensure a standard and consistent approach in governing these charities, meaning they could end up



**ADOPT A DOG: Be sure to shop around.**

paying more than expected.  
*Joan Terry, Alicante*

Hello Joan,  
I am of course more than aware of situations in which some wonderful people devote their time and often their own money to save animals' lives.

They have to pay rent and certainly various types of food, cleaning materials and of course veterinary assistance.

Animal shelters need money, when we all enjoy holiday and festive fare at Christmas the dogs and cats still need to be fed and cleaned.

For example, Triple A here on the Costa del Sol urgently needs new members to sign up and pay €5 per month and unless they receive help they may have to close, what will they do with the 500 dogs at the shelter?

Support your local rescue shelter once you have checked on their standards.

*David*

vtDEAR David,  
It seems to me you are the perfect person to address this issue if you have not already.

We Brits tend to be natural animal lovers, dogs in particular. But do some animal rescue organisations take advantage of this?

There is a huge inconsistency within the animal rescue community in my opinion.

Some will ask for a donation of whatever you can afford and you will get a dog that is neutered, inoculated with all legal papers in place, including a full pet passport and microchip.

## The secret life of cats



**CAT'S PERSONALITY: Understand your cat.**

A STUDY recently published in science journal PLOS One has given a new insight into the temperaments of cats. The results reveal our feline friends have five main personality traits - Neuroticism, Dominance, Impulsiveness, Agreeableness, and Extraversion. Determining how high a cat scores on each account could help owners to better understand and improve their cat's environment to help reduce stress.

A cat who scores high on Extraversion, for example, would benefit from extra playtime and new toys on a regular basis, whereas a cat who scores high on Neuroticism will be more shy and might benefit

from having more quiet spots of his own. The research also revealed cats are more social than most owners recognise. They actually shape their behaviour around their humans or other cats in the area.

Better understanding a cat's personality could also help match him to the right owner when they are looking to adopt. For example, a more extroverted cat might not match well with someone who doesn't intend to play with it on a frequent basis. It is hoped that these personality assessments might help reduce the number of cats who end up back on the streets or passing through multiple homes in their lifetime.

## Interact with your pets

HAVE you ever wondered about how much your cat sleeps a day? Or wished there was a way to make sure your dog has access to treats when you're not at home?

The company Pawbo has come up with two inventive new devices which could change the way owners interact with their pets.

The first is an activity tracker which can monitor sleep pattern, exercise levels and mood. Animal lovers just have to clip the discreet device onto their pet's collar and link it to their phone via Bluetooth.

The accompanying smart phone app will calculate the statistics and show any changes that take place. It can even help to spot the early signs of illness so owners will know when Boris needs a trip to the vet.

As similar products are already on the market for humans, owners will now be able to get in sync with their animals in ways they never imagined.

The second product is a

smart treat-dispensing system that can be operated either via a remote control or through an app that connects with an interactive camera. It allows owners to select the shape and size of the treat and also comes with a 'slot machine'

style game which rewards animals when symbols are matched.

This new gadget is perfect for pet owners who want to make sure their pets are kept happy while they're not home.



**Find out if your pet naps more than you do.**

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**THE ROYAL BRITISH LEGION JAVEA BRANCH** meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the

branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

**TORREVIEJA STROKE SUPPORT GROUP** meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

**THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch** meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretary br3606@gmail.com (95474)

**THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH.** Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aacostablanca.org or call the Secretary on: 966 495 042 (95465)

**CAMPELLO CONTRA CANCER** in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc\_campello@hotmail.com

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**ROYAL MARINES ASSOCIATION (Costa Blanca)** The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

**FREEMASONRY** Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.quesada@yahoo.co.uk (95477)

**ROYAL AIR FORCES Association Branch #1359 Costa Blanca** The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costa-blanca

**THE PATIENCE LODGE** No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta

at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

THE SPIRITUALIST CENTRE, Benijofar meets at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. Every Thursday there is a Development/Awareness Circle where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. This will be our last service before the summer break. We reopen on Sunday, 10th September with Dee Wilson (UK Medium). Contact Wendy on 965323028. www.spiritualistcentre-benijofar.com New email is phoenixchurch23@gmail.com or info@spiritualistcentre-benijofar.com Identificación Fiscal G54713789. (95454)

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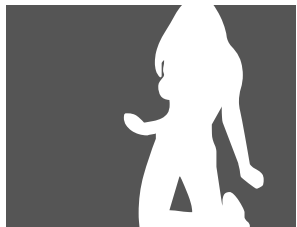
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**XXX RELAXATION**



**Motoring shorts**

## Self-driving pizza

SELF-DRIVING pizza delivery is now a reality. A saucy alliance between Ford and Dominoes will bring pizzas almost to the door of hungry Americans taking part in a Michigan trial run.

A Ford Fusion Hybrid with autonomous driving technology will be dispatched to addresses on a simple route. Customers will be able to track the delivery car on GPS.

When the robot car arrives a text message will be sent to the customer instructing them on how to get their pizza.

Door delivery isn't possible so they will have to walk out to the car, which probably won't be tipped.

**Clarkson Quote of the Week**

“Having a twin turbo V12 diesel is like turning your central heating off and keeping warm by burning Rembrandts.” *Some might say...*



# Aston turning Japanese

by Matthew Elliott

ASTON MARTIN will invest heavily in Japan, the world's second largest luxury car market. Chief executive Andy Palmer is just back from a Tokyo trade mission accompanying British Prime Minister Theresa May.

The Warwickshire-based car firm snagged a £500 (€540) million trade deal that includes a luxury tech engineering office and brand centre in Tokyo.

Almost €100 million worth of Japan-

ese car components will be shipped to the UK from Mitsubishi, Yazaki and other local firms. Upwards of €400 million of Aston Martin's British built cars and engines will be exported to the far-east from 2019 onwards.

The Prime Minister celebrated the deal as a post-Brexit coup for Britain and called Aston Martin “a prime example of the innovative and world leading firms the UK is proud of.”

Meanwhile Mr Palmer posted a picture of himself outside the British Em-

bassy in Tokyo alongside an Aston Martin DB6 once owned by Sir Paul McCartney and a DB11 set to be delivered to a client.

Aston's Tokyo dealership will be its biggest in the world by sales and one of the top five international outlets in Japan.

The brand, which has become immensely profitable after years of running losses, will also open a Meta Technology and Luxury Accelerator office.

Its primary aim is to understand the

**DB6: Classic Aston Martin beloved by Paul McCartney and the Japanese.**



psychology of Japanese motorists who have a fondness for luxury, western vehicles coupled with the latest connected car technology and electric batteries.

# Mini's latest gear shift

IN just a few weeks, Mini's new Electric Concept will make its debut at the Frankfurt Motor Show. The hotly-anticipated British-built model is slated for production in 2019 and the iconic motor's biggest transformation since the new look BMW Mini was unleashed in 2001.

BMW chairman Harald Kruger states the obvious when he said “Mini and electrification make a perfect match.” He has also promised a mass market for the new arrival. It will not be a rich urbanite's plaything but a popular addition to the streets of Europe.

Stylistically it resembles a Mini Hatch but with major adaptations. An obligatory E symbol reminds people that it

is indeed Electric, while a Matte silver finish provides a sleek, minimalist look.

The grille is closed to improve aerodynamics in the absence of an engine. LED headlights and fibreglass technology replacing exhaust pipes and other unnecessary add-ons add to the streamlined feel.

It has been described as a “quintessential Mini that conveys a whole new take on the concept of sportiness” by senior de-

sign executive Adrian van Hooydonk, and as boasting “a characteristic Go-Kart feeling” by board member Peter Schwarzenbauer.

Proper pictures of the concept car itself won't be available until its Frankfurt debut from September 22-29.

**NEW MINI: Electric concept debuts in Frankfurt this month.**



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**ROAD TEST** by Nick Fletcher

# Citroen Berlingo Multispace

THE car world is awash with trendy crossover and compact MPVs, some with more accent on image than practicality, but the Citroen Berlingo Multispace is a notable exception.

The Multispace is van-based and while the designers have made the frontal profile sleek and smart, the rear retains the boxy look of a van, and to many potential buyers this is actually a plus point. For while rival models lose load space due to lower roof lines, sloping tailgates and intruding wheel arches, the taller Multispace offers an amazing 3,000 litres of space, making it attractive to families and business users.

Available in petrol, diesel and even electric form, and with five or seven seats, the Multispace is priced from €18,847 (£17,510) and one of the most popular versions features the 1.6 litre diesel unit which offers good fuel economy and low emissions.

My mid-range Flair had this engine, which offers 98 hp and has a reasonable 0-100 kph time of 12.4 seconds and top speed of 165 kph (103 mph).

**MULTISPACE:**  
Sleek and smart.



Model tested is UK-specification and equipment levels and prices may vary in other markets.

Fuel economy is very good at 23 kpl (65.7 mpg).

The five-seat version costs €21,210 (£19,705) and standard kit includes touch-screen, cruise control and speed limiter, fuel-saving stop-start, air-conditioning, cruise control, aircraft-style folding tables, radio, USB, Bluetooth and media streaming, handy sliding

rear doors, alloy wheels, privacy glass, roof bars and plenty of cabin stowage space including a shelf above the windscreen.

On the road, the Multispace drives well with low noise levels, slick five-speed gearshift, and light accurate steering. The driving position may be a little upright for some but you do get

good all-round visibility, and ride quality is comfortable. Its van platform means it doesn't have quite the handling agility of a crossover but that won't concern potential buyers in this class.

What will impress them is the amount of money they will save over a comparable crossover or compact

## Stats panel

**Model:** Citroen Berlingo Multispace  
**Engine:** 1.6 litre diesel  
**Transmission:** 5-speed manual  
**Performance:** 0- 100 kph 12.4 seconds, top speed 165 kph (103 mph)  
**Economy:** 23 kpl (65.7 mpg)  
**Emissions:** 113g/km

MPV, and the amount of load capacity and versatility they will gain. Seating is very comfortable and there is excellent head and leg room for five occupants and a whopping 675 litres of boot space even with the rear seat in use. Folded, you get 3,000 litres.

The Berlingo Multispace is certainly not the best-looker in the sector but it is still attractively styled and offers a blend of true practicality, decent equipment levels and pleasant driving feel at a price that rivals find very hard to match.

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## Diamonds are forever

BENTLEY is going for the James Bond look with its swanky new Continental GT. The third generation of the classic two-door, four-seater, beloved by Bentley buffs manages to combine the lat-

est technology with the brand's classic look and feel. It is still manifestly, proudly a Bentley, only with about 80 kilos in excess weight shaved off by enhanced streamlining bol-

stered with aerospace technology. It's the kind of expensive touch that "makes a Bentley a Bentley" according to top engineer Rolf Frech.

Perks include diamond-shaped LED headlights, adjustable leather seats with an in-built massage function, and more than 100 square feet of high quality wood panelling the interior. There are Bang and Olufsen speakers and an ambient interior lighting system.

This Continental GT can reach 100kph from a standstill in 3.6 seconds and will cost around €200,000 when it hits the market next year.

It debuts at the Frankfurt Motor Show this month and is Bentley's biggest play for the modern, tech-focused luxury car market yet.

The first generation, released in 2003, put the British brand back in the driving seat, reinventing the wheel to become a sleeker, cooler version of the old-fashioned Bentley.

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# Hamilton superb in Italy as Froome seeks glory in Spain

## Tony Matthews

International Sports

A former player, Tony is now the world's most prolific author of football books with 150 published since 1975. He has also been a PE teacher and a policeman, and is now a quiz-organiser, fund-raiser, for various charities, and sports correspondent for Spectrum Radio.

Costa de Almeria

### RECENT ACTION

Start with football, and in recent World Cup qualifiers, England (with three goals in the last six minutes) were unconvincing 4-0 winners in Malta before beating Slovakia 2-1 at Wembley; Scotland won 3-0 in Lithuania and beat Malta 2-0; Northern Ireland defeated the Faroe Islands 3-0 and the Czech Republic 2-0 while the Republic of Ireland were held 1-1 by Georgia and Wales defeated Austria 1-0, courtesy of teenager Ben Woodburn's debut goal. On Tuesday, Wales met Moldova and Eire played Serbia.

Elsewhere, France crushed Holland 4-0, Belgium walloped Gibraltar 9-0 (to qualify for Russia 2018), Germany crushed Norway 6-0, Denmark thumped Poland 4-0, Spain spanked Italy 3-0 and there were also wins for Bulgaria, Hungary, Portugal, Romania and Switzerland.

Notts Outlaws won cricket's T20 Blast final, beating Birmingham Bears by 22 runs before 24,000 fans at Edgbaston. Over 1,000 runs were scored on 'finals day' as Notts clinched the 'white ball' double, having earlier in the year won the 50 overs title.

Lewis Hamilton, starting on pole for a record 69th time, spoiled the Ferrari party by winning the Italian Grand Prix in Monza last Sunday. Mercedes team-mate Valtteri Bottas was second with Sebastian Vettel third. Daniel Ricciardo (4th) had the 'drive of the day,' moving up 12 places. Hamilton

leads Vettel in the championship by three points with seven races left. It's Singapore next on September 17.

### DIARY OF EVENTS

On Sunday in Madrid, Chris Froome (Team Sky) could become only the third rider, after Frenchmen Jacques Anquetil (1963) and Bernard Hinault (1978) to win the Tour of France and the Vuelta a España in the same year. He was 61 seconds ahead of Italy's Vincenzo Nibali in the Spanish race at the start of this week.

There's a full programme of domestic League football this weekend, the 10 Premiership matches being Arsenal-Bournemouth, Brighton-WBA, Everton-Tottenham, Leicester-Chelsea, Manchester City-Liverpool, Southampton-Watford and Stoke-Manchester United on Saturday; Burnley-Crystal Palace and Swansea-Newcastle on Sunday and West Ham-Huddersfield on

Monday. Championship leaders Cardiff visit Fulham, Peterborough meet Bradford City in FL1, Forest Green Rovers take on FL2 top dogs Exeter, Aberdeen visit Hearts in the SPL and it's Barcelona-Espanyol, Deportivo-Real Sociedad and Real Madrid-Levante in La Liga.

The third and final cricket Test between England and the West Indies starts today at Lords. The series currently stands at one win each. England's in-form captain Joe Root recently scored his 5,000th run in Test cricket, doing so in 105 matches. Only four batsmen have reached that milestone in fewer games: Jack Hobbs (91), Wally Hammond (97), Ken Barrington (also 97) and Len Hutton (98).

Also the four-day European Masters golf tournament at Crans Montana in Switzerland began early this morning.

In American football, the 2017-18 NFL season gets underway this evening.

The women's and men's singles finals of the US tennis Open at Flushing Meadow takes place on Saturday and Sunday, along with the various doubles finals. Rafael Nadal and Roger Federer were scheduled to meet in the men's semi-final while Karolina Pliskova, Venus Williams and Spain's Garbine Muguruza were looking in fine fettle in the women's event. And when the American tournament is over, most of the players will take part in the Coupe Banque Nationale in Quebec or the Japanese Open in Tokyo.

Tomorrow, several top male riders will compete in the GP de Quebec cycle race in Canada while two days later some of their women counterparts will ride in the GP de Montreal in Canada and in the Madrid Challenge in Spain.

## Carp-R-Us Match report

THE fifth and final round of the Carp-R-Us August Mini-series was fished at the El Bosquet complex. The heavy overnight rain seemed to take the edge off the fishes appetite and weights were much lower than they would normally expect.

First was Roy Dainty with 14.46 kg caught using pole and bread. Second was Jackie Breslin with 9.00 kg using the same method, third was Steve Collins with 8.86 kg using pole and pellet and Jack Burrell was fourth with 5.36 kg.

This meant that Roy Dainty won a closely fought series with 87 points, Steve Collins was second with 85 points, Mark Foden third with 84. Jeremy Fardoe and Jackie Breslin tied for fourth with 80.

## Bettas Torrevieja RFC growing from strength to strength



**BETTAS TORREVIEJA RFC:** The club are looking forward to welcoming more players.

BETTAS TORREVIEJA RFC only started around a couple of months ago with the aim of getting a ladies team only, but now their aim has changed and they are looking at junior teams as well.

This is due to the amount of interest from the parents and children coming along and seeing the training, as well as the great publicity that the papers have given the club.

Now a few of the parents have shown an interest in training and looking at playing, so thanks to all the publicity and hard work of the club members promoting the club, the only way seems to be up. The club's aim was a senior team for next year, but this

could all change with the amount of interest being shown.

So come along and help the newest club in the area grow from strength to strength and be part of the development of rugby in the area and in Spain as a whole.

The club are looking forward to seeing plenty more players for training, juniors, ladies and men.

Training this week on Wednesday will be at the athletics track from 8.30-10.00pm and on Sunday morning at the athletics track at 11.30am.

For more information about the team and training contact Javi on 603 727 179.

## Torrevieja cricket results

**Pinatar Pirates 135 for 10, Torrevieja 59 for 10.** TORREVIEJA played hosts to local rivals Pinatar Pirates in the latest ECCL Division Two game and it was the Pirates who came out on top in a very low scoring game.

Batting first Pinatar were all out for 135 with only three players making double figures. Vikash Singh top scored with 29 whilst young Robin Singh took four wickets for only nine runs.

Another of the home sides senior bowlers, Neville Harris chipped in with three wickets as Torry looked to be on top at the interval.

However, the home sides batting struggled even more than the visitors and they were skittled out for just 59 in the 30th over. Gopi Singh took five for 18 in an excellent spell of bowling.



**BOWLERS:** Neville Harris and Robin Singh.



OVER £1.4b was spent by PL clubs during the transfer window with Manchester City splashing £213m, Chelsea £192m and Manchester United £146m.

Costa Blanca's best guide to local sport

TO READ MORE

## La Marina Golf Society at Las Colinas results

THE winner of the silver award was Gerry McCabe with 39 points. The points total was matched in the gold division by secretary Alan Craig who also had a nearest the pin.

Other NTP awards went to Colin Yarnton, Bill England and new member Tom Sheridan.

Next meeting at Bonalba is on September 14, when they shall be playing for the La Marina Masters trophy, first tee 10.08am at a cost of €44.

This is already heavily booked so contact Alan Craig to reserve a place on [a100ac@yahoo.co.uk](mailto:a100ac@yahoo.co.uk).

The presentation will be in the evening at La Marina Club where a



**LA MARINA: Members who played at Las Colinas.**

two-course meal with wine and musical entertainment is on offer at €15. Please contact Elsbeth Craig on [elspeth4mcd@yahoo.co.uk](mailto:elspeth4mcd@yahoo.co.uk) by September 6 to book.

## Orba Warblers golf results from Levante

WITH the heavens threatening to open up on Levante, 16 Orba Warblers braved the course for a Pairs Texas Scramble. Luckily for all, the day stayed mostly dry and the competition finished without a hitch. The winning pairs were -

1st - Roy Booth and Steve Smith - Net 65.4

2nd - Fred Cooley/ Malcolm Monti - Net 68.2

3rd - Arthur Sullivan/ Michael Morley - Net 70.5

4th - Michael Taylor/ Chris Williamson - Net 70.6

The Football card went to David Knight with Airdri.

Next week, September 13, will be at Alenda. First tee 10.00am so please arrive by 9.15am for



**ORBA WARBLERS: Braved the course for a Pairs Texas Scramble.**

registration. Guests are welcome subject to space availability and Current Handicap certificate.

To book, please contact Mike Taylor on [mjt@stylepms.com](mailto:mjt@stylepms.com) or phone 639 242 896.

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THIS month Busters Golf Society returned to Alenda golf course.

NTPs were won by: on the third hole Helen Beddows, the fifth was taken by John Rush. Ally Farquarson won the 13th and the 16th was won by Peter (Jay) Unsworth.

The runner-up for the memorial shield with 34 points was the ever-

## Busters Golf Society

consistent Phil Pettican.

The winner this time and holding the shield for the next year was Barry Grinsell, narrowly beating Phil by 35 points.

The soccer card this month was

won by Brian Jones who had selected Barcelona. No one had a two this month so the two's pot has been rolled over.

Busters Golf Society is a small friendly group of like-minded people

who play on the first Friday of the month, depending on the time of the year they generally have between 16 and 24 players.

If you are interested in joining the society (it's free) then please email Barry Grinsell at [bustersgolfsociety@hotmail.com](mailto:bustersgolfsociety@hotmail.com) quoting your phone number and current handicap.



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