

Coal not the goal

SPAIN consumed 28.5 per cent more coal in 2017 than the previous year, the highest in the world in relative terms, after a lack of rain left the country with a hydropower deficit, according to an energy journal.

Cat fight

TWO high-ranking members of Spain's opposition People's Party want the country to leave the EU's Schengen Area after Germany refused to extradite separatist Catalan leader Carles Puigdemont on treason charges.

Five dead

FIVE people drowned on Spanish beaches last weekend, including two in Cataluña, two in Castellon and one in A Coruña, Galica, while a 10-year-old boy remains in critical condition in Tarragona.

By Matt Ford

AN investigator who recreated the death of tragic Scottish holidaymaker Kirsty Maxwell for a television documentary says she "climbed out on a balcony in Benidorm before losing her grip and falling."

Specialist Michael Brown performed a series of tests where he asked three women of a similar height and weight to the victim to climb a replica of the hotel railing she fell from.

And his probe found that the 27-year-old from Livingston did not jump from the 10th floor balcony, but climbed over it and tried to cling on before plummeting to her death.

Mr Brown said: "All we can say is I believe she was facing into the room at the point she lost her balance or lost her grip and fell, vertically initially, before she interacted with features on the building.

"How that loss of balance or loss of grip occurred is not something I can hypothesise on. But the biggest thing that would help is if people spoke up."

In the dramatic reconstruction, the woman wore similar clothes to those Kirsty had on when she died, and each took

Kirsty case goes on

12 seconds to climb over the railing.

Tears on her denim skirt were also analysed,

Private detective David Swindle, an ex-police officer who has been leading an enquiry on behalf of her family, said in the BBC show Killed Abroad: "Kirsty could not have jumped directly over that balcony.

"It seems far more likely that she clambered over.

"But what happened next? It makes me wonder - has Kirsty

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communitycollections@lplgroup.com www.lplgroup.com Est: 1978 been climbing? "Was she trying to get to the

rooms below?

"It wasn't very quick. What were they (the suspects) doing when this was going on? We saw how difficult it is to do what was said that Kirsty did.

"It's a small piece in the jigsaw of circumstances that you try to put together. It helps the investigation."

He added: "Nobody tested that theory. The police in Spain hadn't used any experts. We will hand the information over to the authorities."

Kirsty was on a hen-do with pals and died seven months af-



FRESH HOPE: BBC Scotland has featured the probe headed by David Swindle.

ter marrying husband Adam in Cyprus.

After a night out she entered and fell from an apartment next door to a friend's room, and a floor above her own, occupied by five British bodybuilders from Nottingham.

The men were quizzed by Spanish investigators and denied responsibility for her death, claiming she jumped before returning to the UK.

Mr Swindle has obtained police images from inside their room, alongside copies of their statements, in which major holes were found during the programme. Spanish investigators believe Kirsty could have mistaken the apartment for a friend's after becoming disorientated, and controversially destroyed her clothes without proper DNA testing.

Her dad Brian Curry, 59, has urged any witnesses to come forward as the family fight to keep the case open.

He said: "We hope this will put pressure on the authorities to take this to trial. We are waiting for scientific results back from the lab and a prosecutor will look at the evidence.

"We want somebody to be held responsible. To me, one or more people are responsible for Kirsty's death."

Killed Abroad, which also investigates the death of Craig Mallon, 26, who was killed with one punch while on a stag party in Lloret de Mar, aired on BBC1 Scotland at 9pm yesterday (Wednesday).

If you have any information about the accident on April 29, 2017 email *info@kirsty maxwell.com*.



Cocinas Plus, standing out since 2008 www.cocinasplus.com Marbella +34 952 764 595 La Cala de Mijas +34 952 587 759 MALAGA suffers worse summer traffic jams than any other coastal province in Spain, according to new data from the national traffic authority. Statemanaged roads on the Costa del Sol racked up more than 1,700 kilometres of tailbacks in July and August 2017, topping the national ranking.

Sex on the beach

COSTA DEL SOL sunbathers looking to pick up a date should head to Playa de Puerto Banus in Marbella or Malaga City's La Malagueta, with the pair having been voted the best for meeting sexy singles in Andalucia ahead of Playa de Valdevaqueros in Cadiz by users of online dating service Meetic.

Suicide drama

A MAN who tried to kill his partner with a hammer before throttling her with a mobile phone cable in a car park near the Santa Barbara industrial estate in Malaga City was later found dead in his car after slitting his wrists. The 45-year-old's girlfriend, 42, survived the attack.

Expat boom

THE Costa del Sol received more foreign immigrants than any other part of Andalucia in 2017, with 27,945 non-Spaniards flocking to live in Malaga Province, representing 38 per cent of all those moving to the region. Sevilla was the second-most popular province, attracting just 9,000 expatriates.

Drug boats ban

POLICE are to be given free rein to seize the powerful rigidhulled inflatable boats dubbed 'narcolanchas,' after the Spanish government approved a new law to ban their private use in the latest attempt to crack down on drug smuggling in the Strait of Gibraltar, according to finance minister Maria Jesus Montero.

Death probe

INVESTIGATORS are probing the death of a 19-year-old Colombian expatriate found lying in a Benalmadena street. Pedestrians raised the alarm after coming across his body early in the morning, and initial police reports suggest he had been drinking heavily and could have died from alcohol intoxication. <image>

HACK TO NATURE: The process is sustainable since the trees are not cut down.

Popping the cork

SPAIN is the second-largest producer of cork in the world after Portugal, with 27 per cent of the world's 2.2 million hectares of cork forest, and the annual harvest is now in full swing.

Taking place from June 15 to August 15 each year, it is the ultimate example of an environmentally-friendly industry which still employs ancient methods.

The process is considered sustainable because the trees are not cut down to obtain the product, rather the bark is stripped from the trunk by highly-skilled workers known as corcheros who wield specialised tools and must train for around eight years.

Normally working in teams of five, they each have a specific role, from using an axe to strip the cork to stacking the planks in piles or loading it onto mules once it is cut.

The trees cannot be harvested until they are 30 to 40years-old, and after being cut they are left alone for nine to 12 years to allow the cork to grow back, the harvest taking place in a different area each year following a cyclical pattern.

REGULARS INSIDE

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Newborn horror

DETECTIVES are probing the discovery of a dead two-day old baby at a recycling centre on the Costa del Sol.

The newborn's naked and bloodstained body was found by a horrified employee sorting organic waste on a conveyer belt at the treatment plant near the village of Casares, around half-an-hour inland from Estepona.

A post-mortem examination is expected to clarify whether the child was already dead when dumped into an organic waste container, but the investigation has reportedly been complicated since the centre receives 300 tonnes of rubbish daily from 11 towns and villages.

Local hospitals and medical centres have been contacted and asked if they have recently treated any women showing signs of childbirth in an attempt to track down the infant's mother, police confirmed in a statement.

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for the EWN news team.

AN Argentinian expatriate, 44, has been held at home in Churriana, near Malaga Airport, on suspicion of sexually assaulting a 13year-old girl on the Costa Blanca.

It comes in the wake of a twoweek enquiry by the Guardia Civil in Alicante who traced the suspect to Malaga after the victim filed a police report.

She told detectives that the man contacted her by social media and convinced her to send him suggestive photos.

Sex assault rap

But when he asked her to send him naked snaps she refused, leading him to travel to Torrevieja and demand she meet him at a shopping centre, threatening to publish the photos on social media if she failed to turn up.

She did as asked and he took her to a rented flat by bus where he allegedly raped her before disappearing, leaving her on the floor.

The total number of news and features which appeared in Issue 1723 of the Euro Weekly News Costa del Sol edition, including 94 local stories.

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EUROPEAN MANHUNT: Jack Stevens, left, was traced to Estepona after allegedly participating in the murder of Nashon Esbrand, top right, with Jhon Berhane and Dillon Zambon.

Brit teen murder suspect arrested

From Front Pagesince he gave detectives a witness statement following a violent incident in March 2017.Two of the suspects, Dillonlent incident in March 2017.Zambon, 19, Jhon Berhane, 18,And on August 24 Stevens

and a 16-year-old who cannot

be named for legal reasons

were last month sentenced to a

combined 54 years after being

And Stevens is one of two

others investigators said were

on the run at the time of the

Mr Esbrand was reportedly

branded a 'grass' and asked po-

lice for help after he began to

receive warnings that his life

He told his doctor he was

afraid to walk in the street be-

cause men had been after him

convicted of the murder.

rulings.

was in danger.

and Zambon spotted him as he walked home after visiting his week-old daughter.

They chased him on their bicycles while calling in 'reinforcements,' including Berhane, before cornering him on a doorstep.

He suffered one stab wound to the side and two to the back of his legs as he tried to escape, one of which - delivered by the 16-year-old - punctured an artery in his thigh causing fatal blood loss.

A neighbour recorded the incident on his mobile phone,

with the attackers heard to shout: "What are you saying now bruv."

During the trial, jurors heard how the victim was on the phone to his father Desmond, who launched a desperate bid to find him, as the attack took place.

In a distressing victim impact statement he said: "The duty of a parent is to protect their child. "From the day that I re-

ceived that call I have felt a sense of guilt because I was the last person he talked to."

tion to the UK after an international manhunt led to him being tracked down.

EWN online this week *114,966 Page views*



STRIKE IT UNLUCKY: Industrial action could spark chaos.

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9,574	Staff at all Spanish airports to strike in August says union
5,814	WILDFIRE: First major blaze on Costa del Sol this summer
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Braak in the sun!

HER 16-year marriage to stockbroker Danny Goldberg ended in April. But Australian model Annalise Braakensiek showed she's letting things hang loose as she soaked up the rays on holiday in Barcelona.

The 45-year-old bombshell sent temperatures soaring after whipping off her bikini top before posting a saucy snap on Instagram captioned in Spanish: 'A very magical and • BARCELONA, SPAIN

Strictly romance

THEY recently hinted they've discussed children after just four months together. And Strictly Come Dancing's Gorka Mar-

quez, 27, and Gemma Atkinson, 33, jetted to Ibiza for a sunshine break as their burgeoning romance continues to take off.

Speaking on ITV chat show Lorraine, Gemma gushed: She said: "I love the fact that Gorka's an amazing cook, and I love eating so it's a great combo. Outside the gym it's like being best mates.

"In 10 years time when hopefully we've got a couple of kids around I won't want to be out of breath!'

www.euroweeklynews.com

Ocean Serg

SPAIN suffered an embarrassing World Cup after tumbling out to hosts Russia in the last 16 when widely predicted to be among the favourites.

But captain and Real Madrid star Sergio Ramos appeared to be getting the disastrous exit out of his system as he holidayed on a luxury yacht with girlfriend Pilar Rubio. They have been together for six years and their third child Alejandro was born in March.

Bey to go

SHE'S currently travelling the globe with hubby Jay Z as the pair wow fans with their On The Run II tour.

And pop megastar Beyonce, 36, caused a stir at Barcelona airport as the couple and their entourage jetted into Spain ahead of the

FORMER Atomic Kitten singer Kerry Katona has been put through her paces at a holistic body camp on the Costa del Sol. The TV personality and singer

attended a water workout session atop a floating platform at the plush fitness centre overlooking the sea in Marbella.

It comes after a close friend told UK media that the mum-offive was left devastated after her former bandmates Natasha Hamilton and Liz McClarnon



REAL LOVE: Pilar and Serge

only performance in the country. The Crazy In Love songstress flaunted her famous curves in denim shorts and a sheer blouse, topping off the outfit with a pair of red designer sunglasses.

ON THE RUN AGAIN: Beyonce.

Atomic

blonde

recorded a World Cup-themed version of their hit Whole Again

The source said: "Kerry is

heartbroken. She's absolutely

gutted that the girls would sing

"She always thought they'd

get back together and this was an

the song without her.

while she was away in Spain.



KA-TONED: Kerry in Marbella.

amazing opportunity. She's a single mum and has been struggling looking after the kids and the family, so it hurts her a lot to be left out of it."



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STREET TALK Is it opening time for seven-day retail?

Supermarkets in holiday hotspots now often throw open their doors on Sundays for peak tourist season, which would have been unheard of a few years ago. But should shops in Spain open on the Sabbath year-round?

JESS, 22, and Charlie, 26, from close to London but living on the Costa del Sol

"Yes! We live here and although it's only been five months, it's long enough to get annoyed about Sundays! But it's not that common in countries to have them open, is it? It only seems to

be England from what we have seen. The supermarkets are a big one too, you realhave to plan ahead because none of them are open. Actually Mercadona has recently opened on Sundays, but that's only for the summer. We live in Los Boliches and there are a good variety of shops there, and the Miramar shopping centre is good too. It's just nice to have escaped the rat race of London and to have a more relaxed lifestyle!"

Leonardo, 40, on holiday from Frankfurt, Germany

> "No. You have to have some free time, not have work 24/7. It is important to have one day for yourself. It's just not

SHOP 'TIL THEY DROP: Jess and Charlie.

healthy. God created Sunday as a holiday! The seventh day is the Sabbath after all. It doesn't matter about business, people can get their things at other times in the week. It's not a big problem for them."

Fiona, 28, on holiday from Armagh, Northern Ireland "Yes, because this is a

SLACK SABBATH: Leonardo.

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thirsty place and what else is there to do?! We're staying in the centre of Fuengirola and it's clear that a lot of shops would benefit from tourists on Sundays.

"It's also surprising that supermarkets are not open here either. I do love the fresh fish, vegetable and fruits too. The produce seems to be much more local than back home. I love the swordfish, tuna, tomatoes and mangos, etc."

Leticia, 36, from Brussels, Belgium but living on the Costa del Sol "Yes. I don't see the problem, the tourists should be able to get what they need. I work on Sundays too! I work in the female fashion industry. "Spanish fashion is a little different from other countries in my experience. The colours are brighter and the design is lighter, for the warmer weather!

"Of course everyone should have one day of rest but I get Wednesdays off. I



CONVENIENCE SHOPPERS: Darren

and Chester.

don't have children but I do understand about families wanting the day free.

"But it would be very good for the local economy if they changed the law on this."

Darren and Chester, both 18, on holiday from Bristol, UK

"Yes. It would be more convenient for all the tourists who come here. It also gets people out of hotels and out and about. The economy would definitely benefit if they opened for the whole weekend. It's cheaper here though, so we get a lot more for our money here."

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"I want to announce to you that the political decision of this government is taken," said Pedro Sanchez during an extraordinary session of Congress. "We are going to exhume the remains of the dictator Franco from the Valley of the Fallen, and this - barring last-minute changes to the means that will make this possible - will take place in a very brief period of time.

"The wounds have been open for many years, too many, and the time has come to close them. Our democracy will have symbols that unite citizens."

It comes days after hundreds of protesters gathered at the controversial Valley of the Fallen monument north of Madrid, giving fascist salutes and chanting: 'Long live Spain;' 'Don't touch the Valley;' and 'Franco, Franco, Franco!'

Many also sang 'Cara al Sol,' the anthem of the general's fascist Phalange party, while some unfurled the pre-constitutional Spanish flag emblazoned with an eagle.

Opposition parties last year

Salutes for Franco



'LONG LIVE SPAIN': Protesters give fascist salutes at the Valley of the Fallen and (inset) Pedro Sanchez addresses Congress.

voted to move Franco's remains from the state-funded mausoleum and turn the site into a memorial for 'the victims of fascism' who died during Spain's Civil War from 1936-1939.

The end of the bloody struggle saw the dictator assume control of the country until his death in 1975 and he is the only person buried at the site who was not killed during the conflict.

In addition to Franco, Phalange party founder Jose Antonio Primo de Rivera is also buried at the site alongside 27,000 fascist soldiers and 10,000 pro-Republicans fighters whose bodies were taken from mass graves and entombed there without their families' consent.

But the protestors fiercely oppose the move. Francisco Javier Feria, dressed in the blue uniform of the Phalange, told Spanish media: "There is a lot of resentment, this is vengeance against a political ideology. This is not a Franco cult. The bodies here have to give an example so that [the Civil War] does not happen again."

Since taking office via a noconfidence motion in the former conservative administration of ousted leader Mariano Rajoy, Spain's socialist government has announced plans to establish a truth commission to investigate alleged crimes against humanity committed by the Franco regime.

OUR VIEW Much ado about little

IT almost seemed that certain parts of the Spanish and International press wanted to see street riots following the England v Croatia match in Russia.

There had been some unsavoury scenes in Benidorm with a 'stand-off' between the police and so-called England fans following the previous match with both sides complaining that the other was at fault.

There was lots of huffing and puffing and a few insults, but generally speaking there was nothing too serious although any argument or disturbance by visitors to the city was certainly uncalled for and unnecessary.

The general feeling seemed to be that the Brits will be at it again (even though it has been pointed out by those who aren't English that the Northern Irish, Scots and Welsh were being unfairly brought into this general anti feeling) but in the event, the evening passed without any problem.

The media rolled into Benidorm looking for fights, the authorities had drafted in a number of specialist police who were used to handling riots and even the British (not English) Foreign Office advised people to be calm.

There is an old saying about giving a dog a bad name and in fairness, the combination of football, booze and heat could well have resulted in things getting fractious but thankfully, those England fans (and others who decided that England was part of the United Kingdom and they could offer their support) who were there, decided to just have a good time and either drown their sorrows or celebrate the best achievement of an England team since 1990.

Long may the peace last.

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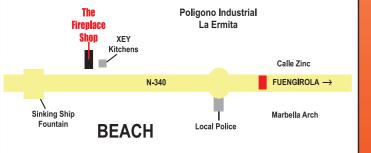
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MC Boulevard News

Sea Grill launches trendy tapas menu



PUENTE ROMANO beachfront restaurant Sea Grill has transformed itself into a multi-choice foodie venue.

For lunch, Sea Grill is offering a salad buffet and a wide choice of hot dishes. For dinner, a fine dining a la carte menu, with dishes from Tandoori oven, Mediterranean Sea and Brazilian grill.

On top of that, it has just launched its new and trendy tapas concept - Petit Sea Grill. The upper area of the restaurant has changed its look to oversized sharing tables and comfy high chairs.

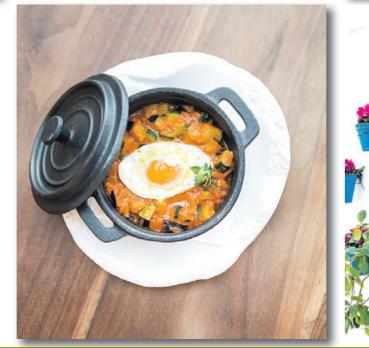
The tapas menu includes traditional Spanish bites such as 'Salmorejo' with Cured Cheese and Iberian Ham Fritter or 'Pisto Machego' with Quail's Egg, aside to international bites, such as Sea Bass Ceviche or California Roll.

All tapas can be pared with high quality wines. As from this week onwards Sea Grill has an impressive wine selection, served by the glass.

Sea Grill is open for lunch from 1pm - 4pm, for dinner 7.30pm - 11.30pm Petit Sea Grill is open every day from 12am - 12pm









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Fire drama

ASH descended on La Cala de Mijas and reached as far as Fuengirola as a bush fire threatened to roar out of control.

A total of six aircraft, three fire engines, a Mobile Meteorology and Transmissions Unit, the Forest Fire Medical Unit, 46 firefighters, three operations engineers and two environmental agents were mobilised to deal with the threat.

The fire broke out last Thursday (July 12) evening, with it being 'stabilised' by 9.50pm. It was said to be under control by 6am on Friday.

The blaze started on rough ground near the AP7 bridge over the La Cala de Mijas to La Cala Golf road.



SMOKE CLOUD: EWN reader lan MacLean took this picture of the smoke and ash as it travelled along the coast from his Pueblo Lopez, Fuengirola, home.



UNDER THREAT: The shelter (inset) is looking to rehouse its dogs.

Dog home appeal

EXCLUSIVE

By Joe Gerrard

A NERJA animal shelter is calling for locals to take in their dogs after they were told they faced closure over a noise complaint.

APA Esperanza Station. founded in 2015, is a charity that takes in animals who are stravs or who have been abandoned or mistreated.

Paul Nicol, 39, is a volunteer at the shelter. He told Euro Weekly News he and his team had been informed they had 15 days to close the shelter after the complaint was made.

"We're in a difficult situation now and we're looking for the support of the community to help us by taking in our dogs," he said.

The Neria resident, who

shelter for around two years, added there were about 50 dogs there.

"We've organised a gathering at the Balcon de Europa in Nerja this Saturday at around 11am so anyone interesting in helping us is welcome to come along.

"We have a big following on Facebook and I have been told by some they would stop coming to Nerja if we close," he said.

Turning turtle

A YOUNG turtle which was nursed back to health after being rescued by Malaga Port Authority's cleaning vessel has been released back into the wild.

The Loggerhead turtle had suffered multiple cuts, thought to be caused by plastic carrier bags, and had a parasite infestation in its shell and skin. It was unable to submerge when it was spotted.

The seven-kilo animal was given into the care of the Centre for the Recovery of Threatened Marine Species (CREMA) where staff spent a year nursing it back to health

President of the Malaga Provincial Council, Elias Bendodo was on hand at the port's Muelle Uno to witness the creature's return to the sea. He also pledged a \in 40,000 grant to CREMA's coffers.



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CLONED: The fraudsters spent thousands at the Hilton Sa Torre and Me Mallorca (inset) resorts.

Card scammers held Brits rack up \in 11,000 luxury hotel bill

By Matt Ford

TWO British holidaymakers are among five men held in Mallorca on suspicion of running up an €11,000 hotel bill using fake credit cards.

The group - also including an Irishman and two Germans were arrested at a four-star Magaluf resort complex 24 hours after being charged with pulling the stunt at the five-star Hilton Sa Torre in Llucmajor.

They were remanded in cus-

tody overnight before being freed on bail and immediately checking into Me Mallorca, allegedly using a second series of cloned bank cards after the first batch was seized.

One of the five is believed to be a child, and investigators reportedly found a machine used to produce the cards during the second swoop.

It comes after four Britons, including a woman, and an Irishman were earlier this month held on suspicion of us-

ing counterfeit credit cards to pay for expensive stays in holiday hotspots including Lloret de Mar on the Costa Brava, Cataluña.

Detectives said in a statement the men had been charged with defrauding a series of luxury hotels for around $\in 2,000$ each.

The group, all aged 27-29, was arrested while driving stolen cars, including one snatched on the Costa del Sol, near the Catalan city of Girona.

Feel the heat

could exceed 40°C, with

state weather agency

AEMET likely to announce

vellow or orange alerts for

dangerous weather lasting

Overnight minimums of

24°C are expected

until Saturday evening.

BEACHGOERS have been warned to take care this weekend.

The hot, dry wind known locally as the terral is set to sweep the Costa del Sol tomorrow (Friday) with the mercury forecast to rise to a sizzling 37°C.

And inland temperatures

throughout the blast of heat

Airport strike threats

SPANISH workers' unions have announced that more than 60,000 baggage-handlers and other airport staff are to strike on unconfirmed dates at the beginning of August. The action is expected to affect all Spanish airports. It comes in the wake of more than two years of failed talks over salaries, working hours, breaks, overtime and professional growth, the CCOO union said in a statement.

It added that labour mediation agency SIMA has been asked to act as a peacemaker in an effort to avoid the strikes, which are likely to spark chaos for travellers across Europe.

NEWS EXTRA

Murder plea on the Rock

POLICE in Gibraltar are appealing for witnesses after Michael Montegriffo, 58, was discovered at Gavino's Dwellings bleeding from a head injury on July 7. He later died and the case is being treated as murder.

Water mess

TWENTY occupants of five houses in Alhaurin de la Torre have been without a water supply for two vears as the owner of a track refuses to let them put a pipe across two metres of his land.

Child hurt

A GIRL, aged two, is in a critical condition after her mother apparently dropped a heavy box of tiles on her head. The child is in Intensive Care at a Malaga hospital and police are investigating.





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NEWS EXTRA

Empire building

FUENGIROLA Council is to spend €62,000 conserving and improving signage at the Finca del Secratario Roman archaeological site in los Boliches between Avenida Jesús Cautivo and the old N340.

On charge

ELECTRIC supercar manufacturer Tesla has opened a pop-up-store in Puerto Banus. Until August 31 people can test drive a Model S or Model X between 11am and 2pm or 5pm and 10pm.

Appy days

BENALMADENA Council has launched a new website and app to give information and allow residents to report problems, make complaints and suggestions. The website benal madena.movisat.com is operational, and the app Ecociudadano Benalmádena should be available this week.

Trash talk

MARBELLA has taken delivery of 11 new dustcarts to meet Euro 6 emissions regulations and save 12 litres per 100 kilometres of fuel compared to the old trucks. A higher load capacity will also save fuel.

By Matt Ford

THE Irish teenager whose body was recovered from a lake in a Spanish natural park has been named as Joshua Osahon.

The 19-year-old was reportedly born in Nigeria but emigrated to Portlaoise, Leinster with his parents, who have flown to Spain to see his body.

Joshua died on a trip to Las Lagunas de Ruidera in Castilla-La Mancha, between Albacete and Ciudad Real.

He vanished during a postdinner swim with classmates at La Salvadora lake - one of the 15 lakes that make up the park with the group failing to notice he was missing because it was dark when they left the water.

But after several minutes they realised he had failed to collect his clothes, sparking a search, with emergency services alerted when he could not be found.

Investigators probing the incident said in a statement they believe he died from natural causes after suffering a cramp or cardiac arrest since the lake is a popular, safe bathing spot and the victim is believed to have been a strong swimmer.

A BRITISH holidaymaker has survived after plummeting seven floors from a balcony at a Mallorca hotel and landing on a car bonnet during a row with his partner.

ers.

The unnamed victim, believed to be in his early 30's, suffered multiple injuries and was taken to Son Espases Hospital in Palma in the wake of the dramatic incident.

He had reportedly been taking drugs and drinking alcohol before arguing with his girl-

A post mortem examination at an Albacete hospital is expected to reveal the cause of death watched by a crowd of onlook-Sources confirmed he was

participating in the Spanish Ministry of Education's Interway language programme, during which Spanish students are

'Miracle

friend and plunging from their accommodation at the Hotel Porto Playa, Porto Cristo, in the early hours of the morning. Medics said it is a 'miracle' he survived after a parked BMW broke his

taught by Irish volunteers while participating in leisure activities

The group had been staying at the Retiro de Don Quijote holiday camp in nearby Villanueva de los Infantes.

Francisco Garcia Cano, a councillor Ossa de Montiel, the

He said: "It appears the alarm was sounded as the foreign volunteers and Spaniards the Irish lad was with were

municipality where the tragedy

occurred, confirmed Joshua's

parents had arrived after flying

into Madrid.

picking up their belongings and heading back to their coach. "There were a lot of people in the water and they hadn't noticed anything was amiss until they realised one of the party

was missing." The Guardia Civil said in a statement the victim was travelling on an Irish passport.

fall, probably saving his life.

Police are probing the accident amid claims the hotel had 'problems' with the couple 24 hours earlier.

It comes days after a British woman, 41, was seriously hurt after falling from a second-floor apartment in Ibiza.

No further details have been released since she was admitted to the Nuestra Señora del Rosario private hospital on the party island.

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LAKE TRAGEDY: The unnamed victim is thought to have drowned while swimming.

Irish teen named Victim drowned on summer camp

His body was found by a team including Guardia Civil and Civil Protection officers, firefighters and country rangers

The fire brigade tweeted the search had ended 'with an undesirable ending for everyone.'





NEWS EXTRA

American dream

TOURISM chiefs have been to the east coast of the USA in a bid to raise Andalucia's profile. Turismo Andaluz and the Spanish Tourism Office visited San Diego, Los Angeles and Seattle, and met 154 travel agents.

Death crash

A MOTORCYCLIST died when he left the road in Alhaurin el Grande at 3am last Friday, July 14. Emergency services have not been able to find a cause for the accident on the A-404.

Gone postal

SO far this year Marbella Council has removed 29 illegal billboards in a drive to tidy up the town. Most of those removed have been along the A7 in Las Chapas, Marbella and San Pedro de Alcantara.

Young footballer dies Family to arrange repatriation

A YOUNG British man who died after falling from a Spanish hotel balcony has been named as a former Manchester United and Manchester City academy footballer.

Michael Jones, 21, from Little Lever, Bolton, is thought to have been on holiday with friends when the tragedy occurred at about 11pm on July 4 at the Apartamentos Vina Del Mar in the Costa Blanca resort of Benidorm. It is believed Michael toppled over railings on the balcony of a hotel room.

Now his parents have flown to Spain to arrange Michael's repatriation and talk to the investigating authorities.

Michael was signed to Manchester City's academy at the age of six before moving across town to Manchester United.

From the age of 12 he played for local teams including Bury FC Academy, Walshaw Sports Club, Bolton Town and Ramsbottom United FC. He joined Little Lever Sports Club two years ago.



TRAGIC DEATH: Footballer Michael Jones died in hotel balcony fall.

A memorial football match has been arranged between his Boltonbased club and Walshaw Sports Club, and a GoFund Me page has been set up to help his family with repatriation and funeral expenses.

Speaking on Facebook, Michael's father, Paul Jones, said: "My main priority now is for Joseph, my younger son, he is staying strong, stronger than I ever thought possible, but he hurts beyond words. "I ask that his and Mike's friends

help him through this awful time." Michael is survived by his par-

Michael is survived by his parents, Paul and Kath, step-mum Janet, brothers Joseph and Robert and two sisters, Elisabeth and Sarah.

Donations can be made at: www.gofundme.com/michael-jones-161096-050718.

€500m scandal bill still unpaid

JUST \in 3.6 million out of more than \in 500 million of fines for corruption in Marbella have been collected by the state.

Most of the fines emanate from the Malaya case, with disgraced former head of town planning, Juan Antonio Roca, sentenced to pay a penalty of \notin 240 million for money laundering.

Described as the 'mastermind' behind the corruption investigated by Malaya, he was released from jail in March after serving 12 years. But he has only paid €496,668 of his massive fine.

Many of his assets have been seized and auctioned off - but the proceeds of these sales go to Marbella Council as the hurt party. In total, Marbella has collected $\in 28$ million of the $\in 300$ million awarded to it by courts in various corruption cases.

This figure will soon be boosted as it is due to receive properties worth €15 million seized from Juan Antonio Roca.

Lawyer Juan German Hoffmann, sentenced to pay a fine of ≤ 22 million in the Malaya case has paid $\leq 425,869$ and is currently on the run.

Oscar Jimenez, considered a figurehead for Roca and ordered to pay \lesssim 520,000, has paid a figure nearer half of that.



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Travel ban lifted

Footy star back in UK as sex probe goes on

By Matt Ford

A CHARLTON ATHLETIC footballer accused of sexually assaulting a British holidaymaker in Ibiza has been allowed to fly back to the UK.

Striker Reeco Hackett-Fairchild, 20, had been unable to leave the island for over a month after a Spanish judge ordered him to hand over his passport.

He missed the start of preseason training as well as a friendly match against Queens Park Rangers, and was warned he could be forced to stay on the island for months in the wake of the alleged attack on a 19-year-old woman.

However his lawyer Jaime Campaner successfully managed to fight for his travel ban to be lifted and bail conditions changed.

It comes after investigating judge Carmen Martin Montero agreed to watch videos recorded on his and his 20-year-old team-mate Karlan Ahearne-Grant's mobile phones.

The pair were arrested on June 12 alongside pal Olusola Odejavi, 26, after the alleged victim's parents told police she had been attacked in a hotel near San Antonio while on a family break.

Detectives were told that one of the men - later identified as Odejayi - then forced himself on the young woman while Hackett-Fairchild held her down and Ahearne-Grant filmed the scene on a mobile

phone. But it later emerged that the 'victim' engaged in a sex act with the player before the alleged assault, after she confessed to 'kisses and sexual things' when quizzed in court.

Asked to specify what had occurred by Campaner she replied: 'Oral sex.'

She then said she failed to confirm it in her initial police statement due to nerves, while the three men have always maintained their innocence.

Hackett-Fairchild has now been allowed to fly back to London after Campaner convinced the judge and state prosecutors to watch the videos, which he earlier claimed would prove the women had consensual sex with two of the accused.

Ibiza's Court of Investigation Number Three is reportedly still waiting for the results of forensic tests, after the medic who examined her last month said there were no signs of injury or bruising to suggest she had been raped.

The judge who initially quizzed the suspects described their version of events as 'credible and coherent.' and said there existed 'reasonable doubts' that a sexual assault had taken place. Non-footballer Odejayi has also had his travel ban lifted, while Ahearne-Grant remains under investigation for a privacy offence believed to relate

to a mobile phone recording he made. All three must sign on at the Spanish Embassy in London twice-a-month, to date none have been charged.



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NEWS EXTRA

Dolmen visited

THE 4,750 year-old Menga Dolmen site in Antequera has been visited 110,000 times in the first half of the year. It has been a World Heritage Site for two years - a move that raised its international profile.

Man arrested

A MOROCCAN man, aged 33, has been arrested for allegedly attacking a woman from behind as she unloaded a car in Estepona. The attacker ran off when passers-by came to her aid. National Police later made an arrest.

No shark

BATHERS at a Malaga beach made a sharp exit from the water and called emergency services when a 'shark' was spotted swimming close to shore. Their worries were allayed when it turned out to be a harmless sunfish.

Sex law reforms unveiled

PM pledges changes as court upholds 'wolfpack' bail

By Joe Gerrard

SPAIN'S Prime Minister has told lawmakers he plans to table new sexual assault laws clarifying what classes as rape.

Pedro Sanchez's announcement comes as a court in Navarra ruled the five members of the self-styled La Manada (wolfpack in English) gang could remain free on bail.

They were jailed after the court found them guilty of sexual assault but acquitted them of raping an 18-year-old woman during the San Fermin Bull Run Festival in Pamplona.

The left-leaning Partido Socialista (PSOE) Prime Minister said his proposed laws would create a 'yes means yes' standard for consenting to sex. A similar law came into force in Sweden last month and classes sex without explicit consent as rape.

"To be clear, ladies and gentlemen, if they say no it means no, and if they don't say yes, it



PROPOSALS: Pedro Sanchez's (inset) announcement follows protests over the La Manada ruling.

means no," Sanchez told deputies in Spain's Parliament.

Carmen Calvo, Spain's Deputy Prime Minister and Equality Minister, first presented the proposals last week. She said they would guarantee the 'autonomy, freedom and respect' to people where sex was concerned.

Prosecutors seeking to con-

vict defendants in rape cases in Spain currently have to prove that violence or intimidation was involved.

They were unable to do so in La Manada case, meaning the crime was downgraded to sexual assault which carries smaller penalties.

The announcement comes as the Second Section of the Court

of Navarra ruled to uphold the bailing of the five men jailed in connection with the La Manada case.

The ruling follows an appeal against their release from prosecutors, the victim, the Navarra Region and Pamplona Council. The five jailed are currently appealing against their sen-

s as appealing against ourt tences.

'This is not normal'

MARBELLA'S Local Police force has shared videos highlighting the risks associated with purchasing food from unlicensed beach sellers on social media.

Chief of Police, Javier Martin, posted the videos, captioned: 'Notice. When they offer you cakes or fresh fruit on the beach, remember this video and see how they are transported.'

He added: 'This is what they sell us on the beach in Marbella. Here they cut the fruit, in a car full of sh*t, and then sell it to us.'

Another policeman can be heard over the video commenting, 'This is disgusting' as the camera spans the interior of the car, 'This is not normal.'



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By Dilip Kuner

IN less than 24 hours the La Trinidad area of Malaga echoed twice to the sounds of gunshots.

In the first incident a car carrying a man, two women and a one-year-old child was hit with two bullets at 12.15am last Thursday, July 12.

National and Local Police were on the scene almost immediately and launched a search for the culprits. Several hours later officers stopped two vehicles and arrested the chief suspect in the shooting.

At 6.30pm on the same day a second shooting was heard and police were alerted. Once more they were on the scene quickly. There they found that relatives of the occupants of the car targeted in the first shooting had been threatened by a gang allegedly brandishing firearms.

Police were told several people had tried to break into the La Trinidad house to confront the people inside. The gang fled and al-

Two shootings in 24 hrs



MAN HUNT: National police search the attic of a home.

legedly took refuge in an-
other house by threateningLaits inhabitants. No one wasmehurt in either incident.40

Armed police then started a door-to-door man hunt which took in 20 homes in La Trinidad. They eventually found five Spanish men aged between 17 and 40, who they arrested on suspicion of being involved in the second shooting.

The arrested men have

been accused of various crimes including attempted murder, threatening behaviour, attempted forced entry and coercion. Police seized a knife and two vehicles. The investi-

gation remains open.

Airline soars to 1,000

LOW-COST airline easyJet has launched its 1,000th route and new flights between the UK, Spain and Gibraltar are now on sale.

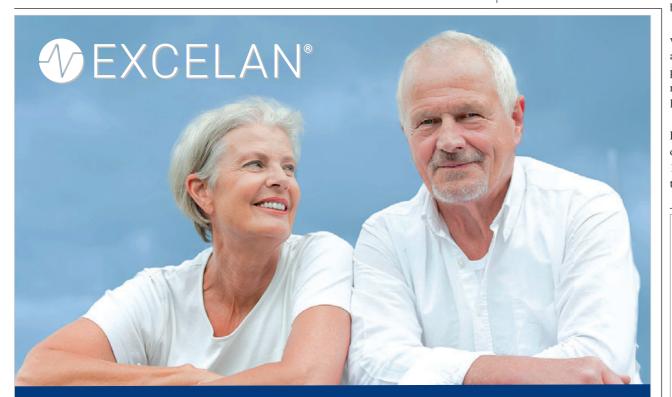
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• Manchester to Lanzarote (from €32.35*).

• Manchester to Barcelona



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Sophie Dekkers, UK Country Director, said: "easyJet has come such a long way since our first ever route from London Luton to Glasgow in 1996 and we are so excited to have reached the 1,000 routes milestone today.

"The launch of these 16 new routes across the UK provides our passengers with even more amazing destinations across Europe for both holidays and business travel.

"We are really looking forward to continuing our sustainable growth and expansion, to provide travellers across Europe with low fares and friendly customer service."

The airline, headquartered at London Luton Airport, now operates over 300 aircraft to 150 airports across 33 countries.

NEWS EXTRA

Fury continues

A GROUP of 40 residents of the Las Delicias housing estate in Coin have called on the mayor for a solution to a problem of continuing water cuts that has plagued them for seven years. He in turn blames them for overusing water.

No sign ...

LARGE stones, a barrier and signs stopping parking in the protected dunes of Artola at Cabopino are mysteriously disappearing or being smashed. Marbella Council has now replaced the barrier and signs.

Many thanks

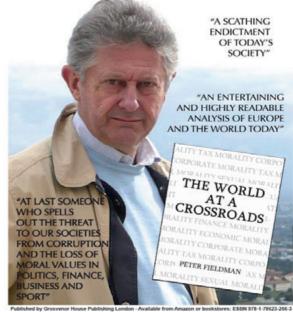
MONICA, a five-year-old girl who was rescued from an eighth floor balcony by firefighters has met and thanked her heroes. She was clinging to the outside of railings at an apartment in Calle Virgen de Belen, Malaga, when rescued.

Unlucky day

NINE people were injured two seriously- in a crash between two cars on the A384 near Antequera last Friday. One casualty was taken by helicopter to the Carlos Haya Hospital, Malaga, and the others were treated in Antequera Hospital.

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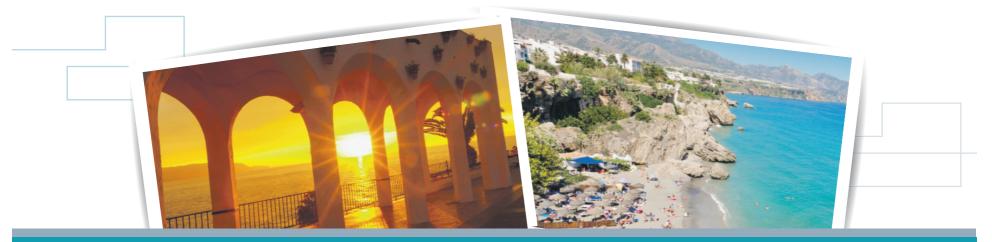


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Tmäklarringen

Mäklarringen is a Swedish real estate agency with 70 offices in Sweden and a long presence in Spain and on the whole Costa del Sol.

Sex shaman held

Suspect 'drugged and sexually abused' victims

By Dilip Kuner

A SO-CALLED shaman has been arrested accused of drugging a string of women with methamphetamine (crystal meth) before sexually abusing them.

The 52-year-old man is alleged by police to have gained the confidence of his victims by passing himself

> HUNDREDS of Brit holidaymakers have arrived at their destinations in Spain without their luggage after an airport baggage system broke down in the UK.

> The system failure at East Midlands Airport at the weekend hit 13 flights to Spain, Poland, Italy, Greece and Cyprus.

> The affected flights to Spain were Ryanair departures to Malaga, Palma, Murcia and Lanzarote; a Thomas Cook flight to Palma; and Jet2 departures to Alicante, Malaga and Palma.

> The airport apologised unreservedly for the inconvenience caused to passengers and those who arrived at their destination without luggage were told it would be sent out on the next available flight.

> Passenger Luke Dyke who flew with his partner and three children to Mallorca for a 10-day all-inclusive holiday said: "When we got to East Midlands Airport, we knew something wasn't right.

"The baggage belts weren't moving and there were just hundreds of cases sitting around departures.

"We only found out when we arrived

off as a South American mystic who could help them through courses related to meditation and spirituality. In fact, police allege, he

was searching for women of a certain profile - usually around 45-years-old - to drug, sexually abuse and extort money from.

The Spanish Ministry of the Interior says the man and

two accomplices - a woman of 43 and man of 40 - set up a network of 'spiritual' meetings across Spain using local WhatsApp groups to lure their victims.

At the meetings the women were initially offered meditation and spirituality courses, but were soon being given a drink the accused dubbed 'Water of Love.' It

Baggage bungle sparks outrage



ON THE CASE: The system failure affected Ryanair flights.



ARREST: The man was held in Mallorca.

shaman offered his victims the Water of Love. He assured them it would 'liberate love,' although his real intention was to assault them.

What began as liturgical celebrations ended up becoming events where both

that just seven of the 99 bags that should have been on the plane were loaded. We had five but only one arrived.

"We don't have clothes or sun cream or antibiotics."

An East Midlands Airport spokesman said: "A baggage systems fault resulted in some passengers departing without their baggage.

"We understand the significant inconvenience that this will cause to people who want to enjoy their holiday.

"We apologise unreservedly to all passengers who have been affected by this fault.

"Together with airline ground handling teams we are working hard to reunite all affected passengers with their luggage as quickly as is possible."

The airport said all 'missing' bags were flown out the following day but it was in the hands of the destination airport authorities and airlines to reunite bags and cases with their owners.

The airport added that anyone who believes they are due compensation should initially raise the matter with their airline, which in turn may pursue the airport for any claims. the leader of the organisation and his accomplices distributed drugs to their victims.

Marihuana, the powerful hallucinogenic DMT, the San Pedro cactus - also known as peyote - and psychedelic mushrooms were amongst the narcotics handed out.

Police consider that the shaman endangered the lives of his victims as some of them suffered psychological problems, schizophrenic outbreaks and emotional dependence after the ceremonies.

In some case women suffered breathing problems during the rituals.

So far seven victims have been identified, although police believe the trio operated across all of Spain.

The police operation was carried out by the Judicial Police Brigades of the Provincial Police Station of Alicante and that of the Superior Headquarters of the Balearic Islands, who tracked the trio for months.

The leader of the gang and one accomplice were arrested in Mallorca, while the third arrest was made in Santander.

They have been charged with drug trafficking, fraud and belonging to a criminal group.

Balcony plunge horror

By Karl Smallman

AN 18-year-old student from South Wales has fallen to his death from a walkway at an apartment complex in Mallorca while celebrating completing his A-levels.

Thomas Channon plunged 70-feet to his death at the Eden Roc apartment complex in Magaluf where Natalie Cormack and Tom Hughes also died earlier this year

Thomas is believed to have become separated from his friends during a night out and got lost as he made his way home at about 4am to the Hotel Florida, which is next door to the



BRITISH STUDENT DIES: Thomas Channon fell at the Eden Roc apartments.

Eden Roc apartments.

In April Natalie Cormack from Scotland died after falling the equivalent of seven floors from the same apartment block.

was in fact a highly potent

cocktail of methampheta-

The victims were given

free access to the meetings to

start with, but were soon be-

ing charged between €100

Meetings took place

against a backdrop of relax-

ing music or drums, while

during the celebrations the

and $\in 175$ for attending.

mine diluted in water.

And last month Tom Hughes, aged 20, from North Wales also died at the Eden Roc complex.

British diplomats have recently had an emergency meeting with Spanish officials to try and cut the number of balcony falls in the resort popular with young holidaymakers.

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Holiday hell

Tourist hurt 'taking selfie'



RESCUE: Santa Barbara Castle.

A TOURIST who toppled off the walls of Alicante's Santa Barbara castle probably lost balance while he was taking a selfie, say police.

Firefighters had to call in a helicopter to rescue the 23year-old Italian man after he had plunged 25 metres at the city landmark perched on top of

Monte Benacantil The man had suffered a traumatic brain injury and multiple injuries to his body. Hospital authorities have not given an update on his condition.

Personnel from the Provincial Consortium rescue group joined firefighters in the rescue operation in an area 'of difficult

access' on the steep slopes beneath the walls of the castle.

A castle worker alerted Local Police to the incident, saying there was an injured person in the Baluarte de la Mina area. Medics stabilised the man's condition before he was flown to San Vicente Park, where an ambulance was waiting.



JUNGLE HIDEOUT: The property where Felix Manrique (inset left) was allegedly holding Patricia Aguilar (inset right).

Peru sect leader remanded

By Dilip Kuner

THE leader of a sect who allegedly held an Elche woman captive for a year-and-a-half has been remanded in custody for nine months by a court in Peru.

The judge decreed that Félix Steven Manrique should remain in custody and at the same time gave prosecutors four months to conclude the investigation as well as to prepare and present evidence.

Patricia Aguilar has become a cause célèbre in Spain and abroad after her family undertook a long campaign to secure her freedom from the clutches of the sect called Gnosis.

The 18-year-old had left her Elche home in 2017 and is thought to have been persuaded to

travel to Peru to join Gnosis. Once there, it is alleged she was not permitted to leave.

Her father, however, started a search for her, and his efforts eventually paid off after a year of relentless effort including two visits to the Andean country. Police found her in a house hidden away in the San Martin de Pangoa jungle, 500 kilometres away from where she had last been sighted.

There they found her looking after the children of other women, several of whom had also been reported as 'disappeared.' She is also a mother herself now, with a child born just two months ago. The investigation is looking at the alleged illegal detention of Aguilar and two other women by the sect led by Manrique.

The women are in the care of Peru's Ministry of Women, where they will get psychological help.



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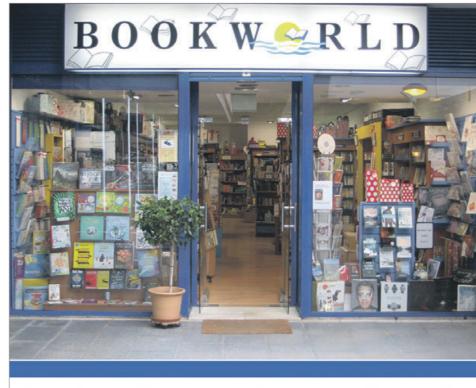


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Data disaster

THE personal and financial information of millions of Telefonica customers may have been compromised after the telecommunications giant suffered a data breach.

Customers of its Movistar landline, broadband and television services have had their supposedly secure information exposed.

This breach was only uncovered when a customer made a complaint to consumer rights organisation FACUA. Their investigation found anyone with a Movistar account could access other customers' personal data.

FACUA said: "Names, addresses, landlines and mobile numbers, email addresses and the breakdown of calls from Movistar customers have been publicly exposed by the biggest security hole in the history of telecommunications."

Telefonica could potentially be fined between $\in 10$ million and $\in 20$ million.



DRAMATIC SCENE: Calle San Juan.

Hero catches toddler

TRAGEDY was averted when a passer-by managed to catch a three-year-old boy who had plunged off the balcony of a second floor apartment.

A man walking along Calle San Juan in Puerto Mazarron, Murcia, was alerted to the youngster's plight by the screams of witnesses. The quick thinking hero managed to position himself and catch the boy in mid air. It is thought the youngster hit a first-floor balcony railing, helping to break his fall.

The boy's parents were blissfully unaware of the drama as they sat inside their apartment, not

realising their son had made his way onto the balcony and was in mortal danger.

The heroic passer-by, who has not been named, immediately phoned the emergency services. When Guardia Civil arrived they found 'the child was fine,' according to a police spokesman. The boy was still taken to hospital as a precaution.

Now Guardia Civil have opened an investigation, although they do not anticipate making any charges, said the spokesman. He explained: "There is no responsibility on the part of the parents, as it is an oversight. It would be different if they were not at home at the time it happened."



DON'T FLUSSSSH: The python emerges from the loo.

Snakes alive!

A WOMAN has found a python in the S-bend of her toilet in Spain when she went to the bathroom.

But she calmly rolled up her sleeves and released the snake that had recently eaten a rat and was wedged tight in the pipe.

The incident, that would normally send people running in horror, happened in Lorca in the province of Murcia in southern Spain.

But the woman who found the python used to keep snakes and remained calm. It is believed the snake had escaped from the flat of an upstairs neighbour.





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FLIGHTMARE: The incident took place on an easyJet flight.

A MUM who downed three quarters of a bottle of sangria, then was given a tranquilliser by doctors, has been spared jail after attacking her husband on an easyJet flight.

Sharon Simmonite, 46, was arrested at John Lennon Airport, Liverpool, after she lost control of her emotions while jetting home from a holiday in Mallorca.

A court heard that events began to get out of control soon after the couple arrived at Palma airport around 9pm on April 13. Simmonite made a trip to the loos and when she came back five to 10 minutes later her husband. Mar-

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direct TELECOM tin, noticed a change in her behaviour.

He believed that she had finished off the contents of the bottle of sangria, which he had earlier seen in her bag - although she denied this.

Soon after she fell, and doctors called to the scene to treat her bruising decided to give Simmonite, who was said to be upset and angry, a tranquilliser to calm her.

The couple later boarded the flight with one of their young children, where, according to the prosecution, she seemed relaxed.

But it turns out it was the calm before the storm, Liverpool magistrates heard.

When cabin crew came round offering refreshments Simmonite asked for four glasses of wine. When she was refused service, with crew explaining easyJet does not serve alcohol on the Mallorca route, she became angry, according to the prosecution. She then accused her husband of telling staff not to

serve her booze before rummaging through galley lockers in a search for alcohol.

Crew intervened and asked her to to go back to her seat. On her return she struck her husband on the arm with a clenched fist five or six times, the court heard.

Cabin crew once more intervened and moved Mr Simmonite and the couple's son to seats at the front of the plane.

Simmonite, of Middlewich, Cheshire, admitted being drunk on an aircraft and assaulting her husband.

For the defence, it was said she had been a heavy drinker for years and suffered from an eating disorder. The court was told she had not eaten for 10 days and was drunk on arrival at Palma airport.

The defence said she had shown remorse and that she was a vulnerable woman.

Magistrates sentenced her to eight weeks jail, suspended for two years. She was also handed a rehabilitation order.

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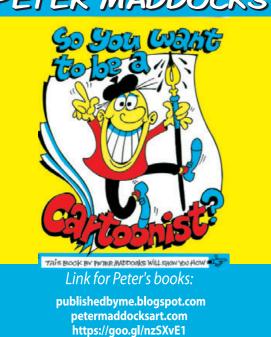


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Marbella Golf Club and Aloha Golf Club united for Debra

FIFTEEN years after the first Piel de Mariposa (Butterfly Skin) Solidarity Golf and Gala Tournament, Marbella will once again welcome golfers determined to help raise funds.

On August 9 and 11 Marbella Golf Club and Aloha Golf Club will host fun events to help the Debra-Piel de Mariposa Association continue developing projects that improve the quality of life of those affected by the disease.

The golf tournament will be held on Thursday, August 9 at the prestigious Marbella Golf Club. Attendees will enjoy a summer morning playing the sport in Texas Scramble mode.

On Saturday, August 11, the exclusive Aloha Golf Club restaurant will host a gala dinner at which diners will enjoy an exquisite buffet dinner and prize-giving. Thanks to the commitment and donations from collaborators and sponsors who continue to support the cause year after year, a tombola boasts some excellent prizes. Any person, company or individual can participate as a player in the golf tournament, as a diner at the dinner, by sponsoring a hole or donating prizes for the 'Tombola Solidaria' by calling 952 816 434 or emailing pieldemariposa@debra.es.

Tickets for the golf are ≤ 120 per person including buggy, and those for the gala are ≤ 65 .

Congratulations to Nana Nicole

A POPULAR face around Marbella, Nicole King who presents radio and TV shows on RTV Marbella had to break off recording *Marbella Now* when her daughter Ashley went into labour.

This was Ashley's first birth and it took some 11 hours before she and partner James Wheeler were able to welcome their little girl Lake Maisie King-Wheeler to Marbella.

The family are clearly delighted by the treatment they received at the Costa del Sol hospital, which is part of the Spanish Public Health Service and cannot speak highly enough of the treatment Ashley received prior to, during and after the birth.

As readers will know, not only is Nicole King a radio and TV presenter but she is also a long time contributor to *Euro Weekly News* where her column promotes all that



NEW ARRIVAL: Welcome to Lake Maisie King-Wheeler.

5 is special about 5 Marbella and its people.

tor The directors and staff of ere the EWN Media Group hat wish to send their congratulations to Ashley, James and of course the self-style Nana Nicole.

Diabetics support summer meeting

THE next meeting of the La Cala de Mijas Diabetics Support Group will be held at the Hogar in Fuengirola at 10.30am for 11am on Friday, July 27.

There will be a speaker at the event in Calle Blanca, Paloma 1, giving tips on relaxation plus a recap on information gathered over the past six months.

The group is also reminding diabetics to be careful in the hotter weather, advising: 'Summer can play havoc with glucose readings so do be careful to keep an eye on your results. Always keep water and a snack with you.'

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MANY THANKS: Foundation representatives presented a cheque to Casa Ronald McDonald's President, Rafael Castaño and Manager, Vicente Moros in the company of Mijas and Málaga politicians.

CLC World Foundation helps youngsters at Ronald McDonald House

THE Ronald McDonald House (Casa Ronald McDonald) in Malaga has benefited to the tune of \in 4,000 from a donation by the CLC World Foundation.

The cash has been earmarked for the welfare of children and their families, with the house providing a home from home for families and ill children who are treated away from home.

The money was raised when a 'solidarity event' was held at CLC World, Mijas Costa last May. Volunteers, employees and customers attended and took part in fundraising activities.

The CLC World Foundation doubled the \in 2,000 raised at the event. A cheque was handed over by representatives of the foundation to the president of Ronald McDonald House in Malaga, Rafael Castaño and the manager, Vicente Moros. Juan Miguel Marcos, Presi-

dent of Fundación CLC World, recalled the Foundation had sponsored the sixth Open House for Casa Ronald McDonald. "Fundación CLC World helps numerous groups and individuals in need on the Costa del Sol and Tenerife, although children always have a very important place in our social works."



GREAT LARK: ITS members handed over a bumper cheque to representatives of the Fundaccion Andres Olivares.



Fun in the park raises cash for charity

A PACKED house danced until midnight as the International Theatre Studio presented an evening of theatre and music in the park gardens, Benahavis.

The event, dubbed Lark in the Park, raised \in 3,652 in aid of the Fundaccion Andres Olivares, with a raffle adding \in 1,358 to the total.

Last week the total of \leq 5,010 was handed over to Andres Olivares by Diana King, President of ITS, and Sandra Sprawson, vice president, in Benahavis Town Hall, with Veronica Israel of the Town Hall Culture Department, and several of the charity's volunteers present.

Snr Olivares started this charity to assist other afflicted children, in memory of his son, who died of leukemia at the age of nine.

Lark in the Park has become an annual event for ITS, and they choose a different charity to support each year.

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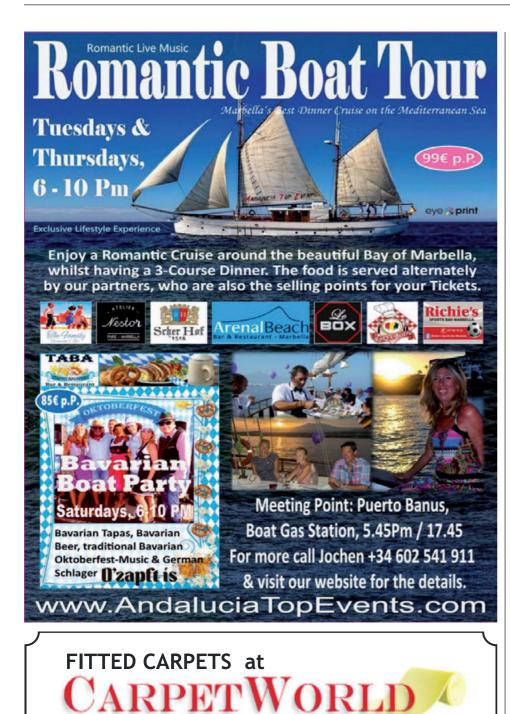
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Sharia Law and inheriting in Spain

IT is a well-known fact that Sharia Law, or Islamic religion, is the religious law forming part of the Islamic tradition.

This law governs the lives of Muslims including what happens after death in respect to the distribution of the wealth and assets.

According to Islamic scholars, the inheritance portions have been determined and allotted by Allah in the Quran and cannot be changed although vary according to who is alive at the time of death.

Unfortunately, the law of God and modern western democracies are at times irreconcilable, if we focus on the very first dictate that **the male's portion equals to that of two females.**

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Recently, the Directorate General of Registrars and Notaries (DGRN) in Madrid rejected a Deed of Acceptance and Adjudication of Inheritance of a deceased Iranian national specifically because the share distribution allotted to the sons doubled that of the daughters, in accordance to the law applied to the inheritance - article 907

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of the Civil Code of Iran.

The DGRN invoked article 12.3 of the Spanish Civil Code that states that 'in no event shall foreign law apply where it is contrary to public policy,' arguing that it was against public policy because it infringed substantial Constitutional legal precepts as well as treaties on international human rights, as for example prohibition of discrimination of grounds of gender.

Interestingly, the DGRN rejected the discriminatory rule even after the daughters had stated that they had 'freely and without coercion' accepted the 'divine' allocation of assets.

Other Islamic inheritance principles will probably suffer the same fate should they be closely scrutinised; for example, the express prohibition for Muslims to inherit from non-Muslims, and vice versa, in intestate inheritances.

And it goes without saying that 'apostates' that under Shariah Law will lose their rights to testate but also to inherit, will not have such effects recognised on Spanish-based assets.

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Get your Plusvalia tax back. Supreme Court in Spain confirms

Costa Luz Lawyers By María L. de Castro Lawyer. Director. Costaluz Lawyers

WHAT is Plusvalía tax?

The Plusvalía (or tax on the increase of value of the lands of urban nature) is a municipal tax that taxes the profit obtained with the sale of a property, taking as references of the calculation, the original acquisition value and the price at the time of sale.

What can I claim?

If you sold at a loss but still were forced to pay a tax to the Local Council in the last four years, you can claim that tax back.

Is it a safe action?

It is, after this recent decision by the Supreme Court where this Court states that when there is an increase in value. it must be taxed according to the objective rules of the tax, and if there are losses, there is no taxation possible.

Should the tax be presented and liquidated, in any case?

Yes, sellers are obliged to present liquidation where they accredit this principle of proof that there is no increase in value.

It will be difficult to prove to the judge this situation of losses?

No, after this Decision by the Supreme Court as the High Court has affirmed that the deeds of purchase and sale are sufficient to prove the loss without ruling out the expert report.

If the Administration has something to oppose, it must prove it.

That is, Supreme Court places the burden of proof in favour of the taxpayer.

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TAPAS' double treat



CHORAL : Guest artiste Stacey Taylor (centre) with the TAPAS choir.

THERE was a double treat for lovers of the arts when TAPAS (The Andalucia Performing Arts Society) put on two successful sellout charity performances in less than a month.

First, TAPAS put on an 'In The Mood' dinner dance, with the TAPAS choir, guest artistes Stacey Taylor from the UK and local singer Roy Potter.

Swing was to the fore, with Choir Director Kevin Turner's arrangement of Glen Miller's 'In The Mood' opening the show. The capacity audience sang along and danced till late. The second event was a proplay, 'Who Killed the Hotel Manager' written by British playwright Chris Martin and directed by TAPAS' Diane Williams.

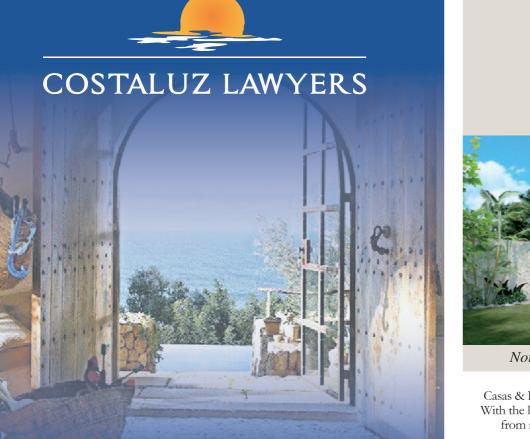
duction of murder mystery

Played to a full house, the audience tucked into dinner, whilst mulling over the clues and trying to solve 'whodunnit.'

"Organising and promoting one large music or drama event needs a huge amount of effort. Holding two very different types of public performances within less than a month is no mean feat I can tell you," said Bob Stopforth, the TAPAS chairman. "It was a challenge, which TAPAS volunteers and our event organiser handled extremely well. To have sellout audiences each time was fantastic."

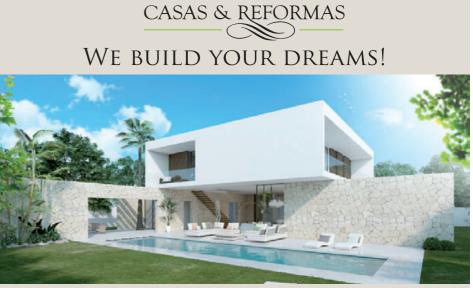
Linda Chadburn TAPAS Treasurer said: "Money raised at both performances will be added to our end of year donation to our chosen charities -Debra, the Butterfly Children's Charity and local animal charity Arca Noah."

Both events were held at Las Cabales restaurant, on the Cártama/Coin road.



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FRANCE **Cup winners**

THOUSANDS of people took to the streets of cities across France after its team bested Croatia to take home the World Cup trophy last Sunday, with the victory the second for the country following their first win in 1998.

Cars burn

AUTHORITIES have claimed vandals torched a total of 845 vehicles during Bastille Day celebrations which took place last Friday and Saturday, with 237 people including 92 youths arrested in connection with the violence.

Vive le tech

JOHN CHAMBERS, the head of the Cicso technology company, has claimed 'everything has changed' in France for the industry as a result of reforms introduced by President Emmanuel Macron aimed to draw firms to the country.

Migrant deal

FRANCE, Germany and Malta have each agreed to take 50 migrants out of 450 picked up off the Italian coast, with Italy's Prime Minister Giuseppe Conte requesting that European Union member states share the responsibility.

GERMANY **Trump poll**

ALMOST two thirds of Germans surveyed in a recent YouGov poll said they thought United States President Donald Trump was a greater threat to world security than his Russian counterpart Vladimir Putin.

Sea rescue

COASTGUARDS have pulled a father and his two sons out of the North Sea off the coast of Germany after they were caught in a freak tide, with the 39, nine and fiveyear-olds in danger of drowning.

'Risk' claims

THE head of Germany's central bank has warned lawmakers of a rising risk that global economic growth will slow down, with Jens Weidmann's comments coming as the

NETHERLANDS

Company move

BRITISH shareholders of the Unilever cosmetics company have questioned whether a proposal to move the firm's headquarters from their country to the Netherlands is in their interests, with the support of 75 per cent of stock owners needed.

Series shoot

MEDIA firm Netflix has announced it is going to make an English language adaptation of the popular Dutch novel The Letter for the King, with shooting due to begin in New Zealand before the end of this year.

Field fire

FIREFIGHTERS were called out to the Echt area after a blaze broke out in a barley field in the town of Limburg, with residents of Maasmechelen and Maaseik reportedly able to see the plume of smoke from those areas.

Sex campaign

AUTHORITIES in the Netherlands have launched an awareness drive calling on holidaymakers to alert them to 'sex tourists' seeking to exploit children, with the Do Not Look Away campaign now running for the third consecutive year.

Game changer BERLIN authorities have signed

DENMARK

Eco boats

A SHIPBUILDING firm is set to build five zero-emissions electric ferries for the Arriva Danmark public transport firm, with the Damen Ferry 2306 E3 vessels due to carry passengers in and out of the capital of Copenhagen.

their studio there.

Health study

RESEARCHERS at a Danish health body have published the findings of a study into conditions such as autism and attention deficit hyperactivity disorder (ADHD), with scientists from the Roskilde-based Institute of Biological Psychiatry claiming chromosome mutations were linked to their development.

Flu fence

NATURE authorities are set to put up a fence on Denmark's border with Germany in a bid to stop wild boar infected with swine flu coming into the country after lawmakers passed measures designed to contain the illness last month.

Bad landing

POLICE were called out to a farm near Middelfart after a paraglider crash landed into a slurry pit, with officers having to help him out of the tank but the man left unscathed.

NORWAY Suspect held

PROSECUTORS have told the press a 17-year-old has been held in connection with the death of an 18-year-old in an alleged stabbing in Vadso, with authorities still probing the details of the incident.

Trade warning

AN economics expert has claimed Norway will 'certainly' be affected by the 'trade war between the United States and China, with Olav Chen's warning coming as the US government slapped tariffs worth more than €29 billion on Chinese goods last week.

SWEDEN War 'plans'

DEFENCE officials at the Swedish government have claimed Baltic countries are 'preparing for war' according to quotes from a confidential report recently made public, with fears reportedly growing of Russian aggression in the region.

Bear death

A BEAR run over in a road accident has been shot after police and hunters found it lying on the E4 road between Lulea and Pitea, with a child from the vehicle taken to hospital with neck injuries.

Man charged

Strike talks

TRADE UNION bosses represent-

ing oil drilling workers in Norway

have said they are considering ex-

tending strikes to cover all of its

2,250 members, with Safe's Reidun

Ravndal's comments coming as

JAMES MATTIS, the Defence Sec-

retary of the United States, has laud-

ed the relationship between his

country and Norway after meeting

with counterpart Frank Bakke-Jense

in Oslo and praising the country's

commitment to global peace.

1,600 are already set to walk out.

'Bond' praise

AUTHORITIES have charged a 24-year-old man in connection with the death of a 36-year-old in a hotel in the capital of Stockholm, with the suspect's trial for murder due to take place at a Solna District Court.

Drought aid

GOVERNMENT officials have drawn up plans to provide financial help to farmers in the wake of recent droughts in Sweden, with Agriculture Minister Sven-Erik Bucht having discussed the plans with his European Union counterpart last Monday.

BELGIUM

Waste statue

A SCULPTURE of a whale made out of around 4.5 tonnes of plastic waste pulled from the ocean has appeared in the harbour of Bruges, with the artwork created for the city's 2018 Triennial.

Germs found

EUROPEAN health officials claimed they have found a bacterial infection in crops from a Belgian food company, with the Food Safety Authority's (EF-SA) discovery of listeria coming as at least nine Europeans died in connection with the germs.

Prison plea

A MAN jailed for 25 years after being found guilty of kidnapping and holding children and drugs offences could be released early if prison authorities accept his lawyer's request, with Michel Lelievre due to finish his sentence in 2021.

Fake cash

ORGANISERS of the Ghent festival have been asked to remain vigilant after witnesses reported that a forged $\in 20$ note was used there. with no other incidents reported on the second day of the event which an estimated 150,000 attended.



VICTORIOUS: Paris was

filled with revellers last

Bundesbank cut its growth forecast

off a $\in 1.58$ million grant to the

video games firm Ubisoft's German division based in the city.

with the firm having announced

plans to create 150 new jobs in

due to political and trade concerns.

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How much mortgage can I get?





WHEN looking to buy a property in Spain, securing a mortgage would probably be one of the first steps in the process for most people.

Bank in Spain is a mortgage broker specialised in expats and international clients buying a house in the sun.

"How much mortgage can I get?" is normally the first question we get," Sara Stannard says. She works as a British Client Advisor in the mortgage broker, Bank in Spain, specialised in expats and international clients buying their holiday home in Spain.

"The maximum you can get in a mortgage, would be 70 per cent of the purchase price excluding taxes and fees.

"The best conditions you get are on mortgages up to around 60 per cent of the purchase price." Sara continues, "Different from the UK, Spanish banks do not include the costs related to buying a property nor the costs related to taking out a mortgage. For several years after the financial crisis, many Spanish banks were reluctant to offer new mortgages. This has now changed and the banks are once again open for lending out money.

"We are not yet back to the mortgage boom we saw before 2008, but now the competition is fierce between the banks on good mortgages," she continues.

The number of mortgages signed in Spain has seen a steady increase since 2014.

Only in 2017, the increase was close to 10 per cent as compared to the previous year.

Despite this increase, we are still a long way from the mortgage boom of 10 years ago.

According to the Spanish National Statistics office, the number of mortgages signed in 2017 was only a mere 25 per cent of the mortgages signed in 2007 - at the top of the boom.

The conditions offered to expats vary surprisingly between the banks, but in some areas they are similar.

Interest-only mortgages and 100 per cent mortgages are a thing of the past.

"Currently, 100 per cent mortgages are only offered on certain bank repossessions with no option of selecting the lender."



PITCH INVASION: Pussy Riot (inset) said the protest was against police tactics.

Band storms pitch in police protest

■ MEMBERS of a punk rock band were taken into custody after invading the pitch at the World Cup final between France and Croatia in Moscow. The four activists, from the Pussy Riot group, stormed the field dressed as police officers in protest against what they claimed were heavyhanded tactics from authorities including imprisoning opposition figures.

Business figure dies

A BUSINESSMAN tried alongside a political opposition leader in a 2013 embezzlement case has died after being concussed. Pyotr Ofitserov, who was injured in the head, stood trial alongside Alexei Navalny when the two were handed suspended prison sentences. Navalny said Ofitserov was a 'real honest man.'

Downed plane claim

■ FOREIGN MINISTERS from G7 countries have issued a joint statement calling on Russia to 'account for its role' in the downing of a plane

Bad beehive-our

■ POLICE in southern Russia were unable to reach the scene of a road accident after swarms of bees attacked them from knocked over hives. Officers were called out to the crash in the Krasnodar region after a lorry carrying the hives hit an off-road vehicle, with no human casualties said to have occurred as a result. Social media buzzed with jokes about the incident including Winnie the Pooh references.

BUZZING: The bees stopped police from getting to the scene.

over Ukraine in 2014. The officials claimed there was 'compelling' evidence Russia had a hand in the Malaysia Airlines flight MH17 crash. Moscow called the claims 'unfounded.'

Spy death vote 'link'

■ BRITISH investigators probing the alleged poisoning of a former spy and his daughter claimed a Russian military agency was behind that and disrupting the 2016 United States presidential election. Anonymous officials claimed agents from the GRU were involved in both the March 4 attack on Sergei and Yulia Skripal and vote meddling.

EU conflict call

A SENIOR European Union official has called on Russia, Europe, the United States and China to work together to prevent 'conflict and chaos.' Donald Tusk, the European Council President, said the countries had a shared responsibility to make the world better and to stop trade wars turning into 'hot conflicts.'



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STAT OF WEEK

PM vows to up defence spend

SPANISH Prime Minister Pedro Sanchez has pledged to raise defence spending to 2 per cent of gross domestic product by the year 2024.

The move will see the country's outlay brought into line with its NATO-agreed goal, the leader said during a press conference at a Brussels summit.

It comes after US President Donald Trump's latest call for NATO member states to meet their targets, with only the United States, Britain, Poland, Greece and Estonia currently hitting the mark.

Ryanair staff confirm strikes

recognise unions.

BUDGET airline Ryanair is facing more disruption after staff announced a new round of industrial action.

It comes after a trade union announced that Ireland-based pilots will strike for 24 hours tomorrow (Friday) and next Tuesday.

Cabin crew are also set to strike for 48 hours in Spain, Portugal and Belgium and 24 hours in Italy next Wednesday.

The news follows a one-day strike by pilots in protest at their pay and conditions last week after the carrier bowed to pressure from staff to





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by Matt Ford

It was forced to cancel 30 flights between Ireland and the UK as a result. Complaints include a seniority row,

plus allocation of base transfers the structure of promotions and annual leave.

Ryanair apologised in a statement for the 'regrettable disruptions' and pledged to minimise impact on holidaymakers flying to Spain, Portugal, France, Italy and Greece.

But the Irish Pilot's Association announced the two additional days of action in the midst of the strike.

It added that while some agreement had been reached in talks a day earlier, there remained a difference of opinion over the terms of reference for a working group to study the pilots' concerns.

Ryanair's chief people officer Eddie Wilson described the meeting as constructive but very frustrating, according to Irish media, adding that the company was available for further discussion.

Last autumn the carrier cancelled hundreds of flights after a rostering blunder saw it left with a lack of crew.

Storms boost green energy

ALMOST half of Spain's electricity was generated from renewable energy sources over the first six months of 2018.

Wind, hydro and solar power together accounted for 45.8 per cent of the country's demand, according to a report by national grid operator Red Electric de España.

It comes after hydropower soared by 74 per cent compared to 2017 in the wake of a wet spring, with the storms also driving a 10.4 per cent surge in wind power, the summarv said.

» BUSINESS EXTRA **Market** leaders

BANKING group Santander and textile firm Inditex are the only two Spanish brands in the 2018 PricewaterhouseCoopers global top 100 of companies with the highest market capitalisation, which is headed by Apple, Google parent Alphabet and Microsoft.

Cashed in

THE Spanish government has revised its 2018 budget deficit forecast from 2.2 to 2.7 per cent of gross domestic product in order to boost pensions, improve health care and take over toll-motorway concessions, Budget Minister Maria Jesus Montero has announced.

High spies

SPANISH utility Iberdrola is using manhole cover-sized drones to spot faulty solar panels and wind turbines more quickly than telescope-wielding engineers on the ground and bringing down the cost of green electricity, according to innovation and sustainability officer Agustin Delgado.

Bank bags top Euro award

BUSINESS and finance magazine Euromoney has named Spain's Santander as the best bank in Western Europe in its prestigious annual awards.

Editor Clive Horwood said: "[Santander] is already one of the few big banks to prove that internationally diversified retail banks can be more profitable, and more stable, than domestic-

focused peers. Now it is in its rightful place, not just Spain's biggest bank, but also the one with the biggest domestic share, too."

Santander Group CEO Jose Antonio Alvarez said, "Our goal is to help the people and businesses we serve to prosper, and I am proud of the work our people do every day to support that goal and earn the loyalty of our customers."

UK imports salad as heatwave hits crops



TIP OF THE ICEBERG: A lettuce field in Almeria.

THE UK is flying in lettuce from Spain and Poland after warm weather hit crops and increased the demand for salad.

Tony Clemence, general manager of wholesaler Total Produce in Bristol, said the company is importing around 40 per cent of its iceberg lettuce and 40 per cent of celery from the two countries, when all supplies are normally sourced from British growers

"Spain is mainly growing for its local markets at this time of year, so there is not enough to go around and some will have to look further afield," he said.

during the summer.

Wholesale prices have reportedly soared by more than 30 per cent after the recent blast of heat added to problems in March when the 'beast from the east' wave of cold weather delayed planting.

19 - 25 July 2018 **Eg3 billion** The amount of social security money the new socialist Spanish government claims was 'squandered' by the previous conservative administration headed by ex-Prime Minister Mariano Rajoy.

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LONDON - FTSE 100

CLOSING PRICES JULY	16				
Сомрану Р	RICE(P)	CHANGE(P)	% Снс.	NET VOL	COMPANY
Anglo American	1,649.10	-8.10	-0.49	23,313.57	Lloyds Banking Grou
Associated British Foods	2,455.00	-9.00	-0.37	19,649.35	London Stock Excha
Admiral Group	1,918.50	-29.50	-1.51	5,564.91	Micro Focus Internat
Ashtead Group	2,366.00	11.00	0.47	11,441.35	Marks & Spencer Gr
Antofagasta	946.20	1.60	0.17	9,340.01	Mondi
Aviva	490.50	0.90	0.18	19,374.16	Melrose
AstraZeneca	5,518.00	16.00	0.29	68,830.51	Morrison (Wm) Supe
BAE Systems	674.30	2.90	0.43	21,331.20	National Grid
Barclays	189.83	0.15	0.08	32,423.54	NMC Health
British American Tobacco	3,911.00	-14.50	-0.37	90,074.35	Next
Barratt Developments	520.40	3.20	0.62	5,164.89	Ocado Group
Berkeley Group Holdings	3,624.00	4.00	0.11	4,854.73	Paddy Power Betfair
British Land Co	656.80	0.40	0.06	6,438.90	Prudential
BHP Billiton	1,644.30	-5.90	-0.36	34,997.03	Persimmon
Bunzl	2,308.00	6.00	0.26	7,734.80	Pearson
BP	569.65	-1.15	-0.20	114,209.28	Reckitt Benckiser Gr
Burberry Group	2,113.00	5.00	0.24	8,565.87	Royal Bank of Scotla
BT Group	222.70	0.30	0.13	22,190.34	Royal Dutch Shell
Coca-Cola HBC	2,753.00	5.00	0.18	10,083.35	Royal Dutch Shell
Carnival	4,318.00	2.00	0.05	7,755.89	RELX
Centrica	161.10	0.95	0.59	9,053.01	<u>Rio Tinto</u>
Compass Group	1,667.50	1.50	0.09	26,115.46	Royal Mail
Croda International	4,940.50	7.50	0.15	6,472.89	Rightmove
CRH	2,686.00	-5.00	-0.19	22,482.58	Rolls-Royce Group
DCC	7,270.00	115.00	1.61	6,163.21	Randgold Resources
Diageo	2,815.75	11.75	0.42	68,530.84	RSA Insurance Grou
Direct Line Insurance Grp	338.55	0.85	0.25	4,617.25	Rentokil Initial
Evraz	520.90	-1.10	-0.21	7,326.39	Sainsbury (J)
Experian	1,916.50	9.50	0.50	17,620.50	Schroders
easyJet	1,632.75	2.75	0.17	6,432.79	Sage Group (The)
Ferguson	6,241.50	3.50	0.06	14,251.76	Segro
Fresnillo	1,094.00	-3.00	-0.27	8,161.10	Shire
Glencore	310.68	-2.32	-0.74	45,800.67	Smurfit Kappa Grou
GlaxoSmithKline	1,575.20	-0.80	-0.05	78,197.27	Sky
GVC Holdings	1,098.00	-0.80	-0.05		Standard Life Aberde
Hargreaves Lansdown	2,003.00	-54.00	-2.63	6,394.22 9,789.94	Smith (DS)
Halma	1,375.50	8.50	0.62	5,178.31	Smiths Group
HSBC Holdings	708.50		0.02	141,823.56	Scottish Mortgage Ir
International Conslidtd Airl		4.20	0.63		Smith & Nephew
InterContinental Hotels Grp		8.50	0.03	<u>13,487.78</u> 9,186.48	SSE
3i Group					Standard Chartered
	907.30	-0.10	-0.01 0.24	8,810.70	St James's Place
Imperial Brands	2,876.00	7.00	0.24	27,682.22	Severn Trent
Informa	860.30	1.30		10,750.74	Tesco
Intertek Group	5,811.00	49.00	0.85	9,205.86	TULAG
ITV	175.55	0.45	0.26	7,068.62	Taylor Wimpey
Just Eat	849.60	9.20	1.09	5,762.80	Unilever
Johnson Matthey	3,689.00	24.00	0.65	6,928.50	United Utilities Grou
10 01			0.00	6 5 9 1 2 5	1 1/ 1/ 0
Kingfisher Land Securities Group	308.75 948.50	0.25	0.08	6,581.35 7,020.14	Vodafone Group WPP Group

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COMPANY PRI	ICE(P)	CHANGE(P)	% Снд.	NET VOL
Lloyds Banking Group ORD	62.69	0.28	0.45	44,850.06
London Stock Exchange Grp	4,519.50	-0.50	-0.01	15,711.60
Micro Focus International	1,227.00	-51.50	-4.03	5,330.01
Marks & Spencer Group	315.45	0.95	0.30	5,088.83
Mondi	2,029.00	0.00	0.00	7,477.02
Melrose	220.75	1.15	0.52	10,366.32
Morrison (Wm) Supermarkets	256.90	0.60	0.23	6,031.37
National Grid	856.20	-0.40	-0.05	28,915.63
NMC Health	3,698.00	8.00	0.22	7,603.85
Next	6,105.00	-1.00	-0.02	8,461.16
Ocado Group	1,038.50	9.00	0.87	7,104.88
Paddy Power Betfair	8,455.00	20.00	0.24	7,096.41
Prudential	1,722.50	-3.50	-0.20	44,696.85
Persimmon	2,488.00	6.00	0.24	7,773.87
Pearson	914.70	5.90	0.65	7,102.57
Reckitt Benckiser Group	6,488.00	23.00	0.36	45,899.41
Royal Bank of Scotland Grp	246.50	0.80	0.33	29,576.46
Royal Dutch Shell	2,649.25	3.75	0.14	120,927.66
Royal Dutch Shell	2,733.50	2.50	0.09	102,214.33
RELX	1,709.75	7.25	0.09	17,662.07
Rio Tinto	4,023.75	-15.75	-0.39	53,130.97
Royal Mail	488.00	0.90	0.18	
Rightmove	5,148.00	42.00	0.18	4,855.00
Rolls-Royce Group	<u>5, 148.00</u> 995.50	42.00	0.82	4,629.63
				18,527.57
Randgold Resources	5,468.00	-12.00	-0.22	5,258.26
RSA Insurance Group Rentokil Initial	646.30	-0.30	-0.05	6,663.66
	352.35	2.55	0.73	6,436.92
Sainsbury (J)	329.85	0.45	0.14	7,214.59
Schroders	3,154.50	-6.50	-0.21	7,112.93
Sage Group (The)	622.10	2.70	0.44	6,776.51
Segro	676.70	2.70	0.40	6,796.24
Shire	4,363.50	23.50	0.54	39,631.66
Smurfit Kappa Group	3,137.00	-9.00	-0.29	7,424.72
<u>Sky</u>	1,541.50	6.50	0.42	26,558.82
Standard Life Aberdeen	310.20	-2.40	-0.77	9,307.92
Smith (DS)	483.30	-6.60	-1.35	5,204.21
Smiths Group	1,748.00	13.00	0.75	6,811.05
Scottish Mortgage Invstmnt Tr		-0.27	-0.05	7,781.95
Smith & Nephew	1,349.00	4.00	0.30	11,758.31
SSE	1,388.25	1.25	0.09	14,121.27
Standard Chartered	671.40	0.40	0.06	22,303.79
St James's Place	1,176.75	-1.75	-0.15	6,227.34
Severn Trent	1,940.50	-0.50	-0.03	4,560.93
Tesco	256.30	0.90	0.35	24,995.97
TULAG	1,643.25	1.75	0.11	9,709.51
Taylor Wimpey	176.03	0.03	0.02	5,742.37
Unilever	4,200.00	2.00	0.05	50,475.85
United Utilities Group	734.80	0.80	0.11	5,011.88
Vodafone Group	181.63	0.13	0.07	48,769.96
WPP Group	1,242.00	-3.00	-0.24	15,469.29
Whitbread	4,013.50	13.50	0.34	7,417.93

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DOW JONES CLOSING PRICES JULY 16

Company	PRICE	CHANGE%	CHANGE	VOLUME(M)
3M	201,180	+0,93%	1,860	119.439,01
AMERICAN EXPRESS	100,5000	-0,64%	-0,6500	86.449,19
APPLE	191,330	+0,16%	0,300	940.413,35
BOEING CO	350,790	+1,38%	4,760	204.363,58
CATERPILLAR	140,750	+0,95%	1,330	84.161,43
CISCO SYSTEMS	41,780	-4,13%	-1,800	196.486,41
COCA-COLA	44,74	+0,16%	0,07	190.380,45
DOWDUPONT	66,36	+0,17%	0,11	153.984,20
EXXON MOBIL	83,31	+0,75%	0,62	352.720,75
GOLDMAN SACHS	226,41	-0,36%	-0,81	85.519,15
HOME DEPOT	198,6900	+0,37%	0,7400	229.197,58
IBM	145,90	-0,38%	-0,55	133.931,58
INTEL CORP	52,2200	-0,25%	-0,1300	243.345,20
J.P.MORGAN CHASE	106,3600	-0,46%	-0,4900	362.132,07
JOHNSON & JOHNSON	125,9300	-1,43%	-1,8300	337.763,14
MC DONALD'S CORP	158,5100	-0,38%	-0,6100	124.458,47
MERCK AND CO. NEW	62,89	+0,37%	0,23	169.220,12
MICROSOFT	105,430	+1,19%	1,240	810.039,57
NIKE	77,38	+0,01%	0,01	99.254,83
PFIZER	37,5300	+0,03%	0,0100	219.534,40
PROCTER AND GAMBLE	79,310	+0,53%	0,420	199.432,88
VERIZON COMMS	51,41	+0,33%	0,17	212.379,48
VISA	139,42	-0,34%	-0,48	248.937,65
WAL-MART STORES	87,7000	+1,36%	1,1800	258.789,05
WALGREENS BOOTS	65,17	+2,02%	1,29	64.675,48
WALT DISNEY CO	110,0000	+1,62%	1,7500	163.527,69

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Sterling Fixed Income B

Accumulating Funds

Multi Asset Conservative B GBP Multi Asset Conservative B EUR Multi Asset Balanced B GBP Multi Asset Balanced B EUR Multi Asset Growth B GBP Multi Asset Growth B EUR DEALING PRICE PRICE MOVEMENT

£0.9063 £0.0021

DEALING PRICE	PRICE MOVEMENT
£1.1568	£0.0043
€1.0649	€0.0038
£1.3440	£0.0102
€1.2232	€0.0091
£1.5208	£0.0169
€1.3920	€ 0.015 3

Remaining Elite Fund prices available on request

Prices correct as at 11/07/2018

NASDAQ CLOSING PRICES JULY 16 COMPANY PRICE CHANGE NET / % Most Advanced SIGA Technologies Inc. \$ 7.35 1.11 🛦 17.79% InflaRx N.V. \$ 33.84 3.53 🛦 11.65% Magenta Therapeutics, Inc. \$ 13.36 1.28 🛦 10.60% Ovid Therapeutics Inc. \$11 1.05 🛦 10.55% 1.11 ▲ 10.37% Yangtze River Port and Logistics Limited \$ 11.81 \$ 61.35 5.45 🛦 9.75% Zogenix, Inc. Xenon Pharmaceuticals Inc. 0.90 🛦 9.33% \$ 10.55 ObsEva SA \$ 16.33 1.37 🛦 9.16% AcelRx Pharmaceuticals, Inc. \$ 3.20 0.25 🛦 8.47% \$ 18.90 1.45 🛦 8.31% Educational Development Corporation TransGlobe Energy Corporation \$ 4.05 0.29 ▲ 7.71% **Most Declined**

China TechFaith Wireless Com Tech Limited	\$ 2.51	0.49 ▼ 16.33%
Gogo Inc.	\$ 4.04	0.78 🔻 16.18%
Emmis Communications Corporation	\$ 4.41	0.61 ▼ 12.15%
MeiraGTx Holdings plc	\$ 10.53	1.16 ▼ 9.92%
CytomX Therapeutics, Inc.	\$ 23.01	2.31 ▼ 9.12%
Ascent Capital Group, Inc.	\$ 3.38	0.33 ▼ 8.89%
Spero Therapeutics, Inc.	\$ 12.14	1.15 ▼ 8.65%
Clearside Biomedical, Inc.	\$ 10.28	0.96 ▼ 8.54%
Pattern Energy Group Inc.	\$ 17.09	1.56 ▼ 8.36%
Salem Media Group, Inc.	\$ 4.85	0.40 ▼ 7.62%
Internet Gold Golden Lines Ltd.	\$ 2.77	0.2274 ▼ 7.59%

Fine mess for mobile users DRIVERS CAUGHT ON PHONE TO PAY MORE

DRIVERS caught using their mobile phones in Spain are set to face heavier fines.

It comes after Pere Navarro, the new head of the national traffic authority (DGT), announced plans to reduce the number of fatal accidents on the country's roads.

The DGT is hoping to change existing laws so that offending motorists also receive more than the current three penalty points on their licence if caught chatting or texting.

Financial penalties for recurring or infractions considered dangerous will also be stiffened, but are set to be reduced for less dangerous offences.

Drivers told to take refresher courses will also be handed eight penalty points rather than the current four.

Distractions at the wheel are the leading cause of fatalities on Spanish roads ahead of drink driving and speeding, the official said.

"We're going to update the pointbased licence. After 12 years, my own roadmap says we need to stop, take stock and use our accumulated experience to update and review the system,"



GOOD CALL: New DGT chief Pere Navarro has big plans.

he added at a press conference discussing fatal traffic accidents in 2017.

Navarro was previously in charge of the DGT under former socialist leader Jose Luis Rodriguez Zapatero, between 2004 and 2012, when the points-based penalty system was first introduced in Spain.

He last week accepted an offer from Pedro Sanchez' new government to reassume the post in the wake of Mariano Rajoy's conservative People's Party being ousted from office.

"When it comes to road safety, our

indicator is very visible: the death toll. The figures set our path for us," he said. "We need to do something about secondary roads, we need to do something about motorcycles, we need to do something about cities, about distractions, about pedestrians."

The official pointed out that 46 per cent of those who died on Spanish roads last year were pedestrians, cyclists or motorcycle riders.

He added: "This trend is on the rise, which means that in two to three years there are going to be more deaths among these vulnerable groups than among drivers of four-wheel vehicles."

The points-based system came into effect on July 1, 2006, with 75 per cent of Spanish drivers failing to pick up a single point over its first decade.

Spain currently ranks eighth in the European Union for road safety, three places lower than last year, although the death rate of 39 per million inhabitants is beneath the bloc's average of 50.

"It's true that we're on the good side of the European average," said Navarro. "We're very good at road safety."

Airlines' merger unveiled

IRISH carrier Cityjet and Spain's Air Nostrum have announced a deal to create the largest pan-European regional airline group.

The two airlines will cooperate closely under a new umbrella holding company, according to a Cityjet statement.

Between them, the pair will have a combined fleet of almost 100 aircraft and annual revenues of around €700 million.

Cityjet employs 1,250 people across nine European countries and its regional network includes provision of services via wet lease contracts with Air France, Brussels Airlines and SAS.

Its fleet includes more than 40 aircraft including 22 new Bombardier CRJ900 regional jets.

Air Nostrum has more than 1,250 employees, is the regional operator for Iberia and flys to more than 60 destinations in Europe and Africa.



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If only snowflakes would melt away ...

LEAPY LEE SAYS IT OTHERS THINK IT

ONE of the real problems with the social media is that it allows the snowflakes and bordering nutters to seek each other out.

Whereas, at one time someone with totally offthe-wall ideas would hardly come across any likeminded individuals, they can now contact them at the touch of a button.

It stands to reason, if you can air your views to everyone in and around your vicinity, or indeed the whole country, you are going to find more supporters than standing on a street corner banging a drum and handing out leaflets.

Although there seems to be a positive glut of gaggle heads these days, there are in fact no more than there ever were, they are just a bit more linked up that's all. Solo individuals have now turned into 'minority groups' and we all know they are a part of the 'flavour' who seem to get all the preferential treatment these days!

This latest bunch are a glaring example. Drunk with the power of getting national media coverage to get wolf whistles classed as a criminal offence, they are now advocating that ANY praise by male of the species, including reference to articles of dress or attire, be classed as a misogynistic 'hate crime.' I say Miss, 'What a lovely pair of



GIVE ME A BREAK: Is a man complimenting a woman really committing a hate crime?

shoes your wearing. Where did you get them?' 'Help. Police. Hate Crime. Hate crime in progress.' Doo da, doo da give us a break.

I suppose praise from a female is ok? Well be a bit careful lady, the woman admiring your hat at Ascot could be a gender bender; another load of codswallop dreamed up by these people. To be honest I'm surprised most of 'em even have the courage to walk out of their own front doors. Some of their projects can be very dangerous indeed.

They all seem to have completely one-track minds and, because they all appear to suffer complexes of inferiority and inadequacy, are completely unable to accept, or even listen to any other points of view.

One example is their ongoing insistence that babies, and young children, who show a tendency to play with toys or enjoy dressing up and indulging in the games of their opposite sex, should be immediately and relentlessly encouraged to grow up in that sexual gender.

This was recently shot down by one eminent psychiatrist who, on examining a young boy who showed a great deal of interest in feminine toys, etc, had in fact a younger sister who suffered from a debilitating illness. This led to the parents showing her more attention than they had the older lad.

In the little boy's mind he interpreted this as a favouritism towards girls. He thought that if he acted more like a girl, he would attract the same attention as his sister. It had nothing to do with his gender whatsoever!

Oh yes, these sorry snowflakes are dangerous alright. And terrible wasters of our most precious possession: Time. Why don't they all stick on a burka and move into areas where they will not be noticed by anyone? And certainly not listened to!

> Dream on Leapy. Keep the faith. Love Leapy.

> > leapylee2002@gmail.com

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Bad loser

Cassandra Nash

A weekly look - and not entirely impartial reaction to the Spanish political scene

ALBERT RIVERA, the pro-Constitution leader of Ciudadanos and one of the 50 per cent of Catalans who do not want independence slated Prime Minister Pedro Sanchez for receiving Quim Torra in the Moncloa.

Rivera dismissed Sanchez as a populist and condemned him for receiving someone who was not a democrat.

Better look for another stick to beat Sanchez with. Successive Spanish presidents have received dodgy visitors without a murmur, the last of whom was the Crown Prince of Saudi Arabia. Less of a tyrant than his grandfather, admittedly, but no shining example of democracy.

Poor Albert! He's still smarting because Pedro Sanchez stole his presidential thunder, wrong-footing and outsmarting him to get into the Moncloa with that amazingly successful vote of no confidence.

Lie of the land

WITHIN a day or so, either Soraya Saenz de Santamaria or

Pablo Casado will be chosen to lead the Partido Popular now that Mariano Rajoy is tending his garden in Santa Pola.

To Casado's irritation, people keep harping on about the master's degree he picked up so effortlessly in 2008 without attending one lecture.

"It's rather a coincidence that just as I presented my candidature something that happened 10 years ago should acquire so much media, academic and legal importance," he said with hurt surprise.

Not very perceptive of him. Nobody gives two hoots about Casada's academic record. What they care about is the fact that he could be lying about it and if he can't see what's wrong in that, he's even worse than the usual run of politicians.



BITTER?: Albert Sanchez.

Ain't we got fun

SPAIN'S economy looks good on paper but seems not to have reached everyone's pockets.

The country's statistics office INE found that the 20 per cent who are Spain's lowest earners are 15 per cent worse off than they were before the crisis.

The 20 per cent who earn most are only 1 per cent worse off, INE said, while the top layer of affluent households earned 6.6 times more than the lowest-income families.

Disraeli reputedly said, 'There

Victory of the German doctor

PASCUAL MARAGALL was the socialist mayor of Barcelona between 1982 and 1997. In the 1999 regional elections, he was the most-voted presidential candidate but owing to the way the electoral system distributes seats, Jordi Pujol was again invested as Cataluña's president.

Maragall finally made it, with the help of Esquerra Republicana and the largely forgotten ICV-EUIA in 2003 and remained president until he resigned in 2006.

In 2007, Maragall admitted that he had Alzheimer's. Echoing Cervantes, he joked: "The German doctor whose name I do not care to remember will win the

are lies, damn lies and statistics' but the 20's song that maintained, 'There's nothing surer, the rich get richer and the poor get poorer' was nearer the mark, then and now.

The big difference is that in 2018

game in the end."

Not long ago Maragall's daughter Cristina told an *El Mundo* interviewer: "If my father were well, perhaps we wouldn't have arrived at this in Cataluña."

Maragall himself, like many Catalan socialists, possibly had a yen for independence but it remained latent and rational.

Eleven years later Maragall no longer knows who he is or was and the 'German doctor' is winning.

Like Maragall, many Catalan politicians are unsure of their identity, the least rational of whom is the self-exiled Carles Puigdemont, but unlike him there is no excuse for them.

no-one would willingly agree that 'In the meantime, in between time, ain't we got fun.' Frankly, we ain't.

columnists@euroweeklynews.com



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BBC	one	BBC	TWO	B B C	FOUR	СНА	NNEL 🦺	СНА	NNEL <mark>5</mark>		4		y sports ain event
7:00am	Breakfast	7:00am	Flog it! Trade	5:00am	This is BBC Four	7:00am	Countdown	8:55am	Ben and Holly's	9:00am	Melissa and Joey	6:00am	Sky Sports News
10:15am	Matron, Medicine		Secrets	8:00pm	Beyond 100 Days	7:45am	King of Queens		Little Kingdom	9:30am	Melissa and Joey	7:00am	Good Morning
	and Me	7:30am	Matron, Medicine		The latest national	8:10am	King of Queens	9:05am	Paw Patrol		Baby Daddy		Sports Fans Bitesize
11:00am	Homes Under the		and Me		and international	8:35am	Everybody Loves	9:20am	Floogals		Baby Daddy	7:30am	The Open
	Hammer	8:15am	Heir Hunters with		news, exploring the		Raymond	9:40am	Digby Dragon	11:00am			Championship Live
12:00pm	Heir Hunters with		Michael Buerk		day's events from a	9:00am	Everybody Loves	9:55am	Nella the Princess	11:30am		9:30pm	The Open Verdict -
	Michael Buerk	9:00am	Caught Red Handed		global perspective.		Raymond		Knight		How I Met Your		Live
12:45pm	The Farmers' Country	9:30am	Caught Red Handed	8:30pm	Top of the Pops	9:35am	Everybody Loves	10:05am	Mofy		Mother		The verdict on the
	Showdown		Victoria Derbyshire	9:00pm	Beach Live: Jurassic		Raymond	10:15am	The Wright Stuff	12:30pm	How I Met Your		opening day of The
1:15pm	Bargain Hunt		BBC Newsroom Live		Coast Revealed	10:05am	Frasier	12:15pm	On Benefits		Mother		147th Open
2:00pm	BBC News at One	1:00pm	The Daily Politics	10:00pm	Size Matters	10:35am	Frasier	1:10pm	5 News Lunchtime	1:00pm	The Goldbergs		Championship, with
2:30pm	BBC London News	2:00pm	Perfection	11:00pm	Who Were the	11:05am	Car S.O.S	1:15pm	GPs: Behind Closed	1:30pm	The Goldbergs		discussion and
2:45pm	Red Rock	2:45pm	Getting the Builders		Greeks?	12:05pm	Ramsay's Kitchen		Doors	2:00pm	The Big Bang Theory		analysis of the big
3:30pm	Escape to the		in	12:00am	The Great British		Nightmares USA	2:15pm	Home and Away	2:30pm	The Big Bang Theory		stories and best
	Country	3:30pm	For What It's Worth		Year	1:00pm	Channel 4 News	2:45pm	Neighbours	3:00pm	Melissa and Joey		rounds
4:30pm	Celebrity Money for	4:15pm	Secrets of the Castle	1:00am	Top of the Pops	1:05pm	Come Dine with Me	3:15pm	Cagney and Lacey	3:30pm	Melissa and Joey	10:00pm	The Open -
	Nothing		with Ruth, Peter and		Mike Read and	2:05pm	Find it, Fix it, Flog it	4:15pm	Two Wrongs	4:00pm	Baby Daddy		Highlights
5:15pm	Flog It!		Tom		Dixie Peach present	3:10pm	Countdown	6:00pm	5 News at 5	4:30pm	Baby Daddy		The year's third
6:15pm	Impossible	5:15pm	Hidden Kingdoms		the pop chart	4:00pm	A Place in the Sun:	6:30pm	Neighbours	5:00pm	Black-Ish		Major begins with
7:00pm	BBC News at Six	6:15pm	Antiques Road Trip		programme, first		Winter Sun	7:00pm	Home and Away	5:30pm	Black-Ish		day one of The
7:30pm	BBC London News	7:00pm	Eggheads		broadcast on 16	5:00pm	The £100k Drop	7:30pm	5 News Tonight	6:00pm	The Goldbergs		147th Open
8:00pm	The One Show	7:30pm	Great British		January 1986.	6:00pm	Come Dine with Me	8:00pm	Police Interceptors	6:30pm	The Goldbergs		Championship, held
8:30pm	EastEnders		Railway Journeys	1:30am	A Very British	6:30pm	The Simpsons	9:00pm	Bad Tenants, Rogue Landlords	7:00pm	The Big Bang Theory		at Carnoustie Golf
9:00pm	Eat Well for Less	8:00pm	Rhs: Tatton Flower		Murder with Lucy	7:00pm	The Simpsons	10:00nm	Eamonn and Ruth:	7:30pm	The Big Bang Theory		Links
10:00pm	Keeping Faith	0.00	Show 2018	2.20	Worsley	7:30pm	Hollyoaks	10.000	How the Other Half	8:00pm	Hollyoaks	12:00am	2 1
	BBC News at Ten	9:00pm	Golf	2:30am	Danielle De Niese:	8:00pm	Channel 4 News		Lives	8:30pm	The Goldbergs	1:00am	Sky Sports News
	BBC London News	11:00pm			The Birth of an	9:00pm	George Clarke's Old	11:00nm	Inside the Murder	9:00pm	Young Sheldon		All the news from
	New Tricks		Newsnight	2,20.00	Opera Ciza Mattars	10.00	House, New Home	11.00pm	Prison	9:30pm	Young Sheldon		the Premier League
	This Week Weather for the	12:15am		3:30am 4:30am	Size Matters This is BBC Four	10:00pm		12:05am	The Last Days of		Brooklyn Nine-Nine Brooklyn Nine Nine	2.00 am	and beyond.
1:30am	Weather for the Week Ahead	1:15am	Reginald D Hunter's Songs of the Border	4.30diii	THIS IS DDC FUUI	T:00pm	Ramsay's 24 Hours to Hell and Back	12.050	Heath Ledger		Brooklyn Nine-Nine	2:00am 3:00am	Sky Sports News
	vveek Alledu	2:30am	Who Do You Think			12:00am	Who is America?	1:10am	Super Casino	11:00pm 1:20am	The Big Bang Theory	4:00am	Sky Sports News Sky Sports News
		2.50dili	You Are?				Is Love Racist? The	4:10am	GPs: Behind Closed	1:45am	The Big Bang Theory	4.00am 5:00am	Sky Sports News
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4:50am	ITV Nightscreen	8:10am	Who's Doing the	3:30am	Teleshopping	7:00am	World Cup Rivalries:	ACTION	King Arthur: Legend	4:35am	premiere	f	SPFL Greatest
	ITV Nightscreen The Jeremy Kyle	8:10am	Who's Doing the Dishes?		Teleshopping Classic Coronation	7:00am	World Cup Rivalries: England v Argentina	астюн 11:00am	King Arthur: Legend of the Sword		PREMIERE FML Fantastic Beasts and	f 12:30pm	SPFL Greatest Games
4:50am 6:05am	ITV Nightscreen The Jeremy Kyle Show	8:10am 9:00am	Who's Doing the Dishes? Emmerdale	3:30am 7:00am	Teleshopping Classic Coronation Street		World Cup Rivalries: England v Argentina The Chase	астюн 11:00am 1:10pm	King Arthur: Legend of the Sword Geostorm	4:35am	FML Fantastic Beasts and Where to Find Them:	f	SPFL Greatest Games Greatest Moments in
4:50am	ITV Nightscreen The Jeremy Kyle Show Good Morning	8:10am 9:00am 9:30am	Who's Doing the Dishes? Emmerdale Coronation Street	3:30am	Teleshopping Classic Coronation Street Classic Coronation	7:00am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i>	астюн 11:00am 1:10pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark	4:35am 6:30am	FML Fantastic Beasts and Where to Find Them: Special	f 12:30pm 1:00pm	SPFL Greatest Games Greatest Moments in Football
4:50am 6:05am 7:00am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain	8:10am 9:00am 9:30am 9:55am	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street	3:30am 7:00am 7:30am	Teleshopping Classic Coronation Street Classic Coronation Street	7:00am 7:20am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i>	астюн 11:00ат 1:10pm 3:10pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World	4:35am	FML FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist:	f 12:30pm	SPFL Greatest Games Greatest Moments in Football EFL Goals:
4:50am 6:05am 7:00am 9:30am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine	8:10am 9:00am 9:30am	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres	3:30am 7:00am 7:30am 7:55am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat	7:00am 7:20am 8:05am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase	астю 11:00am 1:10pm 3:10pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood	4:35am 6:30am 7:00am	FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm	f 12:30pm 1:00pm 2:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship
4:50am 6:05am 7:00am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle	8:10am 9:00am 9:30am 9:55am 10:25am	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show	3:30am 7:00am 7:30am 7:55am 9:00am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal	7:00am 7:20am 8:05am 8:55am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys	11:00am 1:10pm 3:10pm 5:10pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars	4:35am 6:30am 7:00am 7:30am	FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day	f 12:30pm 1:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues
4:50am 6:05am 7:00am 9:30am 10:25am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy	7:00am 7:20am 8:05am 8:55am 9:55am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals	11:00am 1:10pm 3:10pm 5:10pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend	4:35am 6:30am 7:00am 7:30am 9:20am	FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour	f 12:30pm 1:00pm 2:00pm 2:30pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy	7:00am 7:20am 8:05am 8:55am 9:55am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh</i> . The Chase Cash Cowboys The Professionals Tour De France 2018	11:00am 1:10pm 3:10pm 5:10pm 6:50pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man	f 12:30pm 1:00pm 2:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 1:45pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm	4:35am 6:30am 7:00am 7:30am 9:20am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News	8:10am 9:00am 9:30am 9:55am 10:25am 10:25am 11:20am 1:15pm 1:45pm 2:15pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Agatha Christie's	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 1:45pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am 11:25am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Agatha Christie's Marple	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries:	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 1:45pm 2:15pm 2:45pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:20am 11:25am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy	11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Teams
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable	8:10am 9:00am 9:30am 9:55am 10:25am 10:25am 11:20am 1:15pm 1:45pm 2:15pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:20am 11:25am 1:35pm 2:35pm	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm 6:35pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Teams Football's Greatest
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 1:45pm 2:15pm 2:45pm 3:35pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:20am 11:25am	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat Classic Coronation	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm 6:35pm 7:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas Cash Cowboys	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen and revived years	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Head to Head
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 6:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase	8:10am 9:00am 9:50am 9:55am 10:25am 11:20am 1:15pm 1:45pm 2:15pm 2:45pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am 11:25am 1:35pm 2:35pm 3:40pm	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat Classic Coronation Street	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm 6:35pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas Cash Cowboys Tour De France 2018	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen and revived years later, but struggles	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:30pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Head to Head SPFL Round Up
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 7:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase ITV News London	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 1:45pm 2:15pm 2:45pm 3:35pm 4:40pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:20am 11:25am 1:35pm 2:35pm	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat Classic Coronation Street Classic Coronation	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm 6:35pm 7:00pm 8:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas Cash Cowboys Tour De France 2018 - Highlights	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm (Sky 9:35am	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World CINEMA COMEDY Bridesmaids	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen and revived years later, but struggles to move on from his	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Teams Football's Greatest Head to Head SPFL Round Up Football Years
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 7:00pm 7:30pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase ITV News London ITV News London ITV News London ITV News London	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:45pm 2:15pm 2:45pm 3:35pm 4:40pm 5:45pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show Judge Rinder	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am 11:25am 1:35pm 2:35pm 3:40pm 4:15pm	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat Classic Coronation Street Classic Coronation Street	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 12:00pm 6:15pm 6:35pm 7:00pm 8:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas Cash Cowboys Tour De France 2018 - Highlights Monster Carp	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm (Sky 9:35am	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World CINEMA COMEDY Bridesmaids Larry Gaye:	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am 1:15pm	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen and revived years later, but struggles to move on from his past.	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm 6:30pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Teams Football's Greatest Head to Head SPFL Round Up Football Years Football Years Football Countdowns
4:50am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 7:00pm 7:30pm 8:00pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase ITV News London ITV Evening News Emmerdale	8:10am 9:00am 9:30am 9:55am 10:25am 11:20am 1:15pm 2:15pm 2:15pm 2:45pm 3:35pm 4:40pm 5:45pm 6:50pm	Who's Doing the Dishes? Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Bachelorette Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show Judge Rinder Take Me Out	3:30am 7:00am 7:30am 7:55am 9:00am 10:05am 10:30am 11:00am 11:25am 1:35pm 2:35pm 3:40pm 4:15pm	Teleshopping Classic Coronation Street Classic Coronation Street Heartbeat The Royal Judge Judy Judge Judy Judge Judy Judge Judy Agatha Christie's Marple The Royal Heartbeat Classic Coronation Street Classic Coronation Street Agatha Christie's	7:00am 7:20am 8:05am 8:55am 9:55am 10:55am 10:55am 12:00pm 6:15pm 6:35pm 7:00pm 8:00pm 10:00pm	World Cup Rivalries: England v Argentina The Chase <i>Quiz show hosted by</i> <i>Bradley Walsh.</i> The Chase Cash Cowboys The Professionals Tour De France 2018 - Highlights Tour De France 2018 World Cup Rivalries: Brazil v Italy Storage Wars Texas Cash Cowboys Tour De France 2018 - Highlights Monster Carp The Living Daylights	ACTION 11:00am 1:10pm 3:10pm 5:10pm 6:50pm 9:00pm 11:00pm (Sky 9:35am	King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World Underworld: Blood Wars King Arthur: Legend of the Sword Geostorm Thor 2 - The Dark World CINEMA COMEDY Bridesmaids Larry Gaye: Renegade Male	4:35am 6:30am 7:00am 7:30am 9:20am 11:25am 1:15pm 3:15pm	PREMIERE FML Fantastic Beasts and Where to Find Them: Special The Hurricane Heist: The Eye of the Storm Happy Death Day Tommy's Honour An Ordinary Man Realive A young artist diagnosed with terminal illness is cryogenically frozen and revived years later, but struggles to move on from his past. Renegades	f 12:30pm 1:00pm 2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:30pm 6:30pm 7:00pm	SPFL Greatest Games Greatest Moments in Football EFL Goals: Championship EFL Goals: Leagues 1&2 Play-Off Final Highlights Football's Greatest Football's Greatest Teams Football's Greatest Head to Head SPFL Round Up Football Years Football Years Football Countdowns EFL Greatest Games
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7:00am	Breakfast	7,20am	Matron, Medicine	8:00pm	World News Today	8:10am	King of Queens	9:20am	Floogals	9:00am	Melissa and Joey	6:00am	Sky Sports News
		7:30am		0.0000	The latest national	8:35am	Everybody Loves	9:40am	Digby Dragon	9:30am	Melissa and Joey	6:00am	· · ·
J:15am	Matron, Medicine		and Me			0.554111	, ,		5, 5		,	7:00am	Good Morning
	and Me	8:15am	Heir Hunters with		and international		Raymond	9:55am	Nella the Princess	10:00am	Baby Daddy		Sports Fans Bitesia
1:00am	Homes Under the		Michael Buerk		news, exploring the	9:00am	Everybody Loves		Knight		Baby Daddy	7:30am	The Open
	Hammer	9:00am	Gardeners' World		day's events from a		Raymond	10:05am	Mofy	11:00am	Black-Ish		Championship Liv
2.00nm	Heir Hunters with	10.00am	Victoria Derbyshire		global perspective.	9:35am	Everybody Loves	10:15am	The Wright Stuff	11:30am	Black-Ish		Day two of The
2.0000	Michael Buerk		BBC Newsroom Live		BBC Proms 2018		Raymond		Desperately Seeking	12:00pm	How I Met Your		147th Open
2.45				0.50pm	Multi-instrumentalist	10:05am		12.130	Stardom	12.000	Mother		1
2:45pm	The Farmers'		The Daily Politics					4.40		42.20			Championship, he
	Country Showdown	2:00pm	Perfection		Jacob Collier teams		Frasier		5 News Lunchtime	12:30pm	How I Met Your		at Carnoustie Gol
:15pm	Bargain Hunt	2:45pm	Getting the Builders		up with Jules	11:05am	Car S.O.S	1:15pm	GPs: Behind Closed		Mother		Links
:00pm	BBC News at One		in		Buckley and the	12:05pm	Ramsay's Kitchen		Doors	1:00pm	The Goldbergs	9:30pm	The Open Verdict
	BBC London News	3:30pm	For What It's Worth		Metropole Orkest,		Nightmares USA	2:15pm	Home and Away	1:30pm	The Goldbergs		Live
:45pm	Red Rock	4:15pm	Secrets of the Castle	10:30pm	Top of the Pops	1:00pm	Channel 4 News	2:45pm	Neighbours	2:00pm	The Big Bang Theory		Day two of The
		4. i Spili			Smashing Hits! The				5		5 5 7		,
:30pm	Escape to the		with Ruth, Peter and	11:00pm	5	1:05pm	Come Dine with Me	3:15pm	Cagney and Lacey	2:30pm	The Big Bang Theory		147th Open
	Country		Tom		80s Pop Map of		Find it, Fix it, Flog it	4:15pm	Jesse Stone:	3:00pm	Melissa and Joey		Championship, h
:30pm	Celebrity Money for	5:15pm	Hidden Kingdoms		Britain and Ireland	3:10pm	Countdown		Innocents Lost	3:30pm	Melissa and Joey		at Carnoustie Go
	Nothing	6:15pm	Antiques Road Trip	12:00am	The Joy of ABBA	4:00pm	A Place in the Sun:	6:00pm	5 News at 5	4:00pm	Baby Daddy		Links.
15pm	Flog It!	7:00pm	Eggheads	1:00am	ABBA at the BBC		Winter Sun	6:30pm	Neighbours	4:30pm	Baby Daddy	10:00pm	The Open -
		•	Great British Railway	2:00am	Top of the Pops	5:00pm	The £100k Drop	7:00pm	Home and Away	5:00pm	Black-Ish	10.0000	Highlights
	Impossible	7:30pm	,						,			43.00	
	BBC News at Six		Journeys	2:30am	The R&B Feeling: The	6:00pm	Come Dine with Me	7:30pm	5 News Tonight	5:30pm	Black-Ish	12:00am	Nick Dougherty'
30pm	BBC London News	8:00pm	RHS: Tatton Flower		Bob Parks Story		The Simpsons	8:00pm	Tony Robinson:	6:00pm	The Goldbergs		Tee Time Tips
00pm	The One Show		Show 2018	3:30am	The Joy of ABBA	7:00pm	The Simpsons		Coast to Coast	6:30pm	The Goldbergs	12:15am	Info not availabl
	A Question of Sport	9:00pm	Golf		Between 1974 and	7:30pm	Hollyoaks	9:00pm	Celebrity Five Go	7:00pm	The Big Bang Theory	2:00am	Sky Sports News
	EastEnders		Mock the Week		1982 ABBA		Channel 4 News		Caravanning	7:30pm	The Big Bang Theory		All the news fro
					plundered the		The Crystal Maze	10:00nm	Jane Mcdonald and	8:00pm	Hollyoaks		
	Still Open All Hours		Newsnight		1		,	10.000			1		the Premier Leag
):00pm	Would I Lie to You?	12:05am	Louis Theroux		Anglo-Saxon charts,	10:00pm	8 Out of 10 Cats		Friends	8:30pm	The Goldbergs		and beyond
):30pm	Our Friend Victoria	1:05am	That's the Way A-ha		but divided critical		Does Countdown	11:00pm	Mamma Mia!	9:00pm	The Big Bang Theory	3:00am	Sky Sports News
1.00nm	BBC News at Ten		A-ha Joe Lycett Live		opinion.	11:00pm	The Last Leg		Mania: The World's	9:30pm	The Big Bang Theory	4:00am	Sky Sports News
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:00am	Breakfast	8:00am	Officially Amazing	4:30am	This is BBC Four	9:00am	Everybody Loves	6:10am	Divine Designs	9:20am	How I Met Your	6:00am	Sky Sports News
		0.000111	Goes Bunkers	4:50am 8:00pm	Mountain	5.000111	Raymond	6:35am	Wildlife SOS	J.20am	Mother	7:00am	Sky Sports News
I.UUdili	Saturday Kitchen	0.20			Wonders of the	9:25am	Frasier	7:00am	Teleshopping	9:50am	How I Met Your		
	Live	8:30am	The Dengineers	9:00pm		9:55am	Frasier		11 5	9.50dili	Mother	8:00am	The Open -
2:30pm	Nadiya's Family	9:00am	Naomi's Nightmares		Monsoon			TETUAM	Teenage Mutant	10.1 F am		40.00	Highlights
	Favourites		of Nature		Series exploring a		The Big Bang Theory	44.45	Ninja Turtles	10:15am	Couples Come Dine	10:00am	The Open
00pm	Athletics	9:30am	Deadly Dinosaurs		world where life is		The Big Bang Theory	11:45am	Make You Laugh Out		with Me		Championship L
00pm	BBC News		with Steve Backshall		shaped by the		The Simpsons		Loud	11:15am	Couples Come Dine	2:55pm	Live German F1
10pm	Weather	10:00am	David Attenbrough's		greatest weather		The Simpsons	12:10pm	Police Interceptors		with Me		Qualifying
15pm	Athletics: London		Natural Curiosities		system on Earth.	12:20pm	Come Dine with Me	1:10pm	Police Interceptors	12:20pm	Don't Tell the Bride	4:45pm	The Open
	Anniversary Games	10:25am	Animal Odd Couples	10:00pm	Hidden	1:20pm	Four in a Bed	2:10pm	Bargain Loving Brits	1:30pm	The Goldbergs		Championship I
00pm	Athletics: World Cup	11:25am		11:00pm	Top of the Pops	1:50pm	Four in a Bed		in the Sun	2:00pm	The Goldbergs	9:00pm	The Open Verdi
[Highlights		Second Chance		Top of the Pops		Four in a Bed	3:10pm	Bargain Loving Brits	2:30pm	The Goldbergs		Live
)5pm	Wedding Day	12.000	Summer: Tuscany		John Peel and		Four in a Bed	P	in the Sun	3:00pm	The Goldbergs	9:30pm	Live Darts: Wor
John	Winners	1:00pm	Simply Nigella		Janice Long present		Four in a Bed	4:10pm	Bad Tenants, Roque	3:30pm	The Goldbergs	3.30hiii	Matchplay
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05pm	BBC News	1:30pm	Kew on a Plate			3:55pm		F.10mm			,		Day one of the
15pm	Regional News	2:30pm	Garden Rescue		programme, first	4.55	Winter Sun	5:10pm	Bad Tenants, Rogue	4:30pm	Young Sheldon		BetVictor World
8pm	Weather	3:15pm	Wanted Down Under		broadcast on 2	4:55pm	Kirstie and Phil's		Landlords	5:00pm	The Big Bang Theory		Matchplay Dar
20pm	Wreck-it Ralph	4:00pm	Money for Nothing		January 1986.		Love it or List it	6:10pm	Can't Pay? We'll	5:30pm	The Big Bang Theory		from the Winte
5pm	Pointless	5:00pm	Ben and James	12:00am	The Undiscovered	6:00pm	Channel 4 News		Take it Away!	6:00pm	The Big Bang Theory		Gardens, Black
0pm	Casualty		Versus the Arabian		Peter Cook	6:30pm	Formula 1	7:05pm	Can't Pay? We'll	6:30pm	The Big Bang Theory	12:00am	The Open -
	Mrs. Brown's Boys		Desert	1:00am	Smashing Hits! The	8:00pm	Inside Bentley: A		Take it Away!	7:00pm	The Big Bang Theory		Highlights
00pm	BBC News	6:00pm	Flog It!		80's Pop Map of		Great British Motor	8:00pm	Blind Date		The Big Bang Theory		Day three of Ti
	Weather	6:50pm	Natural World		Britain and Ireland		Car	9:00pm	Before They Were		The Big Bang Theory		147th Open
	Pretty Woman	7:50pm	BBC Proms Extra	2:00am	Classic Soul at the	9:00pm	Great Canal		Stars	8:30pm	The Big Bang Theory		Championship,
5am	Weather for the	8:30pm	Dad's Army	Liovani	BBC	Stoopin	Journeys	9:55pm	5 News	9:00pm	The Big Bang Theory		at Carnoustie
Jaili	Week Ahead		,	3:00am	Mountain	10.00nm	Kingsman: The		Victoria Wood: Her		The Big Bang Theory		Links.
•		9:00pm	Golf		Wonders of the	10.000	Secret Service	10.000			The Mortal	2.00	
0am	BBC News	11:00pm		4:00am		42.25		44.00	Life as Seen on TV	10:00pm		2:00am	Sky Sports Nev
	The latest national	11:45pm	Touretteshero: Me,		Monsoon	12:35am			Victoria Wood: Live		Instruments: City of	3:00am	Sky Sports Nev
			My Mouth and I			2:10am	Ramsay's Kitchen	1:00am	Super Casino		Bones	4:00am	Sky Sports New
	and international		,				· ·						
	news stories, followed by Weather.		Mandela: Long Walk to Freedom				Nightmares USA The Big Narstie	4:10am	GPs: Behind Closed Doors	12:35am 1:35am	Gogglebox	5:00am	Sky Sports New
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featuring ALI, ASTRO&MICKEY A Real Labour of Love - 40th Anniversary Tour

PLAZA DE TOROS

ESTEPONA

6 AUGUST

Doors 20:00 hrs Concert 21:30 hrs



TENNIS CLUB PUENTE ROMANO

Doors 20:00 hrs Concert 21:00 hrs

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TV COUCH CRITIC

by Adam Whalley-Lewis

WELL, we did it. Whether you watched the World Cup and/or Wimbledon, or if you did your best to avoid them, Sunday saw them both conclude - unfortunately at about the same time. I think a lot of us were flicking between Moscow and SW19 last Sunday trying to keep up.

Now, you know I can't explain the off-side rule and I can't play tennis for toffee, but I did get caught up in the football and in the latter stages, the tennis too. I might have missed the Men's final if lovely friends from London, Ray and Louise, hadn't sent me a copy of a well-known newspaper and jogged my memory via its sports section!

I enjoyed the tennis. I liked the genuine affection the Ladies' finalists showed for each other and for once, Djokovic dropped the arrogant act and was nice about his opponent too. It is a shame that British competitors who made it through to the finals in the wheelchair doubles, mixed doubles and in the Boys competition were difficult to follow, just because there was no BBC visibility of when these matches were being played or if, or when, the BBC were showing them. The British pair won the wheelchair match and got hardly a mention anywhere.

Oh and France won the World Cup. Felicitations La France.

If you are a fan of The Voice (if you are, worry

France, Kerber, Djokovic and singing kids

itv

THE VOICE KIDS: Judges Danny Jones, Pixie Lott, Will.i.am and presenter Emma Willis.

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not, there is help out there, no really there is) you probably found yourself watching ITV's *The Voice Kids*. The show kicked off last Saturday and is running across eight consecutive days. It broadly follows the format of the adult show, with three music industry heavyweights and of course, Emma Wills hosting. Will.i.am is the only judge to make it over from the adult show. He is supported by Pixie Lott, you might remember her from Strictly and Danny Jones. I had to Google Danny. He was in a Boy Band, McFly, apparently.

You have to admire the courage the kids have to be able to sing on national TV. *The Voice Kids*, *ITV*, continues Thursday-Saturday this week.

ITV treated us to the opening episode of series three of *Unforgotten* on Sunday night. Now, I've friends who are ex-police officers, hola Jimmy and Keith, but brilliant as they are, I'm not sure even

they could pull together a six-part mystery, of a Sunday night, with only a piece of hip bone to start their investigations. Sanjeev Bhaskar and Nicola Walker star as detectives Sunny and Cassie who test the friendship of, to be honest, a random group of people who seem to be in the frame for the crime. This is solid Sunday night viewing though and you can keep up with what is happening on *ITV*, Sunday at 10pm. *Happy Viewing*.

GENUINE AFFECTION: Angelique Kerber and Serena Williams.

Advertising Feature

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Wendy Codd who owns the company has been in insurance since she left school at 17. She worked at the Prudential Insurance company for 15 years, from there she went on to work at Allied Dunbar, Rothschilds in Mayfair and then to various brokerages in north London.



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Wendy says that many clients have no clue about who they are insured with, how much they are insured for or even when their renewal is due. Some are even not insured with the correct vehicle and many companies have their dates of birth wrong. It is so important to check your insurance documents.

With summer rentals looming and many expats returning to the UK during the hottest periods in Spain - and property being left unoccupied for longer periods of time - make sure your home insurance is up to date and correct.

If you have an ITV coming up, make sure you have your documents for the car as you will need them, this is a new law in Spain ... no documents, no ITV. They will not accept a copy on your phone!!

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	Stacey Dooley	11:00pm	Live at the Apollo		demise.		Channel 4 News		Super Casino		The Big Bang Theory	1:00am	Dillian Whyte: Heavy
	Investigates		Newsnight	2:45am	Sync or Swim	9:00pm	Ackley Bridge		GPs: Behind Closed	10:00pm		1.00am	Duty
12:30am	I Shot My Parents		No More Boys and	3:45am	Mark Kermode's	10:00pm	999: What's Your	intouin	Doors		Supernatural	1:30am	Dillian Whyte: Whyte
1:30am	Weather for the		Girls: Can Our Kids		Secrets of Cinema		Emergency?	5:00am	Britain's Greatest		The Big Bang Theory		Hot
	Week Ahead		Go Gender Free?	4:45am	This is BBC Four		Gogglebox		Bridges		The Big Bang Theory	2:00am	Live WWE Late Night
1:35am	BBC News	1:15am	Animals Behaving				24 Hours in a and E	5:45am	House Doctor	12:55am	Gogglebox		Smackdown
			Badly			1:05am	Random Acts					4:00am	Sky Sports News
		i	tv2	i	tv3	i	tv4			sig			sports football
į	LV.	i	tv2	i	tv3	i	tv4		CINEMA N & ADVENTURE	sig	PREMIERE		
								ACTIO	N & ADVENTURE		PREMIERE		football
4:55am	ITV Nightscreen	9:00am 9:30am	Ew2 Emmerdale Coronation Street	3:30am 7:00am	Teleshopping		Teleshopping	астю 10:45am	n & ADVENTURE The A-Team	4:30am 6:30am			
4:55am		9:00am 9:30am	Emmerdale	3:30am		4:00am		астю 10:45am 12:45pm	N & ADVENTURE The A-Team Battleship	4:30am	РREMIERE Realive	1:30pm	Football Football's Greatest
4:55am 6:05am	ITV Nightscreen The Jeremy Kyle	9:00am 9:30am	Emmerdale Coronation Street	3:30am	Teleshopping Classic Coronation	4:00am 7:00am	Teleshopping The Chase	астю 10:45am 12:45pm 3:00pm	N & ADVENTURE The A-Team Battleship Behind Enemy Lines	4:30am 6:30am	PREMIERE Realive The Hurricane Heist:	1:30pm	Football Football's Greatest Teams
4:55am 6:05am	ITV Nightscreen The Jeremy Kyle Show	9:00am 9:30am 10:25am 11:20am	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor	3:30am	Teleshopping Classic Coronation Street <i>Tina quite enjoys</i> Eddie following her	4:00am 7:00am 7:50am 8:35am 9:30am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars	астю 10:45am 12:45pm 3:00pm	N & ADVENTURE The A-Team Battleship	4:30am 6:30am 7:00am	Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018	1:30pm 2:00pm	Football Football's Greatest Teams EFL Goals:
4:55am 6:05am 7:00am 9:30am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine	9:00am 9:30am 10:25am 11:20am 1:15pm	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor Emmerdale	3:30am	Teleshopping Classic Coronation Street Tina quite enjoys Eddie following her around. Mike gets	4:00am 7:00am 7:50am 8:35am 9:30am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars Tour De France 2018	астю 10:45am 12:45pm 3:00pm	N & ADVENTURE The A-Team Battleship Behind Enemy Lines The League of	4:30am 6:30am 7:00am 7:20am	Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018 An Ordinary Man	1:30pm 2:00pm 2:30pm	Football's Greatest Teams EFL Goals: Championship EFL Goals: Leagues 1&2
4:55am 6:05am 7:00am 9:30am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle	9:00am 9:30am 10:25am 11:20am 1:15pm 1:45pm	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor Emmerdale Coronation Street	3:30am	Teleshopping Classic Coronation Street <i>Tina quite enjoys</i> <i>Eddie following her</i> <i>around. Mike gets</i> <i>bored with not</i>	4:00am 7:00am 7:50am 8:35am 9:30am 10:00am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars Tour De France 2018 - Highlights	10:45am 12:45pm 3:00pm 5:00pm 7:00pm	The A-Team Battleship Behind Enemy Lines The League of Extraordinary Gentlemen The A-Team	4:30am 6:30am 7:00am	Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018 An Ordinary Man Same Kind of	1:30pm 2:00pm	Football's Greatest Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship
4:55am 6:05am 7:00am 9:30am 10:25am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show	9:00am 9:30am 10:25am 11:20am 1:15pm 1:45pm 2:15pm	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor Emmerdale Coronation Street Coronation Street	3:30am 7:00am	Teleshopping Classic Coronation Street Tina quite enjoys Eddie following her around. Mike gets bored with not working	4:00am 7:00am 7:50am 8:35am 9:30am 10:00am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars Tour De France 2018 - Highlights Barcelona's	10:45am 12:45pm 3:00pm 5:00pm 9:00pm	N & ADVENTURE The A-Team Battleship Behind Enemy Lines The League of Extraordinary Gentlemen The A-Team Battleship	4:30am 6:30am 7:00am 7:20am	Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018 An Ordinary Man Same Kind of Different as Me	1:30pm 2:00pm 2:30pm 3:00pm	Football's Greatest Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review
4:55am 6:05am 7:00am 9:30am 10:25am 11:30am	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning	9:00am 9:30am 10:25am 11:20am 1:15pm 1:45pm 2:15pm	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor Emmerdale Coronation Street Coronation Street The Ellen DeGeneres	3:30am	Teleshopping Classic Coronation Street Tina quite enjoys Eddie following her around. Mike gets bored with not working Classic Coronation	4:00am 7:00am 7:50am 8:35am 9:30am 10:00am 11:00am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars Tour De France 2018 - Highlights Barcelona's European Glory	10:45am 12:45pm 3:00pm 5:00pm 9:00pm 11:15pm	N & ADVENTURE The A-Team Battleship Behind Enemy Lines The League of Extraordinary Gentlemen The A-Team Battleship Machete	4:30am 6:30am 7:00am 7:20am	Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018 An Ordinary Man Same Kind of Different as Me <i>A wealthy married</i>	1:30pm 2:00pm 2:30pm 3:00pm 4:00pm	Football's Greatest Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review Football's Greatest
4:55am 6:05am 7:00am 9:30am 10:25am 11:30am 1:30pm	ITV Nightscreen The Jeremy Kyle Show Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women	9:00am 9:30am 10:25am 11:20am 1:15pm 1:45pm 2:15pm 2:45pm	Emmerdale Coronation Street The Ellen DeGeneres Show The Bachelor Emmerdale Coronation Street Coronation Street The Ellen DeGeneres Show	3:30am 7:00am 7:30am	Teleshopping Classic Coronation Street Tina quite enjoys Eddie following her around. Mike gets bored with not working Classic Coronation Street	4:00am 7:00am 7:50am 8:35am 9:30am 10:00am 11:00am	Teleshopping The Chase The Chase Cash Cowboys Storage Wars Tour De France 2018 - Highlights Barcelona's European Glory Tour De France 2018	10:45am 12:45pm 3:00pm 5:00pm 9:00pm 11:15pm 1:15am	N & ADVENTURE The A-Team Battleship Behind Enemy Lines The League of Extraordinary Gentlemen The A-Team Battleship Machete Behind Enemy Lines	4:30am 6:30am 7:00am 7:20am	PREMIERE Realive The Hurricane Heist: The Eye of the Storm Top Ten Show, the 2018 An Ordinary Man Same Kind of Different as Me A wealthy married couple discover a	1:30pm 2:00pm 2:30pm 3:00pm	Football's Greatest Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review Football's Greatest Football's Greatest
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7:00am	Breakfast	7:00am	Flog it! Trade	4:45am	This is BBC Four	7:00am	Countdown	9:05am	Paw Patrol	9:00am	Melissa and Joey	6:00am	Sky Sports News
	Wanted Down		Secrets	8:00pm	Beyond 100 Days	7:45am	King of Queens	9:20am	Floogals	9:30am	Melissa and Joey	7:00am	Good Morning
	Under	7:30am	Bargain Hunt	8:30pm	The Royal Welsh	8:10am	King of Queens	9:40am	Digby Dragon	10:00am	Baby Daddy		Sports Fans Bitesize
11:00am	Homes Under the	8:15am	Heir Hunters with		Show 2018	8:35am	Everybody Loves	9:55am	Nella the Princess		Baby Daddy	7:30am	Good Morning
12.00mm	Hammer	0.00.2m	Michael Buerk Eat Well for Less	9:00pm	1066: A Year to Conguer England	0.00.00	Raymond	10:0Eam	Knight Moti	11:00am		0.00am	Sports Fans Bitesize
12:00pm	Heir Hunters with Michael Buerk	9:00am 10:00am	Victoria Derbyshire	10.00nm	Paul O'Grady's	9:00am	Everybody Loves Raymond	10:05am 10:15am	The Wright Stuff	11:30am	Black-Ish How I Met Your	8:00am	Good Morning Sports Fans
12:45pm	The Farmers'		BBC Newsroom Live	10.00pm	Working Britain	9:30am	Everybody Loves		Can't Pay? We'll	12.000	Mother	9:00am	Good Morning
· - · · • p · · ·	Country Showdown	2:00pm	Lifeline	11:00pm	Sword, Musket and		Raymond	· = · · • • • • · · ·	Take it Away!	12:30pm	How I Met Your		Sports Fans
	Bargain Hunt	2:10pm	Coast		Machine Gun:	10:00am	Frasier	1:10pm	5 News Lunchtime		Mother	9:30am	My Icon
2:00pm	BBC News at One	2:45pm	Getting the Builders		Britain's Armed	10:35am	Frasier	1:15pm	GPs: Behind Closed	1:00pm	The Goldbergs	9:40am	Live Anz
2:30pm	BBC London News	2.20	in For What It's Worth	12:00am	History Tupos for Turonte	11:05am	,	2.10	Doors	1:30pm	The Goldbergs		Premiership Netball
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5.50pm	Country	4.130111	Events		with Suzy Klein		The Simpsons	2:45pm	Neighbours	3:00pm	Melissa and Joey		Bay of Plenty Magic
4:30pm	Celebrity Money for	5:15pm	Madagascar	1:00am	Cardinal	1:00pm	Channel 4 News	3:15pm	Cagney and Lacey	3:30pm	Melissa and Joey		in Auckland in the
	Nothing	6:15pm	Antiques Road Trip		Canadian crime	1:05pm	Come Dine with Me	4:15pm	Heart of Murder	4:00pm	Baby Daddy		ANZ Premiership.
	Flog It!	7:00pm	Eggheads		drama series.	2:05pm	Find it, Fix it, Flog it	6:00pm	5 News at 5	4:30pm	Baby Daddy	11:15am	
6:15pm	Impossible	7:30pm	Great British		Concerned that Cardinal is on to	3:10pm	Countdown	6:30pm	Neighbours	5:00pm	Young and Hungry	7.20	Hamburg
7:00pm 7:30pm	BBC News at Six BBC London News	8:00pm	Railway Journeys Back in Time for Tea		her, Delorme digs	4:00pm	A Place in the Sun: Winter Sun	7:00pm 7:30pm	Home and Away 5 News Tonight	5:30pm 6:00pm	Young and Hungry The Goldbergs	7:30pm	Sky Sports News at
8:00pm	The One Show	9:00pm	Hairy Bikers'		into the reasons	5:00pm	The £100k Drop	8:00pm	Funniest Ever	6:30pm	The Goldbergs	8:00pm	Live Darts: World
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9:00pm	Animals Behaving		Adventure		investigation.	6:30pm	The Simpsons	9:00pm	The Highland	7:30pm	The Big Bang Theory	1:00am	Dillian Whyte: Off
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	BBC London News		Fishing	J.2.Julii	Working Britain	10:00pm	24 Hours in a and E		Caught on Camera	10:00pm	5 5 7	3:00am	Sky Sports News
	A Question of Sport	11:30pm	5	4:25am	This is BBC Four			12:05am	Crimewave 2018:			4:00am	Sky Sports News
	Live From the BBC	12:15am	No More Boys and			11:30pm	999: What's Your		Lawless Britain		Holiday	5:00am	Sky Sports News
12:45am	Who Do You Think		Girls: Can Our Kids			42.25	Emergency?	1:05am	Law and Disorder:		The Big Bang Theory		
	You Are?		Go Gender Free?			12:35am	Prison		The Live Debate	12:30am	The Big Bang Theory		
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9:30am 10:25am 11:30am 1:30pm 2:30pm 2:55pm 3:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder	9:00am 9:55am 10:25am 11:20am	Records Who's Doing the Dishes? Emmerdale You've Been Framed! Gold The Ellen DeGeneres Show The Bachelor Emmerdale You've Been	7:30am 8:00am 9:00am 10:05am 10:35am	Street Classic Coronation Street Heartbeat In the Aidensfield Arms, Rob and Phil are planning a night out in Whitby. The Royal Judge Judy Judge Judy	7:00am 7:05am 7:55am 8:40am 9:40am 10:40am 11:40am 12:55pm	Snooker v Darts Sports short film. The Chase The Chase Cash Cowboys The Professionals Minder The Sweeney The Professionals Tour De France 2018 - Highlights Tour De France	7:00am 9:25am 12:00pm 3:00pm 4:45pm 6:20pm 9:00pm 12:00am 1:45am	Armageddon Avatar Underworld: Blood Wars Jarhead 3: The Siege Armageddon Avatar Underworld: Blood Wars Keanu	6:30am 7:00am 9:15am 11:00am 12:50pm 3:15pm	and Where to Find Them: Special Same Kind of Different as Me Daphne The Shanghai Job Thor: Ragnarok An Ordinary Man Same Kind of Different as Me <i>A wealthy married</i>	2:00pm 2:30pm 3:00pm 4:00pm	Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review Football's Greatest Football's Greatest Teams SPFL Greatest
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9:30am 10:25am 11:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 7:00pm 7:30pm 8:00pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase ITV News London ITV News London ITV News London ITV News London	9:00am 9:55am 10:25am 11:20am 1:15pm 2:15pm 2:45pm	Records Who's Doing the Dishes? Emmerdale You've Been Framed! Gold The Ellen DeGeneres Show The Bachelor Emmerdale You've Been Framed! Gold The Ellen DeGeneres Show The Jeremy Kyle	7:30am 8:00am 9:00am 10:05am 10:35am 11:00am 11:35am	Street Classic Coronation Street Heartbeat In the Aidensfield Arms, Rob and Phil are planning a night out in Whitby. The Royal Judge Judy Judge Judy George and Mildred Agatha Christie's Marple The Royal Heartbeat Classic Coronation	7:00am 7:05am 7:55am 8:40am 9:40am 10:40am 11:40am 12:55pm 1:55pm 3:00pm 7:00pm 7:00pm	Snooker v Darts Sports short film. The Chase The Chase Cash Cowboys The Professionals Minder The Sweeney The Professionals Tour De France 2018 - Highlights Tour De France 2018 The Professionals Cash Cowboys Tour De France 2018 - Highlights British Superbike	7:00am 9:25am 12:00pm 3:00pm 4:45pm 6:20pm 9:00pm 12:00am 1:45am 5:80am 9:00am 10:40am	Armageddon Avatar Underworld: Blood Wars Jarhead 3: The Siege Armageddon Avatar Underworld: Blood Wars Keanu CINEMA COMEDY Killing Hasselhoff The Nutty Professor American Pie 2	6:30am 7:00am 9:15am 11:00am 12:50pm 3:15pm 5:05pm	and Where to Find Them: Special Same Kind of Different as Me Daphne The Shanghai Job Thor: Ragnarok An Ordinary Man Same Kind of Different as Me A wealthy married couple discover a renewed sense of purpose when they befriend a homeless drifter The Shanghai Job	2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:15pm 5:30pm	Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review Football's Greatest Football's Greatest Teams SPFL Greatest Games SPFL Greatest Games SPFL Round Up Football Years Football
9:30am 10:25am 11:30pm 2:30pm 2:55pm 3:00pm 4:00pm 5:00pm 7:00pm 7:30pm 8:00pm 8:30pm	Good Morning Britain Lorraine The Jeremy Kyle Show This Morning Loose Women ITV Lunchtime News ITV News London Judge Rinder Tenable Tipping Point The Chase ITV News London ITV Evening News Emmerdale Coronation Street	9:00am 9:55am 10:25am 11:20am 1:15pm 2:15pm 2:45pm 3:35pm 4:40pm	Records Who's Doing the Dishes? Emmerdale You've Been Framed! Gold The Ellen DeGeneres Show The Bachelor Emmerdale You've Been Framed! Gold The Ellen DeGeneres Show The Jeremy Kyle Show The Jeremy Kyle Show	7:30am 8:00am 9:00am 10:05am 10:35am 11:35am 11:35am 2:40pm 3:40pm	Street Classic Coronation Street Heartbeat In the Aidensfield Arms, Rob and Phil are planning a night out in Whitby. The Royal Judge Judy Judge Judy George and Mildred Agatha Christie's Marple The Royal Heartbeat Classic Coronation Street	7:00am 7:05am 7:55am 8:40am 9:40am 10:40am 11:40am 12:55pm 1:55pm 3:00pm 6:00pm 7:00pm 8:00pm	Snooker v Darts Sports short film. The Chase The Chase Cash Cowboys The Professionals Minder The Sweeney The Professionals Tour De France 2018 - Highlights Tour De France 2018 The Professionals Cash Cowboys Tour De France 2018 - Highlights British Superbike Championship	7:00am 9:25am 12:00pm 3:00pm 4:45pm 6:20pm 9:00pm 12:00am 1:45am 5:00am 9:00am 10:40am 12:30pm	Armageddon Avatar Underworld: Blood Wars Jarhead 3: The Siege Armageddon Avatar Underworld: Blood Wars Keanu CINEMA COMEDY Killing Hasselhoff The Nutty Professor American Pie 2 Drillbit Taylor	6:30am 7:00am 9:15am 11:00am 12:50pm 3:15pm 5:05pm 7:15pm 9:00pm	and Where to Find Them: Special Same Kind of Different as Me Daphne The Shanghai Job Thor: Ragnarok An Ordinary Man Same Kind of Different as Me A wealthy married couple discover a renewed sense of purpose when they befriend a homeless drifter The Shanghai Job Thor: Ragnarok	2:00pm 2:30pm 3:00pm 4:00pm 4:30pm 5:00pm 5:15pm 5:30pm 6:00pm 6:30pm	Teams EFL Goals: Championship EFL Goals: Leagues 1&2 Championship Season Review Football's Greatest Football's Greatest Teams SPFL Greatest Games SPFL Greatest Games SPFL Round Up Football Years Football Years Football
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TECH FOR THE TIMID

I'M showing my age, but a catchphrase in the classic Goon Show was often: 'Have a gorilla,' and its stock response, 'No thanks, I've just put one out.'

These days we carry a gorilla in our pockets - at least if we have a reasonably new smartphone. Gorilla Glass is what's often on the front, supposedly tougher than the bourgeois stuff and designed to resist anything from the average drop (yeah, dream on) to the steady build-up of fingerprint residue or coin and key scratches. Sadly, as we spot that first heart-wrenching gouge, it doesn't.

A gung-ho friend insists he buys gadgets to use them. Given that he makes a more honest living than I do, producing physical stuff where I just describe it, after a month of unforgiving use his new phones look like they came straight off a Bangalore e-waste dump.

Like choosing to coddle or not coddle your phone with a fancy genuine imitation leather case, cosseting your Gorilla Glass with a screen protector is a personal preference. That gives rise to one of the great existen-

Gorilla in our pockets

A touch of glass or plastic fantastic, asks Terence Kennedy



OOPS: 'Scream' protector needed!

tial questions of our time: glass or plastic?

Plastic screen-protector films are refreshingly cheap, last longer than their glass equivalents, and will actually give the device a tiny bit extra impact resistance. And they're reusable. On the downside they may give your finger a slightly rougher 'slide' on the screen because they're not as smooth. You need to clean them more often and longer than their glass counterparts.

The deal-breaker for me: if anyone insists they have a foolproof way of putting one on which won't leave bubbles, they're probably lying.

Tempered-glass protectors are (much) more expensive than those cheap-as-chips plastic films, they look great, they're slightly thicker, they're unlikely to affect the screen's clarity and your finger gets a smoother ride. They are also slower to accumulate fingerprints.

Most boast so-called 9H hardness, with their adspeak claiming only a diamond will scratch them. Believe that and I have a bridge to sell you.

They will indeed resist minor scratching, but on the downside if you drop the phone they are prone to cracking. As on a car's windscreen, a crack will often spread inexorably. And once a glass protector is on your phone you're unlikely to get it off without snapping it.

The bottom line: plastic lasts longer, glass looks better.

Or you could just adopt my manual-labouring friend's cavalier attitude summed up in that Cat Stevens song from the 60's: *The First Cut is the Deepest*. After that, who cares?

Screen test

SADLY, if you have one of the growing number of curved-edge smartphone screens, few screen protectors can cope with the curvature. You're generally left with bare edges which may lift slightly or collect fluff over time.

Like the screens themselves, glass protectors come as either tempered, or Gorilla which is also tempered but has been chemically treated to make it stronger.

Every decent screen protector has an 'oleophobic coating' for fingerprint resistance, sprayed on (for the cheapies), or applied statically. But here's the kicker: neither coating lasts more than a few months at best.

Then again, if you believe some pundits, neither will the coating on your actual smartphone screen. If that bothers you, buy a touchscreen stylus and never put digit to screen again.

Hammering it home

Mike Senker

In my opinion Views of a **Grumpy Old Man**

DO any of you watch a BBC programme called Homes Under the Hammer? I do, and it amazes me how they buy a property for usually silly money and most people have never bought an investment property before.

How it works is the presenters show the viewers some dump that needs a total refurb then they show you the punter buying it at an auction. They go to the house together and you get told that they are going to put in a new bathroom, new kitchen, rewire, put in new heating, rip a lean-to out and replaster basically everything. 'What's your budget and time frame?' they are asked and this is what flabbergasts me. 'Yeah, I've got a six grand budget and I'll do it in a month.' WHAT? HOW? I don't understand how they do it.

They buy the house for say 50 grand. They go back a month later and BOOM the place now looks like a palace. Then they're asked, 'Did you stick to your budget?'... 'Well no, I spent an extra three quid because we needed a new roof.' I'm being sarcastic now! Then they get the estate agent back and get a new valuation. Now the house is worth 90 grand and the rental income will give them 8 per cent. Simple isn't it? Well let me tell you it isn't that simple. I wish they would show you the horror stories too. The ones where the punters get it all wrong like what happens in real life. Because I know that it isn't that easy.

Sure if you are a builder and you can do stuff yourself it's OK but once you get tradesmen in it can be a nightmare. I'm going to suggest to the Beeb a show called 'Horror Houses Under The Hammer (The Nightmare Continues)' where they buy the gaff, get ripped off by the builder and can't sell it. They do their brains and have it repossessed by the building society. You know, just like real life.

There's always one isn't there? You know the one that tells you, 'tomatoes are actually a fruit not a vegetable.' Err yeah, I know that! smart a**e 'And so are cucumbers, bell peppers and avocados plus a few others. Did you know strawberries and raspberries aren't berries?' OK stop now mate, you are getting on my nerves.

But still they carry on. 'Mountain goats aren't really goats and killer whales never kill much at all and definitely not humans. White rhinos aren't white at all, not even remotely white.' I walk away when he gets on to Sperm whales!

mikesenker@gmail.com



Y OUR PAPER - YOUR VOICE - YOUR OPINION

Letters should be emailed to yoursay@euroweeklynews.com or make your comments on our website: www.euroweeklynews.com

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Tourist tax will alienate many visitors

MY wife and I have just returned from a holiday in Mallorca (first went to Mallorca in 1999 and every year since apart from a three-year gap).

Before anything else at the hotel we were asked to pay the tourist tax which had doubled from last year, so having paid nearly €80 without any benefit to us at all and without any previous information as to what the Tourist Tax was likely to be, it set us thinking.

Where are the monies?

How much has accumulated since the tourist tax was instigated?

What are the monies being used for?

The pavements in Palma Nova are in a terrible state, you cannot walk for more than 25 metres and I am being generous here, before you meet cracked paving, misaligned paving, crumbling concrete, raised iron rings around the trees, depressed areas of pavement.

We do not own any property in Mallorca, but I am quite sure that the rental ban on apartments will be a devastating blow to the economy, several friends of ours have sold up and come back to England.

Why can't councils control noise?

WHEN is Calpe Council going to protect the residents of the town from the noise of private building work at all hours of the day?

We have endured three months of non-stop extremely high pitched continual noise from angle grinders and electric drills. This is on top of constant banging from hammers and bolsters and the grinding of a cement mixer all day.

This starts from the bawling of work men at each other when they first arrive at eight o'clock in the morning and commence work with the tools and continue until they depart at 6.30pm in the evening.

This goes on five days a week, week after week. There is totally no consideration from this non-resident in what is a normally peaceful residential area. Appeals to moderate the inconvenience are met with a refusal to comply. The noise is such during this time



IRRITATING: The constant building noise.

that you cannot hear the radio, TV, or concentrate to use a computer.

Surely Calpe Council can provide regulation of the hours in which this type of activity can be conducted and offer its residents some relief from this unacceptable behaviour.

Peter Gallagher, Calpe

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Brit survives 7-floor fall from Mallorca hotel after row

It's past time that these hotel balcony rails were properly inspected for correct height! We know the last two we stayed in were not totally safe!

Outrage over 'looky looky' men in southern Spain

If the police were empowered to confiscate the items they were selling that would soon stop them. Authorities are so often scared to act though for fear of being accused of being racist.

Iohn

Confiscate all illegal pirate versions, and the problems will fade away very quickly. Joona

If people didn't buy off the looky looky men then they would have to pack up and leave. Julie

Claims that Amazon may serve as a platform for racist products

Censorship, plain and simple. Those who accuse the 'Nazis' of book burning do so in far greater numbers. Thousands of book titles openly sold in the latter decades of the 20th century have been quietly moved.

Comments from EWN online

When they say 'racism' what they really mean is the ethnic-European's right to promote his ethnicity and to secure it. Every race prefers its own kind but only the whites are condemned for doing so.

Michael Walsh

Borrell hints that Spain could try to block Gibraltar from Brexit transition

This won't happen. Spain needs the UK more than the UK needs Spain.

Ken Clarke

Ryanair pilots announce another 24-hour strike this week

What are Ryanair playing at?? Don't they know that

happy staff make good staff? Not only losing staff but customers too!

We are looking for alternative flights in the future,

those with one cost, no hidden extras. Karen Goode

Why oh why are people still booking Ryanair??? I will never use them again. They cause so much heartache to oh so many people!!!!

Maggie Hayes

Drivers using mobile phones to receive heavier punishment in Spain

Needs to be at least a €1,000 fine and banned for at least three/four years.

Lvnne Uttina

With all the technology we have and hands free there's no excuse.

Paul Gilding

Everyday I must see 10-15 people with a phone to their ear, I drive a Ford Transit with Bluetooth and it's 2011. Most of these people would have Bluetooth in their cars, they just need to understand how to use it. Nick Earl Hobbs Ainley

They need to start stopping them first, no good increasing the fine when they seem to do nothing to stop it in the Estepona area.

Kevin Airey

People of Mallorca unite and vote for a mayor and president who are not blind to the devastating effect that this tourist tax and rental ban will do to the Mallorcan economy.

My wife and I will not be returning to Mallorca in this present situation.

Peter Higgins, Pontefract, West Yorkshire

Building consents

SEVERAL months ago a friend in the UK wrote to ask me if it was true that the chiringuitos at Punta Prima beach had been closed down, apparently over licensing problems.

I replied that it did appear to be the case, according to press reports. However, at the time I thought it was rather strange and was possibly just an excuse for something else.

I recalled that a builder had fairly recently tried for planning permission along that stretch of coastline and the request had been turned down partly due to the fact that there are Civil War bunkers there and also that the land was not considered suitable for building on.

The next thing that we hear is that the chiringuitos are illegal, etc, etc and have got to close whilst the matter is resolved.

Many people thought I was being cynical and that the chiringuitos would soon reopen. Well we all know how that situation has been handled!

Now I have seen an article in the press saying that a builder has offered to refurbish the bunkers and maintain them which is all very nice of them. Oh, and he is also seemingly going to be allowed to now build two skyscrapers along that bit of coast. No mention of course about the reopening of the chiringuitos.

Barry Weston Playa Flamenca

Paloma Park

IN response to Joe and Janet Calton, I live near Paloma Park and during and after the San Juan Feria held close by, plus the recent strong westerly winds has created this unfortunate situation with plastic bags being blown into the lake.

I can assure them that Benalmadena Council gardeners keep the park welltended and a pleasure to visit.

Brian Johnston, Benalmadena Costa

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Trivia from around the world

***Cuba is the only Caribbean island with a railway, although old trains and fuel shortages can set travellers up for long delays.

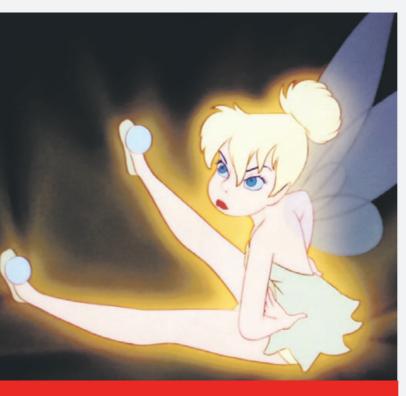
***Alaska is the largest state in the United States as well as being the most northern, eastern, and western state.

***The Marshall Islands which are in the Pacific Ocean are the most endangered island nation and have the highest risk of flooding due to climate change.

***The most overweight population in the world is in Nauru with over 95 per cent of its population overweight, even though it doesn't have a McDonald's...

***Prince Phillip, husband to Queen Elizabeth, is worshipped by the villagers of Yaohnanen on Tanna Island in Vanuatu. Followers believe the Duke descended from one of their spirit ancestors and that he will visit them and even take up residence amongst them.

***Many of the roads in Guam are made of a coral/oil mixture, as the island doesn't have a supply of natural sand. During wet weather the oil tends to float to the surface of the roads making them dangerous. Therefore the speed limit throughout the island is just 35mph.



TINKERBELL EFFECT: Named after the fairy in Peter Pan.

DID YOU KNOW?

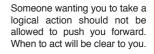
The Tinkerbell effect is an expression which describes things that are thought to exist only because people believe in them, like taking a placebo pill and feeling better because you think you have taken real medicine. It is named after Tinker Bell, the fairy in Peter Pan, who is revived from near death by the belief of the audience. Another form is the Reverse Tinkerbell effect, where the more you believe in something the more likely it is to vanish. For example, as more people believe that driving is safe, more people will drive carelessly, in turn making driving less safe.

World of English Women's wit Famous quote If fame belonged to me, I could People are condemned to Cacoethes - the urge to do not escape here. If she did not, be free; because once the longest day would pass me on the thrown into the world, they something inadvisable, chase, and the approbation of my are responsible for everything unwise or uncalled for. dog would forsake me then. My they do." barefoot rank is better." Jean-Paul Sartre Emily Dickinson, poet **UK NATIONAL** EL GORDO DE **IBISH LOTTO** LA PRIMITIVA **EURO MILLIONS** I OTTERY LA PRIMITIVA National Saturday July 14 Saturday July 14 Tuesday July 10 Friday July 13 Thursday July 12 Saturday July 14 Sunday July 15



YOUR STARS FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19) You are in a romantic mood but something is missing from the Its not that you're picture. feeling the need to have more than one string to your bow, it is more that you are tired of using the same old arrows. So, what is out there to fire your imagination? Something really new will not miss the mark with vou.





Someone who has been unhelpful in the past suddenly steps forward. Could you have been wrong about them? Probably not. Keep a clear mind with them. Saturn when influences you to be more organised before a bout of indecision strikes



This is a brilliant week for money and business. Mars is influencing you to be more upfront and practical in your approach. You may feel changes coming on that you would rather deny. Burying vour head in the sand is not an option. Take the bull by the horns and you could be surprised at your success.

You will see the lighter side of life this week when you discover that someone is holding a torch for you. You are flattered and interested. vaguely Your combination of intelligence and humour make vou a delightful companion. Venus smiles on all your close relationships and you seem to be able to do no wrong.

(April 21 - May 21)

There is much to be tackled this week, but you are wary of making full-on decisions. Taking things one step at a time is the best policy because it gives you space to consider the options. There is a restlessness about you that is hard to pinpoint Perhaps you are feeling positive but have to hold fire because of others. This is frustrating, but try to relax



Energy levels go up and down and you seek to ration yours by not going all-out physically. It is still possible to be quite dynamic while planning. Indeed, your clear vision impresses а colleague. If you are due for promotion then some good news is likely. Blow your own trumpet rather than wait for others to do it for you.



The changes affecting you for the past few weeks continue but you are now getting better at managing their direction.



VIRGO (August 24 - September 23) The influence of Venus and Jupiter brings you the influence and status that you deserve. It's not that you haven't worked towards it but now you start to see the benefits. There is an to improve your urge appearance and surroundings to fit in with the 'new you'.



During the past few weeks you may have gained a different perspective on life. Your need for a close attachment and harmony in vour life should not be underestimated or denied in the name of practicality.



To be truly happy you need to build on your partnerships. Keep these in balance and everything else will fall into place. Life has taught you some rather harsh lessons recently. The upshot of that is you now feel more in control and more secure



There is an all-consuming need to see some reward for all your efforts. There will be those who will tell you that you need to push harder for success. Perhaps you need to be with like-minded more people. Certainly being with the wrong colleagues can bring your spirits down.

CAPRICORN (December 22 - January 20) When needed you are sure to be positive this week. On a project, 'striking while the iron is

hot' springs to mind. There is much fun to hand but it must be 'work first' at the moment. Some opportunities do not come twice and you need to be aware of when they present them themselves.

ARIES (FOR (March 21 - April 20)



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10

17

21

25

27

Cryptic

- Across 1 One who writes about British school rice (6) 4 South Staffordshire town is

- 4 South Staffordshire town is finely contoured (5)
 8 Nothing going right sweetheart (5)
 9 A game of bridge (7)
 10 Wrong gear can mean bloodshed (7)
 11 'Give up Pip', we hear (4)
 12 Mark comes back in custody (3)
- custody (3) 14 Candid leaflet includes the unemployed (4) 15 Makes fun of cheap newspapers (4)

- 18 Health resort in Las Palmas (3)
 21 Six balls and it's finished
- (4)
 23 Old jail's new entrance (7)
 25 Illegal trader rides in
- disguise (7) 26 Former international the
- French deport (5) 27 Perhaps the genre is immature (5)
- 28 A trail for a dog going up
- (6)

Down

- Down
 1 Close a helter-skelter, that's a relief (6)
 2 Churchman, the Queen and the journalist admired (7)
 2 Device the first of the last of
- 3 Ruined rare bags for banks
- a Offspring noted for a piece of music (4)
 5 Call up the first girl outside, all right! (5)

Code Breaker

6 More benevolent juveniles in Germany (6)
7 The going rate of the drug (5)
13 Trailers without one with direction can be fishing boats

22

- (8)16 Hard rock from Tangier (7)17 Could well be this when
- working, how tedious (6) 19 King George in any cross (5) 20 Pick out first class (6) 22 The Spanish head of state, that is to say, is Doris's sister (5)

902 123 309

20

PAG

NOR

e 🔓

linea directa

Quick

(5)24 Former prime minister's garden (4)

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 4 represents P and 15 represents J, so fill in P every time the figure 4 appears and J every time the figure 15 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.

12

19

23

18

13

15

26

28

	26		26		20		22		4		25		21	
25	16	18	16	19	13	17	2		13	7	5	9	14	17
	21		19		19		8		4		1		4	
18	16	4	11		16	24	2	26	2		12	13	4	14
	16				9				17				14	
1	19	13	1	1	14	19	11		15	23	9	9	24	14
			19				16		16		23		2	
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	2		4		1		10				18			
14	19	16	11	14	19		13	10	14	19	12	14	16	6
	20				14				3				8	
26	2	16	11		16	6	2	14	23		26	16	17	14
	14		12		22		17		2		16		2	
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14	15 J	16 	17	7	18	19	20	21	22	23	3	24	25	26

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								sh (8)			
	(4)	 15 19 	 Intersection Intersection<	Image: select	Image: select	Image: state stat	Image: select	Image: state stat	Image: state stat	Image: state stat	Image: state stat

- Magician (8)
- 27 Organs of sight (4)

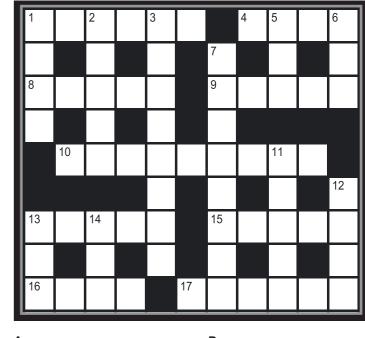
English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.

23 Wading bird (4)

MF

13



Across

- 1 Sound (6)
- 4 Salvaje (planta, animal, tierra) (4)
- 8 Works (musical, teatro, literatura)
- (5)
- 9 Sand (5) **10** Forward (in position) (9)
- 13 Forma (figura) (5)
- 15 Lino (ropa) (5)
- 16 Nothing (4)
 - 17 Passage (between buildings) (6)

Down

- 1 Lento (ritmo, movimiento, caída) (4)
- 2 North (side, part) (5)
- 3 Enfermedades (agentes concretos) (8)
- 5 Hielo (3)
- 6 Day (3)
- 7 Tablet (medicine) (8)
- 11 Round (of negotiations, drinks) (5)
- 12 Rodilla (4)
- 13 Without (3)
- 14 Añadir (3)



Nonagram

WIGGLE (10)

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). Each word MUST CONTAIN THE CENTRE LETTER (in this case O) and there must be AT LEAST ONE NINE LETTER WORD. Plurals, vulgarities or proper nouns are not allowed.

U Α 0 R Ν Ρ L U

TARGET: Average: 5 Good: 7 Very good: 10 Excellent: 12

Down:

14 Lots.

1/17 Dim sum, 2 Stye,

3 Upbeat, 4 Monarch, 6 Shelter,

8 Salvage, 9 Swallow, 11 Silent,

LAST WEEK'S SOLUTION

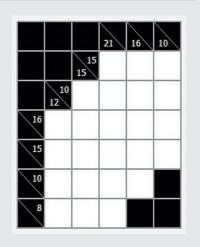
cedi cent cert cite code coin coir cone cord core corn cote cred deco dice iced icon nice once otic rice torc cento cider cited citer coder coned conte cored credo cried crone decor dicer dicot doric edict icier ionic nicer recon recti recto riced ricin tonic trice cinder citron coined coiner corned cornet credit cretin dicier direct docent erotic incite indict irenic ironic nitric noetic notice triced citrine cordite crinoid diction incited inciter noticed oneiric centroid doctrine indirect DIRECTION

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.

	32	29	15	26	21
30					
35					
8			4		
11			8 10		
18					
19					

LAST WEEK'S SOLUTION



QUICK

jigsaw'?

1 Dachshund, 5 Mustv, 7 Bison, 9 Seek, 10 Sailor, 12 Attain, 13 Wash, 15 Large, 16 Obeys, 18 Potassium.





1. Which rock star played the title role in the 1970 film Ned Kelly?

LAST WEEK'S SOLUTIONS

CRYPTIC

1 Resist, 4 Chased, 9 Clear, 10 Animals, 11 Termites, 12 Tops, 14 Seabed, 16 Hawser, 19 Cash, 20 Contempt, 23 Precise, 24 Ringo, 25 Needed, 26 Adorns

1 Recites, 2 Swear, 3 Sardines, 5 Heir, 6 Shadows, 7 Doses, 8 Later, 13 Mastered, 15 Austere, 17 Rations, 18 Cower, 19 Capon, 21 Manor, 22 Mite.

ENGLISH-SPANISH

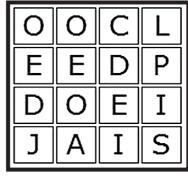
1 Cycling, 5 Cesta, 8 Polilla, 9 Salud, 10 Noses, 11 Justice, 12/14 Buenas noches. 17 Parecer. 19 Guapa, 22 Amiga, 23 Coldest, 24 Eagle, 25 Scooter.

1 Cupón, 2 Colas, 3 Iglesia, 4 Granja, 5 Cosas, 6 Selfish, 7 Address, 12 By plane, 13 Earring, 15 Orgullo, 16 Bricks, 18 Clave, 20 Agent, 21 After. the Boggled grid, according to the

- They can be adjacent horizontally,
- · Words must contain at least four letters and may include singular and plural or

· No letter may be used more than once within a single word, unless it appears

· No vulgarities or proper nouns are



TARGET:

• Average: 8 • Very good: 16 • Good: 11 • Excellent: 19

SCORING:

4 letters: 1 point 7 letters: 5 points 5 letters: 2 points 8 or more letters: 6 letters: 3 points 11 points

LAST WEEK'S SOLUTION

often tone toned enema enemy emcee emceed icemen iced font note neem need needy neve mien mice meed cement cede cedi emir even event edema feed info meme memento minx mixed main maven vent vain varment denote dent dement deem deva idem rime rimed rimy rain raiment rave raven raved aimed airmen amen ament amir armed army vamen rife ride wife wide widen wirv

App of the week

PIXEL WEATHER

Now that summer is here, why not try out a new weather app. This one isn't brand new, but it's worth a try. It offers a unique combination of quirky, nostalgic graphics and powerful features. It displays up to a 10-day forecast, Air Quality Index, and it supports Apple Watch and Notification Center widgets.

Z: FILM FUN

7. What was title of the 1980 sequel to Every Which Way but Loose?

8. In 1989 film version of The Wizard of Oz, which character was searching for courage? 9. Which 1940 full-length Walt Disney cartoon featured the songs Give a Little Whistle and When You Wish upon a Star?

10. From which 1969 film does the Bacharach and David song Raindrops Keep Falling on My Head come?

Answers:	
I. MICK JAGGER, 2. CLINT EASTWOOD, 3. LORETTA YNN, 4. CITZEN KANE, 5. TOM, DICK ND HARRY, 7. ANY WHICH WAY YOU CAN, 8. THE LION, 9. PINOCCHIO, 10. BUTCH CASSIDY AND HE SUNDANCE KID.	

- 5. According to the 1968 film, who was the father of Rosemary's Baby?
- 6. In the 1963 film The Great Escape, what were the names given to the three tunnels?

2. Which famous American actor sang I Talk to the Trees in the 1969 film Paint Your Wagon?

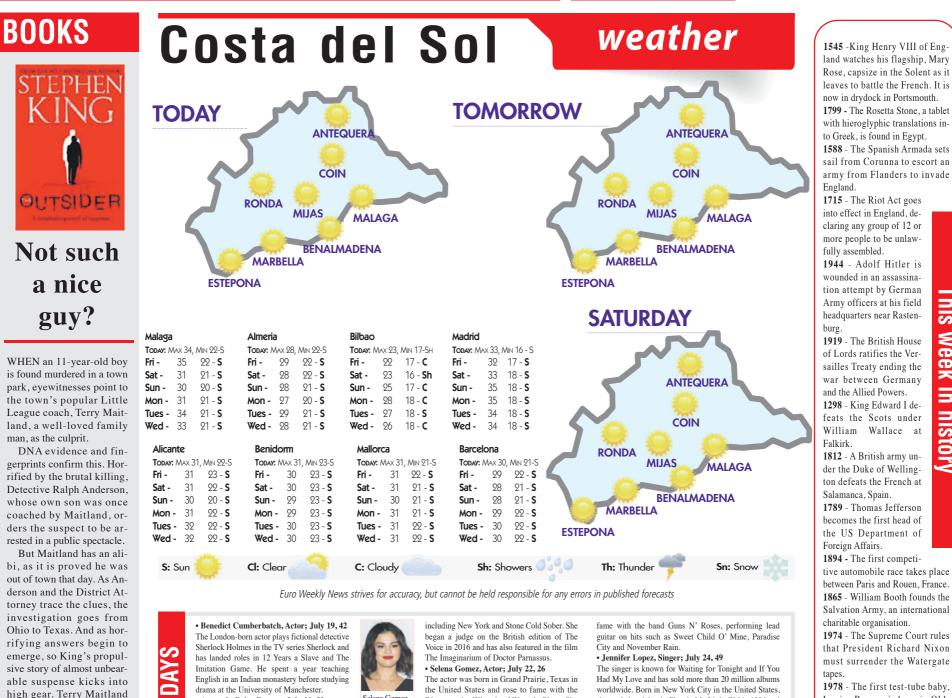
4. From which classic 1941 film does the following line come, 'I guess Rosebud is just the piece in a

3. Coalminer's Daughter was the title of a film concerning the life of which country singer?

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1978 - The first test-tube baby,

DVD **Special bond**



TULLY is a new American comedy drama, Marlo (Charlize Theron) lives in New York and is about to give birth to an unplanned third child

Her husband, Ron, is loving and works hard, but he doesn't realise the demands that motherhood puts on his wife. When the baby girl, Mia, is born, Marlo's wealthy brother Craig hires a nighttime nanny called Tully to help his sister out. Hesitant at first, Marlo soon learns to appreciate all that Tully does - forming a special bond with her new, lifesaving friend

 show Hole in the Wall. Born in Sevenoaks in Eng he won the International Dancer Teachers Assoc Classic in 2003. Paloma Faith, Singer; July 21, 37 	gland, iation
Anton du Beke, Dancer; July 20, 52	Sele
English in an Indian monastery before studying	1
	English in an Indian monastery before studying drama at the University of Manchester. • Anton du Beke, Dancer; July 20, 52 Beke is known for appearing on the TV show Strictly Come Dancing and he has also presen show Hole in the Wall. Born in Sevenoaks in Eng he won the International Dancer Teachers Assoc Classic in 2003.

Disney series Wizards of Waverly Place. She went on to land roles in Spy Kids 3, Walker Texas Ranger and has also had a successful solo nusic career and with band Selena Gomez & the Scene

 Slash, Musician: July 23, 53 Slash, was born Saul Hudson in Hampstead in England and later moved to the United States. The guitarist found

the grid so that every row, every column and every 3X3 box	
tains the digits 1-9. There's no maths involved. You solve	
puzzle with reasoning and logic.	

1					7			
		9			6			
					4	3	5	8
	2		5			1		
			6					
5		7					8	
			7				1	
		5		3	8		4	6
		5 3		4				6 2

Word Ladder

she made her debut in films in My Little Girl in 1986 and

Move from the start word (FULL) to the end word (BEAM) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

FULL Solution

BEAM

MAAT

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seems a nice guy but there

is one hard fact: a man can-

not be in two places at the

@euroweeklynews.co

same time. Can he?

AST WEEK'S SOLUTIO	N

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na Gomez

Army officers at his field headquarters near Rasten-1919 - The British House of Lords ratifies the Versailles Treaty ending the war between Germany and the Allied Powers.

1298 - King Edward I defeats the Scots under Wallace at 1812 - A British army un $\overline{\mathbf{S}}$

Ð

der the Duke of Wellington defeats the French at Salamanca, Spain. 1789 - Thomas Jefferson

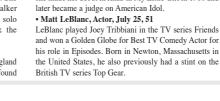
becomes the first head of the US Department of 1894 - The first competi-

tive automobile race takes place between Paris and Rouen, France. 1865 - William Booth founds the Salvation Army, an international charitable organisation.

1974 - The Supreme Court rules that President Richard Nixon must surrender the Watergate

Louise Brown is born in Oldham, England.





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Mum slams Just the veganning?

A MOTHER is said to be furious that her son got so badly burned after using Asda's factor 50 sun cream.

suncream

Nicola Hadley, 47, from West Bromwich bought Asda's factor 50 sunscreen to use during the heatwave in England.

However, even after applying the cream regularly, her 10-year-old son Aaron Boyes was left 'in tears.'

Nicola said: "My son is not the first child this has happened to, but he should be the last. I put the sun cream on him before school and topped it up when he came home."

She continued, "I do not expect my son to be crying in pain because of a product I should be able to trust."

The company has received numerous complaints about the sun lotion, with Karen Trett from Milton Keynes, claiming her daughters were burnt on holiday in Mallorca having used the same factor 50 sunscreen.

A spokesman from Asda has said its product complies with all the industry standards.



els and reduce the risks of cer-

tain life-threatening diseases

like diabetes and cancer is

slowly pushing aside meat-

based foods in the hope of a

healthier lifestyle and less obe-

sity - but is it sustainable in this

Experts agree that a truly ve-

gan lifestyle, although difficult

to plan out and maintain can re-

modern age?

UNSTOPPABLE RISE: Veganism is on the up.

Sol Eyes clinics provide high-end services in ophthalmology and orthopaedics, but also within dermatological and cosmetic medicine. Our experienced specialists take care of you.



Dr. Petri Oksman

Ophthalmic surgeon

• 🕀 🕕

I EVES Eye Clinic



Dr. Erja Oksman Ophthalmic surgeon Specialist in eye diseases $\mathbf{+}\mathbf{+}\mathbf{+}\mathbf{-}$



Dr. Jarkko Toivanen MD,PhD,Orthopaedic surgeon

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Dr. Jonathan Strauch Ophthalmic surgeon #



Dr. Hanna Raitio **Consultant dermatologist** & aesthetic dermatologist



MARBELLA

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info@soleyes.es - www.soleyes.com

SUPERFOODS and the vegan trend are dominating the latest food fads in magazines and trendy new restaurants, but are we willing to sustain such a limited diet in the future without the need for bacon butties or cheeseburgers?

The fashionable plant-based diet, proven to result in younger looking skin, boost energy lev-

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TENNIS ELBOW? 952 883 151

www.TheBodyworksClinic.com

duce weight but they also look at the potential downfall of going totally plant-based.

Calcium, omega-3, fatty acids and Vitamin B12 are all kev nutrients that a vegan diet can lack. Over a length of time, these key elements to keep the body strong can result in loss of bone and muscle mass and inefficient running of the nervous system. Vitamins and supplements can only be taken in small doses otherwise they can cause toxicity in the body.

The bottom line, say experts is to avoid fad diets that are promoted on the internet, try to balance out the pros and cons of becoming a vegan, but most importantly stick to a healthy regime that gives your body good healthy food.



19 - 25 Ju

Worth a punnet!

SCIENTISTS confirm the benefits of eating raspberries to help avoid the risk of heart disease.

Research carried out by Kings College London and funded by the National Processed Raspberry Council have confirmed that eating raspberries can lessen the risk of heart disease and

Diesel Only The Brave Street.

du Soleil in 2011.

DIESEL PARFUMS is thrilled to announce Les

Twins as faces for the new fragrance for men,

The brand has cast famous international urban

New Style hip-hop dancers Larry and Laurent

Bourgeois hail from Sarcelles, a Paris suburb.

From street kids to street icons, they have created their own style. They were the main characters in

the Michael Jackson Immortal Tour by the Cirque

They have also toured several times with Bey-

once, including during her Coachella performance in 2018. Les Twins also won the first World of

Dance TV competition in 2017, despite Laurent

street dancers to star in its new campaign.

aid circulation by keeping blood vessels healthy.

Experiments were carried out where identical looking drinks were given to a group of participants, only some containing fresh raspberry juice. Beforehand the group underwent both blood and urine tests. Within two hours of taking the drinks they were tested again.

The people who had the drink containing raspberry juice showed a significant increase in FMD (flow mediated dilation) aiding the flow of blood through the widening of the arteries. Author of the report Dr Ana Rodriguez Mateos said this effect was still present 24

From the

street

to role

models

BERRY GOOD: Raspberries could help reduce the risk of

heart disease.

Tom Krugman Executive Director of the Council that funded the research said, "we are excited about these findings."

Red raspberries are known to contain strong anti-oxidants such as vitamin C, quercetina and Gallic acid that fight against can-

getting injured during the semi-finals. They are brave role models for a new generation.

"As New Style hip-hop dancers, we represent street culture," they say. "But our art is more than just dance. When we dance, we go beyond our limits to become the best. The street taught us to be good with others, but hard on ourselves."

Diesel's new fragrance for men is a fresh take on what it means to be brave: to start from scratch, to dare, to dream, and to keep on going.

To express yourself without limits.

The street forges you to become who you want to be. To be a proud individual, while at the same time being part of a larger tribe. To see life from all possible perspectives. cer, heart and circulatory disease and age-related decline. They have also been shown to have anti-inflammatory properties.

The oil from raspberries is creating interest in the cosmeceutical market due to the richness of vitamin E and Omega-3 fatty acids. These are a sun protection factor.

A previous study by the US Department of Energy Lawrence Berkeley National Laboratory found that men over the age of 44 with the largest intake of Vitamin C had 20 per cent less damage to their sperm DNA than men who did not eat foods containing the vitamin.

Tennis Elbow to inject or not to inject?

TENNIS ELBOW aka epicondylitis or epicondylagia is when the tendons (stringy bits that attach muscles to bones) on the outside of the elbow, become damaged and irritated, usually caused by overuse.

This translates to pain on the outside of the elbow because you have been doing a particular action repeatedly, common in tennis players but also seen in plasterers, painters, and anyone who's job or hobby includes a repetitive action (no smirking at the back!).

Tennis Elbow is a complicated condition, often misdiagnosed and therefore mistreated, it isn't uncommon to hear of patients having had treatment for many months without making significant progress

TOP TIP - if it isn't improving within four to six weeks, get a second opinion!

Often the first treatment



someone will receive when they go to the Doctor is a steroid injection to help with the pain.

NOTE - this is pain relief NOT treatment.

Treatment fixes the problem, pain relief just makes you more comfortable with the problem.

This latest study comparing physiotherapy, cortical steroid injections and 'wait and see' shows some interesting results:

Six months after injury the steroid injections come out better - this is about how long the pain relief effects last so they should do better as these patients are pain free (not treated, just not in pain!). However, these patients had the highest recurrence rates. Again, not a surprise - the pain relief wore off so they went back for more, original problem NOT treated.

Unsurprisingly (in my, obviously completely biased opinion!) physiotherapy had the best outcomes - patients needed less medication, needed less Doctor time and had almost no recurrence. Why? Because the actual problem was treated not just covered up with pain relief.

Pain relief is an amazing thing - it allows us to carry on and work around problems. But it is NOT a treatment.

Repeated research has shown that while the initial pain relief can be significant, prolonged and repeated use of steroid injections starts to break down the tendons within the joint, like a fraying rope. Which inevitably leads to more pain and more problems.

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For more information on how to increase the neural control of your knee check out our website www.TheBodyworksClinic.com, our Facebook page The Bodyworks Clinic or call us on 952 883 151.

Nora Johnson Breaking Views

Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

A TREND unforeseen, even by hard-bitten crime fiction detectives, crime novels have beaten general fiction for the first time since book charts were compiled. Anxious about volatility in the real world, readers now seek reassurance in stories where baddies get their just desserts.

Thriller writer David Baldacci said readers turned to his crime novels to see the good guys win: "When times are stressful and it looks like the bad is winning out over the good, along comes the genre of crime novels to put the balance back in life. People inherently don't like folks who do bad to get away with it. In real life they do all the time, because of a variety of factors. But in novels, evil's punished, and the good guys mostly win, after solving the puzzle."

The Girl in the Woods, the latest in my own psychological crime thriller series featuring investigative journalist Alice Myers, traces the increasing trauma of the Walker family who fall apart when their 17-year-old daughter, Kezia, fails to return home from a night out. As the hours pass and the police investigation builds, this just-published novel puts every parent's worst nightmare scenario under the microscope.



Myers, The Girl in the Woods depicts the unimaginable pressures faced by the Walker family when their 17-year-old daughter goes missing after a night out. As the hours pass and the police inquiry builds, it explores every parent's worst nightmare.

Alice

nalist

A teenager vanishes in woodland. Parents torn apart by secrets, guilt and jealousy. Barbara Forster, the complex DI heading the enquiry, faces a race against time, following a treacherous path that leads all the way to a dark and explosive climax.

An action-packed thriller on several levels, the stories unfold, adding an unexpected triple twist at the end. Tense and gripping throughout, The Girl in the Woods is highly recommended.

Readers turning to crime (ERR, crime novels!)

part examination of the effects of the pressures on her parents, friends and acquaintances. When the police are called in, it soon becomes apparent she had secrets of her own and, as the investigation continues, suspicion shifts from one parent, friend and acquaintance to another. Inevitably tension rises and tempers fray as Kezia's parents have different ideas how

to proceed. Her father becomes obsessed with pursuing his own investigation while her mother bottles up her emotions, trying to keep her family together and marriage intact.

Focusing on the disappearance of an ap-

parently captivating teenager, what follows is

part whodunit, part police-procedural and

The very real anguish of a family torn apart by secrets, guilt and jealousy, as the gradually building nightmare gathers steam, keeps you guessing right up to the explosive triple-twist climax.

Nora Johnson's thrillers 'The Girl in the Red Dress' 'No Way Back' 'Landscape of Lies', 'Retribution', 'Soul Stealer', 'The De Clerambault Code' (www.nora-johnson.net) Amazon ($\in 0.99$) and iBookstore. All profits to Costa del Sol Cudeca cancer charity.

columnists@euroweeklynews.com

LEGALLY SPEAKING

Yet still more on wealth tax

I read your comments on wealth tax with 0. interest as I have an apartment in Los Boliches and have been paying wealth tax on this for the last 35 years. I am non-resident as I live in England. I would appreciate your thoughts.

CG (Costa del Sol)

Spain's tax on capital assets, the so-called 'wealth tax' (Impuesto sobre el



Patrimonio) was passed into law in 1977 by the new government of Spain after Franco died. Spaniards and residents had exemptions on the value of their principal residence and on the first portion of any other assets. Non-residents however had no exemptions and had to pay from the first peseta of valuation.

The tax is quite low, starting at .002, or two-10ths of 1 per cent. If your flat was worth $\in 100,000$, your annual wealth tax would be \in 200. From 2008 to 2010, the government passed tax relief of 100 per cent, so no one had to pay.

In 2011 the tax relief was cancelled. Since 2016, non-resident property owners share in the resident exemption on the first €700,000 of value, so you should not be paying it any more.

Send your questions for David Searl through lawyers Ubeda-Retana and Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

A truly memorable Marbella Moment



WHILST recording the last part of this week's Marbella Now TV show at the new Petit Sea Grill tapas lounge in the Hotel Puente Romano my wonderful Finnish intern Jere Johansson passed me my phone whilst saying "Not that I'm looking, but I think you have drama going on."

I took the phone and saw the message visible on the locked screen. It was from my daughter 'mum, my waters broke.' True drama!

We hadn't quite finished recording for the day so whilst excitedly grabbing my things I randomly appointed Marisa Moreno, the Danish Consul to Andalucia, (also a guest on the show in her quality as lawyer to answer your legal questions) to take over for me and I was off.

As it turned out whilst running to the car and calling my daughter there was plenty of time to get to the hospital and so, upon her insistence, I returned to the Petit Sea Grill to find



Proud parents James and Ashley present baby Lake Maisie King-Wheeler.

Puente Romano boss Sergio Sanchez quite happily finishing his explanation of the sushi preparation and everyone just 'getting on with it.'

Poetry in motion and such a display of #BetterTogether! We then sat down to lunch with the delicious dishes prepared for us at the table and an exotic selection of 'virgin' cocktails (who needs alcohol when high on excitement?).

Looking back I have to say I'm really glad I had gone back as my granddaughter didn't come into the world until 8.02pm the following day and food was the last thing on my mind until I knew that both my babies were safe.

The wait and fear of the unknown were exhausting. How would my little girl get through this? Infinite worries ran through my mind even though I had only heard good things about giving birth in the Costa del Sol hospital; this was so out of my control!

My baby was about to go through a major 'something' and for the first time I wasn't even going to be there with her. Joy replaced nerves the moment my beautiful baby girl gave birth to her very own beautiful baby girl on Wednesday July 11 and it hadn't been nearly as bad as she, or I, had feared. Once she decided to have the epidural her face went from the look of a terrified deer to a happy youngster coming home after a party: excited but tired.

Things continued to go smoothly for the 11 hours of labour and the medical staff was not only attentive throughout, but helpful and kind. I can only be forever grateful. I have to say the baby's daddy also did an amazing job and for that I'm also proud and grateful and as for my daughter, well, equally as amazing as always and undoubtedly the best mum in the world!

Having my own children was and has been the best thing that ever happened to me and Marbella has always been my happy place with so many happy memories that I love to relive them as I go about my day to day.

The birth of my granddaughter however has undoubtedly surpassed them all and turned this memory into the very best Marbella Moment ever!



SOCIAL CENE Update on food, drink, entertainments, what's on and weekly happenings

EWN 81 TO READ MORE VISIT WWW.EUROWEEKLYNEWS.COM

Everybody loves a good SUPPA at La Sala!

SUMMER in Marbella is in full swing and so is La Sala's most talked about event known as SUPPA.

It's a fun-filled evening of food, drink and dance with the hippest crowd and freshest Hip Hop, RnB and House vibes in town.

The first event took place in April. with Puerto Banus bouncing to the sounds of DJ Sai and Scotty Strutt who had the the entire Live Lounge on their feet.

Then in May, the second instalment witnessed a takeover of the entire Main Bar and Restaurant, with Essex born, world renowned DI and favourite amongst celebrities, Colin Francis taking centre stage.

Colin has performed for the likes of Pharrell Williams, P Diddy and Trey Songz and has three No 1 albums in the UK. Love Island star, Olivia Attwood, and Towie star, Clelia Theodorou, were spotted on the dance floor, grooving until the early hours.

Thanks to the exceptional response

to both of these super SUPPA nights, a third and final date has been confirmed for Thursday August 23 when Colin Francis will return to take control of the decks once again ensuring that Banus will enjoy the ultimate party atmosphere!

Colin has a BA (HONS) Degree in Economics and Politics so understands the mechanics of the music industry but while studying for his degree, he was also working in promotions and mar-

keting at RCA/BMG record company for free just to gain experience within the industry

During the holidays he has helped various local community/youth centres by teaching boys and girls how to DJ and is a role model for many.

This is likely to be a very busy event so get in early to book your table for SUPPA, by emailing reser vations@LaSalaBanus.com or call 952 814 145



La Sala Banus for super SUPPA.



Flavoursome lamb



Eat Well to Live Well

by Andrew Harding

I THOUGHT I would talk about vitamins and minerals over the next few weeks, why we need them and what they actually do. There are 13 vitamins that are essential to maintain health in humans: Vitamins A, C, D, E, K and the B vitamins: Thiamine (B1), riboflavin (B2), niacin (B3), pantothenic acid (B5), pyroxidine (B6), biotin (B7), folate (B9) and cobalamin (B12). The four fat-soluble vitamins-A, D, E, and K-are stored in the body's fatty tissues, which is why some fat in the diet is necessary.

Vitamin A, also known as retinol, has several important functions. These include ensuring the immune system works properly, helping vision in dim light and keeping skin and the lining of some parts of the body, such as the nose, healthy. Foods that contain vitamin A include dairy products, eggs, oily fish, liver and liver pate.

The body can synthesise Vitamin A from a compound called beta-carotene which is found in non-fatty foods such as yellow, red and green (leafy) vegetables, such as spinach, carrots, sweet potatoes and red peppers and yellow fruit, such as mango, papaya and apricots.

Vitamin A is toxic in large quantities and pregnant women should avoid pate due to



SUNDAY BEST: Rack of lamb with garlic and herb crust.

possible harm to the unborn baby. Here is a recipe that will provide plenty of vitamin A and flavour:

Roasted Vegetables

- Serves 4 - 4 whole carrots, sliced
- 6 tablespoons olive oil
- 1 large red onion, quartered
- 6 whole garlic cloves, peeled
- 2 whole green peppers
- 2 small cauliflower florets
- 2 whole leeks sliced
- 7 large mushroom caps, sliced
- 2 small broccoli florets

Put carrots and olive oil into an oven proof dish, coat carrots with oil and cover with foil or lid.

Place in oven pre-heated to 180 Celsius (fan) 200 Celsius (conventional) for 10 minutes.

Add cauliflower, onions and stir to coat with oil. Cover again and put back in oven for 5 minutes.

Add leeks, garlic, green pepper, mushrooms and broccoli stir again to coat with oil and cover bake for 20 more minutes. Serve

• Rack of Lamb with a Garlic and Herb Crust

Serves 4

- 4 racks of lamb

- 2 tablespoons Dijon mustard

- 6 whole garlic cloves, skinned and chopped

- 2 cups bread crumbs

- 2 teaspoons dried parsley

- 2 teaspoons dried tarragon
- 2 teaspoons dried sage
- salt and pepper, to taste

Make sure the lamb has all the fat removed. Coat in a mixture of garlic and dijon mustard.

Mix the herbs and salt and pepper with the breadcrumbs and sprinkle over the mustard coating on the lamb, where they should stick.

Place in a preheated oven at 200 Celsius (fan) 220 Celsius (conventional) for 1/2 hour (very rare) 3/4 hour (medium) 1 hour (well done). Serve.



They're creepy and they're kooky

IN the world of the Addams Family, being sad is being happy but audiences will love The Addams Family, the Musical.

However, this peculiar family is about to face one of the most frightening (and most common) nightmares of every parent as their children get older.

For hundreds of years, Gómez and Morticia have tried to preserve the authentic Addams values, as special as they are unique, but as much as they wish to continue living in that harmony, something unexpected has happened.

Their macabre and beloved daughter, Wednesday, has fallen in love with Lucas Beineke, a sweet, affectionate and intelligent boy from a



THE CAST of The Addams Family Musical on stage.

normal and respectable Ohio family.

The parents don't approve of the couple, but to make things worse, Wednesday has invited the Beinekes to dinner.

The musical highlights a single, disastrous, fateful and hilarious night, in the Ad-

Family Musical on stage. dams' house, when the family as a whole, ancestors included, will have to face the only thing that frightens them, change.

The show, which brings the characters created by the illustrator Charles Addams to the Teatro Cervantes in Malaga



City is directed by Esteve Ferrer and produced by the Lets-Go Company with the special effects that they are known for.

Originally a TV programme, the family made the leap to the big screen in 1991 and since then there have been various sequels and now the musical.

Apart from a stellar cast, music and dance, as well as special effects, this production includes the pioneering Stage-Access system so that people with hearing or visual disabilities can enjoy the show.

Tickets for the musical which runs until Sunday August 5 are priced according to position in the theatre and date chosen and may be purchased online from Teatro Cervantes.









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Music festival in full swing

MUSICIANS from across the world are set to continue arriving in Fuengirola for the town's annual music festival taking place by Sohail Castle.

The 'Festival of the City' concert series, now in its 23rd year started with a performance from the British classical pianist James Rhodes who is currently on the road as part of his Fire on all Sides tour.

It is set to continue until August 16 when Puerto Rican singer Ricky Martin is due to close the show.

Rodrigo Romero, Fuengirola Council's culture and tourism spokesperson, said there would be a variety of performers featured including rock stalwart Carlos Santana.

The programme of shows is scheduled all the way through July and into August. There is currently expected to be at least one a week, either at the weekend or on week nights depending on the programme.

Madrid Indie band Vetusta Morla are due to appear this coming Saturday and they will



ON STAGE: The festival runs until August 16.

be followed by a number of Spanish acts until the rock hits the castle.

Carlos Santana is due to rock audiences on Thursday August 9. His show is set to be one of the last of the series, with the final gig followed by Ricky Martin on Thursday August 16.

Cllr Romero was delighted that the festival had had need

Food

rengirol

of a number of staff and so apart from promoting the town, it had also helped to get locals into work.

"We do not allow an event in the city that does not have a positive impact on the job situation in Fuengirola," he said.

"That is one of the basic pillars in our decision making. Although as a council we do not have competencies in terms of employment that does not mean we can't give job seekers a chance with this event," he added.

He couldn't confirm now how many extra workers were needed for the festival as it depended upon the expected size of the audiences.

For information and tickets visit: *www.marenostrum castlepark.com*.

NEW RESTAURANT OPENED IN FUENGIROLA

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Paseo Marítimo Rey de España, 76, 29640 Fuengirola *€13.60 applicable Mon - Fri 13:00 - 16:00 | We are open summer time 13:30 - 16:00 | 19:00 - 23:30

Advertising Feature

THOSE who enjoy wine know that some of the finest Spanish wines come from the Rioja region.

History tells us that in the Middle Ages, Mediterranean wine culture was closely linked to the monastic life and their major promoters were the monks.

The Rioja area is no exception and there is a great deal of local pride in the fact that Gonzalo de Berceo, the first poet who wrote in the Romance language, mentioned wine in the verses he wrote from his retreat in the Suso Monastery in San Millán de la Cogolla.

The first document to make reference to protecting and ensuring the quality of Rioja wines dates from 1650, but even earlier, in 1102, King Sancho of Navarra legally recognised the quality and importance of these prestigious wines.

The Royal Economic Society Rioja Grower was created in 1787 with the aim of promoting the cultivation of vines, wine production and trade development.



The exquisite aroma and taste of Rioja wine.

By the early 20th century, in 1902, a Royal Decree was issued which defined the 'origin' for application to the wines of Rioja. Then 1926 saw the creation of the Control Board whose mission was to identify the area of Rioja, control the issuance of the 'seal of guarantee' and recommend when appropriate, legal action be taken against infringers and counterfeiters of the name 'Rioja.' It wasn't however until 1945

that the agency was given a legal

status.

Finally, the Control Board was constituted in 1953, and thus began to lay the foundations for a modern and efficient performance by the growers.

Highly important in the e v o l u t i o n which led to the present Rioja wine is the approval in 1970 of the Rules of the

Appellation of Origin and its Regulatory Board. In the same year the agency acquired a well-defined structure and clear functions described as 'The defence of the Denomination of Origin, implementation, monitoring and promoting the quality of the wines covered were mandated, first, the Control Board.'

After several amendments to the Regulation Governing the Control Board, which have been adapted to the needs raised in recent years, quality control systems have been perfected and there has been an enhancement of the promotion of the brand.

Following a long process in which the Denomination of Origin 'Rioja' always concentrated on the quality and control at source, this effort received recognition as on April 3, 1991 a Ministerial Order granted the status of Qualified Denomination of Origin to 'Rioja' which was the first and only in Spain to receive this recognition.

To find out more about the range of Rioja wines, visit https://saberquieneres.riojawine.com.



Classical music plus with a twist

OFTEN pictured with wild hair and wearing what looks like a 19th century military jacket, Ara Malikian certainly doesn't look like your typical virtuoso classical violinist.

This prolific Lebanese/Span-

ish musician has released 26 solo albums during his career, the bulk of which are classical in style, but particularly in recent years he assimilated influences from flamenco to traditional Jewish music and from rock to

tango to create his own sound and style.

Last year, he amazed the audience when he supported Sting in Fuengirola and he is currently on tour with a band that boasts drums, guitar, viola, cello, double bass and Indian percussion.

Tickets for one of the late summer concerts at the Auditorio Municipal Cortijo de Torres, Malaga on September 29 are now on sale ranging from \in 33 to \in 55.

DO YOU HAVE ANY IMPORTANT EVENT LISTING TO SHARE?

Send your information to whatson@euroweeklynews.com



There's always someone new

THERE is a great deal going on at JoysLive, the ever popular night club in Puerto Banus that offers great sounds each and every night. Ivanildo Kembel

returns to Marbella from Holland via a stint on TV in Germany where he was a contestant on the German equivalent of

Pop Idol and his musical style will fit in well with those who enjoy the music at JoysLive.

Having recorded a number of albums as a member of different bands and also in his own right, Ivanildo not only writes a great number of his own songs, he also performs some of the funkiest tunes such as Uptown Funk and Happy. He has quite a long stint The very talented Ivanildo Kembel in performance.

for this visit to Joys-Live, as he will appear on most nights from Tuesday August 2 until Sunday August 19 inclusive. JoysLive is open for drinks during the day and

then as the evening draws on, some of the best local musicians and singers including club regular Paul Mr Piano Maxwel arrive to entertain until the 'wee small hours' and with all of this talent on tap, there is no entrance fee.

Find out more about the night club on the front line of Puerto Banus and the entertainment by visiting *www.joyslive.com*.

Sting and Shaggy

IF you want to see a pair of true legends on stage there might just be a few tickets left for the Sting and Shaggy concert at Starlite tonight (Thursday).

Although the Police did incorporate an element of reggae sound into many of their numbers, this may at first sight seem to be an unusual cooperation but as can be heard on their album 44/876, musically it actually works quite well.

All 12 numbers from the album were co-written by the pair and these will form the basis of their concert which starts at 10.30pm, although doors open at 8.30pm tonight.

Former teacher and now multi-millionaire Gordon Sumner (Sting) must look back to his early days (with some humour) with the Police who used to play old blues and rock in bars around the UK before becoming international stars. Orville Burrell (Shaggy) was born in Jamaica but took a detour into the American Army before deciding to leave (after being reduced in rank twice) to follow his career as a singer and his first big hit was Oh Carolina in 1993.

Now both are international stars in their own right and promise a great performance, if you can get tickets in time.





RICKY LAVAZZA, a singer with a large following of fans along the Costa del Sol is going to provide an evening of real entertainment when he pays his annual tribute to Elvis.

He has been a fan of the King for as long as he can remember and entered the GMTV Nationwide Search for Elvis competition whilst still an

Tonight Matthew, Ricky is Elvis

amateur in 1991, making the last 10 before the title went to a full time tribute artist.

Alongside wife Joanne, he travelled to Gracelands on the 35th anniversary of the death of Elvis, performed at the invitation of the UK Fan Club in Memphis and is a regular star turn at the annual Elvis week in Benidorm

Ricky is not an Elvis impersonator but enjoys performing a whole range

of music by different stars of the past and present but he is now planning this special performance to take place at the Moonlight Cabaret Lounge in Benalmadena on Thursday August 16 to present his tribute to the King on the 41th anniversary of his death.

Ricky will be dusting off his Elvis jumpsuit as he gets ready to run through the entire Elvis songbook backed by fellow Welsh singers, the female duo of Mills and Boone. Tickets are €15 from Sunset Beach Hotel Leisure Desk, online at www.lavaproduction.rocks or on 695 887 366.

Great Italian opera

ALTHOUGH the Felipe VI Auditorium doesn't have any presentations during the hottest summer months it is taking bookings for September.

Apart from a single presentation of Peter Pan the Musical on July 28, its next show to appeal to expatriate audiences will be O Sole Mio which is a tribute to the great songs of Italian opera on September 28.

Soloists from the Teatro Lirico Andaluz who appear regularly in Granada, Malaga and Sevilla will present songs originally made famous by the likes of Gigli, Caruso, Pavarotti and Plácido Domingo

Tickets start from €16.



TWO Afro Americans and two White Americans put together a soul band and a huge hit with the instrumental number Green Onions.

It was an early example of racial harmony in music and Booker T and the MGs went on to become the house band for the Stax label where they backed artists such as Sam and Dave and Otis Redding.

It was also the start of a career for guitarist Steve Cropper which has now lasted for more than 55 years and in that time, he has played with some



The Original Blues Brothers Band.

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When the Blues Brothers movie starring John Belushi and Dan Akroyd went into production, he was the natural selection as a member of the Blues Brothers Band and he appeared in the follow-up as well as performing with the Blues Brothers Band live.

Now, the musician who has

been named as one of the 50 greatest guitarists of all times by Rolling Stone is due to appear with the still gigging Blues Brothers Band this August in Torremolinos.

This is to be a three-handed concert to be held at the Torremolinos Bull Ring on Tuesday August 7 starting at 9.45pm with tickets costing from $\in 25$ to €55 via www.costadeldis co.com.





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Palm honey is worth a gold medal

LETTERS FROM CANARIES

Bv Barbara Belt barbarabelt@gmail.com

SINCE my last missive, we've sung, dressed up, danced traditional dances, eaten and drank too much, and generally enjoyed Canaries Day, as we do every May 30.

It's a celebration of all things Canarian, marking the Canary Island parliament's first session, which was on May 30, 1983, since which time the islands have constituted one of Spain's autonomous regions.

The then Provisional Parliament had to choose a date for Dia de Canarias which: 'Has a historical, but at the same time contemporary, significance, with a future focus (!).' This, understandably, created lots of argument and near fracas for the fledgling parliament. Commemorating the date of the first Canarian Parliament then saved the day. Politicians like a bit of immortality.

Dia de Canarias has become an institution, featuring national dress that's rocketed in popularity over the last 35 years, with each island boasting its own. There are romerias, fiestas, sporting events, concerts, school parties as well as performances of Canarian legends and history.

To mark the date, worthy Canarians are award-



INSTITUTION: Canaries Day celebrations.

ed the Canarian Gold Medal. The list of winners is long and dignified, but let's skip to the 'Los Guaraperos de La Gomera, for keeping alive a 500-year-old tradition' award.

These guaraperos (palm sap tappers) climb tall, swaying palms to work with sharp tools at the top. It's risky. The award, sadly, comes too late for father-of-three Jesus, a leading guarapero who was found dead under a palm tree in March.

"On the islands, the indigenous population made honey from palm trees. This liquid looks like cloudy lemon water and has a very agreeable flavour. When concentrated by boiling, it produces a syrup known as miel de palma (palm honey) used in the confection of desserts and sweets," said A J Benitez in Historia de las Islas Canarias.

When the Spanish arrived in the 15th century, the native populations of all seven islands were tapping guarapo and drinking it, or boiling it down to make palm honey, and had done so for millennia. Since then, the practice has disappeared everywhere but La Gomera.

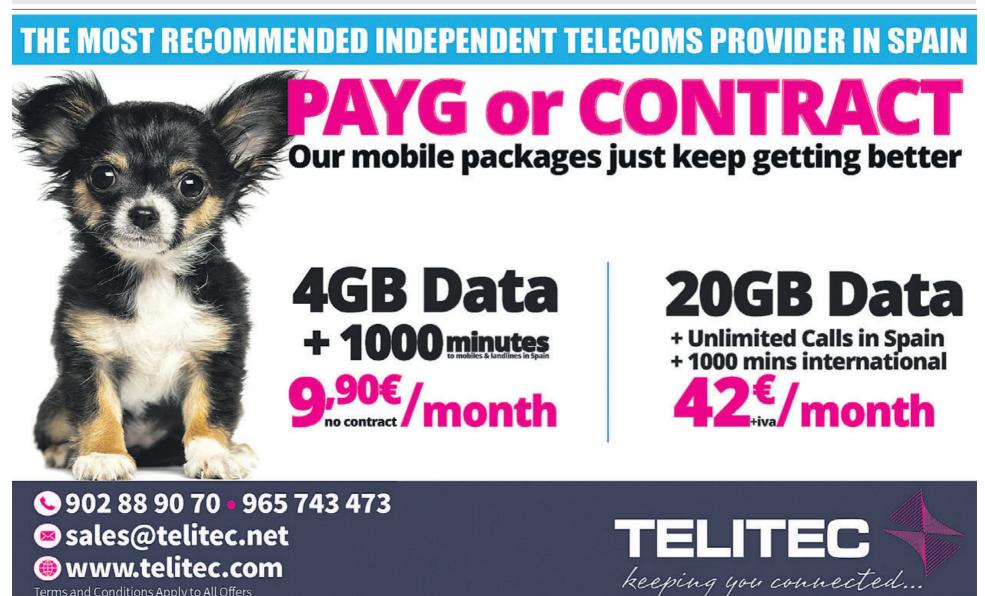
The guarapero climbs to the top to clean off greenery and expose the crown. He uses a chisel to gradually form a hollow there, inserting a hori-



GUARAPEROS: The palm sap tradition lives on.

zontal length of cane to drain the guarapo off into a bucket suspended below. Early next morning, it's collected and filtered. Once a palm's been tapped, the delicate, exposed area needs protecting from sunlight. New fronds quickly sprout. The palm mustn't be tapped again for three or four years. The guarapero's work is sustainable. Palms aren't harmed.

Today, guarapo is poured into stainless steel cauldrons, slowly cooked for several hours and gradually becomes thicker, darker and sweeter. When a thin, continuous string of boiled guarapo falls from a spoon, it's miel de palma and is left to cool before bottling for sale. Try some if you can get it. It's delicious! Congratulations to all Canarian Gold Medal winners, especially Los Guaraperos de La Gomera. Rest in peace Jesus.



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Advertising Feature

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Although their showroom is situated in Abanilla, on the border between Murcia and Alicante provinces, they actually supply to the whole of Alicante, Almeria, Costa Blanca and Murcia and can also install or supply ready for the customer to construct.

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Whilst they do hold stock of ready to erect items, the company also offers a design to order service. If you can't get to their showroom, the best way to get in touch is to send an email with all your requirements, size you need. They can then send you their recommendations on how best to meet your needs together with a quote, although a lot of information including some pricing is included on their very detailed website www.wood



Normal trading hours are 8am to 4.30pm Monday to Friday at Woodworks Direct SLU, Casas de los Frailes, 11, Cañada Del Leña (los Gabrieles), Abanilla 30640, Murcia.

However, if an email is received after hours or at the weekend, as often as not a response will be sent within a matter of hours. To contact Woodworks Direct SLU, email: info@woodworksdirect.com or call 966 195 522 or 649 540 016 and don't forget that as well as their great website, the also have a busy Facebook page WoodWorksDirect.

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GRAEME TYRRELL

MOST gardeners and chefs are aware of the importance of herbs for flavouring and spicing-up meals to give a taste that is both exotic and interesting.

Herbs also give a bundle of nutrients that most vegetables do not provide.

Garnishing and seasoning adds a touch of class to even simple meals but having fresh herbs is always a challenge unless you have space and time for a herb garden.

It is a bother to have to find time to go to markets and find out that the not so fresh herbs wilt even more by the time they are taken home and added to the meal. The easier thing is to add dried herbs, but these are never as good as freshly picked herbs.

The easiest way to have fresh herbs is to have a window or planter box as near to the kitchen as possible and grow the herbs there

A simple tray with the herbs in pots in a place with plenty of light can allow you have fresh

herbs right in your kitchen. Even if you do not have green fingers you can have the advantages of fresh herbs by buying ready-grown plants and just pick the leaves you need as they keep growing. When the plant cannot produce sufficient for your needs, or has passed its time, just buy another.

The herbs in pots are generally not expensive in comparison to buying bunches of fresh picked leaves that deteriorate so quickly after you buy them.

It is better in general to buy the growing plant and use it fresh to add vitality to the meal. If you have used fresh herbs direct from plants you will know the difference.

I prefer to harvest herbs just when they are to be added to a meal so having them growing nearby is important.

If you have time, space and interest you can grow many from seed in a very small area and save yourself the need to buy the plants. There is a a lot of satisfaction in growing your own if you can.

The best herbs to grow are of course the ones that you would

use the most and that will grow in small containers. Some herbs, such as lemongrass, are too big for small containers but are fine for large containers.

The most suitable herbs for small containers in a Mediter-

ranean zone include basil, chives, thyme, lemon balm. oregano, parsley, various mints, coriander (Cilantro), rosemary, sage, tarragon, stevia, camomile, dill, fennel, lemon verbena and marjoram.

If you buy the plants, the pot they come in is often sufficient to last a couple of months. If still growing strong after this time, it is a good idea to repot them into a larger container to give them space to grow.







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Nick Horne The Rich Pick

Freelance correspondent, London, England

SOTHEBY'S the auction house has just sold my childhood memory. Actually they have not, they have however auctioned a series of inspired drawings by the illustrator EH Shepard at their recent sale, the 'English Literature, History, Science, Children's books and illustrations.'

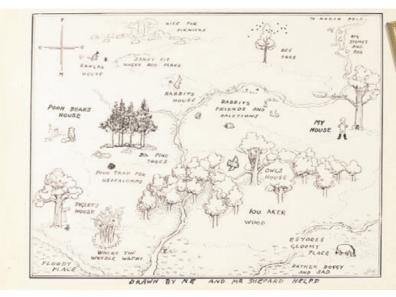
Sketches drawn for AA Milne's story of the Hundred Acre Wood 'The House at Pooh Corner.' The history of Winnie the Pooh and his friends, Eeyore, Piglet, Roo and Tigger.

My imagination was fired at once by the Map of the Hundred Acre Wood, happy memories of childhood spent in imagination walking through the wood. Then in the late 1960's the Disney movie arrived 'Winnie the Pooh and the Honey Tree.' The map was animated and brought to life by Disney's artists so as to magically transport us to the wood itself. I was much older by then but affection is difficult to leave behind.

Someone out there agrees with me! He or she has bought arguably the most famous map in English literature for the princely sum of £430,000. Unseen by the public in the original for at least 50 years this 1926 sketch was expected to fetch £100,000 to £150,000, however the buyer was clearly determined.

A further four sketches by EH Shepard were also auctioned, among them the illustration showing Christopher Robin and Pooh walking hand in hand 'to an enchanted place on the very

Choose friendship and childhood imagination



HONEY POT LUCK: The map and other sketches fetched hundreds of thousands.

top of the forest' to make their final goodbye. An emotional farewell which is closed by AA Milne with, 'whereever they go, and whatever happens to them on the way in that enchanted place at the top of the Forest, a little boy and his bear will always be playing.'

Two of the sketches illustrated that most famous of games, Poohsticks at Poohsticks Bridge, one comic image that of Eeyore floating lugubriously by from beneath the Bridge. nal sketch of the five auctioned may be a description of friendships; it depicts Christopher Robin, Piglet and Pooh leaning over Poohsticks bridge. The five original illustrations were sold for £917,500 (€1,038,260).

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being looked after ...

I cannot say enough good things about this website ... Lamia and I spoke on the phone as soon as I signed up and she was so helpful. I instantly felt like I was being looked after and that I'm valued as a house-sitting member. Lamia is not only professional but friendly, and takes a genuine interest in you as a house-sitter.I'm very excited about my next booking. I have just returned from one week of dog sitting and it was so much fun. I am still smiling from all the lovely memories. I live on my own and the companionship of pets when their owners go on holiday is a brilliant idea!

Sonya Piggot - House-sitter How we work.

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OBESITY is not just a problem in people; pets are packing on the pounds too! A recent report from the National Academy of Science shows that one in four pets is overweight or obese. This problem can no longer be ignored!

How much does a fat pet weigh?

Putting your pet on the scale is not the best way to evaluate if the pet is overweight. There is a tremendous amount of individual variation in an animal's ideal weight. It is better to look at the appearance of each animal rather than at a weight that this breed or type of animal 'should' be. Looking at the animal's body condition is the best way to judge where your pet falls on the obesity spectrum.

You should be able to feel your pet's ribs easily without pressing, but you should not be able to see the ribs through the coat. There should be a 'tuck in' in the abdominal area. Your pet's torso, viewed from above, should resemble an hour glass. You can conduct these quick checks, but since it's hard for owners to be objective, it's best to seek your vet's advice. An overweight pet is not a healthy pet. Owners need to recognise they are putting their pet's health at risk by allowing that extra weight. Obesity commonly leads to diabetes, heart problems and arthritis. An overweight pet does not age well.

Overweight pets are more prone to hip dysplasia, back and joint pain, and endocrine diseases. Extra weight also decreases a veterinarian's ability to manage these conditions both medically and surgically.

Healthy weight

Keeping Fluffy at a healthy weight can add years to her life. The answer is the same for pets as well as people: too many calories and not enough exercise. The most common reason for overfeeding is that owners want to show their pet they care and give treats. One extra treat can turn into five and then 10. Be aware how much you are feeding your pets.



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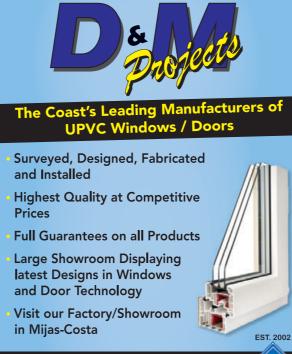
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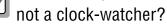
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Underground, overground ... Fiesta ready for a challenge

THE performance prowess of the new Ford Fiesta ST is demonstrated by a new film that features an amazing driving location - 400 metres below ground in one of Europe's largest salt mines.

Shot at a secret location with World Rally Championship driver Elfyn Evans at the wheel, the Fiesta ST is seen slipping, sliding and jumping in the dirt. The sound of the 200PS 1.5-litre EcoBoost engine is amplified by its surroundings as it tackles a high-speed drop through the narrow, entrance tunnel.

"The salt is actually like fine gravel to drive on, quite slippery to be honest, especially on road tyres," said Evans. "You expect it to be claustrophobic but actually it's quite the opposite, a great place to really enjoy the new Fiesta ST."

A series of stern tests have taken place in some of the most stunning environments across the continent - from the Arctic Circle in Norway, to the sunny climes of Mallorca. Until now, all the locations have been above ground.

Ford chose the secret salt mine location for a new TV advert that sees the car put through its paces within the mine's 60-kilometre network of tunnels, where temperatures are a constant 16°C and safety precautions required that a skeleton crew was used for the three-day shoot amid strict safety precautions.

"The drama of the tunnels and the chance to show off Fiesta ST's ability on a different type of surface were a big part of choosing this unique location," said Leo Roeks, Ford Performance director. "It wasn't a typical race track, it was somewhere we could drive this great car to its full potential."

Robot car technology improved

AN autonomous car has used artificial intelligence to improve its driving skills within 20 minutes.

The team at Wavve showed how a Renault fitted with the technology used trial and error to correctly follow a lane, without the use of sensors and engineered rules as other self-driving cars work.

Wayve co-Founder and chief executive Amar Shah said: "The missing piece of the selfdriving puzzle is intelligent algorithms."

Five-star blaze

A MINIVAN pulled away from a petrol station in St Louis, Missouri with the fuel hose still attached. The result was an enormous spray of petrol which ignited and turned a nearby blue Lamborghini Huracan's hotrunning V10 engine into a fireball.





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FRANCE won the Fifa World Cup for the second time after beating Croatia 4-2 in a thrilling final in Moscow.

A Mario Mandzukic own goal from a free kick (18 mins) got France on the board, but Ivan Perisic replied 10 minutes later with a well-taken left foot strike into the corner.

Croatia then felt they were on the wrong end of another controversial VAR decision, shortly before half time.

Referee Nestor Pitana contentiously awarded a spot-kick for a handball by Perisic, after consulting pitch-side replays, which Griezmann calmly converted.

In a high-octane second half, France drove the dagger deeper with two crisp strikes in six minutes from Paul Pogba and Kylian Mbappe, either side of the hour mark.

Croatia, however, showed the spirit that got them into the final, refusing to give up



VIVE LA FRANCE: The French team celebrates a deserved World Cup triumph.

Oui are the champions France win second World Cup crown

and even clawing a goal back when Mandzukic pounced on a poor error from France goalkeeper Hugo Lloris. But France saw out the win to make manager Didier Descamps only the third person to lift the trophy as a

player and manager, following Mario Zagallo and Franz Beckenbauer. Meanwhile, England's campaign in Russia ended with a 2-0 defeat by Belgium that meant the Three Lions finished in fourth place.

Thomas Meunier put Belgium ahead after just four minutes when he slid in ahead of Danny Rose to divert Nacer Chadli's cross past goalkeeper Jordan Pickford.

England had chances to level in the second half as Toby Alderweireld cleared off the line from Eric Dier, while Harry Maguire also headed wide from a good position.

Eden Hazard wrapped it up for Belgium with eight minutes left when he got the better of Phil Jones to drive past Pickford, who had just saved smartly from Meunier.

In some ways it was a game neither side really wanted, but to finish the tournament in fourth place is a proud achievement for Gareth Southgate's young side.

Golden boy

ENGLAND captain Harry Kane won the Golden Boot after finishing as the World Cup's top scorer with six goals.

Croatia's midfield maestro Luka Modric took home the Golden Ball, a deserving award as player of the tournament. Kane is the second Englishman to end as the top scorer in a World Cup after Gary Lineker scored six goals in 1986.

He had 14 shots in the tournament and scored with all six of his shots on target.



CAPTAIN FANTASTIC: Kane will only get better in an England shirt.

Joshua to square up to Povetkin

BRITAIN'S Anthony Joshua will defend his world heavyweight titles against Russian Alexander Povetkin at Wembley Stadium on September 22.

The 28-year-old unified the WBA, IBF and WBO world heavyweight belts with a unanimous points win over New Zealander Joseph Parker in Cardiff in March.

Unbeaten in 21 professional fights, he now faces 38-year-old Povetkin, the WBA champion from 2011-2013.

Povetkin knocked out Liverpudlian David Price on the Joshua-Parker undercard in Cardiff.

The experienced Russian has suffered only one defeat since his professional debut in 2005, losing by unanimous decision to Wladimir Klitschko in Moscow in 2013.

The bout will also be a meeting of two former Olympic champions, Povetkin

PACKING PUNCHES: Joshua is seeking global domination of his sport.

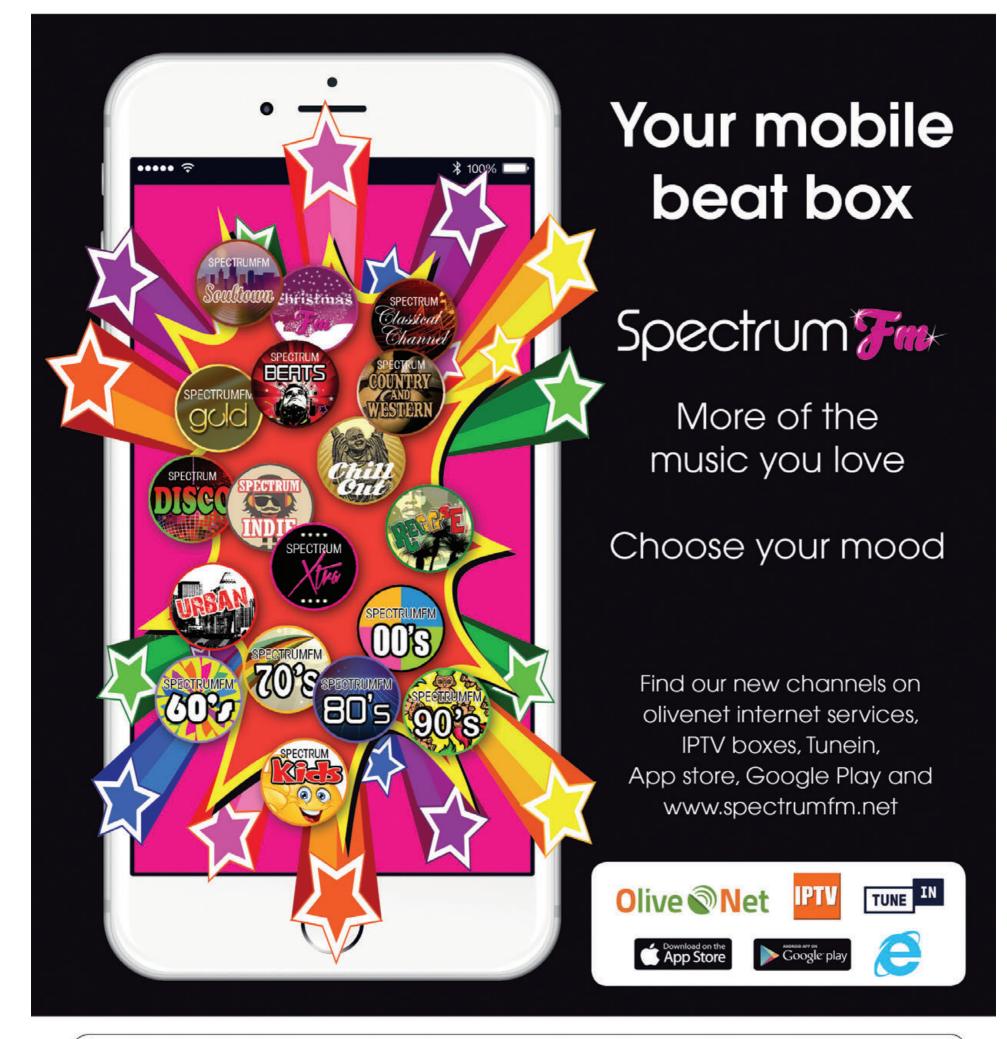
taking super-heavyweight gold at the 2004 Athens Games and Joshua the same title at London 2012.

"I can't wait to get back in the ring, the end of March feels a long time ago now," said Joshua.

"Povetkin has serious pedigree and only a fool would underestimate what he brings to the table."

The Russian was banned in March 2017 after failing a second drug test in a year but was cleared to resume fighting nine months later.

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Athlete mocked

A 16-YEAR-OLD Ethiopian runner has been cruelly ridiculed online by social media users - including a Spanish athlete - who say she looks too old to be competing in an under 20 competition.

Girmawit Gebrzihair won the bronze medal in the 5,000m race at the World Under-20 Championships held in Tampere, Finland.

But Gebrzihair's third place finish led to a backlash in social media from commenters who questioned her listed birth date of November 21, 2001.

However, none of the critics have provided any evidence to prove the birth date is false.

Among those who mocked the athlete online was Oscar Husilloes, a Spanish sprinter who specialises in the 200m and the 400m.

The 24-year-old tweeted a picture of Gebrzihair, adding in Spanish: 'Her children and grandchildren are in the stands to see her run in the World U20 Championships.'

However, his tweet also sparked a backlash, with some slamming the athlete for his lack of respect and defended Gebrzihair.

'You may have doubts about their age, but you could express them with more education,' one Twitter user said.



TWITTER VICTIM: Girmawit Gebrzihair has been subjected to online abuse.

But others made harsh jokes about Gebrzihair's appearance, including one who said: 'That's Benjamin Button's cousin.'

Gebrzihair finished third behind her compatriot Ejgayehu Taye and Kenyan athlete Beatrice Chebet, who took gold in the 5.000m final.



Stone storms to Scots win

of history, Stone's round is the

29th recorded 60 in a European

However, he was still under-

"To stand here as the Scottish

Open champion is really incred-

ible," said Stone, "The attitude

was spectacular all week, my

caddie obviously kept me very

calm and level headed, not only

today but the entire week."

standably elated with his win:

Tour.

SOUTH AFRICAN Brandon Stone broke the Gullane course record with a final round of 60 to win the Scottish Open by four shots.

Stone, 25, almost became the first player ever to score a round of 59 on a European Tour, missing a birdie putt on the 18th.

"The first time I knew I had the opportunity (to score 59) was when I was walking on to the 18th green," he said.

e 18th green," he said. Englishman Eddie Pepperell After missing out on a piece had led for much of the final day, but had to settle for second on 16 under-par.

The 27 year-old from Oxford, was due to be part of BBC Radio 5 Live's pundit coverage of the Open Championship at Carnoustie, but his Scottish Open result means he qualifies to play in the tournament.

"I was looking forward to commentating for a couple of days," said Pepperell.

"But who knows, maybe I can at the weekend," he joked.

Santa Maria Golf

CostaLessGolf Weekly News with Ron Garrood

SANTA MARIA GOLF is considered to be one of the best looked after golf courses on the Costa del Sol. It prides itself in being situated between small valleys of pine trees and cork oaks, and less than 200 metres from one of the best beaches in Marbella.

The first nine holes were designed by Antonio García Garrido and the course soon became one of the favourites for a large number of golfers, many of which decided to become members.

The second nine holes inaugurated in November 1996, were designed by the technical team of the Club. At present, experienced and also beginners, consider it one of the best courses in Marbella.

The course offers players a challenging game in an environment with views to the Mediterranean Sea and forested mountains.

The Clubhouse is an impressive Spanish Cortijo of the 19th century



SPECTACULAR: Santa Maria Golf.

with two floors and is surrounded by extensive gardens.

The Restaurant, Hole 19, is a great place to take a coffee and snack before you play, or at the end of the round of golf you can have a relaxed lunch or dinner in an incomparable setting.

All this and more is possible in the restaurant, Hole 19. Because of this and its unique location, with views to the golf course and mountains, it has not taken long to become popular among members and visitors.

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JOE ROOT'S gritty century laid the foundations for England's series-levelling victory over India in the second one-day international at Lord's. Root made 113 as England won by 86 runs, to take the series to a decider.

SPORT www.euroweeklynews.com

GB sprints home third



GREAT BRITAIN finished third in the inaugural Athletics World Cup at London stadium, thanks in part to a surprise victory in the women's 4x100m relay.

British anchor Shannon Hylton held off Jamaican Tissanna Hickling for the hosts' only win on the second day.

Britons Morgan Lake, Nick Miller, and Adelle Tracey won silvers in the high jump, hammer and

800m respectively.

The United States finished ahead of Poland to top the overall standings, sharing a prize pot of almost €400,000.

US captain, Queen Harrison, said: "It is fantastic to be the first winners of the Platinum trophy. Every other country will have to come and live up to that and try to win it, and we will really want to come back and win it again."

Former world champion Dai Greene, representing Britain for the first time since 2013 after a run of iniuries, came third in the 400m hurdles.

Beth Dobbin marked her international debut with third in the 200m and Neil Gourlev won bronze in the 1 500m

There was confusion before the men's 4x400m relay, when Britain were forced to withdraw due to an injury.



WINNING GRIN: Djokovic is back at the top of the game.





times in the smaller classes before that. Marquez took a major step towards a fourth consecutive world championship with his fifth win of the season, at what is likely to be the finer. nal MotoGP at the Sachsenring before the Nurburgring takes over. The season heads into the summer break with Marquez leading by 46 points in the rider's

ble ninth consecutive German Grand Prix tri-

The Spaniard has now won in the top catego-

ry at Sachsenring for the past six years and three

umph to extend his MotoGP lead.



NINE DINING: Marauez celebrates his ninth consecutive win in Germany.

Marquez extends lead HONDA'S Marc Marquez clinched an incredi-

standings, with the 25-year-old leading Valentino Rossi by nearly a two-race advantage.

Yet just like in Assen it was the Ducati of Jorge Lorenzo who shot out into the lead.

When Lorenzo ran out wide at turn one on lap 12, Marquez elected against rushing through and waited until the end of the lap to line up his fellow Spaniard and slide past at the final cor-

From there Marquez set about pulling away from the rest of the field, and despite a brief fightback from Rossi, he was able to cruise home to take the chequered flag.

Djok and awe Novak serves up Wimbledon glory

NOVAK DJOKOVIC won his first Grand Slam title in more than two years by overcoming Kevin Anderson to claim his fourth Wimbledon championship.

Djokovic, seeded 12th, won 6-2 6-2 7-6 (7-3) on Sunday to win a 13th Slam. his first major since the 2016 French Open.

The Serb, 31, quickly took control to take the opening set in 29 minutes, and broke his South African opponent

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However he did not have it all his own way in the third, and had to survive five set points before dominating the tie-break to seal victory.

"I had many moments of doubt. I didn't know if I could come back to this level to compete," said Diokovic. who also won the Wimbledon title in 2011, 2014 and 2015

"There is no better place to

make a comeback, it's a sacred place for the world of tennis, it's very special."

He is now in outright fourth place on the all-time list of Grand Slam men's singles titles, moving clear of Roy Emerson and closing the gap on Roger Federer (20), Rafael Nadal (17) and Pete Sampras (14).

The former world number one will move back into the top 10 when the latest rankings are released on Monday.

