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Bone marrow SOS

A MARINA BAJA patient urgently needs a bone marrow transplant, the *Euro Weekly News* learnt via Alfaz Town Hall.

The town's Health centre sent out an SOS asking anyone who can spare the time to attend the Blood Donors session there today, Thursday, between 4.30 and 8.30pm.

This does not involve giving blood, said Alfaz's Health councillor Marisa Cortes. "Registering as a bone marrow donor is simple, rapid and painless and can give hope to many."

By Linda Hall

Police are probing the violent death of a restaurant manager.

The victim's body was discovered when an employee turned up for work.

Though isolated, the bar-restaurant in Rabasa, Petre lies on a popular hiking route.

Manager Fernando Millan Chocero, who lived in Elda and had been in charge of the restaurant for five years, suffered serious head wounds, probably inflicted by a blood-stained piece of rock found nearby, said sources close to the case.

Initial investigations suggest that Millan Chocero was attacked by one or more assailants when he went to open the restaurant at 6.30am.

Whodunnit?

Mystery death probed

Photo by Wikiloc, Enrique del Valle



MURDER? The scene of the crime.

His body was discovered at 8am by an employee who called the Emergency Services

although the SAMU ambulance doctor could only certify Millan Chocero's death.

Police have ruled out the possibility of a work-related accident or robbery, as the €2,000 he carried in his wallet was still there.

All the signs pointed to manslaughter or murder, they said.

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NEWS EXTRA

No respite from drought

THE drought affecting southern Spain is set to worsen after weather agency AEMET revealed autumn is expected to be warm and dry, with temperatures set to soar 1-1.5°C above the norm and little rainfall forecast.

Triple figures

CALPE has tripled its recycling figures since 2015 - in the first half of this year, 216 tonnes of packaging (59.48 in 2015) and 259.22 tonnes of cardboard (118.12 in 2015) were collected.

New scheme

DENIA'S municipal market has introduced a home-delivery scheme - for only €2, shoppers can have their fresh, quality produce delivered to their doors - 30 of the market stalls have joined in.

Countdown to crisis

Plans for outlawed poll continue

By Kat Ashton

CATALUÑA appears set for a head-on clash with Spain.

It comes as the regional council prepares to defy Madrid next Sunday by holding an independence referendum which the national government insists is illegal and will be stopped.

Spain's attorney general Jose Manuel Maza refused to rule out the possibility that Catalan president Carles Puigdemont could be held and charged with unlawful behaviour.

Maza claimed in a radio interview that the regional president could be charged for disobedience, breaching public duties, and misusing public funds after he financed the vote despite it being banned by the Spanish constitutional court.

The bombshell comes days after Spanish police swooped to arrest 14 Catalan officials and seize almost 10 million ballot papers in a series of raids which

sparked furious protests in Barcelona after tens of thousands poured onto the streets.

Madrid's finance ministry also put the squeeze on the region's finances to prevent government money from being spent on the campaign as the crisis deepened, before chartering ferries to transport thousands of extra police officers



CIVIL DISPUTE: Catalans wave regional flags during

sent to the troubled region.

Meanwhile, Spain's Prime Minister Mariano Rajoy last Tuesday paid a visit to the White House to discuss defence spending and the EU with US President Donald Trump.

While the international community has so far yet to get involved in the dispute, a split would likely impact Spain's relationships with countries like the USA, one of Spain's largest

trading partners, since Cataluña generates around 20 per cent of the country's wealth.

Rajoy has repeatedly declared the vote is unlawful and a clear breach of the constitution but Puigdemont has vowed the region is ready to declare independence within 48 hours of a yes victory.

Catalan activists said more than 6,000 ballot boxes are ready to be used on Sunday.

Airport drama dodged

TRAVEL chaos in Spain could be avoided at the last-minute after a deal 'in principle' was agreed between workers' unions, airport operator Aena and air navigation manager Enaire.

The parties have signed a deal which must now be ratified by the Ministry for Development.

Specific terms of the deal had not been confirmed as the *Euro Weekly News* went to print but the CCOO, UGT and USO unions had been calling for pay increases and more staff. Airport workers - including firefighters and air traffic controllers - had threatened 25 one-day strikes in the months leading up to Christmas.

Aena operates 46 airports across Spain and saw 230.2 million passengers pass through its airports in 2016.

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Honouring the elders

TO celebrate International Day of Older Persons, Denia has organised an event to honour two of the town's oldest residents. Francisca Serra Ferrandiz and Juan Espi Martin both 98-years-old, will receive a commemorative diploma from the town at the event this Saturday at the Centro Social. Entry is free of charge.

Holiday fraudsters arrested

A FIVE-MONTH investigation culminated in the arrests of four fraudsters in Benidorm who falsely advertised holiday rentals, doing a runner with trusting tourists' deposits. The investigation was initiated following a complaint received at Elda Petrer police station and officers have discovered the group committed a further 170 cases and counting.

RIP Rafa

VALL D'EBO Mayor Rafa Llodra passed away last Saturday at the age of 53. Llodra was mayor for almost 10 years and is succeeded by Juan Frau Mengual who expressed his sadness over the death of his companion and friend. Javea Mayor Jose Chulvi said Llodra was "a great mayor and a great person who worked for his people."

Tourist drowns

A 62-YEAR-OLD German tourist drowned as he swam in the sea off Calpe's Cala Mallorqui with his dog. A friend tried to save him, as did the crew of a nearby boat - a boat from Club Nautico Les Basetes finally pulled the swimmer aboard and medics tried to resuscitate him but without success. His dog swam to shore.

Funny money

MUCHAMIEL police arrested two people for passing false banknotes. The officers became suspicious on seeing the occupants of a car trying to hide something on spotting them and a search of their car revealed counterfeit €5 notes. There were also €1 coins obtained by using the phoney notes for small purchases in Muchamiel and San Juan.

Another bull-running death

BOUS AL CARRER claimed their latest mortal victim in Puçol (Valencia).

Amadeo, a 46-year-old local man taking part in the bull-running, was taken unawares and knocked down by the bull when it charged suddenly and then returned to gore him, severing his femoral artery.

For a long while the bull had remained deceptively immobile and the victim, who also suffered a fractured skull and spinal injuries, was talking to a friend at the time, witnesses said.

Amadeo was initially taken by private ambulance to Sagunto hospital but owing to the severity of his injuries, he was transferred to the Hospital Clinico in Valencia City where he died that night.

Seven people were killed in 2015 during Valencian Community bull-running events, the worst year on record.

A total of 33 lives have been lost since 2007 and 6,500 participants and spectators injured over the course of the last decade.

SPANISH FACTS OF LIFE...31

AS the largest producers and the number one consumers of cured ham in the world - it's safe to say that ham is a pretty big deal in Spain.

The whole hog!

EACH Spaniard eats, on average, a whopping five kilograms of cured ham per year but a long and detailed method is followed to produce the high-quality jamon that Spain is known for.



A FINE ART: Slicing Spanish ham.

Rich history

SPANISH cured ham has been a delicacy since the Roman times and was traditionally made in mountainous regions in the south-west. Families would breed and fatten their own pigs domestically and just one pig was often enough to last the household for a year.

Each year, all the family members participated in the matanza (sacrifice) sometime during the first few weeks of November. After the legs were packed in sea salt and hung to dry in the cool, winter air, the rest of the carcass was used to make chorizo, salchichon and morcilla sausages.

Cut above the rest

THE most expensive ham - Jamon Iberico de Bellota - comes from the black Iberico pig, which is fed a diet of acorns, or bellotas, and reared on fresh mountain air until it reaches the optimum weight and is taken to be 'sacrificed.'

Iberico pigs can eat up to 10 kilos of acorns a day, so they are normally much fatter than normal swine. This allows the meat to be cured for longer - usually between two to four years - and results in a more intense flavour that is unparalleled in the ham world. The acorn diet also gives the premi-

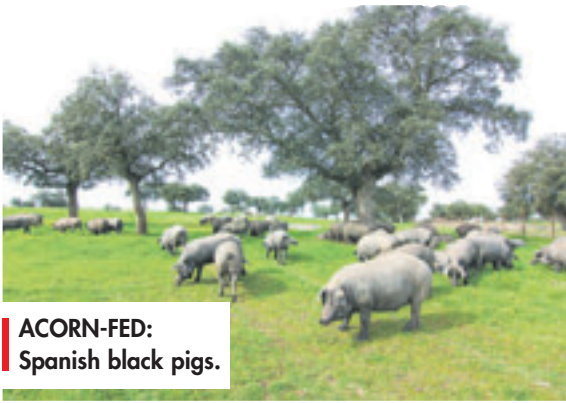


HANGING AROUND: Jamon Serrano.

um ham its renowned nutty taste.

High quality

JAMON SERRANO (literally ham from the sierra, or mountains) encompasses all the other types of dry-cured ham made from other breeds of pigs. Although less expensive than Jamon Iberico, it can still be quite costly outside of Spain and is usually served in thin slices as a tapa. These hams are dried for up to 18 months in sheds built high in the hills to help the curing process, which is why it became known as 'mountain ham.'



ACORN-FED: Spanish black pigs.

help and supplies, using the voice option as a radio.

Treats in store

VALENCIAN community meteorologists are predicting 'heavier than usual rain' from November and December onwards. Jorge Olcina, director of Alicante University's Climatology Labora-

tory, confirmed their predictions. Weather on the Mediterranean coast always tended to be extreme, he said, and climate change meant that intense or torrential storms would inevitably become more frequent in future decades.

Off yer bike

SIXTY bicycles from Campello's defunct rent-a-bike scheme have been stored for four years in the Social Centre's underground car park. Responding to the EU opposition party's suggestion that the scheme should be reactivated or the bikes put to better use, the Services councillor explained that the town hall is currently negotiating to sell them.

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Top 5 stories

From 18 - 25 Sept

- 1 More travel misery forecast in Spain as French strike again - **18,711**
- 2 Check your wallets, €20 banknote could see you win big in Spain - **7,505**
- 3 Airport Strikes Spain: Unions confident a deal will be reached 'soon' and set deadline for end of the month - **4,455**
- 4 Snow joke: Parts of Spain experience white September - **4,204**
- 5 British father in coma following serious injuries during first night in Magaluf - **2,652**



UNHAPPY: Passengers faced more travel misery

euroweeklynews.com

Poll of the week

Should Cataluña be allowed to become independent if it votes in favour this weekend?

LAST WEEK'S POLL:

Given the short notice that many passengers received over flight cancellations, do you think Ryanair handled the situation professionally?

Yes = 12%
 No = 88%

Top Social Media comments

Buzz off! Tiger mosquitoes spreading on Costa del Sol - Not just Costa del Sol, apparently Costa Almería too!!!? Nasty... *Sian Foster*

I have never known anything like it in all of the 29 years I have lived in Mallorca, I have been bitten so badly this year, I have about 15 bites on each leg, and several on my arms even now, they leave nasty marks like bruises which take ages to fade, I have tried every deterrent but nothing working, they must love my body scent lol. *Doreen Nichols*

They are rife this year and we've been bitten so many times down here in Estepona! Had my windows and doors shut the entire summer! *Samantha Strang*

'Drunk' man charged after easyJet flight from Spain diverted - Why aren't they turned away at the gate? Why do other passengers have to put up with these drunken idiots who are a danger to everyone on the plane. Make the penalty for being drunk and disorderly on a plane tough - imprisonment, passport forfeited for two years and a very big fine! Maybe it might sink in then that this type of behaviour is unacceptable. *Jan Andersen-Page*

parture then the passenger(s) should be referred for examination. All forms of public transport require passengers to be fit to travel. *Ted Milsom*

Personally I think, if the person appears to have been drinking they should be tested and if over the limit not allowed to board the plane. No alcohol should be served on planes, you are just fuelling the idiots who drink to excess. *Sallyann Wiseman*

Sex change sorcery: Transsexual duped by medium in Costa Blanca - Can't believe someone got scammed like this, I mean, it's 2017 not 1517!! Like they say 'there's one born every minute!' Wonder if he's met the potato men yet? They'd love a gullible punter!! *Cheryl Morton*

What's the old saying 'If it sounds too good to be true, then it probably is.' Sad but ... of course the thieving cow should be charged. *Denise McNamara*

Toddler in critical condition after being found in Mallorca hotel pool - How an earth was a two-year-old left in a pool ?? Where were the parents??? Hope the parents are being questioned over this! Terrible!! A two-year-old shouldn't be out of parents' sight or arms in a swimming pool! *Julie Jones Peel*

FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE

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TRIVIA FROM AROUND THE WORLD

In Denmark, citizens have to select children's names from 7,000 long government-approved list.

According to Switzerland's law, social animals such as guinea pigs must have a companion with them. Owning only one is considered animal abuse and is illegal.

Russia didn't consider beer to be alcohol until 2011, with it previously classified as a soft drink.

★★★★★★



Did you know?

At the height of his reign, the 'King of Cocaine,' Pablo Escobar of Columbia and his drug cartel were making so much money that they spent €2,100 a month on rubber bands to strap their cash. Escobar once set fire to €2 million to keep his family warm while they were on the run.

Lost in translation



CAREFULLY FALL TO THE RIVER

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.
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Little bits on the side

NEWS EXTRA

All safe

A 15-KILO cement block between roofing and plasterwork over a Villena school's washroom crashed down late at night. As this was separate from the school the main building was not affected.

Leak at sea

THE Guardia Civil's maritime service rescued the occupants of a launch that sprang a leak following a breakdown. After towing the boat to Campello the authorities emphasised the importance of checking craft before setting out.

Nice rice

VILLAJOSYA restaurants participating in the Setmana de l'Arros week celebrating rice dishes served 2,045 menus, 1,436 more than in 2016 even though this year's edition was of shorter duration.

New home

JAVEA'S Vietnamese pigs have miraculously disappeared - it is rumoured that the pigs have been rehomed in Madrid but it has not transpired if they have been rehomed privately or by a refuge.

Hold that tiger!

THE Wonderland Circus has handed over seven tigers and a lion to the Primadomus rescue centre near Villena.

This is the largest donation of circus animals ever made in Spain and the Wonderland management confirmed in writing that it would not use animals in future.

Wonderland is the second circus to give up its animals in recent months and its decision came at a time when a growing number of regional and local governments are banning all spectacles that involve animals.

"That one of the most impor-

tant circuses in Spain should take this step illustrates the situation perfectly," said Pablo Delgado who is responsible for the centre's felines. "Fortunately the days of wild animals in circuses are numbered, like the bearded lady of the past."

An entire day was spent sedating, loading and driving the felines to Villena where they were released in the Primadomus quarantine section. They will spend the next four weeks there to ensure they are free of contagious diseases before continuing the rehabilitation process on the centre's 20

hectares of land in Sierra Salinas.

Primadomus, which was opened by Queen Sofia in 2016 now has 32 felines, most of them from circuses.



FELINES: Public no longer want to see them in circuses.

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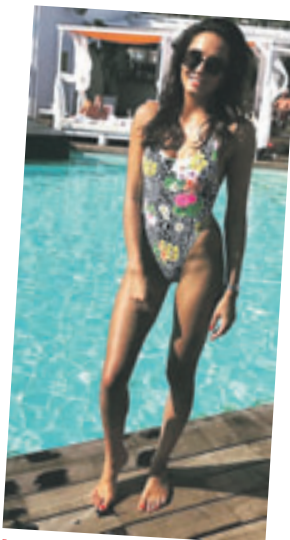
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Return to Love Island

TYLA CARR, one of the stars of this year's Love Island, has returned to Mallorca for a break.

The 24-year-old was photographed showing off her stunning figure by a pool on the island. Wearing a multi-coloured swimsuit, Tyla looked tanned and toned as she took selfies and dipped her legs in the water.

Since starring on the hit ITV2 show this summer, on which she enjoyed short-lived flings with Jonny Mitchell and Mike Thalassitis, the brunette has been linked to DJ Jonas Blue. Tyla met the English producer, whose real name is Guy James Robin, at V Festival last month and the pair have since been WhatsApping.



SIZZLING: Tyla Carr.

Film festival

SWEDISH Oscar winner, Alicia Vikander, stunned in a low-cut dress at the San Sebastian Film Festival.

The 28-year-old wowed in a custom-made Louis Vuitton gown, featuring a ruffled black top section with a full red and white skirt as she waved to fans at the 65th edition of the festival.

The Danish Girl actress is currently dating X-Men star, Michael Fassbender, and the pair plan to marry



San Sebastian Festival/Instagram

GLITTERING: Alicia Vikander.

soon at a secret event in Ibiza, according to media reports. A source claimed, "the details of the party are being kept under lock and key," adding, "guests have been told to arrive in Ibiza on a certain date and they will then be collected and taken to the hotel."

The brunette is currently starring in spy thriller Submergence alongside James McAvoy.



RACY: Yazmin Oukhellou.

How frilling!

TOWIE star, Yazmin Oukhellou, has caused a stir in Marbella wearing an off-the-shoulder frill detail bikini.

The 24-year-old showed off her fantastic tan and toned body as she sunbathed by a pool. The reality TV star recently went under the knife, having a nose job to correct a 'bump' caused by an accident, and says the results are "amazing."

Peru one

TWENTY-FOUR-YEAR-OLD ex-convict, Michaela McCollum, has been photographed showing off her toned figure in a grey bikini on a solo outing to the beach in Mallorca.

The blonde, who caught the media's attention after being arrested for smuggling drugs into Peru in 2013, has since courted publicity, being snapped on a series of holidays.

She's got some front

REAR-LY HOT: Demi Rose.

MODEL, Demi Rose has been spotted posing topless for a photoshoot in Ibiza.

The 22-year-old brunette held her hands strategically over her chest as she posed for cameras, standing waist-deep in the sea, wearing nothing but a gold tiger head necklace and flesh-coloured bikini bottoms.

The model, who first caught the media's eye last May when

she started dating rapper Tyga, has since been linked to a series of stars, including Drake.

Speaking about her rise to stardom, the stunner said, "I've had Instagram since I was 18. Posed for selfies and pictures and it just grew from like 60,000 to 200,000 to a million to 3.2 million now."

She added, "It was weird when people started recognising me in the street. I just got used to it."



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Stay of execution for threatened trees

AN Alicante City judge ordered a halt to felling healthy almond trees adjoining those affected by the Xylella fastidiosa plague.

The court ruled in favour of Guadalest Town Hall and growers who stand to lose trees and crops as the regional government complies with stringent European Union directives for dealing with the bacterium.

The first known case on the Spanish mainland was detected in Guadalest, arriving via Mallorca and Ibiza after the disease known as tree-Ebola presumably travelled from Italy where millions of olive trees were lost.

Acting on EU instructions, the regional government has cordoned off, felled and destroyed all trees within a 100-metre radius of those infected with the bacterium.

"This opens the door to seeking alternatives, as the authorities have done in Balears," said a Guadalest Town Hall spokesman. "The EU approved their plans to contain the disease by eliminating only affected trees."

The Guadalest growers, backed by the Asaja agricultural union, also want a less aggressive approach.

"This would involve eradicating all possible hosts and containing the plague without exterminating agriculture and deforesting the area," the Guadalest spokesman said.

"At present there is no cure for this disease," declared Miguel Valdes, president of the College of Agricultural Engineers at an Alicante City meeting called to discuss the impact of Xylella fastidiosa.

"Research is ongoing into



Juan Carlos

DEFORESTATION: Deadly bug threatening beauty spots.

biological control of the insects that carry Xylella fastidiosa as well as bacteriological solutions," Valdes said.

"Good agricultural practices will also help to control the insects and halt the spread of the disease," he suggested.

40 The percentage of new businesses set up by female entrepreneurs in Spain.

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On a bicycle made for two

NEXT month two La Nucia residents, Ana Pomares and Alberto Anton will pedal their tandem round Iceland.

Travelling on Iceland's ring road, they expect to take three weeks to complete a 1,300-

kilometre sponsored circuit as they skirt volcanoes and geysers on a personal and sporting challenge to raise funds for Spain's national cancer charity, AECC.

Ana and Alberto, who are

paying all their expenses themselves, are asking the public to contribute between €1 and €100 for every kilometre they cover on their tandem.

The money raised will go "entirely and directly" to AECC via the donations website (<http://www.miretocontraelcancer.aecc.es/reto/vuelta-islantia-en-tandem>). This will then be used for research into childhood cancer.

Ana and Alberto ([\[denomadas.com\]\(http://denomadas.com\)\), who aim to publicise and give visibility to the project through the social media, recently met Pepe Cano, councillor for Social Networks and Citizens' Participation.](http://www.par</p>
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Ana and Alberto, who describe themselves as "a couple of nomads" have covered 17,300 kilometres by bike in Malaysia, Indonesia and Africa, raising €1,630 for Doctors without Borders after cycling between Kenya and Tanzania.



TANDEM SOLIDARITY: Ana and Alberto visit La Nucia town hall.

17.8 The percentage of the Spanish population who were unemployed in April 2017.

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OUR VIEW

Preserve the peace

AS the proposed referendum in Cataluña draws ever closer we can only speculate as to whether we will see tanks stationed in the Plaza de Cataluña next Sunday.

The Spanish government is becoming more belligerent towards the Catalan parliament and the Catalonians appear unwilling to back down in any way.

If this was happening during the Arab Spring then western newspapers would surely be forecasting revolution and anticipating an armed struggle.

It is just 78 years since the Spanish Civil War finished, only 40 years since the return to democracy and the revelation of abortive plot to overthrow the king and 36 years since the attempted coup which saw Guardia Civil officers enter the Cortes with guns drawn.

Life outside of Catalonia goes on but regardless of the outcome of the vote - assuming it goes ahead - this has to be such a major event in the history of Spain and a pointer to a future which is going to be beset with disagreement and rows with the possibility of various separatist parties jumping on the bandwagon.

The problem is that people rarely learn from the lessons of history and with partisan violence becoming a regular event in Europe, we have to hope that our relatively peaceful way of life is not disrupted by this dispute.

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SOS for Spanish

Progress for language fighters

EXCLUSIVE

By Linda Hall

PLURILINGUALISM plans for teaching all classes in state and state-aided schools in Spanish,

Valenciano and English remain on hold.

Schools were to be allowed to choose their levels of Valenciano or Spanish with lessons in English linked to the chosen level of

Valenciano.

The Education department's programme, due to start with three-year-olds, was opposed by many Alicante Province parents, both Spanish and foreign, who complained that Valenciano was being foisted on pupils.

Norwegian-born Kristin Tenenbaum was prominent amongst them: "There were two options: uncross my arms and fight or sit and wait. I chose the former without knowing what I was getting into," she recently told the *Euro Weekly News*. Kristin soon made contact with the Idiomas y Educacion organisation: "This was my lifeline and gave me the strength to defend these fundamental rights," the concerned mother said.

Help was also at hand from the Alicante Province council, the Diputacion, which formally appealed against the regional law, claiming that it was discriminatory and ignored the province's "special characteristics" which include schools in

southern Alicante towns a few hundred metres from the Murcia boundary where Valenciano is never spoken.

The Diputacion's appeal was upheld by Valencia's Upper court (TSJCB) which temporarily halted the new law, ruling that schools should revert to the 2016-2017 model with lessons in Spanish or Valenciano.

Education chief Vicent Marza countered with a decree, lasting 12 months, that introduced the programme for three-year-olds only. This was done to ensure that children could remain enrolled in the schools chosen by parents, Marza maintained.

There was one major concession, as the number of subjects taught in English is no longer tied to the chosen level of Valenciano. It now remains to await a definitive decision from the courts, but meanwhile the *Hablamos Español* project, backed by Idiomas y Educacion is collecting 500,000 signatures for a legislative initiative enabling them to propose a new law in the national parliament.

"We want to protect Spanish, not only in schools but all public institutions, hospitals," Kristin said.



Photo credit Idiomas y Educacion

DETERMINED: Kristin Tenenbaum.

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I should at this point explain why so many advisers can go 'AWOL' after they've invested their client's savings or pensions. Despite it being banned now in the UK, the majority of financial advisory companies in Spain can still take hidden commissions when they recommend investment funds. This means that not only do they often have a very small choice of funds to choose from – sometimes they only have this commission agreement in place with one or two fund houses – but they are also effectively paid for as much as 10 year's work up front. At this point the adviser simply moves on to the next prospective client, often neglecting a large client-base that would benefit from ongoing advice.

Are you getting the service you were promised from your financial adviser?

By Tracy Storer, Senior Partner, Chorus Financial



Those with financial products in Spain need to be aware that the very key to good financial advice is regular reviews of client portfolios. At Chorus, we monitor every fund our clients use on a weekly basis (as we're fully independent, this is a very broad range), and we look at every single portfolio we manage at least every month.

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Financial advice is not about setting you up for a five-year plan and then walking away, leaving you to cross your fingers and hope for the best. It is about agreeing on financial goals, and working together on a regular basis to ensure they are met.

Please do not hesitate to contact me if you are not satisfied by the level of service or returns you've received from your current advisory. It costs nothing to have a chat on the phone or to come to our office for a coffee to discuss your options. Please call me today on 693 107 044 or email t.storer@chorusfinancial.es.

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Obsessed officer faces jail

By Linda Hall

A GUARDIA CIVIL officer accused of poisoning a female colleague and her family faces a 30-year sentence if convicted.

Both were stationed at the Guardia Civil headquarters in Villajoyosa and the Brigada (equivalent to a Warrant Officer) was obsessed by her, according to the Public Prosecution department.

They had known each since 2010 when the woman was posted to Villajoyosa and in 2011 after she was assigned to Citizens' Attention, he was her immediate superior.

Until 2016 when the Brigada was promoted and posted elsewhere, both lived in apartments attached to the Villajoyosa headquarters.

He allegedly stalked her for three years, sneaking into her apartment to steal pos-

sessions that included her underwear and intimate photos stored on a pen drive.

The obsession took a different direction in 2016, the Public Prosecutor claimed, when the Brigada entered the woman's home and began adding insecticide to food she had prepared for her husband and three-year-old child.

Noticing for some time that the family's food tasted and smelt unpleasant, she installed a home security camera. This showed her superior entering her apartment and adding something to the food which analysis revealed as insecticide.

The Public Prosecutor recommended that the Brigada stand trial on three counts of attempted murder, breaking and entering and invasion of the woman officer's privacy.

Less of a waiting game

OPERATING theatres at San Juan hospital are now in use on Saturdays for scheduled operations.

The regional government's Health department has taken this step to reduce waiting lists and San Juan ophthalmic surgeons have already performed the first six weekend operations. Another six are scheduled for this Saturday.

In October the programme will extend to include maxillofacial surgery.

The Health department has contracted an additional 103 surgeons to create new surgical teams or augment existing units throughout the Valencian Community and San Juan has been authorised to engage a surgeon, an anaesthetist, two nurses, and an auxiliary for the Saturday maxillofacial operations.

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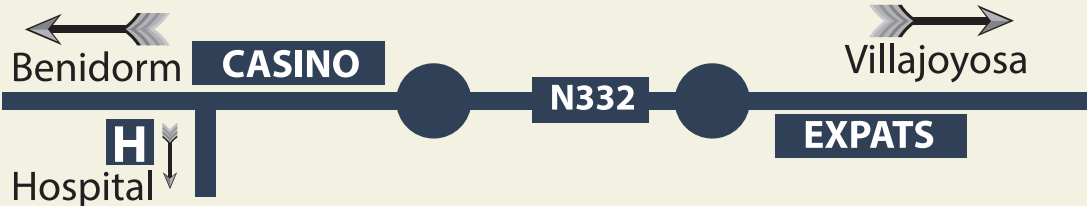
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The Base Jump Extreme World Championships - Gran Hotel Bali Benidorm

THE Base Jump Extreme World Championships at Benidorm's Gran Hotel Bali on Saturday and Sunday September 23 and 24 saw an incredible series of jumps by the world's finest sporting thrill seekers.

Benidorm's Gran Hotel Bali soars to 186 metres with an observation deck at 160 metres, from which base jumpers leap into nothingness, a flimsy chute or wingsuit all that stands between them and fatality.



Photo credit Facebook

INTO THE UNKNOWN: Base jumpers take a leap of faith.

The jumps are judged on style and skill and smoothness of flight. Of course, being alive when you get to the target landing area is always a bonus but base jumpers are safety fanatics, performing dozens of equipment checks, completely committed to calm, graceful take-offs and landings.

The qualifying rounds were set to take place on Saturday but only a few jumps were carried out before the rest were postponed until Sunday due to high winds.

The winners were: Spanish Eder Navacerrada first; English Thomas Berryman second and German Klaus Renz on third.

A bonus for bus-users

BENIDORM City Council has renewed its agreement with Llorente Bus to offer residents 40 free bus trips every two months and better discounts for disabled people.

Bus-users registered resident in Benidorm will receive a voucher for 40 free bus trips every two months and disabled people with a degree of 33 per cent disability will travel free. The bonuses consolidate those already received by those over 65, students and disabled people.

Mayor Toni Perez praised "the effort Llorente Bus has made in recent months so the bus fleet is at the forefront of technology" - all the buses have WiFi.

Application process

THE University of Alicante played host to the first meeting of the group of experts that will prepare Benidorm's application to UNESCO to become a 'World Heritage Site' - over the next six months, 18 experts will be responsible for defining the attractions the city treasures to lay its basis for candidacy. The meeting was attended by Mayor Toni Perez.

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Pigeon prevention plan underway



EXCESSIVE PRESENCE: Jijona is trapping and removing local pigeons.

By Linda Hall

JIJONA Town Hall is taking steps to reduce the number of pigeons in the Old Town.

The specialist firm that has been brought in will install cages to trap the pigeons and will also release birds of prey in the area.

The town hall embarked on the three-month project costing

€3,900 in response to residents' complaints that the pigeons' "excessive" presence is damaging buildings owing to the acidity of their droppings, which also block storm drains.

They are carriers of parasites and germs, a spokesman for the residents said, and could infect humans with psittacosis.

The town hall has asked residents to assist by allowing

cages to be installed on their terraces and balconies, said Health councillor Cristian Sirvent.

The councillor also asked owners of empty houses in the Old Quarter to block all holes or gaps on facades and roofs and fix mosquito netting over windows and doors to prevent the birds from entering and nesting in the properties.

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SAN JUAN Town Hall will not be obliged to outsource the cleaning of municipal buildings.

Objections from the national government's sub-delegate to Alicante Province were overruled following a court decision.

No legal obstacles prevented the town hall from taking over the cleaning service that was provided

Town hall does its own cleaning

by the FCC company until August last year, a judge ruled.

"As I informed the Press in July last year when I confirmed that municipalising the facility would go ahead, cleaning the municipal buildings has been carried out with

total efficiency and every guarantee for employees," Contracts councillor Manel Giner said.

"The courts acted in our best interests and those of municipally-owned Personas y Ciudad SA (PYCSA)," continued the council-

lor, who explained that the town hall would save an annual €100,000, bringing more stability to the municipal Budget.

"The verdict brings us peace of mind and opens the door to more municipalisations," Giner declared.

NEWS EXTRA

Damp squib hits show

IBI postponed the fireworks that traditionally round off the Moors and Christians fiestas after Spain's met office, AEMET, upped the fire-risk to 'extreme.' The display will instead take place this Sunday.

Copping out

PUBLIC PROSECUTION figures revealed that 3,800 people were pursued for driving while over the alcohol limit or after taking drugs. A further 1,419 were prosecuted for driving without a licence.

Water flows

THE Rosaleda park fountain in Alcoy will be restarted after 17 years without water. It was turned off as a safety measure in 1999 after the first outbreak of Legionnaire's disease.

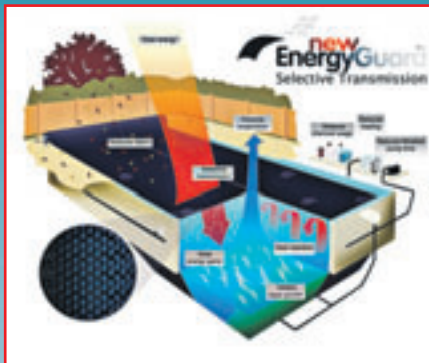
Popular venue

LA CASILLA, La Nucia's centre for the Third Age, which recently celebrated its third anniversary, was used by 17,960 residents in the last 12 months, 360 per cent more than in 2014-2015.

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MARBLE CORRIDOR: A principal source of income.

Marble industry demands recycling Written in stone

MEDIO VINALOPO's quarry owners want to reuse the 500,000 tons of 'marmolina' or marble dust produced each year.

Producers recently met officials from the region's Environment department as well as mayors from towns along the Marble Corridor: Pinoso, Algueña, La Romana and Monovar.

The Pinoso meeting was the first step towards solving a 'historic and complex problem' by classing the marble dust as a by-product.

Pinoso's mayor Lazaro Azorin explained to regional government representatives that research by the town hall's own Environment department and Alicante University had shown that the marble dust could be used as a filler to rehabilitate disused quarries and block hollows used to dump rubbish.

"This would prevent the fly-tipping that affects our principal source of income and also the environment," Azorin said.

Regional government officials congratulated the local marble industry for its commitment but explained that the process of reclassifying the marmolina rested with the national government's Ministry of the Environment.

The regional authorities are to accompany the delegation of local mayors and marble quarries to Madrid in their bid to reuse the marmolina and reduce its impact on the Medio Vinalopo countryside.

Volvo Ocean Race set to thrill Alicante.

Once again Alicante will host the start of the greatest sailing challenge: the round the world sailing competition, a unique event that you can be a part of.

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If you were offered £300,000 now or £10,000 a year for life, what would you choose?

This is a similar dilemma faced by many Britons with 'final salary' or pensions – where employers guarantee a minimum income throughout retirement, increasing with inflation. But today many pension providers are offering members high pay-outs – 'transfer values' – to give up these 'gold-plated' benefits.

While there is no right answer here, when it comes to your security in retirement, it is important to take extreme care. Start by considering six key questions.

1. What is your pension worth?

A final salary pension worth £15,000 a year may seem modest, but with today's transfer values at up to 40 times the income due, this could represent a pay-out of over £500,000. Properly managed, this could provide a retirement income that well exceeds the original annual payment.

However, beware UK lifetime pension allowance penalties. With current transfer values, you could potentially breach the £1 million limit by cashing-in a pension worth £30,000 – and lose over half the excess in taxes.

Should you cash-in a 'golden' pension? Six questions to consider



By Gerald Turner,
Partner, Blevins Franks

2. Do you have other resources for retirement?

Is your transfer value high enough to outweigh the benefits of drawing an income for life? Or will other pensions, savings and investments provide for your future? If so, you may be inclined to forfeit a final salary pension for a one-off reward. If your pension is a large part of your retirement wealth,

the opposite will apply.

3. How long do you need it to last?

Final salary pensions provide income for as long as you live – that could be 30 years or more from retirement age. Those in good health may therefore benefit from the certainty of a guaranteed lifetime income. Only consider cashing-in your pension if you are confident you will not outlive your resources.

4. How stable is your pension scheme?

Final salary pensions are costly for providers – and many are failing. Recently, thousands of ex-BHS employees lost their 'guaranteed' pension rights when the company collapsed.

While the government's Pension Protection Fund offers a safety net, it currently only compensates up to £34,655 a year at age 65. So if your pension benefits are worth more than this, consider transferring.

5. What will happen when you die?

Most final salary pensions will transfer half the value of the pension to your spouse on death – then go no further. Transferring your funds can unlock more flexibility in your estate planning, such as the option to pass on pension funds to other heirs, even across generations, and reducing inheritance tax liability.

6. What is your appetite for risk?

Benefits in a final salary pension are protected – even if the value of funds goes down, the scheme provider is obliged to make the guaranteed payments. Once transferred, you gain more control over how you invest and access your funds, but they become vulnerable to unpredictable markets – even money in the bank can be eaten away as inflation outpaces returns. And without proper guidance, you risk losing everything to unregulated investments or pension scams.

Whether a larger one-off sum would

benefit you more than a smaller, regular income depends on numerous factors and your unique set of circumstances and goals. Taking regulated advice is compulsory if you have benefits worth over £30,000, but it is an important step for anyone considering their pension options.

Remember, if you cash in your pension, you cannot reverse your decision. Take specialist advice to fully understand the long-term implications to do what is best for your financial future.

Summarised tax information is based upon our understanding of current laws and practices which may change. Individuals should seek personalised advice.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com.

With Brexit negotiations starting, do I need to take action to protect my wealth?

This is a good time for us to help you review your tax and estate planning, investments and pensions. We will ensure you are in the best position going forward and keep you informed of Brexit developments that may affect you. It may be worth acting now, under known rules, rather than waiting to see if the situation changes after Brexit.

Keep an eye on the Blevins Franks website for Brexit news - www.blevinsfranks.com/brexit and contact us if you want to sign up for regular updates.

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Surplus to requirements

VILLAJOYOSA continues to press for an additional courthouse despite the Ministry of Justice's reluctance.

The town has been excluded from plans for additional courts in the region, despite a November 2015 report from the Generalitat's Justice department admitting that Villajoyosa's courts are overloaded with cases. The town council recently approved a motion to continue applying to the government in Madrid.

There's a kind of hush

By Linda Hall

BUSOT has banned street football and other games 'that perturb the rights of residents or users of public spaces.'

The mayoral decree also vetoed games 'with instru-

ments or objects' like skateboards and bicycles outside the areas where these are allowed to prevent accidents.

Busot's mayor Alejandro Morant defended the decision that was prompted by an in-

creased numbers of tourists visiting the Plaza del Ayuntamiento and adjoining pedestrian streets.

"There were uncomfortable situations for both tourists and residents this summer," Morant maintained.

His edict was issued to remind people about 2011 social harmony by-laws, he said, and no-one has yet had to pay the €750 fine for ignoring them.

Not only children are affected by Morant's latest proclamation which also bans 'disturbing the rest and tranquillity of residents' between 10pm and 8pm.

Some Busot residents agreed that "children can be a nuisance especially in the summer when windows are open" although one woman claimed that tourists "dancing and singing at 2am" were even more irritating.

Others claimed children have always played in the street: "It's normal for kids to play outside," said Esther.

NEWS EXTRA

New campus for teachers

ALICANTE University is opening an Alcoy campus, renting the top floor of the cash-strapped Chamber of Commerce's building which will be used for a Teacher Training degree course.

Not bothered

SAN VICENTE residents ignored a town hall call for suggestions and opinions regarding modifications to rubbish collection, fiestas' headquarters and building permit by-laws.

Pitch perfect

LA NUCIA Town Hall invited tenders for a new athletics track, football pitch, seating and dressing rooms. The €1.2 million project will meet IAAF (International Athletics Federation) and FIFA standards.



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A towering mix-up

WORK at the 16th century Barranquet de Marco tower in Campello was declared “respectful” by the local and regional authorities.

Campello Town Hall and the Generalitat’s Culture department agreed that the privately-owned tower incorporated in a newer property was unharmed, even though the town’s Catalogue of Protected buildings was invalidated when the General Town Plan (PGOU) was cancelled.

Both launched an investigation after an archaeologist’s complaint work at the property began without a prior survey.

By Name Editor

LEVELLING land at El Sabinar has affected a protected Cañada Real, declared Marilo Jorda, San Vicente’s Town Planning councillor.

She inspected the site after Ecologistas en Accion complained that heavy machinery threatened the ancient drovers’ trail that was once used to take cattle to and from summer pastures.

The repossessed land now

A site for sore eyes

belongs to Sareb and Jorda announced that she intended to report Spain’s ‘bad bank’ to the regional government.

“This is an especially arid zone,” Jorda said. “There is a danger of erosion here and removing wild evergreens like mastic is all we need for all the top soil to disappear,” she lamented.

Work at the site has now been officially halted by a town hall decree and Jorda will meet the firm that Sareb contracted to clear the site and ask them not to continue.

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What do I need to do?

You will need to fill out a 210 form with all of your personal details, bank account number, and the details of any assets you have in Spain. If there is one or more owner of your property, each owner must complete their own tax form.

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- The valor catastral of your property.
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- Any other information regarding the above mentioned items of income.



What happens if I don't do a tax return?

When you sell your Spanish property, 3% of the sale value will be automatically withheld by the tax office. In most cases the 3% sales value will be more than the capital gains tax due, so you may be able claim back a

substantial amount. This process is slow and if you have not submitted your annual tax returns, the process will become much slower. What's more the tax office may subject you to fines for not presenting your annual tax returns or for late submission.

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Dust-up over cover-up ban

By Linda Hall

RESIDENTS in a Muchavista residential complex near Alicante City disagreed with a ban on burkinis in the communal swimming pool.

Last August the president of the Residents' Community asked a summer visitor to leave the pool where she was swimming in a burkini that left only her face, hands and feet bare.

As not all residents backed the ban, the Community president called an extraordinary general meeting

to vote on the issue.

The recently-leaked minutes revealed that the woman, a US Muslim, also attended the meeting and complained that she had no problems when swimming where she lived in Washington.

When a vote was taken, 30 people backed the burkini ban, eight opposed it and four abstained.

Outdoor clothes, sportswear and swimsuits worn on top of underwear were similarly banned on hygiene grounds. Neoprene suits and



BURKINI BAN: Muchavista, Alicante.

topless swimming were approved with 17 votes for, 13 against and seven abstentions.

The opponents to the burkini ban intend to challenge the majority decision, claiming that describing the garment as unhygienic was camouflaged xenophobia.

"The example that my urbanisation is giving to children and adolescents is particularly upsetting," said resident Antonio Aledo. "Lack of respect and fear of others have become norms approved at a residents' meeting."

Few agreed with him: "The burkini is a clear example of machismo and oppression of women that we cannot support," one man said.

"We should be ashamed that a woman must dress like that if she wants to swim while she is on holiday," a woman resident added.

NEWS EXTRA

Water woe nears end

BENITACHELL was awarded €120,000 from the Alicante provincial government towards the final phase of its sewerage network improvements, the plan being for the entire municipality to eventually be connected to the network with no septic tanks.

Skate park

BENIDORM'S town hall has acquired land in el Salto del Agua for a skate park - the land, within the Sequia Mare and next to the Palau d'Esports L'Illa has an area of around 14,000 square metres.

Tree crash

A 40-YEAR-OLD woman from El Verger died in a car crash on the road from Ondara to Denia - she crashed her car into a tree near the Pont de Fusta, next to the fire station.

Not us

A SPOKESMAN for Benitachell's Compromis party denied the party's involvement with Councillor Nieves Garcia who will go on trial for forgery and fraud.

Deep clean

THE Department of Health became involved when a case of parvovirus was found at Akira dog shelter in Benissa last week - the shelter was quarantined until a deep clean was commissioned.

Five years

THE man who tried to kill his wife in front of their children at their home in Denia last February was sentenced to five years in prison by the Provincial Court of Alicante last week.

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Photo by Bomberos Ayto Alicante/Twitter

HEROIC: Local firefighters attended more than 2,500 incidents this summer.

Consortium to the rescue

By Linda Hall

ALICANTE Province's Consortium of Fire Brigades answered 2,522 calls between June 15 and September 14, compared with 2,022 in 2016.

Despite this increase only 25 hectares of woodland were burnt this summer although the Consortium put out 700 fires, 38 of which were caused by traffic accidents.

Firefighters were called to 150 road accidents where they were needed to cut free 55 trapped drivers or passengers, disconnect car batteries and hose down roads and pavements after a crash.

The Consortium brigades also secured the fa-

acades of buildings, cleared blocked roads and cleared railway lines

Hikers, climbers and others in difficulties needed the assistance of the Consortium's rescue experts and helicopters on 31 occasions. These included a Jijona man who was unhurt but had to be airlifted out after a house collapsed round him, blocking the narrow access road.

The Consortium firefighters removed several beehives and nests with the assistance of beekeepers. They also rescued 66 animals last summer which including a ferret on the point of drowning and a snake found on an Elche pavement.

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Advertising feature

I bought a house four years ago from a developer in Javea; unfortunately, significant cracks have appeared in the house

Carlos Baos
We can help you.



IT looks as if the problem is that the foundations are not properly dug bearing in mind the soil on which the house is built (clay). Who is liable? What can we do?

Dear Reader,

Thank you for your enquiry.

As mentioned in previous articles for construction works in respect of which planning permission was requested after May 2000 the Law of Construction Planning (LOE) applies.

We understand that missing or incorrect inclusion in the project of the property of the soil material, problems and other circumstances etc are within the responsibility of the senior

architect (arquitecto superior) as he, as author of the project, should assess the quality and type of soil and make decisions concerning proper construction.

Therefore, the senior architect should have taken into account the circumstances of the plot, but not only that he should also have been able to foresee whether these would affect the future of the building and if so he should have taken the necessary steps to design a solution that would avoid what unfortunately appears to have occurred.

On numerous occasions, different Courts have referred to this and the Supreme Court of Spain declared: "the prior examination of the soil, verifying it or at least checking its analysis and subsequent ge-

ological survey personally is a fundamental obligation of the senior architect's obligations that in any case are demanded by the dignity and competence inherent to their profession."

The fact that the senior architect is responsible does not mean that you cannot claim against the other persons involved in the construction process as per the LOE such as the technical architect, contractor, insurance company, etc. All possibilities should be studied.

Regarding the next steps to be taken, we recommend you to call in an architect expert in building defects to ascertain whether the cracks are still moving as well as the reasons, causes, consequences and possible solutions of the problem. The expert report is key in the

event of a future claim.

We understand that you must get expert legal advice on building defects, as a legal strategy must be set up, in order to determine against who you can and should claim. **It is essential to notify the potential respondent of the damages as soon as possible, as there are some deadlines to claim that must be fulfilled.**

As in previous articles, we recommend a visit to our office or to another lawyer expert in this field, to examine your case thoroughly. It is sensible to involve the lawyer from the beginning, even before contacting the developer or the rest of the parties involved.

The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

Contact us and we will help you.

For further information about this subject or any other legal issue, please contact Carlos Baos, Abogado/Lawyer
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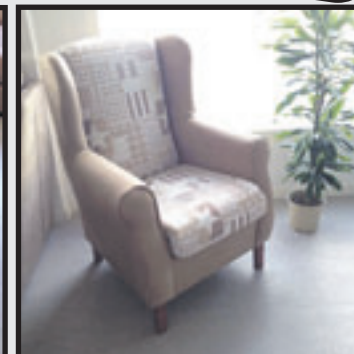
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Photo by Generalitat Valenciana

VILLA PEPITA: The Polop house where Gabriel Miro spent his summers.

Recognising the Miro connection

By Linda Hall

THE Generalitat's Culture department has included the Polop house of Alicante-born writer Gabriel Miro in its official list of museums.

Villa Pepita, built in the Valencia region's Modernista style in 1911, was Miro's summer home and he later incorporated Polop's customs, its people and the friends he made there into his books.

His granddaughter donated Miro's books and belongings to the municipality on his death in 1930 at the age of 51. These, together with donations of artworks, portraits and other items linked to the writer were the basis of what is now the Gabriel Miro Casa-Museo.

More than 9,000 people visited the museum last year and the efforts of Polop Town Hall to promote the municipality's

Miro connection will be boosted by the Generalitat's recognition.

It will also make Polop eligible for official grants for Villa Pepita's upkeep, said Polop mayor Gabriel Fernandez.

"This will enable us to continue improving installations and references that are linked to Gabriel Miro and making them known to a wider public," Fernandez.



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Advertising feature

A coffee with... Stuart Pratt, Managing Director, Blue Square Real Estate



had a coffee with Stuart to find out what makes Blue Square stand out from the crowd:

Congratulations on the upcoming opening

of the Calpe office, Stuart - *How many Blue Square offices are there now?*

Thank you! The Calpe office will be our 14th worldwide and our fourth here in Spain.

What areas do you cover here in Spain?

We sell properties from Oliva down to Altea on the Costa Blanca North and from Gran Alicante down to Los Alcazares on the Costa Blanca South.

Your agents speak many languages... how does this

help Blue Square stand out from the crowd?

Many estate agents here in Spain tailor their services to one nationality of buyers - the English agents attract the English buyers; the Dutch agents attract the Dutch buyers and so forth.

At Blue Square, when a potential buyer gets in touch with us, they will deal with an agent in their own language. We understand that as a foreigner wishing to buy on the Costa Blanca, the purchasing process may be different than what a buyer is used to so we like to make things as simple as possible.

The multilingualism of our agents also means that vendors' properties are being seen by the entire buying pool, not just one nationality.

How do you market prop-

erties?

Our vendors' properties are advertised locally and globally - both online and through our network of offices.

Do you have any special offers, prices or promotions?

If vendors sell their property through Blue Square on an exclusivity basis, we offer a 4 per cent fee. Otherwise, our standard multi-agency fee is 5 per cent.

What other services do you offer to clients?

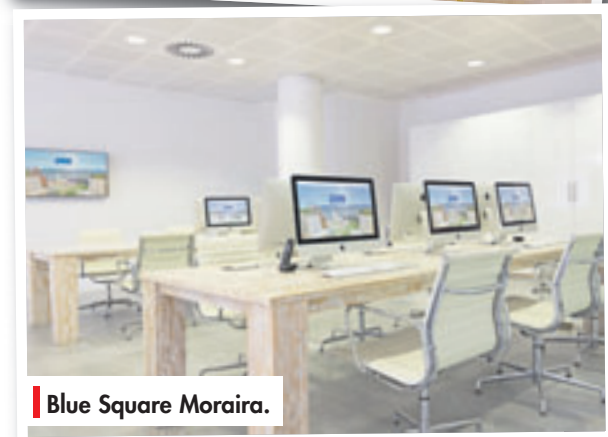
We can guide both our buyers and our vendors through the entire purchase/sale process - we have a host of services that clients can pick and choose from depending on their requirements. We can recommend trusted, independent:

- Currency services
- Legal services
- Mortgage services

We also recently launched Blue Square Aftersales which means not only do our buyers and vendors receive first class customer experience during the purchase/sale process, but afterwards as well - we are on hand to arrange everything from furniture removal/ delivery to setting up utilities.



Blue Square Javea.



Blue Square Moraira.

What is your background in real estate?

Well, where do I start? I started my working life as a Chartered Surveyor in Scotland after graduating from Edinburgh University with honours in Estate Management.

I then worked as a Commercial Director for one of

the largest realtors in Spain before the recession hit and I moved into residential development in Italy and North Africa.

Some years later I moved into property development in France, where I soon identified a gap in the market for an international estate agent - that was where Blue Square Real Estate was born seven years ago. We opened 10 offices in France before we moved to Spain two and a half years ago.

What's next?

We plan on opening another office on the Costa Blanca North, expanding into the Costa del Sol next year and are opening in Ibiza in November 2017.

The Grand Opening of Blue Square's Calpe office will start at 7.00pm on Saturday and Stuart and the team invite all residents, neighbours, families and friends to come and say hello and join them in enjoying some tapas.

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We need your help in teaching English to local Spanish people

THE Voluntary English Teaching Group is a group of around 20 volunteers who have been successfully teaching English to unemployed residents of Javea for the past seven years.

Classes are held every weekday morning from 9.30am to 12pm at the Escola d'Adults FPA Xabia, Calle Ramon Llido, situated in Javea old town. The next course starts on October 16 and finishes at Easter.

The group is looking for volunteers to help run classes teaching English to Spanish adults. Whilst teaching experience is not essential these are key roles and you will need to be a good communicator and well-organised. Some knowledge of Spanish is an advantage.

Over the past seven years the group has provided English lessons, support and encouragement to hundreds of students, while members have made friends, deep-



OFFICIAL SUCCESS: Tanya Sedgwick (left) and Javea mayor Jose Chulvi.

ened their understanding of the place they live, and drawn huge amounts of satisfaction from knowing that their work is appreciated and valued.

If you are interested in finding out more about these roles, please contact Tanya Sedgwick at tanyasedg@gmail.com or by calling 605 780 689.

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Festival first

MUÑECAS (Dolls), an LGTB web series, took the first prize in the first edition of Alfaz's Fidewa Festival of multi-episode videos made for the internet. The winning entry now in its second season and which has been viewed two million times worldwide, received a trophy and a cash prize of €1,000.

Innovation award

THE Jovempa Marina Baja business association presented this year's edition of their Innovation and Entrepreneurial Excellence Awards.

Alfaz Town Hall is cooperating with the initiative, which offers €3,000 in prizes, and Commerce councillor Dolores Albero urged the local business sector to take part. Projects to be presented before November 15.

ALFAZ DEL PI / ALBIR NEWS

The power of pedalling

By Linda Hall

ALFAZ continues to support alternative transport with Bicycle Day on October 1.

"The bicycle fits in perfectly with our plans for a sustainable

and environmentally-friendly town," said Genoveva Tent and Luis Miguel Morant, respective councillors for Transport and Sport.

They went on to explain that they had decided not to

change the date of Alfaz's Bicycle Day although this comes so soon after the recent Mobility Week.

"You could say that we're extending it by a week to give more impact to our campaign encouraging people to cycle," the councillors said.

Alfaz has an extensive network of bicycle lanes that include the Cami la Mar which connects Alfaz and Albir and the Sierra Helada Ciclovía between Albir and Benidorm.

"These cycle lanes mean residents and visitors can park their cars and use a means of transport that is healthier and more sustainable," Tent said.

No more leaks or damp

WORK on renewing main drainage in El Cautivador should be completed within days.

The urbanisation's oldest drainpipes have been replaced in a €413,876 outlay that will put an end to problems caused by leaks and damp affecting properties in Avenida Cautivador, Calle Pics d'Europa and Calle Aneto.

The cash will come from the Fondo de Inversion agreement with Hidraqua, which supplies Alfaz's domestic water and maintains the main drainage system, explained Town Planning councillor Toni Such.

The urbanisation was built more than 30 years ago and many sections of the sewage system had become obsolete, Such said.

The work now nearing completion involved replacing the network of pipes in a



Photo by Alfaz town hall

FINISHING TOUCHES: Work almost finished at El Cautivador.

580-metre long section of the El Cautivador.

The project also included adding storm drain gratings at the lowest point of the Avenida to prevent water from collecting during periods of torrential rain.

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Financial sustainability

IN a recent plenary session, the town hall approved a budget of €6,589,327 to repay municipal debts and make municipal investments across the next two years. The team presented its plan of action for the forthcoming period and demonstrated its financial sustainability.

New season starts

THE Auditori Teulada-Moraira presented its programme for the upcoming season from October 2017 - January 2018. The stage will host numerous performances aimed at "entertaining the maximum possible amount of people," said Mayor Carlos Linares. The International Piano Festival in October is expected to be one of many sell-out performances. For more information check out www.auditoriteuladamoraira.es.

Start-up day this Saturday

THE second edition of Teulada-Moraira's start-up day will be held this Saturday in the Auditorio Teulada-Moraira.

The event is aimed at entrepreneurs and will consist of a series of lectures and workshops focused on the importance of digital marketing, internet presence, social media and for businesses.

The day will include a lecture with Tirso

Maldonado: 'Marketing Zero - low cost, high impact marketing campaigns' and a choice of two workshops: 'Product photography' with Robert Cabrera or 'Networking - shared creativity' with Veronica Deambrogio.

The event has been organised by the council in collaboration with the Fundacion CV Auditorio Teulada Moraira.

Mayor Carlos Linares said the municipality will continue to support entrepreneurs through such events with the aid of Jovempa and thanked supporters: Obra Social de La Caixa, Ccreama, the county council of Alicante, Jovempa and EO Benissa.

Registration is free and can be done via www.jovempa.org.

Happy third birthday



Teulada-Moraira Ayuntamiento

A FABULOUS RESULT: Mayor Carlos Linares with Lion's Den volunteers.

THE 'Lion's Den' charity shop celebrated its third anniversary recently.

The shop, run by the Teulada-Moraira Lions Club, has made the spectacular sum of €112,000 for local causes since it

opened in September 2014.

Mayor Carlos Linares and all staff at the town hall express their greatest thanks and huge congratulations to the Lions for the "fabulous result."

Tickets still available

TICKETS are still available for the Bourbon Street Stompers show at Teulada-Moraira Auditori on Friday October 27.

The concert - produced by Costa Blanca Concerts - will feature special guest James McCorkle on vocals.

Tickets cost €20 and are available via www.instantticket.es or from the Teulada-Moraira Auditori box office, Teulada Town Hall and the Espai La Senieta theatre.

Well done both of you

LEANDRO SAGRISTA and Josep Marques were announced winners of the 'Villa De Teulada 2017' writing competition recently.

Young Leandro took home €3,500 prize money for his story 'Animes Negres' and Mayor Carlos Linares congratulated him. Josep took home €4,000 prize money for her ongoing project 'La Pansa del lleixiu: Tradició Mediterrania.'

Deep sea snapper lands European trophy

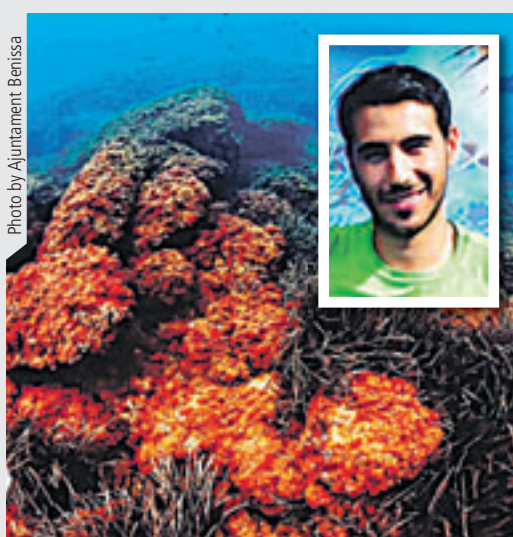
By Sean Campbell

RAFA FERNANDEZ has been crowned the new king of underwater photography in Europe.

The event, held in Benissa and Teulada, saw competitors battle it out to see who could capture the best photographs of marine life on the sea bed.

A number of skilled underwater snappers from a wide variety of Spanish communities competed for the trophy, but Rafa trumped them all in the X Open Fotosub Geas tournament.

The initial dive took place after dark in La Cala del Portet, next to the Nautical Club of Moraira, with the marine shutters attempted to capture night time



UNDERWATER CHAMP: Rafa scoops European honours for his photography skills.

views of aquatic species and plant life, with two more dives following the next day in the same area.

Fernando Lopez Corsi, councillor of Tourism for Benissa, presented the prizes along with mayor of Teulada Tourism, Carlos Linares and the councillor of Sports for Teulada, Mario Font

at the Salon de Actos de l'Espai Cultural in Benissa where attendees were able to gaze upon all the mesmerising photographs taken during the tournament.

A number of trophies were also awarded to the best photographers in the Valencian Community as well as a prize for fifth-year students for their drawings.

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Big hearts raise €3k

THE 'Big Heart of Javea' classic car and motorbike show raised over €3,000 for the local bomberos and the Red Cross.

Solidarity calendars are still on sale for €10 and will be available until Christmas from the Proteccion Civil and the Bomberos Voluntarios de Balcon al Mar.

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Andarias wins bronze

PARALYMPIC sailor and member of Club Nautico de Javea Rafa Andarias won the bronze medal in the Spanish Sailing Cup 2.4m in Almeria recently.

The Javea born debutante - who suffers from a disability in his lower limbs - is known as a great connoisseur of the Costa Blanca waters where he has been sailing for more than 15 years.

He told the Spanish press: "I have competed to a good level, it was an unknown race course and to achieve a bronze here is a success."

Speaking of the upcoming Spanish Championship in Cadiz, he said: "Now comes the important part of the season and achieving the gold medal in Cadiz would be the best way to close the year."

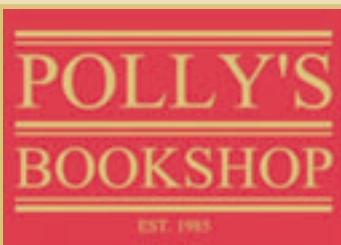
Hiker nearly falls from cliffs

FIREFIGHTERS rescued a British hiker who was in serious danger of falling from the Portixol cliffs.

The man was walking down the cliff when the ground beneath him fell away, leaving him clinging to a ledge.

The rescue operation was carried out by helicopter and also involved the Red Cross, the Local Police and the Guardia Civil.

The hiker suffered shock and just a few scratches.



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77th anniversary of the Battle of Britain celebrations



The Association Members with their guests.



The Chairman, Max Maxwell with Squadron Leader David Tucker.

MEMBERS of the Aircrew Association Costa Blanca and their guests celebrated the 77th anniversary of The Battle of Britain at La Cumbre Restaurant in Benitachell.

After a brief introduction and welcome from the Chairman, Max Maxwell, everyone present was invited to toast the memory of one of the Association's stalwart and longest serving Members, John McMullen, who died recently.

Amongst his many other incredible achievements during a full and active life, John had received the French Legion d'Honneur last year for his contributions to the Liberation of France during the Second World War as a Fleet Air Arm pilot. He was a popular member and his passing brought back fond memories for many of those present.

Lunch then followed after an appropriate Grace, given by the Association's Honorary Chaplain, Father Marcus Ronchetti. During the lunch, Peter Langley, a Life Vice President of The Association, gave an interesting talk about Squadron Leader McLachlan who took part in the Battle of France (pre Battle of Britain) and who was awarded the DSO and three DFCs. After the lunch, Father Marcus then gave the Dedication to the Comradeship of Aircrew. This was followed by the two loyal toasts: His Majesty King Felipe, proposed by Life Vice President Peter Langley and the Queen, proposed by Social Committee Member, Clive Rothwell.

The Association's Guest Speaker was Squadron Leader David Tucker, a serving RAF Officer and Member of The As-

sociation, currently serving in a NATO HQ near Madrid and very recently returned from operations in the Middle East. David gave a fascinating talk entitled, The Battle of Britain - A Perspective. He also gave his audience a short but equally absorbing brief on his recent tour in the Middle East before proposing the toast: To Those Who Gave So Much.

The final toast, the Aircrew Toast: To Absent Friends and Fellow Aircrew, was proposed by the Association's President, Henry Horth. The Chairman then closed the proceedings with thanks to Peter Langley, Brian and June Nash, Peter Johnson and Jan Adams for their contributions to the success of the occasion and to David Tucker for his superb talk.

If an interested in joining the Aircrew Association, call the Secretary on 966 404 123.

Rotary Club donates

PRESIDENT Bob Oxley and members of the Rotary Fellowship Costa Blanca North are pictured presenting a cheque for €500 to Stephen Carden from the Franciscan Shelter.

The Shelter provides a home and nursing care for around 65 homeless men, many of whom suffer from mental or physical illness, who would otherwise be on the streets. The hospice is funded entirely by charitable donations, with no State aid or official grants.




ALL SMILES: Presentation of the cheque.

The Rotary Fellowship donation will be used to provide catering equipment.

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DAY TRIP: Javea U3A visitors in L'Olleria.

A touch of glass!

THIRTY members of Javea U3A's Spanish Culture and Cuisine Group enjoyed a day-trip to L'Olleria for a triple treat of history and modern craftsmanship.

Led by group leaders Angela Chantry and Tony Dearie, the party visited the historic buildings of 18th century Capuchin Monastery and the former palace of Casa Santonia.

In contrast, the group also toured a modern glass factory that uses both new and recycled materials. For those who enjoy a bit of retail therapy, the glass factory's shop provided the opportunity to pick up some bargains, which several of the party did!

The little town of L'Olleria, located inland from Gandia, is famous for its glassware and ceramics as well as other traditional industries such as wood manufacture, pottery, furniture, bamboo, rattan production and the making of fireworks.

Along with the culture, local cuisine was provided by Casa Manola Restaurant in L'Olleria, where guests were able to take a well-earned rest and enjoy a welcome lunch of traditional Spanish fare.

For details of the Spanish Culture and Cuisine Group and future events, visit the website www.u3ajavea.org.

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DENMARK

Royal rounds

PRINCE HARRY will make his first official visit to Denmark next month. The two-day visit will focus on meeting the young people of Copenhagen and will include an audience with Queen Margrethe II.

Stepping up

DENMARK will give an additional €42 million to international women's charities, including family planning clinics, affected by Donald Trump's decision to scrap funding for the organisations.

REGAL RENDEZVOUS:
Prince Harry will make his first visit.

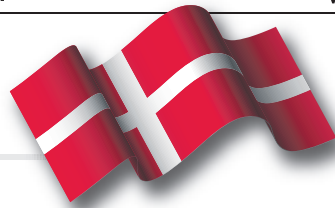


Ace venture

A DANISH family has been found guilty of smuggling 83 animals to Sweden without the proper paperwork. The animals, which included 69 dogs, 10 horses and four goats, were brought over in several round trips.

Working girls

MORE boardroom positions in Denmark are now going to women thanks to a Danish law which promotes equal numbers of men and women in management positions.



NETHERLANDS

Laughing matter

THE sale of laughing gas has risen by 400 per cent in The Netherlands, according to a BBC study. The drug is no longer classified as a medicine so it is now possible to buy canisters online.

Dodgy drugs

DUTCH customs officers have seized over 50,000 illegal medicines according to the Health Care Inspectorate. The officers inspected over 10,000 mail packages and found illicit substances in more than 300.

Falling star

AN unusually bright fireball was spotted in the sky across the Netherlands last Thursday. Dozens of people reported seeing the suspected meteor at around 9pm.

Bike hazard

OLDER Dutch cyclists have been warned by the police of the dangers of switching to electric bikes after a recent surge in deaths. Over 60's now account for 90 per cent of electric bike deaths.



GERMANY

Win for Merkel

GERMAN Chancellor Angela Merkel has been re-elected to a fourth term in power following the election last Sunday. The chancellor is now tasked with forming a coalition after winning 33 per cent of the vote.

Walking away

THE leader of Germany's far right party Alternative für Deutschland

(AfD) dropped a bomb on her party members by resigning right after the party came third in the election. She will instead serve as an independent MP.

High hopes

BANKRUPT airline Air Berlin confirmed last Monday that it was in negotiations with Germany's Lufthansa

and Britain's easyJet to sell off parts of its business, which looks promising for the future of its 8,000 employees.

Treasure trove

A BOUNTY of rare silver pieces from the Viking Age has been discovered on the north German island of Sylt. The large collection of coins and jewellery weighed in at around one kilo in total.



SWEDEN

Fishy fire

POLICE investigating a fire that partly destroyed a mosque west of Stockholm suspect the blaze is the result of arson. The incident marks the second mosque fire near Stockholm this year.

Drunken deer

AN intoxicated deer broke into a house and caused havoc in Sweden's Ronninge Quarter. It is reported that the deer became inebriated after eating several fermented apples and injured itself after breaking through the glass door.

Gender gap

SWEDISH men are struggling to catch up with their female peers when it comes to education. Forty-seven per cent of women have a university degree in Sweden, compared to 36 per cent of men.

Mile high

A SCANDINAVIAN airlines crew member was arrested at Stockholm's Arlanda Airport after failing a breathalyser test following a long haul flight from Tokyo. Other flight attendants first raised the alarm about the drunken staff member.



FRANCE

Chemical cuts

FRANCE is planning to reduce the amount of all pesticides used on crops. Europe's biggest food producer is committed to cutting back on the use of the chemicals over fears that they cause certain diseases.

Trade block

TRADE unionists in France blocked access to several fuel depots last Monday to protest the government's plan to overhaul employment laws. Police were sent to the sites to stop the protesters from causing nationwide fuel shortages.

Nanny nightmare

A FRENCH au pair who was allegedly murdered by her employers in London had reportedly spoken to her father about escalating tensions in the house before police discovered her body on a bonfire.

Grape joy

EXPORTS of French wine have reportedly risen by 12 per cent in the first half of this year, putting total sales at around €6 billion.



BELGIUM

Right reform

A BELGIAN far-right politician has been sentenced to visit concentration camps and write about them after denying that the holocaust happened. The self-proclaimed 'anti-Zionist' must make the trip once a year for five years.

History intact

A GERMAN First World War submarine has been discovered in one piece off the coast of Belgium. The vessel found on the North Sea floor contained the bodies of 23 soldiers.

Student hustle

BELGIAN ministers have claimed they will take legal action against a sugar daddy website for advertising around university campuses. The site has been accused of encouraging prostitution and preying on the insecurity of young women.

Raids return

POLICE in Belgium raided eight locations across the country last Tuesday morning as part of an anti-terrorist operation. The investigation is targeting youths who went to fight in the Syrian war in 2014.



NORWAY

Hungry hunters

WOLVES have been blamed for the plummeting numbers of elk in Norway's Elgregion region. Hunters claim this could pose a serious threat to the country's hunting season, which began on Monday.

Surfer panic

SURFERS taking part in the Norwegian Lofoten Masters surf competition had a close call when they ran into a group of hungry orca whales and were forced to abandon the competition.

Elderly remains

POLICE are investigating whether remains found in Norway's Finnmark county belong to an 85-year-old woman who disappeared in September 2013. The woman is the only person missing in the area.

Tasking drivers

TAXI drivers are hoping that the requirement to speak Norwegian at university level in Norway's Buskerud county will be revoked when the council makes the final decision on the law this week.



New LIDL chief

AS the German supermarket group LIDL continues to grow in size and market share in Spain it has announced the promotion of Claus Grande to General Manager. His predecessor who was responsible for developing a stronger Spanish identity has moved within the group. For three years in a row, LIDL has seen greater growth than any other supermarket.

No cashless society yet

By John Smith

AS the British public found another new bank note, entering into circulation, a report suggests that despite increased usage of technology, cash is still king.

The new £10 note featuring Jane Austen to commemorate the 200th anniversary of her death has been produced with a number of new security features to attempt to prevent forgery but as with the Winston Churchill £5 note it is printed on polymer which contains an element of tallow made from animal fat.

Groups as diverse as Hindus, Mus-

lims and Vegans were up in arms about the use of the tallow which could contain fat from cows, pigs or sheep but the Bank of England decided to do nothing to change the constituent parts of either of these notes.

Research shows that in Britain, the older the person, the less prepared they are to accept a cashless society and Spain which has embraced mobile phone technology seems much more attuned to cashless payments with the introduction of bank Apps allowing pay-

ments to friends and suppliers.

According to Mintel, the world's largest market intelligence agency with global offices in Europe, the Far East and Asia, the top three payment methods used in the last three months in Britain are cash (93 per cent), debit card (Chip & PIN) (82 per cent) and direct debit/standing order (79 per cent).

There is a steady growth in the use of contactless credit and debit cards in 2017 both in Britain and Spain but many older users dislike the charges that are sometimes associated with using cards abroad.

Allegations to be probed

HAVING received 30 formal complaints against the board and principal directors of Banco Popular the Anti-Corruption Prosecutor's Office has received permission to investigate the allegations.

It is alleged that investors were misled and lost everything when the bank was sold to Santander for €1 at the behest of the European Central Bank.

Quote of the Week

The concern among financial investors is remarkable and everyone is worried about the banks," according to former Spanish Minister and President of the European Parliament, Josep Borrell on Catalan banks and independence.



Graphical_Bank Shutterstock

LONDON: The company has 21 days to appeal.

Uber and out

THE writing could be on the wall for Uber in Spain following a shock decision in London where Transport for London (TfL) has refused to renew its private hire licence.

There have been taxi driver's strikes in major cities in Spain due to the competition caused by the arrival of Uber which has been welcomed by many passengers but hated by registered drivers.

The TfL indicated that it does not believe that Uber is "fit and proper" and took the

step to refuse to renew their licence due to "public safety and security implications."

Whilst the London division of Uber says that it has 3.5 million customers a year conveyed by 40,000 drivers it has been blamed for increased congestion, failure to police or report sexual offences, not doing proper criminal checks and a rise in collisions.

The company has 21 days to appeal the ban and can continue to operate in the meantime.

» BUSINESS EXTRA

Project extended

BRITISH company W Resources Plc which is involved in mining for tungsten has three projects in Spain and a number in Portugal. It has now received approval from the Portuguese government to extend its tungsten exploration project in Tarouca.

UAE boost

THE UAE-Spain Economic Forum was held last week in Madrid to explore ways of increasing Spanish investment in the United Arab Emirates. A Spanish government spokesman stressed that the foreign trade policy of Spain classifies the UAE as a strategic partner.

Eurozone

ACCORDING to Euromonitor International the eurozone continues to strengthen significantly but there is considerable divergence within the bloc. Spain is forecast as having 2.9 per cent growth in 2017 GDP whilst Italy may only manage 1.1 per cent.

THE attempted takeover of Spanish toll road group Abertis by Italian company Atlantia is being challenged by British fund TCI.

The Children's Investment Management Fund (TCI) run by Sir Chris Hohn is the major private shareholder in airport management group Aena and it had lobbied the Spanish government to which it holds 51 per cent of Aena to make a bid for Abertis which was de-

Taking its toll

clined.

Now TCI has taken 1 per cent of the shareholding in Abertis pushing the price more than 50 cents higher than the Atlantia bid, although largest shareholder Caixa Bank seems to support the Italian position.

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LONDON - FTSE 100

CLOSING PRICES SEPTEMBER 25

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,322.50	-10.50	-0.79	18,723.40
Associated British Foods	3,199.50	-23.50	-0.73	25,515.66
Admiral Group	1,801.00	-8.00	-0.44	5,158.62
Ashtead Group	1,780.50	-4.50	-0.25	8,911.18
Antofagasta	929.75	-9.75	-1.04	9,262.12
Aviva	503.75	-2.25	-0.44	20,363.05
AstraZeneca	4,941.25	29.25	0.60	62,180.87
BAE Systems	633.75	1.75	0.28	20,129.76
Babcock International Group	847.00	-2.50	-0.29	4,295.04
Barclays	190.43	-1.12	-0.58	32,633.62
British American Tobacco	4,599.00	-12.00	-0.26	105,753.83
Barratt Developments	595.50	-1.50	-0.25	6,029.11
Berkeley Group Holdings	3,569.00	1.00	0.03	4,866.17
British Land Co	597.25	-1.75	-0.29	6,120.93
BHP Billiton	1,342.25	-2.75	-0.20	28,407.37
Bunzl	2,219.00	11.00	0.50	7,416.21
BP	467.23	0.63	0.14	92,189.54
Burberry Group	1,779.00	0.00	0.00	7,647.02
BT Group	283.53	0.73	0.26	28,047.12
Coca-Cola HBC	2,526.50	-10.50	-0.41	9,214.27
Carnival	4,724.50	-26.50	-0.56	10,138.13
Centrica	189.40	1.30	0.69	10,519.59
Compass Group	1,587.50	-0.50	-0.03	25,113.42
Croda International	3,738.00	-17.00	-0.45	4,933.80
CRH	2,706.00	-15.00	-0.55	22,758.35
ConvaTec Group	266.50	-0.50	-0.19	5,210.43
DCC	7,095.00	0.00	0.00	6,320.11
Diageo	2,440.25	3.75	0.15	61,373.61
Direct Line Insurance Group	367.85	-1.65	-0.45	5,080.63
Experian	1,489.50	-6.50	-0.43	13,919.92
easyJet	1,178.50	-12.50	-1.05	4,730.75
Ferguson Ord 10 5366p	4,735.00	-7.00	-0.15	12,010.22
Fresnillo	1,411.50	-25.50	-1.77	10,589.16
G4S	274.55	0.75	0.27	4,248.27
GKN	346.25	-1.35	-0.39	5,969.92
Glencore	349.15	2.00	0.58	49,971.34
GlaxoSmithKline	1,470.50	-3.50	-0.24	72,499.02
Hargreaves Lansdown	1,453.00	-1.00	-0.07	6,896.59
Hammerson	537.25	-3.25	-0.60	4,287.36
HSBC Holdings	723.45	-3.65	-0.50	146,059.83
Int. Consolidated Airlines Gr	588.25	0.25	0.04	12,182.54
InterContinental Hotels Gr	3,802.50	-0.50	-0.01	7,225.33
3i Group	924.00	7.00	0.76	8,921.06
Imperial Brands	3,233.75	6.25	0.19	30,942.39
Informa	666.75	0.75	0.11	5,487.87
Intertek Group	4,887.50	-8.50	-0.17	7,901.68
ITV	168.55	2.25	1.35	6,694.26
Johnson Matthey	3,497.50	5.50	0.16	6,758.19
Kingfisher	297.10	0.40	0.13	6,469.14
Land Securities Group	962.25	-0.25	-0.03	7,611.92

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Legal & General Group	257.45	-2.05	-0.79	15,458.87
Lloyds Banking Group ORD	66.69	-0.22	-0.33	48,141.96
London Stock Exchange Gr	3,779.00	-8.00	-0.21	13,149.18
Micro Focus International	2,439.00	3.00	0.12	10,597.36
Mediclinic International	663.00	-17.50	-2.57	5,016.94
Merlin Entertainments	448.55	0.05	0.01	4,555.91
Marks & Spencer Group	347.95	2.85	0.83	5,606.96
Mondi	2,036.50	0.50	0.02	9,885.88
Morrison (Wm) Supermarkets	234.40	-0.30	-0.13	5,526.47
National Grid	945.25	1.15	0.12	32,263.42
NMC Health	2,698.50	25.50	0.95	5,460.56
Next	5,142.50	2.50	0.05	7,558.71
Old Mutual Group	193.80	-1.40	-0.72	9,627.72
Paddy Power Betfair	7,245.00	-30.00	-0.41	6,139.82
Prudential	1,755.25	-18.75	-1.06	45,873.53
Persimmon	2,489.00	5.00	0.20	7,666.27
Pearson	580.25	3.75	0.65	4,744.88
Reckitt Benckiser Group	6,805.50	-1.50	-0.02	47,888.37
Royal Bank of Scotland Gr	261.95	-0.35	-0.13	31,227.77
Royal Dutch Shell	2,187.75	-2.25	-0.10	98,782.53
RELX	1,623.50	6.50	0.40	17,249.48
Rio Tinto	3,476.25	-23.75	-0.68	47,966.81
Rolls-Royce Group	886.25	-5.75	-0.64	16,418.00
Randgold Resources	7,367.50	-52.50	-0.71	6,980.24
RSA Insurance Group	633.00	-1.50	-0.24	6,489.24
Rentokil Initial	292.60	-0.30	-0.10	5,381.55
Sainsbury (J)	233.90	0.60	0.26	5,109.46
Schroders	3,289.00	1.00	0.03	7,431.62
Sage Group (The)	709.00	-2.50	-0.35	7,689.94
Segro	529.50	-2.50	-0.47	5,317.38
Shire	3,822.75	-1.75	-0.05	34,737.42
Smurfit Kappa Group	2,341.00	-6.00	-0.26	5,558.66
Sky	921.75	-2.75	-0.30	15,892.31
Standard Life Aberdeen	422.75	-5.05	-1.18	12,736.77
Smiths Group	1,527.50	10.50	0.69	6,001.80
Scottish Mortgage Invest. Trst	413.20	0.10	0.02	5,766.96
Smith & Nephew	1,319.50	2.50	0.19	11,521.58
SSE	1,418.50	4.50	0.32	14,100.28
Standard Chartered	722.80	-7.20	-0.99	24,029.78
St James's Place	1,117.50	-2.50	-0.22	5,920.72
Severn Trent	2,184.00	0.00	0.00	5,159.34
Tesco	184.48	0.63	0.34	15,055.43
TUI AG	1,290.50	-0.50	-0.04	7,578.66
Taylor Wimpey	185.60	-0.20	-0.11	6,079.35
Unilever	4,275.00	11.00	0.26	53,795.42
United Utilities Group	861.00	0.50	0.06	5,867.65
Vodafone Group	207.03	-1.22	-0.59	56,938.83
Worldpay Group	412.30	0.60	0.15	8,234.00
WPP Group	1,411.50	-2.50	-0.18	17,946.52

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COMPAN	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	210.76	0.15%	0.32	125,780.61
AMERICAN EXPRESS	88.4	-0.02%	-0.02	78,134.96
APPLE	151.89	-0.98%	-1.5	784,029.96
BOEING CO	256.45	0.16%	0.41	151,618.80
CATERPILLAR	124.43	-0.29%	-0.36	73,528.83
CHEVRON	117.29	0.70%	0.82	222,226.97
CISCO SYSTEMS	33.37	2.05%	0.67	166,951.80
COCA-COLA	45.49	0.20%	0.09	193,986.03
DOWDUPONT	69.96	-0.51%	-0.36	163,354.54
EXXON MOBIL	79.92	0.04%	0.03	338,629.50
GENERAL ELECTRIC	24.87	0.48%	0.12	215,409.70
GOLDMAN SACHS	231.03	-0.11%	-0.26	89,360.42
HOME DEPOT	159.97	0.49%	0.78	188,563.66
IBM	145.13	-0.09%	-0.13	135,196.58
INTEL CORP	37.18	-0.05%	-0.02	175,104.17
J.P.MORGAN CHASE	94.83	-0.21%	-0.2	333,791.37
JOHNSON & JOHNSON	131.39	-0.27%	-0.36	352,623.88
MC DONALD'S CORP	158.91	-0.08%	-0.12	128,684.16
MERCK AND CO. NEW	65.13	-0.72%	-0.47	177,741.68
MICROSOFT	74.41	0.27%	0.2	574,329.11
NIKE	53.24	0.09%	0.05	69,806.28
PFIZER	35.96	-0.03%	-0.01	213,866.67
PROCTER AND GAMBLE	92.24	-0.43%	-0.4	235,085.81
TRAVELERS CIES	122.04	0.45%	0.55	33,676.58
UNITED TECHNOLOGIE	115.01	0.45%	0.51	91,801.60
UNITEDHEALTH GROUP	193.03	-1.12%	-2.18	186,603.97
VERIZON COMMS	49.9	1.96%	0.96	203,562.46
VISA	105.56	0.24%	0.25	193,108.30
WAL-MART STORES	79.53	-0.60%	-0.48	237,602.02
WALT DISNEY CO	98.6	-0.29%	-0.29	152,164.07

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CLOSING PRICES SEPTEMBER 25

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Ascendis Pharma A/S	\$ 34.24	6.50 ▲ 23.43%
Alpine Immune Sciences, Inc.	\$ 11.55	1.87 ▲ 19.32%
Marinus Pharmaceuticals, Inc.	\$ 4.88	0.52 ▲ 11.93%
Zogenix, Inc.	\$ 14.40	1.35 ▲ 10.34%
Iovance Biotherapeutics, Inc.	\$ 7.70	0.70 ▲ 10%
BSQUARE Corporation	\$ 4.9245	0.4245 ▲ 9.43%
Norwood Financial Corp.	\$ 31.71	2.73 ▲ 9.42%
Town Sports International Holdings, Inc.	\$ 7	0.60 ▲ 9.38%
Strattec Security Corporation	\$ 42.70	3.40 ▲ 8.65%
Juno Therapeutics, Inc.	\$ 45.14	3.52 ▲ 8.46%
Merus N.V.	\$ 18.32	1.41 ▲ 8.34%
Most Declined		
Versartis, Inc.	\$ 2.675	18.925 ▼ 87.62%
Intercept Pharmaceuticals, Inc.	\$ 61.59	12.11 ▼ 16.43%
Exelixis, Inc.	\$ 24.47	3.54 ▼ 12.64%
YogaWorks, Inc.	\$ 3.53	0.47 ▼ 11.75%
Zai Lab Limited	\$ 27.73	3.38 ▼ 10.86%
Epizyme, Inc.	\$ 16.95	1.75 ▼ 9.36%
Tactile Systems Technology, Inc.	\$ 30.86	3.12 ▼ 9.18%
PTC Therapeutics, Inc.	\$ 18.52	1.53 ▼ 7.63%
Vascular Biogenics Ltd.	\$ 6.15	0.50 ▼ 7.52%
Amicus Therapeutics, Inc.	\$ 14.61	1.17 ▼ 7.41%
Orexigen Therapeutics, Inc.	\$ 2.12	0.165 ▼ 7.22%

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*Fees and exchange rate data for banks taken from the International Money Transfer Index™ (IMTI™).

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SP16035EN

Gold is still popular

BULLION COINS ARE AN EASY WAY TO INVEST

IN times of international trouble and dispute, investors like to head towards gold as an alternative option to traditional stocks and shares.

The precious metal has enjoyed a buoyant few months especially with the 'disagreement' between North Korea and the USA having gained 12.9 per cent so far in 2017.

The current price of €1,090 for a troy ounce of fine (24 carat) gold is only slightly down on its highest price this year but for the small investor, spot price and actual cost to purchase can be quite different.

In many ways the most sensible way of purchasing gold is to buy bullion coins from reputable dealers and the larger the coin, the smaller the percentage over spot price they cost.

Countries such as Australia and South Africa which produce a great deal of gold are happy to use some of it in bullion coins in order to obtain foreign currency and the Kangaroo and Krugerrand amongst other gold coins are easily traded as well as being VAT free.

Investors are advised to keep well away from gold proof coins as although they are sold with pre-announced issue limits, they are sold at large percentages over spot and with so many being issued by literally hundreds of countries worldwide, the chance of a profit is very low.

There are other precious metal coins available, particularly platinum and silver but neither has the allure and general investment following as gold.

In addition to coins, it is possible to invest in bullion bars which have no legal tender status and may, in some countries be subject to VAT.

Spain does not produce any gold bullion coins and the only regularly produced coins from European Union countries are from France



ED HARBUZ:
Chief executive of
The Perth Mint and
a one ton gold
coin.

and the United Kingdom.

Whilst it is attractive to regard jewellery as an investment, it is worth noting that modern jewellery tends to be sold at up to 300 per cent more than spot, is generally made from a mix of gold and a second metal in order to add strength and also attracts VAT.

Jewellery is certainly an attractive way of owning precious metal but as an investment is not as certain as bullion coins which are portable and easily obtained, but like all investments, gold prices can go down as well as up.

BRITISH BANKS TO CHECK IMMIGRATION STATUS

New law effective January

ALTHOUGH legislation has existed since 2016, it will not be until January 2018 that banks will be required to check on the immigration status of customers.

The decision has been made in order to try to identify whether bank customers are resident in the UK legally or if they have either overstayed their visas or absconded from immigration checks.

Information on the identities of known persons due for deportation from the UK will be supplied by not for profit organisation Cifas to the banks who will then be required to close or freeze accounts for anyone appearing on the lists.

As Cifas is primarily an anti-fraud and money-laundering operation and as banks are likely to have to check up to 70 million accounts each quarter, it is suggested by observers that this may not be the best way to police the system.

With such a large number of accounts to check, the fear is that the banks and Home Office which will also supply information could make mis-



Photo by Charnsiri Shutterstock

PROVING right of entry and stay in the UK.

takes, leading to perfectly honest customers having their accounts frozen, especially as the banks are likely to err on the side of caution in order to ensure that they are not penalised.

Chief Executive of the Joint Council for the Welfare of Immigrants Satbir Singh told *The Guardian*: "The government's own record shows that it cannot be trusted even to implement this system properly.

"Immigration status is very complex, and the Home Office consistently gives out incorrect information and guidance."

This crackdown which seems more likely to affect those with common ethnic names or multiple accounts, may go some way to stopping some fake accounts, but with advance notice, anyone who is illegally in Britain will have time to close their bank accounts and remove their cash.

Indeed much of the 'black economy' operates with cash and sees those without papers working for third parties cash in hand.

The government however also plans to crack down on landlords and employers who do not obtain proper documentation from those who have no right to be living or working in the UK.

It is to be hoped that those expatriates living in Spain but with bank accounts in the UK will not fall foul of this new investigative procedure, although possession of a UK passport should go a long way to proving right of abode in the UK and Spain.

Ryanair tries to sort out mess

SPEAKING at the Annual General Meeting of Ryanair in Dublin, Michael O'Leary CEO admitted that the cancellation of flights would cost the airline at least €25 million.

He accepted that the problem was one caused within the airline as pilots tried to take 12 months of holidays in nine months due to an enforced change in the leave year and sympathised with passengers who had been affected.

The company is trying to persuade pilots to give up one week of their holiday in exchange for a cash payment which could be as much as €12,000 but both they and first officers are trying to hold out for new contracts and better conditions.

Spain's two top brands

IN an international review of the value of brands, the leader once again is Apple with a declared worth of €154.65 billion.

There are just two Spanish brands in the top 100, Inditex, owner of Zara comes in at number 24 with a value of €15.6 billion although it still sits one place behind Scandinavian competitor H&M.

The other Spanish success is the Santander banking group which sits in 68th place with a value of just €5.6 billion although it is the 10th most valuable group in finance and is beaten by global brands such as American Express and Visa.

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Kathy Hutchins Shutterstock

Award winning cast of Big Bang Theory.

Sky TV now online

WHILST many English speaking residents in Spain have been eager to learn details of the new Sky online package, it now appears to be cheap but not very inclusive.

The Spanish service is now available without contract at a cost of €10 per month with the first month free and a box costing €25.

The drawback is that there will only be 12 local pay-TV channels included in the package all broadcast in Spanish plus a limited number of 'box series.'

Channels supplied with this new service include Comedy Central, Nickelodeon, Disney's XD and Disney Junior, Syfy, TNT, TCM and Fox which will allow subscribers access to The Walking Dead and Big Bang Theory.

Due to licensing arrangements, there is no offer of Sky Sports or Sky Movies and although inexpensive, the whole package will have to compete with Amazon, HBO and Netflix as well as the English-speaking channels supplied unofficially via VPN or IPTV.

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Spanish government has not spent EU youth grants

CRITICS of the Spanish government claim that they are running the risk of further alienating unemployed under 25s even though the EU had granted €1.9 billion.

Despite the fact that the Spanish economy is recovering more quickly than most of the eurozone, the huge number of young people still unemployed is close to 40 per cent and many who do have jobs have short term contracts which pay badly.

The European Union youth jobs and employment programme was launched in 2014 but because Spain was required to spend the money first and then reclaim, it was initially reluctant to spend more money as it was being threatened with fines if it didn't reduce the public

deficit.

Now with the economy in a much happier state, it has to spend €1 billion by the end of 2017 and the balance in 2018 and opponents suggest that the government doesn't have a proper plan in place and therefore is sponsoring useless training which youngsters only apply for because they are bored.

If this suggestion is based on fact, then there is a distinct possibility that the European Union will refuse to refund the money spent as it will be reviewing the effectiveness of the training programmes put into place.

There was some thought of using the funds to 'top up' low youth salaries, but this may not be acceptable under EU budgetary guidelines.

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It's not exactly rocket science is it?

LEAPY LEE SAYS IT
OTHERS THINK IT



WELL, well. For the first time ever, this week I had a post removed from my Facebook (FB) pages. The short video was indeed distasteful, but one I felt deserved as much publicity as it could get. The film showed a naked white man being kicked and stoned to death by a number of black youths on a busy street in South Africa.

This horrific act was taking place in broad daylight and with no assistance whatsoever from any law enforcement or indeed passers-by.

The whole incident made me sick to my stomach and in normal circumstances I would never have dreamt of passing it on to friends and pursuers of my FB page, but these are not 'normal' times, are they? Not only did the piece make me wonder how the public, particularly the 'luvvie' brigade, would have reacted had it been a black man being kicked to death by a gang of whites, but it made me seriously wonder where the priorities of those faceless individuals who control the FB content actually lies.

At any given time, on this and the YouTube social media site, you can see men with their heads being sawn off, women stoned to death



NO QUESTIONS: Social media giants won't take action.

and the goriest executions imaginable, so why, can anyone enlighten me, do they find the murder of a white man by blacks so abhorrent they deem it necessary to take down? Would it, I wonder have anything to do with the fact that South Africa has been a democratic disaster and

a place of danger and injustices for white people for years, far worse in fact than it was for the black residents during apartheid?

I have regular contact with a number of friends who are among the dwindling numbers of those whites who still try to exist in this most

dangerous and blatantly anti-white country. Basically, the terrorists are now in charge and, like Saudi Arabia, which is also run by an undemocratic bunch of cruel dictators, control so many of the world's natural rich resources they literally get away with murder on a grand scale and are never brought to book.

Their horrendous practices are conveniently overlooked by the rest of the world's leaders because, well, money makes the world go around and heaven forbid any adverse publicity should be allowed to interfere with world economy or affect the purses of the small number of faceless individuals who actually run the world we live in. No. Don't expect any recriminations of SA from multi-billion conglomerates like FB or YouTube. It's not exactly rocket science is it?

Well you didn't think politicians were our overall masters did you? It's all a game my friends and you, me and our esteemed governmental elects merely the players.

Much love and congratulations to my beautiful daughter Melanie and handsome beau David, tying the knot this weekend. I wish you long, happy and peaceful lives together, your old Dad couldn't be more proud and happy for both of you.

Keep the faith
Love Leapy / leapylee2002@gmail.com

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BBC one

7:00am	Breakfast
10:15am	Fake Britain
11:00am	Homes Under the Hammer
12:00pm	Neighbourhood Blues
12:45pm	Thief Trackers
1:15pm	Bargain Hunt
1:38pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News <i>The latest news, sport and weather from London.</i>
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Invictus Games 2017
10:00pm	Ambulance
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week
1:30am	Weather for the Week Ahead
1:35am	BBC News

BBC TWO

7:00am	Flog It! Trade Secrets
7:30am	Fake Britain
8:15am	Neighbourhood Blues
9:00am	Nadiya's British Food Adventure
9:30am	Great British Menu
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	For What It's Worth
2:45pm	£100k House: Tricks of the Trade
3:45pm	Who Do You Think You Are?
4:45pm	Great American Railroad Journeys
5:15pm	Earthflight
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Strictly - It Takes Two
8:00pm	This Farming Life
9:00pm	The Big Family Cooking Showdown
10:00pm	Russia with Simon Reeve
11:00pm	The Premier League Show
11:30pm	Newsnight
12:15am	The Detectives
1:15am	Celebrity MasterChef
2:45am	This Farming Life
3:45am	This is BBC Two

BBC FOUR

8:00pm	Beyond 100 Days <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops <i>Richard Skinner and John Peel present the pop chart programme, first broadcast on 9 August 1984.</i>
9:00pm	British History's Biggest Fibs with Lucy Worsley
10:00pm	The 80s with Dominic Sandbrook
11:00pm	Top of the Pops
12:00am	Top of the Pops
1:00am	Top of the Pops
1:35am	Music Moguls: Masters of Pop
2:35am	Twin Sisters: A World Apart
3:35am	British History's Biggest Fibs with Lucy Worsley
4:35am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Coast v Country
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	French Collection
3:10pm	Countdown
4:00pm	Find it, Fix it, Flog it
5:00pm	My Kitchen Rules
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:55pm	The Political Slot
9:00pm	The Supervet
10:00pm	Educating Greater Manchester
11:00pm	The Great British Bake Off: An Extra Slice
11:50pm	The Undateables
12:55am	Gogglebox

CHANNEL 5

8:20am	Noddy: Toyland Detective
8:35am	Paw Patrol
8:50am	Rusty Rivets
9:05am	Digby Dragon
9:15am	Floogals
9:35am	Peppa Pig
9:45am	Peppa Pig
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	The Mentalist
4:15pm	A Mother Betrayed
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Police Interceptors
9:00pm	Nightmare Tenants, Slum Landlords
10:00pm	Eamonn and Ruth's 7 Year Itch
11:00pm	Gypsy Kids: Our Secret World
12:05am	Undercover Benefits Cheat

4

8:00am	Charmed
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	2 Broke Girls
10:30am	2 Broke Girls
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	2 Broke Girls
5:30pm	2 Broke Girls
6:00pm	The Goldbergs
6:30pm	Stage School
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	All Star Driving School
9:00pm	The Big Bang Theory
9:30pm	Kevin Can Wait
10:00pm	Body Fixers
11:00pm	Celebs Go Dating
12:05am	The Big Bang Theory

sky sports main event

7:00am	Good Morning Sports Fans
7:30am	Good Morning Sports Fans
8:00am	Good Morning Sports Fans
8:30am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
10:30am	Live British Masters Golf <i>Day one of the British Masters supported by Sky Sports, held at Close House, Northumberland.</i>
6:30pm	Live British Masters Masterclass
7:00pm	Live Presidents Cup <i>Day one of the Presidents Cup, hosted at Liberty National Golf Club in New Jersey.</i>
8:30pm	Live Super League
11:00pm	The Debate - Live
12:00am	Through the Night

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Dickinson's Real Deal
5:00pm	Tipping Point
6:00pm	The Chase <i>Quiz show hosted by Bradley Walsh.</i>
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Work 'till You Drop? Tonight
9:00pm	Emmerdale
9:30pm	Paul O'Grady: For the Love of Dogs
10:00pm	Safe House
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	UEFA Europa League Highlights
12:55am	Bear Grylls: Mission Survive
1:45am	Jackpot247

itv2

7:25am	Totally Bonkers Guinness World Records
7:50am	Totally Bonkers Guinness World Records
8:15am	Below Deck
9:00am	Emmerdale
9:30am	Coronation Street
10:00am	Coronation Street
10:30am	The Ellen DeGeneres Show
11:20am	Below Deck
12:15pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	Coronation Street
2:20pm	Coronation Street
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
4:50pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	Dress to Impress
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Bromans
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:15am	Family Guy

itv3

7:00am	Judge Judy
7:20am	Judge Judy
7:40am	Heartbeat
8:40am	Where the Heart is
9:40am	Wild at Heart
10:45am	Judge Judy
11:10am	Judge Judy
11:35am	Judge Judy
12:00pm	George and Mildred
12:35pm	On the Buses <i>Sitcom about a bus company.</i>
1:10pm	On the Buses
1:40pm	Barging Round
2:10pm	Heartbeat
3:10pm	Doc Martin
4:10pm	Wild at Heart
5:15pm	On the Buses
5:50pm	On the Buses
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Foyle's War <i>Feature-length drama about an enigmatic detective working on the south coast during World War II.</i>
11:10pm	Lewis
1:10am	Wycliffe
2:15am	Wycliffe
3:10am	ITV3 Nightscreen

itv4

7:00am	Hat-Trick Heroes
7:15am	The Chase
8:00am	The Chase
9:00am	The Car Chasers
9:30am	The Car Chasers
10:00am	Pawn Stars
10:30am	Pawn Stars
11:00am	Test Match Bowls Live <i>Rishi Persad, Paul Coleman and John Price present live coverage of day two of the mixed test match between England and Wales.</i>
6:30pm	The Car Chasers
7:00pm	The Car Chasers
7:35pm	Storage Wars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	Hornblower
11:15pm	Heartbreak Ridge
12:15am	FYI Daily <i>A round-up of the latest entertainment news.</i>
12:20am	Heartbreak Ridge
1:55am	Red Heat
2:55am	FYI Daily
3:00am	Red Heat
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

9:40am	The Karate Kid, Part II
11:40am	Charlie's Angels
1:25pm	Charlie's Angels: Full Throttle
3:20pm	In the Heart of the Sea
5:25pm	The Patriot
8:15pm	xXx2: The Next Level
10:00pm	Tarzan
12:00am	The Bourne

sky CINEMA COMEDY

7:10am	Ghostbusters: Special
7:40am	Fred Claus
9:40am	Gremlins
11:35am	Robin Hood: Men in Tights
1:25pm	Popstar: Never Stop Never Stopping
3:00pm	Bruce Almighty
4:45pm	Crocodile Dundee II
6:45pm	Knocked Up
9:00pm	Popstar: Never Stop Never Stopping
10:35pm	Couples Retreat
12:35am	Zoolander 2
2:25am	Bad Santa
4:15am	Grosse Pointe Blank

sky CINEMA PREMIERE

7:00am	Born to be Blue <i>Haunting drama following legendary jazz musician Chet Baker as he struggles to launch a comeback.</i>
8:50am	The Top Ten Show 2017
9:10am	Away
11:15am	Girl Asleep
12:45pm	Fantastic Beasts and Where to Find Them: Special <i>Sky Movies takes a behind-the-scenes look at the latest trip into JK Rowling's wizarding world.</i>
1:15pm	The Accountant
3:35pm	Hijacked: Terror in the Sky
5:20pm	Born to be Blue
7:10pm	Southern Fury
9:00pm	The Accountant
11:15pm	Hijacked: Terror in the Sky
1:00am	Southern Fury
2:45am	Graduation
5:00am	Girl Asleep

sky sports football

11:00am	Eredivisie
12:00pm	Football Years
12:30pm	Football Countdowns
1:00pm	Eredivisie
2:00pm	Football's Greatest Teams
2:30pm	Football's Greatest Teams
3:00pm	Eredivisie
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	EFL Greatest Games
5:30pm	SPFL Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	La Liga Icons
7:30pm	La Liga Greatest
8:00pm	EFL Matters
8:30pm	EFL Midweek Goals: Championship
9:00pm	EFL Midweek Goals: Leagues 1 & 2
9:30pm	EFL Matters
10:00pm	EFL Midweek Goals: Championship
10:30pm	EFL Midweek Goals: Leagues 1 & 2
11:00pm	La Liga Show
11:30pm	EFL Matters
12:00am	EFL Midweek Goals: Championship

Waking up to a flightmare and a flight old mess!

Nora Johnson
Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynnews.com/3.0.15/nora-johnson

NEARLY half a million passengers hit by Ryanair's cancellation fiasco, half a billion pounds wiped off the airline's value and CEO Michael O'Leary's own admission: 'it's a mess-up'!

But knowing Ryanair, I'm sure it already has a plan to restore its fortunes. After all, you've only got to look for clues at O'Leary's own past announcements:

1. On upright seating: "I'd love to operate aircraft where we take out the back 10 rows and put in hand rails. We'd say if you want to stand, it's €5. People say: 'Oh, but the people standing may get killed if there's a crash.' Well, with respect, the people sitting down might get



RYANAIR: Stack 'em high, sell 'em cheap and (inset) beleaguered boss Michael O'Leary.

killed as well."

2. On low fares: "I don't see why in 10 years' time you wouldn't fly people for free. Why don't airports pay us for delivering the passengers to their shops?"

3. On turbulence: "If drink sales are falling off we get the pilots to engineer a bit of turbulence. That usually spikes up the drink sales."

Those of you familiar with Ryanair will recall the bad old

days: the no-frills flights but with all the usual trimmings. The constant hard sell from the moment you boarded to the moment you landed: snacks, scratch cards, duty-free goods, rail tickets, babies from East European orphanages. I made the last bit up but you get the message.

Overall, it's hugely improved. And, generally, it's been punctual, efficient and does what it says on the tin. Trouble is, the

travelling public would love flying to be like it's depicted in the old Hollywood movies. Beautiful, dolly bird hostesses and handsome, square-jawed pilots who never flapped in an emergency. If it was still like that, only oligarchs would be able to fly.

O'Leary put it in a nutshell: nowadays a plane is just a bus with wings and the passengers referred to as SLF (self loading freight). You can expect to get the same treatment as on the number 53 bus.

Bon voyage and happy landing!

Nora Johnson's psychological crime thrillers 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

THURSDAY THOUGHTS

By Graham Braben, Almeria

Money well spent

BOY did we make a mistake! We went on the M1 a few weeks ago. Little did we know that we had chosen National Traffic Standing Still Day for our journey! Well being stuck on the M1 made me think of the Voyager Space Probes.

You may recall that the Voyagers were launched in 1977 with a big fanfare as they were designed to go deep into space and make contact with alien life. To help with this they had on board golden records with contemporary sounds of the Earth. There are two things here I don't think NASA thought about.

First of all, where are those poor aliens going to get hold of a turntable at such short notice so they can play the records? Then the other, major oversight! If they contain contemporary sounds don't they think that once whoever finds these probes gets to the track with Boney M singing Ma Baker that they'll decide that Earth's intelligent life is not quite worth the trouble of popping over to meet us?

But this is going off the point. The reason these probes came to mind when we were on the M1 is that mission control at NASA say that after 40 years their journey is only just beginning! And that's exactly the length of time we felt as if we were on that motorway without any sense of movement.

Apart from reminding me of Voyager, that traffic jam did give me an idea for a tip top business. Surely, if you go into business designing more red cones than you'll make a fortune! But there were road works, cones, speed limits but not a sign of anyone working! Where do they all go? Perhaps on its journey into deep space Voyager will uncover the planet where all road workers go to, now that would be money well spent by NASA.

Readers interested in submitting articles for this guest column should send articles of around 250 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynnews.com.



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BBC one

7:00am	Breakfast
10:15am	Fake Britain
11:00am	Homes Under the Hammer
12:00pm	Neighbourhood Blues
12:45pm	Thief Trackers
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	Britain Afloat
9:00pm	EastEnders
9:30pm	Invictus Games 2017
10:00pm	Death in Paradise
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Graham Norton Show
12:25am	Room 101
12:55am	Up in the Air

BBC TWO

7:00am	Flog It! Trade Secrets
7:30am	Fake Britain
8:15am	Neighbourhood Blues
9:00am	Gardeners' World
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	For What It's Worth
2:45pm	£100k House: Tricks of the Trade
3:45pm	Who Do You Think You Are?
4:45pm	Great American Railroad Journeys
5:15pm	Earthflight
6:15pm	Flog It!
7:00pm	Strictly - It Takes Two
8:00pm	This Farming Life
9:00pm	Mastermind
9:30pm	Only Connect
10:00pm	Victoria Coren Mitchell hosts the series where knowledge will only take you so far.
11:00pm	Gardeners' World
11:30pm	Mock the Week
11:30pm	Newsnight
12:05am	Dragons' Den

BBC FOUR

8:00pm	World News Today
8:30pm	Top of the Pops
9:00pm	Miley Cyrus and More: Live Lounge Special
10:00pm	Clara Amfo takes us behind the scenes of Radio 1's Live Lounge. She heads to Malibu to catch Miley Cyrus in session in her very own back garden.
10:00pm	The Last Pirates: Britain's Rebel DJs
11:00pm	Disco at the BBC
12:00am	TOTP 2 Presents the 90s
1:00am	A Top of the Pops 2 special featuring music from the 90s, with archive studio performances and promo videos.
1:00am	Top of the Pops
1:30am	Ultimate Number 1s
2:30am	Big in America
3:30am	The Last Pirates: Britain's Rebel DJs
4:30am	This is BBC Four

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:10am	King of Queens
8:30am	King of Queens
8:55am	Formula 1
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Coast v Country
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	French Collection
3:10pm	Countdown
4:00pm	Find it, Fix it, Flog it
5:00pm	My Kitchen Rules
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Unreported World
9:00pm	The Crystal Maze
10:00pm	Gogglebox
11:00pm	The Last Leg
12:05am	First Dates
1:10am	Back
1:40am	The Great British Bake Off: An Extra Slice
2:20am	The Man with the Iron Fists

CHANNEL 5

8:50am	Rusty Rivets
9:05am	Digby Dragon
9:15am	Floogals
9:35am	Peppa Pig
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	The Mentalist
4:15pm	Cradle of Lies
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Secrets of the National Trust with Alan Titchmarsh
9:00pm	Britain by Bike with Larry and George Lamb
10:00pm	A Celebrity Taste of Italy
11:00pm	In Therapy
12:05am	Alaska: A Year in the Wild

4

7:00am	Hollyoaks
7:30am	Hollyoaks
8:00am	Charmed
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	2 Broke Girls
10:30am	2 Broke Girls
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
5:00pm	2 Broke Girls
5:30pm	2 Broke Girls
6:00pm	The Goldbergs
6:30pm	Stage School
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	All Star Driving School
9:00pm	Never Been Kissed
11:00pm	Celebs Go Dating
12:05am	The Big Bang Theory
12:40am	The Big Bang Theory

sky sports main event

7:00am	Good Morning Sports Fans
7:30am	Paddock Uncut
7:45am	Live Malaysian GP: Practice
	The second practice session from the Malaysian Grand Prix at the Sepang International Circuit.
10:00am	Good Morning Sports Fans
10:30am	Live British Masters Golf
1:00pm	Cricket
8:45pm	Live Super League
11:00pm	The Debate - Live
12:00am	Through the Night
1:00am	Through the Night
2:00am	Through the Night
3:00am	Through the Night
4:00am	Through the Night
5:00am	Through the Night
	A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Dickinson's Real Deal
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Teach My Pet to Do That
9:30pm	Coronation Street
10:00pm	Cold Feet
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	Bad Move
12:15am	Tonight at the London Palladium
1:10am	Jackpot247
4:00am	Storage Hoarders

itv2

7:00am	You've Been Framed!
7:25am	Totally Bonkers Guinness World Records
7:50am	Totally Bonkers Guinness World Records
8:15am	Below Deck
9:00am	Emmerdale
9:30am	Emmerdale
10:00am	You've Been Framed!
10:30am	The Ellen DeGeneres Show
11:20am	Below Deck
12:15pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	Emmerdale
2:20pm	You've Been Framed!
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
7:00pm	Dress to Impress
8:00pm	Funniest Ever You've Been Framed
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	2 Fast 2 Furious
12:10am	Family Guy
12:35am	Family Guy

itv3

7:00am	Judge Judy
7:20am	Judge Judy
7:40am	Heartbeat
8:40am	Where the Heart is
9:40am	Wild at Heart
10:45am	Judge Judy
11:10am	Judge Judy
11:35am	Judge Judy
12:00pm	George and Mildred
12:35pm	On the Buses
1:05pm	On the Buses
1:40pm	Bargaining Round Britain with John Sergeant
2:10pm	Heartbeat
3:10pm	Doc Martin
4:15pm	Doc Martin
5:20pm	Wild at Heart
6:20pm	George and Mildred
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Rosemary and Thyme
10:00pm	Long Lost Family
11:05pm	Lewis
1:05am	Mr Selfridge
2:05am	My Boy Jack
3:45am	Lewis
5:20am	Housewife 49

itv4

7:00am	The Chase
7:50am	The Chase
8:45am	The Avengers
9:50am	The Car Chasers
10:25am	The Car Chasers
10:50am	Pawn Stars
11:20am	Pawn Stars
11:50am	Cash Cowboys
12:50pm	The Avengers
1:55pm	River Monsters
2:30pm	ITV Racing: Live From Newmarket
5:00pm	Minder
6:00pm	The Avengers
7:05pm	The Car Chasers
7:35pm	The Darts Show
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	The Living Daylights
10:05pm	FYI Daily
10:10pm	The Living Daylights
11:40pm	Fire Down Below
12:45am	FYI Daily
12:50am	Fire Down Below
1:55am	Universal Soldier: Day of Reckoning
2:55am	FYI Daily
3:00am	Universal Soldier: Day of Reckoning
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

11:05am	Behind Enemy Lines
1:00pm	X-Men Origins: Wolverine
2:55pm	Green Zone
4:55pm	Walking Tall
6:30pm	Master and Commander: The Far Side of the World
9:00pm	Hanna
11:00pm	Underworld: Blood Wars
12:40am	300

sky CINEMA COMEDY

10:00am	Gremlins 2: The New Batch
11:50am	Notting Hill
2:00pm	Mike and Dave Need Wedding Dates
3:50pm	Paul
5:40pm	Ordinary World
7:15pm	Dad's Army
9:00pm	Mike and Dave Need Wedding Dates
10:45pm	Paul
12:35am	Uncle Buck
2:20am	Planes, Trains and Automobiles

sky CINEMA PREMIERE

7:00am	Love of My Life
9:00am	Southern Fury
10:50am	The Accountant
1:05pm	Xxx: Return of Xander Cage
	Beefed-up superspy Xander Cage is brought out of exile to retrieve a powerful weapon known as Pandora's Box.
3:05pm	Hijacked: Terror in the Sky
4:50pm	Away
6:50pm	The Accountant
9:00pm	Xxx: Return of Xander Cage
11:00pm	Southern Fury
12:50am	Hijacked: Terror in the Sky
2:35am	Girl Asleep
4:10am	Graduation

sky sports football

7:00am	EFL Greatest Games
7:15am	EFL Greatest Games
7:30am	SPFL Greatest Games
7:45am	SPFL Greatest Games
8:00am	Football Years
8:30am	Football Countdowns
9:00am	Football's Greatest
9:30am	EFL Matters
10:00am	EFL Midweek Goals: Championship
10:30am	EFL Midweek Goals: Leagues 1 & 2
11:00am	Football
1:00pm	Eredivisie
2:00pm	EFL Matters
2:30pm	EFL Midweek Goals: Championship
3:00pm	EFL Midweek Goals: Leagues 1 & 2
3:30pm	MLS Round Up Show
4:00pm	Football's Greatest
4:30pm	Football's Greatest Teams
5:00pm	Football
7:00pm	SPFL Matters
7:30pm	EFL Matters
8:00pm	Football
11:15pm	SPFL Matters
11:45pm	Magical Messi
12:45am	La Liga Greatest

Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

Spectre from the past

THEY got Al Capone for unpaid taxes and they're digging for dirt on Cataluña's regional president Carles Puigdemont.

Allegedly Puigdemont can be linked to dodgy deals and contracts in Girona whose mayor he was before being called to greater things in Barcelona.

Puigdemont, incidentally, was never elected president but took over when CUP demanded Artur Mas's head in exchange for their votes in the 2015 regional elections.

Much of CUP's disapproval of Mas resided in his links to the demonstrably corrupt Pujol governments. Now it turns out that Puigdemont isn't exactly lilywhite himself and allowed questionable contract procedures to continue. Hardly heinous but not the best image for someone who enjoys throwing the first stone where corruption is concerned.

Grammar lesson

JUNCKER said it loud and clear and not for the first time: if Cataluña leaves



INDEPENDENCE PLAYERS: Catalans demand the right to vote and (inset) from left Jean-Claude Juncker, Mariano Rajoy and Carles Puigdemont.

Spain it leaves the European Union. Asked if the EU would recognise an independent Cataluña as a country he replied that it would if that were the outcome of a legal referendum.

Jubilant secessionists threw their Catalan-Phrygian caps in the air before Juncker got to the end of the sentence and were crestfallen when they learnt that the EU president had used the conditional tense and the adjective 'legal.'

The separatists have only even listened to what they wanted to hear and

never did manage to get the message sent by the poor turnout for the November 9 mini-referendum in 2014 and the discouraging 2015 regional elections.

The snowball and the avalanche

EIGHT of the 12 ministers in Rajoy's first government were lawyers and two - including the vice-president Soraya Saenz de Santamaria - were State

lawyers. Dolores de Cospedal, Saenz de Santamaria's eternal rival who is also the Partido Popular's Secretary General in the present government, is another.

They are the legal representatives of state and public bodies, possessing a prestigious qualification requiring years of study. Rajoy was Spain's youngest ever Property Registrar - another plum post - at the age of 23.

Rajoy's government knows the law inside out and sheltering behind the legal system and the courts is its habitual response to corruption scandals and Catalan independence.

Snowballs become avalanches and Catalan independence is enveloping Spanish politics in a whiteout that will not clear whether or not the referendum is eventually held and whatever its outcome.

The snowball that Mariano Rajoy's government has ducked time and time again is hitting home and it's full of stones.

But instead of reacting with an 'Ouch!' and offering to talk about it, Rajoy remained calm and warned the

snowball-throwers that they must face the legal consequences.

It didn't work when the Catalan separatists began baying during Rajoy's first term. It has produced disastrous results in the second and no-one, let alone Rajoy and his legal eagles, knows where it is leading to now.

Back to basics

PODEMOS and the small parties under its umbrella are planning a national assembly that will back separatism throughout Spain.

Presumably that will make kingdoms of Valencia, Navarra, Aragon and Castillas with Andalucia reverting to a caliphate. Not so good, though, for Cataluña in the event of a Catflap (Cat-exit, gettit?) as it would be reduced to the vastly inferior status of a measly county.

Venezuelan dictator Nicolas Maduro has expressed his support for the Catalan Proces towards independence. With friends like that who needs an enema, as the poet once said.



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BBC one

7:00am Breakfast
11:00am Saturday Kitchen Live
12:30pm The Hairy Bikers' Comfort Food
1:00pm Football Focus
2:00pm BBC News
2:10pm Weather
2:15pm Rugby League
3:15pm Bargain Hunt
4:15pm Escape to the Country
5:00pm Final Score
6:10pm Invictus Games 2017
6:40pm BBC News
6:50pm Regional News
6:55pm Weather
7:00pm Pointless
7:45pm Strictly Come Dancing
9:50pm Casualty
10:40pm Mrs. Brown's Boys
11:10pm BBC News
11:25pm Weather
11:30pm Match of the Day
12:55am The NFL Show
1:25am The Salton Sea
3:00am Weather for the Week Ahead
3:05am BBC News

BBC TWO

7:15am How We Won the War
7:45am Coast
8:30am Herbie Goes Bananas
10:00am Saturday Mash-Up!
10:20am Danger Mouse
10:35am Danger Mouse
11:00am The Next Step
11:15am The Next Step
12:00pm Natural World
1:00pm Rick Stein's Long Weekends
2:00pm Flog It!
2:30pm Mastermind
3:00pm University Challenge
3:30pm Only Connect
4:00pm Rowing
6:30pm Gardeners' World
7:30pm The Big Family Cooking Showdown
8:30pm Front Row
9:00pm Britain Afloat
9:30pm Dad's Army
10:00pm Stop All the Clocks
11:00pm Kate Tempest Presents...
11:30pm Later... with Jools Holland
12:35am The Edge of Love
2:20am Trishna

BBC FOUR

8:00pm The Incredible Human Journey
9:00pm Wild China Documentary series whose pioneering images capture the dazzling array of the mysterious and wonderful creatures that live in China's most beautiful landscapes.
10:00pm Black Lake
10:40pm Black Lake
11:25pm James May: The Reassembler
11:55pm James May: The Reassembler
12:25am Top of the Pops
1:00am Top of the Pops
1:30am Sammy Davis Jr: The Kid in the Middle Documentary telling Sammy Davis Jr's remarkable life story.
2:30am Bombay Railway
3:30am Wild China
4:30am This is BBC Four

CHANNEL 4

7:00am Nic Hamilton's Racing Dream
7:55am Formula 1
9:25am F1 Meets
9:55am Formula 1
12:45pm World's Most Expensive Cars
1:40pm The Simpsons
2:05pm The Simpsons
2:30pm Formula 1
4:30pm Homes by the Sea
5:30pm A Place in the Sun
6:35pm Location, Location, Location
7:30pm Channel 4 News
8:00pm Britain's Ancient Tracks with Tony Robinson
9:00pm WWII's Great Escapes
10:00pm Now You See Me
12:10am Tower Heist
2:05am The Last Leg
3:00am Hollyoaks Omnibus
5:05am Location, Location, Location Phil Spencer and Kirstie Allsopp help two couples in Gloucestershire.

CHANNEL 5

10:55am Peppa Pig
11:00am Olly the Little White Van
11:10am Teenage Mutant Ninja Turtles
11:45am Cats Make You Laugh Out Loud
12:40pm On Benefits
1:40pm Nightmare Tenants, Slum Landlords
2:35pm Nightmare Tenants, Slum Landlords
3:35pm The Nightmare Neighbour Next Door
4:35pm The Nightmare Neighbour Next Door
5:35pm 5 News Weekend
5:40pm Can't Pay? We'll Take it Away!
6:35pm Can't Pay? We'll Take it Away!
7:35pm The Fifth Element
8:35pm 5 News
8:45pm The Fifth Element
9:55pm 5 News Weekend
10:00pm Football on 5
11:00pm Football on 5
11:25pm Jumper
1:05am Super Casino

4

7:00am Stage School
7:30am Stage School
7:55am Stage School
8:30am Stage School
9:00am Stage School
9:30am The Goldbergs
10:00am The Goldbergs
10:30am Brooklyn Nine-Nine
11:00am Brooklyn Nine-Nine
11:30am The Goldbergs
12:00pm The Goldbergs
12:30pm The Goldbergs
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm Cheaper by the Dozen
3:55pm Don't Tell the Bride
5:00pm The Great British Bake Off
6:15pm The Great British Bake Off: An Extra Slice
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm The Big Bang Theory
8:30pm The Big Bang Theory
9:00pm Volcano
11:00pm Dredd
12:55am The Inbetweeners
1:30am The Inbetweeners
2:00am Celebs Go Dating

sky sports main event

7:00am Good Morning Sports Fans
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Live Malaysian GP: Qualifying
12:30pm Football Huddersfield Town take on Tottenham Hotspur at John Smith's Stadium in the Premier League.
4:00pm Live Super Lge Million Pound Game
6:30pm Football
8:40pm Live Fight Night
12:30am Rugby Union
2:45am Super League Highlights
3:00am Through the Night
4:00am Through the Night
5:00am Through the Night A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.

itv

7:00am CITV
10:25am ITV News
10:30am Saturday Morning with James Martin
12:25pm Hungry Sailors
1:20pm ITV News and Weather
1:25pm Midsomer Murders
3:25pm Catchphrase
4:10pm The X Factor
5:10pm Thunderbirds are Go Reboot of the classic 1960s series following the exploits of the Tracy brothers.
5:40pm Little Big Shots
6:35pm Local News and Weather
6:45pm ITV News and Weather
7:00pm Cannonball!
8:00pm The Family Chase
9:00pm The X Factor
10:30pm The Jonathan Ross Show
11:30pm ITV News and Weather
11:45pm American Pie 2
1:40am Jackpot247

itv2

7:00am Totally Bonkers Guinness World Records
7:10am Emmerdale Omnibus
9:45am Coronation Street Omnibus
12:30pm The X Factor
1:35pm Take Me Out
2:55pm Babe
3:55pm FYI Daily
4:00pm Babe
4:45pm Smurfs 2
5:45pm FYI Daily
5:50pm Smurfs 2
6:50pm The Hobbit: An Unexpected Journey
7:50pm FYI Daily
7:55pm The Hobbit: An Unexpected Journey
10:00pm The Hangover
11:00pm FYI Daily
11:05pm The Hangover
12:05am Family Guy
1:10am Family Guy
1:35am American Dad!
2:05am Celebrity Juice
2:50am Bromans
3:40am Totally Bonkers Guinness World Records

itv3

7:00am Judge Judy
7:20am Murder, She Wrote
8:15am Death on the Nile
9:15am FYI Daily
9:20am Death on the Nile
11:00am Columbo
12:40pm Hidden Treasure
2:45pm Rosemary and Thyme Light-hearted drama series about a pair of gardening enthusiasts turned amateur sleuths.
3:45pm Foyle's War
5:55pm Foyle's War
8:00pm Midsomer Murders
10:00pm Midsomer Murders
12:05am My Boy Jack
2:05am On the Buses
2:35am On the Buses
3:00am ITV3 Nightscreen
3:30am Teleshopping Innovative, value-for-money products brought directly to you at home.

itv4

7:00am Football Rivalries Man Utd v Liverpool.
7:10am Brdc British F3 Championship Highlights
8:00am Motorsport UK
9:00am Monster Carp
10:00am Fishing Allstars
10:30am ITV Racing: The Opening Show
11:30am World Cup Top Goalscorers
11:45am Pawn Stars
12:10pm Pawn Stars
12:40pm Pawn Stars
1:05pm Pawn Stars
1:35pm Pawn Stars
2:00pm Pawn Stars
2:30pm ITV Racing Live
5:00pm Pawn Stars
5:25pm The Dam Busters
6:25pm FYI Daily
6:30pm The Dam Busters
8:00pm Hornblower
10:20pm Heartbreak Ridge
11:20pm FYI Daily
11:25pm Heartbreak Ridge
1:00am Falling Down
2:00am FYI Daily
2:05am Falling Down

sky CINEMA ACTION & ADVENTURE

11:10am G.I. Joe: The Rise of Cobra
1:10pm Troy
3:55pm Jack Reacher: Never Go Back
6:00pm Teenage Mutant Ninja Turtles: Out of the Shadows
8:00pm Beowulf
10:00pm Jack Reacher: Never Go Back
12:05am I Am Legend

sky CINEMA COMEDY

8:05am Hot Shots!
9:40am Hot Shots! Part Deux
11:15am Zoolander
1:00pm Bridget Jones's Baby
3:10pm Mrs. Brown's Boys D'Movie
4:50pm The Blues Brothers
7:15pm Walk Hard: The Dewey Cox Story
9:00pm Bridget Jones's Baby
11:10pm Mrs. Brown's Boys D'Movie
12:50am Dirty 30
2:30am Krampus

sky CINEMA PREMIERE

7:00am Away
9:00am The Accountant
11:10am Fantastic Beasts and Where to Find Them: Special
11:40am Xxx: Return of Xander Cage
1:40pm Cooties
3:20pm Born to be Blue
5:10pm Hijacked: Terror in the Sky
6:50pm The Accountant
9:00pm Xxx: Return of Xander Cage
Beefed-up superspy Xander Cage is brought out of exile to retrieve a powerful weapon known as Pandora's Box.
11:00pm Cooties
12:45am Southern Fury
2:40am Hijacked: Terror in the Sky
4:25am Girl Asleep

sky sports football

7:00am EFL Greatest Games
7:15am EFL Greatest Games
7:30am SPFL Matters
8:00am Football
11:15am SPFL Matters
11:45am La Liga Greatest Games
11:55am Live La Liga 2017/18
2:00pm Gillette Soccer Saturday
4:15pm Gillette Soccer Saturday
6:15pm Football
8:40pm Live La Liga 2017/18
10:45pm EFL Goals: Championship
11:15pm Ronaldo
11:45pm EFL Greatest Games
12:00am EFL Greatest Games
12:15am EFL Goals: Championship
12:45am MLS Greatest Games
1:00am Football
3:00am MLS Greatest Games
3:05am Football
5:10am EFL Goals: Championship
5:45am MLS Greatest Games

LEGALLY SPEAKING

Driving classic cars

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



CLASSIC CARS: Governed by the same rules as normal vehicles.

A NUMBER of classic car owners and associations have asked about the laws that refer specifically to this type of vehicle and what provisions the drivers must make when driving on Spanish roads.

Royal Decree 1247/1995, deals with the reglamento de vehículos históricos, rules for historic vehicles, or classic cars, under article 10 of the Normas de circulación.

First and foremost, unless rules are specifically in place for this type of vehicle, classic cars are governed by the same laws and rules as normal vehicles, including the requirement of liability insurance.

The rules relating to the technical inspection and registration are also applicable, as per normal vehicles. The period of the technical inspection also remains the same, unless otherwise indicated in the official report.

Those vehicles which, on account of their age or constructive characteristics, do not have lights or indicators as are normally required by law, are

not allowed to travel between sunset and sunrise, or in circumstances which would normally require the use of these lights and indicators.

Historic vehicles that are not able to exceed the speed of 40 kilometres per hour should drive on the shoulder, if practicable, or, alternatively, as close as possible to the right outside edge of the roadway, except when overtaking or turning left, manoeuvres which may force other drivers to abruptly change the direction or speed of their vehicles. Historic vehicles are not allowed on the motorway if they are unable to reach a speed of at least 60 kilometres per hour.

The Dirección General de Tráfico also reserves the right to prohibit classic cars on certain dates and routes, if they are not able to exceed the speed of 80 kilometres per hour.

As for situations when classic cars can travel on the roads as a group, Annex II of the Reglamento General de Circulación, article 32 of section 3 details Participación de vehículos históricos and refers to group activities.

For more news and articles visit www.n332.es or search N332 on Facebook.

Where are his title deeds?

Q. How can I find the title deeds for my apartment in Alcudia, Mallorca? We left them with Halifax Bank España, with whom we had a mortgage. This was paid off several years ago but we let the

bank hold the deeds for us. As far as I can ascertain the branches in Mallorca have now closed, leaving us with no one to contact.

PC (Balears)

A. When you purchased your flat, you signed the deed at a Spanish Notary, at the same time you signed the mortgage deed.

This Notary has your original title deed in his computer. The bank has an authorised copy. The

David Searl
You and the Law
in Spain



piece of paper is not important. Go to the Notary and get an authorised copy of your deed. Be alert. Even if your mort-

gage is paid, it is quite possible that the bank has not officially cancelled it in the Property Registry.

The Notary or your lawyer can check on this. You might need to contact Halifax Lloyds Bank to find out. Try calling 902 024 365.

Send your questions for David Searl through lawyers Ubeda-Retana & Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

Can you believe it's run off Windows 7??

Mike Senker

In my opinion

Views of a Grumpy Old Man



I WENT off on my travels last week. First stop was London with Monarch that does flights not leaving at silly o' clock in the morning. I have to say that I was very impressed with their in-flight food menu.

They even did a mini English breakfast so I settled back in my seat and waited for the crew member to ask what my choice of culinary delight would be. The trolley pulled up and she looked at me and asked would I like anything from the trolley.

I said, 'yes please, I'd like the English breakfast.' 'Sorry, we don't have any left.' 'Hmmm OK, I'll have the bacon baguette please.' 'Sorry, actually we don't have any food left.' Now for those of you thinking 'full flight - these things happen - you are right it does. But I was in row seven and they had sold out. ROW SEVEN! It doesn't make sense does it? They present you with this menu of goodies then nada.

They should at least make some announcement and inform you. I'll tell you what they didn't run out off though - their bloody scratch cards! They were on the PA system quick enough, flogging them, telling us that we could win lots of money from what they collect and a 'percentage' goes to charity.

They didn't say how big the percentage was and old, cynical me thinks that it's not very much. If it was 100 per cent I might be more tempted and if the first prize was a bacon sarnie I would definitely have had a punt!

My next leg was to the USA. I get there and everything is going nice and smoothly until I reach security. I'm in my wheelchair with someone helping me to get through.

We get up to the bit where they look at your boarding pass and make you look into a camera. It's the bit you get to before you have to take your belt off and shoes and have to walk through (not me of course) holding your trousers up and hoping you don't step on anything that is going to injure you. Anyway it's not working and I watch the security guy reset the computer.

Ready for this? The security system runs off Windows 7! Yup Gatwick Airport runs off Windows 7!! It's an absolute farce.



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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
8:35am	Match of the Day
10:00am	The Andrew Marr Show
11:00am	Sunday Morning Live
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:10pm	Weather for the Week Ahead
2:15pm	Money for Nothing
3:00pm	Escape to the Country
4:00pm	Points of View
4:15pm	Songs of Praise
4:50pm	How to Stay Young
5:50pm	Invictus Games 2017
6:50pm	BBC News
7:05pm	Regional News
7:10pm	Weather
7:15pm	Countryfile
8:15pm	Strictly Come Dancing
9:00pm	Antiques Roadshow
10:00pm	The Last Post
11:00pm	BBC News
11:20pm	Regional News
11:25pm	Weather
11:30pm	Match of the Day 2
12:35am	The Women's Football Show

BBC TWO

7:00am	Great British Garden Revival
8:00am	Gardeners' World
9:00am	The Beechgrove Garden
9:30am	Countryfile
10:30am	Saturday Kitchen Best Bites
12:00pm	Athletics
2:45pm	NFL Live
7:00pm	Rugby League Super League Playoff Highlights
8:00pm	Russia with Simon Reeve
9:00pm	Astronauts: Do You Have What it Takes?
10:00pm	Dragons' Den
11:00pm	Dawn French Live: 30 Million Minutes
12:55am	Isn't She Great
2:25am	Question Time
3:25am	Holby City
4:25am	This is BBC Two Highlights of programmes on BBC Two.

BBC FOUR

8:00pm	Robins of Eden
8:10pm	Betjeman and Me: Rick Stein's Story
9:00pm	Cornwall's Native Poet
10:00pm	Men Who Sleep in Cars
11:00pm	Child in Mind
	<i>Every year in Britain an estimated 3,000 plus children are placed into the care system.</i>
12:00am	Rhymes, Rock and Revolution: The Story of Performance Poetry
1:00am	Acoustic at the BBC
2:00am	Bombay Railway
3:00am	Treasures of Ancient Greece
	<i>Series in which Alastair Sooke explores the dazzling artistic legacy of ancient Greece.</i>
4:00am	Darcey's Ballerina Heroines
5:00am	This is BBC Four

CHANNEL 4

7:05am	King of Queens
7:30am	Motorsport
8:00am	Formula 1
8:35am	Formula 1
11:10am	Formula 1
11:30am	Sunday Brunch
2:30pm	Formula 1
	<i>Another chance to catch all the action from the Sepang Circuit in Malaysia.</i>
5:15pm	The Crystal Maze
6:15pm	The Great British Bake Off
7:30pm	Channel 4 News
8:00pm	Escape to the Chateau
9:00pm	Escape: Human Cargo
10:00pm	Electric Dreams
11:05pm	A Year in the Life of Boris Johnson
12:05am	8 Out of 10 Cats Does Countdown
1:05am	American Hustle
3:35am	Location, Location, Location
4:30am	Grand Designs
5:25am	Gillette World Sport
5:55am	KOTV Boxing Weekly

CHANNEL 5

9:20am	Noddy: Toyland Detective
9:35am	Floogals
9:55am	Ben and Holly's Little Kingdom
10:05am	Shimmer and Shine
10:20am	Digby Dragon
10:35am	Peppa Pig
10:45am	Peppa Pig
10:55am	Teenage Mutant Ninja Turtles
11:30am	Football on 5
12:30pm	Football on 5
1:00pm	Pets Make You Laugh Out Loud
1:30pm	Bewitched
3:30pm	Leap Year
5:20pm	Serendipity
6:20pm	5 News
6:25pm	Serendipity
7:05pm	Jack the Giant Slayer
8:05pm	5 News
8:10pm	Jack the Giant Slayer
9:00pm	Aviva Premiership Rugby Highlights
9:55pm	5 News Weekend
10:00pm	The Expendables 3
11:00pm	5 News
11:05pm	The Expendables 3
12:25am	Under Siege
2:20am	Super Casino

4

7:00am	Kevin Can Wait
7:25am	Couples Come Dine with Me
8:25am	Couples Come Dine with Me
9:25am	Hollyoaks Omnibus
12:00pm	Don't Tell the Bride
1:00pm	My Hotter Half
1:30pm	My Hotter Half
2:00pm	The Goldbergs
2:30pm	The Goldbergs
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	Never Been Kissed
6:05pm	The Big Bang Theory
6:35pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The Twilight Saga: Eclipse
12:25am	Gogglebox
1:30am	Natural World
2:35am	Celebs Go Dating
3:35am	Celebs Go Dating
4:30am	Hollyoaks Omnibus

sky sports main event

7:00am	Through the Night
8:00am	Live Malaysian GP: Pit Lane Live
8:30am	Live Malaysian GP: Race
11:30am	Live British Masters Golf
1:00pm	Football
3:15pm	Live Nissan Super Sunday
5:15pm	Live Nissan Super Sunday
8:00pm	Live World Grand Prix Darts
1:00am	Live NFL
	<i>A match from week four of the 2017 NFL season.</i>
2:00am	Live NFL: Indianapolis @ Seattle
	<i>Seattle Seahawks meet Indianapolis Colts at CenturyLink Field in the National Football League.</i>
5:30am	Live ATP 500: Tokyo
	<i>Day one of the Rakuten Japan Open, held at the Ariake Coliseum in Tokyo.</i>

itv

7:00am	CITV
10:25am	ITV News
10:30am	Best Walks with a View with Julia Bradbury
11:00am	Peston on Sunday
11:55am	Amazing Animal Births
12:25pm	Robson Green's Coastal Lives
12:55pm	Bigheads
1:55pm	ITV News and Weather
2:00pm	ITV Racing: Prix De L'arc De Triomphe
4:30pm	The X Factor
6:00pm	Victoria
7:00pm	Local News and Weather
7:10pm	ITV News and Weather
7:30pm	Tipping Point
8:30pm	The X Factor
10:00pm	Victoria
11:05pm	ITV News and Weather
11:20pm	Peston on Sunday
12:20am	Liar
1:15am	Jackpot247
4:00am	Motorsport UK

itv2

8:05am	Coronation Street
11:00am	Guidance
11:25am	L.A. Story
11:35am	Cheerleaders: Steel Rays
12:00pm	Ready, Set, Style
12:10pm	Third Wheel
12:45pm	The X Factor
2:15pm	Take Me Out
3:25pm	Funniest Ever You've Been Framed
3:55pm	The Flintstones in Viva Rock Vegas
4:55pm	FYI Daily
5:00pm	The Flintstones in Viva Rock Vegas
5:45pm	Happy Feet
6:45pm	FYI Daily
6:50pm	Happy Feet
7:55pm	The Hobbit: The Desolation of Smaug
8:55pm	FYI Daily
9:00pm	The Hobbit: The Desolation of Smaug
11:00pm	Family Guy
11:30pm	Family Guy
12:05am	Family Guy
12:30am	American Dad!
1:05am	American Dad!

itv3

7:00am	Agatha Christie's Marple
8:45am	Heartbeat
9:50am	Heartbeat
10:50am	Murder, She Wrote
11:55am	Murder, She Wrote
1:00pm	Murder, She Wrote
2:05pm	The Belles of St. Trinian's
3:05pm	FYI Daily
3:10pm	The Belles of St. Trinian's
3:55pm	Columbo
6:00pm	Agatha Christie's Marple
8:00pm	Midsomer Murders
10:00pm	Sunday Night at the Palladium
11:00pm	If I Had You
1:00am	Heartbeat
2:05am	The Knock
3:05am	The Knock
4:00am	Mr Selfridge
4:50am	Lewis
	<i>The heavily anticipated detective drama follows up to the hugely acclaimed Inspector Morse series.</i>

itv4

7:00am	Football's Greatest
7:10am	The Darts Show
7:35am	The Avengers
8:45am	The Car Chasers
9:15am	Storage Wars
9:40am	Storage Wars
10:10am	Pawn Stars
10:35am	Pawn Stars
11:00am	Pawn Stars
11:30am	MSA British Touring Car Championship
7:35pm	Goodwood Revival
8:35pm	Fishing Allstars
9:00pm	The Chase: Celebrity Special
10:05pm	Memphis Belle
11:00pm	FYI Daily
11:05pm	Memphis Belle
12:10am	Car Crash Global
1:10am	1: Life on the Limit
2:15am	FYI Daily
2:20am	1: Life on the Limit
3:30am	The Car Chasers
3:50am	ITV4 Nightscreen
4:00am	Teleshopping
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sky CINEMA ACTION & ADVENTURE

10:10am	The Bourne Identity
12:15pm	The Bourne Supremacy
2:15pm	The Bourne Ultimatum
4:15pm	The Mask of Zorro
6:40pm	The Legend of Zorro
9:00pm	The Bourne Identity
11:00pm	The Bourne Supremacy
12:55am	The Bourne Ultimatum

sky CINEMA COMEDY

9:40am	Scouts Guide to the Zombie Apocalypse
11:20am	The House Bunny
1:05pm	Central Intelligence
3:00pm	The Top Ten Show 2017
3:20pm	Dumb and Dumber
5:15pm	Back to the Future
7:15pm	Dodgeball: A True Underdog Story
9:00pm	Central Intelligence
11:00pm	Couples Retreat
1:00am	Get a Job
2:30am	Laid in America

sky CINEMA PREMIERE

7:00am	Born to be Blue
8:50am	Away
10:50am	The Top Ten Show 2017
11:05am	Xxx: Return of Xander Cage
1:05pm	A United Kingdom
	<i>Trouble brews when an African prince falls for a London office worker.</i>
3:10pm	The Accountant
5:25pm	Cooties
7:10pm	Xxx: Return of Xander Cage
	<i>Beefed-up superspy Xander Cage is brought out of exile to retrieve a powerful weapon known as Pandora's Box.</i>
9:00pm	A United Kingdom
11:00pm	The Accountant
1:10am	Cooties
2:55am	Hijacked: Terror in the Sky
4:40am	Girl Asleep

sky sports football

7:00am	EFL Goals: Championship
7:35am	Football
10:00am	EFL Goals: League One and League Two
10:30am	The Sunday Supplement
12:00pm	EFL Goals: Championship
12:30pm	EFL Goals: League One and League Two
1:00pm	Football
3:30pm	Ronaldo
4:00pm	Live La Liga 2017/18
6:05pm	La Liga Icons
6:25pm	Live La Liga 2017/18
8:30pm	Live La Liga 2017/18
10:30pm	La Liga Icons
10:45pm	La Liga Icons
11:00pm	EFL Goals: League One and League Two
11:30pm	EFL Goals: Championship
12:00am	20 Years of El Clasico
12:45am	La Liga Icons
1:00am	Football
3:30am	Football's Greatest
4:00am	Football Years
4:30am	Football Countdowns

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BBC one

7:00am	Breakfast
10:15am	Rip Off Britain
11:00am	Homes Under the Hammer
12:00pm	Neighbourhood Blues
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	Inside Out
9:00pm	EastEnders
9:30pm	Panorama
10:00pm	Relik
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Stacey Dooley Investigates
12:20am	Annie: Out of the Ashes

BBC TWO

7:00am	Flog It!
7:30am	Fake Britain
8:15am	Neighbourhood Blues
9:00am	The Big Family Cooking Showdown
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
2:00pm	Canoeing
3:00pm	Rowing
4:45pm	Great American Railroad Journeys
5:15pm	This Farming Life
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Strictly it Takes Two
8:00pm	Antiques Road Trip
9:00pm	University Challenge
9:30pm	Upstart Crow
10:00pm	The Human Body
11:00pm	W1A
11:30pm	Newsnight
12:10am	Weather
12:15am	Today at Conference
12:45am	Billion Dollar Deals and How They Changed Your World
1:45am	Countryfile
2:40am	Celebrity MasterChef
3:40am	This is BBC Two

BBC FOUR

8:00pm	Beyond 100 Days
8:30pm	Race and Pace: The West Indians in East Lancashire
9:00pm	Ocean Giants
10:00pm	Tunes for Tyrants: Music and Power with Suzy Klein
11:00pm	The Vietnam War
11:55pm	The Vietnam War
12:55am	Cold War, Hot Jets <i>Two-part film looking at how the invention of the jet engine transformed Britain after the Second World War.</i>
1:55am	The Art of Gothic: Britain's Midnight Hour
2:55am	Treasures of Ancient Greece
3:55am	Tunes for Tyrants: Music and Power with Suzy Klein
4:55am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

7:00am	Countdown
7:45am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
2:05pm	A New Life in the Sun
3:10pm	Countdown
4:00pm	Find it, Fix it, Flog it
5:00pm	My Kitchen Rules
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:55pm	The Political Slot
9:00pm	Jamie's Quick and Easy Food
9:30pm	Superfoods: The Real Story
10:00pm	The Undateables
11:00pm	First Dates
12:00am	Too Posh to Parent

CHANNEL 5

8:35am	Paw Patrol
8:50am	Rusty Rivets
9:05am	Digby Dragon
9:15am	Floogals
9:35am	Peppa Pig
9:45am	Peppa Pig
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	The Mentalist
4:15pm	The Novel Murders: Garage Sale Mystery VI
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Car Crash TV
9:00pm	Police Interceptors
10:00pm	Paddington Station 24/7
11:00pm	Shark Attack
12:05am	Total Recall
2:15am	Super Casino

4

7:00am	Hollyoaks
7:30am	Hollyoaks
8:00am	Charmed
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	2 Broke Girls
10:30am	2 Broke Girls
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	2 Broke Girls
5:30pm	2 Broke Girls
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	All Star Driving School
9:00pm	Johnny English
10:40pm	Tattoo Fixers
11:50pm	The Big Bang Theory
12:20am	The Big Bang Theory

sky sports main event

7:00am	Live ATP 500: Beijing <i>Day one of the China Open, on the ATP World Tour from Beijing.</i>
12:30pm	Sky Sports Now
1:00pm	Sky Sports Today
1:30pm	Live Tennis: Beijing
3:30pm	Sky Sports Today
4:00pm	Sky Sports Today
5:00pm	Sky Sports Today
6:00pm	Sky Sports News
7:00pm	Sky Sports News
8:00pm	Live World Grand Prix Darts
1:00am	Through the Night <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
2:00am	NFL Masterclass
2:15am	Live NFL: Washington @ Kansas
5:45am	Live ATP 500: Tokyo <i>Day two of the Rakuten Japan Open, held at the Ariake Coliseum in Tokyo.</i>

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Alphabetical
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Countrywise
9:30pm	Coronation Street
10:00pm	Liar
11:00pm	ITV News and Weather
11:40pm	100 Year Old Driving School
12:40am	The Jonathan Ross Show
1:40am	Jackpot247
4:00am	The Jeremy Kyle Show
4:55am	Nightscreen

itv2

7:00am	You've Been Framed!
7:25am	Totally Bonkers Guinness World Records
7:50am	Totally Bonkers Guinness World Records
8:15am	Below Deck
9:00am	Emmerdale
9:30am	Coronation Street
10:30am	The Ellen DeGeneres Show
11:20am	Below Deck
12:15pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	Coronation Street
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
7:00pm	Dress to Impress
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Family Guy
10:30pm	Family Guy
11:00pm	American Dad!
11:30pm	American Dad!
12:00am	Family Guy
12:30am	Family Guy

itv3

7:00am	On the Buses
7:25am	Heartbeat
8:20am	Where the Heart is
9:20am	Wild at Heart
10:20am	Judge Judy
10:45am	Judge Judy
11:15am	Judge Judy
11:40am	Bertie and Elizabeth
1:45pm	Wild at Heart
2:45pm	Heartbeat
3:45pm	Classic Coronation Street
4:20pm	Classic Coronation Street
4:55pm	A Touch of Frost
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Marple
11:00pm	Lewis
1:00am	A Touch of Frost
2:55am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping <i>Innovative, value-for-money products brought directly to you at home.</i>

itv4

7:00am	Cash Cowboys
7:45am	Pawn Stars
8:10am	Pawn Stars
8:30am	The Saint
9:30am	Ironsides
10:35am	Quincy, M.E.
11:35am	Minder
12:35pm	The Avengers
1:40pm	The Saint
2:50pm	Ironsides
3:55pm	Quincy, M.E.
4:55pm	The Sweeney
5:55pm	The Avengers
7:00pm	The Car Chasers
7:30pm	The Car Chasers
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
10:00pm	Car Crash Global
11:00pm	The Specialist
12:00am	FYI Daily
12:05am	The Specialist
1:15am	1: Life on the Limit
2:15am	FYI Daily
2:20am	1: Life on the Limit
3:30am	River Monsters
3:50am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:25am	Babylon A.D.
9:05am	Hitman
10:50am	2012
1:30pm	Point Break
3:30pm	Walking Tall
5:05pm	Hitman
6:50pm	Rocky
9:00pm	2012
11:40pm	Point Break
1:40am	Rambo
3:15am	Ultraviolet
4:50am	Superman III

sky CINEMA COMEDY

7:15am	This Christmas
9:20am	All About Steve
11:05am	In Her Shoes
1:20pm	27 Dresses
3:20pm	Keanu
5:05pm	The Cable Guy
6:50pm	The Intern
9:00pm	Keanu
10:45pm	Knocked Up
1:00am	Superbad
3:00am	Don Verdean
4:45am	Tenacious D in the Pick of Destiny

sky CINEMA PREMIERE

9:35am	Hijacked: Terror in the Sky
11:20am	A United Kingdom
1:25pm	Xxx: Return of Xander Cage
3:25pm	Born to be Blue
5:15pm	Cooties
7:00pm	A United Kingdom
9:00pm	Xxx: Return of Xander Cage
11:00pm	Bridgend
1:00am	Cooties
2:45am	Hijacked: Terror in the Sky
4:30am	Girl Asleep <i>Surreal, 70s-set coming-of-age tale about a shy teen flung into a parallel world when her parents throw her a surprise birthday party.</i>

sky sports football

7:00am	EFL Greatest Games
8:00am	Football Years
8:30am	Football Countdowns
9:00am	Football's Greatest Teams
9:30am	Football's Greatest Teams
10:00am	Scottish Cup Greatest Games
10:30am	La Liga Greatest Games
11:00am	La Liga
5:00pm	Scottish Cup Greatest Games
5:15pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	The Best La Liga Goals 2016/17
8:00pm	Soccer A.M.
8:40pm	Info not available
11:00pm	SPFL Round Up 2017/18
11:15pm	Scottish Cup Greatest Games
11:30pm	MLS Round Up Show
12:00am	Soccer A.M.
12:30am	Ronaldo

Advertising feature

Christina Sharp

GLOBELINK INTERNATIONAL
christina@globelink.co.uk



Travelling further afield

FORGET Gap Year students donning backpacks and exploring the globe, according to recent travel trends, it's the over 50's who are consistently taking globetrotting by storm and travelling further afield and more often than ever before.

An impressive 85 per cent travel more than twice a year. And why not! The over 50's are living longer and are more health conscious - and with a greater disposable income, it would be a shame not to travel wouldn't it?

Holidays escalate higher up our 'essentials list' as we get older and what's more, the older we get, the more we like to travel - with over 65's being the most prolific travellers of the over 50's market. With the time, interest and enthusiasm to explore the world, over 50's are travelling to more adventurous and undiscovered places than ever before. Whether it's

visiting family, taking a trip of a life time on the Orient Express, luxury cruise, or glamping in Nepal or Borneo, there is no stopping this sea change, so don't forget to make sure you are covered by a quality travel insurance policy for that essential peace of mind.

That's why at Globelink from October 1, we will be expanding our products to offer Annual Multi-Trip Insurance to the over 75's and extending the trip durations available on our 71-74 yrs Annual Policies.

You will need to wait until on or after October 1 before you can view or purchase these new products, but we look forward to you taking a peak - especially as we have also improved the Cancellation and Curtailment benefit on all of our products, so you now get £6,000 of cover per person on our Comprehensive cover with Cruise cover as standard on all policies!



MULTI-TRIPS POLICY: Decide on essential cover you need.

On the whole, travellers over 50 are smarter when it comes to buying travel insurance. As a seasoned traveller, you understand the importance of having the right cover and what can go wrong if you don't. But which policy is best to buy? You can be forgiven by being baffled by the variety available so we have outlined some key items to look out for:

- Is it better to buy an an-

nual travel insurance policy or a single trip? This dilemma is easily solved by asking yourself some simple questions - Are you considering two trips outside of your home country? Will you be travelling outside Europe for one of these trips? Eg: long haul to the US or Asia? Thinking of a winter sports break as well as a summer break?

If you answer 'yes' to any

of these questions, then odds are that it will be more cost effective purchase an annual multi-trip policy.

- Don't just look at the price - check the detail. Such as the maximum trip duration being offered. You don't want to find yourself uninsured for your longest trip. Also check Excess levels and Geographical restrictions. These all impact on price.

- Decide on essential cover you need. For example Medical and Repatriation expenses, which will likely run into thousands if things go wrong. Also think about the value of your holidays so you can ensure that the Cancellation and Curtailment cover is right for you.

What luggage and valuables will you take with you?

- Do you have Pre-existing Medical Conditions? Most policies have restrictions and it could invalidate your claim if you do not fully declare every-

thing at the time of purchase (and if something changes after you purchase). Most companies cover certain stable conditions as standard and there may be the option to pay an additional premium to cover pre-existing conditions. Globelink will be expanding the list of conditions covered as standard from October 1 to include reflux, certain cancers and many others, so take a look at our website after October 1.

- Is cruise cover included? With cruise cover becoming ever popular you may want to look for a policy that covers this as standard, in case you later opt for a cruise trip as one of your breaks, otherwise this could make your policy premium rise a lot. Look out for other extras too such as adventure activities as these all make a difference.

Globelink Travel Insurance provides affordable insurance for people living in Spain and the EU. For an instant quote and purchase visit www.globelink.co.uk - Or call 00 44 1353 699082, or the Spanish linkline on 966 265 000.



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BBC one

7:00am Breakfast
10:15am Rip Off Britain
11:00am Homes Under the Hammer
12:00pm Neighbourhood Blues
12:45pm Caught Red Handed
1:15pm Bargain Hunt
2:00pm BBC News
2:30pm Regional News
2:45pm Doctors
3:15pm The Boss
4:00pm Escape to the Country
4:45pm Garden Rescue
5:30pm Antiques Road Trip
6:15pm Pointless
7:00pm BBC News
7:30pm Regional News
8:00pm The One Show
8:30pm EastEnders
9:00pm Holby City
10:00pm Doctor Foster
11:00pm BBC News
11:30pm Regional News
11:40pm Weather
11:45pm The Insider
12:40am The Monkey Lab
1:15am Weather for the Week Ahead

BBC TWO

7:00am Flog It!
7:30am Rip Off Britain
8:15am Neighbourhood Blues
9:00am World's Busiest Cities
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm For What It's Worth
2:45pm £100k House: Tricks of the Trade
3:45pm How the Wild West
4:45pm Great American Railroad Journeys
5:15pm This Farming Life
6:15pm Flog It!
7:00pm Eggheads
7:30pm Strictly it Takes Two
8:00pm Antiques Road Trip
9:00pm Saving Lives at Sea
10:00pm Reformation
11:00pm Later Live... with Jools Holland
11:30pm Newsnight
12:10am Weather
12:15am Today at Conference
12:45am NFL
1:35am How to Stay Young
2:35am Without Limits: Vietnam

BBC FOUR

8:00pm Beyond 100 Days
The latest national and international news, exploring the day's events from a global perspective.
8:30pm The Flying Archaeologist
9:00pm Vienna: Empire, Dynasty and Dream
10:00pm Sex, Chips and Poetry: 50 Years of the Mersey Sound
11:00pm Henry VIII: Patron or Plunderer?
12:00am Jerusalem: The Making of a Holy City
Author and historian Simon Sebag Montefiore presents a three-part series illuminating the history of Jerusalem.
1:00am Black Lake
1:40am Black Lake
2:25am Treasures of Ancient Greece
3:25am Vienna: Empire, Dynasty and Dream
4:25am This is BBC Four

CHANNEL 4

7:00am Countdown
7:45am King of Queens
8:10am King of Queens
8:35am King of Queens
9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm Undercover Boss USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm A New Life in the Sun
3:10pm Countdown
4:00pm Find it, Fix it, Flog it
5:00pm My Kitchen Rules
6:00pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm The Great British Bake Off
10:15pm When Mary Met Barbie
11:20pm Gogglebox
12:25am Parenting for Idiots

CHANNEL 5

8:35am Paw Patrol
8:50am Rusty Rivets
9:05am Digby Dragon
9:15am Floogals
9:35am Peppa Pig
9:45am Peppa Pig
9:55am Ben and Holly's Little Kingdom
10:05am Mofy
10:15am The Wright Stuff
12:15pm Can't Pay? We'll Take it Away!
1:10pm 5 News Lunchtime
1:15pm The Hotel Inspector
2:15pm Home and Away
2:45pm Neighbours
3:15pm The Mentalist
4:15pm Heart of Murder
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Tony Robinson: Coast to Coast
9:00pm The Yorkshire Vet
10:00pm Alaska: A Year in the Wild
11:00pm When Chat Shows Go Horribly Wrong
1:55am Super Casino

4

7:30am Hollyoaks
8:00am Charmed
9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am 2 Broke Girls
10:30am 2 Broke Girls
11:00am Baby Daddy
11:30am Baby Daddy
12:00pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
5:00pm 2 Broke Girls
5:30pm 2 Broke Girls
6:00pm The Goldbergs
6:30pm Stage School
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm All Star Driving School
9:00pm Ice Age: Dawn of the Dinosaurs
11:00pm 8 Out of 10 Cats
11:55pm The Big Bang Theory
12:25am The Big Bang Theory

sky sports main event

7:00am Live ATP 500: Beijing
5:00pm Sky Sports Today
6:00pm Sky Sports News
7:00pm Sky Sports News
A comprehensive round-up of the football headlines and all the day's sports news.
8:00pm Live World Grand Prix Darts
Day three of the Unibet World Grand Prix of Darts from the Citywest Hotel in Dublin.
12:00am Through the Night
1:00am Through the Night
2:00am Live WWE Late Night Smackdown
Tom Phillips, JBL and Byron Saxton present Smackdown, featuring all your favourite WWE stars.
4:00am Through the Night
5:00am Live Tennis Tokyo
Day three of the China Open, on the ATP World Tour from Beijing, China.

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
Actor and Spandau Ballet member Martin Kemp joins the ladies for a lunchtime chat.
2:30pm ITV Lunchtime News
3:00pm Judge Rinder
4:00pm Alphabetical
5:00pm Tipping Point
6:00pm The Chase
7:00pm Local News and Weather
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Save Money, Good Health
9:00pm Robson Green's Coastal Lives
9:30pm Call the Cleaners
10:00pm Cilla
11:00pm ITV News
11:40pm Safe House
12:40am Lethal Weapon

itv2

7:50am Totally Bonkers Guinness World Records
8:15am Below Deck
9:00pm Emmerdale
9:30am Coronation Street
10:00am Coronation Street
10:30am The Ellen DeGeneres Show
11:20am Below Deck
12:15pm Dress to Impress
1:20pm Emmerdale
1:50pm Coronation Street
2:20pm Coronation Street
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
5:55pm The Jeremy Kyle Show
7:00pm Dress to Impress
8:00pm You've Been Framed!
9:00pm Two and a Half Men
10:00pm 22 Jump Street
11:00pm FYI Daily
11:05pm 22 Jump Street
12:15am Family Guy

itv3

7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:50am Heartbeat
8:50am Where the Heart is
9:50am Wild at Heart
10:50am Judge Judy
11:15am Judge Judy
11:40am A Touch of Frost
1:40pm Wild at Heart
2:40pm Heartbeat
3:45pm Classic Coronation Street
4:20pm Classic Coronation Street
4:55pm A Touch of Frost
7:00pm Heartbeat
8:00pm Murder, She Wrote
Murder mystery series.
9:00pm The Booze Cruise
11:10pm Lewis
1:10am A Touch of Frost
3:15am ITV3 Nightscreen
3:30am Teleshopping
Innovative, value-for-money products brought directly to you at home.

itv4

7:00am The Car Chasers
7:25am The Car Chasers
7:50am Pawn Stars
8:10am Pawn Stars
8:35am The Saint
9:35am Ironside
10:40am Quincy, M.E.
11:40am The Sweeney
12:50pm The Avengers
1:55pm The Saint
2:55pm Ironside
4:00pm Quincy, M.E.
5:00pm The Sweeney
6:00pm The Avengers
7:05pm The Car Chasers
7:40pm The Car Chasers
8:05pm Pawn Stars
8:35pm Pawn Stars
9:00pm World Superbike Highlights
10:00pm Benidorm
11:00pm Car Crash Global
12:00am Fire Down Below
1:05am FYI Daily
1:10am Fire Down Below
2:10am Motorsport UK
3:10am Brdc British F3 Championship Highlights
4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

8:50am Charlie's Angels: Full Throttle
10:45am 300
12:50pm Sahara
3:00pm Behind Enemy Lines
4:55pm Rocky II
7:00pm The Bourne Identity
9:00pm The Bourne Supremacy
11:00pm The Bourne Ultimatum
1:00am 300

sky CINEMA COMEDY

7:00am Trapped
9:00am The Tiger Hunter
10:40am How to Lose Friends and Alienate People
12:40pm Billy Madison
2:20pm Mean Girls
4:05pm Popstar: Never Stop Never Stopping
5:40pm Drillbit Taylor
7:30pm Grimsby
9:00pm Mean Girls
10:45pm Popstar: Never Stop Never Stopping
12:20am Starsky and Hutch

sky CINEMA PREMIERE

7:00am The Top Ten Show 2017
7:15am Born to be Blue
9:10am Moana: Special
9:40am A United Kingdom
11:45am Out Of The Shadows
1:35pm Xxx: Return of Xander Cage
Beefed-up superspy Xander Cage is brought out of exile to retrieve a powerful weapon known as Pandora's Box.
3:35pm Cooties
5:20pm Hijacked: Terror in the Sky
7:00pm A United Kingdom
9:00pm Xxx: Return of Xander Cage
11:00pm Out Of The Shadows
12:40am Bridgend
2:40am Cooties
4:25am Hijacked: Terror in the Sky

sky sports football

1:45pm Scottish Cup Greatest Games
2:00pm MLS Round Up Show
2:30pm Soccer A.M.
3:00pm SPFL Round Up 2017/18
3:15pm Scottish Cup Greatest Games
3:30pm MLS Round Up Show
4:00pm Football's Greatest
4:30pm Info not available
7:00pm SPFL Round Up 2017/18
7:15pm Scottish Cup Greatest Games
7:30pm MLS Round Up Show
8:00pm Soccer A.M.
8:30pm Football's Greatest
9:00pm SPFL Greatest Games
9:30pm SPFL Round Up 2017/18
9:45pm Scottish Cup Greatest Games
10:00pm MLS Round Up Show
10:30pm Soccer A.M.
11:00pm Revista de la Liga
11:30pm La Liga World
12:00am Magical Messi
1:00am Football

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to yoursay@euoweeklynews.com or make your comments on our website: www.euoweeklynews.com

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Prime Minister's Italian Job a farce

SIR,

THE question is why did the PM bother to go to Florence to make this speech before a handpicked audience of mostly British journalists?

She gave the impression that it was the EU leaving Britain rather than the other way round and it is the EU which will have to make concessions. A typical arrogant British trait.

She seemed to forget that Britain needs the EU (40 per cent of British trade) more than EU member states need Britain!

We are none the wiser on the specific details as there was nothing in the speech which was not already common knowledge.

She said that EU citizens would always be welcome in the UK but they would have to 'register,' again no specific details, nor the implications for British citizens in the EU which will be determined by the EU, not Britain.

She wants neither a Norway model

Floating memory

WHAT a surprise being taken down Memory Lane in Malaga Port while on a holiday visit to friends in La Cala.

My wife and I were looking around the port in what we view as a wonderful and ever-improving city, and there at berth was the Braemar, a ship that is part of the Fred Olsen line.

Sixty-two years ago I travelled on that very same ship as part of a British school party visiting Norway.

It looked smart in the Mala-



THE BRAEMAR: Recently visited Malaga.

ga sun and has obviously undergone refits (perhaps several) over the years.

But a real happy memory of my schooldays, as well as an

additional one of another enjoyable visit to such a fine Spanish city.

*Bren Small
Shropshire, England*

nor a Canadian model; perhaps a North Korean model!

Summing up on the security issue, the Irish border arrangements are an invitation for criminals, illegal migrants and potential terrorists to fly Ryanair to Dublin, hire a car to Belfast and then take a flight to any English airport.

She described so many advantages of maintaining a perfect partnership and relationship with the EU that the obvious solution seems to be to remain part of it.

Peter Fieldman, Florence

Dear Mr Lee...

I AGREE with almost all of what you say! This gender rubbish in the UK has gone way over the top! But I have more than a twitch over same sex couples adopting. And whereas I think civil partnership is absolutely right, I do not agree with same sex marriage. It will also be very, very confusing for the children.

Thank you one and all.

Phillip Walker, Mazarron, Murcia

Currently staying in the Costas and came about the paper. I scoffed slightly when reading the feature headline and your personal photo/mission statement.

However on reading the article I realised this was not a substandard bit of tired journalism and I agree with your opinion 100 per cent. The media - particularly the BBC - have rammed this PC gender bender nonsense down the throats of the British public for far too long. The Champagne socialists have taken the opportunity to manipulate current blurred lines to reinforce their sexual nirvana. Let the kids work it out for themselves without any influence from their elders.

MA Coleman, UK

Left or right?

WHAT is it with Spanish drivers and indicators? Do they not understand that their use is for the benefit of other road users? I have been a resident for nine years but still find myself waiting at roundabouts as people sail by with no sign of exit they are going to take. If I wanted to play Russian roulette I would have bought a gun!

John Wareing, Almeria

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euoweeklynews.com.

British PM explains Brexit expectations

THERESA MAY confirmed in her Florence speech that she hopes to obtain a two year extension.

Citizens' 'rights/privileges' and of course OBLIGATIONS are precisely those, attributable to Citizens NOT non-citizens. If you wish to enjoy them, apply for citizenship and swear loyalty to Queen and country. Otherwise apply for 'indefinite leave to remain.'

If majority of our trade presently operates on WTO tariffs what's the UK's practical 'difficulty' with EU trade being handled the same way? Any potential 'disincentive' from application of 2 per cent WTO on exports to EU has surely been offset by depreciation/regularisation of £ exchange rate? As the UK operates a substantial trade deficit with EU surely application WTO tariffs will have a net beneficial effect on HM Treasury receipts?

'No speech is better than a bad speech.' Surely the two years from triggering Article 50 IS the transition period?'

Drew Edgar

Tensions rise as police storm Catalan offices

SPANISH Guardia Civil officers swooped on Catalan government offices and arrested 14 senior officials as the national government intensified

Comments from EWN online

efforts to stop the upcoming independence referendum.

Isn't it a Democratic right to protest for change? Unless the laws here are different, I thought individuals had a right to demonstrate for change if that's how they feel and they want something different. Not unlike the Brexit argument where two sides differ. Democracy allows for a difference of opinion does it not? A right to change your mind too if that's how the area/region/country feels.

Allam Hill

They are acting against the Spanish laws, and at the moment Cataluña is Spain.

Juan Aguilar Suau

British father injured in Magaluf stag party

ALEX GREEN is fighting for his life after being found unconscious in a street with serious head

injuries during his Magaluf stag party.

I think there's more to this, a skilled fireman, who's more aware of health n safety of buildings...going into a building site?? Only few hours into a stag night?? Nah, something fishy there?

Julie Jones Peel

About time to cut the habit of drinking so much? Every night young men can be found drunk in the streets. England has no culture left other than drinking. No decent artist inspiring writer is coming out of England.

Reggy Wilson

Man taunting a bull gets pummelled

FOOTAGE of a 'have-a-go matador' getting brutally pummelled by a charging bull in a Spanish town has gone viral.

And this year's Darwin award goes to...

*Steve Walsh
Christina Petrie*

Bull 1. Idiot 0. Lol

Got all he deserved, idiotic and barbaric custom that should be banned.

Jill Hayles

BBC one

7:00am	Breakfast
10:15am	Rip Off Britain
11:00am	Homes Under the Hammer
12:00pm	Neighbourhood Blues
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News <i>All the latest local news.</i>
2:45pm	Doctors
3:15pm	The Boss
4:00pm	Escape to the Country
4:45pm	Garden Rescue
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
9:00pm	Who Do You Think You Are?
10:00pm	The Apprentice
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	A Question of Sport
12:15am	Ambulance
1:15am	Weather for the Week Ahead
1:20am	BBC News

BBC TWO

7:00am	Flog It!
7:30am	Rip Off Britain
8:15am	Neighbourhood Blues
9:00am	See Hear
9:30am	Great British Menu
10:00am	Victoria Derbyshire
12:00pm	The Daily Politics
2:00pm	For What It's Worth
2:45pm	£100k House: Tricks of the Trade
3:45pm	How the Wild West Was Won with Ray Mears
4:45pm	Great American Railroad Journeys
5:15pm	This Farming Life
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Strictly It Takes Two
8:00pm	Antiques Road Trip
9:00pm	Billion Dollar Deals and How They Changed Your World
10:00pm	The Detectives
11:00pm	The Apprentice: You're Fired!
11:30pm	Newsnight
12:10am	Weather
12:15am	Today at Conference
12:45am	Astronauts: Do You Have What it Takes?
1:45am	See Hear

BBC FOUR

8:00pm	Beyond 100 Days
8:30pm	The Flying Archaeologist
9:00pm	Barcelona: An Art Lovers' Guide <i>Series in which art historians Dr Janina Ramirez and Alastair Sooke take us on three entertaining and revealing cultural city breaks.</i>
10:00pm	Britain's Lost Masterpieces
11:00pm	The Renaissance Unchained
12:00am	British Gardens in Time <i>Series which explores four iconic British gardens.</i>
1:00am	Penny Blacks and Twopenny Blues: How Britain Got Stuck on Stamps
2:00am	Carved with Love: The Genius of British Woodwork
3:00am	Britain's Lost Masterpieces
4:00am	Barcelona: An Art Lovers' Guide
5:00am	This is BBC Four

CHANNEL 4

7:45am	King of Queens
8:10am	King of Queens
8:35am	King of Queens
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	A New Life in the Sun
3:10pm	Countdown
4:00pm	Find it, Fix it, Flog it
5:00pm	My Kitchen Rules
6:00pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:55pm	The Political Slot
9:00pm	Location, Location, Location
10:00pm	Grand Designs
11:00pm	Back
11:35pm	8 Out of 10 Cats
12:35am	Does Countdown Educating Greater Manchester

CHANNEL 5

9:05am	Digby Dragon
9:15am	Floogals
9:35am	Peppa Pig
9:45am	Peppa Pig
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	The Mentalist
4:15pm	Fatal Memories
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Britain by Bike with Larry and George Lamb
9:00pm	GP's: Behind Closed Doors
10:00pm	Can't Pay? We'll Take it Away!
11:00pm	Notorious Fritzl: What Happened Next
12:05am	The Body in the Freezer: Countdown to Murder

4

7:00am	Hollyoaks
7:30am	Hollyoaks
8:00am	Charmed
9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	2 Broke Girls
10:30am	2 Broke Girls
11:00am	Baby Daddy
11:30am	Baby Daddy
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	2 Broke Girls
6:00pm	The Goldbergs
6:30pm	Stage School
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	All Star Driving School
9:00pm	The Big Bang Theory
10:00pm	Don't Tell the Bride
11:00pm	My Hotter Half
11:30pm	Naked Attraction
12:30am	The Big Bang Theory

sky sports main event

7:00am	Live ATP 500: Beijing
12:30pm	Sky Sports Now
1:00pm	Sky Sports Today
1:30pm	Live ATP 500: Beijing
3:30pm	Sky Sports Today
4:00pm	Sky Sports Today
5:00pm	Sky Sports Today
6:00pm	Sky Sports News
7:00pm	Sky Sports News
8:00pm	Live World Grand Prix Darts <i>Day four of the Unibet World Grand Prix of Darts from the Citywest Hotel in Dublin, Ireland.</i>
12:00am	Through the Night <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
1:00am	Through the Night
2:00am	Through the Night
3:00am	Through the Night
4:00am	Through the Night
5:00am	Live ATP 500: Tokyo <i>Day four of the Rakuten Japan Open, held at the Ariake Coliseum in Tokyo.</i>

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning <i>Morning magazine show presented by Phillip Schofield and Holly Willoughby.</i>
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Alphabetical
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Bad Move
9:30pm	Coronation Street
10:00pm	Doc Martin
11:00pm	ITV News
11:40pm	Play to the Whistle
12:25am	Unbelievable Moments Caught on Camera
1:20am	Jackpot247
4:00am	May the Best House Win
4:50am	Nightscreen

itv2

7:00am	You've Been Framed!
7:25am	Totally Bonkers Guinness World Records
7:50am	Totally Bonkers Guinness World Records
8:15am	Below Deck
9:00am	Emmerdale
9:30am	The Cube
10:30am	The Ellen DeGeneres Show
11:20am	Below Deck
12:15pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	You've Been Framed!
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
4:50pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	Dress to Impress
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
10:00pm	Hellboy II: The Golden Army
11:00pm	FYI Daily
11:05pm	Hellboy II: The Golden Army
12:20am	Family Guy

itv3

7:00am	Coronation Street
7:25am	Coronation Street
7:50am	Heartbeat
8:50am	Where the Heart is
9:50am	Wild at Heart
10:50am	Judge Judy <i>The Emmy nominated reality courtroom series, presided over by outspoken family court judge, Judge Judith Sheindlin, invites viewers into the courtroom to witness hard-hitting and compelling disputes between real litigants.</i>
11:15am	Judge Judy
11:40am	A Touch of Frost
1:50pm	Wild at Heart
2:50pm	Heartbeat
3:55pm	Classic Coronation Street
4:25pm	Classic Coronation Street
5:00pm	A Touch of Frost
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Foyle's War
11:05pm	Lewis
1:05am	A Touch of Frost

itv4

7:00am	Snooker v Darts
7:05am	The Car Chasers
7:30am	The Car Chasers
7:55am	Pawn Stars
8:20am	Pawn Stars
8:50am	The Saint
9:55am	Ironsides
11:00am	Test Match Bowls Live <i>Rishi Persad, Paul Coleman and John Price present live coverage of day one of the test match between England and Scotland women.</i>
6:30pm	The Car Chasers
7:00pm	The Car Chasers
7:30pm	Storage Wars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	British Superbike Highlights
10:00pm	The Living Daylights
11:05pm	FYI Daily <i>A round-up of the latest entertainment news.</i>
11:10pm	The Living Daylights
12:40am	Memphis Belle
1:40am	FYI Daily
1:45am	Memphis Belle

sky CINEMA ACTION & ADVENTURE

7:15am	The Karate Kid
9:25am	The Karate Kid, Part II
11:25am	Warcraft
1:35pm	Lawrence of Arabia
5:20pm	X-Men: The Last Stand
7:15pm	Rocky III
9:00pm	Warcraft
11:10pm	Hanna
1:05am	Troy
3:50am	Lawrence of Arabia

sky CINEMA COMEDY

9:55am	Sadie's Last Days on Earth
11:35am	Miss Congeniality
1:35pm	The Top Ten Show 2017
1:50pm	Did You Hear About the Morgans?
3:40pm	Keeping up with the Joneses.
5:30pm	Ghost Town
7:20pm	Zoolander
9:00pm	Did You Hear About the Morgans?
11:00pm	Keeping up with the Joneses
12:50am	Deuce Bigalow: Male Gigolo

sky CINEMA PREMIERE

7:00am	Away
9:05am	Fantastic Beasts and Where to Find Them: Special <i>Sky Movies takes a behind-the-scenes look at the latest trip into JK Rowling's wizarding world.</i>
9:35am	A United Kingdom <i>Trouble brews when an African prince falls for a London office worker.</i>
11:40am	Cooties
1:25pm	Xxx: Return of Xander Cage <i>Beefed-up superspy Xander Cage is brought out of exile to retrieve a powerful weapon known as Pandora's Box.</i>
3:25pm	Out Of The Shadows
5:10pm	A United Kingdom
7:15pm	Cooties
9:00pm	Xxx: Return of Xander Cage
11:00pm	Made in France
12:50am	Out Of The Shadows
2:40am	Bridgend

sky sports football

10:30am	La Liga Greatest Games
11:00am	Revista de la Liga
11:30am	La Liga World
12:00pm	The Best La Liga Goals 2016/17
1:00pm	Revista de la Liga
1:30pm	La Liga World
2:00pm	Info not available
2:30pm	La Liga Greatest Games
3:00pm	Revista de la Liga
3:30pm	La Liga World
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
6:00pm	Info not available
6:30pm	Football Countdowns
7:00pm	Revista de la Liga
7:30pm	La Liga World
8:00pm	Football's Greatest Teams
9:00pm	Revista de la Liga
9:30pm	La Liga World
10:00pm	Info not available
10:30pm	La Liga Icons
10:45pm	La Liga Icons
11:00pm	Eredivisie
12:00am	La Liga Icons
12:15am	La Liga Icons

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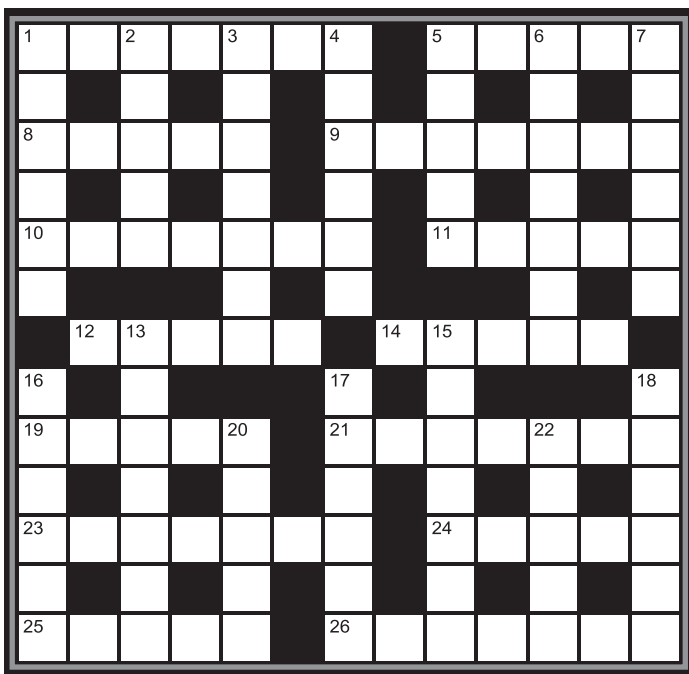
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Cryptic

- Across**
 1 Famous Shakespearian actor, one seen in musical (7)
 5 Some echo relieves boring task (5)
 8 Get to share a cheap piece (5)
 9 Many very angry at being duped (7)
 10 Plague cures go wrong (7)
 11 She's caught in the beam (5)
 12 Go round capital (5)
 14 Squander, say, part of the body (5)
 19 Spreads out nurses after operation (5)
 21 To clarify matters was once simple (7)
 23 Smoothing things out at the end of the day (7)
 24 Cheer up a source of inspiration (5)
 25 Trials for important matches (5)
 26 Streets confused the examiners (7)

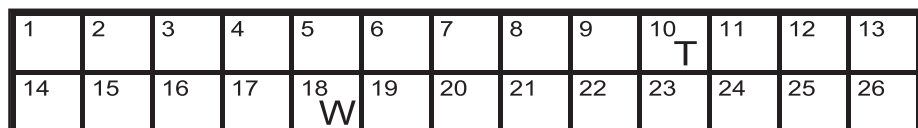
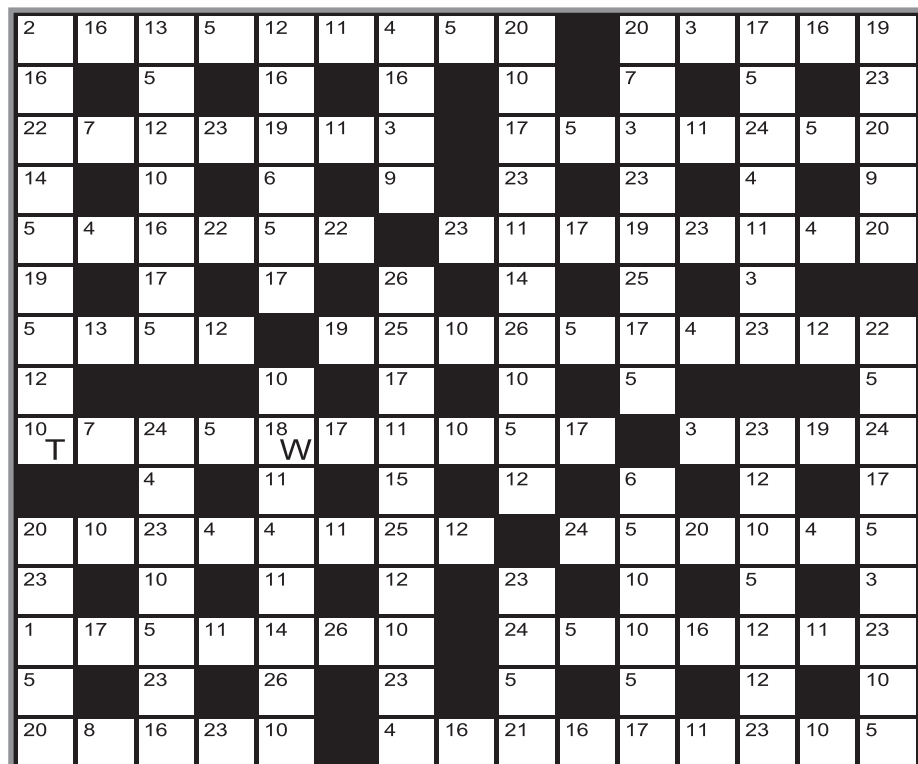


- Down**
 1 Some progressive woman who's monstrous (6)
 2 I did have a gardening implement, by the sound of it, in a state (5)
 3 Get left in scratchin' her itch? (7)
 4 Chair for a biker (6)
 5 Board game commences with

- children holding every single square (5)
 6 Gets in boats at sea (7)
 7 Did see exotic whirlpools (6)
 13 Pathetic plea to be more economical (7)
 15 Seems dad has turned against fruit (7)
 16 Humble fashions start trend (6)
 17 Importance of delay, we hear (6)
 18 If not the United Nations has a smaller amount (6)
 20 Mistakes made on the cricket field (5)
 22 A quaintly pleasing accent (5)

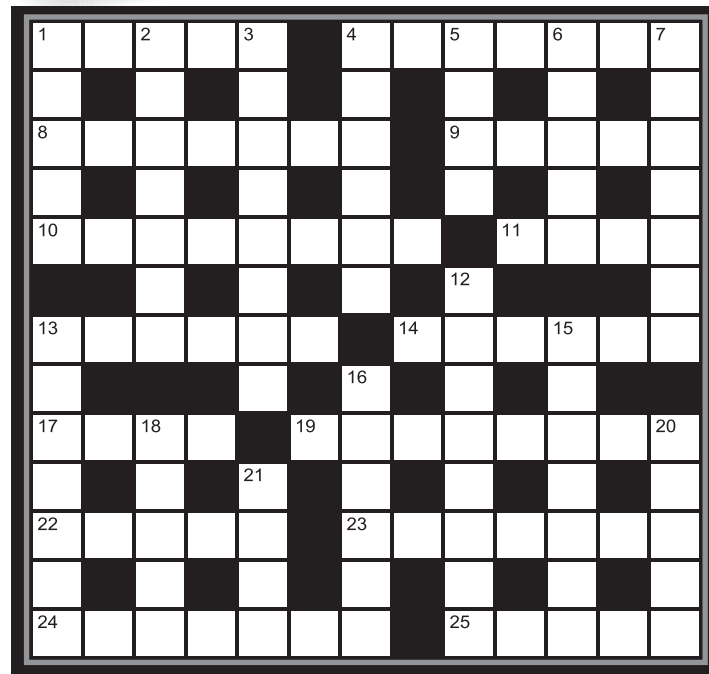
Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 10 represents T and 18 represents W, so fill in T every time the figure 10 appears and W every time the figure 18 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



LAST WEEK'S SOLUTION FACING PAGE

Quick

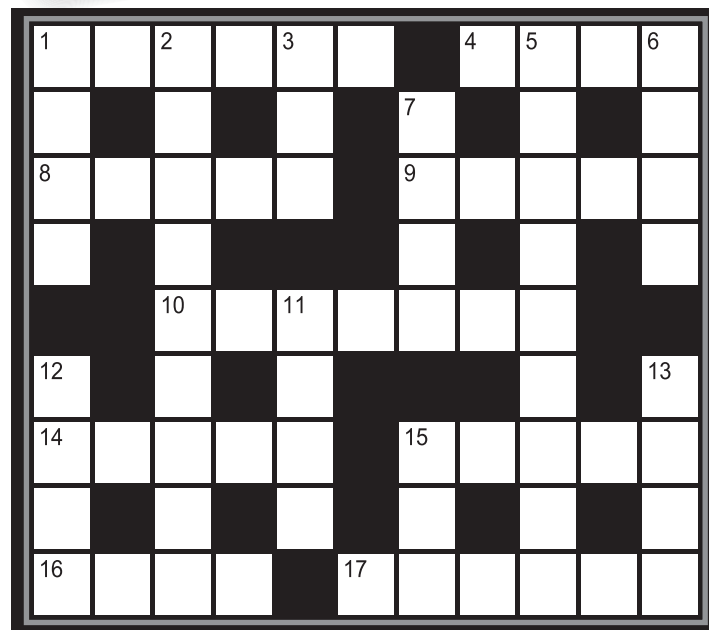


- Across**
 1 Drops (5)
 4 Selects (7)
 8 Check closely (7)
 9 Crustaceans (5)
 10 Came before (8)
 11 Subdivision of a particular kind of thing (4)
 13 Rubbish (6)
 14 Assisted (6)
 17 Nothing (4)
 19 Brings to a destination (8)
 22 Pass along (5)
 23 Reflecting light (7)
 24 Decreases in size, range or extent (7)
 25 Conjecture (5)

- Down**
 1 Having a sharp inclination (5)
 2 Closest (7)
 3 Shook in the cold (8)
 4 Mentally quick and resourceful (6)
 5 On one occasion (4)
 6 Provoking fear or terror (5)
 7 Hang (7)
 12 Determining (8)
 13 Scaly reptiles (7)
 15 Exact (7)
 16 Animals (6)
 18 Measuring device (5)
 20 Indications (5)
 21 Sacred song (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



- Across**
 1 Strike (of workers) (6)
 4 Flower (4)
 8 Mouse (5)
 9 Blonde (5)
 10 Flag (of country) (7)
 14 Young girl (5)
 15 Muñeca (anatomía) (5)

- Down**
 1 Daño (4)
 2 Establecer (9)
 3 Ginebra (3)
 5 Bibliotecas (9)
 16 Eight (4)
 17 Poetry (6)

- 6 Tejado (4)**
7 Verdadero (4)
11 Cerca (indicando proximidad) (4)
12 Eco (sonido) (4)
13 Other (f) (4)
15 Quién (3)

CROSSWORD PAGE

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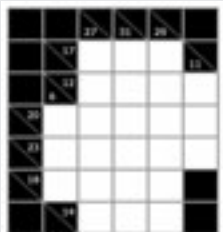
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MADDOCKS' VIEW ON LIFE



Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case L) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 12
- Very good: 24
- Good: 17
- Excellent: 31

LAST WEEK'S SOLUTION

acne acre arco cane cant care cart cent cert ciao cite coat coin coir cone conn core corn cole cran icon narc nice once orca otic race rice taco torc acorn actin actor antic claim caner canoe canon canto caret carte cater tonic trace trice action aortic atonic canine canner cannot canter canton cantor carton cation citron colner contra comea cornet craton cretin enatic erotic nectar noetic notice octane recant tannic trance aconite ancient cannier carolin certain connate contain enactor erotica creation reaction CONTAINER CRENATION NARCOTINE

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

9	3	6	1	4	2	7	5	8
5	8	2	9	7	6	4	1	3
7	1	4	8	3	5	6	2	9
6	7	5	4	8	1	9	3	2
4	9	1	2	6	3	5	8	7
8	2	3	7	5	9	1	6	4
1	4	7	5	2	8	3	9	6
3	5	8	6	9	4	2	7	1
2	6	9	3	1	7	8	4	5

1	8	6						
4				9				
		9		5	8			
5				3		2		6
6			9					1
	9			1	2			
						3		8
				4			2	7
		3	7				5	4

LAST WEEK'S SOLUTIONS

CRYPTIC

- Across:**
 1 Perverse, 7 Ranch, 8 Sacrilege, 9 Tun, 10 Real, 11 Odious, 13 Sampan, 14 Cartel, 17 Ignore, 18 Guam, 20 Den, 22 Operation, 23 Allow, 24 Stiletto.
- Down:**
 1 Poser, 2 Reclaim, 3 Emit, 4 Steady, 5 Knots, 6 Chancel, 7 Removal, 12 Rainbow, 13 Sandbag, 15 Tourist, 16 Priest, 17 Ingle, 19 Mango, 21 Mail.

QUICK

- Across:**
 1 Dull, 3 Daughter, 9 Centaur, 10 Omits, 11 Egret, 12 Ignite, 14 Supper, 16 Serene, 19 Pester, 21 Repel, 24 Again, 25 Gherkin, 26 Omelette, 27 Iris.
- Down:**
 1 Decrease, 2 Lunar, 4 Afraid, 5 Groan, 6 Thistle, 7 Rush, 8 Battle, 13 Reclines, 15 Prepare, 17 Earned, 18 Bright, 20 Tense, 22 Poker, 23 Dado.

ENGLISH-SPANISH

- Across:**
 2 Sacar, 6 Lujo, 7 Ayer, 8 Mares, 9 Mole, 10 Tree, 11 Traer, 12 With, 13 Isla, 14 Igual, 15 Stun, 16 Loro.
- Down:**
 1 Autopista, 2 Something, 3 Cerradura, 4 Rastrillo, 5 Jewellery.

CODE BREAKER

1	C	S	R	O	P	T	X	Y	B	L	Z	K	N
14	A	V	E	H	J	F	U	M	D	W	I	G	Q

KAKURO

	3	2	9	8	
6	3	2	5	4	
		1	6	4	5
4	5	8	3		
2	9	3	6	4	
3	7			7	5

LOTTERY

UK NATIONAL LOTTERY
 Saturday September 23

17 18 26 **BONUS BALL**
 39 54 56 57

IRISH LOTTO
 Saturday September 23

9 26 27 **BONUS BALL**
 30 42 44 17

EURO MILLIONS
 Tuesday September 19

1 8 21 **BONUS BALL**
 30 45 2 3

Friday September 22

6 11 31 **BONUS BALL**
 39 42 1 3

LA PRIMITIVA
 Saturday September 23

9 15 18 **BONUS BALL**
 23 37 41 7 43

EL GORDO DE LA PRIMITIVA
 Sunday September 17

12 16 19 **BONUS BALL**
 27 51 1

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19)
 There is a wonderful enthusiasm about you at the moment. Seeing the reaction of others to you, it occurs that you should have taken this attitude before. Therefore, make a resolution to put more energy into everything that you do. The rewards are both social and financial.

LEO (July 24 - August 23)
 A business partnership takes on a romantic tinge this week. It is possible that the other party sees this as more significant than you. To avoid problems later it would be best to let them do all the running.

VIRGO (August 24 - September 23)
 Your outgoing attitude is spot on. Some may say you are a little crazy, the way you go for things. Each person has their own way and yours can be quite unique but that certainly does not make it wrong. People who make the world around us that little bit more colourful are gems.

LIBRA (September 24 - October 23)
 Some legal matters need your attention. That's not really what you want at this time of the year. A decision has to be made and it needs a fine balance. Asking others may just confuse matters, so only seek expert advice. At the end of the day, you will know what is both best and acceptable.

SCORPIO (October 24 - November 22)
 A last-minute invitation turns out to be just the ticket in more ways than one. An invitation to join a holiday may be proffered. This is unusual, certainly, but keep an open mind. Your company is clearly well appreciated so why not make that a point of pride? Let's face it, who is best equipped to blow your trumpet?

TAURUS (April 21 - May 21)
 There will be a certain amount of discussion regarding holiday plans. You know what you want but how do you persuade others? It's quite easy really. All you have to do is to get someone else to suggest a certain place.

SAGITTARIUS (November 23 - December 21)
 Someone you mistrust offers to add to your celebrations. Why not call a truce? We both know that little long term will come out of it, but who cares? Sometimes, it is better to share one good moment with someone than none at all.

CAPRICORN (December 22 - January 20)
 As you are very much in the limelight, it comes as no great surprise that admiration comes your way. What may surprise you, however, is the direction it comes from. Who would have thought that such a situation would arise? Strange things happen sometimes.

PISCES (February 20 - March 20)
 Something new which you started in recent weeks becomes more than a passing interest. Although it may be surprising to you, it is owing to a predictable situation. In opening your mind, you also seem to have opened your heart. Many people do that at this time of the year and so you are not alone. Trusting is sometimes difficult but it must happen sometime.

ARIES (March 21 - April 20)
 Being totally inspired this week, you could be tempted to let enthusiasm run away with you. It is a lovely feeling, like being a child again. Be sure to have fun, but do keep as much money in your pocket as possible. With many demands at the moment, restrict your exuberance on finances.

GEMINI (May 22 - June 21)
 You are so sharp that there is a danger you will cut yourself! Seriously, though, try not to appear pompous over a certain matter. You may be right and you may be clever, but smarty pants are rarely popular. Some of that sharpness gets things going for you in the love department.

CANCER (June 22 - July 23)
 With everyone busy round you, the chance may be taken to show what you are capable of. Instead of watching someone make a pig's ear of a work project, offer to help. It's important to let them think any bright ideas were theirs.

Advertising feature

Smoother, younger looking skin and reduce fat in time for Christmas

SUMMER will soon be nothing more than memories and CHRISTMAS is coming! Often the highlight of many people's year it is a time of socialising, parties and looking fabulous in that little black dress.

Diet and exercise definitely work towards a better silhouette, but modern technology now gives us a boost! If you are looking to lose a few inches and slim a dress size or two in time for the festive season, Medcare Aesthetics Centre in Benijofar and Alfaz del Pi may have the answer.

Or, perhaps you want to look a little younger and fresher in time for the party season. No problem, Medcare Aesthetics Centre has all the latest non-surgical aesthetics treatments for the face and body. If you start treatments now, you could be looking at a new you before the New Year.

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For best results, we recommend a course of six sessions for Exilis. You will notice an improvement after two to three sessions but the full transformation is apparent after six sessions. So now is the time to book your first session to show off the new slimmer, younger you in time for Christmas.

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Dermapen treatment, a micro needling technique used to regenerate and revitalise the skin. The tiny needles puncture the skin and stimulate the skin's collagen production. Collagen is the main structural component of the skin and reduces as we age leaving lines, sagging skin and wrinkles.

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Because Dermapen stimulates the skin's natural rejuvenation process, results can be seen as soon as after the first treatment. Book your treatment now to surprise your friends with your smoother, younger looking face at the Christmas parties!

As well as Exilis and Dermapen, Medcare offer a wide range of non surgical treatments, including Botox and dermal Fillers, as well as

professional cosmetic and medical grade skin products from Glo Therapeutics and ZO Skin Health to leave you looking and feeling better and younger, there is sure to be at least one treatment or product to suit your needs.

Apart from non surgical treatments and products, Medcare offers a wide range of surgical options to help sculpt your figure. From Abdominoplasty (Tummy Tuck) to arm lifts, breast reduction and liposuction. Medcare always provides a free and thorough consultation to ensure you are fully informed before you make a decision to go ahead or not with any procedure.

To get started, book a free consultation with our clinician at Medcare's Benijofar clinic. Visit or call on 966 860 258 or email at doctors@medcarespain.com.

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Take a hike

By Kat Ashton

HIKING outdoors is good for the body and mind, and gives you the chance to explore the world while you're at it.

While jogging remains a popular form of exercise among fitness enthusiasts, many don't realise that walking in the outdoors may actually be better for you. This powerful cardio workout puts less pressure on the bones, joints, and heart and is a proven mood booster - especially if you trek around somewhere particularly scenic.

Going on regular hikes could lower your risk of heart disease as it reduces blood pressure and blood sugar levels. It helps to build strength in your quadriceps, glutes, hamstrings, as well as muscles in the hips and lower legs.

Rambling over a rocky terrain also, unsurprisingly, improves balance by strengthening the core - which will come in handy if you find yourself stumbling down a particu-

larly steep slope.

Hiking is as good for the mind as it is the body, as research has proven that it is effective at combating the symptoms of stress and anxiety. The president of the American Hiking Society claims this is because nature is ingrained in our DNA, and hiking helps us to escape from the noise and chaos of towns and cities.

“

Hiking is as good for the mind as it is for the body, as it combats stress and anxiety.

There are several ways you can make the most of your hikes, whether you're an experienced stroller or setting off for the very first time:

Tackle a few hills along the way as even a small hill will burn extra calories and intensify your heart rate.

If you carry some extra weight in your pack, such as extra water reserves, this can

help to build muscle strength in your back.

Invest in a decent pair of hiking boots and dress according to the weather.

Finally, always familiarise yourself with the route before you go and take a map just in case.



HAPPY HIKERS: Walking outdoors is proven to boost both fitness and happiness.

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Pain around the hip joint

A common complaint that is often seen in our practice is a pain around the hip. This pain often radiates to the buttock, groin and through the outside of the upper leg towards the knee. In addition, it is often noticed that the knee gives way and lying in bed on the painful side is almost impossible.

Frequently, it is thought that degeneration of the hip or bursitis in the hip is causing the problem. However, with this combination of symptoms, this is almost never the cause of these complaints. After thorough examination, it is often found that there is a pelvic disorder. Because the hip makes its joint with a pelvic half, the hip joint is put in a twisted state if the pelvis is misaligned. This often causes the hip bursa to irritate and because of this change of position the angle of the knee is altered. This causes instability and often causes people to fall through their knee without pain. The pain on the outside of the leg is caused by the tension of a muscle running on the outer side of the leg (iliotibial band) and attached to the knee capsule.

The change of position has increased the distance between the pelvis and knee and tenses this muscle, the joint capsule and puts more pressure on the bursa in the hip, so lying on that side is impossible. In addition, there



may be an irritation of the sciatic nerve which causes pins and needles or pain in the whole leg.

Furthermore, the pelvic misalignment causes an overload of the SI joint. Due to this overload the muscles around the hip tighten. This constant strain also causes pain in the entire hip region.

This complaint is therefore a complex

disorder with many biomechanical ingredients that affect each other and cause a complex complaint. You understand that accurate diagnosis is essential for handling this complaint. An officially registered chiropractor can help to treat these complaints.

Unfortunately, chiropractic in Spain is an unprotected profession and everyone can be

called a chiropractor. Frequently, patients say they have already been to a chiropractor, who just is a therapist saying he is a chiropractor.

An officially registered chiropractor has followed a five-year full-time university study. During this entire study, resembling the first 5 years of medical med school, is focused on specific diagnostics, sophisticated techniques of treating the spine and on eliminating risks. So always check if a chiropractor is a member of the Spanish Chiropractic Association.

Even if a therapist says he uses the same techniques as a chiropractor, it is misleading and the treatment will not be the same.

We have specialised in dealing with the above complaint and help many people to get rid of this complaint every day. By focusing on all causes and consequences of complaints, we are very successful to help you with this complaint. Even if you've been everywhere, have already tried everything and have had complaints for years.

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Quiropráctica Calpe/Altea

Jason Gast (Doctor in Chiropractic)

By Kat Ashton

BEETROOT has long been known for its 'superfood' properties, and has also gained popularity in the baking community who use the purple root to reduce sugar quantities in sweet treats and add an Instagram-worthy pink hue to food.

Now there's another great

All about the beets

reason to add more beetroot to your diet - it can help your muscles to recover after a workout.

Dr Emma Derbyshire, a public health nutritionist who wrote a paper based on

these findings for Complete Nutrition, claims athletes who eat a portion of beetroot within 90 minutes of doing exercise experience less muscle soreness and are able to achieve higher performance results.

Beetroots are full of nitrates which release oxygen into the bloodstream and boost circulation to the places that need it. This helps to aid muscle recovery, especially after high intensity interval training (HIIT), and can even lower blood pressure.

The increase in oxygen levels also brings along other

health benefits, such as improving concentration, increasing stamina and helping to prevent illnesses caused by high blood pressure such as heart attacks and strokes.

They are jam packed with other essential nutrients as well, including iron, potassium, B vitamins, magnesium and manganese - which is good for the bones, kidneys and liver. Drinking beetroot juice is also an effective way to help the body detox, as it is a natural blood cleaner.

Eating this wonder vegetable on a regular basis becomes even more important as we age, as research shows that our capacity to produce nitric oxide, which the body generates from nitrate-rich foods, decreases as we get older. Eating a diet full of beetroot can help to keep the mind fresh as it stimulates blood flow to the brain's frontal lobe which improves skills like organisation and attention to detail.



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Wasp stings



SPECIALIST: Doctor Luis Perez Belmonte.

What are the symptoms of a wasp sting?

When you are stung by a wasp on your skin, the area infected will become inflamed and red with a noticeable centre where the sting occurred. In general the reaction is contained to where you are stung, however some people can have reactions all over their body.

Can they be dangerous?

Wasp stings tend to hurt, but are not often dangerous. In some cases, especially with people who are allergic to them, the reaction can be much more severe and can cause death.

How can you tell if you are having an allergic reaction to a sting?

Normally when a person is stung by a wasp the

reaction is contained to the area they were stung. However if a person feels generally unwell, begins to sweat, has other skin lesions appear on their body, swollen lips or face, difficulties breathing or loss of consciousness and chest pains, among other things, then it is certainly an allergic reaction.

What should I do if I get stung?

Normally if it only causes a reaction on the skin you don't need to see a doctor. However if the area stung becomes infected or you notice an allergic reaction then immediately go to accident and emergencies where you will be prescribed with treatments which can include anti-inflammatories, corticoids or maybe even antibiotics.

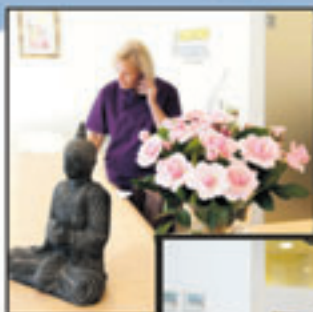
*If you have any questions for Dr Perez Belmonte, please send them to:
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By Kat Ashton

String theory

WHILE many people make a point of brushing their teeth every day, less people make the effort to floss. This small chore can sometimes feel like an unnecessary burden, and it's easy to forget to do it.

Dentists have a point when they emphasise how important flossing is as it actually plays a vital role in dental health. Flossing

gets into the spaces between the teeth that a toothbrush can't get to, and removes the stubborn bits of tartar and food that can get

stuck in these places.

The main risks of not flossing include an increased risk of developing cavities and gum

disease, as dental plaque can lead to the growth of harmful bacteria that destroys the enamel between teeth and irritates the gum tissue.

There is also evidence that taking good care of your teeth and gums does much more than give you a flashy smile. A healthy mouth can also help to prevent some serious illnesses which can be life threatening, such as diabetes and heart disease.





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TO READ MORE

Advertising feature

Terra Natura Benidorm presents a new fun, educational programme for schoolchildren!

TERRA NATURA BENIDORM is launching a brand new educational project, an ideal learning tool for both teachers and students.

The nature park has designed a new programme of activities for schoolchildren in the province of Alicante. The fun and learning project includes 10 new themed activities which will take place in educational classrooms and different areas of the park with the aim of teaching children about nature.

The activities have been planned to fit in to the curriculum at each level of school, making them an ideal support tool for teachers. Children will learn about camouflage, animals in danger of extinction, the food pyramid, animal behaviours and reptiles, among other subjects. These lessons can then be taken back to the classroom and expanded on with students over the course of the academic year.

This educational offering has been prepared by experienced professionals who



ACTIVITIES: Learning about animals.

have extensive training in education, biology and conservation. Through these school trips, children will be taught to show respect for the environment as well as about the importance of conservation. The activi-

ties will also strengthen teamwork skills and allow children to develop through fun.

The duration of activities can be adapted to the time requirements of each group and the experience is complemented by balanced menus, served in Terra Natura's restaurant area, which are suited to the age of the group. Visits by ESO and Bachillerato students includes a trip to Aqua Natura during its open season.

For more information, teachers can visit

<http://benidorm.terratanatura.com>, or come to one of Terra Natura's open days until October 31.

Terra Natura, which opened in 2005, is located at Partida Foia del Verdader, s/n, 03502 Benidorm, Alicante, Spain and can be contacted on 966 072 770.



LEARNING: About reptiles and camouflage.



PEÑACERRADA GARDENS:
Asset of Cultural Interest (BIC)
since 2007.

Photo credit: Muchamiel town hall

Something to celebrate

By Linda Hall

MUCHAMIEL celebrates World Tourism Day this Sunday in the Jardines de Peñacerrada.

The UN designated 2017 as

International Year of Sustainable Tourism to support changes for a sustainable tourism sector that safeguards natural reserves, local history and traditions.

With this in mind, Muchamiel has prepared a day of activities and entertainment in the Peñacerrada gardens, declared an Asset of Cultural Interest (BIC) in 2007.

The activities centring on the town's historic, cultural and environmental heritage begin at 10am with a visit to the municipal allotments, continuing at

11am with a conducted tour of the Ravalet district that was built by the Moors.

There will also be a dramatised tour of the gardens at 12 noon and at 1.30am traditional - and free - pa-oil i boix: bread spread with oil, salt and crushed ñora (dried red pepper).

There will be games and workshops throughout the day including a children's conducted tour at 5pm and Storytelling at 6.15pm.

All activities are free and open to all members of public.

Spanish Oktoberfest

LA NUCIA is holding its own Oktoberfest between October 6 and 9.

Held in the car park at the entrance to the Camilo Cano sports grounds, live music, food and beer will recreate the atmosphere of the famous Munich festival.

There is no entrance fee but numbers are limited to the legally-allowed capacity and the organisers recommend reserving a table on 677 329 366.

The festival opens to the public at 6.30pm on Friday October 6 and continues until 2am. On the two following days it will be open from 12 noon until 4pm, reopening at 6.30pm until 2am.

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Photo credit: Pierre Dalous

See vultures up close

MARIOLA: Home to vultures once more.

By Linda Hall

THE next Canyet Project Open Day to visit the Mariola vulture colony will be held on November 19.

Although this is several weeks ahead, places are limited to 30 and reservations are

necessary. The visit sets out from the Cantina at the Pre-ventorio in Alcoy at 9.30am.

Vultures were reintroduced to the l'Alcoia and El Comtat areas in 2000 and there are now more than 100 birds. They are protected by a programme that has the partici-

pation of Alcoy City hall, the FAPAS Wild Animal Protection Fund (FAPAS) and the Generalitat's Environment department.

Reservations should be made on 96 553 7127 or emailing medi_ambient@alcoi.org

The Palace Variety Show hits Benidorm

TICKETS are still available for the Palace Variety Show taking place at Benidorm Palace next Sunday October 8.

The event, in aid of the Spanish Association Against Cancer (AECC) and the Royal British Legion, welcomes the likes of Jimmy Jones the Guvenor and X Factor star Honey G.

Honey is back on European soil after capturing attention Stateside, performing at Beachers Madhouse at the Roosevelt Hotel in Hollywood for her X Factor mentor Sharon Osbourne and her daughter Kelly.

Honey - real name Anna Gilford - is preparing to release a second single, but she will no longer be working with Simon Cowell's Syco label.

She told the English press of her new career plans: "I might be launching my own record label, which will be representing real rap and hip-hop music."

Also taking to the stage will be Sonia, Freddie (Parrot Face) Davies, Devon from The Voice Kids, La Sal Torreveija, Totally Dance Studio, Jay Markwick & Co, Nikki G, Paul Michael, Randall Cain and Stuart Sinclair.

Tickets cost €25 and are available via the Box Office: 965 851 660.



Photo credit Facebook

IN TOWN: X Factor star Honey G recently returned from the US.

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Photo credit Wikimedia

WELL TRAVELLED: Dos Passos often spoke of how his travels influenced him in his ideas.

100 years later

THERE is still time to visit the photographic exhibition celebrating 100 years since John Dos Passos visited Denia at the town's Casa de Cultura.

John Dos Passos (January 14, 1896 - September 28, 1970) was an American novelist and artist active in the first half of the 20th century.

Considered one of the Lost Generation writers, Dos Passos published his first nov-

el in 1920 and is best known for his USA trilogy, comprising *The 42nd Parallel* (1930), *1919* (1932), and *The Big Money* (1936).

The exhibition closes this Saturday September 30.

You can visit from 11.00am - 2.00pm plus 5.00pm - 9.00pm today or tomorrow and 11.00am - 1.30pm plus 6.00pm - 9.00pm on Saturday.



ADAGIO: The seven-part harmony group sing a wide variety of music.

When pop meets classical

THE Costa Blanca's newest music group, Adagio, are performing their debut concert from 8pm on Saturday November 4 at the Ermita San Josep in La Fustera. The concert is called 'Pop Meets Classical' and features well-loved music from Elvis Presley, Simon & Garfunkel, and Bryan Adams among others, mixed in with popular classical tunes.

This new seven-part harmony group like to show their love of a wide variety of music by combining many genres into this concert although not always as you would expect to hear them, for example did you know that Beethoven's 5th Symphony has words to go with it?

The venue is on the road between Pedramala (Benissa) and

the coast. The concert starts at 8pm with the doors opening at 7.30pm. The tickets are priced at €12 and are available online at www.philipashley.com/boxoffice.php or by phone on 965 581 483. This concert is also helping to raise funds for the Costa Blanca Anglican Chaplaincy who have kindly given permission to use their church for this event.

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Pleasure without measure?

A TOAST TO GOOD FOOD, GOOD WINE AND GOOD FRIENDS



WITH GARRY WAITE

I HAVE always been a great lover of 'free pouring' - the absence of using fixed measures of alcohol.

Even though it was technically against the law, it was well practised in my restaurants in the UK. It must have been the Spanish influence even all those years ago. But even with this method it was possible to pour exactly the same measure into each glass. Apart from alcohol, pubs and restaurants started to use legally (or voluntarily) measure marks on the wine glasses.

But most bars and restaurants here free pour without such guidelines, which leads to differences that are quite noticeable.

Last week I had occasion to be in three different establishments of varying standard. One was a place I pop into quite often. A family run eatery of few tables and fewer



Too much.

customers, but a warm welcome and a decent glass of Rosé, well chilled but the measure is half as much again as I would pour. They must be getting four glasses out of the bottle at the most: and at €3.95 a glass they are selling the bottle of wine for €15. Makes sense even if it looks generous.

The second place was a restaurant that is very busy and whose prices are quite high. A glass of red wine from Ribera del Duero (the price I do not know as I was being invited - but I imagine around the €5 mark) came in a modern glass with a wider base and a curved side, the sort of glass used by most upmarket establish-



Too little.

ments.

I tell my staff to fill the glass to just above the curve, which gives five good glasses from the bottle. But on this occasion the measure was below the curve which would give the house six glasses to the bottle. Making a bottle of house wine worth around €30 a bottle, which I am sure we would all say is too much.

However I did ask them to fill it to above the curve which they did without question.

The third place was a very modern tapas/raciones/and restaurant operation in Marbella. Very professionally run. We had a bottle of wine which was their house



Perfect.

wine at €21 from Castillo de Mancha, which wasn't particularly good. The red wine by the glass was pleasant enough and at €3.50 a glass was good value. The measures poured were also correct.

Now dear reader, you may have got down to the bottom of this article and ask if there is a point to it? Well, my point is that whatever price you charge, or quantity you give, the chances are it is normally more expensive to drink wine by the glass than the bottle.

This last place was charging less for drinking by the glass than the bottle. White by the glass at €3 means €15 a bottle, red at €3.50 means €17 for the bottle. With the former being €21 a bottle and the latter €25 it's obvious which makes more sense to the consumer.



I have an obsession with quality. I work for my guests - not to obtain Michelin Stars.

Alain Ducasse

Stars that burn out

FORGIVE me if I have told you before but, because once again the subject of Michelin stars is back in the news, as we hear that the renowned three-Michelin-starred French chef Sébastien Bras has asked Michelin not to include him in the 2018 edition of its gastronomic guide to the country citing the "great pressure" involved in maintaining Michelin's top honour, I am reminded of my old friend Chris Oakes who opened a restaurant in Stroud and gained a star in his first year and then a second in his second. The cost of maintaining such an accolade and the subsequent strain of doing so, made him sell up.

Sébastien, who is the son of Michel Bras and runs Le Suquet in Laguiole near Rodez, took over the restaurant that his father founded 10 years ago. The restaurant, opened in 1992, won its third star in 1999 and has held them ever since.

Although unusual this action is not unheard of as the pressure on health and family life has made several chef/proprietors make the same decision over the years.

Weeds are flowers too - once you get to know them

(A.A. Milne)

I DON'T know about our readers, but I am sure there are many of you that have beautiful gardens and perhaps grow your own vegetables. Some of you could have window boxes or, if like me, a couple of terraces with jardineras. My grandfather loved his garden and grew vegetables, wonderful flowers and everything was in order. His greenhouse flourished.

He passed away before I bought my first restaurant where I had a greenhouse as well as a vegetable garden. No matter what I did I couldn't get the rotation right and despite regular maintenance I was never going to be competition for Covent Garden. So needless to say it was never going to be my forte.

After years of replanting my plant troughs here in Spain on a regular basis, at considerable cost, I decided to lay weed protective material with stone covering and fill with cacti. Seemed sensible to me, after all, Aloe Vera and cacti thrive in desert conditions, so they were bound to thrive on my terraces.

Have you ever been surprised when in the countryside to see flourishing trees and bushes



Grandad's.

that receive no water from artificial sources, neither pruning nor maintenance, yet are healthy and happy?

Switch to my terraces and after two years, despite the odd watering ('don't water them too much' said the gardener) and talking to them they have now reached the end of their lives and will be consigned to the garden rubbish.



Mine.

However, a thought crossed my mind; if I leave them where they are I could be the only one out of my neighbours that will have a dried cactus display.

224 the number of Michelin stars awarded to Spanish kitchens.

3,300 the number of Michelin stars in Japan.

252 the number of Michelin stars in Great Britain.

924 the number awarded in France (strange that?).

Figures based on the number of stars per million of population)

ON THAT NOTE I will bid you farewell until next week and should aspiring restaurateurs need some help or advice, please do not hesitate to contact me.
A toast to Good Food, Good Wine and Good Friends.

*Garry Waite is a foodie and restaurateur and Hospitality Management Consultant. If contemplating setting up an operation, or having problems with an existing project contact him on garryphwaite@gmail.com.

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Spanish market continues to thrive

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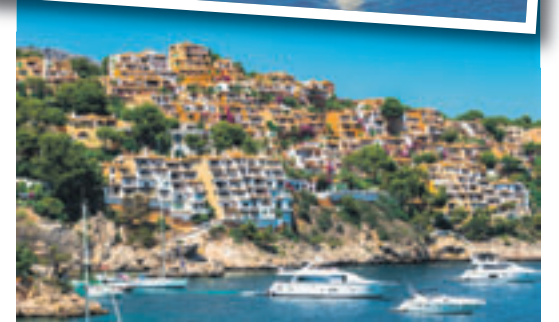
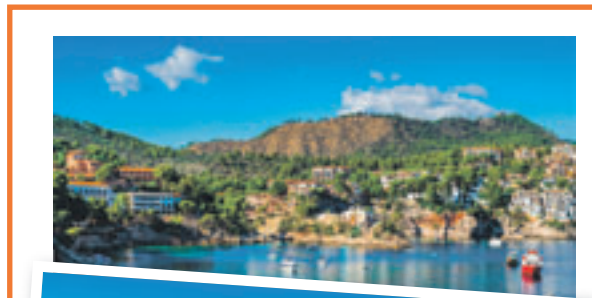
On the higher end of the property market, Marbella has long been a favourite of the rich and famous and boasts some pretty impressive luxury villas in its register. Nearby Malaga airport offers year-round flights to the UK and the town is known for its upmarket array of shops, restaurants and nightclubs - where you might just spot a familiar face or two.

By Kat Ashton

SPAIN welcomed a record number of tourists to its shores this summer, and the temptation to buy a second home abroad becomes even stronger after returning to the daily grind. The promise of a great climate, cheap flights and Mediterranean lifestyle is particularly appealing to Brits who continue to flock to buy property in their favourite holiday spots. While the property market continues to show strong signs of recovery, a new survey by one of Spain's top home-builders has revealed which areas are the most in-demand among British investors:

**TORREVIEJA:**
Popular.**TORREVIEJA**

Topping the list as the most popular destination to buy a second home is Torrevieja on the Costa Blanca. This town is located in the southern part of the Alicante Province and seems to have it all, with affordable properties, white beaches, and the Alicante airport just a short drive away.

**CALVIA:** A great base.**CALVIA**

Mallorca has become a sought-after destination in recent years and draws in holidaymakers from across the globe. Once named the second best place to live in the world, the largest of the Balearic Islands promises a comfortable, happy and relaxed lifestyle. The historic town of Calvia is located within close proximity to the island's most popular resorts so is a great base for families looking to relocate.

**MIJAS:** White village.**MIJAS**

Just up the coast from Marbella is the popular village of Mijas, which offers a wide range of amenities so visitors and residents alike are never short of things to do. With great beaches and golf courses in close proximity, not to mention an established community of UK expats, it is clear why more and more people are choosing to make Mijas their second home.

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How to enjoy serious savings when saying 'adios' to Spain

If you're planning to send money back to the UK from Spain, getting the right support could make all the difference - particularly in the current climate. While Spain remains one of the most popular European emigration destinations, events since the UK referendum have left some expats reconsidering their tenure here in Spain.

Since the UK voted to leave the EU in June 2016, it's fair to say that uncertainty has been the order of the day. And with the surprising outcome of the 2017 UK general election and Brexit negotiations already hitting big obstacles, the outlook for British nationals living abroad remains murky.

The initial vote to leave may have been a shock, but GBP/EUR has taken a further beating since. Theresa May's ill-advised snap general election saw the Tories barely clinging onto power. At the beginning of August, a pessimistic outlook from the Bank of England (BoE) saw the GBP/EUR exchange rate crash to a fresh seven-year low.

Recent developments, such as increasing optimism at the BoE and softer-than-expected signs of weakness in the UK economy have pushed the pound higher. But even with this current strength taken into account, GBP/EUR has only been able to climb back to what was the worst post-referendum level before the latest bout of weakness.

For anyone looking to move money back to the UK from Spain, this is great

news, as your euros will buy more pounds. There are still important things to be aware of, however.

1. Transfer timing

As the past year has shown, exchange rates are capable of sudden, dramatic movement. The pound dropped 8% in the wake of the EU referendum result and lost 2% on the day after the UK general election.

Timing can make a huge difference when it comes to getting the best return on your currency transfers, so stay up-to-date with the latest news if you want to be able to time your transfer effectively and move your money when the exchange rates is in your favour.

2. Transfer fees

Most banks apply a transfer fee when moving money abroad, but you can avoid this charge by using a reputable currency broker to manage your funds instead. Currency brokers are also able to offer more competitive exchange

rates than other providers, potentially saving you thousands on larger transfers.

3. Transfer deals

Leading providers of international money transfers, like Currencies Direct, may also be able to give you access to special deals. Currencies Direct's relationship with CaixaBank means that anyone selling a property in Spain is able to deposit their banker's draft in Currencies Direct's euro account without incurring all the usual fees before repatriating their funds.

With uncertainty likely to remain the watchword as 2017 comes to a close, it's essential that you have access to expert support and insight when you need to move money to or from Spain.

At Currencies Direct, we've helped over 210,000 customers save on their currency transfers since 1996. Just pop into your local Currencies Direct branch or give us a call to find out more about how you can save money on your currency transfers.

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Autumn gardening - Mediterranean style

GRAEME TYRRELL

UNLIKE northern European regions, autumn is a busy time to clean up the garden and start planting the winter and spring annuals, flowering perennials, herbs and vegetables.

It is the best time to set out new garden designs to allow new trees and shrubs to get established with the winter rains and cooler weather benefiting them to grow stronger before the onset of the next hot, dry summer season. Pruning back spent flowers and scraggly

growth can also be done now.

Flowering annuals and perennials to plant now include sweet alyssum, calendula, Canterbury bells, English daisy, African daisy, Iceland poppy, larkspur, lobelia, pansy, annual phlox, ranunculus, stock, sweet pea, sweet william, viola, primroses, cyclamen, and bulbs such as daffodils and jonquils. Having flowers always brightens up the home garden, balcony or terrace and take up only a small area whether in pots, planter boxes or the garden.

Vegetables to plant now



AUTUMN: Time to start planting bulbs for spring.

include beet, bok choy, broccoli, brussels sprouts, carrot, cabbage, cauliflower, celery, endive, garlic, kale, kohlrabi, leek, head and leaf lettuce, onion, pea, radish, spinach, snow peas, Swiss chard and turnip. There is nothing like your own fresh vegetables if you have the time and space.

Most herbs are planted at this time but lavender, marjoram, oregano, sage, rosemary, tarragon, thyme, parsley, basil, chives, mints, dill, coriander, are all favourites that have a variety of different forms to add even greater interest to the garden and the

kitchen meals. Herbs can be grown near or even in the kitchen where there is sufficient light so that they can be easy to gather when needed.

The most successful time to plant most trees and shrubs is just after the first good rains have moistened the soil. Add compost in proportion to the needs of the plants' requirements to do their best. Integrate the compost into the natural soil through cultivation.

It is well worth the effort to prepare the soil to allow the plants to have a good start in their new location and the compost will give better water retention to help the soil continue to provide nutrients and moisture more evenly for many years. Mulching the plants is not essential until before the hot weather returns in spring. I prefer to leave the soil free of mulch over winter in case of water logging and introduction of fungal problems to the soil over the cooler wet months.

Plants that have flowered over summer but are now finishing their flowering should be clipped back where necessary and tidied up. It is not a good time for severe pruning as large cuts can allow entry of diseases in large wounds on trees and shrubs while the weather is still warm and humid. It is better to just use clippers and leave the saw in the shed except for dead limbs and fallen trees.

Autumn is a busy time in the garden while the days are still long and warm. The works will pay off with the establishment of a wonderful garden over winter and allow the blossoming in spring and the garden will have gained hardiness for the next summer's heat and dryness. Enjoy.



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Bee happy

How to make your garden bee-friendly

By Kat Ashton

THE bee population has been under threat in recent years thanks to a puzzling illness called Colony Collapse Disorder, which has not been helped by the overuse of pesticides.

Bees fulfil a vital role in the planet's ecosystem as they are the prime pollinators of plants and crops.

While starting your own hive may seem like a lot of work, you can still help these fuzzy insects out just by making a few simple tweaks in your garden to make it more bee-friendly.

Planting your garden with lots of

nectar-rich plants will encourage them to visit and give them lots of flowers to choose from. Some of the best plants include lavender, verberna, scented geraniums and most herbs.

Make sure the plants are out of the shade, as bees prefer to be in the sun, but also protected from the wind as they don't like to be blown around when trying to get to work.

Finally, try to limit the use of sprays or pesticides in your garden. If you must use a

spray, you can often find bee-friendly versions and it helps to spray in the evening once the bees have returned to their hives.



Bees prefer to be in the sun, but protected from the wind.

STING THING: Most fears around bees are unfounded; they are actually quite docile.

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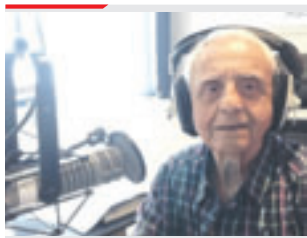


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MANY people think they are being kind giving their dog freedom to bounce around the car, but actually, dogs will feel much safer secured in a travel kennel, wearing a harness, on the floor of the car, or behind a dog guard.

The National Canine Defence League urge dog owners to give their dog the same attention they would give a small child when they travel, and always make sure that the dog is restrained in the rear of the car.

Dogs must get used to travelling in vehicles, so it is best to get them

Dogs and cars



DANGER: Make pet travel safe.

used to travel safely as soon as possible when they are young. I would not encourage holding puppies on the lap, this way you are training the puppy that this is the place to travel. As a dog gets bigger he is put in the back of the car and will

not like the idea which results in barking and jumping. This then results in owners shouting and turning around, thus being inattentive to their driving.

Many owners think that it is a good idea to let dogs have their

heads hanging out of the window of the car whilst travelling. This is dangerous for the dog and can cause many health problems to the eyes and to the nose. Never let your dog hang his head out of the window. Many a dog has jumped out of a travelling car through the win-

dow, resulting in death.

In many parts of Europe, it is an offence to allow dogs to be loose or unsecured in cars and can be very costly in fines.

A dog should never be left in a car during hot weather for longer than a few minutes. Owners should park in shaded areas, keeping in mind that the sun moves. Even if the windows are left open the temperature can reach 35 degrees in a few minutes. Dogs can suffer from heatstroke within 10 minutes or less.

From a training point of view, it is a good idea to make dogs sit before allowing them into the car. When opening a car door dogs should be trained to stay, so that there is no chance of them jumping out onto a road and causing an accident or indeed killing themselves.

There are many products on the market to ensure your pet's safety and to ensure the safety of the car!

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Pets get back to school blues

IT is not just children who feel down when summer is over and they have to go back to school, new research has shown that family pets also get a bit blue during this period.

A study by *Pets at Home* revealed that four in 10 children admitted to having more fun with their pet over summer than their siblings or friends, and a third are unhappy when spending time away from them.

Pet experts claim cats and dogs are more likely to experience separation anxiety when children return to the classrooms as they will often go from being around family members 24/7 to being left on their own for most of the day.

There are a few things you can do to help:

- Make sure they have lots of toys to play with
- Keep all arrivals and departures low-key
- Leave behind an item of clothing in their bed as having your scent around will help
- Leave the TV or the radio on so the sound of voices will stop them from feeling alone.

Alfredo is sensitive

YOU may know a dog that is particularly fond of company, your own pets may be just as affectionate with visitors as with your own family. We hear about devoted, affectionate pets all the time on David the Dogman's radio show on TRE each Saturday morning.

Alfredo is just one of these friendly sensitive types according to his owners. Whenever they plan to go away they worry about how he will fare in their absence. Previous experience shows them that a kennel doesn't suit Alfredo, he loses weight, and loses his voice. It's too disconcerting. He needs to stay in his own environment.



ALFREDO the Lhasa Apso.

So they are now going to prepare ahead of their next holiday by finding housesitters to come to their home to care for him. They'll maintain his routine, check on his well-being and generally take care of him. He simply doesn't seem to like change or the

absence of people from the house.

We ask pet owners to write a special brief, noting special likes, dislikes and characteristics. It helps the housesitters care for their charges with greater attention to detail.

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FUTURISTIC: Electric dreams become reality.

AN electric lorry is the latest creation from Tesla wizard Elon Musk. The self-driving lorry could be on American roads from as early as next month.

Musk, the billionaire behind much of the autonomous driving revolution, described the 'Tesla Semi Truck' as a 'beast.' If the vehicle takes off, which it is expected to, then it will revolutionise the commercial trucking industry. The Tesla Semi Truck will be powered by electric battery and ultimately, will require no driver.

It can travel more than 1,000km on a single charge, although a heavy load could be reduced to just 400k but may be used for urban transport, not substantial inter-state journeys at first. Tesla blueprints for future commercial travel envisage a fleet of electric, autonomous trucks, following one lead vehicle, driven by a human.

A BRITISH billionaire is plotting to resurrect the iconic Land Rover Defender. Jim Ratcliffe, CEO of chemical company Ineos, will invest a whopping €700 million in the ambitious project.

The last Defender was produced in 2016. But Ratcliffe wants to bring back the 68-year-old original. It will be a direct replica of the original design, with modern perfor-

Son of the Defender

mance and safety tweaks.

Oddly, the design isn't trademarked in the UK, though it is in other countries. Ratcliffe wants to produce 25,000 Defenders a year from 2020. He is currently seeking permission to build in the UK, though German factories

are also being considered.

Ratcliffe's Defenders will cost around €40,000. They may face competition from Jaguar Land Rover itself. The manufacturer is reportedly toying with the idea of a sleek, modern Defender due sometime before 2020.

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104,000 km
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SMART Fortwo
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A GOOD turn out of 33 Orba Warblers for this week's Stableford game at Oliva Nova. The course was in very good conditions and two pairs of 'old hands' at the game came first in their respective Divisions.

Division 1: 1st place John Daniels (Hcap. 17.3) with 38pts, now playing off 16.7. In 2nd, Shaun O'Gorman

Orba Warblers Stableford results

(Hcap. 5.0) with 36pts. And in 3rd Steve Smith (Hcap. 4.6) with 34pts.

Division 2: 1st place

again to Sheila Dindar (Hcap. 25.5) with 32pts. In 2nd Barbara Pollitt (Hcap. 23.9) with 31pts, 3rd place went to Paddy Kenmore (Hcap. 20.2) with 31pts.

The CBL Dynamic Duo team of John Daniels and David Knight worked their magic taking the NTP's and a two each on Holes 3 and 16 respectively.

There were two guests, John Goodman and Neil Smith.

The Football Card went to our newest member Mark Doyle with Manchester City.

Next week - October 4 - will be the Spectrum Trophy at Alicante. First tee time 11.36am so please arrive by 10.50am for registration. Guests are welcome subject to space availability and current handicap certificate. To book, please contact Mike Taylor on mjt@stylepms.com or phone 639 242 896.

Pego Golf Society Committee Plate Major competition

THE greens at Oliva Nova have now been aerated for two weeks and it is remarkable just how they are recovering. The group was at Oliva Nova playing for one of their Major Trophies, namely the Committee Plate, which was played in the format of Stableford.

There were 38 players today, and for once no guests, while conditions out on the course were warm and sultry.

In 1st place with 38 points was Shaun O'Gorman playing off 5.8

In 2nd place with 36 points was Peter Rapley playing off 13.0

In 3rd place with 32 points was Jean Taylor playing off 16.5

In 4th place with 31 points was Andrew Harrison playing off 12.9

In 5th place with 31 points was Martin Gates playing off 6.8

In 6th place with 30 points was Barry Levett playing off 16.0

Well played to Mr Shaun O'Gorman who is playing brilliant golf at the moment.

Nearest the pin at Hole No 5 with their second shot was again Shaun O'Gorman with a distant 6.43 metres, and closest to the Pin at hole No 16, was Mr Danny Heron with 1.97 metres.

There was only one 'two' today, and that was by Mr Martin Gates, and balls in the



Winner Shane O'Gorman (second from left) and the other winners.

water was won with 98 balls in the water.

Donna Green was '21' today, and all of the members in song wished her a very happy birthday, and thanks for the sterling work she does for this society.

She kindly brought a birthday bottle with her and that was won by Mr Bill Sykes.

Next week, Pego Golf are playing a Stableford Competition which will be a CLG Qualifier.

Should you be a visitor or a guest and would like to take part in this event please contact the secretary and send an e-mail to Penny Barden at pegohandicapsec@gmail.com or enter through the website www.pegogolfsociety.com. A warm welcome awaits you.



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DETAILS OF MEMBERSHIP
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OCTOBER

City 21 goals, Palace nil, Celtic and Barca unbeaten

Tony Matthews

International Sports

A former player, Tony is now the world's most prolific author of football books with 150 published since 1975. He has also been a PE teacher and a policeman, and is now a quiz-organiser, fund-raiser, for various charities, and sports correspondent for Spectrum Radio.

Costa de Almeria

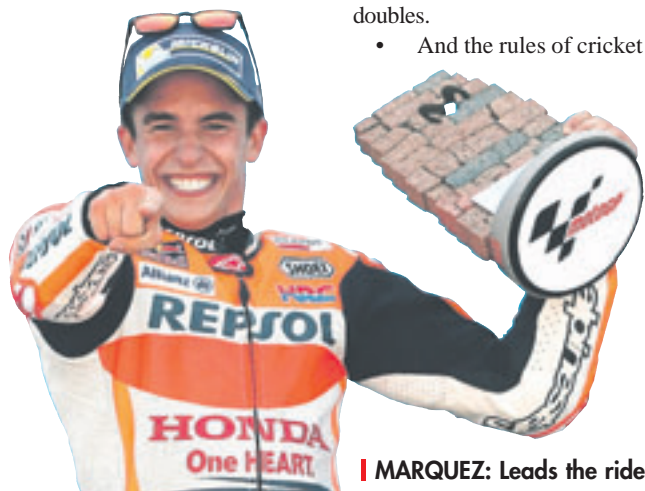
If you're interested in sport, there's enough to suit everybody over the next few weeks including football, boxing, cricket, golf, horse racing, rugby, tennis and motorsport. You won't be disappointed, whatever or wherever it is!

SPORTING CALENDAR

On Sunday, Sepang hosts the Malaysia F1 Grand Prix where Lewis Hamilton could virtually clinch the driver's championship and horses race in the Prix de l'Arc de Triomphe in Chantilly.

In Rugby's Super League semi-finals, Castleford meet St Helens tonight, while Hull face Leeds tomorrow... there's cycling in Italy... golf in the British Masters and President's Cup tournaments in Newcastle and Jersey City and later at Carnoustie (Dunhill Links: October 5 - 8)... we have tennis in Chengdu, Beijing, Shenzhen, Tashkent, Tokyo and Wuhan... World championship canoeing in Pau, France... the World Darts Grand Prix in Dublin... and the Invictus Games in Toronto, Canada... plus loads of football action as well.

Indeed, we've already had European Champions League matches this week and coming up there's Europa League action tonight, followed by WC qualifiers featuring England-Slovenia, Northern Ireland-Germany and Scotland-Slovakia next Thursday (October 5) and Georgia-Wales and the Republic of Ireland-Moldova 24 hours later. And don't forget the domestic competitions, in-



MARQUEZ: Leads the rider's championship by 16 points.

cluding games in the FA Youth Cup, Checkatrade Trophy, the UEFA Women's Champions League and English Premiership with Chelsea-Manchester City, Huddersfield-Tottenham and Manchester United-Crystal Palace on Saturday, followed 24 hours later by Arsenal-Brighton and Newcastle-Liverpool. Also it's Cardiff-Leeds and Sheffield United-Wolves in the Championship; Peterborough-Oxford in FL1; Exeter-Morecambe in FL2 and Celtic-Hibs in the SPL.

ROUND-UP

- It was a Spanish 1-2-3 in last Sunday's MotoGP in Aragon with Marc Marquez finishing ahead of Dani Pedrosa and Jorge Lorenzo. Valentino Rossi was fifth. Marquez leads the rider's championship by 16 points.

- England won the first and third One-day cricket internationals against West Indies. The second was abandoned through rain after just 14 balls. Their 124-run victory at Bristol last Sunday included a Moheen Ali century in nine overs, with 61 runs coming in 14 balls (eight sixes). This was the second-fastest 'ton' ever by an Englishman in one-day cricket. The Oval staged the fourth game yesterday and the fifth and final international takes place today in Southampton.

- Joe Parker beat Hughie Fury to retain his WBO heavyweight boxing title and Luke Campbell also lost his light-weight fight against Jorge Linares. Sadly, the oldest former world champion, Jake 'the Raging Bull' LaMotta, has died, aged 95.

- 85,000 fans saw Jacksonville Jaguars crush the Baltimore Ravens 44-7 in the annual NFL match at Wembley.

- Be prepared: Roger Federer and Rafael Nadal may partner each other in men's doubles.

- And the rules of cricket

could change soon, allowing bowlers to use right or left arms. A Pakistani is doing this at junior level.

FOOTBALL DIGEST

* Last Saturday, PL leaders Manchester City walloped 'goalless' Crystal Palace 5-0. City are the first team to score five or more goals in three successive PL games. And they've already netted 21 this season, while Palace haven't scored at all!

Manchester United, whose manager José Mourinho was sent to the stands (again) won unconvincingly by 1-0 win at Southampton... Two-goal Harry Kane helped Spurs beat West Ham 3-2 in the London derby... Chelsea thumped Stoke 4-0 with Alvaro Morata grabbing a hat-trick... Liverpool triumphed 3-2 at Leicester for whom Jamie Vardy missed a late penalty... Brighton beat Newcastle 1-0... Everton edged out Bournemouth 2-1... Watford were 2-1 victors at Swansea... and Arsenal beat WBA 2-0 on Monday when Albion's Gareth Barry made his record-breaking 633rd PL appearance.

- Before the mid-week fixtures, Leeds, Wolves and Cardiff stood 1-2-3 in the Championship, all with 20 points... and United beat Wednesday 4-2 in Sunday's Sheffield 'steel' derby... Peterborough recorded their 1,000th League win (3-2 over Wigan) to stay top of FL1... Notts County lead Exeter on goal-difference in FL2... SPL table-toppers Celtic defeated Rangers 2-0 in the Old Firm derby to extend their unbeaten domestic run to 56 matches... Barcelona, with six wins out of six, head La Liga, followed by Atletico Madrid and Sevilla... and five players were sent-off (three late on) as Fenerbahce beat Besiktas 2-1 in Turkey.

- In the SLC semi-finals, it's Motherwell v Rangers and Celtic v Hibs. Motherwell haven't won this trophy since 1951.

- Chelsea's Diego Costa will return to Atletico Madrid in January... and the Spanish club will host the 2019 Champions League final.

- And ex-Manchester United and England footballer Rio Ferdinand is to become a professional boxer.



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