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ISSUE NO. 1687 2 - 8 November 2017 COSTA BLANCA SOUTH » YOUR PAPER, YOUR VOICE, YOUR OPINION

## Rental thieves arrested

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**DETAINED:** Gang suspected of breaking up and shipping cars.

A GANG dealing in the shipment of top of the range cars has been arrested.

Following collaboration between the National Police and the Guardia Civil, the six men - originally based in various locations throughout the Alicante Province - were detained.

The men, made up of Spanish, Italians and Moroccans, are believed to have stolen around 40 rental cars estimated to be worth around €1m after hiring them and not returning them on their due dates. Fifteen of the vehicles have already been recovered.

They began their series of crimes in Orihuela, Santa Pola and Almoradi before moving to the provinces of Almeria and Malaga in the south of the country.



BURNED OUT: Officers' private cars were targeted.

## **Police arson attacks** Victims not covered by insurance

#### By Darren James

Forty members of the Local Police in Orihuela gathered to support three of their colleagues whose private cars were found burned out the week before. This followed an announcement by the council that their civil liability insurance will not cover the damages incurred.

The police officers had parked their cars close to the town hall premises located on the Orihuela Costa in Playa

Flamenca during their night shift, only to find them destroyed by a fire that is suspected to have been started deliberately.

Investigations are being carried out by the Guardia Civil to try to catch the alleged arsonist who they believe is someone who was earlier arrested by Local Police and decided to retaliate against them.

Unions representing the three police officers affected -UGT, CSI-F and SPPLB have sent a registered letter to the mayor of Orihuela, Emilio Bascuñana, pointing out that the attack on these vehicles could've been avoided if there were better facilities for their members to keep their cars safe. They were, however, parked in spaces authorised for the Local Police to use.

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and this is the area of dispute. The council's public liability insurance will not compen-

sate the officers as the cars were parked on the public highway; although the officers claim that they were in designated spaces reserved for them and town hall officials.

Mariola Rocamora, Orihuela's councillor responsible for citizen security, said that the ruling is a business decision taken by the insurance company and cannot comment on the matter.



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The secret is revealed on page 41

Brakes put on traffickers

NATIONAL POLICE officers have dismantled a network involved in alleged sexual exploitation based in Santa Pola. During the latest intervention by the police, they were able to release one of the gang's victims.

The group arrested were all from Hungary and were running an alleged dedicated human trafficking network for the purposes of sexual exploitation. Two of the four people detained have been accused of raping one of the women that they ended up forcing to go into prostitution in the municipality. She is a 29-year-od woman, also from Hungary, and was forced into her trade following a series of threats to her and her family back home and a constant supply of cocaine.

#### NEWS EXTRA

#### Dancing on the street

A FEMALE motorist has been slapped with a €200 fine by Torrevieja police after she was spotted 'dancing to music' and failing to pay attention to traffic while behind the wheel of her car.

## **Big spend**

ORIHUELA Council has revealed that it is to sell five plots of land for a total of €14.5 million, with the money to be spent on a new cultural centre, sports' stadium and bicycle lanes according to officials.

## Joint effort

TWO suspects have been held after the Guardia Civil intercepted a lorry carrying 180 kilos of cannabis in Lorca. One was driving the vehicle and the other guarding a warehouse where it had been loaded.

### Costly error

VINALOPO Hospital has been fined €150,000 by the Generalitat Valenciana regional council for "a very serious administrative infraction related to the prevention of labour risks," local media said.

# **Costa Blanca looking for more German tourists**

TOURIST boards representing the Costa Blanca in general and Alicante in particular have held a seminar in Frankfurt to promote the areas as tourist destinations.

They were joined by eight representatives from APHA (Alicante Hotels Association) who were there on behalf of some of the most prestigious hotels in Alicante.

Tourism councillor Eva Montesinos said that the main objective is to show potential German tourists what the city has to offer and to give that marker a boost.

Presentations were made during the series of meetings in which emphasis was given to Alicante's fame as a gastronomic centre and offered tastings of many local products... especially the rice. Head Chef at the famous Brunch de Alicante Restaurant Carlos Tomás gave a cooking demonstration and the event concluded with a big raffle which offered prizes of staying at the participating hotels in the Alicante Province.

In 2016, German passengers accounted for 877,137 of the arrivals at Alicante-Elche Airport which was



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135,000 more than the previous year. Behind the UK and Spain, Germany accounts for the third highest passenger volume at the airport and 5.41 per cent of the total number of foreign visitors to the city of Alicante.

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## Spain honours dead

THOUSANDS of people flocked to the graves of deceased relatives to pay respect as Spain marked the Dia de Todos los Santos (All Saints' Day).

As is custom, many Spaniards took the national holiday as an opportunity to return home and decorate the graves of dead family members with elaborate floral displays.

Town councils across the country also made sure local graveyards were cleaned and ready for yesterday's public holiday. As happens every year, the graveyards were crowded with visitors, the surrounding roads were packed with traffic and stalls selling flowers lined the streets.

Many also indulged in the traditional food eaten on this day, including chestnuts and sweet treats such as huesos de santo (tubes of pastry filled with marzipan) and buñuelos de viento (doughnuts sprinkled with cinnamon and sugar).

After visiting the graveyard, more religious families attended a mass service dedicated to the deceased which is supposed to shorten their time spent in purgatory.

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## Tennis player dies

A 45-YEAR-OLD man has died in Cartagena whilst playing on a paddle tennis court. He suddenly collapsed when playing with friends at the Cabezo Beaza industrial estate. Paramedics arrived at the scene and found the man unconscious and despite their efforts were unable to save his life.

#### **Shooting stars**

THANKS to the support of beer company Estrella de Levante, San Javier has renewed the series of welcome signs. Three new signs have been erected at various points in the municipality and feature watercolour works of local buildings and personalities by painter and sculptor Nicolás de Maya.

#### **Cruise record**

PRESIDENT of the Port Authority of Cartagena, Antonio Sevilla, has announced that the forecast for the number of cruise passengers for 2017 has been exceeded. A total of 230,000 people - up by 2,000 - are expected from 150 cruise ship arrivals; the 200,000 barrier has already been broken.

#### Pigs in the middle

EXPORTS of live animals from the Murcia Region during the first six months of this year amounted to €107.3m, of which €2.39m corresponded to the pig market and an increase of 11.16 per cent. The most popular destinations for the products are concentrated in Germany and Italy.

#### Grand day out

ELDERLY citizens of Murcia were celebrated at the annual gettogether held at the La Torre de Puente Tocinos restaurant and organised by local federations working with the older generation. This was the 23rd holding of the 'Grandparents Day' which elected the grandmother and grandfather of the year.

#### SPANISH FACTS OF LIFE...35

Wild mushroom season is officially upon us and is the highlight of the year for fungi fans, reports Kat Ashton.

## No 'shroom for error!

BOTH Spaniards and tourists alike flock to the countryside in the autumn months to forage for their favourite fungi, which can reach record sizes thanks to the moist woodland conditions.

The mushroom business is estimated to be worth millions of euros each year, and a whole range of varieties grow across the Iberian Peninsula. Experts believe that the climate creates the ideal environment for mushrooms to grow, with hot summers followed by autumn downpours.

The season tends to fall in October or November but can be earlier or later, depending on the weather. Due to the increase in popularity, many companies now organise mushroom hunts to help tourists seek out the best areas where they are found, often followed by a tasting.

As edible and toxic mushrooms tend to grow side by side, it is always advisable to go foraging for mushrooms with such an expert. There are around 50 species of poisonous fungi in Europe, and six of these can be lethal.

Mushrooms or setas are a staple Spanish cuisine and are often served on their own as the popular tapas dish *champinones al ajillo* (garlic mushrooms), as well as being used to make stews, soups and croquettes.

#### Top five wild Spanish mushrooms

1. Amanita caesarea: Commonly known as Caesar's mushroom, this prized fungi is easily the most expensive on the market and foragers can charge as much as €120 a kilo. It is prized in the culinary world for its bright orange colour and soft texture. Renowned Spanish chef Ferran Adria was known to use it to make fluorescent mousses.

2. Niscalo (Lactarius deliciosus): Commonly found in Mediterranean pine forests, this flavourful mushroom can also reach a high price in markets but is worth the price. It's known as the 'saffron milk cap' in English as it oozes a reddish-orange liquid when

**Fans robbed** 

A NUMBER of supporters that attend-

ed the Real Murcia v FC Barcelona

football fixture at the Nueva Condom-

ina stadium returned to their parked cars to find they'd been broken into and the car documents stolen. National Police reported that three such reports of theft had been received.



KING OF FUNGI: Caesar's mushroom resembles

a boiled egg before it is fully grown.



The total number of news and features which appeared in Issue 1686 of the Euro Weekly News Costa Blanca South edition, including 55 local stories.



**3. Boleto del Pino (Boletus pinophilus):** This popular mushroom is known for its sweet taste and can be recognised by its white or creamy brown cap and thick stem.

**4. Rebozuelo (Cantharellus cibarius):** This yellow, trumpet shaped 'shroom can be found in woods where pine, chestnut or oak trees grow. It can be eaten raw, but also goes great in stews or with meat dishes.

**5. Seta de Cardo (Pleorutus eryngii):** Considered one of the tastiest mushrooms out there and highly prized in the mushroom community. Studies have suggested that this species may also have therapeutic properties and could help to reduce cholesterol.





# Twenty years for the 'Alicante strangler'

A MAN has been sentenced to a jail term of 20 years after being found guilty of strangling his great aunt.

The courts rejected the man's defence that he'd killed her because she had asked him to do so because of her ongoing illnesses and that she'd died without being able to defend herself.

A jury decided that the accused man Felix Redondo Suarez was guilty of the crimes of murder with treachery, as well as the theft of several items of jewellery and television belonging to the 88-year-old victim.

The events took place back in October last year when it's alleged that the accused man strangled the woman without warning with a wire attached to a lamp. She was sitting in her rocking chair waiting for her great-nephew to bring her breakfast when she was killed. The man then placed a rubbish bag over the corpse and dragged her to one of the bedrooms in the house where he left it on the floor.

Five days later, he turned up at the police station of his own free will to confess to the murder and took the officers to the house where they were greeted with the dead woman at the crime scene.

However, during the trial the accused said that he'd killed his aunt because she

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was suffering so much with

poor health and that she had

to rely on him to do every-

thing for her. The jury dis-

The defence council Luis

Santamaria announced that he

would be appealing the ruling

to the High Court (TSJ) be-

lieving the sentence should

have been reduced to 15 years

because the accused had al-

ways collaborated with the

police from day one and had

always admitted his guilt.

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To the Tardis!

SHE is set to become a household name as one of three new Doctor Who companions. And ex-Hollyoaks star Mandip Gill was understandably thrilled as she said: "I am over the moon to be joining the Doctor Who family. Certain roles seem unattainable and this is one of those, so much so I didn't believe it to be true for the first few weeks!"

The 29-year-old will play new character Yasmin in the Sci-Fi show and is clearly no stranger to celebrations after a series of images of her living it up on party island Ibiza emerged on social media in the wake of the big announcement.

She was pictured at the Ocean Club Champagne Spray Party alongside bikini-clad actress and friend Jennifer Metcalfe, 35, as the pair indulged in a spot of synchronised dancing while knocking back mixed drinks.



OVER THE MOON: Mandip Gill.

CHEEKY: Hiba Abouk.

# Birthday suit!

SHE'S the Spanish actress who made her name playing idealistic teacher Fatima in hit TV series El Principe.

But Hiba Abouk showed she has few hang-ups as she celebrated her 31st birthday by posting a naked photo of herself on Instagram.

Wearing only a baseball cap and with a lit cigarette in her mouth, she captioned the sizzling photo 'Happy birthday to me.'

# Oar-some display

focus

Celeb

SHE'S the ex-Love Island star who famously flashed her boobs at Cheltenham Racecourse. And Katie



And Katie Salmon let it all hang out

again as she paddled topless in Ibiza after slipping into a skimpy black bikini before whipping off her top.

#### Got the boot

SHE'S the ex-desperate Housewives star who recently broke her leg while on holiday in Spain. And Eva Longoria, 44, has been told to wear a leg brace by doctors as she continues her recovery. She was seen sporting the boot-like device at a Los Angeles salon opening where she was joined by Victoria Beckham.

He's a safe pair of hands

HE'S the ex-Real Madrid goalkeeper who became a heartthrob following his heroics with the Spanish national team.

And World Cup winner Iker Casillas, 36, was all smiles as he attended current club Porto's gala evening accompanied by stunning journalist wife Sara Carbonero, 33.

The pair's romance first came to light in 2010, and they had their first child Martin in 2013 before marrying at a secret ceremony in

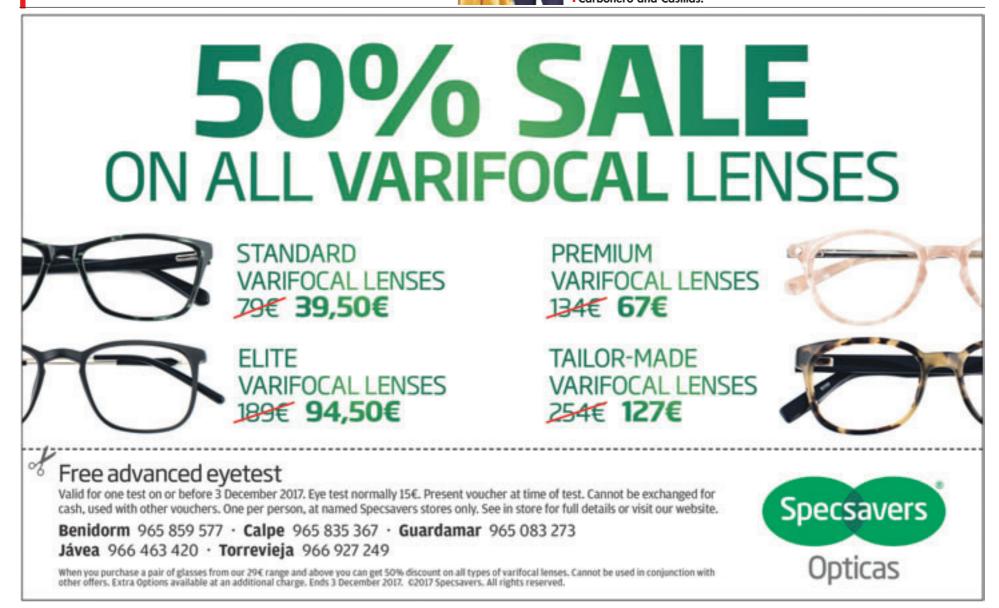
#### Madrid last year.

Abouk/Instagram

The stopper has recently been linked with a move to Premier League sides Liverpool and Newcastle, although the rumours have been scotched by his agent Carlo Cutropia. He told Spanish radio: "Of the crazy

stuff I have seen, this is the craziest. "It is crazy and there is no truth in it."

HANDSOME PAIR: Carbonero and Casillas.



# A nose for money

A POLICE sniffer dog with a nose for money has joined a specialist Guardia Civil unit in Alicante. Floki, a three-year-old German-Belgian shepherd cross, will be working with the team at Alicante-Elche airport and other ports to help detect undeclared cash - often the proceeds of money laundering or drug trafficking.

The money-sniffing mutt was trained at the Guardia Civil's El Pardo facilities in Madrid and he quickly excelled in the detection of bank notes.

Floki will join other specially selected four-legged colleagues in the Alicante dog unit. Four of his canine companions specialise in detecting drugs, four in explosives and one in tobacco.

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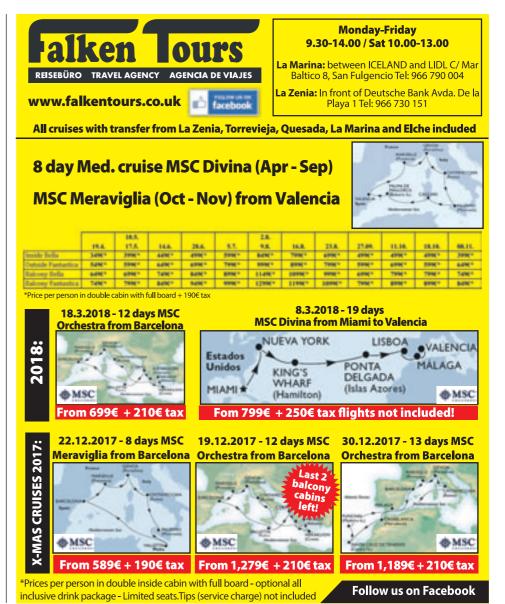
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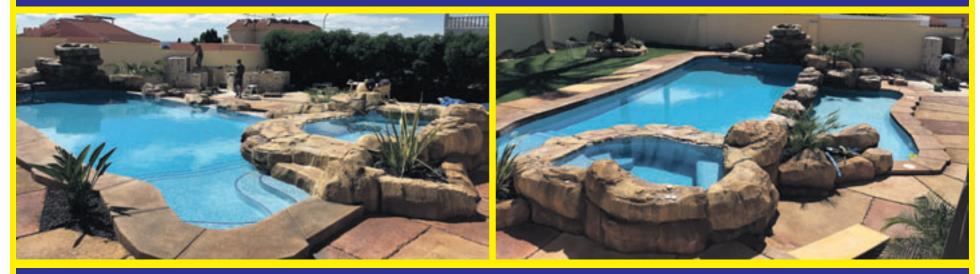
SHOW ME THE MONEY: Floki in action.





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#### University car park fire prevented

QUICK work by firefighters prevented a more serious blaze while attending an incident in Alicante.

Emergency services were called by a security guard after smoke was spotted by a number of students coming from under the bonnet of a car in the University of Alicante car park.

When the fire brigade from nearby San Vincent del Raspeig arrived, they discovered an old rag in the engine blocking the car's alternator. Firefighters issued a warning after the incident that such scenarios are becoming quite common and very high risk to life and property.

They recommend that all drivers should regularly check inside their engines to check that nothing flammable - like a cloth - has been left inside that may lead to obstructing some of the working parts. "If the car had actually caught alight, it would have easily spread to the cars parked alongside in a full parking area."

## OUR VIEW Direct control in place

WHILST it could be very tempting not to return to the Catalan problem, it is the most important piece of recent news to hit Spain.

With article 155 actually in place and most of the Catalan cabinet dismissed, the Public Prosecutor has said that he wishes to charge a number of the politicians with rebellion, sedition and misuse of public funds, which would certainly see them imprisoned if found guilty.

During an interview, Foreign Minister Alfonso Dastis confirmed that a new election for the Catalan Parliament which will be held on December 21 would be managed by a special electoral committee and that assuming former president Carles Puigdemont was eligible (not in jail) then he would be free to stand.

In the meantime, after leaving a recorded message of defiance, Mr Puigdemont reportedly fled to Brussels with members of his former cabinet as they may be offered political asylum by the Belgian Secretary of State for Immigration and Asylum.

Slowly but inexorably, the Madrid government is taking over the running of Cataluña and at the moment only the Catalan Speaker's Committee which is 'standing in' for the dismissed government is immune from prosecution until the December elections.

One unexpected result of article 155 is that Spaniards all over the country have clamoured to buy lottery tickets ending in that number.

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#### NEWS EXTRA

# Elderly victim

AN 84-year-old woman has been seriously injured in an accident after the car she was driving was hit by a truck in the Murcia village of Monteagudo.

## Numbers up

TOURISM from Denmark, Norway, Sweden and Finland has increased by more than 50 per cent in the Murcia region from January to August compared to last year.

### **Clean ways**

ENVIRONMENTAL experts have set themselves a target of the year 2030 to make the Rio Segura clean enough to be able to use the waterway for recreational purposes.

## Quick trips

THE new A-33 stretch of motorway between Blanca and Fuente la Higuera in the Murcia region means the 230 kilometres from Murcia to Valencia can be completed in two hours.

## Tipped out

A 30-YEAR-OLD man was found by the side of the RM-1 motorway in San Javier with his hands and feet tied. He said he'd been kidnapped while taking the rubbish out.

#### **Demo clashes**

A DEMONSTRATION in the centre of Alicante showing support for those that want independence in Cataluña created a certain amount of tension in the Plaza de los Luceros.

### Flower day

FLORISTS throughout Pilar de la Horadada had one of their busiest days yesterday (Wednesday) with two million flowers being used for people visiting their late loved ones. PLANS have been revealed to make the region of Murcia safer in the face of any future flooding. This follows a meeting between a number of local organisations, central and regional government and local municipalities.

They agreed that a major way of bringing the problems of flooding to the attention of more of its citizens

## Future flooding procedures revealed

is to carry out more flood drills and exercises involving every section of the emergency services and civil protection authorities, and a plan of coordination was drawn up.

One of the more immediate actions would be to hold an information seminar to be able to explain how the programme will be put into force and to discuss what is needed to update current operations.

There will also be greater and improved communication between the State Meteorological Agency (AEMET) and the Murcia regional emergency headquarters that receive the 112 calls, so that necessary measures can be taken as far as possible in advance.

Systems and procedures will be put in place to find new ways of ensuring that as many citizens as possible can get this vital information quicker and more clearly.



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## Sacked Catalan leader flees country ernment to explain his actions

and decided against calling re-

gional elections himself, instead

choosing to make a declaration

On Monday, Puigdemont fled

to Belgium with several mem-

bers of his cabinet to allegedly

seek political asylum. Theo

Francken, Belgium's immigra-

tion minister, had previously

suggested it was not "unrealis-

tic" for Puigdemont to be grant-

Hours later, Spain's attorney

general Jose Manuel Maza an-

nounced that he would ask the

Spanish court to bring charges

of rebellion, sedition and the

misuse of public funds against Puigdemont and 13 other mem-

Puigdemont later denied that

he had fled to seek asylum, but

claimed he would not return to

bers of his administration

ed protection.

of independence from Spain.

#### By Kat Ashton

**EX-CATALAN** leader Carles Puigdemont has fled to Belgium after Spanish prosecutors called for him to face charges of rebellion, punishable by up to 30 years in prison.

Following a vote by the Spanish Senate backing the decision to impose direct rule on Madrid, Prime Minister Mariano Rajoy sacked the leader of the Catalan Parliament and dismissed the rest of his cabinet. Rajoy called for regional elections to be held in Cataluña on December 21.

The decision was made following weeks of turmoil after 90 per cent of Catalans allegedly voted in favour of independence during the controversial referendum on October 1.

Puigdemont had refused to appear before the Spanish gov-

ON THE RUN: Carles Puigdemont has fled Spain where he could face a 30-year prison sentence. Spain until he was guaranteed a fair trial. He also declared he would accept the results of the snap regional elections called by Rajoy for December.

Belgium's Prime Minister Charles Michel revealed an asylum request was "absolutely not on the agenda" and claimed the ex-Catalan leader would be treated the same as any other European citizen.





# Requests for dog beach extension

A GROUP of dog owners will be asking the Santa Pola Council to expand the amount of space available on the dedicated dog walking beach.

Since it was opened to the public around 18 months ago, the Caleta dels Gossets in the municipality has seen more than 20,000 owners with their dogs. However, there has been a growing number of complaints about the growing lack of sand - not helped by the series of storms that hit the area during the vear - which has resulted in a series of requests from about 100 dog walkers to extend the area to one of the adjacent coves. This will make the experience for both animals and humans much safer on a beach with more sand.

The amount of dogs, and their owners, that use the



DOG BEACH: Owners want more space.

beach which is fully monitored and subject to regular inspections of microchips has doubled in number during 2017, with numbers in September rising to 16,500 from 7,800.

Frequent visitors to this part of the coast are also demanding more safety measures in the cove where pet dogs are permitted to swim. They are unhappy about the speed of some of the traffic on the nearby road and fear that unless some restrictions are introduced, harm could soon come to more dogs following one being hit in the area this summer. 6

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CANINE CAPERS: Santa Pola dogs might get more space.

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# **Dedication second to none**

#### EXCLUSIVE

ANIMAL welfare is most certainly the top priority of Torrevieja councillor Carmen Morate since her and her Los Verdes party took control of the municipality following the 2015 local elections.

Somehow, she manages to combine her role as International Residents' councillor with her animal responsibilities and even finds time to volunteer at the Torrevieja Animal Shelter during whatever spare time she has, and has done for more than six years

*Euro Weekly News* recently caught up with Carmen in her office in the old Tourist Information Centre following a controversial report on the alleged failings in the organisation of and the conditions at the shelter were reported in the local Spanish and English-speaking press.

She was concerned that the report from the CSIF union, whose sole purpose is to represent the council employees and nothing to do with animal welfare, made a number of accusations that were simply 'exaggerated.'

"They say the people who volunteer



CLARIFICATIONS: Carmen Morate (inset) putting the record straight on animal shelter claims.

there have no formal qualifications or training in handling the animals in their care. This may be because there are no official qualifications available," said Carmen. "However, a number of dog training courses do exist for our volunteers and dog owners to attend from time to time."

The councillor also wanted to clarify the accusation that people not officially working for the municipality had access to personal information of those that were looking to adopt dogs from the shelter. "This is simply not true. People wanting to adopt apply to do so via our website and the dedicated Facebook page and we collate the data. The only 'personal information' that the volunteers have is a telephone contact number and an address we give them to be able to visit them and carry out an initial assessment interview with potential adopters.

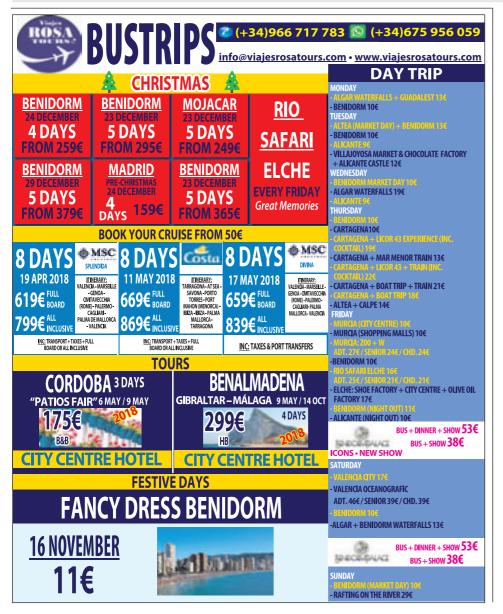
"How else would they be able to do this on our behalf without this information? Without their help in this way, it would be impossible for us to give a new home to the amount of animals we do."

Other accusations stating that there

was no access for people with reduced mobility were challenged by Carmen. "The suggestion was that it was impossible to get around the animal shelter if you were in a wheelchair. This would only affect access to the office which has two steps leading up to it and is so small inside that it wouldn't accommodate mobility equipment in the first place. In any case, anyone arriving at the office entrance can be seen by those on duty and are greeted and spoken with outside the premises."

Since Los Verdes came to power just over two years ago, they have adopted a 'zero putting down' policy of all animals that come into their control, and thus the need for more volunteers and larger premises is necessary. "We have €350,000 available to spend on the refurbishment of the animal shelter to show our commitment to animal welfare in the municipality, and we intend to complete the work next year," said Carmen.

Anyone wishing to adopt a dog or find out more about the work of the Torrevieja Animal Shelter should go to the Facebook page - Concejalía de Protección Animal de Torrevieja.



By Kathy Craven and Jill Mckeown

AS volunteers at the shelter for the last two years we feel it is important that our views and experiences are heard.

Our primary aim and commitment is to provide shelter, warmth, food comfort and human contact for

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of them and eventually working out how to form a sentence, she knew that she had to write a simple book for people like herself. The book, which is NOT grammar based, is set out in a very clear and easy to



Brickbats and bouquets

the dogs and cats in our care. All the volunteers do this tirelessly on a daily basis. The ultimate aim of everyone at the shelter is to rehome as many of the animals as possible.

At no time do we as volunteers have access to anyone's data.

As in many walks of life the brickbats are many and the bouquets few.

Ultimately we need to inspire people of all nationalities to visit the shelter and help in any way that they can.

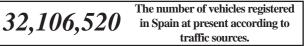
The shelter can be found by accessing the slip road in front of the police station opposite Carrefour. Go past the fire station and turn right.

There is a car park on the right and the shelter is at the very bottom of the road on the left.



We always put the animals first, after all, they didn't ask to be put in the shelter in the first place.

The shelter is open every day until 2pm and 1pm on weekends.



# Do you have investments with a Spanish bank? What succession tax will your heirs pay?

Spanish succession and gift tax is always due on assets located in Spain, whether it is property or Spanish bank accounts and investments. Rates and allowances vary according to who the recipient is, and can be unexpectedly high in some cases.

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# **Beach access to be improved**

COASTAL authorities in conjunction with the Ministry of Agriculture, Fisheries, Food and Environment, are planning to shortly begin a programme of works to improve access points to a beach in Guardamar del Segura.

The popular Campico beach is around 2km south of Guardamar and is separated from a number of urbanisations by the busy dual carriageway of the N-332.

Those affected are La Laguna, Larrosa, Moncayo and Portico Mediterráneo.

Residents associations representing people living on the urbanisations have repeatedly demanded that their access is improved, despite a



SAND MEN: The new footpath being laid.

footbridge crossing the N-332 that has been in place since 2010.

Their complaints are that they still have to navigate a further 600 metres to reach the beach itself which is made up of a path through the pine forest and sand dunes with rocks, that makes it difficult for beachgoers and particularly those with mobility issues.

The new works will include a construction of another footbridge connecting to the existing one that will cross the intervening dunes and lead directly to the beach and will take three months to complete.

The budget allocated amounts to €257,533.

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## 200 marihuana plants... and more

OFFICERS of the National Police have arrested a total of 15 people in a series of anti-drug raids. They were carried out in a total of five homes in Murcia and La Manga del Mar Menor where 200 marihuana plants, five firearms and over €7,000 in cash were discovered. There were also quantities of hashish already placed in small packets ready to be sold on. According to police sources, the raids were carried out on private homes in the village of Espinardo and on Calles La Gloria and Río Mundo in Murcia. They also found items in a house in La Manga and in a cannabis smoking club located on Avenida Mariano de Rojas.

The plants were found growing in a special area under a house in Calle Río Mundo.



#### NEWS EXTRA

#### Firearms found

LOCAL POLICE in Callosa de Segura have found a case containing two guns and ammunition. They are in the process of checking the contents to see whether they have been used illegally.

### Cheap deal

ORIHUELA will be saving 10 per cent on the fuel that they buy for cleaning and rubbish collection vehicles. The new contract provides for a maximum expenditure of €874,227 per year.

#### **New starts**

THE opening of the new Leroy Merlin in the Montevida commercial area will involve the creation of more than 120 jobs.

The company has invested  $\notin$  20 million in the project.

#### Health kick

IN an initiative promoted by Orihiuela's health department, Almoradí has hosted a 'Taking Control of Your Health' workshop which is aimed at patients to help them seek healthier lifestyles.

#### Speed delay

PASSENGERS were left waiting for almost an hour after a strike by maintenance staff caused a delay to one of the AVE high-speed trains from Madrid to Alicante.

#### Slim lesson

THE Mare Nostrum Institute in Torrevieja has organised a conference in which proposals have been made to tackle the growing issue of childhood obesity in the municipality.



# **DELLER** HEREDIA

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# Non-resident tax in Spain: Income tax form

**Every year before December 31st all non-residents in Spain must complete a non-resident income tax form** 

#### So who does this tax apply to?

This applies to anybody who is not legally a resident in Spain, but who has assets such as property in Spain, income from rental of property, income from bank deposits when applicable, royalties from intellectual property, etc...

#### What do I need to do?

You will need to fill out a 210 form with all of your personal details, bank account number, and the details of any assets you have in Spain. If there is one or more owner of your property, each owner must complete their own tax form.

You will require the following information:

• Address of your Spanish property, and your address in your country of residence.

- The date of purchase of the property.
- The valor catastral of your property.
- Name, date and place of birth and tax number of each owner of the property.

• Any other information regarding the above mentioned items of income.



#### What happens if I don't do a tax return?

When you sell your Spanish property, 3% of the sale value will be automatically withheld by the tax office. In most cases the 3% sales value will be more than the capital gains tax due, so you may be able claim back a substantial amount. This process is slow and if you have not summited your annual tax returns, the process will become much slower. What's more the tax office may subject you to fines for not presenting your annual tax returns or for late submission.

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#### NEWS EXTRA

## Water increase

AFTER closing in 2016 with €44,549 of losses, €100,000 will now be invested to raise the levels of water from the Algorós wastewater treatment to reach Torrellano, Saladas and Valverde.

#### Home attack

THREE people have been found guilty in Elche for stealing €12,000 from a greengrocer after beating him up and tying up his wife in their home.

#### **Doctor stress**

ACCORDING to a report, 70 per cent of resident physicians in Elche have reported suffering from stress and 40 per cent from harassment during the course of their work. MAYOR of Cartagena, Ana Belén Castejón, has announced on behalf of the city council the approval of a detailed study into a 150-room hotel on the edge of the Mar Menor.

The planned hotel in Los Urrutias will have a capacity for 400 guests and will be aimed at increasing the number of tourists able to take advantage of what the Mar Menor can offer, both in nautical activities and the delights of the local gastronomy.

The idea is for the hotel to open in the spring of 2019.

This project has very much been 'the baby' of the mayor who appropriately has just returned to office after having her second child in the middle of September. She has been committed to making the idea a reality since the beginning of this year as part of a redevelopment programme to restore the southern coast of the Mar Menor.

The project has been promoted by the company Profusa and has made an agreement with the British group Neilson to build the hotel complex at



#### HOTEL PROJECT: Second-time mother Ana Belén Castejón (inset).

an estimated investment of €15m. The company already has extensive experience in the holiday sector focusing on nature and sports tourism throughout Europe with facilities in Sardinia, France, Croatia, Greece, Italy, Austria and Andorra.

**Two local mayor's** 

babies are born

Once approved, the works are planned to last for 12 months and the idea is to offer a location for people interested in making trips to the Mar Menor outside of the peak summer season, and not offer the increasing amount of all-inclusive deals.

#### Buried car shock for builders

BUILDERS carrying out excavating work were taken totally by surprise when a rather unusual item was found in a block of cement on the site planned for the new Playas de Orihuela School.

Embedded in the cement were the remains of a car that had been there for what appeared to be some length of time. The workers called the Local Police who in turn alerted the Guardia Civil who are now leading the investigation into this strange and shocking discovery.

Among the remains was a British number plate and all were taken to a Guardia Civil location by a tow truck where further forensic tests will be undertaken along with a check for any signs of human remains; a standard procedure in such cases. There are no indications as to how long the vehicle had been buried or as to how it came to be there in the first place.





# Recycling champs get green award

THE city of Pilar de la Horadada has been given a special award to acknowledge the commitment of their citizens and businesses to recycling glass.

They have been awarded

the 'Iglu Verde' (Green Igloo) based on the shape of the popular bins used for a number of recycling schemes but especially where people are encouraged to dump glass prod-

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al.: 965 02 16 51 / 622 806 295 societylawandtitle w offices in Villamartin Los Dolses Local number 130 ucts. The prize has been give en to El Pilar for recycling 11 per cent more glass than last year

Ecovidrio - the company running the recycling plan and responsible for the management of such waste in Spain - has managed to recycle 264 tons of glass during the summer in El Pilar, and the local mayor Ignacio Ramos together with Environment councillor Antonio Escudero have expressed their satisfaction at the figures. They have been at the forefront of encouraging their local citizens to participate in the recycling schemes and it has borne fruit.

The catering industry in the area has been a major contributor to the success of this initiative with more than 100 establishments collaborating and being responsible for more than 50 per cent of the glass collected. The summer months, when these businesses are at their



GREEN IGLOOS: El Pilar showing the way on recycling.

busiest, account for 30 per cent of the total recycled glass collected throughout the year.

During 2016, the citizens of Pilar de la Horadada recycled a total of 538,470 kilos of glass which averages out at 25.2 kilos per inhabitant, distributed across 134 green igloos.

Across Spain, the plan has the participation of 80 coastal municipalities with more than 6,300 establishments which so far has managed to recycle almost 28,000 tons of glass.

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#### NEWS EXTRA Hidden history

THE Orihuela Castle Association has complained that local water authorities have covered up a number of historical remains from the 14th and 15th centuries that are in the River Segura.

#### **Road change**

BENEJÚZAR has made some changes to the traffic flow in the centre of the municipality, and in particular to the area of El Calvario, after requests from residents.

#### Extra pay

POLICE and firefighters in Cartagena will receive € 1,000,000 more in overtime payments until the end of the year to cover events that may otherwise not be attended by them.



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# New season for salt production

AS the summer ends, it's the beginning of the so-called salt harvest! The regional salt flats in San Pedro have begun this year's collection of salt during which it's estimated to reach 100,000 tons.

A combination of manmade technology and the wonders of nature enable the waters around the Mar Menor to produce tons of salt for transporting all around the country and across the world.

Around 60 per cent is packaged into 25kg bags for the industrial food market, 25 per cent is put into one or two kilo bags for sale in supermarkets, while the rest is made up of the big bags of



2,000kgs mainly used for son o

spreading along the highways in cold weather. Natural Environment director Consuelo Rosauro was present as the new sea-

€164m was paid in speeding fines last year according to traffic authorities.

son of salt production got underway and said: "The work of many people working in the local salt industry has helped to configure the landscape not only for industry but into a paradise for water birds and other species that live in these natural spaces."



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<b>● 5 days - 11€</b>	<b>◎ 11 days - 20€</b>	<b>● 17 days - 26</b> €	<b>0 23 days - 32€</b>	<b>○ 29 days - 38</b> €
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#### NEWS EXTRA

PEOPLE close to the

University of Murcia

have complained about

the noise made and rub-

bish left by a number of

students near their

homes as a new year be-

Safe and well

**ORIHUELA** police have

announced that the

missing 28-year-old man

from Almoradí who

missed a family function

was located in Valencia and is in good health al-

though feeling disorien-

A 42-YEAR-OLD man was

taken to hospital after an

accident at work. He suf-

fered from a head injury

and dislocated a shoulder

in the Cox food company.

Cox injury

**Student** 

noises

gins.

tated.

## Councils to pay €15m for rubbish project

FORMAL authorisation has now been given for the refurbishment of the rubbish processing plant in Elche and work is due to begin in January.

Ten municipalities in the Alicante Province that are part of the waste consortium of Baix Vinalopó had already given their blessing in principle to the modernisation of the plant, but the decision taken recently was the formal green light for the project that will cost €15m. The local councils will need to start con-

tributing from their budgets from 2019 when the project is expected to be completed after 12 months unless there are no unforeseen delays, and for many of them will mean an increase of around 50 per cent to



NO MORE ODOURS: Councillor Héctor Díez (inset) announces rubbish plant improvements.

> their current budget for waste management. Currently, the Elche waste plant receives around 135,000 tons of rubbish per year, of which 80,000 tons of that comes from the municipality of Elche itself. Hence, they

will be responsible for the highest financial contribution to the reformation to the building located in the Sierra dels Cremats, Saladas part of the city.

As explained by the councillor for Cleaning and Maintenance, Héctor Díez, the improvements to the plant will mainly consist of improving the system for recovering waste throughout the province and sending less rubbish to the landfill sites. Another advantage that will

recognise the many concerns over a number of years is that the impact of smells on the environment will be minimised, and not just during the heat of the summer months; all the waste management will be carried out in watertight compartments.

THE number of people unemployed in Alicante has fallen by more than 20,000 during the summer months and now stands at a rate of 16.22 per cent.

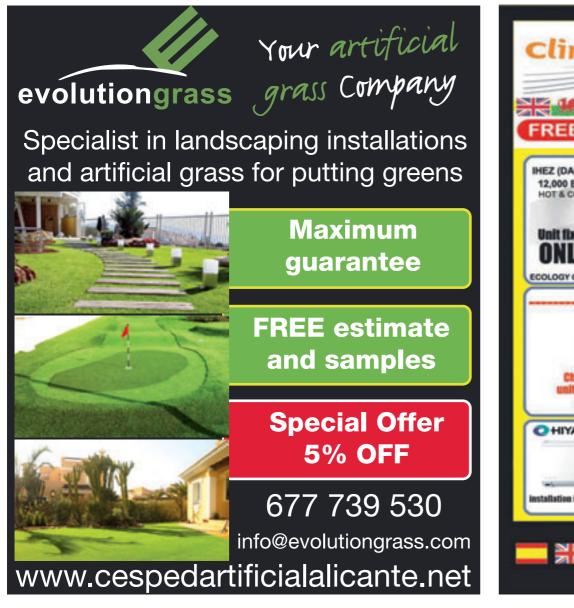
Across Spain, the unemployment rate has now dropped to 16.38 per cent from the high levels of 25 per cent at the start of the economic crisis in 2008. Unemployment down... employment up

Between July and September, very positive figures were shown for the labour market in the Alicante Province with both lower unemployment and growing employment in virtually all the sectors. The total number of unemployed

now stands at 146,800 and 2 per cent lower than the previous second quarter of the year.

Data published by the Spanish National Institute of Statistics (NIE) showed the total number of people in work in Alicante was 758,200 at the end of September, with the growth being in no small way due to the increase in the numbers of those employed in the service sector. The only downside was those employed in agriculture which fell by almost 1,500. WE DON'T WORK 9 - 5 WE WORK START TILL FINISH

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26/3/2020	Alotau, Papua New Guinea	07:00	19:00
24/3/2020	Cairns, Australia	08:00	18:00
21/3/2020	Numea, New Caledonia	07:00	17:00
20/3/2020	Ile Des Pins, New Caledonia	09:00	18:00
17/3/2020	Wollongong, Australia	08:00	18:00
16/3/2020	Sidney, Australia	08:00	18:00
14/3/2020	Hobart/Tasmania, Australia	07:00	19:00
11/3/2020	Cruising Milford Sound, New Zealand	-	-
10/3/2020	Wellington, New Zealand	07:00	14:00
9/3/2020	Napier, New Zealand	10:00	17:00
8/3/2020	Tauranga, New Zealand	08:00	18:30
7/3/2020	Auckland, New Zealand	09:00	21:00
2/3/2020	Aiutaki, Cook Islands	08:00	17:00
1/3/2020	Rarotonga, Cook Islands	08:00	18:00
2728.2.2020	Papeete, Tahiti	08:00	18:00
24/2/2020	Bounty Bay Passage, Pitcairn	-	-
21/2/2020	Hanga Roa/Rapa Nui, Chile	09:00	18:00
1516.2.2020	Callao, Peru	08:00	18:00
13/2/2020	Arica, Chile	08:00	18:00
910.2.2020	Valparaiso, Chile	08:00	18:00
7/2/2020	Puerto Montt, Chile	08:00	18:00
4/2/2020	Punta Arenas, Chile	08:00	18:00
1.1-2.1.2020	Ushuaia, Argentina	08:00	18:00
29/1/2020	Puerto Madryn, Argentina	09:00	18:00
27/1/2020	Montevideo, Uruguay	08:00	17:00
2526.1.2020	Buenos Aires, Argentina	08:00	17:00
2122.1.2020	Rio de Janeiro, Brazil	08:00	18:00
19/1/2020	Salvador de Bahía , Brazil	08:00	17:00
14/1/2020	Mindelo, Cape Verde Islands	08:00	18:00
11/1/2020	Funchal, Portugal	08:00	17:00
7/1/2020 9/1/2020	Barcelona, Spain Lisbon, Portugal	12:00	18:00 19:00
7/1/2020	Percelana Casia	arrivar	10.00



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# Three new arrivals... the first of the year

IT'S taken almost 10 months into the year, but the first set of triplets of 2017 in the University Hospital of Elche has arrived. The happy event took place on Monday October 16 and two boys and a girl were born three minutes apart.

The mother, 28-year-old Inmaculada Sánchez from Orihuela, had her children in the 33rd week of her pregnancy via a caesarean section procedure assisted by doctors Carlos Ortolá and Eva Rodríguez and matrons Asunción Casanova and Ascensión Garrido.

Ismael was first to arrive weighing in at 1.9k; Alexander was next at 1.65k and finally, the girl, Rocío, the smallest weighing 1.64k.



INTENSIVE: Three new lives getting the best of care.

After being born, all three were taken to the Neonatal Intensive Care Unit where they continue to develop.

The mother and her husband were said by hospital authorities to be well and delighted with their new ar-

rivals.

The University Hospital of Elche is the main centre for multiple births in the area and cover Orihuela, Torrevieja and Torrevieja, Vinalopó as neonatal units aren't available elsewhere.



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## 'No More Cold British Winters' - Client Testimonial

Edward and Ann can look forward to escaping the UK's cold, wet winters, thanks to HomeEspaña helping them find their perfect home in the sunny Costa Blanca. The retired couple from Bristol completed the purchase of their two-bedroom townhouse in Orihuela Costa in August 2017, after reserving it during a viewing trip a few months prior. They agreed to a purchase price of €175,000, which included furniture.

"We came out and stayed in Torrevieja for a couple of weeks in May 2017," said Edward. "We were fairly open-minded and must have seen around 20 properties up and down the Costa Blanca, including as far north as Dénia. We saw an equal number of resales and new-build properties but we decided we preferred resale homes, as they felt more individual." The couple's townhouse is part of a small community in the popular resort of Cabo Roig, near Cala Capitán beach.

"The property we bought was actually the third one that HomeEspaña showed us. They were really helpful during our viewings, offering us info when we requested it without ever pushing us. Then they assisted during the purchase, maintaining contact with us throughout the 12-week process and beyond."

Added Edward: "HomeEspaña's on-going assistance and support since completion really has stood out. For example, they've helped us find an electrician to upgrade our electrics, someone to clear away stuff for us as well as a builder who has turned out to be top-notch." Another satisfied customer testimonial - At HomeEspaña we pride ourselves on our unrivalled customer and aftersales service. Get your property listed with us today. Visit our website, call us or email us on: sales@homeespana.co.uk



#### NEWS EXTRA

#### Clean car boost

THE recent plenary of the Orihuela Council has approved a subsidy of between 25 and 75 per cent for those that use electric cars to reduce emissions levels.

## Building on

TORREVIEJA Council has given the go-ahead for the first licences for the building of 1,300 houses on La Coronelita. The reclassification of land allows such building after 16 years.

#### Fighting back

HOTELS throughout the Alicante Province have launched discounts of up to 35 per cent to protect bookings due to the resurgence of holidays to Tunisia and Turkey.

# Advice for dealing with terrorist attacks

TORREVIEJA'S police and traffic department in collaboration with the local Guardia Civil has produced a detailed document that gives the population instructions on how to react in case of terrorist attack. The city's mayor, José Manuel Dolón, said: "These are clear and simple instructions that can save lives before members of the security forces arrive at the scene of any attack."

The instructions, complete with illustrations, have been distributed among the areas of high population and are an adaption of those that were circulated in Paris by the French government following terrorist incidents there in November last year. Mayor Dolón continued: "The purpose of these instructions is to keep our citizens informed and to make them aware that terrorism is a reality and that they must not allow it to change their way of life."



IN CASE OF ATTACK: 'Clear and simple instructions' issued by Torrevieja.

In the document, citizens are advised to get away from the danger zone as soon as possible, to help others escape from the scene if it's practical and safe to do so, to hide away and avoid being exposed in popular public areas, and to warn others from entering the area.

Other advice includes locking themselves behind doors if they're unable to escape from the scene and turn off lights and their mobile phones. If people close to the scene are approached by members of the security forces they should raise and open their hands. Finally, anyone that has been rescued by the police should call 112 or contact the Guardia Civil through the Alertcops APP and follow the instructions that will include being asked not to share any details about the security operation or to use social media to spread unverified information.

## Old buildings to get new look

CARTAGENA City Council has signed an agreement that will see €800,000 allocated to the remodelling of old houses in the area.

More than 150 homes will qualify to be part of the scheme of subsidies agreed between the council and the Areas of Regeneration and Urban Rehabilitation (ARRU) programme of the regional development ministry.

Up until now, the programme of redevelopment was restricted to buildings in the old parts of town, but the council has now requested the scope of work be extended into the area around Calle Jorge Juan and includes the historic centre of The Ensanche.

It's predicted that 155 dwellings can be remodelled with an estimated total cost of €871,428.57.



# Guardia barracks to get life saving devices



DEFIBRILLATORS: Are to be installed in barracks headquarters.

GUARDIA CIVIL has approved the installation of semiautomatic defibrillators in nine of their barracks headquarters in the Comunidad Valenciana.

In making the announcement, the government delegate in Valencia Juan Carlos Moragues said that the use of such devices increase chances of recovery by 70 per cent and one of the machines had already been used and had saved the life of someone passing by the Guardia Civil HQ in Torrevieja.

He took the opportunity to thank the two officers who acted quickly on that occasion and who were present at this event.

Moragues also confirmed that "...in Spain alone, more than 30,000 people die due to heart issues each year. The use of these defibrillators can only help to reduce that number."

The nine locations to benefit from the installations are Benimaclet, Patraix, Malvarrosa, Alicante, Castellón, Torrevieja, Paiporta, Calpe and Burriana, and is the second autonomous community behind Cataluña to develop this initiative.







ARRESTED: The suspect is taken away.

### Killer father arrested

ONE of the most wanted men in Germany has been arrested in the north of Spain.

A huge international police manhunt swung into action after the body of the man's two-year-old daughter was found dead in the family home in Hamburg, Germany.

It was feared the man had left the country and an international search order was issued.

Spain's National Police traced the man, a 33-year-old of Pakistani origin, and arrested him in Gipuzkoa (San Sebastián) in the Basque Country.

The man had sought refuge at the home of a friend.

He will now face extradition back to Germany. **Basque leaders held** 

#### By Kat Ashton

TWO of the last remaining leaders of the Basque terrorist organisation ETA to be at large have been detained in Berlin.

It comes after a joint operation between the Spanish and German police.

The arrest of the Basque organisation members was granted by a European arrest warrant and, after locating them in the German capital, officers launched operation 'Exodus' to bring the convicts in.

Mikel Barrios Santamaria, aged 29, was wanted for being involved in a group that allegedly committed several attacks in his hometown of Pamplona in 2007. He fled to France in 2008 but was arrested a year later.

However, while waiting to stand trial he managed to escape again and lived in hiding in Berlin.

The other detainee, Iñigo Gulina Tirapu, was accused of committing acts of vandalism and violence between 2004 and 2007.

He was initially arrested but later released from prison after paying a



BERLIN ARRESTS: Mikel Barrios Santamaria (bottom right) and Iñigo Gulina Tirapu (top right).

bail of €6,000. He then disappeared to Germany and failed to show up for his second trial in 2013.

The German police do not believe the men were involved in a cover-up operation, stressing that it was easy for them to remain in hiding in Germany without many resources or a network of contacts.

Both the accused will remain locked up in Berlin before they are extradited to Spain to face trial.



HORSE HOBBLING: Police say "The old traditions must be stopped."

## Horse hobbling ban enforced

GUARDIA CIVIL officers are clamping down on the mistreatment of horses in Spain and horse hobbling in particular.

Horse hobbling is the practice of tethering one of more legs to allow a horse to graze and move short and slow distances, yet prevent the horse from running off too far. But frequently the tethers can tighten around the limb and cause injury.

Legislation outlawing the practice in Spain was introduced in 2015 with fines of up to €10,000 for first-time offenders. Repeat offenders face a life-time ban from keeping horses. The Guardia Civil's environmental branch, Seprona, is now appealing for the public to contact them by calling 062 if they see cases of horses being mistreated.



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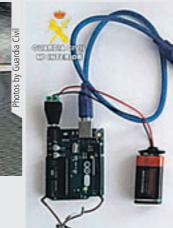
A BURGLAR has been arrested on suspicion of raiding 50 Spanish hotel rooms in the popular tourist hotspots of Ibiza, Mallorca and Barcelona.

The 24-year-old allegedly used a combination of fake home-made key cards and electronic locks to break into rooms to steal laptops, watches and mobile phones whilst holidaymakers were out.

He even escaped capture after being caught red-handed by hotel staff in Magaluf.

But officers later apprehended the suspect, and linked the items he allegedly stole with reported thefts in Palma, Magaluf and





He has been charged

**CRAFTY: The home-made** device he used to break into hotel rooms.

## **Baby dies after fall**

with 50 thefts, but the in-

vestigation is ongoing.

**BRAZEN:** The thief

strolls into a hotel.

Barcelona.

A 22-MONTH-OLD baby has died in hospital after falling from a third floor window while his father slept in the city of Badajoz in Extremadura.

Emergency services found the toddler lying in the street in the San Roque district after being alerted by a neighbour.

When firemen entered the building, via the

window, they found the father asleep on the sofa and unaware of the accident

The mother was out looking for work.

An ambulance rushed the baby to the Hospital Materno Infantil de Badajoz where he succumbed to his injuries

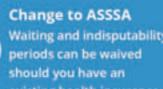
National Police have arrested the 40-year-old man and charged him with severe recklessness.





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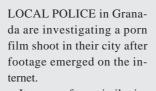
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Urb. La Marina



It comes after a similar incident on the streets of Sevilla when two naked actresses cavorted in the back of a horse-drawn carriage in broad daylight in a public place, as previously reported in the Euro Weekly News.

Having looked at the footage the Granada police are now deciding if a crime

## **Porn again**

Police probe second shoot



PUBLIC SHOW: But was it a crime?

has been committed.

The film revolves around a young woman from Granada and the visit of two Catalan friends to the Andalucian city.

> Local Police have confirmed that no permit was issued to film in the city and they are considering public order and exhibitionism offences.

# Mum complained to doctors FOUR times

A 38-YEAR-OLD woman from Malaga was sent away by her GP four times when she complained about "unbearable" pains in her back and stomach.

Her husband revealed to local media sources that doctors had just advised her to go on a diet to lose weight, and she was sent home on four separate occasions without doing any tests.

During her previous visits to the emergency room, the

€7.12bn

woman had been diagnosed with lower back pain, but on her fifth and final trip she discovered she was pregnant with twins and in labour.

The two girls were reportedly born in good health but their mother remains in intensive care due to complications she suffered during childbirth.

The woman had also discovered a lump on the lower part of her body, but the doctors initially diagnosed

The amount generated in the Costa del Sol

by tourism in 2017, according to official

sources in Malaga

was rushed to the emergency room for the final time. They performed several tests anyway and discovered that she was pregnant with twins and had gone into labour.

this as an abscess when she

Her husband is now suing the hospital for medical malpractice, and claimed that if he had not taken his wife to the hospital on the final occasion, then his wife and daughters could have died.

The mother, who suffered a blood clot in her head while giving birth, had in-

formed doctors she had not had a period for four months but they had told her she wasn't capable of getting pregnant because of her weight.

The husband said his wife had always dreamed of being a mother and criticised the doctors for depriving his pregnant wife of the treatment she needed which could have prevented the complications from arising during birth.

The Andalucian authorities also announced they would open an investigation into the matter.

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# Worse for wear

## Boozy Britons destroy hotel room

A GROUP of British men on holiday in Benidorm have posted a shocking video of some of their drunken exploits on social media.

The four from West Lothian in Scotland were thrown out of their hotel after being filmed swinging from a curtain rail, riding naked in a lift and throwing items from their balcony.

Callum Millar, Stuart Morajda, Jordyn Gill and Scott Cull went on a lads' holiday to the Costa Blanca but Scott returned home after just 16 hours in Benidorm.

Millar, 23, shared footage of his best friend Morajda, 21, on social media showing him swinging from a curtain rail, which snaps off the wall and he falls to the floor.

One the last day of their holiday the lads group were thrown out of the hotel after

SMASHED: Morajda and curtain rail.

Jordyn Gill, 25, allegedly threw belongings from the balcony. easyJet refused them boarding on their return flight to the UK after some of the group were rowdy and shouting. They had to book alterna-

- tive flights home with Flybe e at a cost of £450.

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#### By Matt Ford

A HOLIDAYMAKER from Liverpool who almost died after being bitten by sandflies on the Costa del Sol is on the road to recovery.

It comes in the wake of a two-year battle during which doctors were unable to diagnose what was causing 46year-old Mark Russell's muscles to waste away, with kidney stones blamed at one point.

But the father-of-one had in fact contracted a blood disease normally confined to the tropics during a 2014 Malaga break with wife Yvette and their 16-year-old son.

In an interview with local media he said: "Everyday, I didn't know what was going on and neither did the consultants.

"I had to be so strong - sometimes I thought I was going to die. I was weeing into a pot as I couldn't get out of bed, I was that weak.

"It's the worst nightmare imaginable, I wouldn't wish this on my biggest enemy."

Having lost more than three stone in weight and being forced to spend months off work, he was cured after being transferred from Arrowe Park Hospital near his home on the Wirral,

**2.5***m* hectares of land is at present dedicated to olive farming throughout Spain.

Holiday horror

## Insect bite sparks two-year battle for life of British dad

Merseyside, to the Royal Liverpool University Hospital.

Once there, experts from Liverpool University's School of Tropical Medicine were able to identify the cause of the funeral care worker's illness as visceral leishmaniasis, a potentially life-threatening condition caused by a parasite.

Nick Beeching, a senior lecturer at the Liverpool School of Tropical Medicine, said: "Mark developed a prolonged fever and became very anaemic.

"Eventually, he was diagnosed and we looked at it under the microscope and could see the parasites causing the fever.

"We started Mark on a toxic treatment. He tolerated that okay but, soon after, he had a relapse - so we gave him a longer course of treatment which was very successful.

> "He now looks a different man, he's put the



'I ALMOST DIED': Mark and wife Yvette.

weight back on and has regained his energy."

The affliction is mainly confined to the tropics but there are occasional cases in the Mediterranean, and if untreated can be lethal.

Mark added: "I was off work for six months and it took two years to get me back to full fitness.

"I suffered a lot of muscle wastage and looked like someone with cancer.

"And the emotional side was very tough - I didn't know what was going to happen to me.

"It's been a long road to get that parasitic disease out of my system."

## Fatal copter crash

A PILOT has been killed after crashing his helicopter in Huelva.

Emergency services in Villablanca were called to the site and confirmed they found the body of an unidentified man.

Due to the mangled state of the helicopter it has been difficult for investigators to ascertain who it belongs to.

The Guardia Civil are investigating whether there were more passengers, and why it was being used at a prohibited time of the day due to adverse light conditions.



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#### NATIONAL www.euroweeklynews.com

A SPANISH museum has made it into the top 10 in the world as voted for by TripAdvisor users.

The Prado Museum in Madrid has been recognised as the best in Spain, the fourth best in Europe and ninth in the world.

New York's Metropolitan Museum of Art was named number one in the Travellers' Choice awards for Museums in the World, securing the position for the third year in a row.

The winners were determined using an algorithm that takes into account the quantity and quality of comments for the world's museums for a year.

In the latest edition of the awards, the Metropolitan Museum of Art of New York was declared best in the world, and the Museum of Orsay in Paris, as the best in Europe according to users.

In total 10 Spanish museums have received awards, three of them at European level and one among the 10 best in the world.

The Thyssen-Bornemisza Museum in Madrid has been awarded the 18th in Europe and second at the national level.

While the Guggenheim Museum in Bilbao has been awarded the 22nd position in Europe and third in Spain.

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# **One of the best!**

Spanish museum makes 🚽 global Top 10



TOP TEN: The Prado Museum, Madrid.

#### Top 10 Museums in the World 1. The Metropolitan Museum of Art, New York, USA 2. The National WWII Museum, New Orleans, USA

3. Musee d'Orsay, Paris, France 4. The Art Institute of Chicago, Chicago, USA 5. State Hermitage Museum and Winter Palace, St Petersburg, Russia 6. The National 9/11 Memorial and Museum, New York, USA 7. National Museum of Anthropology, Mexico City, Mexico 8. Acropolis Museum, Athens, Greece 9. Prado National Museum, Madrid, Spain 10. Victoria and Albert Museum, London, United Kingdom Top 10 Museums in Spain 1. Museo Nacional del Prado, Madrid 2. Museo Thyssen-Bornemisza, Madrid 3. Museo Guggenheim, Bilbao 4. Ciudad de las Artes y las Ciencias, Valencia 5. Museo Nacional Centro de Arte Reina Sofía, Madrid 6. Museo Sorolla, Madrid 7. Museu Nacional d'Art de Cataluña -MNAC, Barcelona 8. Museo Picasso, Barcelona

9. Teatro-Museo Dalí, Figueres 10. Museo Arqueológico Nacional, Madrid

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## A fine kettle of fish

**OUESADA FISH & CHIPS** Restaurant had a full house for their charity event, with Woody providing the entertainment.

This charity night was arranged to raise funds for Stroke Association Spain and their new premises at the Cultural Centre in Benijofar. Although well equipped, they need more machines and appliances to cope with the extra demands. A total of €1,243 was raised and donated.

The organisers are taking a break during November, but tickets for the next event are already on sale and going fast. This will be a Christmas Party night, with extra goodies, and the very popular Johnny Scott



#### SUCCESS: Paul and Pat Owen of SAS (left) accept the cheque from Tony & Diane Crowson (right).

will provide the entertainment. The party will be held on Tuesday December 12, and tickets, priced at €15, can be bought from: Quesada Fish & Chips, The Post Room Benijofar, The Card Place in Benimar and REDZ cafe bar in Quesada.

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# New research into a terrible condition

has the mission of providing multidiscipli-

This news means that there will be more

help and assistance for those affected with

Butterfly Skin in Spain and there is the pos-

sibility that new treatments and even a cure

An official ceremony at the La Paz Chil-

dren's Hospital in Madrid formally an-

nounced this news in the presence of health

specialists, Princess Elena of Spain, Nieves

Montero an architect from Marbella who is

President of the Spanish Association of EB

Debra-Butterfly Children Charity alongside

nary team care.

may be found in time.

RARE, incurable conditions are often overlooked by medical research in favour of those diseases which claim large numbers of victims.

It is not a matter of health specialists being uncaring but there is only so much money available although now some of it will be spent on studying Butterfly Skin (Epidermolysis bullosa) which affects children giving them extremely fragile skin which blisters and bleeds.

Even the simplest of activities can be extremely painful and the children often have to be heavily bandaged and cannot live a normal life of rough and tumble.

Little is known about the cause or treatment of the disease, but parents of sufferers are delighted that the Ministry of Health. Social Services and Equality has sanctioned the La Paz University Hospital, Madrid, Sant Joan de Déu-Clinic Hospital, Barcelona in collaboration with the Provincial Hospital Clinic of Barcelona to introduce the first Reference Centres for Epidermolysis bullosa (EB) in Spain

A Reference Centre is a health centre that dedicates its work fundamentally to the care of certain recognised conditions and



PRINCESS ELENA of Spain (left) with an affected child and mother.

sufferers and their families.

Princess Elena in her role as project Director of the Mapfre Foundation has been collaborating with the charity via the 'Donate a Euro' campaign involving more than 4,600 employees of Mapfre to help raise much-needed funds.

It is believed that the establishment of these reference centres will not only help to highlight the needs of the children, but will also lead in the long term to an extension of knowledge in how to treat the condition and bring some relief to those who suffer from its awful effects.

Funding and

safely and securely in a

investment of the plans are held

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BBVA, HSBC and Santander. These

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Could they cope with paperwork and legalities? Would they know who to contact in the first place? Could they cope with the language? Would funds be readily available?

in the answer to any of the above is no then you should seriously be thinking of a suitable alternative. "Peace of Mind" for life's final event is a pre-paid plan from Iberian Funeral Plans. With prices fixed at the date of purchase, no VAT and interest free instalments - Life just got instalments - Life just got

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BREAST CANCER AWARENESS: An amazing €3,353.78 was raised on the day.

# Maria and the Pink Ladies and Panthers

THE fifth AECC, Maria and the Pink Ladies and Panthers balloon release to mark breast cancer awareness month was a resounding success.

An amazing €3,353.78 was raised on the day! This year was the fourth of five balloon races, kindly hosted by Zenia Boulevard, huge supporters of the AECC. It's impossible to put a number on how many people attend this event each year as it is a massive amount.

The Pink Ladies and Panthers set up at 10am when the Boulevard opened, the entertainment started at midday and carried on through to 6.30pm when the balloons were released to a rendition of *Time to Say Goodbye*, sang by Stevie Spit, Kylie Burgazzi, Verity Jo Hall and Maria O'Hara.

The release of balloons is the biggest attraction of the day as it is highly emotional for many people, the stage area and upstairs galleries were brimming with spectators. Each year we



BALLOON RELEASE: Was a resounding success.

estimate there are around 2,000 balloons released which creates an amazing sight. The flowing crowds were entertained all day by the likes of Nikki G, Lady Jazz, Totally Dance School, Maria O'Hara and Kylie.

Stevie Spit presented the show and the whole day was supported by Simon Morton and Sunshine FM. Each entertainer happily gives up their time to perform to the crowds, free of charge, something the charity is always extremely grateful for. All the money raised on the day was from people buying a helium filled pink balloon and attaching a card to it with a message to a loved one who may have lost their battle to cancer. The message which is found the furthest away will receive a prize of  $100 \\ mathcar{l}$  and  $20 \\ mathcar{l}$  for the person who sends in the message.

Maria would like to thank everyone involved from the artists to all her volunteers and every person that donated.

## **Age Concern needs YOU**

THE Costa Blanca Sur Age Concern branch is here to help you. Its aim is to assist with problem solving for the over 50's and promote their well-being.

The group urgently needs volunteers who have a nursing or social care background to help those who are most in need. They also need more volunteers for their shops, and drivers to join their Residential Home Visiting Team. Age Concern is also looking for someone with experience in the press or advertising to take on the role of Publicity Manager to help them with their Press and Radio notifications

The Reef Band are playing in Aid of Age Concern at The Coopers Arms in Quesada on November 11 at 7.30pm. Tickets are €7 and include a light meal. Tickets can be bought from The Coopers Arms or ring Age Concern on 966 786 887 or Doug on 699 412 679.



TRAVEL ASSISTANCE: Medical services and costs are included.

## **Emergency Health Care**

EMERGENCY HEALTH CARE is one of three main services under the optional Travel Assistance service provided by Línea Directa. It covers any lawful occupants travelling in an insured vehicle on any journey across Spain, Europe and all Mediterranean countries. To qualify for the cover, an incident must occur at least 25 kilometres from the policyholder's usual place of residence or 10 kilometres in the Balearic and Canary Islands.

#### Medical services included

If the injured party suffers an accident or illness which in the opinion of a doctor requires hospitalisation, Línea Directa will cover the costs of transport to the nearest hospital with the requisite facilities. If hospitalisation is expected to last more than two days, Línea Directa will pay for the return travel from Spain for a relative to accompany them on the homeward journey. The costs of the companion's accommodation will also be covered in a 4-star hotel for up to 10 days.

#### Medical costs abroad

Medical, surgical, pharmaceutical, hospitalisation and ambulance service costs incurred abroad arising from accident or illness and prescribed by a doctor will be insured up to a maximum of  $\notin 6,020$ .

#### Dental treatment abroad

If dental treatment is required while journeying abroad, Línea Directa will cover dental expenses up to a maximum of €160.

#### Dispatch of medications abroad

If during the course of a journey abroad the insured requires medications as part of a prescribed treatment and these prove unavailable in the area in which they are travelling, Línea Directa will attempt to source such medications and dispatch them to the locality in which the insured is staying.

#### We hope the information provided in this article is of interest.

If you would like to contact Linea Directa please call 902 123 309 More information about Linea Directa online at www.lineadirecta.com

## **NORWAY**

## **Brine dining**

EUROPE'S first underwater restaurant will be opened in Norway, about five hours from capital city Oslo, and will feature a 36-foot wide ocean window stretching from floor to ceiling while 16 feet underwater.

#### **Right smite**

LOCAL politicians on the Swedish island of Gotland have requested that a far-right, neo-Nazi party be banned from the upcoming annual politics festival, claiming that the group's presence "limits freedom of expression for others."

#### Tragic trip

A RUSSIAN helicopter missing off the coast of Norway was located at a depth of

## Savage storm

GERMANY

AT least three people were killed and transport services were suspended in seven German states on Sunday after Storm Herwart ripped up trees and caused flooding across the country.

#### Full bottle

FRANCE

A GERMAN motorway near Frankfurt was brought to a stand-



SEA DREAM: Norway's new underwater restaurant will offer guests the chance to eat with the fishes.

209 metres, and the eight men on board have been presumed dead. Statue spoilt

A MONUMENT showing a

hammer crushing a swastika in Oslo was vandalised with red paint last Thursday coinciding with the 75th anniversary of the Holocaust in Norway.



without a visa, only following Singapore which allows 159.

#### **Devil derailed**

A GERMAN couple was persuaded by the courts not to name their baby Lucifer following months of disagreement after the local registry office warned that the name might put their child in danger.

## **BELGIUM**

## **Kidnap charge**

A WOMAN from Hull is facing extradition to Belgium where she has been accused of child abduction after leaving the country with her son without his father's permission seven years ago.

#### Court change

BELGIUM is planning to set up an Englishlanguage court to deal with corporate lawsuits post-Brexit so international companies no longer have to go to trial in the UK once it leaves the EU

#### **Born free**

THE first nudist beach may open shortly in Belgium, as the Federation of Belgian Naturism is in talks with two seaside resorts to persuade them to change their regulations on nudity.

#### **Road rage**

AROUND 1,800 people, including many children, have protested in Antwerp to demand safer roads and better cycling conditions following three recent road deaths.

#### **NETHERLANDS**

## **Rats on rise**

REPORTS of rat sightings have risen by 25 per cent in Amsterdam and almost 50 per cent in Rotterdam in the past year, according to a report by the Dutch newspaper the Telegraaf.

#### School surge

THE Dutch government plans to increase the number of places in international schools to attract foreign companies and skilled workers, as half of these schools are now reported to have a waiting list.

## **SWEDEN**

## **Bomb ban**

ALMOST 90 per cent of Swedish people want their government to sign a UN resolution to ban nuclear weapons worldwide, according to a survey by polling group Sifo.

#### House crisis

THOUSANDS of new arrivals to Sweden are in danger of being homeless as many towns struggle to find accommodation for asylum seekers, with those on short-term employment contracts at greatest risk of losing their homes.

DENMARK

**Royal rounds** 

PRINCE HARRY jetted into

Denmark for a brief visit during

which he visited Copenhagen's

Amalienborg Palace to meet

Queen Margrethe and attended a

royal reception at the Tivoli

A 91-YEAR-OLD Danish man

was tied to his hed while two thieves robbed his house near

Copenhagen, taking cash and

his television among other pos-

Gardens.

sessions

All tied up

#### **Plane wrecked**

**Family time** 

A PRISON in Leeuwarden is set

to open a special wing for in-

mates who are fathers next year,

allowing them to play with their

children or help them with

homework, with the aim to pre-

THE number of traffic jams in

the Netherlands is costing the

economy billions of euros and

looks set to increase by 1.7 per

cent next year, according to the

KiM institute for mobility policy.

vent them from offending.

Traffic tots up

POLICE are looking into an attempt to sabotage a plane in an airport in Gallivare, after someone broke into the terminal and tampered with the aircraft.

#### Top dog

A FOUR-YEAR-OLD German Shepherd has been named police dog of the year after helping to find a missing six-yearold girl last summer in Hudiksvall.





#### Lucky escape

POLICE believe the shooting that took place in Copenhagen last Tuesday was related to gang activity and revealed the two victims, aged 22 and 24, escaped with minor injuries.

## Mayor muck-up

A COUNCILLOR in Copenhagen has withdrawn her name from her party's list of candidates for mayor after it was revealed she didn't pay to hold her wedding reception at the city hall for free.

**Butter flutter** 

crashed onto the road.

**Travel triumph** 

FRANCE'S croissants are under threat as the nation allegedly faces the worst butter shortage it's seen since the Second World War due to falling levels of milk production and growing global demand for the dairy product.

## Literary love

NEARLY 6,000 of literary legend Marcel Proust's letters will be published online for free to coincide with the 100th anniversary of the end of the First World War.

### **Tongue twisted**

THE Academie Française, which is officially tasked with protecting the French language, has warned that the native dialect is in 'mortal danger' due to the increase of 'inclusive writing' which promotes both masculine and feminine nouns

### Out of order

THE French government has condemned new evidence which revealed that the French police have been using tear gas on children, destroying belongings and ripping up tents in refugee camps near Calais.

THE German passport was revealed to be the second best passport in the world as it allows holders to travel to 158 countries

#### still by 30,000 smashed beer bottles when a lorry collided with another vehicle and its contents

# FRIDAYS Abba elite

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## RUSSIAN PRESS





# **Power politics**



A SOCIALITE and TV presenter caused a stir when she formally became a candidate in Russia's 2018 presidential election. Ksenia Sobchak, aged 35, has five million online followers and has been described as Russia's Paris Hilton. Many suspect she is a Kremlin stooge handpicked to inject vitality into the campaign.

# Fealty first

NATURALISED Russian citizens swore an oath to their new country. All new citizens are now required to pledge an oath of allegiance and swear to protect Russia's culture, traditions and identity. Last week 62 former nationals of old Soviet states became the first to make the pledge.

## Smart system

• ALL of Moscow's land and property registrar will be digitised and run by computers with a degree of artificial intelligence. If the project is successful, Russia's pension and health care systems will also be completely digitised in what the Kremlin describes as a 'number one priority.'

# Warped wages

A POLICE officer threatened to kill activists who dared compare his wages to the Swedish police force. The incident, caught on tape, shows a protestor telling Russian officers that their Swedish counterparts earn €3,800 per month. In Russia the average salary is €530. He was called a 'Swedish homosexual' and threatened.

HARSH: Russian police make about a 10th of Swedish officers.

## **Psychotic attack**

A 'MADMAN' stabbed the deputy editor of a Russian radio station that is critical of the Kremlin, police say. They rejected claims that Boris Grits had a political motivation for the stabbing of Tatiana Felgenhauer. Instead, police say, he is mentally ill and was out of his mind at the time.

## **Pussy riot**

CONTROVERSIAL activists Pussy Riot took their anti-Putin campaign to New York last week. They unfurled a giant banner on Trump Tower in support of a jailed Ukrainian film director. Oleg Sentsov is serving a 20year term for 'masterminding terrorist attacks' in Crimea.

# Killer gang

■ MEMBERS of a Moscow gang which murdered homeless people to 'cleanse the

city' were jailed. The five-strong gang killed at least 14 people in deserted city areas. Knives, hammers and clubs were used in the savage attacks. They flashed Nazi symbols during the trial. 2 - 8 November 2017

STAT OF WEEK

€2.05 billion

is the value of non-oil trade undertaken between Spain and the United Arab Emirates during 2016. WEEKLY NEWS 6 PAGE SPECIAL SECTION I WWW.EUROWEEKLYNEWS.COM/3.0.15/FINANCE

# Repaying debts

THE Spanish government has received permission from the European Stability Mechanism (ESM) to make an early repayment of €2 billion to reduce its borrowings to save banks.

This does however still leave an outstanding debt of  $\in 31.7$  billion from the  $\in 41.3$  billion originally borrowed in 2012 to allow it to save a number of struggling banks. The entire debt is due for repayment by 2027 but the ESM is impressed with current early repayments.

# **Comparison site review**

A BRITISH initiative which will review the clarity and honesty of hotel booking comparison sites could well benefit consumers and hotels in Spain.

The Competition and Markets Authority (CMA) is contacting all of the major websites operating in the UK such as Booking.com, Expedia and Trivago to try to establish a number of matters.

The enquiry will want to discover whether there are any hidden charges, how accurate the discount offers are and whether the sites are influenced to promote particular establishments due

#### By John Smith

to the commission they receive.

According to the CMA as many of 70 per cent of UK residents looking to make hotel bookings do compare options on the various websites and should there be any evidence that consumers are being misled then action will be taken.

Having contacted hotel groups and websites, the watchdog also wants to hear from the general public about their experiences with these sites.

One area of particular interest is

whether sites ignore criteria entered by those searching for hotels and respond with lists of those hotels where they receive the greatest commission.

Another area of interest is the accuracy surrounding the number of rooms still available in a particular hotel as there is some fear that the numbers may be manipulated in order to encourage immediate booking.

One early conclusion is that those searching websites for hotel availability should check with more than one site to ensure the best available deal.

# Bad news Barcelona

THE president of the Spanish Confederation of Employers' Organizations (CEOE) believes that the 1,500 companies leaving Cataluña employ 30 per cent of the Province's workforce. He made it clear that this situation is potentially damaging not only for the Catalan people, but also for the economy of Spain as the return to growth and prosperity could be halted.

Quote of the Week



THE TEAM involved in excavations.

# Egyptologists turn to crowdfunding

AN incredibly successful team of Spanish archaeologists who have unearthed numerous valuable Egyptian artefacts is so poor that it has had to turn to crowdfunding to raise €20,000.

Whilst the group has been excavating the tomb of Djehuty and others in Luxor, many of their rare and exquisite finds are the property of the Egyptian government and end up in local museums. These experts are not treasure hunters but are dedicated to their work however they need to be able to pay their local teams of labourers in order to launch next year's exploration session in January and February.

Needing to raise €20,000 the group came up with the idea of making an appeal on the Kickstarter platform and with more than a month before the appeal ends, they have already raised just short of €28,000 from 247 supporters who will receive small tokens such as books and videos in thanks.

## » business extra More in work

LATEST unemployment figures show that the number without jobs in Spain has dropped to its lowest level since 2008. The National Statistics Institute third quarter figures show unemployment at 16.38 per cent, down from 17.22 per cent in the previous quarter.

# La Caixa

LA CAIXA bank's CEO Gonzalo Gortazar said that whilst he feels that the Catalan situation would be resolved, there could be economic problems if matters drag on. Having moved its HQ from Barcelona, he confirmed that few withdrawals by disgruntled Catalans had occurred.

# In the money

SPANISH billionaires saw their wealth increase by 10 per cent to a total of  $\notin$ 105.81 billion in 2016 according to a report by Swiss bank UBS and consultancy PwC. The number of billionaires also increased by four to 25.

# Sacked for working too hard

IN what is an unusual case, a store worker who was sacked for working too hard has taken former employer Lidl to court claiming unfair dismissal.

The supermarket branch in Barcelona for which he worked accused him of breaches of his employment contract as he turned up early and spent between an hour and an hour and a half stocking shelves and generally tidying up.

Apart from working too hard, he also didn't clock in whilst he was doing this work as he didn't expect to get paid and didn't know that he wasn't allowed to do this as it breached the company's rules which required payment for all work undertaken.



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## **LONDON - FTSE 100**

CLOSING PRICES OCTOB					
Company Pr	ICE(P)	CHANGE(P)	% Снс.	NET VOL	Сомрану Ре
Anglo American	1,417.50	-1.00	-0.07	19,924.35	Legal & General Group
Associated British Foods	3,340.00	-15.00	-0.45	26,560.67	Lloyds Banking Group ORD
Admiral Group	1,950.00	20.00	1.04	5,503.67	London Stock Exchange Grp
Ashtead Group	1,954.50	12.50	0.64	9,694.96	Micro Focus International
Antofagasta	984.00	27.50	2.88	9,429.72	Mediclinic International
Aviva	512.00	-0.50	-0.10	20,557.23	Merlin Entertainments
AstraZeneca	5,043.00	21.00	0.42	63,574.19	Marks & Spencer Group
BAE Systems	586.50	-4.50	-0.76	18,825.66	Mondi
Babcock International Group	820.00	2.50	0.31	4,133.25	Morrison (Wm) Supermarket
Barclays	186.65	2.85	1.55	31,325.06	National Grid
British American Tobacco	4,975.00	-47.00	-0.94	115,181.18	NMC Health
Barratt Developments	666.00	9.50	1.45	6,631.14	Next
Berkeley Group Holdings	3,781.50	-25.50	-0.67	5,155.26	Old Mutual Group
British Land Co	603.50		2.20	5,981.55	Paddy Power Betfair
BHP Billiton	1,355.00	-6.50	-0.48	28,755.86	Prudential
Bunzl	2,319.50		0.16	7,789.25	Persimmon
BP	492.00		-1.18	98,644.52	Pearson
Burberry Group	1,835.00		-4.82	8,233.31	Reckitt Benckiser Group
BT Group	261.00		-0.76	26,083.62	Royal Bank of Scotland Grou
Coca-Cola HBC	2,612.00		1.44	9,352.29	Royal Dutch Shell
Carnival	5,135.00		0.98	10,850.92	Royal Dutch Shell
Centrica	174.50		2.59	9,513.50	RELX
Compass Group	1,595.50		-2.59	25,905.11	Rio Tinto
Croda International	4,095.00		1.87	5,281.99	Rolls-Royce Group
CRH	2,880.50		0.68	23,931.16	Randgold Resources
ConvaTec Group	219.80		10.12	3,895.89	RSA Insurance Group
DCC	7,297.50		1.35	6,422.19	Rentokil Initial
Diageo	2,596.50		-0.44	65,439.91	Sainsbury (J)
Direct Line Insurance Group	367.10		-0.62	5,079.25	Schroders
Experian	1,572.50		-1.60	14,798.49	Sage Group (The)
easyJet	1,290.00		1.34	5,056.46	Segro
Ferguson	5,245.00		-0.10	13,228.92	Shire
Fresnillo	1,397.50		7.33	9,594.36	Smurfit Kappa Group
G4S	275.00		-2.10	4,358.43	Sky
G43 GKN	318.00		-0.84	5,507.95	Standard Life Aberdeen
Glencore	369.55	2.35	0.64		Smiths Group
GlaxoSmithKline	1,376.00	9.50	0.70	52,857.49 67,213.10	Scottish Mortgage Invstmnt
	1,552.50				Smith & Nephew
Hargreaves Lansdown			0.14	7,370.91	SSE
Hammerson	518.50 748.00	3.50 -0.30	-0.04	4,085.09	Standard Chartered
HSBC Holdings				149,914.65	St James's Place
International Consldatd Air G InterContinental Hotels Grp		32.00	5.13	12,842.82	Severn Trent
I	4,150.00	-33.00	-0.79	7,947.29	Tesco
3i Group	963.00	17.00	1.80	9,203.25	TULAG
Imperial Brands	3,150.00		-0.82	30,332.42	Taylor Wimpey
Informa	675.75		-1.49	5,652.68	Unilever
Intertek Group	5,152.50	-147.50	-2.78	8,553.70	United Utilities Group
ITV	167.75		2.29	6,601.67	Vodafone Group
Johnson Matthey	3,425.00		1.03	6,560.78 6,735.16	Worldpay Group
Kingfisher	309.00	-1.30	-0.42		WPP Group

eu/16	1.00	BIS FREE		
Company Pri	ICE(P)	Change(p)	% Снс.	NET VOL
Legal & General Group	269.00	0.50	0.19	15,995.22
Lloyds Banking Group ORD	68.75	-0.16	-0.23	49,585.00
London Stock Exchange Grp	3,782.50	-11.50	-0.30	13,152.34
Micro Focus International	2,442.00	-142.00	-5.50	11,242.42
Mediclinic International	683.25	91.75	15.51	4,360.80
Merlin Entertainments	377.50	-0.20	-0.05	3,836.71
Marks & Spencer Group	343.50	-2.70	-0.78	5,624.84
Mondi	1,992.50	126.50	6.78	9,060.43
Morrison (Wm) Supermarkets	254.75		11.44	5,383.50
National Grid	910.00		-0.76	31,173.55
NMC Health	2,885.50	-11.89	-0.41	5,895.69
Next	4,875.00	-7.00	-0.14	7,156.04
Old Mutual Group	192.50		2.12	9,297.60
Paddy Power Betfair	8,067.50		6.85	6,372.58
Prudential	1,863.00		0.03	48,162.14
Persimmon	2,873.50		1.50	8,737.20
Pearson	717.50		0.28	5,870.99
Reckitt Benckiser Group	6,826.50		-0.27	48,159.09
Royal Bank of Scotland Group			-2.55	34,025.86
Royal Dutch Shell	2,315.00		-0.52	105,748.53
Royal Dutch Shell	2,368.00		-0.75	89,367.31
RELX	1,730.00		-0.06	18,436.74
Rio Tinto	3,551.00		-0.10	48,422.33
Rolls-Royce Group	951.50		-1.35	17,752.45
Randgold Resources	7,387.50		-0.30	6,970.83
RSA Insurance Group	650.00		3.17	6,443.24
Rentokil Initial	309.45		-6.96	6,110.97
Sainsbury (J)	244.50		0.62	
Schroders				5,321.97
	3,538.50		2.15	7,829.42
Sage Group (The)	744.00		0.81	7,979.06
Segro	539.50		1.79	5,315.46
Shire	3,582.00		-0.49	32,701.81
Smurfit Kappa Group	2,200.00		-1.87	5,309.98
Sky	862.50		-7.75	16,072.81
Standard Life Aberdeen	437.50		-0.32	13,067.44
Smiths Group	1,557.50		-0.22	6,176.31
Scottish Mortgage Invstmnt Tr			0.99	6,199.40
Smith & Nephew	1,380.00		-3.36	12,493.34
SSE	1,375.00		0.29	13,994.13
Standard Chartered	754.50		0.11	24,841.33
St James's Place	1,182.50		0.55	6,221.38
Severn Trent	2,105.00		0.33	4,956.33
Tesco	186.00		0.27	15,191.51
TULAG	1,371.00		0.59	8,001.33
Taylor Wimpey	207.20		2.63	6,606.14
Unilever	4,140.00		-2.14	52,735.68
United Utilities Group	829.50	-0.50	-0.06	5,659.67
Vodafone Group	216.35	0.75	0.35	57,960.80
Worldpay Group	400.75	0.20	0.05	8,010.00
WPP Group	1,317.50	17.50	1.35	16,449.66
Whitbread	3,690.00	1.00	0.03	6,766.59

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COMPANY	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	234,740	+0,77%	1,800	139.789,22
AMERICAN EXPRESS	95,7900	+0,10%	0,1000	83.154,04
APPLE	163,050	+3,58%	5,640	842.087,12
BOEING CO	256,460	-1,08%	-2,810	151.447,39
CATERPILLAR	137,810	+0,64%	0,870	81.447,87
CHEVRON	113,54	-4,14%	-4,90	215.897,66
CISCO SYSTEMS	34,430	+0,47%	0,160	172.001,86
COCA-COLA	46,07	-0,35%	-0,16	196.459,91
DOWDUPONT	72,54	-0,70%	-0,51	169.381,35
EXXON MOBIL	83,71	+0,29%	0,24	354.497,46
GENERAL ELECTRIC	20,7900	-2,49%	-0,5300	179.955,41
GOLDMAN SACHS	241,71	-0,00%	-0,01	93.511,59
HOME DEPOT	167,3400	-0,18%	-0,3100	197.275,12
IBM	153,68	+0,05%	0,08	142.279,90
INTEL CORP	44,4000	+7,38%	3,0500	208.635,60
J.P.MORGAN CHASE	101,7700	+0,03%	0,0300	353.024,63
JOHNSON & JOHNSON	141,7800	-0,02%	-0,0300	380.510,64
MC DONALD'S CORP	165,3900	+0,84%	1,3800	133.953,19
MERCK AND CO. NEW	58,24	-6,05%	-3,75	158.950,21
MICROSOFT	83,810	+6,41%	5,050	645.602,09
NIKE	55,96	-1,50%	-0,85	72.881,69
PFIZER	35,6000	-0,39%	-0,1400	211.636,42
PROCTER AND GAMBLE	87,040	-0,53%	-0,460	220.740,72
TRAVELERS CIES	131,06	-0,67%	-0,88	35.865,11
UNITED TECHNOLOGIE	119,07	-0,72%	-0,86	95.051,71
UNITEDHEALTH GROUP	212,60	+1,65%	3,45	205.559,25
VERIZON COMMS	48,87	-0,04%	-0,02	199.401,46
VISA	109,71	-0,08%	-0,09	200.681,89
WAL-MART STORES	88,1700	-0,51%	-0,4500	263.321,82
WALT DISNEY CO	98,3100	-0,25%	-0,2500	151.743,47
			M	- MILLION DOLLARS

#### NASDAQ CLOSING PRICES OCTOBER

COMPANY

First Solar, Inc.

Price

. . . . . . . . .

Most Advanced FARO Technologies, Inc. Change Net / %

8.30 🛦 21.87%

9.75 🛦 20.35%

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DEALING

## **Distributing Funds**

. . . . . . . . . . . .

EUR Fixed Income B Sterling Fixed Income B

#### Accumulating Funds

GBP Currency B EUR Currency B Multi Asset Conservative B GB Multi Asset Conservative B EUI Multi Asset Balanced B GBP Multi Asset Balanced B EUR Multi Asset Growth B GBP Multi Asset Growth B EUR

PRICE	Movement

unds	DEALING PRICE	Price Movement
	£0.9810	£0.0001
	€0.9550	€0.0003
e B GBP	£1.1564	£0.0054
<i>ie</i> B EUR	€1.0771	€0.0060
GBP	£1.3190	£0.0084
EUR	€1.2168	€0.0087
BP		£0.0121
UR	€1.3635	€0.0123

Remaining Elite Fund prices available on request

Prices correct as at 25/10/2017

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▲ 16.58%
▲ 16.24%
▲ 15.38%
▲ 15.17%
▲ 13.54%
▲ 13.23%
▲ 13.22%
▲ 12.64%
▲ 12.61%
▼ 29.39%
▼ 17.14%
▼ 15.99%
▼ 15.97%
▼ 14.14%
▼ 13.56%
▼ 13.04%
▼ 12.99%
▼ 12.11%
▼ 11.85%
▼ 10.96%

PRICE

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\$ 57.67



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# **ECB** decision and Catalan concerns drive euro



FOR the last few weeks central bank speculation and political developments have been the driving force behind currency movement.

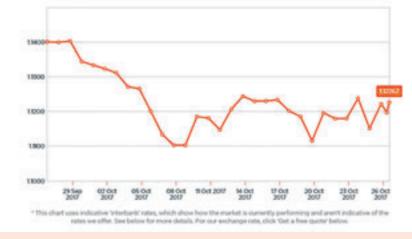
Euro

#### EUR/GBP: Up from £0.87 to £0.90 EUR/USD: Up from \$1.16 to \$1.18

Although the euro has been pressured by political tensions in Cataluña and uncertainty about the path the European Central Bank (ECB) will take with fiscal policy, the common currency has still managed to strengthen against both the pound and US dollar over the last four weeks.

The euro was kept on its toes as the Catalonian populace voted overwhelmingly for independence, igniting fears for Spain's economic outlook. However, with Madrid refusing to sanction a split, EUR exchange rates recovered losses.

Hopes that the European Central Bank (ECB) would taper its quantitative easing scheme also bolstered the euro - right up until investors found



#### CURRENCY MOVEMENT: Has been driven by political developments.

out that the central bank was scaling down its programme, but running it for longer. The move inspired some EUR losses as October drew to a close.

The repercussions from the ECB decision are likely to remain a cause of euro movement over the next few weeks. Any significant developments in Cataluña are also liable to spark EUR shifts.

#### Pound

GBP/EUR: Down from €1.14 to €1.12 GBP/USD: Down from \$1.34 to \$1.32 The pound was knocked around a fair bit during October. The British currency swiftly dropped from September's highs as Brexit negotiations ended in deadlock - potentially delaying discussions about the UK's future trading relationship with the EU. A string of less-than-impressive UK ecostats (including concerning services and retail sales stats) also kept the pound under pressure.

However, towards the end of October the UK's third quarter growth data was published. The data showed quarterly growth of 0.4 per

cent, slightly better than the expected rate of 0.3 per cent. As the result was viewed as upping the odds of the Bank of England (BoE) increasing interest rates at its November policy meeting, GBP exchange rates were able to recover some of their recent losses.

The BoE rate decision is liable to be the biggest cause of pound volatility in the month ahead. A rate hike would lift GBP, while the decision to leave policy unchanged would weaken Sterling.

#### **US Dollar**

#### USD/GBP: Up from £0.74 to £0.76 USD/EUR: Fluctuating between €0.84 and €0.85

While expectations for a December rate hike from the Federal Reserve have been lending the US dollar support, USD gains have been limited by the debate over who President Donald Trump will appoint as Chairman of the Federal Reserve. A Chairman who is likely to increase the pace or size of interest rate adjustments would boost the US dollar, while a dovish President could send USD sliding.

The December Federal Reserve decision is edging ever closer but as long as upcoming US releases keep the odds of a December rate hike high, USD will remain sturdy.

Visit us at our Spanish offices in Costa del Sol, Costa Almeria, North Costa Blanca and South Costa Blanca. Telephone: UK +44 (0) 207 847 9400 SPAIN +34 950 478 914 Email: euroweekly@currenciesdirect.com • www.currenciesdirect.com

# MORE GOVERNMENT MONEY TO BE COMMITTED Spain wants electric cars

THE Spanish government is to spend a further €50 million to support the widespread introduction of electric charging points and to encourage drivers to purchase electric cars.

This decision has been made despite the fact that a previous effort to assist purchasers of environmentally friendly vehicles was spoiled by the Volkswagen diesel emission scandal.

Of the money now due to be made available, €30 million will be put towards the introduction of more electric charging points which are almost nonexistent in many parts of Spain as well as supporting additional research and development.

The balance of  $\leq 20$  million is expected to be paid to motorists in the form of 'cash backs' or discounts from manufacturers' price when purchasing a new electric car or one that uses a propulsion system that is not oil based.

This new initiative which is expected to be in addition to €50 million previously agreed by government for expenditure in the second half of 2017 has been championed by the Ministry of



Velantur prototypes.

EWN online Tweet us your opinions @euroweeklynews Energy, Tourism and Digital Agenda and is expected to be managed by the Institute for Energy Diversification and Saving (IDAE).

This whole enterprise is quite different to previous funding plans as it will be managed by IDEA rather than Tragsa - which is associated with the Ministry of Agriculture - and whereas the previous campaign looked to persuade car owners to swop their old vehicles for more fuel and environmentally friendly oil driven cars, this campaign will only apply to vehicles which use alternative energy.

As the world moves to develop vehicles driven by electric power and in some cases liquefied petroleum gas (LPG) the current option of hybrid vehicles continues to be a major leader in environmentally friendly motoring and will remain so until such time as electric car batteries can hold much greater charges and can be topped up quickly.

It will be very difficult to persuade drivers to give up their gas guzzlers in exchange for a vehicle which has a range of less than 300 kilometres and could take hours to recharge.

SEAT will be cooperating with the entire Volkswagen Group in order to try to find a workable solution and a small Spanish manufacturer Velantur has been trying to launch its four seater electric luxury sports car which it hopes will have a range of 400 kilometres.

Tesla continues to increase the charges of their batteries but unless it is quick, cheap and easy to recharge an electric vehicle, then the entire concept could turn into a disaster.

# Royal Mint takes a pounding

WITH companies around Britain furious about the short time allowed for the changeover between the old and new pound coins, many are still accepting them as legal tender.

Councils who have not changed their parking machines to take the new pound are under fire from drivers and associations as they are fining anyone parking without a valid ticket, even though many have disposed of their old round pounds.

Gibraltar has taken the step of demonetising British round pounds but is continuing to allow Gibraltar round pounds to be considered legal tender on the Rock as the company they use to mint their pound coins has simply not been able to obtain blanks from the Royal Mint.

# MONARCH SHAREHOLDERS ADMIT MORAL DUTY May pay charter costs

THE main investors in Monarch Airlines have confirmed that they have a moral duty to help repay £60 million (€68 million) spent by the tax payer.

Greybull Capital have written to the UK Transport Committee confirming that it would be prepared to assist in paying some of the repatriation costs involved in bringing more than 100,000 people back to the UK if it makes a profit when the liquidation is finalised.

The British government chartered aircraft at short notice to bring back stranded Monarch passengers in what is believed to be the largest ever peacetime repatriation and picked up all of the costs.

The private investment company was responding to an observation made by Chris Grayling, the Minister for Transport with regards to the morality of the situation should Greybull - which is Monarch's main secured creditor – actually make a profit from the closure of the airline.

Much depends on whether the liq-



MONARCH'S first flight from Gatwick to Gibraltar May 2016.



uidators (KPMG) will be able to sell on the lucrative international take-off and landing rights 'owned' by Monarch and this is now being decided in court.

In the event that the court confirms that the rights can be sold to the highest bidder, certain of the rights to the more valuable slots could raise a significant amount of money, the bulk of which would be due to Greybull Capital.

If there was to be a 'bidding frenzy' then in theory, the main investor could

make a profit from the closure and it has confirmed that in such a scenario it would channel such profits back to the UK government as part repayment for the money spent on chartering the aircraft.

In its letter to the Transport Committee, Greybull maintained that whilst sorry for the closure it had been doing all that it could since 2014 when it obtained the majority of shares in the airline - to try to stave off bankruptcy but was unsuccessful.

Apart from the inconvenience and in many cases financial loss suffered by passengers who may never receive their payments back, more than 2,000 Monarch staff have lost their jobs.

The other possible assets of the former airline will be their aircraft, although many have been leased rather than paid for outright and it may well be that the administrators will be unable to raise any funds from them and in fact depending on lease contracts, there may be a significant liability.

# More steel production in the USA

THE steel manufacturer Acerinox has invested \$150 million (€129 million) to launch a new production line in its North American Stainless (NAS) plant in Kentucky.

The introduction of this new plant will increase capacity of the American subsidiary of the Spanish manufacturer by 10 per cent and allow it to increase the range of different stainless steel products that it can offer, including a range that is produced with a glossy finish.

Currently producing half of all US stainless steel, it believes that the days of cheap Chinese imports are gone and that the market can only increase for the high quality locally rolled steel that it manufactures.

The main markets for the company's products are situated within a nine-hour drive from the factory which employs more than 1,000 local staff.

# Losing mental capacity whilst living abroad



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



#### An LPA must be made while you have full mental capacity.

#### What is an LPA?

An LPA is a legal document that enables you to appoint one or more attorneys to act for you when you are no longer able to act for yourself. Your attorney can be a professional, such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

#### Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain? Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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# I am now truly confused with it all!

# LEAPY LEE SAYS IT

I REALLY am up to my male chauvinistic eyeballs with women's lib.

To be honest, I'm not really sure what our ladies truly want any more. I'm beginning to think that many of them won't really be happy till the male of the species are homebound unpaid servants, escorted to the sperm donor's labs once a week, to keep the frozen coffers stocked up for future females to draw on.

I truly am confused with it all. Some (not all!) want to dress and look sexy and attractive, but don't want male reaction because they consider it sexist (no wolf whistles please.) They will NEVER forgive the creator for making them the only gender that can give birth (believe me they're working on that!).

They consider a pat on the bum sexual harassment, but still reckon squeezing a man's behind a bit of harmless fun. A man can be ruled by an overbearing woman, but reverse it and the man is described as a monster. We are now being deluged with 'personally moulded' tampons, intimate hair shavers and vaginal lubricants on TV, and the genital removers are gathering to operate on any man who has pub-



WOMEN'S LIB: Have things gone too far?

licly uttered any vaguely sexist remark over the last half century. Well, to my mind, one thing becoming painfully clear, is that it is not in fact equality the libbers ultimately seek, but female domination. These women want to rule the roost (and woe betide any woman who doesn't think as the feminists do!). SKY news is a glaring example. Under Eammon Holmes it was considered a bit male chauvinist. Since his departure the producers have utterly capitulated and, with a new female anchor, have now managed to turn it into a newsy version of 'Loose Women.

Let's be perfectly clear. Equality is when both sexes have the same rights, not power. As a true adorer of the female gender, can't we just be sexy ladies and lusty males again? Come on girls, although I'm 100 per cent with you on equal pay, you're allowing the socalled feminists take all the fun away. Promise I won't pinch your bum if you don't pinch mine. Awright?

As I've got all the housework to do, I'll just finish up with a final observation on the Weinstein affair. Among the droves of complainers that are emerging from the woodwork, actress (not actor you notice!) Ashley Judd's story caught my eye. The 49-year-old apparently avoided the mogul's advances by promising to sleep with him when she won an Oscar for one of his films. It did remind me of the story attributed, among others, to George Bernard Shaw. The lady in question, when offered a paltry sum for sex, huffily retorted: "Five pounds? Just what do you think I am?"

"I think we've already established that," replied the great man. "I believe we're merely haggling over the price!"

Keep the faith, columnists@euroweeklynews.com Love Leapy leapylee2002@gmail.com

Leapy Lee's opinions are his own and are not necessarily representative of those of the publishers, advertisers or sponsors.

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## TECH FOR THE TIMID

# Staying safe

ONLINE fraud makes good headlines, but they don't always match reality as any *Daily Mail* reader knows.

This year's cybercrime estimate is €2.5 trillion worldwide, but very little of it is from online shopping.

Trusted payment methods like credit/debit cards or Pay-Pal take the sleepless nights out of buying online. And if you're worried about an online retailer's reputation, so are they in these days of buyer review overload.

The better retailers are on rating sites like Trustpilot. When an order of mine disappeared into a Hong Kong void recently, my critique on that site quickly got my cash back.

Just be careful not to overdo it. It really is time to stop shopping online when the computer asks if you need another shopping cart. TERENCE KENNEDY offers up the online shopper's prayer: 'Dear Lord, please don't let my wife be home when all my online orders arrive.'

# Shop till your computer drops

AN older friend who doesn't 'do' the internet just gave a local travel agent nearly  $\notin$ 400 for air tickets I found online for  $\notin$ 89. Frankly I was amazed travel agents still exist.

Yes, doing stuff online can be risky, especially when a Nigerian prince offers you untold riches. But squadrillions of online transactions occur every day with barely a hitch, and by 2025 the majority of the world's retail trade will apparently happen online. So there.

Why then, like our overcharged dinosaur friend, wouldn't you do it? London department store Harrods used to advertise you could buy anything from an elephant to a safety-pin; these days with watertight security Amazon, China's Alibaba and eBay sell more in a second than Harrods could in a year. Including elephants.

Hunt for an offbeat item in your local shops and you could be at it for days. Find it online in just seconds, have it delivered to your door the next day. Or perhaps in an hour if Amazon's current drone delivery tests work out.

The main objections are fraud and identity theft. Yes they do happen, but the percentage is minuscule, and if you use a plastic card your bank covers most of your risk anyhow if things go pear-shaped.

The bad news for online-shopping virgins is that they soon won't have any choice: from tax declarations to newsagents' topshelf magazines, everything's



SHOPPING: From the comfort of your own keyboard.

moving online for better or worse. Worse, certainly, for traditional bricks-and-mortar retailers, whose plight has even added a new word to the Oxford dictionary, 'showrooming': the practice of examining and fondling a product in a physical shop before going home to order it more cheaply online.

It was an album by Sting which is said to have launched online shopping back in 1994, say the (online!) histories. By next year online shopping will be nearly 9 per cent of all retail sales (but 18 per cent for the world's most enthusiastic e-shoppers, the Brits). Seven out of every 10 internet users in Spain shop online, spending around €1,100 each a year.

The bad news for our reluctant buddy is that it's unstoppable and that, inevitably, even he is going to have to bite the bullet (also available online). Within his lifetime only those enterprises which cannot easily sell through what he calls the 'Interweb' will be left standing, like convenience stores, bars, bistros and brothels. And perhaps elephant traders.

As for his happy travel agent? Most likely she will have followed the clever advice I once saw pasted up in a travel agent's window: 'Please go away!'



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"Thank you for an excellent course which has empowered me to care with confidence. The trainers do a really great job." – Sue C, Attended four-day induction

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# I'm pleased to hear that



WHY does everything have to be so difficult? I mean things start off simple then everything goes downhill. I receive a UK pension which, thanks to Brexit, dropped by 20 per cent-ish just after the announcement. So gawd knows what will happen

when the UK actually does leave the EU.

Anyway, somebody told me that, as I'd had my own business here in Spain and had paid into their system, I may be entitled to a small pension here too. Now, as you all know, nothing here is going to go the way you hope. You can't just call an office, give your social security number, and hope that someone says 'Oh yeah, we will sort that for you.'

I had to make an appointment at my local social security office and take a load of completed and duplicated forms. You all know the form filling procedures here so I won't bore you. That done I turn up for my appointment and a very helpful young man tells me yes I am entitled to a Spanish pension. He explained that all they have to do is write to the UK pension office to confirm a couple of things and 'Roberto es tu tio' (Bob's your uncle!). I'm told it will take a couple of weeks or so.

Well, a couple of weeks came and went and we were well into the 'or so' territory as I originally went in June and it's now November. On Tuesday I went back to the Spanish social security office to see what was going on. I hadn't made an appointment so I had to wait for an hour and a half for them to tell me that they hadn't heard back from the UK pension office.

Next I phone the UK office and after pressing 1 for this, 2 for that, 4 for something else, 5 for losing the will to live, I finally get through and tell them Spain is waiting for a couple of bits of information. They tell me they haven't been sent yet because they are very busy! 'Oh, I'm pleased to hear that. I'd hate for you to be sitting around twiddling your thumbs.

But, do you not appreciate that some people depend on their pensions to live and waiting six months for two forms to be sent back is not acceptable.' I'm told they will mark it urgent and get them sent as soon as possible. Let's see.

columnists@euroweeklynews.com Email me: mikesenker@gmail.com.

Abbeygate The way insurance should be INSURANCE DESIGNED WITH WOMEN IN MIND



# LEGALLY SPEAKING Checking your details at the roadside

WE answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



AS they go about their duties patrolling the roads of Spain, the Guardia Civil traffic police have a whole range of tools in their arsenal to both help those in need, and of course deal with those drivers who break the law.

One piece of kit carried by all of the officers, often stored in the panniers of their motorbikes, or inside the patrol cars, is their Personal Digital Assistant, or PDA. The device is linked via Bluetooth to a thermal printer, and so able to issue fines on the spot, and pools its data with the central office of the DGT traffic department.

The PDA can be used to check driver and vehicle details, such as if you are actually qualified to drive, if you've been banned, if you own the vehicle you are driving, and details about that vehicle and its insurance.

The whole process of checking the informa-

tion is almost instantaneous, but it can take a lot longer if the information provided by the driver is either inaccurate, or unknown.

One particular problem facing foreign drivers is when they are not registered as residents in Spain, or have not transferred their licence to a Spanish one.

For those who have, you are likely to be sent on your way a lot quicker than those with no registered details, as a single check of a driver's NIE number links all of the relevant driver and vehicle details together, and so the officers can almost instantly find the information they are looking to confirm.

However, when the information is not linked, such as for drivers who haven't swapped to a Spanish licence, then the process takes a lot longer to complete, and your journey is likely to be increasingly delayed as a result.

# Do I need a Spanish driving licence?

After recent confusion over the legality of driving in Spain on a UK licence, the Directorate General of Traffic has now clarified the full letter of the law concerning this complex matter.

I am a British resident in Spain. Do I need a Spanish driving licence by law?

If you are the holder of a Group 1 licence (AM, A1, A2, A, B and BE) with a period of validity greater than 15 years - and this includes permanent licences - or a Group 2 licence (BTP, C1, C1E, C, CE D1, D1E, D, DE) with a period of validity greater than five years, then you must exchange the licence for a Spanish equivalent once you have been resident in Spain for two years.

standard UK 10-year photo licence you do NOT need to exchange the licence for a Spanish equivalent until it expires, although you CAN do so voluntarily at any time.

However, if you are resident in Spain and your driving licence expires then you MUST renew it for a Spanish licence.

In a recent Legally Speaking Column article in *EWN Issue 1683* some information given by David Searl on this topic led to social media users publishing contradictory views, some of those additionally incorrect.

Confusion over a long period according to the Directorate of Traffic has arisen due to various translations into English as to the law as outlined in Spanish.

The *EWN* - as a responsible newspaper - in publishing the above report, believes this to be an accurate translation and interpretation in English of what the law states in Spanish.

If you are the holder of a topic led to social media

For more news and articles visit www.n332.es or search N332 on Facebook.



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# For Theresa May 'important progress' was made at the recent EU summit. For Corbyn it was 'Groundhog Day'



THERESA MAY 'begged for help' and seemed 'tired' and 'politically weak' at the recent EU summit according to leaks reportedly by the EU side to further weaken the PM.

Regardless of the truth of these leaks, it's clear the UK needs to rapidly progress the negotiations before relationships deteriorate any further. Both sides are jockeying for position. The EU wants as much money as possible to offset the effect of the UK's departure. The UK wants to minimise the amount it pays AND have a trade deal with the EU.

Unquestionably, the EU under both Merkel and Juncker has proved inflexible and unaccommodating. Merkel gave carte blanche to migration into the EU when the so-called Dublin Regulation was suspended, turning a steady flow of migration into a flood. Eastern member states have objected to EU quotas for migrants and been taken to the ECJ in their quest for border controls.



DOUBLE TROUBLE: Juncker and Merkel.

Merkel has proved inflexible regarding making the EU more adaptive to the needs of its members, with David Cameron humiliated in his attempts to achieve some reform of the freedom of movement rules prior to the UK referendum.

In short, it's well past time for countries in the EU other than the UK to say "enough is enough!" Cracks are appearing - even the Danish finance minister recently stated that the EU's wrangling over Brexit is "a game" and flexibility is required.

Thankfully, the EU is now showing a hint of flexibility, the 'sequencing' of talks having proved a major barrier to progress. All UK political parties should also be getting behind the government as it clearly has a very difficult job ahead. Labour in particular (yes, I'm looking at you, Mr 'Groundhog Day' Corbyn!) needs to stop all the political point-scoring.

Finally, talk of the billions of pounds 'owed' the EU is enough to drive us all crazy. Which reminds me of an old joke. Doctor: "Nurse, how is that little boy doing, the one who accidentally swallowed those old £1 coins?" Nurse: "No change yet."

Nora Johnson's psychological crime thrillers 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/ eBook ( $\in 0.99$ ;  $\pm 0.99$ ) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

columnists@euroweeklynews.com

## THURSDAY THOUGHTS By Tobias Entwissle, Nerja Comedy call - just hang up

YOU know what really gets me? Unnecessary voicemail messages. I do understand the need for important voicemails, but I am talking about the ones that go something like: "Oh hi, it's only me. Just wanted to chat, give me a call back, okay bye."

Now, there are a few things about this one, pointless, unnecessary, time-wasting message that wind me up.

Firstly, "It's only me." I know exactly who it was great granddad, the voicemail person has already told me the number in the slowest imaginable way and more importantly WE HAVE CALLER ID NOW, I know who called, when.

Secondly, "just wanted to chat." Of course, my mistake, I only didn't pick up Auntie Mabel because you usually call for your annual insurance quote. Thank you for clarifying though, I'll call you straight back.

Finally, "give me a call back." I don't know if this is just me, but whenever I do call back straight away, why is it that no-one ever picks up? Surely you must be near your phone, is this revenge for me missing your call?

The worst part though is that all those messages add-up and when you actually need a voicemail, you have to wade through hours of messages, what feels like years of your life, listening to them all just in case they were important but knowing you've ALREADY called back.

Save us both time and just hang up, I'll call back.

columnists@euroweeklynews.com

Readers interested in submitting articles for this guest column should send articles of around 250 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

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#### Advertising feature

# Don't be fooled - UK Passports... the facts

FINALLY some good news for hard pressed expats! Passport fees for overseas UK citizens have dropped to the same level as the UK. This represents a reduction in the total price of £45.00.

It seems that since the recent changes in the price and to the application process everyone is offering a renewal service!

One recent publication offered a UK passport for £83, true but **very misleading!** The actual costs of Passport renewal are:

UK British Passport £83.00 Overseas courier and Security

Fee £19.86 • A total of £102.86 which is paid

to the Passport Office The true cost and not just a headline!

You will also need new photographs taken and a secure delivery service to the Passport Office as well and usually help and advice along the way.

If your lights went out you would get an electrician, it's the same with the most important document you will own, your Passport. You need to make sure that it is 100 per cent safe from leaving your hands to returning.

And for that you need a professional service with a proven track record.

The best service to use is one which tells you the correct price up front and has no hidden fees with a proven track record. **The Card & Gift Shop in Quesada** have a combined experience of over three years in all aspects of UK Passports!

Including lost and

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UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND



PASSPORT

damaged, stolen, child's first and even renewals! With all applications now being completed online there is even more pressure to get it right. Once the application is completed online you then have to print it, sign it and securely send it with your new photos and old passport to the appropriate office in the UK.

> This is one area where there has been a lot of confusion, the only safe way to send the most important document you own

PASSPORTS: Use an expert service. is through a guaranteed, insured and fully tracked service.

Passport photographs have changed dramatically in the last couple of years, photos taken in Spain for ID purposes, such as driving licence or NIE, are not suitable for your Passport, the Passport Office insist that the photo must be taken in the last month, 95 per cent of delayed applications are because of incorrect photos...

With every step and stage all included in one place it makes sense to use an expert service such as **The Card & Gift Shop in Quesada's** all-inclusive service, especially as it is priced well below others whilst offering the same service.

They are experts in the process, completing hundreds every year and can even arrange for customers to pay in cash, as not everyone has the ability to pay by card.

Just give them a call on 966 718 684 or pop into The Card & Gift Shop in Quesada (behind the Santander Bank) for more information or to book an appointment.



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GOOD NEWS FOR YOUR CAR 902 123 309 Sinea directa

BBC	one	BBC	тwo	BBC	FOUR	СНА	NNEL 4	СНА	NNEL 5		4		y sports
			1110				*I:					п	ain event
	Breakfast	7:45am	Animal Park Summer	8:00pm	The Inca: Masters of		Adventure Racing	7:00am	Milkshake!	7:55am	The Goldbergs		SKY Sports News
11:00am	Saturday Kitchen		Special		the Clouds	7:50am	Everybody Loves		Programming aimed	8:25am	Black-Ish	8:00am	Live Chinese Super
	Live	8:30am	Naomi's Nightmares	9:00pm	Gunpowder 5/11:	0.45	Raymond		at children aged two	8:55am	Black-Ish		League
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1,00pm	Comfort Food Football Focus	9:00am	Deadly 60 Rugby League World		Drama documentary	8:45am	Raymond Frasier	10:1540	Teenage Mutant Ninja Turtles	10:2540	with Me		Golf Day three of the
1:00pm 2:00pm	BBC News	9:30am	Cup		retelling the story of	9:10am	Frasier	10:50am	The Gadget Show	11:25am	Couples Come Dine		Turkish Airlines
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2:15pm	Rugby League World	1:00pm	Rick Stein's Long		in 1605 in which		The Big Bang Theory		Documentary series	12:30pm	Toy Story of Terror		European Tour.
	Cup Highlights	•	Weekends		Guy Fawkes and his	10:30am	The Big Bang Theory		profiling the work of	1:00pm	How I Met Your	12:30pm	Football
3:45pm	Madagascar 3:	2:00pm	Nigella at My Table		fellow conspirators		The Simpsons		a high-speed police		Mother		Stoke City v Leicester
	Europe's Most	2:30pm	Elsa: The Lioness		attempted to blow		The Simpsons		interception unit in	1:30pm	How I Met Your		City.
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6:40pm	BBC News	4:30pm	Italy Unpacked		The Vietnam War		Come Dine with Me		A Mission for	3:30pm	The Goldbergs	0.130	Brentford v Leeds
6:50pm	Regional News	5:30pm	Mastermind	1:30am	Top of the Pops		Come Dine with Me		Christmas (Inc News	4:00pm	Don't Tell the Bride		United.
6:55pm	Weather	6:00pm	Flog It!		Special 20th	2:55pm	Come Dine with Me		Update at 18:00)	5:00pm	The Great British	8:40pm	Live Fight Night
7:00pm	Pointless	7:00pm	The Big Family		anniversary edition		A Place in the Sun	7:45pm			Bake Off: The Final		International
7:50pm	Strictly Come		Cooking Showdown		of the pop chart		A Place in the Sun	9:55pm		6:15pm	The Great British		A West Bromwich
	Dancing	8:00pm	Britain Afloat		programme, first	5:30pm	Best Laid Plans		Football on 5		Bake Off: An Extra		Albion light
9:20pm	Casualty	8:30pm	Front Row		broadcast on 5	6:30pm	Location, Location,		NCIS: New Orleans	7.00	Slice		<i>heavyweight title</i>
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11:25pm	BBC News Weather	9:30pm	Dad's Army	2:55am	Sound of Cinema:		Volatile Earth	12.30411	Entertainment series	8:00pm	The Big Bang Theory		Trent Broadhurst
	Match of the Day		Josh Widdicombe	Lissan	The Music that Made		Pearl Harbour		seeing celebrities go	8:30pm	The Big Bang Theory		headlines a big night
	The NFL Show	11:00pm			the Movies		The Other Woman		head-to-head in a lip	9:00pm	The Big Bang Theory		of boxing from the
1:20am	The Double	11:45pm	Later with Jools	3:55am	The Inca: Masters of		Unknown		synching battle.	9:30pm	The Big Bang Theory		Salle des Etoiles in
2:55am	Weather for the Week Ahead	12:50am	Holland		the Clouds		The Last Leg Hollyoaks Omnibus		Super Casino The Yorkshire Vet		Iron Man 2 Natural World		<i>Monaco.</i> Fight Night
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7:00am			<b>Lv2</b> Totally Bonkers	<b>1</b> 7:00am	<b>ЬхЗ</b> Murder, She Wrote		<b>by 4</b> The Protectors	ACTIO					Football EFL Greatest Games
7:00am 10:25am	CITV ITV News		Totally Bonkers Guinness World		Murder, She Wrote Drama series about		The Protectors The story of three	7:20am 9:20am	Lethal Weapon Ride Along 2	7:00am 8:55am	Rings Live by Night	7:00am 7:15am	Football EFL Greatest Games EFL Greatest Games
7:00am 10:25am	CITV ITV News Saturday Morning	7:25am	Totally Bonkers Guinness World Records		Murder, She Wrote Drama series about a sleuthing writer		The Protectors The story of three freelance	7:20am 9:20am 11:10am	Lethal Weapon Ride Along 2 The Karate Kid	7:00am 8:55am	Rings Live by Night The Hatton Garden	7:00am 7:15am 7:30am	EFL Greatest Games EFL Greatest Games SPFL Matters
7:00am 10:25am 10:30am	CITV ITV News Saturday Morning with James Martin	7:25am 7:50am	Totally Bonkers Guinness World Records Emmerdale Omnibus		Murder, She Wrote Drama series about a sleuthing writer who solves murder		The Protectors The story of three freelance troubleshooters who	7:20am 9:20am 11:10am 1:20pm	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange	7:00am 8:55am 11:15am	Rings Live by Night The Hatton Garden Job	7:00am 7:15am	EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super
7:00am 10:25am 10:30am	CITV ITV News Saturday Morning with James Martin Gino's Italian	7:25am 7:50am	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street	7:00am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.		The Protectors The story of three freelance troubleshooters who run an international	7:20am 9:20am 11:10am 1:20pm 3:20pm	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave	7:00am 8:55am 11:15am	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a	7:00am 7:15am 7:30am 7:55am	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League
7:00am 10:25am 10:30am 12:25pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape	7:25am 7:50am 10:25am	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus	7:00am 7:50am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote		The Protectors The story of three freelance troubleshooters who run an international crime fighting	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan	7:00am 8:55am 11:15am 12:55pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween	7:00am 7:15am 7:30am 7:55am 10:00am	EFL Greatest Games EFL Greatest Games EFL Matters Live Chinese Super League Football Countdowns
7:00am 10:25am 10:30am 12:25pm	CITV ITV News Saturday Morning with James Martin Gino's Italian	7:25am 7:50am 10:25am 1:20pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out	7:00am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries.		The Protectors The story of three freelance troubleshooters who run an international	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2	7:00am 8:55am 11:15am 12:55pm 2:50pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League
7:00am 10:25am 10:30am 12:25pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors	7:25am 7:50am 10:25am 1:20pm 2:30pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule	7:00am 7:50am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd	7:00am 7:25am 8:30am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange	7:00am 8:55am 11:15am 12:55pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm	EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters
7:00am 10:25am 10:30am 12:25pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors Dick and James Strawbridge sail around Britain to	7:25am 7:50am 10:25am 1:20pm 2:30pm <b>3:00pm</b>	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run	7:00am 7:50am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a	7:00am 7:25am 8:30am 9:30am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00pm 1:00am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 <i>Sky Movies takes a</i>	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am	EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football
7:00am 10:25am 10:30am 12:25pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors Dick and James Strawbridge sail around Britain to discover fantastic	7:25am 7:50am 10:25am 1:20pm 2:30pm 3:00pm 4:00pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily	7:00am 7:50am 8:45am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set.	7:00am 7:25am 8:30am 9:30am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00pm 1:00am 3:10am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid Death Warrant	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 <i>Sky Movies takes a</i> <i>special look at the</i>	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm 1:00pm	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic.
7:00am 10:25am 10:30am 12:25pm 12:55pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors Dick and James Strawbridge sail around Britain to discover fantastic food.	7:25am 7:50am 10:25am 1:20pm 2:30pm 2:30pm 4:00pm 4:05pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily See Spot Run	7:00am 7:50am 8:45am 9:50am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set. FYI Daily	7:00am 7:25am 8:30am 9:30am 10:30am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The Opening Show	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00pm 1:00am 3:10am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 Sky Movies takes a special look at the sequel to the sci-fi	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic. Gillette Soccer
7:00am 10:25am 10:30am 12:25pm 12:55pm 1:50pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors Dick and James Strawbridge sail around Britain to discover fantastic food. The Harbour	7:25am 7:50am 10:25am 1:20pm 2:30pm 3:00pm 4:00pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily See Spot Run St Trinians: The	7:00am 7:50am 8:45am 9:50am 9:50am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set. FYI Daily The Mirror Crack'd	7:00am 7:25am 8:30am 9:30am 10:30am 11:30am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The Opening Show Pawn Stars	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00pm 1:00am 3:10am 4:45am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid Death Warrant Battle of the Bulge	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 Sky Movies takes a special look at the sequel to the sci-fi classic, starring Ryan	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm 1:00pm <b>3:45pm</b>	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic. Gillette Soccer Saturday
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7:00am 10:25am 10:30am 12:25pm 12:55pm 12:55pm 2:20pm 2:30pm 4:30pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors <i>Dick and James</i> <i>Strawbridge sail</i> <i>around Britain to</i> <i>discover fantastic</i> <i>food.</i> The Harbour ITV News The X Factor Thunderbirds are Go Father of the Bride Paul O'Grady: For	7:25am 7:50am 10:25am 1:20pm 2:30pm 2:30pm 4:00pm 4:00pm 4:05pm 5:05pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily See Spot Run St Trinians: The Legend of Frittons Gold FYI Daily St Trinians: The Legend of Frittons	7:00am 7:50am 8:45am 9:50am 9:55am 11:00am 12:05pm 2:05pm 4:10pm <b>6:05pm</b>	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set. FYI Daily The Mirror Crack'd Wycliffe Columbo Foyle's War Midsomer Murders Midsomer Murders	7:00am 7:25am 8:30am 9:30am 10:30am 11:30am 12:25pm 1:25pm 2:30pm 5:00pm	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The Opening Show Pawn Stars Pawn Stars Shed and Buried Shed and Buried ITV Racing Live Pawn Stars	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00am 3:10am 4:45am 4:45am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid Death Warrant Battle of the Bulge	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm 5:35pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 Sky Movies takes a special look at the sequel to the sci-fi classic, starring Ryan Gosling and the returning Harrison Ford. Live by Night The Hatton Garden	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm 1:00pm <b>3:45pm</b> 4:15pm <b>6:15pm</b>	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic. Gillette Soccer Saturday Gillette Soccer Saturday Football Brentford v Leeds United.
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7:00am 10:25am 10:30am 12:25pm 12:55pm 12:55pm 2:20pm 2:30pm 4:30pm 4:55pm 7:00pm 7:25pm 7:25pm 7:35pm 7:50pm 8:15pm 9:20pm 11:05pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors <i>Dick and James</i> <i>Strawbridge sail</i> <i>around Britain to</i> <i>discover fantastic</i> <i>food.</i> The Harbour ITV News The X Factor Thunderbirds are Go Father of the Bride Paul O'Grady: For The Love of Dogs Local News and Weather ITV News and Weather ITV News and Weather You've Been Framed! Ninja Warrior UK The X Factor The Jonathan Ross Show	7:25am 7:50am 10:25am 1:20pm 2:30pm 4:00pm 4:00pm 4:05pm 5:05pm 6:10pm 7:10pm 8:15pm 8:20pm 11:00pm 11:50pm	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily See Spot Run St Trinians: The Legend of Frittons Gold FYI Daily St Trinians: The Legend of Frittons Gold The Lord of the Rings: The Return of the King FYI Daily The Lord of the Rings: The Return of the King Celebrity Juice Family Guy	7:00am 7:50am 8:45am 9:50am 9:55am 11:00am 12:05pm 2:05pm 4:10pm 6:05pm 8:00pm 10:00pm 12:00am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set. FYI Daily The Mirror Crack'd Wycliffe Columbo Foyle's War Midsomer Murders Midsomer Murders Midsomer Murders Midsomer Murders The Syndicate The staff of Hazelwood Manor find their life changed when they win the lottery. Foyle's War ITV3 Nightscreen	7:00am 7:25am 8:30am 9:30am 10:30am 10:30am 12:25pm 1:25pm 2:30pm 5:00pm 5:55pm 8:00pm 1:200am 1:05am 1:10am 1:50am 2:50am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The Opening Show Pawn Stars Pawn Stars Shed and Buried ITV Racing Live Pawn Stars Shed and Buried ITV Racing Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Finals Live The Glimmer Man FYI Daily The Glimmer Man The Sweeney The Classic Car Show	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 11:00am 3:10am 4:45am 1:40pm 3:40pm 5:20pm 7:00pm 10:40pm 12:20am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid Death Warrant Battle of the Bulge CONCENSE Fred Claus Bad Neighbours 2 Sausage Party How to Lose a Guy in 10 Days Bad Neighbours 2 Sausage Party How to Lose a Guy in 10 Days Bad Neighbours 2 Sausage Party Mrs. Brown's Boys D'Movie Borat: Cultural Learnings of America for Make Benefit	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm 5:35pm 8:20pm 10:00pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 <i>Sky Movies takes a</i> <i>special look at the</i> <i>sequel to the sci-fi</i> <i>classic, starring Ryan</i> <i>Gosling and the</i> <i>returning Harrison</i> <i>Ford.</i> Live by Night The Hatton Garden Job Fifty Shades Darker Dakota Johnson and Jamie Dornan return as the bookish Anastasia Steele and damaged billionaire playboy Christian <i>Grey.</i> Rings	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm 12:30pm 4:15pm 6:15pm 8:40pm 10:45pm 11:15pm 12:15am 12:30am	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic. Gillette Soccer Saturday Gillette Soccer Saturday Gillette Soccer Saturday Gillette Soccer Saturday Football Brentford v Leeds United. Live La Liga 2017/18 A match from Spain's La Liga. EFL Goals: Championship Magical Messi EFL Goals: Championship Football
7:00am 10:25am 10:30am 12:25pm 12:55pm 12:55pm 2:20pm 2:30pm 4:30pm 4:55pm 7:00pm 7:25pm 7:25pm 7:35pm 7:50pm 8:15pm 9:20pm 11:05pm	CITV ITV News Saturday Morning with James Martin Gino's Italian Coastal Escape The Hungry Sailors <i>Dick and James</i> <i>Strawbridge sail</i> <i>around Britain to</i> <i>discover fantastic</i> <i>food.</i> The Harbour ITV News The X Factor Thunderbirds are Go Father of the Bride Paul O'Grady: For The Love of Dogs Local News and Weather ITV News and Weather ITV News and Weather You've Been Framed! Ninja Warrior UK The X Factor The Jonathan Ross	7:25am 7:50am 10:25am 1:20pm 2:30pm 4:00pm 4:05pm 5:05pm 6:10pm 7:10pm 8:15pm 8:20pm 11:00pm 11:50pm 12:20am	Totally Bonkers Guinness World Records Emmerdale Omnibus Coronation Street Omnibus Take Me Out Harry Hills Alien Fun Capsule See Spot Run FYI Daily See Spot Run St Trinians: The Legend of Frittons Gold FYI Daily St Trinians: The Legend of Frittons Gold The Lord of the Rings: The Return of the King FYI Daily The Lord of the Rings: The Return of the King Celebrity Juice	7:00am 7:50am 8:45am 9:55am 11:00am 12:05pm 2:05pm 4:10pm 6:05pm 8:00pm 10:00pm 12:00am	Murder, She Wrote Drama series about a sleuthing writer who solves murder mysteries. Murder, She Wrote The Mirror Crack'd Agatha Christie's Miss Marple investigates a murder on a film set. FYI Daily The Mirror Crack'd Wycliffe Columbo Foyle's War Midsomer Murders Midsomer Murders Midsomer Murders Midsomer Murders The Syndicate The staff of Hazelwood Manor find their life changed when they win the lottery. Foyle's War	7:00am 7:25am 8:30am 9:30am 10:30am 11:30am 12:25pm 1:25pm 2:30pm 5:50pm 5:55pm 8:00pm 1:05am 1:05am 1:10am 1:50am	The Protectors The story of three freelance troubleshooters who run an international crime fighting agency. The Avengers Motorsport UK Fishing Impossible ITV Racing: The Opening Show Pawn Stars Pawn Stars Shed and Buried ITV Racing Live Pawn Stars Shed and Buried ITV Racing Live Pawn Stars Pawn Stars Pawn Stars Hornblower World Series of Darts Finals Live The Glimmer Man FYI Daily The Glimmer Man The Sweeney The Classic Car	7:20am 9:20am 11:10am 1:20pm 3:20pm 5:20pm 7:15pm 9:00pm 1:00am 3:10am 4:45am 3:10am 4:45am 1:40pm 3:40pm 5:20pm 7:00pm 10:40pm 10:40pm 12:20am	Lethal Weapon Ride Along 2 The Karate Kid Doctor Strange The 5th Wave Tarzan Ride Along 2 Doctor Strange 300 The Karate Kid Death Warrant Battle of the Bulge COMEMAN Fred Claus Bad Neighbours 2 Sausage Party How to Lose a Guy in 10 Days Bad Neighbours 2 Sausage Party How to Lose a Guy in 10 Days Bad Neighbours 2 Sausage Party Mrs. Brown's Boys D'Movie Borat: Cultural Learnings of America	7:00am 8:55am 11:15am 12:55pm 2:50pm 5:05pm 5:35pm 8:20pm 10:00pm	Rings Live by Night The Hatton Garden Job Tyler Perry's Boo! a Madea Halloween Loving Moana: Special Blade Runner 2049 <i>Sky Movies takes a</i> <i>special look at the</i> <i>sequel to the sci-fi</i> <i>classic, starring Ryan</i> <i>Gosling and the</i> <i>returning Harrison</i> <i>Ford.</i> Live by Night The Hatton Garden Job Fifty Shades Darker Dakota Johnson and Jamie Dornan return as the bookish Anastasia Steele and damaged billionaire playboy Christian <i>Grey.</i>	7:00am 7:15am 7:30am 7:55am 10:00am 10:30am 11:00am 12:30pm 12:30pm 3:45pm 4:15pm 6:15pm 8:40pm 10:45pm 11:15pm 12:15am 12:30am	EFL Greatest Games EFL Greatest Games EFL Greatest Games SPFL Matters Live Chinese Super League Football Countdowns SPFL Matters Soccer A.M. SPFL Matters Football St Johnstone v Celtic. Gillette Soccer Saturday Gillette Soccer Saturday Gillette Soccer Saturday Gillette Soccer Saturday Football Brentford v Leeds United. Live La Liga 2017/18 A match from Spain's La Liga. EFL Goals: Championship Magical Messi EFL Greatest Games EFL Goals: Championship



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BBC	one	BBC	TWO	BBC	FOUR	СНА	NNEL	СНА	NNEL Ş		4		ky sports nain event
7:00am	Breakfast	7:05am	How We Won the	8:00pm	Only Connect	7:00am	Kevin Can Wait	7:00am	Milkshake!	7:00am	Black-Ish	7:00am	SKY Sports News
	Match of the Day	7.05411	War	0.0000	A show in which	7:25am	Kevin Can Wait		Teenage Mutant	7:25am	Couples Come Dine	8:00am	Total Goals
	The Andrew Marr	7:35am	A to Z of TV		connections must be	7:50am	Everybody Loves		Ninja Turtles		with Me	9:00am	Total Goals
	Show		Gardening		made between		Raymond	11:25am	Football on 5	8:25am	Couples Come Dine	9:30am	Live European Tour
11:00am	Sunday Morning Live	8:20am	Great British Garden		seemingly	8:15am	Everybody Loves	12:10pm	Make You Laugh Out		with Me		Golf
12:00pm	Sunday Politics		Revival		unconnected things.		Raymond		Loud	9:25am	,	1:00pm	Football
1:15pm	Bargain Hunt	9:20am	The Countryfile	8:30pm	University Challenge	8:40am	Everybody Loves	12:40pm	A Husband for		Made in Chelsea	2:15pm	Live Nissan Super
2:00pm	BBC News		Ramble for Children		Cult student quiz		Raymond		Christmas		Don't Tell the Bride		Sunday
2:10pm	Weather for the		in Need		show where two	9:05am	Frasier	2:25pm	Coming Home for		The Goldbergs	5:15pm	Live Nissan Super
	Week Ahead	12:00pm	Mary Berry's		rival university teams	9:30am	Frasier	4.05	Christmas	2:30pm	The Goldbergs		Sunday
	Points of View	42.20	Foolproof Cooking		<i>battle it out to see</i> <i>who has the most</i>	10:00am	Frasier Sunday Brunch		Let it Snow	3:00pm	The Goldbergs		Super Sunday
2:30pm	Lifeline		My Life on a Plate		superior intellects.	1:30pm	Jamie's Quick and	5:55pm 6:00pm	5 News Grease	3:30pm 4:00pm	The Big Bang Theory The Big Bang Theory		continues as Chelsea meet Manchester
	FA Cup Final Score Songs of Praise	1:15pm	MOTD2 Extra MOTD2 Extra	9:00pm	October: Ten Days	1.50011	Easy Food		Grease: Before and	4:30pm	Johnny English		United at Stamford
5:35pm	Blue Planet II		presents the latest	3.00pm	That Shook the	2:00pm	Jamie and Jimmy's	0.15011	After They Were	4.50pm	Reborn		Bridge.
6:35pm	BBC News		football action.		World	210000111	Friday Night Feast		Stars	6:30pm	The Big Bang Theory	8:00pm	Live NFL: Game
6:50pm	Regional News	2:00pm			An epic masterpiece	3:00pm	The Simpsons	9:15pm	Rugby on 5: Anglo	7:00pm	The Big Bang Theory	oroopin	A match from the
6:55pm	Weather		Unforgettable		of silent cinema,	3:30pm	The Simpsons		Welsh Cup	7:30pm	The Big Bang Theory		National Football
7:00pm	Panorama		Elephant: Natural		sanctioned by the	4:00pm	The Simpsons		Highlights	8:00pm	The Big Bang Theory		League.
7:30pm	Countryfile Autumn		World		Bolsheviks to	4:30pm	The Great British		The Grease Story	8:30pm	The Big Bang Theory	10:00pm	
	Special	3:00pm	Wild Brazil		celebrate the tenth		Bake Off: The Final	11:30pm	Most Shocking	9:00pm	The Big Bang Theory		Game
8:15pm	Strictly Come	4:00pm	Flog It!		anniversary of the	5:45pm	Channel 4 News		Moments in Pop	9:30pm	The Big Bang Theory		A match from the
	Dancing	5:00pm	Rugby League World		Russian Revolution	6:15pm	Paddington		Super Casino	10:00pm	Battle: Los Angeles		National Football
	Blue Planet II		Cup Highlights	10-10	of October 1917.	8:00pm	Escape	4:10am	GPs: Behind Closed		The world watches in		League.
	The Last Post	6:30pm	Match of the Day: FA		Ceremony	9:00pm	Great Canal		Doors		awe as meteors rain	2:00am	Live NFL: Oakland @
	BBC News	0.00	Cup Highlights	11:40pm 12:10am	The Space	10:00pm	Journeys Pig Pop		Documentary taking a look at what goes		down on Earth from	E.20am	Miami Sporting Decords
11:20pm 11:25pm	Regional News	8:00pm	Top Gear Robot Wars		Russia - A Century of		Gogglebox		on in the	12:20am	outer space. Naked Attraction	5:30am	Sporting Records An in-depth look at
	Match of the Day 2	9:00pm	Louis Theroux	J. IValli	Suspicion: A		The Railway Man		consultation room.	1:25am	Tattoo Fixers		some of the greatest
	Ronny Chieng:	11:35pm			Timewatch Guide	2:40am	The Supervet	5:00am	Britain's Biggest	2:30am	Rude Tube		milestones ever
	International Student	12:20am				3:35am	Gillette World Sport		Mosque	3:35am	First Dates		recorded in sport.
	Fs/	i	tv2	R	ty3	i	tv <b>4</b>		CINEMA	sicy	CINEMA		sports
			<b>tv2</b>		tv3		tv <b>4</b>	ACTIO	N & ADVENTURE		PREMIERE		football
7:00am	CITV	7:00am	Totally Bonkers	7:00am	Lewis	7:00am	The Protectors	лсто 7:30am	н в арментине The A-Team	7:00am	Loving	8:30am	Football Football Countdown:
7:00am 10:25am	CITV ITV News		Totally Bonkers Guinness World	7:00am 8:40am	Lewis Heartbeat	7:00am 7:25am	The Protectors The Avengers	7:30am 9:30am	The A-Team The Karate Kid, Part II		Loving Tyler Perry's Boo! a	8:30am 9:00am	Football Football Countdown Football's Greatest
7:00am 10:25am	CITV ITV News Australian	7:00am	Totally Bonkers Guinness World Records	7:00am 8:40am 9:45am	Lewis Heartbeat Heartbeat	7:00am 7:25am 8:35am	The Protectors The Avengers The Avengers	7:30am 9:30am 11:30am	The A-Team The Karate Kid, Part II The Great Escape	7:00am 9:10am	Loving Tyler Perry's Boo! a Madea Halloween	8:30am	Football Football Countdown Football's Greatest EFL Goals:
7:00am 10:25am	CITV ITV News Australian Wilderness with Ray	7:00am 7:15am	Totally Bonkers Guinness World	7:00am 8:40am 9:45am	Lewis Heartbeat Heartbeat Murder, She Wrote	7:00am 7:25am 8:35am 9:40am	The Protectors The Avengers The Avengers The Sweeney	7:30am 9:30am 11:30am	The A-Team The Karate Kid, Part II	7:00am 9:10am	Loving Tyler Perry's Boo! a	8:30am 9:00am 9:30am	Football Football Countdown Football's Greatest EFL Goals: Championship
7:00am 10:25am 10:30am	CITV ITV News Australian	7:00am	Totally Bonkers Guinness World Records The Cube	7:00am 8:40am 9:45am	Lewis Heartbeat Heartbeat	7:00am 7:25am 8:35am 9:40am	The Protectors The Avengers The Avengers The Sweeney The Sweeney	7:30am 9:30am 11:30am 2:25pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince	7:00am 9:10am 11:10am	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden	8:30am 9:00am 9:30am	Football Football Countdown Football's Greatest EFL Goals: Championship
7:00am 10:25am 10:30am 11:00am	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in	7:00am 7:15am 8:05am 11:00am	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance	7:00am 8:40am 9:45am 10:45am	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder mystery</i>	7:00am 7:25am 8:35am 9:40am 10:40am	The Protectors The Avengers The Avengers The Sweeney The Sweeney	7:30am 9:30am 11:30am 2:25pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves	7:00am 9:10am 11:10am	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job	8:30am 9:00am 9:30am 10:00am	Football Countdown Football's Greatest EFL Goals: Championship EFL Goals: League 1
7:00am 10:25am 10:30am 11:00am 12:00pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo	7:00am 7:15am 8:05am 11:00am 11:30am	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder mystery</i> <i>series.</i> Murder, She Wrote Murder, She Wrote	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live	7:30am 9:30am 11:30am 2:25pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team	7:00am 9:10am 11:10am 12:50pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath	8:30am 9:00am 9:30am 10:00am 10:30am	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder mystery</i> <i>series.</i> Murder, She Wrote Murder, She Wrote Heidi	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm <b>6:00pm</b>	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars	7:30am 9:30am 11:30am 2:25pm 4:55pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues	8:30am 9:00am 9:30am 10:00am 10:30am	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Heidi Carry on Follow That	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:00pm 6:30pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1 and 2
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Murder, She Wrote Heidi Carry on Follow That Camel	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:00pm 6:30pm 6:55pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am	Football Countdown Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1 and 2 I The Sunday
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Pawn Stars	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am	Football Countdown Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 The Sunday Supplement
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm 4:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder mystery</i> <i>series.</i> Murder, She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i>	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm 7:50pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 1:00pm	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 The Sunday Supplement Football
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together A Very Royal	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm 2:10pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed Gold!	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm	The Protectors The Avengers The Avengers The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara	7:00am 9:10am 11:10am 12:50pm 2:30pm 4:45pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape.	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 1:00pm <u>3:30pm</u>	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:00pm 2:10pm 3:50pm 4:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm 2:10pm 2:45pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm 5:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i> <i>latest entertainment</i>	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm 7:50pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts Finals Live	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days	7:00am 9:10am 11:10am 12:50pm 2:30pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 1:00pm <u>3:30pm</u> 4:00pm	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo Live La Liga 2017/18
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm 4:35pm 5:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together A Very Royal Wedding	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm 2:10pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed Gold! Bean	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm 5:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder, She Wrote</i> Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i> <i>latest entertainment</i> <i>news.</i>	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 11:40am 1:45pm 6:00pm 6:30pm 6:55pm 7:25pm 7:50pm 8:00pm	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts Finals Live	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days	7:00am 9:10am 11:10am 12:50pm 2:30pm 4:45pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. The Hatton Garden	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 1:00pm <u>3:30pm</u>	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: Championship EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm 4:35pm 5:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together A Very Royal Wedding Local News and Weather All the very latest	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:55am 12:05pm 12:25pm 2:10pm 2:45pm 3:50pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed Gold! Bean FYI Daily Bean Looney Tunes: Back	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm 5:05pm 5:10pm 6:00pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder,</i> She Wrote Murder, She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i> <i>latest entertainment</i> <i>news.</i> Carry on Follow That Camel Lewis	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:00pm 6:30pm 6:55pm 7:25pm 7:50pm 8:00pm 1:05am 1:10am	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts Finals Live 6 Bullets FYI Daily 6 Bullets	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days	7:00am 9:10am 11:10am 12:50pm 2:30pm 4:45pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. The Hatton Garden Job Aftermath Fifty Shades Darker	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 1:00pm 3:30pm 4:00pm 6:05pm 6:15pm	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo Live La Liga 2017/18 La Liga Greatest Games Live La Liga 2017/18
7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm 4:35pm 5:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together A Very Royal Wedding Local News and Weather All the very latest local news and	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:40am 11:55am 12:05pm 12:25pm 2:10pm 2:45pm 3:55pm 4:30pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed Gold! Bean FYI Daily Bean Looney Tunes: Back in Action	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm 5:05pm 5:10pm 8:00pm 8:00pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder,</i> She Wrote <i>Murder,</i> She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i> <i>latest entertainment</i> <i>news.</i> Carry on Follow That Camel Lewis Lewis	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm 7:50pm 8:00pm 1:05am 1:05am 1:10am 2:15am	The Protectors The Avengers The Avengers The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts Finals Live 6 Bullets FYI Daily 6 Bullets The Sweeney	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am 6:30am 8:00am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days	7:00am 9:10am 11:10am 12:50pm 2:30pm 4:45pm 6:40pm 8:20pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. The Hatton Garden Job Aftermath Fifty Shades Darker Steamy sequel	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 11:30am 1:00pm <u>3:30pm</u> 4:00pm <u>6:05pm</u>	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo Live La Liga Greatest Games Live La Liga 2017/18 La Liga Greatest
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7:00am 10:25am 10:30am 11:00am 12:00pm 2:00pm 2:10pm 3:50pm 4:35pm 5:35pm	CITV ITV News Australian Wilderness with Ray Mears Peston on Sunday Columbo: Rest in Peace Mrs Columbo ITV News The X Factor Catchphrase Ball and Boe: Back Together A Very Royal Wedding Local News and Weather All the very latest local news and weather. ITV News and	7:00am 7:15am 8:05am 11:00am 11:30am 11:40am 11:40am 11:55am 12:05pm 12:25pm 2:10pm 2:45pm 3:55pm 4:30pm	Totally Bonkers Guinness World Records The Cube Coronation Street Omnibus Guidance L.A. Story Ready, Set, Style Ready, Set, Style Third Wheel The X Factor You've Been Framed Gold! Bean FYI Daily Bean Looney Tunes: Back in Action FYI Daily Looney Tunes: Back	7:00am 8:40am 9:45am 10:45am 11:50am 12:50pm 1:55pm 4:05pm 5:05pm 5:10pm 6:00pm 8:00pm 10:00pm 11:05pm	Lewis Heartbeat Heartbeat Murder, She Wrote <i>Murder,</i> She Wrote Murder, She Wrote Heidi Carry on Follow That Camel FYI Daily <i>A round-up of the</i> <i>latest entertainment</i> <i>news.</i> Carry on Follow That Camel Lewis Lewis The Syndicate Honest	7:00am 7:25am 8:35am 9:40am 10:40am 11:40am 1:45pm 6:30pm 6:30pm 6:55pm 7:25pm 7:50pm 8:00pm 1:05am 1:05am 1:10am 2:15am	The Protectors The Avengers The Avengers The Sweeney The Sweeney Hornblower World Series of Darts Finals Live Pawn Stars Pawn Stars Pawn Stars Pawn Stars Snooker v Darts World Series of Darts Finals Live 6 Bullets FYI Daily 6 Bullets The Sweeney Storage Wars British Touring Car	7:30am 9:30am 11:30am 2:25pm 4:55pm 7:00pm 9:00pm 11:25pm 1:35am 6:30am 8:00am 9:45am	The A-Team The Karate Kid, Part II The Great Escape Robin Hood: Prince of Thieves In the Heart of the Sea The A-Team Robin Hood: Prince of Thieves Sahara End of Days CINEMA Police Academy 6: City Under Siege Angus, Thongs and Perfect Snogging Uncle Buck	7:00am 9:10am 11:10am 12:50pm 2:30pm 4:45pm 6:40pm 8:20pm	Loving Tyler Perry's Boo! a Madea Halloween The Hatton Garden Job Aftermath Live by Night Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. The Hatton Garden Job Aftermath Fifty Shades Darker Steamy sequel following the ongoing relationship	8:30am 9:00am 9:30am 10:00am 10:30am 11:00am 11:30am 11:30am 1:00pm 3:30pm 4:00pm 6:05pm 6:15pm 8:20pm 8:30pm	Football Countdown: Football's Greatest EFL Goals: Championship EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 EFL Goals: League 1 and 2 The Sunday Supplement Football Ronaldo Live La Liga 2017/18 La Liga Greatest Games Live La Liga 2017/18 La Liga Greatest Games Live La Liga 2017/18
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## TV Couch Critic

STRICTLY COME DANCING (BBC1, Saturday & Sunday) continues to delight with glitz and sparkle even though I wasn't sure that without Sir Bruce and Seven-loving Len it would remain as a weekend favourite.

But it most certainly is.

Twitter-using fans of the show will have seen a flood of comments about the camera angles over recent weeks and I agree.

Clearly someone has a new box of tricks and wants to throw them all at the dancers, with cameras spinning around the dance floor, way too many overhead shots and on one occasion a lens so close to the dancing couple there was a real danger of a collision.

All that glitter and hair product to clean up, and that's just from a slight



# Strictly camera angles plus unripe avocados

brush against Bruno!

Maybe Len needs to return and sort it all out, as only he can?

A show that on paper shouldn't work, but on the screen really does, is *James and Jupp (BBC2 Wales*, Sunday).

Maybe a touch of Miss Marple is needed to find this given the channel, but if you want a blast of stunning countryside and two-blokes-in-a carhumour, seek it out.

The format is simple: comedians Elis James and Miles Jupp take a car trip around Wales, and while it isn't Top Gear or the sort of comedy normally familiar from these two, the banter is genuine and the trip on the A470 connecting south and north Wales is spectacular.

Meanwhile I am getting increasingly worried by some content panellists on *Loose Women (ITV*, weekdays) are being given to work with.

As daytime telly, viewers expect mixed topics to be discussed from hard hitting to trivial.

But a recent item asked if viewers suffered 'avocado anxiety,' a term used

following re-

search that revealed a fear among one in three millennials when their avocados aren't ripe.

This may be about the right level for lovely Stacey Solomon and lets face it Linda Robson will read anything from autocue, but the likes of Janet Street-Porter and Ruth Langford as serious commentators surely deserve something better.

The latest written-by and starring Jack Whitehall offering *Bounty Hunters* (*SKY1*, Wednesday) pairs Jack with Rosie Perez, while Robert Lindsay and Charity Wakefield are thrown in for good measure.

As Jack has written this one I am unsure why he has cast himself as a middle class fool; maybe just to reinforce his one-trick pony CV?

His character, Barnaby - why give him such a name Jack? - is trying to save the failing family antiques business and gets involved with looted treasures from the East.

It is unclear how this will play out, but Rosie is gorgeous and Jack looks good with spectacles and trimmed beard, so I'm sticking with it.

Finally, *The Crown (Netflix)* starts a second season on December 8. With the story known inside out, based on season one there will be little if anything new.

Even so the date is already in my viewing diary.

Critique: AWL, Casares, Costa del Sol

Airbox: evolution

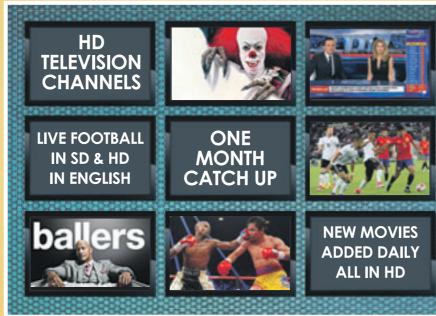


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	Women at War	7.50am	Diaries		Great Continental	8:35am	Everybody Loves		The Wright Stuff	7:30am	Hollyoaks	7.000111	Sports Fans
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2:45pm	Doctors	2:45pm	The Planners		border with Britain's	12:00pm	The Simpsons	4:15pm	Defending Santa	1:00pm	New Girl	9:30am	Good Morning
3:15pm	Impossible	3:45pm	Family Finders		oldest ally, Portugal.	12:30pm	The Simpsons		5 News	1:30pm	New Girl		Sports Fans
4:00pm	Escape to the	4:15pm	Operation Gold Rush		Beginning in Galicia,	1:00pm	Channel 4 News		Neighbours	2:00pm	The Big Bang Theory	10:00am	Good Morning
	Country		with Dan Snow		Michael discovers		Come Dine with Me		Home and Away	2:30pm	The Big Bang Theory		Sports Fans
4:45pm	Money for Nothing	5:15pm	Back in Time for		the elegant city of La	2:05pm	My Kitchen Rules		5 News	3:00pm	The Goldbergs		Premier League Daily
5:30pm	Flog It!		Dinner		Coruna, a		Countdown		Car Crash TV	3:30pm	The Goldbergs		Sky Sports Daily
6:15pm	Pointless	6:15pm	Put Your Money		fashionable		A Place in the Sun		All New Traffic Cops	4:00pm	How I Met Your		SKY Sports News
7:00pm	BBC News		Where Your Mouth Is		destination for	5:00pm	Coast v Country	10:00pm	Chris Tarrant:	F 00	Mother		SKY Sports News
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	EastEnders Would I Lie to You?	8:30pm	Coastal Path	11:20pm		7:30pm	Hollyoaks	12:05am		7:00pm	The Big Bang Theory	6:00pm 7:00pm	SKY Sports News SKY Sports News
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12:30am	The Graham Norton	12:15am	Exodus: Our Journey				First Dates	5:45am	House Doctor		Tattoo Fixers		Ten
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7:00am 9:30am	Good Morning Britain Lorraine The Jeremy Kyle	7:00am 7:45am	The Cube Totally Bonkers Guinness World Records	7:00am 7:25am	Classic Coronation Street Classic Coronation Street	7:00am 8:00am 9:00am 9:30am	The Chase The Chase Storage Wars Cash Cowboys	7:35am 9:25am 11:05am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job	10:00am 10:15am	<b>Cootball</b> La Liga Highlights: Barcelona La Liga Highlights: Real Madrid
7:00am 9:30am 10:25am	Good Morning Britain Lorraine The Jeremy Kyle Show	7:00am 7:45am 8:10am	The Cube Totally Bonkers Guinness World Records Dinner Date	7:00am 7:25am 7:50am	Classic Coronation Street Classic Coronation Street Heartbeat	7:00am 8:00am 9:00am 9:30am 10:30am	The Chase The Chase Storage Wars Cash Cowboys Ironside	7:35am 9:25am 11:05am 1:05pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft	7:00am 9:20am	Loving Aftermath The Hatton Garden Job Rings	10:00am 10:15am	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest
7:00am 9:30am 10:25am 11:30am	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning	7:00am 7:45am 8:10am 9:00am	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale	7:00am 7:25am 7:50am 8:50am	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E.	7:35am 9:25am 11:05am 1:05pm 3:15pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job Rings The curse continues	10:00am 10:15am 10:30am	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games
7:00am 9:30am 10:25am 11:30am 1:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show	7:00am 7:45am 8:10am 9:00am 9:30am	The Cube Totally Bonkers Guinness World Records Dinner Date	7:00am 7:25am 7:50am 8:50am 9:50am	Classic Coronation Street Classic Coronation Street Heartbeat	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am	The Chase The Chase Storage Wars Cash Cowboys Ironside	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid	10:00am 10:15am	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games
7:00am 9:30am 10:25am 11:30am 1:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women	7:00am 7:45am 8:10am 9:00am 9:30am	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job Rings The curse continues	10:00am 10:15am 10:30am 11:00am	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm <b>6:15pm</b> 7:20pm	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 9:00pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend	10:00am 10:15am 10:30am 11:00am 1:05pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 7:20pm 7:45pm	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 11:10pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break	7:00am 9:20am 11:10am 1:00pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape.	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm 5:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 7:20pm 7:20pm 7:45pm 12:15am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 11:10pm	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft	7:00am 9:20am 11:10am	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a	10:00am 10:15am 10:30am 11:00am 1:05pm <u>3:10pm</u>	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 5:00pm 6:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 12:15am 1:25am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 9:00pm 11:10pm 1:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm 5:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm 3:40pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 7:20pm 7:45pm 7:20pm 7:45pm 1:25am 1:25am 1:30am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 9:00pm 11:10pm 1:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:00pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games Football Years
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 3:00pm 5:00pm 5:00pm 7:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm 2:50pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 1:25am 1:25am 1:30am 2:10am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 9:00pm 11:10pm 1:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the Stone	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights:
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 3:00pm 5:00pm 7:00pm 7:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather ITV Evening News	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show The Ellen DeGeneres	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 11:25pm 2:30pm 3:40pm 4:15pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation Street	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 7:20pm 7:45pm 7:20pm 7:45pm 1:25am 1:25am 1:30am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK The Protectors	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 1:10pm 1:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm 6:35pm	Loving Aftermath The Hatton Garden Job Rings <i>The curse continues</i> <i>when a college kid</i> <i>and his girlfriend</i> <i>both watch the</i> <i>death-bringing</i> <i>videotape.</i> Let Me Make You a Martyr Voice From the Stone Aftermath	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:00pm 6:30pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights: Barcelona
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 4:00pm 5:00pm 7:00pm 7:30pm 8:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather ITV Evening News Emmerdale	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm 2:50pm <b>3:45pm</b>	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm 3:40pm 4:15pm 4:45pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation Street Inspector Morse	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 1:25am 1:25am 1:30am 2:10am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK The Protectors <i>The story of three</i>	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 11:10pm 11:10pm 1:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the Stone Aftermath The Hatton Garden	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:00pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights: Barcelona La Liga Highlights:
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 3:00pm 5:00pm 5:00pm 7:30pm 8:00pm 8:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather ITV Evening News	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm 2:50pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show The Ellen DeGeneres	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm 3:40pm 4:15pm 4:45pm 7:00pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation Street	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 1:25am 1:25am 1:30am 2:10am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK The Protectors	7:35am 9:25am 11:05pm 3:15pm 5:15pm 7:20pm 11:10pm 1:10pm 1:10am 8:25am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm 6:35pm 8:20pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the Stone Aftermath The Hatton Garden Job	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:00pm 6:30pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights: Barcelona
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 3:00pm 5:00pm 5:00pm 7:00pm 8:00pm 8:30pm 9:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather ITV Evening News Emmerdale Coronation Street	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm 2:50pm <b>3:45pm</b>	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show The Jeremy Kyle	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm 3:40pm 4:15pm 4:45pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation Street Inspector Morse Heartbeat	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 1:25am 1:25am 1:30am 2:10am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK The Protectors The story of three freelance	7:35am 9:25am 11:05pm 3:15pm 5:15pm 7:20pm 11:10pm 1:10am 6:10am 8:25am 10:10am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm 6:35pm 8:20pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the Stone Aftermath The Hatton Garden	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:30pm 6:30pm 6:45pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights: Barcelona La Liga Highlights: Real Madrid
7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 3:00pm 3:00pm 5:00pm 7:00pm 7:00pm 8:00pm 8:30pm 9:00pm 9:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News Dickinson's Real Deal Tenable Tipping Point The Chase Local News and Weather ITV Evening News Emmerdale Coronation Street The Harbour	7:00am 7:45am 8:10am 9:00am 9:30am 10:30am 10:30am 11:20am 12:20pm 1:20pm 1:50pm 2:50pm <b>3:45pm</b> 4:50pm	The Cube Totally Bonkers Guinness World Records Dinner Date Emmerdale Coronation Street The Ellen DeGeneres Show Dinner Date Dress to Impress Emmerdale Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show	7:00am 7:25am 7:50am 8:50am 9:50am 10:15am 10:45am 11:10am 1:25pm 2:30pm 3:40pm 4:15pm 4:45pm 7:00pm 8:00pm	Classic Coronation Street Classic Coronation Street Heartbeat Wild at Heart Judge Judy Judge Judy Judge Judy Inspector Morse Wild at Heart Heartbeat Classic Coronation Street Classic Coronation Street Inspector Morse Heartbeat Murder, She Wrote	7:00am 8:00am 9:00am 9:30am 10:30am 11:35am 12:35pm 1:45pm 6:15pm 7:20pm 7:45pm 1:25am 1:25am 1:30am 2:10am	The Chase The Chase Storage Wars Cash Cowboys Ironside Quincy, M.E. The Sweeney Snooker The Avengers Storage Wars Snooker A Dangerous Man FYI Daily A Dangerous Man Motorsport UK The Protectors The story of three freelance troubleshooters who	7:35am 9:25am 11:05am 1:05pm 3:15pm 5:15pm 7:20pm 9:00pm 11:10pm 1:10am 1:10am 8:25am 10:10am 11:50am	Mercury Plains Fantastic Four: Rise of the Silver Surfer The Karate Kid, Part II Warcraft Point Break Rocky Fantastic Four: Rise of the Silver Surfer Warcraft Point Break Pearl Harbour COMMENDA Bicentennial Man The House Bunny Balls of Fury Fred Claus	7:00am 9:20am 11:10am 1:00pm 2:50pm 4:45pm 6:35pm 8:20pm	Loving Aftermath The Hatton Garden Job Rings The curse continues when a college kid and his girlfriend both watch the death-bringing videotape. Let Me Make You a Martyr Voice From the Stone Aftermath The Hatton Garden Job Fifty Shades Darker	10:00am 10:15am 10:30am 11:00am 1:05pm 3:10pm 5:15pm 5:45pm 6:30pm 6:30pm 6:45pm 7:00pm	La Liga Highlights: Barcelona La Liga Highlights: Real Madrid La Liga Greatest Games Football Football La Liga Greatest Games La Liga Greatest Games La Liga Greatest Games Football Years La Liga Highlights: Barcelona La Liga Highlights: Real Madrid Magical Messi
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not worth it buy it from your local company that will install and give you a guarantee, plus we will be here long after the cowboys have ridden back out of the Costa's you know it makes sense in the long run.

COME AND SEE IT WORKING FOR YOURSELF, TRY BEFORE YOU BUY

**3 MONTHS WE CAN HELP YOU** 

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1:15am 4:00am	<i>franchise.</i> Jackpot247 Loose Women	11:05pm 12:35am	Bridesmaids Family Guy	11:05pm <mark>1:00am</mark> 3:00am	Lewis Inspector Morse ITV3 Nightscreen	2:30am	<i>latest entertainment news.</i> Gascoigne	1:15am	The Cable Guy	3:25am	Let Me Make You a Martyr	11:30pm 12:00am	La Liga World Capital One Cup Final 2012/13

# **Follow your dreams**

#### Sally Trotman

www.sallytrotman.com Sally Trotman is a qualified Counsellor who works with Astrology, Numerology and the Tarot. Each month she will deliver the forecast as an intuitive tool to aid increased self

#### **ASTROLOGY: ignite your passions**

Sun in Scorpio : This month the sun is influenced by the watery symbol of Scorpio. This sign brings the opportunity to get to the truth of the matter, whether concerning relationship issues, health problems or career direction. What makes your heart sing? Is there something you love to do (or someone you love to be with?) but need a little courage to follow your heart?

This is the month to follow your dreams and explore your own hidden depths to find out what really makes you tick. You may also help others to do the same, so take time to listen to friends and family this month, who may be looking for some guidance and reassurance.

Get in tune with the moon : The full moon on November 3 is in the earthy sign of Taurus. This is an excellent time to become clear about your vision for the new year. Whilst heading towards winter, when there is less light in the sky. you will be able to hear your inner voice more clearly. So take time out for yourself to walk.

write or meditate to help you become aware of your inner yearnings

Putting together a collection of photos and words to represent your vision would be helpful at this time. This will give you something to look at as the year progresses. The new moon on November 18 is in the sign of Scorpio. Spend time with inspiring friends on this day and see what insights come to you. Then begin to take action to bring your desires to fruition, so that by the time spring arrives next year your plans are well under way.

#### Numerology: master your destiny

Number 11 : This is the number of the inspired healer and creative artist. It is an intuitive and instinctual number, dynamic and focused at its best, indecisive and alone when fearful. Consider where you are following your intuition, and whether you are making the most of your natural talents at this time. Is your energy buoyant or are you in need of a rest? Do you feel decisive about your future direction, or is it a little unclear? There may be a few tests thrown in this month, but don't despair. Everything happens for a reason. So embrace any difficulties you face this month with strength and confidence. Use your inner knowing to navigate through any challenges you may face.

SCORPIO: Get to the truth of the matter.

The Tarot: embrace change In the Tarot Deck, the 11th

card in the picture deck is the card of Justice. This card deals with the idea of karma, and the law of cause and effect, stating that all events, and all people are connected. This card also indicates that it is perhaps time to make an important decision. Will you continue your life as it is, or will you

take real action to change? This card indicates that now is the time to gain true satisfaction and you must evaluate

your outer life using your inner wisdom. In order to assess your life you must be truly honest for this is an act of deep self love. Know that now is the time to begin creating the life you truly desire.

#### Your Personalised Forecast

Receive your own personalised Astrology, Numerology and Tarot Forecast for the year ahead. Forecasts cost £50 for a one-hour session either via Skype, FaceTime or email.

Email at sally.trotman@btinternet.com or visit www.sallytrotman.com to book in.

#### **Cassandra Nash**

A weekly look - and not entirely impartial reaction -to the Spanish political scene

CARLES PUIGDEMONT, who dissembled for nearly a month, declared Catalan independence in a farcical vote in a half-empty parliament chamber.

Seventy pro-independence MPs were considered sufficient for UDI although changes to the region's electoral laws or the Statute of Autonomy require approval from 90.

Article 155 of the Spanish constitution has suspended Cataluña's autonomous status and on paper the separatists are set to lose the regional elections announced for December 21s

Vice-president Soraya Saenz de Santamaria, Mariano Rajoy's righthand woman and not the best-loved member of his government, will oversee the day-to-day running of the region.

Anything can happen between now and the elections. And anti-system CUP plus Asamblea Nacional Catalana (ANC) and Omnium - obsessively separatist associations whose leaders are remanded for sedi-

# happen

tion - will want to ensure that it does.

## Good PR

THE secessionists are great communicators, foreign correspondents covering the Catalan drama said.

They praised their ease in reaching Raul Romeva, the Generalitat Catalan's Foreign Affairs chief and even the regional president Carles Puigdemont

Getting a Madrid government spokesman to make a live public statement was virtually impossible, they lamented, and they are used to getting nothing specific or a sermon about the Catholic Monarchs at Moncloa press conferences.

Little wonder the sympathies of the international media lie with poor little Cataluña, trampled under the hoofs of the raging Spanish bull and tossed on its cruel horns.



No matter that Carles Puigdemont. Oriol Junqueras and Anna Gabriel have done more to undermine democracy in their own region than anyone since Franco. That's good PR for you.

## Conversation piece

ANTONIO TAJANI, president of the European Parliament, said that it is not Europe's job to mediate over a Spanish region.

Mariano Rajoy should have tried

that years ago but instead he and his government made a pig's ear of the Catalan issue. It started as a problem in 2010 when the Constitutional Tribunal overturned Cataluña's amended Statute at the Partido Popular's behest. Independence gathered momentum after 2012 and in 2017 ended in crisis and the Constitution's Article 155.

Unfortunately for Spain and Cataluña, Mariano Rajoy's brand of dialogue might be a monologue but Puigdemont's version was permission for independence.

# **Raking up** the past

PABLO CASADO remarked that Carles Puigdemont could end up like Lluis Companys, the Catalan president executed by Franco's government in 1940 after the Gestapo returned him from occupied France.

Casado is the Partido Popular's Communications vicesecretary and as usual with politicians whose mouths run away with them, he immediately insisted that he hadn't meant that at all.

But Casado's original statement reeked of Spanish nationalism whose epicentre is based in Madrid. Despite the secessionists' provocation and disregard for law and democracy, this attitude is partly responsible for the escalation of the Catalan crisis and Mariano Rajoy's inability to do anything other than get out the rulebook and read it to the Catalans.

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BBC	one	BBC	TWO	B B C	FOUR	СНА	NNEL	СНА	NNEL 5		4		or sports ain event
7:00am	Breakfast	7:00am	The Hairy Builder	8:00pm	Beyond 100 Days	7:20am	King of Queens	7:00am	Milkshake!	8:00am	Charmed	7:00am	Good Morning
10:15am	Women at War	7:30am	Women at War	8:30pm	Great Continental	7:45am	King of Queens		Programming aimed	9:00am	Charmed		Sports Fans
11:00am	Homes Under the	8:15am	Getting the Builders		Railway Journeys	8:10am	King of Queens		at children aged two	10:00am	Rules of Engagement	7:30am	Good Morning
	Hammer		in	9:00pm	Empire of the Tsars:	8:35am	Everybody Loves		to seven years old.	10:30am	Rules of Engagement		Sports Fans
12:00pm	Getting the Builders	9:00am	Britain Afloat		Romanov Russia		Raymond	10:15am	The Wright Stuff	11:00am		8:00am	Good Morning
	in	9:30am	Caught Red Handed		with Lucy Worsley	9:05am	Everybody Loves	12:15pm	Can't Pay? We'll	11:30am	Black-Ish		Sports Fans
12:45pm	Fugitives	10:00am	Victoria Derbyshire	10:00pm	Cosmonauts		Raymond		Take it Away!	12:00pm	How I Met Your	8:30am	Good Morning
	Bargain Hunt	12:00pm	BBC Newsroom Live	11:00pm	Detectorists	9:35am	Everybody Loves	1:10pm	5 News		Mother		Sports Fans
	BBC News	1:00pm	Easy Virtuesday		Sitcom in which two		Raymond		The latest news	12:30pm	How I Met Your	9:00am	Good Morning
	Regional News	2:30pm	Lifeline		friends go hunting	10:05am			coverage.		Mother		Sports Fans
•	Doctors	2:40pm	Grand Tours of		for their heart's	10:35am	Frasier	1:15pm	The Hotel Inspector	1:00pm	New Girl	9:30am	Good Morning
•	Impossible		Scotland		desire with a couple	11:05am	Ramsay's Hotel Hell		Returns	1:30pm	New Girl		Sports Fans
4:00pm	Escape to the	2:45pm	Permission		of metal detectors.	12:00pm	The Simpsons	2:10pm	Access	2:00pm	The Big Bang Theory	10:00am	Good Morning
	Country		Impossible: Britain's	11:30pm	The League of	12:30pm	The Simpsons		Home and Away	2:30pm	The Big Bang Theory		Sports Fans
4:45pm	Money for Nothing		Planners		Gentlemen	1:00pm	Channel 4 News		Neighbours	3:00pm	The Goldbergs	11:00am	Premier League Dail
•	Flog It!	3:45pm	Family Finders	12:00am	Sleuths, Spies and	1:05pm	Come Dine with Me		NCIS	3:30pm	The Goldbergs		Sky Sports Daily
•	Pointless	4:15pm	Operation Gold Rush		Sorcerers: Andrew	2:05pm	My Kitchen Rules		The Christmas Note	4:00pm	How I Met Your		SKY Sports News
7:00pm	BBC News		with Dan Snow		Marr's Paperback	3:10pm	Countdown	6:00pm	5 News		Mother		Live Next Gen Tennis
7:30pm	Regional News	5:15pm	Hebrides: Islands on		Heroes	4:00pm	A Place in the Sun	6:30pm	Neighbours	4:30pm	How I Met Your		Finals
	The One Show		the Edge	1:00am	Queen Victoria's	5:00pm	Coast v Country		Home and Away		Mother		Day two of the 201
	DIY SOS	6:15pm	Put Your Money		Letters: A Monarch	6:00pm	Four in a Bed		5 News	5:00pm	New Girl		Next Generation AT
	The Apprentice		Where Your Mouth Is		Unveiled	6:30pm	Steph and Dom's		Traffic Cops	5:30pm	New Girl		Finals in Milan, Italy
11:00pm	BBC News	7:00pm	Eggheads	2:00am	Pagans and Pilgrims:		One Star to Five Star	9:00pm	GPs: Behind Closed	6:00pm	The Goldbergs		as the top eight
	Regional News	7:30pm	Strictly it Takes Two		Britain's Holiest	7:00pm	The Simpsons		Doors	6:30pm	The Goldbergs		players under 21
11:40pm	Weather	8:00pm	Meet the Lords		Places	7:30pm	Hollyoaks	10:00pm	Big Family Values:	7:00pm	The Big Bang Theory		compete for the title
11:45pm	A Question of Sport	9:00pm	MasterChef: The	2:30am	British Art at War:	8:00pm	Channel 4 News	·	More Kids Than Cash	7:30pm	The Big Bang Theory	6:00pm	SKY Sports News
12:15am	Junior Doctors		Professionals		Bomberg, Sickert	9:00pm	The Supervet	11:00pm	Shannon Matthews:	8:00pm	Hollyoaks	7:00pm	SKY Sports News
12:45am	The Ganges with Sue	10:00pm	BIG LIFE FIX		and Nash	10:00pm	The Truth About Slim		The Mother's Story	8:30pm	Streetmate	7:30pm	Live Next Gen Tennis
	Perkins	11:00pm	The Apprentice:	3:30am	Cosmonauts		People	12:05am	When Kids Kill:	9:00pm	The Big Bang Theory		Finals
1:45am	Weather for the		You're Fired!			11:00pm	Man Down		Catfish Killer		The Big Bang Theory	11:30pm	Sky Sports News at
	Week Ahead	11:30pm	Newsnight			11:35pm	Homecoming	1:05am	Diced to Death:	10:00pm	The Inbetweeners		Ten
1:50am	BBC News	12:10am	Weather			12:35am	Gogglebox		Countdown to		Movie	12:00am	SKY Sports News
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that leads to achievement. Nothing can be done without hope and confidence.

#### Helen Keller, Author



Martin Luther King Jr

### World of English Allusion - a reference to an event, literary work or

person - I can't do that because I am not Superman.





ON MY LEFT BREXIT AND EUROPE - ON MY RIGHT CATALAN AND SPAIN - AND STILL THE SUN CONTINUES TO SHINE!

# **Most expensive Spanish footballers**

**AFTER Neymar's move to** PSG from Barcelona in the summer, fees for footballers have gone through the roof. The Brazilian became the most expensive footballer in history, but who are the most expensive Spaniards of all time? The fees are reported figures based on the current exchange rate of £1 to €1.1221 and not the rate at the time of transfer.

1. Alvaro Morata €78.5 million - Real Madrid to Chelsea Morata has been on the move many times in the past few vears, but has been a success at both Juventus and Real Madrid prior to his move to London. In a move that could eventually cost Chelsea €78.5 million, Morata has hit the ground running, scoring seven times already.



#### 2. Fernando Torres €56.1 million - Liverpool to Chelsea

Fernando Torres was a lethal striker during his Liverpool days, with his goalscoring exploits earning him a then World Record move to Premier League rivals Chelsea. Unfortunately for El Niño, the move to Chelsea didn't quite work out, but he has now found form again with the side where it all began, Atletico Madrid



#### 3. Gaizka Mendieta €45 million - Valencia to Lazio

Another Valencia superstar, Gaizka Mendieta was considered one of the country's best midfielders when he made the move from La Liga to Serie A. Unfortunately, Mendieta couldn't quite fill the void left by departing superstars Pavel Nedved and Juan Sebastien Veron and failed to live up to expectations

4. Juan Mata €41.6 million -



YOUR CAR?

902 123 309

#### Chelsea to Manchester United

Mata swapped Valencia for Chelsea in 2010 and quickly became a fan favourite, but was deemed surplus to requirements by Jose Mourinho at

Chelsea and was sold to then David Moves' Manchester United. Mata now finds himself working with Mourinho once more, but has managed to work his way into the Portuguese's plans this time around.

#### 5. David Villa - €38.3 million - Valencia to Barcelona

Barcelona shipped out a big fee for the man who scored more than 120 goals for Valencia. The Spaniard went on to form a formidable partnership with Lionel Messi and would go on to surpass Raul as the country's all-time top goalscorer.

	UK NATIONAL Lottery	IRISH LOTTO	EURO N	IILLIONS	LA PRIMITIVA	EL GORDO DE LA Primitiva
ERY	٢	National Lottery				
<b>OTTEI</b>	Saturday October 28	Saturday October 28	Tuesday October 24	Friday October 27	Saturday October 28	Sunday October 29
LO	(33)         (42)           (55)         (58)	(17)         (21)           (34)         (39)	(13) (27) (33)	(23) (39)	(21) (35) (37) (38)	(21) (51) (54)
	BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	

# YOUR STARS FOR NEXT 7 DAYS



Your lot is to be optimistic and positive. Perhaps in the last few months there was the need to take on the problems of others. However, you absolutely must get a balance here. Concentrate this week on getting your body and mind in good shape. That means being a little self-centred to start with. A good routine is essential and the will to stick with it.

PISCES

(February 20 - March 20)

Your very nature can lead to

internal struggles. In the coming

months, however, the truth

becomes clear. What is outside

of your experience now will

become a part of your make-up.

Any fear that you had of the

(March 21 - April 20)

There has been a very strong

feeling through these last few weeks. This feeling has been one

of spirituality. Your thoughts have

been deeper than usual and the

sense that there is more to life is

acute. This, therefore, gives an

impetus to everything that you do

this week. The need to progress

both on the home and business

front has rarely been stronger.

TAURUS

(April 21 - May 21)

In the last few weeks there may

have been a sense of being not

quite in control. That is

something to deal with this

week. Real progress will only be

made when you have faced

what is not wanted. You will rid yourself of any negative emotions quickly by facing them.

(May 22 - June 21)

You are a great charmer but it is

possible to have too much of a

good thing. Is there the possibility that your romantic life

needs tidying up? Perhaps the number of irons that you have in

the fire is causing problems? This week, make it a priority to

simplify your life. Be strong and straight with others. A clean slate

for the future means not letting small matters run away with you.

(June 22 - July 23)

The ever-inquisitive part of your brain is in high spirits. Clearly there is much to be known and enjoyed

over the coming months. Begin at the beginning though. Before you

throw yourself into a spiritual or

business endeavour, get the facts.

I don't mean what people tell you they think. What you need right

now is proof that your interest in a certain area is justified.

CANCER

GEMINI

unknown gradually diminishes

ARIES

( tên se



#### (August 24 - September 23) The changes that have already started in the way that you see your life have given pause for thought. You are sure that you could have done better but maybe it is not clear how.

LEO

Sometimes

bring us down.

(July 24 - August 23)

circumstances

Certainly there have been times that you felt crestfallen.

Avoid believing in the myth of 'what should have been'.

What you are is not what others see but what you feel

Take a step back now and see where you came from. Two years ago where were you heading? Do you still want to follow that path? A need to get back on track can start this week.



#### LIBRA (September 24 - October 23)

It becomes clear to you that some friends are drifting away. We all have to make changes as life itself is a constantly shifting event. You prefer to hold on to what is familiar and you are not alone in that At the moment, however, there is much for you to experience, see and feel.



With a lot of pent-up energy and not a little determination the month is off to a strong start with you.

Be aware, however, that treading on the toes of influential people is not to be advised. Your feeling that you are right is admirable, but be tactful



You of all people understand the importance of the spiritual side of life

Despite being successful in your own right there is the need to bring this to other people. In sharing your experiences this year come to a b ar you better to understanding yourself.



Your practical streak is in full force.

Over the next months you will bring much benefit to those around you, in financial terms perhaps, but also spiritually. This week, in itself, shows

you how others value your presence and advice.

10

13

18

22

24

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#### Cryptic

Across

1 Chopper about to take off with revolutionary leader (7) 5 Follow the path (5) 8 It concerns Adam's wife and the bailiff (5) 9 Unconventional start in passage (7) 10 Occurrence in Monica Seles's dav (4) 11 French boarding houses appreciated by the retired (8) 13 Public school admitting us, somewhere in London (6) 15 Sore when I wait on Her Majesty (6) 18 Old cabinetmaker as throne maker (8) 19 Temptation found in Cuba, Italy and France (4) 22 Greek wine, some clarets in

Athens (7)

23 Nothing going right sweetheart(5)

24 Wheel covers made from

pretty resilient stuff (5) 25 Keeps making chess move (7)

#### Down

1 Small boat from County Clare, possibly (7)

2 Vessels taking sheep over river (5)

3 See six points (4) 4 On the contrary, her art is moving (6)

5 US truck driver meets art work (8)

14

6 Take off nasty scab on poor Don (7) 7 Biblical refugee, American flower

11

15

17

25

12

(5)12 Not a sign of legal representatives (8)

14 Place of refuge lets her wander (7)

Code Breaker

17 Nothing found in reconditioned iMacs but a coloured pattern (6) **18** Dispute about right to get fish (5) 20 An incus is part of a Roman villa (5)

19

21

23

21 It's a positive sign, as well (4)

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 10 represents X and 21 represents K, so fill in X every time the figure 10 appears and K every time the figure 21 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

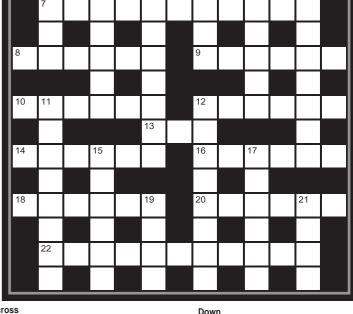
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902 123 309 Mines directa

16

Quick



## 7 Exclusive right (11) 8 Fisherman (6) 9 Full supply (6) 10 Made afraid (6) 12 Real (6)

16 Public building for gambling and entertainment (6)18 Capital of Austria (6) 20 Drink made of beer and lemonade (6)22 Wife or widow of a marquis (11)

2 Hawker (6) 3 Slang term for jail sentence (8)4 Stinging insect (4)

1 Not shut (4)

5 Turn aside (6)

- 6 Hold back (8)11 Establishes or strengthens as with new
- evidence or facts (8)

12 Forebear (8)

15 Disregard (6)

17 Apportions (6)19 Feel physical pain (4)

21 Twilight (4)

## **English - Spanish**

The clues are mixed, some clues are in Spanish and some are in English.

1		2		3		4	
							5
6			7			8	
			9		10		
11		12			13		
		14		15			
16				17		18	
	19						

9 Something (4) Down 1 Enough (8) 13 Tintas (para escribir) (4) 2 Oio (3) 14 To pray (say prayers) (4) 3 Royal (4)

11 Air (4)

10 Chica (4) 12 Cuerdas (gruesas) (5) 15 Minutes (of a meeting) (4)



# Bank-beating international money transfers

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### Boggled

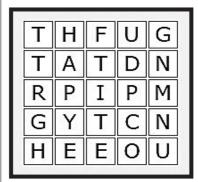
How many English words can you find in the Boggled grid, according to the following rules?

• The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.

• Words must contain at least four letters and may include singular and plural or other derived forms.

• No letter may be used more than once within a single word, unless it appears twice.

• No vulgarities or proper nouns are permitted.



#### **TARGET:**

• Average: 14 • Very good: 29 • Good: 20 • Excellent: 37

SCORING:

4 letters: 1 point 7 letters: 5 points 5 letters: 2 points 8 or more letters: 6 letters: 3 points 11 points

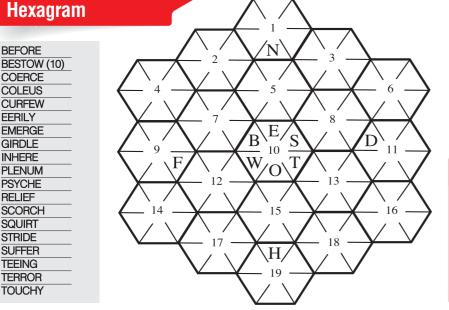
#### LAST WEEK'S SOLUTION

oven ovule ovine ever aery love levy levier levin lube lune vole viol venin view vine vino vinery oyer year yare yore rayon rein renin renown rowen ennui union inner oreo owner bevy benne buoy bunion bane banner nine none neon wive wine winner wino winey winery were wore annul anion anon hone honey



#### Parcheesi

Parcheesi STAR is an online version of classic board game Parcheesi. The game is played with two dice, four pieces per player and a board with a track around the outside, four corner spaces and four home paths leading to a central end space. Known to many as Ludo in the UK.



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells MUST BE THE SAME. The letters in the words must be written CLOCKWISE. The word in cell 10 (BESTOW) and one letter in four other cells are given as clues.

#### LAST WEEK'S SOLUTION

- 1 Threat 2 Trauma 3 Stench 4 Clumsy
- 5 Errata 6 Search 7 Marble 8 Rascal
- 9 Browse 10 Berate 11 Marvel 12 Enable 13 Mortal 14 Strait 15 Target
- 16 Stolen 17 Teeing 18 Hearty
- 19 Trendy.

#### Nonagram

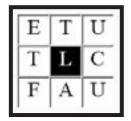
EERILY

INHERE

**BELIFE** 

STRIDE

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case L) and there must be AT LEAST ONE NINE LETTER WORD. Plurals. vulgarities or proper nouns are not allowed.



#### TARGET: Average: 7 • Good: 9

• Very good: 13 • Excellent: 17

1 Vela, 2 Papel, 3 Seda,

10 Amar, 12 Vein.

4 Norway, 7 Salads, 9 Dedos,

#### LAST WEEK'S SOLUTION

cent cere cert cite coin coir cone core corn cote icon nice once otic rice torc cento citer conte crone eiect erect nicer niece recon recti recto terce tonic trice center centre citron coiner cornet cretin encore entice erotic inject noetic notice recent recite reject tenrec tierce coterie ejector enteric enticer rejoice ejection erection injector neoteric REJECTION

## Kakuro

LOVE YOUR CAR?

902 123 309

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

	29	27		36	31
7			9 15		
21					
29					
24					
30					
9			9		

	13	5	27	15	9
21	8	3	4	5	1
27	5	2	3	9	8
		30	2	1	
	73	2	1		3
18	4	3	8	2	1
22	3	1	9	7	2

#### **CODE BREAKER** ĸ °М Â Ň Е Q

**ENGLISH-SPANISH** 

2 Poison, 5 Ceja, 6 Perder,

13 Almond, 14 Odio, 15 Screws.

7 Same, 8 Lid, 11 Envy,

### LAST WEEK'S SOLUTIONS

### **CRYPTIC**

#### Across:

7 Carapace, 8 Seat, 9 Gentle, 10 Images, 11 Eager, 12 Relents, 15 Dentist, 17 Nasty, 20 Reveal, 22 Agates, 23 Kind, 24 Specimen.

#### Down:

1 Lacerate, 2 Rattle, 3 Races, 4 Decided, 5 Escape, 6 Lame, 13 Tottered, 14 Useless, 16 Trendy, 18 Aramis, 19 Cater, 21 Enid.

## Across:

QUICK

1 Last, 3 Official, 9 Burglar, 10 Enjoy, 11 Loses, 12 Salary, 14 Errors, 16 Prison, 19 Scrape, 21 Pupil, 24 Extra, 25 Statues, 26 Basement, 27 Lead.

1 Labelled, 2 Sorts, 4 Forest, 5 Ideal, 6 Injures, 7 Lays, 8 Closer, 13 Enclosed, 15 Recites, 17 Repeal, 18 Reason, 20 Alarm, 22 Pause, 23 Verb.



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## LAST WEEK'S SOLUTION

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BOOKS

safe

horrific childhood.

ing on the vulnerable.

newborn baby at the station,

but what seems to be a tragic abandonment turns even

more sinister when a case of

modern slavery is uncov-

The two investigations

bring the team into a terrify-

ing world of human ex-

ploitation and cruelty, one

that puts Kim's life at risk as

shocking secrets from her

ks@euroweeklynews.com

own past are revealed.

ered



# SPONSORED BY TIME OUT

#### 1903 - Panama declares indepen dence

Panama issued a declaration of independence from Colombia, with the support of the US government. 1939 - Hitler survives assassination attempt

On the 16th anniversary of Adolf Hitler's Beer Hall Putsch he survives an assassination attempt when a bomb explodes 12 minutes after he had finished giving a speech. 1957 - Soviet Union send

dog into space Laika, a part Siberian husky, is launched into space aboard the Sputnik 2 spacecraft.

3

≤

Ð

 $\overline{\boldsymbol{\mathcal{S}}}$ 

1968 - Richard Nixon elected president. Nixon was elected after one of the closest elections in US history, narrowly beating Vice President Hubert

Humphrey by less than 500,000 votes 1991 - Magic Johnson an nounces he has HIV Basketball legend Earvin

'Magic' Johnson announced his retirement from the sport and became one of the first sports stars to go public about being HIV-positive.

1994 - George Foreman becomes oldest heavyweight champion. Forty-five-year-old 'Big George' became the oldest heavyweight champion after defeating 26-year old Micheal Moorer in Las Vegas in the 10th round in front of 12.000 fans.

> DVD **Devious** Plan

Director: Juan Carlos Medina Stars: Bill Nighy, Douglas Booth, Olivia Cooke



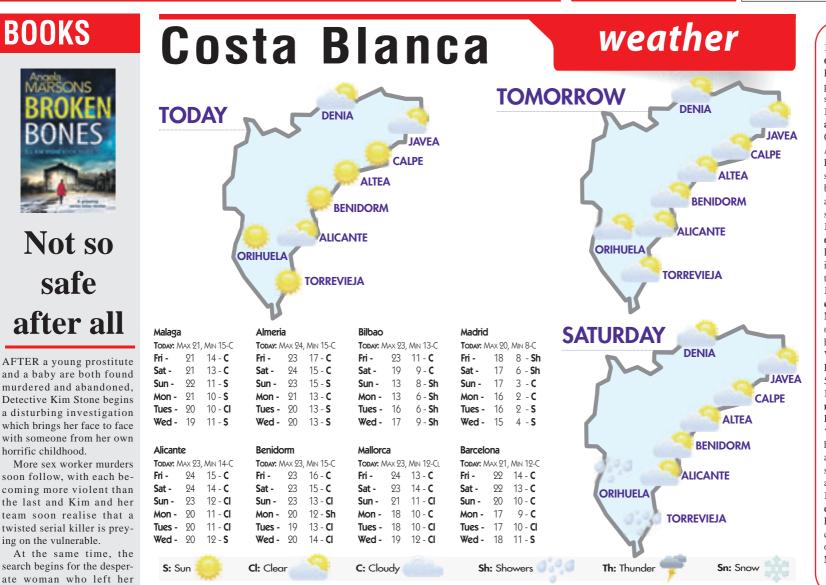
IN the Limehouse Golem, based on a novel by Peter Ackroyd, a series of murders take place in Victorian London, and people suspect that a mythical monster known as the Golem is responsible.

The police, however, arrest a music-hall star named Elizabeth Cree for the killings, after she is suspected of murdering her husband.

Lead investigator on the 'Golem' case, John Kildare attempts to prove Elizabeth's innoncence and narrows his search down to four suspects.

As Kildare investigates further all sorts of truths begin to unfold about who has been committing these brutal murders

Trivia Fact Between 1900 and 1920, Tug of War was an Olympic event.



902 123 309

Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

The actress

and singer is the

daughter of

Lola Flores

two other

Flores.

of

and the

sister

and Antonio

November 5, 31

Denmark

66

Son of long time goalkeeper with Manchester United Peter Schmeichel,

Kasper is first choice goalie for Leicester City and like his father,

Nigel Havers, Actor, November 6,

The actor son of former Conservative

minister Sir Michael Havers has

worked continuously in cinema and

TV. earning a BAFTA nomination for

his role in Chariots of Fire. He is

godfather of comedian Jack Whitehall

Samantha Womack, Actress, November 2, 45 Originally acted under the name Samantha Janus before her marriage and apart from regular TV spots C November 3, 68

#### including Eastenders she also represented the UK in the Eurovision Song Contest in 1991. • Anna Wintour, Journalist, Rosario Flo British born fashion icon who Lolita moved from being a Biba shop She has won two Latin Grammy assistant to become editor-in-chief Awards · Kasper Schmeichel, Goalkeeper, of Vogue.

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

· Rosario Flores, Singer, November

4, 54

					5		4	
					1		6	2
	3			2				
		7			6			9
2		9				6	1	8
		5				4		
			6	1			2	
	5			8				7
9					7			

# Word Ladder

· Sharleen

November 7, 50

off since that time

8.51

cooking.

FAKE

Move from the start word (FAKE) to the end word (COOK) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

> соок CORK

FORK FORE

FARE

FAKE

Solution

Spiteri,

The Scottish born rock singer had her

first hit with the band Texas in 1989 and has been playing with them on and

Gordon Ramsay, Chef, Novem

Outspoken and often foul mouthed

celebrity chef who has been extremely

successful, opening numerous high

quality restaurants and presenting any

number of TV programmes about

Singer,

COOK

			_					
9	3	5	8	4	6	1	2	7
4	7	8	2	1	3	5	6	9
1	2	6	5	9	7	8	4	3
8	1	7	9	6	4	2	3	5
2	5	9	3	7	8	4	1	6
6	4	3	1	5	2	7	9	8
7	6	2	4	8	9	3	5	1
5	8	4	6	3	1	9	7	2
3	9	1	7	2	5	6	8	4

### LAST WEEK'S SOLUTION

# YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to yoursay@euroweeklynews.com or make your comments on our website: www.euroweeklynews.com

Views expressed and opinions given are not necessarily those of the EWN publishers. No responsibility is accepted for accuracy of information, errors, omissions or statements.

# Liberal views a recipe for confusion?

#### SIR,

I have never written to a newspaper before.

But after reading the liberal bury your head in the sand - or somewhere else where the sun does not shine - full page (!) article entitled Children are not the confused ones that appeared in *issue 1684* I am compelled to comment.

So Anon (for it was written by an anonymous person), you feel that anyone that has a counter opinion to yours needs to be re-educated? I don't think so!

I agree with you that being LGBT is not a trend, it is a lifestyle chosen by those who make it. Most children are not mature or experienced enough to make choices on this or many other issues until they get into their teens, generally with some guidance from their parents.

If you have educated your children into believing that two men or two women having same sex sexual intercourse is 'normal' I fear that you gloss it over with statements like 'If a girl

# Beeb should be ashamed

CASSANDRA NASH definitely hits the nail on the head this week (*issue 1686*) referring to the UK media's inaccurate reporting on the Catalan situation.

I agree with her 100 per cent! I was shocked and angry at the way the BBC described the attempted Catalan Independence coup. Disgusted at the biased one-sided sensationalist take on the whole sorry affair.

Anyone would think Cataluña is a poor, downtrodden little region subjected to the evil tyranny of Madrid, instead of the wealthy, well-treated, spoiled region that it really is.



UK MEDIA: Inaccurate on Cataluña?

Why did they keep showing the same footage of the same independistas being dragged down a flight of stairs and pushed onto the street? Because that was all they had. These were isolated incidences and not widespread occurrences. luña? I expected more from a media corporation which has an international reputation for fairness and well-informed, accurate reporting. Can we believe anything the BBC says from now on? I for one certainly won't.

Lynn Hopkins, Fuengirola

### HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

# Catalan parliament declares independence

Irresponsible and tragic figures... this will only hurt their mislead supporters on the streets.

Most surely these immature cowards will not stand in the front line with their crowd against National Police. Ghandi was a great leader of peaceful disobedience, these guys are not.

I guess the vast majority of the people living in Cataluña thinks like us in this thread today. They never asked for any of this...

Let's keep our fingers crossed that no-one gets seriously injured the next days or worse... *Peter Redrin* Wait till it hits the pocket of the average person in the street. Trouble ahead. *Catriona Ni Bhucalla* 

# More than one million protest a unified Spain

They have got to be better together as a nation, than apart and fractured, out on a limb, Spain has come so far since the passing of Franco's fascist ruling, let's hope they work things out, and not listening to people that are only thinking of themselves. *George R Carman* 

## Society's poison (Leapy Lee)

Typically one-sided, simplistic argument Lee. It's much more complex than you would like to pretend. Just

# Comments from EWN online

for starters, many same sex parents are kind and caring. Some opposite sex parents get convicted of child cruelty etc. Your articles need more balance. *Sam B* Praying for a peaceful conclusion, love Spain. *Maggie Champion* 

# Ryanair £5 UK to Spain flight deal

I would not use them even if the flight were for free ...Arrogant MD ...I'm happy to pay anything rather than fly with this company, if no other airline I'd rather drive to Europe... Jane Duckworth

## Wild boar cull ordered

If they have to have a cull of the wild boar, then it should be done responsibly, or take as many of them back into the hills and forests, as is possible, and review the problem in a year's time. If the problem reoccurs then round up a said amount and send them to an abattoir, and the meat sold off. Which I am sure will be sold very quickly. *George R Carman* 

My dog is currently seriously ill after being attacked by wild boar near our home. I'm going to report it to the police to try to get some action. *Sue Cook* 

## Costa del Sol port cruises to record year

Malaga Port may have a record 2017 but I just arrived back yesterday on the Pullmantur Horizon cruise ship and it was confirmed on board that they will NOT be using Malaga to board or disembark passengers in 2018 due to a massive increase in port costs!

If we want to do a similar cruise next year then we have no choice other than to board in either Alicante or Barcelona....

Talk about biting the hand that feeds you! *Loraine Enriquez Murphy* 

# Man who raided 50 hotel rooms arrested

It's funny how people on holiday suddenly forget about taking care care of their valuables, money, and sometimes, their own safety, rogues, thieves, and vagabonds, even when they are on holiday, can't stop themselves from going about their profession. *George R Carman*  feels more like a boy and dresses as such so what' and 'if a boy dresses like a girl so what.'

Recipe for childhood confusion! Pedro J Elliott, address withheld

# Law of the land

A SPANISH friend has explained to me that the Spanish Constitution would need to be changed in order to allow the Spanish government to agree to the secession of Cataluña. UK citizens may find this difficult to understand as - luckily in my opinion we have no written constitution and thus it was relatively easy for Parliament in Westminster to allow the Scots to have a legal referendum.

Helena McGinty, Alhaurin El Grande

## Stamp it out!

I WONDER if there is some official reason why most (or what feels like most) official documentation in Spain still needs to be rubber stamped as in the UK pre-1990s? Or is it because civil offices remain paper-based? If so the government should be urged to sort this dated and environmentallydamaging practice out!!

Bill Turnbull, Orihuela

# No red tape

I HAVE recently sold my house in Calpe, and having heard many complaints about telephone and Wi-Fi suppliers would like to recognise some exceptional service. The helpline number at Orange was answered quickly and within seconds connected to an English-speaking operator. I gave the new information and as I was thanking him and saying goodbye he said 'that's all done now.' That's what I call good service!

Peter F Purvey, Calpe

# Just chill out

IT was ice, not global warming, that killed and entombed millions of mammoths and woolly rhinos in Siberia and Alaska. It was unrelenting cold and then ice, not global warming, that forced the Vikings out of Greenland. It was bitter winters, not heat waves, that finally defeated the armies of Napoleon and Hitler in Russia. It is lethal global cooling we need to fear, not life-sustaining global warming.

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#### Advertising feature

IT'S a simple fact of life that as people age so they tend to find that their sight and hearing often deteriorates.

Most people recognise the problems with sight but they are often more reluctant to accept that they are struggling with their hearing and resort to turning up the volume of TVs and radios and asking people to repeat themselves.

According to Michael Burke RHAD MSHAA who is a fully-qualified UK hearing aid dispenser, statistics suggest that those who are losing their hearing can spend up to seven years in denial before they decide to do anything about it.

Michael arrived in Spain seven years ago from New Zealand where he had spent several years working with a large hearing aid and dispensing company and prior to that he spent many years working in the UK.

He had been a Joint Venture Partner with Specsavers Hearcare in Bournemouth and then opened further branches in Dorchester, Ringwood and on the Isle of Wight.

Part of his role in Specsavers Hearcare saw him involved with a team dedicated to constantly driving down the cost of hearing aids to the public whilst presenting clear, open, published prices

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and maintaining the highest standards of service and ethical practice.

At Digital Hearing on the Costa Blanca he is committed to do the same. The company offers the latest digital

hearing aids in a range of sizes from the small completely in the canal (CIC) aids to the larger more powerful behind the ear models with prices ranging from €595 each with a discount to anybody who purchases two at the same time.

All tests are free of charge and completely without obligation and all aids come on a 30-day free trial with a written money-back guarantee.

Digital Hearing also offers a wide range of ear protection devices especially designed for musicians, DJs, shooters, motorcyclists, swimmers, or anybody working in an environment where they are exposed to loud noises that could damage their hearing or accelerate hearing loss.

If you have any concerns about your hearing whatsoever, don't wait as

Michael can help and an initial free consultation could aid those with a problem to significantly improve their quality of life.

What's more, everyone who undertakes a hearing test will receive a free copy of Michael's book 'A brief guide to hearing loss.

Digital Hearing is situated in the Ouesada Business Centre. Calle Los Arcos 7, Ciudad Quesada, 03170 Rojales. Alicante but to see more about the aids available and prices visit the company website http://digitalhear ingspain.com/. Alternatively email digitalhear ing@hotmail.co.uk or call 698 418 642 to arrange an appointment.

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# **Autumn skin tips**

WITH the clocks going back and the weather cooling down, autumn is certainly in full swing. And with that in mind, it might be time to take some steps to protect your skin against the changes in climate.

Being around central heating and air conditioning, or even near a fireplace each day, can interfere with your skin's delicate balance. The result can be dry, red or flaking skin, or even the worsening of existing skin conditions including rosacea and eczema.

While there are various changes you can make to your normal skin care routine, the first, best step is looking after your body from within. Upping your fluid intake will keep your skin hydrated, smoothing out lines and wrinkles and meaning you need to use less moisturiser.

Once the inside is dealt with, it is time to deal with the surface of your skin. One of the first things to ditch when your skin is dry is soap-based

LAY IT ON THICK: Stay moisturised as temperatures plummet.

cleansers. Most foaming soaps actually strip the skin of its natural oil barrier without replacing the lost moisture leading to dry skin. If possible, replace your existing face and body cleansers with oil or coconut based ones as these will actually add moisture.

While your skin may not be on show as much as in the summer months, it is also still important to exfoliate once a week to rid the skin of dead cells which can build up leading to spots and blackheads, as well as a dry,

dull appearance. Make sure any exfoliator you use over the autumn and winter has an oil base, however, and you will give your skin a moisturising treat at the same time.

And finally, moisturise, moisturise, moisturise! Use the change in weather to really treat yourself and keep your skin topped up with your favourite lotion throughout the day.



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# Pamper yourself for peanuts

AS well as making sure you use enough moisturiser over the autumn and winter, you can also give your skin a quick hydration boost using a face mask.

While there are plenty of varieties available for sale, ranging from the cheap and cheerful to the bank-breaking, what could be better than making something fresh and natural yourself for almost nothing?

Home-made face masks can be extremely easy to make and offer many of the same benefits of store-bought options. Below are three straightforward recipes you can make in the comfort of your kitchen using ingredients you may already have.

The instant moisture boost. Rich in vegetable oils, avocados contain vitamins E and K, as well as zinc, potassium and iron, offering the skin an instant moisture hit. Mix the scooped out contents of one avocado with one teaspoon of olive oil and one egg white. This creamy concoc-

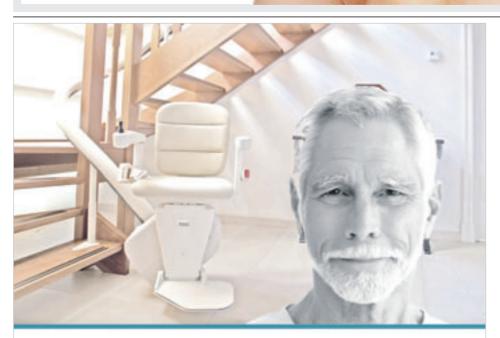
tion can be left on the skin for 15 minutes before being rinsed off with warm wa-

ter. *Get the glow*. Winter skin can become dull and grey and a good

moisturising and exfoliating mask will help tackle this problem. Some fruits like papaya or citrus fruits contain enzymes which naturally dissolve dead skin cells exfoliating your face without use abrasive scrubs. Once again using avocado as a base, add half a mashed up papaya and two tablespoons of orange to the concoction. This mask can be left on for 10 minutes before being rinsed off with warm water.

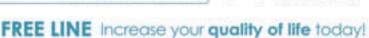
Oh so soothing. If your skin becomes irritated over autumn and winter you can create a comforting mask to relieve redness. Dissolve two tablespoons of honey with two tablespoons each of olive oil and milk. Blend the mixture with oatmeal and leave the resulting paste on your skin for up to 20 minutes.

> AVOCADO: A good base for a face mask.



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# Ask the Optician: What are the most common problems with eyesight?

#### Lisa James, Store Director, Specsavers Opticas Guardamar

THE most common vision problems are refractive errors, more commonly known as nearsightedness, farsightedness, astigmatism and presbyopia. Most people have one or more of these conditions. In this column we wanted to explain what they mean and how can they be corrected.

#### What is myopia/short sight and how can it be corrected?

A person with myopia or short sight can see objects close to them clearly, but not far away. Myopia is caused by the shape of the eve: either the eyeball is slightly too long or the cornea is too steeply curved. Myopia is corrected by spectacles or contact lenses with lenses which are 'minus' or concave in shape.

#### What is hyperopia/hypermetropia/long sight and how can it be corrected?

A person with long sight can see objects far away from them clearly, but not those close by. This is caused by the shape of the eye - the eyeball is slightly too short. It is corrected by spectacles or contact lenses with lenses which are 'plus' or convex in shape.

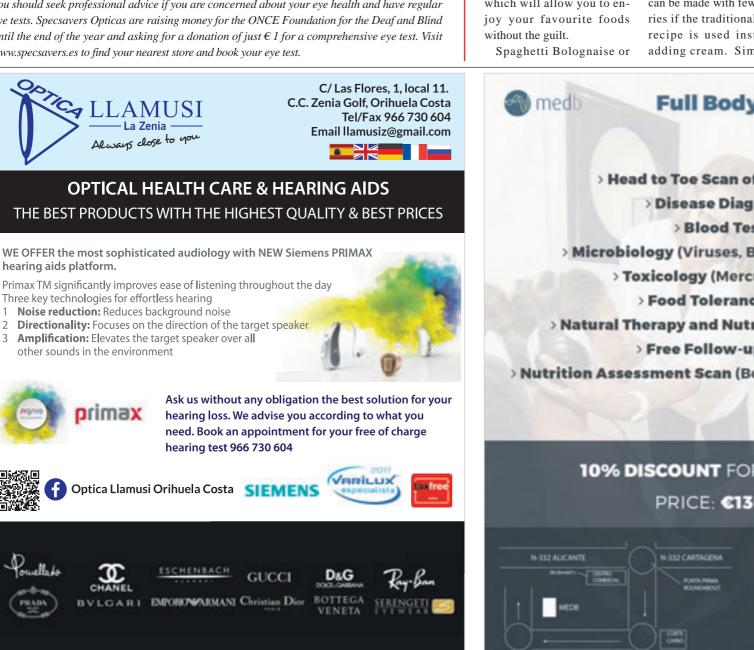
What is astigmatism and how can it be corrected?

People with astigmatism have an unevenly curved cornea or an unevenly curved lens inside their eye, shaped more like a rugby ball than a football. It is corrected by spectacles with a cylinder shape built into the lenses at a certain angle. Contact lenses can also correct astigmatism mild astigmatism can be corrected by an ordinary gas-permeable lens. Those who prefer a soft lens or have higher amounts of astigmatism can use specially designed, 'toric' soft lenses.

#### What is presbyopia?

As a person ages, so do their eyes. The crystalline lenses become thicker and less flexible, resulting in a condition called presbyopia. People often begin to notice its effects during their 40's - as a result of these changes, objects closer to them become blurred and the point of closest focus gradually moves further away from the eyes

You should seek professional advice if you are concerned about your eye health and have regular eye tests. Specsavers Opticas are raising money for the ONCE Foundation for the Deaf and Blind until the end of the year and asking for a donation of just € 1 for a comprehensive eye test. Visit www.specsavers.es to find your nearest store and book your eye test.





COMFORT FOOD: Chilli con carne.

AS the nights draw in we can all be tempted to forget about our healthy eating regimes.

Salads and smoothies are suddenly replaced by chocolate and stodge. The result of our hibernation diets is the average person starts spring 4.5 pounds heavier than the previous summer.

While richer, more calorific food can be tempting in colder weather, comfort food doesn't have to be bad for you. There are several easy substitutions you can make which will allow you to en-

Chilli con Carne are both warming dishes which can easily be made healthier by replacing normal mince for leaner versions and pre-made tomato-based sauces for plain canned tomatoes. This natural alternative comes without a lot of the salt and sugar of its rivals and can be spiced up by frying with garlic, onions, chilli or spices.

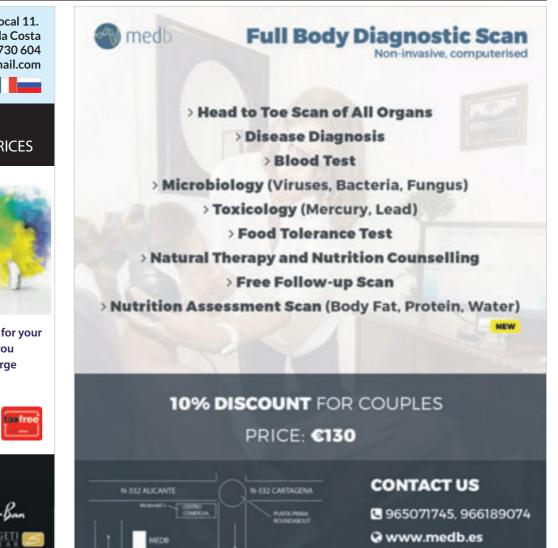
Another satisfying pasta dish can also be made healthier. Spaghetti Carbonara is both creamy and hearty and can be made with fewer calories if the traditional Italian recipe is used instead of adding cream. Simply re-

# Guiltfree treats

move some of the fat from lardon or pancetta before frying it with thinly-sliced garlic. Take the frying pan off the heat and add cooked pasta to the mix. Place an egg beaten with a little pecorino or parmesan cheese into the pan and stir continuously, allowing the residual heat to cook the dish.

Most of your favourite recipes can be made healthier by replacing pork or beef for leaner game meats, including venison, or using lower calorie skinless turkey instead of chicken. For a carbohydrate fix, why not substitute sweet potato wedges for chips or even substitute vegetable-based crisps and pastas for the normal variety?

91161 Punta Marina, Los Altos, Torrevieja





#### SPRING IF YOU'RE WINNING: Skip at home.

# Fitness from home

keeping your home hygienic. Mopping and sweeping are big

energy burners, using up around 290 calories an hour, while cleaning windows will burn a whopping 334 calories an hour. Vacuuming will also help get your heart going, using up around 190 calories per hour.

routine to fit in some exercise.

The housework-workout.

Cleaning your home can burn

hundreds of calories an hour

and has the added benefit of

Jumping for joy. If you really want a good cardiovascular workout, why not go back to your playground days and invest in a skipping rope? This high energy vet simple exercise can burn an enormous 170 calories in just 15 minutes and can be done while watching TV.

Hula girls: Similarly, hula hooping is another cheap and easy childhood activity you can do at home. As well as being fun, this simple workout can burn 150 calories in 15 minutes as well as helping to tone your waist and stomach.

As with any exercise, make sure to consult a doctor before embarking on a new workout, particularly if you have any pre-existing health conditions.



#### SPECIALIST: Doctor Luis Perez Belmonte.

#### WHAT are the symptoms of flu?

The flu is an infection in the respiratory system caused by a virus that can bring about several symptoms that do not necessarily appear at the same time.

In general a person suffering from the flu will have a cough, fever, pains in their muscles and extremities, feel run down. tiredness, loss of appetite and lack of energy. These symptoms can last several days.

A person usually recovers gradually over a few days, however for some it can take several weeks before they are fully recovered.

How can you treat it? Usually the best course of treatment is to take medication to manage the symptoms along with rest and plenty of hydration. In more severe cases antiviral or antibiotic medication may be required to deal with the virus.

Should I seek medical

help? It is recommended that you see your doctor for an initial evaluation so they can refer you to specialists

or to take further tests if they are necessary. When would it be advisable to get a flu jab?

The vaccination campaigns tend to start in autumn and it is recommended that you get the jab especially if you have a high risk of catching the flu. The elderly and those suffering from chronic illnesses are also advised to get vaccinated.

Are there people who are vulnerable to the virus?

People over the age of 65 are more likely to get the flu, and to suffer more seriously from it. Anyone with respiratory illnesses such as Chronic Obstructive Pulmonary Disease or asthma, or other chronic illnesses such as diabetes and those suffering from cancer are the most vulnerable to the virus

If you have any questions for Dr Perez Belmonte, please send them to: jefemedico@helicopterossanitarios.com

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#### HEALTH & BEAUTY

AUTUMN can be one of the best parts of the year, offering up Halloween and fireworks parties as well as the exciting build-up to Christmas and some fantastic Saturday night TV.

This festive season can bring with it some unwanted bugs, however, and it is important to keep our immune systems as strong as possible to ward off illnesses.

While your immune system is largely dictated by your genetic make-up, there are certainly things you can still do to boost yours.

According to Harvard University, the best thing you can do is improve your general lifestyle by avoiding smoking, eating more fruit and vegetables, exercising regularly and maintaining a healthy weight.

The university also advises controlling your blood pressure, drinking alcohol only in moderation, getting enough sleep and washing your hands thoroughly and frequently, especially after contact with others. It is also important to maintain regular health screening if you suffer from any conditions.

While Harvard explains taking high doses of single vitamins



AUTUMN: A good time to boost the immune system with exercise.

# Immune boosters

will not boost immunity, taking a daily multi-vitamin may. Eating diets rich in zinc, selenium, iron, copper, folic acid and vitamin A have also been shown to increase immune responses in animals, according to the university, although the effects on humans are less clear.

The university concludes by

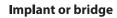
saying there may be a link between high stress levels and lowered immunity. While the phenomenon is still being studied, it will certainly help your blood pressure to take more time to relax, perhaps by adding a hobby to your routine and you might even ward off that winter cold in the process!

# HOW A DENTAL IMPLANT SOLUTION CAN HELP YOU

#### Why tooth loss matters

A missing tooth or teeth can take away from the smile that's really you, but tooth loss can have many negative effects on your oral health, including:

- Bone lossShifting and drifting teeth
- Bite changes
- Chewing difficulty
- Wearing down of remaining teeth
- Changes in the jaw joint





## .0.....

Unlike dental implant treatment, traditional bridges replacing a single tooth or several teeth use adjacent healthy teeth, which must be ground down, for support. Moreover, implant solutions stimulate the underlying jawbone, resulting in preserved bone and gums.

#### About implant treatment

Dental implants are nothing new. They have been used to permanently replace teeth since the mid 60s. Dental implants have many advantages compared to traditional crown and bridge solutions:

- They look, feel and function like your natural teeth.
- Healthy teeth do not need to be ground down to support the dental implants.
- Anchoring dental implants in the jawbone stimulates bone tissue and gums, ensuring an attractive, esthetic result while helping to maintain facial structures.
- Dental implants do not require any adhesives to hold the new teeth in place.
- They eliminate the discomfort and insecurity of loose, ill-fitting dentures.
- You have a secure, permanent tooth replacement.

#### **Replacing one tooth**

A crown mounted on a dental implant is the best choice if you have a tooth missing in the upper or lower jaw. The need to replace a missing tooth could be the result of an accident or because there was no predisposition for a tooth at birth.

#### **Replacing several teeth**

If you have lost several teeth there are two solutions: separate crowns on dental implants or a bridge attached to several dental implants.

#### **Replacing all teeth with dental implants**

If all of your teeth are missing in the upper or lower jaw, dental implants are the best solution. You can choose a full bridge that is attached to several dental implants. Another option is a

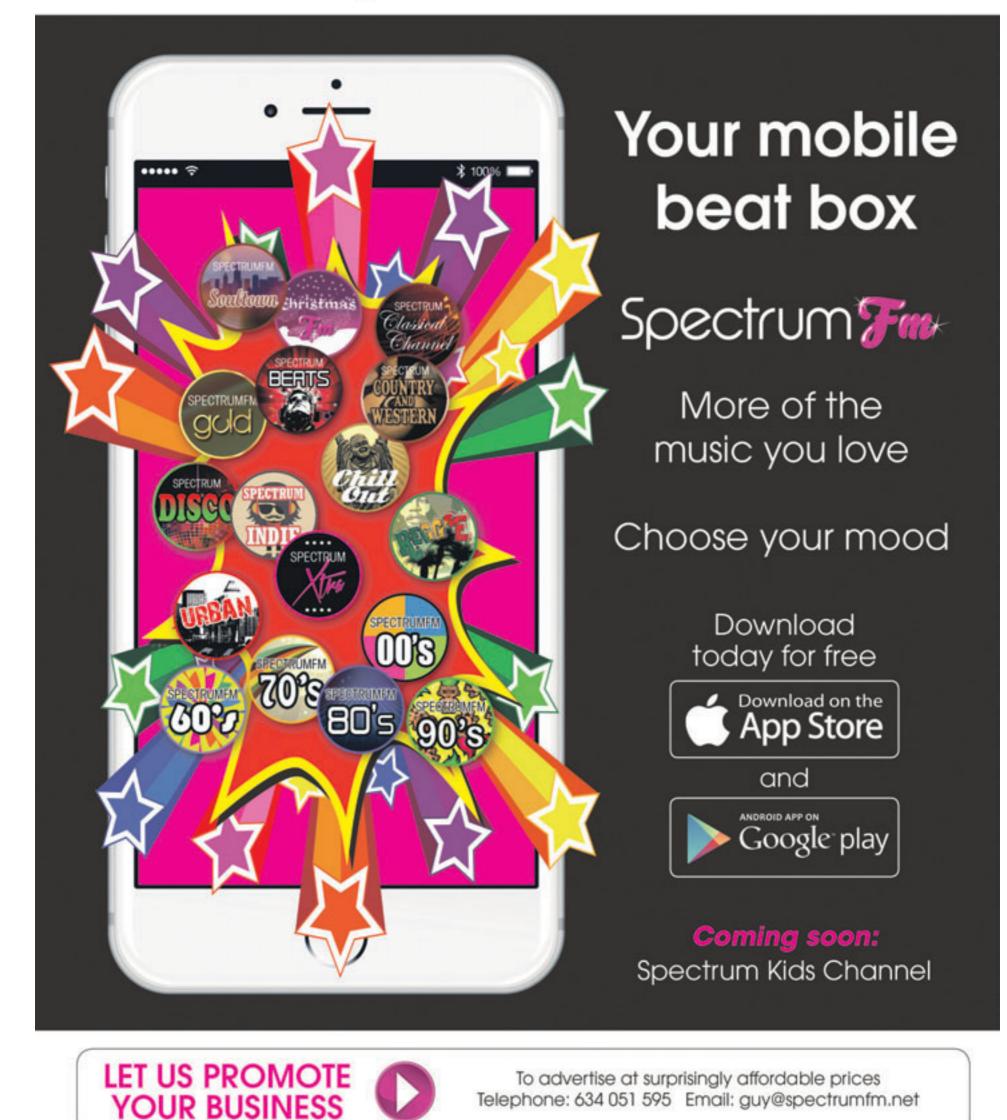


removable prosthesis that is attached via anchoring devices to two or more dental implants. The prosthesis remains securely in place in your mouth – yet it is easy to remove.

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# Art and music combine for a unique event

LOCAL and talented members of the Torrevieja community will have their work on display at some unique events during this month and December. Have you ever been to a piano recital accompanied by people painting in the background? Well, now is the chance.

Under the banner of 'Arte al Natural' (Natural Art) the Torrevieja Institute of Culture Joaquin Chapaprieta and departments of Exhibitions and Culture in Torrevieja have organised the events that will feature the internationally famous painter Israel Nicolás and the pianist Enrique 'Eo' Simón.

'Arte al Natural' will begin with a natural drawing workshop with Israel Nicolás that will last over four sessions held on November 24 and 25 and then on December 1 and 2 from 9am to 9pm. The artist will be accompanied by a model that will be present across the four dates, and will allow students to learn the basics of drawing the



Israel Nicolás.

human body, respecting proportions and framing, and losing their fear and embarrassment of drawing such subjects.

The workshop promises to be a unique experience for all who take part which has a maximum of 15 enrolled students, although the sessions will be open to others free to go into the classes to watch and listen and learn with their exercise books in hand. Those wishing to register will be on a firstcome-first-served basis at the Virgen del Carmen Centre between November 2 and 17.

Painting will then meet the



ARTE AL NATURAL: Music and art come together.

TORREVIEJA



Enrique Simón.

world of music at an inspiring event taking place at the end of the year. On Saturday December 30 at 8pm in the Sala Vista Alegre, painter Israel Nicolás and pianist Enrique Simón will be combining their two arts in a unique way. As Enrique plays a jazz recital at his piano, Nicolás will accompany him with his brush and easel and painting along with the music. **Israel Nicolás** 

Israel Nicolás, a renowned painter and illustrator, is characterised by his 'dream themes.' He began studying at the age of 12 at Torrevieja's municipal painting school with Manual Balaguer. He went on to study at the School of Design and Illustration in Murcia and later at the Faculty of Fine Arts of the Miguel Hernández University of Altea.

His work has been exhibited at the Fira Xicoteta in Altea for the past seven years, and in Alicante, Bilbao as well as in Mexico, and it was while in Central America that he worked with the Tzutuhil and Cucurucú galleries. His work can be viewed in the Vista Alegre in Torrevieja until December 30.

#### Enrique Simón

Pianist Enrique 'Eo' Simón is a specialist in jazz and has been privileged to have worked across the world with a number of international musicians in festivals and on luxury cruises.

He leads the jazz-fusion project 'Sphere Jazz,' and produces experimental works with the collective Seidagasa with J M Pastor, highlighting his collaboration with Niño de Elche.





FREE bottle of wine per couple 30€ per person. Children 12 years and under ½ price.

TEL: 965 327 138



TALENTED: Torrevieja Youth Symphonic Orchestra.

# The theme's the thing

FANS of the opera and film music are in for a treat this Saturday evening - November 5 beginning at 6pm - as the Torrevieja Youth Symphonic Orchestra take to the stage of the Virgen del Carmen Cultural Centre.

Conducted by Adolfo Arronis Ruiz they will be performing a selection of well-known pieces from Carmen, Schindler's List, Indiana Jones, Lord of the Rings and Mission: Impossible.

Over the years, the number of the members of the orchestra has increased considerably and is now made up of 64 talented musicians with 34 on strings, 25 on wind instruments and five specialising in the world of percussion. Most of the orchestra are students in the music conservatories of Torrevieja, Orihuela and Almoradí.

#### Saturday November 5 programme: Part One

- Suite from Carmen Bizet
- Schindler's List John Williams Part Two
- March from Raiders of the Lost Ark John Williams
- Lord of the Rings Howard Shore Mission: Impossible - Lalo Schifrin and Danny Elfman



# YEAR'S EVE

Please fill in menu choices at the bar. Numbers will be limited to provide maximum customer comfort. Dinner will be served at 7pm. Entertainment with Richie Alexander followed by disco till late.

#### Starters

Hot Chicken & Mushroom Vol-au-vent, Home-made Potato & Leek Soup, Tomato, Mozzarella & Onion Salad

#### Main Course

Roast Sirloin of beef, Stuffed Chicken in Bacon Coats, Medallions of Pork with Honey & Mustard Sauce, Mushroom Stroganoff on a bed of aromatic rice. All served with creamed potato, Roast Potato, Yorkshire Pudding, Green Beans, Buttered Carrots & Creamed Swede

#### Desserts

Homemade Apple Crumble with Custard, Strawberry Cheesecake, Peach Gateaux with fresh cream

Price includes glass of Cava to ring in the New Year. 40€ per person. Children 12 years and under ½ price.

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# **Starting gun for** sport investments

SPORTING facilities in Alhama de Murcia and La Unión are due to be repaired following an announcement of a major investment.

The council has approved a grant of €100,000 to Alhama de Murcia towards a programme of works to repair the athletics track which is expected to cost €510,422 in total.

Work will concentrate on fixing the parts of the facilities that are in desperate need of re-

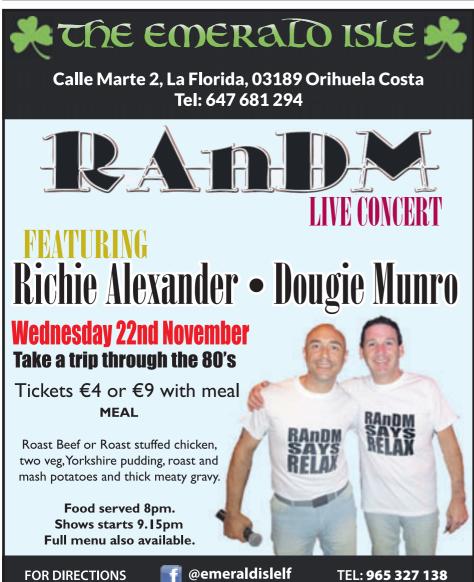


RECOVERED: Running track to get a makeover.

pair, such as the running track where there is hardly any top layer of the red synthetic paint left on it. It's the only outdoor track within the municipality and its current condition makes it difficult for people to train and race in total safety.

On the other hand, La Unión will receive a €40,000 subsidy to help toward the refurbishment and repair of a court in their sports centre.

The Alhama de Murcia project must be completed before December 31 this year; the work in La Unión has a termination date of December 31, 2018.





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# Advertising feature **Celebrate Christmas and** Year at Punjabi Pala

THE Hindu Festival of Lights known as Diwali is becoming increasingly popular with expatriates and the Punjabi Palace group held a fantastic evening with all of the flavours of India.

Special events took place which saw a very happy band of customers enjoy a first class selection of Indian cuisine whilst honouring Lakshmi, the Hindu goddess of wealth and prosperity.

With three superb, modern restaurants in La Murada, Los Montesinos and La Marquesa this group is growing as more and more people discover the true taste of India at a price that doesn't hurt the pocket.

Each restaurant is open seven days a week from noon to midnight (with a break after lunch) and reviews on TripAdvisor are universally good for



each of the three establishments.

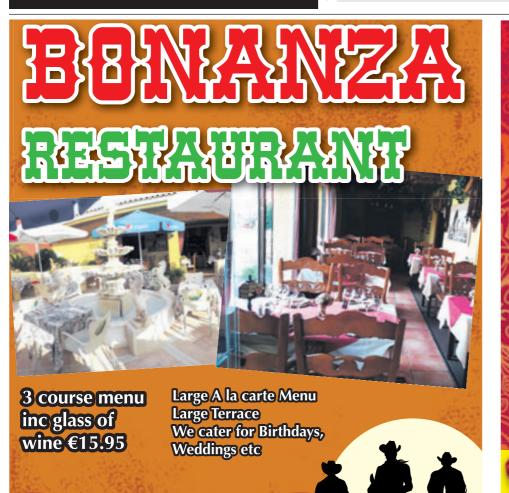
For lunch there is a very reasonably priced Menu del Dia which is served between noon and 3pm and generally includes a lamb or chicken dish, rice, poppadum and naan bread plus a dessert or coffee and a



Just some of the mouthwatering food on offer. Happy guests celebrate Diwali at Punjabi Palace.

the various curries on offer.

The talented chefs use spices from all different regions of India and cook food to suit all tastes from very hot to mild. There are the usual bhunas and baltis, tandooris and tikkas, but also different dishes to tempt



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n Resta established over irs in Torrevieja



Day or evening, a children's

menu is also available as all

Punjabi Palace restaurants are

family friendly and welcoming

for younger diners who will

have the chance to learn about

the very special spices and

flavours that go into making

966 714 963 eserve your table or for takeaways Montesinos • 966 720 383 Murada • 966 779 169

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# d New

# ace

your taste buds including unusual lamb and prawn dishes.

If the wide menu choice is a little daunting, the friendly, award-winning front of house staff are always on hand to advise and recommend dishes and prepare dishes to your taste and preference.

Now is the time to think about the Christmas and New Year celebrations with each restaurant promising special menus to be revealed shortly.

Ideal for couples and parties, as the festive season approaches, it is advisable to make reservations as all three restaurants are exceptionally popular at this time and larger groups will need to contact their favourite branch well in advance.

Los Montesinos 966 720 383 La Marauesa 966 714 963 La Murada 966 779 169

THANKS to the support and generosity of many local people, a young girl named Laura Meseguer will get her specially adapted bicycle.

More than 600 people took part in the ninth Fiesta de la Bicicleta de Almoradí (Almoradí Cycling Festival) and enabled Laura to fulfil her dream.

A grand total of €1,200 was raised by the 600 participants who paid just €2 each which included a bottle of water, a sandwich and a commemorative t-shirt. In addition, at the end of the cycling event each rider was entitled to take part in a raffle which included at least 30 different prizes ranging from sporting items, dinners, spa vouchers and a star prize of a new bicycle.

The riders were greeted with pleasant morning conditions to begin the seven-kilometre ride through the municipality that left the Plaza de la Constitución and ended up at the Plaza Almoradí Ciudad de Servicios. The participants were led by a van equipped with a public address system that certainly caught the attention of the locals who once out in the streets to watch the passing riders were hit with a sea of green t-shirts.



0.0121

Lucky Laura gets her

dream bicycle

LAURA: Her dream bike.

Locals and organisers were delighted to see the mayor of Almoradí, Maria Gómez and the Sports councillor Alfonso Garcia also taking part in the event along with other members of both the governing and opposition team

in the town hall.

Everyone agreed the whole day was an enjoyable one that gave people the chance to see a number of different bikes taking part - that included a three-seater tandem and one made of wood and riders in fancy dress that ranged from early Halloween costumes to a few in drag. There were prizes for the best costumes, the youngest and oldest riders as well as for the best decorated bicycle, but there was no doubt that the biggest winner on the day was young Laura herself.



SPAIN leads the world as a wine exporting nation, which is worth an impressive €2.64 billion a year.

But when it comes to wine consumption per capita then Spain perhaps surprisingly to many lags behind 17 other nations in global rankings.

These sobering facts are spelled out in data from the California Wine Institute, whose most recently published findings put the Vatican at the head of world wine consumption with almost 55 litres

BACCHUS

CELLAR

by Lorenzo

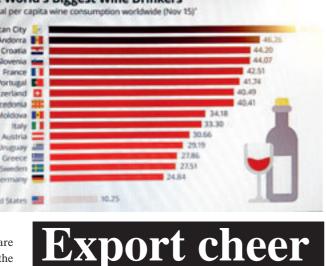
Barbareschi

per capita. Spain with just 21 litres per

capita trailed behind many fellow European countries including the

UK with 22.1 litres per capita.

For Bacchus readers who may want to contribute to a



higher consumption in Spain, I can recommend a full-bodied Monastrell.

> The second most popular grape grown in Spain, Monastrell has deeper plum and liquorice notes than its French counterpart Mourvedre and is

used primarily for blending although it can also stand alone as a delicious red. Full bodied and high in alcohol. Monastrell - cultivated in Spain since 500BC has a deep colour and is high in tannin with the scent of

blackberries and fresh herbs. A perfect pairing for game and grilled meats, it should be avoided with dishes with too much spice.

Interesting labels include Palomar Monastrell 2014 by Juan Gil; Monastrell Roble 2014 by Romeo and a young Peñarrubia Monastrell by Bodegas BSI. Happy tasting.

Book your for Clubs, Societies, Family & Friends at The emerald isle Starter Home-made Soup of the Day servered with Crusty Bread Fresh Seafood Cocktail Marie-Rose 2 Course Chicken & Mushroom Vol-au-Vent Main Main Course & Dessert Roasted Stuffed Turkey & Ham with Cranberry Sauce €9.95 Roast Prime Rib of Beef and Yorkshire Pudding Creamy Vegetarian Tagatelli with Crusty Garlic Bread 3 Course All served with Mash and Roast Potato, Brussels Sprouts, Carrots €12.50 Yorkshire Pudding & Thick, Meaty Gravy Desserts Home-Made Christmas Pudding Sherry Trifle Orange & Bailey's Cheesecake Call 647 681 294 or 965 327 138 @emeraldislelf FOR DIRECTIONS TEL: 965 327 138

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Tel: 647 681 294



EVERY year in autumn the local bars and restaurants of Guardamar del Segura organise, in association with the town hall, a tapas-festival which lasts four weeks.

This year's event is already under way and will continue until November 12. They call it 'Tapas con Historia' (Tapas with history) because every year they choose a different theme from the past and this year it is 'La Edad Moderna' (The Modern Age), the period roughly between the 15th and 18th century. And that's why one of the activities organised during the festival is a craft fair in the style of that period, during this weekend of November 3.4 and 5.

Guardamar Town Hall has invited the craft association Amata to organise the fair, to make sure all participants are real craft people and selling only what they have made themselves. The stalls will be set up on Avenida de los Pinos next to the main Reina Sofía Park.

There will be a wide choice of good quality hand made goods, from pottery to leather bags, toys and lamps, crazy hats and jewellery in silver, ce-

# **Days of old come** to Guardamar



GUARDAMAR DEL SEGURA: Enjoy a tapas-festival and a craft fair in the style of 'The Modern Age.'

ramics and wrought iron. You can make your own little bowl

or cup at the famous potter's wheel and there is a workshop

paper.

for making sheets of recycled In one corner you can dress up in style to have a photo-

graph taken (with your own camera or mobile device) and for the younger visitors there will be puppet theatre, workshops, a Ferris wheel, games and a foam area. A funny magician and a dancing bear will visit the fair and every evening there will be a fire juggling show. And when you've seen the fair and bought what you want, you can visit the bars and restaurants that take part in 'Tapas con Historia' and have a drink and a tapa for just  $\in 2$ .

The coastal area of Guardamar del Segura is one of the few zones along the Mediterranean that can boast real sand dunes covered with pine trees. In one of the many parks you can visit archaeological excavations, with finds from Phoenician times, so there really is plenty to see, do and eat in Guardamar.

The craft fair opens tomorrow (Friday) November 3 at 6pm and stays open till 9pm or later. On Saturday and Sunday - November 4 and 5 - you can visit the fair from 11am till 9pm.

For more information, also in English, please call 639 979 678



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**RESERVATIONS: 965 077 444** www.laurels.es • f Laurel's Restaurant, Quesada Calle Los Arcos, 21, Ciudad Quesada, 03170

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### PROPERTY TO READ MORE

# Luxury bubble bursts

A LUXURY housing crisis has added to Cataluña's political woes. A report from real estate company Barnes International argues that the wealthy region's luxury housing market experienced a bubble in the past two years. But concerningly for owners of €1 million plus properties in Barcelona and other areas, that bubble has burst and it is now a buyers' market.

The report concludes that although 'the Catalan luxury real estate sector was performing at its best level since the economic crisis, prices have seen a strong downwards trend in recent months.' Founding partner of



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BURST: Barcelona's luxury apartments going for cheap.

Barnes Spain, Emmanuel Virsimilar to those in the elite goulay, said "In the past two neighbourhoods of Paris." He years Cataluña's luxury housing said that in the short-term future market was experiencing a bubonly buyers with liquidity will ble, the steady rise in prices led be able to dictate prices. many sellers to ask for prices The news isn't all bad. If

> Cataluña can recover from the current political turmoil then there is no reason why the luxury market won't soon rebound. "There will always be investors interested in Cataluña, so

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the market will not collapse in the way businesses can, such as Lehman Brothers in 2008." Virgoulay said. He also noted that the rental sector is continuing to witness sharp price increases despite the political crisis.

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### Advertising feature It's now or never for pool heating

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Whether you have a few days off, have family coming over, are having a party or want to enjoy a spa-like winter dip... Poolworx makes it possible and is confident of their four-days promise

How does that work? Albert from Poolworx explains: "As long as night-time temperatures exceed 10° it takes less than four days to heat the average 8x4 pool from around 15°C to 28°C. After that you can easily maintain your temperature by heating mainly during off-peak hours! Depending on your local conditions, the cost to enjoy a heated pool year round is less than  $\notin 2/day$ , with the use of a pool cover. Our Duratech air source heat pumps are the single most efficient way to heat a pool and don't require sunshine, only ambient temperature. They are durable high-end Belgium-made units absorbing heat from the air and transferring it into



the pool water, just like a reverse aircon."

What are the four steps? Albert: "Step 1 is talking to you in person! Choosing the right model fit for your pool is where it all starts. Poolworx is always your contact, before and after installation! We are experts in doing the calculations and fully assess your current pool situation. If required, we do a site visit. After that it's a natural job for a skilled installer. We advise people to first explore their options online with our calculator at www.poolworx.eu."

In Step 2 Poolworx selects an installer near you so they can arrange the on site delivery. If

you have your own preferred installer, Poolworx provides him or her with all the required information to perform a quality installation. Step 3 is the installation of the unit. This is

straightforward for a skilled installer as the package comes with everything included. The unit is then connected to your power supply and piping is connected with three valves correctly directing the flow of pool water.

> Poolworx's Duratech units can autonomously steer your pool filtration pump and automatically detect water flow from your system. This means you have full control and flexibility in heating your pool!

Step 4 is setting the desired temperature on the digital control panel. Then, whenever you press START, only four days of patience are required to enjoy your heated pool!

Contact Poolworx or refer your preferred installer for a no obligation 'pool specific' price quote, by calling Spain 643

363 179 or Belgium (+32) 497 408 800, email albert@poolworx.es or visit their websites in English at www.poolworx.eu

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Though winter is on its way, a heated pool life is only four steps away.



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ATTRACTING birds to your garden is easy if you have the right plants that will provide water, food, shelter and protection from predators.

Birds do best in gardens with multiple storeys of plants from ground covers, shrubs as under storeys to taller tree canopies as an upper storey.

Providing water in the dry months in safe places for birds to drink is the sure way to have birds attracted to your garden. A steady, reliable source of water is a primary need, even more than food, if other sources of water are not nearby.

If you provide water, birds will visit regularly, if you provide food plants, they will stay

# Bird lovers paradise, a garden for the birds

longer and if you provide safe shelter as well, native birds may start to nest in your garden. Migratory birds will only visit but are more likely to visit if you have a food source as well as water.

There are many plants that can provide food for the birds. As different bird species have different requirements of seed, nectar or insects, a variety of different plants are needed to attract the bird species you wish to support in your garden.

The best way to provide food is to use a lot of native plants

and have a wild zone for allowing naturally occurring non-invasive native plants - even the plants considered weeds in the ornamental and vegetable garden - to go through their full life cycle. Many plants considered weeds are useful plants for birds to feed on for the flowers nectar and seeds.

Birds usually prefer to arrive onto the upper storey to survey a garden for food and dangers before entering and different species build their nests in the upper storey for safety from ground based predators.

Each bird species have dif-

**FRESH CLEAN DRINKING WATER** New system complete **ONLY 159€** Filter change 6m to 1 year ONLY 49€ All types of filter changed or upgraded **RING 640 534 964**  ferent needs, however, so many smaller birds will look for nesting places in the under storey that have dense thickets that prevent larger predators to enter

So to attract a wide range of birds having a wide range of plants that give good protection is important for diversity.

Plants that provide nectar include Sages (Salvia species), Grevillea species, Torch lilies (Kniphofia species), Sunflowers (Helianthus), Thyme (Thymus species), Lavender (Lavendula species). Honeysuckle (Lonicera species) and Barberry (Berberis species).

Attracting birds can just be a matter of widening the range of plants you grow which may provide even more interest to your garden as many bird food plants are very attractive.

Hedges and thickets of plants will provide safe nesting places for smaller birds and tall trees can have nesting boxes installed to make trees a ready made nesting place.



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designed by Roger Mugford. A photograph accompanying this column in issue 1685 of the

dog welfare and human safety.

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PETS PAGE

**David THE Dogman** LISTEN to David on TRE on Saturdays 10am to 11am Costa del Sol (Gibraltar/Sotogrande) 98.7fm (San Roque to Calahonda) 91.9fm (Calahonda to Motril) 88.9fm, Costa Calida 92.7fm Costa Blanca (Torrevieja to Elche) 105.1fm (Elche to Calpe) 88.2fm, (Calpe to Gandia & Ibiza) 104.6fm, (Denia to Valencia) 95.3fm Mallorca 103.9fm columnists@ewnmediagroup.com

CHOCOLATE made for human consumption can cause death in dogs. Dogs are sensitive to a class of chemicals called methylxanthines. Caffeine and theobtomine are members of that family. Dogs simply cannot metabolise and excrete methylxanthines as efficiently as humans. The half-life of those compounds in the human body is in the order of two to three hours, in a dog it is more like 18 hours.

In a dog the compounds are taken up by the liver and transmitted via the bile into the intestine. They are then converted back into the original methylxanthines for another circuit through the animal. This repeats itself a number of



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#### CHOCOLATE: Toxic to dogs.

times and instead of getting rid of the substances a dog keeps repoisoning itself.

There are many formulations of chocolate with varying amounts of caffeine and theobromine. The lethal dose of sweet milk chocolate for a dog is 2oz per kilogram of bodyweight. For a five

kilogram dog this would be about 280 grams. A lethal dose of milk chocolate for a 25 kilogram, would be about 1.4 kilograms

Dark chocolate is at least 10 times as lethal. A 25 kilograms dog could die from the methylxanthines in five ounces.

Symptoms include vomiting, hyperactivity, restlessness, hypersensitivity to touch (a dog will jump when touched), very rapid heartbeat and rapid breathing rate. A loss of control of leg muscles, muscle tremor seizures, general weakness, coma and finally death follow.

**RECOMMENDED: A** good dog muzzle.

#### **Does your pet like attention? Find** company for them while you travel

MOST pets adore company and will miss their owners when they travel away from home for holidays or work. How you do you look after your pets when you travel away? Have you thought about finding house-sitters or pet-sitters to stay in your home and care for your pets?

These days there are many options to consider, and a fast-growing trend is housesitters who are experienced in pet and home care.

At HouseSitMatch we offer a range of house and petsitters for you to meet and communicate with and hopefully find a suitable match. Let us know if you need help and we'll do our best to help you find your unique match.



The way we work is simple. If you are looking for housesitters you need to register on www.HousesitMatch.com as a homeowner. There is a small annual charge for membership - (please note the discount coupon code below we offer for Euro

Weekly readers). You then build a profile about you and vour pets, and create a house-sit advert with your dates.

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# What the cluck!

A MORE unusual kind of pet has been rising in popularity in households in recent years.

An increasing number of people are choosing chickens as their pet of choice, and give them names and rights to roam in their gardens. More than half a million are now kept as domestic animals in households across the UK alone according to the Pet Food Manufacturers' Association's annual survey.

Chickens have been shown to be very sociable creatures, are known to have their own personalities and like routine.

Chicken litter is a great natural fertiliser so if you let them have free range of your garden, your plants will start looking perkier in no time.

They also devour any unwanted pests and bugs in the gardens. Not to mention you'll get an endless supply of fresh eggs in the



CHICKENS: Are known to be very sociable creatures.

morning.

Before taking a few hens into your home, check with neighbours and the local council first, as they're classed as 'livestock' and sometimes aren't allowed to be kept in gardens.



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ROUNDABOUT CHARITY SHOP. We are now into summer and very soon we will be feeling the heat! It is time therefore for another visit to the shop where you might find a bargain or two. Choose from the clothing selection, jewellery, household goods, books or bric a brac. There is usually something there for everyone - but not always. Charitable donations have recently been made to The Alzheimers Centre, Cancer Research and The Amigos Ambulance Service. We still need your help with donations etc Please keep them coming in! We are situated on Avenida Del Furs close to the Fountain Roundabout and immediate left by Don Colchon bed shop. (93325)

THE ROYAL NAVAL ASSOCI-ATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at

#### BUY & SELL



the Restaurante El Paraiso Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

TELITEC

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co .uk. (95457)

HELP VEGA BAJA. We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com We also have a 24 hour Emergency help-line which is available to both members and non-members on 966 723 733 (95456)

THE BAKER FOUNDATION SPIRITUALIST CENTRE. Find us on the Saturday market road opposite the Chinese Restaurant. Playa Flamenca. Different International and local mediums every Sunday and Tuesday. Sunday, divine service with clairvoyance 11 am start. Tuesday, evening of clairvoyance doors open 7'o'clock for 7.30 start. Spiritual Healing is available on Sundays after service and on Thursday mornings from 10 30 until 12. We have a development group on Tuesdays 5 until 6.30 for those interested in meditation and advancing your knowledge of spirit. Private readings are available on request. Please join us and make new friends, a warm welcome awaits you all. Tea, coffee and soft drinks are available. You can join us on Facebook at, The Baker Foundation spiritual centre. Hall is available for hire. For more information please contact Linda on 606 . 990 665. Email, schugy54 @gmail.com (95458)

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THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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PILAR CHRISTIAN COMMUNI-TY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information www.pi larchurch.org Reg No: 2009-SG/A (95463)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-Spain.org or tel 966 700 391. (95464)

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca costablanca.org or call the Secretary on: 966 495 042

CHARITY

THE ROYAL BRITISH LEGION JAVEA BRANCH meet on the 2nd and 4th Tuesday of each month @ Scallops Rest on the Arenal at 11.00am. Everyone is welcome to attend as a visitor and join the branch if they wish. Anyone needing any help or advice on welfare, or any information regarding the branch can contact either Sheila on 965 791 270 or Roger on 965 790 123 (95472)

STROKE ASSOCIATION Spain (formally known as Torrevieja stroke support) meet every Wednesday and Friday 2.30pm untill 5.00pm. Our new address is Casa de Cultura, calle Francisco Ribera Perez Benijofar. Our aim is to help and support stroke sur-vivors and their carers. With rehabilitation, speech therapy, OC therapy and a very active social group. For info please contact 654 801 260 or email strokesupportgroup@hotmail. com, website torreviejastrokesupport.org. We are always looking for volunteers who have the skills and knowledge to support our groups and activities. (95474)

CAMPELLO CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc. and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail \_campello@hotmail.com aecc (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.0 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study:



965 743 473

Thursday 11.0 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia -Contact 966 752 543 / 617 215 463. For other church atters Phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org

ROYAL MARINES ASSOCIA-TION (Costa Blanca) The aim of the Association is to bring together not just ex Roval Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

FREEMASONRY Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee Tel: 966 712 326 or email: palmers.guesa da@yahoo.co.uk (95477)

**ROYAL AIR FORCES Asso**ciation Branch #1359 Costa Blanca The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costa-blanca (238593)

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko 's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 688 704 091 for further information. (253807)



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# Drive another day

CLASSIC cars driven by Bond girls in almost all the 007 films were on display at the London Film Museum. The Bond in Motion exhibition featured some of the fastest, loudest and sleekest motors seen in films from The Spy Who Loved Me to Skyfall.

British actress Naomie Harris was one of the latest Bond girls, playing Eve Moneypenny in Skyfall. In the 2012 film she (and a stunt double) had the pleasure of driving the Land Rover Defender on display at the exhibition.

Then there was the Ford Ka driven by Ukrainian Bond girl, Olga Kurylenko in Quantum of Solace. Unlike the Land Rover and Aston Martin partnerships, Ford's Ka didn't get much benefit from the Bond franchise and soon fizzled out.

Naturally there was the



ON SHOW: Exhibiting classic cars driven by the Bond girls.

quintessential Bond car, an Aston Martin DB5, on display. The car featured in Goldfinger, but the one on display in London was the one Pierce Brosnan used to race a seductive Russian as-

sassin around the winding Monte Carlo roads in Goldeneye.

Another Aston Martin to appear was the Vanquish driven by Halle Berry in 2002's Die Another Day. Film buffs also got the chance to see the letter from the production team on the 1964 Goldfinger set requesting driving lessons for Tania Mallet, who played Tilly Masterson alongside Sean Connery.

MOTORING

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#### Cool customer

THE 150 millionth Volkswagen rolled off the production line into the arms of a happy customer last week. The car is a plug-in hybrid Golf GTE. Built in Wolfsburg it was dispatched to Norway, one of the world's top green car destinations.

Volkswagen is planning to have built one million electric cars within the next decade. CEO Matthias Muller launched a scathing attack on American tech company Tesla, which is pioneering new electric and autonomous vehicles.

"There are companies which sell 80,000 cars a year," he said, "then there are companies like Volkswagen, selling 11 million a year," Muller mused as he announced VW's determination to dominate the electric market.

# **Knockout blow 60 years before Rio's sucker punch**

RIO FERDINAND'S decision to step into the boxing ring brought back memories of retired footballer octogenarian Peter Higham - who recalls scoring a goal while wearing a boxing glove!

Ex-Nottingham Forest striker Higham, 86, found himself on the canvas in a derby clash against arch rivals Notts County in 1956, when he clattered a post, sustaining injuries.

"I got barged into the goalpost, sustaining a broken and dislocation of a finger, in a local derby against Notts County at Meadow Lane," said Higham.

"Trainer Tommy Graham got a boxing glove - God

BARCELONA-born goalkeeper David Raya is set to return to FA Cup action as Blackburn Rovers host Barnet at Ewood Park on November 4.

"I've been here since I was 16 and it feels like home," said Raya, who signed a new extended contract at Lancashire League One club Rovers this year.

Raya, who has featured in five FA Cup ties since arriving in England as a teenager, joined Rovers Academy from Barcelona outfit UE Cornella in 2012.

"It feels great," said Raya, 22, who signed professional forms in 2014, and has worked his way up to claim the number one jersey.

"It's a chance to carry on at this great club," said Raya, under former Celtic manager Tony Mowbray.

After four months' loan at Southport in 2014, where Raya made 15 appearances in the Conference Premier, he returned, making his Rovers first team debut against Leeds United in 2015.

"Leeds was where I made my full debut and it couldn't have gone any better, we won 3-0," said Raya, whose previous three year deal was set to end in 2018.

Former Rovers Academy starlet Raya, who has agreed a one-year extension to his contract until 2019, said: "I've been here for five years.

"It's given me a chance to grow up further as a footballer - and as a person and I'm really pleased."

It has been a hard grind for Raya, who was a cameo player in the first team in the 2015-16 season, having only



knows where from - and got permission from the referee for me to wear it, to protect my finger," said Higham.

"I remember the pain was excruciating. To this day, I can't straighten my little finger," said Higham.

Ex-Manchester United and England defender Ferdinand is bidding to become a professional at Cruiserweight after signing up to a lucrative deal with a bookmaker.

That led to criticism from boxers, including Tony Bellew, set for a December

### UK*SPORTSCENE*

#### with Andrew Atkinson

rematch with heavyweight David Haye, hitting out at Ferdinand: "He's making a mockery. It's not a game it's a serious sport - and can be very dangerous.

"It's attention seeking of the highest order. Why does he need to go into a boxing ring? It stinks of desperation, not being able to let go out of the spotlight," punched Bellew.

But Ferdinand hit back: "This is not a joke. Hopefully, I will get a licence, become a professional and fight someone." Ferdinand, awaiting a licence from the British Boxing Board of Control, said: "Boxing can't be a gimmick. If I take it lightly, I will get hurt."

Ferdinand, 38, plans one fight, having initially spoken about ambitions of challenging for a belt: "I want to see if I can get a licence - become a professional - and have one fight," said Ferdinand.

Higham, who delivered a knock-out blow with a boxing glove in Forest's top of the bill match against County 60 years ago, said: "I scored the third goal - I have the picture - with the boxing glove over my left hand!" Conte or Mourinho to sparkle on Bonfire night

JOSE MOURINHO and Antonio Conte are set to light up Bonfire night on November 5 - as Chelsea host Manchester United - in the Premier League at Stamford Bridge.

Mourinho, in charge at Chelsea during 2004-07 and 2013-15, departed in September 2007, following reports of a rift with owner Roman Abramovich.

After leaving Real Madrid in 2013 Mourinho returned to Chelsea, winning the Premier

"I waited for my chance to show the new manager what I can do," said Raya, called upon after Steele sustained an injury, after 82 consecutive league games.

"It was tough, but you get through it. Then, when you get your chance, you have to take it," said Raya.

Raya remained unfazed during that spell, saying: "You have to keep yourself motivated - keep working hard and do your best."

Three years ago Raya was shipped out on loan to Southport and was a key figure in The Sandgrounders FA Cup run - progressing to the third round - before being knocked out by Derby County.

Rovers enter the first round of the FA Cup this weekend against Barnet, with a fixture in the EFL Trophy Northern Group C on November 7, prior to returning to a League One action against Walsall on November 11.

Blackburn, relegated from the Championship last season, are leading candidates to return to England's second tier at the first attempt, a task in the hands of Raya.

"I'm still young, I've got a lot of years ahead of me. Hopefully I can repay all the support I've had from the club," said Raya.

"I looked forward to this season after the summer holidays with my family, who I had not seen a lot of," said Raya. Ex-UE Cornella youth Raya said: "Blackburn gave me the chance to start my career. I want to stay for as long as possible. I'm very happy here." League, only to be axed in December 2015, after a poor run of results.

Mourinho, appointed manager at Manchester United in May 2016, fired a rocket at his players after the shock defeat against newly-promoted Huddersfield Town in October.

Premier League leaders Manchester City manager Pep Guardiola believes the Blues will not repeat Arsenal's 'Invincibles' tag - The Gunners were unbeaten in 38 Premier League games - in the 2003-04 season.

City host Arsenal at The Etihad, in another Bonfire night spectacular, and Guardiola said: "We are going to lose games. Any team can beat us."

#### Golf: Rose to bloom in Turkey

JUSTIN ROSE is hoping for a podium finish at the 2017 Turkish Airlines Open that takes place during November 2-5 at the Regnum Carya.

"I'm sure we'll have another good tournament and hopefully another podium finish," said 2013 US Open winner Rose.

Antalya hosts the Turkish Airlines Open for a fifth time in the first of three consecutive Rolex Series events which conclude the seasonlong Race to Dubai on the European Tour.

The 2014 US Open winner and former world number one Martin Kaymer will also feature in the Turkish Airlines Open, alongside Olympic medallists Rose, Henrik Stenson and Matt Kuchar.

The Turkish Airlines Open is part of the European Tour's Rolex Series - the premium category of eight events on the European Tour - each with a minimum prize fund of US \$7 million.

# <text>

DAVID RAYA: Is set to return to FA cup action.

SPORTSCENE SPAIN

# From Barcelona to Blackburn

been called upon after injury to first choice Jason Steele, at the tab end of last season.

"I hadn't played as much as I would have liked, but football is like that. When I got my chance, I just needed to take it," said Raya.

Rovers first team coach Mowbray, formerly in charge at Ipswich, Hibern-

ian, West Brom, Celtic, Middlesbrough and Coventry, who was appointed in February, has given Raya his big chance this season.

"David Raya finished the 2016-17 season extremely strongly. He's a very talented young guy - needed an opportunity - and we gave him one," said Mowbray. Costa Blanca South

LEWIS HAMILTON has secured his fourth F1 World Title at the Mexican Grand Prix, despite only finishing ninth. Sebastian Vettel could only finish fourth, with the win making Hamilton the most successful British driver of all-time.

Costa Blanca's best guide to local sport

SPORT

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### La Marina Captain's day at El Plantio

A FIELD of 32 members and guests met to play in the premier event of the calendar to celebrate Captain Elspeth Craig's year in office.

The first event was a Stableford competition on the par three course at El Plantio, as always in excellent condition.

This trophy was won on countback by ex-captain Jimmy Scott with a score of 26 points over the nine holes.

Players then moved to the main course, again to play a Stableford round, and the win went to Garry Garbett with a



late run to finish on 38 points. His score eclipsed second placed Graeme Buchanan's 35 points, while third place went to Vic Smith with 33 points.

Nearest the pins went to Mark Leigh and John Lywood, who also shared the two's pot with guest Eddie Smith.

Prize-giving was at the La Marina Sports Centre where players were treated to an excellent three- course meal by Helena and her staff.

The next meeting is on November 9 at Font del Llop, first tee 10am at a cost of  $\in$  40. As usual the sheet is on the board at the sports centre or contact Alan Craig by email at a100ac@yahoo.co.uk. A reminder of the next quiz night on Tuesday November 7, €8 including a meal. Please contact Elspeth on *el* speth4mcd@yahoo.co.uk.

EUROGOLF played their monthly Stableford off the plates for the Jubilee Cup. The results were: Cat 1 (0-16)

1st Peter Cleaver 36 2nd Bob Buckeridge 35 c/b 3rd George McCallum 35 Cat 2 (17-25) 1st Clive Horne 35 c/b 2nd Ian Pegg 35 3rd Martin Welsh 33 **October Stableford and Jubilee Cup** winner Debbie Weedon **NTPs** 5th Gary Grierson 11th Glen Roberts 12th in 2 Bill Martin 15th Glen Roberts 17th John Barraclough Best front 9 Mike Ivory 18 Best back 9 Pam Welsh 20 Best guest Diana Bailey, Football - Dave Lewis, Frank Henry, Monique Reeve, George McCallum and Susie Crammon. **Tuesday Toffs** Toffs played their normal Stableford competition and the results were:

Cat 1 (0-15)

### Eurogolf monthly Stableford and Jubilee Cup



1st Malcolm Foskett 34 c/b 2nd Alan Caithness 34 3rd Glynn Roberts 33 Cat 2 (16-22) 1st Gary Grierson 40 2nd Craig Hall 37 3rd Sayers 36 **Best guests** 1st Andrew Mallon 35 2nd Paul Howe 33 Overall Toffs winner Garv Grierson 40 Best front 9 Hedy Paeligh 20

Best back 9 Martin Welsh 20 NTPs 5th Steve Sayers 11th Gordon Bourne 12th in 2 David Gregson 15th P. Howe 17th D. Wickenden Football draw- Glo Manning, Dave Morgan, Ken Brett, Martin Welsh and Tony Stanley. If you would like to play at La Marquesa Tuesdays and Thursdays visit the website www.eurogolf-quesada.co.uk.



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