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ISSUE No. 1689 | 16 - 22 Nov 2017

COSTA BLANCA NORTH » YOUR PAPER, YOUR VOICE, YOUR OPINION

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EXCLUSIVE

By Matt Ford

A Briton has warned expatriates and tourists to stay away from an Albir Playa shop. Jo Wright, 72, has owned a holiday home on the Costa Blanca for 12 years but recently sold the villa and rented a flat.

And she suffered a 'terrifying experience' after trying to put credit on her mobile phone at Telc Shop on Avenida l'Albir.

The business owner from Overstone in Northamptonshire said: "I'd been in the shop before and they were always very pleasant, but on this occasion there were different people inside.

"I wanted to charge my phone, but when I handed it and the money to the woman behind the counter she began to take it apart.

"When I asked why, she just ignored me." But worse was to come as Jo was handed her phone back.

"When I asked again why she had dismantled my phone, she screamed 'F**k off back where you come from' in perfect English, then started hitting me on the arm as I tried to put it in my bag.

Lip service

Briton's shock at foul-mouthed tirade



Photo credit: Google Maps

TELCO SHOP: Refused to comment.

"I said 'why are you speaking to me like this, why are you doing this' before a second woman and a man also started shouting.

"I was so upset I started to cry

as I was very frightened, and all three then started to laugh at me saying 'look at her she is crying F**k off out the shop' and waving their arms at me.

"I said you have lost my husband and myself as customers I will never come back, and they replied there are cameras on the building and would report me for stealing if I made any trouble."

Jo was not even able to report the incident to police as there was no one at the station.

"It was so frightening and I've never experienced anything like it, they were also swearing at a client when I first walked in."

When contacted by the EWN the shop's phone was slammed down before any comment could be made.

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NEWS EXTRA

Lucky brake

A CAR whose driver forgot to use the handbrake after parking in Elda's Plaza Ficia almost ran into heavy traffic in Avenida Chapi but halted halfway down a flight of steps.

Not fare

ALICANTE Province men earn an average annual wage of €16,864 compared with the €13,716 earned by women according to the UGT union. Both are well below the annual Spanish average of €18,645 a year.

Corking plan

POLICE and Guardia Civil vigilance will be stepped up at 900 Novelda vineyards to protect the output of growers who will supply most of the grapes eaten for luck on New Year's Eve.

Out of his mind

Father kills baby, 2, before failed suicide bid

By Matt Ford

A 28-YEAR-OLD Romanian man has admitted to killing his two-year-old daughter in Alzira, Valencia to get revenge on the child's mother.

After cutting the infant's throat with a knife he reportedly tried to commit suicide by jumping from a second floor window, but escaped serious injury after landing on a parked car.

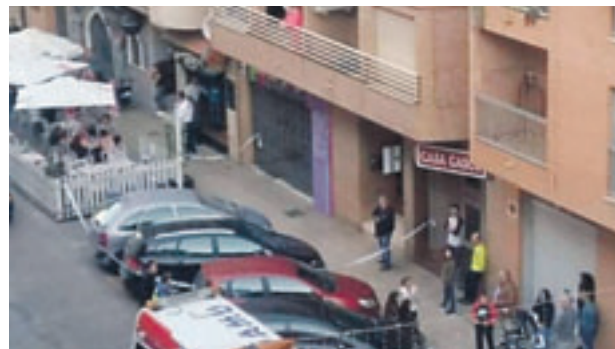
It has been reported the man acted out of spite because his wife was planning to leave him. The couple had allegedly got into a heated argument earlier that day and the mother of the child then left the house to go and report her husband for threats and abuse.

The 24-year-old never made it to the police station, however, as her husband rang her on the way there and told her he had murdered their child.

Witnesses sat on a nearby terrace said they heard him shout: "Call the police, I have killed my daughter."

But by the time paramedics arrived at the scene the child had died, a medical official confirmed.

The accused was first taken to La Ribera Hospital before being jailed, while his 24-



CRIME SCENE: The property where the incident occurred.

year-old partner, who was not at home at the time, was also hospitalised after suffering a panic attack in the wake of the news.

Police later brought the man back to the scene of the crime to re-enact the incident and determine the motivation behind the attack. The 28-year-old, who was met at

EWN online
Latest news and more as it happens

his home by a crowd of hostile neighbours, then admitted to acting out of revenge.

The two-year-old girl was buried in a ceremony yesterday (Wednesday) and the mayor of Alzira, Diego Gomez, declared that a day of mourning would be held.

Landlord pocketed sex cash

A 44-YEAR-OLD Spanish man was arrested in La Cala de Finestrat, charged with corruption of minors.

He is accused of renting a room in La Cala to a 17-year-old girl who was working as a prostitute. On discovering she was underage he took advantage of the situation, controlling her and taking practically all of her earnings.

She later told investigators that he forced her to be available for clients up to 12 hours a day and kept most of the money she earned, sometimes leaving her with only €10.

The Guardia Civil's Women and Minors' Unit (Emume) began looking for the girl after her mother told authorities she believed her daughter was working as a prostitute near Benidorm.

Guardia Civil discovered the girl had approached the man after learning he rented out rooms to sex workers.

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RITA ORA

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CELEB FOCUS
Who is doing what and who with, often in front of the cameras!

COUCH CRITIC

A REVIEW OF THE WEEK'S TV THROUGH THE EYES OF A READER



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LETTERS

Readers' views on eclectic topics in print and online.

Best of the rest

BENITACHELL'S municipal library was recognised for its commitment to the promotion of reading recently as it was awarded the National 'Maria Moliner 2017' Prize. Maria Moliner (1900 - 1981) was a Spanish librarian and lexicographer known for her famous Diccionario de uso del español, first published in 1966-1967.

Luck of the draw

THE first prize of €1 million in last Saturday's National Lottery went to the number 05609 that was sold in Callosa. Other tickets with the same number were sold in Ahigal (Caceres), San Sebastian, Torrejon de Ardoz (Madrid) and Yecla (Murcia).

Free childcare

THE GENERALITAT VALENCIANA'S Minister of Education Vicent Marza confirmed last week that nine nurseries across the Marina Alta will offer free places for children aged two/three next year 2018/2019 - in Benidoleig, Calpe, Denia, El Verger, Javea, La Xara, Ondara, Pedreguer and Pego.

To me, to you

COSTAS will move between 8,000 and 10,000 cubic metres of excess sand from the 'dog beach' in Denia to Les Deveses. At first, the sand will appear black in colour due to the oxidation of algae and Posidonia but the sea will soon lighten it.

Road rage

THE Consortium of Interior Areas, business owners, mayors and a civic association called on the regional government to finish the Gandia-l'Olleria motorway that should connect l'Alcoia and El Comtat with the coast. Despite its strategic importance, work on it

SPANISH FACTS OF LIFE...37

With Christmas around the corner, Kat Ashton says it's time to break out one of the season's most beloved tipples - and one of Spain's greatest exports - Sherry.

A vine art

SHERRY is unique fortified wine closely associated with Spanish festivities, particularly in the southern province of Andalucia. The name 'Sherry' is an Anglicisation of Jerez, a town in Andalucia near Cadiz, where the wine has been made for centuries.

The so-called 'Sherry Triangle' is marked by the towns of Jerez de la Frontera, Sanlucar de Barrameda and El Puerto de Santa Maria. The towns are only about 20 minutes apart and all have a longstanding tradition of producing the drink.

Like cava or Iberian ham, Sherry has protected designation of origin status and only wine produced in the 'Sherry Triangle' can legally be labelled with the name.

Most Sherries are initially dry to begin with, as they are fortified following fermentation, with sweetness being added later. A typical bottle contains 15 to 17 per cent alcohol by volume.

Fino is considered one of the best Sherries out there



BARREL OF FUN: The traditional wooden barrels used to make Sherry in Jerez.

and is also one of the driest. It is aged under a layer of yeast which protects it from oxygen, so even though the average bottle might be seven years old, it still tastes very fresh.

Manzanilla is another popular variety, and can only be produced in the town of Sanlucar de Barrameda. It is known for being very pale and dry, and also has a slight salty aroma as it is produced so close to the sea.

A drop of history

THE practice of wine-making was first introduced to the region by the Phoenicians in 1100 BC. The Moors then introduced the process of distillation, needed to make fortified wine, when they conquered the region in 711 AD.

By the end of the 16th century, Sherry had become popular across Europe and became particularly popular in Great Britain after English sea captain Francis Drake invaded Cadiz in 1587.



Finest wine

THE world's most expensive bottle was sold at the London auctioneers Sotheby's in 2001 for \$43,500 (around €37,000). The bottle was dated in 1775, and was found in the Massandra cellars in the Crimea, Ukraine. This particular Sherry gained more fame several years later when Russian President Vladimir Putin and Italy's ex-Prime Minister Silvio Berlusconi drank a bottle of the 240-year-old wine while visiting the cellar, which had then reached an estimated value of more than \$90,000 (€77,000).

PRICEY: The most expensive bottle of sherry sold for more than €37,000 at auction.

was halted 10 years ago.

First choice

VALENCIA-BASED Mercadona is the only Spanish company to appear

on Kantar Retail's list of the world's top 50 retailers. The supermarket chain, which is headed by Juan Roig, was ranked 49th and accounts for one quarter of all cash spent by consumers in Spain.

198

The total number of news and features which appeared in Issue 1688 of the Euro Weekly News Costa Blanca North edition, including 71 local stories.

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Top 5 stories

From 6 - 13 November 2017

- 1 Costa del Sol shelter boss becomes first person in Spain to be jailed for animal cruelty - **5,555**
- 2 Temperatures set to soar this weekend on the Costa del Sol - **4,541**
- 3 Europe's largest man-made beach to be built in Spain - **4,163**
- 4 Out-of-control Chinese Space station could hit Spain 'within months' - **2,771**
- 5 In pictures: Snow falls in northern Spain as weather warnings issued for Balearics - **2,758**



NORWEGIAN: All flights to Spain from Birmingham scrapped

euroweeklynews.com Poll of the week

Should Spain follow Thailand's example and ban smoking on its beaches?

LAST WEEK'S POLL:
Is it wrong not to wear a poppy ahead of Remembrance Day?

Yes = 38%
No = 62%

Top Social Media comments

INNOCENT: Man accused of dragging dog behind his vehicle released by police - Now that he is apparently exonerated, I'm sure all the posters of previous, vile, aggressive, messages will publicly retract. *Patrick Murphy*
 Whichever way you look at this it was stupid. It could also encourage other twisted people to do the same. *Jenny Dodd*

Vile! Who tied the dog must be put in prison. And him for even saying this. Vile people. *Beverley Wheeler de Soler*

Belt up in Spain and don't get fined! - Should do it for phones as well never seen so many people driving while on their mobile in Spain. *Pat Ward*

Spanish rider Mark Marquez is youngest four-time MotoGP champ - What an achievement, such skill, and stamina. Congratulations *Debbie Ray*

Fair play. You can't beat real talent. *Tomas Kirken*
Ex-shelter boss becomes first person in Spain to be jailed for animal abuse - Not good enough! If it were just the animal cruelty charges, she would not have got a prison sentence! It is the other charges that has gotten her

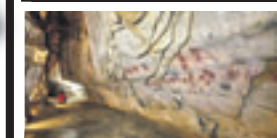
time in jail. That said, I hope she rots!! *Kate Jenn*
 Not long enough... disgusting woman. The law is long overdue on dealing with animal abusers... they should be given the same sentences as child abusers and murderers. *David Ogilvy*

Brits held in one of Spain's largest ever cocaine busts - That's a great result, nothing to be sniffed at there. *Charles Daniel Darius McDonald*
 There goes their WHITE Christmas *Matt Silver*
 Great, glad they are caught. I am ashamed to hear it is Brits. *Janine Turner*

POPPY SHOCK: Seller sent packing from Axarquia car boot sale - Ridiculous. Won't let someone sell poppies for a day outside the gates even, yet beggars are allowed continually outside Lidl, Aldi, Mercadona. Shame on the Lions. *Nicki Morley*

This is a shame as the Lions are a pretty together outfit and certainly have raised plenty of money themselves. Perhaps there are now so many people shaking boxes in front of you that this is the way to stop it. *Richard Taylor*
 No, not justified. She was selling remembrance poppies, not selling goods for her own financial gain. *Carl Glover*

TRIVIA FROM AROUND THE WORLD



The oldest cave painting in the world is found in the Cave of El Castillo in Puente Viesgo, Cantabria, where researchers have found a faint red dot that has been dated to be at least 40,800 years old.

When the mummy of Egyptian Pharaoh Ramses II was sent to France in the mid-1970s, it was issued a passport, labelling him as 'King (deceased).'

The two shortest place names in the world are 'Å', used for five villages in Norway and one in Sweden, and the small French hamlet of Y.

★★★★★★
Did you know?

The Vatican Bank is the world's only financial institution that allows cash machine users to perform transactions in Latin.

Lost in translation



Prenez garde, cette plante porte des piquants très acérés. Beware, this plant wears very sharp prickles.

CORRECTIONS

At the EWN, we pride ourselves that reports are accurate and fair. If we do slip up, we promise to set the record straight in a clear, no-nonsense manner. To ask for an inaccuracy to be corrected.
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Little bits on the side

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By Linda Hall

A 28-YEAR-OLD mother shot by her ex-partner as she picked up their son from his Elda school died later in hospital.

Jessyca Bravo and the boy, aged three, were already in the car, ready to return home to Monforte where they lived, when her former partner, Imanol Castillo, 31, reached inside the vehicle and shot her five times.

Jessyca was already in a coma when she was admitted to Elda hospital's intensive care unit and died the next day.

Sources afterwards said that the child was aware of what had happened, because he ran crying back into the

In cold blood

Killed by ex-partner at school gates

school. "My Daddy has killed my Mummy," he sobbed.

Castillo then took the car, drove it violently into a wall and killed himself.

Jessyca had denounced her ex-partner on at least three occasions for gender violence and he was due to appear in court for a fast-track trial the day after the shooting.

Days earlier he had insulted Jessyca, demanding that she hand over their son and threatening to kill her, witnesses at the scene said.

The Guardia Civil detained Castillo minutes later and he was issued with a restraining order but one day before the shooting Jessyca complained that he had

twice tried to contact her through intermediaries.

He was picked up but released after questioning, sources said, as he had not threatened his ex-partner.

Forty-four women have now lost their lives at the hands of partners in Spain this year, five of them in the Valencian Community.



SHOCKING: The school where the incident occurred and (inset) Imanol Castillo and Jessyca Bravo.

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GLAM: Jenna Coleman.

Get ready to rock

LEGENDARY rockers Guns N' Roses have announced they are playing two dates in Spain next year.

The band, which reunited in 2016 after 23 years apart, will headline the Madrid Download Festival on June 29 before playing Barcelona's Olympic Stadium on July 1.

The *Knocking on Heaven's Door* hit-makers are coming to Spain as part of their worldwide Not in This Lifetime tour, which will have been running for 27 months by the time the European leg is complete.

The tour will be the band's second longest after their Use Your Illusion Tour from January 1991 to July 1993. The LA-based band formed in 1985 and have sold more than 100 million albums backed up by a string of hits including *Paradise City*, *Welcome to the Jungle* and *Sweet Child O'Mine*.

The new tour is so-named after lead guitarist Slash replied, "not in this lifetime," when asked in 2012 if the band would ever reform.



STILL GOT IT: Guns N' Roses.

HAVING A BATH: Rita Ora.



Phot by Rita Ora/Instagram

Forgotten something?

CHART TOPPER Rita Ora set tongues wagging after turning up for the 2017 MTV Europe Music Awards in a bath robe and towel.

The braless 26-year-old songstress then flashed her underwear as she shocked on the red carpet before hosting the glitzy London event.

And after changing outfits a staggering 13 times during the show, the *How We Do* singer revealed that next year's ceremony will be held in the northern Spanish city of Bilbao.

Style queen

DOCTOR WHO and Victoria actress Jenna Coleman brought some extra glamour to the Madrid Heroes Comic Con this year. The 31-year-old star, who shot to fame in *Emmerdale* in 2005, made a personal appearance in the Spanish capital and looked stunning in a navy polka dot dress with her brown hair in loose waves.

Real daddy

REAL MADRID star Cristiano Ronaldo has celebrated the birth of his fourth child with girlfriend Georgina Rodriguez.

The Portuguese captain, 32, posted an image of his 22-year-old squeeze, baby daughter Alana Martina and eldest son Cristiano Jr onto his social media pages yesterday evening, before streaming live on Instagram as they returned home with their newborn daughter.

Abs-olutely fabulous

SHE'S the Latina songstress known for her stellar figure and racy onstage outfits.

And mother-of-two Jennifer Lopez, 48, has hit the headlines again after her new single shot to number one in Spain.

A happy looking J-Lo was spotted wearing an oversized fur coat in New York after her Spanish-language hit *Amor Amor Amor* topped the charts in both Spain and Puerto Rico within hours of its release.

The track is the second taken from her new album *Por la Primera Vez* featuring Puerto Rican star Wisin. The accompanying video shows an age-defying Lopez flaunting her famous curves as she dances on a New York subway.

J-Lo's latest long player sees her collaborating with ex-husband Marc Anthony with whom she shares nine-year-old twins Max and Emme.

She is currently dating former baseball player Alex Rodriguez.



Phot by You Tube

TOP OF THE POPS: J-Lo in her new video.

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Photo by Joambanjo

L'ORXA: Currently rainier than Galicia.

Two entirely different climates

By Linda Hall

DESPITE last winter's rain, unrelenting drought prompted Generalitat president Ximo Puig to seek the national government's help.

A Tajo-Segura water transfer is urgently needed, Puig told Agriculture minister Isabel Garcia Tejerina when he visited Madrid this week.

All desalination plants need to operate at full capacity throughout the Valencian Community but in particular to combat the 'terrible' situation in the Vega Baja.

This is a repetition of the 1993-1996 drought and is not unusual, as it affects all of Spain every 20 to 25 years, experts explained. In Alicante Province it tends to occur every 10 years, they added.

Alicante Province is a case apart, because it is semi-arid from Sierra Bernia in the Marina Baja to Orihuela where rainfall barely reached 150 litres per square metre in the last year.

Inland from Bernia and in the Marina Alta, El Comtat and l'Alcoia the climate changes to Mediterranean-humid, with 1,600 litres per square metre

registered in L'Orxa (El Comtat) between October 2016-2017.

Professor Jorge Olcina from Alicante University said that the south-east was currently Spain's rainiest area with more rain in L'Orxa than Galicia.

"But it will be a different matter if the lower than usual rainfall registered since June continues during the autumn, winter and into spring," Olcina warned. "Then the situation would be as complicated as the rest of Spain."

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Churchgoer sues nuns

A WOMAN who tripped over in Santa Faz monastery is suing the Poor Clare nuns in church there.

The 68-year-old went to light a candle during Mass last July and fell over cables and adapters attached to electric fans. She now wants compensation but found that the nuns do not have third-party insurance.

"We tried to solve the problem through insurance but this is an inappropriate situation for a place that is visited by the public," the woman's lawyer said.

"My client is a practising Catholic but she has rights like anybody else," she added.

The woman dislocated her shoulder and had to spend €930 on treatment, medication, rehabilitation and transport, the lawyer continued. She had asked for reimbursement but the nuns ignored the request.

She is now asking for €28,500 claiming that she has limited movement in her shoulder which has affected her quality of life.

A spokesman for the Orihuela-Alicante diocese said that it was "unusual" for a church, that is open to the public, not to have third-party insurance. This was an "unfortunate accident," he said, attributing it to an oversight on the part of the nuns.

80,637 Renault cars have been sold so far this year in Spain, with the Clio the most popular model from the French company.

OUR VIEW

Hoping for a real solution

IT has been an increasing problem in recent years and there appears no end to it.

And more sadly, no real solution.

Last weekend almost 400 migrants heading towards Spain were discovered aboard vessels heading to the nation's terra firma.

Had they not been rescued they might well have died before they even landed and potentially had the opportunity for safer and better lives.

If they had made land safely, they would have merely joined tens of thousands of other illegal migrants now in Europe. They will not be the last to be added to the statistics, so far this year almost 16,000 migrants have been spotted and rescued by various authorities up and down the Mediterranean coastline from Gibraltar, up the coast in Almeria, Murcia and beyond.

Spain does not hold a solution to the problem and it is not only Spain's problem.

Many of the mainly African migrants - but in some cases other migrant men, women and children make the life threatening voyages of hope - frequently travel from an eclectic variety of locations in Libya, Morocco and other North African nations. A humanitarian solution must be found and it is clear that all nations in Europe - and Africa and the Middle East - need to sit down, discuss the issues and provide a solution to the problem.

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NEWS EXTRA

Shop till
you drop

THE CC PLAZA CENTRAL shopping centre in Calpe recently added seven new fashion/accessory stores to its offering – Mango, Selected Homme, Vives shoes, Boboli, Only, Paco Perfumeras, Framaz.

Mystery death

A VALENCIAN market trader who went missing from Cocentaina's All Saints Fair was found dead near the Castle. There were no visible signs of violence but the Guardia Civil are investigating his death.

Cave work

TWO new cave paintings have been discovered in Pego's Barranc de la Canal, dating back to the 6th millennium BC - the findings are "something extraordinary for the municipality," said councillor of Culture Laura Castella.

A sense of regional identity

THOUSANDS took to the Valencia City streets, proclaiming that they were both Valencian and Spanish.

A crowd of 50,000 according to the organisers and 15,000 according to the government delegate to the Valencian Community, waved Spanish and Valencian flags in what was described as "the biggest demonstration of regional identity for 20 years."

They brandished banners and placards proclaiming in Valenciano as well as Spanish, "We are not a nation. We are not Catalans. We are Valencian and Spanish."

Others in Valenciano declared, "No to the invented Paisos Catalans," the union of Cataluña, Balears and Valencia called for by the Catalan separatists.

Many placards criticised the 'Catalanisation' of the Valencian institutions, blaming the Compromis party which governs the region in coalition with the PSPV-PSOE socialists.

Vicent Marza, who heads the Ed-



PROTEST: Citizens took to the streets in Valencia.

ucation department and has manoeuvred to implant Valenciano in the region's schools, came in for especial censure and was accused of 'indoctrinating' pupils to accept the Paisos Catalans concept.

It comes after Spanish Prime Minister Mariano Rajoy said that next month's snap elections in Cataluña will help end "the havoc of separatism" in the troubled region.

The address, during the leader's first visit to Barcelona since his

fortnight ago, followed a rally in protest at the jailing of eight former cabinet members and two activists which saw an estimated 750,000 people take to the streets of the Catalan capital last Saturday.

Earlier, ex-parliamentary speaker, Carme Forcadell and five other former lawmakers were released on bail after being quizzed by a Supreme Court judge.

Sacked leader Carles Puigdemont remains in Belgium and must appear in a Belgian court tomorrow (Friday) as a judge deliberates over a European Arrest Warrant issued in his name.

€69,136 The gross average income of the wealthiest municipality in Spain, Pozuelo de Alarcon in Madrid, according to government statistics.

g o v e r n m e n t i m p o s e d d i r e c t r u l e a

A place to
commune
with nature

A 22,000 SQUARE METRE parcel of woodland in San Juan is now municipal property.

Together with the El Calvario wooded area and the pines near El Sereni, the land adjoining the Tangel road will create part of a green space between the CV-7720, the CV-821 and the A-70.

Work has begun on felling and removing dead trees, leaving space to repopulate the zone with native species in the future and to add signposting and benches for public use.

"Work will be minimal as we want this to be an unspoilt, natural area where families can walk and enjoy themselves," said San Juan's Environment councillor Eva Delgado.

"This is the first step towards solving one of San Juan's principal problems, the lack of somewhere to enjoy nature," she added.

With so many options for your UK pension funds, what are the best solutions for expatriates living in Spain?

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GAS NATURAL will pay Campello Town Hall €46,387 after 99 electricity bills were paid twice in August 2016.

Responding to criticism from the Esquerra Unida (EU) and Ciudadanos opposition parties on Campello Council, Mayor Benjamin Soler explained that the bills corresponded to street lighting in different parts of town that were billed separately by Gas Natural.

The energy firm's error came to light in January

Bills bring double trouble

this year and was confirmed by a municipal report in July, Soler told Ciudadanos spokesman Julio Oca.

"We feel there should be greater control over town hall payments," Oca said, pointing out that it took five months to spot the overpayment and six months to verify it. EU councillor Pedro Mario Pardo reminded the mayor that in 2015 the Ombudsman recommended that the town hall pay closer attention to bookkeeping.

NEWS EXTRA

Dolphin spotted

A VILLAJOYOSA resident advised the police after spotting a dead dolphin washed up on the La Caleta beach. A female, it had died some days earlier.

Fit for use

ALTEA'S grass football pitch, which was sown on October 2, has grown sufficiently to be used by the UD Altea team and pupils at the municipal football schools.

Soon found

MUCHAMIEL police intercepted a man seen stealing streetlights copper cables in the Rio Park urbanisation. He tried to escape on foot while his vehicle was searched but officers found him hiding behind bushes.

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Scotsman dies

A CYCLIST who was seriously injured in an accident near Alicante six months ago has died, according to reports.

Retired lecturer John Telfer, was left fighting for his life after breaking his neck in two places following a collision with a friend near Alicante in May.

The 57-year-old defied predictions to survive the crash, and an online appeal raised more than €25,000 to bring the devoted husband home to Scotland.

But unfortunately, the father of two has now passed away after respiratory issues and a battle with infection. On the gofundme page set-up to bring John home, he has been described as "a devoted husband, loyal friend and a fantastic father providing a loving home and constant support for his wife in her difficult nursing role and two children."



Photo credit Facebook

TRAGIC: John Telfer in Spain.

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NEWS EXTRA

Hole lot of fun

CALPE mayor Cesar Sanchez announced that the municipality is studying the potential build of a golf course, with the aim of de-seasonalising the city's tourism trade and guaranteeing jobs all year round.

High speed

POLICE arrested a driver who led them on a high speed chase 20 kilometres along the N-332 from Altea to Benissa and causing pedestrians to jump out of the way.

Watch thief

A THIEF used a manhole cover to smash one of the windows of the 'Montenegro' jewellery store in Denia last week and stole a variety of watches.

All the fun of the fair

FIREFIGHTERS rescued 13 children from a fair-ground ride in Benidorm. The thrillseekers were trapped in a series of metal cages dangling four metres from the ground after the attraction lost power, a council official said. The dramatic breakdown came just half-an-hour after the the city's Fiestas Mayores Pa-

tronales de Benidorm celebrations got underway. Two fire engines attended the scene and the captive revellers were brought down on an aerial platform having been locked inside for almost an hour-and-a-half. There were no reported injuries and it remains unknown what caused the ride to stop working.



CHARITY RUN: Finestrat raises money for breast cancer fight.

Bridge ahead of schedule

HALF of the Alcoy's Fernando Reig suspension bridge's 38 braces have now been replaced. If work continues at this rate the bridge should be open to traffic for Easter, two months ahead of schedule, the Ministry of Public Works announced.

The bridge, which took two years to build and was inaugurated in 1987, has been closed since July 2016 after one of the

bridge's cables was found to be damaged. Closer inspection revealed that all were corroded and would cost €7.2 million to replace. The bridge is the city's principal exit to Alicante and the Ministry undertook from the outset to carry out the repairs as quickly as possible to relieve the 'complicated' traffic situation.

13 People died in car accidents in Spain last weekend according to the traffic directorate DGT.

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Belt up and don't get fined!

SPAIN'S new roadside cameras that automatically monitor the use of driver seat belts have started issuing €200 fines.

The first 50 cameras have come into full operation and eventually 227 will be rolled out.

The scheme has been trialled over the last two months with 331 drivers receiving an informative letter.

From now on if drivers are caught not wearing a seat belt they will be hit in the pocket with a fine notification in the post.

The Dirección General de Tráfico (DGT) say that the images captured by the cameras are subject to a 'strict quality control.'

They are sent every day to the Automated Complaints Treatment Centre, where software designed specifically for the purpose will review the photographs.

The software will discard photographs in which it detects that the driver is using a seat belt. The remaining images are then manually reviewed.

If an offence is registered the image is sent to the corresponding Provincial Traffic Headquarters, where it is manually checked again.



DRIVERS: Don't forget to belt up.

The owner of the vehicle will then receive a request in the post to identify the driver that appears in the photographs.

If a passenger appears in the photographs, their face is pixelated, so that they are not identified.

Once the driver has been identified the fine of €200 is issued and three

points deducted from their licence.

If the vehicle owner does not name the person driving a penalty fine will be issued for not identifying the driver.

Sixty per cent of the cameras are located on roads with the highest accident rate and the remaining 40 per cent of cameras are located on the busiest roads.



IS THERE A WAY TO INVEST SENSIBLY AND SECURELY IN SPAIN?

By Sam Kelly, Managing Partner, Chorus Financial



It concerns me when I see investment 'opportunities' here in Spain offering 7-8-9% fixed returns with no information on how these returns are achieved or where they are regulated, 'low risk' funds returning 20%+ a year, property investments offering unrealistic 'guaranteed' yields. These schemes can struggle to survive, and often collapse, leaving their investors high and dry.

I fully understand why people need to invest. The effects of inflation alone mean £100,000 left in the bank for 10 years will lose around £25,000 of its spending power.

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2008 to January 2017.

Similarly, Old Mutual International offers a Spanish Portfolio Bond, which can hold a choice of thousands of fully regulated funds. This is a perfect option for those with existing investments they wish to move to a Spanish compliant product, or for more sophisticated investors who wish to set up a portfolio under the guidance of a regulated

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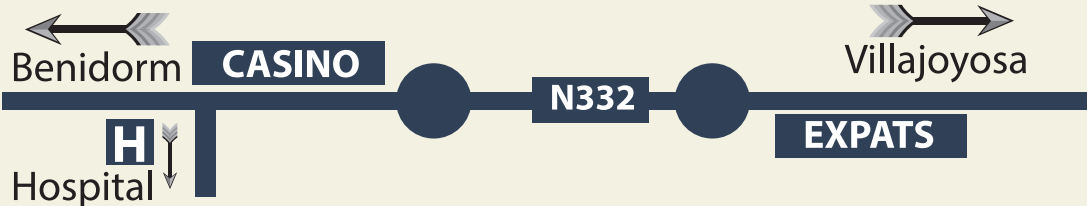


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Safe and secure

BENIDORM City Council held its quarterly meeting, chaired by Mayor Toni Perez who was delighted to welcome British Consul in Alicante Sarah-Jane Morris.

Also present was councillor of Security - Lorenzo Martinez, National Police Commissioner - Alfredo Garrido, Local Police Chief - Juan Fuertes and General Secretary of hotel association HOSBEC - Nuria Montes together with members of Benidorm's British Business Association and representatives from tour operators Jet2, Saga Holidays and TUI.

It was agreed unanimously



Photo by Benidorm Ayuntamiento

TAKING THE LEAD: Mayor Toni Perez chaired the meeting.

that security in the city continues to improve, with measures implemented having been hugely successful - especially the addition of two sniffer dogs to the Local Police force.

Mayor Perez confirmed that the Foreign Tourist Assistance Service (SATE) in the Rincon de Loix area of the city should be in operation before the end of the year and new lines of collaboration with residents and Benidorm's British Business Association were proposed in order to continue to increase security and the perception of the resort for both residents and visitors.

Take on Beni's 10K

THE '10K Love Benidorm' race will take place next Sunday November 26.

The event, organised by Benidorm City Council together with Grupo Brotons and the Club de Atletismo Benidorm, will take place from 9.30am, covering almost the entire city and the Levante beach promenade.

It is hoped that over 1,000 people will participate in the race, with 800 already signed up - "56 per cent foreigners from 11 countries," said Jose Brotons.

A children's event 'Kids Run Love Benidorm' will be held from 12.30pm for children aged two to 15.

To sign up, visit <http://10klovebenidorm.com/inscripciones-10k/>. Registration is open until next Thursday November 23.

Opportunist jailed

A MAN who sexually assaulted a woman in Benidorm last year was sentenced to six years in prison. The culprit and the victim had known each other for about four months and had spent the day together in the city before taking a taxi to their respective homes.

The taxi dropped them off outside Aqualandia and he offered to walk her home. It was then the culprit pushed the victim to the ground before sexually assaulting her. She managed to escape and find help from police officers.

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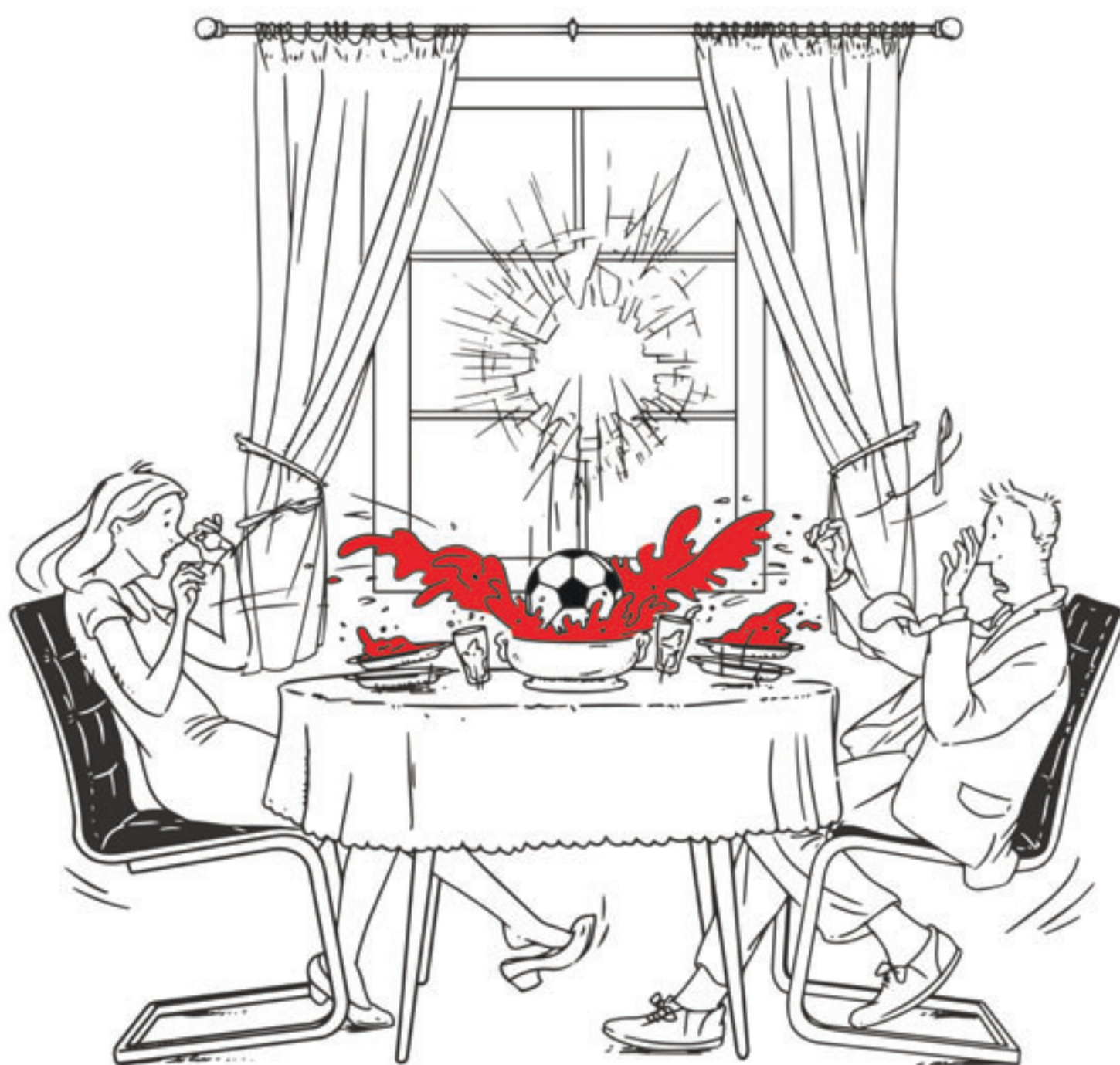


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Tourist tax ruled out



Photo credit: Grodin.terce

PEÑISCOLA: 'Not Torrevieja,' says Vicent Soler (inset).



THE Consell, the regional government's Cabinet, maintained its veto on a tourist tax.

It would be difficult to introduce a tourist tax without the sector's backing, said Vicent Soler, who heads the Generalitat's Finance Department.

Answering questions from MPs, David Torres and Ruben Ibañez in the regional parliament, Soler confirmed that the tax would not appear in the region's 2018 Budget.

Torres, who represents the Podemos party, reminded Soler that the tax had received the go-ahead by the regional parliament.

The tax should not be demonised, the Conseller agreed and deserved investigation as 'half of Europe' applied it, but introducing it required the sector's cooperation. "Otherwise the situation could become dysfunctional," Soler argued.

Baleares, which charges the tax, has a tourist

model with little variation but the same could not be said of the Valencian Community, Soler added.

"Benidorm is not the same as Valencia. Benicassim's model does not resemble Altea's and Peñíscola is not Torrevieja."

A uniform approach might be beneficial to some sectors and but not to others, Soler said. "At this particular moment and until the sector can adjust to it from a very localised perspective, the tax would be very difficult to introduce."



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AIGÜES: Paying off inherited debt

Making the money

AIGÜES Town Hall has made €1,000 available for the participatory Budget where residents decide how some council cash is used.

This is the second consecutive year with no more than €1,000 to spare while the local government struggles to shift the debt that has burdened Aigües (population approximately 1,000) for years.

“The economic situation does not permit us to allocate more,” said the local mayor Mario Calvo.

Aigües was bankrupt in 2011, when Calvo’s predecessors at the town hall had accumulated a €1.5 million debt that worked out at €1,374 for every inhabitant. The present team at the town hall has managed to reduce this to €800,000, “but a lot remains to be done,” the mayor said.

Meanwhile, the townspeople can now decide whether the €1,000 should be spent on the local fiestas, minor repairs to the local school, the cemetery or urban zones.

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Town hall takes over



Photo credit: Arild Helgeland

MONTIBOLI: Work still to be done.

VILLAJOYOSA will provide part of the Montiboli area with infrastructure and services that have been neglected for years.

Planning permission for developing the district was originally granted in 1996 to private developers but the town hall took over in 2004 when only 48 per cent of the project had been completed.

"As a result, the area is still not finished and lacks basic services," admitted Villajoyosa's Town Planning councillor Jaime Ramis.

"Many of the properties do not have an Occupation Certificate and the electricity and water they use are the supplies provided for the builders. This cannot continue and finding a solution has been a priority since we took over at the town hall."

La Vila's Town Planning committee agreed unanimously to annul the TS-2 Montiboli Programme in order to start work on providing basic services in accordance with the General Develop-

ment Plan (PGOU).

"With the existing programme it was likely that the situation would have remained unchanged for years," Ramis said.

The town hall decision came after the owners of 80 or so Montiboli properties appealed to the regional Ombudsman for help. As well as insufficient electricity and water, most of the roads are not asphalted and lack street lighting despite paying their IBI rates, they complained.

Alcohol ban at matches

ALCOHOL, whose sale and consumption at sporting events is banned by law, is allegedly available at San Vicente's installations.

The SEP union which represents municipal employees, has for the second time complained that the "no drinks" regulation is being flouted.

San Vicente's Sports councillor, Jose Luis Lorenzo admitted that the concessionary who runs the bar "had been spoken to" following the first incident.

"We shall take the appropriate steps to ensure that there is no repetition," Lorenzo pledged after the SEP's second alert, but insisted that until now he had been unaware that drinking went on at the football ground.

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Lack of radiologists causing long delays

ALCOY patients waiting for radiology procedures will be treated by specialists from San Juan hospital.

Others will come from Doctor Peset clinic in Valencia City, said sources at Alcoy's Virgen de los Lirios hospital.

Some Alcoy patients claim they have been waiting for six months although the hospital director, Jose Manuel Molto in-

sisted that delays were shorter than this, especially for preferential cases.

Long waiting lists for radiology were not exclusively at Virgen de los Lirios hospital, Molto said, as there was a shortage of radiologists throughout the Valencian Community. This affected all the region's hospitals, he said, "although the smallest notice the

problem most."

These are specific agreements that will apply only in exceptional circumstances, said Molto, who emphasised that for preferential cases or those being monitored for oncological procedures there was no waiting list.

"This is only a partial solution," the director admitted, "but it will help us to catch up."

Leave our bins alone

THE Ciudadanos party on Muchamiel party claimed that the town hall's garden waste collection was a failure.

Door-to-door collection was introduced two years ago after gardening firms were found filling specific containers previously installed by the council for garden waste.

Despite the town hall service, prunings and unwanted vegetation from private gardens were still being dumped illegally, Ciudadanos spokesman Antonio Sola maintained.

His party had pointed out at the beginning of the year that the scheme was not functioning correctly and residents were not using it.

"The situation was not going to improve on its own and the town hall needed to take steps and find a solution for the ongoing problem," said Sola who suggested installing card operated bins for garden waste.

"Professional gardeners would not be able to take advantage of the facility and they could only be used by residents," he said.

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XYLELLA FASTIDIOSA: More compensation for productive trees.

Payout confirmed for destroyed trees

By Linda Hall

THE regional government will pay up to €28 for almond trees that were destroyed to eradicate Xylella Fastidiosa.

The bacterium that ravaged olives in Italy was found in almond trees in Balears last winter and confirmed in Guadalest in June.

Three more cases, also in almond trees, were con-

firmed in the Marina Baja, the Marina Alta and El Comtat and growers saw infected trees as well as all those in a 100 metre radius uprooted and shredded.

The regional government's promised compensation for complying with the European Union's stringent regulations has now been announced and applies only to almond trees.

The Generalitat's maxi-

mum payout of €28 will go to mature, productive trees. Young trees or older trees now in decline will be compensated with €19 and old, non-productive trees with €13.

So far the regional government has set aside an initial budget of €2 million for Xylella Fastidiosa compensation although the final amount will depend on the plague's evolution, sources said.

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Treasuring every moment...



By Karl Smallman

BRAIN CANCER battler Leo the Lion is putting up a brave fight as his fifth birthday is now

just a few weeks away. Over the past two years Leo Bermejo, from Almeria has undergone major brain surgery at Alder Hey Children's Hospital

in the UK and travelled to Oklahoma in the United States for cutting edge proton-beam therapy.

But, despite all this, the 'monster' in his brain continues to grow.

Mum, Karen, has said that if he makes it to December 6 then Leo will have a party - only balloons and a birthday cake so he can blow out the candles.

Leo's Go Fund Me account has been closed and his fighting fund collection tins have now been brought in.

Karen said, "We have been



BRAVE FIGHTER: Leo, right, with sister Sofia.

making him as comfortable as possible."

"There is nothing more we could have done to give Leo a chance and we are at the point where nature has to take its course, even though a tiny part of me is still hoping for a miracle.

"At this stage the most important thing is that Leo does not suffer and he is made as comfortable as possible and we need to treasure every moment, every minute, every second we have with him now.

"Leo's legacy will live on and has changed so many peoples' outlook on life."

Karen went on to say that in the future she plans to do things to make a difference. To help families overcome the obstacles they have had which has made the fight even tougher.

"I do not know how yet or when I will be able to do this, but I will do something in Leo's name."

very fortunate to receive so much overwhelming financial and emotional support during Leo's illness and we thank everyone from the bottom of our hearts.

"We have been able to give Leo the best chance possible to survive and be cured from this evil disease, but unfortunately the odds have been against him since day one when this monster grew in his head.

"Since Leo became terminal

we have been able to take Leo and Sofia to Euro Disney to make lifetime memories for us all to treasure forever.

"We have also been able to give Leo an early Christmas as it looks more and more unlikely that he will survive until then."

She explained how difficult it is watching the lump on the side of Leo's head get bigger.

"It is the hardest thing in the world watching him go downhill. We just need to focus on

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SANTIAGO WAY: A marker on one of the many routes.

Elda's on the Way

ELDA is now signposted on the Santiago Way's South-East route.

This will take pilgrims from Alicante City to the cathedral in Santiago de Compostela where the apostle, St James, is supposedly buried.

There are now plaques with the pilgrims' shell symbol and the traditional yellow arrow in Plaza de la Constitucion, Calle San Agustin and Calle Independencia.

Elda's Tourist Office will

stamp the pilgrims' credentials, demonstrating that they passed through the town when applying for the document certifying that they have completed at least 100 kilometres of the Way. Until now this could be done only at Elda's Santa Ana church.

Federico Ramirez, President of Alicante's Amigos del Camino de Santiago Association explained that this route has become increasingly popular. "Many pilgrims from out-

side Spain choose the South-East Way because it is much less crowded than the French route," he said.

After setting out from Alicante City, pilgrims still have a 1,050 kilometre journey ahead of them on reaching Elda. They must cross through the Meseta Central, passing through Castilla-La Mancha, Madrid and Castilla y Leon as far as Benavente (Leon) where the route joins the Via de la Plata Way.

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Usually it happens with condominiums where several people own homes or business premises, after an inheritance, divorce, separation, and the relationship between them has broken down.

In such a situation it often turns out that one of the owners refuses to allow the rest of the owners to use the property and uses it exclusively for themselves.

We have already seen in previous articles that there is a legal possibility of forcing the sale of a property held in common under Spanish law in a public auction if

the co-owners are unable to enter into a mutually acceptable agreement. In today's article we are going to analyse what an owner can do if they are refused use of the common property or condominium by one or more of the co-owners.

When a person owns with other people a real estate asset, they form a legal community, and according to the Spanish Civil Code (Cc), and more specifically Article 394, each of the owners has the right to use the common property and must allow the rest also to use, according to the right that they have. This article states:

Each co-owner can use the common property, provided that they use it according to their rights and in a way that does not harm the interest of the community, nor impede the rest of the co-owners to use it according to their right.

Therefore, if a property belongs to three owners and each of them owns 33.33 per cent, if one of them takes exclusive control of the property without letting the others use it according to their right and percentage of ownership, the ones excluded could claim the following:

To be allowed to use the property according to their percentage ownership right, usually by means of an agreed shift.

If the co-owner denies them access and use those affected can also claim for economic compensation for the breach of article 394 Cc indicated, since the co-owner is prevented from using the property in accordance with their rights.

It is essential in these cases, that the other party is formally requested to allow access and use of the property by the other owners, so at a later stage they will not be

able to claim that the co-owners had not agreed that the property could be used solely by the occupant. If financial compensation is claimed, it should be established what the market rent should be for that property by obtaining an expert report backed by confirmation of several real estate agents who know the area and the market, with the aim of being able to quantify the value of compensation to be claimed.

Therefore, if you are a co-owner of one or several properties in Spain, with one or more owners, and if you cannot not reach an agreement on the use of the common property (condominium), or they simply do not allow you to use it, you must know that you are legally entitled to claim for the use of the property in proportion to your rights over it and if applicable, request compensation if they do not allow you to use it.

If you or someone you know is in this situation, contact us and we will help you. The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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By Matt Ford

THE disgraced former president of a Costa del Sol animal shelter is set to become the first person ever to be jailed for animal cruelty in Spain.

A Malaga judge has ordered Carmen Marin, who previously ran Torremolinos' municipal cat and dog sanctuary, to enter prison within the next four days.

The landmark decision comes three weeks after the Provincial Court upheld a three years and nine months sentence in the wake of an appeal.

Marin was last year found guilty of slaughtering thousands of animals from 2008-2010, despite preaching a zero sacrifice policy.

In a statement the judge said that Marin injected cats and dogs with euthanasia drugs "without any veterinary control or form of sedation, using inadequate methods and lower doses than recommended, causing prolonged agony."

This proved lucrative since the shelter received cash from the town council each time it took in a new animal.

Although the majority of the sentence is related to forged documents, it is a historic case since one year of the punishment is for animal cruelty,



LAVISH LIFESTYLE: Carmen Marin (inset) used shelter funds.

Landmark decision Ex-shelter boss jailed for animal abuse

the first time that someone has been imprisoned for such an offence in Spain.

If Marin fails to present herself to police by Wednesday, a search and capture warrant will be issued in her name.

Her sentence could yet be extended as she and her two daughters remain

under investigation by a Torremolinos court for suspected fraud, misappropriation and money laundering.

It is alleged that the trio used money from the shelter to fund a lavish lifestyle, including a €104,000 shopping trip, plastic surgery, luxury holidays to several countries, high-end cars and expensive meals.

Worker crushed to death

POLICE are investigating a work related accident after a man was crushed to death by a lift in Valencia.

Emergency services were called to release the body of the victim from the lift shaft in Calle Navarra, Castellon.

Sources indicate the man was working on reforms at the building.

National Police officers have opened an investigation into the accident.

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King of the swingers! Dad deserts son to visit sex club

A HORNY father has been held after leaving his four-year-old son in the car so he could visit a wife-swapping club.

The 40-year-old, who had allegedly been drinking, was so desperate in his search for a romp that he locked the child inside the vehicle before partying at the erotic nightspot in Dos Hermanas, Sevilla.

But the alarm was raised after Local Police received a call from an irate motorist whose parked car had been blocked in.

And when they arrived at the scene officers found the youngster "crying and screaming because he was cold," a police official said.

A National Police unit brought warm clothes and a search for the missing dad was launched after his identity was confirmed in a call to



Photo by Google Maps

SHAMELESS: The car park where the randy dad left his child.

traffic police.

Having failed to find him in nearby bars and restaurants, he was eventually tracked down at the sex club,

where he had made a payment with his credit card.

He was drunk and spent the night behind bars before being handed a six-month suspended sentence for abandoning a child, while the young boy was returned to his mother.

2,388 Companies have moved their headquarters from Cataluña since the independence referendum on October 1 this year.

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Inquest says blood clot killed British father

AN inquest has revealed that a British father of two who died minutes after stepping off a flight to Ibiza was killed by a blood clot.

Holidaymaker Paul Birchall, 51, had travelled to the island for a stag party and collapsed at San Jose Airport after texting partner Andrea Houseman, 47, to say that he had arrived safely.

Friends and a doctor aboard the Jet2 flight from Manchester tried unsuccessfully to resuscitate him.

And it has now emerged that the builder from Bolton, England died from a blockage in the lungs following an investigation in his home town.

It comes after Spanish medics said that Mr Birchall may have suffered from Economy Class Syndrome, in which a blood clot can form in a flyer's leg after spending more than six hours in a seated position.

This was ruled out by

Home Office Pathologist Dr Patrick Waugh, who concluded that the deceased suffered from heart disease and was killed by a pulmonary embolism.

Speaking at the hearing in Bolton he said: "This is a common condition where

you develop a blood clot in your leg and that clot travels all the way up to your heart and gets stuck in your lungs which obstructs blood getting to your lungs and causes you to collapse.

"In cases where clots are affected by flying, it tends

to happen in long haul flights of around nine to 12 hours, this flight was no longer than three hours. He was already feeling unwell on the flight meaning that the clot had already formed."

After the hearing Mr Bir-

chall's family said in a statement: "We miss Paul and just wish that he could come back, we will never get over it.

"At 6.15pm when he landed in Ibiza, he texted

Andrea to tell her that he loved her. He was so excited about the trip, he loved a party. If we knew he was ill we would never have let him go on that stag party. It is just such a sad story."



TRAGIC: Paul Birchall (inset) died at Ibiza Airport.

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Local Grand Prix

THE long-awaited Crazy Cars competition held late at night on Calle de la Ferreria was won by the Tramen Algo fiestas association, who took the €100 first prize with their home-made cart. La Tentacio and Sotrak were placed second and third with place with respective €75 and €50 prizes.

Zebras present

ILLUMINATED traffic signs have been installed at three points in Alfaz and Albir, the town hall's Public Safety department announced. They will give day and night warning of zebra crossings in Avenida de l'Albir, Calle Ferrerías and near the Santísimo Cristo del Buen Acierto primary school, said councillor Genoveva Tent.

ALFAZ DEL PI / ALBIR NEWS



Photo by Alfaz town hall

INTERNATIONAL DAY: The 53 associations that made it possible.

Vital contribution from local associations

ALFAZ'S mayor thanked the 53 associations that collaborated on the town's International Day with Other Residents councillor Martine Mertens.

Their contribution was fundamental to the success of the event that featured the traditions and customs of the associations' countries of origin and was attended by 2,000

people, Arques said.

The mayor explained that 10 years ago, the town hall decided to organise a specific event focusing on Alfaz residents who were born outside Spain.

This was a natural way of assisting integration, an interchange of art, gastronomy and music that was also entertaining. Like all meetings it also

shortened distances so that neighbours could get to know each other better, he said.

The event is now consolidated in the town hall's programme of annual activities and reflects the town's cosmopolitan character, the mayor added as he presented the

associations' members with commemorative certificates.

As well as Martine Mertens, Arques was accompanied by councillors Marisa Cortes, responsible for Relations with Local Groups and Equality councillor Genoveva Tent.

38,610 properties were sold last month in the whole of Spain, an 11% increase from the same month last year according to official figures.

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Keeping up with tradition



Photo by Alfaz town hall

AGREEMENT: Manuel Perez Pizarro and Vicente Arques with Culture and Fiestas councillors.

ALFAZ'S mayor Vicente Arques and the Asocio Tradicions de la Marina renewed their long-standing collaboration agreement.

The Marina Traditions Association, presided over by Manuel Perez Pizarro, will receive a €10,000 subsidy and in return the group will ensure that Marina Baja xirimiters (pipers) will provide traditional music during Alfaz's principal fiestas.

The association will also pass on their musical skills to Alfaz's young through the Escola de Musica Tradicional headed by Paco 'El Besso.'

This promotes the local musical culture that has been handed down from generation to generation, preserving dances and melodies that would otherwise be lost.

It is thanks to the members of the Escola de Musica Tradicional that the Albaes and couplets are performed once more during Alfaz fiestas.



Photo by Alfaz town hall

TRADITION: Tribute to Alfaz's patron.

Until next year

ALFAZ'S main fiestas finished with the traditional night-time procession in honour of Cristo del Buen Acierto.

Despite the crowds lining the streets the procession took place in silence that was broken only by the customary tribute to Alfaz's patron, recited this year by Maria Uriel Saval.

Devotion for Cristo del Buen Acierto drew most of Alfaz's residents as well as

visitors from neighbouring towns for the last day of the fiestas which began with morning Mass and finished with the procession. This was led by Alfaz's parish priest Miguel Angel Schiller who was joined by a party of priests from the Caravaca de La Cruz (Caravaca). The day ended with a fireworks display and dancing to the Poptelera 80's and 90's tribute band.



Students take to the Senillar

FORTY students from Teulada - the fourth graders from ESO and the first graders from IES - took a trip to the Senillar wetland recently, meeting with one of the research teams from the University of Valencia, headed up by biology professor and doctor, Antonio Camacho Gonzalez.



Teulada-Moraira Ayuntamiento

GATHER ROUND: Professor Camacho explained the ecological functioning of the wetland.

Professor Camacho has been commissioned by Teulada-Moraira Council to analyse the main ecological characteristics of the Senillar.

The students assisted researchers taking samples and the professor explained the ecological functioning of the wetland, interaction between mi-

croorganisms in the water and its role in the carbon cycle as well as the relation of those processes to climate change.

Professor Camacho also talked about the methodology used in the Senillar to measure greenhouse gas and how researchers ascertain the wet-

land's carbon output.

The Senillar wetland is regarded as one of the most precious ecosystems on the Marina Alta coast and has been under protection since 2014 when it was declared as a wildlife reserve by the environmental protection office.

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<p style="text-align: center; background-color: #f00; color: #fff; font-size: 0.7em; margin-bottom: 5px;">Exclusive</p> <p style="font-weight: bold; margin-top: 5px;">REF 00697 - Benitachell</p> <p style="font-size: 0.8em;">Plot with panoramic views to the sea and the valley, located in the Cumbre del Sol residential development.</p> <p style="font-weight: bold; margin-top: 5px;">225,000€</p>	<p style="font-weight: bold; margin-top: 5px;">REF 00857 - Teulada</p> <p style="font-size: 0.8em;">Country house for sale, close to services. The house has two floors.</p> <p style="font-weight: bold; margin-top: 5px;">395,000€</p>	<p style="text-align: center; background-color: #008000; color: #fff; font-size: 0.7em; margin-bottom: 5px;">Under construction</p> <p style="font-weight: bold; margin-top: 5px;">REF 00733 - Moraira</p> <p style="font-size: 0.8em;">Villa overlooking the sea in Moraira facing South / East.</p> <p style="font-weight: bold; margin-top: 5px;">945,000€</p>

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JAVEA - XABIA NEWS

Long way down

A 36-YEAR-OLD man is reported to have suffered brain damage, bruising and several fractures after he fell from a roof he was repairing at a restaurant on the Les Planes road linking Denia and Javea.

He was taken by ambulance to Hospital Marina Salud de Denia.

A dream becomes reality

MAYOR JOSE CHULVI took to social media to announce that the construction of the long-awaited auditorium/theatre will begin this month.

Mayor Chulvi posted on Facebook last Saturday, advising followers that he had signed the contract with the head of the construction company the day before, calling the project "one of the most emblematic infrastructure projects of recent years."

He added: "At the signing was councillor of Culture - Quico Moragues and the person in charge of contracting - Marta Banuls, both of whom



Photo by Facebook

SIGNING ON THE DOTTED LINE: Mayor Jose Chulvi (right).

I wish to thank and recognise for their work together with councillor of Works Paco Torres."

The auditorium/theatre - expected to be ready in spring

2019 - will have capacity for 524 people with a stage stretching 17 metres by 11 metres, able to host a variety of concerts, shows and large-scale theatre performances.

Mayor Chulvi said: "Many have promised this in the past, but we will do it and this historic request by the people of Javea will soon become a reality. We keep on working!"

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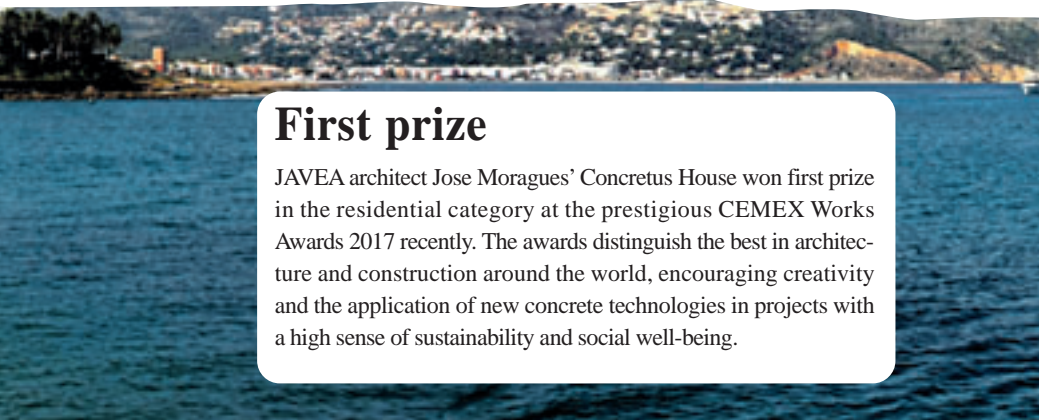
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First prize

JAVEA architect Jose Moragues' Concretus House won first prize in the residential category at the prestigious CEMEX Works Awards 2017 recently. The awards distinguish the best in architecture and construction around the world, encouraging creativity and the application of new concrete technologies in projects with a high sense of sustainability and social well-being.

Equality is everything

THE CHILDREN AND ADOLESCENT COUNCIL of Javea - founded by the Department of Citizen Participation to ensure the opinion of young people is heard - held its second session last week.

The Department, headed up by Montse Villaverde, introduced two of the young councillors to students at the Raquel Paya School for children with special needs to highlight the importance of making inclusive decisions so that everyone has the opportunity to lead a full life.



Photo by Javea Ayuntamiento

ALTOGETHER NOW: The young councillors with students at the Raquel Paya School.

The children carried out activities together and the young councillors promised to consider those with special needs when preparing the proposals and requests of the children and adolescent council for the City Council.

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MERRY MEN: The Medieval Fayre offered revellers the chance to experience the good old days first hand.

Trip back in time

U3A Vall del Pop took a trip to Cocentaina for the annual the Medieval Fayre.

The attractions and hundreds of stalls were all very interesting, with a very wide range of delicacies and souvenirs on display. The different quarters offered various eating experiences as well as costumes and shopping opportunities.

The U3A members were treated to acrobats and medieval music as they slowly made their way around. Some visited the church in the town square while others went to the Arab Quarter with its stalls and colourful costumes.

The children's play and entertainment area attracted many people with shows going on throughout the day. Some of the party ventured into the animal section, to be

greeted with a couple of small ponies and donkeys.

The day was rounded off with a raffle on the coach home.

Upcoming events

December 1: Christmas shopping trip to Valencia, IKEA and Bonaire Shopping Centre. (Cost €9)

December 2: Christmas Dinner Dance at Salon Canor, Tuelada. Being held with Calpe U3A. Entertainment by Sharni. (Cost €33)

December 9: General meeting, with Christmas festivities.

December 15: Bring & Share Christmas party at Jalon Penisionista. Music from Mike. (Cost €6)

For further information on U3A Vall del Pop check their website:
www.u3avalldelpop.com



IN ATTENDANCE: Simon Manley (centre) in Madrid.

British Ambassador Simon Manley attends Madrid Remembrance Service

THE British Ambassador in Spain, Simon Manley, attended and read a lesson at the Service of Remembrance at St George's Anglican Church in Madrid. The Ambassador, who attends this service every year, was joined by diplomatic colleagues from across the Commonwealth, EU and other countries, as well as serving members of UK armed forces based in Spain, as part of NATO operations or bilaterally. In addition, a number of British consular teams also attended Remembrance Day events across Spain.

Simon Manley said: "Remembrance Day is a special moment for us all to remember those who serve, and have served, to keep us safe and free. I will remember the members of my own family who served: my father in the Eighth Army in North Africa and Italy, my maternal grandfather with the RAF in Sri Lanka, and my paternal grandfather with the RFC in France. It's absolutely right, in these turbulent times, to underline that the United Kingdom's commitment to Europe's security remains absolute."

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Christmas appeal

MAKE A SMILE in Calpe have announced the launch of their annual Christmas Bag Appeal.

This year's appeal is as necessary as ever to give the children a gift, new PJs, personal hygiene products, school supplies and, of course, some treats. So once again they ask you to fill a bag with some goodies and drop it off at one of the following drop off points:

Calpe: The Bed Centre, Linda Townsend, The Stu-

dio Salon, Dia Y Nit and Saffys.

Moraira: Justin's Hair, Druid's Cave and David's Fish & Chips.

Benidorm: Mariano Martin Fotografia.

Javea: Temptations, Villa Mia, XIC Primary School, High Street Heaven, Casitas Iberica, Autos Javea, Currencies Direct and Lancashire Bruja.

Jalon Valley: Corner Shop Obra

Benissa: Church Kitchens

Altea and Albir: Giving4giving, Angel 25 Tours, Villas Albir and Patchwork Studio.

Other: EDI Rent-a-Car Campello, Suzy's Pedreguer, SR Print Ondara, Harris Furnishings Gata and Mary Black Bull Bar Castalla.

The appeal will run until January 5 for the Spanish celebration of Los Reyes and anything left over will be used for birthday presents during the coming year.

Denia Rock concert for charity

DENIA ROCK CHOIR will be getting into the festive spirit in their Christmas concert in Hostal Loreto's Social Salon in Denia. There will be two performances on Saturday December 2, one at 5pm and one at 7.30pm.

Admission is free but entry is by ticket only as space is limited. Please contact Jan Dewland at dewlandjan@hotmail.com or

by telephone on 965 770 973 to reserve yours.

Any donations will be welcome, to support the chosen charities: Help of Denia and Guardian Angels. These two Christmas concerts will be the last of several performances this year, not including the concerts for the Parkinson's Association and the U3A of Denia later this month.

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Mountain high

THE Rambling Walkers Marina Alta drove up the side of Mount Aitana from Benifato to the Font del Partagas, arriving at the Font camp site.

Two of their Swedish members, Lars and Sune, led the main group of 26 members and guests on a delightful, almost circular, walk of a little over eight kilometres, passing the Font de Moli near Benimantell.

They always try to offer an alternative walk for those a little less able and John and Helena took their group of 25 on a gentler 5km trek, along good tracks and through almond terraces.

After returning to their



GLORIOUS: A group of happy ramblers enjoy the sunshine.

cars, the group met at Restaurant Xorta in Guadalest for lunch.

This friendly international group meet on al-

ternate Thursdays from September to May. The next walks are on November 19 at Parcent.

For more information please contact the secretary at:

secretary.ramblingwalkers@gmail.com

2,018

The number of organ donors last year, making Spain the world leader in organ donations, and led to 4,818 organ transplants.



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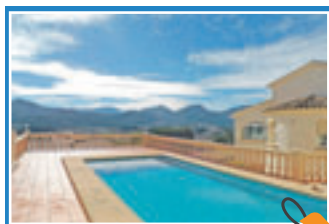
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TOP NIGHT: Guests at the top table at the Gala Dinner and Ball.

Night with the Round Tablers

OVER 100 ex-Round Table members, along with their wives and partners, came together to attend the Silver Jubilee Iberian Cluster at the Parador Hotel in Javea.

Guests flocked from the Algarve, Calpe, Costa del Sol, Mallorca, Nerja and even the UK to join their friends from the Costa Blanca 41 Club for this annual event. The guests of honour were David Campbell, National President of The Association of Ex-Round Tablers' Clubs, and his wife Pauline along with Melodie Brookes, the National President of The National Association of Tangent Clubs, and her husband Nigel who all flew over from the UK.

The festivities got underway last Thursday evening when the delegates were split into three smaller groups to dine at separate restaurants. Friday morning saw a fully booked tour to the Enrique Mendoza Winery where all enjoyed sampling the fine wines accompanied by some excellent tapas. Back at the Parador Hotel in Javea,

the evening took the form of a Spanish affair when, after dinner, Jose Manuel and his Flamenco Dancers provided some excellent entertainment.

The Annual General Meeting of the Iberian Cluster of 41 Clubs was held on Saturday morning and in the evening a most enjoyable gathering was brought to a conclusion at the Gala Dinner and Ball with dancing to local party band 'Gatecrash.' The Costa Blanca 41 Club was very much involved in organising this annual event, along with the Mallorca 41 Club, and this marks the sixth time the reunion has been held in Javea since the first get-together in 1993.

The membership of Costa Blanca 41 Club consists of past Round Table members from various European countries. All former Round Table members are welcome to attend regular club meetings and further information can be found at: www.costablanca41club.org or by emailing: mail@costablanca41club.org.

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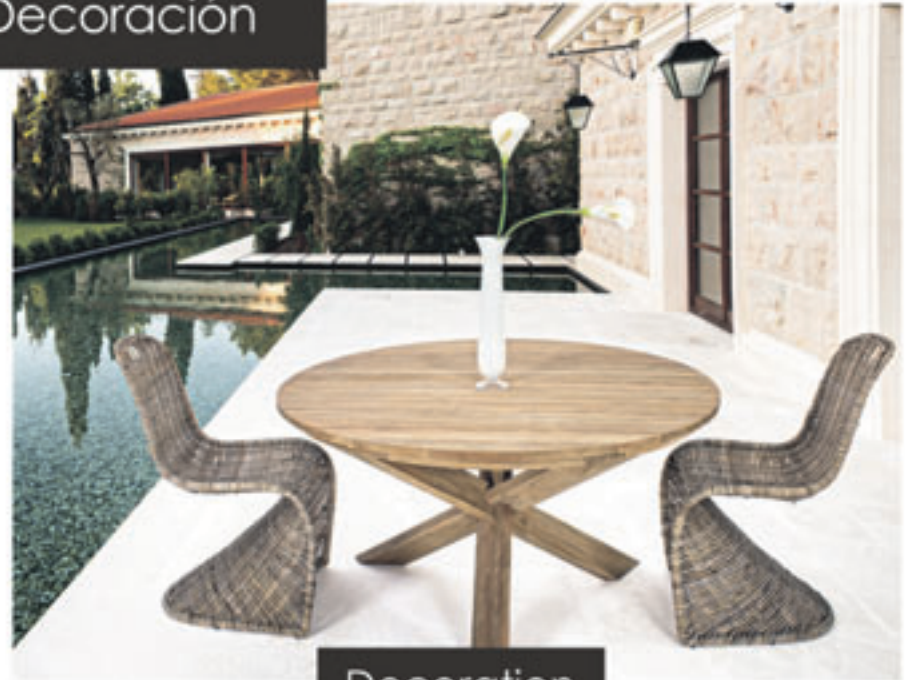
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DENMARK**Shoot scare**

THREE people have been arrested in Copenhagen after a 22-year-old was killed, and another person was injured, during a shooting on Thursday, with one of those held allegedly connected to an organised crime network.

Moving forward

THE Danish Transport Authority has approved a trial run of the first driverless bus service to be operated in the country, which, if successful, could give the futuristic project the green light for the future.

Singles' sale

THE Danish electronics retailer 'Elgiganten' has paved the way for China's celebrated holiday 'Singles' Day' to become



FURRY FRIENDS: A Danish study found that cats could help prevent children from developing asthma.

equally as popular in Denmark by offering discounts to mark the occasion on Friday.

Furry friends

SCIENTISTS from the Copen-

hagen Studies on Asthma in Childhood Research Centre (COPSAC) have concluded that having a cat in the home could help to prevent newborn babies from developing asthma later in life.

GERMANY**Third gender**

GERMANY must create a third gender category for birth certificates after a court ruling found that forcing those born with characteristics of both genders to choose between registering as either male or female violated anti-discrimination laws.

Doomsday plan

A LEAKED German military docu-

ment has revealed the country's concerns about the stability of the EU and has laid out plans in the case of an increase in extremist and terrorist activity.

Killer nurse

A GERMAN nurse currently serving time in prison for taking the lives of two people is suspected of

killing over 100 in total, which would make him Germany's deadliest serial killer.

Lucky escape

EMERGENCY services were able to rescue a 45-year-old German mountain climber who was trapped for five days after falling into a deep crevice in the Austrian mountains.

FRANCE**Free ride**

TOWNS in France are choosing to scrap fees on public transport, with 15 towns to date making the move to encourage people to use public transport services instead of cars.

Airport shocker

PARIS' Beauvais airport has been named the ninth worst airport in the world by travel site 'Sleeping at Airports,' following the likes of Juba International airport in war-torn Sudan and Port Harcourt International Airport in Nigeria.

Poor parking

A LORRY driver in France accidentally parked his vehicle in the entrance to the metro, after allegedly forgetting to put the hand brake on which caused it to roll down the metro steps.

Meat scrapped

FRENCH people have been urged by a health watchdog to cut down on the amount of meat and fish they eat in order to improve their health and save money.

BELGIUM**Smog salute**

KING PHILIPPE and Queen Mathilde of Belgium were greeted on their trip to India by a thick layer of smog as they met with President Ram Nath Kovind and Prime Minister Narendra Modi in Delhi.

A sour turn

CARS were burnt and more than 20 police officers were injured when celebrations over Morocco's 2018 World Cup qualification turned violent in Brussels, as many Belgium-based Moroccans hit the streets to celebrate their home team's victory.

On the loose

THERE are more than 250 ongoing cases of organised crime in Belgium, according to Home Affairs Minister Jan Jambon, with the number of cannabis-related incidents also on the rise.

Lagging behind

BELGIUM is in danger of missing the European Union's target to reduce greenhouse gases by 20 per cent, despite the fact the block as a whole looks set to meet this goal by 2020.

NETHERLANDS**Paradise lost**

THE Dutch government has agreed to review 4,000 tax deals offered to overseas companies between 2012 and 2016 after the 'Paradise Papers' revealed they gave one company an estimated tax break of almost €145 million.

Striding ahead

A NEW study has revealed that Dutch women are more likely to have a university degree than men, as 45 per cent of those aged between 25 and 45, are graduates compared to just 39 per cent of men.

In cold blood

AN Iranian political activist, who founded a nationalist pro-independence group for the Khuzestan Province, was shot dead in The Hague and police have detained a suspect who tried to flee the scene.

Beer-bike ban

AMSTERDAM has banned 'bierfiet' beer bikes - a bar on wheels popular with stag parties - from streets in the city centre after a petition in 2016 gathered thousands of signatures to get rid of the 'nuisance.'

NORWAY**Armed forces**

NORWAY's government looks set to bring in armed police at Oslo's Gardemoen Airport for a temporary three-month period as a result of increased global threats to security.

Firearm fright

A 'CONFUSED' man in his 20s who allegedly fired a number of shots in the centre of Oslo has been held by police, but no one was injured during the incident and it has not been treated as a terror attack.

Viking thieves

TWO people have been arrested on suspicion of stealing up to 400 Viking artefacts from the University Museum of Bergen, and police have already managed to retrieve a number of the stolen objects.

Tremor terror

AN earthquake registering 3.8 on the Richter scale was felt in Norway's Bergen region and was the first time an earthquake of this strength had been felt in the region for 10 years.

SWEDEN**Parent time**

A SURVEY by the Swedish Social Insurance Agency revealed that fathers now receive almost 30 per cent of the childcare benefits allocated to each set of parents, making it one of the world's most generous schemes.

Topping charts

SWEDEN has topped the list of the 'Good Country Index' report after coming first in the 'prosperity and equality' and 'health and well-being' categories.

Theatre drama

THE Swedish culture minister, Alice Bah Kuhnke, called a meeting of the country's top theatre bosses after 456 stars signed a letter describing experiences of sexual abuse in the industry.

Lager lovers

A COUPLE have been forbidden to name their baby boy Pilsner, after the beer, as Sweden's tax agency thought it was 'unsuitable' for a child.

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Photo by Twitter

STILL HERE: Tis but a scratch said rapper poet Gnoyny.

Rappers war

FAMOUS rapper Vyacheslav Mashnov was attacked by seven people in St Petersburg. They demanded he apologise for his lyrics. Also known as Gnoyny, the rapper has gained fame from his 'battles' with rivals. One battle against a rival called Oxymirrin gained more than 26 million views on YouTube.

Space travel

FIVE Russians and one German were locked in an artificial spacecraft for 17 days in Moscow. The experiment simulated the time it would take to reach the moon. Scientists will gradually expand the trial period to lengths of up to one year in anticipation of deep space missions.

Red flag

COMMUNIST leader Gennady Zyuganov will run for president for a fifth time in next year's election. The veteran politician won 17.2 per cent of the vote in 2012. His party has strong support among voters aged under 35. President Putin is expected to win but hasn't officially announced his candidacy.

Cat rescue

WHEN a cat got stuck up a tree, residents of the Siberian city of Omsk managed to raise enough money online to hire a lorry with a hydraulic arm to rescue the pet. Local firefighters had said it wasn't their problem so locals appealed to the internet for help.

Retro strip

A RED shirt with white stripes has been criticised for resembling the old Soviet football strip. Russia's national team revealed their new Adidas-designed top as they prepare for the 2018 World Cup on home turf. Stadiums are facing a race against time to be ready for June.

Star gazers

THE world's biggest planetarium has opened in St Petersburg. There is a museum of space exhibits, a virtual reality room and a dome measuring 37 metres in diameter. It was built on an old gas plant and will hold space-themed workshops and offer guided tours to school groups.

Holy bikers

FLANKED by Patriarch Kirill, leader of the Russian Orthodox Church, President Putin took stock of a new motorcycle. The IZ motorbike was built by arms company Kalashnikov Concern and has a top speed of 250kph. The company are also producing a limo and sedan for Putin.



Photo by Twitter

ANGELS: President and Patriarch eye new wheels.

Catalan fear stalls €350m China deal

THE owner of a Chinese business consultancy has put the brakes on a €350 million investment in Spain due to fears over the Catalan political crisis. Veline Ong, owner of the Alicante-based Veline Group, has previously facilitated business deals worth €150 million between Chinese and Spanish firms. But the 37-year-old, speaking in the wake of a trip to Shanghai, said that in China "they are afraid of investing in Spain due to political instability."

Monarch woe goes on

COLLAPSED British airline Monarch will not be able to sell its take-off and landing spots to other carriers.

The blow comes after the former carrier's administrator lost a legal battle leaving it unable to cash in on assets worth an estimated €67.6 million.

Jet2, Norwegian Air Shuttle, IAG, Wizz Air and easyJet are all rumoured to be competing for the slots at Manchester, Leeds Bradford, Birmingham, Luton and Gatwick airports.

But two judges in London's High Court have ruled that KPMG, Monarch's administrators, do not have

By Matt Ford

rights to the slots. The decision follows an application for a judicial review submitted by KPMG after independent scheduling company Airport Coordination Limited, which manages flight schedules at 39 UK airports, opted not to allocate slots to Monarch for the summer 2018 season.

It represents a major upset for the ill-fated airline's owner, the private equity firm Greybull Capital, which intended to pocket millions by selling the slots, and an appeal is now expected.

KPMG's legal representative, Bankim Thanki QC, said: "Monarch Airline Limited's (MAL) portfolio of slots would represent MAL's most valuable asset.

"MAL would therefore seek to exchange those slots with other air carriers in order to realise value for its creditors." The winding down of UK's fifth-biggest airline in October saw 1,858 people made redundant and the flights of about 860,000 people cancelled, and sparked the country's biggest peacetime repatriation to fly home 110,000 stranded holidaymakers.

Economy on the upswing

SPAIN is set to meet its latest European Union budget deficit deadline.

The European Commission forecast comes as the country's spending gap - which must fall below 3 per cent of gross domestic product by the end of 2018 - is expected to plummet to 3.1 per cent this year, down from a high of 4.5 per cent in 2016.

Quote of the Week

No, no, the forecast is for growth of 2.3 per cent for 2018, and this already includes the impact from the Catalan situation." Spain's economy minister Luis de Guindos on the country's economic growth forecast.



Photo by Xiaomi/Twitter

NEW CHAPTER: Wang Xiang in Madrid.

Xiaomi targets Spanish market

CHINESE smartphone brand Xiaomi has picked Spain as its first market in Europe.

A selection of the firm's flagship products, including the €229 Mi A1 smartphone, are now available alongside scooters, fitness trackers and coffee makers.

The tech giant's senior vice-president Wang Xiang said that the company has embarked on "a new chapter" in its global expansion as he spoke at a launch event in Madrid.

He added: "It's proof we are

very, very serious to be a global company, not only a Chinese company and not only working in developing countries."

Two authorised Xiaomi shops opened in the Spanish capital on Saturday, and sales partners including Carrefour and Media Markt will carry the brand from next Wednesday.

The push into Spain comes after the company pulled out of several overseas markets including Brazil and Indonesia due to regulatory issues and local competition.

» BUSINESS EXTRA

All aboard

CIVIL ENGINEERING firm Grupo ACS - chaired by Real Madrid president Florentino Perez - is one of seven companies sharing a new €322 million, two-year maintenance contract for Spain's conventional rail network, according to state-owned railway manager ADIF.

And sold!

MELIA INTERNATIONAL is to add more than 30 new hotels to its 350-strong global portfolio before the end of 2017. It comes after the Mallorca-based chain generated revenue of €1.5 billion up to September, 5 per cent more than in the same period in 2016.

Sole traders

FRENCH and Norwegian investors are reportedly mulling over an €18-25 million investment to convert the disused Lemoiz nuclear power plant in the Basque Country into a giant fish farm for the production of sole, salmon, trout and prawns.



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Rotten eggs whip up stink

THE price of eggs is soaring in Spain. A dozen extra-large eggs from caged hens currently costs 20-50 cents more than in 2016.

It comes in the wake of the contamination scandal that hit 24 European nations this summer, leading Spain, which was not affected, to

become one of the main suppliers to other EU countries.

The scare broke out after eggs were found to contain high levels of a toxic insecticide, leading to millions being pulled from supermarket shelves across the continent.

LONDON - FTSE 100

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,491.00	6.00	0.40	20,858.44
Associated British Foods	3,076.00	10.00	0.33	24,272.73
Admiral Group	1,843.00	-14.00	-0.75	5,333.57
Ashtead Group	1,910.00	2.00	0.10	9,525.23
Antofagasta	974.25	6.75	0.70	9,538.16
Aviva	493.25	-2.45	-0.49	19,883.55
AstraZeneca	5,002.50	132.50	2.72	61,651.71
BAE Systems	539.75	-16.25	-2.92	17,712.15
Babcock International Gr	781.25	-31.25	-3.85	4,107.97
Barclays	177.65	-1.50	-0.84	30,535.13
British American Tobacco	4,943.25	33.25	0.68	112,616.22
Barratt Developments	619.00	-1.00	-0.16	6,276.69
Berkeley Group Holdings	3,598.00	-15.00	-0.42	4,892.56
British Land Co	590.75	-2.25	-0.38	5,984.44
BHP Billiton	1,437.50	13.50	0.95	30,075.90
Bunzl	2,138.50	-18.50	-0.86	7,245.64
BP	510.55	3.65	0.72	100,431.76
Burberry Group	1,737.00	-9.00	-0.52	7,456.74
BT Group	245.95	-1.80	-0.73	24,571.29
Coca-Cola HBC	2,470.00	-115.00	-4.45	9,448.96
Carnival	4,912.00	48.00	0.99	10,299.89
Centrica	166.45	-0.75	-0.45	9,355.98
Compass Group	1,645.50	10.50	0.64	25,858.08
Croda International	4,197.50	15.50	0.37	5,494.85
CRH	2,703.00	2.00	0.07	22,652.41
ConvaTec Group	190.90	0.50	0.26	3,716.32
DCC	7,317.50	12.50	0.17	6,515.85
Diageo	2,576.25	16.75	0.65	63,998.61
Direct Line Insurance Gr	354.55	-1.15	-0.32	4,890.88
Experian	1,635.50	1.50	0.09	15,132.62
easyJet	1,266.50	-8.50	-0.67	5,064.40
Ferguson	5,315.00	20.00	0.38	13,293.52
Fresnillo	1,316.50	18.50	1.43	9,564.88
G4S	257.20	-1.40	-0.54	4,012.42
GKN	318.75	-1.25	-0.39	5,495.93
Glencore	363.83	1.23	0.34	52,195.33
GlaxoSmithKline	1,327.75	9.75	0.74	64,828.23
Hargreaves Lansdown	1,572.50	-10.50	-0.66	7,508.46
Hammerson	523.75	-0.25	-0.05	4,156.50
HSBC Holdings	735.90	-5.40	-0.73	148,188.50
International Consolidated Airlines	584.75	-12.25	-2.05	12,278.74
InterContinental Hotels Gr	4,288.50	8.50	0.20	8,131.58
3i Group	938.00	-7.50	-0.79	9,198.44
Imperial Brands	3,180.75	-0.75	-0.02	30,384.94
Informa	730.75	-0.25	-0.03	6,023.48
Intertek Group	5,367.50	2.50	0.05	8,658.60
ITV	157.15	0.35	0.22	6,311.84
Johnson Matthey	3,372.00	7.00	0.21	6,512.40
Kingfisher	304.70	-5.10	-1.65	6,719.08
Land Securities Group	938.25	0.75	0.08	6,950.98

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Legal & General Group	264.40	-0.70	-0.26	15,795.16
Lloyds Banking Group ORD	66.06	-0.42	-0.63	47,840.16
London Stock Exchange Gr	3,705.00	-15.00	-0.40	12,898.05
Micro Focus International	2,629.00	10.00	0.38	11,398.86
Mediclinic International	600.50	-3.00	-0.50	4,449.27
Merlin Entertainments	384.15	1.15	0.30	3,890.55
Marks & Spencer Group	316.10	-3.10	-0.97	5,186.17
Mondi	1,800.50	-6.50	-0.36	8,773.96
Morrison Supermarkets	215.55	-0.55	-0.25	5,089.60
National Grid	900.30	5.50	0.61	30,360.64
NMC Health	2,823.50	-94.50	-3.24	5,961.06
Next	4,367.00	-12.00	-0.27	6,406.08
Old Mutual Group	190.40	0.10	0.05	9,386.57
Paddy Power Betfair	8,620.00	60.00	0.70	7,225.50
Prudential	1,856.25	10.75	0.58	47,722.67
Persimmon	2,670.50	-2.50	-0.09	8,249.66
Pearson	697.50	4.50	0.65	5,641.47
Reckitt Benckiser Gr	6,557.00	13.00	0.20	46,042.04
Royal Bank of Scotland Gr	273.70	-1.60	-0.58	32,932.05
Royal Dutch Shell	2,452.25	34.25	1.42	109,883.95
Royal Dutch Shell	2,489.50	32.00	1.30	92,045.34
RELX	1,737.50	17.50	1.02	18,308.93
Rio Tinto	3,723.50	28.50	0.77	50,250.20
Rolls-Royce Group	909.75	-18.25	-1.97	17,080.68
Randgold Resources	6,952.50	47.50	0.69	6,495.76
RSA Insurance Group	608.75	-1.25	-0.20	6,238.73
Rentokil Initial	321.90	1.30	0.41	5,890.49
Sainsbury (J)	230.20	-2.00	-0.86	5,085.54
Schroders	3,433.50	-18.50	-0.54	7,802.29
Sage Group (The)	752.25	3.25	0.43	8,098.46
Segro	548.25	1.75	0.32	5,480.99
Shire	3,552.50	18.00	0.51	32,115.85
Smurfit Kappa Group	2,269.50	4.50	0.20	5,364.56
Sky	917.25	-0.75	-0.08	15,780.58
Standard Life Aberdeen	413.90	-1.70	-0.41	12,373.98
Smiths Group	1,517.50	-0.50	-0.03	6,006.62
Scottish Mortgage Inv Trust	454.70	2.50	0.55	6,307.37
Smith & Nephew	1,349.50	10.50	0.78	11,710.97
SSE	1,352.00	-8.00	-0.59	13,894.25
Standard Chartered	730.90	-3.10	-0.42	24,192.90
St James's Place	1,139.50	-6.50	-0.57	6,063.09
Severn Trent	2,174.50	5.50	0.25	5,124.56
Tesco	176.00	-0.60	-0.34	14,463.73
TUI AG	1,320.50	2.50	0.19	7,737.16
Taylor Wimpey	192.95	0.05	0.03	6,311.66
Unilever	4,287.50	63.50	1.50	52,367.70
United Utilities Gr	839.00	6.00	0.72	5,680.13
Vodafone Group	218.65	1.00	0.46	58,166.11
Worldpay Group	407.60	3.60	0.89	8,080.00
WPP Group	1,303.50	-0.50	-0.04	16,479.73
Whitbread	3,577.00	7.00	0.20	6,548.32

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DOW JONES

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	227.45	-0.41%	-0.94	135,649.75
AMERICAN EXPRESS	93.52	-0.25%	-0.23	81,235.77
APPLE	174.67	-0.69%	-1.21	898,298.71
BOEING CO	260.85	-0.70%	-1.85	155,237.42
CATERPILLAR	136.48	0.84%	1.14	81,202.54
CHEVRON	117.18	-0.05%	-0.06	222,245.74
CISCO SYSTEMS	33.99	-0.18%	-0.06	169,826.83
COCA-COLA	46.54	0.67%	0.31	198,334.49
DOWDUPONT	69.97	-0.37%	-0.26	163,846.12
EXXON MOBIL	82.94	-1.23%	-1.03	351,357.36
GENERAL ELECTRIC	20.49	2.50%	0.5	178,428.15
GOLDMAN SACHS	240.15	-0.27%	-0.64	90,811.26
HOME DEPOT	164.11	0.51%	0.84	193,597.21
IBM	149.16	-0.76%	-1.14	138,327.12
INTEL CORP	45.58	-1.56%	-0.72	213,828.00
J.P.MORGAN CHASE	97.51	-0.12%	-0.12	339,582.04
JOHNSON & JOHNSON	139.56	-0.56%	-0.79	374,742.68
MC DONALD'S CORP	165.59	-0.84%	-1.41	131,487.79
MERCK AND CO. NEW	55.48	-1.30%	-0.73	151,056.40
MICROSOFT	83.87	-0.26%	-0.22	644,804.91
NIKE	56.09	-0.07%	-0.04	73,011.92
PFIZER	35.18	-0.06%	-0.02	208,305.90
PROCTER AND GAMBLE	88.16	0.43%	0.38	224,046.38
TRAVELERS CIES	135.54	0.75%	1.01	37,036.53
UNITED TECHNOLOGIE	118.11	-0.22%	-0.26	94,390.96
UNITEDHEALTH GROUP	211.07	-0.23%	-0.49	204,715.50
VERIZON COMMS	44.88	-0.42%	-0.19	183,146.50
VISA	111.88	-0.23%	-0.26	203,470.56
WAL-MART STORES	90.92	0.69%	0.62	272,253.56
WALT DISNEY CO	104.78	2.05%	2.1	162,829.52

M - MILLION DOLLARS

NASDAQ

CLOSING PRICES NOVEMBER 13

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
Xunlei Limited	\$ 13.09	3.70 ▲ 39.40%
Omeros Corporation	\$ 18.17	4.08 ▲ 28.96%
Avid Technology, Inc.	\$ 5.10	1.06 ▲ 26.24%
Restoration Robotics, Inc.	\$ 7.19	1.43 ▲ 24.83%
Ovid Therapeutics Inc.	\$ 9.03	1.59 ▲ 21.37%
Teligent, Inc.	\$ 3.74	0.62 ▲ 19.87%
Immunomedics, Inc.	\$ 12.40	1.96 ▲ 18.77%
China TechFaith Wireless Comm. Tec. Ltd.	\$ 2.68	0.41 ▲ 18.06%
Bravo Brio Restaurant Group, Inc.	\$ 2.15	0.30 ▲ 16.22%
Fossil Group, Inc.	\$ 6.60	0.92 ▲ 16.20%
Roku, Inc.	\$ 33.25	4.06 ▲ 13.91%
Most Declined		
Kona Grill, Inc.	\$ 2.05	0.60 ▼ 22.64%
Puma Biotechnology Inc	\$ 103	24.20 ▼ 19.03%
FTD Companies, Inc.	\$ 8.09	1.71 ▼ 17.45%
Frontier Communications Corporation	\$ 6.77	1.19 ▼ 14.95%
The Trade Desk, Inc.	\$ 50.995	8.285 ▼ 13.98%
Infinity Pharmaceuticals, Inc.	\$ 2.41	0.39 ▼ 13.93%
Veritone, Inc.	\$ 22.07	3.53 ▼ 13.79%
Frontier Communications Corporation	\$ 12.50	1.85 ▼ 12.89%
PetIQ, Inc.	\$ 19.70	2.79 ▼ 12.41%
Yintech Investment Holdings Limited	\$ 11.43	1.50 ▼ 11.60%
Clearfield, Inc.	\$ 12.40	1.40 ▼ 10.14%

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Distributing Funds

EUR Fixed Income B
 Sterling Fixed Income B

DEALING PRICE

€0.9419 €0.0012
 €0.9307 €0.0044

Price Movement

Accumulating Funds

GBP Currency B €0.9803.....-€0.0007
 EUR Currency B €0.9540.....-€0.0009
 Multi Asset Conservative B GBP £1.1659.....£0.0071
 Multi Asset Conservative B EUR €1.0856.....€0.0062
 Multi Asset Balanced B GBP £1.3356.....£0.0120
 Multi Asset Balanced B EUR €1.2316.....€0.0105
 Multi Asset Growth B GBP £1.4935.....£0.0158
 Multi Asset Growth B EUR €1.3842.....€0.0140

DEALING PRICE

Price Movement

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*Fees and exchange rate data for banks taken from the International Money Transfer Index™ (IMTI™).

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Paul

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Teens now appy shoppers

MOBILE PAYMENTS FOR U18S ROLLED OUT

SPANISH teens are addicted to mobile phones.

A number of studies have shown that young Spaniards clock up more screen time on their devices than in any other European nation.

And the tech savvy teens now have a new payment method after German electronic payment specialist Wirecard teamed up with mobile network operator Orange.

The partnership sees the range of functionalities available for Orange's mobile wallet app Orange Cash upgraded, tapping into the mobile payment market for 12 to 18-year-olds under their parents' supervision.

After the successful launch of Orange Cash Jeune in France, the app feature has now been launched in Spain.

It comes despite widespread fears and expert claims that excessive mobile phone use can have an adverse effect on childrens' mental health.

But the total transaction volume of mobile payments in Spain is set to triple by 2021, according to online statistics portal Statista.

With Orange Cash Joven, Wirecard and Orange believe they have developed a solution that they claim addresses the needs of the younger generation.

To create an account, parents or legal guardians sign up over the web interface of Orange Cash and install the app on their childrens' smartphones. Via the web interface, adults can control the sums of money, which can be charged on the account and get a real-time overview of the expenses.

All financial administration is managed through the parents' Or-



MONEY TALKS:
Teens are now able to pay using their smart phone.

ange Cash account.

Philippe Laranjeiro, Head of Sales Telecommunication at Wirecard said: "Today, nine out of 10 young people in Spain use a mobile device to connect to the internet on the go.

"No wonder teenagers would rather use their smartphones to shop in stores than use cash.

The future of farming?

SPANISH farmers are selling their expertise to the Middle East.

A group of businesses from the agricultural sector aims to help ensure profitable, year-round production of fruit and vegetables in Qatar.

Dubbed AgroQatar, the alliance was "created especially to facilitate the development of agribusiness in the country," according to Ignacio Escobar, Spanish ambassador to the gulf nation.

"The Spanish solution is the most advanced, efficient and adapted integrated system able to produce throughout the year a variety of crops with the highest quality and in the most sustainable and cost-efficient way in Qatar," he added.

His comments came at a matchmaking event in the Qatari capital Doha, with experts from Almeria, famed for its intensive soil-free farming, flown over to liaise with local investors.

'CORRUPTION IN ITS PUREST FORM'

€120m enquiry returns

THE head of an in-depth probe into Spanish political finances has accused Prime Minister Mariano Rajoy's party of "corruption in its purest form."

Manuel Morocho, chief inspector of Spain's Unit of Economic and Financial Crimes (UDEF), said that the national leader's centre-right Popular Party (PP) behaved as a "criminal organisation" after it accepted slush money from illegal donations.

The investigator also claimed that there exists "circumstantial evidence" linking Rajoy himself to the alleged offences.

His comments follow Rajoy becoming the first serving Prime Minister to testify as a witness in a criminal trial since Spain became a democracy in 1978.

The PP allegedly used a secret accounting system in parallel to its official one to channel bribe money into party coffers through the so-called 'Box B' managed by ex-treasurer Luis Barcenás, who stood down as the scandal erupted in 2009.



PP PROBE: Mariano Rajoy and (inset) UDEF's Manuel Morocho.



Barcenás has since admitted that he used to hand envelopes stuffed with undeclared cash to party members.

Addressing a Spanish Congressional commission, Mr Morocho said: "An organisation that has operated for a long time, which has penetrated to very deep levels in public administrations until it has become

parasitic and absorbed the capacity of a political leader to allocate and manage public funds...

"That is the concept of corruption in its purest form."

He added that circumstantial evidence links Rajoy, who would have benefited "indirectly" and former Spanish ambassador to the UK, Federico Trillo, to the payments.

But the Prime Minister is not considered a suspect in the case despite him being included in Barcenás' notes.

The inquiry into the PP's finances, known as the Gürtel case, has been ongoing since 2007, although it was not until October 2016 that most suspects began to appear on trial.

Mr Morocho also added that the UDEF had been placed under pressure to terminate their investigation, a move which led opposition party Podemos to slam the PP's efforts to 'intimidate' the independent body.

Analysts have suggested that the case resulted in the loss of at least €120,000,000 in public finances.

Green light for €1bn Spanish investment

SPANISH energy company CEPSA is to invest more than €1 billion in 2018.

The announcement from chief executive Pedro Miro comes as the firm looks to create new opportunities for growth in Asia, Latin America and other developing markets.

Miro confirmed the budget was rubber-stamped in Abu Dhabi by sole shareholder Mubadala Development Company, an investment vehicle of the Emirate's government which counts Manchester City FC owner Sheikh Mansour among its directors.

"In Europe, it is difficult to build a new factory because there is no more consumption, but to keep the existing ones, we invest €85 million per year per refinery," the official said.

IBERDROLA COMMITS TO RENEWABLES Gone with the wind!

SPAIN'S electricity, gas and services giant, Iberdrola, is to invest in new wind farms after announcing a €2.41 billion net profit for the third quarter of 2017.

The boost - 18.4 per cent up on the same period last year - comes after poor results in Spain were offset by a positive performance by the firm's international subsidiaries.

A countrywide drought meant the first nine months of the year saw low hydroelectric power production - some 57.2 per cent below 2016 levels.

And Spain's renewables output was also affected by low wind resources, although results improved elsewhere, with the company growing 34.7 per cent in the UK. Europe's second-biggest power company by market value is also the owner of Scottish Power.

But the UK core profit fell 77 per cent to €53 million in the nine months to September, partly due to the depreciation of the pound, lower output following the closure of a coal-fired power



Photo credit Shutterstock/Twitter

CLIMATE CHANGE ACTION: Urged by Iberdrola chairman Ignacio Galan (inset).

station in Scotland, an increase in regulatory costs, weaker gas sales and narrowing profit margins.

In the first three quarters of 2017, Iberdrola carried out investments worth €3.99 billion, up by 31.5 per cent from the same period last year.

A total of 91 per cent of investments were allocated to networks, renewable energy and long-term contracted energy generation.

The group has 7,400 megawatts (MW) of new infrastructure under construction, of which 2,700 MW are ex-

pected to be operational by the end of 2018.

Since announcing the results, Iberdrola's Chairman Ignacio Galan has called on governments and corporations from all sectors of the economy and other actors across the world to take firm action on combating climate change.

Speaking at the COP23 summit in Bonn he said: "Time for talking has passed, it's time for action now!"

Citing Iberdrola's decision to close their remaining coal power plants in Spain he added: "Iberdrola has set very strong targets to reduce carbon emissions, meaning we will reduce our carbon intensity by 50 per cent in 2030.

"In this sense, we have made the tough decision to close all of our fuel oil and coal-fired power plants around the world (almost 7,500 MW), and focus on renewable technologies.

"Iberdrola will continue to do our part, but we need other industries and companies to follow our lead."

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Losing mental capacity whilst living abroad

by Stone King

Charlotte Macdonald

Contact me at international@stoneking.co.uk



MANY UK expatriates living in Spain own properties in the UK and have pensions and investments in the UK. They rely on their UK assets to maintain their lifestyles (and those of their families) in Spain. If they can no longer manage their affairs in the UK due to a loss of mental capacity, it can cause many difficulties.

“ You can choose a person or people, who you trust, to act for you when you are no longer able.

The best way to avoid the legal and practical difficulties that can occur with the loss of mental capacity is to plan for it in advance by drawing up a document called a 'Lasting Power of Attorney' ('LPA').



| An LPA must be made while you have full mental capacity.

What is an LPA?

An LPA is a legal document that enables you to appoint one or more attor-

neys to act for you when you are no longer able to act for yourself.

Your attorney can be a professional,

such as a solicitor or a family member or friend.

There are two types of LPA: 'Health and Welfare' or 'Property and Financial Affairs'

An LPA must be made while you have full mental capacity. It is therefore important to make one while you are in good health.

Why should you get an LPA?

You can choose a person or people, who you trust, to act for you when you are no longer able.

If you lose your mental capacity and do not have an LPA, then your family (or the authorities) will have no choice but to make an application to the Court of Protection to appoint a 'deputy' to look after your affairs, which can be time consuming and costly.

Will my LPA be recognised in Spain?

Unfortunately there is no international type of LPA which is guaranteed to work in both the UK and Spain.

The advice we give to our clients at Stone King, is that if you have assets in both Spain and the UK, your only safe option is to appoint attorneys in both jurisdictions.

Inequality on the rise says report

THE planet's richest 1 per cent owns more than half the world's wealth.

Swiss financial services company Credit Suisse's annual global wealth report says that the world's most moneyed individuals have seen their share of the globe's wealth increase from 42.5 per cent in 2008 to 50.1 per cent in 2017.

And their combined fortune is equivalent to €118 trillion.

"The share of the top 1 per cent has been on an upward path ever since [the crisis], passing the 2000 level in 2013 and achieving new peaks every year thereafter," the report said.

The increase has seen 2.3 million new dollar millionaires in the last year, with the global total now standing at 36 million of which 428,000 are based in Spain, a rise of 58,000 on 2016.

The world's 3.5 billion poorest adults account for just 2.7 per cent of its riches.



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Politically correct or a step too far for some

LEAPY LEE SAYS IT
OTHERS THINK IT



IF ever there was a case for leaving the EU then the recent decision to award a Somali criminal nearly £80,000 for wrongful imprisonment, has to be it. Abdulrahman Mohammed had amassed 30 convictions while living in the UK and had been imprisoned more than a dozen times over 15 years.

The government were trying to deport him back to east Africa and detained him for a total of 445 days over three periods between 2012 and 2016. A judge at the High Court ruled that, despite being described as a prolific and violent offender, there was some evidence he could be tortured if he returned to Somalia (oh dear!) and it was unlikely he would be sent back. Therefore, the judge concluded he had been falsely imprisoned and was entitled to 'justice in a civilised society.'

The 39-year-old had initially been refused asylum on entering Britain. He had been granted leave to remain but only until August 2000. In 2008 (it took eight years!) the Home Secretary made a deportation order against him. But lawyers took his case (yes, you've guessed it) to the European Court of Human



A STEP TOO FAR? Drag queens set to teach British schoolchildren.

Rights and the UK was ordered not to remove him from the country 'until further notice'.

Because he could not legally be deported, the judge decided the three periods of confinement had been 'improper detention' and were therefore illegal and awarded him £78,500 in compensation! Confused? Don't be.

Basically, some violent criminal illegal im-

migrant thug, has just been given nearly 80K of UK taxpayers' money. You really couldn't make it up. The sooner we say goodbye to the unbelievable and often downright lunacy of these arrogant EU idiots the better for us all.

I know it'll get a few backs up, but I think that allowing drag queens to sing and recite nursery rhymes to classes of two-year-old kids, is most definitely a step too far. As far

as I'm concerned nothing can be gained from this exercise, except more confusion and insecurity among our youngsters, serving no more purpose than teaching these little tots that, instead of a special treat at Christmas, Panto is now a classroom event.

It really is a time to call a halt to all this gender bender extremism; which in the main emanates from a minority of transsexuals, who won't be happy until all the toilet seats are glued down and 'boys and girls' a distant memory. Far from creating more acceptance of transgenderism, all this overkill is actually having a reverse effect.

For heavens, and sanities sake, these extremists must be reined in, before the whole, often commendable cause, is lost in a mire of mistrust and messy misinterpretation.

Got a laugh for you now. On the subject of name combinations, I was delighted to hear Tim Rice is set to marry a Miss Garlick. Apparently Mr Curtain is also about to tie the knot with a young lady called Annette and there actually appears to exist a Miss Flay whose first name is Sue! Can you do any better? I'm all ears. Only genuine combinations need apply!

Keep the faith

columnists@euoweeklynews.com

Love Leapy leapylee2002@gmail.com

Leapy Lee's opinions are his own and are not necessarily representative of those of the publishers, advertisers or sponsors.

Advertising feature

Mary's mission is to help you "find happiness" and not for you to feel "alone"

Loneliness is an increasing problem in modern life

SO why are we getting lonelier? Changes in modern society are considered to be the cause.

We live in nuclear family units, often living large distances away from our extended family and friends, and our growing reliance on social technology rather than face to face interaction is thought to be making us feel more isolated.

It means we feel less connected to others and our relationships are becoming more superficial and less rewarding.

We are social animals and need to feel that we 'belong' to others and feel connected to one another. Social pain is as real a sensation for us as physical pain; researchers have shown that loneliness and rejection activates the same parts of the brain as physical pain.

Loneliness affects all of us at some point in our lives. Relocating to a new area, losing a loved one, all key times when people feel lonely. Research suggests that this experience of loneliness is useful to us as it motivates us to reconnect with others and to seek out new friendships to reduce the 'social pain' that we feel. But for some, when reconnection is not easy or not possible, if a person is socially isolated, people can remain in this uncomfortable loneliness state for a number of years.

There are a number of myths regarding who experiences loneliness. Certainly all of us feel it from time to time, but it is commonly known that loneliness particularly affects the elderly who may be socially isolated due to decreased mobility and loss of friends and partners. But it

is not often acknowledged that loneliness also affects people at all ages, and is particularly prevalent in the younger years. Studies have shown that between 20 and 80 per cent of young adults report feeling lonely often, which is compared to 40 to 50 per cent in an elderly population.

Another myth is that loneliness is typically associated with being alone, but it also affects people when they are surrounded by others and well-connected socially.

This is because loneliness is about the quality rather than the quantity of relationships that we have, so a person may have a lot of friends but still find that their needs for social contact are not met.

So do not feel alone, pick up the phone and act now, meet new friends by arranging a dinner or luncheon



Dinner/Luncheon dates based in Spain founded by Mary Spetch.

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BBC one

7:00am	Breakfast
10:15am	The Housing Enforcers
11:00am	Homes Under the Hammer
12:00pm	Getting the Builders in
12:45pm	Fugitives
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Royal Recipes
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Room 101
9:30pm	EastEnders
10:00pm	Love, Lies and Records
11:00pm	BBC News at Ten
11:30pm	BBC London News

BBC TWO

7:00am	The Hairy Builder
7:30am	The Housing Enforcers
8:15am	Getting the Builders in
9:00am	Council House Crackdown
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Permission
3:00pm	Tennis
5:45pm	Talking Comedy
6:15pm	Street Auction
7:00pm	Eggheads
7:30pm	Strictly - It Takes Two
8:00pm	Celebrity Antiques Road Trip
9:00pm	MasterChef: The Professionals
10:00pm	Exodus: Our Journey Continues
11:00pm	Match of the Day
11:30pm	Newsnight
12:15am	Ireland with Simon Reeve

BBC FOUR

8:00pm	Beyond 100 Days <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	The Sky at Night
9:00pm	SAS: Rogue Warriors
10:00pm	Ovid: The Poet and the Emperor
11:00pm	Ovid From the RSC: The World's Greatest Storyteller
12:00am	Handmade in Hull
12:45am	Francesco's Venice
1:45am	SAS: Rogue Warriors
2:45am	Ovid: The Poet and the Emperor
3:45am	Ovid From the RSC: The World's Greatest Storyteller
4:45am	This is BBC Four <i>BBC Four is the BBC channel for people who want more. More depth, more range, more to stimulate the mind.</i>

CHANNEL 4

8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Hotel Hell
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	My Kitchen Rules
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Steph and Dom's One Star to Five Star
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Ugly House to Lovely House with George Clarke
10:00pm	Trump: An American Dream

CHANNEL 5

9:20am	Rusty Rivets
9:35am	Shimmer and Shine
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	The Hotel Inspector
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Angels and Ornaments
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	UK's Strongest Man 2017
9:00pm	Bargain Loving Brits in Blackpool
10:00pm	The King's Cross
11:35pm	Fire: Six Hours That Shocked Britain
	The Murder of Tia Sharpe: My Daughter

4

10:00am	Rules of Engagement
10:30am	Rules of Engagement
11:00am	Black-Ish
11:30am	Black-Ish
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Streetmate
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	2 Broke Girls
10:30pm	The Big Bang Theory

sky sports main event

7:00am	Cricket
12:15pm	Live European Tour Golf
2:00pm	Live ATP Finals: London
5:00pm	SKY Sports News
6:00pm	SKY Sports News
7:00pm	SKY Sports News
8:00pm	Live Grand Slam of Darts
12:00am	SKY Sports News <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
1:00am	EFL Matters
1:30am	Live NFL: Tennessee @ Pittsburgh <i>The Pittsburgh Steelers take on the Tennessee Titans at Heinz Field in the NFL.</i>
5:45am	Cricket

itv

9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Dickinson's Real Deal
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Acid Attacks: How Scared Should We Be? Tonight
9:00pm	Emmerdale
9:30pm	Paul O'Grady: For The Love of Dogs
10:00pm	Serial Killer with Piers Morgan
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	The Late Debate
12:10am	Parking Wars
1:10am	Jackpot247
4:00am	Acid Attacks: How Scared Should We Be? Tonight
4:25am	ITV Nightscreen

itv2

7:00am	The Cube
7:45am	Totally Bonkers Guinness World Records
8:10am	Dinner Date
9:00am	Emmerdale
9:30am	Coronation Street
10:30am	The Ellen DeGeneres Show
11:20am	Dinner Date
12:20pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	Coronation Street
2:20pm	Coronation Street
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	You've Been Framed!
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Family Guy
10:30pm	Family Guy
11:00pm	Celebrity Juice
11:50pm	Family Guy
12:45am	American Dad! In Country... Club
1:15am	American Dad!
1:45am	The Keith Lemon Sketch Show

itv3

7:00am	Coronation Street
7:25am	Coronation Street
7:55am	Heartbeat
8:55am	Wild at Heart
10:00am	Judge Judy
10:30am	Judge Judy
10:55am	Judge Judy
11:25am	A Touch of Frost <i>Frost has to contend with staying at home with an unwelcome guest.</i>
1:35pm	Wild at Heart
2:40pm	Heartbeat
3:40pm	Coronation Street <i>Mike goes to Birmingham on business. Audrey worries that Gail is close to a breakdown.</i>
4:15pm	Coronation Street <i>Sally misses Kevin, who is away in Southampton. Gail refuses to have an abortion.</i>
4:50pm	A Touch of Frost
6:50pm	Heartbeat
7:55pm	Murder, She Wrote
9:00pm	Foyle's War
11:00pm	Endeavour
1:00am	A Touch of Frost

itv4

7:00am	The Chase
7:50am	The Chase
8:45am	Storage Wars
9:10am	Storage Wars
9:40am	Pawn Stars
10:05am	Pawn Stars
10:35am	Ironsides
11:40am	Quincy, M.E.
12:40pm	The Sweeney
1:50pm	The Avengers
2:55pm	Ironsides
4:00pm	Quincy, M.E.
5:00pm	The Sweeney
6:00pm	The Avengers
7:05pm	Storage Wars
7:35pm	Storage Wars
8:05pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	Hornblower
11:00pm	Hard to Kill
12:00am	FYI Daily
12:05am	Hard to Kill
1:05am	Death Wish 3
2:10am	FYI Daily
2:15am	Death Wish 3
3:00am	The Sweeney
3:50am	ITV4 Nightscreen
4:00am	Teleshopping <i>Shopping from home.</i>

sky CINEMA ACTION & ADVENTURE

1:45pm	Master and Commander: The Far Side of the World
4:05pm	The Great Escape
7:00pm	Tarzan
9:00pm	Xxx: Return of Xander Cage
11:00pm	Death Race
12:55am	Air Force One
3:05am	Rocky Balboa
4:50am	The Blue Max

sky CINEMA COMEDY

8:00am	How the Grinch Stole Christmas
9:50am	Starsky and Hutch
11:40am	The Naked Gun 3 1/3: The Final Insult
1:10pm	The Top Ten Show 2017
1:30pm	Fred Claus
3:30pm	Dad's Army
5:20pm	The Waterboy
7:00pm	Any Which Way You Can
9:00pm	Calendar Girls
11:00pm	Sausage Party
12:35am	Beverly Hills Cop
2:25am	Beverly Hills Cop II
4:15am	Beverly Hills Cop III

sky CINEMA PREMIERE

7:00am	Almost Christmas
9:05am	Moana: Special
9:35am	Drone
11:20am	The Doo Dah Man
1:05pm	Assassin's Creed
3:15pm	Mum's List
5:10pm	Almost Christmas
7:15pm	The Doo Dah Man
9:00pm	Assassin's Creed <i>Michael Fassbender stars as a career criminal saved from death row by a shadowy organisation.</i>
11:00pm	Drone
12:45am	The Resident <i>Left alone to care for her baby in a creepy apartment, a new mother begins to learn unsettling details about the building's violent past. Psychological horror-thriller.</i>
2:20am	Frantz
4:30am	A Song for Christmas

sky sports football

1:30pm	Football's Greatest Teams
2:00pm	La Liga Icons
3:00pm	Scottish Cup Greatest Games
3:15pm	Scottish Cup Greatest Games
3:30pm	La Liga Greatest Games
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	La Liga World
7:30pm	La Liga Icons
8:00pm	EFL Matters
8:30pm	EFL Greatest Games
9:00pm	Football Countdowns
9:30pm	EFL Matters
10:00pm	Ronaldo
10:30pm	La Liga Greatest Games
10:45pm	La Liga Greatest Games
11:00pm	La Liga Show
11:30pm	EFL Matters
12:00am	Championship Review

TECH FOR THE TIMID

Deal or no deal

HALF a million people in the States take out loans every year just to shop on Black Friday.

This year Spain may spend €1.3 billion, and virtually every major retailer is now on board.

But beware of over-inflated discount hype.

A British investigation last year found that up to half the goods on offer were not the real deal, that the 'was' price had been inflated, that the goods were obsolete models, or that some were actually cheaper before or after the big day (or week).

Buy from reputable retailers with a money-back guarantee, use a credit card rather than a debit one if you can because then the bank will foot the bill if things go wrong, and use your browser's bookmarks to keep track as you trawl the web and things get hectic.

Black Friday's child is loving and giving?

If retailers can afford such massive discounts next weekend, are consumers being scammed the rest of the year, asks Terence Kennedy.

GOT your Black Friday shopping spree planned? Ready to splash out next weekend on that electronic spaghetti fork you've always wanted, a WiFi-enabled toaster or a remote-controlled churros extruder?

In just over a decade Black Friday has morphed into a worldwide shopping frenzy (followed no doubt by Blue Saturday when adding up the resulting credit card bills). For one more bite at the cherry, retailers have added Cyber Monday, so now you really can shop till you drop. Or your bank account does.

Since Spanish rules on sale dates were lifted in 2012, Viernes Negro has taken off here: 90 per cent of Spaniards surveyed knew what it

was, nearly 60 per cent actually buy something, and the country is expected to splash out nearly €1.3 billion next weekend on discounts, real or imagined.

Cynics say the one who profits most from Black Friday is the one smart enough not to go shopping that day. Certainly those who do choose to partake may be safer here than in America, where there have been seven Black Friday deaths listed and nearly a hundred serious injuries. Indeed, two people died during a shooting altercation at a Toys 'R' Us in California. Someone must really have wanted that cut-price Disney princess.

Physical Black Friday shoppers



CHAOS: Black Friday scenes.

(those who will surge to the bricks and mortar retailers this weekend) are said to be older, less internet-savvy and often pay in cash. Cyber Monday shoppers are younger, more affluent, use credit cards and often don't have a lot of time (or patience) for shopping.

So why brave the madding crowds when you can bankrupt yourself so much more comfortably from home? Some online retailers have even extended the buying frenzy to a whole week (here's lookin' at you Amazon).

The trick to coming out on top next week is to know what you want, and to have priced it before the madness strikes. 'Fifty per cent off!'

might indeed mean it's half-price (assuming it doesn't mean only half the product is actually present...). But half-price of what? The price some overhyped designer store might have tried and failed to charge? Or the manufacturer's recommended retail price which no self-respecting consumer would ever expect to pay?

Ask yourself the killer question: it may be hyperventilatingly cheap, but what exactly is a WiFi detector shirt, and do I really need one?

So happy shopping one and all, and where I won't be spending my money next week is on an Irish site with my favourite Black Friday offer ever: 'Two for the price of three!!'

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:15am	The Housing Enforcers
11:00am	Homes Under the Hammer
12:00pm	Getting the Builders in
12:45pm	Fugitives
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Impossible
4:00pm	Escape to the Country
4:45pm	Royal Recipes
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	Children in Need 2017
11:00pm	BBC News at Ten
11:25pm	BBC London News <i>The latest news, sport and weather from London.</i>
11:40pm	Children in Need 2017
1:30am	DIY SOS

BBC TWO

7:00am	The Hairy Builder
7:30am	The Housing Enforcers
8:15am	Getting the Builders in
9:00am	Gardeners' World
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Rugby League World Cup Highlights
3:00pm	Tennis
5:45pm	Kenneth Williams
6:15pm	Street Auction
7:00pm	Strictly - It Takes Two
8:00pm	Celebrity Antiques Road Trip
9:00pm	Mastermind
9:30pm	Only Connect
10:00pm	Extreme Wives with Kate Humble
11:00pm	Weakest Link Celebrity Special for Children in Need
11:40pm	Newsnight
12:15am	Snowfall
1:00am	Panorama
1:30am	Louis Theroux
2:30am	Army: Behind the New Frontlines
3:30am	This is BBC Two

BBC FOUR

8:30pm	The Good Old Days <i>Leonard Sachs presents the old-time music hall programme, first broadcast on 2 July 1980.</i>
9:20pm	Top of the Pops <i>Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.</i>
9:50pm	Top of the Pops
10:50pm	Gregory Porter's Popular Voices
11:50pm	Showstoppers at the BBC
12:50am	Van Morrison Live at Eden
1:45am	Top of the Pops <i>Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.</i>
2:20am	Top of the Pops
3:20am	Gregory Porter's Popular Voices

CHANNEL 4

7:20am	King of Queens
7:45am	King of Queens
8:10am	King of Queens
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Hotel Hell
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	My Kitchen Rules
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Steph and Dom's One Star to Five Star
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Unreported World
9:00pm	Food Unwrapped
10:00pm	Gogglebox
11:00pm	The Last Leg
12:05am	First Dates

CHANNEL 5

8:35am	Peppa Pig
8:55am	Floogals
9:05am	Digby Dragon
9:20am	Rusty Rivets
9:35am	Shimmer and Shine
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	GPs: Behind Closed Doors
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:10pm	Crazy for Christmas
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	The Gadget Show
9:00pm	The World's Greatest Bridges
10:00pm	Eight Days That Made Rome
11:00pm	Bog Bodies: Secrets Revealed
12:05am	Hitler's Death: A Secret Conspiracy

4

7:00am	Hollyoaks
7:30am	Hollyoaks
8:00am	Charmed
9:00am	Charmed
10:00am	Rules of Engagement
10:30am	Rules of Engagement
11:00am	Black-ish
11:30am	Black-ish
12:00pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Goldbergs
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Streetmate
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The Bourne Legacy
12:40am	The Big Bang Theory
1:10am	The Big Bang Theory

sky sports main event

7:00am	Cricket
12:15pm	Live European Tour Golf
2:00pm	Live ATP Finals: London
5:00pm	Csa T20 Challenge
8:30pm	Football
11:00pm	The Debate - Live
12:00am	SKY Sports News <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
1:00am	SKY Sports News
2:00am	SKY Sports News
3:00am	SKY Sports News
4:00am	SKY Sports News <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
5:00am	Cricket <i>Day three of the first Test as India meet Sri Lanka at Eden Gardens in Kolkata.</i>

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Dickinson's Real Deal
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Australian Wilderness with Ray Mears
9:30pm	Coronation Street
10:00pm	Gone to Pot
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:40pm	The Chronicles of Riddick
1:45am	Jackpot247
4:00am	Storage Hoarders

itv2

7:00am	The Cube
7:45am	Totally Bonkers Guinness World Records
8:10am	Dinner Date
9:00am	Emmerdale
9:30am	Emmerdale
10:00am	Planet's Got Talent
10:30am	The Ellen DeGeneres Show
11:20am	Dinner Date
12:20pm	Dress to Impress
1:20pm	Emmerdale
1:55pm	Emmerdale
2:20pm	Planet's Got Talent
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
4:50pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	You've Been Framed!
8:00pm	You've Been Framed and Famous!
9:00pm	Two and a Half Men
10:00pm	Family Guy
12:00am	American Dad!
12:30am	American Dad!

itv3

7:00am	On the Buses
7:25am	Coronation Street
7:50am	Coronation Street
8:15am	Heartbeat
9:15am	Wild at Heart
10:10am	Judge Judy
10:40am	Judge Judy
11:05am	Judge Judy
11:35am	A Touch of Frost
1:40pm	Wild at Heart
2:40pm	Heartbeat
3:40pm	Coronation Street
4:15pm	Coronation Street
4:45pm	A Touch of Frost
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Midsomer Murders
11:00pm	Endeavour
1:00am	Mr Selfridge
2:05am	Chicago
3:10am	FYI Daily
3:15am	Chicago
4:05am	A Touch of Frost
5:50am	Judge Judy <i>The Emmy nominated reality courtroom series, presided over by outspoken family court judge.</i>

itv4

7:00am	Football's Greatest
7:10am	The Chase
8:00am	The Chase
8:55am	Storage Wars
9:25am	Storage Wars
9:50am	Pawn Stars
10:15am	Pawn Stars
10:45am	Ironsides
11:50am	Quincy, M.E.
12:55pm	The Sweeney
1:55pm	River Monsters Extreme fishing.
2:30pm	ITV Racing: Live from Cheltenham
5:00pm	The Sweeney
6:00pm	The Avengers
7:05pm	Storage Wars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	The World is Not Enough
10:05pm	FYI Daily
10:10pm	The World is Not Enough
11:40pm	Cliffhanger
12:40am	FYI Daily
12:45am	Cliffhanger
1:50am	The Sweeney
2:55am	Bear Grylls: Mission Survive

sky CINEMA ACTION & ADVENTURE

7:25am	Domino
9:35am	Stealth
11:40am	Jurassic Park
1:50pm	Pearl Harbour
4:55pm	Rocky II
7:00pm	G.I. Joe: The Rise of Cobra
9:00pm	Jurassic Park
11:10pm	The 13th Warrior
1:00am	Rambo
2:35am	Troy
5:20am	Rocky II

sky CINEMA COMEDY

7:35am	Blade Runner 2049
8:05am	Film The House Bunny
9:50am	Hitch
11:55am	Dumb and Dumber
1:50pm	Bad Neighbours 2
3:30pm	Keeping up with the Joneses
5:20pm	The Meddler
7:10pm	Film A Street Cat Named Bob
9:00pm	Bad Neighbours 2
10:40pm	Keeping up with the Joneses
12:30am	Little Man

sky CINEMA PREMIERE

7:00am	The Resident
8:25am	Moana: Special
8:55am	Mum's List
10:50am	The Doo Dah Man
12:35pm	Fantastic Beasts and Where to Find Them: Special <i>Sky Movies takes a behind-the-scenes look at the latest trip into JK Rowling's wizarding world.</i>
1:05pm	The Great Wall
3:05pm	Assassin's Creed
5:15pm	Drone
7:00pm	Almost Christmas
10:50pm	Assassin's Creed <i>Michael Fassbender stars as a career criminal saved from death row by a shadowy organisation.</i>
12:50am	Drone
2:35am	Frantz
4:40am	A Song for Christmas

sky sports football

9:00am	Football's Greatest
9:30am	Football's Greatest Teams
10:00am	Scottish Cup Greatest Games
10:15am	Scottish Cup Greatest Games
10:30am	La Liga Greatest Games
10:45am	La Liga Greatest Games
11:00am	La Liga Show
11:30am	EFL Matters
12:00pm	La Liga Icons
1:30pm	EFL Matters
2:00pm	La Liga Icons
3:30pm	EFL Matters
4:00pm	Football's Greatest
4:30pm	Football's Greatest Teams
5:00pm	La Liga Show
5:30pm	EFL Matters
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	SPFL Matters
7:30pm	EFL Matters
8:00pm	Football
11:15pm	SPFL Matters
11:45pm	SPFL Greatest Games
12:00am	SPFL Greatest Games



TV Couch Critic

Ramsay serves up dollop of coke surprises in loo

WITH the scale of cocaine use absolutely staggering in the UK, the new documentary series *Gordon Ramsay on Cocaine* (ITV 1, Thursdays) provided fascinating, if at times very disturbing viewing.

His first out-of-the-kitchen drugs task was to check the toilets of his own restaurants. Surprise, surprise, evidence of cocaine positive in every one, not only the gents and ladies loos but more worrying to him, further drug proof when the staff toilets also turned the wipes he was using blue, signifying Coke use.

Caution... for Ramsay also turned the air blue with his characteristic strong language.

It seems Albanian crime gangs - ever willing to use extreme violence - allegedly control London's cocaine trade, with the UK topping the European league table for use of the white powder!

Ramsay then travelled to Colombia, the main source for cocaine cultivation, and discovered that there are a million people involved in its growth and distribution.



RAMSAY: A drugs insight.



SHARPLES: What would she feel?

My own personal note to cocaine users is that it is manufactured using petroleum, acids and alkaline, so rather than me.

What would Ena Sharples (young readers Google her) make of her beloved *Coronation Street* (ITV weekdays) at present? The chances are she would get her hairnet in a twist at the goings on.

Where did Phelan come from? How come he's found his long lost

daughter? How did he acquire the house which he uses for his captives?

Will Ken Barlow turn out to be his proper dad? Will Aliens be hiding in Roy Cropper's deep fat fryer? Will Schmeichel come back as a poodle? Stay tuned folks as it's turning that unbelievable!

Blue Planet 2 (BBC 1 Sundays) blasted on to our screens in a wave of anticipation and hype that didn't

disappoint one bit.

Four years in the making, the filming, expert knowledge and professionalism of Sir David Attenborough, the master of all things in nature and the planet's best friend, were extraordinary.

Another blockbuster triumph from the BBC. *A Rhapsody in Blue* that George Gershwin would have been proud of and a superb must see.

For something totally different that does not tax the brain, try *Pawn Stars* shown on various channels, and centred around one family and a friend of the son, Chumley, working in a Las Vegas pawn shop.

Amazing items arrive through the door, some original worth thousands and some fakes. However, the banter between granddad, father, son and the not-so-bright Chumley make it a pleasant half hour.

A recent trend in television advertising is slow, re-recorded classic songs played over ads and sung by - to me at least - unknown female vocalists.

One that really grinds me down is the Beatles belter *Across the Universe*, now turned into a melancholy dirge by an anonymous vocalist!

I have no idea what is being promoted as I switched it off. Speaking of advertisements, thank the lord for the Beeb with no mundane interruptions.

Most ITV viewing is advertisement slots with programmes thrown in between. You can cook a three-course meal in the intervals now whereas it was at one time ideal only for making a cuppa!

Critique: PM, San Fulgencio, Costa Blanca.

Cassandra Nash
A weekly look

- and not entirely impartial reaction - to the Spanish political scene

RAJOY'S go-to strategy for political predicaments has always been to hide behind the courts or the public prosecution department.

Now it has come and bitten him on the backside.

The Fiscalia - less detached from the government than it should be - accused the Catalan government of sedition and re-



COOL OPERATOR: Mariano Rajoy's decision to imprison Catalan politicians could come back to haunt him.

Crime and punishment

bellion. With these charges there was little for investigating Judge Carmen Lamela to do than remand the nine politicians remaining in Spain.

Result? Instant martyrdom and a probable slew of votes in the Catalan elections on December 21. Rajoy has blown it again.

Sometimes the punishment does not need to fit the crime and there has been too much stick and not enough carrot over Cataluña.

All the present government has ever made clear is what would happen if the Catalans left, and the punishment that

awaited them. They have never been told how much everyone would like them to stay.

Rajoy could have tried that, but he never comes across as anything other than a third-time-lucky president unable to tackle a problem requiring instinct and warmth, not rulebook logic.

Alternative vocabulary

THERE was a point during and immediately after the Catalan UDI when the separatists were in disarray and ex-president Carles Puigde-

mont hightailed it to Brussels.

The disarray was not only due to the Constitution's Article 155 that suspended Cataluña's autonomy. Companies were leaving Cataluña, unemployment was rising, tourism and the economy were less robust. What was promised as epic and heroic turned into a cowardly shambles, a deflated balloon after the party has ended.

The elections announced for December 21 were welcomed inside and outside Cataluña. The voices of the anti-independence majority, drowned out until now by the two million separatists would

be heard, and a pro-remain vote would make everything ticketyboo once more.

Then the remaining government members were remanded for rebellion and sedition.

Esquerra Republicana is rising in the polls and will not repeat the Juntspel Si coalition with Carles Puigdemont's downwardly mobile centre-right PDeCat. Left wing pro-independence parties might or might not go hand-in-hand but if the separatists win it, it will be thanks to voters who believe that words like rebellion and sedition, unheard in Spain for decades, are too redolent of former regimes.

Food for thought

ORIOL JUNQUERAS, leader of Esquerra Republicana de Cataluña (ERC) was

criticised for his low profile following the region's short-lived declaration of independence.

The same can't be said for Junqueras' silhouette which was as rotund as ever when he was remanded on November 2 for sedition, rebellion and misuse of public funds. He is likely to get rotunder: prison food is notoriously calorific nowadays.

Keep smiling

WHO knows what Barcelona mayor Ada Colau truly feels regarding Catalan independence? What we do know is her much-criticised equidistance between 'stay' and 'go' means she wants to have her cake and eat it. She wants to remain mayor and needs PSC-PSOE support to do so. Her party Catalunya en Comu is not separatist but she needs separatist votes too.

Colau's pussycat smile does not falter but only she knows if the cream is curdling.

columnists@euroweeklynnews.com

GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Nigella: At My Table
1:00pm	Football Focus
2:00pm	BBC News
2:15pm	Rugby League World Cup Highlights
3:00pm	Rugby Union
5:30pm	Final Score
6:10pm	Len Goodman's Partners in Rhyme
6:40pm	BBC News
6:50pm	BBC London News
7:00pm	Pointless
7:45pm	Strictly Come Dancing
9:10pm	Michael McIntyre's Big Show
10:10pm	Casualty
11:00pm	BBC News
11:20pm	Match of the Day
12:50am	The NFL Show
1:20am	Man on the Moon
3:10am	Weather for the Week Ahead
3:15am	BBC News

BBC TWO

7:15am	Holiday of My Lifetime with Len Goodman
8:00am	Nature's Weirdest Events
8:30am	Naomi's Nightmares of Nature
9:00am	Deadly 60
9:30am	Show Me What You're Made of
10:00am	Saturday Mash-Up!
12:00pm	Natural World
1:00pm	Rick Stein's Long Weekends
2:00pm	Italy Unpacked
3:00pm	Tennis
5:30pm	Mastermind
6:00pm	Rugby Union
8:30pm	Rugby Union
9:30pm	Dad's Army
10:00pm	My Country
10:55pm	QI XL
11:40pm	David Gilmour
12:40am	Spike Island
2:20am	Badlands
3:50am	This is BBC Two
5:30am	Rugby League World Cup Quarter-Final

BBC FOUR

8:00pm	Natural World <i>Wildlife documentary. The pygmy hippo is one of nature's last great mysteries.</i>
9:00pm	The Mekong River with Sue Perkins
10:00pm	I Know Who You are <i>Francesc Garrido, Blanca Portillo, Alex Monner, Pere Arquillue, Nancho Novo, Pepon Nieto.</i>
11:30pm	I Know Who You are <i>Francesc Garrido, Blanca Portillo, Alex Monner, Pere Arquillue, Aida Folch, Pepon Nieto.</i>
1:15am	The Vietnam War
2:15am	Top of the Pops <i>Simon Bates and Janice Long present the pop chart programme, first broadcast on 20 December 1984.</i>
2:50am	Natural World
3:50am	The Mekong River with Sue Perkins

CHANNEL 4

7:10am	Triathlon
7:40am	Everybody Loves Raymond
8:05am	Everybody Loves Raymond
8:30am	Frasier
9:00am	Frasier
9:25am	The Big Bang Theory
9:55am	The Big Bang Theory
10:25am	The Simpsons
10:55am	The Simpsons
11:25am	The Simpsons
11:55am	The Simpsons
12:25pm	The Simpsons
12:50pm	Come Dine with Me
1:25pm	Come Dine with Me
1:55pm	Come Dine with Me
2:25pm	Come Dine with Me
3:00pm	Come Dine with Me
3:30pm	A Place in the Sun
4:30pm	A Place in the Sun
5:30pm	Best Laid Plans
6:35pm	Grand Designs
7:30pm	Channel 4 News
8:00pm	Volatile Earth
9:00pm	First Humans: The Cave Discovery
10:00pm	Lucy
11:45pm	R.I.P.D.
1:35am	The Simpsons
2:00am	The Simpsons

CHANNEL 5

9:15am	Paw Patrol
9:30am	Nella the Princess Knight
9:50am	Noddy: Toyland Detective
10:00am	Ben and Holly's Little Kingdom
10:10am	Shimmer and Shine
10:30am	Digby Dragon
10:45am	Peppa Pig
11:00am	Teenage Mutant Ninja Turtles
11:35am	The Gadget Show
12:35pm	Christmas Truce
2:20pm	Deck the Halls
4:05pm	A Belle for Christmas
5:05pm	5 News
5:10pm	A Belle for Christmas
6:00pm	Christmas in Homestead
7:00pm	5 News
7:05pm	Christmas in Homestead
8:00pm	Can't Pay? We'll Take it Away!
9:55pm	5 News Weekend
10:00pm	Football on 5
10:55pm	Football on 5
11:25pm	NCIS: New Orleans
12:20am	NCIS: New Orleans
1:15am	Super Casino

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7:00am	Rules of Engagement
7:55am	How I Met Your Mother
8:25am	How I Met Your Mother <i>Daphne sends a text message to Lily, revealing the truth about Marshall becoming a judge.</i>
8:55am	Made in Chelsea
10:00am	Couples Come Dine with Me
11:00am	Couples Come Dine with Me
12:00pm	How I Met Your Mother
1:00pm	The Dog Who Saved Christmas
2:50pm	Toy Story Toons
3:00pm	The Goldbergs
5:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	The Mechanic
11:50pm	Gogglebox
12:55am	Gogglebox

sky sports main event

7:00am	Cricket
11:00am	Soccer A.M.
12:30pm	Live Premier League
1:30pm	Football
3:55pm	Live Rugby Union
6:15pm	Rugby Union
8:40pm	Football
10:45pm	Live Grand Slam of Darts
12:00am	SKY Sports News
1:00am	SKY Sports News
2:00am	SKY Sports News <i>A comprehensive review of all the night's football news, plus a look ahead to the morning headlines.</i>
3:00am	SKY Sports News
4:00am	SKY Sports News
5:00am	Cricket <i>Day four of the first Test as India host Sri Lanka at Eden Gardens in Kolkata.</i>

itv

8:05am	Oddbods
8:10am	Ultimate Spider-Man: Web Warriors
8:30am	Scrambled! Fangbone.
10:25am	Saturday Morning with James Martin
12:20pm	Gino's Italian Coastal Escape
12:50pm	ITV News
12:55pm	The X Factor
2:30pm	ITV Racing: Live from Cheltenham
5:00pm	Thunderbirds are Go
5:30pm	The Harbour
6:00pm	The Cruise
6:30pm	Paul O'Grady: For the Love of Dogs
7:00pm	Regional News and Weather
7:05pm	ITV News
7:15pm	Catchphrase
7:50pm	You've Been Framed!
8:15pm	Ninja Warrior UK
9:10pm	Pick of the Day
10:40pm	The Jonathan Ross Show
11:40pm	ITV News
11:55pm	First Blood
1:40am	Jackpot247

itv2

7:00am	Totally Bonkers Guinness World Records
7:20am	Totally Bonkers Guinness World Records
7:50am	Emmerdale Omnibus <i>More drama and turmoil from the residents of Emmerdale.</i>
1:15pm	Take Me Out
2:25pm	You've Been Framed!
3:00pm	Beethoven's 2nd
4:00pm	FYI Daily
4:05pm	Beethoven's 2nd
4:50pm	Step Up
5:50pm	FYI Daily
5:55pm	Step Up
7:00pm	Jack the Giant Slayer
8:00pm	FYI Daily
8:05pm	Jack the Giant Slayer
9:15pm	Quantum of Solace
10:15pm	FYI Daily
10:20pm	Quantum of Solace
11:30pm	Celebrity Juice
12:20am	Family Guy
12:45am	Family Guy
1:15am	Family Guy
1:45am	Family Guy

itv3

7:00am	Murder, She Wrote
7:50am	Murder, She Wrote
8:45am	Heidi
10:55am	Carry on Follow That Camel
11:55am	FYI Daily
12:00pm	Carry on Follow That Camel
12:50pm	Wycliffe
2:00pm	Foyle's War
4:00pm	Foyle's War
6:00pm	Midsomer Murders
8:00pm	Midsomer Murders
10:00pm	Midsomer Murders
12:00am	The Syndicate
1:05am	Jane Eyre
3:10am	ITV3 Nightscreen <i>Text-based information service.</i>
3:30am	Teleshopping
4:00am	Teleshopping
4:30am	Teleshopping
5:00am	Teleshopping
5:30am	Teleshopping <i>Shopping from home.</i>

itv4

7:00am	Football's Greatest
7:05am	River Monsters
7:30am	The Avengers
8:30am	The Sweeney
9:30am	Motorsport UK
10:30am	ITV Racing: The Opening Show
11:30am	Fishing Impossible
12:35pm	The Big Fish Off
1:35pm	Shed and Buried
2:35pm	Shed and Buried
3:35pm	The Alamo
4:50pm	FYI Daily
4:55pm	The Alamo
6:55pm	Hornblower
8:55pm	River Monsters
10:00pm	An Audience with Billy Connolly
11:05pm	American Gangster
12:05am	FYI Daily
9:35am	Starsky and Hutch
11:25am	Drillbit Taylor
1:15pm	Blade Runner 2049
1:45pm	Central Intelligence
3:40pm	Popstar: Never Stop Never Stopping
5:15pm	My Big Fat Greek Wedding 2
7:00pm	Miss Congeniality
9:00pm	Central Intelligence
11:00pm	Popstar: Never Stop Never Stopping
12:30am	Bridesmaids

sky CINEMA ACTION & ADVENTURE

12:35pm	The Big Fish Off
1:35pm	Shed and Buried
2:35pm	Shed and Buried
3:35pm	The Alamo
4:50pm	FYI Daily
4:55pm	The Alamo
6:55pm	Hornblower
8:55pm	River Monsters
10:00pm	An Audience with Billy Connolly
11:05pm	American Gangster
12:05am	FYI Daily

sky CINEMA COMEDY

9:35am	Starsky and Hutch
11:25am	Drillbit Taylor
1:15pm	Blade Runner 2049
1:45pm	Central Intelligence
3:40pm	Popstar: Never Stop Never Stopping
5:15pm	My Big Fat Greek Wedding 2
7:00pm	Miss Congeniality
9:00pm	Central Intelligence
11:00pm	Popstar: Never Stop Never Stopping
12:30am	Bridesmaids

sky CINEMA PREMIERE

7:00am	Mum's List
9:00am	The Doo Dah Man <i>A New Jersey college student running away from home finds himself travelling through the back roads of Texas with a con man who's just escaped from prison.</i>
10:45am	The Top Ten Show 2017
11:00am	Upside Down
1:00pm	The Great Wall
2:55pm	Assassin's Creed <i>Michael Fassbender stars as a career criminal saved from death row by a shadowy organisation.</i>
5:00pm	Almost Christmas
7:00pm	Upside Down
9:00pm	The Great Wall
10:50pm	Assassin's Creed
12:50am	Drone
2:35am	Almost Christmas
4:40am	A Song for Christmas

sky sports football

7:00am	EFL Greatest Games
7:15am	Football
10:30am	SPFL Matters
11:00am	Soccer A.M.
12:30pm	SPFL Matters
1:00pm	Live La Liga 2017/18
3:00pm	Gillette Soccer Saturday
4:15pm	Gillette Soccer Saturday
6:15pm	Football
8:40pm	Live La Liga 2017/18
10:45pm	EFL Goals: Championship
11:15pm	EFL Greatest Games
11:45pm	EFL Greatest Games
12:15am	EFL Greatest Games
12:30am	EFL Goals: Championship
1:00am	Football
3:25am	EFL Goals: Championship
4:00am	Football Years
4:30am	Football Countdowns
5:00am	EFL Greatest Games
5:30am	SPFL Greatest Games
5:45am	SPFL Greatest Games <i>Classic action from the Scottish Premiership.</i>

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BBC one

7:00am	Breakfast
8:25am	Match of the Day
10:00am	The Andrew Marr Show
11:00am	BBC Newsroom Live
12:00pm	Sunday Politics
1:15pm	Bargain Hunt
2:00pm	BBC News
2:15pm	Homes Under the Hammer
2:45pm	Money for Nothing
3:30pm	Escape to the Country
4:00pm	Songs of Praise
4:35pm	Children in Need
5:50pm	Blue Planet II
6:50pm	BBC News
7:05pm	BBC London News
7:15pm	Countryfile
8:15pm	Strictly Come Dancing
9:00pm	Blue Planet II
10:00pm	Howards End
11:00pm	BBC News
11:20pm	BBC London News
11:30pm	Match of the Day 2
12:15am	Ronny Chieng: International Student

BBC TWO

8:30am	Great British Garden Revival
9:35am	Countryfile
10:30am	Saturday Kitchen
	Best Bites
12:00pm	Food and Drink
12:30pm	My Life on a Plate
1:15pm	MOTD2 Extra
2:00pm	Rugby Union
3:00pm	Rugby League World Cup Quarter-Final Highlights
4:30pm	Wild Brazil
5:30pm	Coast
6:00pm	Flog It!
7:00pm	Tennis
10:00pm	Britain's Cycling Superheroes: The Price of Success?
11:00pm	Snowfall
11:40pm	Mock the Week
12:10am	The Lighthouse 1801. <i>Drama based on a true story.</i>
1:50am	Question Time <i>David Dimbleby presents topical debate from Newcastle.</i>
2:50am	Holby City

BBC FOUR

8:00pm	Only Connect
8:30pm	University Challenge
9:00pm	Stunning Soloists at the BBC
10:00pm	Shark
11:00pm	Highlights
12:00am	Rich Hall's Country Than You
1:30am	Country at the BBC
2:30am	Stunning Soloists at the BBC
3:30am	Shark <i>A wildlife series on the sharks of the world. Sharks are more than just hunters.</i>
4:30am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

7:00am	Kevin Can Wait
7:25am	Kevin Can Wait
7:45am	Kevin Can Wait
8:10am	Everybody Loves Raymond
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	Jamie's Quick and Easy Food
2:00pm	The Simpsons
2:30pm	The Simpsons
3:00pm	The Simpsons
3:30pm	The Simpsons
4:00pm	Mr. Popper's Penguins
5:50pm	Channel 4 News
6:20pm	Men in Black II
8:00pm	Messages Home: Lost Films of the British Army
9:00pm	Guy Martin's WWI Tank
11:00pm	Gogglebox
12:00am	Atonement
2:15am	The Secret Life of 4 Year Olds

CHANNEL 5

11:00am	Teenage Mutant Ninja Turtles
11:35am	Football on 5
12:25pm	Football on 5
12:50pm	Cruising with Jane McDonald
1:10pm	Cats Make You Laugh Out Loud
1:40pm	Chasing Christmas
3:20pm	Santa Who?
4:25pm	5 News
4:30pm	Santa Who?
5:10pm	Pirates of the Caribbean: The Curse of the Black Pearl
6:10pm	5 News
6:15pm	Pirates of the Caribbean: The Curse of the Black Pearl
8:00pm	Christmas Makes You Laugh Out Loud
9:00pm	Aviva Premiership Rugby Highlights
9:55pm	5 News Weekend
10:00pm	Happy 90th: Ken Dodd in His Own Words
12:05am	Another Audience with Ken Dodd

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7:00am	Rules of Engagement
7:25am	Couples Come Dine with Me
8:25am	Couples Come Dine with Me
9:25am	Hollyoaks Omnibus
12:00pm	Made in Chelsea
1:00pm	Don't Tell the Bride
2:00pm	Alvin and the Chipmunks: The Squeakquel
3:45pm	Rude(Ish) Tube Shorts
4:00pm	The Goldbergs
4:30pm	The Goldbergs
5:00pm	The Big Bang Theory
5:30pm	The Big Bang Theory
6:00pm	The Big Bang Theory
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	Rise of the Planet of the Apes
11:05pm	Naked Attraction
12:05am	The Big Bang Theory
12:35am	The Big Bang Theory
1:05am	Gogglebox
2:05am	First Dates
3:10am	Rude Tube

sky sports main event

7:00am	Cricket <i>Day four of the first Test as India host Sri Lanka at Eden Gardens in Kolkata.</i>
8:30am	Live European Tour Golf <i>Day four of the D.P. World Tour Championship from the Jumeirah Golf Estates in Dubai.</i>
1:30pm	Football
2:00pm	Football <i>Leeds United play Middlesbrough at Elland Road in the Sky Bet Championship.</i>
4:30pm	Live Nissan Super Sunday
7:30pm	Live Grand Slam of Darts
10:00pm	Live NFL: Sunday Game <i>A match from the NFL.</i>
2:00am	Live NFL: Philadelphia @ Dallas
5:30am	Cricket

itv

8:50am	Scrambled!
9:10am	Scrambled!
9:30am	Scrambled!
10:00am	Scrambled!
10:25am	ITV News
10:30am	Australian Wilderness with Ray Mears
11:00am	Peston on Sunday
12:05pm	Carry on Screaming
1:55pm	ITV News
2:05pm	The X Factor
3:35pm	Midsomer Murders
5:30pm	Elton John: The Nation's Favourite Song
7:05pm	Regional News and Weather
7:15pm	ITV News
7:30pm	The Chase Celebrity Special
8:30pm	The X Factor
10:00pm	Pick of the Day
11:45pm	ITV News
12:05am	Peston on Sunday
1:00am	Gone to Pot
1:50am	Jackpot247
4:00am	Motorsport UK
4:50am	ITV Nightscreen

itv2

7:00am	Totally Bonkers
	Guinness World Records
7:20am	The Cube
8:15am	Coronation Street
	Omnibus
11:00am	L.A. Story
11:15am	L.A. Story
11:30am	Ready, Set, Style
11:45am	Ready, Set, Style
12:00pm	Third Wheel
12:15pm	Third Wheel
12:30pm	The X Factor
2:00pm	Take Me Out
3:15pm	You've Been Framed!
4:15pm	Happy Feet Two
5:15pm	FYI Daily
5:20pm	Happy Feet Two
6:20pm	Despicable Me
7:20pm	FYI Daily
7:25pm	Despicable Me
8:15pm	Inception
9:15pm	FYI Daily
9:20pm	Inception
11:15pm	Family Guy
11:45pm	Family Guy
12:15am	Family Guy
12:45am	American Dad!
1:15am	American Dad!

itv3

7:00am	On the Buses
7:25am	Agatha Christie's Marple
9:05am	Heartbeat
10:10am	Heartbeat
11:15am	Murder, She Wrote
12:15pm	Murder, She Wrote
1:15pm	Murder, She Wrote
2:20pm	Poirot: Murder on the Orient Express
3:20pm	FYI Daily
3:25pm	Poirot: Murder on the Orient Express
4:55pm	Columbo
7:00pm	Wycliffe
8:05pm	Agatha Christie's Marple
10:00pm	The Syndicate
11:10pm	The Theory of Everything
12:15am	FYI Daily
12:20am	The Theory of Everything
1:35am	The Knock <i>Drama series following the dangerous investigations of an HM Customs and Excise unit.</i>

itv4

7:00am	Football's Greatest
7:15am	The Sweeney
8:10am	The Sweeney
9:10am	The Protectors
9:40am	Pawn Stars
10:10am	Pawn Stars
10:40am	Pawn Stars
11:05am	Pawn Stars
11:35am	Pawn Stars
12:00pm	Pawn Stars
12:30pm	Pawn Stars
1:00pm	Pawn Stars
1:30pm	Pawn Stars
1:55pm	Pawn Stars
2:30pm	ITV Racing Live
5:00pm	The Alamo
6:00pm	FYI Daily
6:05pm	The Alamo
8:15pm	Football's Greatest: George Best
8:30pm	River Monsters
9:00pm	The Chase: Celebrity Special
10:00pm	Cliffhanger
11:00pm	FYI Daily
11:05pm	Cliffhanger
12:15am	Hard to Kill
1:15am	FYI Daily
1:20am	Hard to Kill
2:20am	River Monsters

sky CINEMA ACTION & ADVENTURE

7:10am	Rocky IV
8:50am	Charlie's Angels
10:40am	Fantastic Beasts and Where to Find Them
12:55pm	The Magnificent Seven
3:05pm	2012
5:45pm	Green Zone
7:45pm	Fantastic Beasts and Where to Find Them 2012
10:00pm	Fearless

sky CINEMA COMEDY

9:30am	Dragnet
11:25am	Talladega Nights: The Ballad of Ricky Bobby
1:30pm	Mike and Dave Need Wedding Dates
3:15pm	Keanu
5:00pm	Almost Christmas
7:00pm	Miss Congeniality 2: Armed and Fabulous
9:00pm	Mike and Dave Need Wedding Dates
10:45pm	Keanu
12:30am	O Brother, Where Art Thou?

sky CINEMA PREMIERE

7:00am	Mum's List
8:55am	The Top Ten Show 2017
9:10am	Drone
10:55am	Upside Down
12:55pm	The Great Wall
2:55pm	In a Valley of Violence
4:55pm	Assassin's Creed <i>Stylish action about a career criminal saved from death row by a shadowy organisation.</i>
7:00pm	Upside Down
9:00pm	The Great Wall
10:50pm	In a Valley of Violence <i>Full-blooded western starring Ethan Hawke as a mysterious drifter.</i>
12:45am	Assassin's Creed <i>Stylish action about a career criminal saved from death row by a shadowy organisation.</i>
2:55am	The Doo Dah Man

sky sports football

9:00am	Football's Greatest
9:30am	EFL Goals: Championship
10:00am	EFL Goals: League 1 and 2
10:30am	The Sunday Supplement
12:00pm	Live La Liga 2017/18
2:00pm	Football
4:30pm	Info not available
6:25pm	Live La Liga 2017/18
8:30pm	Live La Liga 2017/18
10:35pm	La Liga Greatest Games
10:45pm	La Liga Icons
11:00pm	EFL Goals: Championship
11:30pm	EFL Goals: League 1 and 2
12:00am	Magical Messi <i>Enjoy some of the best moments from the career of Argentinian football icon Lionel Messi. Seen by some as the world's finest player, he is Barcelona's record goalscorer.</i>

Defending taking food porn photos Gordon Ramsay style

Nora Johnson
Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson



SNAPPY:
Gordon Ramsay has defended those who post food pics online.

HEARD about the latest squabble between rival three-Michelin star chefs Gordon Ramsay and Michel Roux? Ramsay described Roux as “pompous” and an “old fart” for banning diners at his Waterside Inn in Bray from photographing their food on Instagram: “If I see a great-looking picture posted, I’ll want to go and eat there immediately, he’s just an old fart who’s forgotten to move on!”

Personally, I’m not too bothered if people want to take pictures of food provided it’s done discreetly, though I do question the motivation. Perhaps they’re all keen chefs who want to replicate the dish, though wouldn’t it be embarrassing if people started posting photos of Big Macs, KFC bargain buckets or home-cooking disasters, and tagging them as if they were taken at

Monsieur R’s establishment?

As for attention-seeking, motormouth Ramsay, it’s simply unfortunate that he can’t actually discuss anything without his usual unintelligent four-letter expletives, or being rude and pretentious.

Talking of pretentiousness, navigating London’s restaurant scene these days is a bit like trying to find Wally in the dark, isn’t it? From weird pop-ups in shipping containers in Brixton to no-reservation, foraged-food joints in hipster Hackney.

Why must everything be ‘curated’ now - hang on while I curate some clothes to put on today - or ‘hand-crafted’? My coffee

from a local coffee ‘artisan’ was ‘hand-crafted’ (although I’m pretty sure I saw it coming out of a machine). And don’t get me started on ‘hand-cut’/‘hand-cooked’ chips - though better, I suppose, than crushed by foot or strained through teeth.

But I confess I’m a connoisseur of foodie pilgrimage stories. I love hearing tales of hazardous journeys to some distant outpost where, in some hovel known only to indigenous mystics, you’re served the local black flatbread made from unicorn’s ashes and garnished with virgin’s tears, and the taste is simply ‘a-w-e-s-o-m-e’!

Well, Monsieur Roux. I’ve just posted on Instagram a photo of my lunch of ‘haricots à la sauce tomate sur pain grillé’ (or ‘beans on toast’ to us), everything hand-cut, curated and foraged. Délicieux. So beat that!

Nora Johnson’s psychological crime thrillers ‘The Girl in the Red Dress,’ ‘No Way Back,’ ‘Landscape of Lies,’ ‘Retribution,’ ‘Soul Stealer,’ ‘The De Clerambault Code’ (www.nora-johnson.net) from Amazon. All profits to Costa del Sol Cudeca cancer charity

columnists@euroweeklynews.com

THURSDAY THOUGHTS

By Susan Piercy (Albox)

The adventure

LET’S move to Spain we said. It’ll be an adventure. We can live like movie stars in a white villa with a swimming pool. Live the dream. The envy of our friends. Enjoy endless sunshine, cheap booze and minimum bills.

We arrived in February; expectations high after years of hard work. Wishful dreamers that we were, the weather was cold, wet and windy. Spain was supposed to be hot; wasn’t it? The villa was freezing so we lit our log fire eager to warm our disappointed cockles by the hearty chunks of blazing olive wood. Only when we were choking in a smoke-filled room did we discover the chimney was ornamental.

It rained, the ceiling leaked and the wind howled through the house like a screaming banshee. The tiles were cold and our feet freezing. Why oh why had we swapped our semi in England with wall to wall carpeting and central heating for this?

Swimming pool full of sludge, broken pump and leaking water. What had happened to the film-star life style?

To make matters worse we got our medication mixed up. (Knew we should’ve learned the lingo.) I suffered head rushes while hubby felt great on my HRT. Reality hit, should we give up our dream? Go home? Had our adventure turned sour?

Suddenly the sun shone, the rain stopped, the wind died down and was replaced by a warm breeze heralding summer. Each problem found its solution and our skin took on a golden glow along with our humour.

We laugh about those early days now because the mishaps were the adventure.

columnists@euroweeklynews.com

Readers interested in submitting articles for this guest column should send articles of around 250 words on topics felt to be of interest to the cosmopolitan EWN readership to editorial@euroweeklynews.com.

Advertising feature

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Lawyer.



THANKS: From a satisfied client.

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Rosa M Mut Lawyers cover an area from north Valencia to the south of Alicante, particularly focusing on the Denia, Orba, Jalón Valley, Javea and Benissa area and you can be assured that all of your legal matters are in safe hands with these experts who work with the most qualified lawyers in the Valencian Community as well as professional English solicitors, allowing them to offer the best of both legal worlds.

The office is open from 9.30am until 2.30pm Monday to Friday but appointments can be made between 9am and 9pm by calling 669 127 876 when you will be assisted in English or Spanish although German or French translators can be arranged.

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Avda Ameriques 35, Orba,
Tel: 965 584 277 or 669 127 876
E-mail: rosam.mut@gmail.com

Visit:

www.costablancaalawyer.com

GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:15am	Claimed and Shamed
11:00am	Homes Under the Hammer
12:00pm	The Housing Enforcers
12:45pm	The Sheriffs are Coming
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Armchair Detectives
4:00pm	Escape to the Country
4:45pm	Royal Recipes
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	Fake Britain
9:00pm	EastEnders
9:30pm	Would I Lie to You?
10:00pm	Elizabeth and Philip
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Stalkers
12:45am	The Apprentice
1:45am	Weather for the Week Ahead

BBC TWO

8:15am	Getting the Builders in
9:00am	The Big Family Cooking Showdown
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	The Link
2:45pm	Terry and Mason's Great Food Trip
3:15pm	Going Back Giving Back
4:00pm	WPC 56
4:45pm	Oxford Street Revealed
5:15pm	Wartime Farm
6:15pm	Put Your Money Where Your Mouth Is
7:00pm	Eggheads
7:30pm	Strictly - It Takes Two
8:00pm	Celebrity Antiques Road Trip
9:00pm	University Challenge
9:30pm	Nigella: At My Table
10:00pm	Labour - The Summer that Changed Everything
11:00pm	Insert Name Here
11:30pm	Newsnight
12:15am	Exodus: Our Journey Continues

BBC FOUR

8:00pm	Beyond 100 Days
8:30pm	Great Continental Railway Journeys
9:00pm	Building the Ancient City: Athens and Rome
10:00pm	Sailors, Ships and Stevedores: The Story of British Docks
11:00pm	My Mother's Lost Children
12:30am	The Last Journey of the Magna Carta King
1:30am	Swim the Channel
2:30am	Keys to the Castle
3:30am	Building the Ancient City: Athens and Rome
4:30am	This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i>

CHANNEL 4

9:00am	Everybody Loves Raymond
9:35am	Everybody Loves Raymond
10:05am	Frasier
10:35am	Frasier
11:05am	Ramsay's Hotel Hell
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	Kirstie's Handmade Christmas
3:10pm	Countdown
4:00pm	A Place in the Sun: Winter Sun
5:00pm	Coast v Country
6:00pm	Four in a Bed
6:30pm	Come Dine with Me
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Dispatches
9:30pm	Tricks of the Restaurant Trade
10:00pm	999: What's Your Emergency?
11:00pm	First Dates
12:05am	Naked Attraction
1:05am	A Very British Brothel

CHANNEL 5

8:35am	Peppa Pig
8:45am	Peppa Pig
8:55am	Floogals
9:05am	Digby Dragon
9:20am	Rusty Rivets
9:35am	Shimmer and Shine
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	GP's: Behind Closed Doors
1:10pm	5 News Lunchtime
1:15pm	The Gadget Show
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS: New Orleans
4:15pm	Nanny for Christmas
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	FIA World Rally Championship Highlights - Australia
9:00pm	Sinkholes
10:00pm	Chris Tarrant: Extreme Railway Journeys
11:00pm	Secrets of the Tube

4

12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	New Girl
1:30pm	New Girl
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	How I Met Your Mother
4:30pm	How I Met Your Mother
5:00pm	New Girl
5:30pm	New Girl
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	First Dates Abroad
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Made in Chelsea
11:00pm	Tattoo Fixer
12:05am	The Big Bang Theory
12:35am	The Big Bang Theory
1:05am	Rude Tube
2:10am	Gogglebox

sky sports main event

7:00am	Cricket
12:15pm	My Icon
12:30pm	Sky Sports Daily
1:00pm	SKY Sports News
2:00pm	SKY Sports News
3:00pm	SKY Sports News
4:00pm	SKY Sports News
5:00pm	SKY Sports News
6:00pm	SKY Sports News
7:00pm	SKY Sports News
8:00pm	Football
12:00am	SKY Sports News
1:00am	SKY Sports News
2:00am	My Icon
2:15am	Live NFL: Atlanta @ Seattle <i>Seattle Seahawks meet Atlanta Falcons at CenturyLink Field in the NFL.</i>
5:45am	My Icon

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	Regional News and Weather
3:00pm	Dickinson's Real Deal
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Regional News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Pick of the Day
9:30pm	Coronation Street
10:00pm	I'm a Celebrity, Get Me Out of Here!
11:30pm	ITV News
12:00am	Regional News and Weather
12:15am	Serial Killer with Piers Morgan

itv2

8:10am	Dinner Date
9:00am	Emmerdale
9:30am	You've Been Framed!
10:00am	You've Been Framed!
10:30am	The Ellen DeGeneres Show
11:20am	Dinner Date
12:20pm	Dress to Impress
1:20pm	Emmerdale
1:50pm	You've Been Framed!
2:50pm	The Ellen DeGeneres Show
3:45pm	The Jeremy Kyle Show
4:50pm	The Jeremy Kyle Show
5:55pm	The Jeremy Kyle Show
7:00pm	You've Been Framed!
7:30pm	You've Been Framed!
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Family Guy
10:30pm	Ghosted
11:00pm	American Dad!
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!

itv3

7:00am	Coronation Street
7:25am	Coronation Street
7:55am	Heartbeat
8:55am	Wild at Heart
10:00am	Judge Judy
10:25am	Judge Judy
10:55am	Judge Judy
11:20am	A Touch of Frost
1:35pm	Wild at Heart
2:35pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:45pm	A Touch of Frost
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Doc Martin
10:00pm	Endeavour
12:00am	Blue Murder
1:35am	A Touch of Frost
3:30am	Teleshopping <i>Shopping from home.</i>

itv4

7:00am	Football Rivalries
7:10am	The Chase
8:00am	The Chase
8:45am	Storage Wars
9:20am	Storage Wars
9:45am	Pawn Stars
10:15am	Pawn Stars
10:40am	Ironsides
11:45am	Quincy, M.E.
12:45pm	The Sweeney
1:45pm	The Avengers
2:50pm	Ironsides
3:55pm	Quincy, M.E.
4:55pm	The Sweeney
6:00pm	The Avengers
7:05pm	Storage Wars
7:35pm	Storage Wars
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	River Monsters
9:30pm	River Monsters
10:00pm	Life Inside Jail: Hell on Earth
11:00pm	Death Wish 4: The Crackdown
12:05am	FYI Daily
12:10am	Death Wish 4: The Crackdown
1:05am	Motorsport UK
2:05am	The Sweeney

sky CINEMA ACTION & ADVENTURE

7:10am	Rocky V
9:00am	12 Rounds
10:55am	Jason Bourne
1:05pm	Rocky III
2:50pm	Hitman
4:30pm	The Karate Kid
6:40pm	The Rock
9:00pm	Bloodsport
10:40pm	Jason Bourne
12:50am	End of Days
2:55am	Terminal Velocity
4:40am	Tora! Tora! Tora!

sky CINEMA COMEDY

7:30am	Fred Claus
9:30am	Julie and Julia
11:40am	Fun with Dick and Jane
1:20pm	Liar Liar
3:00pm	You Don't Mess with the Zohan
5:00pm	How to be Single
7:00pm	Calendar Girls
9:00pm	Liar Liar
10:40pm	You Don't Mess with the Zohan
12:40am	Trading Places
2:40am	Brewster's Millions

sky CINEMA PREMIERE

7:00am	Drone
8:40am	The Doo Dah Man
10:25am	A Song for Christmas
12:00pm	In a Valley of Violence
1:50pm	The Hollow One
3:25pm	The Great Wall
5:10pm	Upside Down
7:10pm	In a Valley of Violence
9:00pm	The Great Wall
10:50pm	The Hollow One
12:30am	Upside Down
2:30am	Drone
4:15am	A Song for Christmas
9:00pm	Romance blooms between two single parents.

sky sports football

10:30am	La Liga Greatest Games
10:45am	La Liga Greatest Games
11:00am	La Liga 2017/18
1:05pm	La Liga 2017/18
3:10pm	La Liga 2017/18
5:15pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
5:45pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	Info not available
7:30pm	La Liga Icons
7:45pm	La Liga Icons
8:00pm	Soccer A.M.
8:30pm	Live La Liga 2017/18
10:35pm	La Liga Greatest Games
10:50pm	La Liga Greatest Games
11:00pm	SPFL Round Up 2017/18
11:15pm	SPFL Greatest Games
11:30pm	Soccer A.M.
12:00am	Championship Review



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BBC one

7:00am Breakfast
10:15am Claimed and Shamed
11:00am Homes Under the Hammer
12:00pm The Housing Enforcers
12:45pm The Sheriffs are Coming
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Doctors
3:15pm Armchair Detectives
4:00pm Escape to the Country
4:45pm Royal Recipes
5:30pm Flog It!
6:15pm Pointless
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm EastEnders
9:00pm Holby City
10:00pm The A Word
11:00pm BBC News at Ten
11:30pm BBC London News
11:45pm Drugsland
12:45am Life and Death Row

BBC TWO

7:00am An Island Parish
7:30am Claimed and Shamed
8:15am Armchair Detectives
9:00am Great British Menu
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Daily Politics
2:00pm The Link
2:45pm Terry and Mason's Great Food Trip
3:15pm Going Back Giving Back
4:00pm WPC 56
4:45pm Oxford Street Revealed
5:15pm Wartime Farm
6:15pm Put Your Money Where Your Mouth Is
7:00pm Eggheads
7:30pm Strictly - It Takes Two
8:00pm Celebrity Antiques Road Trip
9:00pm MasterChef: The Professionals
10:00pm Rick Stein's Road to Mexico
11:00pm Motherland

BBC FOUR

8:00pm Beyond 100 Days
The latest national and international news, exploring the day's events from a global perspective.
8:30pm Great Continental Railway Journeys
9:00pm Border Country: The Story of Britain's Lost Middleland
10:00pm Operation Grand Canyon with Dan Snow
11:00pm Roof Racks and Hatchbacks: The Family Car
12:00am Maps: Power, Plunder and Possession
1:00am Kew's Forgotten Queen
2:00am Border Country
3:00am Operation Grand Canyon with Dan Snow

CHANNEL 4

7:20am King of Queens
8:35am Everybody Loves Raymond
10:05am Frasier
10:35am Frasier
11:05am Ramsay's Hotel Hell
12:00pm Undercover Boss USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm Kirstie's Handmade Christmas
3:10pm Countdown
4:00pm A Place in the Sun: Winter Sun
5:00pm Coast v Country
6:00pm Four in a Bed
6:30pm Come Dine with Me
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm The Secret Life of 5 Year Olds
10:00pm Grand Designs
11:00pm The Truth About Muslim Marriage
12:05am Walter Presents: Mr Avila

CHANNEL 5

8:35am Peppa Pig
8:55am Floogals
9:05am Digby Dragon
9:20am Rusty Rivets
9:35am Shimmer and Shine
9:55am Ben and Holly's Little Kingdom
10:05am Mofy
10:15am The Wright Stuff
12:15pm Access
12:25pm Christmas in Conway
2:10pm 5 News Lunchtime
2:15pm Home and Away
2:45pm Neighbours
3:15pm NCIS: New Orleans
4:15pm Dear Secret Santa
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Yorkshire: A Year in the Wild
9:00pm Jo Brand's Cats and Kittens
10:00pm Ben Fogle: New Lives in the Wild
2:00am Super Casino

4

8:00am Charmed
9:00am Charmed
10:00am Rules of Engagement
10:30am Rules of Engagement
11:00am Black-Ish
11:30am Black-Ish
12:00pm How I Met Your Mother
1:00pm New Girl
1:30pm New Girl
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm The Goldbergs
3:30pm The Goldbergs
4:00pm How I Met Your Mother
5:00pm New Girl
5:30pm New Girl
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm First Dates Abroad
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm Tattoo Fixers
11:00pm Rude Tube

sky sports main event

7:00am Good Morning Sports Fans
7:30am Good Morning Sports Fans
8:00am Good Morning Sports Fans
8:30am Good Morning Sports Fans
9:00am Good Morning Sports Fans
9:30am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Premier League Daily
12:00pm Sky Sports Daily
12:30pm Info not Available
1:00pm SKY Sports News
2:00pm SKY Sports News
3:00pm SKY Sports News
4:00pm SKY Sports News
5:00pm SKY Sports News
6:00pm SKY Sports News
7:00pm SKY Sports News
8:00pm Soccer Special Pre-Match
8:30pm Rugby Union
11:00pm The Debate - Live

itv

7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm Regional News and Weather
3:00pm Dickinson's Real Deal
4:00pm Tenable
5:00pm Tipping Point
6:00pm The Chase
7:00pm Regional News and Weather
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Save Money: Good Food
9:00pm Pick of the Day
The Martin Lewis Money Show Live.
10:00pm I'm a Celebrity, Get Me Out of Here!
11:00pm ITV News at Ten and Weather
11:35pm Regional News and Weather
11:45pm On Assignment
12:20am Lethal Weapon
1:15am Gone to Pot

itv2

7:00am The Cube
7:45am Totally Bonkers
8:10am Guinness World Records
8:10am Dinner Date
9:00am Emmerdale
9:30am Coronation Street
10:00am Coronation Street
10:30am The Ellen DeGeneres Show
11:20am Dinner Date
12:20pm Dress to Impress
1:20pm Emmerdale
1:50pm Coronation Street
2:20pm Coronation Street
2:50pm The Ellen DeGeneres Show
3:45pm The Jeremy Kyle Show
4:50pm The Jeremy Kyle Show
5:55pm The Jeremy Kyle Show
7:00pm You've Been Framed!
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Two and a Half Men
10:00pm Sweeney Todd: The Demon Barber
11:00pm FYI Daily
11:05pm Sweeney Todd: The Demon Barber
12:20am Family Guy

itv3

7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am Wild at Heart
9:00am Judge Judy
10:00am Judge Judy
10:30am Judge Judy
10:55am Judge Judy
11:25am A Touch of Frost
1:35pm Wild at Heart
2:40pm Heartbeat
3:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:45pm A Touch of Frost
7:00pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Doc Martin
10:00pm Endeavour
12:00am Blue Murder
1:35am A Touch of Frost
When a young drug addict is found dead it is assumed that he died from an overdose.
3:30am Teleshopping Shopping from home.

itv4

7:00am World Cup Top Goalscorers
Short football film.
7:10am The Chase
8:00am The Chase
Quiz show hosted by Bradley Walsh.
8:50am Storage Wars
9:20am Storage Wars
9:45am Pawn Stars
10:10am Pawn Stars
10:40am Ironside
11:45am Quincy, M.E.
12:45pm The Sweeney
1:50pm The Avengers
2:55pm Ironside
3:55pm Quincy, M.E.
5:00pm The Sweeney
6:00pm The Avengers
7:05pm Storage Wars
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm Stuck on You: The Football Sticker Story
10:00pm River Monsters
11:05pm Full Metal Jacket
12:05am FYI Daily

sky CINEMA ACTION & ADVENTURE

1:40pm Underworld: Blood Wars
3:20pm The Day the Earth Stood Still
5:10pm The Karate Kid, Part II
7:10pm The 13th Warrior
9:00pm Underworld: Blood Wars
10:40pm The Day the Earth Stood Still
12:30am Twister
2:30am The 13th Warrior

sky CINEMA COMEDY

6:15am Runaway Bride
8:15am Happy Gilmore
9:55am Lost in Karastan
11:45am Dad's Army
1:30pm Why Him?
3:30pm The Waterboy
5:10pm Sisters
7:10pm The First Wives Club
9:00pm The Waterboy
10:40pm Why Him?
12:40am Krampus
2:25am Mrs. Brown's Boys D'Movie
4:05am Brüno
5:35am Police Academy 6: City Under Siege

sky CINEMA PREMIERE

7:00am The Top Ten Show 2017
7:15am The Doo Dah Man
9:00am Upside Down
11:00am 12 Days of Giving
12:45pm The Great Wall
2:45pm In a Valley of Violence
4:45pm Fantastic Beasts and Where to Find Them: Special
Sky Movies takes a behind-the-scenes look at the latest trip into JK Rowling's wizarding world.
5:15pm Upside Down
7:15pm 12 Days of Giving
9:00pm The Great Wall
10:50pm In a Valley of Violence
Full-blooded western starring Ethan Hawke as a mysterious drifter.
12:40am The Hollow One
2:25am The Doo Dah Man
4:10am Drone

sky sports football

1:00pm SPFL Round Up 2017/18
1:15pm SPFL Greatest Games
1:30pm Soccer A.M.
2:00pm Eredivisie
3:00pm SPFL Round Up 2017/18
3:15pm SPFL Greatest Games
3:30pm Soccer A.M.
4:00pm Football's Greatest Teams
4:30pm Football's Greatest Teams
5:00pm Scottish Cup Greatest Games
5:30pm La Liga Greatest Games
5:45pm La Liga Greatest Games
6:00pm Eredivisie
7:00pm SPFL Round Up 2017/18
7:15pm SPFL Greatest Games
7:30pm Soccer A.M.
8:00pm Soccer Special Pre-Match
8:30pm Gillette Soccer Special
11:00pm Revista de la Liga
11:30pm La Liga World
12:00am Eredivisie

Advertising feature

New owners carry on estate agency

SINCE they were established in 2010 Sunset Estate Agency has supported clients with long term rental and sales of properties across the Costa Blanca North. Originally started by Jo Ivory, she built her Javea based business on her reputation of fairness and honesty.

After seven years of trading she has recently decided to sell the business to Mike and Alison Tullett.

Mike and Alison have recently moved from Devon in the UK to run the business, however, they have owned a home on the Costa Blanca for five years and know the area well. Mike has spent the past 21 years building his career in sales roles within UK organisations. Prior to working in employed roles, he ran his own removals business and more recently he worked in a real estate sales and lettings business in Tiverton, Devon.

Throughout her career Alison worked in various customer service and sales roles working for companies

such as Porcelanosa, Clinique and Floris of London. In addition to employed roles she also owned and operated a dog boarding kennels for many years.

Mike who is going to lead business development has said "our aim for the business is to continue to build on the great reputation set by Jo but to expand geographically." Alison, who is going to be working within the rentals side of the business, said "we have tenants waiting for long term rental properties, we will be using *Euro Weekly News* to advertise for available properties across the Costa Blanca North." All the current staff will remain within their existing role, however, new positions will become available soon.

If you are in the area, Sunset Estate Agency can be found near the Arenal at the far end of the canal. Please feel to drop in, call them on 966 932 890 or visit their website www.sunsetjavea.com.



NEW OWNERS: Mike and Alison Tullett.

How ridiculous they are

Mike Senker

In my opinion

Views of a Grumpy Old Man



I'M lucky because I'm pretty computer savvy. I've always used computers for work, as well as at home, using search engines to look things up. But here's a word of warning about what not to look for on the internet. The worst thing you can do is to google medical symptoms.

Here's my advice - if you don't feel well go to the doctor. Do not self-diagnose because, if you do, I can guarantee you will have some of the worst diseases known to mankind. Every lump, stomach ache, going to the loo a lot or not enough will definitely mean you have got some form of horrible, nasty illness.

The same applies to looking at the side effects of medication the doctor has given you. I did it once and I absolutely had the majority of them and the ones I didn't have before I looked completely scared me about taking the medicines in case I got any of the others.

So now I just don't look and I advise you do likewise and save yourself a lot of worry.

'When are you going to do that?' I asked

the handyman. 'I'll get round to it sooner or later,' was the reply. What does that actually mean? Will it be sooner or later? It's one of those total dumbass sayings. He might as well have said, 'I'm not telling you!'

So of course that got me thinking about a couple of other sayings that makes me think how ridiculous they are.

I was watching one of those US cop TV shows and when they are questioning the suspect, they always say, 'Can you tell us, in your own words, what happened that night.' If that was me I'd be very tempted to say, 'I'm sorry, I don't have any of my own words, I just always use the same words as everybody else. Will that do?'

Another one that doesn't make sense is when you ask someone to do you a favour and they say, 'Sure, I'd be more than happy to do that for you.' What's more than happy? Delirious?

Last one today - when something is as 'easy as pie.' So back to google. What does it mean and why is it used? Apparently it's not the making of the pie; it's the eating of it. Well that's not easy for me because I'm diabetic and I've also googled what happens if I eat too much pie...

columnists@euroweeklynews.com

Email me: mikesenker@gmail.com.



TeleSat

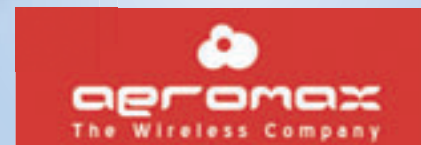
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BBC one

Table with 2 columns: Time and Program Name. Programs include Breakfast, Claimed and Shamed, Homes Under the Hammer, etc.

BBC TWO

Table with 2 columns: Time and Program Name. Programs include An Island Parish, Claimed and Shamed, Armchair Detectives, etc.

BBC FOUR

Table with 2 columns: Time and Program Name. Programs include Beyond 100 Days, Great Continental Railway Journeys, How the Wild West, etc.

CHANNEL 4

Table with 2 columns: Time and Program Name. Programs include Everybody Loves Raymond, Frasier, Ramsay's Hotel Hell, etc.

CHANNEL 5

Table with 2 columns: Time and Program Name. Programs include Paw Patrol, Noddy: Toyland Detective, Peppa Pig, etc.

4

Table with 2 columns: Time and Program Name. Programs include Rules of Engagement, Rules of Engagement, Black-Ish, etc.

sky sports main event

Table with 2 columns: Time and Program Name. Programs include Total Goals, Total Goals, Total Goals, etc.

itv

Table with 2 columns: Time and Program Name. Programs include Good Morning Britain, Lorraine, The Jeremy Kyle Show, etc.

itv2

Table with 2 columns: Time and Program Name. Programs include Emmerdale, The Cube, The Ellen DeGeneres Show, etc.

itv3

Table with 2 columns: Time and Program Name. Programs include Classic Coronation Street, Classic Coronation Street, Heartbeat, etc.

itv4

Table with 2 columns: Time and Program Name. Programs include Hat-Trick Heroes, The Chase, Storage Wars, etc.

sky CINEMA ACTION & ADVENTURE

Table with 2 columns: Time and Program Name. Programs include Tarzan, Terminator Salvation, The 5th Wave, etc.

sky CINEMA COMEDY

Table with 2 columns: Time and Program Name. Programs include The Top Ten Show 2017, Dumb and Dumber, How to Lose Friends and Alienate People, etc.

sky CINEMA PREMIERE

Table with 2 columns: Time and Program Name. Programs include 12 Days of Giving, The Top Ten Show 2017, The Doo Dah Man, etc.

sky sports football

Table with 2 columns: Time and Program Name. Programs include Revista de la Liga, La Liga World, La Liga Icons, etc.

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to yoursay@euroweeklynews.com or make your comments on our website: www.euroweeklynews.com

Views expressed and opinions given are not necessarily those of the EWN publishers. No responsibility is accepted for accuracy of information, errors, omissions or statements.

Are you sure you're on the padron?

SIR,
I wonder whether you could consider including an article regarding an issue which I have only just discovered despite many years serving on the council.

I recently had a few elderly couples come into my office asking for help due to their partners needing 24-hour nursing care, and we helped them get a place in a care facility.

Subsequently, we helped them contact social services with a view to applying for financial assistance. I then discovered that the claimant has to have been resident in the municipality for 10 years and consecutively on the padron (civil register) for the past two years, and if not they are not entitled to financial assistance.

The system for the maintenance of the padron creates a regular check to ensure that it accurately reflects who is in the municipality. But if the town hall are unable to contact the individual (due to changed phone number, no Spanish number, etc) they then drop off the padron and may not even know about it.

The only way to be sure is to check

Lions are losing roar

IT is very unfortunate that Nerja Lions Club now has members who seem to have forgotten what a Lion Club stands for.

When the Lions Club Nerja market was started many years ago, local charities were encouraged to take stalls and given half price rental rates.

Occasional charity sales were supported and given free access to a standing place by the gate.

This practice was continued until three years ago when a new President shelved the discount on the charity stalls. This also marked the time when a new intake of members created internal frictions which led to some people being forced to leave the club or resign.

These rejected members, believing in the ethics of the Lion Movement, started a new Lion Club in Nerja; the Lions Club, Balcon De Europa, Nerja.

We hope that readers will not think badly of the Lions movement because of the spiteful actions of one group of people.

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Blooming dispute Poppy seller sent packing

EXCLUSIVE
A recent report in the press stated that a poppy seller had been sent packing from a market stall. The seller, who had been selling poppies for many years, was told that his stall was no longer available. The seller was very upset and felt that he had been treated unfairly. The market organizers stated that the stall was no longer available because it was too small for the poppies. The seller was told that he should have been given a larger stall. The seller was very angry and felt that he had been treated unfairly. The market organizers stated that they had no choice but to remove the stall. The seller was very disappointed and felt that he had been treated unfairly. The market organizers stated that they had no choice but to remove the stall. The seller was very angry and felt that he had been treated unfairly. The market organizers stated that they had no choice but to remove the stall.

PREVIOUS EWN: Covering the recent dispute.

Margaret Barratt, past President, Nerja Lions Club

with the town hall. My suggestion would be that everyone makes that enquiry once a year, maybe on or near their birthday to ensure that they have not been inadvertently removed.

Jim Simpson, Zurgena Town Council, Almeria

On the turn?

WELL, it's official, the Leaping One's virtually owned up to being one of us and not one of them by giving the thumbs down to politicians who came through the public school system and we all know which party that is, well in the main anyway. What a fabulous picture in EWN (Issue 1688) of the chosen ones who believed they were born to rule. As for schemes and skulduggery the ex-Bullingdon's Club members and Tories are the masters of that!

Philip, San Fulgencio

Rental rip-off

I WISH to advise readers to make sure on returning their rental car to Goldcar at Alicante Airport they have it checked by a representative and take photos of the vehicle. My friends recently returned their vehicle at 6am - before the office was open - and have since been charged €615 for alleged damage!

Images which showed no obvious damage were attached to the bill. Several attempts have been made to contact them without success.

Mel Christie, Calpe

PC madness

WHY is it assumed that until recently everyone has enjoyed being deliberately rude about blacks and homosexuals so they had to introduce 'politically correct speech' to make sure that no-one would ever be inadvertently offended? But now we are to stop calling children girls and boys? Oh please!

June Rendle, Marbella

Out of town

HAS your printing equipment lost the word 'town'?

The only city on the Costa del Sol is Malaga! All the other municipalities are towns, villages or hamlets. Some of the places you call cities are not even towns, so please drop city everywhere!

Roberta, Malaga

Editor's note: Although the Spanish also class Marbella as a city, this point is well made and has been passed to the relevant department heads.

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Ex-shelter boss jailed for animal abuse

Pure evil!

IT'S time Spain started awarding minimum sentences of more than two years for animal cruelty - anything less, including the current one-year custodial term, will practically never have to be served as it is always suspended for a first offence. People actually being locked up for animal neglect and cruelty rather than just getting a symbolic black mark may act as a deterrent. Kally

I hope she will spend a long time in prison, absolutely heartbreaking all those poor dogs had to die because of greed. Doris Teasdale

Not enough time in my opinion... but a step in the right direction.

Let's hope this brings to the fore many other facilities that are operating in this way too. Karen Perry

Boris Johnson infuriates Spanish dinner guests

I JUST don't understand why he hasn't been sacked!!! He's an embarrassment to the UK. Anita Oakes

Comments from EWN online

How he even GOT that job still astounds me. Anne Sewell

Why does he even bother to open his mouth?? Ann Ayckbourn

And he's supposed to be a diplomat????? Barbara Taylor

Poppy seller sent packing from car boot sale

SHE'S not SELLING anything. She is taking donations. For which she is licensed.

People that know me understand that as much as I'm proud of my previous career, I will discuss it when asked, regale when invited to do so but don't walk around with my medals, tie and blazer on all of the time. But at this time of year it is different - it is special to me. It is a time for me to

privately reflect, to remember my comrades, my brothers and sisters of my 'Service Family' and to respect the Ultimate Sacrifice made for this country by some whom I knew and many that I didn't.

I am a Veteran, and a Veteran is someone who, at one point in their life, wrote a blank cheque payable to the United Kingdom for an amount up to, and including, their life. Regardless of personal political views, it is an honour to serve one's country, and there are far too many people in this country who no longer remember that fact. Sean Scully

Very embarrassed as this is our local car boot market and that the Lions have their own event for remembrance ... why stop someone else who is well known in town? Lydia Taylor

Mother shot and killed by ex-partner

A RECORD of physical and verbal violence against the deceased and released on bail pending trial for domestic violence. Why was he at liberty therefore to do this? Lorena Irwin

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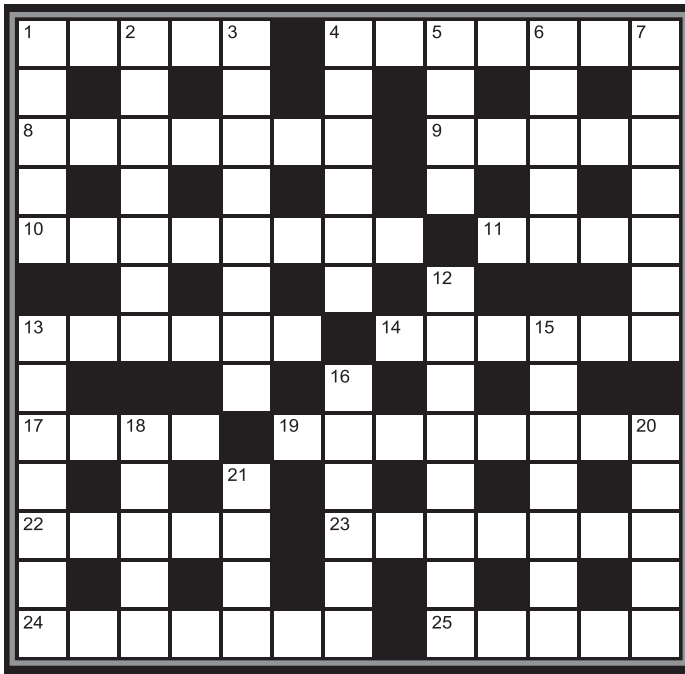
Cryptic

Across

- 1 Charlie enquires about barrels (5)
- 4 Former pilot's daft adventure (7)
- 8 Object when put into torn clothing (7)
- 9 Ring about never ending internet pest (5)
- 10 I acted in poor show (8)
- 11 Spirit around end of December causes a smile (4)
- 13 Relieves incantations (6)
- 14 Chaplains are spread around (6)
- 17 The remainder sleep (4)
- 19 Pet cried about being infirm (8)
- 22 Saw a daughter get mature (5)
- 23 Blend ten wine ingredients (7)
- 24 Recommend guests start getting organised (7)
- 25 What was a performance to be precise (5)

Down

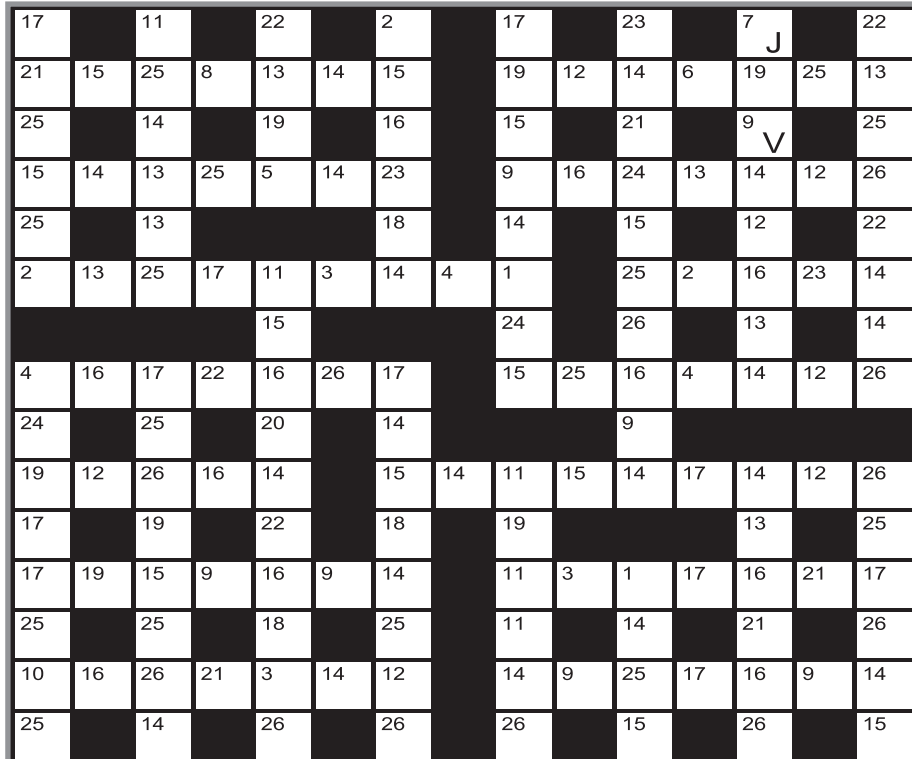
- 1 Dog runs between an officer and a private (5)
- 2 Edwin's upset about Lloyd's first fraud (7)
- 3 Outlines for small, confused clients (8)
- 4 English country property (6)
- 5 Trail from the Carpathian Mountains (4)
- 6 A smell from the food, our dinner (5)
- 7 New Testament stories about



- 8 gifts (7)
- 12 Surrealist friend is filled with determination (8)
- 13 Saint has lots of paper for courses (7)
- 15 Parcel I untied reveals an identical one (7)
- 16 Deprived female in a hat (6)
- 18 Some careless language (5)
- 20 An endless pact to foot the bill (5)
- 21 English monk buying every dinner, excluding starters (4)

Code Breaker

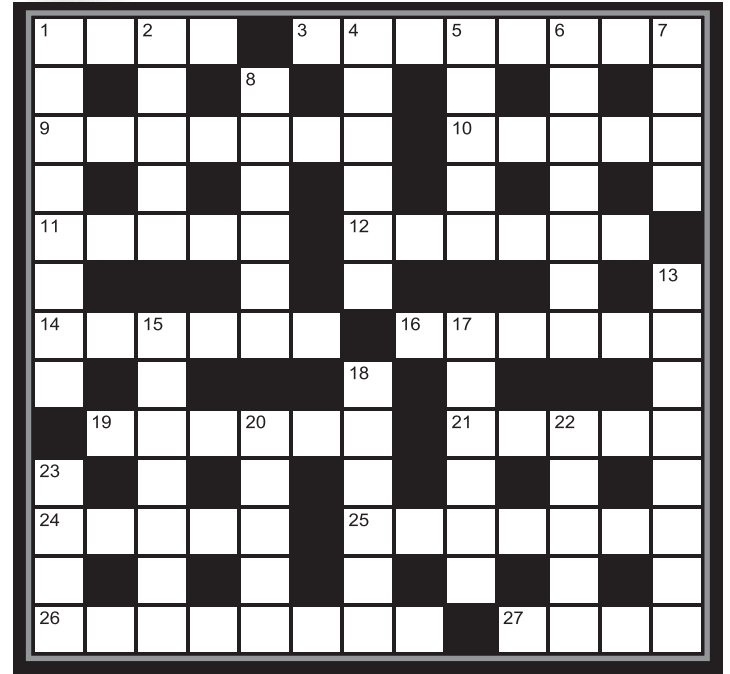
Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 7 represents J and 9 represents V, so fill in J every time the figure 7 appears and V every time the figure 9 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



1	2	3	4	5	6	7	8	9	10	11	12	13
						J		V				
14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTION FACING PAGE

Quick



Across

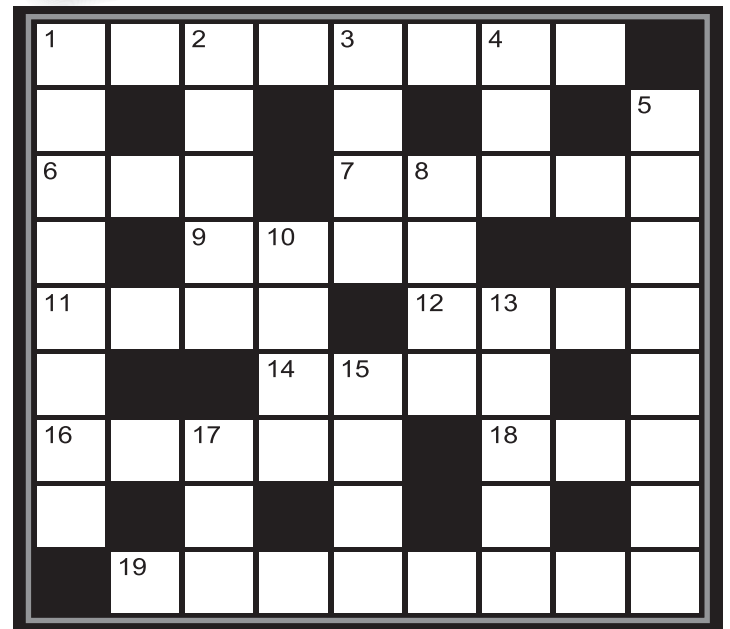
- 1/23 Become quiet or quieter (4,4)
- 3 Answer (8)
- 9 Regular payment (7)
- 10 Japanese dish (5)
- 11 Excessively fat (5)
- 12 Acquire (6)
- 14 Pass by, as time (6)
- 16 Disease of the skin (6)
- 19 Small informal restaurant (6)
- 21 Cause fear in (5)
- 24 Aquatic fish-eating carnivore of the weasel family (5)
- 25 Gun dog (7)
- 26 Drug that produces numbness or stupor (8)
- 27 Nothing (4)

Down

- 1 Any undertaking that is easy to do (8)
- 2 Graceful and elegant bearing in a person (5)
- 4 Severe or trying experience (6)
- 5 Disturb the balance or stability of (5)
- 6 Encourage (7)
- 7 Small metal spike with a broadened flat head (4)
- 8 Niche or alcove (6)
- 13 Major London railway station (8)
- 15 Pilot (7)
- 17 Unconcerned (6)
- 18 Japanese dwarf tree (6)
- 20 Body excluding the head and neck and limbs (5)
- 22 Similar (5)
- 23 See 1 Across

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Frost (substance) (8)
- 6 Huevo (3)
- 7 Alcalde (5)
- 9 Those (4)
- 11 Expensive (4)
- 12 Ordenado (4)
- 14 Pie (anatómico) (4)

Down

- 1 Ejercicio (8)
- 2 To take hold of (5)
- 3 Oar (4)

- 4 Today (3)
- 5 Hermanos (8)
- 8 Ass (donkey) (4)
- 10 Blando (madera, droga, agua) (4)
- 13 Stage (phase) (5)
- 15 Bears (animals) (4)
- 17 To hear (3)

CROSSWORD PAGE

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MADDOCKS' VIEW ON LIFE



'FORGET ALL YOUR TROUBLES AT HOME MRS MAY - LET US TALK PROPER MEANINGFUL BREXIT!'

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case L) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

- Average: 12
- Very good: 24
- Good: 17
- Excellent: 31

LAST WEEK'S SOLUTION

alit alto gait gilt girt goat grit grot iota lilt loti rata riot rota tail tala tall taro till tiro toga toil toll tori trig trio allot altar aorta argot atoll atria gator gloat griot groat raita ratio taiga tiara trail trial trill troll aortal atrial lariat latigo latria rialto tailor otalgia **ALLIGATOR**

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

8	2	9	1	7	4	6	5	3
6	5	4	9	2	3	8	1	7
3	1	7	5	6	8	2	4	9
2	6	5	4	1	9	3	7	8
7	8	3	6	5	2	4	9	1
9	4	1	3	8	7	5	2	6
4	3	2	8	9	1	7	6	5
1	7	6	2	3	5	9	8	4
5	9	8	7	4	6	1	3	2

	2			3		5		
		1						
	8	3						9
		4			5	2	1	
				4		3	5	5
			1	6				
	6			7		9		
			6			8		
	1		2	9	8			

LAST WEEK'S SOLUTIONS

CRYPTIC

Across:

- 1 Rare earth, 8 Silo, 9 Catalonia, 10 Repeal, 13 Shrewd, 15 Route, 16 Curer, 17 Award, 18 Oscar, 21 Renown, 22 Starch, 25 Volunteer, 26 Teak, 27 Celebrate.

Down:

- 2 Aware, 3 Elate, 4 Apollo, 5 Thirst, 6 Disrepair, 7 Hoarded, 11 Perennial, 12 Arrow, 14 Heart, 16 Corinth, 19 Snooze, 20 Assume, 23 Alter, 24 Cheat.

QUICK

Across:

- 1 Cygnet, 4 Boring, 9 Avarice, 10 Stain, 11 Slice, 12 Targets, 13 Strict, 15 Census, 18 Resolve, 20 Scrub, 22 Aroma, 23 Nervous, 24 Shekel, 25 Ceases.

Down:

- 1 Claws, 2 Glazier, 3 Exile, 5 Observe, 6 Inane, 7 Genesis, 8 Deity, 13 Surpass, 14 Collate, 16 Serious, 17 Feint, 19 Scope, 20 Surge, 21 Basis.

ENGLISH-SPANISH

Across:

- 2 Sillas, 5 Cena, 6 Pozo, 7 Pared, 10 Words, 13 Cosa, 14 Lado, 15 Loncha.

Down:

- 1 Seda, 2 Sale, 3 Llover, 4 Stones, 7 Pencil, 8 Raisin, 9 Dew, 11 Olla, 12 Duda.

CODE BREAKER

1	I	F	X	4	L	5	Q	6	V	7	R	8	G	9	Z	10	O	11	M	12	P	13	Y
14	B	C	W	T	H	K	S	N	J	A	E	U	D										

KAKURO



LOTTERY

UK NATIONAL LOTTERY
 Saturday November 11

4 16 27 **BONUS BALL** 54
 30 41 49

IRISH LOTTO
 Saturday November 11

9 16 27 **BONUS BALL** 4
 41 42 47

EURO MILLIONS
 Tuesday November 7

7 19 20 **BONUS BALL** 2
 37 41 12

Friday November 10

13 22 29 **BONUS BALL** 1
 36 37 9

LA PRIMITIVA
 Saturday November 11

6 8 22 **BONUS BALL** 11
 24 43 45 1

EL GORDO DE LA PRIMITIVA
 Sunday November 12

11 30 37 **BONUS BALL** 4
 44 49

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19)
 A chance remark alluding to your past brings a flashback. This helps you to see a current situation more clearly. We all make mistakes and follow the same old patterns, but this time you are being forewarned. It is in your experience and power to make a different choice of action this time. In doing so, much confusion and upset can be avoided.

LEO (July 24 - August 23)
 You work hard for your money. Make it worthwhile by trying to hold on to as much of it as possible. Someone who is charming and plausible may try to get you involved in a fast-track money making scheme.

VIRGO (August 24 - September 23)
 By showing confidence in your own way of doing things, you inspire others. This is chiefly because you are at last finding a balance between work and home life. In the past you may have felt stressed and equated that with working - not so now.

PISCES (February 20 - March 20)
 Someone will most certainly come to the rescue when your situation changes. Well, they will, won't they? Have Plan B ready just in case. In continuing to think in the short term you do yourself no favours. Think now of a '10- year plan' and be determined to reach your goal. Bit by bit and day by day you will progress. You don't have to rush ahead and get stressed.

LIBRA (September 24 - October 23)
 Because you are intent on pleasing others, you may be cramping your own style. This is something that you have in abundance and it should be used. You may be feeling that a business idea does not stand a chance.

ARIES (March 21 - April 20)
 An exciting project is bubbling away in your mind but may need financial backing. Take advice from a professional or someone with successful experience in these matters. Remember that any idea has to grow, so consider what you need to see happen in five years' time.

SCORPIO (October 24 - November 22)
 A juicy bit of gossip comes your way this week and it is hard to keep it quiet. You must do so, however, because there is a lot riding on it. When people trust you, they are saying much about the relationship. In this particular case, the person may well be able to progress you socially at some time in the future.

TAURUS (April 21 - May 21)
 During your social encounters this week you meet someone who offers to help. That is great, but do ask yourself if you would be prepared to give anything in return.

SAGITTARIUS (November 23 - December 21)
 The rather more serious side of your nature needs to take over this week. Someone in a higher position is keeping an eye on you. This maybe because they are considering you for promotion, so be on your best behaviour. It is important at the moment to stick to any rules and regulations or your reputation (and pocket) could be hit.

GEMINI (May 22 - June 21)
 Some exciting suggestions make you think twice about a current business matter. However, it may not be necessary to change anything but to consider the new suggestion as a sort of 'add on' to a current project.

CAPRICORN (December 22 - January 20)
 Letting life get too tame will eventually irritate you no end. Your social life needs a boost which, in turn, helps romance blossom. It is easy to be a bit lazy when things are going smoothly but we all need constant stretching. With an active mind such as yours, the important thing is to keep making progress. This may be in a physical way or in some kind of business. A brisk attitude to your whole life is needed.

CANCER (June 22 - July 23)
 The moment that you have been waiting for has arrived. A colleague has made a decision that is long overdue. Perhaps you are a little shocked and speechless because there has been such a time lag, but this will pass. It may not be over-convenient but the phrase 'striking while the iron is hot' springs to mind.

Advertising feature

Crystal Windows a clear choice for your house

IF you are looking for new windows, doors or glass curtains then Crystal Windows, which has been in business in Costa Blanca since 1997, could be the place to visit.

As manufacturers of replacement windows, doors, conservatories, terrace enclosures and glass curtains, they offer a 10 year guarantee on all products and can converse in English, Dutch, German and Spanish.

For 20 years now the company has been improving clients' views from Valencia all the way to Alicante and they are ready to advise new clients on the range of reasonably priced options that exist. They are proud of the fact that Crystal Windows are the only company on the Costa Blanca to manufacture their own curved PVC arches and their entire service is aimed at making sure that customer satisfaction always comes first.

Nothing is too much trouble to ensure your experience of ordering with Crystal Windows is professional, pleasant and very satisfying, turning your dreams into reality with friendly and knowledgeable staff in every department ready to help.

Your chosen configuration will be installed by their experienced and highly skilled fitting teams to standards most companies could only hope to match. Latest technologies and computerised machinery combine with 20 plus years of experience



CRYSTAL WINDOWS: Be sure to visit their showroom.



GLASS CURTAINS: Warm in the winter yet cool in the summer.

to ensure that new windows and doors are manufactured with precision, efficiency and to the highest technical standard.

All of their fitters have worked for a minimum of five years in Spain, gaining a proper knowledge of Spanish materials and building

techniques, working exclusively for Crystal Windows. They are skilled not only in window fitting, but in all the associated building works that may be needed such as block work, plastering and tiling. Having been fabricating and installing in Spain since 1997 their experience and understanding of what is needed is second to none.

Importantly they are able to advise you on the most suitable solution for your needs, taking into consideration conditions particular to Spain, the weather, temperature variations - cold in the winter - warm in the summer, ventilation, security and low maintenance.

You are invited to visit their showroom in Pedreguer to discuss your requirements and to see a range of products and working models and unusually, they will also be happy to show you their factory to see exactly how they manufacture the wide range of product.

Crystal Windows Doors & Conservatories, S.L. is open from 9am to 6pm with no lunchtime closing and they promise that you won't be pressured into committing on the spot.

The showroom is at Carrer de la Pansa 14, Pol. Ind. Les Galgues 03730 Pedreguer, Alicante. Tel (+34) 96 645 72 53 - Fax (+34) 96 645 72 70 e-mail: info@crystalwindows-spain.com and to get more idea of the special products available visit <http://crystalwindows.es>.

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MANAGER: Ilde Casanova.

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Under the management of Ilde Casanova who has over eight years of experience in the field, We Park Alc is part of a new group of parking services that really cares about what they do.

You can see this on their logo which is a smart combination of a heart and parking lines, meaning that they love

what they do.

With new and best quality facilities like the office, the van for the shuttle service, the workers, the entrance, the flags, the colours they use, every detail they care about shows you that you have found a really first class parking option.

The company carefully considers all the individual needs of each client and with many being repeat and return customers their details are logged and stored so that the friendly service becomes a familiar one.

Ilde Casanova comments: "I always say: 'We work with cars but deal with people, everyone by their name,' and we pride ourselves on offering that personalised and friendly service."

All of their outdoor spaces and covered spaces are laid

with tarmac and they operate a shuttle service 24 hours a day, seven days a week, so there is never any waiting for your transfer to the airport terminal after you have dropped off your vehicle.

We Park Alc is conveniently located just two minutes from Alicante-Elche Airport and is accessed via its own entrance so users know they are close by without having to add to their journey time.

Unlike most other companies they do not move your vehicle so you can keep your key giving customers extra security and peace of mind.

However, if you are leaving your vehicle for a longer period of time you may wish to entrust Ilde Casanova and the We Park Alc team with the key and take advantage of a range of other services available.

We Park Alc offers a full valet service, can arrange an ITV test and undertake mechanical checks to make sure when you return, your car is in perfect working order.

A weekend stay costs just €17, a week €26 or a year (with up to 12 visits) €250, but show their advertisement in *Euro Weekly News* and the annual pass costs just €199!

If you know Ilde Casanova from previous roles, do get in contact with him, but if you haven't met him yet, visit We Park Alc and find out what he can offer.

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Avoid the dreaded lurgy

By Sally Underwood

WE all know we are more prone to coughs and colds in the winter months.

Poor sleep patterns, lack of fresh air and colder temperatures all lower our immune systems and increase our risk of catching a bug. The constant supply of hugs and kisses from friends and family at festive parties also heightens our chances of catching something someone else has.

However, there are some simple hygiene changes you can make this winter to avoid contracting bugs.

According to Heather Leslie, director of infection prevention and control at Benenden Hospital, a sneeze can travel around 30 metres if not captured in a tissue, while vomit can also travel far. She explains "just one particle" can spread infection to others.

So if you are ill, try to limit your contact with other people, particularly the very old, the very young and pregnant women and avoid spreading the infection further.

Leslie also encourages eating five portions of fruit and vegetables a day and getting as much sleep as possible. While this is sensible advice for any time of year, Leslie says this will avoid putting unnecessary strain on your immune system, therefore lowering your risk of contracting bugs.

She says it is also important to wash our hands more thoroughly than normal when there are bugs floating around. She explains an equally important part of the process is drying our hands, saying "wet hands are as dangerous as dirty hands." The NHS advises washing hands for between 40 and 60 seconds, reaching every part of your fingers, palms and nails.

Finally, Leslie recommends keeping our houses as clean as possible to avoid bugs spreading. She says we should use antibacterial sprays and disposable cloths on all kitchen and bathroom surfaces as well as ensuring we close our toilet lids before flushing as germs can travel up to six metres.



RUN DOWN: You can make small changes at home to avoid getting dreaded winter bugs.

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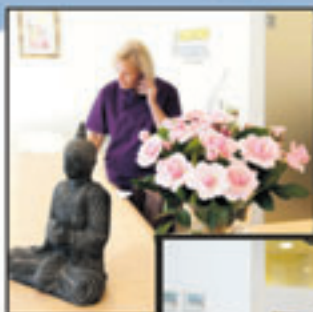
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Aching muscles?

COLDER temperatures mean many of us suffer from aches and pains we do not notice the rest of the year.

Whether it is an old injury flaring up or muscles con-

tracting when cold, these pains can reduce our quality of life in the winter months and prevent us being as active as normal.

The good news is there are several steps you can take to avoid and treat aching muscles and limbs.

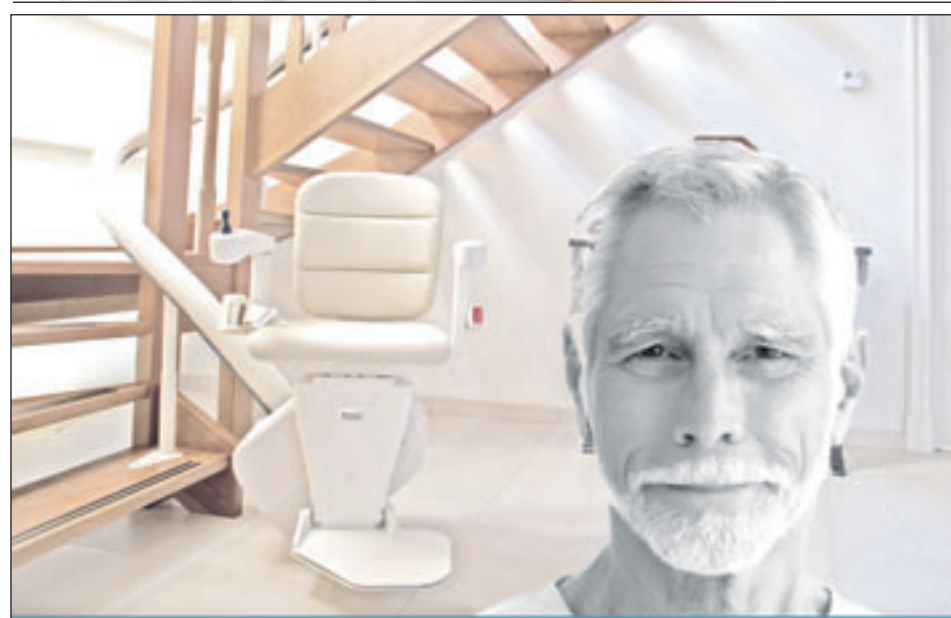
While advice for years has involved using either heat or ice packs to relax muscles or reduce inflammation, the latest medical advice recommends alternating the two. You do not have to buy anything to do this, simply using things from your own home.

To make a heat pack, fill a long sock with rice and then tie or sew the end shut before heating in the microwave for around 60 seconds. Checking the pack is not too hot, place it on the affected area.

To make an ice pack, either use a bag of frozen peas or other small vegetables - providing you do not mind defrosting your dinner - or fill a freezer bag with one part rubbing alcohol to two parts water and freeze. Place the finished product inside another freezer bag to prevent leaks and you will have a reusable gel ice pack.

If the ache persists, try a warm bath with a cup or two of Epsom salts (these are not recommended for those with a heart condition, high blood pressure or diabetes). These salts are made up of magnesium chloride and the magnesium is a muscle relaxant. In salt form, this chemical helps to draw moisture from the body, reducing inflammation and therefore muscular pain. Epsom salts can be found in most pharmacies as well as online.

SORE STUFF: Heat patches helps to relax tense or inflamed muscles.



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Prostate cancer: what to look for



SPECIALIST: Doctor Luis Perez Belmonte.

HOW often is prostate cancer present in middle-aged men?

Prostate cancer is extremely common, although its exact cause is unknown. Around 29,000 men in Spain suffer from the disease each year, making it the most common form of male cancer, affecting up to 50 per cent of males over 70.

When should you get checked?

All men over 50 should get checked even if they present no symptoms. If any symptoms present themselves or if you have any queries before this age don't hesitate to see a specialist.

What are the symptoms of the onset of prostate cancer?

Symptoms can take a long time or even years to manifest. In the early stages, when the tumour is confined to the prostate, it may be asymptomatic or accompanied by mild obstructive symptoms such as urinary incontinence, interruption of the urine stream, increased frequency of urination, especially at night, difficulty urinating or a burning sensation during urination.

When tumours are in an

advanced stage they can be accompanied by blood in the urine, infection, back pain and difficulties in sexual relations.

When it comes to advanced tumours, legs may appear swollen (due to the growth of regional lymph nodes), bone pain can present itself (due to the tumour spreading to the bone) and even weakness or loss of strength in the legs can appear (due to compression of the spinal cord or nerve roots). It can also cause kidney failure, loss of appetite and weight loss or anaemia.

What is the prognosis for the disease?

The evolution of the disease is usually slow, allowing early and timely treatment to control the disease in the majority of cases.

If diagnosed, what is the treatment?

Treatment depends on how the disease evolves and data, such as the grade and stage of cancer, age and health status of the patient are important to deciding treatment. Currently there are four ways to proceed to reduce and/or remove prostate cancer: surgery, radiation, hormonal therapy and permanent observation.

If you have any questions for Dr Perez Belmonte, please send them to:
jefemedico@helicopterossanitarios.com

Unsettling news



TUMMY BUG: Make sure you take extra measures to stay healthy during the festive season.

PARTY season is definitely upon us and with it an increased risk of contracting food poisoning.

Buffets left out too long, wrongly defrosted party food and improperly handled seafood all place us at risk of salmonella and other infections. In the United States, around 300,000 people are hospitalised with food poisoning each year with 5,000 dying from their illness, making it especially important to prevent against germs.

So if you are hosting a party this winter, here are some easy-to-follow tips to make sure your food is as safe as possible.

According to website, Web-

MD, the two most common causes of food poisoning are unwashed hands and cooking food at the incorrect temperature. To avoid this, make sure you wash your hands thoroughly using an antibacterial soap every time you handle food, particularly if you are handling different meats or raw and cooked meat.

Make sure you cook your food to the temperature recommended on the recipe or packaging by using a food thermometer in any meats or flat foods.

Before even starting to cook, make sure you store your food properly by refrigerating it as soon as possible when you get home and cook-

ing it within two hours of it being out of the fridge.

When handling meats, make sure to use one set of utensils and serving dishes for raw and cooked meats and store them on different shelves in your fridge.

Finally, once your food is prepared, if you are laying it out buffet-style make sure to keep hot food hot with chafing dishes and cold food cold, for example by placing seafood on ice.

If you are refilling depleting supplies of a particular dish, put a fresh dish out rather than mixing the older food with the new and make sure nothing stays out for longer than two hours in total.



FEET TREAT: It's important to give your feet some extra TLC in winter.

Twinkle toes

BEREFT of their customary uniform of flipflops and sandals, our feet can become sadly neglected throughout the winter as we cover them up more.

Giving yourself a pedicure can give you a quick makeover as well as ensuring your feet are hot to trot when the weather heats up again. Regular pedicures also get the blood flowing in your feet and lower legs, improving your circulation and help you detect any skin or nail problems early on.

Before starting your pedicure make sure you have all the es-

entials to hand; a bowl filled with warm water, exfoliant or sea salt, good quality nail scissors or clippers, a nail file, a pumice stone or foot file, a moisturiser and nail varnish remover and nail polish if applicable.

Remove any existing nail varnish before placing your feet into your bowl of water. For an extra treat, add Epsom salts, bath salts, bubble bath or essential oil to the water for further skin-softening properties. Soak feet for around 10 minutes before massaging them with an exfoliator or a

handful of dampened sea salt; this will help to remove dead skin.

Remove your feet from the bowl and dry them thoroughly before using your pumice stone or a very fine grade foot file to slough any particularly rough skin from heels and toes. Now trim your toe nails with scissors or clippers. Make sure you cut them in a straight line rather than an arc shape as this will encourage ingrown toenails.

Cover your feet in a layer of moisturiser.

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DREAM ON: Make sure you create the right environment for a good night's sleep.

THE changing seasons can affect our sleep patterns, leaving us tired and more vulnerable to illness.

In addition to affecting our immune systems, lack of sleep also increases our risk of diabetes and depression, lowers our concentration levels and alters our mood. A recent study even found our brain cells slow down when we are tired, meaning we process information slower and making driving, whilst tired, as bad as drink driving in some cases.

Creating the right environment to get some shut eye is crucial and The Sleep Foundation has some sug-

Sleep tight

gestions.

Firstly, the organisation recommends getting your body clock into an optimum position by going to bed and waking up at the same time every day. The Sleep Foundation claims this will regulate your sleep patterns, helping you to stay asleep for longer.

Next, it recommends establishing a relaxing routine you practise before bed each day, whether this is taking

time to massage in a moisturiser or clenching then unclenching all your body's muscles in turn starting from your toes.

The Sleep Foundation also suggests checking your room for distractions, including light and noise. It is well-known 'blue light' - the sort of light emitted from mobile phones and tablets - can disrupt sleep and even induce depression so make sure to turn off any devices

at least 45 minutes before trying to get to sleep. Block out excess light with lined curtains and reduce any noise pollution, including snoring, by using a white noise machine to mask the sound.

Use good quality mattresses, pillows and linens in breathable fabrics to make your bed as comfortable as possible and reduce your risk of being woken up.

Finally, if you are struggling to relax before sleep, why not turn your bedroom into an oasis by using a lavender pillow spray or diffuser and get ready to sleep like a baby!

How to keep motivated this winter

IT'S easy to put off venturing outside for a bit of exercise when the temperature starts to drop and the days grow darker.

However, it's important to keep up your routine throughout winter, otherwise your body may be in for a bit of a shock when spring rolls back around and you decide to pick things up again.

You don't have to punish yourself by embarking on a 10-mile run in cold and wet weather though. There are plenty of ways to workout indoors that will also keep your body strong during winter.

Yoga, pilates and zumba are all great ways of raising your heart rate and keeping your body supple when your muscles start to stiffen as a result of the cold weather.

Another great way to keep yourself motivated is by making the prospect of exercising exciting again. Invest in some new workout

clothes, especially some warmer items if you still plan on venturing out in the cold, and maybe even a new pair of trainers if the old ones are starting to look battered.

You could also try out a new class or sport to help mix things up a bit.

It's also easier to get out of bed in the morning when you have a friend waiting for you at the door so get a workout buddy. Set weekly goals with a friend or your better half and try to stick to them. You're much less likely to blow off that class if it means letting someone else down

Go green

WHILE it might not go so well with milk, green tea is packed full of nutrients that could make all the difference to your health in the long run.

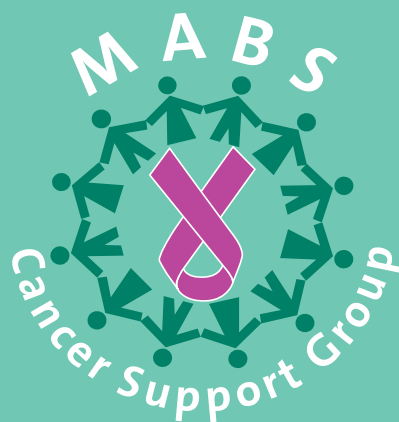
It is packed with powerful antioxidants that help to protect cells from damage and can also protect you from diseases such as cancer and type II diabetes.

You don't have to make a complete switch from brown tea to notice the benefits either. A cup a day will do the trick.

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Royal Russian Ballet presents Swan Lake

TICKETS are now on sale to see the Royal Russian Ballet perform Swan Lake at Benidorm Palace on Sunday December 17.

A romantic setting, magnificent choreography and an unforgettable fairy-tale story of doomed love combine to make Swan Lake the ultimate classical ballet, acclaimed by audiences worldwide.

At a secluded lake near the royal palace, Prince Siegfried discovers Odette, a beautiful girl transformed into a swan by the evil sorcerer Von Rothbart. The spell can only be broken when a man pledges his eternal love and Siegfried, instantly enraptured vows to release Odette from her captivity.

However, at the prince's birthday ball, Von Rothbart tricks Siegfried into swearing his love for the sorcerer's daughter Odile, disguised as the mirror-image of Odette. Too late, the

prince sees a vision of his real beloved; though he rushes to find Odette by the lakeside, he knows that only the lovers' death can lift the curse and unite them for all time.

The virtuous double role of Odette/Odile, Tchaikovsky's powerful score and one of the greatest pas de

deux in the whole ballet repertoire all unite to make Swan Lake an unmissable experience.

With over 40 dancers on stage, this sumptuous production by the Royal Russian Ballet captures all the beauty and drama of the ultimate romantic ballet, a timeless classic that appeals to any generation.

Tickets available via www.benidormpalace.com.



IN LOVE: The beautiful Odette. Photo credit Royal Russian Ballet

Open till late

PORTAL DE LA MARINA Shopping Centre in Ondara has extended its opening hours for the Black Friday weekend.

The centre will be open until 11.00pm on Friday November 24 and Saturday November 25 and there will be a raffle held each day in which the winners will take

away two gift vouchers worth €500.

Children's icons Tadeo Jones and La Momia will be at the centre each day from 5.00pm to 8.30pm, encouraging the little ones to have a photograph taken and talk about Tadeo's latest adventure.

Sweet music in aid of charity

THE Montgo Chorale, under its new Musical Director Jan Dewland, is presenting a concert of Christmas music.

The concert will be held at the Loreto church in Javea Port on Sunday December 10 at 5pm.

As is the tradition, there will be a collection in aid of Caritas, the church's charity that supports families in Javea that are struggling financially. You do not need a ticket but be sure to arrive in plenty of time as the church normally fills to capacity.

For more information please contact Jan Dewland on: 965 770 973 or email dewlandjan@hotmail.com.

Iconic 60s band in expected sell-out finale

THE final concert in the autumn series produced by the Teulada-Moraira Lions Club will take place on Sunday December 3, again in Moraira's Espai le Senieta with Ges Rogers' Union Gap.

The last time the iconic 60's band performed in Moraira it proved one of the most popular shows the Lions have staged and with great songs such as *Young Girl*, *Lady Willpower* and *Woman Woman* it should be another stellar performance.

Tickets are priced at €15 - with a complimentary bar and raffle.

For tickets and/or information, get in touch with Colin Lilley - 966 491 917 / colinlilley1424@gmail.com.

THIS year's Beaujolais Nouveau will by now have been heralded in various parts of the world after being held in bonded warehouses for release at one minute past midnight (CET) today, the third Thursday of November.

A red wine from Gamay grapes grown in the Beaujolais region of France, nearly 4,000 vineyards produce the 12 officially designated types of Beaujolais Nouveau.

Initially meant to celebrate the end of the harvest and intended only for local consumption, around 70 years ago producers saw the potential for marketing Beaujolais Nouveau and the idea of a race to Paris carrying the first bottles of the new vintage was consequently born.

This attracted wide media coverage, and by the 1990s it had become an international event.

The wine - from grapes

It's Beaujolais Nouveau time

BACCHUS CELLAR

by Lorenzo Barbareschi



which by law must be picked by hand - has a short

BEAUJOLAIS NOUVEAU: Grapes must be hand-picked.

fermentation period and is bottled only six to eight weeks after harvest. Purple-pink, fresh and very low in tannins, Beaujolais Nouveau's fruity flavours include banana, figs and grapes.

Definite variations between vintages are an early indicator of the quality of the year's regional harvest and it is recommended to serve Beaujolais Nouveau slightly chilled to 13°C (55°F), ideally with light meals, and within six months from harvest.

While connoisseurs do not regard it as a great wine, I feel it is worth trying.

Sante' and Happy tasting!

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Preparing to light up

ALCOY began putting up the city's Christmas lights early this year, although they will not be switched on until December 1.

There was an early start so that motifs hired from an illuminations company will soon be in place, leaving time to install the city's own specifically-designed and specially-made decorations.

Featuring the early 20th century 'modernista' style that is inseparable from Alcoy as well as the Three Kings, these will not be ready until next Monday.

This year the Alcoy streets will be decorated with 209 hired motifs and the 29 new enramadas that will be put up on the route of the Three Kings procession along Calle Sant Nicolau and Sant Llorenç. These have cost



Photo credit: Alcoy city hall



Photo credit: Alcoy city hall

PREVIEW: Alcoy's own Christmas motifs.

€50,000 and city hall hopes that more can be acquired in coming years, said Fiestas councillor Raul Llopis.

HARD CHOICE: Forty-four submissions for the poster competition.

The competition to design the poster announcing the Three Kings Parade on January 5 was won by Oscar Climent Llacer, whose entry was chosen from 44 submissions.

Alcoy's parade, with the Kings bringing presents for the city's children is the oldest in Spain, and has been held since 1866.

All visitors included

By Linda Hall

CAMPELLO Town Hall was ranked first for innovation in the Valencian Community's INNOVA tourist awards.

Tourism councillor Cynthia Alaves attended the event held in Elche to accept the award for Campello's 'Per a Tots i Totes' (For Everybody) project.

The Inclusive Tourism initiative was developed last year and formally introduced at this edition of the FITUR tourism trade fair held in Madrid last January.

All of Campello's Ruta Monumental information panels



Photo credit: Campello town hall

INNOVA AWARD: Campello's tourist office.

have been adapted for easy reading and translated into braille while photographs and diagrams have raised surfaces.

Pictogrammes with easily-

distinguished outlines have been added for visitors with learning difficulties and promotional videos have easy-to-read subtitles and sign language.

Painting the fear away

THIS Saturday is the closing date for La Nucia's No al Miedo (No to fear) art competition.

Part of the town hall's programme for International Day for the Elimination of Violence against Women, there is one first prize of €600. Participants may present one entry - minimum 30x50 centimetres and maximum 150x150 centimetres, using any technique. The pictures should be left at the Auditorio del Mediterraneo.

An exhibition of the paintings will be inau-

gurated on November 23.

The object of the competition, now in its seventh edition, is to raise awareness that fighting the scourge of gender violence is the responsibility of males and females everywhere, the town hall's Equality department explained.

Last year's No al Miedo competition, which drew entries from the Valencian Community, Madrid and Ciudad as well as the Marina Baja, was won by Hector Dols, from Alaquas (Valencia).

CARBON

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Tickets for Shalamar are still available

TICKETS are still available to see American R&B and soul music vocal group Shalamar perform a concert at the Benidorm Palace on Sunday.

The men will take to the stage with special guest Ray Lewis, ex-Drifters' vocalist.

The group, particularly active in the mid-1970s and throughout the 1980s, was originally a disco-driven vehicle created by Soul Train booking agent Dick Griffey and show creator and producer Don Cornelius.

They went on to be an influential dance trio and were regarded as fashion



Photo credit: www.shalamar.com

A NIGHT TO REMEMBER: Shalamar.

icons and trendsetters, helping to introduce 'body-popping' to the United Kingdom.

Tickets are available via the Benidorm Palace Box Office on: 965 851 660.



Photo credit: Muchamiel town hall

HYDRAULIC SYSTEM: In need of some TLC.

Centuries' old water network

By Linda Hall

THERE was a full house at Muchamiel's Auditorium for a documentary on the town's water system between the 16th and 18th centuries.

Engineering students at Valencia's Polytechnic University (UPV) collaborated with the film directed by Juan Francisco Pico Silvestre, a UPV lecturer. It was made for the Aula Riu Sec (River Seco Learning Centre) programme which is sup-

ported by Juan Ignacio Torregrosa, director of UPV's Alcoy campus, and Muchamiel's mayor, Sebastian Cañadas.

The documentary sets out to bring Muchamiel's traditions and regard for its centuries' old network of irrigation dams, channels and canals to a wider public.

As well as rehabilitating and publicising the town's heritage of hydraulic infrastructure, the activities provide an additional cultural offer.

Competition tribute for local figure

THE Ermita de San Antonio fiestas' commission announced the first edition of the Jaime Morales Memorial art competition.

The town hall is collaborating with the initiative and the official presentation was attended by Villajoyosa's mayor Andreu Verdu, councillors and Antonio and Jaime Morales, sons of the late Villajoyosa personage.

The competition has three categories for professional, amateur and young painters. There are no restrictions to the painting technique used, but all pictures should feature some aspect of the Ermita neighbourhood, its scenery, customs or emblematic locations.

Each contestant may enter a maximum of two pictures, or three in the case of a tryptic or series of images. The works should not be smaller than 45x38 centimetres or exceed 100x81 centimetres.

Closing date is December 22 and all work submitted will later be displayed in Vilamuseu.

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Advertising feature

PMR for expert holiday and long term rental

THERE are plenty of estate agents who rent out property as part of their sales business but PMR in Alfaz del Pi simply specialises in only offering all services connected with lettings.

In fact simplicity does not describe the workings of the PMR company although it does accurately reflect the overall result that renters and landlords can expect if they work with the group.

Having been set up 10 years ago by Lisa Turner who brought her experience from a number of years in the UK market to a small part of the Costa Blanca, she has created an operation run by a team of professionals who simply know what they are doing!

Knowing how easy it is to overstretch any business in search of increased profits, Lisa chose to concentrate in a small area of the Costa Blanca North where she knows that PMR can provide their clients

with excellent service, advice and information, which is always up to date.

The majority of their properties are from Alicante to Calpe, particularly in Benidorm, Albir, Alfaz del Pi, Villajoyosa, Altea and La Nucia areas and also reach out inland of these towns.

PMR are specialists in property management and rental services for both long term and holiday lettings but that's not all.

As well as rentals, PMR also offer comprehensive management services for property owners, providing property checks, pool and garden maintenance, cleaning services etc.

In addition, PMR provides a One Stop Shop to help process all Spanish documents including NIE applications, driving licences, wills, Residencia etc. and the bilingual staff also can provide translation services, debt management and assist with community issues.



10 YEARS of service, Lisa Turner in the middle.

For property owners who live outside of Spain, it is very difficult to respond quickly to problems that tenants may have but by using one of PMR's management packages,

the difficulties are generally quickly and easily resolved and tenants know that their interests are being looked after as well, directly from their local office.

If you have a holiday home, you can rest assured there will be no nasty surprises awaiting you whenever you arrive. PMR will make regular checks of household appliances, sanitary and plumbing equipment and TV and satellite connections. This management service also includes acting as official key holder and point of contact for those owners who have an alarm system installed.

The PMR team can provide garden and pool maintenance and check water meters to ensure there are no leaks. They will thoroughly ventilate all rooms and carry out pest and vermin checks and even water house plants if required.

For owners looking to let their property for long term and holiday rental, PMR will provide online and newspaper advertising worldwide. For long term rentals PMR will carry out tenant reference checks, preparation of all con-

tract documents, handling of deposits and transfer of utility bills if required. Owners will also be able to take advantage of a rental collection service and regular tenant contact.

This is a complete service offered by a team of professionals who concentrate on one type of business in one particular area which is why PMR proudly boasts that it offers the best letting and management service in the area.

PMR is open from 10am to 6pm, Monday to Friday and on Saturday 10am until 1pm.

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Whilst you can often obtain insurance online direct from insurance companies, the use of a knowledgeable broker ensures that they do the work to find the best and most economic insurance for you.

The range of different insurances is great and an insurer for one type may not be best for another risk, for example some home insurers have very low maximum protection for jewellery and precious items whilst others offer a significantly higher coverage for not that large an additional premium.

Monica at SunBay is committed to try to find the very best coverage based on each client's needs and pocket.

Currently, many expatriates have two main fears which concern health coverage after Brexit and the cost of their funeral which could fall on a relative's shoulders who may not even be living in Spain.

Monica and her colleagues know that it is



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difficult enough to cope with arranging a funeral in your own country without having to cope with different rules, regulations and laws here in Spain which is why SunBay has developed Caser Funeral Insurance, an insurance with which you and your family are guaranteed total peace of mind.

As an example, someone born in 1960 who is in reasonably good health would expect to pay an annual premium of about €125 with

cover of €7,350 so it is certainly worth asking for a quote especially tailored for you.

Currently expatriate pensioners who are resident in Spain are entitled to obtain an SIP card which gives them access to the Spanish Health System but it is not known whether this will continue once Britain has left the EU and those who are over 65 but do not receive any form of pension are required to pay a significant monthly contri-

bution to the health service.

SunBay is able to offer some very attractive health coverage which not only is reasonably priced but ensures that in many cases long waits to see specialists are a thing of the past.

Although this article has concentrated on two specific types of insurance, SunBay has a very healthy home and car insurance business and with vet's bills always getting larger, nowadays pet insurance is another very useful option for those with potentially vulnerable animals.

SunBay's insurers have been keeping promises to their customers since 1942 and all are fully Spanish registered with a 24-hour English assistance line because they know how difficult it is for foreign customers to get instant help when needed if they have to do it in Spanish.

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By Matthew Elliott

MINI-HOMES are coming to Spain. Popular in the post-recession US and UK, the tiny houses are winning over Spaniards lured by cheap prices and easy maintenance.

Typically less than 40 square metres, these prefabricated homes emerged in Japan in the 1990s as rents skyrocketed in Tokyo. They have a Zen vibe and are popular among young professionals who haven't a hope of stumping up enough money for a regular deposit.

In 2013 Spanish television ran a show called Minicasas. Now demand has grown and there are specialist architectural companies, including Microcasas, Pequeñas casas Bioclimaticas and Abaton Arquitectura, who are happily building small, cheap, personalised homes across the country.

Some of the homes are so light that they can be

Mini casa revolution

Small homes, big imagination



Photo credit Facebook/Microcasas. Pequeñas casas Bioclimaticas

THINKING FREE: Many of the homes are energy efficient and constructed with natural materials.

moved on wheels. This means owners can rent space to place their property, without having to purchase plots of land.

Many of the homes are energy efficient and constructed with natural materials. Prices are appealing with €1,000 per square metre an average guide. A smartly constructed 30 square metre space can provide owners with a kitchen, bathroom and bedroom for €30,000. These homes can be built in as little as six weeks.

Demand in Spain is currently strongest in Galicia and Cataluña. Expecting young professionals, buyers including people looking for a second home, and others who buy the minicasas to place on their own property as an extension.

One problem area is regulation. Different regions have different definitions of housing and water, sanitation and electricity rules to be enforced.

CREDIT rating specialist Moody's has predicted that Spanish house prices will increase by 8.6 per cent over the next three years. The American giant has analysed the expected impact of recent demographic trends on seven European residential property markets.

In Spain, Moody's expects property prices to rise by 5.6 per

Home prices' rosy future

cent on average next year. In 2019 and 2020 this will stabilise at 1.4 per cent.

The firm's analysis cites a stronger economy and lower interest rates as key to price increases. The proportion of young workers

in the marketplace has also risen by 8 per cent in the past decade.

Moody's suggested there were a few areas Spain could improve on to support the property sector. More affordable homes and a boost to the construction sector to

build new homes were chief among them.

While the outlook is positive for Spain, Neinor Homes has expressed fears that activity in the Catalan real estate sector could fall by as much as 25 per cent.

Juan Velayos, CEO of the major property developer, said that the political crisis was generating distrust and instability.

He welcomed the call for fresh elections and reiterated Neinor's support for its Catalan operations. Neinor is set to build 12,000 homes across Spain in the coming years, including 1,900 in Cataluña.



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Advertising feature

Cleverly designed and unobtrusive

NOW in their eighth year of trading, Neater Heater are still being asked the same questions. What makes Neater Heaters special? Why should you choose them over other electric heaters? The simple answer is; design and build quality.

Many families throughout the Costa Blanca are already enjoying the soft warmth given off by these cleverly designed and unobtrusive Norwegian heaters. A good discreet central heating system has never been so affordable.

As Richard and Tony explain: "The basic choices for heating your home are either a full central heating system with water-filled radiators and pipes, gas heaters, electric, or a combination. Obviously with central heating the main obstacle is the high installation cost. Also, there is quite a high ongoing maintenance cost.

Gas estufas are effective, but quite unhealthy and give off a huge amount of vapour which causes



NEATER HEATERS: Can be wall-mounted or freestanding.

black mould. This brings us to electric. Until we started Neater Heater the options were awful. You either bought Jell-filled heaters that were as expensive as a central heating system to buy, or cheap - but mostly inefficient - heaters that would make your electric meter wheel spin like a helicopter. There was nothing affordable, economical, and effective available in Spain. We know, believe us - we looked."

But sometimes in life luck plays a strange hand. It was while Tony was looking for a heater for his son's bedroom that, quite by chance, he saw a heater in a house he was doing some maintenance jobs in and it fit the bill perfectly. It was a neat and very efficient wall-mounted Norwegian convector heater. It could be used as an individual room heater, or as part of a complete inte-

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grated system. The rest, as they say, is history and eight years down the road he, and Richard, are making "Neater Heaters" available to us all.

The heaters can be wall-mounted or if you are limited for wall space additional feet can be purchased to enable them to be freestanding.

Last year they added to their range the Turkish-made Vigo heater and towel radiators. These heaters share the design technology and ethos of the current Neater Heaters, but it has two differences: The Vigo comes with a carrying handle, wall bracket, and feet included in the price; They also have a

digital display which indicates the reduced wattage that the heater regulates once the room has reached the desired temperature, thus saving more money through reduced running costs.

With their online shop or phone facilities for credit card payment, bank transfer and PayPal, purchasing these fantastic heaters couldn't be easier.

Alternately Neater Heater has a network of agents offering local sales and support from Moraira in the north, to Almeria / Costa Del Sol in the south.

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COMFORT FOOD: Winter is a great time to plant root vegetables, such as carrots and beetroot.

Time to plant your veg

WINTER is actually a great time to work on your vegetable garden if you live somewhere with a Mediterranean climate.

Those who live in places blessed with warmer summers choose to wait until later in the year to plant their crops in order to use the natural rainfall, which tends to come in winter months.

However, the ground is still quite warm at this time of the year, even as

the temperature starts to drop, which makes it a great time to plant grasses, shrubs and trees.

Leafy vegetables tend to do well when planted at this time of the year, such as cauliflower, kale, celery and broccoli, as do root vegetables like parsnips and beetroot.

While potatoes are traditionally planted in the spring, they can also be planted in Mediterranean gardens while it is still quite warm outside, so

you can time your harvests to make sure you have a year-round supply.

The only plants that can't be planted during winter months are 'fruit' crops, such as tomatoes, courgettes and peppers, as they need continuous warm weather in order to ripen.

It's a good idea to plant your crops in stages, so they mature at different times, but still try to get them all into the ground as soon as possible in case the temperature suddenly plummets.



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Olives trees - the marvel of the Mediterranean landscape and cuisine

GRAEME TYRRELL

THE olive tree is the most symbolic tree of the Mediterranean. Spain has been the centre of olive oil production for thousands of years with olive oil being traded by Spain with the Roman Empire importing boat loads of the golden oil for centuries.

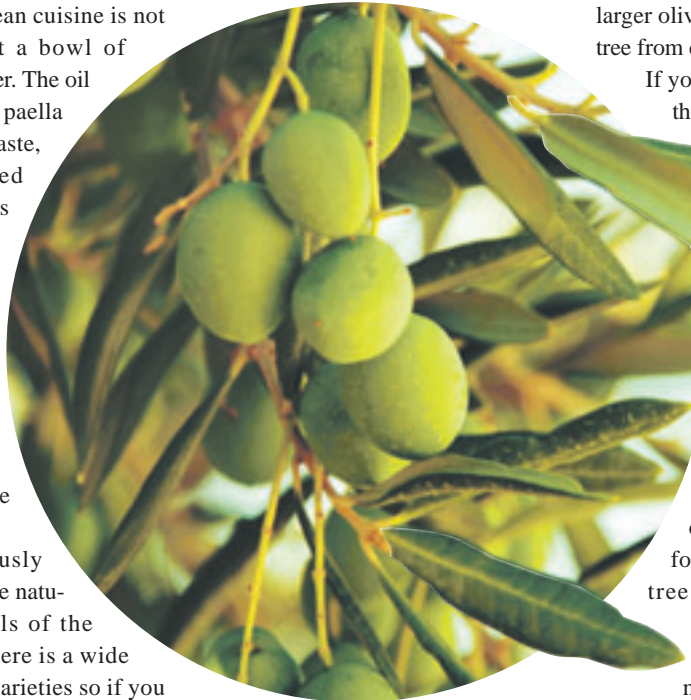
Mountains have been terraced and stone walls built in abundance to host the olive tree on thousands of hectares of otherwise unproductive land where the olive tree can grow and bear fruit for hundreds of years. There are olive trees that are known to be more than a thousand years old.

The branches of the olive tree are displayed in hieroglyphs in Egypt and are on the current United Nations flag. It has been allocated as a symbol of victory by the ancient Greeks and Romans and Noah is said to have received a branch from a dove in the Bible when the flood waters receded.

Any Mediterranean cuisine is not complete without a bowl of olives as an appetiser. The oil is the key to giving paella its Mediterranean taste, salads are anointed with it and bread is drenched in it.

The olive tree can grow up to 50 metres high but are usually kept severely pruned to allow easy harvest and to give maximum size of the olive fruit.

The trees obviously grow perfectly in the naturally alkaline soils of the Mediterranean. There is a wide range of different varieties so if you wish to grow them, you need to decide if you want the olives for eating or oil as they have different characteristics. It is then a matter of finding the best of the type you want for



SYMBOLIC: Mediterranean olives.

your region. Wild olives have very small fruit so if you want to have

larger olives it is necessary to have a tree from cultivated varieties.

If you want an established tree, the trees transplant very easily.

The roots are not very extensive and reshoot well when pruned to allow transplanting. Very old trees do not produce as much fruit as younger ones but they make a wonderful ornament in the garden and for the domestic garden one tree can produce enough for eating. You would need an orchard to get enough to make oil so it is best to plant eating varieties if you want to use the fruit.

The fruit is bitter due to glucosides that are present when first picked so it is a process to make them edible.

There are so many variations on how to do it. The ancient Greeks used to tie baskets full of olives to their boats and let the sea water naturally cure them of the bitterness.

The basis of curing olives is to soak them in salty water and keep changing the water until they are the right taste. It is an art form to prepare the olives to be just right, although right can have regional preferences.

The oil is usually extracted by crushing the fruit and filtering it. It can take around 10 kilos of olives to make one kilo of olive oil depending on the olive and the extraction method. The virgin oil is graded as Extra with less than 1 per cent acidity, Corriente that does not exceed 3.3 per cent acidity and Lampante with above 3.3 per cent acidity. The virgin oil can be further refined into regular olive oil and blended to find the right taste for its purpose.

The olive tree is a must for the Mediterranean garden as a tradition that has occurred for thousands of years.

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It's mistletoe and wine time

ONE of the best things about the festive season is comfy nights in at home with a roaring fire.

Snuggly blankets, warm cocoa and a good box set to watch all make hibernating fun. But if you want to make your home even cosier, why not try adding some seasonal scents to really create a winter wonderland?

According to *Country Living*, there are several cheap ways you can create home-made perfume for your home.

While it is a little early to be thinking about Christmas trees, if and when yours does arrive, use the spare trimmings to create scent sachets using scrap fabric. These can be placed under pillows or cushions and in drawers and cupboards to create a fresh and seasonal smell which is sure to get you in the festive spirit!

Country Living also suggests making home-made garlands which will provide both a free decoration and an uplifting fragrance. Bake thin slices of orange and cinnamon coated apple in the oven before using a needle to connect them with ribbon or



HOME-MADE GARLANDS: One way to spice up Christmas.

string and hang them from your mantelpiece or ceiling.

Take advantage of Spain's abundance of pine trees by collecting any fallen cones and spraying them with cinnamon essential oil before arranging them in a bowl. Festive and

pretty!

Another decorative suggestion includes taking a Styrofoam wreath and filling it with sage. This minty smelling herb will mimic the scent of candy canes, filling your home with a pleasant, Christmassy aroma, as well

as saving you money on your decorations this year.

Finally, give your fire an aromatic lift by throwing in any excess pine cones. These will help get your fire going as well as giving off a cosy, wintery smell.

On the fence

A GOOD-LOOKING fence can transform outdoor spaces by bringing new dimensions, structure and a pop of colour to the garden.

Now is the perfect time to renovate or re-decorate your fence as most of the hard planting and pruning work is over until spring, leaving many gardeners with some extra time on their hands.

While the main purpose of the fence is to define the boundaries between one garden and another, you should never underestimate how much of a difference it can make to the overall look of your space.

It's a great way to define the kind of look you want to achieve when landscaping, be that modern, rustic or more traditional. You can also use it to extend your space if you have a smaller garden by attaching climbing or hanging plants. Hanging a mirror will also help to make a space look bigger than it is by reflecting light and also makes a nice, contemporary feature.

For a more modern look, choose fences with a pale-wood finish and try to use the same wood for your decking if possible.

Painting your fence in bright, clashing colours is a great way to brighten up your garden and help it to stand out from the crowd. Adding outdoor lights along the edges can also really help to brighten it up in the evening.

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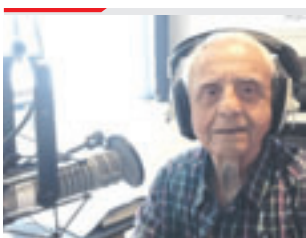
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Dog training tips

dog's back just above the base of his tail. Never apply pressure any higher up the dog's back as this could cause injury. Remember - even if the dog does not sit immediately - DO NOT repeat the sit command.

PRAISE the dog quietly once he is settled and comfortable in the SIT and remains there without any physical restraint from the handler. If the dog moves, replace him into the SIT with no further commands. Do this as often as necessary, until he is sitting still and comfortable, praise quietly, then give the release command and at the same time move the dog from where he is sitting. PRAISE.

2. Repeat stage 1 until the dog is sitting when commanded with confidence. Always use the method described in stage 1 to guide the dog into the sit position. Gently try to pull or push the dog out of position (the handler should still be kneeling next to the dog), but be prepared to place him back into the SIT should he move. If he resists your gentle attempts to dislodge him, PRAISE and give the re-

lease command. If the attempts to move succeed - place him back into the sit position without commanding and go back to stage 1 and start again - until he is doing the exercise with more reliability.

The more frequently stages 1-2 are repeated the easier it will be to progress through this exercise and the more reliable your dog will be.

3. When the dog is doing stage 2 confidently, without moving, the exercise can be expanded. Put the dog into the SIT and with as little fuss as possible, stand upright. If he moves, put him straight back into the SIT without saying a word. When you are able to stand next to him use the lead, gently applying pressure to the collar to test the sit. If he moves again, replace him giving no ex-

tra commands and start stage 3 again.

NB On no account should you proceed any further if he is not reliable on stage 3.

4. When he is doing stage 3 reliably and confidently, the exercise can again be expanded. Place him in the SIT, take a couple of steps away from him, but be ready to

put him back just as he moves. Using the lead again gently apply pressure to the collar, return to the dog immediately, PRAISE profusely and then RELEASE.

NEVER release the dog until you are standing by his side or he will never do a reliable sit stay.

The down stay

This is taught in exactly the same stages as the SIT - remember to only command the dog once and only when you are

TRAINING: The sit and stay way.

standing next to him, always replace him into position using no extra commands and always PRAISE and RELEASE at the end of each sit/down.

When both the sit and down are perfected with no distraction indoors, use different places where there are no distractions and start again at stage 1, working through all the stages. Perfect the technique by gradually increasing the distractions i.e. rattling a bunch of keys, dropping your hanky etc.

NEVER TEMPT FATE by leaving the dog in a stay where a sudden distraction could cause an accident i.e. untethered outside a shop.

THE sit and stay

This is an exercise that can only be correctly taught if each stage is perfected before continuing on to the next stage. The training for this exercise should be started indoors, the dog on the lead and no distractions. Initially the handler should be kneeling on the floor with the dog close to the handler's left side.

1. Give the SIT command once only, whilst putting the dog into the sit position at your left side, thereafter NEVER re-command, even if the dog moves. Pull up and back with your right hand in the collar, simultaneously push down with your left hand on the

Ruff stuff

THE number of people who own pets has allegedly dropped due to rising living costs and people choosing to start a family at a later age.

In the UK alone, overall pet ownership has slumped from 63 per cent of the population in 2012 to 56 per cent in 2017, according to market research by Mintel. This figure is even worse among pensioners, plunging to 36 per cent.

Dog ownership in the UK has dropped from 33 per cent to 31 per cent, while cat ownership has dropped to 29 per cent.

Fish ownership has also plummeted from one in six households to one in 10.

It is not all bad news, however, as almost 75 per cent of UK families still own pets.

The shift towards renting accommodation, rather than taking out a mortgage on a house, is also believed to have had an impact on these figures.

It has also been revealed men are more likely to own dogs, and women to own cats.

Mintel is the world's leading market intelligence agency.

Barney loves the beach

RECENTLY we came to hear about Barney the Corgi, a resident of Almeria who simply loves the beach. It transpires that this fun loving dog, with a temperament of a mild mannered accountant is quite happy to sit on the sand all day, and only ever gets riled when it's time to go home.

House-sitters be warned, the owners say that in their house-sitter's briefing they always stipulate that you keep a handful of treats for the end of the day just to get him to get up off the beach. Barney the beach boy is always happy when he knows he is spending the whole day at the beach.

If you need experienced dogsitters, why not register with us at HouseSitMatch.



BARNEY: Soaking up the rays.

The way we work is simple. If you are looking for pet-sitters or house-sitters you need to register online at www.HouseSitMatch.com as a homeowner. There is a small annual charge for membership (please note the discount coupon code below we offer for Euro Weekly News readers). Then you

build a profile about you and your pets. Create a house-sit advert with your dates. If you need help with the online work, choose the PREMIUM membership and we'll give you a call to help you out. And if you have a Barney at home, we'll do our best to find you a sitter who loves the beach just as much!

Do you need a house or pet-sitter? Get in touch. House-sitting can be a win-win for both parties, free house and pet-sitting, and the experienced and checked sitters get free accommodation! Register as either house-sitter or homeowner now with a 50% off introductory offer using coupon code SPECIAL50. To find a house or pet-sitter go to www.HouseSitMatch.com or call Lamia on 00 44 (0) 777 214 2742.

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Lunes is a lovely happy dog who loves snuggling up to people and nibbling them affectionately. He has a great deal of energy so would benefit from long walks and a home with a large garden. Lunes is a large size dog with a big heart. He loves other dogs but will chase cats. D.O.B JAN 2010
If you can give Lunes a loving home, please contact the Animal Shelter on
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KIKO
Medium size male, energetic and sweet, 1 year. Needs love and attention. Kiko is neutered, vaccinated and micro chipped. Would you give him a forever home?

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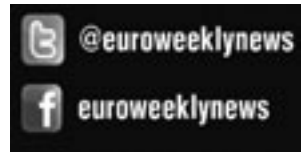
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Speed record smashed

By Matthew Elliott

CLOCKING an average speed of 277.9mph over two separate runs through the Nevada desert, the Koenigsegg Agera RS is now officially the world's fastest production car.

During the runs the Swedish-built hypercar struck a top speed of 284.5mph, smashing the previous record set by a production car, the Hennessey Venom GT, which stood at 270.5mph.

Despite tackling an incline the Agera RS managed to reach 271.2mph on the first run. Enjoying a decline on the second it hit 284.5mph.

The average was calculated from the two runs in the opposite direction on the same stretch of Nevada's Highway 106.

Driver Niklas Lilja said that the next stage was seeing how the Agera RS han-



dles corners. Driving at 280mph plus was "really quite bumpy," he said, with his only concern being that the Michelin tyres were only guaranteed for speeds of 186mph.

A five-litre V8 engine with 1,300hp helped Koenigsegg engineers challenge the limits of aerodynamics. Ground force was tailored to prevent a disastrous flip on a small imperceptible bump.

Unlike the Bloodhound SSC aiming for a land speed record of 1,000mph plus next year with its jet engine, the Agera RS is road legal, though pushing 300mph might lead to a spell inside.

WILD SIDE: Agera RS is new king of hypercar universe.

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ROAD TEST by Nick Fletcher

Ford Kuga ST-Line

IT'S been almost 10 years since the Ford Kuga was launched and since then, demand for SUV models has expanded greatly, creating many more contenders vying for sales.

To meet this challenge, the Kuga was face-lifted for 2017, which gave the model a more distinctive exterior look, though interior changes are less obvious. Even so, the Kuga stacks up well against more recent competitors, offering a wide choice of engines, 4WD options, roomy cabin and a good level of standard kit.

Prices start at €25,690 (£22,595) for an entry version which still boasts features such as alloy wheels, sports seats and cruise control but my test model was an ST-Line 2.0 litre diesel version with a price tag of €32,374 (£28,475). This model features darkened alloys, black grille and roof rails and a body kit to give it a more rugged sporty image.

There is plenty of equipment too, including sports suspension, climate control, auto lights and wipers, cruise control with speed limiter, keyless start, touch-screen, sat-nav, connectivity, audio voice control and tyre pressure monitoring.

The 148 hp diesel engine is a capable unit,

proving smooth and responsive and the 0-100 kph time of 10.1 seconds is fairly typical of class standards. Top speed is 195 kph (121 mph) and the fuel consumption is 25.5 kpl (60.1 mpg).

On the road, the car has a slightly heavier feel than some rivals, with well-weighted steering and stiffer ST-Line suspension giving good grip and composed cornering, albeit at the expense of a firmer ride. Inside, there is decent room for five adults, a 456 litre boot and easy flat-fold seats to boost capacity to 1,603 litres. The dashboard looks a little ordinary compared with more recent rivals but it is logically laid out and easy to use which arguably is better than looking flashier but being more complicated.

The Kuga is up against strong opposition in a crowded SUV sector which includes Mazda CX-5, Honda CR-V, Peugeot 3008, SEAT Ateca and VW Tiguan yet the Kuga does have its own presence and plus-points and the recent styling touches and upgrades keep it well in the mix of best-buy SUV models.

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Baggies boss Pulis pipes on sun cream in Barbados

UNDERFIRE West Brom boss Tony Pulis - whose Baggies host Champions Chelsea on Saturday - spent the international break tanning himself in Barbados.

Despite only two wins from their last 20 Premier League games Pulis relaxed with a trip to Barbados, having been booed by fans, following their 1-0 defeat against Huddersfield.

"I've been here nearly three years and talk was about us finishing in the top eight. If you go on a bad run supporters are unforgiving," rued Pulis, on a winless run of nine games.

Ander Herrera and Chris Smalling will be back in Premier League action on Saturday - as Manchester United host Newcastle United - at Old Trafford.

Herrera was given a week off by United boss Jose Mourinho.

"After so many matches



UK SPORTSCENE

with Andrew Atkinson

Herrera deserved to have a week off," said Mourinho, who also gave United defender and England's Smalling - left out of England's friendlies against

Brazil and Germany - time off.

United, who face six games in 17 days, are set to see the return of Paul Pogba and Marcos Rojo following injury.

Mourinho is hopeful that Pogba and Rojo will return to face Newcastle: "They have to work every day, but they are in a good position now," said Mourinho.

Striker Zlatan

Ibrahimovic, sidelined with cruciate ligament injuries, has been pencilled in for a return in late December.

While United have been hit with injury woes their chances of narrowing the gap on league leaders Manchester City have faltered, with Pep Guardiola's side eight points ahead of United, going into their fixture at Leicester on Saturday.

Spain and United star Juan Mata, who was left out of United's squad at Chelsea, and Spain's squad against Costa Rica and Russia said: "There's

still a lot to play for."

Ex-Barcelona defender Dani Alves has not ruled out a move to City, despite snubbing a summer move to the Etihad, when joining Paris St-Germain: "I was considering going to play for Manchester City," said Alves.

"I don't hide my admiration for Pep and my will to play in the Premier League in the future," said Alves.

Liverpool, whose left-back Alberto Moreno was recalled to the Spain squad for friendlies against Costa Rica and Russia, host Southampton at Anfield on Saturday.

Moreno returned from the international wilderness having started eight Premier League matches and all four of Liverpool's Champions League group stage games this season.

Liverpool midfielder Jordan Henderson, who missed the 4-1 win against West Ham prior to the international break, is set to

return after a thigh injury.

Spurs, who meet Arsenal at The Emirates Stadium on Saturday, are hopeful trio Dele Alli, Harry Kane and Harry Winks, who withdrew from the England squad, will return from injury.

Arsenal's Olivier Giroud, Rob Holding, Santi Cazorla, Danny Welbeck and Shkodran Mustafi are nursing injuries at the Emirates.

Struggling West Ham are hoping that David Moyes can turn round their fortunes as they face Premier League relegation - starting against Watford - on Sunday.

The Hammers turned to ex-Preston, Everton, Manchester United, Real Sociedad and Sunderland boss Moyes after snubs by Carlo Ancelotti, Roberto Mancini and Rafa Benitez, to replace axed Slaven Bilic.

Moyes has yet another mammoth task, underlined with facing Manchester City, Chelsea, Arsenal and Spurs before the new year.

"I've managed five clubs since starting out nearly 20 years ago at Preston and I'm hungry to make sure I get things right," said Moyes, whose historic Georgian mansion formerly belonged to Squire Anderton, and has a helicopter pad, private chapel, tennis courts and ancient woodland.

Chelsea boss Antonio Conte has a debacle whether to recall defender David Luiz, dropped for the game against Manchester United prior to the break, when replaced by Andreas Christensen.

Conte criticised Luiz following poor displays in two Champions League games with Roma: "He has to work hard," said Conte, who said he didn't know whether the Brazilian has a future at Chelsea.

Luiz believes he is being punished - because of his close ties with ex-teammate Diego Costa - who had a rift with Conte, prior to rejoining Atletico Madrid in September.



DAVID MOYES: Under the hammer.

SPORTSCENE SPAIN

with Andrew Atkinson

QUALIFIED Advanced Open Water Scuba Diver, Zoe Connolly who successfully defended her Open Water Junior World Oceanman Female World Champion title in 2017 is eyeing further glory.

"I intend to participate in Oceanman for the third time in 2018. I'm going to try my best to maintain my title as World Champion," said Zoe.

"Another goal for 2018 is to achieve Elite Athlete Status, as it will also help me get a place in a Spanish University," said Zoe, who lives in Los Montesinos, Alicante.

"I am also aiming to get into the Spanish team for Fin Swimming. My aim is to win a medal in the Fin Swimming National Championships," said ambitious Portsmouth born Zoe, who has lived in Spain for 10 years.

"Last year I was very close to achieving both goals," said Zoe, who trains in the pool six days a week and also Fin-swims two days a week.

"When I don't do double sessions I go to the gym for an hour, after swimming three times a week," said Zoe, placed first, second or third in every race, with distances from 1,500m to 8km, in the 14



Zoe Connolly's Elite Athlete aim.



2017 Half Oceanman Tabarca.

Elite Athlete Status aim for teenage swimming star Zoe

sea races during 2017.

"Each distance has its own difficulties. It always depends on the conditions of the sea," said Zoe.

"The most difficult part of any race is

just after the second half, when the lactic acid kicks, and your muscles start aching," said Zoe.

"It's pointless putting extra pressure on. I do my best and have fun. I don't

think the experiences make it easier - you still give 110 per cent - but it helps you know how to swim it, what speed to go, when to go faster and slower," said Zoe.

"It helps you to be able to control the waves - how to orientate yourself - and to not get lost or go off course," said Zoe, who has been the youngest swimmer in a plethora of competitions.

"I wouldn't say it puts extra pressure on me. It motivates me. It's pointless putting extra pressure on yourself, over things you can't control. I just go out there, do my best, and have fun," said Zoe.

"To know, not only am I placed highly in my age group, but also one of the better female swimmers in competition, is a fantastic feeling," said Zoe.

"Every time I finish a race the first question I ask my parents, who are watching is: 'How many girls have come in before me?'"

"My parents signed me up for swimming classes when I was four and swimming has always been for me, without a doubt. I started competing when I was seven and it's been my life ever since," said Zoe.

*NEXT WEEK: Zoe Connolly reveals the financial costs to compete - with competition costumes costing anything up to €400.



Finestrat town hall

MOUNTAIN TEST: Runners at the ready

Top result for mountain race

THE recent Costa Blanca Trails race in Finestrat attracted more than 1,000 runners. Another 3,000 people visited the town to watch participants compete in the four categories that took them on circuits of the Puig Campana mountain that ranged from 18 to 102 kilometres.

"We're talking about absolute success and a very positive result," said the local mayor Juan Francisco Perez.

The town hall has been promoting inland

tourism in the outstanding countryside dominated by Puig Campana for years now, continued Perez: "This time we broke previous records with more than 1,000 participants, establishing Finestrat as a reference point for mountain races."

The mayor also expressed satisfaction that the race went off without hitches.

"We took great care with safety measures and only three of the 1,000 runners needed to be rescued with minor injuries to their ankles or knees."

Javea Green Bowls Club maintain their lead

SITTING pretty at the top of the table, Javea Green's Winter League team travelled to San Miguel for their match this week knowing they had to win to maintain their lead.

Always a pleasure to play against such a good team and catch up with old friends, it was a tight match which at the half way stage could have gone either way. Chris Evans team took an early lead and held onto it but the other four rinks struggled, eventually managing a win on Clive English's rink and after a dramatic last wood on the last end Nick Cole's team earned a draw which meant Javea got the all important overall shot difference by just two shots.

Winter League Captain Clive English thanked San Miguel for an excellent match played as always in good spirit and said he was very happy with a 7-5 win against such a strong team on their own green. Javea's Berleen team

also had a good win.

On the Northern League front, Javea's Onyx team had an excellent 6-4 victory

against BBC Lions, Quartz managed a 5-5 draw against Calpe but Opals unfortunately went down 4-6 to Finca Guila.



Javea Green Bowls Club

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All equipment on site

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