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Batter down the hatches

One injured in chip shop 'explosion'

by Karl Smallman

Firefighters and police are probing an 'explosion' at Dave's Chippy in Benidorm on Spain's Costa Blanca.

There are reports of one person having minor injuries after a gas bottle is believed to have 'exploded.'

The popular chip shop is located in the resort's Avenida de Cuenca.

It adjoins Calle Ibiza, in Benidorm, the area that went into lockdown this morning after a suspected gas leak.

It is not known if the incidents are linked, but there were

gas bottles lined up on the pavement at the scene of the chip shop blast.

All the bars that were closed in Calle Ibiza earlier have now reopened.

This follows a suspected gas leak which was reported in the popular Costa Blanca holiday hotspot resulting in the temporary closure of several bars.

The incident was reported in the Calle Ibiza area - which includes Bobbys Bar, Shooters, Rose & Crown and The Dog House.

All bars in the vicinity were closed and people were told to avoid the area.



'EXPLOSION': Gas bottles outside Dave's Chippy.

Credit: The Dog House Benidorm

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Fire fright

A WOMAN of 52 and her 16-year-old son were trapped after curtains caught fire on the first floor of their house on the outskirts of Sax. Soon rescued by the fire brigade, both suffered mild smoke inhalation although the woman also had a panic attack.



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NEWS EXTRA

Foolish beggars

POLICE traced two men who broke into a Denia home, stealing valuables that included watches and jewellery, because they left behind the cardboard placard they used when begging in the street

Gale force

TWO vehicles from the Centaina fire station were called to clear the N-340 near Muro de Alcoy after the road was blocked by a huge pine felled by high winds.

Cash needed

MUCHAVISTA residents criticised Campello Council for neglecting the upkeep of their zebra crossings and infrastructure, claiming that more money should be spent on road safety and repairing the sports tracks at the Fabraquer School.

'Integrated' jihadist on trial

ANOUAR MERABET, a Moroccan-born Altea resident, pleaded guilty to terrorism charges in Madrid's National High Court.

Together with Abdelillah Migou, he was accused of distributing propaganda as well as recruiting and indoctrinating jihadi combatants for the fundamentalist terrorist group, Daesh.

Migou, who has also admitted his guilt and faces a nine-year-sentence, was in Morocco at the time but arrested in a simultaneous operation by the Spanish police and their Moroccan counterparts in October 2016.

Both men were active on social media, where Merabet adopted the role of a 'virtual charismatic leader.

The Public Prosecutor had recommended an 11-year sentence for Merabet as he is also accused of drugs offences. He was a known supplier of hashish and allegedly used the proceeds to finance the jihadi cause, as



Photo credit: Linda Hall

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SEARCHED: Police also raided Abdelillah's cousin's shop
Inset: FALLEN STAR: The suspect when he played for Altea FC.

investigators found that he regularly sent money to Morocco.

Because of their guilty plea, the Public Prosecutor reduced their sentences to five years, to be substituted by repatriation.

Merabet lived for more than 17 years in Altea and at one time played for UD Altea football club, leading a

normal life and integrated into Spanish society.

He had also been in a relationship with a local Spanish woman, with whom he had a daughter who is now nine. They split up two years before his arrest and it was after this that Merabet began to become radicalised, acquaintances said later.

Wrong number exposed abuser

by Linda Hall

A WRONG number helped a doctor to defuse a gender violence offence in Aspe that included death threats.

The doctor from the town's Primary Care centre was alarmed to receive a WhatsApp voice message from an unknown number. As she listened, she heard a male insulting and threatening another man, accusing him of having an affair with his partner.

The doctor could hear a woman in the background and, afraid that the caller would carry out his threats, immediately contacted an off-duty National Police officer who was in Aspe at the time.

Within three hours, police had confirmed that the call and the situation were genuine, and were able to identify and locate the potential victim.

Her partner had fled by then and the authorities immediately launched standard procedures for protecting women at risk from gender-based violence.

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TECH FOR THE TIMID

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LETTERS

Readers' views on eclectic topics in print and online. **P66**

MOTORING

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TEST DRIVE



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Speeding up

RAIL operator ADIF began electrification of the AVE high-speed line between Alicante and Murcia, which branches off at Monforte on the AVE line connecting Alicante with Madrid. The Murcia line should be operational by this summer, according to the Ministry of Public Works.

Snakes alive

THE Benissa and Denia fire brigades extinguished a fire in a Benissa property, unaware until the owner advised them that one of the rooms contained a terrarium with several snakes. After the reptiles were found uninjured the firefighters asked the owner to remove them himself.

Tree hugger

THE Esquerra Unida party asked Campello town hall for more details of the municipal worker who was engaged in 2018 to catalogue local trees. The employee was either compiling an very exhaustive list or was taking much too long to finish it, a spokesman said.

Well off

ALICANTE currently has a lower rainfall deficit than any other Mediterranean province according to Spain's meteorological office AEMET. Since the start of the 2018 Water Year on October 1 Alicante has received 75 per cent of the average rainfall, compared with 50 per cent elsewhere.

Classic cooks

TEN handed-down recipes for traditional Jesus Pobre dishes have been published in an illustrated booklet with the collaboration of Denia chef and restaurant Miquel Ruiz. It pays homage to the local mothers, grandmothers and village women who have kept the classic local gastronomy alive, Ruiz said.

Splash of the titans

THE BIG PICTURE Nº 4



RIVER WILD: The 'reventon' is a rare event.

Photo credit Flickr

IT is one of Spain's most dramatic natural spectacles.

And El reventón de los chorros del río Mundo - literally, the explosion of the Mundo River streams - has this week served up some stunning photo opportunities for thrill seekers.

The rare spectacle only occurs when rainfall above 100 millimetres falls for a prolonged period around 10-15 days beforehand, with a drop in temperature and atmospheric air pres-

sure sparking the breathtaking display.

The Mundo is the main tributary of the Rio Segura, which flows from its source through Murcia and Alicante before reaching the Mediterranean Sea.

Arising in the Sierra de Alcaraz mountains in Albacete, Castilla-La Mancha, the river flows out of a limestone cave which is at least 32 kilometres deep before plummeting 300 metres down a spectacular

cliff face.

The volume of water can be very low during dry periods, but when conditions are right an extraordinary upswelling occurs, pushing millions of litres through the limestone rock in a phenomenon known as 'trop plein' (overflow in French).

And the result is a truly unforgettable sight for the lucky few willing to brave the dangerous, slippery conditions.

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Worldstoppers

Spanish women set to strike



GIRL POWER: The strike will be followed by demonstrations.

SPANISH women are set to make their biggest ever stand against Spain's macho culture.

It comes as hundreds of thousands of women will hold their first national one-day strike to demand equal salaries and tougher action against domestic violence to mark International Women's Day today (Thursday).

Organised by The Commission for March 8, a collective of feminist groups, the strike takes place under the motto 'if we stop, the world stops.'

While the action is legal and women are permitted to down tools for the whole day, national unions CCOO and UGT have suggested a pair of two hour slots - from 11-1pm and 4-6pm - since workers will not be paid while they are on strike.

The walk out will be followed by demonstrations and rallies in Spanish towns and cities, most of which are scheduled to begin at 6.30-7pm.

And the protest is not restricted to working women, with housewives urged to join the strike, or at least hang kitchen utensils or aprons in the

windows of their homes.

Purple bracelets will also be worn throughout the day, and women are being pressed to avoid buying any non-essential items, particularly feminine hygiene products which critics say are subject to a 'pink tax' in Spain, while boycotting companies considered to exploit the female image.

Men are encouraged to support their partners by assuming responsibility for housework and other domestic tasks, or by joining the protests and marches.

Women in Spain earn an average of 14.9 per cent less than men per hour, while there is a recognised career glass ceiling, with the majority of managerial and directorial positions in the country occupied by men.

Domestic violence also remains a major issue in the country, with 48 women killed by their partners or ex-partners in 2017.

For more information on the strike, see the website feministas.org.

POLL OF THE WEEK

Following recent controversy in Spain, should bars and restaurants be allowed to ban children?

LAST WEEK'S POLL:

Should Spain be allowed to co-manage Gibraltar Airport?

Yes **77%** No **23%**

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TOP 5 stories



CREDIT: Kelly Louise Metcalfe

TRASHED: John Anthony Parkin (inset) reportedly wrecked Kelly Louise Metcalfe's villa.

- 17,634** views TENNANT FROM HELL: Claims expat trashed Brit's villa and 'blackmailed' landlady
- 12,168** views Storm Emma chaos as orange alerts activated on the Costa del Sol
- 9,066** views Gibraltar Airport shut and flights diverted to Spain after damage from heavy winds
- 8,336** views Thousands trapped as Canary Islands battered by heaviest storm in years
- 5,938** views TV favourite 'A Place in the Rain'... sorry 'Sun' - films in soggy Spain

*For week 26 Feb - 5 March

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FOR COMMENTS FROM EWN ONLINE TURN TO LETTERS PAGE

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Photo credit: Werner Wilmes

TARBENA: Visitors flock to admire the almond blossom.

Deadly tree bug devastates inland economy

THE Marina Baja village of Tarbena wants to be classed as a disaster area.

The regional government's policies for eradicating the tree-killing Xylella Fastidiosa from Alicante Province will extinguish practically all almond-growing in the municipality, a town hall communique warned.

The council has just learnt that infected almond trees have been found on seven more parcels of land in addition to the 16 already confirmed. According to EU directives adopted by the Generalitat (regional

government), all trees within a radius of 100 metres must be felled and destroyed wherever Xylella Fastidiosa has been detected.

The effect on Tarbena's scenery, environment and economy will be 'catastrophic,' warned the document which urged the Consell, the Generalitat's Cabinet, to declare villages like Tarbena disaster areas, making available official subsidies and grants.

Practically none of Tarbena's 600 residents earn a living exclusively from the now-devastated almond groves and the

village depends largely on tourism.

This is the time of the year when visitors flock to the area to admire the almond blossom but Tarbena has until now attracted rural tourism and weekend excursionists year-round.

The local population and the town hall fear that few will want to see a scarred, blighted landscape.

"If this ends up looking like a desert we'll have to leave the village to earn a living," a Tarbena restaurateur predicted. "Practically all of us depend on tourism," he said, pointing out that the town had a dozen restaurants and tourist-orientated businesses for a population of just 600. "Just imagine what tourism brings in."

22,419

Illegal immigrants arrived in Spain by sea last year, triple the number who arrived in 2016, according to human rights group APDHA.

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Airline boss blames Leo

A BUDGET airline chief has claimed that plans to extend Barcelona's El Prat Airport have been scuppered because planes are unable to fly over football superstar Lionel Messi's house.

The bizarre accusation was made by Vueling supremo Javier Sanchez-Prieto, who told Spanish media that construction of new runways is impossible "because you cannot pass over where Messi lives."

He added: "This doesn't happen anywhere else in the world."

The Barcelona and Argentina forward, 30, owns a multi-million Euro villa on the exclusive Bellamar housing estate in the suburban town of Castelldefells, where teammates including Luis Suarez, Ivan Rakitic and Philippe Coutinho also own properties.

He lives there with wife Antonella plus their two sons, and famously bought his neighbour's home before demolishing it to build a private football pitch.

The area is around 12 kilometres from the airport.

GIFT OF THE GARB: Garbiñe Muguruza.

Photo credit Antonella Rocuzzo/Instagram



HOME WIN: Lionel and family in their garden.



Photo credit Garbiñe Muguruza/Instagram

Having a ball!

SHE'S the Spanish tennis champ who last year broke her Wimbledon duck.

But two-time Grand Slam winner Garbiñe Muguruza, 24, showed a different side after taking to the red carpet at this year's Oscars in Hollywood, Los Angeles.

The current world number three stunned in an elegant black satin dress by Spanish designer Hannibal Laguna before posing for snaps with basketball star Kobe Bryant.



Celeb focus

Welsh wonder

SHE recently announced her retirement from swimsuit modelling.

But former Big Brother contestant and beauty queen Imogen Thomas, 35, showed she's still able to set pulses racing as she flaunted her killer curves in the Canary Islands after fleeing the freezing UK.

The Welsh mum-of-two sizzled in a sultry grey swimsuit before slipping into a skimpy peach number for an eye-popping yoga session.



BEACH READY: Imogen Thomas.

Photo credit Imogen Thomas/Instagram

Statue claim Virgin on the ridiculous



BRANSON PICKLE: Was Sir Richard around 150 years ago?

A STATUE on an iconic Spanish church has been compared to billionaire Virgin tycoon Richard Branson.

The stunning likeness was highlighted by British tourist Zach Culpin, who visited the famous La Sagrada Familia - the largest unfinished Roman Catholic church in the world - while on holiday in Barcelona.

And the 34-year-old from Weymouth

in Dorset was left stunned after snapping a shot of Catalan architect Antoni Gaudi's Nativity Façade.

He explained: "I was on holiday and wanted to visit the Sagrada Familia to see the incredible architecture and Antoni Gaudi's work in person.

"But when I looked at the pictures closely on my camera, I couldn't believe my eyes."

Lara respect

SHE is set to star as Lara Croft in the rebooted Tomb Raider movie franchise.

But Oscar-winner Alicia Vikander, 29, said that she "could never compete" with Angelina Jolie's original screen version of the video game heroine.

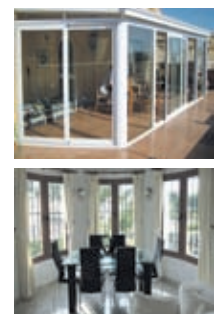
The Swedish actress was speaking at a Madrid photocall for the new film, due to be released later this month.

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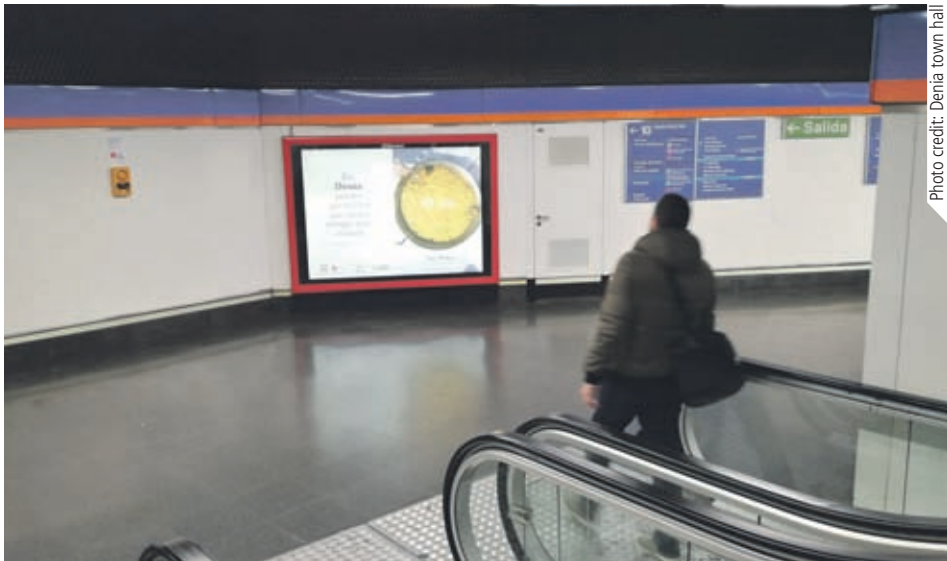


Photo credit: Denia town hall

CAMPAIGN: Denia tempts Madrileños with its specialities.

Tourism campaign goes underground

AS in previous years, Denia is present on underground platforms in central Madrid.

Throughout March travellers will be seeing three different Denia posters, all on the Vive Denia, es otra vida (Live Denia, it's another life) theme at 21 stations.

This message advertises Denia as a holiday destination with an excellent quality of life that is

always in contact with nature, explained Denia's Tourism department.

The town is promoting not only its beaches, mountains and protected areas of enormous environmental value, but also the way that it links gastronomy, leisure, adventure and ecotourism activities to Denia's natural surroundings and way of life.

Four times lucky

FOR the fourth time in just over a month, Denia Council avoided having to pay hefty compensation to developers.

Earlier the Valencia region's Upper Court of Justice (TSJ) ruled that the town hall would not have to pay more than €53 million for halting three projects in Bosc de Diana and Les Marines.

Now the TSJ has rejected another appeal demanding €3.2 million, plus interest, after Denia Town Hall declassified land at Venta del Burro in Les Rotes, following the withdrawal of the 2005 Transitory Town Plan (PGT).

This area, known as Els

Canons, contains the remains of bunkers and an anti-aircraft battery dating from the Civil War that ended with Franco's victory in 1939. It was classified as development land in 1972, a ruling that was reversed by the regional government in 2013.

The court decisions gave weight to Denia Council's stance that once again there were no signs of development on the land, maintained councillor Maria Josep Ripoll.

This, she said, endorsed Denia Town Hall's policies despite 'constant murmurings' which claimed that declassifying land would entail multimillion compensation payouts.

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Bad spellers and bad owners

TWO frightened and confused dogs found recently in Busot were obviously abandoned and not lost.

One of them, a male, had a badly-spelt note in Spanish tucked in its collar: "My owners are fed up with me and don't want me any more. I'm neutered."

The dogs, one black and apparently the mother of the light-coloured male, have been rescued by Busot's animal protection association, BARC.

At present they are quarantined in a boarding kennels paid for by BARC which is also picking up the vet's bill.

BARC has put up posters throughout Busot and via the social media is offering €300

to anyone who can provide information that will help to identify the dogs' former owners. Once located, they intend to report them to the courts.

"The dogs, now named Zeus and Hera, are extremely shy but now that they are with us we can help them to begin trusting the human race," BARC said.

Committee member Angela Argeles explained that the number of abandoned animals is increasing in Busot. The association took in 35 dogs in 2017 but has already assisted 20 this year and is becoming overwhelmed as they do not have a shelter and exist on donations and volunteers who foster the dogs in their own homes.

OUR VIEW

It's time to end the gender no-pay gap

SPAIN'S feminist strike is to be applauded.

The decision by Spain's working women and housewives to take a stand against issues including domestic violence and salaries is a brave one in a country with a strong male bias.

Whether or not today's industrial action and demonstrations spark genuine change remains to be seen, but the Spanish government has been wise not to contest the strike.

And if the turnout is anything close to the inspiration for the event it will undoubtedly be a resounding success.

In 1975 the women of Iceland decided to strike for equal rights. Around 90 per cent of the female population took part, and the event brought about a seismic shift in the way women were viewed, placing it at the forefront of the fight for equality.

It was known as the Women's Day Off and five years later Iceland elected Vigdis Finnbogadóttir, the world's first democratically-elected female leader.

In Spain, women simply hope to be seen as equals.

Heavily over-represented in part-time and temporary jobs, women also spend double the amount of time on unpaid work such as caring for family members of household chores than men, according to the National Institute of Statistics.

While progress has been made since the 1970s, when women were unable to vote, obtain a passport or buy property without their husband's permission, there is still a long way to go.

And today could mark an important step along that road.

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Experts justify crematorium shut down

THE decision to close the crematorium in San Juan in 2013 was proportionate to the risks involved, experts said.

The company that owns the crematorium is suing 11 town councillors who voted to close the installation and have now been questioned under caution.

The councillors were not competent to order the closure, even as a precautionary measure, the owners maintained, claiming that they based their decision on a regional government report that lacked 'definitive conclusions' regarding the alleged hazards.

Five years ago, this concluded that the crematorium posed a health risk for the population and warned that its owners need to ensure the best possible conditions to minimise that risk.

Environmental Health chief Jose Vicente Marti Biosca and the Unit's chemical engineer Juan Francisco Sanchez Perez were responsible for endorsing the study that prompted the closure.

Both have now ratified their endorsement to the judge and defended the decision to shut down the crematorium.

Carbon monoxide emissions exceeded the limits established by Spanish law and the presence of cancer-causing dioxins and furans exceeded the recommendations of prestigious international bodies, the study had warned.

Both scientists acknowledged that the town hall had acted with 'caution and prudence.'

Round Earth theory flatly denied

by Linda Hall

HOWARD GEORGE STIRRUP, a Briton living in Benidorm, is offering €10,000 to anyone who can demonstrate that the Earth isn't flat.

He began by offering €1,000 but after upping the bait, is now waiting for takers who can provide him with a photo proving that the Earth is curved.

Stirrup, a free energy therapist offering holistic and alternative services, believes that NASA photos showing the Earth's curvature are photoshopped fakes.

He also doubts that the moon landing ever occurred outside a film studio and is not convinced that the sun is much bigger than the moon.

He bases his scepticism on Pythagorean geometry and maintains that according to round-Earth theories there should be 80 metres of curvature between Benidorm and Playa de San Juan, 33 kilometres away.



Photo credit: Concepcion Amat Orta

SAN JUAN: Visible from Benidorm on a clear day.

This is the equivalent of the first 20 storeys of an average apartment block, but the San Juan's frontline buildings are still visible from the Playa de Levante, Stirrup reasoned. "Give me a photo of the hidden 60 metres and I'll give you the money,

cash in hand," he said.

The challenge appears on Howard George Stirrup's Facebook page and on YouTube but although he has received thousands of visits, he has yet to receive even one photograph, he said.

NEWS EXTRA

Motion made for lift

OPPOSITION councillors at Onil Town Hall presented a motion asking for a lift at the primary care health centre, requesting a written commitment from the area health authority.

All quiet

GANDIA Town Hall announced that tenants of municipally-owned social housing would pay rent equivalent to 20 per cent of the family's income. The council will also rescind contracts of tenants flouting social harmony norms.

Pretty please

TIRED of asking Agost Town Hall to repair the Camino de Verdegas, residents asked the provincial council to tarmac the road and provide better signposts, while also advising the national government's sub-delegate to Alicante.

Brexit and pension transfers. A window of opportunity?

Last year the UK began to impose a 25% tax on transfers to overseas pension schemes, including QROPS. This currently excludes individuals and QROPS where both are resident in a European Economic Area (including Gibraltar) country, but who knows what will happen after Brexit? If you wish to move your pension overseas, it may be better to do so now, under known rules, rather than wait and see what happens. Pension transfers can take months, so don't risk leaving it too late.

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Villajoyosa town hall

PORT: Location for Fugitiva episode/**LOCATION:** Paz Vega, Julio Bracho, Andreu Verdu and Councillor Jaime Ramis.

Local setting for new series

ACTRESS Paz Vega and a Television Española film crew spent a week shooting an episode of Fugitiva in Villajoyosa.

The team of more than 70 actors and technicians set up their centre of operations in a Villajoyosa hotel and filmed at several locations including the fishing port, the Club Nautico and a local lawyer's office.

Fugitiva is a thriller written by Joaquin Oristrell and directed by Sergio Cabrera,

Belen Macias and Antonio Cuadri.

The series tells the story of Magda, played by Paz Vega. Her life takes a 180-degree turn and she is obliged to make a drastic decision: "She decides to act for herself and not allow herself to be intimidated," Oristrell said. "This is a good time to talk about the circumstances of men and women."

This first series, which takes place over a

period of 90 hours, includes scenes shot in Villajoyosa although Benidorm is the principal location.

"It's fantastic to be chosen for a series like this," said Villajoyosa's mayor Andreu Verdu.

"It is magnificent publicity for the town and not just because viewers can see La Vila, as having film crews and actors here is another first class tourist attraction."

NEWS EXTRA

Donning the apron strings

MEMBERS of the Feministas de Xativa association celebrated International Women's Day by tying aprons to statues of the Borgia popes, who were born in Valencia.

Re-naming

VILLAJOSYA'S Partido Popular criticised the town hall for advising parents that babies could be registered with Valenciano versions of their names.

Good going

THE provincial council, the Diputacion will spend €2.5m on secondary roads, €1.3m of this allocated to improvements for Benissa, Lliber, Salo, Sanet I Negrals, Beniarbeig, Ondara and Orba.

A safer walk to the park

CALLE LA PALMERA in Benissa is now partially closed to traffic in response to suggestions from local parents.

The road is much used by children on their way to the park located between Calle La Palmera and Paseo Dolors Piera and pedestrianising part of the street will minimise the risk of accidents, as there is no separation between the children's play area and the traffic.

Vehicles will be barred from the street between 4.30pm and 8pm on weekdays and from 12am until 8pm at weekends.

The town hall was aware that this could inconvenience residents and a spokesman explained that they would still be able to access their homes during these periods, although it



Benissa town hall

SAFER: Less traffic in popular play area.

be necessary to drive with greater care.

The initiative is still provisional and the town hall

will later evaluate whether the partial ban should be introduced on a permanent basis.

NEWS EXTRA

Good work practice

BENIDORM'S Employment and Local Development department urged under-30's who were out of work to register with its Garantia Juvenil training programme to help them find jobs later.

Spring clean

ONE HUNDRED pupils in their second year at La Nucia high school helped to clear woodland in the Rotes area, coordinated by students who are training at the Pinar de Garait employment workshop.

Word kept

VILLAJOSYA'S four-party council alliance carried out 95 per cent of the 315 proposals and motions approved since taking over in July 2015 with 10 more in the pipeline, leaving only seven outstanding.

A WOMAN who deliberately ran down two youths outside a Denia discotheque in 2008 faces seven years in prison.

Earlier she had argued with one of their group but had had been drinking at the time and felt 'very nervous,' the Alicante High Court heard.

She thought that they were going to attack her and her only thought was to get into her car and drive off, she said.

She was unaware that one of the

Still scarred from disco smash

group was trapped under her vehicle and dragged 160 metres along the road, she added.

It took him two years to recover from the 'aesthetic and psychological after-effects' of the accident and he needed several operations the Fiscal (Public Prosecutor) said, as the court

was shown the scars on his back.

The Fiscal recommended €160,000 compensation and €8,000 for another man whose injuries were less serious, but required 30 days to heal.

A third person who denied beating up the woman after she ran down the two young men was accused of smashing

the car's passenger window. The Fiscal recommended a two-year sentence for him and €9,000 compensation for the driver.

The indignant crowd who witnessed the incident also damaged the woman's car, although investigators were unable to identify the perpetrators.

Blaze claims

AN elderly woman has died after a fire broke out in her home in Alicante City.

According to reports, the emergency services received reports of a fire on Calle Master Alonso close to the Alicante General Hospital.

Upon their arrival, fire-fighters were made aware by neighbours that an elderly woman had been trapped by the flames.

Once they managed to enter the house, the woman was found in the hallway close to the door, but could not be resuscitated and was pronounced dead at the scene.

Several neighbouring houses were forced to evacuate as a result of the fire, which saw a dozen firefighters tackle the blaze, with the official source of the fire yet to be confirmed.

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Photo credit: Alfaz town hall

SAN ANTON: Fr Schiller blessing animals last January.

Priest retracts Facebook denunciation

ALFAZ'S parish priest, Fr Miguel Angel Schiller Villalta has apologised for declarations made earlier this year.

He used his Facebook page to criticise the Church and its many cases of child abuse, but has now decided to retract much of what he said at that time.

The diocese has also made public Fr Schiller's letter of apol-

ogy to the Vicar General, written at the bishopric's request.

The Alfaz priest confirmed his determination to dedicate himself to his ministry 'with words and deeds not only in private but also in public.'

The letter also said that he was aware that he had made 'inappropriate declarations that caused pain and scandal.'

He also withdrew his Facebook statements accusing the Church of being corrupt. "Not all bishops and priests are corrupt pederasts," he wrote.

"I apologise for the harm that my affirmations and for the language used have caused the Church, my fellow priests and any people I may have offended," the letter continued.

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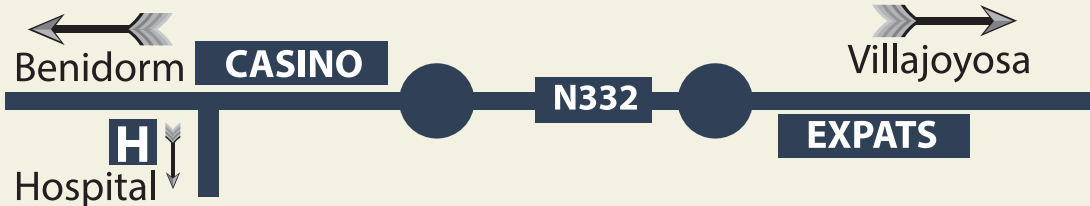
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Sierra Helada photos

FIFTY-TWO photographs taken by Jaume Fuster can be seen at Benidorm's Boca Calvari museum until June.

The exhibition entitled Parc Natural de la Serra Gelada, Les Llums de l'Abisme show the Sierra's cliffs, caves - some of them impenetrable - as well as its paths, disused mines and constructions like the recently-repaired 16th century Les Caletes tower.

The inauguration was attended by Benidorm's mayor Toni Perez, Historic Heritage councillor Ana Pellicer, the president of the Sierra Helada's board of governors, Joan Piera and geography



Photo credit: Benidorm town hall

SIERRA HELADA: Rarely-seen cliffs on its seaward side.

professor Vicenc Maria Rossello.

The compilation of photos portrayed every hidden corner of the park, Pellicer said: "Jaume Fuster has possibly walked across the Sierra Helada more than anybody else and has more affection for it than anybody else."

The photographs will be on show until June 11 during the Boca Calvari's normal opening hours.

Light shed on local street

MORE streetlights have been added to a one-kilometre section of Avenida Bernat de Sarria.

The €39,837 investment responded to a request from the Ciudadanos (Cs) under its agreement with the Partido Popular in exchange for the party's support in passing the 2017 Budget.

The additional 31 lights for this stretch brought considerable improvements to road safety, agreed Benidorm mayor Toni Perez when he visited Bernat de Sarria with Jesus Carrobes and Cs' councillors Rafael Gasent and Juan Balastegui.

This was not one of Benidorm's busiest roads, Perez conceded, but precisely because of this motorists habitually drove excessively fast there, he said. The mayor also announced that speed bumps will be installed to discourage speeding.

Non-lethal weapons

BENIDORM'S Local Police recently celebrated its 174th anniversary and activities that marked the event included a training day.

Organised by the Benidorm force's Sociocultural Association with the collaboration of the town hall, this centred on the use of non-lethal weapons.

Public Safety councillor Lorenzo Martinez thanked members of the Benidorm force for their professionalism and underlined their commitment to, and interest in, offering a better service to citizens.

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Let's talk about risk

By Sam Kelly, Managing Partner, Chorus Financial.



One of the most overlooked areas of financial advice in Spain is risk. Everything we do in life involves a risk/reward balance. That trip to the bathroom in the middle of the night? You flick the light on to avoid the risk of tripping over your bedroom furniture, but perhaps 1 in 10 billion times someone gets electrocuted by the bedroom light switch!

We all need to eat, so we get in the car, drive down the busy roads, cross the supermarket carpark. We're balancing the risk of the trip vs the risk of not eating!

Investment is also an essential balance of risk vs reward. It is the intention of central banks and governments to keep the economy growing at a constant rate. This is managed through fiscal and monetary policy and usually inflation targets are set at between 2-3%. In basic terms this means over 10 years the average costs of the things we need to survive day to day life will increase by around 25%.

So, in our current low to zero interest rates environment, the risk is do you leave your money in the bank and lose potentially 25% of its value over ten years, or do you balance risk vs reward to either match or stay ahead of inflation with some form of investment? The number of times I've heard people say leaving money in the bank is the safer

option, but for me losing a potential 25% of your savings buying power over 10 years is not a truly safe option.

One of the most important conversations I have with my clients is about their tolerance to risk versus the sort of returns they'd like to achieve. The basic rule is these two elements need to line up. At Chorus we risk profile our clients in accordance with EU regulation and UK FCA guidelines.

We then tailor design an investment portfolio with the intention of maximising returns within our client's personalised risk profile.

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From these we will build a portfolio of high quality funds that have proven themselves not just year after year, but decade after decade, although it should be noted that past performance is no guarantee of future performance.

There will always be peaks and troughs in the markets, periods of calm and periods of volatility. It is essential that you have an expertly designed portfolio, suitable for your own risk tolerance, and made up of quality funds with a proven track record from recognised and trusted institutions. Do not simply settle for some in-house, off the shelf option, from your bank or financial advisor, without having explored all of your options.

Over the next few weeks I'm going to share more information on Chorus's industry leading approach to building portfolios, and why we're confident that our clients here in Spain have the best possible portfolios to guide them successfully through their investment goals, coupled with honest and transparent fees.

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Credit: Google maps

RENAME: The Plaza de la Division Azul is one of the areas set to be renamed.

Franco-era names erased from streets

THE deadline for a list of streets in Alicante City that will require renaming due to their links with the Franco regime passed last Monday.

A commission is now set to determine which streets will be accepted and which will not under Historical Memory laws. These laws require localities to erase traces of the dictatorship from public spaces.

The Historical Memory Commission will also seek a

consensus on what the new names are to be before they go to the authorities for approval.

District boards will also be required to vote on the proposed changes but these votes are non-binding.

Fernando Marcos, the city council's historical memory spokesperson, said the streets would be 'alicantinised' and that the new names would be acceptable to everyone.

Maria Jose Espuch, from the

Compromis group on the council, said the process, which should have served to dignify Alicante's streets, had become a 'deplorable circus.'

Espuch's comments come as Spanish media reported on Sunday that residents in the south of the city disapproved of 10 out of 13 of the proposed new names.

They have asked for Plaza de la Division Azul to be renamed after Alicante judo athlete, Maria Bernabeu.

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Following the footprints

CALLOSA pupils are walking to school along safe routes that have been specially marked out for them.

“Our aim is to encourage healthy habits and at the same time decongest traffic in the town centre while reducing air and noise pollution,” said Education councillor Estela Menaches. “In short, this will improve the quality of life for everybody in the town,” she added.

On school days traffic is now barred between 8.30am and 9.05am in Calle de Valencia from Calle Sant Antoni and Cami d’Onaer as far as Plaza Mare Amalia to ensure the pupils’ safety in this section.

There are five different safe routes, one for each of the town’s schools and they have been marked out with



Photo credit: Callosa town hall

CALLOSA SCHOOLS: Just follow the footprints.

differently coloured footprints for each.

White footprints lead to Colegio Almedia, yellow to the Callosa d’en Sarria high school, blue to Colegio Mirantbo, orange for the Bernat de Sarria infants’ school in Plaza del Llaurador and pink for the

Bernat de Sarria primary school.

Volunteers are posted at meeting points along the way to accompany the children to their respective schools, although the routes are also intended to provide independence and safety for the children using them.

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NEWS EXTRA**Rather fishy marketing**

BY the end of March, a Marina Alta firm will be marketing seabass and octopus hamburgers as well as patented chorizo and sausages that are made entirely from fish and are a worldwide first.

Fort find

TORRENTIAL rain last month caused subsidence in a wall at the El Tossal archaeological site in Benidorm's La Cala, which revealed another two rooms in the fort built by Quintus Sertorius during his civil war with Rome.

Long life

JEAN IMELDA MCGOUGH, originally from Ireland, recently celebrated her 104th birthday in the Orpea residential home for the elderly in Campello, where she is the longest-lived of its residents.

Ancient art

ARCHAEOLOGISTS recently presented their finds from Pedreguer's Cova del Comte which included a stone plaque depicting a recognisable and lifelike horse's head that was etched 20,000 years ago.

Bin it

IN line with EU recommendations, each of Benitachell's seven underground recycling systems will have a fifth container which should be used exclusively for remains of foodstuff.

Fine wine

PETRER-BASED winemakers Bocopa presented a €2,000 cheque to Benidorm's Doble Amor Occupational Centre, which each year receives 1 per cent on all sales of the bodega's Señorío de Benidorm label.

The Great Artichoke Robbery

TWO Elda women were charged with stealing three tons of artichokes that resulted in losses totalling €9,000 for the grower.

The Guardia Civil began investigating after a Novelda grower reported that large quantities of artichokes had disappeared from his fields in recent weeks.

Only he produces this particular type, which is larger and rounder than the usual varieties, he explained. Fetching a better price, almost all are exported to northern Europe.

It was obvious that the thieves had begun by sliding under the chain link fencing but finally decided to cut this and en-

ter with their vehicle. Eventually a neighbour spotted two women inside the plantation but although they were aware that they had been seen, they carried on picking artichokes. Officers from the Guardia Civil's ROCA unit, which deals with rural crime, scoured open-air fruit and vegetable markets, looking for the

distinctive artichokes that they finally located on sale in Elda.

The grower recognised the produce as his, while his neighbour recognised the two stallholders as the women he had seen earlier. The Spanish women aged 32 and 39 both live in Elda and one has a police record for similar offences.

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Regional government generosity for TRAM

THE region's rail operator FGV will spend €32 million of its 2018 budget on Alicante Province's TRAM.

Of this, €5.6 million goes to the Torregrossa Tunnel just outside Alicante City where work restarted last December following a halt of five years after the regional government of the day ran out of cash.

Once completed, the tunnel will shorten journeys and increase the frequency of trains between Alicante City, Campello, Benidorm and Denia.

The lion's share of this year's assignment, €23 million, will be spent on Line 9 between Benidorm and Denia, where renovation and modernisation began in 2015 and is due to be completed by next year.

FGV's 2018 plans include replacing rolling stock and electrifying the section linking Benidorm railway station and the new stop at the nearby mainline bus station.



Photo credit: FGV

TORREGROSSA TUNNEL: Should soon be in use.

Another €265,000 will be spent on improving safety and accessibility at remaining level crossings on all lines used by the TRAM and Line 9 trenet.

FGV, which stands to receive

almost €45 million from the regional government in 2018 - doubling that of previous years - will invest the remaining €13 million on Valencia City's Metrovalencia system.

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Bivalves learn the ropes at fish farm

THE fish farm off Calpe has apparently become home to a type of critically endangered mollusc.

Grupo Andromeda Iberica, which is also responsible for fish farms off Altea and Villajoyosa, announced that employees inspecting cables at the Calpe installation found them clustered with thousands of young bivalves that shared many similarities with fan mussels (pinna nobilis).

As these are a threatened

species, Grupo Andromeda Iberica immediately contacted the Catholic University of Valencia's Institute of Environmental Research and Marine Science (Imedmar), which has a laboratory at Calpe's fishing port.

"They are trying to identify this species, as there are two types of fan mussel on our coast," a spokesman said, explaining that the experts suspect the larvae belong to both species and must determine how many there are of each.

"We hope that a good number are Pinna Nobilis," said Jose Rafael Garcia March, an Imedmar investigator and lecturer in Marine Science at the Catholic University.

Another Imedmar lecturer, Jose Tena, also pointed out that fish farms are installed in deep water over abundant



Photo credit: Arnaud Abadie

FAN MUSSEL: Larvae recently found off Calpe.

silt, which attracts numerous bottom-dwelling species.

"The larvae have found an ideal structure of cables with nooks and crannies to provide hiding places," Tena said.

Grupo Andromeda's Tahiche Lacomba, attributed the presence of the larvae to the new, plaited safety cables that the company now uses to moor the fish farm's cages and which give them shelter.

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Alleged sexual assault captors

TWO men have been arrested in Alicante after allegedly sexually assaulting and holding a woman hostage after meeting her in a bar.

According to reports the incident is believed to have taken place at the beginning of February, when the two men met the woman in a bar in Alicante and invited her back to one of their homes.

Once arriving at the house, the pair allegedly locked the front door before both sexually assaulted her and proceeded to hold the woman hostage for eight hours, not letting her leave.

The 32-year-old woman was eventually able to escape the house and immediately reported the incident to the police at the Northern District Police Station.

Police were then able to track down the two Ecuadorian men, aged 41 and 46, in less than 24 hours and arrested them on suspicion of sexual assault and holding a hostage.

NEWS EXTRA

Mothers keep abreast

MORE than 50 mothers posed with their babies in Alcoy's Plaza de la Constitucion in a worldwide event held simultaneously in Chile, Colombia, Mexico, Costa Rica and Brazil to encourage breastfeeding.

On the run

STUDENTS at Spain's Open University, UNED, will receive 50 per cent discount at La Nucia's Camilo Cano municipal sports complex in a bid to encourage them to practise more sport.

New venue

VILLAJOYOSA'S Huit de Maig association will celebrate the Town Charter's 717th anniversary at Finca de la Barbera on April 28, following the parish priest's refusal to allow them to use the church as before.

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Not yet covered by the health care system?

There is now a Special Agreement for the provision of assistance to people who are not covered by the Health-care system, which is signed with the 'Generalitat', allowing access to **the basic portfolio of assistance services by the National Health Care System**, within the **Valencian Community**.

(not including supplementary benefits such as pharmaceutical, orthotic and prosthetic benefits, dietary products or non-urgent medical transportation).

In order to benefit you must meet the following criteria:

1. be registered in a town within the Valencian Community
2. have no access nor receive any form of benefits from the Health Care System, nor have access to a public health care protection system under any other name
3. have proof of residency in Spain for a continuous period of at least one year immediately prior to the application date.
4. be registered (empadronado/a) at the time of filing the application, in a town belonging to the territorial scope of the Region

If you need help with the application under this Special Agreement offered by the National Health Care System or with any other legal matter, contact Pellicer & Heredia today.



The special agreement for the provision of health care cannot be renewed until the period of one year has expired, from the day after the expiry of the previous one.

What are the fees and how are they paid?

- The monthly fee for under 65 years old is 60€
- The monthly fee for 65 or older is 157€ (dependent on age on the date of which the corresponding monthly fee is due)
- These charges must be paid in full each calendar month.
- The fees are to be paid by direct debit from a valid bank account in the applicant's name.
- The payment must be made within the first ten calendar days of the month.

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us? What are the basic issues that we must consider?

In answer to your questions, we have the following observations:

Basic Information

1. There are many types of property or real estate rights auctions in Spain, some of those carried out by the courts (judicial), but there are also other types carried out by the Tax Agency (Spanish tax authority) for example.

2. The judicial or court auctions of real estate assets are regulated in the Civil Procedure Law (LEC), in articles 655 and following clauses.

Who can take part in them? In principle anyone can bid at a property court auction. If you are not a Spanish national, you must obtain an NIE number and register it. The NIE is the Foreigner Identification Number, and it will be your tax identification number in Spain.

Can we help you? Yes, our



In principle anyone can bid at a property court auction.

office can help you, and in general any lawyer or expert in the matter who has experience in the court real estate properties auction process, because as we note below, it is important to make some checks and verifications on the property.

Basic issues to consider

First, you must have the necessary funds available to bid. To participate in the auction, according to the article number 669 of the LEC, you must consign or deposit in the court the equivalent to 5 per cent of the court survey value of the property.

If your bid is successful you must pay the balance and if you do not in the stated time period, you may lose the deposit paid.

It is essential to understand and study exactly the property, asset or right to be auctioned: that is, if it is the totality of the rights on the property, a part of it, or if it is the full domain (property right in full) or only the usufruct (the right to enjoy the use of the property).

You should also study in detail the court file and essentially the court surveyor report, which will usually be part of the execution and auction process and is where you can check the most relevant aspects of the property.

It is important to make all possible checks related to the real estate property, as if it were an ordinary purchase. That is, analyse not only the registration situation of the property and its charges, but if possible, also its

cadastral status, if it has an occupancy licence, its urban situation according to municipal planning, etc.

If possible, it is recommended that you visit the property to see if it is occupied or not, note its appearance, check the area, etc.

In summary, it is essential to minimise the risks of a purchase of a property through a public auction, so in addition to the financial and economic part of the operation, the legal, urban, cadastral situation of the property must be checked, for the purpose of determining whether it is a good investment or not.

If you want advice in the court auction process in Spain, contact us and we will help you.

The information provided in this article is not intended to be legal advice, but merely conveys general information related to legal issues.

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Photo 2v credit: Mahammad Mahdi Karim

GANDIA PIGEONS: Always waiting to swoop.

Fearless pigeons

PROLIFERATING pigeons are posing problems in Gandia's Plaza del Prado.

Bar and restaurant owners complained that they routinely swoop down and try to steal food from customers' tables.

Until a few years ago they inhabited a nearby square popularly known as Plaza de las Palomas but have now moved into Plaza del Prado.

"They can be quite aggressive and are afraid of no-one," a

cafe-owner claimed. "The trouble is, people come here and feed them and each day there are more," she said.

The manager of another cafe in the square stated that the birds reduced his takings by at least €200 a year, as he often had to replace orders when they were spattered with droppings.

"They are waiting to pounce when we bring out food, sometimes the customers give them food," he said.

When asked to comment, Gandia's Territory councillor Xavier Rodenas said that this was not a new situation: "It's been going on for years, which is why we engage a firm to co-ordinate pest control."

He also encouraged the business-owners to register a complaint at the town hall. "We can't know everything that's going on but if the media or members of the public contact us, we always take immediate action."



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Something to sing about

IN recognition of L'Alfas Canta's social and cultural contribution to Alfaz life, the town hall renewed its existing agreement with the local choir, which includes a €25,000 yearly allocation. All 40 members of the choir are senior citizens and in keeping with the municipality's character, come from 10 different countries.

ALFAZ DEL PI / ALBIR NEWS

Busman's holiday for volunteers

THREE volunteers from Skien in Telmark (Norway) recently met some Alfaz counterparts.

Johanne Moller, Anita Johannsen and Gisle Lunde belong to a Frivilligsentralen centre in the town's Gullseth neighbourhood.

As well as taking part in working meetings, the volunteers visited Centro L'Alfas +Social to see firsthand the different services available to Alfaz's own very diverse population.

Important parliamentary business

A DELEGATION from Alfaz's European residents' associations recently visited Les Corts and the Palau de la Generalitat in Valencia City.

The visit followed on from the meetings that the town hall organises each month to keep members of Alfaz's foreign residents' association up-to-date with municipal activities, while promoting integration and encouraging contact between the different groups.

Members representing British, Dutch and Norwegian clubs amongst others were accompanied in Valencia by Alfaz's Other Nationalities councillor Martine Mertens and



Photo credit: Alfaz town hall

LES CORTS: A palace built for the Borgias.

the town hall's residents' coordinator Elisabeth Marandi.

They toured the Palau, the seat of the regional government, and Les Corts, built in the 15th century for the Borja (Borgia) family.

Here they were able to visit the parliament chamber, where they were joined by Alfaz's mayor Vicente Arques who is also a regional MP and had just finished a committee meeting.

Women's significant transition role

ALFAZ'S Semana de la Mujer, coinciding with International Women's Day today and organised by the town hall and local women's associations, centring on fostering respect and equality between young people.

Activities also highlight the role of women following the death of Francisco Franco in 1975, with an exhibition that continues until March 25 at the Escolles Velles centre.

Today's inauguration at 8pm includes a documentary, Las sin-sombbrero, about female Spanish writers, who offended society in the 1920's by defying convention and going without a hat.

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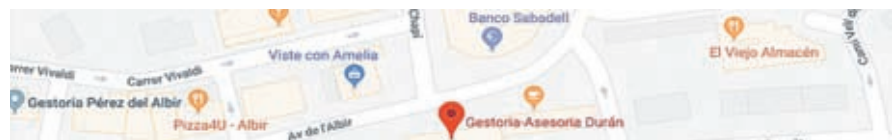
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Teulada Moraira

NEWS

Pilgrims visit

MORE than 40 people from the town of Vannes will visit Teulada Moraira during the San Vicente Ferrer pilgrimage tomorrow (Friday) to follow in the footsteps of the Valencia saint. They will attend a mass at the Santa Catalina Martir church and attend a reception in the town hall with local authorities.

'The Stoned' rock for the Lions

A ROLLING STONES tribute show was recently performed by 'The Stoned' on behalf of the Teulada-Moraira Lions in Espai La Senieta, Moraira.

The concert was a sell out and proved a huge success from the first 'riff' to the last chord. This is the first time the TM Lions have booked 'The Stoned' and they certainly lived up to their idols.

All the Rolling Stones hits were performed, much to the delight of the audience who were dancing, singing and thoroughly enjoying the show including the 'Jaggerish' antics of the front man.

Lion President, Brian Clarke, thanked all who were involved in producing the show, the raffle and the bar, as well as the town hall and the audience for their generous support.

Their next concert is scheduled for Sat-



LET IT ROCK: The Stoned in Espai La Senieta.



Credit: Shondell Mims/Facebook

SHONDELL MIMS: Is coming to Moraira.

urday March 24, again in Espai La Senieta and features The Liverpool Band. The evening show has already sold out and there are only a few remaining tickets available for

the matinee performance.

The TM Lions will also be presenting 'An Evening with Aretha Franklin' featuring Shondell Mims on Saturday April 21 again in Espai La Senieta. This will be a fantastic tribute to one of the greatest Soul Divas, imitating her Mezzo - Soprano vocal style and on stage charisma with all of her greatest hits.

For tickets and information on the shows please call: 966 499 954 or email: peter_john1@hotmail.com.

Information about the Teulada - Moraira Lions

can be found on: www.tmlions.com.

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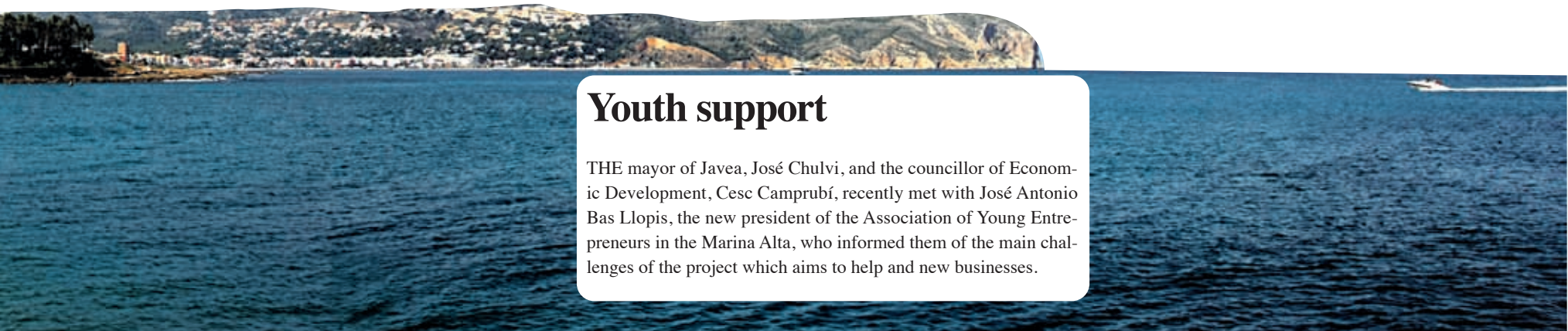
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Youth support

THE mayor of Javea, José Chulvi, and the councillor of Economic Development, Cesc Camprubí, recently met with José Antonio Bas Llopis, the new president of the Association of Young Entrepreneurs in the Marina Alta, who informed them of the main challenges of the project which aims to help and new businesses.

Jags have a roaring dinner dance

THE Parador hotel in Javea was the venue chosen to hold the gala dinner dance inauguration of the new Jaguar Enthusiasts Club of the Costa Blanca, which was attended by Mr Graham Searle, general manager of the head office in England.

As the JEC members started to arrive, they were met by Mike and Den in the reception area where a welcome desk had been set up to make sure everyone was given firsthand information about the event, and all the Jaguar cars were parked up in a secure cordoned off private area of the hotel's car park.

At 7pm, guests and members were able to gather together in a private area for a Champagne reception, before being seated allowing everyone to meet and greet friends old and new.

Then, with the help of her well organised seating plan, Brenda was able to direct everyone to their tables. Dennis Wilson took to the



JAG FUN: A great evening was had by everybody.



stage to make the introductions, asking the president of the new Spanish club to come forward to make himself known, and Michael Brook then made a short welcome speech.

The main speaker of the night was Mr Graham Searle who had flown in from England for the event. Mr Searle gave a very interesting talk about the history of the Jaguar Enthusiasts Club, from its beginnings to what it has become to date, with clubs worldwide.

Once the meal was served, a jazz singer entertained everyone with a selection of well-known classical songs which allowed guests to eventually take to the dance floor.

The night finally finished after a number returned to the public bar area for a night cap.

If you would like to join the Jaguar Enthusiasts Club on any future events please contact Mike on mikebikejec@gmail.com or 640 866 711.

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DETAINED: Seven arrested for the sale of the girls.

Sister act

Girls 'sold by sibling' freed

TWO girls aged 16 and 17 have been freed by the National Police after their sister sold them for €20,000.

Both girls had, according to the police, been sexually assaulted by their Romanian father and had fled to the home of their elder sister for safety.

Once there, the sister and her husband negotiated with other local Romanian families to sell the girls for €10,000 each to be married to members of these other families.

The first girl was sold to a local family close to the sister in Zamora (Castile and

Leon) and when rescued by the police was found to be ill and had received no medical treatment because the matriarch of the family didn't think it necessary.

The second girl was sent to Valladolid - also in Castile and Leon - and when released advised the officers that she had been sexually abused by the husband of the sister who had sold them.

In total seven people were arrested for their involvement in this matter and the two girls are now being looked after in a youth centre.

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Gun control

Arms dealer held in raids

IN an investigation that has taken almost seven months to complete, officers from the Guardia Civil have arrested an illegal arms dealer and seized a number of firearms.

Having becoming aware of a number of transactions involving illegally held firearms, a squad was formed to track down the arms dealer and the investigation concentrated on the area of Logroño in La Rioja.

The main suspect was a 52-year-old local man who it was believed had at least 20 guns obtained in Spain and more recently from the Czech Republic with authorities in that country confirming their belief that the dealer had taken delivery of at least three firearms from sources there.

In addition to the guns, the investigation revealed that the man had acquired large quantities of ammuni-



Photo credit: Guardia Civil

SHOT DOWN: Several firearms seized from the arms dealer.

tion, as well as steel bearings of various calibres that would allow him to make the ammunition even more deadly.

Once sufficient evidence was collected officers raided two addresses in the area and discovered a horde of illegal firearms and gun making equipment.

Nineteen pistols, three ri-

files, spare parts, ammunition and gun making equipment were seized alongside computer equipment and documents.

Some of the pistols recovered were originally manufactured to fire blanks, but the arrested dealer had machined out the barrels to turn them into viable weapons.



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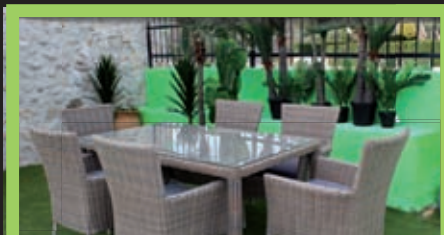
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Vanished into thin air

A JUDGE in Spain has ordered the search of a Mercadona supermarket in Spain seven years after one of the staff went missing.

Thirty-one-year-old Maria Piedad, was a cashier at the Mercadona store in Boadilla del Monte, Madrid and she disappeared on December 12, 2010 after a night out with colleagues.

The main suspect was her ex-husband, Javier Sanchez (38), head of maintenance at the supermarket, who had offered to take her home.

A few hours later Javier sent a message to one of the woman's friends saying that he had left her at home but that didn't appear to be true and Maria hasn't been seen since.

As police investigations closed in on Javier he left the municipality and was captured on CCTV in disguise so



SUPERMARKET SEARCH: Mercadona store in Spain (file photograph) and missing cashier Maria Piedad (inset).

as not to be recognised.

As a result of new evidence provided by the cashier's family the judge has ordered police to focus their investigations on the floor of the Mercadona store. They are expected to remove some floor tiles in a search for clues about the whereabouts of Maria.

Javier, who remains the main suspect, committed suicide after leaving the area.

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Gib Brexit concern

Spain's powers a 'disgraceful affront'

AUTHORITIES in Gibraltar have said they will use 'all instruments' at their disposal to counter propos-

als that Spain should have veto powers over the territory in Brexit talks.

The Government of

Gibraltar called the plans, which are currently in their draft stages pending final approval from Britain and the EU, a 'disgraceful affront' to the territory.

The plans come under Clause 24 of the draft legal text published alongside the proposed Withdrawal Agreement put out by the EU this week.

They specifically grant Spain veto powers over Gibraltar's status during the transition period that would follow Britain's departure from the bloc, according to reports.

Authorities in Gibraltar are concerned such a veto could result in the territory's exclusion from transitional arrangements.

Gibraltar's government has released a statement in which they said it was in the interests of both Spain and the territory to have a

sensible Brexit plan going forward.

"The existing threatening language of vetoes and exclusions is an unnecessary provocation in what is already a tense environment as the United Kingdom prepares to leave the European Union," they said.

"Any such plan should put the interests of citizens and business in the area first," the government added.

Gibraltar's government said if Spain used the veto to exclude Gibraltar it would be one of the most discriminatory measures taken against a small territory in recent European history.

"The truth is that nobody stands to gain anything at all by excluding Gibraltar from the transition or from the future relationship agreement.



Photo credit: Ministerio de Defensa

SEA TRAGEDY: Captain Javier Montojo Salazar undertaking research a few days before his death.

Naval officer dies

SPANISH naval captain Javier Montojo Salazar fell overboard from the ocean research vessel Hesperides last Friday night.

He was part of a scientific team undertaking research in the waters and islands in the Antarctic and the vessel was close to the Spanish naval base Juan Carlos I on Livingston Island at the time of

the incident.

After discovering that the captain was missing, the ship undertook a search of the area and discovered his body in the freezing waters six hours later.

According to the Spanish Ministry of Defence, his body is being taken to the port of Ushuaia in Argentina and will then be returned to Spain.

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JVH donate to ADADEM

MEMBERS of the Jalon Valley Help charity, whilst spending a very enjoyable afternoon at AMADEM's fifth Solidarity Calcotada in Pedreguer, were pleased to present the organisation with €2,000.

This money was given in order to assist AMADEM's work to improve the quality of life for those with mental health problems and their families.



GENEROUS: Members of the Jalon Valley Help present the cheque for €2,000.

The sun shone, bands everyone had wonderful time. played, the food was great and Well done AMADEM.

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Advertising Feature

Congratulations Peggy '100 years young'

PEGGY NUTT, a resident at Senior Resort Ciudad Patricia for a wonderful 33 years celebrated her 100th birthday on February 16, 2018.

Peggy was born in Oxford on February 16, 1918. She was the youngest of six. She married at the age of 21 and had her daughter Shirley. At the age of 60 she moved to Spain with her second husband to Moraira.

Nadine, the resort manager had spent months planning and organising a very special day and party for Peggy. All the residents were invited to the big day, and there was a big surprise for Peggy.

It kept the residents and Peggy wondering what the surprise was to be. Family and friends were also invited to the special occasion and also a very lovely lady, her daughter Shirley who is 77 years old. Shirley flew over from England to be with her mum.

Nadine gave a wonderful speech about Peggy and some of her highlights of living at Ciudad Patricia. Also the councillor for welfare, Angela Llorca, gave a nice speech and read out the message from the mayor.

There were tears all round when Peggy's favourite little people turned up. For many years Peggy always enjoyed a show put on by life size and life like wooden puppets. A few years ago the puppeteers retired. Nadine asked them very nicely to come along and say Happy Birthday to Peggy. She was so thrilled to see them and they both gave her a big kiss.

Gordon Innes, president of the residents association, gave a lovely and funny recollection of Peggy's life. Another lovely surprise was an envelope from Buckingham Palace, inside a congratulatory card from Her Majesty Queen Elizabeth II.

Now for the surprise, all the staff at Ciudad Patricia from the manager to the caretakers had practised dances and put on a big show for Peggy.

They had the four caretakers, reception and resort painter and decorator as the Village People.

A number of the female management team appeared as the Weather Girls dancing and singing It's Raining Men.

There was also Madonna with Material Girl with all the caretakers and resort support worker Jayne.



PEGGY:
Enjoying her birthday party.

The doctor played the piano and dressed up as Beethoven.

The concert included ABBA with the staff on the reception on keyboards and guitar, alongside the resort manager and support worker as the singers.

There were the Andrew Sisters and the caretaker of Flora and his wife who did an amazing salsa dance. The show ended with all staff on stage singing and dancing to We are Family where Peggy got up and joined them dancing all together.

Peggy's zest for life is unbelievable, at 96 she fractured her pelvis. At 97 she suffered from a bad bout of pneumonia and only last year at 99 she broke her ankle. Peggy gave a short speech to say thank you to all those that came to her birthday celebrations.

She insisted in taking the microphone to say "I am really overwhelmed by your kindness and really appreciate what you have done for me today. I want to give special thanks to all the staff for everything you have done over the last 33 years

here. Everyone has helped whenever I have had any problems, it really is a joy to live here."

Lovely kind words and you could tell she actually meant it from her heart.

Peggy then enjoyed a special lunch with her family and friends. At 4 o'clock the big party began with a live band Don't Ask, there was a huge delicious birthday cake and lovely food on the buffet table. Yes you guessed it Peggy was again first on the dance floor.

Peggy was on the go enjoying herself from 10.30am until 7pm, amazing for someone with so much energy at 100 years old. She is now planning her 101st birthday for next year.

Peggy is an incredible lady for 100 years old, she is a very good ambassador for Ciudad Patricia.



To find out more about the Ciudad Patricia retirement apartments in Benidorm visit their website www.ciudadpatricia.es/en/.

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U3A Vall del Pop elects new committee

THE Vall del Pop U3A recently held their Annual General Meeting at the Murla Polivalent Centre, when a good turnout of members braved the winter storms to thank the retiring committee members and to vote in the new committee.

The members thanked the retiring committee members, Anna Cameron, Brigid Redmond and Carole Wardle, for their service during the last year and for their service in the many previous years. The members wished them a happy retirement from the committee and hope they enjoy their additional free time.

• **The members then voted in the new committee comprising:**

- Bob Welham - President
 - Jennifer Beattie - Secretary
 - Bob Hills - Treasurer
 - Roger Bentley - Assistant Treasurer
 - Marie Fitzgerald - Groups Coordinator
 - Barbara Bentley - Membership Secretary
 - Ann Martin - Assistant Membership Secretary
 - Ian Morton - Web Master
 - Sandra Welham - TCET Representative
- A vacancy exists for the Vice President position.

• **Associates of the Committee are:**

- Barbara Watmuff - Almoner
 - Brigid Redmond - Assistant Almoner
 - Peter Sockett - Publicity
 - Lorraine Bellamy - News Letter Editor
- A vacancy exists for the Assistant Groups Coordinator position.

Members interested in either of the vacant positions should contact the Secretary.

The President congratulated the new committee on their appointment and looked forward to working with them in promoting another successful year of activities and trips.

A very special thank you was given by the members to Lorraine Bellamy who had prepared an excellent slide show of the U3A VdP Best of 2017, which had kept everyone entertained during the coffee break before the AGM.

For further information on U3A Vall del Pop check out the website <http://u3avalldelpop.com>. The U3A is all about enjoyment and learning, and this is particularly evident in the U3A Vall del Pop, whose members hold their General Meeting on the first Thursday of each month at the Centre Polivalent in Murla, and have a diverse range of groups for the interest of the members.



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AMANDA HOBBS
Sales Advisor

Come to Our Open Day

My name is Amanda and I will be giving the short presentation on the facilities at Ciudad Patricia. I will then give you a guided tour of the show apartment and will be available all afternoon to answer any questions or concerns you may have.

It gives me personal satisfaction, advising and helping many people planning and eventually making a move to Ciudad Patricia. It does not matter if you are not looking to move for a few years, it is still worth your while to come along to our open day. You will then see first hand why so many people have made the decision to move here. How we have all the facilities in place to make your retirement living a happy one, giving you peace of mind when you need that little bit of extra help it's all there.

You will never have to feel alone with so many activities going on and making new friends once you have moved here. There are many things people tell me they are worried about when they are living on their own. There is also the worry of being left on their own when their partner passes away. What if they had a fall and could not get up who would be there to help? At the open day you will then understand how it works with our on site emergency medical assistance which takes a little bit of that worry away. So please come along to our open day. You have nothing to lose and so much to gain.

I really look forward to meeting you on the day. **PLEASE CALL ME TO CONFIRM YOUR ATTENDANCE.**



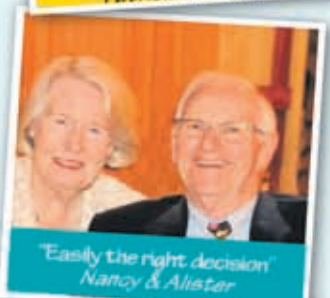
Find Out about Ciudad Patricia For Yourself at our Open Day on 14th March at 11:00 am

-  11:00 **Welcome: Coffee & Cake** (Central Building)
-  11:30 **Presentation & Short Film** Questions & Answers
-  12:15 **Tour of the Grounds** Visit Show Apartment
-  13:00 **Lunch in Restaurant** (Optional 10€ per person)

I'll also be presenting an exciting update about our newest apartment building - IRIS. We're well into construction for October delivery. We've pre-sold 10 of the 15 apartments so don't miss out.



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"Easily the right decision" Nancy & Alister

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Served with Fresh Vegetables and Fries or Mashed Potatoes

DESSERTS
Ice Cream, Fresh Fruit, Flan or Pie
10€ Incl. half a Bottle of Wine and Bread

Afterwards, you can enjoy lunch at our restaurant. We've arranged a special 3-course menu at the price of just 10€ per person which includes wine and bread. All in all it's going to be a wonderful morning, we're sure you'll enjoy your visit, and I can't wait to share with you why Ciudad Patricia is such a wonderful place to come and live.

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"Quite simply, living here is paradise" Gladys

10 ways Ciudad Patricia helps to take away the worries of getting older in Spain.

1. We have 2 doctors at Ciudad Patricia. One has lived on site in one of our apartments for over 20 years and been working here for over 30 years. Both speak English.
2. Our doctor has his own surgery for free consultations giving you peace of mind and convenience.
3. 24 hour emergency medical assistance cover all included.
4. Jayne is the residents' own helper and is available during normal working hours. She can check on you when you are not well, collect prescriptions, go shopping, accompany you to go to the national health hospital and doctors, translate for you plus many other things to help you, all for a small fee.
5. We want our residents to live as long as they can independently in their own home for as long as possible. We can provide help after an operation to get washed and dressed in the mornings, housework, washing and ironing etc. Again, subject to a reasonable fee.
6. On the resort is a residential care and rehabilitation centre should you find you can no longer live independently and safely in your own home even with the extra help provided.
7. British television is available with any package you are used to.
8. We provide 10Mb internet to apartments. Additionally, computers with printer are available in the main building for residents' use.
9. You don't have to be resident in Spain to live at Ciudad Patricia.
10. We have extensive, beautiful, well-kept gardens, 3 outdoor pools, heated 28° indoor salt water pool, petanca courts and gym. Small well-behaved pets are welcome.



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TV's big two boost profit

SPAIN'S TV duopoly has strengthened its grip on the market.

Media group Atresmedia, owner of channels Antena 3 and La Sexta, reported a profit of €142.1 million, a 10 per cent increase on 2016 and its best result since 2008.

Meanwhile Italy-based Mediaset, the country's leader in audience ratings and advertising revenue through its channels Cuatro and Telecinco, among others, raked in €197.5 million profit for an increase of 15 per cent.

Bargains for Brits abroad

By Matt Ford

BRITISH holidaymakers are bargain hunters while the Spanish are 'memento shoppers' according to a new survey.

The study by American market research consultant Horizon Consumer Science saw more than 22,000 globe-trotters from 37 countries quizzed over their shopping habits while travelling.

And the results showed that British tourists tend to overlook premium brands and local products in favour of items that they can pick up more cheaply than in the UK, including tobacco and alcohol.

They also spend little time planning

where to shop while abroad and tend to head to wherever is most convenient.

Other nations displaying similar behaviour include Sweden, the Netherlands, Brazil, Denmark, Malaysia and New Zealand.

"People motivated to find bargains will put discounted prices ahead of factors such as whether the items are culturally important or unique to the places they are visiting," the report said.

But Spanish tourists are more likely to seek items that will "serve as a re-

minder of their trip," it added.

"The items need to be different than what they can buy at home, but they don't necessarily need to signify the destination.

"It is the buying experience itself that creates an important part of the memory.

"It might be that the shopper buys something they can get at home, such as a luxury handbag, but, because they bought it on a trip, they are reminded of the place every time they use it."

Other memento shoppers include the Swiss and Poles.

Tax boon for flush expats

SPAIN is among five European countries trying to attract rich expatriates via attractive tax rates.

According to Dutch professional services firm KPMG LLP, foreign residents of France, Spain, Ireland, Germany and the Netherlands earning average salaries of €250,000 per year now fork out less tax and social security than those living in the UK.

In Spain, expatriates receiving their salaries from companies registered outside the country pay a special rate of 24 per cent on income up to €600,000.

Quote of the Week

"I can assure you all I will do what I can and a bit more than what I can, if that is possible; and I will do everything possible and even impossible, if the impossible is also possible." Spanish Prime Minister discusses the Extremadura region's economy



Photo credit: Partido Popular/Shutterstock

TRAVEL BOOST: The cost of flights is set to fall, according to Iñigo de la Serna (inset).

Air fares set to plunge in Spain

SPAIN will soon have the cheapest air fares in Europe.

It comes after Development Minister Iñigo de la Serna revealed that national air navigation manager Enaire is to lower tariffs by 12 per cent.

Rates have been frozen since 2012 and were expected to fall by 4 per cent this year.

But by tripling the cutbacks, officials expect the price of flights to tumble.

Mr de la Serna said that the

scaling down of tariffs will "make the European navigation service more competitive," adding that he expects carriers "to maintain a policy of co-responsibility with the effort that is being made" and transfer a portion of the savings to ticket prices.

Secretary of state for infrastructure, Julio Gomez-Pomar, added that the government is "pushing" and "insisting" for airlines to slash ticket prices.

» BUSINESS EXTRA

Feeling the benefits

THE number of jobless people in Spain hit a nine-year record low in February as the official total fell to 3.47 million, according to data released by the Spanish Ministry of Employment and Social Security.

Cash landing

SPAIN'S second-biggest airline Vueling posted record profits of more than €120 million in 2017, eclipsing the previous year by two and a half times, the carrier owned by Anglo-Spanish group IAG has revealed.

Crust magic

SPANISH fast food restaurant firm Telepizza - which has more than 1,600 eateries worldwide - has splashed out €10.7 million for a majority slice of Irish chain Apache Pizza, according to reports.

Debt mountain to climb

SPAIN has finished in the global top 10 of countries with the highest ratio of government debt to Gross Domestic Product.

The country ended 2017 with arrears of more than €1 trillion, equivalent to 105.76 per cent of the total value of goods produced and services provided over the year.

And the shocking figures place the country ninth in the international ranking, which was topped by Japan with a debt-to-GDP ratio of 220.82 per cent, Greece (179 per cent) and Portugal (138.08 per cent).

Spain is sandwiched between the United States (106.1 per cent) in eighth and Singapore (104.7 per cent) in 10th.

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LONDON - FTSE 100

CLOSING PRICES MARCH 5

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Anglo American	1,752.60	65.00	3.85	24,462.78
Associated British Foods	2,609.00	2.00	0.08	20,464.78
Admiral Group	1,870.25	25.25	1.37	5,403.94
Ashtead Group	2,038.50	40.00	2.00	10,061.40
Antofagasta	825.50	-17.10	-2.03	8,452.74
Aviva	504.80	7.30	1.47	20,250.81
AstraZeneca	4,758.50	22.50	0.48	60,350.10
BAE Systems	586.60	10.60	1.84	18,470.73
Barclays	205.49	0.19	0.09	36,047.20
British American Tobacco	4,220.00	8.14	0.19	97,972.80
Barratt Developments	528.40	-4.00	-0.75	5,356.34
Berkeley Group Holdings	3,817.50	52.50	1.39	5,084.49
British Land Co	640.90	13.30	2.12	6,166.16
BHP Billiton	1,456.30	43.70	3.09	30,789.78
Bunzl	1,931.00	-19.00	-0.97	6,503.67
BP	471.05	6.95	1.50	94,360.06
Burberry Group	1,618.25	-16.25	-0.99	6,658.26
BT Group	238.13	1.88	0.80	23,812.57
Coca-Cola HBC	2,288.00	-76.00	-3.21	8,698.40
Carnival	4,591.00	-30.00	-0.65	9,860.77
Centrica	141.40	0.70	0.50	7,859.73
Compass Group	1,524.00	4.38	0.29	24,361.57
Croda International	4,744.00	288.00	6.46	6,019.10
CRH	2,366.50	-32.50	-1.35	20,511.59
DCC	6,722.50	207.50	3.18	5,866.34
Diageo	2,382.75	1.25	0.05	59,781.91
Direct Line Insurance Group	364.45	-9.35	-2.50	5,205.75
Evrax	444.30	0.00	0.00	6,418.46
Experian	1,486.75	-33.75	-2.22	14,092.49
easyJet	1,550.25	-26.75	-1.70	6,403.00
Ferguson	4,905.50	-192.50	-3.78	12,789.02
Fresnillo	1,227.50	30.00	2.51	8,765.35
G4S	258.90	4.60	1.81	3,984.50
GKN	404.90	-15.10	-3.60	7,471.60
Glencore	364.03	-0.47	-0.13	54,215.39
GlaxoSmithKline	1,315.80	25.80	2.00	64,674.70
Hargreaves Lansdown	1,681.50	24.50	1.48	7,909.26
Halma	1,138.50	-27.50	-2.36	4,498.75
Hammerson	464.75	16.85	3.76	3,540.67
HSBC Holdings	695.10	-9.90	-1.40	144,039.83
International Consoltdtd Airs Grp	615.00	-2.34	-0.38	12,833.62
InterContinental Hotels Grp	4,449.00	-5.00	-0.11	8,654.05
3i Group	902.40	-3.60	-0.40	8,991.47
Imperial Brands	2,570.00	-14.00	-0.54	24,830.54
Informa	706.40	8.80	1.26	5,723.54
Intertek Group	5,116.00	243.00	4.99	7,833.90
ITV	151.98	-1.92	-1.25	6,255.49
Just Eat	874.90	25.90	3.05	5,893.27
Johnson Matthey	3,068.50	38.50	1.27	5,978.25
Kingfisher	342.45	-5.35	-1.54	7,506.48

COMPANY	PRICE(P)	CHANGE(P)	% CHG.	NET VOL
Land Securities Group	919.20	6.20	0.68	6,821.41
Legal & General Group	259.45	6.05	2.39	15,522.07
Lloyds Banking Group ORD	66.82	-0.18	-0.27	49,249.45
London Stock Exchange Grp	3,779.50	-57.50	-1.50	13,668.36
Micro Focus International	1,980.25	-7.75	-0.39	8,793.90
Mediclinic International	604.90	30.50	5.31	4,332.05
Marks & Spencer Group	291.20	4.50	1.57	4,729.64
Mondi	1,854.25	-56.75	-2.97	8,934.19
Morrison (Wm) Supermarkets	225.05	2.35	1.06	5,312.36
National Grid	729.35	-9.85	-1.33	25,045.53
NMC Health	3,241.00	-91.00	-2.73	7,041.45
Next	4,772.00	92.00	1.97	6,823.86
Old Mutual Group	247.20	1.20	0.49	12,568.72
Paddy Power Betfair	8,317.50	22.50	0.27	6,995.92
Prudential	1,754.50	-36.00	-2.01	47,346.55
Persimmon	2,564.00	-20.00	-0.77	7,978.82
Pearson	727.30	8.50	1.18	5,659.72
Reckitt Benckiser Group	5,576.00	-114.00	-2.00	40,285.93
Royal Bank of Scotland Group	260.55	2.95	1.15	31,793.27
Royal Dutch Shell	2,294.50	45.00	2.00	105,343.37
Royal Dutch Shell	2,325.00	45.50	2.00	86,427.11
RELX	1,477.50	10.00	0.68	15,671.42
Rio Tinto	3,711.25	72.75	2.00	50,845.99
Rolls-Royce Group	801.10	-16.30	-1.99	15,319.77
Randgold Resources	5,834.00	-106.00	-1.78	5,424.46
RSA Insurance Group	625.00	11.60	1.89	6,321.29
Rentokil Initial	265.75	-6.75	-2.48	4,834.02
Sainsbury (J)	252.50	-0.50	-0.20	5,618.09
Schroders	3,405.50	58.50	1.75	7,650.86
Sage Group (The)	668.60	6.60	1.00	7,323.73
Segro	549.20	-23.00	-4.02	5,726.71
Shire	3,141.25	-64.25	-2.00	29,321.49
Smurfit Kappa Group	2,445.00	15.00	0.62	5,883.55
Sky	1,408.75	35.25	2.57	23,584.92
Standard Life Aberdeen	361.95	-4.25	-1.16	10,876.57
Smith (DS)	452.95	-6.85	-1.49	5,006.35
Smiths Group	1,529.50	-23.00	-1.48	6,254.82
Scottish Mortgage Investment Trust 457.70	6.50	1.44	6,298.23	
Smith & Nephew	1,269.50	5.50	0.44	11,173.27
SSE	1,240.25	26.25	2.16	12,386.98
Standard Chartered	770.00	-10.00	-1.28	26,232.49
St James's Place	1,108.50	0.00	0.00	5,973.32
Severn Trent	1,701.25	-20.75	-1.20	4,072.12
Tesco	210.05	8.05	3.99	17,087.89
TUI AG	1,555.50	37.50	2.47	8,957.65
Taylor Wimpey	188.93	2.88	1.55	6,055.96
Unilever	3,582.50	-130.00	-3.50	45,704.72
United Utilities Group	679.50	16.70	2.52	4,594.56
Vodafone Group	199.02	0.00	0.00	53,976.28
WPP Group	1,348.25	82.25	6.50	16,255.14
Whitbread	3,790.00	-9.00	-0.24	7,039.99

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DOW JONES

CLOSING PRICES MARCH 5

COMPANY	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	230,370	-0.42%	-0,970	137,012,64
AMERICAN EXPRESS	95,6000	+0.48%	0,4600	81,700,68
APPLE	176,210	+0.69%	1,210	888,104,50
BOEING CO	344,670	-1.44%	-5,020	201,752,13
CATERPILLAR	146,380	-2.56%	-3,850	87,429,60
CHEVRON	111,64	-0.36%	-0,40	212,381,96
CISCO SYSTEMS	44,060	+0.59%	0,260	216,110,44
COCA-COLA	43,72	+0.67%	0,29	184,927,05
DOWDUPONT	68,43	-0.48%	-0,33	159,142,17
EXXON MOBIL	75,55	+0.47%	0,35	318,391,29
GENERAL ELECTRIC	14,1200	+0.71%	0,1000	122,467,73
GOLDMAN SACHS	258,12	+0.52%	1,34	97,399,24
HOME DEPOT	178,4600	-0.66%	-1,1800	207,859,25
IBM	154,49	+0.44%	0,68	141,657,20
INTEL CORP	48,9800	+2.38%	1,1400	226,980,00
J.P.MORGAN CHASE	113,3200	-0.10%	-0,1100	385,958,05
JOHNSON & JOHNSON	128,8200	+1.21%	1,5400	344,430,90
MC DONALD'S CORP	148,2700	-4.77%	-7,4300	117,561,85
MERCK AND CO. NEW	54,36	+1.23%	0,66	146,133,53
MICROSOFT	93,050	+0.22%	0,200	710,745,95
NIKE	65,89	-0.65%	-0,43	85,244,42
PFIZER	35,9500	+0.90%	0,3200	213,529,26
PROCTER AND GAMBLE	79,500	+1.02%	0,800	199,108,87
TRAVELERS CIES	137,88	-0.78%	-1,09	37,318,63
UNITED TECHNOLOGIE	129,94	-0.28%	-0,36	103,659,26
UNITEDHEALTH GROUP	225,19	+0.33%	0,74	217,182,27
VERIZON COMMS	48,26	+0.63%	0,30	196,304,87
VISA	120,77	+0.31%	0,37	216,369,03
WAL-MART STORES	88,7700	-0.35%	-0,3100	261,341,29
WALT DISNEY CO	102,9900	+0.41%	0,4200	154,066,59

M - MILLION DOLLARS

NASDAQ

CLOSING PRICES MARCH 5

COMPANY	PRICE	CHANGE NET / %
Most Advanced		
T2 Biosystems, Inc.	\$ 6.36	1.28 ▲ 25.20%
American Public Education, Inc.	\$ 35.25	6.90 ▲ 24.34%
Synergy Pharmaceuticals, Inc.	\$ 2.17	0.42 ▲ 24%
Nektar Therapeutics	\$ 102.87	18.32 ▲ 21.67%
Intra-Cellular Therapies Inc.	\$ 21.80	3.76 ▲ 20.84%
Protagonist Therapeutics, Inc.	\$ 20.86	3.45 ▲ 19.82%
51job, Inc.	\$ 76.39	11.88 ▲ 18.42%
Conatus Pharmaceuticals Inc.	\$ 6.12	0.93 ▲ 17.92%
Fate Therapeutics, Inc.	\$ 13.27	1.90 ▲ 16.71%
Puma Biotechnology Inc	\$ 71.05	9.30 ▲ 15.06%
Tandem Diabetes Care, Inc.	\$ 3.89	0.50 ▲ 14.75%
Most Declined		
Atlas Financial Holdings, Inc.	\$ 11.10	7.70 ▼ 40.96%
Ascent Capital Group, Inc.	\$ 5.07	1.60 ▼ 23.99%
Mersana Therapeutics, Inc.	\$ 14.18	3.14 ▼ 18.13%
eHealth, Inc.	\$ 13.65	2.62 ▼ 16.10%
Radius Health, Inc.	\$ 32.915	4.625 ▼ 12.32%
Fulgent Genetics, Inc.	\$ 3.82	0.49 ▼ 11.37%
Olympic Steel, Inc.	\$ 20.845	2.465 ▼ 10.57%
Marinus Pharmaceuticals, Inc.	\$ 4.47	0.52 ▼ 10.42%
Asta Funding, Inc.	\$ 4.40	0.45 ▼ 9.28%
Credit Suisse AG	\$ 9.05	0.86 ▼ 8.68%
Fluidigm Corporation	\$ 6.27	0.58 ▼ 8.47%

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DEALING PRICE

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PRICE MOVEMENT

£0.0001

Accumulating Funds

Multi Asset Conservative B GBP

DEALING PRICE

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PRICE MOVEMENT

£0.0038

Multi Asset Conservative B EUR

£1.0651

£0.0035

Multi Asset Balanced B GBP

£1.3223

£0.0070

Multi Asset Balanced B EUR

£1.2122

£0.0063

Multi Asset Growth B GBP

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Multi Asset Growth B EUR

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£0.0083

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SP18015EN



Gender equality boost

SPANISH QUARTET MAKE GLOBAL RANKING

FOUR major Spanish companies have been included in Bloomberg's Gender Equality Index 2018.

Electricity firm Iberdrola, and telecommunications behemoth Telefonica plus banking groups Santander and BBVA all appear in the business media specialist's latest ranking of the world's 104 most gender diverse businesses.

Spanning 24 countries, the report comes as thousands of women strike across Spain to mark International Women's Day today (Thursday).

Chosen companies demonstrate diversity from director level and most have developed a 'structured strategy' aimed at ensuring diversity in the workplace.

Marta Garcia-Valenzuela of Madrid-based consultancy firm Talengo explained that the Spanish quartet do not yet have such initiatives in place, although plans are reportedly on the table.

"There is less discrimination against women because they are mothers... but companies have to realise that talent and leadership have no gender, whereas the usual model in Spain corresponds to a male aged over 40 and born into a particular family," she said.

Talengo is working alongside companies keen to break these established patterns including Telefonica, where president Jose Maria Alvarez-Pallete has introduced several initiatives aimed at promoting multiculturalism, gender equality and 'generational inclusion.'

A special committee has been charged with implementing the schemes, and in 2017 the number of women contracted by the firm increased by 12 per cent, with 42 per cent of current managers female.

Elsewhere, BBVA Culture and Communications director Enrique Gonzalez said that his company is also committed to boosting women via in-



Photo credit: Shutterstock/Bloomberg

SEXISM IN THE CITY: Although conditions are improving, there is a 'long way to go' in Spain.

ternal promotions, manager training and changing the way in which internal vacancies are listed.

Iberdrola is the only energy firm included in the Bloomberg Index and has five women on its board of directors, while the total number employed has increased by 50 per cent in the last decade and the company's recently-appointed chief executive officer is female.

But Roberto Martinez, director of the 'family protection' foundation Masfamilia said that more must be done.

"Women are discriminated against because they are mothers, and worse, because of their capacity to be mothers in the future," he said. "There is no magic solution, only determination and the need for the government to help companies."

STAFF TO STRIKE OVER CONTRACT DISPUTE

Amazon 'fails to deliver'

EMPLOYEES at American e-commerce giant Amazon's biggest warehouse in Spain are to go on strike.

The decision comes after more than 74 per cent of the 1,100 staff working at the multinational's depot in San Fernando de Henares, Madrid, voted in favour of the move.

It follows months of talks over disputed working conditions during which the two parties failed to strike a deal.

The previous agreement expired at the end of 2016, but a revamp proposed by Amazon officials sparked outrage among workers.

The main bone of contention is reportedly the decision to switch from a bespoke agreement (convenio in Spanish) to a standard version designed for logistics companies by Madrid's regional government.

Under the terms of the new agreement, salaries for existing staff would be frozen indefinitely while new employees would earn less than before.

In addition, workers would continue to only have one in every five weekends off, and supplementary payments



Photo credit: Twitter

PRIMED TO STRIKE: The warehouse in San Fernando de Henares, Madrid is Amazon's biggest Spanish facility.

for sick leave would be slashed.

Ana Berceruelo, an official responsible for collective bargaining for Spain's largest trade union, the Workers' Commissions, said: "The company says it has a problem with absenteeism, but we say it is directly related to workload."

She went on to explain that working in the warehouse involves walking up to 20 kilometres per day, with the unions slamming the 'musculoskeletal

diseases' and occupational risks involved.

Under the current agreement, Amazon pays staff 100 per cent of their salaries when they are off sick for the first time, and from the fourth day of any later periods of illness.

But the firm aims to reduce the payments to 50 per cent.

"They say that people go on the sick because of these payments," said Ms

Berceruel. "They are also branding local doctors as liars."

The staff are happy about one of the suggested changes, which would see many of the 800 people currently employed on a week-by-week basis handed permanent contracts, since the new agreement only allows a maximum of 25 per cent of the workforce to be temporary.

Amazon said in a statement that its salary packages are "in the high range for the logistics sector, with a complete package of benefits including private health insurance, a pension plan, and life insurance."

But an attempt to make peace by calling 'friendly and concerned' meetings with groups of 30 employees backfired and led to the strike call.

"They tried to influence us by speaking to us in smaller groups... I do not know if this has been done in any other company but it was grotesque and had a rebound effect," a source told Spanish media.

A date for the strike is set to be announced shortly.

Bust toy chain says Spanish stores 'will remain open'

TOYSHOP chain Toys 'R' Us has moved to calm Spanish shoppers.

An official from the embattled brand said that its stores in Spain will stay open after announcing that its 106 UK stores will be shut down, with around 3,200 staff facing redundancy.

The firm's American parent company last September filed for bankruptcy protection in the UK and Canada after racking up debts of more than €4 billion and failing to make a profit since 2013.

Jean Charretteur, Toys 'R' Us director in France, Portugal and Spain, said: "Our stores are being transformed and modernised while we seek new and better locations to expand our network in the Spanish market."

The future of commuting?

AN international technology firm headquartered in Spain has bagged a €2.8 million development contract for a futuristic train.

The civil works division of Carbures has been commissioned to design and engineer a prototype passenger 'capsule' for the proposed Hyperloop One project to link Dubai with Abu Dhabi in the United Arab Emirates.

Chaired by Virgin tycoon Sir Richard Branson, Hyperloop One is an American company that aims to move travellers at airline speeds for a fraction of the cost.

The prototype is earmarked for delivery by the end of the year, and will consist of a 700-metre tube which will be equipped with thousands of intelligent sensors allowing the system to be tested.



Photo credit: Sotheby's.com

THE BEAUTIFUL FRAME: The painting was sold at Sotheby's in London.

MASTERPIECE RAKES IN MORE THAN €55M

Picasso piece breaks record

A MASTERPIECE by Spanish artist Pablo Picasso has smashed the British record after selling for £49.8 million (€56.2 million) at auction.

The Malaga-born painter's *Femme au Beret et a la Robe Quadrillee* (Marie-Therese Walter) was bought by a telephone bidder at Sotheby's London.

It was the prize piece in a 47-lot sale of impressionist, surrealist and modern art, and obliterated its £35 million (€39 million) estimate to become Europe's second-most expensive artwork after Giacometti's *Walking Man* sculpture, which sold for £65 million (€73.4 million) in 2010.

Painted in 1937, the same year as other Picasso masterpieces, including *Guernica* and *The Weeping Woman*, it depicts the head and shoulders of his French mistress and muse Marie-Therese Walter.

The couple met 10 years earlier, when he was 45 and she just 17, and their daughter Maya was born in 1935, but by

the time the painting was completed Marie-Therese was vying with Dora Maar, the model for *The Weeping Woman*, for Picasso's attention.

The brightly-coloured 22-inch high painting had never appeared on the market before, with the former owner having acquired it from the artist's private estate, according to Sotheby's catalogue.

London-based art adviser Gurr Johns - which buys and sells artworks for moneyed clients - landed the piece plus the sale's three other Picasso paintings, splurging £73.8 million (€83.4 million) in the process.

A day earlier, the company splashed £38.9 million (€43.9

million) at Christie's as it snapped up at least nine other Picasso works.

It remains unclear whether the purchases were on behalf of a single or multiple clients.

Sotheby's first major auction of the year raked in £136 million (€153.6 million), down on last year's £150 million (€169.5 million) but still a sign of market strength, according to an official.

But despite including the most expensive artwork ever sold on British soil, it was eclipsed by Christie's total of £149.6 million (€169 million).

The sales come ahead of the opening of the Tate Modern exhibition 'Picasso 1932 - Love, Fame, Tragedy', which opens today having transferred from the Musee National Picasso, Paris.

It includes the masterpiece *Le Reve*, an earlier portrait of Marie-Therese Walter which was bought in 2013 by American billionaire hedge

fund manager Steven A Cohen for \$155 million (€127.2

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Spain's Ibox firms reveal profit boost

SPANISH businesses have been reaping the rewards of an economy that has grown for 17 consecutive quarters.

It comes as accumulated profit for 34 of the 35 firms listed on the Ibox 35, Spain's principal stock exchange, reached €40.1 billion in 2017 according to new data from national security watchdog the Comision Nacional del Mercado de Valores.

The total represents a 16.2 per cent year-

on-year increase.

And the companies also brought in 7.6 per cent more than in 2016, with revenues approaching €474.2 billion, equivalent to the combined expenditure of all of Spain's public agencies.

Banking group Santander topped the Ibox 35 net profit chart with €6.6 billion, while mining company ArcelorMittal pulled in the greatest revenue of just over €56 billion.

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I'm sure it will all sort itself out

LEAPY LEE SAYS IT

OTHERS THINK IT



WELL, the Finns may have been calling it 'just another Wednesday,' but when I found myself heading for the Piccadilly underground station, in a temperature of minus four degrees centigrade, (with a wind shear of minus 12!), it certainly felt like the 'Beast from the East' to me!

Yep, the ol' boy's in Blighty again, and, with his usual impeccable timing, found himself experiencing one of the coldest March days to hit the auld country since records began. Talk about brass monkeys. Once more I was reminded as to one of the main reasons I moved to balmy España all those years ago.

On this occasion I was 'in town' to accompany my son David on his first fashion shoot (don't ask!). It all actually went rather well. In fact, as I have now been promised a new Bentley and a villa when he 'makes it,' I am delighted that my future, which has al-



'UNRECOGNISABLE': London shivers in 2018 and (inset) Leapy's son on his fashion shoot.

ways been somewhat precarious, is now completely assured and I can now relax a bit - dream on Leapy!

'Course nothing has really changed from my last visit. London is still completely unrecognisable from my particular days of yore, both in skyline and diversity. To me one of the saddest aspects is still the suppression of free speech. On one visit to a well-known large West End store, when I quietly,

but truthfully remarked that the experience reminded me of a Mid-East bazaar, my horrified niece fearfully urged me to keep my voice down, before we were arrested or suffered actual physical damage.

Ah well, I'm sure it will all sort itself out, one way or another.

Could hardly believe one report I read this week. It concerned a young girl of 11 who had been turned out of a

McDonald's into the snow; apparently for no better reason than the fact that she was wearing a school uniform! In the report McDonald's proffered no better explanation than it was now their policy to ban any youngster dressed in this manner. Unbelievable? Yes I thought so too. So I delved a bit.

It was actually my 17-year-old Goddaughter who came up with the reason for this seemingly unacceptable policy.

Apparently school uniforms are looked upon as a way of rival factions identifying themselves. It appears after experiencing a number of altercations and violence between children of opposing schools, McDonald's had decided to ban uniforms altogether. Is that a sad reflection of our day and age or what?

Finally, to really take the biscuit on all this feminism and 'me too' onslaught we've been experiencing of late, I cite the utterly moronic American university feminist, who has seriously begun a movement to eradicate the word 'Man' altogether!

In fairness she was subsequently shot down in flames by her interviewer, who suggested that, among other things, if her quest were to become a success, she herself would become merely a 'Wo'! Yep, she would also become a 'Hu' of course. Manfred Man would become plain old Fred and the baby Jesus laid in a 'ger.' I dunno, what a load of old 'ure.'

Keep the faith.

Love Leapy

columnists@euoweeklynews.com

leapylee2002@gmail.com

Leapy Lee's opinions are his own and are not necessarily representative of those of the publishers, advertisers or sponsors.

Terms of ensnarement

Do not enter this column if you have not agreed to its Terms and Conditions, warns Terence Kennedy.

TECH FOR THE TIMID



SOME 22,000 people recently agreed to clean toilets for 1,000 hours after failing to read the fine-print on a phone app.

Quite a few diners agreed to give up their firstborn in return for using a restaurant's free Wi-Fi.

They were of course victims of pranks played by software designers, who perhaps need to get out more.

But there was method in their madness: making people aware of what they might be giving up by simply clicking 'I agree' to get past the Terms and Conditions of whatever juicy software or service being offered.

Hands up if you ever read that fine print? In the early days I used to, until it became the length of a Jackie Collins bonkbuster and twice as tedious.

Now developers can sneak virtual-



CONTRACTS: Lawyers get their clauses in.

ly anything into the T&Cs and most of us wouldn't know it. If you did you might be horrified.

When a shiny new app asks for access to our e-mail accounts, we click 'Yes' without hesitation. When it asks if it may raid our precious contacts lists, we agree.

Give up whatever shred of online privacy we still have left? Certainly. May the app track how many times we visit Pornhub? Click 'Yes' and 'If

you liked pneumatic Morris Dancing, here are 28 other perversions you may enjoy.'

A *Guardian* journalist recently spent an entire week just reading 146,000 words of the T&Cs covering everything he wanted to do that week, and said it made him want to die.

He had to read 21,000 words just to use his iPhone. Booting his laptop, opening Gmail and checking Twitter

took another 35,000 words of his life.

And who knew when buying a Kindle book from Amazon, that it's not actually yours, as thousands of people found out suddenly a decade ago when the company remotely deleted users' copies of George Orwell's *1984* and *Animal Farm* from their devices without so much as a how's yer father, because of a copyright dispute.

The supreme irony was of course that it involved *1984*, the dystopian novel where Big Brother controls everything.

But as long as there are lawyers there will always be fine print. Which we will rarely, if ever, read.

Unless of course it's something along these brief lines:

'I don't claim this software is good for anything. If you think it is, cool. If it doesn't work, that's too bad. If you don't like this disclaimer, that's too bad. I reserve the right to do the absolute minimum provided by law, up to and including absolutely nothing.'

Reading the EULA-gy

LAWYERS are divided on whether the typical T&Cs none of us read are actually enforceable.

These 'end-user licence agreements' (or EULAs) are certainly contracts, usually considered to be legally binding. But our inability to negotiate them violates common law principles of fairness, so they may not be worth the pixels they're written on.

In an ideal world we'd know what we're agreeing to. Those days evaporated when we all discovered the pressing need for a way to tell everybody online exactly what we had for breakfast.

To show how ridiculous it all is, a bored Apple iTunes lawyer once sneaked a prohibition into the music service's T&Cs, forbidding using iTunes for the design, manufacture or production of nuclear or biological weapons.

Feeling good!

Back-to-back Spanish press awards for EWN

THE EURO WEEKLY NEWS has done it again.

After scooping the 2018 Professional Trajectory gong, Spain's leading English language newspaper has now picked up back-to-back wins at the Spanish Periodical Association (AEEPP) Awards in Madrid.

The latest honour comes after the paper was in 2017 voted Best Free Publication at the same event.

It follows a ground-breaking year for the paper and parent company EWN Media Group (EWNMG), with sister brands RTN newspaper and Sol Times joining the company's portfolio after last year's win.

According to the organisers, the award is won by a company "for its successes and outstanding professional journey."

And the EWNMG are justifiably proud after being recognised by an international panel of judges from the upper echelons of European business and media.

Having started life in a tiny Fuengirola flat more than 20 years ago, the group now produces 10 newspapers per week from its modern headquarters on the Costa del Sol, with readership thought to be pushing a million.

In the past year alone the company has acquired two additional brands, given away a car in a prize draw, raised money for two major appeals, sponsored a motor racing team and moved into its state-of-the-art new offices.

But what most clients and readers don't see is the endless commitment of all in-



involved in putting together 10 newspapers every seven days.

From editorial to design, sales to production, accounts to HR, every single member of the EWNMG team has performed above and beyond the call of duty - often under extreme pressure - over the last 12 months.

And while massive thanks is of course reserved for all who read and advertise in the final products, it is those at the sharp end who merit special praise for securing a second consecutive national award after emerging from an especially challenging year.

Congratulations to all, you deserve it.



'WHAT AN HONOUR': Michel and Steven Euesden accept their Professional Trajectory award.

Official praise



“ Many congratulations to Euro Weekly News for this fresh recognition on their work and achievements. It is fantastic to see an English language newspaper thriving in the Spanish media landscape. **”**

SIMON MANLEY: British Ambassador to Spain.

Photo credit: UK in Spain/Flickr



OH WHAT A NIGHT: The nominees and winners take to the stage and (insets) winners and speakers at the glittering Madrid event.

‘Biggest and most popular’ *EWN clients salute national accolade*

“Congratulations to the *Euro Weekly News* for winning this prestigious award.

It goes some way to recognise the hard work and commitment by all the team at *EWN* to produce a paper which is enjoyed every week by many thousands of expats and a good number of Spanish readers keen to improve their English.

May your success continue even as the world of journalism evolves in this more digital age.

Best wishes from all at *Currencies Direct* as you continue on your ‘trajectory.’

Peter Loveday

Director

Currencies Direct Southern Europe

“A just deserved award for the biggest and most popular expat newspaper in the Spanish islands for the second year running, it is an absolute pleasure to both work and advertise with you and your team.

Congratulations and here’s to the third year in a row...

Emma Quantrill

Operations Director

Golden Leaves International

“As a regular and long term advertiser in *Euro Weekly News*, Sala Group are not surprised that the newspaper has received yet another award from the Spanish Press Association.

Congratulations to the Euesdens and all of the hard work-

ing staff connected with this excellent English language newspaper in Spain.

It works for us!

Ian Radford

Chairman

Sala Group

“I am not surprised by the success of the *EWN* winning a prestigious national award for the second year running.

The owners Steven and Michel and the whole team are hardworking, inventive and creative and are good to their clients. I am enjoying writing for them each week. In my opinion this is THE paper with everything you need and with everybody in it! My warmest congratulations to all at *EWN*, you deserve it!

Steven Saunders

Master Chef, restaurateur and food writer for the RTN newspaper

“Costa Women are delighted to be adding our congratulations to *EWN Media Group* for their latest award - what a journey the group have been on over the last few years. The papers are not only a recourse, but the integrity of their journalism helps support the foreign community in Spain with up to the minute news and information. Costa Women wish to thank Michel and Steven for their continued support. Let the news and stories continue!

Ali Meehan

Founder of costawomen.com

Numbers to trust in

6 weekly editions covering the Costa Blanca North and South, Costa del Sol, Axarquia, Almeria and Mallorca

134,000 copies distributed 52 weeks per year

4,000+ distribution points

6 offices with the majority of production now taking place at our new, state-of-the-art head office on the Costa del Sol

10 weekly newspapers after the RTN newspaper (Costa Blanca North and South, Costa del Sol) and Sol Times (Almeria) were added to the *EWN* stable.

81 per cent year-on-year increase in website traffic during 2017

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BBC one

12:00pm	Wanted Down Under Revisited
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Shakespeare and Hathaway - Private Investigators
4:00pm	Escape to the Country
4:45pm	Coast and Country Auctions
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	MasterChef
10:00pm	Not Going Out
10:30pm	Still Game
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:45pm	Question Time
12:45am	This Week

BBC TWO

8:15am	Wanted Down Under Revisited
9:00am	Earth's Natural Wonders
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Perfection
2:45pm	Plan it, Build it
3:15pm	Yes Chef
4:00pm	A Place to Call Home
4:50pm	A Place to Call Home
5:45pm	More Creatures Great and Small
6:15pm	Flog It!
7:00pm	Eggheads
7:30pm	Great British Railway Journeys Goes to Ireland
8:00pm	Saving Lives at Sea
9:00pm	Great Continental Railway Journeys
10:00pm	Civilisations
11:00pm	Match of the Day
11:30pm	Newsnight
12:15am	Top Gear

BBC FOUR

8:00pm	Beyond 100 Days
8:30pm	Top of the Pops <i>John Peel and Janice Long present the pop chart programme, first broadcast on 30 May 1985.</i>
9:00pm	The Brain: A Secret History
10:00pm	Pop! The Science of Bubbles
11:00pm	Horizon
12:00am	Horizon
1:00am	Top of the Pops
1:30am	TOTP2
2:15am	TOTP2 <i>Mark Radcliffe with some classic Wham! performances on Top of the Pops.</i>
2:45am	Classic Cellists at the BBC
3:45am	Pop! The Science of Bubbles
4:45am	This is BBC Four

CHANNEL 4

7:00am	Countdown
7:45am	3rd Rock from the Sun
8:10am	3rd Rock from the Sun
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Frasier
11:00am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Crufts Extra with Alan and Clare
5:00pm	A New Life in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cake Makers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Crufts 2018
10:00pm	Married at First Sight
11:00pm	The Job Interview

CHANNEL 5

10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	GP's: Behind Closed Doors
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	A Bone to Pick: An Aurora Teagarden Mystery
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	The Secret Life of Kittens
9:00pm	Bargain Loving Brits in the Sun
10:00pm	Do the Right Thing with Eamonn and Ruth
11:00pm	The Nightmare Neighbour Next Door
12:05am	Nightmare Tenants, Slum Landlords

4

9:00am	Baby Daddy
9:30am	Baby Daddy
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	How I Met Your Mother
11:30am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
3:00pm	Melissa and Joey
4:00pm	Baby Daddy
5:00pm	Brooklyn Nine-Nine
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	My Hotter Half
9:00pm	The Big Bang Theory
9:30pm	Young Sheldon
10:00pm	Brooklyn Nine-Nine
10:30pm	Brooklyn Nine-Nine
11:00pm	The Inbetweeners
11:35pm	The Inbetweeners
12:05am	The Big Bang Theory

sky sports main event

7:00am	Live European Tour Golf
8:30am	Good Morning Sports Fans
9:00am	Rugby League
11:45am	Live European Tour Golf
1:00pm	Sky Sports News
2:00pm	Sky Sports News
3:00pm	Sky Sports News
4:00pm	Great Women: The Stars of ODI
5:00pm	My Icon
5:15pm	My Icon
5:30pm	Katie Taylor: Golden Girl
6:00pm	Winning Over the World
7:00pm	Women's 6 Nations: Story So Far
8:00pm	My Icon
8:15pm	Women's Super League Preview
8:30pm	Live Super League
10:45pm	Live Premier League Darts
11:30pm	Live ATP 1000: Indian Wells

itv

4:50am	ITV Nightscreen
6:05am	The Jeremy Kyle Show
7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	James Martin's American Adventure
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Tonight
9:00pm	Emmerdale
9:30pm	The Cruise: Voyage to Alaska
10:00pm	Rachel Nickell: The Untold Story
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	UEFA Europa League Highlights
12:45am	Play to the Whistle
1:35am	Lethal Weapon

itv2

8:10am	Dress to Impress
8:55am	Emmerdale
9:20am	Coronation Street
9:55am	Coronation Street
10:25am	The Ellen DeGeneres Show
11:15am	Who's Doing the Dishes?
12:10pm	Dress to Impress
1:15pm	Emmerdale
1:50pm	Coronation Street
2:15pm	Coronation Street
2:45pm	The Ellen DeGeneres Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:50pm	Judge Rinder
6:50pm	Take Me Out
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	White House Down
11:00pm	FYI Daily
11:05pm	White House Down
12:40am	Family Guy
1:10am	Family Guy
1:40am	American Dad!
2:10am	American Dad!

itv3

7:25am	Coronation Street
7:55am	Heartbeat <i>Nostalgic police drama series set in a Yorkshire village in the 1960s.</i>
8:55am	The Royal
9:55am	Judge Judy
10:25am	Judge Judy
10:50am	Judge Judy
11:20am	Inspector Morse
1:35pm	The Royal
2:40pm	Heartbeat
3:40pm	Coronation Street <i>The paper boys and girls ask Mavis to sack Harry</i>
4:15pm	Coronation Street
4:50pm	On the Buses
5:20pm	On the Buses
5:55pm	You're Only Young Twice
6:25pm	Rising Damp
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Unforgotten
12:00am	Unforgotten
1:05am	DCI Banks
2:05am	DCI Banks
2:55am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:05am	The Chase <i>Quiz show hosted by Bradley Walsh</i>
7:55am	Pawn Stars
8:20am	Pawn Stars <i>Staff at the pawn shop ponder the value of a 1940s' mandolin</i>
8:45am	Ironsides
9:50am	Quincy, M.E.
10:50am	Minder
11:55am	The Sweeney
1:00pm	The Avengers
2:05pm	Ironsides
3:15pm	Quincy, M.E.
4:15pm	Minder
5:20pm	The Sweeney
6:30pm	The Avengers
7:35pm	Storage Wars
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	You Only Live Twice
10:10pm	FYI Daily
10:15pm	You Only Live Twice
11:25pm	Full Metal Jacket
12:25am	FYI Daily
12:30am	Full Metal Jacket
1:50am	Minder
2:50am	The Sweeney
3:40am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

8:00am	Star Trek Beyond
10:20am	Resident Evil: The Final Chapter
12:10pm	Underworld: Blood Wars
1:55pm	Rogue One: A Star Wars Story
4:15pm	Star Trek Beyond
6:30pm	Wonder Woman
9:00pm	Rogue One: A Star Wars Story
11:30pm	Wonder Woman

sky CINEMA COMEDY

5:40am	The Hitchhiker's Guide to the Galaxy
7:40am	Monster Family: Special
8:10am	The First Wives Club
10:00am	Nine to Five
12:00pm	Popstar: Never Stop Never Stopping
1:35pm	Baywatch
3:45pm	30 Minutes or Less
5:15pm	The First Wives Club
7:05pm	Nine to Five
9:00pm	Baywatch
11:10pm	30 Minutes or Less
12:40am	Bowfinger
2:25am	The Cable Guy
4:10am	Ibiza Undead

sky CINEMA PREMIERE

7:00am	Hard Target 2
9:00am	Monster Family
10:50am	Two Down
12:35pm	Wonder Woman
3:00pm	Baby Driver <i>Super-stylish crime caper about a music-loving getaway driver coerced into one last heist.</i>
5:00pm	Norman
7:10pm	Monster Family
9:00pm	Wonder Woman <i>Blockbuster superhero adventure starring Gal Gadot as an Amazon warrior princess who leaves her hidden island home to fight in the Great War.</i>
11:25pm	Baby Driver
1:25am	Two Down
3:00am	The Levelling <i>A trainee veterinarian returns to her family's farm following the sudden death of her younger brother.</i>
4:35am	In This Corner of the World

sky sports football

8:00am	Football Years
8:30am	Football Countdowns
9:00am	Football's Greatest
9:30am	Football's Greatest Teams
10:00am	Scottish Cup Greatest Games
10:15am	Scottish Cup Greatest Games
10:30am	Football
1:00pm	Championship Season Review
2:00pm	La Liga Icons: Falcao
2:15pm	La Liga Icons
3:00pm	Championship Season Review
4:00pm	Football
6:30pm	Football Countdowns
7:00pm	Championship Season Review
8:00pm	EFL Matters
8:30pm	EFL Midweek Goals: Championship
9:00pm	Football's Greatest
9:30pm	The Story of Las Palmas
10:45pm	La Liga Icons
11:00pm	La Liga Show
11:30pm	EFL Matters
12:00am	La Liga Icons: Zidane
12:15am	La Liga Icons
12:30am	La Liga Icons
12:45am	La Liga Icons

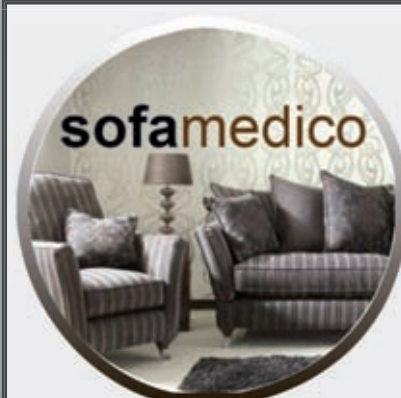
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- Boat covers and Biminis
- Car interiors including head linings
- Pergola and parasol covers
- Hot tub covers
- Outdoor cushions and sun lounger pads

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:15am	Murder, Mystery and My Family
11:00am	Homes Under the Hammer
12:00pm	Wanted Down Under Revisited
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Doctors
3:15pm	Shakespeare and Hathaway - Private Investigators
4:00pm	Escape to the Country
4:45pm	Coast and Country Auctions
5:30pm	Antiques Road Trip
6:15pm	Pointless
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	MasterChef
9:00pm	EastEnders
9:30pm	Room 101
10:00pm	Requiem
11:00pm	BBC News at Ten
11:25pm	BBC London News
11:35pm	The Young Offenders

BBC TWO

8:15am	Wanted Down Under Revisited
9:00am	Back in Time for Tea
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	Perfection
2:45pm	Plan it, Build it
3:15pm	Yes Chef
4:00pm	A Place to Call Home
4:50pm	A Place to Call Home
5:40pm	More Creatures Great and Small
6:10pm	Flog It!
7:00pm	Eggheads
7:30pm	Great British Railway Journeys Goes to Ireland
8:00pm	Saving Lives at Sea
9:00pm	Mastermind
9:30pm	Gardeners' World
10:00pm	Putin: The New Tsar
11:00pm	QI
11:30pm	Newsnight
12:05am	The Assassination of Gianni Versace - American Crime Story

BBC FOUR

8:00pm	World News Today <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops <i>Simon Bates and Richard Skinner present the pop chart programme, first shown on 6 June 1985.</i>
9:00pm	Classic Albums
10:00pm	Tones, Drones and Arpeggios: The Magic of Minimalism
11:00pm	Tubular Bells: The Mike Oldfield Story
12:00am	Big Hits: TOTP 1964 to 1975
1:30am	Top of the Pops
2:00am	Classic Albums
3:00am	Tubular Bells: The Mike Oldfield Story
4:00am	Tones, Drones and Arpeggios: The Magic of Minimalism
5:00am	This is BBC Four

CHANNEL 4

9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	Frasier
11:00am	Ramsay's Kitchen Nightmares USA
11:55am	Winter Paralympics Opening Ceremony Live
2:00pm	Channel 4 News
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	Crufts Extra with Alan and Clare
5:00pm	A New Life in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cake Makers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Crufts 2018
10:00pm	Gogglebox
11:00pm	The Last Leg
12:05am	8 Out of 10 Cats
12:55am	The Inbetweeners
1:30am	Winter Paralympics Live

CHANNEL 5

9:05am	Floogals
9:20am	Digby Dragon
9:35am	Rusty Rivets
9:55am	Ben and Holly's Little Kingdom
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News Lunchtime
1:15pm	GPs: Behind Closed Doors
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	The Perfect Roommate
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	The Gadget Show
9:00pm	The Yorkshire Steam Railway: All Aboard
10:00pm	Jane McDonald and Friends
11:00pm	Will and Grace
11:30pm	French and Saunders
12:30am	That's So... 1990
1:15am	Super Casino
4:10am	The X Files

4

9:30am	Baby Daddy
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	How I Met Your Mother
11:30am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	My Hotter Half
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Identity Thief
12:10am	The Big Bang Theory
12:40am	The Big Bang Theory
1:05am	First Dates

sky sports main event

7:00am	Live ATP 1000: Indian Wells <i>Day one of the BNP Paribas Masters from the Indian Wells Tennis Garden in Indian Wells, California.</i>
7:30am	Live NRL <i>Week one of Australia's National Rugby League is here as Newcastle Knights meet Manly Warringah Sea Eagles at McDonald Jones Stadium.</i>
9:45am	Rugby League
11:45am	Cricket
4:30pm	Live Valspar <i>Featured Grps</i>
8:00pm	Sky Sports Tonight
8:30pm	Football <i>The Edinburgh derby from Easter Road as Hibernian take on Hearts in the SPFL Ladbrokes Premiership.</i>
11:00pm	Cricket

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	James Martin's American Adventure
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Love Your Garden
9:30pm	Coronation Street
10:00pm	Lethal Weapon
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	Piers Morgan's Life Stories
12:45am	Mickey Blue Eyes
2:25am	Jackpot247
4:00am	Alphabetical
4:50am	ITV Nightscreen

itv2

9:20am	Emmerdale
9:50am	You've Been Framed!
10:25am	The Ellen DeGeneres Show
11:15am	Who's Doing the Dishes?
12:10pm	Dress to Impress
1:15pm	Emmerdale
1:50pm	Emmerdale
2:15pm	You've Been Framed!
2:45pm	The Ellen DeGeneres Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:50pm	Judge Rinder
6:50pm	Take Me Out
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	The Hangover
11:00pm	FYI Daily
11:05pm	The Hangover
12:05am	Family Guy
12:30am	Family Guy
1:05am	American Dad!

itv3

3:30am	Teleshopping
7:00am	Coronation Street
7:25am	Coronation Street
7:50am	Heartbeat
8:55am	The Royal
9:55am	Judge Judy
10:25am	Judge Judy
10:50am	Judge Judy
11:20am	Inspector Morse
1:35pm	The Royal
2:35pm	Heartbeat
3:40pm	Coronation Street
4:15pm	Coronation Street
4:45pm	On the Buses
5:20pm	On the Buses
5:50pm	You're Only Young Twice
6:25pm	Rising Damp
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Marple
11:00pm	The Good Karma Hospital
12:00am	Lewis
2:05am	Chocolat
4:05am	Life of Crime
4:55am	On the Buses
5:20am	Rising Damp
5:45am	Judge Judy

itv4

4:00am	Teleshopping
7:00am	Football Rivalries
7:10am	The Chase
8:00am	Pawn Stars
8:20am	Ironsides
9:15am	Quincy, M.E.
10:20am	Minder
11:25am	The Sweeney
12:30pm	The Avengers
1:35pm	Ironsides
2:40pm	Quincy, M.E.
3:40pm	Minder
4:50pm	The Sweeney
6:00pm	The Avengers
7:00pm	Storage Wars
7:30pm	Storage Wars
8:00pm	Pawn Stars
8:30pm	Hornblower
10:30pm	Live Bamma World Title Fight
12:30am	Reservoir Dogs
1:30am	FYI Daily
1:35am	Reservoir Dogs
2:35am	Fifth Gear
3:25am	The Protectors
3:50am	ITV4 Nightscreen
4:00am	Teleshopping
5:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

11:00am	Wonder Woman
1:30pm	Domino
3:45pm	Top Ten Show, the 2018
4:00pm	Batman Returns
6:10pm	Aeon Flux
8:00pm	Wonder Woman
10:30pm	Kill Bill: Vol. 1
12:30am	Kill Bill Vol.2
3:00am	Domino
5:15am	DC Super Hero Girls: Hero of the Year

sky CINEMA COMEDY

11:40am	Get Him to the Greek
1:40pm	Top Ten Show, the 2018
2:00pm	Bad Neighbours 2
3:40pm	Sausage Party
5:20pm	Top Ten Show, the 2018
5:35pm	This is Spinal Tap
7:05pm	That Thing You Do!
9:00pm	Get Him to the Greek
11:00pm	Bad Neighbours 2
12:40am	Sausage Party

sky CINEMA PREMIERE

7:00am	Monster Family: Special
7:30am	Monster Family
9:20am	Norman
11:25am	Two Down
1:05pm	Snatched <i>Fish-out-of-water comedy starring Goldie Hawn and Trainwreck's Amy Poehler as a hapless mother-daughter duo kidnapped while holidaying in Ecuador.</i>
2:45pm	Monster Family
4:35pm	Wonder Woman
7:00pm	Baby Driver
9:00pm	Snatched
10:45pm	Wonder Woman
1:10am	Baby Driver
3:10am	Two Down
4:45am	In This Corner of the World

sky sports football

9:00am	SPFL Greatest Games
10:00am	Celtic's Invincibles
11:00am	La Liga Show
11:30am	EFL Matters
12:00pm	SPFL Greatest Games
1:00pm	La Liga Show
1:30pm	EFL Matters
2:00pm	SPFL Greatest Games
3:00pm	La Liga Show
3:30pm	EFL Matters
4:00pm	Celtic's Invincibles
5:00pm	SPFL Greatest Games
6:00pm	La Liga Preview
7:00pm	SPFL Matters
7:30pm	EFL Matters
8:00pm	SPFL Greatest Games
8:15pm	SPFL Greatest Games
8:30pm	Football
11:00pm	The Debate - Live
12:00am	La Liga Icons
12:15am	La Liga Icons
12:30am	La Liga Icons
12:45am	La Liga Icons: Zidane

Advertising Feature

Over recent years Neater Heaters have become the first choice of many expats living in Spain

BEHIND our stylish Scandinavian designs are a modern state-of-the-art convector heater that can match any on the market for economy and efficiency, and beats all the serious competition hands down on price.

The real secret of these heaters is the computer-age technology in the form of extruded aluminium in the construction of the heating element. This material and the design creates a huge surface area for heat transfer, which means more air can be heated for less cost.

Neater Heaters use convection principles and are designed so that the electricity you put into the heater is converted to heat as cheaply as possible. When you turn on the heater the element warms up rapidly and heats the air around it, this air rises and draws more cold air into the heater.

Because the element is extremely efficient and is designed to have a huge surface area, a large quantity of air is heated very quickly.



NEATER HEATERS: A new concept in heating.

If your room has the correct sized heater it will take about 20 minutes to warm up from cold, after which the heater eases off and works at about two thirds capacity, (depending on various external influences).

Our heaters are not only efficient, effective, and economical, they are extremely stylish and practical.

There is a model that will suit anyone, whether it is the standard Adax Heater, the stylish Beha Heater, or the trendy Neo with digital controls and a choice of colours and, if you are limited for wall space, then available for purchase are factory designed feet to enable the heater to be freestanding.

However, last year we went one stage further. We are now sole agents in Spain for the Turkish made Vigo Heater. This heater shares the design technology and ethos of the current Neater Heaters, but it has differences.

The Vigo comes with a carrying handle, wall bracket, and feet included in the price; the larger Vigo models

take up less wall space and go up to 2.5kw. They also have a digital display that indicates the reduced wattage that the heater regulates once the room has reached desired temperature, thus saving more money through reduced running costs."

**NEATER HEATER
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CALPE: K & M's Electro
Domesticos - Tel 965 874 838
ALTEA: Leo's Superstore -
Tel. 965 844 848
POLOP: Euronics -
Tel 965 870 209
Heaters also available for
purchase at our online shop
with free home delivery.
www.neaterheater.es or Tel
634 312 171**

Advertising Feature

Solar Sky Spain, the perfect answer to green energy

FOR those who don't have a power supply in their property or only have a limited power source Solar Sky Spain may be able to help.

Solar Sky Spain is a solar electrical power systems specialist based in Pinoso, Alicante, which covers the Valencia, Murcia and Almeria regions and can offer a professionally installed solution which could save you money.

The company designs and installs solar energy systems which are ideal for homes that do not have any power source as well as homes that only have a limited power source or homes which cannot be connected to the mains supply network.

They stand out from the crowd not only because of the long life and reliability of their products, but also due to their innovative smartflower Solar Sun follower.

This clever invention provides power more effectively and at a lower cost than conventional electricity from the Grid and Solar Sky Spain also installs the SolarVenti warm air system which will keep your home fresh and comfortable.

Another excellent reason to choose Solar Sky Spain is the fact that it has over 60 years' experience in the field of electrical installations of which more than 15 years are in the solar energy sector.

As you would expect, the firm is fully certified, registered and authorised in Spain for installation of all electrical and solar installations and in addition the company is the authorised installer for the Himoina Hyundai range of generators with all their equipment carrying a five-year guarantee.

The area covered by the company encom-



SOLAR POWER: Makes sense.

passes the coastal and inland areas running all the way from Castellon in the north down to Almeria in the south.

For further information and to answer any questions you might have you can visit their website at www.solar-sky.com as well as their Facebook page.

Alternatively you can call direct on 0034 653 983 800 or email info@solar-sky.com or orsolarskyspain@gmail.com and as their office is open from 8am to 10pm, a 24/7 service response is provided.



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BBC one

7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Classic Mary Berry
1:00pm	Football Focus
2:00pm	BBC News
2:10pm	Weather
2:15pm	MasterChef
3:15pm	MasterChef
4:15pm	Coast and Country Auctions
5:00pm	Six Nations Rugby Union <i>Action from the Six Nations Trophy</i>
8:00pm	BBC News
8:10pm	Regional News
8:15pm	Weather
8:20pm	Pointless
9:10pm	Casualty
10:00pm	Troy: Fall of a City
11:00pm	BBC News
11:15pm	Weather
11:20pm	Match of the Day
12:45am	A Few Best Men
2:15am	Weather for the Week Ahead
2:20am	BBC News

BBC TWO

8:10am	The Pets Factor
8:30am	Dengineers
9:00am	Absolute Genius: Monster Builds
9:30am	Beyond Bionic
10:00am	Robot Wars
11:00am	Gorilla Family and Me
12:00pm	Homes Under the Hammer
1:00pm	Cats v Dogs: Which is Best?
2:00pm	The Caine Mutiny
4:00pm	Escape to the Country
4:30pm	Me and My Dog
5:30pm	Final Score
6:30pm	Flog It!
7:00pm	Hugh's Wild West
8:00pm	Amazing Hotels: Life Beyond the Lobby
9:00pm	David Attenborough's Natural Curiosities
9:30pm	Dad's Army
10:00pm	Hitchcock's Shower Scene: 78/52
11:30pm	QI XL
12:15am	Dial M for Murder
1:55am	The Lady Vanishes
3:30am	Civilisations

BBC FOUR

8:00pm	Lost Kingdoms of Central America
9:00pm	Masters of the Pacific Coast: The Tribes of the American Northwest
10:00pm	Fatal Fiancé
10:45pm	Fatal Fiancé
11:30pm	Only the Lonely: The Roy Orbison Story
12:30am	TOTP2 Wham Special <i>Top of The Pops 2 Wham Special</i>
1:00am	Janis
2:30am	Joy of Rachmaninoff
3:30am	Masters of the Pacific Coast: The Tribes of the American Northwest
4:30am	TOTP2 Wham Special <i>Top of The Pops 2 Wham Special</i>

CHANNEL 4

7:00am	Winter Paralympics Live
9:00am	Winter Paralympics Breakfast
10:00am	Frasier
10:30am	Frasier
11:00am	Frasier
11:30am	The Big Bang Theory
12:00pm	The Big Bang Theory
12:30pm	The Big Bang Theory
12:55pm	The Simpsons
1:25pm	The Simpsons
1:55pm	The Simpsons
2:25pm	Come Dine with Me
3:25pm	Coast v Country
4:25pm	A Place in the Sun: Winter Sun
5:30pm	Crufts Extra with Alan and Clare
6:30pm	Channel 4 News
7:00pm	Winter Paralympics Today
8:00pm	Crufts 2018
10:00pm	45 Years
11:50pm	First Dates
12:55am	The Inbetweeners
1:30am	Winter Paralympics Live

CHANNEL 5

7:00am	Milkshake!
10:50am	Teenage Mutant Ninja Turtles
11:25am	The Gadget Show
12:15pm	Police Interceptors
1:15pm	Police Interceptors
2:15pm	Police Interceptors
3:15pm	Can't Pay? We'll Take it Away!
4:10pm	Can't Pay? We'll Take it Away!
5:05pm	Can't Pay? We'll Take it Away!
6:00pm	The Secret Life of Kittens
7:00pm	Cruising with Jane McDonald
8:00pm	Brunel's Britain: Master of Bridges
9:00pm	Brunel's Britain: King of the Sea
9:55pm	5 News
10:00pm	Football on 5
11:00pm	Football on 5
11:30pm	Jane McDonald and Friends
12:25am	Celebrity 5 Go Motorhoming
1:15am	Super Casino
4:10am	Cowboy Builders
5:00am	Cowboy Builders

4

7:00am	Alvin and the Chipmunks
8:40am	The Goldbergs
9:10am	The Goldbergs
9:40am	The Goldbergs
10:10am	The Goldbergs
10:40am	Young Sheldon
11:10am	Brooklyn Nine-Nine
11:40am	Brooklyn Nine-Nine
12:05pm	Stuart Little 2
1:40pm	Rude(ish) Tube Shorts
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Great Celebrity Bake Off for Stand Up to Cancer
6:15pm	Extreme Cake Makers
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	Captain America: The First Avenger
10:00pm	Salt
12:05am	Gogglebox
1:05am	Naked Attraction
2:15am	Tattoo Fixers

sky sports main event

7:00am	My Icon
7:15am	My Icon
7:30am	Rugby Union <i>Hurricanes meet Crusaders in Wellington in the 2018 Super Rugby season.</i>
9:30am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
11:00am	Soccer A.M.
12:30pm	Football
4:15pm	Gillette Soccer Saturday
6:15pm	Football
8:55pm	Rugby Union
11:00pm	Sky Sports News at Ten
12:00am	Football
2:10am	EFL Goals: Championship
2:40am	La Liga Greatest Games
2:50am	La Liga Greatest Games
3:00am	Classic action from Spain's La Liga
3:00am	Boxing

itv

7:00am	CITV
10:25am	Saturday Morning with James Martin
12:20pm	Dancing on Ice
2:15pm	ITV News and Weather
2:25pm	Six Nations Live
5:30pm	Paul O'Grady: For the Love of Dogs
6:00pm	The Chase
7:00pm	ITV News and Weather
7:15pm	Local News and Weather
7:30pm	You've Been Framed!
8:00pm	Ant and Dec's Saturday Night Takeaway
9:30pm	The Voice UK
10:50pm	Piers Morgan's Life Stories
11:40pm	ITV News and Weather
12:05am	2 Fast 2 Furious
2:05am	Jackpot247
4:00am	Babushka
4:50am	ITV Nightscreen

itv2

7:00am	Totally Bonkers Guinness World Records
7:10am	Emmerdale Omnibus
9:35am	Coronation Street Omnibus
12:25pm	Ant and Dec's Saturday Night Takeaway
2:00pm	Take Me Out
3:00pm	Catchphrase
4:05pm	Hotel Transylvania
5:10pm	FYI Daily
5:15pm	Hotel Transylvania
5:55pm	Uncle Buck
6:55pm	FYI Daily
7:00pm	Uncle Buck
7:45pm	Jack the Giant Killer
8:50pm	FYI Daily
8:55pm	Jack the Giant Killer
10:00pm	The Expendables
11:00pm	FYI Daily
11:05pm	The Expendables
12:05am	Family Guy
12:35am	Family Guy
1:05am	American Dad!
1:30am	American Dad!
1:55am	Action Team
2:30am	Action Team
3:00am	Ibiza Weekender

itv3

7:00am	Judge Judy
7:20am	Murder, She Wrote <i>Drama series about a sleuthing writer who solves murder mysteries.</i>
8:10am	Murder, She Wrote
9:15am	A Touch of Frost
11:30am	A Touch of Frost
1:50pm	Agatha Christie's Marple
3:55pm	Columbo
5:55pm	Midsomer Murders <i>There are two contrasting weddings taking place in Midsomer - Cully's to Simon, and local baronet Ned Fitzroy's to Beth Porteous.</i>
8:00pm	Midsomer Murders
10:00pm	Midsomer Murders
12:00am	Lewis
2:05am	The Good Karma Hospital
2:55am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

8:25am	The Avengers
9:30am	The Avengers
10:30am	ITV Racing: The Opening Show
11:35am	Pawn Stars
12:00pm	Pawn Stars
12:30pm	Pawn Stars
1:00pm	Pawn Stars
1:25pm	Pawn Stars
2:00pm	Pawn Stars
2:30pm	ITV Racing: Live from Sandown
5:00pm	The Battle of Britain
6:05pm	FYI Daily
6:10pm	The Battle of Britain
7:40pm	Football's Greatest
8:00pm	Storage Wars
8:25pm	Storage Wars
8:55pm	The Chase: Celebrity Special
10:00pm	The Chronicles of Riddick
11:05pm	FYI Daily
11:10pm	The Chronicles of Riddick
12:20am	This is the End
1:20am	FYI Daily
1:25am	This is the End
2:30am	The Sweeney
3:25am	The Protectors

sky CINEMA ACTION & ADVENTURE

9:30am	Charlie's Angels
11:15am	Charlie's Angels: Full Throttle
1:15pm	Hanna
3:15pm	Miss Congeniality
5:15pm	Charlie's Angels
7:00pm	Ghostbusters
9:00pm	The Shallows
10:30pm	Wanted
12:30am	Hanna
2:30am	Terminator 3: Rise of the Machines

sky CINEMA COMEDY

7:50am	Don't Think Twice
9:30am	Hail, Caesar!
11:20am	Click
1:15pm	Bridesmaids
3:25pm	Why Him?
5:20pm	Splash
7:20pm	Happy Gilmore
9:00pm	Bridesmaids
11:10pm	Why Him?
1:05am	48 Hrs
2:50am	Barbershop: The Next Cut
4:45am	Walk Hard: The Dewey Cox Story

sky CINEMA PREMIERE

7:00am	Norman
9:10am	Monster Family
11:00am	Snatched
12:45pm	Wonder Woman
3:15pm	City of Tiny Lights <i>London-set crime thriller about a hard-drinking private detective searching for a missing sex worker.</i>
5:15pm	Baby Driver
7:15pm	Snatched
9:00pm	Wonder Woman
11:25pm	City of Tiny Lights
1:20am	Baby Driver
3:20am	The Levelling
4:50am	Two Down <i>A web of deceit unfolds and an unlikely alliance is formed when a young woman and a local delivery boy are taken hostage by an injured hitman.</i>

sky sports football

9:30am	Football's Greatest Teams
10:00am	EFL Greatest Games
10:15am	EFL Greatest Games
10:30am	SPFL Matters
11:00am	Soccer A.M.
12:30pm	SPFL Matters
12:55pm	Football
3:00pm	Gillette Soccer Saturday
4:15pm	Gillette Soccer Saturday
6:15pm	Football
8:40pm	Football
10:45pm	EFL Goals: Championship
11:15pm	La Liga Highlights: Real Madrid
11:30pm	La Liga Icons
11:45pm	La Liga Icons
12:00am	Football
2:10am	EFL Goals: Championship
2:40am	La Liga Greatest Games
2:50am	La Liga Greatest Games
3:00am	La Liga Highlights: Real Madrid
3:15am	La Liga Icons

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BBC one

8:30am	Match of the Day
10:00am	The Andrew Marr Show
11:00am	The Big Questions
12:00pm	Sunday Politics
1:15pm	BBC News
1:25pm	Weather for the Week Ahead
1:30pm	MasterChef
2:00pm	Homes Under the Hammer
2:55pm	Songs of Praise
3:30pm	Six Nations Rugby Union
6:05pm	Earth's Natural Wonders
7:05pm	BBC News
7:20pm	Regional News
7:25pm	Weather
7:30pm	Countryfile
8:30pm	Hold the Sunset
9:00pm	Call the Midwife
10:00pm	Sir Bruce Forsyth: A Celebration
11:05pm	BBC News
11:25pm	Regional News
11:30pm	Weather
11:35pm	Match of the Day 2
12:35am	Fright Night
2:15am	Weather for the Week Ahead

BBC TWO

4:25am	This is BBC Two
7:10am	Coast
7:55am	A-Z of TV Gardening
8:15am	The Instant Gardener
9:05am	Gardeners' World
9:35am	Countryfile
10:30am	Saturday Kitchen
	Best Bites
12:00pm	Spring Kitchen with Tom Kerridge
12:45pm	Lorraine Pascale: How to be a Better Cook
1:15pm	MOTD2 Extra
2:00pm	The Ladykillers: Pest Detectives
3:00pm	Money for Nothing
3:45pm	Laura
5:10pm	Back in Time for Tea
6:10pm	World's Most Extraordinary Homes
7:10pm	Deep Impact
9:00pm	Top Gear
10:00pm	Life and Death Row
11:20pm	The Mash Report
11:50pm	Top Gear Extra Gear
12:15am	Women's Six Nations Highlights
12:45am	Question Time
1:45am	Panorama
2:15am	Holby City

BBC FOUR

8:00pm	Only Connect
	<i>Victoria Coren Mitchell hosts the series where knowledge will only take you so far</i>
8:30pm	University Challenge
9:00pm	Ancient Greece: The Greatest Show on Earth
	<i>Classicist Dr Michael Scott journeys to Athens to explore how drama first began.</i>
10:00pm	Michael Jackson's Journey From Motown to Off the Wall
11:30pm	Sings Motown
12:31am	I'm Not in Love: The Story of 10cc
1:30am	Art of France
2:30am	Smile! The Nation's Family Album
3:30am	Sings Motown
4:30am	The Beauty of Anatomy

CHANNEL 4

8:00am	Tennis
9:00am	Winter Paralympics Breakfast
10:00am	Frasier
10:30am	Sunday Brunch
1:30pm	Jamie's Quick and Easy Food
2:05pm	The Simpsons
2:35pm	The Simpsons
3:05pm	The Simpsons
3:35pm	The Simpsons
4:05pm	The Great Celebrity Bake Off for Stand Up to Cancer
5:25pm	Crufts Extra with Alan and Clare
6:30pm	Channel 4 News
7:00pm	Winter Paralympics Today
8:00pm	Crufts 2018
10:00pm	Homeland
11:00pm	The Last Leg Winter Paralympics Special
12:00am	8 Out of 10 Cats Does Countdown
1:00am	Married at First Sight
2:00am	The Inbetweeners
2:30am	Winter Paralympics Live

CHANNEL 5

7:00am	Milkshake!
11:05am	Teenage Mutant Ninja Turtles
11:40am	Football on 5 The Championship.
12:30pm	Football on 5 Goal Rush.
1:00pm	Britain's Greatest Bridges
1:15pm	Police Interceptors
2:15pm	Police Interceptors
3:15pm	Open Season 2
4:45pm	Cloudy with a Chance of Meatballs 2
6:25pm	Journey 2: The Mysterious Island
8:15pm	Can't Pay? We'll Take it Away!
9:00pm	Can't Pay? We'll Take it Away!
9:55pm	5 News
10:00pm	Olympus Has Fallen
12:15am	Rise of the Krays
2:15am	Super Casino
4:10am	Cowboy Builders
5:00am	Now That's Funny!
5:45am	House Doctor

4

7:00am	Hollyoaks Omnibus
9:25am	The Big Bang Theory
9:55am	The Big Bang Theory
10:25am	The Big Bang Theory
10:50am	The Big Bang Theory
11:20am	Spy Kids 4: All the Time in the World
1:00pm	The Big Bang Theory
1:30pm	The Big Bang Theory
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	The Big Bang Theory
3:30pm	The Big Bang Theory
4:00pm	The Big Bang Theory
4:30pm	The Big Bang Theory
5:00pm	The Big Bang Theory
5:30pm	The Goldbergs
6:00pm	Brooklyn Nine-Nine
6:30pm	Brooklyn Nine-Nine
7:00pm	Young Sheldon
7:30pm	The Big Bang Theory
7:55pm	I, Robot
10:00pm	Marvel's Agents of S.H.I.E.L.D.
11:00pm	The World's End
1:10am	The Big Bang Theory
1:40am	The Big Bang Theory
2:10am	Marvel's Agents of S.H.I.E.L.D.
3:10am	Timeless
3:55am	Rude Tube

sky sports main event

7:00am	Sky Sports News
8:00am	Total Goals
9:00am	Cricket
	<i>Day three of the second Test between South Africa and Australia at St George's Park in Port Elizabeth.</i>
12:30pm	Football
	<i>Rangers take on Celtic at Ibrox in the SPFL Ladbrokes Premiership.</i>
3:00pm	Live Nissan Super Sunday
	<i>Arsenal face Watford at the Emirates Stadium in the Premier League.</i>
4:30pm	Live Nissan Super Sunday
	<i>Bournemouth take on Tottenham Hotspur at the Vitality Stadium in the Premier League</i>
8:00pm	Live PGA Tour Golf
11:00pm	Live ATP 1000: Indian Wells
5:00am	Sky Sports News

itv

7:00am	CITV
10:25am	ITV News
10:30am	Love Your Garden
11:00am	Peston on Sunday
12:00pm	The Voice UK
1:20pm	ITV News and Weather
1:30pm	Ant and Dec's Saturday Night Takeaway
3:00pm	Britain's Brightest Family
3:30pm	Catchphrase
4:30pm	Tipping Point
5:30pm	ITV News and Weather
5:45pm	Local News and Weather
6:00pm	The Chase
7:00pm	Dancing on Ice
9:00pm	Endeavour
11:00pm	ITV News and Weather
11:15pm	Peston on Sunday
12:15am	Six Nations Highlights
1:15am	100 Year Old Driving School
1:40am	Marcella
2:30am	Jackpot247

itv2

7:00am	Planet's Funniest Animals
7:20am	You've Been Framed!
7:45am	Emmerdale Omnibus
10:30am	Coronation Street Omnibus
1:20pm	The Voice UK
2:45pm	The Flintstones
3:45pm	FYI Daily
3:50pm	The Flintstones
4:30pm	Dirty Dancing: Havana Nights
5:30pm	FYI Daily
5:35pm	Dirty Dancing: Havana Nights
6:15pm	Evan Almighty
7:15pm	FYI Daily
7:20pm	Evan Almighty
8:10pm	Gravity
9:15pm	FYI Daily
9:20pm	Gravity
10:00pm	Ibiza Weekender
11:00pm	Family Guy
11:30pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!
12:55am	American Dad!
1:30am	Zack and Miri Make a Porno
2:30am	FYI Daily

itv3

7:00am	Murder, She Wrote
7:50am	Murder, She Wrote
	<i>Jessica's night at a political fundraiser turns to murder.</i>
8:50am	Heartbeat
9:50am	Heartbeat
10:50am	Columbo
	<i>Columbo faces off against a lawyer who killed his rock star girlfriend.</i>
12:55pm	A Touch of Frost
2:55pm	A Touch of Frost
4:55pm	Lewis
7:00pm	The Durrells
9:00pm	Paul O'grady: For the Love of Dogs
9:30pm	Paul O'grady: For the Love of Dogs
10:00pm	Joanna Lumley's Trans-Siberian Adventure
11:00pm	An Audience with Victoria Wood
12:10am	Lewis
2:10am	Life of Crime
3:00am	Blue Murder
4:20am	Rising Damp
4:45am	Road to Avonlea

itv4

4:00am	Teleshopping
7:00am	Minder
7:50am	Minder
8:45am	Storage Wars
9:10am	Storage Wars
9:40am	Storage Wars
10:05am	Storage Wars
10:30am	Storage Wars
11:00am	Storage Wars
11:25am	Storage Wars
11:55am	Storage Wars
12:25pm	Storage Wars
12:55pm	Storage Wars
1:20pm	Pawn Stars
1:50pm	Pawn Stars
2:15pm	Pawn Stars
2:50pm	The Battle of Britain
3:50pm	FYI Daily
3:55pm	The Battle of Britain
5:30pm	You Only Live Twice
6:35pm	FYI Daily
6:40pm	You Only Live Twice
7:50pm	Hornblower
10:00pm	Firefox
11:00pm	FYI Daily
11:05pm	Firefox
12:45am	Falling Down
1:50am	FYI Daily
1:55am	Falling Down
3:00am	River Monsters

sky CINEMA ACTION & ADVENTURE

7:00am	Rogue One: A Star Wars Story
9:20am	Wonder Woman
11:45am	Ghost in the Shell
1:45pm	Top Ten Show, the 2018
2:00pm	Suicide Squad
4:15pm	Wonder Woman
6:40pm	Rogue One: A Star Wars Story
9:00pm	Ghost in the Shell
11:00pm	Suicide Squad

sky CINEMA COMEDY

8:05am	Norbit
9:55am	Knocked Up
12:10pm	The House Bunny
1:55pm	Table 19
3:30pm	Chips: Law and Disorder
5:20pm	The Hitchhiker's Guide to the Galaxy
7:15pm	Police Academy
9:00pm	Chips: Law and Disorder
10:45pm	Table 19
12:25am	Another 48 Hrs
2:10am	The Blues Brothers

sky CINEMA PREMIERE

7:00am	Norman
	<i>A small-time New York hustler glimpses the big time when he charms a visiting Israeli politician who goes on to become prime minister. Thoughtful drama.</i>
9:15am	Monster Family
11:05am	Snatched
12:50pm	Wonder Woman
3:20pm	Baby Driver
5:25pm	City of Tiny Lights
7:25pm	Snatched
	<i>Fish-out-of-water comedy about a hapless mother-daughter duo kidnapped while holidaying in Ecuador.</i>
9:00pm	Wonder Woman
11:25pm	Info not available
1:00am	Baby Driver
3:00am	City of Tiny Lights
4:55am	The Levelling

sky sports football

8:30am	EFL Goals: League One and League Two
9:00am	La Liga Highlights: Real Madrid
9:15am	La Liga Highlights: Barcelona
9:30am	EFL Goals: Championship
10:00am	EFL Goals: League One and League Two
10:30am	Sunday Supplement
12:00pm	SPFL Greatest Games
12:15pm	Football
3:15pm	Football
6:00pm	La Liga Highlights: Barcelona
6:15pm	La Liga Greatest Games
6:25pm	Football
8:30pm	La Liga Greatest Games
8:40pm	Football
10:45pm	La Liga Highlights: Barcelona
11:00pm	EFL Goals: Championship
11:30pm	EFL Goals: League One and League Two
12:00am	La Liga Highlights: Real Madrid

Brick wall tactics

Cassandra Nash

A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

THE Mobile World Congress was held recently in Barcelona where Cataluña's political and constitutional crisis has not gone unnoticed by the Congress's organisers GSMA.

They have agreed to hold the annual conference in Barcelona until 2023, a spokeswoman said: "But we will continue to monitor events in Spain and Cataluña and evaluate any potential impact," she announced.

So as well as the 3,208 companies that have left since last autumn, Cataluña could lose the Congress, which brings jobs, thousands of visitors and millions of euros to the city.

Cataluña might believe it drives the Spanish economy but instead it's driving head-on into a brick wall.

Who could put a name to most of them anyway?

DE GUINDOS has always been one of the most-

easily recognised, together with finance minister Cristobal Montoro. Then there's Rajoy's right-hand woman, the vertically-challenged vice-president Soraya Saenz de Santamaria, sometimes known as the Poison Dwarf.

There's also the Partido Popular secretary general Dolores de Cospedal, who hungered after a Cabinet post but was shunted into a siding, namely the Ministry of Defence, to keep her out of Saenz de Santamaria's way.

What the mutterers are aware of, but reluctant to say aloud is that new, recognisable faces are badly needed and change should start at the top.

The very top, eh Mariano?

Wear a yellow ribbon

PEP GUARDIOLA, sometime Barcelona manager, now at Manchester City, makes no secret of his support for Catalan independence.

He wears with pride a yellow ribbon demonstrating his support for Oriol Junqueras, Jordi Sanchez and Joaquim Forn, remanded on charges of sedition, rebellion and misappropriation of public funds.

The Football Association announced that the ribbon is a political statement which breaches its kit and advertising regulations but Guardiola does not intend to remove it. "Those guys in Spain, they haven't been proven guilty," he said.

Junqueras, Sanchez and Forn remain remanded because Pablo Llamela, the Supreme Court judge, believes they could flee once released.

Given the example of former president Carles Puigdemont who scuttled off to Brussels as soon as things got hairy, there is every reason to believe Llamela is right.

Other members of the former Catalan coalition government remanded with them last November were released after promising to be good boys and girls and explaining that the UDI of October 27 was 'purely symbolic.' More of a white flag than a yellow ribbon, then.

Delaying tactics

CONSIDERING that pollsters have found that only 40.8 per cent of Catalans now support independence, it's time for the Catalan separatists to concede that they are unauthorised to form a government.

Perhaps that's why they now want remanded Jordi Sanchez as a substitute for self-exiled Carles Puigdemont as the next regional president.

Since this will get the thumbs down on legal grounds, this allows the separatists to continue to avoid forming a pro-independence government that only two-fifths of the population want.

columnists@euoweeklynews.com



LUIS DE GUINDOS: New vice-president of the European Bank.

Room at the top

LUIS DE GUINDOS, Spain's Minister of the Economy, is all set to become vice-president of the European Bank and his departure should theoretically herald a Cabinet reshuffle.

As always, Mariano Rajoy is shuffling only his feet and giving his usual impression of forward movement while standing still.

Nominating a new economy minister will be the only change, Rajoy has said, to the despair of many Partido Popular insiders.

Change and renovation are needed, they mutter amongst themselves, but the public and potential voters are getting only the same old faces.

Nora Johnson

Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euoweeklynews.com/3.0.15/nora-johnson

#MeToo 'trial by Twitter' still making headlines

THE #MeToo movement is too focused on isolated incidents of male misconduct and must do more than simply 'collect scalps,' the historian Mary Beard has said. And I can't help agreeing with her.

The pendulum is swinging, but I suspect it could swing too far the other way thanks to a hefty push from the likes of Twitter.

Without due care, #MeToo could become #Allmenarapists which couldn't be further from the truth. This is a serious subject that's at risk of tipping into trial by Twitter - a torch-carrying, pitchfork-wielding witch hunt.

Why not concentrate instead on something really meaningful in the interests of protecting women rather than the: 'He may have touched my knee, but it was difficult to tell, it might have been the tablecloth, but I'm still a victim' claims that



GRID GIRLS: Demeaning, empowering, or neither?

make up much of what we've seen so far?

From another perspective, I don't quite understand why being a hostess at the Presidents Club or a Formula One grid

girl, for instance, is demeaning, but a photo of a female celebrity posing naked is 'empowering.'

Admittedly, for decades, women were routinely groped in the workplace, but why carry

on waging a war against men?

Surely a better solution is to work with them to help them understand what's going on and how best to deal with this. Otherwise aren't we simply storing

SNOW JOKE: The 'Beast from the East' sparked hysteria.

up resentment from men when we just single out their bad behaviour? Surely none of us want young boys to grow up in a world where men are scared of putting a foot wrong and no allowance made for tactless mistakes? We shouldn't be putting all behaviours in the same bucket.

Photo credit: National Police Air-Service

Finally, what about the Beast from the East? The snow that caused road chaos, cancelled trains, closed schools. Ridiculous! It's not like the UK's never had snow in February/March before, but the media nonetheless went into full disaster-predicting mode. But of course it's all caused by global warming, or Brexit. Not so much Beast from the East, more like Apocalypse Snow or Hysteria from Siberia...

Nora Johnson's psychological crime thrillers 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon in paperback/eBook (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

columnists@euoweeklynews.com

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BBC one

7:00am	Breakfast
10:15am	Holding Back the Years
11:00am	Homes Under the Hammer
12:00pm	The Sheriffs are Coming
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	Escape to the Country
3:45pm	Commonwealth Observance Day
5:15pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	Inside Out
9:00pm	EastEnders
9:30pm	Classic Mary Berry
10:00pm	MasterChef
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	Imagine...

BBC TWO

7:30am	Coast and Country Auctions
8:15am	Wanted Down Under Revisited
9:00am	Hugh's Wild West
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Week in Parliament
1:00pm	The Daily Politics
2:00pm	Women's Six Nations Highlights
2:30pm	Yes Chef
3:15pm	Your Home in Their Hands
4:15pm	Planet Earth I
5:15pm	Into the Wild with Gordon Buchanan
6:15pm	Put Your Money Where Your Mouth Is
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	Top Gear
9:00pm	Only Connect
9:30pm	University Challenge
10:00pm	Being Blacker
11:30pm	Newsnight
12:10am	Weather
12:15am	Putin: The New Tsar
1:15am	Odyssey
1:55am	Odyssey

BBC FOUR

8:00pm	Beyond 100 Days <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Great Irish Journeys with Martha Kearney
9:00pm	Treasures of the Indus
10:00pm	The Art of Spain
11:00pm	Caligula with Mary Beard
12:00am	Mothers, Murderers and Mistresses: Empresses of Ancient Rome
1:00am	On Camera: Photographers at the BBC
2:00am	Top of the Pops <i>Mike Read presents the weekly pop chart show, first broadcast on 29 July 1982.</i>
2:30am	Top of the Pops
3:00am	Fabric of Britain
4:00am	Thomas Chatterton: The Myth of the Doomed Poet

CHANNEL 4

9:00am	Winter Paralympics Breakfast
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	A New Life in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cake Makers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Winter Paralympics Today
9:00pm	Dispatches
9:30pm	Food Unwrapped
10:00pm	24 Hours in Police Custody
11:00pm	Electric Dreams
12:00am	Winter Paralympics Highlights
1:15am	Winter Paralympics Live

CHANNEL 5

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News
1:15pm	The Gadget Show
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	Deadly Daycare
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	Anglo Welsh Cup Highlights
9:00pm	Extreme Winter Road Rescue
10:00pm	Terror in the Air: Flights Out of Control
11:00pm	Police 24/7
12:00am	The X Files
12:55am	Traffic Cops
1:55am	Britain's Greatest Bridges
2:10am	Super Casino
4:10am	Cowboy Builders
5:00am	Now That's Funny!
5:45am	House Doctor

4

8:00am	Couples Come Dine with Me
9:00am	Baby Daddy
10:00am	Melissa and Joey
11:00am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	How I Met Your Mother
3:30pm	How I Met Your Mother
4:00pm	New Girl
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	My Hotter Half
9:00pm	The Big Bang Theory
9:30pm	Young Sheldon
10:00pm	Made in Chelsea
11:00pm	Five Star Hotel
12:05am	The Big Bang Theory
12:35am	The Big Bang Theory
1:00am	First Dates

sky sports main event

6:00am	Sky Sports News
7:00am	Good Morning Sports Fans Bitesize <i>Round-up of the sports news with live analysis and comment plus extended interviews with the headline makers.</i>
7:30am	Good Morning Sports Fans Bitesize
8:00am	Good Morning Sports Fans
9:00am	Cricket <i>Day four of the second Test between South Africa and Australia at St George's Park in Port Elizabeth</i>
4:30pm	Sky Sports News
5:00pm	Sky Sports News
6:00pm	Sky Sports News at 5
7:00pm	Sky Sports News at 6
8:00pm	Football
12:00am	Live ATP 1000: Indian Wells

itv

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
3:00pm	Judge Rinder
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	The Kyle Files
9:30pm	Coronation Street
10:00pm	Marcella
11:00pm	ITV News at Ten and Weather
11:45pm	Rachel Nickell: The Untold Story
12:50am	The Kyle Files
1:15am	100 Years Younger in 21 Days
2:05am	Jackpot247
4:00am	The Jeremy Kyle Show

itv2

8:10am	Who's Doing the Dishes?
8:55am	Emmerdale
9:20am	Coronation Street
9:55am	Coronation Street
10:25am	The Ellen DeGeneres Show
11:20am	The Bachelor
1:15pm	Emmerdale
1:50pm	Coronation Street
2:15pm	Coronation Street
2:45pm	The Ellen DeGeneres Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:50pm	Judge Rinder
6:50pm	Take Me Out
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Family Guy
10:30pm	American Dad!
11:00pm	Action Team
11:35pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!
12:55am	Plebs

itv3

7:25am	Classic Coronation Street
7:50am	Heartbeat
8:55am	The Royal
9:55am	Judge Judy
10:25am	Judge Judy
10:50am	Judge Judy
11:20am	Inspector Morse
1:35pm	The Royal
2:35pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:50pm	On the Buses
5:20pm	On the Buses
5:55pm	You're Only Young Twice
6:25pm	Rising Damp
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Vera
11:00pm	DCI Banks
12:00am	DCI Banks
1:00am	Scott and Bailey
2:05am	Scott and Bailey
2:55am	Judge Judy
3:15am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	Football Rivalries
7:10am	The Chase
8:00am	Pawn Stars
8:20am	Pawn Stars
8:45am	Ironsides
9:50am	Quincy, M.E.
10:50am	Minder
11:55am	The Sweeney
1:00pm	The Avengers
2:05pm	Ironsides
3:10pm	Quincy, M.E.
4:15pm	Minder
5:20pm	The Saint
6:25pm	The Avengers
7:35pm	Storage Wars
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	River Monsters
10:00pm	River Monsters
11:05pm	Above the Law
12:05am	FYI Daily
12:10am	Above the Law
1:10am	This is the End
2:15am	FYI Daily
2:20am	This is the End
3:20am	The Protectors
3:45am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

9:00am	Mission: Impossible - Ghost Protocol
11:00am	Mission: Impossible II
1:15pm	Mission: Impossible III
3:30pm	The Mummy
5:35pm	Jack Reacher
8:00pm	Top Gun
10:00pm	The Mummy
12:00am	Jack Reacher
2:15am	Jack Reacher: Never Go Back

sky CINEMA COMEDY

10:55am	Calendar Girls
12:50pm	Paul
2:40pm	Stuck on You
4:45pm	Top Ten Show, the 2018
5:05pm	The Naked Gun: From the Files of Police Squad!
6:40pm	Love Actually
9:00pm	Paul
10:45pm	Stuck on You
12:50am	Little Man
2:35am	Bad News Bears
4:35am	Jackass: The Movie

sky CINEMA PREMIERE

7:00am	Two Down
8:45am	Top Ten Show, the 2018
9:00am	Wheeler
10:45am	Wonder Woman
1:10pm	Snatched
2:55pm	City of Tiny Lights <i>London-set crime thriller about a hard-drinking private detective searching for a missing sex worker.</i>
5:00pm	Baby Driver
7:10pm	Wheeler <i>Faux documentary blurring the line between reality and fiction as Stephen Dorff plays charismatic country singer Wheeler Bryson, out to make it big in Nashville.</i>
9:00pm	Wonder Woman
11:25pm	Snatched
1:00am	Info not available
2:35am	City of Tiny Lights
4:30am	Baby Driver

sky sports football

8:00am	Football Years
8:30am	Football Countdowns
9:00am	Football's Greatest
9:30am	Football's Greatest Teams
10:00am	La Liga Highlights: Real Madrid
10:15am	La Liga Highlights: Barcelona
10:30am	La Liga Greatest Games
10:45am	La Liga Greatest Games
11:00am	Football
5:15pm	La Liga Greatest Games
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	Football Years
7:30pm	Football Countdowns
8:00pm	Soccer A.M.
8:30pm	La Liga Icons: Falcao
8:45pm	La Liga Greatest Games
8:55pm	Football
11:00pm	SPFL Round Up 2017/18
11:15pm	SPFL Greatest Games
11:30pm	MLS Round Up Show
12:00am	Soccer A.M. - The Best Bits



**TV COUCH
CRITIC**

Does the Benidorm holiday need a break after 10 years?

BENIDORM, ITV1 Wednesdays, is back for another season of fun in the sun. I'm still not sure that the hour-long format works, I think the writing was much punchier with a 30-minute slot, but for a show celebrating a significant telly milestone someone is clearly doing something right.

The season 10 launch saw Joyce Temple-Savage (I would love to know the back story here, is there a Mr Temple and/or Savage in her past and was she ever at Butlins Skegness, maybe 1974?) getting married to Monty.

John Challis plays a wonderfully shady Monty and is a great addition to the cast, but one of the reasons I continue to watch is Tim Healy in various states of excessive make-up and figure hugging clothes, including a wedding dress at Joyce's big day.

Episode two saw Jacqueline panic about Kenneth going missing, but of course he returns safe and sound. I'm pleased Joey is back, Nathan Bryon plays this part so well, but I'm not sure about his new friend Callum, who seems to be a taller version of Tiger who has hit the gym.

Critics of the show will say the once present comedy edge is slipping, but I think the format is sufficiently robust to withstand even

FUN IN THE SUN: Benidorm.

the terrible weather we have been having on the Costa del Sol, although I hear the weather is better along the coast and further north.

Another show recently starting a new run is *Mum*, BBC2 Tuesdays. The second season kicked off with Cathy's 60th birthday celebrations in the local gastro pub, followed by Cathy playing Easter Day cat and mouse with Michael, but it's a game I enjoy. The show would surely stall if these two ever did manage some time alone?

This week Cathy hosted a BBQ and the cat and mouse game with Michael continued. But the stars this week are Cathy's in-laws, Maureen and Reg, who should have their very own hashtag #sayhowitis. There were some predictable and deliberate misunderstandings on their part but some kinder touches too. The through line here is quite dark and for me, works really well.

I need to mention *100 Years Younger in 21 Days*, ITV Tuesdays. I've no idea where this mess of a show was dreamed up, but I wish the producers had taken a duvet day when



Photo credit: ITV

they commissioned it and simply not bothered. The celebrity ant-agers look just fine as they are and wouldn't be themselves if they were a little less portly, had smoother skin or lived on a liquid diet - unless that liquid was Rioja and they lost a few ounces with some tapas in the sun.

The World's Most Extraordinary Homes, BBC2 Wednesdays continued its look at, well homes which are extraordinary, in Switzerland this week. Caroline and Piers (you are right, I've no idea who they are either) walked

us through homes made of concrete, a house with vintage cars in the basement and prison cell bedroom. I think the team should come to Spain, I could show them some truly extraordinary homes on the Costas and if we threw in the people who live in them, now there's a show. You know some potential participants, right? Next week the team are in Japan...

Happy viewing.

Critique: Adam Whalley-Lewis, Casares, Costa del Sol

Advertising Feature

Time to be less patient with debts

CAN it really be 40 years since LPL Commercial Services started collecting overdue accounts and is still going strong?

How quickly the time goes. Have things really changed... well many seem to think that the cataclysmic change seems to be the dreaded Brexit! But I'm not really sure that change will be as life affecting as some may think.

As far as debt collection is concerned and the recovery of Community debts from owners living outside of Spain, wherever they reside, our success rate has not diminished, neither do we anticipate it doing so.

Wherever owners reside there are Statutes in place to protect and assist Spanish Communities and always will be.

So when it comes to collection has anything over the years really changed... perhaps it is embodied in the way that our wealth in real terms has increased; personal income, value of property and of course the overall cost of goods and services.

Many Communities in Spain, most not more than 25 years established,



Photo credit: Olivier Le Moal Shutterstock

LPL COMMERCIAL: Help IS at hand to collect debts.

have seen costs rise enormously, whether it be heat and power, gardening fees, pool servicing and the general obligations to local taxes and rates.

This, in turn, has put an increasing burden on all property owners who are left juggling between income and

expenditure; not helped by the daily threat to expatriate pensions, brought on by pension fund collapses as well as the threat on currencies by the usual trends of commerce, not to mention the perceived threat of future trade agreements.

But somehow we all manage to survive, a little penny pinching here and there and perhaps engendering a little more skill in how we look after our Communities. I think the days are gone when we could sit back and wait a few more years until we get pay-

ment from the debtor that we have not seen or heard of for the last five years.

Do we really need to settle for €50 a month when the debt is increasing by €60 per month and do we really need to be generous with time to pay when we see renters enjoying the benefits of a property where thousands are still owed in management fees?

So if I am really honest, from a Community point of view, I think the biggest change over these past 40 years is simply the fact that we should not be as patient as we were for the fees to come in, costs rise too quickly and personally I am greedy to enjoy the time I have left in more comfort than I had before, not less!!

LPL established 1978
Celebrating 40 years

Providing professional and expert debt recovery services

If your community is suffering from late or slow payments of community fees

Contact LPL on:
+44 (0) 208 551 4019 (UK)
or our local Spanish speaking agent
Greg Bryan on + 689 408 412

BBC one

7:00am	Breakfast
10:15am	Holding Back the Years
11:00am	Homes Under the Hammer
12:00pm	The Sheriffs are Coming
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	A Place to Call Home
4:10pm	Escape to the Country
4:45pm	Coast and Country Auctions
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	EastEnders
9:00pm	Holby City
10:00pm	Shetland
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	This Country
12:15am	Inside Britain's Moped Crime Gangs
12:55am	Drugs Map of Britain

BBC TWO

7:30am	Holding Back the Years
8:15am	The Sheriffs are Coming
9:00am	Celebrity Antiques Road Trip
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
1:00pm	The Daily Politics
2:00pm	The Super League Show
2:45pm	Yes Chef
3:30pm	Your Home in Their Hands
4:30pm	Planet Earth I
5:30pm	Into the Wild with Gordon Buchanan
6:30pm	Put Your Money Where Your Mouth Is
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	Saving Lives at Sea
9:00pm	Back in Time for Tea
10:00pm	Amazing Hotels: Life Beyond the Lobby
11:00pm	Mum
11:25pm	The Archeologists
11:30pm	Newsnight
11:30pm	Weather
12:10am	World's Most Extraordinary Homes
12:15am	World's Most Extraordinary Homes
1:15am	MasterChef

BBC FOUR

8:00pm	Beyond 100 Days <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Great Irish Journeys with Martha Kearney
9:00pm	Immortal Egypt with Joann Fletcher <i>Joann Fletcher explains how ancient Egypt's extraordinary story fits together.</i>
10:00pm	The Ruth Ellis Files: A Very British Crime Story
11:00pm	The Prosecutors: Real Crime and Punishment <i>Series documenting the work of the Crown Prosecution Service</i>
12:00am	A War
1:45am	Top of the Pops
2:25am	Top of the Pops
2:55am	The High Art of the Low Countries
3:55am	The Art of Spain

CHANNEL 4

7:00am	Winter Paralympics Live
9:00am	Winter Paralympics Breakfast
10:00am	Frasier
10:35am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	A New Life in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cake Makers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Winter Paralympics Today
9:00pm	The Great Celebrity Bake Off for Stand Up to Cancer
10:15pm	Seven Year Switch
11:20pm	Gogglebox
12:00am	Winter Paralympics Highlights
1:15am	Winter Paralympics Live

CHANNEL 5

7:00am	Milkshake!
10:15am	The Wright Stuff
12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News
1:15pm	GPs: Behind Closed Doors
2:10pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:20pm	NCIS
4:20pm	Missing Daughter
6:00pm	5 News
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News
8:00pm	World Rally
9:00pm	Secrets of the National Trust with Alan Titchmarsh
10:00pm	Wild Britain with Ray Mears
11:00pm	The Crown in Crisis: Elizabeth-Our Queen
12:05am	The Yorkshire Steam Railway: All Aboard
1:05am	Left for Dead
2:00am	Super Casino
4:10am	Cowboy Builders
5:00am	Now That's Funny!
5:45am	House Doctor

4

9:30am	Baby Daddy
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	How I Met Your Mother
11:30am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	How I Met Your Mother
3:30pm	How I Met Your Mother
4:00pm	New Girl
4:30pm	New Girl
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	My Hotter Half
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Tattoo Fixers
11:00pm	Five Star Hotel
12:05am	The Big Bang Theory
12:35am	The Big Bang Theory

sky sports main event

6:30am	My Icon
6:45am	My Icon <i>In the next episode of this special series, former England captain Casey Stoney discusses the individuals that have inspired her during her life and career.</i>
7:00am	Good Morning Sports Fans Bitesize
7:30am	Good Morning Sports Fans Bitesize
8:00am	Good Morning Sports Fans
9:00am	Cricket <i>Day five of the second Test as South Africa host Australia at St George's Park in Port Elizabeth.</i>
4:30pm	Sky Sports News <i>All the news from the Premier League and beyond.</i>
5:00pm	Sky Sports News
6:00pm	Sky Sports News at 5
7:00pm	Live ATP 1000: Indian Wells <i>The sixth day of the BNP Paribas Open from Indian Wells.</i>
5:00am	Sky Sports News

itv

4:55am	ITV Nightscreen
6:05am	The Jeremy Kyle Show
7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	ITV Lunchtime News
2:00pm	Cheltenham Festival
5:30pm	Best Walks with a View with Julia Bradbury
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
9:00pm	What Would Your Kid Do?
10:00pm	100 Years Younger in 21 Days
11:00pm	ITV News at Ten and Weather
11:45pm	The Cruise: Voyage to Alaska
12:15am	Benidorm
1:15am	Piers Morgan's Life Stories
2:05am	Jackpot247
4:00am	ITV Nightscreen

itv2

7:00am	Planet's Funniest Animals
7:20am	Totally Bonkers Guinness World Records
7:45am	Totally Bonkers Guinness World Records
8:10am	Who's Doing the Dishes?
8:55am	Emmerdale
9:20am	Coronation Street
10:25am	The Ellen DeGeneres Show
11:15am	The Bachelor
1:05pm	Emmerdale
1:35pm	Coronation Street
2:35pm	The Jeremy Kyle Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:50pm	Judge Rinder
6:50pm	Take Me Out
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
10:00pm	The 40 Year Old Virgin
11:00pm	FYI Daily
11:05pm	The 40 Year Old Virgin
12:25am	Family Guy

itv3

7:50am	Heartbeat <i>Nostalgic police drama series set in a Yorkshire village in the 1960s.</i>
8:55am	The Royal
9:55am	Judge Judy
10:25am	Judge Judy
10:50am	Judge Judy
11:20am	Inspector Morse <i>Drama series featuring Colin Dexter's laconic detective.</i>
1:35pm	The Royal
2:35pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:45pm	On the Buses
5:20pm	On the Buses
5:55pm	You're Only Young Twice
6:25pm	Rising Damp
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Vera
11:00pm	Scott and Bailey
12:00am	Scott and Bailey
1:00am	A Touch of Frost
3:00am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

4:00am	Teleshopping
7:00am	The Chase
7:45am	The Chase
8:35am	Pawn Stars
8:55am	Pawn Stars
9:25am	Ironsides
10:30am	ITV Racing: The Opening Show
11:30am	The Protectors
12:00pm	The Saint
1:05pm	The Avengers
2:15pm	Ironsides
3:20pm	Quincy, M.E.
4:20pm	Minder
5:25pm	The Saint
6:30pm	The Avengers
7:40pm	Storage Wars
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	River Monsters
10:00pm	Britain's Busiest Airport - Heathrow
11:00pm	Full Metal Jacket
12:15am	FYI Daily
12:20am	Full Metal Jacket
1:30am	Minder
2:30am	The Americans
3:20am	The Protectors
3:45am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:00am	Suicide Squad
9:15am	After Earth
11:00am	Independence Day
1:40pm	Hancock
3:25pm	Suicide Squad
5:30pm	After Earth
7:15pm	Independence Day
10:00pm	Hancock
11:45pm	Bad Boys
1:55am	Bad Boys II
4:35am	I Am Legend

sky CINEMA COMEDY

10:20am	All About Steve
12:05pm	How to Lose Friends and Alienate People
2:05pm	The Bounty Hunter
4:05pm	Sausage Party
5:40pm	The Naked Gun 2 1/2: The Smell of Fear
7:15pm	Juno
9:00pm	The Bounty Hunter
11:00pm	Sausage Party
12:35am	The Benchwarmers
2:10am	Revenge of the Nerds
3:45am	Jackass: Number Two
5:25am	Police Academy 6: City Under Siege

sky CINEMA PREMIERE

7:00am	The Levelling
8:40am	City of Tiny Lights
10:45am	Custody
12:45pm	Wonder Woman
3:20pm	Wheeler
5:15pm	Snatched
7:00pm	Custody <i>Courtroom drama focusing on three women brought together when a hard-working single mother has her children taken away from her.</i>
9:00pm	Wonder Woman
11:25pm	City of Tiny Lights
1:20am	Snatched
3:00am	Info not available
4:40am	Two Down <i>A web of deceit unfolds and an unlikely alliance is formed when a young woman and a local delivery boy are taken hostage by an injured hitman</i>

sky sports football

1:15pm	SPFL Greatest Games
1:30pm	Soccer A.M. - The Best Bits
2:00pm	MLS Round Up Show
2:30pm	La Liga Icons
3:00pm	Eredivisie
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
6:00pm	MLS Round Up Show
6:30pm	Football Countdowns
7:00pm	SPFL Round Up 2017/18
7:15pm	SPFL Greatest Games
7:30pm	Soccer A.M. - The Best Bits
8:00pm	MLS Round Up Show
8:30pm	Football Years
9:00pm	SPFL Round Up 2017/18
9:15pm	SPFL Greatest Games
9:30pm	Soccer A.M. - The Best Bits
10:00pm	League Cup Final Highlights
11:00pm	Revista de la Liga

Nick Horne *The Rich Pick*

Freelance correspondent, London, England



Petrol head heaven - eleven days only

THE 88th Geneva International Motor Show opens once again today (Thursday).

There will be more than 110 World and European Premiers paraded at this year's show. Over the last two days at 15-minute intervals the world's press has been briefed by top designers, professional race drivers and the prestigious brand ambassadors of the exhibiting brands.

Nearly 10,000 members of the world's press have swarmed over the exhibition halls close by Geneva Airport where 900 cars are exhibited over more than 77,000 square metres of exhibition halls with more than 700,000 visitors expected to attend over the next 11 days.

Among the luxury and bespoke manufacturers exhibiting are three British Brands. Rolls Royce Motor Cars, Aston Martin and McLaren. The Rolls Royce 'Phantom' was confirmed by the world's media as the 'Best Car in the World' on the shores of Lake Lucerne six months ago. Rolls-Royce will show why by showcasing three very different Phantom models each pitched at a different potential buyer of the marque.

Aston Martin has returned to Geneva buoyed as the fastest growing automotive brand, with swelling profits and the announcement last week of the highest

revenue performance in its history. At the centre of a bullish Aston Martin exhibit is the new Vantage, which is making its global show debut. Still to be tested by the world's media, this is the first

opportunity to get up close to Aston Martin's thoroughbred twin-turbocharged V8 sports coupe. McLaren is exhibiting what it bills as the 'ultimate road-legal track car'; the 'McLaren Senna' debuts at

Geneva and sets hearts racing. Solar Yellow and Laurel Green detailing echoes the helmet livery of the legendary Ayrton Senna F1 driver and three times World Champion at the wheel of a McLaren. Just 500 examples will be produced and all are already 'assigned.' Each 'McLaren Senna' is priced at €839,715 and if further individualised at McLaren Special Operations the price will soar by an extra €335,856 to the price. Legalised for the road but designed for the track the aggressive looks are a powerful expression of McLaren's philosophy, 'form follows function.'

Choose from the endless torque of the select Rolls Royce 'Phantom,' the heart-stopping excitement of the Aston Martin 'Vantage,' or the stark headbanging exhilaration of the 'McLaren Senna.'

Geneva is a petrol head's haven once again.

Nick Horne, Freelance Correspondent, London



HEART STOPPER:
The McLaren Senna.

Hotel coat hangers...

Mike Senker
In my opinion



Views of a Grumpy Old Man

IT used to be that supermarkets carefully placed products near the till so us, the punters, would pick them up on the way out. Then there was a hoo ha that, for instance, it wasn't fair if they put sweets there, kids would start kicking off if their parents wouldn't buy them some so many shops stopped the practice.

To be fair the worst thing that could happen is you'd come home with a) a couple of sulky ankle biters or b) some scrummy chocolate. Then Aldi and Lidl came along and the whole art of shopping changed.

Rows and rows of cheap groceries with unpronounceable names. So the wife pops out for some bread and milk and you get a phone call saying, 'Err have you got the phone number of a van hire company?' 'Why.' 'I'm in Aldi - I got the bread and milk then strolled down the middle aisles and bought a drum kit and a canoe.'

I exaggerate slightly but recently I've found myself the proud owner of a cover to put on the back seat of the car so the dog won't moul all over the place, pots and pans I don't need and a padded jacket. This means that all the

money saved buying hurdy gurdy brand products is blown in the middle aisles. It's the equivalent of a jumble sale come boot fair. I know the answer is 'don't' look' but I just turn in to the kid having a strop because mum won't let me look at the sweetie counter. I'm thinking of starting a group called MAA - Middle Aisle Anonymous - so all addicts like me can go and get support.

Hotel coat hangers? Who decided that instead of the traditional household ones they have the things that are just a stem that you then have to try and get into a fiddly little hole. They would be more at home at a fairground than a wardrobe. Now it's probably worse for me because of my leg problems but even Mrs S says they are a nuisance and if she says so then it's written in stone. Do hotels get that many nicked?

I mean, they sometimes have the little satiny ones which are no good to man nor beast which are obviously more expensive than the wooden ones, but those can be removed easily. I'd happily pay a tenner hanger deposit for normal ones or just give me plastic ones that they give me if I ask for more. Mind you it's not as bad as one hotel I stayed in in New York in the early 90's where they had the ashtrays in the room screwed to the table but that's another story for another time.

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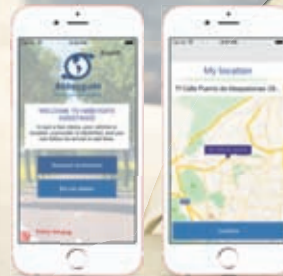
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BBC one

12:00pm	The Sheriffs are Coming
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News
2:30pm	Regional News
2:45pm	Doctors
3:15pm	A Place to Call Home
4:10pm	Escape to the Country
4:45pm	Coast and Country Auctions
5:30pm	Flog It!
6:15pm	Pointless
7:00pm	BBC News
7:30pm	Regional News
8:00pm	The One Show
8:30pm	Panorama
9:00pm	DIY SOS the Big Build
10:00pm	Saving the British Bulldog
11:00pm	BBC News
11:30pm	Regional News
11:40pm	Weather
11:45pm	A Question of Sport
12:15am	Film 2018

BBC TWO

9:00am	Great British Railway Journeys
9:30am	Grand Tours of Scotland's Lochs
10:00am	Victoria Derbyshire
12:00pm	BBC Newsroom Live
12:30pm	The Daily Politics
2:00pm	Two Tribes
2:30pm	Yes Chef
3:15pm	Your Home in Their Hands
4:15pm	Planet Earth I
5:15pm	Into the Wild with Gordon Buchanan
6:15pm	Put Your Money Where Your Mouth Is
7:00pm	Eggheads
7:30pm	The Repair Shop
8:00pm	Saving Lives at Sea
9:00pm	World's Most Extraordinary Homes
10:00pm	The Assassination of Gianni Versace - American Crime Story
10:50pm	Live at the Apollo
11:30pm	Newsnight

BBC FOUR

8:00pm	Beyond 100 Days <i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Great Irish Journeys with Martha Kearney
9:00pm	The Secret History of Our Streets
10:00pm	The Ruth Ellis Files: A Very British Crime Story
11:00pm	Crime and Punishment
12:00am	Blues America <i>Two-part documentary about the history of the blues in the USA.</i>
1:00am	Island at the BBC
2:00am	Top of the Pops
2:35am	Top of the Pops
3:15am	The High Art of the Low Countries
4:15am	The Secret Life of Books

CHANNEL 4

10:00am	Frasier
11:05am	Ramsay's Kitchen Nightmares USA
12:00pm	Undercover Boss USA
1:00pm	Channel 4 News Includes sport and weather.
1:05pm	Come Dine with Me
2:05pm	Posh Pawnbrokers
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	A New Life in the Sun
6:00pm	Four in a Bed
6:30pm	Extreme Cake Makers
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
8:30pm	Winter Paralympics Today
9:00pm	The Supervet
10:00pm	One Born Every Minute
11:00pm	Damned
11:30pm	8 Out of 10 Cats
12:00am	Winter Paralympics Highlights

CHANNEL 5

12:15pm	Can't Pay? We'll Take it Away!
1:10pm	5 News
1:15pm	GPs: Behind Closed Doors
2:05pm	Access
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	NCIS
4:15pm	Naval Killer.
6:00pm	Framed for Murder
6:30pm	5 News
7:00pm	Neighbours
7:30pm	Home and Away
8:00pm	5 News
8:00pm	Extreme Winter Road Rescue
9:00pm	GPs: Behind Closed Doors
10:00pm	Violent Child, Desperate Parents
11:00pm	When Talent Shows Go Horribly Wrong
2:00am	Super Casino
4:10am	Cowboy Builders
5:00am	Now That's Funny!
5:45am	House Doctor

4

7:30am	Hollyoaks
8:00am	Couples Come Dine with Me
9:00am	Baby Daddy
9:30am	Baby Daddy
10:00am	Melissa and Joey
10:30am	Melissa and Joey
11:00am	How I Met Your Mother
12:00pm	Brooklyn Nine-Nine
12:30pm	Brooklyn Nine-Nine
1:00pm	The Goldbergs
2:00pm	The Big Bang Theory
3:00pm	How I Met Your Mother
4:00pm	New Girl
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	My Hotter Half
9:00pm	The Goldbergs
9:30pm	The Big Bang Theory
10:00pm	Don't Tell the Bride
11:00pm	Five Star Hotel
12:05am	The Big Bang Theory

sky sports main event

7:00am	Good Morning Sports Fans Bitesize
7:30am	Good Morning Sports Fans Bitesize
8:00am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	Good Morning Sports Fans
11:00am	Premier League Daily
12:00pm	Sky Sports Daily
1:00pm	Sky Sports News
2:00pm	Sky Sports News
3:00pm	Sky Sports News <i>All the news from the Premier League and beyond.</i>
5:00pm	Sky Sports News
6:00pm	Sky Sports News at 5
7:00pm	Live ATP 1000: Indian Wells <i>Day seven of the BNP Paribas Open from Indian Wells.</i>

itv

6:05am	The Jeremy Kyle Show
7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	ITV Lunchtime News
2:00pm	Cheltenham Festival
5:30pm	Best Walks with a View with Julia Bradbury
6:00pm	The Chase
7:00pm	Local News and Weather
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Britain's Brightest Family
9:30pm	Coronation Street
10:00pm	Benidorm
11:00pm	ITV News at Ten and Weather
11:45pm	UEFA Champions League Highlights
12:45am	Play to the Whistle
1:40am	Jackpot247
4:00am	Tenable
4:50am	ITV Nightscreen

itv2

7:00am	Planet's Funniest Animals
7:20am	Totally Bonkers Guinness World Records
7:45am	Totally Bonkers Guinness World Records
8:10am	Who's Doing the Dishes?
8:55am	Emmerdale
9:55am	You've Been Framed!
10:25am	The Ellen DeGeneres Show
11:15am	The Bachelor
1:05pm	Emmerdale
2:05pm	You've Been Framed!
2:35pm	The Jeremy Kyle Show
5:50pm	Judge Rinder
6:50pm	Take Me Out
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Two and a Half Men
10:00pm	Hell's Kitchen
11:00pm	Hell's Kitchen
11:55pm	Family Guy
12:25am	Family Guy

itv3

7:00am	Classic Coronation Street
7:25am	Classic Coronation Street
7:55am	Heartbeat
8:55am	The Royal
9:55am	Judge Judy
10:25am	Judge Judy
10:50am	Judge Judy
11:20am	Inspector Morse
1:35pm	The Royal
2:35pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:50pm	On the Buses
5:20pm	On the Buses
5:55pm	You're Only Young Twice
6:25pm	Rising Damp
7:00pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Vera
11:00pm	Law and Order: UK
12:00am	Law and Order: UK
1:00am	Unforgotten
2:00am	Unforgotten
2:50am	Judge Judy
3:15am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

7:00am	The Chase
7:45am	The Chase
8:35am	Pawn Stars
8:55am	Pawn Stars
9:20am	Ironsides
10:30am	ITV Racing: The Opening Show
11:30am	Nijinsky's Triple Crown
11:35am	The Protectors
12:05pm	The Saint
1:10pm	The Avengers
2:20pm	Ironsides
3:20pm	Quincy, M.E.
4:20pm	Minder
5:25pm	The Saint
6:35pm	The Avengers
7:40pm	Storage Wars
8:05pm	Pawn Stars
8:35pm	Pawn Stars
9:00pm	Britain's Busiest Motorway
9:30pm	Britain's Busiest Motorway
10:00pm	The Chronicles of Riddick
11:05pm	FYI Daily
11:10pm	The Chronicles of Riddick
12:15am	Lethal Weapon
1:10am	Hornblower
3:10am	Deals, Wheels and Steals

sky CINEMA ACTION & ADVENTURE

11:00am	The Great Wall
12:50pm	Jason Bourne
3:00pm	Green Zone
5:00pm	The Bourne Identity
7:00pm	The Bourne Supremacy
9:00pm	The Great Wall
11:00pm	Jason Bourne
1:10am	Green Zone
3:10am	The Bourne Identity
5:15am	Titan A.E.

sky CINEMA COMEDY

5:25am	Police Academy 6: City Under Siege
7:00am	Attack of the Lederhosen Zombies 5 to 7
8:25am	Ghost Town
10:10am	Airplane!
12:00pm	Shallow Hal
1:35pm	Bridesmaids
3:35pm	The Naked Gun 33 1/3: The Final Insult
5:45pm	The Naked Gun 33 1/3: The Final Insult
7:15pm	Bowfinger
9:00pm	Shallow Hal
11:00pm	Bridesmaids
1:10am	Popstar: Never Stop Never Stopping
2:45am	Billy Madison

sky CINEMA PREMIERE

6:30am	Monster Family: Special
7:00am	The Levelling
8:30am	City of Tiny Lights
10:25am	Wheeler
12:10pm	Wonder Woman
2:35pm	Snatched <i>Fish-out-of-water comedy about a hapless mother-daughter duo kidnapped while holidaying in Ecuador.</i>
4:10pm	Custody
6:00pm	City of Tiny Lights
8:00pm	Wonder Woman
10:25pm	Snatched
12:00am	Scribe <i>A recovering alcoholic finds himself at the centre of a political conspiracy after he accepts a shady job transcribing calls from tapped phones.</i>
1:35am	Info Not Available
3:10am	Custody
5:05am	Wheeler

sky sports football

11:00am	Revista de la Liga
11:30am	La Liga World
12:00pm	One2eleven
12:30pm	SPFL Greatest Games
12:45pm	SPFL Greatest Games
1:00pm	Eredivisie
2:00pm	La Liga Icons Zidane
3:00pm	Revista de la Liga
3:30pm	La Liga World
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	Scottish Cup Greatest Games
5:30pm	La Liga Greatest Games
6:00pm	Football Years Countdowns
6:30pm	Football
7:00pm	Revista de la Liga
7:30pm	La Liga World
8:00pm	Football Years
8:30pm	Football Years
9:00pm	Revista de la Liga
9:30pm	La Liga World
10:00pm	League Cup Final Highlights
11:00pm	Eredivisie
12:00am	La Liga Icons
12:15am	La Liga Icons

Advertising Feature

PoliFani for all your insurance needs

• Who are we?

POLIFANI have been working to help bring customers peace of mind since 1979.

As an insurance broker, we work with over 24 of the biggest companies here in Spain and deal with all types of insurances. We are the number one insurance brokers in the Alicante Province and provide each and every customer with a personalised policy to help suit their needs.

We have central offices in Benidorm, and offer a face to face customer service approach, which for many non-Spanish speakers is ideal, as our international department are on hand to help with any enquiries, and can mediate between the customers and the company.

Additionally, each one of our team is dedicated to one side of the business, so we all know lots about specific things, rather than little about everything, making us knowledgeable in our specific areas.

We constantly update our pool of insurances and options we offer, to ensure we remain leaders in our field and continue giving our customers the best policies, at the best prices.

Within the Spanish community we are very well-known and trusted, having been around for this many years, our knowledge and experience is unbeatable, but we have now begun to work with English-speaking clients, incorporating policies and companies that suit their needs best.

• Brexit Health Care

Brexit Health Care is a campaign aimed to help inform and assist British people living in Spain before and after Brexit. The campaign was established due to a steady rise in concerns



BREXIT: We can help you with all your health care needs.

over Brexit and enquiries about healthcare.

We work with the best health insurance companies in Spain and have expanded what we offer to ensure we can help anyone and everyone.

We can now insure people up to the age of 99 years, those with previous health conditions and those who want cover in both Spain and the UK.

We are leading experts in healthcare insurance and have worked endlessly to ensure that anyone who would like to receive private healthcare has the ability to do so and is facilitated by us.

Additionally, Brexit Health Care doesn't just focus on private insurances, but on informing and assisting those who would like to access the public system and ensuring they have everything they need to do so. Spanish public healthcare is contribution based, therefore it is extremely important to make sure you are accessing the system in the correct way, or you may end up paying for healthcare out of your own pocket. These are some of the requirements for accessing public healthcare:

- If you are working in Spain and pay taxes, you are entitled to state run healthcare, in the form of a SIP card, which is obtained at your local 'Centro de Salud.'
- If you are in receipt of a UK old age state pension, you are entitled to an S1 form, which can be obtained by ringing the Overseas Healthcare Team on +44 191 218 1999.
- If you are not entitled to state run healthcare through any means, aside from private insurances, there is a state-run pay-in scheme called 'Convenio Especial' and has a monthly fee of €60 for the under 65s and €157 for those aged 65 and above.

• The EHIC (European Health Insurance Card) is a temporary solution and provides cost-free emergency access to healthcare for those on holiday in the EU or those just arrived (it can only be used for 90 days).

It is essential to understand your rights to healthcare in Spain, and as part of our campaign, we are informing people of the need for the Padron certificate, NIE number and residency, which is where your healthcare entitlements play a big role.

Obtaining residency in Spain is not a result of Brexit, but a long-standing legal requirement to live in Spain and will most likely be even more necessary after the UK leaves the EU. In obtaining residency, it is necessary to provide proof of entitlement to healthcare, so it is essential to be legal and on the correct system already.

More detailed information can be found on the gov.uk website and the nhs.uk website. Additionally, we are experts in this field, feel free to contact us for more information.

• Additional Information

FOR our office address, email and phone number, please see our advert on page 22. You will be attended to by a native English speaker, who can help you with any enquiries you may have. We provide a wide variety of insurances, most can be done in English, at a very com-

petitive price. Please see our website for a list of insurances: www.polifani.com.

We also have a live programme on CoolFM once a month, talking about topics of interest amongst expats, such as residency, healthcare rights and many other things, to ensure everyone is informed about their rights and obligations.

Don't miss when we will be live on air by checking our Facebook page for regular updates: [@brexithealthcare](https://www.facebook.com/brexithealthcare).

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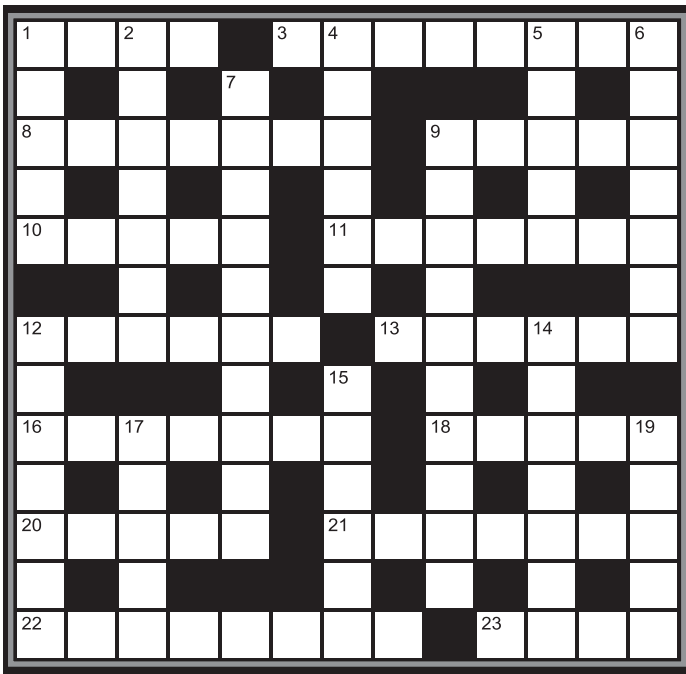


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Cryptic

Across

- 1 Dismiss white fortified wine (4)
- 3 Star with young girl outside US city (3,5)
- 8 Educator will find non-alcoholic beverage dear in France (7)
- 9 Point to unsatisfactory animal track (5)
- 10 One-off programme for aviator (5)
- 11 Commended form of despair (7)
- 12 Some slip-on chosen as something to wear (6)
- 13 Dishes spelt a different way (6)
- 16 Firm must order Eastern outfit (7)
- 18 Constellation seen from Mediterranean or Ionian Sea (5)
- 20 American finding time for management (5)
- 21 There's nothing in the brass instrument but a crown (7)
- 22 Eve's late, perhaps, but gives a lift (8)
- 23 Gravity-free network (4)



Down

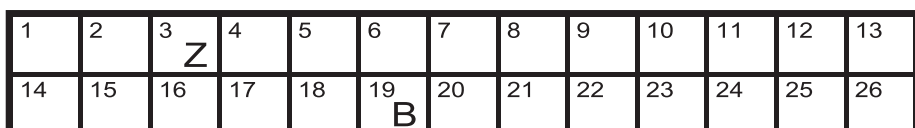
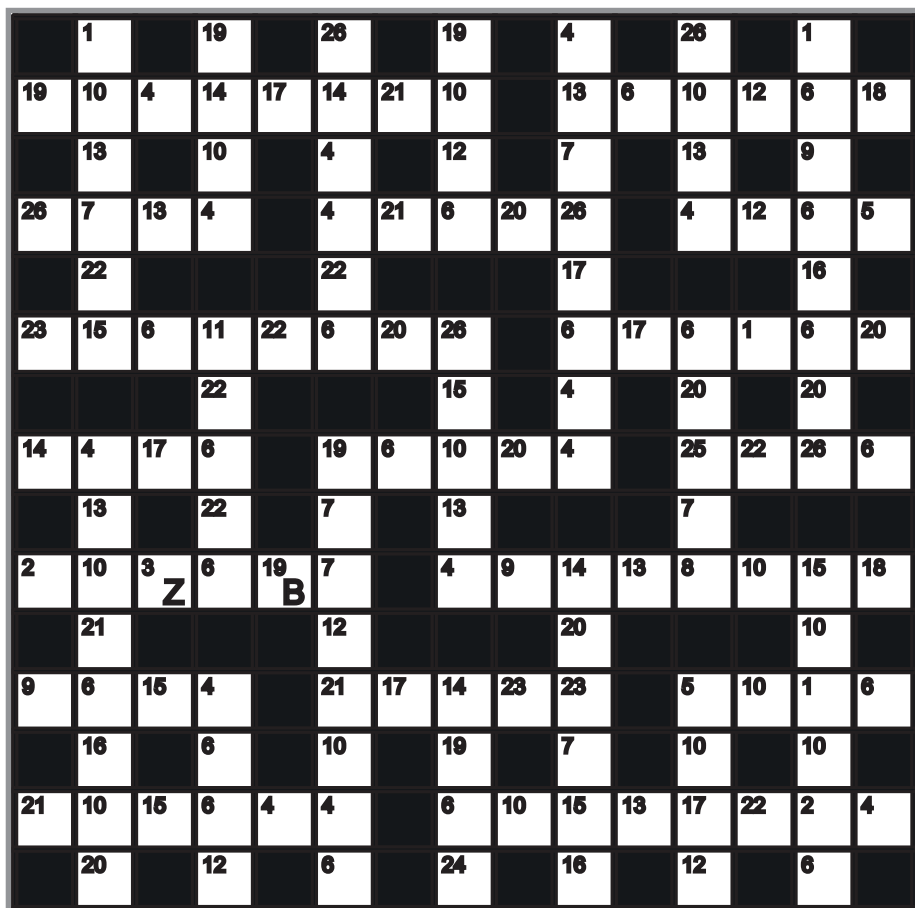
- 1 As prearranged, is winning in the tennis match (5)
- 2 Man left in, he made people laugh (7)
- 4 Sharp bar put off (6)
- 5 Slogs wildly, yet with a certain polish (5)

- 6 Good man drives and advances (7)
- 7 How suite he makes becomes head of state's residence (5,5)
- 9 Little time early in the morning (5,5)
- 12 Imagine an old Northerner on the

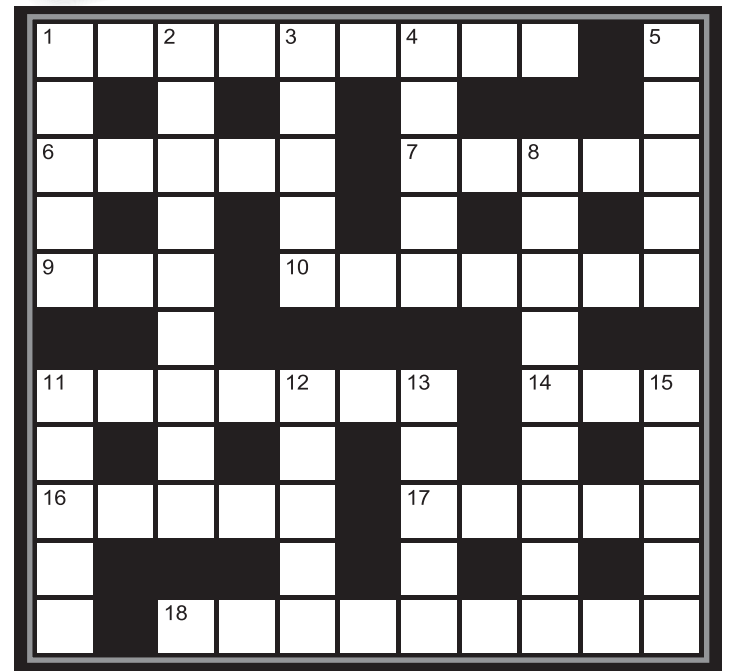
- Northern river (7)
- 14 Diluting agent is less thick (7)
- 15 Save when secure, possibly (6)
- 17 Flash flood ruins tapes (5)
- 19 Not a journalist is mentioned (5)

Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 3 represents Z and 19 represents B, so fill in Z every time the figure 3 appears and B every time the figure 19 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



Quick



Across

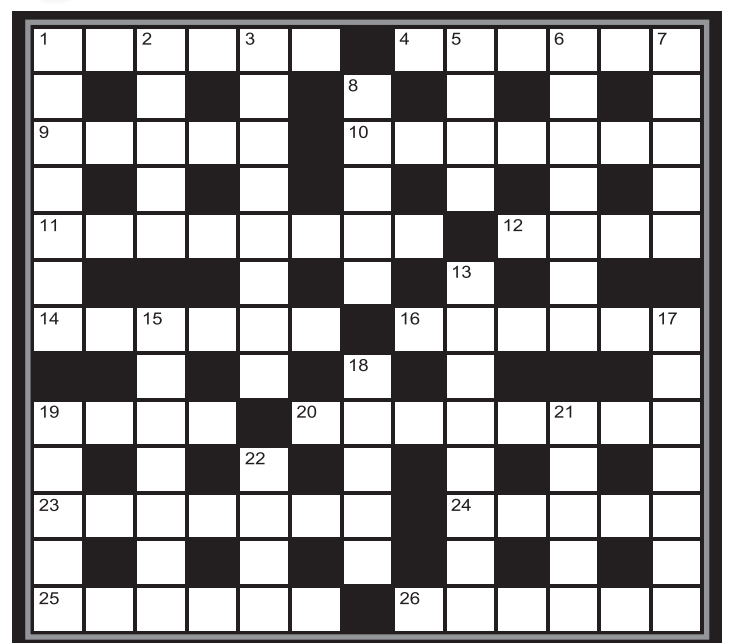
- 1 Frilly undergarment (9)
- 6 Group jargon (5)
- 7 Moderately warm (5)
- 9 Beer (3)
- 10 Open and genuine (7)
- 11 Lowest rank in the Army (7)
- 14 Large vase (3)
- 16 At or in the front (5)
- 17 Two times (5)
- 18 Having no smell (9)

Down

- 1 Bohemian dance (5)
- 2 Variety of mandarin orange (9)
- 3 Metal shackles for hands or legs (5)
- 4 Frequently (5)
- 5 Avoid (5)
- 8 Bias in favour of or against anything (9)
- 11 Keyboard instrument (5)
- 12 Sound (5)
- 13 Come or go into (5)
- 15 Requirements (5)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Lawn (6)
- 4 To weep (6)
- 9 Lila (5)
- 10 Lentejas (7)
- 11 Then (at that time) (8)
- 12 Obedecer (4)
- 14 Billete (6)
- 16 Tijereta (insecto) (6)
- 19 Mordedura (4)
- 20 To return (8)
- 23 Postman (7)
- 24 Struggle (effort) (5)
- 25 Dill (6)
- 26 Nadie (6)

Down

- 1 El más frío (7)
- 2 Hendidura (corte) (5)
- 3 To turn on (8)
- 5 Firewood (4)
- 6 Arco iris (7)
- 7 Oxidado (5)
- 8 Moscas (insectos) (5)
- 13 Brick (8)
- 15 Fourteen (7)
- 17 Alemania (7)
- 18 Fast (quick) (5)
- 19 Pothole (in road) (5)
- 21 Sacred (art, musical) (5)
- 22 Doblar (4)

CROSSWORD PAGE

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MADDOCKS'
VIEW ON LIFE



' HERE THEY COME - THE BREXIT, BEAST OF THE EAST SNOWBOUND BRITS - DON'T MENTION GLOBAL WARMING! '

LOTTERY

UK NATIONAL LOTTERY
Saturday March 03

15 19 20 **BONUS BALL**
29 42 50 36

IRISH LOTTO
Saturday March 03

23 25 33 **BONUS BALL**
39 42 46 24

EURO MILLIONS
Tuesday February 27

3 31 41 **BONUS BALL**
48 50 8 11

Friday March 02

2 7 34 **BONUS BALL**
45 48 1 12

EL MILLON: XZT87895

LA PRIMITIVA

Thursday March 01

6 9 17 **BONUS BALL**
22 28 36 7 1

JOKER: 8 185 066

Saturday March 03

5 14 24 **BONUS BALL**
28 36 49 21 7

JOKER: 4 052 156

EL GORDO DE LA PRIMITIVA
Sunday March 04

1 23 41 **BONUS BALL**
43 50 4

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS
(January 21 - February 19)

In your heart of hearts you know what you want out of life. It is a little timidity of spirit that is now stopping you. I know that recent experiences have sapped your confidence, but I have a message for you. Now is the time that you are most likely to make progress in your chosen field. Do not hesitate through lack of confidence in your talents. Build on your strengths.

LEO
(July 24 - August 23)

Some loss of control over a project is irksome. A new start that seemed so promising seems to be going off course. A real injection of time and effort will make all the difference, however. Midweek, you see things going in the right direction again. Keep finances simple and try not to combine business with pleasure. That way lie complications.

PISCES
(February 20 - March 20)

Let others whinge if they will. Being determined to get your own way, they will stand little chance. Recent disagreements have left a sour taste. In the best of worlds, things will not always go your way. Life would be boring if that were the case. What you need now is a good dose of realism washed down with some sound financial planning. Be likeable and you will be liked. Simple, isn't it?

VIRGO
(August 24 - September 23)

You are holding a good hand. Deal with the right people and the rewards are high. There is potential for being cheated out of something that is morally yours, so it may be necessary to be 'difficult' or 'awkward' to get what you deserve.

ARIES
(March 21 - April 20)

Awkward situations usually bring out the best in you and this week proves that. In the longer term, you will be grateful to those making things difficult now. Midweek sees you turning the tables, which gives much satisfaction.

LIBRA
(September 24 - October 23)

Being a brave and forthright soul, it is easy this week to dispel the negative thoughts of others. A relationship that makes you hesitate could be of great benefit to you. There is little to lose by 'going for it'. The outcome could be beyond your dreams, something that you have not had many of lately.

TAURUS
(April 21 - May 21)

Be determined not to be intimidated by someone who thinks that they are superior. Decide who you will take advice (or orders) from and stick to it. You are not the person that you were in the past and others need to realise it.

SCORPIO
(October 24 - November 22)

Hidden forces are working away in the background. These give good and bad influences but life will not be dull this week. Sometimes you wish others would leave you alone. Not that you are being anti-social. We all reach a point when we need space to think.

GEMINI
(May 22 - June 21)

Outside influences and pressures make it hard to concentrate. However, finances in particular need attention, so do not be distracted by others trying to put a finger into your 'pie'. Do not be concerned about making changes in your social life because this, in turn, will sort out some of your more immediate practical problems.

SAGITTARIUS
(November 23 - December 21)

Petty arguments should be forgotten. More important things are afoot. Have you heard about fiddling while Rome burns? This may be you at the moment. Avoid wasting time with certain individuals and projects. A little extra effort in other directions, however, yields great results.

CANCER
(June 22 - July 23)

Being unusually uncertain of yourself this week could throw confusion into your ordered life. There is a partnership problem to be sorted out. Links with personal matters, however, make this tricky. Let some time pass so that someone close can get the message without feeling pressured.

CAPRICORN
(December 22 - January 20)

Avoiding a decision will not help this week. Who will deal with this matter but you? A relationship is threatened if you do not make a move. Will loved ones always be there for us no matter how much we neglect them? Why take such a chance? We only get out of life what there is willingness to put in.

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

	15		17					
9				14	17	15		
16								
19								
13								
17								

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER** (in this case H) and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.

O	U	Y
E	H	N
D	R	G

TARGET:

- Average: 7
- Very good: 14
- Good: 9
- Excellent: 18

LAST WEEK'S SOLUTION

cent coin cone corn icon into iron nice noir note once rein rent tern tine tone torn cento conte crone inert inter intro ionic nicer niter nitre nitro noter recon ricin tenor toner tonic trine citron coiner corner cornet cretin incite irenic ironer ironic nitric noetic notice orient tiner tonier citrine cornier inciter oneiric tricorn interior tricornie CRITERION

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

7	8	2	5	1	4	9	3	6
4	9	1	3	8	6	5	7	2
6	3	5	9	7	2	1	4	8
1	4	3	2	9	7	8	6	5
2	6	9	8	5	3	7	1	4
8	5	7	6	4	1	3	2	9
5	7	4	1	2	8	6	9	3
3	1	8	4	6	9	2	5	7
9	2	6	7	3	5	4	8	1

4			6	3	2			
			1		8			
				8				3
						6		
			2		4	9	8	
	9	7		5				
	8							1
	1		3	4				
		2	9					3

LAST WEEK'S SOLUTIONS

ENGLISH-SPANISH

Across:

- Alacrán, 5 Rocks, 8 Arm,
- Atravesar, 10 Early, 11 Oysters,
- Mosca, 14 Bajar, 19 Spanish,
- Firma, 22 Adelantar,
- Bat, 24 Otoño, 25 Mostrat.

Down:

- Abades, 2 Armario, 3 Ready,
- Narrow, 5 Revista, 6 Cisne,
- Stress, 13 Cuidado, 15 Aprobar,
- Estañón, 17 Rhythm,
- Pastor, 20 Abeto, 21 Forks.

CRYPTIC

Across:

- Descent, 5 Tacks, 8 Exact,
- Bumpier, 10 Mere, 11 Freehand,
- Rocker, 15 Recoup, 18 Marginal,
- Blot, 22 Chalets, 23 Beano,
- Allot, 25 Retinue.

Down:

- Dreamer, 2 Stair, 3 Eats, 4 Tabard,
- Tampered, 6 Chicago, 7 Shred,
- Sediment, 14 Curtail, 16 Pothole,
- Hawser, 18 Mecca, 20 Learn,
- Abet.

QUICK

Across:

- Poker, 4 Cross, 7 Astronaut, 8 Sick,
- Begin, 13 Dated, 14 Lego, 17
- Timetable, 19 Egret, 20 Pagan.

Down:

- Praise, 2/18 Kit bag, 3 Rook, 4 Chapel,
- Outline, 6 Safe, 9 Chatter, 11 Permit,
- Govern, 15 Cage, 16 Stop.

CODE BREAKER

1	U	2	I	3	R	4	N	5	Z	6	X	7	D	8	C	9	J	10	P	11	F	12	Y	13	B
14	T	15	W	16	S	17	L	18	E	19	A	20	M	21	H	22	V	23	G	24	Q	25	O	26	K

KAKURO

	12		17					
3	7		3	4				
8	4	2	6	3				
4	8	3	5					
	3	9	7	6				
7	9	5	4	3				
9	2		2	7				

QUIZ: MIDDLE NAMES

- What are the middle names of British actor Hugh Grant: (a) Jack Mary, (b) Jeffrey Midge or (c) John Mungo?
- What is the middle name of the American actor, director and producer Nicolas Cage: (a) Kim, (b) Jong or (c) Un?
- What is the middle name of American actor Ricard Gere: (a) Cartier, (b) Graff or (c) Tiffany?
- What is the middle name of American actress, producer/director Courtney Cox: (a) Guitar, (b) Bass or (c) Drum?
- What is the middle name of American record producer, arranger, composer and musician Quincy Jones: (a) Delight, (b) Enthral or (c) Jooy?
- What is the middle name of American singer, songwriter, dancer and actress Beyoncé Knowles: (a) Carmen, (b) Coppélia or (c) Giselle?

- What is the middle name of Cruel To Be Kind/I Love The Sound Of Breaking Glass singer Nick Lowe: (a) Ditch (b) Drain or (c) Pipe?
 - What is the middle name of former US vice president Joe (Joseph) Biden: (a) Crowette, (b) Finchette or (c) Robinette?
 - What is the middle name of retired professional basketball player Kobe Bryant: (a) Bean, (b) Chickpea or (c) Lentil?
 - What is the middle name of singer/songwriter Sir Elton John: (a) Hercules, (b) Jupiter or (c) Zeus?
- Not a lot of people know that... the famous showbiz Phoenix family have some unusual first and middle names: Rain Joan of Arc Phoenix, Liberty Mariposa Phoenix, Summer Joy Phoenix, Joaquín Rafael Phoenix (formerly known as Leaf Phoenix) and River Jude Phoenix*

Answers:

- JOHN MUNGO, 2. A - KIM, 3. C - TIFFANY, 4. B - BASS, 5. A - DELIGHT, 6. C - GISELLE, 7. A - DRAIN, 8. C - ROBINETTE, 9. A - BEAN, 10. A - HERCULES (he was born Reginald Kenneth Dwight)

YOUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to yoursay@euroweeklynews.com or make your comments on our website: www.euroweeklynews.com

Views expressed and opinions given are not necessarily those of the EWN publishers. No responsibility is accepted for accuracy of information, errors, omissions or statements.

Brexit result was not a mistake and expats support it

REGARDING Our View 14 to 21 February, I would like to enquire where you got your information regarding the stats which you quote stating that it has become clear the majority of expats voted to stay in the EEC?

This is quite clearly false information, in fact you will find out if you do a proper survey that most expats voted to leave, the other false information which you seem quite happy to band around and quote, having found the time to force through the referendum bill, total rubbish and more false information.

Isn't it bad enough living abroad having to listen to the constant drip, drip, drip, of left wing socialist rubbish from the BBC, Sky, Channel 4, the list goes on and on, you need to let it sink in that the vast majority of expats are not stupid. We left the UK because of EEC rules and regulations which here in Andalo are mostly totally ignored unless they suit.

I have lived in Spain when it was not inundated with EEC rules and regulations as well as the UK and we were far better off.

Colin MacGregor, address withheld

Fear and loathing in La Linea

AS the year passes so there seem to be more and more reports of drug dealers taking over the border town of La Linea de la Concepcion.

In fairness it always had a reputation of being a bit rough around the edges, but recently the storming of the local hospital to 'rescue' a major dealer, attacks on police officers and a brick through the window of a reporter's car shows things have got worse.

The Spanish authorities seem to be able to find plenty of Guardia Civil and National Police officers to man the border with Gibraltar, many of whom



Ayuntamiento de La Linea

LA LINEA CITIZENS: Demonstrated against lawlessness.

spend more time on their phones than checking passports, so perhaps it would be a

good idea to get them involved in policing the town.

Paul Edwards, Sotogrande

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

'Bible for foreigners in Spain' updated

A real gentleman with true knowledge... thank you Mr Searle.

Sandra Russell

Brilliant David! Just what we need. Xx

Maggie Hayes

Brain tumour boy 'clear of cancer'

They definitely did the right thing - any normal loving parents would try to do their utmost for their children no matter what sacrifices they had to endure to give their children the best possible chance of life.

Gillian Evans

They were on a UK programme this week. He is now in school, riding a bike etc, like all other children. Parents should always research when their child's life is at stake, even if the doctors don't approve. They wanted to zap his brain with radiation. The chances of him living a normal life was minimal, if he had survived.

Great admiration for the parents. They were very well informed about the treatment their son could get elsewhere.

Pamela Doyle

Fantastic news, the parents did the right thing. So pleased for them all.

Vivienne Mallinder

Comments from EWN online

Tenant from hell 'blackmailed' landlady

At least in Spain there are mostly no carpets. Floors you can clean. I had £8,000.00 worth of carpets ruined plus a skip of rubbish left outside. Plus writing on all outside walls. Garden totally left to go to ruin etc etc. In just half a year. Husband was high earner in the city. Proves you never know! Disgusting how some treat other people's property.

Edith Farmer

How is it possible to make and live in such a mess?

Jenny Dodd

He needs to be caught and jailed then sent back to the UK. We don't want scum like that over here!

Ken Officer

Tenants have been given every right under the sun which includes ripping off the landlord. I am a landlord myself and

had good tenants when there was an equilibrium in the law in regards to rights of both parties. Today if the tenant doesn't want to pay that's fine. If tenants trash your house that's ok as it's the right to do anything to your home at your expense as long as there's a tenancy agreement. The moment the landlord gets a tenant in then in effect the landlord has given up this right to expect his house to be looked after. That is the reason why I sold all my house and that is one of the reasons rents will increase.

Jo

Spain demands shared control of Gibraltar Airport

Nobody cares what Spain 'Demands,' it should start paying its own way first, it's in no position to be demanding anything.

Carl Glover

It was almost guaranteed Gibraltar was going to be Spain's bargaining power!

Tina Sexton

Gibraltar voted 96/4 to stay in the EU. So to share with Spain under EU rules is no big deal.

John Lionel Trailor

Glamorous grid girls

I THINK we should keep grid girls provided they are not forced to be there

As grid children will be all boys that will start another argument as grid girls will come under the ban.

Anyway, the grid girls provide a touch of glamour to a male dominated sport.

I am a F1 fan and vote for the status quo.

Derek, La Marina

Likes Leapy

HI LEAPY, I read your article today in *Euro Weekly* and want you to know that despite your closing comment that 'that should offend just about everyone,' it did not offend me in the least, in fact I found myself agreeing with everything you said, as I did a couple of weeks ago with your piece as an immigrant in Spain.

I am a UK national and live down here for about three months in the winter and I thoroughly enjoy your column; keep telling it as it is Leapy, so few do these days.

David O, UK and Spain

Editor's note:

Colin thank you for your letter. Our View allows for the newspaper to comment on a range of different matters. In this case, we have a huge pool of expatriate readers and a large number have expressed their opinion that the vote was a mistake. You are of course welcome to your opinion which is why we are happy to publish your comments.

No cry baby

IN reply to David from Nerja (*Issue 1702*).

Roger Federer is a gentleman and gracious in defeat, just because he shows emotion does not mean he is a cry baby.

He is a man who is not afraid to show how he feels, he never makes excuses if he is not playing well and always praises his opponent.

I enjoy watching Rafa as well and have seen him cry also, there is no shame in a man crying with emotion.

They deserve to be praised for their genius, not criticised.

I suggest if you don't like it, don't watch it.

Jan Lemon, Mojacar

The science of lying

ACCORDING to scientists, most people are generally quite bad at recognising if someone is lying or not.

As visual cues vary depending on the person and the situation, they are often unreliable and considered too subtle to be distinctive.

Research reveals that we each tell dozens of lies on a daily basis, but that we're only detected about half the time. Physical cues such as avoiding eye contact and having a higher pitched voice are often unreliable as skilled liars know how to control or disguise them.

A study from the University of Granada revealed the area around your nose often gets warmer when lying, which has been appropriately named the 'Pinocchio Effect'.

This tick is easy to detect as the flow of blood to the cheeks usually increases when this happens.

Meanwhile, psychologists have claimed it is easier to detect lies from language and speech than body cues. Liars allegedly distance themselves from the subject subconsciously ('that man' instead of using their name) and will also use a disproportionate amount of first person pronouns such as 'me' and 'I', as well as more formal language.



LIAR, LIAR: Can you tell if someone is really telling the truth?

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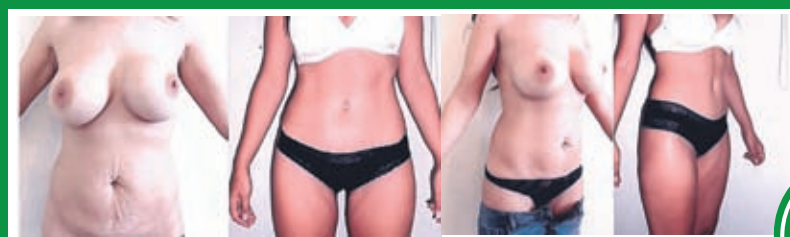
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RECENT research from GAES, a company that specialises in hearing correction in Spain, has revealed that only one in 10 Spaniards get their ears checked from time to time, while 20 per cent revealed they have never had an ear exam.

According to the World Health Organisation (WHO), there are about 350 million people who suffer from hearing problems globally, and it has been estimated that 8 per cent of the Spanish population suffers from hearing loss.

However, 89 per cent of Spaniards said they pay little attention to their ears and 70 per cent consider it a problem associated with old age.

However, Juan Royo, a hearing specialist, revealed that there are an increasing number of young people who suffer from hearing problems.

Bad habits such as listening to music at a high volume and going to loud nightclubs are reportedly to blame for the issue, so Royo recommended protecting the ears against loud noise and regularly checking your hearing.

The first symptoms of

Hear, hear!

hearing difficulties are: having problems when following a conversation, not understanding some words and listening to the TV or music at a higher volume than usual.

To help keep your ears healthy, you should treat ear infections early, listen to music at a low volume, especially when using headphones and try to keep water from getting into your ears as much as possible.



LISTEN UP:
Keep music
at a low
volume to
protect your
ears.

Ask the Optician: Get to know your optometrist

Mike Stone, Store Director Specsavers Opticas Javea and Calpe Sergio Bordajandi and Miriam Garcia Verdu from Alicante have recently returned home to the Costa Blanca after four years working and gaining experience in the UK to start work at Specsavers Opticas in Javea and Calpe. We asked them some questions so you can get to know them better.

■ Where did you study?

We both studied optometry at the University of Alicante, before doing a Masters in Clinical Optometry at the Universidad Europea de Madrid. After gaining work experience locally, we moved to the UK.

■ Where did you work in the UK?

We worked for several leading opticians, including Specsavers, and had the incredible opportunity to work at Moorfields Eye Hospital - the leading provider of eye health services in the UK and a world-class centre of excellence for ophthalmic research. By working there, we were able to be at the cutting edge of ophthalmology and learn a huge amount from some of the world's best professionals.

■ Why did you move home?

After four years in the UK, we were missing home and wanted to be closer to family and friends. We had both worked for Specsavers in

the UK, so contacted them to see if they were recruiting and luckily for us the directors thought we were a good fit and offered us full time positions as optometrists.

■ How are you finding being back?

It's great to be home! Working in the UK was a very positive experience as we were able to experience optometry at the highest level. However, you can't beat the lifestyle and weather here on the Costa Blanca.

Specsavers Opticas is a great place to work, with a comprehensive professional eye test which ensures that your eyes are healthy, as well as your vision is good.

We are grateful for the opportunity to continue progressing in our careers while being close to family.

We look forward to helping residents of Javea and Calpe to get the best eye care and help them to find the solutions they need.

The power of mint

FRESH, soothing and relaxing, peppermint has apparently been used for medicinal purposes longer than most other herbs in Europe. Its use also dates back to ancient Japanese and Chinese holistic medicine.

There are few health issues it can't help to relieve, putting its essential oil up there with lavender for being one of the most versatile on the market.

Peppermint oil has a calming effect on the body and helps to soothe the skin. This makes it great for treating sunburn or any irritations, as well as soothing sore muscles following intense exercise.

It also has antimicrobial properties, which means it can help relieve digestive problems and freshen bad breath. The oil also has anti-nausea effects because it reduces muscle spasms in the stomach.

Sniffing peppermint oil can also help to unclog your sinuses when you have a cold and could also help to provide relief for respiratory conditions such as chronic coughs and asthma.

To book an appointment for an eye test with Sergio or Miriam, or to ask for their advice, call the store in Javea 966 463 420 or Calpe 965 835 367, or find your nearest store on the website www.specsavers.es.

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How often should hair be washed?

HOW often you should wash your hair is a source of debate among professional hair stylists, health experts and regular old hair washers alike.

So is there a set number of times you should wash it to guarantee shiny luscious locks?

Apparently, it all depends on your hair type, lifestyle and personal preference, so it would seem not.

Although over washing your hair will dry it out because it strips the hair of its natural oils, it depends on your hair type as to what qualifies as over washing.

Oily hair may need to be washed every day whereas dry hair should be washed a maximum of two times a week. Those with normal hair should aim for something in between, depending on preference.

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Pain in the hip and outer thigh

A common complaint often seen in practice is a pain around the hip. This pain often radiates into the buttocks, groin and through the outside edge of the thigh to the knee. It is often accompanied with the sensation that the knee is instable and lying in bed on the painful side is impossible.

Frequently it is thought that these complaints are caused by wear and tear or bursitis in the hip. Thorough examination shows more than often that a misaligned pelvis is the underlying cause of this problem. Because the hip joint is part of the pelvis, the hip joint is also twisted in an awkward position to compensate. This often affects the bursa and gets irritated. This change of position in the hip puts the knee in an abnormal position.

This creates instability and a lot of people with this complaint drop through the knee without any pain. The pain on the outside of the leg is caused by too much tension of a muscle on the outside of the leg which is attached to the pelvis and the knee capsule.

Because of the position change, the distance between pelvis and knee has



increased and the muscle puts more pressure on the bursa in the hip which makes lying on that side impossible. If the sciatic nerve gets irritated as well, patients complain of pain or pins and needles in the affected leg.

This complaint is a complex disorder with many biomechanical compounds that interact and cause a lot of different pains. Accurate diagnosis is

essential to handle this complaint properly. An officially registered chiropractor can help you to get rid of these complaints. Our clinic has great results in treating this problem.

Unfortunately, chiropractic in Spain is an unprotected occupation and anyone can call themselves chiropractors. Frequently patients say that they already have been to a

chiropractor, but often they have visited an unregistered therapist who calls himself a chiropractor.

An officially registered chiropractor has done a full-time five-year university course, which is more or less the same as the first 5 years of medical school. During this entire study, emphases are put on a specific refined technique of treating the spine and the elimination of risks.

To give you an idea, in the Costa Blanca there are only 3 REGISTERED chiropractors with the appropriate training. Check if your chiropractor is a member of the Spanish Chiropractic Association on www.quiropractica-Aeq.com. If your chiropractor is not registered at this website, they haven't done a study accredited by the International College of Chiropractic and are actually NOT chiropractors.

For more information or an appointment please contact our clinic in Calpe.

Tel: 965 875 917
Quiropráctica Calpe
Jason Gast (Doctor of Chiropractic)

How to tackle night-time anxiety

IT'S a common problem, as soon as the lights go off, the mind suddenly switches on and all attempts to go to sleep go out the window.

Being haunted by anxiety while you're trying to rest is bad timing to say the least, but there are several simple things you can do to put a lid on your worries and help you finally drift off.

An easy way to get your mind in the habit of going to sleep when you want it to is to establish a night-time routine that works for you and stick to it.

Whether it's having a bath at the same time each evening before you go to bed, or reading a chapter of a book, having a set routine in place will help your brain to recognise when it's time to go to sleep, making it easier to switch off. The more you stick to the routine, the easier it will be to fall asleep



SLEEP TIGHT: There are more ways to fall asleep than counting sheep.

when you want.

You should also try to avoid stimulants, like alcohol and caffeine, in the last few hours before you go to sleep.

As alcohol is a stimulant as much as it is a sedative, it makes us more likely to wake up in the night, as it gets metabolised so quickly and it leaves the body wanting more.

Meanwhile caffeine takes six hours to leave the body, so try and have your last cup of tea or coffee before 3pm and your last glass of wine at 7pm if you want to go to sleep at 10pm.

Staring at bright screens also prevents us from being able to switch off, so try to keep all smartphones, tablets and TVs out of the bedroom.



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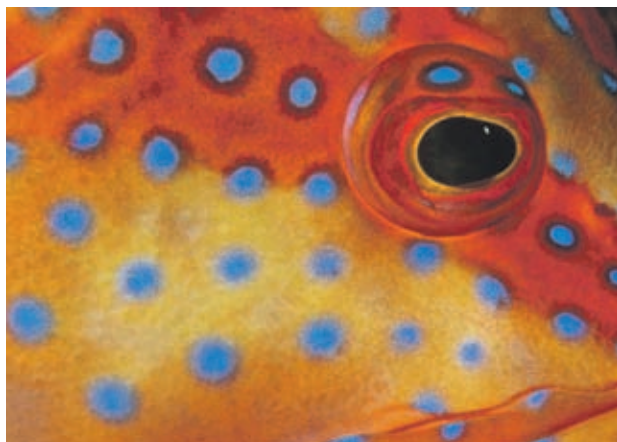
Vanishing Beauty: a photographic odyssey

ON Thursday, March 15, at 8pm in the Llevant Hall of the La Nucia Auditorium, the Vanishing Beauty photography exhibition by Dos and Bertie Winkel will officially open.

The photographic exhibition consisting of underwater photographs and tribes of the world will be the 129th offered by Auditori de la Mediterrània since the cultural centre was opened in La Nucia in 2007.

Vanishing Beauty is a free to view exhibition of underwater photographs and tribes of the world produced by Dos and Bertie Winkel and will run until Tuesday April 10.

Dos Winkel will offer a talk in English about the content of



The eye of one of the fish photographed by Dos Winkel (part of a collection).

the exhibition and about underwater photography and the protection of the oceans, with special emphasis on the degradation of the seas and their situation around the world.

In addition the group Jazzify will perform their brand of fusion music of various styles and all attendees to the opening ceremony (which is free) will be of-

fered a glass of wine.

The Dutch couple have been exploring the world together since 1967, with Dos particularly interested in the sea and Bertie in tribes of the world.

Both are committed to exposing the threats to the world that they love and have made 13 documentaries for television as well as publishing books and curating exhibitions of their photographs in different countries.

Dos Winkel is also the founder of Sea First Foundation, an NGO that is dedicated to raising awareness about the degradation of life in the oceans and the need to protect it by reducing threats and damage to the oceans.



Announcing the 11th Mostra Gastronòmica Benissa.

The local sausage takes centre stage

ACCORDING to Miguel Ruiz, Denia Chef and proprietor of El Baret de Miguel, "The sausage is not just a piece of meat, it's a journey through its spices."

And it's the local sausage that will be the hero of the 11th Mostra Gastronòmica Benissa.

This special event will be held at the Centre d' Art Workshop d'Ivars with a tapas fair this weekend starting tomorrow (Friday). You can also enjoy the tail end of the Gastronomic week being celebrated at different bars and restaurants in the town as well as the 18th Benissa Wine Contest, various gastronomic tastings, pairing of different wines with sausages and the first Benissa Cocktail Contest. Different sausages include the traditional sobrasada, the botifarra, the Easter sausage as well as plenty of other versions of this tasty local comestible.

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Another singing star

THERE will be a very special guest at the Benidorm Palace on July 22 when singer Pastora Soler performs numbers from her 11 studio albums.

Starting as a Flamenco singer at the age of eight, she is now a popular Spanish entertainer who represented Spain in the 2012 Eurovision Song Contest.

The multi award winner has worked with some of the best names in Spanish pop including Alejandro Sanz, Raphael, Monica Naranjo, Armando Manzanero, Malú, David Bustamante and Miguel Poveda.

With performances over the years across Europe, South America, the USA, Egypt and Italy as well as a Spanish tour, her latest album *La Calma* was released in September of last year.

Tickets for the concert which starts at 9.30pm cost €25, €30 and €39 direct from the Benidorm Palace.

What's on!

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Enjoy Family Day each month in Calpe

THIS Sunday sees the very first Family Day in Calpe as the local department of education and youth has launched an annual programme of activities with leisure and entertainment proposals aimed at families.

The initiative consists of a day of activities each month that, depending on the time of year, will take place either outdoors (in the Parc de la Creativitat or the Promenade) or in municipal facilities such as the House of Culture, Auditorium or Library.

The programme includes a number of varied activities which might cover storytelling, workshops, games, magic, inflatables, water activities, music and theatre performances with the objective of offering family leisure activities which are free and encourage participation.

The Council has allocated a



Photo Credit: Ayuntamiento de Calpe

FAMILY DAY: Announcing the new initiative.

total of €40,000 for this programme that will start this Sunday, March 11, at the Parc de la Creativitat and runs from 10am to 2pm, with the emphasis on traditional outdoor games.

The next activity will take place on April 8 with a programme based on the story of Robin Hood that will also be

held at the Parc de la Creativitat.

In May there will be a reading in the Municipal Library and in June the activity moves to the seafront of the Arenal-Bol and in July there will be a water party appropriately going under the title Hello Summer in the Parc de la Creativitat.

Please pass the port

PORT, a fortified wine similar to Marsala and Madeira, is produced exclusively in the Douro Valley in northern Portugal.

Though typically red and sweet, port - taking its name from the city of Porto - also comes in dry, semi-dry, rose and white varieties.

Rich and sweet, it is also high in alcohol content due to the addition of neutral grape spirits, known as aguardente. This is done to halt fermentation, leaving residual sugar which boosts the alcohol level prior to storing and ageing in sealed glass bottles or barrels.

More than 100 varieties of grapes, all suitable for long-ageing wines, are sanctioned for port production, although only five - Tinta Cão, Tinta Barroca, Tinta Roriz, Touriga Francesa, Touriga Nacional - are widely cultivated.

The four main styles of port are:

Ruby: Bright red with full bodied fruitiness; the most extensively produced and generally does not improve with age.

Tawny: Sweet or medium dry, made from

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PORT: Comes in many varieties.

red grapes. Can be aged for years in wooden barrels and as a result of the oxidation gradually mellows to a golden-brown colour and gains a caramel, nutty flavour.

White: From white grapes, can go from dry to very sweet. When matured in wood for long periods the colour can darken substantially.

Rose: A new style made like rose wine, with flavours of strawberry and caramel.

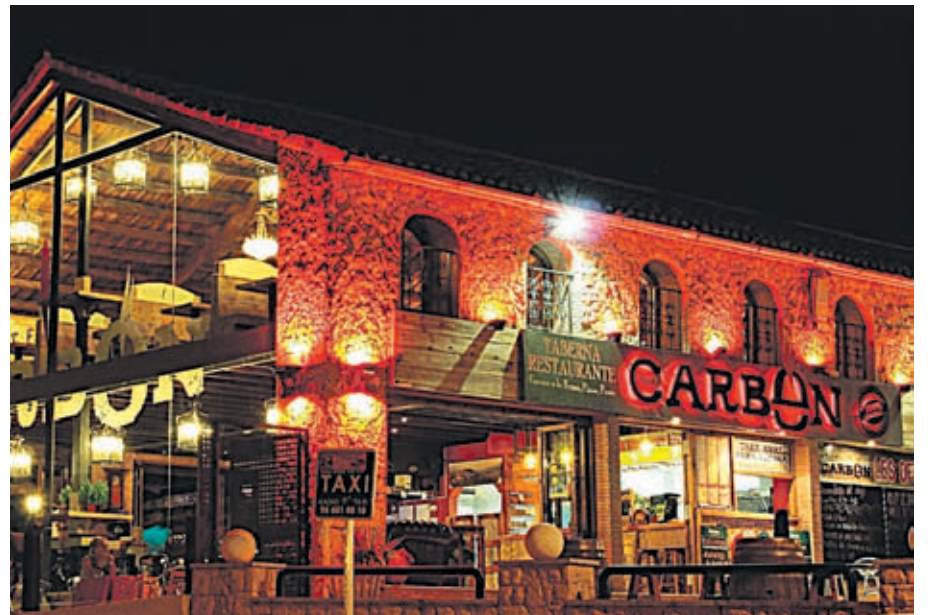
Apart from white port, which can be served chilled, port should be served at around 16°C.

Vintage ports need to breathe and require decanting. Once opened they are best consumed within a short period although aged types may keep for several months.

Happy tasting.

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TREE PLANTING: The current flora in the area.

The Dia de l'Arbre at the Punteres de Gosalvez

THIS Sunday, the Dia de l'Arbre (Day of the Tree) returns to Campello between 10am and 1pm.

This time, the local council in the form of Councillor Cynthia Alavés will be arranging for the planting of 800 trees in the recreational area of Les Punteres de Gosalvez.

There will be 300 Ceratonia siliqua (common name Carob tree), 200 Tetraclinis articulata (a form of Moroccan Cyprus), 200 Pistacia lentiscus (hailing from Greece and known for its aromatic resin) and 100 Celtis australis (known as a Nettle or Hackberry tree).

Councillor Cynthia Alavés, said that "unlike the previous years it has been decided to carry out a day of reforestation in the Paraje de Punteres de Gosalvez to celebrate the day of the tree.

"This year this activity is more forestry than ever and the work of planting will be

harder than if planted in urban plots where the characteristics of the land facilitated the work.

"The objective is to implant new arboreal and shrub species in this area in order to increase biodiversity, protect and conserve our environment, as well as to value such a representative area of our municipality. With this initiative we also want to highlight that this natural space, typical of our municipality, is of a high environmental quality."

The species that will be used in reforestation have a high ecological value and have been chosen based on their adaptation to the environment with the aim of trying to achieve the greatest possible success in the establishment of new plants, this year.

As well as the planting, work will be undertaken to save the plants by use of protectors that will keep rabbits, rodents and goats

from attacking them and will also act to defend the plants against humidity and temperature.

Five members of council staff will regularly inspect the area for dead plants which will be replaced and to irrigate the land as and when necessary.

The council will supply all of the tools necessary for the planting and children will be encouraged to write and draw about the activities of the day.

There will be a free brochure explaining the characteristics and curiosities of the introduced species and the council is laying on a free bus that will be making trips from the Casa de Cultura to the picnic area and back.

Those who plant trees can name them so that as they grow, the individuals involved will be able to show their commitment and contribution to a healthier environment for the future.



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The Sistine Chapel

GUEST speaker at the next meeting of the Arts Society of Marina Alta will be Daniel Evans who will explain his view of the painting of the Sistine Chapel.

Daniel is an educationalist with a passion for all things Italian. Formerly Head of History of Art at Wycombe Abbey School, Dan is now Deputy Head of Sixth Form at Cheltenham College. He has been lecturing since 2001, and spent nine years working as a senior lecturer, tutor and tour guide for Art History Abroad.

The Sistine Chapel ceiling was painted by Michelangelo between 1508 and 1512 and is a cornerstone work of High Renaissance art.

The ceiling's various painted elements form part of a larger scheme of decoration within the Chapel, which includes the large fresco The Last Judgment on the sanctuary wall, also by Michelangelo.

Michelangelo was (reportedly) grumpy, dirty, ugly and tight-fisted, but produced sculpture, painting and architecture of such startling beauty and originality that two biographies were written in his lifetime.

Doors open at the Salones Canor Teulada at 10am on Thursday April 5 with the talk due to start promptly at 11am. Visitors are



INTERIOR: Of the Sistine Chapel.

welcome but will be charged €12 admission.

For more details of the Society and how to join please contact secretary@marinaaltaarts.com or view their website www.marinaaltaarts.com.

Verdi's Il Corsaro

CONCERTS COSTA BLANCA presents in association with Les Arts (Valencia Opera) Verdi's Il Corsaro.

This is an opera in three acts with the libretto by Francesco Maria Piave based on Byron's poem Le Corsaire.

The new production by Palau de les Arts (Valencia) and Opéra Monte-Carlo will be presented in Valencia on Sunday April 8 at 6pm.

The main performers will be Michael Fabiano, Kristina Mkhitarian, Oksana Dyka, Vito Priante and Evgeny Stavinisky supported by the Cor de la Generalitat under Francesc Perales, chorus master

The music will be performed by the Orquestra de la Comunitat Valenciana under the baton of Conductor Fabio Biondi.

Tickets will cost €85 including bus from Javea (€95 from Alfaz) or €80 if you are making your own way there with a closing date for booking of next Tuesday March 13.

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THE popular British television series *A Place in the Sun* has taken a battering from the weather this week while filming in Spain.

The *Channel 4* TV programme that helps British couples swap the grey skies of Britain for sun, sea and sand abroad came unstuck when the crew encountered bad weather bringing production to a halt.

Presenter Jasmine Harman, who has worked on the show since 2004, took to social media as the crew retreated indoors on the Costa del Sol.

In a series of posts, the TV star even joked, "I'm sure it says '*A Place in the Sun*' on my contract! This is not what I signed up for! I might just have to have a diva strop!"

She went on, "The rain in Spain falls mainly on... us!"

Before adding, "Whoops! This weather is bonkers! I've been feeling left out of all the extreme weather posts, but now we've had torrential rain, gale force winds, glorious sunshine and pea soup fog all within half an hour...!"

And then she went on, "It's not snowing, but just to let you know, it's not all sunshine and roses here in Spain either!"

The popular programme first aired in 2000 and has seen spin-offs including an overseas property exhibition.

Not 'a place in the sun'

Rain affects filming for C4 show



CREDIT: Facebook/JasmineHarmanOfficial

PAIN IN SPAIN: A Place in the Sun called a halt to filming.

INTEREST in Spanish real estate from Scandinavian nations is rising steadily as life in the sunny south draws buyers from colder climes.

Second-home buyers are driving the recovery in Spain's property market, and Swedish buyers now rank among the top five nationalities of foreign purchases in 2017.

According to government statistics, Swedish nationals accounted for

6.4 per cent of all foreign property transactions, last year.

They also represented 10 per cent of all purchases made with Spain's top builder, Taylor Wimpey España, with low cost flights contributing to the trend.

A recent report from Knight Frank

states that Spain is forecast to trump the UK as a favoured investment location in 2018, with Scandinavian buyers accounting for 80 per cent of all the company's Marbella luxury developments in 2017.

Marc Pritchard, Sales and Marketing Director of Taylor Wimpey Es-

paña, said:

"Spain's economy is the fastest growing in the Eurozone, bringing greater confidence back to the property market and thus attracting demand from North European countries.

"Many Swedish buyers are look-

ing at other destinations other than their beloved Costa Blanca, with the new Bahia Sant Pere development in Mallorca, for example, in very high demand."

Norwegians and Danes are also increasing their Spanish property purchases, with Norwegians making up 2.2 per cent of foreign sales in 2017, while Danes accounted for 1 per cent.

The Nordics are coming



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Credit: Twitter @theinformation

FAIR BNB: Brian Chesky hopes the changes will restore his company's reputation.

Quality Airsurred

AIRBNB is sending out inspectors to assess thousands of properties listed on its home rental service, in an effort to reassure customers of their quality.

The plus programme is aimed at winning over travellers who are sceptical of the current rating system drawn from guests' comments.

The volume of misleading reviews that have been posted through Airbnb has become a big enough problem to spawn a website devoted

to horror stories.

These have ranged from an overcrowded, dirty, hippy commune in Pasadena, California, to a Paris vacation ruined in a mouldy, bug-ridden apartment.

"You realise over time that you do have to take more responsibility for your platform, you have to be hands on, you have to make judgements," said Airbnb CEO Brian Chesky in an interview with The Associated Press.

The plus programme will

initially cover about 2,000 properties in 13 cities including: Barcelona, Cape Town, Los Angeles, London, Rome and Sydney.

It is of course a fraction of the roughly 4.5 million properties listed on Airbnb across 81,000 cities worldwide.

At a time when the company's growth has been slowing, by the end of the year Chesky expects 75,000 homes to be verified in 50 cities.

Despite its popularity

though, Airbnb remains unprofitable, posting a loss of \$75 million (€60.8 million) on revenues of nearly \$2.6 billion (€2.1 billion) in 2017.

Chesky is responding by developing Airbnb into more of a traditional hospitality company instead of an industry renegade.

Changes include discounts and perks for frequent customers, and the addition of bed and breakfast inns and boutique hotels.



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Ancient gardening calendar for planting and harvesting

THE home gardener has many advantages from the development of gardening techniques, tools and machines to help ease the work in the garden.

Modern technology has contributed greatly to increased production of food as demand for improved methods to increase quantity overshadows the need for quality. Many are

now questioning what we can do to improve quality.

There is great demand from many people to have better quality food as can be seen by the flourishing of organic product stores and availability in supermarkets of ecological products.

Along the way to having increased production through streamlining and controlling the environment many traditional techniques have been lost due to not being economical or their influence is not relevant with the powerful effects that environmental controls from chemi-

cal treatments can provide.

A home gardener can take advantage of modern knowledge and the ancient gardening techniques that has sustained us for thousands of years.

In the Spanish countryside you find many people still follow traditional techniques to grow their gardens. Usually they have just been brought up gardening in this way and the knowledge is passed from generation to generation.

A neighbour of mine had a flourishing garden based just on compost and had never learned about the use of chemicals in

his garden as he had solutions for most problems in the way it had always been done. When he did look at chemical solutions he just thought it was too expensive to solve things he could resolve in natural ways.

Of course most natural solutions take time, patience and work that commercial growers could not do and retain a competitive position in today's world. If you have time to adopt more wholesome methods in your home garden you can be rewarded with far more nutritious and health promoting results.

One technique that is followed by many traditional gardeners in Spain and around the world is the lunar calendar. It is used to determine the best timing to plant and harvest different types of plants and other activities in the garden.

Many traditional gardeners just know the times for the various activities, having done it all their life but there are calendars available that explain in detail the best timing for different jobs. Booklets on the information of traditional methods are often called farming or gardening almanacs.



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Advertising Feature

Michael's of Javea

IT was more than 30 years ago that Michael moved to Spain from Doncaster where he had run a second-hand furniture business.

Sticking to what he knew, he opened up a second-hand furniture shop in Javea and soon opened a second shop, and then a third, which sold new beds.

Nowadays the business is managed by son-in-law Christian allowing Michael to take a step back.

Being very aware of the expectation of today's customers in the 21st century, Michael's of Javea has a strong presence on the internet. Both their website and their Facebook page carry good quality photos of their stock, enabling people to browse on a regular basis.

As items for sale change daily, both the website and Facebook page are updated every Friday morning and the internet business is certainly growing.

All items have a reference number, and good quality photos mean people are able to see what's on offer without visiting one of the shops.

Despite the high quality of the items, some will, of course, show signs of wear or damage, so photos highlight any such issues and people know exactly what they are buying.

People can save a lot of money with their high quality second-hand furniture compared to new prices and they have the biggest range in the area, and possibly on the Costa Blanca.

For those wanting to sell furniture, it is possible to send photos prior to making an appointment for Christian to come and view, make an offer, then arrange for the van to come and pay cash before taking the item away.

Michael is enjoying his retirement,



Always expect a good deal at Michael's of Javea.

spending time with his dogs and doing his gardening. He often pops in and enjoys meeting up with some of his regular customers, who are always asking after him.

Why not take a look at their Facebook page, or visit their website - <http://michaels-javea.com>.

The three shops are all situated in Javea and each can be contacted by telephone for details of opening times.

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The healing herb

AS well as becoming increasingly popular in gardens, Echinacea is also becoming more widely known for its medicinal properties.

Used as a healing herb for hundreds of years, the Native Americans used Echinacea for more medicinal purposes than any other plant. Echinacea is great at treating colds and flu and has no known side effects.

It can also be used to treat skin conditions such as eczema and urinary tract infections and acts by triggering the immune system.



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A dog is not a human baby

David
THE Dogman

columnists@ewnmediagroup.com



ANTHROPOMORPHISM (not for those that love their dog!) is the word that is used when we believe dogs have the same feelings and emotions as humans and they understand our language. A mistaken belief, of course.

Dogs are not small, fur-clad human beings. They are canines. True, they are man's best friend and companion because their natural instincts and hierarchical society blends into our own, and because they show loyalty and devotion to the hand that feeds them.

As we have seen in wolves, this bonding between man and dog happened thousands of years ago when both man and wolf lived similar nomadic lives as hunters, roaming the



MAN'S BEST FRIEND: Dogs do not operate in the same way as humans.

country to seek food.

The dog's adaptation to our way of life was assisted and accelerated by man using selective breeding to develop the most desirable features, first to work for us and then to turn them into pets.

Even so, there remain of course fundamental differences between us and our dogs. To take just one example, dogs live totally in the present moment.

They do not worry about the past. They do not dream about the future.

They are not endowed with imagination or feel grief, hate, jealousy or greed or other emotions that bedevil our human society. They do have a high sensory ability which is often mistaken for a kind of sixth sense.

They will understand that certain words like 'Sit', 'Stay', 'Down' require the right reaction if they are to be rewarded with a tit-bit or praise. They will understand whether your tone of voice and your facial expressions are good or bad when you are talking to them, in whatever language, but they will not understand longer phrases.

We often attribute human emotions to dogs when, in fact, they are reacting instinctively. We assume our dog is happy to see us when we return home and it looks pleased and wags its tail. All it is doing is reacting in the same way a wolf puppy reacts when the pack returns with food from a hunt.

It behaved in the same way when it

was feeding from its mother along with the rest of the litter. It is true the dog is enjoying a pleasurable experience but it is not pleased in human terms.

Another example of anthropomorphism is when we believe our dog is 'sulking' when it returns home from a stay in kennels, or is grieving over the death of a member of the family.

In the latter case, what it will be feeling is the loss of a higher member of the 'pack' and the anxiety caused by no longer knowing its position in the family hierarchy.

It will also be confused by the vibrations of distress it picks up from the family. Once the 'pack' has settled down again, the dog will make a quick recovery, for it lives in the present and doesn't mourn the past.

So please do not attribute dogs with human emotions. Try, instead, to understand their simple canine minds, which are untroubled by so many of our emotions.

Designer puppies

LEGEND of stage and screen Barbra Streisand recently revealed she had cloned her late dog Samantha before she passed away last year.

Her two new dogs, Miss Violet and Miss Scarlett, were reportedly cloned from cells taken from Samantha's mouth and stomach.

Ms Streisand told *Variety* magazine the two pups "have different personalities."

"I'm waiting for them to get older so I can see if they have her brown eyes and her seriousness," she said.

Since the revelation, PETA has come out to criticise Ms Streisand's decision, with PETA's president Ingrid Newkirk stating "We all want our beloved dogs to live forever, but while it may



Photo credit: Barbra Streisand/Facebook

PUPPY REPLICAS: Barbra Streisand with her cloned dogs.

sound like a good idea, cloning doesn't achieve that. Instead, it creates a new and different dog who has only the physical char-

acteristics of the original.

"When you consider that millions of wonderful adoptable dogs are languishing in animal shelters every year or dying in terrifying ways when abandoned, you realise that cloning adds to the homeless animal population crisis" Newkirk went on to say, "And because cloning has a high failure rate, many dogs are caged and tormented for every birth that actually occurs".

If you want your dog's DNA to live forever, it will set you back at least a whopping €40,000.

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Client testimonial

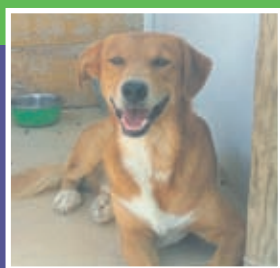
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Lorna, home & pet owner.

(More reviews in Trustpilot)

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MOTORING FACT

The top speed at the world's first real automobile race in 1895 was just 15 mph.

Jaguar reveal new electric I-PACE

JAGUAR has revealed its first battery operated vehicle, the I-PACE, reportedly as a direct competitor to the Tesla Model X.

First debuted as a concept in 2016, the I-PACE made its official public debut at the Geneva Motor Show on Tuesday.

The brand new I-PACE from the British car giants can reportedly accelerate from 0-

100 km/h in just 4.8 seconds while one full charge provides a range of 480 km (298 miles) which the company claim can be topped up from 0-80 per cent in just 45 minutes.

There are five full seats, innovative storage and a substantial rear loadspace, while the I-PACE also delivers all-surface, all-weather drivability.

Its 90 kwh battery is made

up of high energy density lithium-ion, which supports longevity as well as periods of sustained maximum power with the car's total output registering at 395 bhp and 696 Nm of torque.

The I PACE also features a 'Touch Pro Duo infotainment system' which makes it simple to control all the car's tech-

nologies. 4G Wi-Fi capability is standard and a host of connectivity additions mean it's easy to keep in touch with the digital world.

Jaguar's design director, Ian Callum, told Top Gear: "What I immediately saw as a

designer was opportunity. We've done the long bonnet,

big engine thing, quite a few times actually, and we've done all these sports cars. I've got that out my system now.

"The shape of this has been in my head for a long time. How could you do a mid-engined family car? Well you can't because you've got to put the children in the back, so this was my opportunity. It just unshackles you from so many things."

Prices reportedly begin at just over €66,000 (£58,995) with orders now being accepted.



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Manual, Diesel
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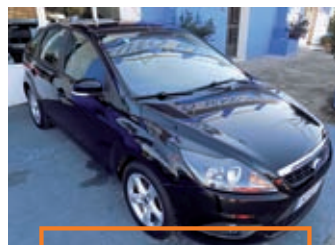
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Tanks for the memories!

A TANK said to have been used in the Gulf War during the early 1990's is going up for sale online.

The Sultan Armoured Command Tank, which has reportedly seen active military service in the last 30

years, will be put up for sale on eBay for just €19,000 (£17,000).

Built in 1979, the tank is fitted with a Jaguar XJ6 5.9-litre petrol engine and has a top speed of approximately 77 km/ph (48 mph).

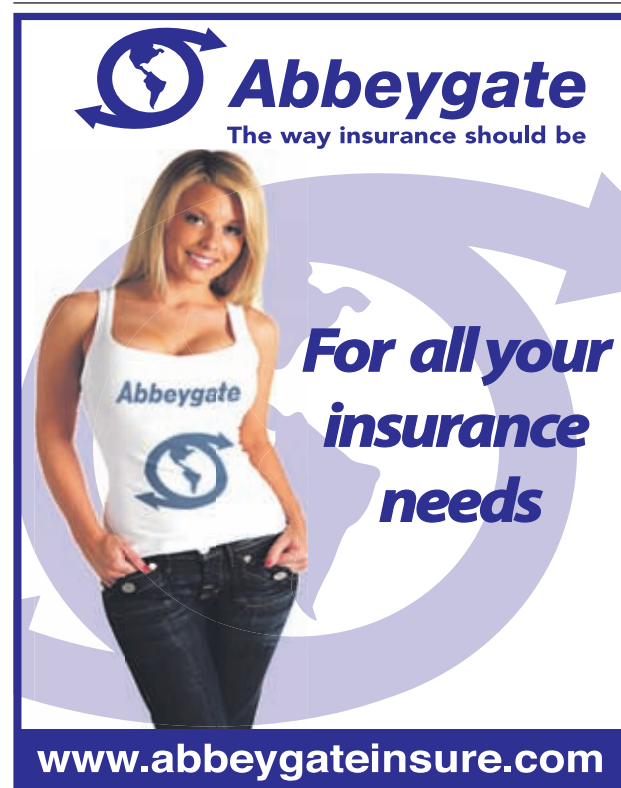
Named the 'Ypres' after the famous Belgian town from the Second World War, the tank weighs more than 8,300 kilos but can be driven on the road; provided the driver completes a two-day H licence course for tracked vehicles.

Seller, Gavin Mayall, told British media: "As tanks go the Sultan family is considered to be very manoeuvrable and agile... and can be accurately driven by almost anyone, all that is required to drive on the road is a two-day course for an H licence.

"She was built in 1979 and was fitted with the lovely Jaguar XJ6 straight six petrol engine.

"The UK military converted the tank to diesel and she was retrofitted with the highly desirable 5.9-litre engine.

"There is some evidence of yellow paint beneath the green paint so she's been somewhere hot possibly the Gulf, Iraq or Afghanistan."



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La Liga Preview

Barcelona look to continue title march in Malaga

BARCELONA travel to Malaga on Saturday as top meets bottom of the table with just 11 games of the La Liga season left to play.

The Catalan giants moved eight points clear after securing victory in their top of the table clash with Atletico on Sunday but will have one eye on Wednesday's Champions League tie against Chelsea as they head to La Rosaleda.

A stark contrast to Saturday's opponents, with Malaga currently finding themselves rooted to the bottom of the league, eight points adrift of safety and without a win since December 10.

The race for European football continues as fourth placed Valencia travel to fifth placed Sevilla.

Sevilla, who currently sit eight points behind Valencia, kept their faint hopes of a top-four finish alive with a 2-0 win over Athletic Bilbao on Saturday and will look to increase their hold on fifth with a win against their rivals in the race for the Champions League.

That is provided that Villarreal fail to



MAGIC: Messi scored his 600th career goal in the win over Atletico.

find a way past relegation threatened Las Palmas on Sunday.

Las Palmas held on for a memorable draw against Barcelona last week, but were beaten by a last gasp goal against Celta Vigo on Monday to remain in La Liga's bottom three just a point behind Levante.

The Gran Canarian side could drop to 19th place before they kick off if Clarence Seedorf's Deportivo La Coruña manage to pick up three points against Girona tomorrow (Friday).

Deportivo are yet to win under Seedorf but have managed two draws in their last three games, whereas Girona are looking

Weekend's fixtures in full

Tomorrow (Friday)

Girona vs Deportivo La Coruña

Saturday

Eibar vs Real Madrid

Sevilla vs Valencia

Getafe vs Levante

Malaga vs Barcelona

Sunday

Espanyol vs Real Sociedad

Atletico Madrid vs Celta Vigo

Las Palmas vs Villarreal

Athletic Bilbao vs Leganes

Monday

Alaves vs Real Betis

SPANISH LA LIGA 2017/18 TABLE

TEAM	PI	W	D	L	F	A	Pts
1 • Barcelona	27	21	6	0	70	13	69
2 • Atlético	27	18	7	2	45	12	61
3 • Real Madrid	27	16	6	5	65	29	54
4 • Valencia	27	16	5	6	52	30	53
5 • Sevilla	27	14	3	10	36	40	45
6 • Villarreal	27	12	5	10	36	32	41
7 • Girona	27	11	7	9	38	36	40
8 • Eibar	27	11	6	10	34	39	39
9 • Celta	27	11	5	11	45	39	38
10 • Betis	27	11	4	12	43	52	37
11 • Getafe	27	9	9	9	33	25	36
12 • R. Sociedad	27	9	6	12	49	48	33
13 • Leganés	27	9	6	12	23	32	33
14 • Athletic	27	7	11	9	27	31	32
15 • Espanyol	27	7	11	9	24	33	32
16 • Alavés	27	10	1	16	24	39	31
17 • Levante	27	3	12	12	22	42	21
18 • Las Palmas	27	5	5	17	20	55	20
19 • Deportivo	27	4	7	16	25	57	19
20 • Málaga	27	3	4	20	16	43	13

Champions L.

Europa L.

Relegation

PREMIER LEAGUE 2017/18 TABLE

TEAM	PI	W	D	L	F	A	Pts
1 • M. City	29	25	3	1	83	20	78
2 • M. United	29	19	5	5	56	22	62
3 • Liverpool	29	17	9	3	67	32	60
4 • Tottenham H.	29	17	7	5	55	24	58
5 • Chelsea	29	16	5	8	50	26	53
6 • Arsenal	29	13	6	10	52	41	45
7 • Burnley	29	10	10	9	24	26	40
8 • Leicester City	29	9	10	10	41	42	37
9 • Watford	29	10	6	13	39	47	36
10 • Brighton	29	8	10	11	28	38	34
11 • Everton	29	9	7	13	33	49	34
12 • Bournemouth	29	8	9	12	34	44	33
13 • Swansea City	29	8	6	15	25	42	30
14 • West Ham Utd.	29	7	9	13	36	54	30
15 • Huddersfield Town	29	8	6	15	25	50	30
16 • Newcastle United	29	7	8	14	27	40	29
17 • Southampton	29	5	13	11	29	41	28
18 • Crystal Palace	29	6	9	14	27	46	27
19 • Stoke City	29	6	9	14	28	54	27
20 • West Bromwich	29	3	11	15	22	43	20

Premier League preview

Derby day could decide second place

by Ben Park

MANCHESTER UNITED will look to continue their good run of form as they host red-hot Liverpool on Saturday in a match that may determine second place in the Premier League.

Second placed United produced a stunning comeback on Monday as they came from 2-0 down to secure a last-gasp 3-2 victory thanks to Nemanja Matic's world class winner.

While Manchester City continue their march towards the Premier League title, the

race for second is still very much in the balance with bitter rivals United and Liverpool both in the hunt, with Tottenham right on their tails.

After returning to second following their dramatic win over Crystal Palace, another win on Saturday for United would see them move five points clear with just eight games left to play, but they will undoubtedly have one eye on Tuesday's second leg Champions League fixture against Sevilla at Old Trafford, having drawn 0-0 in Andalucia two weeks ago.

Fourth placed will look to keep up the pressure on their North-West rivals as they head to Bournemouth.

Bournemouth have lost just one in their last six but have also only won one during that time, whereas Tottenham have won four and drawn two in the same period. Elsewhere, Arsenal will be desperate for three points as they

Weekend fixtures in full

Saturday

Manchester United vs Liverpool

Everton vs Brighton and Hove Albion

Huddersfield Town vs Swansea City

Newcastle United vs Southampton

West Bromwich Albion vs Leicester City

West Ham United vs Burnley

Chelsea vs Crystal Palace

Sunday

Arsenal vs Watford

Bournemouth vs Tottenham

Monday

Stoke City vs Manchester City

host Watford at the Emirates on Sunday.

The Gunners play AC Milan later this evening (Thursday) in the Europa League Round of 16 after their fourth consecutive loss for the first time since 2002 as they went down 2-1 to Brighton on Saturday, leaving them 13 points outside the Champions League places.

At the other end of the table, Newcastle host Southampton with both teams sitting worryingly close to relegation.

Game, Set, Match! Bautista Agut wins first ATP crown

SPANIARD Roberto Bautista Agut claimed his first ATP 500 Series title after a 6-3, 6-4 win over Lucas Pouille in Dubai.

Bautista Agut, who came into the match having recently won New Zealand's ASB Classic, took the upper hand early on in the match as he converted his fourth break point in the third game of the first set.

The Spaniard had only dropped one set en route to the final and continued to control the match, fighting off a break point before securing the first set in just 34 minutes.

And despite dropping a break in the second set, Bautista Agut battled back immediately to secure a

break of his own and dominated his own serve from then on to end the match.

Speaking to British media, the World No 16 said: "I was a bit nervous to close out the match. I have been working a lot this month and I was prepared to manage all the emotions and I did very well in the last game," said Bautista Agut.

"This tournament is very special. It is for sure going to be (always) in my heart and I am so happy I have won a 500 event.

"Lucas is a really great player, he has a great future and is playing unbelievable tennis in the last month. I want to wish him good luck for the rest of the season."



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Javea Green Bowls hold birthday bash

THE invitation called for brightly coloured clothes and everyone took this on board as they turned up for a fun day's bowling to celebrate owner and fellow bowler Brian Taylor's 80th birthday on Sunday.

Drawn teams of three played two games of six ends, but this was bowling with a difference as each end challenged players to bowls to the left of the jack, short of the jack, behind the jack and even bowling with their opposite hand.

This last instruction produced some hilarious results with a few wondering if they had been bowling with the wrong hand for years!

This fun format made for a level playing field for top bowlers and novices alike.

The overall winning triple with a score of 21 was Keith Beaman, Bob Johnson and Pete Shaw while the Spider was won by Heather Stephens.



BIG ONE: Owner Brian Taylor celebrated his 80th birthday on Sunday.

Afterwards a buffet was served with a glass of well deserved wine, Brian was presented with vouchers to spend at his leisure and a disco provided more exercise for those with energy still to spare.

The pain in Spain

Sprinter disqualified after 'winning title'

SPRINTER Oscar Husillos suffered a moment to forget at the World Indoor Championships after he suffered disqualification in the final.

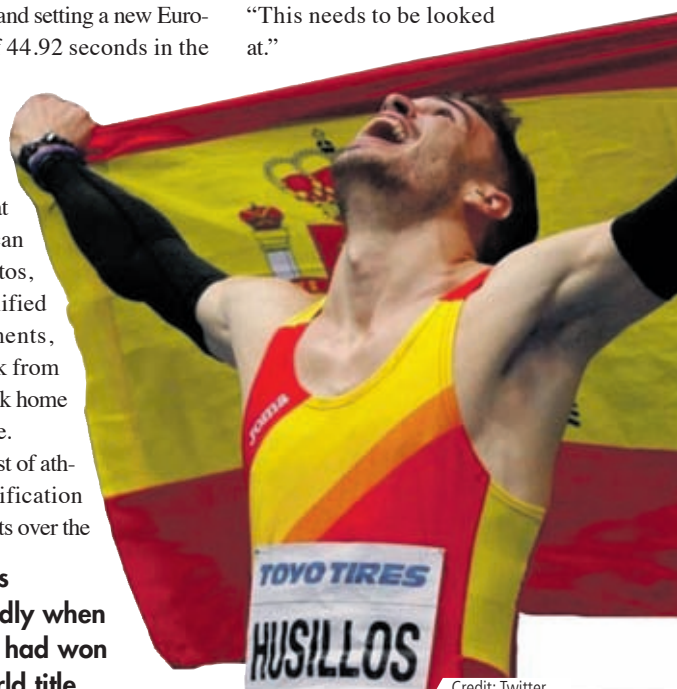
The Spaniard celebrated wildly after seeming to secure his maiden indoor 400m gold medal in Birmingham, and setting a new European indoor record of 44.92 seconds in the process.

But his celebrations were cut short as he was later told during a television interview that he, alongside Dominican sprinter Luguelin Santos, had both been disqualified due to lane infringements, meaning Pavel Maslak from the Czech Republic took home the title for the third time.

They joined a long list of athletes to suffer disqualification due to lane infringements over the

course of the three-day competition, leaving experts scathing and claiming that the issue needs to be addressed.

In commentary for the BBC, three-time Olympic gold medallist Michael Johnson said: "This needs to be looked at."



UPSET: Husillos celebrated wildly when he thought he had won the 400m World title.

Credit: Twitter

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MANCHESTER CITY recorded a Premier League record 902 passes in their 1-0 win over Chelsea at the weekend.

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Costa Blanca's best guide to local sport

Going from La Liga

President plans to play games abroad

LA LIGA President Javier Tebas has said that he remains determined to play at least one La Liga game abroad a season.

Tebas reportedly believes that playing 'one or two at most' Spanish top flight games abroad every season will improve the league's global popularity.

The Premier League had a similar plan 10 years ago, but the idea of a '39th game' played outside England was met with fierce opposition from fans.

Despite this, Tebas remains enthusiastic about the idea of playing one or two games a year outside of Spain and remains determined to become the first country to do so.

Speaking at the Web Sport Congress, the 55-year-old said: "It's a difficult and complicated issue because there are many things that need to be ironed out.

"But we want to be the first league that plays an official game outside its usual territory.

"We're not talking about playing all 380 games per season abroad; it will be one per season or two at most. We are now trying to get clubs to agree to the de-

cision." La Liga's formidable top-two, Real Madrid and Barcelona, were involved in the first 'Clasico' played on foreign soil last year, as they played a friendly in front of a full 65,000 seater Hard Rock Stadium in Miami, Florida in July.

May's El Clasico has now been scheduled for May 6 at 8.45pm to reportedly appeal to the American Market but La Liga's Head of Global Communications, Joris

Evers, expects neither team to be involved in an official game outside of Spain in the future.

He told Reuters at the end of last year: "It is unlikely for it to

be a 'Clasico,' as one of the key priorities is to expand awareness and present La Liga as much broader than Real Madrid and Barcelona.

"They are the biggest clubs

and brands within La Liga and we want to take advantage of the 'Clasico' to present the broader league, to talk to people about more stories and more clubs. "That's how we want to grow the story of our competition and the spectacle of entertainment we have each weekend."

PLANS: Tebas wants to play one game 'or two at most' abroad a season.



Credit: Twitter

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