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‘Healer’ event shut down

By Joe Gerrard

SPANISH health authorities have cancelled an ‘alternative medicine’ event scheduled for Alicante City due to fears poisonous chemicals marketed as a miracle drug could have been sold there.

The decision to cancel last Friday’s event, organised by self-described heal-

er Andreas Kalcker, came after Alicante’s College of Physicians (COMA) filed a complaint with health officials.

They claimed Kalcker’s chlorine dioxide (CD) Miracle Medical Supplement (MMS) which he said on his website could treat a variety of illnesses, was industrial bleach mixed with citric acid.



‘MIRACLE CURES’: Kalcker’s (inset) event was shut down by COMA.

Kalcker’s website claimed an earlier version of the MMS was used by one man to treat himself and his team who contracted Malaria while working in Guyana.

“When chlorine dioxide

reaches the stomach a reaction takes place which results in the release of a gas called ‘chlorine dioxide.’ This gas is responsible for these ‘miracle cures,’” his website stated.

Turn to page 5 »

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Currencies Direct

The solution to great currency savings is on page 49



CREDITS: Andreas Kalcker, via Facebook (inset), Wikimedia Commons

NEWS EXTRA

Smoke screen

THE number of smokers in Spain has fallen to 22 per cent of the population, the lowest proportion for 30 years, according to the 2017 National Health Survey, although obesity has risen from 10 to 17 per cent over the same period.

Whale joy

SPAIN'S Council of Ministers has agreed to create a giant marine reserve critical in the migration of whales, dolphins and other cetaceans, stretching from the Gulf of Roses near France to the Canal de Ibiza undersea mountain range south of Valencia.

Family hell

A 35-YEAR-OLD Spanish man has been held in Sevilla for allegedly locking his mother and sister in a room with 10 dogs which were allowed to urinate and defecate on the floor, threatening them with a machete and pistol, police said.

Franco to go

THE Spanish government has pledged to exhume the remains of fascist dictator Francisco Franco from the Valley of the Fallen monument near Madrid 'as soon as possible,' and turn it into a place of 'reconciliation.'

'Smelly passenger' dies

Guitarist had flesh-rotting disease

By Matt Ford

A MAN who forced a Spanish flight packed with holidaymakers to make an emergency landing due to his 'unbearable' stench has died from a flesh-eating disease.

Russian musician Andrey Suchilin was travelling on a Transavia service from Gran Canaria to Amsterdam's Schipol Airport when passengers began to complain of his smell.

Some reportedly started fainting and vomiting, and the Boeing 737 aircraft was diverted to Faro on Portugal's Algarve so he could be removed after cabin crew tried to make him sit in the toilet.

Belgian flyer Piet van Haut at the time described the reek as 'unbearable.'

He added: "It was like he hadn't washed himself for several weeks."

"Several passengers got ill and had to be sick."

A Transavia official said: "The aeroplane diverted because of medical reasons, but it is indeed right that he smelled quite a bit."

But now it has emerged that the 58-year-old was subsequently diagnosed with gangrene, a form of tissue necrosis caused by a loss of blood sup-



DIVERTED: The Transavia flight on which Andrey Suchilin was a passenger was forced to land in Portugal.

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ply to the skin.

He later posted on Facebook how he had picked up an infection while on holiday, as he wrote: "The tragic and comic component of this whole situation is that I caught a disease, which (let's not say how and why) makes a man quite stinky."

He added his health insurance had expired, leaving him with no 'money, consular support or medical care.'

He had tried to arrange treatment before leaving Spain, but his partner Lidia Tikhonovich

said a doctor gave him antibiotics for what he told them was an 'ordinary beach infection.'

On landing in Portugal he was hospitalised, but his condition worsened as medics struggled to unearth the cause of the infection.

Lidia even tried to raise money from friends when he was moved into intensive care.

Mr Suchilin was later placed in a medically-induced coma and underwent several operations before she wrote, "there is nothing more to cut," adding

that antibiotics were not working.

A fortnight later his heart, lungs and kidneys began to fail, before he died last week.

A Transavia statement said that the airline 'sympathises with the family and wishes them strength in processing their loss.'

According to local media in Russia, Mr Suchilin had been considered a 'rock music pioneer' in the former Soviet Union, and was 'one of the top guitar players in Russia.'

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FESTIVE BREAKS ON SALE!!

Police probe gang claims

NATIONAL POLICE officers in Alicante Province and the Murcia region have arrested 17 people in connection with the alleged exploitation of women for sex work. Police were able to locate nine women they said were victims of the suspects as part of the operation covering Cartagena, Los Montesinos, Torrevieja and Elche.

Fire rescue

THREE people have been rescued by emergency services from a boat that caught fire in the Mar Menor lagoon. A boat from the Civil Protection agency cordoned off the area around the boat as a precaution against the blaze with the three crew members reportedly not requiring medical attention.

Two hurt

A MAN and a woman were left seriously injured after the driver of a car lost control of his vehicle and crashed into their motorbike in Alicante City on Sunday. Emergency services sources said the woman suffered head trauma and the man may be paralysed as a result of the crash.

Up in court

A COURT in Barcelona Province has ordered that 26 people investigated for their alleged involvement in the Armenian Mafia after they were arrested in Alicante and elsewhere. The judge in Terrassa denied the 26 suspects bail, with a further 21 ordered to post a €9,000 bond to secure their release.

Three held

LOCAL POLICE in Murcia City have made three arrests in connection with gender violence probes in the space of little more than 48 hours. Officers detained the first suspect on the city's Avenida 1st, the second on the Avenida San Juan de la Cruz and third in the Los Dolores area during the weekend.

Squat stats

ALMOST 700 families are estimated to be living illegally in public housing in Alicante Province, according to figures from the Valencia Generalitat. The figure of 684 is an increase from 550 cases in the area in July 2015, with 134 being investigated with a view to evicting those living there.



THE BIG PICTURE Nº 21

GORÉ BLIMEY: Spectators watch adrenalin-seekers as the bulls pass by below.

Feeling bullish?

IT'S among the most controversial animal festivals in the world.

And the 2018 San Fermin celebrations get underway tomorrow (Friday), with the notorious Running of the Bulls, encierro in Spanish, taking place daily for a week from Saturday.

Each run sees more than 1,000 thrill-seekers take part in a hair-raising four-minute dash in front of half-a-dozen bulls over a course through the city's cobbled streets.

Most entrants dress in the event's traditional clothing which includes a white shirt and trousers with a red waistband (faja) and neckerchief (pañuelo).

Broadcast live on national television each morning, a rocket set off at 8am lets the runners know that the corral gate is open, with a second signalling the release of the bulls. Two more rockets are fired when all six of the animals have reached the bull ring, where they are normally killed in fights later the same day.

Injuries and even deaths are quite common, with three people gored on the first day last year, including one who was impaled through the testicles, while in 2016 a 29-year-old was killed.

And while it attracts hundreds of thousands of revellers every year, the festival has also been routinely slammed by animal rights campaigners.

Assault fine

A WOMAN will pay €265 in fines after losing an appeal against a guilty verdict for assaulting a youth who covered her with water in Alicante City.

Alicante's Provincial Court ruled against the appeal, made on evidence grounds, and also acquitted another male defendant of being involved.

The court heard the youth threw water from a container over the side of a balcony which soaked the defendant as she walked past. It is unclear if it was

accidental or deliberate.

Prosecutors claimed during the original trial the victim had gone down into the street later where he was confronted by the woman.

There was then a scuffle which resulted in the youth being taken to hospital with slight injuries to his shoulder blade and left arm.

The court dismissed the appeal and stated the medical records of the victim proved he was wounded.

Police shortage claims

A POLICE union spokesperson has claimed the Murcia Region's National Police force is short by around 300 officers due to vacancies not being filled after staff members retire.

Javier Monje, of the Unified Police Union (SUP), said sending out two cars or more on patrols in the region was now a 'luxury' with current personnel numbers.

He added the shortfall could lead to problems over the summer when the crime tends to rise and

staff take time off for holidays.

"In any line of work there are going to be personnel over-worked and professionalism will suffer if there are staff shortages," he said.

The figure of 300 absent officers is equivalent to roughly a fifth of the National Police's workforce in Murcia, according to figures from the union. Cartagena may not have reinforcements for the summer due to the shortfall, Monje claimed.

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DIGGING DEEP: One of the sites at the Gran Dolina and (inset) Homo antecessor skull fragments analysed in the study.

Jaw dropping find

AN ancient series of bones found in a Spanish cave have been confirmed as the oldest-known fossils of a human ancestor found in Western Europe.

The skeleton belonged to an individual of the species Homo antecessor, believed to be the last shared relative between modern Homo sapiens and Neanderthals before the two diverged.

It has been dated to between 772,000 to 949,000 years old, pushing earlier estimates of the split back by at least 250,000 and up to 433,000 years.

And while some older human remains have been found in Europe, this new discovery is unique because none could be identified to species level.

It means that the evolution of modern humans could have taken far longer than genetic studies have suggested.

The fossils were found at the Gran Dolina archaeological site near Atapuerca in Burgos Province, Castilla y Leon, where experts have been working since the 1990s.

Remains and artefacts from a range of early humans, including hunter-gatherer groups, Bronze Age occupants and much later settlers have been

unearthed from a series of caves in the surrounding hills.

A tooth from the latest find was used in a complex carbon dating process to estimate its age by Professor Rainer Grün and Dr Mathieu Duval of the Australian Research Centre for Human Evolution and an international team of researchers.

The team also analysed soil samples from the dig site, and Professor Grün said: "We had to use the most advanced analytical techniques to date this tooth fragment, and had to go several times to the site in order to accurately reconstruct the sedimentary environment."

Homo antecessor is one of the earliest human species with remains dating back to around a million years ago.

It is said to have been around as tall as modern humans, although its brain was significantly smaller, and could have used a very basic language.

Previous studies claimed that modern humans and Neanderthals split around 516,000 years ago, but this new Spanish discovery appears set to rewrite such beliefs.

POLL OF THE WEEK

Did Spain deserve to be knocked out of the World Cup?

■ **LAST WEEK'S POLL:**
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No **87%**

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- 3,886** views Huge great white shark spotted off southern Mallorca
- 3,235** views Ryanair cabin crew unions decide when they will strike

**For week 25 June - 2 July 2018*

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'Beaten' dog rescued

A SEVEN-MONTH-OLD puppy taken in by a Murcia region rescue centre following an alleged beating at the hands of youths is looking for a new home. Workers at the Dogs Rescue centre in Calasparra found the dog in the doorway of a school in the town last Monday.

The centre claimed in a Twitter post that the animal had been 'beaten' and 'terrorised' by local children. It is unclear if they were students at the school where the dog was found.

The centre added in the post that it was not the first case they had seen in the Murcia region of animals being abused by youths.

Anyone interested in taking in the dog can call Dogs Rescue on 626 982 780.



CREDIT: Dogs Centre, via Twitter

TAKEN IN: The seven-month-old dog was found in Calasparra.

Plug pulled

from Front page »

The website added there were only five documented cases of intoxication from higher doses than the ones Kalcker uses and all those involved survived.

"Chlorine dioxide's toxicity is accurate in the case of inhala-

tion, which is not the same as ingestion," the website said.

Spain's Medicine and Health Products Agency said it had not tested the MMS meaning selling it was illegal.

COMA said those taking the substance according to the instructions on Kalcker's website would experience negative side

effects such as abdominal pain, nausea, vomiting, diarrhoea and kidney failure. *Euro Weekly News* approached Kalcker for comment, but he did not respond.

The body added it was legal to sell the substance but only for use as an industrial disinfectant.



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Beach ready

FORMER The Only Way Is Essex star Ferne McCann has been living it up in Marbella.

The 27-year-old posted a series of snaps to social media as she flaunted her washboard abs in a series of racy swimsuits.

Ferne gave birth to daughter Sunday in November, and recently said of her post-baby body: "My body shape has changed completely. I'm not totally ripped but my thighs have shrunk."



RED HOT MAMA: Ferne in Marbella.

Photo credit: Ferne McCann/Instagram

Hot date

HE'S the British dating coach and YouTube sensation with a pop star girlfriend.

And Matthew Hussey, 31, certainly seems lucky in love after being snapped with 21-year-old squeeze and ex-Fifth Harmony songstress Camila Cabello in Barcelona. The pair appeared head over heels in love as they kissed passionately in the Catalan capital.



Photo credit: Twitter

NO LOVE LOST: Matthew Hussey and Camila Cabello.

Raising the Bar

SHE recently gushed that Prince William is "the best looking prince in the world" after meeting the British royal at a Tel Aviv garden party.

And Hollywood star Leonardo DiCaprio's ex-girlfriend Bar Rafaeli, 33, certainly appeared a true lady as she made an appearance at the Africa en la Piel [Africa in the Skin] charity gala in Spanish capital Madrid.

The Israeli-born model wowed in a silk blouse, flared

trousers with floral lace and silver stilettos.

It came after she was introduced to the Duke of Cambridge at British ambassador David Quarrey's private residence.

Afterwards, she enthused:



Photo credit: Bar Rafaeli/Instagram

LADYLIKE VISION: Bar Rafaeli in Madrid.

"He is very, very charming. I think both he and his brother are good looking. But he is the best looking

prince in the world."

She dated Titanic star DiCaprio for five years but the pair split in 2011.

Ab's fab!

SHE recently gave birth to her third child. And Abbey Clancy, 32, seems to be taking advantage of life as a new mum as she jetted to Mallorca for a third break in three weeks.

The model and television personality sent temperatures soaring after slipping into a tiny white bikini and heading to the beach.

She was visiting the island with footballer hubby Peter Crouch and

their children Sophia, six, Liberty, two, and Johnny, five months.

It came days after the family flew back from a sun-soaked Caribbean holiday in Barbados, before which they had been pictured in Dubai.

The Britain's Next Top Model presenter recently told *Women's Fitness Magazine* how she worries about her body, admitting: "All girls have insecurities, whether it's worrying about love handles or a wobbly bum."



Photo credit: Abbey Clancy/Instagram

FANCY CLANCY: Abbey and Peter in Mallorca.

Rear window

THEY'RE the real life couple who prefer to keep their private life out of the public eye.

But Spanish film stars Penelope Cruz, 44, and Javier Bardem, 49, enjoy a mo-



STEAMY ROMP: Penelope and Javier in the movie.

ment of passion pressed up against a window in new Spanish flick *Loving Pablo*.

The film tells the story of a Colombian drug lord's four-year affair with journalist Virginia Vallejo between 1983 and 1987.

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OUR VIEW

Another cunning plan

AS both Plan A and Plan B covering Britain and the Customs Union have fallen foul of different factions of the Conservative Party, Plan C is due to be unveiled tomorrow (Friday).

What can be described as a schism within the government is becoming more apparent and there are even rumours that up to six current ministers are planning to challenge Mrs May for the leadership. The old saying about the difficulty of herding cats seems to apply to the current situation and this plan which is being trailed as offering 'the best of both worlds' will be discussed by the Cabinet at Chequers and then may form the basis of a white paper if agreement can be reached.

That is a big 'if' and the fact that the government finally has an agreed position, doesn't then mean that the 27 European Member States will agree unanimously to the British position.

On a wider platform, the EU itself appears to be in a fairly parlous state, with immigration in particular causing splits and with so many coalition governments in place around the Union, those Nationalist parties who would normally be in the minority are heavily involved in dictating policy.

Even Angela Merkel who is considered to be the most liberal of politicians has had to agree to open border camps for immigrants and to tighten control between Germany and Austria despite the Schengen agreement.

Spain is once again ruled by a minority government which attracted support not necessarily because of its policies but because so many opposition politicians wanted to see the end of Mariano Rajoy. Hopefully however, the next few weeks will see a clearer road to Brexit.

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2	Barcelona	8:00	13:00
3	Savona	9:00	16:30
4	Marseille	9:00	17:00
6	Malaga	9:00	19:00
7	Cadiz	8:00	18:00
8	Lisbon	9:00	-
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Fairground horror

A MOTHER and her daughter have been injured after safety mechanisms ‘malfunctioned’ on a fairground ride in Vigo, Spain.

The woman, who was seriously injured, told news outlets that “no supervisor came to check” the bar was secure and that she had to pull it down herself before the Coia ride began.

She said the moment the ride began the bar “half opened” flinging her out of her seat and she was left hanging on with one arm.

The woman was then slammed “against the floor and fencing that surrounded the perimeter.”

When asked why she had not fastened her seatbelt, the moth-



‘MALFUNCTION’: Caused the ride to fling a woman from her seat.

er said she was “unaware it had one.”

According to the Security Councillor of Vigo the ride has two safety mechanisms in place, a sensor which tells the

computer system monitoring it that it has locked and a supervisor to visually check each seat before the ride begins.

Two mechanisms which “clearly failed,” he concluded.

MARITIME officers from Ali-cante City’s Local

Police have rescued six women from a sinking vessel near the city’s port.

Emergency services were alerted to the incident at

Sinking ship rescue

around 2.30pm on Monday. They were told a rental boat was taking on water near the entrance to the harbour.

Two patrol boats were

despatched to the leisure craft which had six foreign

women on board. The passengers were picked up and transferred to port, along with the vessel which was towed back to the harbour.

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BUSINESS CRASS: Asa.

Asa Hallonqvist, 43, from Sweden, living in Fuengirola

"I used to work as an air stewardess on SAS airlines and to be honest with you, the businessmen were the worst. Most problems happened when confronting those who had drunk too much. Imagine a young steward telling an important Managing Director he wasn't allowed any more! That's when the problems happened, and the rudeness started.

"I think it is up to each airline to deal with people on a case-by-case basis, but I know from experience it is tricky. Some people are absolutely fine after a few glasses of wine. It's just a small percentage who cause a problem."

STREET TALK

Time for airports

RYANAIR has urged airports to ban passengers. But how many holidaymakers and residents are in for a crackdown on unruly

Muchini Meruni, 42, Spanish resident from Morocco

"I am against alcohol in general, it's no good anywhere. I once saw some English people fighting on a flight. You just don't know what a person could do when they are drunk on a plane. Who knows, one drunkard could spark a mass brawl. But it's not just security but the comfort of the other passengers at stake."

Steven, 70, from Plymouth but lives in Germany

"I know the Brits have a bad reputation, but I was once on a flight with a German football team and there is no other

way to describe it than a f***king nightmare! It was the flight from hell and the young stewards just couldn't handle it. Upon landing, one of the lads had a kind of psychotic frenzy, he just started losing it.

"The funniest thing was the way they sat like rabbits on the return flight, probably still recovering a week on. I think the airport duty free shops are irresponsible. They make huge profits and pass on the



BOOZE YOU LOSE: Muchini.



BRAWL INCLUSIVE: Steven.



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Port booze ban?

Passengers from drinking alcohol before 10am. Airlines agree with the Irish carrier's call for a pre-flight behaviour?

problem to somebody else, ie the passengers! If it were up to me, I would give flyers two drinks vouchers to use at airport bars and limit them to that."

Luke, 21, from Hastings, sunning it up with his girlfriend on the beach

"It would put me off flying with Ryanair if it brought in an anti-alcohol policy. There is nothing wrong with having a few beers on a plane, especially when you are coming to a holiday location known for drinking. You can't tar everyone with the same brush. I flew with easyJet this time around and they completely ran out of alcohol,

but there was absolutely no rowdiness, just holiday spirits."

Jim Hughes, 78, on holiday with his wife from Wrexham

"I don't agree with anything Ryanair do. They are robbing scumbags! But I would probably ban alcohol on short-haul flights because they tend to be dominated by youngsters in big groups who don't always know how to control their drinking. But airports would definitely be against banning duty free because of the amount they rake in from it."



CONFLICT COMING: Mads and Marius.



NO MORE HOLIDAZE: Jim.

Mads Ramsvatn, 17 and Marius Gjertsen, 18, on holiday from Norway

"I don't think they should ban it completely, but maybe introduce a two-drink limit. Some people can get unnecessarily mean and rude if they drink too much. It also depends on the destination. If it's a rowdy hotspot then the limits should be tighter. A ban wouldn't stop me flying but could cause problems with those who want to drink. It will be interesting to see the conflict play out."

Volunteers to the rescue

THIRTY volunteers from the Civil Protection Group have joined the security teams of Alicante's five beaches, and have begun patrolling the coastline on foot, by bicycle, and by boat.

The volunteers will work jointly with the Local Police during the months of July and August from 10am to 7pm on the beaches of Postiguat,

Albufereta, Saladar, San Juan and Tabarca island.

The group was mobilised in May by Alicante Council to improve the efficiency of their service, and has been trained at the Aquatic Rescue Course at the National School of Civil Protection.

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Ship ahoy

By Joe Gerrard

A REPLICA of the ship Christopher Columbus sailed on when he first landed in America has docked in Alicante City's port.

The new Nao Santa Maria arrived in the city's harbour yesterday (Wednesday). It is set to be moored at Pier Four of the port until this Sunday.

The full size replica, weighing some 22 tonnes and measuring 29 metres in length, will also be open for the public to visit at a cost of €4 for adults and €2 for children aged up to 10. There is also a family ticket available priced at €10 for two adults and three children.

The ship was previously moored on the Costa del Sol in the town of Fuengirola after arriving there from the



DOCKED: The Nao Santa Maria will be moored in Alicante City until Sunday.

Canary Islands. It is currently undertaking a tour with stops including Cartagena, Valencia and Barcelona. It is set to cross the Atlantic for stops in the Caribbean and Latin America in the autumn.

The vessel was built and is run by the Nao Victoria Foundation, a charity which constructs replicas of historical ships and sails them across the world.

The ship was launched in 2017 in Huelva to coincide with the 525th anniversary

of Columbus' voyage to the Americas.

Christopher Columbus made his voyage aboard the original Santa Maria in 1492 after receiving backing from then Spanish monarchs Ferdinand and Isabella. He would go on to claim swathes of land for Spain.

He is often credited with 'discovering' the continent for Europe though archaeological evidence suggests Norse explorer Leif Erikson landed in North America more than 400 years earlier.

Cocaine bust causes a stink

THE Court of Alicante has sentenced seven drug traffickers to seven and a half years in prison along with a fine of €747,420.

The criminal organisation has allegedly been importing cocaine from Ecuador into Spain, hidden in an organic fertilizer.

Three other defendants were acquitted due to a lack of evidence, and the case itself can be appealed to the Supreme Court.

Officers of the National Police had mobilised their Customs Surveillance Service and Organised Crime Unit after receiving information from the Ecuadorian Anti-Narcotics Police.

Their inquiries led them to an import and export company run by one of the detainees, which brought the drugs into the port of Valencia camouflaged in fertilizer packages.

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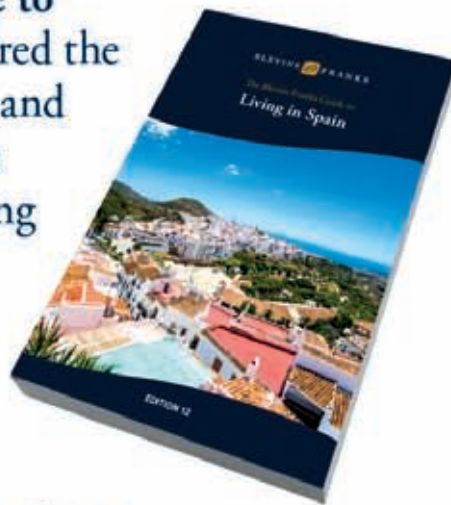
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'Most wanted' fugitive



ARRESTED: Mark George Acklom and Maria Yolanda Ros Rodriguez (inset).

ONE of Britain's most wanted fugitives, originally believed to have been hiding in Spain, has been arrested in Switzerland.

Avon and Somerset Police appealed for help in Spain when Mark Acklom, 45, vanished in 2012 after conning a divorcee out of her £850,000 (€960,525) life savings.

The victim stated that Acklom first claimed to work in the

banking world in Switzerland and was very wealthy.

He then went on to claim he worked for an intelligence agency.

Acklom arranged for the victim to live in one of the properties he claimed to own in Bath.

He stated he had cash flow problems that were hindering renovation work, and the victim gave him numerous loans

totalling £850,000. It later transpired that Acklom did not own the property. The victim never received any of her money back.

Police believed Acklom was with his wife Maria Rodriguez and their two daughters in Murcia, but a spokesperson confirmed the 45-year-old was in Zurich awaiting an extradition hearing.

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In these cases, the rental, although still subject to V.A.T, will be exempt from payment, with a 0% tax rate, according to the regime of rental of usual

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Police to tackle rowdy Brits



Credit: Vander Wolf/Shutterstock

ON GUARD: Spain's elite police force will not allow any chaos on the streets.

SPAIN is to deploy its feared military police to Magaluf this summer as part of a crackdown on boozy British tourists.

Specialist Guardia Civil units will patrol the resort's streets as tourists flock in, and are unlikely to tolerate any misbehav-


our.

The Guardia Civil let its presence be known last year during the Cataluña independence referendum, taking a heavy hand to protesters.

Police units will be taken from Madrid and sent to Palma and Magaluf.

The news comes amidst drunken scenes of British debauchery in Magaluf following England's World Cup win against Tunisia.

When Harry Kane scored the winner, fans could be seen throwing drinks at each other and damaging tables and chairs.




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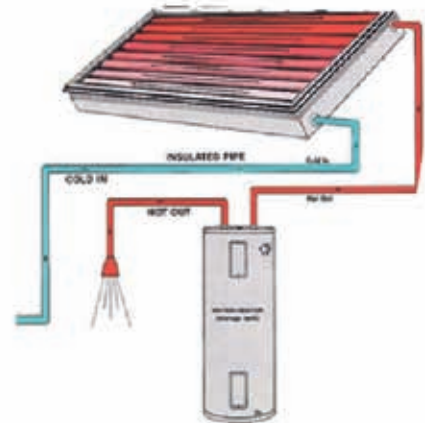
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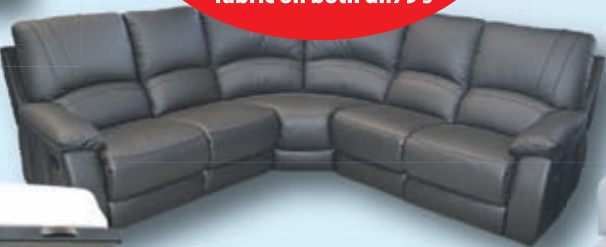


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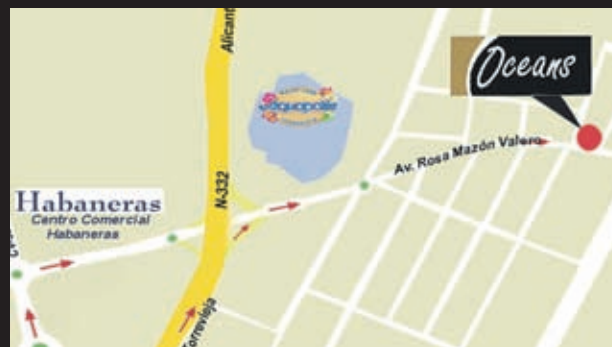
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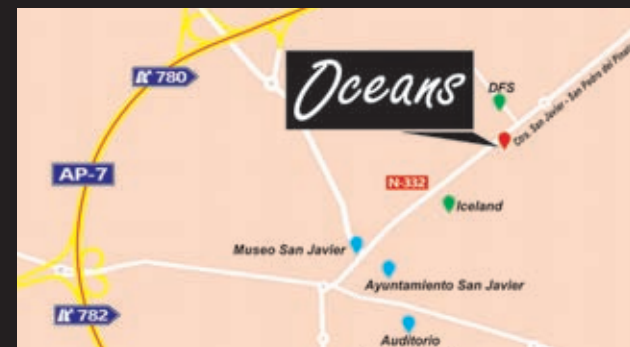
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Shaky flight causes uproar



FLIGHTMARE: Clive and Bev (inset) were diverted twice whilst flying home to the UK.

TERRIFIED Ryanair passengers were shocked to find that they were charged €3 for a glass of water after a technical fault caused the plane to violently shake.

Holidaymakers were left clinging to each other after the fault forced the flight, bound for Dorset from Murcia, to divert to Madrid.

According to reports the aircraft spent around 20 minutes circling the capital awaiting a

slot whilst violently shaking.

Retired driving instructor Clive Block said his wife Bev asked for a glass of water to help calm her nerves following the ordeal.

But she was told by a flight attendant she would still have to pay for a bottle of water.

The 190 passengers continued their route on a different plane which was then diverted to Birmingham Airport due to an airport curfew at

Bournemouth Airport.

The low-cost airline then paid for taxis for all the passengers to take them to the south coast.

Mr Block said "At first, it felt like turbulence because the plane just kept shaking. It was very scary and the plane went very quiet.

"I think the final straw was when Bev had a dry mouth when we landed and asked for some water and they said we had to pay for it."



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CREDIT: 112 Emergency Services Murcia

Forest blaze

FIREFIGHTING: About two hectares of land was burnt.

FIREFIGHTERS in Murcia were called out to the Cañadas de San Pedro area, near Murcia City, after receiving reports a woodland fire had broken out there last Monday morning.

Personnel from Murcia City, as well as the towns of Blanca and Valle, were called out to tackle the blaze at around 10.20am. They were joined by a light aircraft and a helicopter, with the blaze having broken out close to the border with Alicante Province.

The 112 emergency services line said the fire was brought under control by 12.35pm that

day, with about two hectares of shrubbery and woodland affected.

Suspect cleared

A TURKISH athlete has been cleared of allegedly raping a 25-year-old British woman after she withdrew her complaint to authorities in Cataluña.

The 26-year-old, who was competing in the region's Mediterranean Games, has been released from custody without charge, court officials said.

He was arrested in the town of Salou on the Costa Daurada.

The athlete maintained his innocence throughout the proceedings and said the woman had consented to having sex after they met in a nightclub.

The Mediterranean Games is held every four years.





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Don't let the vultures move your pension overseas!

By Sam Kelly, Managing Partner, Chorus Financial.



I woke up with a fire in my belly this morning, so decided to write a different article this week than I had originally planned. I spent a little time on social media last night before bed and was barraged by adverts from various questionable operations trying to convince me to 'Move My Pension Overseas' citing various tax benefits (which do not always exist) and even using Brexit as a fear-mongering tactic, implying somehow people could lose access to their pensions as a result.

Let's cover the main points here. Firstly, the majority of companies who run this kind of campaign aren't even financial advisory companies, they are data gathering companies with generic names that include

words like 'Expat', 'Services', 'Pension Review' and 'Experts' in the title. They gather data with these often-false headlines then may sell your personal details to the highest bidder or agree a split of the eye-watering hidden fees that so many overseas financial advisors subject their unwitting clients to.

Once they have your data you may soon receive a call which will attempt to sell you the benefits of moving your pension to a QROPS. Various promises may be made, from a higher Pension Commencement Lump Sum, to some mysterious tax benefits which are rarely fully explained.

Firstly, the Pension Commencement Lump Sum is a fairly arbitrary offer here in Spain, because contrary to what a lot of these companies imply, it is fully taxable as a Spanish resident. Also, with flexible access now in force, you can take as little or as much from your pension at any time, meaning initial withdrawals are not restricted to this 'Lump Sum'.

Secondly, there are often no tangible income tax benefits to moving your pension overseas – these pensions are taxed exactly the same as UK based pensions for Spanish residents. There are some very specific circumstances where a QROPS could provide tax benefits to your beneficiaries, and Chorus do have clients in QROPS for this exact reason, but this is a very specific area of financial planning, and certainly QROPS isn't the default option for the vast majority.

I highly recommend exploring your pension options under The Pension Freedoms Act. Chorus have so many clients benefitting from increased flexibility, a bigger pot to pass to their loved ones, and other benefits. Since regulatory changes over the last 18 months or so, our default recommendation is to move your pension to a UK based, FCA regulated pension, rather than an overseas scheme.

Many firms advertising here in Spain do not have the required licences or regulation to offer a UK based solution for a pension transfer, or indeed to manage the investments in a UK based pension on an ongoing basis. They will recommend a QROPS because it is the only solution they can offer, rather than being the right solution for you.

If you are exploring your pension options, you need truly independent advice. You also need the option to keep your transfer within the UK, avoid hidden fees, and have your pension funds managed by trusted UK based, FCA regulated companies like The Prudential, Rathbones, HSBC & Investec.

If you are considering a transfer and would like to explore your options or maybe just get a second opinion please call me direct on 664 398 702 or email me on s.kelly@chorusfinancial.es.



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Theft on the beach



THEFT CLAIMS: Tourists are reportedly being targeted in Magaluf.

THIEVES in the holiday resort of Magaluf have been making off with the clothes and belongings of British tourists while they cavort on the beach at night.

Holidaymakers in the area popular with British travellers have returned to where they left their possessions after swimming nude or making love to find they have vanished, according to reports.

It comes as tourists have recently been slapped with

finer for rowdy behaviour in Magaluf. Police there and in the neighbouring Palma Nova have stepped up night patrols on beaches and have also made a number of arrests.

The crackdown follows vows made by local politicians to clean up the area's reputation. Magaluf is known for rowdy behaviour on the part of holidaying revellers.

Eight people have been arrested recently for having sex in public, with fines of around

€226 dished out by authorities.

A total of 411 violations of bylaws passed in a bid to control rowdy behaviour were recorded by authorities in May, up from 66 at the same time last year.

The majority, 267 were handed down for illegal street selling and there were 34 recorded for 'unauthorised massages,' 31 for drinking in the streets and 28 for drugs offences.

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Sanchez's EU summit deal

By Joe Gerrard

SPAIN'S Prime Minister has returned from a European Union summit in Brussels which saw a pact reached on migration following nine hours of talks.

The 27 heads of government agreed to send migrants rescued in the Mediterranean to designated 'control centres' in states which volunteer to house them. Plans to strengthen the EU's border and provide funds to help Turkey and Morocco to keep migrants in their countries were also agreed.

Pedro Sanchez, Spain's left-leaning Partido Socialista (PSOE) Prime Minister, said on Twitter that the EU was moving in the right direction.

"We have achieved a fundamental objective, an agreement. Our position is more ambitious and this agreement will allow us to continue moving towards bringing migration to the European level," he said.

He added he thought the



DEAL REACHED: Sanchez (centre) with German Chancellor Angela Merkel (left) and Greek Prime Minister Alexis Tsipras (right) at the summit.

deal could have gone much further.

Sanchez previously said unilateralism and negative language would not solve the migration crisis, as he gathered with fellow European Union leaders for the summit last week.

He added in a joint interview with British, French and German media that a shared

response was needed to deal with the issue.

"I think the Italian government needs to reflect on whether unilateralism is an effective response to a global challenge such as migrants," Sanchez told reporters.

He added that he was in favour of cooperating with the government of Libya to ensure their borders were

functioning properly.

"As effective as the inflammatory rhetoric from some Italian leaders may be in electoral terms, from the point of view of responding effectively to a humanitarian crisis like the one we're seeing in the Mediterranean and on the Italian coast, it's not the answer," he said.

That comment has been interpreted as a reference to Ital-

ian Deputy Prime Minister and Interior Minister Matteo Salvini.

The leader of the far-right Lega Nord, appointed following recent elections, said migrants are cargo of 'human flesh' and those on the Aquarius would only see Italy 'on a postcard.'

Those comments came as Spain previously agreed to allow the Aquarius and another boat carrying 630 people in total to dock in Valencia after it was turned away by Italy and Malta.

"I think the fundamental philosophy should be that when a small boat arrives on the shores of Tarifa, Malta or Lesbos, it's arriving in Europe. It's not arriving in Spain, Malta or Greece," he said.

"The fundamental point is that you can't have a national or unilateral perspective when it comes to a shared challenge. I'm calling for a shared response to a shared challenge," he added.

Health centre closures

HEALTH centres in Alicante City are due to close in the afternoons from July 15 to September 15.

Those who need treatment after 3pm will have to go to specific locations in Calle Aaiun, Babel and El Cape.

However, these health centres lack a specialist paediatrician, which will force parents to go to the emergency service of the General and St Joan hospitals.

Only the Cabo Huertas health centre will keep all its doctors and paediatricians, due to the increase in population that occurs in the area in the summer months.

Community groups in Valencia warn that the lack of paediatricians could lead to a strain in the emergency services of hospitals, which are already overloaded with patients at this time of year.

'Stolen babies' trial halts

THE trial of a doctor accused of stealing babies, in a case dating back to the Franco era, has been suspended due to the defendant's ill health.

Eduardo Vela, 85, was due to begin the second day of his trial last week at a court in Madrid. He was admitted to hospital after complaining of pain and dizziness the evening before the hearing, his lawyer said.

Rafael Casas, acting for the defence, told the court his client would not be able to give statements over a remote video link due to his condition.

The trial follows a probe into the alleged stealing of babies from the San Ramon clinic during between 1961 and 1981.

Prosecutors have requested that Vela be handed an 11-year prison sentence should he be found guilty. The case continues.



ON TRIAL: Protestors have rallied against the alleged thefts.

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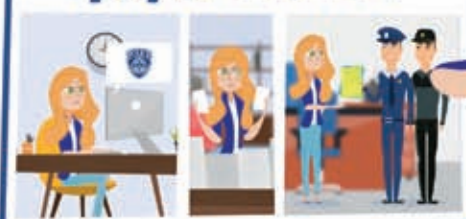
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By Matt Ford

A MAN has been held in Spain in connection with the shooting of a seven-year-old boy and his mother on the doorstep of their UK home.

Greater Manchester Police (GMP) confirmed that the unnamed 28-year-old was wanted for conspiracy to murder after Christian Hickey and

mum Jane, 30, were gunned down in Winton, Salford. Both victims were shot in

the legs when they answered the door on October 12, 2015. The suspect was held at an unconfirmed location in Spain after a European Arrest

Warrant was issued in his name and he is likely to be extradited shortly. GMP's Det Ch Insp, Carl Jones, said the swoop was

completed by Spanish National Police with help from the UK's National Crime Agency. He added it was 'part of the

wider investigation and follows the years of extensive enquiries carried out by dedicated officers.'

It comes after six other men this week appeared in Manchester and Salford Magistrates' Court and were remanded in custody after being charged with conspiracy to murder, conspiracy to pervert the course of justice, or both.

Christian was hit in the left thigh after Jayne opened their front door to two men, one holding a gun, while Jayne was shot in both legs above the knee.

Investigators later released images of the young victim with both his legs bandaged, and both underwent several operations.

Detectives have said they believe the attack was linked to a violent gangland drugs feud.

Doorstep shooting

Man held over UK doorstep attack on boy and his mum



Photo credit Greater Manchester Police

VICTIMS: Christian and Jayne Hickey.

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Sexual assault sparks outcry

THE arrest of four men and one male youth in Gran Canaria in connection with allegations of sexual assault has sparked outrage across Spain.

The suspects were reportedly members of a group self-styled as 'La nueva manada,' or new wolf pack in English. The attack is alleged to have taken place during the recent San Juan festival, with the victim reportedly aged 16.

The name is believed to be a reference to five men who were convicted of sexually assaulting a girl at the San Fermin Running of the Bulls festival in Pamplona. The group coined the term for themselves while being held, according to Spanish media.

They were members of a group they dubbed 'La Manada' (the wolf pack), the court heard during their trial.

The five new suspects, one



CREDIT: Sindicato de estudiantes Gran Canaria, via Twitter

UPROAR: Students have demonstrated in Gran Canaria against the ruling.

aged 15, were arrested in the town of Maspalomas with four bailed after appearing before a court in San Bartolome de Tirajana last week.

They have been barred from leaving Gran Canaria or from going to the town where the alleged victim lives as part of their bail conditions. The 15-

year-old has been held in custody by a juvenile court.

A students' union called protests in Gran Canaria over the case in the island's capital of Las Palmas on Saturday.

"We are tired of this patriarchal justice system, we're not going to shut up," the group said on Twitter.



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NEWS EXTRA

Woman hurt in car crash

A 47-YEAR-OLD woman was taken to Virgen de la Arrixaca Hospital in Murcia City after being hit by a car, with emergency services arriving at Calle Santa Teresa to find her unconscious and with head injuries.

Two arrested

NATIONAL POLICE officers have arrested two women in Alicante City in connection with burglaries in the area, with their cases having been sent to the city's Court of Instruction.

Lorry mishap

THREE men aged 24, 25 and 61 were injured after their lorry overturned on the AP-7 in San Miguel de Salinas. Taken to Torrevieja Hospital, the youngest had multiple injuries and his companions bruising.



TRAGEDY: The four-year-old was on holiday with his family when he fell into the pool.

Holiday tragedy

A FOUR-YEAR-OLD boy has drowned in a hotel swimming pool in Ibiza.

The Dutch national was on holiday with his family in Sant Antoni when he fell in to the pool at around 2.30pm on Sunday.

Emergency services were

unable to revive the boy despite carrying out CPR for some 45 minutes according to reports.

It is not yet clear how the boy fell into the pool, but authorities have reiterated warnings to holidaymakers over children and swimming

pools and have called for parents to ensure their children wear arm bands and are supervised at all times especially if they cannot swim.

The 112 emergency contact psychologists were also sent to the family to help deal with their loss.

Assassination that never happened

AN Elche woman received a two-year sentence for engaging a hitman to kill her ex-partner's new girlfriend.

She was so consumed by jealousy that she took a friend's advice and went to a certain discotheque in Murcia where she was told one of the employees would carry out a contract killing for her.

The Elche High Court heard how in 2007 she offered him €12,000 to kill her love rival, stipulating that first he would have to force her to

sign a letter explaining she was leaving Spain and did not want anyone to look for her.

After killing the woman, the hired assassin was then supposed to dispose of her body by burning it but the plan was never put into action.

Instead he went straight to the intended victim and told her the whole story, which led to her predecessor's arrest.

The seven-year sentence first recommended was reduced to two years as the case took 11 years to go to trial.

Injured by masonry fall

A WOMAN of 56 suffered multiple injuries from falling masonry as she sat on a cafeteria terrace in Rojales.

Part of the facing had come away from the building on Avenida Malecon del Soto del Rio, falling from a height of seven metres. Although it was midnight the street as well as restaurant and café terraces were still crowded as Rojales celebrated its Moors and Christians fiestas.

The Local Police cordoned-off the entire building while firemen inspected the damaged façade to prevent further masonry from falling.

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Murdered Brit woman's husband jailed



CREDIT: Santa Brigada Town Hall

MOURNING: The vigil held in Santa Brigada following Jayne's death.

THE man who beat his British wife in their home in Gran Canaria has been jailed.

Jayne Railton, 58, was so severely beaten she had virtually all her ribs broken and her pancreas split in a vicious attack in July 2016.

She died just over a month after the assault at Doctor Negrin Hospital in Gran Canaria after failing to recover from her injuries.

Jayne's husband Angel Perez Reyes, 64, has been sentenced to 22 years, six months and one day in prison after a jury found him guilty at a court in Las Palmas.

The pair had been together for 11 years and shared a home in La Angostura but on July 21, Reyes beat his partner so hard one rib was frac-

tured four times according to reports.

He then tried to cover up his assault by telling one of Jayne's daughters she had fallen after drinking too much and insisted on putting her to bed himself.

Judge Nicolas Acosta Gonzalez said jurors had agreed Jayne's common-law husband had "dealt her a series of direct and very violent blows with kicks to her chest and abdomen with which he intended not only to cause her death, but also to increase her suffering."

A doctor who gave evidence at the trial described her injuries as some of the most severe she had ever seen. Reyes has also been ordered to pay his victim's children €150,000.

Preparing for an earthquake

TORREVIEJA will host a largescale earthquake simulation next November.

The choice is appropriate as the town was practically destroyed by an earthquake in 1829.

The Generalitat's Safety Agency, the Army's Emergency Unit (UME), the Alicante Province Consortium of Fire Brigades and the national government's Sub-Delegation will all be taking part in the November exercise.

Early preparations are now underway and began recently with a visit to the San Vicente del Raspeig fire station by Torreveija's Public Safety councillor Javier Manzanares, the town's police chief Javier Minguez and Estela Prieto from Proteccion Civil.

Also present was Public Safety adviser, Vicente



Photo credit: Torreveija town hall

EARTHQUAKE DRILL: Torreveija officials visit San Vicente fire station.

Moreno who is also president of the Torreveija 1829 association.

"We are very concerned about seismic movements and have worked hard to inform the local population about the steps to take during an earthquake as well as organising the different security forces," Manzanares said.

The drill will simulate the

Emergency Services' reaction to an earthquake severe enough to destroy buildings, affect basic services like sewers, electricity and telephones while bringing a total breakdown in telecommunications.

"This is when we activate a huge coordinated response that would be of vital importance if it were needed one day," the councillor added.

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Jaws-dropping!

Huge great white shark spotted

by Staff Reporter

A GIANT great white shark has been spotted off the coast of Mallorca.

The five-metre long predator was filmed for 70 minutes as it cruised in clear water in the Cabrera Archipelago National Park, 10 kilometres to the south of the holiday island.

Biologists from the ALNITAK 2018 Scientific Expedition announced the historic sighting on their Facebook page, writing that it is the first time one of the huge fish, known scientifically as *Carcharodon carcharias*, has been spotted in Spanish waters for three decades.

“There have been unconfirmed sightings and rumours in recent years, but this is the first scientific observation of *Carcharodon* in Spanish waters for



Photo credit: ALNITAK/Beat von Niederhausen

SOME FIN REMARKABLE: It is the first documented sighting of the predator in Spain for 30 years.

at least 30 years,” the post said. “On this occasion the historic sighting was photographed, filmed and observed by a crew of 10 people from five countries.”

Led by Spanish-Dutch biologist Ricardo Sagarminaga van Buiten, the team also included 16-year-old scholarship stu-

dents Miguel Felix Arboledas and Nahim Lasгаа Capo, plus British environmentalist and writer Georgina Stevens.

Alnitak is a Spanish marine research and education centre dedicated to the conservation of marine habitats.

There are at least 47 species of shark in the Mediterranean.

Football boss charged

ELCHE businessman and ex-president of Elche Football Club Jose Sepulcre was detained and charged with misappropriating €500,000.

Summoned by the money-laundering group attached to the Judicial Police (roughly equivalent to the CID), Sepulcre is accused of fraud, misappropriation of funds, money-laundering and forgery linked to cash earmarked for work at the Martinez Valero stadium between 2009 and 2010.

This was never carried out although €500,000 was taken out of club funds.

After leaving the National Police’s provincial headquarters in Alicante City, Sepulcre told the media that he was not going to make a statement.

His lawyer, Jose Sanchez was less reticent. “This is a shameful witch hunt against us,” he declared before adding that he had nothing further to say.

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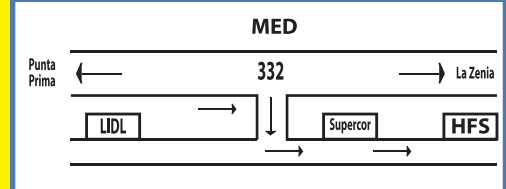


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NEWS EXTRA

Big drugs bust

GUARDIA CIVIL officers have seized around 5,400 marijuana plants, 4,000 saplings and growing tools from an underground bunker on a Los Martinez del Puerto farm in Murcia, with six people arrested in connection with the haul.

Traders stall

PLANS to move La Mata's open-air market were postponed after more than 50 stallholders complained that the town hall had not modified existing bylaws or put together new procedures for dealing with emergencies.

Too dear

THE Ciudadanos party at Torrevieja Town Hall complained that the plague of cockroaches which was discovered in the Salt and Sea Museum was unacceptable for a building whose rent costs the town hall an annual €43,000.

Loving son

A 36-YEAR-OLD man who breached a restraining order and broke into his parents' home intending to steal money and objects of value was prevented by neighbours who heard them struggling and called the police.

School ready

IT is possible to pre-register until midnight on July 12 for places at Elche's Official Language School (EOI) which amongst other languages will offer classes in Japanese when the academic year begins in September.

Safer driving

THE roundabout giving access to Bigastro's industrial estate from the CCV-95 and the junction with the CV-902 has cost the regional government €570,000 but eliminates an accident black spot with numerous accidents in the past.

LIKE a true romantic artist, Conchita Gallar, whose funeral was on June 28, gave up everything for love.

She was one of the most renowned singers of the 1940's but quit her glittering career to get married back in Murcia and settle down to domestic life.

Conchita Conejero Gallar daz-

Singing sensation Conchita dies

zled theatres on either side of the Atlantic and was considered the favoured disciple of composer Manuel Lopez-Quiroga.

At the age of only 17 Conchita got her big opportunity when Carmela Montes pulled out of a

performance of Quiroga's Progon de Feria at the Calderon Theatre in Madrid.

Conchita had learned the seven pieces to perfection and her composed display, combined with her natural beauty, made her

an overnight star.

Her next show, Luz a la Bateria, was toured all around Spain and brought her to the nation's hearts.

Conchita even branched out into film, starring in La Re-

volvosa with Tony Leblanc.

Yet at the height of her fame, she made the momentous decision to give it all up to marry her childhood sweetheart.

However, her married life was also a glittering success, producing six loving children and lasting 49 years until her death last month on June 6.



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Bodies unearthed

By Joe Gerrard

ARCHAEOLOGISTS working in Cadiz City have found the remains of two people in what they believe could be a mass grave dating from the Spanish Civil War.

The researchers, from the city's council and a historical association, found the bodies after five months of working at the site in the San Jose cemetery. They said the skulls of the skeletons showed signs of bullet wounds.

Archaeologists believe there are two mass graves in the cemetery. They estimate there are corpses of at least 141 victims of dictator Francisco Franco's reprisals against his opponents, after his forces took the city in July 1936 in one.

The other burial pit is yet to be properly surveyed but ini-



DUG UP: Researchers have been working at a site in Cadiz.

tial estimates place the number of those buried there at anything up to 550.

Jose Luis Gutierrez, a historian with the Platform of Historical Memory in Cadiz, said many of those who died were likely killed during reprisals in August 1936.

"We must bear in mind that a council of war was established in Cadiz and that was where the sentences were issued," he said.

Researchers are now set to document the physical characteristics of the remains found and to undertake DNA analy-

sis to identify them and trace any surviving relatives.

Martin Vila, the Cadiz Council's democratic memory spokesperson, said works in the area in 1979 left a part of the grave empty, making a full documentation of the bodies difficult.

The writing's on the wall

A YOUNG graffiti writer must pay €1,000 to cover the cost of removing his handiwork from an Elche facade.

A business owner, who on three occasions had to pay to clean graffiti from his premises, launched an official complaint with the National Police.

They, in turn, passed the investigation on to the city's



GRAFFITI: Art or vandalism, opinions are divided.

"Elche's police want to get across a message of zero-tolerance towards graffiti-artists," a spokesman said.

Until now owners of defaced buildings have had to pay to remove graffiti but have had no means of discovering the author, or authors, of the 'art-work' to claim compensation.

The Local Police decided to remedy this situation by creating the Grafistica de Urbanidad y Medio Ambiente and months of investigating and compiling evidence have led to this first prosecution.

Local Police, who have officers specialised in calligraphy.

Not only does their expertise allow them to identify spray-painters by their tags and style, but these officers are competent to make official reports as expert witnesses during legal proceedings.

Bus to the beach

THE bus between Arenales del Sol and the beaches has recommenced and will run throughout July and August.

This will be the third year that Elche Council is providing the circular Line 1 bus, which has 19 stops and costs €1.35 per journey (with the same reductions that apply to the usual service).

The beach bus was introduced in 2016 on an experimental basis when the reopening of the Arenales del Sol hotel appeared to be imminent.

Between 2016 and 2017 the number of people using the service increased by just over 16 per cent and was used by more than 18,000 people, the bus company announced.

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Driver plunges down ravine but survives

A 24 YEAR-OLD man was injured in a car crash after losing control of his vehicle and dropping 30 metres down a ravine.

According to the Guardia Civil, the accident happened at around 2am on Monday morning, on a road that crosses the Sierra de Olta, near Calpe (Alicante).

The young man is believed to have been driving around a left bend when he plunged down an embankment, miraculously avoiding several trees and crashing into the fence of a chalet.

Fire brigade teams from Benidorm and Benissa attended the site and rescued the driver, who was trapped inside his car.

They had responded to his emergency call and managed to get him up the slope using a stretcher. The man was transferred to a hospital in Denia (Alicante) and the extent of his injuries are unclear at this stage.

Province bulks up firefighting army

By **Christophe De Chaume**

ALICANTE Province is taking the fight to forest fires by boosting the number of its firefighters, as well as adding new rural brigades.

The number of personnel now on hand to tackle this threat totals 2,600, the largest contingent in history.

As usual, volunteers will play a key role in a campaign

that has been made more difficult by the strong growth of vegetation after the rains this spring.

The onset of hot weather in recent weeks is drying up the mountain ranges and turning them into fire hazards.

However, Alicante is doing everything in its power to prepare for the situation, boosting its roster of firefighters to 600 (an increase of 116), and re-



FIGHTING FIRES: Alicante is determined to be ready for breakouts.

cruiting a record number of volunteers.

Alongside this there are 37 new rural brigades which have recruited from the unemployed, and 1,700 volunteers,

dedicated to surveillance and nipping fires in the bud.

The council also has three aeroplanes and a helicopter in service to monitor the situation on the mountains.

Teenage tourist falls from hotel window

A 19-YEAR-OLD tourist has died after falling from a third-floor hotel window in Magaluf.

According to reports the French national was found in the early hours of Monday and was taken to the Son Espases Hospital in a critical condition.

Doctors were unable to save the

teenager, who suffered multiple traumas from the fall.

The Guardia Civil have opened an investigation in to the incident but initial theories point towards an accident.

Three people have died from balcony fall related accidents in Magaluf over the past few months.

Nineteen-year-old Jack Walsh died

after falling from a hotel balcony in June while celebrating the end of his exams with friends.

Scottish teenager Natalie Cormack, also 19, plunged to her death from the fifth-floor in April whilst trying to gain access to her apartment from an adjacent balcony after leaving her house keys at work.

NEWS EXTRA

Fish death mystery

THE Guardia Civil's nature protection unit Seprona ruled out poison as causing the death of hundreds of grey mullet at the Vinalopo river mouth, after analyses of the water revealed no traces of toxic substances.

Get started

AFTER land earmarked for the Amanecer primary school was pronounced not at risk from flooding, the town hall urged the Generalitat's Education department to recommence the building project after 13 years of prefab classrooms.

Train delay

PASSENGERS travelling on a train from Madrid bound for Cartagena were delayed for several hours after the locomotive broke down in Albacete at around 10pm last Thursday, with its destination reached at 3am the following morning.

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NEWS EXTRA**Psychologist staff probe**

A HEALTH watchdog based in Murcia has launched an investigation into claims there is a shortage of qualified psychologists in the province, with reports suggesting there are currently around 6.5 professionals for every 100,000 people living there.

Two held

NATIONAL POLICE officers have arrested two people in connection with alleged drugs trafficking at Alicante-Elche airport, with a total of five kilos seized during the operation.

Strike call

TWO trade unions have said they may call strikes at factories of Agrupal cannery group if no agreement is reached on pay rises, with industrial action affecting plants in Murcia if they go ahead.

New PP leader later this month

FORMER Foreign Minister José Manuel García-Margallo is touring Spain, drumming up support for his bid to become leader of the Partido Popular (PP) following the resignation of Mariano Rajoy.

On Friday, he hit Malaga City, Estepona and Granada as part of his whistle stop tour and on Saturday he was in Palma de Mallorca speaking to PP supporters there.

Recognising that he is very much an outsider in the race to take over leadership, he believes that he can defend the basic aims of the party better than those who were in power during the time of the vote of no confidence.

He is quoted as saying that he is standing because he has dedicated his whole life to the PP and is not prepared to "stand by and watch the ship



ON THE ROAD: Mr García-Margallo with a supporter in Palma.

being shipwrecked."

There are six candidates for the election which takes place on July 20 and 21 including the former deputy Prime Minister Soraya Sáenz de Santamaría and Defence Secretary María Dolores de Cospedal.

The 73-year-old Margallo (who is a strong believer in Spain taking over sovereignty

of Gibraltar) is also facing the 37-year-old Pablo Casado and 47-year-old José Ramón García-Hernández both from Avila and with less than 10 per cent of those eligible to vote registering to do so, the outcome could surprise many.

The eventual winner will lead the largest individual party in the Spanish Parliament.

Coming up in the world

ELCHE Football Club's rise to the Second Division will bring more money to the city, business owners said. Promotion will bring in less cash than when the club returned to La Liga after 23 years in 2013, they conceded, but the supporters of visiting teams will fill hotel rooms and money will come in from televised matches.

The club's increased budget will also have an effect on the city's day-to-day economy and business sectors predict that, depending on the team's performance and position on the league table, there should be another €5 million in circulation inside Elche.

Visiting teams and their supporters should account for between €2 and €3 million, spending an average of €80 or €120 if they stay overnight, said Elche's hospitality trade association Aesec.

Down payments for road widening

SIXTY properties will be affected by widening the CV-85 between Vereda de Sendres and the already-completed Santa Pola section.

This road linking Elche and Santa Pola is used by an average 17,200 vehicles each day and work on the 1.1-kilometre stretch will not begin until after the summer when traffic is lighter.

The regional government has authorised an initial payment of between 5 and 10 per

cent of the properties' registered value to owners whose land is being compulsorily purchased.

Six are in Elche and 54 in Santa Pola and these down payments will enable the Generalitat's Public Works department to begin occupying the land and move in equipment.

The €1.6 million project will take 18 months to complete and the remainder of the compensation will be based on market values.

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Photo credit: Torrevieja town hall

ESCAN INITIATIVE: A new life for Happy and security for his owner.

Happy outcome for two victims

A ROTTWEILER confiscated in a drugs bust will be a companion for a gender violence victim.

The dog, who is named Happy, was one of 20 dogs, three horses and a ferret rescued during the operation that ended with 30 arrests last May.

The animals, which were neglected and living in bad conditions, were taken to the municipal shelter in Torrevieja to recover.

Happy has found a new owner through Project ESCAN which helps gender violence victims.

It was first necessary to obtain a court order before Happy could be handed over to his new fam-

ily as the dog became government property following the Guardia Civil operation.

The woman and Happy will make a new life together as the dog will help in her rehabilitation while offering protection against further attacks.

She was thrilled to be part of the ESCAN project, said Happy's new owner who sent out a message to others in a situation like hers. "You can escape and it's hard, but it can be done," she said.

ESCAN helps women in cases where the courts have established violence and where a restraining order has been issued against a partner.



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UK cash machine charges

NOT so long ago, Spanish banks started charging for the use of cash machines and now it is possible that British banks will follow suit.

With effect from last Sunday the fees that banks pay to the cash machine operators is dropping from 25p to 24p and will eventually bottom out at 20p so there are basically three options open to the operators.

The first and possibly most likely is to remove the machines from areas where there is only a small usage and according to a Which report, around 300 machines are already being withdrawn from service every month.



HELD TO RANSOM: A Banksy view of cash machines.

This figure is disputed by Link which is the representative company for the shared network of these machines

across the UK; although it does accept that there may be some closures, especially in rural areas where banks have also disappeared.

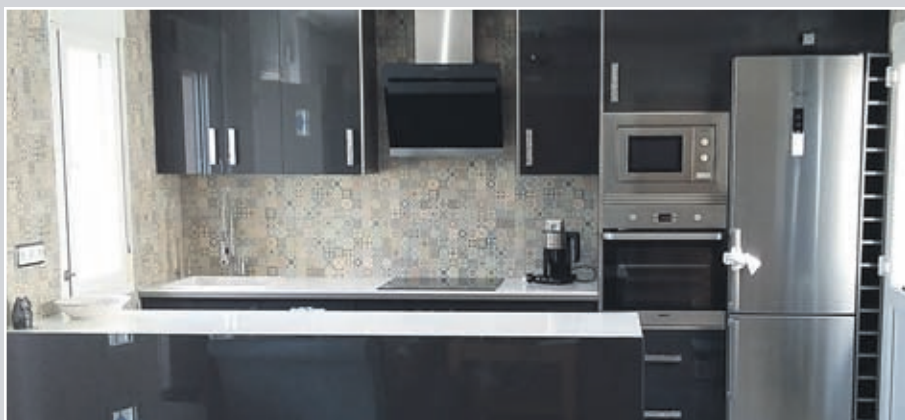
The second option is to charge a fee for cash withdrawals which does already happen with some machines installed in small shops but may well be extended.

The third (and least likely option) is for the suppliers to simply cover the loss of income themselves.

So next time that you are in the UK be warned that there may be fewer machines in operation and the use of them could be more expensive.

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Misdiagnosis costs dear

THE Valencia region's Upper Court (TSJCV) ordered the regional Health department to pay €93,000 compensation for not detecting a stroke.

The patient, a woman of 65 from Vigo (Galicia), went to the hospital's A & E with a bad headache, vomiting and faintness on January 1, 2014.

Apart from one analysis, no other tests were carried out and she was discharged with a diagnosis of 'dizziness.'

Six days later and still unwell, she went to her own Health Centre doctor in Vigo who immediately referred her to hospital

where it was noted that she did not have a CAT scan in Torrevieja.

Owing to the rapid deterioration of her condition she was immediately admitted to the intensive care unit where she entered into a coma and died on January 9.

Her husband and children afterwards accused the hospital of negligence, a claim upheld by the TSJCV.

Had information been compiled correctly by the A & E doctor in Torrevieja and a scan carried out the woman's condition would have been detected earlier and appropriate action taken, the TSJCV judges ruled.

The bells! The bells!

THE bells at La Mata's church have been temporarily silenced.

Torrevieja Town Hall ordered that the loudspeaker system at the top of the church tower should be sealed off after the Local Police found that this exceeded noise pollution limits.

For years amplifiers have announced services at the Nuestra Señora del Rosario church but as well marking

the quarters and the hours with the traditional bells, they also emit snatches of canned music.

A family from Madrid first grumbled about the excessive noise in 2005, an opinion shared by many other nearby residents whose complaints to the Orihuela-Alicante diocese, Torrevieja Town Hall and the regional government, have all been ignored.

Undeterred, Torrevieja's Activities councillor Fanny Serrano sent the Local Police to the church, afterwards ordering that the sound system should be turned off until the parish priest installed a noise-limiter.

The local church authorities have now asked to carry out tests to decide what type of sound reducer is needed before they can turn on the system once more.

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NEWS EXTRA

Space day marked

THE University of Alicante hosted two conferences to mark World Asteroid Day on its campus last Thursday, with attendees discussing impacts of the space debris as well as amateur interest in space.

Sweet & sour

DEMAND in Europe for organically-grown lemons is increasing and prices have shot up to €1.20 a kilo in the Vega Baja where 586 hectares produce an annual 17,580 tons of organic fruit.

Water worry

MURCIA'S president Fernando Lopez Miras has said he was "disturbed" by statements from the government officials in Madrid that the Tajo-Segura water transfer could be ceased, with Prime Minister Pedro Sanchez previously tweeting he may end them.

Ruins discovered

by Joe Gerrard

ARCHAEOLOGISTS working in Cartagena have discovered a monumental Roman building buried near the city's port.

Researchers with the Seneca Foundation led the dig in the Sierra de Pelayo area. The Foundation said in a statement the site was believed to be from the imperial period meaning it would have been used between the first and sixth centuries CE.

The group added initial findings suggested the building was used in connection with the supplying of water to the Ancient Roman city of Carthago Nova, on which Cartagena now stands.

"The architecture of the complex, which has underground structures, is of great quality. It is located on the slopes of the Sierra de Pelayo overlooking the port and acropolis of the ancient city," the Foundation said.

"Our evaluation of the archaeological value of the area



CREDIT: Seneca Foundation

UNCOVERED: The remains were found on the Sierra de Pelayo

will make it possible to plan an excavation campaign next year with a view to enhancing this find," the group added.

The Seneca Foundation was joined for the dig by several archaeology students from the University of Murcia. The team was led by Dr Alejandro Quevedo, from the Foundation.

"The creation of this unprecedented collaborative framework sets an important

precedent for which we all have to congratulate ourselves. It opens a window to the exploration and dissemination of archaeological heritage with enormous potential," the Foundation said.

The dig took place on land belonging to Spain's Ministry of Defence. Its use by the Spanish Navy meant archaeological remains there tend to be in good condition, the Foundation said.

Aquarius youth fight

EMERGENCY health services treated a youth who arrived in Alicante City off the Aquarius migrant rescue boat after he was injured in a scuffle with other young migrants.

The alleged fight broke out at the youth migrant reception centre in the city at about midday last Sunday. It is believed to have begun after an argument spilled over into verbal and eventually physical abuse, according to the National Police.

National Police officers were joined by the Local Police and an ambulance in a call out to the centre after the fight broke out.

Emergency services personnel found the teenager wounded from what was believed to be a blow to the face.

The youths involved in the scuffle were reportedly aged between 12 and 17. They came from a mixture of African and Asian countries and were living together in the reception centre, according to police. The reasons for the fight were unclear.

The Aquarius rescue boat docked in Valencia's port on Sunday June 17. There were people from around 31 countries, including Sudan, Algeria, Eritea, Nigeria, Afghanistan and Pakistan, on-board.

Music to heal body and soul

STUDENTS from the University of Murcia will take part in the project 'Music, emotions and life' which aims to assess the effects of music therapy on cancer patients at the Arrixaca Hospital.

Any student who plays an instrument can register as a volunteer to participate in the initiative, and they can also choose the piece that they want to play.

The objective is to study the psychological, physiological, social and intellectual of music on oncology patients, and therefore its potential as a form of therapy.

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We hope the information provided in this article is of interest.

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Raising funds for children

A GRAND charity event was recently held in Lo Crispin Tavern, organised by Yvette Cooper and Jan Harding.

Throughout the day, there were stalls selling hand-crafted cards and jewellery, home-made cakes and doggy-treats, as well as lots of bric-a-brac.

Guests were not only entertained by the live entertainment which was provided throughout the afternoon but by fundraising activities such as name the teddy, guess the number of sweets in the jar, a tombola and a raffle.

Twelve adults also took part in the afternoon pool competition and the children were kept entertained with face painting and a big bouncy castle, which were kindly provided by Algorfa Town Hall.

The event closed with a per-



ELATION: Yvette (left) and Jan (right) at the ALPE School making the donation.

formance by the Totally Dance Studio from Benijofar and the whole event was broadcast live all day on BigFM.

The day was a huge success and in total they managed to raise an amazing €1,567.80. This was donated to the ALPE School for children with special

needs. When Yvette and Jan handed over the donation to the principal, the children erupted into loud applause.

The organisers would like to thank everyone for their support and donations, including prizes from local restaurants and associations.

Keeping the animals happy

HAPPY ANIMALES Orihuela is holding a charity morning on Friday July 13 from 11am to 2pm at Captain Morgan's Bar in Eagle's Nest.

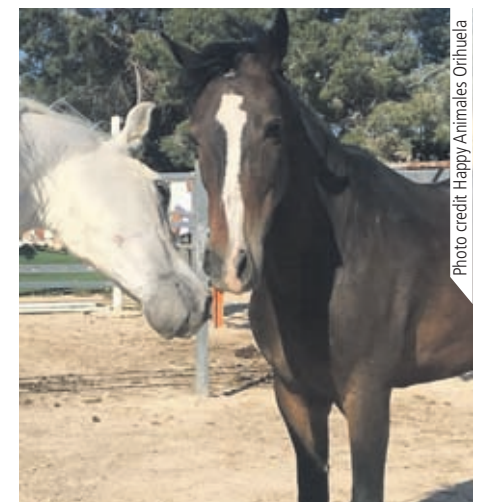
The event will include a fashion show with new and nearly new clothes, a flea market and a tombola.

All money raised will go to the non-profit charity located in Finca Villamartin to support with food, hay, water, repairs, blacksmiths and veterinary bills.

Founded by Mona Nowak, the animal sanctuary for abandoned or maltreated animals now has nine horses, four ponies, nine goats, four pigs, two dogs, three ducks, two ferrets, 13 geese and a number of cats and chickens.

To cover expenses, the charity needs to raise at least €1,400 each month, and they are always looking for new volunteers.

For more information, call Mona on 616 792 355 or Sol on 678 224 728 or check out



QUACKERS: Capriccio and Eclipse with (inset) two of the adorable baby ducklings.

their Facebook page (*Finca Villamartin Happy Animales Spanien*).

A sporting chance

ALMORADI Scrabble Club recently held their group event.

The theme for this month's session was, appropriately enough, football.

As such, players laid words such as 'lines,' 'zones' and 'sing' onto the board.

Karen achieved the highest score of the afternoon with 472, but Terry won the cup (or

in this case a bottle).

The next round of scrabble will be held earlier than usual on July 24, starting at 3.30pm sharp in Cafe-Bar Almoradi.

If you would like to join the club, please contact Christine Watkins on 694 437 698.

This month's conundrum is 'GROSPINT,' to find out the answer why not go along?

A barkin' success

BARKINSIDE animal rescue sanctuary recently held an event to celebrate the launch of its news website.

The launch party was held at Tippy Terrace in Hondon de los Frailes.

The event included activities such as dog agility displays and obedience demonstrations. There were delicious cakes available made by volunteers and a whole range of doggy goodies to purchase.

La Casa Canina showed that any dog, regardless of size or breed, can enjoy the excitement of jumping, going through tunnels and weaving through poles.

There was a fantastic turnout of people at the event and it was a great opportunity for them to meet and cuddle some of the beautiful dogs that have been abandoned and rescued.

The day was a great success and Barkinside was able to use it to publicise their website which showcases all the abandoned and rescued animals in their care.



Photo credit: Janette Menday

GOING LIVE: The event was to launch Barkinside's new website.

In addition to €941.70 being raised on the day, two wonderful dogs found foster homes.

The money raised will go towards the dogs which are cared for at Barkinside.

Jacqueline Peter Roberts and her husband Roy would

love to welcome you to their animal sanctuary near La Romana/ Novelda to visit the dogs and see the work carried out.

For more information visit www.barkinside.es or call Jacquie on 697 122 883.



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NEWS EXTRA**Charity night**

THE Stroke Association Spain will be holding a charity night on Wednesday July 11 from 7pm at El Paraiso de Guardamar with music from the 60's and 70's. Tickets are €10, including meal, from the SAS or El Paraiso.

Beach party

MEMBERS and friends of the Humanists of Murcia recently held (late) summer solstice festivities on the beach in Bolnuevo with games, food and music. Visit <http://www.humanists.bolnuevo.com>.

Now on sale

FOLLOWING the success of STUDIO32's recent production of *Chicago*, tickets are on sale for their next winter show, *The Wiz*, a modern interpretation of the *Wizard of Oz*. www.studiothirtytwo.org



Photo credit: Bill Saunders

TOP MODELS: Evelyn, Bella, Margaret, Linda, Jane, Pam, Anthea, Catherine, Joanne, Sandy and Linda.

A model day

HELP MURCIA MAR MENOR recently held its annual fashion show at Las Claras.

Eleven models took to the catwalk to show off some of the shop's best items of clothing to an attentive audience of more than 80 guests.

Each model fashioned three outfits which had been donated to the HELP outlet in Los Alcazares during the previous six months. In addition to these pieces there was also a wide range of items on sale at bargain prices.

Music on the day was provided by Ron Johnson and there were many prizes to be

won in the raffle.

After the fashion show itself, guests had the chance to purchase the outfits which had been modelled.

In total, just over €1,000 was raised for the charity on the day. This will go towards next year's good causes.

HELP would like to thank all the models and helpers who made the show a great success.

For more information about HELP Murcia Mar Menor call their office in Los Alcazares on 968 570 059.

An emotional day

A SERVICE was recently held in Orihuela Cathedral to celebrate Armed Forces Day.

This was the first time the event was held in Orihuela City and over 200 British and Spanish servicemen and veterans attended.

The procession was led by the Torrevieja Pipes and Drums and included four Chelsea Pensioners who had travelled to Spain especially for the event.

They marched the short



Photo credit: David Stokes

PRIDE & GLORY: The Chelsea Pensioners parade to the cathedral.

distance from Plaza Teniente Linares to the 13th century Orihuela Cathedral.

Watching out

THE San Luis/La Siesta Neighbourhood Watch and Residents group recently held their regular meeting, chaired by President Doug Allen.

There was a good turnout of residents at the event and the group were pleased to welcome the mayor, local councillors and Local Police officers.

Among other items, this offered the mayor the opportunity to explain that he hoped to see La Siesta park open within five months, following a closure of three years.

The group will next meet on September 24. In the meantime, people can stay up-to-date on issues of concern through the group's Facebook page.

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Travel

Roman baths in Casares



IN HOT WATER: A chamber in the baths.

IF you have a nose for history then a visit to the Baños de la Hedionda in Casares, Malaga might be a good idea.

That is if you also have a nose that can ignore the smell of sulphur in the baths which date back to Roman times and are said to be where the devil breathed out after being expelled from heaven.

These sulphurous springs

are difficult to reach but are still accessible to the public. Although there are no services available they have had a spruce up recently and are rid of the vandalism that plagued them for many years.

History records that Roman legionaries on the side of Julius Caesar visited the area in 61AD prior to one of the major battles with the troops of Pompey and

those suffering from the skin complaint Scabies were said to have recovered after bathing in the waters.

Although it is not confirmed that Caesar himself was a visitor, work was undertaken in the baths over the centuries by the Romans, Moors and Spanish, and the area next to the Rio Manilva has been declared an area of local cultural interest.




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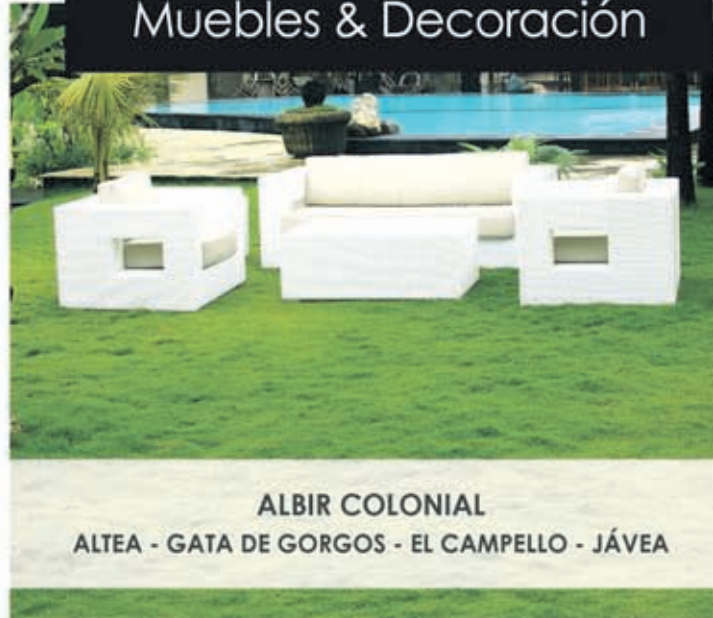




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DENMARK



Grave error

A WOMAN has been slapped with a fine worth around €2,414 for digging a hole in the top of a 3,000-year-old protected burial mound at Mosegade in Hedensted, with authorities initially suspecting it had been targeted by grave robbers.



DIGGING DEEP: The hole landed the woman a hefty fine.

Fighter stuck

A 24-YEAR-OLD Copenhagen man who travelled to Syria to fight with the Islamic State in 2013 is now stranded in Turkey after he was denied a new passport following the confiscation of his old one by the terror group.

More members

THE number of Danish Members of the European Parliament (MEPs) is set to be increased from 13 to 14 in elections to the body next May, with

the country's Prime Minister Lars Lokke Rasmussen welcoming the decision.

Gang targeted

A DANISH court is set to rule on

whether to ban an alleged criminal gang in a historic decision that would be the first instance of an organisation being outlawed since the Second World War if approved.

GERMANY



What a blast

FOOTAGE has emerged of an explosion aboard a German warship after one of its missiles misfired, with the resulting fireball covering the deck of the Saxony while it was undertaking a training exercise off the coast of Norway.

with firearms in 2017 according to the country's police college, up from 11 dead and 28 injured the previous year.

Jobless fall

THE number of people out of work in Germany dropped to almost 2.3 million people or a rate of 5 per cent, the lowest figure since the country unified in 1990 according

to the Federal Employment Agency.

Site rituals

NEW research at the Bronze Age Pommelte site in Saxony-Anhalt has suggested ancient rituals similar to the ones performed at Britain's Stonehenge were once undertaken there which could mean in turn there were historical links between the two.

Gun figures

POLICE in Germany shot dead some 14 people and wounded a further 39

NETHERLANDS



Probe backed

EUROPEAN UNION member state leaders have backed Dutch efforts to prosecute those behind the attack on flight MH17 following a meeting of heads of government in Brussels, with authorities in The Netherlands still probing the crash.

PM visits US

PRIME MINISTER Mark Rutte met with US President Donald Trump in Washington DC last Monday, with trade discussed in the first visit from a European Union head of government since the recent introduction of import tariffs.

Data concerns

MORE than 600 people have filed complaints with a government data watchdog since new EU privacy rules came into effect, according to the Dutch Data Protection Authority which has reportedly investigated 400 of the cases.

Mayor first

FEMKE HALSEMA has become the first female mayor of Amsterdam after being nominated by the city's council, with the 52-year-old former leader of the left-leaning Groenlinks party saying she was happy and humbled by her appointment.

SWEDEN



Drawing heat

POLICE in Valdemarsvik were called out after two men were spotted waving what looked like firearms at a barbecue, with officers arriving to find that the two 20-year-old brothers were instead brandishing three 'very realistic' toy guns.

Record year

THE skiing industry in Sweden has been helped by plentiful snowfall which allowed the season to begin early last year, with around 10 resorts having opened by the end of November and a record number of passes sold.

Boycott over

GOVERNMENT officials have decided to end their diplomatic boycott of the World Cup in Russia after Sweden reached the tournament's knockout stage, with some now set to travel to the competition after not doing so in solidarity with Britain.

New laws

A RAFT of new laws have come into force in Sweden as of last Sunday, including one which classes non-consensual sex as rape and another which makes it illegal to profit from the begging of another person.

NORWAY



Man dead

A MAN in his late 70's has died while hiking on the Besseggen mountain trail after falling around 10 metres from a ridge and hitting his head on a rock according to local emergency services.

Tree plans

NORWAY'S government has announced €15.3 million in funding to help combat international 'forest crime' including illegal logging with the money set to be shared between Interpol, a UN crime agency and the Rhipito Norwegian Centre for Global Analyses.

Refugee move

A TOTAL of 15 migrants from the rescue ship Lifeline will be transferred to Norway after the government agreed to take some of the passengers, with the vessel having docked in Malta with more than 200 people on board.

Feline found

A CAT which vanished from Norway last month has turned up in Iceland after reportedly stowing away on a container ship, with Pus believed to have gotten into a furniture shipment of his owner's Icelandic neighbours.

FRANCE



Forces plans

A PROPOSAL put forward by President Emmanuel Macron to reintroduce National Service has been officially tabled by the government, with 16-year-old boys and girls to serve two stints in the armed forces under the plans.

'Plot' probe

A TOTAL of 10 people have been charged by authorities in connection with an alleged far-right plot targeting Muslims after the nine men and one woman were arrested in raids across France.

Law update

LAWMAKERS have backed changes to France's constitution which remove the word 'race' and replace it with 'gender' in a sentence which originally stated no one would be discriminated against on the grounds of 'origin, race or religion.'

Envoy named

PRESIDENT Emmanuel Macron has named Francois Senemaud as his personal representative in Syria, with the former ambassador to Iran set to be France's envoy to the country but with the reopening of an embassy in Damascus ruled out.

BELGIUM



Suspect free

A 24-YEAR-OLD Belgian man arrested in connection with the Paris terror attacks in November 2015 has been released under conditions by an investigative judge, with Ayoud Bazarouj having denied any involvement in the incident.

Two dead

TWO men aged around 20 have died in a car crash after the driver lost control of the vehicle while overtaking and hit a tree on the road between Givry and Rouvery in the Mons area.

Don't brothel

CAMPAIGNERS in Ostend have spoken out after the city's council granted permission for a listed building to be converted into a brothel, with the 'Hangar of Love' set to share the building with a bar and supermarket.

Royal honour

PRINCESS ASTRID was named an 'Illustrious Visitor' of the Argentinian capital of Buenos Aires after visiting the city as part of a Belgian trade mission, with the honour handed out to high profile travellers.

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TALKS: Putin (left) and Trump (right) are due to meet on Monday.

Trump and Putin set for meeting

GOVERNMENT officials from the United States and Russia have struck a deal to hold a joint summit between Presidents Donald Trump and Vladimir Putin this coming Monday. The two leaders are set to meet in Helsinki with their relations and a range of national security issues on the agenda, according to statements from the White House and the Kremlin.

Power break off plans

POLAND and the Baltic states have signed a deal to reconnect their energy grids to the European Union (EU) and break off those with Russia by 2025. The EU has also signed the agreement which was drafted in a bid to overcome security concerns the countries have over Russia power links.

Historian held in probe

A PROMINENT Russian historian who gained fame for exposing Stalin-era mass killings has been arrested in the north of the country in connection with a child pornog-

raphy investigation. Yury Dmitriev was detained by officers in Karelia, with his supporters having claimed the arrest was politically motivated.

'Toxic' dump warning

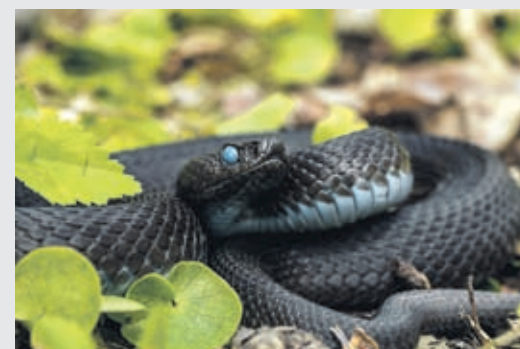
LAWMAKERS in Russia's parliament have warned the health of some 17 million people is at risk from 'toxic' landfill sites that have been filled to 'catastrophic' levels. The call comes as protests erupted in small towns in the Moscow area with demonstrators demanding the closure of dumps.

Weapons group vote

A GOVERNMENT official has said the future of a chemical armaments watchdog was in question after a British-led proposal to expand its powers was passed. Industry Minister Georgy Kalamonov said the Organisation for the Prohibition of Chemical Weapons (OPWC) was the Titanic starting to sink after members agreed to let it assign blame for attacks.

Snake invaders

AUTHORITIES in Volgograd warned football fans travelling to the city for the Japan-Poland match last Tuesday to be prepared for swarms of venomous snakes as temperatures rise. The city's council sprayed roads with vanilla extract and handed out wipes laced with insect repellent to spectators after vipers were sighted crossing Volga River. It was claimed they were crawling towards Volgograd arena.



WARNING: Officials said snakes were on the loose.

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STAT OF WEEK**€8.4 billion** The amount to be invested by Gas Natural Fenosa, rebranded as Naturgy, in a bid to grow its renewables business threefold over the next five years, the Spanish energy firm revealed in a statement.**Politician owes more than €1m**

FORMER Spanish Economy Minister Rodrigo Rato, 69, has been included on a national Tax Office list of individuals owing more than €1 million in unpaid duties.

The political figure, also an ex-chief of the International Monetary Fund, was last year found guilty of misappropriating funds while head of Bankia, which in 2012 was bailed out by the Spanish government after it almost collapsed.

Pop star Miguel Bose and footballer Dani Alves, who played for Barcelona from 2008-2016, also appear on the list.

IAG takes it to the next level

BRITISH AIRWAYS owner IAG is to expand its low-cost long-haul airline Level with the launch of short-haul flights from a base in Austria.

The Madrid-based firm, which also owns Spanish flag-bearing carrier Iberia, launched the new brand last year as a direct rival to Norwegian.

It currently flies from Buenos Aires, Los Angeles, Boston, and San Francisco to Barcelona, and New York to Paris and Madrid.

But it will from July 17 begin flights from Vienna to 14 destinations including London Gatwick, Barcelona,

by Matt Ford

Madrid, and Mallorca using four Airbus A321 planes in a bid to take on established budget carriers.

Simon Calder, travel editor of the *Independent* said the bold move by IAG would spark a "massive fares war."

He added: "British Airways' parent company has astonished the aviation market by launching a new Vienna-based subsidiary with less than three weeks' notice."

IAG's chief executive Willie Walsh said there will be "more flight choices

across Europe."

He added: "These flights will be branded as Level to build upon the huge success of our new long-haul low-cost operation.

Flights from London to the Austrian capital with Level currently start at €24, although as with rivals, passengers must pay extra fees to choose a seat or to check in a hold bag.

IAG recently tried to buy its low-cost long-haul rival Norwegian Air Shuttle and Vienna-based Niki, losing out to Irish airline Ryanair in the latter battle.

EU agrees hike in migrant cash

SPAIN is to receive a boost in European Union (EU) funding as it battles to cope with a surge in migrant arrivals.

It comes after new Prime Minister Pedro Sanchez spoke with EU lawmakers in Brussels following bilateral talks with French President Emmanuel Macron and German Chancellor Angela Merkel.

The money will be used to improve cooperation with migrant origin and transit nations, with Morocco seen as a key collaborator, the leader said.



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Telefonica lands footy monopoly**REAL DEAL:** The agreement is worth €1.08 billion.

SPANISH broadband and telecommunications provider Telefonica has snapped up the rights to broadcast UEFA Champions League and Europa League football from rival Mediapro.

The firm will fork out €1.08 billion for the 2018-2021 period, paying €360 million for each of the next three seasons, it said in a statement.

It comes after its recent acquisition of La Liga football from 2019-2022, with the multinational now holding a monopoly on

pay-per-view football rights in the Spanish domestic market.

The agreement includes shared advertising rights for a set of new Movistar-branded channels to be launched in the coming weeks.

Telefonica Spain's president, Emilio Gayo, said: "The award of the main lots of the rights of La Liga last Monday cements Telefonica's commitment to television with our customers' most-watched content, now completed with the Champions and the Europa League."

» BUSINESS EXTRA**Taco-bout a revolution**

MEXICAN-INSPIRED US fast food chain Taco Bell is to open more than 200 new eateries in Spain after agreeing a new deal with Madrid-based Casual Brands Group, which already operates 40 of the brand's restaurants across the country.

Rates rise

SPAIN'S consumer price inflation soared to a 14-month high in June, advancing 2.3 per cent year-on-year, the fastest increase since April 2017 according to data from the National Statistics Office.

Power on

MADRID-BASED energy firm Repsol has snapped up the electricity assets of Cantabrian rival Viesgo for €750 million as it intensifies its bid to diversify into low-emissions businesses, the company said in a statement.

Delayed budget passed

SPAIN'S parliament has passed its long-delayed 2018 budget.

It leaves the new minority Socialist government led by Pedro Sanchez able to start work on next year's accounts after months of holdups sparked by last year's Catalan independence crisis.

The budget was drafted by the recently ousted

conservative administration, and includes a bid to bring the public deficit below 3 per cent of economic output for the first time in a decade.

The European Union has set Spain a target of 2.2 per cent for 2018, but Bank of Spain forecasts suggest it will be closer to 2.7 per cent.

Work on next year's budget is set to get underway immediately, the Socialists have said.

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Pound stumbles, US dollar accelerates

Ask the expert

Peter Loveday



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Contact me at euoweekly@currenciesdirect.com

Euro

EUR/GBP: Up from £0.87 to £0.88

EUR/USD: Down from \$1.17 to \$1.16

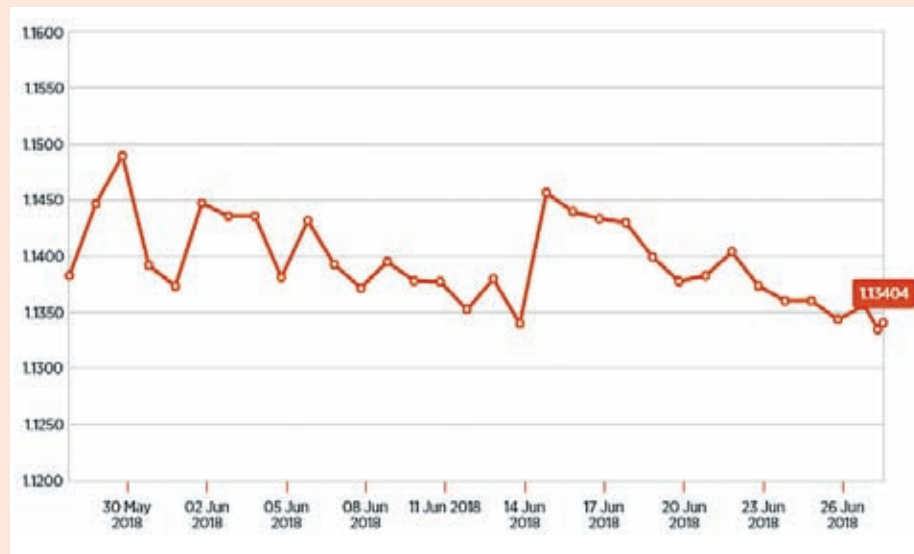
The euro (EUR) has traded in wide range again in June, with easing concerns over Italy's commitment to the Eurozone being unwound by the European Central Bank's (ECB) latest policy meeting.

Initially the single currency strengthened this month as Italy's new government dispelled fears that it was planning to ditch the euro.

However this meant little in the face of June's ECB policy meeting.

This saw the single currency nosedive as the bank's announcement of plans to unwind its stimulus programme was undermined by the ECB's accompanying pledge to leave interest rates on hold well into 2019.

The single currency did a serviceable job in clawing back some of these gains by the end of the month however, with some upbeat PMI figures aiding its road to recovery.



JULY: Could see a more substantial lift in the euro.

Looking ahead, July could see a more substantial lift in the euro should Eurozone data continue to print positively, which would help ease fears of a sustained slowdown across the bloc.

Pound

GBP/EUR: Down from €1.14 to €1.13

GBP/USD: Down from \$1.33 to \$1.32

Sterling (GBP) fell back once again in June, with the pound bowing before the pressures on rising Brexit uncertainty and subdued economic expansion.

While May's better-than-expected PMI readings helped Sterling to get off to a positive start this month, it was soon undone by the UK's latest wage growth and inflation figures, both of which dragged on the pound as they printed below expectations.

The only notable lifeline offered to GBP in June came in the form of a hawkish swift from within the Bank of England (BoE), with Chief

Economist Andy Haldane's shock vote for an immediate rate hike at this month's policy meeting prompting markets to be on the lookout for an August rate hike.

Indeed, if there is any more evidence supporting a summer rate hike, it may be possible for the pound to find some strength in July, so long as the shadow of Brexit doesn't return to drag on sentiment.

US Dollar

USD/GBP: Up from £0.74 to £0.75

USD/EUR: Unmoved at €0.85

While the US dollar (USD) continued to appreciate in June, its advance slowed noticeably in comparison to its meteoric rise in May.

Just as in May, this month has seen the US dollar continue to find support from some solid domestic data, while a widely-anticipated rate hike from the Federal Reserve also lent strength to the currency.

However the dominant force behind USD in June proved to be the sharp rise in global trade tensions, with the currency fluctuating as Donald Trump stepped up the rhetoric.

This trend is likely to continue throughout July as well, with the US dollar likely to remain in a position of strength as upbeat economic data and ongoing trade uncertainty helps to drive demand for the 'Greenback.'

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LEAPY LEE SAYS IT

OTHERS THINK IT



WHY is it always the black and Asian minorities that constantly whine on about racism?

What about the white majorities, that have to put up with racist insinuations on an almost daily basis?

White people are accused of just about every injustice that ever befell humankind: 'The white man pillaged our land,' 'White people get all the best jobs,' 'White people are more likely to be accepted in Universities,' 'White people are first in line for promotion,' 'It's wrong to allow a white man/woman to portray a black man in some play or another,' 'It's a white man's world.'

It simply goes on and on. Substitute the word white with black in these situations and there would be a spate of law suits, self-righteous uproar and probably rioting across the land.

How many more times do we have to hear some toe-rag crook, caught bang to rights committing some heinous crime or another, scream out



TOGETHER AS ONE: There is no place for any form of racism.

that he was only being nicked because he was black? Even the brave firemen that risked life and limb trying to save the victims of the Grenfell disaster were accused of racism for not acting quickly enough. How disgraceful is that?

Well quite frankly I'm sick of being made to feel guilty because of the

colour of my skin. I'm also sick of white people being frightened to open their mouths against some injustice or another because they may be accused of racism or Islamophobia, or some other 'Obia' or 'Ism,' dreamed up to crush the freedom of speech. I am not a racist, never have been, and hopefully never will be.

However, if, heaven forbid, I ever did begin to lean in that direction, it would be purely because I had been driven there by these bigoted individuals, who are in fact the biggest racists of all.

It's time to stop blaming the failures and shortcomings of the so-called minorities on the oppression of the white

race majority. I realise that we have committed some horrendous atrocities in the past but have now been bending over backwards for years trying to atone for our historical mistakes. These days, in the name of 'diversity,' people are more likely to gain positions because they are members of a minority, rather than be left in line.

That, in itself, is blatant racism, but I don't see hordes of long suffering whites taking to the streets or bleating in the media because of it. For God's sake give us all a break. If this reversed racist attitude doesn't ease up soon, it could (basically because the white majority are becoming utterly peeved) completely backfire, allowing the far right-wing faction to gain the upper hand in British politics.

If it does, heaven help Great Britain and everyone who sails in her. Don't kill the goose. Just be thankful to live in a country that still actually cares - for now!

Keep the Faith,

Love Leapy

leapylee2002@gmail.com

leapylee2002@gmail.com

Leapy Lee's opinions are his own and are not necessarily representative of those of the publishers, advertisers or sponsors.

TECH FOR THE TIMID



THE other day a friend invited me to fondle her new equipment. No, not that. She had bought a very fancy, state-of-the-art laptop. And she simply got too much for her money.

Straight out of the box, her shiny new notebook was full of junk. Bloatware, as it's known in IT circles, or indeed its other far less user-friendly name, which we shall rename slightly in this family newspaper as clapware.

A time-limited trial office suite, anti-virus, toolbars, games and questionably useful apps squatted flatulently on what should have been a clean new hard-drive, all hoping to lock her into clicking Yes when their period of grace (soon) expired, and the consequent pain in the purse.

Those of us with plenty of ICT savvy, and no life, would show the junk the door with some fairly radical uninstalling. But we're not the target in what is, essentially, advertising what the buyer has actually paid to have.

"Can I safely delete this?," my friend would ask plaintively each time, and all power to her timidity.

Pushing out the bloat

Terence Kennedy suggests what to do when your new lean, mean machine isn't.



BATTLE OF THE BLOAT: Clean up your new PC.

It's what these digital intruders count on. Who wants to cripple a lovely new laptop by zapping something vital by mistake?

It's not just your storage which is affected by this pre-loaded junk. A survey comparing two otherwise identical top-of-the-range laptops, one with the

pre-loaded bloatware and the other without, revealed that the lean machine started 104 per cent faster, shut down 35 per cent quicker and had 28 more minutes of battery life. Ouch.

If you're reasonably confident, you can safely uninstall anything you know you won't need, Microsoft Of-

fice trialware eats up lots of disk space and can safely be zapped by going to PC Settings | Apps | Apps & Features and then clicking it. Then download LibreOffice as a perfectly serviceable free alternative.

You can also safely uninstall pre-loaded virus and security suites to replace them with the (free) solution of your choice - or live a little more dangerously and depend on the adequate Windows Defender built into your operating system.

When in doubt, there are several safe and free solutions for reclaiming all the hard-drive space, and processing power, that you paid for in a new computer.

Should I Remove It is exactly what its title suggests, or you could go for Slim Computer or AdwCleaner - and in all cases read their websites carefully so you know exactly what it will do.

Or you could just download PC Decrapifier. It's the registered name of the best-known of the cleaner-uppers, so please don't sue me for obscenity.

Phone clog

TODAY'S Android phones are notorious for their pre-loaded junk, and most of it can be safely disabled or deleted.

All it takes is a quick trip to the Settings menu, then Apps (or Applications), then click each unwanted app in turn. Third-party apps generally have an Uninstall button, while many of Android's, or the manufacturer's, own apps will only allow you to Disable them. If there are unintended consequences simply go back and Enable again.

Or you can download Disable Bloatware from the Google Play store, but be aware this generally just hides unwanted junk rather than actually deleting it.

The bottom line is that the great populist philosopher Mick Jagger was wrong: you CAN always get what you want - with a little de-clapifying.



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1:35am BBC News
7:00am Breakfast
10:15am Right on the Money
11:00am Homes Under the Hammer
12:00pm Rip Off Britain
12:45pm Caught Red Handed
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Wimbledon 2018
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm Fake Britain
8:30pm EastEnders
9:00pm Would I Lie to You?
9:30pm EastEnders
10:00pm Celebrities on the NHS Frontline
11:00pm BBC News at Ten
11:30pm BBC London News
11:45pm Question Time
12:45am This Week
1:30am Reggie Yates' Extreme Russia
2:30am Weather for the Week Ahead
2:35am BBC News

3:15am This is BBC Two
7:00am Flog it! Trade Secrets
7:30am Right on the Money
8:15am Coast
9:00am Britain in Bloom
9:30am Trust Me, I'm a Doctor
Series going behind the headlines to give the definitive answers to health questions.
10:00am Victoria Derbyshire
12:00pm The Daily Politics
Jo Coburn presents the latest political news, interviews and debate.
12:30pm Wimbledon 2018
9:30pm Today at Wimbledon
10:30pm RHS Hampton Court Flower Show 2018
11:00pm Mock the Week
11:30pm Newsnight
12:15am Frankie Goes to Russia
1:15am The Bridge

9:00pm The First Georgians: The German Kings who Made Britain
10:00pm Napoleon
11:00pm Whites v Blacks: How Football Changed a Nation
12:00am Britain's Whale Hunters: The Untold Story
1:00am Top of the Pops
1:30am Gods and Monsters: Homer's Odyssey
2:30am B is for Book
3:30am The First Georgians: The German Kings who Made Britain
Dr Lucy Worsley's inside story of Britain's imported German dynasty, made with extensive access to the Royal Collection, reaches the reign of George II
4:30am This is BBC Four

5:40am Star Boot Sale
6:05am Cheap Cheap
7:00am Countdown
7:45am King of Queens
8:35am Everybody Loves Raymond
10:05am Frasier
11:05am Car S.O.S
12:05pm Ramsay's Kitchen
1:00pm Nightmares USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm A Place in the Sun: Winter Sun
5:00pm The £100k Drop
6:00pm Come Dine with Me
6:30pm The Posh Frock Shop
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Supershoppers
10:00pm Humans
11:00pm First Dates
12:05am Bride and Prejudice
1:05am Naked Attraction

12:15pm On Benefits: Life on the Dole
1:10pm 5 News Lunchtime
1:15pm GPs: Behind Closed Doors
2:15pm Home and Away
2:45pm Neighbours
3:15pm Cagney and Lacey
4:15pm Hidden Truth: Lies Will Surface
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm The NHS at 70: A 5 News Tonight Special
8:00pm The Wonderful World of Puppies
9:00pm Bad Tenants, Rogue Landlords
10:00pm Nando's: A Peri Peri Big Success Story
11:00pm Notorious Fritzi: What Happened Next
12:05am Countdown to Murder: The Soap Star Killer

9:00am Melissa and Joey
10:00am Baby Daddy
11:00am Black-Ish
12:00pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm Black-Ish
5:30pm Black-Ish
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Kevin Can Wait
9:00pm Young Sheldon
9:30pm Young Sheldon
10:00pm Brooklyn Nine-Nine
10:30pm Brooklyn Nine-Nine
11:00pm The Inbetweeners
11:35pm The Inbetweeners
12:05am The Big Bang Theory

4:30am Football
6:35am One2eleven
7:00am Good Morning Sports Fans Bitesize
7:30am Good Morning Sports Fans Bitesize
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Sky Sports News
11:30am Live European Tour Golf
7:00pm Cricket
Middlesex host Surrey at Lord's in the opening week of the Vitality T20 Blast.
10:30pm Live PGA Tour Golf
12:30am European Tour Highlights
1:30am Sporting Triumphs
1:45am Sporting Triumphs
2:00am Sky Sports News
3:00am Sky Sports News

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ACTION & ADVENTURE**sky CINEMA**
PREMIERE**sky sports**
football

9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder's Crime Stories
4:00pm Tenable
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Violent Britain: Drugs, Knives and Gangs - Tonight
9:00pm Emmerdale
9:30pm Best Walks with a View with Julia Bradbury
10:00pm Police Tapes
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:45pm It's Not Just Cricket
12:45am Violent Britain: Drugs, Knives and Gangs - Tonight
1:10am Jackpot247
4:00am ITV Nightscreen

8:10am Who's Doing the Dishes?
9:00am Emmerdale
9:30am Coronation Street
9:55am Coronation Street
10:25am The Ellen DeGeneres Show
11:20am The Bachelorette
1:15pm Emmerdale
1:45pm Coronation Street
2:15pm Coronation Street
2:45pm The Ellen DeGeneres Show
3:35pm The Jeremy Kyle Show
4:40pm The Jeremy Kyle Show
5:45pm The Jeremy Kyle Show
6:50pm Take Me Out
8:00pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Superstore
10:00pm Love Island
11:00pm Keith Lemon: Coming in America
11:50pm Family Guy
12:20am Family Guy
12:45am American Dad!
1:15am American Dad!
1:40am Two and a Half Men
2:10am Superstore

3:30am Teleshopping
7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am The Royal
Spin-off drama from Heartbeat set in a cottage hospital in the seaside town of Elsinby.
10:00am Judge Judy
10:30am Judge Judy
11:00am Judge Judy
11:25am Agatha Christie's Marple
1:35pm The Royal
2:40pm Heartbeat
3:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:50pm Agatha Christie's Marple
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Vera
11:00pm Foyle's War
1:05am Unforgotten
2:05am Unforgotten
3:00am ITV3 Nightscreen
3:30am Teleshopping

4:00am Teleshopping
7:00am The Chase
7:50am Pawn Stars
Reality series. Sniggering abounds as the guys check out some 40s' sex education literature
8:15am Ironside
9:20am Quincy, M.E.
10:20am Minder
11:30am The Sweeney
12:35pm The Professionals
1:40pm Ironside
2:45pm Quincy, M.E.
3:50pm Minder
4:55pm The Sweeney
6:00pm The Professionals
7:05pm Cash Cowboys
8:00pm Pawn Stars
8:30pm Pawn Stars
9:00pm World Series of Darts
Live: Las Vegas
1:00am River Monsters
2:05am Minder
3:10am The Protectors
3:35am Barcelona's European Glory
3:45am ITV4 Nightscreen
4:00am Teleshopping

9:00am Broken Arrow
11:00am 12 Rounds
1:00pm Kong: Skull Island
3:15pm Underworld: Blood Wars
5:00pm Death Race
7:00pm 12 Rounds
9:00pm Kong: Skull Island
11:00pm Underworld: Blood Wars
12:45am Death Race
2:45am Keanu

sky CINEMA
COMEDY

7:15am Top Ten Show, the 2018
7:35am Music and Lyrics
9:25am Liar Liar
10:55am As Good as it Gets
1:20pm 30 Minutes or Less
2:50pm Girls Trip
5:00pm The Other Guys
7:00pm You Don't Mess with the Zohan
9:00pm Girls Trip
11:10pm The Other Guys
1:10am My Blind Brother
2:40am You Don't Mess with the Zohan
4:40am Jackass 3

4:50am B&B
6:30am Anon: Special
7:00am Alien Invasion: S.U.M.1
8:40am Flatliners
10:40am Call Me by Your Name
1:00pm The Midnight Man
2:50pm The Snowman
5:00pm FML
Raucous road-trip comedy following two unlikely friends - a middle-aged comedian and a teen social media star - as they embark on a quest to reach a million followers.
7:00pm Flatliners
9:00pm Call Me by Your Name
11:20pm The Midnight Man
A group of friends stumble on a game that summons terrifying creature
The Midnight Man
1:00am The Snowman
3:15am Tom of Finland
5:30am The Hurricane Heist: The Eye of the Storm

11:00am Phenoms - The Playmakers
12:00pm Phenoms - Italy
1:00pm Greatest Moments in Football
2:00pm EFL Goals: Championship
2:30pm EFL Goals: Leagues 1&2
3:00pm Phenoms - Ghana, Nigeria and Senegal
4:00pm Football's Greatest Teams
4:30pm Football's Greatest Teams
5:00pm Phenoms - Uruguay
5:30pm SPFL Round Up
5:45pm SPFL Round Up
6:00pm Greatest Moments in Football
7:00pm Football's Greatest Head to Head
7:30pm Phenoms - Uruguay
8:00pm EFL Goals: Championship
8:30pm EFL Goals: Leagues 1&2
9:00pm Major League Soccer
11:05pm Phenoms - Brazil
11:35pm Phenoms - USA
12:05am Phenoms - Mexico
12:35am Phenoms - Uruguay
1:05am Play-Off Final Highlights

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GOOD NEWS FOR YOUR CAR 902 123 309



BBC one

7:00am	Breakfast
10:15am	Right on the Money
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Wimbledon 2018
7:00pm	BBC News at Six
7:15pm	BBC London News
7:30pm	Match of the Day Live
10:15pm	EastEnders
10:45pm	Our Friend Victoria
11:15pm	BBC News at Ten
11:40pm	BBC London News
11:50pm	Room 101
12:30am	Live at the Apollo
1:00am	Match of the Day
2:40am	Weather for the Week Ahead
2:45am	BBC News
7:00am	Breakfast
10:15am	Right on the Money
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt

BBC TWO

4:15am	This is BBC Two
7:00am	Flog it! Trade Secrets
7:30am	Right on the Money
8:15am	Coast
9:00am	Gardeners' World
10:00am	Victoria Derbyshire
12:00pm	The Daily Politics
	<i>Jo Coburn presents the latest political news, interviews and debate.</i>
12:30pm	Wimbledon 2018
9:30pm	Today at Wimbledon
10:30pm	RHS Hampton Court Flower Show 2018
11:30pm	Newsnight
	<i>In-depth investigation and analysis of the stories behind the day's headlines with Evan Davis.</i>
12:05am	Romper Stomper
12:55am	Romper Stomper
1:50am	The Trouble with Women with Anne Robinson
2:50am	The Richard Dimbleby Lecture
3:35am	This is BBC Two

BBC FOUR

4:30am	This is BBC Four
8:00pm	World News Today
	<i>The latest national and international news, exploring the day's events from a global perspective.</i>
8:30pm	Top of the Pops
9:00pm	Top of the Pops
10:00pm	Top of the Pops
11:00pm	Smashing Hits! The 80s Pop Map of Britain and Ireland
12:00am	Top of the Pops
1:00am	Chalkie Davies: Rock Photographer Documentary following photographer Chalkie Davies as he prepares for his first major exhibition, which is opening at the National Museum of Wales in Cardiff.
1:30am	Top of the Pops
2:30am	Shirley Bassey at the BBC
3:30am	Top of the Pops
4:30am	This is BBC Four

CHANNEL 4

7:45am	King of Queens
8:10am	King of Queens
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:30am	Frasier
11:00am	Formula 1
12:35pm	F1 Meets... Daniel Ricciardo
1:00pm	Channel 4 News
1:05pm	Couples Come Dine with Me
1:55pm	Find it, Fix it, Flog it
2:55pm	Formula 1
5:00pm	The £100k Drop
6:00pm	Come Dine with Me
6:30pm	The Posh Frock Shop
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	George Clarke's Amazing Spaces
10:00pm	The Crystal Maze
11:00pm	The Last Leg
12:05am	The Big Narstie Show
1:05am	Stath Lets Flats

CHANNEL 5

8:55am	Ben and Holly's Little Kingdom
9:05am	Paw Patrol
9:20am	Floogals
9:40am	Digby Dragon
9:55am	Nella the Princess Knight
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	On Benefits: Life on the Dole
1:10pm	5 News Lunchtime
1:15pm	GPs: Behind Closed Doors
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	Cagney and Lacey
4:15pm	Jesse Stone: Thin Ice
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Cruising with Jane McDonald
9:00pm	Cruising with Jane McDonald
10:00pm	Jane McDonald and Friends
11:00pm	Jane McDonald: My Life Story
12:00am	Cricket on 5

4

9:30am	Melissa and Joey
10:00am	Baby Daddy
10:30am	Baby Daddy
11:00am	Black-ish
11:30am	Black-ish
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	Black-ish
5:30pm	Black-ish
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Kevin Can Wait
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	AVP: Alien vs. Predator
11:50pm	The Big Bang Theory
12:20am	The Big Bang Theory

sky sports main event

6:00am	Sky Sports News
7:00am	Good Morning Sports Fans Bitesize
7:30am	Good Morning Sports Fans Bitesize
8:00am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
10:00am	Good Morning Sports Fans
10:30am	Paddock Uncut
10:45am	Live British F1 GP: Practice
12:50pm	Live European Tour Golf
6:00pm	Cricket
10:00pm	Live PGA Tour Golf
12:30am	European Tour Highlights
1:30am	Sporting Triumphs
1:45am	Sporting Triumphs
2:00am	Sky Sports News
3:00am	Sky Sports News
4:00am	Sky Sports News
5:00am	Sky Sports News
	<i>All the news from the Premier League and beyond.</i>

itv

6:05am	The Jeremy Kyle Show
7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder's Crime Stories
3:30pm	FIFA World Cup 2018: Quarter-Finals
6:15pm	Catchphrase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	James Martin's American Adventure
9:30pm	Coronation Street
10:00pm	Lethal Weapon
11:00pm	ITV News at Ten and Weather
11:45pm	FIFA World Cup 2018: Highlights
12:45am	Mad Max 3: Beyond Thunderdome

itv2

9:00am	Emmerdale
9:30am	Emmerdale
9:55am	You've Been Framed!
10:25am	The Ellen DeGeneres Show
11:20am	The Bachelorette
12:15pm	You've Been Framed!
1:15pm	Emmerdale
1:45pm	Emmerdale
2:15pm	You've Been Framed!
2:45pm	The Ellen DeGeneres Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:45pm	The Jeremy Kyle Show
6:50pm	Take Me Out
8:00pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Superstore
10:00pm	Love Island
11:05pm	Celebrity Juice
11:50pm	Family Guy
12:20am	Family Guy

itv3

3:30am	Teleshopping
7:00am	Classic Coronation Street
7:25am	Classic Coronation Street
7:55am	Heartbeat
9:00am	The Royal
10:00am	Judge Judy
10:30am	Judge Judy
10:55am	Judge Judy
11:20am	Agatha Christie's Marple
1:35pm	The Royal
2:35pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:45pm	Agatha Christie's Marple
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Agatha Christie's Poirot
11:00pm	Foyle's War
1:05am	Vera
2:55am	Honest
3:45am	Long Lost Family - Australia
4:35am	This Time Next Year

itv4

4:00am	Teleshopping
7:00am	The Chase
7:50am	Pawn Stars
8:15am	Ironsides
	<i>A small-time gangster warring with a mob boss hires a hitman to kill Ironsides.</i>
9:20am	Quincy, M.E.
10:20am	Minder
11:25am	The Sweeney
12:35pm	The Professionals
1:40pm	Ironsides
2:45pm	Quincy, M.E.
3:50pm	Minder
4:55pm	The Sweeney
6:00pm	The Professionals
7:05pm	Cash Cowboys
8:00pm	Pawn Stars
8:30pm	Pawn Stars
9:00pm	World Series of Darts Live: Las Vegas
1:00am	River Monsters
2:00am	Minder
3:10am	Pawn Stars
3:30am	Football Rivalries
3:40am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

7:00am	Armageddon
9:35am	Spider-Man 3
12:00pm	Fast and Furious 8
2:20pm	Marvel's Avengers Assemble
4:45pm	The Dark Tower
6:30pm	Fast and Furious 8
9:00pm	Marvel's Avengers Assemble
11:25pm	The Dark Tower
1:10am	The Punisher: War Zone

sky CINEMA COMEDY

9:50am	That's Not Me
11:30am	How to be a Latin Lover
1:30pm	Planes, Trains and Automobiles
3:10pm	Top Ten Show, the 2018
3:30pm	The House
5:10pm	Rough Night
7:00pm	Why Him?
9:00pm	The House
10:35pm	Rough Night
12:25am	Why Him?
2:25am	Road Trip: Beer Pong

sky CINEMA PREMIERE

6:00am	Monster Family: Special
6:30am	Fantastic Beasts and Where to Find Them: Special
7:00am	Barracuda
8:50am	Alien Invasion: S.U.M.1
10:30am	The Snowman
12:35pm	Geostorm
2:35pm	Flatliners
4:30pm	Call Me by Your Name
	<i>Sublime coming-of-age love story charting the summer romance between a precocious teen and a visiting grad student.</i>
6:50pm	The Snowman
9:00pm	Geostorm
11:00pm	Flatliners
1:00am	The Midnight Man
2:40am	Alien Invasion: S.U.M.1
4:30am	Barracuda

sky sports football

3:00pm	Phenoms - Belgium and Netherlands
4:00pm	Football's Greatest Teams
4:30pm	Football's Greatest Teams
5:00pm	Phenoms - Colombia
5:30pm	SPFL Round Up
5:45pm	SPFL Round Up
6:00pm	Greatest Moments in Football
7:00pm	Football's Greatest Head to Head
7:30pm	Phenoms - Colombia
8:00pm	EFL Goals: Championship
8:30pm	EFL Goals: League 1&2
9:00pm	SPFL Round Up
9:15pm	SPFL Round Up
9:30pm	SPFL Greatest Games
9:45pm	SPFL Greatest Games
10:00pm	Greatest Moments in Football
11:00pm	Phenoms - France
12:00am	Phenoms - Belgium and Netherlands

|| The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Nora Johnson
Breaking Views



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

LORD RICHARDS of Herstmonceux, former top brass in the British Army, gave an example of how news can be twisted into, err, fake news. Before the US election last year, he was quoted as saying that Donald Trump was not necessarily as awful as people say. This duly appeared in the *Daily Mail* as 'Chief of defence staff endorses Trump' and then, on Trump's own website, as 'Best ever defence chief favours Trump.' So much for Trumpplomacy!

But that's nothing compared to the bizarre BBC subtitle gaffes on its News, Sport and Weather channels that have left the BBC lost for words. One blunder quoted Jeremy Corbyn praising Prince Harry 'and Hezbollah,' rather than 'Harry and his brother.'

Another howler welcomed Chinese New Year viewers into the 'year of the whores' - quickly corrected to 'horse.' A news report on pigs that 'nibble anything, even willies' was swiftly corrected to 'wellies.'

Former Italian PM Silvio Berlusconi became 'Mr Beryl Beryl,' ex-Labour leader

Fake news that leaves us lost for words



TRUMPED: Lord Richards' words were turned into fake news by the media.

Ed Miliband renamed 'Ed Miller Band,' and Eurovision star Engelbert Humperdinck dubbed 'engle Bert humper distinct.'

And when one BBC announcer revealed the government was 'making helpful decisions,' deaf members of the audience would have been confused as to why politicians were 'making holes for surgeons.' Likewise, a weather presenter was subtitled as saying there would be a 'few

more mist and fox patches' while news that '500 actors are set to be killed' later became '500 badgers.'

Other gaffes have seen the sale of millions of 'puppies' - not 'poppies' - in Britain on Remembrance Day, a 'cat's pornography reading' disclosed during a court report and a solemn call for 'silence' become 'a moment's violence' during the Queen Mother's funeral in 2002. Oops!

The communications' watchdog Ofcom has found that subtitling errors make some programmes 'unwatchable' for deaf viewers - hardly surprising as regards some of these blunders. Some of those quoted in its reports include 'they need a man' rather than 'they need a mum,' lemon written as 'lepl on' and 'be given to ayatollas' instead of 'to our toddlers.' Nuff said!

Nora Johnson's 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) available from Amazon (€0.99;£0.99) and iBookstore. All profits to Costa del Sol Cudeca cancer.

columnists@euroweeklynews.com

LEGALLY SPEAKING

Must they pay wealth tax?

Q. With reference to your advice regarding property wealth tax. We have owned a property in Torrevieja for 18 years but have only paid tax on it for four years. The property is now valued at €50,000. We are non-residents.

If we start to pay tax now, will we open a can of worms and what would be the worst-case scenario?

D.C. (Costa Blanca)

A. There is no 'property wealth tax.'

David Searl

You and the Law in Spain



1. There is an annual property tax, the IBI (Impuesto sobre Bienes Inmuebles), which is the equivalent of the 'rates' in the UK. You pay this tax every year, based on the rated value of your property. In your case, it should not be more than a few hundred euros.

2. Then there is the Spanish 'wealth tax,' the Impuesto sobre el Patrimonio. This is a tax on all capital assets, not only houses and flats. It includes stocks and shares, money in bank accounts, yachts and gold bars under the mattress. Even non-residents have an exemption of €700,000 per person, so you probably are exempt.

If you have not paid the IBI, the Tax Agency can claim back tax on the previous four years.

Send your questions for David Searl through lawyers Ubeda-Retana and Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.



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BBC one

2:45am	BBC News
7:00am	Breakfast
11:00am	Saturday Kitchen Live
12:30pm	Simply Nigella
1:00pm	BBC News
1:10pm	Weather
1:15pm	Wimbledon 2018
3:30pm	Match of the Day Live
6:15pm	Wimbledon 2018
7:10pm	BBC News
7:20pm	Regional News
7:25pm	Weather
7:30pm	Match of the Day Live
10:15pm	Mrs. Brown's Boys
10:45pm	BBC News
11:00pm	Weather
11:05pm	Avengers: Age of Ultron
1:15am	Match of the Day
2:55am	Weather for the Week Ahead
3:00am	BBC News

BBC TWO

3:35am	This is BBC Two
7:40am	Marrying Mum and Dad
8:10am	Officially Amazing Goes Bunkers
8:40am	The Dengineers
9:10am	Naomi's Nightmares of Nature
9:40am	Deadly Dinosaurs with Steve Backshall
10:10am	David Attenbrough's Natural Curiosities
10:30am	Second Chance Summer: Tuscany
11:30am	Athletics
12:30pm	Wimbledon 2018
9:30pm	Today at Wimbledon
10:30pm	Rhs: Hampton Court Palace Flower Show
11:00pm	Joanna and Jennifer: Absolutely Champers
12:00am	Absolutely Fabulous
12:30am	Behind the Candelabra
2:20am	Populaire
4:05am	This is BBC Two

BBC FOUR

4:30am	This is BBC Four
8:00pm	Earth's Greatest Spectacles
9:00pm	Simon King's Shetland Diaries
10:00pm	Hidden
11:00pm	Rik Mayall Lord of Misrule
12:00am	Sound of Cinema: The Music that Made the Movies
1:00am	Top of the Pops
2:00am	Smashing Hits! The 80's Pop Map of Britain and Ireland
3:00am	Je t'aime: The Story of French Song with Petula Clark
4:00am	Simon King's Shetland Diaries

CHANNEL 4

6:20am	Cheap Cheap Cheap
7:15am	Marathon
7:45am	King of Queens
8:10am	King of Queens
8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Frasier
10:00am	Frasier
10:30am	The Big Bang Theory
11:00am	The Big Bang Theory
11:25am	The Big Bang Theory
11:55am	Formula 1
1:25pm	F1: Grand Prix
1:55pm	Formula 1
4:50pm	Location, Location, Location
5:50pm	A Place in the Sun: Winter Sun
6:35pm	Escape to the Chateau: DIY
7:30pm	Channel 4 News
8:00pm	Great Canal Journeys
9:00pm	The Second Best Exotic Marigold Hotel
11:25pm	The World's End
1:30am	Ramsay's Hotel Hell
2:20am	The Big Narstie

CHANNEL 5

6:35am	Wildlife SOS
7:00am	Milkshake!
11:00am	Teenage Mutant Ninja Turtles
11:35am	Make You Laugh Out Loud
11:55am	Police Interceptors
12:50pm	Police Interceptors
1:50pm	Nightmare Tenants, Slum Landlords
2:45pm	Bad Tenants, Rogue Landlords
3:45pm	Bargain Loving Brits in the Sun
4:50pm	Bargain Loving Brits in the Sun
5:45pm	Rich House, Poor House
6:45pm	5 News
6:50pm	Can't Pay? We'll Take it Away!
7:45pm	Can't Pay? We'll Take it Away!
8:40pm	Britain's Greatest Magician: Paul Daniels
10:00pm	TV's 50 Greatest Magic Tricks
12:50am	Cricket on 5
1:50am	Super Casino
4:10am	The A-Team

4

9:10am	The Goldbergs
9:45am	Couples Come Dine with Me
10:45am	Couples Come Dine with Me
11:50am	Don't Tell the Bride
12:55pm	Postman Pat: The Movie
2:40pm	Rude(Ish) Tube Shorts
3:00pm	The Goldbergs
3:30pm	The Goldbergs
4:00pm	The Goldbergs
4:30pm	The Goldbergs
5:00pm	Brooklyn Nine-Nine
5:30pm	Brooklyn Nine-Nine
6:00pm	Young Sheldon
6:30pm	The Big Bang Theory
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	The Big Bang Theory
8:30pm	The Big Bang Theory
9:00pm	The Big Bang Theory
9:30pm	The Big Bang Theory
10:00pm	Ted
12:05am	Gogglebox
1:10am	Gogglebox
2:10am	Tattoo Fixers
3:15am	Rude Tube
4:10am	Rude Tube
5:00am	Rude(Ish) Tube

sky sports main event

6:00am	Sky Sports News
7:00am	Rugby Gold
7:10am	Rugby Union
9:00am	Good Morning Sports Fans
9:30am	Rugby Union
11:30am	Cricket
2:00pm	Live British F1 GP: Quali Pre-Show
2:55pm	Live British F1 GP: Qualifying
4:40pm	Cricket
6:00pm	Live Netball
7:45pm	Live PGA Tour Golf
12:00am	Live LPGA Golf
2:30am	European Tour Highlights
3:30am	Sporting Greats II
4:00am	Football Years
4:30am	Football

itv

7:50am	Mission Employable
7:55am	The Oddbods Show
8:05am	Ninjago
8:30am	The Haunted Hathaways
8:55am	Drop Dead Weird
9:25am	ITV News
9:30am	Zoe Ball on Saturday
10:25am	James Martin's American Adventure
10:55am	Who's Doing the Dishes?
11:55am	The Best of the Voice Worldwide
12:55pm	ITV Lunchtime News
1:00pm	ITV Racing: Live from Sandown
3:30pm	FIFA World Cup 2018: Quarter-Finals
6:15pm	Catchphrase
7:00pm	ITV Evening News
7:15pm	Regional News and Weather
7:30pm	FIFA World Cup 2018: Quarter-Finals
10:15pm	Bear's Mission with Rob Brydon
11:00pm	ITV News
11:20pm	The Bourne Identity
1:40am	Jackpot247

itv2

6:40am	ITV2 Nightscreen
7:00am	The Planet's Funniest Animals
7:20am	Totally Bonkers Guinness World Records
7:45am	Emmerdale Omnibus
10:00am	Coronation Street Omnibus
12:00pm	You've Been Framed!
1:05pm	Harry Hill's Alien Fun Capsule
1:35pm	Catchphrase
2:20pm	Twister
3:20pm	FYI Daily
3:25pm	Twister
4:35pm	Peter Pan
5:40pm	FYI Daily
5:45pm	Peter Pan
6:45pm	The Hobbit: An Unexpected Journey
7:50pm	FYI Daily
7:55pm	The Hobbit: An Unexpected Journey
10:00pm	Love Island
11:05pm	Keith Lemon: Coming in America
11:50pm	Family Guy
12:20am	Family Guy

itv3

5:45am	Judge Judy
6:05am	Murder, She Wrote
6:50am	ITV3 Nightscreen
7:00am	Murder, She Wrote
7:45am	Murder, She Wrote
8:45am	Murder, She Wrote
9:45am	Agatha Christie's Marple
11:50am	Agatha Christie's Marple
1:50pm	Agatha Christie's Marple
3:50pm	Agatha Christie's Marple
5:55pm	Foyle's War
8:00pm	Midsomer Murders
10:00pm	Endeavour
12:00am	Vera
2:00am	Honest
2:50am	Judge Judy
3:10am	ITV3 Nightscreen
3:30am	Teleshopping

itv4

4:00am	Teleshopping
7:00am	Storage Wars Texas
7:20am	The Professionals
8:25am	Motorsport UK
9:30am	ITV Racing: The Opening Show
10:30am	Tour De France Live 2018
4:15pm	Pawn Stars
4:40pm	Pawn Stars
5:05pm	Pawn Stars
5:35pm	Pawn Stars
6:05pm	Pawn Stars
6:30pm	Pawn Stars
7:00pm	Pawn Stars
7:25pm	Pawn Stars
8:00pm	Tour De France 2018 Highlights
9:00pm	World Series of Darts (Non UK Legs)
1:00am	Nacho Libre
2:05am	FYI Daily
2:10am	Nacho Libre
2:55am	Minder
3:50am	ITV4 Nightscreen
4:00am	Teleshopping

sky CINEMA ACTION & ADVENTURE

10:35am	Battleship
12:50pm	Thor 2 - The Dark World
2:50pm	Keanu
4:35pm	Independence Day: Resurgence
6:45pm	Battleship
9:00pm	Thor 2 - The Dark World
11:00pm	Death Warrant
12:45am	Superman Returns
3:30am	Marked for Death

sky CINEMA COMEDY

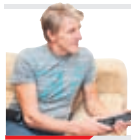
7:50am	The Longest Yard
9:50am	The Ugly Truth
11:35am	Dumb and Dumber
1:30pm	Fletch
3:20pm	Baywatch
5:20pm	Chips: Law and Disorder
7:10pm	Fletch
9:00pm	Baywatch
11:00pm	Chips: Law and Disorder
12:45am	Pineapple Express
2:45am	Popstar: Never Stop Never Stopping

sky CINEMA PREMIERE

4:30am	Barracuda
6:30am	The Hurricane Heist: The Eye of the Storm
7:00am	Flatliners
8:55am	Alien Invasion: S.U.M.1
10:45am	The Snowman
12:50pm	Geostorm
2:50pm	The Wilde Wedding
4:40pm	Alien Invasion: S.U.M.1
6:30pm	Anon: Special
7:00pm	Flatliners
9:00pm	Geostorm
11:00pm	The Wilde Wedding
12:40am	The Snowman
2:45am	Call Me by Your Name
5:00am	B&B

sky sports football

9:00am	Play-Off Final Highlights
10:00am	EFL Greatest Games
11:00am	EFL Greatest Games
12:00pm	Play-Off Final Highlights
1:00pm	EFL Greatest Games
2:00pm	EFL Greatest Games
3:00pm	Play-Off Final Highlights
4:00pm	EFL Greatest Games
5:00pm	EFL Greatest Games
5:15pm	EFL Greatest Games
5:30pm	EFL Greatest Games
5:45pm	EFL Greatest Games
6:00pm	Play-Off Final Highlights
7:00pm	EFL Rivalries
7:30pm	EFL Rivalries
8:00pm	Football's Greatest
8:30pm	Football's Greatest
9:00pm	Football's Greatest
9:30pm	Football's Greatest
10:00pm	Football's Greatest
10:30pm	Football
12:35am	MLS Greatest Games
12:50am	MLS Greatest Games
1:00am	Football
3:05am	MLS Greatest Games
3:20am	MLS Greatest Games



TV COUCH CRITIC

by Adam Whalley-Lewis

REGULAR readers (thank you by the way, for being regular) will know that I like to pick a nice spot to pen this piece each week, usually somewhere with an abundance of Rioja on offer. So this week I am writing from the wonderful terrace of Restaurante Sarmiento in Casares village, it's smashing and I hope you have watched some smashing TV over the last seven days?

Love Island is still going...

I'm going to risk another fumble into football territory following the Spain v Russia match on Sunday, *BBC1* and *ITV*. It was edge of your seat stuff. My phone was buzzing with messages from local friends in the village and from family and friends back in the UK. No idea what you say when things pan out as they did. I settled with 'felicitaciones por la forma en que España jugo.'

My copy deadline this week is too early for any comment on the England match, probably for the best, don't you think?

It was quite tricky to avoid sport on Sunday with football, athletics and the Motor Racing all nudging each other for air time, but *BBC2* tried to offer something different by showing *Into the Woods*.

Now if you caught this one and managed to watch to the end, well done, I just about made it, with the help of, you guessed it, a massive glass of Rioja.

I suppose this would be billed as 'a musical adaptation of a gaggle of fairy-tales a l l mixed

Summer is here, Love Island continues and the off-side rule...



WHAT A DAME: Judy Dench stars in CH4's blockbuster on Saturday.



Photo credit: BBC2

FAIRY TALE: Adaptation of Stephen Sondheim's Broadway hit.

up,' with Meryl Streep and James Corden thrown in for good measure. Ah, lovely Meryl Streep you cry, must have been fantastic. Well, err, no. Little Red Riding Hood and Cinderella did make an appearance, as did Cinder's wicked step sisters. I particularly enjoyed the bit where Mum cut off bits of the sisters' toes and feet so that the glass slipper (which I don't think was glass) might fit them. I bet glasses of something healthy were spilt all over Highgate at that point.

The cast list should have ensured this was much better than it was. I mean, what on earth was Johnny

Depp trying to do with the Big Bad Wolf character? If the brief was sleaze, he nailed it. The Broadway version was a massive hit, so maybe it just lost something in translation to TV. A little bit like my 'well done Spain' attempt above.

Nothing fairy-tale about *Channel 4's* look *Inside the American Embassy* on Monday night. Last week we were introduced to the US Ambassador to the UK. He's a Trump guy and a billionaire. It feels like there should be a Red and a Green button here to gauge your views on that last sentence. I have no views, on anything. Well, I do on telly but other than that, no views. This is an interesting watch, concludes next Monday, CH4.

Looking forward, TV schedules are a load of balls. Footballs and tennis, how very dare you! And for a movie break from the balls, how about *The Second Best Exotic Marigold Hotel*, CH4 Saturday?

Happy viewing.

Advertising Feature

THERE is something rather nice about travelling in Andalucia during the late summer months.

The coach purrs smoothly past some of Spain's finest scenery. Flat fields covered in almonds and olive trees, rugged mountains covered in pine trees, ancient castles, major cities, small villages and medium-sized towns.

All of these a reminder of how this fascinating country has willingly adopted the history and cultures of its many invaders to grow into a unique member of the European family. Nowhere in Spain will you feel the presence of this powerful Spanish culture more than in the ancient city of Cordoba.

The origins of Cordoba are lost in the mists of time. It's position by the river and the fertile farming land of the Campiña made it a perfect place for the first prehistoric settlements.

You can see the influences left on Cordoba by its various invaders. Cordoba was conquered by the Romans in the second century AD and left a great number of monumental buildings. There is a beautiful Roman bridge right in the historic centre of Cordoba. This was built in the early first century BC across the Guadalquivir River.

Until the emergence of Granada, this was home to the western world's most important Muslim population. Some of the world's first

4 days in Cordoba City



Alcazar.



Roman Bridge.



Mezquita.

known universities and medical schools made this a desirable place to live under Moorish occupation.

A huge mosque built here was later taken over

by the Christians, who rather unusually allowed a large part of this beautiful building to merge into a cathedral which they built on the same site, giving Cordoba the

gift of one of the most unusual and impressive buildings in the world, known as the Mezquita. Nearby another beautiful building, the Alcazar, graces the town. Between these two outstanding buildings charming cobbled streets wind amongst whitewashed buildings, which are home to the famously beautiful Cordoba patios.

More than that, however, is that Cordoba is also a world heritage site. It has such an impressive cultural and monumental patrimony, and a strategic position near the Rio Guadalquivir, that the legacy left by its many settlers meant Cordoba was always considered a privileged place. The world heritage site award aims to protect, identify and conserve cultural or natural heritage considered to be particularly valuable.

Staying in the 3* city centre Hotel Selu B&B means you can see the city at your leisure and immerse yourselves in the culture and architecture

Due to popular demand we have increased this excursion to four days, accompanied by a well-informed English speaking courier who will help you to make the most of your visit. Great value four days, three nights September 12 to 15 in a 3* hotel on B&B basis for only €230 per person (single €351).

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<p>BBC one</p> <p>7:00am Breakfast 10:00am The Andrew Marr Show 11:00am Sunday Morning Live 12:00pm Sunday Politics 1:15pm Bargain Hunt 2:00pm BBC News 2:15pm Barry Davies: The Man, the Voice, the Legend 3:00pm Just Call Me Martina 4:00pm Escape to the Country 4:30pm Money for Nothing 5:15pm Songs of Praise 5:50pm Attenborough and the Giant Elephant 6:50pm Pointless 7:35pm BBC News 7:50pm BBC London News 8:00pm Countryfile 9:00pm Antiques Roadshow 10:00pm Poldark 11:00pm BBC News 11:20pm BBC London News 11:30pm Celebrities on the NHS Frontline 12:30am Reggie Yates' Extreme Russia 1:25am Weather for the Week Ahead</p>	<p>BBC TWO</p> <p>9:05am Heligan: Secrets of the Lost Gardens 10:05am Countryfile 11:00am Saturday Kitchen 12:30pm The Hairy Bikers' Best of British 1:15pm Rick Stein's German Bite 2:15pm Homes Under the Hammer 3:15pm Garden Rescue 4:00pm Mountain Lions: Big Cats in High Places 5:00pm Operation Grand Canyon with Dan Snow 6:00pm Flog It! 6:50pm Mortimer and Whitehouse: Gone Fishing 7:20pm Strokes of Genius: Federer v Nadal 9:00pm Russia with Simon Reeve 10:00pm The Misadventures of Romesh Ranganathan 11:00pm The Fourth Estate 11:55pm The Box 1:45am Question Time</p>	<p>BBC FOUR</p> <p>5:00am This is BBC Four <i>BBC Four is the BBC channel for people who want more.</i> 8:00pm Vienna Summer Night Concert 2018 9:15pm Legends of the Deep: Giant Squid 10:00pm Horizon 11:00pm The Sky at Night 11:30pm Hunting the Nazi Gold Train 12:30am The Art of Scandinavia 1:30am The Art That Made Mexico: Paradise, Power and Prayers <i>Series in which artist Alinka Echeverria explores the forces and ideas that have shaped Mexican art.</i> 2:30am David Starkey's Music and Monarchy 3:30am Horizon 4:30am This is BBC Four</p>	<p>CHANNEL 4</p> <p>6:10am Cheap Cheap Cheap 7:05am Motorsport 7:30am Motorsport 8:00am Everybody Loves Raymond 8:25am Everybody Loves Raymond 8:55am Frasier 9:25am Frasier 9:55am Bake Off: The Professionals 11:00am Sunday Brunch 2:00pm Formula 1 British Grand Prix Live Build Up 2:40pm Formula 1 5:30pm Formula 1 6:35pm Bang on Budget 7:30pm Channel 4 News 8:00pm The Great British Germ Hunt 9:00pm Bake Off: The Professionals 10:00pm The Handmaid's Tale 11:10pm World's Tiniest Masterpieces 12:05am The Eagle 2:20am The Last Leg 3:15am The Secret Life of the Zoo 4:15am Gillette World Sport</p>	<p>CHANNEL 5</p> <p>9:15am Pirata and Capitano 9:35am Noddy: Toyland Detective 9:50am Floogals 10:05am Ben and Holly's Little Kingdom 10:20am Shimmer and Shine 10:35am Digby Dragon 10:55am Peppa Pig 11:05am Peppa Pig 11:10am Teenage Mutant Ninja Turtles 11:45am Pets Make You Laugh Out Loud 12:05pm Police Interceptors 1:00pm Police Interceptors 2:00pm The Secret Life of Puppies 2:55pm The Secret Life of Puppies 3:55pm Dirty Dancing 6:00pm Maid in Manhattan 8:00pm Cricket on 5 9:00pm Chuckle Time with the Chuckle Brothers 9:55pm 5 News Weekend 10:00pm We're the Millers 12:10am Hot Tub Time Machine 2 2:00am Super Casino 4:10am The A-Team</p>	<p>4</p> <p>5:50am How I Met Your Mother 7:00am Hollyoaks Omnibus 9:30am Kevin Can Wait 10:00am Kevin Can Wait 10:30am Kevin Can Wait 11:00am Kevin Can Wait 11:30am Kevin Can Wait 12:00pm The Goldbergs 12:30pm The Goldbergs 1:00pm The Goldbergs 1:30pm The Goldbergs 2:00pm Brooklyn Nine-Nine 2:30pm Young Sheldon 3:00pm The Big Bang Theory 3:30pm The Big Bang Theory 4:00pm The Big Bang Theory 4:30pm The Big Bang Theory 5:00pm The Big Bang Theory 5:30pm The Big Bang Theory 6:00pm The Big Bang Theory 6:30pm The Crystal Maze 7:30pm Mrs. Doubtfire 10:00pm Marvel's Agents of S.H.I.E.L.D. 11:00pm Gogglebox 12:00am Gogglebox Australia 1:05am The Big Bang Theory 1:35am The Big Bang Theory 2:05am Marvel's Agents of S.H.I.E.L.D.</p>	<p>sky sports main event</p> <p>9:15am Live British GP3: Race 10:10am When Seb Met Ted 10:25am Live British F2: Race 11:35am Billy Monger and Lewis 11:40am Alonso Drives Simon 11:45am Nico and Keke 12:00pm Legends of F1 12:30pm Legends of F1 12:35pm Live Porsche Supercup: Britain 1:20pm Zak Drives Alonso 1:25pm Billy Monger and Lewis 1:30pm Live British F1 GP: Pit Lane Live 2:30pm Live British F1 GP: On the Grid 3:05pm Live British F1 Grand Prix 5:30pm Cricket 6:30pm My Icon 6:45pm My Icon 7:00pm Live PGA Tour Golf 12:00am Sky Sports News 1:00am MLS Greatest Games 1:10am Football 3:15am One2eleven 3:30am Football's Greatest Teams 4:00am Sky Sports News</p>
<p>itv</p> <p>7:20am Grizzly Tales for Gruesome Kids 7:35am Dino Dana 7:50am Mission Employable 7:55am The Oddbods Show 8:05am Ninjago 8:30am The Haunted Hathaways 8:55am Drop Dead Weird 9:25am ITV News 9:30am Zoe Ball on Sunday 10:25am Problem Child 11:55am The Best of the Voice Worldwide 12:55pm Midsomer Murders 2:55pm ITV Lunchtime News 3:00pm Catchphrase 3:45pm Tenable 4:45pm Tipping Point 5:45pm Despicable Me 2 7:30pm ITV Evening News 7:45pm ITV News London 8:00pm The Chase: Celebrity Special 9:00pm Vera 11:00pm ITV News 11:20pm Tommy Cooper Forever 12:20am The Big Fish Off 1:10am Jackpot247</p>	<p>itv2</p> <p>7:00am The Planet's Funniest Animals 7:15am Totally Bonkers Guinness World Records 7:40am Totally Bonkers Guinness World Records 8:05am You've Been Framed! 8:30am Emmerdale Omnibus 10:50am Coronation Street Omnibus 12:50pm You've Been Framed! 1:50pm You've Been Framed! 2:20pm Take Me Out 3:35pm Happy Feet Two 4:45pm FYI Daily 4:50pm Happy Feet Two 5:25pm The Mummy 6:25pm FYI Daily 6:30pm The Mummy 7:45pm Mamma Mia! Sing-along 8:50pm FYI Daily 8:55pm Mamma Mia! Sing-along 10:00pm Love Island 11:00pm Love Island 12:05am Family Guy 12:35am Family Guy</p>	<p>itv3</p> <p>3:30am Teleshopping 7:00am Judge Judy 7:20am Heartbeat <i>PC Walker and Nurse Carol Cassidy have a disagreement over handling a domestic situation.</i> 8:15am Heartbeat 9:20am Agatha Christie's Marple 11:25am Foyle's War 1:40pm Foyle's War <i>Feature-length drama about an enigmatic detective working on the south coast during World War II.</i> 3:50pm Foyle's War 5:55pm Foyle's War 8:00pm Victoria 9:00pm Victoria 10:00pm Unforgotten 11:00pm Unforgotten 12:05am Wire in the Blood 2:00am Blue Murder 3:20am Liverpool 1 4:15am Road to Avonlea 5:05am Road to Avonlea</p>	<p>itv4</p> <p>4:00am Teleshopping 7:00am Minder 7:50am Minder 8:45am The Professionals 9:45am The Professionals 10:50am The Professionals 11:55am Tour De France 2018 Highlights 1:00pm Tour De France Live 2018 6:00pm Snooker v Darts Sports short film. 6:10pm Storage Wars Texas 6:35pm Storage Wars Texas 7:00pm Pawn Stars 7:30pm Pawn Stars 8:00pm Tour De France 2018 Highlights 9:00pm Rush Hour 2 10:05pm FYI Daily 10:10pm Rush Hour 2 10:55pm The Glimmer Man 11:55pm FYI Daily 12:00am The Glimmer Man 12:50am Minder 1:55am Minder 3:05am The Motorbike Show 3:50am ITV4 Nightscreen 4:00am Teleshopping</p>	<p>sky CINEMA ACTION & ADVENTURE</p> <p>8:50am Air Force One 11:00am Anaconda 12:45pm Top Ten Show, the 2018 1:00pm Atomic Blonde 3:00pm The Accountant 5:15pm I-Spy 7:00pm The Adjustment Bureau 9:00pm Atomic Blonde 11:00pm The Accountant 1:15am Fearless</p> <p>sky CINEMA COMEDY</p> <p>6:15am Brewster's Millions 8:00am Norbit 9:50am 27 Dresses 11:50am Made of Honour 1:40pm American Pie 3:25pm American Pie 2 5:15pm American Pie: The Wedding 7:00pm American Pie: Reunion 9:00pm American Pie 10:45pm American Pie 2 12:35am American Pie: The Wedding</p>	<p>sky CINEMA PREMIERE</p> <p>5:00am B&B 6:30am Anon: Special 7:00am Alien Invasion: S.U.M.1 8:40am The Snowman 10:45am The Wilde Wedding 12:30pm Monster Family: Special 1:00pm Geostorm 3:00pm Professor Marston and the Wonder Women 5:00pm The Snowman 7:15pm The Wilde Wedding <i>Retired film star Eve Wilde is preparing to marry her fourth husband, but it won't be a smooth ride.</i> 9:00pm Geostorm 11:00pm Professor Marston and the Wonder Women 1:00am Flatliners 2:55am The Midnight Man 4:40am Barracuda</p>	<p>sky sports football</p> <p>9:00am Old Firm Derby Highlights 10:00am SPFL Greatest Games 10:45am SPFL Greatest Games 11:00am SPFL Greatest Games 12:00pm Old Firm Derby Highlights 1:00pm SPFL Greatest Games 2:00pm SPFL Greatest Games 3:00pm Old Firm Derby Highlights 3:30pm Old Firm Derby Highlights 4:00pm SPFL Greatest Games 4:45pm SPFL Greatest Games 5:00pm SPFL Greatest Games 5:45pm SPFL Greatest Games 6:00pm Old Firm Derby Highlights 6:30pm Old Firm Derby Highlights 7:00pm Best Championship Goals 2017/18 7:30pm EFL Rivalries 8:00pm Football's Greatest 9:00pm Major League Soccer 11:05pm Best Championship Goals 2017/18 11:35pm One2eleven 12:00am Football's Greatest</p>

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BBC one

BBC TWO

BBC FOUR

CHANNEL 4

CHANNEL 5

4

**sky sports
main event**

1:30am	BBC News
7:00am	Breakfast
10:15am	Right on the Money
11:00am	Homes Under the Hammer
12:00pm	Rip Off Britain
12:45pm	Caught Red Handed
1:15pm	Bargain Hunt
2:00pm	BBC News at One
2:30pm	BBC London News
2:45pm	Wimbledon 2018
7:00pm	BBC News at Six
7:30pm	BBC London News
8:00pm	The One Show
8:30pm	Puppy Love
9:00pm	EastEnders
9:30pm	Panorama
10:00pm	Who Do You Think You Are?
11:00pm	BBC News at Ten
11:30pm	BBC London News
11:42pm	BBC Weather
11:45pm	Have I Got Old News for You
12:15am	Have I Got a Bit More Old News for You
1:00am	Weather for the Week Ahead
1:05am	BBC News

3:45am	This is BBC Two
7:00am	Flog it! Trade Secrets
7:30am	Right on the Money <i>Dominic Littlewood and Denise Lewis present more simple, practical ways to make money go further.</i>
8:15am	Bargain Hunt
9:00am	Antiques Roadshow
10:00am	Victoria Derbyshire
12:00pm	The Daily Politics <i>Jo Coburn presents the latest political news, interviews and debate.</i>
12:30pm	Wimbledon 2018
9:30pm	Today at Wimbledon
10:30pm	Versailles
11:30pm	Newsnight
12:15am	North Korea: Murder in the Family
1:15am	Panorama
1:45am	Countryfile
2:40am	Back to the Land with Kate Humble
3:40am	This is BBC Two

8:00pm	Beyond 100 Days
8:30pm	The Pennine Way <i>Explorer Paul Rose presents a four-part documentary on the Pennine Way, Britain's first national trail, which celebrated its 50th anniversary in 2015</i>
9:00pm	Nature's Miracle Orphans
10:00pm	The NHS: A People's History
11:00pm	Storyville <i>A Storyville documentary. John Curry transformed a dated sport into an art form and made history by becoming the first openly gay Olympian in a time when homosexuality was not fully legal.</i>
12:25am	Patagonia: Earth's Secret Paradise
1:25am	Freud: Genius of the Modern World
2:25am	Britain in Focus: A Photographic History

8:35am	Everybody Loves Raymond
9:00am	Everybody Loves Raymond
9:30am	Everybody Loves Raymond
10:00am	Frasier
10:35am	Frasier
11:05am	Car S.O.S
12:05pm	Ramsay's Kitchen Nightmares USA
1:00pm	Channel 4 News
1:05pm	Come Dine with Me
2:05pm	Find it, Fix it, Flog it
3:10pm	Countdown
4:00pm	A Place in the Sun
5:00pm	The £100k Drop
6:00pm	Come Dine with Me
6:30pm	The Posh Frock Shop
7:00pm	The Simpsons
7:30pm	Hollyoaks
8:00pm	Channel 4 News
9:00pm	Jamie's Quick and Easy Food
9:30pm	Food Unwrapped
10:00pm	24 Hours in Police Custody
11:00pm	Inside the American Embassy
12:00am	Britain's Benefit Tenants
1:05am	The Crystal Maze

9:05am	Paw Patrol
9:20am	Floogals
9:40am	Digby Dragon
9:55am	Nella the Princess Knight
10:05am	Mofy
10:15am	The Wright Stuff
12:15pm	On Benefits: Life on the Dole
1:10pm	5 News Lunchtime
1:15pm	GP's Behind Closed Doors
2:15pm	Home and Away
2:45pm	Neighbours
3:15pm	Cagney and Lacey
4:15pm	Til Death Do Us Part
6:00pm	5 News at 5
6:30pm	Neighbours
7:00pm	Home and Away
7:30pm	5 News Tonight
8:00pm	Sinkholes
9:00pm	Police Interceptors
10:00pm	50 Years of the Jumbo Jet
11:00pm	Traffic Cops
12:05am	Fights, Camera, Action
1:00am	Police UK: Armed and Deadly
2:00am	Super Casino
4:10am	The A-Team

9:00am	Melissa and Joey
9:30am	Melissa and Joey
10:00am	Baby Daddy
10:30am	Baby Daddy
11:00am	Black-ish
11:30am	Black-ish
12:00pm	How I Met Your Mother
12:30pm	How I Met Your Mother
1:00pm	The Goldbergs
1:30pm	The Goldbergs
2:00pm	The Big Bang Theory
2:30pm	The Big Bang Theory
3:00pm	Melissa and Joey
3:30pm	Melissa and Joey
4:00pm	Baby Daddy
4:30pm	Baby Daddy
5:00pm	Black-ish
5:30pm	Black-ish
6:00pm	The Goldbergs
6:30pm	The Goldbergs
7:00pm	The Big Bang Theory
7:30pm	The Big Bang Theory
8:00pm	Hollyoaks
8:30pm	Kevin Can Wait
9:00pm	Thor
11:15pm	The Big Bang Theory
11:45pm	The Big Bang Theory
12:15am	Gogglebox
1:05am	First Dates

7:00am	Good Morning Sports Fans Bitesize
7:30am	Good Morning Sports Fans Bitesize
8:00am	Good Morning Sports Fans
9:00am	Good Morning Sports Fans
9:30am	My Icon
9:40am	Live Anz Premiership Netball
11:15am	Sporting Triumphs
11:30am	Sky Sports News
12:00pm	Sky Sports News
1:00pm	Sky Sports News
2:00pm	Sky Sports News
3:00pm	Sky Sports News
4:00pm	Sky Sports News
5:00pm	Sky Sports News
6:00pm	Sky Sports News at 5
7:00pm	Sky Sports News at 6
8:00pm	Sky Sports Tonight
9:00pm	Sky Sports Tonight
10:00pm	Sky Sports Tonight
11:00pm	Sky Sports News at Ten
12:00am	Sky Sports News
1:00am	Sky Sports News
2:00am	Live WWE Late Night Raw

itv

itv2

itv3

itv4

**sky CINEMA
ACTION & ADVENTURE**

**sky CINEMA
PREMIERE**

**sky sports
football**

7:00am	Good Morning Britain
9:30am	Lorraine
10:25am	The Jeremy Kyle Show
11:30am	This Morning
1:30pm	Loose Women
2:30pm	ITV Lunchtime News
2:55pm	ITV News London
3:00pm	Judge Rinder
4:00pm	Tenable
5:00pm	Tipping Point
6:00pm	The Chase
7:00pm	ITV News London
7:30pm	ITV Evening News
8:00pm	Emmerdale
8:30pm	Coronation Street
9:00pm	Best Walks with a View with Julia Bradbury
9:30pm	Coronation Street
10:00pm	Long Lost Family: What Happened Next
11:00pm	ITV News at Ten and Weather
11:30pm	ITV News London
11:45pm	Tommy Cooper Forever
12:45am	Police Tapes

7:45am	Totally Bonkers Guinness World Records
8:10am	Who's Doing the Dishes?
9:00am	The Cube
10:00am	You've Been Framed!
10:25am	The Ellen DeGeneres Show
11:20am	The Bachelorette
1:15pm	Britain's Got Talent
2:15pm	You've Been Framed!
2:45pm	The Ellen DeGeneres Show
3:35pm	The Jeremy Kyle Show
4:40pm	The Jeremy Kyle Show
5:45pm	The Jeremy Kyle Show
6:50pm	Take Me Out
8:00pm	You've Been Framed!
8:30pm	You've Been Framed!
9:00pm	Two and a Half Men
9:30pm	Superstore
10:00pm	Love Island
11:05pm	Family Guy
11:35pm	Family Guy
12:00am	Family Guy
12:30am	American Dad!

5:55am	Murder, She Wrote
6:45am	ITV3 Nightscreen
7:00am	Classic Coronation Street
7:25am	Classic Coronation Street
7:55am	Heartbeat
9:00am	The Royal
10:05am	Judge Judy
10:30am	Judge Judy
11:00am	Judge Judy
11:25am	Agatha Christie's Marple
1:35pm	The Royal
2:40pm	Heartbeat
3:40pm	Classic Coronation Street
4:15pm	Classic Coronation Street
4:45pm	Agatha Christie's Marple
6:55pm	Heartbeat
8:00pm	Murder, She Wrote
9:00pm	Lewis
11:00pm	Foyle's War
1:05am	A Touch of Frost
3:00am	ITV3 Nightscreen
3:30am	Teleshopping

4:00am	Teleshopping
7:00am	Snooker v Darts
7:05am	The Chase
7:55am	Cash Cowboys
8:40am	Quincy, M.E.
9:45am	Minder
10:50am	The Sweeney
11:55am	The Professionals
1:00pm	Tour De France 2018 Highlights
2:00pm	Pawn Stars
2:35pm	Football's Greatest
2:45pm	Tour De France Live 2018
6:00pm	The Professionals
7:05pm	Cash Cowboys
8:00pm	Tour De France 2018 Highlights
9:00pm	The Chase: Celebrity Special
10:00pm	Benidorm
11:05pm	Never Say Never Again
12:15am	FYI Daily
12:20am	Never Say Never Again
1:50am	The Motorbike Show
2:50am	Motorsport UK
3:40am	ITV4 Nightscreen
4:00am	Teleshopping

8:30am	Keanu
10:15am	Iron Man 3
12:30pm	John Wick: Chapter Two
2:45pm	The Hurricane Heist
4:45pm	Jungle
6:45pm	Iron Man 3
9:00pm	John Wick: Chapter Two
11:15pm	Jungle
1:25am	The Hurricane Heist
3:15am	End of Days
5:30am	DC Super Hero

**sky CINEMA
COMEDY**

8:30am	Nine Months
10:20am	The Cable Guy
12:05pm	Chokeslam
1:55pm	Think Like a Man Too
3:45pm	Mike and Dave Need Wedding Dates
5:30pm	This is the End
7:20pm	Table 19
9:00pm	Mike and Dave Need Wedding Dates
10:45pm	This is the End
12:40am	Think Like a Man Too

4:40am	Barracuda
6:30am	Anon: Special
7:00am	Alien Invasion: S.U.M.1
8:50am	Monster Family: Special
9:20am	The Wilde Wedding 2018
11:10am	Top Ten Show, the 2018
11:25am	Geostorm
1:35pm	Alien Invasion: S.U.M.1
3:25pm	Wetlands
5:15pm	Professor Marston and the Wonder Women
7:15pm	The Wilde Wedding
9:00pm	Geostorm
11:00pm	Wetlands
12:45am	Professor Marston and the Wonder Women
2:40am	Barracuda
4:40am	The Midnight Man

12:00pm	One2eleven
12:30pm	SPFL Greatest Games
1:00pm	Greatest Moments in Football
2:00pm	EFL Goals: Championship
2:30pm	EFL Goals: Leagues 1&2
3:00pm	Championship Season Review
4:00pm	Football's Greatest
4:30pm	Football's Greatest Teams
5:00pm	Football's Greatest Head to Head
5:30pm	SPFL Round Up
5:45pm	SPFL Round Up
6:00pm	Football Years
6:30pm	Football Countdowns
7:00pm	EFL Greatest Games
7:30pm	EFL Greatest Games
8:00pm	EFL Goals: Championship
8:30pm	EFL Goals: Leagues 1&2
9:00pm	Football
11:05pm	MLS Round Up Show
11:35pm	MLS Greatest Games
11:45pm	MLS Greatest Games
12:00am	Play-Off Final Highlights

Advertising Feature

Nothing should stop us enjoying the World Cup...



I HOPE everyone is enjoying the World Cup 2018, dull for some, exciting for most. No better way to enjoy the competition than by sitting out in the sun, TV on, drink in one hand and sandwich in the other.

That is if we are free from any aggravation caused by those few, but annoying, community members either late with their community fees or still consistently on our 'Unpaid List.' It does take the edge off it a bit.

So, as always, I appeal to all communities to keep looking at your debtor lists, because no matter what fantastic sports events or royal weddings we are watching and enjoying, there remain those that continue to enjoy all the benefits of our communities but do

not pay for the privilege.

This 'World Cup Season' does start me thinking about the numerous UK football clubs LPL currently work for. You see, it is not just communities and general suppliers that have debt problems.

In the world of football, many clubs suffer from unpaid hospital bills, banqueting arguments, and in some cases complex contractual issues surrounding agent payments and the like.

Just like transfer fees, the general unpaid bills that the clubs suffer are very high. Only recently we successfully recovered a £35,000 unpaid hospitality bill for a well-known Premier League club, probably more efficiently than their recent league table per-

formance! Fortunately, this club had incorporated within their terms and conditions a clause to cover them for collection costs, so in the end the collection cost the club nothing as we managed to get all the costs back from the debtor.

The matter of cost of collection was also a point of discussion recently with one of our valued Spanish Administrators. Their particular community in southern Spain did not have any provision for surcharges or extra costs of any kind on accounts that are overdue. Such costs and charges must be incorporated within the community by-laws.

If there is to be a provision for costs/surcharges on overdue or late payments it must be dis-

cussed and voted on at an AGM, minutes of the meeting properly recorded and then included in the by-laws. Then these extra amounts can, and must, be incorporated within the community statements (Libro Mayor) and presented to owners showing balance of account, dates of payments and balances due, if in arrears.

Should collection then be passed to LPL, we can, in nearly all cases, collect these further charges, which often negate the cost of collection. The general addition is between 10 - 20 per cent on the overdue quarterly unpaid account.

Such charges, properly added in accordance with the Community by-laws have, so far, never

DEBTORS: Annoying.

been challenged in the UK or Spanish courts.

If you require any assistance in formulating such clauses, our office in London will be delighted to assist.

So, now you know that charges for collection can often be covered by the debtor, you can carry on enjoying the football.

If your Community has any Management Fee collection problems, wherever you may be situated, please do not hesitate to contact us on 0044 208551 4019, direct to Greg Bryan our representative in Spain on 0034 689 408 412 or email gbryan@lplgroup.com.

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BBC one

1:05am BBC News
7:00am Breakfast
10:30am The Centenary of the Royal Air Force
2:20pm BBC News at One
2:50pm BBC London News
3:00pm Wimbledon 2018
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm Fake Britain
9:00pm Holby City
10:00pm Our Girl
11:00pm BBC News at Ten
The latest national and international news, with reports from BBC correspondents worldwide.
11:30pm BBC London News
11:42pm BBC Weather
11:45pm Match of the Day
Mark Chapman presents highlights of the first semi-final, which took place in St Petersburg.
12:15am Match of the Day
2:00am Weather for the Week Ahead
2:05am BBC News

BBC TWO

3:40am This is BBC Two
7:15am Flog it! Trade Secrets
7:45am Right on the Money
Dominic Littlewood and Denise Lewis present more simple, practical ways to make money go further.
8:30am The Super League Show
9:15am How the NHS Changed Our World
9:45am Mad About Elvis
10:15am Right on the Money
11:00am Homes Under the Hammer
12:00pm BBC Newsroom Live
12:30pm The Daily Politics
1:30pm Wimbledon 2018
9:00pm Today at Wimbledon
10:00pm Horizon
11:00pm QI
11:30pm Newsnight
12:15am The Fourth Estate
1:10am World's Most Extraordinary Homes
2:10am Million Pound Menu
3:10am This is BBC Two

BBC FOUR

4:25am This is BBC Four
8:00pm Beyond 100 Days
The latest national and international news, exploring the day's events from a global perspective.
8:30pm The Pennine Way
9:00pm Britain's Ancient Capital: Secrets of Orkney
10:00pm The Rise and Fall of Nokia
11:00pm Africa's Great Civilisations
Series exploring the history of Africa.
12:00am Vienna: Empire, Dynasty and Dream
1:00am Immortal? A Horizon Guide to Ageing
2:00am A History of Art in Three Colours
3:00am The Art That Made Mexico: Paradise, Power and Prayers
4:00am Britain's Ancient Capital: Secrets of Orkney
5:00am This is BBC Four

CHANNEL 4

5:45am Star Boot Sale
6:10am Cheap Cheap Cheap
7:00am Countdown
7:45am King of Queens
8:10am King of Queens
8:35am Everybody Loves Raymond
9:00am Everybody Loves Raymond
9:30am Everybody Loves Raymond
10:00am Frasier
10:35am Frasier
11:05am Car S.O.S
12:05pm Ramsay's Kitchen Nightmares USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm A Place in the Sun
5:00pm The £100k Drop
6:00pm Come Dine with Me
6:30pm The Posh Frock Shop
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Ackley Bridge
10:00pm 999: What's Your Emergency?
11:00pm Gogglebox
12:00am 24 Hours in a and e
1:05am One Born Every Minute

CHANNEL 5

9:05am Paw Patrol
9:20am Floogals
9:40am Digby Dragon
9:55am Nella the Princess Knight
10:05am Mofy
10:15am The Wright Stuff
12:15pm On Benefits: Life on the Dole
1:10pm 5 News Lunchtime
1:15pm GPs: Behind Closed Doors
2:15pm Home and Away
2:45pm Neighbours
3:15pm Cagney and Lacey
4:20pm The Vanished Family: Aurora Teagarden Mystery 4
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Inside Westminster Abbey
9:00pm The Dog Rescuers: Best in Show
10:00pm The Hotel Inspector
11:00pm 70 Stone and Almost Dead
12:05am 70-Stone Man: The Last Days
1:05am Cricket on 5
2:00am Super Casino

4

9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am Baby Daddy
10:30am Baby Daddy
11:00am Black-Ish
11:30am Black-Ish
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm Black-Ish
5:30pm Black-Ish
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Kevin Can Wait
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm Gotham
11:00pm Supernatural
12:00am The Big Bang Theory
12:30am The Big Bang Theory
12:55am Gogglebox

sky sports main event

6:00am Sky Sports News
7:00am Good Morning Sports Fans Bitesize
7:30am Good Morning Sports Fans Bitesize
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Sky Sports News
12:00pm Sky Sports News
1:00pm Sky Sports News
1:30pm Cricket
9:30pm Sky Sports Tonight
Round-up of the sports news with live analysis and comment plus extended interviews with the headline makers.
10:00pm Sky Sports Tonight
11:00pm Sky Sports News at Ten
12:00am Sky Sports News
1:00am Sky Sports News
2:00am Live WWE Late Night Smackdown
4:00am Sky Sports News
5:00am Sky Sports News

itv

4:50am ITV Nightscreen
6:05am The Jeremy Kyle Show
7:00am Good Morning Britain
ITV's breakfast show featuring the latest news, sport and weather.
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm Tenable
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:15pm ITV Evening News
7:30pm FIFA World Cup 2018
10:15pm David Walliams Presents...Revenge of Alright on the Night
11:00pm ITV News at Ten and Weather
11:35pm ITV News London
11:50pm Rocky V
1:45am Jackpot247
4:00am Loose Women
4:45am ITV Nightscreen

itv2

7:45am Totally Bonkers Guinness World Records
8:10am Who's Doing the Dishes?
9:00am Emmerdale
9:30am Coronation Street
9:55am Coronation Street
10:25am The Ellen DeGeneres Show
11:20am The Bachelorette
1:15pm Emmerdale
1:45pm Coronation Street
2:15pm Coronation Street
2:45pm The Ellen DeGeneres Show
3:35pm The Jeremy Kyle Show
4:40pm The Jeremy Kyle Show
5:45pm The Jeremy Kyle Show
6:50pm Take Me Out
8:00pm You've Been Framed!
8:30pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Superstore
10:00pm Love Island
11:05pm Family Guy
11:30pm Family Guy
12:00am Family Guy
12:30am American Dad!
1:00am American Dad!

itv3

3:30am Teleshopping
7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am The Royal
A wedding reception at Elsinby Pier goes off with a bang when a fishing trawler careers off track.
10:05am Judge Judy
10:30am Judge Judy
10:55am Judge Judy
11:25am Agatha Christie's Marple
1:35pm The Royal Heartbeat
2:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:50pm Agatha Christie's Marple
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Midsomer Murders
11:00pm Foyle's War
1:05am A Touch of Frost
3:00am ITV3 Nightscreen
3:30am Teleshopping

itv4

4:00am Teleshopping
7:00am Goals of the 70s
7:05am The Chase
7:55am The Chase
8:45am Cash Cowboys
9:45am The Professionals
10:50am Minder
12:00pm Tour De France 2018 Highlights
1:00pm Tour De France Live 2018
6:15pm Football's Greatest
6:30pm Storage Wars Texas
7:00pm Cash Cowboys
8:00pm Tour De France 2018 Highlights
9:00pm World Superbike Highlights
10:00pm Rush Hour 2
11:00pm FYI Daily
11:05pm Rush Hour 2
11:55pm The Glimmer Man
12:55am FYI Daily
1:00am The Glimmer Man
1:50am The Professionals
2:55am Ax Men
3:40am ITV4 Nightscreen
4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

5:30am DC Super Hero Girls: Intergalactic Games
7:00am Spider-Man 3
9:30am Anon: Special
10:00am Armageddon
12:45pm Tarzan
2:45pm Dunkirk
4:45pm The Battleship Island
7:00pm Tarzan
9:00pm Dunkirk
11:00pm Bad Boys II
1:40am 300

sky CINEMA COMEDY

4:10am Bachelor Party
6:05am Robin Hood: Men in Tights
7:55am Top Ten Show, the 2018
8:15am Planes, Trains and Automobiles
9:55am Growing Up Smith
11:45am Police Academy
1:30pm Airplane!
3:05pm Bridget Jones's Baby
5:15pm American Pie
7:00pm Hitch
9:00pm Bridget Jones's Baby
11:10pm American Pie
12:50am Superbad
2:50am Police Academy

sky CINEMA PREMIERE

6:30am The Hurricane Heist: The Eye of the Storm
7:00am The Wilde Wedding
8:50am Alien Invasion: S.U.M.1
10:30am Professor Marston and the Wonder Women
12:25pm Wetlands
Neo-noir thriller about a haunted New Jersey cop hoping to rebuild bridges with his estranged family.
2:20pm Geostorm
4:20pm FML
6:10pm The Wilde Wedding
Retired film star Eve Wilde is preparing to marry her fourth husband, but it won't be a smooth ride.
8:00pm Professor Marston and the Wonder Women
10:00pm Geostorm
12:00am FML
1:55am Wetlands
3:50am The Midnight Man
5:40am Top Ten Show, the 2018

sky sports football

1:00pm Greatest Moments in Football
2:00pm EFL Goals: Championship
2:30pm EFL Goals: Leagues 1&2
3:00pm Championship Season Review
4:00pm Football's Greatest Teams
4:30pm Football's Greatest Teams
5:00pm Football's Greatest Head to Head
5:30pm SPFL Round Up
6:00pm Football Years
6:30pm Football Countdowns
7:00pm MLS Round Up Show
7:30pm EFL Greatest Games
8:00pm EFL Goals: Championship
8:30pm EFL Goals: Leagues 1&2
9:00pm SPFL Round Up
9:15pm SPFL Round Up
9:30pm SPFL Greatest Games
9:45pm SPFL Greatest Games
10:00pm MLS Round Up Show
10:30pm Football's Greatest Phenoms - England
11:00pm Phenoms - England
12:30am MLS Round Up Show

Nick Horne *The Rich Pick*

Freelance correspondent, London, England



ASTON MARTIN the UK sports car manufacturer is reviving one of the world's most famous nameplates for its latest model, the DBS Superleggera.

First presaged in April 2018 the DBS Superleggera was finally revealed last week. The latest DBS Superleggera will replace the Vanquish S to become the flagship of Aston Martin's product line-up.

This super GT revives the badge last seen on the car James Bond famously 'rolled' in the movie 'Casino Royale' in 2006, the new car also gets the Superleggera suffix which is Italian for 'super light' and recalls the original DBS of 1967 designed by William Towns.

Executive Vice President & Chief Creative Officer, Marek Reichman said: "With DBS Superleggera we had the perfect opportunity to celebrate Aston Martin's unrivalled Super GT pedigree.

We wanted to create a car that combined cutting edge aerodynamics with the classic muscularity and presence for which our most potent series production models are renowned. The result is a shape of true purity and exceptional efficiency -



Aston Martin : Revives the DBS and Superleggera in one epic sports car



Photo credit: Aston Martin

DASHING: The DBS Superleggera is muscular and athletic. **SPACIOUS:** A Super GT that packs a breathtaking punch.

one that generates a significant increase in downforce without any drag penalty. Explicit but not exaggerated, it exudes a sense of immense potency."

Aston Martin claim the DBS Superleggera is capable of going from zero to 62mph in 3.4 seconds and hit a top speed of 211mph. Clad in

carbon fibre body panels the DBS Superleggera is a muscular model with epic performance.

A design characterised by a bold grille in the front between new headlights and tail-lights, the generous proportions in between evoke aggression and athleticism. Beneath the bonnet the super-GT shares Aston's turbocharged 5.2-litre V12 engine with the DB11, however the

engine has been retuned to make 715 horsepower at 6,500 rpm and 664 pound-feet of torque between 1,800 and 5,000 rpm or 85 more horses than the DB11 AMR. Taking only 4.2 seconds in fourth gear to accelerate from 50 mph to 100 mph!

Dr Andy Palmer, Aston Martin President and CEO, said: "DBS Superleggera not only marks the return of a great Aston Martin name, but signals our return to the very pinnacle of the Super GT sector.

"Handsome beyond measure, its lightweight carbon composite and aluminium body is sculpted into a shape with tremendous presence and charisma. Thanks to the remarkable torque available from its twin-turbo V12, DBS Superleggera also packs a breathtaking punch, yet its dynamics have been carefully honed to engage drivers of all ability levels.

"Immaculately styled, obsessively engineered and outrageously potent, the new DBS Superleggera is every inch the Aston Martin flagship." Costing €274,995 in Europe and £225,000 in the UK, deliveries of the DBS Superleggera are scheduled to begin in the third quarter of 2018. Bag one as soon as you can!

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BBC one

2:05am BBC News
7:00am Breakfast
10:15am Right on the Money
11:00am Homes Under the Hammer
12:00pm Caught Red Handed
12:30pm Bargain Hunt
1:15pm Wimbledon 2018
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Wimbledon 2018
7:00pm BBC News at Six
7:15pm BBC London News
7:30pm Match of the Day Live
10:15pm EastEnders
10:45pm Room 101
11:15pm BBC News at Ten
11:45pm BBC London News
11:57pm BBC Weather
12:00am The Voices in My Head
12:50am Match of the Day
2:35am Weather for the Week Ahead
2:40am BBC News

BBC TWO

7:00am Flog it! Trade Secrets
7:30am Right on the Money
8:15am Bargain Hunt
9:00am Britain in Bloom
9:30am Trust Me, I'm a Doctor
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
12:30pm The Daily Politics
2:00pm Wimbledon 2018
9:00pm Today at Wimbledon
10:05pm Picnic at Hanging Rock
11:00pm Mortimer and Whitehouse: Gone Fishing
11:30pm Newsnight
In-depth investigation and analysis of the stories behind the day's headlines with Evan Davis.
12:15am The Misadventures of Romesh Ranganathan
1:15am Ambulance

BBC FOUR

5:00am This is BBC Four
8:00pm Beyond 100 Days
8:30pm The Pennine Way
9:00pm Britain's Ancient Capital: Secrets of Orkney
10:00pm Natural World
11:00pm The Battle to Beat Polio
Documentary exploring the history of the search for a polio vaccine.
12:00am Tunes for Tyrants: Music and Power with Suzy Klein
1:00am Utopia: In Search of the Dream
2:00am The 80s with Dominic Sandbrook
Series in which Dominic Sandbrook takes a fresh look at a dynamic decade.
3:00am The Art That Made Mexico: Paradise, Power and Prayers

CHANNEL 4

7:00am Countdown
7:45am King of Queens
8:35am Everybody Loves Raymond
10:00am Frasier
11:05am Car S.O.S
12:05pm Ramsay's Kitchen Nightmares USA
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm A Place in the Sun: Winter Sun
5:00pm The £100k Drop
6:00pm Come Dine with Me
6:30pm The Posh Frock Shop
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Location, Location, Location
10:00pm 24 Hours in a and e Stath Lets Flats
11:00pm Lookalikes
12:00am 24 Hours in Police Custody
1:00am Ramsay's Hotel Hell

CHANNEL 5

9:40am Digby Dragon
9:55am Nella the Princess Knight
10:05am Mofy
10:15am The Wright Stuff
12:15pm Bargain Bride on Benefits
1:10pm 5 News Lunchtime
1:15pm GPs: Behind Closed Doors
2:15pm Home and Away
2:45pm Neighbours
3:15pm Cagney and Lacey
4:15pm To be Announced
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm The Secret Life of Puppies
9:00pm The Highland Midwife
10:00pm Secrets of the National Trust with Alan Titchmarsh
11:00pm Britain's Cocaine Epidemic
12:05am Cocaine: Teen Dealers

4

9:00am Melissa and Joey
9:30am Melissa and Joey
10:00am Baby Daddy
10:30am Baby Daddy
11:00am Black-Ish
11:30am Black-Ish
12:00pm How I Met Your Mother
12:30pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
4:00pm Baby Daddy
5:00pm Black-Ish
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm Kevin Can Wait
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm The 100
11:00pm Naked Attraction
12:05am The Big Bang Theory
12:35am The Big Bang Theory
1:05am Gogglebox

sky sports main event

6:00am Sky Sports News
7:00am Good Morning Sports Fans Bitesize
7:30am Good Morning Sports Fans Bitesize
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
9:30am My Icon
9:40am Live Anz Premiership Netball
11:30am Sky Sports News
12:00pm Rugby League
2:00pm Sky Sports News
3:00pm Sky Sports News
4:00pm Sky Sports News
5:00pm Sky Sports News
6:00pm Sky Sports News at 5
7:00pm Cricket
10:45pm To be Announced
11:00pm Sky Sports News at Ten
12:00am Sky Sports News
1:00am Sky Sports News
2:00am Sky Sports News
3:00am Sky Sports News
4:00am Sky Sports News

itv

4:45am ITV Nightscreen
6:05am The Jeremy Kyle Show
7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm Tenable
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
9:00pm Coronation Street
10:00pm Paul O'Grady's Animal Orphans
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:45pm FIFA World Cup 2018 Highlights
12:45am Play to the Whistle
1:20am Jackpot247
4:00am Grantchester
4:50am ITV Nightscreen

itv2

8:10am Who's Doing the Dishes?
9:00am The Cube
10:00am You've Been Framed!
10:25am The Ellen DeGeneres Show
11:20am The Bachelorette
1:15pm Britain's Got Talent
2:15pm You've Been Framed!
2:45pm The Ellen DeGeneres Show
3:35pm The Jeremy Kyle Show
4:40pm The Jeremy Kyle Show
5:45pm The Jeremy Kyle Show
6:50pm Take Me Out
8:00pm You've Been Framed!
8:30pm You've Been Framed!
9:00pm Two and a Half Men
9:30pm Superstore
10:00pm Love Island
11:00pm Celebability
11:50pm Family Guy
12:20am Family Guy
12:45am American Dad!
1:20am American Dad!
1:45am Two and a Half Men

itv3

3:30am Teleshopping
7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am The Royal
10:05am Judge Judy
10:30am Judge Judy
11:00am Judge Judy
11:25am Agatha Christie's Marple
1:35pm The Royal
2:35pm Heartbeat
3:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:50pm Agatha Christie's Marple
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Maigret in Montmartre
11:00pm Foyle's War
1:05am A Touch of Frost
3:00am ITV3 Nightscreen
3:30am Teleshopping

itv4

4:00am Teleshopping
7:00am World Cup Rivalries: England v Argentina
7:20am The Chase
8:05am The Chase
8:55am Cash Cowboys
9:55am The Professionals
11:00am Tour De France 2018 Highlights
12:00pm Sporting Funnies
12:15pm Tour De France Live 2018
6:00pm The Professionals
7:00pm Cash Cowboys
8:00pm Tour De France 2018 Highlights
9:00pm British Superbike Championship Highlights
10:00pm Falling Down
11:05pm FYI Daily
11:10pm Falling Down
12:20am Lethal Weapon
1:20am Minder
2:20am Minder
3:25am The Protectors
3:50am ITV4 Nightscreen
4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

9:40am Superman Returns
12:25pm Alien: Covenant
2:30pm Resident Evil: The Final Chapter
4:30pm Underworld: Blood Wars
6:15pm 2012
9:00pm Alien: Covenant
11:15pm Resident Evil: The Final Chapter
1:15am Underworld: Blood Wars

sky CINEMA COMEDY

6:30am Fantastic Beasts and Where to Find Them: Special
7:00am It Had to be You
8:30am O Brother, Where Art Thou?
10:20am Clueless
12:10pm The Back-Up Plan
2:00pm Airplane II: The Sequel
3:30pm Rough Night
5:20pm American Pie 2
7:10pm The Back-Up Plan
9:00pm Rough Night
10:45pm American Pie 2
12:35am White Chicks
2:35am Little Man

sky CINEMA PREMIERE

6:00am The Hurricane Heist: The Eye of the Storm
6:30am Monster Family: Special
7:00am Alien Invasion: S.U.M.1
8:40am Barracuda
10:30am Professor Marston and the Wonder Women
12:25pm The Wilde Wedding
Retired film star Eve Wilde is preparing to marry her fourth husband, but it won't be a smooth ride.
2:15pm Geostorm
4:15pm FML
6:10pm Professor Marston and the Wonder Women
8:10pm The Wilde Wedding
10:00pm Geostorm
12:00am More
2:00am Wetlands
3:55am Top Ten Show, the 2018
4:10am FML

sky sports football

12:30pm SPFL Greatest Games
1:00pm Greatest Moments in Football
2:00pm EFL Goals: Championship
2:30pm EFL Goals: Leagues 1&2
3:00pm Championship Season Review
4:00pm Football's Greatest Teams
4:30pm Football's Greatest Teams
5:00pm Football's Greatest Head to Head
5:30pm SPFL Round Up
5:45pm SPFL Round Up
6:00pm Football Years
6:30pm Football Countdowns
7:00pm EFL Greatest Games
8:00pm EFL Goals: Championship
8:30pm EFL Goals: Leagues 1&2
9:00pm SPFL Round Up
9:30pm SPFL Greatest Games
10:00pm Greatest Moments in Football
11:00pm Phenoms - Russia
1:00am Championship Season Review



AMANDA HOBBS
Sales Advisor

Come to Our Open Day

My name is Amanda and I will be giving the short presentation on the facilities at Ciudad Patricia. I will then give you a guided tour of the show apartment and will be available all afternoon to answer any questions or concerns you may have.

It gives me personal satisfaction, advising and helping many people planning and eventually making a move to Ciudad Patricia. It does not matter if you are not looking to move for a few years, it is still worth your while to come along to our open day. You will then see first hand why so many people have made the decision to move here. How we have all the facilities in place to make your retirement living a happy one, giving you peace of mind when you need that little bit of extra help it's all there.

You will never have to feel alone with so many activities going on and making new friends once you have moved here. There are many things people tell me they are worried about when they are living on their own. There is also the worry of being left on their own when their partner passes away. What if they had a fall and could not get up who would be there to help? At the open day you will then understand how it works with our on site emergency medical assistance which takes a little bit of that worry away. So please come along to our open day. You have nothing to lose and so much to gain.

I really look forward to meeting you on the day. **PLEASE CALL ME TO CONFIRM YOUR ATTENDANCE.**

Senior Resort Ciudad Patricia

First International Open Day

Thursday 12 July 2018

12
JULY



Find Out about Ciudad Patricia For Yourself at our Open Day on 12th July from 10:00 am



from 10:00

Welcome: Coffee & Cake
(Central Building)

Afterwards, you can enjoy a hot & cold buffet lunch in our restaurant. We've arranged a jazz duo to accompany the lunch. The cost is only 12,50€ per person which includes wine and bread and ali oli.



11:30

Presentation & Short Film
Questions & Answers

All in all it's going to be a wonderful morning, we're sure you'll enjoy your visit, and I can't wait to share with you why Ciudad Patricia is such a wonderful place to come and live.



12:15

Tour of the Grounds
Visit Show Apartment



13:00

Buffet Lunch in Restaurant
(Optional 12,50€ per person)

PLEASE CALL AMANDA on 673 064 288 TO RESERVE YOUR TABLE



I'll also be presenting an exciting update about our newest apartment building - known as IRIS.

We're well into construction for October delivery with the building really taking shape.

We've already sold 11 of the 15 apartments so don't miss out.



"Live the rest of your life with peace of mind"
Patricia & Trevor



"Easily the right decision"
Nancy & Alister



"Quite simply, living here is paradise"
Gladys



10 ways Ciudad Patricia helps to take away the worries of getting older in Spain.

1. We have 2 doctors at Ciudad Patricia. One has lived on site in one of our apartments for over 20 years and been working here for over 30 years. Both speak English.
2. Our doctor has his own surgery for free consultations giving you peace of mind and convenience.
3. 24 hour emergency medical assistance cover all included.
4. Jayne is the residents' own helper and is available during normal working hours. She can check on you when you are not well, collect prescriptions, go shopping, accompany you to go to the national health hospital and doctors, translate for you plus many other things to help you, all for a small fee.
5. We want our residents to live as long as they can independently in their own home for as long as possible. We can provide help after an operation to get washed and dressed in the mornings, housework, washing and ironing etc. Again, subject to a reasonable fee.
6. On the resort is a residential care and rehabilitation centre should you find you can no longer live independently and safely in your own home even with the extra help provided.
7. British television is available with any package you are used to.
8. We provide 10Mb internet to apartments. Additionally, computers with printer are available in the main building for residents' use.
9. You don't have to be resident in Spain to live at Ciudad Patricia.
10. We have extensive, beautiful, well-kept gardens, 3 outdoor pools, heated 28° indoor salt water pool, petanca courts and gym. Small well-behaved pets are welcome.

Apartmentos Ciudad Patricia
Calle Rumanía 26, Benidorm
(+34) 965 855 100
www.ciudadpatricia.com



Ciudad Patricia
senior resort

RESERVE YOUR SPACE TODAY
Amanda Hobbs
(+34) 673 064 288
ahobbs@ciudadpatricia.com

Discover how to make the most of the month ahead with your June Astrology, Numerology and Tarot forecast ...

Sally Trotman

www.sallytrotman.com

Sally Trotman is a qualified Counsellor who works with Astrology, Numerology and the Tarot. Each month she will deliver the forecast as an intuitive tool to aid increased self awareness.

ASTROLOGY: coming home.

Sun in Cancer: Until July 21, the sun is ruled by the watery sign of Cancer. This caring, calming and intuitive sign is encouraging you to spend more time with family and friends, nurturing your closest relationships.

You may feel like spending more time at home during the first part of this month. Now is a great time to redecorate or renovate your home. Perhaps your thoughts may even wonder to the possibility of moving to a new abode. Save plans for parties and nights out until the end of the month when the sun moves into fun loving Leo.

Get in tune with the moon: This month, both the new moon in Cancer on July 13 and the full moon in Aquarius on July 27 are eclipsed.

The date of the new moon falls on a solar eclipse. Spend this day reflecting on the year so far. Consider how you are using your energy each day.

Do you need to make some changes to your daily routine? The lunar eclipse at the end of the month brings your focus to your social life and groups in general to which you belong. Who is your tribe? Where do you feel most comfortable? Spend more time with these people to create a vision for the future which is both far reaching and lasting.

Numerology: embrace change.

Number 7: This magical number always brings about some sort of change, whether inner or outer, and the effects will be lasting. Consider your limiting beliefs this month. Where are you restricting yourself through fear of change, or perhaps even fear of success?

The influence of this number is both spiritual and emotional. Spend some time every day this month in meditation, in whatever way you



feel benefits you the most. Listen to your intuition and take action on what you know to be true for you.

The Tarot: the chariot.

Persistence pays: The seventh

card in the Major Arcana Tarot deck is the Chariot. Depicted as a man sitting within a canopy of stars, the appearance of the Chariot represents conquest, victory and self-confidence. You now have the strength to

PERSONALISED FORECAST: Become clearer, calmer and more confident.

move forward in a positive direction, despite any recent challenges. Draw on your innate knowledge, inner guidance and vision to create a clear path towards your goals. Repeat this affirmation throughout the month to help you to move towards the life you desire and deserve: I am inspired, bold and brave.

Your personalised Forecast.

Astrology, Numerology and the Tarot are ancient tools of divination which aid self-awareness. By looking at the unique numbers, planets and corresponding Tarot Cards linked to your date of birth, I will intuitively guide you to become clearer, calmer and more confident about your direction. I offer consultations by Skype, Face-time, WhatsApp video and email. Thirty-minute consultations cost £25 throughout July. Please contact me to arrange your appointment at sally.trotman@btinternet.com or visit www.sallytrotman.com.

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I don't like the cheating

Mike Senker

In my opinion

Views of a Grumpy Old Man



you get caught, you should be banned, end of. That goes for the overpaid footballers - if they get caught cheating, which includes the holding and obstructing of players, they should get an instant red card and be out for the rest of the tournament or season. Do that and they will soon stop.

I'M quite enjoying watching the World Cup and, at the time of writing, both England and Spain are doing OK. I also love the VAR system of being able to check questionable decisions. What I don't like is the cheating that goes on. It's diabolical the way some of these highly paid professional 'sportsmen' behave on the pitch. When I watched the first match I thought there was a sniper in the crowd the way they were going down and rolling about.

It was ridiculous when all they were trying to do was get a decision for a free kick or a penalty and, in turn, either gets the other player booked and/or sent off. As the week has gone on it's got worse. What is even more incredible is how they celebrate when they get the decision - hugging, fist pumping and back slapping and this is for cheating, not scoring.

They have fooled, or tried to fool, the referee into giving them a decision. I love watching all sorts of sport. My favourite is snooker which is a sport that is proud of its gentlemanly conduct. The players actually call a foul shot even if the ref hasn't seen it. I believe if you have to cheat to win a sports event and

Having bought quite a bit of furniture over the years I have lived in Spain, I have always been very impressed with the service you get from the delivery people. The goods are delivered and, sometimes, that's no easy task if you live in an apartment. They take it out of the boxes, fix it all up, put it in the location you want it and take away the old stuff a lot of the time and even the empty packaging is removed. So I was surprised when my daughter told me of her experience in the UK.

She bought a small shed, not a wooden one, a plastic one - you know the type which come flat packed and just slots together. Anyway a guy knocks on her door and basically says, 'Here's your shed.' She asks if he could just take it through to her small garden. 'Nah love, can't do that. We are only allowed to take it as far as the front door. Why? How is she meant to get it through the house? 'Sorry only insured up to the front door. If you don't want it I'll shove it back on the van.' Jobsworths!

mikesenker@gmail.com

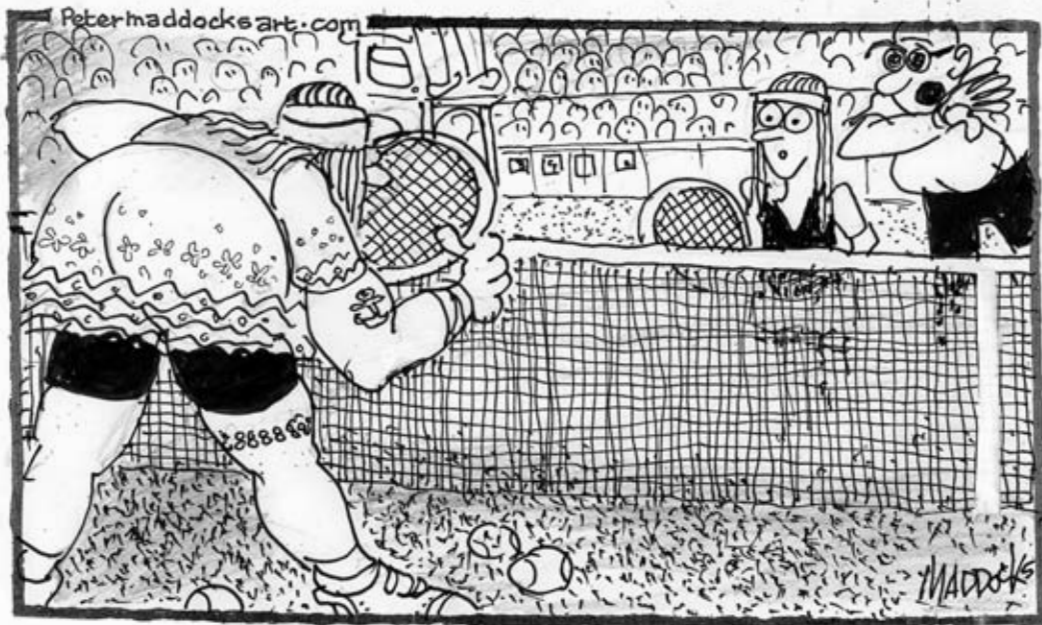
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MADDOCKS' VIEW ON LIFE



' TAKE A TIP FROM FOOTBALL - LOSE THIS ONE, NEXT IS EASY! '

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS
(January 21 - February 19)

You like to do your own things in your own way and in your own time. That certainly shows this week. It can cause a bit of a stir with family. Even so, it will inspire someone close to step forward and make their own stand. Put someone straight when they step out of line.

PISCES
(February 20 - March 20)

The kind nature that is so much a part of you is only too evident this week. A situation makes you feel frustrated and you need to find a way forward. A bit of expert advice goes a long way even if it does mean that you still have to go it alone. Be strong and remind yourself that this is for someone else.

ARIES
(March 21 - April 20)

As you prefer living in the here and now, you find it difficult to understand and tolerate people who plot and plan in advance. It is tedious in the extreme to consider every little detail of something which may never happen. Because there is this relaxed attitude, you have developed a larger-than-life personality.

TAURUS
(April 21 - May 21)

This time of year reminds you just how much you enjoy home comforts. Plan ahead now for those chilly winter nights when the air is crisp and the wine is mulled. The urge is to work with others this week and that in itself throws up plans for evenings ahead. Having planned a romantic weekend there may need to be some adjustments.

GEMINI
(May 22 - June 21)

Your mind, as ever, is changeable. This is a fun time to dabble at this and that to bring a bit of variety to your life and work. Meeting new people and starting new projects means that it is a busy time at work but the rewards are high.

CANCER
(June 22 - July 23)

This is an emotional week, when it is difficult to keep things to yourself. Get together with others and do a bit of social networking. Talk, and if you cannot bring yourself to confess to a problem, say that it is a friend of yours who has it. Certainly, you need to share this

concern to get a balanced picture.

LEO
(July 24 - August 23)

There is a highly social week ahead with social gatherings here and there. A trip means that finances start to look brighter. You may find it necessary, if you are to progress, to consider a move to another job or area. Get involved with people who have been in the same situation. This gives you a good guide as to exactly where you want to be.

VIRGO
(August 24 - September 23)

There is a great impatience this week when someone flatly refuses to see something through to the end. You do not admire sloppiness and your reaction shows this. It may be necessary for you to sort out a situation which has been going on far too long. As you dislike loose ends in any respect, your patience may come to an end.

LIBRA
(September 24 - October 23)

Energy is high and there is a lot of fun to be had. An invitation sent out brings an old friend to your table. This is not as straightforward as you think it will be.

SCORPIO
(October 24 - November 22)

You feel like a fish out of water in a confused and noisy situation. Perhaps you are not making the right kind of friends, so take control of the quality of people who you associate with. Maybe it is relatives that are causing concern. You cannot choose your relatives, but it is possible to see less of them.

SAGITTARIUS
(November 23 - December 21)

This is a great social week. Your puppy-like enthusiasm attracts others and a barrage of good vibes comes your way. Indeed, your relaxed attitude allows someone close to get their own life a bit more into perspective.

CAPRICORN
(December 22 - January 20)

People look to you to guide them through the maze of right and wrong this week. Your talent for bringing humour into the most tense situations is invaluable midweek. Summer is a socialising time for you and it is all steam ahead as you issue invitations and receive some back.

Trivia from around the world

*** Belgium is home to the world's longest tram line, the Kusttram. It is 68 kilometres long and connects towns and cities along the entirety of the country's coastline.

*** Dustbin lorries in Taiwan play Beethoven's Fur Elise to announce their arrival to residents who throw their own rubbish straight into it.

*** The world's largest natural deposit of asphalt is located in Trinidad. The Pitch Lake covers roughly 40 hectares.

*** Uganda is demographically one of the youngest countries in the world, with almost half its population under the age of 14.

*** There are more people of Armenian descent living outside the country than there are Armenians living in Armenia. There is an estimated 5.6 million people with Armenian heritage living abroad whereas the country's population stands at three million.

*** The yo-yo has its roots in an ancient Filipino hunting weapon.



IMITATORS: Researchers believe Orcas could communicate with dolphins after picking up their communication traits.

DID YOU KNOW?

A study has found that killer whales living in captivity with dolphins have learnt to mimic the way they communicate. The research on orcas suggests they are one of only six groups of animals capable of what is known as cross-species vocal learning. Seven killer whales living with dolphins were observed using dolphin-like whistles and clicks after living with them.

Women's wit

The new always happens against the overwhelming odds of statistical laws and their probability, which for all practical, everyday purposes amounts to certainty; the new therefore always appears in the guise of a miracle."

Hannah Arendt, philosopher



Famous quote

If liberty means anything at all, it means the right to tell people what they do not want to hear."

George Orwell, writer

World of English

Rebirthing - A therapy which uses controlled breathing to simulate the trauma of birth.

LOTTERY

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA		EL GORDO DE LA PRIMITIVA
Saturday June 30	Saturday June 30	Tuesday June 26	Friday June 29	Thursday June 28	Saturday June 30	Sunday July 01
(6) (28)	(19) (22)	(15) (16)	(15) (21)	(15) (28)	(5) (14)	(20) (25)
(32) (45)	(24) (30)	(20) (34)	(23) (40)	(31) (32)	(16) (30)	(37) (45)
(46) (49)	(38) (45)	(50)	(48)	(38) (49)	(37) (44)	(46)
BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	REINTEGRO	REINTEGRO
(50)	(46)	(4) (7)	(3) (12)	(12) (2)	(23) (3)	(4)
		EL MILLON: FBF67819		JOKER: 4 766 328	JOKER: 3 299 838	

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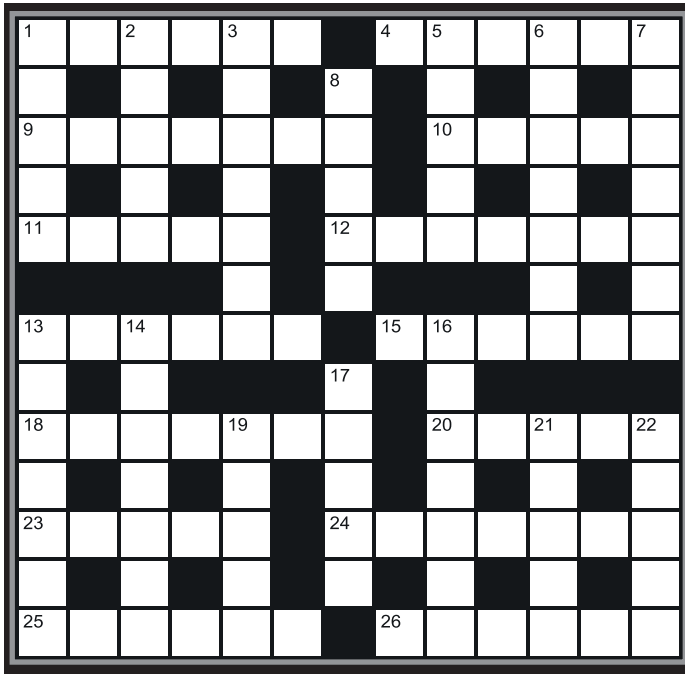
Cryptic

Across

- 1 Leave off it's Ed's turn (6)
- 4 Fears make it sadder (6)
- 9 Bridge is a card game (7)
- 10 Mother backing our love affair (5)
- 11 Sample some of the pasta's texture (5)
- 12 Overtake charged particle with emotion (7)
- 13 Plant part of Old Testament (6)
- 15 Dreads exotic snakes (6)
- 18 Leave scribbled note offering lift (7)
- 20 Draws back the turf (5)
- 23 Member of the Salmon family seen in adult routine (5)
- 24 Ruin the star turn (7)
- 25 Drink for German man in the Seychelles (6)
- 26 Tin god's nets (6)

Down

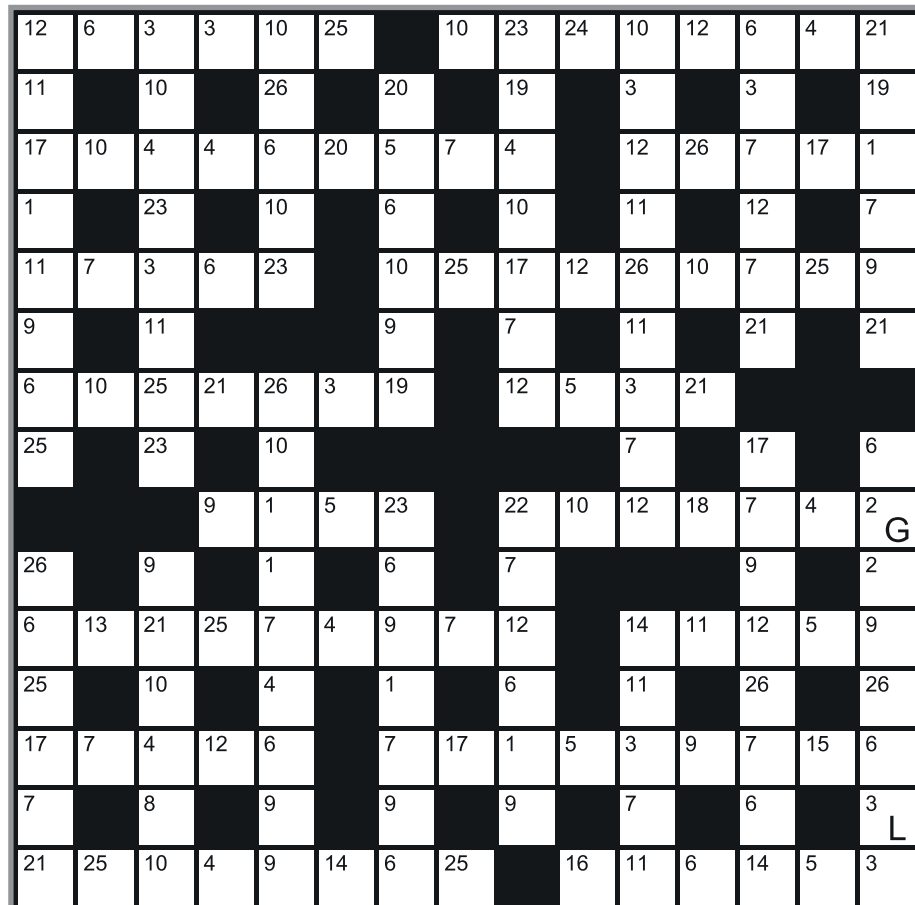
- 1 Opted out of storage facility (5)
- 2 Declines washing facilities (5)
- 3 An inhabitant of Eastern Europe makes love nearer the middle (7)
- 5 Wanders around for nothing, among the sheep (5)
- 6 Sadly, one cat I poison (7)
- 7 Runs second editions (7)
- 8 Bird pines away (5)



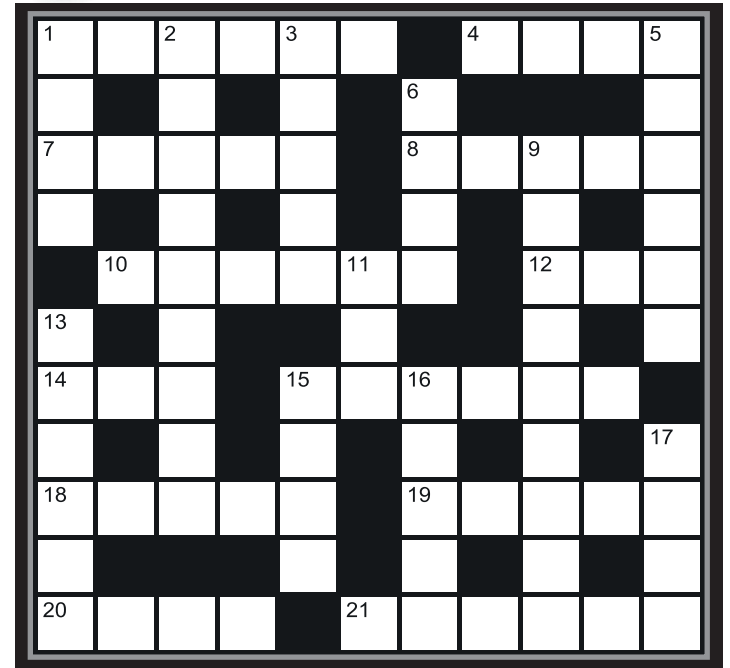
- 13 Hustles Doctor Watson and Sherlock Holmes (7)
- 14 Name one hybrid woodland plant (7)
- 16 Sid and I upset by scorn (7)
- 17 Iron, a good man's big spread (5)
- 19 Following behind the queen (5)
- 21 Leading man in The Wasp Factory (5)
- 22 Moves quickly for the board game (5)

Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 2 represents G and 3 represents L, so fill in G every time the figure 2 appears and L every time the figure 3 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



Quick



Across

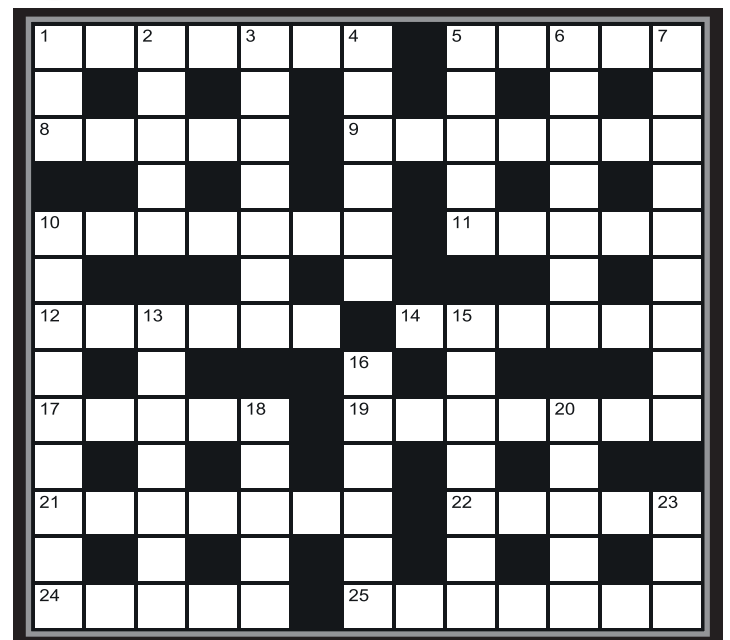
- 1 Calm and dignified (6)
- 4 Tailless web-footed amphibian (4)
- 7 Malicious burning to destroy property (5)
- 8 Find repugnant (5)
- 10 State of rest, sleep or tranquillity (6)
- 12/14 Main tent in a circus (3,3)
- 15 Lacking self-confidence (6)
- 18 Fourth month (5)
- 19 Jewelled headdress (5)
- 20 Free from danger (4)
- 21 Light wind (6)

Down

- 1 Counterfeit or pretence (4)
- 2 Infectious viral diseases of animals (9)
- 3 Ballroom dance of Latin-American origin (5)
- 5 Outbuilding for housing motor vehicles (6)
- 6 Fraudulent (4)
- 9 Sleep during winter (9)
- 11 Male human offspring (3)
- 13 Takes unlawfully (6)
- 15 Displeasing to the senses (4)
- 16 Stringed instrument of India (5)
- 17 Very strong wind (4)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Faint (medical) (7)
- 5 Caras (5)
- 8 Gansos (5)
- 9 Postman (7)
- 10 To strike (hit) (7)
- 11 Habilidad (5)
- 12 Médico (6)
- 14 Ranura (6)
- 17 Arms (weapons) (5)
- 19 Sisters-in-law (7)
- 21 Más pesado (7)
- 22 Noveno (5)
- 24 Flash flood (5)
- 25 Postre (7)

Down

- 1 See 23
- 2 Concha (de caracol, marisco) (5)
- 3 Dressing (culinary) (7)
- 4 Dark (lacking light) (6)
- 5 Tenedores (5)
- 6 Credit (7)
- 7 Hombros (9)
- 10 Padrino (en bautizo) (9)
- 13 Bell (instrument) (7)
- 15 Kidneys (7)
- 16 Asustado (6)
- 18 Switzerland (5)
- 20 Denso (5)
- 23/1 Perro caliente (3,3)

CROSSWORD PAGE

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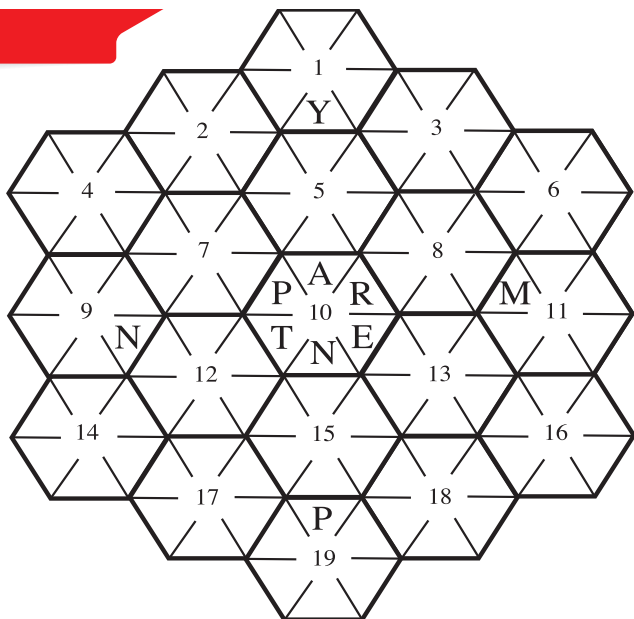
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Hexagram

- ADVISE
- AIRMEN
- BARFLY
- BEYOND
- BRASSY
- CHOOSE
- FAMISH
- GOOBER
- METEOR
- MORROW
- NOTIFY
- PARENT (10)
- SPLINT
- SPOOKY
- THWACK
- TRITON
- TYPING
- TYRANT
- WOBBLE



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell **10 (PARENT)** and one letter in four other cells are given as clues.

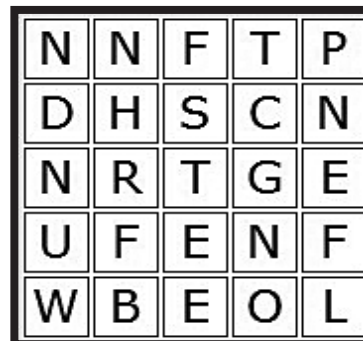
LAST WEEK'S SOLUTION

- 1 Manage 2 Meager 3 Errata 4 Offend
- 5 Agrees 6 Rename 7 Spring
- 8 Member 9 Iodine 10 Pebble 11 Auntie
- 12 Resign 13 Submit 14 Degree
- 15 Sluice 16 Letter 17 Series 18 Kaiser
- 19 Escape.

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

- Average: 25
- Good: 35
- Very good: 50
- Excellent: 65

SCORING:

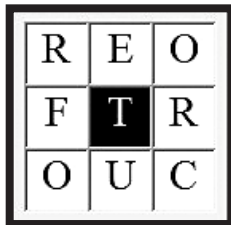
- 4 letters: 1 point
- 5 letters: 2 points
- 6 letters: 3 points
- 7 letters: 5 points
- 8 or more letters: 11 points

LAST WEEK'S SOLUTION

read reads reds rave raved rads
rats ratted eats verb verbs vats
uvea bread breads bred brae
brave braved brad brads brat
brats aver axed adverb adverbs
deva dear durst dare rude ruder
star stare stared stave staved
stats strict tare tared taxer taxed
tads tatted tats teds tics jets

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word **MUST CONTAIN THE CENTRE LETTER (in this case T)** and there must be **AT LEAST ONE NINE LETTER WORD**. Plurals, vulgarities or proper nouns are not allowed.



TARGET:

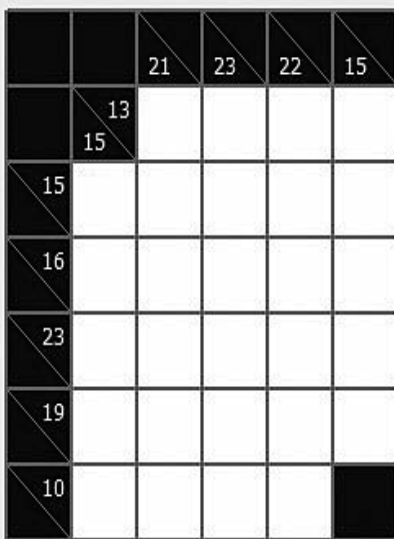
- Average: 8
- Good: 12
- Very good: 17
- Excellent: 21

LAST WEEK'S SOLUTION

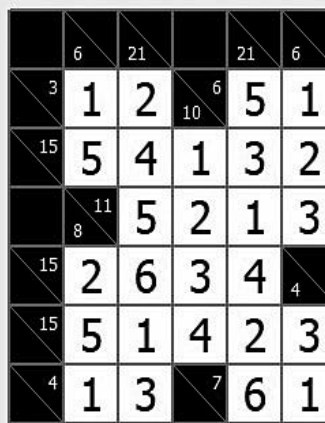
cede cred deer deft dele feed fled reed retd teed cered
creed defer delft deter elder feted freed treed decree
defect defter delete feeder felted leered recede reefer
reeled deflect elected erected fleeced fleered fleted
REFLECTED

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION



LAST WEEK'S SOLUTIONS

QUICK

Across:

- 1 Excel, 4 Chaos, 7 Jam,
- 8 Scalpel, 9 Year, 10 Jersey,
- 13 Seesaw, 14 Cuss, 17 Retired,
- 19 Bar, 20 Plead, 21 Early.

Down:

- 1 Enjoy, 2 Compare, 3 Lash,
- 4 Ceases, 5 Asp, 6 Silly,
- 11 Slumber, 12 Barred,
- 13 Scrap, 15 Stray, 16 Idle,
- 18 Toe.

CODE BREAKER

1	2	3	4	5	6	7	8	9	10	11	12	13
I	G	F	H	B	V	O	Z	N	P	Q	E	W
14	15	16	17	18	19	20	21	22	23	24	25	26
S	K	M	J	U	D	L	A	X	C	T	Y	R

CRYPTIC

Across:

- 1 Robust, 4 Retire, 9 Aconite, 10 Gross,
- 11 Sedan, 12 America, 13 Cannes,
- 15 Tangle, 18 Retinue, 20 Smart, 23 Climb,
- 24 Carnage, 25 Signet, 26 Pauses.

Down:

- 1 Roads, 2 Brood, 3 Science, 5 Eagle,
- 6 Ironing, 7 Ensnare, 8 Cedar, 13 Caracas,
- 14 Nothing, 16 Austria, 17 Peace,
- 19 Noble, 21 Adams, 22 Trees.

ENGLISH-SPANISH

Across:

- 1 Cuchara, 4 Trapo, 7 Steep, 9 Reinado,
- 10 Interes, 11 Horno, 12 Rosado,
- 14 Frenos, 18 Peras, 20 Esposas, 22 Average,
- 23 Stain, 24 Monje, 25 Riqueza.

Down:

- 1 Cashier, 2 Chest, 3 Across, 4 Thigh,
- 5 Alacrán, 6 Otoño, 8 Pared, 13 Surgeon,
- 15 Ropes, 16 Sesenta, 17 Pelear,
- 18 Psalm, 19 Shame, 21 Spade.

App of the week



PlantSnap

An app which helps users to identify plants they are curious to know the name of. It comes equipped with a vast database that the app draws on to help bring up the details of fauna within moments. There is also a built-in picture gallery so users can explore exotic plants worldwide.

QUIZ: LITTLE RICHARDS

Answers:

1. Chiefly used in Asian countries, what name is given to a light two-wheeled passenger vehicle drawn by one or more people?
2. In which BBC sitcom, broadcast in 1987, did comedy performer Rik Mayall play the part of Gertrude 'Richie' Rich, a perennially 'resting' comedian/television presenter?
3. In which decade did the English business magnate, investor and philanthropist (Sir) Richard Branson open his famous chain of record stores, Virgin Records (later known as Virgin Megastores)?
4. Stockport-born boxer Ricky Hatton was world champion in two different weight divisions. Name either?
5. The American politician Dick Cheney held which political office from 2001 to 2009?
6. The Flying Dutchman (1841), Der Ring des Nibelungen (1847-74), Tristan and Isolde (1859) and the

- Siegfried Idyll (1870) were all works by which German composer?
 7. What is the 'real' name of superhero Batman's sidekick Robin, the Boy Wonder?
 8. Which 1942 American romantic drama film starring Humphrey Bogart and Ingrid Bergman was based on Murray Burnett and Joan Alison's un-produced stage play Everybody Comes to Rick's?
 9. Which king of England was nicknamed Coeur de Lion or the Lionheart?
 10. Who is the only Dutch-born player to have won the Wimbledon men's singles title?
- Not a lot of people know that... the famous film actor, comedian and singer Peter Sellers was actually christened Richard Henry Sellers and the singer/songwriter Moby was christened Richard Melville Hall*

1. RICKSHAW (also jinrick'sha, jinrick'shaw or jinrik'isha), 2. FILTHY RICH & CATFLAP, 3. 1970s (1972), 4. LIGHT-WELTWEIGHT or WELTWEIGHT, 5. VICE PRESIDENT OF THE UNITED STATES, 6. (Wilhelm) RICHARD WAGNER, 7. DICK GRAYSON (Richard John Grayson), 8. CASABLANCA, 9. RICHARD KRAJICEK, 10. RICHARD KRAJICEK

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BOOKS



Bearing history

IT is time for the Big Oakland Pow wow, a fixture in the Native American calendar. Twelve people are set to travel to the celebration, all for their own reasons.

Jacque Red Feather has just gotten back on the wagon and wants to return back to a family she shamefully left previously. Her sister Opal is also set to be at the event, with the two having shared a turbulent childhood.

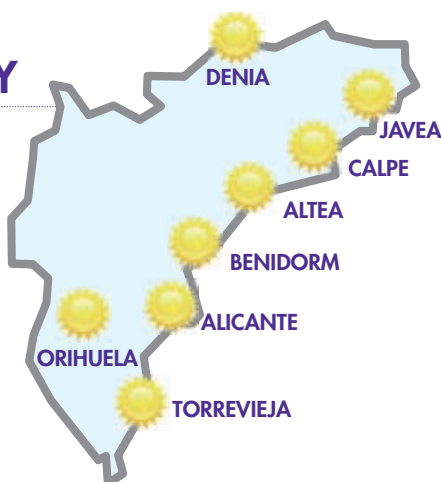
Dene Oxendene wants to work the pow wow to honour his uncle's memory. Orvil, Opal's nephew, is due to perform at the event for the first time after teaching himself traditional Native American dance routines on YouTube.

All are set for a glorious meet up. All will share beauty and tragedy as they confront a painful shared history in Tommy Orange's *There There*.

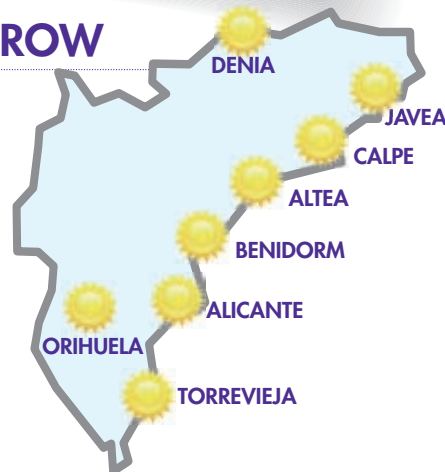
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Costa Blanca

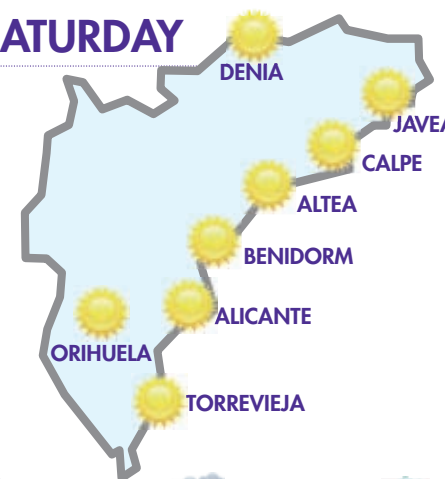
TODAY



TOMORROW



SATURDAY



Malaga Today: Max 34, Min 21-S Fri - 30 21-S Sat - 30 21-S Sun - 31 21-S Mon - 31 21-S Tues - 32 22-S Wed - 34 23-S	Almeria Today: Max 28, Min 21-S Fri - 29 21-S Sat - 31 22-S Sun - 31 22-S Mon - 29 23-S Tues - 30 23-S Wed - 32 24-S	Bilbao Today: Max 22, Min 16-C Fri - 23 16-C Sat - 34 17-C Sun - 26 18-S Mon - 28 19-S Tues - 31 19-S Wed - 28 18-S	Madrid Today: Max 30, Min 17-S Fri - 34 19-S Sat - 34 19-S Sun - 36 20-S Mon - 36 20-S Tues - 37 21-S Wed - 37 20-S
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Alicante Today: Max 32, Min 22-S Fri - 29 22-S Sat - 30 23-S Sun - 30 23-S Mon - 30 23-S Tues - 31 24-S Wed - 32 24-S	Benidorm Today: Max 31, Min 22-S Fri - 29 22-S Sat - 29 22-S Sun - 30 23-S Mon - 30 24-S Tues - 30 24-S Wed - 30 24-S	Mallorca Today: Max 31, Min 20-S Fri - 30 20-S Sat - 30 21-S Sun - 31 21-S Mon - 32 22-S Tues - 32 22-S Wed - 31 22-S	Barcelona Today: Max 28, Min 21-S Fri - 28 21-S Sat - 28 22-S Sun - 29 22-S Mon - 29 23-S Tues - 30 23-S Wed - 30 23-S
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S: Sun ☀ Cl: Clear ☁ C: Cloudy ☁ Sh: Showers ☁ Th: Thunder ⚡ Sn: Snow ❄

Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

BIRTHDAYS

• Huey Lewis, Singer; July 5, 68

Lewis fronted and played harmonica for Huey Lewis and the News whose song *The Power of Love* and others were featured in the *Back To The Future* soundtrack. Born in New York City in the United States, he learnt to play harmonica while hitchhiking across his home country.

• Dalai Lama, Religious figure; July 6, 83

The spiritual head of Tibet was born Lhamo Thondup and was selected at birth to be the 14th Dalai Lama in accordance with tradition. He has since won the Nobel Peace Prize and travels the world speaking on Buddhist ideas of happiness and compassion.

• Ringo Starr, Musician; July 7, 78

The drummer of The Beatles was born in Liverpool and



Courtney Love.

joined the band after the previous drummer Pete Best was dropped. He went on to sing some of the band's best known songs including *Yellow Submarine* and have a successful solo career.

• Beck, Musician; July 8, 48

The singer and multi-instrumentalist is known for singing *Loser*, *Devil's Haircut* and *Where It's At* among other tracks. Born Bek David Campbell in Los Angeles in the United States, he dropped out of high school and travelled to Europe playing as a street musician before his career took off.

• Courtney Love, Singer; July 9, 54

Love was born in San Francisco in the United States and formed Hole in 1989 playing rhythm guitar and singing for

the group. She went on to marry Nirvana singer Kurt Cobain in 1992 and has played Elle Dallas in TV series *Empire* from 2015.

• Sofia Vergara, Actor; July 10, 46

Vergara has had roles in the films *Hot Pursuit*, *The Smurfs* and *Fading Gigolo*. The Colombia-born actor has been nominated for a Golden Globe and multiple Emmy Awards for her role as Glora Delgado-Pritchett in *Modern Family*.

• Persephone Swales-Dawson, Actor; July 11, 21

The British actor has played Nico Blake in the long-running TV series *Hollyoaks* after being offered the role aged 14. She joined the cast around the same time as fellow actor James Fletcher and their two characters have since become onscreen boyfriend and girlfriend.

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

5	7	3	9	1	6	8	4	2
9	2	4	7	5	8	3	6	1
6	8	1	2	4	3	7	5	9
7	6	9	3	8	2	5	1	4
3	4	2	5	9	1	6	7	8
8	1	5	6	7	4	9	2	3
4	5	7	1	3	9	2	8	6
2	9	8	4	6	5	1	3	7
1	3	6	8	2	7	4	9	5

				3		1		
		9	4					2
	4		1	5		9		
1								
	3		8			1	5	
8		6		3				
	7				2	5		
		8					4	
							9	8

Word Ladder

FAKE

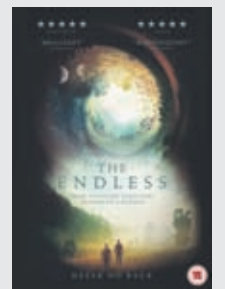
Move from the start word (FAKE) to the end word (DIET) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

DIET

- DIET
- DIRT
- DART
- DARE
- FARE
- FAKE

DVD

Called back



JUSTIN SMITH (Justin Benson) and brother Aaron (Aaron Moorhead) were once members of an alien death cult. They managed to escape the group but they are drawn to it once more after receiving a cryptic video message through the post some 10 years later.

The brothers set out to reacquaint themselves with the cult in the hope of getting answers and long sought after closure.

But they begin to wonder how wrong members of the group were when they encounter unexplained phenomena in *The Endless*.

This week in history

640 - Muslim victory
'Amr ibn al-'As' Muslim Arab army defeats the forces of the Byzantine Empire at the Battle of Heliopolis in Egypt. The victory would open the door for the eventual Muslim conquest of the country.

1099 - Holy City siege
Around 15,000 starving Christian soldiers begin the siege of Jerusalem during the first crusade, which sees them march around it while the Muslim defenders watch. They would later take the city and establish the Christian Kingdom of Jerusalem.

1348 - Pope decree

Pope Clement VI issued a papal bull which protects the Jews after many accuse them of having caused the outbreak of the Black Death. He would urge other clergymen to follow suit.

1575 - Last battle

The last major battle between the forces of the Kingdoms of England and Scotland takes place at the Raid of the Redswire on the two countries' border.

1801 - Space find

French astronomer Jean-Louis Pons discovers his first comet. He would go on to identify another 36 in the next 27 years, more than any other person in history.

1913 - Heat spike

Temperatures in California's Death Valley in the United States hit 57 Degrees Celsius, the hottest ever recorded on Earth.

1954 - Elvis debuts

Rock n' Roll performer Elvis Presley records his first single entitled *That's All Right* at the Sun Records studios in Memphis in the United States.

2011 - New country

Sudan is split into two countries when South Sudan gains its independence becoming the youngest widely recognised country in the world.

YOUR PAPER - YOUR VOICE - YOUR OPINION

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New tourist licence could hurt expat owners

I'M now told that the application for a Valenciana Tourist Licence will not only require owners having to provide loads of information, but it appears that the current processing time is two months! That I think is from the point that they receive all the information.

So assuming it's June 6, if I got my application in by say July 6 I would be able to advertise my villa online by mid-September by which time of course the holiday season will be over!

So well done to all concerned, another stroke of government incompetence and I thought that only the British-government had the monopoly on that and stupidity!

If this affects as many properties as I think then there will be a shortage of villa and apartments followed by a migration of holidaymakers to other regions of Spain taking their spending money with them. Brilliantly done as by this change in the law owners will lose thousands of pounds and some rely on their villa earnings to make their mortgage payments!

Ken Scott, Costa Blanca

Parted at birth

DEAR Leapy, I just wondered if your Dad ever had an affair with a woman from Barnsley? I'm sure I'm your twin sister as we think exactly the same, and say exactly the same things unless we happen to go to the same church, cos we sing from the same hymn sheet.

Seriously I love your column it's the first page I go to before reading the rest of the paper.

Love the way you tell it AS IT IS no holds barred, keep it up and I agree wholeheartedly every week.

Coleen Bryan, Barnsley

Spain is friendly

I WAS very interested in Mr Ian Grant's letter of May 31.

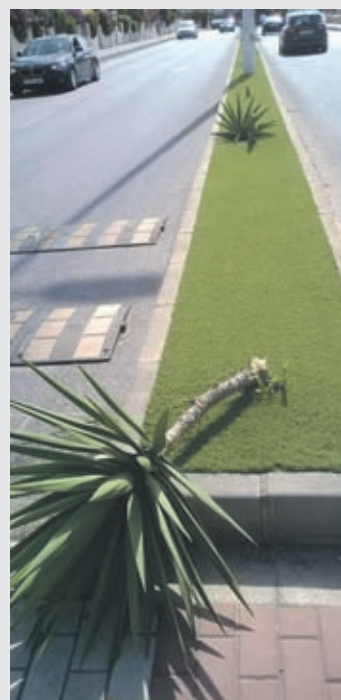
I have lived here for 17 years and have always found the Spanish very welcoming and friendly to an expat like me. I respect their culture and traditions.

If Mr Grant is unhappy with any of

Vandalism is pointless and causes upset

THIS picture shows vandalism in Calle Villamartin (outside Consum Supermarket) to the plants in the centre of the road which happened the other night. This absolutely disgraceful behaviour is believed to have been caused by night time drunken holidaymakers.

Paul Carpenter, Orihuela



his, then why not go back to the UK, 'the land of milk and honey'?

As to animal cruelty in the UK, has

he seen the harrowing adverts put out by the RSPCA? It is also the country of awful puppy farms.

Look at the treatment of the elderly. Many are pushed into homes, while the children wait for them to die, to get the inheritance.

Then there are the terrible cases of the ill treatment, torture and murder of helpless babies and young children.

On the whole, Spanish people think the world of their children, old people and look after them.

I would suggest Mr Grant goes back to the UK, if he is not happy here.

John Frensham, Quesada

About cyclists

THANK you for your article on cyclists, but I am unsure about whether we can ride on the road or the pavement or the rules applying to wheelchairs. I own a Segway which I refer to as my wheelchair without a chair.

I used to go down to the beach on the road, because of the state of the pavement which is unsafe due to tree roots breaking it up in places, but the Local Police told me I had to keep to the pavements as I did not have a matriculación, but what about cyclists?

Robert Archibald, Gran Alacant

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

easyJet cancels Alicante flight

If he had holiday insurance they will pay him out! Can't blame easyJet for what the French air traffic control do, the French government need to get their act together!

Paula Bush

They blamed the French last week but out of all the flights easyJet were the only ones cancelled or delayed.

Jackie Waters

Huge great white shark spotted

There is a Great White breeding ground around Malta which is in the Med so they can pop up anytime anywhere.

Ian Loder

What a great looking fish, I do hope no one hunts it down.

Michael Ridgway

Brit's 'looky looky' outfit sparks fury

What's happened to having a laugh? If a looky looky

Comments from EWN online

man whitened his face and staggered round with a pint like a pissed up Brit I wouldn't be offended. All too serious these days...

Kevin Airey

I don't know if it's racist or not (personally I think it is) but it's just so unkind and not needed.

Nikki Shortridge

Tactless, disrespectful and not funny, these guys have enough to put up with without idiots doing this.

Kathryn Ramsden

Cruelty claims trigger donkey 'taxi' ban plea

It was really upsetting. It was so hot, they had no shelter from the sun, they were standing in their own urine and the smell was awful.

Brenda Gammon

I certainly don't like seeing fat gits riding some poor little don-

key, but if they ban it I dread to think what would happen to them. Ideally they would go to a refuge. However, a lot of donkeys have gone to slaughter because there's a huge demand for hides in China. So careful what you wish for.

Mt Tipa

I definitely agree that these donkeys should not be used any longer. It's an outdated and cruel tradition.

Debbie Tobin

England fan smashes car screen

Makes me embarrassed to be British when there are morons who can't hold their beer behaving like that. Personally I hope England get knocked out in the next round. Can you imagine the behaviour if they get to the final???

Kev Lowe

That's after a win!! Why can't they enjoy the moment without having to become animals and causing offence to innocent people around, these idiots spoil it for others without a thought and give the Brits a bad name, no shame any more!!

Linda Rogers

Just find the culprit and ban him from returning to Spain.

Sandra Lyons

Cat care

YOUR anonymous correspondent (EWN 21-27th June 2018) asks if any group or organisation is neutering or spaying feral cats with the objective of reducing their numbers.

My German neighbour and her colleagues spend much of their time doing precisely that in the Benissa and Moraira area.

They catch the cats, take them to the vet for checking and neutering and insert an identity chip in the cat's ear. Litters of kittens and their feral mums are taken home for care and attention.

They foster many, find homes for many and some go to Germany for rehoming through a German sister organisation. They set up feeding stations when appropriate. They get many requests for help including occasionally from the town hall and respond to all requests.

They receive no official funding and thus have a charity shop at Moravit to help defray costs. They are called Pluto Protectora Animales.

If you would like to know more about them, check out their English language website at <http://pluto-protectora-animales-en.org>.

M Collins, Moraira

Dirty habits

WE are creatures of habit. But, did you know that even habits that can seem inconsequential can have a negative effect on your health and beauty.

Here are four things that you probably do every day which not only impact your health but also your physical appearance.

If you drink a lot of milk, particularly more than one litre a day, then you are consuming too much fat. Just one cup of milk contains 7.93g of fat so you can see how that can build up.

Having said that, doctors do recommend that you drink some milk due to its high calcium content, just take note that you don't drink too much.

Another habit you might regularly

do is cross your legs. However, doing so limits the flow of blood through your arteries and can cause numbness, increased pressure and even varicose veins in the legs.

You also might need to amend your Saturday night routine. Plucking or waxing your eyebrows immediately before applying your make-up causes chemicals in your make-up to come into direct contact with your pores. Your skin will absorb this and it may cause irritation. The ideal time to pluck or wax is to do so with clean skin.

One of our main bad habits is touching our face. However, we are simply covering our face with all the bacteria that our hands have gathered during the day, which increases the risks of skin infections.



NEW ROUTINE:
Don't pluck your eyebrows immediately before applying make-up.

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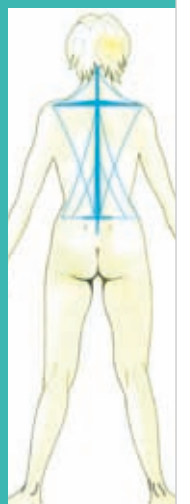


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Ergonomics - Neural - Vascular - Lymphatic
Still point relaxation**

Advertising Feature

An embarrassing problem solved without surgery

THE anus is a part of our body which we often try to hide and is not very elegant.

Perhaps in order to punish our rejection it can cause illnesses, although they are not serious illnesses, they can become very uncomfortable and make our lives unpleasant.

However, everybody knows that if these illnesses are painful, then the surgery is supposed to be even more painful.

There is also a risk that these operations lead to complications or have repercussions. For these reasons many try to ignore the situation or put it off for as long as possible.

Now in a day one organisation in particular is able to treat these problems without pain, without surgery, without hospitals and without having to take time off work, for all of those who suffer.

To remove haemorrhoids, it is no longer necessary to operate or to support a long painful healing process. The new treatment methods achieve brilliant results.

This great progress is due to a change of strategy: If we eliminate them little by little instead of all at once, they can be removed without surgery, and also without having to take time off to recuperate.

Doing it this way, the treatment can be made in the clinic during as many sessions as necessary, without having to step foot in a hospital.

The methods that have proven to take them away 'little by little' are known as Banda Elastica, Esclerosis, and Electro-



Credit: Henadz/ Pechan Shutterstock

HELP IS AT HAND: For those uncomfortable moments.

Fulguración. By managing them correctly, complete control is achieved, even in the more advanced cases.

The treatment must be prolonged to as many appointments as necessary to ensure that the result is permanent.

The pain from anal fissure can be controlled from the first session of treatment in the clinic with an infiltration method using neuromodulator agents.

All over the world various classes of drugs are used to achieve this affect and each medical school has their preferences and possibly, the best known is the Botulinum Toxin (Botox), however it is not the most efficient, it is only temporary and can cause dangerous side effects such as Botulinum intoxication or uncomfortable side effects like transient incontinence.

In other parts of the world, better results are achieved by using other products

such as Lauromacrogol, which causes an attenuation of the amielinica innervation of the anus, it is permanent and harmless to health.

The result is spectacular, it achieves an instant solution to the anal pain from the first session in the clinic. For the result to be permanent, the treatment must be repeated between three and five times over a three-month period, always in a way to not affect any normal activity.

The effectiveness to this treatment is similar to that of the surgery, however without the inconvenience and without the risk of causing incontinence.

In the first free informative consultation, QUPA will assess your case, confirm diagnostic, plan the treatment and give you a 'fixed estimate' to avoid later surprises.

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PUBLIC HEALTH figures in the UK have revealed that one in 25 children in England aged 10 or 11 are severely obese.

Under the UK government's national child measurement programme, the weight and height of all children in England is measured when they start reception school and when they leave primary school.

Figures showed that for chil-

Child obesity concerns

dren in reception school about one in 40 (15,000 out of 629,000) was classed as severely obese.

But by the time they left primary school more than one in 25 children (22,000 out of 556,000) were in this category.

A worrying fact is that this is the first time the national child measurement programme data has included the 'severely obese' category.

The Local Government Association warned that children who are obese are at risk of dy-

ing younger due to a range of health problems, including diabetes, cancer and heart disease.

Izzi Seccombe, chairwoman of the LGA's community well-being board, said the UK was now the most obese nation in western Europe.



WORRYING: The number of severely obese children is on the rise.



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IT may have been advice given to you on many occasions, but taking a cold shower can actually offer you surprising health benefits.

Often referred to as the 'Scottish Shower,' this burst of cold water in the morning can increase alertness. Even though the thought of this may horrify you, the shock of the cold water forces you to breathe more deeply which, in turn, increases your overall oxygen intake.


It also causes your heart rate to increase which pumps blood more efficiently through your entire body. This improved blood circulation can help to combat some skin problems and boost your overall heart health. It can also lower blood pressure, clear blocked arteries, and improve your immune system.

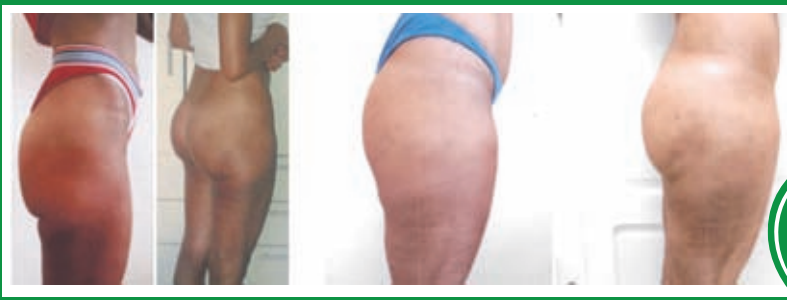
In addition, one of the most natural ways to maintain your appearance is with cold showers. Hot water can dry your skin out, whilst cold water will tighten your cuticles and pores, which will prevent them from getting clogged. Cold water can also seal the pores in the skin and scalp too, preventing dirt from getting in.

Going 'Scottish'



BREATHE DEEPLY: Taking a cold shower can provide surprising health benefits.





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To be or not to B-12

YOU won't want to feel weak or fatigued as the social demands of the summer increase.

So be sure that you are getting sufficient B-12 into your system.

B-12 is an essential vitamin for the health of your red blood cells and your nervous system, as well as the creation of DNA and cell division.

As it is stomach acid which liberates B-12 from the food into your body, a common cause of B-12 deficiency is a lack of stomach acid.

This is especially true in adults who regularly take medications that suppress stomach acid, such as proton-pump inhibitors, H2 blockers or other antacids.

Even though symptoms develop gradually, when they do finally show themselves they can include weakness and fatigue, confusion, balance problems as well as bruising and paleness. They can also include shortness of breath, feeling dizzy and a rapid heart rate.



NATURAL SOURCE: B-12 is found in meat, poultry, fish, egg and milk products.

Later stages can result in a tingling in your extremities, called neuropathy, or a red irritated tongue and loss of taste.

If you are experiencing any of these symptoms, or think you might have a Vitamin B-12 deficiency, you can be tested to know for sure. In the meantime, it might be worthwhile to supplement your diet with multivitamins.

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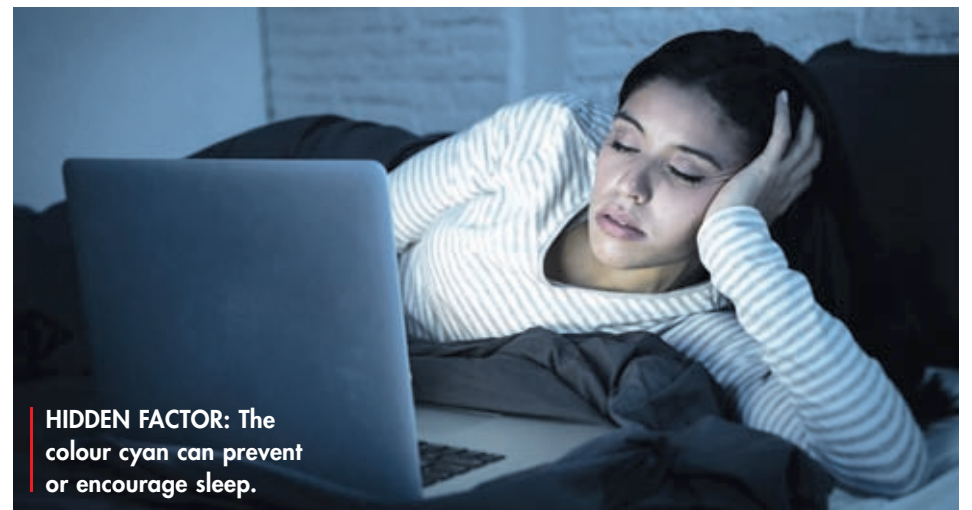


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HIDDEN FACTOR: The colour cyan can prevent or encourage sleep.

Sleepless cyan

RECENT research has shown that the colour cyan - between green and blue - affects our sleep.

Biologists based in the University of Manchester say that higher levels of cyan keep people awake, whilst lower levels induce sleep.

It is hoped that the results will mean that computer screens and phones could increase or decrease the levels of cyan in the screen.

Existing 'night mode' set-

tings for phones and laptops are the result of previous research which showed a link between blue light and sleep. However, this research, published in the journal *Sleep*, shows the particular impact of the colour cyan.

Participants in the research were exposed to more or less cyan in order to measure the different levels of the sleep hormone melatonin.

The researchers suggest that shades of cyan could be

used on computer screens to keep people awake, such as those working on night shifts for example.

Or shades and colours which give the same affect, but don't actually have cyan, could be used if the aim was to reduce anything that impedes sleep.

The findings could be particularly useful to help families with teenagers who stay up at night using their mobile phones.



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Advertising Feature

Binaural hearing

SOME people wear two hearing aids and others only wear one.

It may be that some people only have a hearing loss in one ear, or it may be that they have no hearing at all in one of their ears (- a hearing aid can only help what is already there).

Some budgets won't stretch to one in each ear and someone with a very quiet lifestyle doesn't need one in each ear; others simply just don't want to wear one in each ear: it's different in different cases.

Nature has given us two ears; they work together as a team. There must be a reason. There are three main needs of the human hearing system: first the ability to localise sound; secondly, the ability to discriminate wanted from unwanted sounds; and, thirdly, the ability to detect very faint sounds.

You do not hear with your ears; you hear with your brain. All your ears do is feed pressure differences to the brain, where they are interpreted. If you have two good ears working together, your brain will use them independently.

In a noisy environment your brain will switch one ear to low-frequency background noise (the hubbub, crowd noise, chatter, etc)

and pull the volume control on this ear down. It will delegate the other ear to concentrate on high-frequency oscillating speech and it will push the volume control on that ear up, the result being that with two good ears working well together you can talk to someone in a noisy environment.

Their voice can be up to 20 decibels quieter than the background noise and you can hold a conversation (- ability to discriminate wanted from unwanted sound). If the brain only has one good ear to work with it cannot do this, and the person you are speaking to always has to be louder than the background noise before you can fully understand them.

The same applies to identifying where a sound is coming from (- the ability to localise). This can be vital in picking up the first few syllables of speech. With two good ears the brain can zero in to within three degrees horizontally of a sound.

With only one good ear it can only manage to zero in approximately 30 degrees horizontally of a sound source. (Oddly enough, on a vertical plain (up/down) the difference is much less: seven degrees with two ears and 11 degrees with one ear.)

Try closing one eye. You can still see, but



TWO EARS: Work as a team.

you lose depth, accuracy and span of vision. If you have a hearing loss in both ears, aiding one ear is better than none; aiding both is three times better than aiding one.

Detection of faint sound - The human head casts a sound shadow, so that sound coming in on one side is heard approximately 6 dB lower in the ear on the other side (but can be as much as 25 dB at 6,000 Hz).

Depending on its frequency, a faint sound on the shadowed side of the head might not be detected at all if only one ear

is operational.

Hearing is a very subjective thing and what suits one person won't necessarily suit another.

"I'd be in a meeting room with several other people and not be able to keep up with them talking from different directions at once."

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Advertising Feature

Leading the way in solar!

KVA SOLAR is the company to visit for all of your renewable energy, including solar and heating needs.

Based in Almoradi, KVA SOLAR offers all forms of solar energy solutions, pellet solutions, stove, chimneys, infra-red, radiant heating panels, special storage heating for off peak electricity, solar systems for hot water, central heating and swimming pool heating.

They pride themselves in supplying a personal touch and want to learn about your specific needs in order to find the best energy solution for your hot water, central heating, swimming pool heating and photovoltaic energy.

Site surveys are carried out to allow them to recommend the best option for your needs. All the products they supply are fully guaranteed and certified legal by the key mark certification. Although based in Almoradi, KVA SOLAR is pleased to cover a radius of 50-kilometres in order to assist any

clients, be they domestic or commercial, offering their technical support.

Boasting a fully qualified architect and planner, the company is registered with the authorities and is fully legal with qualifications in heating/cooling installation and maintenance.

The owner is passionate about giving you an exceptional service and supplying a product that is best suited to your life style.

As experts in solar heating, KVA SOLAR can show you how you can enjoy a warm pool all year round and it's cheaper than you might think!

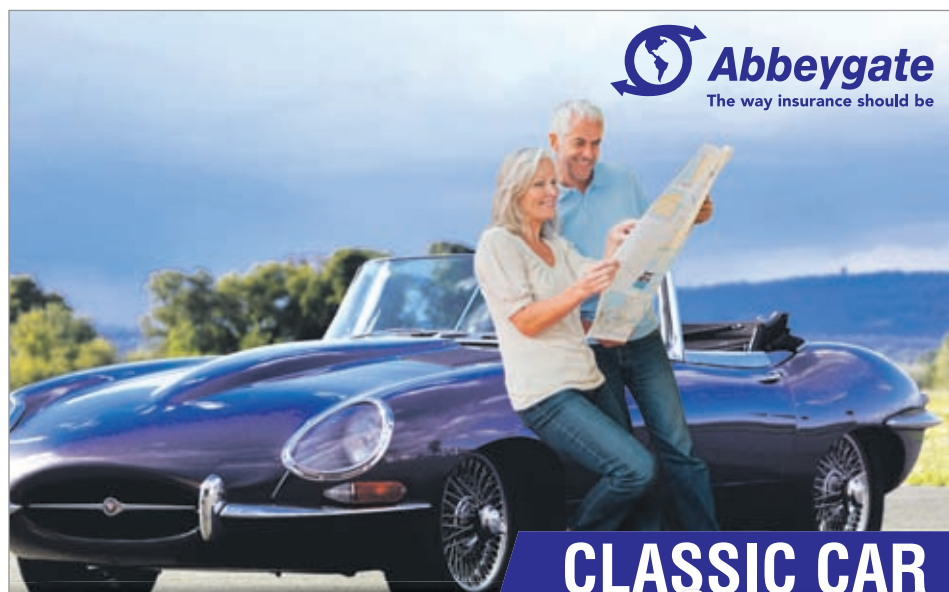
Cut your energy bills in half with solar hot water and electricity. Free site survey and no obligation quotes. Visit KVA SOLAR to view the actual panels and look at their selection of wood burners, as well as discovering regular special offers for new and returning customers.

In addition, and as a brand new option, the majority of the systems

are now I.o.T which means you can control your heating/cooling devices using a smart phone app.

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Ruben Blades Spanish tour

THE 70-year-old Panamanian singer, songwriter, actor and politician, Ruben Blades will be playing in Cartagena at La Mar de Músicas on Friday July 20 as part of a European Tour.

His music is influenced by an Afro-Cuban vibe but also takes inspiration from salsa and other Latin jazz performers.

So successful has he been that the singer and musician has won a total of 13 Grammy and Latin Grammy Awards and as an actor has recently been prominent in the hit TV series Fear the Walking Dead.

With more than 30 albums under his belt, the earliest being released on the ground-breaking Fania label which introduced Latin music to the USA, he has a huge body of work to



Credit: Facebook

RUBEN BLADES: Promotes his new album.

choose from.

He has just released a new album Medoro Madera which is dedicated to an octogenarian Cuban who is eccentric, drinks rum, smokes and loves to sing.

This promises to be an exciting concert with the audience likely to find themselves on their feet and dancing.

Exceptional guitarist plays alongside Toto drummer

JOINING Protocol Live, the band put together by Toto drummer Simon Philips, guitarist Greg Howe will be appearing at the Alicante Auditorium (ADDA) on Sunday.

In his 30-year career, Greg Howe has produced, written and arranged 10 solo instrumental studio albums and has contributed to a long list of albums/records by other artists.

His more recent efforts have found him going deeper into fusion territory with a series of albums that pull from rock, funk, blues and jazz traditions, while exploring the boundaries of what's possible on a six-string.

He's also made a name for himself as a stellar sideman and session musician



Credit: Facebook

GUITARIST: Greg Howe on stage.

with artists like Michael Jackson, Justin Timberlake, Christina Aguilera, Rihan-

na, Enrique Iglesias, and many more.

In 2012 Greg Howe de-

cidied to take a break from the instrumental world and announced that he would be putting together a rock band named Maragold, which had much international success.

Greg Howe's new album, 'Wheelhouse' marks a highly anticipated return to his solo instrumental work. It features Greg Howe at his best along with an appearance from guitar legend Richie Kotzen (Winery Dogs, Mr Big) and legendary keyboardist Ronnie Foster (Stevie Wonder, George Benson).

Tickets for the Protocol Live gig which starts at 10pm and lasts for an hour and a half cost between €18 and €24 and may be purchased online through the ADDA Alicante website.



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Advertising Feature

THERE is a brand new restaurant and bar in Montebello which offers a great selection from breakfast to a delicious evening meal, with a superb menu de la noche at €15.95 for three courses plus a FREE salad and FREE ½ bottle of wine.

Open Monday to Sunday from 10am to 11.30pm (food served until 5pm on Sunday), this comfortable bistro and bar contains a huge amount of driving memorabilia.

The bistro boasts superb chefs who offer a selection of international food and the well-stocked bar is open to visitors, even if they are not dining.

As the weather improves, so the open terrace comes into play with a children's entertainment area, high chairs, baby changing table and a wide selection of children's ice creams ... and a fine addition to the number of eateries in the area.

There is a great loyalty card scheme which earns you one point for every euro spent and entitles members to enter an exclusive monthly raffle, access to special offers and much more.

Take advantage of the book-and-

Silverstones for a choice of great food in Montebello



OPEN TERRACE: Children's entertainment and ice creams.

ride option, so no need for a 'designated driver' as the bistro will offer you access to its complimentary minibus which will collect you and

take you home again.

Breakfast, lunch and dinner are all on offer, a wide selection of food including vegan and vegetarian options.



In addition, the bar offers a large selection of beers, spirits, cocktails, wines and champagnes.

Wednesday night is Curry Night and on Sunday night enjoy the FREE quiz night hosted by Mexican Bruno, with a meal €20 meal voucher and bottle of cava for first prize.

Sunday may see the kitchen closing early but there is plenty of time to enjoy a superb roast with a choice of

four meats, a fish dish and a vegetarian option. You can then sit back, relax and enjoy a drink as the sun thinks about setting.

It's not just about food but about pleasant staff, cleanliness and a relaxing atmosphere. Silverstones in-house pianist plays on the baby grand piano during Sunday lunch, live music is played on both Friday and Saturday night in the air conditioned bar/restaurant.

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The experience that is Cirque du Soleil

THE Cirque de Soleil brings their brand new TOTEM show which is described as a journey into the evolution of mankind to Alicante City from July 21 to August 19 in the arena at the Cortijo de Torres Fair-ground. The show follows the human species from original amphibian state to the ultimate desire to fly. The characters evolve on a stage, evoking a giant turtle, the symbol of origin for many ancient civilisations. TOTEM explores the ties that bind Man to other species, his dreams and his infinite potential.

The six interlinking parts of the performance include a pair of high flyers on trapeze, followed by an amazing Amerind dance performance by a supreme acrobat and then a pair of roller skaters also performing as Native Americans.

The slightly more esoteric part of the performance called the Sparks of Life sees members of the cast appear in exotic amphibian and fish like costumes who cross the arena by bouncing on trampolines.

Two male acrobats compete with each other on rings to a Bollywood backbeat, un-



Photo Credit: Cirque du Soleil

TOTEM: The exotic scene that is Sparks of Life.

til a single female athlete arrives to show them how it's done!

Wearing colourful costumes inspired by the lost civilisations of South America, a team of acrobats will stun the audience by leaping across the arena on bars in an attempt to escape earth's gravity.

Then five unicyclists will amaze as they toss metal bowls with their feet and catch them on their heads as they travel around

the arena, metres above the ground.

Tickets for this incredible month of circus with a complete difference start at €28 and range in price depending upon the position of the seats and whether VIP treatment is required.

The website www.cirquedusoleil.com/es/espaa/alicante/totem/comprar-entradas has full details of pricing and availability of tickets.

Sleeping Beauty one of the great ballets

ONE of Tchaikovsky's most popular ballets, Sleeping Beauty comes to Torre Vieja Auditorium on Tuesday August 7 presented by the St Petersburg Ballet.

Originally premiered in St Petersburg in 1890, this ballet tells the story in which King Florestan and his Queen invite a number of fairies to be godmothers at the christening of their daughter, Princess Aurora

While they arrive with gifts for the baby, the evil fairy Carabosse, gate crashes the

event, angry at not having been invited and gives Aurora a spindle, announcing that one day the princess will prick a finger on it and die.

The Lilac Fairy, who has yet to offer her gift, promises that Aurora will not die, but will fall into a deep sleep from which she will be awakened by the kiss of a prince.

Tickets for the performance which starts at 10pm and last just under two hours cost from €20 to €30 and may be purchased from the Auditorium website.

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A whole month of cool jazz

IF you like jazz and don't mind a relatively short journey south, the San Javier Jazz Festival is in full swing.

It runs until July 28 and two of the biggest American names in modern jazz fusion Pat Metheny and Chick Corea are due to appear.

Tomorrow (Friday) sees a performance from Pat Metheny, winner of no less than 20 Grammy Awards across 10 different categories and numerous other awards.

Not only has he released more than 40 albums in his own right, the guitarist has performed and recorded with most of the big names in modern jazz.

Other big names include The Mavericks, The Kenny Garrett Quintet, Nine Below Zero as well as a number of Spanish musicians of the



Credit: Chick Corea Twitter

THE AKOUSTIC BAND: At the start of their tour.

highest quality.

The festival finishes on Saturday July 28 with an appearance from the Chick Corea Akoustic Band which features the keyboard player alongside bassist John Patitucci and drummer Dave Weckl who recorded the Grammy-winning Akoustic Band album in 1989

Now 77 years old, Corea

is considered to be a legend in his own right having first come to the forefront as part of the Miles Davis band and then with his ground-breaking Return to Forever band.

He is without doubt one of the great influences on jazz over the past four decades.

For a full list of those playing and to obtain tickets, visit <http://jazz.sanjavier.es>.



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Eat Well
to Live Well
by Andrew Harding



Fake science in your diet



NO WORRIES: A dinner or protein, vegetables, fibre and wine is easy on the hips.

I WANT to talk about diets this week. We have been inundated with fake science about cutting saturated fats from our diet and eating more carbohydrates.

The result is that obesity and Type 2 Diabetes are much more prevalent than they have ever been. The link between saturated fat, cholesterol and heart disease is yet more fake science. The theory is that blood vessels are like pipes supplying hot water to radiators. If the water is 'hard' and contains lots of soluble compounds that become insoluble and then coat the inside walls of the pipes.

The pressure becomes greater due to the decreased volume of the pipes, which is simple physics. The simile to the human circulatory system ends there. Our arteries do not 'fur up' like water pipes, the fatty deposits are within the walls of the arteries and within the blood vessels of the heart, making them thicker and reducing blood flow. The problem with a carbohydrate rich diet is both starch and sugars create a spike in blood sugar causing the pancreas to make more insulin.

Fats are metabolised more gradually, leading to the urge to eat to occur later. Over the long term this means the consumption of less calories and consequently less weight gain. More fake science concerns the high calorie count of alcoholic drinks leading to weight gain.

It is impossible for ethyl alcohol, which is the intoxicating part of booze alone, to produce body fat, it is the carbs that go with it. The beer, sweet wines and liqueurs will all cause weight gain. A large gin with a slice of lemon and a slimline tonic, will not increase body weight by as much as a

gram! Another fallacy is eating later during the day will cause obesity, and that breakfast is the most important meal of the day. Basura!

A dinner with a mix of protein, vegetables and fibre with a few glasses of dry red and-or dry white wine is the perfect end to a day when eaten about two or three hours prior to bedtime.

The best and most effective diet ever with only five words is Eat Less and Move More!

This week's recipe is a Spanish accompaniment to any sea fish:

Romesco Sauce

Serves 4

- 4 tbs olive oil
- 1 slice good white bread, diced
- 2 cloves garlic, finely chopped
- 1 red chilli, finely diced
- 3 tomatoes (canned or fresh)
- 100g blanched flaked almonds, toasted

A small jar of roasted peppers
Juice and zest of 1 lemon
Freshly ground salt and black pepper
Fry bread in olive oil until golden, remove and reserve, add garlic and fry until transparent. Place all the ingredients in a blender and serve with grilled fish.



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AROUND a third of all homes sold in Spain are bought with cash, according to data from the country's National Institute of Statistics.

The total number of homes sold in Spain stood at 464,423 last year, with some 310,096 mortgages granted.

That places those purchased with-

Cashing in

out a mortgage at around 33.2 per cent.

Data from the General Council of Notaries, a public legal body, placed

the total figure higher at 43.6 per cent based on their own data.

Jose Manuel Perez, from the FM Gestiona property company, said the typical profile of those buying in cash were usually in their 50's or 60's, buying houses worth €100,000 or less as investments.

TV's favourite love nest on sale for

CASA AMOR, Love Island's second secret villa, has been put on the market for €2.9 million by agents Knight Frank.

The Mallorcan villa features in this week's episodes of the award-winning TV show, when 12 new contestants will enter the secret hideaway, which is minutes away from the main house.

Casa Amor, which also featured in the reality series last year, boasts four bedrooms, four bathrooms, a fully-fitted kitchen, pantry, utility room and living room.

It is spread over 450 square metres and includes two large sun terraces overlooking the pool and garden, garage, pri-



LOVE DEN: The idyllic estate masks some hedonistic activities.



Credit: Knight Frank

vate vineyard and olive groves.

The modern finca, designed by the highly-regarded Mallorcan architect, Andrau Bennassar, is almost entirely self-sufficient in electricity, via solar panels and has its own well.

Situated in the Llevant region of Sant Llorenç des Car-

dassar, on the east coast of the island of Mallorca, potential buyers will have access to eight km worth of coastline with golden beaches and bays.

There are also four golf courses which are all within a few minutes' drive from the villa.

Owner David Heeley said: "Casa Amor is both cool and chic - and possibly a little decadent too - making it an ideal setting for the show.

"I'm very excited to host the Love Island contestants and crew here for a second year in a row."

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Advertising Feature

Ciudad Patricia's brand new building Iris

MY name is Amanda and I have been working here for seven years now in the beautiful retirement resort which some people call a village.

I am finding myself very busy now with an increased number of enquiries from people who really do not want to move back to the UK under any circumstances.

Ciudad Patricia really is the perfect solution for those moving into their golden years. People often tell me "it's lovely, but we will move in a few years' time." Why wait when you can move while you can and not when you have to?

Our newest building has been built to offer an even greater level of modernity and luxury to our range of retirement apartments. The building has been designed specifically to appeal for those who, quite rightly, are looking for something that's extra special, more spacious, unique and the perfect home to enjoy life in their retirement years.

Now could be the time to come



and have a look for yourself to see how lovely they are going to be.

We have been selling off-plan

but now you can see inside the apartments. They are on target to be ready in October 2018. We have

GOLDEN YEARS: Beautiful retirement resort.

even started tiling the floors and shower rooms.

We only have four now avail-

able, one of which is on the top floor. They all have spectacular views of the mountains and include two bedrooms, two shower rooms and very modern open-plan kitchens.

Some of the available apartments even have north and south terraces. We do have a detailed booklet available for those who like to know how we are constructing the building. Why don't you call me to come and take a look and have a mini tour of all the resort, the beautiful grounds and facilities?

Ciudad Patricia really does keep your dream of living in Spain alive. It helps to create new friendships, so you never have to feel alone. The extensive facilities, extra help and emergency doctor really do give you peace of mind when you come and live here and start to enjoy your life.

I really look forward to showing you around even if it is for a few years ahead. Call Amanda on: 0034 673 064 288 or email: ahobbs@ciudadpatricia.com.

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Secret addition to give a boost to your plants

Promotes health, greenery, flowers and better quality fruit

GRAEME TYRRELL

A HEALTHY, safe and productive garden is the aim of most gardeners.

Well prepared soil, potting mixes, manures and compost can make a big difference to how a garden performs. There are however some extra additions that can make an ordinary garden into a much more lively one.

A not so well kept secret addition to improve the greenery, flower blooming and the uptake of other nutrients, such as nitrogen and phosphorous, that has been around for generations, but is still not widely known except by avid gardeners, is a natural mineral combination that was discovered in Surrey, England centuries ago.

It is a natural product and frequently used by organic gardeners as a remedy for weak growth and under performing vegetables. It is called a salt but is not the sodium chloride of table salt, in fact its main nutrient benefits are neither of these elements.

Epsom salts are well-known as an

addition to the bath for your own health but it can also be applied to plants with great benefits. Epsom salts are more technically known as Magnesium sulphate which indicates the main nutrients are magnesium and sulphur, which are generally in short supply in Mediterranean soil.

The magnesium assists with photosynthesis to improve plant functions. Adding this nutrient to fruit and vegetables is also a benefit to us who eat them as magnesium is something we need for our well-being that is often deficient in many foods.

The sulphur part of Epsom salts is acid by nature but this is beneficial in the alkaline soils of the Mediterranean. Sulphur is also an effective natural fungicide to reduce the problems of the various diseases that fungus can cause. So the combination of elements in Epsom salts improve growth and reduce infir-



IMPROVE GREENERY: Even a child is safe to apply Epsom salts.

mities for the plants.

Another good thing about Epsom salts is that you only need about a teaspoon for smaller plants such as annual flowers to a tablespoon for plants such as tomatoes, peppers and a couple of tablespoons for rose bush size plants. It can be just sprinkled about the base of the plants or dissolved in water and sprayed on the foliage at cooler times of the day or watered evenly into the soil.

It can be applied at planting time and before crucial moments for the plants such as before flower and fruit forming times. Too much applied is not toxic to plants but as it leaches away it is just wasted. It is better to apply a little often to get the most benefit.

Epsom salts can be used to treat leaf curl on many stone fruit trees and many other poor health issues of trees. If you want your trees to be healthier apply Epsom salts around them from the trunk out to the drip line of the foliage.

Try it on your favourite trees and you could be surprised by the results.

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BETWEEN late June and early September is a peak time for burglaries as people head off on their holidays.

So, if you're heading away be sure to take the following top tips into account to keep your home more secure.

Before you depart on holiday, remember to cancel any regular deliveries that would

Summer burglars

sit on your doorstep or in your post box and signal that no one is at home. Alternatively, you could ask a neighbour or a good friend to visit your house and collect your post.

They could also open and close some curtains if you

trust them to have a key.

If you'd rather not have friends or family entering your home, make every attempt to give the impression that someone is at home. Buy some timer lights to turn a few lamps on and off during the day and night.

Be sure that all your windows and doors are tightly shut and all access points to your property are properly locked. And never leave a spare key under the mat or flower pot!

If you're already on your holiday, try to do the impossible and stay off social networks.

Posting your every movement online, particularly if you don't have strict privacy settings will mean that would-be thieves can see what you're up to and just how far away from your home you are.

Remember, being burgled doesn't just involve the loss of physical belongings, it can also result in worry and cause you to feel insecure in your own home. So do what you can to protect your premises.



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THE Dogman



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Good dog grooming

GROOMING is a pleasurable social activity among wild dogs, carried out by mutual licking.

Primates engage in intense bouts of hair care and flea picking and horses love to nibble each other's manes and backs. Grooming is, therefore, an important behavioural interaction between man and dog.

It also establishes us as the dominant one. The dog recognises this dominance when it 'grooms' us by licking our hands and exposed skin, if we allow it.

The Zoom Groom, sold in most pet shops, provides the ultimate massage and grooming experience for your dog. It has rubber 'fingers' that reach through thick or matted hair to the underlying skin and gently pluck out dead hair and dirt.

Start grooming as early as possible. Check and handle the ears, eyes, teeth and nails. All dogs need

grooming, some more than others. Generally, the longer the hair, the more frequently the grooming will be required.

Introduce the brush and comb as a pleasant experience for short, but frequent, periods while the dog is still a puppy.

Even though not a lot of grooming will be required, this will result in a young adolescent dog not regarding the brush and comb as unpleasant and making grooming a struggle for you.

Do not wait until your dog becomes knotted and tangled or its fur is clogged with dried mud before you think of grooming it. This is the surest way to make your dog hate grooming. Badly knotted fur should only be dealt with by experts. Consult your vet or a groom-

ing specialist.

Some breeds such as Cocker Spaniels, Yorkshire Terriers, Scotties, Schnauzers and Poodles need to have their fur trimmed regularly. Enquire if you are in any doubt.

Bathing regularly is not a good idea as a rule. Even dog shampoo removes natural oils from the coat and dogs do not have pores through which to produce more oil quickly. Over-bathing can cause skin irritations and a dull coat.

Have you noticed that whenever you bath your dog it goes straight out and rolls in the garden and makes itself all dirty again, or when you take it for a walk after rain it finds a muddy puddle and rolls in it? Washing a dog washes away its identity, its smell. This can result in stress. The dog does



CAREFUL: It's easy to cut a vein when trimming a dog's nails so use a professional.

not feel good or natural. So it rolls in dirt to try to get its identity back.

A similar thing applies when it rolls in dung. By nature, dogs are hunters and instinct tells it that, to get close to a herd to kill for food, it should smell like the herd.

Don't forget that when nails are very long, cutting should be carried out by a vet because it is easy to cut into a vein in the nail, which

causes bleeding as well as being painful. A vet will be able to cauterise it at once should this happen. The best way to keep your dog's nails in trim is to take lots of walks on hard surfaces.

If you do buy a special cutter from a vet or pet shop, only cut the very end of the nail. If the dog is nervous, handle its paws daily until it gets used to this, and then cut the claws on one foot a day.

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MOCHA needs a dog-sitter, can you help?

The Newfie Labrador is an unusual breed mix, Mocha is a classic example of this mix. She has a friendly nature, easy going and gentle with people. Mocha lives one mile from the village of Cookham in Berkshire and needs a dog-

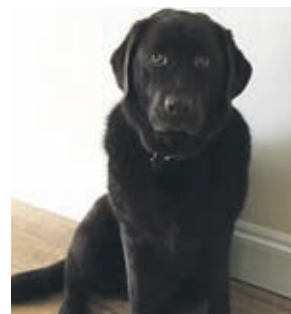
Could you dog-sit for Mocha?

sitter from July 19-25. Can you help?

Dog-sitters give peace of mind.

Amanda, Mocha's owner, says it took her a few weeks of living in their new house before she decided to go away and she wanted a reliable house-sitter to come in and look after Mocha in her own home.

While Mocha is very gentle and easy going, it can still be disruptive to keep moving the dog from one place to another with different feeding times in new environments. Amanda wanted her to maintain her routine during the day and for someone caring to be with her at night in her new home. So a house-sitter was the best choice for her.



MOCHA: Friendly nature and gentle with people.

What our members say about us on Trustpilot.

A very well-run house and pet-sit...

A very well-run house and pet-sit website, which you can join for a modest annual membership fee. Whereby we found a reliable couple to look after dog and home for a week while they enjoyed the use

of the house. All for free, everyone's a winner!

John, a dog and home owner, West Sussex, UK

How we work.

All new members register to join our online HouseSit Match network. On registration, we ID check every new member to ensure we know who you are, and in addition house-sitters and pet-sitters are police checked by us. We charge for membership to ensure that there is a commitment from both parties and that we can afford to manage our network online professionally.

How you benefit as a home and pet owner.

Our membership offers you a secure network to help you find suitable sit-

ters. We don't reveal your contact details, or your address. You post an advert ahead of your travel dates, we publish the advert then house-sitters apply. You can view their profiles and chat with them before you accept your choice of applicant. If you join as a Premium member we can also help you at each stage of the process to get you started and to manage your account.

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THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk (95457)

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ROYAL MARINES ASSOCIATION (Costa Blanca) The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

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ROYAL AIR FORCES Association Branch #1359 Costa Blanca. The Branch meets

on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association, which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costa-blanca (238593)

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 688 704 091 for further information. (253807)

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Mercedes-Benz EQC electric SUV is hot

MERCEDES-BENZ is continuing its test programme for its upcoming EQC model, following an excursion to

Sweden a few months ago. This time the car was subjected to the burning summer heat in Spain, and it

will be the first model to be introduced under the company's EQ brand.

It is roughly the size of

the current GLC, but comes with its own styling to distinguish itself as an all-electric model.

For now, Mercedes-Benz hasn't provided any details about the powertrain used, but the Generation EQ packed two electric motors (one on each axle) to provide a total output of 300 kW.

This setup is powered by a 70 kWh battery pack positioned within the car's floor, which provides a range of up to 500 km on a single

charge.

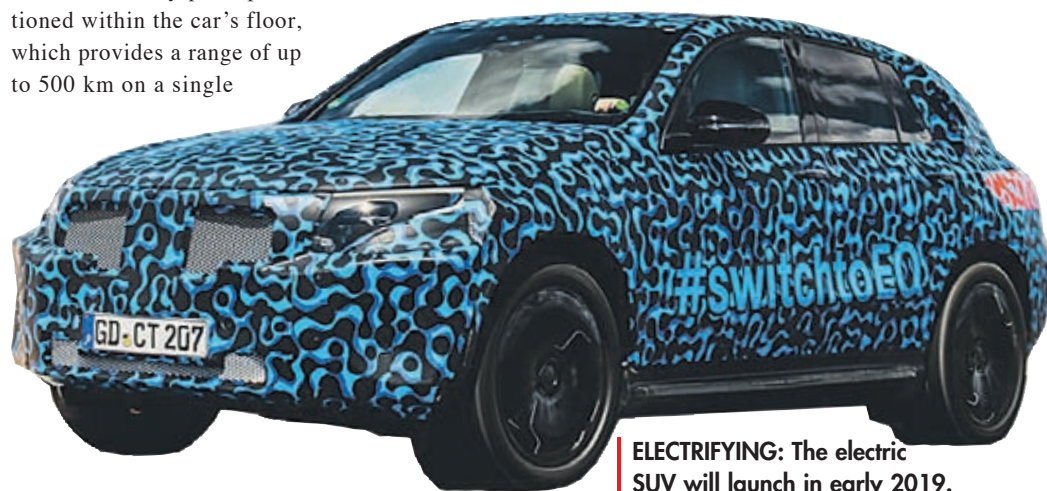
Testing in high temperatures is important because while the battery loses power in the cold, extreme heat can potentially damage the battery.

The EQC is therefore tested to ensure the battery's cooling circuit is up to scratch when encountering various scenarios.

Mercedes-Benz also focused

on the car's air-conditioning system, and components were checked so technicians could determine where dust would settle in the vehicle.

According to the company, almost 200 prototypes were built for the test programme, with the involvement of over 100 experts from different development departments.



ELECTRIFYING: The electric SUV will launch in early 2019.

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AUTOMART'S GUIDE To The Way Used Car Buying Should Be

Buying a used car can be a smart financial move but an impulse buy could land you with a lemon. When you're headed to a dealership make sure you've done some basic research to help you make an informed decision.

ONE. Take a moment to write down what you want from a car. How many people will it need to seat? Do you want a big or a small car? Do you want an automatic (for those sore knees maybe?) or is a manual your style? A convertible or something sporty?

TWO. Set your budget and the price of the car should include the following:

- 1 year's warranty
- ITV
- Background check
- Full inspection of the car by a professional mechanic
- Road tax paid for the year
- Name and transfer plus ALL the paperwork done for you.
- Part-exchange should be welcomed

THREE. Consider your financing options. If you are not planning to buy the car with cash, you should be able to talk to your dealership about the type of car you want within your price range.

FOUR. Do a test drive. This is probably the most important part of buying a used car – feeling how it actually performs. Move the mirrors, open and close the windows. Do the seatbelts move easily? Does the radio work? Do you feel comfortable?

FIVE. Don't feel pressured into buying a car. Take your time so that you feel happy about your purchase.

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Transfer rumours

Who is in, who is out, and who is most wanted in England and Spain?

Bayern Munich are the latest club to join the race to sign Manchester United's 22-year-old France forward Anthony Martial. (*Daily Express*)



Credit: iMiaSanMia/Twitter

MARTIAL LAW: Anthony Martial is being lined up by German giants Bayern Munich.

Liverpool could try to sign Germany and Bayer Leverkusen winger Julian Brandt, 22, after the breakdown of the deal for Fekir. (*Daily Star*)

Barcelona could sell 29-year-old midfielder Paulinho to raise funds for the signing of fellow Brazil international and Chelsea attacking midfielder Willian, 29. (*Mirror*)

Tottenham are preparing an offer for River Plate and Colombia midfielder Juan Quintero, 25. (*Metro*)

Chelsea's Thibaut Courtois is ready to leave Chelsea if the 26-year-old Belgian goalkeeper can get his dream move to Real Madrid. (*BBC*)

The Blues meanwhile are expected to make a bid for **Roma's** €70 million rated Brazilian keeper Alisson, 25. (*Sky Sports*)

Arsenal are set to finalise negotiations over the €28 million signing of Uruguay midfielder Lucas Torreira, 22, from Sampdoria next week. (*Daily Mail*)

Barcelona defender Marlon Santos, 22, has signed for Southampton for a fee of €11.3 million, after rejecting West Ham's advances. (*SportsMole*)

Liverpool are not only interested in Real Madrid's Spanish midfielder Marco Asensio, 22, but his teammate and compatriot Lucas Vazquez as well. (*Sun*)

Atletico Madrid and France forward Antoine Griezmann, 27, says he wants to end his career playing in the US' Major League Soccer by his early 30s. (*ESPN*)

World Cup 2018

Russia make Spain pay the penalty

WORLD CUP hosts Russia pulled off the biggest shock of the tournament so far as they beat 2010 winners Spain on penalties, to reach the quarter finals for the first time in 48 years.

After extra-time ended with the score locked at 1-1, goalkeeper Igor Akinfeev was Russia's penalty hero, denying Koke and then Iago Aspas to spark delirium at Moscow's Luzhniki Stadium.

Coach Stanislav Cherchesov's side, at 70 the lowest ranked team in the competition and 60 places below Spain, now face Croatia in the last eight in Sochi on Saturday.

Their unlikely progress is reward for their resolute defending during the match, and



Credit: @TeamRussia/Twitter

INSPIRED IGOR: The Russian goalkeeper and captain was the hero of the day.

the part played by their ebullient fans.

There were few signs of the Spanish disaster to come when veteran Russian defender

Sergei Ignashevich turned a cross into his own net in the 12th minute.

But Spain failed to turn their overwhelming dominance of

possession into further chances and paid the price when Gerard Pique's clumsily outstretched arm gave away a penalty shortly before half time.

Striker Artem Dzyuba stepped up to send David De Gea the wrong way and scenes of wild celebration broke out in the stadium.

The pattern of play did not change after the break, with Spain trying to pass their way through Russia's packed defence, but lacking the inspiration to create anything meaningful before the penalty showdown.

Spain simply ran out of ideas, and join Germany and Argentina as other giants to make limp early exits.

CHRIS FROOME'S anti-doping case has been dropped by cycling's world governing body, the UCI.

The British four-time Tour de France winner, 33, was under investigation after more than the allowed level of legal asthma drug salbutamol was found in his urine.

The World Anti-Doping Agency, which worked closely with the UCI, has accepted that there was no breach and recommended the case be dropped.

Froome, who suffers from asthma, said he was "grateful and relieved to put an end to the matter.

"It has been an emotional nine months," he said.

"I meant it when I said that I would never dishonour a winner's jersey and my results would stand the test of time.

"I have never doubted that this case would be dismissed for the simple reason that I have known throughout I did nothing wrong."

Team Sky said Froome was only 19 per cent over the legal limit of salbutamol - not double as had been reported in some circles - and the result has since been adjusted to take account of dehydration.

Team principal Sir Dave Brailsford said he always had total confidence in Froome's integrity and that he was looking forward to helping him challenge for a fifth Tour de France.

Tests have shown that indi-

Froome in the clear at last

viduals can exhibit significant variations in results taken over a number of days while using the

exact same amount of salbutamol.

Froome is expected to line up

at the start of the Tour de France on Saturday, despite talk of organisers wanting to ban him.

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DINA ASHER-SMITH set a British Championship record as she won the women's 100m at the Alexander Stadium in Birmingham. The 22-year-old dominated the race, breaking away in the final metres to take gold in 10.97 seconds.

TO READ MORE

Molinari storms to first PGA tour win

FRANCISCO MOLINARI shot a stunning final-round 62 to win his first PGA Tour title by eight shots (-21) at the Quicken Loans National in Maryland.

The 35 year-old began the final round level with Mexico's Abraham Ancer on 13 under-par, but carded six birdies and an eagle to win from American Ryan Armour.

He is the first Italian to win on US soil since Toney Penna in 1954, while Tiger Woods claimed his second-best result of the season, tied in fourth on 11 under.



Credit: @englandcricket/Twitter

FRAN'S THE MAN: Molinari played flawless golf to win the title.

Woods, a 14-time major winner ended with a four-under final round of 66 and has only finished higher once since August 2013.

But Molinari ensured those chasing him were of little threat as after making two birdies on the front nine, he made a 50ft eagle putt on the 10th hole and followed it with four consecutive birdies.

The two-time European Ry-

der Cup team member moved from 123rd to 42nd in the FedEx Cup standings, justifying his decision to play in the tournament rather than take part in the European Tour's French Open.

"It wasn't an easy decision," said Molinari. "I thought until the last minute whether to go to France or to come here but it seems like it was the right choice in the end."

Verstappen snatches win as Hamilton retires



Credit: @Max33Verstappen/Twitter

MAX SATISFACTION: Verstappen celebrates his victory in Austria.

LEWIS HAMILTON lost the world championship lead after retiring from a depressing Austrian Grand Prix for Mercedes, as Max Verstappen clinched an unexpected victory for Red Bull.

Hamilton retired due to a loss of fuel pressure with eight laps to go following a Mercedes strategy blunder and tyre problems.

Title rival Sebastian Vettel finished third in his Ferrari behind teammate Kimi Raikkonen, putting Vettel into a one-point lead heading into this weekend's British Grand Prix.

Mercedes will head to Silverstone with plenty to think about as they ponder how what had looked set to be an easy one-two finish in a race

they had dominated, fell apart.

Their problems handed a first win on their home track to Red Bull, for whom Verstappen drove flawlessly to close out the win.

Hamilton's teammate Valtteri Bottas had started in pole position, but a poor start saw him slip back into fourth.

However, a wonderful overtaking manoeuvre around the outside of Verstappen and Raikkonen saw him move up to second place, only to retire on lap 14 with a loss of hydraulic pressure.

The British Grand Prix is the third race of F1's first 'triple-header' and with the track's high-speed nature and sweeping corners, Mercedes are expected to get back to winning ways.

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