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ISSUE No. 1725 | 26 July - 1 August 2018 **COSTA BLANCA SOUTH** » YOUR PAPER, YOUR VOICE, YOUR OPINION WWW.EUROWEEKLYNEWS.COM

Horse rescue centre plea

By Dilip Kuner

A PLEA for help has gone out from one of Spain's best known horse rescue centres after a string of events left it €26,000 in debt.

Easy Care Horse Rescue Centre in Rojales looks after 120 horses, ponies and donkeys, most of which have been rescued from the most shocking cruelty.

The centre's founders, Sue and Rod Weeding, have to come up with €5,000 a week to meet

expenses, but in recent months the centre has got into debt despite the best efforts of volunteer fundraisers and its string of six charity shops plus a tea room.

Sue and Rod have faced a succession of extra and unexpected expenses and are calling for donations to help keep the centre going.

The couple's run of bad luck included a €900 garage bill after the centre's 4x4 - used for collecting new rescues and vet visits - broke down.

Turn to page 5 »



SURVIVOR:
 Bronson survived being beaten over the head with a hammer.

Photo credit: Elaine Warnock



PLEA: Easy Horse Care co-founders Sue and Rod Weeding are calling for help.

Photo credit: Koren Helbig



Photo credit: Elaine Warnock

SHOCKING: Luceiro lost an eye to neglect.

dfs
 San Javier
 See page 14

TERRA NATURA
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DISCOUNT
 INSIDE page 76

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NEWS EXTRA

Booze ban green light

THE Balearic Islands regional government has revealed new laws to curb the amount of alcohol holidaymakers are allowed to drink at all-inclusive resorts are to come into force by September, with seven tourists having fallen to their deaths this year.

Safe hols

SPAIN has unveiled its new safety campaign aimed at the 15 million citizens who travel abroad each year, including a series of three informative videos and a new mobile phone app developed by the Foreign Ministry and insurers' union UNESPA.

High road

A TOTAL of 42 per cent of drivers who died on Spanish roads during 2017 tested positive for drugs or alcohol, with men aged 25-55 making up the majority of victims, according to the latest data from the national traffic authority.

Dance off

SPANISH police have warned drivers against performing a viral dance challenge based on Canadian hip-hop star Drake's hit 'In My Feelings' after a stream of videos posted on social media showed motorists leaping from moving vehicles to perform the move.

Holiday nightmare

Girlfriend launches desperate plea

By Matt Ford

A WOMAN from Liverpool has launched a desperate bid to get her boyfriend home after he broke his neck jumping into a Mallorca swimming pool on his birthday trip.

Richard Budi, 26, is breathing through a tube in Palma's Son Espases hospital and has no feeling from his chest to his feet in the wake of the horrific accident.

Partner Simona Malarova said the couple, who are originally from Slovakia, were having "the best time of our lives" before he jumped into the pool at their Magaluf hotel.

She added he did not have European Health Insurance Card (EHIC) or travel insurance, and doctors have said it will cost thousands to fly him back to the UK to receive the specialist treatment he needs.

The state-run hospital offers free healthcare but does not have the required machines, while the UK Foreign Office advises that even an EHIC cannot always be used to cover medical repatriation.

Simona has launched a GoFundMe page to raise £20,000 and transport self-employed Richard to Liverpool by air.



On the page she wrote: "Richard is now breathing through a tube as his lungs are very weak and cannot

breathe on his own. "He is able to move his head and his shoulders but cannot move or feel from his chest down to his feet.

"We now need to get Richard transported in an air ambulance into a hospital in UK where they will be able to help him with his breathing and the movement of his body."

The page raised more than £4,000 within 24 hours, but the pair need thousands more to reach their target.

"The whole transportation and other medical treatments for Richard will cost £20,000, doctors in Son Espases hospital have given permission for Richard to go on



POOL HORROR: Richard Budi did not have a European Health Insurance Card or travel insurance.

the July 26 back home to get the medical assistance that he needs, however we do not have the funds to get Richard into a hospital in UK in an air ambulance.

"Can everyone spread the word and donate whatever you can, anything will be appreciated and will help!"

Simona had posted photos of the couple at the Cream-

fields Festival in Mallorca earlier in their holiday.

One donator wrote: 'Simona this is heartbreaking my hun. Hope you get what you need to get your boyfriend home, thinking of you.'

Another posted: 'I hope you get him home soon so that he can get the care he needs.'

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Fire fighters free woman

IT took firemen one-and-a-quarter hours to free a woman who was trapped in her car after a collision with a truck. They had to remove both front doors before rescuing her through the tailgate at the incident near San Isidoro station before being taken to hospital.

Ex mayor barred

FORMER mayor of Catral Aurelio Albero has been barred from office for five years after allowing an unlicensed street market to operate for nearly three years. An Orihuela court heard Catral Council ignored the El Olivo market when it should have imposed fines on traders. Albero retired from politics in 2015.

Going sober

RESEARCHERS from Universidad Miguel Hernandez in Elche have found a new non-addictive cannabis-based treatment that could help alcoholics recover. A four-year study has found that cannabidiol is particularly effective in eliminating alcohol dependency when used together with existing medicine. Their work has been published in the British Journal of Pharmacology.

Public spirited

FOUR citizens helped arrest a man who had been spotted flashing at children near a La Hoya church and demanding sexual favours from a woman passer-by. They held him while Elche police were called, then helped subdue him when he violently resisted arrest. He has been charged with various crimes.

Ferret jabs

ELCHE has launched a vaccination campaign for cats, dogs... and ferrets. The campaign, being run by the town council after it reached agreements with the town's vets, will continue until Tuesday, with jabs costing €20 and vaccination, passport and microchip priced at €70.

Not social

THE Valencian regional government has banned 5,500 civil servants from connecting to social networks or downloading material on its computers. It aims to improve online security and increase productivity, claiming it will save a total of €1 million a year through its new working terms.



THE BIG PICTURE Nº 24

BLOODTHIRSTY STREAK: Goiat is accused of slaughtering livestock.

Bear necessity

A BROWN bear suspected of killing livestock in the Pyrenees mountains is set to be deported from Spain.

The 200-kilo predator, named Goiat, was captured in Slovenia in 2016 and released in the Alt Pirineu Natural Park in Isil, Lleida Province, Cataluña, as part of a European Union-funded programme to reintroduce the species after it almost disappeared in the 1990's.

However, the young male has developed a bloodthirsty streak, and this April alone killed six horses, four foals and several sheep in the area.

Consequently, the Catalan government has now bowed to

months of pressure from local farmers, agreeing to hatch a plan for Goiat's 'capture and transfer.'

The move has sparked outrage among environmentalists and green action groups, since he was introduced to combat an inbreeding problem among bears in the area, most of which are the offspring of Pyros, a male also introduced from Slovenia in 1997 which now reproduces with his own offspring's cubs.

In 1996 there were just three brown bears left in the Pyrenees, with the total now having risen to 43, and another 300 believed to survive in the mountains of Cantabria.

Foot slog ahead

NURSES and doctors will have to attend call outs on foot or in their own cars from August 1, according to a nursing union.

Satse, claims that a new transportation contract signed by the Ministry of Health makes no provision for health workers called to people's homes, whether its deemed urgent or not.

Instead they will have to make their own way there and then call an ambulance if it is needed, whatever the time of night or day.

This lack of transport does not affect emergency 112 call outs, but rather on after-care visits and on-going treatment.

Satse considers the lack of provision of transport for health workers breaches current regulations.

The new €234,597,924.68 contract, excludes 'the transfer of health personnel to make home visits from health centres, clinics, points of continued care, health care points or any other health or socio-health centre.'

Duo's dog horror

POLICE had to rescue two people after their dog turned on them.

Three National Police patrols were sent to a house in Elche after an emergency call was made.

Outside they found a man with serious bite wounds to his arms. He told officers his dog had attacked him and that the animal was in the house, where his daughter had barricaded herself into a room to escape the animal.

On entering, police heard the woman's cries for help as the animal repeatedly banged on the door of her room in an effort to reach her.

The rooms of the house were smeared with blood from the animal's victims. Officers managed to subdue the dog, which is now in the care of an animal protector.

The creature's owners were both taken to hospital where they are recovering from their injuries.

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CREDIT: Salvamento Marítimo

RESCUED: More than 1,000 migrants arrived last weekend.

Gateway to Europe

COASTGUARDS rescued more than 1,000 people from several boats off Spanish coasts last weekend as figures show the country has taken in the most migrants in Europe this year.

Boats carrying the people, many refugees fleeing wars and persecution in sub-Saharan Africa, were spotted by the Salvamento Marítimo in the Strait of Gibraltar and the Alboran Sea.

A heavily pregnant woman was among those on board the boats bound for Spain. Coastguards found her as she was going into labour and she was taken by helicopter to a hospital in Almería after making landfall.

Friday saw the arrival of some 450 people in 20 small vessels, many of them inflatable rafts. A total of 329 people were rescued from 22 vessels on Saturday and 465 were picked up from 25 boats on Sunday, according to Salvamento Marítimo figures.

The Intentional Organisation for Migration (IOM), a United Nations body, called on countries to treat migrants humanely and with dignity, respect and compassion.

Spain has now become the leading gateway for people attempting to reach Europe, with almost

24,000 migrants having arrived by land and sea according to the United Nations. A total of 20,835 people arrived by sea while the number of those coming to the country by land stood at 3,158 as of last Tuesday.

A total of 7,791 migrants arrived on the Andalusian coast in June, more than Italy, Greece and Malta combined.

The migratory route into the country is now proportionally the deadliest in the world.

One in every 29 people who attempted to make the crossing to Spain since the start of this year has died. The figure for those heading to Italy was one in 36, according to the latest data from the IOM.

Maria Jesus Vega, the United Nation's Refugee spokesperson in Madrid, said earlier this year problems in the home countries of the migrants were still unresolved.

"A much greater effort must be made to support integration that goes beyond exclusively providing shelter.

"The reality is that the number of persecuted people fleeing conflict continues to grow every day," she said.

POLL OF THE WEEK

Do you agree with the Ryanair staff strikes - despite the disruption to THOUSANDS of holidays?

LAST WEEK'S POLL:

Were France worthy winners of the World Cup??

Yes **70%**

No **30%**

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TOP 5 stories



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WATCH: Freak mini tsunami hits Spanish holiday islands

7,569 views

Ryanair to cancel hundreds of flights to Spain due to cabin crew strikes

4,796 views

Bottled water removed from shelves following 'contamination' scare in Spain

3,907 views

Fourteen aircraft tackle huge Costa del Sol wildfire

3,732 views

'More than 40 dead' after explosion rips through migrant boat off Spain

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Desperate bid for aid

from Front page

Next was a water leak at the centre that ended up costing them €5,000, then two of their equines were taken ill and died unexpectedly. The first ran up a hospital bill of €2,000 and then Red, a beloved mini passed away.

“Everything was done to save his life, even the surgeon did the operation for free,” explained Sue. “All the hospital is charging for is the medical equipment.”

Red’s first bill amounted to €2,000 and a second bill for his surgery was €1,350.

“It seems that everything is just against us, a chain of circumstances,” said Sue.

Even though the centre owes €26,000 Sue and Rod have vowed not to give up. If a horse needs rescuing, Sue and Rod will find a way to save it.

You can donate online at www.easyhorsecare.net/donate. More information: www.easyhorsecare.net.

Sex attack claim

Pro boxers among four Brits held

By Matt Ford

TWO brothers who are professional boxers trained by former world champion Ricky Hatton are among four British men held in Ibiza on suspicion of gang-raping a female holidaymaker.

Paul Upton, 30 and his younger brother Sonny, 29, both from London, have been remanded in custody in the wake of a court hearing following their arrests in San Antonio.

A third boxer named as 21-year-old Bradley Smith from St Ives in Cambridgeshire has been freed on bail with the unnamed fourth man as investigators continue to probe the case.

The quartet is believed to have denied the accusations.

It comes after a 29-year-old



ALLEGED GANG-RAPE: Paul, left, and Sonny Upton have been remanded in custody.

British holidaymaker alleges she was sexually assaulted by the group after meeting them at well-known bar Lineker’s and being force-fed two pills.

She claims she was then taken to the Marian apartment complex where she was held

down while the men took it in turns to have sex with her.

The Upton brothers were trained by Ricky ‘The Hitman’ Hatton until September 2016, the same year Paul won the Boxing Union of Ireland super welterweight title, which he

lost after being beaten for the first time in his career last month by fellow Briton Ted Cheesman.

Sonny, also a super welterweight, has fought professionally 15 times

They had prior to their ar-

rests shared several pictures of their holiday on social media.

Sources told UK media that the woman’s allegations are being taken ‘very seriously.’

One said: “She met the men while she was with some female friends at Linekers Bar in San Antonio.

“Her friends left saying they’d be back but in the meantime the woman began to feel ill and the men offered to accompany her back to her hotel.

“She says that after leaving the bar they headed for the beach and she was given two pills by one of the men while another went for a swim.”

The woman is understood to have been drinking heavily and was unable to give detectives a clear account, and she was examined by medics after the alleged assault.

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Hot right now

SHE was in Spain to perform at SHARE festival in Barcelona.

But pop sensation Rita Ora, 27, took some time out ahead of the gig to soak up the sun aboard a luxury yacht.

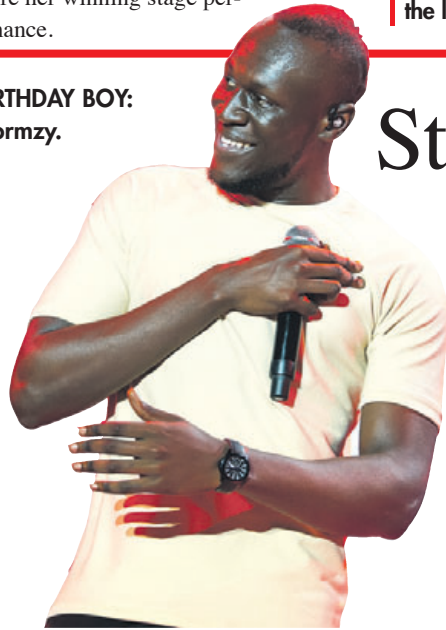
The *How We Do* singer was seen looking gorgeous in a series of striking bikinis as she topped up her tan before her winning stage performance.



PHWOAR-A: Rita aboard the luxurious vessel.

Photo credit Rita Ora/Instagram

BIRTHDAY BOY: Stormzy.



Storm brewing

GRIME star Stormzy has had a year to remember after his debut album reached the top of the UK charts.

And the Brit award-winner, 24, is set to celebrate in style after inviting a group of fans to join him for his birthday party in Spain.

A social media post revealed that anyone interested must be aged 21 or over, have a valid passport and be able to travel today (Thursday), returning this evening.

The caption ends: "THIS WILL BE A MOVIE. We've done the madting."

Back in black

HER latest album *Liberation* was released last month.

And Christina Aguilera certainly appeared wild and free as she arrived at an Ibiza marina to board a luxury yacht with fiancée Matthew Rutler and Czech model Karolina Kurkova.

The 37-year-old looked every inch the blonde bombshell as she flaunted her cleavage in a low-cut black number.



TINA HEAD TURNER: Christina on the white isle.

Family matters

THEY used to be neighbours and remain the best of friends.

And Hollywood stars Matt Damon, 47, and Chris Hemsworth, 34, have been enjoying a cruise around San Sebastian in northern Spain

with wives Luciana Barroso, 42, and Elsa Pataky, 42, plus their children.

The two families appeared in high spirits as they took turns leaping into the ocean from the deck of their private boat.



Photo credit celeb-fashionista/Instagram

Gilded Cage

HE'S the Hollywood heartthrob who famously blew his \$150 million fortune on a string of bizarre purchases including a dinosaur head, a private island and two castles in Europe.

But eccentric Oscar-winner Nicholas Cage, 54, continues to bag starring roles, and has now revealed he is to receive the Honorary Grand Prize at the upcoming International Fantastic Film Festival in Sitges.

The actor will present his new



NEW MOVIE: Nicholas Cage.

movie, the action horror *Mandy*, at the event.

He plays lead character Red Miller in the flick directed by Italian-Canadian Panos Cosmatos, which is set in the primal wilderness near California's Shadow Mountain in 1983.

Red is left broken and haunted after an unhinged religious sect murder the love of his life, leading him to hunt the maniacal villains down as he exacts his revenge.



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OUR VIEW

Take a step to the right

THE voting for the next leader of the Partido Popular (PP) has now been completed and has brought a youngish leader to power.

There were six candidates, but the three front runners were two women who were former government ministers and a relatively unknown 37-year-old male.

The PP has a dual voting system whereby there is a popular vote of grass roots members and a delegates vote which saw the candidate who came third, María Dolores de Cospedal eliminated, leaving former Deputy Prime Minister María Soraya Sáenz de Santamaría Antón against Pablo Casado who was one of the three deputies for Avila in the national Congress of Deputies.

In the event, the popular vote saw María Soraya Sáenz take the lead with 21,512 votes (37 per cent) against Pablo Casado's 19,954, (34.4 per cent) but the Delegate vote of 1,701 (57.6 per cent) against 1,250, (42.4 per cent) saw Mr Casado take the day.

There probably won't be a general election in Spain until 2020 (although this is not guaranteed due to the fact that the PSOE under Pedro Sanchez is a vulnerable minority government) so it should give the new PP leader time to distance the party from the negative situation with the alleged corruption of the past.

Whilst he describes himself as a 'liberal-conservative' others suggest that his stance against abortion, 'gender ideology' and even Schengen, suggest that he may be quite far right of centre which may appeal to the machismo of many male voters.

Now we want to hear your views.
YOUR PAPER - YOUR VOICE - YOUR OPINION

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Fraud plot

THREE women, two Spaniards and an Argentinian aged 18 to 45, have been held in Crevillent on the Costa Blanca on suspicion of scamming a man from Ronda out of €76,000 via a complex social media plot involving a fake kidnap-

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Man, 44, accused of assaulting girl, 13

A MAN who allegedly travelled nearly 500 kilometres to sexually assault a 13-year-old girl he had groomed on the internet has been arrested.

Guardia Civil believe the man, 44, used a social network to contact the girl, who lives in Torrevieja from his Churriana, Malaga home.

According to officers the man, who put his age as 50 on the internet site he used, initially made contact 'just to talk.' But after gaining the youngster's confidence he started asking for her to send him photos 'showing her more attractive side.'

This she did, but when he suggested she go a little further

she refused. This led to him threatening to publish the photos she had sent on various social media platforms and then eventually for him to make the long trip to Torrevieja, according to Guardia Civil.

Once there he phoned her from a shopping centre and insisted that if she did not go to the centre, he would publish the photographs, it has been alleged.

Once the girl arrived he took her to an apartment he had apparently rented for the day, police say, and allegedly sexually assaulted her. He then abandoned her in the flat and returned to Churriana.

The girl asked for help in a bar and then went to Guardia Civil in Torrevieja to denounce the alleged crime.

After a two week investigation, Guardia Civil in Malaga arrested their main suspect in the case. A Torrevieja court has remanded a man in custody.

Car theft gang caught

FIVE members of an international gang that allegedly stole luxury cars have been arrested. National Police say that the gang - one of whom was arrested in Elche - was highly organised and sophisticated, with various specialists taking care of different aspects of the 'business.'

Some members of the organisation were experts in the theft of cars using high tech tools and electronic devices. They targeted specific makes and models. Once the car was stolen the 'counterfeiter' moved in. So far seven high-end vehicles that were stolen in Italy have been recovered.

At the beginning of April, officers recovered two luxury vehicles in the town of Elche (Alicante) and detained a member of the organisation.



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4	Civitavecchia (Roma)	07.00	17.00
5	Palermo	09.00	17.00
6	Cagliari	09.00	18.00
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Balcony horror plunge

Labour councillor in critical condition

By Matt Ford
A LABOUR PARTY councillor is battling for his life after

plummeting from a second-floor holiday flat in Ibiza. Tolga Aramaz, 23, the rep-

resentative for Edmonton Green in the London borough of Enfield, was critically injured and remains in intensive care at the private Nuestra Señora del Rosario Clinic in the wake of the accident.

The former King's College student is believed to have been with friends when he fell in the Playa d'En Bossa holiday hotspot.

The awning of a restaurant reportedly cushioned his fall before he landed on the terrace.

A member of trade union Unite, Tolga was elected as the Labour Party representative for Edmonton Green ward in May after winning 2,629 votes.

He said at the time: "Thank you for all who has voted for me. I am now the first elected representative in my family and that gives me great pride.

"I will serve my residents

to the best of my ability and me and my comrades will aim to protect the interest of the many not the few."

He has also criticised Brexit negotiators, accusing them of leaving the UK in a "bloody mess" and using it to "improve their political career instead of improving the future of this country."

Police are probing the incident but said in an initial

statement they are treating it as an accident.

An official said: "An investigation is underway into the circumstances surrounding the injuries sustained in a second-floor apartment fall by a 23-year-old British tourist."

A 42-year-old Briton remains in the same hospital after plunging from a San Antonio hotel room a day earlier.



FALL: Tolga Aramaz plummeted from the second floor of this building in Playa d'En Bossa.

NEWS EXTRA

Clean up demands

LOCALS in Santa Pola have called for council action to give the town's squares and parks a facelift, complaining that the town is starting to look rundown and dilapidated in the wake of storms earlier in the year.

Palm broke

ENVIRONMENTAL group Ecologists In Action has reported Orihuela Council to police for letting a 23.5-metre tall, 180-year-old protected palm tree break due to an alleged 'lack of maintenance, vigilance, foresight and control.'

Sick police

GUARDIA CIVIL officers have been asked to patrol Pilar de la Horadada after nine Local Police officers went sick within 24 hours and their colleagues refused to work overtime, security councillor Jose Saura confirmed.

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MOHAMED, 47, on holiday from Rotterdam, Holland

"It's their choice, their life. It's your body isn't it? They have the freedom to do what they want.

It's the media which makes big things out of small things. It's all politics. You have to use your mind a bit to understand that.

I respect what they have done in Marbella though (banning swimming costumes away from the beach), if that's the law, that's the law.

It's a difficult one. It's just a few badly behaved people ruining it for everyone else. I think in general it should be more liberal, especially in Europe. It's the 21st century after all."

STREET TALK

Should tourists cover-up?

After holiday hotspots including Magaluf, Benidorm and Marbella unveiled new laws forcing holiday-makers to cover-up away from the beach or pool, should the rules be extended across Spain?

Jessica Utech, 32, on holiday from Cologne, Germany

"No, not really. I think that this promenade (in Fuengirola) is part of the beach-zone

so you should be able to do as you like. Maybe around the shops in the central areas it's good to wear a t-shirt.

In all of Spain it's normal for people to walk around with not many clothes

on because it's so hot. It doesn't bother me at all, and I'm sure it's the same for most people.

In Marbella, obviously you have to obey the law so it's different.

It's about adapting to whichever place you are in and not being insensitive."

Mark, 49, from Edinburgh but living on the Costa del Sol

"Yes! They should have some cover. Most of the people here need protection from the sun.

Also there are diverse religions and you shouldn't offend them. I have been here for 10 years and the situation has changed even in that time.

There are certain sights you don't want to see anyway. I understand the ban in Marbella, do you really want to sit in a restaurant and see that?

The younger generation doesn't have the respect. They don't try to adapt and

think they can do what they want."

Angelica, 45, on holiday from Finland

"I don't mind. Maybe they could put t-shirts on, but the seafront is fine. It's a holiday destination and a very hot one! There should not be a law against it, it's people's own choice.

If they have made a law in Marbella about it then you have to accept it. Maybe society is less liberal than it used to be."

Anonymous

"Yes, most people are not supermodels are they? And if they are attractive, then it's distracting!

I've just been in the Mercadona and there were three beautiful Scandinavian girls in there. I didn't buy half the stuff I was supposed to!"



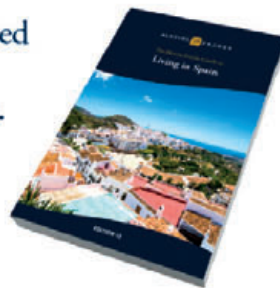
BARE FACTS: Jessica.



NO NAKED ATTRACTION: Mark.

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Photo credit: Google

SHORT-STAFFED: The Alvarez de la Riva centre in Orihuela is the only one with holiday cover.

How many midwives?

IF it's not too late, try not to get pregnant in Orihuela this summer - there is only one midwife available for the whole town, according to union chiefs.

To make matters worse, she is the only midwife on duty for the whole Health Department of Orihuela, which covers 18 municipalities in the Vega Baja.

At least that is according to the Medical Union of the Valencian Community - the health department begs to differ. Of the seven health centres in the district, the union says only the

Alvarez de la Riva Health Center in Orihuela has had holiday cover assigned - one midwife to replace three.

All the others will find themselves with no specialist midwives for pre-natal care as the full-timers are all taking their summer holidays.

The union claims that health bosses are now relying on non-specialist doctors to care for pregnant women and cover the midwives' leave.

But management at the Vega Baja Hospital have hit back at

the claims in the Spanish press, saying there will be specialist midwife care available. Should a woman's nurse be on holiday she will be assigned one at the nearest available centre.

While the midwives are going on holiday, they have been coordinating their diaries with their patients, and in some cases splitting their holidays to ensure a midwife is on duty, say managers.

Health chiefs say there will always be four midwives on duty throughout August.

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Is it time to buy a house?

Or is renting a better option when you move to and live in Spain?

As the housing market continues to show signs of improvement in different parts of Spain, including the COSTA BLANCA, again the question arises; what should I do before making an investment in a house – should it be my permanent residence or a holiday home? **Should I rent or buy?**

This question is difficult, especially for expats who decide to invest and retire in Spain.

Many people who intend to buy begin by renting a property, taking a much smaller financial risk. Nevertheless many tenants still wonder if it's worth buying when they hear the statement that “renting is throwing money away”.

There is a middle ground, which many people have used called ‘rent to buy’. **So what does this option consist of?**

The rent to buy purchase is a double or mixed contract, consisting of two subcontracts, one for the rental of the property and one for the purchase of the property. This allows the tenant to live in the leased housing for a specific amount of time, after which they are entitled to buy the property, **for a pre-agreed price** from which the rent paid will be deducted, either in whole or in part from the final

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Remember that if you chose the option of purchasing a property; the property market is currently in a perfect state to invest, especially in coastal areas where there are many properties, at relatively low prices and there is the possibility to access fantastic mortgages.

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One man crime wave

ALARMED by a string of burglaries with the same modus operandi, police have arrested a man accused of 11 home robberies.

Investigations continue as he is suspected of being involved in another 16 bur-

glaries, which if convicted would be enough to earn him 'one man crime wave' status.

Guardia Civil in Pilar de la Horadada (Murcia) began a two-and-a-half month investigation after a series of house break-ins in Ur-

banisation Torre de la Horadada. All had one thing in common - entry was gained by forcing bars on interior patio windows.

Officers eventually identified a suspect who not only had a history of burglaries, but also worked as a builder so had access to the tools needed to force an entry.

They arrested a 43-year-old man at his San Pedro del Pinatar (Murcia) home. A search revealed several apparently stolen objects (a television, six DVD players, a video game console, several Play Station 2 games, six wristwatches, two photo cameras and a video camera, among others), plus several sets of house keys.

In total goods to the value of €20,000 were seized by police, some of which have already been returned to their owners.

The accused has been remanded in custody.


Pensioner robbed

A KNIFE-wielding thug robbed a pensioner of his €1,000 monthly pension in a broad daylight attack.

National Police say the victim had a plastic bag put over his head, trousers lowered and then was thrown to the floor before three assailants - the man and two women - demanded his cash at knifepoint. Fearing for his life the unnamed victim handed over an envelope with his entire month's pension in it. After calling police the victim explained that he had just withdrawn the money from his bank in Elche and paid a visit to a shop when he was confronted by the threesome on his way home.

National Police say a lack of witnesses hampered their investigation, but inquiries led them to their main suspect - a 30-year-old man. They arrested him and his partner, while a third suspect has gone on the run.

A man and a woman have appeared in court accused of robbery with violence and intimidation, and belonging to a criminal group.





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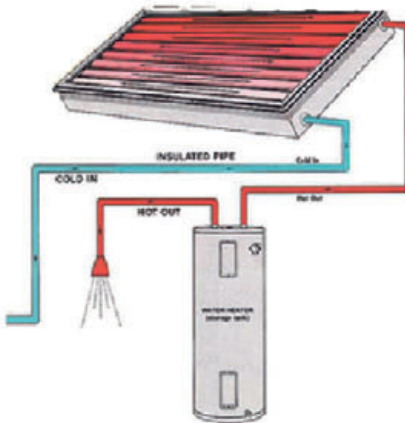
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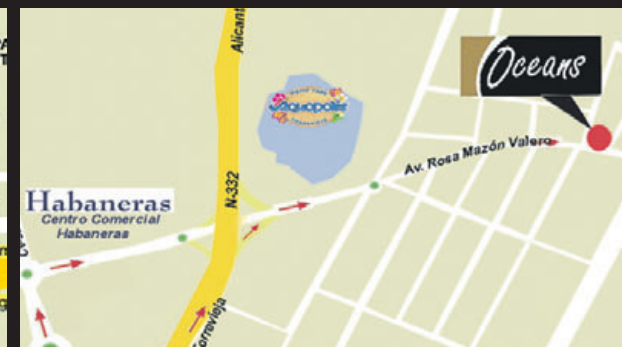
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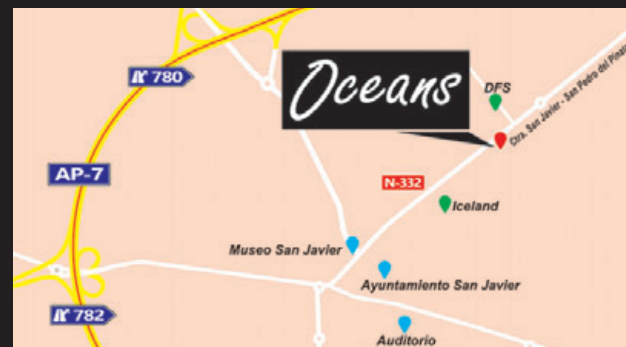
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UNFAIR: Hoteliers say berths on boats can undercut them.

Hotel owners' boat anger

LOCAL hoteliers have sent a shot across the bows of boat owners who 'illegally' let out their vessels as holiday accommodation.

Hosbec, the hotel association for Benidorm, Costa Blanca and Valencia, is set on scuppering the ever increasing floating holiday let market, which it claims is 'illegal, unsafe and unfair.'

They have no gripe with people who intend to weigh anchor and set sail to other destinations, but are setting their sights

on landlubbers who use relatively cheap lodging without moving from their moorings.

Hosbec says that there is a growing tendency for boats to be advertised on holiday websites simply as an alternative to hotels and more traditional holiday accommodation.

To prove their point they have collected listings from house sharing sites, and are now demanding the removal of any that are not specifically linked to sailing holidays.

The 'illegal' adverts often

tempt people to 'try sleeping somewhere different' and offer berths in a selection of vessels from small boats to large yachts.

The hoteliers claim that as this sector of the accommodation market is unregulated standards can be poor, giving holiday spots a bad reputation, as well as often employing staff on the black market.

It also means that they can undercut hotels. In Alicante, lodgings aboard boat range from between €35 and 90 a day, cheaper than hotels.



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Spanish even-steevens with Valenciano

VICENT MARZA'S ambitious plans to promote Valenciano throughout the region have suffered a setback.

The Valencian Community's Upper Court of Justice (TSJ) upheld the Partido Popular's appeal against a decree brought in last year that regulated the use of Valenciano in the public administration and gave preference to Valenciano over Spanish.

After 11 articles of the 2017 decree were annulled, Valenciano will not, as Marza intended, take precedence in official documents, the nameplates of official buildings and offices, road signs, public sector contracts or communications between public sector employees.

Instructions that were supposed to be followed by civil servants were 'excessive' according to the TSJ. "Imposing in a general manner, in all circumstances and without any known justification, staff's obligation to communicate initially in Valenciano breached the region's Statute of Autonomy and also the use and teaching of Valenciano Law," the judges said,

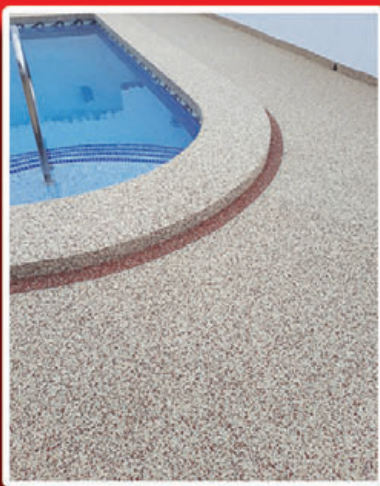
It was unconstitutional to give one of the region's languages preference over another, they added.

The Tribunal also ruled that Generalitat documents emitted outside the region were invalid



VICENT MARZA: Setback for Education chief's plans to promote Valenciano.

and needed to be translated into Spanish, even in regions like Cataluña and Baleares where the local languages are practically identical to Valenciano.



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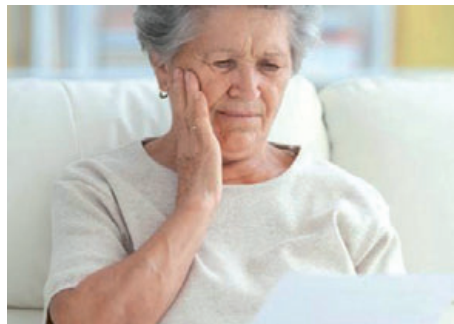
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By Sam Kelly, Managing Partner, Chorus Financial.



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The second relates to the Spanish 'Modelo 720' which is a legal requirement to declare overseas assets worth more than €50,000 or GBP equivalent, to the Spanish tax authorities each Spring. Failure to make this

declaration currently results in a minimum fine of €10,000 per asset group and up to 150% of unpaid taxes. The Automatic Exchange of Information will ensure that the Spanish tax authorities receive this information whether you have made the declaration or not, but if they find out before you complete the Modelo 720, then the fines will apply.

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There are equivalent products available for Spanish residents created by well-known institutions like The Prudential and Old Mutual Wealth, which are, subject to suitability, available to Spanish residents through Chorus Financial. These products are not reportable under Modelo 720 and offer tax efficient growth in a similar manner to their equivalent UK products.

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Croatian gang arrested

GUARDIA CIVIL have arrested three Croatians accused of a string of house burglaries.

Police swung into action when four separate burglaries were committed in Santa Pola within a short period of time.

Acting on witness reports that two young women were involved and that a rental car was used in the crimes, officers managed to trace the car to a rental firm in San Miguel de Salinas.

Investigators realised that the gang would use false identities to hire cars, exchanging them frequently, allegedly in an attempt to throw police off the scent.



CASH: Guardia Civil seized cash and ID cards.

Guardia Civil eventually tracked down three suspects - a man of 29 and two women aged 22 and 28.

They have been charged with

four counts of burglary and one of being involved with a criminal group.

Cash and a total of 11 identity cards were seized by police.

Missing man appeal

GUARDIA CIVIL are appealing for help to find a 36-year-old Swedish man who has gone missing.

Mathias Hultman arrived on the Costa Blanca for a holiday on July 6. Then on Tuesday, July 17, at 6.30pm, he drove a rented Seat Ibiza, registration 02671JYD, to Torrevieja seafront. Since then nothing has been heard from him.

His family reported his disappearance to Guardia Civil, who ask that anyone who sees him or the car to call their Torrevieja office on 965 710 113.



Last sighting was on the promenade.
INSET: Mathias Hultman.

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Warrant dropped

Spain's top court ends EU arrest request for Puigdemont

by Joe Gerrard

SPAIN'S Supreme Court has rejected a decision from justices in Germany barring the extradition of the former Catalan President on rebellion charges and has dropped his European arrest warrant.

The German court ruled Carles Puigdemont could be extradited to Spain on lesser charges of the misuse of public funds in connection with last year's Catalan independence referendum and declaration. The Spanish court dismissed this and has chosen to lift the warrant all together.

The court has also pulled warrants for five other pro-independence leaders currently living abroad following the push for independence.

The arrest warrant for Puigdemont inside of Spain has remained in place.

Puigdemont said in a Twitter post the decision showed the 'immense weakness' of the legal case that has dogged

him since last year.

"Today is a day to demand the freedom of political prisoners. If they are freed from custody it would demonstrate the Spanish justice system is beginning to act more European," he said.

The court's decision is the second time warrants targeting the former president have been lifted.

Puigdemont has been in Germany since he was detained there in connection with European warrants issued for his arrest. He has remained there on bail awaiting a decision from the court on whether to allow his extradition.

He previously went from Spain to Belgium and lived in self-imposed exile after Spanish authorities sought to detain him in connection with the holding of last year's referendum.

His administration unilaterally declared the region independent after a majority of



WARRANT DROPPED: The court lifted Puigdemont's European arrest warrant.

those polled backed secession and the government in Madrid imposed direct rule on the region as a result.

Madrid reportedly considers it unacceptable that Puigdemont would not be tried on rebellion charges, which carry a sentence of up to 30 years in jail.

Several other figures in the Catalan independence movement including former politicians remain in custody on similar charges.

Gang jailed for sex abuse

THREE men have been jailed for taking it in turns to have sex with a woman who was so intoxicated she was practically unconscious.

An Elche court heard that the victim had been led to a car park after meeting her assailants in a Torre Vieja night club. She appeared to be drunk and to have taken an unidentified substance which left her helpless and unable to understand what was happening.

She was bundled into the back of a car and stripped before each of the defendants had unprotected sex with her.

The prosecutor said that while one defendant was attacking the woman her friends were inviting other young people in the car park to take part.

On seeing what was happening, several witnesses came to the woman's rescue, with one of them attacking the defendants.

The next day the victim did not remember what had happened, but a cousin who had witnessed the scene told her and accompanied her to a health centre, and later to file a complaint.

Judges jailed each defendant for four years for one offence of group sexual assault. The sentence was mitigated due to the long delay in finalising the case - the incident happened in 2008.

Prosecutors had asked for 11 years jail.

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Leader chosen

Casado pledges 'contract' with Spain after vote win

By Joe Gerrard

PABLO CASADO has bested rival Soraya Saenz de Santamaria in their face off for the leadership of the conservative Partido Popular (PP).

The 37-year-old former vice-head of communications for the party secured the backing of around 60 per cent of PP members polled in the runoff with Mariano Rajoy's deputy.

The party faithful met in

Madrid to elect and anoint their new leader, with grandees including regional presidents and the former Prime Minister in attendance.

Casado said in his victory speech he would propose a contract with Spain in which the PP would seek to return the institutions of government to the people.

Saenz de Santamaria congratulated Casado on his victory and thanked her supporters for backing her.

Casado said in a series of media interviews after the vote on Saturday his party would provide a strong opposition to the governing leftist Partido Socialista (PSOE).

"The PP has returned. Not to do the same as before but to improve the connection with society so that we have a sufficient majority to do what Spanish society wants us to do," he said.

Casado also revealed the PP would hold its first National

Executive Committee under his leadership in Barcelona.

"We want to convey the message that the PP will fight for constitutionalism and public liberties in Cataluña," he said.

He added he wanted to carry out what he dubbed a "liberal conservative reformist" programme if in government. This would include toughening abortion laws and the Criminal Code as well as reforming electoral law, he said.



CREDIT: Pablo Casado, via Twitter

NEW LEADER: Pablo Casado was joined by wife Isabel in Madrid.

"People are waiting for this agenda and it is my commitment that we will carry it out."

Casado said he would seek

to unite the party and offered to work with the centrist Ciudadanos party on some issues.

Prime Minister Pedro Sanchez, of the PSOE, has reportedly called Casado to congratulate him on the victory. Sources close to the new PP head said he would aim to meet with him.

Casado was photographed talking with former Prime Minister and his predecessor Rajoy at the PP's headquarters in Madrid. Casado said he was the first person he wanted to meet.

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SOCIAL: Torrevieja is one of the towns targeted.

Homes sought for cheap rents

AS rents start to soar the Valencian regional government is stepping in to buy up cheap apartments for housing the poor.

It is to spend €15 million to purchase flats to let out at affordable rents.

Now the regional Minister for Housing, María José Salvador, has announced that a tender process will be launched in August with an aim of acquiring 160 homes for social housing.

The process will be open to

individuals as well as companies that want to sell a property for between €80,000 and €90,000 each.

The regional government has estimated costs based on the average price of homes in each location where there is greatest need, with Alicante, Elche and Torrevieja getting preference.

As well as buying housing, the Valencian government is looking at ways of restarting developments that have had work frozen and changing per-

missions so empty developments built for sale can be offered as rented accommodation instead.

If successful, the initiative is expected to be repeated for three years with a total investment of €50 million coming from the regional government.

To qualify for the initiative the properties will have to meet a string of conditions - including being younger than 40 years old, be unoccupied, have all services connected and have a lift.

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House of horror

by Dilip Kuner

WHAT seemed to be a simple eviction turned in to something more macabre when 12 dead dogs were found locked away in a villa.

A court officer, locksmith and two lawyers tried to enter the house near Salteras, Sevilla for repossession proceedings after the tenant, who had never paid a penny in rent, disappeared.

Their first inkling that something was wrong was when they came across the decomposing corpse of a dog in the garden of the large villa.

There was also an emaciated canine, barely able to stand but still alive. It is now being treated and is expected

to recover.

As the locksmith opened the back door, a powerful stench was released. It was so strong that the locksmith vomited.

On investigating further a grim sight was unveiled. Lying on the kitchen floor were what appeared to be animal skins and excrement. The skins were in fact the decomposed remains of a dog.

This proved too much for the men, who withdrew and called Local Police. On entering, the police found another corpse in the living room. But when they tried to open another door to a staircase they encountered two large dead dogs blocking the way.

Unable to go any further, the officers withdrew and put

the matter back in the hands of the court, which ordered the owner of the house to clean it up.

Eventually Guardia Civil officers tracked down the tenant who handed over her key, and the owner employed a cleaning company. It was employees of this company that discovered the rest of the dogs.

The evidence from electricity bills suggests that the house may have been left abandoned for about three months.

The tenant is described as a foreign woman who is a dog lover, known for taking in up to 15 animals. She is to be charged with animal abuse and damaging property.

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Casa de S.M el Rey, via Twitter

VISIT: The King and Queen witnessed re-enactors in period dress.

Battle Royal

by Joe Gerrard

SPAIN'S king and queen have visited a town in Andalusia to mark 210 years since the first Spanish victory against Napoleon's forces during the Peninsula Wars.

King Felipe and Queen Letizia were greeted by hundreds of onlookers when they arrived in Bailen, in Jaen Province, shortly after 11am on Thursday. They were accompanied by Reyes Maroto, Spain's Business and Tourism Minister.

Officials including President of the Junta de Andalucía Susana Diaz, government's delegate in the region Alfonso Rodrigo Gomez de Celis and mayor of Bailen Luis Mariano Camacho also attended.

The royals unveiled a plaque commemorating their

visit to the city and their receiving the keys to the town and a 'baton of control.'

They then appeared on the balcony of the town hall to shouts of: "Felipe, Felipe" from the crowd below.

The king and queen visited the Church of La Encarnacion after greeting people lining the streets. King Felipe laid a wreath at the tomb of General Francisco Castaños, the commander of Spain's armed forces during the battle.

The visit finished at the town's Battle Museum where the royals were met by re-enactors dressed in period Spanish uniforms.

The king and queen's trip marks the second time in modern history a Spanish monarch has visited the town. The first was Queen

Isabel II in 1862.

The Battle of Bailen was fought in 1808 between the forces of General Castaños and Imperial French troops commanded by General Pierre Dupont de l'Etang.

It broke out following Napoleon's attempts to put down widespread uprisings in the south of Spain.

Castaños' forces were victorious and Dupont was forced to surrender almost 18,000 of his troops.

It marked the first defeat for the French during the Peninsula War (or War of Independence to the Spanish).

It was also the first time Napoleon's forces were beaten in an open field battle and it caused Napoleon to take personal command of France's forces in Spain.

'New town' planned

WORK on a mega urbanisation for around 23,000 residents next to the la Mata Natural Park is set to start.

Promoters, who have been developing the plan for 22 years, have put a start date of Easter for initial works to urbanise what is in effect the last major plot in the area.

A total of 7,490 new homes - 20 percent of them social housing - will be built at la Hoya on a parcel of land that is more than 1.8 million m2 big.

Planners at the regional government gave the go-ahead to the project on the condition 200,000m2 of the land was reserved for green

space to act as a buffer zone to the pine forest of the natural park. This zone will be planted with carob and olive trees.

The promoters will spend €30 million on urbanising the land before construction can start. This involves putting in roads, lighting and other utilities.

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Killer hornets strike



CREDIT: Wikimedia Commons

DEADLY: Three have been killed by Asian hornets.

A 65-YEAR-OLD man in Galicia has died after being stung by an invasive species of hornet, the third to do so in a week.

Local emergency services personnel said the man, named as Manuel FP, had died after having an allergic reaction to the sting.

The previous two to die also experienced reactions after being stung by native species, emergency services added.

An Asian hornet stung the bus driver, who was nearing retirement, at around 6pm. He then went into his house and his wife gave him a shot of adrenaline knowing he was allergic to the stings, according to reports.

Galicia's Emergency Services said they could do nothing for the man when they arrived at the scene.

The death comes as two other people

were killed after being stung in Galicia in a week. The first died on Saturday July 14 in Viveiro and the second days later while working on a farm in O Porriño.

Asian wasps can kill people who are allergic to stings and they are also a risk to people in ill health.

A spokesperson for the Spanish Association of Beekeepers said they had received between one and three warnings a day since the insects were first spotted around two weeks ago. Workers have managed to clear between 30 and 40 nests so far this year.

The insects are believed to have arrived in Europe in around 2004. They were first recorded in France with media reports suggesting they came in boxes of pottery from China.

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NEWS EXTRA

**Girl saved
by nurses**

TWO nurses from Murcia Red Cross saved the life of a three-year-old girl whose heart stopped while she was swimming in a Mazarrón pool, medics confirmed in a statement after the victim had been transferred to hospital.

On song

THIS year's International Habaneras and Polyphony Contest in Torre Vieja, which ends on Saturday and has seen 19 choirs participating, has benefited from a €75,000 grant handed to organisers by the regional government.

Red faced

DISTRACTED by a firework display above Santa Pola, the crew of a 10-metre catamaran ran it aground on a rock jetty near Varadero beach, where it was stuck for 20 hours before being freed by a crane.

Waste not

TORREVIEJA will pick up its recycling efforts by installing 400 new yellow recycling containers for cans, plastics and cartons between now and 2020, according to the Generalitat Valenciana regional government.

Crash luck

NO one was hurt when a female driver lost control of her car before careering over curbs, through a fence and into the IES las Lagunas de Torre Vieja school playground on Avenida de Cortes Valencianas, Torre Vieja.

Nasty sting

A WOMAN, aged 33, needed hospital treatment after being stung by a Portuguese Man o' War while swimming off Faro beach near Santa Pola lighthouse, according to a Red Cross medical report.

POLICE have arrested a man who is accused of using false prescriptions to obtain a drug with which to make a popular Moroccan narcotic known as karkubi.

The Spaniard, aged 43, is alleged to have entered a pharmacy in Murcia and tried to have a prescription for several boxes of clonazepam,

False prescriptions scam

a drug that affects the central nervous system, filled.

He fled the chemist's shop and a police investigation was started. They found a medical seal had been stolen from a health centre, and on viewing CCTV footage

traced a suspect to his home.

There they found he had two health cards, and five DNI identity cards in various names, as well as eight false prescriptions, 12 blank private prescriptions, two falsified medical emergency re-

ports, two boxes of clonazepam medication and others such as alprazolam and other psychotropic drugs.

Police believe he was preparing karkubi. This type of drug is a mixture of hashish and other psy-

chotropic drugs such as clonazepam mixed with food colouring to make it more attractive.

It can lead to hallucinations and aggressive behaviour.

A man has been charged with falsification of documents, a crime against public health, fraud and theft.

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Getting ready for the Nit de l'Alba

ONE of the most spectacular nights on the Costa Blanca is Elche's Nit de l'Alba.

A spectacular firework display that lasts 45 minutes attracts tens of thousands of people to the town annually on August 13.

This takes a lot of preparation, with local firework makers producing the unique 'palm tree display' rockets which are central to the show.

With preparations nearing their end, Jose Perez the town's Councillor of Fiestas paid a visit to Pirotecnia Ferrández who are in charge of the most spectacular parts of the show, including the 'Palm of the Virgin' display that brings the curtain down each year.

It is launched from the bell tower of the Basilica of Santa Maria, which is a significant logistical challenge in itself. In total, some 2,000 kilos of gunpowder were



Photo credit: Ayuntamiento de Elche

NEARLY READY: Councillor Jose Perez inspects some of the fireworks.



used for the Nit de l'Alba last year. The finale alone used more than 1,000 handmade rockets and lit the sky for 25 seconds.

Manuel Ferrandez, spokesman of the fireworks company, said that they have been working since the win-

ter on the pyrotechnics. Their manufacture is nearly complete, then all that will need to be done is the five days of preparations to install launching pads and firing mechanisms at 20 locations in the town.

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Gay couple assaulted in midnight attack

A GAY couple who were canoodling in their community swimming pool at midnight were allegedly attacked by a neighbour who was wielding a rock.

The couple were kissing in the pool when they were approached by a neighbour, described as tall and strongly built, who started remonstrating with them and shouting homophobic abuse.

As they left the pool at a complex in Calle del Mar, Santa Pola, he allegedly

launched an unprovoked attack. The victim, aged 44, was then allegedly beaten in the mouth with a rock and kicked in the left leg and both arms.

The victim needed doctor's treatment for a split lip, broken teeth, shoulder injuries and ankle pain. He has also had to miss work.

A complaint has been made to the Guardia Civil and the Valencian Observatory Against Hate Crimes. An investigation is ongoing.

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Airport land buy-up



NEW ROAD: Access to airport will be improved.

HOLIDAYMAKERS heading for Costa Blanca beaches fed up of congestion on the way to and from Alicante-Elche airport have light at the end of the tunnel.

The government has declared the buying up of land for a new access road as being a top priority.

There is still no set date for the project, but once completed it is expected to

considerably ease congestion, not only at the airport, but also round Alicante City itself.

At the moment the N-338 road is the only access to the airport, which is one of the five busiest in Spain. During 2017 it handled more than 13 million travellers.

The N338 links the A-70 ring road of Alicante with

the main coastal road (N332), which is the main communication axis for the south coast of the province.

The government plans to duplicate the current road with a four-lane highway that will connect the N332, airport, N340 and A70. Airport access from the existing two-lane road will also be modified with service roads added.

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by Matt Ford

9-hour gun battle

'Rambo of Cantabria' shot at police

A MAN dubbed the 'Rambo of Cantabria' has been held at his parents' home in the hamlet of Turieno after a nine-hour gunfight with armed police.

Luciano Jose Simon, 58, fled the scene of the shootout brandishing an unlicensed shotgun, sparking a manhunt including 100 officers and a

helicopter.

Detectives were baffled how he made his escape after

a special operations firearms unit launched smoke bombs before storming the house to find it empty, leading regional president Miguel Angel Revilla to describe the swoop as 'a total shambles' in a tweet.

Simon was believed to be holed up somewhere in the mountainous Liebana valley in

which the village lies, but a day-long sweep of the area failed to reveal his whereabouts despite it being completely sealed off.

He was ambushed when returning to the property without the gun 24 hours after the incident, which was earlier described as 'like something out

of Hollywood' by one neighbour.

The drama unfolded when the suspect's brother called the police, claiming his sibling - who has a criminal record for drug use, robbery and physical violence - had pulled a knife on him and other members of the family during an argument.

But when a Guardia Civil patrol pulled up to the house around 9pm Simon started firing at them from a small window after barricading himself in the attic.

Reinforcements were called and an exchange of bullets ensued, with Simon firing at least 20 times, injuring one officer's foot, while the hamlet's 100 inhabitants were told to stay indoors after police described him as 'extremely dangerous.'

At some point between 6am and 7am he vanished as the special operations unit arrived, with investigators now believing he wriggled through a skylight on the back of the building before disappearing into the surrounding forest.

The mayor of neighbouring Camaleño, Oscar Casares, called the encounter "unprecedented," describing the "fear and worry" experienced by locals after they learned he had made his getaway with the gun.

Simon, who was said to be "hungry and exhausted" when captured, has been remanded in custody and is unlikely to be granted bail, the Guardia Civil confirmed in a statement.

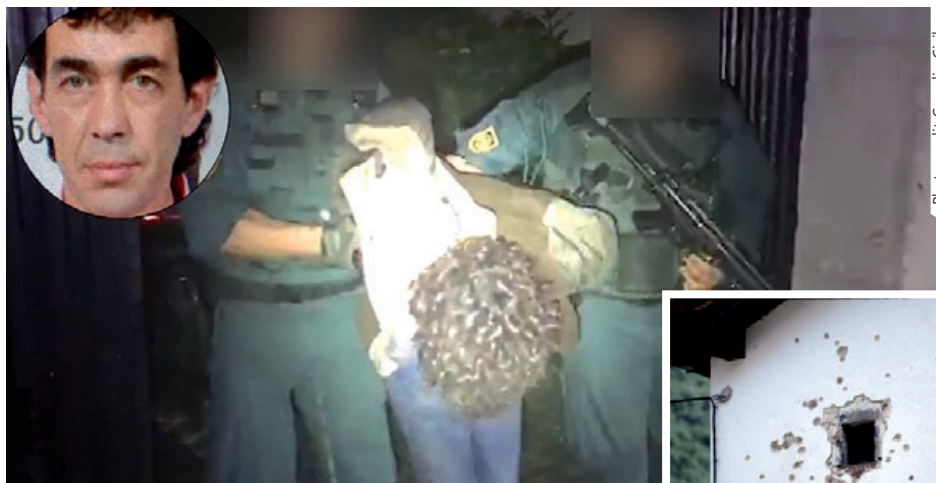


Photo credit: Guardia Civil

AMBUSHED: Luciano Jose Simon was caught in the wake of a 24-hour search.



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Is it a bird?

'Superman' robber held



SUPER DUPER: Robber disguised himself.

A MAN dressed as comic book hero Superman has robbed two stores.

For some unexplained reason the man thought it would be a good idea to dress up as the legendary crime fighter while he held up two Chinese food stores in Javali Nuevo and La Nora in Murcia.

But the effect of the famously striking blue, red and yellow outfit was spoiled by him covering it over with a black body warmer, while a cycling helmet and dark glasses completed

the ensemble to comic effect.

There was nothing funny about the double-barrelled shotgun he brandished as he demanded cash during the robberies, although one child on the scene did ask the robber if the gun was real. Back came the reply "do you want to find out" at which point the terrified youngster fled the scene.

National Police who viewed security videos identified a suspect. A man, aged 30, was later arrested. Police seized a shotgun, five weapons, a cycling helmet - and a Superman costume.

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Credit: Facebook

FOUND: Antique violin back in owner's hands.

For sale: €40,000 violin for €7

A THIEF who stole a rare 1740 violin worth €40,000 obviously didn't know what he had - police have just found it up for sale at a paltry €7.

Dani Cubero, first violinist of the Qvixote Quartet and professor of chamber music at the Conservatori Superior del Liceu, in Barcelona lost his violin when he was mugged last November.

It was his most prized possession and had cost him his life savings. Although he had lost the instrument, he never

gave up hope of having it returned as it is a unique piece that anyone in the antique musical instrument trade would spot straight away.

What he hadn't counted on was the thief never tried to sell the valuable violin in one of the upmarket instrument stores of Barcelona or further abroad.

Instead it ended up at a thrift store with a price tag of just €7. It still needed a coincidence for the instrument to make its way back to Dani.

A musician was searching through second-hand stores when he was shown a violin. He thought it looked rather old so got in touch with a violinist he knew. He in turn got in touch with Dani, sending pictures.

Dani immediately recognised it, and got in touch with the Mossos d'Esquadra (Catalan police) and has now been reunited with his violin, which came from the workshop of Johannes Udalrichus Eberle.

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WhatsApp spy jailed

A MAN who spied on his wife's WhatsApp messages has been jailed for two years.

An Alicante court heard that the computer specialist had installed 'spyware' on his spouse's phone, which recorded her messages.

He even took screen shots of what he alleged was proof of her having an affair with another man and sent them to his wife.

Finally he reset the phone to hide evidence of the spyware as he knew it was illegal, the court was told.

As well as the jail term the 32-year-old man has been fined €3,240 and been banned from approaching or communicating with his wife for four years.

by Joe Gerrard

PROSECUTORS in Santiago have opened an investigation into the head of the Franco Foundation after a leftist party accused him of denying crimes against humanity committed during the dictator's rule.

Investigators in the Galician capital opened a probe after receiving a complaint from Esquerda Unida (EU).

They claimed Juan Chicharro Ortega's remarks on a television programme broke laws which deem certain remarks about Fascist-era Spain and its dictator illegal. Prosecutors have since passed on the case file to their colleagues in Madrid.

"Franco did not shoot or order to shoot," Ortega said.

The EU, the Galician branch of the national Izquierda Unida (IU) party, said the remarks denied "crimes against humanity" committed under Franco's rule.

Eva Solla, the head of the EU and of the Galician Communist Party, said the opening of the case was good news.

"We understand that both

President probe

Prosecutors investigate after 'hate crime' claims



PROBE OPENED: Eva Solla's (inset) Esquerda Unida party made the complaint to Santiago prosecutors.

the opening of proceedings by the Prosecutor's Office and the investigation are both positive developments."

"The EU hopes that justice will be done and that an investigation will be opened into the Foundation itself and they will be con-

demned," she said.

The Foundation and Ortega had not published any comment about the probe on social media or elsewhere online.

Ortega said in a previous statement shortly after becoming president of the group that

his goal was to defend the dictator's historical legacy.

The Foundation also said in a statement that Franco had not committed genocide during his time in power.

"To accuse Francisco Franco of genocide, it would be necessary to prove that he

tried to destroy a national or racial group."

"The accusations of genocide from the left lack intellectual rigour and is untenable in law," the group added.

The EU said the Foundation continued to "promote and exalt" the dictatorship in material it distributes with the aim of making an apology for it.

Eva Solla said: "Spain is the second country in the world with more people missing, second only to Cambodia.

"After 40 years since the transition to democracy we still have no justice, dignity and reparation for the victims of Franco's regime."

Several mass graves containing what some claim are the victims of Franco-sponsored purges and massacres have been unearthed this year, including in Cadiz and Mallorca.

Spain's Law of Historical Memory, passed in 2007, commits the government to officially recognise the victims of Franco's regime and to condemn his time in power.

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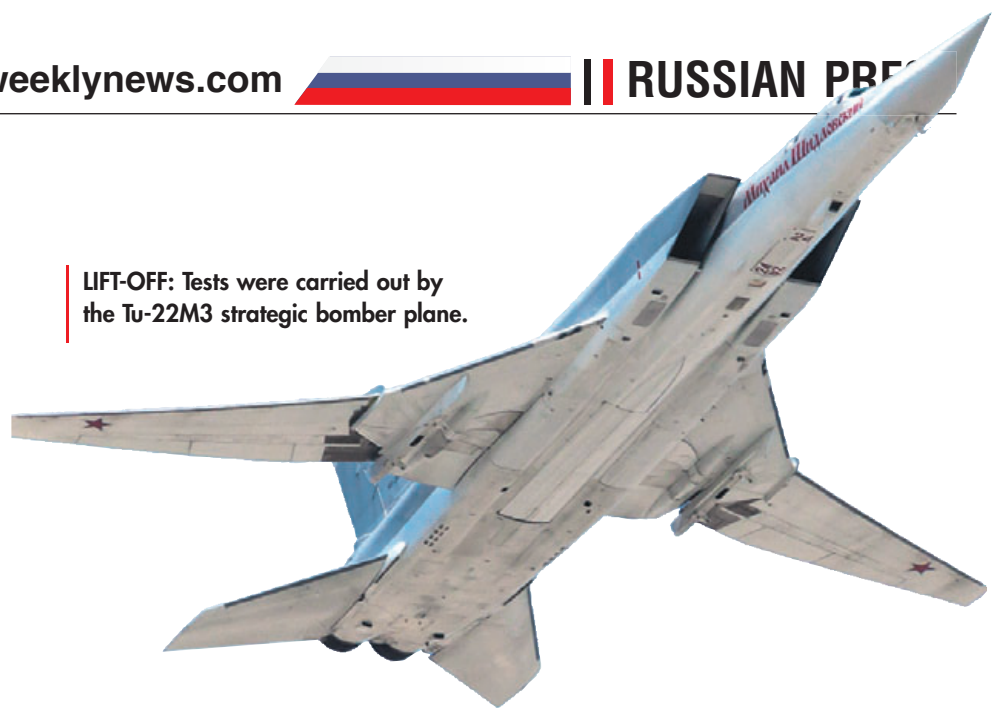


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LIFT-OFF: Tests were carried out by the Tu-22M3 strategic bomber plane.

Military tests new hypersonic missile

RUSSIA'S Defence Ministry has released footage of air force bomber planes carrying out tests on a new missile President Vladimir Putin claims is 'invincible.' The tests of the Kinzhal system, which travels at 10 times the speed of sound, comes amidst fears an arms race could break out with Western powers as tensions rise.

behind the Novichok attack on Sergei and Yulia Skripal are Russian. The Kremlin has repeatedly denied any involvement.

Putin summit claims

PRESIDENT Vladimir Putin has accused forces within the United States of trying to derail the 'success' of his Helsinki summit with US counterpart Donald Trump. Putin told Russian diplomats in Moscow the two leaders made useful agreements but some in the US were prepared to 'casually sacrifice' progress. It comes as Trump backtracked on comments defending Putin.

Police 'gag' dropped

POLICE in Russia have begun publishing daily crime reports following World Cup blackout claims. Regular operational reports resumed yesterday (Wednesday) after being suspended by the Interior Ministry in June, according to an anonymous official source quoted in local media.

Alleged fire cover-up

PROSECUTORS have accused a Siberian official of attempting to destroy evidence related to a shopping centre blaze which killed 64 people. Alexander Mamontov, head of the Kemerovo Region's Emergency Services Ministry, has appeared in court hearings over the Winter Cherry fire after claims it was caused by poor safety standards.

British poison probe

BRITISH investigators probing the nerve agent attack on a former Russian spy and his daughter have claimed several suspected culprits have been identified. Police checked CCTV footage and border records, with officers reportedly 'sure' those

Taste of Trump

BUSINESS has been booming at a Donald Trump-themed burger restaurant following the United States president's Helsinki meeting with Russian counterpart Vladimir Putin, according to its manager. Trump Burger, in Krasnoyarsk in Siberia, features walls decorated with paintings of the president and dishes named after him and First Lady Melania Trump.

Manager Igor Vinogradov added that some more nationalistic customers had behaved rowdily there.

TRUMP THEME: The restaurant is covered in paintings of the president.



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STAT OF WEEK

€14.25 billion THE estimated cost of decommissioning all Spain's nuclear power plant according to the latest data from state-run radioactive waste management firm ENRESA, an increase of €1.1 billion.

Spain referred to top EU court

THE European Commission has referred to the EU's Court of Justice for failing to fully implement a series of rules dubbed the Capital Requirements Directive.

This legislative package contains prudential rules for banks, building societies and investment firms.

EU member states should have brought the directive into national law by December 31, 2013, with Spain formally requested to do so in January 2015 and a final warning issued in January this year.

Ex-king 'tried to hide money'

SPANISH Prime Minister Pedro Sanchez has said he is unable to reveal whether the country's ex-king received a tax amnesty six years ago.

It comes after a recording of German philanthropist Corinna zu Sayn-Wittgenstein, 53, a former mistress of King Juan Carlos I, was leaked by Spanish media.

In the audio clip, she claims he benefited from the 2012 measure, which allowed tax dodgers to reveal all their undeclared assets and income before paying a one-off 10

per cent fine.

It was designed to bring in money and reduce public deficit during the economic crisis.

Far-left political party Podemos had demanded Sanchez make the names of those who paid the sanction public, but in parliament he said it is "not possible to review the cases of those who benefited from that amnesty," or reveal their names because it was last year declared void by the Constitutional Court.

by Matt Ford

"I don't have any idea who benefited from the amnesty," he added.

Podemos lawmaker Ione Belarra said: "The citizens of our country have the right to know if the former king is a fraudster or not."

King Juan Carlos abdicated in 2014 in the wake of a string of scandals, and in the recording zu Sayn-Wittgenstein alleges he had several bank accounts in Switzerland, some of which he submitted for the amnesty, while others were kept secret after being put in the name of a cousin.

beIN pulls out of footy battle

MIDDLE EASTERN broadcaster Al Jazeera Media Network's beIN Sports channel is to cease broadcasting in Spain from August 1.

The move follows Spanish rival Telefonica's acquisition of the rights to UEFA's Champions League and Europa League football in the country, with the firm having already clinched the La Liga domestic football rights for 2019-2020.

beIN Connect's website is no longer offering subscriptions to beIN Sports, although a stripped-down football bundle similar to that unveiled recently by Vodafone Spain is available.



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Amazon staff clash with police in strike



Photo credit: Alberto Rodriguez/Twitter

PRIME SUSPECTS: Trade unions accused officers of attacking protestors.

A THREE-DAY strike by Amazon warehouse employees in Madrid has descended into violence.

Timed to coincide with the e-commerce giant's Prime Day summer promotion, the industrial action saw police in riot gear charging picket lines on grounds they were blocking traffic, trade union officials said.

At least two protestors were arrested during the rally over

working conditions, with one demonstrator reportedly losing teeth after being hit in the face with a truncheon.

A photo shared on social media by Alberto Rodriguez, a member of Spain's Congress of Deputies, appeared to show a blood-stained shirt outside the company's warehouse in San Fernando de Henares.

The image was captioned: "This is the respect that Amazon Spain has for its workers."

» BUSINESS EXTRA

Admiral to jump ship

UK-BASED car insurance specialist Admiral has announced it is to move its continental headquarters from London to offices in Madrid and Sevilla from January 1, 2019 amid fears over Brexit, the Spanish Economy Ministry said in a statement.

Pipe down

SPANISH utility Naturgy, formerly Gas Fenosa, has revealed a €3.7 billion depreciation in the value of its power stations amid a €4.9 billion overall plunge in the worth of its overall assets in the wake of its rebrand.

Hard sell

SPAIN ranks as the fifth weakest country in the European Union in terms of exports compared with gross domestic product, with last year's figure of 34.1 per cent meaning that only the UK, France, Italy and Greece export less.

Warships deal confirmed

SAUDI ARABIAN MILITARY INDUSTRIES (SAMI) has signed a deal to build five warships with Spain's Navantia.

The two state-owned firms will set up the joint venture - part of a €1.8 billion project agreed in April - in the Middle Eastern kingdom.

It will cover the design and construction of

five Avante 2200 Corvettes, with the last unit to be delivered by 2022, and generate 6,000 jobs including 1,100 direct posts.

Saudi Arabia's biggest sovereign wealth reserve, the Public Investment Fund, last year created SAMI after the government announced plans to diversify the economy in order to reduce its reliance on oil exports and create jobs.

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Everything you need to know about EHIC

What is an EHIC?

The European Health Insurance Card replaced the old E111 certificate in 2005. This free card gives you the right to access state-provided healthcare during a temporary stay in any of the other 27 EU countries plus Switzerland. The benefits include GP visits and in-patient stays. Most countries have a health system that is like the NHS, however in some countries you may be expected to pay a small proportion of the cost of treatment.

Do I still need travel insurance for Europe?

Some people think the EHIC provides all the cover they need while they're on holiday and they are happy to forego the benefits of travel insurance such as, emergency airlifts, delay and cancellation protection and cover against loss and theft. The NHS points out, "The EHIC is NOT an alternative to travel insurance and will NOT cover any private medical healthcare or costs."

EHIC is only for emergencies and the term 'Emergency' is classed as something that is medically necessary before your return home. It is designed to be used by holiday makers and not used by residents.

Brexpats in Spain mentioned recently how the Spanish government has agreed to help combat abuse of the EHIC by asking people to sign a declaration that they are in Spain on holiday. False declarations could result in a prosecution for fraud which could affect their future residencia applications should they decide to legalize their residential status.

What happens to the EHIC after Brexit?

No one knows. The prospects for continuation look more optimistic than they did.

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What on earth is going on?

LEAPY LEE SAYS IT

OTHERS THINK IT



CAN anyone please tell me what the hell is actually going on with this planet of ours?

The whole shebang seems to be teetering on some kind of destabilising precipice with our so-called leaders stumbling through it all in a complete befuddled daze.

Politics groping through a tangled jungle of confusion and governmental garbage, getting all their priorities wrong and having no knowledge or way of even vaguely coming to grips with it all.

Those, who are laughingly under the impression that they can make a difference, are all rushing around, trying to look important and ultimately reversing up their own backsides. I cannot help but think we are yet again all pawns in some devious plan set in motion by those who truly run our lives.

Shadowy figures, who walk the secret corridors of those who hold the wealth of the world to their electronic bosoms and have the ability to buy and sell countries. These individuals instigate, and even rely on worldwide destabilisation, confusion and chaos to put their own devious and self-gratifying schemes into operation. Dividing and prospering is their speciality.

Another Leapy rant? I hear you say. Well I was accused of plenty of those, when I warned 30 years



'UNPREDICTABLE' TV PERSONALITY: The President of the United States.

or more ago that if we didn't come to terms and sort out the immigration problems, it would be too late and our enemies would be everywhere. So, don't dismiss the 'ol boy's ramblings too flippantly.

Look at the state were all in. Mid-East turmoil, African wars (Congo in particular, who conveniently hold vast supplies of cobalt, required in the

manufacture of electric cars!) is forcing so many opposing cultures and numbers into the mix, they are destabilising economies, causing anger and distrust in communities; destroying freedom of speech and generally upsetting their whole previously peaceful and fairly contented existence.

These manipulators must love all this EU fiasco,

you can bet they have a few fingers in that particular pie. Palestine are chucking over missiles into Israel and going virtually unreported. Russia has been taken over by criminals. China is still twitching nervously (after managing to drop the lid on the North Korean antics for a bit). An unpredictable TV personality controls the most powerful nation on Earth (or thinks he does!).

All this diversity rubbish has created its natural reaction from idiots, whose lunatic ideas and schemes muddy the waters of common sense even more. And on it goes. I just can't shake off the feeling that the whole thing is some kind of smoke screen, devised by these hidden manipulators to create some form of new world order which will be beneficial to only them. Saudi Arabia doesn't seem to be experiencing too much turmoil since their new man took over. They have you notice put up a seriously red herring of sharing in our drastic culture changes by allowing women to drive! By the amount of money they have sucked out over the years, you can bet there's a few of their oily fingers entrenched somewhere in the 'club.'

Ah well. There is only one thing you can rely on. The likes of you, I, and most everyone else, can't do a durned thing about it. Lend us a fiver!

Keep the faith.

Love Leapy.

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TECH FOR
THE TIMID



AN Amazon vendor just gave me a stark ultimatum: take down my bad review, or lose the €209 they owed me. Would you?

In these litigious times they could of course just sue, as indeed a New York doctor did last month for a million dollars, when a patient posted a negative review.

Then again you might recall what happened when guests logged a terrible review of Blackpool's Broadway Hotel ('a rotten stinking hovel'). The hotelier made headline news and was deluged by crippling publicity after adding a £100 (€114) fine to their bill for reputational damage.

And now it's happened to me. Hold the presses.

It all started with a quest for a phone - a very particular phone, which only one vendor stocked, on Amazon's French 'Marketplace.' That's where Amazon lets third-party merchants sell their own goods and pay the retail giant a tidy commission (on condition they don't undercut Amazon's own prices, but that's a juicy titbit for a different kind of article).

What would you do?

Terence Kennedy is pressured into deleting a bad review

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REVIEWS: Hell hath no fury

I came, I saw, I ordered. And waited. And waited. Thirteen days later, phoneless and desperate after the order failed twice for reasons unknown, I lost confidence, abandoned hope and cancelled, ordering a simpler phone from Amazon itself and getting it in a day.

Wasting scads of time and temper had left me aggrieved enough to post

a poor review. After all, 70 per cent of people are now said to read reviews before buying online. I wrote nothing libellous, nothing vituperative, just the facts ma'am, nothing but the facts.

In the meantime, still no refund. Then an ultimatum from the seller, French retailer Hobby-Discount: take down your review or your money is

blocked. Voila and ouch.

To my shame, I buckled. Every man has his price, and mine is a deersory €209.

Then my refund arrived safely - and I instantly reposted my review, turbocharged, updated and twice as mean. With another one for luck on the widely-consulted TrustPilot ratings site. So there.

Amazon's press office has gone to ground with my subsequent query, but its policy couldn't be clearer: sellers absolutely cannot force buyers to remove their comments, says an official response on the American mother-ship's site.

Any attempt to manipulate ratings, feedback or product reviews is prohibited and could result in a vendor's 'selling privileges' being revoked. Bottom line: we CAN fight back against shoddy service. Bad reviews might not ruin the Microsofts or Apples of this world, your local pizza joint or even my haughty French merchant. Let's face it though, revenge is sweet. After I got my €209 back.

Blackmail order

MY favourite Amazon review comes from a dissatisfied buyer: 'I measured the TV and it was actually 104.6 inches not 105 so I returned it.'

No, customers aren't always right as the old dictum has it. Except in their own minds.

The tough reality with consumers now holding so much power in their pens is that, when a customer complains, vendors simply have to grin and bear it. At best they can have a review taken down if it has been posted multiple times, or is 'libellous, defamatory, harassing, threatening or inflammatory.'

By all means speak out when service is shoddy, but keep it in proportion. Is it worth it spending hours of your life trying to bring down a company for a single shoddy service? Well, perhaps ...



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There is nothing more irritating than reconnection charges, minimum yearly usage limits and the inability to allow tenants to pay for the internet directly, so PN TV services pay as you go internet package offers an ideal solution.

Now you or your tenants can enjoy convenient internet access without an expensive outlay, even without the need to install a Telefonica line.

If you need television, internet, phone or any combination of all three, PN TV Services can satisfy all of your communication needs, especially as one of the requirements for holiday rental registration in some areas includes internet connection.

Peter Savage, who worked for Sky for many years in the UK, moved with his wife Nicky to Spain and set

Easy internet access is not a luxury

up PN TV services, some eight years ago, offering their internet service six years ago.

The couple are happy to advise on what is best for your particular situation. For television, they can provide free-to-air TV and more, through a minimum 1.37m satellite dish or IPTV boxes, which allow television to be viewed through the Internet.

PNs technology offers customers a telephone service with either a UK telephone number which can be adjusted to the region that you came from or a Spanish telephone number or even both.

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The pair pride themselves on their



Photo Credit: Sdecoret Shutterstock

COMMUNICATION NEEDS: High speed internet connection is a must.

efficient service and are able to offer combination packages of TV, internet and phone or you can pick and

choose what you need.

Peter is fully qualified, trained and certified by Sky, as well as being

recognised by Ubiquiti which provides all of the internet equipment so customers know they are in safe and professional hands.

Their office is based in Pinar de Campoverde and their coverage is from there to Pilar de la Horadada, to Playa Flamenca, La Zenia, Villa Martin and most areas in between.

From there they provide continuous internet with speeds of up to 6mb, 12mb and 30mb, alternatively they are happy to supply pay as you go holiday packages with speeds of either 12mb or 20mb, where the client can pay daily with no reconnections fees.

The office in Avenida de las Especies, Pinar de Campoverde is open from Monday to Friday 10am to 5pm and Saturday 10am to 2pm where they will be happy to discuss your particular needs. Alternatively, email them on pandntvservices@hotmail.com, call them on 965 064 350 or 622 448 381 or check out their helpful and informative website at: www.pntvservices.com.

Advertising Feature

Christina Sharp

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DID you know that many tourists are unwittingly breaking the law each year when travelling abroad with their prescribed medication?

Wherever you're travelling to, the chances are your holiday destination will have laws that are very different. According to the Foreign and Commonwealth Office (FCO), it is not uncommon for medication that is acceptable in some countries, to be classified as 'controlled drugs' in others. The BBC have warned holidaymakers to check travel advice on medication they plan to take abroad to avoid being fined, or worse arrested and imprisoned. For example some cold remedies are banned in Japan, and Zambia won't allow Benylin cough syrup through its borders.

Examples of controlled medicines can include painkillers, such as diamorphine, and some medicines containing hormones, such as anabolic steroids.

Read on for some practical advice on this little known risk facing travellers:

What should you do if taking prescribed medication with you?

Plan well ahead. Different countries have different rules and regulations on permitted

Travelling abroad with medication? Beware!



Credit: Victoria 1 Shutterstock

PLAN AHEAD: Make sure that your medicine is legal before travelling.

medicine and the maximum quantity you can take in. Some countries, like India and Turkey, have lists of medicines they won't allow into the country.

Speak to your GP or practice nurse about where you'll be going at least four to six weeks before you travel so they can advise whether special arrangements are required for your particular medication.

You can also get information about the rules

that apply to the country you are visiting from their local foreign embassy. The Foreign and Commonwealth Office website also provides more general country information on health: <https://www.gov.uk/foreign-travel-advice>.

How to travel with your medication.

Always carry medication and medical equipment (eg needles) in their original, labelled packages. Carry a copy of your prescription and ideally a letter from your GP with details

of your health condition/s and your medication, including the generic name of the medicine (not just the brand name). This documentation will be very helpful if you need to arrange replacement medication for any reason while abroad, as well as helping you through border control.

Carry at least three days' supply of essential medication in your hand luggage in case your baggage is delayed. Note that you are allowed to carry essential medicines of more than 100ml in your hand luggage, as long as you have supporting documentation from your doctor.

Pack spare medication in your checked-in luggage too (with copies of the supporting prescription), in case you lose your hand luggage.

Don't be caught out by medication that requires temperature control (eg below 25C) if you are travelling to a very hot country. Your doctor or local chemist should be able to provide guidance here. You can help keep your medicine cool by using a thermos flask, or cool bag with ice packs.

Wherever you are going, stay safe, healthy and don't fall foul of foreign laws. Do your research well before you travel and don't forget to buy decent travel insurance. Choose Globelink, providing quality travel insurance for over 20 years, wherever you live in the EU.

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7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm EastEnders
9:00pm Eat Well for Less
10:00pm Keeping Faith
11:00pm BBC News at Ten
11:30pm BBC London News
11:45pm New Tricks
12:45am Who Do You Think You Are?

BBC TWO

9:00am How the NHS Changed Our World
9:30am Caught Red Handed
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
2:00pm Perfection
2:45pm Getting the Builders in
3:30pm For What It's Worth
4:15pm Nature's Weirdest Events
5:15pm Jungle Atlantis
6:15pm Antiques Road Trip
7:00pm Eggheads
7:30pm Great British Railway Journeys
8:00pm Hairy Bikers' Mediterranean Adventure
9:00pm Inventing the Impossible: The Big Life Fix
10:00pm Horizon: Spina Bifida and Me
11:00pm Quacks
11:30pm Newsnight
12:15am Hospital

BBC FOUR

4:25am This is BBC Four
8:00pm Beyond 100 Days
8:30pm The Royal Welsh Show 2018
Kate Humble and Gareth Wyn Jones present highlights from the final day of the Royal Welsh Show.
9:00pm Australia with Simon Reeve
10:00pm Size Matters
11:00pm In Search of Science
12:00am The Great British Year
Documentary series showing Britain's changing look over the course of a year
1:00am Cardinal
1:40am Cardinal
2:25am Australia with Simon Reeve
3:25am Size Matters
4:25am This is BBC Four

CHANNEL 4

8:35am Everybody Loves Raymond
10:00am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm The Simpsons
1:00pm Channel 4 News
1:05pm Come Dine with Me
2:05pm Find it, Fix it, Flog it
3:10pm Countdown
4:00pm A Place in the Sun: Winter Sun
5:00pm The £100k Drop
6:00pm Come Dine with Me
6:30pm The Simpsons
7:00pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm George Clarke's Old House, New Home
10:00pm Prison
11:00pm Ramsay's 24 Hours to Hell and Back
12:00am Who is America?
12:40am Our Guy in Russia
1:40am The Sex Clinic: Artist in Residence
2:35am The Supervet

CHANNEL 5

9:05am Paw Patrol
9:20am Floogals
9:40am Digby Dragon
9:55am Nella the Princess Knight
10:05am Mofy
10:15am The Wright Stuff
12:15pm Can't Pay Special
1:10pm 5 News Lunchtime
1:15pm GPs: Behind Closed Doors
2:15pm Home and Away
2:45pm Neighbours
3:15pm Cagney and Lacey
4:15pm Garage Sale Mystery
5:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Mission: Impossible - Fallout Special
8:30pm Caught on Camera
9:00pm Bad Tenants: Disturbing the Peace
10:00pm Eamonn and Ruth: How the Other Half Lives

4

9:00am Melissa and Joey
10:00am Baby Daddy
11:00am Black-Ish
12:00pm How I Met Your Mother
1:00pm The Goldbergs
1:30pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm Young and Hungry
5:30pm Young and Hungry
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm The Goldbergs
9:00pm Young Sheldon
9:30pm Young Sheldon
10:00pm The Big Bang Theory
10:30pm The Big Bang Theory
11:00pm Brooklyn Nine-Nine
11:30pm Brooklyn Nine-Nine

sky sports main event

6:00am Sky Sports News
7:00am Good Morning Sports Fans
Bitesize
7:30am Good Morning Sports Fans
Bitesize
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Live European Tour Golf
1:00pm Live Senior British Open
3:30pm Live Ladies Scottish Open
6:30pm Info not available
8:00pm Sky Sports Tonight
8:30pm Live Super League
10:30pm Live Darts: World Matchplay
12:00am Jd Ringside: The Countdown
12:30am Dillian Whyte: Off Limits

itv

4:50am ITV Nightscreen
6:05am The Jeremy Kyle Show
7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:30pm ITV Lunchtime News
2:55pm ITV News London
3:00pm Judge Rinder
4:00pm Tenable
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Eat, Shop, Save
9:00pm Emmerdale
9:30pm Birds of a Feather
10:00pm Our Shirley
Valentine Summer
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:45pm Unforgotten
12:45am Give it a Year
1:10am Jackpot247
4:00am ITV Nightscreen

itv2

7:45am Totally Bonkers Guinness World Records
8:10am Who's Doing the Dishes?
9:00am Emmerdale
9:30am Coronation Street
9:55am Coronation Street
10:25am The Ellen DeGeneres Show
11:20am The Bachelor
1:15pm Emmerdale
1:45pm Coronation Street
2:15pm Coronation Street
2:45pm The Ellen DeGeneres Show
3:35pm The Jeremy Kyle Show
4:40pm The Jeremy Kyle Show
5:45pm Judge Rinder
6:50pm Take Me Out
8:00pm You've Been Framed! Gold
9:00pm Two and a Half Men
9:30pm Superstore
10:00pm Love Island
11:00pm Keith Lemon: Coming in America
11:50pm Family Guy
12:20am Family Guy
12:45am American Dad!
1:15am American Dad!

itv3

3:30am Teleshopping
7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am The Royal
10:05am Judge Judy
10:30am Judge Judy
11:00am George and Mildred
11:35am Agatha Christie's Marple
1:35pm The Royal
A train crash leads to tragedy for a young family and a race against time for Dr Banner.
2:40pm Heartbeat
3:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:55pm Agatha Christie's Marple
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Vera
11:00pm Foyle's War
1:00am A Touch of Frost
2:55am ITV3 Nightscreen
3:30am Teleshopping

itv4

4:00am Teleshopping
Shopping from home.
7:00am The Chase
7:50am The Chase
Quiz show hosted by Bradley Walsh
8:35am Storage Wars
9:00am Cash Cowboys
10:00pm The Professionals
11:00am Minder
12:00pm Tour De France 2018 - Highlights
1:00pm Storage Wars Texas
1:30pm Sporting Funnies
1:45pm Tour De France 2018
6:15pm Football's Greatest
6:30pm Storage Wars Texas
7:00pm Cash Cowboys
8:00pm Tour De France 2018 - Highlights
9:00pm Monster Carp
10:00pm Licence to Kill
11:00pm FYI Daily
11:05pm Licence to Kill
12:45am Saw
1:45am FYI Daily
1:50am Saw
2:50am The Big Fish Off
3:45am ITV4 Nightscreen
4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

10:45am War for the Planet of the Apes
1:15pm Resident Evil: The Final Chapter
3:15pm Thor 2 - The Dark World
5:15pm Birth of the Dragon
7:00pm 300
9:00pm War for the Planet of the Apes
11:30pm Thor 2 - The Dark World

sky CINEMA COMEDY

9:25am Girls Trip
11:30am American Pie: The Wedding
1:15pm Miss Congeniality
3:10pm Miss Congeniality 2: Armed and Fabulous
5:10pm Top Ten Show, the 2018
5:25pm Fletch
7:10pm Here Comes the Boom
9:00pm Girls Trip
11:05pm American Pie: The Wedding
12:50am Here Comes the Boom

sky CINEMA PREMIERE

7:00am 22 Chaser
8:50am Same Kind of Different as Me
11:00am Daphne
12:45pm Thor: Ragnarok
3:05pm Road Hard
5:00pm The Shanghai Job
6:50pm Same Kind of Different as Me
A wealthy married couple discover a renewed sense of purpose when they befriend a homeless drifter.
9:00pm Thor: Ragnarok
11:15pm Road Hard
1:00am The Shanghai Job
Tasked with transporting a valuable antique, a down-on-his-luck bodyguard finds himself fighting for his life on the streets of Shanghai.
2:40am Heartlock
4:20am Jupiter's Moon

sky sports football

6:00am Football's Greatest
6:30am Football's Greatest Teams
7:00am EFL Greatest Games
7:15am EFL Greatest Games
7:30am SPFL Greatest Games
7:45am SPFL Greatest Games
8:00am Football Years
8:30am Football Countdowns
9:00am Football's Greatest Teams
9:30am Football's Greatest Teams
10:00am SPFL Greatest Games
10:15am SPFL Greatest Games
10:30am SPFL Round Up
10:45am SPFL Round Up
11:00am Play-Off Final Highlights
12:00pm One2eleven
12:15pm One2eleven
12:30pm SPFL Greatest Games
12:45pm SPFL Greatest Games
1:00pm Football's Greatest Teams
1:30pm Football's Greatest Teams
1:55pm Info not available
4:00pm Football's Greatest

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Advertising Feature

A 'Gold Guarantee' of excellence every time

IT'S now been 36 years since the popular Toldos Guardamar established their business in the manufacture and installation of top quality awnings in a small workshop in La Marina.

As their work ethic and commitment to providing first class products has grown, the confidence of the customers has grown too.

In 2003 the company moved to the Santa Anna Industrial Estate in Guardamar as they looked for extended premises to enable them to meet the high demand for their products.

In recent years Toldos Guardamar has experienced rapid development that resulted in offices opening in Calpe and in the Netherlands, creating a commercial network of 1,500 employees. This expansion has allowed them to take their name even further afield and to carry out work in other countries in Europe and North Africa.

They have invested in a team of technical operatives by creating a set of specialised and motivated professionals who are focused on innovation and implementing new technologies. They're also very conscious at



QUALITY: Providing first class products for 36 years.

Toldos Guardamar that they're not simply selling an awning - it's a very important part of a daily lifestyle!

Toldos Guardamar are now based in their busy sales and production centre on the San Fulgencio Industrial Estate just outside the village and with easy access from the N-332,

where the usual warm welcome will be there to greet you. You'll see more than 3,000 square metres with the latest technology that makes up the material used in the awnings and you'll experience an exhibition designed to make your visit a unique experience.

When you buy a canopy of any kind from Toldos Guardamar you're buying part of a legacy of over 30 years in the field of sun protection, based on perfection and professionalism, a commitment to quality and to their customers, ensuring efficient protection for you and your family.

Toldos Guardamar is staffed by highly qualified professionals with years of experience in the manufacture and installation of all types of awnings, both manual and electric, for terraces, balconies, and car ports. If you need something that needs a shade, they can cover it!

Because Toldos Guardamar pays attention to detail, they look

carefully at the quality of both their service and product.

Only top quality materials supplied by the best of Spanish and European brands - leaders in their sectors - are used in their products that ensure the consistently high level and standards.

The purchase of an awning is an important investment, an investment in protection, energy saving and design. Toldos Guardamar wants their clients to feel cared for and be able to enjoy their awning with the greatest peace of mind.

That is why they offer a solid guarantee both in their products and in their work. In fact, it's a 'Gold Guarantee' for three years that covers production, installation, mechanisms, fixings and spare parts. In addition, all their products contain labels that guarantee that they are 100 per cent Spanish and include the date of manufacture.

Their excellent customer service doesn't end once they've put up your awning and left the premises. It continues long after.

For more information www.toldosguardamar.com.



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Out of the comfort zone

Cassandra Nash
A weekly look

- and not entirely impartial reaction -
to the Spanish political scene

WELCOME to the real world, Partido Popular, to the world of primaries where party members decide who will be Den Mother or Scout Master.

Being the PP it doesn't quite work that way, as card-carriers choose the candidates and delegates decide between the top two, but it's a step away from the direct nominations of the past. That's how Jose Maria Aznar and Mariano Rajoy both got the job and it's no secret that this is the system the PP's upper echelons would prefer.

Meanwhile Mariano Rajoy, ex-president of the Spanish government and current Property Registrar in Santa Pola, supposedly wanted the PP's secretary general Dolores de Cospedal and former vice-president Soraya Saenz de Santamaria to present a single list that would have been automatically okayed at the



NO LOVE LOST: Soraya Saenz de Santamaria, Pablo Casado and Dolores de Cospedal.

party conference.

Vain hope, as the two women dislike each other intensely and ambitious Pablo Casado popped up to spoil the plan anyway.

The direction that the PP takes now remains to be seen and it's no surprise that Rajoy and others should have wanted more of the same.

Harder to forgive

IN the past Juan Carlos I represented everything that could be a good in a monarchy.

Appointed by Franco as his successor, he led Spain away from dictator-

ship towards democracy. That's some legacy but one that he dilapidated in later life. No one was bothered that he had a mistress or mistresses and it was an open secret for many years that he and Queen Sophia lived separate lives.

Breaking his hip while shooting elephants accompanied by maitress-entitled Corinna zu Sayn-Wittgenstein at the height of Spain's economic crisis was harder to forgive and precipitated his 2014 abdication.

Tapes have now emerged where Corinna talks about alleged commissions that Juan Carlos earned by brokering international deals and registering properties in her name in Monaco

A two-letter word

SPAIN'S legal profession is 'perplexed and uncertain' over the government's proposal to define any sexual act without a definite 'yes' as an offence.

They argue that there are many 'explicit or tacit' ways of manifesting consent including gestures. They don't get it, do they? There is only one way of manifesting consent and that entails saying Si. If she (or he) says Si, it's consensual sex. If she (or he) doesn't, it isn't.

and Morocco.

She also maintained that Juan Carlos's lawyer in Switzerland, Dante Canonica, created a money-laundering infrastructure for him.

Dante Canonica! What a name! If there were a Spanish-speaking Damon Runyon he would have invented a lawyer named Dante Canonica.

The tragedy is that if Juan Carlos was once the epitome of what a king should be, today he embodies all that he shouldn't.

Hopping mad

GERMANY has agreed to extradite self-exiled former regional president Carles Puigdemont, but only for mis-

appropriation of public funds.

Spain's public prosecutor and the judge Pablo Llarena are hopping mad because that means he can only be tried for that and not sedition and rebellion as they want.

Whatever Puigdemont has done amounts to both but the accusations unfairly reinforce the distorted vision of a Spain that has not changed since Franco, or possibly Isabel la Catolica.

Llarena and the rest of them should swallow their pride and get Puigdemont for misappropriation. After all, they got Al Capone for tax evasion and it's the end, not the means, that matters.

columnists@euroweeklynews.com



TV COUCH CRITIC

by Adam Whalley-Lewis

LET'S start with some humble pie.

I think that I need to check into that clinic for people who suffer with 'watching *The Voice*.' I accidentally tuned in last weekend and found myself watching *The Kids* final on ITV. I enjoyed it. There I have said it, I tuned in, watched and enjoyed it.

The winner, Daniel Davis, blasted out *Any Time You Need a Friend*. Daniel is 14 and I'm sure made Mariah Carey proud.

Daniel's mentor was Pixie Lott, who looked stunning in a gold dress. It was such a shame that Will.i.am turned up to the final wearing some maroon linen PJ's he obviously picked up from Malaga market. I think the stallholder would have been really grateful to have shifted them. If you didn't see the show, think M&S loungewear, in maroon - creased - with baggy shorts. Thanks for making the effort Will. Wonder if Ad.am.i would work for me? Maybe not ...

Some TV news, the BBC has axed *The Great Pottery Throw Down*. Now, this BBC2 show attracts an audience of over three million and who doesn't like to see Sara Cox getting her hands covered in sloppy clay, so why is Auntie B pulling the plug? Well, the show is made by Love Productions (can you imagine the switchboard operator: 'Good Morning caller, Love Productions, how

Daniel wins and the pottery is down the sewer



may I help?'). Love Productions also makes *Bake Off*, you get the connection?

The other big TV news is that ITV have announced the *X Factor* judges for 2018. Simon Cowell is joined by Louis Tomlinson (boy band) plus Mr and Mrs Robbie Williams. I think the *EWN* Grumpy Old Man needs to investigate the husband and wife pairing here, don't you?

Sunday evening viewing on ITV came to an unfortunate end for me last week when I stumbled across *Holiday Horrors Caught on Camera*. It was late and I think I might have breathed in some

POTTY DECISION: Was the Beeb's axing of *The Great Pottery Throwdown* a revenge move?

of the smoke from the first wild fire of the season in Casares - side bar, thoughts and prayers with the bomberos and others who fight wild fires across Spain, you were fantastic in Casares last week - but I don't call getting an unexpected visitor in

your tent whilst on safari (surely to be expected), or finding out that you and a few pals have a holiday jet to yourselves, is a holiday horror. Most of us have some experience of holidays going pear-shaped and I'm not sure these experiences fall into the horror category. If you fancy a late-night romp with random folk on their holibops, catch up via the ITV Hub.

Sticking with BBC2, having cancelled *Pottery Throw Down*, Tuesday saw the second of three programmes documenting the £5 billion super-sewer being built below London. A friend pushed the initial plans through parliament on this one (hola Alison), but this is a prime-time slot and while the scale of what is going on is impressive, apart from Alison and any engineering fans out there, this one is probably best viewed on a long transatlantic night flight, you will nod right off.

Looking ahead, *The Hairy Bikers* continue their Mediterranean Adventure on BBC2, Friday evening (quite a lot of BBC2 this week ...) and fans of *Dad's Army* won't want to miss *We're Doomed*, *The Dad's Army Story* on (yes, you guessed it) BBC2, Saturday evening.

Enjoy the heat and happy viewing.

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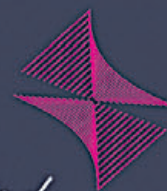
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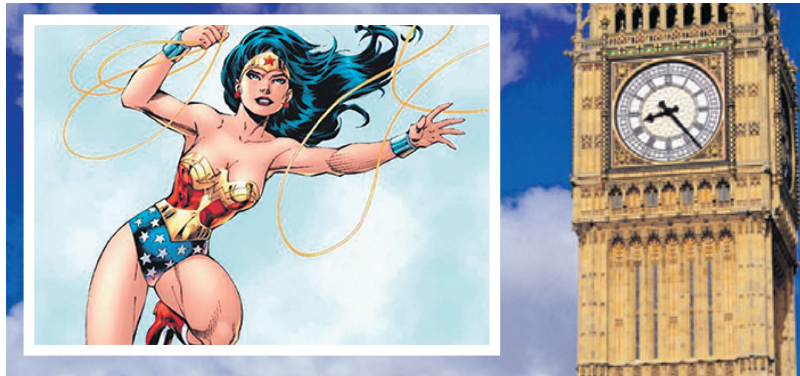
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Nora Johnson
Breaking Views



Nora is the author of popular psychological suspense and crime thrillers and a freelance journalist. To comment on any of the issues raised in her column, go to www.euroweeklynews.com/3.0.15/nora-johnson

Political correctness ... elf 'n' safety gone mad!



TOO LOUD AND TOO VIOLENT: Big Ben and Wonder Woman.

TEACHERS must stop trying to wrap children in cotton wool with OTT health and safety policies, according to the chief inspector of schools.

Making pupils wear high-vis vests on trips makes them look like Bob the Builder minus the hard hat, and enforcing bans on conkers and yo-yos by schools makes it harder for kids to tackle real dangers. Couldn't agree more!

And what about the silencing of Big Ben until 2021 to prevent maintenance workers being deafened? As one MP scoffed: "The Luftwaffe couldn't stop it, but health and safety has." A father had to demolish his garden pond because burglars could fall in and drown. He faced eviction if he failed to remove it. Health and Safety legislation has undeniably saved many lives and prevented many serious injuries, but this has surely gone too far.

And the reason for all this? The threat of lawsuits and the consequent closing of ranks when an incident does occur. Overall, the UK's PC culture continues to thrive. Arthur Ransome's novel *Swallows and Amazons* has been popular with kids for generations

but, according to the BBC, one of its characters is too rude for today. It decided Titty was an unsuitable name and went for Tatty instead. Not for the first time: it made a similar decision back in 1963, when it chose Kitty. And an unknown school in England even banned a Wonder Woman lunchbox for being 'too violent,' according to a viral image posted online by a mum.

"We have defined 'violent characters' as those who solve problems using violence. Superheroes certainly fall into that category," read the letter from the school. Help!

Basically, when PC fanatics set their

minds to doing something daft they do it. Like changing the term 'brainstorming' to 'thought showers' so as not to offend epileptics, or calling a Spotted Dick pudding a Spotted Richard to stop lewd jokes.

Well, what a bunch of clever Richards!

Nora Johnson's psychological/suspense crime thrillers 'The Girl in the Woods,' 'The Girl in the Red Dress,' 'No Way Back,' 'Landscape of Lies,' 'Retribution,' 'Soul Stealer,' 'The De Clerambault Code' (www.nora-johnson.net) Amazon and iBookstore. All profits to Costa del Sol Cudeca.

columnists@euroweeklynews.com

LEGALLY SPEAKING

Can she sell an inherited car?

Q. My husband recently passed away. I am in the process of selling the car which was in his name. The man who wants to buy it has requested a copy of my late husband's passport and NIE certificate and I am somewhat suspicious of this.

MB (Costa Blanca)

A. Properly, you cannot sell this car because you do not own it. I am supposing that your husband made a Spanish will leaving his estate to you.

David Searl

You and the Law in Spain

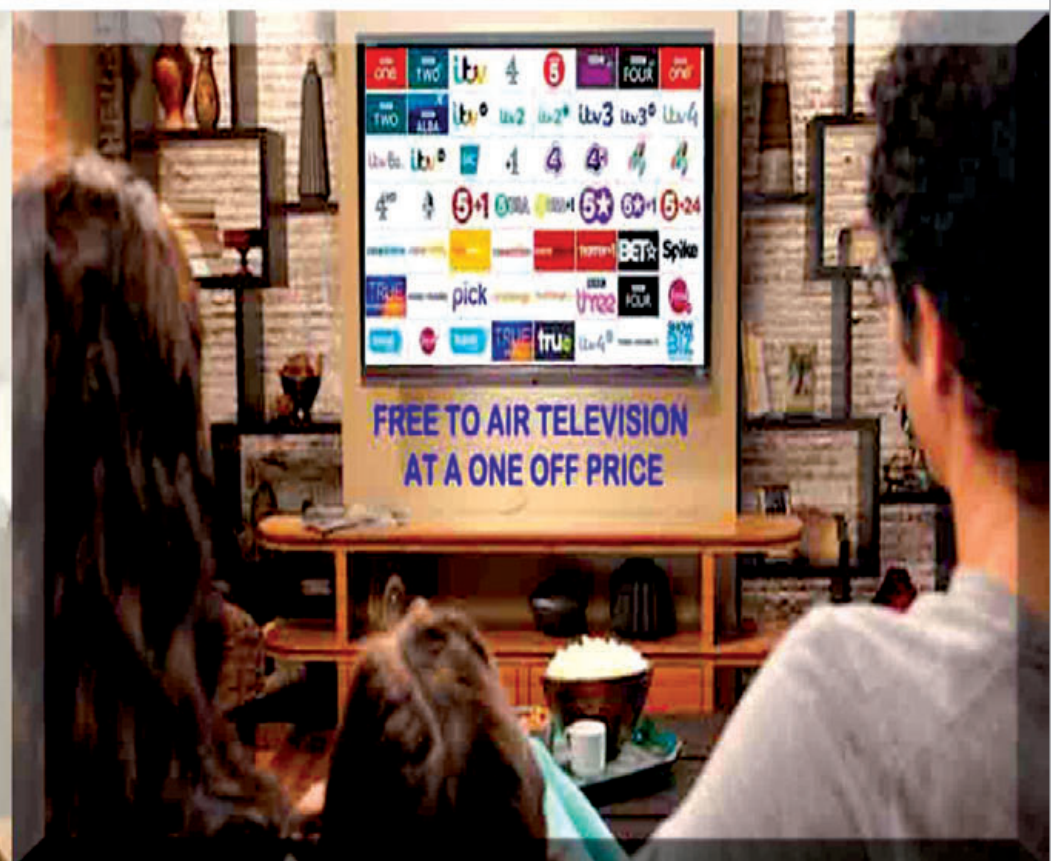


This includes the car. You must go to your Traffic department with the will, your acceptance of the inheritance and the documents of both you and your late husband, along with the car papers. Then you can transfer the title of the car into your own name, and sell it. A good gestoria can help you through this process for a modest fee.

The gestoria will also make sure the transfer itself is properly completed into the buyer's name. Sometimes an unscrupulous buyer never completes the transfer and the unsuspecting owner gets a traffic fine in the post months later because he is still the registered owner.

Send your questions for David Searl through lawyers Ubeda-Retana and Associates in Fuengirola at Ask@lawtaxspain.com, or call 952 667 090.

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Palm honey is worth a gold medal

LETTERS FROM CANARIES

By Barbara Belt
barbarabelt@gmail.com

SINCE my last missive, we've sung, dressed up, danced traditional dances, eaten and drank too much, and generally enjoyed Canaries Day, as we do every May 30.

It's a celebration of all things Canarian, marking the Canary Island parliament's first session, which was on May 30, 1983, since which time the islands have constituted one of Spain's autonomous regions.

The then Provisional Parliament had to choose a date for Dia de Canarias which: 'Has a historical, but at the same time contemporary, significance, with a future focus (!)'. This, understandably, created lots of argument and near fracas for the fledgling parliament. Commemorating the date of the first Canarian Parliament then saved the day. Politicians like a bit of immortality.

Dia de Canarias has become an institution, featuring national dress that's rocketed in popularity over the last 35 years, with each island boasting its own. There are romerias, fiestas, sporting events, concerts, school parties as well as performances of Canarian legends and history.

To mark the date, worthy Canarians are award-



INSTITUTION: Canaries Day celebrations.

ed the Canarian Gold Medal. The list of winners is long and dignified, but let's skip to the 'Los Guaraperos de La Gomera, for keeping alive a 500-year-old tradition' award.

These guaraperos (palm sap tappers) climb tall, swaying palms to work with sharp tools at the top. It's risky. The award, sadly, comes too late for father-of-three Jesus, a leading guarapero who was found dead under a palm tree in March.

"On the islands, the indigenous population made honey from palm trees. This liquid looks like cloudy lemon water and has a very agreeable flavour. When concentrated by boiling, it pro-

duces a syrup known as miel de palma (palm honey) used in the confection of desserts and sweets," said A J Benitez in *Historia de las Islas Canarias*.

When the Spanish arrived in the 15th century, the native populations of all seven islands were tapping guarapo and drinking it, or boiling it down to make palm honey, and had done so for millennia. Since then, the practice has disappeared everywhere but La Gomera.

The guarapero climbs to the top to clean off greenery and expose the crown. He uses a chisel to gradually form a hollow there, inserting a hori-



GUARAPEROS: The palm sap tradition lives on.

zontal length of cane to drain the guarapo off into a bucket suspended below. Early next morning, it's collected and filtered. Once a palm's been tapped, the delicate, exposed area needs protecting from sunlight. New fronds quickly sprout. The palm mustn't be tapped again for three or four years. The guarapero's work is sustainable. Palms aren't harmed.

Today, guarapo is poured into stainless steel cauldrons, slowly cooked for several hours and gradually becomes thicker, darker and sweeter. When a thin, continuous string of boiled guarapo falls from a spoon, it's miel de palma and is left to cool before bottling for sale. Try some if you can get it. It's delicious! Congratulations to all Canarian Gold Medal winners, especially Los Guaraperos de La Gomera. Rest in peace Jesus.

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BBC one

11:00am Homes Under the Hammer
12:00pm Fake Britain
12:45pm The Farmers' Country Showdown
1:15pm Bargain Hunt
2:00pm BBC News at One
2:30pm BBC London News
2:45pm Red Rock
3:30pm Escape to the Country
4:30pm Celebrity Money for Nothing
5:15pm Flog It!
6:15pm Impossible
7:00pm BBC News at Six
7:30pm BBC London News
8:00pm The One Show
8:30pm A Matter of Life and Debt
9:00pm Animals Behaving Badly
10:00pm The Real Marigold Hotel
11:00pm BBC News at Ten
11:30pm BBC London News
11:42pm BBC Weather
11:45pm A Question of Sport
12:15am Live From the BBC

BBC TWO

8:15am Impossible
9:00am See Hear
9:30am Caught Red Handed
10:00am Victoria Derbyshire
12:00pm BBC Newsroom Live
1:00pm The Seven Little Foys
2:30pm Coast
3:30pm For What It's Worth
4:15pm Nature's Weirdest Events
5:15pm Britain's Secret Seas
6:15pm Money for Nothing
7:00pm Eggheads
7:30pm Great British Railway Journeys
8:00pm Puerto Rico: Island of Enchantment
9:00pm Hairy Bikers' Mediterranean Adventure
10:00pm Picnic at Hanging Rock
11:00pm Rhod Gilbert's Work Experience
11:30pm Newsnight
12:15am Louis Theroux
1:15am See Hear

BBC FOUR

4:35am This is BBC Four
8:00pm Beyond 100 Days
8:30pm Handmade in Mexico
9:00pm 1066: A Year to Conquer England
10:00pm Murder in Soho
11:30pm Sword, Musket and Machine Gun: Britain's Armed History
12:30am Time Shift
1:30am The Inca: Masters of the Clouds
2:30am Shakespeare's Mother: The Secret Life of a Tudor Woman
Michael Wood tells the extraordinary story of an ordinary woman in a time of revolution.
3:30am 1066: A Year to Conquer England
4:30am This is BBC Four

CHANNEL 4

9:00am Everybody Loves Raymond
10:00am Frasier
11:05am Ramsay's Kitchen Nightmares USA
12:00pm The Simpsons
1:00pm Channel 4 News
1:05pm Couples Come Dine with Me
1:50pm The Great Celebrity Bake Off for Stand Up to Cancer
3:10pm Countdown
4:00pm A Place in the Sun: Winter Sun
5:00pm Sun, Sea and Selling Houses
6:00pm Come Dine with Me
6:30pm The Simpsons
7:30pm Hollyoaks
8:00pm Channel 4 News
9:00pm Live Well for Longer
10:00pm 24 Hours in A and E
11:00pm Stath Lets Flats
11:30pm Un Sex Abuse Scandal
12:35am 999: What's Your Emergency?

CHANNEL 5

9:05am Paw Patrol
9:25am Floogals
9:40am Digby Dragon
9:55am Nella the Princess Knight
10:05am Mofy
10:15am The Wright Stuff
12:15pm Nightmare Tenants, Slum Landlords
1:10pm 5 News Lunchtime
1:15pm GPs: Behind Closed Doors
2:15pm Home and Away
2:45pm Neighbours
3:15pm Cagney and Lacey
4:15pm Fiance Killer
6:00pm 5 News at 5
6:30pm Neighbours
7:00pm Home and Away
7:30pm 5 News Tonight
8:00pm Cricket on 5
9:00pm Britain's Parking Hell
10:00pm The Bermuda Triangle Revealed
11:00pm 21st Century Sex Slaves
12:05am Young and Living Off Benefits

4

9:00am Melissa and Joey
10:00am Baby Daddy
11:00am Young and Hungry
12:00pm How I Met Your Mother
1:00pm The Goldbergs
2:00pm The Big Bang Theory
2:30pm The Big Bang Theory
3:00pm Melissa and Joey
3:30pm Melissa and Joey
4:00pm Baby Daddy
4:30pm Baby Daddy
5:00pm Young and Hungry
5:30pm Young and Hungry
6:00pm The Goldbergs
6:30pm The Goldbergs
7:00pm The Big Bang Theory
7:30pm The Big Bang Theory
8:00pm Hollyoaks
8:30pm The Goldbergs
9:00pm The Big Bang Theory
9:30pm The Big Bang Theory
10:00pm The 100
11:00pm Tattoo Fixers on Holiday
12:05am The Big Bang Theory
12:35am The Big Bang Theory

sky sports main event

6:00am Sky Sports News
7:00am Good Morning Sports Fans Bitesize
7:30am Good Morning Sports Fans Bitesize
8:00am Good Morning Sports Fans
9:00am Good Morning Sports Fans
10:00am Good Morning Sports Fans
11:00am Cricket
Day one of the first Test between England and India at Edgbaston
7:45pm Cricket
11:15pm Live ATP 500: Washington
The third day of the Citi Open, held in Washington DC.
1:45am Football
The MLS All Stars take on Juventus at the Mercedes-Benz Stadium
3:50am Live ATP 500: Washington

itv

6:05am The Jeremy Kyle Show
7:00am Good Morning Britain
9:30am Lorraine
10:25am The Jeremy Kyle Show
11:30am This Morning
1:30pm Loose Women
2:00pm ITV Lunchtime News
2:20pm ITV News London
2:30pm ITV Racing Live
5:00pm Tipping Point
6:00pm The Chase
7:00pm ITV News London
7:30pm ITV Evening News
8:00pm Emmerdale
8:30pm Coronation Street
9:00pm Best Walks with a View with Julia Bradbury
9:30pm Coronation Street
10:00pm The Bletchley Circle: San Francisco
11:00pm ITV News at Ten and Weather
11:30pm ITV News London
11:45pm Britain's Busiest Airport - Heathrow
12:15am Car Crash Britain
Caught on Camera
Jackpot247
Paranoid

itv2

9:00am Emmerdale
10:00am You've Been Framed! Gold
10:25am The Ellen DeGeneres Show
11:20am The Bachelor
1:15pm Emmerdale
2:15pm You've Been Framed! Gold
2:45pm The Ellen DeGeneres Show
3:35pm The Jeremy Kyle Show
4:40pm The Jeremy Kyle Show
5:45pm Judge Rinder
6:50pm Take Me Out
8:00pm You've Been Framed! Gold
8:30pm You've Been Framed! Gold
9:00pm Two and a Half Men
9:30pm Superstore
10:00pm Family Guy
10:30pm Family Guy
11:00pm Celebability
11:45pm Family Guy
12:15am Family Guy
12:40am American Dad!
1:10am American Dad!
1:35am Two and a Half Men
2:05am Superstore
2:35am Dads

itv3

3:30am Teleshopping
7:00am Classic Coronation Street
7:25am Classic Coronation Street
7:55am Heartbeat
9:00am The Royal
10:00am Judge Judy
10:30am Judge Judy
10:55am George and Mildred
11:30am Goodbye, Mr. Chips
1:35pm The Royal
2:35pm Heartbeat
3:40pm Classic Coronation Street
4:15pm Classic Coronation Street
4:45pm Goodnight Mister Tom
6:55pm Heartbeat
8:00pm Murder, She Wrote
9:00pm Rosemary and Thyme
10:00pm Lewis
12:00am The Street
1:20am The Street
2:35am Judge Judy
3:00am Judge Judy
3:20am ITV3 Nightscreen
3:30am Teleshopping

itv4

4:00am Teleshopping
7:00am The Chase
7:50am Pawn Stars
8:10am Pawn Stars
8:35am Kojak
9:30am Quincy, M.E.
10:35am Minder
11:40am The Sweeney
12:50pm The Professionals
1:50pm Kojak
2:55pm Quincy, M.E.
3:55pm Minder
5:00pm The Sweeney
6:05pm The Professionals
7:05pm Storage Wars Texas
7:35pm Storage Wars Texas
8:05pm Pawn Stars
8:30pm Pawn Stars
9:00pm The Chase: Celebrity Special
10:00pm Payback
11:00pm FYI Daily
11:05pm Payback
12:10am Senna
1:10am FYI Daily
1:15am Senna
2:15am Lethal Weapon
3:15am The Protectors
3:40am ITV4 Nightscreen
4:00am Teleshopping

sky CINEMA ACTION & ADVENTURE

2:00pm Thor: Ragnarok
4:30pm Master and Commander: The Far Side of the World
7:00pm Thor 2 - The Dark World
9:00pm Thor: Ragnarok
11:30pm Death Wish
1:20am Kiss of the Dragon
3:15am The Dark Knight
5:45am License to Drive
7:30am Top Ten Show, the 2018
7:50am How to be a Latin Lover
9:50am 30 Minutes or Less
11:25am Going in Style
1:10pm Bridget Jones's Baby
3:20pm Dagnet
5:15pm Shallow Hal
7:15pm Going in Style
9:00pm Bridget Jones's Baby
11:10pm Pineapple Express
1:10am Keeping up with the Joneses

sky CINEMA PREMIERE

4:45am Daphne
6:30am The Hurricane Heist: The Eye of the Storm
7:00am The Delinquent Season
9:00am The Odyssey
Award-winning biopic of legendary oceanographer and filmmaker Jacques-Yves Cousteau, starring Lambert Wilson and Amelie's Audrey Tautou.
11:15am Road Hard
1:15pm The Lego Ninjago Movie
3:15pm The Mountain Between Us
5:15pm Rememory
7:15pm Ingrid Goes West
9:00pm The Lego Ninjago Movie
11:00pm The Odyssey
1:10am The Mountain Between Us
3:10am The Delinquent Season
5:00am Final Score: Behind the Scenes
5:15am Ingrid Goes West

sky sports football

9:00am Football's Greatest
9:30am Football's Greatest
10:00am Championship Season Review
11:00am Football's Greatest
11:30am One2eleven
11:55am Live Chinese Super League
2:00pm One2eleven
2:30pm Football Years
3:00pm Championship Season Review
4:00pm Football's Greatest
4:30pm Football's Greatest
5:00pm MLS Greatest Games
5:30pm One2eleven
6:00pm Football Years
6:30pm Football Countdowns
7:00pm EFL Greatest Games
7:15pm EFL Greatest Games
8:00pm Play-Off Final
Highlights
9:00pm Play-Off Final
Highlights
10:00pm Play-Off Final
Highlights
11:00pm Championship Season Review
12:00am Championship

The schedules for the television programme pages are provided by an external company: we regret that any changes or errors are not the responsibility of Euro Weekly News.

Nick Horne *The Rich Pick*

Freelance correspondent, London, England



The Lords of time

MINUTE Repeaters and the World Time function have played a pivotal role in the portfolio of Patek Philippe's complicated time pieces.

The repeater is a complication in a mechanical watch or clock that audibly chimes the hours and often minutes at the press of a button. With its chiming watches the Geneva manufacture has defined the benchmark for decades with their exceptional acoustic quality. Patek's World Time watches with cloisonne enamelled dials are legendary too; they are among the most coveted timepieces at auctions worldwide.

In the Ref 5531 World Time Minute Repeater, the engineers in Geneva merged these two complications for the first time in Patek Philippe's history and in an unprecedented manner: the time is always struck as indicated by the hour and minute hands for the time zone represented by the city aligned with the 12 o'clock position.

In short the Repeater chimes the time accurately to the second at its current actual location.

The select owners of a World Time Repeater want to see the time in all 24 time zones of the world at a glance. Now, for the first time in horological history, time is sounded acoustically and simultaneously.

Hitherto minute Repeaters with the World Time function were only able to chime home time as previously defined with the crown because the two complications operated independently from one another.

An acoustic local time indication requires the World Time mechanism display to be mechanically coupled with the chiming mechanism.

Two highly complicated mechanisms merged and contained within a volume just 8.5 millimetres high and barely 32 millimetres across, consisting of 462 precise components and 45 jewels.

The 18-carat gold case is fitted with a crystal sapphire, crystal display back as a show window to view the



watchmaking artistry revealing the chamfered bridges with Geneva striping, the guilloché mini rotor in 22-carat gold and the gold-plated Calatrava cross cover on the centrifugal governor of the chiming mechanism. The view is unforgettable.

The Central European time zone is represented not by Paris, but rather by Geneva, on the city disk to emphasise the Lac Lemman theme of the dial as was already the case with Patek Philippe's World Time watches introduced to mark the 175th anniversary of manufacture in 2014. A small work of art occupies the centre of the dial. A cloisonne enamel depiction of the Lavaux wine-growing region with a lateen-rigged boat that has set sail. The enameller requires two weeks to complete each miniature work of art.

Just 10 World Time Minute Repeaters will be manufactured, attached to the wrist with straps of alligator leather, hand stitched, chocolate brown and with a fold-over 18-carat gold clasp. POA.

TIME'S UP: The super-exclusive Patek Philippe Reference 5531R World Time Minute Repeater.

Following the plot ...

Mike Senker
In my opinion



Views of a Grumpy Old Man

THERE was a new series starting on TV last Sunday called 'Unforgotten.' I do like a bit of 'who dunnit' drama on the TV and this series is on for the next eight weeks. I am also watching two or three other series plus the box set of *Suits*. (The missus insisted because Meghan Markle is in it.) Here lies the problem - after the first 15 or 20 minutes of this 'Unforgotten' I was lost. There are too many characters, too twisty a plot and not a hope in hell of me remembering who's who.

So my suggestion is, and some programme schedulers already do this, just make a maximum of seven episodes and put one on every night for a week. Problem sorted and Robert's yer relative. Most of us have catch up so if you are out and miss an episode you can watch it when you want and it doesn't matter if there are two or three different series going on at different times.

I mean, the dross on at the moment could easily be replaced. Like these programmes that trace your relatives back to the 17th century. What a lot of nonsense! I wasn't even sure who my dad was never mind my great,

great, great, great grandfather!

Talking of TV and entertainment my mind wandered back, for some reason, to when I was a kid some 60 years ago and to a radio show I used to listen to. I think it was on a Saturday and featured Archie Andrews and Peter Brough. It was called 'Educating Archie.' So what made me think of this? Well for the first time I remembered that Archie was a puppet and Peter was a ventriloquist. Yup that's right a ventriloquist act on the radio! What was the point? Nobody could see if his lips moved or not! The things we just used to accept and to be honest really enjoy.

Last Friday was the 13th and couple of things went boss-eyed. Nothing serious but they were immediately blamed on the day and the date! I'm not superstitious but in my mum's flats they never had a number 13 because they reckoned people wouldn't buy it which I was amazed at. Actually Mrs S has just told me nor do we!

One of the funniest things happened to me on a plane once. My seat number was 13F. As she got in her seat in row 12, a woman looked at me and said, "I don't envy you, you are in the unlucky seat." The big grin on her face soon disappeared when I politely informed her that if row 13 went down there was a very good chance row 12 was coming with it!

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Ignorance was not an excuse in the past

LEAPY, I was interested in your article which stated a rapist was set free because he didn't understand British law.

It had always been my understanding that ignorance of the law is no defence. It would appear that a precedent has been set and now this excuse has been legalised. How many people can now escape prosecution with this excuse?

I was interested in a previous article about graffiti, following the death of three alleged vandals on the railway.

I worked on the railway for many years and these hooligans were a menace, destroying everything in their path. First of all they hit the trains. This resulted in trains being taken out of service to be cleaned. Now trains don't grow on Christmas trees and a train that is stopped for repair may result in a cancellation.

Of course the disgruntled passengers blame the train operator, not the perpetrators. Trains are infrequently vandalised now, that is because depots and sidings have more security fencing and cameras than Fort Knox.

Instead these mindless yobs destroy bridges and line side equipment, and

The airlines need to stop allowing drunks on

AS a resident of Spain, living in Javea, who regularly visits the UK, I am horrified at the number of young men and women who are even allowed to board planes at the boarding gate as they appear and act in an intoxicated manner.

They are loud and abusive to airport staff, air crew and fellow passengers. It is time for the Airport staff to act and to refuse boarding, have the ability to call Security and if it is deemed they can continue their journey, for the Cap-



Credit: New Africa Shutterstock

TIME TO ACT: Refuse boarding if drunk.

tain to be informed of their condition and in turn to refuse to sell any further alcohol.

All passengers' safety at airports and when airborne is paramount and if this is not dealt with soon, the situation will get out of hand.

Sometimes I am embarrassed being a Brit living in Spain.

Jenny Rich, Javea

make the whole area appear scruffy.

It was often stated that these morons,

if caught, would plead guilty to criminal

damage. Their defence would be that

they were creating urban art and would

be let off with a caution or small punish-

HAVE YOUR SAY

All letters by email or post should carry the writer's address, NIE and contact number though only the name and town will be published.

Readers who have missed correspondence can see all letters - which can be edited before publication - posted on: www.euroweeklynews.com.

Girlfriend of tourist who broke his neck in Magaluf

If you can't afford about £20 for insurance for full cover including repatriation when booking your flight then don't go cap in hand and expect everybody else to pay for it. It's about time that all these holiday companies included compulsory insurance for holidays abroad. Too many people think nothing is going to happen to them. Pay for your own repatriation.

Phil

Should have had insurance. Why do people expect others to foot the bill? Only got themselves to blame. We never went without insurance.

Eileen Toyne

I thought the idea of being in the EU was that the healthcare is seamless across all borders and that should apply to medical transport.

John and Rose

This is so sad. Travel companies should insist on travel insurance. No insurance no travel.

Robert Mitchell

Bear in mind that if an accident or incident occurs while a person is under the influence of alcohol (ie drunk) that can also affect travel insurance. And before anyone jumps down my throat I'm NOT saying that this lad was drunk.

Karen Hanson

Wouldn't have been quite so bad but he didn't even

Comments from EWN online

have an EHIC which is just being stupid considering it's free and can be done online in five minutes!

Sheila Wilson

A lesson to be learned, take out EHIC card and insurance and then the rest of us wouldn't be stumping up to repatriate him, harsh I know but true.

Jacqui Perkins

Crackdown in Mallorca as 'anti-social behaviour' is banned

Too right not fair on local people, should have it everywhere in Spain.

Colin Carter

About time.

Lynne Utting

Let us all hope so. These places are so lovely... out of season!

Fiona Riley

Good, antisocial behaviour should be banned everywhere.

Anita Oakes

Brit survives seven-floor fall from Mallorca hotel after row with girlfriend

What is the correct height for a balcony rail under Spanish regulations?

Patrick Murphy

Passengers to Spain arrive without luggage after UK airport baggage system fault

Don't put medicines in checked in luggage. That's basic.

John McLean

Didn't anyone notice that there were no bags being loaded onto these planes or is that too difficult an observation for the airport staff?

Surely whoever shuts the hold on the plane would notice that a couple of hundred suitcases were missing?

Naimah

ment. One group came unstuck though when they were caught spraying a speed restriction sign. Instead of being charged with criminal damage, they were charged with tampering with railway signalling equipment.

And that m'lud carries a mandatory prison sentence. They should have said they were unaware that it was illegal, they might have got away with it.

John Blake, Arboleas

Question of

I READ with interest the comment in Leapy Lee's column where he stated he had renewed his driving licence and it had a nice Union Jack on it. I presume and hope Leapy lives in the UK as a UK resident, as renewing a UK licence when a Spanish resident is questionable and may make his licence invalid.

Lucie

Visit Madrid

MY wife and I recently returned from a short city break in Madrid. On our return to Torrevieja I spoke with my fellow expats in the pubs and bars and was surprised very few had taken the trip.

I decided on the back of that to write this letter to implore your readers to visit the Spanish capital.

We strolled down the Gran Via from City Hall and took in an urban vista not unlike the other great cities of Europe. When we reached the other end we found ourselves in awe at the Royal Palace and the Santa Maria Cathedral.

Fellow expatriates, jump on the AVE and get to Madrid!

Craig Fitzgerald, Torrevieja

More police

I AM worried about the spate of crimes that are happening on the Costa del Sol.

At least six robberies have occurred in the last month in places like Riviera, Calahonda, including Mijar Golf House, and Mirador de Miraflores.

It's time councils invested more in their police forces and had more of a presence on the streets to keep us safe.

I also seem to be reading about drugs arrests far too often, with more funding the police should be able to dismantle these organisations.

Jack Salinger, Calahonda

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FEELING PECKISH: The study found people were likely to spend more if hungry.

Trivia from around the world

*** 'Name Days' are seen as being on par with a person's birthday in Bulgaria. The occasion is marked on a Saints Day if the person shares a name with the holy figure celebrated.
*** Mongolia's stock exchange is the smallest in the capitalist world and is housed in a former children's cinema.

*** The Atacama Giant, a figure of a man carved into a Chilean hillside, is the largest such depiction of a human being in the world at 119 metres high.
*** Public displays of affection are taboo in Togo and courting is typically conducted with secrecy.

*** Yemen is currently facing a long-term water crisis. Its population is growing rapidly and some estimate water there could run out within 10 years.
*** Antarctica is around 14 million square kilometres in size making it about one-and-a-half times bigger than the United States.

DID YOU KNOW?

People out shopping on an empty stomach tend to buy more items, including those which are not edible, according to a study. Researchers at the University of Minnesota conducted five experiments and concluded extra purchases were motivated by the release of the ghrelin hormone by the stomach when people are hungry. The chemical affects the reward and motivation centres of the brain.

Women's wit

“In the long run, we shape our lives and we shape ourselves. The process never ends until we die. The choices we make are ultimately our own responsibility.”

Eleanor Roosevelt, First Lady

Famous quote

“No one is so wise that they may not easily err if they take no other counsel than their own. Someone taught only by themselves has a fool for a master.”

Hunter S Thompson, writer



World of English

“Triskelion - A symbol made up of three legs or curved lines, such as the emblem of the Isle of Man. It has its origins in Celtic culture.”

YOUR STARS FOR NEXT 7 DAYS

AQUARIUS (January 21 - February 19)

Primarily, you are wanting to see some appreciation. That is understandable given the efforts that you have made. Do not be annoyed, however, if it is a while coming yet. Others are not always as well tuned in as you. If necessary, use a go-between discreetly to make sure of progress.

PISCES (February 20 - March 20)

Increased activity in your love life means less time to really concentrate on business. Make sure that priority financial matters are dealt with. Not doing so will see you kicking yourself later on. A close relationship is going well. There's no reason to wonder why, the charm offensive is obviously working.

ARIES (March 21 - April 20)

Keeping an eye on your health is particularly important at the moment. Because you have been active, it could be that you need to give yourself a bit of time. Pampering and just plain relaxing are all going to stand you in good stead during the coming week.

TAURUS (April 21 - May 21)

Opening your mind to a new idea has convinced you that it is time for a change in direction. This is such a time, but not all changes will be permanent. Give yourself a way out of any situation this week. Using your tact and charm, it will require only a little application to please everyone.

GEMINI (May 22 - June 21)

Improvising within a new business situation may not give you the perfect answer to a problem. What it will do, however, is give you an insight into the way others live. Until now, your approach to life may have been a little one-sided.

CANCER (June 22 - July 23)

A recent holiday has set your mind racing. This being a romantic time means that you can get a little over-excited. Your romance may not be set to last but you should fully enjoy it

nonetheless. Relatives issue words of warning but they have only your best interests at heart.

LEO (July 24 - August 23)

Opposing opinions on a matter close to your heart see you hesitating. There is nothing wrong with asking for advice. The chances are that you know someone who has already been through your situation. Don't let pride make you miss out on a solution.

VIRGO (August 24 - September 23)

Not everything in the garden is rosy but you are made of strong stuff. Your conviction that something is right helps you in discussions. Support given to a loved one may be misguided, especially if it is a huge financial gamble.

LIBRA (September 24 - October 23)

This is a time to enjoy the present and look forward to the future. Don't forget, along the way, to congratulate yourself for all that you have achieved in the last year. Sometimes you do not blow your own trumpet and people appreciate you in a quiet way.

SCORPIO (October 24 - November 22)

An appetite for something new means that you tread unknown ground. It's an exciting time when you may find it easier to do things alone. This does not mean you have to feel alone as others can be told of your progress.

SAGITTARIUS (November 23 - December 21)

Part of being 'you' is your independent mind. Some may try to change that this week. Why would someone want to make you more dependent on them? Could it be that they feel insecure? Giving reassurance may be all that is needed. We all feel the need for appreciation.

CAPRICORN (December 22 - January 20)

Trying to be everything to all people is tiring. No one knows this more than you. Give yourself a little time and space this week because it will make a great difference to your spirits.

LOTTERY

UK NATIONAL LOTTERY	IRISH LOTTO	EURO MILLIONS		LA PRIMITIVA		EL GORDO DE LA PRIMITIVA
Saturday July 21	Saturday July 21	Tuesday July 17	Friday July 20	Thursday July 19	Saturday July 21	Sunday July 22
9 13 16 25 40 46	2 6 11 13 20 30	4 6 27 48 50	2 15 40 43 46	4 5 9 22 39 49	2 18 24 28 33 36	8 13 28 49 52
BONUS BALL	BONUS BALL	LUCKY STARS	LUCKY STARS	REINTEGRO	REINTEGRO	REINTEGRO
52	38	1 11	3 6	28 1	47 8	7
		EL MILLON: FRT66788		JOKER: 4 159 431		JOKER: 1 924 832

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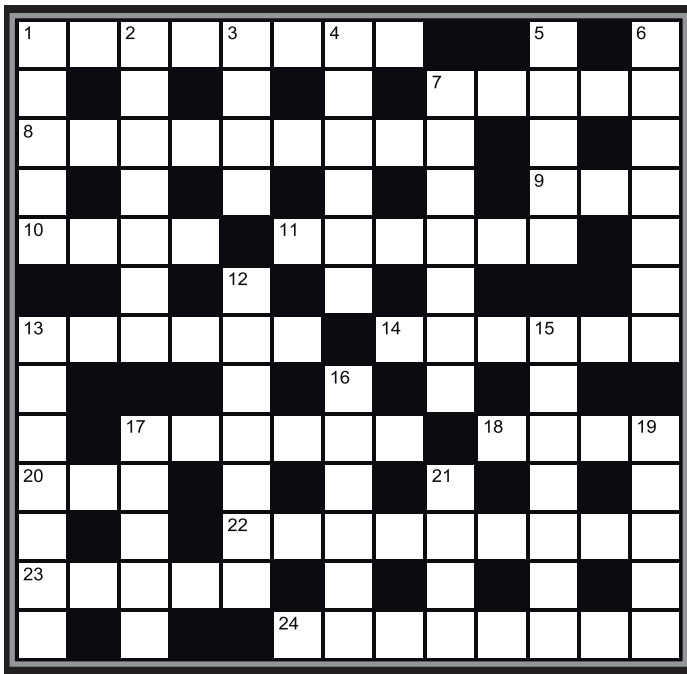


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Cryptic

Across

- 1 Players on holiday get shipwrecked (8)
- 7 Runaway comes back in a bargepole (5)
- 8 Train Bill to get around, that's very clever (9)
- 9 Party in a small science facility (3)
- 10 Barents Sea is where you will find charter (4)
- 11 Vocalising mantras is a possibility (6)
- 13 Painter and lathe-operator (6)
- 14 A variety of lashes can be a headache (6)
- 17 A woman from New York is out of the country (6)
- 18 Number one for Mr Beaufort (4)
- 20 Miserable in Pasadena (3)
- 22 One smiles about old Florida folk (9)
- 23 One catches and one hangs on to them (5)
- 24 Apparently be absolutely correct about seaside town (8)

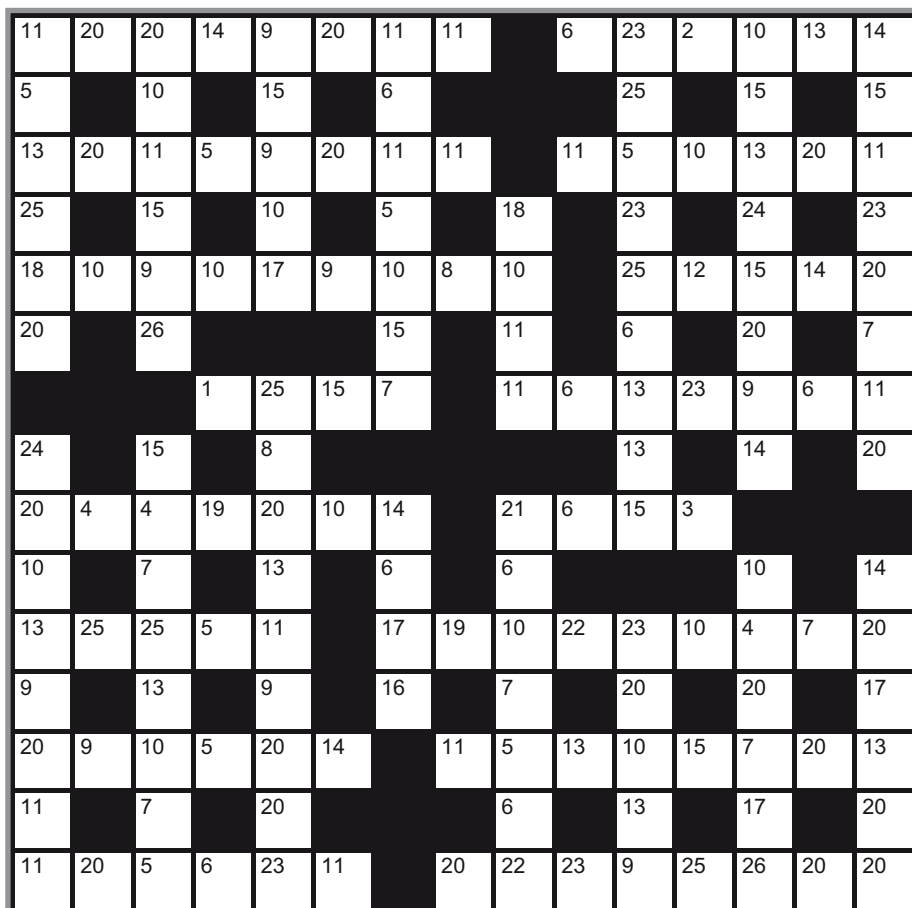


Down

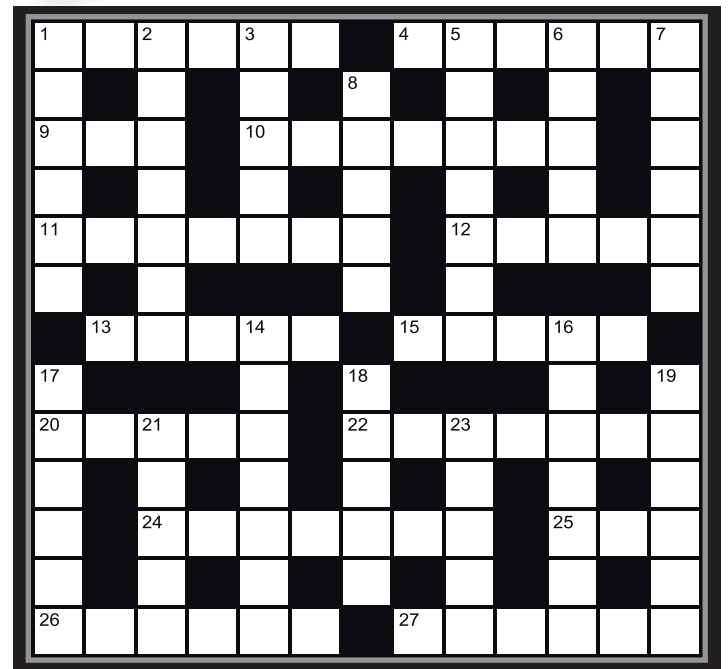
- 1/13 Casting bores out from Highland activity (5,7)
- 2 Cricketer who always gives the other side a break (7)
- 3 Usually had a friend (4)
- 4 A cheap, nasty Parisian gangster (6)
- 5 Nobel is a rebellious aristocrat (5)
- 6 Observe badly written, excessive words (7)
- 7 Top schoolboy makes mistakes in a note (7)
- 12 Right, put your clothes on again (7)
- 13 See 1
- 15 Let cars, perhaps, be red (7)
- 16 Tool for one who's over the top on stage (6)
- 17 Let it in and let it out (5)
- 19 Constructive member of society? (5)
- 21 Warm and cosy in the local (4)

Code Breaker

Each number in the Code Breaker grid represents a different letter of the alphabet. In this week's puzzle, 9 represents L and 18 represents B, so fill in L every time the figure 9 appears and B every time the figure 18 appears. Now, using your knowledge of the English language, work out which letters should go in the missing squares. As you discover the letters, fill in other squares with the same number in the main grid and the control grid.



Quick



Across

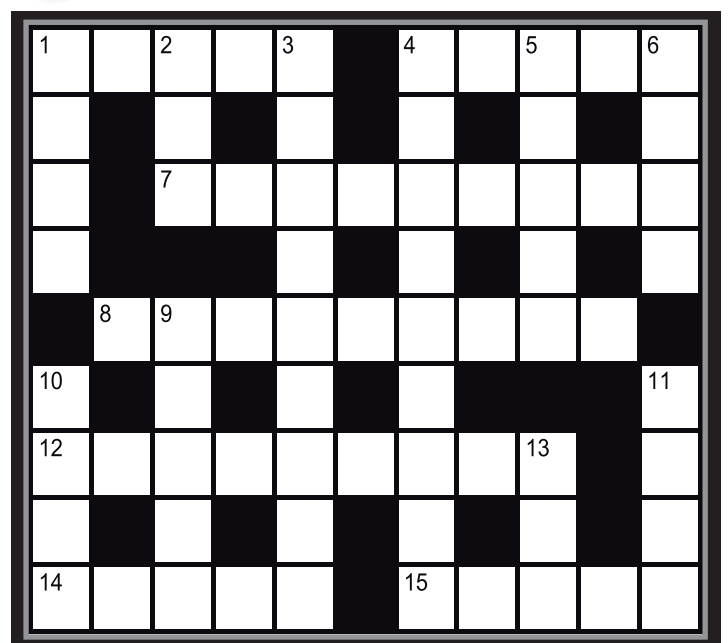
- 1 Delicate (6)
- 4 Principles (6)
- 9/25 Inside information (3,3)
- 10 Tropical fruit (7)
- 11 Implement (7)
- 12 Extra (5)
- 13 Common (5)
- 15 Keen (5)
- 20 Prize (5)
- 22 Gets in (7)
- 24 Night time (7)
- 25 See 9
- 26 Hate (6)
- 27 Small carnivorous mammal (6)

Down

- 1 Deviation (6)
- 2 Leave one's mark (7)
- 3 Snares (5)
- 5 Large saltwater lake (4,3)
- 6 Odour (5)
- 7 Holy (6)
- 8 Jovial (5)
- 14 Deal with (7)
- 16 Jealous (7)
- 17 Sentimental song (6)
- 18 Fundamental (5)
- 19 Handy (6)
- 21 Attentive (5)
- 23 Scoundrel (5)

English - Spanish

The clues are mixed, some clues are in Spanish and some are in English.



Across

- 1 Más tarde (5)
- 4 Gusto (sentido) (5)
- 7 Scarlet (9)
- 8 Guests (at hotel, guesthouse) (9)
- 12 Artichoke (9)
- 14 Hornos (5)
- 15 Aceituna (5)

Down

- 1 Cordero (4)
- 2 Corbata (3)
- 3 Mochilas (9)
- 4 Earthquake (9)
- 5 Pala (para cavar) (5)
- 6 Age (of person, animal, building) (4)
- 9 Tío (5)
- 10 May (month) (4)
- 11 Rodilla (4)
- 13 There (near you) (3)

CROSSWORD PAGE

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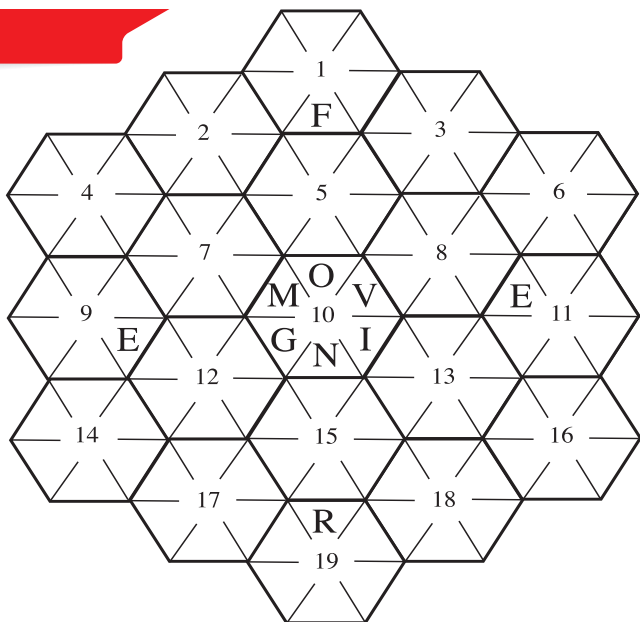
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Hexagram

AFLAME
AWHILE
BARING
BITTEN
CHASED
CURLED
FELLOE
FLOORS
ISLAND
MEAGER
MOVING (10)
NORMAL
OTHERS
RESORT
SENDER
SOURCE
UNITED
VOICES
WHILES



The purpose of the Hexagram puzzle is to place the 19 six-letter words into the 19 cells. The letters at the edges of interlocking cells **MUST BE THE SAME**. The letters in the words must be written **CLOCKWISE**. The word in cell 10 (**MOVING**) and one letter in four other cells are given as clues.

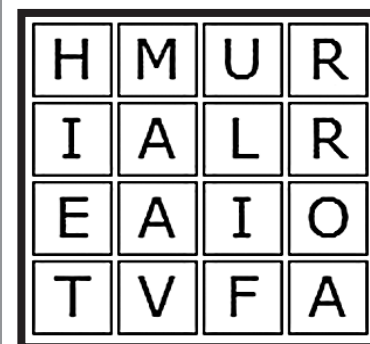
LAST WEEK'S SOLUTION

1 Assert, 2 Seeing, 3 Angles, 4 Kitten, 5 Shines, 6 Riddle, 7 Whiten, 8 Sighed, 9 Tinder, 10 Wiggle, 11 Demons, 12 Heaven, 13 Raging, 14 Powder, 15 Appeal, 16 Vigour, 17 Carves, 18 Prince, 19 Speeds

Boggled

How many English words can you find in the Boggled grid, according to the following rules?

- The letters must be adjoining in a 'chain'. They can be adjacent horizontally, vertically or diagonally.
- Words must contain at least four letters and may include singular and plural or other derived forms.
- No letter may be used more than once within a single word, unless it appears twice.
- No vulgarities or proper nouns are permitted.



TARGET:

- Average: 13
- Very good: 25
- Good: 17
- Excellent: 30

SCORING:

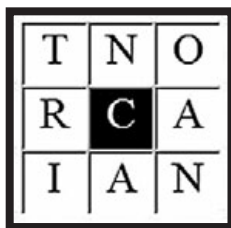
- 4 letters: 1 point
- 7 letters: 5 points
- 5 letters: 2 points
- 8 or more letters: 11 points
- 6 letters: 3 points

LAST WEEK'S SOLUTION

cede, cedes, code, cooed, dais, dead, decode, deed, deep, dodo, does, idea, jade, jaded, odes, pied, pies, seed, side

Nonagram

How many English words of four letters or more can you make from the nine letters in our Nonagram puzzle? Each letter may be used only once (unless the letter appears twice). **Each word MUST CONTAIN THE CENTRE LETTER (in this case C) and there must be AT LEAST ONE NINE LETTER WORD.** Plurals, vulgarities or proper nouns are not allowed.



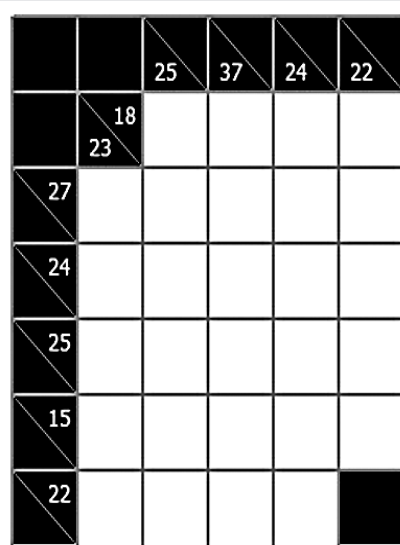
TARGET:
Average: 12
Good: 15
Very good: 21
Excellent: 26

LAST WEEK'S SOLUTION

loan, lorn, lour, opal, oral, plop, porn, pour, prop, roan, upon, appro, apron, loran, nopal, polar, poplar, popular, UNPOPULAR

Kakuro

Fill all the empty squares using the numbers 1 to 9, so that the sum of each horizontal block equals the 'clue' on its left, and the sum of each vertical block equals the clue on its top. No number may be used in the same block more than once.



LAST WEEK'S SOLUTION



LAST WEEK'S SOLUTIONS

QUICK

- Across:** 1 Chef, 3 Phishing, 9 Letters, 10 Moses, 11 Snare, 12 Elated, 14 Almost, 16 Mantra, 19 Crisis, 21 Scare, 24 Bunny, 25 Arrange, 26 Sorcerer, 27 Eyes.
- Down:** 1 Coleslaw, 2 Extra, 4 Hostel, 5 Samoa, 6 Inspect, 7 Gust, 8 Recess, 13 Careless, 15 Mariner, 17 Absorb, 18 Escape, 20 Style, 22 Annoy, 23 Ibis.

CODE BREAKER

1	T	2	I	3	Q	4	P	5	Y	6	D	7	X	8	W	9	G	10	V	11	S	12	H	13	O
14	E	15	J	16	A	17	N	18	C	19	R	20	F	21	Z	22	K	23	U	24	L	25	M	26	B

CRYPTIC

- Across:** 1 Scribe, 4 Sleek, 8 Lover, 9 Pontoon, 10 Carnage, 11 Cede, 12 Dot, 14 Idle, 15 Rags, 18 Spa, 21 Over, 23 Newgate, 25 Insider, 26 Exile, 27 Green, 28 Ascent.
- Down:** 1 Solace, 2 Revered, 3 Barrages, 4 Song, 5 Evoke, 6 Kinder, 7 Speed, 13 Trawlers, 16 Granite, 17 Boring, 19 Angry, 20 Select, 22 Elsie, 24 Eden.

ENGLISH-SPANISH

- Across:** 1 Sonido, 4 Wild, 8 Obras, 9 Arena, 10 Delantero, 13 Shape, 15 Linen, 16 Nada, 17 Pasaje.
- Down:** 1 Slow, 2 Norte, 3 Diseases, 5 Ice, 6 Día, 7 Pastilla, 11 Ronda, 12 Knee, 13 Sin, 14 Add.

App of the week



Spark post

An app from Adobe which allows users to create slick digital graphics without professional design skills. Users can pick from pre-made templates or make their own and upload photos which can then be overlaid with text and frames. The app also comes equipped with auto resizing and recolouring for a quality finish.

QUIZ: DOUBLE FEATURE

- In the animated cartoon series The Flintstones, what is the name of the adopted son of Barney and Betty Rubble?
- Which lively, high-kicking stage dance that originated in 19th-century Parisian music halls, is performed by women in long skirts and petticoats?
- Which 1968 British musical film, loosely based on children's book written by Ian Fleming for his son Caspar, starred Dick Van Dyke as Caractacus Potts and Sally Ann Howes as Truly Scrumptious?

- Which dog breed originated from China, where it is referred to as Songshi Quan, which means 'puffy-lion dog'?
- Save a Prayer, Hungry Like the Wolf, Union of the Snake, The Reflex and The Wild Boys were all UK Top 10 hit singles by which English rock band, formed in Birmingham in 1978?

Answers:

- BAMM-BAMM.
- CANCAN.
- CHITTY CHITTY BANG BANG.
- CHOW CHOW.
- DURAN DURAN

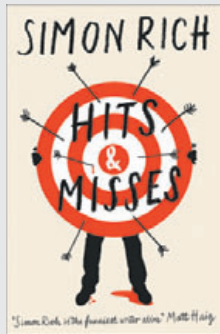
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BOOKS



Wheels of fortune

FAME is the word. Ordinary people crave it and strive after it and those who have it wonder why they ever bothered chasing it in the first place.

It is in this spirit that Paul Revere's horse opens up in a gripping and bitter tell-all of life under the American revolutionary midnight rider's saddle.

Then there's the praise heaped on one of the Second World War's best-known dictators in a magazine profile.

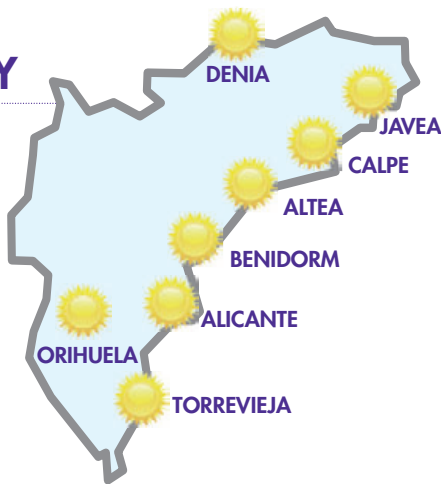
Not to mention the tale of the film critic condemned to live in the films he has scathingly reviewed. And the anxiety of one father who's child outstrips his success while in the womb.

In a series of short stories inspired by author Simon Rich's experiences in Hollywood, Hits and Misses chronicles the absurdity that often accompanies success and the humanity in failure.

books@euroweeklynews.com

Costa Blanca

TODAY



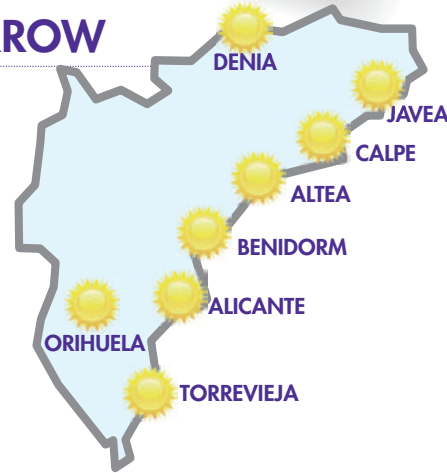
Malaga Today: Max 31, Min 21-S Fri - 31 21-S Sat - 32 22-S Sun - 32 21-S Mon - 32 21-S Tues - 31 21-S Wed - 30 21-S	Almeria Today: Max 27, Min 21-S Fri - 27 21-S Sat - 27 22-S Sun - 27 21-S Mon - 27 21-S Tues - 27 21-S Wed - 29 22-S	Bilbao Today: Max 26, Min 19-Sh Fri - 24 18-Sh Sat - 24 18-Sh Sun - 25 17-C Mon - 25 18-C Tues - 24 18-Sh Wed - 26 19-C	Madrid Today: Max 35, Min 18-S Fri - 35 19-S Sat - 35 18-S Sun - 35 18-S Mon - 35 19-S Tues - 34 19-S Wed - 35 19-C
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Alicante Today: Max 29, Min 22-S Fri - 30 23-S Sat - 31 23-S Sun - 31 23-S Mon - 30 22-S Tues - 31 23-S Wed - 31 23-CI	Benidorm Today: Max 30, Min 21-S Fri - 30 23-S Sat - 30 23-S Sun - 30 23-S Mon - 29 23-S Tues - 30 23-S Wed - 30 24-CI	Mallorca Today: Max 32, Min 21-S Fri - 32 21-S Sat - 32 21-S Sun - 32 22-S Mon - 31 22-S Tues - 32 22-S Wed - 32 22-S	Barcelona Today: Max 31, Min 22-S Fri - 31 22-S Sat - 31 22-S Sun - 30 22-S Mon - 30 23-S Tues - 30 23-S Wed - 30 23-S
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S: Sun ☀ Cl: Clear ☁ C: Cloudy ☁ Sh: Showers ☁ Th: Thunder ⚡ Sn: Snow ❄

Euro Weekly News strives for accuracy, but cannot be held responsible for any errors in published forecasts

TOMORROW



SATURDAY



BIRTHDAYS

- **Mick Jagger, Singer; July 26, 75**
The Rolling Stones frontman met guitarist Keith Richards at school. Born in Dartford in England he later became singer of the group which went on to become one of the most influential in rock history. He was inducted into the Rock and Roll Hall of Fame in 1989.
- **Jonathan Rhys Meyers, Actor; July 27, 41**
The Dublin-born actor was expelled from school for playing truant and went on to find fame in acting. He played Henry VIII in The Tudors TV series, featured in the film Match Point and won a Golden Globe for portraying Elvis Presley in a TV biopic.
- **Alexis Tsipras, Politician; July 28, 44**
Tsipris became Greece's Prime Minister after his leftist



Mick Jagger.

Syriza party took power in 2015. Born in Athens, he joined the Communist Youth in his teens and later garnered controversy when he refused to swear on the Bible at his Prime Ministerial inauguration.
- **Kat Dahlia, Singer; July 29, 28**
The performer was born in Miami in the United States and began writing songs aged 15. She posted them on YouTube and Epic Records signed her in 2013 after her video for track Gangsta was watched by more than two million people.
- **Lisa Kudrow, Actor; July 30, 55**
Kudrow rose to fame as Phoebe Buffay in the TV sitcom Friends, which she was in from 1994 to 2004. She wrote, produced and starred in the TV series The Comeback and

before fame she worked with her father researching the science behind headaches.
- **J K Rowling, Writer; July 31, 53**
Born Joanne Rowling in Yate in England, the author scored a success in 1997 with the launch of the Harry Potter series. The Philosopher's Stone was followed by six more which were adapted into films and the series has spawned spin offs such as Fantastic Beasts and Where to Find Them.
- **Van McCann, 26; August 1, 26**
The lead singer and rhythm guitarist with Catfish and the Bottlemen was brought up in Llandudno in Wales. He went on to form a Beatles cover band with Billy Bibby and Benji Blakeway before the three founded their current band Catfish and the Bottlemen.

This week in history

- 30 BCE - Empire expands**
General Octavian's forces enter Alexandria bringing Egypt under the control of Rome during a civil war. It would lead to his rival Mark Antony's suicide and the general being crowned Emperor Augustus.
- 615 - King crowned**
Pacal takes the throne of Palenque in the area ruled by Mayan people in Central America. He would go on to order the building of some of its best known monuments.
- 762 - City founded**
Baghdad is founded as the capital of the Abbasid Islamic caliphate. It grew rapidly and is now the second largest city in the Arab world.
- 1299 - State born**
Traditional date of the first Ottoman invasion of the Byzantine Empire at Nicomedia by Osman I. The event will come to be seen as the founding date for the Ottoman Empire.
- 1540 - Put to death**
Thomas Cromwell, Chief Minister to Henry VIII, is executed on the orders of the English king without a trial. Cromwell's demise followed Henry's failed marriage to Anne of Cleves.
- 1703 - In the stocks**
Author Daniel Defoe is placed in stocks after being found guilty of seditious libel for publishing a political satire pamphlet. He would go on to write the English classic Robinson Crusoe.
- 1936 - War decision**
Nazi Germany and Fascist Italy decide to support General Francisco Franco's nationalist rebels following outbreak of the Spanish Civil War.
- 2005 - Conflict ends**
The Provisional Irish Republican Army calls an end to armed campaign in Northern Ireland after 30 years of fighting.

Sudoku

Fill the grid so that every row, every column and every 3X3 box contains the digits 1-9. There's no maths involved. You solve the puzzle with reasoning and logic.

LAST WEEK'S SOLUTION

1	5	8	3	2	7	6	9	4
4	3	9	8	5	6	7	2	1
2	7	6	1	9	4	3	5	8
3	2	4	5	8	9	1	6	7
8	9	1	6	7	2	4	3	5
5	6	7	4	1	3	2	8	9
9	4	2	7	6	5	8	1	3
7	1	5	2	3	8	9	4	6
6	8	3	9	4	1	5	7	2

	5	1		6		2		
7	6							
				5	4	3	6	
								2
			8			5	4	1
	2				5	8	7	
2				8		1		
3	1							9
					3			

Word Ladder

GAME

Move from the start word (GAME) to the end word (BIRD) in the same number of steps as there are rungs on the Word Ladder. You must only change one letter at a time.

BIRD

- JO
- BIRD
- BARD
- BARE
- TARE
- TAME
- CARE
- CAME
- GAME
- Solution

DVD

Faith search



JUDEA in the year 33 CE. The region is under Roman occupation and Mary Magdalene (Rooney Mara) is torn between a traditional Jewish life and one of freedom. Mary's family turn on her after she rejects a marriage proposal from Ephraim (Tzahi Halevi) and start to think she may be possessed by a demon. The family turn to a rabbi named Jesus of Nazareth (Joaquin Phoenix) for help and Mary finds herself drawn towards his peaceful message. She follows his path in Mary Magdalene.

Advertising Feature

ARE you concerned about a family member or a loved one who is drinking too much, taking other substances such as marihuana or prescription drugs, or engaging in any other reckless behaviour?

Have you noticed a negative change in their behaviour?

Have they started to struggle to live up to the normal day to day life responsibilities you would expect of them?

Have they started to act in unusual or secretive ways that are perhaps out of character?

Has this put a strain on your relationship?

Do you often argue or struggle to see eye to eye with them?

Do they seem to be in denial about the damage that their destructive behaviour is doing to themselves, and your relationship with them?

Alcoholism and other addictions affect not only one person but everyone close to them.

Quite often family members or friends are neglected when the main focus is about the person with an ad-

Have you been affected by alcoholism and addiction?

ONE STEP RECOVERY:
Offers respite and emotional support to suit the needs of their clients.

diction. Often they feel isolated and ashamed and like they are going through it alone.

Here at One Step Recovery we can help. Our trained staff can guide you towards the appropriate treatment for the person you care about.

Or have you reached a place where you can no longer cope with the strain of a loved one's behaviour?

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At Step One Recovery our various treatment programmes, undertaken by a dynamic team of therapists, addiction specialists and wellbeing experts in our exclusive, luxury Javea retreat can get your

family member, friend or yourself into recovery, and in the process help restore the relationship back to how it should be, enabling a more positive future for all involved.

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Several teeth

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All in the mind

WHILST we may have read about Meghan Markle's strict meditation routine in the days leading to her wedding or Goldie Hawn's summer vacation to a retreat in Greece, the relatively new practice of mindfulness is still an unknown practice that most of us are still unacquainted with.

Rooted from ancient Buddhist traditions, the modern version of the mindfulness movement began in 1979.

Kabat-Zinn; a professor from Massachusetts Medical School who worked on pain relief in his patients discovered that patients tried to mentally escape or avoid the pain, but this inner struggle resulted in creating more problems, mental anguish and exhaustion.

By teaching them a mindful approach to the pain, he

could relieve distress and improve overall health.

Mindfulness is a natural quality that we all possess, we just need to focus on the art of creating space for ourselves - time to think, breathe and be aware of our actions at that present moment.

The benefits of practising mindfulness in adults, children and in the workplace are overwhelming. Proven positive outcomes include the following: Decreased stress, better health, more energy, reduced depression symptoms, assistance in recovery, improved academic success and enhanced ability to deal with illness.

To learn the art of mindfulness needs consistent practice as quoted by Buddha - 'Each morning we are born again. What we do today is what matters most.'

So, to begin the process

set a time limit each day that will be viable, take a seat in a place that makes you feel calm and start by noticing your body. Feel the sensation of your breath as you inhale and exhale.

When you notice your mind beginning to wander and your attention leaves the sensations of the breath to think of other things - simply return your attention to the breath.

Don't be judgemental to yourself or obsess over the content of your thoughts, just go back to experiencing the awareness of your breath so you too can feel the amazing benefits of this calming form of meditation.

Remember - 'Mindfulness is the act of being intensely aware of what you're sensing and feeling at every moment - without interpretation or judgement.'

Choc milk bo recovery

CHOCOHOLICS will be happy to learn that chocolate milk is one of the best drinks to boost recovery after exercise.

According to a recent survey, chocolate milkshakes allow athletes to exercise for six minutes longer than advertised sports drinks as well as improve heart rate and lactic acid levels which could cause cramping.

The chocolate and milk combined contains carbohydrates, proteins, fats and electrolytes unlike the more traditional drinks which often do not contain proteins.

The research was conducted at the Sadoughi University in Iran, Study author Dr Amin Salehi-Abargouei said,

"Chocolate milk contains carbohydrates, proteins, fats, flavonoids, electrolytes, and some vitamins which make this drink a good choice for recovery in athletes.

"The take-home message is that chocolate milk is a low-cost, delicious and palatable option for recovery and provides either similar or superior effects compared with commercial drinks."

One-hundred-and-fifty participants were used in the experiment and asked to complete a number of tasks from running and cycling to gym work. Their post-recovery process was then analysed with tests done on heart rates, levels of lactic acid and tiredness.

Kim Spaccarotella from Kean University in Union, New Jersey, was not involved in the study, but agreed with the research, saying, "Any food that provides carbohydrate, protein, fluid and elec-

MILKING IT:
One of the best after exercise.

trolytes and is well-tolerated will help promote recovery.

"In addition to chocolate milk, other popular choices are cereal with milk, smoothies, sandwiches or soup. A small meal will even work, if the athlete is feeling hungry."



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- > **Blood Test**
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- > **Toxicology (Mercury, Lead)**
- > **Food Tolerance Test**
- > **Natural Therapy and Nutrition Counselling**
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posts

Tan-tastic: how to stay bronzed

WE spend hours in the sun trying to get bronzed and look good, but after a few days back in the colder weather, any reminder of the endless hours patiently sunbathing soon fade; here are a few tips to help keep you looking tanned and healthy.

Preparation of the skin is vital to achieve a glowing tan, always moisturise the skin daily, there is no such a thing as over moisturising.

Days before you leave for your holiday take

time to exfoliate the skin thoroughly and apply liberal amounts of moisturiser. Apply as often as possible, peeling skin is not attractive!

Once you are happily settled at your holiday destination, use sunscreen. Higher factors for the first few days are recommended until you have the basis of a tan then you can lower the factor.

Always use an after-sun cream, preferably one containing Aloe Vera that helps repair the skin.

When showering use cool water. Hot water can strip the skin of oils essential to retain a good tan. It is advisable to use a hydrating shower cream or oil rather than a gel or a foam.

If you need to exfoliate after your holiday, do so very gently. Dead skin cells can make the skin appear dull but do not scrub!

Stay hydrated by drinking plenty of water.



STAY MOISTURISED:
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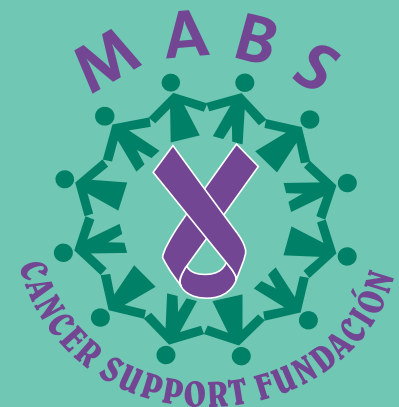
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What is talc and is it safe?

SINCE the Johnson & Johnson case this week when they were ordered to pay out over 3.5 billion euros in damages to women who have contracted ovarian cancer from their signature talcum powder, questions are being asked if the infamous baby powder is safe to use.

The latest case which presented 22 women ovarian cancer sufferers, of which 6 had died, all claim that the asbestos in the powder caused the cancer. For years there have been concerns that the mineral in talcum powder when applied near the genitals is cancerogenic but there is very little proof to solidify these claims because of mixed evidence.

The lawyers for Johnson and Johnson denied there was any harmful product in the powder but the prosecution told the court that the company had used flawed testing and has known since the 1970's that it was potentially a danger risk.

Talc is a clay mineral mined all over the world, however in its natural form it con-

tains another silicate mineral called asbestos. In the process of breaking down the particles to make talcum powder, asbestos traces are apparently removed from the talc, leaving just a non-toxic mineral powder. However, studies undertaken by different laboratories have shown mixed results. Based on dozens of studies using thousands of women from all ages, women who use or used talcum powder are about 30% more likely to be diagnosed with ovarian cancer than women who did not use talcum powder.



'CANCER DANGER': Talcum powder.



HIGH DEMAND: Cannabis oil is becoming more and more popular.

Weed all about it

REWIND 20 years and you could hear a pin drop at the mere mention of cannabis - fast forward to the new craze of 2018 and everyone including iconic A-listers to housewives are riding high on the crest of the cannabis wave and it doesn't look like it's going to crash any time soon.

Recent changes in the law allow the use of medicinal cannabidiol (CBD), derived from cannabis seeds or cannabis plants which has anti-inflammatory, anti-bacterial, painkilling and anti-ageing properties. So, it can greatly enhance your beauty regime.

The cosmetic companies have quickly jumped on the bandwagon and like Argan oil, coconut oil and many other oils derived

from plants in the last few years, anything from mascara, toners, lipsticks or face creams are hitting the shelves at upmarket retailers.

Managing Director of MGC Derma, Roby Zomer, whose company recently stocked Harvey Nicolls with 18 different cannaboid based beauty products stated that, "All retailers are looking to bring cannabis cosmetics into their stores, people are looking for niche and unique beauty brands. Last year it was snail slime, now its cannabis."

The once controversial green leaf symbol of two decades ago is now becoming a sign of health and hope in the never-ending search for eternal youth.



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Food for thought

THE benefits of a healthy diet have been known for a long time, the typical Mediterranean diet often considered to be the most beneficial.

Beauty experts are now acknowledging how eating certain foods can aid our beauty regime.

Beauty / flash UK. Have issued a list of specific foods, explaining their properties to show 'we can eat ourselves beautiful.'

During the summer months when we are more exposed to the harmful rays from the sun it is important to protect our skin. The recommended foods are the following:

Soy beans, encourages a clear complexion, containing beneficial minerals and high in protein.

Kidney beans, reduces blemishes as high in Zinc containing healing properties.

Avocado, moisture, full of fatty acids which help to protect skin from sun damage.

Greek yoghurt, prevents wrinkles,

said to make skin firmer and more resistant to lines.

Olive oil, reduces inflammation and puffy skin, containing antioxidants and can be consumed or applied directly to the skin.

Hair care is equally as important, especially at holiday time when damage can be caused by the sun and chlorine in swimming pools. The following foods are recommended:

Oysters. To strengthen hair follicles, contain Zinc to aid the protein structure which makes up the

hair follicles.

Poultry, high in protein to strengthen hair and encourage growth.

Salmon, full of Omega-3 fatty acids to feed the glands around the hair follicles.

Spinach, prevents breakage, contains Vitamins A, C, Iron and beta-carotene to help ensure a healthy scalp.

Cheese, rich in calcium and protein to promote growth of long and healthy hair.



POT LUCK: Eating yoghurt can prevent wrinkles.





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Update on food, drink, entertainments, what's on and weekly happenings

Breakfast in America and more

AUGUST will be a musical month for those living in Alicante as there are no less than four great concerts all taking place in the bull ring.

Carlos Santana will be bringing his band to the city on Tuesday August 7 as one of just three dates in Spain with tickets costing from €56 to €81.

Next up will be Rodger Hodgson, the former singer with hugely popular Supertramp and writer of such hits as Breakfast in America, The Logical Song and Dreamer who will be appearing on Tuesday August 14 with tickets €50.

Saturday August 18 welcomes Spanish heartthrob, the singer, Pablo Alborán, winner of three Latin Grammy Awards. Tickets for this gig start at €35.

Rounding up the month is singer, songwriter Enrique Bunbury appearing on Saturday August 25 with tickets €40.

The experience that is Cirque du Soleil

THE Cirque de Soleil presents their brand new TOTEM show which is described as a journey into the evolution of mankind to Alicante City which will last until August 19 in the arena at the Cortijo de Torres fairground.

The show follows the human species from original amphibian state to the ultimate desire to fly. The characters evolve on a stage, evoking a giant turtle, the symbol of origin for many ancient civilisations. TOTEM explores the ties that bind Man to other species, his dreams and his infinite potential.

The six interlinking parts of the performance include a pair of high flyers on trapeze, followed by an amazing Amerind dance performance by a supreme acrobat and then a pair of roller skaters also performing as Native Americans.

The slightly more esoteric part of the performance



Photo Credit: Cirque du Soleil

The exotic scene that is Sparks of Life.

called the Sparks of Life sees members of the cast appear in exotic amphibian and fish like costumes who cross the arena by bouncing on trampolines.

Two male acrobats compete with each other on rings to a Bollywood backbeat, until a single female athlete shows them how it's done!

Wearing colourful costumes inspired by the lost civilisations of South America a team of acrobats will stun the audience by leaping across the arena on bars in attempt to escape earth's gravity. Then five unicyclists will amaze as they toss metal bowls with their feet and catch them on their heads as they travel around the arena, metres above the ground.

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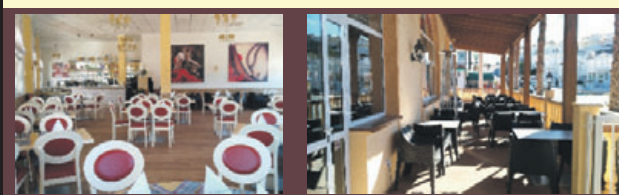
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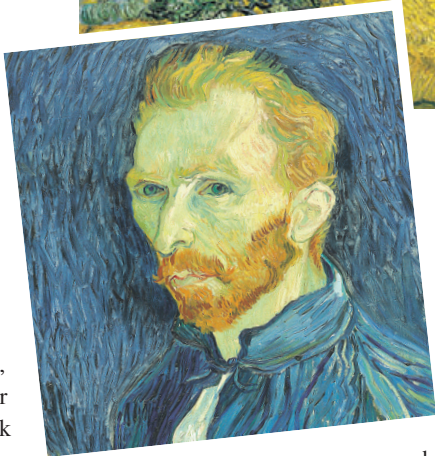
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Meet Van Gogh Experience

THROUGH the powers of technology and virtual reality, Holland's most famous post-impressionist painter Vincent Van Gogh comes to life in a virtual multimedia experience that transports you into the unknown life of this rather eccentric painter.

Created and produced by the Australian company Grande Exhibitions; the only multi-sensory exhibition in the world of his timeless collection will propel you into an orbit of colourful meaning, unique perspectives and a voyage of his ever-changing concepts.

More than 3,000 images projected onto cinema size screens, walls, columns, ceilings and even the floor will allow visitors to walk freely through the exhibition hall or simply lie down and travel with him in time to Arles, Saint Rémy and Auvers-sur-Oise where he painted some of his most famed masterpieces.



POST-IMPRESSIONIST GENIUS: Painter will be celebrated.

ogy in place.

The exhibition also has a corner reserved for children as well as an art room to discover how to paint like Van Gogh with the help of video tutorials by expert artists.

Accounting for the more traditional museum lovers

Appreciate Van Gogh's unique style synchronised to a powerful classical score, made possible by the innovative SENSORY4TM technol-

amongst us, there is also a display of original material about the artist, capturing his rather dark moods and state of mind through panels, photographs and videos that portray his prolific period of work between the years 1880 and 1890.

The exhibition at the Lonja del Pescado de Alicante is part of the Spanish tour of Van Gogh Alive - The Experience, organised by Nomad Art, will be open from September 13, every Tuesday to Sunday (closed on Mondays). Online ticket sales will be available from August 1 through the official webpage www.vangogh.es

There will also be special charges for children, students, people with disabilities, people over 65 and the unemployed as well as special offers for families and groups.

Visits on weekdays will see a discounted price.

Once tickets are on sale, it will be possible to choose the day and time for the visit to this unusual and exciting exhibition.

The Usual Suspects!

ONE of them could be guilty of a murder at the 'Berkley Estate.'

Let's wipe the smile from their faces when we ask you to seek the killer.

The Deadwood Stage Company is asking for your help on Friday 19, Saturday 20 and Sunday October 21 at The Madhouse starting at 8pm, when they are getting away with murder.

Tickets are available from the venue, or members, for €6 which includes a drink in the interval.

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Eat Well to Live Well



by Andrew Harding

LAST week I started talking about essential vitamins and minerals that humans need, to remain healthy.

I covered Vitamin A last time, this week I am going to cover Vitamin D and before anyone asks if I don't know my alphabet, I can assure you I do. The importance of these two vitamins being fat soluble cannot be over-emphasised, which is why I am discussing them sequentially with E and K next.

Both A & D vitamins have a 'get out clause.' As I mentioned last week, beta-carotene can be turned into Vitamin A and sunshine on human skin synthesises Vitamin D. Back to more fake science; sun tans are bad for you? No, they are not, sunburn is bad for you, a sun tan indicates that your body is self-protecting.

I could weep when I see parents putting their children in all-in-one suits, with a peaked cap, a neck protector and covering any other exposed flesh with sun cream and wondering why their children don't want to go to the beach or the pool, because a) they look ridiculous and b) because they are too hot. Use a good sunscreen! My personal recommendation is

Fried gnocchi with parmesan



SPUD U LIKE: Pan-fried gnocchi.

for one that is applied at the beginning of the day and lasts for 10 hours. It means concentrating to ensure its application is thorough once only! I have used this type of sunscreen on my three children with no problems at all. It reacts with the skin to make it UVLA (Ultra Violet Light Band A, linked with skin cancer), impervious. It is not impervious to UVLB that causes tanning.

The fake science continues with regard to UVL. Yes, there is a link with malignant melanoma which can prove fatal if not discovered early enough, two other UVL related cancers are easily treatable and do not spread even after they have been present for 10+ years. However, diseases associated with Vitamin D deficiency are making a huge comeback: Osteoporosis and osteopenia, 17 types of cancer, heart disease,

high blood pressure, obesity, metabolic syndrome and diabetes, autoimmune diseases such as multiple sclerosis and rheumatoid arthritis, osteoarthritis, bursitis, gout, infertility and PMS, Parkinson's disease, depression and SAD, Alzheimer's disease, chronic fatigue syndrome, fibromyalgia, chronic pain, periodontal disease and psoriasis.

A tan will help to preclude all of the above, despite what the 'experts' say!

Only one short recipe this week, but one that is full of flavour and texture.

Fried Gnocchi with Parmesan Cheese Serves 4

250 grams gnocchi, bought from a supermarket for about one Euro is fine!

2 tablespoons dried parmesan cheese

3 tablespoons extra virgin olive oil

1 teaspoon black pepper, finely ground

1. Place gnocchi in a polythene food bag.

2. Add parmesan cheese and shake to coat the gnocchi as evenly as possible.

3. Pour olive oil into a frying pan and place on heated hob.

4. Add gnocchi and agitate in the pan to coat gnocchi with oil.

5. Fry until slightly browned on the outside with a crispy coat.

6. Serve sprinkled with black pepper.



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La Vida will be Loca this summer

RICKY MARTIN begins a 10-date tour of Spain on August 14.

The Puerto Rican born singer, with a Spanish Grandmother, has always felt a great connection with the country. "Spain is a country with which I share many memories and strong ties born of my roots and the love they have given me since I first visited."

Martin's career started at a young age, by nine years old he had appeared in more than 10 commercials in his own country, and at 13 recorded his first record.

Five of his teenage years were spent as a member of the group Menudo but he left in 1989 to concentrate on his solo career.

In 1991 the first of many albums he recorded during the following years in Spanish was released, then in 1994 he was persuaded to move to Los Angeles to appear in TV soap operas including General Hospital.



RICKY MARTIN: Is all set to tour Spain.

In 1995 he returned to music, releasing the album 'A Medio Vivir.' One of the tracks, 'Maria' was released as a single that reached number 1 throughout Europe.

The beginning of the Latin explosion which took over the music industry towards the end of the 90's was attributed to the enormous

worldwide success of 'La Vida Loca' and later 'She Bangs.'

It is hardly surprising that there is a great demand for tickets at all the venues for this forthcoming tour.

Dates for the tour are as follows:

Thurs August 16 - 6pm Marenstrum Castle Park,

Fuengirola.

Wed August 22 - 8pm Ciudad Deportivo, Guillermo Amor, Benidorm.

Thurs August 23 - 7.30pm Recinto de Conciertos Del Ferial de Almeria. Almeria.

Prices start at €75 depending on the location. Tickets can be purchased from Ticketmaster.es.

Michael's Legacy

THE best musical ever, according to the 'King of Pops' fan club. 'Michael's Legacy' will be staged at the Auditorium in Torrevieja on Friday August 17.

More than 200,000 people have already attended these shows, a compliment to the show produced by The Jackson Dance Company.

In order to remind the audience of the amazing talent of the most awarded artist in the history of Pop music and recorder of the best-selling album of all time, the company has 'the best impersonator of the King of Pop who bears a striking physical resemblance to the star and capability to interpret the movements and gestures recorded during his concerts.' Accompanied by other artists he will perform the great hits of Michael Jackson and recreate his amazing talent for dance.

The show starts at 10pm. Tickets from €15.



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Strictly ballet dancing

TORREVIEJA auditorium presents the award-winning Russian ballet by Andrey Batalov, 'Sleeping Beauty' on August 7.

The adaption of the book by Ivan Vsevolozhsky based on the story 'Sleeping Beauty in the Forest' will be performed by St Petersburg Ballet school with music by Tchaikovsky and original choreography by Marius Petipa.

The St Petersburg school of Ballet is one of the oldest schools in the world. Karina Shatkovskaya, the main dancer of the cast who will portray Princess Aurora, began dancing ballet for the first time at four years old.

This ballet tells the story in which King Florestán XXIV and the Queen have invited all the fairies to the christening of their daughter, Princess Aurora, to be their godmothers. While they arrive with gifts for the baby, they are interrupted by the presence of Carabosse, the evil fairy. She is angry at not having been invited and gives Aurora a spindle, an-



AWARD-WINNING: Andrey Batalov's Sleeping Beauty.

nouncing one day the princess will prick a finger and die. The Fairy of the Lilacs, who has yet to offer her gift, promises that Aurora will not die, but will fall into a deep sleep from which she will be awakened by the kiss of a prince.

One hundred years later, Prince Florimund is hunting in the forest with the members of his court. The Fairy of the Lilacs appears and shows him

a vision of Princess Aurora. Florimund begs him to take him to where she is sleeping.

At the palace gates, they meet Carabosse, who is expelled by the Fairy of the Lilacs. Florimund awakens Princess Aurora with a kiss: the spell is broken and Carabosse is finally defeated. The fairytale characters attend the wedding of Prince Florimund and Princess Aurora.

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BARCELONA Council is spreading a message for tourists who want to visit and stay in a holiday rental or homeshare, and that is to make sure it's properly licensed first.

A social media campaign from the Catalanian government is encouraging visitors to check if the holiday listing they want to rent is legally registered in the city.

The online process for tourists can be done entirely in English.

The campaign also urges locals to report flats they believe are being rented out illegally, with the hashtag of #fairtourism BCN.

In keeping with a wider trend in Spain, Barcelona has been at the vanguard of issuing restrictions for Airbnb and similar sites for several years now.

In 2011, the region of Cataluña created the licence that all legal holiday rentals must now bear, known as the HUT licence.

Three years later it

Campaign to close illegal flats



stopped issuing new licences completely; at present there are 9,600 apartments in the city which are property licensed.

The government says it has shut down as many as 2,000 illegal listings with beefed-up enforcement teams.

At present there are 9,600 apartments in the city which are properly licensed.

They also reached an agreement with Airbnb to remove illegal listings from its platform following a protracted battle, and levying an as yet unpaid €600,000 fine.

PILLOW TALK: Authorities are keen to clamp down on illegal flats.

Sabadell courts

Deutsche

BANCO SABADELL is close to selling two real estate loan portfolios with a gross value of €3.3 billion, having already sold two portfolios to Cerberus.

Spain's property market is enjoying a rebound, although lenders are still struggling to sell real estate debt, regularly offering face value discounts of around 60 per cent.

Sabadell is reportedly finalising the sale of a €2.4 billion portfolio to Deutsche Bank consisting of loans to real estate developers and SMEs, and another package worth €900 million of non-performing real estate assets.

The Spanish bank said it expected the deal to have a positive impact of 13 basis points on its solvency.

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Vukile snaps up more Spanish assets

VUKILE, the JSE-listed property fund, is set to double its retail property investments in Spain after agreeing to acquire a portfolio of four shopping centres for €460 million.

The company described the transaction as transformative, adding that it would boost its offshore exposure to above 40 per cent.

If approved, the takeover would increase the value of the portfolio in Castellana Properties, Vukile's 98 per cent owned Spanish real estate subsidiary, from €390 million to €870 million.

The four shopping centres are located in Badajoz, Cadiz, Sevilla and Valladolid.

It is a business deal that would be funded by a combination of loans from European banks; €80 million of equity investment from Morze; a



Credit: @EastRandMall/Twitter

SHOPPING AROUND: Vukile already owns the East Rand Mall in South Africa.

€35 million investment by Capricorn Capital and €123 million of equity investment by Vukile.

Chief Executive of Vukile, Laurence Rapp, said he was thrilled to secure the deal that

was fully aligned to his business strategy.

"This is an excellent quality portfolio, one of the best we have seen in the market so far," he said.

"Vukile's offshore exposure

is now 47 per cent of assets, of which 43 per cent are in Spain and 4 per cent in the UK."

The takeover is expected to be finalised by the end of this month.

Good day at the office

SPANISH property group Metrovacesa has partnered with Tishman Speyer to develop an €87.6 million office complex in Madrid known as Monteburgos Project.

Metrovacesa said it will hold a 24 per cent stake in the project with the US investment manager, and plans to sell parts of the land as part of its strategy to divest its commercial land portfolio.

The partners will develop the office complex in Las Tablas and Metrovacesa's CEO, Jorge Perez de Leza, said:

"This new agreement demonstrates Metrovacesa's potential to engage internationally-renowned partners, thereby proving our professional skill, trustworthiness and technical ability."

Bernard Penaud, the head of Europe for Tishman Speyer, said:

"This, our first investment in Spain for over a decade, represents an important further step in the growth of our business here in Europe."

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Gaudi tower sells for €30 million

THE Bellesguard Tower in Barcelona, designed by renowned Catalan architect Antoni Gaudi, has been bought for €30 million by Catalana Occidente.

The heritage house was built at the beginning of the 20th century and has been classified as a cultural asset of national interest since 1969.

Having been owned by the Guilera family for 75 years, the building and its gardens will remain open to the public, as part of the terms of the sale.

Catalana Occidente states that it has a vocation to contribute to the cultural wealth of society, and will fund the renovation and conservation of the tower.

The building was built at the request of Gaudi's close friend Jaume Figueras, who used it for years as a private home, and it is also known as Casa Figueras.

It was constructed on the ruins of an old medieval castle that had been the second residence of Martin El Humano, the last king of the Casal de Barcelona.

Gaudi's design for the Bellesguard tower drew upon influences from the castle,



TOWERING FEAT: The building was designed by the great architect Antoni Gaudi.

preserving some elements like the original wall and the courtyard.

The end result was halfway between a modernist house and a Gothic castle, with

a spiral stairway that leads up to the tower.

The tower has been open to the public since 2013, and has also been used for weddings, concerts and other events.



ITALY BOUND: Ronaldo will start his first season with Juventus this year.

Ronaldo boots assets out

NEWLY-SIGNED Juventus player Cristiano Ronaldo, who recently admitted charges of tax fraud and accepted a suspended two-year jail term in Spain, is understood to be severing all ties with the country.

He is reportedly selling off all his Spanish property in the wake of tensions with the Spanish tax authorities, stemming from the fine and subsequent prosecution he has received in recent months.

The Portuguese star has a wide property portfolio in the Spanish capital, as well as a fleet of cars which will be moved to his various properties in Portugal.

Ronaldo has also been developing a CR7 hotel in Madrid, another project which may be scuppered following his tax scandal.

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LOCKED OUT?: A difficult job made easy.

security business, Antonio can arrange for you to receive general advice on security systems and indeed any aspect of locks and security.

If you live outside of Spain, then you need to ensure that all of your locks are working efficiently and insurers often expect home owners to take action to ensure that their properties are properly secured, especially if left empty for any length of time.

There is also the added bonus that the more secure your property is, the more likely you are to obtain the most competitive insurance quote.

It's an unwritten rule that locks will jam or house keys will be lost at the most inconvenient time, so add 607 493 118 and 965 058 746 under locksmith on your mobile phone now.

VDUE to the present financial climate in Spain, more people can't afford to buy and are being forced to rent accommodation. However nice the property may be, it never quite feels like home.

Out-dated spaces or small corridors can be depressing to live in, but you are hesitant to do anything to improve it in case it

affects the deposit return when you leave.

Here are a few tips on how

Changing rooms

How to make a rental feel like home

you can achieve a quick makeover, without breaking the bank or upsetting the landlord.

The first step is to take a long look at your new abode. Study the colour of the walls, the flooring and the amount of light in the room.

Decide what style of interior design appeals to you. Flicking through magazines can help with ideas. If you are lucky enough to have more or less a blank canvas to work with, white walls and a tiled floor, then you are halfway there. On the other hand, if you are greeted with garish paint effects and terracotta floors, don't despair.

Once you have decided on the look you are trying to achieve, talk to the landlord. Ask his permission to paint the walls, if necessary say you will return them to the existing colour when you leave. Use the opportunity to suggest you may need shelves but will use adhesive wall

hooks. He can only say no!

If there are existing hooks in the wall use them to hang mirrors and pictures of your own. If not a large free-standing mirror can give the illusion of space as well as serving to check your appearance.

Old terracotta flooring can always be disguised by some large rugs chosen to match your colour scheme. They will also reduce the coldness, visually and physically.

Experiment with lighting by introducing both table and free-standing lamps. Candles will help to create an

ambience.

If there are shelves, use them to display photographs and trinkets. Putting things you love on display will make the place feel homelier.

Curtains are the easiest part of the furnishings to re-

place. Natural colours of material will help to give the illusion of space. However, remember the objective of having window covering. Make sure the fabric is lined or heavy enough to prevent you being woken at the crack of dawn by the light entering your room.

House plants help to make a room look more lived in. If struggling for space maybe a window box will provide the same impression.



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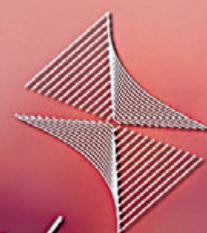
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David
THE Dogman

columnists@ewnmediagroup.com

A FEW weeks ago I received an email from a trainer in Houston Texas, Jason Vasconi - he had heard of my work through the late Dick Russell - who was coming over to Mallorca to teach a workshop. He wrote:

Hello David,

My name is Jason Vasconi, and I am a dog trainer living in Dickinson, TX USA. I learned about socialising dogs with the late Dick Russell, 13 years ago, and now hold a dog socialisation class that attracts anywhere from 80 to 120 dogs every Saturday morning. It may be the largest dog socialisation class in the world. From what I know, your influence on Dick was what gave him the knowledge and confidence to socialize dogs on a large scale. I am teaching a workshop on Mallorca from June 14-16. We fly out to go home on June 21. After the workshop my wife and I plan on

Socialisation and Dick Russell, USA

doing some sightseeing around Spain. I am not sure exactly where you are located or even if your schedule would permit, but I would love to meet you.

Let me know what you think.

Jason Vasconi, CDT, CDTA, PDTI, JSDTI

We met on Sunday night and to my delight I also met Barbara De Groot, owner at From the Heart Dog Training, Salinas, California area. Barbara is a delight; she certainly knows the canine industry inside out and is full of laughter. It was my pleasure to meet this one-off lady.

We had a great night, when I left them I had learned much from them and have not laughed like this for years.

So what is canine socialisation? And who is Dick Russell?

I have been involved in dog training for over 65 years during which time I have used methods which I was taught in the Israeli police and some which I invent-



AMERICAN VISITORS: Socialising together.

ed for my own working systems. All those involved in the UK canine industry really have to thank the late Barbara Woodhouse who, in the 1960's-70's, introduced dog training with her famous phrase 'walkies,' and in my opinion Barbara a pioneer. Prior to Barbara Woodhouse, 90 per cent of dogs were yard/garden dogs living outside, most

not even in a kennel.

About 25 years ago I was conducting a school in Fuen-girola with a class of about 40 people and I had two dogs that wanted to fight. One was a Rottweiler and the other a standard white poodle. I could not allow this to continue, as one can imagine people with small dogs were petrified and it meant that

I would have to ask the owners to attend one of my other classes for large dogs.

Next meeting, I asked the owners of these two dogs to stay behind when everyone had gone home. We then went to a very large field area and I explained that I was going to try to get these two dogs to be friendly.

I muzzled both - not too tightly - and asked the owners to stand with me and promise not to speak or call their dogs. The hunter went off first and as I suspected chased after the Rottweiler, which after five minutes was laying on the ground panting whilst the hunter was jumping around. At this stage I removed the muzzles and then they sniffed at each other and became friendly. We then went for a walk and I invited the owners to call and praise their dogs. From that day on they never fought again and always came back when called.

I am an Honorary member of the British Police Canine Ser-

vices and about 25 years ago George Grayson, a big respected name in the canine world, and I headed the police forum which was set up to enable police officers to exchange ideas. There were so many characters and friendly fights but one guy, Dick Russell, did not believe in 'that' mad dogman in Spain letting dogs off leads to fight.

A few months later Dick had obtained a film of my work and announced he owed me a public apology. He was using my method, said it changed dogs and that I had brought a new ethos into the dog world. Dick changed his school to free socialisation only. My visitor Jason was one of the breed and simply wanted to meet me and ask how I developed the system. What a great man you are Jason, and again thank you for travelling to meet me.

I have written this article for the public is to impress upon you the importance of socialisation, the younger the better.

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Heather Szczepanski, Marbella, Spain

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THE ROYAL NAVAL ASSOCIATION, Torrevieja Branch, meet at 17.00 on the first Wednesday of each month at the Restaurante El Paraiso, Urb. Jardin del Mar 3 (behind Carrefour), Torrevieja. Contact Paul Edwards, Chairman 618 644 934 or Margaret Forshaw, Secretary 966 921 996. (95455)

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THE ROYAL BRITISH LEGION Orihuela Costa - covering from Punta Prima to San Javier. The branch meets at Olympia restaurant, Mil Palmeras on 3rd Thursday of each month at 19.00 - 19.30pm. More info can be found on branch website www.orihuelacostarbl.co.uk

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HELP VEGA BAJA. We are a non-profit making organisation that helps and supports anyone, without prejudice, in times of need or crisis within the Vega Baja area. Our offices are based in San Miguel at Calle Lope de Vega 46 (Tel 966 723 733), Torrevieja at Rambla Juan Mateo Garcia 4 (Tel 965 704 282). Both offices are open Monday to Friday from 10 am to 1.30 pm and the Helpdesk at La Marina is open every Thursday (10 am to 1.30 pm) at the Hope Fellowship Church (opposite the Thursday Market site) at Avda de Justo Antonio Quesada, Urb. La Marina (Tel 615770145). We are online at www.helpvegabaja.com and also on Facebook. You can email the San Miguel Centre at office@helpvegabaja.com. **We also have a 24-hour Emergency help-line which is available to both members and non-members on 966 723 733 (95456)**

THE PHILIP SCOTT LODGE No 10671 of the RAOB meets every Friday in the Bar Catorce, Benijofar. Please call the secretary, Colin Bird on 693 287 614 for further information. (95459)

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PILAR CHRISTIAN COMMUNITY CHURCH, Calle Canalejas, 3. Pilar de la Horadada. Sunday Service at 11am & Thursday at 5pm for Prayer and Praise and Worship. Home groups meet during the week. All welcome from any church background or none. For further information, www.pilarchurch.org Reg No: 2009-SG/A (95463)

THE AIRCREW ASSOCIATION COSTA BLANCA BRANCH. Former & serving aircrews of the UK or Allied Armed Forces are welcome to join this convivial & friendly organisation, now in its 21st year. www.aca-costablanca.org or call the Secretary on: 966 495 042 (95465)

TORREVIEJA Christian Fellowship (TCF) is an English speaking lively church located at Avenida de las Valencianas 68, Torrevieja 03183. Residents and holidaymakers are welcome to attend our services with communion and 'kids church' each Sunday at 10.30am. We have a Fellowship Meeting (Bible Study) each Wednesday at 6.00pm. For further information see our website www.tcf-spain.org or tel 966 700 391. (95464)

STROKE ASSOCIATION Spain (formally known as Torrevieja stroke support) meet every Wednesday and Friday 2.30pm until 5.00pm. Our new address is Casa de Cultura, Calle Francisco Ribera Perez Benijofar. Our aim is to help and support stroke survivors and their carers. With rehabilitation, speech therapy, OC therapy and a very active social group. For info please contact 654 801 260 or email stroke.supportgroup@hotmail.com, website: torreviejastrokesupport.org. We are always looking for volunteers who have the skills and knowledge to support our groups and activities. (95473)

THE ROYAL BRITISH LEGION Gran Alacant & La Marina Branch meets 1st Monday of every month (except July and August) at Bar Sioux, Avda Escandinavia GA at 7pm for 7.30pm prompt. For further info contact Brian, Branch Secretary on 639 917 971 / email secretarybr3606@gmail.com (95474)

FREEMASONRY. Are you aware that Freemasonry is thriving on the Costa Blanca? There are various lodges meeting up throughout the Valencia region. If you already are a Mason or simply wish to know more about Freemasonry in Spain please contact Harry Palmer Membership Committee. Tel: 966 712 326 or email: palmer.s.q.ue.sada@yahoo.co.uk (95477)

ROYAL MARINES ASSOCIATION (Costa Blanca) The aim of the Association is to bring together not just ex Royal Marines, but ex Service personnel with an affinity to the Royal Marines. We meet on the last Tuesday of the month at 5.30. For further details Hon Sec 692 938 664

CAMPello CONTRA CANCER in conjunction with AECC Association Español Contra Cancer has opened a charity shop at C/Virgen de los Desamparados No 13 (next door to Mas y mas) El Campello. The shop is open Mon-Fri 10 - 2pm and is run by unpaid volunteers and all monies raised goes to the AECC. We urgently need donations of clothes, books, large and small furniture etc., and we will arrange collection of large items. We need volunteers to help out in the shop and also clothes rails, shelves etc. for display. Please support your local Cancer charity and if you wish to obtain literature or simply talk to someone. Please stop by at the shop. Contact Mina or Trisha. Tel 650 071 278 or 610 921 413 e-mail aecc_campello@hotmail.com (95475)

INTERNATIONAL CHRISTIAN ASSEMBLY, TORREVIEJA Calle Urbano Arregui, 23, Torrevieja 03185, Alicante Evangelical non-denominational church. All nationalities welcome. Sunday service 11.00 a.m.; Sunday school; Prayer meetings; craft and computer clubs. Ladies Bible Study: Thursday 11.00 a.m. Church Bible Study: Thursday 1.30 p.m. House groups in Torrevieja, La Siesta, La Zenia - Contact 966 752 543 / 617 215 463. For other church matters phone: 966 799 273 / 966 752 543 / 617 215 463 www.icatorrevieja.org (95476)

ROYAL AIR FORCES Association Branch #1359 Costa Blanca. The Branch meets on the third Tuesday of the month at the El Paraiso Restaurant located close to the Carrefour Supermarket in Torrevieja. The meeting starts at 1430 hrs. You do not have to be an ex-member of the RAF to join this friendly Association, which supports the welfare of the RAF family and provides a social hub for ex RAF members and their friends. For further information about the Association and its activities please contact the Chairman on 692 508 916 or the Welfare Officer on 615 048 892 or visit our website: www.rafa.org.uk/costablanca (238593)

CHARITIES/CHURCHES

THE PATIENCE LODGE No 2177 of the R.A.O.B meets every Sunday morning at the Sacko's Bar, El Limonar near Las Siesta at 10am. We are always looking for new and lapsed members to join us. Please call Secretary Dave Tonge on 688 704 091 for further information. (253807)

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MOTORING FACT

“ About 75% of all cars made by Rolls Royce in its history are still on the road.



Spanish car industry hoping for US-EU trade agreement

THE Spanish car industry is anxiously waiting for the outcome of talks between the US and EU officials to be made public.

US president Donald Trump has said that the discussions will be largely focused on tariffs, with him threatening a substantial increase to as much as 25 per cent.

At the moment the US charges just 2.5 per cent on cars compared to the 10 per cent EU nations impose on imports. This is a situation President Trump sees as unfair and if talks fail, the prospect of having to pay higher tariffs could hit the Spanish car industry hard.

Speaking to reporters at the White House,

Trump said car tariffs are ‘the big one’ when it comes to US-EU trade disputes.

Spain is the second largest car manufacturer in the world and it also has a significant autoparts sector. Any move that hits the European car industry in general is almost certain to affect the Spanish one too.

European Commission President Jean-Claude Juncker was due to meet Trump yesterday (Wednesday) to discuss trade after the US imposed higher tariffs on steel and aluminium.

TRADE THREAT: Donald Trump in talks with EU officials.

Electric car sales growth slows

THE first six months of the year saw relatively poor growth in sales of electric cars, as a lack of charging points started to hit the expansion of the sector.

Even though registrations of electric cars increased by 33 per cent across Europe, when compared to the 54 per cent rise in the same period of 2017 it can be seen as a disappointing result.

Although there was relatively strong growth in Europe’s biggest market, Germany, poorer figures from the UK and other countries dragged the total down. The UK saw 10 per cent growth compared to Germany’s 64 per cent, with Spain recording 45 per cent more sales of EVs and plug-in hybrids.

Consulting firm EY, which produced the figures, pointed out that although 33 per cent growth still sounds impressive, it is from a low base.

EY partner Peter Fuss said: “Electric cars remain a niche product for now. Charging infrastructure remains inadequate and the models currently available mostly don’t offer a good enough range.”

Upgrade for Audi’s third generation TT

IT has been 20 years since sporty coupe the Audi TT was launched, and to celebrate the German manufacturer is giving the popular model an extensive upgrade.

The mid-life update of the third generation of the car features a subtle body shape redesign, higher-powered engines and a more extensive range of

standard equipment. Audi says that it has focused particularly on driver comfort and control.

Besides the driver-oriented Audi virtual cockpit, the basic version of the new model now features the Audi drive select dynamic handling system to give the driver a feeling of being in total control.

The multifunction steering wheel has also been improved allowing the infotainment and voice control system to be controlled without taking your hands off the wheel.

On the outside, the redesign features a new radiator grille, while large side air inlets make the car seem wider.



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ROAD TEST

by Nick Fletcher

THE estate car is still a popular choice for family and business use and the latest Peugeot 308 SW takes on formidable opposition in a keenly-contested marketplace.

However, the 308 SW (Station Wagon) was revamped and upgraded last year and is well set to take on rivals such as Volkswagen, Ford, Vauxhall and Skoda.

The 308 SW facelift gives it a sharper front-end look and the equipment upgrades highlight its value for money. Prices start at €22,740 (£20,130) for the entry level 308 SW, which has good standard kit including satnav, Apple CarPlay, Android Auto, Smartphone MirrorLinking, rear parking sensors, dual-zone air con and cruise control.

There are five trim levels and petrol and diesel options. My test model was in Allure trim, one above entry level and adding sports front seats, front parking sensors, roof rails, chrome detailing, fixed glass sunroof with electric



REVAMPED:
Popular estate car.

Peugeot 308 SW Allure

screening and other features. With the 1.5-litre 130 hp diesel engine and six-speed manual gearbox, this model costs €26,204 (£23,200) including optional metallic paint.

This engine is smooth and responsive, with a 0-100 kph time of 10.2 seconds, top speed of 203 kph (126 mph), and fuel economy impressive at 26.3 kpl (74.4 mpg). Emissions are low at 100 g/km. The steering is accurate and the suspension set-up provides poised cornering and a supple

ride, with only larger potholes catching it out.

The 308 SW styling, while not a head-turner, does look elegant and the cabin is nicely designed. A large touch-screen operates most controls. One unusual feature is the main dials set slightly above the smaller-than-usual steering wheel. While giving better vision for taller drivers, others may find they get just a partial view.

The front sports seats give good side support and rear seating is comfortable and

roomy. The boot is large at 660 litres and expands to a whopping 1,770 litres by dropping the rear seats which

fold flat for better load access.

Summing up, the 308 SW is keenly priced and better equipped than main rivals and

with its fresh look and especially with its smooth economical 1.5-litre diesel engine is an appealing prospect.

STATS PANEL

- **Model:** Peugeot 308 SW Allure
- **Engine:** 1.5-litre diesel
- **Transmission:** 6-speed manual
- **Performance:** 0-100 kph 10.2 seconds, top speed 203 kph (126 mph)
- **Economy:** 26.3 kpl (74.3 mpg)
- **Emissions:** 100 g/km

Model tested was UK-specification and equipment levels and prices may vary in other markets.

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Transfer rumours

Who is in, who is out, and who is most wanted in England and Spain?

Chelsea are considering whether to accept a €73 million bid from Barcelona for midfielder Willian, with Manchester United also interested. (*Sky Sports*)

Arsenal are in advanced talks to sign Borussia Monchengladbach's Swiss goalkeeper Yann Sommer, 29. (*Daily Express*)

Leicester will accept offers of around €20 million for striker Islam Slimani, who has been linked with Sporting Lisbon. (*Metro*)

Real Madrid are preparing to make a €125 million bid for Chelsea star Eden Hazard, 27. (*Evening Standard*)



Credit: @ERNALZZ/Twitter

BRILLIANT BELGIAN: Eden Hazard is being courted by Real Madrid.

Manchester City goalkeeper Joe Hart could be on his way to Chelsea with the Blues considering a €5.6 million bid for the 31 year-old. (*Sun*)

Everton have made a €25 million bid for Barcelona's 25-year-old defender Lucas Digne. (*Mirror*)

Fulham look set to sign Spanish keeper Fabri, 30, in a €5.6 million deal from Besiktas. (*BBC*)

Manchester United are considering making a €73 million bid for Leicester and England defender Harry Maguire. (*Telegraph*)

Atletico Madrid have approached Chelsea over the possibility of taking France striker Olivier Giroud, 31, on loan. (*Sky Sports*)

Real Madrid midfielder Mateo Kovacic wants to leave the club to get more first-team football, with Bayern Munich, Juventus and Liverpool interested. (*ESPN*)

Hamilton storms to victory

LEWIS HAMILTON claimed a sensational victory in a thrilling, rain-hit German Grand Prix as Ferrari's Sebastian Vettel crashed out to gift the Mercedes driver a 17 point lead in their championship battle.

Vettel had been cruising to victory ahead of Hamilton's teammate Valtteri Bottas until

rain started to fall with about 25 laps to go.

The downpour turned the race on its head and brought Hamilton into contention when he had been looking at a fourth place finish after starting 14th following a hydraulic failure in qualifying.

Hamilton began to carve in to the advantage of the three



Credit: @Formula1/Twitter

RAIN RULER: Hamilton made the best of the conditions to win.

leading drivers - Vettel, his Ferrari teammate Kimi Raikkonen and Bottas - as chaos erupted down the field.

As the rain became heavier, Vettel lost control at the Sachs Kurve hairpin in Hockenheim, in front of tens of thousands of his home fans, bringing out the safety car.

The four-time champion swore over the radio as he absorbed the damage to his title hopes.

Hamilton pulled away at the front following the safety car

period, but only after Bottas was told to back off from challenging him.

Behind the Mercedes one-two, Raikkonen took third while Max Verstappen was fourth for Red Bull.

It was a stunning result in a remarkable race, with Hamilton registering his 66th career victory.

"We all have dreams and they just seem so impossible to reach, but I have done it time and again," said Hamilton.

Murray slides down

ANDY MURRAY is now the British men's number 23 after he dropped to 839 in the world rankings following his injury problems.

The former world number one fell 690 places after he pulled out of Wimbledon.

The 31-year-old Scot had hip surgery in January after being out of action since last year's Wimbledon.

He has only played three matches since then, winning one at Eastbourne last month.

Murray is due to return to action at the Citi Open, which starts in Washington on July 30.

He also hopes to play Masters level events in Toronto and Cincinnati before the US Open, which begins on August 27.

Murray will be able to enter the Masters events under the exemption available to players coming back from long-term injury.

His current position in the rankings sees him alongside part-time US College and Challenger Tour players.

British number one Kyle Edmund is up to a career high 16th, followed by Cameron Norrie (77) and Liam Broady (177).

Meanwhile, in the women's game Britain's Johanna Konta has dropped to 50th in the WTA rankings.

However, Serena Williams has returned to the world's top 30 after reach-

ing the Wimbledon final.

The American, 36, has risen 153 places to 28th despite losing to Angelique Kerber in only her fourth tournament since giving birth 10 months ago.

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GERMANY'S football association (DFB) has 'emphatically rejected' allegations of racism from Arsenal's Mesut Ozil, but says it could have done more to protect him. Ozil, 29, has announced his retirement from international football after a barrage of abuse.

TO READ MORE

Team Sky rivalry gears

WITH Geraint Thomas continuing to show his world class ability in this year's Tour de France, the question of him going for the outright win ahead of teammate Chris Froome is getting louder and louder.

Thomas retained the overall lead going into this final week, but has been careful not to say anything that will rock Team Sky's boat.

Thanks in part to its massive budget that lures top riders, Team Sky has become expert at managing intra-team rivalries.

Last year, Mikel Landa



RIDING HIGH: Geraint Thomas will not give up the yellow jersey easily.

appeared to be the strongest climber in the Tour and hinted strongly that he wished he had the freedom to ride his own race.

Of course there was also Froome's obvious frustration in 2012, when he had to give top billing to Bradley Wiggins when he felt he was better in the

mountains.

Froome is now a four-time Tour winner going after historic achievements, while Thomas has never placed better than 15th overall.

Nevertheless, Team Sky has never dealt with a leadership dilemma this deep into a Tour.

Geraint Thomas has the yellow jersey and is showing no signs of tailing off in the last stages of the race.

At 32 years of age he will be aware that such an opportunity will not come around many more times, and it is interesting that Team Sky have not yet designated Froome as their main man.

It may well be a results-based decision, and as Thomas is out of contract this autumn, he could be forgiven for riding for himself.



LOOKING AHEAD: Bellew has a range of fighting options before him.

Credit: Kevin Morejon/Flickr

Bellew and Usyk square up

BRITON Tony Bellew and Ukrainian Oleksandr Usyk both say they are 'ready' to fight each other.

Usyk, 31, became the first man to hold all four world cruiserweight titles: WBO, WBC, WBA and IBF, when he beat Murat Gassiev on Saturday to win the inaugural World Boxing Super Series.

After the fight, Bellew tweeted: 'Usyk I was born ready. Let's get this done.'

The Olympic 2012 gold medallist, who has won all of his 15 professional fights, replied: 'I'm also ready.'

Bellew, 35, has beaten compatriot David

Haye at heavyweight in his past two fights, and his promoter Eddie Hearn says talks about a fight against Usyk will take place this week.

"Tony has felt fantastic up around the 15st weight and I'm not sure he will make cruiser again, but I know with Usyk's desire to move to heavyweight it certainly wouldn't be a deal-breaker," he told Sky Sports.

While Bellew is keen on the fight, he also has WBC lightweight champion Adonis Stevenson in his sights, who he was defeated by in 2013.

"If I face him and win, I'd have beaten every man I have ever fought in a ring," said Bellew.

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