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Coke ring bust

SPANISH Police have arrested three Britons and two Spaniards for their alleged involvement in one of the country's largest ever cocaine busts.

The trio were held after officers seized 1.2 tonnes of the drug in raids near Almuñecar and in the Basque province of Guipuzcoa.

Lorries registered to a haulage firm were used as transport, and when a British driver raised suspicions investigators tailed him.

The spokesman said: "The person driving the lead vehicle, whose job it was to guide the lorry safely, led it to a property near San Sebastian.

"Both vehicles concluded their journey at the other end of the country, in a warehouse between Almuñecar and Salobrena.

"Police arrested three of the suspects as the driver began to offload his cargo."

Detectives then uncovered an additional 678 kilos of the drug in Zarautz, Basque Country.



NO SMOKE WITHOUT FIRE?: Carnero claims the act was deliberate.



Photo credit: Ezequiel Carnero Perez/Facebook

Hot wheels

Official's mother arson claim

By Sally Underwood

A politician in Rincon de la Victoria has alleged his mother's car was set alight by opponents.

Ezequiel Carnero, a councillor for the Ahora Rincon-Podemos party, has told the Guardia Civil he has received 'threats' from his managers in the previous council team.

He explained the car was burnt out around 1am, and he said: "I feel harassed and persecuted, and the worst of all is that my mother and my sister are afraid even to open the windows of the house." He said the fire started outside

his house which he shares with his mother and sister, explaining, "we had not moved it all day and the fire started on a wheel, it's very suspicious," he said.

The Local Police and firefighters attended the scene and extinguished the blaze. The car could not be saved, however, and was almost completely destroyed except for its rear wheels and boot.

Carnero is now claiming the fire was started on purpose after he helped lead a motion of no confidence last year which helped return the Partido Popular (PP) to power. The vote, which was support-

ed by the Partido Andalucista (PA) and Izquierda Unida (IU), caused ructions, according to the politician, leading to a series of threats.

He now alleges the fire is just one in a string of 'intimidating' acts which include a broken rear view mirror and a damaged car front.

Carnero explained, "I did not denounce it at that time because I did not think that things happened here, but I've seen that they were not coincidences, everything has been intentional," adding he had "many enemies," after last year's vote. Ahora Rincon-Podemos 'energetically' deny the claims.

Dump hearing begins

THE trial into the illegal and dangerous toxic rubbish tip near Nerja is underway. The first of the 34 suspects, including local business owners and politicians, have appeared in a Torrox court.

Among those implicated are Mayor Rosa Arrabal, her predecessor Jose Alberto Armijo and former environmental councillor Jose Miguel Jimena.

Investigators have since August been probing the case in which a plot of land near the Miel River in the Sierras Tejeda, Almijara y Alhama Natural Park was used as an unlicensed dumping ground for 18 years from 1998 to 2016.

As previously reported in the *Euro Weekly News*, the 36,000sqm landfill is regarded as a serious environmental threat after toxic chemicals were found on the site.

Those implicated are accused of endangering the environment, falsifying documents and fraud.

Height of bravery

A POLICE officer has been hailed after his quick reactions saved a woman's life in Velez-Malaga.

The victim, who suffers from mental health issues, locked herself onto a fifth floor terrace after a pressure cooker caught fire. Witnesses said she was nervous and were afraid that she would jump.

But the brave lawman decided not to wait for the fire brigade and climbed across from a neighbour's window in a death-defying move.

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NEWS EXTRA

No beach parking

LA HERRADURA BEACH is being closed to vehicles by the council. The works form part of a larger project to clean up the site, including removing its current wooden walkway.

Hop it

AROUND 200 students have returned to the Augusto Santiago Bellido School in Velez-Malaga after it was fumigated to kill a plague of fleas, as previously reported in the *Euro Weekly News*.

That's potty

A MAN has been held for small-scale drug dealing in Nerja after 100 grammes of hashish were found in his trousers when stopped at a police checkpoint, leading to a raid on his home in which a kilo of the drug was seized.

The claws are out!

Council cat cull questioned

OPPOSITION political parties have spoken out after Velez-Malaga Council unveiled a plan to cull hundreds of stray cats.

The free-roaming felines are concentrated around the municipal cemetery, and the Izquierda Union (IU) coalition has demanded answers.

Spokesman Miguel Angel Sanchez said in a press conference that his team have sent a letter to Mayor Antonio Moreno Ferrer after being tipped off about the scheme by animal rights group Asociacion Defensa Animal (ADA).

ADA members told the official that a contract for the capture and potential killing of the animals had been handed to a company responsible for the collection of abandoned animals.

Mr Sanchez added that the 'stable' cat colony has a spe-

cial symbolism for people who come to the graveyard to visit the tomb of Spanish philosopher Maria Zambrano, who was born in Velez.

The cats represent "the love and defence that the thinker showed towards these animals in life," he said.

He went on to question why such a plan is necessary

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PAWS FOR THOUGHT: Maria Zambrano's grave and (inset) the famous cat lover.

when a motion to set up a pilot sterilisation and release scheme had been approved by the council in June 2016.

"Based on that motion, we have taken advantage of our right to information not

only related to this specific case, but also to demand compliance with the existing agreement regarding the coexistence, defence and protection of animals," he concluded.

Bubble trouble

THREE people have been held as police probe a water calamity in Malaga City.

Around 750 families were left without water for almost two days after the supply was turned off, with some posting photos and videos of froth-filled cups and glasses on social media. It comes after outraged residents bombarded the police with calls complaining that their tap water contained foam and smelled of ammonia.

A police official confirmed that the entire supply for the El Palo neighbourhood had been contaminated with a concentrated foaming agent, with initial enquiries suggesting that an accidental spillage was to blame.

Reportedly non-toxic, the product is commonly used in soaps and shampoos, household cleaning products, and is the main ingredient used in creating foam parties at nightclubs. The main access to the water supply is in a building on calle Pintor Enrique Florido, and several empty bottles of the product were found next to rubbish bins outside.

The district has its own closed water supply so other parts of the city were not affected.



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RITA ORA

CELEB FOCUS
Who is doing what and who with, often in front of the cameras!

P8

COUCH CRITIC

A REVIEW OF THE WEEK'S TV THROUGH THE EYES OF A READER



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LETTERS

Readers' views on eclectic topics in print and online.

Autism awareness

VELEZ-MALAGA has put together a series of events to raise awareness surrounding autism. One event introduced a new book on the subject by authors, J Francisco Guerrero Lopez and Ana Paula Zaragoza Moyano, aimed at bringing a new perspective to the condition.

A walkover

NERJA Council has been granted €203,395 to create a wooden walkway over the Rio Chillar. The project is hoped to improve access to the western area of the municipality, bringing together the El Chucho and Playazo beaches. The project forms part of the Litoral Path initiative which will run from Manilva to Nerja.

Wat-er waste

IT has emerged four councils are throwing tonnes of purified water into the sea. Rincon de la Victoria, Velez-Malaga, Algarrobo and Torrox councils have pumped an average of nine cubic hectometres of clean water out to sea instead of using it for irrigation.

What a dump

RESIDENTS have complained about a dumping ground blighting views in Nerja. Paseo de los Carbineros, which has been closed since 2002, has since been used as a tip for homeless people living there. Nerja Council says it cleans the site every two months.

For the chop

AN 18-YEAR-OLD North African has been held in the La Roca district of Malaga Capital after going on the rampage with an axe and smashing the windows of at least five shops.

When approached by police he fled before flinging the weapon

SPANISH FACTS OF LIFE...37

With Christmas around the corner, Kat Ashton says it's time to break out one of the season's most beloved tipples - and one of Spain's greatest exports - Sherry.

A vine art



SHERRY is unique fortified wine closely associated with Spanish festivities, particularly in the southern province of Andalucia. The name 'Sherry' is an Anglicisation of Jerez, a town in Andalucia near Cadiz, where the wine has been made for centuries.

The so-called 'Sherry Triangle' is marked by the towns of Jerez de la Frontera, Sanlucar de Barrameda and El Puerto de Santa Maria. The towns are only about 20 minutes apart and all have a longstanding tradition of producing the drink.

Like cava or Iberian ham, Sherry has protected designation of origin status and only wine produced in the 'Sherry Triangle' can legally be labelled with the name.

Most Sherries are initially dry to begin with, as they are fortified following fermentation, with sweetness being added later. A typical bottle contains 15 to 17 per cent alcohol by volume.

Fino is considered one of the best Sherries out there

BARREL OF FUN: The traditional wooden barrels used to make Sherry in Jerez.

and is also one of the driest. It is aged under a layer of yeast which protects it from oxygen, so even though the average bottle might be seven years old, it still tastes very fresh.

Manzanilla is another popular variety, and can only be produced in the town of Sanlucar de Barrameda. It is known for being very pale and dry, and also has a slight salty aroma as it is produced so close to the sea.

A drop of history

THE practice of wine-making was first introduced to the region by the Phoenicians in 1100 BC. The Moors then introduced the process of distillation, needed to make fortified wine, when they conquered the region in 711 AD.

By the end of the 16th century, Sherry had become popular across Europe and became particularly popular in Great Britain after English sea captain Francis Drake invaded Cadiz in 1587.



Finest wine

THE world's most expensive bottle was sold at the London auctioneers Sotheby's in 2001 for \$43,500 (around €37,000). The bottle was dated in 1775, and was found in the Massandra cellars in the Crimea, Ukraine. This particular Sherry gained more fame several years later when Russian President Vladimir Putin and Italy's ex-Prime Minister Silvio Berlusconi drank a bottle of the 240-year-old wine while visiting the cellar, which had then reached an estimated value of more than \$90,000 (€77,000).

PRICEY: The most expensive bottle of sherry sold for more than €37,000 at auction.

into a nearby garden.

Flotsam

NERJA'S beaches are being confronted with an ugly layer of scum

this autumn. The flotsam was clearly visible from the Balcon de Europa, according to media reports, and is being put down to the lack of a sewage treatment plant.

141

The total number of news and features which appeared in Issue 1688 of the Euro Weekly News Axarquía - Costa Tropical edition, including 42 local stories.

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 - 2015 Working together with Foreigners Department Mijas Town Hall
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 - 2011 Company of the Year - Costa del Sol Business Awards
 - 2010 I Love Marbella - Professionalism award
 - 2005 Working together with Foreigners Department Mijas Town Hall

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Top 5 stories

From 6 – 13 November 2017

- 1 Costa del Sol shelter boss becomes first person in Spain to be jailed for animal cruelty - **5,555**
- 2 Temperatures set to soar this weekend on the Costa del Sol - **4,541**
- 3 Europe's largest man-made beach to be built in Spain - **4,163**
- 4 Out-of-control Chinese Space station could hit Spain 'within months' - **2,771**
- 5 In pictures: Snow falls in northern Spain as weather warnings issued for Balearics - **2,758**

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Poll of the week

Should Spain follow Thailand's example and ban smoking on its beaches?

LAST WEEK'S POLL:

Is it wrong not to wear a poppy ahead of Remembrance Day?

Yes = 38%
 No = 62%

Top Social Media comments

INNOCENT: Man accused of dragging dog behind his vehicle released by police - Now that he is apparently exonerated, I'm sure all the posters of previous, vile, aggressive, messages will publicly retract. *Patrick Murphy*
 Whichever way you look at this it was stupid. It could also encourage other twisted people to do the same. *Jenny Dodd*

Vile! Who tied the dog must be put in prison. And him for even saying this. Vile people. *Beverley Wheeler de Soler*

Belt up in Spain and don't get fined! - Should do it for phones as well never seen so many people driving while on their mobile in Spain. *Pat Ward*

Spanish rider Mark Marquez is youngest four-time MotoGP champ - What an achievement, such skill, and stamina. Congratulations *Debbie Ray*

Fair play. You can't beat real talent. *Tomas Kirken*
Ex-shelter boss becomes first person in Spain to be jailed for animal abuse - Not good enough! If it were just the animal cruelty charges, she would not have got a prison sentence! It is the other charges that has gotten her

time in jail. That said, I hope she rots!! *Kate Jenn*
 Not long enough... disgusting woman. The law is long overdue on dealing with animal abusers... they should be given the same sentences as child abusers and murderers. *David Ogilvy*

Brits held in one of Spain's largest ever cocaine busts - That's a great result, nothing to be sniffed at there. *Charles Daniel Darius McDonald*
 There goes their WHITE Christmas *Matt Silver*
 Great, glad they are caught. I am ashamed to hear it is Brits. *Janine Turner*

POPPY SHOCK: Seller sent packing from Axarquia car boot sale - Ridiculous. Won't let someone sell poppies for a day outside the gates even, yet beggars are allowed continually outside Lidl, Aldi, Mercadona. Shame on the Lions. *Nicki Morley*

This is a shame as the Lions are a pretty together outfit and certainly have raised plenty of money themselves. Perhaps there are now so many people shaking boxes in front of you that this is the way to stop it. *Richard Taylor*
 No, not justified. She was selling remembrance poppies, not selling goods for her own financial gain. *Carl Glover*



NORWEGIAN: All flights to Spain from Birmingham scrapped

TRIVIA FROM AROUND THE WORLD



The oldest cave painting in the world is found in the Cave of El Castillo in Puente Viesgo, Cantabria, where researchers have found a faint red dot that has been dated to be at least 40,800 years old.

When the mummy of Egyptian Pharaoh Ramses II was sent to France in the mid-1970s, it was issued a passport, labelling him as 'King (deceased).'

The two shortest place names in the world are 'Å', used for five villages in Norway and one in Sweden, and the small French hamlet of Y.



Did you know?

The Vatican Bank is the world's only financial institution that allows cash machine users to perform transactions in Latin.

Lost in translation



Prenez garde, cette plante porte des piquants très acérés. Beware, this plant wears very sharp prickles.

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.

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THE COURSE: Taught road safety for sports events.

Safety comes first!

ALMUÑECAR'S civil protection officers are receiving special safety training for sports events.

The volunteers gathered in Baza, Granada, where they were taught about specialist road safety for these events by coordinator, Cecilio Fajardo.

He explained the day, organised by the Junta de Andalucía in collaboration with the Provincial Service of Civil Protection, Guardia Civil and town of Baza, was held in the fire station. The course was designed to teach the officers how to keep urban roads

safe during cycling and marathon events.

The day began with a welcome by councillor for Governance of Baza and moderated by Manuel Navajas, Head of the Provincial Civil Protection Service. The informative talk was given by the Granada Captain of Traffic, Manuel Aguilera Jimenez, and Baza's first traffic officer, Mancilla Vazquez.

Cecilio Fajardo thanked the organising bodies for holding the conference to improve road safety for participants on the streets in events held on the Costa Tropical.



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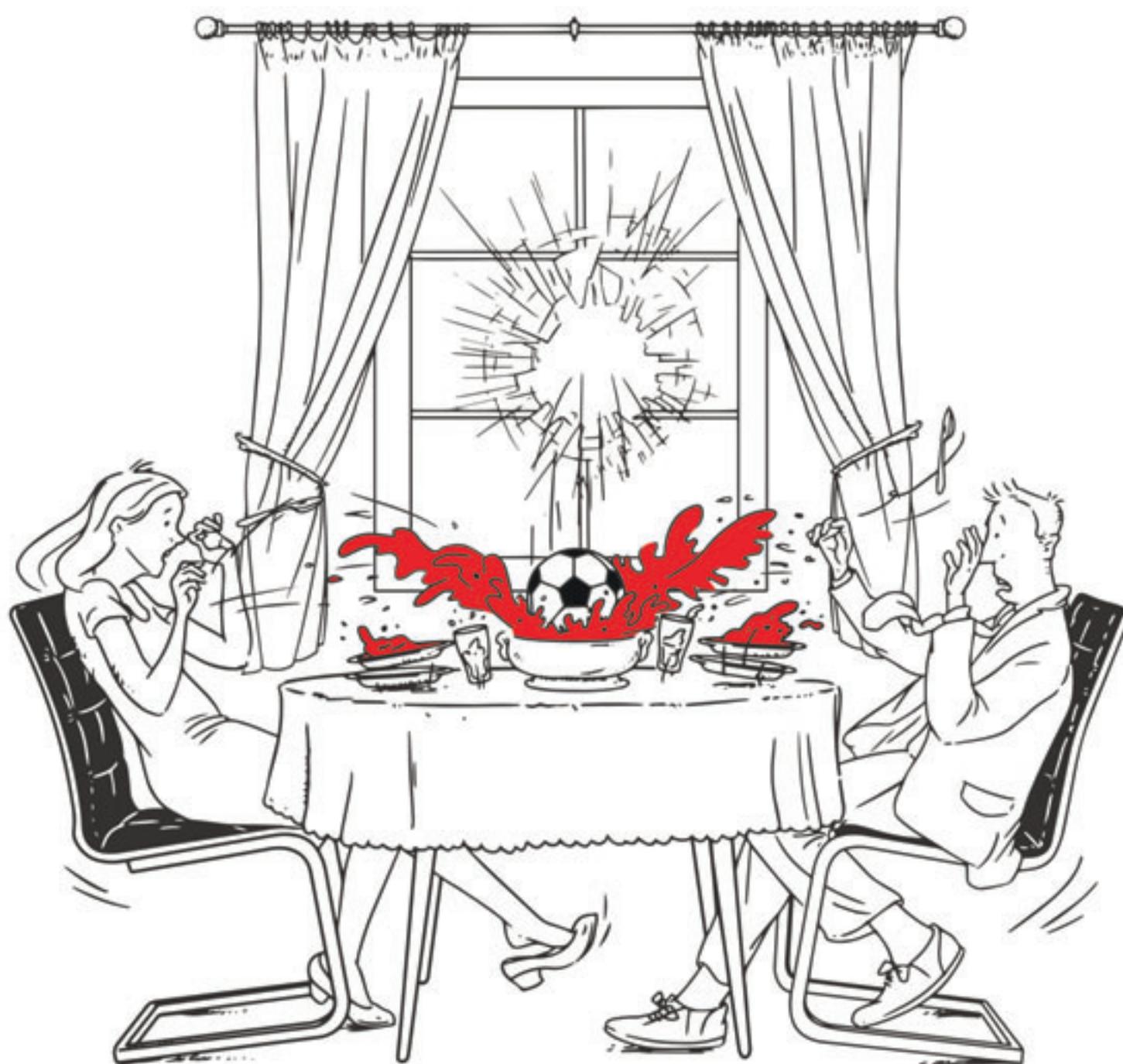
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GLAM: Jenna Coleman.

Get ready to rock

LEGENDARY rockers Guns N' Roses have announced they are playing two dates in Spain next year.

The band, which reunited in 2016 after 23 years apart, will headline the Madrid Download Festival on June 29 before playing Barcelona's Olympic Stadium on July 1.

The *Knocking on Heaven's Door* hit-makers are coming to Spain as part of their worldwide Not in This Lifetime tour, which will have been running for 27 months by the time the European leg is complete.

The tour will be the band's second longest after their Use Your Illusion Tour from January 1991 to July 1993. The LA-based band formed in 1985 and have sold more than 100 million albums backed up by a string of hits including *Paradise City*, *Welcome to the Jungle* and *Sweet Child O'Mine*.

The new tour is so-named after lead guitarist Slash replied, "not in this lifetime," when asked in 2012 if the band would ever reform.



STILL GOT IT: Guns N' Roses.

HAVING A BATH: Rita Ora.



Phot by Rita Ora/Instagram

Forgotten something?

CHART TOPPER Rita Ora set tongues wagging after turning up for the 2017 MTV Europe Music Awards in a bath robe and towel.

The braless 26-year-old songstress then flashed her underwear as she shocked on the red carpet before hosting the glitzy London event.

And after changing outfits a staggering 13 times during the show, the *How We Do* singer revealed that next year's ceremony will be held in the northern Spanish city of Bilbao.

Style queen

DOCTOR WHO and Victoria actress Jenna Coleman brought some extra glamour to the Madrid Heroes Comic Con this year. The 31-year-old star, who shot to fame in *Emmerdale* in 2005, made a personal appearance in the Spanish capital and looked stunning in a navy polka dot dress with her brown hair in loose waves.

Real daddy

REAL MADRID star Cristiano Ronaldo has celebrated the birth of his fourth child with girlfriend Georgina Rodriguez.

The Portuguese captain, 32, posted an image of his 22-year-old squeeze, baby daughter Alana Martina and eldest son Cristiano Jr onto his social media pages yesterday evening, before streaming live on Instagram as they returned home with their newborn daughter.

Abs-olutely fabulous

SHE'S the Latina songstress known for her stellar figure and racy onstage outfits.

And mother-of-two Jennifer Lopez, 48, has hit the headlines again after her new single shot to number one in Spain.

A happy looking J-Lo was spotted wearing an oversized fur coat in New York after her Spanish-language hit *Amor Amor Amor* topped the charts in both Spain and Puerto Rico within hours of its release.

The track is the second taken from her new album *Por la Primera Vez* featuring Puerto Rican star Wisin. The accompanying video shows an age-defying Lopez flaunting her famous curves as she dances on a New York subway.

J-Lo's latest long player sees her collaborating with ex-husband Marc Anthony with whom she shares nine-year-old twins Max and Emme.

She is currently dating former baseball player Alex Rodriguez.



Phot by YouTube

TOP OF THE POPS: J-Lo in her new video.

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Call the midwife

MIDWIVES are being honoured in a special event.

Velez-Malaga Council has organised a day dedicated to the profession on Friday, November 24 in the Teatro del Carmen.

The event, put on in collaboration with the Andalusian Association of Midwives and the obstetrics, clinical management and gynaecology unit and of the east Malaga-Axarquía health management area.

The initiative is designed to "draw attention to and reflect on the modern-day role of the profession and its evolution," according to the council.

Juan Carlos Ruiz Pretel, councillor for Health, reported "it is the first time that a conference of this type has been held, convened at a national level, for which we thank the Andalusian Association of Midwives."

OUR VIEW

Hoping for a real solution

IT has been an increasing problem in recent years and there appears no end to it.

And more sadly, no real solution.

Last weekend almost 400 migrants heading towards Spain were discovered aboard vessels heading to the nation's terra firma.

Had they not been rescued they might well have died before they even landed and potentially had the opportunity for safer and better lives.

If they had made land safely, they would have merely joined tens of thousands of other illegal migrants now in Europe. They will not be the last to be added to the statistics, so far this year almost 16,000 migrants have been spotted and rescued by various authorities up and down the Mediterranean coastline from Gibraltar, up the coast in Almeria, Murcia and beyond.

Spain does not hold a solution to the problem and it is not only Spain's problem.

Many of the mainly African migrants - but in some cases other migrant men, women and children make the life threatening voyages of hope - frequently travel from an eclectic variety of locations in Libya, Morocco and other North African nations. A humanitarian solution must be found and it is clear that all nations in Europe - and Africa and the Middle East - need to sit down, discuss the issues and provide a solution to the problem.

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MISSING

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Photo by Ayuntamiento de Almuñecar

ALMUÑECAR HOTELS: Were almost full during September.

Full house!

Record-breaking month for hoteliers

ALMUÑECAR has beat its hotel occupancy record.

The municipal tourist board has announced the town was at almost 84 per cent full in September, showing the area is growing in popularity year-round.

Official data showed 83.96 per cent of accommodation was booked that month, leading to praise from councillor for Tourism, Rafael Caballero

Jimenez. He explained: "These magnificent figures are not limited to September as the official statistics show average occupancy reached 83.59 per cent between June and September. The same period in 2016 only achieved 79.65 per cent, 78.14 per cent in 2015 and 77.69 per cent in 2014."

Councillor Jimenez added, "in the last four years we

have managed to increase occupancy in high season by 5.90 per cent, a fact that confirms the work we have been doing at the tourist board and the Department of Tourism in terms of tourism promotion."

Data analysing the March to September average showed occupancy at 73.04 per cent, beating the 69.60 per cent achieved in the same period in 2016. According to Councillor Jimenez, "these figures represent an increase of 8 per cent in the last four tourist seasons."

2,018 The number of organ donors last year, making Spain the world leader in organ donations, and led to 4,818 organ transplants.



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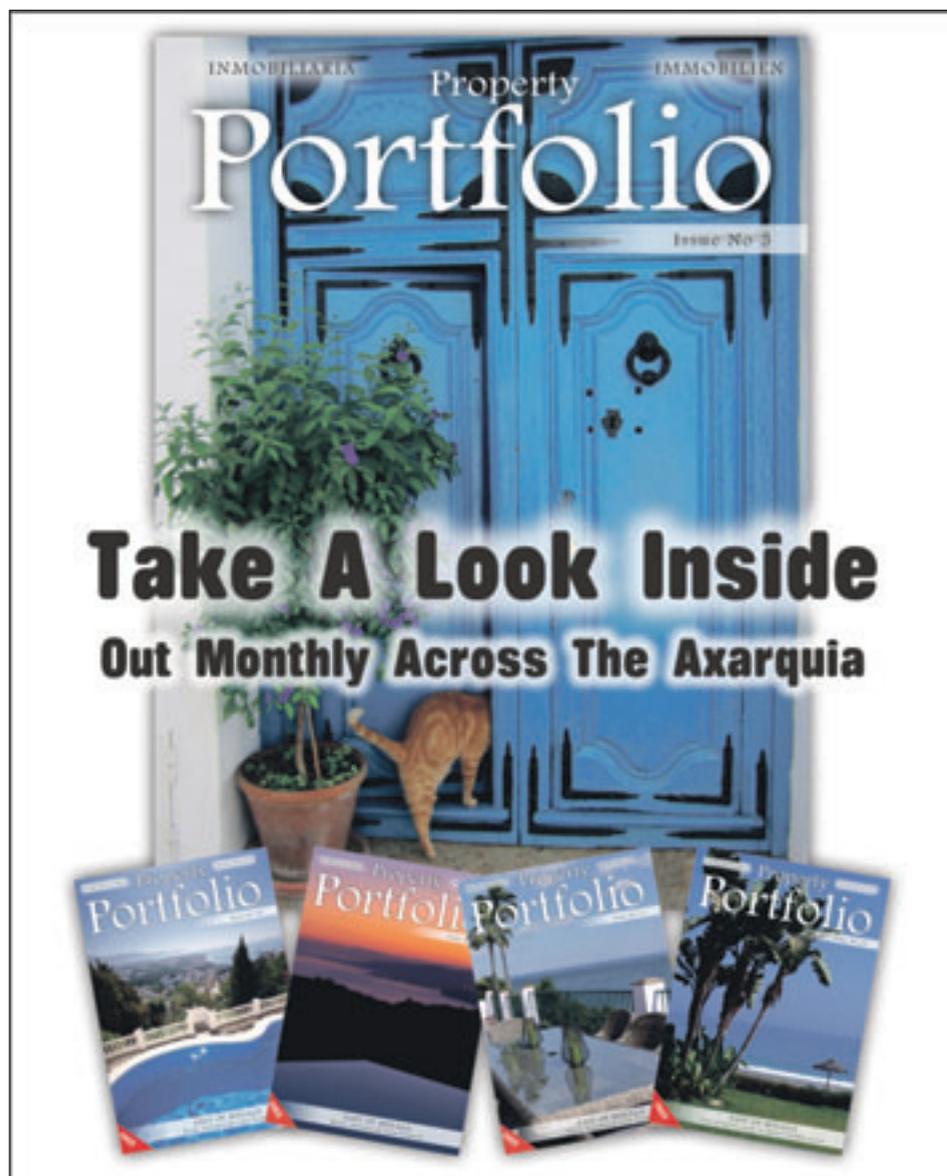
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Out Monthly Across The Axarquia



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LA HERRADURA Council has criticised recent power cuts.

Lieutenant Mayor of La Herradura, Juan Jose Ruiz Joya, denounced, "the situation which has taken place in La Herradura in recent days regarding our electricity supply which has caused shortages and a lot of inconvenience to companies and individuals."

The politician added the situation is "unsustainable," explaining, "you cannot work, small businesses have to stop, not forgetting the harm on the domestic and health sectors

since there are several people in the municipality who need specific machines for their health."

The town hall explained there had been up to 30 power cuts or drops even though weather had been normal. Ruiz Joya went

on, "these power cuts are frequent and it is not something we can continue to put up with. It is a ridiculous situation in the 21st century and completely unacceptable given what we are charged for the service."

The politician explained he has spoken to

the electricity supply company asking them to take the necessary measures and review their facilities as well as, "undertaking all the improvement works that are necessary to end this problem in La Herradura once and for all."

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Paint it pink

MORE than 2,000 athletes turned the streets of Velez-Malaga pink to fight against breast cancer.

The runners competed in pink t-shirts in the 34th Urban Race and fifth Race of Hope. Maria Jose Roberto, councillor for Sports, explained there had been a particularly high turnout this year.

The event, which is organised by Velez-Malaga Council and the 'Esperanza' Association of Women with Breast Cancer in Axarquia, took place on the Paseo de Andalucia with the high number of runners turning the street pink.

Maria Jose Roberto, explained, "this is an event where solidarity and sports come together, which shows that we are a town that gets involved with different



Photo by Ayuntamiento de Velez Malaga

PINK PEOPLE: Ran to highlight the cause.

groups." Before the event she explained, "the urban run will take place over a six-kilometre route through the main streets of Velez-Malaga and there will be categories for the young and old, as well as shorter distances for the lower age categories.

"Meanwhile, the Race of Hope will consist of a walk of about four kilometres."

Marisa Gamez, president of Esperanza, thanked all the groups who had come together to make the event possible, including the Rincon Foundation, which will take place at the end of a month of activities to celebrate World Day Against Breast Cancer.

13 People died in car accidents in Spain last weekend according to the traffic directorate DGT.

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All at sea

Number of migrants almost triples in a year

SPAIN'S maritime rescue service recovered more than 400 migrants from boats making the dangerous crossing in the Mediterranean Sea over the weekend.

It is believed good weather and sea conditions saw the increase in traffic.

On Saturday Salvamento Marítimo tweeted: 'We saved 276 people from seven improvised vessels.'

And, on Sunday, they rescued a further 144 people from another seven boats.

According to the International Organisation for Migration (since January) 15,600 migrants have



Photo by Salvamento Marítimo

RUBBER DINGHY: Commonly used to cross the Gibraltar Strait.

made it to Spanish shores by sea with at least 156 killed during the dangerous crossing from Morocco.

However, Spain is still well behind Italy, which has recorded 114,400 arrivals by sea since January. North Africans appear

to choose the Strait of Gibraltar crossing in small crafts of between four and 10 people.

Meanwhile sub-Saharan often use the Alboran Sea crossing in 'patras' carrying up to 60 people on a journey that can take up to 30 hours.



IN ATTENDANCE: Simon Manley (centre) in Madrid.

British Ambassador Simon Manley attends Madrid Remembrance Service

THE British Ambassador in Spain, Simon Manley, attended and read a lesson at the Service of Remembrance at St George's Anglican Church in Madrid. The Ambassador, who attends this service every year, was joined by diplomatic colleagues from across the Commonwealth, EU and other countries, as well as serving

members of UK armed forces based in Spain, as part of NATO operations or bilaterally. In addition, a number of British consular teams also attended Remembrance Day events across Spain.

Simon Manley said: "Remembrance Day is a special moment for us all to remember those who serve, and have

served, to keep us safe and free. I will remember the members of my own family who served: my father in the Eighth Army in North Africa and Italy, my maternal grandfather with the RAF in Sri Lanka, and my paternal grandfather with the RFC in France. It's absolutely right, in these turbulent times, to underline that the United Kingdom's commitment to Europe's security remains absolute."

Belt up and don't get fined!

SPAIN'S new roadside cameras that automatically monitor the use of driver seat belts have started issuing €200 fines.

The first 50 cameras have come into full operation and eventually 227 will be rolled out.

The scheme has been trialled over the last two months with 331 drivers receiving an informative letter.

From now on if drivers are caught not wearing a seat belt they will be hit in the pocket with a fine notification in the post.

The Dirección General de Tráfico (DGT) say that the images captured by the cameras are subject to a 'strict quality control.'

They are sent every day to the Automated Complaints Treatment Centre, where software designed specifically for the purpose will review the photographs.

The software will discard



DRIVERS: Don't forget to belt up.

photographs in which it detects that the driver is using a seat belt. The remaining images are then manually reviewed.

If an offence is registered the image is sent to the corresponding Provincial Traffic Headquarters, where it is manually checked again.

The owner of the vehicle will then receive a request in the post to identify the driver that appears in the photographs.

If a passenger appears in the photographs, their face is pixe-

lated, so that they are not identified.

Once the driver has been identified the fine of €200 is issued and three points deducted from their licence.

If the vehicle owner does not name the person driving a penalty fine will be issued for not identifying the driver.

Sixty per cent of the cameras are located on roads with the highest accident rate and the remaining 40 per cent of cameras are located on the busiest roads.

By Matt Ford

THE disgraced former president of a Costa del Sol animal shelter is set to become the first person ever to be jailed for animal cruelty in Spain.

A Malaga judge has ordered Carmen Marin, who previously ran Torremolinos' municipal cat and dog sanctuary, to enter prison within the next four days.

The landmark decision comes three weeks after the Provincial Court upheld a three years and nine months sentence in the wake of an appeal.

Marin was last year found guilty of slaughtering thousands of animals from 2008-2010, despite preaching a zero sacrifice policy.

In a statement the judge said that Marin injected cats and dogs with euthanasia drugs "without any veterinary control or form of sedation, using inadequate methods and lower doses than recommended, causing prolonged agony."

This proved lucrative since the shelter received cash from the town council each time it



LAVISH LIFESTYLE: Carmen Marin (inset) used shelter funds.

Landmark decision Ex-shelter boss jailed for animal abuse

took in a new animal.

Although the majority of the sentence is related to forged documents, it is a historic case since one year of the punishment is for animal cruelty, the first time that someone has been imprisoned for such an offence in Spain.

If Marin fails to present herself to police by Wednesday, a search and capture warrant will be issued in her name.

Her sentence could yet be

extended as she and her two daughters remain under investigation by a Torremolinos court for suspected fraud, misappropriation and money laundering.

It is alleged that the trio used money from the shelter to fund a lavish lifestyle, including a €104,000 shopping trip, plastic surgery, luxury holidays to several countries, high-end cars and expensive meals.

80,637

Renault cars have been sold so far this year in Spain, with the Clio the most popular model from the French company.

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DENMARK**Shoot scare**

THREE people have been arrested in Copenhagen after a 22-year-old was killed, and another person was injured, during a shooting on Thursday, with one of those held allegedly connected to an organised crime network.

Moving forward

THE Danish Transport Authority has approved a trial run of the first driverless bus service to be operated in the country, which, if successful, could give the futuristic project the green light for the future.

Singles' sale

THE Danish electronics retailer 'Elgiganten' has paved the way for China's celebrated holiday 'Singles' Day' to become



FURRY FRIENDS: A Danish study found that cats could help prevent children from developing asthma.

equally as popular in Denmark by offering discounts to mark the occasion on Friday.

Furry friends

SCIENTISTS from the Copen-

hagen Studies on Asthma in Childhood Research Centre (COPSAC) have concluded that having a cat in the home could help to prevent newborn babies from developing asthma later in life.

GERMANY**Third gender**

GERMANY must create a third gender category for birth certificates after a court ruling found that forcing those born with characteristics of both genders to choose between registering as either male or female violated anti-discrimination laws.

Doomsday plan

A LEAKED German military docu-

ment has revealed the country's concerns about the stability of the EU and has laid out plans in the case of an increase in extremist and terrorist activity.

Killer nurse

A GERMAN nurse currently serving time in prison for taking the lives of two people is suspected of

killing over 100 in total, which would make him Germany's deadliest serial killer.

Lucky escape

EMERGENCY services were able to rescue a 45-year-old German mountain climber who was trapped for five days after falling into a deep crevice in the Austrian mountains.

FRANCE**Free ride**

TOWNS in France are choosing to scrap fees on public transport, with 15 towns to date making the move to encourage people to use public transport services instead of cars.

Airport shocker

PARIS' Beauvais airport has been named the ninth worst airport in the world by travel site 'Sleeping at Airports,' following the likes of Juba International airport in war-torn Sudan and Port Harcourt International Airport in Nigeria.

Poor parking

A LORRY driver in France accidentally parked his vehicle in the entrance to the metro, after allegedly forgetting to put the hand brake on which caused it to roll down the metro steps.

Meat scrapped

FRENCH people have been urged by a health watchdog to cut down on the amount of meat and fish they eat in order to improve their health and save money.

BELGIUM**Smog salute**

KING PHILIPPE and Queen Mathilde of Belgium were greeted on their trip to India by a thick layer of smog as they met with President Ram Nath Kovind and Prime Minister Narendra Modi in Delhi.

A sour turn

CARS were burnt and more than 20 police officers were injured when celebrations over Morocco's 2018 World Cup qualification turned violent in Brussels, as many Belgium-based Moroccans hit the streets to celebrate their home team's victory.

On the loose

THERE are more than 250 ongoing cases of organised crime in Belgium, according to Home Affairs Minister Jan Jambon, with the number of cannabis-related incidents also on the rise.

Lagging behind

BELGIUM is in danger of missing the European Union's target to reduce greenhouse gases by 20 per cent, despite the fact the block as a whole looks set to meet this goal by 2020.

NETHERLANDS**Paradise lost**

THE Dutch government has agreed to review 4,000 tax deals offered to overseas companies between 2012 and 2016 after the 'Paradise Papers' revealed they gave one company an estimated tax break of almost €145 million.

Striding ahead

A NEW study has revealed that Dutch women are more likely to have a university degree than men, as 45 per cent of those aged between 25 and 45, are graduates compared to just 39 per cent of men.

In cold blood

AN Iranian political activist, who founded a nationalist pro-independence group for the Khuzestan Province, was shot dead in The Hague and police have detained a suspect who tried to flee the scene.

Beer-bike ban

AMSTERDAM has banned 'bierfiet' beer bikes - a bar on wheels popular with stag parties - from streets in the city centre after a petition in 2016 gathered thousands of signatures to get rid of the 'nuisance.'

NORWAY**Armed forces**

NORWAY's government looks set to bring in armed police at Oslo's Gardemoen Airport for a temporary three-month period as a result of increased global threats to security.

Firearm fright

A 'CONFUSED' man in his 20s who allegedly fired a number of shots in the centre of Oslo has been held by police, but no one was injured during the incident and it has not been treated as a terror attack.

Viking thieves

TWO people have been arrested on suspicion of stealing up to 400 Viking artefacts from the University Museum of Bergen, and police have already managed to retrieve a number of the stolen objects.

Tremor terror

AN earthquake registering 3.8 on the Richter scale was felt in Norway's Bergen region and was the first time an earthquake of this strength had been felt in the region for 10 years.

SWEDEN**Parent time**

A SURVEY by the Swedish Social Insurance Agency revealed that fathers now receive almost 30 per cent of the childcare benefits allocated to each set of parents, making it one of the world's most generous schemes.

Topping charts

SWEDEN has topped the list of the 'Good Country Index' report after coming first in the 'prosperity and equality' and 'health and well-being' categories.

Theatre drama

THE Swedish culture minister, Alice Bah Kuhnke, called a meeting of the country's top theatre bosses after 456 stars signed a letter describing experiences of sexual abuse in the industry.

Lager lovers

A COUPLE have been forbidden to name their baby boy Pilsner, after the beer, as Sweden's tax agency thought it was 'unsuitable' for a child.

Catalan fear stalls €350m China deal

THE owner of a Chinese business consultancy has put the brakes on a €350 million investment in Spain due to fears over the Catalan political crisis. Veline Ong, owner of the Alicante-based Veline Group, has previously facilitated business deals worth €150 million between Chinese and Spanish firms. But the 37-year-old, speaking in the wake of a trip to Shanghai, said that in China "they are afraid of investing in Spain due to political instability."

Monarch woe goes on

COLLAPSED British airline Monarch will not be able to sell its take-off and landing spots to other carriers.

The blow comes after the former carrier's administrator lost a legal battle leaving it unable to cash in on assets worth an estimated €67.6 million.

Jet2, Norwegian Air Shuttle, IAG, Wizz Air and easyJet are all rumoured to be competing for the slots at Manchester, Leeds Bradford, Birmingham, Luton and Gatwick airports.

But two judges in London's High Court have ruled that KPMG, Monarch's administrators, do not have

By Matt Ford

rights to the slots. The decision follows an application for a judicial review submitted by KPMG after independent scheduling company Airport Coordination Limited, which manages flight schedules at 39 UK airports, opted not to allocate slots to Monarch for the summer 2018 season.

It represents a major upset for the ill-fated airline's owner, the private equity firm Greybull Capital, which intended to pocket millions by selling the slots, and an appeal is now expected.

KPMG's legal representative, Bankim Thanki QC, said: "Monarch Airline Limited's (MAL) portfolio of slots would represent MAL's most valuable asset.

"MAL would therefore seek to exchange those slots with other air carriers in order to realise value for its creditors." The winding down of UK's fifth-biggest airline in October saw 1,858 people made redundant and the flights of about 860,000 people cancelled, and sparked the country's biggest peacetime repatriation to fly home 110,000 stranded holidaymakers.

Economy on the upswing

SPAIN is set to meet its latest European Union budget deficit deadline.

The European Commission forecast comes as the country's spending gap - which must fall below 3 per cent of gross domestic product by the end of 2018 - is expected to plummet to 3.1 per cent this year, down from a high of 4.5 per cent in 2016.

Quote of the Week

No, no, the forecast is for growth of 2.3 per cent for 2018, and this already includes the impact from the Catalan situation." Spain's economy minister Luis de Guindos on the country's economic growth forecast.



Photo by Xiaomi/Twitter

NEW CHAPTER: Wang Xiang in Madrid.

Xiaomi targets Spanish market

CHINESE smartphone brand Xiaomi has picked Spain as its first market in Europe.

A selection of the firm's flagship products, including the €229 Mi A1 smartphone, are now available alongside scooters, fitness trackers and coffee makers.

The tech giant's senior vice-president Wang Xiang said that the company has embarked on "a new chapter" in its global expansion as he spoke at a launch event in Madrid.

He added: "It's proof we are

very, very serious to be a global company, not only a Chinese company and not only working in developing countries."

Two authorised Xiaomi shops opened in the Spanish capital on Saturday, and sales partners including Carrefour and Media Markt will carry the brand from next Wednesday.

The push into Spain comes after the company pulled out of several overseas markets including Brazil and Indonesia due to regulatory issues and local competition.

» BUSINESS EXTRA

All aboard

CIVIL ENGINEERING firm Grupo ACS - chaired by Real Madrid president Florentino Perez - is one of seven companies sharing a new €322 million, two-year maintenance contract for Spain's conventional rail network, according to state-owned railway manager ADIF.

And sold!

MELIA INTERNATIONAL is to add more than 30 new hotels to its 350-strong global portfolio before the end of 2017. It comes after the Mallorca-based chain generated revenue of €1.5 billion up to September, 5 per cent more than in the same period in 2016.

Sole traders

FRENCH and Norwegian investors are reportedly mulling over an €18-25 million investment to convert the disused Lemoiz nuclear power plant in the Basque Country into a giant fish farm for the production of sole, salmon, trout and prawns.



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Rotten eggs whip up stink

THE price of eggs is soaring in Spain. A dozen extra-large eggs from caged hens currently costs 20-50 cents more than in 2016.

It comes in the wake of the contamination scandal that hit 24 European nations this summer, leading Spain, which was not affected, to

become one of the main suppliers to other EU countries.

The scare broke out after eggs were found to contain high levels of a toxic insecticide, leading to millions being pulled from supermarket shelves across the continent.

LONDON - FTSE 100

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,491.00	6.00	0.40	20,858.44
Associated British Foods	3,076.00	10.00	0.33	24,272.73
Admiral Group	1,843.00	-14.00	-0.75	5,333.57
Ashtead Group	1,910.00	2.00	0.10	9,525.23
Antofagasta	974.25	6.75	0.70	9,538.16
Aviva	493.25	-2.45	-0.49	19,883.55
AstraZeneca	5,002.50	132.50	2.72	61,651.71
BAE Systems	539.75	-16.25	-2.92	17,712.15
Babcock International Gr	781.25	-31.25	-3.85	4,107.97
Barclays	177.65	-1.50	-0.84	30,535.13
British American Tobacco	4,943.25	33.25	0.68	112,616.22
Barratt Developments	619.00	-1.00	-0.16	6,276.69
Berkeley Group Holdings	3,598.00	-15.00	-0.42	4,892.56
British Land Co	590.75	-2.25	-0.38	5,984.44
BHP Billiton	1,437.50	13.50	0.95	30,075.90
Bunzl	2,138.50	-18.50	-0.86	7,245.64
BP	510.55	3.65	0.72	100,431.76
Burberry Group	1,737.00	-9.00	-0.52	7,456.74
BT Group	245.95	-1.80	-0.73	24,571.29
Coca-Cola HBC	2,470.00	-115.00	-4.45	9,448.96
Carnival	4,912.00	48.00	0.99	10,299.89
Centrica	166.45	-0.75	-0.45	9,355.98
Compass Group	1,645.50	10.50	0.64	25,858.08
Croda International	4,197.50	15.50	0.37	5,494.85
CRH	2,703.00	2.00	0.07	22,652.41
ConvaTec Group	190.90	0.50	0.26	3,716.32
DCC	7,317.50	12.50	0.17	6,515.85
Diageo	2,576.25	16.75	0.65	63,998.61
Direct Line Insurance Gr	354.55	-1.15	-0.32	4,890.88
Experian	1,635.50	1.50	0.09	15,132.62
easyJet	1,266.50	-8.50	-0.67	5,064.40
Ferguson	5,315.00	20.00	0.38	13,293.52
Fresnillo	1,316.50	18.50	1.43	9,564.88
G4S	257.20	-1.40	-0.54	4,012.42
GKN	318.75	-1.25	-0.39	5,495.93
Glencore	363.83	1.23	0.34	52,195.33
GlaxoSmithKline	1,327.75	9.75	0.74	64,828.23
Hargreaves Lansdown	1,572.50	-10.50	-0.66	7,508.46
Hammerson	523.75	-0.25	-0.05	4,156.50
HSBC Holdings	735.90	-5.40	-0.73	148,188.50
International Consolidated Airlines	584.75	-12.25	-2.05	12,278.74
InterContinental Hotels Gr	4,288.50	8.50	0.20	8,131.58
3i Group	938.00	-7.50	-0.79	9,198.44
Imperial Brands	3,180.75	-0.75	-0.02	30,384.94
Informa	730.75	-0.25	-0.03	6,023.48
Intertek Group	5,367.50	2.50	0.05	8,658.60
ITV	157.15	0.35	0.22	6,311.84
Johnson Matthey	3,372.00	7.00	0.21	6,512.40
Kingfisher	304.70	-5.10	-1.65	6,719.08
Land Securities Group	938.25	0.75	0.08	6,950.98

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Legal & General Group	264.40	-0.70	-0.26	15,795.16
Lloyds Banking Group ORD	66.06	-0.42	-0.63	47,840.16
London Stock Exchange Gr	3,705.00	-15.00	-0.40	12,898.05
Micro Focus International	2,629.00	10.00	0.38	11,398.86
Mediclinic International	600.50	-3.00	-0.50	4,449.27
Merlin Entertainments	384.15	1.15	0.30	3,890.55
Marks & Spencer Group	316.10	-3.10	-0.97	5,186.17
Mondi	1,800.50	-6.50	-0.36	8,773.96
Morrison Supermarkets	215.55	-0.55	-0.25	5,089.60
National Grid	900.30	5.50	0.61	30,360.64
NMC Health	2,823.50	-94.50	-3.24	5,961.06
Next	4,367.00	-12.00	-0.27	6,406.08
Old Mutual Group	190.40	0.10	0.05	9,386.57
Paddy Power Betfair	8,620.00	60.00	0.70	7,225.50
Prudential	1,856.25	10.75	0.58	47,722.67
Persimmon	2,670.50	-2.50	-0.09	8,249.66
Pearson	697.50	4.50	0.65	5,641.47
Reckitt Benckiser Gr	6,557.00	13.00	0.20	46,042.04
Royal Bank of Scotland Gr	273.70	-1.60	-0.58	32,932.05
Royal Dutch Shell	2,452.25	34.25	1.42	109,883.95
Royal Dutch Shell	2,489.50	32.00	1.30	92,045.34
RELX	1,737.50	17.50	1.02	18,308.93
Rio Tinto	3,723.50	28.50	0.77	50,250.20
Rolls-Royce Group	909.75	-18.25	-1.97	17,080.68
Randgold Resources	6,952.50	47.50	0.69	6,495.76
RSA Insurance Group	608.75	-1.25	-0.20	6,238.73
Rentokil Initial	321.90	1.30	0.41	5,890.49
Sainsbury (J)	230.20	-2.00	-0.86	5,085.54
Schroders	3,433.50	-18.50	-0.54	7,802.29
Sage Group (The)	752.25	3.25	0.43	8,098.46
Segro	548.25	1.75	0.32	5,480.99
Shire	3,552.50	18.00	0.51	32,115.85
Smurfit Kappa Group	2,269.50	4.50	0.20	5,364.56
Sky	917.25	-0.75	-0.08	15,780.58
Standard Life Aberdeen	413.90	-1.70	-0.41	12,373.98
Smiths Group	1,517.50	-0.50	-0.03	6,006.62
Scottish Mortgage Inv Trust	454.70	2.50	0.55	6,307.37
Smith & Nephew	1,349.50	10.50	0.78	11,710.97
SSE	1,352.00	-8.00	-0.59	13,894.25
Standard Chartered	730.90	-3.10	-0.42	24,192.90
St James's Place	1,139.50	-6.50	-0.57	6,063.09
Severn Trent	2,174.50	5.50	0.25	5,124.56
Tesco	176.00	-0.60	-0.34	14,463.73
TUI AG	1,320.50	2.50	0.19	7,737.16
Taylor Wimpey	192.95	0.05	0.03	6,311.66
Unilever	4,287.50	63.50	1.50	52,367.70
United Utilities Gr	839.00	6.00	0.72	5,680.13
Vodafone Group	218.65	1.00	0.46	58,166.11
Worldpay Group	407.60	3.60	0.89	8,080.00
WPP Group	1,303.50	-0.50	-0.04	16,479.73
Whitbread	3,577.00	7.00	0.20	6,548.32

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THE ABOVE TABLE USES THE CURRENT INTERBANK EXCHANGE RATES, WHICH AREN'T REPRESENTATIVE OF THE RATE WE OFFER

DOW JONES

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	227.45	-0.41%	-0.94	135,649.75
AMERICAN EXPRESS	93.52	-0.25%	-0.23	81,235.77
APPLE	174.67	-0.69%	-1.21	898,298.71
BOEING CO	260.85	-0.70%	-1.85	155,237.42
CATERPILLAR	136.48	0.84%	1.14	81,202.54
CHEVRON	117.18	-0.05%	-0.06	222,245.74
CISCO SYSTEMS	33.99	-0.18%	-0.06	169,826.83
COCA-COLA	46.54	0.67%	0.31	198,334.49
DOWDUPONT	69.97	-0.37%	-0.26	163,846.12
EXXON MOBIL	82.94	-1.23%	-1.03	351,357.36
GENERAL ELECTRIC	20.49	2.50%	0.5	178,428.15
GOLDMAN SACHS	240.15	-0.27%	-0.64	90,811.26
HOME DEPOT	164.11	0.51%	0.84	193,597.21
IBM	149.16	-0.76%	-1.14	138,327.12
INTEL CORP	45.58	-1.56%	-0.72	213,828.00
J.P.MORGAN CHASE	97.51	-0.12%	-0.12	339,582.04
JOHNSON & JOHNSON	139.56	-0.56%	-0.79	374,742.68
MC DONALD'S CORP	165.59	-0.84%	-1.41	131,487.79
MERCK AND CO. NEW	55.48	-1.30%	-0.73	151,056.40
MICROSOFT	83.87	-0.26%	-0.22	644,804.91
NIKE	56.09	-0.07%	-0.04	73,011.92
PFIZER	35.18	-0.06%	-0.02	208,305.90
PROCTER AND GAMBLE	88.16	0.43%	0.38	224,046.38
TRAVELERS CIES	135.54	0.75%	1.01	37,036.53
UNITED TECHNOLOGIE	118.11	-0.22%	-0.26	94,390.96
UNITEDHEALTH GROUP	211.07	-0.23%	-0.49	204,715.50
VERIZON COMMS	44.88	-0.42%	-0.19	183,146.50
VISA	111.88	-0.23%	-0.26	203,470.56
WAL-MART STORES	90.92	0.69%	0.62	272,253.56
WALT DISNEY CO	104.78	2.05%	2.1	162,829.52

M - MILLION DOLLARS

NASDAQ

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Xunlei Limited	\$ 13.09	3.70 ▲ 39.40%
Omeros Corporation	\$ 18.17	4.08 ▲ 28.96%
Avid Technology, Inc.	\$ 5.10	1.06 ▲ 26.24%
Restoration Robotics, Inc.	\$ 7.19	1.43 ▲ 24.83%
Ovid Therapeutics Inc.	\$ 9.03	1.59 ▲ 21.37%
Teligent, Inc.	\$ 3.74	0.62 ▲ 19.87%
Immunomedics, Inc.	\$ 12.40	1.96 ▲ 18.77%
China TechFaith Wireless Comm. Tec. Ltd.	\$ 2.68	0.41 ▲ 18.06%
Bravo Brio Restaurant Group, Inc.	\$ 2.15	0.30 ▲ 16.22%
Fossil Group, Inc.	\$ 6.60	0.92 ▲ 16.20%
Roku, Inc.	\$ 33.25	4.06 ▲ 13.91%
Most Declined		
Kona Grill, Inc.	\$ 2.05	0.60 ▼ 22.64%
Puma Biotechnology Inc	\$ 103	24.20 ▼ 19.03%
FTD Companies, Inc.	\$ 8.09	1.71 ▼ 17.45%
Frontier Communications Corporation	\$ 6.77	1.19 ▼ 14.95%
The Trade Desk, Inc.	\$ 50.995	8.285 ▼ 13.98%
Infinity Pharmaceuticals, Inc.	\$ 2.41	0.39 ▼ 13.93%
Veritone, Inc.	\$ 22.07	3.53 ▼ 13.79%
Frontier Communications Corporation	\$ 12.50	1.85 ▼ 12.89%
PetIQ, Inc.	\$ 19.70	2.79 ▼ 12.41%
Yintech Investment Holdings Limited	\$ 11.43	1.50 ▼ 11.60%
Clearfield, Inc.	\$ 12.40	1.40 ▼ 10.14%

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Distributing Funds

EUR Fixed Income B
 Sterling Fixed Income B

DEALING PRICE

€0.9419 €0.0012
 €0.9307 €0.0044

Price Movement

Accumulating Funds

DEALING PRICE Price Movement

GBP Currency B €0.9803.....-€0.0007
 EUR Currency B €0.9540.....-€0.0009
 Multi Asset Conservative B GBP £1.1659..... £0.0071
 Multi Asset Conservative B EUR €1.0856..... €0.0062
 Multi Asset Balanced B GBP £1.3356..... £0.0120
 Multi Asset Balanced B EUR €1.2316..... €0.0105
 Multi Asset Growth B GBP £1.4935..... £0.0158
 Multi Asset Growth B EUR €1.3842..... €0.0140

Remaining Elite Fund prices available on request

Prices correct as at 08/11/2017



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*Fees and exchange rate data for banks taken from the International Money Transfer Index™ (IMTI™).

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Paul

Currencies Direct customer since 2013, Calpe, Spain

Watch his story at currenciesdirect.com/Paul



Teens now appy shoppers

MOBILE PAYMENTS FOR U18S ROLLED OUT

SPANISH teens are addicted to mobile phones.

A number of studies have shown that young Spaniards clock up more screen time on their devices than in any other European nation.

And the tech savvy teens now have a new payment method after German electronic payment specialist Wirecard teamed up with mobile network operator Orange.

The partnership sees the range of functionalities available for Orange's mobile wallet app Orange Cash upgraded, tapping into the mobile payment market for 12 to 18-year-olds under their parents' supervision.

After the successful launch of Orange Cash Jeune in France, the app feature has now been launched in Spain.

It comes despite widespread fears and expert claims that excessive mobile phone use can have an adverse effect on childrens' mental health.

But the total transaction volume of mobile payments in Spain is set to triple by 2021, according to online statistics portal Statista.

With Orange Cash Joven, Wirecard and Orange believe they have developed a solution that they claim addresses the needs of the younger generation.

To create an account, parents or legal guardians sign up over the web interface of Orange Cash and install the app on their childrens' smartphones. Via the web interface, adults can control the sums of money, which can be charged on the account and get a real-time overview of the expenses.

All financial administration is managed through the parents' Or-



MONEY TALKS:
Teens are now able to pay using their smart phone.

ange Cash account.

Philippe Laranjeiro, Head of Sales Telecommunication at Wirecard said: "Today, nine out of 10 young people in Spain use a mobile device to connect to the internet on the go.

"No wonder teenagers would rather use their smartphones to shop in stores than use cash.

The future of farming?

SPANISH farmers are selling their expertise to the Middle East.

A group of businesses from the agricultural sector aims to help ensure profitable, year-round production of fruit and vegetables in Qatar.

Dubbed AgroQatar, the alliance was "created especially to facilitate the development of agribusiness in the country," according to Ignacio Escobar, Spanish ambassador to the gulf nation.

"The Spanish solution is the most advanced, efficient and adapted integrated system able to produce throughout the year a variety of crops with the highest quality and in the most sustainable and cost-efficient way in Qatar," he added.

His comments came at a matchmaking event in the Qatari capital Doha, with experts from Almeria, famed for its intensive soil-free farming, flown over to liaise with local investors.

'CORRUPTION IN ITS PUREST FORM'

€120m enquiry returns

THE head of an in-depth probe into Spanish political finances has accused Prime Minister Mariano Rajoy's party of "corruption in its purest form."

Manuel Morocho, chief inspector of Spain's Unit of Economic and Financial Crimes (UDEF), said that the national leader's centre-right Popular Party (PP) behaved as a "criminal organisation" after it accepted slush money from illegal donations.

The investigator also claimed that there exists "circumstantial evidence" linking Rajoy himself to the alleged offences.

His comments follow Rajoy becoming the first serving Prime Minister to testify as a witness in a criminal trial since Spain became a democracy in 1978.

The PP allegedly used a secret accounting system in parallel to its official one to channel bribe money into party coffers through the so-called 'Box B' managed by ex-treasurer Luis Barcenás, who stood down as the scandal erupted in 2009.



PP PROBE: Mariano Rajoy and (inset) UDEF's Manuel Morocho.



Barcenás has since admitted that he used to hand envelopes stuffed with undeclared cash to party members.

Addressing a Spanish Congressional commission, Mr Morocho said: "An organisation that has operated for a long time, which has penetrated to very deep levels in public administrations until it has become

parasitic and absorbed the capacity of a political leader to allocate and manage public funds...

"That is the concept of corruption in its purest form."

He added that circumstantial evidence links Rajoy, who would have benefited "indirectly" and former Spanish ambassador to the UK, Federico Trillo, to the payments.

But the Prime Minister is not considered a suspect in the case despite him being included in Barcenás' notes.

The inquiry into the PP's finances, known as the Gürtel case, has been ongoing since 2007, although it was not until October 2016 that most suspects began to appear on trial.

Mr Morocho also added that the UDEF had been placed under pressure to terminate their investigation, a move which led opposition party Podemos to slam the PP's efforts to 'intimidate' the independent body.

Analysts have suggested that the case resulted in the loss of at least €120,000,000 in public finances.

Green light for €1bn Spanish investment

SPANISH energy company CEPSA is to invest more than €1 billion in 2018.

The announcement from chief executive Pedro Miro comes as the firm looks to create new opportunities for growth in Asia, Latin America and other developing markets.

Miro confirmed the budget was rubber-stamped in Abu Dhabi by sole shareholder Mubadala Development Company, an investment vehicle of the Emirate's government which counts Manchester City FC owner Sheikh Mansour among its directors.

"In Europe, it is difficult to build a new factory because there is no more consumption, but to keep the existing ones, we invest €85 million per year per refinery," the official said.

IBERDROLA COMMITS TO RENEWABLES Gone with the wind!

SPAIN'S electricity, gas and services giant, Iberdrola, is to invest in new wind farms after announcing a €2.41 billion net profit for the third quarter of 2017.

The boost - 18.4 per cent up on the same period last year - comes after poor results in Spain were offset by a positive performance by the firm's international subsidiaries.

A countrywide drought meant the first nine months of the year saw low hydroelectric power production - some 57.2 per cent below 2016 levels.

And Spain's renewables output was also affected by low wind resources, although results improved elsewhere, with the company growing 34.7 per cent in the UK. Europe's second-biggest power company by market value is also the owner of Scottish Power.

But the UK core profit fell 77 per cent to €53 million in the nine months to September, partly due to the depreciation of the pound, lower output following the closure of a coal-fired power



CLIMATE CHANGE ACTION: Urged by Iberdrola chairman Ignacio Galan (inset).

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station in Scotland, an increase in regulatory costs, weaker gas sales and narrowing profit margins.

In the first three quarters of 2017, Iberdrola carried out investments worth €3.99 billion, up by 31.5 per cent from the same period last year.

A total of 91 per cent of investments were allocated to networks, renewable energy and long-term contracted energy generation.

The group has 7,400 megawatts (MW) of new infrastructure under construction, of which 2,700 MW are ex-

pected to be operational by the end of 2018.

Since announcing the results, Iberdrola's Chairman Ignacio Galan has called on governments and corporations from all sectors of the economy and other actors across the world to take firm action on combating climate change.

Speaking at the COP23 summit in Bonn he said: "Time for talking has passed, it's time for action now!"

Citing Iberdrola's decision to close their remaining coal power plants in Spain he added: "Iberdrola has set very strong targets to reduce carbon emissions, meaning we will reduce our carbon intensity by 50 per cent in 2030.

"In this sense, we have made the tough decision to close all of our fuel oil and coal-fired power plants around the world (almost 7,500 MW), and focus on renewable technologies.

"Iberdrola will continue to do our part, but we need other industries and companies to follow our lead."

Inequality on the rise says report

THE planet's richest 1 per cent owns more than half the world's wealth.

Swiss financial services company Credit Suisse's annual global wealth report says that the world's most moneyed individuals have seen their share of the globe's wealth increase from 42.5 per cent in 2008 to 50.1 per cent in 2017.

And their combined fortune is equivalent to €118 trillion.

"The share of the top 1 per cent has been on an upward path ever since [the crisis], passing the 2000 level in 2013 and achieving new peaks every year thereafter," the report said.

The increase has seen 2.3 million new dollar millionaires in the last year, with the global total now standing at 36 million of which 428,000 are based in Spain, a rise of 58,000 on 2016.

The world's 3.5 billion poorest adults account for just 2.7 per cent of its riches.

Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at international@stoneking.co.uk



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

“ You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



| An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.



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Politically correct or a step too far for some

LEAPY LEE SAYS IT
OTHERS THINK IT



IF ever there was a case for leaving the EU then the recent decision to award a Somali criminal nearly £80,000 for wrongful imprisonment, has to be it. Abdulrahman Mohammed had amassed 30 convictions while living in the UK and had been imprisoned more than a dozen times over 15 years.

The government were trying to deport him back to east Africa and detained him for a total of 445 days over three periods between 2012 and 2016. A judge at the High Court ruled that, despite being described as a prolific and violent offender, there was some evidence he could be tortured if he returned to Somalia (oh dear!) and it was unlikely he would be sent back. Therefore, the judge concluded he had been falsely imprisoned and was entitled to 'justice in a civilised society.'

The 39-year-old had initially been refused asylum on entering Britain. He had been granted leave to remain but only until August 2000. In 2008 (it took eight years!) the Home Secretary made a deportation order against him. But lawyers took his case (yes, you've guessed it) to the European Court of Human



A STEP TOO FAR? Drag queens set to teach British schoolchildren.

Rights and the UK was ordered not to remove him from the country 'until further notice'.

Because he could not legally be deported, the judge decided the three periods of confinement had been 'improper detention' and were therefore illegal and awarded him £78,500 in compensation! Confused? Don't be.

Basically, some violent criminal illegal im-

migrant thug, has just been given nearly 80K of UK taxpayers' money. You really couldn't make it up. The sooner we say goodbye to the unbelievable and often downright lunacy of these arrogant EU idiots the better for us all.

I know it'll get a few backs up, but I think that allowing drag queens to sing and recite nursery rhymes to classes of two-year-old kids, is most definitely a step too far. As far

as I'm concerned nothing can be gained from this exercise, except more confusion and insecurity among our youngsters, serving no more purpose than teaching these little tots that, instead of a special treat at Christmas, Panto is now a classroom event.

It really is a time to call a halt to all this gender bender extremism; which in the main emanates from a minority of transsexuals, who won't be happy until all the toilet seats are glued down and 'boys and girls' a distant memory. Far from creating more acceptance of transgenderism, all this overkill is actually having a reverse effect.

For heavens, and sanities sake, these extremists must be reined in, before the whole, often commendable cause, is lost in a mire of mistrust and messy misinterpretation.

Got a laugh for you now. On the subject of name combinations, I was delighted to hear Tim Rice is set to marry a Miss Garlick. Apparently Mr Curtain is also about to tie the knot with a young lady called Annette and there actually appears to exist a Miss Flay whose first name is Sue! Can you do any better? I'm all ears. Only genuine combinations need apply!

Keep the faith

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Love Leapy leapylee2002@gmail.com

Leapy Lee's opinions are his own and are not necessarily representative of those of the publishers, advertisers or sponsors.

Deal or no deal

HALF a million people in the States take out loans every year just to shop on Black Friday.

This year Spain may spend €1.3 billion, and virtually every major retailer is now on board.

But beware of over-inflated discount hype.

A British investigation last year found that up to half the goods on offer were not the real deal, that the 'was' price had been inflated, that the goods were obsolete models, or that some were actually cheaper before or after the big day (or week).

Buy from reputable retailers with a money-back guarantee, use a credit card rather than a debit one if you can because then the bank will foot the bill if things go wrong, and use your browser's bookmarks to keep track as you trawl the web and things get hectic.

Black Friday's child is loving and giving?

If retailers can afford such massive discounts next weekend, are consumers being scammed the rest of the year, asks Terence Kennedy.

GOT your Black Friday shopping spree planned? Ready to splash out next weekend on that electronic spaghetti fork you've always wanted, a WiFi-enabled toaster or a remote-controlled churros extruder?

In just over a decade Black Friday has morphed into a worldwide shopping frenzy (followed no doubt by Blue Saturday when adding up the resulting credit card bills). For one more bite at the cherry, retailers have added Cyber Monday, so now you really can shop till you drop. Or your bank account does.

Since Spanish rules on sale dates were lifted in 2012, Viernes Negro has taken off here: 90 per cent of Spaniards surveyed knew what it

was, nearly 60 per cent actually buy something, and the country is expected to splash out nearly €1.3 billion next weekend on discounts, real or imagined.

Cynics say the one who profits most from Black Friday is the one smart enough not to go shopping that day. Certainly those who do choose to partake may be safer here than in America, where there have been seven Black Friday deaths listed and nearly a hundred serious injuries. Indeed, two people died during a shooting altercation at a Toys 'R' Us in California. Someone must really have wanted that cut-price Disney princess.

Physical Black Friday shoppers



CHAOS: Black Friday scenes.

(those who will surge to the bricks and mortar retailers this weekend) are said to be older, less internet-savvy and often pay in cash. Cyber Monday shoppers are younger, more affluent, use credit cards and often don't have a lot of time (or patience) for shopping.

So why brave the madding crowds when you can bankrupt yourself so much more comfortably from home? Some online retailers have even extended the buying frenzy to a whole week (here's lookin' at you Amazon).

The trick to coming out on top next week is to know what you want, and to have priced it before the madness strikes. 'Fifty per cent off!'

might indeed mean it's half-price (assuming it doesn't mean only half the product is actually present...). But half-price of what? The price some overhyped designer store might have tried and failed to charge? Or the manufacturer's recommended retail price which no self-respecting consumer would ever expect to pay?

Ask yourself the killer question: it may be hyperventilatingly cheap, but what exactly is a WiFi detector shirt, and do I really need one?

So happy shopping one and all, and where I won't be spending my money next week is on an Irish site with my favourite Black Friday offer ever: 'Two for the price of three!!'

TECH FOR THE TIMID

How ridiculous they are

Mike Senker

In my opinion

Views of a Grumpy Old Man



I'M lucky because I'm pretty computer savvy. I've always used computers for work, as well as at home, using search engines to look things up. But here's a word of warning about what not to look for on the internet. The worst thing you can do is to google medical symptoms.

Here's my advice - if you don't feel well go to the doctor. Do not self-diagnose because, if you do, I can guarantee you will have some of the worst diseases known to mankind. Every lump, stomach ache, going to the loo a lot or not enough will definitely mean you have got some form of horrible, nasty illness.

The same applies to looking at the side effects of medication the doctor has given you. I did it once and I absolutely had the majority of them and the ones I didn't have before I looked completely scared me about taking the medicines in case I got any of the others.

So now I just don't look and I advise you do likewise and save yourself a lot of worry.

'When are you going to do that?' I asked

the handyman. 'I'll get round to it sooner or later,' was the reply. What does that actually mean? Will it be sooner or later? It's one of those total dumbass sayings. He might as well have said, 'I'm not telling you!'

So of course that got me thinking about a couple of other sayings that makes me think how ridiculous they are.

I was watching one of those US cop TV shows and when they are questioning the suspect, they always say, 'Can you tell us, in your own words, what happened that night.' If that was me I'd be very tempted to say, 'I'm sorry, I don't have any of my own words, I just always use the same words as everybody else. Will that do?'

Another one that doesn't make sense is when you ask someone to do you a favour and they say, 'Sure, I'd be more than happy to do that for you.' What's more than happy? Delirious?

Last one today - when something is as 'easy as pie.' So back to google. What does it mean and why is it used? Apparently it's not the making of the pie; it's the eating of it. Well that's not easy for me because I'm diabetic and I've also googled what happens if I eat too much pie...

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LEGALLY SPEAKING

More potential road hazards

WE answer some common driving questions, kindly provided by members of the Guardia Civil based in Torrevieja, Costa Blanca, who set up the N332 website and Facebook page to help break down barriers.



OBSTACLES: If you need to 'moove' into opposite lane you must give way.

EVERY time we get behind the wheel of a car to embark on a journey our fate lies somewhat in the hands of others and there are potential hazards at every turn.

Last week we looked at some of the hazards drivers meet and how you can best avoid the risk.

Obstacles in the road: There are countless items that could find themselves in the road and pose a problem to vehicles, fallen trees, items fallen from vehicles, rocks and boulders, parked cars, the list is almost endless. If you encounter an obstruction one thing you must be aware of is that if you have to invade the opposite lane then you must give way to oncoming vehicles and only pass when safe to do so.

Permanent road features: It is vital that you pay attention to surroundings by reading and observing the physical signs on a road, like maximum permitted speed limits or warnings of hazards ahead. Also look at the physical

characteristics of the road itself for junctions, narrow streets, dangerous bends, elevation changes and dips, blind corners and merging traffic.

Parking: When parking your vehicle, always choose a location that is safe, legal and convenient. Respect distances between vehicles, look for signs or signals that prevent or restrict parking. Be careful when opening your door, look in the mirrors and around the vehicle for cyclists, motorbikes, pedestrians or other cars.

Reversing vehicles: Always try to avoid reversing wherever possible as the field of vision is significantly reduced. Reversing into a parking bay makes it safer and more convenient for leaving, and avoid reversing from a minor road to a major road.

Animals: Animals in the road pose a major risk, especially in countryside areas. Drive slowly and always respect distance, because animals are unpredictable and can be startled.

For more news and articles visit www.n332.es or search N332 on Facebook.

Can we change quotas?

Q. Some owners in our community have extended their properties by almost 50 square metres, making them into units of three bedrooms and three bathrooms. My own property is a two-bedroom, two-bathroom unit, as originally designed and built. However, I pay the highest community charges due to the original quota system established in the year 2000. Is it possible to have the quota re-assessed? I have asked at the AGM for equal shares, but this was refused.

S M (Costa Blanca)

A. Yes, it is possible to change the assignment of quotas. In your case, it is necessary in order to match the reality of the new construction. Ask these questions: Did the owners have com-

David Searl
You and the Law in Spain



munity permission for new construction? Did they have building permits from the town hall?

Are the new extensions registered in the property registry? Legally, your community needs to change its original basic charter and assign new percentage shares that reflect the new reality.

Send your questions for David Searl through lawyers *Ubeda-Retana & Associates in Fuengirola* at Ask@lawtaxspain.com, or call 952 667 090.



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Women's wit

Some days are just bad days, that's all. You have to experience sadness to know happiness, and I remind myself that not every day is going to be a good day, that's just the way it is!"

Dita Von Teese - Dancer



Famous quote

It's fine to celebrate success but it is more important to heed the lessons of failure."

Bill Gates, Entrepreneur

World of English

Antimetabole - repeats words or phrases in reverse order - "ask not what your country can do for you - ask what you can do for your country."

(J F Kennedy)

MADDOCKS' VIEW ON LIFE



'FORGET ALL YOUR TROUBLES AT HOME MRS MAY - LET US TALK PROPER MEANINGFUL BREXIT!'

Spanish fashion brands

TOP 5

SPAIN is known for its fashionable styles and trends. Here are five of the country's biggest fashion brands.

Zara

Known the world over for its unique style, Zara has now become a household name. As part of the Inditex group, the brand reportedly took almost \$16 billion in revenue in 2016 and now has over 2,100 stores across 88 different countries.

Mango

The Spanish multinational clothing company was first founded in 1984 by two Turkish brothers based in Barcelona. The brand opened its first store in the UK in the year 2000 and now has shops in Europe, Africa, Asia, South America and the USA.

Stradivarius

Also part of the Inditex group, Stradivarius was reportedly acquired by the group in 1999 having been originally founded in



ZARA: Has become a household name.

1994. The international clothing brand recently launched its menswear collection called 'Stradivarius Man.'

and also fragrances.

Pull and Bear

The brand was originally named New Wear, SA before being officially launched as Pull & Bear in 1991. The style focuses on casual, laid-back clothing accessories for a younger demographic, with a very 'urban' style and now has over 870 stores worldwide.

Massimo Dutti

Despite the Italian name, Massimo Dutti is inherently Spanish. First founded in Barcelona in the 1980's, the brand offers a number of clothing ranges, accessories, a personal tailoring service

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA	EL GORDO DE LA PRIMITIVA
					
Saturday November 11	Saturday November 11	Tuesday November 7	Friday November 10	Saturday November 11	Sunday November 12
(4) (16) (27) (30) (41) (49)	(9) (16) (27) (41) (42) (47)	(7) (19) (20) (37) (41)	(13) (22) (29) (36) (37)	(6) (8) (22) (24) (43) (45)	(11) (30) (37) (44) (49)
BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	REINTEGRO
(54)	(4)	(2) (12)	(1) (9)	(11) (1)	(4)

LOTTERY

YOUR STARS

FOR NEXT 7 DAYS

AQUARIUS
(January 21 - February 19)

A chance remark alluding to your past brings a flashback. This helps you to see a current situation more clearly. We all make mistakes and follow the same old patterns, but this time you are being forewarned. It is in your experience and power to make a different choice of action this time. In doing so, much confusion and upset can be avoided.

PISCES
(February 20 - March 20)

Someone will most certainly come to the rescue when your situation changes. Well, they will, won't they? Have Plan B ready just in case. In continuing to think in the short term you do yourself no favours. Think now of a '10-year plan' and be determined to reach your goal. Bit by bit and day by day you will progress. You don't have to rush ahead and get stressed.

ARIES
(March 21 - April 20)

An exciting project is bubbling away in your mind but may need financial backing. Take advice from a professional or someone with successful experience in these matters. Remember that any idea has to grow, so consider what you need to see happen in five years' time.

TAURUS
(April 21 - May 21)

During your social encounters this week you meet someone who offers to help. That is great, but do ask yourself if you would be prepared to give anything in return.

GEMINI
(May 22 - June 21)

Some exciting suggestions make you think twice about a current business matter. However, it may not be necessary to change anything but to consider the new suggestion as a sort of 'add on' to a current project.

CANCER
(June 22 - July 23)

The moment that you have been waiting for has arrived. A colleague has made a decision that is long overdue. Perhaps you are a little shocked and speechless because there has been such a time lag, but this will pass. It may not be over-convenient but the phrase 'striking while the iron is hot' springs to mind.

LEO
(July 24 - August 23)

You work hard for your money. Make it worthwhile by trying to hold on to as much of it as possible. Someone who is charming and plausible may try to get you involved in a fast-track money making scheme.

VIRGO
(August 24 - September 23)

By showing confidence in your own way of doing things, you inspire others. This is chiefly because you are at last finding a balance between work and home life. In the past you may have felt stressed and equated that with working - not so now.

LIBRA
(September 24 - October 23)

Because you are intent on pleasing others, you may be cramping your own style. This is something that you have in abundance and it should be used. You may be feeling that a business idea does not stand a chance.

SCORPIO
(October 24 - November 22)

A juicy bit of gossip comes your way this week and it is hard to keep it quiet. You must do so, however, because there is a lot riding on it. When people trust you, they are saying much about the relationship. In this particular case, the person may well be able to progress you socially at some time in the future.

SAGITTARIUS
(November 23 - December 21)

The rather more serious side of your nature needs to take over this week. Someone in a higher position is keeping an eye on you. This maybe because they are considering you for promotion, so be on your best behaviour. It is important at the moment to stick to any rules and regulations or your reputation (and pocket) could be hit.

CAPRICORN
(December 22 - January 20)

Letting life get too tame will eventually irritate you no end. Your social life needs a boost which, in turn, helps romance blossom. It is easy to be a bit lazy when things are going smoothly but we all need constant stretching. With an active mind such as yours, the important thing is to keep making progress. This may be in a physical way or in some kind of business. A brisk attitude to your whole life is needed.

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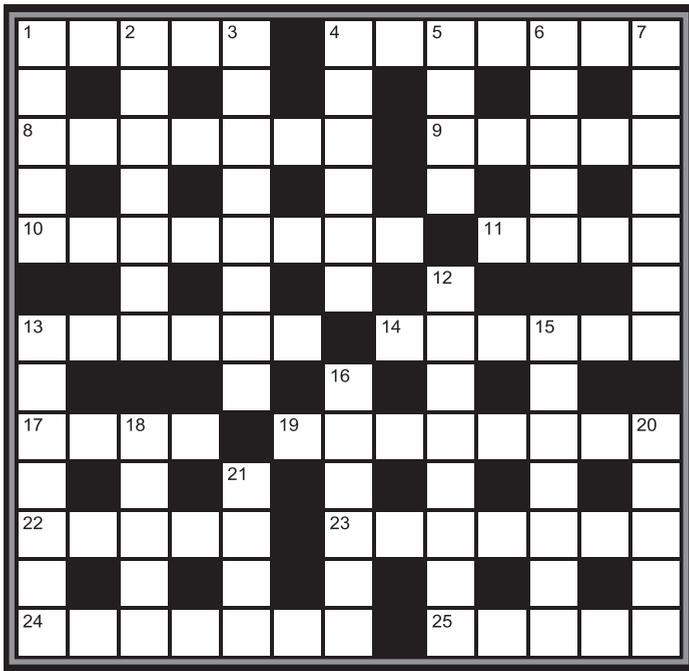
Cryptic

Across

- 1 Charlie enquires about barrels (5)
- 4 Former pilot's daft adventure (7)
- 8 Object when put into torn clothing (7)
- 9 Ring about never ending internet pest (5)
- 10 I acted in poor show (8)
- 11 Spirit around end of December causes a smile (4)
- 13 Relieves incantations (6)
- 14 Chaplains are spread around (6)
- 17 The remainder sleep (4)
- 19 Pet cried about being infirm (8)
- 22 Saw a daughter get mature (5)
- 23 Blend ten wine ingredients (7)
- 24 Recommend guests start getting organised (7)
- 25 What was a performance to be precise (5)

Down

- 1 Dog runs between an officer and a private (5)
- 2 Edwin's upset about Lloyd's first fraud (7)
- 3 Outlines for small, confused clients (8)
- 4 English country property (6)
- 5 Trail from the Carpathian Mountains (4)
- 6 A smell from the food, our dinner (5)
- 7 New Testament stories about

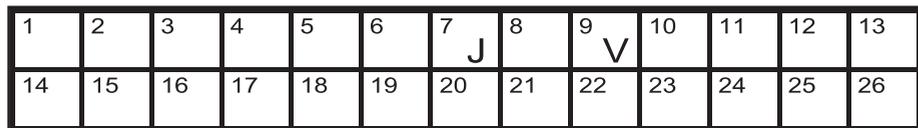
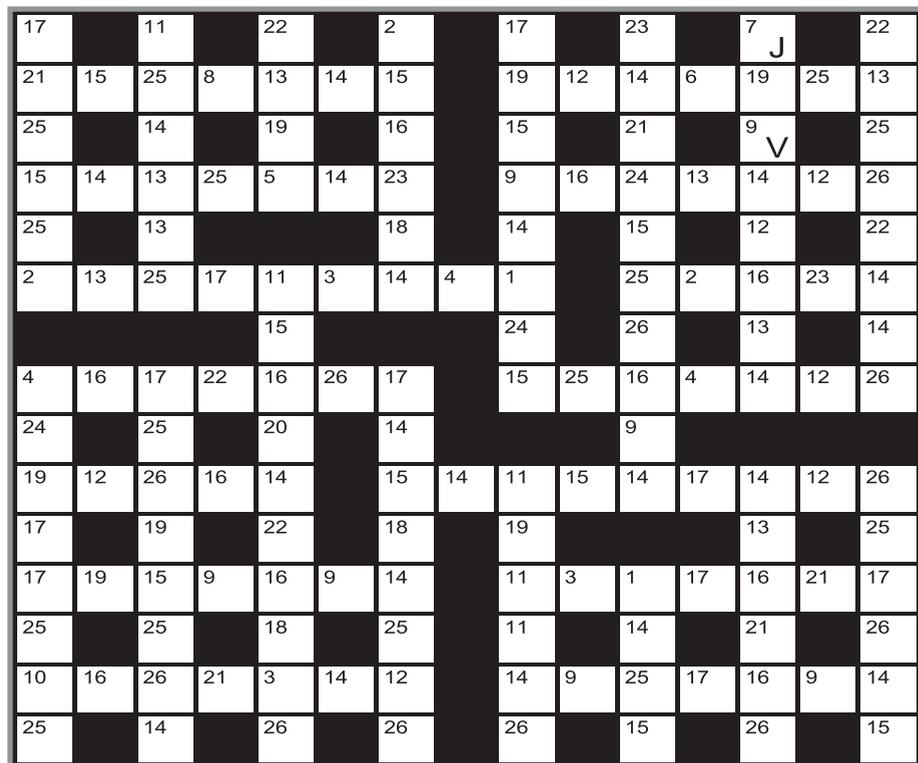


- gifts (7)
- 12 Surrealist friend is filled with determination (8)
- 13 Saint has lots of paper for courses (7)
- 15 Parcel I untied reveals an identical one (7)

- 16 Deprived female in a hat (6)
- 18 Some careless language (5)
- 20 An endless pact to foot the bill (5)
- 21 English monk buying every dinner, excluding starters (4)

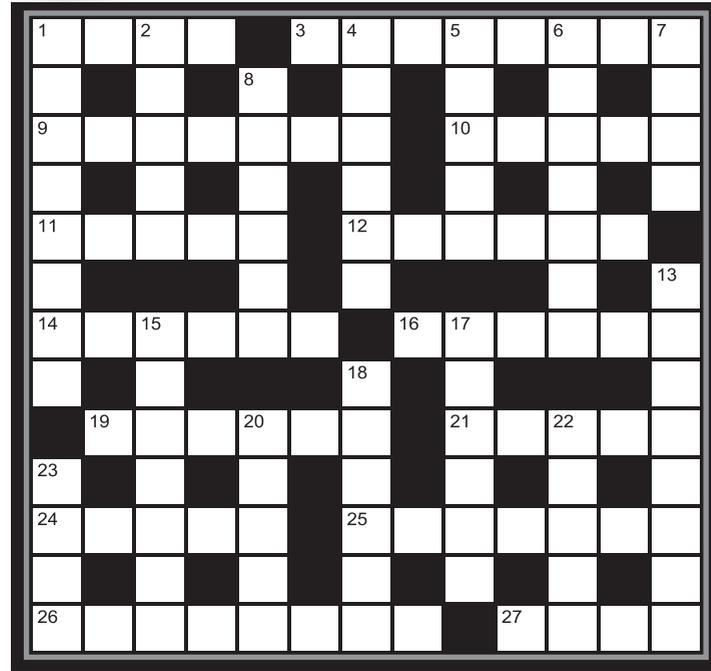
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 7 represents J and 9 represents V, so fill in J every time the figure 7 appears and V every time the figure 9 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

Code Breaker



LAST WEEK'S SOLUTION FACING PAGE

Quick



Across

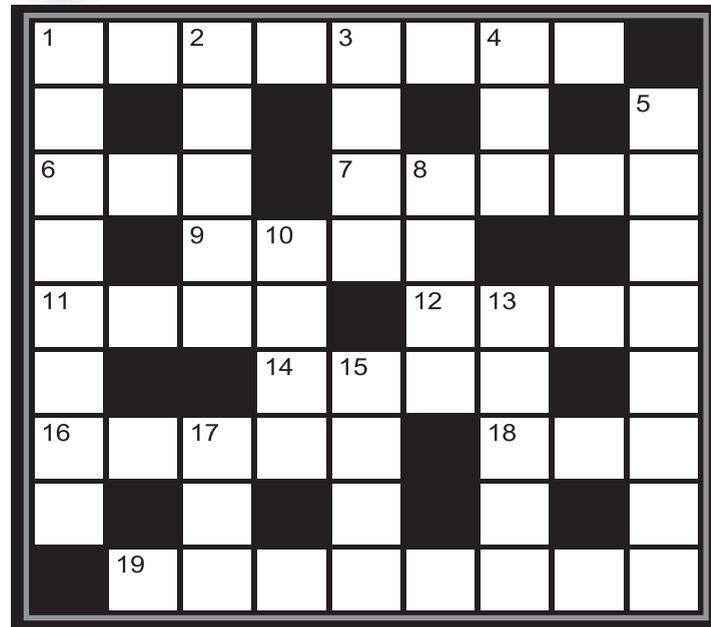
- 1/23 Become quiet or quieter (4,4)
- 3 Answer (8)
- 9 Regular payment (7)
- 10 Japanese dish (5)
- 11 Excessively fat (5)
- 12 Acquire (6)
- 14 Pass by, as time (6)
- 16 Disease of the skin (6)
- 19 Small informal restaurant (6)
- 21 Cause fear in (5)
- 24 Aquatic fish-eating carnivore of the weasel family (5)
- 25 Gun dog (7)
- 26 Drug that produces numbness or stupor (8)
- 27 Nothing (4)

Down

- 1 Any undertaking that is easy to do (8)
- 2 Graceful and elegant bearing in a person (5)
- 4 Severe or trying experience (6)
- 5 Disturb the balance or stability of (5)
- 6 Encourage (7)
- 7 Small metal spike with a broadened flat head (4)
- 8 Niche or alcove (6)
- 13 Major London railway station (8)
- 15 Pilot (7)
- 17 Unconcerned (6)
- 18 Japanese dwarf tree (6)
- 20 Body excluding the head and neck and limbs (5)
- 22 Similar (5)
- 23 See 1 Across

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Frost (substance) (8)
- 6 Huevo (3)
- 7 Alcalde (5)
- 9 Those (4)
- 11 Expensive (4)
- 12 Ordenado (4)
- 14 Pie (anatómico) (4)

- 16 Granos (en la piel) (5)
- 18 Bird (large) (3)
- 19 Cristales (8)

Down

- 1 Ejercicio (8)
- 2 To take hold of (5)
- 3 Oar (4)

- 4 Today (3)
- 5 Hermanos (8)
- 8 Ass (donkey) (4)
- 10 Blando (madera, droga, agua) (4)
- 13 Stage (phase) (5)
- 15 Bears (animals) (4)
- 17 To hear (3)

CROSSWORD PAGE

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*Changes may occasionally be applied by a third party bank when transferring the

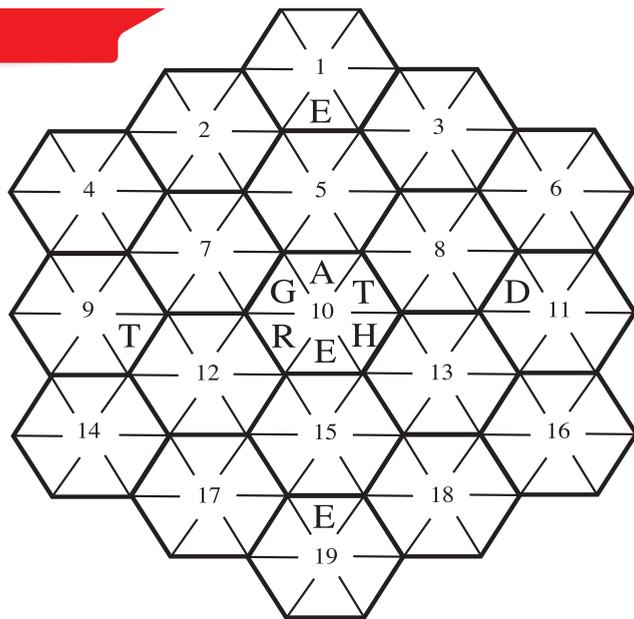
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Hexagram

- BEETLE
- CHALET
- CORRAL
- ETHANE
- FILTER
- GATHER (10)
- GENIAL
- INVENT
- LEADEN
- OBLATE
- RELIEF
- REPEAL
- SPECIE
- STEREO
- STRAND
- TEASEL
- UNISEX
- UPDATE
- UPTAKE



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell 10 (**GATHER**) and one letter in four other cells are given as clues.

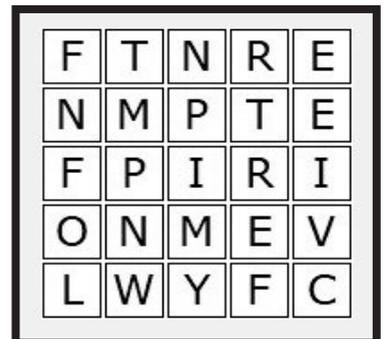
LAST WEEK'S SOLUTION

- 1 Lessee 2 Recess 3 Easier 4 Blurry
- 5 Arouse 6 Teeter 7 Subtly 8 Endure
- 9 Enable 10 Bouncy 11 Titian 12 Ninety
- 13 Almond 14 Urgent 15 Encore
- 16 Flight 17 Sortie 18 Armful
- 19 Seamen.

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

- Average: 17
- Good: 23
- Very good: 33
- Excellent: 43

SCORING:

- 4 letters: 1 point
- 5 letters: 2 points
- 6 letters: 3 points
- 7 letters: 5 points
- 8 or more letters: 11 points

LAST WEEK'S SOLUTION

rowan rowans rows roos rood roods
rosin rondo rondos rout rods owns
woos wood woods woodcut wand
wands awns anis sown sonic swan
soon snow snood snip snipe sudor
sinh nows nidus quin quins quid quids
quip door doors duos duct disown
dins indoor indoors induct ictus incus
hind hinds cuds pins penni epic

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER (in this case L)** and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

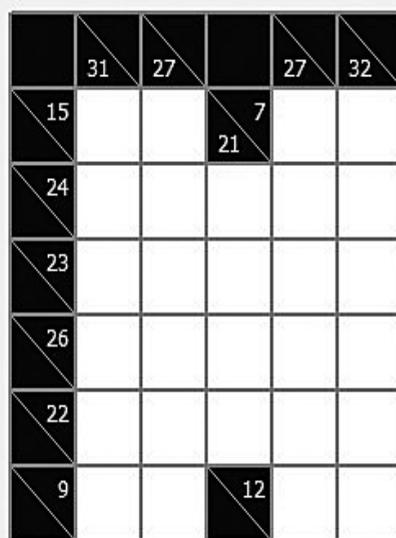
- Average: 12
- Good: 17
- Very good: 24
- Excellent: 31

LAST WEEK'S SOLUTION

alit alto gait gilt girt goat grit grot iota lilt loti
rata riot rota tail tala tall taro till tiro toga toil toll
tori trig trio allot altar aorta argot atoll atria
gator gloat griot groat raita ratio taiga tiara trail
trial trill troll aortal atrial lariat latigo latria rialto
tailor otalgia ALLIGATOR

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION



LAST WEEK'S SOLUTIONS

ENGLISH-SPANISH

- Across:** 2 Sillas, 5 Cena, 6 Pozo, 7 Pared, 10 Words, 13 Cosa, 14 Lado, 15 Loncha.
- Down:** 1 Seda, 2 Sale, 3 Llover, 4 Stones, 7 Pencil, 8 Raisin, 9 Dew, 11 Olla, 12 Duda.

CODE BREAKER

1	I	2	F	3	X	4	L	5	Q	6	V	7	R	8	G	9	Z	10	O	11	M	12	P	13	Y
14	B	15	C	16	W	17	T	18	H	19	K	20	S	21	N	22	J	23	A	24	E	25	U	26	D

CRYPTIC

- Across:** 1 Rare earth, 8 Silo, 9 Catalonia, 10 Repeal, 13 Shrewd, 15 Route, 16 Curer, 17 Award, 18 Oscar, 21 Renown, 22 Starch, 25 Volunteer, 26 Teak, 27 Celebrate.
- Down:** 2 Aware, 3 Elate, 4 Apollo, 5 Thirst, 6 Disrepair, 7 Hoarded, 11 Perennial, 12 Arrow, 14 Heart, 16 Corinth, 19 Snooze, 20 Assume, 23 Alter, 24 Cheat.

QUICK

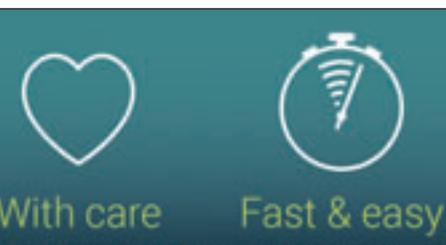
- Across:** 1 Cygnet, 4 Boring, 9 Avarice, 10 Stain, 11 Slice, 12 Targets, 13 Strict, 15 Census, 18 Resolve, 20 Scrub, 22 Aroma, 23 Nervous, 24 Shekel, 25 Ceases.
- Down:** 1 Claws, 2 Glazier, 3 Exile, 5 Observe, 6 Inane, 7 Genesis, 8 Deity, 13 Surpass, 14 Collate, 16 Serious, 17 Feint, 19 Scope, 20 Surge, 21 Basis.

App of the week



Crosswords – Spanish version (Crucigramas)

This app introduces the classic pastime of solving Crosswords. To win the game, players must find all the vertical and horizontal Spanish words that make up the puzzle from their definitions.



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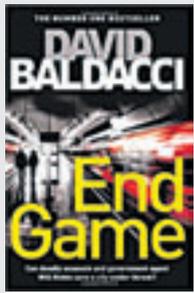


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BOOKS



Success is a must

IN the newest mission for Will Robie, a highly trained assassin and the US government's most indispensable asset, he is called to London on urgent business.

An imminent terrorist attack threatens the Underground and with the US next in line, Robie is seen as the only candidate who can stop the terror threat before it begins.

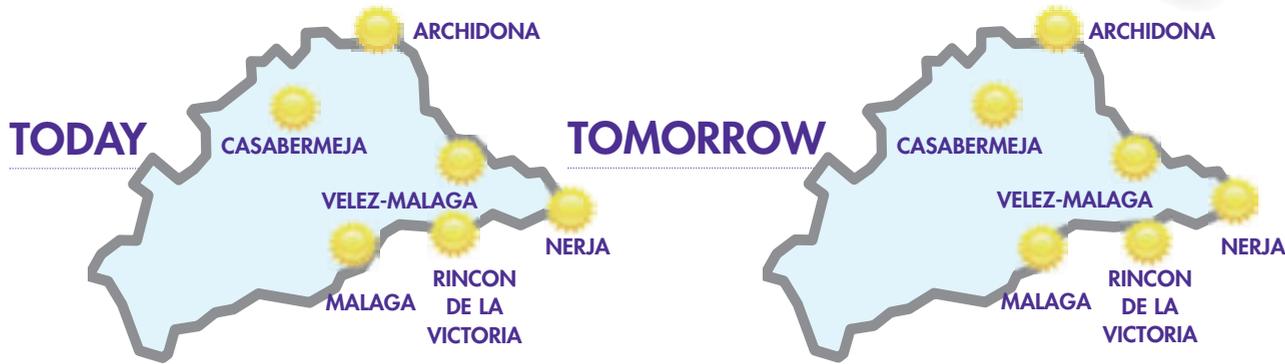
Once given the assignment, Robie knows he has one chance to succeed in saving London and make it safely home.

Robie knows that he must return home in order to find out what has happened to fellow agent Jessica Reel following their last deadly mission together, but he is about to learn that even if he succeeds, the worst is yet to come.

books@euroweeklynews.com

Axarquía

weather



Malaga	Almeria	Bilbao	Madrid
TODAY: Max 19, Min 9-S	TODAY: Max 20, Min 12-S	TODAY: Max 17, Min 4-S	TODAY: Max 17, Min 2-S
Fri - 19 9 - S	Fri - 20 12 - S	Fri - 15 7 - Cl	Fri - 18 3 - S
Sat - 20 10 - S	Sat - 20 12 - S	Sat - 13 5 - C	Sat - 17 2 - S
Sun - 20 10 - S	Sun - 20 12 - S	Sun - 14 5 - C	Sun - 16 2 - C
Mon - 21 10 - S	Mon - 20 12 - S	Mon - 14 5 - Sh	Mon - 15 2 - S
Tues - 20 11 - Cl	Tues - 20 13 - Cl	Tues - 13 5 - C	Tues - 14 2 - C
Wed - 20 11 - Cl	Wed - 20 12 - Cl	Wed - 12 7 - C	Wed - 14 3 - C

Alicante	Benidorm	Mallorca	Barcelona
TODAY: Max 20, Min 10-C	TODAY: Max 20, Min 11-C	TODAY: Max 19, Min 8-S	TODAY: Max 17, Min 7-S
Fri - 20 10 - S	Fri - 19 11 - S	Fri - 19 9 - S	Fri - 17 8 - S
Sat - 20 10 - S	Sat - 20 11 - S	Sat - 19 9 - S	Sat - 18 8 - S
Sun - 21 11 - S	Sun - 20 12 - S	Sun - 18 9 - S	Sun - 15 8 - C
Mon - 21 11 - C	Mon - 20 12 - C	Mon - 18 9 - C	Mon - 17 7 - Sh
Tues - 19 11 - S	Tues - 19 11 - S	Tues - 17 8 - S	Tues - 15 7 - S
Wed - 19 11 - C	Wed - 18 13 - S	Wed - 17 9 - C	Wed - 15 8 - C

S: Sun ☀ Cl: Clear ☁ C: Cloudy ☁ Sh: Showers ☁ Th: Thunder ⚡ Sn: Snow ❄

Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

BIRTHDAYS

- **Paul Scholes, Footballer, November 16, 43**
English footballer played his entire career for Manchester United, winning 11 Premier League titles and three FA Cups.
- **Danny DeVito, Actor, November 17, 73**
The Emmy and Golden Globe award-winning actor has featured in classics such as One Flew Over the Cuckoo's Nest, La Confidential,



Danny DeVito.

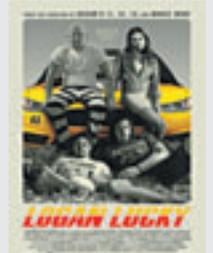
- Get Shorty and Matilda.
- **Anthony McPartlin, TV Host, November 18, 42**
First introduced to audiences in Byker Grove, McPartlin is part of the famous duo Ant and Dec and will host the new series of I'm a Celebrity Get Me Out Of Here later this month.
- **Calvin Klein, Fashion Designer, November 19, 75**
Born in New York, the fashion designer has

- become recognised for revolutionising men's underwear. He is also known for his red carpet runway looks and ready-to-wear accessory lines.
- **Kimberley Walsh, Singer, November 20, 36**
Discovered on the show 'Popstars: The Rivals,' Walsh shot to fame as part of group Girls Aloud and recently featured as Princess Fiona in the production of Shrek the Musical in London.
- **Carly Rae Jepsen, Singer,**

- November 21, 32**
The Canadian singer is best known for her debut single *Call Me Maybe* which reached Number One on the US and Canadian Billboards and was also streamed over 400 million times on YouTube.
- **Scarlett Johansson, Actress, November 22, 33**
Acclaimed actress Johansson first made her film debut at the age of nine with a role in the film *North and* is now a huge part of the Marvel franchise, starring as *Black Widow*.

DVD

Ultimate heist



FAMILY man Jimmy Logan (Channing Tatum) teams up with his one armed brother Clyde and sister Mellie to steal money from the Charlotte Motor Speedway in North Carolina.

Jimmy and Clyde also recruit demolitions expert Joe Bang to help with heist and break into the track's underground system.

The heist does not go to plan of course as complications arise when a mix-up forces the crew to pull off the theft during a popular NASCAR race while also trying to dodge a relentless FBI agent.

Trivia Fact

Spain is the second highest country in Europe behind Switzerland, with an average altitude of 660 metres.

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

Word Ladder

Move from the start word (RACE) to the end word (BELT) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

RACE

BELT

RACE
MACE
MALE
MALT
MELT
BELT
Solution

LAST WEEK'S SOLUTION

8	2	9	1	7	4	6	5	3
6	5	4	9	2	3	8	1	7
3	1	7	5	6	8	2	4	9
2	6	5	4	1	9	3	7	8
7	8	3	6	5	2	4	9	1
9	4	1	3	8	7	5	2	6
4	3	2	8	9	1	7	6	5
1	7	6	2	3	5	9	8	4
5	9	8	7	4	6	1	3	2

	2			3		5		
		1						
	8	3						9
		4			5	2	1	
				4		3		5
			1	6				
	6			7		9		
			6			8		
1		2	9	8				

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THURSDAY - 16 NOVEMBER

one	two	four	CHANNEL 4	CHANNEL 5
7:00am Breakfast	7:00am The Hairy Builder	8:00pm Beyond 100 Days	8:10am King of Queens	9:55am Ben and Holly's Little Kingdom
10:15am The Housing Enforcers	7:30am The Housing Enforcers	8:30pm The Sky at Night	8:35am Everybody Loves Raymond	10:05am Mofy
11:00am Homes Under the Hammer	8:15am Getting the Builders in	9:00pm SAS: Rogue Warriors	9:30am Everybody Loves Raymond	10:15am The Wright Stuff
12:00pm Getting the Builders in	9:00am Council House Crackdown	10:00pm Ovid: The Poet and the Emperor	10:00am Frasier	12:15pm Can't Pay? We'll Take it Away!
12:45pm Fugitives	10:00am Victoria Derbyshire	11:00pm Ovid From the RSC: The World's Greatest Storyteller	10:35am Frasier	1:10pm 5 News Lunchtime
1:15pm Bargain Hunt	12:00pm BBC Newsroom Live	12:00am Handmade in Hull	11:05am Ramsay's Hotel Hell	1:15pm The Hotel Inspector
2:00pm BBC News at One	1:00pm The Daily Politics	12:45am Francesco's Venice	12:00pm Undercover Boss USA	2:15pm Home and Away
2:30pm BBC London News	2:00pm Permission Impossible: Britain's Planners	1:45am SAS: Rogue Warriors	1:05pm Come Dine with Me	2:45pm Neighbours
2:45pm Doctors	3:00pm Tennis	2:45am Ovid: The Poet and the Emperor	2:05pm My Kitchen Rules	3:15pm NCIS
3:15pm Impossible	5:45pm Talking Comedy	3:45am Ovid From the RSC: The World's Greatest Storyteller	3:10pm Countdown	4:15pm Angels and Ornaments
4:00pm Escape to the Country	6:15pm Street Auction	4:45am This is BBC Four	4:00pm A Place in the Sun	6:00pm 5 News at 5
4:45pm Royal Recipes	7:00pm Eggheads	BBC Four is the BBC channel for people who want more. More depth, more range, more to stimulate the mind.	5:00pm Coast v Country	6:30pm Neighbours
5:30pm Flog It!	7:30pm Strictly - It Takes Two		6:00pm Four in a Bed	7:00pm Home and Away
6:15pm Pointless	8:00pm Celebrity Antiques Road Trip		6:30pm Steph and Dom's One Star to Five Star	7:30pm 5 News Tonight
7:00pm BBC News at Six	9:00pm MasterChef: The Professionals		7:00pm The Simpsons	8:00pm UK's Strongest Man 2017
7:30pm BBC London News	10:00pm Exodus: Our Journey Continues		7:30pm Hollyoaks	9:00pm Bargain Loving
8:00pm The One Show	11:00pm Match of the Day		8:00pm Channel 4 News	9:00pm Brits in Blackpool
8:30pm EastEnders	11:30pm Newsnight		9:00pm Ugly House to Lovely House with George Clarke	10:00pm The King's Cross Fire: Six Hours That Shocked Britain
9:00pm Room 101	12:15am Ireland with Simon Reeve		11:00pm British Workers Wanted	11:35pm The Murder of Tia Sharpe: My Daughter
9:30pm EastEnders	1:15am This Week		12:05am Gogglebox	1:00am Super Casino
10:00pm Love, Lies and Records				
11:00pm BBC News at Ten				
11:30pm BBC London News				
11:45pm Question Time				
12:45am This Week				
1:30am Weather for the Week Ahead				

FRIDAY - 17 NOVEMBER

one	two	four	CHANNEL 4	CHANNEL 5
7:00am Breakfast	8:15am Getting the Builders in	8:30pm The Good Old Days	7:20am King of Queens	9:55am Ben and Holly's Little Kingdom
10:15am The Housing Enforcers	9:00am Gardeners' World	Leonard Sachs presents the old-time music hall programme, first broadcast on 2 July 1980.	7:45am King of Queens	10:05am Mofy
11:00am Homes Under the Hammer	10:00am Victoria Derbyshire	9:20pm Top of the Pops	8:10am King of Queens	10:15am The Wright Stuff
12:00pm Getting the Builders in	12:00pm BBC Newsroom Live	Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.	8:35am Everybody Loves Raymond	10:15am The Wright Stuff
12:45pm Fugitives	1:00pm The Daily Politics	9:50pm Top of the Pops	9:00am Everybody Loves Raymond	12:15pm Can't Pay? We'll Take it Away!
1:15pm Bargain Hunt	2:00pm Rugby League Highlights	10:50pm Gregory Porter's Popular Voices	9:30am Everybody Loves Raymond	1:10pm 5 News Lunchtime
2:00pm BBC News at One	3:00pm Tennis	11:50pm Showstoppers at the BBC	10:00am Frasier	1:15pm GPs: Behind Closed Doors
2:30pm BBC London News	5:45pm Kenneth Williams	12:50am Van Morrison Live at Eden	10:35am Frasier	2:15pm Home and Away
2:45pm Doctors	6:15pm Street Auction	1:45am Top of the Pops	11:05am Ramsay's Hotel Hell	2:45pm Neighbours
3:15pm Impossible	7:00pm Strictly - It Takes Two	Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.	12:00pm Undercover Boss USA	3:15pm NCIS
4:00pm Escape to the Country	8:00pm Celebrity Antiques Road Trip	2:20am Top of the Pops	1:00pm Come Dine with Me	4:10pm Crazy for Christmas
4:45pm Royal Recipes	9:00pm Mastermind	3:20am Gregory Porter's Popular Voices	1:05pm My Kitchen Rules	6:00pm 5 News at 5
5:30pm Flog It!	9:30pm Only Connect		2:05pm The Simpsons	6:30pm Neighbours
6:15pm Pointless	10:00pm Extreme Wives with Kate Humble		3:10pm Countdown	7:00pm Home and Away
7:00pm BBC News at Six	11:00pm Weakest Link		4:00pm A Place in the Sun	7:30pm 5 News Tonight
7:30pm BBC London News	11:40pm Newsnight		5:00pm Coast v Country	8:00pm The Gadget Show
8:00pm The One Show	12:15am Snowfall		6:00pm Four in a Bed	9:00pm The World's Greatest Bridges
8:30pm Children in Need 2017	1:00am Panorama		6:30pm Steph and Dom's One Star to Five Star	10:00pm Eight Days That Made Rome
11:00pm BBC News at Ten	1:30am Louis Theroux		7:00pm The Simpsons	11:00pm Bog Bodies: Secrets Revealed
11:25pm BBC London News	2:30am Army: Behind the New Frontlines		7:30pm Hollyoaks	12:05am Hitler's Death: A Secret Conspiracy
11:40pm Children in Need 2017	3:30am This is BBC Two		8:00pm Channel 4 News	
1:30am DIY SOS			8:30pm Unreported World	

The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Defending taking food porn photos Gordon Ramsay style



SNAPPY:
Gordon Ramsay has defended those who post food pics online.

HEARD about the latest squabble between rival three-Michelin star chefs Gordon Ramsay and Michel Roux? Ramsay described Roux as “pompous” and an “old fart” for banning diners at his Waterside Inn in Bray from photographing their food on Instagram: “If I see a great-looking picture posted, I’ll want to go and eat there immediately, he’s just an old fart who’s forgotten to move on!”

Personally, I’m not too bothered if people want to take pictures of food provided it’s done discreetly, though I do question the motivation. Perhaps they’re all keen chefs who want to replicate the dish, though wouldn’t it be embarrassing if people started posting photos of Big Macs, KFC bargain buckets or home-cooking disasters, and tagging them as if they were taken at

Monsieur R’s establishment?

As for attention-seeking, motormouth Ramsay, it’s simply unfortunate that he can’t actually discuss anything without his usual unintelligent four-letter expletives, or being rude and pretentious.

Talking of pretentiousness, navigating London’s restaurant scene these days is a bit like trying to find Wally in the dark, isn’t it? From weird pop-ups in shipping containers in Brixton to no-reservation, foraged-food joints in hipster Hackney.

Why must everything be ‘curated’ now - hang on while I curate some clothes to put on today - or ‘hand-crafted’? My coffee

from a local coffee ‘artisan’ was ‘hand-crafted’ (although I’m pretty sure I saw it coming out of a machine). And don’t get me started on ‘hand-cut’/‘hand-cooked’ chips - though better, I suppose, than crushed by foot or strained through teeth.

But I confess I’m a connoisseur of foodie pilgrimage stories. I love hearing tales of hazardous journeys to some distant outpost where, in some hovel known only to indigenous mystics, you’re served the local black flatbread made from unicorn’s ashes and garnished with virgin’s tears, and the taste is simply ‘a-w-e-s-o-m-e’!

Well, Monsieur Roux. I’ve just posted on Instagram a photo of my lunch of ‘haricots à la sauce tomate sur pain grillé’ (or ‘beans on toast’ to us), everything hand-cut, curated and foraged. Délicieux. So beat that!

Nora Johnson’s psychological crime thrillers ‘The Girl in the Red Dress,’ ‘No Way Back,’ ‘Landscape of Lies,’ ‘Retribution,’ ‘Soul Stealer,’ ‘The De Clerambault Code’ (www.nora-johnson.net) from Amazon. All profits to Costa del Sol Cudeca cancer charity

columnists@euroweeklynews.com

THURSDAY THOUGHTS

By Susan Piercy (Albox)

The adventure

LET’S move to Spain we said. It’ll be an adventure. We can live like movie stars in a white villa with a swimming pool. Live the dream. The envy of our friends. Enjoy endless sunshine, cheap booze and minimum bills.

We arrived in February; expectations high after years of hard work. Wishful dreamers that we were, the weather was cold, wet and windy. Spain was supposed to be hot; wasn’t it? The villa was freezing so we lit our log fire eager to warm our disappointed cockles by the hearty chunks of blazing olive wood. Only when we were choking in a smoke-filled room did we discover the chimney was ornamental.

It rained, the ceiling leaked and the wind howled through the house like a screaming banshee. The tiles were cold and our feet freezing. Why oh why had we swapped our semi in England with wall to wall carpeting and central heating for this?

Swimming pool full of sludge, broken pump and leaking water. What had happened to the film-star life style?

To make matters worse we got our medication mixed up. (Knew we should’ve learned the lingo.) I suffered head rushes while hubby felt great on my HRT. Reality hit, should we give up our dream? Go home? Had our adventure turned sour?

Suddenly the sun shone, the rain stopped, the wind died down and was replaced by a warm breeze heralding summer. Each problem found its solution and our skin took on a golden glow along with our humour.

We laugh about those early days now because the mishaps were the adventure.

columnists@euroweeklynews.com

Readers interested in submitting articles for this guest column should send articles of around 250 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

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SATURDAY - 18 NOVEMBER

one	two	four	CHANNEL 4	CHANNEL 5
7:00am Breakfast	7:15am Holiday of My Lifetime with Len Goodman	8:00pm Natural World <i>Wildlife documentary. The pygmy hippo is one of nature's last great mysteries.</i>	8:05am Everybody Loves Raymond	9:15am Paw Patrol
11:00am Saturday Kitchen Live	8:00am Nature's Weirdest Events	9:00pm The Mekong	8:30am Frasier	9:30am Nella the Princess Knight
12:30pm Nigella: At My Table	8:30am Naomi's Nightmares of Nature	9:00pm River with Sue Perkins	9:00am Frasier	9:50am Noddy: Toyland Detective
1:00pm Football Focus	9:00am Deadly 60	10:00pm I Know Who You are	9:25am The Big Bang Theory	10:00am Ben and Holly's Little Kingdom
2:00pm BBC News	9:30am Show Me What You're Made of	10:00pm <i>Francesc Garrido, Blanca Portillo, Alex Monner, Pere Arquillue, Nancho Novo, Pepon Nieto.</i>	9:55am The Big Bang Theory	10:10am Shimmer and Shine
2:15pm Rugby League World Cup Highlights	10:00am Saturday Mash-Up!	11:30pm I Know Who You are	10:25am The Simpsons	10:30am Digby Dragon
3:00pm Rugby Union	12:00pm Natural World	11:30pm <i>Francesc Garrido, Blanca Portillo, Alex Monner, Pere Arquillue, Aida Folch, Pepon Nieto.</i>	10:55am The Simpsons	10:45am Peppa Pig
5:30pm Final Score	1:00pm Rick Stein's Long Weekends	1:15am The Vietnam War	11:25am The Simpsons	11:00am Teenage Mutant Ninja Turtles
6:10pm Len Goodman's Partners in Rhyme	2:00pm Italy Unpacked	2:15am Top of the Pops	11:55am The Simpsons	11:35am The Gadget Show
6:40pm BBC News	3:00pm Tennis	2:15am <i>Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.</i>	12:25pm The Simpsons	12:35pm Christmas Truce
6:50pm BBC London News	5:30pm Mastermind		12:50pm Come Dine with Me	2:00pm Deck the Halls
7:00pm Pointless	6:00pm Rugby Union		1:25pm Come Dine with Me	4:05pm A Belle for Christmas
7:45pm Strictly Come Dancing	8:30pm Rugby Union		1:55pm Come Dine with Me	5:05pm 5 News
9:10pm Michael McIntyre's Big Show	9:30pm Dad's Army		2:25pm Come Dine with Me	5:10pm A Belle for Christmas
10:10pm Casualty	10:00pm My Country		3:00pm Come Dine with Me	6:00pm Christmas in Homestead
11:00pm BBC News	10:55pm QI XL		3:30pm A Place in the Sun	7:00pm 5 News
11:20pm Match of the Day	11:40pm David Gilmour		4:30pm A Place in the Sun	7:05pm Christmas in Homestead
12:50am The NFL Show	12:40am Spike Island		5:30pm Best Laid Plans	8:00pm Can't Pay? We'll Take it Away!
1:20am Man on the Moon	2:20am Badlands		6:35pm Grand Designs	9:55pm 5 News
3:10am Weather for the Week Ahead	3:50am This is BBC Two		8:00pm Volatile Earth	10:00pm Football on 5
3:15am BBC News	5:30am Rugby League Quarter-Final		9:00pm First Humans: The Cave	10:55pm Football on 5
			10:00pm Lucy	11:25pm NCIS: New Orleans
			11:45pm R.I.P.D.	
			1:35am The Simpsons	



8:10am Ultimate Spider-Man: Web Warriors	7:00am Totally Bonkers Guinness World Records	7:00am Murder, She Wrote	7:00am Football's Greatest	11:00am Soccer A.M.
8:30am Scrambled! Fangbone.	7:20am Totally Bonkers Guinness World Records	7:50am Murder, She Wrote	7:05am River Monsters	12:30pm Live Premier League
10:25am Saturday Morning with James Martin	7:50am Emmerdale	8:45am Heidi	7:30am The Avengers	1:30pm Football
12:20pm Gino's Italian Coastal Escape	8:00am Emmerdale	10:55am Carry on Follow That Camel	8:30am The Sweeney	3:55pm Live Rugby Union
12:50pm ITV News	8:00am Emmerdale	11:55am FYI Daily	9:30am Motorsport UK	6:15pm Rugby Union
12:55pm The X Factor	8:00am Emmerdale	12:00pm Carry on Follow That Camel	10:30am ITV Racing: The Opening Show	8:40pm Football
2:30pm ITV Racing: Live from Cheltenham	8:00am Emmerdale	12:50pm Wycliffe	11:30am Fishing Impossible	10:45pm Live Grand Slam of Darts
5:00pm Thunderbirds are Go	8:00am Emmerdale	2:00pm Foyle's War	12:35pm The Big Fish Off	12:00am SKY Sports News
5:30pm The Harbour	8:00am Emmerdale	4:00pm Foyle's War	1:35pm Shed and Buried	1:00am SKY Sports News
6:00pm The Cruise	8:00am Emmerdale	6:00pm Midsomer Murders	2:35pm Shed and Buried	2:00am SKY Sports News
6:30pm Paul O'Grady: For The Love of Dogs	8:00am Emmerdale	8:00pm Midsomer Murders	4:50pm FYI Daily	2:00am SKY Sports News
7:00pm Regional News and Weather	8:00am Emmerdale	10:00pm Midsomer Murders	4:55pm The Alamo	3:00am SKY Sports News
7:05pm ITV News	8:00pm Jack the Giant Slayer	12:00am The Syndicate	6:55pm Hornblower	4:00am SKY Sports News
7:15pm Catchphrase	8:05pm Jack the Giant Slayer	1:05am Jane Eyre	8:55pm River Monsters	5:00am Cricket
7:50pm You've Been Framed!	9:15pm Quantum of Solace	3:10am ITV3 Nightscreen	10:00pm An Audience with Billy Connolly	Day four of the first Test as India host Sri Lanka at Eden Gardens in Kolkata.
8:15pm Ninja Warrior UK	10:15pm FYI Daily	3:10am <i>Text-based information service.</i>	11:05pm American Gangster	
9:10pm Pick of the Day	10:20pm Quantum of Solace	3:30am Teleshopping	12:05am FYI Daily	
10:40pm The Jonathan Ross Show	11:30pm Celebrity Juice	4:00am Teleshopping	12:10am American Gangster	
11:40pm ITV News	12:20am Family Guy	4:30am Teleshopping	2:10am The Sweeney	
11:55pm First Blood	12:45am Family Guy	5:00am Teleshopping	3:05am The Classic Car Show	
1:40am Jackpot247	1:15am Family Guy	5:30am Teleshopping	3:45am ITV4 Nightscreen	
	1:45am Family Guy	Shopping from home.	4:00am Teleshopping	
			Shopping from home.	

SUNDAY - 19 NOVEMBER

one	two	four	CHANNEL 4	CHANNEL 5
7:00am Breakfast	7:00am Kevin Can Wait	8:00pm Only Connect	7:00am Kevin Can Wait	11:35am Football on 5
8:25am Match of the Day	7:25am Kevin Can Wait	8:30pm University Challenge	7:45am Kevin Can Wait	12:25pm Football on 5
10:00am The Andrew Marr Show	8:10am Everybody Loves Raymond	9:00pm Stunning Soloists at the BBC	8:10am Everybody Loves Raymond	12:50pm Cruising with Jane McDonald
11:00am BBC Newsroom Live	8:35am Everybody Loves Raymond	10:00pm Shark	8:35am Everybody Loves Raymond	1:10pm Cats Make You Laugh Out Loud
12:00pm Sunday Politics	9:00am Everybody Loves Raymond	11:00pm Highlights	9:00am Everybody Loves Raymond	1:40pm Chasing Christmas
1:15pm Bargain Hunt	9:30am Frasier	12:00pm Rich Hall's Country at the BBC	9:30am Frasier	3:20pm Santa Who? 5 News
2:00pm BBC News	10:00am Frasier	2:30am Stunning Soloists at the BBC	10:00am Frasier	4:25pm Santa Who? 5 News
2:15pm Homes Under the Hammer	10:30am Sunday Brunch	3:30am Shark	10:30am Sunday Brunch	4:30pm Santa Who? 5 News
2:45pm Money for Nothing	1:30pm Jamie's Quick and Easy Food	4:30pm Wild Brazil Coast	1:30pm Jamie's Quick and Easy Food	5:10pm Pirates of the Caribbean: The Curse of the Black Pearl
3:30pm Escape to the Country	2:00pm The Simpsons	5:30pm Flog It!	2:00pm The Simpsons	6:10pm 5 News
4:00pm Songs of Praise	2:30pm The Simpsons	7:00pm Tennis	2:30pm The Simpsons	6:15pm Pirates of the Caribbean: The Curse of the Black Pearl
4:35pm Children in Need	3:00pm Mr. Popper's Penguins	10:00pm Britain's Cycling Superheroes: The Price of Success?	3:00pm Mr. Popper's Penguins	8:00pm Christmas Makes You Laugh Out Loud
5:50pm Blue Planet II	5:50pm Channel 4 News	11:00pm Snowfall	4:00pm Mr. Popper's Penguins	8:00pm Christmas Makes You Laugh Out Loud
6:50pm BBC News	6:20pm Men in Black II	11:40pm Mock the Week	5:50pm Channel 4 News	9:00pm Aviva Premiership Rugby Highlights
7:05pm BBC London News	8:00pm Messages Home: Lost Films of the British Army	12:10am The Lighthouse 1801.	6:20pm Men in Black II	9:55pm 5 News
7:15pm Countryfile	9:00pm Guy Martin's WWI Tank	9:00pm Blue Planet II	8:00pm Messages Home: Lost Films of the British Army	10:00pm Happy 90th: Ken Dodd in His Own Words
8:15pm Strictly Come Dancing	11:00pm Gogglebox	10:00pm Howards End	9:00pm Guy Martin's WWI Tank	12:05am Another Audience with Ken Dodd
9:00pm Blue Planet II	12:00am Atonement	11:00pm BBC News	11:00pm Gogglebox	
10:00pm Howards End	2:15am The Secret Life of 4 Year Olds	11:20pm BBC London News	12:00am Atonement	
11:00pm BBC News		11:30pm Match of the Day 2	2:15am The Secret Life of 4 Year Olds	
11:20pm BBC London News		12:15am Ronny Chieng: International Student		
11:30pm Match of the Day 2				
12:15am Ronny Chieng: International Student				



8:50am Scrambled!	7:00am Totally Bonkers Guinness World Records	7:00am On the Buses	7:00am Football's Greatest	7:00am Cricket
9:10am Scrambled!	7:20am Totally Bonkers Guinness World Records	7:25am Agatha Christie's Marple	7:15am The Sweeney	Day four of the first Test as India host Sri Lanka at Eden Gardens in Kolkata.
9:30am Scrambled!	7:50am Emmerdale	9:05am Heartbeat	8:10am The Sweeney	Live European Tour Golf
10:00am ITV News	8:00am Emmerdale	10:10am Heartbeat	9:10am The Protectors	Day four of the D.P World Tour Championship from the Jumeirah Golf Estates in Dubai.
10:25am Australian Wilderness with Ray Mears	8:00am Emmerdale	11:15am Murder, She Wrote	9:40am Pawn Stars	1:30pm Football
11:00am Peston on Sunday	8:00am Emmerdale	12:15pm Murder, She Wrote	10:10am Pawn Stars	2:00pm Football
12:05pm Carry on Screaming	8:00pm Jack the Giant Slayer	1:15pm Murder, She Wrote	10:40am Pawn Stars	Leeds United play
1:55pm ITV News	8:05pm Jack the Giant Slayer	2:20pm Poirot: Murder on the Orient Express	11:05am Pawn Stars	Middlesbrough at Elland Road in the Sky Bet Championship.
2:05pm The X Factor	9:15pm Quantum of Solace	3:20pm Poirot: Murder on the Orient Express	11:35am Pawn Stars	Live Nissan Super Sunday
3:35pm Midsomer Murders	10:15pm FYI Daily	3:25pm Poirot: Murder on the Orient Express	12:00pm Pawn Stars	Live Grand Slam of Darts
5:30pm Elton John: The Nation's Favourite Song	10:20pm Quantum of Solace	4:15pm Happy Feet Two	12:30pm Pawn Stars	Live NFL: Sunday Game
7:05pm Regional News and Weather	11:30pm Celebrity Juice	5:15pm FYI Daily	1:00pm Pawn Stars	A match from the NFL.
7:15pm ITV News	12:20am Family Guy	6:00pm FYI Daily	1:30pm Pawn Stars	Philadelphia @ Dallas
7:30pm The Chase	12:45am Family Guy	7:00pm Wycliffe	2:30pm Pawn Stars	Cricket
8:30pm The X Factor	1:15am Family Guy	8:05pm Agatha Christie's Marple	3:25pm Poirot: Murder on the Orient Express	
10:00pm Pick of the Day	1:45am Family Guy	10:00pm The Syndicate	5:00pm The Alamo	
11:45pm ITV News	1:50am Jackpot247	11:10pm The Theory of Everything	6:00pm FYI Daily	
12:05pm Peston on Sunday	4:00am Motorsport UK	12:15am FYI Daily	6:05pm The Alamo	
1:00am Gone to Pot	4:50am ITV Nightscreen	12:20am The Theory of Everything	8:15pm Football's Greatest: George Best	
1:50am Jackpot247		1:35am The Knock	8:30pm River Monsters	
4:00am Motorsport UK		1:50am Drama series following the dangerous investigations of an HM Customs and Excise unit.	9:00pm The Chase: Celebrity Special	
4:50am ITV Nightscreen			10:00pm Cliffhanger	
			11:00pm FYI Daily	
			11:05pm Cliffhanger	
			12:15am Hard to Kill	
			1:20am Hard to Kill	
			2:20am River Monsters	



TV Couch Critic

Ramsay serves up dollop of coke surprises in loo

WITH the scale of cocaine use absolutely staggering in the UK, the new documentary series *Gordon Ramsay on Cocaine* (ITV 1, Thursdays) provided fascinating, if at times very disturbing viewing.

His first out-of-the-kitchen drugs task was to check the toilets of his own restaurants. Surprise, surprise, evidence of cocaine positive in every one, not only the gents and ladies loos but more worrying to him, further drug proof when the staff toilets also turned the wipes he was using blue, signifying Coke use.

Caution... for Ramsay also turned the air blue with his characteristic strong language.

It seems Albanian crime gangs - ever willing to use extreme violence - allegedly control London's cocaine trade, with the UK topping the European league table for use of the white powder!

Ramsay then travelled to Colombia, the main source for cocaine cultivation, and discovered that there are a million people involved in its growth and distribution.



RAMSAY: A drugs insight.



SHARPLES: What would she feel?

My own personal note to cocaine users is that it is manufactured using petroleum, acids and alkaline, so rather than me.

What would Ena Sharples (young readers Google her) make of her beloved *Coronation Street* (ITV weekdays) at present? The chances are she would get her hairnet in a twist at the goings on.

Where did Phelan come from?

How come he's found his long lost daughter? How did he acquire the house which he uses for his captives?

Will Ken Barlow turn out to be his proper dad? Will Aliens be hiding in Roy Cropper's deep fat fryer? Will Schmeichel come back as a poodle? Stay tuned folks as it's turning that unbelievable!

Blue Planet 2 (BBC 1 Sundays) blasted on to our screens in a wave

of anticipation and hype that didn't disappoint one bit.

Four years in the making, the filming, expert knowledge and professionalism of Sir David Attenborough, the master of all things in nature and the planet's best friend, were extraordinary.

Another blockbuster triumph from the BBC. *A Rhapsody in Blue* that George Gershwin would have been proud of and a superb must see.

For something totally different that does not tax the brain, try *Pawn Stars* shown on various channels, and centred around one family and a friend of the son, Chumley, working in a Las Vegas pawn shop.

Amazing items arrive through the door, some original worth thousands and some fakes. However, the banter between granddad, father, son and the not-so-bright Chumley make it a pleasant half hour.

A recent trend in television advertising is slow, re-recorded classic songs played over ads and sung by - to me at least - unknown female vocalists.

One that really grinds me down is the Beatles belter *Across the Universe*, now turned into a melancholy dirge by an anonymous vocalist!

I have no idea what is being promoted as I switched it off. Speaking of advertisements, thank the lord for the Beeb with no mundane interruptions.

Most ITV viewing is advertisement slots with programmes thrown in between. You can cook a three-course meal in the intervals now whereas it was at one time ideal only for making a cuppa!

Critique: PM, San Fulgencio, Costa Blanca.

Cassandra Nash
A weekly look

- and not entirely impartial reaction - to the Spanish political scene

Crime and punishment

RAJOY'S go-to strategy for political predicaments has always been to hide behind the courts or the public prosecution department.

Now it has come and bitten him on the backside.

The Fiscalía - less detached from the government than it should be - accused the Catalan government of sedition



COOL OPERATOR: Mariano Rajoy's decision to imprison Catalan politicians could come back to haunt him.

and rebellion. With these charges there was little for investigating Judge Carmen Lamela to do than remand the nine politicians remaining in Spain.

Result? Instant martyrdom and a probable slew of votes in the Catalan elections on December 21. Rajoy has blown it again.

Sometimes the punishment does not need to fit the crime and there has been too much stick and not enough carrot over Cataluña.

All the present government has ever made clear is what would happen if the Catalans left, and the punishment that awaited them. They have never been

told how much everyone would like them to stay.

Rajoy could have tried that, but he never comes across as anything other than a third-time-lucky president unable to tackle a problem requiring instinct and warmth, not rule-book logic.

Alternative vocabulary

THERE was a point during and immediately after the Catalan UDI when the separatists were in disarray and ex-president Carles Puigdemont hightailed it to Brussels.

The disarray was not only

due to the Constitution's Article 155 that suspended Cataluña's autonomy. Companies were leaving Cataluña, unemployment was rising, tourism and the economy were less robust. What was promised as epic and heroic turned into a cowardly shambles, a deflated balloon after the party has ended.

The elections announced for December 21 were welcomed inside and outside Cataluña. The voices of the anti-independence majority, drowned out until now by the two million separatists would be heard, and a pro-remain vote would make everything ticketyboo once more.

Then the remaining government members were remanded for rebellion and sedition.

Esquerra Republicana is rising in the polls and will not repeat the Juntspel Si coalition with Carles Puigdemont's downwardly mobile centre-right PDeCat. Left wing pro-independence parties might or might not go hand-in-hand but if the separatists win it, it will be thanks to voters who believe that words like rebellion and sedition, unheard in Spain for decades, are too redolent of former regimes.

Food for thought

ORIO L JUNQUERAS, leader of Esquerra Republicana de Cataluña (ERC) was criticised for his low profile following the region's short-

lived declaration of independence.

The same can't be said for Junqueras' silhouette which was as rotund as ever when he was remanded on November 2 for sedition, rebellion and misuse of public funds. He is likely to get rotunder: prison food is notoriously calorific nowadays.

Keep smiling

WHO knows what Barcelona mayor Ada Colau truly feels regarding Catalan independence? What we do know is her much-criticised equidistance between 'stay' and 'go' means she wants to have her cake and eat it. She wants to remain mayor and needs PSC-PSOE support to do so. Her party Catalunya en Comu is not separatist but she needs separatist votes too.

Colau's pussycat smile does not falter but only she knows if the cream is curdling.

GOOD NEWS FOR YOUR CAR 902 123 309



MONDAY - 20 NOVEMBER

BBC one	BBC TWO	BBC FOUR	CHANNEL 4	CHANNEL 5
4:00pm Escape to the Country	4:45pm Oxford Street Revealed	8:00pm Beyond 100 Days	3:10pm Countdown	2:15pm Home and Away
4:45pm Royal Recipes	5:15pm Wartime Farm	8:30pm Great Continental Railway Journeys	4:00pm A Place in the Sun: Winter Sun	2:45pm Neighbours
5:30pm Flog It!	6:15pm Put Your Money Where Your Mouth Is	9:00pm Building the Ancient City: Athens and Rome	5:00pm Coast v Country	3:20pm NCIS: New Orleans
6:15pm Pointless	7:00pm Eggheads	10:00pm Sailors, Ships and Stevedores: The Story of British Docks	6:00pm Four in a Bed	4:15pm Nanny for Christmas
7:00pm BBC News at Six	7:30pm Strictly - It Takes Two	11:00pm My Mother's Lost Children	6:30pm Come Dine with Me	6:00pm 5 News at 5
7:30pm BBC London News	8:00pm Celebrity Antiques Road Trip	12:30am The Last Journey of the Magna Carta King	7:00pm The Simpsons	6:30pm Neighbours
8:00pm The One Show	9:00pm University Challenge	1:30am Swim the Channel	7:30pm Hollyoaks	7:00pm Home and Away
8:30pm Fake Britain	9:30pm Nigella: At My Table	2:30am Keys to the Castle	8:00pm Channel 4 News	7:30pm 5 News Tonight
9:00pm EastEnders	10:00pm Labour - The Summer that Changed Everything	3:30am Building the Ancient City	9:00pm Dispatches	8:00pm FIA World Rally Championship Highlights - Australia
9:30pm Would I Lie to You?			9:30pm Tricks of the Restaurant Trade	8:00pm Home and Away
10:00pm Elizabeth and Philip			10:00pm 999: What's Your Emergency?	9:00pm Chris Tarrant: Extreme Railway Journeys
11:00pm BBC News at Ten			11:00pm First Dates	11:00pm Secrets of the Tube
11:30pm BBC London News			12:05am Naked Attraction	
11:45pm Stalkers			1:05am A Very British Brothel	

TUESDAY - 21 NOVEMBER

BBC one	BBC TWO	BBC FOUR	CHANNEL 4	CHANNEL 5
3:15pm Armchair Detectives	3:15pm Going Back Giving Back	8:00pm Beyond 100 Days	1:05pm Come Dine with Me	12:15pm Access
4:00pm Escape to the Country	4:00pm WPC 56	8:30pm Great Continental Railway Journeys	2:05pm Kirstie's Handmade Christmas	12:25pm Christmas in Conway
4:45pm Royal Recipes	4:45pm Oxford Street Revealed	9:00pm Border Country: The Story of Britain's Lost Middleland	3:10pm Countdown	2:10pm 5 News Lunchtime
5:30pm Flog It!	5:15pm Wartime Farm	10:00pm Operation Grand Canyon with Dan Snow	4:00pm A Place in the Sun: Winter Sun	2:15pm Home and Away
6:15pm Pointless	6:15pm Put Your Money Where Your Mouth Is	11:00pm Roof Racks and Hatchbacks: The Family Car	5:00pm Coast v Country	2:45pm Neighbours
7:00pm BBC News at Six	7:00pm Eggheads	12:00am Maps: Power, Plunder and Possession	6:00pm Four in a Bed	3:15pm NCIS: New Orleans
7:30pm BBC London News	7:30pm Strictly - It Takes Two	1:00am Kew's Forgotten Queen	6:30pm Come Dine with Me	4:15pm Dear Secret Santa
8:00pm The One Show	8:00pm Celebrity Antiques Road Trip	2:00am Border Country	7:00pm The Simpsons	6:00pm 5 News at 5
8:30pm EastEnders	9:00pm MasterChef: The Professionals		7:30pm Hollyoaks	6:30pm Neighbours
9:00pm Holby City	10:00pm Rick Stein's Road to Mexico		8:00pm Channel 4 News	7:00pm Home and Away
10:00pm The A Word	11:00pm Motherland		9:00pm The Secret Life of 5 Year Olds	7:30pm 5 News Tonight
11:00pm BBC News at Ten			10:00pm Grand Designs	8:00pm Yorkshire: A Year in the Wild
11:30pm BBC London News			11:00pm The Truth About Muslim Marriage	9:00pm Jo Brand's Cats and Kittens
11:45pm Drugsland				10:00pm Ben Fogle: New Lives in the Wild
12:45am Life and Death Row				2:00am Super Casino

itv	itv2	itv3	itv4	sky sports main event
5:00pm Tipping Point	3:45pm The Jeremy Kyle Show	11:20am A Touch of Frost	12:45pm The Sweeney	7:00am Cricket
6:00pm The Chase	4:50pm The Jeremy Kyle Show	1:35pm Wild at Heart	1:45pm The Avengers	12:15pm My Icon
7:00pm Regional News and Weather	5:55pm The Jeremy Kyle Show	2:35pm Heartbeat	2:50pm Ironside	12:30pm Sky Sports Daily
7:30pm ITV Evening News	7:00pm You've Been Framed!	3:40pm Classic Coronation Street	3:55pm Quincy, M.E.	1:00pm SKY Sports News
8:00pm Emmerdale	7:30pm You've Been Framed!	4:15pm Classic Coronation Street	4:55pm The Sweeney	2:00pm SKY Sports News
8:30pm Coronation Street	8:00pm You've Been Framed!	4:45pm A Touch of Frost	6:00pm The Avengers	3:00pm SKY Sports News
9:00pm Pick of the Day	8:30pm You've Been Framed!	7:00pm Heartbeat	7:05pm Storage Wars	4:00pm SKY Sports News
9:30pm Coronation Street	9:00pm Two and a Half Men	8:00pm Murder, She Wrote	7:35pm Storage Wars	5:00pm SKY Sports News
10:00pm I'm a Celebrity, Get Me Out of Here!		9:00pm Doc Martin	8:00pm Pawn Stars	6:00pm SKY Sports News
11:30pm ITV News		10:00pm Endeavour	8:30pm Pawn Stars	7:00pm SKY Sports News
		12:00am Blue Murder	9:00pm River Monsters	8:00pm Football
		1:35am A Touch of Frost	9:30pm River Monsters	12:00am SKY Sports News
		3:30am Teleshopping	10:00pm Life Inside Jail: Hell on Earth	12:30pm SKY Sports News
			11:00pm Death Wish 4: The Crackdown	2:00am My Icon
			12:05am FYI Daily	

itv	itv2	itv3	itv4	sky sports main event
4:00pm Tenable	2:50pm The Ellen DeGeneres Show	7:55am Heartbeat	10:40am Ironside	9:00am Good Morning Sports Fans
5:00pm Tipping Point	3:45pm The Jeremy Kyle Show	9:00am Wild at Heart	11:45am Quincy, M.E.	9:30am Good Morning Sports Fans
6:00pm The Chase	4:50pm The Jeremy Kyle Show	10:00am Judge Judy	12:45pm The Sweeney	10:00am Good Morning Sports Fans
7:00pm Regional News and Weather	5:55pm The Jeremy Kyle Show	10:30am Judge Judy	1:50pm The Avengers	11:00am Premier League Daily
7:30pm ITV Evening News	7:00pm You've Been Framed!	10:55am Judge Judy	2:55pm Ironside	12:00pm Sky Sports Daily
8:00pm Emmerdale	8:00pm You've Been Framed!	11:25am A Touch of Frost	3:55pm Quincy, M.E.	12:30pm Info not Available
8:30pm Save Money: Good Food	9:00pm Two and a Half Men	1:35pm Wild at Heart	5:00pm The Sweeney	1:00pm SKY Sports News
9:00pm Pick of the Day	9:30pm Two and a Half Men	2:40pm Heartbeat	6:00pm The Avengers	6:00pm SKY Sports News
10:00pm I'm a Celebrity, Get Me Out of Here!	10:00pm Sweeney Todd	3:40pm Classic Coronation Street	7:05pm Storage Wars	8:00pm Soccer Special Pre-Match
		4:15pm Coronation Street	8:00pm Pawn Stars	8:30pm Rugby Union
		4:45pm A Touch of Frost	8:30pm Pawn Stars	11:00pm The Debate - Live
		7:00pm Heartbeat	9:00pm Stuck on You: The Football Sticker Story	12:00am SKY Sports News
		8:00pm Murder, She Wrote	10:00pm River Monsters	
		9:00pm Doc Martin	11:05pm Full Metal Jacket	
		10:00pm Endeavour	12:05am FYI Daily	

WEDNESDAY - 22 NOVEMBER

BBC one	BBC TWO	BBC FOUR	CHANNEL 4	CHANNEL 5
1:15pm Bargain Hunt	9:00am Nigella: At My Table	8:00pm Beyond 100 Days	10:05am Frasier	9:35am Shimmer and Shine
2:00pm BBC News at One	9:30am Caught Red Handed	8:30pm Great Continental Railway Journeys	10:35am Frasier	9:55am Ben and Holly's Little Kingdom
2:30pm BBC London News	10:00am Victoria Derbyshire	9:00pm How the Wild West Was Won with Ray Mears	11:05am Ramsay's Hotel Hell	10:05am Moly
2:45pm Doctors	12:00pm BBC Newsroom Live	10:00pm Digging for Britain	12:00pm Undercover Boss USA	10:15am The Wright Stuff
3:15pm Armchair Detectives	12:30pm The Budget	11:00pm Detectorists	1:00pm Channel 4 News	12:15pm Access
4:00pm Escape to the Country	4:30pm WPC 56	11:30pm Comedy series about two metal-detecting friends.	1:05pm Come Dine with Me	12:20pm Chasing Christmas
4:45pm Royal Recipes	5:15pm Wartime Farm	12:00am The League of Gentlemen	2:05pm Kirstie's Handmade Christmas	1:50pm Chinese Food in Minutes
5:30pm Flog It!	6:15pm Put Your Money Where Your Mouth Is	1:00pm Black comedy about small-town life. Mr Chinney has an accident with a tortoise.	3:10pm Countdown	2:10pm 5 News Lunchtime
6:15pm Pointless	7:00pm Eggheads	1:30pm Sleuths, Spies and Sorcerers: Andrew Marr's Paperback Heroes	4:00pm A Place in the Sun: Winter Sun	2:15pm Home and Away
7:00pm BBC News at Six	7:30pm Strictly - It Takes Two	1:00am Peggy Guggenheim: Art Addict	5:00pm Coast v Country	2:45pm Neighbours
7:30pm BBC London News	8:00pm Celebrity Antiques Road Trip	2:30am How the Wild West Was Won with Ray Mears	6:00pm Four in a Bed	3:15pm NCIS
8:00pm The One Show	9:00pm MasterChef: The Professionals		6:30pm Come Dine with Me	4:15pm A Snow Globe Christmas
9:00pm Mary Berry's Country House Secrets	10:00pm Peaky Blinders		7:00pm The Simpsons	6:00pm 5 News at 5
10:00pm The Apprentice	11:00pm The Apprentice: You're Fired!		7:30pm Hollyoaks	6:30pm Neighbours
11:00pm BBC News at Ten	11:30pm Newsnight		8:00pm Channel 4 News	7:00pm Home and Away
11:30pm BBC London News	12:15am Britain's Cycling Superheroes: The Price of Success?		9:00pm The Secret Life of the Zoo	7:30pm 5 News Tonight
11:45pm A Question of Sport			10:00pm Violent Men: Behind Bars	8:00pm All New Traffic Cops
12:15am Junior Doctors			11:00pm Man Down	9:00pm GPs: Behind Closed Doors
			11:30pm 8 Out of 10 Cats Does Countdown	10:00pm Raped: My Story
				11:30pm The Debate

itv	itv2	itv3	itv4	sky sports main event
9:30am Lorraine	1:20pm Emmerdale	7:00am Classic Coronation Street	8:55am Storage Wars	7:00am Total Goals
10:25am The Jeremy Kyle Show	1:50pm You've Been Framed!	7:25am Classic Coronation Street	9:25am Storage Wars	7:30am Total Goals
11:30am This Morning	2:50pm The Ellen DeGeneres Show	7:55am Heartbeat	9:55am Pawn Stars	8:00am Total Goals
1:20pm The Chancellor's Budget 2017	3:45pm The Jeremy Kyle Show	8:55am Wild at Heart	10:20am Pawn Stars	8:30am Total Goals
3:00pm Dickinson's Real Deal	4:50pm The Jeremy Kyle Show	10:00am Judge Judy	10:50am Ironside	9:00am Total Goals
4:00pm Tenable	5:55pm The Jeremy Kyle Show	10:25am Judge Judy	Detective drama series featuring Chief Robert	10:00am Good Morning Sports Fans
5:00pm Tipping Point	7:00pm You've Been Framed!	10:55am Judge Judy	Inside of the San Francisco Police Department.	11:00am Premier League Daily
6:00pm The Chase	8:00pm You've Been Framed!	11:20am A Touch of Frost	11:50am Quincy, M.E.	12:00pm Sky Sports Daily
7:00pm Regional News and Weather	8:30pm You've Been Framed!	1:35pm Wild at Heart	12:50pm The Sweeney	1:00pm SKY Sports News
7:30pm ITV Evening News	9:00pm Two and a Half Men	2:40pm Heartbeat	2:55pm Ironside	2:00pm SKY Sports News
8:00pm Emmerdale	9:30pm Two and a Half Men	3:40pm Classic Coronation Street	4:00pm Quincy, M.E.	3:00pm SKY Sports News
8:30pm Coronation Street	10:00pm Shaun of the Dead	4:15pm Coronation Street	5:00pm The Sweeney	4:00pm SKY Sports News
9:00pm Pick of the Day	11:00pm FYI Daily	4:45pm A Touch of Frost	6:00pm The Avengers	5:00pm SKY Sports News
9:30pm Coronation Street	11:05pm Shaun of the Dead	7:00pm Heartbeat	7:05pm Storage Wars	5:00pm Csa T20 Challenge
10:00pm I'm a Celebrity, Get Me Out of Here!	11:50pm Family Guy	8:00pm Murder, She Wrote	8:00pm Pawn Stars	8:30pm Football
11:00pm ITV News at Ten and Weather		9:00pm Doc Martin	8:35pm Pawn Stars	11:00pm The Debate - Live
11:30pm Regional News and Weather		10:00pm Endeavour	9:00pm Britain's Busiest Motorway	12:00am SKY Sports News
11:45pm UEFA Champions League Highlights		12:00am Blue Murder	9:30pm Infon not available	1:00am SKY Sports News
		1:35am A Touch of Frost	11:00pm The World is Not Enough	

The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

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Are you sure you're on the padron?

SIR,

I wonder whether you could consider including an article regarding an issue which I have only just discovered despite many years serving on the council.

I recently had a few elderly couples come into my office asking for help due to their partners needing 24-hour nursing care, and we helped them get a place in a care facility.

Subsequently, we helped them contact social services with a view to applying for financial assistance. I then discovered that the claimant has to have been resident in the municipality for 10 years and consecutively on the padron (civil register) for the past two years, and if not they are not entitled to financial assistance.

The system for the maintenance of the padron creates a regular check to ensure that it accurately reflects who is in the municipality. But if the town hall are unable to contact the individual (due to changed phone number, no Spanish number, etc) they then drop off the padron and may not even know about it.

The only way to be sure is to check

Lions are losing roar

IT is very unfortunate that Nerja Lions Club now has members who seem to have forgotten what a Lion Club stands for.

When the Lions Club Nerja market was started many years ago, local charities were encouraged to take stalls and given half price rental rates.

Occasional charity sales were supported and given free access to a standing place by the gate.

This practice was continued until three years ago when a new President shelved the discount on the charity stalls. This also marked the time when a new intake of members created internal frictions which led to some people being forced to leave the club or resign.

These rejected members, believing in the ethics of the Lion Movement, started a new Lion Club in Nerja; the Lions Club, Balcon De Europa, Nerja.

We hope that readers will not think badly of the Lions movement because of the spiteful actions of one group of people.

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Blooming dispute Poppy seller sent packing

EXCLUSIVE
A recent Poppy seller who was sent packing from the market in Nerja after a dispute with the Lions Club. The seller, who had been selling poppies for many years, was told that the market was now reserved for the Lions Club. The seller was angry and felt that the Lions Club was being unfair. The Lions Club, however, stated that they had a right to the market and that the seller was not allowed to sell there. The seller was eventually sent packing and the market was taken over by the Lions Club.

PREVIOUS EWN: Covering the recent dispute.

Margaret Barratt, past President, Nerja Lions Club

with the town hall. My suggestion would be that everyone makes that enquiry once a year, maybe on or near their birthday to ensure that they have not been inadvertently removed.

Jim Simpson, Zurgena Town Council, Almeria

On the turn?

WELL, it's official, the Leaping One's virtually owned up to being one of us and not one of them by giving the thumbs down to politicians who came through the public school system and we all know which party that is, well in the main anyway. What a fabulous picture in EWN (Issue 1688) of the chosen ones who believed they were born to rule. As for schemes and skulduggery the ex-Bullingdon's Club members and Tories are the masters of that!

Philip, San Fulgencio

Rental rip-off

I WISH to advise readers to make sure on returning their rental car to Goldcar at Alicante Airport they have it checked by a representative and take photos of the vehicle. My friends recently returned their vehicle at 6am - before the office was open - and have since been charged €615 for alleged damage!

Images which showed no obvious damage were attached to the bill. Several attempts have been made to contact them without success.

Mel Christie, Calpe

PC madness

WHY is it assumed that until recently everyone has enjoyed being deliberately rude about blacks and homosexuals so they had to introduce 'politically correct speech' to make sure that no-one would ever be inadvertently offended? But now we are to stop calling children girls and boys? Oh please!

June Rendle, Marbella

Out of town

HAS your printing equipment lost the word 'town'?

The only city on the Costa del Sol is Malaga! All the other municipalities are towns, villages or hamlets. Some of the places you call cities are not even towns, so please drop city everywhere!

Roberta, Malaga

Editor's note: Although the Spanish also class Marbella as a city, this point is well made and has been passed to the relevant department heads.

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Ex-shelter boss jailed for animal abuse

Pure evil!

IT'S time Spain started awarding minimum sentences of more than two years for animal cruelty - anything less, including the current one-year custodial term, will practically never have to be served as it is always suspended for a first offence. People actually being locked up for animal neglect and cruelty rather than just getting a symbolic black mark may act as a deterrent. Kally

I hope she will spend a long time in prison, absolutely heartbreaking all those poor dogs had to die because of greed. Doris Teasdale

Not enough time in my opinion... but a step in the right direction.

Let's hope this brings to the fore many other facilities that are operating in this way too. Karen Perry

Boris Johnson infuriates Spanish dinner guests

I JUST don't understand why he hasn't been sacked!!! He's an embarrassment to the UK. Anita Oakes

Comments from EWN online

How he even GOT that job still astounds me. Anne Sewell

Why does he even bother to open his mouth?? Ann Ayckbourn

And he's supposed to be a diplomat????? Barbara Taylor

Poppy seller sent packing from car boot sale

SHE'S not SELLING anything. She is taking donations. For which she is licensed.

People that know me understand that as much as I'm proud of my previous career, I will discuss it when asked, regale when invited to do so but don't walk around with my medals, tie and blazer on all of the time. But at this time of year it is different - it is special to me. It is a time for me to

privately reflect, to remember my comrades, my brothers and sisters of my 'Service Family' and to respect the Ultimate Sacrifice made for this country by some whom I knew and many that I didn't.

I am a Veteran, and a Veteran is someone who, at one point in their life, wrote a blank cheque payable to the United Kingdom for an amount up to, and including, their life. Regardless of personal political views, it is an honour to serve one's country, and there are far too many people in this country who no longer remember that fact. Sean Scully

Very embarrassed as this is our local car boot market and that the Lions have their own event for remembrance ... why stop someone else who is well known in town? Lydia Taylor

Mother shot and killed by ex-partner

A RECORD of physical and verbal violence against the deceased and released on bail pending trial for domestic violence. Why was he at liberty therefore to do this? Lorena Irwin

Ask The

Brought to you by

Doctor



Prostate cancer: what to look for



SPECIALIST: Doctor Luis Perez Belmonte.

HOW often is prostate cancer present in middle-aged men?

Prostate cancer is extremely common, although its exact cause is unknown. Around 29,000 men in Spain suffer from the disease each year, making it the most common form of male cancer, affecting up to 50 per cent of males over 70.

When should you get checked?

All men over 50 should get checked even if they present no symptoms. If any symptoms present themselves or if you have any queries before this age don't hesitate to see a specialist.

What are the symptoms of the onset of prostate cancer?

Symptoms can take a long time or even years to manifest. In the early stages, when the tumour is confined to the prostate, it may be asymptomatic or accompanied by mild obstructive symptoms such as urinary incontinence, interruption of the urine stream, increased frequency of urination, especially at night, difficulty urinating or a burning sensation during urination.

When tumours are in an

advanced stage they can be accompanied by blood in the urine, infection, back pain and difficulties in sexual relations.

When it comes to advanced tumours, legs may appear swollen (due to the growth of regional lymph nodes), bone pain can present itself (due to the tumour spreading to the bone) and even weakness or loss of strength in the legs can appear (due to compression of the spinal cord or nerve roots). It can also cause kidney failure, loss of appetite and weight loss or anaemia.

What is the prognosis for the disease?

The evolution of the disease is usually slow, allowing early and timely treatment to control the disease in the majority of cases.

If diagnosed, what is the treatment?

Treatment depends on how the disease evolves and data, such as the grade and stage of cancer, age and health status of the patient are important to deciding treatment. Currently there are four ways to proceed to reduce and/or remove prostate cancer: surgery, radiation, hormonal therapy and permanent observation.

If you have any questions for Dr Perez Belmonte, please send them to: jefemedico@helicopterosanitarios.com

THE changing seasons can affect our sleep patterns, leaving us tired and more vulnerable to illness.

In addition to affecting our immune systems, lack of sleep also increases our risk of diabetes and depression, lowers our concentration levels and alters our mood. A recent study even found our brain cells slow down when we are tired, meaning we process information slower and making driving, whilst tired, as bad as drink driving in some cases. Creating the right environment to get some shut eye is crucial and The Sleep Foundation has some suggestions.

Firstly, the organisation recommends getting your body clock into an optimum position by going to bed and waking up at the same time every day. The Sleep Foundation claims this will regulate your sleep patterns, helping you to stay asleep for longer.

Next, it recommends establishing a relaxing routine you practise before bed each day, whether this is taking time to massage in a moisturiser or

Sleep tight



DREAM ON: Make sure you create the right environment for a good night's sleep.

clenching then unclenching all your bodies muscles in turn starting from your toes. The Sleep Foundation also suggests

checking your room for distractions, including light and noise. It is well-known 'blue light' - the sort of light emitted from mobile

phones and tablets - can disrupt sleep and even induce depression so make sure to turn off any devices at least 45 minutes before trying to get to sleep. Block out excess light with lined curtains and reduce any noise pollution, including snoring, by using a white noise machine to mask the sound. Use good quality mattresses, pillows and linens in breathable fabrics to make your bed as comfortable as possible and reduce your risk of being woken up.

Finally, if you are struggling to relax before sleep, why not turn your bedroom into an oasis by using a lavender pillow spray or diffuser and get ready to sleep like a baby!

OSTEOPATH
Mark Shurey D.O
British Trained
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Update on food, drink, entertainments, what's on and weekly happenings

Musical November

RINCON DE LA VICTORIA is hosting a series of musical events every Saturday throughout November.

The gigs, which take place at Casa Fuerte Bezmiliana, are free until capacity is reached. The Department of Culture reported the programme offers a series of live music concerts.

Councillor for Culture, Antonio Jose Martin, explained, "classical music is the protagonist, returning back to the basics of this cultural project, which will be held in one of the most emblematic facilities of the municipality."

The mayor of Rincon de la Victoria, Francisco Salado, explained "the November Musical programme adds to the cultural and leisure programme so that our residents can also enjoy the municipality during this time of year."

The series began on November 4 with the Scherzo Saxophone Quartet and resumes this Saturday with the Rame string quartet.

All concerts begin at 8pm and admission will be given on a first come, first served basis. The programme ends with a performance by the Municipal band of Rincon de la Victoria at 9pm at the Nuestra Señora del Rosario church in La Cala del Moral, at a traditional concert in honour of Santa Cecilia.

Time to tango in Nerja

By Sally Underwood

NERJA'S Cultural Centre is set to host a renowned Argentine tango group in December.

Following the recent success in its tour of Russia and Latin America, visiting more than 20 countries, the company La Porteña Tango Trio will present their new show on December 16.

La Porteña Tango, considered one of the most popular and compelling Argentine tango groups in Europe, will perform Que me van a hablar de amor, ahead of the release of their third album.

Alongside Argentine singer, Eugenia Giordano, a young couple who were finalists in the 2015 tango world championships will be performing. Damian Roezgas and Amira Luna are considered dancers and choreographers on the up, according to the event's organisers, and perfectly accompany the music.

La Porteña Tango Trio will go through its repertoire of Argentine classics directed by guitarist Alejandro Picciano, taking the audience on "an exquisite journey in time that ranges from the old criollo wallas of the 20's through to the vanguard of the genius of Astor Piazzolla" according to its promoters.



Credit: Producciones Lastra.

AMIRA AND DAMIAN: Perform the tango.

In the show, supported by projections, the artists will try to recreate the unique atmosphere of Buenos Aires in a concert where stories of love, passion and jealousy will be told in a fun way.

As well as Alejandro Picciano on guitar, Federico Peuvrel will be playing the piano, while Eugenia Giordano sings and Damian

and Amira dance.

The event will take place at the Cultural Center Villa de Nerja on Calle Granada 45. Lasting 80 minutes, the event will begin at 9pm on Saturday, December 16. Tickets are priced €15 and can be bought in advance from 10am to 2pm at the box office or online at www.mientrada.net.

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THIS year's Beaujolais Nouveau will by now have been heralded in various parts of the world after being held in bonded warehouses for release at one minute past midnight (CET) today, the third Thursday of November.

A red wine from Gamay grapes grown in the Beaujolais region of France, nearly 4,000 vineyards produce the 12 officially designated types of Beaujolais Nouveau.

Initially meant to celebrate the end of the harvest and intended only for local consumption, around 70 years ago producers saw the potential for marketing Beaujolais Nouveau and the idea of a race to Paris carrying the first bottles of the new vintage was consequently born.

This attracted wide media coverage, and by the 1990s it had become an international event.

The wine - from grapes

It's Beaujolais Nouveau time

BACCHUS CELLAR

by Lorenzo Barbareschi



BEAUJOLAIS NOUVEAU: Grapes must be hand-picked.

fermentation period and is bottled only six to eight weeks after harvest. Purple-pink, fresh and very low in tannins, Beaujolais Nouveau's fruity flavours include banana, figs and grapes.

Definite variations between vintages are an early indicator of the quality of the year's regional harvest and it is recommended to serve Beaujolais Nouveau slightly chilled to 13°C (55°F), ideally with light meals, and within six months from harvest.

While connoisseurs do not regard it as a great wine, I feel it is worth trying.

Sante' and Happy tasting!

which by law must be picked by hand - has a short

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By Matthew Elliott

Mini casa revolution

Small homes, big imagination

MINI-HOMES are coming to Spain. Popular in the post-recession US and UK, the tiny houses are winning over Spaniards lured by cheap prices and easy maintenance.

Typically less than 40 square metres, these pre-fabricated homes emerged in Japan in the 1990s as rents skyrocketed in Tokyo. They have a Zen vibe and are popular among young professionals who haven't a hope of stumping up enough money for a regular deposit.

In 2013 Spanish television ran a show called *Minicasas*. Now demand has grown and there are specialist architectural companies, including *Microcasas*, *Pequeñas casas Bioclimaticas* and *Abaton Arquitectura*, who are happily building small, cheap, personalised homes across the country.

Some of the homes are so light that they can be

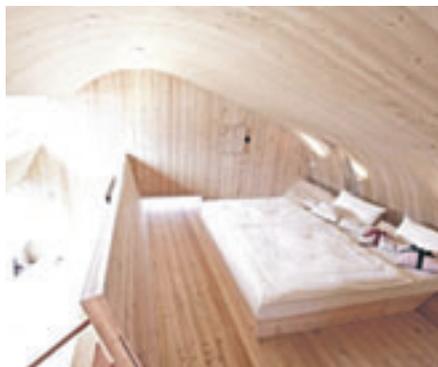


Photo credit Facebook/Microcasas. Pequeñas casas Bioclimaticas

THINKING FREE: Many of the homes are energy efficient and constructed with natural materials.

moved on wheels. This means owners can rent space to place their property, without having to purchase plots of land.

Many of the homes are energy efficient and constructed with natural materials. Prices are appealing with €1,000 per square metre an average guide. A smartly constructed 30 square metre space can provide owners with a kitchen, bathroom and bedroom for €30,000. These homes can be built in as little as six weeks.

Demand in Spain is currently strongest in Galicia and Cataluña. Expecting young professionals, buyers including people looking for a second home, and others who buy the minicasas to place on their own property as an extension.

One problem area is regulation. Different regions have different definitions of housing and water, sanitation and electricity rules to be enforced.

Home prices' rosy future



PROPERTY MARKET: Prices are expected to rise by 5.6 per cent next year.

CREDIT rating specialist Moody's has predicted that Spanish house prices will increase by 8.6 per cent over the next three years. The American giant has analysed the expected impact of recent demographic trends on seven European residential property markets.

In Spain, Moody's expects property prices to rise by 5.6 per cent on average next year. In 2019 and 2020 this will stabilise at 1.4 per cent.

The firm's analysis cites

a stronger economy and lower interest rates as key to price increases. The proportion of young workers in the marketplace has also risen by 8 per cent in the past decade.

Moody's suggested there were a few areas Spain could improve on to support the property sector. More affordable homes and a boost to the construction sector were chief among them.

While the outlook is positive for Spain, Neinor

Homes has expressed fears that activity in the Catalan real estate sector could fall by as much as 25 per cent. Juan Velayos, CEO of the major property developer, said that the political crisis was generating distrust and instability.

He welcomed the call for fresh elections and reiterated Neinor's support for its Catalan operations. Neinor is set to build 12,000 homes across Spain in the coming years, including 1,900 in Cataluña.

Community spirit!

Kat Ashton explores the pros and cons of urbanisation life

A LOT of expatriates, while on the hunt for property abroad, specifically hunt for a place in an urbanisation.

These often bring many advantages - such as an enriched sense of community, lack of DIY upkeep and shared amenities such as a swimming pool or sports facilities. However, community comes at a cost and it can often cause a financial headache if the property sellers are upfront about all the charges beforehand.

One thing worth taking into consideration is if the urbanisation allows short-term or holiday rentals. Tourists are often much noisier than permanent residents and a daily turnover of guests could be quite disruptive during the summer months. They are also likely to be less respectful of common areas and shared facilities as they are only staying there for a few days, which could get aggravating.

It is wise to check out how well communicated the urbanisation is to the other parts of the coast. Even if you have a car, road travel can be time consuming and expensive as coastal roads can get congested easily and it can be difficult to park in the summer months. Finding somewhere which has good bus connections and supermarkets within

walking distance could make all the difference.

Another problem which can cause tension in these gated communities is making sure that everyone pays the upkeep costs. If many home-owners dodge paying these charges, the extra costs have to be covered by everyone else which can get expensive. If a development has many properties on the market, this also is a sign that you could end up paying more in these fees than you first thought.

You should find out whether the community tends to carry out any major renovation work before you buy as this could also hike up the costs in the near future. Check whether you are liable for paying for these improvements and also find out if the previous owners owe any service charges, as the owners of the urbanisation might transfer those costs to you if they are not paid before they leave.

Finally, before you buy any property abroad always make sure you hire a good, English-speaking lawyer to check out all the contracts and investigate any loopholes before you sign anything. This way you should be able to sleep sound at night knowing all the costs you have to pay upfront.

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Olives trees - the marvel of the Mediterranean landscape and cuisine

GRAEME TYRRELL

THE olive tree is the most symbolic tree of the Mediterranean. Spain has been the centre of olive oil production for thousands of years with olive oil being traded by Spain with the Roman Empire importing boat loads of the golden oil for centuries.

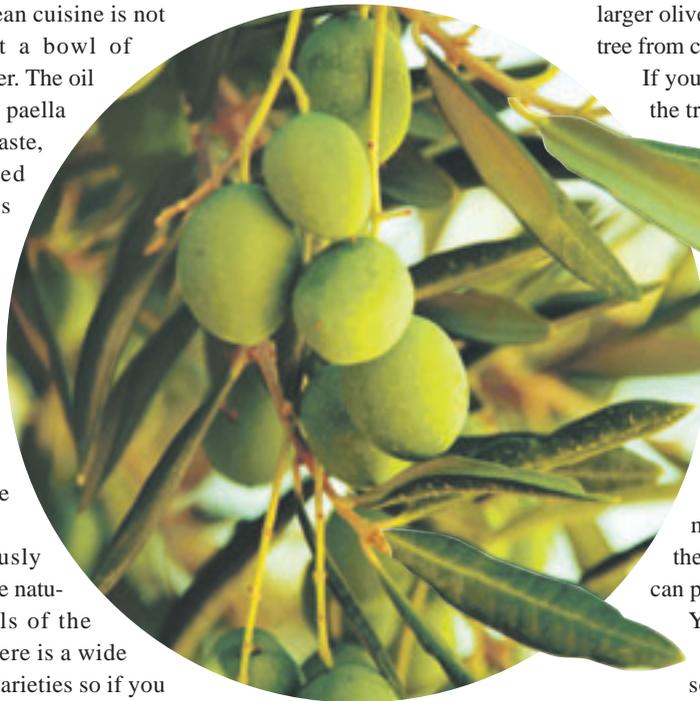
Mountains have been terraced and stone walls built in abundance to host the olive tree on thousands of hectares of otherwise unproductive land where the olive tree can grow and bear fruit for hundreds of years. There are olive trees that are known to be more than a thousand years old.

The branches of the olive tree are displayed in hieroglyphs in Egypt and are on the current United Nations flag. It has been allocated as a symbol of victory by the ancient Greeks and Romans and Noah is said to have received a branch from a dove in the Bible when the flood waters receded.

Any Mediterranean cuisine is not complete without a bowl of olives as an appetiser. The oil is the key to giving paella its Mediterranean taste, salads are anointed with it and bread is drenched in it.

The olive tree can grow up to 50 metres high but are usually kept severely pruned to allow easy harvest and to give maximum size of the olive fruit.

The trees obviously grow perfectly in the naturally alkaline soils of the Mediterranean. There is a wide range of different varieties so if you wish to grow them, you need to decide if you want the olives for eating or oil as they have different characteristics. It is then a matter of finding the best of the type you want for



SYMBOLIC: Mediterranean olives.

your region. Wild olives have very small fruit so if you want to have

larger olives it is necessary to have a tree from cultivated varieties.

If you want an established tree, the trees transplant very easily.

The roots are not very extensive and reshoot well when pruned to allow transplanting. Very old trees do not produce as much fruit as younger ones but they make a wonderful ornament in the garden and for the domestic garden one tree can produce enough for eating. You would need an orchard to get enough to make oil so it is best to plant eating varieties if you want to use the fruit.

The fruit is bitter due to glucosides that are present when first picked so it is a process to make them edible. There are so many variations on how

to do it. The ancient Greeks used to tie baskets full of olives to their boats and let the sea water naturally cure them of the bitterness.

The basis of curing olives is to soak them in salty water and keep changing the water until they are the right taste. It is an art form to prepare the olives to be just right, although right can have regional preferences.

The oil is usually extracted by crushing the fruit and filtering it. It can take around 10 kilos of olives to make one kilo of olive oil depending on the olive and the extraction method. The virgin oil is graded as Extra with less than 1 per cent acidity, Corriente that does not exceed 3.3 per cent acidity and Lampante with above 3.3 per cent acidity. The virgin oil can be further refined into regular olive oil and blended to find the right taste for its purpose.

The olive tree is a must for the Mediterranean garden as a tradition that has occurred for thousands of years.

It's mistletoe and wine time

ONE of the best things about the festive season is comfy nights in at home with a roaring fire.

Snuggly blankets, warm cocoa and a good box set to watch all make hibernating fun. But if you want to

make your home even cosier, why not try adding some seasonal scents to really create a winter wonderland?

According to *Country Living*, there are several cheap ways you can create home-made perfume for your home.

While it is a little early to be thinking about Christmas trees, if and when yours does arrive, use the spare trimmings to create scent sachets using scrap fabric. These can be placed under pillows or cushions and in drawers and cupboards to create a fresh and seasonal smell which is sure to get you in the festive spirit!

Country Living also suggests making home-made garlands which will provide both a free decoration and an uplifting fragrance. Bake thin slices of orange and cinnamon coated apple

in the oven before using a needle to connect them with ribbon or string and hang them from your mantelpiece or ceiling.

Take advantage of Spain's abundance of pine trees by collecting any fallen cones and spraying them with cinnamon essential oil before arranging them in a bowl. Festive and pretty!

Another decorative suggestion includes taking a Styrofoam wreath and filling it with sage. This minty smelling herb will mimic the scent of candy canes, filling your home with a pleasant, Christmassy aroma, as well as saving you money on your decorations this year.

Finally, give your fire an aromatic lift by throwing in any excess pine cones. These will help get your fire going as well as giving off a cosy, wintery smell.

Time to plant your veg

WINTER is actually a great time to work on your vegetable garden if you live somewhere with a Mediterranean climate.

Those who live in places blessed with warmer summers choose to wait until later in the year to plant their crops in order to use the natural rainfall, which tends to come in winter months.

However, the ground is still quite warm at this time of the year, even as the temperature starts to drop, which makes it a great time to plant grasses, shrubs and trees.

Leafy vegetables tend to do well when planted at this time of the year, such as cauliflower, kale, celery

and broccoli, as do root vegetables like parsnips and beetroot.

While potatoes are traditionally planted in the spring, they can also be planted in Mediterranean gardens while it is still quite warm outside, so you can time your harvests to make sure you have a year-round supply.

The only plants that can't be planted during winter months are 'fruit' crops, such as tomatoes, courgettes and peppers, as they need continuous warm weather in order to ripen.

It's a good idea to plant your crops in stages, so they mature at different times, but still try to get them all into the ground as soon as possible in case the temperature suddenly plummets.



COMFORT FOOD: Winter is a great time to plant root vegetables, such as carrots and beetroot.



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Dog training tips

dog's back just above the base of his tail. Never apply pressure any higher up the dog's back as this could cause injury. Remember - even if the dog does not sit immediately - DO NOT repeat the sit command.

PRAISE the dog quietly once he is settled and comfortable in the SIT and remains there without any physical restraint from the handler. If the dog moves, replace him into the SIT with no further commands. Do this as often as necessary, until he is sitting still and comfortable, praise quietly, then give the release command and at the same time move the dog from where he is sitting. PRAISE.

2. Repeat stage 1 until the dog is sitting when commanded with confidence. Always use the method described in stage 1 to guide the dog into the sit position. Gently try to pull or push the dog out of position (the handler should still be kneeling next to the dog), but be prepared to place him back into the SIT should he move. If he resists your gentle attempts to dislodge him, PRAISE and give the re-

lease command. If the attempts to move succeed - place him back into the sit position without commanding and go back to stage 1 and start again - until he is doing the exercise with more reliability.

The more frequently stages 1-2 are repeated the easier it will be to progress through this exercise and the more reliable your dog will be.

3. When the dog is doing stage 2 confidently, without moving, the exercise can be expanded. Put the dog into the SIT and with as little fuss as possible, stand upright. If he moves, put him straight back into the SIT without saying a word. When you are able to stand next to him use the lead, gently applying pressure to the collar to test the sit. If he moves again, replace him giving no e x t r a c o m -

mands and start stage 3 again.

NB On no account should you proceed any further if he is not reliable on stage 3.

4. When he is doing stage 3 reliably and confidently, the exercise can again be expanded. Place him in the SIT, take a couple of steps away from him, but be ready to

put him back just as he moves. Using the lead again gently apply pressure to the collar, return to the dog immediately, PRAISE profusely and then RELEASE.

NEVER release the dog until you are standing by his side or he will never do a reliable sit stay.

The down stay

This is taught in exactly the same stages as the SIT - remember to only command the dog once and only when you are

TRAINING: The sit and stay way.

standing next to him, always replace him into position using no extra commands and always PRAISE and RELEASE at the end of each sit/down.

When both the sit and down are perfected with no distraction indoors, use different places where there are no distractions and start again at stage 1, working through all the stages. Perfect the technique by gradually increasing the distractions i.e. rattling a bunch of keys, dropping your hanky etc.

NEVER TEMPT FATE by leaving the dog in a stay where a sudden distraction could cause an accident i.e. untethered outside a shop.

THE sit and stay

This is an exercise that can only be correctly taught if each stage is perfected before continuing on to the next stage. The training for this exercise should be started indoors, the dog on the lead and no distractions. Initially the handler should be kneeling on the floor with the dog close to the handler's left side.

1. Give the SIT command once only, whilst putting the dog into the sit position at your left side, thereafter NEVER re-command, even if the dog moves. Pull up and back with your right hand in the collar, simultaneously push down with your left hand on the



HAPPY FAMILY: Nearly three quarters of UK families own a pet.

THE number of people who own pets has allegedly dropped due to rising living costs and people choosing to start a family at a later age.

In the UK alone, overall pet ownership has slumped from 63 per cent of the population in 2012 to 56 per cent in 2017, according to market research by Mintel. This figure is even worse among pensioners, plunging to 36 per cent.

Dog ownership in the UK has gone down from 33 per cent to 31 per cent, while cat ownership has dropped to 29

Ruff stuff

per cent.

Fish ownership has also plummeted from one in six households to one in 10.

It is not all bad news, however, as almost 75 per cent of UK families still own pets, but it appears the drop in animal ownership is partly because people are choosing to start their families later in life.

The shift towards renting accommodation, rather than taking out a mortgage on a house,

is also believed to have had an impact on these figures, as many landlords don't allow pets. However, rising house prices has made it more difficult for young people to get on the property ladder.

It has also been revealed that men are more likely to own dogs, while women are more likely to own cats.

Mintel is the world's leading market intelligence agency.

Barney loves the beach

RECENTLY we came to hear about Barney the Corgi, a resident of Almeria who simply loves the beach. It transpires that this fun loving dog, with a temperament of a mild mannered accountant is quite happy to sit on the sand all day, and only ever gets riled when it's time to go home.

House-sitters be warned, the owners say that in their house-sitter's briefing they always stipulate that you keep a handful of treats for the end of the day just to get him to get up off the beach. Barney the beach boy is always happy when he knows he is spending the whole day at the beach.

If you need experienced dogsitters, why not register with us at HouseSitMatch.



BARNEY: Soaking up the rays.

com. The way we work is simple. If you are looking for pet-sitters or house-sitters you need to register online at www.HouseSitMatch.com as a homeowner. There is a small annual charge for membership (please note the discount coupon code below we offer for Euro Weekly News readers). Then you

build a profile about you and your pets. Create a house-sit advert with your dates. If you need help with the online work, choose the PREMIUM membership and we'll give you a call to help you out. And if you have a Barney at home, we'll do our best to find you a sitter who loves the beach just as much!

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Speed record smashed

By *Matthew Elliott*

CLOCKING an average speed of 277.9mph over two separate runs through the Nevada desert, the Koenigsegg Agera RS is now officially the world's fastest production car.

During the runs the Swedish-built hypercar struck a top speed of 284.5mph, smashing the previous record set by a production car, the Hennessey Venom GT, which stood at 270.5mph.

Despite tackling an incline the Agera RS managed to reach 271.2mph on the first run. Enjoying a decline on the second it hit 284.5mph.

The av-

erage was calculated from the two runs in the opposite direction on the same stretch of Nevada's Highway 106.

Driver Niklas Lilja said that the next stage was seeing how the Agera RS handles corners. Driving at 280mph plus was "really quite bumpy," he said, with his only concern being that the Michelin tyres were only guaranteed for speeds of 186mph.

A five-litre V8 engine with 1,300hp helped Koenigsegg engineers chal-

lenge the limits of aerodynamics. Ground force was tailored to prevent a disastrous flip on a small impercepti-

ble bump.

Unlike the Bloodhound SSC aiming for a land speed record of 1,000mph plus next year with its jet engine, the Agera RS is road legal, though pushing 300mph might lead to a spell inside.



Photo credit: Twitter



WILD SIDE: Agera RS is new king of hypercar universe.

Written in the cars

THE University of Leon is set to host the first driverless cars in Spain.

According to reports, the first 'driverless vehicle experimental circuit in Spain' will be in Santiurde de Toranzo as part of a project developed by Auvsi España and the University of Leon themselves.

An installation is set to be presented at the beginning of next year and is the first leg of a broader government scheme, The Nertra Cantabria Plan, which focuses on mobility patterns of autonomous vehicles allowing software to

make decisions and ultimately replace drivers.

In the experimental circuit, cars will be monitored and tested through a system known as the 'Nertra Government Centre,' which organises and regulates traffic from remote controls.

This software provides a network of sensors that will update the behaviour of vehicles to allow them to adapt to real life situations on the road.

The circuit will be a rural circuit with forecasts for other experimental urban, air and maritime circuits.

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The CCCA - Still busy in November!

Motoring correspondent Ian Giles reports on the latest news from the Andalucia Classic Car Club, the most successful such society in the area and probably in Spain with over 600 members.

THE sun was shining bright. The sky was blue and the air was warm.

A Saturday morning in November and almost 50 classics, modern and old, gathered just above Marbella ready to set off on yet another fabulous Classic Car Club of Andalucia day out.

The buzz of excitement as around 100 enthusiasts gathered to share coffee and bacon sandwiches was palpable. So many cars to look at. So many friends, old and new, to chat to or meet and seemingly not enough time to do it all!

That just about sums up the atmosphere at the start of most all of the CCCA events that are organised every month. Fresh from a 30 cars plus entry on their six-day tour of Extremadura, the following weekend saw things continue with the November classic car run and lunch.

Organised by Stuart Sandon and Rob Walker, the event started from Venta Peligrino, just above the La Cañada commercial centre on the Ojen road.

The turn-out of classics was quite amazing. Porsche 911s from the 60's, 70's and 80's which included the 911 Targa of Lady Dulverton and the gorgeous, and very well travelled, four-wheel drive 1989 964 Carrera 4S of Mac and Pam McCarthy.

An Aston Martin Virage from 1990. A few Bentleys lending a certain elegance to it all. Mercedes and Jaguars galore, including a brace of E-Types. An AC Cobra that everyone just wanted to listen to, it's 6.0 litre V8 growling healthily in anticipation. A couple of Ferraris, that always stir the blood, sat happily alongside a very pretty, and rare, Nissan Figaro

crewed by equally pretty ladies who's other halves enjoyed it all in their 1965 MGB roadster.

In another MG, a BGT, was David and Chris Binnie. Another all-girl crew, Claudia Langer and friend Sabine, participated and although their 1984 Opel Senator had become rather troublesome just before the start, they still managed to complete the event even if in something rather more modern... And the stunning, ivory Mercedes 190SL of Antonio Mendoza was a real treat for the eyes.

First car away was the lovely, evocative, red Alfa Romeo Spyder of Ian Ashworth and Jane Jackson hotly pursued by the magnificent Aston Martin Virage of the Masters family. The US of A was represented with a brace of GM sports cars, a Corvette C5 and a Chevy Camaro, driven by Barry Surtees and Phil Marriage respectively.

Representing the 'modern classics' were a stunning Bentley Arnage convertible, a few Jaguars including an immaculate XKR, an XJR, an XK8 and a stunning white F-Type. The F-Type may not be old but, make no mistake, it's classic status is already assured.

As the event occurred on the 11th of the 11th, after a minute's silence on the dot of 11.00am to honour and remember the fallen of two World Wars, came a briefing from organiser Rob Walker, who uttered the time honoured instruction "Gentlemen, start your engines...!" I think the ladies involved have just about forgiven him for his omission....!

A number of new members came along for their first experience of this wonderful social and classic motoring organisation, the organisers being quick to remind everyone that this is a classic car run and not a road-race!

However, there is still a duty from the co-drivers to ensure that the drivers are pointing in the right direction which is an enjoyable, although not difficult, task using the internationally accepted Tulip Roadbook format originally designed as a 'language free' naviga-



tion system for the International Tulip Rally in Holland in the 1950's.

The route for this Saturday was to be fairly short, around 100kms but of no less quality. Crews headed up through the Ojen area using the stunningly beautiful climb up the A-355 and then turned off through Monda and Guaro before a coffee stop at Venta Gallardo and then heading for Alozaina.

Organisers Rob and Stuart had found a little used road to come back down towards Coin, crossing the Rio Grande on the

way.

Just like John Wayne would have...!!

From Coin the route headed for Mijas with a stop for a livening glass of Cava en route and then a drop down through to Valtocado.

The route finished with a short run along the A-7 coast road to Las Chapas and then off to Simbads restaurante on the beach near there. And what a superb lunch the people of Simbads produced.

Outstanding food and service and, of course, to be still sat, dining on the beach in the warm sunshine was a treat indeed.

What better way to pass an idyllic November day - wonderful, iconic cars, great scenery, amazing driving opportunities and super company finishing with a marvelous lunch in a fabulous setting.

Roll on the next one!



The CCCA Photographic Competition

WINNER of the monthly competition last month, amidst stiff competition, was Frank Jolley. The competition ends with the November entries and the big annual competition, for which entries can still be accepted, and sponsored by Paul Yaffé Photography, will be judged later this month.

The Christmas Fair, Estepona

THE Club has agreed to provide a display of classic and modern classic cars at the Estepona Christmas fair in the Palacio de Congresos on Saturday, November 25.

The Club will be presenting prizes for best dressed cars and crews and it should be an excellent day out. If you are in that area do please come along.

What next?

THE Club has its next classic car run on Saturday December 9.

The route will be organised by Club presidente, Ian Giles, but is not yet planned. What is known is that the finish will be at the beautiful Hotel Lake Vinuela.

The next Club night and dinner will be at Treetops restaurante at El Chaparral golf where live music will complement the Christmas atmosphere.

And, talking of Christmas, the Club's Christmas Party will be at La Sala in Puerto Banus on Tuesday, December 12.

That's it until next time!

Ian Giles
MOTORING



Further information on Classic Car Club of Andalucia events can be found on the Club's website www.cccandalucia.com.

Membership of this vibrant club is open to anyone owning a genuine classic car here in Spain. Saca tu coche clásico del garaje y diviértete con él.

Baggies boss Pulis pipes on sun cream in Barbados

UNDERFIRE West Brom boss Tony Pulis - whose Baggies host Champions Chelsea on Saturday - spent the international break tanning himself in Barbados.

Despite only two wins from their last 20 Premier League games Pulis relaxed with a trip to Barbados, having been booed by fans, following their 1-0 defeat against Huddersfield.

"I've been here nearly three years and talk was about us finishing in the top eight. If you go on a bad run supporters are unforgiving," rued Pulis, on a winless run of nine games.

Ander Herrera and Chris Smalling will be back in Premier League action on Saturday - as Manchester United host Newcastle United - at Old Trafford.

Herrera was given a week off by United boss Jose Mourinho.

"After so many matches



UK SPORTSCENE

with Andrew Atkinson

Herrera deserved to have a week off," said Mourinho, who also gave United defender and England's Smalling - left out of England's friendlies against

Brazil and Germany - time off.

United, who face six games in 17 days, are set to see the return of Paul Pogba and Marcos Rojo following injury.

Mourinho is hopeful that Pogba and Rojo will return to face Newcastle: "They have to work every day, but they are in a good position now," said Mourinho.

Striker Zlatan

Ibrahimovic, sidelined with cruciate ligament injuries, has been pencilled in for a return in late December.

While United have been hit with injury woes their chances of narrowing the gap on league leaders Manchester City have faltered, with Pep Guardiola's side eight points ahead of United, going into their fixture at Leicester on Saturday.

Spain and United star Juan Mata, who was left out of United's squad at Chelsea, and Spain's squad against Costa Rica and Russia said: "There's

still a lot to play for."

Ex-Barcelona defender Dani Alves has not ruled out a move to City, despite snubbing a summer move to the Etihad, when joining Paris St-Germain: "I was considering going to play for Manchester City," said Alves.

"I don't hide my admiration for Pep and my will to play in the Premier League in the future," said Alves.

Liverpool, whose left-back Alberto Moreno was recalled to the Spain squad for friendlies against Costa Rica and Russia, host Southampton at Anfield on Saturday.

Moreno returned from the international wilderness having started eight Premier League matches and all four of Liverpool's Champions League group stage games this season.

Liverpool midfielder Jordan Henderson, who missed the 4-1 win against West Ham prior to the international break, is set to

return after a thigh injury.

Spurs, who meet Arsenal at The Emirates Stadium on Saturday, are hopeful trio Dele Alli, Harry Kane and Harry Winks, who withdrew from the England squad, will return from injury.

Arsenal's Olivier Giroud, Rob Holding, Santi Cazorla, Danny Welbeck and Shkodran Mustafi are nursing injuries at the Emirates.

Struggling West Ham are hoping that David Moyes can turn round their fortunes as they face Premier League relegation - starting against Watford - on Sunday.

The Hammers turned to ex-Preston, Everton, Manchester United, Real Sociedad and Sunderland boss Moyes after snubs by Carlo Ancelotti, Roberto Mancini and Rafa Benitez, to replace axed Slaven Bilic.

Moyes has yet another mammoth task, underlined with facing Manchester City, Chelsea, Arsenal and Spurs before the new year.

"I've managed five clubs since starting out nearly 20 years ago at Preston and I'm hungry to make sure I get things right," said Moyes, whose historic Georgian mansion formerly belonged to Squire Anderton, and has a helicopter pad, private chapel, tennis courts and ancient woodland.

Chelsea boss Antonio Conte has a debacle whether to recall defender David Luiz, dropped for the game against Manchester United prior to the break, when replaced by Andreas Christensen.

Conte criticised Luiz following poor displays in two Champions League games with Roma: "He has to work hard," said Conte, who said he didn't know whether the Brazilian has a future at Chelsea.

Luiz believes he is being punished - because of his close ties with ex-teammate Diego Costa - who had a rift with Conte, prior to rejoining Atletico Madrid in September.



DAVID MOYES: Under the hammer.

Photo credit West Ham United/Twitter

SPORTSCENE SPAIN

with Andrew Atkinson

QUALIFIED Advanced Open Water Scuba Diver, Zoe Connolly who successfully defended her Open Water Junior World Oceanman Female World Champion title in 2017 is eyeing further glory.

"I intend to participate in Oceanman for the third time in 2018. I'm going to try my best to maintain my title as World Champion," said Zoe.

"Another goal for 2018 is to achieve Elite Athlete Status, as it will also help me get a place in a Spanish University," said Zoe, who lives in Los Montesinos, Alicante.

"I am also aiming to get into the Spanish team for Fin Swimming. My aim is to win a medal in the Fin Swimming National Championships," said ambitious Portsmouth born Zoe, who has lived in Spain for 10 years.

"Last year I was very close to achieving both goals," said Zoe, who trains in the pool six days a week and also Fin-swims two days a week.

"When I don't do double sessions I go to the gym for an hour, after swimming three times a week," said Zoe, placed first, second or third in every race, with distances from 1,500m to 8km, in the 14



Zoe Connolly's Elite Athlete aim.



2017 Half Oceanman Tabarca.

Elite Athlete Status aim for teenage swimming star Zoe

sea races during 2017.

"Each distance has its own difficulties. It always depends on the conditions of the sea," said Zoe.

"The most difficult part of any race is

just after the second half, when the lactic acid kicks, and your muscles start aching," said Zoe.

"It's pointless putting extra pressure on. I do my best and have fun. I don't

think the experiences make it easier - you still give 110 per cent - but it helps you know how to swim it, what speed to go, when to go faster and slower," said Zoe.

"It helps you to be able to control the waves - how to orientate yourself - and to not get lost or go off course," said Zoe, who has been the youngest swimmer in a plethora of competitions.

"I wouldn't say it puts extra pressure on me. It motivates me. It's pointless putting extra pressure on yourself, over things you can't control. I just go out there, do my best, and have fun," said Zoe.

"To know, not only am I placed highly in my age group, but also one of the better female swimmers in competition, is a fantastic feeling," said Zoe.

"Every time I finish a race the first question I ask my parents, who are watching is: 'How many girls have come in before me?'"

"My parents signed me up for swimming classes when I was four and swimming has always been for me, without a doubt. I started competing when I was seven and it's been my life ever since," said Zoe.

***NEXT WEEK: Zoe Connolly reveals the financial costs to compete - with competition costumes costing anything up to €400.**



SPANISH MotoGP rider Marc Marquez has become the sports youngest four-time World Champion. The 24-year-old clinched his fourth world title in the last five seasons with a third-placed finish at the Valencia Grand Prix.

Axarquía's best guide to local sport

TO READ MORE

Captain fantastic

Ramos on the spot as Spain draw with Russia

REAL MADRID captain Sergio Ramos scored twice from the penalty spot as Spain were held to a 3-3 draw against next year's World Cup hosts Russia

It is the first time that Spain has conceded more than two goals since they were beaten 5-1 by the Netherlands in the opening game of their 2014 World Cup campaign.

Spain raced into the lead

in the ninth minute after Barcelona's Jordi Alba got on the end of a Marco Asensio cross to head the ball home.

They were put further ahead in the 35th minute when Real Madrid captain Ramos converted from the spot after Daler Kuzyaev's handball, before Fyodor Smolov pulled one back for the hosts before half-time.

The hosts were level soon after the break after a fine finish from Lokomotiv Moscow midfielder Aleksei Miranchuk.

Ramos was then fouled in the box in the 53rd minute, but picked himself up and went the opposite way with his second penalty to put the visitors back in front, but they were pinned back late on with Smolov's second to

finish the scoring.

La Roja enjoyed 65 per cent of possession but couldn't break down the impressive hosts, who could have had a victory themselves but for an excellent late save from Manchester United's David de Gea.

The result extends Spain's unbeaten run this year to 10 games ahead of next year's World Cup.



Photo by @mifcsuffl/twitter

RAMOS celebrates with his teammates after scoring from the spot.

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