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Unhappy hunting ground

DECEASED and elderly residents are alleged to be victims of identity fraud for the creation of an illegal hunting reserve.

Guardia Civil arrested four people in Crevillente on suspicion of falsifying documents, theft of civil status and coercion.

The gang, who may be part of a criminal organisation, reportedly attempted to create a 353 hectare hunting area in the village of San Felipe Neri.

One of the men arrested is president of the association El Rincon, an irrigation company, and police are probing if he dishonestly used data he had access to.

The defendants are also alleged to have contacted several complainants, encouraging them to withdraw their complaints.

The probe began when residents reported that their land had been included on a private hunting ground without their consent.

One furious local told Spanish media that hunters were laying down bait for birds and rabbits on his plot.



THE GAME IS UP: As the gang's chief is led away.

€1.6 million mafia fruit sting Orange crush

AN Italian mafia boss and five gang members have been held for allegedly stealing fruit and vegetables worth €2.5 million in Alicante Province.

Officers of the Guardia Civil received a number of complaints from a fruit and vegetable grower in Cox who had been persuaded to sell 1.6 million kilos of produce to a group claiming to represent a large UK supermarket chain, but no payment was received.

When the documents accompanying the shipments were investigated, investigators found a number of irregularities which revealed that rather than being sent to the UK, the con-

signments were shipped to France, Italy and Romania and sold on the black market.

With the help of INTERPOL and the Romanian Police, the Guardia Civil was able to identify the transport company used to ship the bulk of the produce.

Detectives were able to piece together the way in which the scam operated, with the producer being sent apparently credible orders before the fruit and vegetables were collected in lorries bearing fake number plates and false livery.

These were driven to a warehouse in Real, Valencia Province, before the goods were loaded onto new vehicles

bearing legal number plates.

Apart from the members of the gang, they also arrested two Italians, one of whom has been identified as the head of a Sicilian mafia group who had, according to the Guardia Civil previously been involved on a bombing attack on his own family.

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NEWS EXTRA

Repeat offence

LOCAL POLICE in Redovan arrested a 19-year-old for the second time in two months after he was seen breaking into a house. He was chased for two kilometres before being caught after hiding in a pipe.

Light work

A FOUR year contract will guarantee maintenance of street lighting in Torrevieja at a cost of €374,000 per annum. This sum is less than half of the amount originally budgeted.

Hot cheese

A VAN transporting a large amount of cheese burst into flames in the small town of Guadeloupe in front of the Catholic University of Murcia. Although it caused a great deal of smoke, no-one was injured before it was extinguished.

Road wars

THE Spanish government will assume control of a project to improve the controversial and dangerous N332 road near Torrevieja after a bitter two-year battle between the local, regional and national administrations.

Clean sweep!

Conservation group visits town

By John Smith

ACTIVE for 40 years, the Mare Nostrum project operated by the Sea Shepherd Conservation Society visited Santa Pola to assist in the clearing up of the sea bed.

Its main vessel, the Brigitte Bardot which has been travelling the Mediterranean is dedicated to the removal of plastic waste, broken nets and other detritus which is dangerous to marine life.

Working with Héctor Blasco, the driving force behind the Clean Beach Santa Pola Project as well as the Fishermen's Guild of Santa Pola and the Anthias diving centre, the vessel spent a day and half in the local waters clearing rubbish and analysing the local water.

Divers removed discarded nylon fishing nets from the sea bed as well as dangerous hooks and other rubbish, all of which can damage marine life of all kinds as well as sea birds that can swallow floating hooks or be caught up in



MAIN VESSEL: The Brigitte Bardot Catamaran in dock.

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plastic.

This is an ongoing process of education which the French organisation, working mainly with volunteers, is operating along the coasts of France, Italy and Spain.

In addition, it is strongly opposed to the killing of whales and other sea creatures around the world and has most recently highlighted the massacre of sea mammals around the Faroe Islands.

Death threat horror

WHEN three men asked to see the owner of a company in Elche, he thought they were there to do business but instead threatened to kill him and his family.

According to the men, they had come to collect money for an outstanding drug debt and when he suggested they had the wrong person, they became hostile and threatened to kill him and his family unless it was paid.

Worried by these threats he agreed to pay but explained he didn't have any money with him and they would have to return the following day for payment and they agreed.

Once the men left, he immediately visited the National Police in Elche and whilst there, received a call from an employee saying the men had returned demanding payment.

Accompanied by officers from the Violent Crime unit, he returned to his office where he identified the men and they were arrested.

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SEASONAL PRICING			

Earth moves

A SMALL earthquake that registered 2.7 on the Richter Scale with an epicentre off the coast of Guardamar del Segura and Santa Pola was felt in Los Montesinos and Torrevieja. The National Geographic Institute (IGN) recorded that it was 12 kilometres deep, and was the latest of a series of mini quakes experienced this summer.

Boiled sweets

FIREFIGHTERS from Molina de Segura were called to a fire at the premises of the Vidal sweet factory. According to reports, a machine caught fire during the evening which generated a great deal of smoke which alerted the neighbours to call the emergency services. Workers tried to put out the small blaze before the fire brigade arrived.

Not so cheap

THE city centres of Elche and Altabix have been declared the most expensive area to rent commercial premises in the area. People looking to rent a building for their business in one of the main streets in the centre will be expected to pay approximately €2,000 per month; the cheapest area - Sector V - is around €400.

Train mystery

A 40-YEAR-OLD woman has died after being hit by a train in Totana, Murcia. The circumstances that led to the death are yet to be investigated but it happened one kilometre away from the station on the Lorca-bound line. Police and ambulances arrived at the scene but were unable to save the life of the woman.

Police chase

LOCAL POLICE in Murcia are continuing to look for the driver of a vehicle that drove off after being stopped by a police patrol in the La Fama area of the city. He left the scene without warning during questioning and managed to evade the

Buried bones spark probe

SPAIN'S National Police force is investigating a human skeleton found buried on a beach in Alicante.

A man walking his dog in the El Saladar area discovered the remains just 300 metres from where he also found human remains in January.

According to police sources the two findings appear not to be connected.

Forensic tests are now being performed to determine the identity and cause of death.

National Police officers discovered the corpse

buried in a rocky area, about 30 metres from the shore.

Firemen were called to help excavate the human remains.

An almost complete skeleton, standing just 1.5 metres tall has been recovered, although it is in an advanced state of deterioration.

The remains found in January were more than 100-years-old and there were no traces of DNA remaining.

SPANISH FACTS OF LIFE... 29

Tomorrow (Friday) is Queen Letizia of Spain's birthday, this most modern of royals having charmed the world with her grace, compassion and stylish wardrobe.

Crowning glory



QUEEN LETIZIA is known as much more than the consort to King Felipe VI and mother to her two daughters Leonor (11) and Sofia (10). A style icon, philanthropist and Special Ambassador for the UN, she has built a reputation for being elegant, kind and socially aware, and gave the Spanish Royal Family's declining image a much-needed boost when she was crowned Queen in 2014.

Not your average royal!

Like the Duchess of Cambridge Kate Middleton, Letizia does not have royal blood by birth, being the daughter of a journalist and a nurse from Oviedo, while her grandfather worked as a taxi driver.

She is the first non-noble person to be crowned Queen of Spain.

Letizia is known for her fashion sense and is often praised by fashion bloggers for her flawless outfit choices. She is a loyal Hugo Boss fan but also steps out in high street brands while on official duty.

Among her many duties as Royal Consort to the King, Letizia focuses her attention on many charitable causes and is particularly passionate about campaigning for children's rights, culture and education.



STILL ACTIVE:
Queen Sofia.

Women of means

- Isabella I (1451-1504) was the Queen of Castille and responsible for the political unification of Spain following her marriage to Ferdinand II of Aragon. She lowered the country's crime rate and unburdened the kingdom of the debt her brother had left behind.

- Mary I (1516-1558) was the daughter of King Henry VIII's Spanish wife, Catherine of Aragon. As well as reigning as Queen of England and Ireland, she was the Queen consort of Spain following her marriage to King Phillip.

- Isabella II (1830-1904) was crowned Queen at just three years old, but her succession was disputed by those who refused to recognise a female sovereign and led to the Carlist wars. She was eventually deposed in the 1868 Glorious Revolution.

- Queen Sofia (1938-), Letizia's predecessor still takes an active role in royal duties and remains dedicated to her passions such as art, sport and charity work. She is the executive president of the Reina Sofia Foundation which raises money to fund international projects in education, healthcare, environment and women's rights.

pursuing officers due to him having a head-start on them.

Light crossing

ORIHUELA has become the third city in Spain to integrate a series of LED lights into its pedestrian crossings. At a cost of €7,500, both pedestrians and drivers alike will notice the changes that have

already taken place on Los Andenes that is part of a major programme of works announced for they city.

'Foreign' workers

ACCORDING to a recent study published by the Spanish public employment service (SEPE), Murcia is fourth on the list that employs workers that

originate from outside the region, although the majority of the employees come from the nearby Valencian Community. The amount of people coming to work in Murcia from outside has stabilised over the past year.

Smoke inhalation

FIREFIGHTERS were called to a fire that broke out in a property on Calle Alcoy in Santa Pola. Two fire engines from Elche and one from Santa Pola itself attended the incident which required the rescue of an elderly woman. She was treated at the scene before being taken to the local health centre suffering from smoke inhalation.

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The total number of news and features which appeared in Issue 1679 of the Euro Weekly News Costa Blanca North edition, including 75 local stories.

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 - 2015 Working together with Foreigners Department Mijas Town Hall
 - 2014 Diploma of Honour - Premios AEEPP
 - 2011 Company of the Year - Costa del Sol Business Awards
 - 2010 I Love Marbella - Professionalism award
 - 2005 Working together with Foreigners Department Mijas Town Hall

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Top 5 stories

From 4 - 11 Sept

- 1 First two days of strike action suspended at Spain's airports to allow space for talks - **7,813**
- 2 Ryanair to axe wheelie bags in cabin - unless you book priority - **6,768**
- 3 UK-Spain flights face disruption from French air traffic control strike - **6,322**
- 4 Weather alert for three-metre high waves in Malaga, Granada and Almería - **5,672**
- 5 Check your €20 banknotes now it could win you €6,000! - **5,575**

Top Social Media comments

UK-Spain flights face disruption from French air traffic control strike - Every single year, Europe has to endure this from the French. Can anybody understand why this is allowed to happen. If these people hate the job/conditions, leave and be replaced. The French are very weak over this. *Richard Taylor*
Police investigate human skeleton found buried on Spanish beach - Seems very strange January and again now. Wonder if he knows more than he is saying. Spooky! *Wendy Holliday*
 My dogs would have found it all in one go, first time and dug it up for the police! *Julie Jones Peel*
TV presenter blasted for 'macho' stunt as co-star's skirt is slashed live on-air - Male chauvinist and a pervert, can you imagine if she was cutting his clothes off? (Not that anyone would want to) disgraceful to think young children might be watching! He needs to imagine if that was his daughter after all she must be the same age as his daughter??? *Imelda Hall*
 Apart from him being a total creep, what person in their right mind chases anyone around

with open scissors? Me thinks he has serious mental issues. *Geoffrey Wilson*
Drunken passengers who cause emergency landing for Alicante-bound flight are sentenced - Why don't they sort out the cause and not the end result... so it is ok for them to sell drinks on the flight!!! but then when for whatever reason they were delayed everyone is surprised when people for the flight then get pissed... just stop all the drinking on the flights and close the rip off 'lounge' bars and the tax free shops... oh no we can't do that... then stop moaning... *Mike Aucott*
 Totally inadequate for the disruption they cause. Limit drinks at airports and on flights. Easy to do just stamp their boarding pass. Allow two drinks and no more. *Maureen Quarington*
Torremolinos animal shelter killer faces new charges - It's so easy when you work for a charity as others perceive you as a genuinely good person therefore placing you in a position of trust and unimpeachable. I have personal experience of this having witnessed fraud in a local charity in Mallorca. *Susan Ryan*

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Poll of the week

Given the number of incidence involving drunk travellers on planes heading to/from Spain, should an alcohol limit be introduced in airports?

LAST WEEK'S POLL:

As protests mount in Cataluña and Mallorca, should numbers be limited in Spanish tourism hotspots

Yes = 67%
 No = 33%

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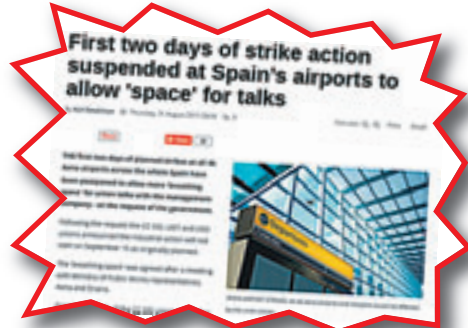
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SPAIN AIRPORT STRIKES: All 46 Aena airports and heliports would be affected by the union action

TRIVIA FROM AROUND THE WORLD

The US flag was designed by Robert Heft as part of a high school project. Initially, he got a B- on the project, but after his design was chosen for the country, his teacher gave him an A.

The famous Swedish Ice Hotel is now required by law to include fire alarms, despite being made entirely out of frozen water.

In the last 3,000 years, there have only been 240 years of peace in the world.



Did you know?
 Ramon Artagaveytia was one of the only 65 passengers who survived the fire and sinking of the ship 'America' in 1871. The mental trauma gave him nightmares for the rest of his life and kept him off ships for 40 years - until April 10, 1912, when he decided to visit the US and boarded the Titanic.

Lost in translation



NO LITTERING - VIOLATORS WILL BE FINE CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.
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BEACH READY: Megan Mckenna.

Fun in the sun

M E G A N MCKENNA, the 24-year-old star of *The Only Way is Essex*,

has been spotted getting passionate in Marbella with boyfriend Pete Wicks. The couple are back together after breaking up on their five-day trip when Pete was accused of exchanging flirty texts with other women.

Made in Ibiza

THE cast of Made in Chelsea have wrapped up filming for their summer show, *Made in Chelsea: Ibiza*. Two of the reality TV show's stars, Pablo and Tiff, were filmed finally calling time on their relationship on top of a cliff after Tiff flew in to the island to check up on her former boyfriend.



HITCHED: Lacey Turner.

Island wedding

EASTENDERS star, Lacey Turner, has married her childhood sweetheart in Ibiza after 11 years together. The brunette actress stunned in a floral gown as she wed her barbershop-owner husband, Matt Kay, surrounded by cast members and friends.

Rooney girl hits Spain

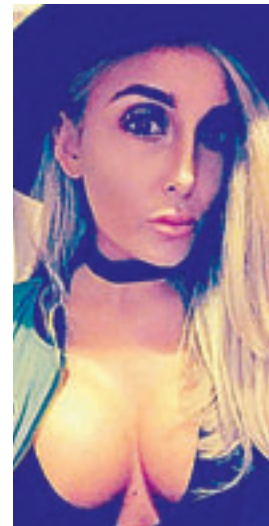
LAURA SIMPSON, the 29-year-old girl Wayne Rooney was caught sharing a 'kiss and cuddle' with, has been photographed in Marbella.

The mother-of-one has fled the UK in the midst of a media storm to enjoy the Spanish sun. The former lettings agent was snapped strolling along a beach wearing a nude bandeau top and snakeskin bikini bottoms after insisting her night with the Everton footballer was just "harmless fun."

The 31-year-old Everton player is said to have flirted with Miss Simpson

at a pub in Cheshire before drunkenly driving her car home. The father-of-three was then reportedly pulled over by police at around 2am for having a missing brake light before being breathalysed and arrested.

Rooney's wife, Colleen, is said to have left her €6 million marital home in Prestbury, Cheshire, and moved into her parents' house in Liverpool. According to media reports, Wayne now faces losing half of his €80 million fortune if Colleen now files for divorce.



CURVY: Laura Simpson.

What a cheek!

TOWIE star, Amber Dowding, has flashed the flesh at a party in Marbella.

The 24-year-old reality TV star went knicker-free in a white, Grecian-style dress while filming for hit show *The Only Way is Essex*. The blonde stunner showed plenty of leg in the floor length gown which was slashed up the side to the waist. With gold glitter on her legs and side, the beauty was photographed kissing on-again, off-again boyfriend, Chris Clark, aged 23.

Also enjoying the pool party was 23-year-old co-star Yazmin Oukhellou. The brunette

wowed in a gold cut-out bikini as she snuggled up to boyfriend James Lock, aged 30.

Yazmin jetted into Malaga Airport last month to film scenes for the show following corrective surgery to her nose in Turkey in July after an accident left her with a 'small bump.'



RACY: Amber Dowding.



PARTY TIME: Conor McGregor in Ibiza.

Punch drunk!

BOXER, Conor McGregor, has been snapped letting off steam in Ibiza after his recent fight against Floyd Mayweather. The 29-year-old attended the wedding of childhood friend, Tom Devitt, still sporting a black eye after earning £100 million (€1,100,000) for losing in the 10th round to Mayweather.

The handsome fighter looked healthy and happy in a white shirt and grey suit trousers while he danced with friends at the wedding and downed whisky.

The super-fit star reportedly hired a 100-foot private yacht for his friends to celebrate the event. The fighter also brought his sisters Erin and Aoife, and parents Margaret and Tony on the trip around the Balearics. After the wedding, McGregor took to Instagram to express his delight for his friends, commenting, "some buzz watching two childhood friends get married in Ibiza. Congrats Tom and Emma, absolutely delighted for you both. Bring on today's party, oh yes!"

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Spy game!

By Kat Ashton

FACEBOOK has been slapped with a €1.2 million fine after breaking Spanish law.

The Spanish Data Protection Agency (AEPD) claimed in a report that the social media site had violated their users' privacy on multiple accounts by exploiting their personal data for advertising purposes.

The AEPD focused on how Facebook harvests information on people's sexuality, religious beliefs and ideologies without informing them how it plans to use this information. The agency said that users did not give the social network consent to manipulate their information for these purposes and revealed that the company broke more laws by not deleting the data once it was no longer useful.

In a statement, Facebook rejected the accusations and claimed that the AEPD was wrong to accuse the company of showing advertising based



NO PRIVACY: Prosecutors say the site violated users' privacy.

on sensitive personal information. They assert that their ad-targeting was solely based on content people 'liked' on the site.

However, under EU law, 'any information relating to an identified or identifiable natur-

al person' qualifies as personal data, which includes the content people 'like.'

Spain has followed the example of France, Belgium and Germany who have also taken action against the company in recent months.

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LOCAL POLICE in Elche have stopped a truck driver and charged him with a series of motoring offences.

The driver of the five-ton truck was found to be twice over the permitted alcohol limit, tested positive for cocaine and, according to the onboard tachograph, had been driving for 20 hours without taking the mandatory rest.

Transport regulations do allow a certain degree of flexibility but there is a clear stip-

Positive truck driver

ulation that the maximum number of hours allowed is nine hours per day with a rest period of 45 minutes every four and a half hours. After that, professional drivers must take a rest of 11 hours before getting behind the wheel again.

It was due to the police seeing that he'd driven for so

long that they suspected as to why and prompted the test for drugs. They showed that he'd recently taken cocaine.

The maximum fine for this €4,000 and a loss of six points on the driving licence. Driving under the influence of drugs is becoming more common and is detected more often at police checkpoints

and officers in Elche continue to monitor this offence particularly among freight transporters.

They are also using more sophisticated monitoring machines and able to get results of all kinds of tests more efficiently to enable offenders to be brought to justice quicker.

Attack trial delayed

A TOTAL of eight years imprisonment has been requested by the prosecution after an attack on a nightclub doorman.

The 57-year-old man was accused of 'glassing' the victim in the face and left him with lasting damage to both eyes when the doorman asked him to leave the premises in Torrevieja. The trial has only now come to court in Elche so that a full account of the events can be established from a number of witnesses.

So severe were the injuries to the man that he was off work for over six months and he is still suffering as a result of the attack with sight issues in both eyes that re-

quired emergency surgery at the time.

The prosecution is seeking compensation of €190,000, plus interest to cover the intervening years since the incident, and a further €8,730 for the injuries. They are also seeking the payment of court costs and other legal expenses.

The attack took place during a stag night that was being celebrated at the well-known venue in the Vega Baja area which has recorded a number of similar incidents in recent years that have been put down to the amount of people in the venue and the effects of alcohol.

OUR VIEW

Catalan problem

AS the Spanish Foreign Minister gets ready to visit the Campo de Gibraltar to discuss the future of the area after Brexit, he has greater problems on his mind.

If the Spanish government expends so much time on trying to recover a tiny enclave at the southernmost tip of the country, it now has to look elsewhere to an area that covers 32,000 square kilometres and has a population of 7.5 million.

The Catalan Parliament is simply ignoring instructions received from the national government and the majority ruling party no longer recognises the legitimacy of Spain in the area.

It intends to proceed with what is regarded by Spain as an illegal referendum as it wants to declare independence and has even indicated that it intends to retain the euro as the official currency in the event that it does secede from Spain.

The European Union has made it clear that it would not recognise a new Catalan State and that it would not be able to officially use the euro as its unit of currency.

As police officers raid offices in Barcelona, there have been demonstrations on the streets but we can only hope that if the referendum goes ahead, there will be no independence majority otherwise the country runs the risk of falling into total chaos.

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Hay can I have a burger?



FAST FOOD: Women on a horse ordered a burger.

WORKERS were left stunned after an unexpected vehicle appeared at a Burger King drive-through.

Two women rode up to the window on the back of horse to order their food in Pilar de la Horadada.

Workers took the opportunity to take pictures of the pair and their vehicle, which soon went viral on social media.

The fast food chain, with a 132 customer capacity - estimated for people, not horses - is the southernmost establishment in the Comunidad Valenciana.

The franchise is the newest in Alicante, having only opened in April this year by the Pilar de la Horadada mayor, Ignacio Ramos, and the president of Burger King Spain, Gregorio Jimenez.

8 centimetres: The leg span that an Andalusian funnel-web spider can reach, Europe's largest spider.

Little joy from Madrid

LITTLE conclusive emerged from Generalitat president Ximo Puig's recent visit to Madrid.

He came away from his meeting with Mariano Rajoy, president of the Spanish government, with promises for a review of regional funding but only as part of 'global' negotiations.

Meanwhile, Ministry of Finance figures for

2014 detailing the funds that autonomous regions contribute and receive in return, showed yet again that the Valencian Community draws the short straw.

Although the region's per capita income is below the national average, in 2014 the region sent Madrid €1.7 billion more than it received.

Valencia has the third-highest negative balance in Spain after the Madrid Community, which received €19.2 billion less than it gave and Cataluña with €9.9 billion.

These official figures demonstrated yet again the Valencian Community's "systematic ill-treatment" and discrimination, Generalitat sources said.

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Fires in the city

FIVE fires broke out in the space of just three hours in the centre of Alicante.

All were found in rubbish containers in different parts of the city and it is believed they were all started deliberately, possibly by the same person as they made their way on foot around the streets. Emergency services were called to the scenes between 4.15am and 7am.

The first was in the Gran Via in a bin found on the corner of Calle Rafael García Vidal, and the second at 5.30am on Calle Quevedo. An hour later, firefighters were

called to another container on fire on Calle Santa Marta by the Plaza Gabriel Miro, followed by two more in the space of a few minutes on Calle Gerona and Calle Bazán.

Six firefighters needed to be sent to each fire and became a strain on the resources of the city's fire service during the three hours of the incidents.

Three patrols of the Alicante Local Police also joined the firefighters to cut off the affected streets which didn't cause too much inconvenience to traffic at that time of the morning.

Collision results in four injured

A 24-YEAR-OLD man was seriously hurt and three others were left with minor injuries following a collision between two cars on the N-332.

The events occurred when an Opel Corsa was involved in a head-on crash with a Fiat 500 on the N-332 road in Santa Pola adjacent to the Pola Park amusement cen-

tre. Emergency services attended the scene and members of the fire brigade were called to disconnect the cars' batteries to prevent the possibility of fire breaking out.

All four people involved in the accident - three in the Opel Corsa and the driver of the Fiat 500 - suffered various injuries with the

most serious of them needing to be freed after being trapped in the back of the car. They were all taken to the Elche General Hospital.

The other occupants of the Opel were men aged 25 and 27 who both suffered bruises and minor abdominal pain. The driver of the Fiat - a 59-year-old woman - also suffered bruising.

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Moving to Europe is a dream for so many Britons. Some aim to retire abroad, while others cannot wait and move over while still working, or take early retirement to start the dream sooner rather than later.

What about you?

Around 900,000 UK citizens are currently long-term residents of other EU countries, according to the Office for National Statistics. But will this trend continue after Brexit? In fact, we have noticed a surge in interest from people who want to leave the UK, and as soon as possible. With offices in five EU countries, including Spain, we are also getting enquiries from people who have not yet chosen a country and are investigating their options.

Residency rights

Reassuringly, both the UK and the EU have said they will recognise existing residency rights. So if you are already fully resident within the EU - or gain residency before a certain date - you should keep the right to stay there permanently.

What we do not yet know is what the cut-off date will be, or what the rules will be for those who arrive

Britons continue to move to Europe – Are you one of them?



By Brett Hanson,
Partner,
Blevins Franks

after Brexit. New mutual agreements should lay out how processes like acquiring residency, visas and permits will work in a post-Brexit world. We anticipate that most countries will continue to welcome British expatriates, but the procedure may be less straightforward than today. You may want to secure residency soon – under

current rules – rather than waiting to see what happens.

Which country?

For many people it is an easy decision; they have visited a country a few times and can happily picture themselves living there. But could the tax implications put you off?

Others are still weighing up a few different countries. In this case you need to think about which country will suit you best, but also research the tax regimes as one of the factors to consider.

For most of us, lifestyle is more important than how much tax you pay, but tax does play a part and tax burdens vary across countries.

You may be surprised to find that, with effective, compliant tax planning in place, the taxes in your preferred country, such as Spain, are not as high as you imagined. With a deep understanding of the local tax

regime and planning opportunities you may be able to significantly reduce your tax liabilities. This is particularly the case if you are retired and have pension and investment income, as how you hold your assets can make a big difference to how they are taxed.

Tax and estate planning tips

This is not an area for do-it-yourself tax planning. However much research you do on the internet, it will not match the knowledge and experience you get from a specialist who lives in the country, has been working with the local tax system for years and knows how to use it to your advantage.

You also need to think about when to sell assets. Weigh up whether you would be better off selling UK property and investments while still UK resident, or waiting until you are

resident in your new country.

It is also important to consider estate planning, as each country has its own succession laws and often some form of inheritance tax, typically with very different rules to the UK. Again, these rules can often be overcome or mitigated with local knowledge and careful planning.

Cross-border financial planning can be complex at the best of times. The new global automatic exchange of information regime makes it even more important to get this right, and Brexit adds further considerations. Specialist advice from a firm that can advise on a few countries and the interaction between regimes will be invaluable as you navigate this new world.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com.

The Blevins Franks Autumn Seminar

Global investment market outlook in light of Brexit and Trump

Seminar

Guest speaker, Dr Stephen Wood, Chief Market Strategist, North America for Russell Investments, will discuss concerns like Brexit and global uncertainty, putting them into perspective for us and making sense of the noise.

Dr Wood conducts research on the economy, capital markets, portfolio strategies and investor behaviour. He is a frequent contributor to the international media, appearing on CNBC, BBC and Bloomberg TV, and is a very entertaining and engaging public speaker.

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Buckle up!

UNTIL and including this Sunday, the Local Police in Cartagena are carrying out their latest traffic control campaign.

With the collaboration of the Spanish traffic directorate (DGT) this time, they will be looking out for people not wearing safety belts and for children not seated in appropriate child restraint seats.

Checkpoints and controls are being set-up in different parts of the city but more so in the outskirts where it's accepted that more people are likely to take risks and not comply with the laws.

This preventative campaign seeks to raise awareness among all drivers and passengers that the seat belt is a basic and fundamental element of road safety and has been proved reduces by 50 per cent the risk of receiving very serious injuries or dying in road accidents.

Not wearing a seat belt is, along with speeding and driving under the influence of alcohol, one of the major contributions to the number of deaths on Spanish roads.



PLAGUE: Market shoppers needed medical treatment for bites.

Mozzies bite back

THE recent rains that hit many areas of the Costa Blanca affected Torrevieja more than most. One of the major downsides has been that it has meant an infestation of mosquitoes that particularly affected the weekly market shoppers in the city that provided a source of food for the insects.

Many visitors to the market were forced to seek medical treatment such as the severity and intensity of some of the bites.

As a result, the municipal

council of Torrevieja announced an urgent and immediate campaign of fumigation to deal with the plague of mosquitoes that always appears after heavy storms.

The town hall announced that the anti-mosquito treatment would be carried out until today (Thursday) and fumigation teams from the company that provide the service - Compañía de Tratamientos Levante - have been out in force among all the urbanisations,

popular neighbourhoods and public spaces.

As Mayor José Manuel Dolón explained, the intense rain and the resulting wetlands created in the outskirts of Torrevieja had encouraged the hatching of the mosquito larvae with the resulting infestation in the city.

This isn't the first time that Torrevieja has suffered a mosquito invasion; in fact it has experienced a number of the tiger variety in recent years.

NEWS EXTRA

Bridge worry

RESIDENTS living in Calle Tiñosa in Murcia have contacted the town hall with their concerns at some of the building issues at the new bridge shortly opening to traffic.

Duck route

A RESIDENT of Espinardo in Murcia got a big surprise when she found a wild duck walking alongside her as she enjoyed a lunchtime stroll along Calle Calvario.

Bike ride

A NUMBER of cyclists took part in a special launch event in Cartagena aiming to travel 2,000 kilometres around different Spanish cities to raise funds for charity.

No cover

ONLY 77.5 per cent of homes in the Murcia region have household insurance which equates to less than one in four, which are slightly higher than the national average.

Long wait

AFTER two years of having to leave their homes due to structural damage caused by water leaks, four families in Orihuela are still homeless and awaiting compensation.

Car fall

A YOUNG woman has been injured after the car she was driving fell down an embankment in Torre Pacheco. The 22-year-old was taken to Los Arcos Hospital.

Less shop

EROSKI is cutting its area in the Aljub Shopping Centre in Elche to 3,000 square metres with a resultant reduction in staff. It is possible the remaining area will be passed to a franchisee.

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Did you lose money in an off-plan property purchase?

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This is great news for thousands of affected families...

- If you paid money to a builder for your off-plan property and won the court case but he has no money... **what do you do?**
- If you paid money to your builder for your off-plan property, but he did not pay for the insurance... **what do you do?**
- Who has an obligation to pay you? **How do you claim for this money?**
- **How can you guarantee a win?**
- **Ask for proof of cases that have gone to court and been won**

Pellicer & Heredia has won many cases, not just in recent months, but also during the boom years.

If you were affected by this subject it is of the utmost importance that you ask for legal advice. Let Pellicer & Heredia look at all of your documentation regarding the payments and the property in order to study the case and start the claim process.

To receive more information about this or any other matter, please do not hesitate to contact our team of specialists.

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First 'hostel' complaints

CARTAGENA will be getting a boost to its hospitality sector with a new 47 room hotel.

Planned to open in time for next Easter, the completely new building will be more of a 'hostel' that offers multiple rooms for sharing although there will be a number of single and double rooms. The works have already begun and the promoters behind the project - Gestión Hotelera SL - want to have everything ready in time for the Easter parades.

The location for the hotel is on the empty 341 square metre plot in Calle San Crispín, close to Calle San Diego, and classed as an important tourist area for Cartagena as well as attracting students and friends of the Cartagena University. The plan is to create special packages during this time.

The completed hotel will comprise four floors and a basement level with 47 rooms covering a total of 1,900m². Two of the rooms will accommodate eight people, one for six, 25 for four people to share, 16 double rooms and three singles. There will



READY FOR EASTER: The site of the new hotel.

also be one especially adapted for disabled use and all rooms will have a bathroom, air-conditioning and a WiFi connection. Extra facilities in the building will include a gymnasium, games room and a solarium.

This will be one of the first of its kind to open in the Murcia region that will have official 'hostel' designation. The sharing rooms will have very cheap rates - between €17 and €20 a night - while the rest, intended for the

use of families and businessmen will cost around €40.

RYA Gestión Hotelera SL has also announced that similar hostel-type projects will shortly be announced for Madrid and in Estepona in Málaga.

The project in Cartagena has not been welcomed by all, with some locals believing that the amount of young people in the area using the facilities can only lead to trouble and noise at night.



ELCHE TOURIST OFFICE: Ever more visitors.

Another tourism success in Elche

ELCHE has joined an ever increasing number of municipalities reporting increasing numbers of tourists both internationally and from within Spain.

Announcing details of hotel occupancy for the summer, Councillor Mireia

Mollà said: "We are very satisfied with the figures for 2017 so far. We are consolidating our presence as a tourist destination with the increase in these hotel occupancy numbers, which are a reflection that Elche is fast becoming an attractive tourist destination."

During the period August 7 to 17 - which coincided with the annual fiestas - hotel occupancy was 95.2 per cent and an increase of 3.5 per cent compared to the same period in 2016. For the first fortnight in August, it was at 92.2 per cent and 3.3 per cent higher than last year.

Overall figures for the first seven months of 2017 returned 68.3 per cent and almost 10 per cent up on 12 months ago.

Councillor Mollà also commented on the success of the internet in the promotion of the city. "We have improved our website and made more use of social media platforms and the activity has been nothing short of frantic. The website itself has attracted more than 35 million hits."



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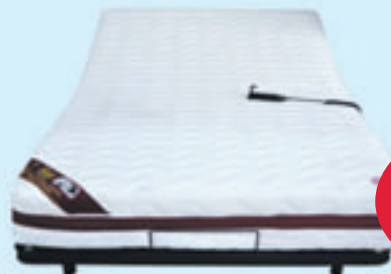
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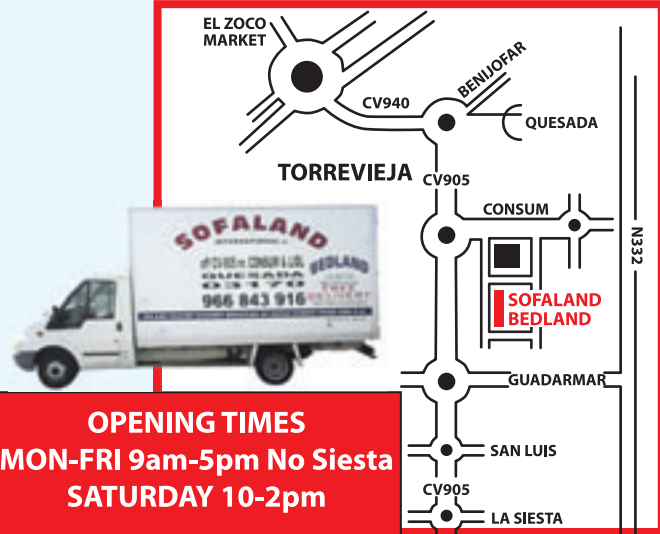


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Overtime hours to cost an extra million

THE cost of the extra hours worked by members of the Local Police, firefighters and cer-

tain council workers in Cartagena will cost €1,000,000 more than originally budgeted.

This was acknowledged by Councillor Francisco Aznar in answer to a question raised during a council meeting by the opposition Partido Popular (PP)

Due to the ongoing level four security alert throughout Spain, there will be a need for a further 71,000 hours of work to be undertaken by the three main groups of workers which has resulted in the overall budget now standing at €2,560,000.

Broken down, an additional 18,000 hours are to be worked by municipal workers, 29,000 by Local Police and 24,000 by firefighters, but the councillor did emphasise the €2.56m budget was the same as last year. Those costs were €1.3m for Local Police, €755,000 for the fire brigade and €515,000 for municipal services.

More space but fewer seats

THE famous Plaza de Santo Domingo in Murcia will see an increase in the amount of space available for pedestrians and the accessibility of emergency vehicles.

The projected extra 330 square metres will be achieved by asking restaurants in the square to reduce the current number of 186 permitted tables to 106, and the affected establishments will be given three months to remove the offending pieces of street furniture.

The stated aim of the local council is to come to an acceptable agreement with the business owners to balance their needs to attract customers with those of passing



ACCESS: Plaza de Santo Domingo to get more freedom of movement.

pedestrians and the requirement of vehicle access in accordance with the existing laws.

The logistics of such a move have been studied in great detail. Therefore, the current 19 establishments that have 186 tables between them will be reduced by 44 per cent and left with 106.

The Plaza de Santo Domingo is the latest in the city centre to have its seating capacity reduced following on from the Plaza de Europa. That saw its number of tables being reduced by 20 per cent to 45 from 60. Next on the list for revamping will be the areas of Cristo del Rescate and Cristo del Resucitado.



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NEWS EXTRA**Grant date**

SCHOLARSHIPS totalling €3.7m have been made available for university students by the central education department. Students can apply until October 6 for a maximum grant of €600 per month.

City jewels

ORIHUELA City can boast what is being called '71 jewels.' These buildings of cultural interest are now being promoted more and being preserved for future generations of visitors.

No wine!

ONLY six farmers are still growing grapes in the La Mata area. It is predicted this shortage will see the end of the wine sector within 10 years.

Faulty ship

THE cost to repair the Pascual Flores sailing ship in Torrevieja that recently had a dangerous mast removed has been estimated to cost between €600,000 and €1 million.

Costs up

COSTS of shopping for the Elche community has increased by €60 a month compared to last year, taking the total to €116 and an annual cost of €1,391.

Speed cops

A TOTAL of 189 people were arrested in August by the Guardia Civil for driving offences. This included one person caught driving at 179kph in an 80kph zone.

A-7 closed

TRAFFIC on the A-7 Alicante-bound lane between exits 563 and 559 was blocked for a total of six hours following an accident involving two lorries and a car.

THE city council of Alicante will be introducing a new fare paying scheme on a number of local bus routes.

The pilot - the first of its kind in Spain - will last for six months from September 25 to March 31 on lines 03, 03N, 22 and 22N and will allow people to use their smartphones to pay their fares as they board the bus by using a dedicated app which can be downloaded from the Google

Play store.

The initiative, which is being introduced with the collaboration of the Vectalia group, will permit one free

A fare scheme in the making

trip in every five and uses an ultrasound system that detects the users' phone with the app without needing to waive it over the usual machine in

the driver's cab.

If this trial period proves successful - which has needed an investment of €50,000 - Alicante Council will consider implementing it right across the urban transport network with the aim of completely modernising the system to the benefit of the city.

Tickets will cost a flat fare of €1.45 but with the app bonus available will only cost €3.50 for five trips.

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Photo credit: Twitter

PROHIBITED: Heavy fines for illegal catch.

Illegal tuna fishermen caught

GUARDIA CIVIL officers have detained two illegal fishermen for catching a large tuna fish.

The fish was caught off the Portman Beach in La Union, Cartagena and the authorities have removed the speedboat believed to have been used in the incident from a workshop in Elche. According to the authorities, the two men are facing fines ranging from €3,001 to €60,000.

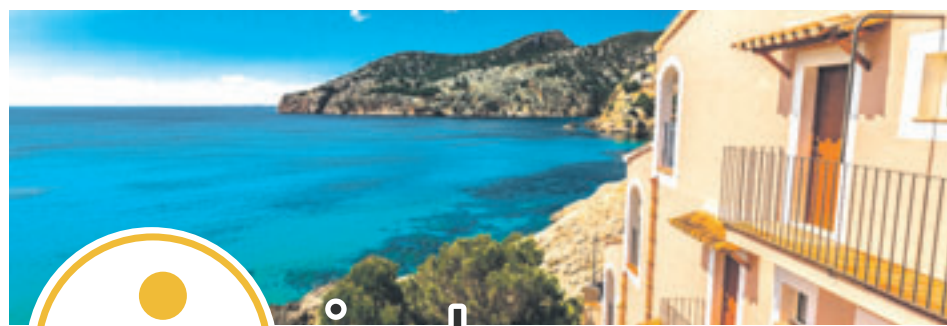
Investigations began back in mid-August

when the Guardia Civil became aware that a large tuna fish had been caught off La Union by the two suspects who quickly unloaded it on to the beach in broad daylight and put it into a waiting car.

Witnesses to the event were able to identify the vehicle involved which allowed the authorities to trace it and eventually locate it some miles away in Elche.

In the Murcia region, fishing for blue fin tuna fish for recreational or sport purposes is strictly prohibited.

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Cars Wanted For Cash.....Cars for Sale



Photo credit: Wikimedia.

STAB VESTS: Requests for extra barrier to potential attackers.

Port police protection

TRADE UNIONS based in the port of Alicante have requested an increase in crime prevention measures in the light of recent terrorist activity.

A representative of the CCOO union, Antonio, has written to the president of the port authority asking for a range of security measures to be implemented, especially to equip officers with stab vests and to stop the practice of one-man patrols in the area.

Martínez said: "Since the bombing in

Barcelona, there has been an obvious increased need to improve the levels of security and protect the uniformed officers that may present themselves as targets for a knife attack. Those working within the Alicante port are as exposed to anyone to the risk and the dangers."

The CCOO union is requesting that the hoped-for security enhancements in Alicante can also be introduced right across the country at all its ports.

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BY-LAW: School health issues due to illegal feeding of cats.

Stray cats strut

COUNCILLOR Noelia Grao from Orihuela has visited a school in Los Dolses to address the ongoing situation of abandoned animals.

She came to the school following a request from the school's management who expressed their concern to the health department in the town hall at the ever-growing number of cats that are hanging around the school due to the number of people illegally feeding them.

There is a specific by-law which prohibits feeding abandoned animals, especially dogs and cats, on other people's property and any other determined public land in the interests of safety and public health."

Councillor Grao is asking members of the public to stop allowing these colonies of cats to be created in the first place as it poses a health problem, particularly near to a school. "We are

coordinating with the school and other agencies to prevent this situation affecting the running of the school as the new term begins. Our objective is to guarantee hygiene and maintain healthy conditions."

The council has also spoken with the Local Police to see if they can identify those who have been feeding the cats as they may be liable to be fined for breaking the by-law.



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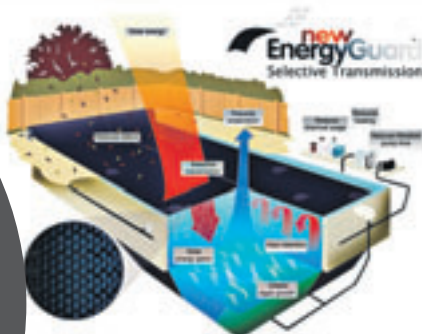
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REBUILDING: Tourists helping to put Lorca back on the map.

Tourism continues to build

DURING the first seven months of this year, the city of Lorca has enjoyed a growth in tourism.

The city that didn't want to make the international headlines following the devastating earthquake in 2011 has registered a visitor increase of 8.7 per cent from January to July 2017 compared to the same time last year. The figures were announced after a meeting held between the mayor of Lorca, Fulgencio Gil, the tourism minister Javier Celadrán and the president of the hotel association (Hostelor) Jesús Abellaneda to discuss the hotel sector in general.

The success this year to date has also resulted in a 2.3 per cent increase in the number of jobs

created in the industry which accounted for the extra 7,222 work contracts.

Overall, a total of 34,000 visitors were received until the start of August and according to the tourism minister, "Lorca consolidates its growth, with the number of tourists increasing every year who come to the city to enjoy our culture, heritage, the gastronomy and the various number of sporting events we host; the latter as a result of the seasonal sports tourism plan that has been introduced in Lorca."

Jesus Abellaneda also believes that the continued professionalism within the hospitality sector is a must and thus insisted that appropriate training courses are developed and offered to those currently working in the industry to enable an even better service to customers.

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62 The number of different countries people came from to celebrate 30 years of Buddhism in Axarquía.

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Fatal accident

A 35-YEAR-OLD man has died as a result of serious injuries sustained in a car accident.

The incident happened on the RM-12 motorway at the Cabo de Palos exit in Cartagena when the car left the carriageway and hit a fence.

Members of the fire brigade, Local Police, Guardia Civil and the ambulance service attended the scene where they found the victim trapped inside his car.

When he was released from the vehicle, he was found to have suffered fatal injuries and despite the efforts from the paramedics to save his life was later declared dead.



INCREASE: More figs on the market but a reduction in quality... and price.

Farmers do give a fig

THE annual harvesting of the fig in Elche has come to an end with a slight increase in the number of the fruit picked compared to last season.

The extra figs have been caused by the increased rainfall during the winter but this has been counteracted by the very dry spring and summer which reduced the overall quality and calibre of them.

Another consequence of

the extra production has been the reduction in price and according to the main producers in Elche, Cambayas, the 670 tons harvested this year will probably reach a market price of less than €1 per kilo.

It may only be a few cents lower than last year, but translated into hundreds of thousands of kilos, it marks a significant drop of income for the producers.

Despite the increase in the harvest, the fact is that many figs have been left unpicked from the trees or simply left to rot in the orchards due to their lack of quality, and these account for about 10 per cent of the production.

More than half of the figs are exported to other European countries with France and Switzerland being the main purchasers.

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NEWS EXTRA

Top thousand

THE University of Alicante has, according to a recently announced survey from the UK, been ranked among the thousand best universities in the world for the first time.

Foreign eyes

TELEVISION crews from Bulgaria have recently been in and around Torrevieja to report on the work of the police and the standard of security on the city's beaches.

Still a mess

RESIDENTS in Alicante still believe there is much needed to be done to improve the area such as cleaning the dirty streets, poor beach maintenance and illegal tourism.



Photo by Gerben Van Es/Dutch Department of Defence

DESTRUCTION: Damage caused by Irma on San Martin island.

Locals caught up in Hurricane Irma

TWO Spanish nationals from Alicante were caught up in Hurricane Irma that swept through the Caribbean. They were on the San Martin and San Bartolomé Islands as the violent weather conditions hit the area that killed nine people and injured 112 others.

Zoila Pastor and Angel Bandelas, both from Alicante and unrelated and working in different sectors of the island, were there as it struck and their fate in the early hours of the aftermath was uncertain.

Zoila had been working on San Martin since last November and was due to return to Spain for a holiday last week when they discovered that

their flight with Air France had been cancelled due to the hurricane. She contacted her family to say that she was safe in a friend's house - hers was closer to the sea and in more danger - and her and five others were hiding away in the bathroom. That was the last her family heard from her...

At that moment, all communications were lost and she eventually got through on the following day by using a phone borrowed from a stranger to inform her family that she was still alive,

despite the local devastation.

Angel Bandelas had been on San Bartolomé for three years and was also due to return to Spain for a break but unlike Zoila was already on the plane awaiting take off when he was told that the hurricane was approaching and he had to leave the aircraft. He spent the next few hours with friends in a house whose roof was blown off as they sheltered in the basement. A cousin of a friend informed his Spanish-based family that he was safe and well.

EWN online
Latest news and more as it happens
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Illegal restaurant closed

A POPULAR restaurant located among the Portal de Elche in Alicante has been closed by the local authorities.

Councillor Miguel Angel Pavón has ordered the closure of the hamburger bar after it was discovered by Local Police five months ago that the establishment never had an opening licence in the first place.

Back on March 11, policemen were called to the burger bar after receiving a number of calls from neighbours complaining about the noise and smells emanating from the establishment. It was at that point they discovered the lack of paperwork.

The decree signed by the councillor requires that the company suspends its activity immediately and that failure to comply with the order will see the process carried out by the Local Police who have the authority to seal the doors to the premises.

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Popular restaurant chains for commercial centre



EL TIRO: One of the most attractive shopping and leisure centres in the region.

THREE of the biggest restaurant chains have opened up new outlets in the El Tiro Commercial Centre in Murcia.

The inauguration of Foster's Hollywood, Domino's Pizza and Cañas y Tapas have enhanced one of the most attractive shopping and leisure centres in the region.

Occupying a total of 1,600 square metres of floor space, the new premises have allowed the creation of 90 jobs. Foster's Hollywood has the capacity to entertain 268 diners and the neighbouring Cañas y Tapas can take 130 people to enjoy this fast growing and popular dining experi-

ence. Domino's Pizza offers its traditional take-away service in their new 360m2 restaurant.

A new and dedicated children's area - Kids Gourmet - has been added to the El Tiro experience where children can enjoy a number of different play activities that include ropes, zip lines, swings and climbing areas that encourage teamwork, balance in a 100 per cent secure and safe place.

Alongside the well-known restaurant chains, visitors to the El Tiro can also enjoy a series of different styles of gastronomy in a selection of venues located in a green and luminous oasis.

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NEWS EXTRA

No watchman

THE town hall in the city of Orihuela is allegedly being left unattended at night and most of the weekend due to a lack of security personnel.

Not enough

DURING the month of August, Torrevieja only had two police patrols during the night shift which was described as 'unacceptable' for a summer population reaching 400,000.

Health food

THE University of Alicante has increased the amount of healthier and ecologically grown products available on its menus served in the students' restaurant on the campus.

What car?

OPPOSITION councillors in Orihuela have complained that the mayor of the city uses the parking space reserved for the official car for his own privately owned car.

Pupil safety

AS schools throughout the region of Murcia continue to return to school, 62 Local Policemen have been deployed on a number of road safety and related duties.

More force

THE chief of police in Orihuela has asked for the outstanding vacancies to be filled so they can guarantee the service everybody wants and expects.

Local tests

HEALTH centres in Murcia will get their own ecographs to speed up certain diagnosis. This will reduce by 25 per cent the patients needing referral to out-patient services.

Hepatitis A - explosion of cases reported

CASES of Hepatitis A have jumped to very high levels in the Murcia region this year.

This is believed to be as a result of an outbreak that began last November and has intensified in the 10 months since. Between January and August, a total of 155 people have been diagnosed with the condition compared to only 16 in the corresponding period of time last year.

The figures in Murcia are mirroring increases in other parts of Spain in particular, and in the rest of the world in general, and is of growing concern to the World Health Organisation (WHO).

Hepatitis A causes acute inflammation of the liver, and although unlike hepatitis C it is not chronic, it can become serious, especially in adults and is mainly contracted by men having sex with other men.

Therefore, the health authority has initiated a vaccination campaign with the support of a number of LGBT organisations directly aimed at men who are sexually active in this way.

However, this latest outbreak of hepatitis A has coincided with an overall shortage of vaccines due to a lack of supply from the pharmaceutical industry, which at one point left the local health service with almost zero vaccines for several months. The issue was solved in June of this year when they acquired a further consignment of 3,500 doses.

Hepatitis A virus is present in faeces, so it can be transmitted during unprotected sex. In addition there is also a minimal risk of catching the virus from using towels in shared bathrooms. In Spain, unlike many less developed countries in the world, it is highly unlikely that contamination would come from water or the food chain.

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EWN online

Latest news and more as it happens

Praise floods in

EMILIO BASCUÑANA, the mayor of Orihuela, has taken the opportunity to formally thank all those that helped during and after last winter's floods.

He gave special praise to the members of the Local Police force who had worked well beyond the call of duty, especially during last December, when the River Segura overflowed in the city for the first time in

many years. "The municipality was an example of coordination in an emergency situation. The security of people's homes and businesses were at stake, and the actions of the

Local Police were exemplary," said Bascuñana.

The mayor also read out a message recently received by the Minister for the Inte-



Photo by Wikipedia

PRIDE: Juan Ignacio Zoido thanked the Local Police.

rior, Juan Ignacio Zoido, to the aid of the people of Orihuela when it was most needed. which said how proud he was of the people that came

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TAXI associations of seven municipalities within the Vega Baja have reached an agreement with the bus company that provides the bus service between Torrevieja and Alicante-Elche Airport.

A new service called 'Taxi Connect' will be launched by Costa Azul - the company that runs the

Taxis and buses and planes

bus route - to allow people to purchase tickets through the internet (up to 48 hours in advance) that will include a taxi from people's homes to Torrevieja bus station.

Depending on where the taxi picks people up, the expected charge will be €10 from Torrevieja City, surrounding urbanisations will pay €16, and from Orihuela Costa, Guardamar del Segura, Los Montesinos, Rojales (Ciudad Quesada), San Miguel de Salinas or Pilar de la Horadada the fare will be €22. There will be a 10 per cent surcharge for weekends, fiestas and overnight (between 10pm and 6am).

These prices do not include the bus fare which is currently €6.92 per person one way, although a spokes-



Photo by Twitter

AGREEMENT: More convenient way to get to the airport.

person for Costa Azul said that they may reduce the fare.

The pilot project has been introduced in response to

many people's requests that there are no direct transport links from many of the popular tourist areas of the Vega Baja outside of Torrevieja.

Those wishing to take advantage of the new 'Taxi Connect' service can find more information at their website - <http://costazul.net/>

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VERY strong winds have resulted in a number of damaged buildings in the centre of Alicante City. Some of the most severe gusts - which registered up to 44kph - caused pieces of rubble to fall from the town hall and the authorities spent most of the morning driving around the city to see the extent of the sudden winds.

Many small trees, branches, awnings, antennae, poles and some windows have

Windy city

all suffered some kind of damage as well as a number of poster boards and advertising hoardings.

Full assessments with technicians from

a number of municipalities took place to see the extent of the damage to the town hall in particular and to determine what repairs were needed.

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Extra hospital staff



Photo by Wikimedia

SURGERY REQUIRED: The General Universitario hospital, Alicante.

FOLLOWING the initiative of the Alicante health service to carry out more operations on a Saturday to reduce the numbers of people on waiting lists for surgery, unions have demanded more staff to meet the extra requirements.

Unions representing hospital staff at all levels have welcomed any measures being introduced to reduce the estimated 5,000 people on waiting lists, but have warned that extra people will be needed to make the plan viable.

The nurses union SATSE and the CC OO

union are currently waiting for the official announcement from the hospital as to exactly when it's planned to open operating theatres on a Saturday. They are looking to see how the shifts are going to be reorganised which will need to take into account that following a surgical procedure, the patients then need the care of nursing staff that are traditionally reduced at the weekends.

The new operation schedule would need, according to the unions, an extra nurse on duty on a Saturday afternoon and evening.



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Photo by Twitter

ALICANTE: Tourist offices still popular despite mobile apps.

City tourist office records

THE Alicante tourist board has announced that the tourist offices of Alicante have re-

ceived a total of 43,243 visitors during the months of June, July and August; a figure that represents an increase of 17 per cent when compared to the same period in 2016.

Councillor Eva Montesinos, pointed out that the increase this year is due to the more than 5,000 extra foreign visitors coming mainly from the United Kingdom - up by over 12 per cent - and Italy with 3.6 per cent, who chose Alicante as a tourist destina-

tion during their holidays.

Of the total of 43,243 people that visited the tourist offices during the three month summer period, 21,983 of those - accounting for 72 per cent - were foreign visitors made up of those from France (27 per cent), UK (24 per cent) and Italy (12.7 per cent) with Germany, the Netherlands, Russia and Sweden following up behind.

Spanish tourists from Madrid made up 37.1 per cent of the tourist office trade and

20.4 per cent from Alicante itself.

Delighted sources from the Alicante Council said: "The high increase in the number of visitors to the tourist offices in Alicante confirms that both their location and opening times are popular. Since visitors are increasingly using mobile apps to find out the information they need about tourist attractions and locations, a 17 per cent increase to the tourist offices is very positive."

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ORIHUELA COSTA: New houses keep getting built on coastal land.

Party incensed by 'unfair' budget

DISPROPORTIONAL allocation of an €83 million budget has infuriated a Costa Blanca party.

CLARO are furious at the latest budget and have called for major increases in Orihuela Costa funding which they believe is considerably out of proportion with the amount Orihuela City receives.

The political group are neither left nor right and their sole goal is to make the region a better place to live.

The proposed budget has increased €8.8 million this year, largely due to an increase in local property tax (IBI) and the sale of coastal land for investments.

Orihuela Costa contributes 60 per cent of the municipal income and CLARO claim that the region receives an unfair return.

New houses keep getting built on coastal land but the party say efforts should be made to greater accommodate residents already in the area.

They suggest projects such as a day centre for retired residents, extra personnel for the Playa Flamenca Town Hall,

reduced sports centre fees, as well as measures to reduce traffic congestion by completion of Via Paralela, the system of linked roads running parallel to the N332.

They also highlight the need for more pedestrian bridges over the N332 where many people are risking their lives running across the motorway.

The Popular/Citizens coalition government claim that Orihuela Costa will get an extra €1.8 million towards maintenance of parks, gardens, streets and beaches compared to the 2016 budget.

But CLARO state that this increase is not in proportion with an ever-increasing population.

A particular factor they ridiculed was the €1 million cut to street cleaning and rubbish removal which they say is already inadequate with many areas having rubbish and garden waste lying outside for days

All parties agreed in 2012, when CLARO had an elected councillor, that 40 per cent of investments would go to Orihuela Costa in recognition of the sizeable contributions it

makes coupled with a history of neglect from the city.

With 2017 investments standing at €13 million, Orihuela Costa are receiving no more than 20 per cent, half of that which was agreed.

CLARO also ridiculed the €50,000 allocated towards the study of a cultural centre and library, speculating that it will prove as drawn out as the still-incomplete emergency services centre, which has its foundations laid 10 years ago.

The party believes that if a cultural centre and library had been built on land opposite Zenia Boulevard, which currently serves as a car park, the imbalance would not be so significant compared with the similarly-populated Orihuela City which has three libraries, and two (soon to be three) cultural centres.

Claro have insisted that they will continue to fight for Orihuela Costa and that major demonstrations such as the recent ones at the town hall and during the La Vuelta cycle race will keep taking place until they believe justice and equality have been achieved.

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Photo by Twitter

CARE IN CARTAGENA: Los Jazmines home has a number of funded places.

Extra care home places created

OVER the past two years, the municipality of Cartagena has increased the amount of senior citizens using their residential care facilities. During that time, the number has risen from 406 to 671.

The additional 265 places were announced by Councillor Violante Tomás during his visit to the Los Jazmines home in Cartagena which has six places funded at a cost of €70,000 a year.

Tomás explained that it was due to an excep-

tional effort in budgetary management that has enabled such an increase to the amount of care provided for the elderly. The extra 265 places are made up of 225 residents and 40 that attend day centres.

A grand total of 4,107 places for the care of elderly people in both residential and day centres compares to the 3,448 on offer at the start of the current legislature; an increase of 18 per cent during that time.

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AECC coffee morning

THE event will be held on Friday September 29 to coincide with the UK McMillan Nurses big coffee morning event.

The event will start in store at 12am and costs €5 to reserve a seat for:

- Coffee
- Cake
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You will be able to buy extra cakes on the day either in slices or a whole one and if you can bring a cake along with you to donate it would be much appreciated.

Mondays will be fun again

THE Almoradi Monday Club will have its first meeting on Monday September 18 after their summer break.

The Club meet every first and third Monday of the month at 4pm. Their meeting place is in the 'Centro Social Rooms,' Plaza San Andres, Calle Antimo Illescas, off Calle Comunidad Valenciana, in Almoradi.

(Calle Comunidad Valenciana is the road that the 'Cortes theatre' is in. With the theatre on your left, continue along Calle Comunidad Valenciana and the Plaza is opposite the seventh turning on the left, before you get to the school crossroads. Once you are in the plaza San Andres the 'Centro Social Rooms' are on the right hand side and entry is via a door next to 'The Bar' with blue awnings outside.)

The idea of this modern and progressive club is that people who speak English and live in Almoradi or the surrounding area can

meet one another on a regular but informal basis to talk together and enjoy life in this Spanish community.

The club activities will include social events, club lunches and evening meals in and around the local area, with guest speakers at meetings and entertainment when possible.

They will also try to associate themselves with other local clubs that hold events including coach trips and anything that may be of interest to members.

If you are interested and would like to have a wider circle of friends then come along to one of the meetings.

For more information contact: davedanie@gmail.com or on find them on Facebook under Almoradi Monday Club.

The Almoradi Monday Club is an English-speaking club and is open to people of every nationality living in or just visiting Spain.



THANK YOU: Funds will help ALPE special school.

Generous donation for Velvetones

THE Bridge Bar in Rojales kindly keep a charity tin in the bar for donations towards Velvetones charities.

At their sing-out earlier in the year, the Bridge Bar raised €95.50, and over the summer they collected an additional €116.50.

The Velvetones would like to take this opportunity to thank the patrons of the Bridge Bar and the owners who are kind enough to collect donations on their behalf.

Their charity this year

is ALPE special school in Torrevieja and it is a pleasure to raise funds for such a worthy cause. The work they do there for the children and young adults is fantastic.

If you are interested in helping them to raise funds through either singing with them or hiring them to sing at your bar/restaurant/party etc. please get in touch with either Ena on 965 707 598 or Mary-anne on 966 714 973 or visit the website www.velvetone-sharmonytorrevieja.com

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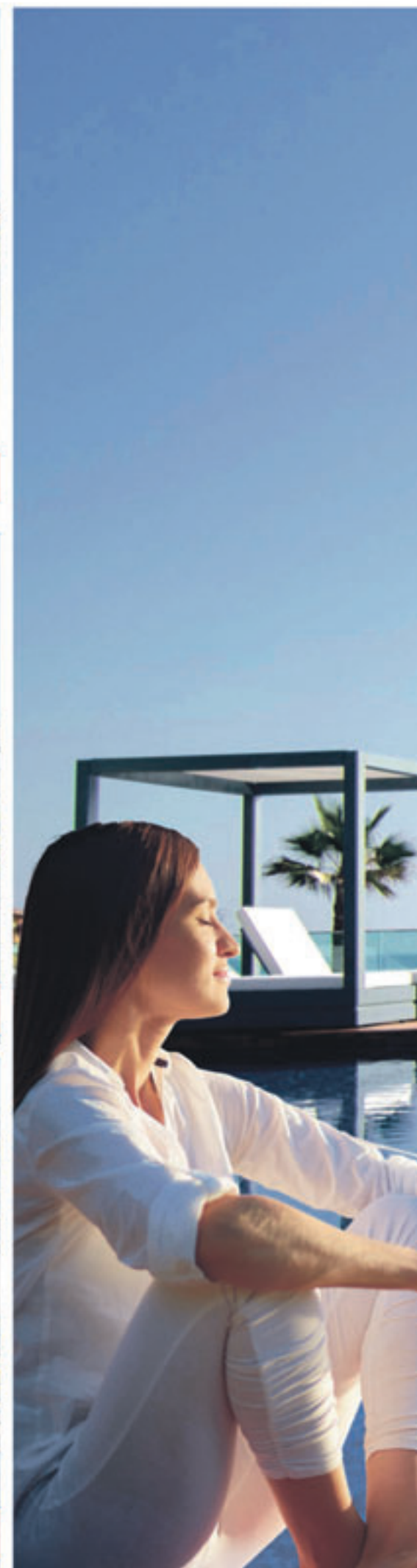
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Elche Children's Care Home charity night

ECCH will host a charity night on Tuesday September 19 to help provide the children with back to school supplies for the new term.

The event will be hosted at Quesada Fish and Chips, Calle los Arcos 21, Quesada, Alicante, 03170. Doors open at 7pm.

Entertainment will be provided by Richie

Alexander, the King of Motown, and a meal will also be provided.

Tickets are €10 and can be purchased from Quesada Fish and Chips, The Post Room Benijofar, The Card Place Benimar or Redz Café Bar. You can also call 692 866 536.

Three in a Bed in Benijofar

THIS summer ACTS have been hard at work rehearsing their new production, 'Key for Two' by John Chapman and Dave Freeman. This is a bedroom farce. Saucy, simple and very funny. No nudity, just hilarity and lots of innuendo.

Harriet lives a comfortable lifestyle in an elegant flat in Brighton, paid for by her two gentlemen friends, neither of whom knows the other exists. All goes well until... well you will just have to come and see the play to find out.

They have been nominated for an award

in this year's Costa Blanca People Pride of Spain Awards, in the Fundraiser of the Year category and need your help to raise even more for the Benijofar Crisis Appeal Fund to add to the €6,000 already donated.

The performance will take place at Benijofar Cultural Centre October 26, 27 and 28. Tickets are €8 and the show starts at 8pm.

Call the ticket hotline: 646 277 724 or email: tickets.acts@gmail.com. Should you want to join them in any capacity whatsoever please email Chairman Tony Goddard on newleaf2014@hotmail.co.uk.



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At: QUESADA Fish & Chips

Tickets from: Quesada Fish & Chips, The Post Room Benijofar, The Card Place, Benimar, Redz Café Bar, Quesada, or call 692 866 536

Age Concern Costa Calida upcoming events

THE Welcome Group Ladies Fashion Show is at Marianos Camposol 'A' starting 7.30pm on Wednesday October 4. Tickets €5 from Welcome Group. Telephone Steve on 697 960 590.

Enjoy a day trip to Gar-rucha for €10 on Wednesday October 6. Visit the local market and the many shops including the Salvador artisan shoe outlet. The Menu Del Dia is available at many of the sea front cafes and bars. The coach picks up from the Port, MCC and Camposol.

Tickets available from Mags on 634 344 589.

Age Concern Costa Calida are available at Calle Valencia 12 Camposol 'A' weekdays for enquiries. The drop-in centre is open currently Monday - Friday 10am until 1pm.

Enquiries telephone: 634 344 589 (10am to 4pm Mon-Fri)

Events Telephone: 634 336 484 (10am to 4pm Mon to Fri)

Equipment loan: 634 306 927 (10am to 4pm Mon to Fri)



Jenny, Stevie, Geraldine, Martin and Roger (l to r).

The Florantilles campsite raises €473 for ECCH

ELCHE CHILDREN'S CARE HOME were invited to the Florantilles Show Bar on Friday August 25 to collect a donation of €473 euros from Martin and Geraldine Watson, who had raised this money by holding raffles at their weekly shows. Roger Warren thanked them both sincerely for their generosity.

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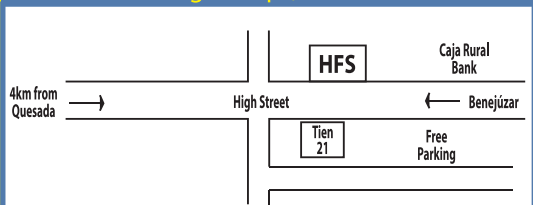
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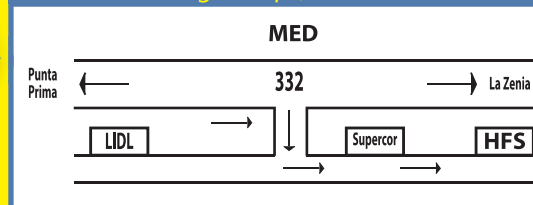
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DENMARK

Airport evacuated

A TERMINAL at Copenhagen airport was temporarily evacuated and blocked off last Tuesday while police investigated a suspicious piece of luggage. Authorities reopened the terminal less than two hours later.

Trusted nation

A NEW poll reveals British citizens think Denmark is the most trustworthy country out of all their neighbours, with 21 per cent of those surveyed saying they would trust a Dane more than any other European nationality.

False floods

LOCALS in Esbjerg thought they were in for a monsoon following a faulty



weather forecast. The Danish Meteorological Institute website wrongly stated the town would have an unprecedented rainfall level of 18mm for two days.

Girl power

DENMARK'S newest political



party, Feminist Initiative, aims to push women's issues to the forefront of Danish politics. The party made its political agenda public last week and will enter five candidates in upcoming municipal elections.

GERMANY

Green cabs

THE company CleverShuttle has come up with a ride-sharing solution that will help you do your bit for the environment. The app, which acts like a car-share service, now boasts 10-hydrogen powered Toyotas in its Hamburg fleet.

Sick notes

AIR BERLIN was forced to cancel

dozens of flights last Tuesday due to an unusually high number of pilots calling in sick. Over 120 flights were affected by the epidemic.

Smart tickets

A NEW check-in option on Deutsche Bahn trains will allow passengers to validate their own tickets. Passengers can use the train's free onboard WIFI to

open their app and check in once they've found their seat.

Beer record

A GERMAN man has broken the world record for carrying beer. Oliver Struempfel managed to walk 40 metres while carrying an impressive 29 beer-filled tankards, weighing more than 69kg in total.



FRANCE

French union

FRENCH workers protested against Macron's labour reforms last Tuesday. More than 4,000 strikes were called by the CGT, France's biggest trade union, with over 180 street protests attended nationwide.

Banksy blanked

THE owner of a house in Calais, France painted over a mural by the British street artist Banksy, whose work can sell for thousands of euros, because he thought the building looked too shabby.

Wolves back

WOLF numbers in France are on the up, with over 360 predators now thought to roam the French countryside, and seven new packs reported since last year.

Tensions mount

A SENIOR North Korean official has criticised France for claiming that the country's nuclear ambition poses a threat to Europe while Paris remains in full possession of their own nuclear arsenal.



BELGIUM

Mayor murdered

THE murder of a 71-year-old Belgian mayor, whose throat was slit in the Mouscron graveyard where he acted as caretaker, has sent ripples of shock throughout the country.

Suburb shooting

AN elderly man was shot dead by his 74-year-old neighbour who also wounded another man. The perpetrator, from Linkebeek, has since been arrested by police.

Gymnast gold

TWO Belgian gymnast pairs have taken home gold medals following their performances in the 2017 Acrobatic Gymnastics World Cup, the finals of which were held last weekend in Lisbon, Portugal.

Refugees rejected

A BELGIAN NGO has described the increased police action against refugees taking shelter in parks and transport hubs as "inhumane." The Humain organisation claims that those detained by police only visited the areas to receive food donations.



NETHERLANDS

More millions

THERE are now over 106,000 millionaires in the Netherlands - and a fifth of these are farmers. The number has increased by almost 25 per cent over the past decade, with their combined assets now totalling €309 billion.

Monument men

NEARLY a million people visited a monument during the Netherlands' Open Monument Day. Over 4,000 monuments that are normally closed to the public were open free of charge last weekend.

Dutch reach

CYCLISTS are campaigning for learner drivers to be taught the 'Dutch reach' - a way to safely open car doors while checking the blind spot - to cut down on the number of cyclists injured by careless motorists.

Irma strikes

KING WILLEM-ALEXANDER made a trip to the former Dutch colony Saint Martin which was hit hard by Hurricane Irma last week. The Dutch King visited the hospital to meet those injured.



SWEDEN

Gun spike

POLICE are cracking down on gun crime following 81 shooting incidents over the summer. Most of the incidents happened in Stockholm and almost all were a result of gang-related crimes.

Reckless roads

ACCORDING to a new survey, almost one in 10 Swedish road users skip red lights. The worst offenders are pedestrians, of which 26 per cent were discovered to cross roads before getting the green light.

Cash-free

SWEDEN is now the most card-friendly nation on the planet, with only 1 per cent of the nation's payments made using cash in the past year.

Picture protest

RENOWNED Swedish photographers are coming together to launch an exhibition to protest Donald Trump's criticisms of the nation's immigration policies. The artists seek to counter this by showing a more diverse image of the country.



NORWAY

Election victory

NORWAY'S Prime Minister Erna Solberg was re-elected into power following a campaign fought on oil and taxes. Solberg's right-wing Conservative party narrowly defeated the Labour-led opposition with promises of steady regulation on the oil-fuelled economy.

Wealth record

THE largest sovereign wealth fund in Norway hit \$1 trillion for the first time in history. The record-breaking fund was established in 1998 to safeguard oil and gas proceeds for future generations.

Homeless goals

OSLO hosted the Homeless World Cup this year which gathers players from over 50 nations with the aim of ending homelessness for good. Brazil took home the prize after narrowly beating champions Mexico.

Black gold

NORWAY is struggling to phase out its dependence on oil due to the sharp fall in prices. Over 50,000 jobs have already been erased from the industry which inflated the nation's wealth in recent decades.



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Sausage party



ALEXEI NAVALNY: Was pelted with sausages.

VLADIMIR PUTIN'S biggest critic, Alexei Navalny, was pelted with sausages when he arrived at Moscow's Domodedovo airport. The opposition leader was in Strasbourg fighting a human rights case. A divisive figure, he has led public protests against the president and been arrested numerous times.

Humpty Dumpty

TWO hackers who are part of the infamous (Shaltai Boltai) Humpty Dumpty computer gang were jailed for leaking sensitive information about senior Russian politicians, including prime minister Medvedev. The men also attempted to blackmail their victims. They have been given three years each in a Moscow jail.

Weather woes

ALCOHOL is behind 70 per cent of deaths of men aged under 35 in Russia's far east. Chronic alcoholism rates are double the Russian average in the remote region. In Chukotka 330 out of every 100,000 people are alcoholics. Russia is the world's fourth largest consumer of alcohol.



Tweet wars

A TWITTER account called BritishEmb1917 has been shut down after a complaint from the British government. The account, set up by Russia Today, a propaganda network, was supposed to represent British actions in Russia at the height of the 1917 Revolution. Moscow's real British Embassy wasn't happy.

Wobbly legs

A RUSSIAN astronaut has returned to Earth after spending years in outer space. Fyodor Yurchikhin spent 673 days on a variety of extra-terrestrial missions. He spent most of the time with American astronauts on the International Space Station, including Peggy Whitson who, at age 57, has now completed 10 space walks.

Model workers

A FLIGHT attendant who claimed she was discriminated against for being unattractive has won her case. Yevgeniya Magurina said she was sidelined from Aeroflot's long distance flights and forced to take short domestic overnight trips. She stopped receiving bonus pay when she requested a larger uniform.

First serve

TENNIS star Maria Sharapova has released her memoirs. 'Unstoppable: My Life So Far' was already a bestseller before it hit bookshops around the world. The number of pre-orders of the Russian's book shot it to the top of the Barnes and Noble bestseller list last week.

SHARAPOVA:
Has released her memoirs.

Better credit rating for bank

THE American credit rating company Moody's has reacted well to Liberbank's announcement that it intends to raise €500 million on the Spanish stock exchange.

Coupled with its decision to dispose of some of its toxic real estate and bad loans more quickly than initially expected, Moody's has given it a B1 debt rating.

This will come as welcome news to what has been regarded as the most vulnerable medium-sized bank still trading in Spain.

Spanish rich get richer

THOSE Spaniards with money are seeing their worth expand more quickly than ever and there are now 549 taxpayers with fortunes worth more than €30 million.

Unlike most of the other members of the European Union, Spain still operates a wealth tax and requires anyone with a gross taxable wealth in excess of €1 million to register and pay the additional tax.

The latest report from Spanish Tax Agency shows that 188,680 individuals signed declarations to establish their obligation to pay this tax and of

By John Smith

those, approximately one third had cash and assets in excess of €1.5 million which is a 10 per cent increase over figures from five years earlier.

One reason may be that the Tax Authorities have taken action to identify wealth within the country following much publicised alleged evasion often from politicians and more recently footballers.

In addition, a tax amnesty which allowed the rich to pay only a small proportion of tax owed may have

'flushed out' rich residents who had not previously been registered for the wealth tax.

The combined assets of all of those who have registered to pay wealth tax totals €582 billion which equates to nearly 50 per cent of Spain's Gross National Product and a single individual, Amancio Ortega founder of Inditex accounts for €71 billion of that total.

Whilst those with few investments see a slow growth, there seems to be some truth in the old saying that 'money attracts money.'

US firm promotes Santander

MORGAN STANLEY the powerful American investment company is very bullish about the potential for rises in the shares of Spanish bank Santander.

It has upped its target price for the shares three times in the last six months even though actual price on the stock exchange has not matched the forecasts.

It is suggested by outside analysts that the decision to recommend the shares is based on expectations of medium-term increased profits thanks to the takeover of Banco Popular.

Quote of the Week

"Discussions will probably take place in the autumn," European Central Bank President Mario Draghi on the decision to reduce quantitative easing (the amount of money being pumped into the eurozone).



Canary Luc Shutterstock

Cook Airlines 737 at Lanzarote airport.

Airline pilots go on strike

PILOTS at the Thomas Cook airline which flies to parts of Spain from British regional airports walked out on a 12-hour strike last Friday.

Those pilots who are members of the British Airline Pilots' Association (Balpa) voted to strike and walked out although the company insists that all flights will operate.

This is believed by the union

to be the first UK pilots' strike for nearly 50 years and is only a token stoppage so that passengers are inconvenienced as little as possible.

According to the union, the pilots have seen a deterioration in their terms and conditions as well as real-term pay cuts and even though they have been offered a 4 per cent pay rise over two years feel they have to take this action.

» BUSINESS EXTRA

Faster growth

THE economy of the eurozone is growing at a quicker rate than forecast with forecast growth of 2.2 per cent during 2017. If correct, this will be the fastest growth in a decade with Spain being one of the leaders.

Less profit

MADRID-based industrial investment company Sacyr has reported a profit for the first six months of the year of €60 million, a drop of 6.3 per cent over last year. Income has dropped as 2016 saw major sales of assets.

Rail strike

THE rail union CCOO has called a strike over job losses at railway companies Renfe and Adif on Friday September 29. The 23-hour long strike will be a protest against making an ageing and reduced workforce support an unsustainable system.

Catalan situation slows investment

FINANCIAL institutions around the world have not reacted positively towards the vote by the Catalan Parliament to push forward with the Independence Referendum.

Whilst many believe Catalonia will remain part of Spain, they are also uncomfortable with the conflict between the National government and the

Catalan Parliament which is reflecting in an immediate migration, albeit slow, from Spanish bonds.

It is now cheaper to buy Italian government bonds and Spanish banks which have a strong presence in Catalonia such as La Caixa immediately saw pressure on their share values. Spain's rating is to be reviewed in the next six weeks.

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Fear of new bank failures

ECB wants control over client deposits

ONE of European banking's most powerful women, Daniele Nouy wants to introduce fresh powers to prevent depositors from removing funds from struggling banks.

The European Central Bank's (ECB) Chair of Banking Supervision wants to have the right to temporarily suspend the ability of customers to withdraw their money from banks facing financial difficulty.

This ban would cover cash withdrawals at the bank, through cash machines and by online transfer.

She explained in a letter to a Member of the European Parliament that due to the fact a problem within a bank could quickly see a run on its liquidity which could be fuelled by social media comment and the ease of internet banking.

The recent problems with Banco Popular in Spain and Monte dei Paschi di Siena in Italy are examples of how matters can escalate quickly, although in the case of Banco Popular, current and imminent law suits from disgruntled investors suggest the final decision to demand its quick sale may have been premature.

In 2016, the ECB had tried to introduce a restriction on the removal of funds in excess of €100,000, as generally lower amounts are covered by national governments. It has actually even commented that the authorities should have the right to delay payment of lesser funds for between five and 20 days.

The Bank - which is owned by member states of the European Union - only has legal powers over the 19 members of the eurozone and perhaps surprisingly, the third largest shareholder with a 13.67 per cent holding is the Bank of England exceeded only by France and Germany.

The chairman of the ECB is an Italian, Mario Draghi and critics of the bank suggest that he influenced a decision to allow the Italian govern-



Photo Credit: European Central Bank flickr

ECB Chair of Banking Supervision Daniele Nouy.

ment to circumvent the rules in order to bail out the fast failing Monte dei Paschi di Siena bank.

This proposal to allow the suspension of withdrawals in emergency situations is taken by analysts to suggest the ECB does expect more commercial banking failures in the future and wants to have legislation in place at the earliest opportunity in order to take control, albeit briefly, of deposits placed in good faith by the general public and corporate investors.

CATALONIA BUSINESS TAX PAYER'S DILEMMA

A rock and a hard place

AS the split between the Catalan and national governments gets wider, the latest salvo concerns the payment of income tax and IVA (VAT).

The Spanish Finance Ministry has issued a blunt statement 'reminding' tax payers in Catalonia that any payment should be made to the correct authority which is the national government.

Any company or self-employed person which pays money due for VAT, income tax or corporation tax to the Catalan authority will be considered as having not paid the tax and may be open to criminal charges.

This statement was made in advance of the threatened Independence Referendum which will possibly be held on Sunday October 1 as the Catalan government has created an enlarged Catalan Tax Authority which is ready to divert the collection of national taxes to the 'New Catalan State.'

According to Catalan Deputy First Minister Oriol Junqueras, systems are in place to allow for the collection of some €42 billion of tax as soon as the decision to create an in-



Photo Credit: Kippelboy Wikimedia

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dependent state is taken.

In Spanish law, if VAT is collected and then not paid to the correct authority it will leave the collector open to a charge of theft and if a company, all of the directors could face charges.

The Spanish government appears powerless to stop the proposed referendum although it has been declared illegal for the Catalan Parliament to even buy ballot boxes using Community funds, although it is suspected that the ballot boxes and voting papers are currently being held in a secret location.

As the referendum date approaches, both Spanish Prime Minister Mariano Rajoy and Catalan leader Carles Puigdemont regularly indulge in a war of words with each other which is now certain to be fought out in the courts and with potential arrests of Catalan politicians and their supporters.

Demanding Catalan Independence.

Fruit and vegetable imports

MOROCCO was the biggest supplier of fruit and vegetables to Spain in the first half of 2017 with exports totalling €404 million.

This shows a 33 per cent increase on the previous six months and Spanish purchases have increased generally with large volumes also being imported from Brazil and Costa Rica.

According to a report issued by the Spanish Federation of Associations of Producers and Exporters of Fruits, Vegetables, Flowers, and Live Plants (FEPEX) imports from the European Union are also up by 8 per cent with France and Italy being the two major suppliers, closely followed by Portugal and the Netherlands.

Potatoes and tomatoes were the major products exported to Spain, although fruits were also high on the list.

Tourist spend up again

VISITORS to Spain spent €49 billion in the first seven months of the year, an increase of 15 per cent over the same period in 2016.

The July total was slightly less than €12 billion according to the National Statistics Institute.

The figures show that the United Kingdom accounts for the highest spend by tourist visitors, parting with €9.9 billion which was 20.2 per cent of total spend, followed by the Germans at €6.86 billion (14 per cent) and Scandinavians at €4.16 billion (8.5 per cent).

The three most popular destinations were Catalonia, Canary Islands and the Balearics which between them saw 58 per cent of the total amount of holidaymakers money spent.



Photo by Casa de América flickr

Guest speaker
Felipe González.

The future of work

DELEGATES from 49 countries arrive in Malaga City today (Thursday) to participate in a four-day conference entitled Future of Work.

Hosted by the Eisenhower Fellowships (EF), a non-profit international leadership organisation with branches around the world, the conference welcomes 50 different speakers including Felipe González, former Spanish Prime Minister.

In addition, Eisenhower Fellows will present 12 innovative projects designed to create concrete impacts after the conference and it will introduce the first EF Youth Leaders Net-

work featuring more than 30 exceptional young leaders aged 18 to 25 from around the world.

Participants who will have paid up to €625 to attend will explore economic and social drivers of change; the impact of technology and innovation, including artificial intelligence, labour mobility and gender and other demographic shifts as well as the role of education in addressing the changing nature of work.

Supported by the Malaga Council, the conference is co-hosted by the Eisenhower Fellows of Spain and Jordan.

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Bank shareholders are set to vote for final merger

TODAY (Thursday) the shareholders of Bankia and Mare Nostrum Bank (BMN) will attend extraordinary general shareholders' meetings to vote to merge.

The Bankia meeting is being held in Valencia whilst the BMN meeting is being held in Madrid with the expectation that the vote will be positive following the announcement of the intent to merge last June.

Once the formal votes are confirmed, then the two banks will be able to present the proposal to the various authorities in Spain for approval, which should be something of a formality as Bankia is currently effectively owned by the taxpayer.

Shareholders in BMN will receive

shares in Bankia but they will be hoping that the new operation will be successful as they are only receiving about 40 per cent of the book value of BMN which has assets of €38 billion, although most of that is in customer deposits.

The advantage for Bankia is that the merger will increase its coverage in the Balearics, Granada and Murcia whilst BMN shareholders will receive an almost immediate cash dividend with the anticipation that the government will start to release the shares that it holds onto the market.

It is believed that a stronger Bankia will attract financial investors and that share prices will increase to the benefit of all existing shareholders.

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Our children are confused enough

**LEAPY LEE SAYS IT
OTHERS THINK IT**



I TRULY am getting up to here with all this gender bender bulls..t we are being deluged with these days. No one is more liberal minded than me. I was raised in Bayswater during the 60's.

I remember the first Notting Hill carnival, started by the influx of West Indians who wanted to recreate the carnivals of their own country. Men dressed as utterly flamboyant, female characters played a large part and, although a hitherto unseen phenomenon, were accepted as the fun figures they were meant to depict. Lesbian clubs abounded and I've had more fun than I care, or indeed, can remember in those, some may consider iniquitous dens, where most of the delectable 'femmes' were bi-sexual anyway. (I wasn't silly!) Many of my friends during those rip-roaring days of yore swung both ways.

Over the years I've watched with approval how the 'queer' or now much more acceptably entitled 'gay' fraternity have become a part of the 'norm.' Unfortunately, I now think it's all gone too far. By my reckoning the introduction of gay marriage was fine and completely acceptable.

Gays conscripted into the armed forces? No problem. I did slightly twitch at gay couples adopting children, having seen some disastrous and tragic outcomes for children living with same



A QUESTION OF GENDER: Are we now too politically correct?

sex partners in those far off days. Still times have changed and vetted legal adoptions by couples from more stable backgrounds than those I had

been familiar with, has allowed me to come to terms with even this previously frowned on situation. But we are not all gay!

It does now appear to me that certain society members would like to see us, if not all gay, then basically, sexless altogether. Particularly the children. From advocating the teaching of homosexuality in schools, to children of both sexes able to wear either trousers or skirts and even trying to prevent them being referred to as he or she, it really has all become too much.

Watch my lips. The majority of us enjoy being girls and boys. Men and women. Males and females. It's fun. And despite those who would have it otherwise. Perfectly normal. Our children are confused enough. For heaven's sake leave them alone and let them enjoy their development into adult life in whatever natural way they choose. Take a leaf out of the Spanish book.

Over here, all the TV anchors are glamour girls. The female presenters ooze with sexy femininity. All the men are macho (unless they choose otherwise) Senoras and Senoritas abound. (No Ms nonsense around here.) And the Ninias and Ninios are all proud little peacocks and hens, thoroughly enjoying their young genders to the full. And what is most important of all? The majority are perfectly happy with their lot.

Just think, if Adam and Eve had been genderless we wouldn't be here at all. Time to let it rest. Let us all now be happy with our own manifestations and allowed to exist in our own particular choices of normality. Leave well alone. Awright!?

Keep the faith.

Love Leapy leapylee2002@gmail.com



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BBC one

7:00am Breakfast
10:15am Council House Crackdown
11:00am Homes Under the Hammer
12:00pm Dom on the Spot
12:45pm Thief Trackers
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Doctors
3:15pm The Boss
4:00pm Escape to the Country
4:45pm Garden Rescue
5:30pm Celebrity Money for Nothing
6:15pm Pointless
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm EastEnders
9:00pm Without Limits: Vietnam
10:00pm Ambulance
11:00pm BBC News at Ten
11:30pm BBC London News
11:45pm Question Time
12:45am MND and 22-Year-Old Me
1:45am Weather for the Week Ahead
1:50am BBC News

BBC TWO

7:00am Flog It! Trade Secrets
7:30am Council House Crackdown
8:15am Garden Rescue
9:00am Nadiya's British Food Adventure
9:30am Great British Menu
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm For What It's Worth
2:45pm Coast
3:00pm Glorious Gardens From Above
3:45pm Who Do You Think You Are?
4:45pm Great British Railway Journeys
5:15pm Human Planet
6:15pm Flog It!
7:00pm Richard Osman's House of Games
7:30pm Eggheads
8:00pm This Farming Life
9:00pm The Big Family Cooking Showdown
10:00pm Tribes, Predators and Me
11:00pm The Premier League Show
11:30pm Newsnight
12:15am Mountain
1:15am Celebrity MasterChef

BBC FOUR

8:00pm Beyond 100 Days
The latest national and international news, exploring the day's events from a global perspective.
8:30pm The Sky at Night
9:00pm Britain's Outlaws: Highwaymen, Pirates and Rogues
10:00pm Best Album of the Year 2017: Mercury Prize Live
11:15pm Indie Classics at the BBC
12:15am The Kate Bush Story: Running Up That Hill
1:15am Music Moguls: Masters of Pop
2:15am I'm Not in Love: The Story of 10cc
3:15am Britain's Outlaws: Highwaymen, Pirates and Rogues
4:15am This is BBC Four
BBC Four is the BBC channel for people who want more. More depth, more range, more to stimulate the mind.

CHANNEL 4

7:00am Countdown
7:45am King of Queens
8:10am King of Queens
8:35am King of Queens
9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm Coast v Country
1:00pm Channel 4 News
1:05pm Couples Come Dine with Me
2:05pm French Collection
3:10pm Countdown
4:00pm Cheap Cheap Cheap
5:00pm A Place in the Sun
6:00pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Lego Masters
10:00pm Educating Greater Manchester
11:00pm The Great British Bake Off: An Extra Slice
11:50pm The Undateables
12:55am Gogglebox

CHANNEL 5

8:20am Noddy: Toyland Detective
8:35am Paw Patrol
8:50am Rusty Rivets
9:05am Digby Dragon
9:15am Floogals
9:35am Peppa Pig
9:45am Peppa Pig
9:55am Ben and Holly's Little Kingdom
10:05am Mofy
10:15am The Wright Stuff
12:15pm Can't Pay? We'll Take it Away!
1:10pm 5 News Lunchtime
1:15pm The Hotel Inspector
2:15pm Home and Away
2:45pm Neighbours
3:15pm The Mentalist
4:15pm Boyfriend Killer
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Police Interceptors
9:00pm Nightmare Tenants, Slum Landlords
10:00pm Gypsy Kids: Our Secret World
11:00pm My Extreme Ocd Life
12:05am My Secret Sex Fantasy
1:00am Super Casino

4

7:00am Hollyoaks
7:30am Coach Trip
8:00am Made in Chelsea
9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am 2 Broke Girls
10:30am 2 Broke Girls
11:00am Baby Daddy
11:30am Baby Daddy
12:00pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm 2 Broke Girls
5:30pm 2 Broke Girls
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Coach Trip
9:00pm The Big Bang Theory
9:30pm Kevin Can Wait
10:00pm Body Fixers
11:00pm Celebs Go Dating
12:05am The Big Bang Theory
12:35am The Big Bang Theory

sky sports main event

7:00am Good Morning Sports Fans
7:30am Good Morning Sports Fans
8:00am Good Morning Sports Fans
8:30am Good Morning Sports Fans
9:00am Good Morning Sports Fans
9:30am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Live Ladies European Tour Golf
2:00pm Sky Sports Today
3:00pm Sky Sports Today
3:30pm Live Ladies European Tour Golf
6:30pm SKY Sports News
7:00pm SKY Sports News
8:00pm Sky Sports Tonight
8:30pm Live Super League
11:30pm Live PGA Tour Golf
1:00am Premier League Matchpack
1:30am Live NFL: Houston @ Cincinnati
5:45am Super League Highlights
A match from the Super League Super 8s.

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm Dickinson's Real Deal
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Fat: The Healthy Option? Tonight
9:00pm Emmerdale
9:30pm James Martin's French Adventure
10:00pm Safe House
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:40pm UEFA Europa League Highlights
12:55am Bear Grylls: Mission Survive
1:45am Jackpot247
4:00am Fat: The Healthy Option? Tonight

itv2

7:00am You've Been Framed!
7:25am Totally Bonkers Guinness World Records
7:50am Totally Bonkers Guinness World Records
8:15am Below Deck
9:00am Emmerdale
9:30am Coronation Street
10:00am You've Been Framed!
10:30am The Ellen DeGeneres Show
11:20am Below Deck
12:15pm Dress to Impress
1:20pm Emmerdale
1:50pm Coronation Street
2:20pm You've Been Framed!
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
5:55pm The Jeremy Kyle Show
7:00pm Dress to Impress
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Bromans
11:00pm Celebrity Juice
12:05am Family Guy

itv3

7:00am Judge Judy
7:20am Judge Judy
7:40am Heartbeat
8:40am Where the Heart is
9:45am Wild at Heart
10:45am Judge Judy
11:10am Judge Judy
11:40am Judge Judy
12:05pm Rising Damp
12:35pm On the Buses
1:05pm On the Buses
1:40pm Barging Round Britain with John Sergeant
2:10pm Heartbeat
3:15pm Doc Martin
4:15pm Wild at Heart
5:20pm On the Buses
5:55pm On the Buses
6:25pm On the Buses
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Foyle's War
11:05pm Law and Order: UK
12:00am Lightfields
1:05am Colditz
2:55am Rising Damp
3:20am ITV3 Nightscreen
Text-based information service.
3:30am Teleshopping
Shopping from home.

itv4

7:00am The Car Chasers
7:45am The Car Chasers
8:10am Pawn Stars
8:30am The Saint
9:35am Ironside
10:45am Quincy, M.E.
11:50am Minder
12:50pm The Avengers
1:55pm River Monsters
2:30pm ITV Racing: Live at Doncaster
5:00pm Minder
6:00pm The Avengers
7:05pm The Car Chasers
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm Goodwood Revival
10:00pm Navy Seals
11:05pm FYI Daily
11:10pm Navy Seals
12:20am Airplane!
1:25am FYI Daily
1:30am Airplane!
2:05am The Avengers
3:10am Goodwood Revival
4:00am Teleshopping
Shopping from home.

sky CINEMA ACTION & ADVENTURE

7:20am Charlie's Angels: Full Throttle
9:10am The Next Karate Kid
11:05am Smokey and the Bandit II
12:50pm Max Payne
2:35pm Braveheart
5:35pm X-Men Origins: Wolverine
7:35pm Spider-Man 3
10:00pm 300
12:00am Ride Along 2

sky CINEMA COMEDY

7:30am Ghostbusters: Special
8:00am Rock the Kasbah
9:55am Turner and Hooch
11:45am Gremlins 2: The New Batch
1:40pm Hot Tub Time Machine
3:30pm The Boss
5:20pm Brewster's Millions
7:10pm Uncle Buck
9:00pm Hot Tub Time Machine
10:45pm The Boss
12:30am Boratc
2:00am Bruno
3:30am Breaking the Bank

sky CINEMA PREMIERE

7:00am The Top Ten Show 2017
7:20am Ordinary World
9:05am Marauders
11:05am Passengers
1:15pm Passengers: Special
1:30pm The Good, the Bad, and the Dead
3:10pm Rage
Baseball drama about a hot-prospect pitcher tormented by his abusive dad.
4:50pm Goldstone
7:00pm Marauders
9:00pm Passengers
11:00pm The Good, the Bad, and the Dead
Fast and furious thriller about an amnesiac crook on the run from a drug lord, a crooked sheriff and the DEA.
12:40am Ordinary World
2:20am Tanna
4:15am Rage

sky sports football

10:00am EFL Greatest Games
10:30am SPFL Greatest Games
10:45am SPFL Greatest Games
11:00am Eredivisie
12:00pm Football Years
12:30pm Football Countdowns
1:00pm Eredivisie
2:00pm Football's Greatest
3:00pm Eredivisie
4:00pm La Liga Icons
5:00pm EFL Greatest Games
5:30pm SPFL Greatest Games
6:00pm Football Years
6:30pm Football Countdowns
7:00pm La Liga Icons
7:30pm La Liga World
8:00pm EFL Matters
8:30pm EFL Midweek Goals: Championship
9:00pm EFL Midweek Goals: Leagues 1 & 2
9:30pm EFL Matters
10:00pm EFL Midweek Goals: Championship
10:30pm EFL Midweek Goals: Leagues 1 & 2
11:00pm La Liga Show
11:30pm EFL Matters
12:00am EFL Midweek Goals: Championship

Making the best of a bad job

Cassandra Nash

A weekly look

- and not entirely impartial reaction - to the Spanish political scene

AUGUST is a weird month for employment. Statistics are promising early on thanks to the people engaged in July to serve beer to tourists and make hotel beds.

Then August 31 arrives and most of the workers return to the out-of-work wasteland.

Hauling Spain out of the economic crisis and putting people back into employment is Mariano Rajoy's favourite "Look what I've done!" cry but new jobs are mostly short-term, part-time and precarious.

Better than nothing, but not as good as Rajoy makes out when he bats away corruption accusations and launches into his "Yes but..." rebuttal.

This year 313,141 people were sacked on August 31, the worst single-day figure ever known. Unfortunately for Rajoy 59,563 lost jobs - more than anywhere else - were in

Cataluña. That's one less argument in Spain's favour and yet another weapon for the secessionists.

Boots on the other foot

POLLS show that the Basques are more concerned about employment than independence.

It's a long time since the lehendakari, regional president Juan Jose Ibarretxe, proclaimed the Basques' right to vote for "free association with the Spanish state," a proposal voted down in the national parliament in 2005.

End of story, notwithstanding earlier chapters written by the ETA separatists.

The present lehendakari Iñigo Urkullu has even less motivation to emulate Ibarretxe.

The PNV is going strong, unlike CiU, the party in power when Catalan



Juan Jose Ibarretxe, regional president.

independence rumblings loudened to murmurs and then shouts. Now defunct thanks to disagreements over independence it morphed into PDeCat, which is giving ground to the ERC republican separatists and the CUP anti-system party.

Urkullu would not want to be in Carles Puigdemont's shoes right now and who knows if the Catalan president won't soon be needing a change of footwear himself.

Not today, thanks

CATALUÑA'S president Carles Puigdemont recently visited Denmark to open the region's Copenhagen delegation, but he was not received by the Danish government.

Yet again, his hard sell received the 'not today' treatment reserved for fast-talking commercial travellers in the past and importunate cold-callers like Puigdemont now.

Knock knock, who's there

CIUDADANOS leader Albert Rivera agreed to back Mariano Rajoy's investiture at a price that included a long list of concessions.

These included allowing national and regional presidents only two consecutive terms but, like many of Rajoy's concessions, this has not materialised.

Now Rivera is again resurrecting an unthinkable and unspeakable prospect that could show Mariano Rajoy the door. Nevertheless, behind that closed door the Partido Popular has spoken and thought about this in the past and at present.

And depending on what happens or does not happen on October 1, a kindly but inexorable defenestration could be under discussion in the very near future.



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BBC one

BBC TWO

BBC FOUR

CHANNEL 4

CHANNEL 5

4

sky sports main event

7:00am	Breakfast	7:00am	Flog It! Trade Secrets
10:15am	Council House Crackdown	7:30am	Council House Crackdown
11:00am	Homes Under the Hammer	8:15am	Garden Rescue
12:00pm	Dom on the Spot	9:00am	Gardeners' World
12:45pm	Thief Trackers	10:00am	Victoria Derbyshire
1:15pm	Bargain Hunt	12:00pm	BBC Newsroom Live
2:00pm	BBC News at One	1:00pm	The Daily Politics
2:30pm	BBC London News	2:00pm	For What It's Worth
2:45pm	Doctors	2:45pm	Coast
3:15pm	The Boss	3:00pm	Glorious Gardens From Above
4:00pm	Escape to the Country	3:45pm	Who Do You Think You Are?
4:45pm	Garden Rescue	4:45pm	Great British Railway Journeys
5:30pm	Celebrity Money for Nothing	5:15pm	Human Planet
6:15pm	Pointless	6:15pm	Flog It!
7:00pm	BBC News at Six	7:00pm	Richard Osman's House of Games
7:30pm	BBC London News	7:30pm	Eggheads
8:00pm	The One Show	8:00pm	This Farming Life
8:30pm	A Question of Sport	9:00pm	Mastermind
9:00pm	EastEnders	9:30pm	Only Connect
9:30pm	Celebrity MasterChef	10:00pm	Gardeners' World
11:00pm	BBC News at Ten	11:00pm	Mock the Week
11:25pm	BBC London News	11:30pm	Newsnight
11:35pm	Comedy Playhouse	12:05am	Dragons' Den
12:05am	Room 101	1:05am	Panorama
12:35am	The NFL Show	1:35am	Dangerous Borders
1:05am	Rogue	2:35am	Normal for Norfolk

8:00pm	World News Today
	<i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops
9:00pm	Foo Fighters and More: Live Lounge Special
10:00pm	Marc Bolan: The Final Word
11:00pm	Glam Rock at the BBC
12:00am	Elton John at the BBC
	<i>Elton John's career tracked in archive from performances, interviews and news clips.</i>
1:00am	Rod Stewart at the BBC
2:00am	Top of the Pops
2:35am	Marc Bolan: The Final Word
3:35am	Glam Rock at the BBC
4:35am	This is BBC Four

8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:25am	Everybody Loves Raymond
9:55am	Frasier
10:25am	Formula 1 Singapore Grand Prix Practice 1 Live
12:05pm	Coast v Country
1:05pm	Channel 4 News
1:10pm	A Place in the Sun
1:40pm	Countdown
2:25pm	Formula 1 Singapore Grand Prix Practice 2 Live
4:05pm	Cheap Cheap Cheap
5:00pm	A Place in the Sun
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	The Crystal Maze
10:00pm	Gogglebox
11:00pm	8 Out of 10 Cats
12:05am	Does Countdown
12:05am	Married to a Celebrity: The Survival Guide

9:15am	Floogals
9:35am	Peppa Pig
9:45am	Peppa Pig
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	The Mentalist
4:15pm	Jesse Stone: Innocents Lost
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Secrets of the National Trust with Alan Titchmarsh
9:00pm	Celebrity Five Go Motorhoming
10:00pm	Cruising with Jane McDonald
11:00pm	Maurice Gibb: In Life and Death
12:05am	The Greatest Ever Pop Families

7:30am	Coach Trip
8:00am	Made in Chelsea
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	2 Broke Girls
10:30am	2 Broke Girls
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	2 Broke Girls
5:30pm	2 Broke Girls
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Coach Trip
9:00pm	Mirror Mirror
11:00pm	Celebs Go Dating
12:05am	The Big Bang Theory

7:00am	Good Morning Sports Fans
7:30am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
8:30am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
11:00am	Live Ladies European Tour Golf
2:00pm	Sky Sports Today
3:00pm	Sky Sports Today
3:30pm	Live Ladies European Tour Golf
	<i>Day two of the Evian Championship from Evian Resort Golf Club in Evian-les-Bains, France.</i>
6:30pm	SKY Sports News
7:00pm	SKY Sports News
8:00pm	Football
	<i>Bournemouth v Brighton.</i>
11:15pm	Live PGA Tour Golf
1:00am	Through the Night

itv

itv2

itv3

itv4

sky CINEMA ACTION & ADVENTURE

sky CINEMA PREMIERE

sky sports football

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Dickinson's Real Deal
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Teach My Pet to Do That
9:30pm	Coronation Street
10:00pm	Cold Feet
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	Tonight at the London Palladium
12:45am	Tipping Point
1:40am	Jackpot247
4:00am	Storage Hoarders

7:50am	Totally Bonkers Guinness World Records
8:00am	Below Deck
8:45am	Emmerdale
9:15am	Emmerdale
9:45am	You've Been Framed!
10:15am	The Ellen DeGeneres Show
11:05am	Below Deck
12:15pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	Emmerdale
2:20pm	You've Been Framed!
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
4:50pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	Dress to Impress
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Run, Fat Boy, Run
12:00am	Family Guy
12:30am	Family Guy
1:00am	Family Guy

7:00am	Judge Judy
7:20am	Judge Judy
7:40am	Heartbeat
8:40am	Where the Heart is
9:45am	Wild at Heart
10:45am	Judge Judy
11:10am	Judge Judy
11:40am	Judge Judy
12:05pm	On the Buses
12:40pm	On the Buses
1:10pm	On the Buses
1:45pm	Barging Round Britain with John Sergeant
2:15pm	Heartbeat
3:20pm	Doc Martin
4:20pm	Wild at Heart
5:20pm	On the Buses
5:50pm	On the Buses
6:20pm	On the Buses
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Kate
10:00pm	Mr Selfridge
11:30pm	Law and Order: UK
12:25am	Lightfields
1:30am	Colditz
3:15am	Colditz
4:55am	Agatha Christie's Marple

7:00am	Nijinsky's Triple Crown
7:05am	The Chase
7:50am	Minder
8:45am	The Avengers
9:55am	The Car Chasers
10:50am	Pawn Stars
11:20am	Pawn Stars
11:50am	Minder
12:50pm	The Avengers
1:55pm	River Monsters
2:30pm	ITV Racing: Live at Doncaster
5:00pm	Minder
6:00pm	The Avengers
7:05pm	The Car Chasers
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	Goodwood Revival
10:00pm	Diamonds are Forever
11:30pm	FYI Daily
	<i>A round-up of the latest entertainment news.</i>
11:35pm	Diamonds are Forever
12:35am	Universal Soldier: Regeneration
1:50am	FYI Daily

9:40am	Rocky II
11:45am	Smokey and The Bandit III
1:20pm	Jack Reacher: Never Go Back
3:25pm	2012
6:10pm	In the Heart of the Sea
8:15pm	xXx2: The Next Level
10:00pm	Jack Reacher: Never Go Back
12:05am	2012

7:40am	Talladega Nights: The Ballad of Ricky Bobby
9:50am	O Brother, Where Art Thou?
11:45am	Dumb and Dumber
1:40pm	Keeping up with the Joneses
3:35pm	Keanu
5:25pm	Zoolander
7:10pm	Zoolander 2
9:00pm	Keeping up with the Joneses
11:00pm	Keanu
12:45am	Superbad

7:00am	Ordinary World
8:35am	The Good, the Bad, and the Dead
10:15am	Marauders
12:10pm	Passengers
2:10pm	Sully
3:50pm	Ordinary World
	<i>A former punk rocker tries to revisit his glory days by throwing an extravagant party for his 40th birthday.</i>
5:25pm	Rage
	<i>Baseball drama about a hot-prospect pitcher tormented by his abusive dad.</i>
7:00pm	Passengers
	<i>Stylish sci-fi romance.</i>
9:00pm	Sully
10:45pm	Marauders
12:40am	The Good, the Bad, and the Dead
2:20am	Goldstone
4:30am	Tanna

12:00pm	EFL Midweek Goals: Leagues 1 & 2
12:30pm	Eredivisie
1:30pm	EFL Matters
2:00pm	EFL Midweek Goals: Championship
2:30pm	EFL Midweek Goals: Leagues 1 & 2
3:00pm	SPFL Greatest Games
3:30pm	La Liga Greatest Games
3:45pm	La Liga Greatest Games
4:00pm	Football's Greatest
4:30pm	Football's Greatest Teams
5:00pm	EFL Greatest Games
5:30pm	EFL Matters
6:00pm	EFL Midweek Goals: Championship
6:30pm	EFL Midweek Goals: Leagues 1 & 2
7:00pm	SPFL Matters
7:30pm	Magical Messi
8:30pm	Ronaldo
8:55pm	Football
11:00pm	SPFL Matters
11:30pm	Magical Messi
12:30am	SPFL Matters
1:00am	La Liga Icons

LEGALLY SPEAKING

Back to school

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



DROP OFF: The laws still apply.

IT'S that time of year once again when the summer is coming to a close, and attentions start to turn back to yet another annual phenomenon, back to school time.

Although it might be a relief for some parents, it might also be a disappointment for some children, in road safety terms we have to be aware that the characteristics of the road network will once again change.

Firstly, we have an increase in traffic at certain times of day as parents resume the school run. It is quite normal for traffic to increase in the mornings because of this, which in turn can result in delays. The same situation applies at the end of the school day, but at what time? Often, in Spain, schools operate a less robust timetable, adapting to such things as weather conditions and light, and so the school day often varies from season to season. All non-parents can do to prepare for this is be aware of the changing timetable and allow extra time for all journeys.

If you are taking your children to school by car, remember that children under 1.35

metres in height are not allowed in the front seats of the car. There are one or two exceptions, which you can read about on the website, *n332.es*.

Children must be secured in the vehicle, by means of a seatbelt, or specially designed retention system suitable for them. Any objects they are carrying must also be secure in the vehicle.

When you arrive at the school drop off point, remember that the laws still apply to you, the same as any other driver. You are still not allowed to double park, block entrances, or park in an illegal place with your hazard lights on just because you are dropping off your children for school. You must choose a safe, convenient and legal place to drop off your children. Where possible, ensure that they exit the vehicle on the pavement side, still warning them to be aware of their surroundings before opening the door.

During late September, there will be an awareness campaign focusing on seatbelt and child restraint use, and the use of seatbelts on school buses (where fitted).

For more news and articles visit www.n332.es or search N332 on Facebook.

Does he need a Spanish licence?

Q. Yesterday I was stopped by the Guardia Civil, who asked to see my vehicle documents. They then asked my date of birth and then went back to their car and were on the radio for about five minutes. When they returned I was presented with a €500 fine for not having a Span-

ish driving licence. They never asked to see my licence at all. I do not have residence in Spain as I have only been here a few months, so I was shocked. On the back of the form it says I can appeal within 20 days. Any advice?

P W (Costa Blanca)

A. Yes, appeal immediately. You do not say, but whether you are an EU citizen or a non-EU citizen in Spain, you can use your home country driving licence for six months, which is

David Searl

You and the Law in Spain



the legal limit for a tourist stay. If you are an EU citizen, you can use your EU

driving licence in Spain until it expires, even if you obtain a residence certificate. If you are not EU, you must obtain a Spanish driving licence when you become a resident.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxpain.com, or call 952 667 090.

Have you been ripped off?

Mike Senker

In my opinion



Views of a Grumpy Old Man

I'M going away next week and I was going through all my bookings and I was looking at my hotel booking for Las Vegas and noticed that, on top of my room charge, they have an additional item, not the VAT, but something called a 'resort fee' which, in the case of the hotel I'm staying at, is \$29 a night.

When delving further into it I found out it's for use of Wi-Fi in the room which, by the way, is free anywhere else in the hotel. It's also for use of the fitness facility, which I won't be using, unlimited free local calls - well they are included in my phone package so I don't want that - and a newspaper. No thanks! And access to thousands of top magazines and newspapers using some App that I don't have.

Of course, that's really what I want to do whilst staying at a casino hotel is catch up on my reading! I will let you know how I get on with not paying my 'resort fee' when I return.

So this got me thinking about all the other rip off hidden and not so hidden fees we have to pay. Try changing a flight online. Airlines charge a fee, £50 in one I saw, as a 'service charge.' What service charge? I logged on, I

found the new flight, I changed the old one, I did it all myself. So what service am I getting?

It's just another way of getting money for nothing. They sell my seat again and so they don't lose anything. What about fuel surcharge on flights which is another additional cost. I have a maintenance fee on my credit card. It's a piece of plastic that sits in my wallet. It doesn't need maintaining. I don't need anyone to come round from the bank once a month to water it or take it for a walk.

Every time I use it they earn money from it and that should be enough. If I don't pay the full balance at the end of the month I get charged interest which is fine as I know that's how it works. We are getting ripped off all the time because, like most normal people, we don't read all the small print. Maybe we should but the fact is we don't. Most contracts are longer than War and Peace and War and Peace is easier to read!

When I lived in the UK I had a gym membership so I could go swimming. I went twice and decided it wasn't for me so I said I wanted to cancel it and was told I couldn't as I had signed up for a year. I kicked off like you can't believe and told them I wasn't going to pay. I demanded to see the manager who wasn't interested. I never paid another penny and never heard another thing. I think sometimes you have to just stick to your guns.

Email me: mikesenker@gmail.com.

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	The Hairy Bikers' Comfort Food
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	PDC Darts Champions League
5:30pm	Final Score
6:25pm	BBC News
6:35pm	Regional News
6:38pm	Weather
6:40pm	Len Goodman's Partners in Rhyme
7:10pm	Pointless
8:00pm	Even Better Than the Real Thing
9:00pm	Who Dares Wins
9:45pm	Casualty
10:35pm	Mrs. Brown's Boys
11:05pm	BBC News
11:20pm	Weather
11:25pm	Match of the Day
12:55am	People Just Do Nothing
1:25am	The Uninvited
2:50am	BBC News

BBC TWO

7:00am	The NFL Show
7:30am	How We Won the War
8:00am	My Favourite Wife
9:25am	James Mason Talking Pictures
10:05am	Hotel Reserve
11:30am	Railways of the Great War with Michael Portillo
12:00pm	Coast
1:00pm	Len and Ainsley's Big Food Adventure
1:45pm	World Triathlon Grand Final: Rotterdam
6:15pm	The Big Family Cooking Showdown
7:15pm	Dad's Army
7:45pm	PDC Darts Champions League Coverage of the PDC Darts Champions League.
11:15pm	The A-Z of Later... With Jools Holland: From Adele to ZZ Top
12:45am	The White Countess
2:50am	Renoir
4:35am	This is BBC Two

BBC FOUR

8:00pm	The Brain with David Eagleman <i>Dr David Eagleman explores how the brain conjures up the world we take for granted.</i>
9:00pm	Swarm: Nature's Incredible Invasions <i>Documentary series revealing the incredible swarm intelligence that lies behind animal invasions.</i>
10:00pm	Black Lake
10:40pm	Black Lake
11:25pm	Easter Island: Mysteries of a Lost World
12:55am	Top of the Pops Special 20th anniversary edition of the pop chart programme, first broadcast on 5 January 1984.
1:30am	The People's Liners: Britain's Lost Pleasure Fleets

CHANNEL 4

7:10am	Motorsport
7:40am	Triathlon
8:05am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Frasier
10:00am	Frasier
10:30am	The Big Bang Theory
11:00am	The Big Bang Theory
11:25am	The Big Bang Theory
11:55am	Formula 1 Singapore Practice 3 Live
1:25pm	F1 Meets... Jackie Stewart
1:55pm	Formula 1 Singapore Grand Prix Qualifying Live
4:45pm	World's Most Expensive Cars
5:45pm	A Place in the Sun
6:35pm	Location, Location, Location
7:30pm	Channel 4 News
8:00pm	Dunkirk
9:00pm	WWII's Great Escapes
10:00pm	Super 8
12:20am	The Mortal Instruments: City of Bones

CHANNEL 5

7:00am	Milkshake!
11:20am	Teenage Mutant Ninja Turtles
11:55am	Make You Laugh Out Loud
12:20pm	Columbo: Grand Deceptions
2:15pm	Columbo
4:10pm	Nightmare Tenants, Slum Landlords
5:10pm	The Nightmare Neighbour Next Door
6:10pm	The Nightmare Neighbour Next Door
7:05pm	Can't Pay? We'll Take it Away!
8:00pm	Can't Pay Special: Big Family Bust Up
9:00pm	The Great Fire: In Real Time
9:55pm	5 News
10:00pm	Football on 5 The Championship.
11:00pm	Football on 5 Goal Rush.
11:30pm	Ncis Movie: Legend
1:05am	Cricket on 5
2:05am	Super Casino
4:10am	Ring of Fire

4

7:00am	Couples Come Dine with Me
8:50am	Coach Trip
9:25am	Coach Trip
9:55am	Coach Trip
10:25am	Coach Trip
10:55am	Coach Trip
11:30am	Robots
1:15pm	Rude(ish) Tube Shorts
1:30pm	The Goldbergs
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	Streetmate
3:30pm	Streetmate
4:00pm	Don't Tell the Bride Bake Off
6:15pm	The Great British Bake Off: An Extra Slice
7:05pm	The Big Bang Theory
7:35pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:35pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Bad Teacher
11:50pm	Naked Attraction
12:55am	Celebs Go Dating
2:00am	Celebs Go Dating

sky sports main event

7:00am	Through the Night
8:00am	Good Morning Sports Fans
9:00am	Rugby Union
11:45am	Rugby Union
12:30pm	Football <i>Crystal Palace play host to Southampton at Selhurst Park in the Premier League.</i>
4:15pm	Live Super League Q8 <i>A match from the Super League Qualifiers.</i>
6:15pm	Football <i>Barnsley take on Aston Villa at Oakwell in the Sky Bet Championship.</i>
8:40pm	Cricket <i>England meet the Windies in a T20 match at the Riverside Ground.</i>
11:00pm	Live PGA Tour Golf <i>Day three of the BMW Championship from Conway Farms Golf Club in Lake Forest, Illinois.</i>
12:00am	Through the Night

itv

7:00am	CITV
10:25am	Saturday Morning with James Martin
12:20pm	Hungry Sailors
1:20pm	ITV News and Weather
1:25pm	The X Factor
2:30pm	ITV Racing: Live from Doncaster
5:00pm	Bean
6:35pm	Local News and Weather
6:45pm	ITV News and Weather
7:00pm	The Family Chase
8:00pm	Cannonball!
9:00pm	The X Factor
10:15pm	The Jonathan Ross Show
11:20pm	ITV News and Weather
11:35pm	The Nutty Professor
1:20am	Jackpot247 <i>Join the presenters live and play roulette on your telly.</i>
4:00am	Hungry Sailors
4:50am	Nightscreen

itv2

7:00am	Totally Bonkers Guinness World Records
7:10am	Emmerdale Omnibus
9:35am	Coronation Street Omnibus
1:00pm	Sweet Home Alabama
2:05pm	FYI Daily
2:10pm	Sweet Home Alabama
3:10pm	The X Factor
4:15pm	The Incredible Hulk
5:15pm	FYI Daily
5:20pm	The Incredible Hulk
6:25pm	King Kong
7:25pm	FYI Daily
7:30pm	King Kong
10:00pm	The Fast and the Furious
11:05pm	FYI Daily
11:10pm	The Fast and the Furious
12:10am	Family Guy
12:40am	Family Guy
1:10am	Family Guy
1:35am	American Dad!
2:05am	Celebrity Juice
3:05am	Bromans
4:00am	Teleshopping

itv3

7:00am	Judge Judy
7:20am	Murder, She Wrote
8:15am	Murder, She Wrote
9:20am	Margery and Gladys
11:25am	Columbo
1:00pm	Carry on Matron
2:05pm	FYI Daily
2:10pm	Carry on Matron
2:50pm	Wycliffe
3:55pm	Foyle's War
6:00pm	Foyle's War
8:00pm	Agatha Christie's Marple
10:00pm	Midsomer Murders
12:00am	A Touch of Frost
2:10am	On the Buses <i>This bold, bawdy and brash sitcom hit British screens in 1969.</i>
2:40am	On the Buses
3:05am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping <i>Innovative, value-for-money products brought directly to you at home.</i>

itv4

7:00am	Sporting Funnies
7:05am	River Monsters
7:35am	The Big Fish Off
8:30am	Motorsport UK
9:25am	Classic Cars Goodwood.
10:30am	ITV Racing: The Opening Show
11:30am	Hat-Trick Heroes
11:45am	Fishing Allstars
12:45pm	Pawn Stars
4:25pm	The Pink Panther <i>Cartoon capers with the cool pink cat.</i>
5:25pm	FYI Daily
5:30pm	The Pink Panther <i>Cartoon capers with the cool pink cat.</i>
6:45pm	Ferris Bueller's Day Off
7:45pm	FYI Daily
7:50pm	Ferris Bueller's Day Off
8:45pm	World Boxing Super Series Live
12:30am	Tango and Cash
1:30am	FYI Daily
1:35am	Tango and Cash
2:40am	The Classic Car Show

sky CINEMA ACTION & ADVENTURE

10:20am	Miss Peregrine's Home for Peculiar Children
12:30pm	Suicide Squad
2:40pm	The Rock
5:05pm	Captain America: Civil War
7:40pm	Miss Peregrine's Home for Peculiar Children
10:00pm	Suicide Squad
12:05am	Fearless
7:45am	The Top Ten Show 2017
8:05am	When Harry Met Sally
9:50am	The Cable Guy
11:35am	Mean Girls
1:20pm	The Top Ten Show 2017
1:40pm	Bad Neighbours 2
3:25pm	Sausage Party
5:10pm	Bruce Almighty
7:00pm	Miss Congeniality
9:00pm	Bad Neighbours 2
10:40pm	Sausage Party
12:20am	Knocked Up

sky CINEMA PREMIERE

7:00am	Rage <i>Baseball drama about a hot-prospect pitcher tormented by his abusive dad.</i>
8:35am	The Good, the Bad, and the Dead
10:10am	Passengers
12:10pm	Sully <i>Stirring biographical drama about the life-saving actions of US pilot Chesley 'Sully' Sullenberger.</i>
1:55pm	Underworld: Blood Wars
3:35pm	Ordinary World
5:10pm	Marauders
7:00pm	Passengers
9:00pm	Sully
10:45pm	Underworld: Blood Wars
12:25am	The Good, the Bad, and the Dead
2:05am	Goldstone
4:10am	Marauders

sky sports football

7:00am	EFL Greatest Games
7:15am	EFL Greatest Games
7:30am	SPFL Greatest Games
7:45am	SPFL Greatest Games
8:00am	Football Years
8:30am	Football Countdowns
9:00am	SPFL Matters
9:30am	Football's Greatest Teams
10:00am	EFL Greatest Games
10:15am	EFL Greatest Games
10:30am	SPFL Matters
11:00am	Soccer A.M.
12:30pm	La Liga Icons
12:45pm	La Liga Greatest Games
12:55pm	Football
3:00pm	Gillette Soccer Saturday
4:15pm	Gillette Soccer Saturday
6:15pm	Football
8:40pm	Football
10:45pm	EFL Goals: Championship
11:15pm	La Liga Highlights: Barcelona
11:30pm	EFL Greatest Games
11:45pm	EFL Greatest Games
12:00am	EFL Greatest Games

Advertising feature

NINE years ago two British expats, Richard and Tony, were looking for affordable heating when they stumbled, accidentally, on a brand of Norwegian convector heaters that couldn't be bought in Spain.

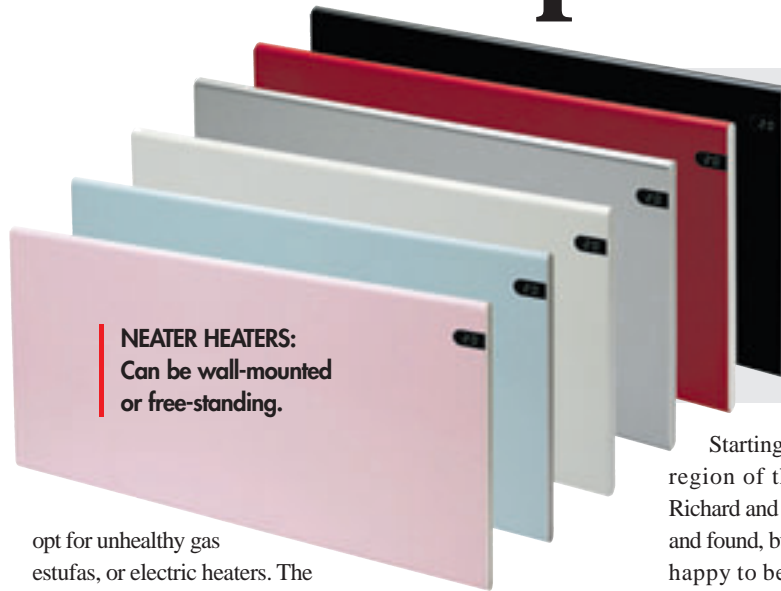
Not only were these wall-mounted heaters discreet and stylish, but they were also packed with 'Es:' Efficient; effective; economical.

Recognising a huge gap in the market these attractive affordable heaters would fill, Richard and Tony established Neater Heater and have been heating the casas and apartments of shivering expats ever since.

"We all come out to Spain for the good weather and lifestyle," said Tony "yet everyone is caught out by the cold winter nights in their spectacularly non-insulated Spanish homes. We all come from the UK where we had radiators and fires, and that is what most British expats still want.

"A decent oil or gas central heating system is going to set you back thousands of euros just to install it, so most people

Neater Heater stops cold winters spoiling your dream



NEATER HEATERS:
Can be wall-mounted or free-standing.

opt for unhealthy gas estufas, or electric heaters. The problem with most electric heaters, is that the cheap ones are always expensive to run, and ugly, whereas any decent ones always cost a fortune to install.

"We can have most homes up and running with affordable,

stylish, economic Neater Heaters, for less than €1,000. The cost obviously depends on the size of house and the size of heaters. Or they can be bought individually according to your requirements"

Starting out in their home region of the Costa Blanca Richard and Tony searched for, and found, businesses that were happy to become agents for Neater Heater. "We hope to cater for all types of customer," explained Richard.

"Some people are comfortable with computers, and are quite happy to buy from our online shop, with free delivery. But many want to shop in the

**NEATER HEATER DISTRIBUTORS:
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- BLUE LAGOON: The Electrical Shop (Euronic). Tel. 966 188 170
- MURCIA PROVINCE: Nigel & Anne home inspections. Tel. 660 893 861
- SOUTH TORREVIEJA: For home inspections call Edmund. Tel. 693 594 270

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BBC one

7:00am Breakfast
 8:30am Match of the Day
 10:00am The Andrew Marr Show
 11:00am Sunday Morning Live
 12:00pm Sunday Politics
 1:15pm Bargain Hunt
 2:00pm BBC News
 2:10pm Weather for the Week Ahead
 2:15pm Fake or Fortune?
 3:15pm Money for Nothing
 4:00pm Escape to the Country
 4:45pm Points of View
 5:00pm Songs of Praise
 5:35pm How to Stay Young
 6:35pm Invictus: Battle to the Start Line
 7:35pm BBC News
 7:50pm Regional News
 7:55pm Weather
 8:00pm Countryfile
 9:00pm Fake or Fortune?
 10:00pm Strike
 11:00pm BBC News
 11:20pm Regional News
 11:25pm Weather
 11:30pm Match of the Day 2
 12:30am Fugitives

BBC TWO

7:20am Garden Rescue
 8:05am Gardeners' World
 9:05am The Beechgrove Garden
 9:35am Countryfile
 10:30am Saturday Kitchen
 Best Bites
 12:00pm Lorraine's Fast, Fresh and Easy Food
Cookery series in which the chef creates super quick food.
 12:30pm My Life on a Plate
 1:15pm MOTD2 Extra
 2:00pm PDC Darts
 Champions League
 5:30pm Tribes, Predators and Me
Documentary exploring the secrets of three tribes who live beside dangerous animals.
 6:30pm Top Gear
 7:30pm PDC Darts
 Champions League
 11:00pm Risk
 12:25am The Devil's Double
 2:10am Question Time
 3:10am Holby City

BBC FOUR

8:00pm NewThe Last Night of the Proms From Around the UK
 9:30pm Secret Voices of Hollywood
 11:00pm NewCinema Through the Eye of Magnum
 11:55pm Clara Bow: Hollywood's Lost Screen Goddess
 12:55am Precision: The Measure of All Things
Documentary exploring why we are driven to measure and quantify the world.
 1:55am Apples, Pears and Paint: How to Make a Still Life Painting
 Cinema Through the Eye of Magnum
 3:25am

CHANNEL 4

7:20am Last Man Standing
 7:40am Everybody Loves Raymond
 8:05am Everybody Loves Raymond
 8:30am Everybody Loves Raymond
 9:00am Frasier
 9:30am Frasier
 10:00am Sunday Brunch
 1:00pm Formula 1
 1:35pm Formula 1 Singapore Grand Prix Live
 4:10pm Formula 1
 5:15pm The Crystal Maze Ep4
 6:15pm The Great British Bake Off
 7:30pm Channel 4 News
 8:00pm Amazing Spaces: Shed of the Year
 9:00pm Speed with Guy Martin
 10:00pm Electric Dreams
 11:10pm Lee Mack
 12:05am Slumdog Millionaire
 2:20am The Supernet
 3:15am Gillette World Sport
 3:45am KOTV Boxing Weekly
 4:10am Location, Location, Location

CHANNEL 5

7:00am Milkshake!
Programming aimed at children aged two to seven years old.
 11:05am Teenage Mutant Ninja Turtles
 11:40am Football on 5
 12:30pm Football on 5
 1:00pm Police Interceptors
 2:00pm Police Interceptors
 3:00pm Police Interceptors
 4:00pm Open Season
 5:45pm Annie
 8:05pm Before They Were Stars
 9:00pm Aviva Premiership Rugby Highlights
All the best of the action from the latest round of England's Aviva Rugby Premiership.
 9:55pm 5 News
 10:00pm How Magic Changed TV
 12:05am When Magic Goes Wrong
 2:45am Super Casino
 4:10am Gotham
 5:00am Now That's Funny!
 5:50am Divine Designs

4

7:00am Kevin Can Wait
 7:25am Couples Come Dine with Me
 8:20am Couples Come Dine with Me
 9:25am Hollyoaks Omnibus
 12:00pm Don't Tell the Bride
 1:00pm Streetmate
 1:30pm My Hotter Half
 2:05pm My Hotter Half
 2:40pm Confessions of a Teenage Drama Queen
 4:25pm The Goldbergs
 5:00pm The Goldbergs
 5:30pm The Goldbergs
 6:00pm The Big Bang Theory
 6:30pm The Big Bang Theory
 7:00pm The Big Bang Theory
 7:30pm The Big Bang Theory
 8:00pm The Big Bang Theory
 8:30pm The Big Bang Theory
 9:00pm Home Alone
 11:00pm Naked Attraction
 12:05am Gogglebox
 1:10am Celebs Go Dating
 2:15am Celebs Go Dating
 3:15am Don't Tell the Bride
 4:05am Rude Tube
 4:35am Hollyoaks Omnibus

sky sports main event

7:00am Through the Night
 8:00am Total Goals
 9:00am Total Goals
 10:00am Total Goals
 11:00am Sports Sunday
 12:00pm Sports Sunday
 1:00pm Sports Sunday
 1:30pm Live Nissan Super Sunday
Chelsea v Arsenal.
 4:30pm Live Nissan Super Sunday
Manchester United v Everton.
 8:00pm Live NFL: New England @ New Orleans
New Orleans Saints take on New England Patriots at the Mercedes-Benz Superdome in the NFL.
 10:00pm Live NFL: Dallas @ Denver
The Denver Broncos take on the Dallas Cowboys at Sports Authority Field at Mile High.
 2:00am Live NFL: Green Bay @ Atlanta

itv

7:00am CITV
 10:25am ITV News
 10:30am James Martin's French Adventure
 10:55am Problem Child
 12:30pm Robson Green's Coastal Lives
 1:30pm ITV News and Weather
 1:40pm Bear Gryll's Survival School
 2:10pm Catchphrase
 2:50pm The X Factor
 4:00pm Never Say Never Again
 6:35pm Victoria
 7:35pm Local News and Weather
 7:45pm ITV News and Weather
 8:00pm Tipping Point
 9:00pm The X Factor
 10:00pm Victoria
 11:05pm ITV News and Weather
 11:20pm Judge Rinder's Crime Stories
 12:20am Liar
 1:15am Jackpot247
 4:00am Motorsport UK

itv2

7:10am You've Been Framed Gold!
 7:35am Coronation Street Omnibus
 11:00am Guidance
 11:25am L.A. Story
 11:40am Cheerleaders Steel Rays
 12:00pm Ready, Set, Style
 12:15pm Third Wheel
 12:25pm Third Wheel
 12:40pm The X Factor
 1:55pm Take Me Out
 3:10pm Step Up 2: The Streets
 4:10pm FYI Daily
 4:15pm Step Up 2: The Streets
 5:15pm The Smurfs
 6:15pm FYI Daily
 6:20pm The Smurfs
 7:20pm Evan Almighty
 8:20pm FYI Daily
 8:25pm Evan Almighty
 9:10pm Gravity
 10:10pm FYI Daily
 10:15pm Gravity
 11:00pm Family Guy
 11:30pm Family Guy
 12:00am Family Guy

itv3

7:00am On the Buses
 7:25am Margery and Gladys
 9:25am Heartbeat
 10:25am Heartbeat
Drama, set in the North Yorkshire moors in the 1960's.
 11:25am Murder, She Wrote
 12:25pm Murder, She Wrote
Drama series about a sleuthing writer who solves murder mysteries.
 1:25pm Columbo
 3:05pm Carry on Up the Jungle
 4:10pm FYI Daily
 4:15pm Carry on Up the Jungle
 4:55pm Wycliffe
 6:00pm Agatha Christie's Marple
 8:00pm Midsomer Murders
 10:00pm Sunday Night at the Palladium
 11:00pm Kate: Making of Modern Queen
 12:00am Sherlock Holmes
 2:10am The Knock
 3:05am The Knock

itv4

7:00am The Car Chasers
 7:25am The Avengers
 8:30am British Superbike Highlights
 10:00am Goodwood Revival
 11:00am Goodwood Revival
 12:00pm MSA British Touring Car Championship Coverage of the MSA British Touring Car Championship.
 7:30pm Pawn Stars
 8:00pm Fishing Allstars
 8:30pm Fishing Allstars
 9:00pm The Chase: Celebrity Special
 10:00pm Airplane!
 11:10pm FYI Daily
 11:15pm Airplane!
 11:50pm Car Crash Global
 12:50am Universal Soldier: Regeneration
 2:10am FYI Daily
 2:15am Universal Soldier: Regeneration
 2:50am River Monsters
 3:20am River Monsters
 3:45am ITV4 Nightscreen
 4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

2:55pm The Bourne Identity
 5:05pm The Bourne Supremacy
 7:00pm The Bourne Ultimatum
 9:00pm Jason Bourne
 11:10pm The Lord of the Rings: The Two Towers
 2:15am Walking Tall
 3:50am Lucky Number Slevin
 5:50am Superman 2

sky CINEMA COMEDY

8:10am Billy Madison
 9:45am The Intern
 11:50am All About Steve
 1:40pm Absolutely Fabulous: The Movie
 3:20pm Paul
 5:10pm Robin Hood: Men in Tights
 7:00pm Miss Congeniality 2: Armed and Fabulous
 9:00pm Absolutely Fabulous: The Movie
 10:40pm Paul
 12:30am Crocodile Dundee

sky CINEMA PREMIERE

7:00am Ordinary World
 8:40am Goldstone
 10:45am Sully
Stirring biographical drama about the life-saving actions of US pilot Chesley 'Sully' Sullenberger.
 12:25pm Underworld: Blood Wars
 2:05pm Forsaken
Western about a former gunslinger who struggles to stay straight when a ruthless property developer terrorises his hometown.
 3:45pm Rage
 5:20pm Passengers
 7:20pm Sully
 9:00pm Underworld: Blood Wars
 10:45pm Forsaken
 12:25am Passengers
 2:30am Marauders
 4:30am The Good, the Bad, and the Dead

sky sports football

7:00am EFL Greatest Games
 7:30am EFL Goals: Championship
 8:00am EFL Goals: League One and League Two
 8:30am Football Years
 9:00am Football Countdowns
 9:30am EFL Goals: Championship
 10:00am EFL Goals: League One and League Two
 10:30am The Sunday Supplement
 12:00pm Football
 2:00pm La Liga Highlights: Barcelona
 2:20pm Football
 4:30pm MLS Greatest Games
 4:35pm Football
 6:40pm Football
 8:30pm La Liga Greatest Games
 8:40pm Football
Real Sociedad v Real Madrid.
 10:45pm La Liga Highlights: Barcelona
 1:00am La Liga Highlights: Real Madrid

YOUR PAPER - YOUR VOICE - YOUR OPINION

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Vegan finds extra food for thought

DEAR Sir,

I'm 50-years-old and have been a strict vegan since changing my diet after a cancer scare a decade ago.

I've been staying with my Spanish partner's family for three months per year for the last couple of decades and we've recently been using a local Thai restaurant, Wai Wai Wok on Burriana Beach. Up until this year we were in love with the place for providing amazing service and food exactly as we ordered.

This year, however, something has gone horribly wrong. We've been in Nerja since early June and have visited the restaurant six times plus ordered a takeaway for lunch. Every meal we've ordered has had to be sent back because we have found meat in the food. They are obviously cooking a standard batch of, for example, Pad Thai, and then just removing the meat.

I advise dozens of clients a week all across the world on nutrition so I feel it

A healthy warning

RECENTLY my wife and I visited the UK where she tripped on a kerb, breaking a leg which required urgent medical treatment with a long pin inserted.

We normally take out holiday insurance but forgot this year which created a problem with receiving free NHS cover as expats, being told we would have to pay for aftercare and be treated as private patients unless we presented an S1 form.

Following extensive research we discovered that the S1 is a replacement for the E121 form we completed when registering



UK HEALTH COVER: Ensure you have the right documents.

with the Spanish NHS.

Following heated discussions with various hospital staff my wife was finally given the NHS cover that she was entitled to.

The word of warning is that

when visiting the UK take out holiday insurance, obtain the S1 form, carry your EHC card and be of pensionable age currently receiving the State Pension.

Russ Hudson, Alicante

is my duty to report this problem.

John Hodges, Nerja

Editor's note: Wai Wai Wok's manager Khalid told EWN that "the chef made a mistake, but as far as I know it only happened once. We have apologised and just want to make our customer happy no matter what the cost. I don't understand what else I can do!"

Home truths

I DID agree with the original concept of social housing in Orihuela Costa, but after the recent price reduction many of the residents are not in a lower income group, with one buyer apparently owning another three homes!

In addition, the entrance is on the busy Calle Clavo where parking is now almost impossible, and police have been called at least twice over driveways blocked. Worse, many residents simply throw rubbish in the street or ignore the separate containers.

Perhaps 'social' housing in this instance us a misnomer!

Ian Fairbairn, Orihuela Costa

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Are the kids of today ruined?

Reaction to Leapy Lee's latest column.

There is NO WAY that A-levels are easier nowadays! Twenty years after getting my two A-grades, I've just taken another 'for fun.'

The amount you now have to write in a 2hr exam is the same as in the 3hr ones in '97/98, there's masses more material to digest, evaluation and terminology is more crucial, and more evidence required to be cited with less room for assertions.

I worked just as hard this time as 20yrs ago, and got a B instead. Grade boundaries are lower, but marks far less generous: your 80 per cent essay in 1997 will get you 63 per cent now.

Also, A-level results dictate to kids whether they can follow their chosen career, which university will go down on their CV for the rest of their lives, and even dictate where they're going to be living for the next four years! All that with less than a month's notice!

The pressure is immense and would wreck most adults! A-levels are the toughest exams on earth; my two master's degrees were child's play compared with my A-levels in '97 and the one I've just taken. And the town you live in and your type of job for the next few years or decades depends upon how you perform in 2hr slots three times in one month.

A headache on one of these can change your life's course. You clearly don't have A-levels, Graham.

Comments from EWN online

I challenge you to take one and report back.

Kally

I did not realise you were a supporter of Rees-Mogg and his Victorian values.

John Booth

Drunk Brits sentenced

Rowdy passengers handed jail terms.

Fine them. Give them an appropriate custodial sentence but more importantly endorse their passports to say they have been previously removed from an aircraft for drunken behaviour and then the airlines have fair opportunity to deny boarding at check-in. It's a genuinely frightening experience at 37k feet when this happens and is simply not appropriate behaviour.

Gordon Hulme

They are an extremely small percentage of travellers. We travel a lot... like a drink in the airport and on the plane... why should the majority of travellers pay

the price for a small percentage of idiots?

Ann Telford

Inadequate jail sentences and should not be suspended. Passports should be cancelled for 15 years after jail sentences completed.

Eddie Stanton

Nurses' holiday hell

Brit students complain of Costa del Sol attack.

I used AirBnB once before in Barcelona and it was absolutely fine. Proper meet and greet and checking everything worked. These two girls were just stupid to leave their belongings behind with total strangers. I don't agree with extra regulations. These are (mostly) private individuals renting out their properties. Extra regulations will mean extra cost which defeats the object. I guess that's also what the hotel industry wants.

Andy Funnell

Why leave your suitcases in a place occupied!? I would have left immediately, contacted the owner. How stupid, no sympathy from me I am afraid.

Sian Foster

Are these women complete idiots? You turn up, find two unconscious women in your apartment and then leave your stuff there and go out?

Greg Hume

No empathy

MY husband passed away on August 12 leaving (his wish) body to research.

Unfortunately, he had the audacity to die in August and the University was closed for holidays so they wouldn't take him. A quick funeral had to be arranged because the mortuary charges €60 per day to keep the body!!

We didn't want a religious service but wanted to say our last goodbyes. He was wheeled into a corridor and the coffin lid was lifted. What a shock!! He looked exactly the same as when he died. I know this is the Spanish way but not one sign of any empathy, not even from the Universidad!

Christine Farnell, El Pinillo

Driven mad

HAVING obtained my driving licence in Barcelona I am not surprised 50 per cent of Brits failed a sample Spanish theory test (*EWN Issue 1678*). I passed mine in Barcelona and the theory segment is, to say the least, a hit and miss affair with some questions apparently written and thrown in at random! You could sit it 100 times and only pass 50!

Phil Grainger, Denia

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BBC one

BBC one schedule table with time slots from 7:00am to 12:40am and program titles like Breakfast, Fake Britain, etc.

BBC TWO

BBC TWO schedule table with time slots from 7:00am to 1:45am and program titles like Flog It!, Council House, etc.

BBC FOUR

BBC FOUR schedule table with time slots from 8:00pm to 4:30am and program titles like Beyond 100 Days, Brushing Up on..., etc.

CHANNEL 4

CHANNEL 4 schedule table with time slots from 7:00am to 12:05am and program titles like Countdown, King of Queens, etc.

CHANNEL 5

CHANNEL 5 schedule table with time slots from 7:00am to 4:10am and program titles like Milkshake!, The Wright Stuff, etc.

4

4 schedule table with time slots from 8:00am to 12:05am and program titles like Made in Chelsea, Melissa and Joey, etc.

sky sports main event

sky sports main event schedule table with time slots from 7:00am to 2:00am and program titles like Good Morning Sports Fans, etc.

itv

itv schedule table with time slots from 7:00am to 4:00am and program titles like Good Morning Britain, Lorraine, etc.

itv2

itv2 schedule table with time slots from 10:00am to 12:00am and program titles like Coronation Street, The Ellen DeGeneres Show, etc.

itv3

itv3 schedule table with time slots from 7:00am to 12:35am and program titles like On the Buses, Heartbeat, etc.

itv4

itv4 schedule table with time slots from 7:00am to 3:10am and program titles like The Car Chasers, Pawn Stars, etc.

sky CINEMA ACTION & ADVENTURE

sky CINEMA ACTION & ADVENTURE schedule table with time slots from 11:45am to 12:35am and movie titles like Smokey and the Bandit III, Rocky, etc.

sky CINEMA COMEDY

sky CINEMA COMEDY schedule table with time slots from 8:00am to 4:00am and movie titles like Spud, Patch Adams, etc.

sky CINEMA PREMIERE

sky CINEMA PREMIERE schedule table with time slots from 7:00am to 4:10am and program titles like Ordinary World, Forsaken, etc.

sky sports football

sky sports football schedule table with time slots from 11:00am to 12:00am and program titles like Football, When Guillem Met Andy Murray, etc.

The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.



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BBC one

7:00am Breakfast
10:15am Fake Britain
11:00am Homes Under the Hammer
12:00pm Dom on the Spot
12:45pm Thief Trackers
1:15pm Bargain Hunt
2:00pm BBC News
2:30pm Regional News
2:45pm Doctors
3:15pm The Boss
4:00pm Escape to the Country
4:45pm Garden Rescue
5:30pm Celebrity Money for Nothing
6:15pm Pointless
7:00pm BBC News
7:30pm Regional News
8:00pm The One Show
8:30pm EastEnders
9:00pm Holby City
10:00pm Doctor Foster
11:00pm BBC News
11:30pm Regional News
11:40pm Weather
11:45pm Germany's New Nazis - Panorama
12:30am Ambulance
1:30am Weather for the Week Ahead

BBC TWO

7:00am Flog It!
7:30am Fake Britain
8:15am Garden Rescue
9:00am Fake or Fortune?
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm Super League Show
2:45pm For What It's Worth
3:30pm The Daily Politics
4:30pm Hairy Bakers
4:45pm Great British Railway Journeys
5:15pm Human Planet
6:15pm Flog It!
7:00pm Richard Osman's House of Games
7:30pm Match of the Day Live
10:00pm Saving Lives at Sea
11:00pm Quacks
11:30pm Newsnight
12:10am Weather
1:05am World's Busiest Cities
2:05am The Week the Landlords Moved in
3:05am No More Boys and Girls: Can Our Kids Go Gender Free?

BBC FOUR

8:00pm Beyond 100 Days
8:30pm Timothy Spall Back at Sea
9:00pm Vienna: Empire, Dynasty and Dream
10:00pm Henry VII: The Winter King
10:00pm Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm Coast v Country
1:00pm Channel 4 News
1:05pm Couples Come Dine with Me
2:05pm French Collection
3:10pm Countdown
4:00pm Cheap Cheap Cheap
5:00pm A Place in the Sun
6:00pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm The Great British Bake Off
10:15pm Celebrity Island with Bear Grylls
11:20pm Gogglebox
12:25am Britain's Benefit Tenants
11:00pm Jerusalem: The Making of a Holy City
12:00am The Legacy of Lawrence of Arabia
1:00am Black Lake
1:40am Black Lake
2:25am Henry VII: The Winter King
3:25am Vienna: Empire, Dynasty and Dream

CHANNEL 4

7:00am Countdown
7:45am King of Queens
8:10am King of Queens
8:35am King of Queens
9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm Coast v Country
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8:00pm Channel 4 News
9:00pm The Great British Bake Off
10:15pm Celebrity Island with Bear Grylls
11:20pm Gogglebox
12:25am Britain's Benefit Tenants

CHANNEL 5

7:00am Milkshake!
10:15am The Wright Stuff
12:15pm Can't Pay? We'll Take it Away!
1:10pm 5 News
1:15pm The Hotel Inspector
2:10pm Access
2:15pm Home and Away
2:45pm Neighbours
3:15pm The Mentalist
4:15pm Garage Sale Mystery: The Deadly Room
6:00pm 5 News
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News
8:00pm Tony Robinson: Coast to Coast
9:00pm The Dog Rescuers with Alan Davies
10:00pm Alaska - A Year in the Wild
11:00pm Hotel Inspector: Checking in, Checking Out
12:05am Cruising with Jane McDonald
1:05am Cricket on 5

4

8:00am Made in Chelsea
9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am 2 Broke Girls
10:30am 2 Broke Girls
11:00am Baby Daddy
11:30am Baby Daddy
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm 2 Broke Girls
5:30pm 2 Broke Girls
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm All Star Driving School
9:00pm The Big Bang Theory
10:00pm Tattoo Fixers
11:00pm Celebs Go Dating
12:10am My Hotter Half

sky sports main event

7:00am Good Morning Sports Fans
7:30am Good Morning Sports Fans
8:00am Good Morning Sports Fans
8:30am Good Morning Sports Fans
9:00am Good Morning Sports Fans
9:30am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Premier League Daily
12:00pm Sky Sports Now
12:30pm Sportswomen
1:00pm Cricket
8:30pm Football
11:00pm The Debate - Live
12:00am Through the Night
1:00am Through the Night
2:00am Live WWE Late Night Smackdown
4:00am Through the Night
A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.
5:00am Through the Night

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
3:00pm Judge Rinder
4:00pm Dickinson's Real Deal
5:00pm Tipping Point
6:00pm The Chase
7:00pm Local News and Weather
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Save Money
9:00pm Robson Green's Coastal Lives
9:30pm Call the Cleaners
10:00pm 100 Year Old Driving School
11:00pm ITV News
11:40pm Safe House
12:45am Lethal Weapon
1:30am Jackpot247
4:00am Loose Women
4:50am Nightscreen

itv2

7:50am Totally Bonkers Guinness World Records
8:15am Below Deck
8:35am You've Been Framed Gold!
9:00am Emmerdale
9:30am Coronation Street
10:30am The Ellen DeGeneres Show
11:20am Below Deck
12:15pm Dress to Impress
1:20pm Emmerdale
1:50pm Coronation Street
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
7:00pm Dress to Impress
8:00pm You've Been Framed Gold!
8:30pm You've Been Framed Gold!
9:00pm Two and a Half Men
10:00pm Hot Fuzz
11:05pm FYI Daily
11:10pm Hot Fuzz
12:25am Family Guy

itv3

7:00am Judge Judy
7:20am Judge Judy
7:40am Heartbeat
8:40am Where the Heart is
9:40am Wild at Heart
10:40am Judge Judy
11:10am Judge Judy
11:35am Judge Judy
12:00pm George and Mildred
12:35pm On the Buses
1:05pm On the Buses
1:40pm Barging Round Britain with John Sergeant
2:10pm Heartbeat
3:10pm Doc Martin
4:15pm Wild at Heart
5:20pm On the Buses
5:55pm On the Buses
6:25pm George and Mildred
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Midsomer Murders
11:00pm Lucan
12:30am Sherlock Holmes
2:30am On the Buses

itv4

7:00am The Car Chasers
7:55am Pawn Stars
8:25am Pawn Stars
8:50am The Saint
9:55am Ironside
11:00am Bowls
7:00pm The Car Chasers
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm World Superbike Highlights
10:00pm Benidorm
11:00pm Car Crash Global
12:00am Assassins
1:10am FYI Daily
1:15am Assassins
2:45am Minder
3:40am World Cup Rivalries: Brazil v Italy
4:00am Teleshopping
Innovative, value-for-money products brought directly to you at home.

sky CINEMA ACTION & ADVENTURE

7:00am Bad Blood
8:40am Charlie's Angels
10:25am Charlie's Angels: Full Throttle
12:20pm Rocky II
2:25pm Backdraft
4:45pm Last Action Hero
7:00pm Beowulf
9:00pm True Lies
11:30pm Hitman
1:10am Hitman: Agent 47
2:50am Universal Soldier

sky CINEMA COMEDY

8:00am Spud 2: The Madness Continues
9:40am Working Girl
11:40am The Night Before
1:30pm Date Night
3:10pm Keeping up with the Joneses
5:00pm Me, Myself and Irene
7:00pm Trading Places
9:00pm Date Night
10:35pm Keeping up with the Joneses
12:30am Beverly Hills Cop II
2:20am Jackass: Number Two

sky CINEMA PREMIERE

7:00am Ordinary World
8:45am Forsaken
10:30am The Good, the Bad, and the Dead
12:10pm Underworld: Blood Wars
1:55pm Sully
3:45pm Rage
5:30pm Forsaken
7:15pm Underworld: Blood Wars
9:00pm Sully
10:45pm The Top Ten Show 2017
11:00pm Heaven Knows What We Still Steal the Old Way
12:45am We Still Steal the Old Way
2:40am The Good, the Bad, and the Dead
4:20am Goldstone

sky sports football

8:00am Football Years
8:30am Football Countdowns
9:00am Football's Greatest
9:30am Football's Greatest Teams
10:00am Revista de la Liga
10:30am Soccer A.M.
11:00am Football
1:05pm La Liga Greatest Games
1:15pm La Liga Icons
1:45pm La Liga Greatest Games
2:00pm Football's Greatest
2:30pm Football's Greatest Teams
3:00pm The Best La Liga Goals 2016/17
4:00pm Football
6:05pm Football Countdowns
6:30pm Football Years
7:00pm Soccer A.M.
7:30pm MLS Round Up Show
8:00pm SPFL Round Up 2017/18
8:15pm SPFL Greatest Games
8:30pm Football
11:00pm Football
12:00am Revista de la Liga

Advertising feature

What is prostate cancer and why should I get checked?

PROSTATE CANCER is a disease in which malignant (cancerous) cells form in the tissues of the prostate and is diagnosed by a tissue biopsy, studies may include a rectal exam, ultrasound and PSA (Prostate-specific antigen).

The cancer is found mainly in older men - from around the age of 45 years old and is the most common cancer among men, except for skin cancer. The disease may cause no symptoms in its early stages, this is why it is very important to go for regular check-ups.

The more advanced it becomes, the following signs will appear:

- Weak or interrupted flow of urine
- Sudden urge to urinate
- Frequent urination (especially at night)
- Trouble starting the flow of urine
- Trouble emptying the bladder completely



CANCER: When detected early enough, it can be curable.

- Pain or burning while urinating
- Blood in the urine or semen
- A pain in the back, hips or pelvis that doesn't go away
- Shortness of breath, feeling very tired, fast heartbeat, dizziness or pale skin caused by anaemia.

Is Prostate Cancer curable?

As with many cancers, when detected early, it is clearly curable. If the tumour has not spread outside the prostate gland, either radiation or surgical removal will cure the cancer very frequently. Other treatments for the disease include; Chemotherapy, Cryotherapy and Hormonal Therapy.

If you would like advice on this sensitive matter, arrange a free check-up or find out about Private Health Plans, please call 966 493 082 (Javea) 950 049 431 (Almeria) or alternatively, email in fo@goldenleavesinternational.com.



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BBC one

7:00am Breakfast
10:15am Fake Britain
11:00am Homes Under the Hammer
12:00pm Dom on the Spot
12:45pm Thief Trackers
1:15pm Bargain Hunt
2:00pm BBC News
2:30pm Regional News
2:45pm Doctors
3:15pm The Boss
4:00pm Escape to the Country
4:45pm Garden Rescue
5:30pm Celebrity Money for Nothing
6:15pm Pointless
7:00pm BBC News
7:30pm Regional News
8:00pm The One Show
8:30pm Rip Off Britain
9:00pm Celebrity MasterChef
10:00pm How to Stay Young
11:00pm BBC News
11:30pm Regional News
11:40pm Weather
11:45pm A Question of Sport
12:15am Live From the BBC
12:45am Without Limits: Vietnam
1:45am Weather for the Week Ahead
1:50am BBC News

BBC TWO

7:00am Flog It!
7:30am Fake Britain
8:15am Garden Rescue
9:00am World's Busiest Cities
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm Coast
2:30pm £100k House: Tricks of the Trade
3:30pm Cycling
5:45pm Great British Railway Journeys
6:15pm Flog It!
Antiques show which helps amateur auctioneers, collectors and bargain-hunters make a saving.
7:00pm Richard Osman's House of Games
7:30pm Eggheads
8:00pm This Farming Life
9:00pm World's Busiest Cities
Delhi.
10:00pm The Detectives
11:00pm Famalam
11:30pm Newsnight
12:10am Weather
12:15am Giselle

BBC FOUR

8:00pm Beyond 100 Days
8:30pm Timothy Spall Back at Sea
9:00pm Natural World
The Last Grizzly of Paradise Valley. Series 30, episode 14. Wildlife documentary following the search for grizzly bears in the beautiful Cascade Mountains of Canada.
10:00pm Life of a Mountain: A Year on Blencathra
11:00pm Sound Waves: The Symphony of Physics
12:00am Britain in Focus: A Photographic History
1:00am Hidden Histories: Britain's Oldest Family Businesses
2:00am China in Six Easy Pieces
3:00am Carved with Love: The Genius of British Woodwork
4:00am Life of a Mountain: A Year on Blencathra

CHANNEL 4

7:00am Countdown
7:45am King of Queens
8:10am King of Queens
8:35am King of Queens
9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm Coast v Country
1:00pm Channel 4 News
1:05pm Couples Come Dine with Me
2:05pm French Collection
3:10pm Countdown
4:00pm Cheap Cheap Cheap
5:00pm A Place in the Sun
6:00pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Location, Location, Location
10:00pm Grand Designs
11:00pm Back
11:35pm Fugitives
12:35am Educating Greater Manchester
1:35am Speed with Guy Martin

CHANNEL 5

7:00am Milkshake!
10:15am The Wright Stuff
12:15pm Can't Pay? We'll Take it Away!
1:10pm 5 News
1:15pm The Hotel Inspector
2:10pm Access
2:15pm Home and Away
2:45pm Neighbours
3:20pm The Mentalist
4:15pm My Mother's Secret
6:00pm 5 News
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News
8:00pm Nightmare
Neighbour Next
Door: Fight Back
9:00pm GPs: Behind Closed Doors
Documentary taking a look at what goes on in the consultation room.
10:00pm Can't Pay? We'll Take it Away!
11:00pm Undercover Benefits Cheat
11:35pm Football on 5
The Carabao Cup.
1:05am Caught in the Act: Dumb Builders
2:00am Super Casino

4

8:00am Made in Chelsea
9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am 2 Broke Girls
10:30am 2 Broke Girls
11:00am Baby Daddy
11:30am Baby Daddy
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm 2 Broke Girls
5:30pm 2 Broke Girls
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm All Star Driving School
9:00pm My Hotter Half
9:35pm My Hotter Half
10:00pm Don't Tell the Bride
11:00pm Celebs Go Dating
12:10am The Big Bang Theory

sky sports
main event

7:00am Good Morning Sports Fans
7:30am Good Morning Sports Fans
8:00am Good Morning Sports Fans
8:30am Good Morning Sports Fans
9:00am Good Morning Sports Fans
9:30am Live New Zealand NPC Rugby
Bay of Plenty v Southland.
11:20am Rugby Archive
11:30am Premier League Daily
12:00pm Sky Sports Now
1:00pm Sky Sports Today
2:00pm Sky Sports Today
3:00pm Sky Sports Today
4:00pm Sky Sports Today
5:00pm Sky Sports Today
6:00pm SKY Sports News
7:00pm SKY Sports News
8:00pm Sky Sports Tonight
8:30pm Football
Manchester United v Burton Albion.
11:00pm The Debate - Live
12:00am Through the Night
1:00am Through the Night
2:00am Through the Night
3:00am Through the Night
4:00am Through the Night

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
3:00pm Judge Rinder
4:00pm Dickinson's Real Deal
5:00pm Tipping Point
6:00pm The Chase
7:00pm Local News and Weather
7:30pm ITV Evening News
Round-up of the main national and international news.
8:00pm Emmerdale
Popular long-running soap opera, set in a Yorkshire village.
8:30pm Coronation Street
9:00pm Bad Move
9:30pm Coronation Street
10:00pm Doc Martin
11:00pm ITV News
11:40pm Paragon
12:35am Goodwood Revival
1:30am Jackpot247
4:00am May the Best House Win

itv2

7:50am Totally Bonkers Guinness World Records
8:15am Below Deck
9:00pm Emmerdale
9:30am The Cube
10:30am The Ellen DeGeneres Show
11:20am Below Deck
12:15pm Dress to Impress
1:20pm Emmerdale
1:50pm You've Been Framed Gold!
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
5:55pm The Jeremy Kyle Show
7:00pm Dress to Impress
8:00pm You've Been Framed Gold!
8:30pm You've Been Framed Gold!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Run, Fat Boy, Run
11:00pm FYI Daily
11:05pm Run, Fat Boy, Run
12:05am Family Guy
12:35am Family Guy

itv3

7:00am Judge Judy
7:20am Judge Judy
7:40am Heartbeat
8:40am Where the Heart is
9:40am Wild at Heart
10:40am Judge Judy
11:10am Judge Judy
11:40am Judge Judy
12:05pm George and Mildred
Comedy series following George and Mildred Roper.
12:35pm On the Buses
1:05pm On the Buses
1:40pm Barging Round
Britain with John Sergeant
2:05pm Heartbeat
3:10pm Doc Martin
4:10pm Wild at Heart
5:15pm On the Buses
5:55pm On the Buses
6:20pm George and Mildred
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Foyle's War Fifty Ships
11:10pm The Guilty
12:10am The Blonde Bombshell
2:15am Wycliffe
3:10am ITV3 Nightscreen
3:30am Teleshopping

itv4

7:00am Football Rivalries
Man Utd v Liverpool.
7:10am The Chase
8:05am The Chase
9:05am The Car Chasers
10:00pm Pawn Stars
10:30pm Pawn Stars
11:00pm Bowls
7:00pm The Car Chasers
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm British Superbike Highlights
10:00pm Diamonds are Forever
Action thriller in which James Bond, equipped with an armory of hi-tech gadgets, infiltrates a Las Vegas diamond-smuggling ring in a bid to foil a plot to target Washington with a laser in space.
11:05pm FYI Daily
11:10pm Diamonds are Forever
12:25am Navy Seals
1:30am FYI Daily
1:35am Navy Seals
2:45am Ax Men
3:40am ITV4 Nightscreen

sky CINEMA
ACTION & ADVENTURE

7:50am I-Spy
9:35am Stealth
11:40am 12 Rounds
1:35pm Rocky III
3:20pm The Rock
5:40pm Once Upon a Time in Mexico
7:30pm Captain America: Civil War
10:00pm Warcraft
12:10am 300
2:10am Rambo

sky CINEMA
COMEDY

7:30am Spud 3: Learning to Fly
9:05am Loser
10:45am The Intern
A retiree grows tired of the quiet life and becomes an intern at a start-up.
12:50pm Keanu
2:35pm Knocked Up
4:50pm Dad's Army
6:40pm The Blues Brothers
9:00pm Knocked Up
11:15pm Keanu
1:00am Beverly Hills Cop III
2:50am Jackass 2.5
4:05am Bad News Bears

sky CINEMA
PREMIERE

7:00am Forsaken
8:45am Ordinary World
10:25am Goldstone
12:25pm Sully
2:15pm Underworld: Blood Wars
4:00pm The Good, the Bad, and the Dead
5:35pm Forsaken
Western about a former gunslinger who struggles to stay straight when a ruthless property developer terrorises his hometown.
7:15pm Sully
9:00pm Underworld: Blood Wars
Action-horror sequel about a Death Dealer taking on the vampires and Lycans who want her - and each other - dead.
10:45pm Made in France
12:30am We Still Steal the Old Way
2:25am Heaven Knows What
4:20am The Good, the Bad, and the Dead

sky sports
football

8:15am La Liga Icons
8:30am Football Countdowns
9:00am Football's Greatest Teams
9:30am Football's Greatest Teams
10:00am La Liga Highlights: Barcelona
10:15am EFL Greatest Games
10:30am SPFL Greatest Games
11:00am Football
1:30pm La Liga Highlights: Barcelona
1:45pm La Liga Icons
2:00pm Carabao Cup Highlights
2:30pm La Liga Icons
2:45pm La Liga Highlights: Barcelona
3:00pm Revista de la Liga
3:30pm La Liga World
4:00pm Football
6:30pm La Liga Highlights: Barcelona
6:45pm La Liga Icons
7:00pm Revista de la Liga
7:30pm La Liga World
8:00pm Carabao Cup Highlights
8:30pm Football
11:15pm Football
12:00am La Liga Icons
12:15am Carabao Cup

Troubling tales of taking the plunge and making a splash

Nora Johnson
Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

HEARD about the latest craze among kids? Swimming with elaborate mermaid tails. A trend already 'massive' in the USA but now taking off in the UK, the third annual Miss Mermaid UK pageant having recently taken place in Northampton.

The Royal Life Saving Society UK which works to prevent drownings warns parents against letting children swim with elaborate, decorative monofins without supervision after a teenager's recent death: "These activities must be done in a safe and approved environment. We are conscious that there have been a number of incidents caused through improv-



Photo Credit Channel 4

MERMAID TAILS: A trend that is taking off in the UK.

er use of mermaid tails."

Well, don't you just love this officialise! 'Improper use,' how? Attempting to wear them on your head like a hat and suffocating? Eating them and getting poisoned?

But, seriously, it really doesn't surprise me that, even in the 21st century, parents have to be warned against allowing their children to go swimming with their feet tied together. Why?

Because some parents simply don't pay sufficient attention to their children when outdoors.

Recently I watched a number of parents busily chatting in a nearby park while children of nursery-school age played on swings, roundabouts and slides.

One child came hurtling down a slide and tumbled off, screaming her head off before mum noticed anything amiss. Another ran in front of swings

being 'manhandled' by older kids and fortunate not to have been knocked senseless, the older kid jumping off just in time. His scowl at the baby's mum spoke volumes.

The fact is that these mermaid tails are on sale and available as a colourful child's 'toy' making them seductively attractive to some parents - not all of whom can swim themselves. And just how did all this commercialisation start? First it was 'trick or treat,' then school proms and baby showers. Now it's mermaid pageants!

But surely doesn't all this say more about the standards of parenting than the ethics of the mermaid-related businesses concerned? After all, who makes the final decision what their children put on and which activities they indulge in?

(www.nora-johnson.net) *Nora's books are available from Amazon. Profits to Cudeca.*

THURSDAY THOUGHTS

By *Graham Braben, Almeria*

Senseless science

THERE'S no doubt that scientists are highly intelligent people and have come up with stunning inventions over the years; the wheel, penicillin, the microchip... Celebrity Big Brother, but at times I wonder if some of them really are in the real world.

I was reading a newspaper last week and was flabbergasted to see some of the new developments that were coming from highly skilled scientists. One such example is a heatproof phone case that can hold coffee inside it, ready to dispense at any minute. This particular case has a special pouch for the coffee and a button to press when you're ready for a drink.

Am I the only one who can see a major flaw in this? What happens if you mistakenly sit on the button and get hot coffee all over your clothes? Apart from the embarrassment, it would hurt... a lot! Maybe their next invention should be scald proof long johns! Anyway, if you fancy one of these phone cases, they'll set you back upwards of €75! Does the phrase more money than sense spring to mind?

On a bigger scale, the master plan of some maritime scientists is to have self-navigating cargo ships zipping about the high seas with nothing more than something akin to a dalek behind the wheel. They claim that, if you use technology instead of a person to drive these monster ships and their invaluable cargo, then the number of accidents at sea-amazingly, currently over 2,000 annually-will be dramatically reduced.

Really? Replacing people with technology will make things safer? Haven't they seen 2001: A Space Odyssey, Alien or any of the other films that show how decidedly dodgy technology can be? Intelligence? Yes. Common sense? The jury is definitely out!

Readers interested in submitting articles for this guest column should send articles of around 300 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

Advertising feature

THE town of Antequera has an almost 'village' feel to it even though it is the most populous city in the Malaga Province.

The city's central position in the fascinating and diverse region of Andalucia has led to the title of 'Heart of Andalucia.' Crowned by a magnificent old Moorish castle, the cobbled streets of the old town run like rivers down the hillside to the lively bustling main street. To the left and right of this, streets filled with historic buildings surround the city centre. On the outskirts ancient burial sites (Dolmens) can be visited.

Here in the 19th century hundreds of skeletal remains were unearthed. This city, which was started by the Romans, enlarged by the Moors and finally used by the Christians on their final push to take the city of Granada is the perfect base for exploring the centre of Andalucia region.

Moving inland from Antequera brings you to the stunning mountain town of Ronda. Despite its commanding position, Ronda has not been excluded from the

The heart of Andalucia



HISTORIC BUILDINGS: The Bullring at Ronda and Malaga Cathedral.

rolling fortunes of war. Initially a Celtic population lived here. But over the years it fell to invasions from Phoenicians, Romans, Visigoths, Moors & the Christian Kings. Ronda is built over a huge gorge, giving the city two halves which are connected by a bridge.

The art of modern bullfighting was created here. This makes the bullring in Ronda one of the most famous and most revered in all of

Spain. A fascinating town of many faces which offers the visitor the most wonderful views of the surrounding Sierra de Ronda mountain range which is simply too good to miss.

Also from Antequera, a short drive to the coast brings us to the internationally famous holiday resort of Malaga. Despite its holiday image, Malaga has much more to offer than just a seaside

holiday. The city has a history going back over 2,800 years and is one of the oldest cities in the world. With its first century AD Roman Theatre, the Moorish Alcazaba and Gibralfaro Castle and the Medieval Cathedral of the incarnation it could easily be described as an open air museum.

During the Spanish Civil War the city port served as the base of the Republican Navy until finally

taken by Franco's forces in 1937. Nowadays Malaga has an easy going relaxed atmosphere, where sunbathers relax on its beaches, and where tourists take horse and trap taxis or use the hop on hop off bus to visit the cities many sites. This includes the birthplace of the famous artist Pablo Picasso, which has now been converted into a museum which displays works of art by his extended family.

These three brilliant locations can be visited with David's Coachtrips for only €199 based in a 3* Antequera hotel, half board and including wine/water with evening meal.

The next available date is four days Sept 28 - Oct 1, only €199 per person HB inc W/W.

It is easy to book. Simply call David's Coachtrips direct on (0034) 966 785 910 or book online at www.coachtripsonline.com.

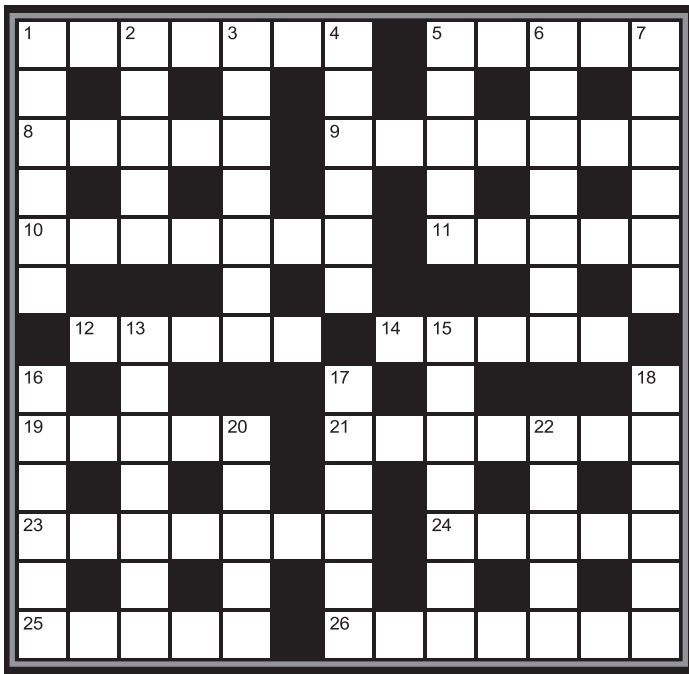
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Cryptic

- Across**
 1 Confirm exam, if the end of July (7)
 5 Some of Al Capone's mob are chicken (5)
 8 Assemble in part of the jungle, anticipating adventure (5)
 9 Confuse or alert US estate agent (7)
 10 Appeal for fairy wisdom (7)
 11 Pleased with English clearing (5)
 12 Money to be won and where to keep it (5)
 14 Right in the middle of one's land (5)
 19 Competitions for ethnic groups (5)
 21 Vagrant the French walk all over (7)
 23 A bird has swallowed her cigar (7)
 24 Firm with nothing in stock (5)
 25 Father meets Northern enchantress (5)
 26 Captive eats hog cooked (7)

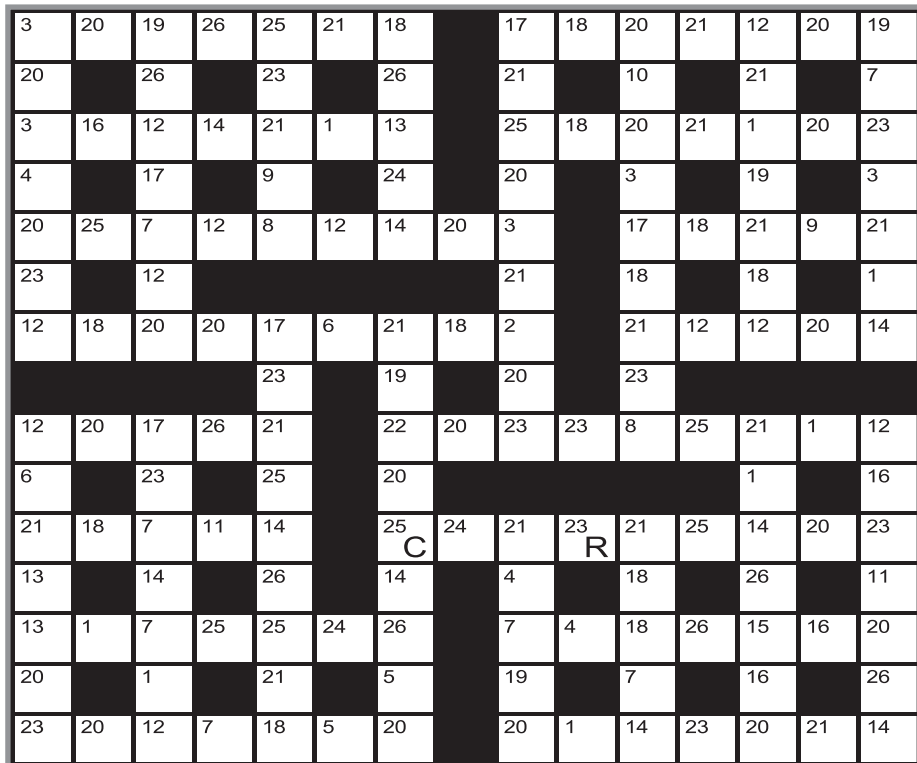


- Down**
 1 Cat, losing direction, is found in Asian river (6)
 2 Clean up in lottery (5)
 3 I have gone around US to find rock (7)
 4 Special delivery from Prince Andrew's duchy to his Mum (6)
 5 Tribe noted for a ringing sound

- (5) celebrations (6)
 6 Stew made from pet goat (7)
 7 School head never out after butterflies (6)
 13 Concealed nuclear explosion (7)
 15 Transport company suffers (7)
 16 Antics in Saint Patrick's Day
 17 This may stop you running to join up (6)
 18 Try to sell part of a bike, one hears (6)
 20 Now so chaotic and faint (5)
 22 La Paz rebuilt town square (5)

Code Breaker

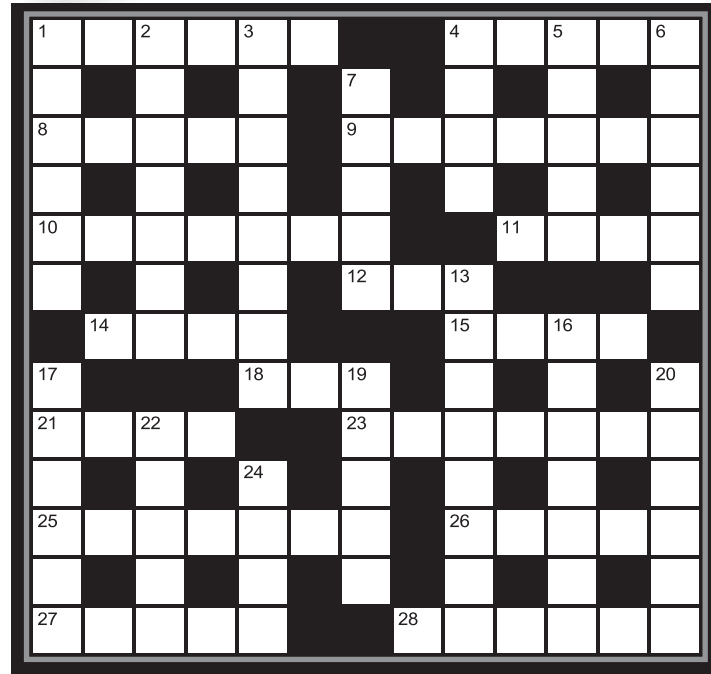
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 23 represents R and 25 represents C, so fill in R every time the figure 23 appears and C every time the figure 25 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTION FACING PAGE

Quick

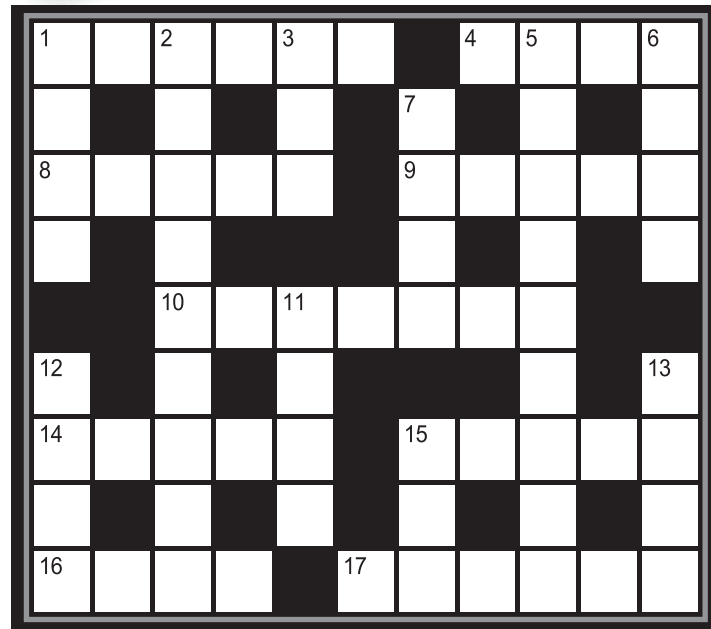


- Across**
 1 Having the properties of an adhesive (6)
 4 Small rowing, sailing or motor vessels (5)
 8 Yellow citrus fruit (5)
 9 Act of touching physically (7)
 10 Include (7)
 11 In or at this place (4)
 12/18 Give insider information to (3,3)
 14 Nothing (4)
 15 Any loose flowing garment (4)
 18 See 12
 21 Connection (4)
 23 Answer (7)
 25 Easily agitated (7)
 26 Correct (5)
 27 Alloy of iron with small amounts of carbon (5)
 28 Sweet liquid secretion that is attractive to pollinators (6)

- Down**
 1 Choose (6)
 2 Vast in extent or degree (7)
 3 Australian marsupial (8)
 4 Group of musicians (4)
 5 Having knowledge or perception of a situation (5)
 6 Small sofa (6)
 7 Perfume (5)
 13 Keep or maintain in unaltered condition (8)
 16 Came with (7)
 17 Merges (6)
 19 Recently made, produced or harvested (5)
 20 Person in charge of a newspaper (6)
 22 One skilled in caring for young children or the sick (5)
 24 Prevent (something considered wrong or undesirable) from succeeding (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



- Across**
 1 When (in questions and reported speech) (6)
 4 Cola (de animal, avión, cometa) (4)
 8 Cuttlefish (5)
 9 Acordar (5)
 10 Inglaterra (7)

- 14 Letter (mail) (5)
 15 Goat (5)
 16 Obedecer (4)
 17 El más raro (6)
Down
 1 Almost (4)
 2 Manzano (5-4)

- 3 Day (3)
 5 Pleasant (9)
 6 Mentiras (4)
 7 Room (in a house) (4)
 11 Gol (4)
 12 Leisure (4)
 13 Esperar (4)
 15 Bacalao (3)

CROSSWORD PAGE

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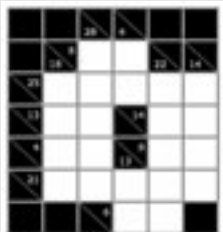
MADDOCKS'
 VIEW ON LIFE



'YES, I KNOW WHERE MALAGA IS - BUT FIRST I NEED YOUR HOME ADDRESSES'

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case **D**) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

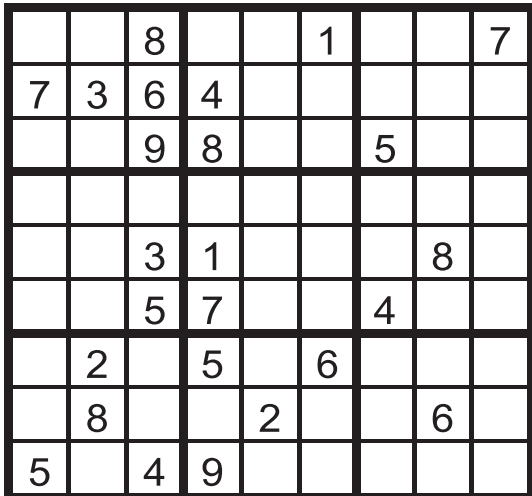
- Average: 11
- Very good: 22
- Good: 15
- Excellent: 28

LAST WEEK'S SOLUTION

earl kart lark lore mare mark marl mart more mort okra oral rake rale rate real ream roam role rota rote tare taro tear term tore tram trek trow ware warm wart wear wore work worm wort alert alter amort laker lamer later lower maker mater metro molar moral mower orate ratel realm rowel taker tamer tower trawl waker waler water weak wrote armler market molter morale mortal talker trowel walker teamwork workmate METALWORK

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.



LAST WEEK'S SOLUTION

3	6	5	7	4	8	9	1	2
2	7	8	5	1	9	3	4	6
1	4	9	3	2	6	7	8	5
7	8	3	4	5	2	1	6	9
6	5	1	9	8	7	4	2	3
4	9	2	1	6	3	5	7	8
9	2	7	8	3	1	6	5	4
5	3	6	2	7	4	8	9	1
8	1	4	6	9	5	2	3	7

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4 7 13 **BONUS BALL**
 49 56 58 6

IRISH LOTTO
 Saturday September 9

2 8 20 **BONUS BALL**
 25 33 45 7

EURO MILLIONS
 Tuesday September 5

6 9 18 **BONUS BALL**
 28 29 9 1

LA PRIMITIVA
 Saturday September 9

1 10 20 **BONUS BALL**
 21 37 44 9 23

EL GORDO DE LA PRIMITIVA
 Sunday September 10

7 9 12 **BONUS BALL**
 33 47 6

YOUR STARS
 FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19)
 There are enough people in this world who will be willing to tell you what to do. Although it is in your nature to value your freedom, have you been compromising? Think of the time you have left to get to grips with a particular situation.

LEO (July 24 - August 23)
 A close relationship seems to be changing. You need to know why and maybe believe that you do. However, be sure to get all the facts. Asking outright questions of the person involved is your best chance of getting the right answers. Someone may urge you to 'read between the lines' but it is hardly necessary.

PISCES (February 20 - March 20)
 Your opinion of someone is in the process of changing. It is not through any particular action of theirs towards you, rather it is a feeling that you should not be involved with their business. Trusting our instincts is something that we do not do enough.

VIRGO (August 24 - September 23)
 With so much energy around you, it will be hard to concentrate on business matters. Finances, however, do require your attention and a brief period of scrutiny will show you why. Someone close may be spending too much or undermining the situation by making big plans.

ARIES (March 21 - April 20)
 There is a lightness to this week that is welcome. After more than a little bit of aggravation and frustration of late it is overdue. Someone you believed had lost interest in you suddenly surfaces. You may be unsure of how to react, so save judgment.

LIBRA (September 24 - October 23)
 Nostalgia overtakes you and an urge to look back into the past is strong. Perhaps you are thinking of tracing your family tree. It may be that you have received a letter or phone call that aroused your curiosity.

TAURUS (April 21 - May 21)
 A need to listen to your innermost feelings and needs has perhaps been overlooked. With the hustle and bustle of everyday life, philosophical thoughts are often pushed into a corner. Even so, you owe it to yourself to truly consider what you want as opposed to going along with what others want from you.

SCORPIO (October 24 - November 22)
 When you start to worry too much about things, it is time to take a step back. Senseless worrying is when you really cannot do anything to change the situation. Take into account how, in the past, worrying has affected your wellbeing. Maybe it is time to walk away and take another path entirely.

GEMINI (May 22 - June 21)
 Someone you would not normally consider to be a friend shows an interest in you. Your immediate reaction may be joy or suspicion. In fact, you are not quite sure what to think. All the same, try to put aside preconceived ideas and give them a chance.

SAGITTARIUS (November 23 - December 21)
 This is a creative week and one in which you seek to find your talents. For some time now you have toyed with the idea of joining a club or group. This will enhance your social life and bring you laughter.

CANCER (June 22 - July 23)
 Time is of the essence when pursuing a pet project this week. Having been given the opportunity to go ahead with a plan, do not waste time. Some opportunities do not come twice so be sure to show your enthusiasm.

CAPRICORN (December 22 - January 20)
 Life can get complicated at this time of the year and you may feel pulled in more than one direction. You are perfectly entitled to change your mind about an arrangement.

LAST WEEK'S SOLUTIONS

CRYPTIC

- Across:**
 1 Exalt, 4 Set fair, 8 Garbage, 9 Indus, 10 Reassure, 11 Read, 13 Clever, 14 Hassle, 17 Soft, 19 Meantime, 22 Adieu, 23 Enabled, 24 Entitle, 25 Deter.
- Down:**
 1 Edgar, 2 Acreage, 3 Teamster, 4 Spears, 5 Toil, 6 Addle, 7 Residue, 12 Gainsaid, 13 Cascade, 15 Skillet, 16 Serene, 18 Faint, 20 Elder, 21 Lust.

QUICK

- Across:**
 1 Choices, 5 Bloom, 8 Loose, 9 Resting, 10 Marries, 11 Shift, 12 Beats, 14 Crisp, 19 Under, 21 Revolve, 23 Tornado, 24 Rival, 25 Egypt, 26 Slender.
- Down:**
 1 Column, 2 Odour, 3 Chemist, 4 Stress, 5 Basis, 6 Origins, 7 Mighty, 13 Elderly, 15 Reverse, 16 Subtle, 17 Errors, 18 Cellar, 20 React, 22 Loved.

ENGLISH-SPANISH

- Across:**
 1 Orchards, 7 Tecla, 8 Chalk, 9 Monederos, 11 Gorra, 12 Bride, 14 Pavement.
- Down:**
 2 Cachorro, 3 Ama de casa, 4 Diciembre, 5 Joke, 6 Camomile, 10 Agua, 13/1 Eat out.

KAKURO



CODE BREAKER

1	S	E	L	V	P	K	F	T	C	R	Y	H	X
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Advertising feature

Return to the good old days

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Founded in 2008, the company, which has three offices across Alicante Province, supplies all types of insurance and are on hand, in person, to find the right policy for you.

Whether it is cover for your first home in Spain, insuring your prized vehicle or making certain you are covered while travelling, right move will handle all of your needs under one roof. Even the furrer members of the family are protected with right move's pet insurance policy which offers peace of mind over unexpected veterinary bills, theft or accident.

Boat owners will also sail happier knowing their vessel is covered from theft or loss with marine insurance, while funeral or life insurance will ensure your loved ones are protected from unnecessary financial hardship.

With customers who have been using their services for years, right move is like a family, responding immediately to all enquiries and often seeing longstanding clients pop in for a coffee and a chat.

Offering the right policy for you at the



ON HAND: To find the right policy.

right prices, and serving customers across Spain, right move is extending its Quesada office hours from October 1, providing a



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face to face service on Saturdays from 9am to 12pm.

And with regular special offers and cashback promotions which see customers save up to 55 per cent on their car insurance or receive €50 in cash, why not contact right move and save yourself money - and time - on your insurance with their hands-on customer service?

Get in touch via their website www.rightmoveinsurance.com or their Facebook page.

Alternatively, contact right move by phone or in person from 9am to 5pm at their offices in La Marina at Consum Square, Calle Luis de Gongora 21, Local 40, San Fulgencio, Alicante, phone number 966 979 899; in Quesada at Avenida de los Naciones 1c, Ciudad Quesada, Rojas Alicante, phone number 966 716 410; or in La Zenia on Calle Salvador Dali 8ª, La Zenia Orihuela Costa, Alicante, telephone number 966 761 533.

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Advertising feature

Starting with a bang

JB BRASS BAND, under their Musical Director Mr Brian Webber, returned from their summer break, on the evening of August 23, kicking off rehearsals for three of their most important upcoming concerts.

The band, based in San Miguel and made up of locals and regular visitors from the UK, Belgium and Norway, braved 38 degree heat to rehearse for the first three concerts of their autumn schedule.

After extensive preparation, the band will begin their autumn programme with an event in association with the Royal British Legion on September 29 at Olympia Restaurant in Mil Palmeros.

Being in Spain doesn't mean you have to miss out on some of the best of British culture and JB Brass Band will be performing their popular, and now annual 'Last Night of the Proms' style concert, which has proved so popular a second date and venue have been added.

The first date is at Rojas Theatre on Friday October 13 at 8pm, with a second concert the following night on Saturday October 14 at the Union de Musical Theatre, in San Miguel, also at 8pm.

Tickets for the 'Proms' cost just €8 and can be purchased via details on their advert, or by emailing stuart_justbrass@yahoo.co.uk, or



CONCERT: Includes popular classics.

from any band member.

Both concerts will include a mix of traditional brass band music, popular classics, as well as some staple Last Night of the Prom favourites, including Land of Hope and Glory, Sailor's Hornpipe, Jerusalem and Nymrod.

The band's MD, Mr Webber, said, "the band are working extremely well under such difficult conditions to produce a new programme of material for these concerts and we are also working towards adding a 3rd 'Proms' concert in El Verger at the end of October."

Anyone wishing to join the Band, permanently or as a visitor, is welcome to come along to rehearsals, held every Wednesday upstairs in Musical Union in San Miguel from 5pm to 8pm. For further details on the JB Brass Band, including videos, musical clips, upcoming events or how to join, please visit their website, www.justbrass.org.

Advertising feature

WITH Christmas just 15 weeks away, now is the time to start working on your party-season figure.

No doubt you will be hitting the gym and doing everything you can to get your body ready for those parties and rightly so, but what about those flabby bits which diet and exercise just will not shift despite all your hard efforts?

Medcare realises that sometimes we need a helping hand with getting rid of excessive inches and offers several treatment options - Exilis Elite, Aqualyx and liposuction.

Award-winning Exilis Elite literally melts fat, dealing with those hard-to-shift fatty areas such as tummies, saddle-bag thighs, backsides and bra fat.

Using highly controlled ra-

dio-frequency and ultrasound, the device heats layers of fat beneath the skin and destroys the fat cell walls. The contents of the cells then enter the lymphatic drainage system and are dispersed in the urine.

It is therefore vital to drink plenty of water to flush the fat cells out. As well as melting fat, Exilis Elite tightens skin which makes it an excellent treatment for bingo wings, an area which is can be impossi-

ble to shift through diet and exercise.

Patient June recently completed a course of Exilis treatment to her eyes, neck and abdomen. She says 'the results on my eyes and neck were really noticeable, my skin felt lifted and tightened and my eyes opened up. I had significant inch loss from around my waist and could see a noticeable change in the skin texture and tightness.'

Book in for a complimentary consultation to discuss treatment options by calling 966 860 258 or email doctors@medcarespain.com.

Aqualyx is an injectable gel-based solution developed for the non surgical reduction of localised fat under the skin and is an alternative to liposuction. When Aqualyx is injected into the problem area it liquefies the fat cells, destroying them permanently, releasing the lipids

that are then eliminated naturally through the lymphatic system.

Suitable for reducing fat on almost any part of the body, it is particularly popular for fat pockets around the chin, love handles, thighs, saddle bags, abdomen, underarms and buttocks. It is also good for treating pseudo-gynaecomastia in men (man boobs).

Liposuction, performed by our experienced cosmetic sur-

geon, can be successfully used to reshape many areas of the face and body, including buttocks, hips, thighs, chin, underarms and stomach. In men, the technique is increasingly popular for male breast reduction.

Best results are achieved on people of a normal weight who have tried diet and exercise but find they still have problem areas. Liposuction will also give a better result where skin still has elasticity.

Fit into that little black dress by Christmas!

Call 966 860 258 or email doctors@medcarespain.com to book your free consultation.

For more on all Medcare's treatments and services, please visit www.medcarespain.com.

Special Offer - For patients who book a course of Aqualyx or Exilis Elite before the end of September, Medcare is offering a complimentary treatment product or facial peel (subject to availability). Call the Practice to book an appointment on 966 860 258.

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If you want to lower your blood pressure and improve your heart health, substituting foods full of 'bad' fats (saturated and trans) for healthier alternatives is a good way to start.

An easy way to do this is to make a simple change in the kitchen and switch up your cooking methods. Using an oil high in 'good' fats instead of butter or margarine will help you cut down on your consumption of saturated fat and feel healthier in the process.

There are many variations of healthy cooking oil on the market these days, but some of

the most common include canola, olive and sunflower. Blends of these oils are often sold under the name 'vegetable oil.'

If you want to be sure you're making the right choice, check that the oil contains no partially hydrogenated oils or trans fats and that it has less than four grams of saturated fat per tablespoon.

Speciality oils such as avocado, grape seed and rice bran are becoming increasingly popular but these may be more expensive and harder to find.



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Sleeping the night away

SLEEP is essential for our mental and physical well-being, and struggling to drift off at night can be incredibly frustrating. Seven to eight hours of sleep is ideal for adults, although many people struggle to fit this much into their busy schedules. However, what do you do if you've set these hours aside and you still spend the night tossing and turning?

There are several simple methods you can use that could make all the difference and help you get a good night's rest.

First things first, make sure you keep hydrated. Drinking lots of water keeps the body temperature down, which will help if you find yourself overheating between the sheets.

Try to keep your water in-

“Your brain should associate the bedroom with sleep, so switch off all your devices.

take regular throughout the day; however, you don't want a trip to the toilet to break your sleep cycle!

Do you have a perfume allergy?



ALLERGIES: Perfume products are loaded with extra chemicals.

THROUGHOUT the year, it's common to suffer from runny noses, watery eyes and relentless sneezing but many people put it down to a winter cold or pollen allergy. When the symptoms persist year-round; however, it may be worth considering that the trigger is not seasonal.

There are a growing number of people who suffer from perfume allergies or sensitivities that can cause mild to severe symptoms - from the occasional sneezing fit to rashes, headaches and respiratory issues.

As the world now smells sweeter than ever,

the ability to escape from heavily scented scenarios is growing increasingly difficult. Many companies realised that fragrance sells, so have inundated the market with perfumed products. According to the American Academy of Dermatology (AAD), over 5,000 different scents are used across a wide range of goods today.

As most fragrances aren't actually allergens - they're irritants - it can be difficult to treat the problem. A good place to start is to use fragrance-free products and you can also get tested to see if a specific ingredient used in scented products is causing the reaction.



Are you getting enough Zzzs? Seven hours is ideal.

It's also wise not to eat anything too heavy in the hours before you go to sleep. Eating a meal heavy in carbohydrates, for example, will mean your stomach is going to be digesting them for hours afterwards, which may make it harder for

you to go to sleep. Salads, fruit and soup are all good alternatives.

Keep calm. If you feel yourself getting frustrated, this will only exacerbate the situation. Sprinkling a few drops of lavender oil on your pillow or making a cup of hot milk with honey will help you to unwind.

Switch off all your devices at least 30 minutes before you tuck in, and keep them out the bedroom. Phones, televisions and tablets emit an artificial light which inhibits the production of the sleep hormone melatonin. Your brain should associate the bedroom with sleep, so having a digital detox in the evening will help programme it to switch off as soon as you lie down.

All you need to know about Aloe Vera

DUE to its many medicinal properties, Aloe Vera is a firm favourite among both health and beauty experts. The plant has been shown to produce significant improvements when used on skin, hair and even to help control body weight. It can also be used to treat injuries or minor health issues. So if you have an overlooked aloe plant in the back garden, now's the time to start making the most of it.

Aloe Vera is a common ingredient in beauty treatments, as it contains Vitamin C and E which have nourishing and anti-ageing effects on the skin. It is also widely used to treat sunburn and stretch marks, and it is often as effective to rub the plant directly onto the skin as it is to use one of the high-street products.

The spiky succulent also contains the ingredient a proteolytic which has been proven to work wonders for hair. It repairs the dead cells on the scalp and can be added to conditioner to make your locks look smoother and shinier.

To reap the rewards of this incredible plant, break off a leaf as close to the stem as possible and slice off the ends. This should enable you to see the gel encased inside the tough skin. Carefully remove the skin with a knife until you're left with just the gel, which you can then blend to make into a face or hair mask. You can also rub the moist side of the skin directly onto sunburn.

Another great Aloe Vera remedy is to boil the stems in hot water and drink. As it contains many anti-inflammatory and anti-bacterial properties, it improves digestion and helps to increase the body's metabolism. Make the tea on a regular basis to get the best results.



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Kate's special scent

FRAGRANCES have the power to trigger memories and emotions, so it's understandable why choosing the right perfume on the big day is important to many brides.

Although some prefer to go with their signature scent, other brides might opt for a brand new fragrance so it will always remind them of the happiest day of their lives.

Now, thanks to Harper's Bazaar, we know which perfume Kate Middleton selected for her wedding to Prince

William in 2011, although her reason for choosing it remains a mystery.

The Duchess of Cambridge chose White Gardenia Petals by small British perfume brand Illuminum. When Clarence House confirmed that this was Kate's choice for the royal wedding, the fragrance soon sold out.

If you want to smell like a princess at your wedding, a 100ml bottle of White Gardenia Petals will set you back €106.95 - quite a bargain for royalty!

“Fragrance will remind you of the happiest day of your life.”

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Autumn boost

SUPPLEMENTS are a great way to give your body that extra boost and keep everything in order.

With winter on the horizon, not to mention all those nasty bugs that make the rounds, now's a great time to add a few more nutrients to your diet.

Taking a good multivitamin, an extra dose of vitamin C will bump up your immune system and neutralise free radicals.

If you're particularly prone to colds, you could also take Echinacea to reduce the symptoms. It takes time for the protection to build up in your system though, so taking it when you're already ill will be too late!

It is common to feel more tired in winter, but a vitamin B supplement will hike up energy levels. A dose of flaxseed oil or good omega-3 fish oil also helps to keep you sharp as the days get shorter.

Keep in mind the body gets most of the good stuff it needs from food; however, so consult with your doctor before making any radical changes to your supplement intake.

Ask The Doctor

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Doctor

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Haemorrhoids



SPECIALIST: Doctor Luis Perez Belmonte.

What are haemorrhoids?

Haemorrhoids are venous dilatations that appear in the area of the anus. Normally they do not cause any problems, however they can get inflamed and cause a lot of pain, and form clots that become infected which cause bleeding.

What are its symptoms?

Some of the symptoms of haemorrhoids may include bleeding after passing a stool, an itchy bottom. A lump hanging down outside of the anus, which may need to be pushed back in after passing a stool and/or soreness, redness and swelling around your anus.

What causes them?

These dilatations can be caused by a number of things including straining, recent surgery in and around the area and illnesses that cause the intestinal walls to weaken are among them.

How can you treat haemorrhoids?

There are various ways of treating haemorrhoids. Bathing in warm water, some medicines and ointments usually help circulation which can fix the problem however sometimes surgery is the only solution.

When should you seek medical attention?

You should always see your doctor if you feel your symptoms are serious or even contact emergency services.

Can it be prevented?

There are certain situations which increase the chances of haemorrhoids appearing, and certain people who are more likely to get them due to weaker intestinal walls. In general, avoid straining excessively and sitting on the toilet to defecate with your legs flexed helps prevent haemorrhoids appearing.

If you have any questions for Dr Perez Belmonte, please send them to:
jefemedico@helicopterossanitarios.com

Best workouts for a happy, healthy heart

WHEN it comes to improving your heart's health, exercise is as key as eating the right kind of foods. You don't have to be doing a large amount of activity to start noticing the changes - in fact it is better to start small and increase the number of workouts you do week on week.

If you want to get your heart's health up to scratch, these workouts are an excellent way to get the blood pumping:

Weight training: This

form of exercise is widely recommended to anyone with heart disease. As well as helping to build muscle mass and burn fat, it also benefits your bone and heart health.

The key to this kind of training is progression; starting with small weights then gradually moving onto heavier ones will ensure you don't get stuck in a fitness rut.

Swimming: Your heart (and lungs!) will love you for taking a regular dip in the local pool. Varia-

tion is key to swimming - aim to do between eight to 12 lengths in different strokes each time, and change it up on other days.

Pilates: A study published in the International Journal of Cardiology revealed that doing Pilates regularly is actually great for reducing blood pressure.

It also increases flexibility, improves hand strength and puts minimal pressure on muscle and joints.

Cycling: According to research carried out by the British Medical Association, taking the bike out on a regular basis could actually reduce your risk of coronary heart disease.

Apparently cycling 32 kilometres a week reduces the chances of developing the disease by an incredible 50 per cent.

To start seeing a difference, aim to do one of these exercises for 30 minutes, three times a week.

Taking to the pedals could reduce your risk of heart disease.





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Could cutting gluten from your diet really make you feel better?

Gluten-free: friend or foe?

THE demand for gluten free-food has exploded in recent years. Ten years ago, anyone with gluten intolerance had to pre-order certain foods to maintain a varied diet but now you can walk into almost any supermarket and find bread, biscuits, cakes and even chicken nuggets all marked with the desired label.

This is all thanks to the gluten-free diet craze that has swept the western world, particularly the US and UK. Nowadays, people who do not even test positive for celiac disease, or any kind of intolerance, are choosing to cut it out of their diets completely,

claiming that they experience notable health improvements as a result.

As research is ongoing, there is evidence to support both sides of the debate over whether cutting gluten out of your diet is actually good for you. It's possible that those who feel healthier as a result of the change are also inadvertently cutting out other allergens and irritants, which may be causing the problems in the first place.

Although many suspect gluten causes inflammation in the gut, even in people without celiac disease, it has yet to be proven whether this is the case.

Some gluten-free products also contain more sugar and fat than their alternatives, to make them taste better. Many also contain a whole bunch of other additives, such as starch and binding agents. A lot of gluten-rich foods also contain important nutrients, such as folate, and anyone who eliminates this food group completely runs the risk of developing a deficiency if they don't supplement their diet accordingly.

If you believe you are gluten intolerant, or would like to try cutting it out anyway, you should talk to your doctor first before making any drastic dietary decisions.



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TO READ MORE

Crevillent readying for fiestas

CREVILLEN will be staging their annual Moors and Christians spectacular from September 29 to October 10, 2017 and will be honouring their patron saint of San Francisco de Asís.

Highlights from this year's programme just announced include:

Friday September 29:

9pm - Turning on of the fiesta lights and inaugural speech by the major from the balcony of the town hall.

11.45pm - Entrance Parade from the Parquet Telmo Vela to the Plaza de la Constitución

Saturday September 30:

7.30pm - Carnival Humour Parade along Santo Tomás, Avda. de Madrid, Stma. Trinidad, San Sebastián, Plaza Chapí, Blasco Ibáñez finishing in Plaza de la Constitución.

Sunday October 1:

1pm - Hamburger Fiesta in the Parc Nou Municipal

Wednesday October 4:

9.30pm - Firework Display at the Rambla

Friday October 6:

6.30pm - Entrance Parade for the Children

Comparsas from the Puertas de Orihuela in the Parque Telmo Vela along Stma. Trinidad, San Sebastián, Plaza Chapí, Blasco Ibáñez finishing at the Plaza de la Constitución.

8.30pm - Embassy al Ra'is in the Plaza de la Constitución. The Moors are in the castle and the Christians send their ambassador to ask for a surrender resulting in war.

Saturday October 7:

7.30am - Early morning parade of the Moors and Christians through the streets of the town.

11am - Official Parade of the Moors from

the Morquera to the Plaza de la Constitución.

6.30pm - Entrance Parade of the Moors from calle Santo Tomás, along calles de Avda. de Madrid, Stma. Trinidad, San Sebastián, Plaza Chapí, Blasco Ibáñez, Plaza de la Constitución and finishing in calle Sagrado Corazon de Jesus.

Sunday October 8:

7.30am - Early morning parade of the Moors and Chris-

tians through the streets of the town.

11am - Official Parade of the Christians from the Morquera to the Plaza de la Constitución.

6.30pm - Entrance Parade of the Christians following the same route as the Moors above.

Monday October 9:

8.30am - Firing of the Arcabuceria (guns) starting from Paseo del Calvario along calles Morquera, Blasco Ibáñez, finishing in the Plaza de la Constitución.

5pm - Firing of the Arcabuceria (guns) starting from Paseo del Calvario along calles Morquera, Blasco Ibáñez, finishing in the Plaza de la Constitución.

6.30pm - The captured Moorish Ra'is release is negotiated with the Rey Don Jaime I in the Plaza de la Constitución.

Tuesday October 10:

10.30am - Flower Offering Parade from the Parque Telmo Vela to the Plaza de la Constitución

8pm - Solemn Procession from the Parroquia de la Stma. Trinidad to the Parroquia de Ntra. Sra. de Belén, followed by the Grand Firework Display and performance of the Fiesta Hymn.



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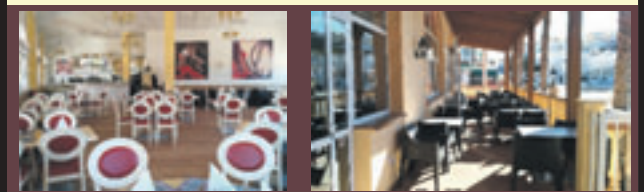
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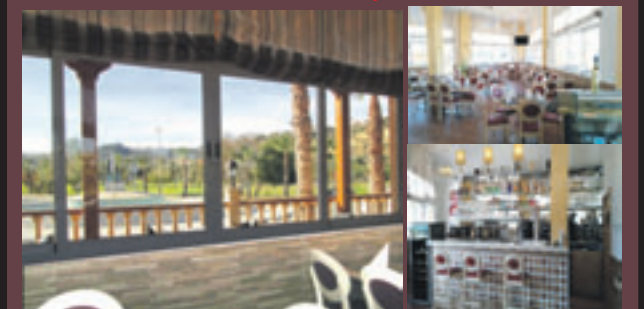
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Cartagena fiestas

SOME dates for these celebrations printed in the *Euro Weekly News* issue 1679 were incorrect. We apologise for the error and reprint the full programme here.

Friday September 15:

6.45pm - Arrival of the Sacred Fire at the Port.

8.30pm - Lighting the Sacred Fires at the Archaeological Park el Molinete.

9.30pm - Opening Speeches in the Plaza del Ayuntamiento.

10.30pm - March towards the Festival Camp. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Puente Carthago Nova finishing at the Festival Camp.

11pm - Inauguration of the Festival Camp.

Saturday September 16:

Beginning at 8pm, all three Acts of the Founding of Qart-Hadast.

Sunday September 17:

From 6.30pm on the stage in the main port, sees the Roman Senate in Session, the destruction of Sagunto and the assembly of the centuries.

Monday September 18:

Wedding Day!

9pm - Wedding of Hannibal and Himilce on the stage at the Port.

10.30pm - Wedding Celebrations at the Festival Camp.

11.30pm - Carthaginian Weddings at the Festival Camp.

Tuesday September 19:

9pm - Oracle of the Goddess Tanit on the stage at the Port.

Wednesday September 20:

5pm - Opening of the Artisan Market at the Parque Vallejo Alberola

6pm - Grand Children's Parade in the Plaza de Espana



CARTAGENA: It's fiesta time.

9.30pm - Roman Comedy on the stage at the Festival Camp

10pm - Great Latino Fair and Gastronomic Tasting at the Festival Camp.

Thursday September 21:

8pm - Landing of the Carthaginian Navy and the hiring of mercenaries on the stage at the Port.

9pm - Hannibal Marches to Rome. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Puente Carthago Nova finishing at the Festival Camp.

Midnight - The Plans of the Gods (women of town ask the Gods to aid their men in the battle) at the Festival Camp.

Friday September 22:

10.45am - Maritime Battle in the Port. Noon - Landing of the Roman Army at the Port.

12.05pm - Parade of the Roman Army and Legions

6pm - Great Battle to conquer Qart-

Hadast at the Cuesta del Batel.

8.15pm - Great Military Victory Parade after the surrender of the city. Route: Plaza del Ayuntamiento to the Festival Camp.

Saturday September 23:

1.30pm - Tribute to the Romans fallen in the battle at the Monumento Funerario Torreciega.

7pm - Great Parade of the Troops and Legions. Route: Plaza del Ayuntamiento, Mayor, Puerta de Murcia, del Carmen, Plaza de Espana, Alameda de San Anton, Soldado Rosique, Puente Carthago Nova finishing at the Festival Camp.

Sunday September 24:

6pm - Roman Circus at the Festival Camp.

8.45pm - Roman Victory at the Festival Camp.

9.15pm - Extinguishing of the sacred fire and Grand Firework display at the Festival Camp.

Campo de Guardamar - final weekend of festival

THE Campo de Guardamar continues to enjoy their fiesta in honour of the Virgen del Rosario de Fátima which is held during the first three weekends of September 2017.

The events will all take place in the 'campo' area of Guardamar, between Moncayo and El Raso along the

CV895, more popularly known as the Lemon Tree Road. There will be parades, lots of day time fireworks, paella competition, entertainment, flower offering and fireworks.

The remaining weekend's programme is:

Saturday September 16:

1pm - Firing of day time fireworks.

6pm - Parade of the music bands starring from the Ermita.

7pm - Multicolour Fancy Dress Parade followed by fireworks.

10pm - Wine Fiesta (bring your own food; all drinks must be purchased

from the bar).

12 midnight - Performance by the Dance School Danz Chari Candela followed by a Concert by the group Mr Hyde

Sunday September 17:

10am - Exhibition of Vintage Cars in the Campo de Guardamar Auditorium.

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Callosa Jazz Festival time

CALLOSA is the venue for a series of weekend jazz festivals being held on Saturday nights throughout the month of September. This is the second time that the two has held such evenings following on the success of last year.

It all began last Saturday evening with a performance from the Santiago Campillo Trio formed by the old guitarist from the group M Clan.

This Saturday, September 16, visitors will be able to sit and enjoy Moggio Jazz who specialise in Latin jazz and make a welcome return to the festival after appearing at the same event last year.

The guests on the following Saturday, September 23, are Even 8ths, a rhythm section of pure extrava-

gance, sophistication and luxury formed by Enrique Pedrón 'Palmera' on the piano, Miguel Serna on bass and Paco Cherro on drums. They are joined by Lolo García on saxophone and a Cuban musician, now settled in Spain, Juan Muguía on trumpet.

The final weekend of the festival will be in the hands of international artist José Luis Santacruz who made the final of the 'Made in Jazz' competition in New York. He's a recognised composer and performer who will bring with him a sextet playing many of his own works as well as popular standards.

All the live shows begin at 10pm and will be staged in the Parque del San Roque where the entrance is free.

A month of weeken

LA MATA, or to give the town its official name of Torrelamata, has already begun its series of local fiestas that feature a wide variety of fun activities and religious celebrations aimed at all the family; and it doesn't matter whether you're a tourist or a local resident. There is something for everyone.

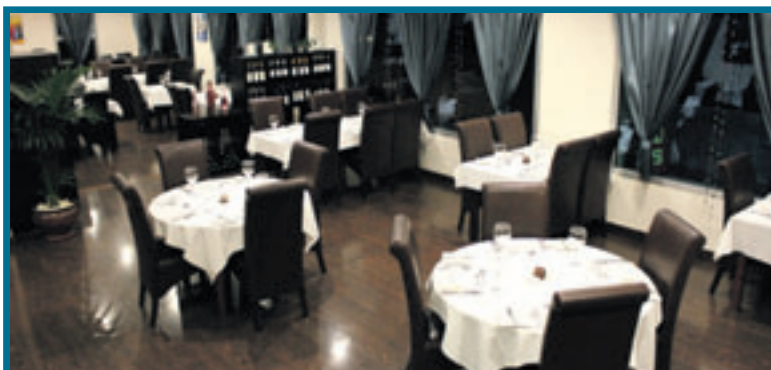
They got underway last Friday and will continue throughout every weekend until Sunday October 8.

The large fairground will be open in the Plaza Encarnación Puchol and will only cost a discounted price of €1 for the attractions on September 16, 23 and 30, and October 6 and 7. The special jumping ride will cost €1.50.

The remaining programme for the forth-



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And fiestas underway in La Mata



coming weekends is: by.

Saturday September 16:

12 noon - Autos Locos soap box car der-

Saturday September 23:

12 noon - Grand Prix - It's a Knockout

style games competition in the Plaza Encarnación Puchol.

Saturday September 30:

12 noon - Children's San Fermin 'bull run' with inflatable bulls in the Plaza Encarnación Puchol.

10pm - Grand Verbena - outdoor dance with giant mobile discs and radio DJs.

Monday October 2:

The Peñas (the dedicated associations that are organised especially for local fiestas) begin to set up in the local streets.

October 4, 5 and 6:

8pm - Holy Mass

Friday October 6:

5pm - Charanga

musical parade from the Plaza Encarnación Puchol.

Saturday October 7:

6pm - Multicolour fancy dress parade from the Plaza Encarnación Puchol.

Saturday October 7 - Virgen del Rosario Day

12pm - Church bell ringing and firecrackers

8pm - Holy Mass

Sunday October 8:

12pm - Holy Mass with the Nuevo Amanecer choir

8pm - Mass and Grand Procession through the streets with the statue of the Virgen del Rosario and Los Salerosos Musical Society.

And the September events continue...

AFTER their main fiestas in early August, the municipality of Rojales has announced a schedule of events that are taking place throughout the rest of September. They feature a number of diverse acts of entertainment, sport, cultural and education events to suit all ages.

Tomorrow, Friday September 15 features a Jazz-Flamenco concert with Eugenio Fernández, Quino Jiménez and Jesús Gea.

Also on September 15 and again on September 29, the Archaeological Museum is the starting point for a tour of the museums in Rojales. Both dates will have guides in English so language isn't a barrier and they will explain in great detail the variety of exhibits in the different museums.

Rojales councillor for Culture explained that, "it's a matter of promoting and making the large numbers of the foreign population that live here aware of the heritage of Rojales." He also hopes that many local Spanish people will take advantage of the fact the tours will be

undertaken in English and they will use this opportunity to perfect their level of the language.

Sunday September 17 sees the Ciudad Quesada cultural centre staging a combination of the Santa Cecilia Musical Union of Rojales and the popular Los Salerosos Musical Society from Torrevieja.

Wednesday September 20 will witness the entrance of the Via Scipionis as they continue their trek through Spain that began in Tarragona and will end up in Cartagena on Friday September 22. They are aiming to recreate the journey that troops undertook in 209BC that tried to take the city of Cartagena from the Carthaginians.

And finally, a special training event on the art of public speaking is taking place in the Sociocultural Centre in Rojales as part of a communication workshop. It will be hosted by Coral Pastor and promises to be a unique experience to learn, enjoy and strengthen personal confidence in relationships and dealing with public performances.

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WITH GARRY WAITE

IT is eight years ago today that the world of television lost one of its greatest and most successful food presenters.

Dubbed the first celebrity chef, Keith Floyd redefined the way that cookery programmes were presented. Away from the clinical studio style of Fanny and Johnny Craddock and even the delightful Delia Smith, Keith brought 'personality' to food.

His apparently bumbling, sometimes incompetent preparation and presentation of food delighted millions of viewers.

Keith was born in Exmoor and went to Wellington School. He first started in journalism before joining the army, the Third Royal Tank Regiment, in 1963.

Sadly this was not to last and the army's loss was the catering world's gain. Keith started his catering career like most of us in those days by washing up and preparing vegetables in restaurants in France (where he learnt

to speak virtually fluent French) and London before opening his first restaurant in Clifton, Bristol in 1966 at the age of 23.

Floyd's Bistro opposite the Grand Spa Hotel and close to the famous suspension bridge had long wooden tables and benches and served inexpensive 'French' Bistro type food. Very popular with young people who used to queue outside to wait for a space in the refectory style dining room.

Keith's life became synonymous with hard drinking and heavy smoking as the years rolled on, but in the early days a glass of wine and a good meal were his *raison d'être* and his first marriage in 1967 at the tender age of 24 to Jesmond Rutledge boded a step into what could be called a normal life.

However there were two things that Floyd was not too good at - relationships and business. After three years of marriage he and Jess split up, he having become a father to Patrick. In the early 70's he sold the restaurant to another friend of mine Neil Ramsay (no relation to Gordon) who increased business at the already successful bistro and through the latter years he reformed it until it became more of a fine dining restaurant which his son Peter eventually took over.

It certainly did Neil well - enough to retire very early!!

With the proceeds from the sale of his restaurant, Floyd 'broke free' and bought himself a yacht and sailed the Mediterranean. After 18 months and not having seen his son for that time he returned to spend more time with him but this time with a new woman in his life. That didn't last too long either and he soon met Paddy, the editor of the paper for whom he first wrote.

They took the brave move of opening a restaurant in his beloved France, in the Provençal town of L'Isle-sur-la-Sorgue. Things didn't go well and so they returned to the UK and went their separate ways.

“

Food is life, life is food. If you don't like my approach you are welcome to go down to McDonald's.

Keith Floyd

Floyd moved to Ireland

ON what he called a 'Murphy's inspired whim' but that didn't work out either. In an effort to get back on track Keith opened the Maltser's Arms in Tuckenhay in Devon, the sign outside saying Floyd's Inn (sometimes). Even with a young talented French chef in the form of Jean Christophe Novelli, the pub was to go the same way as his other ventures.

Sold in 1996 and by now on his fourth wife and living on the Costa del Sol he was drinking more heavily and he would do a half bottle of Scotch 'before breakfast.' Restaurants were no longer part of his 'portfolio' although he did 'lend' his name to a Floyd's Brasserie in Phuket in 2007 which gave him an excuse to travel a lot to another part of the world he loved.

By 2009 his lifestyle came back to haunt him as he was treated for bowel cancer. He spent a lot of time recovering at the home of mutual friend Paul Hickling, of Roman Oasis fame but spent more time back in the UK. It was there, on September 14, 2009 having been given the 'all clear' from his cancer he went out for lunch with his companion Celia to celebrate. On their return they were expecting to watch a documentary, Keith on Keith (by Keith Allen). But he never got to see it. He died of a heart attack while sitting on the sofa. He was 65. Cheers my friend, I'm just going to pour myself a glass of wine to drink your health.

(Keith Floyd 1943 to 2009)



His last couple of years.

I first met Keith

WHEN we both had restaurants in Bristol. I also took over one of them in Clifton in the early 80's.

One of his many restaurants, however, was to become the birth place of Floyd's huge rise to TV success. I got a phone call from his able bodied right hand woman, Angie, in a bit of a panic as she was getting ready to open his latest venture in Clifton, but Keith had gone AWOL!!

If I remember she had had a flood in the place and there was no kitchen help and the restaurant had bookings. So I sent up two of my chefs to help her out and we opened Floyd's for him!

One of his regular customers was a chap called David Pritchard, a producer from BBC Southampton TV. Each time he came in Keith would avoid speaking to him as he kept sending messages to the reluctant star asking if he could do a TV programme with him. David's persistence paid off and Keith was persuaded to make a pilot.

Filmed in a domestic kitchen in Southampton, Floyd on Fish was born. Floyd on Food, Floyd on Fire and even Far Flung Floyd were to follow. One day somebody asked him if he had chosen the name Floyd on purpose so as he could match it to the programmes and books!! Success grew and grew.

With his new style of presentation, "Come here Clive (cameraman) focus on the food that's what the viewers want not pictures of me!" But it wasn't really.

The viewers tuned in, in their millions to watch the 'bow-tied' 'shabby-chic' presenter 'slurping' his wine and bossing Clive around.

Success did mean that he left a lot of his old friends behind. In 1985, I interviewed him for my radio show in Bristol at the time. It was an easy interview.

After all it was just two mates sitting discussing one of their lives and good fortune. I



At the height of his fame.

left the UK in 1986 and did not see him again until 1992 while he was filming Floyd on Spain. By then he had started drinking. Not just his occasional wine, but Scotch.

Also he had married again, Julie Hatcher was to provide Keith with his second child Poppy. But success, travelling and drinking took their toll and they eventually divorced.



One for the long and winding road.

*Garry Waite is a foodie and restaurateur and Hospitality Management Consultant. If contemplating setting up an operation, or having problems with an existing project contact him on garryphwaite@gmail.com.

4 the number of wives Keith Floyd had.
10 the number of restaurants he opened.
22 years, the length of time he was at the 'top.'
£7,500 the amount he left in his will.

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New office for leading real estate agents

DUE to their continued success, leading real estate agents Fastighetsbyran has welcomed rapid expansion in the last year going from one office, in Torrevieja, to three.

Responding to client interest, they opened new offices to become more easily accessible across the coastal areas. First came Torre de la Horadada, and then their third office in Quesada. Having opened earlier this year, Fastighetsbyran Quesada held their official grand opening and marked their initial earlier success. In their first four days of opening, the Quesada branch sold three properties.

This is just one of the many examples of how this leading real estate company is working hard uniting buyers and sellers and showing others, how it should be done.

Occupying a premier apex position in Avenida Costa Azul, just at the end of the Quesada 'strip' and opposite the municipal town hall building, Fastighetsbyran have created another sleek, modern and welcoming office. Underneath, the showroom area allows clients to view new build constructions. It is fully equipped with the latest technology giving customers the chance to see how the homes will look through the use of drone video imaging, 360 degree photos and 3D



FASTIGHETSBYRAN: Team is ready to meet you in the new Quesada office.

virtual reality images, as well as viewing some of the high quality construction materials used.

Fastighetsbyran works only with the best and most reputed constructors on the Costa Blanca, offering quality builds, using some of the best technology and materials available. They have a

dedicated sales team in this department who will guide buyers throughout the entire process, working on any changes or modifications you want, to ensure your new home is the home you always imagined.

Whilst new properties are starting to boom

once more, Fastighetsbyran remains at the heart of the resale market. With everything they touch turning to 'sold,' the professional team have years of experience. Last year they sold close to 400 properties and this is not by luck.

Working hard, they carry out the necessary checks to ensure all the paperwork is in order before accepting a resale property on to their books, making the sales process easier at the end. They are true experts in valuing and pricing properties to the fair and real value of the market with most selling within an average of two months and many within three weeks.

To find out more and to market your property for sale with this award-winning company, contact Fastighetsbyran now. All are open Monday to Friday from 9am-6pm and Saturdays from 10am-2pm.

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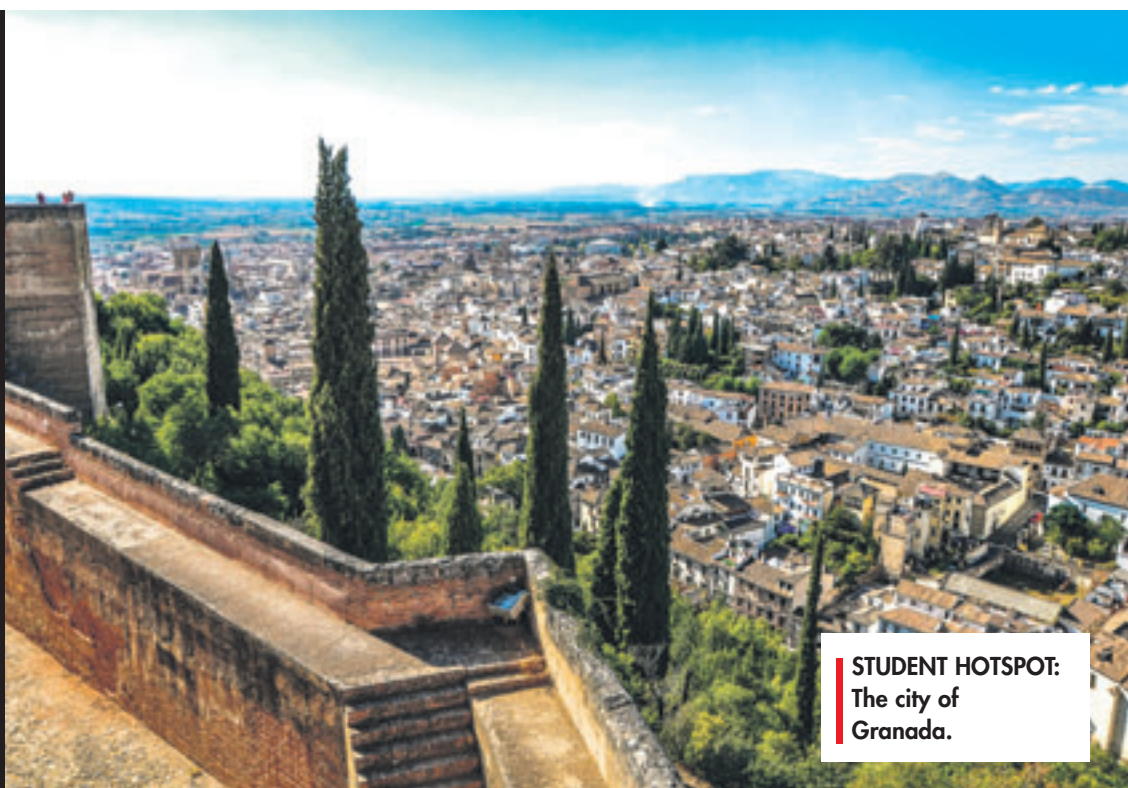
In Spain, you don't need any particular qualification to call yourself an estate agent. You can just set up shop and off you go! So it's no wonder that some people have had bad experiences finding a property in Spain. But that's where we come in. We're Sweden's leading estate agent and we take a completely different approach. Our starting point is always to find out who you are and what you're looking for. We're members of the AIPP trade body and hold liability insurance that covers our work. So please feel free to contact a real real estate agent in Spain.

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Landlords' winter goldmine



STUDENT HOTSPOT:
The city of Granada.

LANDLORDS are opening their homes to students in record numbers. Spain's student renters are now among the fastest growing demographics in the property market.

The rise in students searching for their own shared flats has not gone unnoticed by homeowners looking for a solution to the seasonality problem.

Students fit the mould perfectly. Rents are typically from September

to May or June, just when rates can be dramatically raised for summer.

Online bookings of rooms in Spanish cities by students has grown 60 per cent in 2017 compared to last year.

On average students also pay more per month than working tenants for their rent.

That gap is emphasised with international students, who pay €392 each month, €30 more than the av-

“ On average students pay more per month than working tenants for their rent.

erage Spanish student. Americans fork out €460 for a room. They spend less time in the country, however, at just five months.

Nor is it just Madrid and Barcelona who are benefiting from the student expansion. Strong student populations exist in Sevilla, Malaga, Valencia, Asturias and Granada.

More and more young Spanish are moving to different cities to

study, away from the parental nest. They also want the independence of distinct accommodation, rather than opting for halls of residence. The halls themselves are being spruced up and advertised to Chinese students at eye-watering prices.

Landlords are able to demand a reference and a parental guarantee to ensure deposits are paid, the rent is timely and the place isn't a mess by the end of the contract.

2017 shaping up nicely

BBVA's Research department has put together its bi-annual Real Estate Observatory of Spain report. The comprehensive analysis draws on data from the General Council of Notaries for the first half of 2017.

The report welcomes what it describes as the 'good tone' of the Spanish property market. In six months, 265,000 deeds of sale have been completed. That makes the consensus target of half a million homes sold by the year's end more than likely to be achieved.

BBVA also welcomes the increase in mortgage lending across the board and the continued evolution of Spain's construction industry, especially in the residential sector.

Spain's sales volume increase has been accompanied by a GDP growth of 0.9 per cent in the second quarter of 2017. An estimated 377,000 jobs were also created from January to July.

Financing costs to purchase a new home hit a historic low in July. Credit has expanded as

consumer confidence grows and lenders fiddle with debt restructuring programmes to make them more secure.

Outside the residential sector the news is good for the wider property market. Sales of work

premises, offices and industrial warehouses, shot up by 10 per cent in the first half of the year. The office sector in particular is experiencing major foreign investment as Spain's cities attract more global business.

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Hot summer nights in the garden

GRAEME TYRRELL

WE all look forward to summer for the bright sunny days and balmy nights to enjoy the outdoors, the beaches and nightlife. The garden is also a favourite place to relax, even more so if you have a pool.

This summer has had hot-

ter than normal night temperatures in many zones of Spain. This has had its effects on the gardens.

Many native plants in our Mediterranean gardens can cope with this heat but the introduced plants from temperate climates and many vegetables can be severely affected by the lack of cooler weather in which they are accustomed to grow.

Many temperate plants in exposed positions have suffered from the heat and will appear drooped and with growth stunted. Watering can assist as it cools the root zone, but a more permanent solution to save water is to surround the plants with mulch to insulate the root zone from direct sun heating up the soil.

Providing shade over the plants during the hot periods of summer is also a good option to ensure the plants pass the summer to thrive the rest of the year. A frame covered in shade cloth is a good option for protecting valuable plants.

With autumn coming the lessons of the summer heat is that new planting, that should be being planned now for a flourishing winter/spring garden, need to include strategies for protecting the delicate plants to be able to pass the next summer without being set back. Make sure that your delicate plants are placed in areas that have shade from the summer midday sun.

If you have found your

**IN THE SHADE:** A useful herb garden.

vegetable garden has suffered with no other apparent cause then it may well be the high night temperatures that have affected tomatoes, pumpkins and many other vegetables to die off earlier this year.

The good thing is that there is space to plant out earlier this year for the autumn and winter crops so they are better established before the colder weather that slows them down sets in.

The summer storms developed by the summer heat provide a great opportunity for the garden to be prepared for the autumn planting as they stimulate growth and add nitrogen to the soil from the combination of lightning and rain.

Some storms have been very damaging though with hail stones and flooding creating havoc that will take time to repair the damage in the garden. Damaged

plants will need to be pruned to remove the damaged branches.

Gardens always recover though with our help and the soil is improved with the rain adding relief for the thirsty trees and plants. After the rains the soil, when moist rather than wet, is ideal for digging over and adding compost in preparation for the autumn planting of new trees, shrubs, herbs, vegetables and annuals.

Unlike many dormant northern winter gardens, Mediterranean gardens can be at their best during the cooler months.

The use of native Mediterranean plants as a foundation for the garden will ensure the garden will always manage the summer heat and we can prepare our favourite temperate plants with some extra care to also get them through the hot nights.

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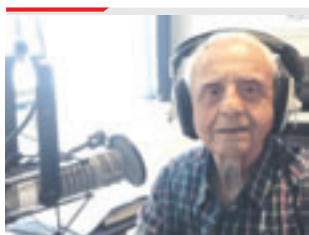
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104.6fm,
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• IF your dog gets badly hurt and injured you should rub firmly the very tip of his tail (the bone part), the rubbing will release endorphins which act like a morphine injection and will give your dog some relief of pain until you can get him to the vets or other area with medical assistance. Cover his eyes and ears at the same time as you transport him and this will settle all his senses and will also help give him relief

• Watch when two dogs meet. They shake hands in their own way just as we do. While we use the touch system by shaking the other person's hand, the dog uses his olfactory sys-

tem by scenting the other dog out, particularly in the nether regions. This form of communication between two or more dogs is total and they are getting every piece of information they require from that dog, by what they smell.

Is it a bitch, is it an entire dog, has the dog been neutered? All will be told in this initial meet and greet. It will also watch for Calming Signals (another issue) of great importance which can be covered at some other time.

• Watch your dog sniff around before it goes to the toilet. Is it looking for a good spot to go? Is it making enquiries as to who else has used this area as a toilet? Why do many dogs scratch the ground after going to the toilet? Are they spreading their scent further around? Are they marking territory? 'I've been here, I own this spot.' If they want to claim a particular area, they will most likely spread their urine over the top of any existing



ON MEETING: Dogs shake hands in their own way.

urine in the area. They could be declaring to all and sundry - this is mine. I am bigger and stronger than you who have been here before me. Don't challenge me.

• The urine of a bitch in heat is much stronger in scent than normal. This tells the experienced male that

she is in a good place for him. If the dog has never had anything to do with other dogs (the domestic pet which is kept inside), it may not have learnt what this additional smell means. It is difficult for us as humans to really grasp how strong this smell of the bitch is to the dog especially if it is

still entire. We, the human, are so bad at using our olfactory systems.

• The bitch in season which is allowed to wander creates absolute chaos in the dog world. Dogs have been known to jump fences, break out of gardens, cars etc, and do considerable damage to their places of usual confinement even to the extent of throwing themselves through a plate glass window; such is the power of smell.

Male dogs do tend to urinate more frequently than bitches. This not really a necessity within the dog, it is usually a dominance, perhaps territorial function it develops when allowed.

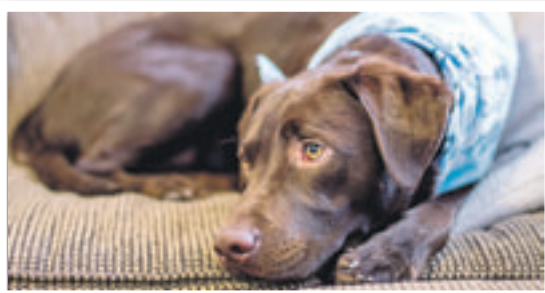
I would always teach my pupils that it may be a good idea to teach it to go to the toilet on command, rather than just any time it pleases. All working dogs are trained to go on command, it would not be good for a working dog to just go to mark territory it doesn't really own. I am sure your trainer will give you help on this.

Mature dogs need sitters over New Year

IT has to be said we regularly ask our homeowners to plan ahead in order that we can help them find the ideal sitters. And many people take us to our word if they possibly can which is wonderful. This is a good time to plan for Christmas and the New Year if you are planning a trip.

One homeowner in Fortuna, Murcia recently posted a house-sit advert on the HousesitMatch website looking for house-sitters for New Year.

The sitters would need to care for a couple of mature Labradors for a week over



Two very friendly mature labradors need house-sitters over New Year.

the New Year period. Can you help or do you know someone or a couple who would like to spend a week over New Year caring for these charming hounds? Check out the listing on

HouseSitMatch.com or contact Lamia the founder on 0044 777 214 2742. We will need references and we'll undertake an identity check as part of our standard registration process.

Do you need a house or pet-sitter? Get in touch. House-sitting can be a win-win for both parties, free house and pet-sitting, and the experienced and checked sitters get free accommodation! Register as either house-sitter or homeowner now with a 20 per cent off introductory offer using coupon code PERFECT20. To find a house or pet-sitter go to www.HousesitMatch.com or call Lamia on 00 44 (0) 777 214 2742.

Why does your cat hate water?

WATER has long been the nemesis of most felines, in spite what those cat surfing videos on YouTube may suggest. So are there any cats that actually like water? Is it possible to get your kitty to stop scarping every time you turn the tap on?

It is thought that cats self-domesticated in the Middle East around 10,000 years ago. This offers a big clue as to why they are so averse to water - it's in their DNA. If their ancestors evolved in an arid desert, this means they would have had little experience swimming or being submerged underwater.

Unlike dogs, cats are also not built physically to appreciate getting wet. While dogs' coats repel water, cats' fur absorbs it which then causes their body temperature to drop - and cats hate being cold almost as much as they hate being wet.

Some of domestic cats' more distant relatives, however, actually enjoy taking a



SOAKING WET: This soggy moggy does not look impressed.

dip. Tigers, for example, are known to cool off in the water and even take a swim if the circumstances call for it. It is possible to get your

cat used to water by slowly introducing him to the feel of it, but this is usually most effective when he is a kitten.



Pets in Spain

Betsy is a 4 year old Chihuahua and is 1 of the 13 we rescued from a puppy farm. She is slightly nervous when she meets new people or in a new environment but when she is settled is a lively, happy little girl. Betsy weighs just 4.2 kilos, she is vaccinated, sterilised and great with other dogs.

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ROUNDAABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone — but not always. Charitable donations have recently been made to The Alzheimers Centre, Cancer Research and The Amigos Ambulance Service. We still need your help with donations etc. Please keep them coming in! We are situated on Avenida Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk. (95457)

HELP VEGA BAJA. We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com **We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733** (95456)

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THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123

TORREVIEJA STROKE SUPPORT GROUP meets each Friday 2.45pm to 5pm in The Annex, (behind Age Concern Centre), Calle Paganini, Urb. La Siesta. Our aim is to support stroke survivors and their carers by a range of facilities from speech therapy, rehabilitation exercise, group discussion etc. For info: Louie 966 718 964 or 965 071 920, e-mail: strokesupportgroup@hotmail.com Donations and further voluntary helpers are needed and guest speakers with relevant knowledge or experience are very welcome. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretary br3606@gmail.com (95474)

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INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study: Thursday 11.0 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia - Contact 966 752 543 / 617 215 463. For other church matters Phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org

ROYAL MARINES ASSOCIATION (Costa Blanca) The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

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ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or

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THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 697 989 738 for further information. (253807)

The Spiritualist Centre, Benjofar meets at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benjofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. We opened the autumn season on 10th September. During this session Open/Development Circles will be held on Thursday, 21st September, Thursday 5th and 19th October and Thursday 2nd, 16th and 30th November, where you can develop your skills commencing at 7 p.m. Spiritual healing is available every Sunday and Tuesday after the service. Dee Wilson (UK Medium) will take the Evening of Mediumship on Tuesday, 12th September. The Divine Service on 17th September will be taken by Ray Bailey. Corina Talbot will take the Evening of Mediumship on Tuesday 19th September. Contact Wendy on 965323028. www.spiritualistcentre-benjofar.com new email is phoenixchurch23@gmail.com or info@spiritualistcentre-benjofar.com Identificación Fiscal G54713789. (95454)

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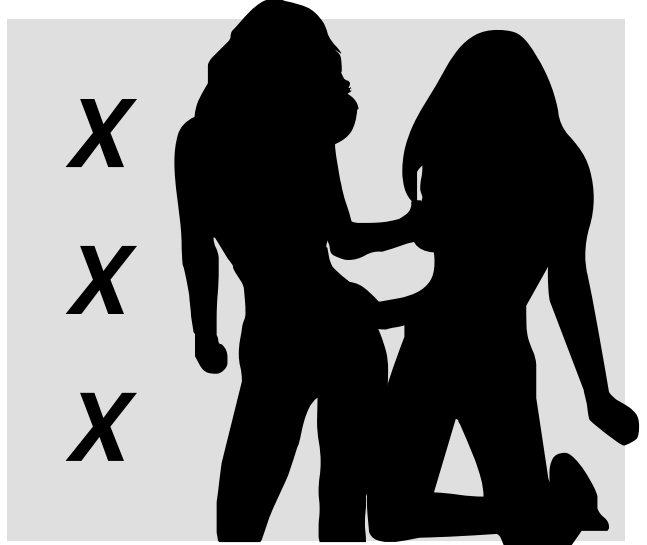
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**Clarkson
Quote of the Week**

“On the Porsche Boxster “It couldn’t pull a greased stick out of a pig’s bottom.”

Some might say...



Motoring shorts

Turn a new leaf in GB

NISSAN LEAF will build its flagship Qashqai and X-Trail models in the UK. It's the latest boon for Britain's post-Brexit motor industry, which has been fearful of the impending split.

New Leafs will be built in the UK, US and Japan. The five-door electric hatchback is a frontrunner in the zero-emissions revolution.

The British market is dwarfed by Nissan's sales in America and Japan but that may change when the new Sunderland production facility opens.

Despite warnings from BMW leading to fears of a post-Brexit manufacturers exodus, the future looks bright. BMW will build its electric Mini in the UK, while Toyota will double down on investment in its British plants.

Show on the road!

WITH the Frankfurt Motor Show just around the corner, the full line-up of cars has finally been revealed.

One of the biggest motor shows on the planet, the Frankfurt affair will showcase concept cars of the future as well as the expected heavy hitters of 2018.

It is also the home of special and limited editions, such as the Mercedes AMG G65 and G63 models expected to make an appearance. The G65 is the real head-turner, boasting a raucous 621hp twin-turbocharged V12 engine. Mercedes are also revealing their top secret electric model, the EQ A Concept. It is the manufacturer's answer to the Volkswagen ID and arch nemesis BMW's i3 models.

Britain will be represented



FUTURISTIC: The Mercedes EQ A.

by two models which couldn't be more contrasting. Bentley is unleashing its heavily-hyped Continental GT, while the British-built Mini Electric could be the definitive car of the next decade.

The sleek Bentley GT has a 6.0 litre W12 turbocharged en-

gine with 635hp. But it also has an electrical component propping up the air con system, making it more eco-friendly than the average Bentley. There are luxury wood finishings, driver assistance programmes and a state-of-the-

art infotainment system including Bang & Olufsen speakers.

Meanwhile Mini's Electric Concept isn't set to hit the streets until 2019, but is already slated for mass production and low-cost success. It boasts advanced aerodynamics which

help the hatchback speed along with a minimum energy expenditure. Mini have promised that it will be a car for the masses, affordably priced and a stalwart of the electric revolution of the 2020s.

Royal classic at Goodwood

AMONG the many highlights of the Goodwood Revival motorsport event last weekend was the auctioning of a Bentley Mulsanne once owned by the Queen.

The 2012-built saloon sold for roughly €200,000 at the event, which combines classic cars and clothing at the iconic Goodwood Estate in southern England.

With less than 10,000km on the clock the Bentley was used to transport the Queen during public events in London from 2012 to 2014.

It was sold by Bonhams, who have kept the satellite navigation's 'Home' setting as Windsor Castle. The personalised car has walnut picnic tables and is a dark green.

Bentley provided the style to TVR's speed at Goodwood Revival, which celebrates cars built from 1948 to 1966. TVR, a British car-



GOLDEN OLDIES: Goodwood revives Britain's best classics.

maker, showcased its latest high performance car, which can hit 200mph, as they celebrated their 70th anniversary. It is the first time a new car has debuted at the oldies festival.

The festival, which is a companion to the

Goodwood Festival of Speed, was a huge success. Last Friday to Sunday were all devoted to historic motor racing, with parades and aerial displays thrown in for good measure.

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Costa de Almeria

500 for Jimmy, Reds belted, great wins for Nadal and Froome

SPORTING DIARY

This weekend it's the Singapore F1 Grand Prix where Lewis Hamilton hopes to extend his seven-point lead over Sebastian Vettel in the driver's championship. However, the Marina Bay track has not been good for Mercedes in the past!

Elsewhere, Australia play Argentina and New Zealand meet South Africa in Rugby Union internationals; there's a T20 cricket match between England and the West Indies at The Riverside on Saturday, followed by ODI's at Old Trafford next Thursday and Trent Bridge 48 hours later while county championship-chasing Essex play relegation-threatened Warwickshire; the St Leger takes place at Doncaster on Saturday; the world sailing and cycling championships continue in Japan and Bergen respectively, and there's Masters Golf in Vilamora, Portugal: September 21-24.

There's plenty of football matches to consider as well,

with 10 in the Premiership: Bournemouth-Brighton (tomorrow), Huddersfield-Leicester, Liverpool-Burnley, Newcastle-Stoke, Spurs-Swansea, Watford-Manchester City and WBA-West Ham (Saturday) and Chelsea-Arsenal and Manchester United-Everton (Sunday).

Top Championship fixtures are Cardiff-Sheffield Wednesday, Nottingham Forest-Wolves and Sheffield United-Norwich while Real Sociedad play Real Madrid in La Liga.

Earlier this week in the Champions League it was Barcelona-Juventus, Celtic-PSG, Chelsea-Karabakh and Manchester United-Basel on Tuesday and Feyenoord-Manchester City, Liverpool-Sevilla and Spurs-Dortmund last night. Everton visit Atalanta and Arsenal play Cologne in the Europa League this evening

ROUND UP

• Jimmy Anderson has joined an elite band of six

bowlers who have taken 500 Test wickets... he's now on 506. His second innings return of 7-42 (the best figures of his international career) helped England (194 and 107-1) whip the West Indies (123 and 177) by nine wickets in the third and final Test at Lords. This was Henry Blofeld's last Test as a BBC commentator and he saw 26 catches dropped!

• Anderson is chasing Courtney Walsh (519) and Glenn McGrath (563) to become the greatest wicket-taking fast bowler. Spinners Muttiah Muralitharan (800), Shane Warne (708) and Anil Kumble (619) stand 1-2-3.

• Next for England, the winter Ashes series in Australia.

• Chris Froome (Team Sky) became only the third cyclist to win the Vuelta a España and the Tour of France in the same year. He won the Spanish race in Madrid last Sunday, ahead of Italy's Vincenzo Nibali to collect the €150,000 prize. The previous

'double' winners were Frenchmen Jacques Anquetil (1963) and Bernard Hinault (1978).

• Mo Farah, last Sunday, won the Great North Run for a record fourth consecutive year, and celebrated with some sticky toffee pudding!

• The all-American US women's singles final saw unseeded Sloane Stephens (world number 957 six weeks ago) thrash Madison Keys... Rafael Nadal beat Kevin Anderson in the men's final (his 16th major title)... and Wimbledon champions Jamie Murray and Martina Hingus won the mixed doubles.

• Marc Marquez of Spain and Italians Danilo Petrucci and Andreas Dovizioso finished 1-2-3 in the San Marino MotoGP. Valentino Rossi will miss the Spanish race on September 24 after suffering a double leg break when training.

• In last weekend's PL games Manchester City walloped 10-man Liverpool 5-

0; Chelsea won 2-1 at Leicester, Spurs defeated Everton 3-0, Watford triumphed 2-0 at Southampton, Arsenal beat Bournemouth 3-0, Brighton did likewise against WBA, Newcastle and Burnley pipped Swansea and Crystal Palace 1-0 respectively, and leaders Manchester United drew 2-2 at Stoke. West Ham beat Huddersfield 2-0 on Monday.

• In the Championship, Leeds walloped Burton Albion 5-0 and Derby crushed Hull 4-0, but Birmingham and Sunderland lost again! Here in La Liga, another hat-trick by Lionel Messi helped table toppers Barcelona slam Espanyol 5-0 as Real Madrid, having their worst start to a season since 1995, were held 1-1 at home by Levante.

GOODBYE 'MOTTY'

Next May, John Motson will shed his sheepskin coat and unplug his microphone when he retires as a BBC/radio

commentator. Since 1968, he's covered over 1,200 football matches including 203 England internationals, 10 World Cups and 29 Wembley Cup finals. A Barnet supporter, his best game is the 1981 FA Cup final replay when Spurs beat Manchester City 3-2... his best goal is Ronnie Radford's for Hereford v Newcastle in the 1972 FA Cup and his best team is Liverpool: 1977-86. Well done 'Motty' - happy retirement.



ANDERSON: Took 500th Test wicket for England.

First game of the season

UNFORTUNATELY due to thunder and lightning, the first game of the season for Euro-golf Quesada was cancelled.

Tuesday Toffs

On Tuesday September 5 in beautiful sunshine nearly 70 players took part in the first competition of the season and the results were:

Cat 1 (0-15)

First - Pete Gartside, 39

Second - Sue Forbes, 37

Third - Malcolm Foskett, 36

Cat 2 (16-20)

First - Ian Turner 36

Second - John Kirkwood c/b 35

Third - David Blanchette, 35

Cat 3 (21-24)

First - Tony Stanley, 33

Second - Gordon Bourne, 32

Third - Jeff Lynch, 31

Cat 4 (25+)

First - Bev Evans, 39

Second - Brian Jones 32

Third - Sharon Horne, 31

Overall Toffs winner: Bev

Evans

Best front nine: Dave

Nichols 20

Best back nine: David Greg-

son 18

NTPs 5th: D. Wickenden

11th: P. Howe

12th in 2: Steve Yoxall

15th: T. Cotgrove

17th: David Gregson

They had a lot of guests playing today so were able to give two prizes:

First - P. Hadley, 37, Second - D. Wickenden, 34

Football: Bill Martin, Ian Pegg x 2, John Rush and Malcolm Foskett.

Visit the website www.euro-golf-quesada.co.uk.

San Miguel Golf Society at La Finca

ON September 6, 31 members and three guests made it to La Finca to play the last round of the Presidents Trophy. The scores were very good across the board with nine players making par or better.

The day's stableford competition results, by category and in reverse order, were the following:

Bronze Category: Fourth - Paul Fisher (30), third - Chris Hamblett (32), second - Ron Stenhouse (34), and first Norman Padmore with 36 points.

Silver Category: Fourth - Alan Macdonald (34), third - Brian Mulligan (35), second - Norman Cahill (37), and first with 39 points Nick Spicer.

Gold Category: Fourth - Jamie Rorison

(36 on CB), third - Kenny Reddington (38), second - Gerald Harwood (39 on CB), and first John Osborne with 39 points.

Nearest the pins on the par 3's (open to all) went to Brian Mulligan (3), Brian Mulligan (6), Phil deLacy (13) and Dave Watson (16).

The Abacus was won by Norman McBride.

Their thanks go to the staff at La Finca golf course for their contribution to an enjoyable day.

Keep up to date with all SMGS matters by logging on to our website www.smgs.org or simply give Theo a call on 694 494 824 to find out more about the society and its weekly golf get-togethers.

Lo Romero welcomes TMGS



NTP WINNERS: At Lo Romero.

THE course was in great condition, which probably contributed to some TMGS members returning very good scores.

After several months of coming close, Pat O'Dowd finally came in with the best score of his short golfing life to date, with 43 points and took first place in the Bronze category. Pat was followed by Sandra Twentyman in second place with 37 points and Treasurer Alex Goslan secured third place with 33 points.

Derek Sullivan managed to take third place in the Silver category with just 26 points. Second place went to the Viking Roger Nilsen with 33 points. And in first place was John Hettrick with 35 points.

In the Gold category, taking third place was Vernon Brown with 31 points. Captain John

Eyre took second place with 35 points. In first place came Lasse Hagstrom 38 points. Best visitor was Carlos van Dijk 39 points.

The only two was worth just €26 and John Hettrick took this on hole 7. NTP competition; hole 5 NADA, hole 7 Kenny Winter, hole 12 Shelia Dean, hole 15 Robert Hagstrom.

The two-day trip to Las Pinaillas (Albacete) from September 18-19 is now fully confirmed and members are looking forward to what is now becoming an annual event.

The Society plays every Wednesday on various courses on the Costa Blanca. New members are always welcome.

For more info visit www.tmgs.org or www.facebook.com/TMGSGOLF, their telephone number is 661 524 101.

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