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ISSUE No. 1686 || 26 Oct - 1 Nov 2017

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Drugs high on a roof



FIELD OF DRUGS: Two arrested.

NATIONAL POLICE officers have arrested two Dutch nationals - aged 35 and 46 - in connection with alleged drug trafficking in Lorca.

Investigations focused on houses in country areas that had been rented to non-Spanish EU citizens, based on previous intelligence that suspected the owners were growing marihuana indoors.

A subsequent collaboration between National and Local Police in Lorca then visited the suspected locations and found two plantations of the drug.

They found a very sophisticated system of irrigation and environmental controls.

The arrested men had even set up a cultivation area on the roof of one of the warehouses in an attempt to hide the plants from any internal search.

In total, 4,300 marihuana plants were seized.



Photo credit: CARM Transparencia

ENVIRONMENTAL DISGRACE: Mar Menor.

Sea change

Prosecutor confirms legal case

By Ben Park

Murcia regional High Prosecutor, José Luis Díaz Manzanera, confirmed yesterday that he is finalising a lawsuit regarding alleged environmental crimes around Mar Menor.

The legal action could be submitted before the end of October.

Although the head of the Public Prosecutor's Office in the region did not offer more details on the content of the document, the research, that has been developing for a year, is expected to focus on a group of farms around the stricken lagoon.

As previously reported extensively in the *Euro Weekly News*, it has become so polluted that all of its beaches were

stripped of their blue flag status earlier this year.

According to reports, the farms are accused of generating chemical spills and brines, with the document also focusing on political leaders who have allowed degradation to reach almost irreversible levels.

Party plunge

FIVE young girls, aged between five and seven-years-old, have been injured after falling through a skylight while playing at a birthday party in Alicante.

The five fell from a height of five metres from street level into an underground garage at the Florencia urbanisation in Cabo de las Huertas.

Three of the children were taken by ambulance to the Alicante General Hospital intensive care unit, while the other two were taken to the Hospital de San Juan.

Local and National Police attended the incident alongside fire brigade and ambulance crews.

Property Special 82 - 87

dfs
San Javier
See page 28

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INSIDE page 80

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Free Installation in October 2017

About time!

THE clocks will go back this Sunday October 29 at 3am so remember to alter all your timepieces the night before to avoid any confusion.

The change officially marks the end of summer, so get ready for shorter days and cooler temperatures.

It also means you get an extra hour in bed so it's not all bad news!

NEWS EXTRA

Pollution problem

MURCIA is one of Spain's largest populations to suffer pollution problems such as smoke odours and sewage, with 15.5 per cent of residents affected, according to the National Institute of Statistics.

Pups on the up

TWO dogs are recovering after they swallowed pieces of sausage that had hidden nails inside. Homer, a two-year-old dog, and Danko, a two month old pup, both required immediate surgery but are now recovering, with Homer at home but Danko remaining in hospital.

No Brexit disruption

Spanish minister interviewed by BBC

SPAIN'S foreign minister, Alfonso Dastis, has said British expats will be allowed to continue living in Spain even if Britain doesn't strike a Brexit deal with the European Union.

The senior government minister speaking on BBC One's Andrew Marr Show, said, "I do hope that there will be a deal.

"If there is no deal we will make sure that the lives of ordinary people who are in Spain, the UK people, is not disrupted.

"As you know, the relationship between the UK and Spain is a very close one in terms of economic relations and also social exchanges.

"Over 17 million Brits come to Spain every year and many of them live here or retire here and we want to keep it that way as much as possible."

Spain is host to the largest number of British citizens living in the EU (308,805) and just over a third are aged 65 and over, according to the Office for National Statistics.

Prime Minister Theresa May is continuing to negotiate withdrawal issues with the EU, including a financial



Photo by BBC TV/YouTube

BIG WORDS: Foreign Minister Alfonso Dastis on the Andrew Marr Show.

settlement, expat's rights and Irish border issues.

Spain's Foreign Minister also responded to questions on Catalan independence saying, "This is a matter to be decided by all of the Spanish people," before denying that the government's move to strip autonomy from the region repre-

sents a coup.

"If anyone has attempted a coup, it is the Catalan regional government," he added.

Meanwhile Donald Tusk, the president of the European Council, suggested that Britain could still choose to reverse Brexit. Tusk said that Britain's negotiations with the EU could finish with "no Brexit," if the UK government wanted.

"It is in fact up to London how this will end," he announced. "With a good deal, no deal or no Brexit."

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Norwegian is glum in Brum

LOW-COST airline Norwegian is scrapping all its flights from Birmingham to Spain with effect from this weekend.

Norwegian operates routes to five destinations in Spain; Barcelona, Gran Canaria, Madrid, Malaga and Tenerife.

A statement from the company said, "Following a review of our services, we will cease operating flights from Birmingham to Spain with the last services departing on Saturday, October 28.

It's a major blow for passengers at Midlands airport that lost 20 per cent of its traffic when Monarch Airlines collapsed recently.

Norwegian is the third largest low-cost carrier in Europe, the largest airline in Scandinavia, and the ninth-largest in Europe.

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Our 5-page spotlight on the business world

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COUCH CRITIC
A REVIEW OF THE WEEK'S TV THROUGH THE EYES OF A READER



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HAVE I GOT NEWS FOR YOU

Dive, dive, dive

MEMBERS of the Sueña Torrevieja political party have expressed their concern at the amount of pigeon droppings in the municipality. There have been more reports of the birds around restaurant terrace tables with some of the pigeons snatching food and leaving deposits from the sky above.

Fake goods impounded

LOCAL POLICE in Cartagena have seized a total of 88 counterfeit articles during the final day of a local fair that attracted thousands of visitors. Among the fake products confiscated were popular team's football shirts, brand named handbags, polo shirts, sweatshirts, training shoes and caps.

Busy storm lines

HEAVY storms that hit the Murcia region triggered a number of emergency 112 telephone calls. According to the emergency coordination centre, most of the issues dealt with falling objects or flash flooded roads that blocked a number of roads. Lightning started fires in Calabardina and Ata María.

Boost for the needy

JUMILLA has announced that more than €220,000 will be used to fight social exclusion in the municipality by means of encouraging job creation and supporting the neediest families; €100,000 of the amount will go to promoting and employing 10 people for six months in the social work programme.

Smarter cops

MOLINA'S Local Police will look smarter than usual after a total amount of just under €60,000 has been spent on new uniforms. Councillor for police, Fernando Miñana Hurtado, said that this is part of further changes to the force's image that

SPANISH FACTS OF LIFE...34

Halloween has crept into the Spanish psyche in recent years, and is now the spooky event of the year

Creeping it real

LIKE other religious holidays including Christmas and Easter, Halloween has become more commercialised in Spain over the years and has moved away from its religious origins.

While 20 years ago trick-or-treaters were a rare occurrence, stores these days are packed with themed sweets and creepy costumes from September onwards.

Another reason Halloween has become more popular is that the next day, typically known as All Saints' Day, is a national holiday. Children and adults now take advantage of partying the night away in spooky costumes without worrying about going to work or school the next morning.

Many Spanish cities still hold their own unique celebrations around this time, however, which keep the holiday separate from the profit-oriented notion of Halloween made popular by the US.

One of the best places to visit at this time of the year is Cadiz. Although not actually linked to Halloween, on October 31 they celebrate the 'Fiesta de Tosantos'. Locals create over-the-top market stall displays depicting all the latest political and social scandals and hold concerts and street performances across the city.

A more sinister event is celebrated in the small Catalan village of Sant Feliu Sasserra. During the two-day 'Witch Festival,' residents pay tribute to the 23 women accused of witchcraft during the Spanish Inquisition and sentenced to death.

Meanwhile in the rest of Cataluña, locals celebrate 'La Castanyada,' putting on various events and market



HALLOWEEN: Becoming popular in Spain.

stalls, selling chestnuts, sweet wine and traditional Catalan 'panellet' cakes.

In Castile and León, people commemorate the holiday by baking traditional pastries called 'Huesos de Santo' which they bring to the graves of loved ones.

Feelin' spooky

These days, Halloween is now closely associated with the Mexican holiday 'Día de los Muertos' (Day of the Dead) on November 1. While Spain has traditionally celebrated 'Día de los Santos' (All Saints' Day) on this day, the increased popularity of the Mexican festival means that people are beginning to combine traditions from the two.

It is becoming more common to see people perform traditional 'Day of the Dead' rituals such as decorating graves with sugar skulls and gifts.



ZOMBIE NATION: Day of the Dead revellers.

Pixabay/Shutterstock

will also include new vehicles.

Cycle tragedy

A 74-YEAR-OLD woman has died after

being involved in a car accident in Dolores. She was riding her cycle along Calle Miguel Delibes at 9.30am when she had a crash with a car. Paramedics transferred the injured woman to the Elche General Hospital but she died later.

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The total number of news and features which appeared in Issue 1685 of the Euro Weekly News Costa Blanca South edition, including 65 local stories.

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Top 5 stories

From October 17 – 23

- 1 Police warn of deadly poisonous bracelets on sale in Spain - **14,151**
- 2 One dead and 17 Brits infected following Legionnaire's outbreak in Mallorca - **8,893**
- 3 WEATHER ALERTS: Rain in Spain, thunderstorms and plummeting temperatures too! - **7,135**
- 4 Jet2 adds extra summer seats to Spain from former Monarch bases - **5,919**
- 5 STORM ALERT: Spain lashed by heavy and persistent rain - **5,905**

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Poll of the week

After France announced it will introduce fines for wolf whistling, should it be banned in Spain as well?

LAST WEEK'S POLL:

Should Spain turn back the clock and revert to Greenwich Mean Time, abandoning the time zone it joined under the Franco dictatorship?

Yes = 38%
 No = 62%

Top Social Media comments

Police call for expats' help in Spain to find UK's 'most wanted' man

You're wanting immigrants, to inform on someone who is on the run in Spain, when quite a substantial amount of British immigrants are also living in Spain because they could help the police in the UK with certain enquiries, (ie on the run)! Good luck. *George R Carman*

British expats will be able to stay in Spain 'even if there is no deal' says Spanish foreign minister

Okay, then they don't have to negotiate that issue, with the dumbheads in EU! *Carsten Thorvald*

Think about it. We don't cost Spain a penny/cent as we are self sufficient. If all the English pulled out they probably wouldn't survive. *Clare Lloyd*

Whereas the majority of Brits in Spain are pensioners or at least autónomo the difference is that the Spanish in the UK are employed because jobs in Spain are scarce. So the Spanish in the UK have more to lose and Spain has more to lose if the Brits were to depart. *Sandra Russell*

Goes without saying people forget that expats lived in Spain before the EU. *Neil Walker*

Spanish police identify 800 British tourists accused of sickness scams

Let's hope they are all caught and the people who set up companies to help scam the insurance companies are all imprisoned. These kind of people are the ones who give our resorts a bad name and travel insurance gets more expensive. Greed total greed. *Elizabeth Dobson*

Anybody want six months free stay in Spain? Free food, room, morning workout, TV, group activities and much more. Sunny patio, meet new friends! Make a false claim and you could be the lucky winner of a FREE jail sentence in the sun! Apply now, to avoid long waits at the local courthouse. *Dario Dumez*

Ban them from entering Spain as well as tracking them for fraud. *Richard Taylor*

Absolutely disgraceful I'm ashamed to be British reading this! *Wendy Nerdin*

Very soon all you Brits will require Visas to enter Spain, or any other EU country for that matter. I'm sure the Spanish keep records of all these scammer's names and their 'let's get rich quick' lawyers. Guess who won't be having a holiday in Spain in future! *André Van de Loo*



DEADLY: The intense red and black bracelets are made with abrin seeds

TRIVIA FROM AROUND THE WORLD

South Africa is called the 'Rainbow Nation' because it has 11 official languages.

35 per cent of men from rural Brazil have had sex with an animal, a study found.

In 2016, a Singaporean street food vendor was awarded a Michelin star.



According to research, all polar bears alive today can trace their ancestry back to one female brown bear who lived in Ireland 50,000 years ago.

★★★★★★

Did you know?

Recycling one tonne of paper saves 682.5 gallons of oil, 7,000 gallons of water and 3.3 cubic yards of landfill space.

Lost in translation



Explosive dog

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.

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Little bits on the side

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Hampered by the campers

By Kat Ashton

MOTOR HOMES have once again descended on the Playa de los Locos beach in Torre Vieja, which has become an unofficial camping site for more than 30 vehicles.

In 2016, the city council tried to persuade tourists not to use the area to park their caravans as it doesn't provide the necessary services and they are taking up a significant amount of space. They also promised to put up signs demonstrating where it is forbidden for these campers to park, but these have yet to materialise.

According to national traffic regulations, owners of caravans can park where they choose so long as they don't block the area around the vehicle with tables, chairs or other obstructions.

Allegedly, most are parked

within the boundaries allowed by the regulation, but some are believed to be spilling over into prohibited public spaces.

As there are no specific parking areas for caravans in Torre Vieja except private campsites, parking by the Punta del Salaret cliff has become popular due to its strategic location by the Playa de los Locos beach.

The recent good weather is also believed to have encour-

aged the increase in numbers, which now amount to more than 30 caravans.

However, although the tourists are very mindful of the environment, the spot has become crowded with visitors who often stay for weeks.

Local media sources claim the majority of these visitors are international, often Dutch, German, British or Swedish retirees who are exploring Spain.



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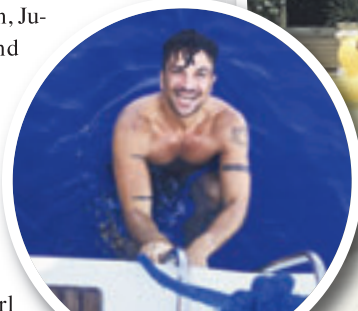
HE'S the 90's pop star who became known for his six pack abs.

But Peter Andre, 44, managed to keep his shirt on as he made a splash on a jet ski in Marbella with children, Junior, 12, and Princess, 10, who he shares with ex-wife and glamour model Katie Price.

They were joined by the Mysterious Girl singer's current better half, Emily MacDonagh, 28, who was rocking a tiny grey summer dress as she smiled from the deck of their luxury yacht.

The pair also have two children together, daughter Amelia, three, and son Theo, 11 months, having tied the knot in 2015 following a whirlwind romance.

Asked about her relationship with her step-children, MacDonagh explained, "they are the loveliest children. It taught me what I was doing before I had my own children. They are great."



DOTING FATHER: Peter Andre.

Peter Andre/Instagram



Photo credit: Elsa Hosk/Instagram

WORKING OUT: Elsa Hosk.

Hosk stuff!

SHE'S set to return to the catwalk in Shanghai for the Victoria's Secret 2017 fashion show.

And Swedish supermodel Elsa Hosk, 29, has been preparing to storm the runway with a week-long detox and Pilates blowout at the SHA Wellness Clinic in Alicante.

It will be the seventh consecutive year that the blonde beauty has rocked lingerie alongside the likes of Adriana Lima and Alessandra Ambrosio.

Two Ronnies: Madrid ace bags gong

AND Real Madrid superstar Cristiano Ronaldo was named the best player in the world for the second year in a row at FIFA's 'The Best' awards in London.

Accompanied by glamorous girlfriend Georgina Rodriguez, who proudly displayed her baby bump, the 32-year-old won by a resounding margin with 43.16 per cent of the votes. Five-time Ballon d'Or winner Lionel Messi came second with 19.25 per cent and the most expensive



Cristiano Ronaldo/Instagram

player in the world, Neymar, came third with 6.97 per cent.

Ronaldo was instrumental in Real Madrid's double winning campaign last season as Los Blancos secured the La Liga title and the Champions League.

The former Manchester United star scored twice in the 4-1 Champions League final win against Juventus as Madrid ensured that they became the first team in the modern era to successfully defend the Champions League crown.

CRIS IN BLISS: Ronaldo.

Suits her

SHE'S the Oscar-winning actress who made her name playing orphan Fantine in Les Miserables.

But Anne Hathaway is to show her lighter side in upcoming comedy remake Dirty Rotten Scoundrels, currently filming in Mallorca. The 34-year-old Hollywood star was spotted in character as she donned a white suit and yellow-rimmed sunglasses at a restaurant shoot.

Feeling broody?

SPAIN'S glamorous Queen Letizia has been spotted looking broody as she held a baby on a trip to Porenu village in Villaviciosa. The royals were on the trip to honour the 2017 Best Asturian Village winner when Letizia held a resident's baby while her husband, King Felipe, looked on with an adoring smile.



Lady Gaga/Instagram

ISLAND FUN: Anne Hathaway.

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Catalonia crisis could bring luck

By Darren James

THE El Gordo Christmas lottery tickets have been on sale in Spain since July and many people pick their favourite combination of numbers, birthdays and anniversaries to bring them luck.

Others pick a number that may be significant in world or Spanish history; and one such number has already sold out this year.

Even before Spanish Prime Minister Mariano Rajoy made his announcement at the weekend invoking Article 155 of the Spanish constitution in respect of imposing direct rule in Catalonia, the lottery ticket of 00155 had become the must-have number of the season.

In fact, in the space of two days, a lottery office in the

village of El Altet sold 150 tenths of that number; El Corte Inglés exhausted their supply of the number too.

The number of 00155 is now one of the most well-known in Spain because of the crisis in Catalonia and the lottery organisers have confirmed that in the administrations where that ticket was assigned for the draw that takes place every year on Decem-

ber 22, there are no longer any left.

The article of the Constitution that now everyone knows in Spain because of the crisis in Catalonia also rampage in the province of Alicante among those who buy Christmas lottery tickets for the draw held on December 22. In the administrations to which this number was assigned, there is no longer any left.

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| 6-9 | days | Barcelona & Peñíscola | | from 390€* |
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| 11 | days | Costa del Sol & Granada | HB | 520€* |
| 5 | days | Almuñecar | HB | 320€* |
| 5-11 | days | Nerja | HB | from 375€* |
| 5-11 | days | Nerja | AI | from 425€* |
| 5-11 | days | Torremolinos / Benalmadena | HB | from 390€* |
| 5-11 | days | Benalmadena Costa | HB | from 320€* |
| 5-11 | days | Torremolinos | HB | from 360€* |
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Government urged to take their toll

MAJOR construction companies across the country are urging the Spanish government to place tolls on all motorways, including those that are currently free. Their argument is that this will raise funds for the maintenance and construction of new public roads.

The proposals are for 10c per kilometre and would affect 320 kilometres of state owned motorways in the Murcia region. This would mean €5 to drive from Murcia to Cartagena, €7 to Lorca and €8 to Alicante. The cost to Madrid would be €40. In the case of the route between Murcia and Cartagena, there is no alternative except using stretches of the old N-301.

The proposal would also affect stretches from Cieza to Cartagena (A-30), Santomera to Puerto Lumbreras (A-7), the Blanca to Yecla crossing (A-33), Puerto Lumbreras to the border with Granada (A-91) and Cartagena to San Pedro del Pinatar (AP-7).

OUR VIEW

Results of the poll in Italy

COINCIDENCE or not, referendums have been held in two formerly secessionist parts of Italy calling for greater autonomy from the Italian state.

Lombardy with Milan as its main city and Veneto with Venice as its most famous icon both saw votes exceeding 90 per cent calling for a larger percentage of tax payments to remain in the regions rather than see it be sent to Rome.

The turnouts were in excess of 60 per cent in each case and although the results are not binding on central government they are an example of how a legally undertaken referendum can alert government to the wishes of the people.

Interestingly, the two Italian regions are both in the north of the country and like Spain, there is some divide between the wishes, aspirations and expectations of those living in the north and the south.

Whilst it is possible that there will be similar votes in other parts of the European Union, it must be remembered that as recently as 1993, Czechoslovakia split amicably to form two independent republics which both went on to become members of the EU.

The Spanish situation is much more volatile but it is to be hoped that the breakdown in communications with Cataluña will be resolved using sense rather than violence from either side.

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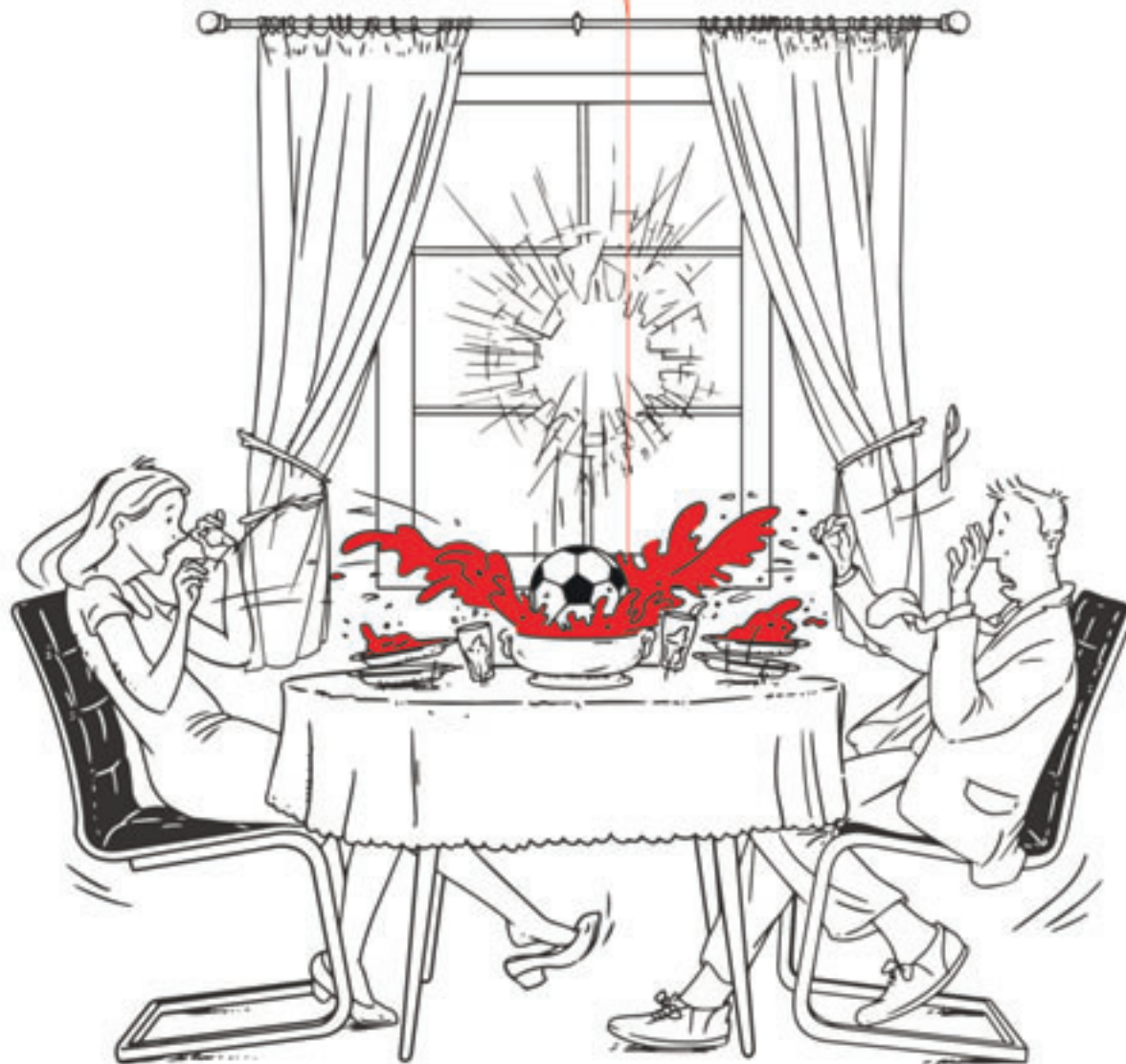
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A cleaner and quieter future

ORIHUELA Council is in the process of acquiring a number of new silent street cleaning machines.

These new pieces of equipment will not only reduce the amount of noise when they're used but also save on the costs of petrol that the old machines needed. The department responsible for road cleaning in Orihuela has received many complaints from local people about the noise these 'street blowers' make and have responded to them in this way.

The new blowers will be fully electric and thus save the expense of petrol, and the €21,000 cost will be recovered in the space of 18 months due to those fuel costs. Each contain a battery that has a life of about five years and doesn't need any maintenance.

Those operating the new blowers will notice a major difference in the handling of them as they weigh about five kilos less than the old ones.

Port to lose number of cruise ships that visit

THE port of Alicante has suffered a major blow to its future as a cruise ship venue after a major company has taken the city off its itineraries for 2018.

Cruise company Pullmantur Cruises SL - based in Madrid and beginning its operations in the late 1990s - was the first of its kind to pick Alicante as a stopping point during some of its Mediterranean cruises.

Pullmantur, the owner of the ship 'MV Horizon' has decided to follow in the footsteps of Costa Cruises and will in future concentrate on developing Barcelona and the Balearic Islands. In fact, the ship 'Legends of the Mediterranean' has already disappeared from the Alicante programme, and the 'MV Horizon' will make its last visits on Saturdays October 28



NO MORE DOCKING: MV Horizon - one of the ships removed from the Alicante cruise itinerary.

and November 4 and 11.

These decisions mean that around 20,000 cruise passengers will be lost during next

year; 6,000 that embark in Alicante and 13,500 that arrive on the ship from the previous stop in Malaga. This is in addition to the 45,000 passengers already lost due to the decision taken by Costa Cruises.

A spokesman for the port of

Alicante said: "We don't like the decision but understand why the company has focused on Barcelona. Nobody knows what's going to happen, especially as it was understood Pullmantur would be here until at least the second half of 2019."

98

The percentage of the country that were Roman Catholics once upon a time.

NEWS EXTRA

Blazing squad

A FIRE broke out in a Torrevieja flat, forcing residents to flee the building as smoke poured from the windows, but firefighters soon had the blaze under control.

Water waste

DESPITE costing over €300 million to build, it has been revealed that the Torrevieja desalination plant only works at 25 per cent capacity, despite the fact the region is on a water shortage alert.

Gender woe

DURING the first six months of the year, 130 new cases of gender violence were reported in Murcia, according to council figures, with women aged between 30 and 40 accounting for 32 per cent of cases.



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NEWS EXTRA

Drowning troubles

THERE have been nearly 50 cases of people drowning in the Murcia region during the first nine months of this year, with more than 60 per cent of these revealed not to be accidental.

Cleaning fine

THE Department of Cleaning has fined the UTE Alicante union for disruption caused due to strikes that took place in August and September. In total, the concessionary has been fined €3,000.

Shark tale

TWO endangered oceanic whitetip sharks donated from the Murcia aquarium have found a new home in Valencia's Oceanographic Institution and are the first of the species to be on display there.

Dead fish and foam mystery still unsolved

THOUSANDS of dead fish have again been located in the River Segura in Murcia.

The conservation and heritage association in Murcia (HUERMUR) has made an urgent report to the Guardia Civil and the relevant water authorities about the sudden appearance of high numbers of dead fish surrounded by foam.

Locals noticed the increased numbers as they walked by the river along the Manterola promenade. "There are thousands of dead fish!" exclaimed one resident, and was among many who were questioning how they managed to end up in that state and in that section of the River Segura.

Another local described the scene as a "disaster."



FOAMING: Test show pollution not behind River Segura issues.

As seen on the HUERMUR Twitter account: "It's the same old story with the River Segura. Every time it rains, there is foam and dead fish. We will be reporting the situation."

One of the explanations of-

ferred for the amount of foam build-up is due to the effect of the rain, and the water authority (CHS) always points out that this is the case.

However, when there was a similar scenario in August, the CHS took a number of water samples for analysis to establish if there was another underlying reason and new samples

have been taken following the latest episodes.

Previous tests failed to detect any pollutants that may have caused the earlier build up of foam and dead fish, and this prompted the authorities to get to the bottom of this mystery which HUERMUR indicates is happening far too often.

Major 'crash' on N-332

FIREFIGHTERS were joined by other sections of the emergency services of Alicante as they took part in a major accident mock-up.

Usually, such exercises take place within the confines of fire brigade parks and indeed in car scrap yards, but on this occasion more reality was added to the situation by recreating an accident in the road tunnel in El Altet on the N-332 just before the turn off to the Alicante-Elche Airport.

This mock-up involved a crash that had three people trapped in the vehicles and proved a valuable training exercise in 'real' conditions, especially within the confines of a tunnel which tests the professionalism of the emergency services to the limits.

The 'trapped' victims needed to be cut free by members of the Elche fire station.

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For British expatriates, understanding domicile is an important element of estate planning. It is domicile, not residence, that determines your liability for UK inheritance tax. With rates at 40%, UK inheritance tax is one of the most expensive taxes facing British families – and living in Spain does not automatically protect you.

Determining domicile

Domicile is a complex and adhesive UK common law concept. The basic rule is that a person is domiciled in the country in which they have their permanent home – the country regarded as your ‘homeland’. However, you can remain UK-domiciled even after living abroad for many years.

There are three types of domicile under English law: domicile of origin; domicile of dependence and domicile of choice.

While changing your domicile is possible, this needs to be a carefully considered and planned process as there are no set rules – much depends on your particular circumstances and intentions. If challenged by HM Revenue and Customs (HMRC), the onus is on you – or your family inheriting your assets – to prove you

Do you know where you are domiciled? Are you sure?



By **Brett Hanson**,
Partner,
Blevins Franks

were non-UK domicile at the date of death.

Changing domicile

To acquire a domicile of choice you must be physically present and tax resident in your new country, intend to live there permanently, and not foresee a return to the UK. You need to sever as many ties as possible with

the UK, as HMRC will look for any indication that you see Britain as your homeland and may return one day. Even stating in your will that you wish to be buried in the UK could work against you. Electing for UK succession law to apply over local ‘forced heirship’ rules could also be a tipping point in combination with other ties to the UK.

Even if you adopt a domicile of choice outside the UK, it can take up to four years to shed a UK domicile for inheritance tax purposes. HMRC may treat you as UK-domiciled if you:

- were UK resident for 15* (previously 17) of the last 20 tax years (*due to change imminently and be backdated to April 2017)
- return to Britain for more than a year (if the UK is your domicile of origin and place of birth)
- move to a third country – until you can demonstrate you have

established a new domicile of choice.

The effect of domicile on taxes

Anyone who is deemed UK-domiciled is liable to 40% inheritance tax on their worldwide assets above the individual tax-free allowance of £325,000 – which is transferable to your spouse or civil partner. By 2020, the phasing in of a new ‘family home allowance’ will add an extra £175,000 allowance per person, meaning a total potential threshold per couple of £1 million.

Non-UK domiciles are only liable to tax on assets situated in the UK.

The best approach

Domicile is a complex area of law, particularly for inheritance tax purposes. If you are looking to claim change of domicile, or if there is a significant amount of UK inheritance tax at stake, you should take expert

advice specific to your circumstances. Whether or not you have UK domicile status, there are tax planning arrangements available to reduce your liabilities to inheritance and other taxes. An expert in this area will help you establish your domicile status, how inheritance tax interacts with Spanish succession tax, and what steps you can take to minimise taxes for your heirs.

Tax rates, scope and reliefs may change. Any statements concerning taxation are based upon our understanding of current taxation laws and practices, which are subject to change. Tax information has been summarised; individuals are advised to seek personalised advice.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com.

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Keep an eye on the Blevins Franks website for Brexit news - www.blevinsfranks.com/brexit and contact us if you want to sign up for regular updates.

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Alleged attacker arrested at home

A MAN has been arrested in Elche after allegedly attempting to force his pregnant partner to have sex with him.

According to reports, the woman's partner allegedly came home and asked her to have sex, which she refused.

Reports suggest that there was then a struggle between the pair, during which the woman suffered bruises to her arms and chest and subsequently bit her partner in an attempt to get rid of him.

She then went on to the street and made her way to a public facility to request help and the presence of police. After returning home, police arrested the alleged assailant and in a search, all the keys to the property, the woman's mobile phone and a razor were intercepted.



Photo by Easy Horse Care Rescue Centre (via press release)

LUCKY FUDGE: There are now 108 horses in care.

Fudge's rescue is the sixth

A SEVERELY malnourished pony stallion showing signs of physical abuse is now in the care of Easy Horse Care Rescue Centre in Rojales.

Rescued from the streets of Algorfa in conjunction with Almoradí police, the pony known as Fudge is the sixth rescued by the sanctuary in five months, confirming an alarming trend of ponies being abandoned in public places.

"When we started the centre nine years ago, we were rescuing animals that had been locked away and left to starve," said Easy Horse Care co-founder Sue Weeding. "Now, they're literally being dumped in the streets."

The influx of ponies is putting the centre under increasing financial pressure as it looks to provide the medical attention and care each abused equine needs.

"They all come to us needing castration and with a whole host of health problems," said Sue. "We pride ourselves on caring for them properly. We don't just give them a bit of food to keep them alive."

The latest rescue, which has gained international attention, was found in a skeletal state, with a massive infection in one eye and showing signs of what could well be deliberate physical abuse.

A visible scar on his neck suggests Fudge suffered a significant blow that left two of his vertebrae broken, causing him to walk with a wobbly gait. Fudge's rescue takes the total number of equines at the sanctuary to 108.

For more details on the work of the Easy Horse Care Rescue Centre, please visit www.easyhorsecare.net.

NEWS EXTRA

Tremendous opportunity

A €1.3 MILLION project has been announced by the Consell to regenerate pine woods in La Pinada de La Marina. The project is set to begin in late 2018 and remove 10 per cent of dry and weak pines in the area.

Flu jabs

FLU vaccinations are now available in Torrevieja and will be available until January 31. In previous years, the vaccination point at health centres and clinics have provided 28,000 vaccinations.

Gender role

A NEW campaign called 'Get in the rag' has been launched by the Casa de la Dona City Council in an attempt to raise awareness around the issues of gender inequality.

Sly spy held

AN individual has been arrested in Elche after allegedly installing a spy camera into a woman's phone to record videos of her. The woman reportedly noticed the camera when her phone began to overheat.

Burned out

SIX vehicles have been burned after a fire broke out near Alicante - Elche airport. Two fire units of Elche Fire Department were called to the scene and luckily no personal injury was reported.

Plant plans

FERROVIAL has submitted a project to start a waste transfer plant in Orihuela. The plant would cost €1.6 million and have a capacity to manage more than 102,000 tonnes of waste per year.

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Top Tips for Financial Investors in Spain

A financial investment is an asset that you put money into, with the hope that it will grow or appreciate into a larger sum of money.

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- Request and check the credentials of the product being offered - those that are registered with the 'Comisión Nacional del Mercado de Valores' (CNMV) are authorised.
- Ask for the information to be provided in writing and check that the firm is legal, especially when a financial product is offered to you online, by telephone or during an 'unexpected visit.'
- Do you have all of the details of the financial product in which you wish to invest?
- Make your investment decision based on facts.
- Speculation is a gamble.



- Ask for a contract. Ask about the fees and expenses – especially relating to maintenance and custody. Ask for regular information on the status of your investments.
- Remember that when you make an investment you are compromising your savings.
- Past successes don't guarantee a

future success.

- Be careful when it comes to security investments that offer a return higher than its market or whose performance is based on whether they are exempt from taxes or count on a tax advantage.
- Do you know all of the risks involved? Are you seeking advice on your existing or future financial investment? Look no further and contact us today by telephone 965 480 737 or email: info@pellicerheredia.com.

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Vega Baja rich list revealed



Photo by Wikimedia

GUARDAMAR: Tops the list for annual 'renta' declaration.

GUARDAMAR have the richest people in the Vega Baja!

This is based on information released by the Spanish Tax Agency and is based on the amount of income declared during the annual 'renta' exercise in 2015.

The figures show that Guardamar del Segura has the highest gross income declared in the Vega Baja with an average of €21,096 per inhabitant although falls well short of the richest part of Spain. That accolade belongs to the town of Pozuelo de Alarcón in Madrid which

registered an average figure of €61,643.

In the Vega Baja, Guardamar beats Orihuela into second place with €19,346 per capita and Torrevieja next with €18,904. These are followed by Almoradí (€17,563), Albatera (€17,337), Callosa (€17,539), Albatera (€17,337), San Isidro (17,328) and Redován (€16,436).

Coming in at the bottom of the list for the Vega Baja is San Fulgencio - which includes the popular Urbanisation La Marina - with a per capita average declaration of €14,053.

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Things will no longer go 'bump' in the car

THE Ministry of Public Works has completed a major programme of works to improve the quality of the CV-

912 that runs between Dolores and Almoradí. A total of €365,000 has been invested in a number of

schemes on one of the busiest routes in the area that sees more than 8,000 vehicles using the stretch of road that included many potholes and showed general signs of wear and tear.

That road is now much safer for drivers, cyclists and pedestrians alike.

Public Works director Carlos Domingo officially opened the completed project which has included two new dedicated cycle and pedestrian lanes measuring 2.5m wide, a new roundabout which gives improved access to and from Daya Nueva, and the renovation and installation of both road markings and signposts. The roadway has been separated from the cycle lanes by a curb to add to the safety of all concerned.



SEA SAVED: Leaving sea grass on beaches could improve the health of the coast.

Sea grass healthy

ALTHOUGH the Santa Pola coastline has been ravaged by storms this year, it would seem the general health of marine life is on the up.

A new study by the town council and the Santa Pola Centre for Marine Research (CIMAR) reports that in the town's less-visited beaches, the amount of posidonia has increased by nearly 30 per cent since 2015.

Posidonia, a type of sea grass that is often mistaken for algae, is used by experts to determine the quality of Mediterranean sea water.

The research reveals that those beaches that were not cleared of the posidonia were able to regenerate quicker and the sea grass was also proven to have improved the general health of the water. The more touristic beaches which are regularly cleaned of the sea plant were also found to have experienced a higher degree of erosion and damage after storms.

The marine plant was also used in another CIMAR study to help prevent the coastal erosion caused by heavy rain in 2016. The research centre tested how well posidonia can absorb water to prevent leaks, and discovered that the areas protected by posidonia were less vulnerable to coastal erosion or damage caused by large downpours of water.



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Changes proposed to noise and smoke levels

HOSTECAR, the local association of hoteliers in Cartagena are asking for a change in the regulations to opening businesses in protected buildings.

Current rules do not permit hoteliers in Cartagena to install extractor chimneys in historic buildings and thus, those wishing to put in kitchens -- that produce smoke -- are prevented from doing so.

To get around these laws, businessmen are proposing the installation of special hoods in the kitchens that purifies smoke and fumes through a chemical process called Filtronic. Such a system won't need the construction of a chimney that takes smoke outside the building.



Photo credit: Twitter

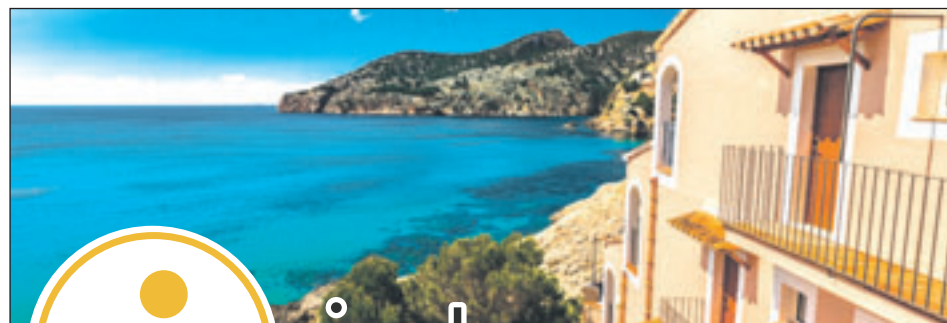
EXTRACTORS: Businesses find ways to apply local regulations.

At the same time, Hostecar are also negotiating with the local government an increase in the decibel level permitted up from 85 to 104 in those establishments that satisfy soundproofing standards.

Hostecar director, José Luis Gestoso, said: "There are many business people that have spent as much as €300,000 to ensure that no noise emanating from their premises can be heard in the street, so we believe the authorities should acknowledge this commitment and allow the requested increase."

12

The age that Rafael Nadal decided to give up football to focus on a career in tennis.



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Waiting times to be reduced for patients

HOSPITAL authorities in Murcia (SMS) have put together a plan to reduce waiting times for specialists.

They will ask the heads of various departments to modify their work plan to ensure that patients will get their first appointment within a maximum of one week and to schedule a number of tests for the afternoons and evenings rather than just the mornings.

According to data supplied by the SMS, despite the waiting time for surgical interventions reducing by 11 days in the past year the number of days waiting to see a specialist has increased to 64 days since September 2016. Those awaiting routine tests are waiting, on average, 27 days.

Given the current situation,


the SMS plan an immediate programme to reduce the 22,000 in Murcia waiting to see a consultant or a specialist and the 35,000 for diagnosis tests.

Among the initiatives being discussed to address the problem is that patients change or cancel an appointment with their specialist through a special APP, as the SMS calculate that 12 per cent of people fail to attend their first appointment which equates, over a period of a year, to over 300,000 spots that could've been used by other patients.

To aid and improve the speed and efficiency of the testing system, the SMS will be reinforcing the radiology departments by taking on another 16 members of staff which enable them to cover the increase in

patient numbers and at the same time permit tests throughout the day.

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Road signs and markings now being repainted

TRAFFIC authorities in Orihuela have given an update on the programme of works being undertaken in the city that began in the middle of September.

Director Mariola Rocamora reported that pedestrian crossings, parking lines, centre road markings, bus stops, disabled parking zones and stop signs have been repainted.

In addition, the replacement of broken, faded and missing signs has been carried out alongside installation of a number of plastic signs and mirrors which, as confirmed by the councillor, are an important step to guarantee road safety for both drivers and pedestrians as they make their way through the city.

The districts already benefiting from the new paintwork are Aparecida, Hurchillo, Desamparados, Raiguero de Bonanza and San Bartolomé, and in Calles Viejo de Molins, San José Obrero, San Juan and Conchita Martínez Marín in the city of Orihuela.

Over the coming weeks, work will commence on Calles Ronda Santo Domingo and Pintor Agrasot in the district of San Antón.

Coalition group seek infrastructure support



ROAD WORKS: Santa Pola to Elche road undergoing changes.

SANTA POLA'S coalition council has asked the Generalitat Valenciana to support their proposals to

prevent flooding in certain areas in the municipality, particularly the CV-865.

Urban Planning councillor José Manuel Sánchez made the request during a meeting of technicians from the Ministry of Infrastructure and the company that is presently carrying out road works in the municipality.

They also took the opportunity to visit the recently completed roundabout at the junction with Valverde, built with the aim of improving safety at that spot.

However, it was the scene of an accident that caused the death of a 29-year-old man which locals blamed on the lack of street lighting and road signage.

Also on their agenda was to see for themselves one of the areas that are always prone to serious flooding close to the ravine in San Antón.

The eventual plan is to divide the work into five different sections in order to solve the current road safety issues in Santa Pola in general and along the CV-865 in particular. It sees a high number of accidents during the year and a very high concentration of cars in the summer as people from Elche use the road to get to their local beaches.

The road is so busy it is listed in the Generalitat Valenciana as one of many that surpasses the six million mark during a 12-month period.

NEWS EXTRA

Protest in the park

MORE than 300 people took part in a demonstration in the Sierra de Escalona Park because the area is still not protected as a national reserve, despite promises made by authorities two years ago.

River ruin

THE Orihuela Socialists Group have criticised the authorities for not having cleaned the Segura river of waste and debris for three years, while the council claimed that budget cuts are to blame for the neglect.

Crash burn

AN accident on the CV-91 road between Orihuela and Guardamar del Segura left several injured after a head-on collision between two vehicles, causing one of them to burst into flame.

Auto arson

THREE police cars were set on fire next to the town hall in Playa Flamenca while officers were on patrol in the early hours of Saturday morning.

Fungi fail

THERE has been a shortage of wild mushrooms in Alicante Province for three years as a result of the drought and windy weather, but experts hope that recent rain spells will help to encourage growth.

2

The number of Roman dams still used in Spain after an estimated 1,900 years.

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Rival hovers up Monarch seats

Budget boom

LOW-COST airline Jet2.com has added 550,000 extra summer 2018 seats from former Monarch bases after the collapse of the rival airline.

From Manchester, more than 300,000 seats to Alicante, Antalya, Barcelona, Dalaman, Faro, Ibiza, Lanzarote, Malaga, Menorca, Mallorca and Rhodes have been added and two additional aircraft have been allocated.

There will be 250,000 more seats from the new Birmingham base on its routes to Alicante, Antalya, Crete, Dalaman, Faro, Gran Canaria, Lanzarote, Malaga, Mallorca, Paphos, Rome, and Tenerife. Three new routes to Bodrum, Dubrovnik and Venice



BUSINESS SOARING: Jet2 has introduced more flights.

have also been introduced and the number of aircraft at Birmingham airport will double from four to eight.

This is welcome news for the Mid-

lands airport as it was one of the worst hit among Monarch's five UK bases, with the carrier having ranked as its third-biggest operator with 12

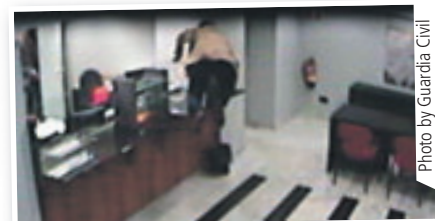
per cent of the airport's traffic.

From Leeds Bradford airport Jet2 has announced a total of 40,000 more seats will be available and three extra weekly flights to Tenerife added.

The announcement from the airline comes shortly after the airline added over 100,000 seats and holidays to the most popular winter sun and city hotspots.

Steve Heapy, chief executive of Jet2.com and Jet2holidays said: "We have put over 650,000 additional seats on sale in response to the increased demand for flights and holidays during both the summer and winter.

"To support that expansion we are increasing the size of our operation, a move which will see us introduce additional aircraft and create hundreds of new jobs. Britons want to get away on their well-deserved holidays and we have responded quickly to support that demand by adding more of our award-winning flights and ATOL-protected package holidays."



CAUGHT ON CAMERA: CCTV footage of one of the raids.

Family fortunes

WITH a history of bank robbery, officers of the Guardia Civil kept a close watch on two brothers following three attacks on different banks in the towns of Belorado, Navarrete and Puente Viesgo.

As the investigation widened, officers established that the pair were being assisted by three other people and therefore made simultaneous raids on three different properties arresting all five.

Following the raids, officers discovered a gun with ammunition, a vehicle identified as being used in the robberies, disguises and cash believed to have come from some of the robberies.

The two brothers had a long history of violent robberies and have spent a considerable amount of time in prison.

LOCAL POLICE in Tenerife were called in after concerned residents reported seeing a camel in a neighbour's house.

Officers in Santa Cruz were dispatched to the Barranco de Santos area of the capital to investigate.

But the neighbours' fears were soon

Got the hump!

allayed when all they found was a plastic camel being prepared by an artist for the Three Kings parade in January.

A Local Police tweet in which investigators confirm that 'the camel that is in a house in Barranco de Santos IS PLASTIC' has since gone viral.



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UK police have appealed for the help of expats to help find fraudster Mark George Acklom, who might be back in Spain again.

Acklom, 44, is the subject of a European Arrest Warrant and was named as part of Operation Captura, an appeal launched and run by the National Crime Agency and Crimestoppers.

He's wanted by Avon and Somerset Constabulary for defrauding a woman he was in a relationship with out of £850,000. Acklom allegedly made a number of false representations after starting a romantic relationship with a woman from Bath in January 2012.

The victim stated that Acklom first claimed to work in the banking world in Switzerland and was very wealthy. He then went on to claim he worked for an intelligence agency.

Acklom arranged for the victim to live in one of the properties he claimed to own in Bath. He stated he had cash flow problems that were hindering renovation work, and the victim gave him numerous loans totalling £850,000.

It later transpired that Acklom did not own the property. The victim never received any of her money back.

Acklom has also used the names Mark Conway, Mark Desmond, Marc Ros Rodriguez, Kid Con, Marc Ros and Marc Long. Detective Inspector Adam Bunting, who is leading the ef-

UK's most wanted!

Police call for expats' help

orts to find Acklom, said, "Mark Acklom is a convincing fraudster and we're working hard to locate him as soon as possible.

"We believe he'll be with his wife Maria Rodriguez and their two young daughters, who we know up until last year's appeal, were enrolled in El Limonar International School in the Murcia area of Spain.

"In the days following the appeal he removed his children from the school and together with his wife, he disappeared.

"We have significant concerns about the children's well-being given they were uprooted, with no notice, from their school, friends and family. It's highly likely Acklom will have placed his children in another fee-paying school.

The children are aged six and eight.

Since the Operation Captura appeal, a photograph was taken by a member of the public of Acklom in Geneva, Switzerland in May but he's not been sighted since.



Photo credit Avon and Somerset Constabulary

ON THE RUN: Mark George Acklom, left, and Maria Yolanda Ros Rodriguez.

Now police are issuing details of Acklom's wife for the first time, as they believe she may be assisting him but she isn't the subject of a European Arrest Warrant.

Maria Yolanda Ros Rodriguez, 47, is likely to be with Acklom and may be using the aliases Yolianda Ross, Maria Long, Mary Moss or

another name entirely.

DI Bunting added, "Mark Acklom has links through property to Spain and there's been a positive sighting in Switzerland.

"We also have information linking him to Dublin and Italy, but he could be anywhere in Europe. It's possible he may have travelled outside the

EU. He's described as 5ft 10ins, of medium build, with dark brown hair and green eyes.

"We're grateful for the ongoing support of the National Crime Agency and our law enforcement colleagues in Europe but we need the help of the media and the public in the UK and Europe to track him down."

If you have information about the whereabouts of Mark Acklom you can contact Avon and Somerset police via their website - quoting reference number 7429713.

For those people calling from Spain there is a special Spanish 900 555 111 telephone number which will be answered in the UK by Crimestoppers' call agents and a translation service is available upon request.

People can also pass on information anonymously via the Crimestoppers number 0800 555 111 or through their Anonymous Online Form - reference: CS1610-15128.



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Brit scams revealed

Investigators identify almost 800 culprits



WISH POO WERE HERE: Many of the scammers claimed to have stomach bugs.

NEARLY 800 British tourists have been identified by the Spanish police for claiming compensation in fake food poisoning scams.

The claims were made while the tourists were on all-inclusive holidays in the Balearics.

A police probe was launched last summer after a surge in complaints which caused hotels

to lose more than €60 million.

Weak UK legislation on the issue reportedly made it possible for tourists to claim the full amount of compensation without proof. This meant that tourists were able to file the complaint against the hotel after they returned home, who refused to take the cases to court because of the high legal costs.

Officers have confirmed that nearly 800 tourists acted through more than 70 UK-based law firms. Allegedly, 'lawyers' would pick up clients in the hotels by telling them they could claim the cost of their holiday back by filing a food poisoning complaint.

Some complaints were made three years after the trip.



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Found all at sea

A BRITISH luxury cruise ship with 4,000 passengers on board has rescued 10 African migrants off the coast of Spain near Almeria.

The crew of the the P&O Cruises flagship Britannia spotted an inflatable dinghy carrying the migrants at 1am in the morning and immediately performed a U-turn and issued a man overboard announcement to the cruise passengers.

A Spanish coastguard helicopter was sent to pull the migrants out of the water and they were given shelter, food, drink and medical care on board Britannia until a coastguard ship arrived and they were handed



MIGRANT RESCUE: The Britannia.

over to Spanish authorities.

Once on dry land they were attended to by the Spanish Red Cross.

The MV Britannia, named by HM The Queen in March 2015, resumed its normal cruise itinerary.

Falling stone kills Spaniard

A SPANISH tourist has been killed after he was hit by falling masonry as he visited the Basilica of Santa Croce in Florence with his wife.

The 52-year-old man was struck by a chunk of decorative stone about six inches square that fell from a height of 65ft.

The 15th-century church - where Michelangelo, Galileo and Machiavelli are buried - is a top tourist attraction and has been undergoing a maintenance programme.

It is expected to remain closed to visitors while the integrity of the remainder of the building is checked.

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MYSTERY surrounds the reason for the shooting of a 67-year-old Spanish woman by a military policeman in a favela in Rio de Janeiro.

Maria Esperanza Jiménez Ruiz was travelling on a guided tour of Rio's largest favela, Rocinha, with her brother and his wife when a shot rang out and a bullet struck her in the

Spaniard shot in Rio

back. Maria was taken to hospital by emergency services but was declared dead on arrival. Favelas are considered by many as dangerous slum areas which hide major drug dealers who often fight with the police, but also attract the

curious who want to see the lives that many poorer people have made for themselves.

First reports from the authorities suggest that the car in which they were travelling did not stop at a police check point which is the reason for the offi-

cer opening fire but it appears that the driver and passengers dispute this and say that there was no order to stop.

The Spanish Embassy to Brazil and the local Rio consulate are involved in trying to establish exactly what happened and Brazilian authorities have confirmed that there will be an internal enquiry.

Seeds of doubt

SPANISH police are warning of highly toxic bracelets being sold in markets across Spain.

Last week officers from the Guardia Civil's Seprona branch found five bracelets at a medieval market in Soria while a dozen were found in Zaragoza during the annual Fiesta del Pilar celebrations.

The intense red and black bracelets are made with abrin seeds which can cause hallucinations, vomiting and even death.

The seeds are also known as 'Indian liquorice' or 'lady-bird seed' and potentially lethal.

No antidote exists for abrin.

Just three micrograms of the toxin in the blood can lead to death.

The major symptoms of abrin poisoning depend on

the route of exposure and the dose received, though many organs may be affected in severe cases.

Swallowing any amount of abrin can lead to severe symptoms as it attacks cells in the kidney, liver, adrenal glands and central nervous system.

The police warn the bracelets are even dangerous to touch as the toxin can be introduced into the body in small amounts through the skin.

Last July a score of bracelets, amulets and key rings were detected in a flea market in Llerena, Badajoz.

And in 2014 the Guardia Civil seized 184 pendants, 100 bracelets, 63 necklaces, 10 rosaries and 5,525 seeds for the manufacture of costume jewellery in Gran Canaria.

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HOT TO TROT: Images of the women were circulated on social media.

The mane attraction!

Police probe daytime porn shoot

AUTHORITIES in Spain are investigating the filming of two naked actresses cavorting in the back of a horse-drawn carriage in Sevilla at the weekend.

The two young women, a camera operator and director took to the streets in one of the busy, tourist areas in the centre of the city to the aston-

ishment of passers-by.

Witnesses described how there were families with children in the area but the scenes were shot in a few minutes before the arrival of the police.

Images of the naked women in a horse-drawn carriage have since been widely circulated on social media.

Sevilla's city council are now trying to locate the people who took part in the filming and warn they could feel the full force of the law saying, "This illegal action could have more serious consequences if the presence of children in the area is confirmed at the time of the filming."

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Photo by Guardia Civil

KNIVES AND GUNS: Some of the recovered weapons.

By John Smith

GUARDIA CIVIL investigators have arrested 21 people, seized goods worth €60,000, firearms and more than two tons of almonds.

There has been a major crime wave in the Valencian areas of Comarca de la Hoya de Buñol and Camp del Turia which saw more than

Police probe goes nuts

100 burglaries and had terrorised the entire community.

Of the 21 arrested, 11 of them were under the age of 18 so are considered minors and those detained were split between Bulgarian and Spanish nationals with seven women involved.

Those involved were part of a loose association which was involved with breaking and entering into properties, cultivation and sale of drugs, theft of almonds, theft of animals and electricity as well as keeping a hoard of weapons.

The head of the gang decided upon targets for the

minors and carefully studied the coming and going of various business owners and residents so that they were often able to break into properties knowing that the owners were away.

Among items recovered, many of which will be put on show to the public for identification, are mobile phones, tablets, televisions, laptops, e-books, play stations and games cameras, computer equipment and other electrical equipment.

In addition, officers recovered bicycles, jewellery, watches, baby chairs, wheelchairs, weapons and 44 sacks containing 2,300 kilos of almonds.

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By Karl Smallman

A JUDGE in Malaga has ruled that Craig Porter, 37, a chief suspect in the case of missing Agnese Klavina, can return to the UK for a month for the birth of his child in Liverpool.

Members of the Find Agnese Klavina campaign have said, "Sometimes you really have to worry about the Spanish justice system."

"We have just been notified that the Audencia (High Court) of Malaga has granted permission for Craig Porter to travel to Liverpool for the birth of his fourth child in spite of our opposition and a likely chance that he could use this opportunity to run away from justice."

"We have just filed an appeal to this decision."

"How can someone who is currently being tried for making Agnese disappear, a crime that in our opinion is tantamount to murder be granted this kind of request?"

"It beggars belief how the Spanish courts can allow this person to travel. He is bound to use this opportunity to escape from justice."

"Shame on you Spain."

Porter and his pal Westley Capper, 39, were the last to see the 30-year-old Latvian girl who went

Family fury!

Brit suspect released by Spanish court



Photo by Facebook - Find Agnese Klavina

STILL MISSING: Agnese Klavina.

missing on Saturday, September 6, 2014 after leaving a popular Puerto Banus night club.

Capper and Porter admitted driving Agnese away from the nightclub but Capper claims he dropped her off near her apartment, while Porter was asleep on the back seat of the car.



HIT-AND-RUN: Fatima Dorado Para (inset) was struck by a British-registered Bentley in San Pedro.

Police are in possession of CCTV footage which depicts the men leaving the club with Agnese, and, later, three unidentified men dragging a large suitcase onto Capper's motor boat soon after she vanished.

The boat left Marbella and was seized some 300 kilometres away

in Cartagena, but no body has been recovered.

Both men refused to testify during a hearing in Marbella in April 2015, but a court source confirmed, "The investigating judge has committed Westley Capper and Craig Porter to trial on a charge of aggravated unlawful de-

tention and discharged another two suspects.

"Capper and Porter remain on bail but as part of their conditional release conditions, they have to sign on twice a month and are banned from leaving Spain."

The pair are also facing trial for killing a Bolivian mother in a hit-and-run in San Pedro, Marbella.

In the early evening of May 9, Fatima Dorado Para, a 40-year-old Bolivian woman, was struck by a British-registered Bentley as she was crossing the road on a pedestrian crossing adjacent to the San Pedro Alcantara Boulevard.

The Bentley struck her, throwing her about 100 feet in the air, before speeding off without stopping.

Emergency services were called and Fatima was rushed to the Costa del Sol hospital but suffered heart failure and died.

Police found the damaged Bentley about six kilometres away from the scene of accident, at Diana Park where the owner and his passenger were discovered drinking in an Indian restaurant.

Capper has been charged with negligent homicide, failure to stop and provide help to the victim, driving under the influence of alcohol, and possession of false documentation.

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Legal row resolved

LOW-COST airline Ryanair, search engine giant Google and online travel website eDreams have confirmed that they have reached a settlement to end legal proceedings between the three parties which have been ongoing since 2015.

Ryanair's Irish High Court proceedings against both Google and eDreams concerned eDreams' online adverts on Google's AdWords platform.

The three companies have now reached a resolution, which they say will benefit consumers across Europe.

The conditions of this settlement remain confidential between the parties.

A Google spokesperson said, "We are pleased to have reached an agreement with Ryanair and eDreams. We have clear policies on the type of ads we allow on our platforms and we remain committed to enforcing them to best serve consumers."

ing them to best serve consumers."

Ryanair's Kenny Jacobs added, "We will continue to offer our customers the lowest fares in Europe and we welcome these measures, which will ensure transparency in relation to the online advertising of air fares, to the benefit of our customers. We are pleased to have resolved this issue and we welcome these commitments to consumer-friendly advertising on Google's AdWords platform.

While Robert McNamara from eDreams said, "We are satisfied with this resolution and committed to helping travellers across Europe get the best priced and most convenient travel options. Our service is for the benefit of our customers and we hope that this agreement will allow all those involved to focus on providing even better value and service to European travellers."

8,000 The estimated number of plant species in Spain.



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Finca La Castellana Harvest Thanksgiving

THE Spiritualist Centre, Benijofar held it's annual harvest Thanksgiving.

The decision was to give all the donations to the Finca La Castellana Animal Welfare Centre.

The centre has looked after over 1,000 rescue animals in the last three years and have 229 animals in shelter at the moment, due to neglect, cruelty or the death of an owner.

Janette Lopez, the owner of the rescue centre told us that this was made up of mostly dogs and cats, as well as horses and birds.

The Centre holds services in Hamilton's Bake House, in Benijofar on Sunday mornings at 11:30am, and Tuesday evenings at 7pm.

They ask all their members and people visiting to contribute food or any monetary donation to help these animals.

Over €250 was raised from the Harvest Thanksgiving, with Jillian and Martin, (owners of Hamilton's) doubling the amount, taking the total to €644.18.

To help the Finca La Castellana you can sponsor an animal, or simply go to the rescue centre and socialise with them.

Contact Janette on: 610 451 133.



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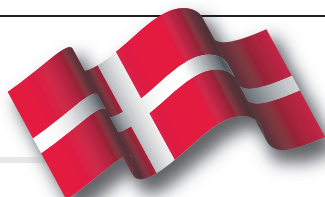
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DENMARK



Horse around

THERE are now so many horse-owners who want to hand over their departed steeds to the lions at Copenhagen Zoo that there is a six month waiting list for donations.

Foul fungi

TWO children have died and nine other family members have been poisoned after reportedly eating toxic mushrooms in the town of Haslev.

Cheat feat

DENMARK'S Education Minister has proposed a new law which encourages students to grant schools access to their personal laptops to make it more difficult to cheat in exams.



LION THING: Feeding lions is a popular pastime of Danish horse owners.

Teen tragedy

A 16-YEAR-OLD died from his injuries after being shot in

Copenhagen, and police have urged young people to come forward if they know any information about the incident.

GERMANY

Corrupt cop

A GERMAN police officer has been accused of encouraging extremists to carry out terror attacks and reportedly was in contact with the man who carried out the Berlin Christmas market attack last December.

Knife attack

A MAN has been arrested after alleged-

ly harming four people with a knife in Munich last Saturday, but fortunately no-one was seriously injured in the attack.

Hamster hamper

CONSTRUCTION on a building site in Euerbach has been halted until next spring after a species of endangered

hamster chose the spot to hibernate during the winter.

Kebab crown

THE world's largest döner kebab was served at a Berlin shopping centre last Friday weighing 413 kilos, beating the previous world record held by Australians since 2004.

FRANCE



Fine time

FRENCH men will be charged fines for wolf-whistling or lecherous behaviour to women from next year, as the government plans to pass a new law against sexism and sexual abuse.

Tragic tour

A 20-YEAR-OLD French cyclist was killed when he was hit by an accident travelling in the opposite direction of the race he was competing in on the French territory island New Caledonia.

Poverty struck

ACCORDING to a national census, more than 16,000 people live in 570 shanty towns across the country, with over a third of these being children.

Dire error

THE operator of Paris Charles de Gaulle airport faces charges for manslaughter for the collapse of an airport terminal in 2004, which killed four people and injured several others.

BELGIUM



Fatal slip

THE bodies of an elderly couple who had been missing for several days were found by divers in the Albert Canal in Limburg Province, and are believed to have drowned after a biking accident.

Murder mystery

A MAN has died after being stabbed in the centre of Brussels, but police were unable to identify him at the scene as he didn't have any identification on him at the time.

Smoked out

THE European Union were forced to change the venue of a summit in Brussels after toxic fumes were found leaking from the Europa building's drains.

Sparkle city

ANTWERP has been revealed to be the world's main diamond hub, with over a quarter of the 26 tonnes of diamonds mined in 2016 taken straight to the city to be traded.

NETHERLANDS



Modern marvel

DUTCH officials have opened the world's first 3D-printed concrete bridge made from reinforced concrete in the city of Gemert, which will be mainly used by cyclists.

Shaky base

A UNIVERSITY building in Rotterdam was shut down and temporarily evacuated due to fears that the building wasn't secure, following investigations into the city's buildings after an airport car park collapsed in May.

Sea sick

THERE has been a 30 per cent increase in Dutch people falling sick or injuring themselves on cruise ships over the past two years, according to the Eurocross Alarm Center.

Tourist trap

THE tourism industry in Amsterdam is growing faster than in other popular European cities, according to the SEO Economic Bureau, and contributes €2.7 billion to the city each year.

SWEDEN



Beggars backed

SWEDISH authorities overturned the country's first begging ban in the town of Vellinge after ruling that those asking for money were not disturbing the public.

Assault avenged

THE biggest media companies in Sweden are investigating sexual assault claims, following the high profile #metoo campaign on social media, which has led women to accuse well-known TV presenter Martin Timell of harassment.

Train named

SWEDEN'S MTR Express rail company launched a contest to determine the name of a new express train running from Stockholm to Gothenburg, with 'Trainy McTrainface' coming out on top.

Blast theory

POLICE believe that criminal groups were behind the explosion that hit a police station in the city of Helsingborg, though luckily no-one was harmed in the blast.

NORWAY



Flood fees

OVER €50 million has so far been claimed in damages after recent floods in Norway which is reported to be one of the worst the country has experienced in recent times.

Horse appeal

A RIDING centre in Oslo has applied for permission to be the first horse-drawn taxi service in the capital since the 1950s now that Uber no longer runs operations in the city.

Girl power

FOR the first time, Norway's top three government positions are now all filled by women, after Ine Eriksen Soreide became the country's first female foreign minister.

Royal statues

PRINCESS Ingrid Alexandra of Norway, who will one day be crowned queen, opened a new sculpture park in the grounds of the Oslo royal palace, which was also named after her.

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Readers help EWN make headline news

IN media circles there is a saying that “the news should not be the newspaper.”

But with the findings of the EWN's Win-a-Car Readers' Survey now fully digested and analysed, answers given by the more than 15,000

readers who took part over a two-month period earlier this year make truly fascinating reading.

For starters, take the three following pointers:

- 92 per cent of EWN readers give the local news coverage as their favourite topic, one point

ahead of the Time Out leisure section.

- 88 per cent check out the daily TV listings
- The Business, Food and Classified advertisements sections each attract more than 77 per cent of readers.

Many more revealing insights into the reading habits of some of our half a million plus weekly readers are also now to hand following the survey.

Across the six weekly issues of the EWN, with individual editions published for the Costa del Sol, Costa Blanca North, Costa Blanca South, Almeria, Axarquía and Mallorca, almost four in 10 readers spend one hour or more checking through their latest copy.

SURVEY FACT

53%
were submitted by men.

A further almost three in 10 spend up to 45 minutes reading and digesting the articles, advertisements and everything else that helped lead the EWN to being named the Best Free Newspaper in Spain 2017.

The fascinating facts about the habits of the huge EWN readership - envied by the other English-language newspapers circulating in Spain, along with many of the nation's Spanish publications - also reveal that though 61 per cent of readers completing the survey were aged 51 - 70, and a further 25 per cent were 71 plus, they are still in the main technically savvy, as spelled out by statistics published in the accompanying Internet panel.



The €15,000 EWN Win-a-Car Readers' Survey prize draw for a Dacia Sandero Ambiance, plus one year's insurance and dinner for two at La Sala in Puerto Banus was won by Virginia de la Torre Unceta, a Spanish reader from Marbella.

Moving with the times

ONLINE statistics gathered from the survey show that an amazing 96 per cent of those responding use the internet regularly.

And a further peep also reveals that just over six out of every 10 visit the EWN website

SURVEY FACT

72% were married, 11% separated or divorced, 10% single and 7% widowed.

more than once a day, and a further two out of 10 check it once a day.

Seventy per cent of those who use Social Media ticked the Facebook box as their favoured site, followed by Twitter.

Linked In, Google and Instagram were also popular with many.

The survey statistics - gathered ahead of huge rises in online traffic over the last three months - also revealed that 65 per cent use desktop computers or laptops when online, and almost half also use tablets, and 40 per cent mobile phones.

SURVEY FACT

92% use TV as the primary news source, 77% newspapers, 51% internet and 38% radio.

Almost four in every 10 readers answering online questions revealed that they subscribe to the EWN's daily news bulletins.

And nearly half admitted they browse the internet at various times throughout the day, and while 35 per cent indicated they mainly prefer afternoon sessions, a further 14 per cent like morning browsing.

Extra servings

WE did not seek ONLY the good news, but pointedly asked readers: What would you like to change about the EWN?

The majority of readers indicated 'change nothing,' commenting 'Leave it as it is, it suits me fine' and 'Don't change, just maintain your standard,' plus a succinct 'Nada.'

But some asked for 'sport to be improved,' for 'more television' and 'extra Spanish news.'

These comments have already been acted

upon, with Sports veteran freelancer Andrew Atkinson now writing two new exclusive weekly columns, a weekly TV Couch Critics column has been introduced, and when pagination allows extra national Spanish news is published, though not at the expense of our hugely popular local news coverage.

Since the survey there is also added reader appeal with a newly introduced Bacchus wine column, and Technology for the Timid.



Invest in Manhattan now

CROWDFUNDING for property whereby investors 'chip in' to purchase real estate has just taken a step forward with an American investment company offering in Spain. Prodigy Network in New York will accept Spanish customers who wish to commit \$10,000 (€8,500) or more into the purchase of commercial and residential property in Manhattan which will be rented out.

Giving away €42 a month

ALTHOUGH a large number of mobile phone owners in Spain tend to purchase their telephones outright, the opposite is almost the norm in the UK.

In many cases, arrangements are made whereby customers agree a higher contract price in order to pay for expensive phones over a period of 18 to 24 months.

This means that phone users are able to obtain the latest models with affordable monthly payments but in many cases, once the contracted period expires, some com-

By John Smith

panies simply renew without deducting the extra charged for the phone.

Now, the British government accepts that a Citizen's Advice Bureau report that highlighted three companies - EE, Three and Vodafone - who act in this manner should be considered.

These companies have stated that their charges are fair, but the other major supplier O2 has made it clear that it separates the charges

so that customers are totally aware of costs and can see the reduction once the phone has been paid for.

It is also suggested that those over 65 are the least likely to change their contracts and are therefore at the greatest risk of paying too much.

As many expatriates in Spain still keep their UK numbers, it would be worth their while to check that they are not on expired contracts which can cost up to £38 (€42) per month more than they should according to the research.

Catalan crisis could hurt property

MAJOR estate agents in Spain fear that what started out as a great year could see a property recession in Cataluña. Meeting at a symposium in Barcelona, they have called for the parliament to return to "legality" so that there is no loss of external investment in the province. The relocation of various companies outside of the province could see a glut of empty office property in the marketplace.

Quote of the Week

Spanish companies are among the best options for building Jamaica together. To tell you the truth, I see Spain as the ideal partner for Jamaica,' Spain's Ambassador to Jamaica Josep Maria Bosch Bessa.



Photo Credit: Sky Cinema Shutterstock

BARCELONA: One of Spain's busiest container ports.

Imports increase but exports up more

EVEN though Spanish exports have increased by 9 per cent in the past eight months, the trade deficit now stands at €16.4 billion.

This deficit increase is 49 per cent higher than the same period last year and imports have continued to rise to €198.7 billion.

To some extent this was to be expected as the recovery in the economy required an increase in purchase of raw materials which

may be converted into consumer products for later export.

Despite the negative situation, Spain continues to be the most successful exporter within the European Union except for the United Kingdom, which has been helped by the drop in value of the pound against the euro.

These figures do not yet take into account any negative effect following the crisis in Cataluña.

» BUSINESS EXTRA

Energy scam

A WARNING has been issued alerting customers of energy company Endesa that bogus e-mails are being sent asking clients to give bank card information as direct debits had been rejected. Anyone who has responded with details should contact their bank urgently.

Not over

ALTHOUGH it seemed that the takeover of Spanish toll road operator Abertis by Italian company Atlantia was agreed, a surprise and financially better bid has been received from construction giant ACS. All activity is suspended whilst the National Securities Market Commission considers the situation.

Share view

BARCLAYS is very impressed with the future trading of communications company Telefonica, especially regarding its potential Latin American business. It has upgraded forecasts regarding the target value of the firm's shares for the second time in 10 days.

Romania and Spain

ROMANIA and Spain have entered into an in principle agreement to avoid double taxation following a visit from Foreign Minister Dastis.

Romanian Foreign Minister Teodor Meleşcanu described it as being of, "fiscal and economic relevance to the citizens and entrepreneurs of the two countries that will round up the legal framework

for encouraging bilateral economic relations."

During the meeting, Mr Meleşcanu reconfirmed his government's strong support for the sovereignty and territorial integrity of Spain and expressed solidarity with Madrid, reminding Mr Dastis that Spain is and will remain a valuable strategic partner of Romania.

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| Anglo American | 1,431.75 | -0.25 | -0.02 | 20,113.97 |
| Associated British Foods | 3,337.00 | 12.00 | 0.36 | 26,323.17 |
| Admiral Group | 1,910.50 | -10.50 | -0.55 | 5,478.01 |
| Ashtead Group | 1,873.50 | -5.50 | -0.29 | 9,380.45 |
| Antofagasta | 994.00 | -6.00 | -0.60 | 9,858.57 |
| Aviva | 504.75 | -0.75 | -0.15 | 20,276.45 |
| AstraZeneca | 5,189.00 | 27.00 | 0.52 | 65,346.47 |
| BAE Systems | 598.75 | 2.25 | 0.38 | 19,000.86 |
| Babcock International Group | 823.25 | 1.25 | 0.15 | 4,156.00 |
| Barclays | 193.80 | -1.90 | -0.97 | 33,353.18 |
| British American Tobacco | 4,891.00 | 41.50 | 0.86 | 111,224.84 |
| Barratt Developments | 689.75 | -5.25 | -0.76 | 7,020.02 |
| Berkeley Group Holdings | 3,924.50 | -22.50 | -0.57 | 5,344.84 |
| British Land Co | 605.75 | -4.75 | -0.78 | 6,222.43 |
| BHP Billiton | 1,378.25 | -5.25 | -0.38 | 29,220.51 |
| Bunzl | 2,252.00 | 3.00 | 0.13 | 7,554.13 |
| BP | 489.35 | -2.55 | -0.52 | 97,455.79 |
| Burberry Group | 1,912.00 | 7.00 | 0.37 | 8,142.72 |
| BT Group | 273.80 | 2.95 | 1.09 | 26,862.16 |
| Coca-Cola HBC | 2,562.00 | -8.00 | -0.31 | 9,334.13 |
| Carnival | 4,932.00 | -24.00 | -0.48 | 10,573.28 |
| Centrica | 174.20 | 1.10 | 0.64 | 9,681.29 |
| Compass Group | 1,583.50 | -0.50 | -0.03 | 25,051.09 |
| Croda International | 3,874.00 | -7.00 | -0.18 | 5,099.35 |
| CRH | 2,838.00 | 48.00 | 1.72 | 23,337.27 |
| ConvaTec Group | 213.95 | -0.45 | -0.21 | 4,183.96 |
| DCC | 7,172.50 | 7.50 | 0.10 | 6,390.97 |
| Diageo | 2,575.25 | 7.75 | 0.30 | 64,537.68 |
| Direct Line Insurance Group | 377.60 | -2.10 | -0.55 | 5,220.88 |
| Experian | 1,563.50 | -2.50 | -0.16 | 14,502.15 |
| easyJet | 1,312.50 | -0.50 | -0.04 | 5,215.34 |
| Ferguson | 5,282.50 | -12.50 | -0.24 | 13,411.08 |
| Fresnillo | 1,367.50 | 0.50 | 0.04 | 10,073.34 |
| G4S | 280.20 | -0.20 | -0.07 | 4,350.67 |
| GKN | 312.30 | 8.90 | 2.93 | 5,210.83 |
| Glencore | 378.43 | 0.23 | 0.06 | 54,440.91 |
| GlaxoSmithKline | 1,523.75 | 0.25 | 0.02 | 74,935.35 |
| Hargreaves Lansdown | 1,530.50 | -5.50 | -0.36 | 7,285.53 |
| Hammerson | 526.75 | -2.25 | -0.43 | 4,196.14 |
| HSBC Holdings | 744.15 | -4.45 | -0.59 | 150,187.74 |
| International Consolidated Air | 657.25 | -0.25 | -0.04 | 14,024.40 |
| InterContinental Hotels Grp | 4,071.00 | 9.00 | 0.22 | 7,717.40 |
| 3i Group | 941.75 | -3.25 | -0.34 | 9,193.52 |
| Imperial Brands | 3,157.50 | 17.50 | 0.56 | 29,982.32 |
| Informa | 686.75 | -3.25 | -0.47 | 5,685.64 |
| Intertek Group | 5,127.50 | -7.50 | -0.15 | 8,287.40 |
| ITV | 173.75 | -1.15 | -0.66 | 7,040.44 |
| Johnson Matthey | 3,430.00 | -5.00 | -0.15 | 6,647.87 |
| Kingfisher | 301.60 | -1.80 | -0.59 | 6,599.96 |
| Land Securities Group | 968.75 | -6.25 | -0.64 | 7,229.01 |

| COMPANY | PRICE(P) | CHANGE(P) | % CHG. | NET VOL |
|---------------------------------|----------|-----------|--------|------------|
| Legal & General Group | 267.35 | -1.25 | -0.47 | 16,001.18 |
| Lloyds Banking Group ORD | 66.73 | -0.27 | -0.40 | 48,210.64 |
| London Stock Exchange Grp | 3,860.50 | 11.50 | 0.30 | 13,343.01 |
| Micro Focus International | 2,464.00 | -3.00 | -0.12 | 10,733.38 |
| Mediclinic International | 633.50 | -7.00 | -1.09 | 4,722.05 |
| Merlin Entertainments | 376.05 | 1.05 | 0.28 | 3,809.29 |
| Marks & Spencer Group | 345.45 | -1.45 | -0.42 | 5,636.21 |
| Mondi | 1,885.50 | -4.50 | -0.24 | 9,176.97 |
| Morrison (Wm) Supermarkets | 234.10 | -1.10 | -0.47 | 5,538.93 |
| National Grid | 929.30 | 3.50 | 0.38 | 31,521.70 |
| NMC Health | 2,897.50 | -10.50 | -0.36 | 5,940.63 |
| Next | 4,847.00 | -18.00 | -0.37 | 7,131.12 |
| Old Mutual Group | 196.15 | -1.05 | -0.53 | 9,726.72 |
| Paddy Power Betfair | 7,750.00 | 0.00 | 0.00 | 6,541.39 |
| Prudential | 1,861.50 | -5.00 | -0.27 | 48,265.58 |
| Persimmon | 2,835.50 | -13.50 | -0.47 | 8,792.76 |
| Pearson | 698.25 | 3.75 | 0.54 | 5,716.07 |
| Reckitt Benckiser Group | 6,598.50 | -11.50 | -0.17 | 46,505.71 |
| Royal Bank of Scotland Grp | 280.45 | -1.85 | -0.66 | 33,609.16 |
| Royal Dutch Shell | 2,307.75 | -5.75 | -0.25 | 105,135.03 |
| RELX | 1,688.50 | -2.50 | -0.15 | 18,024.46 |
| Rio Tinto | 3,597.00 | -3.00 | -0.08 | 48,855.17 |
| Rolls-Royce Group | 925.25 | -0.75 | -0.08 | 17,043.83 |
| Randgold Resources | 7,377.50 | -17.50 | -0.24 | 6,956.72 |
| RSA Insurance Group | 636.25 | -4.75 | -0.74 | 6,555.74 |
| Rentokil Initial | 321.40 | -0.20 | -0.06 | 5,908.86 |
| Sainsbury (J) | 246.30 | -1.40 | -0.57 | 5,424.90 |
| Schroders | 3,472.50 | -12.50 | -0.36 | 7,876.88 |
| Sage Group (The) | 731.25 | 1.25 | 0.17 | 7,892.56 |
| Segro | 545.00 | -4.00 | -0.73 | 5,506.01 |
| Shire | 3,703.00 | 25.50 | 0.69 | 33,410.45 |
| Smurfit Kappa Group | 2,256.50 | -3.50 | -0.15 | 5,352.61 |
| Sky | 935.25 | -3.75 | -0.40 | 16,141.57 |
| Standard Life Aberdeen | 432.90 | -1.90 | -0.44 | 12,945.37 |
| Smiths Group | 1,553.50 | -1.50 | -0.10 | 6,152.57 |
| Scottish Mortgage Invstmnt Trst | 435.40 | -0.40 | -0.09 | 6,090.39 |
| Smith & Nephew | 1,427.50 | -0.50 | -0.04 | 12,493.34 |
| SSE | 1,390.50 | 4.50 | 0.32 | 14,147.24 |
| Standard Chartered | 763.55 | -8.55 | -1.11 | 25,415.61 |
| St James's Place | 1,163.50 | -12.50 | -1.06 | 6,221.38 |
| Severn Trent | 2,140.00 | 1.00 | 0.05 | 5,053.19 |
| Tesco | 188.33 | -0.57 | -0.30 | 15,469.95 |
| TUI AG | 1,328.00 | -6.00 | -0.45 | 7,831.09 |
| Taylor Wimpey | 203.95 | -0.75 | -0.37 | 6,697.75 |
| Unilever | 4,158.50 | -2.50 | -0.06 | 52,112.02 |
| United Utilities Group | 841.50 | -0.50 | -0.06 | 5,741.50 |
| Vodafone Group | 216.13 | -0.72 | -0.33 | 58,812.64 |
| Worldpay Group | 404.95 | -0.05 | -0.01 | 8,100.00 |
| WPP Group | 1,377.50 | 4.50 | 0.33 | 17,373.37 |
| Whitbread | 3,939.50 | -13.50 | -0.34 | 7,250.84 |

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DOW JONES

CLOSING PRICES OCTOBER 23

| COMPANY | PRICE | CHANGE% | CHANGE | VOLUME(M) |
|--------------------|----------|---------|---------|------------|
| 3M | 221,320 | +0.95% | 2,080 | 132,022,80 |
| AMERICAN EXPRESS | 92,090 | +0.21% | 0,190 | 81,334,97 |
| APPLE | 156,250 | +0.17% | 0,270 | 807,066,88 |
| BOEING CO | 264,750 | +2.20% | 5,710 | 156,462,73 |
| CATERPILLAR | 131,360 | -0.14% | -0,190 | 77,588,82 |
| CHEVRON | 118,64 | +0.37% | 0,44 | 224,879,97 |
| CISCO SYSTEMS | 34,250 | +1.48% | 0,500 | 171,251,85 |
| COCA-COLA | 46,38 | -0.45% | -0,21 | 197,760,83 |
| DOWDUPONT | 71,18 | +0.41% | 0,29 | 166,064,27 |
| EXXON MOBIL | 83,11 | +0.45% | 0,37 | 351,976,38 |
| GENERAL ELECTRIC | 23,8300 | +1.06% | 0,2500 | 206,188,98 |
| GOLDMAN SACHS | 244,73 | +1.98% | 4,74 | 94,610,31 |
| HOME DEPOT | 163,4300 | +0.12% | 0,1900 | 192,512,70 |
| IBM | 162,07 | +0.73% | 1,17 | 151,025,58 |
| INTEL CORP | 40,4300 | +0.85% | 0,3400 | 189,933,58 |
| J.P.MORGAN CHASE | 99,5100 | +1.43% | 1,4000 | 344,957,57 |
| JOHNSON & JOHNSON | 142,4000 | +0.25% | 0,3600 | 382,013,68 |
| MC DONALD'S CORP | 166,3000 | -0.12% | -0,2000 | 134,653,84 |
| MERCK AND CO. NEW | 63,88 | +0.20% | 0,13 | 174,155,21 |
| MICROSOFT | 78,810 | +1.16% | 0,900 | 606,936,83 |
| NIKE | 53,06 | +0.70% | 0,37 | 69,066,03 |
| PFIZER | 36,4200 | +0.50% | 0,1800 | 216,483,51 |
| PROCTER AND GAMBLE | 88,250 | -3.65% | -3,340 | 224,947,13 |
| TRAVELERS CIES | 133,32 | +0.11% | 0,15 | 36,792,02 |
| UNITED TECHNOLOGIE | 120,93 | +1.21% | 1,44 | 96,529,03 |
| UNITEDHEALTH GROUP | 207,49 | +2.09% | 4,24 | 200,449,40 |
| VERIZON COMMS | 49,53 | +0.65% | 0,32 | 202,012,28 |
| VISA | 107,55 | +0.50% | 0,53 | 196,693,87 |
| WAL-MART STORES | 87,4400 | +1.20% | 1,0400 | 261,185,98 |
| WALT DISNEY CO | 99,4000 | +0.39% | 0,3900 | 153,398,86 |

M - MILLION DOLLARS

NASDAQ

CLOSING PRICES OCTOBER 23

| COMPANY | PRICE | CHANGE NET / % |
|--------------------------------|-----------|----------------|
| Most Advanced | | |
| uniQure N.V. | \$ 19.27 | 4.11 ▲ 27.11% |
| Xunlei Limited | \$ 6.58 | 1.33 ▲ 25.33% |
| Atlassian Corporation Plc | \$ 50.17 | 9.92 ▲ 24.65% |
| KalVista Pharmaceuticals, Inc. | \$ 11.26 | 1.99 ▲ 21.47% |
| Mammoth Energy Services, Inc. | \$ 17.26 | 2.77 ▲ 19.12% |
| LEAP THERAPEUTICS, INC. | \$ 5.69 | 0.70 ▲ 14.03% |
| Westmoreland Coal Company | \$ 2.26 | 0.27 ▲ 13.57% |
| Fluidigm Corporation | \$ 5.03 | 0.57 ▲ 12.78% |
| Stratasys, Ltd. | \$ 23.21 | 2.26 ▲ 10.79% |
| Collectis S.A. | \$ 30.39 | 2.60 ▲ 9.36% |
| Ericsson | \$ 6.45 | 0.55 ▲ 9.32% |
| Most Declined | | |
| Celgene Corporation | \$ 121.33 | 14.63 ▼ 10.76% |
| Synlogic, Inc. | \$ 15.01 | 1.46 ▼ 8.86% |
| Amtech Systems, Inc. | \$ 13.73 | 1.19 ▼ 7.98% |
| Synacor, Inc. | \$ 2.40 | 0.20 ▼ 7.69% |
| Insteel Industries, Inc. | \$ 27 | 2.16 ▼ 7.41% |
| Alpine Immune Sciences, Inc. | \$ 11.03 | 0.82 ▼ 6.92% |
| Forward Pharma A/S | \$ 6.12 | 0.43 ▼ 6.56% |
| Axon Enterprise, Inc. | \$ 23.01 | 1.61 ▼ 6.54% |
| Gentex Corporation | \$ 19.38 | 1.28 ▼ 6.20% |
| Flexsteel Industries, Inc. | \$ 47.50 | 3.01 ▼ 5.96% |
| BioCryst Pharmaceuticals, Inc. | \$ 4.80 | 0.30 ▼ 5.88% |

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 Sterling Fixed Income B

DEALING PRICE

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Price Movement

Accumulating Funds

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 EUR Currency B
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 Multi Asset Conservative B EUR
 Multi Asset Balanced B GBP
 Multi Asset Balanced B EUR
 Multi Asset Growth B GBP
 Multi Asset Growth B EUR

DEALING PRICE

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 €0.9553 -€0.0006
 £1.1618 £0.0019
 €1.0831 €0.0016
 £1.3274 £0.0034
 €1.2255 €0.0029
 £1.4826 £0.0048
 €1.3758 €0.0043

Price Movement

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Large firms reduce waste

MANY WILL BEAT THE EU 2030 DEADLINE

A LARGE number of major companies are now committed to significantly reduce the amount of waste they generate and to conserve energy and resources.

As a recent report suggested that 64 per cent of Spanish consumers polled were looking for greater clarity in packaging description and the European Commission is introducing strict targets for reduction in waste, Spanish companies are enthusiastically looking at their procedures. Landfills are a major environmental problem within the EU and although household waste is often not properly sorted for recycling, these companies which include Procter and Gamble (P&G), Nestle and Pascual are taking major steps to reduce their negative affect upon the environment.

One obvious area where those involved in the production of food and drink is to ensure that there is no spillage - which would result in rejection and end up as possible landfill - by improving their production lines and such investment also means in the long run that they will save money by producing more saleable products.

The Grupo Pascual has streamlined its Barcelona milk packaging factory so that it sends nothing to landfill and any waste liquid is recycled. It expects that all of its factories will significantly reduce waste by 2020 and will follow a 3R rule (reduce, reuse and recycle) to achieve this.

Already half of the 10 production units operated by Nestle in Spain are able to boast that they send nothing to landfill and they too are committed to make all of their factories environmentally friendly by 2020.

Unilever was able to declare its entire factory base around the world as free of waste in 2015 and discovered that it was able to make savings



Photo by © Nestlé

**GRAND
OPENING: New
Nestle factory.**

of €200 million, so has now turned its attention to its global office network. More than 50 per cent of P&G factories are already producing zero waste and this group has also set 2020 as its target for all factories worldwide to join in the Spanish success which has already seen the elimination of all landfill.

As these major manufacturers lead the way in ensuring that their production produces as little waste as possible, so it is expected that other smaller businesses and consumers will start to play their part in making the world a less dangerous place.

THE CATALAN CRISIS AFFECTS THE ENTIRE COUNTRY

National economy suffers

WHILST a great deal has understandably been made about the political problems facing the Madrid government, managing the financial fall out of article 155 is another thing.

Already the Catalan economy is facing a potentially disastrous downturn with a number of major companies moving their head offices out of the province, but according to Prime Minister Rajoy, at least 1,300 small and medium size businesses have already moved with a further 3,000 considering the possibility.

Fear of potential public disruption with protests, especially in Barcelona appears to have frightened a number of potential foreign visitors off and bookings have already fallen by 30 per cent which will directly affect hotels with the possible knock on effect of lay-offs of staff.

This reduction in the number of visitors has seen a similar loss of income for many retail outlets as well as bars and restaurants in city centres, which to a great extent rely upon tourists spending, with even taxis



Photo by Eric Fischer flickr

**LA RAMBLAS: Losing
tourists.**

feeling the pinch.

Investment in the province is most certainly down, with companies considering whether investment or even the granting of loans to Catalan companies is a wise move at this pivotal time and indeed some operations have already indicated that they will put Spain as a whole on hold.

Car sales continue to appear to be buoyant at the moment, but that is because dealers have already placed orders with manufacturers, but the

harsh reality is that the number of advance orders being placed could have fallen by at least 20 per cent.

If Spain wants to hit its GDP forecasts and please the European Union, it needs a vibrant and economically strong Cataluña back in place, otherwise it will face a number of very unpleasant consequences.

Already the government is having to increase rates of interest paid when issuing bonds which means that it is costing considerably more to borrow money on the international market and with the European Central Bank looking likely to cut back on the amount it is spending on buying euro bonds, another interest hike could be on the cards.

Several years of economic growth meant that the international credit ratings companies such as Standard & Poor's and Moody's were considered likely to upgrade Spain's rating but this is now unlikely until what they consider a positive conclusion with Cataluña independence is reached.

Stock markets still strong

MANY Stock Exchanges around the world have seen significant increases in share value except for Spain, although even there the Catalan problem has not seen huge drops.

The convincing re-election of Japanese leader Shinzo Abe saw the Nikkei index raise to its highest level in 21 years and Wall Street saw record levels last Friday, based on an expectation of tax cuts and the suggestion that Janet Yellen may be reappointed as head of the Federal Reserve.

European markets were fairly static and slightly worried about the Spanish situation and possible problems with other European separatists, but most analysts consider this to be unlikely and say the Catalan crisis will be contained within Spain.

More jitters over Cataluña

THE Starwood Capital Finances Europe which has recently loaned €46 million for the building of a new hotel in Barcelona has expressed concern at the situation in Cataluña.

With a further €61 million advanced to two other developments in other parts of Spain, it has announced that it will divert investment to other parts of the EU until the current crisis is resolved.

It isn't just Spain which is being watched closely by the company which is also nervous over Brexit and the results of the German election but with €53 billion in funds being managed, the group intends to ensure that customer's funds are safeguarded as much as possible.

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Photo Credit: Wikimedia

BANK OF SANTANDER: Santander HQ.

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British banks split in two

AS British banks with assets in excess of £25 billion (€28 billion) split their businesses in two in order to protect retail customer's deposits, Santander takes a different stance.

Large retail banks around the world accept customer deposits and manage commercial accounts, whilst at the same time speculating in the international market.

The British government has given high street banks until 2019 to split their operations so that each stands alone with their own staff and accounts in order to try to ensure that the debacle of 2008

is never repeated.

With Brexit around the corner, there is the risk that some banks may consider taking the opportunity to relocate their speculative and high value customer business outside of the UK, although so far both Barclays and HSBC seem likely to keep the bulk of business within the UK.

Spanish bank Santander however is taking a different stance and has announced that its higher risk activities - thought to be worth £40 billion (€45 billion) - will be transferred to Banco Santander, the Spanish parent of the group.

Largest trade partner

A RECENT visit by King Felipe VI to Saudi Arabia underlined the importance of trade links which in 2016 were worth €5.5 billion to Spain.

Whilst his visit was primarily aimed at ensuring that the Kingdom purchased five Avante warships, trade talks have continued and the recently appointed Spanish Ambassador Alvaro Iranzo Gutierrez made it clear that his government was not only happy to be involved with ongoing trade but supported Saudi Vision 2030.

"We fully support the Vision 2030. Our companies are ready to contribute and help it develop in all areas, such as the development of renewable energies and state-of-the-art infrastructure. Spain hopes to contribute to unleash the potential of Saudi youth using professional

training centres across the country," he told the *Riyadh Daily* newspaper.

There are currently 120 Spanish companies who have combined with Saudi partners to set up offices in Saudi Arabia and the rail link between Mecca and Medina, whilst having some problems has been hailed as a successful innovation managed by a consortium of Spanish companies.

Other large infrastructure projects related to water, electricity and renewable energies are also under way, while Spanish brands such as Zara with 34 stores and discount store Lefties are well represented in the Kingdom's shopping centres.

One potential new market for SEAT and other Spanish produced vehicles will be Saudi women, now that they are officially allowed to drive.

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An observation on society's poison

LEAPY LEE SAYS IT

OTHERS THINK IT



WHY is it that people who speak out against minorities are vilified and attacked by all and sundry, but minorities seem to be at liberty to declare their own views with impunity and no interference from the authorities whatsoever?

The recent sacking of Magistrate Richard Page is a case in point. This Christian judge stated publicly that he believed children were better off with both male and female parents than those of the same sex.

To cut a long story short, because of the ensuing outcry and protests from gay and lesbian groups, the ultimate outcome of this statement of belief resulted in him getting the sack. You can rest assured, if this had been someone in his position who had stated that they believed children were better off with same sex parents, they would have been hailed as heroes of free speech and most probably promoted.

Why is there a war against majority factions in the world today? Why are people in prominent positions and leading media organisations bending over backwards to appease and grovel to minorities, while treating those who make up the majorities of the human race as some kind of pari-



Photo by You Tube

RICHARD PAGE: Sacked over beliefs.

ahs who should be not only ashamed of their positions but penalised for actually believing what the bulk of the human race agrees with?

While we're on this tack, why should success be frowned on and wealth accrued by legitimate

hard work be considered unfair to those who haven't managed, for one reason or another, to attain higher levels of life satisfaction achieved by others? Well I'll tell you, in my opinion there are two main reasons for all this inequality bleating

and bitter furore that is poisoning our societies today. Insecurity, and envy.

Insecurity in their own beliefs, and envy for what others possess, be it normality, success, or merely a comfortable existence. The greatest weapon disgruntled minority whingers can lay their hands on, is the power to cause as much disruption to those of us who are happy or satisfied with our lot as they possibly can. If we continue to appease those who are inclined to blame everyone else for their problems, we will create so much unrest that today's minorities will become the majorities of tomorrow, which is of course the main intention of most of them anyway.

Just as a final observation and knowing full well that one should never wish another human being any harm, did it not give a certain sense of warm serves 'em rightness to read the final days of Abu Sa'eed were apparently spent in the torture chambers of the very people he went to fight with? Bet he wished a thousand times he had stayed in the country that nurtured him! Let's hope more of these traitors also suffered the same miserable end.

Thanks for all those letters of support. Fair warned the 'cockles.' Nice to know you're there.

Keep the faith. Love Leapy.

columnists@euroweeklynews.com

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Advertising feature

STEPHEN LEWIS, the Managing Director of LPL, created the idea of an effective and successful collection company back in 1979, having started his business career in the Food Industry working in both wholesale and retail distribution for the European wide SPAR organisation.

It was during his time in the Food industry, working as a Food Technology graduate in Odense, Denmark, that Stephen gained an appreciation of payment habits of buyers and sellers both in manufacturing and retail distribution in the UK, Europe and worldwide.

Having formed LPL with a dedicated team, some still with him over the many years of successful trading, LPL progressed to serve business and commerce in general throughout the UK and overseas.

During subsequent years Stephen joined the Board of the governing body for debt collection in the UK, The Credit Services Association, becoming their youngest president, serving from 1999 to 2002. Thereafter, Stephen became Head of Training for a further 10 years, teaching specialist debt collection courses to students at Manchester Business

The man behind LPL Commercial Services



**INDEBTED:
To Stephen
Lewis.**

School, Warwick University and The Open University in particular.

Having been a Member of The Chartered Institute of Credit Management since 1984, Stephen was honoured with a Fellowship in 1999 and continues to be a contributor to the CM Magazine - as well as other publications - and has appeared on numerous BBC and other broadcast networks' programmes when an expert credit opinion is required.

Some years ago, due to a personal involvement in the Spanish property market Stephen realised that help was needed by communities to recover management fees owed by non-Spanish residents. The story has unfolded to over 10 years of successful collection for hundreds of communities that use LPL to collect these overdue fees.

Stephen continues to play an active

role in all departments within LPL but takes particular interest in the Spanish department so that his wealth of collection knowledge can translate to successful collections for LPL clients.

**“ Helping LPL's
Spanish clients
to effect successful
collections.**

*For more information, visit www.lplgroup.com or speak with the head of Spanish operations, Greg Bryan, who is based in Spain and can be contacted on 689 408 412.
Tel: UK +44 (0) 208 551 4019
Spain: +34 (0) 689 408 412
Visit: www.lplgroup.com*

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If you wear hearing aids, you know how important batteries are to their performance. You also know the inconvenience it can be to buy hearing aid batteries, always having to ensure you have spares with you, or having to change them in the middle of an

event or conversation.

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**“ Relax
knowing you
will have stable,
uninterrupted
hearing.**

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year.

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**ZPOWER
MICRO RIC 312T.**

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Opening Times: Monday – Saturday
10:00 – 14:00

BENIDORM HEARING TEST CENTRE:

Avenida Doctor Severo Ochoa 7,
Local 4, Benidorm
03503 - ALICANTE
Opening Times: Monday to Friday
10:00 – 14:00
Tel: 965 020 813
Email: info@applecares.eu

Advertising feature

What is the flu?

INFLUENZA, commonly known as the 'flu', is an extremely contagious respiratory illness caused by influenza A or B viruses. Flu appears most frequently in winter and early spring. The flu virus attacks the body by spreading through the upper and/or lower respiratory tract.

“A severe case of flu can lead to life-threatening illnesses such as pneumonia.

What's the difference between a cold and flu?

The common cold and flu are both contagious viral infections of the respiratory tract. Although the symptoms can be similar, flu is much worse. A cold may drag you down a bit, but the flu can make you shudder at the very thought of getting out of bed.

Congestion, sore throat, and sneezing

are common with colds. Both cold and flu bring coughing, headache, and chest discomfort. With the flu, though, you are likely to run a high fever for several days and have body aches, fatigue, and weakness. Symptoms of the flu also tend to come on abruptly. Usually, complications from colds are relatively minor, but a severe case of flu can lead to a life-threatening illness such as pneumonia.

Remember: Antibiotics only treat bacterial infections.

Two antiviral medications are available to treat flu. But there are no medications that specifically defeat the common cold. Antibiotics may be helpful only if there is a secondary bacterial infection.

INFLUENZA: Will have you feeling much worse than a cold.



If you would like more information or advice about our Private Health Policies and free checkups, please call Mike on 966 493 082 (Javea) 950 049 431 (Almeria) or alternatively, email info@goldenleavesinternational.com



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I just can't remember!

Mike Senker

In my opinion

Views of a Grumpy Old Man



HAVE you noticed that all the fun of getting old is slowly disappearing? Things like little aches and pains appear, we have pills for this, creams for that, something to help you sleep then something else to get you going in the morning.

I have an injection in the morning and another one at night. The first one is insulin and the other one is something that stops me getting hungry so I don't eat too much and therefore take less of the insulin I use in the morning.

And of course with advancing years there is the memory loss. I just got a message from a friend of mine that I had lunch with yesterday asking me the name of the video I suggested he watched on YouTube as he can't remember. I text him back saying I couldn't remember either and could he give me a clue and, of course, neither of us have any idea what we were talking about. So that was the end of that conversation.

My memory for this sort of thing now is getting worse and worse. This was further

proved last night when we had some friends round and, as the evening progressed, we were chatting about all different topics and as we were talking all of us had our phones and had to keep Googling so many things like names of actors, names of songs, singers, film titles etc. It was a constant search fest.

That in turn got me wondering - do all these search engines help or hinder? I mean if we didn't have them the whole evening would be us not being able to recall anything or would it? Are we relying on the fact that we have Google to just quickly reference everything? If we didn't would we try that little bit harder?

The strange thing is I can remember poker hands that I've been beaten by or won with for weeks and rattle them off to anybody who wants to listen (there's not many!) Yet I don't know my wife's or daughter's telephone number off by heart any more. Why? Well I don't have to, do I? I just pick up my phone and press their name. Yet I can remember my home telephone number from when I was six years old.

There was something else I was going to write about but I can't remember what it was now. I'll get back to you if I do.

columnists@euroweeklynews.com

Email me: mikesenker@gmail.com.

LEGALLY SPEAKING

Wet weather tips

AS part of a new series, we answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.

WEATHER conditions pose the biggest risk to road users, partly due to inexperience and lack of preparedness, and partly due to changing road dynamics and the driving environment.

Here are our top tips for dealing with rain.

1. Slow down

It's easy to be lulled into a false sense of security but speed and adverse weather is a deadly combination. When the road is wet, your vehicle's tyres cannot grip the road as much as in normal, dry conditions, so slow down.

Cornering and braking are all affected by water on the road, reducing grip and increasing stopping distances considerably; slowing down allows more time to adapt and deal with the situation. Ease off the accelerator a little and you will see the difference immediately.

2. Avoid violent movement/sharp braking

Sudden braking, acceleration or harsh movements of the steering wheel may result in loss of vehicle control. If the operations are carried out progressively, smoothly and slowly, it also gives other drivers more time to react. Remember that a smooth drive is a safer and more efficient ride under normal conditions and even more so when it rains.

3. Avoid driving on road markings

Road markings provide less grip than the road surface itself and can therefore increase braking distances. Riders on two wheels should be particularly aware of this problem.

4. Be seen

During rain or reduced visibility, make sure that you have your lights on. Daytime Running Lights may not suffice, especially in reduced visibility where headlights must be used. The timely use of indicators and brake lights is crucial.

5. Avoid aquaplaning risks

Keep a sharp lookout for puddles, which may reduce the grip of your tyres, potentially creating a liquid barrier between the tyre and road surface, commonly referred to as aquaplaning. However, don't carry out any sudden movements to avoid puddles. Simply slow down, hold the steering wheel firmly and try to keep your vehicle on a straight and level course. Whilst maintaining an adequate distance from the vehicle in front, it is often beneficial to follow vehicles through such areas as the displacement of water becomes easier.

With these five basic tips your journey through the rain should be much safer. But remember, it's not only about how you drive your vehicle, but about the vehicle itself.

Proper maintenance is crucial. Check tyres and their pressure, lights, windows, brakes and other features regularly to reduce the risk. If in doubt, your local garage can check the vehicle.



WET WEATHER: Poses a challenge.

cial to give other road users advanced warnings of your intentions. Keeping your vehicle under control and following all the advice for a smooth ride will also allow for an improvement in your visibility to other road users.

5. Avoid aquaplaning risks

Keep a sharp lookout for puddles, which may reduce the grip of your tyres, potentially creating a liquid barrier between the tyre and road surface, commonly referred to as aquaplaning. However, don't carry out any sudden movements to avoid puddles. Simply slow down, hold the steering wheel firmly and try to keep your vehicle on a straight and level course. Whilst maintaining an adequate distance from the vehicle in front, it is often beneficial to follow vehicles through such areas as the displacement of water becomes easier.

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Proper maintenance is crucial. Check tyres and their pressure, lights, windows, brakes and other features regularly to reduce the risk. If in doubt, your local garage can check the vehicle.

For more news and articles visit www.n332.es or search N332 on Facebook.

How much CGT do I pay?

Q. IF I sell my house in Spain valued at €225,000, how is the CGT paid, or can I roll this into another property?

M.C. (email)

A. THAT depends on whether you are a tax resident in Spain, selling your principal residence, or you are a non-resident.

If you are a non-resident, you will pay Spanish Capital Gains Tax (CGT) at 21 per cent of your profit. If you bought for €125,000 and sell for €225,000, you have a profit of €100,000 and a tax of €21,000. A

David Searl

You and the Law in Spain



non-resident has no rollover provision.

You may be free of CGT if you meet three conditions. You are selling your principal residence, where you have lived for three years. You have paid your income tax in Spain for

three years. You are over 65 years of age. If you are younger than 65, you can also escape CGT if you purchase a new principal residence using the total value of your sale.

The resident pays CGT on a sliding scale. Tax is 19 per cent up to a profit of €6,000, 21 per cent from there to €50,000, and 23 per cent above that.

Send your questions for David Searl through lawyers *Ubeda-Retana & Associates in Fuengirola* at Ask@lawtaxpain.com, or call 952 667 090.



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TECH FOR THE TIMID

That's inkredible

PRINTERS come in two main flavours: laser and inkjet.

Lasers are the workhorses of the printing world: generally monochrome, more expensive to buy than inkjets but cheaper to run if you're a serial printer.

Inkjets are cheap as chips - until you start buying the replacement ink cartridges. And they print ever so pretty in colour, at a price.

That's a pain you can ease slightly by buying generic cartridges online or from your local shop, and despite the manufacturers' quality warnings, I've never yet encountered one which printed any worse than the branded one, or which 'ruined' a printer.

(And don't even think of refilling your cartridges by hand, as some of us used to do. Accompanied by frequent embarrassment when visitors would remark on the profusion of used syringes lying around the home...)

Now is the printer of our discontent

TERENCE KENNEDY shares his love-hate relationship with the most treacherous of computer devices, the printer.

EVER wondered why your printer won't let you produce a black and white document because it's 'out of magenta ink'?

Is it a good idea to let your printer know you're in a hurry, because it can smell the fear?

And if we had a 3D printer, could we then print out our own 3D printers?

You'd think after more than three decades, Messrs Hewlett-Packard, Epson, Canon, Brother and co. could finally get it right - but 'printer rage' is now so common that an idle search on Google produces more than three million hits.

Paper jams, empty cartridges, upright A4 printed in landscape, worthy but misguided attempts to save the forests by printing double-sided: these are all facets of our troubled interactions with technology.

The irony is that not too long ago, pundits like me were confidently predicting the paperless society, yet today in the developed world we each consume an astonishing 200 kilos of paper a year. And in 15 years the planet's paper consumption has actually grown 77 per cent.

As for the printers themselves, at the current rate they'll soon be given away free with the cornflakes.

That's because they use the Gillette business model, so-called from the days when that company sold the razor for next to nothing, but made its fortune on the blades we then had to buy for it (one of the reasons I stopped shaving; call it a matter of principle - but more probably sheer laziness).

I recall staying up all night years ago trying to persuade my clunky bubblejet to print a British pound symbol. Or wrestling with it for hours



PRINTERS: What happened to the paperless society?

to produce an envelope despite my exasperated partner's entreaties to 'Just write the **** thing by hand!'

Now printers 'simply work', or they should, at a (hidden) price.

Despite printers being cheap and cheerful these days, ink in branded cartridges has become one of the most expensive liquids in the world: €1,500 a litre by my quick calculation.

You'd think as a result that we'd be more selective about what, and how much we print. Yet I had an older colleague who insisted on

printing all his e-mails.

Until he saw reason, he was using an entire ream of paper (that's 500 sheets to the stationery-challenged among us) every few days.

So next time you're wondering whether to print, you could do worse than abide by the automatic signature I've had at the end of all my e-mails for years:

'Please consider the environment before printing this e-mail. No trees were harmed in sending this message, but quite a few electrons were slightly inconvenienced.'



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BBC one

7:00am Breakfast
10:15am Rip Off Britain
11:00am Homes Under the Hammer
12:00pm A Matter of Life and Debt
12:45pm Caught Red Handed
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Doctors
3:15pm Impossible
4:00pm Escape to the Country
4:45pm Money for Nothing
5:30pm Antiques Road Trip
6:15pm Pointless
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm EastEnders
9:00pm Council House Crackdown
10:00pm The Ganges with Sue Perkins
11:00pm BBC News at Ten
11:30pm BBC London News
11:45pm Question Time
12:45am This Week
1:30am Weather for the Week Ahead

BBC TWO

7:00am Real Lives Reunited
7:30am Money for Nothing
8:15am A Matter of Life and Debt
9:00am Council House Crackdown
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm The Code
2:45pm The Planners
3:45pm Family Finders
4:15pm The World's Busiest Railway 2015
5:15pm Sea Cities
6:15pm Flog It!
7:00pm Eggheads
7:30pm Strictly - It Takes Two
8:00pm Further Back in Time for Dinner
9:00pm Autumnwatch 2017
10:00pm The Big Family Cooking Showdown
11:00pm Match of the Day
11:30pm Newsnight
12:15am Army: Behind the New Frontlines

BBC FOUR

8:00pm Beyond 100 Days
8:30pm Great Continental Railway Journeys
Michael Portillo sets off with his 1913 guide down the spine of Italy from Rome to Sicily.
9:00pm Handmade
9:30pm Handmade on the Silk Road
10:00pm Retreat: Meditations From a Monastery
11:00pm Genius of the Ancient World
Series in which historian Bettany Hughes investigates three giants of ancient philosophy.
12:00pm The Work: Four Days to Redemption
1:25am City Beneath the Waves: Pavlopetri
2:25am I Know Who You are
3:45am Great Continental Railway Journeys
4:15am This is BBC Four

CHANNEL 4

9:05am Everybody Loves Raymond
9:40am Everybody Loves Raymond
10:10am Frasier
10:40am Frasier
11:10am Ramsay's Hotel Hell
12:05pm Undercover Boss USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm A New Life in the Sun
3:10pm Countdown
4:00pm Find it Fix it Flog it
5:00pm My Kitchen Rules
6:00pm Four in a Bed
6:30pm Steph and Dom's One Star to Five Star
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
8:55pm Stand Up To Cancer
9:00pm The Supernet
10:00pm Feral Families
11:00pm The Great British Bake Off: An Extra Slice
11:50pm Fighting Cancer: My Online Diary
12:50am Gogglebox

CHANNEL 5

8:35am Paw Patrol
8:50am Rusty Rivets
9:05am Digby Dragon
9:15am Floogals
9:35am Peppa Pig
9:45am Peppa Pig
9:55am Ben and Holly's Little Kingdom
10:05am Mofy
10:15am The Wright Stuff
12:15pm Can't Pay? We'll Take it Away!
1:10pm 5 News Lunchtime
1:15pm The Hotel Inspector Returns
2:15pm Home and Away
2:45pm Neighbours
3:15pm NCIS
4:10pm A Sunday Horse
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm All New Traffic Cops
9:00pm Bargain Loving Brits in Blackpool
10:00pm Rich House, Poor House
11:00pm Bad Habits, Holy Orders
12:05am Borderline

4

11:30am Baby Daddy
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm New Girl
1:30pm New Girl
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm The Goldbergs
3:30pm The Goldbergs
4:00pm How I Met Your Mother
4:30pm How I Met Your Mother
5:00pm New Girl
5:30pm New Girl
6:00pm The Goldbergs
6:30pm Stage School
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Extreme Cake Makers
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm 2 Broke Girls
10:30pm Gameface
11:00pm The Inbetweeners
11:30pm The Inbetweeners
12:00am The Big Bang Theory

sky sports main event

7:00am Live WGC - HSBC Champions
9:00am Good Morning Sports Fans
9:30am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Premier League Daily
12:00pm Sky Sports Daily
1:00pm Live ATP 500: Vienna Day four of the Erste Bank Open on the ATP World Tour from Vienna, Austria.
5:00pm Cricket
The opening T20 in the series between South Africa and Bangladesh at the Mangaung Oval in Bloemfontein.
9:00pm Live Sportswomen of the Year
10:30pm Sky Sports Tonight
11:00pm Boxing
11:30pm Sky Sports News at Ten
12:00am Sky Sports News
1:00am EFL Matters
1:30am Live NFL: Miami @ Baltimore

itv

9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Dickinson's Real Deal
4:00pm Alphabetical
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Car Crime: Are You a Target? Tonight
9:00pm Emmerdale
9:30pm Paul O'Grady: For the Love of Dogs
10:00pm Gordon Ramsay on Cocaine
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:40pm After the News
12:15am The Best: The FIFA World Football Awards 2017
1:15am Jackpot247

itv2

8:15am The Great Indoors
8:40am The Great Indoors
9:00am Emmerdale
9:30am Coronation Street
10:00am Coronation Street
10:30am The Ellen DeGeneres Show
11:20am The Great Indoors
11:50am The Great Indoors
12:15pm Dress to Impress
1:20pm Emmerdale
1:50pm Coronation Street
2:20pm Coronation Street
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
5:55pm The Jeremy Kyle Show
7:00pm Dress to Impress
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Bromans
11:00pm Celebrity Juice
11:50pm Family Guy
12:20am Family Guy

itv3

7:00am Coronation Street
7:25am Coronation Street
7:55am Heartbeat
8:50am Wild at Heart
9:50am Judge Judy
The Emmy nominated reality courtroom series, presided over by outspoken family court judge, Judge Judith Sheindlin.
10:20am Judge Judy
10:45am Judge Judy
11:15am Inspector Morse
Feature-length murder mystery.
1:35pm Wild at Heart
2:35pm Heartbeat
3:40pm Coronation Street
4:15pm Coronation Street
4:40pm Inspector Morse
7:00pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Foyle's War
11:05pm Lewis
Detective drama series.
1:00am Inspector Morse
3:15am ITV3 Nightscreen

itv4

7:00am The Chase
Quiz show hosted by Bradley Walsh.
7:50am The Chase
8:50am Counting Cars
US reality series following life at Count's Kustoms, a car customisation and restoration company in Las Vegas.
9:15am Counting Cars
9:40am Pawn Stars
10:05am Pawn Stars
10:35am Ironside
11:40am Quincy, M.E.
12:40pm The Sweeney
Cult 70s police series.
1:45pm The Avengers
2:50pm Ironside
3:55pm Quincy, M.E.
4:55pm The Sweeney
6:00pm The Avengers
7:00pm Counting Cars
7:30pm Counting Cars
8:00pm Darts
12:00am Born to Raise Hell
1:00am FYI Daily

sky CINEMA ACTION & ADVENTURE

3:15pm Underworld: Blood Wars
4:55pm The Bourne Supremacy
6:45pm Miss Peregrine's Home for Peculiar Children
9:00pm Rogue One: A Star Wars Story
11:20pm Underworld: Blood Wars
12:55am The Bourne Supremacy
2:50am The 5th Wave

sky CINEMA COMEDY

7:40am The Sweetest Thing
9:20am Hail, Caesar!
11:10am Walk Hard: The Dewey Cox Story
12:55pm Blade Runner 2049
1:25pm Ghostbusters
3:25pm Bad Neighbours 2
5:05pm In and Out
6:45pm Knocked Up
9:00pm Ghostbusters
11:00pm Bad Neighbours 2
12:40am Grosse Pointe Blank
2:30am Beverly Hills Cop II
4:20am Breaking the Bank

sky CINEMA PREMIERE

7:25am Billy Lynn's Long Halftime Walk: Special
7:40am The Sweetest Thing
9:20am Hail, Caesar!
11:10am Walk Hard: The Dewey Cox Story
Poor Alabama musician Dewey Cox is determined to make his parents proud by becoming a star.
12:55pm Blade Runner 2049
1:25pm Ghostbusters
3:25pm Bad Neighbours 2
5:05pm In and Out
6:45pm Knocked Up
9:00pm Ghostbusters
11:00pm Bad Neighbours 2
12:40am Grosse Pointe Blank
2:30am Beverly Hills Cop II

sky sports football

10:00am Football
1:00pm Eredivisie
2:00pm EFL Rivalries: Second City Derby
2:30pm Carabao Cup Highlights
3:00pm Eredivisie
4:00pm Football's Greatest
4:30pm Football's Greatest Teams
5:00pm Carabao Cup Highlights
5:30pm La Liga Greatest Games
6:00pm Football Years
6:30pm Carabao Cup Highlights
7:00pm Eredivisie
8:00pm EFL Matters
8:30pm Carabao Cup Highlights
9:00pm EFL Rivalries: Second City Derby
9:30pm Eredivisie
10:30pm EFL Matters
11:00pm EFL Rivalries: Second City Derby
11:30pm Carabao Cup Highlights
12:00am La Liga Show

Serving the right ingredients for a successful restaurant

Nora Johnson
Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

HEARD about the country pub in North Yorkshire voted best restaurant in the world by TripAdvisor? My first thought was great! Hopefully, a no-nonsense country restaurant serving no-nonsense food that excluded one of my restaurant bugbears: taster menus (convenient and lucrative for the restaurant but only half the items of which many of us really like). But no! It has a taster menu that'll set you back £95 (including a £50 deposit).

And my other bugbears since you ask? Serving food on bits of wood, roof slates, shovels, drinks in jam jars, chips in mugs, tin cans, dog bowls and shoes. You didn't know some restaurants serve food in shoes? Count yourselves lucky!

Then, there's the 'concept.' Explained by hipster waiters who breathlessly tell you the salad leaves were foraged from the central



NO-NO: Menus with photos.

reservation of the M25, or the salmon hand-smoked in a skip in Stornoway.

And are restaurant staff instructed to wait until they see you fill your mouth with some especially trying, invariably leafy, mouthful before they ask the 'How's everything?' question, making an intelligible answer impossible? Some restaurants are worse than others, waiters hovering around watching, one after another coming to ask.

Well, here's my TripAdvisor five-star advice for hipster waiters: shut up asking how's everything every five minutes... please.

But the thing I detest most is pictures of food outside restaurants. Holidaying in Greece way back, the custom was so widespread that I took a stand: never to enter restaurants where photos of spaghetti bolognese, bangers and mash or whatever else was displayed outside. If you don't know what spag-bol looks like, you've only yourself to blame for what you end up with!

Another rule is to avoid (like the plague) restaurants where waiters are desperately trying to lure you in. They're nowhere to be seen when your order arrives - that lacks any resemblance to the photo of spag-bol. For me, it's Nora's Law and it's never let me down.

Finally, heard about the new restaurant on the moon? Fabulous food but no atmosphere...

Nora Johnson's psychological crime thrillers 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99; £0.99) and iBookstore. All profits go to Costa del Sol Cudeca cancer charity.

columnists@euroweeklynews.com

THURSDAY THOUGHTS

By Graham Braben, Albox

Enjoying your life

DO you ever stop and wonder to yourself, has the world lost its marbles? I'm sure you do it many times, I did it only last week. We keep being told how little money there is for this, that and the other thing that may be lifesaving, then we see a story about what I'm about to tell you and you think, there's more sense in an episode of Popeye than there is out in the world in general.

Just recently the Glasgow Science Centre launched a chocolate teacake into space. Over 30,000 people watched the whole thing live on the internet. Yes, you read it right, huge numbers of people took time out of their busy day to watch... a flying teacake. Can you imagine asking your boss for time off to go and watch a biscuit being launched into space? I'm quite sure you can guess what the response would be.

Maybe I've got it wrong here. Could it be that in years to come, people will remember exactly where they were on that momentous day when the first teacake hurtled into space?

But it's not just teacakes. Even though it could have ended in tragedy, I had to do a double take at a story earlier this month about a man who swallowed a live fish, whole. As far as I can see there is no reason I can fathom for trying to swallow a fish. As it turned out it was an accident - the man was trying to kiss the fish when it shot out of his hands and went down his throat. Fortunately, paramedics were called and they managed to save the man - though the unfortunate fish didn't fare too well.

The point I'm trying to make is that, really, there's often no point to things so we should just carry on in blind ignorance, and enjoy life as much as we can.

columnists@euroweeklynews.com

Readers interested in submitting articles for this guest column should send articles of around 250 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

| | |
|---------|---------------------------|
| 11:00am | Homes Under the Hammer |
| 12:00pm | A Matter of Life and Debt |
| 12:45pm | Caught Red Handed |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News at One |
| 2:30pm | BBC London News |
| 2:45pm | Doctors |
| 3:15pm | Impossible |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Antiques Road Trip |
| 6:15pm | Pointless |
| 7:00pm | BBC News at Six |
| 7:30pm | BBC London News |
| 8:00pm | The One Show |
| 8:30pm | Sounds Like Friday Night |
| 9:00pm | EastEnders |
| 9:30pm | Porridge |
| 10:00pm | Have I Got News for You |
| 10:30pm | Tracey Breaks the News |
| 11:00pm | BBC News at Ten |
| 11:25pm | BBC London News |
| 11:35pm | The Graham Norton Show |
| 12:25am | Josh |

BBC TWO

| | |
|---------|--|
| 7:00am | Real Lives Reunited |
| 7:30am | Money for Nothing |
| 8:15am | A Matter of Life and Debt |
| 9:00am | Gardeners' World |
| 10:00am | Rugby League World Cup |
| 1:00pm | The Daily Politics |
| 2:00pm | The Code |
| 2:45pm | The Planners |
| 3:45pm | Family Finders |
| 4:15pm | The World's Busiest Railway 2015 |
| 5:15pm | Sea Cities |
| | <i>Series meeting the people who live and work around Britain's port cities.</i> |
| 6:15pm | Flog It! |
| 7:00pm | Strictly - It Takes Two |
| 8:00pm | Will Britain Ever Have a Black Prime Minister? |
| 9:00pm | Mastermind |
| 9:30pm | Only Connect |
| 10:00pm | Gardeners' World |
| 11:00pm | QI |
| 11:30pm | Newsnight |
| 12:05am | Snowfall |
| 12:50am | Rugby League World Cup Highlights |

BBC FOUR

| | |
|---------|--|
| 8:00pm | World News Today |
| | <i>The latest national and international news, exploring the day's events from a global perspective.</i> |
| 8:30pm | The Good Old Days |
| | <i>Leonard Sachs chairs the old-time music hall programme, first broadcast on 5 April 1979.</i> |
| 9:30pm | Top of the Pops |
| | <i>Gary Davies and Janice Long present the pop chart programme, first broadcast on 18 October 1984.</i> |
| 10:00pm | Top of the Pops |
| | <i>A selection of outstanding complete archive performances from Britain's silver jubilee year.</i> |
| 11:00pm | Punk Britannia at the BBC |
| 12:30am | Never Mind the Baubles: Xmas '77 with the Sex Pistols. |

CHANNEL 4

| | |
|---------|--|
| 7:20am | King of Queens |
| 8:40am | Everybody Loves Raymond |
| 10:10am | Frasier |
| 10:40am | Frasier |
| 11:10am | Ramsay's Hotel Hell |
| 12:05pm | Undercover Boss USA |
| 1:00pm | Channel 4 News |
| 1:05pm | Come Dine with Me |
| 2:05pm | A New Life in the Sun |
| 3:10pm | Countdown |
| 4:00pm | Find it Fix it Flog it |
| 5:00pm | My Kitchen Rules |
| 6:00pm | Four in a Bed |
| 6:30pm | Steph and Dom's One Star to Five Star |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 8:30pm | Unreported World |
| 9:00pm | Food Unwrapped |
| 9:30pm | Travel Man |
| 10:00pm | Gogglebox |
| 11:00pm | The Last Leg |
| 12:05am | First Dates |
| 1:10am | Middle Men |
| 3:05am | The Great British Bake Off: An Extra Slice |

CHANNEL 5

| | |
|---------|---|
| 8:50am | Rusty Rivets |
| 9:05am | Digby Dragon |
| 9:15am | Floogals |
| 9:35am | Peppa Pig |
| 9:45am | Peppa Pig |
| 9:55am | Ben and Holly's Little Kingdom |
| 10:05am | Mofy |
| 10:15am | The Wright Stuff |
| 12:15pm | Can't Pay? We'll Take it Away! |
| 1:10pm | 5 News Lunchtime |
| 1:15pm | The Hotel Inspector Returns |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:15pm | NCIS |
| 4:15pm | The Wrong Woman |
| 6:00pm | 5 News at 5 |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News Tonight |
| 8:00pm | The Gadget Show |
| 9:00pm | World's Greatest Bridges |
| 10:00pm | Eight Days That Made Rome |
| 11:00pm | The Undiscovered Secrets of Petra |
| 12:00am | Ben Fogle: New Lives in the Wild - Canada |

4

| | |
|---------|-----------------------|
| 7:00am | Hollyoaks |
| 7:30am | Hollyoaks |
| 8:00am | Charmed |
| 9:00am | Charmed |
| 10:00am | Melissa and Joey |
| 10:30am | Melissa and Joey |
| 11:00am | Baby Daddy |
| 11:30am | Baby Daddy |
| 12:00pm | How I Met Your Mother |
| 1:00pm | New Girl |
| 1:30pm | New Girl |
| 2:00pm | The Big Bang Theory |
| 2:30pm | The Big Bang Theory |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | How I Met Your Mother |
| 5:00pm | New Girl |
| 5:30pm | New Girl |
| 6:00pm | The Goldbergs |
| 6:30pm | Stage School |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Extreme Cake Makers |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Pitch Perfect |
| 12:15am | The Big Bang Theory |

sky sports main event

| | |
|---------|--|
| 7:00am | Live WGC - HSBC Champions |
| 8:30am | Live Nz Rugby: Championship Final |
| 10:20am | Rugby Archive |
| 10:30am | Good Morning Sports Fans |
| 11:00am | Premier League Daily |
| 12:00pm | Sky Sports Daily |
| 1:00pm | Live ATP 500: Vienna |
| 4:45pm | Live Mexican GP: Practice |
| 7:00pm | Sky Sports News |
| 8:00pm | Football |
| | <i>Leeds United v Sheffield United</i> |
| 11:00pm | Boxing |
| 11:30pm | Sky Sports News at Ten |
| 12:00am | Sky Sports News |
| 1:00am | Sky Sports News |
| 2:00am | Sky Sports News |
| 3:00am | Sky Sports News |
| 4:00am | Sky Sports News |
| 5:00am | Live WGC - HSBC Champions |
| | <i>Day three of the WGC-HSBC Champions, held in Shanghai, China.</i> |

itv

| | |
|---------|--------------------------------------|
| 9:30am | Lorraine |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 2:55pm | ITV News London |
| 3:00pm | Dickinson's Real Deal |
| 4:00pm | Alphabetical |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | ITV News London |
| 7:30pm | ITV Evening News |
| 8:00pm | Emmerdale |
| 8:30pm | Coronation Street |
| 9:00pm | Australian Wilderness with Ray Mears |
| 9:30pm | Coronation Street |
| 10:00pm | Bear's Mission with Anthony Joshua |
| 11:00pm | ITV News at Ten and Weather |
| 11:30pm | ITV News London |
| 11:40pm | After the News |
| 12:15am | Bad Move |
| 12:45am | Piers Morgan's Life Stories |

itv2

| | |
|---------|--|
| 7:00am | The Cube |
| 7:50am | Totally Bonkers Guinness World Records |
| 8:15am | The Great Indoors |
| 8:40am | The Great Indoors |
| 9:00am | Emmerdale |
| 9:30am | Emmerdale |
| 10:00am | You've Been Framed! |
| 10:30am | The Ellen DeGeneres Show |
| 11:20am | The Great Indoors |
| 11:50am | The Great Indoors |
| 12:15pm | Dress to Impress |
| 1:20pm | Emmerdale |
| 1:50pm | Emmerdale |
| 2:20pm | You've Been Framed! |
| 2:50pm | The Ellen DeGeneres Show |
| 3:45pm | The Jeremy Kyle Show |
| 4:50pm | The Jeremy Kyle Show |
| 5:55pm | The Jeremy Kyle Show |
| 7:00pm | Dress to Impress |
| 8:00pm | You've Been Framed! |
| 9:00pm | Two and a Half Men |
| 10:00pm | Horrible Bosses |
| 12:00am | Family Guy |

itv3

| | |
|---------|--|
| 7:00am | Coronation Street |
| 7:25am | Coronation Street |
| 7:50am | Heartbeat |
| 8:55am | Wild at Heart |
| 9:55am | Judge Judy |
| 10:20am | Judge Judy |
| 10:50am | Judge Judy |
| 11:15am | Inspector Morse |
| 1:30pm | Wild at Heart |
| 2:35pm | Heartbeat |
| 3:40pm | Coronation Street |
| 4:15pm | Coronation Street |
| 4:45pm | Inspector Morse |
| 7:00pm | Heartbeat |
| 8:00pm | Murder, She Wrote |
| 9:00pm | Midsomer Murders |
| 11:05pm | Lewis |
| 1:00am | Mr Selfridge |
| 2:00am | Bridget Jones's Diary |
| 3:00am | FYI Daily |
| 3:05am | Bridget Jones's Diary |
| 3:40am | Lewis |
| 5:15am | Judge Judy |
| 5:40am | Judge Judy |
| | <i>The Emmy nominated reality courtroom series, presided over by outspoken family court judge.</i> |

itv4

| | |
|---------|--|
| 7:00am | World Cup Rivalries: Brazil v Italy |
| 7:15am | Tommy Cooper |
| 7:50am | The Chase |
| 8:45am | Counting Cars |
| 9:15am | Counting Cars |
| 9:35am | Cash Cowboys |
| 10:35am | Ironsides |
| 11:40am | Quincy, M.E. |
| 12:40pm | The Sweeney |
| 1:45pm | Darts |
| 6:00pm | The Avengers |
| 7:05pm | Counting Cars |
| 7:35pm | Counting Cars |
| 8:00pm | Darts |
| 12:00am | Last Man Standing |
| 1:00am | FYI Daily |
| 1:05am | Last Man Standing |
| 2:05am | Bear Grylls: Mission Survive |
| 3:10am | Counting Cars |
| 3:30am | Goals of the 80s |
| | <i>Some of the greatest goals scored in the 1980s.</i> |
| 3:40am | ITV4 Nightscreen |
| | <i>Text-based information service.</i> |
| 4:00am | Teleshopping |
| | <i>Shopping from home.</i> |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|----------------------------|
| 7:30am | Spider-Man 2 |
| 9:40am | Rocky III |
| 11:25am | Sahara |
| 1:35pm | Xxx: Return of Xander Cage |
| 3:35pm | Jason Bourne |
| 5:45pm | The Bourne Ultimatum |
| 7:45pm | Spider-Man 2 |
| 10:00pm | Xxx: Return of Xander Cage |
| 12:00am | Jason Bourne |

sky CINEMA COMEDY

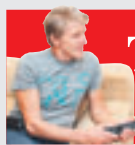
| | |
|---------|---|
| 7:50am | Who's Harry Crumb? |
| 9:30am | Love of My Life |
| 11:20am | Talladega Nights: The Ballad of Ricky Bobby |
| 1:25pm | The Top Ten Show 2017 |
| 1:45pm | Sausage Party |
| 3:25pm | Keanu |
| 5:10pm | Starsky and Hutch |
| 7:00pm | Back to the Future |
| 9:00pm | Sausage Party |
| 10:35pm | Keanu |
| 12:20am | Mrs. Brown's Boys D'Movie |

sky CINEMA PREMIERE

| | |
|---------|--|
| 7:00am | Blade Runner 2049 |
| 7:30am | Billy Lynn's Long Halftime Walk |
| 9:30am | Sing |
| 11:25am | Louis and Luca: The Big Cheese Race |
| 12:55pm | Live by Night |
| 3:10pm | Why Him? |
| | <i>Raucous comedy about a protective dad less than thrilled when his daughter begins dating a foul-mouthed playboy millionaire.</i> |
| 5:05pm | Sing |
| 7:00pm | Billy Lynn's Long Halftime Walk |
| 9:00pm | Live by Night |
| 11:15pm | Why Him? |
| 1:15am | Antibirth |
| 2:55am | My Father Die |
| 4:45am | One Last Score |
| | <i>Mississippi-set crime drama following a young ex-con and a stripper as they make a desperate bid to escape their dead-end town.</i> |

sky sports football

| | |
|---------|----------------------------------|
| 11:00am | EFL Matters |
| 11:30am | La Liga Show |
| 12:00pm | Championship Play-Off Finals |
| 1:00pm | EFL Matters |
| 1:30pm | La Liga Show |
| 2:00pm | Championship Season Review |
| 3:00pm | EFL Matters |
| 3:30pm | La Liga Show |
| 4:00pm | Football's Greatest Teams |
| 4:30pm | Football's Greatest Teams |
| 5:00pm | Scottish Cup Greatest Games |
| 5:15pm | Scottish Cup Greatest Games |
| 5:30pm | La Liga Greatest Games |
| 5:45pm | La Liga Greatest Games |
| 6:00pm | Football Years |
| 6:30pm | Football Countdowns |
| 7:00pm | SPFL Matters |
| 7:30pm | EFL Matters |
| 8:00pm | Football |
| 11:15pm | MLS Round Up Show |
| 11:45pm | EFL Rivalries: Second City Derby |
| 12:15am | SPFL Matters |



TV Couch Critic

Focus on Auntie Beeb, and she won't like it

Have I Got News for You (BBC1, Friday) has returned to our screens for an unbelievable 54th series.

If you can stand it, watch, turn the sound down and wait ... you will quickly realise you could be watching any of the shows from the previous 53 screenings.

I realise it is not strictly true (or *Strictly Come Dancing* for that matter) for you can roughly date the series being shown by gauging the amount of make-up Ian Hislop has been plastered with, combined with how bored he looks.

The more make-up and bored looking, the more recent the series.

Even with a random mix of rotating hosts, I wonder if they have considered Max Headroom. Do you remember him? This tried, tested and now past-it format is surely due for the refresh treatment; to illustrate, years ago I was in the audience (there was free wine, warm and nasty, but free) and I'm sure they still use the same audience shot in the opening sequence.

Just look for a blonde haired male, second row from back, fourth left.

For the second of three swipes at the Beeb, there are reports of a new look for *Question Time* (BBC1, Thursday).

This is another offering following the same format; correctly balanced panel and specially invited angry - though slightly ignorant - audience member primed to ask the one question which will make them a hero or an idiot, depending on choice.

In a digital age, surely there is a more gripping way to probe the panel and involve a wider pool than 'the lady in the sweater, yes you madam.'

While we all love a Dimbleby and I subscribe to the notion every casa (home) should have one, part of any refresh must include a new host, just not anyone who has sat in the middle chair for *Have I Got News For You*.

Mind you that's cutting it down. My final nudge, not a swipe, is

that someone at Broadcasting House should axe *Crimewatch* (BBC1, was monthly, then bi-monthly, now not at all).

In an age of BBC refresh this is one show which should stay, get a makeover and grab viewers once more with reconstructions, serious looking members of

H M C o n - s t a b u - l a r y and an anchor from a U S n e w s n e t - w o r k . The



daytime spin-off, *Crimewatch Roadshow* will continue, just don't confuse it with the one about antiques.

Away from the Beeb if you haven't caught up with *Bad Habits*, *Holy Orders* (Channel 5, Thursday) give it a look. The Daughters of Divine Charity (they are the Nuns in this piece) fling open their convent doors and invite five ladies in.

Young, glamorous, and addicted to social media, body image and themselves, it seems their lives and views of themselves are going change without phones, selfies and make-up.

So keep watching, just to see what's in it for the Nuns.

Finally *Modern Family* (Sky1, Fridays) series nine is launching us into weekends with fresh stories about the everyday family who are anything but everyday, doing ordinary things, in an anything but ordinary way.

Enjoy.
Critique: J S Mojacar, Almeria.

HAVE I GOT NEWS FOR YOU: Tired and dated?

Advertising feature

Christina Sharp

GLOBELINK INTERNATIONAL
christina@globelink.co.uk



AT Globelink, we've seen customer travel habits evolve over the last 20 years. You are now more adventurous; travel more often; for longer periods of time; and keep on travelling, whatever age you are! We like to think we stay ahead with what we offer, and this year is no exception.

From October 1, you can now get a lot more for your money, so keep reading and find out what's new and how this could benefit you, or your family and friends.

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We know that holidays can cost a lot and things can go wrong once they're booked. That's why we've increased the Cancellation and Curtailment cover and Delayed Departure Abandonment cover on all Comprehensive and Annual Multi-Trip policies to £6,000 per person. Our budget products - Economy,

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• Annual Multi-Trip Cover for Travellers up to age 79

The over 75's are young at heart and enjoying their senior years exploring the world. We are delighted to offer Annual Multi-Trip cover up to age 79. Each trip duration can be up to 60 days, depending on where you go.

• Longer Trip Durations for 71-74 Years

What's new this autumn?



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BBC one

| | |
|---------|---|
| 7:00am | Breakfast |
| 11:00am | Saturday Kitchen Live |
| 12:30pm | The Hairy Bikers' Comfort Food |
| 1:00pm | Football Focus |
| 2:00pm | BBC News |
| 2:10pm | Weather |
| 2:15pm | Rugby League World Cup Highlights |
| 4:00pm | Madagascar: Escape 2 Africa |
| 5:20pm | Final Score |
| 6:30pm | BBC News |
| 6:40pm | Regional News |
| 6:43pm | Weather |
| 6:45pm | Pointless |
| 7:35pm | Strictly Come Dancing |
| | <i>Eight celebrities are paired with professionals in a ballroom dancing contest.</i> |
| 9:20pm | Casualty |
| 10:10pm | Gunpowder |
| 11:10pm | BBC News |
| 11:25pm | Weather |
| 11:30pm | Match of the Day |
| 12:55am | The NFL Show |
| 1:25am | Fright Night |

BBC TWO

| | |
|---------|--|
| 8:30am | Naomi's Nightmares of Nature |
| 9:00am | Deadly 60 |
| 9:30am | Show Me What You're Made of |
| 10:00am | Saturday Mash-Up!, Including Brand New the Next Step |
| 12:00pm | Nature's Weirdest Events |
| 1:00pm | Rick Stein's Long Weekends |
| 2:00pm | Bargain Hunt |
| 3:00pm | Northern Italy Unpacked |
| 4:00pm | Flog It! |
| 5:00pm | Mastermind |
| 5:30pm | The Big Family Cooking Showdown |
| 6:30pm | Gardeners' World |
| 7:30pm | Who Do You Think You Are? |
| 8:30pm | Front Row |
| 9:00pm | Dad's Army |
| 9:30pm | Talking Pictures |
| 10:00pm | Harry Potter and the History of Magic |
| 11:00pm | QI XL |
| 11:45pm | Later... with Jools Holland |
| 12:50am | Flying Blind |

BBC FOUR

| | |
|---------|--|
| 8:00pm | The Inca: Masters of the Clouds <i>Documentary series featuring pioneering images that capture the dazzling array of mysterious and wonderful creatures that live in China's most beautiful landscapes.</i> |
| 9:00pm | Wild China |
| 10:00pm | Beck <i>Swedish police detective drama.</i> |
| 11:25pm | Beck |
| 12:55am | Top of the Pops <i>Special 20th anniversary edition of the pop chart programme, first broadcast on 5 January 1984.</i> |
| 1:30am | Sound of Cinema: The Music that Made the Movies |
| 2:35am | The Inca: Masters of the Clouds |
| 3:35am | Wild China |

CHANNEL 4

| | |
|---------|---|
| 8:40am | Frasier |
| 9:05am | Frasier |
| 9:30am | Frasier |
| 10:05am | The Big Bang Theory |
| 10:30am | The Big Bang Theory |
| 11:00am | The Big Bang Theory |
| 11:25am | The Big Bang Theory |
| 11:50am | The Simpsons |
| 12:20pm | The Simpsons |
| 12:50pm | Come Dine with Me |
| 1:25pm | Come Dine with Me |
| 1:55pm | Come Dine with Me |
| 2:25pm | Come Dine with Me |
| 3:00pm | Come Dine with Me |
| 3:30pm | A Place in the Sun |
| 4:30pm | A Place in the Sun |
| 5:30pm | Best Laid Plans |
| 6:35pm | Location, Location, Location |
| 7:30pm | Channel 4 News |
| 8:00pm | Egypt's Great Pyramid: The New Evidence |
| 9:00pm | Hidden Britain by Drone |
| 10:00pm | When Harry Met Meghan: A Royal Romance |
| 11:00pm | Formula 1 |
| 12:40am | Source Code |
| 2:10am | Animal Kingdom |

CHANNEL 5

| | |
|---------|--|
| 7:00am | Milkshake! <i>Programming aimed at children aged two to seven years old.</i> |
| 10:45am | Teenage Mutant Ninja Turtles |
| 11:20am | The Gadget Show |
| 12:10pm | Police Interceptors <i>Documentary series profiling the work of a high-speed police interception unit in Essex.</i> |
| 1:05pm | Police Interceptors |
| 2:05pm | The A-Team |
| 3:05pm | The A-Team |
| 4:10pm | The A-Team |
| 5:10pm | Can't Pay? We'll Take it Away! |
| 6:10pm | Can't Pay? We'll Take it Away! |
| 7:10pm | Mosquito Squadron |
| 9:00pm | Conspiracy: Pearl Harbor Cover-Up |
| 9:55pm | 5 News |
| 10:00pm | Football on 5 |
| 11:00pm | Football on 5 |
| 11:30pm | 2012 |
| 2:20am | FIA WRC Wales Rally GB Highlights |
| 2:50am | Super Casino |

4

| | |
|---------|--|
| 7:30am | How I Met Your Mother |
| 7:55am | Made in Chelsea |
| 9:00am | Couples Come Dine with Me |
| 10:00am | Couples Come Dine with Me |
| 11:00am | Captain Ron |
| 1:00pm | Toy Story of Terror |
| 1:30pm | The Goldbergs |
| 2:00pm | The Goldbergs |
| 2:30pm | The Goldbergs |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | Don't Tell the Bride |
| 5:00pm | The Great British Bake Off |
| 6:15pm | The Great British Bake Off: An Extra Slice |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | The Big Bang Theory |
| 8:30pm | The Big Bang Theory |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | AVP: Alien vs. Predator |
| 11:55pm | Gogglebox |
| 1:00am | Gogglebox |
| 2:05am | Rude Tube |

sky sports main event

| | |
|---------|---|
| 7:00am | Live WGC - HSBC Champions |
| 8:25am | Live Nz Rugby: Premiership Final |
| 11:00am | Soccer A.M. |
| 12:30pm | Football <i>Manchester United v Tottenham Hotspur.</i> |
| 4:15pm | Boxing |
| 4:45pm | Boxing |
| 5:15pm | Boxing |
| 5:45pm | Boxing |
| 6:15pm | Boxing |
| 6:45pm | My Icon |
| 7:00pm | Boxing |
| 8:00pm | Live Mexican GP: Qualifying <i>The qualifying session from the Mexican GP.</i> |
| 9:40pm | Live PGA Tour Golf <i>Day three of the Sanderson Farms Championship from Jackson, Mississippi.</i> |
| 10:30pm | Sky Sports Tonight |
| 11:00pm | Sky Sports News at Ten |
| 12:00am | Sky Sports News |
| 1:00am | Sky Sports News |
| 2:00am | Sky Sports News |
| 3:00am | Sky Sports News |

itv

| | |
|---------|---|
| 7:00am | CITV |
| 10:25am | ITV News |
| 10:30am | Saturday Morning with James Martin |
| 12:25pm | Gino's Italian <i>Escape: Islands in the Sun</i> |
| 12:55pm | Save Money |
| 1:55pm | ITV News and Weather |
| 2:00pm | The X Factor |
| 4:00pm | Thunderbirds are Go |
| 4:25pm | Overboard |
| 6:30pm | The Cruise |
| 7:00pm | Paul O'Grady: For the Love of Dogs |
| 7:25pm | Local News and Weather |
| 7:35pm | ITV News and Weather |
| 7:45pm | You've Been Framed! |
| 8:15pm | Ninja Warrior |
| 9:20pm | The X Factor |
| 11:20pm | The Jonathan Ross Show |
| 12:25am | ITV News and Weather |
| 12:45am | Airplane! |
| 2:25am | Jackpot247 |
| 4:00am | Hungry Sailors |

itv2

| | |
|---------|---|
| 7:10am | Totally Bonkers Guinness World Records |
| 7:40am | Emmerdale Omnibus |
| 10:20am | Coronation Street Omnibus |
| 1:20pm | Take Me Out |
| 2:30pm | Harry Hills Alien Fun Capsule |
| 3:00pm | You've Been Framed Gold! |
| 3:30pm | The Smurfs: The Legend of Smurfy Hollow |
| 4:00pm | The X Factor |
| 6:00pm | The Haunted Mansion |
| 7:00pm | FYI Daily |
| 7:05pm | The Haunted Mansion |
| 7:45pm | The Lord of the Rings: The Two Towers |
| 8:45pm | FYI Daily |
| 8:50pm | The Lord of the Rings: The Two Towers |
| 11:20pm | Celebrity Juice |
| 12:05am | Family Guy |
| 12:35am | Family Guy |

itv3

| | |
|---------|---|
| 7:00am | Judge Judy |
| 7:20am | Murder, She Wrote |
| 8:20am | The Railway Children <i>Dramatisation of E Nesbit's classic novel about three children whose lives change dramatically after they move to a Yorkshire cottage near a railway line.</i> |
| 9:25am | FYI Daily |
| 9:30am | The Railway Children |
| 10:35am | Columbo |
| 12:45pm | Wycliffe |
| 1:50pm | Foyle's War |
| 3:55pm | Foyle's War |
| 6:00pm | Midsomer Murders |
| 8:00pm | Midsomer Murders |
| 10:00pm | Midsomer Murders |
| 12:00am | The Syndicate <i>The staff of Hazelwood Manor find their life changed when they win the lottery.</i> |
| 1:05am | Lewis |
| 2:00am | Wycliffe |
| 3:00am | ITV3 Nightscreen |
| 3:30am | Teleshopping |

itv4

| | |
|---------|--|
| 7:00am | The Protectors |
| 7:30am | The Avengers |
| 8:30am | Motorsport UK |
| 9:30am | World Superbike Highlights 2017 |
| 10:30am | ITV Racing: The Opening Show |
| 11:35am | Football Rivalries |
| 11:50am | The Protectors |
| 12:20pm | Fishing Impossible |
| 1:25pm | Shed and Buried |
| 2:30pm | ITV Racing Live |
| 5:15pm | Football's Greatest |
| 5:35pm | Pawn Stars |
| 6:05pm | Pawn Stars |
| 6:35pm | Pawn Stars |
| 7:00pm | Storage Wars |
| 7:30pm | Storage Wars |
| 8:00pm | Darts <i>Coverage of all the latest action from the world of Darts.</i> |
| 12:00am | Reservoir Dogs <i>A group of perfect strangers have been assembled to pull off the perfect heist.</i> |
| 1:00am | FYI Daily |
| 1:05am | Reservoir Dogs |
| 2:05am | The Sweeney |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|---|
| 10:35am | Rocky IV |
| 12:15pm | Fantastic Beasts and Where to Find Them |
| 2:35pm | Suicide Squad |
| 4:40pm | The Huntsman: Winter's War |
| 6:40pm | Fantastic Beasts and Where to Find Them |
| 9:00pm | Suicide Squad |
| 11:05pm | Hitman |
| 12:50am | In the Heart of the Sea |

sky CINEMA COMEDY

| | |
|---------|-------------------------------|
| 7:20am | Barbershop: The Next Cut |
| 9:20am | Little Man |
| 11:05am | You Don't Mess with the Zohan |
| 1:05pm | Bridget Jones's Baby |
| 3:10pm | My Best Friend's Wedding |
| 5:00pm | Runaway Bride |
| 7:00pm | You Don't Mess with the Zohan |
| 9:00pm | Bridget Jones's Baby |
| 11:15pm | Little Man |
| 1:00am | Road Trip: Beer Pong |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | Why Him? |
| 9:05am | Louis and Luca: The Big Cheese Race <i>A friendly cheese race becomes a high-stakes dash to the finish after magpie Louis risks his friend's workshop with a secret bet.</i> |
| 10:40am | Sing |
| 12:40pm | Live by Night |
| 3:00pm | Rings <i>The curse continues when a college kid and his girlfriend both watch the death-bringing videotape.</i> |
| 4:55pm | Billy Lynn's Long Halftime Walk |
| 7:00pm | Sing |
| 9:00pm | Live by Night |
| 11:10pm | Rings |
| 1:00am | Why Him? |
| 3:05am | Cemetery of Splendour |
| 4:25am | Blade Runner 2049 |
| 4:55am | Moana: Special |

sky sports football

| | |
|---------|--|
| 7:00am | EFL Greatest Games |
| 7:15am | EFL Greatest Games |
| 7:30am | EFL Greatest Games |
| 7:45am | Football |
| 11:00am | SPFL Matters |
| 11:30am | SPFL Greatest Games |
| 11:45am | SPFL Greatest Games |
| 12:00pm | SPFL Greatest Games |
| 12:15pm | SPFL Greatest Games |
| 12:30pm | SPFL Matters |
| 1:00pm | Football <i>Hearts v Rangers.</i> |
| 3:45pm | Gillette Soccer Saturday |
| 4:15pm | Gillette Soccer Saturday |
| 6:15pm | Football <i>Hull City v Nottingham Forest.</i> |
| 8:40pm | Live La Liga 2017/18 <i>A match from Spain's La Liga.</i> |
| 10:45pm | EFL Goals: Championship |
| 11:15pm | EFL Rivalries: Second City Derby |
| 11:45pm | La Liga Icons |
| 12:00am | La Liga Icons |
| 12:15am | EFL Goals: Championship |

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BBC one

| | |
|---------|---|
| 11:00am | Sunday Morning Live |
| 12:00pm | Sunday Politics |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:10pm | Weather for the Week Ahead |
| 2:15pm | Homes Under the Hammer |
| 3:15pm | Money for Nothing |
| 4:00pm | Escape to the Country |
| 4:45pm | Points of View |
| 5:00pm | Songs of Praise |
| 5:35pm | Eat Well for Less |
| 6:35pm | BBC News |
| 6:50pm | Regional News |
| 6:55pm | Weather |
| 7:00pm | The Countryfile Ramble for Children in Need |
| 8:15pm | Strictly Come Dancing |
| 9:00pm | Blue Planet II |
| 10:00pm | The Last Post |
| 11:00pm | BBC News |
| 11:20pm | Regional News |
| 11:25pm | Weather |
| 11:30pm | Match of the Day 2 |
| 12:30am | The Women's Football Show |
| 1:05am | City Boy Fight Club |

BBC TWO

| | |
|---------|--|
| 7:05am | Coast |
| 7:35am | Great British Garden Revival |
| 8:35am | Gardeners' World |
| 9:35am | Countryfile |
| 10:30am | Saturday Kitchen Best Bites |
| 12:00pm | Mary Berry's Foolproof Cooking |
| 12:30pm | My Life on a Plate |
| 1:15pm | MOTD2 Extra |
| 2:00pm | NFL Live |
| 6:00pm | Rugby League World Cup Highlights |
| 7:00pm | Britain's Classroom Heroes |
| 8:00pm | Top Gear |
| 9:00pm | Robot Wars |
| 10:00pm | Louis Theroux |
| 11:00pm | Snowfall |
| 11:45pm | Mock the Week |
| 12:15am | What We Do in the Shadows |
| 1:40am | Question Time |
| 2:40am | Holby City |
| 3:40am | This is BBC Two Highlights of programmes on BBC Two. |

BBC FOUR

| | |
|---------|--|
| 8:00pm | Botticelli's Venus: The Making of an Icon |
| 8:30pm | University Challenge <i>Cult student quiz show where two rival university teams battle it out to see who has the most superior intellects.</i> |
| 9:00pm | Speechless |
| 10:00pm | Dolphins of Shark Bay <i>Natural World.</i> |
| 11:00pm | Legends of the Deep: Giant Squid |
| 11:45pm | Legends of the Deep: Deep Sea Sharks |
| 12:40am | Picasso: Love, Sex and Art |
| 1:40am | The Search for the Lost Manuscript |
| 2:40am | Speechless |
| 3:40am | Who's Afraid of Conceptual Art? |

CHANNEL 4

| | |
|---------|---------------------------------|
| 7:10am | Everybody Loves Raymond |
| 7:35am | Everybody Loves Raymond |
| 8:00am | Frasier |
| 8:25am | Frasier |
| 9:00am | Frasier |
| 9:30am | Sunday Brunch |
| 12:30pm | The Simpsons |
| 12:55pm | The Simpsons |
| 1:25pm | Paranorman |
| 3:20pm | Hocus Pocus |
| 5:15pm | The Great British Bake Off |
| 6:30pm | Channel 4 News |
| 7:00pm | Escape |
| 8:00pm | Great Canal Journeys |
| 9:00pm | Electric Dreams |
| 10:00pm | 8 Out of 10 Cats Does Countdown |
| 10:30pm | Formula 1 |
| 1:45am | Grand Prix: The Killer Years |
| 2:45am | The Supervet |
| 3:40am | The Secret Life of the Zoo |
| 4:35am | Gillette World Sport |
| 5:00am | KOTV Boxing Weekly |
| 5:30am | Location, Location, Location |

CHANNEL 5

| | |
|---------|---|
| 7:00am | Milkshake! |
| 11:05am | Teenage Mutant Ninja Turtles |
| 11:40am | Football on 5 |
| 12:30pm | Football on 5 |
| 1:00pm | FIA WRC Wales Rally GB Live |
| 2:30pm | The A-Team |
| 3:30pm | The A-Team |
| 4:30pm | The A-Team |
| 5:35pm | The A-Team |
| 6:35pm | The Man in the Iron Mask |
| 9:00pm | Aviva Premiership Rugby Highlights |
| 9:55pm | 5 News |
| 10:00pm | When Talent Shows Go Horribly Wrong |
| 1:00am | Seven Pounds |
| 3:10am | Super Casino <i>Feeling lucky? Get the authentic, heart-thumping casino experience every night.</i> |
| 4:10am | GP's: Behind Closed Doors |
| 5:00am | Cruising with Jane McDonald |
| 5:50am | Great Scientists |

4

| | |
|---------|--|
| 7:20am | Couples Come Dine with Me |
| 8:25am | Hollyoaks Omnibus |
| 11:00am | Made in Chelsea |
| 12:00pm | Don't Tell the Bride |
| 1:00pm | The Goldbergs |
| 1:30pm | The Goldbergs |
| 2:00pm | The Goldbergs |
| 2:30pm | The Goldbergs |
| 3:00pm | The Goldbergs |
| 3:30pm | The Big Bang Theory |
| 4:00pm | The Big Bang Theory |
| 4:30pm | The Big Bang Theory |
| 5:00pm | The Big Bang Theory |
| 5:30pm | The Big Bang Theory |
| 6:00pm | The Big Bang Theory |
| 6:30pm | The Big Bang Theory |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | The Big Bang Theory |
| 8:30pm | The Big Bang Theory |
| 9:00pm | Die Hard 2 |
| 11:25pm | David Blaine |
| 1:25am | Tattoo Fixers |
| 2:30am | Rude Tube |
| 3:35am | Brooklyn Nine-Nine |
| 4:00am | Brooklyn Nine-Nine |
| 4:20am | Hollyoaks Omnibus <i>Courtney's baby shower descends into chaos.</i> |

sky sports main event

| | |
|---------|---|
| 7:00am | Live WGC - HSBC Champions |
| 9:00am | Cricket <i>India v New Zealand.</i> |
| 1:30pm | Live Nissan Super Sunday <i>Brighton v Southampton.</i> |
| 4:30pm | Live Nissan Super Sunday <i>Leicester City take on Everton at the King Power Stadium in the Premier League.</i> |
| 7:30pm | Live Mexican GP: Race |
| 10:30pm | Live NFL: Sunday Game <i>A match from week eight in the NFL.</i> |
| 1:00am | Live NFL: Pittsburgh @ Detroit <i>Detroit Lions take on Pittsburgh Steelers at Ford Field in the NFL. The Steelers have won the last four meetings between the sides.</i> |

itv

| | |
|---------|--------------------------------------|
| 7:00am | CITV |
| 10:25am | ITV News |
| 10:30am | Australian Wilderness with Ray Mears |
| 11:00am | Peston on Sunday |
| 12:00pm | Amazing Animal Births |
| 12:25pm | Bigheads |
| 1:25pm | ITV News and Weather |
| 1:40pm | The X Factor |
| 3:30pm | Nanny McPhee |
| 5:25pm | Your Song |
| 6:25pm | Local News and Weather |
| 6:40pm | ITV News and Weather |
| 7:00pm | Tipping Point |
| 8:00pm | The X Factor |
| 10:00pm | Ball and Boe: Back Together |
| 11:00pm | ITV News and Weather |
| 11:20pm | Peston on Sunday |
| 12:15am | Bear's Mission with Anthony Joshua |
| 1:10am | Jackpot247 |
| 4:00am | Motorsport UK |
| 4:50am | Nightscreen |

itv2

| | |
|---------|---|
| 11:40am | Cheerleaders Steel Rays |
| 12:05pm | Ready, Set, Style |
| 12:20pm | Ready, Set, Style |
| 12:30pm | Third Wheel |
| 12:45pm | Take Me Out |
| 1:55pm | Harry Hills Alien Fun Capsule |
| 2:20pm | You've Been Framed Gold! |
| 2:50pm | You've Been Framed Gold! |
| 3:15pm | Corpse Bride |
| 4:15pm | FYI Daily |
| 4:20pm | Corpse Bride |
| 4:55pm | The Smurfs: The Legend of Smurfy Hollow |
| 5:20pm | Hotel Transylvania |
| 6:20pm | FYI Daily |
| 6:25pm | Hotel Transylvania |
| 7:05pm | The Lord of the Rings: The Return of the King |
| 8:05pm | FYI Daily |
| 8:10pm | The Lord of the Rings: The Return of the King |
| 11:00pm | Family Guy |
| 12:05am | Family Guy |

itv3

| | |
|---------|--|
| 7:00am | Lewis |
| 8:40am | Heartbeat |
| 9:40am | Heartbeat |
| 10:45am | Murder, She Wrote |
| 11:45am | Murder, She Wrote |
| 12:50pm | Murder, She Wrote |
| 1:50pm | The Mirror Crack'd |
| 2:55pm | FYI Daily |
| 3:00pm | The Mirror Crack'd |
| 4:00pm | Columbo |
| 6:00pm | Lewis |
| 7:55pm | Midsomer Murders |
| 10:00pm | The Syndicate <i>The staff of Hazelwood Manor find their life changed when they win the lottery.</i> |
| 11:10pm | Honest |
| 12:10am | Captain Corelli's Mandolin |
| 1:20am | FYI Daily |
| 1:25am | Captain Corelli's Mandolin |
| 2:40am | The Knock |
| 3:35am | Mr Selfridge |
| 4:25am | Lewis |

itv4

| | |
|---------|---|
| 7:00am | Barcelona's European Glory |
| 7:10am | The Avengers |
| 8:15am | The Avengers |
| 9:20am | The Sweeney |
| 10:20am | The Sweeney |
| 11:20am | The Sweeney |
| 12:20pm | Shed and Buried |
| 1:20pm | Pawn Stars |
| 1:45pm | Darts <i>Coverage of all the latest action from the world of Darts.</i> |
| 6:00pm | Snooker v Darts |
| 6:05pm | Storage Wars |
| 6:35pm | Storage Wars |
| 7:00pm | Pawn Stars |
| 7:25pm | Pawn Stars |
| 8:00pm | Darts |
| 12:00am | Car Crash Global |
| 1:00am | Born to Raise Hell |
| 2:00am | FYI Daily |
| 2:05am | Born to Raise Hell |
| 3:05am | The Avengers |
| 3:55am | ITV4 Nightscreen |
| 4:00am | Teleshopping <i>Innovative, value-for-money products brought directly to you at home.</i> |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|--|
| 8:50am | Star Wars: Episode VII - The Force Awakens |
| 11:10am | X-Men: Apocalypse |
| 1:40pm | Doctor Strange |
| 3:40pm | The Bourne Identity |
| 5:40pm | Star Wars: Episode VII - The Force Awakens |
| 8:00pm | Doctor Strange |
| 10:00pm | X-Men: Apocalypse |
| 12:30am | Air Force One |

sky CINEMA COMEDY

| | |
|---------|------------------------------------|
| 10:50am | Mean Girls |
| 12:35pm | All About Steve |
| 2:20pm | Absolutely Fabulous: The Movie |
| 4:00pm | Popstar: Never Stop Never Stopping |
| 5:35pm | Zoolander |
| 7:10pm | Zoolander 2 |
| 9:00pm | Absolutely Fabulous: The Movie |
| 10:40pm | Popstar: Never Stop Never Stopping |
| 12:15am | Juno |
| 2:00am | Ordinary World |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | The Top Ten Show 2017 |
| 7:15am | Billy Lynn's Long Halftime Walk |
| 9:10am | Sing |
| 11:00am | Loving |
| 1:05pm | Live by Night |
| 3:15pm | Rings <i>The curse continues when a college kid and his girlfriend both watch the death-bringing videotape.</i> |
| 5:00pm | Sing |
| 6:50pm | Loving |
| 9:00pm | Live by Night |
| 11:10pm | Rings |
| 12:55am | Why Him? |
| 2:50am | Antibirth |
| 4:40am | One Last Score <i>Mississippi-set crime drama following a young ex-con and a stripper as they make a desperate bid to escape their dead-end town.</i> |

sky sports football

| | |
|---------|--|
| 7:00am | Football's Greatest <i>A look back on the decorated career of Luis Figo.</i> |
| 7:30am | EFL Goals: Championship |
| 7:55am | Live Chinese Super League |
| 10:00am | EFL Goals: League 1 and 2 |
| 10:30am | The Sunday Supplement |
| 12:00pm | EFL Goals: Championship |
| 12:30pm | Football |
| 3:15pm | EFL Greatest Games |
| 3:45pm | Live La Liga 2017/18 |
| 6:00pm | La Liga Greatest Games |
| 6:15pm | Live La Liga 2017/18 |
| 8:20pm | La Liga Greatest Games |
| 8:30pm | La Liga Greatest Games |
| 8:40pm | Live La Liga 2017/18 |
| 10:45pm | MLS Live |
| 1:00am | A match from Major League Soccer. |
| 1:00am | Championship Play-Off Finals |

Travel

Seeing is believing in gorgeous Guadalest

WE recently ventured inland from Benidorm to the Algar Waterfalls. This week, we travelled just a few minutes further to the delightful village of El Castell de Guadalest, usually known simply as Guadalest.

This picturesque village was a strategic military stronghold and has a long history dating back to the period of Moorish occupation in Spain.

The village grew around the castle's fortress with the population originally living within the castle walls. It retains its small population of just hundreds of people living there, but it attracts over a million visitors each year and is reportedly one of the most visited municipalities in Spain with the Castell de Guadalest, perched upon its rock and the turquoise waters of the reservoir amongst the most visited and photographed.

Whilst clearly targeting tourists with its array of souvenir shops and cafés, its whitewashed ancient streets are still a delight to meander through as you head towards the castle gates.

Guadalest is now also known for its eclectic mix of museums including the micro-miniatures museum where you can see some of the best micro art-



PERFECT IDYLL: Guadalest offers a pretty escape from the madding crowds on the coast.



work in the world including the Statue of Liberty inside the eye of a needle.

There is the Belen and Dolls House museum and the Casa Orduña Municipal Museum which was built after the great earthquake of 1644. Perhaps something a little more unusual is the salt and pepper museum which has more than 20,000 original pieces from all over the world. It is reported the museum in Guadalest is only the second such museum with the other salt and pepper museum being in Tennessee in the USA.

For those with a more morbid fascination for torture, head to the Medieval Historical Museum, home to more than 70 pieces of torture instruments and capital punishment.

For those wanting to get round them all, visitors will be pleased to know that most are open all day in the summer and do not close for siesta.

If you are wanting to explore the area a little further, take in its natural, breathtaking beauty and go for hikes and bicycle rides, there are a number of small guest houses in the heart of the village and just outside, and of course bustling Benidorm is just a half hour's drive away. www.guadalest.es

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BBC one

| | |
|---------|--------------------------------------|
| 10:15am | Countryfile Autumn Diaries |
| 11:00am | Homes Under the Hammer |
| 12:00pm | Getting the Builders in |
| 12:45pm | Fugitives |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:30pm | Regional News |
| 2:45pm | Doctors |
| 3:15pm | Impossible |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Antiques Road Trip |
| 6:15pm | Pointless |
| 7:00pm | BBC News |
| 7:30pm | Regional News |
| 8:00pm | The One Show |
| 8:30pm | Inside Out |
| 9:00pm | EastEnders |
| 9:30pm | Inspector George Gently |
| 11:00pm | BBC News |
| 11:30pm | Regional News |
| 11:40pm | Weather |
| 11:45pm | Have I Got a Bit More News for You |
| 12:30am | Anthony Joshua: The Fight of My Life |

BBC TWO

| | |
|---------|--|
| 7:00am | The Hairy Builder |
| 7:30am | Money for Nothing |
| 8:15am | A Matter of Life and Debt |
| 9:00am | See Hear |
| 9:30am | Caught Red Handed |
| 10:00am | Victoria Derbyshire |
| 12:00pm | BBC Newsroom Live |
| 1:00pm | The Daily Politics |
| 2:00pm | The Code |
| 2:45pm | The Planners |
| 3:45pm | Family Finders |
| 4:15pm | Locomotion: Dan Snow's History of Railways |
| 5:15pm | Back in Time for Dinner |
| 6:15pm | Flog It! |
| 7:00pm | Eggheads |
| 7:30pm | Strictly it Takes Two |
| 8:00pm | Coastal Path |
| 8:30pm | Coastal Path |
| 9:00pm | University Challenge |
| 9:30pm | Nigella at My Table |
| 10:00pm | Elizabeth I's Secret Agents |
| 11:00pm | Motherland |
| 11:30pm | Newsnight |
| 12:10am | Weather |
| 12:15am | Harry Potter and the History of Magic |

BBC FOUR

| | |
|---------|--|
| 8:00pm | Beyond 100 Days |
| 8:30pm | Great Continental Railway Journeys |
| | <i>Exploring the great train routes of Europe as we retrace the journeys featured in George Bradshaw's 1913 Continental Railway Guide.</i> |
| 9:00pm | The Lady Who Flew Africa: The Aviatrix |
| 10:00pm | Coming Home: Bowe Bergdahl v the United States |
| 11:30pm | The Secret Rules of Modern Living: Algorithms |
| 12:30am | Lost Kingdoms of Central America |
| 1:30am | The Lost Libraries of Timbuktu |
| 2:30am | Annabel's Nightclub: A String of Naked Lightbulbs |
| 3:30am | I Know Who You are |

CHANNEL 4

| | |
|---------|---------------------------------------|
| 8:10am | King of Queens |
| 8:40am | Everybody Loves Raymond |
| 9:05am | Everybody Loves Raymond |
| 9:40am | Everybody Loves Raymond |
| 10:10am | Frasier |
| 10:40am | Frasier |
| 11:10am | Ramsay's Hotel Hell |
| 12:05pm | Undercover Boss USA |
| 1:00pm | Channel 4 News |
| 1:05pm | Come Dine with Me |
| 2:05pm | My Kitchen Rules |
| 3:10pm | Countdown |
| 4:00pm | A Place in the Sun |
| 5:00pm | Coast v Country |
| 6:00pm | Four in a Bed |
| 6:30pm | Steph and Dom's One Star to Five Star |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 9:00pm | Dispatches |
| 9:30pm | Tricks of the Restaurant Trade |
| 10:00pm | 999: What's Your Emergency? |
| 11:00pm | First Dates |
| 12:05am | The First 48 |

CHANNEL 5

| | |
|---------|---|
| 7:00am | Milkshake! |
| | <i>Programming aimed at children aged two to seven years old.</i> |
| 10:15am | The Wright Stuff |
| 12:15pm | Can't Pay? We'll Take it Away! |
| 1:10pm | 5 News |
| | <i>The latest news coverage.</i> |
| 1:15pm | The Gadget Show |
| 2:10pm | Access |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:15pm | NCIS |
| 4:15pm | The Good Witch's Wonder |
| 6:00pm | 5 News |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News |
| 8:00pm | MotoGP |
| | <i>Coverage of the latest MotoGP event.</i> |
| 9:00pm | All New Traffic Cops |
| 10:00pm | Paddington Station 24/7 |
| 11:00pm | Poltergeist |
| 12:50am | The Descent |
| 2:40am | Super Casino |

4

| | |
|---------|-----------------------|
| 10:00am | Rules of Engagement |
| 10:30am | Rules of Engagement |
| 11:00am | Black-ish |
| 11:30am | Black-ish |
| 12:00pm | How I Met Your Mother |
| 12:30pm | How I Met Your Mother |
| 1:00pm | New Girl |
| 1:30pm | New Girl |
| 2:00pm | The Big Bang Theory |
| 2:30pm | The Big Bang Theory |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | How I Met Your Mother |
| 4:30pm | How I Met Your Mother |
| 5:00pm | New Girl |
| 5:30pm | New Girl |
| 6:00pm | The Goldbergs |
| 6:30pm | Stage School |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Streetmate |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Made in Chelsea |
| 11:00pm | Tattoo Fixers |
| 12:00am | Trigger Happy |

sky sports main event

| | |
|---------|---|
| 7:00am | Good Morning Sports Fans |
| 7:30am | Good Morning Sports Fans |
| 8:00am | Good Morning Sports Fans |
| 8:30am | Good Morning Sports Fans |
| 9:00am | Good Morning Sports Fans |
| 9:30am | Good Morning Sports Fans |
| 10:00am | Good Morning Sports Fans |
| 11:00am | Live ATP Masters 1000 - Paris |
| | <i>Day one of the Rolex Paris Masters at the AccorHotels Arena.</i> |
| 8:00pm | Football |
| | <i>Burnley v Newcastle United.</i> |
| 12:00am | Sky Sports News |
| 1:00am | My Icon |
| 1:15am | Live NFL: Denver @ Kansas |
| | <i>Kansas City Chiefs take on Denver Broncos at Arrowhead Stadium in the NFL.</i> |
| 4:45am | My Icon |

itv

| | |
|---------|--|
| 7:00am | Good Morning Britain |
| 9:30am | Lorraine |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 3:00pm | Dickinson's Real Deal |
| 4:00pm | Tenable |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | Local News and Weather |
| 7:30pm | ITV Evening News |
| | <i>Round-up of the main national and international news.</i> |
| 8:00pm | Emmerdale |
| 8:30pm | Coronation Street |
| 9:00pm | The Harbour |
| 9:30pm | Coronation Street |
| 10:00pm | A Very Royal Wedding |
| 11:10pm | ITV News and Weather |
| 11:55pm | After the News |
| 12:25am | Gordon Ramsey on Cocaine |

itv2

| | |
|---------|--------------------------|
| 9:00am | Emmerdale |
| 9:30am | Coronation Street |
| 10:00am | Coronation Street |
| 10:30am | The Ellen DeGeneres Show |
| 11:20am | Dinner Date |
| 12:20pm | Dress to Impress |
| 1:20pm | Emmerdale |
| 1:50pm | Coronation Street |
| 2:20pm | Coronation Street |
| 2:50pm | The Ellen DeGeneres Show |
| 3:45pm | The Jeremy Kyle Show |
| 4:50pm | The Jeremy Kyle Show |
| 5:55pm | The Jeremy Kyle Show |
| 7:00pm | Dress to Impress |
| 8:00pm | You've Been Framed Gold! |
| 8:30pm | You've Been Framed Gold! |
| 9:00pm | Two and a Half Men |
| 9:30pm | Two and a Half Men |
| 10:00pm | Family Guy |
| 10:30pm | Ghosted |
| 11:00pm | Timewasters |
| 11:30pm | American Dad! |
| 12:05am | Family Guy |

itv3

| | |
|---------|--|
| 7:00am | Classic Coronation Street |
| 7:25am | Classic Coronation Street |
| 7:55am | Heartbeat |
| 8:55am | Wild at Heart |
| 9:55am | Judge Judy |
| 10:20am | Judge Judy |
| 10:50am | Judge Judy |
| 11:15am | Inspector Morse |
| 1:35pm | Wild at Heart |
| 2:35pm | Heartbeat |
| 3:40pm | Classic Coronation Street |
| 4:15pm | Classic Coronation Street |
| 4:40pm | Inspector Morse |
| | <i>Police drama series featuring Colin Dexter's enigmatic chief inspector and his sidekick Sergeant Lewis.</i> |
| 6:55pm | Heartbeat |
| 8:00pm | Murder, She Wrote |
| 9:00pm | Midsomer Murders |
| 11:00pm | Lewis |
| 1:00am | Inspector Morse |
| 3:10am | ITV3 Nightscreen |
| 3:30am | Teleshopping |

itv4

| | |
|---------|---|
| 7:00am | The Chase |
| 7:50am | The Chase |
| 8:40am | The Protectors |
| | <i>The story of three freelance troubleshooters who run an international crime fighting agency.</i> |
| 9:15am | Counting Cars |
| 9:40am | Cash Cowboys |
| 10:45am | Ironsides |
| 11:50am | Quincy, M.E. |
| 12:50pm | The Sweeney |
| 1:50pm | The Avengers |
| 2:55pm | Ironsides |
| 4:00pm | Quincy, M.E. |
| 5:00pm | The Sweeney |
| 6:00pm | The Avengers |
| 7:05pm | Counting Cars |
| 7:35pm | Counting Cars |
| 8:00pm | Pawn Stars |
| 8:30pm | Pawn Stars |
| 9:00pm | Bear's Mission with Anthony Joshua |
| 10:00pm | Car Crash Global |
| 11:00pm | The Glimmer Man |
| 12:05am | FYI Daily |
| 12:10am | The Glimmer Man |
| 12:55am | Motorsport UK |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|----------------------|
| 7:05am | Sahara |
| 9:15am | Rocky Balboa |
| 11:00am | Lethal Weapon |
| 1:00pm | 300 |
| 3:00pm | The 5th Wave |
| 5:00pm | The Bourne Supremacy |
| 7:00pm | Ride Along 2 |
| 9:00pm | The A-Team |
| 11:00pm | 300 |
| 1:00am | Mean Machine |
| 2:45am | Ride Along 2 |

sky CINEMA COMEDY

| | |
|---------|---|
| 1:45pm | Keeping up with the Joneses |
| 3:35pm | Bowfinger |
| 5:20pm | Happy Gilmore |
| 7:00pm | Sisters |
| 9:00pm | Keeping up with the Joneses |
| 11:00pm | Bridesmaids |
| 1:10am | Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan |
| 2:40am | Turner and Hooch |

sky CINEMA PREMIERE

| | |
|---------|--|
| 7:00am | Louis and Luca: The Big Cheese Race |
| 8:35am | Sing |
| 10:35am | Live by Night |
| 12:55pm | Tyler Perry's Boo! a Madea Halloween |
| 2:55pm | Loving |
| 5:10pm | Sing |
| | <i>Family animation about a theatre-owning koala who holds a singing competition in a last-ditch bid to stay afloat.</i> |
| 7:10pm | Rings |
| 9:00pm | Live by Night |
| | <i>Slick crime drama about an ambitious young gangster trying to make his mark in Prohibition-era America.</i> |
| 11:15pm | Tyler Perry's Boo! a Madea Halloween |
| 1:05am | Rings |
| 2:50am | One Last Score |
| 4:40am | Antibirth |

sky sports football

| | |
|---------|-----------------------------|
| 7:00am | EFL Greatest Games |
| 7:30am | SPFL Greatest Games |
| 8:00am | Football Years |
| 8:30am | Football Countdowns |
| 9:00am | Football's Greatest |
| 9:30am | Football's Greatest Teams |
| 10:00am | Scottish Cup Greatest Games |
| 10:30am | La Liga Greatest Games |
| 11:00am | Football |
| 1:30pm | La Liga 2017/18 |
| 3:35pm | La Liga 2017/18 |
| 5:40pm | La Liga Greatest Games |
| 6:00pm | Football Years |
| 6:30pm | Football Countdowns |
| 7:00pm | Championship Season Review |
| 8:00pm | Soccer A.M. |
| 8:30pm | Football's Greatest |
| 9:00pm | Magical Messi |
| 10:00pm | MLS Live |
| 12:05am | Soccer A.M. |
| 12:30am | MLS Round Up Show |
| 1:00am | SPFL Round Up 2017/18 |
| 1:15am | Scottish Cup Greatest Games |

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BBC one

| | |
|---------|---|
| 10:15am | Countryfile Autumn Diaries |
| 11:00am | Homes Under the Hammer <i>Property experts visit three properties before they go up for auction.</i> |
| 12:45pm | Fugitives |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:30pm | Regional News |
| 2:45pm | Doctors |
| 3:15pm | Impossible |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Antiques Road Trip |
| 6:15pm | Pointless |
| 7:00pm | BBC News |
| 7:30pm | Regional News |
| 8:00pm | The One Show |
| 8:30pm | EastEnders |
| 9:00pm | Holby City |
| 10:00pm | Our Girl |
| 11:00pm | BBC News |
| 11:30pm | Regional News |
| 11:40pm | Weather |
| 11:45pm | Valley Cops |
| 12:30am | Young and Sterile: My Choice |

BBC TWO

| | |
|---------|---|
| 7:30am | Countryfile Autumn Diaries |
| 8:15am | Getting the Builders in |
| 9:00am | See Hear |
| 9:30am | Caught Red Handed |
| 10:00am | Victoria Derbyshire |
| 12:00pm | BBC Newsroom Live |
| 1:00pm | The Daily Politics |
| 2:00pm | The Code |
| 2:45pm | The Planners |
| 3:45pm | Family Finders |
| 4:15pm | Locomotion: Dan Snow's History of Railways |
| 5:15pm | Back in Time for Dinner |
| 6:15pm | Flog It! |
| 7:00pm | Eggheads |
| 7:30pm | Strictly it Takes Two |
| 8:00pm | Who's Spending Britain's Billions |
| 9:00pm | Saving Lives at Sea |
| 10:00pm | The Balfour Declaration: Britain's Promise to the Holy Land |
| 11:00pm | Later Live... with Jools Holland |
| 11:30pm | Newsnight |
| 12:10am | Weather |

BBC FOUR

| | |
|---------|--|
| 8:00pm | Beyond 100 Days |
| 8:30pm | Great Continental Railway Journeys <i>Exploring the great train routes of Europe as we retrace the journeys featured in George Bradshaw's 1913 Continental Railway Guide.</i> |
| 9:00pm | The Art of Scandinavia |
| 10:00pm | 66 Days |
| 11:30pm | A View from a Hill |
| 12:10am | Frankenstein: Birth of a Monster |
| 1:10am | Spider House |
| 2:40am | The Art of Scandinavia |
| 3:40am | I Know Who You are <i>Spanish thriller series. An injured and disorientated man arrives on foot at a petrol station, claiming to have no memory of who he is or how he got there.</i> |

CHANNEL 4

| | |
|---------|--|
| 9:00am | Everybody Loves Raymond |
| 9:35am | Everybody Loves Raymond |
| 10:05am | Frasier |
| 10:35am | Frasier |
| 11:05am | Ramsay's Hotel Hell |
| 12:00pm | Undercover Boss USA |
| 1:00pm | Channel 4 News <i>Includes weather and sport.</i> |
| 1:05pm | Come Dine with Me |
| 2:05pm | My Kitchen Rules |
| 3:10pm | Countdown |
| 4:00pm | A Place in the Sun |
| 5:00pm | Coast v Country |
| 6:00pm | Four in a Bed |
| 6:30pm | Steph and Dom's One Star to Five Star |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 9:00pm | The Great British Bake Off: The Final |
| 10:15pm | Celebrity Hunted |
| 11:25pm | Gogglebox |
| 12:30am | When Harry Met Meghan: A Royal Romance |

CHANNEL 5

| | |
|---------|--|
| 7:00am | Milkshake! |
| 10:15am | The Wright Stuff |
| 12:15pm | Can't Pay? We'll Take it Away! |
| 1:10pm | 5 News |
| 1:15pm | The Hotel Inspector Returns |
| 2:10pm | Access |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:15pm | NCIS |
| 4:15pm | Ghost of Greville Lodge |
| 6:00pm | 5 News |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News |
| 8:00pm | FIA WRC Wales Rally GB Highlights |
| 9:00pm | The Yorkshire Vet |
| 10:00pm | Ben Fogle: New Lives in the Wild |
| 11:00pm | When Kids TV Goes Horribly Wrong |
| 1:55am | Super Casino <i>Feeling lucky? Get the authentic, heart-thumping casino experience every night.</i> |

4

| | |
|---------|-----------------------|
| 7:00am | Hollyoaks |
| 7:30am | Hollyoaks |
| 8:00am | Charmed |
| 9:00am | Charmed |
| 10:00am | Rules of Engagement |
| 10:30am | Rules of Engagement |
| 11:00am | Black-ish |
| 11:30am | Black-ish |
| 12:00pm | How I Met Your Mother |
| 1:00pm | New Girl |
| 1:30pm | New Girl |
| 2:00pm | The Big Bang Theory |
| 2:30pm | The Big Bang Theory |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | How I Met Your Mother |
| 5:00pm | New Girl |
| 5:30pm | New Girl |
| 6:00pm | The Goldbergs |
| 6:30pm | Stage School |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Streetmate |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Battle: Los Angeles |
| 12:20am | The Big Bang Theory |
| 12:50am | The Big Bang Theory |

sky sports main event

| | |
|---------|--|
| 7:00am | Good Morning Sports Fans |
| 7:30am | Good Morning Sports Fans |
| 8:00am | Good Morning Sports Fans |
| 8:30am | Good Morning Sports Fans |
| 9:00am | Good Morning Sports Fans |
| 9:30am | Good Morning Sports Fans |
| 10:00am | Good Morning Sports Fans |
| 11:00am | Live ATP Masters 1000 - Paris <i>Day two of the Rolex Paris Masters at the AccorHotels Arena.</i> |
| 11:00pm | The Debate - Live |
| 12:00am | Sky Sports News |
| 1:00am | Live WWE Late Night Smackdown |
| 3:00am | Sky Sports News |
| 4:00am | Sky Sports News |
| 5:00am | Sky Sports News <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i> |

itv

| | |
|---------|--|
| 7:00am | Good Morning Britain |
| 9:30am | Lorraine |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 3:00pm | Dickinson's Real Deal |
| 4:00pm | Tenable |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | Local News and Weather |
| 7:30pm | ITV Evening News |
| 8:00pm | Emmerdale |
| 8:30pm | Countrywise |
| 9:00pm | Midsomer Murders |
| 11:00pm | ITV News and Weather |
| 11:40pm | After the News |
| 12:15am | Lethal Weapon <i>US drama series based on the film franchise.</i> |
| 1:05am | Jackpot247 <i>Join the presenters live and play roulette on your telly.</i> |

itv2

| | |
|---------|---|
| 7:50am | Totally Bonkers Guinness World Records |
| 8:15am | Dinner Date <i>Dating show with a twist.</i> |
| 9:00am | Emmerdale |
| 9:30am | Coronation Street |
| 10:00am | Coronation Street |
| 10:30am | The Ellen DeGeneres Show |
| 11:20am | Dinner Date |
| 12:20pm | Dress to Impress |
| 1:20pm | Emmerdale |
| 1:50pm | Coronation Street |
| 2:20pm | Coronation Street |
| 2:50pm | The Ellen DeGeneres Show |
| 3:45pm | The Jeremy Kyle Show |
| 4:50pm | The Jeremy Kyle Show |
| 5:55pm | The Jeremy Kyle Show |
| 7:00pm | Dress to Impress |
| 8:05pm | Hotel Transylvania |
| 9:05pm | FYI Daily |
| 9:10pm | Hotel Transylvania |
| 10:00pm | Release the Hounds |
| 12:00am | Family Guy |

itv3

| | |
|---------|--|
| 7:00am | Classic Coronation Street |
| 7:25am | Classic Coronation Street |
| 7:55am | Heartbeat |
| 8:55am | Wild at Heart <i>Drama about a British vet and his family relocating to start a game park in the wilds of the African bush.</i> |
| 9:50am | Judge Judy |
| 10:20am | Judge Judy |
| 10:50am | Judge Judy |
| 11:15am | Inspector Morse |
| 1:30pm | Wild at Heart |
| 2:35pm | Heartbeat |
| 3:40pm | Classic Coronation Street |
| 4:15pm | Classic Coronation Street |
| 4:45pm | Inspector Morse |
| 7:00pm | Heartbeat |
| 8:00pm | Murder, She Wrote |
| 9:00pm | Love Your Garden |
| 10:00pm | It'll be Alright on the Night |
| 11:05pm | Lewis |
| 1:00am | Inspector Morse |

itv4

| | |
|---------|------------------------------|
| 7:00am | The Chase |
| 7:50am | The Chase |
| 8:40am | Counting Cars |
| 9:05am | Counting Cars |
| 9:35am | Pawn Stars |
| 10:00am | Pawn Stars |
| 10:30am | Ironsides |
| 11:35am | Quincy, M.E. |
| 12:40pm | The Sweeney |
| 1:45pm | The Avengers |
| 2:50pm | Ironsides |
| 3:50pm | Quincy, M.E. |
| 4:55pm | The Sweeney |
| 5:55pm | The Avengers |
| 7:00pm | Counting Cars |
| 7:30pm | Counting Cars |
| 8:00pm | Pawn Stars |
| 8:30pm | Pawn Stars |
| 8:55pm | The Chase: Celebrity Special |
| 10:00pm | Benidorm |
| 11:00pm | Tomorrow Never Dies |
| 12:05am | FYI Daily |
| 12:10am | Tomorrow Never Dies |
| 1:25am | Dawn of the Dead |
| 2:25am | FYI Daily |
| 2:30am | Dawn of the Dead |
| 3:25am | The Protectors |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|---|
| 10:30am | Camino |
| 12:20pm | Death Race |
| 2:25pm | Lawrence of Arabia |
| 6:00pm | Tarzan |
| 8:00pm | The Bourne Ultimatum |
| 10:00pm | Death Race |
| 12:10am | Hitman |
| 1:55am | Master and Commander: The Far Side of the World |

sky CINEMA COMEDY

| | |
|---------|--|
| 7:50am | Billy Lynn's Long Halftime Walk: Special |
| 8:10am | This Christmas |
| 10:15am | City Slickers |
| 12:15pm | Starsky and Hutch |
| 2:00pm | Date Night |
| 3:35pm | Dad's Army |
| 5:25pm | The Love Guru |
| 7:00pm | Trading Places |
| 9:00pm | Date Night |
| 10:35pm | The Boss |
| 12:20am | Krampus |

sky CINEMA PREMIERE

| | |
|---------|---|
| 7:00am | Louis and Luca: The Big Cheese Race |
| 8:35am | One Last Score |
| 10:30am | Loving |
| 12:50pm | Tyler Perry's Boo! a Madea Halloween |
| 2:50pm | Rings <i>The curse continues when a college kid and his girlfriend both watch the death-bringing videotape.</i> |
| 4:45pm | Live by Night |
| 7:00pm | Tyler Perry's Boo! a Madea Halloween |
| 9:00pm | Rings |
| 11:00pm | Tales of Halloween |
| 12:45am | Live by Night <i>Slick crime drama about an ambitious young gangster trying to make his mark in Prohibition-era America.</i> |
| 3:05am | Loving |
| 5:25am | Louis and Luca: The Big Cheese Race |

sky sports football

| | |
|---------|-----------------------------|
| 10:00am | MLS Round Up Show |
| 10:30am | La Liga Greatest Games |
| 11:00am | La Liga 2017/18 |
| 3:10pm | SPFL Round Up 2017/18 |
| 3:25pm | Scottish Cup Greatest Games |
| 3:40pm | La Liga Greatest Games |
| 4:00pm | Soccer A.M. |
| 4:30pm | MLS Round Up Show |
| 5:00pm | Scottish Cup Greatest Games |
| 5:30pm | La Liga Greatest Games |
| 5:45pm | La Liga Greatest Games |
| 6:00pm | Football Years |
| 6:30pm | Football Countdowns |
| 7:00pm | SPFL Round Up 2017/18 |
| 7:15pm | Scottish Cup Greatest Games |
| 7:30pm | MLS Round Up Show |
| 8:00pm | Soccer A.M. |
| 8:30pm | Gillette Soccer Special |
| 11:00pm | Revista de la Liga |
| 11:30pm | La Liga World |
| 12:00am | La Liga Icons |

Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

AS usual Spain takes a beating in the European press.

Despite applying the Constitution's Article 155 and booting out the Catalan president and his government, Spain's president Mariano Rajoy emphasised that Cataluña's autonomy had not been removed.

The region would not be governed from Madrid and there would be elections within six months.

So the next morning the *Observer* observed that Cataluña had been stripped of its autonomy and would be governed from Madrid.

The *Mail on Sunday* showed thousands with placards calling for Freedom without explaining that they demanded the release of recently-remanded Jordi Cuixart and Jordi Sanchez, the leaders of two pro-secession associations.

Rajoy has a gift for striking wrong notes and words like 'disobedience' don't sound good in translation. But this time it was just what most Spaniards wanted to hear.

Lost in translation



MARIANO RAJOY:
Has not removed
Cataluña's
autonomy.

side have increased, he said, dismissing the falls as irrelevant.

Meanwhile Christmas, the cava season, is coming and old habits die hard, so it's a given the names on the bottles will still belong to Codorniu and Freixenet. But when glasses are raised in the Palacio de la Generalitat Catalana, who will be holding them?

It doesn't add up

MISTAKES have been made in Madrid, especially since 2012 when former regional president Artur Mas

started believing his own independence fantasies.

But Carles Puigdemont makes graver errors with his stirring-to-the-barricades addresses. He refers to Catalans and Cataluña, bemoaning a Madrid-enforced end to democracy.

But Puigdemont speaks for the Junts pel Si coalition shared between his own PDeCat and the ERC which is shored by the CUP.

Between them they have a majority of seats in the Parliament, but not voters on the street. And the majority who did not vote for them are those who most fear an end to democracy.

As per usual

ON October 12, Spain's National Day, when all was closed, 80 town halls remained open in Cataluña.

Such dedication to independence! Civil servants and municipal employees are as envied as they are criticised for their cushy jobs and working on a national holiday is uncharacteristic.

Admitted, it was more a question of opening their doors in most town halls, rather than attending the public. Business as usual in other words.

columnists@euroweeklynews.com

Blowing bubbles

CODORNIU has moved its registered head office to Haro in La Rioja. Freixenet is waiting until the end of this month before making up its mind.

Both face boycotts inside Cataluña because they are deemed 'too Spanish' and outside the region because they are 'too Catalan.'

Freixenet boss Jose Luis Bonet wasn't too bothered. Sales on one

Getting the answer right

JUAN JOSE IBARRETXE was the Basque region's president from 2004 until 2009. During his term as lehendakari he decided to declare independence, hoping to put an end to ETA's separatist terrorism.

His independence proposal was approved by the Basque government but later defeated by the PSOE and PP in the national parliament in Madrid. Undeterred, Ibarretxe planned a referendum on "the right to decide" which was challenged by Jose Luis Rodriguez's government. The Constitutional Tribunal declared it illegal and Ibarretxe accepted the sentence. End of story.

Cataluña could have followed the same route but always rejected this option because politicians knew they wouldn't get the result they were hoping for. Because the Catalan secessionists are only ever going to take "yes" for an answer.

THE ADVENTURE BEGINS...

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BBC one

| | |
|---------|---|
| 7:00am | Breakfast |
| 10:15am | Countryfile Autumn Diaries |
| 11:00am | Homes Under the Hammer |
| 12:00pm | Getting the Builders in |
| 12:45pm | Fugitives |
| 1:15pm | Bargain Hunt |
| 2:00pm | BBC News |
| 2:30pm | Regional News |
| 2:45pm | Doctors <i>Drama series set in a busy Midlands medical practice.</i> |
| 3:15pm | Impossible |
| 4:00pm | Escape to the Country |
| 4:45pm | Money for Nothing |
| 5:30pm | Antiques Road Trip |
| 6:15pm | Pointless |
| 7:00pm | BBC News |
| 7:30pm | Regional News |
| 8:00pm | The One Show |
| 9:00pm | Eat Well for Less |
| 10:00pm | The Apprentice |
| 11:00pm | BBC News |
| 11:30pm | Regional News |
| 11:40pm | Weather |
| 11:45pm | A Question of Sport |
| 12:15am | Junior Doctors |
| 12:45am | The Ganges with Sue Perkins |

BBC TWO

| | |
|---------|--|
| 7:00am | The Hairy Builder |
| 7:30am | Countryfile Autumn Diaries |
| 8:15am | Getting the Builders in |
| 9:00am | See Hear |
| 9:30am | Caught Red Handed |
| 10:00am | Victoria Derbyshire |
| 12:00pm | BBC Newsroom Live |
| 12:30pm | The Daily Politics |
| 2:00pm | The Code |
| 2:45pm | The Planners |
| 3:45pm | Family Finders |
| 4:15pm | Locomotion: Dan Snow's History of Railways |
| 5:15pm | Back in Time for Dinner |
| 6:15pm | Flog It! |
| 7:00pm | Eggheads |
| 7:30pm | Strictly it Takes Two |
| 8:00pm | The Super-Rich and Us |
| 9:00pm | Hidden Cardiff with Will Millard |
| 10:00pm | Trust Me, I'm a Doctor |
| 11:00pm | The Apprentice: You're Fired! |
| 11:30pm | Newsnight |
| 12:10am | Weather |
| 12:15am | Army: Behind the New Frontlines |

BBC FOUR

| | |
|---------|--|
| 8:00pm | Beyond 100 Days |
| 8:30pm | Great Continental Railway Journeys <i>Exploring the great train routes of Europe as we retrace the journeys featured in George Bradshaw's 1913 Continental Railway Guide.</i> |
| 9:00pm | Queen Victoria's Letters: A Monarch Unveiled |
| 10:00pm | Mrs Brown |
| 11:40pm | Billy Connolly: Portrait of a Lifetime |
| 12:40am | The Toilet: An Unspoken History |
| 1:40am | Timewatch <i>Kate Williams tells the story of how an unassuming little girl rose to be the most powerful woman in the world.</i> |
| 2:30am | Birth of the British Novel |
| 3:30am | I Know Who You are |

CHANNEL 4

| | |
|---------|---|
| 8:35am | Everybody Loves Raymond |
| 9:00am | Everybody Loves Raymond |
| 9:35am | Everybody Loves Raymond |
| 10:05am | Frasier |
| 10:35am | Frasier |
| 11:05am | Ramsay's Hotel Hell |
| 12:00pm | Undercover Boss USA |
| 1:00pm | Channel 4 News |
| 1:05pm | Come Dine with Me |
| 2:05pm | My Kitchen Rules |
| 3:10pm | Countdown |
| 4:00pm | A Place in the Sun |
| 5:00pm | Coast v Country |
| 6:00pm | Four in a Bed |
| 6:30pm | Steph and Dom's One Star to Five Star |
| 7:00pm | The Simpsons |
| 7:30pm | Hollyoaks |
| 8:00pm | Channel 4 News |
| 8:55pm | Robbie's Story: Stand Up to Cancer |
| 9:00pm | Ugly House to Lovely House with George Clarke |
| 10:00pm | Grand Designs |
| 11:00pm | Man Down |
| 11:30pm | 999: What's Your Emergency? |
| 12:35am | Feral Families |

CHANNEL 5

| | |
|---------|---|
| 7:00am | Milkshake! |
| 10:15am | The Wright Stuff |
| 12:15pm | Can't Pay? We'll Take it Away! |
| 1:10pm | 5 News |
| 1:15pm | The Hotel Inspector Returns |
| 2:10pm | Access |
| 2:15pm | Home and Away |
| 2:45pm | Neighbours |
| 3:15pm | NCIS |
| 4:15pm | Mr Miracle <i>A guardian angel, posing as an English teacher, helps a young woman find her way before Christmas.</i> |
| 6:00pm | 5 News |
| 6:30pm | Neighbours |
| 7:00pm | Home and Away |
| 7:30pm | 5 News |
| 8:00pm | Traffic Cops |
| 9:00pm | GP's: Behind Closed Doors |
| 10:00pm | Big Family Values: More Kids Than Cash |
| 11:00pm | Shannon Matthews: What Happened Next |
| 12:00am | Murder of April Jones: 5 Years on |

4

| | |
|---------|-----------------------|
| 8:00am | Charmed |
| 9:00am | Charmed |
| 10:00am | Rules of Engagement |
| 10:30am | Rules of Engagement |
| 11:00am | Black-Ish |
| 11:30am | Black-Ish |
| 12:00pm | How I Met Your Mother |
| 12:30pm | How I Met Your Mother |
| 1:00pm | New Girl |
| 1:30pm | New Girl |
| 2:00pm | The Big Bang Theory |
| 2:30pm | The Big Bang Theory |
| 3:00pm | The Goldbergs |
| 3:30pm | The Goldbergs |
| 4:00pm | How I Met Your Mother |
| 4:30pm | How I Met Your Mother |
| 5:00pm | New Girl |
| 5:30pm | New Girl |
| 6:00pm | The Goldbergs |
| 6:30pm | Stage School |
| 7:00pm | The Big Bang Theory |
| 7:30pm | The Big Bang Theory |
| 8:00pm | Hollyoaks |
| 8:30pm | Streetmate |
| 9:00pm | The Big Bang Theory |
| 9:30pm | The Big Bang Theory |
| 10:00pm | Don't Tell the Bride |
| 11:00pm | First Dates Abroad |
| 12:05am | The Big Bang Theory |

sky sports main event

| | |
|---------|--|
| 7:00am | Good Morning Sports Fans |
| 7:30am | Good Morning Sports Fans |
| 8:00am | Good Morning Sports Fans |
| 8:30am | Good Morning Sports Fans |
| 9:00am | Good Morning Sports Fans |
| 9:30am | Good Morning Sports Fans |
| 10:00am | Live Ladies Euro Tour Golf |
| 2:00pm | Sky Sports Today |
| 2:30pm | Cricket <i>India play host to New Zealand in the first of three T20 matches at Feroz Shah Kotla in Delhi.</i> |
| 6:00pm | Live ATP Masters 1000 - Paris <i>Day three of the Rolex Paris Masters at the AccorHotels Arena.</i> |
| 8:30pm | Football <i>Preston North End v Aston Villa.</i> |
| 11:00pm | The Debate - Live |
| 12:00am | SKY Sports News |
| 1:00am | SKY Sports News |
| 2:00am | SKY Sports News |

itv

| | |
|---------|---|
| 7:00am | Good Morning Britain |
| 9:30am | Lorraine |
| 10:25am | The Jeremy Kyle Show |
| 11:30am | This Morning |
| 1:30pm | Loose Women |
| 2:30pm | ITV Lunchtime News |
| 3:00pm | Dickinson's Real Deal |
| 4:00pm | Tenable |
| 5:00pm | Tipping Point |
| 6:00pm | The Chase |
| 7:00pm | Local News and Weather |
| 7:30pm | ITV Evening News |
| 8:00pm | Emmerdale |
| 8:30pm | Coronation Street |
| 9:00pm | Gino's Italian Coastal Escape |
| 9:30pm | Coronation Street |
| 10:00pm | Doc Martin |
| 11:00pm | ITV News and Weather |
| 11:45pm | After the News |
| 12:15am | UEFA Champions League Highlights <i>Highlights of the latest UEFA Champions League action.</i> |
| 1:35am | Jackpot247 |

itv2

| | |
|---------|--|
| 7:50am | Totally Bonkers Guinness World Records |
| 8:15am | Dinner Date |
| 9:00am | Emmerdale |
| 9:30am | The Cube |
| 10:30am | The Ellen DeGeneres Show |
| 11:20am | Dinner Date |
| 12:20pm | Dress to Impress |
| 1:20pm | Emmerdale |
| 1:50pm | You've Been Framed Gold! |
| 2:50pm | The Ellen DeGeneres Show |
| 3:45pm | The Jeremy Kyle Show |
| 4:50pm | The Jeremy Kyle Show |
| 5:55pm | The Jeremy Kyle Show |
| 7:00pm | Dress to Impress |
| 8:00pm | You've Been Framed Gold! |
| 8:30pm | You've Been Framed Gold! |
| 9:00pm | Two and a Half Men |
| 9:30pm | Two and a Half Men |
| 10:00pm | Celebrity Showmance |
| 11:00pm | Family Guy |
| 11:30pm | Family Guy |
| 12:00am | Family Guy |

itv3

| | |
|---------|--|
| 7:00am | Classic Coronation Street |
| 7:25am | Classic Coronation Street |
| 7:50am | Heartbeat |
| 8:55am | Wild at Heart |
| 9:55am | Judge Judy |
| 10:25am | Judge Judy |
| 10:50am | Judge Judy |
| 11:20am | Inspector Morse |
| 1:35pm | Wild at Heart |
| 2:35pm | Heartbeat |
| 3:40pm | Classic Coronation Street |
| 4:15pm | Classic Coronation Street |
| 4:45pm | Inspector Morse |
| 7:00pm | Heartbeat |
| 8:00pm | Murder, She Wrote |
| 9:00pm | Foyle's War <i>It is April 1944, and Hastings Police Station has changed since Foyle resigned. DCS Meredith has taken over, Sam has been fired and Milner wants a transfer.</i> |
| 11:10pm | Lewis |
| 1:00am | Inspector Morse |
| 3:05am | ITV3 Nightscreen |
| 3:30am | Teleshopping |

itv4

| | |
|---------|---|
| 7:00am | Football's Greatest |
| 7:15am | The Chase |
| 8:05am | The Chase |
| 8:55am | Counting Cars |
| 9:15am | Counting Cars |
| 9:40am | Pawn Stars |
| 10:10am | Pawn Stars |
| 10:40am | Ironsides |
| 11:45am | Quincy, M.E. |
| 12:50pm | The Sweeney |
| 1:50pm | The Avengers |
| 2:55pm | Ironsides |
| 4:00pm | Quincy, M.E. |
| 5:00pm | The Sweeney |
| 6:00pm | The Avengers <i>60s style action adventure, with the bowler-hatted sleuth Steed and a slinky succession of glamorous female sidekicks.</i> |
| 7:05pm | Storage Wars |
| 7:35pm | Storage Wars |
| 8:00pm | Pawn Stars |
| 8:35pm | Pawn Stars |
| 9:00pm | Parking Wars |
| 10:00pm | Transporter 3 |
| 11:05pm | FYI Daily |
| 11:10pm | Transporter 3 |
| 12:10am | Dawn of the Dead |
| 1:10am | FYI Daily |
| 1:15am | Dawn of the Dead |

sky CINEMA ACTION & ADVENTURE

| | |
|---------|---|
| 3:40pm | Avengers Confidential: Black Widow and Punisher |
| 5:10pm | I-Spy |
| 6:55pm | Rocky |
| 9:00pm | Batman v Superman: Dawn of Justice |
| 11:35pm | X-Men: The Last Stand |
| 1:25am | Air Force One |

sky CINEMA COMEDY

| | |
|---------|---|
| 7:30am | Blade Runner 2049 |
| 8:00am | Big Daddy |
| 9:40am | Billy Madison |
| 11:20am | Click |
| 1:15pm | The Money Pit |
| 2:55pm | Blade Runner 2049 |
| 3:25pm | The Cable Guy |
| 5:10pm | The Meddler |
| 7:00pm | Back to the Future |
| 9:00pm | Miss Congeniality |
| 11:00pm | Miss Congeniality 2: Armed and Fabulous |
| 1:00am | Talladega Nights: The Ballad of Ricky Bobby |
| 3:05am | Brüno |
| 4:35am | The Escorts |

sky CINEMA PREMIERE

| | |
|---------|--|
| 7:00am | One Last Score |
| 8:45am | Loving |
| 10:55am | Tyler Perry's Boo! a Madea Halloween |
| 12:55pm | Live by Night <i>Slick crime drama about an ambitious young gangster trying to make his mark in Prohibition-era America.</i> |
| 3:10pm | Rings |
| 5:00pm | Loving |
| 7:10pm | Tyler Perry's Boo! a Madea Halloween <i>The no-nonsense matriarch returns, this time getting caught up in Halloween shenanigans when she crashes a college costume party.</i> |
| 9:00pm | Live by Night |
| 11:10pm | Neither Heaven Nor Earth |
| 1:00am | Rings |
| 2:50am | Tales of Halloween |
| 4:45am | Antibirth |

sky sports football

| | |
|---------|-----------------------------|
| 9:00am | Football's Greatest |
| 9:30am | Football's Greatest Teams |
| 10:00am | Scottish Cup Greatest Games |
| 10:30am | La Liga Greatest Games |
| 11:00am | Revista de la Liga |
| 11:30am | La Liga World |
| 12:00pm | La Liga Icons |
| 12:30pm | La Liga Icons |
| 1:00pm | Revista de la Liga |
| 1:30pm | La Liga World |
| 2:00pm | La Liga Icons |
| 2:30pm | La Liga Icons |
| 3:00pm | Revista de la Liga |
| 3:30pm | La Liga World |
| 4:00pm | Football's Greatest Teams |
| 4:30pm | Football's Greatest Teams |
| 5:00pm | Scottish Cup Greatest Games |
| 5:30pm | La Liga Greatest Games |
| 6:00pm | Football Years |
| 6:30pm | Football Countdowns |
| 7:00pm | Revista de la Liga |
| 7:30pm | La Liga World |
| 8:00pm | Ronaldo |
| 8:30pm | Football |
| 11:00pm | Eredivisie |
| 12:00am | MLS Round Up Show |
| 12:30am | La Liga World |



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Time to clamp down on sex trade

SIR,

Reading an article in your issue number 1684, I would like to raise a point. A few years ago, a Nigerian prostitute mugger was arrested, spat in the face of the police and was sentenced to be banned from Magaluf. She moved to Palma Nova.

Now two women have forced a 17-year-old Nigerian into prostitution, but why are they still here and not deported?

Magaluf has always been a party resort but recently the drug and sex trade has taken over. Yes, there was recently a big drug bust but nothing significant in the sex trade.

Magaluf is what it is - a party town for the young. But you need the tourist industry, so get rid of the sex and drugs and party people will still come!

It's up to the local government and the courts to do the right thing. It's called common sense. But no government officers ever address the serious issues. Why?

Ronald Lutschan, Puerto Pollensa

Brassed off with Brexit?

I KNOW that it's important cos my life is here in Spain

But all this talk of Brexit has become a tiresome pain

It's spouted daily on the news, it's just been on again

I wish it wasn't happening, I wish we could remain

The vote was o'er a year ago and people voted out

The info we were given full of fantasy and doubt

Money for the NHS did Boris Johnson shout

And Theresa May who voted in is now supporting out

So here we are, no wiser, as we fumble on the ground



BREXIT: A rotten deal?

Getting out of Europe isn't easy we have found

The whole thing is a bloody mess, the talks go round and round

They need to get it sorted quick, it's ruining the pound

David spat his dummy out and left it all to May

Europe says deserting ship means Britain has to pay

Boris says we're paying nought, there is no chance, no way

The future isn't looking bright, it's turning dark and grey
As the people voted out then Brexit must be done
But talking on the telly news has all been overdone
Whether it's a rotten deal, the time has come to run

As long as I can stay in Spain and live here in the sun

Bye bye Britain, bye bye bye, it's time to say goodbye

I'll pop back every now and then to say a sunny hi

Brexit is in motion and the time is almost nigh

So bye bye Britain, with a sigh, it's time to say goodbye.

John Sharples, La Cala de Mijas

Sad good-bye



BIG MISS:
Karen and Jean-Michelle.

I HOPE that your newspaper can mention the sad fact that after 30 years of delivering fine foods and wines to an impeccable standard, Jean Michelle and Karen will on October 31 be closing their doors for the last time. We loyal customers wish them a long, active and happy retirement but we will miss our favourite restaurant, El Perro Negro, and Altea will have lost a gem.

John E, Altea

Badly educated

THE swivel-eyed version of Catalan history that has been peddled to school children in the region over the last four decades has only served to educate them in racism and hatred while being told that we are tolerant. We are clearly moving towards a fascist society within which only independence is 'acceptable.'

David Penya, Barcelona

Bawdy Brown

YOUR TV Couch Critic wisely mentions that some of the scrit of Mrs Brown's Boys (BBC 1) is best referred to adult humour. Within the concept of the show, it's acceptable, but I guess my Great Aunt perhaps wouldn't agree!

What your excellent critic might not be aware of is that all Brendan O'Carroll's 'Adlibs' are in fact scripted and timed, but certainly none the worse for that!

Robert W Barnes, Campoverde

Gone south!

COLUMNIST David Noon in his article on bullfighting (*Issue 1685*) stated Gabriel Garcia Marquez is American when in fact he is Colombian.

Philip Rigg (by email)

Editor's note: Oooops. The original submitted for publication stated SOUTH American.

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Brit suspect released for birth of child

Just wrong, all wrong. Plain as the nose on your face. Should be behind bars. *Lorraine Quinn*

Unbelievable, he should be in prison not out on bail. *Gill Reynolds*

Catalan protesters punish banks

They want to have the right to decide about their future but deny the companies / banks the same right. Hypocrisy. *Paula Neumeier*

Just think of the amount of people who kept their money in because they moved, me for example! *Peter Jones*

Norwegian airline scraps flights from Birmingham to Spain

Not surprised flew to all the wrong destinations in Spain, the real business is done by the expats going backwards and forwards. Monarch were the best and offered lots of bonuses with

Comments from EWN online

Vantage cards. *Mike Bulmer*

What's going on with these airlines?! *Deborah Foster*

Brit expats can stay in Spain post-Brexit

Sounds a bit of the relationship we had with the Spanish people before we joined EU. *Michael Childs*

Oh, that's very magnanimous of him! Considering the millions of Brits living and holidaying here pays his wages... they should be begging us to stay. *Steve Walsh*

Undoubtedly the Spanish would want to do the right thing, but they will have to act as agreed amongst the EU27. And, if the UK doesn't treat EU nationals in the UK properly, then it is possible the EU would retaliate. *Graham Clark*

800 Brits accused of holiday sickness scams

Hope they get them all and the companies behind it all. Bloody disgraceful another black mark against us Brits. They don't deserve to holiday again - should confiscate their passports. *Lilian Vela Rubio*

So anyone who has a genuine claim will face the 'Spanish Inquisition' because of the pure greed of the scammers! *Ray Moody*

Get the companies that are creating the scam as well. *Alexander Ongley*

Cataluña 'will not accept' Spain's plan

They insult 47 million Spaniards with their acts ... the Spanish and European democracy will triumph ... the independentistas will end up in jail. *Carlos Games*

Put the leaders in jail, they are trouble makers and should be locked up for an attempted coup!! *Karen Joy Harley*

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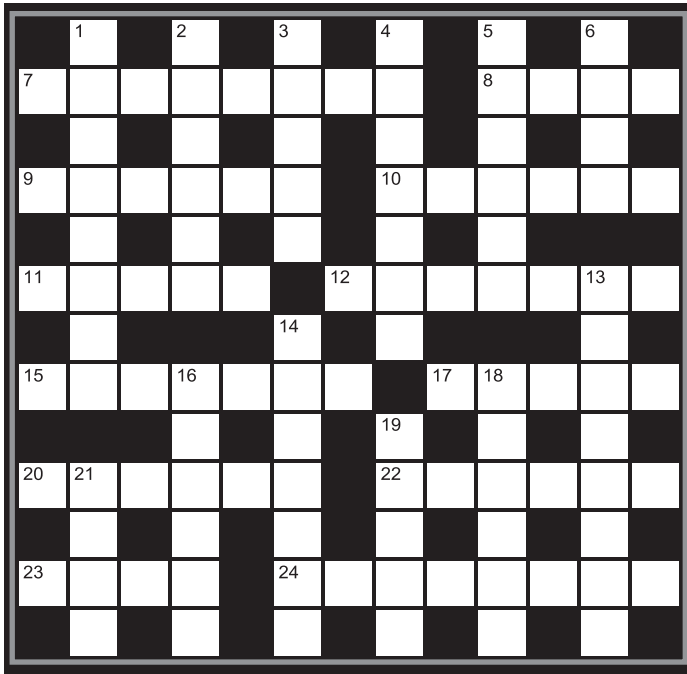
Cryptic

Across

- 7 Shell motor at full speed (8)
- 8 Behind Defense Attorney's disclosure (4)
- 9 Follow the French say is kind (6)
- 10 Ageism in motion pictures (6)
- 11 Agree about Earnest (5)
- 12 Surrenders and somehow enters mid-Wales (7)
- 15 It tends to confuse one involved in oral examination (7)
- 17 North American swine's home is revolting (5)
- 20 Show about meat (6)
- 22 Set a stage for The Stones (6)
- 23 Family doctor's first to be sympathetic (4)
- 24 Example of epic men's make-up (8)

Down

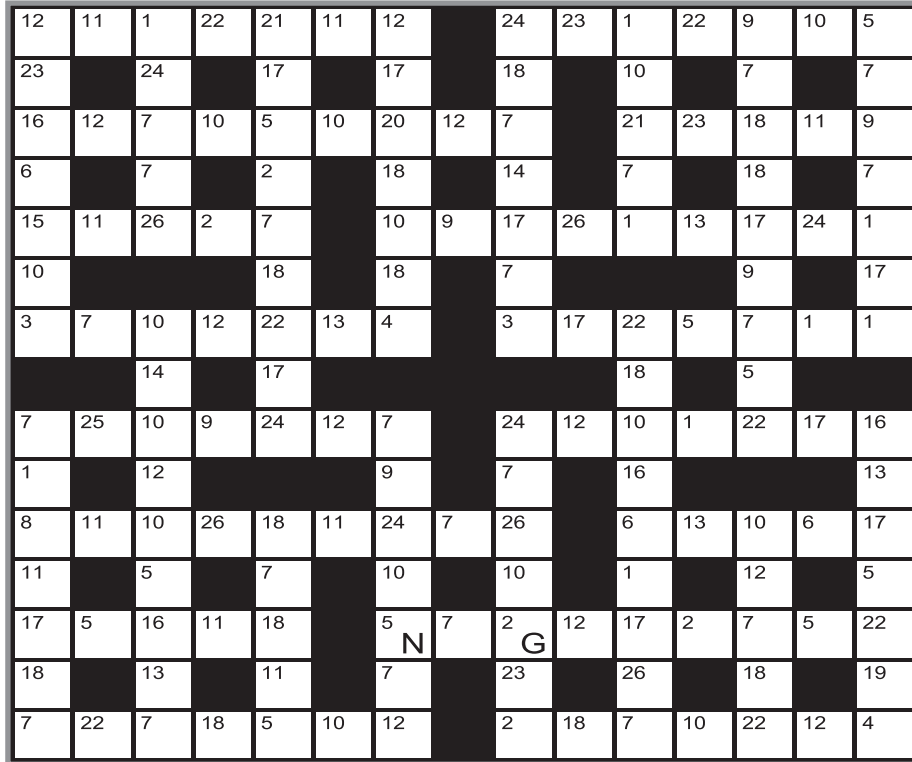
- 1 Hack reveals palace rates of pay (8)
- 2 Upset baby's plaything (6)
- 3 Right cards for sporting events? (5)
- 4 Resolute British detectives in action (7)
- 5 See about taking cover in flight (6)



- 6 Weak beginning left a muddled ending (4)
- 13 Carrying mammal, Edward moved unsteadily (8)
- 14 Vain female tennis player in America? (7)
- 16 Finish in an attempt to be hip (6)
- 18 Some para mistaken for a Musketeer (6)
- 19 Supply for Tom Queen (5)
- 21 Eat up, Miss Blyton (4)

Code Breaker

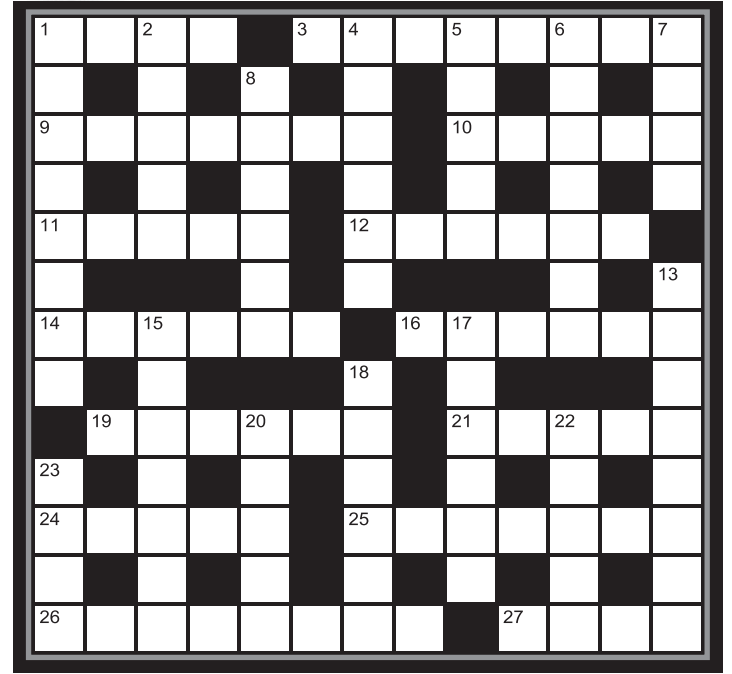
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 2 represents G and 5 represents N, so fill in G every time the figure 2 appears and N every time the figure 5 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | G | | | N | | | | | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

LAST WEEK'S SOLUTION FACING PAGE

Quick



Across

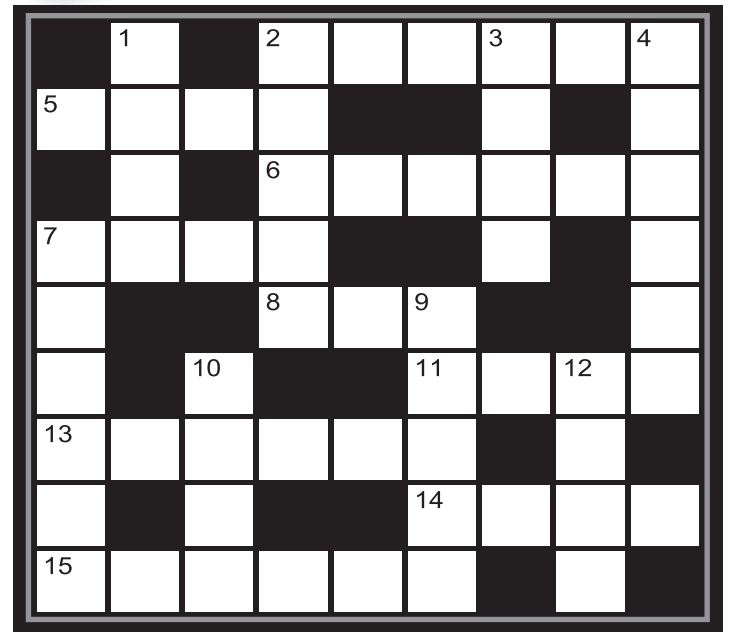
- 1 Final (4)
- 3 Authorised (8)
- 9 Housebreaker (7)
- 10 Take pleasure in (5)
- 11 Mislays (5)
- 12 Money that is paid regularly for doing work (6)
- 14 Blunders or mistakes (6)
- 16 Jail (6)
- 19 Scratch repeatedly (6)
- 21 Student (5)
- 24 Further or added (5)
- 25 Sculptures representing humans or animals (7)
- 26 Cellar (8)
- 27 Show the way by going first (4)

Down

- 1 Tagged (8)
- 2 Arranges (5)
- 4 Woodland (6)
- 5 Perfection (5)
- 6 Harms (7)
- 7 Ballads (4)
- 8 Nearer (6)
- 13 Shut in (8)
- 15 Repeats aloud from memory (7)
- 17 Revoke (6)
- 18 Cause (6)
- 20 State of sudden fear (5)
- 22 Intermission (5)
- 23 Part of speech (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 2 Veneno (6)
- 5 Eyebrow (4)
- 6 To lose (6)
- 7 Mismo (4)
- 8 Tapa (de caja) (3)
- 11 Envidia (4)

Down

- 13 Almendra (6)
- 14 Hatred (4)
- 15 Tornillos (6)
- 1 Candle (4)
- 2 Paper (material) (5)

- 3 Silk (4)
- 4 Noruega (6)
- 7 Ensaladas (6)
- 9 Fingers (of hand, glove) (5)
- 10 To love (4)
- 12 Vena (4)

CROSSWORD PAGE

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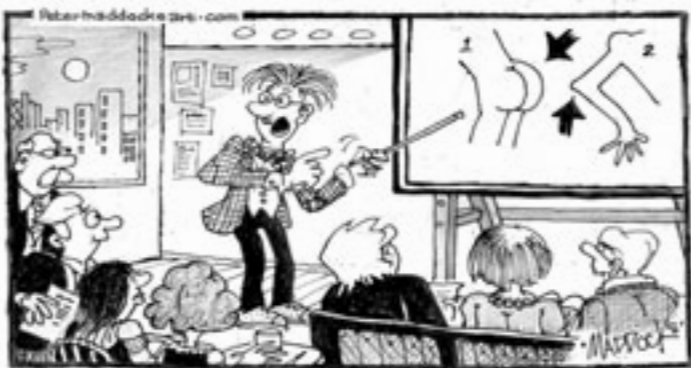
*Changes may occasionally be applied by a third party bank when transferring the

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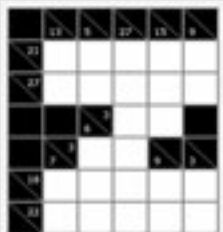
MADDOCKS' VIEW ON LIFE



'FOR A SUCCESSFUL BREXIT IT IS VITAL WE ALL KNOW THE DIFFERENCE BETWEEN THESE TWO ILLUSTRATIONS!'

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case **C**) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 9
- Very good: 19
- Good: 13
- Excellent: 24

LAST WEEK'S SOLUTION

alit caul ceil clue cult evil lace laic late lave leva lice lieu lite live lute tael tail talc tale teal tile tilt vail vale veal veil vela vial vile alive atilt calve cavil clave cleat latte telic title utile uveal valet value vault vital cattle cutlet cuttle lattice tactile victual **CULTIVATE**

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 5 | 3 | 8 | 4 | 9 | 7 | 1 | 6 |
| 1 | 6 | 4 | 5 | 3 | 7 | 8 | 2 | 9 |
| 7 | 8 | 9 | 2 | 6 | 1 | 5 | 4 | 3 |
| 8 | 4 | 6 | 1 | 2 | 3 | 9 | 5 | 7 |
| 5 | 3 | 1 | 7 | 9 | 8 | 4 | 6 | 2 |
| 9 | 2 | 7 | 4 | 5 | 6 | 3 | 8 | 1 |
| 4 | 9 | 5 | 3 | 1 | 2 | 6 | 7 | 8 |
| 6 | 1 | 8 | 9 | 7 | 4 | 2 | 3 | 5 |
| 3 | 7 | 2 | 6 | 8 | 5 | 1 | 9 | 4 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | 4 | | | | 7 |
| | | 8 | | 1 | | | 6 | |
| | 2 | | | | | 8 | 4 | 3 |
| 8 | | 7 | | | | | 3 | |
| | 5 | | | 7 | | | | 6 |
| | | | | | 2 | | 9 | |
| 7 | | 2 | | | 9 | | | |
| | | | | | | | | |
| | | | | 1 | 9 | | | |
| 3 | | 1 | 7 | | | | | |

LAST WEEK'S SOLUTIONS

CRYPTIC

Across:

- 1 Draughts, 5 Scar, 9 Tribe, 10 Barge, 12 Copse, 13 Yoke, 15 Wander, 18 Script, 20 Elba, 23 Serve, 24 Aorta, 27 Skint, 28 Nest, 29 Vehement.

Down:

- 1 Drab, 2 Afar, 3 Gates, 4 Trivia, 6 Corporal, 7 Ravens, 8 Decide, 11 Ago, 14 Kestrels, 16 Arrest, 17 Resign, 19 Plaice, 21 Bit, 22 Lathe, 25 Rage, 26 Abet.

QUICK

Across:

- 1 Drops, 3 Crayons, 6 Surreal, 8 Bongo, 10 Robin, 11 Octagon, 14 Eclair, 15 Rafter, 17 Alimony, 20 Goals, 21 Nonet, 22 Ancient, 23 Shannon, 24 Outdo.

Down:

- 1 Deserve, 2 Stern, 3 Cello, 4 Abbot, 5 Spoon, 7 Rebellion, 9 Nightmare, 12 Carp, 13 Iron, 16 Risotto, 17 Aunts, 18 Often, 19 Yearn, 20 Gecko.

ENGLISH-SPANISH

Across:

- 1 Skirt, 3 Necks, 6 Egg, 8 Rainbow, 9 Somewhere, 12 Nuestro, 13 End, 14 Tools, 15 Ritmo.

Down:

- 1 Seed, 2 Tormentas, 3 Neighbour, 4 Cobarde, 5 Saws, 7 Grosero, 10 Knot, 11 Odio.

CODE BREAKER

| | | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Y | X | T | I | B | J | K | O | P | E | M | G | N |
| 14 | V | U | H | L | S | R | D | A | F | Z | Q | W | C |

KAKURO

| | | | | | |
|--|---|---|---|---|---|
| | 6 | 8 | 4 | 3 | 9 |
| | 3 | 9 | 6 | 7 | 2 |
| | 7 | 5 | 2 | 1 | |
| | | 3 | 5 | 6 | 2 |
| | 5 | 4 | 1 | 2 | 3 |
| | 7 | 2 | 8 | 4 | 1 |

LOTTERY

UK NATIONAL LOTTERY
Saturday October 21

- 3 31 37
- 41 44 59
- BONUS BALL: 32

IRISH LOTTO
Saturday October 21

- 2 10 12
- 14 31 46
- BONUS BALL: 42

EURO MILLIONS
Tuesday October 17

- 13 17 19
- 26 36
- BONUS BALL: 2
- 3

Friday October 13

- 4 17 23
- 27 30
- BONUS BALL: 3
- 8

LA PRIMITIVA
Saturday October 21

- 5 6 17
- 22 34 40
- BONUS BALL: 35
- 7

EL GORDO DE LA PRIMITIVA
Sunday October 22

- 6 9 20
- 27 43
- BONUS BALL: 3

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19)
You are likely to reveal information unintentionally. You'll find it easy to charm members of the opposite sex this week. Have some fun, but draw the line if someone tries to fast talk their way into your heart. You have to let go of your past if you wish to get out of any sentimental mood that might be hanging over your head. Your lucky day this week will be Saturday.

LEO (July 24 - August 23)
Those you work with may have little consideration for the underdog. You can raise your standard of living if you pick up some freelance work on the side. Don't jump into investments too quickly. Try not to overreact to the loss. Your lucky day this week will be Tuesday.

PISCES (February 20 - March 20)
New partnerships will develop if you join investment groups. Property investments could be prosperous. You can't do everything on your own. Family responsibilities are escalating. Your lucky day this week will be Monday.

VIRGO (August 24 - September 23)
Use your energy wisely. You may find yourself in the limelight for the wrong reasons. Someone envious of your popularity may challenge you to a debate. Travel for business purposes may bring the highest returns. Your lucky day this week will be Tuesday.

ARIES (March 21 - April 20)
Your home environment may be hectic, which could result in emotional upset if you aren't well organised. Try not to take everything so seriously. Be sure to find out all you can before you commit to anything. There might be a problem with a will or with an insurance policy. Your lucky day this week will be Thursday.

LIBRA (September 24 - October 23)
You can ferret out secret information if you just listen to what others have to say. Travel will be good if you are seeking knowledge. Minor accidents may occur if you don't concentrate on what you're doing. Problems with financial investments could make you nervous. Your lucky day this week will be Wednesday.

TAURUS (April 21 - May 21)
Put your efforts into being creative. Don't give out any personal information that you don't want spread around. You could lose a good friend because of it. Learn some new skills that will increase your income. Your lucky day this week will be Tuesday.

SCORPIO (October 24 - November 22)
Changes involving your domestic scene may be unpleasant. Try to mix business with pleasure while travelling. You can convince anyone of anything. Get your domestic chores out of the way early.

GEMINI (May 22 - June 21)
You can't make things better if you don't know what to fix. You may interest people in a service you have to offer. Work quietly behind the scenes for best results. Don't hesitate to look for alternatives that will enable you to raise the kind of donations you need to do the job right. Your lucky day this week will be Monday.

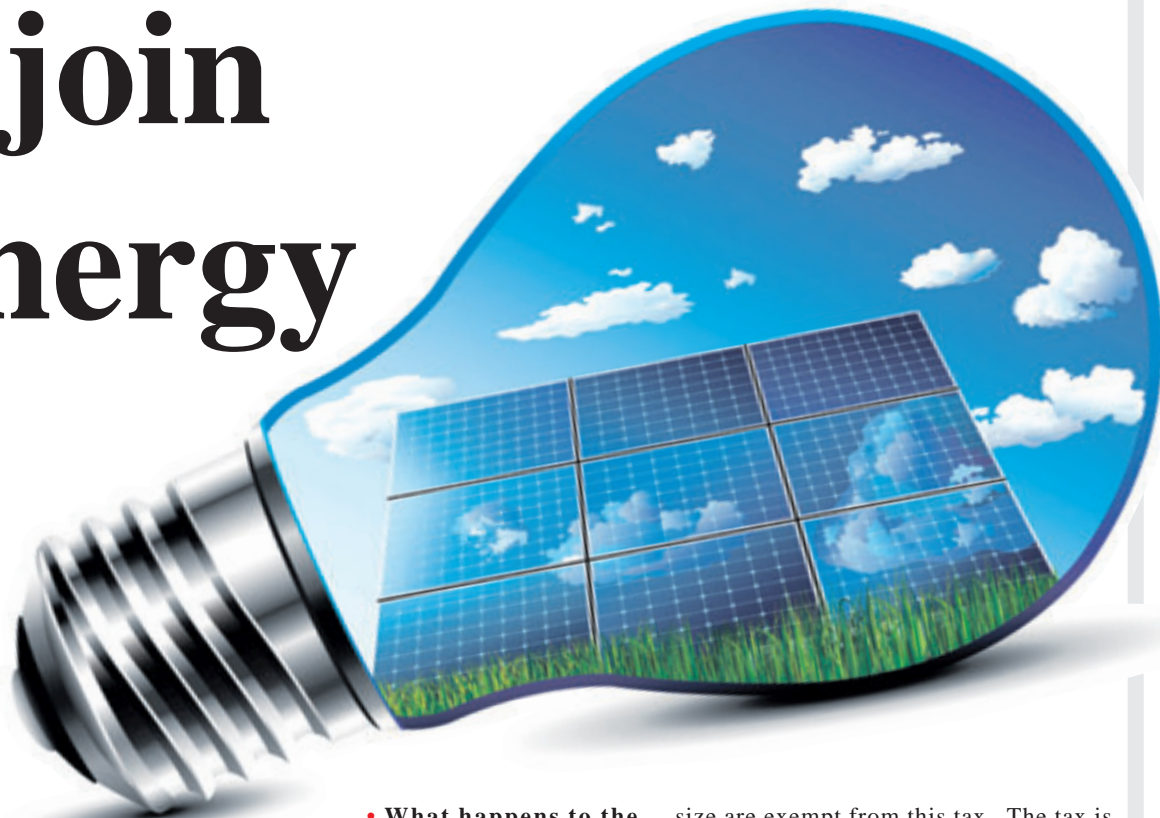
SAGITTARIUS (November 23 - December 21)
Arguments with children or friends may leave you steaming. You will have excellent ideas and you should be able to help your partner get ahead. Concern yourself with legal matters and formulating contracts rather than finalising your objectives.

CANCER (June 22 - July 23)
Your ability to visualise will help you convince others of the possibilities. Insincere gestures of friendliness may be misleading. Spend some time with people who can shed some light on your personal situation. Don't be too quick to voice your opinion. Listen to others carefully. Your lucky day this week will be Tuesday.

CAPRICORN (December 22 - January 20)
You need to sit back and enjoy. Things have been moving so quickly that you need to do something physical to release your tension. Unexpected changes in friendships could occur. Make creative changes to your living quarters.

Advertising feature

Come and join the solar energy revolution in Javea



SOLAR IN SPAIN will be hosting a public seminar on Wednesday November 8 at the Inn on the Green bowling club in Javea. There will be information available on how you can generate your own free electricity and use that electricity to lower your electricity bills.

Solar in Spain staff will be on hand to answer all your questions regarding solar electricity, wood pellet heating systems, solar pool heating and solar water heating.

Electricity bills have increased by an average of over 100 per cent over the past five years and the cost is likely to increase by similar amounts over the next few years. Here, Fidelma Matthews from Solar in Spain answers the main questions that people tend to ask about solar electricity systems:

• Do I need permission from Iberdrola to install a solar electricity system in my property?

Yes you do. This is very important and must not be overlooked. Permis-

sions need to be obtained before the installation takes place. Every grid-connected electricity system needs authorisation from both Iberdrola and the Department of Industria. Iberdrola is currently issuing fines of up to €30,000 for unauthorised installations. Solar in Spain completes all the paperwork for its clients and is one of the few companies that actually ensures that their installations comply fully with the law.

• What is the life expectancy of a solar grid-connected electricity system?

A well designed, good quality solar system will last for over 30 years. Both the solar panels and the inverters used by Solar in Spain are guaranteed for 25 years.

• Does solar energy only work on sunny days?

No. Solar electricity panels don't need direct sunshine to work - they can still generate electricity on cloudy days. The stronger the sunshine however, the more electricity is produced.

• What happens to the electricity that is produced but not used?

Iberdrola will now buy any solar electricity that is sent back to the grid. Solar in Spain will complete all the necessary paperwork on your behalf.

• Are solar electricity systems expensive?

A solar electricity system can pay for itself within four to six years. The Return on Investment is much higher than you will receive from any bank or building society and it is totally secure, there is no risk. In addition, every time Iberdrola increase their prices in the future your solar investment improves!

• Do I have to pay a solar tax to the Government if I install a system?

No. You may have read about a solar tax that exists here in Spain. All our domestic solar installations that are less than 10kw in

size are exempt from this tax. The tax is intended for larger, commercial installations.

• Are there Government grants available for solar systems?

Yes, there are, its great news. Grants for solar electricity systems have just been introduced and staff will discuss this in more detail on November 8.

• Where can I find out more information?

Solar in Spain has been in business on the Costa Blanca for over 16 years.

Their office and showroom is in the Pedreguer Industrial Estate, just off the N332.

They can also be contacted on 962 854 488 or by email at

info@solarinspain.com.

Their website:

www.solarinspain.com

Doors will open for the

energy seminar on

Wednesday November 8 at

10am, where coffee will be

served. The event will run

from 10.30am to 12.00pm

and is free to

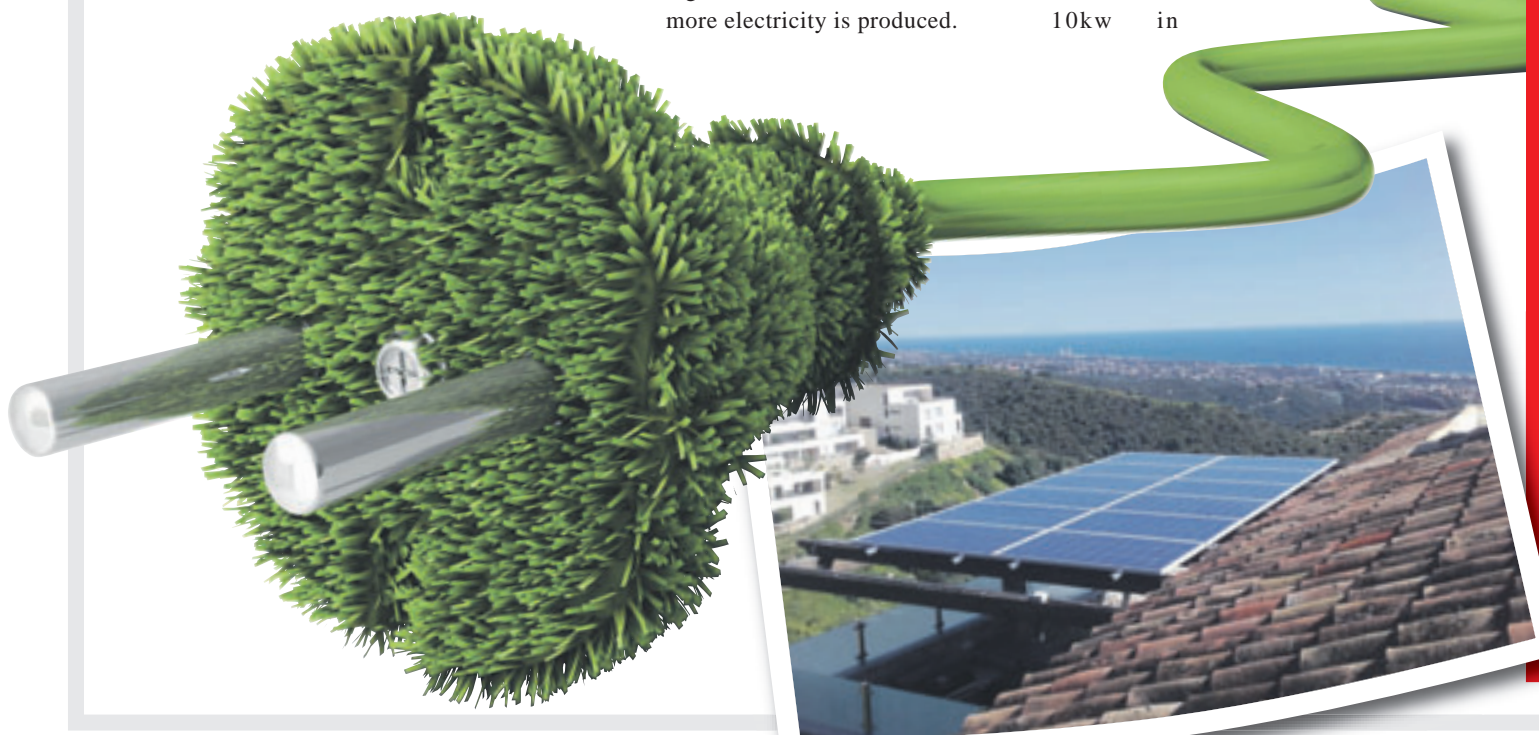
attend. Places are limited

so we would ask that you

pre-register by calling

962 854 488 or by email to

info@solarinspain.com.



Advertising feature

SOMETIMES, even after dieting and exercising, the flesh around the tummy just won't shift. Once stretched, muscle and skin do not easily return to their original shape, especially as we get older and skin begins to lose its elasticity. At Medcare we can offer both non-surgical and surgical methods to help you.

Tummy Tuck (Abdominoplasty)

In many cases, where there is extra flesh, especially around the lower abdomen, a tummy tuck can offer a solution. During abdominoplasty, the excess fat and skin are removed and abdominal muscles are tightened, creating a tighter, flatter stomach. As an added benefit, stretch marks may be reduced, or even eliminated, as they are taken away with any excess folds of skin.

Liposuction

Liposuction, or Liposculpture, is a surgical technique used to remove fat deposits and reshape specific areas of the body or face.

Some patients who think they need a Tummy Tuck can actually benefit from Liposuction instead. It is much less invasive and on the right candidate, can offer great results. Best results are achieved on people of a normal weight who have tried diet and exercise but find that they still have problem areas where fat pockets remain. Liposuction will also give a better result where skin still has elasticity.

Aqualyx

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When Aqualyx® is injected into the problem area it liquefies the fat cells, destroying them permanently, releasing the lipids that are then eliminated naturally through the lymphatic system. Put more simply, Aqualyx® breaks down the wall of the fat cell, releasing liquid fat, which the body then treats as waste and dispels.

Exilis

Non-invasive, and with no down time, Exilis is ideal for patients who already have achieved good results from diet and exercise but struggle with small areas of fat. Using a combination of ultrasound and radio frequency, Exilis delivers safe thermal energy which kills fat cells. Fat drains into the lymphatic system and is expelled from the body, you literally pee out your excess fat.

The thermal energy also stimulates collagen and tightens skin. The fact that Exilis works in both fat reduction and skin tightening, as well as being non-invasive makes it a highly popular and effective treatment.

Exilis can be used on the face, jawline, abdomen, buttocks, back and arms.

Results shown above are from courses of Exilis and Aqualyx treatment.

What our patients say:

"I would like to take this opportunity to say thank you for the treatment received at the Medcare Services recently. The treatment has improved my skin dramatically, it looks cleaner, smoother, and I am extremely pleased with the results. The improvement has amazed me. I would definitely recommend Medcare Services." - Mrs L.

For your free consultation to decide which treatment suits you best, call Medcare on 966 860 258. Email: doctors@medcarespain.com or visit our website www.medcarespain.com.

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SNACK HAPPY:
Cereal makes a healthy alternative to crisps or chocolate.

Cereal fillers

MORE than 50 per cent of Millennials (aged 23-40) have admitted to eating cereal as a snack at home, compared with just 32 per cent of Baby Boomers (aged 53-71), according to Mintel research.

Experiencing a growth in popularity over recent decades, cereal is no longer the boring, flavourless food it once was and nearly 75 per cent of cereal consumers

agree that it makes a great snack.

It became clear the trend had even caught on in Spain when the first 'cereal cafe' was opened in Madrid last year, offering over 170 varieties to choose from.

Many cereals are packed with vitamins and minerals, and are low in calories so makes a better option than many snacking products on

supermarket shelves. Several types also boast a high amount of fibre so can even help with your digestion.

A study published in the 'Journal of the American Dietetics Association' found that those who snacked healthily often consumed a higher amount of fruits, vegetables and fibre, which is vital for helping to prevent the development of certain illnesses.

Pills of sunshine

By *Kat Ashton*

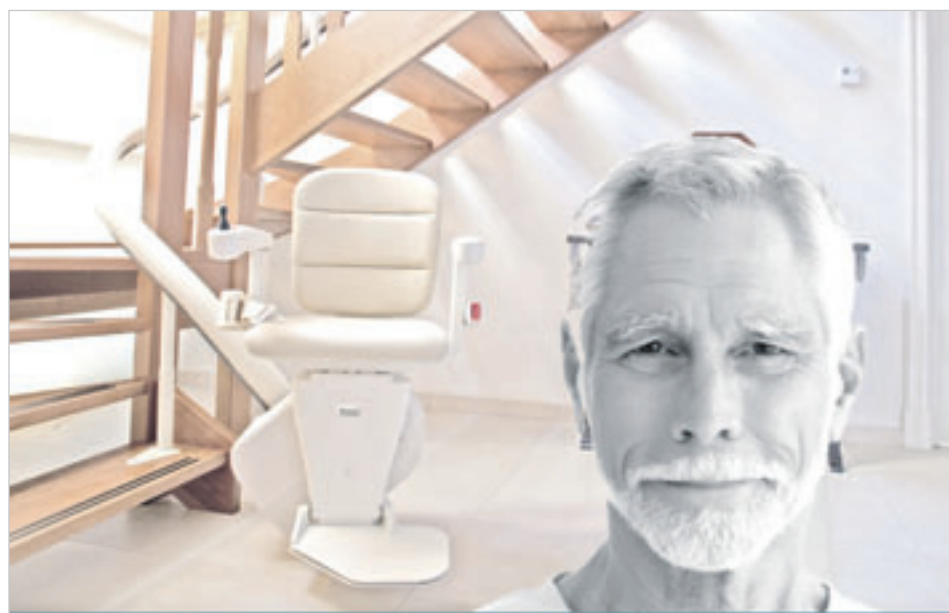
OFTEN called the 'sunshine vitamin,' Vitamin D is produced in your skin when exposed to sunlight and plays an important role in the body.

Research suggests that the body needs at least 10mg of Vitamin D to function properly, which can help to boost health and ward off diseases.

Spending too much time in the sun can be dangerous to your skin health, however, with around an

hour a day being the recommended maximum, depending on how strong the sun is. Fortunately, you can also get your daily dose of vitamin D by eating certain foods or taking supplements.

If it doesn't receive the recommended daily dose, your body is at risk of developing soft or fragile bones. It has also been proven to have many other health benefits, such as fighting illness and disease. According to research by the American



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Journal of Clinical Nutrition, it can help reduce your likelihood of getting flu and could also reduce your chances of developing heart disease.

Studies have also suggested that people with a vitamin D deficiency

are at more risk of feeling anxious or depressed. On one occasion, scientists discovered that patients suffering from depression noticed an improvement in their symptoms after



A blood test can diagnose a lack of Vitamin D.

taking vitamin D supplements.

While taking a supplement is an easy way to ensure you're getting enough of the vitamin, it also helps to include more vitamin D rich food in your diet.

This ranges from salmon and sardines to fortified milk and fresh orange juice.

If you're worried you suffer from a deficiency, the symptoms to look out for include tiredness, general aches and pains and severe bone or muscle weakness. Doctors can easily diagnose a lack of vitamin D by carrying out a blood test, so it's worth paying them a visit to be on the safe side.

HELLO SUNSHINE: Sunbathing for an hour a day can help to ward off diseases.





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- > **Blood Test**
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- > **Toxicology (Mercury, Lead)**
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quironsalud.es



FIT FACT: Health experts recommend that we should do everything in moderation, including exercise.

Pushing the limit

A NEW study has found that white men who do excessive amounts of exercise each week are almost twice as likely to suffer from heart disease as those who work out moderately.

A study by the University of Illinois in Chicago analysed the exercise habits of over 3,000 people over 25 years and discovered that

white men who exercised for more than seven hours per week were more likely to suffer from serious cardiac problems.

However, the researchers didn't find that the outcome applied to men from other ethnicities.

According to Public Health England, heart disease claims more men's lives in the UK

“**Swimming, weight training and cycling all can help.**

than any other illness.

The study discovered that white men who exercised excessively were more likely to build up plaque in their arter-

ies which can lead to severe heart problems such as heart disease. This suggested that too much exercise could put excessive stress on the arteries.

The results surprised the researchers, who expected those who did the most exercise to be less likely to develop these illnesses. Deepika Laddu, the co-author of the study, revealed that more research needed to be done to investigate why this was the case and why there was such a difference in the results from white participants and those of other ethnicities.

However, Laddu stressed that the study did not suggest that people should stop exercising altogether, but that they should limit workouts to the recommended 150 minutes a week.

While any form of exercise is considered crucial to keeping your heart healthy, there are some workouts that could be more beneficial than others. Swimming, weight training and cycling have all been shown to help prevent illnesses such as heart disease and boost overall health.

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Sciatica and how to deal with it



SPECIALIST: Doctor Luis Perez Belmonte.

What are the symptoms or signs of it?

The main symptoms that produce pain usually originate in the lower back. This can affect the legs and produce muscle contractures and the inability to move.

When should I talk to my physician?

Whenever you begin to feel symptoms that may suggest something's wrong in the previously mentioned areas you should consult a health care professional. First, talk to your family doctor but if that's not enough you will need to consult a specialist.

What causes it?

It's usually caused by problems in the intervertebral discs which bring about herniated discs, inflammation of the tendons and muscles and dislocation of the back bones, typically

via arthritis and mainly in the elderly.

How do I treat it?

The first things needed are rest, dry heat, painkillers, anti-inflammatories and muscle relaxants. Physiotherapy exercises are also helpful in lessening the pain derived from this illness. In very advanced cases when pain cannot be managed, surgical intervention may be required.

OPTIONAL INTRO:

The term sciatica describes a set of symptoms that are characterised by leg pain (and possibly tingling, numbness or weakness) starting at the bottom of the back and going through the buttocks and the greater sciatic nerve down the back of each leg. Sciatica is a symptom of another underlying health problem. It is not a disease in itself.

If you have any questions for Dr Perez Belmonte, please send them to:
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Chemical bothers

PARABENS have been widely used in cosmetic products since the 1950s to prevent bacteria growth, but have been getting some bad press recently over fears that they cause certain diseases.

Allegedly, around 85 per cent of cosmetic products on the market contain parabens, ranging from shampoos and lotions to lipsticks and fragrances.

However, parabens allegedly disrupt the body's natural oestrogen levels, which have been linked to reproductive issues and breast cancer. They are also believed to cause skin irritations such as dermatitis and rosacea, and can even make you more vulnerable to allergies.

As a result, scientists in many countries have started recommending putting a limit on paraben levels in cosmetics. The EU now limits beauty companies to a maximum of 8g of parabens per kilo of cosmetic



SMOOTH IT OUT: Using a paraben-free moisturiser can help to protect your skin.

product.

In 2011, the Danish government also decided to put a ban

on companies putting parabens in products intended for children under the age of three due

to fears that they are at a higher risk from the side-effects.

Nowadays, there is an increas-

ing number of products on the market labelled 'paraben-free,' but should you really swear off all products without the tag? Both the World Health Organisation and the US Food and Drug Administration have stated that the chemicals are not harmful at low levels. Typically, the amount of parabens used in cosmetic products is quite small.

To be on the safe side, look out for oil-based organic items as water-based products often require more preservatives to make them last longer. Products in dark containers with a pump also generally contain fewer chemicals as they don't go off as quickly.

If you are going to cut parabens from one item in your beauty cabinet, make it a body lotion or moisturiser which is used to coat large areas of skin as this can increase vulnerability to the side-effects of chemicals.



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Tooth troubles

EVEN though your smile may be one of the first things people notice about you, a lot of people still tend to avoid paying a trip to the dentist whenever possible.

Good oral and dental hygiene is important to maintaining good, overall health as it can help prevent tooth decay and gum disease which can lead to more serious problems such as heart disease and diabetes.

Keeping a regular routine of flossing, brushing and using mouthwash also helps you to keep all your teeth as you get older.

According to Mintel research, one in five Brits only visits the dentist when they are having problems with their teeth. However, it would seem more men than women are tooth-shy as 21 per cent of men admit to avoiding check-ups unless they have a problem compared with only 16 per cent of women.

Although nearly two thirds of the UK claim that dental problems impact their general health, three in 10 confessed that it's been more than six months since they have visited the dentist.

Ten per cent of British people even disclosed that they have tried treating their problems using DIY methods at home.

Teeth cleaning habits have also changed over the past couple of years, as 15 per cent



TOOTH BRUSHING: Recommended twice daily.

less people use mouthwash now than in 2014 but 4 per cent more use an electric toothbrush.

Nearly a quarter of Brits also only brush their teeth once a day while a conscious 11 per cent brush their teeth more than the recommended twice daily.

However, a pearly white smile is still important for many Brits, as half of Londoners see white teeth as a sign of good dental health and over 40 per cent of people have

tried a regular whitening toothpaste.

Even though dentists continue to emphasise how important it is, it seems flossing hasn't increased in popularity. According to a study by Waterpik, only around 16 per cent of those surveyed admitted to flossing every day, with a further 20 per cent revealing they only flossed when necessary.

Flossing is vital to maintaining good dental health as it reaches the spaces between your teeth that your toothbrush can't.

An apple a day...

AUTUMN has officially arrived, so now is the perfect excuse to catch up on your daily apple intake.

Whether its cider, apple bobbing or picking, no other fruit is as strongly associated with this time of year and eating the recommended one a day can work wonders for your health (but perhaps avoid the toffee apples on Hal-

loween!).

You get roughly 15 per cent of your recommended daily dose of vitamin C from just one apple, and the high fibre content of the peel can help with your digestion. Apples are also a source of vitamin A, which is a powerful antioxidant which helps to fight off infection and reduce inflammation.

No pain, no gain

A RECENT study by Zensa Skincare found that the most painful beauty treatment out there is bikini waxing.

After surveying more than 1,000 men and women, researchers found that waxing topped the list, getting a ranking of nearly 3.9 out of 5.

Tattoos came in second

with a ranking of around 3.5, followed by waxing of other body parts and electrolysis.

When researchers asked participants to compare the treatment with other painful experiences, waxing dropped down to sixth place; with giving birth taking the prime position.

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Eating habits change course

BRUNCH looks set to replace the traditional Sunday lunch and it is becoming increasingly common for Brits to buy lunch out rather than eat something home-made.

According to Mintel research, 34 per cent of UK citizens claim that going for brunch at the weekend has replaced the traditional Sunday lunch. In fact, restaurants specialising in brunch are becoming increasingly popular in major cities across Europe; even in Spain where meal times have traditionally been confined to a quick cafe con leche in the morning and a large meal at around 2pm.

At least 75 per cent of Brits have

also admitted to buying lunch out for an everyday occasion, up from 68 per cent in 2016, with around 40 per cent doing so at least once a week. Two-fifths of these said they are influenced by their mood when deciding whether to bring lunch from home or not.

Helen Fricker, the Senior Leisure Analyst at Mintel claims that the increase in choice may account for these changes, as the "range of options for lunch on the high street has grown, which means those with dietary needs are far better catered to than in previous years."

She also revealed "the increased availability of healthy, mood-boost-



BRUNCHING IT: Can avocado on toast really top a roast dinner?

ing and functional foods" is tapping into people's desires to eat well and encouraging them to buy lunch out.

However, the research also revealed that many people are still grabbing their lunch on the go, with around 40 per cent of those who bring their food from home admitting to eating it while on the move.

Experts have long emphasised the importance of taking a proper sit-down lunch break as it helps to improve health and can also make you more productive. Food has a significant impact upon mood and those who don't take a proper break could be missing out on the benefits.

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Free mammograms

Quironsalud marks International Breast Cancer Day

HOSPITAL Quironsalud Torrevieja is launching a campaign to help prevent breast cancer by providing free mammograms to mark International Breast Cancer Day.

Free mammograms are available until October 31 via pre-booked appointments.

Breast cancer is the most common form of cancer in the female population in Spain, making up 29 per cent of all cancers. It is estimated that one out of every eight women will suffer breast cancer.

The highest incidence is in women over 50, although the incidence in women under 40 has risen by 10 per cent in the last few years.

The reason for this increase may be due to lifestyle changes, a tendency to have less children, the increased age women have their first pregnancy and a history of the disease in direct family members.

Early diagnosis of the disease, through a mammogram, lowers mortality risk by between 15 and 20 per cent.



UP AND AWAY: Pink balloons were released to mark the start of the campaign.

Doctor Antonio Brugarolas, head of the oncology department at the Hospital Quironsalud Torrevieja, has been successfully applying a 'tailored' treatment to patients, following a genetic analysis of their tumours.

After each biopsy, genes related to

the response or resistance to chemotherapy are analysed, and the response profile of each tumour to each of the anti-tumour medications are tested.

Data is obtained showing which treatments are the most effective.

Therefore, by prescribing the most

effective treatment the department has seen a clinical improvement in 70 per cent of patients, depending on the tumour's genes.

Further information or appointment for free mammograms can be made by calling 648 495 166 from 10am to 3pm, by email at prevencion.trv@quironsalud.es, or via the website www.quironsalud.es/torrevieja/

Additionally, on October 19, the Quironsalud Torrevieja hospital will be participating in an information forum with members of the Asociación de Familiares y Enfermos de Cáncer de Torrevieja (AFECANCER), the Torrevieja Association of Cancer Patients and Family Members.

Their stand will be set up from 10am to 2pm at the Plaza de la Constitución in Torrevieja.

They will be offering advice on how to prevent the illness and the importance of early diagnosis.

And at 12pm, there will be a balloon release with support messages about the fight against breast cancer.

Ghoulish parade

THE Las Filipinas Residents Association will host a Halloween Parade in La Florida, Orihuela on Tuesday October 31.

Participants are invited to take to the streets in the La Florida neighbourhood in all manner of fancy dress from 6pm onwards.

There will also be a variety of other activities including musical performances, dancing, children's entertainers and face painting. Mar Ezcurra, the local councillor for Culture, has also promised a variety of other surprises to be revealed on the day.

Local bars and restaurants are also getting involved in the celebrations, and have announced plans to dress up their establishments in spooky decor and serve wicked treats for the bloodthirsty rabble.

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TIME TRAVEL: All the stops will be pulled out to give the town a medieval makeover.

Medieval madness

ELCHE will host the 22nd edition of their annual Medieval Festival from October 26 to November 1.

The festival will be packed with events, including music, dance and theatre performances, a medieval market, various conferences and an exhibition on playwright Jose Estruch.

The theme of this year's festivities is 'Looking back at the Middle Ages through modern eyes,' which will influence the various performances and talks scheduled to take place.

The streets will be transformed to make revellers feel they like have stepped back in time,

and the town will also put on a firework display to celebrate the event.

Theatre troupes, dancers and musicians from across Spain will travel down to Elche to participate in the festival, as well as one company from Switzerland, and will perform in a variety of venues, including the Grand Theatre, the Basilica of Santa Maria church and the former convent of the St Clare nuns.

The exhibition dedicated to local playwright Jose Estruch, which will run until January 2018, will celebrate the work of the esteemed writer who was awarded with the Spanish National Theatre Award in 1990.

WITH autumn approaching especially with the clocks changing this weekend this is a perfect time to explore red wines, and what's better than Tempranillo?

A black grape variety widely grown to make medium to full bodied reds and often referred to as Spain's noble grape, the Tempranillo name is derived from 'temprano,' which is Spanish for early. This refers to the fact that it ripens several weeks earlier than most Spanish red grapes.

Grown in Spain since Phoenician times more than 2,000 years ago, although native to the north the grape is found throughout the globe from Argentina to New Zealand.

The major producing Spanish regions are Rioja in north central Spain and the more southerly Ribera del Duero, though substantial quantities are also



Robert McKintosh

LA RIOJA: The heartland of Tempranillo.

Trophy catch of Spanish grapes

grown in Penedès, Navarra and Valdepeñas.

Tempranillo with a fairly neutral profile is often blended with other varieties or aged in oak where the wine takes on the flavour of the barrel.

Ruby red in colour, Tempranillo aromas and flavours can include berries, plum, tobacco, vanil-

la, leather and herb, providing reminders of Sangiovese and Cabernet Sauvignon.

Tempranillo with its savoury qualities pairs well with all food, including regional Spanish cuisine, ham, lamb, grilled meats, casseroles and game, dishes with tomato-based sauces, Polenta, and Mexican food including tacos, nachos and burritos.

Alternatively try it along with a nice Manchego cheese with crusty bread.

Happy tasting.

BACCHUS CELLAR

by Lorenzo Barbareschi



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Wednesday 22nd November

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MEAL

Roast Beef or Roast stuffed chicken, two veg, Yorkshire pudding, roast and mash potatoes and thick meaty gravy.

Food served 8pm.
Shows starts 9.15pm
Full menu also available.



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Halloween Menu Tuesday 31st October

Starters – Sticky Bat Wings (Chicken wings with a Spicy Barbecue Dip), Vampire Killer Cheesy Garlic Bread, Witches Cauldron Soup (Vegetable Soup), Filled Coffins (Stuffed Potato Shells with cheese & bacon)

Main Courses – Steak & Ale Pie to die for, Devils Chicken (Breaded Chicken Fillet smothered in a Creamy Pepper Sauce), Ghostbusters Vegetarian Stir Fry on a Casket of Aromatic Rice. All served with mash, roast potatoes & 2 vegetables.

Desserts – Death by Chocolate Gateau, Hags Apple & Cinnamon Pie, Strawberry Cheesecake oozing with blood red sauce.

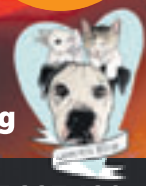
Entertainment with Stevie Spit and Kylie Burgazzi.

Food served at 7.30pm

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New Year EVE AT **ZENIA GARDEN**

(Beside The Celtic Isle at start of Saturday market, Playa Flamenca)

Starters
Butterfly Giant King Prawn with sweet chilli sauce or Spare Ribs in capital sauce (a very nice sweet peanut sauce)

1st Course
Yuk Sung (seasoned minced chicken in lettuce leaves)

Mains
Sliced fillet of beef in Teriyaki sauce or Scallops in Unagi sauce (a special seafood sauce) or Chicken Massaman curry. All served with Nasi Goreng rice (Indonesian fried rice), Vegetarian options available

Desserts
Ice cream or Blueberry cheesecake both served with Homemade blueberry sauce

Includes glass of Champagne & grapes at midnight. €35 per person price includes entertainment with Chris Packett, Party bags, Raffle and firework display.

Food served 7.30 pm Free bottle of wine per couple

***If you have any allergies please inform a member of staff when returning menu choices**

[f @zeniagarden](#) Tel: 965 992 168 - 698 265 174 [f @zeniagarden](#)

A spooktacular time for everyone

THE Pet Owners Association of Santa Pola and Gran Alacant (ASPETGA) will host their fourth annual Halloween Party at the Gran Alacant Dog Park on Sunday October 28 at 10am.

ASPETGA will host the event with the generous support of local businesses and the town hall of Santa Pola.

The party will be a great opportunity for pet owners and pooches alike to dress up in all manner of fancy dress.

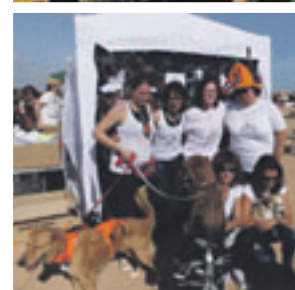
There will be many activities scheduled on the day, including games for the children, prizes for the best costumes (human and canine), a 'tunel de terror' haunted house, and a spooky photo shoot.

There will also be a raffle and a charity market.

The event organisers will



Credit: ASPETGA Santa Pola Gran Alacant/Facebook




FANGTASTIC: Revellers at last year's ASPETGA Halloween celebrations.

also pay a special tribute to Edu Gomez, a local dog trainer who lost his life in a traffic accident earlier this autumn.

Funds raised by ASPETGA this year will go to Proyecto Cuatro Patas. The

money will help them rebuild their sanctuary after a devastating fire.

ASPETGA will also be collecting donations for their pet food bank. Donations of canned and dried food as well as pet supplies such as cat litter, beds, blankets, toys, etc are very welcome.



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Christmas Day

Please fill in the menu choices at the bar. Numbers will be limited to provide maximum customer comfort. Lunch will be served at 3pm. Entertainment with Sunshine FM's Simon Morton performing all your favourite Christmas tunes followed by a disco

Starters
Home-made Winter Vegetable Soup, Prawn Cocktail, Egg Mayonnaise

Main Course
Roasted & Stuffed Turkey and Ham, Slow Roasted Rib Eye of Beef, Chicken Fromage stuffed with cream cheese & smoked salmon, Veggie stirfry on a bed of aromatic rice
All served with creamed potato, roast potato, Brussels sprouts, buttered carrots, cauliflower cheese, chipolata sausages

Desserts
Home-made Christmas Pudding, Sherry Trifle, Orange & chocolate cheesecake.

FREE bottle of wine per couple 30€ per person. Children 12 years and under ½ price.

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NEW YEAR'S EVE

Please fill in menu choices at the bar. Numbers will be limited to provide maximum customer comfort. Dinner will be served at 7pm. Entertainment with Richie Alexander followed by disco till late.

Starters
Hot Chicken & Mushroom Vol-au-vent, Home-made Potato & Leek Soup, Tomato, Mozzarella & Onion Salad

Main Course
Roast Sirloin of beef, Stuffed Chicken in Bacon Coats, Medallions of Pork with Honey & Mustard Sauce, Mushroom Stroganoff on a bed of aromatic rice. All served with creamed potato, Roast Potato, Yorkshire Pudding, Green Beans, Buttered Carrots & Creamed Swede

Desserts
Homemade Apple Crumble with Custard, Strawberry Cheesecake, Peach Gateaux with fresh cream

Price includes glass of Cava to ring in the New Year. 40€ per person. Children 12 years and under ½ price.

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Animal-free circus

THE traditional circus that witnesses a number of performing animals is fast becoming a thing of the past. Over recent years, animal rights organisations have protested about their use in circuses and more and more local municipalities across Spain have brought in legislation to prohibit their use.

In Spain, there are over 400 such areas that have signed up to animal-free circuses.

However, it's one of the municipalities that are not involved in this scheme - Cartagena - that are hosting one of the biggest animal-free circuses in existence. 'El Wonderland' has

erected its tent in the city on the Plaza Severo Ochoa in front of the Mandarache shopping centre where it will stay until November 1.

'El Wonderland' circus has been performing for 39 years, especially throughout south-east Spain, and in 2015 was forced to reinvent itself and in the process present a show without its 35 animals. "In most cities, it's no longer allowed. We've changed our shows and how we promote them since the biggest complaint was the use of animals. Now, we are more theatrical," said Enrico Macaggi who is responsible for the circus.

Show in aid of MABS

A GLITZ and Glam fashion show and sale of high quality used clothing and accessories will be held at Las Claras Centro Civico Los Alcazares on Tuesday November 7 at 2.30pm.

Tickets for €3 from MABS Charity Centre, Calle Ramon and Cajal 12, San Javier.

Events for Age Concern

FRIDAY November 10 : Table Top at Camposol C (outside Mercers office) 9.30am - 1pm.

Tuesday November 21: Christmas party and lunch at Pagan Restaurante, Librilla.

Friday November 24: Table Top at Camposol B.

January 1 2018: New Year's Day swim at Bahia Beach, Puerto de Mazarron.

Sponsorship forms available on 634 306 927.

Saturday March 10: Easter Fayre at Marianos Camposol A 11am-2pm.

Many stalls available. To book yours, please call 634 336 484.

Age Concern are available at their drop-in centre, Calle Valencia 12, Camposol A.

Weekdays 10am-1pm Enquiries tel: 634 334 589 10am-4pm

Events tel: 634 336 484 10am-4pm

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SNOW is the focus of Studio32's cast as they prepare for their winter show. This talented company will be performing a wonderful stage adaptation of that Christmas film favourite, Irving Berlin's *White Christmas*. The show contains some all-time classic songs including *Blue Skies*, *Sisters*, and the Bing Crosby title number *White Christmas*.

After the Second World War General Waverley (played by Don Wilkinson, pictured) retires to run an inn in Pinetree, Vermont, his Granddaughter joins him for the holidays.

Susan, (played by Alice Wakeford, pictured) worships her grandpa, and enjoys telling everyone what a hero he is.

What Grandpa doesn't know is that the inn is failing as he struggles to come to terms with the transition from army general to innkeeper. To help him out, two of his old army buddies (now famous entertainment producers) organise a surprise Christmas show. Will it be enough to save the inn?



WINTER SHOW: A stage adaptation of White Christmas.

Find out by coming along to see this fabulous show.

Alice has been with Studio32 for 4½ years, and is one of the rising stars in this talented company. She played Lottie in their last production Mack & Mabel,

and is a trained dancer as well as a singer and actress. Don has been with the company from the start, starring in many shows as a member of the chorus or minor principal. This is his biggest role to date, includ-

ing a number of monologues, but Don is relishing the challenge of portraying this fine military character.

Studio32 are once again supporting the San Fulgencio Alzheimer's Association with this production, as well as other local charities. So why not help them raise money for worthy causes whilst enjoying a terrific night's entertainment.

Show dates are Wednesday November 29 to Saturday December 2 at the Cardenal Belluga Theatre in San Fulgencio.

All performances start at 7.30pm, and doors open at 7pm. Reserved seating tickets are now on sale, priced at €10 each. You can book your tickets by emailing tickets@studiothirtytwo.org, calling their new ticket line on 602 474 793, or from the following outlets:

Cards & More, La Marina
966 790 954

The Card Place, Benjofar
966 713 266

Tickets are sure to sell fast so be sure to get in early and book your seat.

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Swinging 60's event

LOCAL entertainer Paul Cullen dropped into Mil Palmeras to entertain over 80 supporters of the Orihuela Costa and District Branch of The Royal British Legion following their monthly meeting on Thursday night.

Members took advantage of singing along to songs from the 60's that many thought they had long forgotten.

Paul Cullen performed a variety of classic songs from the likes of the Beatles, the Kinks, the Animals and Cliff Richard. Paul was thanked by Branch President Keith Brown after his performance and was told that he will be welcome back anytime.

The following day, RBL

members Don and June Williams held their 'Soup and Sandwich' fundraiser in La Regia for the Remembrance Day Poppy Appeal.

“ Raising funds to support those who have dedicated their lives to serving their country.

Almost 40 people turned up to support their efforts which raised funds to support those who have dedicated their lives to serving their country.



Paul Cullen (left) with RBL Branch President Keith Brown.

What's on!

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Moving on up!

House prices in Spain increase by 16 per cent

THE price of houses in Spain has increased 16 per cent since the end of 2014, according to a report by the Bank of Spain.

This is a significant improvement following the 37 per cent drop the market experienced after the 2007 financial crisis.

Investment in Spanish property has also grown about 1.5 per cent each year between 2014 and 2017, which has been put down to higher employment rates and rising disposable incomes.

According to the same report, there has also been a gradual increase in sales of Spanish property during this time period, with deals by international investors up a whopping 17 per cent. This also means the number of homes still left on the market is starting to go down.

The Bank of Spain also revealed that there is a

clear upward trend in mortgage stability. Given that the International Monetary Fund estimated that Spain's GDP growth will surpass 2.5 per cent by the end of 2017, making it the fastest growing economy in Europe, it would seem the country's recent financial stability is increasing investor confidence.

BBVA, Spain's second biggest bank, estimated that half a million properties would be sold in 2017, and figures at the six-month mark suggest that target would easily be met.

There are still several regions in Spain that stand-out in the recent property boom; however, including the Costa del Sol, Mallorca and the Costa Blanca. In fact, there has been a 43 per cent increase in real estate agencies in Malaga Province since 2013 as a result of the surge in demand.



BOOMING: The Spanish property market is the strongest it's been in recent years.

Nearly 30,000 property sales were recorded in the region from June 2016 to June 2017, marking an increase of almost 10 per cent from the previous 12-month period, according to data from the Registrar's Association.

The good news does not stop there as the country's prime property hotspots are expected to continue to increase in value this year, according to a report by global real estate consultants Knight Frank.

Mark Harvey, head of European Sales at Knight Frank revealed that enquiries for Spanish homes are up 150 per cent year-on-year. He credited the strengthening euro as one of the reasons why international investors were keen to invest their money in the Spain market.

The study also revealed which nationalities

monopolised the key property hotspots. Madrid's main investors were from Venezuela, Mexico and Switzerland while Barcelona was popular among those from France, Turkey and the US.

In Marbella, the main foreign investors tended to be from Germany, Morocco, Russia and Scandinavia while in Mallorca the market belonged to the Brits, the Belgian and the Dutch.

The predicted increase in prices also looks promising to those looking to make an investment on a Spanish home, as a property in an 'in-demand' location is likely to bring high returns.

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Advertising feature

See another side to Spain at Casa Camille

EVERYONE is busier these days. Life is harder. Life is more stressful. But it doesn't have to be. There are still corners of Spain that relish in the quieter times, in the beautiful basics, in community values and in offering you a glimpse into what Spain can really be like and the best bit of all? It is just a few hours away to be able to experience all of that and more.

Casa Camille and Casa Dora are two delightfully charming rural houses nestled in the heart of the village of Villares, in Albacete Province.

Owned and run by Margaret Wormington and her husband Peter, Casa Dora was actually the home of Margaret's mother Dora who had spent many happy years there after finding the hidden delight of Villares. Margaret and Peter then went on to demolish a corral that was previously used for holding animals on the property and built Casa Camille.

Despite the 'casa rural' being just six years old they found a builder who was sympathetic to the village's character and used some original bricks and tiles to create a traditional cottage feel that was in keeping with its surroundings.

These two properties now offer self-catering breaks and holidays in rural Spain. Casa Dora is a one bedroom house that is over 150 years old and Casa Camille has two double bedrooms and can sleep up to six people. They can be rented



RURAL RETREAT: Casa Camille is set in a quiet village amongst the Spanish countryside.

separately or adjoining and with prices from just €15 per person per night, there really is no reason why you can't escape the hustle and bustle of life and relax for a few days or weeks and enjoy the history, nature and charm of Villares and the neighbouring town of Elche de la Sierra. Pets are welcome and prices include linen.

Casa Dora and Casa Camille are fully legal and registered and appear on the tourism website for the area at www.sierradealbacete.com. Spaniards are their main tourists visiting the area, but Margaret wants more expats to discover



CASA CAMILLE and Casa Dora offer a delightful stay in the heart of Albacete Province.

er the delights. Having lived in Spain for 12 years, she believes there is nowhere else in the country quite like it.

Their daughter, now 22, was, and remains, the only English child to have gone through the local school and the British visitors they receive are given a warm welcome from the villagers who go out of their way to show them the sights and give them samples of the local culinary dishes as they practise their English.

For those maybe a little unsure of the Spanish language, Margaret has prepared a welcome



BREAK AWAY: Get away from the hustle and bustle with a weekend rural retreat.

handbook giving information in English on the local area, places to visit and restaurants to try as well as translations of their menus and a better understanding of what is in the tapas dishes. Margaret said: "We have visitors who enjoy cycling and hiking, painting and photography and those who just want to just relax, visit the village and be surrounded by the Spanish countryside."

Casa Camille - Villares, Albacete
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LERIDA: Profitable for landlords.

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LANDLORDS enjoy the greatest return on their leased properties in Lerida, Algeciras, and Tarrasa. In those municipalities they reap an average of between 7 and 8 per cent return on an annual basis.

Across Spain the average return is in the range of 4 to 6 per cent according to analysis from the Spanish department of Urban Data Analytics. The international firm used big data analysis to investigate property trends in Spanish municipalities with populations

exceeding 100,000.

Multiple factors are considered. For instance, although Algeciras offers one of the best returns in Spain, the market there for landlords is still fairly risky. It takes an average of more than two months to find tenants, during which time thousands in rent is being lost.

By contrast, in Madrid and Barcelona, returns are lower in percentage terms but prices are far higher anyway and it takes less than two weeks on aver-

age to find a suitable tenant.

Then there are places like Marbella and Alcobendas where returns are slightly lower than average because, although rents are high, so is the initial investment required to purchase a property.

Overall the report found that the best places for landlords, in terms of overall profitability, were Las Palmas in Gran Canaria, Hospitalet, Tarrasa, and Reus.

The last three are all close to Barcelona.



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Building soars in Spain

THE resurgence of Spain's real estate sector is most pronounced on the sunny Costa Blanca. Alicante Province is set to close 2017 with the largest investment in real estate projects seen in the past nine years.

Much of the new homes and developments being built are in the capital city itself, which is fast emerging as one of Spain's most exciting urban areas.

In the first nine months of the year a total of 720 homes have been built in the city. The vast majority are holiday and second homes for Spanish nationals from other regions of the country.

But naturally the surrounding Costas are proving more popular. In Orihuela alone 787 new homes have been built since January. The total investment is €48 million, compared to €45 million for the slightly more expensive homes in Alicante City.

Across the entire province a total of 5,350 homes are expected to be built this year, up from 4,800 in 2016. That reflects a 2017 investment of €400 million in new brick



ORIHUELA COSTA:
Building boom.

alone.

Contrast that with 2012, when only 1,329 homes were built, the lowest ever recorded in the

province. There is still a long way to go, however, to reach the heights of the early 2000s, when more than 40,000 homes were being built per

year.

The situation in Alicante is being reflected across Spain. Between January and July this year, 33,085

homes were built, an increase of 39 per cent on last year. In 2007 Spain reached a peak of 641,419 homes built in a year.



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Sending money back to the UK? Let's stretch those euros.

If your time in Spain is coming to an end and you need to transfer your savings back to the UK, or if you need to send money home to meet ongoing expenses, you'll want to make the most of every cent.



Take control of your currency transfers

As an expat, you've no doubt had to deal with currency transfers in the past – but you might not have had access to the most suitable services. Getting more for your money when moving it abroad (or sending it home) is simple with the right support and the best tools.

Leading currency transfer providers like Currencies Direct have spent decades working with expats and know exactly which services are most suited to their needs. If you're moving money back from Spain, what transfer options should you be aware of?

Spot Transfer

Making an immediate overseas payment at the going market rate is known as a spot transfer. It can be beneficial if the market is currently in your favour and you have the money ready to send.

Forward Contract

If the markets are in a favourable position, but you haven't sold your Spanish property yet or aren't quite

ready to send money back to the UK, you can use a forward contract to 'freeze' the EUR/GBP exchange rate for up to a year. You can then transfer your funds at the rate you've fixed when you want to, allowing you to budget effectively and protecting you from negative shifts in the currency market.

Market Orders

Market orders allow you to target a specific exchange rate, or protect yourself from losing out should the market worsen while you hold out for a better rate.

A **limit order** targets an exchange rate higher than the current market rate, automatically transferring your funds when it's hit.

A **stop-loss order** allows you to set a minimum exchange rate at which you would be happy to send your funds, automatically transferring the money should the market weaken to that level. You can even combine both order types to create a target range in which you're happy to trade. The orders are set up to automatically cancel each other out once one is triggered.

What else do you need to know?

As the last couple of years have shown, exchange rates are really volatile things. Even when there aren't major events like the German election and Catalanian referendum to contend with, euro exchange rates can move by as much as 5% in a matter of weeks.

Mistiming your currency transfer and choosing to move your money home from Spain when the euro is weaker could have a significant impact on how many pounds you receive – so it's important to stay on top of the latest market movements.

Subscribing to receive regular market updates from your currency broker is one of the easiest ways to keep track of what exchange rates are up to. With Currencies Direct you can even set up a Rate Alert and get an instant email or text when your target rate is achieved.

Maximise your money when moving it home from Spain by looking into your currency transfer options today.

Let's talk currency.

At Currencies Direct, we've helped over 210,000 customers save on their currency transfers since 1996. Just pop into your local Currencies Direct branch or give us a call to find out more about how you can save money on your currency transfers.

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Advertising feature

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TEDDY BEAR BUILDERS, named after the owner's son, George - who will always be his daddy's little teddy bear is a family-run business through and through.

With dad, Dean, undertaking all kinds of building work, large and small, and his wife taking care of the paperwork, Teddy Bear Builders know how important your family home or property is.

Just like a child's teddy bear, the company endeavours to build strong and loyal relationships with their customers, listening to their clients and ensuring their needs and wants are the number one priority from start to finish.

This legally-registered company works with health and safety company, Segurlab, to ensure your work is undertaken to the highest safety standards. When major works are on the cards, Teddy Bear Builders works with an independent laboratory, Intecom, making sure your project is exactly how you want it.



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Owner Dean says he is extremely lucky to work alongside "loyal staff, that I regard as family," adding his philosophy is that he aims to "build a working relationship now and in the future, gaining a customer for life."

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dating or extending your property, why not call a traditional, family-run company?

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New location for HFS

HFS Kitchens, Bedrooms and Bathrooms, welcomes all customers old and new to its new showroom in Algorfa.

After five years at its previous location in Benijofar, they have moved just 4km down the road to the main High Street in Algorfa next to Caja Rural and opposite Tiene 21. This relocation has offered HFS the chance to put in place new displays and offers customers the opportunity to view some of the latest trends and styles on offer. The showroom is easily accessed from all areas and is open Monday to Friday from 10am-2pm and Saturdays from 10am-1.30pm.

The move to Algorfa is in addition to the Playa Flamenca showroom which remains open on the Orihuela Costa.

This is the latest development for HFS Kitchens, Bedrooms and Bathrooms which has been established on the Costa Blanca for over 14 years.

Offering the latest designs and products from the best Spanish and German designers, HFS literally has hundreds of options whatever your



NEW DESIGN: Now in place at the Algorfa showroom.

style preference and budget. A full range of granite and Silestone composite work surfaces are available alongside brand name appliances all at very competitive prices.

It means that HFS literally can supply you with everything from the smallest details to an entire new kitchen. Building works, plumbing, tiling and electrics can also be done

to transform your home.

HFS is a family-run business, headed by expert professional Graham Jordan who has decades of experience in the industry and ran his own company in the UK before planning to retire to Spain. But upon seeing the lack of quality some others were offering fellow expats, he set about transforming the reputation of the in-

dustry and providing the same exacting high standards his UK customers expected and got, to clients in Spain.

This quality and service is why the company has survived and grown in strength for over a decade: "We work hard for our customers," said Graham: "They want a fantastic kitchen, they get a fantastic kitchen." A proud member of Master Builders in the

UK, which quality checked Graham's work before accepting him, all units and parts are checked as they arrive in the warehouse before being installed, with any slight dent or mark, being discarded and a new one ordered.

His high exacting standards have led to hundreds of happy clients and a folder full of genuine client comments and feedbacks is available to view in the showroom. Appointments are carried out in the afternoons with free consultations offered and a 3D design plan can be arranged.

So for a company that ticks all the boxes on price, quality, professionalism and service, visit HFS today.

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Sweeten up your garden with sugar cane

GRAEME TYRRELL

BRIGHT sunny spots in the Mediterranean garden are often a challenge to find plants hardy enough to tolerate the intense heat and sun and yet be strong enough to resist the cold winter months with shorter day length.

An interesting alternative to the more common species for these zones that requires minimal maintenance and provides a wonderful food source is sugar cane, (*Saccharum officinarum*).

Sugar cane has been grown commercially in Spain for hundreds of years, especially along the Mediterranean coast, but production declined when it was found to be more economical to grow in the New World after Christopher Columbus took plants there to grow on the tropical islands off Central America.

For the home gardener it is a great alternative to bamboo as it is less invasive and gives the option of extracting the wonderful sugar cane juice.

The sugar cane plant grows and looks similar to bamboo as it is of the grass family of plants,

Poaceae. With stalks of cane growing up to four metres high and with a width of five centimetres, it has wonderful flowering tassels at the top of the canes that are often called arrows, due to the flowers form appearing as an arrow head.

The tassels wave in the wind giving a gentle relaxing rhythm reminiscent of the waves in the sea. The leaves are long, a very distinct shade of green and rustle in the wind. The canes can be used like bamboo for making supports in the garden, or other structures.

The juice from the mature canes is used to make crystallised sugar, molasses and syrups. Sugar is con-



Photo Credit: Science Photo Shutterstock

GREEN FINGERS: Growing and flowering sugar cane.

troversial for its health benefits as the refined sugar made from the juice has chemicals including added sulphur, which makes it acidic in nature, but the natural juice is deliciously sweet and alkaline has many positive health benefits. It is recognised in Ayurvedic and other traditional medicines as therapeutic.

Extracting the juice requires a strong press to remove cleanly but alternatives are to boil down the inner core of the canes to

make a syrup, or use a powerful blender or juicer.

In India it is a common refreshment with lime juice and ginger, added from street vendors all over the country using what looks like a washing machine wringer to crush and extract the juice.

The plants are easy to grow from the stalks, by planting a piece from a strong healthy plant about 30 - 40 centimetres long with three or four joints which the plant will grow

from. Growing from seed can give very variable results as the sugar cane can cross with other Poaceae species and may not be true to the parent plant. It takes two to three years for the emerging canes to be mature enough to produce the juice that can be extracted and be tall and thick enough to harvest as canes.

They are best grown in a position in full sun all year but protected from the cold if only growing a few as an ornament feature.



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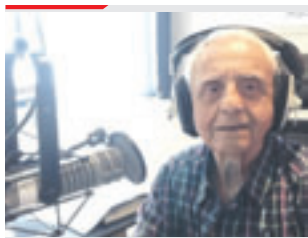
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Understanding dogs



David THE Dogman

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MANY times in a week I am informed that a dog only understands German, French, Spanish, or English.

I find that many owners and some trainers have a misguided perception of what a dog really is and entertain false expectations of their pet. Most think their pet is a small hairy person based on the assumption that a dog's level of understanding is equal to their own.

It is vital to keep in mind that dogs do not have the capacity to intercept human language, behaviour or emotions.

How intelligent is a dog?

Dogs are capable of linking two ideas together, but cannot link actions, which are separated to another time. If for example a dog makes a mess during your absence there is no point in telling the dog off or getting annoyed; the dog's brain cannot link the action. Many will say 'He knows he has done wrong', he does not, the brain is not formulated this way.

A dog's brain is much smaller than man's, in particular the cerebrum - the portion of the brain associated with intellectual function, emotion and personality. Dogs cannot understand our human language. It is far more important to use sound patterns, intonation and facial and body language as a form of communication.

A dog wants to please and all learning should be based on a positive reinforcement of reward. Owners should keep in mind that a large part of a dog's brain is occupied with sensory activity, particularly the interpretation of scent.



CHASING INSTINCT: Can be managed.

Instinct is something either there or not there.

Dog's natural instinct plays a vital role and often it is difficult to understand why so few dog owners can differentiate between in-

stinct and intelligence. Instinct is an urge from within which makes a dog act in certain ways and has no connection with intelligence.

Dog's first instinct is to survive, when a pup is born he squirms

about until he finds a teat and then sucks it. No intelligence or learning by any association plays a part in the process.

The maternal instinct tells the female to clean up the foetal membrane and stir the puppy into action by licking it. The female is not taught, as she has not seen another female do this. Most instincts provide pleasure to the dog, and because it associates the action with pleasure, the instinct grows stronger with usage.

Instinct can be strengthened, weakened or diverted, it cannot be put there and it cannot be taken away. It might lie dormant, but once developed it can never be weakened.

A dog with an obsession for chasing balls or chewing socks can be controlled by training and by providing other outlets for his energy. The same if a young dog is corrected the first time he chases a car he may give up the idea, but if he is allowed to chase cars the hunting instinct becomes stronger, and in no time it will be very difficult, even impossible to cure the habit.

Instinct also covers survival, hunting, guarding, and the pack.

Doggy sick day

By Kat Ashton

AN Italian woman was granted sick pay for taking time off to care for her sick dog.

The woman, an academic from Rome's La Sapienza University, won the landmark court case where she argued that taking time off to care for sick pets should be legally allowed.

The woman claimed that she should be compensated for the two days she took off to care for her 12-year-old English setter, who had recently undergone surgery.

The dog-lover had some help from one of the biggest animal rights groups in Europe, the Ital-



HOUND-BREAKING: More people could soon be able to claim sick leave to look after their pets.

ian Anti-Vivisection League (LAV), whose president Gianluca Felicetti declared that the court win was "a significant step forward that recognised that animals that are not kept for financial gain or their working ability

are effectively members of the family".

The woman's lawyers argued that her employers should have allowed her leave on the grounds that it was an absence related to 'serious or family personal reasons'.

Their reasoning was supported by an exception in Italian law that punishes people who abandon an animal 'grave suffering' by punishing them for a year or fining them up to €10,000.

The court case was a landmark victory for animal lovers, as this marked the first time an Italian court allowed someone to receive sick pay while caring for a sick pet.

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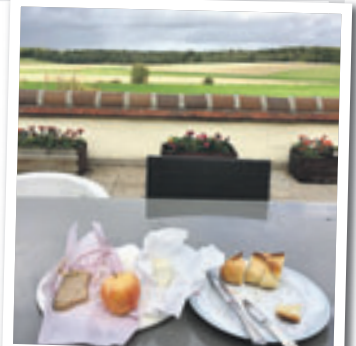
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Sometimes people ask if I really understand what is required in house and pet-sitting. Yes I tell them because as a home and pet owner I have had house-sitters in my

home. Also, I house-sit within our network to help me understand both sides of the story.

Here you see some photos taken at a house-sitting assignment where I am currently caring for four dogs (all rescued) and 12 hens in northern France. It's fun! And I have made some great friends on my travels.

The way we work is simple. If you are looking for house-sitters you need to register on www.HouseSitMatch.com as a homeowner. There is a small annual charge for membership (please note the discount coupon code below we offer for Euro Weekly readers). Then you build a profile about you and your pets. And



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THE SPIRITUALIST CENTRE, Benijofar meets at Hamilton's Bake House, 62 Calle Vicente, Blasco Ibañez, Benijofar 03178. We hold a Sunday Service at 11.30 a.m., a Tuesday Evening of Mediumship at 7 p.m. During this session Open/Development Circles will be held on Thursday 2nd, 16th and 30th November, where you can develop your skills commencing at 6.30 p.m. Spiritual healing is available every Sunday and Tuesday after the service. The Divine Service, with Mediumship, on 29th October will be taken by Jackie Kershaw (UK Medium). Jackie will also take the Evening of Mediumship on Tuesday 31st October. The Divine Service with Mediumship, on Sunday, 5th November, will be taken by Kim Westgate (UK Medum). Contact Wendy on 965 323 028. www.spiritualistcentre-benijofar.com New email is phoenixchurch23@gmail.com or info@spiritualistcentre-benijofar.com Identificacion Fiscal G54713789.

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LA SIESTA EVANGELICAL CHURCH on Urbanisation La Siesta, Torrevieja is a friendly, English speaking Church. We hold services each Sunday and everyone is welcome. Our 11.00 am Services are held every 2nd and 4th Sunday in the month (and 11.00 am on the 5th Sunday, if this applies.) On the 1st and 3rd Sunday's our Services are at 9.30 am. Our choir sings at our 11.00 am Services and there is also a Sunday School, called Stepping Stones, on these Sundays. We welcome residents, visitors and children. For more information see our website www.lasies taevangelicalchurch.org or telephone Pastor Keith on 666 180 108.

THE ANGLICAN CHURCH, La Fustera. For more info: contact Frank Bentley on 966 495 188. (95461)

ALCOHOLICS ANONYMOUS IS ALCOHOL COSTING YOU MORE THAN MONEY? Drinking to excess not only affects your health it can spill over into every other aspect of your life - damaging everything that is important to you. English-speaking AA meetings are held throughout the Costa Blanca from Valencia City to Murcia. Anyone wishing to attend a meeting or discuss a possible drinking problem contact Costa Blanca North: *648 169 045* or Costa Blanca South: *625 912 078* or Costa Calida *679 385 105*. All calls are treated in the strictest confidence. AA in German: 645 456 075; Spanish: 679 212 535; Flemish: 635 047 053; and Scandinavian: 659 779 222. www.aa-costablanca.org (93323)

ROUNDOABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone - but not always. Charitable donations have recently been made to The Alzheimers Centre, Cancer Research and The Amigos Ambulance Service. We still need your help with donations etc. Please keep them coming in! We are situated on Avenida

Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk. (95457)

HELP VEGA BAJA. We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com **We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733** (95456)

THE BAKER FOUNDATION SPIRITUALIST CENTRE. Find us on the Saturday market road opposite the Chinese Restaurant. Playa Flamenca. Different International and local mediums every Sunday and Tuesday. Sunday, divine service with clairvoyance 11 am start. Tuesday, evening of clairvoyance doors open 7'o'clock for 7.30 start. Spiritual Healing is available on Sundays after service and on Thursday mornings from 10.

30 until 12. We have a development group on Tuesdays 5 until 6.30 for those interested in meditation and advancing your knowledge of spirit. Private readings are available on request. Please join us and make new friends, a warm welcome awaits you all. Tea, coffee and soft drinks are available. You can join us on Facebook at, The Baker Foundation spiritual centre. Hall is available for hire. For more information please contact Linda on 606 990 665. Email, schugy54@gmail.com (95458)

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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PILAR CHRISTIAN COMMUNITY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information www.pilarchurch.org Reg No: 2009-SG/A (95463)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-Spain.org or tel 966 700 391.

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca.costablanca.org or call the Secretary on: 966 495 042 (95465)

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

STROKE ASSOCIATION Spain (formally known as Torrevieja stroke support) meet every Wednesday and Friday 2.30pm until 5.00pm. Our new address is Casa de Cultura, calle Francisco Ribera Perez Benijofar. Our aim is to help and support stroke survivors and their carers. With rehabilitation, speech therapy, OC therapy and a very active social group. For info please contact 654 801 260 or email strokesupportgroup@hotmail.com, website torreviejastrokesupport.org. We are always looking for volunteers who have the skills and knowledge to support our groups and activities. (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Asocacion Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc, and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

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INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study: Thursday 11.0 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia - Contact 966 752 543 / 617 215 463. For other church matters Phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org

ROYAL MARINES ASSOCIATION (Costa Blanca) The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmer.quesada@yahoo.co.uk (95477)

ROYAL AIR FORCES Association Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costa-blanca

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 688 704 091 for further information.

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Clarkson
Quote of the Week

“There are footballers’ wives who would be happy with this quality of stitching...on their faces.”

Some might say...



Motoring shorts

Goodbye
gearbox

BETTER efficiency and more choice have seen automatics now account for more than a third of all new car sales. The clutch is still dominant but future trends clearly favour the automatic.

A report from Glass's, a car guide specialist, found that the automatic's share of the UK market has leapt from 15 per cent in 1997 to 35 per cent in 2017.

The firm also found that premiums have increased on automatics across the board. They are now 4 per cent more expensive on average than their manual equivalent.

This is because their retained value is also improving. After two years of use, manuals typically are valued at less than half their purchase cost. Automatics, however, retain 55 per cent of their value.

Brexit's luxury gamble

Hopes and fears for UK's niche motors

by Matthew Elliott

A HARD Brexit could threaten Britain's continued leadership in the motoring world's luxury market. The UK is currently a global trailblazer in the specialist and high-performance car production business.

But that could all change according to a study from the Society of Motor Manufacturers and Traders (SMMT). If leaving the EU means tighter import restrictions and costs, the study suggests that British superiority might be over.

“We need certainty on Britain's future trading relationships, including customs plans, market access, regulations gov-

erning the design, production and approval of vehicles”, said SMMT boss Mike Hawes.

But Aston Martin chief executive Andy Palmer, who described Britain as the ‘Treasure Island’ of the European

motor market, isn't concerned.

“The UK is too important for European manufacturers”, he said. “If you take away the treasure then it

becomes just an island.

“Brexit is something we will manage and move on - it's the British spirit. We've good products we need to engineer and launch and we are not letting it get in the way”, he added.

There are more than 60 specialist car manufacturers in the UK. Turnover for the market last year was an incredible £3.6 billion (€4) billion. Aston Martin, Bentley, Lotus, Caterham, and McLaren are just a few of the biggest names.

Two out of every three specialist cars produced in the UK are exported to the rest of the world. There are 32,000 built annually now, expected to rise to more than 50,000 by 2020, assuming Brexit doesn't interfere.



HOME GROWN: Aston Martin isn't fussed about a hard Brexit.

Porsche 718s get GTS makeover

GTS versions of Porsche's 718 Boxster Convertible and Cayman Coupe have been unleashed. Both boast 365hp and top speeds of 180mph, being capable of hitting 62mph from a deadstart in just over four seconds.

The release is being interpreted as Porsche trying to fix the Boxster and Cayman's less than stellar reputations. While the German giant's GTS models have enjoyed critical acclaim thanks to their engineering prowess and manual gearbox options.

Both the new Boxster and Cayman will have six-speed manual gearboxes as standard. Those who prefer automatic



NEW BLOOD: 718 GTS models put Porsche back on track.

have a seven-speed PDK option.

They are 35hp more powerful than previous incarnations of the models. The GTS logo is emblazoned over both cars, which boast 20-inch black,

satin-finished alloy wheels.

A Sports Chrono Package, Active Suspension Management, Porsche Torque Vectoring, and electrically adjustable seats are included in both packages.

Both the new 718 models are available to order now. Deliveries are pencilled in for December across the continent. The 718 Cayman GTS starts at around €70,000, and the 718 Boxster GTS around €72,000.

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Wake-up call for England in Rugby League World Cup



UKSPORTSCENE

with Andrew Atkinson

ENGLAND face Australia in Melbourne in the opening match of the 2017 Rugby League World Cup on Friday - with preparations of tailor-made mattress toppers and personalised pillows.

"Quality sleep on a familiar surface is proven to enhance recovery rates naturally," said Rugby Football League Head of Human Performance, Richard Hunwicks.

Members of the England squad will be hoping to benefit from the tailor-made mattress toppers and personalised pillows in preparation for the 2017 Rugby League World Cup.

It is deemed the preparations will offer players a cooler,

pressure-relieving and more breathable sleeping surface - while in competition.

The England squad have undertaken pressure point testing, prior to the 2017 Rugby League World Cup, to determine preferred levels of mattress firmness in a bid to improve recovery rates and induce quality rest.

"This approach, accompanied by regulating breathing before sleep, will add to the detailed processes we have in place during the World Cup," said Hunwicks.

England are amongst 14 teams playing 28 games over a five week period - during October 27 - December 2 - in a bid to become World Champions on the international Rugby League stage.

After England's fixture against Australia in Melbourne they have two Group games - against Lebanon in Sydney and France in Perth. In addition to playing matches in Australia and New Zealand, there will be three pool matches played in Papua New Guinea.

"The challenge of training, games, travel and changing hotel beds on a weekly basis are all elements that can affect a player's rest and recovery," added Hunwicks.

And England and Castleford Tigers star Luke Gale said: "It can get pretty busy when on international duty with the training schedules, meetings, travel and games. A quality night's sleep is essential - to maintain our energy levels."

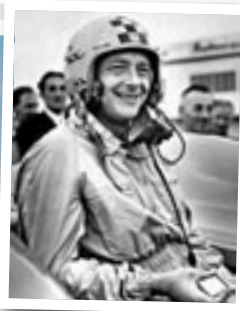
Gale, aged 29, who underwent an operation in September to have his appendix removed, said: "A lot of planning goes into the squad's performance."

Gale, who was set to miss the 2017 Rugby League World Cup having been rushed into hospital for emergency keyhole surgery, said: "The doctor said my season was over - and I wouldn't be going to Australia."

And half-back Gale quipped: "In Rugby League we tend not to listen to doctors. I'm feeling fit and healthy again."

On England's preparations, Gale added: "It's good to know that we're leaving no stone left unturned when it comes to doing our best at the World Cup."

The 2017 Rugby League World Cup Final will be staged at Suncorp Stadium, Brisbane on Saturday December 2.



50 YEARS AGO: Donald Campbell and Bluebird K7 (insets).

Campbell-Bluebird - 50 years on

THE Coniston Power Boat Records week gets underway on Monday on Coniston Water - featuring all classes of boat in the finale to the 2017 racing season - 50 years after Donald Campbell's tragic death.

In 1964 Campbell broke both world land and water speed records, making history. Three years later Campbell, aged 46, died on Coniston - a mere split-second from claiming

the water speed record for an eighth time.

In 2017 hydroplanes, inshore circuit racers and offshore boats are entered for the Coniston Power Boat Records week.

Bluebird was raised from Coniston Water in 2001 and donated to the Ruskin Museum in Coniston. The Coniston Power Boat Records week takes place during October 30 - November 3.

SPAIN'S two-times F1 world champion Fernando Alonso is looking ahead to 2018 - with the Gods mapping out his future: better times are coming.

"I believe things happen because they have to happen," said Alonso, who is competing in the F1 2017 Grand Prix in Mexico on Sunday October 29.

Alonso's last F1 win was the 2013 Spanish Grand Prix at the Circuit de Catalunya, Barcelona. It was Alonso's 32nd Grand Prix victory.

Looking ahead to 2018, Alonso - whose odds to win in Malaysia on October 1 were an astonishing 400-1 - said: "Next year there are minimum changes of regulations."

Renault will be supplying Alonso's current team McLaren's engines in 2018, and he said: "I think the rate of development this year has been very high - because of new regulations - and there will be extra development over the winter."

Alonso, who has approaching 100 podiums, finishing first on 32 occasions, sees his fall from the top of F1 as fate: "All the things that happen - in a race, in a championship, or in your life - are for a reason," he said.

"Better times are coming - I prefer to think that way," said Alonso, who tipped Lewis Hamilton for the 2017 F1 title, ahead of Sebastian Vettel.

Alonso, who has competed against both Hamilton and Vettel for world titles, revealed he punched a fist into a wall in frustration after the 2017 Singapore GP.

Alonso, who went out of the race at the first corner, said: "It was frustration.

SPORTSCENE SPAIN

with Andrew Atkinson



SPAIN'S F1 STAR ALONSO: Destiny awaits.

Destiny awaits Alonso in 2018

"I want to be competitive - back in victory for the F1 world championship."

That podium could have been one of the biggest things of my career - and we missed it."

Alonso, who ended Michael Schumacher's reign at the top, moved to McLaren, had spells with Renault and Ferrari, and clocked up 17 victories, with three championship runner-up titles.

Oviedo born Alonso, aged 36, secured his first F1 race drive with Minardi, prior

to joining Renault as a test driver in 2002, becoming a race driver in 2003.

In 2005, aged 22, Alonso made history by becoming the youngest ever pole-sitter in Malaysia, and the youngest winner, with maiden victory in Hungary.

In 2007 Alonso moved to McLaren, alongside Hamilton, returning to Renault in 2008 - gaining victories at the inaugural F1 night race in Singapore - fol-

lowed by a race win in Japan.

In 2010 Alonso took just one podium, in Singapore. A move to Ferrari followed, to partner Felipe Massa, a season that saw Alonso gain five wins - finishing behind new world champion Sebastian Vettel.

Alonso's second season with Ferrari saw victory at Silverstone - followed by nine podiums - finishing fourth overall.

In 2012 Alonso won the Malaysian GP, and victory in front of a home crowd in Valencia saw Alonso head the drivers' standings, only to be thwarted by Vettel, who won a third F1 title.

Alonso achieved wins in China and Spain in 2013 - along with seven podium standings - but Vettel was crowned F1 Champion, yet again.

In 2014, despite Alonso's two podium finishes, the team failed to win for the first time since 1993, leading to Alonso returning to McLaren.

In a woeful 2015 campaign Alonso scored points - in just two races - ending the season with a paltry 11 points.

Alonso, who was lucky when he avoided serious injury following a crash at Melbourne's Albert Park in 2016, said: "I want to be competitive next year, back on the podiums. I want to be back in victory - fighting for the world championship. I remain optimistic."

Despite no F1 wins during the 2017 season - and no podium placings, Alonso is undeterred: "I think positive - always.

"What has happened this year is because destiny wanted that - it is taking care of our luck for better opportunities."

SERGIO GARCIA has won the Andalucia Valderrama Masters. The Spaniard, whose foundation hosted the event, carded a final round four-under-par 67 to beat Dutchman Joost Luiten by one shot.

TO READ MORE

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Costa Blanca's best guide to local sport

San Miguel Golf Society visit Saurines Torres

THE final four-ball made their way to El Valle just before their tee off time. Thirty members and 10 guests took to the course.

The course of Saurines is the collar edging the fairways and dirt mounds.

Playing against the conditions, there is often little one can do except wedge out. The somewhat woolly greens that have apparently, been hollow-tined and treated five times this summer, are only now getting back to being reasonable.

However, quite a number of players overcame the difficulties and scored well. Best returns of the day went to Noel Bannon and Richard Cleary, both with 38 points.

The day's stableford competition results, by cat-

egory and in reverse order, were the following:

Bronze Category: 3rd Mary Cleary (34), 2nd Ralph Tilbrook (37 on CB), and 1st Brian Butler, also with 37 points.

Silver Category: 3rd Brian Mulligan (35), 2nd Dave Blackburn (37), and 1st Richard Cleary with 38 points.

Gold Category: 3rd Humphrey Kelleher (36 on CB), 2nd Norman Cahill (36 on CB), and 1st Noel Bannon with 38 points.

Nearest the pins on the



SAURINES: Quite a number of players scored well.

par 3's (open to all) went to Norman Cahill (hole 6), Peter Devlin (10), Dave Whitby (14) and Tony Smale (18).

The Abacus was won by

Derek Johnston.

The Best Guest prizes went to Phil Bache (38) and Graham McNeill (37)

Thanks to the staff at Taurines for their contribu-

tion on the day.

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